Impacts Of New Reef Project With USS Mohawk

by Michael Heider

Humans have been altering their environment since the time of the hunter-gatherers. For the most part, this activity has been undertaken for the purpose of making the world safer and to provide easier access to food. The idea of altering the environment to make it better for the environment’s sake is brand new in terms of human history.

There is a currently a general discussion about the ecological benefits of artificial structures in locations with natural coral reefs. The notion is that they concentrate fish population in locations that are known to fishermen.

Since we do not have a natural reef in Lee County, the efforts to create artificial reefs create truly new housing for marine life.

The USS Mohawk will provide a multi-level environment for numerous species. A wide variety of reef fish at the top, which starts at about 35 feet; a zone which still has enough natural sunlight to support

continued on page 32
Visitor Tales From The Sanibel Historical Museum & Village

Throughout the Sanibel Historical Museum & Village’s seven buildings are binders inviting visitors to share their memories of Sanibel – as long-time residents, as visitors of many years, as students at the Old Schoolhouse or whatever moves them to record their Sanibel experiences. Loose-leaf pages (themselves a reminder of times past, having come into use around 1900) and pens are provided, and that’s all one needs to bring the past alive.

From an Orlando, Florida visitor: “I remember coming over on the ferry back in the early 1950s with our four children. It was a treat for them to drive to the old store and wait for it to open at 4 p.m. on Sunday afternoon so they could get a treat.”

From a Charlotte, North Carolina visitor: “I am a fourth generation islander. I was born at Lee Memorial in Fort Myers. My great-grandparents moved to Sanibel in 1952 when my granddad was 15. My granddad, James Pickens, ran Photo Sanibel for years (which is now the Island Bookshop) and my mom grew up here as well. I went to third grade and part of fourth at The Sanibel School. And this trip (2010), my boyfriend proposed on Captiva at sunset. Sanibel is a special trip (2010), my boyfriend proposed on Captiva at sunset. Sanibel is a special place for the Pickens family.”

From a visitor in April 2010: “My parents were married at Casa Ybel in 1947. We lived on the island until I was 18 months. My Uncle Jack, known as the ‘Old Goat,’ had a restaurant called Jack’s Place. He built a bomb shelter next to the restaurant. Uncle Jack’s wife was Gertrude. She helped him run the restaurant. My mother cooked at the restaurant at various times over the years. Jack and Gertrude had two daughters, Mary and Martha. Mary married Dewey Miller and Martha married Ralph Woodring. Esperanza’s son, Uncle Jack was retired from the Marines and was a martial arts expert.”

From a Springville, New York visitor: “I recall in the mid-1970s as a child exploring the end of Bailey Road where this building (the village’s Old Bailey Store) stood, not realizing the site was so filled with history. I remember some old pilings leftover from the ferry wharf, with a gull sitting on top. This was a scene my mother painted about then, one of the first of many over the years. I have fond memories of stays at the Island Inn, the beach, dining hall (dinner jackets) and the cheerful staff of those days (the Rushworths). I remember early conservation education with George Campbell, his easy way of teaching as he walked and how to observe the subtleties of nature. Remembrances become more dear with time. Thanks for your efforts with the museum.”

Read more about people’s experiences living on and visiting Sanibel at the Sanibel Historical Museum & Village. In addition, the Old Bailey Store contains copies of old newspapers, and just about all the houses have plenty of reading material explaining their history.

The Sanibel Historical Museum and Village is open from 10 a.m. to 1 p.m. Wednesday through Saturday through August 4, and reopens on November 7 with full days from 10 a.m. to 4 p.m. It is located at 950 Dunlop Road (next to BIG ARTS). There is handicap access to all buildings. Admission is $5 for adults 18 and over. Members and children under 18 are free. Become a member and enjoy unlimited visits, giving you a chance to experience all the museum has to offer. Single memberships are $25; family memberships are $50; and more levels are also available. For information, call 472-4648 during business hours.

One recent visitor to the museum remembers waiting with her four children for the old Bailey Store to open at 4 p.m. on Sundays so they could get a treat.

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Let food be thy medicine & medicine be thy food. – Hippocrates 460 BC
Sanibel Island Fireworks Night 2012
Wednesday, July 4th • 6pm to 9pm
Fireworks @ Dusk

Presented By:

A special thanks to our media sponsors:

Music by: Watch the fireworks in style!

Kids Games!

Pig Roast
Grilled Hot Dogs,
Hamburgers & Chicken!

Cotton Candy,
Ice Cream,
Soft Pretzels!

Pool Party!

Putting Competition &
Kids Contests!

$5 Parking

Bring the whole family!

Food & Beverage
Tickets for Sale
American Legion Post 123 News

On Sunday, June 24, the American Legion Post 123 for a barbecue chicken and ribs dinner from 1 to 8 p.m.

Every Wednesday, a meatloaf and mashed potato dinner is served from 4 to 9 p.m., with Marty Stokes & The Captiva Band playing the blues from 7 to 9:30 p.m.

Every Monday night, Post 123 hosts 9-Ball Pool Tournaments starting at 6 p.m. This week’s winner of the first match was Jack Desi Fish while Tom Schaner took second. The second match winner was Kevin Portoff while Dennis Bender came in second.

Texas Hold’em is played every Thursday at 7 p.m. and Saturdays at 4:30 p.m. New players are always welcome.

Every Friday, a six-ounce ribeye steak sandwich is on the menu all day. Other menu items include a half-pound burger. Stop in and check out the daily special.

Food is served every day and the public is welcome.

American Legion Post 123 is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m., located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

FSU Alumni July Fishing Tourney

The Florida State University Celebrity Fishing Tournament will be held on July 14 on Captiva with many celebrities, professional athletes and coaches coming to Southwest Florida for the weekend.

The tournament will raise money to give Southwest Florida high school seniors scholarships to attend FSU.

The Southwest Florida Seminole Booster Club and Seminole Boosters, Inc. will host the final 2012 Spring Tour with the first annual Celebrity Fishing Catch & Release Tournament on July 14 at ‘Tween Waters Inn. Organizers will bring in former FSU celebrities, athletes and coaches, said Robert Shearman, tournament chair. He said with more FSU celebrities committing all the time, the current list scheduled to appear includes:

• Gene Deckerhoff, longtime broadcaster of FSU athletics, former host of the Bobby Bowden Show and voice of the Tampa Bay Buccaneers;
• George McNeill, PGA golfer and winner of the 2012 Puerto Rico Open;
• Coach Jim Gladden, former associate head defense end coach;
• Bill Ragans, defense back 1986-89;
• Rick Tuten, 11 season NFL career punter with Philadelphia, Buffalo, Seattle and St. Louis;
• Stan “The Hit Man” Shiver, best pure hitter at FSU during his reign;
• Holly Kelly Thompson, former FSU six-time All-American high jumper;
• John Frady, former FSU center;
• Barry Smith, former American football wide receiver and Green Bay Packer’s first round draft pick of the 1973 NFL;
• Thad Busby, one of the most successful quarterbacks in FSU history and named ACC Offensive Player of the Year (1997); and,
• Marcus Outzen, former quarterback who, as a sophomore quarterbacked the Noles to a dramatic victory over Florida in 1998.

The weekend will kick off with all anglers gathering for a captains meeting on July 13, followed the tournament on Saturday, July 14, and will conclude with an awards dinner and program. Spouses, friends and FSU alumni are welcome to attend the dinner program and hear from attending celebrities at a cost of $50 per person, anglers are admitted free.

For more information, contact Shearman at 344-1346 or email him at robert.shearman@henlaw.com.

Main tournament sponsors are Golden Boat Lifts and Stokes Marine. For more information on the tournament, sponsorship opportunities and to register, visit: http://swflseminoles.com/events.htm.
Workshops Offered At FISH Walk-In Center

FISH (Friends In Service Here) of Sanibel has announced its upcoming lineup of free workshops offered at the Walk-In Center, 1630 Periwinkle Way, Unit B on Sanibel:

- Alvin Dubin Center Memory Screening – Wednesday, June 27 from 3 to 5 p.m.
  A no-cost memory screening with the Alvin Dubin Center social worker Jess McDonald. Call Christine at 472-4775 to reserve a 20-minute individual time slot.

- Mom & Toddlers Group (open to all islanders) – Monday, July 9 and Monday, July 30 from 10 to 11 a.m.
  All island moms of children birth though age five are welcome, either alone or with their children. It is a time for fun, refreshments, learning and sharing with other moms and their children. Participants work together to research and organize new topics of discussion, introduce interesting speakers and maintain regular get-together times. This group is sponsored by FISH, Healthy Start of Lee County and the United Way of Lee County.

- Cooking With Kids – Thursday, July 16 from 6 to 8 p.m.
  This is the third workshop run for FISH by the Lee County Home Extension Services. Open to the whole community, this free workshop is for children of all ages and their parents/guardians. It includes a live cooking demonstration and nutrition education. Celia Hill, family and consumer sciences agent from Lee County Home Extension Service, offers a cooking demonstration with kids. Using foods found in the FISH Food Pantry, Hill and her team will demonstrate how to cook tasty, healthy meals to feed an entire family. This session will see kid-friendly foods cooked from the food pantry and participants will get to taste the delicious and nutritious meals.

  To reserve a space for this session, call Christine at 472-4775.

- Medicare, Medicaid and Health Insurance Questions (open to all islanders) – Wednesday, July 23 from 10 a.m. to noon
  FISH will be sponsoring a SHINE Workshop.
  SHINE is a free program offered by the Department of Elder Affairs in partnership with the local Area Agency On Aging. Jo Marshall, a specially trained SHINE volunteer, has more than 10 years of experience assisting with Medicare, Medicaid and health insurance questions by providing education, a group question time as well as time to answer questions on an individual basis. SHINE services are free, unbiased and confidential.

  To sign up or to request more information, call Christine at 472-4775.

On Wednesday, July 4, Sanibel Community Church will be hosting a pancake breakfast to benefit the Sanibel campus of Summit Christian Preschool.

From 7 to 9 a.m., the community is invited to enjoy a hearty All-American breakfast prior to the parade along Periwinkle Way. All donations accepted will support the preschool located at Sanibel Community Church, 1740 Periwinkle Way (next to Jerry’s Supermarket).

To advertise in the Island Sun Call 395-1213
Community Panel Meeting Cancellation

At its June 12 meeting, the Captiva Community Panel voted to cancel the Tuesday, July 10 meeting since it appeared unlikely there would be a quorum and no pressing items were foreseen.

The next panel meeting then will be held on Tuesday, August 14 beginning at 9 a.m. in the Cone Rooms in Chadwick’s Square at South Seas Island Resort. Please send in any agenda items no later than August 1 if you want them to be included in the August 14 agenda.

For more information, call Ken Gooderham at 489-2616 or send a fax to 362-9771.

San-Cap Optimists Offer Scholarship

The Sanibel-Captiva Optimist Club is offering a four-year college scholarship of $1,250 per year to one successful applicant. The applicant must be a recent graduate from a high school in Lee County, and apply to the Optimists according to the procedure spelled out in the three forms available on their website, located at www.sancapoptimist.org.

Attention to detail, supporting information, a personal statement of objectives, personal recommendations, etc., all presented in a straightforward manner are important inputs to the Optimists’ committee for final selection.

The deadline for receiving applications is Wednesday, June 27. The award is expected to be announced by July 11.

The San-Cap Optimists are again sponsoring the very popular 4th of July Road Rally.

Artistic Director Of Herb Strauss Theater Departs

On Monday, BIG ARTS announced the resignation of Justin P. Cowan, artistic director of BIG ARTS Herb Strauss Theater.

“We are very grateful to Justin for his two years of leadership of our new theater program following its transition to BIG ARTS. He has done a great job for us and we are all proud of the theater’s programming of the past two years,” said Chuck Bonser, president of BIG ARTS board of directors. “We wish Justin all the best.”

Bobby Logue, stage manager and volunteer coordinator at the Herb Strauss Theater, will serve as acting theater manager during the transition to new leadership.

BIG ARTS Herb Strauss Theater is Sanibel’s only professional musical theater and offers Broadway caliber talent in an intimate atmosphere. The 160-seat theater is located at 2200 Periwinkle Way on Sanibel.

For more information on all BIG ARTS programming, go to www.BIGARTS.org or call the Marks Box Office at 395-0900.

Nature Center Closing June 28

There will be a Turtle Tracks program at SCCF on Thursday, June 28 at 10 a.m. but otherwise, the Nature Center, exhibits and trails will be closed to the public for one day, June 28, because of a special meeting.

The Native Plant Nursery will remain open on June 28.

Nature Center exhibits and trails will re-open on Friday, June 29 from 8:30 a.m. to 3 p.m.

Both the Nature Center and Native Plant Nursery will be closed on Wednesday, July 4 for the holiday.
KATE KENNEDY MORAN

Kate Kennedy Moran was born in Naples on April 10, 2012 and is a welcome visitor to Sanibel. Her parents are Kyle and Samantha (Kennedy) Moran of Naples. New mom Sam was born on Sanibel and attended The Children’s Education Center of the Islands, Sanibel Elementary School and met new dad Kyle at The Canterbury School. Sam and Kyle were married at The Sanctuary Golf Club in 2008. Very happy grandparents are Elise and Rick Kennedy of Sanibel and Anne and Ray Moran of Bonita Springs.

BIRTH ANNOUNCEMENT

Christine and Ray Judah

Captiva recently welcomed Lee County Commissioner Ray Judah and his wife Christine to the island. Happy anniversary!

Strickland, in her second novel, effectively combines the earnestness of Frank Capra’s *It’s a Wonderful Life* with the didactic voice of *The Secret*. With its timely, relatable story peppered liberally with pop-culture references and religious conviction, Strickland’s novel should strike a chord with readers who will relate to Annie’s struggles and search for a happier future. A lesson in faith and the power of positive thinking, all nestled within a satisfying story.” - *Kirkus Reviews*
by Barbara Joy Cooley, president, Committee of the Islands

It is turning out to be a good year for the will of the people on Sanibel. First, as Larry Schopp described in his April 13, 2012, commentary, Close Call for the Will of the People, the People’s Choice Charter amendments survived due to a state legislative amendment to the Community Planning Act that was passed and signed into law on April 6.

And now, the JN “Ding” Darling Alternative Transportation project has been changed due to citizen input, or rather, outrage about earlier, draft proposals to bring circulating buses onto Sanibel.

On April 8, 2011, I published a commentary called Buses preferred on Sanibel? Preferred by whom?, about those earlier proposals. Subsequently, on April 13, 2011, Sanibel citizens turned out in force at a public meeting about the alternative transportation plan to voice their objections to the circulating buses.

Because citizens spoke out, the plan has been substantially revised over the past year to eliminate the circulating buses, and to focus instead on projects that will enhance pedestrian and cyclist experiences in the wildlife refuge.

The revised plan was presented to the citizens of Sanibel at an open house on March 29, 2012. Then City Council heard a presentation about the revised plan at its June meeting. Details of the plan can be viewed on the website www.dingdarlingtransportation.com

It took years for the voice of the people to be heard in the planning for this project. At the Committee of the Islands, we began speaking out about it in January of 2008, when this transportation “study” was in its earlier stages. We are still disappointed that the data collection that was promised in the early stages of the project never happened, despite the nearly $2 million in taxpayers’ dollars that have been spent.

However, we are satisfied that the proposed plans now more closely adhere to the goals of protecting the environment, optimizing refuge visitor circulation, and improving bicycle and pedestrian connections.

Congratulations, Sanibel. You’ve been heard.

To read our past commentaries on island issues, please visit our web site at www.coti.org. We invite your input on this and other issues affecting our islands. You can send us an email at coti@coti.org, or visit Committee of the Islands on Facebook. ☞

The People Prevail – Again

Voter Registration Deadline July 16

As part of its ongoing efforts to get out the vote, the League of Women Voters of Florida wants to remind voters that the deadline to register to vote in the August 14 primary election is July 16.

“Florida’s primary election has never been held this early. Given the changes in the state’s elections laws, the league encourages Florida voters to call their local supervisor of elections to check their voter registration status and, if necessary, update it,” said Charley Williams, LWVF voter services chair. This is particularly important for voters who have recently moved or changed their name. If you plan to vote by mail, call your supervisor to renew your vote-by-mail request and make sure your ballot arrives in time for the election.

In addition to its BeReadyToVote.org website, LWVF has also partnered with Microsoft to offer smartphone users a quick and simple way to connect to their supervisor’s office. The league has created a unique smartphone tag that, when scanned, connects voters to a mobile website where they can access the Florida Division of Elections database to check their voter status.

For more information about the upcoming elections and voter registration, visit www.BeReadyToVote.org. Spanish speakers can visit www.VamosAVotar.org. ☞

Counselor In Training Program

The City of Sanibel’s Counselor In Training (CIT) program, offered at the Recreation Center, is a junior level professional development opportunity for teens entering ninth and 10th grade who are interested in working with children in a recreational day camp setting.

This is a special leadership program designed to prepare teens to become a camp counselor. CIT students will gain valuable work experience, earn community service hours and required school credit all while making new friends.

There is an application that must be completed and returned to the City of Sanibel Recreation Department for review and approval. The application can be picked up at the Sanibel Recreation Center’s front desk.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com. ☞

To advertise in the Island Sun Call 395-1213

VOTER REGISTRATION

July 6 is the deadline to register to vote in the August 14 primary election.

Register at www.sos.state.fl.us

FIND THE✔ of JULY!

GET READY FOR THE 4th OF JULY!

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Island Inn Sponsors 4th Of July Fireworks

The Island Inn announced that it has taken a Silver Sponsorship to support the 4th of July Fireworks, organized by the Sanibel & Captiva Islands Chamber of Commerce.

The historic Island Inn has been hosting guests who celebrate the 4th of July holiday with family and friends for more than 100 years. So when the inn’s management learned that money was needed to ensure a traditional 4th of July fireworks event could take place, they were happy to step up to the plate.

“The 4th of July celebrations at the Island Inn are a tradition themselves,” said Chris Davison, general manager at the Island Inn. “When we heard that funding was needed to ensure Sanibel would host a spectacular fireworks show, we did not hesitate, and the Island Inn became a Silver Sponsor of the event.

We have guests plan their visit for months or years ahead of time, and the fireworks show is an integral part of their vacation experience. Guests love spending their 4th of July on the beaches of Sanibel, appreciating the old Florida charm and attending Sanibel’s 4th of July parade. The fireworks show is a big part of our guest’s Independence Day celebrations.”

The fireworks, which will begin at dusk, will be launched from the foot of Bailey Road on the bay side and is expected to draw an even bigger crowd than last year. The display will be managed by the Zambelli Brothers.

The Island Inn staff gets in the mood to celebrate their silver sponsorship of the 4th of July fireworks on Sanibel.

Share your community news with us. Call 395-1213, Fax: 395-2299 or email press@islandsunnews.com

AMERICAN LEGION POST 123 - SANIBEL
BBQ RIBS & CHICKEN
SUNDAY, JUNE 24th • 1-8pm
WE’RE BACK AT IT AGAIN!!!

Whichever You’re Hungry For - Ribs or Chicken
(with tater salad & baked beans, of course)!
Your Choice - $12

FOR MORE INFO PLEASE CALL THE LEGION
472-9979
4249 Sanibel-Captiva Road (Mile Marker 3)
COME ENJOY THE FOOD & DRINKS!

Please Join Us
Sunday, June 24th from 1-6 pm
For An Event To Benefit
The Family of Lilly DeJesus
Hosted by The Clarion Restaurant & Tiki Bar
(formerly Sam Seltszer’s)
12635 S. Cleveland Avenue, Fort Myers
Local Musicians Are Joining Together
for Family Friendly Live Music
Food • Silent Auction • Raffle Items • 50/50 Raffle

Six year old Lilly DeJesus battled Neuroblastoma for over 10 months and lost her fight Sunday, June 10th. She underwent numerous surgeries, chemotherapy, radiation and a bone marrow transplant. Her family has incurred staggering medical bills, have lost their home due to poor air quality that Lilly could not reside in and Zeke, Lilly’s Dad, lost his job during this time as well.

Local musicians have decided to come together and raise funds to help this family out!
There will be food (proceeds to benefit the family) a silent auction, raffles, some entertainment for the kids and of coarse MUSIC!!

If you wish to donate a product or gift certificate please contact Megan Kuzyk at 239-218-6347

If you cannot attend but still wish to donate please make a donation at any Regions bank under the name Lilly De Jesus or through PayPal on her fundraising page.
Rotary Happenings
submitted by Shirley Jewell

Good day mate! Well, that’s how we expect a Rotarian, Adair Heath to greet us when he was called to the podium to speak to our Rotary Club, at the last meeting. Heath was to give us some insight into who he is and his journey through life, up to this point. The expectation of hearing some Australian slang came from the fact that he and his wife Carol had lived and worked in Australia from 1996 to 2008.

He was born in Atlanta, Georgia, went to Emory University, New York, for three years and transferred to Stanford University, California, where he received his BA and MD and then back to New York for an internship in Adult, Child-Adolescent Residency Training at Albert Einstein College of Medicine, Bronx, from 1964 to 1969. He then took on the responsibility of Director of Child and Adolescent Psychiatry from 1970-96.

But then he sort of took us in a different direction than we expected. He, his wife and his two sons moved to Maine. They got into organic gardening and growing their own vegetables, storing them in the root cellar. They cut and stacked their firewood for the woodstove. Heath wasn’t into hunting or skiing but he liked outdoor time in the winter. So he and a group of his guy friends decided the main art of winter camping, was for them. The outdoor adventure started with 12 guys and although now down to a precious few, they still enjoy climbing into their mummy sleeping bags and enjoying this invigorating pursuit. Heath didn’t confess to any particular reasoning for these adventures except for the challenge and camaraderie.

Whatever it was, for these friends it’s a pleasant, challenging experience.

Whatever it is, he makes time in his schedule to continue joining his friends every year for a few nights in the middle of winter for this most unusual activity.

Switching gears again for another directional shift in his life story, Heath went on to the more serious side of his life. He became the first Certified Director of Child and Adolescent Psychiatry for the State of Maine. He developed a training program for this medical specialty but through the years this profession saw a lot of changes. State mental health hospitals were being closed and drugs became the answer rather than other avenues of treatment. There was a cost shift from state government to federal government for services in mental health. Insurance companies had become the decision-makers on the time the doctors could spend with patience. Roll them in, roll them out… 15 minutes per patient. Children and adolescents needed better treatment and this wasn’t being recognized. Heath needed a change to invigorate himself (he was getting discouraged with the system) and when an offer came to take a position in Australia, he decided now that the children were grown, it was time for a move.

Waltzing Matilda, Waltzing Matilda... off to Hobart, Tasmania. He served as the director of Child and Adolescent Psychiatry in Hobart from 1996-98. He was director of in-patient child and adolescent Psychiatry in Brisbane, Queensland in 1999-2008, and surveyor for the Australian equivalent of the Joint Commission, accrediting hospitals and out-patient units on safety and quality of care across all Australia.

He mentioned that Australia has a universal healthcare system, although some individuals still opt to pay for their own personal healthcare needs. He and his wife seemed to blossom in Australia, becoming more native than some of the natives. But eventually they realized it was time to come back to the states to be near the grandchildren.

Heath has worked on a part-time basis here in Lee County over the last few years and currently sits on the board of FISH on Sanibel.

The speaker at next week’s meeting will be Rotarian Alex Werner, president of the Sanibel Historical Museum and Village. He will be speaking about his recent trip to Cuba.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at Bistro At Beachview, 1100 Par View Drive. For further information regarding the Sanibel Rotary or Rotary International, call 337-1099.*

Read us online at IslandSunNews.com

$25K Donation Made To Heights Foundation By San-Cap Rotary

The Rotary Club of Sanibel-Captiva recently made a $25,000 donation to the building fund for The Heights Foundation’s Cultural Arts & Community Center. The gift is one of several recent donations that finish the capital campaign to complete construction of the $5.7 million building. Construction will resume in early July. When complete, The Heights Center will be a place for all residents of Harlem Heights to gather and grow. Education, opportunity, health and wellness, and access to the arts will create pathways for self-sufficiency and community development.

“Many of those who live in the Harlem Heights are the backbone of service workers on Sanibel and Captiva Islands,” said John Grey, incoming president of the Rotary Club of Sanibel-Captiva. “Community service is one of the major activities which Rotarians undertake to improve the quality of life in their community. We believe in helping our neighbors build a better life for their families.”

The Heights Foundation is a 501(c)3 grassroots organization that works to build strong, self-sufficient families in the Harlem Heights neighborhood. The Foundation’s mission is to promote family and community development, support education, health and wellness, and provide the benefits of enrichment, expressive and cultural arts.

“We are most grateful to this outstanding community organization. Because of their support, we will resume construction of the building in early July,” said Kathryn Kelly, Heights Foundation founder and executive director.

Harlem Heights was originally settled as a rural agricultural community. Approximately 1,200 children live in a mixture of single-family homes and multi-family apartments. Families are not able to easily access family support services located in downtown Fort Myers, and benefit greatly from programs located within the neighborhood.®
San-Cap Lions Invest $5,000 For Vision Equipment

For the past three years, the Sanibel-Captiva Lions have screened several hundred Sanibel adults for glaucoma, hearing, blood pressure and diabetes and more than 100 Sanibel pre-schoolers for vision, hearing and BMI (Body Mass Index).

“During that time the Lions screening team have referred many adults and children for further examination due to suspected glaucoma problems, elevated blood glucose and/or pressure levels or hearing loss,” said Tom Rothman, who heads up the team.

The equipment that the screening team had been using over the years had to be borrowed from other Lions organizations in Lee and Collier counties and limited some of the screens needed. But three years ago, the Sanibel-Captiva Lions began investing some of the proceeds from their many fund-raising activities into screening equipment. The first involved devices for measuring blood pressure and equipment to check blood glucose as well as certification training for team members.

Just this month, the Sanibel-Captiva Lions invested $5,000 in a Visual Fields Tester, a very sensitive piece of equipment that checks peripheral vision, the loss of which is a primary symptom that damage caused by a disease like glaucoma has taken place.

Last year, the Sanibel-Captiva Lions invested $4,800 in an air-puff tonometer for measuring eye pressure, a predictive test that is an indicator of possible future damage from glaucoma.

Two years ago, the Sanibel-Captiva Lions invested $3,600 in an EroScan, a device for screening hearing. Because it does the screening automatically using otoacoustic emissions, it is especially useful for children. Since no response is necessary, children as young as six months can be successfully tested.

“These screens have been chosen because the problems are insidious,” stated Rothman. “A person can live with diabetes or glaucoma or high blood pressure for many years before actual symptoms become so severe that they are finally noticed. By then, irreversible vision or other damage may have occurred and without treatment, blindness is possible.”

“This is most definitely money well spent,” he added.

Other members of the screening team are Bruce Avery, Jim Graham, Tom Krekel, Dr. Phil Marks, Susie Marks, Dr. Kurt Peters, Dr. Nilou Peters, Bill Sartoris, Dick Travis and George Veillette.

For more information about the Sanibel-Captiva Lions Club, email alionbob@comcast.net.

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Peanut Butter And Jelly Month

What do most kids say when asked what they want for lunch? “Please give me a PB&J sandwich.” With a dwindling supply available to area food pantries, during June, St. Michael and All Angels Episcopal Church on Sanibel is collecting donations of peanut butter and jelly.

This food drive will ensure nourishing lunches for many children in South Fort Myers who are out of school for the summer. The stack of peanut butter and jelly in the church has been growing rapidly with over 200 jars collected to date. As the donations pile up there is excitement knowing that the nearly empty shelves at the South Fort Myers Food Pantry will soon be restocked.

The pantry, affiliated with the Harry Chapin Food Bank, opened in 2008 and is located at Cypress Lake Presbyterian Church in Fort Myers. It is a coalition of 12 area churches and organizations which together provide volunteer work, food, and financial support. Open every Monday morning and evening, it provides canned goods, meat, and fresh produce for over 100 families a week. A new permanent food pantry building, under construction at the rear of the church, will open soon.

St. Michael and All Angels Episcopal Church is located at 2304 Periwinkle Way on Sanibel. Donations can be dropped off on the tables in the chapel or the church office.

Rev. Dr. Ellen Sloan and Michael O’Brien

Church Officials Elected To Statewide Office

Three delegates, the Reverend Dr. John H. Danner, the Reverend Deborah Kunkel and Dr. Fred Gobel, all from the Sanibel Congregational United Church of Christ – attended the 2012 annual meeting of the Florida Conference of the United Church of Christ held in Vero Beach the weekend of May 4 and 5. The Florida Conference of the United Church of Christ is comprised of one hundred churches throughout the state.

The keynote speaker for the meeting, the Rev. Brian McLaren, addressed the gathered representatives on the future of the Christian church. McLaren, author of several books, most recently, Naked Spirituality, based some of his remarks on a passage from the Acts of the Apostles. In addition to McLaren’s remarks, the delegates attended a number of workshops ranging from Ministry with Youth to Ministry with Seniors.

Various Episcopal Church items filled the meeting’s agenda, including a resolution dealing with the Stand Your Ground Law. A budget for the upcoming fiscal year was adopted and officers and board and committee members were elected.

Among those newly elected to serve at the state level were two members of the Sanibel congregation. Peg Hult, a lay member and chair of the congregation’s membership committee, was elected to serve on the Florida conference board of directors, and Dr. Danner, the congregation’s senior pastor, was elected to serve on the Florida conference committee on church and ministry (the credentialing body of the conference). Hult and Danner, join another church member already serving at the state level, the Rev. Tom Brenner, who is on the committee on church and ministry.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way on Sanibel. Call 472-0497 for more information.
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**Zonta Club Of Sanibel-Captiva Inducts Newest Member Senerat**

Submitted by Dalia Jakubauskas

The Zonta Club of Sanibel-Captiva welcomed new member Vasanta Senerat into its ranks at a recent induction ceremony.

A certified public accountant, community activist and full-time Florida resident, Senerat was born in Sri Lanka and has lived in Fort Myers since 1988. A graduate of the University of Minnesota, Senerat is owner of public accounting offices in Fort Myers and Sanibel.

She is currently treasurer at the Bailey-Matthews Shell Museum on Sanibel, was a board member for Southwest Florida Addiction Services, one of Zonta’s service partners, and was an ambassador to the Sanibel & Captiva Islands Chamber of Commerce.

The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to strengthen women’s lives on the islands, in Lee County and around the world through Zonta International.

For additional information, visit www.zontasancap.com.

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**Museum Welcomes New Senior Assistant Director**

The Bailey-Matthews Shell Museum announced the appointment of Jennifer Hoerl as its new senior assistant director for operations and administration. A native of Baltimore, Maryland, Hoerl recently relocated to the Fort Myers area from New York City, where she worked for three years as director of finance for Turnaround For Children, a nonprofit agency that aims to fulfill the promise of public education by helping low-performing public schools serving socio-economically challenged populations.

A graduate of the University of Maryland University College, Hoerl holds a bachelor’s degree in Business Management. She began her career at the National Science Foundation in Washington, D.C., where she worked in the Office of the Inspector General as an auditor. Her professional trajectory includes work as an examiner for the National Credit Union Administration and Chief Financial Officer (CFO) for the APL Federal Credit Union. Before her stint at Turnaround, she worked as finance director for ONE Campaign, the grassroots advocacy and lobbying organization founded by Bono of U2.

Hoerl relocated to Southwest Florida to follow her spiritual path and purchased a home in Estero before landing the position with the Bailey-Matthews Shell Museum.
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Winner - Taste of the Islands
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Still head and shoulders above the rest!
McKenzie and Caroline McNeil of Windermere, Florida found a horse conch and alphabet cones while shelling at Blind Pass on June 15.

McKenzie and Caroline McNeil show off their shell finds

The Ferguson family, on Sanibel for a summer vacation from southern Georgia, recently visited the Bailey-Matthews Shell Museum; the family received free entrance as a part of the museum’s participation in the Blue Star Museums program.

Jeff and Noelle Ferguson are both active U.S. Air Force and they told shell museum staff how great it is to have this program for the summer. Their daughters, Kristana, 8, and Chloe, 7, spent hours in the Great Hall of Shells identifying shells on the museum scavenger hunt, an interactive activity that provides educational information about the shells and mollusks (the animal that makes the shell). Each complete scavenger hunt results in a free prize at the end of the visit to the museum.

The Bailey-Matthews Shell Museum is one of more than 1,500 museums across America to offer free admission to military personnel and their families this summer in collaboration with the National Endowment for the Arts, Blue Star Families and the Department of Defense. Leadership support has been provided by MetLife Foundation through Blue Star Families. A complete list of participating museums is available at www.arts.gov/bluestarmuseums.

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Shell Museum Earns Accolade From Travel Site

The Bailey-Matthews Shell Museum has received a TripAdvisor Certificate of Excellence award. The accolade, which honors hospitality excellence, is given to establishments that consistently achieve outstanding traveler reviews on TripAdvisor.com, a worldwide travel site.

To qualify for the certificate, businesses must maintain an overall rating of four or higher, out of a possible five, as reviewed by travelers on TripAdvisor. Additional criteria include the volume of reviews received within the last 12 months.

“We strive to offer our visitors a memorable experience, and this accolade is evidence that our hard work is translating into positive traveler reviews on TripAdvisor,” said Dr. José H. Leal, director of the Museum.

“TripAdvisor is pleased to honor exceptional businesses for consistent excellence, as reviewed by travelers on the site,” said Christine Petersen, president of TripAdvisor for Business. “The Certificate of Excellence award gives highly rated establishments around the world the recognition they deserve. From exceptional accommodations in Beijing to remarkable restaurants in Boston, we want to applaud these businesses for offering TripAdvisor travelers a great customer experience.”

Shell Found

Rachel Krusenklaus

On June 12, Rachel Krusenklaus of Richmond, Virginia, found an alphabet cone on the beach near Jamaica Drive while staying on Captiva.

Annette Lamp

Annette Lamp of Hesston, Kansas, found an alphabet cone on June 12 while shelling with her daughters, Katherine and Elizabeth, as well as her best friend, Marty. She found it in the water on the Sanibel side of Blind Pass. She said finding the shell was the “icing on the cake” for their weeklong birthday celebration on the island.

Our email address is press@islandsunnews.com
The Bailey-Matthews Shell Museum is hosting three university students as summer volunteers – Ana Larson and Zachary Hammond, both from Florida Gulf Coast University, and Grant Miller from Purdue University.

Larson, who will continue her studies in Marine Science at FGCU this fall, is a native of Cape Coral. She plans to spend her summer helping to classify and access shells into the museum’s collections. She has a strong interest in marine biology and is considering her career options as she works with other volunteers from the museum.

Miller, originally from Plainfield, Indiana, studies biology at Purdue University. He and his family frequently visited Sanibel for vacations and his interest in biology led him back to volunteer for the month of June at the shell museum. Like Larson, Miller will work with the collections and help with the classification of collection holdings.

Hammond, a senior studying Marine Science at FGCU, is also interning with the museum for the summer. The Bailey-Matthews Shell Museum board, staff and volunteers are all engaged in ensuring that all of these valuable young volunteers get a great educational experience during their summer on Sanibel.

Taste Of Lee Tropical Fruit Festival Returns

Sponsored by the UF/IFAS Lee County Extension & Caloosa Rare Fruit Exchange, the Taste Of Lee Tropical Fruit Festival will be held on Saturday, June 30 from 9 a.m. to 2 p.m. at the First Baptist Church of Fort Myers, 1735 Jackson Street in Fort Myers.

The event will feature free tasting tables of locally grown fruits and vegetables and freshly caught seafood. Lots of exotic fruits will be on display. Farmers and fishers will bring their edibles for sale including cheese, honey, herbs, fruits, vegetables and seafood. Tropical fruit trees and herbs will be offered for sale.

In addition, classes on food preservation, edible natives, growing tropical fruit trees and more activities will be a part of the festival.

Admission is $1 per person, with children under 12 free. The Speakers’ Series is an additional $1 per class. No pre-registration is required; pay at the door.

For more information about the Taste Of Lee Tropical Fruit Festival, call 533-7513.

Shells Found

Karen Carlyle of Winder, Georgia found both a junonia and an alphabet cone north of Tarpon Beach Condos while staying on Sanibel on June 14. She found them with her husband, Jeff.

Share your community news with us.
Call 395-1213, Fax: 395-2299
or email press@islandsunnews.com
### SUMMER SCHEDULE

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<td><strong>FAMILY GOLF</strong></td>
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<td><strong>SUNDAY</strong></td>
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<td><strong>ROUND ROBINS</strong></td>
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<td><strong>FRIDAY</strong></td>
<td><strong>POINTS GAME</strong></td>
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<td>5pm-6pm Flight Taste a Series of Three Featured Wines Only $15</td>
<td>3pm-5pm Courts for Adult, Kids and Family Play</td>
<td>5:30pm Play Golf or Tennis and End with Nightly Cash Prizes and a Themed Buffet</td>
<td>5pm-7pm Kids Eat and Play for Pennies at The Dunes Pool</td>
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<td>Half Off Well and $15 Wine Flights</td>
<td>Half Off Well and $5 Cosmopolitans</td>
<td>Half Off Well and $5 Calls</td>
<td>Half Off Well and $5 Daiquiris</td>
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Monday through Friday - Golf, Tennis, Team Sports, Arts and Crafts and Pool Play

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**GOLF CLINIC**

4:30pm-5:30pm

**JUST FOR KIDS GOLF CLINIC**

4pm-5pm

**ROUND ROBIN**

9:30am-11:30am

**GOLF CLINIC**

9am-10am

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Fish The Beaches For Best Variety

by Capt. Matt Mitchell

Sight fishing for snook out along the beaches was a good bet this week. Strong east winds made the beach the calmest place to be once you made it out through the passes. Fishing from Blind Pass north to Johnson Shoals, schools of snook were easy to spot cruising right up against the sand. Live shiners thrown out in front of the cruising fish caught snook after snook. Most are around 24 inches and a blast to catch-and-release on light tackle. Along with the snook on the beach there are also lots of keeper-size trout. Often the snook and trout are mixed in together or at least close together. The very north end of Sanibel, basically just the last mile or so before Blind Pass, has been a good area to get in on the action from the shore.

Redfish action in the sound during the mid-morning high tides made for smiling faces most of the week. With the live shrimp of summer getting so small, I switched it up and bought a few five-pound blocks of frozen jumbo bait shrimp. After hitting a spot with cut bait and pinfish, it sometimes takes a shrimp to get that redfish bite going. These shrimp are a little soft to fish whole, so I will pull the head and tail off them then hook the shrimp on a jig or popping cork set-up. Pulling a few heads and tails off at a time makes for great chum if you throw it up under the trees with a wiffle ball bat. Often these jumbo bait shrimp will fire off the redfish bite when nothing else will.

Tarpon fishing this week was all about covering lots of ground to find the fish. Most of my tarpon trips this week involved running to the beaches of Cayo Costa to find consistent numbers of these game fish. Tarpon in the bay have been very scattered, even though the water quality in the bay is 100 percent better than it was the previous week. It just seems to me we simply do not have all the bait in the bay that holds these tarpon in one place for long.

Once north of Boca Grande Pass out on the beaches at what is referred to as The Alamo, the water looked like the Keys with lots of rafts of threadfins and huge schools of daisy-chaining tarpon everywhere. This clear water had visibility to at least 12 feet and was a night and day difference compared to the water just at the northern tip of Cayo Costa. These schools of tarpon in close to the beach on Gasparilla Island are almost impossible to get to a bait though as they are very close to spawning and not really interested in food at all. After following chairs of fish for what seemed like hours, we still could not get one to eat.

A mile or so east inside Boca Grande Pass, things were a little better. Huge schools of tarpon were all over “the hil,” coming up and rolling 50-plus fish at a time. Throwing live threadfins and crabs into these fish did give us a few hook-ups.

This area inside the pass does not get as congested as the popular holes in the pass. I very seldom make it this far up north to tarpon fish, but when the fish are there and not in the usual places to the south, it’s what you have to do. Running 60 miles on a tarpon charter this week was the norm.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.
We’re Seafood Savvy, are you?

YOUR LOCAL SEAFOOD SAVVY RESTAURANTS AND MARKETS:

<table>
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<th>Sweet Melissa’s Cafe</th>
<th>Bailey’s Market</th>
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<td>Doc Ford’s Sanibel</td>
<td>The Timbers Restaurant and Fish Market</td>
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<tr>
<td>Rum Bar and Grille</td>
<td>Traders Store and Cafe</td>
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<tr>
<td>Lighthouse Cafe</td>
<td>The Island Cow</td>
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“There are plenty of fish in the ocean”

You may think so, but the reality is that our oceans are being overfished. The choices we make today will determine the fate of tomorrow’s seafood.

The goal of Seafood Savvy is to help ensure that we have seafood for the future by educating consumers, chefs, restaurant and market owners about Ocean-friendly seafood.

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Here’s what you can do to help protect our Gulf waters and ensure that we have fish for the future:

- Visit your local Seafood Savvy Restaurants and Markets supporting Ocean-friendly fishing and environmentally responsible aquaculture
- Ask your server or counter person which items are sustainable choices
- Visit Seafood Savvy at SeafoodSavvy.org and see the initiatives that are being taken to protect our oceans and future seafood
- Download and use the Seafood Watch mobile app by Monterey Bay Aquarium, a Seafood Savvy partner, which can help you buy sustainable fish when you are shopping or dining out. (App is available in the iTunes App Store and Android Market)

Seafood Savvy is an initiative of the Sanibel-Captiva Chapter of START, supported by funds raised from the San-Cap Cracker Fest.
**Papaya**

*by Gerri Reaves*

Papaya’s (*Carica papaya*) structure brings to mind the native cabbage palm: a crown of large leaves atop a tall smooth bare trunk.

The flowers and fruit that cluster near the top amid the leaf umbrella are pear-shaped or spherical, smooth-skinned and green to dull yellow-orange in color. The wild fruit is much smaller than commercially-grown fruit. Cultivars from Hawaii and Mexico are common in U.S. grocery stores.

Papaya flourishes as a weed in South Florida and actually is a large herb, not a tree. It is considered native by some plant scientists and naturalized by others.

It can reach more than 30 feet tall. The soft trunk contains a milky sap.

The beautiful evergreen leaves are up to two feet across and have an intricate shape, resembling large-scale lacework. Seven- or nine-lobed, they are deeply palmated— all veins radiating from the same point on the hollow stem. In turn, the lobes subdivided.

The funnel-shaped creamy flowers are about two inches long with five petals. They bloom all year round, so the plant produces the melon-like fruit throughout the year too.

To produce the best fruit, papaya needs sun, fertile well-drained soil, plenty of moisture, and protection from the cold. Plant this somewhat sensitive plant where it will be protected from wind. Papaya is susceptible to a number of pests. Planting several specimens is advisable, since male and female flowers occur on separate plants. Fruit usually occurs only on bisexual or female plants.

It is fast-growing and rather short-lived, so keep a round of plants going.

It’s not only the creamy fruit that is edible. So are the numerous glistening black seeds in the hollow center. The leaves, too, can be eaten as a green like spinach, but are toxic unless cooked.

The plant is also the source for papain, a meat tenderizer and dietary supplement that helps to digest protein.

A note of caution: The unripe fruit is said to be toxic, so cook it before consuming it.

This tropical fruit is a good source of vitamin A.


*Plant Smart* explores sustainable gardening practices that will help you create an environmentally responsible, low-maintenance South Florida landscape.
Who Would Want An Alligator To Babysit Their Babies?

by Mark ‘Bird’ Westall

Many times when I tell people that some of the birds on Sanibel – mostly herons and egrets, ibises, night herons and anhingas – don’t want to nest in the freshwater wetlands of the island unless there is a decent-sized alligator in the water underneath the nests or that the birds will abandon the nesting area if the alligator is removed, people look at me with disbelief. These people are thinking, “Of course the birds are not ‘sentient’ creatures, like we humans, capable of reasoning and intellect, but wouldn’t mother birds have ‘evolved’ the recognition of alligators as ‘predators’ that would eat an unwary chick?”

I used to joke the birds knew that alligators can’t climb trees. But I stopped saying that because I don’t believe a bird has any idea what an alligator can, or can’t do. That would give the birds too much intellectual capability. They are not us! But I can easily accept that when a bird is getting ready to nest and its hormones are flowing and millions of years of natural selective survival traits are kicking in, if the bird looks down into the water and sees an alligator swimming underneath the potential nesting site, something triggers in its brain that basically says, “This is the place to build my nest.”

Now, because of our evolutionary past, our “intellect” is telling us, “That’s a crazy idea! Who in the world would want to raise their babies just a few feet above the open mouths of such a dangerous predator?” But you see, those thoughts are not intellectual; they are instinctive thoughts. If you can accept the idea (and I understand that this is difficult for some) that the human species evolved in East Africa, it makes sense that we are scared to death of anything that vaguely looks like the Nile crocodile. I like to say that the Nile crocodile has been eating the human form ever since the human form was three feet tall and really furry. I am sure that predation of early hominids by African crocodilians was a serious hindrance to survival; thus our deeply ingrained and easily reinforced fear of them.

The instinct is not specific, however. It works on a very broad spectrum. Instinct does not say, “... only be afraid of Nile crocodiles”; it says, “... be afraid of anything that vaguely looks like the Nile crocodile.” Therefore, many people believe that the main reason alligators may sometimes attack a human being is because the gators are stalking us and hunting us every day and when the opportunity presents itself, another attack occurs. I do not believe an alligator instinctively sees the human form as potential prey because the human shape is a relatively recent introduction to the Western Hemisphere. The American alligator is not the Nile crocodile. If it was, we would have dead tourists all over the place.*

On the other hand, the birds have a different evolutionary past.

Natural selective theory would suggest that in the evolutionary past there would have been birds that were naturally frightened of crocodilians, just as we are. But they would have consistently nested away from the perceived threat and any tree climbing predator (such as raccoons on Sanibel) would eliminate those instinctive feelings from the gene pool. Even birds that were indifferent would by chance nest too often away from the crocodilians and, therefore, be weeded out of the system. Only those birds that actually felt safe when they saw a crocodilian underneath a potential nesting site were the ones who consistently and successfully raised their young.

I can give two examples of how this type of “instinctive” behavior is played out in both birds and humans.

The first is the nesting yellow-crowned night-herons and egrets they present to us. We are “dodos” when it comes to machines. What’s the difference?

I have come to the conclusion that humans are “intelligent” creatures. We have great reasoning capabilities. But if there is an “instinctive” bias behind a certain thought or feeling (or in the case of machines, the bias is lacking), it is very difficult to override those thoughts and feelings.

* Next week, I will talk about when alligators really can be a threat to human safety, both naturally and human-induced.

A former city council member and mayor, Mark “Bird” Westall has owned and operated Canoe Adventures, Inc. on Sanibel for over 33 years. Visit www.canoewithbirdwestall.com for more information.
Sea Turtle Nesting Data

As of June 15, all sea turtle crawls reported on Sanibel and Captiva are by loggerhead turtles. The first hatch occurred this week on Captiva. Sanibel-Captiva Conservation Foundation (SCCF) encourages everyone to keep the beaches dark for the safety of nesting females and hatchlings headed to the gulf.

Nesting to date:
Sanibel East - 37 nests, 66 false crawls
Sanibel West - 123 nests, 207 false crawls
Captiva - 58 nests, 90 false crawls
As of June 15, 2011
Sanibel East - 14 nests, 27 false crawls
Sanibel West - 108 nests, 150 false crawls
Captiva - 44 nests, 16 false crawls
As of June 15, 2010
Sanibel East - 1 nest, 19 false crawls
Sanibel West - 44 nests, 104 false crawls
Captiva - 24 nests, 40 false crawls

”false crawl” - a failed nesting attempt

If you have questions, or would like to know more about sea turtles on Sanibel, contact seaturtle@sccf.org or call the Turtle Office at 472-2329 ext. 228.

Turtle Tracks At SCCF June 28

Sanibel Island has one of the first sea turtle monitoring programs in the country. The life cycles and habits of the sea turtles that nest on local beaches will be featured at SCCF's Turtle Tracks on Thursday, June 28 at 10 a.m.

There will be a talk and video and information about sea turtles, SCCF's monitoring activities and what the foundation is doing to protect them.

Note that except for the Turtle Tracks program at 10 a.m., which will be held in the boardroom, the nature center will be closed to the public on June 28 and will re-open on Friday, June 29, from 8:30 a.m. to 3 p.m.

SCCF (Sanibel-Captiva Conservation Foundation) coordinates over 100 volunteers who monitor sea turtle nesting on Sanibel and Captiva. Nesting season runs May 1 through October.

Turtle Tracks is free to members and children, $5 for non-members. Reservations are not required. Call 472-2329 for more information.

A loggerhead returning to the gulf after nesting during the day. Most sea turtles on Sanibel and Captiva nest at night. NOTE: Photo was taken from a safe distance using a telephoto lens. It is illegal to approach nesting sea turtles.
Snappy Shrimp Week

make them. In particular, we investigated the sounds of the snapping shrimp, or pistol shrimp, an animal that grows only a few inches long but creates a sound that competes with that of whales as the loudest in the ocean. Using one oversized claw, the shrimp can create a snapping sound that is louder than a grenade explosion. It is so powerful that its energy can kill a small fish up to six feet away.

Our little campers, aged four to six, thought this was pretty cool. They used this as inspiration when designing and decorating their own instruments, drums and maracas, which were used at the end of the week when performing our own Sanibel Sea School song to parents (lyrical highlights included “The shrimp in the sea go ‘snap snap snap’” and “The pirates in the sea go ‘yo ho ho’”). Thankfully, the sound level reached by our three dozen campers did not come close to rivaling that of one small shrimp, so practicing for and performing this song was a pleasant experience.

Together, we explored all our senses in a sensory fair, where we learned about how humans and other animals gather information and experience the world. Particularly fun was trying to distinguish between the smell of brownies and that of cookies, especially since we got to taste them as well. We played games that relied on our sense of hearing. We even checked out real stomatopods, a local relative of the snapping shrimp. And, of course, we spent lots of time surfing and hanging out in the water.

But perhaps the best thing we did was that boat ride. Kids’ eyes got huge in their horizontal heads as they listened underwater for the snap snapping of shrimp. For many, this was probably the first time they put their head underwater and consciously listened. Sound travels 4.3 times better underwater than in air, so the ocean is a wonderfully noisy place.

The campers at Snappy Shrimp week and Sanibel Sea School encourage you, the next time you’re at the beach, to submerge your ears and listen. Just make sure you aren’t too close to a snapping shrimp.

Museum Announces 3rd Annual Live Mollusk Photography Contest

Calling all amateur shutterbugs! The Bailey-Matthews Shell Museum announced its 3rd Annual Live Mollusk Photography Competition. This is an opportunity to capture images of live mollusks in their natural habitats. For this contest, the museum seeks amateur photographs of live mollusks in their environment. Entries will be accepted at the museum between July 25 and November 1 (including electronically-submitted pictures). Please note that only amateur photos are eligible for the contest. The winning submissions will be announced during the museum’s anniversary celebration, held November 14 to 18. The top photos will be displayed on the museum’s website, Facebook page and in the museum’s public space. A list of contest rules and judging criteria, and the registration form to be submitted with each entry can be found online at www.shellmuseum.org.

For all inquiries and entries, send an email to Diane Thomas at dothomas@shellmuseum.org or call the Bailey-Matthews Shell Museum at 395-2233.

Our email address is press@islandsunnews.com
Kelly Greten and Jason Boeckman rehearse for The Star-Spangled Girl

From page 1

Simon Hit At Herb Strauss Theater

The Star-Spangled Girl, a classic Simon comedy set in the 1960s, is the story of a love triangle mixed with politics. The cast includes Jason Boeckman, Kelly Greten and Blanca De Sanctis. The play is directed by June Koe.

In The Star-Spangled Girl, Andy and Norman are radical liberals struggling to make a living working on their magazine, Fallout. Sophie is an all-American girl who moves into the apartment next door. Norman immediately falls in love with Sophie and makes Andy hire her at the magazine. When Sophie falls in love with Andy, the magazine and the men’s friendship are threatened.

Boeckman, who plays the part of Norman in the show, first started at BIG ARTS as a volunteer and now works full-time in marketing and group sales. “I’m really excited to be a part of this show,” Boeckman said. “In the past, I’ve played some pretty intense characters, like the Captain in The Sound of Music and Jud Fry in Oklahoma! so it feels great to really sink my teeth into a character as whacky and silly as Norman.

I run around the stage the whole show doing wild and crazy things, so you’ll definitely want to come out and see what I’m going to do.”

De Sanctis, who portrays Sophie, is a recent graduate of Florida Gulf Coast University, where she studied Theatre. She has appeared has appeared in The Boyfriend (Dulcie), Gypsy (Dainty June), Our Town (Rebecca) and many other shows. She was also heavily involved in the creation of After Hours, an entirely student-produced, student-directed and student-run one-act performance held annually at FGCU.

Greten has lived on Sanibel since 2005 and works as facilities manager at The Sanctuary Golf Club. The Star-Spangled Girl is Greten’s third Sanibel performance and he is excited to play the part of the rebellious and spunky Andy. Previous island credits include productions of Sanibel on Parade (Michael Chauveau) and The Shell Game (Red Grouper) at The Community House.

Tickets for BIG ARTS Community Players productions are $15 adults, $5 for children 17 and younger. Group discounts are also available for ten or more people. The Herb Strauss Theater Box Office will open one hour prior to show from May through November. BIG ARTS Herb Strauss Theater is located at 2200 Periwinkle Way on Sanibel.

For more information about the show and to purchase tickets, visit BIG ARTS Marks Box Office, 900 Dunlop Road on Sanibel; call 472-6862 or 395-0900; or log on to www.BIGARTS.org.

The Best Way To See The Islands Is From The Water

The Best Way To See The Islands Is From The Water

- 10 a.m. Island Cruise to Useppa Or Cabbage Key
- Adventure Sailing Cruises
- 4:00 p.m. Dolphin Watch Cruise
- Beach & Shelling Cruise
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Choose any entrée from our SUNSET DINING MENU* with a glass of house wine each.

Choice of: soup or salad comes with potato, veggie, hot baked bread and fresh herb olive oil. Available only from 5:00-6:30 pm daily! (Does not include tax or gratuity. Not valid on Holidays)

**Excluding Groupers. Expires June 30, 2012**
CROW Case Of The Week:
Coyote Pup

by Patricia Molloy

On May 28, a male coyote pup (Canis latrans) was admitted to CROW. At approximately six week old, he was found alone, walking lamely through the lot at Sutherland Nissan in Fort Myers.

Coyotes do exist in parts of Southwest Florida but tend to shy away from densely populated cities and coastal areas. As it is unnatural for a coyote pup to be separated from his pack, he was understandably very frightened to find himself in an unfamiliar urban environment.

CROW’s rescue team quickly responded by capturing and transporting the little pup to its Sanibel clinic. He arrived limping due to swelling near the joint of his left rear leg. Upon closer examination, Dr. Heather discovered multiple scabs and abrasions on all four limbs.

The cause of the scabs was determined to be Puppy impetigo, a bacterial infection that causes pus-filled blisters that may break and crust over. Typically, it is not a serious condition and can be treated with a topical ointment. Additionally, the young coyote had fleas and heartworms, which were immediately addressed with Advantage, a topical solution also used on domestic canines.

After all of the patient’s wounds were cleaned, blood was drawn for further analysis. He was immediately placed on a vaccine regiment with continuing supportive care. Initially, the pup refused to eat and drink water, but was eating well once he was placed in a quiet corner of the clinic.

According to the 2010 Annual Visitor Profile and Occupancy Analysis from the Clerk of Courts, tourists from around the world spend $2.5 billion dollars in Lee County in order to experience the wonders that the area’s rich sea and wildlife have to offer. Each year, CROW cares for more than 4,000 sick, injured and orphaned patients in its veterinary hospital, many cases caused by interaction with humans. The clinic’s staff of veterinarians, student interns and volunteers regularly work 12-hour days to care for these creatures so they can be released back into the wild.

Right now, Dr. Heather is working with the Fish & Wildlife network for placement of the young pup since he was found in a busy urban area with no sign of his pack. In order to provide housing, medication, food and diagnostic testing for patients, the non-profit clinic relies on public donations. Please help to “insure” our native sea and wildlife.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.
Visitors and residents are welcome to see 50 paintings by members of the Sanibel-Captiva Art League at the Sanibel Public Library during regular hours. The library is located at 770 Dunlop Road, next to City Hall. The library staff and volunteers extend invitations to island residents and visitors to look through the books, periodicals, CDs and DVDs, internet/computers, etc. and see all the library offers in its new enlarged facility. Call 472-2483 or visit www.sanlib.org for more information.

Included in the art league members’ paintings are tropical scenes and local wildlife. There is a large variety of still life and other subjects such as clouds and marine scenes in oil, acrylic, pastel, watercolor and digital imagery. The different painterly interpretations of large and small colorful artworks range from representational to expressionistic and abstract. Many of the artists have won awards in juried exhibitions.

Log on to www.sancapart.com or write to Sanibel-Captiva Art League, P.O. Box 1192, Sanibel FL 33957 for additional information.

EARLY BIRD SPECIALS (4-6PM) $9.99

DAILY LUNCH SPECIALS

If our seafood were any fresher, we would be serving it under water.

HAPPY HOUR 3-5PM & 9:30-MIDNIGHT

DOMESTIC DRAFTS $1.50 • DOMESTIC PITCHERS $6.00

THE LAZY FLAMINGO
Beautiful Downtown Sanibel
6520-C Pine Avenue
472-6939

LAZY FLAMINGO 2
Beautiful Downtown Sanibel
1036 Periwinkle Way
472-6939

LAZY FLAMINGO 3
16501 Stringfellow Road
Bokeelia
283-5959

LAZY FLAMINGO 4
12951 McGregor Boulevard
Fort Myers
476-9000
Email editorial copy to: press@islandsunnews.com
Burroughs Home Tour
Tickets Are Now Available

Tickets are still available for the special Burroughs Home tour on Saturday, June 23. The special living history tour of the Georgian Revival Mansion is at 11 a.m.

The historic Burroughs Home, located at 2505 First Street in Fort Myers, has come alive under the management of the Uncommon Friends Foundation. The guided tour includes a walk among live oaks and lush gardens, with an opportunity to relax in a rocking chair on the verandah while watching the Caloosahatchee River roll gently by.

Marla and Jette Burroughs will share the history and colorful tales of living in one of Fort Myers’ oldest homes. Built in 1901, the Burroughs Home was the scene of many social events that hosted the Fort Myers’ elite including the Edisons, Fords and Firestones.

Antique furnishings, historical artifacts and delightful tales of growing up as the privileged daughters of wealthy businessman Nelson Burroughs and his wife Adeline await visitors who want to take a step back in time.

Tour prices are $12 for adults and $5 for children ages six to 12; children under six are admitted free. Groups and seniors may take the tour for $10. Appointments can be made for groups of eight or more. Reservations are suggested and may be made by contacting Christine@burroughshome.com.

The Uncommon Friends Foundation, a not for profit 501(c)3 organization established in 1993, is dedicated to lifelong character building among today’s youth and business leaders. Its mission is to promote character education in schools, business ethics in the workplace and historic preservation of the Burroughs Home and James Newton Archives.

For more information, call 337-9505 or visit www.uncommonfriends.org.

Puss In Boots Will Hit The Stage
This Summer At Broadway Palm

This summer, Broadway Palm Children’s Theatre is proud to present Puss In Boots, hitting the stage on July 6, 7, 11, 13, 15, 19, 20, 21, 25, 27 and 29, and August 2, 3 and 4. This musical version of Charles Perrault’s tale of a sly cat who wins his master the lordship of a manor and the hand of a beautiful princess has audience interaction, delightful songs and enough action for every member of the family.

This fun-filled musical begins with three brothers inheriting their father’s estate. The youngest brother is very disappointed because all he receives is the family cat. Puss is a very clever cat though and promises his master that in exchange for a pair of boots, he can get him a life of luxury and adventure. Puss goes on to use his sly and clever ways to overcome an ogre, befriend a king and win the heart of a fair princess.

Broadway Palm Children’s Theatre presents full-scale productions that are great for all ages. All performances begin with a buffet at noon and showtime at 1 p.m. The chef’s special buffet includes children’s favorites like chicken nuggets, pizza, french fries, pasta and more.

Puss In Boots is playing selected matinees from July 6 through August 4 at Broadway Palm. Ticket prices for the buffet and the show are $15 for all ages. Group rates are available for parties of 20 or more. Tickets are now on sale and can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.

* This production has replaced “Dora The Explorer’s Pirate Adventure”®
Summar Programs At Captiva Library

From 2 to 4:30 p.m. this Friday, June 22, youngsters can literally read down their fines at the Captiva Memorial Library. Kids Read Down Fines is a program which allows children and teenagers the opportunity to decrease their library card overdue charges by reading for “Library Bucks.” Kids will check-in with staff at the start of the program and for every 15 minutes of reading, they will receive a coupon worth up to $2 in “Library Bucks” to be used toward existing overdue charges, with the potential of earning $8 in one hour. If the library card of the child/teen has overdue charges of less than $2, only the existing overdue charges will be removed. There is no cash value for any unused portion of the $2 “Library Bucks” coupon and any leftover amount cannot be applied to future overdue charges.

At 6 p.m. on Wednesday, June 27, middle and high schoolers are invited to come to the library for Own The Night Jewelry. Create and bling some jewelry to wear at your next dance party.

At 3 p.m. on Thursday, June 28, kids and families can join Miss Naomi for Dreams & Wishes. Ever dream about finding a friendly elf, helpful fairies or a genie in training? What would you wish for if you were granted only one wish? Come to the library and you will find out what others did when they were granted wishes. See how their wishes compare to yours.

For a complete schedule of events or more information about summer reading, family fun and teen programs at the Captiva Memorial Library, go to http://library.lee-county.com, visit the Captiva Memorial Library or telephone the library at 533-4890. All programs are free of charge.

Top Ten Books On The Island

1. Fifty Shades of Darker by EL James
2. Fifty Shades of Grey by EL James
3. Language of Flowers by Vanessa Diffenbaugh
4. Fifty Shades Freed by EL James
5. Killing Lincoln by Bill O’Reilly
7. Seashells by the Seashore by Maryann Berkes
8. Unlikely Friendships for Kids by Jenifer Holland
9. Three Sunrises by Kristen Hartman
10. Bossypants by Tina Fey

Poetic Voices

For consideration, please send typed poems with a short biography to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 Attn: Don Brown or send a Microsoft Word attachment to donbrown@alum.mit.edu

selected by Don Brown

Farewell
by Carol H. Ehrlich

Alone at the window I stand and watch a flaming evening sun poise over the jagged mountain profile, flit light with its peaks, settle in for deep caress, then penetrate its core.

A rosy wash of afterglow covers all, but too soon the color drains, turns dusky. Peaks are etched against the sky black on grey. The sky-shroud darkens and in moments all is gone.

Alone at the window I stand, bereft. Blackness is all that is left. It drenches the night.

A 21-year veteran of Island Writers Group 2 who recently moved back to Colorado, Carol Ehrlich is retired from a career in audiology-clinical, research and administration. This poem is from her book of poetry, Winds in My Sails, available from iUniverse.com and Barnes & Noble. Her publications include All Kinds of Love, Experiencing Hospice with co-author C. Jaffe, Baywood Publishing 1997 and a number of magazine and journal articles. She says poetry is fun— it invites feelings and play with language.

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Reef Project

phytoplankton. Dropping down to 90 feet, it provides numerous and changing environments for a multitude of specialized marine life.

Within days of being sunk, tiny animals begin to attach themselves to the surface of the artificial reef. Small fish come to the reef to feed and lay their eggs, while larger fish migrate to the area to feed on the smaller fish – and so the food chain evolves. Over time, the biodiversity becomes larger and more complex attracting more marine life, on and around the ship. Adding to the already existing enclave, called Charlie’s Reef, which consists of railroad hopper cars and a sunken barge.

As Mike Campbell, Lee County natural resources senior environmental specialist, explained, “Even the chains and the extensions around the ship will not only hold the ship in place but also fish and schools of bait, which will bring bigger fish... but you know what bigger fish bring? Tourists. And what will they do once they are here? They are going to stay at your hotels and eat at your restaurants.”

“We have over 20 different sites of artificial reefs, and within those sites, we have a lot of different depth limits. We also have a lot of wrecks off shore that were not sunk on purpose. I think one was sunk by a U-boat, so we have a lot of wrecks out there that people can see. One of the problems is that they are so far out that they are difficult to get to. So this is going to be a midway point to get to between those far away wrecks and short reefs. It will be 28 nautical miles west of Redfish Pass near Charlie’s Reef.”

According to Joe Weatherby of Reef Makers, “Our plan for the Mohawk is to make it one of the world’s premier diving and fishing experiences. There’s a lot of different species that will gather out there due to the relief of the ship. Certainly, we anticipate a goliath grouper that we often see on wrecks, and for scuba divers, this will be a place you can go to see a really cool ship and have a big fish experience.”

“She already has an interesting history and looks quite different than some of the rusty old buckets of junk sometimes being reeved. The others are fine, but this has something aesthetically more to offer the public. That’s why Lee County and Reef Makers have worked so hard together to get this particular ship.”

“The plan is to attach a WWII lifeboat and put replica guns back on the ship. The propeller, anchor, tackle, original decks and the stacks will all be intact, which will be great for diving.”

“This is going to be a reason for visitors to come to Fort Myers, Fort Myers Beach and Sanibel Island to go diving and fishing on this wreck,” noted Weatherby.

“Rob Degenero, owner of Nervous Nellie’s Crazy Waterfront Eatery on Fort Myers Beach, was very excited about the news. "This boat is exciting because it will get more people diving and put Fort Myers on the map as a diving destination. It also makes it worth it to go out 30 miles and combine the Mohawk experience with other dives," said Ramiro Palma, a Cape Coral resident who owns ScubaVice Diving Center, located off McGregor Boulevard in Fort Myers. "It will be great for the economy and we are organizing frequent dive trips to see the Mohawk."

Rob Degenero, owner of Nervous Nellie’s Crazy Waterfront Eatery on Fort Myers Beach, was very excited about the news. "This should give divers from the east coast a reason to finally dive the gulf and jumpstart the Lee County diving industry, especially in the summer months when we Floridians go on vacation," he said.

"As a piece of pure economic development – and it’s been awhile since Lee County has seen something that works as well as this – I think relative to the Vandenberg and the amount of scuba diving that goes on and the number of tourists that will come, I think this will be the same percentage impact," said Weatherby.
Islanders Looking Forward To USS Mohawk’s Benefits

by Jeff Lysia

When the USS Mohawk is sunk some 28 nautical miles west of Redfish Pass next month, it will join a system of more than 20 artificial reef sites in Lee County offshore and inshore waters. More than a dozen of those reefs lie within a 15-mile radius of Sanibel and Captiva, making the islands a very desirable destination for fishing, snorkeling and scuba diving. Since news of the plan to transform the 77-year-old Mohawk into a veterans’ memorial reef broke in May, many islanders have spoken positively about the tremendous benefits – both economically and ecologically – that the historic ship will bring to Sanibel and Captiva.

“We’re very excited about our future commemorative reef and are grateful for the donation from Miami’s Historical Maritime Museum, as well as the grant to pay for the event,” said Bridgit Stone-Budd, director of marketing for the Sanibel & Captiva Islands Chamber of Commerce. “Not only will (the sinking of the Mohawk) create a buzz in the media and increase tourism to our islands and Lee County, it will also increase fishing and scuba diving around the veterans’ memorial reef.”

According to the chamber’s website, wrecks and man-made reefs help restock local waters with fish for the benefit of scuba divers and fisherman alike. One of the largest is the Edison Reef, created from the rubble of a former mainland bridge. It was built less than 15 nautical miles from the Sanibel Lighthouse in 42 feet of water.

“Closer to home, the Belton Johnson Reef – approximately five nautical miles off Bowman’s Beach – was named for a well-known local fishing guide. A yellow and white marker shows the location of the reef, constructed of concrete culverts. Prior to the anticipated July 2 sinking date for the Mohawk, the most recent artificial reef sunk in local waters – Peagus/Charlie’s Reef, installed in July 1999 – is located 28 miles due west of Redfish Pass. A large tugboat was added to several railroad hoppers that have drawn a wide variety of marine residents, including barracuda, cobia, nurse sharks, grouper, amberjack and moray eels.

Mark “Bird” Westall, former mayor of Sanibel and an environmental expert, also thinks that creating artificial reefs is good for the environment. “The natural reefs can be easily overexploited and, therefore, the more artificial reefs there are, the more habitat there is,” said Westall. “I would much rather see the Mohawk continuing her service to America by providing a home for fish and a place for fishermen to fish than to see her rust away in a scrapyard or torn to pieces for her metal. In coming to Southwest Florida, she will still be doing her job.”

Jeff Combs, ranger at the JN “Ding” Darling National Wildlife Refuge, Sanibel, agreed that the sinking of the Mohawk will have a great benefit. “It will create a habitat for many species of fish and invertebrates, therefore improving fishing in the area. Artificial reefs such as this draw a diverse group of visitors to the islands that have an interest in diving, fishing and other recreational activities,” said Combs. “This new reef also allows researchers a chance to study and better understand the effects of artificial reefs in our area of the gulf. These iconic vessels act as monuments to those who served on them and continue to serve for the good of our country in a whole new way.”

Lee County has had an active artificial reef program since the early 1990s. County staff actively pursue grants from state, federal and private sources in an effort to create new artificial reefs. A grant from the West Coast Inland Navigation District is being used to cover the $1.3 million needed to prepare and sink the Mohawk. Visit www.lee-county.com/natural-resources/artreef.htm for the current reef and wreck locations.

“The men (and perhaps, women) who served on the USS Mohawk can know that she is still protecting our coastline,” added Westall. “Her assignment has just changed a little.”
My Stars

FOR WEEK OF JUNE 25, 2012

ARIES (March 21 to April 19)

Information you might need before deciding on that career move. Continue to work on it until more is available before acting on that career move.

TAURUS (April 20 to May 20)

You continue on an upbeat cycle, and with that strong Taurean energy you should see favorable results from your hard work. A pleasant surprise awaits you in your private life.

GEMINI (May 21 to June 20)

A misunderstanding needs more time to be worked out. Don’t give up on it just yet. Remain open to providing explanations, if called for. Another friend offers good advice.

CANCER (June 21 to July 22)

Fast action can correct a seemingly minor problem that has taken on some unexpectedly difficult aspects. Stay with it until it’s resolved. News on a more positive note is due soon.

LEO (July 23 to August 22)

Some snags could cause delays in those plans you’re eager to see put into operation. But be careful not to overlook some situations developing in your private life.

AQUARIUS (January 20 to February 18)

You’ve been doing a lot for others (as usual). But now it’s time to focus on your needs, including finally going on that long-delayed trip you’ve been hoping to make.

PISCES (February 19 to March 20)

It’s all smooth going on “twixt you and that very special person in your life. But a colleague causes some disruption on the job that you might be called on to help settle.

BORN THIS WEEK: You are sensitive to the needs of others. But you’re no pushover. You would make a fine teacher, psychologist or minister.

THIS WEEK IN HISTORY

• On June 29, 1613, the Globe Theater, where most of Shakespeare’s plays debuted, burned down. The Globe was built in 1599 from the timbers of London’s very first permanent theater, Burbage’s Theater. The galleries could seat about 1,000 people, with room for another 2,000 “groundlings,” who could stand around the stage.

• On June 28, 1888, writer Robert Louis Stevenson and his family leave San Francisco for their first visit to the South Seas. Stevenson, an adventurous traveler plagued by tuberculosis, was seeking a healthier climate. His novel “Treasure Island” was published in 1883.

• On June 27, 1922, the American Library Association awards the first Newbery Medal, honoring the year’s best children’s book, to “The Story of Mankind” by Hendrik Willem van Loon. The Newberry Medal seeks to encourage originality and excellence in the field of children’s books.

• On June 26, 1948, in response to the Soviet blockade of land routes into West Berlin, the United States begins a massive airlift of food, water and medicine to the citizens of the besieged city. For nearly a year, supplies from American planes sustained the more than 2 million people in West Berlin.

• On June 25, 1956, the last Packard rolls off the production line at Packard’s plant in Detroit. The classic American luxury car used the famously enigmatic slogan “Ask the Man Who Owns One.”

• On June 30, 1962, Sandy Koufax strikes out 13 batters and walks five to lead the Brooklyn Dodgers over the New York Mets 5-0 with his first career no-hitter. Koufax went on to throw three more no-hitters, including a perfect game on Sept. 9, 1965, in which he allowed no hits and no walks.

• On July 1, 1979, the Sony Walkman -- the world’s first low-cost, portable music player -- goes on sale in Japan. The initial production run of 30,000 units looked to be too ambitious, as only 30,000 were sold at $150 apiece in the first month. Some 200 million sales later, Sony retired the cassette Walkman in 2010.

STRANGE BUT TRUE

• It is still not known who made the following sage observation: “Never attribute to malice what can be adequately explained by stupidity.”

• If you are an aficionado of the word game Scrabble, you probably know that there are only five words that can be played using a q but no u. In case you’re not in the know, those words are: “faqr,” “qaid,” “qoph,” “qindar” and “qintar.”

• In 1774, surveyors in Maryland marked off a parcel of land by mistake. The error was immortalized when the town that grew up on that land adopted the name Accident.

• The English word “mistletoe” comes from an Anglo-Saxon phrase that means “dung on a twig.” It seems that the branches where mistletoe is often found have white splotches on them, which some say resemble bird droppings.

• The martial art that is known today as karate actually originated in India and spread to China before becoming popular in 17th-century Japan, where it was dubbed karate, which means “empty hand” in Japanese.

• These days you’ll rarely see an elected official with a beard, but facial hair wasn’t always considered to be a liability in politics. In fact, it’s been reported that Abraham Lincoln was inspired to grow a beard while he was running for president in 1860 because of a letter from an 11-year-old girl. Grace Bedell wrote to Lincoln that a beard would make him “look a great deal better, for your face is so thin. All the ladies like whiskers.” When the United States bought Alaska from Russia in 1867, the going price was 2 cents an acre.

THOUGHT FOR THE DAY

“Nothing gives an author so much pleasure as to find his works quoted by other learned authors.” -- Benjamin Franklin
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Assorted varieties.

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SALE
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12-16 oz.
Assorted varieties.

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2 liter.
Assorted varieties. +CA CRV.

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Assorted varieties.

10 for $10
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Beverages.
7 UP 2 liter, SoBe Lifewater 20 oz.
plus many other choices.
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Assorted varieties. +CA CRV.

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3.2-4.5 oz.

SALE
Kraft Mac & Cheese
5.5-7.25 oz.

SALE
Theatre Box Candy
2.83-8.5 oz.
Assorted varieties.

SALE
Colgate
6.4 oz. Assorted varieties.

4 for $10
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12-16 oz.
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So make plans now with friends and family ‘cause we don’t know how long it will last!

Kern Photos On Display At Library

Photographs detailing Sanibel’s beauty – birds, flowers, sunsets and more – are currently on display at the Sanibel Public Library, 770 Dunlop Road. Island photographer Bob Kern’s photos are featured in the reference alcove.

“There are so many aspects to the beauty found on this unique barrier island, especially for an amateur photographer,” said Kern.

Kern explained that sitting on the beach and witnessing magnificent sunsets or walking through neighborhoods and seeing the countless flowers and fauna is truly beauty to behold. Whether touring through “Ding” Darling or walking an SCCF trail, one can see a remarkable variety of wildlife.

“We love having this display at the library. It inspires me to pick up my camera and get to work,” said library director Margaret Mohundro.

Kern offers some tips for taking great photos on Sanibel:

- If you enjoy seeing nature and its beauty, get yourself a camera and keep it loose in the car or carry it with you.
- Being in the right place at the right time is a big part of amateur photography.
- Using a telephoto lens will allow you to bring a distant object much closer for a more dramatic view.
- Macro lenses allow you to get right up to the object, which also offers a dramatic view.
- The same techniques apply to flowers, birds and wildlife, interesting tree trunks, shoreline devastated by Hurricane Charley, sunrises or sunsets, cloud formations, various sights in Pine Island Sound or in the Gulf or whatever you find interesting,” Kern added.

Of particular interest at this exhibit is The Year of the Dragon series of photos Kern took in 2011 using his Nikon D3000 with a 300 mm lens to capture a unique sunrise over Useppa Island that resembles a fire-breathing dragon.

If you are somewhere and see something you like, get the camera, frame the subject, focus and shoot.

Sanibel Library Book Discussion Group

Readers are invited to discuss Hotel on the Corner of Bitter and Sweet, by author Jamie Ford, the focus of the Wednesday, June 27 book discussion meeting at the Sanibel Public Library, 770 Dunlop Road. There is no charge to attend the meeting, which is open to the public. The discussion will begin at 2 p.m. in Meeting Room #4, across from the elevator. Carole Fallon will be the leader for the discussion.

When artifacts from Japanese families sent to internment camps during World War II are uncovered during renovations at a Seattle hotel, Henry Lee embarks on a quest that leads to memories of growing up Chinese in a city rife with anti-Japanese sentiment.

Discussion of the book begins promptly at 2 p.m. on June 27. The books featured for the book group discussions are available and located in the library near the reference desk. While it is preferable to come having read the book to be able to join in the lively discussion, all are welcome. Call the library at 472-2483 for more information.

NIGHTLY SPECIALS

**Monday** - Magic Meatloaf w/brown gravy
**Tuesday** - Grilled Skirt Steak w/chimichurri
**Wednesday** - Jerk Chicken
**Thursday** - Sushi & Sashimi
**Friday** - Still Lobstah Night
**Saturday** - New England Fish Fry
**Sunday** - Battle of the Ribs (BBQ vs Prime)

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Southwest Florida Community Foundation Starts 3-D Project

The Southwest Florida Community Foundation has embarked on a unique effort to address the needs of the five-county region to help and enhance local nonprofits.

The Southwest Florida Community Foundation’s 3-D project – which stands for data, dialogue and decisions – will establish a collaborative network and platform that will allow our region to create efficiencies, share resources, openly communicate and make informed decisions to strengthen our nonprofits. The project will give the community the means to identify challenges and opportunities and, as a cohesive unit, work together to mobilize citizens, nonprofits and the government to provide solutions strengthening the region.

“This project is important for our region and our foundation,” said Sarah Owen, CEO of the SWFLCF, which has made an initial investment of $100,000 to the project. “Southwest Florida was one of the hardest hit regions in the recent recession which naturally affected resources for nonprofits. We have found that our nonprofits could have attracted more grants and funds from outside our area if they had more collaboration and were given more support. This is why we are making a significant investment to build knowledge and develop an information tool that will connect our community.”

The data segment of the project will include a nonprofit mapping and assessment process of the five county area, as well as informational seminars, capacity surveys and round table follow-ups. Dialogue will include developing a regional collaboration, determining strategic partnerships and harnessing regional resources. Finally, decision-making data and charts will allow our region to create efficiencies, share resources, openly communicate and make informed decisions regarding their expenditures and philanthropic investments regarding their organizations and the allocation of their resources.

The goals of the project are to:

- Provide data that will enable nonprofit leaders to make more informed decisions regarding their organizations and the allocation of their resources
- Provide data to enable government funders and individual donors to make more informed decisions regarding their expenditures and philanthropic investments
- Increase community participation in public policy conversations regarding social issues
- Strengthen the capacity of the existing nonprofit organizations and allow the nonprofits and citizens of the lower capacity counties access to the higher capacity resources in the other counties
- Provide information that will enable nonprofits to play a bigger part in regional and state budgetary shortfalls have led to diminishing governmental investments in the non-profits that meet services in the region.

As a past chair for United Way, the Southwest Florida Community Foundation and multiple other community service organizations as well as CEO of LMHS, I have experienced the challenge of allocating scarce resources for vital community needs,” said Jim Nathan, president and CEO of Lee Memorial Health System and 3-D Advisory Council Member. “More than just a community needs assessment, the 3-D project will assist with forming community partnerships that will help with grant and other funding opportunities and bring community organizations together to help solve local needs.

The SWFLCF has contracted HT Group Consulting, LLC and John B. Talmage to facilitate the 3-D project. Talmage is a senior research fellow at The Metropolitan Center at Florida International University and former CEO of Social Compact, a national nonprofit organization that helps underserved urban areas develop accurate economic data needed to attract investment.

The Foundation will begin Geographic Information System (GIS) mapping of more than 3,600 501(c)3 entities in the region including Lee, Charlotte, Collier, Hendry and Glades counties.

“GIS allows users to view, understand, question, interpret and visualize data in many ways that reveal relationships, patterns and trends in the form of maps, globes, reports and charts,” said Talmage.

At the same time, 3-D will be conducting ongoing needs analysis of the nonprofits’ current and potential funding needs, and charting their needs and assets.

An advisory council of more than 30 leaders from the region’s foundations, government entities, educational institutions and businesses has been assembled to support the project.

“The economic downturn has exacerbated the extreme discrepancy in resources available to the large rural areas east of I-75,” said Dawn-Marie Driscoll, chairman of the board of trustees. “There is one nonprofit for every 250 people in Collier, but just one nonprofit for every 991 people to serve the needs in Glades County. This mapping tool and other data will allow everyone to see what areas and services are under economic issue on the horizon. As tax bases decline and stimulus money is withdrawn, state budgetary shortfalls have led to diminishing governmental investments in the non-profits that meet services in the region.

“With the 3-D project, we are going to be able to make informed decisions about where our resources will be best applied to address the needs of our communities.”

continued on page 53
Hurricane Straps

by Bryan Hayes

This is a subject I talk about every hurricane season. The subject of securing your outside unit. It is very important, because even a strong storm that doesn’t reach hurricane strength could cause a poorly secured system to topple.

We coined a new term after Hurricane Charley came through. What we witnessed is a lot of units hanging off their stands, so naturally we called them “hangers.” If you don’t believe that it can happen, take a look at the photo below.

One thing for sure is that no one wants a 200- to 300-pound piece of equipment dangling by mere threads near anyone’s home. So, if you haven’t yet, make sure that you inspect your a/c unit and make sure that it has hurricane straps securing it properly in place.

If a storm hits, make sure to turn your air conditioner off. When the coast is clear, check to make sure that there is no debris or other visible problems with the outside unit.

If you’re not sure whether your system is properly secured, give your HVAC contractor a call. I know how much new systems can cost, so it’s essential that you do everything you can to prepare for potential hazards and protect your investment.

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at Bryan@Sanibelair.com.

Example of a “hanger,” an unsecured outdoor air conditioning unit
**Duel Of The Islands Highlights**

Teams from Sanibel Babe Ruth League and Greater Pine Island Little League are represented in the 1st annual Duel of the Islands Tournament, held on Saturday, June 16. Majors and Rookies played double headers.

Highlights from last week’s Duel Of The Islands baseball games, which featured Sanibel playing arch-rival Pine Island included:

- **Game 1 – Sanibel 8, Pine Island 7**

**Rookies**

Game 1 – Sanibel 8, Pine Island 7

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**An Island Resident Specializing in Island Properties**

- **Tennis Place C-35**
  - 2 BR/1½ BA clean & fully equipped unit.
  - Overlooks direct access salt water canal.
  - Beautifully landscaped. Weekly rentals.
  - Only minutes to the Gulf by bike or boat.
  - Boat dockage available to owners.
  - $249,000

- **9319 Kincaid Court**
  - Completely renovated 3BR/2BA elevated home. NICE!!
  - Cathedral ceiling, hickory wood flooring, granite counters.
  - Large pantry, stainless appliances, 42” cabinets in kitchen.
  - Impact doors/windows. Two car garage with lots of storage.
  - Enjoy water view from deck. Huge lot! New sod/landscape.
  - $599,000

- **Pine Cove 1A**
  - 2 BR/2 BA Gulf front corner unit.
  - Beautifully furnished w/lots of tile.
  - Light & bright w/amazing water views.
  - Screened lanai. Great WEEKLY rentals!
  - Under building parking and storage.
  - $799,900

- **476 Las Tiendas**
  - 3BR/2BA “Old Florida” style in Las Tiendas.
  - Remodeled kitchen w/stainless appliances.
  - Bright, open w/vaulted ceilings throughout.
  - Near beach, bay, shopping, restaurants...
  - $599,000

- **557 N. Yachtsman**
  - 4 BR/3 BA in nice, private community.
  - Beautifully furnished two story home.
  - Lg master suite with sitting area/fireplace.
  - Open porches, lanai & covered parking.
  - Comm. pool/tennis. Near beach/marina...
  - $729,000

- **673 East Rocks**
  - Nice 3BR/2BA lake front, elevated pool home.
  - Enjoy gorgeous water views and nightly sunsets.
  - Lg great room w/vaulted ceiling...opens to lanai.
  - Beautifully furnished. Large enclosed pool/lanai.
  - Great location... only a short walk to the beach.
  - $629,000

- **4203 Dingman Dr.**
  - Gorgeous renovation! 4BR/3BA on West Gulf Dr.
  - Gourmet kitchen, S/S appliances, 42” cabinets.
  - New baths, granite/quartz counters, Birch wood floors.
  - 10’ ceilings, impact glass, new elevator, fireplace.
  - Screened lanai, large pool on approx. 1 acre plot.
  - $2,595,000

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**Duel Of The Islands teams**

Majors player Tanner Deal slides under the tag to put the first run on the board for Sanibel.

Rookie player short stop Zach Orsino waits for the call at second base.

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Grant Ireland was one of four catchers who caught the honorary first pitch thrown by former MLB player Julio Zuleta.

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David Gallo hits the ball into center field for a double, starting the rally for team Sanibel.

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continued on page 49
Congratulations To The Islands’ 2012 High School Graduates

BISHOP VEROT HIGH SCHOOL

Anna Aulino
Florida State University
Daughter of Carmen and Karen Aulino

Dillon Bauer
University of Alabama
Son of Brian and Colleen Bauer

Erica Billheimer
Undecided
Daughter of Michael and Mary Ann Billheimer and Mary Ellen Shields

Samantha Pauline Davies
University of Florida
Daughter of Lauren V. Davies

Kari Elizabeth Fowler
University of Central Florida
Daughter of David and Liz Fowler

Troy Cobb Thompson
University of Alabama
Son of Larry and Kathie Thompson

Anastasia Snetkova
Harvard University
Daughter of Irina Prell

Shane Christian Antalick
Florida State College
Son of Jennifer Flavin and Stepson of Patrick Bailey

Devon Anthony Pavlick
Tallahassee Community College
Son of Clay and Gail Pavlick

Samantha Lynsey Cooper
Edison State College
Daughter of Kerry and Carolyn Cooper

Cody Durand
Edison State College
Son of Renae Durand

Elijah Cooke Budd
Norwich University in Vermont
Son of Daniel Budd and Jan Wood and Stepson of Bridgit Stone-Budd

CYPRESS LAKE CENTER FOR THE ARTS

CYPRESS LAKE HIGH SCHOOL

CANTERBURY HIGH SCHOOL

FORT MYERS HIGH SCHOOL
Congratulations To The Islands’ 2012 High School Graduates

Hayden Cummins
Florida Gulf Coast University
Son of Terri Cummins

Jake Trevor Davis
Boston University
Son of Mark and Valerie Davis

Carly DeGennaro
University of Alabama
Daughter of Cathy and Rob DeGennaro

Amber Falde
Florida Gulf Coast University
Daughter of Alan and Esther Falde

Elise M. Fay
Rollins College
Daughter of Jimmy and Wesley Fay

Jocelyn Harder
University of Vermont
Daughter of Patrick and Lee Ellen Harder

Nicole Horton
University of Florida
Daughter of Dave and Diane Horton

Samia Islam
Loyola University Chicago
Daughter of Dr. Saiful and Alia Islam

Shion Kremer
Florida State University
Daughter of Steve and Cindy Kremer

Julia Leal
University of Florida
Daughter of José and Silvia Leal

Caitlin Radigan
University of Florida
Daughter of Bob and Vivienne Radigan

Elizabeth Sitton
University of Florida
Daughter of Brad and Cindy Sitton
Congratulations To The Islands’ 2012 High School Graduates

**FORT MYERS HIGH SCHOOL**

Connor James Stone  
University of Florida  
Son of Bridgit Stone-Budd and Mark Stone and Stepson of Daniel Budd

Michael Turner  
Florida State University  
Son of Jeff and Anna Turner

Marin Layne Florence Williams  
Davidson College  
Daughter of Kirk and Lisa Williams

**SOUTH FORT MYERS HIGH SCHOOL**

Ryan Gray  
Edison State College  
Son of Linda Gray

Nicole Ogden  
Rollins College  
Daughter of Marie Ogden and Gary Ogden

**SOUTH FORT MYERS HIGH SCHOOL**

Richard A. Squitieri, son of L. Richard and Myrtilla Squitieri of Sanibel, recently graduated from Eckerd College in St. Petersburg, Florida. He earned a Bachelor of Science Degree with a major in biochemistry and minors in biology and mathematics. While at Eckerd, he completed an internship with the Tampa Bay Research Institute.

Squitieri graduated from Wyoming Seminary Preparatory School in Kingston, Pennsylvania in 2008. He is a former student of The Sanibel School. In the fall, he plans to pursue his doctorate in Biochemistry at the University of California-Davis.

$4.8M Offered To Canterbury Class

The 37 members of the Canterbury School’s Class of 2012 received a total of $4,867,292 in scholarships, grants and award offers. All students were accepted to four-year colleges and universities.

“Canterbury students pursue rigorous college preparatory courses and balance with that significant commitment to school and community activities. “Canterbury also focuses upon the education of strong character. This character shines through in college and scholarship applications,” said Melissa Wilson, director of college guidance.

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If you know a 2012 Graduate please send his/her info to press@islandsunnews.com
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### Prestigious St. Charles Harbour
- 4 Bedroom Waterfront Oasis
- 236’ Directly on the River
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- Call Today for Private Showing
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### Walk to Beach and Bay – Sanibel
- Furnished 4BD/4BA
- East End & Steps to Beach
- Large, Heated Lap Pool
- Gourmet Kitchen with Granite
- $899,000  MLS 2701745  Jim Branyon 239.563.3233

### Florida: Bonita Springs, Fort Myers, Naples, Ocala, Sanibel and Captiva Islands
- North Carolina: Cashiers, Highlands, Lake Glenville, Lake Toxaway and Sapphire Valley

### Sunset Captiva – Captiva
- 2 Bedrooms, 2.5-Baths
- Beach and Boating
- Updated 2-Level Beach Home
- Located in the Village
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### Quaint Tropical Retreat – Sanibel
- 2 Bedrooms, 2-baths
- Gulf Access w/Dock and Lift
- Separate Garage and Workshop
- Canal View
- $499,000  MLS 2100507  Burns Family Team 239.464.2984

### Fantastic Marina Views - Captiva
- Furnished 1 Bedroom, 2 Baths
- Income Producing
- Complimentary Resort Membership
- Located in South Seas Island Resort
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- 2 Bedroom, 2 Bath South Seas Resort
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- Beautiful Kitchen with Granite/Stainless
- Just Steps to the Water
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### Seaside of Sanibel
- 3BD/3.5BA with Enlarged Ensuite Guest Rooms
- Total Reconfiguration and Remodel
- Front & Rear Lanais
- Exceptionally Furnished
- $1,349,000  MLS 2120531  Jane Reader Weaver 239.464.2249

### Canal Home – Del Sega- Sanibel
- 3 Bedrooms, 2.5 Baths
- Great Boating Access & Canal Views
- Meticulously Updated
- Private, Unique Pool Area
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### Canalside of Sanibel
- Boaters Dream Location
- Newer 4BD/4.5BA with Pool/Spa
- Olde Florida Style with Boat House
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### Spectacular Penthouse Unit
- High Tide – Huge Beach & Sunset Views
- Professionally Decorated
- Impact Windows & Doors
- Top-of-the-Line Finishes
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- Newer 4BD/4.5BA with Pool/Spa
- Olde Florida Style with Boat House
- Separate Garage/Workshop Buildings RV Hook-up
- $1,995,000  MLS 2111125  McMurray & Nette 239.850.7888

### Premier East End Location
- 3BD/3.5BA Direct Access Canal Home
- Recently Remodeled-3,000 S.F. Living Space
- Large Screened Pool
- 140’ of Beautiful Seawall Canal Frontage
- $1,795,000  MLS 2120159  Burns Family Team 239.464.2984

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Kevin Greten, a Sanibel resident since 1995, is currently on an adventure of a lifetime, racing in a mountain bike event – called the Tour Divide – which started in Baniff, Canada and will finish in Antelope Wells, New Mexico.

Over the past several months, Greten has been training for the 2,745-mile competition by riding his bike from the islands to several Florida destinations, including Fort Lauderdale, Tampa and Orlando. He, along with 105 fellow riders, is hoping to complete the race in 26 days.

On June 6, the first day of the Tour Divide (which follows the Continental Divide between Canada and the United States), Greten began a journal of his adventure:

"Day 1 – Had my Great Divide initiation yesterday. Included a little of everything… mudslides, flash floods, falling trees and rocks, heavy rain and snow all day. Ended up pushing about 10 miles, including about 5 miles of post holing and mud sloughing on Elk’s Pass, which took 3 hours."

Over the course of the next several days, Greten logged additional journal entries detailing encounters with snowfall, moose and a family of grizzly bears.

"About 3 miles of snow to pothole and push. But got down before dark," he wrote on Day 4. "Didn’t see any bears, but a big one left a nice set of tracks across the pass for me to follow. Got me to thinking as I sloughed along. That big bear and I have a lot in common… homeless nomads, sleeping in the dirt, and wandering passes thinking about food."

Greten, the owner and jewelry designer of Sanibel Goldsmith as well as a licensed general contractor and owner of Calusa Development, was midway between Pinedale and Rawlins, Colorado as of Monday afternoon. He is expected to finish the Tour Divide on July 4.
A beautiful afternoon on June 15 wasn’t spoiled with a walk around The Beachview Golf Course. However, the weather did change along the way. The winds picked up and the clouds hovered, but not a drop of rain was seen as the eight teams scrambled for the top Friday Night Scramble prize.

Three teams finished tied for the top spot, so matching the scorecards was needed to declare a winner. Skipp Tutor, Gene Taylor and Mick Gurley of New Moon Sailing took top honors with an eagle on the par 5 ninth hole. Brad Sitton won the Timbers/Sanibel Grill closest to the pin contest.

The Beachview Golf Course hosts the Friday Night scramble every week. Call the Pro Shop at 472-2626 to sign up your team or we’ll pair you with others. In addition, the winners from the June 8 event were Ank Malechea, Becky Skog, Peter Mindel and John Earle. Malechea also won the Timbers/Sanibel Grill closest to the pin prize that evening.

Skipp Tutor, Gene Taylor and Mick Gurley, winners of the June 15 Friday Night Scramble

Ank Malechea and Becky Skog, teammates on the June 8 winning squad

**PGA Tips**

**A Quick, Helpful Practice Routine**

by Matt Oakley, PGA Golf Professional

Most of us get very little time for golf, much less practicing golf. If you have little practice time, here is a quick routine to use. If you did this routine at least once a week for 45 minutes, your game would improve immediately!

**15 Minutes Of Putting Practice**
- Start 30 feet from the hole with one golf ball.
- Roll about three 30-footers from four different angles (uphill/downhill/breaking right/breaking left). This will total 12 putts.
- Then roll a total of 20 five-footers. Putts make up about 40 percent of the total strokes in a game of golf; it deserves at least one-third of your total practice time.

**15 Minutes Of Chipping/Pitching**
- Chip and pitch from all different lies and distances around the green for 15 minutes. Focus on your routine as if you were on the golf course playing.
- Stand behind the ball, visualize what you want the ball to do, do a few rehearsals and then hit the shot.

**15 Minutes Of Full Swing Practice**
- Start with a wedge and hit a few full swings to a specific target and specific yardage.
- Hit a few balls with each club going with more club as you go (wedge, then 9-iron, then 8-iron, etc.) until driver.

This brief but useful routine will let you hit every shot you would face in a round of golf in about 45 minutes. Do this at least once a week and your scores will come down soon after.

**SPORTS QUIZ**

1. Entering 2012, how many consecutive years had it been since the New York Yankees had a losing season?
2. Who is the only player to belt four home runs in two different World Series?
3. Name the last offensive rookie before center Maurkice Pouncey in 2010 to start every regular-season game for the Pittsburgh Steelers.
4. Who holds the record for most 3-point field goals made in the NCAA men’s basketball championship game?
5. Name two NHL goalies to have scored a goal in both a regular-season game and a playoff game.
6. When was the last time the U.S. won a gold medal in men’s track 5,000 meters?
7. Who held the record for biggest margin of victory in the LPGA Championship before Cristie Kerr won by 12 shots in 2010?

**AN 答 WERS**

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Galloway Captiva Tri Combines Families, Fun And Physical Fitness

With school out, families are looking for fun things to do together. Taking on an athletic challenge as a family can be a great way to spend the summer, with the added bonus of boosting everyone’s fitness. For many, a multi-sport event allows everyone to prepare and compete, but each working to the level that’s appropriate for their age and agility.

For Southwest Florida families, one fun fitness choice is the Galloway Captiva Tri, a two-day event that includes a children’s tri for ages 6 to 13 on Saturday, September 15, and an adult sprint tri on Sunday, September 16. Family members can compete in the morning and spend the rest of the day enjoying the beach and other amenities on Captiva.

With a triathlon, getting ready is half the fun. Over the summer, the families can swim, bike and run to build endurance and skills for the race.

“The distances are short enough that they are doable,” said Kate Gooderham, one of the event’s two USA Triathlon-certified race directors.

The race for those ages 6 to 9 involves a 100 yard swim, a 1.5 mile bike ride and a 0.5 mile run. For the 10- to 13-year-olds, the distances are doubled to a 200 yard swim, a 3 mile bike ride and a 1 mile run.

“Those are fun triathlons for the kids. It gives them an opportunity to have a good time without the pressure of winning,” said Angie Ferguson, also a USA-T certified raced director as well as a long-time triathlete herself. “We want them to have the experience of the three events and the transition in a fun setting... and everyone who finishes gets a medal.”

“The great thing about kids triathlon is that it includes three things kids love to do—swim bike and run,” said Jim Dwyer, whose two sons will participate in the children’s events while he and his wife, Cindy, do the adult event the following day. “The best part is that they get cheered on the whole way and it is short enough that it doesn’t lose the fun factor.”

While fun, family and fitness are the goals of both getting ready for the tri and participating, safety is also critical. The comparatively short distances are part of the overall safety plan, as is the extra effort made to sanction both events with USA Triathlon and to work closely with local public safety officials in advance of the races. Also, for the children’s events adult volunteers and lifeguards will line the swim course in shallow water, so the kids can either reach out to an adult or stand if they feel overwhelmed.

During the bicycle leg of the race, the road is closed to motor vehicles, and the goal is to have an adult visible to a child at all times while they are biking. The run portion takes place along the golf course with lots of adults in view and no vehicles.

“What we love is to be able for the kids to feel free to enjoy themselves and we don’t have to worry,” said Dwyer. “Our big worry is how we’ll do on the adult race on Sunday!”

Both adult and children athletes can register online at www.captivatri.org. Community Cooperative Ministries, Inc. (CCMI) is the benefitting charity for the race, as it was last year. A portion of the proceeds raised at the event will go towards supporting CCMI’s School Backpack Program, providing emergency food more than 2,000 local children each school year. The program helps reduce child hunger and improves health and academic outcomes providing support for Lee County children and families in need.

For additional information, go to www.captivatri.org or find them on Facebook by searching for Captiva Tri.

Lee Memorial Joins STOP Sports Injuries Initiative

Last week, leaders at Lee Memorial Health System’s Trauma Center joined together with the American Orthopaedic Society for Sports Medicine, American Academy of Orthopaedic Surgeons, American Academy of Pediatrics, American Medical Society for Sports Medicine, National Athletic Trainers’ Association, National Strength and Conditioning Association and Safe Kids Worldwide to promote the STOP (Sports Trauma and Overuse Prevention) Sports Injuries campaign.

The campaign educates athletes, parents, athletic trainers, coaches and healthcare providers about the rapid increase in youth sports injuries, the necessary steps to help reverse the trend and the need to keep young athletes healthy. The STOP Sports Injuries campaign highlights include teaching proper prevention techniques, discussing the need for open communication between everyone involved in young athletes’ lives, and encouraging those affected to sign The Pledge to be an advocate for sports safety.

The campaign website and pledge are available at www.STOPSportsInjuries.org.

Sports injuries among young athletes are on the rise. According to the national Centers for Disease Control and Prevention (CDC), high school athletes, alone, account for an estimated two million injuries, 500,000 doctor visits and 30,000 hospitalizations every year.

“We have re-doubled our efforts to reduce the number of sports related injuries among young athletes,” said Mark Tesoro, analyst and educator for the Lee Memorial Health System Trauma Center. “The Trauma Center has been coordinating regional sports safety prevention efforts in partnership with Lee County EMS Public Safety, physicians with Lee Memorial Health System’s sports medicine program, Safe Kids Lee and Collier Counties, Lee County School System, Lee County Parks and Recreation and Florida Gulf Coast University.”

The high rate of youth sports injuries is fueled by an increase in overuse and trauma injuries and a lack of attention paid to proper injury prevention. According to the CDC, more than half of all sports injuries in children are preventable.

Regardless of whether the athlete is a professional, an amateur, an Olympian or a young recreational athlete, the number of sports injuries is increasing— but the escalation of injuries in kids is the most alarming,” said Dr. James Andrews, former president of the American Orthopaedic Society for Sports Medicine.

continued on page 47
Dear Shelley,

I enjoy reading with my preschool children. I like to use both traditional books and e-readers with them. Is one type of book better than another for helping them appreciate books and learn from them?

Abigail F., Sanibel

Abigail,

You have asked a fascinating question. There is no doubt that reading to your children is just about the single most beneficial activity that you can do. All sorts of studies have told us those children who are read to regularly do much better in school and go on to become better readers and have a much larger vocabulary.

Your question about which type of book to read to your children certainly points out the power of technology and a very current educational debate. Should children use one format or the other exclusively? Most people have chosen to expose their children to both book formats. It is important for children to learn how to use a traditional text as well as the e-reader format.

Joan Cooney Ganz, the founder of Sesame Street, is still highly involved in finding the best practices for teaching children. She has now founded a research center where they examine these issues. According to her center’s study about the differences between traditional texts versus e-readers, researchers reported that kids age 3 to 6 remembered more narrative details like “What happened in the story?” from print books than from enhanced e-books with multimedia features. But when kids were asked one plot question for each story, (i.e. “Why did x do y?”), there was no difference between the print book readers and the enhanced e-book readers.

Cynthia Chiong, the lead author of this research, reported that researchers found that while the multimedia features of enhanced e-books grabbed children’s attention, those same features also distracted young readers and led more to “non-content related interactions.” Features like animation, sound effects, videos and games made it more difficult for some parents to keep kids focused on reading and diminished kids’ recall of the text. Parents continually had to tell their children not to turn the page or not to touch the tablets, according to Chiong.

What does this mean? Parents and teachers should choose print books or basic e-books over enhanced e-books, if they want a more literacy-focused co-reading experience with children. These types of books appear to encourage kids to be more verbal, and can lead to improved vocabulary and language development, the study states. These types of books help kids with questions that relate to the text, label, and name objects, and encourage kids to talk about the book’s content from their own perspective as well.

If the primary goal of reading is just to engage the child, then e-books and enhanced e-books may be the better choice. The study reported that in measuring “child-book” engagement, based on the child’s direct attention and touch, more children showed higher levels of engagement for the e-books than the print books, though a majority were equally engaged by both book types. Children also physically interacted with the enhanced e-book more than when reading either the print or basic e-book.

While this study was quite small and more research is needed, it does emphasize the importance of reading with our children and the benefits that come from it. So whether you choose a print book, an e-book, or an enhanced e-book, as long as you are reading to your children they will benefit.

Ms. Gregg is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also nationally certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

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Day Of Total Cleansing Will Return To Sanibel Day Spa

Sanibel Day Spa’s Day of Total Cleansing last month was such a popular event it will be repeated next Friday, June 29, from 3 to 9 p.m.

Noted psychic Dawn Krug will again provide individual readings and raw food chef Nikki Rood will discuss the dietary advantages of uncooked foods.

Spa owners Jeanne Parks and Pamela Attuso say they are excited to repeat the event, for which Krug will return from her Pennsylvania home. Reservations for her 20-minute readings are strongly recommended, since some people could not be accommodated in May due to time constraints.

Krug will be on hand from 3 to 6 p.m. to provide insights into personalities, relationships, events and future possibilities of those who schedule readings. The cost is $80 per session.

Those interested may call Sanibel Day Spa at 395-2220 or toll-free at 1-877-695-1588 to make a reservation.

Krug has worked several missing person cases, with private families and local law enforcement. She uses her intuition to connect with others, including working with women concerning their relationship issues. Psychometry is another way she reads for her clients. She encourages clients to bring items of lost loved ones for her to read.

Complimentary mini-facials by Nouveau Serre, using multi-peptides, and anti-aging hand treatments from Qtica/Zoya, will be included in the day’s offerings, along with complimentary 15-minute oxygen bar sessions.

Reservations are requested. There will be a variety of giveaways and gifts with purchase.

Rood, who is co-owner of the Sanibel Sprout, a health food store with organic juice bar, will share her knowledge and experience with creating tasty vegan, raw/living food meals. She is certified in living food by world-renowned raw food master Dr. Aris Latham’s of the SunFired Culinary Institute.

Additionally, Rood is a graduate of Harvard Medical School’s Department of Continuing Education course entitled Alternative Medicine: Implications for Clinical Practice, held in 1996. She taught intensive yoga workshops at the Tampa Bay Performing Arts Center’s Arts and Spirituality Festivals in 2001 and 2002, and participated in a four-person synthesis of yoga, dance, chant, and percussion for the Yoga For Positive Health: 10th Annual International Conference at Tampa’s Museum of Science and Industry. In 2010, she organized and led a volunteer yoga program at Miami Children’s Hospital.

Rood is currently a consultant to the ArtThread Foundation, a 501(c)(3) organization that grew out of federally funded research involving the arts (music, visual, and movement) and their role in the lives of cancer patients.

Sanibel Day Spa is a 4,000-square-foot facility located in the Periwinkle Place Shopping Center. There are 11 private treatment rooms, a Vichy-shower wet room, semi-private pedicure stations, an oxygen bar and a boutique featuring professional spa products. Spa services include massage therapy, advanced skin care such as micro-dermabrasion, peels and light therapy, reflexology, body treatments, Ayurvedic Wellness, Chakra balancing, Aqua Detox, facial and body waxing, lash and brow tinting. Nail services include natural nail manicures and pedicures from the simple to the sublime with exfoliating scrubs, mineral mask hydrating paraffin. Artificial nail enhancements as well as acrylic repairs and fills also are offered.

Attuso stated, “The possibility of augmented care and cleansing of the body with psychic therapies for the spirit and the health benefits of raw foods makes sense for the overall well-being and relaxation that Sanibel Day Spa is committed to.”

LIVE ON THE ISLANDS

The Mucky Duck on Andy Rosse Lane, Captiva, features music by Mark Dupuy on Mondays; Rich Lancaster, Wednesdays; Gene Federico. Thursdays and Saturdays; and Buckeye Ken, Fridays.

Traditions on the Beach at the Island Inn has live entertainment most nights. This week’s lineup includes: Friday, June 22, dancing to Joe McCormick and singer Barbara Smith; Saturday, Joe McCormick and singer Marvilla Marzan; Sunday, closed; Wednesday, Woody Brubaker on the piano, saxophone, and vocals; Thursday, dancing to Joe McCormick with popular favorites and smooth vocal stylings, R&B, jazz and pop. Traditions is at 3111 West Gulf Drive, phone 472-4559.

Thistle Lodge at Casa Ybel features John McLane on Fridays; Dan Tudor on Saturdays. Casa Ybel is at 2255 West Gulf Drive, Sanibel, phone 472-9200. Danny Morgan plays and sings Saturdays and Sundays poolside at Coconuts at Casa Ybel.

George & Wendy’s Sanibel Seafood Grille has live entertainment as follows: Wednesdays, Robbie Hutto, guitar and vocals; Thursdays Karaoke; Friday, June 22, Anthony Wayne. All performances start at 8 p.m. except Karaoke, which starts at 9 p.m. The restaurant is at 2499 Periwinkle Way, Sanibel, phone 395-1263.

The Jacaranda has entertainment nightly from 7 to 11 p.m. On Friday and Saturday, various artists are featured. On Sunday, it’s Jamaica “Dave” & Co., reggae and dance; Monday, Renata, jazz, contemporary music and dance; Tuesday, Steve “Scooter” Reynolds, acoustic guitar, contemporary music and dance; Wednesday, Buckeye Ken, contemporary, Top 40 and blues; Thursday, 2 Hot, contemporary, reggae and dance. The Jacaranda is at 1223 Periwinkle Way, phone 472-1771.

Traders features music by Chris Workman Wednesdays from 7 to 10 p.m. and Danny Morgan and Friends on Tuesdays and Thursdays from 7 to 10 p.m. Traders is at 1551 Periwinkle Way, phone 472-7242.

Chip’s Sanibel Steakhouse features Michael David playing light classical guitar on Wednesdays and Saturdays. The steakhouse is at 1473 Periwinkle Way, phone 472-5700.
Not One But Two Professional Sports Championships Possible Here In 2012

by Ed Frank

It took 21 years before a local professional team won a league championship, but could this be the year that two titles come this way?

The Fort Myers Miracle have called Hammond Stadium in the Lee County Sports Complex home for 21 years, having never won a Florida State League Championship.

Just last month, however, the Florida Everblades captured their first ECHL Kelly Cup in the 14th year of their hockey franchise’s history.

And now, the upstart Florida Tarpons of the Ultimate Indoor Football League enter post-season play as heavy favorites to win Ultimate Bowl II.

In their first year, the Tarpons recorded a perfect 11-0 record to grab the No. 1 seed and home field advantage at Germain Arena.

The Tarpons host the Lakeland Raiders on Monday at Germain, with the kickoff scheduled for 7:30 p.m. in the battle for the league’s Southern Conference title. The Tarpons already have beaten Lakeland three times in the regular season by scores of 62-45, 59-51 and 57-42.

Should the Tarpons defeat Lakeland for the fourth time, they will face the winner of the Marion-Erie game in the Northern Conference. For the first time in league history, the game will be played outdoors due to renovations of the Marion arena.

Should the Tarpons win their 12th game on Monday, as expected, they will host Ultimate Bowl II at Germain on Monday, July 2.

The strength of the Tarpons is evidenced by the fact that the team landed 10 players in the all-UIFL team, including Terrance Jones, defensive player of the year; Ross Gornall, special team’s player of the year; and Michael Taylor, coach of the year.

Tickets for the playoff games are available at the Germain Arena ticket office or through ticketmaster.com.

Twins First Draft Pick Signs For $6.2 Million

Outfielder Byron Buxton, the No. 2 overall pick in baseball’s Major League Draft, was signed quickly by the Minnesota Twins for a hefty $6.2 million and will begin his professional career right here with the rookie-level Gulf Coast League Twins.

Just 18 years old, Buxton is considered a five-tool player and completed his senior year at Appling County High School in Georgia with a .513 batting average, leading his team to the school’s first state title.

Miracle End Season’s First Half With 27-38 Record

The Fort Myers Miracle began the season’s second-half Monday hoping to improve on their 27-38 first-half record that resulted in fifth-place in the Florida State League’s South Division.

But it wasn’t a winning start, losing 2-1 on the road to the Jupiter Hammerheads.

Fort Myers returns home to Hammond Stadium on Sunday for a four-game series against the Tampa Yankees starting at 4:05 p.m. The Monday, Tuesday and Wednesday games have 7:05 p.m. starts.

Tampa completed the first-half with a 29-36 record and a fourth-place standing in the North Division.

Sanibel Recreation Center Supports Hope Parkinson Program

The Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road, hosts a weekly exercise program especially designed for persons diagnosed with Parkinson’s disease or a related movement disorder. The program is offered at no cost to participants.

The Hope Parkinson Program, part of Hope HealthCare Services, offers a number of special services and activities for people living with Parkinson’s disease and their care partners, to help them experience fullness of life. Classes are offered from October through May. The exercise classes are led by Susan Tucker with the support of Barbara Gennity, fitness contracts coordinator, her staff and volunteers at the center.

For more information about the Hope Parkinson program, contact Michelle Martin, Hope Parkinson program coordinator at Michelle.Martin@HopeHCS.org or call 800-859-0314.

Duel Highlights

Game one was a nail biter. For Sanibel, Kaden Taylor hit a solo home run, Taylor’s walk-off single in the bottom of the fifth brought home Zachary Orsino.

Liam Deal had a great flyout catch in the first. Orsino had two pop-up catches back-to-back outs. Orsino started a rally to push Sanibel to the first run of the game.

For Pine Island, the Eagles went on a hitting rampage, scoring five runs to bring the final score to 6-1.

Majors

Game 1 – Pine Island 10, Sanibel 5

For Sanibel, David Gallo started a rally with a deep hit to centerfield for a double. Knox Deal came home for the first run of the game.

For Pine Island, Kenny Smith pitched a great game to shut down Sanibel’s bats. Camryn Frazier stole home two times.

Game 2 – Pine Island 7, Sanibel 3

For Sanibel, Jordyn Dolly ignited the inning while Grant Ireland and Kyle Cemel started a rally to push Sanibel to three runs.

Pitching in both games for Sanibel were Julian Meyers, Grant Ireland, Kyle Cemel and Josh Head.

From page 39

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as it currently stands, the Bush-era tax cuts on ordinary income, dividends, capital gains and interest income, it will significantly widen the tax gap between capital gains and other income, dividends, and capital gains rate by over 20 percentage points.

History suggests that changing rates may impact investor behavior and corporate decision-making, but the evidence is mixed. In 1922, Congress lowered the top capital gains rate from 73 percent to 12.5 percent, and the roaring ‘20s stock bubble followed soon thereafter. The 1993 Budget Reconciliation Act raised the top income tax rate to 39.6 percent and capped capital gains rates at 28 percent, with a multi-year boom in high-growth, non-dividend paying technology stocks starting in the mid-90s. Corporations also continued to reduce dividend payout ratios, though this trend had been in place since the 1960s. Four years later, in 1997, Congress lowered capital gains rates to 20 percent, and the Internet bubble hit full stride.

However, it’s tough to say whether changes in tax rates caused the equity bubble of the 1920s and 1990s, or simply occurred at the same time. For example, the reduction of the tax rate on dividends to 15 percent in 2003 has not spurred corporations to pay out more of their earnings as dividends – in fact, the overall payout ratio of the S&P 500 has been flat to down since 2003.

Starting next year, the top tax rate on dividends rises markedly to 39.6 percent. The top ordinary income tax rate will be 34.3 percent (including the new 3.8 percent investment tax written into health-care legislation), which will exceed long-term capital gains rate by over 20 percentage points.

Although this change will simply put dividends on an equal footing after taxes with interest income, dividends, and capital gains, it will significantly widen the tax gap between capital gains and other sources of income for high-income earners. Many strategies will still be available to reduce, or defer, taxes. Investors can:

- Harvest capital gains on low-basis stocks in 2012 before the tax rates rise.
- Shift dividend-paying securities to tax-deferred accounts like IRAs.
- Postpone taking losses beyond 2012 to reduce future taxes.
- Strategically use up loss carry forwards.
- Shift some fixed-income investments into tax-free municipal securities.
- Increase holding periods on stocks to defer paying higher taxes indefinitely.
- Seek more capital appreciation from portfolios rather than current income.

A high priority in 2012 should be to position your portfolio as best as possible to generate after-tax gains that still meet individual needs and goals. In our view, the tax tail should not wag the investment dog, and taxes should be just one of many factors we consider when positioning portfolios.

### Superior Interiors

#### Seven Steps To Decorating Your Living Room

by Jeanie Tinch

Color – The color of your new room should be harmonious, in pleasing proportion and selected with regard for your family likes and dislikes.

Comfort – Comfort is key to Selecting sofas and chairs. If you want your room to be totally hospitable, then be sure to select well proportioned and comfortable seating.

Furniture – Be sure to group your furniture to allow talk to flow easily. It’s also important that your furniture be adaptable to different situations. Be sure there is ample space for extra seating when you must accommodate an unusually large number of people. Arrange your furniture so that it’s pleasant to watch TV, listen to the radio or even work on the computer if needed. Consider traffic lanes carefully so that there will be no awkwardness in moving around the room. Also, give a thought to coziness as well as the aesthetics of your furniture. A home without warmth, no matter how tasteful, can have an adverse effect on most people.

Fabrics – Be sure that your fabric selections are pleasing in texture as well as harmonious in color, with good wearing and maintenance qualities for your sake and your budget’s.

Lighting – A lighting plan must be created to enhance your overall room setting and illuminate special room’s activities. Provide soft lighting for entertaining and direct or task lighting for reading.

Lamps – Be sure your lamps are the right height and of a size that’s in balance with other furnishings. Today’s lamp shades come in a variety of textures, colors and styles, so consider selecting decorative shades to complement your room’s overall decor.

Maintenance – Your living room must be livable for you, therefore maintenance is a major consideration. Select practical yet decorative furnishings and fabrics that will lighten your household load. You’ll get more enjoyment from having guests and they will feel far more welcome.

### Insurance Tip

#### How To Avoid Water Damage

by Marge Meek

Water damage to your home results in large claims, disruption to your life and the loss of valuables. Here are some statistics from a study conducted by the Institute for Business and Home Safety.

- The number one source of water damage is roof leaks. Look for missing or deteriorated flashing around vents and chimneys. Half of all damage involving washing machines was due to a burst water supply line. Install reinforced braided stainless steel hoses and get rid of the black plastic water lines that came with the machine.

- Forty-four percent of the water damage from a sink came from faulty plumbing lines. Be sure the shut off valve is working; inspect your plumbing for leaks and corrosion. Supply lines to toilets also cause thousands of dollars in damage to the tile and other rooms. This area can be checked intermittently to keep a slow drip at the connection to the toilet doesn’t create a large repair job.

- After five years, the chance that a water heater will fail increases dramatically. That is why many condos require new water heaters every seven to 10 years, as the damage done to the unit below is the responsibility of that unit owner and not from the condo where the leak started. Seventy-five percent of all water heaters fail before they are 12 years old.

- Lastly, turning your water off when you leave can relieve you of one more worry.

Marge Meek is a local Sanibel-Captiva insurance agent, who can be reached at mmeeke@rosierinsurance.com.
M = O – C

What do you do when a friend calls you to ask for your help for a good cause, but your heart really isn’t in it? He might ask you to man a booth at a festival, direct people where to park, or to set up before or break down after the event. If he is a really good friend, even if your interests aren’t aligned with his, you might commit yourself to helping if your interests aren’t aligned with his, event. If he is a really good friend, even if you have a thousand other things to do when a friend calls you to ask for your help for a good cause, but your heart really isn’t in it? He might ask you to man a booth at a festival, direct people where to park, or to set up before or break down after the event. If he is a really good friend, even if your interests aren’t aligned with his, you might commit yourself to helping if your interests aren’t aligned with his. That can cause a real mess if you don’t let them know that your commitment to the original idea has faded over time. So be careful what you say about who to receive what within your estate plan and to whom you say it. Even if you view your intentions as fluid and subject to your changing discretion, once you’ve voiced them to your family and other affected parties, you might create a real mess if you don’t let them know that your commitment to the original idea has faded over time.

The daughter, however, swears that her father promised to devise the cabin to her. So when he did die, and she discovered that she would not inherit the cabin separate and apart from her siblings, the daughter was devastated. She accused her brother of unduly influencing their father of somehow finagling the cabin away from the father’s promise. She also claimed that she put money into fixing up the cabin based upon her father’s promise. She also claimed that she put money into fixing up the cabin based upon her father’s promise that she would one day inherit it.

A real mess. Assuming that the daughter is telling the truth, and that the father did promise her the cabin, why would he put something different in his estate plan? I suspect that the answer lies in M = O – C. The father made an oral promise obligating him to give the cabin to the daughter, but didn’t have the internal commitment to actually carry out his promise for one reason or another.

Maybe he had that commitment at one time, but when he signed his estate plan that didn’t include the gift, it was evident that he no longer felt that commitment. Should the father have let his daughter know of his new desire for the entire family to share? I’m sure that would have been a difficult conversation to have, but by not having it the father risked a fracture in the family that would render his plan inoperable. Dueling children are not likely to share nicely. The same formula holds true with other elements of your estate plan. If you’ve discussed naming one child as your executor but later name another, questions and hard feelings may arise. It’s one thing if you’ve never discussed your intentions with anybody. When you haven’t mentioned your intentions to anyone, a crucial element of the formula (obligation) is missing.

But once you’ve discussed your feelings and made certain statements and promises, it’s vitally important to reveal your new intentions should they change. All of us have the right to change our minds, even if we don’t view our promises as obligations. Consider, however, that most children will take their parents’ words as rock solid intent. It’s not unreasonable for a child to anticipate that if their parent decides to alter his plan, they would advise those affected.

Charities, by the way, may even have a means of enforcing a promise. The law provides that if you’ve made a charitable pledge, and if the charity has acted in reliance of that promise (namely a building or funding an endowed chair as two examples), then that charity should be able to enforce the obligation, even if made in a revocable trust or will that can always be changed.
VIP Realty Group announced its top agents and sales teams for the month of May. Lomano, Nicholson & Associates was recognized as top producing team and top sales team. Robin Humphrey and Martha Smith were the top sales agents.

G.G Robideau and Lori Pierot were the top listing agents. The Karen Bell Team was the as top listing team. Les Pendleton was the top producing agent.

Robin Humphrey and Martha Smith
Les Pendleton

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2012 Stamp Out Hunger Food Drive Collects More Than 70 Million Pounds

Thanks to the generosity of customers and employees, the 2012 Stamp Out Hunger Food Drive was a resounding success. Locally, Lee County netted 301,295 pounds of food and Collier County reported collections of 269,340 pounds.

Many local food pantries receive the donations that were collected. At one local food pantry, a young boy was able to select a box of Pop Tarts and he excitedly told his mother, “Oh boy, now maybe my friends will come to my house to play again.” Another child proclaimed, “Wow, look at all the food we have now” because his family had received some vegetables.

The Postal Service, the National Association of Letter Carriers (NALC), Feeding America, the Campbell Soup Company and other partner organizations – including the National Rural Letter Carriers Association and other USPS employees – worked together and collected more than 70.5 million pounds of food during the nation’s largest single-day food drive.

This year marked the 20th anniversary of the Stamp Out Hunger Food Drive and was the ninth consecutive time donations totaled more than 70 million pounds. Since the program began in 1992, more than 1 billion pounds of food has been collected to help feed America’s hungry.

Recent statistics indicate that about 50 million Americans – including 17 million children – now live in families that lack sufficient food. These results will enable the food pantries across the country to help feed the 50 million Americans, one-third of them children, who live in families that lack sufficient food.

Follow the Postal Service on www.twitter.com/USPS and at www.facebook.com/USPS.

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Tendon Truths
by Dr. Dave Hepburn

Thetis, a gorgeous Greek goddess of the sea, was courted by several high-ranking gods including Zeus, Poseidon and Gordo, son of Bacchus. But due to your basic Greek curse-de-jour, she was condemned—like most women—to marry a mere mortal man.

Not terribly pleased about this, Thetis made the life of her mortal hubby, poor Peleus, a living hades. Each time Peleus tried to hold Thetis, she had the irritating habit of transforming herself into a tree or fire or a tiger, earning her the title of goddess of PMS.

Finally, the odd couple did manage to have a little bouncing baby demigod, Achilles. Wanting him to be immortal, Thetis (not exactly being the brightest lighthouse on Olympus) held Achilles by the heel and dipped him into the river Styx, immortalizing all but his heel. Achilles went on to become the hero by the heel and dipped him into the river Styx, immortalizing all but his heel. Achilles went on to become the hero of the Trojan War against the Trojans. But eventually, archenemy (heellenemy?) Paris, shooting with the accuracy of a Lord of the Rings elf, landed an arrow smack dab into Achilles’ heel, mortally wounding him and proving the old adage, “time wounds all heels.”

Achilles’ heel didn’t, and as a result he passed into Greek mythological death, ensuring himself a lucrative deal as a constellation, a sports shoe or a tendon. A tendon is that tough sinewy end of a muscle that connects the muscle to a bone. (A ligament connects a bone to a bone.)

Painful tendons are commonly caused from overuse. Athletes (be they competitive, weekend warriors or the New York Rangers) commonly overuse a tendon until it develops wee cracks and tears and starts to degenerate. Most doctors do not know the difference between a tendinitis and a tendinosis. Fortunately, most physiotherapists do.

“Titis” refers to inflammation of a particular organ or tissue. Meningitis, appendicitis, bursitis, arthritis, tonsillitis, hepatitis, colitis, etc. all refer to swollen and inflamed organs. But tendons rarely get inflamed. Tendinitis, therefore, is as mythical as Thetis, Zeus or Bertuzzi. Instead, a sore tendon is commonly a tendinosis, a painful degeneration of the tendon caused by microtrauma, aging or poor blood flow. And anti-inflammatory pills do not help! But I guarantee that 8,792 doctors out of 10 will recommend anti-inflammatory pills for what they perceive is tendinitis. Treatment, however, should be geared towards both preventing further collagen degeneration in the tendon as well as stimulating collagen synthesis.

Treatment includes specific strengthening, deep friction massage, laser, appropriate rest (may take months), surgery and – more recently – the use of Botox.

Five tendons that commonly get into trouble include the:

Achilles Tendon – Achilles tendinitis refers to pain in the calf as a result of overuse, usually in runners. This is the only tendinosis that does not occur where the tendon attaches to the bone, but rather where the tendon connects to the muscle. Hence, pain is not at the heel but more towards the lower calf. If allowed to continue to degenerate, this tendon can rupture with devastating results.

Patellar Tendon – Just below the kneecap, the patellar tendon can be worn out through extensive jumping or squatting. Known as jumpers’ knee.

Tennis Elbow – Tennis elbow is a tendinosis of the top of the elbow (hold your arm out straight with palm down and press the top of your elbow). It is actually caused by anyone who overuses the wrist, not the elbow! So named because it occurs in a tennis player who snaps the wrist backwards for a backhand shot or a backhand slap across their doubles partner’s skull.

Rotator Cuff – Occurs in the shoulder of swimmers, pitchers or in older folks who fall on the shoulder. This tendon can easily progress to a tear causing the shoulder to hurt all night. Surgical repair is necessary.

Golfers Elbow – The bottom of the elbow is sore, again from overuse of the wrist. So named for the strain put on the tendon by golfers constantly bending their clubs around the neck of the nearest tennis player.

Like the column? You’ll LOVE the book the Doctor is In(sane), available at Sanibel Island Books & Gifts. Contact Dr. Dave or read more at www.wisequacks.org.

Free Autism Screening For Young Children

The Children’s Hospital of Southwest Florida, in partnership with the Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to 5 years of age.

The next screening will be held this Friday, June 22 from 9:30 a.m. to 2 p.m. at the Family Health Center, 2256 Heitman Street in Fort Myers.

It is estimated that one in every 150 children is diagnosed with some form of Autism Spectrum Disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Neurosciences Center at The Children’s Hospital, under the guidance of pediatric neurologist Jose Colon, MD, MPH. The screenings are administered by an Advanced Registered Nurse Practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.

From page 37

3-D Project

served.”

According to Owen, the project will take place over a three-year period with the third phase to include a capacity survey to determine how the efforts have improved the civic infrastructure, civil society and lives of citizens across Southwest Florida.

“As a regional foundation, our goal is to be the catalyst for social innovation, transformational communities, organizational capacity and needed inspiration,” added Owen.

The Southwest Florida Community Foundation is celebrating its 35th year of supporting the communities of Lee, Charlotte, Glades, Hendry and Collier counties by connecting donors and their philanthropic aspirations with evolving community needs. The community foundation has provided more than $50 million in grants and scholarships to the communities it serves. During its 2011 fiscal year, SWFLCF granted more than $3 million to more than 100 different organizations supporting education, animal welfare, arts and human services.

For more information, call 274-5900.

To advertise in the Island Sun Call 395-1213

Dr. Dave
Getting More Comfortable With Sjogren’s, Autoimmune Disorders

by Suzy Cohen, RPh

D ear Pharmacist:

I am suffering with Sjogren’s syndrome, it makes my skin, eyes and mouth so terribly dry. Even sex is painful. Do you have any suggestions that may work for me?

PW, Santa Rosa, California

Sjogren’s syndrome – or “SS” – mainly affects women and occurs, in part, when white blood cells attack the moisture-producing glands. Think dry eyes/mouth so terribly dry. Even sex is painful. Do you have any suggestions that may work for me?

Reduces many interleukins including IL-1 and carefully note your response. If symptoms worsen, stop immediately.

Green tea or EGCG supplements – Reduces intercellulins including IL-1 (associated with skin) and calms inflammation and sensitivity in your eyes and mouth.

Wise Woman Herbs’ vaginal suppositories – They contain vitamin E, A and the soothing herb calendula. May relieve vaginal dryness.

Omega 3 fish oils – Helps with dry eyes and mouth. Reduces TNF alpha and prostaglandins.

CoQ10 or Ubiquinol – Improves saliva flow.

Herbal mouth rinses – Great, but avoid those containing alcohol or witch hazel, which may aggravate oral dryness.

Prickly ash, slippery elm – Taken as tinctures or tea may stimulate saliva production.

Be mindful that some wonderful supplements aggravate Th2 dominance by strengthening that army; Allalfa, astragalus, echinacea, ginseng, goldenseal and licorice root. If you’re condition is Th1 dominant, then these are great. A blood test can determine Th1 versus Th2 dominance.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.

From page 46

Sports Injuries

Orthopaedic Society for Sports Medicine (AOSSM) and STOP Sports Injuries co-campaign chair. “Armed with the correct information and tools, today’s young athletes can remain healthy, play safe, and stay in the game for life.”

Supporting the STOP Sports Injuries campaign are the country’s leading sports medicine organizations along with professional athletes and business leaders who have signed on as members of the campaign’s Council of Champions. This Council will help raise additional awareness about this growing epidemic of youth sports injuries.

Some of the founding members of the council include former Olympic champions Eric Heiden and Bonnie Blair, professional golfer Jack Nicklaus, NFL Hall of Fame quarterback Bart Starr, MLB baseball player John Smoltz, NFL Hall of Fame defensive end Howie Long, and Heisman Trophy winner and St. Louis Rams quarterback Sam Bradford.

Share your community news with us.

Call 395-1213
Fax: 395-2299
or email press@islandsunnews.com
Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I have realized that my parents were unable to function in their own home, but my mother positively refused to move. She has been caring for my father, who has some form of memory loss.

The other morning at about 2 a.m., my father got up, went to the kitchen and started to cook. The smell of smoke awakened my mother and in the rush she fell and broke her hip. The fire trucks came, they called an ambulance and the whole neighborhood was awakened.

My father was also taken to the emergency department because at that time we had no other place for him to go. The house was severely damaged. My father is staying with relatives out of town and my mother is in rehabilitation after surgery.

I don’t know what to do next. Where do you suggest I start?

Annabelle

Dear Annabelle,

For some older individuals, living independently at home – even with in-home services – is not possible due to safety concerns. Some significant safety concerns are wandering out of the home, having days and nights confused and engaging in other unsafe behavior like using appliances unsafely.

If your parents return home, their home plan should include in home services 24 hours a day, seven days a week, which is very expensive. The other option is either independent housing with supportive services or assisted living. Begin by calling the independent living and assisted living communities in your area.

The social worker at the rehab center is a great resource. She or he will be able to tell your mother’s abilities, where the therapist and physicians think your mother should live and the different communities in the area to look at.

Pryce

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.

Cycling Safety Notes

USE CAUTION WHEN CROSSING STREETS, AND DO SO AT LEGAL CROSSWALKS, IF POSSIBLE

Always use caution when crossing any street (or driveway) that intersects with our Paths; use the crosswalk if available. And be courteous to drivers. If cars are waiting at a four-way or other intersection when you approach, stop and let them have their turn. It’s the Sanibel way of treating each other with respect.

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Top 10 Real Estate Sales

<table>
<thead>
<tr>
<th>Development</th>
<th>City</th>
<th>Year Built</th>
<th>Square Footage</th>
<th>Listing Price</th>
<th>Selling Price</th>
<th>Days on Market</th>
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<tbody>
<tr>
<td>Bonita Beach</td>
<td>Bonita Springs</td>
<td>2000</td>
<td>3,941</td>
<td>3,295,000</td>
<td>2,975,000</td>
<td>288</td>
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<tr>
<td>Del Sega</td>
<td>Sanibel</td>
<td>1992</td>
<td>3,909</td>
<td>1,249,000</td>
<td>1,145,000</td>
<td>17</td>
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<tr>
<td>Castaway Estates</td>
<td>Sanibel</td>
<td>1969</td>
<td>2,376</td>
<td>829,000</td>
<td>805,000</td>
<td>145</td>
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<tr>
<td>The Dunes At Sanibel</td>
<td>Sanibel</td>
<td>1985</td>
<td>1,910</td>
<td>599,700</td>
<td>579,850</td>
<td>45</td>
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<tr>
<td>Veridan</td>
<td>Fort Myers</td>
<td>2011</td>
<td>3,611</td>
<td>575,999</td>
<td>560,000</td>
<td>175</td>
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<tr>
<td>Pelican Landing</td>
<td>Bonita Springs</td>
<td>1992</td>
<td>2,802</td>
<td>548,999</td>
<td>530,000</td>
<td>94</td>
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<tr>
<td>Lexington Country Club</td>
<td>Fort Myers</td>
<td>1998</td>
<td>2,649</td>
<td>587,000</td>
<td>525,000</td>
<td>295</td>
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<tr>
<td>San Carlos On The Gulf</td>
<td>Fort Myers Beach</td>
<td>1963</td>
<td>1,296</td>
<td>519,500</td>
<td>512,000</td>
<td>8</td>
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<tr>
<td>Tidewater Island</td>
<td>Fort Myers</td>
<td>1996</td>
<td>3,792</td>
<td>499,000</td>
<td>484,000</td>
<td>112</td>
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<td>Cape Coral</td>
<td>Cape Coral</td>
<td>2005</td>
<td>2,511</td>
<td>499,900</td>
<td>453,000</td>
<td>716</td>
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Courtesy of Royal Shell Real Estate
PUZZLE ANSWERS

SUDOKU

| 6 | 8 | 5 | 9 | 2 | 4 | 1 | 3 | 7 |
| 1 | 4 | 3 | 7 | 5 | 8 | 2 | 6 | 9 |
| 9 | 7 | 2 | 6 | 1 | 3 | 4 | 5 | 8 |
| 2 | 5 | 1 | 8 | 4 | 7 | 3 | 9 | 6 |
| 4 | 9 | 7 | 5 | 3 | 6 | 8 | 1 | 2 |
| 8 | 3 | 6 | 2 | 9 | 1 | 5 | 7 | 4 |
| 7 | 1 | 9 | 3 | 8 | 2 | 6 | 4 | 5 |
| 3 | 6 | 8 | 4 | 7 | 5 | 9 | 2 | 1 |
| 5 | 2 | 4 | 1 | 6 | 9 | 7 | 8 | 3 |

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solution
1. Blast; 2. Secret;
3. Grind; 4. Miasma

Today's Word:
AMBIANCE
Animal Shelter In Need Of Canned Cat Food

Lee County Domestic Animal Services is in need of canned cat food to feed hundreds of cats currently housed at the shelter. The intake of cats during the summer increases from a monthly average of 286 to an average of 523 per month from May through October. The shelter is depending on the generosity of the community to get through kitten season with enough food to feed all of the cats. Donations can be brought to the shelter at 5600 Banner Drive in Fort Myers, located off Six Mile Cypress Parkway next to the Lee County Sheriff’s Office. Convenient drop off sites are also located in many Publix Supermarkets and other locations throughout Lee County. A list of sites is available online at www.LeeLostPets.com.

The shelter’s goal is to provide the best care possible for pets until they can be adopted into permanent, loving homes.

“Canned food is very important for growing kittens, as well as adult cats, that require extra nutrition to ensure a healthy weight to prepare them for adoption,” said Donna Ward, LCDAS director. “Many of the cats and kittens that come through our shelter doors have not had proper nutrition or vaccinations placing them at risk for illness leading to loss of appetite. Canned cat food provides an extra incentive to get them back to a healthy weight. Providing the right type of food is critical to their well being and survival.”

Lee County Domestic Animal Services also encourages residents to spay and neuter their own felines in addition to taking advantage of the agency’s Trap, Neuter and Return program for feral (wild) outdoor cats by calling 533-9234 or via email at spay@leegov.com.

Visit Lee County Domestic Animal Services’ website for more information about programs and services, lost pets, and pets for adoption at www.LeeLostPets.com.

FPL’s Summer Savings Tips: Keep Your Cool And Make The Most Of Your A/C Unit

As temperatures heat up, Florida Power & Light offers weekly energy savings advice for customers this summer. With the official start of summer now here, FPL reminds customers that weather is the number one cause of higher electric bills, especially as air conditioning usage increases along with rising outdoor temperatures.

“Air conditioning can account for half or more of electric bills, with outside temperatures directly affecting how often and how long systems must run to cool homes and businesses,” said FPL’s energy efficiency blogger Danielle Mousseau. “While FPL customers already have the lowest bills out of all 55 utilities in the state, we’re committed to helping Floridians manage energy use throughout the warm summer months and make their bills even lower.”

Mousseau offers simple tips customers can implement to keep excess light and heat out of their homes, helping air conditioners work more efficiently and saving money in the process.

Window Shading

Windows and glass doors that face east and west are the most likely to let unwanted heat into your home. Here are some ways to shade the area:

• Landscaping – You must plan before you plant. Consider the mature size of plants and their distance from power lines.
• Awnings – These work best when the sun is high in the sky. They shade windows well but are not cost effective based solely on energy savings.
• Window Coverings – These reduce the amount of heat that enters from the sun.

They shade windows well but are not cost effective based solely on energy savings.

Weather-stripping

This is an inexpensive solution to help reduce the amount of air that enters or escapes your home through doors and windows. Types of weather-stripping include:

• V-shaped vinyl
• Adhesive-backed foam
• Spring metal
• Door sweep

Caulking

Caulking is an additional way to reduce unwanted airflow. It is only worthwhile when done as part of another project, such as painting. Use silicone or siliconized acrylic caulk because they have the longest life span, work well on most surfaces, and will maintain their elasticity.

Ceiling Insulation

Adding insulation to your home can reduce heating and cooling costs. Homes built after 1982 are required to have R-19 insulation, which is the level we recommend. However, if your home was built before 1982, you may benefit from adding insulation.

Installing additional insulation:

• Keeps unwanted heat out
• Reduces the workload of your cooling system
• Can result in additional savings on your electric bill

At www.FPL.com/toolkit, customers can view tools and information to help them understand, control and manage bills including top 10 energy-saving tips, an interactive house with energy-saving tips room by room and information on savings when purchasing a new air conditioner.

Additionally, customers can get a personalized energy savings plan by completing an Online Home Energy Survey at www.FPL.com/ohes.

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Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

| Name | Hidden
|------|------|
| STALB | SECTER
| DRING | SAMIAM

"What does that mean, you don’t like the ________ ______ ______ ______?"

**TODAY’S WORD**

<p>| | | |</p>
<table>
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**SUDOKU**

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 57

answer on page 57
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atmosphere. Fax resume to 239-289-2385, or stop in at Island B.P.
e-mail jknorris7657@yahoo.com, call 239-
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@RS 6/20 CC 6/22

HELP WANTED
Sanibel construction company seeking
part-time Bookkeeper/Administrative
Assistant. This position requires
approximately 35 hours per week.
Candidate must be well organized, detail
oriented with working knowledge of
QuickBooks, MS Word and Excel. Past
construction accounting experience a
plus. Please send resume and salary
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NEAR BEACH PRIVATE HOME 3 BEDROOM, 2 BATH
3 bedroom, 2 bath Home with heated pool, in quiet Sanibel neighborhood. Seasonal and monthly rentals. 239-472-0892 or www.4sanibel.com.

OWNER FINANCING WANTED
3 bedroom, 2 bath Home with heated pool, carport plus a free standing garage. In addition, private dock and boat lift. $1,650/mo.

Gulf Beach Properties, Inc. Paul H. Zimmerman, Broker
Making Islanders out of ordinary citizens for over 35 years. Sanibelannualrentals.com

ANNUAL RENTALS

FOUR BEDROOM - DUNES
This Large UF Executive home offers a cul-de-sac road, overlooks lake to golf course, garage + covered parking. Rarely available 4 BR/3 BA, $2,500/mo.

RE/MAX OF THE ISLANDS

1/2 DUPLEX IN THE DUNES
Overlooks golf course to lake. 3 bedroom/2 bath includes all appliances/ unfurnished/no smoking. $1,700 mo + utilities. 215-840-9802

ANNUAL RENTAL

NICE 2 BEDROOM 2 BATH FURNISHED

WANTED TO BUY

CASH PAID FOR MILITARY ITEMS
Cash Paid For Old Military Items. Medals, Swords, Uniforms, helmets, old guns, awards & more. Local Toll Free 1-886-440-3280

FOR SALE

INTERMODAL RAIL FREIGHT CONTAINERS
Full Leased @ 13.5% to 18% Net Fixed Rate
Taxpayers Deduct 100% to $139,000 * 2012

SALES

Largest collection of silver jewelry in SWFL! 50% OFF Art Furniture over $500. Come by daily 2431 Periwinkle Way & see The Silvermeier & Silver Queen only at Sanibel Consignments 472-9222

ESTATES JEWELRY SALE!

This furnished 2/2 home is completely equipped and has a carport plus a free standing garage. $1,650/mo.

GARAGE SALE

659 Donax Street, Saturday June 30, 8 am to 1 pm. Furniture plus. NS 6/22 CC 6/22

ANNUAL RENTAL OR OWNER FINANCING WANTED
Looking to relocate to Sanibel Island ASAP. Need 3-4 bedroom home. We live in NJ and want to make this move. If you have a nice clean home and will hold a mortgage we are the family for you or a long term lease will be great. Please contact Joe Dieckman 609-618-2739.

RENTALS/HOUSING
Professional couple with 2 young sons looking for annual rental on Sanibel asap. 3-bedrooms. Call Kara 715-491-0119.

Sanibel annual rentals.com

ANNUAL RENTAL

ANNUAL RENTAL SANIBEL

CANAL HOME
This furnished 2/2 home is completely equipped and has a carport plus a free standing garage. $1,650/mo.

www.americansynergycapital.com

Equipment
Guardian Standby 16 kw Generator, Nat Gas or Propane, NEW 2006, never used or hooked up. Kept inside garage. Auto transfer switch, emergency load center, owner’s manual. $1,500.

Call Dustyn Corace 203-446-7174.

Don't Harm The Fish
Before releasing, revive the fish while holding it in the water; support it as you lift it out of the water – and do it quickly.

Shore Fishing:
Don't Harm The Fish
by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you’re going to release it is not an option as it usually damages or kills the fish.

• Hold the fish in the water while you unhook it if you’re going to release it.
• The less you can touch a fish before release the better for the fish.
• If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

4th of July issue is June 29 get your ads in early

To place a classified log onto:
IslandSunNews.com

Click On
Place Classified

Island Sun
Sanibel & Captiva Islands
1640 Periwinkle Way, Sanibel
Ellie Mae is a year-and-a-half-old spayed female black and tan hound mix. When Ellie Mae came to the shelter in February, she was in very poor condition and extremely underweight. She also suffered from an eye condition which caused her lashes to rub against her eyes. She has had surgery to fix her eye problems and has gained 15 pounds.

Ellie Mae loves kids and gets along great with other dogs and cats. She is an athletic girl and would do best in a home with a yard and an active family. Ellie Mae is also house trained and loves chew toys and bones. She is currently in a foster home, so if you are interested in meeting her, please send an email to kennel@leegov.com.

Her adoption fee is free (regularly $75) during Animal Services Construction Special.

Lucy is a three-year-old spayed female black domestic short hair. She has been at the shelter since December. She came from a home with more than 70 cats, so individual care and attention is something she is hoping to find in her new forever home!

Lucy is affectionate and it’s no surprise that she gets along well with other cats. She and her sister Vera are the only cats from her former home that are still at the shelter. It would be great if they could stay together. How about adopting two?

Her adoption fee is free (regularly $50) during Animal Services Construction Special.

For information about this week’s pets, call 533-7387 (LEE-PEST) or log on to Animal Services’ website at www.LeeLostPets.com. When calling, refer to the animal’s ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff’s Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee and a bag of Science Diet pet food.

The adoption package is valued at $500.

Read us online at IslandSunNews.com
NEW LISTING:
BEST CAPTIVA GULF FRONT OPPORTUNITY IN YEARS
Priced to sell at Land Value, this property offers you multiple options, renovate the existing 2 bedroom beachfront cottage and guest house, for great rental potential, or use the guest house while you build your beachfront Dream Home. You can always build an all new guest house and main house or just hold the property for future market appreciation. This property has an added feature, a 71-2 foot right of use access to Roosevelt Channel, so bring your kayaks! Plans are available for a new main and Guest house built to suite. Offered for $2,795,000. Contact George Kohlbrenner 239/565-8805.

YOU MUST SEE IT TO BELIEVE IT!
This elegantly appointed 3/4 pool home in Sanibel Estates was extensively remodeled in 2002 by Benchmark and no detail was spared! Home features Brazilian cherry wood floors, top floor master suite, 2 complete guest suites, rooftop sundeck with Bay views, coffer and tray ceilings, granite stone and marble surfaces, 3 floor elevator, media room, library, chef’s kitchen with Crystal cabinetry and MUCH more. The elevated pool is light w fiber optics and overlooks the gardens and canal. Accommodate your boat at this 65' dock with 2-50 amp shore power available. $2,495,000. Contact Tracy Walters 239/994-7975 or Connie Walters 239/841-4540

THE ULTIMATE FISHING RETREAT!
This charming three bedroom, two bath home is located on the very desirable East End on a canal. Enjoy the beautiful pool with three waterfalls & spa, the new large dock on the canal or lounge in the spacious screened in deck overlooking the pool and canal. Cathedral ceilings in the open family room directly off of the eat in kitchen. A large master suite with walk in closet & screened deck/sitting area. This home in the open family room directly off of the eat in kitchen.

COPACETIC ESTATE IS CAPTIVA LIFE AT IT’S FINEST.
The 4 Bedroom 6 ½ Bath Main house is both spacious and elegant yet the mood is tranquil and comforting. The top Floor Master Suite with expansive views of the Bay consists of a Master Bedroom, sizeable Private Office, separate Exercise or Training Room and 2 full baths. Main floor living area includes 3 additional oversize Bedrooms 3 ½ Baths, Living room with Fireplace, Formal Dining, large open Kitchen, oversize laundry, and screened porch overlooking the pool, outside entertainment area, roomy back yard, boat dock and Bay. Your company will never want to leave when they step into the Picture Perfect 4 Bedroom 3 ½ Bath Guest House surrounded in lush tropical landscaping, it’s own Private Pool and Gazebo, wrap around decks and easy private beach access. Both Homes Furnished! So much more to see and enjoy! Offered for $4,199,000. Contact George Kohlbrenner 239/565-8805

DIRECTLY ON SAN CARLOS BAY!!
Views from almost every room. This remodeled home offers a pool with hot tub, two guest suites on 3rd level with a morning kitchen, entertainment area, large walk in closets, stunning balcony views of the bay. Master suite on main level and an office/4th bedroom. Stone, tile, crown molding, impact glass on all windows and doors, over sized 2 car garage. The wild life, dolphins, manatees and more can be enjoyed in this quiet & gorgeous home. This is a must see. Offered for $2,495,000. Contact Tracy “Mr. Listr” 239/ 994-7975 or Connie “Ms Listr” 239/841-4540.

TRADEWINDS
Wonderful 3 bedroom, 3 bath. Near beach home. Privacy is enhanced by white fenced yard, caged topaz pool and lush green tropical landscaping. Step inside and instantly you will see this property was designed with that calming easy-living island atmosphere in mind. Cozy but still spacious so your family can enjoy that relaxed beach home feeling. Tradewinds owners also benefit from an exclusive Beach Access with plenty of parking so you, your family and friends can enjoy the warm sun soaked sands and breathtaking Sanibel Sunsets. Peaceful surroundings, stellar sunsets, restful beaches, relaxed outdoors, easy maintenance. This home will make sure everyday feels like a day at the beach. Offered for $659,000. Contact George Kohlbrenner 239/565-8805

LOGGERHEAD CAY #583
Amazing GULF VIEWS from this 3rd floor condo. This unit is FULLY FURNISHED and just steps away from the sandy white beaches. Loggerhead Cay is one of the Islands most popular condominium complexes as it has AMENITIES GALORE! Community grills, shuffleboard, tennis courts are just a few of the many amenities available. This unit is quiet and features an open floor plan. Offered for $549,000. Contact Tracy Walters “Mr. Listr” 239/994-7975 or Connie Walters “Ms. Listr” at 239/841-4540.

CROWN COLONY
Location is everything! One of the best location configurations in Crown Colony, Enjoy a sunrise view over the lake and golf course. A front sunset view over a beautifully landscaped area. Golf membership available but not required. Offered for $384,000. Contact Larry Hahn 239/898-8789

OLD PELICAN BAY
Appreciate being in touch with native surroundings. This well maintained waterfront lot has many enhancements including fill, dock and manicured trees. An opportunity to purchase an undeveloped home site with such unvalued view! Explore the potential of building your own custom home at this truly exceptional location within a quaint gated community. The impressive waterfront community offers direct access to the Gulf of Mexico and privacy overlooking preserve on this Cul de sac road. Survey available upon request. SELLER FINANCING option upon mutually agreed terms and conditions. Offered for $319,500 Contact LeAne Taylor Suarez 239/872-1632.

AMENITIES GALORE! Community grills, shuffleboard, tennis courts are just a few of the many amenities available. This unit is quiet and features an open floor plan. Offered for $549,000. Contact Tracy Walters “Mr. Listr” 239/994-7975 or Connie Walters “Ms. Listr” at 239/841-4540.

SANIBEL HARBOUR YACHT CLUB
Experience stress free boat ownership with a great dockominium featuring 5 star restaurant, Concierge service, Deli and catering, unlimited boat launching, beach area with Tiki hut and BBQ grills, 24 hour security complete washdown and engine flush after each use. #259 $49,900 reduced!! #278 - $29,900 Contact Marianne Stewart 239/560-6420 #193 - $37,000 reduced! Contact Tracy Walters 239/994-7975

For questions, contact: Ralph Galietti 239/826-5897 or Cathy Galietti 239/869-6111

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