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VOL. 20, NO. 17

SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 19, 2012

OCTOBER SUNRISE/SUNSET: 19 7:30 • 6:57 20 7:30 • 6:56 21 7:31 • 6:55 22 7:32 • 6:54 23 7:32 • 6:53 24 7:33 • 6:53 25 7:33 • 6:52

Riley and Isabella Named King And Queen Of Baileyfest

by Jeff Lysiak

The coronation of another pair of rulers took place at The Sanibel School last week, as Riley Baugh and Isabella Sbarra-Michelland were crowned king and queen, respectively, for the 27th annual Baileyfest. The official crowning ceremony will take place at Baileyfest.

"I had to keep pinching myself because I couldn't believe it was happening," an excited Sbarra-Michelland said on October 10, just minutes after principal Barbara Von Harten surprised Amy Holik's fifth grade class with the annual announcement.

Both Sbarra-Michelland and Baugh's essays, written on the subject What Sanibel Means To Me, were selected by a Baileyfest committee as the best among a strong field of well-written testimonials, earning them their royal titles.

"Yeah, it's pretty cool to be the king," added Baugh.

Baileyfest, the annual gathering of islanders and visitors celebrating the community spirit of the islands, will be held this Sunday, October 21 from 1 to 4 p.m. at Bailey's Shopping Center, on the corner of Periwinkle Way and Tarpon Bay Road. It will be an afternoon filled with food, refreshments and crowd-pleasing entertainment.

According to event organizers, Baileyfest will begin with the playing of *The Star Spangled Banner* at 1 p.m., followed by an introduction by Sanibel Mayor Kevin Ruane, members of the Sanibel City Council, City Manager Judie Zimomra and Richard Johnson of Bailey's General Store.

From 1:10 to 1:30 p.m., entertainment will be provided by Kellyn Celtic Arts Irish Dance Academy, followed by BIG ARTS Community Chorus performing from 1:30 to 2 p.m.

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Pictured with king Riley Baugh and queen Isabella Sbarra-Michelland are school principal Barbara Von Harten and fifth grade teacher Amy Holik

photos by Jeff Lysiak



Cornu aspersum, 2011 first place winning photograph by Eleanor Leanne Bennett of Cheshire, England

Last Call For Entries: Live Mollusk Photography Competition

The Bailey-Matthews Shell Museum has announced the final call for submissions to the museum's 3rd annual Live Mollusk Photography Competition. For this competition, the museum seeks amateur photos of live mollusks in their environment. Museum staff hope you will share your skills to photograph live mollusks

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Duck Stamp Artists, 'Ding' Film Headline Conservation Art Day



Cartoonist Dave Horton sketches animal portraits for the first 50 arrivals on Conservation Art Day

Four-time Federal Duck Stamp winner Joe Hautman headlines the fourth annual Conservation Art Day at JN "Ding" Darling National Wildlife Refuge on Saturday, October 20 from 11 a.m. to 5 p.m.

The event will bring the weeklong "Ding" Darling Days 2012 to a close with duck stamp artist presentations, an encore showing of the documentary film *America's Darling: The Story of Jay N. Ding" Darling*, nature art workshops, cartooning, photography, and more. Admission to Wildlife Drive is free all day. The occasion also celebrates the 30th birthday of the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

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Museum Launches Friday Lunch Hour Talks

On Friday, October 19, The Bailey-Matthews Shell Museum will host its first of several Friday Lunch Hour talks. The program talks are presented every second Friday of the month from 12 to 1 p.m. and include the following listings:

Friday Lunch Hour at the Museum

October 19, 12 to 1 p.m.

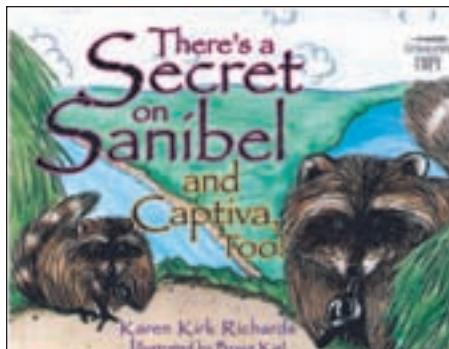
Join author Karen Richards and illustrator Bruce Kiel as they talk about their collaboration to produce two books, *Lovey, the Piano Cat*, and more recently, *There's A Secret on Sanibel and Captiva, Too!*

Special Lecture: Reviewing a Fauna: the Panamic Bivalve Mollusks

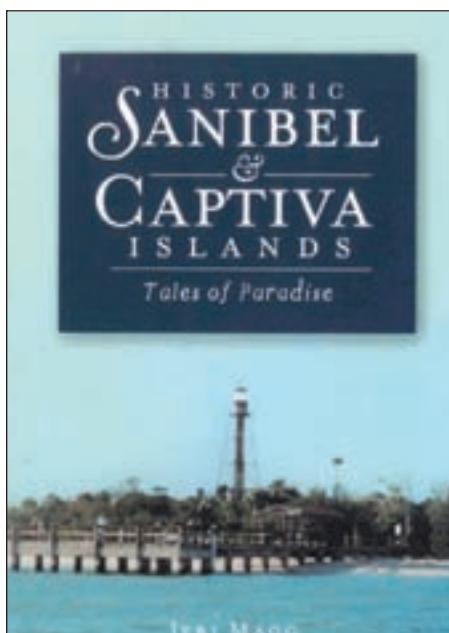
October 24, 2 to 3 p.m.

This year's R. Tucker Abbott Visiting Curator at the museum is Dr. Eugene Coan from the California Academy of Sciences in San Francisco. A specialist in bivalves, Dr. Coan will describe the rich fauna of marine clams inhabiting the region of the tropical eastern Pacific region off Central and South America, all covered in his recently published book (co-authored with Paul Valentich-Scott) *Bivalve Seashells of Tropical West America*. Admission is free with museum entrance (free to members.)

Friday Lunch Hour at the



Book covers from upcoming lectures at The Bailey-Matthews Shell Museum



The Center 4 Life
Palm Ridge Road & Library Way, Sanibel
Presents our Annual

Trash & Treasures Sale

Saturday, November 10 • 9 a.m. - 1 p.m.
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We're Looking for Donations

Bring your gently used items (except clothing and shoes) to the Center 4 Life, Palm Ridge Road and Library Way.

For more information call 472-5743.

Museum

November 9, 12 to 1 p.m.

Join author Jeri Magg as she shares stories about the people she met and places she explored while researching her book, *Historical Sanibel and Captiva Islands, Tales of Paradise*.

For more information about these or other museum programs, contact Diane Orvis Thomas at 395-2233 or email dothomas@shellmuseum.org.

The museum is open seven days a week, 10 a.m. to 5 p.m., located at 3075 Sanibel-Captiva Road.**

lection of much needed pantry staples to be distributed by FISH of Sanibel.

Twenty old-fashioned bushel baskets will be sold to local merchants, who will decorate and fill the baskets with pantry items, toiletries and gift certificates for food items, then put them on display until the evening of the event. During Cracker Fest, attendees will "vote" for their favorite basket with raffle tickets. The business with the basket receiving the most "votes" will be honored with a boat excursion (provided by members of START's board of directors) and a great lunch.

All raffle tickets entered in the basket challenge will also be placed in multiple raffles for terrific prizes to be announced during the evening. Proceeds from the "votes" and basket sales will benefit START's continued research and outreach programs aimed at improving water quality and marine habitat conservation while the baskets will provide much-needed assistance to members of our community.

For more information about the 2012 FISH Basket Challenge or the San-Cap Cracker Fest, contact Jean Woodring at 284-6067 or sancapcrckerfest@yahoo.com.**

2012 San-Cap Cracker Fest

This year's San-Cap Cracker Fest will be an evening filled with the toe-tapping tunes of Danny Morgan and The Apple Butter Band, delicious smoked hawg, fried and smoked Sanibel mullet, delightful conversation with Sanibel's fun crowd, a spirited live auction and exciting raffles. But this year, we have some serious business to attend to as well.

The START (Solutions To Avoid Red Tide) board of directors presents the 2012 FISH Basket Challenge. This challenge is the result of START's decision to create a means of raising funds in a way that will also benefit deserving people in our community. This year, START will lend a helping hand by advancing the col-

Our email address is
press@islandsunnews.com

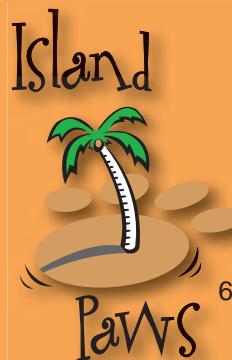
8th Annual Island Paws Howl-O-Ween Party

**Join us Friday, October 26, 2012 5-7pm
on the Over Easy Café patio**

For a \$10 donation you and your dog(s) can mingle & sniff among your friends while consuming puptails, yappetizers, and of course enjoying the annual Island Paws Howl-O-Ween costume contest.

Costume Contest

- \$10 Entry Fee
- Prizes awarded for 1st, 2nd, and 3rd place
- Judging will take place @6:30



Proceeds benefit Lee County Domestic Animal Services



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Safe Halloween Fun At The Fall Family Carnival

The Fall Family Carnival is held on Halloween every year at The Community House. It began in 2001 as a way for local children to have a safe way to celebrate Halloween indoors. The event is designed for the whole family, with plenty of games, candy, prizes and a hay ride.

It is slated for Halloween Night, Wednesday, October 31 from 5 to 7 p.m. There will be candy, games, prizes and crafts, a dining area serving meals at family-friendly prices and a hay ride courtesy of Billy's Bikes.

Everyone is encouraged to wear a costume and costume prizes will be awarded.

The admission price is a bag of Halloween candy per family.

Volunteers are still needed; call Salli Kirkland 472-4919 or The Community House 472-2155 to find out more. Candy donations may be dropped off. Sponsors are still needed. Billy's Bikes is providing volunteer staff.*



Watch For Zombies Crossing

THE ROCKY HORROR PICTURE SHOW

Beware! Tonight's the night zombies will all be flocking to The Community House for the Zombie House Party. The party, on Friday, October 19 from 7 to 10 pm., will feature live music for dancing by Zombie University, a six-piece group that has become one of Southwest Florida's favorite top-40 cover bands.

Snacks will be served tapas style, to allow partiers to mingle, move around, and enjoy the entertainment. Alcoholic beverages will be available by donation.

Party-goers are invited to get in the spirit with some Zombie-style costuming, or come as they are.

Sanibel Sea School will be helping host this party.

To complete the theme, a Bloodmobile from Lee Memorial Blood Center will be at the Community House from 9 a.m. to 2 p.m. accepting blood donations.

Tickets for the Zombie House Party are \$20 per person and should be reserved in advance by calling the Community House at 472-2155.

Then later that night, just past 10 p.m., there will be a showing of the *Rocky Horror Picture Show*, a cult classic for 40 years. Wild fun and audience participation makes a good time for all.



Participants in Zombie Walk 2011

The movie, complete with a shadow cast, will be shown.

The Velvet Darkness cast will be bringing the movie to life and your prop bag and noise will support their presentation of adult humor, strange clothing and rough language. Your prop bag can include: toilet paper, newspaper, party hat, latex glove playing cards, rice, confetti, noise maker. No water guns, No wet food, No lighters. Flashlights and cell phones are fine.

The tickets are \$5 and beverages will be available by donation. No one under 18 is permitted.

Help us by purchasing tickets in advance. Order by credit card by calling The Community House at 472-2155 or stop at 2173 Periwinkle Way between 9 a.m. and 3 p.m.*

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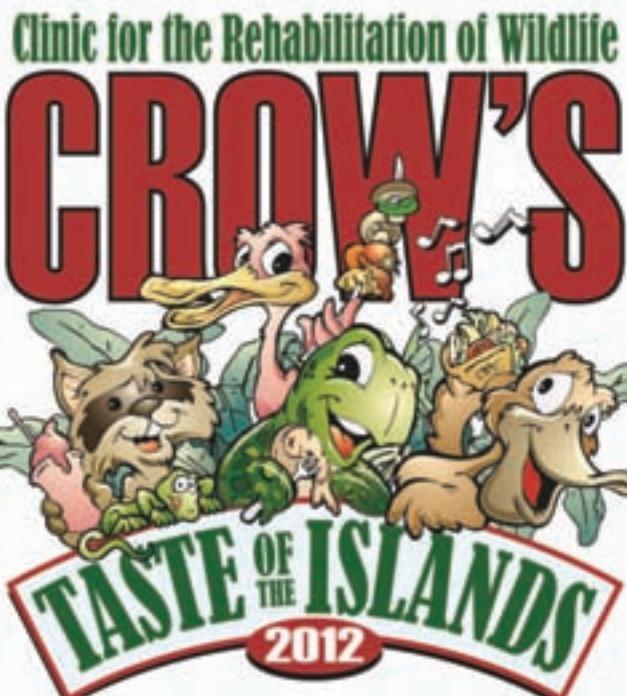
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| Sanibel Oasis Café | • Chip's Sanibel Steakhouse |
| Timbers Seafood Restaurant | • Doc Ford's Rum Bar & Grille |
| Sanibel Deli & Coffee Factory | • George & Wendy's Seafood Grille |
| Matzaluna's Fun Italian Restaurant | |
| Pinocchio's Original Italian Ice Cream | |

**Sunday, November 11, 2012
12:30 to 5 p.m.**

Sanibel Community Park

**Adults \$5 · Children 10 and under - Free
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Center 4 Life Programs

Sanibel Fit 4 Life is the motto at Center 4 Life. All ages are welcome.

Island Seniors, Inc. members can buy coupon booklets from the City of Sanibel at the Center 4 Life, 2401 Library Way, or at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road. Booklets of 12 coupons are \$42 or buy three coupons for \$10.50.

Happy to be Fit for Life – Monday, Wednesday and Friday at 9 a.m. with Sandi McDougall.

Aerobics and muscle conditioning exercises. Hand weights, stretch cords, and your body weight will be used. Class begins with a joke and ends with a positive thought.

Power Hour Fitness – Tuesday and Thursday at 8 a.m.

Gentle Yoga with Kris Brown – Tuesday and Thursday at 9:30 a.m.

Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel.

Tuesday Kayaking – October 30, November 13, 20 and 27, 8:30 a.m.

There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. The center supplies the kayaks, paddles and life jackets. Bring water, a small snack, change of clothing, sun lotion, bug spray, sunglasses and a hat. Cost is \$5 for members and \$10 for non-members. Members have first priority. Stop by the center to sign up and pay fee.

Leisure Lunchers Thrift & Consignment Connoisseurs – Wednesday, October 24, 11:30 a.m. Loving Hut in Naples, shopping at Options in Naples.

Tuesday, November 27, 11:30 a.m. Olive Garden, Gulf Coast Town Center. Early holiday luncheon and gift shopping. Sign up is required.

What's A Spreadsheet? – Wednesday and Thursday, October 31 and November 1, 1 to 3 p.m.

Balance your checkbook, manage rentals or expenses or create address lists.

You should be familiar with the mouse and keyboard, and have a spreadsheet program with Microsoft Works or Excel. Class size limited to six. Paid reservation guarantees your seat. Cost is \$60 for members, \$90 for non-members.



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Picasa With Patty... and Your Photos
Wednesday and Thursday, November 28 and 29, 1 to 3 p.m.

Organize and share your photos. Hands-on training in Picasa, a free program from Google. Copy photos from your camera or memory card to your PC and create and edit albums that are easy to email. Order prints without a trip to the store. Bring your camera, cable, memory card and card reader with 10 to 20 photos. Sample photos will be available. Class size limited to six. Cost is \$60 for members, \$90 for non-members.

Watercolor with Bea Pappas – Fridays, 12:30 to 3 p.m.

If you have some painting experience and would like to work from a still life or photo, join in. Cost is \$20 per session for members, \$25 for non-members.

Barbara B. Mann Performing Arts Hall, Naples Philharmonic, Florida Repertory Theatre tickets available at a discount. Call the center for information.

Page Turners – Wednesday, November 14, 2:30 p.m.

Discussion on *Cutting for Stone* by Abraham Verghese. Two brothers, conjoined and then separated, grow up amid the political turmoil in Ethiopia. Ann Rodman and her volunteers select books monthly for discussion.

Backgammon anyone? The center has members who would like to learn how to play backgammon. If you know how and would consider teaching a group, contact Sandi McDougall at 472-5743, or email sandi.mcdougall@mysanibel.com. Room is available on Thursday afternoons.

Bridge – 12:30 p.m. Monday and Wednesday

Hand & Foot – 12:30 p.m. Tuesday
Mahjongg – 12:30 p.m. Thursday
(game time changes to 1 p.m. beginning Monday, October 29).

Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Trash & Treasures Sale – Saturday, November 10, 9 a.m. to 1 p.m.

Donations are needed. Bring your clean, gently used items to the center. No clothes, shoes, computers, printers or old TVs accepted. Call Mary Ann Gilhooley at 472-3565 for more information.

AARP Safe Driving course – November 8 and 15.

Christmas Extravaganza – December 2 through 7. Call the center at 472-5743 for details on programs or stop by to register.*

CAPTIVA



www.captivaholidayvillage.com

CARD OF THANKS



From left, Bill Fellows, FISH president, Terry Igo, president of The Sanibel Captiva Trust Company, and Pete Bender, president of Sanibel-Captiva Kiwanis

The Board of FISH (Friends In Service Here) would like to thank everyone who participated in the 4th Annual 10K Race 4 FISH. We thank the sponsors, runners, volunteers and residents who made it such a successful event. It was a fun day for everyone and the money we raised will ensure that we can continue to help our neighbors on the islands.

We would like to thank publicly the large number of sponsors this year, with Sanibel Captiva Trust Company once again choosing to be our premier sponsor, making this event possible. We are particularly proud of the number of people who came out to help this year – we had more than 135 people involved in the organization, management and clean

up.

Our particular thanks go to the major sponsors who include:

Premier Sponsor, The Sanibel Captiva Trust Company

Gold Sponsor, Sanibel-Captiva Kiwanis Club

Silver Sponsors, Doc Ford's Rum Bar & Grille, Veolia Environmental Services, Billy's Bikes, Island Inn, Island Graphics, Wilbur Smith Law Firm, Bailey's General Store, Tween Waters Inn, Lazy Flamingo, John Grey Painting, Larkin's Restaurant, Island Sun and Islander

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Raffle Sponsors, Island Inn, Traditions on the Beach, Captiva Cruises, Lily & Co. Jewelers, Kay Casperson, Bailey-Matthews Shell Museum, Herb Strauss Theater, Jacaranda, Cip's Place, Timbers/Sanibel Grill, Lighthouse Café and Gramma Dot's

Expo Sponsors, CROW, Sanibel Recreation Center, SCA, Island Therapy, Fort Myers Pest Control, Big Dog Surf Shop, Yolo Board Adventures Sanibel, Shell Point, Sanibel Sprout, Zumba Fitness, L3 Beach Photography, Nanny's, Wildtree, Sanibel Captiva Massage, No No-See-Ums, Jungle House Publications, Premier Designs Jewelry and Silipat Designs.

We would also like to thank members of the island service clubs who marshaled the event:

• Kiwanis

• Optimist Club
• Rotary
• The Lions Club
• Zonta
And, finally our thanks to the FISH 10K Committee, again under the direction of John Pryor and Ed Ridlehoover, co-chairs of the FISH 10K Committee, Nancy and Pete Bender, co-chairs for sponsorship, and committee members John Morse, George and Lynne Campean, Marty Kern, Nori Ann Reed, Jason Patterson, Dave Horton and Tim Barrett. They have worked tirelessly over the course of nine months.

An additional word of thanks goes to the FISH volunteers who supported the event in force, to the City of Sanibel for assistance during the planning of the event, and the Fort Myers Track Club without whom we would not have had such a successful event.

The FISH 10K was another successful and memorable Sanibel event – a fun time, beautiful weather all in a good cause. We could not have had such a successful event without your support and so the board thanks you all most sincerely for your generosity.**

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Veterans Day 2012 Will Be Bigger And Better Than Ever



Part of the collection at the Military Museum of Naples

submitted by Ted Tyson

The Sanibel-Captiva Veterans Day ceremony will be held Monday, November 12 from 10:30 a.m. to noon at Sanibel City Hall. This year marks the 94th observation of Veterans Day, the 65th year of the establishment of the United States Air Force, and the 30th anniversary of the dedication of the breathtaking Vietnam Wall in the Washington, DC. This year's Vererans Day ceremony will feature several special speakers and the return of the traditional student essays on What Veterans Day Means To Me And My Family by two of Sanibel's youngsters.

Following the ceremony at city hall, there will be a military display and veterans outreach event, for the first time, hosted by Bailey's General Store, in Bailey's parking lot, from noon to 4 p.m. There will be military memorabilia provided by the Military Museum of Naples, and military vehicles for great photo opportunities. The United States Coast Guard will be displaying some of its rescue and anti-drug enforcement equipment, and will offer information on how to join the coast guard and reserve units.

Sadly, due to the fact that the department of defense budget is scheduled to be cut by some \$500 billion, the regular and reserve units of the seven uniformed services have had to decline participation in the Sanibel event this year.

The Lee County School District does not provide time off from school on the national Veterans Day holiday, so parents will have to authorize their participation and drive them to events.

In attendance will be the following veterans support groups: (VSG) Vietnam Veterans of America, The Department of Veterans Affairs, The Disabled American Veterans, and others like The Missing-in-America-Project. Veterans will be able to get the latest information regarding their right to benefits and learn how they can receive the support they have earned through their military service.

All are welcome to attend. Bring your cameras and have a great day.

God bless our veterans and God bless America. *



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Poster of the B-17 Flying Fortress



Battle of Britain poster



U.S. military memorabilia



Military uniform display



Military memorabilia

Island Zontians Are Runners-Up For International Governor's Cup



Sanibel-Captiva Club members at the district conference

submitted by Dalia Jakubauskas

The Zonta Club of Sanibel/Captiva was named runner-up for Zonta International's District 11 Governor's Cup award on October 6 at the district conference held in Montgomery, Alabama. The award is given to clubs that adhere to the ideals of Zonta International in recognition of service and advocacy on behalf of not-for-profit groups that help improve the lives of women locally and around the world.

Kristin Ritts, president-elect for The Zonta Club of Sanibel/Captiva, accepted the award on behalf of the club, which competed against 41 other clubs for the recognition. The club came in second to The Zonta Club of Melbourne. District 11 is composed of clubs from the Southeast states, Bahamas, Puerto Rico and The British Virgin Islands as well as Alabama, Florida, Georgia, Mississippi, North Carolina, South Carolina and Tennessee.

Four other island Zontians, including Linda Robison, Zonta Area 6 vice-director, Nola Theiss, Dalia Jakubauskas, and District 11 Lt. Governor Karen Pati, were in

attendance when Ritts accepted the award. While this is the second time in the past seven years that the Zonta Club of Sanibel/Captiva has been runner-up, the club has won five Governor's Cups during this same time period.

"This competitive award reflects tremendous heart and good work by the women of Sanibel's Zonta Club," said Ritts. "Our thanks go out, as well, to our island businesses and Peek-at-the-Unique home owners and annual guests, for without their generous contributions and support, the financial grants we make locally in the Lee County community and internationally through the Zonta Foundation would not be possible."

"It was especially meaningful to have three past Sanibel club presidents with us in Montgomery, Karen Pati, Nola Theiss, and Linda Robison, and knowing that presidents Barbara Nagle and Orlene Shimberg have been honored, too, by this recognition," she added.

More than 80 representatives from clubs around the district attended the conference, which is designed to conduct the business of the district and share fellowship and ideas with Zontians from around the region. Zontians attended workshops to build ideas for service projects in their areas, such as support to battered women's shelters and anti-human trafficking efforts.

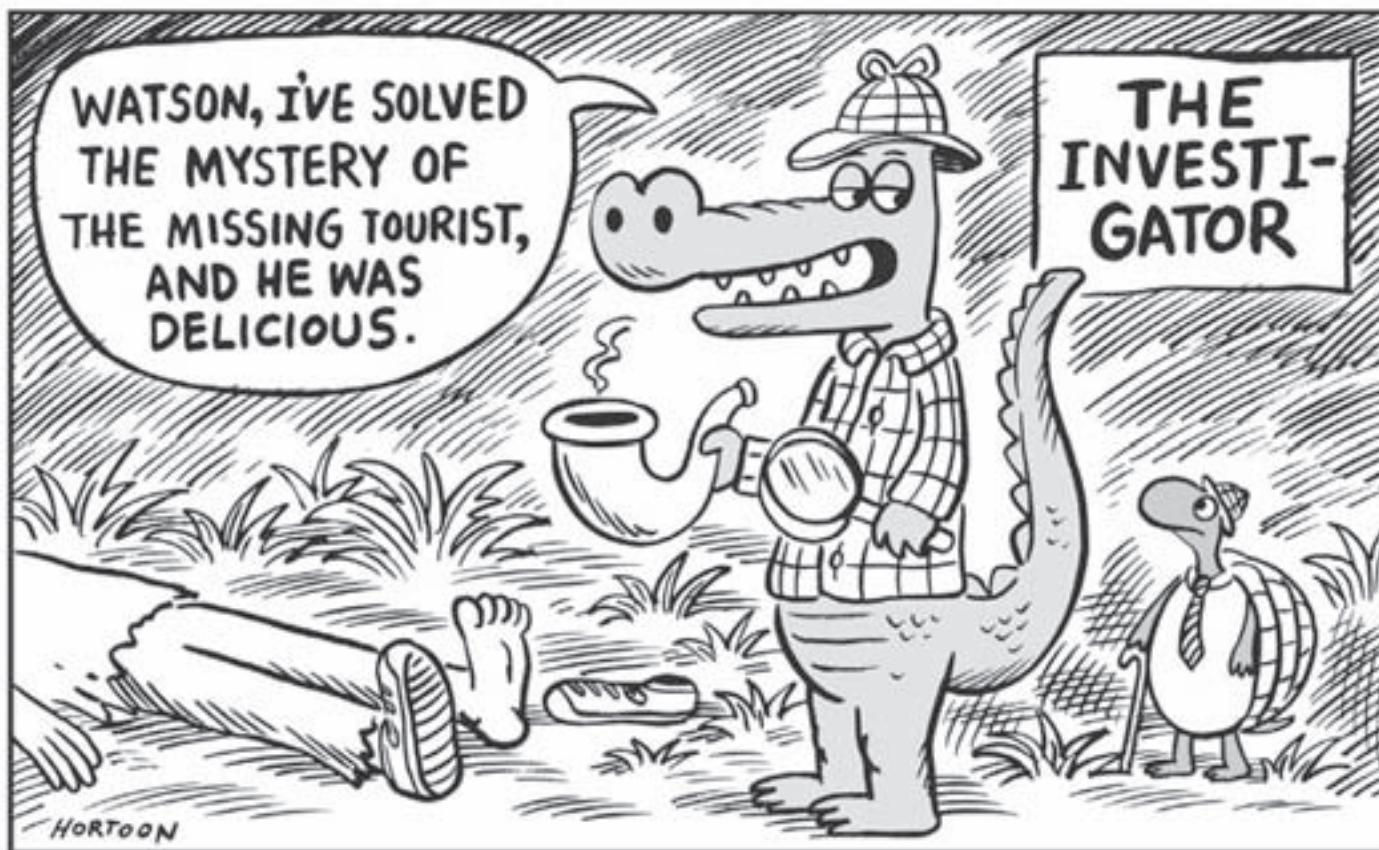
"The District 11 Conference was a wonderful opportunity to hear about other clubs in our seven-state district and what they are doing to advance the status of women," said Robison. "Our work in District 11 in such areas as anti-human trafficking, health care, anti-violence against women, and legal issues, just to name a few, is incredible."

The various clubs also collectively pledged more than \$65,000, including \$21,000 from the Zonta Club of Sanibel/Captiva, to the Zonta International Foundation, which supports international projects that advance the status of women around the globe. Current and recent projects include the eradication of violence against women in Guatemala, Nepal, India and Samoa; combating obstetric fistula in Liberia; and the elimination of mother-to-child transmissions of HIV in Rwanda.

Attendees also heard from several dynamic speakers including Kay Ivey, Lt. Governor of Alabama, and Julie Hedgepeth Williams, author of *A Rare Titanic Family*, and journalism professor at Samford University in Birmingham, who delighted the audience with tales of the Wright brothers' adventures in aviation in Montgomery. Keynote speaker Dori Samadzai Bonner, author of *Thank You America* and survivor of the Soviet occupation of Afghanistan, brought the crowd to tears with her story of triumph over oppression and her journey to become a U.S. citizen.

The Zonta Club of Sanibel/Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to strengthen women's lives on the islands, in Lee County and around the world through Zonta International. For more information, visit www.zontasancap.com.*

HORTOONS



Read us online at IslandSunNews.com

American Legion Post 123 News

Texas Hold'em is played at American Legion Post 123 every Thursday night at 7 p.m. and Saturdays at 4:30 p.m. New players are always welcome.

The Legion welcomes back Bob Buntrock's Sanibel-Captiva Pool League on Monday nights, beginning October 22.

Every Friday, Post 123 serves a six-ounce ribeye steak sandwich all day. Stop in and try one, or treat yourself to one of the half-pound burgers. Check out the daily specials and the entire menu. Food is served all day, every day. The public is welcome.

American Legion Post 123 is open Monday through Saturday 11 a.m. to 9 p.m. and Sunday noon to 9 p.m., located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.**

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Kiwanis Supports CROW Fun Patch Education Program

In 2011, the Clinic for the Rehabilitation of Wildlife (CROW) started a Fun Patch program as part of its educational offerings in the Healing Winds Visitor Education Center. Youth groups are invited to complete an educational program and demonstrate a set of proficiencies in order to be awarded a merit badge (Fun Patch). Originally designed for local scouts, the program has been expanded to now include students from The Sanibel School, the Sanibel Recreation Center, area after-school and summer programs, 4-H Club members and also homeschooled children.

More than 100 children will be invited to participate throughout the year and the Sanibel-Captiva Kiwanis Club has stepped forward to generously support those upcoming efforts. Their donation will be used to help cover the cost of the embroidered patches, educational literature, special CROW T-Shirts and for scholarships for local children to be able to complete the program.

Everyone at CROW would like to thank the Sanibel-Captiva Kiwanis Club for their contribution and for all the Kiwanis does to make a difference in the lives of our local children.**



Rear from left are former Scout leader and longtime CROW volunteer Bev Ball, CROW Education Committee Chair and student mentor Lynn Ridlehoover, CROW volunteer and designer of the sea turtle and gopher tortoise fun patches Jaye Boswell, and CROW Managing Director Ava Hinojosa. Displaying CROW fun patches are local scouts Jack and Emilie

From page 1

'Ding' Days

Hautman bested 190 top wildlife artists to win last year's duck stamp contest. He is the third artist in the 80-year history of the Federal Duck Stamp Competition to win four times. Hautman will be on hand to display and talk about his work on Saturday and sign stamps from 1 to 3 p.m. Thanks to local collector Don Wildman, visitors will be able to view the artist's four winning original duck stamps art.

The Florida Junior Duck Stamp contest winner (for the third consecutive year), Jefferson Jones, will join Hautman on Conservation Art Day during a presentation of Florida Junior Duck Stamp awards, along with Christine Clayton, the Federal Junior Duck Stamp winner from Ohio.

"Three years ago, we moved the duck stamp artist presentations from Family Fun Day so we could honor the winning artists with a day devoted especially to them. So Conservation Art Day is now the time to get your duck stamps signed," said Supervisory Refuge Ranger Toni Westland. "This year, we honor the Junior Duck Stamp's 20th anniversary and Jaye Boswell, who founded the program right next door at The Sanibel School."

Conservation Art Day has grown into an afternoon of wildlife art that pays homage to the legacy of conservation art begun by the refuge's namesake, J. N. "Ding" Darling, a Pulitzer Prize-winning political cartoonist and the original duck

stamp artist.

Geared toward families and art enthusiasts, the day will offer participants a number of free interactive nature-art activities including wildlife portraits by cartoonist Dave Horton for the first 50 arrivals; a cartooning lesson from Doug MacGregor; a photography tram workshop on Wildlife Drive, compliments of nature photographer Terry Baldwin and Tarpon Bay Explorers; drawing workshops with artists Jaye Boswell and Nancy Tome; plus birthday cake and other snacks.

The U.S. Fish & Wildlife Service, DDWS, and Tarpon Bay Explorers co-sponsor the event. Visit www.dingdarlingdays.com for a complete schedule of Conservation Art Day and other "Ding" Darling Days information.

Conservation Art Day

Saturday, October 20

All free events at "Ding" Darling Education Center

Free admission to Wildlife Drive, free snacks and beverages, and free art kits for the first 200 kids

11 a.m. – 30th birthday cake for "Ding" Darling Wildlife Society (auditorium)

11 a.m. – Wildlife cartoonist Dave Horton draws wildlife portraits for first 50 guests (exhibit area)

11:30 a.m. – Kids Conservation Cartoon Awards and cartooning lesson with Doug MacGregor (auditorium)

12:30 to 1 p.m. – "Ding" Darling Days Nature Photography Contest Awards (classroom)

1 to 3 p.m. – Meet The Champs: Winning Duck Stamp Artists; Junior Duck Stamp (JDS) Awards and birthday celebration (auditorium) Meet and greet 2011 (four-time) Federal Duck Stamp winner Joe Hautman and Federal JDS winner Christine Clayton.

Choice of activities:

3 to 4 p.m. – Encore showing of *America's Darling: The Story of Jay N. "Ding" Darling* (auditorium)

3 to 4 p.m. – Wildlife drawing with Jaye Boswell (JDS Program Founder); free sketch journals (classroom)

3 to 4 p.m. – Nature sketching on Indigo Trail with artist Nancy Tome; free sketch journals (meet at flagpole)

3 to 5 p.m. – Photography Tram Tour available for the first 30 people to sign up at the tram booth that day (meet at flagpole)

"Ding" Darling Days 2012 sponsors include:

Roseate Spoonbill – Doc Ford's Sanibel Rum Bar & Grille

Great Egret – Ocean's Reach Condominiums, The Timbers Restaurant & Fish Market

Great Blue Heron – Bailey's General Store, Caloosa Tent & Rental, Casa Ybel Resort, Island Sun, Jerry's Foods, Sanibel Captiva Community Bank, Sanibel Captiva Trust Company, Jim and Patty Sprankle, West Wind Inn

Reddish Egret – Mike and Terry Baldwin, Big Red Q Quickprint, Art and Susan Cassell, Cedar Chest Fine Jewelry, Florida Weekly, LCEC, RLR Investments, Rochester Resorts, Rotary Club of Sanibel-Captiva, Sandalfoot Condos, Sanibel-Captiva Kiwanis Club

Snowy Egret – Barefoot Charley's Painting, Charlotte Harbor National Estuary Program (CHNEP), Congress Jewelers, Dan Hahn Custom Builders, George & Wendy's Seafood Grille, Good Wheels, Grounds By Greenways, Gulf Breeze Cottages, Heidrick & Co. Insurance, Island Therapy Center, Mast Family Culligan, Nave Plumbing, Over Easy Café, Panther Printing, Royal Shell Vacations, Sanibel Art & Frame, Anne and Jim Scott, She Sells Seashells, Winston and Barbara Spurgeon, Suncatchers' Dream, Thistle Lodge.**

Film poster for *America's Darling*

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INSIDE CITY HALL

USPS Encourages Voters To Mail Ballots Early

With more than 25 million ballots expected to be mailed this election season, the Postal Service is encouraging voters to mail ballots early to help make sure they meet delivery deadlines set by election officials.

Voters should mail ballots by November 3, at least three days before the November 6 general election. Ballots mailed to Alaska, Hawaii, Puerto Rico or the U.S. Virgin Islands and vice versa should be mailed by November 1, at least five days prior to the election date.

Voters need to consider the time of day when dropping off ballots in a collection box to be sure the pick-up time for the particular box has not passed the suggested mailing deadline.

USPS is offering the following tips for voters using mail ballots:

- Visit state websites to determine election office locations and Vote-by-Mail rules.
- Check with the local election office for rules governing mail ballots.
- Place completed ballots inside their window envelopes correctly.
- Ensure proper postage and stamp placement on the upper right-hand corner of envelope.

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Military Mail

Military Mail is given special attention during national elections. These ballots arrive from International Service Centers in Express Mail sacks. They will remain in the Express Mail stream until they arrive at delivery units. The federal government pays the Express Mail postage for these ballots.

Americans overseas, including military personnel, should plan on mailing ballots according to the mailing schedule at the Government Service Web page at usps.com. Mailing information also is available at the local Army Post Office/Fleet Post Office (APO/FPO) and American embassy for deadlines specific to overseas locations.

Mail is an increasingly important part of U.S. elections.

All American voters living overseas, whether civilian or military, have the opportunity to mail their completed ballots back home free of charge using the APO/FPO or by hand-delivering their ballots to the nearest American embassy or consulate.

Follow the Postal Service on www.twitter.com/USPSstamps and at www.facebook.com/USPSSTAMPS.

Republicans To Host Candidates

On Saturday, October 20 and Saturday October 27 at 10 a.m., the Sanibel-Captiva Republican Caucus will host Republican candidates

Do You Understand The Proposed Florida Constitution Amendments?

submitted by Jana V. Stone

The League of Women Voters of Sanibel will hold a Voter Service Meeting on Tuesday, October 30 at the Sanibel Public Library, 770 Dunlop Road, from 4 to 6 p.m.

The PowerPoint presentation will inform voters of the 11 proposed amendments to the Florida Constitution that will be on the general election ballot on Tuesday, November 6.

Sanibel voters are encouraged to attend so they may cast an informed vote.

"We will provide a balanced view of the amendments, with the pros and cons of each, so the voters can make up their own mind," said Linda Kramer, league vice president.

In addition, attorney Mary C. Evans from the Florida Bar Association, will present the bar's education program, The Vote's In Your Court. She will discuss the roles of Florida judges, judicial elections, merit retention and why we vote for judges.

Attendees will receive the LWVF Voter Guide and the Bar Association's publication on judicial elections.

For further information, contact Linda Kramer at sanibellwv@gmail.com.



Linda Kramer

running for federal, state and county office in the November 6 election.

These events will be held at the Sanibel Public Library, Room #1, 770 Dunlop Road, Sanibel. The meetings are free and open to the public, and are an opportunity to meet the candidates face to face, ask questions and express concerns.

The proposed amendments to the Florida Constitution, which will also be voted on in the November election, will also be discussed.

For more information or for those interested in joining the caucus, call Robb Moran at 472-9035.



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Journey To Africa With Jean And Paul Simpson

The Sanibel Congregational United Church of Christ welcomes Rev. Jean Simpson to the Sunday Seminar Series on Sunday October 21 at 9 a.m. in Heron Hall. She will present Journey to Africa with Jean and Paul.

Rev. Simpson recently returned from a two-month trip to East Africa taken as her sabbatical from her position as regional minister for the Gulf Coast Region of the Florida Conference of the United Church of Christ. She and her husband Paul spent two months there visiting with Global Ministry Partners and exploring the area.

She will share her experiences about this amazing and beautiful continent. The public is welcome to this free event.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across the street from Periwinkle Place. For more information contact the church at 472-0497.**



The Rev. Jean Simpson with a child during her recent trip to Africa



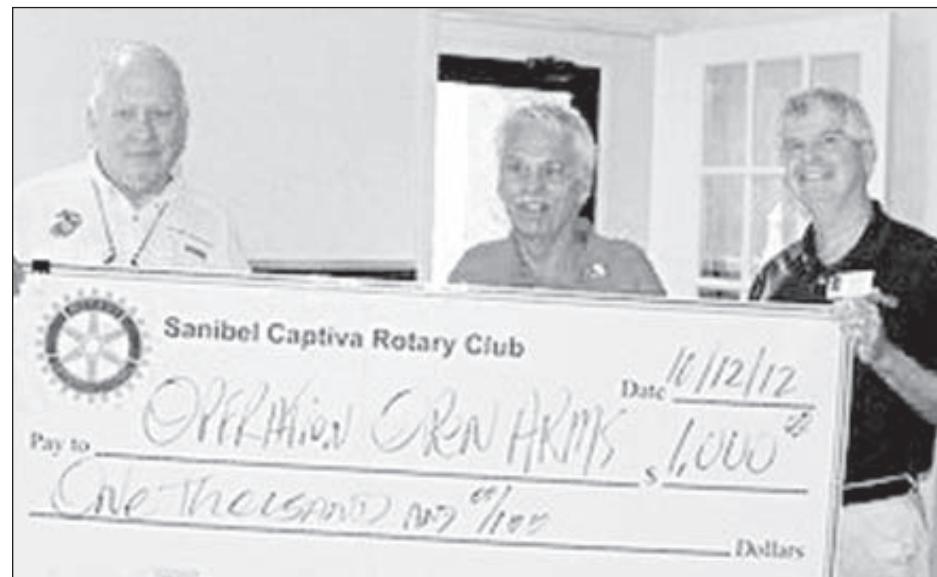
An image from the presentation Journey in Africa with Jean and Paul



The Rev. Jean Simpson with an African child



Another image from the presentation



Capt. John Bunch, left, accepts the check from Sanibel-Captiva Rotarians John Grey and Tony Groppe

Rotary Presents Check To OOA

The Sanibel-Captiva Rotary Club recently presented Capt. John "Giddy Up" Bunch, founder of Operation Open Arms, a \$1,000 check for the continuing good work this outstanding organization does to provide opportunities for social engagements in Southwest Florida for our active service men and women.

Since 2005, Southwest Florida has become our nation's most popular leave destination for U.S. troops for good reason. Those serving in combat or foreign duty stations can contact Operation Open Arms and, if possible, they will help arrange a visit to Southwest Florida for some "R&R" free of charge thanks to the OOA network of local sponsors of the charity.

Operation Open Arms of Southwest Florida has provided charitable resources for more than 1,900 U.S. troops and their families since its founding.**

Timmy's Nook Reunion

If you were kicking around the islands in the 1960s, 1970s and 1980s, and remember when Captiva had a personality and an eclectic cast of characters, you may have spent some time at the center of that universe, Timmy's Nook.

Timmy's Nook was located on the bay at the old Post Office curve, where The Green Flash is now. It was owned and operated by TM and Beulah Wiles and their five daughters, a true Captiva pioneering family. The atmosphere was legendary and the food historic.

There will be a reunion held on November 2, 3 and 4 at American Legion Post 123 on Sanibel for anyone who enjoyed the Nook. Stop by and have a cheeseburger and a CROW sandwich, buy a T-shirt and share a story.

Saturday, November 3 will feature live music. Admission is free.

For further information, call American Legion Post 123 at 472-9979 or Tim Irving at 472-1605.**

TIMMY'S NOOK

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November 2, 3, & 4
 Friday 4PM • Saturday NOON • Sunday 12PM
AMERICAN LEGION
POST 123 SANIBEL

OBITUARY**ANGELA J. LONGA**

Angela "Angie" Longa, nee Romeo, of Sanibel died on September 22, 2012 after a short illness at Hope Hospice in Fort Myers. She was an inspiration to her family and those around her as she battled an aggressive form of leukemia with her positivity, courage and laughter.

"Angie" was born in Bayonne, New Jersey on June 7, 1931. It was there that she raised her three children until moving to Sanibel in 1989 with her beloved husband, Richie, who died suddenly last summer. Angie and Richie were known to their neighbors for their hospitality, warmth and willingness to lend a helping hand when needed. She was an employee of Shearson Loeb Rhodes in New York City and New Jersey, Cablevision on Sanibel and The Sanibel Hilton.

She was a beloved member of her community, welcoming everyone she met with a warm smile as she took her daily walks. She was always willing to whip up a pot of her famous sauce and meatballs and provide a quick meal for returning seasonal neighbors and friends. Angie's passion was spending time with her family, especially her grandchildren, and singing and dancing. Gifted with a beautiful voice, she enjoyed singing everything from opera to scat to Broadway classics.

Angie is pre-deceased by her husband, Richard "Richie" "Dick" Longa, sister Grace Romeo Bonner, and brothers Tony, Paul and Frank Romeo. She is survived by her children, Karen and Chet Dobies of Fort Myers, Dane Longa of Sanibel, and Diane Craft of New York City. She is also survived by four grandchildren, Dane Michael Longa, Francesca, Isabella and Amelia Craft, three great grandchildren, nine nieces and nephews, and seven great grandnieces and nephews.

There will be a memorial service on Sunday, November 11 at 2:30 p.m. at St. Michael & All Angels Episcopal Church, 2304 Periwinkle Way on Sanibel.

Donations in her name can be made to one of the following:

- Hope Hospice, 9470 Healthpark Circle, Fort Myers, FL 33908 or 482-4673

- Scleroderma Foundation, Tri State Inc, Chapter, 59 Front Street, Binghamton, NY 13905
- The Leukemia & Lymphoma Society, Donor Services, P.O. Box 4072, Pittsfield, MA 01202.**

OBITUARY**JEAN (JEANIE) WITTMAN**

Jean Wittman, 83, a long time resident of Sanibel Island and Cape Cod, Massachusetts, passed away on Sunday, October 14, 2012 and went to be with the Lord after a brief illness in Fort Myers.

Jean was born on October 24, 1928 in Brewster, Massachusetts to Howard and Flora Dunnells. She was a graduate of the prestigious Wheaton College in Norton, Massachusetts. Jean married Alfred Wittman and they traveled the world extensively until Alfred's passing in 1985.

After his passing, she continued her travels with dear friends and had many wonderful memories of her trips. Jeanie lived life to the fullest. She was an active member of the Sanibel Community Church. Her greatest joy in recent years was spending time with her son and daughter-in-law, Jeffrey and Debbie, who moved to Sanibel to be close to mom. She was truly the life of the party, always upbeat and smiling and will be missed by all who knew her.

Jean is predeceased by her daughter, April. Jean is survived by her beloved son and daughter-in-law, Jeffrey Wittman and Debbie, her brother George, many nieces, nephews and friends and her dog, Ripley. The family will miss her wonderful nature, love of adventure and fun loving spirit.

A celebration of life for Jean will be held at Sanibel Community Church, 1740 Periwinkle Way on Sanibel, on Saturday, October 27 at 11 a.m. In lieu of flowers, donations can be made to the charity of your choice.**

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OBITUARY**JANE ELLITHORP WERNER
(1914 - 2012)**

September 17, 2012 Jane E. Werner, 92, of Fort Myers passed away from complications related to hip surgery. Born October 3, 1919 in Olean, New York, Jane was the first daughter of Clara Luther and John Stafford Ellithorp, Jr.

Jane never lost her affection for her home town of Canajoharie in Upstate New York. She was nicknamed Beechie, a reference to her family's leadership of Beech Nut Corp. Jane graduated from Smith College in 1941 where she majored in economics and lettered in three sports.

As the Greatest Generation entered WWII, Jane filled a "man's" role working at IBM in Washington, DC, where she began corresponding with Clem Werner, a handsome young army lieutenant from Iowa. After a year of letter writing, they met and were married six weeks later on October 9, 1943. Following the war, they raised their children, Susan, Cal and Ann in Davenport, Iowa.

Jane was a superb golfer who won numerous championships, from her teens into her 70s, but who never took herself too seriously. She also loved being outdoors in her garden, biking with friends, and shelling on Sanibel.

A strong believer in education, Jane worked to improve public schools. In the 1950s she proposed health education in 4th grade, a controversial topic at the time. For 30 years, she interviewed potential students for Smith College. In later years, she and Clem endowed college scholarships for five high schools in Davenport and Bettendorf, Iowa. In addition, Jane endowed scholarships at Smith College and "Ding" Darling National Wildlife Refuge on Sanibel.

Jane and Clem retired to Sanibel in 1984. For the next 25 years, she served as a volunteer ranger at the "Ding" Darling NWR.

More than anything else, Jane loved spending time with family and friends. She planned many family trips from Africa to Asia and from Europe to the Caribbean. During their travels, Jane collected more than 100 dolls which she recently donated to the Sanibel Library.

Jane was an extraordinarily generous woman who made major contributions to organizations helping to protect the environment, provide education, and assist those less fortunate.

Jane was predeceased by her husband Clem of 60 years and her sister Barbara E. Vosburgh. She is survived by her sister Sue E. Hellebush and her children Cal (Jill) Werner, Ann Werner (Terry Dibble), Sue (Bob) Thoresen, grandchildren Kristin (John) Swartzendruber and Erik (Traci) Thoresen, and her great-grandchildren Jackson, Avery, Lilli and Clemens. She is also survived by her caregiver Sandy Sisco and many friends.

A memorial service will be November 10 at 2 o'clock at Sanibel Congregational United Church of Christ.

In lieu of flowers, remembrances may be made to Jane E. Werner Scholarship at the Ding Darling Wildlife Society, <http://www.dingdarlingsociety.org/> 1 Wildlife Drive, Sanibel, FL 33908 or the Sanibel Congregational UCC, www.sanibelucc.org/ 2050 Periwinkle Way Sanibel, FL 33957.**

Churches/ Temples**ANNUNCIATION GREEK ORTHODOX CHURCH:**

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Divine Liturgy Sunday 10 a.m.

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www.orthodox-faith.com, 481-2099

BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 8 p.m. in the Fellowship Hall of the United Congregational Church 2050 Periwinkle Way, Sanibel Rabbi Selwyn Geller For more information 239-472-0177 or adsilby@gmail.com

CAPTIVA CHAPEL BY THE SEA:

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November 11, 2012 to April 21, 2013
Sunday 11 a.m. 472-1646

FIRST CHURCH OF CHRIST, SCIENTIST:

2950 West Gulf Dr., Sunday - 10:30 a.m.;

Sunday School - 10:30 a.m., Wednesday

evening meeting - 7:30 p.m.; Reading

room open, Monday, Wednesday and

Friday 10 a.m. to 12 p.m. (November

through March), Friday 10 a.m. to

12 p.m. (summer hours). 472-8684.

SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684

Dr. Daryl Donovan, Senior Pastor
Sunday Worship Hours:

7:45 a.m. Traditional Service with Communion

9 a.m. Contemporary Service with Kids' Church

10:45 a.m. Adult and Youth Sunday School

classes; 11 a.m. Traditional Service with

Choir. Childcare available at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:

2050 Periwinkle Way 472-0497

The Rev. Dr. John H. Danner, Sr. Pastor.

The Rev. Deborah Kunkel, Associate Pastor

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Service, 10 a.m. Full Service, with Sunday

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ST. ISABEL CATHOLIC CHURCH:

3559 San-Cap Rd., 472-2763

Pastor: Rev. Christopher Senk,

Saturday Vigil Mass 5 p.m.

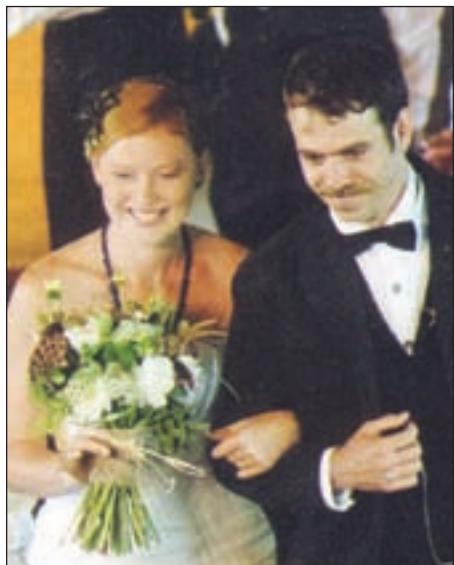
Sunday Masses 8:30 and 10:30 a.m.

Daily Mass Wed., Thurs., Fri. 8:30 a.m.

Communion Service Mon. and Tues. 8:30

a.m. Confession first Saturday of the month

continued on page 64

WEDDING ANNOUNCEMENT

Gareth and Troy Crosby

Dennis and Brooke Simon of Sanibel and Hancock Point, Maine, and Michael and Carol Crosby of Gorham, Maine and Hancock Point, Maine, are pleased to announce the wedding on July 7, 2012 of their son and daughter, Troy Nathaniel Simon and Gareth Williams Crosby.

The wedding took place at the Hancock Point Chapel with a reception at The Pierre Monteux School Forest Studio. Susan Moran, a Unitarian Universalist minister, conducted the Wedding Service.

Happy Birthday



Caroline Holtz turns 9 on October 22

Happy Birthday, Caroline! You are our sunshine!
Love, Mom and Dad*



One of the LOGOS kids clowning around

LOGOS Circus Comes To Town

There was lots of clowning around with big feet and squirting flowers at the LOGOS family time at Sanibel Community Church last week. Tatum Reel was chosen as the server for Circus Night.

LOGOS happens every Wednesday at Sanibel Community Church for kids ages 3 years through fifth grade. For more information, call the church at 472-2684.*

Read us online at
IslandSunNews.com

Gareth Simon, as she is now called, received a Bachelor of Arts degree cum laude with honors from Mount Holyoke College and a Masters degree in Sustainable Landscape Design from The Conway School of Sustainable Landscape Planning and Design. She spent a year in Denmark as an AFS student, learning Danish and broadening her understanding of the world and other cultures. She is employed as a sustainable landscape designer and operations manager in Athens, Georgia at Hungry Gnome Gardenscapes, where she specializes in designing and maintaining perennial and annual edible landscapes.

Troy Simon is a graduate with an Honors certificate and Bachelor of Science degree magna cum laude in Marine Biology from Florida State University. He is currently a third year PhD. Student in Ecology at the University of Georgia. Troy was the captain and goal keeper for the Cypress Lake High School soccer team his junior and senior years. He was awarded in April 2012 with a Research Fellowship from the United States National Science Foundation (NSF) to conduct research for his doctoral studies. He works in Trinidad on the headwater stream with the guppy, poecilia reticulata.

Troy proposed to Gareth out on the beach on Sanibel and they planned a Hancock Point, Maine wedding. Their honeymoon is planned for summer 2013, a hike on the California coastline. The couple will reside in Athens, Georgia.*



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John Manning, Ray Johnston, George Tice and Matt Caldwell



George Tice, Trey Radel and Ray Johnston

Vets Ride 4 PTSD

George Tice and Ray Johnston, two local veterans who suffer from Post Traumatic Stress Disorder (PTSD), are in need of the community's support to accomplish their goal – to ride across the state to raise awareness for the thousands of veterans across the country that suffers from PTSD.

Tice and Johnston have almost everything to make their journey on Saturday, October 27 a success, but do have some urgent needs and requests. Both men have garnered the support of community leaders, and have raised more than \$1,500 for the ride thus far. However, they need to raise another \$3,000 to pay for expenses such as bike maintenance and repairs, food, hotel stays and other essentials. Most importantly, they are looking for a volunteer with a SUV or van who can accompany them on the ride and transport necessary supplies such as clothing, water, bike parts and food

essential for a safe journey.

In addition, Tice and Johnston are hoping other veterans will join them on their ride across the state, which is expected to take 10 days with stops along the way to visit city and state officials. Their mission is to raise awareness and funds for veterans who suffer from PTSD and suicide among our military.

Tice and Johnston hope to encourage more aid for soldiers who suffer from PTSD. Presently, there are minimal resources and volunteers available to help those suffering from this widespread illness. They plan to meet with active duty family members, veterans and the public along the way to Tallahassee.

"Currently, one out of eight soldiers who have served in Iraq or Afghanistan show signs of having PTSD, and every 24 hours or less a military person will take his or her own life," said Tice. "It is vital for veterans in crisis who call the suicide crisis line to get the help they need and not be left on hold."

Tice and Johnston would like to see some changes when military veterans call the crisis line. They would like to see boots on the ground and a response team that will meet with the distressed veteran face to face within a three-hour time frame.

"It's a lot easier for a veteran to talk about their problems with someone face to face," Tice added.

Both veterans have received the backing of many influential leaders, including Congressional candidate Trey Radel, State Representative Matt Caldwell and Lee County Commissioner John Manning. A cameraman from Pineapple Productions has committed to riding along with them, and videotaping the entire 480-mile ride to the state capital.

Tice and Johnston are hosting a raffle to raise funds for Vets Ride 4 PTSD. Every \$20 donation buys three chances to win a \$1,000 gift certificate to the

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This bumper sticker has a green color to emphasize that almost 70% of Sanibel is in conservation land and a whimsical heart to signify our island lifestyle. The peel off back has information about Sanibel that you may not know.

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Diamond District, or one of two one-night stays at the Sandpiper Gulf Resort in Fort Myers Beach valued at over \$500.

Sponsorship opportunities are available to help fund Vets Ride 4 PTSD, with remaining proceeds benefiting the American Red Cross Veterans Outreach Program and Southeastern Guide Dogs that provide service dogs for veterans with PTSD. To make a donation, visit www.VetsRide4PTSD.us and click the "Donate" button or visit any Fifth Third Bank and mention you would like to make a donation to the memorial account for Vets Ride 4 PTSD.

For more information, visit www.VetsRide4PTSD.us or call 738-0601.**

Health Screenings At Rec Center

The complimentary Sanibel-Captiva Lions Club Diabetes, Glaucoma, Hearing and Blood Pressure Screenings will be performed from 9:30 a.m. to 12:30 p.m. Monday, October 22nd at the Sanibel Recreation Center. The diabetes test uses a tiny drop of blood extracted with an almost painless prick of the finger, which is then read by a blood glucose meter in 5 seconds. The glaucoma test checks peripheral vision and eye pressure, which can detect existing eye damage and/or provide predictive information.

The Lion screeners have been trained and certified by a doctor and use all appropriate methods to insure antiseptic conditions and privacy during the screening. Screenings are performed on a first come, first serve basis.

Finding and treating eye disease early is the best way to limit the effects of glaucoma and diabetic eye disease. If left untreated, they may cause severe vision loss or even blindness.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call the Sanibel Recreation Center at (239) 472-0345 or visit our web site at www.mysanibel.com.**

**Read us online at
IslandSunNews.com**

Sanibel-Captiva Lions Club News

Lions Health Screening Schedule

submitted by a Lion, Bob



The Sanibel-Captiva Lions Club will again provide free health screenings for glaucoma, diabetes, blood pressure and hearing from October through April. These screenings assess the most insidious problems, those for which people may be totally unaware and may create irreversible damage.

The days and dates are:

Monday, October 22

Friday, November 16

Saturday, December 15

Friday, January 11

Monday, January 28

Wednesday, February 6

Tuesday, February 26

Monday, March 11

Thursday, March 21

Monday, April 15

All screenings will take place at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road, from 9:30 a.m. to 12:30 p.m. and are open to members and non-members alike.

For questions or more information, call Tom Rothman at 395-3248.**

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Captiva Cruises Resumes Boca Grande, Cayo Costa Day Trips

If you are looking to spend a relaxing day at a quaint seaside village then Boca Grande on Gasparilla Island should not be missed. Numerous restaurants, shops, art galleries and a maritime history museum are available to visit during a day trip offered by Captiva Cruises.

Boca Grande is known as the capital of tarpon fishing and has long been, and still continues to be a destination for sport fishing aficionados from all over the world hoping to catch one of these "silver kings." The historic Gasparilla Inn on Boca Grande has been hosting visitors since its inception in 1913 and is just a short walk from the marina along with the downtown district of Boca Grande.

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Gasparilla Inn

Passengers can also rent a golf cart or bicycles for the day and cruise to the southern tip of Boca Grande, where the State Park Lighthouse Beach is located, along with the Boca Grande Historical Society's Maritime History Museum.

Captiva Cruises offers half-day Beach & Shelling excursions to the Southern section of Cayo Costa and the State Park Beaches of North Captiva all year. Captiva Cruises is also resuming the full day trip to the northern section of Cayo Costa State Park, along with the cruises to Boca Grande. Inland trails for biking or hiking and miles of spectacular beaches make this a wonderful way to spend a day of exploration.

The cruise to Boca Grande and Cayo Costa State Park is narrated and offers an excellent opportunity to observe dolphins and other wildlife of the area. Cruises depart McCarthy's Marina on Captiva at 10 a.m. and return at 4 p.m.

Additional information and reservations for any of Captiva Cruises programs and tours may be obtained by calling 472-5300.**

Share your community news with us.

Call 395-1213, Fax: 395-2299

or email press@islandsunnews.com

Nola Theiss Honored At Alumni Wall Of Fame Induction Ceremony



Jim Weigand, Nola Theiss and Dr. Daniel Martinez

Nola Theiss, former mayor of Sanibel, was inducted into her high school district's Wall of Fame for her work as a teacher, businesswoman, Sanibel City Council member and Mayor, and human trafficking educator and founder of Human Trafficking Awareness Partnerships, an organization dedicated to building awareness and prevention of human trafficking.

For more than 30 years, alumni have

been honored at this biennial two-day event and given the opportunity to speak to students and faculty about their lives since they left high school. Theiss, a 1964 graduate, spoke to seven student groups of 200 students each, relating her life's journey since her high school graduation at the age of 16 from West Leyden High School in the Chicago suburb of Northlake, Illinois.

There was also an induction ceremony which was excellently catered by students

in the culinary arts program and a half-time recognition during the homecoming game.

As a former teacher, Theiss was impressed with the attitude of the students and the professionalism of the staff. All had a great deal of pride in their schools.

"This was a real opportunity to reflect on my life and give thanks to the excellent teachers who nurtured me and to encourage kids like me to feel that they can achieve their own goals," said Theiss.

In addition to Theiss, alumni Jim Weigand, president of DuPont Sustainable Solutions, USA and Dr. Daniel Martinez, a board certified child, adolescent and adult psychiatrist and president of Comprehensive Clinical Services were honored. The three honorees this

year will be included in the Wall of Fame at both high schools in the district. Theiss was accompanied at the ceremony by her husband, Hal, and eldest grandson, Indigo Fordham-Theiss.

For further information about the work of Human Trafficking Awareness Partnerships, go to www.humantraffickingawareness.org and www.hatpARTREACH.org or contact Nola Theiss at 292-3834.**

San-Cap Rotary At Thistle Lodge

All Sanibel-Captiva Rotary Club members are encouraged to participate in a membership event on Thursday, November 8 at Thistle Lodge from 5 to 7 p.m.

In this low-key gathering, members are asked to invite friends and business colleagues to join them. Along with a glass of wine, some cheese and social chatter, they will get a chance to meet San-Cap Rotary Club members, who represent an outstanding group of professionals in their community committed to the support of community, nationally and globally-based humanitarian causes.

Steve Agius, Rotary District 6960 membership chair, will be the VIP special guest during this event.

Space is limited; RSVP to Janet Strickland, club membership chair, at jms-law@centurylink.net.**



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CROW Case Of The Week:

Summer's Best Success Stories

by Patricia Molloy



American white pelican is a rare bird indeed. With a nine-foot wingspan, the American white pelican is one of the largest birds in North America. One was found in obvious distress by naturalist Vince McGrath near South Seas Island Resort on Captiva.

Long-time volunteer and veterinarian Dr. David Nichols evaluated the patient's condition and discovered that the pelican was suffering from toxicosis and had likely suffered respiratory irritation.

After being tube fed a special diet designed to meet the metabolic needs of the critically ill seabird, along with a liver detox containing milk thistle, the patient improved. After two full weeks of treatment, the white pelican was healthy enough to be released on Sanibel.

In May, CROW returned a young American alligator to its home at Florida Gulf Coast University after successfully rehabilitating the young reptile. The patient arrived at the clinic with several minor wounds and a deep gash on one of its hind legs that went down to the joint. Dr. Heather Barron, CROW clinic direc-

tor, performed an arthrodesis, a surgical procedure involving fixation of a joint to promote bone fusion. It took six weeks to recover.

After tagging the alligator, it was released in a marsh on the far edge of the campus, where it leisurely walked into the water. CROW patient #0994 will continue to play an import part in the FGCU's native alligator population study.

In August, a three-month-old male bobcat was admitted from Lee County. After being given a sedative to make it more comfortable, the staff determined the kitten was hyperthermic with a body temperature of 103 degrees. While its ears and eyes were healthy, the young patient was found to have tape, hook and round worms, which were immediately addressed.

After two weeks of critical care by the clinic staff, CROW arranged for the bobcat, patient #2382, to be transported to the Big Cat Rescue in Tampa (i.e. Kitten Kindergarten) where it will learn normal behavior from a older, more experienced bobcat. It will be then be returned to his home in Lee County.

One of CROW's volunteers picked up an injured snapping turtle in North Fort Myers. It was evident by its injuries that it had been hit by a car.

A pain medication was immediately administered to make the patient more comfortable while topical antibiotics and bandages were applied to its wounds. This treatment was continued during his stay at the clinic. Additionally, the staff

continued on page 29



Bobcat kitten



White pelican release



Snapping turtle grazing



American alligator during examination

ATTENTION PARTY ANIMALS.



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'TWEEN WATERS INN
ISLAND RESORT

Bird's Eye View

Are We Doomed To Never Learn?



by Mark 'Bird'
Westall

Ever since I was a young teenager, I have been trying to understand why "civilized" humans can be such jerks to everything else around them sometimes. I couldn't understand why a supposedly "advanced" class of our species always seemed to be destroying everything they came in contact with instead of living in harmony with the surrounding environment and those that shared that environment with them.

My desire to find some answers to that conundrum has been a driving force behind my pursuit of understanding how the natural system works and why "primitive" humans seem to do a better job of living harmoniously with the natural environment than modern humans.

When I first started this lifelong search for answers, I was focusing on the human aspect of the equation and began working on an Anthropology degree in college. My plan was to go and work for the Bureau of Indian Affairs, live on a reservation, marry an Indian princess and learn firsthand how the natives did it.

Ahh, the naiveté of youth!

I am sure my professors did not mean to communicate this to me, but their lectures began to make me think that as a member of the "civilized" world, the best thing I could do for the Native American was to just leave him alone. My people had already messed the natives up terribly by destroying their culture and making them wards of the state. And well-intentioned "do-gooders" like me usually only exacerbated the problems even more because the "civilized" way of thinking just could not see the world as a native saw it.

That's when I added Environmental Studies to my Anthro studies and ended up coming to Sanibel after graduation. I never lost my attraction for the more "primitive" way of viewing the world, however, and I have since decided that I do have a lot in common with how native

peoples think. I will always feel more alive when I am someplace very remote, away from "civilization" and I can see, feel and smell the natural world around me. I will never be very happy spending my life sitting behind a desk inside of four walls.

By the time I arrived on Sanibel, "civilization" had already exterminated the Calusa and pushed the Seminoles onto a reservation, so all that was left was a seemingly pristine, natural world, beautiful in its splendor.

But I was also attracted to Sanibel because of what it was telling the rest of the "civilized" world. In the 1970s, the island had been fighting a seemingly undefeatable regional government and the powerful development community that thought Sanibel should become the

next Miami Beach. The people of Sanibel were adamant that that was not what they wanted; what they wanted was to be the "civilized" community that protected and cherished all that was natural on Sanibel. Thirty-eight years later, this island community has done a better job in "co-existing" with the natural environment than any other modern community on the planet. And we should be proud of what we have accomplished.

But unfortunately, the outward appearance that Sanibel's harmonious community presents to the rest of the world is also going to attract those who say they want to co-exist, but in reality, are just wanting to use those concepts to limit the number of humans they have to share the island with. These "pseudo-environmentalists"

are willing to live with the natural system, but only so long as the native animals that live in the natural system stay on their "reservations."

Thus, I have spent the last 35 years of my life trying to help the people of Sanibel to co-exist with its natural ecosystems and the animals who live there. My frustrations have come when dealing with those "pseudo-environmentalists." I sometimes call them the "Environmentalist's Butts," as in "I'm an environmentalist... but what is that animal doing in my backyard!?"

Believe it or not, I've actually mellowed some over the years. I have dropped out of many of the positions of authority I used to occupy. I don't spend as much

continued on page 49

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Eastern Gamagrass

by Gerri Reaves

Robust eastern gamagrass (*Tripsacum dactyloides*) is very easy to grow and maintain, has virtually no pests and adapts to a variety of soils.

This native bunch grass will produce voluminous fountains of dark green foliage up to five feet high and several feet wide, adding height and texture to the landscape.

It's a good choice for a wildlife-friendly landscape. The species is the host plant for the clouded skipper butterfly and provides cover for small animals and birds, who eat the seeds.

In the wild, it grows in wet areas such as marshes, hammocks, and swamps, or near streams, ditches or lakes. It's useful in swales or areas prone to periodic freshwater flooding. The fibrous root system helps to prevent soil erosion.

However, eastern gamagrass also grows well in drier upland habitats, too. Although it prefers moisture, it is drought-tolerant once established.

The leaf blades are long, flat and about an inch wide.

Both male (pollen-producing) and female (seed-producing) parts appear on a tall spike. Both sections produce colorful tiny flowers, the female purple, and the male orange to maroon.

gamagrass by dividing the rhizomatic root



Eastern gamagrass produces both male and female flowers

If pollination occurs, the corn-like seeds eventually develop and fall on the ground and reseed. The seeds can also be collected and planted.

Alternatively, propagate eastern gamagrass by dividing the rhizomatous root



This low-maintenance native bunch grass will grow well in a variety of conditions
photos by Gerri Reaves

floridata.com, fnps.org, wildflower.org,
and *Native Florida Plants* by Robert G
Haehle and Joan Brookwell.

*Plant Smart explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape.***

Annual Free Bonsai Society Show & Sale

Bonsai enthusiasts throughout Southwest Florida are invited to the Annual Bonsai Show & Sale on Saturday and Sunday, November 17 and 18. The free event, sponsored by the Bonsai Society of Southwest Florida, will be held from 10 a.m. to 5 p.m. both days at the Lee County Election Center, 13180 S. Cleveland Avenue in Fort Myers (across from the Bell Tower Shops).

This annual event will feature bonsai exhibits and critiques, workshops and demonstrations, raffles, silent auctions and sales of bonsai trees and supplies. Vendors will be present to assist attendees with bonsai needs and supplies. Ed Trout, Toby Diaz, Ernie Fernandez, Mike Feduccia, Mike Cartrett and Dorothy Schmitz, all renowned bonsai artists, will be available to give lectures and provide demonstrations.

Bonsai is a horticultural art of growing trees in pots. It had its origins in China and Japan. Information about bonsai and the association will be available at the meeting.

For additional details about bonsai, the Association or the annual show and sale, contact Jim Bremer at 482-7543. *

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Alien Invasion At SCCF



There is a reproductive population of Tokay geckos on Sanibel. You can hear them calling at night "Ah-O"

More than 500 fish and wildlife species, 1,180 plant species and who knows how many insects that are not native now live and multiply in Florida introduced by humans. Some invasive species, like the pythons in the Everglades, are having devastating effects.

Come and learn about the species that make up Sanibel and Captiva's Alien Invasion on Wednesday, October 24 at 10 am. in the SCCF Nature Center at 3333 Sanibel-Captiva Road. Cost to attend the program is \$5, with members and children free. For more information, visit www.sccf.org.**

Baking Up Goodies At SCC



Tiffany Burns and Summer Kilgore decorate cupcakes at Sanibel Community Church

On October 9, MOPS moms on the island had a blast learning fun party planning ideas. Michelle Jaramillo, a certified cake decorator, demonstrated fabulous cupcake decorating techniques and then the moms had fun decorating their own cupcakes.

If you are the mom of a preschooler, don't miss the next MOPS meeting on Tuesday, October 23. Guest speaker Kay Casperson will share her lifestyle philosophy of Beauty Inside Out. She will be doing mini make-overs and will be sharing some of her fabulous products. Contact Amy Selby at amyselby27@gmail.com or Emma Hall at emh411@gmail.com for more information.**



Michelle Jaramillo

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The Change Of Seasons Is In The Air



by Capt.
Matt Mitchell

This week, I spotted the first big formations of white pelicans migrating south for the winter. This is a sure sign it's already cold up north. Add to that the strong prevailing northeast winds bringing some of the lowest tides we have seen in a long time and cooler morning temperatures, you can really tell the change in seasons is just around the corner.

Fishing this week seemed to be all about hiding from the wind and staying comfortable. Some days we did struggle for a few hours out there, but all in all, fishing was pretty good. Taking live shrimp along really made all the difference in the world during those tougher periods. Although most of the

fish caught on shrimp were not huge, the action was non-stop even when you simply could not get a bite on a bait fish.

Once the conditions were right with the tide and wind, the fishing was on fire with quality fish including big snook and redfish. The highlights of my week on the water included a 21-pound redfish and a 36-inch snook. As usual, most of my days were spent searching for that one hot spot that would make the trip.

It seemed I would bounce spot to spot without a whole lot happening until I stumbled across that one hot spot, then it was all action. It was either bore-dom or wide open, without a whole lot of anything between. Plugging away at it and never giving up was the attitude that got it done most days this week.

One morning charter this week, I was on a redfish bite that can only be described as simply silly. We caught more than a dozen upper slot-sized redfish along with six reds over 30 inches and one monster 21-pound bull redfish, all in just over an hour. That was at the first stop of the charter.

The oyster bar we were fishing in Matlacha Pass was on fire with just about every cast resulting in a strike, if

not a fish. The big bull redfish of the trip had a two-pound bite mark out of its back that had almost healed. It still amazes me how hardy these redfish are and what they can survive.

My afternoon charter that same day was pretty slow until the end of the trip, when the snook bite went off. We had caught a few trout and really had not had much going on until the last hour of the low outgoing tide when the set-up was just right. We did manage one 29-inch redfish but with time running out, were just about ready to wrap it up.

After pitching some regular size baits at one of my favorite snook docks in the southern sound without success, I figured I would try one big bait before calling it quits to a tough day at the office. Pitching a big tail-hooked grunt up under a dock was kind of a hail mary of "go big or go home." After a few twitches it was instantly hit by a huge snook, which on its first big head shake jump threw the hook from its coffee can-sized mouth. The next three big baits thrown up under the dock produced three snook over 30 inches on back-to-back to back casts. The big snook of the trip measured 36 inches.

After a pretty slow day, I cannot think of a better way to finish up a charter.

Capt. Matt Mitchell has been fishing



A 21-pound redfish caught on Capt. Matt Mitchell's boat this week

local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsuncity@aol.com; or call Anne Mitchell at 395-1213.



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Fish Caught



Magnus, Ann-Catrine, Christer, Mona, Bengt and Monika, visiting from Fristad, Sweden, caught a 24-inch redfish, a 22-inch redfish and a 19.5-inch trout. The fish were caught just north of Redfish Pass. And the group still had time for lunch at Cabbage Key. The group was fishing with Capt. Joe Banta.

Tails & Tailgating Fishing Tournament

The 1st annual Tails & Tailgating Catch & Release Fishing Tournament, presented by Wallace International Trucks, will be held on Saturday, November 3 in downtown Fort Myers on the Caloosahatchee River.

A Captain's Meeting will be held on Friday, November 2 from 6 to 8 p.m. The fishing tournament will begin at the first safe light on Saturday morning until 4 p.m. A post-tournament awards dinner will be held from 5:30 to 7:30 p.m.

The following cash prizes will be awarded:

- Combined total inches on snook, trout and redfish
- \$1,500 – 1st Place
- \$750 – 2nd Place
- \$250 – 3rd Place

The event will also include raffles, goodie bags, a shrimp boil, a corn hole tournament and a boat load of fun. Football fans can enjoy the "Sports Station," presented by Comcast.

Cost to participate in the tournament is \$100 per angler, or a \$225 family package (two adults and two children). Space is available on a first come, first served basis. All proceeds from this event will benefit the Greater Fort Myers Chamber of Commerce, Inc., which supports education, business and civic growth

programs for all Lee County.

The Tails & Tailgating Catch & Release Fishing Tournament is sponsored by Wallace International Trucks, Comcast, iBeriaBank, Suncoast Beverage, Stokes Marine, Chico's FAS, Fiber Solutions, Walmart, Lott & Gaylor, Stevens Construction, OMG Branding Solutions, Leroy Selmon's and Costco.

To register for the tournament, contact Erica Palmer at 332-2930 ext. 213 or visit www.fortmyers.org.



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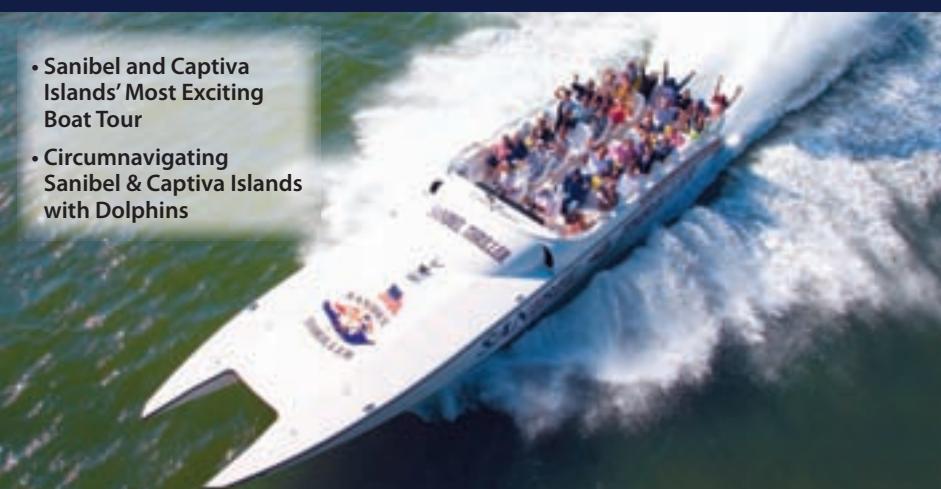
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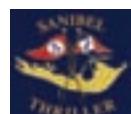
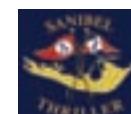


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A Closer Look At Rip Currents

submitted by
Ken and Kate Gooderham,
ASBPA Executive Directors

In the most recent issue of *Shore & Beach*, the quarterly technical journal on coastal issues published by the American Shore & Beach Preservation Association, Dr. Stephen P. Leatherman addresses the dangers and characteristic of rip currents – powerful currents of water that flow offshore from many beaches under certain conditions which are responsible for more than 100 deaths annually in this country.

Leatherman puts forth a description of the five main types of rip currents, using terminology that should resonate with average beachgoers while giving them a better grasp of what to look for

in the offshore waters both to avoid rips and to understand better the ways by which these currents can be more safely negotiated should you get caught in one of them.

The five rip current types and a brief description of their qualities are:

- Bar-gap: The most common and, thus, the most dangerous to the general public. As the name suggests, these form due to a break on the offshore sand bar that allows a channel of water to flow seaward. Easy to spot by the calm, dark water in the midst of breaking offshore waves, these rips can last as long as the broken bar stays in place.

- Cusped-shore: Common along bow-shaped coastlines where the shape of the offshore bars and the hydrology that results encourages these currents. Frequently found in the Florida Panhandle, these deceptive currents can look calmer than the surrounding waters along the shoreline.

- Structurally controlled: These result from either offshore rock formations (along a rocky coastline) or manmade structures that create an offshore-bound current. The permanent nature of the cause makes the effect similarly consistent, but steering clear or heeding the advice of local experts make these easy to avoid.

- Flash: Very temporary and very variable, these currents come during strong onshore winds and waves that can combine to create hazardous conditions. Usually weaker than other rips, but still dangerous because of their unpredictability.

- Mega-rip: Very powerful and very dangerous, these currents come from high surf in conjunction with underwater rock formations that channelize the rebounding wave energy. Notably for their size, often extending twice the distance of the surf zone.

Leatherman's goal in this descriptive detail is to make rip currents more recognizable to the average beachgoer, both to make them more avoidable and to better grasp how to survive if you're caught in one by seeing their predictable nature. (That's why surfers often use rips to take them offshore for the next incoming wave.) The key here is to stay calm and either swim across the current (usually meaning parallel to the shoreline) or to wait until the current weakens and you can escape its grasp to swim back to shore.

For more information, visit www.asbpa.org.

Shell Found

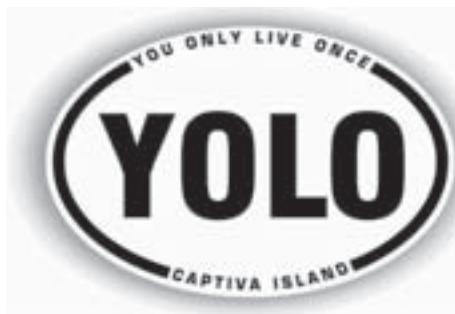


Large horse conch

Fred Robinson, visiting from Ocala, found this horse conch on the beach near the Donax Street access while staying at the Driftwood Inn on Sanibel.

"I was out sitting in the water and noticed a small green plastic child's shovel floating by," said Robinson. "I retrieved the shovel and started digging around underwater where I was seated. I found something large and when I pulled it out from the sand, it was a big conch shell. What a surprise!"

After using the shovel, he returned it to the young lady that had lost it.



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Stone crab

Stone Crab Season Opens

Get your claw crackers ready, because Florida's recreational and commercial stone crab claw harvest season officially opened on October 15 in state and federal waters.

To be harvested, stone crab claws must be at least 2 3/4 inches in length when measured from the elbow to the tip of the lower immovable portion of the claw.

Claws may not be taken from egg-bearing female stone crabs. Recreational harvesters can use up to five stone crab traps per person. Stone crabs may not be harvested with any device that can puncture, crush or injure the crab body.

Photo courtesy of FWC

Examples of devices that can cause this kind of damage include spears and hooks.

Both claws of the stone crab may be taken if the claws are of legal size, but this practice leaves the crab with few alternatives to defend itself from predators. Crabs that are returned to the water with one claw intact will be able to obtain more food in a shorter amount of time and therefore regrow its other claw faster. There is a recreational daily bag limit of one gallon of claws per person or two gallons per vessel, whichever is less.

The season will be open through May 15, 2013.

Stone crab regulations are the same in state and federal waters.

More information on harvesting stone crabs for recreation, as well as commercial stone crab regulations and

licensing information, is available online at www.MyFWC.com/Fishing (click on "Saltwater").**

Calusa Blueway Fishing Tourney November 3

In less than a month, the winner of the 2012 Calusa Blueway Fishing Tournament will take home a new Hobie Mirage Pro Angler 12 fishing kayak, courtesy of Hobie and Estero River Outfitters. Cash prizes also will be awarded to those who place in the Saturday, November 3 tournament.

The event consists of a one-day competition for anglers who catch-and-release snook, redfish, sea trout and other species in Lee County waterways. There will be a captains' meeting at Angler's Inn, Matlacha, on Friday, November 2 with refreshments from Bert's Bar & Grill.

The November 3 official weigh-in at Matlacha Park coincides with the annual Bluegrass for a Blueway and A Taste of Matlacha, featuring live music by the Skeeterland Bluegrass Band. This year's catch-and-release tournament is expected to lure 50 to 75 anglers to Lee County waterways as part of the Calusa Blueway Paddling Festival.

The first-place winner will be awarded a Hobie Mirage Pro Angler 12, along with accessories, altogether valued at more than \$3,000. The Hobie Mirage

Pro Angler 12 is compact and versatile, equipped with features such as vantage seating, under-seat tackle storage, horizontal storage for four rods and a livewell-ready cargo area.

The second-place winner will receive \$500, based upon 50 tourney participants. The third-place angler will win \$300, with the fourth-place winner earning \$150 and the fifth-place winner taking home \$50.

The tournament runs during the 2012 Calusa Blueway Paddling Festival, which includes instruction, demonstrations, speakers, guided paddles, a photo contest and evening entertainment throughout the weekend in nearby Fort Myers.

New this year is a streamlined online registration site for anglers, who pay a \$60 fee to compete. Visit www.CalusaBluewayPaddlingFestival.com and click on "activities" and "fishing tournament" to find the registration link. Or go directly to www.floridasee.org and click on "programs."

Tournament proceeds benefit the Florida Society for Ethical Ecotourism, which is hosting the event along with Florida Sea Grant, Lee County Parks & Recreation and volunteers. A portion of proceeds also goes to the Calusa Blueway Paddling Trail.

For more information, contact tournament director Josh Harvel at 233-0655 or yaknitup@embarqmail.com or tournament liaison Joy Hazell at hazellje@leegov.com or 533-7518. The festival schedule is online at www.calusablueway-paddlingfestival.com.**

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A view of a wooded area of the preserve

Six Mile Cypress Slough Preserve Fall Programs

Visit the Six Mile Cypress Slough Preserve, a beautiful Lee County Parks and Recreation facility in the heart of Fort Myers, for a variety of activities this November and December. Special programs include a photo contest, sketching club, basket-making class, full moon walks, tracking club, alligator program and wilderness survival for teens. Daily guided walks begin

November 1 or just come out and take a leisurely stroll on our fully accessible boardwalk trail anytime dawn to dusk.

Visit their Interpretive Center to learn more about the plants and animals that live in the slough or just talk to a friendly volunteer. The center is open Tuesdays through Sundays from 10 a.m. to 4 p.m. and your entry is free with your paid parking fee of \$1 per hour per vehicle.

The Six Mile Cypress Slough Preserve is located at 7751 Penzance Blvd. in Fort Myers. For more information, visit www.leeparks.org or contact Heather Gienapp at 533-7556.

Guided Nature Walks



A sketching workshop offers opportunities to artists of all skill levels

photo by Heather Benson

Daily (seven days a week)
9:30 to 11 a.m.

Daily Guided Nature Walks begin November 1 at 9:30 a.m. as visitors stroll along our fully accessible raised boardwalk trail with an experienced volunteer naturalist. Walk is 90 minutes long and travels three-quarters of a mile. Tour is free with paid parking of \$1 per hour per vehicle. No reservations are necessary and no groups of eight or more. Call 533-7557.

Photo Contest

November 1 to January 31

Pick out your favorite slough photos and enter them in their photo contest. All entries must be submitted by January 31. Each photographer may submit up to three photos for \$10. Awards will be presented at a reception held at the slough on Saturday, March 23 from 10:30 to 11:30 a.m. Contest rules and entry forms



An otter is one animal visitors may see while at the preserve

photo by Wilma Keidel

are available at the Interpretive Center desk or online at www.sloughpreserve.org. Contest is sponsored by the Friends of Six Mile Cypress Slough Preserve. Call 533-7557.

Drawing Inspiration Through The Slough: A Sketching Club

Fridays, November 9 and 30, December 14 and 28
12:30 to 3:30 p.m.

Join Suzanne Frechette, an experienced slough volunteer naturalist and artist, as she leads plein air sketching workshops at the slough. Artists – beginner through advanced – are welcome to participate. The workshops will be limited to six participants who will provide their own art materials and sketchbooks, working primarily in graphite, ink, watercolor, pastels and other portable, non-toxic media. Each session will end with a half hour to share your work with others

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Binoculars are helpful for birders
photo by Heather Benson

in the group. Reservations required by calling Suzanne at 313-6201 or by email to suzanne.frechette@gmail.com with a subject line of "Sketching Club." No fees required, but donations of \$10 per session to the Friends of Six Mile Cypress Slough Preserve are encouraged.

Basket-Making Class

Saturday, November 10
9 a.m. to noon

Make a basket from grapevines just in time for Thanksgiving. Participants will also learn collection and preparation techniques. All materials are provided. Class is \$15 per person aged 12 and older.



A baby alligator at the slough

Reservations are required by calling 533-7440 or online at www.leeparks.org.

Full Moon Walks

Tuesday, November 27 from 5:30 to 7 p.m.

Thursday, December 27 from 5:45 to 7:15 p.m.

Experience the slough in a new light – the light of the full moon – as visitors enjoy a guided sensory walk. Listen for some of the night life, smell night fragrances and get a new perspective of the slough. Experienced volunteer naturalists lead small groups around the trail for this walk. The fee is \$5 per person aged 6 and older. Reservations are required by calling 533-7440 or online at www.leeparks.org.

photo by Wilma Keidel

leeparks.org.

Fun Day – Survival For Teens

Wednesday, November 21
8 a.m. to 4:30 p.m.

Learn the four basic needs of survival and practice your newly learned wilderness skills. Topics covered will be shelter and the primitive art of fire making. Dress to be outside, bring lunch, snacks and water. Cost is \$15 per participant ages 12 to 16. Reservations are required by calling 533-7440 or online at www.leeparks.org. Call Heather at 533-7556 with any questions.

Tracking Club

Saturday, November 17 from 10 a.m. to 2 p.m.



An anhinga drying its wings
photo by Wilma Keidel

Saturday, December 15 from 10 a.m. to 2 p.m.

Join our Tracking Club as members learn about wildlife through their tracks. Reference for class is *The Science and Art of Tracking* by Tom Brown Jr. Bring a lunch. Club is free with paid parking of \$1 per hour per vehicle. For more information or to RSVP, call 533-7555.

Alligator Detectives Program

Saturday, December 1
11 a.m. to noon

Learn fun facts about Florida's favorite reptile in this one hour program. Meet in the Interpretive Center. Reservations are not necessary. All ages are welcome and the program is free with your paid parking fee of \$1 per hour per vehicle. Call 533-7550 for more information.

continued on page 59

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Film poster for *Women On The 6th Floor*Film poster for *Happy*Film poster for *The Best Exotic Marigold Hotel*

November 19 - *Footnote* (2011) Israel; Rated PG

November 26 - Surprise film, to be announced November 19

Set in Paris in the early 1960s, *Women On The 6th Floor* film tells the story of Jean-Louis, an uptight stockbroker leading a consistently uninteresting life. Matters suddenly change when he is led by Maria, a beautiful new maid in his luxury building, to the servants' quarter, where he learns to open up to an altogether different world. Film critic Roger Ebert describes the movie as a "pleasant, even-tempered romantic fantasy." This comedy was nominated for three Césars, and Carmen Maura won the César for Best Supporting Actress for her role.

Happy seeks to answer a most basic human question: What makes us happy? This documentary by Oscar-nominated director Roko Belic travels the world to interview people on living happy lives: a 60-year-old Brazilian surfer; a German ex-

banker now working in one of Mother Teresa's charity wards; the people of Okinawa, the world longevity capital of the world. No definitive conclusions are offered, but the film does validate most of what modern science and study have indicated: happiness increases the more one is physically active, performs actions for the benefit of others, and feels close to family and friends.

The Best Exotic Marigold Hotel chronicles the misadventures of a group of British retirees who travel to India to stay at what they believe is a newly-restored resort hotel. Less luxurious than it advertises, the hotel slowly begins to grow on its visitors in unexpected ways. Featuring an all-star cast that includes Judi Dench, Maggie Smith, Tom Wilkinson and Bill Nighy, *Marigold Hotel* is described as "feel-good" by Stephen Holden of *The New York Times*, who insists, "[I]t's never too late to leave your comfort zone and explore new horizons."

Nominated for an Academy Award in 2012 for Best Foreign Language Film and winner of Best Screenplay at the Cannes Film Festival, *Footnote* is a tale about the strained relationship between a father and son who are rival academics in Talmudic

continued on page 48

César Award-Winning Comedy Kicks Off Monday Night Film Series

BIG ARTS Film Society's ever-popular Monday Night Film Series returns this season with critically-acclaimed independent and foreign films and documentaries. The movie experience at BIG ARTS is more than just a film showing. A group of enthusiastic film buffs lead informed post-movie discussions, complemented by refreshments. All Monday Night Films are \$8 and begin at 7 p.m. in Schein Performance Hall.

Viewers will enjoy the quality of a Blu-ray Disc player, high-definition projection equipment, and surround sound. Assistive listening devices are available.

October and November Monday Night films:

October 29 - *Women On The 6th Floor* (2010) France; Not Rated

November 5 - *Happy* (2012) U.S.; Not Rated

November 12 - *The Best Exotic Marigold Hotel* (2012) U.S.; PG-13

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From page 1

Mollusk Photography Contest

in their natural habitats – marine, land or freshwater. Judges will consider images of live mollusks eating, moving, mating, etc. The competition takes place annually and winners are announced in late November, during the week of the museum's anniversary on November 18. Winning entries will be posted on the museum's website and Facebook pages, and displayed in the museum auditorium. Photo entries may be submitted electronically and must be received by Thursday, November 8.

Rules

- Only amateur photographers are eligible to enter.
- Photos must be from the most recent two years.
- Photos must be submitted electronically as an e-mail attachment to Diane Thomas (dothomas@shellmuseum.org.) Images should be in JPEG, TIF or BMP formats only.
- The native resolution should be 300 dpi, and the final image size between 4 and 7 MB.
- Each person may enter up to two photographs but is eligible to win only one award.
- The judges will receive image files without any identifier as to authorship of the images.

Judging Criteria

- Technical excellence (sharpness, lighting, composition, exposure)
- Originality/Creativity
- Interest
- Adequate use of image processing software, if applicable (e.g., Photoshop)

Regulations

- The museum will recognize one first, second and third place winner, and one honorable mention
- There will be a Junior-Youth division and an Adult division
- Photos may be used by the museum in any of its publication media (website, Facebook, Museum News) with credit given to photographers.

"The photography contest is an outreach initiative that provides a perfect venue for generating interest and enthusiasm in live mollusks. Since the collection of live mollusks is banned in Lee County, capturing images is a wonderful way for the public to learn more about the creatures that actually make shells," said Diane Thomas, the museum's public programs specialist. "Over the years, shell enthusiasts have provided the Museum with their favorite photographs. We would like to add to that collection and display winning entries on our website and in the museum."

A release form (available online at www.shellmuseum.org) must be completed and emailed with each entry. Please send all inquiries and submissions to Diane Thomas (dothomas@shellmuseum.org).*

Shell Found



Sydney McGarr with her alphabet cone

Sydney McGarr, 7, of Nashville, Tennessee, found an alphabet cone on the beach in front of Captiva Shores on October 10.

"We were on Captiva Island for a family fall break last week and my daughter found an alphabet cone," wrote Christy McGarr. "My husband and I have been coming to Captiva for the past 15 years and we were married at Tween Waters Inn in 2003."

The Garr's have been bringing their children, Sydney and Connor (4), to the

island since they were babies. Sydney has celebrated her last three birthdays at The Bubble Room and loves to go shelling, especially in the surf.*

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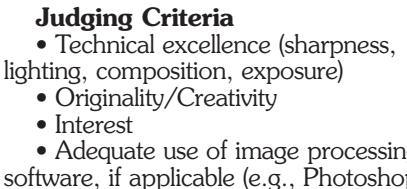
CROW

ensured it made daily trips outside to a plastic kiddie pool, which enabled proper hydration and allowed it to bask in the warm Florida sunshine.

After several weeks of treatment, Dr. Heather placed a fiberglass patch over its shell defect and it was released the following day in Fort Myers near deep water, which was a more suitable environment than the one from which he came.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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Children's Programs At Sanibel Library

submitted by Cathy Cangelosi,
Sanibel Public Library

Children's programs are held weekdays at the Sanibel Public Library for youngsters just developing their literacy skills. Children's Librarian Barb Dunkle leads children through a variety of activities that introduce them to reading and language with stories, songs and games. Parents learn fun ways to encourage children to build the skills they need to learn to read.

"Miss Barb enchants the children with her exciting stories. She really gets the kids involved with songs and games that stimulate their learning," says Office Manager Cathy Cangelosi.

While you are visiting the library, be sure to take advantage of the Early

Literacy Stations with your children. The computer stations are set up with software for youngsters who are just developing reading, math, art and other skills.

Other events:

Monday – 10 a.m. – Terrific Twos for two-year-olds

Wednesday – 11 a.m. to noon, Small Wonders, birth to 24 months.

11 a.m. Play Time

11:30 a.m. Library Time

Thursday – 10 a.m. – Bookworms for three- to five-year-olds.**

Read us online at
IslandSunNews.com



Author Laura Breck, Wendy Lambrix and Duane Shaffer

Author Laura Breck Visits Sanibel

Author Laura Breck stopped by the Sanibel Public Library to donate two copies of her most recent book, *Dancing in a Hurricane*.

On hand to accept her gift were library

staff members Wendy Lambrix, circulation manager, and Duane Shaffer, head of collection development.

Breck, a self-proclaimed fan of lounging on a beach and reading, is from St. Paul, Minnesota. She visits Sanibel yearly.

The library is 770 Dunlop Road, Sanibel. For additional information on the library, call 472-2483 or log onto www.sanlib.org.**

Top Ten Books On The Island

1. *For Cod & Country* by Barton Seaver
2. *Gone* by Randy Wayne White
3. *Sanibel Flats* by Randy Wayne White
4. *Winter of the World* by Ken Follett
5. *Killing Kennedy* by Bill O'Reilly
6. *Sanibel Captiva Handbook* by Reynolds Family
7. *Beach House Memories* by Mary Alice Monroe
8. *Good Night Florida* by Adam Gamble
9. *No Easy Day* by Mark Owen
10. *Sand in my Eyes* by Christine Lemmon

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Open Call To Audition October 22 For BIG ARTS Herb Strauss Theater

BIG ARTS Herb Strauss Theater invites local talent to come out for an open casting call to recruit local singer/dancers for Monty Python's *Spamalot*. Auditions will be held from 1 to 4 p.m. on Monday, October 22 at the theater.

Herb Strauss Theater is seeking two male ensemble and one female ensemble members, high school age or older. To audition, performers need to prepare 32 bars of a song and bring sheet music in the correct key; an accompanist will be provided. Performers should also have a contrasting vocal selection ready if asked, and be prepared to dance. Audition attendees must bring headshot and resume stapled together.

All Herb Strauss Theater productions require two weeks of rehearsals leading up to

a show's opening, including day and evening rehearsals. The roles require performers to attend all performances and two weeks of rehearsals, which start Thursday, December 27. *Spamalot* performances are 8 p.m. Monday through Saturday evenings, January 11 through February 16, with Wednesday matinees at 2 p.m. on January 23 and February 6.

Winner of the 2005 Tony Award for Best Musical, Monty Python's *Spamalot* tells the legendary tale of King Arthur and his knights of the Round Table. Featuring a bevy of beautiful show girls, not to mention cows, killer rabbits and flatulent French people, *Spamalot* is a little slice of historical lunacy. This musical comedy was lovingly ripped off from the 1975 film, *Monty Python and the Holy Grail*.

BIG ARTS Herb Strauss Theater, located at 2200 Periwinkle Way on Sanibel, presents Broadway-caliber talent in an intimate 160-seat atmosphere.

For more information about this audition, contact Bobby Logue, theater production manager, at 472-9830. For more information about upcoming events at Herb Strauss Theater, visit www.BIGARTS.org, e-mail info@BIGARTS.org or call 472-6862.*

Community Band Practice Resumes October 22

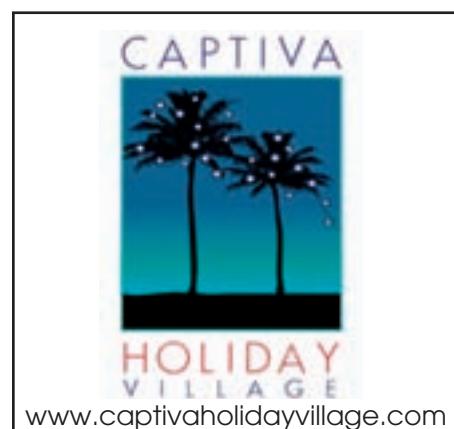
Community Band Director Don Knowland invites musicians to join the band. The group rehearses at 6:30 p.m. Monday nights from October through April, starting on October 22. Band rehearsals will be held at St. Michael and All Angels Episcopal Church, located at 2304 Periwinkle Way on Sanibel. No auditions are required to join.

The Community Band was formed in January 2003 under the aegis of Laverne Phillips and Tom Uhler. Knowland, a retired band director and instructor, has been Band Director since. In nine years, the band has grown from a handful of players to more than 30 musicians during season, most of who travel from "the mainland" for rehearsals and performances. As a "new horizons" band (an international organization for musicians who experienced a long hiatus from playing their instruments), the band welcomes participation from new and visiting musicians.

The Community Band will perform highlights from *The King and I*, *Commando March*, *The Walking Frog*, *Victory At Sea*, *Overture for Winds* and other favorites in their Holiday Concert on Tuesday, December 11 at BIG ARTS. Tickets are \$10 for general admission; children 17 and under are free with an adult.

In addition, Community Chorus practice began on October 16 and meets Tuesdays at 6:30 p.m. at BIG ARTS.

To join the band or chorus, or buy tickets, stop by BIG ARTS, 900 Dunlop Road on Sanibel, call 395-0900, e-mail info@BIGARTS.org or log on to www.BIGARTS.org and go to the "Workshop" page.*



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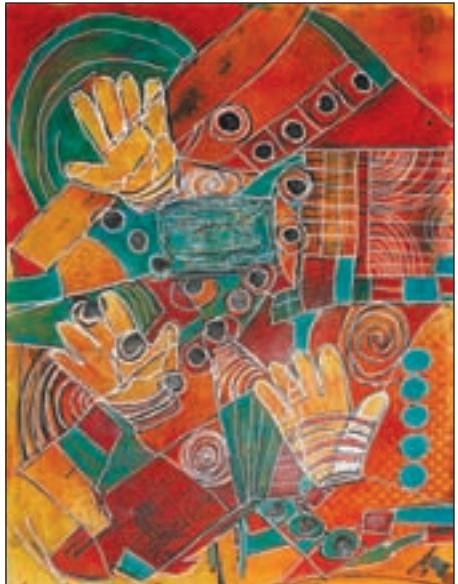
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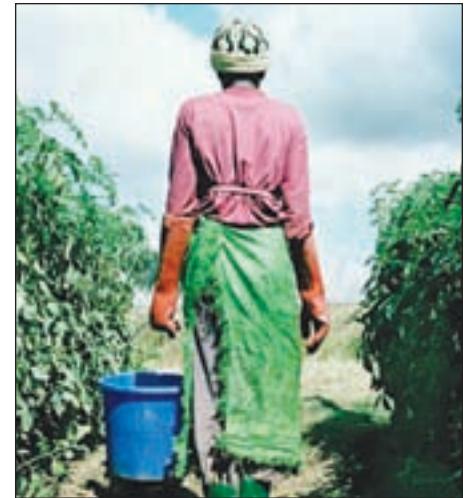
Second place winner Cyndi Osterhaus



Owerko - Lelesit from The Samburu

Hugo- Mohamed Bah, Monrovia, Liberia
from the Boy Scout Series

Hugo - The Honorable Justice Unity Dow

Nickerson - Selina, tomato picker,
Matabeleland, Zimbabwe

African Collection Opening At The Bob Rauschenberg Gallery

Africa: Photographs and Video from the Martin Z. Margulies Collection will be on display October 26 through December 8 at the Bob Rauschenberg Gallery at Edison State College.

The opening and reception will be on October 26 from 6 to 8 p.m. with a Gallery Talk at 7 p.m. by Ron Bishop.

The dynamics of life in Africa are as complicated as the continent is vast. Through some 50 works of art produced over the past 60 years, by African as well as non-African artists, this exhibit reveals some of those complexities as observed through the eyes of these world renowned photographers and videographers.

Artists in the exhibition include:

Malick Sidibé - recipient of the Hasselblad Award, the Golden Lion at the Venice Biennale and the International Center of Photography award for lifetime achievement

Vivian Sassen - won the International Center of Photography in New York's Infinity Award for Applied Fashion Advertising Photography in 2011;

George Rodger - international photographer, who in 1947, along with three other photographers – Henri Cartier-Bresson, Robert Capa and David Seymour – founded Magnum Photos to tell the world's stories with editorial freedom;

Robin Rhode - included in the 51st Venice Biennale, Venice, in 2005;

Lyle Owerko - international photographer, photographed the image that appeared on the cover of Time magazine's September 11, 2001 issue;

George Osodi - a Nigerian photographer who won first prize, Fuji African Photojournalist of the year in 2004;

Arnold Newman - acknowledged as one of the great masters of the 20th and 21st centuries and whose work has changed portraiture. He is recognized as the Father of Environmental Portraiture. His work is collected and exhibited in major museums around the world.

Zwelethu Mthethwa - lives and works in Cape Town and exhibits internationally;

Seydou Keïta - one of the great African portraitists, exhibits internationally;

Alfredo Jaar - artist, architect, and filmmaker. Lives and works in New York. He became a Guggenheim Fellow in 1985 and a MacArthur Fellow in 2000;

Pieter Hugo - a South African, won the African first prize, Portraits section, World Press Photo Getty Images Young Photographer Award. One of the most representative photographers of his generation, his works explore the most striking contradictions of African societies;

Tim Hetherington - photographed the experience of war from the perspective of the individual, mostly in West Africa and

the Middle East. His film *Restrepo*, which he co-directed with Sebastian Junger about a platoon of soldiers in Afghanistan, was awarded the Grand Jury Prize at the 2010 Sundance Film Festival and was nominated for an Academy Award in 2011 for Best Documentary Feature. On April 20, 2011 while covering the conflict in Libya, Tim Hetherington and fellow photographer Chris Hondros were killed by Libyan forces in a mortar attack on the besieged city of Misrata;

Jackie Nickerson - a photography-based visual artist, was born in Boston and has an international reputation for photographing people and their environments;

David Goldblatt - received the Lucie Award for Lifetime Achievement, Henri Cartier-Bresson Award, France, and the prestigious Hasselblad Photography Award;

Peter Friedl - has exhibited in numerous solo and group shows around the world including the 48th Venice Biennale;

Roger Ballen - has an extensive international exhibition record. Created the Roger Ballen Foundation dedicated to the advancement of education of photography in South Africa.★



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A World Premiere At Theatre Conspiracy

by Di Saggau

For three years Theatre Conspiracy has held a New Play Contest. This year's winner is *Tower of Magic* and it's playing through October 27.

You will meet some of the strangest characters ever imagined. Anyone who wants to escape from normal day life could consider doing as this family does and move deep in the woods where people are free to act out who they want to be. Playwright Tess Light, from New Mexico, was available for a talk-back after the performance and I'll get to that in a moment.

As the play opens, Felix (Miguel Cintron) is paying a surprise visit to his fiance's home somewhere in the woods in the upper midwest portion of the United States. Susan, or Solstitia (Lucy Harris) doesn't want her intended husband around because her family knows nothing about him.

Felix is a civil engineer and he's in for a surprise, big time, when he meets his potential inlaws. He later refers to their home as "an outpatient holding pen."

Jamie Carmichael plays twins Quartus and Tertius. Talk about split personalities. They are as different as night and day and I absolutely loved Carmichael's portrayal. Then we have J.

Mitchell Haley as Zanzibar, an obsessive ornithologist who is hell-bent on sighting a rare avian species. Joann Haley, his real wife, plays Capella, his stage wife. Appropriately named, she sings almost all of her lines, dressed at all times in fancy evening gowns. Pax (Chris Brent) is an occasionally-mute savant who is acti-



Ivy Levinson and Lucy Harris



Christopher Brent, Lucy Harris and Mitch Haley

vated, so to speak, when he sneezes. This was another one of my favorite roles. We also have Hestia (Ivy Levinson) who is Gran, a woman with culinary expertise, especially when cooking swamp rat.

When you put them all together, you have a potpourri of personalities and characters that provide a ton of laughs. I'm not quite sure what the message is in this play; perhaps it's about finding joy in simple things. It doesn't really matter. The dialogue is snappy, the actors are all top notch, the set is incredible, and the play provides a very entertaining experience.

I asked Light, who is a physicist, where she got the inspiration for the play and she said an idea popped into her head one day and then she talked about it with her husband and the characters just started to grow. Talk about creativity, this play has it in spades. Haley said she selected all the tunes for her many lines. Her husband said, "There was a lot of singing around the house. But that's OK Honey, I still love you."

Where the play goes from here is not known at this time. The great thing is that you can see it now at Theatre Conspiracy. Directed by Bill Taylor, *Tower of Magic* plays through October 27 in the Foulds Theatre, located in Alliance For the Arts, 10091 McGregor Boulevard in Fort Myers. Get your tickets by calling 936-3239.**

Rotary Happenings

submitted by Shirley Jewell

Our snowbird Rotarian are flying in and just in the nick of time. The island is busting with activities and our Rotary members are heading up many of those events. Hope you didn't miss it, but if you did, the Bailey-Matthews Shell Museum had an amazing celebrity waiter fundraiser event at Traders on October 3. We have two remarkable Rotarians sitting on their board of directors, president of the museum board, Claire Beckman and board member Janet Strickland.

On October 14 Rotarian, John Pryor had the awesome responsibility of chairing the FISH (Friends in Service Here) annual 10k fundraising run. Rotarians John Pryor, Claire Beckmann and Adair Heath sit on that board.

Club members were also counted in the volunteer roster for the event. Sanibel-Captiva Rotary Club was one of many proud island sponsors for the recent "Ding" Darling Days. And check this out if you get a chance: stop by The Sanibel School soccer field to see our Rotary Club youth soccer team play their hearts out.

Upcoming activities include Rotary Dictionary Day on November 2 when Rotarians will be delivering dictionaries to all third graders at The Sanibel School.

November 8 is the Rotary Wine and Cheese Membership Event at Thistle Lodge. If you want to attend, e-mail Janet Strickland at jmslaw@centurylink.net and let her know you will be coming.

November 11 the Rotary T-shirt sale will feature the art work of Ikki Matsumoto at the Fit 4 Life/Senior Center, Sanibel.

For the first two weeks in November we have great guest speakers lined up. November 2 is Roy Gibson of Sanibel Planning Department, and on November 9, Lee County Commissioner John Manning.

Guests are always welcome at our Friday morning Rotary meetings starting at 7:30 a.m. If you would like to join us, contact club president, John Grey, john@johngreypainting.com or president-elect, Scot Congress, scot@scongress.com.

As part of our regular Friday morning meetings, Rotary invites the most interesting and involved members of our community to present a program about their personal passions, the organizations they are involved with, programs we should be aware of, or on-going/up-coming fundraising efforts that need support. Recently, the club invited the program director of Sanibel's Friends in Service Here (FISH), Christine Swiersz, to speak to us.

The mission of FISH is to lend a helping hand to those in need who live, work or visit Sanibel and Captiva, by providing free services such as transportation, food pantry, meal delivery, health

equipment, and emergency financial assistance through a group of volunteers who care about enhancing the quality of life for all those who request help. This all-encompassing humanitarian organization is the umbrella resource center for a plethora of services that are provided in our community.

FISH serviced 750 clients in 2011, 92 of them islanders, 8 percent island worker families, plus a small number of vacationers. Some 200 FISH volunteers were involved in providing transportation for almost 300 medical-related appointments, delivering 2,650 hot meals to 39 clients, readied and delivered 371 pieces of medical/health equipment, made 901 daily reassurance phone calls, make regular visits to 11

housebound clients, bringing together 295 participants for their monthly Friendly Faces Luncheons, provided 174 holiday meals, assisted 33 elderly or disabled clients with hurricane preparedness, helped 32 young people with summer scholarships, had 121 families use the FISH food pantry, provided \$176,227 of emergency financial assistance and client support, provided 46 children with weekend food through their backpack program.

FISH offers a Mommy and Me group twice a week, nutrition workshops, classes for seniors regarding balance and fall prevention. They conduct a Helping Hand program to access and help clients struggling with rent, mortgage and

continued on page 32



Christine Swiersz of FISH speaking to Rotarians

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Family Fun Day Lauches 'Ding' Darling Days



IBEX Puppetry's Endangered Wildlife Parade highlighted Family Fun Day activities on Sunday at the JN "Ding" Darling National Wildlife Refuge
photos by Jeff Lysiak



Heather Henson performs during the parade



The Endangered Wildlife Parade included a manatee, panther, alligator and several birds



A puppeteer marches with an alligator



IBEX Puppetry performs during the Endangered Wildlife Parade on Sunday morning



Youngsters had an opportunity to touch a juvenile alligator



Carmen Leone, 11 months old, visited the refuge with her family from Cape Coral



Ranger Michael Hammond shows off a red rat snake to five-year-old Ellie Mills of Rising Sun, Indiana



Kids were invited to learn about several species – including frogs and turtles – brought by Adam's Amazing Animals



The butterfly tent was a popular attraction



Billy Lees and Kayla Schuneman from the Sanibel Recreation Center



Refugee guests were invited to try out some of the musical instruments used during the parade



Family Fun Day crowds enjoyed free hot dogs and refreshments



Puppets on display

My Stars ★★★★

FOR WEEK OF OCTOBER 22, 2012

ARIES (March 21 to April 19) You're eager to Ram headfirst into that new project. But before you do, find out why some of your colleagues might not appear to be as gung-ho about it as you are.

TAURUS (April 20 to May 20) All that dedicated hard work you've been putting in pays off better than you expected. So go ahead, reward yourself with something befitting a beauty-loving Bovine.

GEMINI (May 21 to June 20) It's a good time to take on that new challenge. And if your self-confidence is sagging, instead of telling yourself why you can't do it, list all the reasons why you can.

CANCER (June 21 to July 22) This is one time when you might want to put some distance between you and the job at hand. It will give you a better perspective on what you've done and still need to do.

LEO (July 23 to August 22) Resist that occasional lapse into Leonine laziness that sometimes overtakes the Big Cat. Don't cut corners. Do the job right at this time, or you might have to redo it later.

VIRGO (August 23 to September 22) You know how you like to do things. And that's fine. But watch that you don't impose your methods on others. A current financial crunch soon eases.

LIBRA (September 23 to October 22) Someone might try to take advantage of your generosity. But before your sensitivity toward others overwhelms your good sense, check his or her story out carefully.

SCORPIO (October 23 to November 21) Your strong Scorpian sense of fairness lets you see all sides of a dispute. Continue to remain impartial as you help each person work through his or her particular grievance.

SAGITTARIUS (November 22 to December 21) Trust your keen Sagittarian insight to help you see through an offer that might not be all it claims. A closer look could reveal disturbing elements.

CAPRICORN (December 22 to January 19) With the Goat exhibiting a more dominant aspect these days, you could find it easier to make your case in front of even the most skeptical audience.

AQUARIUS (January 20 to February 18) Take things nice and easy as you continue to build up your energy reserves for a big change that's coming with the full Hunter's Moon on Oct. 29.

PISCES (February 19 to March 20) Recent news from someone you trust could help you make an important decision. Also, be prepared to confront an upcoming change in a personal situation.

BORN THIS WEEK: You can be firm in your own views, but also flexible enough to welcome the views of others.

THIS WEEK IN HISTORY

- On Oct. 27, 1659, William Robinson and Marmaduke Stevenson, two Quakers who came from England in 1656 to escape religious persecution, are executed in the Massachusetts Bay Colony for their religious beliefs. The Massachusetts General Court had banned Quakers from the colony under penalty of death.

- On Oct. 26, 1825, the Erie Canal opens, connecting the Great Lakes with the Atlantic Ocean via the Hudson River. Teams of oxen plowed the ground, but for the most part the work was done by Irish diggers who had to rely on primitive tools.

- On Oct. 24, 1861, workers of the Western Union Telegraph Company link the eastern and western telegraph networks of the nation at Salt Lake City, Utah, completing

a transcontinental line that for the first time allows instantaneous communication between Washington, D.C., and San Francisco.

- On Oct. 28, 1919, Congress passes the Volstead Act, providing for the enforcement of the 18th Amendment, which banned the "manufacture, sale, or transportation of intoxicating liquors for beverage purposes." Despite a vigorous effort by law-enforcement, the Volstead Act failed to prevent the large-scale distribution of alcoholic beverages.

- On Oct. 25, 1929, during the Teapot Dome scandal, Albert B. Fall, secretary of the interior, is found guilty of accepting a bribe while in office. Fall was the first individual to be convicted of a crime committed while a presidential cabinet member. The Teapot Dome was a naval oil reserve in Wyoming.

- On Oct. 23, 1942, Michael Crichton is born in Chicago. During his final year of medical school, the 6-foot, 9-inch Crichton published "The Andromeda Strain" (1969) and decided to write full time instead of practicing medicine.

- On Oct. 22, 1975, Air Force Sgt. Leonard Matlovich, a decorated veteran of the Vietnam War, is given a "general" discharge by the Air Force after publicly declaring his homosexuality. His tombstone reads, "A gay Vietnam Veteran. When I was in the military they gave me a medal for killing two men and a discharge for loving one."

STRANGE BUT TRUE

- It was inventor Thomas Edison who made the following sage observation: "We don't know a millionth of 1 percent about anything."

- Those who study such things say that chewing gum will reduce your recall ability by 10 percent.

- As ostrich can run just as fast as a race-

horse.

- In 1972, an extraordinary birth occurred. On July 22 of that year, a woman in Rome gave birth a whopping 15 babies -- five boys and 10 girls. The siblings were quindecaplets, though, obviously, that term doesn't see much use.

- You probably know that J. Edgar Hoover was the first director of the FBI, helping to found the bureau in 1935 and serving until his death in 1972. You might not realize, though, that in his career he never made an arrest or even personally conducted an investigation.

- It's been reported that the last words of famed composer Ludwig van Beethoven were "Friends, applaud; the comedy is over."

- The Rubik's Cube, that ubiquitous 1980s toy, was invented by a mathematician in Hungary to help teach math to his students. The device was first marketed as a toy in Hungary -- where one in five citizens owned one -- then was brought to the U.S., from whence it became an international sensation. The success of his cube made Erno Rubik the first self-made millionaire in a communist country.

- The next time you're visiting Washington, D.C., keep in mind that in our nation's capital, it is illegal to throw a bull in any way.

- A queen honeybee can live for up to seven years.

- On a per capita basis, Switzerland consumes more chocolate than any other country. No. 2 and No. 3 are Norway and Great Britain, respectively.

THOUGHT FOR THE DAY

"Don't let your opinions sway your judgment." -- Samuel Goldwyn

BEST TAKE-OUT ON THE ISLANDS



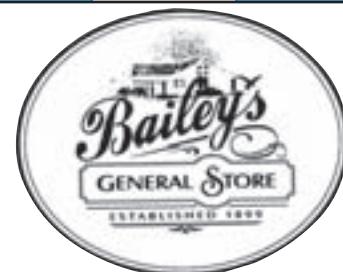
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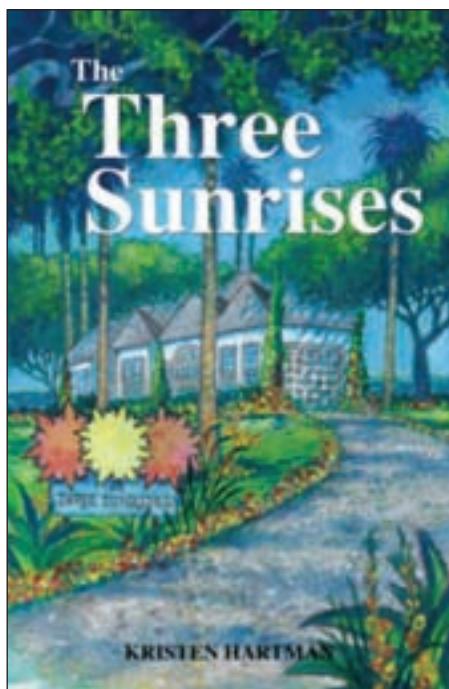
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Author's First Romance Novel Ranked Third On The Islands



Kristen Hartman

Former Sanibel resident Kristen Hartman is the author of *The Three Sunrises*, currently listed at #3 on the Top Ten List of books selling on the island (courtesy of Sanibel Island Bookshop). She is a romance writer who finds her inspiration from vacations to Captiva Island and from the three years she resided on Sanibel. After moving back home to Massachusetts in 2008, it was the arrival and actuality of winter that motivated her to begin writing *The Three Sunrises*. It is her first self-published novel and is the beginning of a romantic series that takes place on the islands.

The Three Sunrises is the story of Alison and Nicole, two best friends who can't wait to start their summer vacation on Captiva Island before jumping into the next phases of their lives. But these smart and sexy twenty-somethings are about to experi-



Kristen Hartman signs copies of her book, *The Three Sunrises*

ence a whole lot more than lazy days spent on the beach. And what happens next could lead to endless pleasure – or pain.

Alison isn't even on vacation a whole day before she finds herself in a steamy, fast moving relationship with her dream man: a gorgeous, undercover FBI agent named Rafe McDonough. And Nicole never expects her grandmother to play matchmaker by sending Ali's hunky older brother to the island as a surprise. Now, both women must navigate tricky emotional waters as they confront a world that isn't always as it seems.

For Alison, a burgeoning affair is about to collide with the facts of her lover's dangerous investigation into a local real estate magnate. His run of the mill inquest could balloon larger than anyone expects when a suspected tax-cheating scheme warps into a plot involving drugs and illegal immigrants. Meanwhile, Nicole's long since buried feelings for Alison's brother are bubbling to the surface. Bolstered by the fact that Matt no longer sees her as young girl, Nicki plans to make sure he sees the woman she has become.

Fast-paced and addictive, this savvy romance-thriller set off Florida's Gulf coast will have you booking passage to a remarkable land filled with lust, intrigue and danger.

Hartman lives with her husband and two children in Massachusetts and visits her family and friends on Sanibel and Captiva whenever she can. 'Tween Waters Inn on Captiva is where she finished *The Three Sunrises* and is her favorite place to stay. Look for the second novel in her island series, *Signs of Fate*, soon to be published.

To read more about this book and the author, go to www.kristenhartmanbooks.com. *The Three Sunrises* can be found locally at Sanibel Island Bookshop, Island Pizza, Jerry's Foods, Bailey's General Store, H2O Outfitters/Footloose, Sanibel Surf Shop, Macintosh Books, Santiva General Store, 'Tween Waters Inn and The Regatta Store.*

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Around The Islands With Anne

Halloween Is For Pets As Well As People

by Anne Mitchell



Halloween will be fast upon us with ghouls and goblins and all manner of creatures gathering for another annual fright-fest.

Island Paws pet store is having its Howl-O-Ween Party on Friday, October 26 from 5 to 7 p.m. on the patio at the nearby Over Easy Café in the Olde Sanibel Shoppes. Puptails and yappy-tizers will be served. Admission is a \$10 donation to Lee County Domestic Animal Services.

The costume contest entry is \$10 and judging is at 6:30 p.m. Prizes will be awarded for first, second and third places.

I checked out Island Paws this week to see what doggie delights are in store. Naturally, there were platters of pet-friendly Halloween decorated cookies and a selection of spooky bandanas in all sizes. I didn't find any costumes, but it seems that many pet owners like to use their own imagination and creativity, and I'm sure that will be a plus for the pets entering the costume contest.

Do check out the new T-shirts, including The Tick Magnet – a dog driving a snazzy red sports car. I laughed out loud at the hilarious High Cotton Gifts collection of doggie coasters (\$2.95) and door mats (\$19.95). My favorites are the ones that say, "It's all fun and games until somebody ends up in a cone," illustrated with an unfortunate canine cone wearer.

If you're in need of a fold-up umbrella that stands out from the crowd, there are a couple of designs featuring dogs for just \$14.95.

Island Paws and Over Easy Café are in the Olde Sanibel Shoppes, 630 Tarpon Bay Road, phone 395-1464.

Another Halloween party, this time for humans, is the **Fall Family Carnival** every year at The Community House. It began in 2001 as a way for the community children to have a safe way to celebrate Halloween indoors. The event is designed for the whole family, with games, candy, prizes and a hay ride. It will take place October 31 from 5 to 7 p.m.

It will include a dining area serving meals at family-friendly prices and a hay ride courtesy of Billy's Bikes.

Multiple costume prizes will be awarded.

Admission price is a bag of Halloween candy per family.

For more information, call 472-2155.

Pinocchio's Original Italian Ice Cream's new T-shirts are now available. The 2013 limited edition shirts carry the Pinocchio logo and the slogan, Life is Cool!

Also new at Pinocchio's is Prickly Pear Gelato. Add that to the popular Sanibel Krunch and Dirty Sand Dollar as the ultimate island flavors.

Pinocchios, and sister store Gepetto's Beach Foodies, are at 362 Periwinkle Way, Sanibel, phone 472-6566.

Returning For Season: After a summer hiatus, Prime Rib & Prime Jazz returns to Traditions on the Beach on Wednesdays. Traditions is at 3111 West Gulf Drive, Sanibel, phone 472-4559.

If you would like to know more about river cruises, there is an opportunity next Wednesday, October 24, to attend a Uniworld River Cruise Event.

Cruise specialist Debra Lee Nashed, who recently opened **Debonair Concierge Travel Services**, will join other travel experts at The Community House from 6:30 to 8 p.m. to make a presentation on these boutique cruises.

I have been on many river cruises and for me it's the best way to travel and see the world up close. In fact, I will be cruising on the Danube River later this month.

Do attend if you can. Refreshments will be served. Call Nashed at 239-288-7554 or email Deb@Debonair-Travel.com to RSVP.

LIVE ON THE ISLANDS

The Crow's Nest at 'Twee Waters Inn will feature 10,000 Views on Friday and Saturday, October 19 and 20, from 9 p.m. to 1 a.m. Crab races resume Mondays and Thursdays starting October 1. The Crow's Nest is at 15951 Captiva Drive, phone 472-5161.

Traditions on the Beach at the Island Inn has live entertainment most nights. This week's lineup includes: Friday, dancing to Joe McCormick and singer Barbara Smith; Saturday, Joe McCormick and singer Marvella Marzan; Sunday, closed; Wednesday, Prime Rib & Prime Jazz; and Thursday, dancing to Joe McCormick with popular favorites and smooth vocal stylings, R&B, jazz and pop. Traditions is at 3111 West Gulf Drive, phone 472-4559.

Sweet Melissa's Café features Michael David playing light acoustic background music Wednesday through Saturday from 6:30 to 9:30 p.m. Sweet Melissa's is at 1625 Periwinkle Way, Sanibel, phone 472-1956.

George & Wendy's Seafood Grille has Karaoke on Wednesdays. Other live entertainment is as follows: Friday, October 19, The Marty Stokes Band, with blues music. The restaurant is at 2499 Periwinkle Way, Sanibel, phone 395-1263.

The Jacaranda has entertainment nightly from 7 to 11 p.m. On Friday and Saturday, various artists are featured. On Sunday, it's Jamaica "Dave" & Co., reggae and dance; Monday, Renata, jazz, contemporary music and dance; Tuesday, Steve "Scooter" Reynolds, acoustic guitar, contemporary music and dance; Wednesday, Buckeye Ken, contemporary, Top 40 and blues; Thursday, 2 Hot, contemporary, reggae and dance. The Jacaranda is at 1223 Periwinkle Way, phone 472-1771.

Traders Store & Cafe features music by Chris Workman Wednesdays from 7 to 10 p.m. and Danny Morgan and Friends on Tuesdays and Thursdays from 7 to 10 p.m. Traders is at 1551 Periwinkle Way, phone 472-7242.

The Mucky Duck on Andy Rosse Lane, Captiva, features music by Mark Dupuy on Mondays; Rich Lancaster, Wednesdays; Gene Federico, Thursdays and Saturdays; and Buckeye Ken, Fridays.

The Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey; Saturday, Diana Lynn; and Sunday, Buckeye Ken. Phone 472-0606.

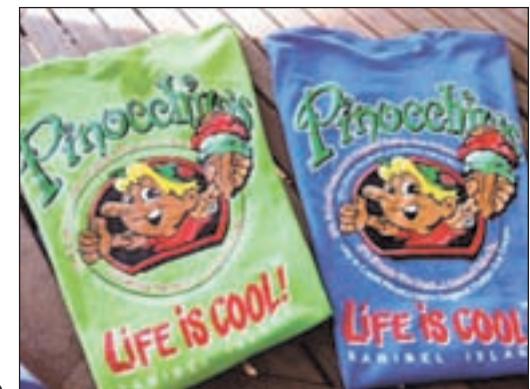
RC Otter's, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and out, phone 395-1142.

Keylime Bistro features live music days and nights seven days a week. New to the line-up is Ken Limeri playing jazz sax from 6 to 10 p.m. every Tuesday. The bistro is at 11509 Andy Rosse Lane, Captiva, phone 395-4000.

Restaurant owners/managers, please e-mail or fax your entertainment schedule to Anne Mitchell at islandsuncity@aol.com or 395-2299.**



These coasters, along with door mats and other amusing items from Tall Cotton, are available at Island Paws



The new limited edition Pinocchio's 2013 T-shirts



Halloween pet cookies at Island Paws



Halloween display at Bailey's General Store

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This is your opportunity to own in Eastwood Landing a near beach/tennis community located off East Gulf Dr. this home has 3 BR/2.5 BA, library/family room, open kitchen, large screen enclosed pool and spa. Cross the road and you can be at the beach or jump on your boat at the neighborhood canal dock.

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From page 1

Baileyfest King And Queen

Under the direction of Pat Bedingfield, the Country Rhythm Cloggers – ages three to 25 – will perform between 2 and 2:30 p.m. From 2:30 to 3 p.m., singer Frank Torino will perform renditions of classic songs made famous by Frank Sinatra and Tom Jones. Afterwards, The Sanibel School cheerleaders – under the direction of Kayla Schuneman – will perform.

Following a second set of dancing by the Country Rhythm Cloggers, The Sanibel School Band – under the direction of Joe Angelo – will play songs between 3:30 and 4 p.m. Popular Southwest Florida rock band The Troublemakers will close out the afternoon with a set of rock-n-roll favorites.

Baileyfest will wrap up with closing remarks from Richard Johnson around 4:15 p.m.

For additional information about Baileyfest 2012, contact Bailey's General Store at 472-1516.

The winning essays:

What Sanibel Means To Me

by Riley Baugh

Normally, if you are one of those people that don't like cold weather and you live in a cold weathered state, you would visit Sanibel for a few weeks or the fall and winter. If you love Sanibel as an amazing vacationing place, imagine what it is like to live here on the island. The three main things I love about the island are seashells, fishing and family visiting.

You know all of those beautiful seashells you see in stores here? Most of those shells are collected on the island. Once in a while you will find a rare shell like I did. You will mainly find small shells, but most of them are very beautiful in an amazing way that you will be surprised by. Where I used to live in Ormond Beach on the east coast of Florida, the shells were broken and in small pieces. Here on the island, it looks like the shell creator decided to put all the good shells here.

Also, have you seen people holding giant fish in a familiar looking place? That is here on the island. Sanibel and Captiva, a neighboring island, are world renowned for its fishing. The fish are plentiful and big. You don't have to travel very far to catch them. The time spent fishing is not boring or dull.

Finally, living in Sanibel has brought many people to visit. In the seven months I have been here, my family and I have had 10 families visit us. It is a perfect place to have a family vacation or gathering. It's always fun when they come to visit.

The short time that I have lived in Sanibel has been wonderful. My shell collection, fishing trips and all the family visiting are a few of the amazing things in Sanibel.

I feel very fortunate to call Sanibel home, and I hope you are too.

What Sanibel Means To Me

by Isabella Sbarra-Michelland

I close my eyes, listening to the gentle wind whispering in my ears. I can hear the soft rushing of the deep blue gulf in the background. I smell the salty breeze that the wind carries in and I can taste the drops of water washing up from the adventurous and wondrous sea. I notice the palm trees blowing in the wind, and feel the warming protective light of the sun on my cheeks.

This is my life, and my home on Sanibel Island, the best vacation home on the planet. It's a blessing to be here, and I can't imagine my life anywhere else. Sanibel has made me who I am, and has also helped me realize what I want to be when I get older. I want my grand-



Riley Baugh



Isabella Sbarra-Michelland

children to come visit me, and experience the dream I am living right now.

Without Sanibel, I wouldn't be alive. My parents met here, on the island's Matzaluna. If I didn't have this wonderful and picturesque place, I wouldn't have met any of my amazing friends, or have gotten my baby sister, adopted from Vietnam.

I adore all of the people who live here, and all of the carefully chosen places put here on the island. I love my house here, and all of my neighbors are like family to me. I walk down the streets, and I recognize everyone that I see. It feels like I have known all of these people forever, we are so close.

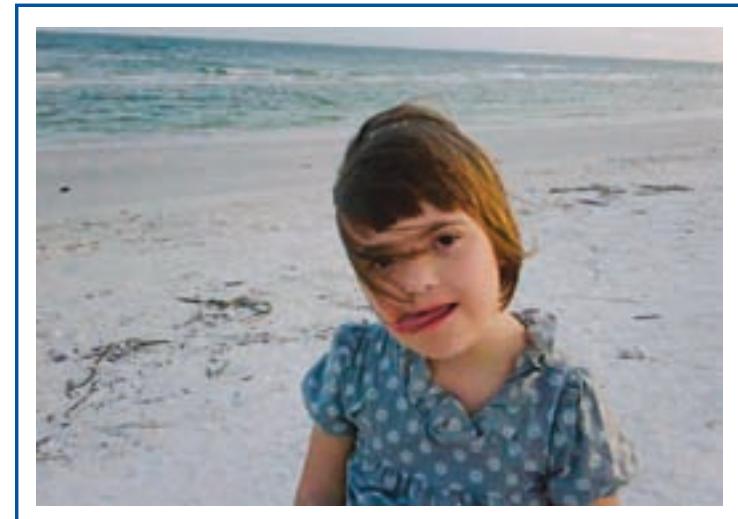
Poof! I am transported to the middle of the causeway. I have two choices. I can travel over to Fort Myers, filled with many restaurants and stores. Or, I can stay on Sanibel, filled with friends, family, adventure and love. I glance over to Fort Myers, but then I realize that, in my heart, something is calling me – and that voice is Sanibel.

Sanibel is my home, and I can't imagine living anywhere else. Sanibel has made me who I am, and helped me realize what I want to be when I get older. This is my life, where I belong, and my true home forever.*



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TIME

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(All participants receive tee shirt and barbecue lunch)

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Special Event room rate at South Seas available by contacting 239.472.7565.



Some kids showing off their uniforms and medals earned during Summer Youth Basketball

Sanibel-Captiva Optimist Club Youth Basketball

Over the summer, the City of Sanibel and the Sanibel-Captiva Optimist Club co-sponsored a basketball league at the Sanibel Recreation Center. The league was for both boys and girls from kindergarten through eighth grade, also introducing a Pre-K division of 3 and 4 year olds.

The basketball league gave children the opportunity to learn and enjoy the game. The season ran from August to October, and was held on Saturdays between 9 a.m. and 12:45 p.m. Practice

times were determined by coaches. About 80 kids were involved.

The Optimist Club supplied team uniform shirts, awards and participated with the staff at the Rec Center in working with the kids. The activity was a real hit and is tentatively planned as an event for next summer.

Election Of Officers

The early October meeting of the Sanibel-Captiva Optimist Club featured the annual election of officers. Stan Howard was elected president, who appointed Dani Howard and Randy Carson as vice presidents. Suzanne Baxter will serve as secretary and John Basher was named treasurer. Directors will be Jim Baxter, Mike Macray, Richard McCurry, John F. Jones, Sue Basher,

Dan Alton, Mark Steger and Donna Butz.

Jingle Bell Walk

The Sanibel-Captiva Optimist Club will sponsor a beach walk for charity currently planned for Saturday, December 1 at Bowman's Beach. This continues the successful series of walks called Wave Of Hope held in the past few years. Please watch this publication for more information and save the date to participate.**

The Sanibel Recreation Center is introducing a new program that will help its members do just that. It is offering integrated, eight-week programs that teach how to properly and effectively weight train as well as incorporate cardio and stretching in order to be physically fit.

The programs are progressive, from beginner through advanced, and can be adjusted as needed. Body composition and a fitness assessment (optional) are offered at the start of the program and then every eight weeks after that to ensure that progress is being made. The professional staff at the recreation center will be there for support along the way.

The first week:

Monday, October 22, 1 p.m., Weight Room Orientation

Tuesday, October 23 1 p.m., Body Composition and Fitness Assessment

Wednesday, October 24 1 p.m., Upper Body Cybex Machines

Friday, October 26 1 p.m., Lower Body and Core Cybex Machines

"I am very excited to get this program started," said Laura McGowan, a Certified Personal Trainer heading up the program. "The recreation center is a beautiful facility that offers enough fitness class diversity to please everyone. Now we can put together a program that will include weight training to really accelerate fitness."

For safety reasons, class size is limited to 10 participants. Call 472-0345 to sign up.**

Weight Room 101 At Rec Center

A new Weight Room Orientation and an Integrated Strength Training Program is now included with membership at the Sanibel Recreation Center

Being physically fit is directly related to how much lean muscle an individual has. Past the age of 30, we have to make an effort to build and maintain lean muscle. Otherwise our body composition changes so that we're carrying around more fat every year and less lean muscle. We all know what happens next... we don't look as good, we feel sluggish and our sports endeavors aren't quite up to par anymore.

The good news is that we always have the ability to build lean muscle, no matter our age or fitness level. With a little time, effort and consistency we can gain lean muscle and become stronger, younger versions of ourselves.

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Brown Named Sanibel Rec Volunteer Of The Month

The City of Sanibel Recreation Department would like to recognize Volunteer of the Month Susan Brown.

Brown is an active member at the Center 4 Life, where she also volunteers much of her time with several of the activities held there. She has volunteered there for three years and enjoys working closely with program administrator Sandi McDougall, as well as the other members and staff at the Center 4 Life. As a member, Brown enjoys Bridge For Fun nights on Mondays and Wednesdays and the pot-luck entertainment during season.

Brown's favorite part of being a volunteer is the friendships she has made and working hard to make events special and enjoyable for everyone. She loves to help people and see them smile.

"I feel a great deal of gratitude for being allowed to be part of such a warm, friendly place," she said. "The Center 4 Life is like a second home with its members being an extended family. We are fortunate to have such a great facility with so many choices of activities at affordable prices."

A Georgia native, Brown grew up in Atlanta and graduated from Georgia State University. She and her family have been visiting Sanibel for over 35 years. Knowing her and her husband, John, would want live here after retiring, they purchased a lot in 2001 and built their home. The Browns have one daughter who lives in Tampa and a 2-year-old Jack Russell Terrier named Britainye, who enjoys taking walks on the Sanibel beaches every morning and evening.

For information on joining your friends and neighbors who serve as Sanibel Recreation Center volunteers, call 472-0345.**



Susan Brown

Superior Interiors

Beautiful Dining Rooms Begin With Beautiful Window Treatments

by Cindy Malszycki



Great top treatments are the crowning glory of any window treatment. Sheers, overdraperies or side panels are usually pretty commonplace. Top treatments, however, are unique and make a definite statement that shows your special style and personality. What better way to set off your dining room than with a custom designed window treatment?

Top treatments can actually save you energy, transform the height and width of your windows, coordinate with other

fabrics in the room, but best of all, they cover up ugly, naked rods. The most attractive drapery can be spoiled by opening it and exposing plain white rods.

The simplest and most well known top treatment is probably a pleater or Shirred valance. Made like its traversing drapery counterpart, it helps to finish off the treatment and carry the fabric and color across the window area. These valances can be dressed up with scallops, trims, braiding, or even a contrasting fabric to set it off from your main drapery fabric.

Shirred on valances offer a softer style – definitely more casual – for those casual dining rooms. They can be shaped at the bottom, installed on multiple rods and will help to transform the shape and feel of the treatment. Pouf and balloon valances are also great looks, and can be made by adjusting the size and amounts of yardage used to fabricate the valance.

No matter what style you choose, a distinctive top treatment will surely be a beautiful focal point in your dining room design.

Cindy Malszycki is an interior designer on Sanibel/Captiva Islands. She can be reached at cindy@decden.net.**

Are We Fast Enough For You?

by Bryan Hayes



Air conditioning service is greatly dependent on seasons, much like the rest of my most favorite island on the planet – Sanibel. When season picks up, so does the number of

emergency calls we receive. Same goes for temperatures. As soon as the temps rise or cool, those emergency service calls begin to flood in.

Considering our climate, and yes, I admit that I do have a small bias, air conditioning is likely one of the most important things that we have in our lives. It not only makes us more comfortable whenever the temperatures begin to make it unbearable to be indoors, it also protects our beloved homes from humidity and mold damage.

Now, imagine coming home from a business trip in August. You're looking forward to the comfort of your own bed, maybe a nice glass of wine while you wind down from all the traveling. You open your front door and you are greeted by a blanket of heat that likely exceeds the above-90 temps outside.

In situations like this it's invaluable for your service provider to be able to come to your rescue 24 hours a day any day of the week. And it's amazing how frequently this kind of stuff happens to our clients.

Emergencies are guaranteed to happen during the most inconvenient moments, that is why they are emergencies. Whether it's a house you are renting to a group of vacationers or a home you live in, it can be miserable to wait for service for even a

few hours. Your air conditioning contractor should always put your needs first and be able to help you out in an emergency day or night. That's why we are always here and just a phone call away.

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at Bryan@Sanibelair.com.**

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Beachview Golf Scramble Results



Clark Rambo, Clarence Reed, Bobbie McGlynn and Jack Stahl

Seven teams battled for the top spot in this past week's Friday Night Golf Scramble at Beachview Golf Course. And a few of those teams raced against Mother Nature as a stormfront rolled in at the end of play. Grabbing top honors and finishing two strokes out in front was the team of Clark Rambo, Clarence Reed, Bobbie McGlynn and Jack Stahl.

In other news, Beachview Golf Pro Gene Taylor and The Lazy Flamingo's Matt Kuzyk are ready for the 1st annual Charity Golf Scramble for Caleb's Crusade Against Childhood Cancer. The tournament is set for Saturday, October 20 at Beachview Golf Course.

For more information or to sign up for the tournament, contact Matt at 851-9182 or call the Pro Shop at 472-2626.**



Gene Taylor and Matt Kuzyk



The storm clouds rolling in during last week's Friday Night Golf Scramble

Future Bright For Cougar Football

submitted by Eric Pfeifer

Canterbury School started a new 11-man football program this year in their middle school. Twenty four young men endured practices in the heat this past summer in preparation for a tough six-game schedule, which started in late August. Fifteen of the players are eighth graders and are looking forward to playing next year on the high school level at Canterbury, which will switch its program to 11-man. Currently, the high school is competing in a seven-man program due a shortage players.

Last year, the high school played in a six-man league and won the state championship, and this year, they are currently undefeated.

New head coach Mike Marciano was hired to not only transition the program but also to field competitive teams immediately. Marciano had winning records at each of his previous schools including another local school in Fort Myers.

"Every day is an exciting challenge as we take the football program to the 11-man level," said Marciano. "The work that Marc Taglieri has done to get us to this point has been instrumental in the foundation of what we have now. The current players, along with myself, constantly try to represent the Canterbury character in all we do to try and recruit the student body and attract new student

athletes. The attitude is positive and within the upcoming years we will make tremendous strides to put a product on the field that will not only compete but will make its name in this area and then beyond.

"As I say to the players and their parents, you're either part of the train or you're in the tracks," he added. "Either way, this train is rolling."

Out of the 24 players on the middle school team, only two had ever played tackle football previously. Head coach Dave Owens started working with the kids in the summer developing a strength and conditioning program. Thanks to the Cougar Athletic Club, the players were able to utilize a brand new state of the art weight room at the school.

By August, the kids were ready to suit up and start hitting. Although the kids' inexperience showed at the beginning of the first game, Owens settled them down and the team ended up tying a bigger and stronger Southwest Florida Christian Academy squad with a score of 28-28.

Two local Sanibel residents, Oliver Goss and John Pfeifer, are playing on the team. Goss brought his superior soccer skills to the team to handle the kicking while also playing on the offensive and defensive line. Pfeifer plays offensive and defensive tackle, where he gets to beat up on - "tackle" - the opponents (something he did not have the chance to do in the Sanibel Flag Football League).

After a couple of formidable opponents, the kids finally pulled it all together and beat ECS last week, 48-14. Owens was really proud of the efforts of the kids.

"We started the season with only two boys that had played football. The boys have worked incredibly hard this season and most importantly they have improved," said the coach. "The future is very bright for the Cougar football program."

ECS only scored one offensive touchdown. The proud defensive coordinator, Kearney Hall said,

"The boys have worked very hard every week to get better. We are now beginning to see a winning team."

Canterbury has always been known for its strong academic history, but now the school is also trying even harder to develop some competitive student-athletes. Headmaster Tony Paulus took over the leadership of the school five years ago, and he has always wanted to compete with the other local schools in all sports. The school recently hired Marc Taglieri as its athletic director. In one year, Taglieri has already proven that Canterbury can compete in more than just academics.

"Five years ago, I formed an Athletic Task Force that established goals to improve our then 'mediocre' athletic program," said Paulus. "One of our goals was to re-establish football at Canterbury



John Pfeifer and Oliver Goss

School. Last year, our six-man team was the first team in Lee County to win a state championship in football. With Marc Taglieri's leadership in place and under the direction of our Upper School head football coach Mike Marciano, and Middle School head football coach David Owens, we are in the process of establishing what I am sure will be a very successful 11-man program, grades 6 to 12.

"Admittedly, never in my wildest dreams did I think we would have an 11-man program in our Middle School," Paulus added. "I am very proud of our Middle School players for winning their first game of the season, for being the first group of Middle School football players ever, and for establishing their permanent legacy."**

BIG ARTS Offering Historical Study Tour To Israel In April



The Dead Sea, Israel

BIG ARTS is offering a nine-day historical study tour of Israel in April 2013. This trip will be led by Dr. Ran Niehoff, an ordained minister who served as senior minister at the Congregational United Church of Christ on Sanibel from 1991 to 2008.

The tour departs from Southwest Florida International Airport on Friday, April 5, and will return on Monday, April 15. Travel highlights include Galilee, the Dead Sea, Bethlehem, Jerusalem, Judea, Caesarea, the Rothschild Tombs and the Hinnom Valley.

The all-inclusive nine-day, eight-night tour is \$6,360 per person for double occupancy. Single occupancy packages are available. Package includes all air travel and luxury motor coach transportation, boutique hotel accommodations, all meals, travel and evacuation insurance and an Israeli guide. The registration and full payment deadline is Monday, December 10.

"Travel, especially on study tours, never ceases to excite me, and it is always a pleasure to be joined by friends who are interested to learn about the history and culture of the important places we visit," said Niehoff, who has led six study tours to Israel. "Learning how these places and their subjects came into history energizes the mind, deepens empathy, and adds meaning to life today."

Bank Named Presenting Sponsor For Taste Of The Islands November 11

For the fourth year in a row, Edison National Bank/Bank of the Islands is the Presenting Sponsor for the Taste of the Islands to benefit the Clinic for the Rehabilitation of Wild Life (CROW). Traditionally, the Taste has been CROW's largest public fundraiser of the year and this one continues the tradition.

On accepting the role of Presenting Sponsor, Geoff and Robbie Roepstorff, CEO and president of the banks, said, "Like all the Edison National Bank/Bank of the Islands staff, we believe everyone should support CROW's work helping injured wildlife. The best way to do that is to come out for CROW's largest fundraising event – Taste of the Islands.

"Great food and good music – so bring your friends and neighbors. We can't think of a better way to spend a Sunday afternoon! We are proud to be CROW's partner and hope you will join us in raising fun and funds for their good work. See you at the Taste!"

Taste of the Islands will be held on Sunday, November 11 from 12:30 to 5 p.m. at the Sanibel Community Park. Admission for adults is \$5, children 10 and under free. In honor of Veterans Day, all active military personnel and their immediate families will be admitted free.**



Robbie and Geoff Roepstorff, president and CEO of Edison National Bank/Bank of the Islands display the 2012 Taste of the Islands logo designed by Dave Drotleff



The Hinnom Valley, Israel

Niehoff is an ordained minister in the United Church of Christ, who retired on Sanibel in 2008 after 41 years of full-time parish ministry. He served congregations as pastor in West Seneca and Wellsville, New York; Marblehead, Massachusetts; and Sanibel. Niehoff graduated from Washington University in St. Louis with a degree in Philosophy before he entered divinity school at Eden Theological Seminary in Webster Groves to earn his Master's and Doctorate degrees.

Subsequent sabbatical leaves took Dr. Niehoff to Europe to study at the Jerusalem Center for Biblical Studies in Israel, the American School for Classical Studies in Greece, the American School in Rome and Westminster College at Cambridge University in the United Kingdom.

Before the trip, a short meeting will be scheduled for participants to become acquainted and ask questions. There is also a suggested reading list for this study tour.

The tour will have 30 (and no more than 36) people; if the trip minimum of 30 is not met by December 10, there will be a full refund.

For a detailed itinerary and additional information about this study tour, call BIG ARTS at 395-0900. More information is also available online at www.BIGARTS.org.**

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Kiwanis Club members Barry Roth, Jonathan Tongyai and Ed Ridlehoover (standing in back) presented a check to CECI students

San-Cap Kiwanis Named Title Sponsor Of CECI's Beach Ball

The Sanibel-Captiva Kiwanis Club will once again be the title sponsor for the Children's Education Center of the Islands annual Beach Ball. The fundraiser will be held on Saturday, November 17 at The Sanctuary Golf Club from 7 to 10 p.m. There will be appetizers, dinner, dessert, an open bar and music. Cost is \$75 per person.

The Beach Ball raises much-needed funds for scholarships for CECI, without which some island families wouldn't be able to afford quality care and education for their children. The island economy is dependent upon the services from these families who work in varying capacities on Sanibel and Captiva. Since 1999, the preschool has raised more than \$200,000 for scholarships.

Make your reservations for the Beach Ball by sending a check payable to CECI, 350 Casa Ybel Road, Sanibel, FL 33957 along with name and phone number. Babysitting will also be available at CECI; space is limited.**

From page 28

Monday Night Film Series

studies. Trouble and jealousy ensue when a prestigious award intended for one of them is mistakenly bestowed upon the other. Lisa Schwarzbaum's review in *Entertainment Weekly* raves, "Funny and smart, *Footnote* is told with wild, inventive cinematic flourishes. Joseph cedar pulls off a feat of intellectual and cinematic elegance."

The film for the final Monday of each month will be selected and announced one week prior to its screening. This way, BIG ARTS Film Society will be able to show films that are "all the rage," like a nominee or award-winner from Cannes, The Golden Globes or Academy Awards. Before the film is selected, these film nights will be advertised as "Surprise - To Be Announced." When the film is announced, one week prior, it will be listed on BIG ARTS website's Film Page, in the weekly BIG ARTS member e-mail as well as in the *Island Sun* newspaper.

BIG ARTS Monday Night Film Series is supported by Sponsor Bank of the Islands, Stan and Visnja Gembicki, Sanibel Taxi, Jerry's Foods of Sanibel and West Gulf Company.

For the listing of BIG ARTS films, to purchase tickets, to sign up for workshops or to become a member, stop by BIG ARTS, 900 Dunlop Road on Sanibel, call 395-0900, e-mail info@BIGARTS.org or log on to www.BIGARTS.org.**

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SANIBEL BICYCLE CLUB



Vegetable Potstickers

4 tablespoons canola oil, divided
1 red onion, thinly sliced
1 tablespoon ginger, minced
1 cup mushrooms, sliced
1 cup cabbage, shredded
1 cup carrot, shredded
1 teaspoon freshly ground pepper
Salt to taste
1/4 cup cilantro, chopped
1 package wonton skins (also called gyoza)
2 tablespoons water

Heat 2 tablespoons of oil in a skillet and add onion, ginger and mushrooms and cook over medium-high heat until vegetables begin to soften. Add cabbage, carrots, pepper, and salt to taste; cook for 2 minutes more. Remove vegetables from heat, drain and add cilantro when cooled. Place a teaspoon of vegetable mixture on one half of each wonton skin. Fold the opposite halves over to make half moon dumplings, keeping the bottoms flat. Press edges firmly together, making sure that they are closed to prevent filling from leaking out. Heat 2 tablespoons of oil in a nonstick skillet and brown bottoms of dumplings. Add water and immediately cover to steam the dumplings. Cook dumplings until the water has evaporated and the bottom gets crispy again and sticks to the pot. Serve warm with soy sauce and vinegar for dipping.

Yields 24 servings*



Vegetable Potstickers

From page 19

Bird's Eye View

time in the community trying to help (or in some cases, force) people to co-exist. But I still have hope for the people of Sanibel.

I write this column, and it is through this column that I am constantly trying to help the well-meaning people of Sanibel understand that sometimes even their actions in the end are not much different from those who forced the natives of this country to go to the reservations.

As fate would have it, I have now been in a relationship for some time with a woman who is originally from Peru and of Quechua Indian decent (the tribe where the Incas come from). Because of her association with her people, I have taken an increased interest in the native cultures of Peru and how they connect to the natural world. I may even do some part-time research on the harpy eagles of the Amazon basin in the coming years.

But as I become educated about how things are in Peru, I am fascinated to see the same tragedies that played out in the United States in the 1700s and 1800s are again happening in Peru today. Will "civilization" never figure it out that the best way for it to survive is to live in harmony with the natural world and not destroy it? Are we modern humans doomed to rape and pillage our planet's natural resources until we, ourselves, reach the brink of extinction? I always said that I thought we were smarter than that, but I am not so sure.

Next week, I will present a letter that was read by an Amarakaeri Indian from the province of Madre de Dios, Peru in the year 2008 as testimony to a way of life that is being destroyed. As you read it, I would like you to read it as though a Native American is speaking the words. The similarities are frightening.

*A former city council member and mayor, Mark "Bird" Westall has owned and operated Canoe Adventures, Inc. on Sanibel for over 33 years. Visit www.canoewithbird-westall.com for more information. **



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East-end canal-front near-beach home on Beach Road \$899K



This view from 1/2+ acre lot near marina on Limpet Drive \$899K



A Successful Golf Outing To Benefit The Sanibel School



Jeff Burns, Don DeLuca, Jeff Haungs and Michael Polly



Steve and Lena Brown, Lacy McClary and Steve Brown

photos by Jonathan Tongyai, Island Photography



Craig Albert, Eric Carlson, David Wright and Keith Geiger

It was a beautiful, sunny afternoon for The Blue Ribbon Classic for The Sanibel School, held Saturday, October 6 at The Sanctuary Golf Club. The tournament was a huge success, with World Long Drive Champion David Mobley on hand to coach golfers on a par 4.

Master Sponsor was Doc Ford's Rum Bar & Grille, and Grand Sponsors were Congress Jewelers, The Sanctuary Golf Club, The Sanibel Captiva Trust Company, and Heidrick & Company Insurance. Platinum Sponsors were Associates in Dermatology, Steve Brown and Family, Great White Grill, L3 Beach Photo, Law Offices of Jason Maughan, Timbers, The Royal Shell Companies, Tween Waters Inn, Scanlon Lexus, Sanibel Red, Sanibel Community Bank, Sanibel-Captiva Kiwanis Foundation, Sanibel Deli & Coffee Factory, and Red, White & Brew. Helicopter golf ball drop sponsor was Cheeburger Cheeburger.

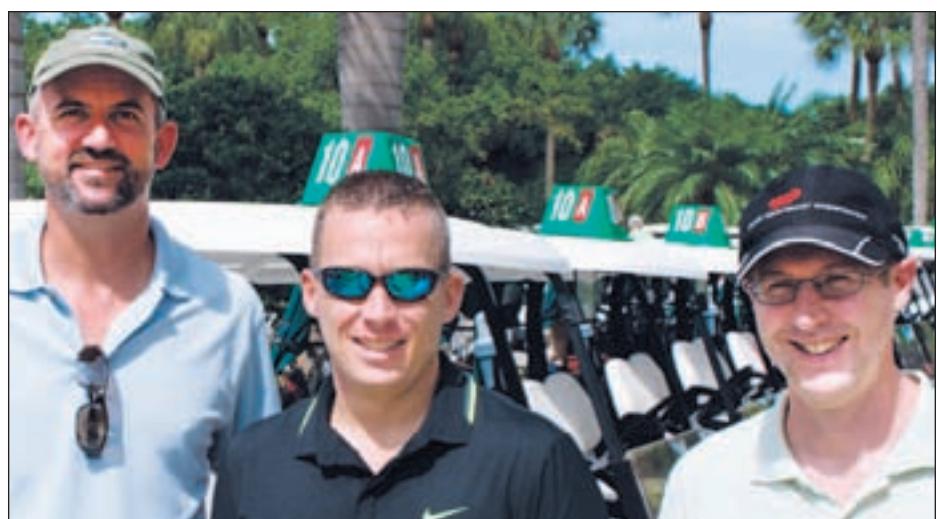
continued on page 56



John Nader



Veronica and Jeff Powers



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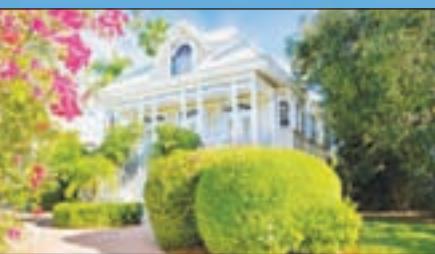
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Competitors take off at the start of the 10K Race 4 FISH, held on October 13



Sanibel Vice Mayor Mick Denham opens the awards ceremony

10K Race 4 FISH Rings In Another Successful Event

It only takes a breezy, sunny morning on Sanibel, 389 runners, 135 volunteers, 56 business sponsors, the island's service organizations, the city's Vice Mayor and eager supporters to root for the runners. Combined, you get the recipe for another successful 10K Race 4 FISH.

The overall winner of the October 13 race was 19-year-old Ryan Stafford of Fort Myers, who completed the course in 35 minutes and 17 seconds. The overall female winner was 42-year-old Rachel Lee of Cape Coral, who finished in 39 minutes and 14 seconds.

The weather couldn't have been better as the volunteers geared up to maintain safety, provide water and cheer the runners on. Several participants stated that this was the best race they have competed in, especially because of the Sanibel scenery serving as a back drop, the great organization of the race by the organizers and the hundreds of supporters along the route.

"We are in an exceptional good mood after such a successful event. The conditions were perfect. We had a great runner turn out this year and even more sponsors," said John Pryor, co-chairman of the race committee. "Once again, the FISH 10K race was held in conjunction with the Fort Myers Track Club, whose superb technical direction and assistance in the race meant that everything went without a hitch. We were able to reach FISH's objective of raising funds that will allow us to continue to provide a full range of human services to our island neighbors. We are grateful to everyone who has helped us make our FISH 10K a permanent feature in the island calendar for many years to come. We couldn't ask for better support from the City of Sanibel, police department, service organizations, our sponsors and, notably, our great volunteers who helped bring all of this together."

The race also saw its youngest registered participant this year, 3-year-old Darren "DJ" Jenkins, who began running at age 2. DJ was the overall male winner in his age category (1-9), finishing the

continued on page 54



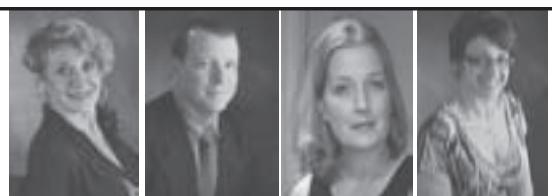
Sanibel Fire & Rescue District teammates, from left, John Dimaria, Joe Nygaard, Josh Koza and Tim Barrett. Koza was the winner in the 20-24 Male category



DJ Jenkins, center, poses with his award along with Ed Ridlehoover, 10K race committee member, and Bill Fellows, president of FISH



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Mobile Mammogram bus

Mobile Mammo To Visit Sanibel On October 28

by Jeff Lysiak

Rallying behind the motto, Driving For Detection, the Radiology Regional Center's Mobile Mammo motorcoach is scheduled to visit Sanibel Fire & Rescue District Station #1, 2351 Palm Ridge Road, on Sunday, October 28 from 1 to 5 p.m.

Sponsored by Mary Bondurant of Bondurant Realty at John R. Wood Island Real Estate and Kim Hoagland and Debi Knight of SanibelIsland.com, the state-of-the-art medical vehicle staffed by members of the Radiology Regional Center will be offering digital mammogram screenings, which take as little as 15 minutes to complete.

"We want to make it more convenient for women, in any community, to take 15 minutes and have a mammogram done," said Bondurant, a breast cancer survivor for two years. "Because early detection can save lives, I wanted to reach out to women on the island who may be uninsured or in need of this service."

According to the Radiology Regional Center, a staggering one-third of breast cancer deaths each year could be prevented through early detection. Approximately one out of every eight women develops breast cancer during the course of her lifetime, and breast cancer ranks second as the cause of cancer deaths in American women, claiming more than 40,000 lives annually.

The three keys to early detection, recommended by the American Cancer Society, include:

- Practice regular breast self exams (women 20 years and older)
- Clinical evaluation of the breast by a physician:
 - Every three years (women 20 to 40 years old)
 - Every year (women 40-plus years old)
- Annual mammogram beginning at age 40, unless clinically indicated sooner

Bondurant is sponsoring seven Mobile Mammo screenings during the October 28 screening event, while Hoagland and Knight are sponsoring two. While most

medical insurance companies will cover the expense of an annual mammogram, a discounted \$150 fee for patients electing to self-pay is offered. No prescription is necessary for a screening mammogram.

The idea for bringing Radiology Regional Center's mobile mammography services to Sanibel came up during the Celebrity Island Dinner fundraiser for The Bailey-Matthews Shell Museum earlier this month at Traders. SFRD Chief Danny Duncan suggested that Fire Station #1 host the Mobile Mammo bus, since breast cancer has impacted the lives of several members of his fire and rescue team.

In addition to breast cancer screenings, several members of the fire department will be onsite wearing pink T-shirts and serving cups of pink lemonade to all in attendance.

"Since the firemen aren't doing a calendar this year, if you want to have your photo taken with them, we'll take your picture and send it to you," said Bondurant.

Also, Darla Bezanson of Sunbelt Title, a recent breast cancer survivor, is donating cookies decorated with pink breast cancer awareness ribbons on them.

"We are hoping that everybody in the community comes out to support this cause, whether they're getting a mammogram or not," added Bondurant. "Everybody is invited to wear pink on October 28. Let's 'Pink Out' Sanibel Island!"

To learn more about the Mobile Mammo program or to schedule a screening, call 936-2316.**

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Runners gathered inside The Community House to watch the awards ceremony



The Fort Myers Track Club team also took home several awards



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From page 52

10K Race 4 FISH

race in 1 hour and 20 minutes alongside his grandmother, Maggie Goldsmith, office manager at FISH of Sanibel.

"He held his stuffed monkey in one hand and mine in the other and was very excited and ready to run on a beautiful Sanibel Island morning," Goldsmith said. "DJ has been practicing all week and has looking forward to the race for quite a while. We are happy to participate in the 10K to raise awareness for FISH and support their mission: 'To lend a help-

ing hand to those in need on Sanibel or Captiva who live, work or visit here."

FISH social worker Christine Swiersz also came out on Saturday morning to root for three members of her family who participated in the race: daughters Mia and Sarah and her husband, Tom Swiersz. Tom was the Grand Master Male division winner while Sarah finished first in her age group (13-15). Mia finished second in her age group (16-19.)

For more race results, visit www.ftmyerstrackclub.com. To read additional news and photos of the race, along with a full list of event sponsors, visit www.fishof-sanibel.com.*



Overall race winner Ryan Stafford, 19, poses with his award



Michael Fullilove from Dulwich, England was one of the international runners in this year's field. Fullilove won the Masters Male title



Last year's overall female winner Rachel Varnes, left, poses with 2012 winner Rachel Lee

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Joe Angelo and The Sanibel School Junior Performing Arts group



David Mobley, Jason Maughan and Brett Schira



Jonathan Tongyai

From page 50

Golf Outing

Sponsorship opportunities are available for The Sanibel School's Seahorse Festival, which will be held Saturday, March 9. The Dunes Golf & Tennis Club was named Master Sponsor for the Seahorse Festival.

Money raised by the Sanibel School Fund and PTA provide many resources and enhancements that the shortfalls in the Lee County School System budget cannot, including: educational software, classroom computers, the foreign language program, steel drums, a music keyboard lab, and supplies for classrooms. Parent and community support for these programs have helped The Sanibel School earn the Blue Ribbon designation, as well as an "A" rating for the past 11 years.*

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Differences Between Durable Power Of Attorney And Revocable Trusts

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA



Last week, I reviewed the many differences between a Durable Power of Attorney and a Guardianship. Today, I'm going to explain the differences between using a Durable Power of Attorney when its grantor becomes incapacitated as opposed to using a Revocable Living Trust.

These differences can best be related through two different residents at the Larson Pavilion at Shell Point Retirement Center, "Lucy" and "Sarah." The Larson Pavilion is where residents move when they require full assisted living. Many of them suffer from memory loss and related disorders.

Lucy had a revocable living trust that named her son "James" as her successor trustee. When Lucy established her revocable trust, all of her bank and brokerage accounts were transferred into her trust. She served as her own trustee for many years until her diagnosis and subsequent move into the Pavilion. At that time, she resigned as her own trustee, resulting in James taking over that role.

The transition was seamless. Lucy signed her resignation document, which was then forwarded to her banks and brokers. James was now listed on the accounts as trustee. He has the ability to write checks for his mother, pay her bills, roll over certificates of deposit, direct the financial planner for Lucy's investments and do all the things that Lucy would have done had she remained capable. While James lives in a midwestern city, he did not have to travel to Southwest Florida to sign any documents or meet with any financial advisors or bankers. It was all taken care of over the telephone or through written communications.

Sarah, on the other hand, did not have a revocable living trust when she moved into the Pavilion at Shell Point. Sarah believed that since she did not have a taxable estate, she would circumvent the need for establishing a revocable living trust by designating all of her accounts as "Transfer on Death" to her children. She did, however, have a Last Will & Testament as well as a Durable Power of Attorney document that named her son "Robert" as her agent.

When it became apparent that Sarah would no longer be capable of writing her checks, paying her bills and managing continued on page 61

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,

My fourth grade son is not doing well in school this year. His grades are going down weekly. He's a good child and he tries to do his homework, but we are becoming very frustrated. It's not clear to me why he can't do the work now. His teacher is concerned, but thinks that by studying more he will do better.

Julia S., Estero

Julia,
Fourth grade is a more difficult year than the earlier elementary grades as expectations are becoming much higher for student performance. Your son's teacher's advice is very appropriate in that he probably does need to spend extra time studying, but more analysis of why your son is having trouble is warranted.

Students don't succeed for a number of reasons. There may be health or emotional difficulties that interfere with learning. How is his vision and hearing? Does he have allergies? Is your son comfortable in his new classroom? Does he have a couple of good friends? Is the school's climate supportive? These types of concerns need to be identified and addressed

otherwise they can lead to school failure very easily. If you can rule out any mental or physical health issues, it is time to look at how he is learning.

Here are some questions you may ask him and observations you can make to learn more about how he learns and why he may not be doing well.

To begin, ask him if the work is too hard, be specific with your questions. For example, you might ask if the new math lesson on division is too hard for him. If something is too challenging he may need additional instruction on the topic. Narrow down the area that is too difficult so he can have practice on exactly what he doesn't understand.

Observe to see if your son completes his academic tasks but it just takes him a long time. If that is the case, he needs more practice to build up his speed and probably accuracy in that subject.

Maybe the case is that your son just doesn't want to do the academic task, he is able to but is not motivated to do so. If that is the situation, you might want to implement a small reward system for completing homework in a timely way.

It is also important to realize that generally speaking in the fourth grade year students progress from "learning to read" to "reading to learn." This is a big step for most children and does require extra time to study and comprehend all the new information that is now presented through text instead of verbally by the teacher. Using a good comprehension review strategy like a KWL chart (What do I already know about this topic, what

do I want to know about this topic and what have I learned about this topic) can increase comprehension easily.

With time, effort and by utilizing some of the above strategies, your son should begin to learn how to study more efficiently and effectively.

*Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.***

From Goss's website: "As Deputy Staff Director for the U.S. House Budget Committee, he worked closely with Congressman Paul Ryan. Chauncey's experience provides him with a unique and valuable understanding of the federal government's budgetary process and fiscal policy."

In addition to Goss's visit, on October 18, students will hold a parking lot rally. Students will hold signs and share slogans as they show support of their chosen presidential candidates.

On October 25 from 9:30 to 10 a.m., four students – Olivia Curcione, Sameer Walha, John Gamba and Jacob Roberge – will give speeches representing their candidates to sway eighth grade voters prior to the election.

Finally, on November 6 from 9:30 to 10 a.m., seventh and eighth grade students vote for president. Voting will be tallied by the end of the day. It is always interesting to see how closely the popular vote coincides with the nation's.**

Middle School Students Get Out To Vote

Canterbury School eighth graders will be well informed and ready to vote this year. In their civics class, students have studied the candidates, their platforms and their backgrounds. Leading up to the November 6 election, civics teacher Dan Van Campen has put together some special lessons:

On October 11, Chauncey Goss visited classes to answer questions the students have about Washington, D.C., and how our government works.

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PAWS Pets



Mama kitty still needs a home

PAWS continues to need donations to help pay expenses for the mother cat, named Sami Ann, and her six kittens that were found several weeks ago on Sanibel.

We had all seven kittens combo tested, spayed, neutered, all shots, wormed, treated for fleas and totally checked out medically. All of the kittens have found wonderful forever homes.

Sami Ann, however, still needs a home. She is very sweet and loving and probably only 1 to 2 years old at most. She is very neat and takes good care of herself. She would make a wonderful kitty for someone that prefers one that's quite young, but not still in the "kitten stage."

If you can help, call PAWS volunteer Pam at 472-4823. Help us find mama kitty a forever home, too.

Donations made payable to PAWS can be mailed to P.O. Box 855, Sanibel, FL 33957.**

CAT FOUND



Blackie

A very sweet kitten named Blackie needs a home. He is about one-year-old, affectionate and healthy. To adopt Blackie, call Pam at PAWS at 472-4823.**



Benji the Bengal

This Bengal cat was captured on one of the causeway islands a couple of weeks ago. He is recovering from injuries he sustained while being out on his own. His owner has been traced through a micro chip and a breeder to Joel Collige, who lives on Sanibel. The number provided is no longer in service.

If you have any information on this individual, contact Pam Sullivan at 472-4823.**

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Cats In Crisis At County Shelter

Shelter overcrowding at Lee County Domestic Animal Services, especially for cats, has been an ongoing problem during the summer months and is continuing into fall. Space is currently beyond capacity for housing stray cats and kittens and cats available for adoption. The shelter has over 260 cats including 100 in foster care that are ready to come back to the shelter for adoption. Meanwhile, 10 to 20 new cats and three to four litters arrive daily.

The agency is asking the public to take advantage of the shelter's current adoption promotions and save a life. During the remainder of October, all pet adoption fees are half off the regular fee. That means it will only cost \$12 to \$48 to adopt a pet.

Adoption hours are Monday through Saturday from 11:30 a.m. to 3:30 p.m. The shelter is located at 5600 Banner Drive in Fort Myers.

Reduced adoption fees still include the same services: spay/neuter surgery, age appropriate vaccinations, microchip ID, de-worming, flea treatment, aids and leukemia test for cats, heartworm test for dogs six months and older, Lee County pet license for pets three months and older, a bag of Science Diet pet food and a 10-day health guarantee. Adopters also have access to a pet behavior help line.

"The public can also help by spaying and neutering their pets so that shelters are not faced with this dilemma year in and year out," said Donna Ward, LCDAS director. "The best shelter is a caring community and we need every pet owner's support to put an end to euthanasia of healthy adoptable animals," she adds.

Current lists of pets for adoption and lost pets are available online at www.LeeLostPets.com. The website updates hourly.**

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Calcium Confusion Clarified



by Dr. Dave Hepburn

“Is calcium good for us?”

“Absolutely. If you don’t take it, it could kill you.”

“But I heard calcium is bad for us, and might cause a heart attack.”

“Absolutely. If you take it, it could kill you. Hope that clarifies it for you. Next.”

“Well, as we need Vitamin D to absorb calcium, should we try and get more sun?”

“Absolutely. Get in the sun because taking calcium without Vitamin D is like fishing without a hook.”

“But isn’t the sun going to give us skin cancer or possibly make us look Australian?”

“Absolutely. Get out of the sun. It could kill you.”

“Now what about magnesi... forget it.”

“Sure. Next.”

Osteoporosis is destroying many of you at this very moment and will destroy many more lives before a cure is ever found. 30,000 Canadian hips fracture every year. Every 17 minutes, a Canadian

hip tragically snaps like a dry-roasted pretzel in the Eastern Gobi in August during a drought and sometimes a famine. Twenty two percent of patients who fracture a hip are dead in less than a year. Not scary enough for you? Well, 60,000 Canadians break their back every year, making lifting a case of beer next to impossible!

OK, now that I have your attention... take calcium, right? Builds bones and all that. A little is good for you, so a lot should be even better, right?

Hold up! Taking calcium pills – both with or without vitamin D – is associated with a 15 percent increased risk for heart attacks and strokes. Treating 1,000 people with calcium for five years would cause an additional six heart attacks or strokes and prevent only three fractures.

Calcium in pills, unlike calcium in foods, causes a spike in blood calcium levels that can damage arteries by: increasing clot formation (“It is the clot that kills.”), thickening neck artery plaques and calcifying main arteries. For you guys on my hockey team, those are all bad things.

And taking calcium without taking Vitamin D is even worse. It’s associated with a whopping 30 percent increase in heart attack risk. Calcium supplements have been widely promoted on the grounds that they are “natural” and, therefore, a safe way of preventing osteoporotic fractures. Like lots of “natural” stuff, it is now becoming apparent that taking calcium in one or two daily dollops is NOT natural.

So, how do we take calcium without...

taking calcium? Diet, naturally. Take it incorrectly and you could end up in the cardiac section of the hospital with cardiac doctors who smell nice and floss daily. Don’t take calcium and you could end up in the orthopedic ward with doctors who make Cro Magnon man look like Justin Bieber. But you get better meals. It’s your choice.

OK, this next part goes on your fridge with all the other Dr. Dave columns, complete with photo and a reminder to pick up (shameless plug warning) yogurt and *The Doctor is In(sane)* for yourself and 37 relatives:

The recommended dietary allowance (RDA) for calcium from a combination of diet plus supplements is 1,000 mg a day for adult women until age 50 years and 1,200 mg a day for women older than 50 years of age. But Get As Much From

Diet As You Can! Only take calcium supplements if you don’t get your RDA in diet, i.e. you hate yogurt as much as I do. And spread it out over the day.

There are plenty of charts showing what foods are best for calcium but certainly the king is yogurt. An 8 oz. cup contains 415 mg. I suggest mixing it with broccoli and a Snicker’s bar and you’re halfway there.

“Is that a good idea?”

“Absolutely... or it could kill you.”

Like the column? You’ll LOVE the book the Doctor is In(sane), available at Sanibel Island Bookshop. Contact Dr. Dave or read more at www.wisequacks.org.

* Dr. Dave is returning to Africa on safari in September 2013. If interested in going with him, call 888-432-8344 to find out more.”**

From page 27

Cypress Slough Fall Programs

The Six Mile Cypress Slough Preserve is a wetland preserve with a raised boardwalk open to the public seven days a week from dawn until dusk. This natural setting provides the perfect backdrop for Florida wildlife such as wading birds, turtles, alligators, otters, squirrels, woodpeckers, butterflies, dragonflies and more. Opportunities to see wildlife are plentiful whether walking out on the trail or sitting at a pond overlook. The Interpretive Center houses nature displays about the plants and animals that live in the slough. There are hands-on items for visitors of all ages. Entry is free with your paid parking fee of \$1 per hour per vehicle and the center is open Tuesdays through Sundays from 10 a.m. to 4 p.m. For more information, call 533-7550.**

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dearPharmacist

Which Cinnamon Do You Sprinkle?



by Suzy Cohen, RPh

Dear Pharmacist: I heard that cinnamon might lower blood sugar. Is this true? Can I use cinnamon spice to lower my blood sugar if I'm taking metformin? Does cinnamon have other health

benefits?

EG, Decatur, Illinois

There are different kinds of cinnamon, and the spice that you sprinkle on your oatmeal is not the best one in terms of health benefits. Yeah, for real! Didn't you know there were varieties of cinnamon?

I think it's alright to combine cinnamon spice with metformin, but if you consume commercial supplements along with your medications, I suggest you track your blood sugar routinely and gain your



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physician's blessings. Remember, taking two anti-diabetic agents will enhance the blood sugar-lowering effect, and if it plunges too low, you get hypoglycemia.

If you consume authentic, high-quality brands of cinnamon, this could actually happen to you. Symptoms of hypoglycemia include nausea, sweating, palpitations, weakness, fainting and anxiety.

Does cinnamon work? Several studies that have established health benefits for the warming, aromatic spice of autumn. Researchers who conducted a meta-analysis concluded that cinnamon extract could reduce fasting blood sugar. That's great because it's well established that elevated fasting blood sugars are a risk factor for diabetes and heart disease. The glycemic action of cinnamon is almost comparable to your medication but don't take that as an invitation to stop your metformin!

My point is that cinnamon has some merit that needs to be further elucidated. Here's one reference: Davis PA, Yokoyama W. Cinnamon intake lowers fasting blood glucose. *J Med Food*. April 2011.

Another study found that daily intake of cinnamon (for about two months) could significantly lower the fasting blood glucose, weight, and body fat mass in patients with Type II diabetes, as compared to a control group. Scientists are trying to tease out whether cinnamon helps with colorectal cancer now. Just outstanding... but wait!

As I mentioned earlier, there are different varieties of cinnamon. The most popular kind is called Cassia and it's found in grocery stores, and served at coffee shops and restaurants. It's everywhere. Genuine cinnamon – the kind I strongly recommend – is called Ceylon, and you must buy it from nice spice shops, some herbal apothecaries or online. Cassia and Ceylon cinnamon come from two differ-

ent species. Cassia, while tasty and used by millions of us, has a stronger, harsher taste compared to Ceylon. Cassia is actually known to contain a small amount of a moderately toxic component called coumarin. You don't have to worry about this, but hypothetically, if you took a ginormous dose, it could cause liver and kidney damage. It's also known to thin blood, considered a good thing but those of you on anti-coagulant drugs need to know. Ceylon has a fine texture, tastes lovely, and contains a lot of health-promoting compounds. As we head into fall, sprinkle it on everything because Ceylon cinnamon contains eugenol and terpinoids which are strong antiviral agents.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of *The 24-Hour Pharmacist* and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.*

perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I am a grandmother with five grandchildren from two families. They are great kids, but have no manners. "Please" and "thank you" are just not part of their vocabulary.

I would like to discuss this with my daughter, but just do not know how to bring it up. What do you think I should do?

Mercedes

Dear Mercedes,

Lack of social graces seems to be a common complaint.

They do not know how to say "thank you" for gifts and just expect people to keep on giving with no comment. Some say it is because children spend so much time under paid supervision that parents do not have the time to teach at the end of the day.

Do your children, the parents of your grandchildren, thank you for their gifts? Children learn by example and maybe their parents just don't think it is important – and there really isn't anything you can do.

Lizzie

Dear Mercedes,

Well, somewhere in the middle of "please" and "thank you," these words are not part of their vocabulary. It is difficult for me to believe that your grandchildren have no sense of basic manners. It would be just as difficult for me to believe if you told me they have the social polish of a cultured adult. Now that we are a little closer to what is real, what about modeling appropriate manners while you are with your grandchildren.

Always use "please" and "thank you." Encourage them to do the same. When they do, tell them how much you appreciate their manners.

You do not always need to have a "discussion." I can not imagine how it would begin... "Help me understand why your children have no manners" or "Help me understand why you have failed in your parental responsibility of teaching manners to your children." I cannot think of a positive outcome of the discussion.

You have to choose your battles. Also, modeling appropriate behavior and reinforcing appropriate behavior is, at times, better than bringing attention to negative behavior.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

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Got A Problem? Dr. Connie Is In



by Constance
Clancy

Q: I need to change my negative thinking to some positive thinking. Can you help with how to get started because my negative thoughts are constant?

A: Psychologist

Carl Jung referred to this constant mental chatter of the ego as "Psychic tension." We all go there at times. There is a way to transition this "Psychic tension" to positive affirmation. Jung referred to this as "Psychic equilibrium." It is reprogramming the tension by making a shift to positively affirm a thought that releases the "psychic tension." It is like changing the track on a CD from a song we don't like to one we do. It's switching from the mind of the ego to the essence of the soul. It does take practice and consistency, it's a matter of continually redirecting negative thoughts in your mind to positive optimistic thoughts.

The following steps can guide you to this shift:

1. Become aware of your thoughts. When you are in a difficult situation, reflect on the situation and what your thoughts were before the situation developed.

2. As you develop your awareness of these negative thought patterns, especially, in difficult situations, create a positive thought to replace the negative thought,

CCMI Supports Can It! Campaign

In an effort to help end hunger in Southwest Florida, Pushing The Envelope, Inc. is hosting the 2nd Annual Can It!, a food drive benefitting the Community Cooperative Ministries, Inc. (CCMI). Their collection goal is 1,000 items, double their goal from last year.

Pushing The Envelope, Inc. will be collecting canned food and non-perishable items until noon on Wednesday, November 21. Per CCMI's wish list, some suggested items include: Hamburger Helper, canned tuna, canned chicken, soups (all kinds), beans, canned vegetables, macaroni and cheese, etc. A complete list is available on the CCMI website at www.ccmielcecounty.com.

Items can be dropped off at any of the following participating locations:

- Pushing The Envelope, Inc., 12655 New Brittany Boulevard, Fort Myers
- City Mattress, 12660 Bonita Beach Road, Bonita Springs
- Frantz Eye Care, 12731 New Brittany Boulevard, Fort Myers
- Profiles Hair Skin Nails, 2323 Del Prado Boulevard South #2, Cape Coral

and always give your energy to the positive thought. Always focus on how you want things to be.

3. Constantly remember, what you focus on expands. You attract into your life what you think most about. It only makes sense that when you choose to focus on something positive, positivity emerges.

By now, with your increased awareness, you should have a pretty good sense of how to focus on what you want rather than what you don't want.

4. Keep in mind that you are looking to raise your level of consciousness and to cultivate a positive mind frame that is with you all the time, especially during stressful times, especially the ones out of your control.

5. It can be most helpful when you compile a list of positive affirmations that appeal to you. Put the list somewhere you can see it, so that you are reading and saying your affirmations daily. If you start with a word "I" or "I am" or "I have" you are validating your affirmation.

Always use the present tense such as "I have a beautiful loving spirit."

Before you know it, the affirmations you select will become a part of your daily self-talk. You will be repeating them quietly to yourself when you are driving, in the shower, etc, and especially when you lie down to go to sleep at night. The following are a list of affirmations to get you started if you don't already have some that you have incorporated:

- I am calm and peaceful.
- I have wonderful relationships in my life.
- I am beautiful inside and out.
- I see beauty in everything.
- I am grateful for all my God given gifts.

- I am financially abundant.
- I have optimal health.
- I am always kind and generous.
- I am spiritually alive.
- I am blessed to have so much in life.
- I am optimistic and positive in all situations.
- I love each day and live it to its fullest. *

From page 56

Will Power

her investments, Robert decided that he would have to begin serving under the Durable Power of Attorney document. The banks and brokerage firms all wanted originals of the Durable Power of Attorney. Since Robert only had one original (as that is the norm), he didn't know what to do.

Robert was advised to record the original Durable Power of Attorney on the Lee County public records and obtain as many certified copies as he needed for each different financial institution. So that's what he did, and most of the banks and investment firms accepted the certified copies.

The banks and brokerage firms, however, all wanted Robert to complete paperwork and to provide personal identification verifying his identity before they would put him on the accounts. This required Robert to personally visit each financial institution where Sarah had an account. Sarah was one of those investors who looked for the best CD rate in town, so she had certificates of deposit scattered among several banks.

Robert had to fly down from his hometown in the northeast to accomplish these frustrating tasks. Several banks said that they needed to send the Durable

Power of Attorney document up to their legal department before Robert would be installed as a signor on the account.

You can therefore see the difference between using a Durable Power of Attorney and a Revocable Living Trust when the grantor becomes incapacitated. I'm not here to say that Durable Powers of Attorney are unworthy. They are an important document that everyone's estate plan should include. Even those with trusts need a Durable Power of Attorney document so that your loved ones can transact business on assets outside of the trust (IRA accounts are a good example of such an account).

And placing assets and accounts in joint names with loved ones is also not a good idea to circumvent a trust. I've written on that topic before. It is too large to cover in one column. My website (listed below) has videos and blogs on the dangers of joint accounts.

The moral of the stories of Lucy and Sarah is that revocable trusts are not just probate and tax avoidance vehicles. Trusts can serve as valuable tools when our loved ones become incapacitated as they are much easier transitional devices than are powers of attorney.

But then again, trusts aren't for everyone. If you don't have a trust, you should have an up-to-date Durable Power of Attorney. The laws on powers of attorney changed substantially last year, so in either event, it's important that you confer with your advisors to ensure that your documents are up-to-date and right for your situation.

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Sanctuary Sous Chefs Win Silver



Derek Bryner



Boun Chanthavong

The Sanctuary Golf Club's sous chefs Derek Bryner and Boun Chanthavong competed in the American Culinary Federation's Taste of Elegance Pork Competition last month in Orlando, both winning silver medals.

The sous chefs made a signature pork dish on four plates in one hour and fifty minutes. Chanthavong presented a classic Italian porchetta and Bryner made a classic Eastern European dish. A floor judge, taste judge and presentation judge

evaluated them, with two dozen entrees competing in the culinary event.

"Thanks to The Sanctuary Golf Club for their support for these competitions," said Bryner. "It is an invaluable experience for us."

"It was a great experience, but we are already planning for next year's gold," Chanthavong added.**

Director Of Sales Appointed

Rick Hayduk, Regional Managing Director for LXR Resorts & Hotels of Sanibel-Captiva, has announced the appointment of Cathy R. Ennis as Director of Sales for South Seas Island Resort. In her new position, Ennis will oversee the group sales and catering sales teams at the resort, located on Captiva Island.

An experienced hotel sales professional, Ms. Ennis is rejoining South Seas Island Resort after a number of years at other Southwestern Florida resorts. Her first stint with South Seas Island Resort was in 2002 and 2003, when she served as a National Sales Manager for South

continued on page 63



The Tolp-Harrell Team

Top Producers

The top listing associates for the month of September at John Naumann and Associates was The



The Walters Team

Tolp-Harrell Team, comprised of Toby Tolp, Steve Harrell and Kasey Harrell.

Also, the top sales team for the month was The Walters Team, comprised of Connie and Tracy Walters.**



Shelley Lachmann



Cyndi McIntyre



Paul McIntyre



Dan Pearce

New Agents

Don DeLuca, broker of Royal Shell Real Estate, announced that Shelley Lachmann, Cyndi and Paul McIntyre and Dan Pearce have joined Royal Shell Real Estate.

Lachmann is a full time realtor and a member of the Greater Fort Myers and the Beaches Association of Realtors.

The McIntyres were former owners and broker of Cyndi McIntyre Real Estate of Fort Myers.

Pearce obtained his broker's license in 2003 and has been heavily involved with the disposition of REO properties.

"Shelly, Cyndi, Paul and Dan are tremendous additions to the Royal Shell team of professional agents. Each brings a unique skill set and client base to provide our clientele with the service they expect. We are pleased to have these fine agents at Royal Shell Real Estate," said Michael Polly, vice president of real estate operations.**

Contractor Chosen For The Sundial Resort

Benchmark Construction has been selected by the new ownership of the Sundial Beach & Tennis Resort on Sanibel Island to oversee all aspects of the renovation of the well known Sundial Resort.

According to John Naumann, a principal partner in the new ownership, Benchmark was chosen based on their outstanding reputation in the local construction industry over the last 28 years, and their absolute commitment to quality.

"Having completed over 1,000 residential and commercial projects throughout Lee County as well as many landmark buildings on both Sanibel and Captiva Island, we are uniquely suited to handle the challenges that this major renovation represents," said Mark Anderson, president and founder of Benchmark Construction. "Our scope of work will involve multiple areas within the existing facilities including updating the new lobby and front desk, the restaurants, bar, pool area and pool bar, conference rooms and wedding venues.

"We are excited at the opportunity to be part of returning Sundial to its popular status as one of Southwest Florida's finest beachfront resorts," Anderson added.**



Top Agents

Premier Sotheby's International Realty of Sanibel and Captiva announced its top marketing agents for September. They are Robert Pecoraro and Deb Smith. Smith also was top sales agent in September.**

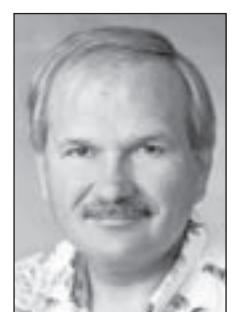


Robert Pecoraro



Deb Smith

Top Agents



Charlie Sobczak



Karen Bell



Lomano, Nicholson & Associates



Lynda and Kit Traverso

VIPI Realty Group announced the top agents and sales teams for the month of September:

Charlie Sobczak was recognized as top sales agent.

Lomano, Nicholson & Associates were recognized as top listing team and top sales team.

Lynda and Kit Traverso were recognized as top listing agents and top producing agents.

The Karen Bell Team was recognized as top producing team.**

Sanibel Captiva Trust Company Announces 2013 Women's Series

The Sanibel Captiva Trust Company will host a 2013 Women's Series to empower women to be better informed and prepared to handle their finances independently and dynamically. WOW (Women Opportunity Wealth) will include four sessions highlighting various women's issues.

"It is essential for women to feel confident and secure about their finances in order to thrive in today's challenging times. WOW is designed to help our clients and friends cut through the clutter and make wise decisions about their personal life, career and financial future," said Sanibel Captiva Trust Company's Chief Operating Officer Adria Starkey.

Upcoming WOW series topics will include:

January 29 – "Your Purse, Your Life"

February 12 – "Maneuvering the Medicare Maze & Senior Living Opportunities in Lee County"

February 26 – "As The World Turns: Estate Planning Ideas in an Ever-Changing World"

March 19 – "Market Outlook: Managing Your Money in a Time of Uncertainty"

Interested attendees should contact Elizabeth Kindt of the Sanibel Captiva Trust Company at 472-8300 or EKindt@SanCapTrustCo.com. All events begin at 10 a.m. and seating is limited.**

No No-See-Um Named Finalist For 2012 SheKnows Parenting Awards

No No-See-Um has been selected as a finalist for best in outdoor safety in the 2012 SheKnows Parenting Awards. According to SheKnows, the coveted award recognizes outstanding products in the parenting and pregnancy industry based on functionality, quality, safety and convenience. Winners will be selected by an organic voting process online and announced November 5 on www.SheKnows.com.

No No-See-Um is an all-natural insect repellent that helps protect against most biting insects that carry diseases, including mosquitoes and no-see-ums. Mainstream repellents are toxic and hazardous, especially for children. No No-See-Um combines citronella, lemongrass and geranium oils and has been proven to be extremely effec-

tive. The formula is DEET-free, safe for children and pets, smells wonderful and parents can feel comfortable about reapplying as often as necessary.

SheKnows, a global destination for women with the latest information on parenting, health, entertainment and more, created the award program to recognize products within the parenting industry for true excellence. Spanning across 75 comprehensive sub-categories, from pregnancy essentials to baby gear, and eco-toys to tween favorites, the awards highlight the best items that parents (and kids) love.

"In this day and age, parents are becoming more health conscious and are looking for safe, natural products to use on their children, as opposed to dangerous chemicals, like DEET," said Caroline Semerjian, founder and CEO. "No No-See-Um insect repellent is safe for both children and pets and parents love the non-sticky formula and wonderful fresh scent."

"The SheKnows Parenting Awards are a remarkable way to recognize the products that improve the lives of parents, parents-to-be and kids," said Laura Willard, SheKnows parenting editor. "Being selected as a finalist among the hundreds of submissions we received is an incredible achievement and No No-See-Um has clearly demonstrated they are a leader in the parenting industry."

As a finalist, No No-See-Um will also be eligible to win an Editors' Choice Award, which spotlights one specific brand per category chosen exclusively by the SheKnows Editorial Team. Now through October 31, readers can access voting by visiting www.sheknows.com/parenting/awards/parenting-awards-2012.**

From page 62

Director Of Sales

Seas and its sister property, Sundial Beach & Golf Resort on neighboring Sanibel Island, then managed by Interstate Hotels and Resorts. Ennis subsequently joined the Pink Shell Beach Resort & Spa in Fort Myers Beach, Florida as Senior Sales Manager and was most recently Director of Sales for the Sanibel Harbour Marriott Resort & Spa in Fort Myers.

"We are pleased to welcome Cathy Ennis back to Captiva Island. It's exciting to know that her relationships with

meeting planners and corporate decision makers involved in the Southwest Florida meetings and special events market will help South Seas Island Resort grow in a number of areas that are pivotal to our business," noted Hayduk.

Ennis' responsibilities will include initiatives to further solidify South Seas Island Resort as a favored wedding destination and to continue to enhance the resort village's reputation as a top choice for group and incentive trips, team building experiences, family gatherings, boating clubs, business meetings and social events.**

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Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days on Market
Waldens Riviera Estates	Fort Myers	2009	4,534	2,100,000	1,995,000	255
Bonita Bay	Bonita Springs	2001	3,586	1,175,000	1,040,000	78
Palmira Golf and CC	Bonita Springs	2006	2,737	769,900	735,000	1
Sanibel Estates	Fort Myers	1968	1,536	589,000	527,500	69
Palmira Golf and CC	Cape Coral	2006	2,216	549,9000	510,000	79
Palmira Golf and CC	Bonita Springs	2006	2,453	549,000	495,000	52
Cape Harbour	Cape Coral	2004	2,394	500,000	470,000	148
Cape Coral	Cape Coral	1999	2,459	474,900	468,000	353
Gumbo Limbo	Sanibel	1979	1,512	479,800	458,900	92
Cape Royal	Cape Coral	2006	3,616	444,500	410,000	136

Courtesy of Royal Shell Real Estate

From page 12

Churches/Temples

9 a.m. by appointment. Holy Days please call.

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Sunday School (PreK-6thgr.) at 9:30 a.m.
Wednesdays at 9 a.m. and

1st Wednesdays of the month 6 p.m., Pot Luck Supper at 6:30 p.m.

Morning Prayer: Tuesdays at 9 a.m.

UNITARIAN UNIVERSALISTS

OF THE ISLANDS:

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email ryi139@aol.com. ☀

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Gift
TETRAMark
BELLATake
LEASTEntry
CASSEC**TODAY'S WORD**

answer on page 66

4				9			5	1
	9		7		4	3		
	8	5			6		4	
9		4	8			1		
		2	6		1			5
		5		7		4	6	
2			1				9	7
	1			8	7	2		
6		3		2				4

answer on page 66

SUDOKU**To play Sudoku:**

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

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4 tablespoons canola oil, divided
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1 tablespoon ginger, minced
1 cup mushrooms, sliced
1 cup cabbage, shredded
1 cup carrot, shredded
1 teaspoon freshly ground pepper
Salt to taste
1/4 cup cilantro, chopped
1 package wonton skins (also called gyoza)
2 tablespoons water

Heat 2 tablespoons of oil in a skillet and add onion, ginger and mushrooms and cook over medium-high heat until vegetables begin to soften. Add cabbage, carrots, pepper, and salt to taste; cook for 2 minutes more. Remove vegetables from heat, drain and add cilantro when cooled. Place a teaspoon of vegetable mixture on one half of each wonton skin. Fold the opposite halves over to make half moon dumplings, keeping the bottoms flat. Press edges firmly together, making sure that they are closed to prevent filling from leaking out. Heat 2 tablespoons of oil in a nonstick skillet and brown bottoms of dumplings. Add water and immediately cover to steam the dumplings. Cook dumplings until the water has evaporated and the bottom gets crispy again and sticks to the pot. Serve warm with soy sauce and vinegar for dipping.

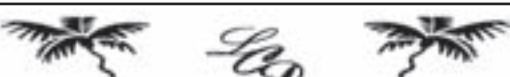
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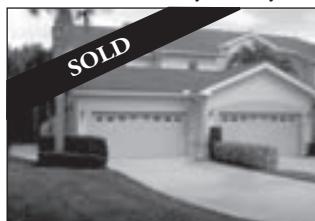
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Call 239-395-0495.
*RS 10/19 PC 10/19

WANTED TO BUY**CASH PAID FOR MILITARY ITEMS**

Cash Paid For Old Military Items.
Medals, Swords, Uniforms,
helmets, old guns, awards & more.
Local Toll Free 1-866-440-3280
*RS 10/19 CC 10/9

ADULT TRICYCLE

Am looking for a well kept
used adult tricycle.
Please contact me at
kafroh@sunrise.ch
*NS 10/19 CC 10/19

INVESTMENT OPPORTUNITY**Important Tax Alert!**

Jan 1, 2013 Cap Gains Tax increase
Long Term Cap Gains increase to 21.2%
Short Term Cap Gains Increase to 40.8%
Tax Rate at 15% 2012 "Sell Your Stock Now"
✓ Reinvest for Tax deductions & High Income
✓ Buy Freight Equipment
✓ 100% Tax Deduction 2012
✓ Secured Fixed Contractual Income 13.5%
Minimum Purchase \$9,750
800-588-4143
americansynergycapital.com
*RS 10/19 CC 10/19

TAXES & FINANCE

The End of the Year is Approaching!

Tax Deductions

Need a \$10,000 Tax Deduction?
Sec. 179 IRS Tax code

Purchase Rail Freight Equipment \$9,750

✓ 100 % Tax deduction for purchase

✓ Deduct 100% up to \$139,000

✓ Earn Fixed High Income

✓ Lock in 13.5% 3yrs, 7yrs or 10yrs

800-588-4143

americansynergycapital.com

*RS 10/19 CC 10/19

**GARAGE • MOVING • YARD SALES****GARAGE SALE**

East Rocks Dr. Sanibel, Florida
9-3 Saturday Oct. 20, 27, 2012
Sailboat, table, night stands, lamps,
household items, clothes, handbags, misc.
*RS 10/19 CC 10/26

MOVING SALE

MOVING SALE - Night stands, chairs,
pictures, armoire, lounge chairs, exercise
equipment, 8x10 rug, and more!
239-472-0415 or phalerz@gmail.com
*RS 10/19 CC 10/19

SEASON'S COMING, CLASSIFIED DEADLINE MONDAY AT NOON

Pets Of The Week

Hello, my name is Bert and I am a 5-year-old male tri-colored bassett hound mix. My legs may be short, but my big personality makes up for it. I'm a happy-all-the-time, glass-is-half-full kind of dog looking for someone who wants to have fun with their best buddy – me!

My adoption fee is \$37.50 during Animal Services' Dogtober Adoption Special (regularly \$75).

Hi, my name is Angel and I am a 5-year-old neutered male brown tabby domestic short hair. I'm a cat who does everything in a big way. I'm not large, but I still like to be in charge. In fact, I'm leader of the pack in the shelter's cat adoption room. Despite my adventurous personality, I'm very loving and affectionate and will make plenty of time for you.

My adoption fee is \$25 during Animal Services' Dogtober Adoption Special (regularly \$50).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee and a bag of Science Diet pet food.

The adoption package is valued at \$500.**



Bert ID# 547003

photos by squaredogphoto.com



Angel ID# 371543

Share your community news with us.

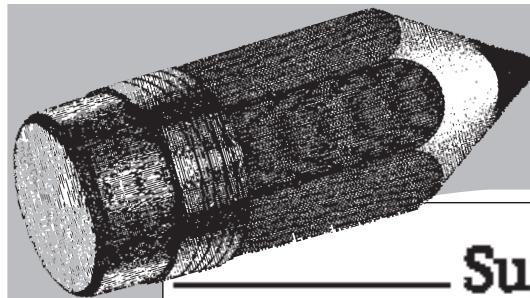
Call 395-1213, Fax: 395-2299

or email press@islandsunnews.com

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department	
Sanibel	472-5525
Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Community Housing and Resources	472-1189
Planning Department	472-4136
Library	
Sanibel	472-2483
Captiva	472-2133
Post Office	
Sanibel	472-1573
Sanibel (toll free)	800-275-8777
Captiva	472-1674
Sanibel Community Association	472-2155
Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS (Barrier Island Group for the Arts)	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	472-0168
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	472-4258
S.W. Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA (American Business Women's Assoc.)	472-2929
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
Sanibel Bike Club	sanibelbicycleclub.org
Community Foundation of Sanibel-Captiva	274-5900
CROW (Clinic For The Rehabilitation of Wildlife)	472-3644
FISH of Sanibel (Friends in Service Here)	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	472-2121
League of Women Voters	472-6689
Lions Club (Tom Rothman)	395-3248
Master Gardeners of the Islands	472-6940
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	472-3828
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	395-2040
www.sanibelsoccer.org	
The Military Officers Assc. of America (MOAA, Alex MacKenzie)	395-9232
United Way of Lee County	433-2000
United Way 211 Helpline	(24 hour information line) 211 or 433-3900
Zonta Club	671-6381
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
J.N. "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF (Sanibel-Captiva Conservation Foundation)	472-2329



BEACH CHAIR PASTIME

Answers on page 66

Super Crossword

ACROSS

- 1 Leather ch.
- 3 Dishes
- 4 Pen
- 5 Butterflies
- 11 Laundry
- 16 Plastic
- 19 Marijuana
- 20 Cleaning
- 24 Self-humor
- 21 Scrubbing
- 22 Ruth Adams
- 23 1943 Detroit
- 26 Household
- 27 Church
- 28 Citrus peach
- 29 Royal lace
- 30 Thru
- 31 — C.G.
- 33 1967 Sanchez
- 34 Kubrick war
- 35 Let
- 38 Little
- 40 Western
- 41 New York
- 42 1942 Alcott
- 43 Disney
- 47 Live radio
- 51 This in land
- 52 Mashed
- 54 Artless
- 55 Get down
- 58 Final
- 61 1964 Acure
- 62 Furniture
- 63 Furniture
- 64 Chair
- 65 Chair
- 66 The Home
- 67 Reptiles
- 68 Hippo
- 69 Attable
- 70 Eye
- 71 Tomatoes
- 72 Candy
- 73 See 70
- 74 Areas
- 75 Sidewalk
- 76 Grilled
- 77 Sidewalk
- 78 Grilled
- 79 Caramel
- 80 Dog Sandy
- 81 Who can
- 82 1988
- 83 Chestnut
- 84 Women
- 85 Mad higby
- 86 Dog
- 87 Alice in
- 88 Hester
- 89 Hester
- 90 Down
- 91 Baby food
- 92 One-way to
- 93 Store date
- 94 Mashed
- 95 Tots
- 96 Zest
- 97 Zest
- 98 Slides
- 103 Land — the
- 105 Book
- 106 Chair
- 107 With 121
- 108 Across
- 109 Diamond
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- 117 Take
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JOHN NAUMANN & ASSOCIATES

island real estate

NEW SANCTUARY LISTINGS:

For Information contact Toby Tolp 239/848-0433, Steve Harrell 239/565-1277 or Kasey Harrell 239/850-7602.

2964 WULFERT

This is the opportunity you have been looking for! 7300 sq. ft. living area! Originally sold in 2006 for \$4.7M, and, after extensive negotiations with the lender, now offered for \$2,464,000. On The Sanctuary's signature # 4 fairway with expansive views of The Bay, this magnificent home features 5 bedrooms 5 ½ baths, chef's kitchen, library, butler's pantry, 800 bottle walk-in wine cellar, family room with large bar/entertaining area, elevator, master retreat area plus fitness room. Real plaster moldings, marble & hard wood flooring, custom built-in bookcases. Expansive veranda with summer kitchen overlooks pool & spa. Offered for \$2,464,000.



2749 WULFERT

Spectacular 3 bedroom 3 ½ bath furnished Villa Home in great location with lovely views of lake and 18th fairway of Sanctuary Golf Club. Courtyard entrance with separate mother-in-law suite. Dramatic great room featuring 15 ft. tray ceilings, crown molding, gas fireplace, & 8 ft. doors leading to brick terrace & pool area. Custom kitchen with granite island, 2 pantries, built in desk. Master suite features 11 ft. tray ceilings with crown molding, fire place, and oversized walk-in closet & luxurious marble master bath. 3rd bedroom is furnished as library. Offering carefree living with yard & pool maintained by association. Just steps to the clubhouse and tennis / fitness facility. Offered for \$995,000.



2735 WULFERT

On the 18th fairway of exclusive Sanctuary Golf Community, this stunning Golf Villa home overlooks a beautiful lake and brilliant sunset skies. Featuring over 4400 sq. ft. of living area with 4 bedrooms 5 baths plus a library / study, this very desirable property is exquisitely furnished and offers endless designer touches. Spacious kitchen features a prep island designed for entertaining. 2 fireplaces, lofted ceilings, built-in office/craft area in master, bookshelves and nooks throughout. The screen porch opens to the tranquil lanai, pool, and garden. The second story features 2 large bedrooms, 2 baths, and loft gathering area. Golf Villa homes include pool and yard maintenance. Offered for \$1,249,000.



NEW LISTING SUNSET CAPTIVA

Sunset Captiva is a wonderful village in the heart of "quaint downtown Captiva". Fantastic dining, live music on every corner, wonderful shopping, boating and water sports are all only a very short stroll yet privacy abounds in this unusually spacious 2 bed/2 bath bayfront condo in a 10 unit building. Ever changing bayfront views, deepwater direct access docks, oversized pool, 2 tennis courts, clubhouse, picnic areas and private beach access. It is easy to say "this listing has it all" but the Sunset Captiva Gulf to Bay Homeowners truly do. Stroll or golf cart (allowed in the Captiva Village) to a very fun, relaxing, tropical lifestyle. Offered for \$869,000 Contact Loretta Geiger 239-980-2298.



THE DUNES

This well appointed home features bamboo flooring throughout, 10 foot ceilings, crown molding, large master bedroom suite offering privacy with large closets, vanities, large jacuzzi soaking tub and more thoughtful touches. There is a large den and two guest bedrooms. Open up the French doors to the screened-in porch and go for a swim. The enclosed garage is large enough to store several automobiles with lots of storage. This home is beautiful and "built to code". Offered for \$849,000 Contact Connie Walters "Ms Listr" 239/841-4540 or Tracy Walters "Mr. Listr" 239/994-7975.



Visit our newest office location at
Sundial Beach Resort
1451 Middle Gulf Drive
239/472-1478

Serving the
Islands
Since 1975

BEACH RD. VILLA

The name, "beach road villas" says it all. Just a short walk or ride to the beach sands of the Gulf of Mexico. This East End complex consists of six town homes and their own private pool. The highlights of this home include recently remodeled kitchen and baths featuring stainless appliances, granite counter-tops, new cabinetry and more. Beautiful neutral tile throughout the living area including the lanai. Master suite upstairs includes a private bath, ample closets and a balcony overlooking the tranquil lake. Offered for \$349,000 Contact Brian Murty 239/565-1272.



LOGGERHEAD CAY #521

Look no further for the perfect vacation home or investment property! This ground level condo is located in the popular Loggerhead Cay complex and is only one unit back from the beach. Enjoy the sunsets and breathtaking views of the ocean. This 2/2 is tiled throughout and features updated bathrooms. Easy access to the pool and beach through the screened in lanai helps keep the sand and mess to a minimum! Offered \$615,000. Contact Tracy Walters "Mr. Listr" 239/994-7975 or Connie Walters "Ms Listr" 239/841-4540.



GULF HARBOUR

One of the very best locations in Mariposa with panoramic golf course and lake views and the community pool with picnic area and facilities conveniently located across the street. Easy access ground level with 3BD/2BA, beautiful great room and adjacent oversized fully enclosed L shaped porch, laundry room, pantry and 2 car garage. This home comes with a sport membership offering all the incredible facilities that Gulf Harbour has to offer. Offered for \$329,500 Contact George Kohlbrenner 239/565-8805 or Loretta Geiger 239/980-2298.



15500 COOK ROAD, FT. MYERS "THAT WAS THEN...THIS IS NOW..." UP AND COMING NEIGHBORHOOD

Rare opportunity to create a legacy property with 4.6 acres, riverfront into "THE EXCLUSIVE RIVERFRONT NEIGHBORHOOD." Current 1920s 5 Bedroom Residence and Guest House has been completely renovated to modern times! Royal Palm Lined Entrance. Offered for \$4,900,000 Contact LeAnne Taylor Suarez 239/872-1632.



SLEEK UPSCALE GATED COMMUNITY IN SOUTH FT. MYERS

6801 Stony Run has it all and more. Peaceful serene oversize lake front lot with room to stretch out, relax and enjoy Florida at its best. Tennis, boating, shaded family outings and golf all within easy access. Enjoy your private pool/hot tub while you watch eagles fly overhead. This spacious one floor 3 bedroom 3 1/2 bath home is professionally designed to flow from the family room, to the oversize eat in kitchen, formal dining room, office, den, king-size master bedroom and bath all surround by the sheltered screened enclosed pool and entertainment center. All this comfort and privacy, yet minutes from all Ft. Myers has to offer. Contact George Kohlbrenner 239/565-8805.



NEW LISTING- SUNDIAL SPECIAL

SUNDIAL G-104

If what you are seeking is a beautiful condo with resort style living on Sanibel Island for your personal enjoyment AND rental income then look no further. This fabulous pet friendly, remodeled 2 bedroom, 2 bath unit at Sundial Beach Resort has it all. Tile throughout, granite counter tops, washer/dryer, extra storage for bikes, all with easy access to the beach, pool restaurant and spa. This is a first floor unit just waiting for you. Offered for \$495,000 Contact Pat Powers 239/222-8992.

