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# Island Sun

VOL. 20, NO. 31

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 25, 2013

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Quiz show competitors, from left, Caitlin Ross, Tyler Ulrich and Ashley Thibaut

## Center 4 Life, Sanibel School Gather For Potluck And Quiz Show

by Jeff Lysiak

What was the smallest of Christopher Columbus' three ships?  
How many teaspoons are in two tablespoons?  
In which direction does the Earth spin – clockwise or counter-clockwise?  
If you're like most folks, the answers to these questions may come to you after a little bit of thought or even some calculated guessing. However, for the three students – Caitlin Ross, Tyler Ulrich and Ashley Thibaut – participating in last Thursday's *Are You Smarter Than A Fifth Grader?* quiz show, the answers appeared to be rather easy.  
But don't blame John Brown, host of the Center 4 Life's potluck/game night, who came up with the questions. Give credit to Amy Holik and Mary Clauss – Caitlin, Tyler and Ashley's teachers.

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Guests at the Historical Village's fundraiser will have a chance to bid on lunch and a tour of Sanibel Fire Station #1. Pictured from left are Gerri Perkins of the auction committee, firefighter Shane Grant, Anita Smith of the auction committee and firefighter Brian Howell.

## Historical Village Live Auction Items

Live auction items at the Sanibel Historical Museum and Village's February 5 fundraiser, *It's Paradise ... Because*, are varied enough to be on everyone's wish list, and exciting enough to entertain everyone.

"Fire Chief Danny Duncan is offering lunch for four to six people with Sanibel's firefighters right at the firehouse," said Anita Smith, who is on the auction committee. "The

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Unveiling the new Living With Dinosaurs exhibit at the Refuge Education Center are, from left, Paul Tritaik, Cindy Reinhart, Doris Hardy and John McCabe

## Refuge Unveils Living With Dinosaurs Exhibit, Crocodile Skeleton

by Jeff Lysiak

A small crowd gathered at the Refuge Education Center last Wednesday morning for the official unveiling of the Living With Dinosaurs exhibit. But more than that, the group was there to say "Welcome home" to a legendary local reptile that made the refuge her home for nearly a quarter of a century.

On January 16, the staff and volunteers at the refuge welcomed visitors to explore their newest exhibit, which features the articulated skeleton of the 11-foot-plus female

American crocodile which called Sanibel Island her home from 1986 through 2010. "With this display, this gives us a better opportunity to educate the public about crocodiles and alligators, and their importance to our ecology," said Paul Tritaik, refuge manager. During the opening ceremony, Tritaik thanked the volunteers who "croc sat" over the years, he explained, not so much for the fact that she might bother any people, but that people might bother her.

The display also includes an interactive touch screen (with home movies taken by islander Janie Howland, whose home the crocodile frequented), signage, fun facts and several "touch" elements, including a sample of the reptile's protective scutes.

According to refuge records, the rare American crocodile was relocated 70 miles

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Island Treasure

# Ralph Woodring

submitted by Emilie Alfino, manager Sanibel Historical Museum and Village

On Tuesday, February 5, the Sanibel Historical Museum and Village will hold its annual fundraiser. This year's theme is "It's Paradise ... Because It's Sanibel." The production will focus on two tourists visiting the island for the first time, encountering four of the island's "VIPs" who helped Sanibel become the paradise it is today.

In keeping with the theme of "Island VIPs," the Historical Museum and Village is submitting a series of articles focusing on some of the other people and families that have been fundamental to Sanibel's growth and unique character. One of those people is Ralph Woodring.

Woodring's grandmother's parents, Samuel and Anna Woodring, were Sanibel's first homesteaders in the late 1880s. Eleven years later, Anna was widowed with five children to raise, and started what would become the first lodging establishment on the island – a boarding house catering to "drummers," as salesmen were called. Her son Sam married a Cayo Costa woman who became a legendary figure on Sanibel, Esperanza, and had a son, Ralph, another genuine island treasure.

Woodring, a long-time commercial fisherman descended from a family of fishermen, owns The Bait Box on Periwinkle Way. The building was once



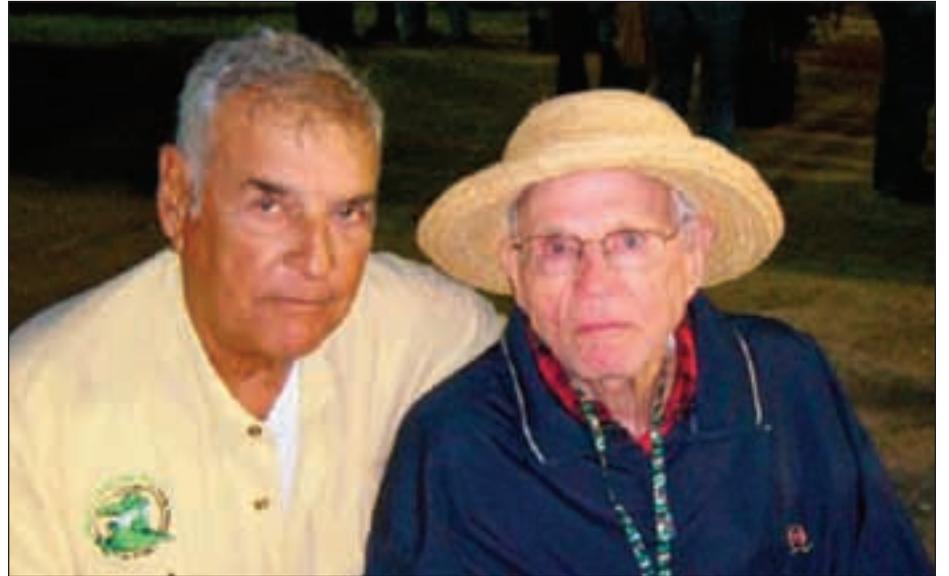
Esperanza Woodring casts a fishing net

the island's fire house located at today's Roadside City Park. The Bait Box has been serving anglers since 1971.

"Mom bought the property when I was in the service," Woodring said. "After the service, I worked for South Seas for four years, where I learned something about business. Then, I moved to guiding and commercial fishing. But our way of life was changing, and it was hard."

Woodring decided to do something different and opened The Bait Box "with two fish hooks and a tank of shrimp," as Woodring describes it. "It turned into a pretty good business."

Woodring also has a wholesale busi-



Ralph Woodring and Francis Bailey at last year's Cracker Festival

ness serving more than 100 accounts – mostly small businesses including Bailey's, South Seas and Jensen's.

Ralph still fishes and still owns a commercial license, but he doesn't get out on the water very often these days. "I have two businesses to run. My boat's in the hospital. I get out once or twice a week depending on the season, what's biting, and what's running."

He also keeps a tank of shrimp at his dock on Woodring Point where fishermen can help themselves and pay by putting their money in the "honor system box" there.

That dock sits in front of Sam and

Esperanza Woodring's home, which son Ralph refurbished and still calls home. They still burn pine straw and to smoke away mosquitoes and sand flies – which Woodring claims are much worse than mosquitoes. In fact, it almost sounds as though he misses the days when the mosquitoes ruled the island: "That's one of the problems. If we had mosquitoes, we wouldn't have so many damn people."

Esperanza was born and raised on Cayo Costa. Her grandfather was a fisherman and had a fish ranch.

"They hired guys to catch fish and then salt-cured them for shipping to Key West and Cuba," Woodring explained.







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Ralph Woodring at his bait tank in front of his parents' home, where he still lives today

"They'd bring back supplies on the return trip: rum, whiskey, whatever they could get. When she was 16 years old, my mother came to Woodring Point. She lived out the rest of her life here."

Both of Woodring's parents were fishing guides and cast netters, and they did gill net fishing together. "Whatever dad did, mom learned to do and do well. It was a matter of survival," Woodring said.

Woodring's father's family first came to St. James City on Pine Island but came to Sanibel when he was a boy, where they homesteaded. He grew up on "the point" – Woodring Point – with three brothers and one sister. One brother was a fisherman all his life and died here. Another brother moved to Texas. His sister Flora married a County Commissioner, John Morris (who has a road named after him in Iona). They were farmers. Flora was the first white child born on Sanibel.

"My dad was a fisherman and guide and bootlegger," Woodring explained. "You did whatever you could do back in those days to make a living. Boats ran to the Bahamas to pick up English whiskey and peddle it mostly to Boca Grande, where they were happy to pay a big price."

Government revenuers' boats were often looking for bootleggers, but Sam

hired people to run the boats. "If the revenuers were after you and you didn't stop, they'd shoot at you," Woodring explained. "One time one of the guys had a jug of whiskey and wanted to quickly drink the last drop. He tipped it up to his lips and a bullet cracked it."

When Woodring was a boy, the only way to get to Woodring Point was by boat or to walk. That was the case until he was 12 years old. There was a trail they walked to get the mail from the post office, which was between Woodring Point and Bailey's old store.

"There was nothing else there – that's the reason for the road being named Woodring Road," Woodring said. "We were the only full-time resident family when the road went through."

Nobody was around much when Woodring was growing up. "We'd get part-timers. I'd catch fish and swim, explore the mangroves and areas around here. There was always something to do. It was special to me," said Woodring. "When the road came in, I'd ride my bicycle. The older I got the more I explored – all mostly to do with fishing or hunting. In the summer, I looked for the first tree with sea grapes and go under that tree and eat sea grapes all day."

"The last couple of years of high school, 10 or 12 kids lived here,"

Woodring remembered. "We'd have fires on the beach, have some hot dogs; there was no dope and no drinking."

Mabel Critchley (who owned Burnap Cottage on Woodring Point from 1935 to 1948; the cottage is now part of the Sanibel Historical Museum and Village), had an automobile and drove down from New York every year and sometimes would keep it at Bailey's. "Occasionally Mabel, mom and I would ride to Captiva for a sandwich. That was a fun outing," Woodring remembered.

"We had a full life," he said. "What did we do? I don't know, but we were never

'bored' – one of the words kids use today that makes me want to slap 'em. We just enjoyed the hell out of being home."

One of the biggest worries was what the family was going to eat. "You couldn't plan ahead too much," Woodring explained. "You couldn't go to the grocery store and buy a piece of meat. But Esperanza could make a meal out of whatever we had. She canned shrimp once, and it was the first time in our lives we had shrimp to eat. Not too many years after that, we started to catch shrimp for bait."

continued on page 4

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Ralph Woodring on Woodring Point

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From page 3

## Ralph Woodring

Woodring hunted rabbits and gophers and birds for food when times were hard, which was often. "We hunted for survival," Woodring said. Trips to Fort Myers were seldom – once a month, at best.

The island was isolated back then, and Woodring believes a person has to have the right frame of mind to handle it. "We grew up with it," he said of that isolation. "We revered it and knew it was fragile because it would probably go away – and it did. We all thought about it as a very special time."

"Today, everybody wants everything to be convenient and right at hand," Woodring continued. "Then, you just made allowances for everything you needed. At that time, Fort Myers was no metropolis either. The mail boat came six days a week from Fort Myers, and you could order things. The fish boat – we called it the run boat – from Punta Gorda came three days a week, and you could order things there, too. Anything else, outside of sickness, you dealt with and waited and planned."

Cayo Costa, his mother's birthplace, was not a place Woodring visited often.

"Cayo Costa was a long ways off – nearly a full day in the old slow boats – and what are you going to do once you get there?," he asked. "Our relatives were all fisherman and poor. It was a whole different way of life and way of thinking."

How does Woodring feel about the causeway?

"The causeway was one of the worst

damn things that ever happened to the island, no two ways about it," Woodring said. "It's not really an island anymore. We're connected to the mainland, and anything can happen – construction, crime. It was just a totally different way of life when that ferry quit running, a whole different frame of mind. We got along damn well without the bridge in every respect that I can think of."

Woodring was similarly dead set against Sanibel forming a city. "I did not have the vision that the people who were doing it did," he explained. "I look back now and think what would have happened if they hadn't formed the city."

"The quality of the city council is so very, very important," Woodring said. "We see the people who first set down the rules and regulations for the city of Sanibel as brilliant. Now they are nibbling away at the plan, taking away the ambience of the island. If you have a good set of rules to go by, why would you weaken them?"

Today, tourists on Sanibel are as prevalent as the mosquitoes used to be. "Tourists mostly do not annoy me," Woodring said. "That's my livelihood. My revenue is probably 85 to 90 percent from tourists and snowbirds. When they do stupid things like build monstrous houses, then they annoy me."

"Development makes me sick to my stomach," Woodring said, adding that he would not develop his property at Woodring Point "no matter what. These mega-mansions don't fit. That's not what Sanibel should be about and that's not what the original plan was about – con-

tinuity with the rest of the island," said Woodring. "You know people have got the money, obviously, but who in the hell needs that much house? It's just a show-place, that's all it is. Take that money and put it somewhere where it will do some good for mankind."

Woodring started the popular Cast Net Rodeo on The Bait Box property. "I did it to try to teach kids the art of cast netting, because it's a dying art. In the past, members of the Woodring family were all are cast netters. You had to be good at it, otherwise you would starve."

The Cast Net Rodeo used to include a prize to the best adult cast-netter, but some of the commercial fisherman started bringing their flasks and that was not what Woodring wanted around the kids. Now the event is for children only. "The idea caught on with families and even with tourists," Woodring said. "There are prizes for different age groups so the little guys are not competing against older kids. The age limit is 16." Last year was the 19th for the rodeo.

"Time goes faster the older you get," Woodring mused. "But I believe we have seen the best of times already; I don't see them getting any better."

Part of what drives Woodring to make that statement is the decline in the amount of fish – in fact, the decline in the amount of everything.

"Anything that was prolific back when I was a boy, there's just not the same amount. That includes fish, shells, and birds," Woodring said. "You have good years and things look almost as good, but

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Members of the Captiva Island Fire Control District surround Dennis Guerin, center, who retired after 11 years of service

## Pair Of Captiva Island Volunteer Firefighters Announce Retirement

The Captiva Island Fire Control District announced the retirement of two volunteer firefighters who have served the community for more than a decade. Dennis Guerin (11 years) and Alan Falde (14 years) have both served the Fire District with dedicated service over those many years. Guerin and Falde had both completed their Florida Firefighter One certification in 2004, which was required of all volunteer firefighters statewide.

Guerin has been a full-time employee with South Seas Resort Engineering Department and was present during the Hurricane Charley event of 2004. His service was very valuable to the Fire District. Prior to coming to Captiva, he was a Volunteer Fire Captain with Point Lookout Fire Department in Long Island, New York. Guerin has been instrumental in the advice and knowledge he has given to many of the young full time members of Captiva Fire District.

Also a Lee County Sheriff's Office Deputy, Falde was also present during the Hurricane Charley disaster and post clean-up. He stated one memorable exercise that he was involved with was a tabletop event held on Sanibel. The exercise involved many agencies and their roles in the event a major hurricane struck Sanibel and Captiva. The tabletop exercise was given just a couple of weeks prior to Hurricane Charley striking the Lee County coast. Falde, along with Lee County Sheriff's Office Lt. Joe Poppalardo and then Captiva Fire Chief Jay Halverson, were the first public safety personnel to arrive back



continued on page 6 Alan Falde retired after 14 years

From page 4

## Ralph Woodring

there are a great number of things that are gone altogether. You can't find shells and think, 'Damn, how many other things has that happened to?'

Today's regulations make a big difference, too. "I don't think there's hardly anything that swims in the water now that doesn't have some regulation involved - simply because there are so damn many people. Everyone wants to take one or two - that alone is enough to decimate the population- so it has to be governed and taken a long hard look at," according to Woodring. "My father Sam used to say, 'If you take some, and you leave some, you'll always have some.'"

But over-fishing is not the only thing that has affected the fish population. There is also red tide, a problem Woodring set out to try to do something about.

"Red tide is one of the most heart-breaking things I've seen in life. If you ever see a fish or anything suffocating, it really is a gut-wrenching thing."

Woodring read about S.T.A.R.T. (Solutions To Avoid Red Tide) based in Sarasota and decided to get involved. He started the Sanibel-Captiva chapter. At one time, the state organization was well funded, he said, but lean times have slowed them down.

"But a lot of research has been done and so far nothing has been able to stop

red tide," Woodring added. "The red tide organism we're dealing with, *Karenia brevis*, is very elusive and has many different ways of working to the point where it's very hard to come up with a solution that will really stop it. There's a push now to try to do a better job of improving water quality. We know for a fact that blooms are fed by phosphorus that comes down the rivers and creeks. We're doing funding, research, and education in schools. Hopefully, some of the young people we're educating will have new ideas."

There you have the soft side of Ralph Woodring, who can't bear to see a fish die. That side of him is evident once you get to know him.

Some years ago, one of Woodring's beloved golden retrievers was stolen and he was heartbroken. Talking about it even now brings up a lot of emotion.

"I raised enough hell with the cops that they finally went to find that dog. We were looking, too, of course. The police eventually found the dog - he'd been given to a kid - and brought him back," Woodring explained, nearly choking up.

The police officer would not reveal to Woodring the identity of the dog thief - for good reason. The police officer told Woodring, "You do not have a very forgiving nature."

"As the sailors say, 'I ask no quarter and I give none,'"

Woodring summed up his philosophy. "You have to protect your own." ❄️

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New docents are indoctrinated by Historical Village board members Gayle Pence and Bill Bachman

## New Docents Attend Training Session At Village

About 10 new docents attended an introductory training session last week in the Old Sanibel Schoolhouse for White Children. Sanibel Historical Museum and Village board members Gayle Pence and Bill Bachman conducted the meeting.

"We welcome you all to the Historical Village," Pence told the new docents. "As islanders, the most important thing we can do is maintain and share our history. Thanks to the wonderful people who came before us, we have a Sanibel Historical Museum, which was established as a one-building museum, the Rutland

House, in 1984. It operated that way until the early 1990s. Then Sam Bailey came along. He had a vision of having a village. Thanks to the generosity of the Bailey family and Sam's leadership, we have the village we have today."

The prospective docents hailed from four different countries and had many different experiences of Sanibel, whether they had been coming here since childhood or traveled the world before deciding Sanibel beat anyplace else they'd been.

One docent, a New Yorker, put a different twist on the famous song lyric, saying people believe New Yorkers can't "make it anywhere but in New York." "I'm here to tell you that's not true," she said. Another had been thinking of moving to Arizona instead of Sanibel, "but there's no beach there," she said.

Jean Turney, already a docent for more than 10 years, attended the class for a refresher. Turney told the new docents, "My most precious enjoyment are the visitors who come to the village. They are so excited and thrilled, and it's just an honor to be involved."

In addition to reviewing the Docent Handbook, a thorough and well-organized treasure trove of information, Pence and Bachman discussed the procedures regarding greeting guests, accepting fees and other information.

Education doesn't stop at these gatherings, though. All village docents are welcome the second Tuesday of every month to attend an informal learning session at the village. It may be an update of information they've learned before, or an in-depth discussion of one of the village buildings. On February 12, long-time docent Alan Smith will be discussing Miss Charlotta's Team Room and the Sears kit home Morning Glories, both favorites of visitors.

The Sanibel Historical Museum and Village is open Wednesday through Saturday from 10 a.m. to 4 p.m. Full guided tours take place at 11 a.m. each day. Docents work in three-hour shifts: 10 a.m. to 1 p.m., and 1 p.m. to 4 p.m. Some work in the Old Bailey Store, where the Museum's Gift Shop is also located.

The village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$5 for adults over 18; members are free. For more information or to volunteer, call 472-4648 or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

## CARD OF THANKS

Most of the residents of Sanibel really appreciate what a great place we have chosen to live. We are fortunate to have terrific organizations looking after our natural beauty, and organizations that care deeply about our wildlife.

I have had the privilege of serving as the President of FISH of Sanibel for the last two years, and I personally have come to appreciate the generosity of our community when it comes to care for our neighbors. Their generosity allows FISH to meet its mission of "neighbors helping neighbors."

I'm afraid we can't keep our "paradise" a secret any longer from the rest of Lee County. Within the last couple of months, we have had a number of our local leaders publicly honored. Christine Swiersz, FISH Program Director, was recognized as the Humanitarian of the Year by the Lee County Travel and Tourism Board; we have had Judie Zimomra, Sanibel City Manager, honored as the *News-Press* 2012 People of the Year Public Official; and just this week, Maggi Feiner, FISH Executive Director, was named as one of three finalists as the Honorary Grand Marshal of the Edison Parade of Lights for her contributions making a difference in our community. We are fortunate to have these three ladies providing leadership in their fields.

With leaders like these three, our dedicated organizations and our generous community residents, it's no wonder Sanibel is such a great place to call home. And now, the rest of Lee County knows. Well done to all three!

Bill Fellows,  
Past President of FISH of Sanibel

From page 5

## Firefighters

on Captiva the morning after the storm.

Falde has also commented that he will miss the teamwork he has enjoyed as a deputy and a volunteer firefighter. The Fire District has a great relationship with the Lee County Sheriff's Office island personnel. He has worked under three Fire Chiefs with the district; John Bates, Jay Halverson and Rich Dickerson.

"We certainly will miss both Dennis and Alan, and on behalf of the Board of Commissioners, I wish them the best of luck for their future endeavors," said Dickerson.

## Join Us! Arts & Crafts Fair

Saturday, February 9<sup>th</sup>  
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## CHR's Mardi Gras Party Is Just Two Weeks Away

Community Housing and Resources, Inc (CHR) is bringing a little bit of New Orleans to the island on February 9 with a Mardi Gras party at The Dunes Golf & Tennis Club. There will be Cajun food, music, children's activities and a silent auction. Tickets are \$30 for adults and \$10 for children 12 and under. Bring the whole family for a fun night out and support a cause that is dear to the hearts of many islanders.

Since 1983, CHR has been Sanibel's answer to the need for affordable housing for island workers, seniors and people with disabilities. With 74 rental units and 14 more under limited-equity ownership, CHR is not only an island success story, but also a key to supporting social and economic diversity in our community.

Why is CHR looking to raise additional funds, over and above the collection of rents? A fund will be established to help provide more effective maintenance, landscaping, and interior updates such as replacing worn appliances and a/c systems. CHR Executive Director Kelly Collini said, "CHR has a number of goals. Obviously, a principal goal is to structure our rents to be affordable for all our tenants, but another is to provide our tenants and owners with homes they and the community can be proud of."

Tickets are being sold throughout the community by CHR board members and volunteers. They are also available at the CHR office at 2401 Library Way in the Center 4 Life building.

"Affordable housing is vital to Sanibel, especially to businesses. Three of my key personnel live in CHR housing, and it serves the community to have them here," said Craig Albert, president of Sanibel Captiva Community Bank.

Sanibel Captiva Community Bank is a lead sponsor for the event. Other sponsors include:

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SWOTI (Zonta Club of Sanibel and Captiva)

Tween Waters Inn\*

## OBITUARY

### MICHAEL JOSEPH CONNOR

Michael Joseph Connor, born December 31, 1963 in Orlando, Florida, passed away on January 19, 2013 in Fort Myers. He is survived by his wife Jacquelyn, children Cole and Calie, mother Sharon Zarko, father F. Joseph and Anna Connor, and brothers, Jeff, Jim, John and Jason.

He was a salesman for Perfection Lawn and Pest Control.

A memorial service will be held on Saturday, January 26 at 11 a.m. at St. Columbkille Catholic Parish, 12171 Iona Road in Fort Myers. In lieu of flowers, an account has been set up for the Connor children at Sanibel Captiva Community Bank.\*



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Bob Moyle of By the Sea and Keith Williams, Public Works Director

## CASI Hosts City Staff

submitted by Sonja Smith Sutor, CASI

More than 100 condominium owners, managers and friends welcomed City Manager Judie Zimomra with a cheering round of applause at the announcement that she had just been named Public Servant of the Year by the *News Press*. Each winter, the City Manager brings a group of key department heads to address CASI's (The Condominium Associations of Sanibel, Inc.) breakfast meeting at The Sanctuary.

At this year's breakfast, held on January 18, the main issue was unusual for this quiet and safe island. There have been 15 burglaries at beachfront condominiums since November. None of these incidents involved forced entry. All were a result of guests leaving doors or sliders unlocked.



Planning Director Jimmy Jordan and Steve Mackesy of Island Management

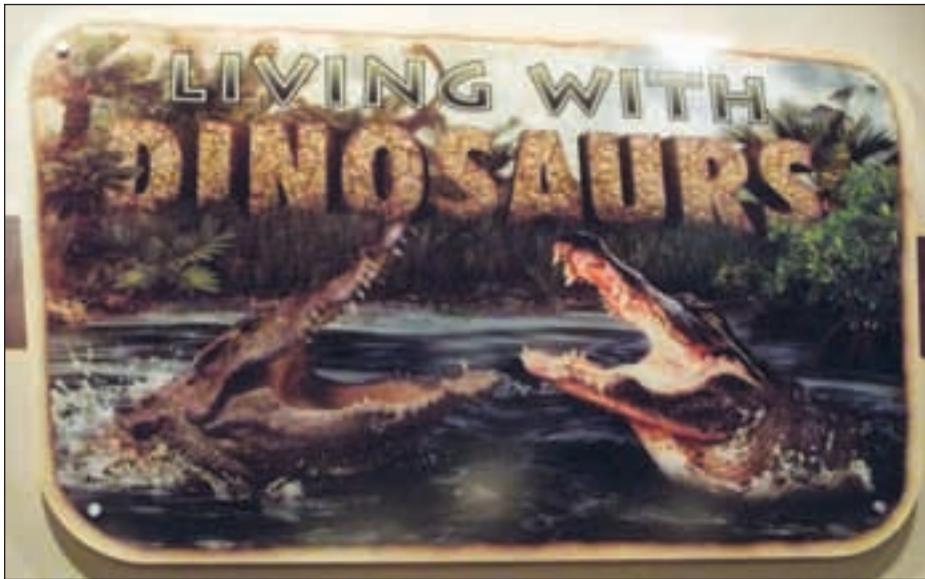
With the economy as it is and because Sanibel is an attractive location, the City Manager suggested properties take steps to protect their residents and guests. At a minimum, letting guests know about this problem helps them protect themselves. In addition, it would be useful to install safes in units, a common amenity in rental and seasonal properties. Associations may wish to consider installing alarm systems inside units and infrared cameras in common areas. Both technologies are increasingly affordable.

A second very unusual crime for Sanibel was a stabbing on the Middle Gulf Drive beach at 1:18 a.m. over the holidays. Beach patrol and presence have been increased.

The city is offering a \$25,000 reward for information leading to the capture of the burglar. The funds are coming from the beach parking meter revenue, not from the city's general operating budget. The city believes the reward is a wise

continued on page 38





SCCF's Dee Serage-Century uses the interactive touch-screen at the Living With Dinosaurs exhibit

From page 1

## Crocodile Exhibit

south of Sanibel – to Everglades National Park – not long after she had first been discovered on the island. However, she made her way back to Sanibel on her own, and became one of the refuge's most popular attractions.

Biologists blame an extended cold snap three years ago for the 40- to 60-year-old crocodile's demise. She was discovered along the East River Trail, directly behind the SCCF (Sanibel-Captiva Conservation Foundation) Nature Center.

At last week's unveiling, several attendees marked the occasion by reflecting on happy memories shared with the crocodile over the years. Mark "Bird" Westall, former mayor and wildlife tour operator, shared many experiences with the rep-

tile, adding that he felt honored to have known her.

"Honestly, it was the coolest that she decided to spend her summers here with us," said Westall. "Of all the places on the island she could have chosen, she picked our house. It was pretty much an everyday thing for us. We could sit on our porch with a couple of cocktails and watch her guard her nest."

Volunteer Doris Hardy recalled the incident when a film crew was out at the refuge at night, shooting footage of alligators at night.

"We hadn't seen her in a long while," said Hardy. "When lo and behold, out she came. It was a big surprise... to all of us!"

Fellow volunteers Bill and Jeanne Rankin used to croc sit for the reptile, too.



Close-up image of the crocodile's skull in the foreground, with a life-sized photographic image (taken by Jim Hamilton) of how she appeared in her days at the refuge in the background

"We would get the call... they'd say, 'The madame is out today,' and out we'd go," Jeanne explained with a laugh. "The

alligators here seemed to have gotten together and agreed to give up their territory to her. One time, there was an alligator sunning itself in a spot and it saw her coming... and it just got up and left. And she just liked that spot so much that she walked right over and sat down exactly where the alligator had been. That was her spot now!"

The Refuge Education Center's Living With Dinosaurs exhibit enhancements were made possible with a \$10,000 grant from the Wells Fargo Foundation. "Ding" Darling Wildlife Society members Bill and Annie Vanderbilt and John and Kathy McCabe also helped fund the exhibit.\*



Larry Congress (seated) will host an elegant evening cocktail reception in his home, together with a musical tribute to Gershwin and \$1,000 in gift certificates to Congress Jewelers or the new Sealife by Congress for the lucky winner of this live auction item. He is shown here with his son Scot Congress and members of the Historical Village auction committee Blair Wyatt, Judy Yenkole and Gail Garlinghouse

From page 1

## Live Auction Items

lucky winners will have a tour of the firehouse with demonstrations and conversations for children young and old." (This prize must be booked on a Saturday.)

Another prize is an elegant evening cocktail reception with Larry Congress at his home. Ten guests will be entertained

with his stories that range from working on the beach to founding the successful Congress Jewelers. The winner will also receive \$1,000 in gift certificates to Congress Jewelers or the new Sealife by Congress.

Among the other items:

- Dr. Bruce Neill of the Sanibel Sea School will host 10 to 14 people for a three-hour narrated cruise with him

aboard the school's boat, *Ocean Tribe*

- Catherine and Ed Anderson will host an Alaska seafood dinner for 12 at their home in The Sanctuary; the seafood will be flown in by their daughter Stephanie, who is a bush pilot in Homer, Alaska.

- The Dunes has donated a one-year Social Membership and two golf lessons; the membership includes steep discounts on green fees.

"People and businesses have been incredibly generous, making our live auction one of the most exciting auctions around," said Gail Garlinghouse, co-chair of the auction committee with Blair Wyatt. "I can't wait to see the bidding take off."

"We are so lucky," Wyatt added. "So many people care about the Historical Village and are helping it continue to offer its charm and stories and education to all who come to or live in Sanibel."

The fundraiser's production will feature four of Sanibel's treasured islanders and their stories presented in a unique and fun way. The afternoon will be highlighted with a little Sanibel history, a luncheon, plus the live and silent auctions.

The Sanibel Historical Museum and Village's is open Wednesday through Saturday from 10 a.m. until 4 p.m. It is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$5 for adults over 18; members are free. For more information, call 472-4648.\*

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## A Tale Of Two Cases



by Larry Schopp, Board Member, Committee of the Islands

The people's confidence in decisions of public officials is essential to the continuity of good local government. And one of the things we look for in such decisions is consistency in the principles upon which the decisions are based. That consistency means we can rely on the same rules being applied to different cases.

But what if the same rules aren't applied? What if the personal preferences of the officials override that consistency?

We can find the answers to these questions in a tale of two cases that were recently decided by the Sanibel Planning Commission.

On January 8, 2013, the Commission granted a variance to construct a deck for outdoor dining that would encroach upon a setback established in the Land Development Code.

The applicant proposes to open a donut/coffee shop with outdoor dining on Periwinkle Way. He believed that there was no other place for the deck, given other site plan requirements imposed by the City.

A variance is an extraordinary remedy intended to prevent extreme hardship to property owners due to circumstances beyond their control. Few variances are ever granted because the rules for their issuance are very strict. Were that not the case, zoning ordinances might easily be circumvented any time a property owner felt inconvenienced.

The commissioners granted the variance though it appeared obvious that the applicant had failed to meet at least three of the seven prerequisites. As I saw it, this was not a close case where reasonable people could differ as to the correct outcome. This was one of the clearest cases for denial of a variance that I have seen.

Yet for some reason the discussion centered on traffic flow, parking, the nearby eagle nest and the possible need for crosswalks -- not the appropriateness of a variance. City staff and some commissioners appeared to believe that, since the applicant had been cooperative and agreed to a number of necessary site plan changes, it should be rewarded with a variance for the outdoor deck. But that's just not the way the Land Development Code is intended to work.

### A vote is taken

Only after the presentations concluded and a motion was made by the chairman to approve the variance was public comment allowed.

I was the only member of the public to speak and used my three minutes to explain why the applicant was not entitled to a variance to build a deck. My main point was that the applicant could open a full service donut / coffee shop on the property without an outdoor deck. Here is a brief summary:

A variance may not be granted if the need is self-imposed. There are many island establishments that offer donuts and coffee and other light fare without outdoor dining. Anyone who has stopped into a Dunkin Donuts shop anywhere knows that outdoor seating is not a prerequisite to enjoying a donut and coffee.

Moreover, the property owner could put the property to any number of other permissible uses. Under the rules, if there is another feasible use of the parcel within applicable requirements, a variance may not be granted.

At the end of my three minutes, without further discussion, the vote was taken and the variance approved. The applicant's attorney was not asked to respond to my points and the City Attorney was not asked for guidance.

### Another case, another result

This was not a situation where laymen were being asked to apply complex laws they may not have understood. The commissioners are familiar with the rules applicable to the issuance of variances and may always seek guidance from the City Attorney if they are unsure. Nor are they traditionally soft on variances.

Just a few weeks ago they denied a variance to a homeowner for an existing boat lift that encroached upon a setback. The reason given -- correctly in my view -- for the denial of the variance was that the problem was self-imposed. In that case, the

commissioners were so concerned about correct application of the law that the chairman asked the City Attorney for guidance on the issue of self-imposed hardships, commenting "we're governed by the Land Development Code and under that Code we have seven conditions that mandate what we can and can't approve here at the Commission."

So what might have motivated the commissioners to issue a variance to construct the outdoor dining deck at the proposed donut shop? Here is a quote from the minutes of the meeting which at least sheds some light on the chairman's thinking: "...I'm always a big advocate for the reduction of the 100 foot setback area because of the view. I'd rather see people sitting there eating or drinking coffee than parking lots, like you have further down Periwinkle. To me that's one of the biggest issues in our town center general and whole commercial district."

Whether one agrees with those sentiments or not, the Planning Commission's job is to apply the law as written, not to set or argue with policy. That's the responsibility of the City Council.

### Why were the two cases treated so differently?

Simply comparing the results in these two recent cases, one involving a homeowner seeking a variance for a boat lift and the other a restaurant owner who wanted to build a deck, begs the question: Why such different results?

One possible explanation is that the Commission views applications from business owners more favorably than it does ordinary homeowner citizens. Both cases involved self-imposed encroachments of legally established setbacks. Yet we got two diametrically different results. The homeowner lost and the business owner won. In the case of the homeowner, commissioners went to great lengths to be sure the law was being applied correctly, while in the case of the business owner they seemed to do just the opposite, treating the variance as if it were a discretionary dispensation.

If the public is to have confidence in the Planning Commission as final arbiter of its property rights under the Land Development Code, what is needed is consistent, faithful application of the laws as the commissioners' oath of office requires. A perceived lack of evenhandedness will simply erode that confidence.

*Committee of the Islands invites your input and ideas on this important subject. Email your comments to [coti@coti.org](mailto:coti@coti.org). You can read commentaries on other island issues on our web site at [coti.org](http://coti.org) and / or visit us on Facebook.\**

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# INSIDE CITY HALL

## City Must Change Codes To Improve Business District

by Anne Mitchell

Sanibel businesses, with rents twice the rate of those just off-island, also face an aging population and a shrinking number of full-time residents.

It's a challenge highlighted in a study compiled by Scott Fulton, city planner, which was presented to the city council last week and to the planning commission on Tuesday. While council did not spend much time discussing the findings, the planning commission debate was long and wide-ranging.

In addition, rental properties in the Iona area are much newer than those on Sanibel, with a median age of eight years, compared to Sanibel's 39 years. The Iona area has 15 times the amount of vacant commercial land for sale and already has a sizeable outlet center, a Target store and two Publix-anchored shopping centers. Sanibel rents average \$28.91 per square foot, compared with Iona's \$11.47.

Sanibel business employment hit its peak in 1999, the same year that total

**Sanibel business employment hit its highest peak in 1999 (3,938)**

payroll topped out at \$87 million. By 2010, employment had declined 31 percent and payroll was down 20 percent to \$70 million. Meanwhile, business in the Iona district peaked in 2007 and by 2010 was 141 percent above 1998 levels.

So has Sanibel had its commercial heyday? What can be done to revitalize the business district?

The city council has pledged to help

**As of 2010, employment was at 2,714 or about 31% below the peak**

island businesses. Last year it set this mission: "To establish and maintain a vibrant and healthy commercial district, consistent with the Sanibel Plan, that provided for the needs and services of Sanibel's residents and visitors."

But that's easier said than done, given Sanibel's strict building and development codes.

The commission mostly focused on the Palm Ridge Road triangle, which was once considered to be the "town center" of the island. Talks of developing a town center fell apart some years ago.

"Setbacks are the main problem on Palm Ridge Road," said Michael Valiquette, chairman of the planning commission. "The whole area is unbuildable because of the 100-foot setbacks." He explained that buildings on the 120-foot deep lots are required under current codes to be 100 feet back from the road and 100 feet back from the lake at the rear. The centers are grandfathered in,

but unless the codes are changed, they cannot be torn down and rebuilt or substantially renovated.

"Unless you change these issues I don't know why we are wasting our time," Valiquette said.

Resident Karen Storjohann said the reason city council might be unwilling to move forward is "that they made tremendous concessions in the resort housing district and nothing happened." So far, none of Sanibel's aging hotels have sought permits under the new rules aimed at encouraging renovation.

Substantial remodeling might not be feasible, said Commissioner Phillip Marks, because of the run-down condition and poor construction of some of the buildings. "They are so fragile and they are scary," he said.

Commissioners expressed concern that Sanibel's population is getting older and a more diverse age mix would improve the commercial scene.

Commissioner Chris Heidrick harked back to an earlier study that showed Sanibel had an oversupply of commercial space. "The market especially is very important before we start changing codes and having additional commercial space," he said.

Fulton also used Captiva as a comparison. He said his aim was to present the data, not draw conclusions.

Planning Director Jim Jordan said,

**The average listing price per square foot in Iona (\$11.47) is less than one half the amount on Sanibel (\$28.91)**

**Sanibel's seasonal housing percentage in 2010 was 49%, up from 43% in 1990 and 31% in 2000**

"We know we have an older commercial stock compared to Iona and our prices per square foot are much higher and... we have a greater number of seasonal homes. That factors into how much can a community sustain and what is the balance and what type of use do you want to encourage and what type of use do you want to discourage."

Jordan said staff would bring some suggestions to the next city council meeting. He said the property owners need to participate as well. "They really need to be a part of this, and also banks and lending institutions," he added.\*

## Correction

Officer Kurt Schulte was honored by the Sanibel City Council last week for logging 25 years with the police department. He has been the Resource Officer and Drug Abuse Resistance Education Officer at The Sanibel School since February 1995 and will continue in that position.

Officer Schulte is not retiring. An article in the January 18 *Island Sun* misstated his status.\*



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USPS 18: Bulk Rate permit paid for at Sanibel, Florida, 33957  
Postmaster: Send change of address to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957  
Published every Friday for the people and visitors of Sanibel and Captiva Islands. Distribution: 10,000 - 12,000 per week (seasonal).  
Mailed free to Sanibel and Captiva residents every Friday.  
Subscription prices: Third Class U.S. \$50 one year, \$25 six months (Allow 2-3 weeks for delivery). First Class U.S. \$115 one year, six months \$58 (Allow 3-5 days for delivery).  
Prices include state sales tax. Send subscription requests to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.  
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Dick Calkins and Edina Lessack, of the League of Women Voters of Sanibel, assist with voter registration at Bailey's Shopping Center.

## Sanibel Voters Registration Program

In keeping with the mission of the nonpartisan national and state League of Women Voters to provide voter education and registration programs, the Sanibel chapter will staff voter registration tables at Bailey's from 10:00 a.m. to 2:00 p.m. on Saturday, January 26. Residents of Florida who have not yet registered to vote can do so at the table. In addition, anyone who has had

a change of name or address since their last registration or who wishes to change their party affiliation, can stop by and complete the registration form. League members staffing the table can also provide information about Florida voting regulations and about League membership.

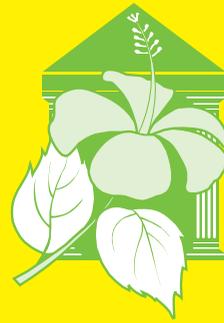
The League of Women Voters of Sanibel encourages all citizens over 18 years of age to participate in our democratic process by learning about the issues and voting in each election. In order to vote, one has to be registered with the county.

For more information contact the League at [sanibellwv@gmail.com](mailto:sanibellwv@gmail.com). ✨

## The Classic Imperials On The Porch At Sanibel Community Church

On Sunday evening, January 27 at 6 p.m., Sanibel Community Church will feature the first of the Concerts On The Porch series with The Classic Imperials, featuring lead singer Rick Evans. The evening will include many Classic Imperials songs as well as hymns and songs of worship. Refreshments will be served. A love offering will be received. Bring your lawn chair and bring a friend.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684 or visit [www.sanibel-church.com](http://www.sanibel-church.com). ✨



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### BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 8 p.m. in the Fellowship Hall of the United Congregational Church 2050 Periwinkle Way, Sanibel  
 Rabbi Selwyn Geller For more information 239-472-0177 or [adsilby@gmail.com](mailto:adsilby@gmail.com)

### CAPTIVA CHAPEL BY THE SEA:

The Rev. Thomas E. Nyman  
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 11580 Chapin Lane on Captiva. 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST:

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 9 a.m. Contemporary Service with Kids' Church  
 10:45 a.m. Adult and Youth Sunday School classes;  
 11 a.m. Traditional Service with Choir. Childcare available at all services.

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 Communion Service Mon. and Tues. 8:30 a.m.  
 Confession first Saturday of the month 9 a.m. by appointment. Holy Days call

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 Sundays at 8 and 10:30 a.m.  
 Sunday School (PreK-gr.5) at 10:30 a.m.  
 Wednesdays at 9 a.m. and 5 p.m. Potluck Supper 1st Wed. of the month 5:30 p.m.  
 Morning Prayer Tuesdays at 9 a.m.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email [ryi139@aol.com](mailto:ryi139@aol.com) ✨

## OBITUARY



LANI V. PATTERSON

Lani V. Patterson, born on February 19, 1967, entered the eternity she devoted herself to telling others about on January 6, 2013, suddenly and unexpectedly.

Lani had a perceptive mind, a good sense of humor and a beautiful voice. She was kind, caring and considerate of people and retained a vulnerable assumption of the same in return.

Lani was born in New York City, grew up in Southern California and subsequently lived in San Francisco, England, New York City, California, Minnesota and Florida. In all these places, the people who knew her loved her. She will be so very missed but is finally at peace in the presence of the Lord.

She has left behind her deeply saddened mother Liv I, aunt Linda Delson, uncle Jeff and aunt Mona Delson in New York, and aunt Jan and many cousins in the Patterson clan in Minnesota, the friends she made in Fort Myers, at Sanibel Community Church and elsewhere. Her father, Bob Patterson, died in 2011.

There will be a memorial service on Monday, January 28 at 11 a.m. at Sanibel Community Church.

Lani would have appreciated any desired memorial donations to be made to the Animal Refuge Center, 18011 Old Bayshore Road in North Fort Myers, FL 33917. ✨

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# CLASSIC IMPERIALS

Sanibel Community Church

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## Staged Reading at Chapel

submitted by Michael Frayn,  
Captiva Chapel by The Sea

A staged reading of the winner of the 2000 Tony Award for Best New Play, *Copenhagen*, will take place on Sunday, January 27 at 4:00 p.m. at Captiva Chapel by the Sea. Participating in the reading will be the company featuring Sanibel Islanders Marsha Wagner, Bob Maxeiner and Michael Newhouse. There will be a discussion after the reading, hopefully followed by a beautiful sunset.

*Copenhagen* is a profound and haunting exploration of history, science and the human spirit.

The plot of *Copenhagen* tells the story of renowned physicist Werner Heisenberg who made a strange trip to Nazi-occupied Copenhagen in 1941 to see his old colleague, teacher and friend, Niels Bohr and his wife Margrethe. The meeting was fraught with danger and embarrassment and ended in both disaster and adversity. Funny, moving and uncanny, *Copenhagen* is a theatrical explosion that shakes the foundation of both the mind and the soul. A lively Q&A about the ethics of nuclear as well as current technology and how to make sense of this world we live in today will follow the performance.

Reservations are needed as space is limited.

For information call Pat Boris at 395.8677 or email nanapat123@gmail.com

Admission is \$20 paid at the door by cash or check only.

All proceeds will benefit the Captiva Chapel By the Sea.\*

## Super Bowl Bash For All Families

On Super Bowl Sunday, February 3, Sanibel Community Church Student Ministries is hosting a Pre-Game Bash at the Sanibel School fields. The event runs from 2:30 to 5 p.m. and includes a free BBQ; punt, pass and kick competition; and a two-hand touch football game for all ages and skill levels which includes the headlining event, a students vs. adults game for the golden football. This event is free and is open to all ages.

"Last year, the students won the golden football in the last play, so I know the adults will come out ready to play and win it this year," explains Tom Walsh, youth pastor at SCC. "We hope a lot of families can join us for this family event."

If you are or have a student in sixth to twelfth grades and would like more information about the Sanibel Community Church Student Ministries, contact Youth Pastor Tom Walsh at 472-2684. Grades six through eight meet every Wednesday in the Youth Center from 5 to 7 p.m. High School students gather every Wednesday from 7 to 8:30 p.m. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).\*

## Unitarians To Meet February 3

Unitarian Universalists of the Islands will meet on Sunday, February 3 at 5 p.m. in Fellowship Hall at the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. The service is open to the public.

Unitarian Universalist congregations welcome people with diverse beliefs from all religious or philosophical traditions. As a theologically diverse religion, Unitarian Universalism encourages its members to seek their own spiritual path.

In her 1993 best-selling book, *A History Of God*, Karen Armstrong

wrote: "Despite its otherworldliness, religion is highly pragmatic. As soon as it ceases to be effective it will be changed – sometimes for something radically different."

Science and modern society are challenging traditional theological concepts of God. Some even say that the idea of God has outlived its usefulness. What does process theology, a belief system grounded in the relationship between science, nature and human beings, have to say about understanding God in the 21st century?

The speaker will be Roger Grugel, a candidate for the ministry through the Unitarian Universalist Association, which has its headquarters in Boston, Massachusetts. He will graduate with a

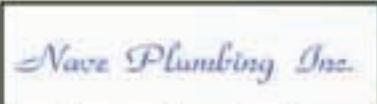
Master of Divinity degree from Meadville Lombard Theological School in May 2013.

In 2011-12, Grugel was a chaplain resident at Tampa General Hospital in Tampa, Florida. Currently, he is the ministerial intern at The Unitarian Universalist Church of Fort Myers. Prior to entering the seminary, Grugel was an attorney for 26 years with the Minnesota Family Farm Law Project, a statewide nonprofit law firm that represented family farmers who were losing their farms to creditors.

Lively discussion, fellowship and refreshments follow the service.\*

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## Logos Under The Sea Night



Daisy Arensman, Patty Truelsen, Faith Mitchell, Marie Colberg, Tatum Reel, Annabel Crater, Emily Ibarra and Jessica Day

Kids at Sanibel Community Church experienced Under the Sea Night at Logos on Wednesday, January 16. This team prepared Faith Mitchell for going under the sea. Next week, socks and t-shirts will be collected for the Rescue Mission at Hands and Feet Night. For more information, call Kathy at 472-2684. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).\*

## Professor Robin Fox To Speak

Dr. Robin Fox, University Professor of Social Theory at Rutgers University in New Jersey, will be the Shared Scholar in Residence for Temple Bat Yam, Sanibel Congregational United Church of Christ, St. Michael and All Angels Episcopal Church, the Christian Science Church of Sanibel and Captiva Chapel by the Sea this year. Professor Fox will lecture on "The Puzzle of the Ten Commandments" on Monday, January 28 at 7 p.m. in the Congregational Church Sanctuary, located at 2050 Periwinkle Way. There is no fee for this program and the public is welcome to attend.

Dr. Fox, an anthropologist, poet, essayist and historian of ideas, founded the Department of Anthropology at Rutgers. He has written or edited more than 19 books, the latest being *The Tribal Imagination*. He is currently working on the archeology of the Calusa Indians of Southwest Florida and the light this can shed on the origins of complex societies. Born in England, he was educated at London School of Economics and Harvard, with Post Doctoral work



Professor Robin Fox

at the Stanford School of Medicine. He was co-director of the H.F. Guggenheim Foundation for 12 years and helped start up the revolution of ideas about social behavior, known as Sociobiology.

Shared Scholar in Residence lectures are possible through a grant from the Leo Rosner Foundation in honor of June Rosner. For further information, call the Congregational Church at 472-0497.\*

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DDWS President John McCabe, center, explains the Refuge Preservation Campaign to visitors at the Sanibel Island Farmer's Market

## 'Ding' Darling Steps Up Fundraising For Refuge Preservation Campaign

In its mission to purchase 6.56 acres on Woodring Point for the "Ding" Darling Refuge and make Education Center improvements, the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) Board of Directors has gotten busy. Last week, the board traveled to the property aboard a Tarpon Bay Explorers tour boat to walk the land.

DDWS President John McCabe briefed board members and urged them to help spread the word about the urgent need to raise funds by September. DDWS representatives are also making appearances at the Sanibel Island Farmer's Market and will be on hand on Sunday, January 27, February 3 and February 17.

The Refuge Preservation Campaign – comprised of Chair Jim Sprankle, Chauncey Goss, Porter Goss, Doris Hardy, Jon Heinrich, Chip Lesch, McCabe, Mike Mullins and Bill Vanderbilt – has also decided to earmark some of the proceeds from DDWS' Cuckoo for "Ding" Trailgate Party fundraiser on February 15 for the campaign.

The Woodring property's preservation is a cooperative effort between DDWS and Lee County's Conservation 20/20 program. Each will purchase part of the land, and the refuge will assume responsibility to restore and manage both parcels. DDWS must raise private funds to purchase its parcel.

If not preserved by the refuge, the land could be developed with as many as five dwellings, each permitted a boat dock extending into Tarpon Bay. Construction of new homes and the increase in boat traffic would have significant impact on the habitat of both the land and marine species that live or feed on or near this property, according to refuge biologists.

The Woodring family, who homesteaded the property in the 1800s, currently owns the property, which is adjacent to the refuge and privately owned conservation lands.

The purchase of the property will earn the refuge a key parcel necessary to re-create an intact habitat on the point. Its location at the entrance to Tarpon Bay, a vital habitat and feeding grounds for a variety of at-risk species and other fauna, makes its preservation especially critical.

continued on page 35



DDWS President John McCabe, left, and Preservation Campaign Committee Chair Jim Sprankle record donations

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# Zonta Celebrates 25 Years With High Tea

submitted by Sue Denham

Zonta members old and new – some in festive hats – gathered recently for afternoon tea at the Seagull Estates clubhouse to celebrate 25 years of contributions to the community. Chartered in 1987, the club has grown from the initial 20 members to more than 70 today. Along the way, there have been tears and laughter, learning and growth, losses and gains, and always a primary focus on the Zonta International mission of improving the lives of women.

Today, the club is recognized as a powerhouse in District 11 – the 42 clubs from North Carolina to the Caribbean – has been awarded the coveted Governor’s Cup for “best performance” five times and has been runner-up twice. In the past 16 years, the club has awarded more than \$630,000 in grants to local organizations that improve women’s lives and in annual pledges to Zonta International. These achievements and more were celebrated during the tea, organized by the membership committee (event chair Nancy Dreher) and catered by Leslie Adams. Desserts were provided courtesy of SoonCome Landscaping and Zonta member Annie Nachtshiem.

Among the throng were 12 past presidents, including two now retired from active membership, and former



Past Zonta presidents, rear from left, Nola Theiss, Joan Good, Judy Workman, Ginger Parker, Sheila Hoen and Sue Denham. Front from left, Carolyn Gray, Karen Pati, Doris Trowbridge, current president Orlene Shimberg, Darla Letourneau, president-elect Kris Riffs and Barbara Nagle

members such as Nancy Dorrity, who traveled over 700 miles from Tega Cay, South Carolina. Current president Orlene Shimberg served as emcee, assisted by charter member Ginger Parker.

Long-serving Zontians offered fond reminiscences of early years, especially fundraisers, which ranged from a wine tasting and the Zonta Follies to the raffle of a Harley-Davidson motorcycle and a spelling bee. For the past 12 years, the club has relied on A Peek at the Unique,

the renowned tour of island homes, as its signature fundraiser, netting up to \$90,000. This year, the event is set for Saturday, March 16.

Well-known interior designer and former Sanibelian Kappy King Cole was the force behind organizing the island club, and served as its first president. Three charter members are still active. Attracting new members has never been a challenge, with 28 inducted in the past five years.

Special guest Susan Scribner, Area 6 director for District 11, congratulated

the club and later shared a personal perspective on the global initiatives of Zonta International.

Shimberg noted that through the many changes the club has seen, fellowship and the commitment to improving women’s lives have been the enduring theme. The event concluded with a champagne toast “to the next 25 years.”

Peek Alert: The ticket line for Peek reservations is now open. Tickets are sold on a first come, first served basis. Call 877-806-2493 or e-mail zontapeektickets@gmail.com.\*

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Sporting festive hats are Zontians, from left, Ruth Woodham, Sandi Hutchings, Gari Lewis and Susan Tucker

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**CROW Case Of The Week**  
**One World,  
 One Health**



by Patricia Molloy

**S**oon after Dr. Heather began her position as CROW's hospital director last January, she broadened the clinic's focus to include the One World, One Health concept. It

recognizes wildlife science as an essential part of monitoring and preventing global disease trends. As a result, she frequently exchanges information with local, state and federal agencies and domestic animal veterinarians in an effort to recognize and create a first line of defense for new environmental trends.

One of the most significant trends that Dr. Heather noted was an increase of patients admitted with brevetoxicosis, a condition caused by red tide exposure. While red tide causes little more than respiratory and eye discomfort for most humans, exposure to the algal bloom can be dangerous – even fatal – to fish, sea turtles and birds. There is an ongoing, heated debate among scientists about how much of an effect man-made pollution has had on the severity and frequen-



**This rare Kemp's ridley is regularly taken outside to a sea turtle tank for "day camp"**

cy of these algal outbreaks.

Currently, there are three sea turtles undergoing treatment at the wildlife hospital for brevetoxicosis; two Kemp's ridleys and a Green sea turtle.

To learn more about the area's native and migratory wildlife and the reasons animals come to CROW, visit its Healing Winds Visitor Education Center. It offers hands-on exhibits, live video footage highlighting animal stories and special events suitable for guests of all ages. Visit CROW's website for the schedule.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our



**This Green sea turtle is in a nearby tank. When it was admitted, it was unable to swallow due to smooth muscle damage in its throat caused by exposure to red tide**

local area. The hospital accepts patients Sanibel, FL 33957. Call 472-3644 or seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, visit [www.crowclinic.org](http://www.crowclinic.org).



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## SCCF Birding At The Preserves

Join experienced birders on the second and fourth Mondays of the month at two island preserves: The Community Park (Mariposa) Trail on city-owned land and Sanibel Gardens Preserves, jointly owned and managed by SCCF (Sanibel-Captiva Conservation Foundation) and the City of Sanibel.

Both new and experienced birders will experience a variety of birds in a diversity of wildlife habitat.

Botany enthusiasts are also welcome to help identify plants along the trails. All walks begin at 8 a.m., but the locations do vary. All outings are free.

Following is the schedule for Birding at the Preserves:

January 28 - Community Park (Mariposa) Trail

February 11 - Sanibel Gardens Preserve

February 25 - Community Park (Mariposa) Trail

March 11 - Sanibel Gardens Preserve

March 25 - Community Park (Mariposa) Trail

Directions: Sanibel Gardens Preserve -- Enter Island Inn Road from Tarpon Bay Road and park on the side of the road near the trailhead or enter Island Inn Road from West Gulf Drive, park near road barrier and short walk to trailhead.

Community Park (Mariposa) Trail is on conserved lands owned by the City of Sanibel, located behind the Sanibel Community Center and abutting SCCF's Frannie's Preserve. Meet in the Sanibel Community House parking lot adjacent to the playground.

For more information call SCCF at 472-2329.✱



Yellow-crowned night heron  
photo courtesy of Clair Postmus

## Explore Native Plants With Weeds And Seeds



Island native, marsh gentian

**W**eeds and Seeds is a group of amateur botanists who enjoy finding and identifying native plants on Sanibel.

The group gathers every Monday morning on the porch of the Sanibel-Captiva Conservation Foundation (SCCF), at 8:45 a.m.

The walks, lasting for two hours, are guided by a leader with a plant list. Destination habitats include beach, mangroves, and wetlands, as well as dryer inland areas.

The walks are free but donations for SCCF are welcome. Attendees may need parking money. Please bring a hat, water, sun-block and comfortable enclosed shoes with socks. For information, call Candice Ethridge at 395-9498.✱



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## Kemp's Ridley Sea Turtle Program

A program about the world's most endangered sea turtle found in local waters, the Kemp's ridley sea turtle, will be held at SCCF (Sanibel Captiva Conservation Foundation) on Friday, February 1 at 10 a.m. Join researcher Jeff Schmid from the Conservancy of Southwest Florida to hear about his ongoing research with this species in conjunction with Mote Marine.

In 1961, a now-famous home video filmed in 1947 documented 40,000 Kemp's ridley females nesting simultaneously in a single day at Rancho Nuevo, Mexico. This mass-synchronized nesting, called an arribada, was unknown by scientists until that time. By 1966, the Kemp's ridley nests on the Mexican beaches were protected from the heavy human exploitation that had reduced their hatchling numbers, but only 2,000 females nested that year. In 1985, only 702 nests were found. Accidental capture of turtles by shrimp trawls were identified as the major source of adult turtle mortality, and in 1994, legislation passed requiring the use of turtle excluder devices (TEDs) on all shrimp boats in U.S. and Mexican waters. Thanks to these conservation efforts, the Kemp's ridley is back from the brink of extinction and 21,144 nests were documented in 2009.



Kemp's ridley sea turtle

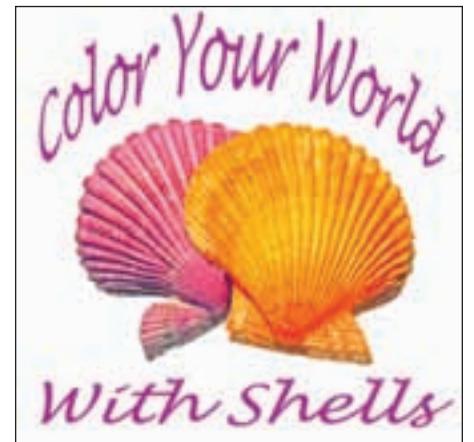
The Kemp's ridley sea turtle seldom nests on local beaches, but a large juvenile population spends close to 9 years feasting on spider crabs in Tarpon Bay, Ding Darling, Pine Island Sound, Estero Bay and Charlotte Harbor before going off to join the adult mating population. The nesting arribada happens from the south Texas coast to Veracruz, Mexico. Protecting the health and water quality of our local estuary protects this critically endangered species of turtle. Call 472-2329 for more information.\*

## Shell Festival 2013 Theme

Seashells come in many sizes, shapes, and colors and with a multitude of patterns. With this in mind, the Sanibel Shell Festival Committee has chosen Color Your World With Shells as the theme for the 76th Annual Sanibel Shell Festival March 7, 8 and 9. It is the major fundraising event of the year for both the Sanibel Community Association and the Sanibel-Captiva Shell Club. This well-known event, previously known as the Sanibel Shell Fair and Show, draws shell enthusiasts from across the United States, Canada and the Caribbean.

Festival visitors have the opportunity to purchase shells and intricate shell crafted items at the Shell Festival. Throughout the year, volunteers meet outside the Sanibel Community House to sort donated seashells, while inside shell crafters create elaborate floral bouquets and other shell craft items. These seashells and craft items will be offered for sale during the festival. The funds raised through these sales are used to support the Sanibel Community House.

It has been said that shell collecting is the second most popular collecting hobby after postage stamps. The Sanibel-Captiva Shell Club-sponsored Sanibel Shell Show is an intriguing part of the Shell Festival and it gives everyone the opportunity to see shells from around the world, as well as breathtaking artistic creations made entirely from shells and sea life that are entered in the Shell Show. There will be a special category in both the scientific and the artistic



divisions titled Color Your World With Shells. A special award will be given in both divisions to the exhibits that best reflect the festival theme. This competitive show is open to all shell collectors. Membership in the Sanibel-Captiva Shell Club is not required.

While there is no entrance fee to attend the Shell Festival grounds, a donation is asked of those going inside the Sanibel-Captiva Shell Club-sponsored Shell Show. Funds raised by the Sanibel-Captiva Shell Club from the admission donations are given out in the form of grants to several local educational and conservation organizations including a scholarship fund at the University of South Florida.

For more information about entering an exhibit in the Sanibel Shell Show, go to [www.sanibelcaptivashellclub.com/SanCap\\_shellshow.html](http://www.sanibelcaptivashellclub.com/SanCap_shellshow.html)\*.

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- Use a Seafood Watch mobile app when you are shopping or dining out. (Apps are available for iTunes and Android Market)



Seafood Savvy is an initiative of the Sanibel-Captiva Chapter of START, supported by funds raised from our San-Cap Cracker Fest.

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# Sanibel-Captiva Audubon Presents Birding Program

Since the United States severed relations with Castro's Cuba in 1961, U.S. bird enthusiasts have been all but forbidden to visit the tropical island of Cuba. Under a special permit, our guest speaker, Wayne Petersen, has been allowed to lead groups into this birding paradise. Join Wayne at The Community House at 7:30 p.m. on Thursday, January 31 as he presents Birding Cuba: Impressions from a Forbidden Paradise.

The forbidden paradise of Cuba, officially the Republic of Cuba, is a Caribbean island country. The nation of Cuba consists of the main island of Cuba, the Isla de la Juventud, and more than 1,000 cays and islands in the archipelago. Havana is the largest city in Cuba and the country's capital. Located 90 miles south of Key West, Cuba's main island is 745 miles long and thus the largest in the Caribbean. Home to the world's tiniest bird species as well as a myriad of neotropical migrants and several of the rarest birds on the planet, Cuba has become one of the world's most desirable destinations for bird watchers. Attendees to this unusual lecture will also learn interesting information about Caribbean avifauna and the many challenging conservation issues specifically facing the birds of Cuba.

Wayne Petersen was a Senior Field Ornithologist for Massachusetts Audubon for 15 years prior to assuming his current position of Director of the Massachusetts Important Bird Areas (IBA). For over 40 years, Wayne has lectured and conducted



Wayne Petersen

tours and workshops across North America for birders and field guides. His writing projects include authoring the *National Audubon Society's Pocket Guide to Songbirds* and *Familiar Backyard Birds (East)*, co-authoring *Birds of Massachusetts* and *Birds of New England* and contributing to *The Audubon Society Master Guide to Birding* as well as *The Sibley Guide to Birdlife and Behavior*. Wayne's knowledge and broad perspective of New England bird life was recognized in 2005 when he received the American Birding Association's Ludlow Griscom Award for outstanding contributions in regional ornithology.

This is the fifth of nine Sanibel-Captiva Audubon lectures which are held on Thursday evenings at 7:30 p.m. at The Community House, 2173 Periwinkle Way. As always, all are welcome to attend. Doors open at 6:30 p.m. and parking is available at The Community House as well as across Periwinkle Way in the Schoolhouse Theater parking area. A \$5 donation is appreciated with proceeds after costs being used to promote conservation on Sanibel and in Florida. For information, call Elaine Jacobson at 395-1878 or visit the Sanibel-Captiva Audubon at [www.san-capaudubon.org](http://www.san-capaudubon.org).



Birds to be subject of Audubon lecture



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# Slow Daytime Tides And A Few Surprises



by Capt. Matt Mitchell

Neither a cold front late in the week nor some of the worst daytime tide movement we have seen in months could slow the bite down this week. Deeper channels held a

good winter mixed bag of species for the first day or two after the front, then the action in and around the passes picked right back up as things quickly warmed.

With such non-existent tide movement, I concentrated my efforts most days within close proximity of the passes. If there was going to be any tide movement at all it was going to be in the passes. That paid off most days with a good variety of fish including a few off-the-wall catches of some of the largest black sea bass I have

ever seen.

Fifteen-plus years ago I used to catch good numbers of small black sea bass while cast-netting for pinfish. In recent years I very rarely see any at all. Then, on back-to-back casts while fishing with live shrimp this week, I had a client catch a 13-inch and then a 15-inch black sea bass. Being a species I never see, I had to break out my smartphone and Google the regulations on this species at myfwc.com. After reading the complicated regulations, I found them to be legal fish.

Catch-and-release snook fishing around the passes was very consistent once things warmed up. Even with very slow moving water, we caught a half dozen or more 22- to 28-inch snook while targeting sheepshead. Although these snook are not where they should be at the end of January, it's always good to see them and add them to the species count for the day.

During slower tides, I also spent some time targeting docks up and down the sound. The lack of tide movement had me scrambling most days to find any kind of consistent bite. One day one dock would be good, often loaded up with sheepshead and a few redfish, then the next day it would be another dock. Basically, any place you could find mov-



Zig Black and friend from Sea Isle, New Jersey, with two quality redfish caught while dock fishing with Capt. Matt Mitchell this week

ing water and structure, there were fish to be caught.

Some of my favorite docks in the southern sound had more large sheepshead on them than I have seen all winter. A handful of shrimp chunks chummed up around the pilings and sheepshead would appear.

Some of the clearest water we have seen in the sound in months was a good set-up for trout fishing. Open water flats in the three- to five-foot range held lots of trout although most of them were on the small side or just at the 15-inch slot. Bigger trout seemed to be closer to and in the passes. When targeting deeper channels for other species I would catch a few 18-inch plus trout but it was really not consistent. Sand holes around Red Light Shoal were a good choice to pop a cork with a live shrimp.

In the afternoons I was able to fish for redfish during a stronger incoming tide action, but it was slow to average. The

big redfish of the week on my boat was a 29-incher but this fish did not really reflect most of the redfish action. Oyster bars and mangrove islands were the best places to target on the higher tides while the bigger fish of the week seemed to be few and far between and came while fishing docks.

Rarely do we have such a bad tide pattern for so many days in a row as we had this week. Most days I had pretty low expectations, although in the end things turned out pretty well.

As a fisherman, sometimes you just have to realize that if you are waiting for that perfect weather and good tides, you would never go fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com). ✨

## Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [islandsuncity@aol.com](mailto:islandsuncity@aol.com); or call Anne Mitchell at 395-1213.



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Bird walk on the beach

## Audubon Bunche Beach Bird Walk

The next Sanibel-Captiva Audubon Saturday bird walk will be Saturday, January 26 at Bunche Beach. Meet at the beach parking lot at 8 a.m. The parking fee is \$1/hour, bills only. Waterproof shoes are a must because of the tidal pools on the walk.

These bird walks are open to public and all levels of experience. A \$2 donation is appreciated. Call Hugh Verry at 395-3798 for details.✪

## Shells Found



Sheryl Collmer's junonia find

Sheryl Collmer, of San Luis Obispo, California, found a junonia approximately five inches long last Friday in the surf around Bowman's Beach. It has good color but its tip is chipped off.

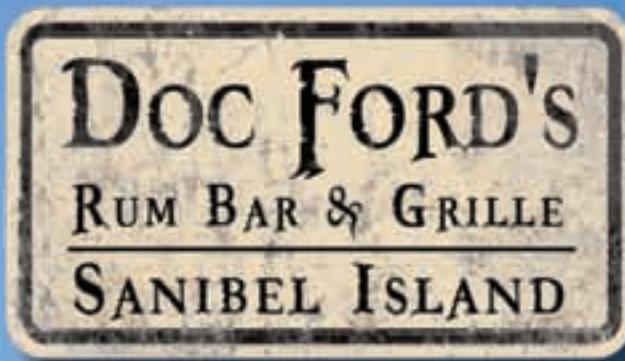
Collmer said, "I heard a lot of kidding about hotels and properties seeding junonias purchased at shell shops near their beaches. This one defies that logic because it has a battle scar. Clearly, the shell suffered damage while the animal was still alive and it regenerated its shell at the damaged area. Like most of us, it's been through some wars, but kept on going."✪

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# Bobcat Tales



Bobcat napping at Gulf Pines

There is a bobcat that calls every inch of Sanibel and Captiva home. Female bobcats may be giving birth to kits in January. Come to SCCF (Sanibel-Captiva Conservation Foundation) and learn more about these shy felines that live so peacefully amongst us. The program begins at 10 a.m. on Wednesday, January 30 at the SCCF Nature Center at 3333 Sanibel-Captiva Road. Cost is \$5 per adult with SCCF members and children are free. Following the program, take a walk on the trails to the Sanibel River, look for bobcat scat, and climb the tower overlooking the Sanibel River. Call 472-2329 for more information.✧



Loggerhead sea turtle trapped in a net

# Endangered Species Tales At SCCF

Florida has 133 animal species and 565 plants listed as threatened or endangered. Come and learn about local listed species like the smalltooth sawfish, Kemp's ridley turtle, the eastern indigo snake and a group of rare plants found by Calusa Indian mounds. Observe Indie, the endangered indigo snake who lives at the nature center. The Endangered Species Tales will be held on Tuesday, January 29 at 10 a.m.

The Sanibel Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road. Call 472-2329 for more information. The cost of the program is \$5 for SCCF members and children are free. Take a guided walk on the nature center trails or visit the butterfly house after the program.✧

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## Under The Sea Gala This Sunday

The Bailey-Matthews Shell Museum is putting the final touches on its annual museum gala Under The Sea: In an Octopus's Garden with You, which will be held this Sunday, January 27 from 5 to 10 p.m. at The Sanctuary Golf Club.

This year, the gala has a 1960s theme and the BeatleBeat Tribute Band will provide entertainment throughout the evening. Attendees are encouraged to break out their tie-dye and bell bottoms to enhance the event's retro feel.

The gala will include cocktails and dinner, a silent auction featuring a variety of goods and services donated by local merchants, and live auction items. Auction proceeds will benefit the museum's educational programs. Tickets are \$125 per person. Register online at [www.shellmuseum.org](http://www.shellmuseum.org) or call 395-2233.\*

## Master Gardeners

Attention Sanibel and Captiva gardeners: Stephen Brown returns! The 63rd Master Gardener Lecture Series will be held on Thursday, February 7 at 10 a.m. at the Sanibel Public Library. The speaker will be Stephen Brown, director of the University of Florida Extension for Lee County. His topic will be "Current Problems on Sanibel/Captiva and Nearby Barrier Islands."

For more than 20 years, Brown has been the horticultural program leader and coordinator of the Master Gardener program of Florida (which has graduated over 250 Master Gardeners in Lee County.) Additionally, he instructs and certifies all landscape professionals that apply fertilizer, pesticides, herbicides and fungicides in Lee County. He is the acknowledged expert on Southwest Florida palms, flowering trees/shrubs and all current insect infestations. Brown is a highly respected consultant to many cities (including Sanibel) destination resorts, parks, preserves and commercial nurseries.

In his "spare time," he writes a lively Q&A column in the *News-Press* weekly, and monthly articles in *Florida Gardening*. Brown maintains a current informative and dynamic website with amazing videos and down loadable fact sheets. He has established a strong working relationship with commercial nurseries, plantations and major retail establishments. He has been an invited guest to Sanibel's vegetation committee and to the city council to offer his expert opinion.

Brown's presentations are informative, current, lively and always accompanied by excellent digital PowerPoint photography. This is a rare opportunity to listen, learn and ask questions of Southwest Florida's acknowledged expert on horticultural issues. This event is free and open to the public; seating is extremely limited. His talk will begin at 10 a.m. at the Sanibel Public Library, 770 Dunlop Road.\*

## Artists Reception

BIG ARTS Phillips Gallery will host an artists reception and awards presentation for the juried exhibit Crossing the Line with Paper on Friday, January 25 from 5:30 to 7 p.m. The exhibit, featuring artworks in a variety of media that incorporates paper, is open through February 28. Phillips Gallery hours are 1 to 4 p.m. Monday through Friday and 9 a.m. to 1 p.m. Saturday.

The juror is Ron Bishop, director of the Bob Rauschenberg Gallery at Edison State College.

Awards will be given for first place (\$500), second place (\$250), third place (\$125), two merit awards (\$50 each) and four honorable mentions.

Phillips Gallery Patron Sponsor is FineMark National Bank & Trust.

BIG ARTS is at 900 Dunlop Road. For more information call 395-0900.\*



Galoucura, papier mache by Luciano DeAndrade

## Shell Found



Jeff Zwagerman with his first junonia

A junonia was found on the beach off of West Gulf Drive by Jeff Zwagerman of Spirit Lake, Iowa on January 18. Zwagerman has been coming to Sanibel for the last five years in search of the elusive shell and found it rolling in the surf.\*

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# My Stars ★★★★★

FOR WEEK OF JANUARY 28, 2013

**ARIES** (March 21 to April 19) You're eager to take on that new opportunity opening up as January gives way to February. Now all you need to do is resist quitting too early. Do your best to stay with it.

**TAURUS** (April 20 to May 20) Doff a bit of that careful, conservative outlook and let your brave Bovine self take a chance on meeting that new challenge. You could be surprised at how well you do.

**GEMINI** (May 21 to June 20) You might not want to return to the more serious tasks facing you. But you know it's what you must do. Cheer up. Something more pleasant soon will occupy your time.

**CANCER** (June 21 to July 22) As you dutifully tidy up your end-of-the-month tasks, your fun self emerges to urge you to do something special: A trip (or a cruise, maybe?) could be just what you need.

**LEO** (July 23 to August 22) Your achievements are admirable as you close out the month with a roar. Now you can treat yourself to some well-earned time off for fun with family or friends. (Or both!)

**VIRGO** (August 23 to September 22) Be sure you know the facts before you assume someone is holding back on your project. Try to open your mind before you give someone a piece of it.

**LIBRA** (September 23 to October 22) You might feel comfortable in your familiar surroundings, but it might be time to venture into something new. There's a challenge out there that's just right for you.

**SCORPIO** (October 23 to November 21) Your love of things that are new gets a big boost as you encounter a situation that opens up new and exciting vistas. How far you go

with it depends on you.

**SAGITTARIUS** (November 22 to December 21) That recent workplace shift might not seem to be paying off as you expected. But be patient. There are changes coming that could make a big difference.

**CAPRICORN** (December 22 to January 19) While few can match the Goat's fiscal wizardry, you still need to be wary in your dealings. There might be a problem you should know about sooner rather than later.

**AQUARIUS** (January 20 to February 18) Easy does it when it comes to love and all the other good things in life. Don't try to force them to develop on your schedule. Best to let it happen naturally.

**PISCES** (February 19 to March 20) A surprise decision by someone you trust causes some stormy moments. But a frank discussion explains everything, and helps save a cherished relationship.

**BORN THIS WEEK:** Sometimes you forget to take care of yourself, because you're so busy caring for others. But you wouldn't have it any other way.

## THIS WEEK IN HISTORY

- On Jan. 31, 1606, in London, Guy Fawkes, a chief conspirator in the plot to blow up the British Parliament building, jumps to his death moments before his execution for treason. He had been found lurking in a cellar of the Parliament building with 2 tons of gunpowder.

- On Feb. 1, 1884, the first portion of the Oxford English Dictionary is published. In 1857, members of London's Philological Society decided to produce a dictionary that would cover all vocabulary from 1150 A.D. to the present. It took more than 40 years to complete.

- On Jan. 28, 1915, the captain of a

German cruiser orders the destruction of the William P. Frye, an American merchant ship off the Brazilian coast. He had ordered the Frye to jettison its cargo as contraband, but the ship's crew refused. It was the first American merchant vessel lost to Germany's aggression during World War I.

- On Jan. 29, 1922, in the middle of a film, the Knickerbocker Theatre in Washington, D.C., collapses, killing 108 people and sending another 133 to the hospital. Accumulated snowfall from a blizzard collapsed the theater's roof, which fell down on top of theatergoers.

- On Jan. 30, 1933, President Paul von Hindenburg names Adolf Hitler -- fuhrer (leader) of the National Socialist German Workers Party (or Nazi Party) -- as chancellor of Germany. Hitler's meteoric rise to prominence in Germany was spurred largely by the German people's frustration with dismal economic conditions.

- On Feb. 3, 1950, Klaus Fuchs, a German-born British scientist who helped developed the atomic bomb, is arrested in Great Britain for passing top-secret information about the bomb to the Soviet Union. The arrest of Fuchs led authorities to several other individuals, including Julius and Ethel Rosenberg in the U.S.

- On Feb. 2, 1991, Hurley Haywood begins his quest for his fifth win at the 24 Hours of Daytona. In 2008, Haywood retired from full-time racing with more endurance victories (10) than any other driver.

## STRANGE BUT TRUE

- It was Martin Luther King Jr. who made the following sage observation: "Shallow understanding from people of good will is more frustrating than absolute misunderstanding from people of ill will."

- Are you a dromomaniac? If you travel compulsively, you are.

- The famed statue Venus de Milo was lost to history for nearly 2,000 years. No one knew of its existence until 1820, when a Greek peasant tilling a field on the island of Milos hit stone -- several carved blocks of stone, to be specific. Within a few weeks, archaeologists arrived and took the statue of Aphrodite to France. King Louis XVIII dubbed it the Venus de Milo and donated it to the Louvre, where it remains today.

- You might be surprised to learn that Humphrey Bogart wasn't the producers' first choice for the role of Rick in "Casablanca." An actor named George Raft was originally offered the part, but he turned it down because he didn't like the script.

- In 2010, a new species of slug was discovered in the mountains of Borneo. It is distinguished from other species of slug by its novel method of mating: It shoots its mate with a so-called love dart made of calcium carbonate and containing hormones. The researchers nicknamed the gastropods "ninja slugs."

- If you're traveling to Kansas anytime soon, be sure to remember that it is against the law in that state to catch fish with your bare hands.

- During the original run of the classic 1960s TV series "Gilligan's Island," some viewers took the show rather too seriously. Several telegrams were sent to the U.S. Coast Guard asking why the poor people hadn't yet been rescued.

## THOUGHT FOR THE DAY

"I want a man who is kind and understanding. Is that too much to ask of a millionaire?" -- Zsa Zsa Gabor

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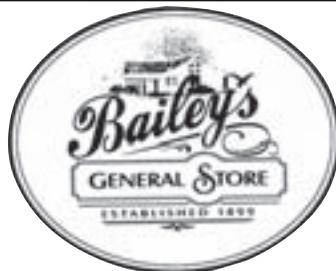
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Oriental false hawkbeard' flowers amid the invasive asparagus fern  
photos by Gerri Reaves

#### Plant Smart

## Oriental False Hawkbeard

by Gerri Reaves

Oriental false hawkbeard (*Youngia japonica*) is a member of the aster family and is native to Asia. Also known as Asiatic hawkbeard, it is categorized as a broadleaf weed.

So adept is it at spreading that it is naturalized – or sustaining itself without cultivation – in the warmer areas of every continent except Antarctica!

Depending on your perspective, this pretty flower might be the bane of existence or something not worth the trouble of eradicating.

Many homeowners determined to have the perfect lawn do not appreciate the wildflower and fund a regimen of herbicides.

On the other hand, homeowners with

a live-and-let-live philosophy might secretly admire such a resourceful plant. One could argue that it's prettier than the turf grass it easily invades. And it's certainly maintenance-free.

At least the weed is not listed as invasive, and experts do not predict that it ever will be.

The clusters of lemon-yellow flowers appear on leafless branched stems. Only about a half-inch across, the flowers – which bloom all year – resemble tiny dandelions with fringed petals.

The branched stalks emerge from a basal rosette of dark-green lobed leaves of up to eight inches long.

The plant grows one-half to two feet tall, firmly anchored by a short taproot. Hand-pulling it is an option.

The fluffy dandelion-like seeds easily travel on the wind and colonize wherever they land. Thus, the flower is as common along roadsides as it is in well-manicured lawns.

Interestingly, the nursery industry played a role in spreading this wildflower. Sprouts often travel unnoticed in plant shipments.

Medicinal uses for Oriental false hawkbeard include treatment for colds, diarrhea and sore throats.

Sources: Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, National Audubon Society Field Guide to Florida, Everglades Wildflowers by Roger L. Hammer, and freshfromflorida.com.

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Oriental false hawkbeard is a widespread non-native wildflower

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Injured gopher tortoise being grazed

patients, with commentary by Claudia Burns, a veteran clinic volunteer. The next CROW Picture Show is on Friday, January 25 at 11 a.m. in the CROW Healing Winds Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is \$5 for adults, \$3 for teens, and free for members and children 12 and under.

The fee includes the presentation, plus the opportunity to explore the hospital's hands-on educational facility and become familiar with CROW's efforts to save wildlife through compassion, care and education.

For more information, call 472-3644 ext. 228 or visit [www.crowclinic.org](http://www.crowclinic.org). ✨

Baby gopher tortoise

photos courtesy of CROW

## An Inside Look At Wildlife Recovery

The CROW Picture Show offers an insider's look at why critters come to CROW (Clinic for the Rehabilitation of Wildlife) and features photos of the wild animals who wind up there.

Last year, Southwest Florida's only wildlife hospital cared for 4,253 sick, injured, and orphaned animals. Of the 200 different species, 58 percent were birds, with 36 percent mammals and six percent reptiles/amphibians.

Due to restrictions imposed by governmental agencies, CROW cannot allow visitors to view patients in person. But in this 30-minute presentation, visitors will see numerous photos of current and past

## Shell Found



Kim and Douglas Fox

Kim and Douglas Fox of Lake Lotawana, Missouri, found a true tulip near White Caps while staying at Duggers Cottages on Sanibel. ✨

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## Bird's Eye View

## The Value Of Black And White



by Mark 'Bird' Westall

The other day someone told me that they enjoy reading my articles even though I sometimes "philosophize" a little too much. Well, I can't help it. That is just the way

I am. I have always been a dreamer of how things could be and am reminded of a quote that is quite often attributed to Robert Kennedy, but actually first appeared in a George Bernard Shaw play. It goes something like this, "There are those that look at things as they are, and ask why? I dream of things that never were, and ask why not?" Humanity will never reach its potential level of "enlightenment" unless it takes those words to heart!

But with Martin Luther King, Jr. Day just happening last Monday and me coincidentally using the above title for this particular article, before you start thinking that I am really getting away from my field of expertise, let me assure you I am going to talk about birds.

Have you ever noticed that there are a lot of white birds in Florida? At first glance, it almost seems as though natural selection has made a mistake. For a bird to evolve white feathers puts it in serious jeopardy of being easily spotted while feeding in the wetlands. Shouldn't all birds look like the shorebirds on the mudflats that many times are almost impossible to see because of their camouflaged coloration?

But white reflects heat and since "conservation of energy" is one of the most, if not the most, important factor in an individual's and, as a result, species' survival. If you are not efficient at conserving energy, somebody else who is will out-compete you. Since the color white does reflect heat, it takes less energy for a white bird to maintain lower body temperatures in a warm environment, thus their prevalence.

I always feel sorry for the adult double-crested cormorants you see in the summer because they are almost always panting while resting on the sandbars at the water control structures along Wildlife Drive. And I will quite often joke with the folks on my tours that before all of the out-of-state and rental cars started coming down here from northern climates, you almost never saw a black car in Florida. They just absorbed too much heat sitting in the parking lots in the summer.

So we have a lot of white birds. However, I am sure you have heard the phrase, "There is no such thing as a free lunch." For every benefit that evolves, there is quite often some sacrifice that must be dealt with. As I mentioned above, their white color makes them more visible to predators (maybe that is one reason why most white birds are very social birds; safety in numbers). And feathers, in general, are not the most protective of armor for an animal to use in a

violent world. But even though the very structure of the feather is very delicate, they are very efficient when it comes to flight so they have survived the test of time. To compensate for the lack of structural strength, birds have evolved the ability to "molt" and replace their feathers periodically.

But out of all the delicate feathers that birds present for our viewing pleasure, white feathers are the most delicate of all. That is because white feathers are totally lacking in the pigment known as melanin. Melanins occur as tiny granules of color in the feathers of some birds and depending on their concentration and location can produce colors ranging from the darkest black to reddish browns and pale yellows. The real value that melanin

provides, however, is it gives structural strength to the feather. And since white feathers have no melanin, it can be difficult for them to survive from one molt to the next.

Now, many of the white birds we see on the mudflats of the refuge seem to have been able to survive just fine with their incredibly delicate white feathers. But a few of the heavier white birds have had to evolve special adaptations in order to be able to continue flying from one molt to the next. Here at the local level, our wood storks and white pelicans are big; heavy birds whereby just flying through the air beats the tar out of their feathers. As these big birds fly through the air, their flight feathers experience the greatest resistance as that is where the

greatest turbulence and drag on the wing occurs. Thus, these birds have evolved black flight feathers. Many other big birds have also done so, such as snow geese, whooping cranes, flamingoes... even great blue herons.

White ibis, on the other hand, are not big, heavy white birds, but I have noticed that they will feed on the mudflats until the tide comes all the way up to their belly. Waiting to leave the mudflat until the last possible moment means that when they finally take off, they hit their wingtips on the surface and, thus I suggest, have evolved black wingtips. I think this might be a similar reason gulls quite often also have black wingtips.

A final note about natural selection

continued on page 34

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## Fish Caught



Betsy Haas with her catch

Betsy Haas of Sanibel, who was fishing on the Sanibel Fishing Pier with her husband, Larry, caught a 38-inch snook on light tackle right underneath the pier. "What a thrill!" she said. ✨

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## Shells Found



Ann Jacono

Ann Jacono, "almost 60," of Philadelphia, Pennsylvania found a junonia, an alphabet cone and a banded tulip along West Gulf Drive while staying at Lake Murex Circle on January 17. Jacono said that she's "enjoying the winter in paradise." ✨

## Fish Caught



Jack Koc and 'Indy' Pati with their catch

This past Sunday, Jack Koc and "Indy" Pati caught eight keeper-sized trout, ranging from 18 to 22 inches. "On the north side of the causeway, look for shallow water and grass flats. All you need is live shrimp and a bobber and you will catch them," said Karen Pati. ✨

## Fish Caught



Nick with a 32-inch snook caught while fishing the waters off Matlacha

Nick from Iowa caught this 32-inch, 10-pound snook using white bait while fishing with Clarence from Sea Reed Charters in Matlacha. ✨

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## Drama, Romantic Comedy Films At BIG ARTS

**B**IG ARTS Film Society's Monday Night Film Series brings critically acclaimed independent and foreign films and documentaries to Sanibel. The movie experience at BIG ARTS is more than just a film showing. A group of enthusiastic film buffs lead informed post-movie discussions, complemented by refreshments. All Monday Night Films are \$8 and begin at 7 p.m. in Schein Performance Hall.

Viewers will enjoy the quality of a Blu-ray Disc player, high-definition projection equipment and surround sound. Assistive listening devices are available.

February Monday Night films:

February 4 *Elena* (2011) Russia; Not Rated.

February 11 *Romantics Anonymous* (2010) France/Belgium; Not Rated.

February 18 Surprise Film: To be announced February 11

February 25: No Monday Night Film, (BIG ARTS annual benefit)

*Elena* premiered in the Un Certain Regard section at the 2011 Cannes Film Festival where it won the Special Jury Prize. The film depicts the social and cultural distance between the inhabitants



of an exclusive apartment in downtown Moscow and a crumbling housing project in Moscow's industrial suburb. It was a *New York Times* Critics Pick, and *New York Times* film critic Stephen Holden describes the film as "gripping and brilliant."

*Romantics Anonymous* is a clever romantic comedy directed by Jean-Pierre Améris, starring Benoit Poelvoorde and Isabelle Carré. It's the story of an easily



embarrassed chocolate maker and her boss, a panic-prone chocolate company owner. Will they act on the chemistry they feel for each other? The film won the Magritte Award for Best Foreign Co-Production. Of the film, Stephen Holden writes in *The New York Times*, "... the tale of two pathologically shy chocolate makers who are meant for each other but are too afraid to connect is a mug of warm cocoa with marshmallow topping that produces a comfy feel-good glow."

The film for the final Monday of each month will be selected and announced

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## Classical Concert Series Presents Brasil Guitar Duo

**B**IG ARTS will present a classical concert featuring Brasil Guitar Duo, Thursday, February 7, at 7:30 p.m. .

Hailed by Classical Guitar magazine for its "maturity of musicianship and technical virtuosity," Brasil Guitar Duo seamlessly blends traditional classical and Brazilian works. Members João Luiz and Douglas Lora bring a broad and diverse repertoire to their performances, combining the works of famous classical composers such as Bach, Sor, and Debussy with the traditional music of their native land. Among the duo's recent accomplishments are a performance at Weill Recital Hall at Carnegie Hall, performing with the Dallas and Houston Symphony Orchestras, an appearance at the Aspen Music Festival, and winning the Concert Artists Guild International Competition. In addition, they performed a collaborative program with soprano Sarah Wolfson at the Chautauqua Festival and the Cooperstown Chamber Music Festival.

Their program will include Mario Castelnuovo-Tedesco: *Two Preludes & Fugues, Op. 199* Jean-Philippe Rameau: *Pièces de Clavecin*; Heitor Villa-Lobos: *Bachianas Brasileiras, No. 4 Lora: Valsa and Posludio*; João Luiz: *Fuga and Djavan's Portrait*; and Egberto Gismonti: *A Fala da Paixão* and *Forrobojó*.



**Brasil Guitar Duo**

photo by Janette Beckman

Brasil Guitar Duo concert supported by Grand Patron Sponsor Patricia & Davis Thurber and Sponsor Bunny & Joel Ospa.

BIG ARTS is located at 900 Dunlop Road, Sanibel. Tickets are general seating: \$42, loge: \$47, student/child: free with adult [www.BIGARTS.org](http://www.BIGARTS.org) for more event information including links to artists' sites. To purchase tickets stop by BIG ARTS or call Marks Box Office at 395-0900.\*

## Pianist Priscila Navarro In Concert

**B**IG ARTS will present a classical concert featuring pianist Priscila Navarro on Sunday, January 27, at 3:30 p.m. BIG ARTS is located at 900 Dunlop Road. Tickets are general admission \$32, student/child free with paying adult.

Navarro, winner of the 2011 and 2012 BIG ARTS/Kenneth L. Nees Classical Music Scholarship Award, currently studies piano performance at Florida Gulf Coast University's Bower School of Music. A native of Peru, she has performed at the Corsi Internazionali di Musica in Perugia, Italy, and is a past winner of the Florida Music Teachers Association Gray Perry and Byrd Piano Competition. In January 2012, she won the 20th Annual International Chopin Competition in Corpus Christi, Texas. She was the youngest contestant in the competition. As part of the prize, she will perform at Carnegie Hall in March.

Navarro's BIG ARTS program will include Bach: *Tocatta in C minor, BWV 911, Op. 11*; Chopin: *Sonata No. 3 in B Minor, Op. 58*; Liszt: *Liebestraum No. 3 in A-flat major, Op. 62*; Schumann and Liszt: *Widmung*; Wagner and Franz: *Liebestod* from "*Tristan und Isolde*," and Liszt: *Spanish Rhapsody*.

The final Classical Afternoon Series concert is the Indiana University Jacobs School of Music Starling Chamber Players, Sunday, February 12.

Classical Afternoons supported by Grand Patron Series Sponsor Deborah and John La Gorce.

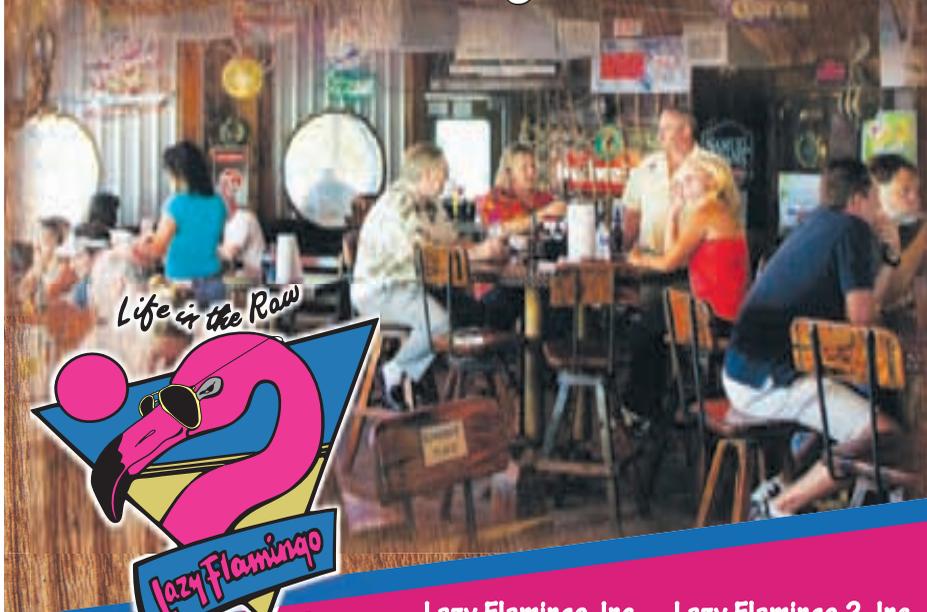
For more information or to purchase tickets, visit [www.BIGARTS.org](http://www.BIGARTS.org), stop by BIG ARTS or call Marks Box Office at 395-0900.\*



**Pianist Priscila Navarro**

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Tree swallows swarm wax myrtle bushes by the hundreds outside SCCF's Nature Center. One of the few birds that can digest this berry, tree swallows migrate further south than most swallows taking advantage of this rich source of food. The many eyes of an entire flock of swallows help spot a tasty bush. What still amazes SCCF's staff is why one shrub can be stripped and a neighboring shrub will remain untouched for a couple of weeks  
photo by Karen Nelson

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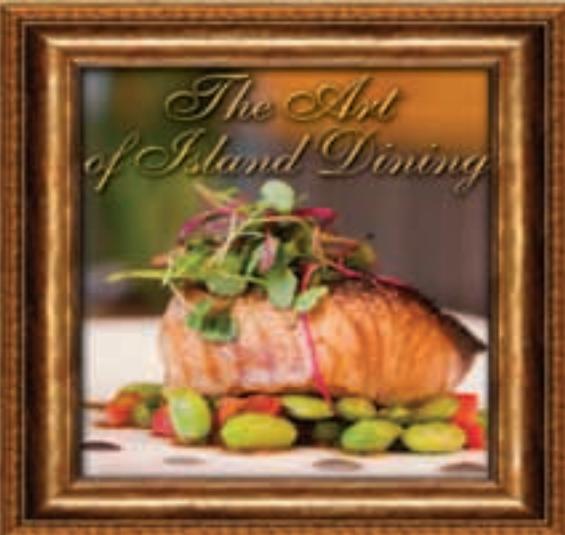


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From page 29

## Bird's Eye

and my explanations of how it works: I am always afraid that when I tell people that a certain species has evolved a physical trait or behavior they may start thinking I am trying to suggest that somehow an individual in that non-human species got into a committee with others of his own kind and consciously, purposefully decided to evolve in that direction. No! It is a trait that comes along by chance; the trait finds success within the population and, therefore, the trait is eventually perpetuated throughout the species.

I would not be too surprised to find out that sometime in the long, distant past, there were white ibises with white wingtips, along with those with the black wingtips that we see today. But those with white wingtips continually broke off the ends of their wings before the next molt could replace those flight feathers.

Now, having shorter flight feathers for a few months did not mean those birds could not fly; but it did make them a little slower than the ibises with black wingtips. Having shorter wings meant that when an aerial predator like the bald eagle flew over the mudflat and spooked the birds, those birds with shorter, less efficient wings, were more consistently trailing behind the rest of the flock and the eagle weeded them out of the system. Therefore, those birds with black wingtips were just a little bit more fit when it came to survival and they were the ones who got to pass on more of their genes.

I am constantly fascinated by how life has adapted to all the various niches that exist on this little planet of ours. I have found that even when humans are not smart enough to understand why a certain trait survives while another passes out of existence, there is always a logical reason behind it.

A former city council member and mayor, Mark "Bird" Westall has owned and operated Canoe Adventures, Inc. on Sanibel for over 33 years. Visit [www.canoewithbirdwestall.com](http://www.canoewithbirdwestall.com) for more information.✱

## Shell Found



Tim Cunningham

Tim Cunningham (50) of St. Paul, Minnesota found a junonia north of Bowman's Beach while staying at Beachview Cottages. Tim said "We had extended our stay one extra day and it sure was worth it."✱

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## Cuban Fishing History Tour With Dr. John Worth

People began fishing in the waters of Pine Island Sound more than 5,000 years ago, and that rich fishing ground supported the powerful Calusa Indians up to the early 1700s. However, a little-known story is that of the Cuban fishermen who came up to Florida from Havana beginning in the 1680s. Cuban fishing rancheros dotted many islands in Pine Island Sound until the mid-1800s. Learn more about this Cuban fishing period from Dr. John Worth on a tour sponsored by SCCF and offered through Captiva Cruises on Friday, February 8 at 1 p.m., departing from McCarthy's Marina on Captiva.

Currently an Associate Professor in Anthropology at the University of West Florida and formerly the Assistant Director of the Randell Research Center at Pineland, Dr. Worth will discuss the origins and history of the earliest Cuban fishing industry in Southwest Florida. He has studied the Spanish Florida period extensively, researching historical documents in both Spain and Cuba. He is an anthropologist specializing in archaeology and ethnohistory of the European colonial era in the Southeastern United States. Currently an Associate Professor of Anthropology at University of West Florida, Dr. Worth has also served as anthropologist at the Fernbank Museum of Natural History in Atlanta and Assistant Director of the Pineland Site in southwest Florida. He is the author of a number of articles, chapters and books on Florida archaeology including *Timucuan Chiefdoms of Spanish Florida: Volumes 1 & 2* for which he received the Rembert Patrick Award for best scholarly book on Florida history in 1999. Dr. Worth is actively involved with documentary research related to the Tristán de Luna Expedition to Pensacola Bay between 1559 and 1561 and also leads the archaeological team that discovered and is excavating the long-lost remains of Mission San Joseph de Escambe founded in 1741.

He will begin with the initial contacts of Cuban fishermen with the resident Calusa Indians during the 1680s, their continued fishing in the region during the Calusa's retreat to the Florida Keys and Cuba by 1760, and the subsequent interactions and eventual intermarriage with immigrant Creek Indians during the British, Second Spanish and American Territorial period. This was followed by the eventual demise of this phase of the Cuban fishing industry during the Second Seminole War, and the removal of the fishermen's Spanish Indian families to Oklahoma.

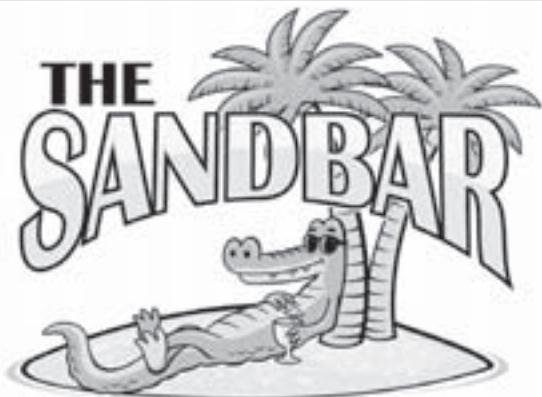
The Friday, February 8 cruise departs from McCarthy's Marina on Captiva. Check-in is 12:30 p.m. for 1 p.m. departure; return at 3:30. Dress comfortably for the weather. The fee is \$45 per person plus \$5 per car for parking. Reservations are required. Call Captiva Cruises at 472-5300. Space is limited.

Dr. Worth will also be speaking at Koreshan State Park on Saturday, February 9 as part of the Conquistadors and the Calusa program, a Viva Florida 500 event commemorating the 500th anniversary of Ponce de Leon's discovery of Florida in 1513. The program, from 1:30 - 4:30 p.m. with a reception to follow, is sponsored by the Lee Trust for Historic Preservation in partnership with the Florida Humanities Council. Space is limited and advance registration is requested by emailing [MakingHistoryMorable@gmail.com](mailto:MakingHistoryMorable@gmail.com) or consider viewing online at [www.leetrust.org](http://www.leetrust.org) on Tuesday, February 12 at 1:30 p.m. For more information visit [www.leetrust.org](http://www.leetrust.org) or call Theresa Schober at 851-9040.✱



Early fishing boat on which Cuban fishermen made the 200-mile journey by sail from Havana to Pine Island Sound for the abundant fishing

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## CROW's Wonders Of Wildlife



Juvenile eastern spotted skunk

The Clinic for the Rehabilitation of Wildlife (CROW) will be offering daily Wonders of Wildlife presentations at its Healing Winds Visitor Education Center, 3883 Sanibel-Captiva Road. All presentations begin at 11 a.m., and a \$5 donation is requested. There is no charge for members or children 12 and under.

From page 15

## 'Ding' Darling Fundraising



The DDWS Board of Directors recently visited the Woodring property it strives to purchase

"With a successful campaign, this land purchase will protect rare bay beach habitat that more than 80 different land and marine species call home or visit for food and shelter," said DDWS President John McCabe. "Our goal is to raise \$1.4 million for the land purchase.

"The Education Center, which hundreds of thousands of people from around the world visit annually, is vital to the refuge's mission of conservation education," he added. "Built and equipped over a decade ago, it will benefit from this campaign with the replacement of obsolete technology, the repair and updating of exhibits, and improved public access, including an elevator. To properly enhance the Education Center, we hope to raise an additional \$400,000, for a total of \$1.8 million."

The partnership of Lee County with the refuge to purchase and manage the property depends upon DDWS's ability to raise the additional necessary funds to save one of the last remaining bay beach properties on Sanibel.

"With a time-sensitive fundraising deadline of September 2013 to purchase the Woodring property, we will need major gift commitments to this campaign in order to be successful," said Sprinkle. "We look to our supportive community to help us save an environmentally crucial and historic parcel of Sanibel Island."

For more information, contact DDWS Executive Director Birgie Vertesch at 292-0566 or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).

Admission includes the opportunity to explore CROW's interactive visitor education center both before and/or after the presentation.

The week's schedule is as follows:

Friday, January 25 - "Why Animals Come To CROW?" presented by volunteer Claudia Burns. Do you ever wonder why and how animals wind up at the Clinic for the Rehabilitation of Wildlife?

Saturday, January 26 - "Florida Felines" presented by staff member Maureen McLaughlin. There are two cat species in Florida: the Bobcat and the Florida Panther, and although both are solitary animals, their populations are being threatened. You will learn about both species, their current conservation status, and how CROW's medical staff treats and rehabilitates our patients at the hospital.

Tuesday, January 29 - "CROW's Aquatic Patients: Freshwater and Sea Turtles" presented by volunteer Beverly Ball and staff member Rachel Rainbolt. Of the 26 types of turtle species found in Florida, 18 are freshwater turtles and five are sea turtles. You will learn about the species that are native to Southwest Florida as well as how CROW's medical staff treats and rehabilitates our patients at the hospital.

Wednesday, January 30 - "Rescue and Release: A History of CROW's Patients" presented by volunteer Denny Toll. With his 13-year history of rescues, releases and patient support, he will give you an insight of CROW's efforts to save wildlife in addition to tips on how you can save wildlife in the community, too.

Thursday, January 31 - "Clinical Rounds" presented by extern Russell Martin. CROW operates educational externship and fellowship programs for undergraduate natural sciences and veterinary medicine students. Come out and learn what patients are currently in the hospital and how our students learn to treat over 4,000 patients a year.

For more information, call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

## Duplicate Bridge

On January 15, there were 10 tables play at the Sanibel Community Association. The winners were:

### North/South

1. Dorothy and Irwin Levy
2. Helene Keller and Ted Peck
3. Ann Cooper and Barbara Johnstone
4. Connie Braun and Myra Fisher

### East/West

1. Karen and Geoffrey Moss
  2. Mary and Dick Butler
  3. Evelyn Hance and Mary Zurborg
  4. Lydia and Walter Freedman
- The game runs for six months - November through April - at 1 p.m. every Tuesday at The Community House, 2173 Periwinkle Way. For further information, call Susan Willoughby at 281-3258.

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## Shissler Donates To Wildlife Sanctuary



Fleur Wales-Baillie, left, CEO of the Khumbula Thina Trust, accepts a donation from Sanibel resident Ada Shissler. The donation will fund the new water project at the 6,200-acre wildlife sanctuary located in northern Zululand. Khumbula Thina Trust is a 501(c)3 not-for-profit private operating foundation. The name of the mountain preserve literally means "Remember Us" in Zulu. To make a donation by phone, call 304-261-3660 or 304-947-7309. Donors may also send an email to [twoleopard@aol.com](mailto:twoleopard@aol.com). For additional information, visit [www.khumbula.org](http://www.khumbula.org).



Holly Maiz and Virginia Jones

## Passion And Play With Maiz, Jones

Have you played today? Does passion shape your life? Just in time for Valentine's Day, Holly Maiz and Virginia Jones offer the second Secret Signals Wednesday Wisdom seminar – Passion and Play – at The Community House. This seminar on February 6 at 5:30 p.m. will include practical knowledge and playful activities to help participants rediscover passionate living.

Maiz and Jones note that "play and passion" refers to an attitude. A playful, open attitude, not focused on goal or structure can be brought to any activity. Just as our need to sleep, eat, move and be together are human needs; the need to play can be seen through all cultures past and present.

Passion, the ability to feel strongly and care deeply, is like the volume control or the fuel for play and creativity. A passionate approach enlivens any thing you do. Enjoyment and self-expression are the consistent characteristics of both passion and play. Passion and play are necessary – not optional – for a well-lived life.

Passion and Play is about staying open to new experience, rather than becoming regimented in habitual behaviors. It is easy to take comfort in a sense of security in the sameness of our days. Although time saving patterns are necessary, bodies and minds are stimulated by risk taking and novelty. Just as muscle is encouraged to grow by new and increased demands, so are all aspects of being.

A playful and passionate approach to living allows us to adapt to changing circumstances. It is a form of natural intelligence, and we are drawn to it by our biology. However, in our current culture, creativity is often relegated to a specific task and play is defined as an organized game or sport.

As humans, we tend to operate in the world using our brain, comparing the present with the past, in an attempt to predict the future. This maximizes safety. However, the by-product is that input is often limited, and possibilities may become constricted. Over time, thoughts and behaviors become overly habitual, and potentially lack vitality.

Passionate play can mitigate the effects of stress and combat some of the effects of aging by encouraging imagination, curiosity, discovery, flexibility, problem solving and self-knowledge. It can help us work through uncomfortable experiences and can be a source of both stimulation and relaxation. Vigorous play increases endorphins and helps us distance from pain and fear. Playing with others can foster connection, promote bonding, social skills and help develop empathy, compassion, trust and intimacy. Solo play cultivates an appreciation of solitude and self-reliance.

With Passion and Play as its focus, the February 6 Wednesday Wisdom seminar will be an educational and experiential workshop for people from all walks of life. Whether play comes easily and passion is pervasive or if you want to add more color or spice there's always room to grow. Maiz and Jones will provide an environment in which participants will actively explore what play means and where passion can enter their life.

To register, call or text 699-4545 or 898-1047, write to P.O. Box 821, Sanibel, FL 33957 or use "contact us" at [www.SecretSignals.net](http://www.SecretSignals.net). Early registration is \$20, at the door is \$25. The third seminar in the series – Loss and Living – will be held on April 10.\*

## Book Discussion At Sanibel Library

The Sanibel Public Library offers a variety of programs. This month, join us on Wednesday, January 30 at 2 p.m. for a book discussion and signing of Dr. Morton E. Tavel's book *Snake Oil Is Alive and Well: The Clash Between Myth and Reality; Reflections of a Physician*.

Sue Draper Lowe will be at the library on January 31 for her program, Aunt Militia: Finding Treasures In Your Attic. The program will begin at 2 p.m.

Both of these programs will be held in Meeting Room #4 of the library. Open to the public, there is no charge to attend.

Adult programs at the Sanibel Public Library are made possible with funding from the Sanibel Public Library Foundation, Inc. and its generous donors. To make a contribution to the Foundation, contact the library at 472-2483 or by mail: Sanibel Public Library Foundation, Inc., 770 Dunlop Road, Sanibel, FL 33957.\*

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## Portraits In Print

by Jane Vos Hogg



### Peaceful Piecing

Each Thursday morning at 9 you'll find them at the Sanibel Community Church, a scattering of women creating patchwork items. They're called the Joyful

Piecemakers and they've been sewing together for about a dozen years. Martha Howard and Mary Shufelt, both full-time Sanibelians, meet year round. Off-season their numbers often drop to four but at busier times there might be as many as 15 in the room.

The stitching may be silent but not so the stitchers. One project on everyone's mind is their semi-annual show to be held in the church's historic chapel March 9. Most members will want to have at least one submission on display at the event. Entries range from quilts on down to wearable items, carryables and imaginative accessories. The end result – a visual picnic.

Martha Howard (the den mother of the group) has been involved with quilts for years. Sewing is her thing. She likes it. "Long ago, when I was still in high school and a 4H'er, I entered my first county fair in Portage County, Ohio. I won best in show for my dress. I still

have it in a closet! It just doesn't fit me anymore," she says with a laugh.

Around the room, their work spread out over a number of tables, a dozen crafters are busy creating. One is getting her blocks together; another is arranging her rows. Suddenly a scream from one of the ladies laying out her work.. "I've done something wrong!" Several women, Martha included, rush over to see what need be done. "It's alright. Nothing's wrong." Martha shifts one piece slightly explaining "it was just out of line a bit so it looked wrong." Clearly audible: the sigh of relief.

Attention shifts when Martha calls everyone over to watch her teach a new technique using her computerized sewing machine. Stressing that she was winging it, she demonstrated how it was possible, taking a skinny strip of fabric, to create a line which would then become the vine running up between squares. She pauses, touches a spot on the computer screen to indicate a stitch change, and whirs along. A lesson learned all around... the crafters learned technique and I learned that mechanized machines seemed to be overtaking that long ago world of needle, thread and thimble.

Adjacent, Mary is working away at her machine, ancient by contrast. Dating back to 1932, it belonged to her mother who always told her daughter, "You get my diamonds and my sewing machine when I'm gone." That day came 17 years ago and the machine, still used, sews on today. "I do have a

newer one," Mary admits, "but this is great."

At Christmas the quilters enjoy making small gifts for each other... fobs to hang on their scissors since they often get misplaced... neck-hung scissor sacks for convenience... small zippered bags with the crafters favorite colors... at the same time they all create dozens of things to be sold at the church fair fundraiser.

One crafter showed me a quilt for a kid. It takes nine squares to make each one. "I give these to the Southwest Florida Quilters Guild. They take them to hospital and abuse centers... for children who really need them. The day I delivered mine it joined a pile of 50 already collected from numerous women. "Another woman explains, "When I do one with 14" squares... 12 of them make a lap sized cover. I use fleece backing because it is soft and comforting." Where do her blankets end up I wondered. "I like mine to go to people too ill to go outside much of the time. When they sit and read or watch television these small blankets feel cozy."

A different quilter explains, "Back home we meet weekly, once a month it's charity quilting and the rest of the time just for fun." My "What do you like about it" gets her quick response: "The sewing aspect and the creativity. In high school I got A in sewing and D in cooking... gave me a hint about my possible direction. During my near 30 years of full-time employment I had no time to sew but now that I'm retired I sew con-

stantly."

Meanwhile, Carol, scrap in hand, is hunting for a perfect color match for something she's planning, a search made simpler because the group has dozens of neatly stacked plastic bins each containing endless assortments of fabric. "Weeks ago I turned the group on to making pillow cases for kids entering the hospital... we did 40 that day and took them to Connkercancer, an organization which distributes them to children with life-threatening illnesses, gives them something to smile about."

At this point others began to recall past giving projects undertaken: 100 Christmas stockings for children one year; a pile of neonatal quilts so infant isolets remained darkened; and of course the never-ending prayer quilts, some hand-delivered, others mailed all over the U.S., each one letting its recipient know someone, somewhere is praying for them and taking time to show it.

Newly finished is a lap quilt completed for the ill husband of one of the group's members. Thirty-two different squares, all blue and white patterned, with subtle jots of red to repeat the fleece backing because his favorite chair is red. I ask if they've ever done a group something really big. "Last year," says Martha, "we all worked on one which we presented to our pastor, Daryl Donovan, for his 10th anniversary here at the church. The finished squares were sent to me and I put it together.

continued on page 46



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**City Manager Judie Zimomra and Andy Boyle of Ocean's Reach**

From page 7

## City Staff

investment in light of the losses to guests and the costs of the increased patrols and police activity surrounding these crimes.

Chief Bill Tomlinson joined the City Manager to recognize that these thefts impact not only guests but also the reputation of the island. All of the victims have been weekly visitors. In some cases, the victims did not immediately alert the police, either because they didn't want to "bother" the police or because the wallets and purses were in the units and victims didn't realize for some time that cash had been removed. Either situation leaves a cold trail for the police to try to follow. The chief believes the burglar is someone familiar with the properties, whose appearance fits in. The chief also encourages property owners and staff to pay attention to everyone using their parking lot. Call 911 if a suspicious vehicle or unusual activity is spotted. The chief asks residents and staff not to approach



**Dru Doyle of Ocean's Reach and Chief of Police Bill Tomlinson**

a suspect, but to call the police without delay. The police are anxious to catch this burglar and know many watchful eyes and timely calls will help. False alarms are a part of the process and fear of that should not stop anyone from immediately reporting something questionable.

Natural Resource Director James Evans told us about pests of another kind. There has been an outburst of a bug called Rugose Spiraling Whitefly. As with all new infestations, it is bad at first, but eventually will come under control through natural predators. There are only two known pesticides effective against this particular strain of whitefly. Using any other pesticide will not affect the whitefly and may well kill the beneficial pests which will eventually contain and control it. The city published and distributed a brochure which outlines the nature of the pest and remedies. Copies were distributed at the meeting and are available on the city website and at City Hall.

Slight occurrences of red tide developed in Sarasota in mid-September and

began to show up in Lee County in late September. This has resulted in patchy blooms and small fish kills.

The island is 90 percent free of Brazilian pepper. The city continues to work with residents and conservation lands with the goal of eradicating that species from the island.

The 2012 tropical storm season resulted in erosion along Sanibel's beaches at several locations including Lighthouse Beach Park, West Gulf Drive in the vicinity of West Wind Inn to Island Inn, and south of Blind Pass. Two beach renourishment projects scheduled for 2013 may help those situations. The first is the dredging of Blind Pass by Lee County Natural Resources in January. The second is scheduled by the Captiva Erosion Prevention District for the summer, but is dependent on federal funding. James reported that these renourishment projects will directly address the erosion that has occurred south of Blind Pass. It is also anticipated that as a result of longshore drift – the currents that transport sediments south along Sanibel's beaches – there will be ancillary benefits and some accretion along beaches from Blind Pass to Knapp's Point. This should help mitigate the erosion along West Gulf Drive. Lee County has recommended that the city reschedule its annual survey of the island to ascertain the location of near-shore sand; that has been approved. The full staff report with pictures is available at [mysanibel.com/CityCouncil/2013Agendas/January15th/AgendaItem11.a.ii.1](http://mysanibel.com/CityCouncil/2013Agendas/January15th/AgendaItem11.a.ii.1).

Keith Williams is the new Public Works Director. He replaces long-time director Gates Castle, who literally hit the jackpot – to everyone's delight – netting \$2.7 million in the Florida Lottery during the past year. Williams reviewed the numerous Public Works projects underway, including expansion and at some points widening of the shared use path and moving toward completion of the sanitary sewer system. Capital improvements scheduled for 2013 include improvement to the road and widening of the shared use path on East Periwinkle Way, a new shared use path at Bowman's Beach, resurfacing some of the roads and a second restroom facility at Lighthouse Beach. It was noted that markers for the project on East Periwinkle Way include right of way boundaries.

Planning Director Jimmy Jordan oversees the Planning Department and Code Enforcement. The City is in the visioning stage of a Commercial Redevelopment strategy to enhance that district. They are also considering a "nuisance property ordinance" to address the few abandoned properties on the island. Jordan reminded properties to register for build back. The build back ordinance was adopted several years ago. It gives non-conforming properties that may be destroyed by natural



**Mary Nelson of the CASI Board and Beachcomber, Natural Resources Director James Evans and CASI President and Somerset's Linda Naton**



**Carmine Rende of the CASI Board and Sundial East, Linda Naton, CASI President and Somerset, and Ric Base of the Sanibel and Captiva Islands Chamber of Commerce**

disasters the right to reconstruct what lawfully existed before destruction, even if that same construction would not be allowed under today's Sanibel code. State and federal codes still apply. The purpose of build back registration is to put documentation into the city files of what currently exists on a property. There is no fee to register.

During the question-and-answer portion of the program, Loggerhead President Sharon Murphy asked what can be done to get the cell tower on the east end erected. She detailed reception problems. The city granted permits and leases for a tower to Verizon two years ago. The deadline for construction to begin is the end of January. The city has been actively encouraging Verizon to begin construction or file for an extension. This would be preferable and more timely than finding a new contractor.

Ten years ago, the city adopted a lighting ordinance, known then as Dark Skies. The deadline for compliance is February 2014. Properties installing any exterior lighting, including lanai lighting, before then should review this ordinance. It is at [mysanibel.com/CityCode/Municode/lighting](http://mysanibel.com/CityCode/Municode/lighting). The city will be issuing a brochure to generally outline the requirements. All properties will want to ascertain that they are in compliance before the deadline, almost a year from now.

A Better Bugman was the sponsor for this breakfast. This is a small, locally owned business with partners who have been in the business for many years and were raised here. Owners Cliff Daniels and James Lambeth work with a number of condominiums, conquering spiraling whitefly and other pests successfully and at an agreeable price. To offset the image of nefarious pesticide applicators, these bugman show their sweet side through their bee business. They brought the honey they produce and it was judged to be delicious by CASI members.✱

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## China's Rise, Story Of The Century



by Max Friedersdorf

**F**ormer GOP presidential candidate Jon Huntsman, addressing a sellout crowd last Sunday evening at the Forum at BIG ARTS in Schein Hall, predicted the rise of



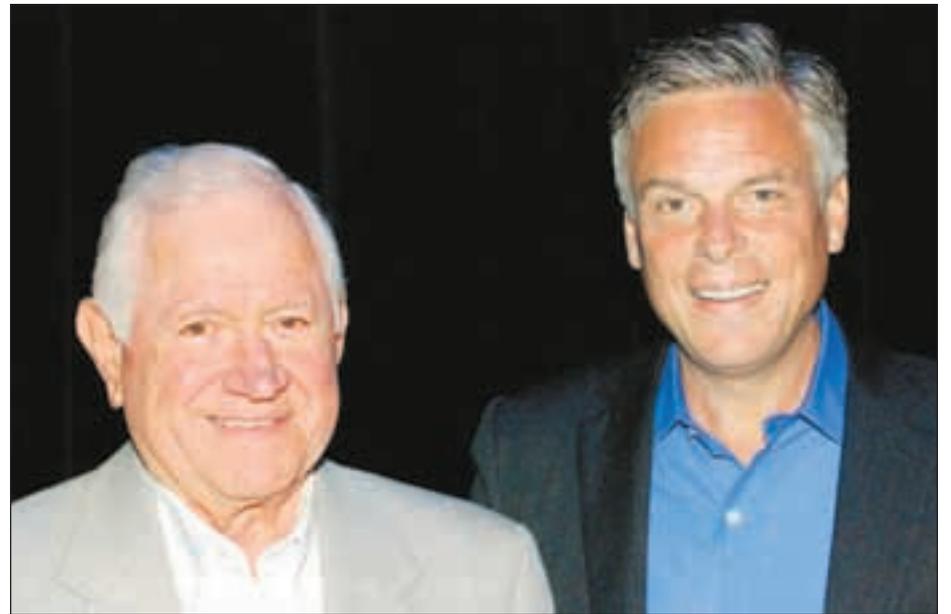
Jon Huntsman

leave you."

Huntsman said his presidential nomination bid was doomed when Bill Clinton commented "that Huntsman is a Republican I could support" and film maker Michael Moore also endorsed him.

Huntsman said when he arrived in China in 2009 as President Obama's envoy, the world's largest nation with 1.2 billion population was little impacted by the global financial collapse in the U.S. and Europe.

Describing America's relationship with China as a marriage that "we have to make work; the reality is complex,



Dick Wright and Jon Huntsman

nanced, and challenging," Huntsman added.

Huntsman, who also served as governor of Utah (2005-2009) and ambassador to Singapore, described technology as the driving force in our China relations. "We cannot conceive of the advances to come," he opined.

During the question period, Huntsman was asked about the Chinese military build up which he described in terms of \$110 to \$120 billion per year for China compared to \$650 billion for the U.S.

"They have not fought a war in a

long time. The last was with India in 1979. This means their military doctrine is dated. The biggest risk is a miscalculation by a rising power. Think Athens and Sparta; think 1914; think 1939. We have to be delicate and judicious," Huntsman concluded.

Huntsman was introduced by Forum Chair Dick Wright, who also moderated the discussion. Governor and Mrs. Huntsman, and daughter, Gracie, 13, were honored at a reception in Phillips Gallery. Compact discs of the extraordinary and informative lecture are available at BIG ARTS for \$5.\*

## Academy Awards Contenders

by Di Saggau

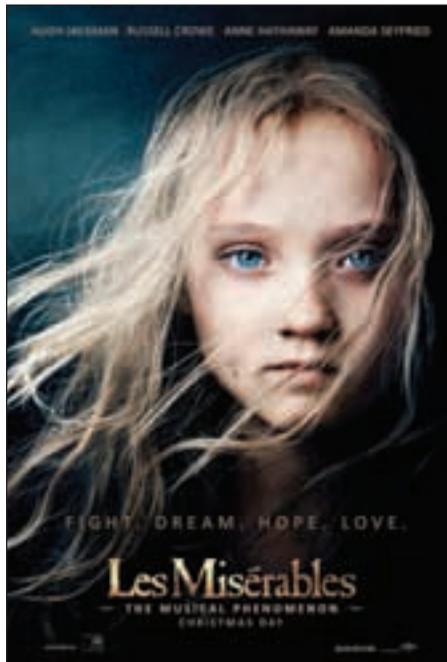
**O**n Wednesday, January 30 the Island Cinema will show *Les Misérables*, the fifth movie in the BIG ARTS Academy Awards Contenders Film Series.

After the movie, a discussion will take place at George & Wendy's Seafood Grille. Tickets are available at the Island Cinema for \$8.

Other movies in the series will be announced prior to the weekly showing.

*Les Misérables* is director Tom Hooper's movie adaptation of Victor Hugo's 19th-century novel. The film has received numerous Oscar nominations and both Hugh Jackman and Anne Hathaway received Golden Globes. Hathaway is superb as the suffering Fantine, and Jackman excels as former convict Jean Valjean. The entire cast is compelling, including Russell Crowe as Javert and Eddie Redmayne as Marius. Sacha Baron Cohen and Helena Bonham Carter as the inn owners add comic-relief to the serious theme. The musical score is greatly enhanced by having the actors sing live during filming. Hooper shows a real touch of class in who he cast as the priest, from whom Jean Valjean steals a pair of candlesticks. We'll discuss that after the movie.

The film runs two hours 47 minutes in length and show time will be 1 p.m.\*



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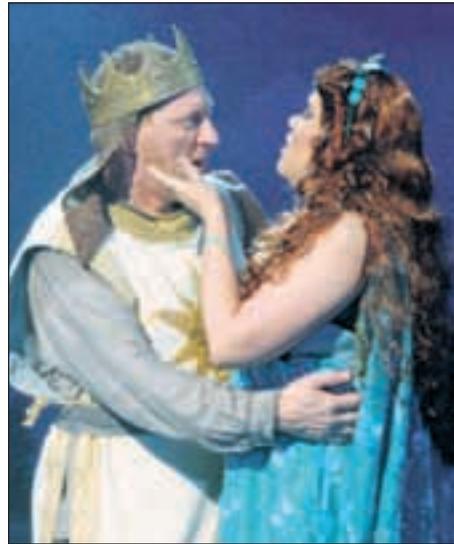
Cast of *Monty Python's Spamalot* with John Ramsey (center)

## Monty Python Comedy At The Herb Strauss Theater

The holy grail of musical entertainment, *Monty Python's Spamalot*, is now showing at BIG ARTS Herb Strauss Theater.

A musical comedy based on *Monty Python and the Holy Grail*, *Monty Python's Spamalot* is a highly irreverent parody set in medieval England. In the show King Arthur (played by Jason Loete), traveling with his servant Patsy (Andy Meyers), recruits several knights to accompany him on his quest, including Sir Bedevere (Miguel Cintron), Sir Robin (John Ramsey), Sir Lancelot (Matthew Alan Schmidt), and Sir Galahad (Robby May). Besides the rabbits and flatulent Frenchman, they meet such characters as the The Lady of the Lake (Elizabeth Urbanczyk), Prince Herbert (Trey Compton), beautiful dancing girls, mobs of minstrels, and the dreadful Knights of Ni.

Classic Broadway also gets spoofed along the way in *Spamalot*, and everything is fair game, from *A Chorus Line* to *West Side Story* to *Fiddler on the Roof*. This production was directed and choreographed by Amy Marie McCleary, with musical direction by Michael Sebastian.



Jason Loete and Elizabeth Urbanczyk

The original 2005 Broadway production was nominated for 14 Tony Awards and won three, including the Tony Award for Best Musical. *Spamalot's* book and lyrics were created by Eric Idle, a member of the Monty Python team, in collaboration with John Du Prez.

In her review of this production in the *Island Sun*, Di Saggau wrote, "The entire cast takes the crazy Pythonesque scenes to hilarious heights. As the man seated behind me said, 'It's a WOW!'" Saggau adds, "It isn't easy to describe this kind of humor in print because it's the timing, facial expressions and a magical unknown as to what's going to happen next that makes this show so enjoyable on stage."

Performances are at 8 p.m. Monday



Trey Compton (center) in *Monty Python's Spamalot*

photos by David Sexton



Cast members in *Bright Side of Life* segment

through Saturday, January 11 through February 16, and matinees are at 2 p.m. January 23 through February 6. Tickets are \$42, children 17 and under are \$20.

Herb Strauss Theater's season continues with *The Marvelous Wonderettes* (February 22 through March 23), *Charles Lindbergh: The Lone Eagle* (February 24 through March 10), and *Fully Committed* (March 29 through April 27).

*Monty Python's Spamalot* is supported by Herb Strauss Theater Season Sponsor The Sanibel Captiva Trust Company and Show Sponsors 'Tween Waters Inn and The Jacaranda.

The Herb Strauss Theater is at 2200 Periwinkle Way. Groups of 10 or more are eligible for group discount rates. Prices range from \$25 to \$36 per ticket. Call 472-6862.\*



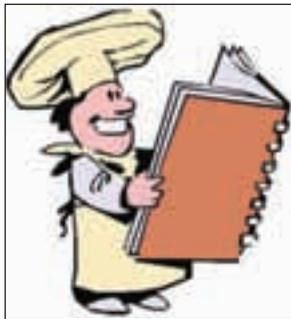
Cast of *Monty Python's Spamalot*

# It's Raining Cats And Dogs Artists Reception On Friday At BIG ARTS

**B**IG ARTS Founders Gallery presents It's Raining Cats And Dogs juried visual arts exhibit, which features artworks with feline and canine-themed art. An artists reception will be held this Friday, January 25 from 5:30 to 7 p.m. Exhibit is open through February 28. Founders Gallery hours are Monday through Friday, 9 a.m. to 4 p.m. and Saturdays 9 a.m. to 1 p.m. Founders Gallery Visual Arts Patron Season Sponsor Deborah and John La Gorce. For additional information about these exhibits, stop by BIG ARTS, 900 Dunlop Road on Sanibel; call 395-0900; e-mail info@BIGARTS.org; or log on to www.BIGARTS.org.\*

## Attention Cooks: Submit Your Favorite Recipe

**D**o you have a favorite dish you would like to share with your fellow islanders? The Community House is looking for recipes for a cookbook, to be published next season as a benefit for The Community House. The cookbook will be avail-



Get your recipe published

able at The Community House and at other locations around the island. Send in your recipes by Thursday, January 31. Recipes should be typed or clearly printed on a recipe collection sheet available at The Community House or online at www.sanibelcommunityhouse.net. (Maximum of three entries per person, please.)\*\*

Send your editorial copy to:  
press@islandsunnews.com



Going My Way?, acrylic by Charles Lister

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Host John Brown shares a laugh with contestant Linda Tedeschi

From page 1

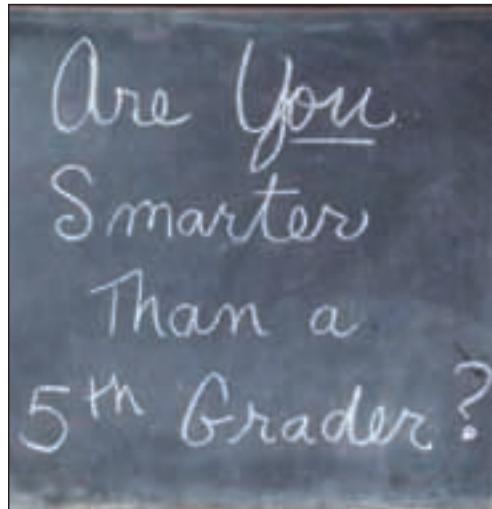
## Are You Smarter Than A 5th Grader?

"I got a copy of the game and went over the questions with the teachers and the school principal," Brown said before the start of the program, which was held on January 17. "I wanted to make sure the questions were okay and appropriate. I'm actually hoping that the adults are going to have a lot of fun with it. I don't know how well they're going to do against the kids... because they're pretty smart!"

Several months ago, Brown approached The Sanibel School principal Barbara Von Harten with the idea of hosting an event at the school's cafeterium. Brown has served as host at the Center 4 Life in previous mock game shows including *Wheel Of Fortune*, *Jeopardy* and *Minute To Win It*. Von Harten agreed to host the event, and three fifth graders were selected as quiz competitors.

"I watched (the television version of *Are You Smarter Than A Fifth Grader?*) once," said Caitlin. "It's really funny. I'm kinda nervous, not about not knowing any of the answers, but about messing up."

Fellow fifth grader Ashley worried that the three adult challengers – Judie Zimomra, Linda Tedeschi and Ed VanderHey – might know a little more about history.



"I'm really good at math and science," she said with a smile. "I just hope they don't ask us any questions about stuff from the 1950s."

"I did some studying in class, but I'm not nervous at all," said the easygoing Tyler. "I'm just looking forward to having fun."

Following a buffet dinner, Sandi McDougall of the Center 4 Life introduced Brown. A brief explanation of the game's rules followed, and then Zimomra – Sanibel's City Manager – took the stage as the first contestant of the night.

The Newton Falls Elementary School alum scored a perfect 10 for 10 during her turn, which included questions dealing with science, social studies, arts and music, reading and



Game show host John Brown, left, accepts a dues payment from contestant Judie Zimomra during last Thursday's staging of *Are You Smarter Than A Fifth Grader?* at The Sanibel School



More than 80 members of the Center 4 Life attended the potluck/game night event

language arts. At the end of her round, Zimomra received a warm ovation from the crowd.

"You can now say that you are smarter than a fifth grader," Brown told her.

Humbly, Zimomra responded, "I would never say that I'm smarter than a Sanibel School fifth grader!"

(FYI: The answers to the above questions... The *Nina*, six teaspoons and counter-clockwise.)\*\*



Fifth grade teachers Amy Holik and Mary Claus

### Monday Night Movie

## Searching For Sugar Man

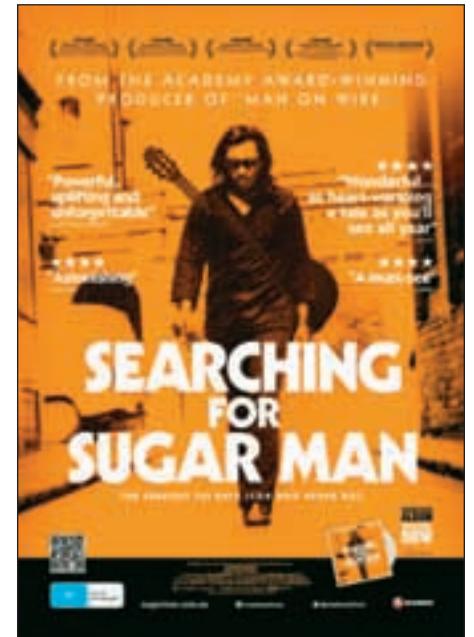
The surprise film for BIG ARTS Film Society's Monday Night Film Series is the 2012 Swedish/British documentary *Searching for Sugar Man*. The film will be shown January 28 at in Schein Performance Hall.

*Searching for Sugar Man* was nominated in the Best Documentary category at the 2013 Academy Awards, which will be held in February. The film was nominated in the Best Documentary category at the 2013 BAFTA awards, and won the Special Jury Prize and the Audience Award for best international documentary at the Sundance Film Festival.

The film tells the true story of Rodriguez, the greatest '70s rock icon who never was. Rodriguez was discovered in a Detroit bar in the late '60s by two celebrated producers struck by his soulful melodies and prophetic lyrics. They recorded an album which they believed would secure his reputation as the greatest recording artist of his generation. The album bombed and the singer disappeared into obscurity amid rumors of an untimely demise. But a bootleg recording found its way into apartheid South Africa and, over the next two decades, Rodriguez became a phenomenon.

The film follows the story of two South African fans who set out to find out what really happened to their hero. Their investigation leads them to a story more extraordinary than any of the existing myths about the artist known as Rodriguez.

*Searching for Sugar Man* is rated PG-13, is in English, and is 86 minutes long.



BIG ARTS Film Society's Monday Night Film Series presents a mixture of critically-acclaimed independent and foreign films and documentaries. After each movie, a group of film buffs leads discussions on Gainer Veranda, complemented by refreshments.

Films are \$8 and begin at 7 p.m. in Schein Performance Hall, located at 900 Dunlop Road.

Films are shown in high-definition on a large screen with surround sound. Assistive listening devices are available.

Sponsors are Bank of the Islands and Stan and Visnja Gembicki. Supporters are Sanibel Taxi and Jerry's Foods of Sanibel.

For tickets, stop by BIG ARTS, call 395-0900, e-mail [info@BIGARTS.org](mailto:info@BIGARTS.org), or log on to [www.BIGARTS.org](http://www.BIGARTS.org).\*

# Renowned Poets To Appear At Rachel Carson Distinguished Lecture

by Michael Saenz

Writing is instinctual for celebrated poet and essayist Alison Hawthorne Deming, who will have the opportunity to share her creativity with islanders in February. A direct descendant of the great American writer Nathaniel Hawthorne, Deming also serves on the Board of Advisors for Florida Gulf Coast University's Center for Environmental and Sustainability Education. She is honored to introduce beloved poet Mary Oliver at the Center's Rachel Carson Distinguished Lecture at 7:30 p.m. on Friday, February 8 at Saint Michael and All Angels Church on Sanibel.

Oliver will read with a momentum generated by the completion of her most recent book of poetry, *A Thousand Mornings*. Deming sees Oliver's newest book as a continued dedication to what Oliver refers to as "earth-praise."

"She celebrates the connection between nature and the spiritual journey," said Deming, whose own poetry reflects a similar intention. "I think I want for readers to leave a poem feeling more awakened to the world, to their very living and the mystery of their inwardness. And of course be swept away in the music of language."

Amongst fans of Mary Oliver, the adoration for her poetry is nothing short of devout. Deming, a winner of the Walt Whitman Award from the Academy of American Poets, is no exception. "Oliver connected me to the rich tradition of poets throughout the ages, who have felt in nature a transcendent reality," said Deming.

Her own poetic prowess seems to enable her to articulate the impact of Oliver's poetry more eloquently than most. "How many people carry a Mary Oliver poem around in their pocket, wallet, notebook, or heart? Her poems have spread like seeds dispersing on the wind, in the paws of animals, the beaks of birds. Her work and its broad following speaks to the power of poetry to make our lives resonate with the more-than-human world that embraces us. She is our talismanic poet of ponds and woods, bears and marsh hawks, body and spirit. Her poems transform the argument between amazement and skepticism into the beauty of song."

Deming has recently completed a non-fiction book for publication entitled *Zoologies: On Animals and the Human Spirit*, which evolved directly from several mini-essays that she prepared for the Center's first lecture in 2004. In honor of Carson's passionate love for birds and activism, Deming's newest book explores the role of animals within the human imagination from the dawn of time to the present moment and beyond. An overarching theme of the book is the increasing disconnection occurring presently with the animal world, although Deming also explores the "zoology of inwardness" that preserves the intimacy between humans and the natural world.

Deming will also deliver brief remarks at the Center's 9th annual Fundraising Celebration from 5 to 8 p.m. on Saturday, February 9 at the beachfront home of Peter and Mallory Haffenreffer on Sanibel Island. She is honored to participate in the major fundraising event and believes supporting the Center helps educate the next generation of environmental leaders.

"The challenges we face are tremendous and burdensome but the Center has brought joy and dedication to the process of facing these challenges with the best of interdisciplinary thinking, never allowing the enormity of the challenge to stop us from expressing respect and love for all beings, and has helped students and community members to bring their minds and hands to the task of creating a sustainable future. I celebrate their many contributions," she said.

The lecture is free and open to the public, but seats will be reserved for contributors to the Fundraising Celebration. Invitations for the weekend's events were sent in early January. If you would like to request an invitation or wish to be added to the Center's official mailing list, call 590-7166 or send an email to [cese@fgcu.edu](mailto:cese@fgcu.edu).



Alison Hawthorne Deming

## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@comcast.net](mailto:tutsie@comcast.net). Each week, individual work will be showcased.

selected by Tanya Hochschild

by Tanya Hochschild

### What Is Poetry?

Poetry is kindling begging to be a fire drawn from heart(h), anger, desire.

a giving tree grown from a seed,  
a puppy tugging on a lead  
driven mad to uncover a scent,  
poets are as driven, as hell-bent.

Poems born from a glow in the dark  
inspired from the tiniest spark –  
from the hectic dazzle of company  
kept  
the sad circumstance of a life bereft  
a smidgen of laughter, a flood of  
tears  
recorded routine through the years.

A memory emerges, doffs its hat,

then the fugitive escapes, just like that  
later penned on a sheet of white paper  
the hint of an image, a scent of a vapor  
but not imprisoned – set free,  
an alchemy for all to see.

Poetry never has a time-out moment,  
there will always be subjects for a sonnet  
you will not find benched on life's path  
a Frost, Collins, Oliver or Plath  
and so I sit and wait and see  
whatever might appear to me

Life and Death walk by hand in hand  
trailed by mortal themes – a merry band  
a singing bird perches near  
"take note" "take note" I think I hear.  
"write about all this clamor, all this shout,  
get it down before you're out!"

My arm reaches toward the blaze,  
Fingers scoop words, as if in a daze  
Wrap them round me so they can thrive  
Cradled lovingly to come alive  
speak africa, america, back at home  
write this life in a poem.

Tanya Hochschild is member of a Sanibel Writers Group, has participated in *Artpoems* and *Writer's Reads on the island*, and had two books published.\*

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Bill Rahe



Michael Raab



Evelyn Monroe Neill



Bruce Neill

## Local Talent In Play Readings

**B**IG ARTS launched a program for community theater and play readings of works by playwrights in Southwest Florida. All readings will feature local talent volunteering onstage and backstage.

Play readings for 7 p.m. Sunday, January 27, at the Herb Strauss Theater:

*The Gray and the Blue* written by Wally Kain, directed by Doug McElhney (Drama ; set at end of Civil War). Sid Simon, Jonathon Stephens, Al Richman and Don Hogg were cast to read the play.

*Cynthia* written by Norma Hagan, directed by Norma Hagan (Drama/Murder) To be read by Bill Rahe, Michael Raab, Robert Runck and Doug McElhney.

*Mega-Man to the (Emotional) Rescue* written by Don Goodrum, directed by Shirley Jewell (Comedy – One Act). Play to be read by special guest readers: Bruce Neill and Evelyn Monroe Neill.

BIG ARTS Community Players Chair Shirley Jewell said, “The playwrights submitted their plays in the fall of 2012, each play was read by a committee and selected scripts became part of the 2013 Community Players Play Reading eve-

nings.” The Community Players then selected directors and held auditions for actors to read. Jewell adds, “These entertaining and interesting evenings allow the audience to become part of the play development process. A talk-back session with the playwrights and directors following the readings encourages questions from the audience about the progression of bringing a play from page to stage.”

BIG ARTS Community Players is seeking volunteers for a variety of tasks. For more information, call Shirley Jewell 337-1099, or contact her via email at srjewell@embarqmail.com.

BIG ARTS Herb Strauss Theater is located at 2200 Periwinkle Way. Tickets to play readings are adult \$12, student \$5. Play readings will also be held Sunday, February 17 at Schein Performance Hall, and Sunday, April 21 at Herb Strauss Theater.

For more event information or to purchase tickets, visit [BIGARTS.org](http://BIGARTS.org), stop by BIG ARTS at 900 Dunlop Road or call Marks Box Office at 395-0900.\*



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SA	26	Kathy Kosins' "A Toast to the Ladies of Cool" .....	8 PM
SU	27	Classical: Priscila Navarro, Piano.....	3:30 PM
		BIG ARTS Community Players Play Readings* .....	7 PM
M	28	Surprise Film: <i>Searching for Sugar Man</i> .....	7:30 PM
SA	2	Glenn Miller Orchestra .....	8 PM
SU	3	Island Jazz.....	3 PM

\*Event at BIG ARTS Herb Strauss Theater, 2200 Periwinkle Way, Sanibel



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[www.BIGARTS.org](http://www.BIGARTS.org)

## First Friday Stories For Grownups

Once again, the first Friday of the month brings to the island one of its favorite events — Stories For Grownups.

This month features five crackerjack story-telling folks from Periwinkle Park.

It's one hour of some of the tenderest, funniest, most real personal stories out of very sweet lives. On Friday, February 1, the story tellers will be five strong tellers, all of whom have retired to Sanibel's Periwinkle Park. That tight little community has people with the most incredible former lives, nationally known writers, ex-television people and teachers who have left their thumb print on students around the world.

February 1 will feature these Periwinkle Park stars: Jane Hogg, Don Hogg, Chris Boesen, Alan Smith and Beth Warner. All of them are fascinating story tellers who may make you want to tell a story, too. You won't want to miss



Emcee Dr. Sid Simon, Professor Emeritus, in his Cheap Grampa attire

the adventure, the laughs and the poignancy.

The emcee for First Friday Stories For Grownups is Dr. Sid Simon, Professor Emeritus, University of Massachusetts, and the author of 15 books in the areas of Values Clarification, Getting Unstuck and Forgiveness. Simon is also the author of two children's books written for his own kids when they were little. WW Norton published them in the late 1960s. Simon has appeared on various talk show programs, including *The Oprah Winfrey Show* and *The Phil Donahue Show*. In 2011, he won the Lee County Literary Artist of The Year.

He tells good stories, ones that are witty and wise, but he also has the knack for drawing stories from people in the audience. That's half the fun and half the program.

So don't be anywhere else from 2 to 3 p.m. on the First Friday.

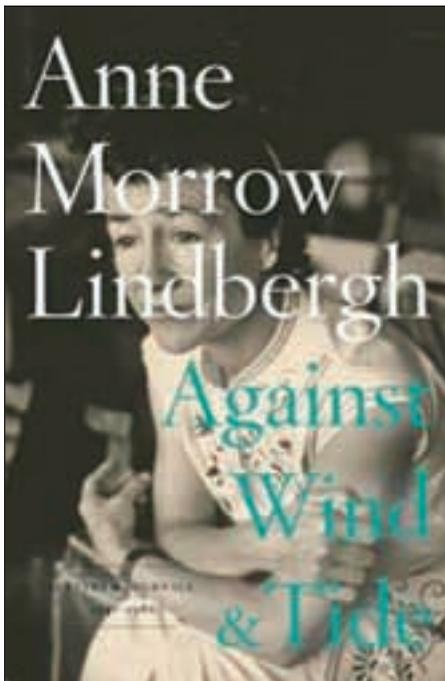
After the featured story tellers, there's a second half of the program when stories come from the audience. Bring a story along, something personal and tender, and keep it short. Dr. Sidney B. Simon, the emcee at Stories For Grownups, just might call on you if you volunteer, and that will further brighten the afternoon for everyone. Call the Sanibel Library if you need directions or information at 472-2483.\*



Reeve Lindbergh

## Meet Reeve Lindbergh

A discussion and book signing of Anne Morrow Lindbergh's *Against The Wind & Tide* will be held on Wednesday, February 6 from



11 a.m. to 1 p.m. at Sanibel Island Bookshop, 1571 Periwinkle Way. Reeve Lindbergh, the author's daughter, will be speaking. The book will be available for \$27.95.

"Why, as an eager and talented writer,

has Anne Morrow Lindbergh published so relatively little in forty years of marriage?" asked reviewer John Barkham in 1970. "After a promising start with those first books on flying, she tapered off into long silences broken by an infrequent volume of verse or prose." Many years later, Lindbergh replied with a quote from Harriet Beecher Stowe, who claimed that writing, for a wife and mother, is "rowing against wind and tide."

In this sixth and final collection of Lindbergh's diaries and letters, taking us from 1947 to 1986, we mark her progress as she navigated a remarkable life and a remarkable century with enthusiasm and delight, humor and wit, sorrow and bewilderment, but above all devoted to finding the essential truth in life's experiences through a hard-won spirituality and a passion for literature.

More than any previous books by or about Anne Morrow Lindbergh, *Against Wind & Tide* makes us privy to the demons that plagued this fairy-tale bride, and introduces us to some of the people—men as well as women—who provided solace as she braved the tides of time and aging, war and politics, birth and death. Here is an eloquent and often startling collection of writings from one of the most-admired women of our time.

For more information call 472-5223 or visit [www.sanibelbookshop.com](http://www.sanibelbookshop.com). \*

## Pets Of The Week



This wonderful kitty is looking for his forever home. He's approximately 1 year old, very small and solid black. He is one very lucky fellow, as a very kind lady from the north is fostering him while she's here on vacation. She thought, because of his eye color and his former life as a street orphan, he should be called Oliver. That's purr-fect! He hopes that someone will give him a forever home soon, because his foster mom will be leaving shortly. He wants to have a life off the streets.

If you can help in any way with Oliver, call Pam with PAWS of Sanibel at 472-4823.\*

From page 37

## Peaceful Piecing

Included in the final piece were favorite photos, and dead center, a family tree with related information embroidered into its many leaves and branches."

When snowbirders take flight do they remain in touch? Definitely. And when they return they always do a show and tell. "They must account for their time." What better way to do it, piece by piece.\*

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## ABWA Presents Talk On Energy Medicine

The Sanibel chapter of the American Business Women's Association will host Karen Semmelman presenting a discussion entitled *Creating Self-Empowerment by Improving your Health through Energy Medicine* – from a Business and Personal Perspective.

Semmelman recently opened a Sanibel office for Semmelman Energy Center, which is also located in Boston. She lives on the island with her husband Bernard Ortwein and their four-year-old golden doodle dog Chezzy.

She has always been self-employed with many employees. As a long term owner of numerous businesses, including a law firm with 25-30 employees, her objective has been to empower all those with whom she has contact. She will share her perspectives on finding and developing passion in whatever endeavor one undertakes, and then using that passion to empower yourself and those around you.

Tips on enhancing business development will be interwoven. The presentation will be audience participatory.

Semmelman will demonstrate how to quickly correct energetic imbalances and show how the energy of others impacts each of us individually, whether that



**Karen Semmelman**

energy is negative or positive. She will also discuss how to protect yourself from the impact of that energy.

Learning tools and techniques to heal yourself is empowering – she will show how to double your energy and be more vitalized.

Semmelman has a BS in psychology magna cum laude; a JD degree with licenses in Pennsylvania, Maryland and Massachusetts, is a Fellow of the Academy of Matrimonial Lawyers; is a Certified Eden Energy Medicine Practitioner; a Reiki practitioner; has radionics training; has extensive teaching

experience; is passionate about energy medicine; has presented programs on TV, to live audiences and on video; and has conducted and attended many varied workshops and lectures on alternative modalities.

She seeks to empower her clients by teaching them techniques to activate their body's natural healing abilities to restore vital energies that may have become weak, disturbed or out of balance.

There will be many opportunities for questions!

ABWA meetings are held the second Tuesday of each month. Guests are welcome. If you are interested in attending, contact Barbara Boulton, membership chair, at 222-9713 or email her at [baboulton@embarqmail.com](mailto:baboulton@embarqmail.com).

The cost for the evening is \$22, payable by check or cash.\*

## Food Preservation Presentation

The Sanibel Public Library invites you to share food preservation how-to's on Tuesday January 22. Celia Hill, Family and Consumer Sciences Agent of the Lee County Extension, will be on hand at 2:00 p.m. in Meeting Room #4 of the library for a presentation full of tips on freezing and canning food. Her program is titled: *Food Preservation 2013 – Not Your Grandma's Recipe!*

There is no fee to attend the program and it is open to all.\*



**Celia Hill**

## Top Ten Books On The Island

1. *Art Of Hearing Heartbeats* by Jan Sender
  2. *Dressmaker* by Kate Alcott
  3. *Proof Of Heaven* by Eben Alexander, MD
  4. *Sanibel Flats* by Randy Wayne White
  5. *Against Wind And Tide* by Anne Lindbergh
  6. *Language Of Flowers* by Vanessa Diffenbaugh
  7. *Sanibel Sunset Detective* by Ron Base
  8. *Sense Of An Ending* by Julian Barnes
  9. *Turn Right At Machu Picchu* by Mark Adams
  10. *Dry Grass Of August* by Anna Mayhew
- Courtesy of Sanibel Island Bookshop.\*

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Jonathan Applebaum, Ron Meyers, Mitch Moore and Larry Thompson

## Dairy Queen Announces New Partnership

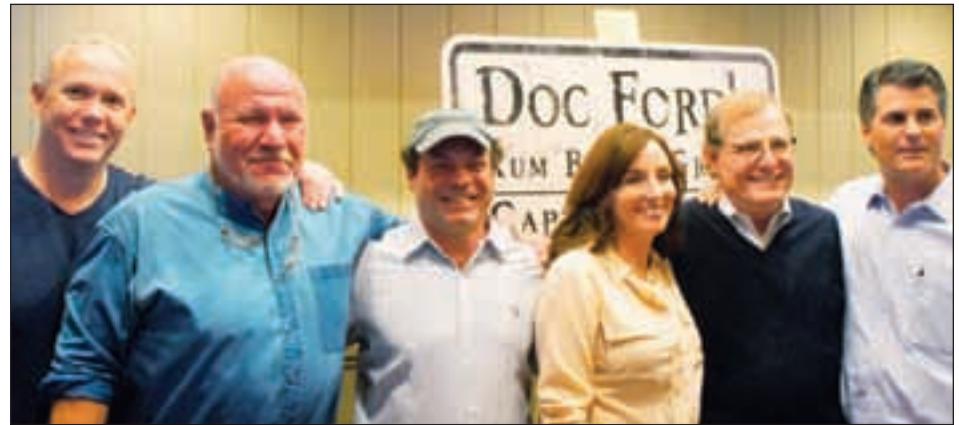
Islanders may have noticed some subtle changes to the appearance of the Dairy Queen ice cream shop and fast food restaurant located on Periwinkle Way during the past few weeks. New flower beds have been planted, clutter has been cleared from the parking lot and seating areas have been cleaned and upgraded.

But that isn't the only change for the popular island hot spot for frozen treats.

Last week, a new owner partnership at Dairy Queen was announced. Ron Meyers,

continued on page 7B

## Doc Ford's Debuts Plans For Its Newest Location At South Seas



Bob Walter, Randy Wayne White, Mark Marinello, Brenda and Marty Harrity, and Rick Hayduk

To kick off the new year, South Seas Island Resort announced their newest dining option – Doc Ford's Rum Bar & Grille.

Already known as one of Sanibel's and Fort Myers Beach's favorite gathering places, Doc Ford's will feature its traditional menu, along with a new décor in the dining room to match the signature style and charm of South Seas Island Resort on Captiva. The restaurant will debut at the resort in the summer of 2013, following a complete renovation, and will be open to the public.

continued on page 11B

## Captiva Civic Association Unveils Community Center Expansion And Renovation

The Captiva Civic Association unveiled a major expansion and renovation of the existing Captiva Community Center and Captiva Memorial Library at its membership meeting Tuesday evening.

This renovation will add nearly 1,200 square feet to the existing 7,400 square-foot building at 11550 Chapin Lane. About two-thirds of the additional space involves expanding the island's meeting hall.

According to Civic Association Executive Director Paul Garvey, the organization began looking at this project nearly a decade ago when the need to replace the building's roof became apparent. Hurricane Charley interrupted those plans.

The total project will involve in 2004:

- Increasing the size of the meeting hall by more than 50 percent.
- Space for a new Captiva history museum being created by the Captiva Historical Society that will link to the library.
- Expansion and renovation of the library, which will include an area for parents to read with children and a new librarian work room.
- Enlarged and updated kitchen and bathroom facilities.
- A covered veranda at the entrance of the building, plus a courtyard with native shade trees and vegetation.
- Installation of a new roof, wind-resistant glass, and new heating and cooling systems.
- State-of-the-art lighting, audio and video equipment for meetings, cultural events and exhibitions.



Captiva Community Center Rendering

- Re-roofing and renovation of the residence provided for the Sheriff's deputy.
- Installation of an emergency generator sufficient to power the entire complex, allowing the center to be used as a cooling, resting and food service center for the Red Cross, the National Guard and other emergency workers in the aftermath of major storm activity.

Garvey said, "We want to enlarge the meeting hall about 50 percent so we can provide a better facility for meetings and cultural events."

He added that the expansion will make the meeting room large enough to return the civic association's annual ABC Celebration fundraising event, now being held at The Sanctuary clubhouse, to the community center.

continued on page 4B



**Mary Bondurant**  
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**Offered at \$1,249,000**



**9459 Begonia Ct**

Spacious pool home in Gumbo Limbo holds many Surprises; from the vaulted ceilings to the beautiful wrap around screened lanai. Walk through your choice of French doors out to the jetted spa off your Master Bedroom or the Living Room. This 3 BR/ 4 BA pool home has a large workshop area in the 3 car garage.

**Offered at \$720,000**



**1031 Sand Castle**

Lovely 3BR 3 BA pool home in the Dunes Golf & Tennis Community. Walk out onto your lanai and enjoy panoramic views of the golf course and lake. Fully Furnished. Turn Key.

**Offered at \$690,000**



**1667 Sabal Sands**

Large 3BR 3BA home on the Sanibel River. Grande views as you watch the birds and wildlife from your screened lanai. Quiet small neighborhood, convenient to beaches and shopping. This home is waiting for you to call it your own.

**Offered at \$599,000**



**9307 Dimmick Dr**

Island Living! Enjoy a tranquil life style in this beautiful 2BA 2BR, remodeled home with attention to detail everywhere you look! Lots of privacy and the two adjacent lots will convey with this property. Roam the property and pick fresh fruit from your mini orchard outside you door. Enjoy the orange, grapefruit, key lime, meyer lemon, leche nut and papaya at your island retreat home.

**Offered at \$559,000**



**3344 Twin Lakes Ln**

Beautiful lake views from this 3BR 2 BA pool home in the Lake Murex community. From the bright open great room to the screened in porch you will have plenty of space. Deeded beach access and tennis courts in the community.

**Offered at \$549,000**



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### 1639 Sand Castle

Sweeping golf course and lake views from this fully furnished duplex in the Dunes Golf & Tennis Community. Airy and bright this home features a glass slider enclosed porch w/ vaulted ceilings both in the great room and on the lanai. This 3 BR 2.5 BA home has remodeled kitchen cabinetry and hard surface countertops as well as extra interior storage space.

**Offered at \$429,000**



### 1415 Sandpiper

Serene views of Horseshoe lake from this immaculate 2BR 2BA duplex. Boasting a remodeled kitchen with granite countertops and a nicely appointed glass enclosed lanai. Enjoy the peaceful outdoors from the large exterior deck. Turn key. This home won't last long!

**Offered at \$339,000**



### 1002 Greenwood

Darling Duplex in the Dunes Golf & Tennis Community. Close to the Bay, only 1/10 OF A MILE to the water. This 3 BR 2.5 BA home boasts a large screened lanai; beautiful wood laminate flooring in the living area and stainless appliances.

**Offered at \$349,000**



### SeaShells of Sanibel, #6

Island Style remodeled 2 BR 2Ba larger top floor corner unit with enclosed lanai for additional living space, a screened front porch & laundry in unit. Enjoy the community amenities such as tennis, pool & deeded beach access or use as an investment w/ on site rental program - 3 day minimum.

**Offered at \$335,000**

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From page 1B

## Community Center Expansion

Jack Cunningham, president of the civic association board of governors, added that the expansion will make it possible to host new and different cultural activities – such as concerts – that residents of Captiva are requesting.

He said planning, design and fund raising are underway. Cunningham stressed that none of the money for the estimated \$800,000 project, including the Library remodeling, involves public funds.

“It is all being paid entirely by generous members of the Captiva Civic Association and other donors in the community,” he explained.

Garvey said the civic association hopes to break ground for the project by the end of April and have the renovated facility up and running by January 2014. Construction will entail demolition of most of the existing building between the Library at one end and civic association offices at the other.

According to Garvey, the association’s offices will remain open while construction is underway, but there won’t be any events or other meetings while construction is in progress.

“We are working to ensure the library will remain open during much of



Jack Cunningham

continued on page 7B

### History of the Captiva Community Center

- The Captiva Civic Association was founded in 1936 on the front porch of the old Fisherman’s Lodge to foster road repair, a city dock, vegetation control and betterment of the island.
- It met in various homes and public places until 1949 when it took over the old schoolhouse (now the Captiva Chapel by the Sea).
- In 1960, the civic association built a one-engine firehouse on the site of the existing community center, and the association moved into an adjacent facility the following year.
- In 1961, a lending library that had been staffed by the civic association’s women’s auxillary since the mid-1930s, was moved to the main room of the new community center meeting room, which also became a home to the Captiva Erosion Prevention District and a meeting place for many homeowner associations.
- In 1964, the civic association voted to join the Lee County Library System, and work began in 1968 to expand the community center to accommodate the Library. It was dedicated in 1970.
- In 1981, firefighters moved to a new fire station. The civic association took over its space and upgraded the building. A new wing was added at that time, creating the library’s magazine reading room.
- There was a major reconstruction and expansion of the library in 1996, made possible by \$250,000 in public donations.



Captiva Community Center 1961



Captiva Community Center 2013

## American Legion Post 123 News

On Sunday, January 27, barbecue ribs and chicken will be served from 1 to 8 p.m. at American Legion Post 123. Cost is \$12. Please call ahead for to-go orders.

Join your fellow football fans for a Super Bowl Party on Sunday, February 3, with food and refreshments served beginning at 1 p.m.

Every Monday night is 8-Ball Pool League, playing at 5 p.m. Stop by and watch some great shootin.' Texas Hold'em is played every Thursday night at 7 p.m. and Saturdays at 4:30 p.m. New players are always welcome.

Every Friday, Post 123 serves a six-ounce ribeye steak sandwich all day. Stop in and try one, or treat yourself to one of the half-pound burgers. Check out the daily specials and the entire menu. Food is served all day, every day. The public is welcome.

American Legion Post 123 is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. We are located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.\*

## HORTOONS



## Center 4 Life Programs

Sanibel Fit 4 Life is the motto at Center 4 Life. All ages are welcome.

Island Seniors, Inc. members may attend fitness classes held at the Center 4 Life, 2401 Library Way, by presenting a coupon. Booklets of 12 coupons can be purchased at the center; cost is \$42, or buy three coupons for \$10.50. Cash or checks to the City of Sanibel are accepted. Members of the City of Sanibel Recreation Center must show their membership cards to attend.

### FITNESS CLASSES:

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. with Sandi McDougall. Format is 45 minutes of cardio, 20 minutes of balance, core strength and flexibility exercises.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords and stability balls, along with mats, are used to strengthen your muscles. Improve core strength and balance. Mahnaz Bassiri is the instructor.

**Gentle Yoga with Kris Brown** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel.

**Chair Yoga** – Tuesday and Thursday at 11 a.m.

**Tuesday Kayaking** – Tuesdays, January 29, February 5, 12, 19 and 26, 8:30 a.m.

There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. Kayaks, paddles and life jackets provided. Bring water, a small snack, change of clothing, sun lotion, bug spray, sunglasses and a hat. Cost is \$5 for members and \$10 for non-members. Stop by the center to sign up.

**Page Turners with Ann Rodman, volunteer coordinator** – Wednesday, February 13 at 2:30 p.m., *Clay's Quilt* by Silas House. After his mother is killed, four-year-old Clay Sizemore finds himself alone in a small Appalachian mining town. Together, the townfolk help Clay fashion a quilt of life from the treasured pieces that surround him.

### COMPUTER CLASSES:

**Having Fun With Facebook** – Thursday, January 31, 1 to 3 p.m. Cost is \$30 for members, \$45 for non-members. Limit six per class.

**Computer Intro to PC** – Mondays, Wednesdays and Fridays, February 4, 6, 8, 13 and 15, 1 to 3:30 p.m. This class is designed for the novice user. Instructors Bruce and Christl Smith will explain the basics without a lot of jargon. You must be able to attend all five sessions. Cost is \$115 for members and \$150 for non-members. Limit six students.

**Protect Yourself And Your PC Online** – Thursday, February 7, 1 to 3 p.m. This class is designed to give you facts and specific tips to give you peace of mind when using the Internet. Patty Waters is the instructor.

**iPhone with Rhonda** – Tuesdays and Thursdays, January 29, 31, February 12, 14, 9 to 11 a.m. Cost is \$60 for

members and \$90 for non-members.

**iPad with Rhonda** – Tuesdays and Thursdays, February 5, 7, 26, 28, 9 to 11 a.m. Cost is \$60 for members and \$90 for non-members.

### Tenth Annual Friday Coping With Life Series

February 1, 12 to 4 p.m. – Parish Nurses Senior Health Fair, sponsored by St. Michael & All Angels Episcopal Church, Sanibel Congregational United Church of Christ, and St. Isabel Catholic Church. Health screenings include memory, hearing, vision, glucose, blood pressure and balance.

February 8, 1:30 p.m. – How Do You Know When It's Time To Make A Move To Assisted Living by McKenzie Mills, assisted living healthcare marketing specialist for Shell Point Retirement Community. This presentation will provide you with a better understanding of what the differences are between independent living, assisted living, and skilled nursing care.

February 22, 1:30 p.m. – Damaris Peters Pike in *A Daughter Remembers Irving Berlin*. Limited seating. Cost is a \$5 donation for members and \$10 for non-members.

### Florida Repertory Theater

Saturday, February 9, 2 p.m. – *Miracle* on South Division Street by Tom Dudzick. A new family comedy and regional theater premier from the author of *Over the Tavern and Greetings*. The center has reserved discounted seats for Saturday 2 p.m. matinees. Call the center for details.

### Discovering Florida Daytrips

Tuesday, January 29 – Boca Raton Museum of Art and Mizner Park. Includes transportation, admission to the Boca Raton Museum, shopping and lunch (on

your own) at Mizner Park. Cost is \$49 for members and \$59 for non-members. Fort Myers pickup at 7:30 a.m.

Thursday, February 7 – Costume World's Broadway Collection in Pompano Beach. Trip includes transportation, guided tour of Costume World's Broadway Collection, featuring hundreds of authentic Broadway costumes, lunch at the re-creation of Tavern on the Green. Cost is \$79 for members and \$89 non-members. Fort Myers pickup at 7 a.m.

Tuesday, February 12 – The Dali Museum in St. Petersburg. Includes transportation and admission to the museum. Docent led tours will be available throughout the day. There is a café on the premises for a Dutch treat lunch at your leisure. Cost is \$55 for members and \$65 for non-members. Fort Myers pickup at 8:30 a.m.

Friday, February 15 – Coral Castle and Cauley Square Historic Village in Homestead. Includes transportation, guided tour of the castle, lunch, and time at historic village. Discover the hidden gems of Homestead on this tour. Cost is \$69 for members and \$79 for non-members. Fort Myers pickup at 7:30 a.m.

Monday February 18 – 100th anniversary of the *Titanic* Exhibit at the Mahaffey Theater and lunch in St. Petersburg. Includes transportation, admission to the exhibit, lunch at Fresco's on the pier. Cost is \$79 for members and \$89 for non-members. Fort Myers pickup at 8:30 a.m.

### CARDS AND GAMES:

**Learn to Play Mahjongg with Katie Reid** – Mondays, February 11, 18, 25 and March 4, 9 a.m. to noon. Class is limited to four or eight students and you must be able to attend all classes

continued on page 10B

# Rotary Happenings

submitted by Shirley Jewell

Sanibel-Captiva Rotary wants to thank the Sanibel Library Foundation for its recognition at a recent major donor luncheon. Our Rotary Club presented the library children's books each week in honor of our guest speakers and has underwritten online business resource library selections.



Dr. Jose Leal, John Grey, Lee Almas

promotes humanitarian outreach to citizens across the globe in need. Service projects include immunizations against the polio virus and the well-being of the infirm; literacy and mastering knowledge; and clean potable water projects that range from simple filtering systems for small villages in Africa to San-Cap Rotary's recent \$75,000 water project in earthquake-struck Haiti. Rotary has been able to accomplish outside of the political framework of nations astonishing relief to the most needy of people. We are proud of that service and encourage anyone who may have an interest in joining our organization to contact our club president, John Grey at [John@JohnGreyPainting.com](mailto:John@JohnGreyPainting.com) for fur-

ther information about our organization. To provide a future for Rotary and its belief of service to others it is promoting a new generation of service. This generation of service focuses on the positive changes that can be implemented by youth and young adults through leadership and development of Rotaract Clubs (Rotary in Action) across the world. Rotaract is an international program for young men and women ages 18 to 30 who believe they can make a difference. Rotaract clubs provide an opportunity for members to develop knowledge and skills to assist their own personal development and encourage the understanding of the value of service projects within their community and worldwide.

It promotes a framework that builds on creating friendships, while working together to meet goals that benefit others. Rotaract clubs is a global effort to bring peace and international understanding to the world.

Sanibel-Captiva Rotary and its past-president, Joel Ospa, joined with the Bonita Springs Rotary club in financially assisting the Florida Gulf Coast University (FGCU) Rotaract Club with one such service project. This matching grant partnership has just finalized travel plans for Rotarians and Rotaract members to distribute school supplies to the children of Costa Rica and participate in a weeklong series of projects there.

Sanibel-Captiva Rotary Arts and Crafts Fair on Saturday and Sunday, February 16 and 17 is the club's major fundraiser. Proceeds provide the funding for many of our service projects. Come out and enjoy the juried selections of beautiful arts and crafts offered this year. Returning, once again, will be the extremely popular Guatemalan/Miracles craft booth. This booth, sponsored by Rotary last year, provided for the purchase of vented cooking stoves for 38 families – and help about 200 people lead healthier, safer lives.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at Bistro At Beachview, 1100 Par View Drive. If you have any questions regarding Rotary, e-mail president, John Grey [John@JohnGreyPainting.com](mailto:John@JohnGreyPainting.com), or president-elect, Scot Congres at [Scot@scongress.com](mailto:Scot@scongress.com).

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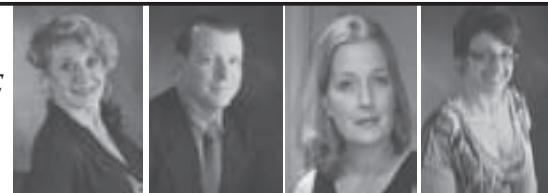


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From page 1B

## Dairy Queen New Partnership



Manager of Dairy Queen, Tim Palmer

Sr., whose family has owned and operated the business since 1973, will team with partners and fellow islanders Larry Thompson, Mitch Moore and Jonathan Applebaum in continuing the 40-year tradition of serving-up DQ treats and sandwiches with a smile.

"It has been our pleasure serving up the tastiest treats on the island to all walking in," said Meyers, whose family-run

operators previously included Kevin and Jeanine Meyers and Ron Meyers, Jr.

Among the new ownership group, Thompson launched the Lazy Flamingo restaurant chain as well as other successful island businesses, including Sunset Grill and The Santiva General Store; Moore and Applebaum are both longtime island residents, with Applebaum having run a successful shrimp company in the Chicago area.

According to the partnership, the Dairy Queen's management staff will remain the same. Tim Palmer, who has worked as general manager of the Sanibel restaurant for two and a half years, will continue in the same capacity, as will manager Isabelle Gavin Davis. "Her girls and the rest of the crew are looking forward to seeing all of our old friends and many new guests as the DQ tradition continues on Sanibel, said Palmer." ❄️

From page 4B

## Community Center Expansion

the construction," he added. "There may be a period in about September, when it is least disruptive, that the library might briefly close."

Ann Bradley, the library's branch manager, said of the project, "Having a state-of-the-art meeting room for programs, a place for historic collections, and an enhanced exhibit space under one roof is a dream come true. We're looking forward to working with the CCA and its



Captiva Community Center Floor Plan

board of governors in serving the community in this new facility over the many years it will exist.

"It's going to be wonderful."

She said the library is still working with design planners on how it will reconfigure its space.

"If you go back over the years," Cunningham said, "members at various times stepped up and created what we

have today. Now, we're trying to keep pace with what those who went before us did."

He concluded, "Now it's our turn. If we are going to keep the Captiva Civic Association relevant to the community, then we need to step up and have a much more modern and capable facility." ❄️



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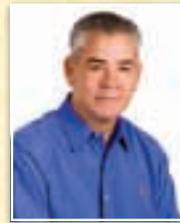
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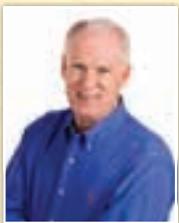
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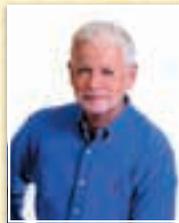
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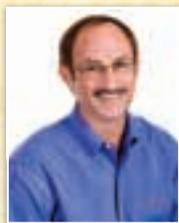
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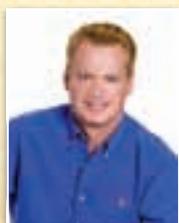
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Back row from left, Bill Fellows, Past President, member since 2007; Blanaid Colley, Director of Marketing, member since 2010; Richard Rompala, Director, new member; Christine Swiersz, LCSW, Clair Beckmann, Director, member since 2010; Chip Specht, Treasurer, member since 2008; John Pryor, Vice President, member since 2010; Dr. Adair Heath, Director, member since 2012; Jerry Edelman, Director, Health Equipment Manager, member since 2007; and Maggi Feiner, Executive Director. Front row from left, Linda Green, Director, new member; John Morse, President, member since 2012; and Sharon Thomas, Secretary, Printing Director, member since 2008

## Meet New FISH Executive Team

Friends In Service Here (FISH) of Sanibel announced their newly elected members of its board of directors for 2013. The new President is John Morse and the new Vice President is John Pryor; both have served on the

FISH board for several years. Both will continue in their recently held roles of Chair of Strategic Planning (Morse) and Director of Resource Development (Pryor). Outgoing Past President Bill Fellows and outgoing Past Vice President Blanaid Colley will continue on the board as active members.

FISH also announced the appointment of two new experienced board members who joined the board in January, Linda

Green and Rich Rompala, both of whom have been active volunteers over many years. Other officers who have been re-elected to their current positions for another term include Chip Specht as treasurer and Sharon Thomas as secretary. Maggi Feiner continues in her volunteer role as FISH Executive Director.

FISH would also like to extend thanks to David Wright, the only retiring board member this year.✧

## Trust Company Hosts Women's Series

The Sanibel Captiva Trust Company will host a 2013 Women's Series to empower women to be better informed and prepared to handle their finances independently and dynamically. WOW (Women. Opportunity. Wealth.)

will include four sessions highlighting various women's issues:

January 29 – Your Purse, Your Life

February 12 – Maneuvering The Medicare Maze & Senior Living Opportunities In Lee County

February 26 – As The World Turns: Estate Planning Ideas In An Ever-Changing World

March 19 – Market Outlook: Managing Your Money In A Time Of Uncertainty

"It is essential for women to feel con-

fidant and secure about their finances in order to thrive in today's challenging times," said The Sanibel Captiva Trust Company's Chief Operating Officer Adria Starkey. "WOW is designed to help our clients and friends cut through the clutter and make wise decisions about their personal life, career and financial future."

Interested attendees should contact Elizabeth Kindt at The Sanibel Captiva Trust Company at 472-8300 or EKindt@SanCapTrustCo.com. All events begin at 10 a.m. and seating is limited.✧

From page 5B

## Center 4 Life

in the session. Supplies are provided. Cost is \$12.50 for members and \$25 for non-members.

**Third Annual Justine Smith Charity Bridge Tournament** – Friday, February 15 at 1 p.m. Local merchants will contribute gifts that will be awarded during the tournament. All proceeds will go to PAWS, a Sanibel charity for the care, foster and placement of stray animals. Cost is \$20 per person.

**Intermediate Bridge Lessons with Linda Tedeschi** – Mondays, February 11, 18, 25 and March 4, 11 a.m. to 12:15 p.m. Basic knowledge of the game is required. Learn more about playing the hand and get tips for winning defense.

**Basic Bridge Lessons with Bruce and Christl Smith** – Tuesdays and Thursdays, February 5, 7, 12 and 14, 9 a.m. to noon. You must be able to attend all four classes. Cost is \$10 for members and \$20 for non-members.

**Backgammon** – 1 p.m. Wednesday  
**Bridge** – 1 p.m. Monday and Wednesday

**Hand & Foot** – 1 p.m. Tuesday

**Mahjongg** – 1 p.m. Thursday

**Mexican Train** – 1 p.m. Thursday

Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Bea Pappas Painting To Be Raffled**

The Center 4 Life is holding a raffle drawing for an original painting by local artist Bea Pappas. Pappas has been painting for 47 years and teaching for 32 years. She is an exhibiting artist at the North Shore Art Association in Gloucester, Massachusetts and a signature member of ISEA (International Society of Experimental Artists). Tickets are \$5 each or six for \$25 and are available at the front desk at the Center 4 Life on Library Way. The painting is on display at the center. The drawing will be held Wednesday, March 6.

**Arts And Craft Fair To Be Held**

Arts & Crafts Fair – Saturday, February 9, 9 a.m. to 2 p.m. Holiday bazaar vendors will have a variety of handmade items including fused glass, jewelry, purses, photographs, paintings, cards, shell crafts, pottery, jam, chutney, macramé and fabric and hand-knit apparel. Hot dogs will be served during the fair.

Call the center at 472-5743 for details on programs or stop by to register.✧

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FISH Social Worker Jessi Ziegler, Merle Rauscher and Velma Gavin from Jerry's with FISH Program Director Christine Swiersz

## Jerry's Restaurant Surprises FISH With Donation

Friends In Service Here (FISH) of Sanibel was very touched to learn that employees at Jerry's Restaurant organized a fundraiser over the holidays that raised money for FISH. Velma Gavin and Merle Rauscher made hand-crafted shell ornaments that were hung on the restaurant's Christmas tree

and sold to customers for \$15 each, raising more than \$1,400. "We were very pleased to learn of their kind thoughts and actions that helped raise money at a time when demand for services and food is very high at FISH," said John Morse, President. "It's a wonderful feeling to know that so many in our community are willing to lend us a hand. We'd like to thank the organizers and all the customers who had purchased a Jerry's ornament in our name." ❄️

From page 1B

## Doc Ford's New Location

Replacing the soon to be closed Holy Smoke Heavenly Barbecue restaurant outside the gates in Chadwick's Circle, Doc Ford's invites guests to explore the new look and feel of the restaurant while having some of the signature dishes, from Martinique-jerked pork chop, to the Yucatan Shrimp, and the famous Mojitos.

"It's going to be a lot of fun for the visitors to Captiva Island," said Marty Harrity, co-developer of the Doc Ford's restaurant group. "We're going to have a full docket of live entertainment and it's really going to make for a great experience for the visitors."

Staying true to its roots, Doc Ford's will be offering the freshest produce, proteins, and seafood with the same tropical island flair as the Sanibel Rabbit Road original location and the recently-opened

Fort Myers Beach location.

"We're thrilled to extend to our guests the newest eatery, Doc Ford's Rum Bar & Grille, Captiva," said Managing Director Bob Walter. "We share the same dedication as Doc Ford's in providing an unforgettable experience, with impeccable, friendly service."

Doc Ford's is slated to open in the summer of 2013. For more information, visit [www.docfordsanibel.com](http://www.docfordsanibel.com) or [www.southseas.com](http://www.southseas.com). ❄️

Send your editorial copy to:

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Barbara Johnson works reading local newspapers at the Sanibel Public Library

## Spotlight On CHR

submitted by Claudia Burns

Fifteen years ago, Barbara Johnson realized Coral Gables was too noisy and hectic for her and decided that Sanibel, where she had vacationed a number of times, would be a more suitable home for her.

After struggling for several years to cover the going rental rate on Sanibel, Barbara was overjoyed to discover she qualified for CHR's brand new Casa Mariposa, an affordable housing complex designed solely for seniors. Not only did

she become its very first tenant, she is now the senior-most of the seniors residing there.

Barbara remains active by walking regularly, climbing stairs rather than taking elevators, and volunteering at the Sanibel Public Library, where she scours local newspapers for stories about Sanibel for the library's archives. She savors the quiet wilderness that surrounds Casa Mariposa and enjoys watching sunsets from her screened porch.

Most of all, she is grateful to CHR for making it possible for her to live in the serenity known as Sanibel.

According to Margaret Mohundro,

executive director of the Sanibel Public Library, "We rely on an outstanding group of staff members and volunteers to keep us running. CHR's existence, and the affordable housing offered, put the library in a better position to recruit staff and volunteers because there is the option of living on Sanibel. Thank you to CHR for making this possible."

CHR is a non-profit organization that partners with the City of Sanibel to provide affordable housing for families and individuals who work in and/or serve the community of Sanibel. Today, CHR administers housing for 150 island residents in 10 rental complexes plus 14 limited equity ownership homes throughout Sanibel, thus facilitating local workforce for island businesses and ensuring economic diversity in our community.

CHR will hold their first-ever fundraiser on February 9. For more information, stop by the CHR office at 2401 Library Way or call 472-1189.\*



Barbara Johnson at Casa Mariposa

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**Isabella Rasi**  
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## BUILD YOUR DREAM HOME IN GULF RIDGE

Beautifully vegetated lot very close to beach in prestigious Gulf Ridge. Last lot on right before Joewood, with adjacent community pool and tennis. Just steps from deeded beach access. Over one acre of land. **Offered for \$425,000. Contact Loretta Geiger 239/980-2298.**



## STYLE & SOPHISTICATION

An exquisite property cascading across 102' ft Gulf front & adding to this vision is the grassy lawn anchored with trees. Distributed over three levels, this well organized custom design clearly defines entertainment indoors & outdoors. On entering the residence the decorative foyer leads past the sweeping staircase into open, yet intimate living spaces with soaring ceilings, sculpture floor covering, and a versatile floor plan to create a feeling & experience unsurpassed in taste & refinement. Serene pool, spa, gulf breezes & idyllic lifestyle promise the most rejuvenating moments. **Offered for \$5,850,000. Contact LeAne Taylor Suarez 239/872-1632**



## GULF HARBOUR

One of the very best locations in Mariposa with panoramic golf course and lake views and the community pool with picnic area and facilities conveniently located across the street. Easy access ground level with 3B/2BA, beautiful great room and adjacent oversized fully enclosed L shaped porch, laundry room, pantry and 2 car garage. This home comes with a sport membership offering all the incredible facilities that Gulf Harbour has to offer. **Offered for \$329,500 Contact Loretta Geiger 239/980-2298 or George Kohlbrenner 239/565-8805**



## THE SANCTUARY

This is the opportunity you have been looking for! 7300 sq. ft. living area! Originally sold in 2006 for \$4.7M, and, after extensive negotiations with the lender, now offered for \$2,464,000. On The Sanctuary's signature # 4 fairway with expansive views of The Bay, this magnificent home features 5 bedrooms 5 1/2 baths, chef's kitchen, library, butler's pantry, 800 bottle walk-in wine cellar, family room with large bar/entertaining area, elevator, master retreat area plus fitness room. Real plaster moldings, marble & hard wood flooring, custom built-in bookcases. Expansive veranda with summer kitchen overlooks pool & spa. **Offered for \$2,464,000. Contact Toby Tolp 239/848-0433, Steve Harrell 239/565-1277 or Kasey Harrell 239/850-7602**



## SOUTH SEAS BAYSIDE VILLAS #5144

For the early risers...enjoy the sunrise across the Sound. This end location offers additional side windows for the panoramic view. For the boaters...relax and enjoy the sailboats or other types pass by. For the naturalist...enjoy the enormous types of birds scoop up their last feeding. For the fisherman...abundance of fish with dolphin and manatee sightings! This 1 Bedroom, 2 Bath villa recently renovated with new living room furnishings, flat panel tv's, freshly painted and more. South Seas Island Resort "offers a quiet refuge with secluded luxury, exclusive amenities, and abundant nature." **Offered for \$339,500 Contact LeAne Taylor Suarez 239/872-1632**



## JONATHAN HARBOUR BAY FRONT BUILDING SITE

17059 Marina Cove Lane This lot has a great dock system with a lift and deep water, electric and water on dock. 140 feet of water frontage and only 10 minutes by water to the Gulf. Private gated community with pool, tennis, and clubhouse. Custom blueprints available for a home if purchaser is interested. **Offered for \$625,000 Contact Ralph or Cathy Galietti 239/826-5897 or 239/828-5807**



## SLEEK UPSCALE GATED COMMUNITY IN SOUTH FT. MYERS

6801 Stony Run has it all and more. Peaceful serene oversized lake front lot with room to stretch out, relax and enjoy Florida at its best. Tennis, boating, shaded family outings and golf all within easy access. Enjoy your private pool/hot tub while you watch eagles fly overhead. This spacious one floor 3 bedroom 3 1/2 bath home is professionally designed to flow from the family room, to the oversized eat in kitchen, formal dining room, office, den, king-size master bedroom and bath all surround by the sheltered screened enclosed pool and entertainment center. All this comfort and privacy, yet minutes from all Ft Myers has to offer. **Contact George Kohlbrenner 239/565/8805**



## NEAR BEACH

3 Bedroom, 3 Bath home across the street from the beach located in Palm Lake Subdivision off of prestigious West Gulf Drive. This home has an open floor plan, wood burning fireplace, 2 car garage, extra Murphy beds, screened sundeck and a separate attached pod that can be used as a private office or a private guest bedroom with full bath. **Offered for \$529,000 Contact Connie Walters "Ms Listr" 239/841-4540 or Tracy Walters "Mr. Listr" 239/994-7975**



## SOUTH SEAS TENNIS VILLAS

Comfort, convenience, and a serene sense of inspired living in a Resort Community. Outside in the Tennis Villa community is an abundance of well maintained, matured, and manicured grounds offering a private community pool, sun-deck, bbq area and more.

### #3110

Quaint corner 1 bedroom/1bath unit overlooking lush gardens and courtyard. West Indies-style décor, fully furnished turn-key villa located within the Southern Enclave of South Seas Island Resort. Extra side windows in dining area for additional light. Walking distance to beaches, Village of Capivta, restaurants and much more. South Seas Island Resort amenities offered with a club membership. **Offered for \$275,000. Contact LeAne Taylor Suarez 239/872-1632.**



### #3139

Every aspect of the interior is designed to enhance the island experience. The entry level offers a private guest bedroom and bath, a great room that encompasses an open floor plan with sliding glass doors in living and side window in dining area in this end villa. The privacy of the master bedroom with en-suite bath is located on the upper level overlooking an enclave of sunlight through the picture window. **Offered for \$405,000. Contact LeAne Taylor Suarez 239/872-1632.**



## SUNDIAL SPECIAL

### J-107

This Magnificent 2 bedroom 2 Bath Condo Is Ideally Located on the Ground Floor,

Just Steps to the Gulf of Mexico and the Sundial Resort's Restaurant, Pool and Pool Bar. Sellers Have Been Very Diligent With Upkeep and Updating. Outstanding Rental History Only Adds to the Value of This Charming Condominium. **Offered for \$497,000. Contact Brian Murty at 239/565-1272**



Around The Islands With Anne

# Sashimi, Sushi At Sanibel Grill; Prime Jazz Returns To Traditions

by Anne Mitchell

**S**anibel Grill is now offering fresh sushi and sashimi on Thursdays, Fridays and Saturdays, featuring tuna and salmon. That's in addition to the regular raw bar.

Crunchy Grouper and Crunchy Shrimp are the grill's signature dishes.

The grill has a wide selection of fresh local seafood, meats and poultry, plus this weekly line-up of specials:

Monday – Magical Meatloaf with gravy

Tuesday – Skirt steak with chimichurri

Wednesday – Jerk chicken, beans and

rice

Thursday – Sushi and Sashimi

Friday – Lobstah Night

Saturday – Fish Fry

Sunday – Prime Rib and BBQ Ribs

Sanibel Grill is at 703 Tarpon Bay Road, phone 472-4453.

In more restaurant news, Angela Morales has been named manager of **Il Cielo** on Sanibel.

Morales has more than 20 years' experience in the food and beverage industry and most recently served as managing sommelier for Angelina's Ristorante in Bonita Springs.

She is a certified sommelier and a Culinary Institute of America graduate with an associate of occupational studies degree in culinary arts. She has earned numerous one- and two-glass Wine Spectator Awards for her wine lists.

Morales has been involved with a number of local charities and was chosen to participate as a sommelier for the Naples Winter Wine Festival for consecutive years and she has served on the committee of the Southwest Florida Wine and Food Festival for the past three years.

Morales said that currently 50 percent of Il Cielo's wine list consists of sustainable organic wines.

The restaurant is located at 1244 Periwinkle Way, phone 472-5555.

It may not be widely known, but there's a gift boutique tucked away inside Royal Shell Vacations' office at 15050 Captiva Drive.

**The Royal Shell Emporium** sells hostess gifts, birthday presents and souvenirs as well as books that will be a good beach read.

"Because it's located inside the check-in office, many people are hesitant to just walk in and shop," said Randy Bacik, CEO of Royal Shell Vacations, "but everyone is welcome, from Royal Shell guests to local

The Emporium carries Naples Soap Company items, Norman Love Confections, Alan Maltz books along with his photographic images of Sanibel and Captiva both small and large, Costa Del Mar sunglasses, shirts and accessories. Many items are created by locals.

You'll find glass beads that say Captiva and Sanibel that are sized to be worn on Camilla and Pandora style bracelets or placed on a chain and worn as a necklace.



Sanibel Grill owner Matt Asen likes his fish very fresh – here he is with a red snapper



Angela Morales is the new manager at Il Cielo

Custom-made jewelry specifically for brides created by one of the island's artisans will also soon be available.

## LIVE ON THE ISLANDS

Jazz nights are back at **Traditions on the Beach Restaurant, Bar and Lounge at the Island Inn**. That means Prime Rib and Prime Jazz will be held

Wednesday nights through season for dining and dancing. Jazz music will be performed by Father Al and the Jazz Congregation, with a few guests along the way including "Mr. Swing" himself, Paul Ventura.

The entrée special, alongside the regular menu, will be prime rib.

This week's lineup at Traditions includes: Friday, Joe McCormick and singer Barbara Smith; Saturday, Joe McCormick and singer Marvilla Marzan; Wednesday, Prime Rib and Prime Jazz!; and Thursday, dancing to Joe McCormick with popular favorites and smooth vocal stylings, R&B, jazz and pop.

Traditions is at 3111 West Gulf Drive, Sanibel, and is open from 5 p.m. until late Monday through Saturday. Live entertainment starts at 7 p.m. For reservations, call 472 4559.



Norman Love confections are sold at The Emporium at Royal Shell Vacations' office on Captiva



Beach supplies and books are also carried at The Emporium

continued on page 15B

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Father Al and the Jazz Congregation with Paul Ventura and Andrea Mucciga, owner of Traditions on the Beach



Murray Smith has been attending the seasonal classes for three years

## Parkinson's Exercise Classes Offered At Sanibel Rec Center

Exercise is medicine for those diagnosed with Parkinson's disease. Classes are offered every Wednesday from 1 to 2 p.m. at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road.

Classes are free for those with Parkinson's disease or a related movement disorder as well as their care partners.

For more information or to confirm the meeting schedule, call 985-7727. Photo ID is required for admission to the facility.

A new Parkinson Support Group is held at 2 p.m. every second Wednesday of the month. The class is being offered through the Hope Parkinson Program. For more information, visit [www.hopecparkinson.org](http://www.hopecparkinson.org).

### SPORTS QUIZ

1. Name the last pair of A.L. teammates before Boston's Adrian Gonzalez (213) and Jacoby Ellsbury (212) in 2011 to each have more than 210 hits in the same season.
2. Four players who started their major-league careers in the 1970s played in four decades. Name two of them.
3. Name the only Michigan State player to be taken No. 1 overall in the NFL draft.
4. Between 1956 and 2000, only one player 6 feet 3 inches or shorter won an NBA Most Valuable Player Award. Name him.
5. Name the NHL team that allowed the fewest goals in an 82-game season.
6. Of the nine NASCAR Chase for the Cup playoffs through 2012, how many drivers have made at least eight of them?
7. In 2012, Serena Williams became the second woman to have won all four of tennis' Grand Slam titles along with Olympic singles gold. Who was the first?

### ANSWERS

11. Jimmie Foxx (213) and Al Simmons (216) did it for the 192 Philadelphia A's. 2. Rickey Henderson, Mike Morgan, Jesse Orosco and Tim Lincecum. 3. Defensive end Bubba Smith, in 1967. 4. Bob Cousy, in 1957. 5. New Jersey allowed 164 goals in 2003-04. 6. Jeff Gordon, Jimmie Johnson, Matt Kenseth and Tony Stewart. 7. Steffi Graf completed her "Golden Slam" in 1988.

From page 14B

## Around The Islands

**George & Wendy's Sanibel Seafood Grille** has live entertainment every Wednesday, Thursday and Friday as well as every other Tuesday. Tonight, Friday, January 25, it's Marty Stokes & The Captiva Blues Band from 9 p.m. to midnight; Karaoke is on Wednesdays and on Thursday, the entertainer Anthony Wayne, guitar and vocals. The restaurant is at 2499 Periwinkle Way, Sanibel, phone 395-1263.

**Traders Store & Cafe** features music by Chris Workman on Sundays and Wednesdays from 7 to 10 p.m. and Danny Morgan and Friends on Tuesdays and Thursdays from 7 to 10 p.m. Traders is at 1551 Periwinkle Way, phone 472-7242.

**The Jacaranda** has entertainment nightly from 7 to 11 p.m. On Friday and Saturday, various artists are featured. On Sunday, it's Jamaica "Dave" & Co., reggae and dance; Monday, Renata, jazz, contemporary music and dance; Tuesday, Steve "Scooter" Reynolds, acoustic guitar, contemporary music and dance; Wednesday, Buckeye Ken, contemporary, Top 40 and blues; Thursday, 2 Hot, contemporary, reggae and dance. The Jacaranda is at 1223 Periwinkle Way, phone 472-1771.

**The Mucky Duck** on Andy Rosse Lane, Captiva, features music by Mark Dupuy on Mondays; Rich Lancaster, Wednesdays; Gene Federico, Thursdays and Saturdays; and Buckeye Ken, Fridays.

**The Crow's Nest** at 'Tween Waters Inn has live entertainment on Fridays and Saturdays from 9 p.m. to 1 a.m. Crab races take place Mondays and Thursdays. The Crow's Nest is at 15951 Captiva Drive, phone 472-5161.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey; Saturday, Diana Lynn; and Sunday, Buckeye Ken. Phone 472-0606.

**RC Otter's**, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and out, phone 395-1142.

**Keylime Bistro** features live music days and nights seven days a week with Ken Limeri playing jazz sax from 6 to 10 p.m. every Tuesday. The bistro is at 11509 Andy Rosse Lane, Captiva, phone 395-4000.

Restaurant owners/managers, please e-mail or fax your entertainment schedule to Anne Mitchell at [islandsuncity@aol.com](mailto:islandsuncity@aol.com) or 395-2299.

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### Sundial L-202 \$599,000

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## Sanibel Island Golf Club Results

On Wednesday, January 16, the Women's League continued their play for The President's Cup at Sanibel Island Golf Club. Great rounds were shot by Anne Marie Sprotte (net 60) and Gini Gersack (net 61). Leading the 9-holers was Sally Lichtenstein with a net score of 30.

Meanwhile, the Men's League played a variable ball format. Topping the field was Rene Lohser, Al Krause, David Lewis and Jim Sauer.✧



Ann Marie Sprotte



Gini Gersack



Sally Lichtenstein

## Dunes Member/Member Final Results

The Dunes Mens Golf Association Member/Member matches are over and the results are in. Congratulations to Alton and McLaughlin for winning the Palmer Bracket and Munch and Mannion for winning the Nicklaus Bracket.✧



Rene Lohser, Al Krause, David Lewis and Jim Sauer

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Always use caution when crossing any street (or driveway) that intersects with our Paths; use the crosswalk if available. And be courteous to drivers. If cars are waiting at a four-way or other intersection when you approach, stop and let them have their turn. It's the Sanibel way of treating each other with respect.



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- 3BR/2BA condo, beach access
- Wood floors, cathedral ceiling
- Docks w/direct access, pool
- \$1,299,000 (2130044)

Karen Bell 472-5187 x 270

### Romantic Gulf Front Presence



- Sophisticated 4+BR/4+BA Gulf front home
- Chef's kitchen, home office, fireplace, elevator
- Heated screened pool and private gardens
- Delightful verandah's and porches
- \$4,450,000 (2120429)

Mary Lou Bailey 472-5187 x 246

### Quiet Island Community Near Sanibel



- Secure entry to island community
- Luxurious residence, 4BR/4.5BA
- Boat dock, direct access, 45' lap pool
- Fireplace, bamboo floors, elevator
- \$1,439,000 (2121349)

Glenn Carretta 472-5187 x 221

### Spacious Canal Home



- 4BR/4BA, fireplace, elevator
- Large, screened enclosed pool
- Boat lift, dock, minutes to bay
- Deeded beach access, East end
- \$1,695,000 (2111180)

Rose Dakos 472-5187 x 233

### Sanibel At Its Finest



- Upscale 5BR/4.5BA home, over 1 acre
- Upgraded beyond contract specifications
- 10X50 lap pool, oversized four-car garage
- Tower with Gulf views, unparalleled privacy
- \$1,995,000 (2121067)

Marlene Donaldson 472-5187 x 242

### Private Retreat



- Olde Florida style home
- 4 bedroom, 2.5 bathrooms + office
- Family room, large deck areas
- Over an acre, pool, very private
- \$1,200,000 (2121245)

Linda Gornick 472-5187 x 261

### Gulf Front Steal!



- Reduced \$2,510,000 from original price!
- Gorgeous 5BR/5B including private guest house
- 2 Fireplaces, elevator, wood floors, gourmet kitchen
- 2 acre lot, great views, community pool and tennis
- Unbelievable \$2,685,000!!! (2801645)

Jim Hall 472-5187 x 215

### High Tide Condo



- Spectacular condition! Direct gulf front
- East corner, first floor unit
- Remodeled 2BR/2BA, large den/3rd BR
- Furnished, turn-key ready
- \$1,350,000 (2120970)

Robin Humphrey & Associates 472-5187 x 218/241

### Beachview



- Exquisite and immaculate custom home
- 3BR/3BA featuring Brazilian cherry wood floors
- Gorgeous lake and golf course views
- Beautiful pool with rock waterfall, near beach
- \$1,195,000 (2100476)

Jason Lomano 472-5187 x 286

### La Playa!



- Beautiful 3 bedroom, 2 bath
- Direct gulf front Condo
- Top floor, West corner unit
- Small 6 unit complex
- \$1,450,000 (2121367)

Keith McMenamy 472-5187 x 310

### Sedgemoor Of Sanibel Penthouse



- Sanibel's most recently built condo
- 3BR/3.5BA, direct gulf front, impact resistant glass
- Top of the line appliances, den, private elevator
- Newly painted, 9' ceilings, exceptional condo
- \$2,999,900 (2800660)

John Nicholson 472-5187 x 279

### Luxury Bayside Home



- 5BR/4BA with breathtaking views of Pine Island Sound
- Gourmet kitchen with top of the line appliances
- Elevator, custom cabinetry, granite counters, pool
- Huge loft area with amazing water views
- \$2,495,000 (2100216)

Les Pendleton 472-5187 x 266

### Country Club Living



- 5BR/4.5BA custom designed home
- Sanibel River & golf course views
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# Add Butler's Hinkle Fieldhouse To Fenway Park And Wrigley Field As Top Sports Attractions In The U.S.



by Ed Frank

If you are asked what are the two most famous and historic sports facilities in America, you no doubt would answer Boston's Fenway Park and Chicago's Wrigley Field.

And your answer would be logical as Fenway – the oldest Major League Baseball park, with its iconic left field Green Monster wall – which was built in 1912. Close behind is Wrigley, which will celebrate its 100th anniversary next year.

But allow me to add a third entry to the list: Butler University's 85-year-old Hinkle Fieldhouse, located on the north side of Indianapolis.

If any of you saw last Saturday's unbelievable basketball game between Butler and Gonzaga, where TV's Dick Vitale went nearly berserk at the buzzer-beater ending, you might begin to understand why this old basketball barn should be included among sports greatest venues.

When built in 1928, it was the largest basketball arena in the United States, seating 15,000. The original floor is still in use today. It was first called the Butler Fieldhouse and later renamed in memory of Paul D. (Tony) Hinkle, the school's basketball coach for 41 years.

During World War II, it served as a barracks for the U.S. Navy and the Army Air Force, and in 1987, it was placed on the National Register of Historic Places in recognition of its role in transforming college basketball.

Perhaps, however, it is best known for one of the all-time greatest sports movie, *Hoosiers*, depicting the memorable 1954 victory of tiny Milan High School over huge Muncie Central. The major scenes of the movie were filmed at Hinkle, where the Indiana State High School Basketball Championship was played for decades.

Getting back to last Saturday's Butler-Gonzaga thriller, it apparently was the first time a major college game was televised nationwide from Hinkle. And Hollywood could not have written a better script.

Butler, which earlier this year defeated No. 1 Indiana in overtime, was ranked nationally at No. 13 and Gonzaga at No. 8. The game was closely played throughout, and with 3.5 seconds remaining, Butler's Roosevelt Jones stole an inbound pass and sank a 10-foot floater as time expired for a one-point Butler win.

Along with Vitale, the Fieldhouse erupted in frenzy, with students mobbing the ancient floor.

The memorable Butler victory only added to the historic mystic of this 85-year-old building that ESPN has labeled "Indiana's Basketball Cathedral."

## Kenny Perry To Defend ACE Group Title

With the 26th edition of Champions Tour Ace Group Classic less a month away, Kenny Perry announced last week that he will return to defend his title for the February 15 to 17 tournament at TwinEagles Golf Club in Naples.

The popular tournament always draws the top golfers on the senior circuit, and this year's should be the same.

continued on page 30B

## SANIBEL 8-BALL POOL LEAGUE 2012-13 Standings through January 21, 2013

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	117	55
Second	Bathroom Magic	117	55
Third	Sanibel Café	98	74
Fourth	Odd Balls	79	93
Fifth	Sandycappers	75	97
Sixth	Deep Pockets	71	101
Seventh	Island Lifers	70	102
Eighth	Fresh Legion Crew	62	110

Bathroom Magic	11	Sandycappers	1
Bunt's Ball Busters	9	Sanibel Café	3
Odd Balls	8	Fresh Legion Crew	4
Island Lifers	7	Deep Pockets	5

### Sanibel 8-Ball Pool League

## Magic Move Up

Bathroom Magic put an 11-1 whipping to Sandycappers and moved into a tie for first place. Jack Dalton, Bob Dupre and Terry McCullough had perfect 3-0 nights for the winners.

Bunt's Ball Busters could only manage a 9-3 win over Sanibel Café, with Ball Buster star Rich Ennis chalking up his second 3-0 in a row in league play. His victory came over Sanibel Café owner Rich McCurry, who was heard to exclaim "No more free tea for him!"

Odd Ball Captain Kip Buntrock proved that four hours at The Great White Grill prior to shooting pool doesn't work. Becky Skog beat him three straight with an awesome display of unplanned safeties. Kelly Greten and Jimbo Gaubatz had 3-0 nights to lead the Odd Balls into fourth place.

Island Lifers continued their upward journey in the league standings with a 7-5 win over Deep Pockets. Gary Murza and Carmen Senese went 3-0 for the winners and George Sell posted a 3-0 night for Deep Pockets.✪

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## Play For Pink

The Dunes Golf & Tennis Club's Play For Pink event was played on January 11. The results of the 2 Best Net Of 4 tournament are:

1st	Anne Frymoyer	107
	Jana Stone	
	Lesley Simmons	
	Joan Dyke	
2nd	Noel Barbee	111
	Mike Dutton	
	Ann Levinsohn	
	Sue Altum	
Closest To The Pin		
	Annie Wainwright	#2
	Mardi Glenn	#17
	Straightest Drive	
	Sharon Hannon	#18*

## Nifty Niners

The Dunes Golf & Tennis Club Nifty Niners Event Results Thursday, January 17, short course scramble

1st	Roberta Rohl	34
	Sue Norpell	
	Kay Wightman	
	Pat Haggerty	
2nd	Willie Winkler	35
	Judy Yenkole	
	Jeanne Mallon	
	Dorothy Hirschfeld	
3rd	Joan Kelly	37
	Sue Altum	
	Phyllis Koury	
	Nancy Hopkins*	

## Sunday Mixed Golf

The Dunes Golf & Tennis Club Sunday Mixed Golf tournament on January 20, was a 1-2-3 net better of 4 format. Results:

1st	Felix Curcuru	108
	Carol Curcuru	
	Tom Winkler	
	Willie Winkler	
2nd	Jim Fantozzi	111
	Janet Fantozzi	
3rd	Howard Dwyer	112
	Margaret Dwyer	
	Ed Hannon	
	Sharon Hannon	
4th	Dave Blue	115
	Gussie Blue	
	Hank Humphrey	
	Ann Humphrey	

Closest to the hole: Nancy Greenberg #2; Felix Curcuru #9.\*

## Hole-In-One

On January 9, Charles V. Simms, 80, scored a hole-in-one on the 80-yard second hole at The Dunes Golf and Tennis Club. Bill Hotchkiss, Max Friedersdorf and Dave Parmalee witnessed the feat as Simms used his Cleveland pitching wedge and a Nike Mojo ball. It was the first hole-in-one of his career.\*

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# The Sanibel Captiva Trust Company Hosts 2013 Market Outlook Seminar

**P**at Dorsey, CFA, Director of Research at The Sanibel Captiva Trust Company, spoke on January 16 at The Sanctuary Golf Club about "Navigating An Uncertain Investment Climate." Dorsey told local investors that, "The good news is that equity valuations are still reasonable – especially in the context of low inflation and low interest rates. In addition, corporate profits are growing, albeit modestly, while consumer and corporate balance sheets are strong. The housing market is finally on the mend. China seems to be avoiding a 'hard landing,' and Europe's recession is not catastrophic."

"The bad news is that the domestic debt threat has not gone away, and political leadership on both sides is lacking. The economic recovery is still relatively weak and corporate profit margins are historically high, and may be hard to expand further. Europe's issues were postponed, but not solved," Dorsey said.

He then went on to explain what he and the other eight portfolio managers/analysts are favoring in client accounts. "We're buying very high quality companies with strong balance sheets that have high returns on capital. They are relatively inexpensive and provide a hedge against inflation. We've also increased our weighting in international companies for appropriate clients, emerging markets are cheap right now and we like European companies with heavy export capacity. We are avoiding bonds right now because of low interest rates, although for very high net-worth clients, individual municipals make sense. As a substitute for bonds, we are looking off the beaten path for income including master limited partnerships, some preferred stocks, and a few REITS."

"We are pleased and proud that this year's Market Outlook Conference was a success and that the 110 people in attendance were so engaged and asked many penetrating questions," said S. Albert D. Hanser, founder, CEO and co-chairman of The Sanibel Captiva Trust Company.

Dorsey's presentation is part of The Sanibel Captiva Trust Company's continuing effort to keep clients and friends of the firm informed during today's dynamic business climate. He appears regularly on Bloomberg TV, Fox TV and CNBC, and is the author of two books — *The Five Rules For Successful Stock Investing* and *The Little Book That Builds Wealth*. Before joining The Sanibel Captiva Trust Company, Dorsey was Director of Equity Research at Morningstar for more than 10 years. He holds a master's degree in political science from Northwestern University and a bachelor's degree in government from Wesleyan University.✪

## ISLAND SUN BUSINESS NEWSMAKERS



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## Top Producers

**V**IP Realty Group announces the top agents and sales teams for the month of December.

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Lomano, Nicholson & Associates were recognized as top sales team and top listing team

Janie Howland was recognized as top listing agent.

The Karen Bell Team was recognized as top producing team.

Glenn Carretta was recognized as top producing agent.✪



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Eric Pfeifer

and commitment to Sanibel's youth sports programs has benefited children throughout our community for many years.

In 2003, Pfeifer started Sanibel's first NFL Youth Flag Football League and he continues to coach and organize this sport today. After 10 years of coaching youth softball and baseball, Pfeifer managed Sanibel's Little League program in 2009 and 2010. He also enjoyed coaching Canterbury School's first 11-man middle school football team this past year.

Pfeifer has also donated his time and energy to benefit The Community House as a performer in Dancing with the Island Stars, as the Guinness World Records "Sanibel Stoop Drill Sergeant" and will soon be performing the ceremonies for "A Wedding in the House," Dr. Seuss style.

In addition, Pfeifer's brokerage is home to the 100% Pure Sanibel Island donation campaign, which began in 2012 and to date has donated more than \$1,500 for local island non-profit organizations. He remains an active board member of the Sanibel Captiva Kiwanis Club and the Shell Harbor Homeowners Association.✪



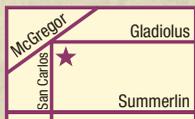
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**F**or the fourth year in a row, Eric Pfeifer, broker of Pfeifer Realty Group, was selected to receive the Sanibel and Captiva Islands Association of Realtors' Community Service Award by fellow Honor Society Realtors and Brokers. Each year, this award is presented to the agent or broker who actively volunteers their time and talents in many areas throughout the island community. Pfeifer's dedication

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## Who Are Your Heirs?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

**I**n today's world of Assisted Reproductive Technology (ART), do we really know who our heirs might be? I recently attended

the Heckerling Estate Planning Conference, which is a weeklong pre-eminent continuing education course for professionals who practice trust and estate law. One of the sessions featured Miami Attorney Bruce Stone, who lectured on how reproductive technology affects wills and trusts.

couple's grandchildren of that son) would take the share of their predeceased son. If at the time of the death the son had no heirs, then the other surviving sons would split the estate.

That's when the son dropped a shocking revelation. "Wait a minute," he said. "My wife and I have embryos frozen in case we would want to have a child someday. What happens if I died but my wife hasn't transferred one of the embryos in utero yet? We might not want to ever have children, but if I were to die suddenly, we've discussed the possibility that she may decide to carry one of these frozen embryos."

The room sat in shocked silence. When all parties gathered themselves to discuss the possibilities, much emotion poured out.

Florida law states that if an heir is in utero when its parent dies, then it stands in line as a per stirpes heir. Once it is born, it is then entitled to the share of the deceased parent. Stone explained that the unborn child would actually have to be in the womb at the time of the adult son's death in order to be considered an heir.

"But what if my wife decides to wait some time and then have the child? Can it not be considered my legal heir at that time?"

I was surprised to learn that nearly one out of every 100 new births today is a product of ART. Couples are waiting longer to have children, working against their biological clocks. It is therefore not uncommon for ART facilities to harvest and freeze a couple's eggs and sperm in case they want to have children at a later time but can't.

Stone described a client meeting that included not only the husband and wife, but also one of their adult sons. When Stone described the will and trust documents to his clients and got to the "per stirpes" provisions, he explained that if one of the couple's three sons predeceased them, then that son's children (the

Stone explained that the state law may be circumvented with proper legal drafting inside of the will or trust. In other words, if the clients put a provision that would call an afterborn child a direct heir, then it can certainly be considered one.

But this presents all sorts of problems. Consider a family that has three sons. The will is drafted to allow one of the son's wives to conceive a child after the son's death and have that child considered to be a legal heir, so long as the afterborn child's DNA is that of the son.

Assume that the son predeceases his parents. When his parents die, there are two sons who survive them, but their daughter-in-law has not decided whether to go ahead with the embryonic transfer. How long must the personal representative (the executor) keep the estate open and not make distribution to the two surviving sons because no one is sure if they are entitled to 1/3 each (since the predeceased son's heir could be born at some point in the future) or 1/2 each (assuming that the wife either won't go through with the procedure at some point in the future, or even if she does, whether the procedure will be successful)?

ART presents other problems. Consider the child who donates sperm to a sperm bank to earn some extra money in college. Could a child conceived from

such a donation take a rightful share of the estate? State laws generally protect against this scenario, but not all state laws are similar. Different fact patterns may also affect the outcome.

To what extent should someone who has made or is making an estate plan ask his or her children whether an ART heir is possible? How long should a class of beneficiaries remain open, if at all, to accommodate this new technology?

Reports indicate that the percentage of ART children born when compared against those normally conceived will continue to increase over the coming decades as biological technology improves.

It would seem that clients should begin to open up these rather delicate issues with their adult children to ensure that their estate plan doesn't have unintended consequences. Further, if there's intent to accommodate the wishes of an adult child who is having difficulty conceiving, then those wishes should be conveyed to the estate-planning attorney so that they can consider the possibilities and draft detailed provisions to satisfy the intent.

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# School Smart



by Shelley M. Greggs, NCSPP

**D**ear Readers, I recently read a letter where a parent was struggling with the impact of a decision that her son's friend's parent had made. Her son has

an autism spectrum disorder, and this may have been related to his homicidal behavior. While it is natural for people to want to understand why such an event occurred, speculating on possible causes at this time would be irresponsible. To conclude that the presence of such a diagnosis predisposes someone to commit this type of violence perpetuates an incorrect stereotype and maintains a stigma that often creates a reluctance to seek treatment.

Homicidal or sociopathic behaviors are often the result of a complex combination and interaction of risk factors, which may be environmental, biological or both. In most cases, the presence of a diagnosable disorder or disability alone does not predispose someone to extreme or calculated violence. Implying so risks undermining the important efforts to reduce stigma around mental health problems and disabilities and may discourage individuals and families from seeking appropriate treatment. With appropriate treatment, especially early intervention, people with mental health issues can lead rich, full and productive lives.

The same is true for children exhibiting problem behaviors and learning difficulties. With proper interventions, children can overcome barriers to learning, display positive behavior and engage in positive socialization. Indeed, the primary focus of school-based mental health services is to provide students with the necessary supports to thrive in school and throughout life. Providing ongoing access to these services also promotes school

safety by helping students feel connected and supported and by helping to identify students who may need more intensive services. In these cases, collaboration among school, community providers and families is critical to ensuring continuity and effectiveness of supports. Improved access to mental health services in schools remains among the most critical factors in preventing and responding to school crises.

Our nation must engage in a serious discussion about how we can improve our efforts to provide for the mental health needs of our children and youth; not just to prevent horrific acts of violence, but to support their well-being, academic achievement and success in life. Speculating or circulating misinformation can be harmful and distracting to the mission of providing a safe school environment for our children. Numerous organizations have accurate information on the real risk factors and interventions for specific disorders and disabilities. These include, among others: the National Association of School Psychologists

(NASP), The Child Mind Institute, the American Psychological Association, the American Academy of Pediatrics, the Academy of Child and Adolescent Psychiatry, the National Council for Behavioral Health and the Autism Society of America.

NASP believes that ongoing efforts to improve school safety and to create safe and welcoming school environments are vital to promoting the well being of all of our children. Eliminating stigma and providing needed mental health services and accurate information is critical to this mission.

*Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\**

Asperger's and he had just lost his best friend of six years because the friend's parents, after the Sandy Hook shooting, wouldn't allow them to play together anymore. They said my son might do something when they're older. This is heartbreaking for all involved. Most likely, this is not an isolated event as parents struggle to protect their children at all costs, however, we need to become better educated and mindful about stigmatizing mental health and developmental disorders so we can dispel misinformation, fears and stereotypes and promote an environment that encourages mental health treatment as needed.

**From The National Association Of School Psychologists** – As the initial shock of the horrific events in Newtown, Connecticut begins to subside, the nation is left to contemplate why such a terrible tragedy occurred. There have been frequent reports in the news that the perpetrator had been diagnosed with

## Eagle Advocacy

Florida Gulf Coast University recently launched "Eagle Advocacy," an organization designed to engage the community to participate in advancing FGCU's legislative agenda in Tallahassee.

The program's goals are to create an informed and energized FGCU community; develop a stronger, united voice in Tallahassee; and provide essential information to volunteers so that they can effectively convey their views about issues affecting FGCU.

"FGCU receives tremendous support in Southwest Florida, and I encourage the community to join me as an Eagle Advocate to help expand and build on that support," said FGCU President Wilson G. Bradshaw. "Members of this important advocacy organization can help ensure that our FGCU future remains bright."

As an Eagle Advocate, members will be part of a proud and committed group of FGCU alumni, students and supporters who articulate the University's priorities to those in positions to affect its future.

FGCU Honorary Eagle Advocate, Tax Collector and former chair of FGCU Board of Trustees Larry Hart said, "As a proud Eagle Advocate, your voice can make a difference to our state legislators and other elected members by providing them with valuable information at strategic times during the 60-day legislative

session and throughout the year."

"With a focused involvement by FGCU supporters, Eagle Advocacy will support our local elected officials by carrying a strong message to Tallahassee about the importance of higher education, FGCU's mission and the critical need for reliable state funding to accomplish that mission," said Director of Government Relations Jennifer Goen.

Membership is free and only takes a few minutes. Those who join will receive the latest information on proposed legislation and other governmental activities that could potentially impact FGCU.

To become a member of Eagle Advocacy, sign up at [www.ciclt.net.fgcu](http://www.ciclt.net.fgcu). For more information, contact Goen at 590-7410.\*

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Moni Arnowitz and Kristine Barrett

## Nurse Practitioner Joins Doctor's Practice

“Being a Paramedic for Lee County EMS for many years gave me the perfect background to transition into family medicine,” says Kristine Barrett, Nurse Practitioner with Dr. Edward LaMotta’s practice. With her degree from Edison College, which she obtained while working as a paramedic, Kristine bridged to

FGCU to earn her Master’s Degree in Nursing with the NP designation. Kristines’ husband, Tim Barrett, works for the Sanibel Fire Department and had heard about the opportunity with the island medical practice. Moni Arnowitz, office manager, says, “Kristine was the perfect fit for us. She treats her patients like they are family, she remembers that every patient she sees is someone’s mother, father, husband, wife, son, daughter and treats them with the utmost respect.”

“Going into season, we are prepared to hit the ground running” says Kristine. “I see about 25 patients a day and

understand that number could increase in the months ahead. Dr. LaMotta and the entire staff are wonderful to work with and it is a pleasure to provide medical care to the islanders and its visitors.”

Asked about news of the flu epidemic, Barrett says she is seeing increasing

numbers of flu patients daily and encourages everyone to stay home if you are sick, wash your hands frequently, get new toothbrushes, change your pillow cases, wear a mask if you are flying and stay away from children and the elderly, who might be most susceptible. ✨

## Aging Population: Preparing For Life Changes

Join Janet Strickland from the Law Office of Janet M. Strickland, P.A. and Lisa Armstrong from Comfort Keepers in an informative presentation about being prepared for those times in life which occur as we age and our circumstances change. Having the proper health, financial and legal documents in place will be discussed, as well as various health care options to consider, from home health care to moving into assisted living or other types of residences or care facilities.

The presentation will take place at The Sanibel Community House on Wednesday, January 30 from 10 to 11 a.m.

Refreshments will be served. There is no cost to attend.

Reservations are appreciated. Contact Lisa Armstrong at Comfort Keepers at 590-8999 to RSVP or for further information. ✨



Janet Strickland

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## Color Your World Happy



by Cindy Malszycki

**J**ust imagine how drab life would be without color. There would be nothing around us but black, white and grays. Wouldn't such a world be depressing?

Certain color names instantly and unmistakably express states of mind, emotion or health. Blues songs are sad; when you say you feel blue, everyone knows you're not happy.

If you're in the pink, you're blooming with health and happiness. You can be green with envy, turn red with rage, or white with fright.

When selecting your color schemes, test your colors by the natural light of day and the artificial light in your home in the evenings. Sometimes artificial light can make some colors appear totally different. It's also important to remember that incandescent bulbs generally tend to give off more yellowish glow, therefore giving color a bit more of a yellowish cast. While this may be flattering to warm colors, it may affect cooler shades in an unflattering manner. Before finalizing any new

and exciting color scheme, be sure to see how your colors will appear in the rooms they will be used with the lighting present in those rooms!

*Cindy Malszycki is an interior designer on Sanibel/Captiva Islands. She can be reached at cindy@decden.net.\**

## Electrical Safety For Older Adults



by Bryan Hayes

**E**lectrical safety is important to me, so I'd like to help spread the word. You've probably heard me mention the Electrical Safety Foundation International (ESFI) in the past, or you

might even know of it without my help. Did you know that older adults (65+) are at a higher risk of being injured or worse from home fires? The reason behind this are cooking-related fires, electrical malfunctions and failures that are associated with lighting and heating equipment. Identifying these causes and understanding how to avoid them is the surest bet at prevention and maintaining a safe environment, especially if someone lives alone.

Here are some helpful tips to keep you and your home free of electrical hazards.

- Keep your electrical panel easily accessible; don't block it with furniture or put things in the path that allow you to get to it. If there is an emergency, you can quickly reach it to turn off power.
- Replace fuses and circuit breakers with proper sizes and amperage; make sure your panel is properly labeled. It also helps to upgrade your breakers to AFCI Arc Fault Circuit Interrupters which can detect an unintended electrical arc and automatically shut off power.
- Electrical outlets should not buzz, crackle, be warm, or overloaded with appliances; test your ground fault circuit interrupters (GFCI outlets) once a month.

- Regularly check wires, cord and plugs for wear and damage; extension cords are only meant to be used temporarily.
- Install and check smoke alarms regularly.
- Never leave your stove unattended, turn it off even if you leave for a short time; clean up food and oil residue around the elements.

You can find additional information and some very helpful videos at [www.esfi.org](http://www.esfi.org) to learn about fire safety.

*Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at Bryan@Sanibelair.com.\**

## Free Community Health Fairs

**T**he Lee Memorial Health System Parish Nurse Program is teaming with Right At Home In-Home Care & Assistance and Shell Point Retirement Community to provide a series of free health fairs open to the public. With the help of sponsors, the Parish Nurse program will provide wellness screenings to the Southwest Florida community at churches throughout the area.

"This is the 11th year the Parish Nurse program has provided this service to the community and we anticipate a large turnout," said Nancy Roberts, manager of the Parish Nurse program. "At every health fair we've ever done, the screenings have identified the need for immediate care in at least one or two people. Problems such as high blood pressure and heart disease often have no symptoms even though they're life-threatening conditions. These free screenings truly save lives."

- The community-wide health fairs will take place at the following locations:
- Friday, February 1 – Sanibel Center4Life, corner of Library Way and Palm Ridge Road, 1 to 4 p.m.
  - Thursday, February 28 – Hope Lutheran Church, 25999 Old 41 Road in Bonita Springs, 10 a.m. to 1 p.m.
  - Saturday, March 16 – King's Way Christian Center, 2016 Kismet Parkway in Cape Coral, 9 a.m. to 1 p.m.
  - Friday, March 22 – Zion Lutheran Church, 7401 Winkler Road in Fort Myers, 10 a.m. to 1 p.m.
  - Saturday, April 13 – Faith Presbyterian Church, 4544 Coronado Parkway in Cape Coral, 9 a.m. to 1 p.m.

Door prizes and healthy snacks will be provided for participants, and each health fair will hold wellness screenings for: Alzheimer's disease; balance; blood pressure; diabetes; foot health; hearing; obesity; oxygen levels; skin cancer; sleep apnea; spinal alignment; vision; pre-screening mammogram appointments.

Information about advance directives, assisted living, brain health, injury prevention, in-home care, pharmaceuticals, skilled nursing care and other services will be available to area seniors.

LifeLine Cardiovascular Wellness Screenings will be held at select locations for a reasonable cost. Pre-registration is required by calling 272-2817.

"Parish nursing plays an important part in the continuum of care between our health care system and the community by connecting healing and faith," said Roberts.

The Parish Nurse program is part of the Spiritual Services Department of Lee Memorial Health System. The Parish Nurse program promotes holistic care of the body, mind, and spirit by addressing the spiritual and emotional needs of patients, families, employees, volunteers and faith communities. More information is available at [www.leememorial.org/spiritualservices](http://www.leememorial.org/spiritualservices) or by calling 343-5182.

Right At Home provides in-home care to seniors and others throughout Lee and Collier Counties who need help maintaining their independence and a healthy lifestyle; and offers caregiving services for most any situation. For further information, contact Danielle at 949-1070 or visit [www.rightathome.net](http://www.rightathome.net).

Shell Point Retirement Community is a not-for-profit leader in the retirement industry with national accreditation from CARF-CCAC. Shell Point offers retirement living in a resort-style environment including an 18-hole championship golf course, deep water boating access, and recreational and fitness facilities. To learn more about Shell Point, visit [www.shellpoint.org](http://www.shellpoint.org) or call 1-800-780-1131.\*





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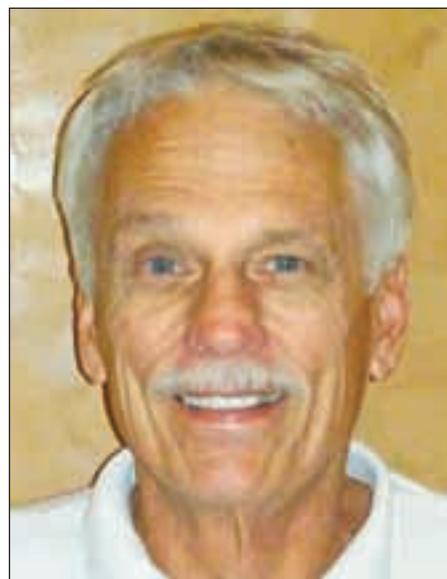
## Foundation Announces New Board Members

Caryn Clark, Orv Curry and John Grey have been elected to the Heights Foundation Board of Directors. Each serves a three-year term beginning this month. The Heights Foundation supports the Heights Center, a place for education, opportunity and enrichment. The Center's mission is to promote family and community development, support education, health and wellness, and provide the benefits of enrichment, expressive and cultural arts in the Harlem Heights neighborhood.

Clark is a voice-over actress with national television and radio credits. She received a BA in English from the University of Florida and has lived in Fort Myers for over 13 years. Clark has mentored young women Girls Going Places and is a member of the 20th Judicial Circuit's Grievance Committee for The Florida Bar. She spent nine years as an active member of the Junior League of Fort Myers, serving on the Board of Directors in a number of roles. In 2009, she was recognized as an Outstanding Young Alumna by the University of Florida, and in 2012, was the Key Note Speaker at University of Florida's Outstanding Young Alumni Awards. Clark has been volunteering as a Homework Helper in the Heights Foundation after school program for the past two years.

Curry works as an Information Technology Manager for BB&T. Originally from Illinois, Curry moved to Southwest Florida in 1988. He received his AA from Edison College and his BS in Computer Information Systems from Florida Gulf Coast University. Curry was a member of the United Way Allocations team for ten years, serving as team leader for three years. He has been a board member of the Alliance for the Arts since 2003 and the Fort Myers Flying Club since 2011. Curry, his wife and son live in Fort Myers.

Grey is managing partner of John Grey Painting. He and his family moved to Fort Myers Beach in 1967. After



John Grey

attending business school at Youngstown State University, majoring in Financial Management and Economics, John returned to Fort Myers Beach in 1972 to continue the painting business he began in college. John and his wife, Patty, have two sons who work in the family's business on Sanibel Island. John has been active in the community as a Little League coach and Boy Scout leader. He is the 2012-13 President of the Rotary Club of Sanibel-Captiva.

"Caryn, Orv and John bring a wealth of experience and skill to the Foundation," said Kathryn Kelly, President and CEO of The Heights Foundation. "We eagerly welcome them to our Board as we continue our mission to build strong, self-sufficient families in the Harlem Heights community." ❄️

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Dr. Dave

# Conspiracy

by Dr. Dave Hepburn



I have a patient/friend/victim who, to say he is a conspiracy theorist, is like saying my dog needs a breath mint. Turns out that JFK was shot by a deranged gay whale named

Hank. Pizza Hut is controlled by Mother Theresa and Pfizer. Freddie Mercury was the legitimate heir to the throne of Zanzibar... and so on.

But he is also a bit of a maven. He knows a lot of intricate details about a lot of stuff, usually useless stuff. So when he told me that the US made marijuana illegal as a substitute for making liquor legal back in the 1930's, I wondered what he'd been smoking.

Marijuana is back in the news again with Washington and Colorado recently making marijuana illegal. Talk about a change of hemp heart. One minute, Bloggins is being chrome-domed for the electric chair for having the scent of sativa in his saliva, the next, the governor is rolling his peace pipe.

Washington has approved of hemp. In fact, George Washington approved of hemp. Grew it as one of his three primary crops. "Umm, ya, for rope Martha.

Helps me floss these wooden teeth."

In 1619, Jamestown colony law declared that all settlers were required to grow hemp. "Excuse me, sir, but it appears that you are not growing pot. You will be drawn and quarte... what?... we gave that up over here?"

Medicinal preparations of cannabis became available in America in the 1850s. Could buy it any Rexalls. "Jonathan, run down to the five and dime and grab some lye, a revolver and a dozen fatties."

But newspaper mogul, William Randolph Hearst, mistakenly believing that hemp hurds were a better source of pulp and paper, felt that his huge timber empire was threatened.

He began publishing stories about the "killer weed of Mexico," demonizing the cannabis plant that caused folks to commit violent crimes, act irrationally and overtly sexual.

He then downed a bottle of rye.

Andrew Mellon, the wealthiest man in America and conveniently enough Secretary of the Treasury (motto: "one for you, one for me") had invested heavily in the Dupont family's nylon (motto: our leggs fit your wallet) business. So, and I know this will come as a shock to many of you, in 1937 they used their influence to get the first federal law passed against cannabis.

The American Medical Association (AMA) screamed bloody (pick any body part). "The AMA knows of no evidence that marijuana is a dangerous drug" and warned that a prohibition "loses sight

of the fact that investigation may show that there are substantial medical uses for Cannabis."

But the law passed, one that states, and I paraphrase a little here "We, the government have decided to lift prohibition on booze given how many tommy guns are being stolen from our personal stashes. Plus, we like martinis. But we need to prohibit something to keep our G-men in fedoras. Given that we liked Citizen Kane and the phrase "killer week of Mexico" gives us goosebumps, we're gonna prohibit cannabis."

New York Mayor Fiorello LaGuardia who was a strong opponent of this 1937 Marijuana Act, formed the LaGuardia Commission. They determined that the reports of addiction, madness, and overt sexuality were "as silly as my own first name, which I wish was Hank or Freddie." They noted the therapeutic potentials of marijuana, such as the "euphoria-producing action which might be applicable in the treatment of mental depression and the rather unique property which results in the stimulation of appetite."

In 1988, the DEA's Chief Administrative Law Judge, Francis L. Young, ruled that, "Marijuana, in its natural form, is one of the safest therapeutically active substances known... It would be unreasonable, arbitrary and capricious for the DEA to continue to stand between those sufferers and the benefits of this substance."

Personally I have NEVER used it. Honest. And I live in BC where it is

against the law not to have tried it at least once. But I'm not sure why some doctors refuse to help patients with legitimate problems with this possible option, all the while cranking them full of narcotics. Some patients benefit tremendously from it, patients not necessarily named Hank.. or Freddie...or Cheech.

Now you know the... rest ...of the story.

Dr. Dave's book *The Doctor is In(sane) is now available for those with a sense of humor and half a sense of health. Pick up a copy at Sanibel Island Bookshop. Contact Dr. Dave or read more at [www.wisequacks.org](http://www.wisequacks.org).*

## Rec Center Screenings

The complimentary Sanibel-Captiva Lions Club diabetes, glaucoma, hearing and blood pressure screenings will be performed from 9:30 a.m. to 12:30 p.m. on Monday, January 28 at the Sanibel Recreation Center.

The diabetes test uses a tiny drop of blood extracted with an almost painless prick of the finger, which is then read by a blood glucose meter in five seconds. The glaucoma test checks peripheral vision and eye pressure, which can detect existing eye damage and/or provide predictive information.

continued on page 32B

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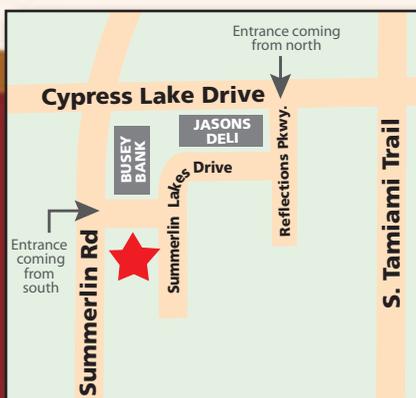
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## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

Headaches are ruining my social life. We retired to a lovely area and have a home on the water. For no apparent reason, I wake up in the middle of the night with a severe headache. Nothing I take over the counter or prescription medicine seems to help – but 24 hours of bed rest, and it is all over till the next time, maybe in three weeks or two days.

I have gone to doctors, one says I am affected by change in atmospheric conditions, and the other says I have food allergy.

I find it very embarrassing having to cancel a lot of social commitments at the last minute, and my bridge partners are furious with me. What do you think I should do now?

Dottie

### Dear Dottie,

Headaches can take the fun out of life. You have not told us if this is a long term problem, or just since you moved to live by the water.

Now is the time for you to be your own health detective and look for clues.

Start immediately to keep a daily log of what you eat and atmospheric conditions. Mark the days in red that you are most troubled; after a while you may see a definite pattern developing. Your health may be influenced by your intake of chocolate, red wine, cheese, processed meats, monosodium glutamate, etc., etc. These foods may be contributing to your discomfort.

Some people are troubled by molds, and living in wooded areas or by the water can cause them problems. If your problem continues and for your own information write to: The National Migraine Foundation, 5252 North Western Avenue, Chicago IL 60625. New treatments, drugs and procedures are constantly being developed. Contact a neurologist at a treatment center near you for evaluation, and be sure to take your log with you as it will help your attending physician.

Lizzie & Pryce

Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).✱

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## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** Can you offer some tips for effective time management? I feel I am wasting time on things that are not that important.

**A:** When you analyze your daily schedule, create a

to-do list and organize items from most important to least important. Doing the most important things reduces stress, allowing you to manage your time more effectively. The steps below will help keep you on track:

- Decide what is most important to you and the amount of time you want to spend on it.
- Use a day-timer to help you stay organized.
- Plan ahead so you don't get caught up in feeling pressured with too many things to do. You may find that at times some things have to be put off.
- Practice deep breathing techniques to remain calm.
- Get a head start on your work day by picking out what you are going to wear the night before. If you take your lunch, make it ahead. Get a good night's sleep and leave early for work. Running late creates stress.
- Have a family meeting weekly to check in and offer assistance to anyone who needs it.
- Meditate to feel more peaceful and have more clarity of mind.
- Eat breakfast. You need energy to

start your day. Keep it simple so preparation doesn't create stress.

• Take time at night to reflect on your day.

Realize that work can be joyful and relaxing when you use your time effectively. Approach each day, including your work days, with mindful awareness of staying present to the moment. When you are in the present moment, time seems to expand because you are not worrying about the future or the past.✱

From page 18B

## Hinkle Fieldhouse

The field is expected to be announced in the next few weeks. Tickets can be purchased online at [www.acegroupclassic.com](http://www.acegroupclassic.com)

### Fired Red Sox Manager Co-Authors Book

You've got to wonder whether it's sour grapes, but former Red Sox manager Terry Francona has co-authored a book with sports writer Dan Shaughnessy describing their reasons for the recent demise of the Red Sox.

Francona and Shaughnessy write that Boston's front office became inattentive to baseball fundamentals and more interested in marketing and other off-the-field activities.

The book, *Terry Francona: The Red Sox Years*, was released this week after excerpts were published in last week's issue of *Sports Illustrated*.✱

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dearPharmacist

## Suggestions For Avoiding The Flu



by Suzy Cohen, RPh

**Dear Pharmacist:** What are some suggestions to avoid catching cold this season?

*RP, Albany, New York*

The common cold has been around for

eon, even though it has morphed a bazillion times. It's brilliant at outsmarting us, this is why we don't have an effective remedy to cure or prevent it.

Health experts will tell you the obvious, get enough rest, allow your body to sleep more if it wants to, drink plenty of water, take cough drops, take vitamin C, sip chicken broth and keep a trash bin near the bed in case you have to throw up in a hurry.

These are all great suggestions, especially the last one, but if you've been there and got the T-shirt, you know this is not nearly enough.

Job one is to wash your hands frequently. Keep them away from your face, and don't use them to cover a sneeze or a cough. This is so simple and yet whenever I people-watch, I notice everyone fidgeting with their face and heaven forbid picking stuff out of their teeth or nose. Yeah, seriously, that was going on in the car next to me yesterday. Instead, use a tissue and then throw it out. Don't opt for a hanky, it's kind of gross to reuse those. No tissue? Use the crook of your elbow to cover your nose or mouth.

Vitamin C – I mentioned this earlier because it is used commonly to prevent cold, and alleviate certain symptoms, particularly those involving mucous membranes. It improves your white blood cell count and assists your body in making glutathione, a very strong antioxidant that escorts poisons out of your body.

Probiotics – The only way for you to have a strong immune system is to build one. Good clinical science proves a healthy gut barrier protects your body from pathogenic invaders and revs immune function.

Mushrooms (the medicinal sort) – Look for maitake extract at the health food store, or beta-glucan. These mushrooms provide compounds to your body that fight germs. Their incredible immune-boosting effects are well documented in medical research.

Vitamin A – Keeps your mucous membranes wet and strong, which helps soothe your nose, mouth, and throat. When the delicate membranes are functioning properly, they will trap particles and pathogens before they enter the body.

Vitamin D – It's great for most immune disorders because it enhances your T cells and helps you keep all sorts of bugs at bay. Usually, doctors suggest about 5,000 to 10,000 IU during the winter months, but it depends on your serum levels. Ask your physician.

Zinc – This prostate-loving mineral also reduces the duration of illness, and severity of symptoms. The trick is to start zinc at the very first sneeze. Luckily for you, zinc is found in nuts, dark chocolate and seafood so you can eat your way to better levels.

Certain spices like thyme, garlic and saffron. These possess anti-bacterial, anti-fungal and anti-viral compounds making them strong medicine in my kitchen.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.dearpharmacist.com](http://www.dearpharmacist.com).*

## NAMI Hosts A Groovy Night Of Peace, Love And Fundraising

The Lee County Chapter of the National Alliance of Mental Illness will hold its first annual fundraiser on Saturday, March 9 aboard the JP Cruise Boat in Fort Myers. Boarding begins at 5:30 p.m. Tickets are \$35 each and include a DJ, appetizers, desserts, cash bar and lots of disco dancing. Come dressed in your hippest 1970s costume. Corporate or private sponsor opportunities are still available and greatly appreciated.

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raise awareness and build a community for hope for all of those in need.

For ticket purchases or to arrange a sponsorship, contact NAMI Lee Vice President Chat Godfrey at [chatgodfrey@gmail.com](mailto:chatgodfrey@gmail.com) or contact the NAMI Lee County office at 337-9024.



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### Eyelid Quiz

- Do you have to raise your eyebrows to see more clearly?
- Have you hit your head on a cabinet door while open?
- Is it difficult to see beside you without turning your head left or right?
- Do your eyelids close while you are reading?
- When you play tennis, do you have trouble serving?
- Do your eyelids feel heavy?



Natasha, COA

If you answered "yes" to one or more of these questions, you qualify for a **FREE**, no obligation eyelid screening performed by Natasha, COA.

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Before



After



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Before



After



# Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days on Market
FH Tichnors Silver King	Captiva	2010	4,224	4,500,000	4,000,000	1047
Caloosa Cove	Fort Myers	2003	3,836	1,499,000	1,300,000	72
St. Charles Harbour	Fort Myers	2006	4,783	1,300,000	1,018,500	98
North Captiva Sands	Captiva	1985	4,268	1,099,000	980,000	134
Sweet Bay at Shadow Wood	Bonita Springs	2003	2,771	995,000	890,000	250
Cape Coral	Cape Coral	2007	3,628	895,000	855,000	1
Copperleaf At The Brooks	Bonita Springs	2002	2,855	680,000	650,000	20
West Bay Club	Estero	2000	2,762	624,900	607,450	601
The Forest	Fort Myers	1990	3,286	599,900	599,900	10
Gulf Harbour Yacht & CC	Fort Myers	1996	2,761	598,000	588,000	45

Courtesy of Royal Shell Real Estate

From page 28B

## Screenings

The Lion screeners have been trained and certified by a doctor and use all appropriate methods to insure antiseptic conditions and privacy during the screening. Screenings are performed on a first come, first serve basis.

Finding and treating eye disease early is the best way to limit the effects of glaucoma and diabetic eye disease. If left untreated, they may cause severe vision loss or even blindness.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit [www.mysanibel.com](http://www.mysanibel.com).

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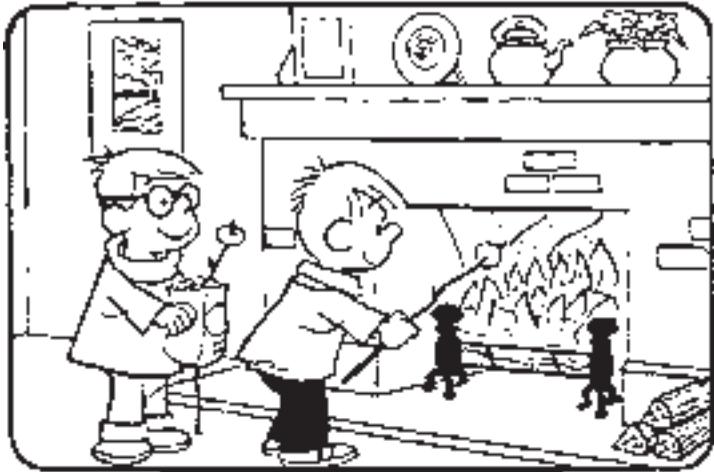
### LAWN MAINTENANCE



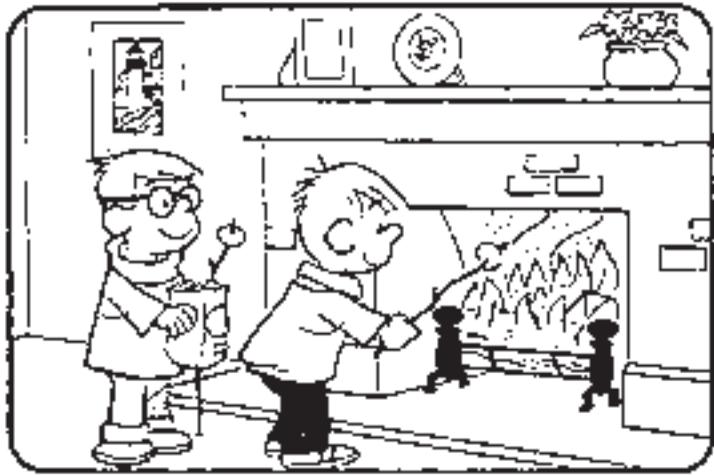
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# HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



DIFFERENCES: 1. Picture is different. 2. Sign is wrong. 3. Book is hidden. 4. Hole in missing. 5. Actions are different. 6. Wood is missing.

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## CONSTRUCTION/REMODELING

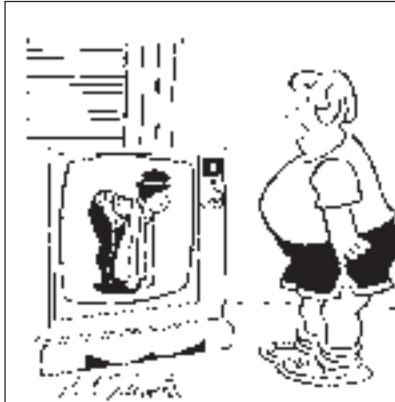
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# SCRAMBLERS

Unscramble the letters with each message to form four ordinary words. Then rearrange the boxed letters to form the mystery word which would complete the quote!



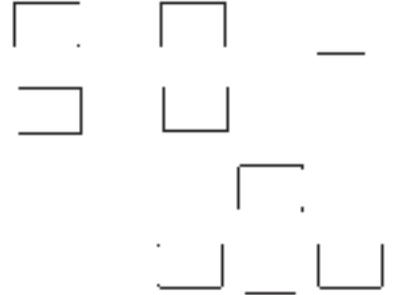
"You're  
 of course!"

Value  
**MIDERA**

Delay  
**ENGRIL**

Draw  
**MOCKS**

Heavy  
**ENADLE**



**TODAY'S WORD**

answer on page 35B

		6			3		5	
8			4			6		
	1			5				9
	3			7			2	
5					6	9	4	
		9	5					1
		5			1			3
2				8		7		
	4		2				8	

# SUDOKU

## To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 35B



**Florida Snapper And Shrimp Scampi**

- 3 tablespoons olive oil
- 3 tablespoons butter
- 4 cloves garlic, minced
- 3 shallots, minced
- 1 tablespoon capers
- 1 tablespoon pimento, diced
- 1/2 cup white wine
- 1/2 cup bottled clam juice
- 1/2 teaspoon coarse ground black pepper
- 4 6-ounce snapper fillets
- 1/2 pound medium shrimp, peeled and deveined
- 1/2 cup fresh parsley, minced
- Sea salt to taste
- 12 ounces vermicelli or angel hair pasta, cooked

Heat the oil and butter in a large sauté pan. Add garlic and shallots and sauté for two minutes over low heat, stirring often. Raise heat to medium, add capers, pimento, wine, clam juice and pepper; simmer for two minutes. Add filets and simmer over medium-low heat for about five minutes. Add shrimp, spreading them evenly over the skillet; simmer for three minutes until filets and shrimp are cooked through. Stir in parsley; add salt to taste. Place fillets and shrimp on pasta on individual plates. Spoon scampi sauce over all and serve. Yields six servings

**Florida Snapper And Shrimp Scampi**

Nutritional Value Per Serving  
Calories 502, Calories From Fat 139,  
Total Fat 16g, Saturated Fat 5g, Trans

Fatty Acid 0, Cholesterol 115mg, Total  
Carbohydrates 47g, Protein 40g, Omega  
3 Fatty Acid 0.00g

Look for "Fresh from Florida" ingredients at your grocery store.\*

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\*RS 1/4 NC TFN

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## ANNUAL RENTAL

### ANNUAL RENTALS SANIBEL

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### LOST AND FOUND

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Rauschenberg Memorabilia SeaShells  
Tiny Italian Mosaics Chinese Snoofs  
Taxco Mexican Southwester & Peruvian  
OLDER 925 Sterling Silver Jewelry  
Earrings Rings Bracelets Necklaces  
Vast array ONE OF A KIND unqiuties!  
Sanibel Consignments  
2431 Periwinkle Way  
472-5222, www.sanibelauction.com  
\*RS 1/25 CC TFN

### FURNITURE

Beautiful Creme Colored  
Pull-Out Couch with Tan swivel chair.  
\$250 for both or best offer.  
Call Shannon at 239-214-5791  
\*NS 1/18 CC 1/18

### FOR SALE

Saturday, January 26 ONLY  
Exquisite Baccarat Candelabra with hurricane shades, 4 lights;  
3 sets of china - Lenox, Bavaria, Noritake;  
Lalique and Baccarat crystal pieces,  
Linen tablecloths in different sizes,  
and many more items.  
1351 Hopedale Drive, Fort Myers.  
Call 239-243-8781  
\*RS 1/25 CC 1/25



**GARAGE • MOVING • YARD SALES**

### GARAGE SALE

January 25 & 26 from 8 am - 1 pm  
9407 Sage Court in Gumbo Limbo  
Furniture, clothes, gifts, piano  
\*NS 1/25 CC 1/25

### ESTATE SALES

1693 Bunting Lane, Sanibel  
Saturday Jan. 26, 8 am to 4 pm  
Antique and unique furniture, tools,  
rugs, generator, mosquito magnets,  
too much to list.  
\*NS 1/25 CC 1/25

TO PLACE A CLASSIFIED LOG ONTO:  
**IslandSunNews.com** CLICK ON  
**PLACE CLASSIFIED**

★ CLASSIFIED DEADLINE FRIDAY AT NOON ★

## Pets Of The Week

**H**ello, my name is Lulu. I'm a 3-year-old female brindle and white Rhodesian Ridgeback and hound mix.

I was abandoned with my eight four-week-old puppies. I was very thin and neglected. Fortunately, I was nursed back to health in a wonderful foster home. They also house-trained me and taught me how to lie down. I love people and I'm one of the favorite dogs of the staff and volunteers. I could be your special companion, too, if you would adopt me.

My adoption fee is \$55 (regularly \$75) during Animal Services' "Real Housepets of Lee County" adoption promotion.

Hello, my name is Dasher. I'm a 2-year-old male brown tabby domestic shorthair. I came to the shelter right before the holiday season and was hoping to dash right out into a new home. Well, we have rung in the new year... and I'm still here.

Really, I'm such a sweet cat! I love attention and get along great with other cats. How about making a date to meet me so I can show you what a wonderful pet I would be for you and your family?

My adoption fee is \$30 (regularly \$50) during Animal Services' "Real Housepets of Lee County" adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour, so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



Lulu ID#551276

photos by squaredogphoto.com



Dasher ID# 554312

## Volunteers Needed For Program To Save Cats

**L**ee County Domestic Animal Services will hold a Task Force Meeting for Lee County residents interested in participating in a Trap-Neuter-Return (TNR) Program for feral and community cats on Wednesday, February 6 from 2 to 3 p.m. The meeting will be held in the agency's Lost and Found Pet Center Conference Room, 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Dept. The TNR program is aimed at reducing the number of feral cats currently estimated at 98,000 in Lee County.

The Lee County Board of County Commissioners approved a TNR Program in 2009 to provide sterilization and vaccination of feral (wild) outdoor community cats to reduce overpopulation and euthanasia. A Task Force was also formed in 2009 to handle the demand for the program but additional volunteers are needed.

Task Force members donate a few hours or a few days per week. Responsibilities include assisting residents with setting traps, transporting trapped cats for sterilization appointments, returning sterilized and vaccinated cats to their original trapping site and providing education. Representatives are needed for all areas of Lee County.

Each year in Lee County thousands of feral and community cats in good health face unnecessary euthanasia without a TNR program. The University of Florida School of Veterinary Medicine advocates that TNR is the most humane and effective solution for preventing pet overpopulation and reducing euthanasia. Further studies also support that eradication as a method to reduce overpopulation has been a failure.

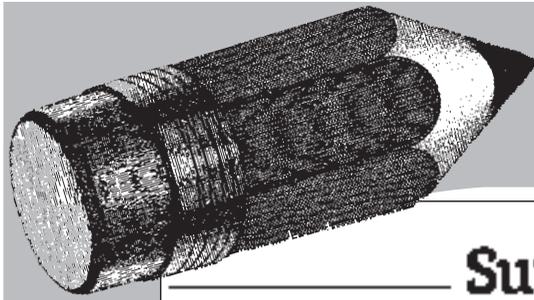
For information about TNR or to make a reservation for the Task Force Meeting contact Lee County Domestic Animal Services at 533-9227 or email [arothwell@leegov.com](mailto:arothwell@leegov.com).\*

# Island Sun

NEWSPAPER  
Sanibel & Captiva Islands

### CALLING CARD 239-395-1213

Emergency.....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy.....	477-1000
<b>Fire Department</b>	
Sanibel .....	472-5525
Captiva .....	472-9494
Florida Marine Patrol.....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control.....	1-800-282-3171
<b>Chamber of Commerce.....</b>	<b>472-1080</b>
<b>City of Sanibel .....</b>	<b>472-4135</b>
Administrative Office.....	472-3700
Building Department .....	472-4555
Community Housing and Resources .....	472-1189
Planning Department.....	472-4136
<b>Library</b>	
Sanibel .....	472-2483
Captiva .....	472-2133
<b>Post Office</b>	
Sanibel .....	472-1573
Sanibel (toll free) .....	800-275-8777
Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Senior Center.....	472-5743
<b>ARTS</b>	
Arcade Theater.....	332-4488
Art League Of Fort Myers.....	275-3970
BIG ARTS (Barrier Island Group for the Arts) .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers.....	472-0168
Gulf Coast Symphony.....	472-6197
Lee County Alliance for the Arts.....	939-2787
Naples Philharmonic.....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	472-4258
S.W. Florida Symphony.....	418-0996
<b>CLUBS &amp; ORGANIZATIONS</b>	
ABWA (American Business Women's Assoc.).....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society.....	472-3744
Sanibel Bike Club .....	<a href="http://sanibelbicycleclub.org">sanibelbicycleclub.org</a>
Community Foundation of Sanibel-Captiva .....	274-5900
CROW (Clinic For The Rehabilitation of Wildlife).....	472-3644
FISH of Sanibel (Friends in Service Here) .....	472-0404
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands.....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	472-6689
Lions Club (Tom Rothman) .....	395-3248
Master Gardeners of the Islands .....	472-6940
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club.....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	472-3828
Sanibel-Captiva Shell Club.....	395-1770
Sanibel Youth Soccer .....	395-2040
<a href="http://www.sanibelsoccer.org">www.sanibelsoccer.org</a>	
The Military Officers Assc. of America	
(MOAA, Alex MacKenzie).....	395-9232
United Way of Lee County .....	433-2000
United Way 211 Helpline..... (24 hour information line)	211 or 433-3900
Zonta Club .....	671-6381
<b>ISLAND ATTRACTIONS</b>	
Bailey-Matthews Shell Museum.....	395-2233
J.N. "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF (Sanibel-Captiva Conservation Foundation) .....	472-2329



# BEACH CHAIR PASTIME

Answers on page 35B

## Super Crossword

IT'S A SMALL WORLD

- ACROSS**
- 1 Pizza-topping fish
  - 6 Tropicbirds
  - 15 Daring painter
  - 20 University of Wyoming city
  - 21 Shelter spot
  - 22 Kevlar fiber
  - 23 Includes a system
  - 25 Boat on deck
  - 26 Jet that last flew in 2000
  - 27 Fruit-pick class
  - 28 X-ray disease on its name with a noun
  - 31 That leaves a hole
  - 33 This "The Daily" is a newspaper owned by Murdoch
  - 38 "E. Coli" is a bacterium
  - 40 "Bad Time" by "The Daily" is a comedy sketch
  - 43 Short-term sleeping bag
  - 44 What a very rough destination is known as
  - 47 Follows by "February"
  - 48 French city
  - 49 Earth basket
  - 50 Spin support
  - 52 All-copper metal
  - 55 In "November"
  - 56 Arctic camp
  - 57 Seal of badge
  - 59 "Star"
  - 61 Trench type
  - 64 Trench type
  - 66 Plus a place up a slope
  - 69 Sarcophagus
  - 70 Tooth disease
  - 71 Haddock
  - 74 Radio game
  - 75 "M" or "W" in "Verj" appears
  - 76 "Down in France"
  - 77 Very very soft in music
  - 80 "A" or "Ia" after word
  - 81 Kitchen waste
  - 82 Yarn knit
  - 85 Milk part
  - 87 Milk collection
  - 89 Sweets group for eyes
  - 91 One letter part of
  - 94 Prayers part
  - 96 Letter of "Llama"
  - 97 Peppy
  - 98 Don't have it
  - 101 See 107-Address
  - 102 No cheer of Michigan
  - 103 Unhappy net
  - 104 Very small
  - 105 Suffix with "ing"
  - 107 With "Anno" is a word
  - 109 Film by "The Godfather"
  - 111 A respect of children
  - 117 "Mudate"
  - 118 Suffix with "ate"
  - 119 Slightly
  - 120 Water hole
  - 121 Pale larger
  - 122 12 times per year
  - 7 "That's right!"
  - 8 Microscopic components
  - 9 In "The Big Bang Theory"
  - 10 Word stock, originally
  - 11 Suffix with "ille"
  - 12 Expresses grief
  - 13 Fish of types
  - 14 "Map"
  - 15 "A" or "Ia" after word
  - 16 Jan a month in Latin
  - 17 Like words
  - 18 Memory of words
  - 19 "Post" means
  - 24 Rich dessert
  - 29 Suet
  - 31 Wine days
  - 32 Ice skater
  - 33 One word
  - 34 Bacteria
  - 36 Festival
  - 37 "Buddies" are
  - 39 Four men
  - 41 In Greece
  - 45 Driveway
  - 46 Complicated
  - 47 Punjab
  - 48 "The" in "The"
  - 51 Largest state
  - 52 Like "Lima"
  - 53 "The" in "The"
  - 54 Ep a part
  - 58 Address
  - 59 Project on research
  - 60 "The" in "The"
  - 61 Fairy
  - 62 "The" in "The"
  - 63 Genetic
  - 64 "The" in "The"
  - 65 "The" in "The"
  - 66 Rock
  - 67 Early
  - 68 Kinky
  - 72 Golfing
  - 73 "The" in "The"
  - 77 Website
  - 78 Early stage
  - 79 Plant
  - 81 City in Italy
  - 83 "The" in "The"
  - 84 Soda bottle size
  - 86 On the "The"
  - 87 "The" in "The"
  - 88 "The" in "The"
  - 89 "The" in "The"
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## King Crossword

**ACROSS**

- 1 Can bridge
- 4 Break the Constitution
- 9 The part of a network
- 10 Live
- 15 A type
- 16 Help with a letter named for him
- 14 Food for a
- 18 Part
- 17 The dog
- 16 Common fish
- 19 Quartz variety
- 21 Buses
- 24 Lenses of
- 25 Galled
- 26 Starch
- 28 Spoon
- 31 Spoon
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**DOWN**

- 1 Bumpy
- 2 A type
- 3 all relative
- 4 Spoon
- 5 Spoon
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# An Inspired Approach To Real Estate



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\$4,800,000  
GulfsideSanibel.com



17201 Captiva Dr.  
\$4,100,000  
CaptivaInThePink.com



1842 Woodring  
\$1,998,000  
WoodringRoad.com



5612 Baltusrol Ct  
\$1,895,000  
ThePerfectSanctuary.com



1480 Angel Dr.  
\$1,595,000  
SanibelBayViews.com



1743 Venus Dr.  
\$1,498,000  
Watershadows.com



1203 Isabel Dr.  
\$1,495,000  
SanibelHarbours.com



2514 Blind Pass Ct.  
\$1,398,500  
DelSega.com



2729 Wulfert Rd  
\$1,298,000  
SanctuaryVillaSanibel.com



479 Lagoon Dr.  
\$1,195,000  
LagoonDrive.com



2367 Wulfert Rd  
\$1,094,900  
SanctuaryAtWulfert.com



Captiva Shores 3B  
\$778,000  
CaptivaShoresCondo.com



2550 Wulfert Rd.  
\$748,500  
SanctuaryWaterfront.com



Coquina Beach 3C  
\$448,000  
CoquinaBeachCondo.com



Ibis 202  
\$384,900  
SanibelSanctuary.com

Thank you for your attention and expertise in the sale of our home on Sanibel. - Derek and Carole

## Phaidra McDermott

Lifelong Island Resident

239-472-4411 • info@sanibelrealestate.net

# www.SanibelRealEstate.net



1019 Periwinkle Way  
Sanibel Island, FL 33957

