Good Luck To Sanibel Teams Preparing For 10K RACE 4 FISH

Final training is being encouraged for all runners getting ready for FISH 10K RACE day on Saturday, October 15.

In addition to being sponsors of the race, many island businesses have entered teams and have been working hard on their training.

Friends at Island Therapy have a team busy in training. Island Therapy has been a sponsor of the FISH 10K from the beginning. They will also be taking an expo stand at The Community House and will be offering advice and help to runners before and after the race. Good luck, Team Island Therapy!

Team Timbers has also been training hard. Some of the team took part in the recent Captiva Tri and are now limbering up for the FISH 10K on Saturday.

FISH 10K John R. Wood Water Team is back for its second year of working the water stations on the race course. John R. Wood realtors Jay Richter, Tommy Wiley, Amy Marshall, Rachel Tiflaiak and Cindy DeCosta from Team Island Therapy

More Sponsors For CECI Beach Ball

More support is coming in for the Children’s Education Center of the Islands Beach Ball fundraiser, which will be held October 22 at The Sanctuary Golf Club on Sanibel. The Island Sun newspaper is now a Titanium Sponsor and they join The Sanibel Captiva Trust Company, The Sanctuary Golf Club, John Grey Painting, and Lily & Co. Jewelry Gallery. Brian and Denise Cobb are joining the Gold Sponsor list and are in good company alongside Bay Medical Solutions, Bank of the Islands, Tropical Tradesmen General Contracting, and Royal Shell. New Silver Sponsors are Floral Artistry, Seashells of Sanibel Condominiums and Gina and John

Who’s Afraid Of Virginia Woolf? Opens Herb Strauss Theater Season

After its successful run in 2010, The Laboratory Theater of Florida’s production of Who’s Afraid of Virginia Woolf? is being revived on Sanibel at the Herb Strauss Theater for eight nights only. Performances are October 27, 28, 29; and November 1, 2, 3, 4, and 5.

Winner of the 1963 Tony Award for Best Play, Who’s Afraid of Virginia Woolf? is an American theater classic exploring the complexities of life and love through the lens of two couples of separate generations. This three-act play centers around a bitter and aging couple, George and Martha, for whom drinking becomes more than recreation when a younger couple, Nick and Honey, arrive for a dinner party. The hosts quickly drag their guests into a savage game of cat and mouse as they air out their personal grievances and years of resentment.

The play is also the inspiration for the 1966 film adaptation in which Elizabeth Taylor earned her second Academy Award for Best Actress.
CARE Packages For Troops
In Harm’s Way – Week 5 Report

This has been another banner week for the campaign. Our local heroes of The Sanibel Fire and Rescue Department are moving forward with their plan to recognize America’s troops and expects to have the results by month’s end. The group met with Police Chief Bill Tomlinson who said that he and the local police were on board to send holiday greetings and care packages to the troops.

Reverend Dr. Ellen Sloan, rector of Saint Michaels & All Angels Episcopal Church will note the campaign in the church bulletin and support the effort to bring holiday cheer to the troops. Also, Dr. Daryl Donovan, senior pastor of the Sanibel Community Church, has authorized informing the congregation on the two Sundays leading up to SCC’s annual Veterans Sunday Services (November 6), of the CARE Package Campaign and where and how their congregation can participate and help.

Two local veterans organizations, The Lee Coast Military Officers of America Association (MOAA) and the Shell Point Veterans Club (SPVC), using the Internet, have also informed members of the progress of the CARE Package campaign and requested their members do their utmost in support of this cause.

All Sanibelians, visitors, friends, and supporters of the CARE Package Campaign are invited to attend the Veterans Day Ceremony on November 11 at Sanibel City Hall, 800 Dunlop Road sponsored jointly by the City of Sanibel and MOAA. Chairs will be provided. Patriotic songs and speeches will highlight the program, and veterans are encouraged to tell their stories of life in the Armed Forces of The United States of America. Everyone who has ever attended these ceremonies over the past 20 years has been impressed. Come and honor Veterans, Missing in Action (MIA), Prisoner of War (POW) military members. There is one POW of the Afghanistan Campaign: PFC Bowe Bergdahl, captured by the Taliban in Afghanistan in June 2009.

November 11 is also the last day that donations supporting the CARE Package Campaign can be accepted in order for overseas mailing deadlines to be met.

Remember, a veteran – whether active duty, retired, National Guard or Reserve, POW/MIA – is someone who, at one point in his or her life, wrote a blank check made payable to The United States of America for an amount of “up to and including my life.”

YES, I want to help by sending Holiday Care Packages to the Troops

My Name: ____________________________________________________________
Address: ______________________________________________________________
City______________ Sate _______ Zip _______ Tel: ___________________
I’m sending/bringing my check made payable to LMHS Mil-Sup in the amount of
$__________ to Bank of The Islands, 1699 Periwinkle Way, Sanibel, FL 33957. I know a soldier who needs a holiday lift. Please send him/her a care package.

Name: _______________________________________________________________
Rank/Unit: ___________________ APO/FPO _______________________________

Here’s what your donation does: $10 pays for one mailing or fills one care package; $20 sends one complete care box; $40 sends two; $100 sends five; $500 sends 25.

If you wish to send a card to the soldier, please fill out the above information and we’ll make sure it goes in the right care package.

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American Legion Post 123 News

Stone crab season opens Saturday, October 15. Lamar will be at American Legion Post 123 with crabs, upon availability. Call for timeline. Sunday, October 16 is fish fry with cole slaw and hush puppies from 1 to 8 p.m. Mark your calendars for Oct 22 and 23 when the ladies auxiliary will be hosting their annual Oktoberfest from 1 to 8 p.m. both days. Included on the menu are sauerbraten, schnitzel, bratwurst, German potato salad, potato pancakes and red cabbage.

Texas hold ‘em is played every Thursday night at 7 p.m. and Saturdays at 4:30 p.m. Players are welcome. Every Friday the Legion serves a six-ounce ribeye steak sandwich all day. Known for the best cheeseburger on the island, stop in and try one of the half-pound burgers. Check out the daily specials and the entire menu. Food is served all day, every day. The public is welcome.

American Legion Post 123 is open Monday through Saturday, 11 a.m. to 9 p.m. and Sunday, noon to 9 p.m., located at mile marker 3 on Sanibel-Captiva Road. For more information call 472-9979.

Teen Challenge ministry is worldwide

Teen Challenge

On Sunday, October 16, Sanibel Community Church will again host the ministry of Teen Challenge. With an 86 percent success rate, the ministry battles drug and alcohol addictions in teens and young adults. Teen Challenge has centers throughout the world, so SCC is excited to hear from the local Southwest Florida chapter on how they have reached thousands in the region. All are welcome to any of the three services (8, 9, and 10:45 a.m.) to hear testimonies of deliverance and freedom in Christ. SCC is located at 1740 Periwinkle Way (next to Jerry’s).
Dancing With The Islands’ Stars Kickoff Party

The secret is out. The Sanibel Community Association announced the contestants for this year’s Dancing with the Islands’ Stars at the annual kickoff party.

Island stars Raynauld Bently, Nicole McHale, Katie Gardenia, Dr. Edward LaMotta, Phaidra McDermott, and Shara Weaver were introduced and paired up with professional dance instructors from the Fred Astaire Dance Studios in Fort Myers, where they will work on their ballroom dance routines from now until the January competition.

The Community House’s major fundraiser is scheduled for January 28, with the dress rehearsal on the 27th.

Judged not only on performance by a panel of judges, the dancers’ ability to get votes through fundraising money for The Community House also determines the final Islands’ Stars trophy winner. The second trophy, the People’s Choice winner, will also be awarded by popular vote by the audience.

The Sanctuary Golf Club provided the hors d’oeuvres for the kickoff party, which culminated in a champagne toast to thank all the stars, the professional dancers and the crew that creates such a stellar experience with lights, audio and video.

Tickets for dancing with the Islands’ Stars will go on sale Monday, December 5. Each dancer has a limited number of tickets reserved for their own fundraising.

For more information or to follow the islands’ dance star activities, visit online at www.sanibelcommunityhouse.net.

Email your editorial copy to: press@islandsunnews.com
Planning Commission Reviews
Formula Retail, Vehicular Signs, Abandoned Houses

by Emilie Affino

The regular meeting of the Sanibel Planning Commission October 11 had a fairly short agenda but it was the two subcommittee meetings that stretched the morning into a three-hour session.

The main item on the regular meeting’s agenda was approval of Resolution 11-12 granting a conditional use permit to Sanibel Olive Oil Co. Criteria and requirements set forth at the commission’s September 13 meeting have been met according to the report of Planning Director Jim Jordan and the commission unanimously granted the permit. The conditional permit expires on February 8 if the owner does not obtain the necessary development permit.

Later, during the Land Development Code Review Subcommittee meeting, which is comprised of all seven members of the planning commission, Commissioner Chris Heidrick revisited the formula retail issue. “It seems this definition of formula retail is ensnaring businesses that probably should not be included in that definition but fall into another category,” Heidrick said. “I want to open the doors to everybody.”

Jordan said he will write a report for the committee to review. “It sounds like the definition of formula retail is too broad and captures too many businesses. In fact, the definition is even stricter than it is for formula restaurants,” Jordan clarified.

Formal formula restaurant rules were enacted first, after the McDonald’s controversy galvanized the island. Then, when Mango Bay displaced all the “mom and pop” shops across from Jerry’s with its 3,500-square-foot, tourist-oriented store, the formula retail rules were put in place.

In other news, Jordan reported that Code Enforcement has been contacting businesses using vehicular signs in violation of city rules and has met with 100 percent compliance so far. Such vehicles can be parked during the day – out of view of the public right-of-way – if used for service or delivery purposes. After hours, they have to be parked off-site. Jordan said Code Enforcement actively patrols the street four to five times a day. “If a vehicle never moves, it’s clearly not being used for deliveries,” Jordan stated.

The Sanibel Diamond truck parked in Jerry’s lot, however, has a unique history giving it “some immunity” from these rules, according to Jordan. A past hearing examiner approved the truck parking in Jerry’s lot after hours, although it is still supposed to park in the interior of the parking lot away from the driveways.

Vehicles driving on public roads are not subject to any rules or restrictions. “There’s nothing that can be done about that,” Jordan concluded.

San-Cap Road Shared Use Path
From Pine Avenue To Blind Pass

Construction work on the Sanibel-Captiva Road shared use path extension and road resurfacing from Pine Avenue to Blind Pass Bridge is continuing. Asphalt paving of the roadway and new shared use path will begin on Tuesday, October 11, and take approximately three days to complete.

One-way traffic in this area will be maintained, but users of Sanibel-Captiva Road should plan on additional travel time when accessing or leaving the west end of Sanibel and/or Captiva. Access to residences and businesses will be maintained at all times.

The city reminds the public to drive slowly and cautiously through the area when work is being carried out. Do not hesitate to contact the Public Works Department at 472-6397 with any questions regarding this project.

The commission also discussed abandoned, unsafe, and unkempt houses. Jordan said the city has a draft ordinance prepared but part of it is not ready yet and requires the city attorney’s attention. As it stands now, a structure has to be unsafe or unsightly for the city to take any action. The city has never maintained vacant lots but Jordan said, “We have been able to handle this by dealing with property owners.”

Commissioner Phillip Marks pointed out that empty lots are often breeding grounds for invasive species, which are proliferating rapidly.

Jordan has been asked to work on the ordinance and bring it back before the committee.

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The Sanibel School PTA thanks all the sponsors and donors for making the Sanibel Prom a real success.

In particular we thank our sponsors Catering by Leslie Adams, Cip’s Place, Doc Ford’s, Fort Myers Floral Designs, Gator Bites, Holy Smoke BBQ, Kym Nader Interiors, Mr. and Mrs. Neil Peck, ‘Tween Waters Inn, RS Walsh Landscaping, Sanibel Cake Company, Sanibel Community Association, Sanibel Surveys, Stockholm Design, Sweet Melissa’s, and Mr. and Mrs. Charles Tesoro.

The Prom on October 8 was a fundraiser to help support the arts programs at The Sanibel School. Last week’s mystery photo was of Debbie and Dick Riley.❤️
Center 4 Life Programs

Sanibel Fit 4 Life is the motto at the Center 4 Life. All ages are welcome. Island Seniors, Inc. members can buy coupon booklets from the City of Sanibel at the Center 4 Life, 2401 Library Way, or at the Sanibel Recreation Center. Booklets of 12 coupons are $42, or get three coupons for $10.50. Members of the Sanibel Recreation Center need only to show their photo membership card.

Happy Hour Fitness – Monday, Wednesday and Friday at 9 a.m. Format is 45 minutes of cardio, 20 minutes of balance exercises, core strength and flexibility exercises. Sandi McDougall is the instructor. (class time changes to 8 a.m. October 31)

Gentle Yoga with Kris Brown – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel.

Essential Total Fitness begins October 31, Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Mahnaz Bassiri is the instructor.

Power Hour Fitness begins November 1, Tuesday and Thursday at 8 a.m. Hand weights, stretch cords and stability balls along with mats are used to strengthen your muscles. Improve your core strength and balance. Mahnaz Bassiri is the instructor.

Leisure Lunchers Thrift and Consignment – Wednesday, November 9 at 11:30 a.m. Lunch is at Seasons 52, 8930 Tamiami Trail North, Naples. This is a favorite among Leisure Lunchers, who dined at the restaurant in Orlando (view the menu at the center). Check out new and favorite consignment shops nearby.

AARP Safe Driving Classes – Thursdays, November 10 and 17, 1 to 4 p.m. Must attend both sessions. Classes are fast-paced and feature a dozen videos which will help make you a better and safer driver. Completion of the program will result in a discount on your auto insurance in most states, including Florida. Ed VanderHey is the instructor. Call him at 472-3623 or 292-4012 for information and reservations. Cost is $12 for AARP members and $14 for non-members.

Computer Classes – What’s a Spreadsheet? October 25 and 26, two two-hour sessions per class, 1 to 3 p.m. New to spreadsheets or find them intimidating? They can be useful to balance your checkbook, manage rentals or expenses or even to keep your address lists. You need to be familiar with the mouse and keyboard. Class size limited to six. Paid reservation guarantees your seat. Cost is $60 for members, $90 for non-members.

Tuesday Kayaking – October 11, 25, November 1, 8, 15, 22, 29. Non-competitive outing. There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. Meet at the center unless an off-island launch is scheduled. The center supplies the kayaks, paddles and life jackets. Bring water, a snack, change of clothing, sun lotion, bug spray, sunglasses and a hat. Cost is $5 for members and $10 for non-members. Members have first priority. Come by the center to sign up and make payment.

Knit Wits Needed – Come by the center on Tuesday afternoons at 1 p.m. to knit or crochet. Bring your project and share tips.

Learn to Play Mahjongg with Katie Reid – Mondays and Thursdays, November 7, 10, 14, 17 and 21, 9 a.m. to noon in the Kraft Room. Class size limited and you must be able to attend all five classes. Supplies provided. Cost is $12.50 for members, $25 for non-members.

Page Turners Book Discussion Group will meet on the second Wednesday of every month at 2:30 p.m. On November 9, Francesca Joyce leads a discussion of Mudbound by Hillary Jordan.

Picasa with Patty… and your photos! Tuesday and Wednesday, November 15 and 16 or Wednesday and Thursday, November 30 and December 1, two two-hour sessions, 1 to 3 p.m. Hands-on training in Picasa, a free program from Google. Class size limited to six. Cost is $60 for members, $90 for non-members. Bring your camera and cable, memory card and card reader with 10 to 20 photos.

CarFit – Friday, November 4, 12 to 4 p.m., hosted by the Lee County Sheriff’s Department. A team of trained technicians and/or health professionals work with each participant to ensure they “fit” their vehicle properly for maximum comfort and safety. A CarFit check takes approximately 20 minutes to complete. If you have any questions, call Sandi at 472-5743.

Second Annual Justine Smith Charity Bridge Tournament – Friday, February 10 at 1 p.m. Local merchants will contribute gifts that will be given away during the tournament. All proceeds will go to PAWS.

Florida Repertory Theatre – Tickets have been reserved for Saturday 2 p.m. matinees. Member ticket prices are $21; non-members are $26. Pay when you sign up. The shows are:

- Rumors by Neil Simon – Saturday, October 29 at 2 p.m.
- It’s A Wonderful Life: A Live Radio Play by Joe Landy – Saturday, December 3 at 2 p.m.

Games at The Center:

Bridge – 12:30 p.m. Monday and Wednesday
Hand & Foot – 12:30 p.m. Tuesday
Mahjongg – 12:30 p.m. Thursday
Mexican Train – 12:30 p.m. Thursday

Thursday. Cost is $2.50 for members and $5 for non-members. Prizes are awarded. (game times change to 1 p.m. beginning Monday, October 31)

Buy a memorial brick for the pathway at the center. Luc Century’s etched bricks are a $100 contribution. Your support paves the way for future activities. Come to the center or call 472-5743.

Holiday Bazaar – Saturday, November 12, 9 a.m. to 1 p.m.

Treasures and Trash Sale – November 19, 9 a.m. to 1 p.m.

Bring your gently used household items, sporting goods, linens, jewelry and collectibles to the center. The sale is open to the community and benefits the Center 4 Life. For more information call the center or Mary Ann Gilhooley at 472-3565.

Call the center for further details on programs 472-5743.

Share your community news with us.
Call 395-1213
Fax: 395-2299
or email press@islandsunnews.com

Sanibel Center 4 Life

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The Center Loses Friend

by Andrew Stansell

The Center for Environmental and Sustainability Education at Florida Gulf Coast University recently marked the loss of a great friend. On September 25, Nobel Peace Prize Laureate Wangari Muta Maathai passed away in Nairobi, Kenya after a courageous battle with cancer.

Wangari was a brave pioneer for environmental sustainability, the rights of women and girls, and democracy in Africa. She was the first woman in East Africa to earn a doctorate, and the first to serve as a professor. In 1977, she founded the Green Belt Movement, which has since planted over 45 million trees in her native Kenya.

She was a great inspiration; she taught me that nothing is achieved unless one makes a great effort. Wangari saw the great efforts made by the center in leading the transition towards a sustainable future.

She had said of the center, “Activities that devastate the environment and societies continue unabated. Today we are faced with a challenge that calls for a shift in our thinking, so that humanity stops threatening its life support system. We are called to assist the Earth to heal her wounds and in the process heal our own. The Center for Environmental and Sustainability Education at Florida Gulf Coast University is engaged in the shift to a sustainable future through its Earth Charter scholarly agenda. The center’s work in environmental education and social education points toward a better world.”

Wangari Maathai, Center Director Peter Blaze Corcoran, and Akpezi Ogbiugwe preparing for a speech at a United Nations Environment Program meeting in October 2009 assist the Earth to heal her wounds and in the process heal our own. The Center for Environmental and Sustainability Education at Florida Gulf Coast University is engaged in the shift to a sustainable future through its Earth Charter scholarly agenda. The center’s work in environmental education and social education points toward a better world.” The life work of Professor Wangari Maathai has changed the lives of millions across Earth. The center is greatly privileged to have had the opportunity to work with Wangari and will continue to honor her through its work.

For more information about the Center for Environmental and Sustainability Education, visit www.fgcu.edu/cese.

Ted R. Lane

Ted R. Lane, a U.S. Veteran age 84 of Springfield, Missouri, passed away Wednesday, September 28, in Red Rose Health and Rehabilitation Center, Cassville, Missouri.

He was born February 12, 1927, in Ponca City, Oklahoma, son of Ted R. and Minnie (Mitchell) Lane. In 1951 in Wichita, Kansas, he married Jeanette Homesley, who preceded him in death in 1998. Also preceding him in death were his parents and one brother.

Surviving are one son, Barry Lane of O’Fallon, Missouri; one daughter, Barbara Kirchner of Niwot, Colorado; one brother-in-law, Lanny Homesley and his wife, Mary of Cassville, Missouri; two sisters-in-law, Linda Porterfield and her husband, Rex of Eagle Rock, Missouri and Joann Armstrong and her husband, Bob of Oklahoma City, Oklahoma; four grandchildren and one great grandchild.

Lane grew up and received his education in Oklahoma and was a graduate of Oklahoma A&M. He served his country in the United States Army. Lane was a computer system analysis for Monsanto, where he worked for 30 years. After his retirement, he and Jeanette moved to Sanibel, Florida. In 1997, he and Jeanette moved to Springfield, Missouri, where he enjoyed being a volunteer at the Springfield Nature Center and the Springfield Little Theatre At The Landers. He was also an avid bridge player.

Private family burial will be held in Memorial Gardens of St. John’s Episcopal Church, Springfield, Missouri. Cremation arrangements were under direction of Fohn Funeral Home, Cassville.

OBITUARY

TED R. LANE

Center Director Peter Blaze Corcoran and Wangari Maathai at the Green Belt Movement Center Retreat in Nairobi in May 2010

10:45 a.m. Traditional Service Childcare available at all services.

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WEDDING ANNOUNCEMENT

Scott and Gigi Martell, married in a small town in the Ethiopian countryside in October, 2010, had an American Wedding Saturday, October 8, 2011, at Sanibel Community Church. They were married by Pastor Daryl Donovan with friends and family in attendance, including Scott’s daughter, Willow Martell, and her friend Nathan Cook, both from Portland, Oregon, and his brother and best man, Craig Martell, and friend, Randy Eckhardt, from Sarasota. Coming from Toronto, Canada were Gigi’s daughters, Athena and Betty Mekonnen.

Gigi will head back to Ethiopia in two weeks to work with their project, Ethiopia Hope Village, while Scott will work in the USA for two months to share the orphan and vulnerable children project with Americans. A general informative presentation about Ethiopia is scheduled for the Sanibel Library the first week of January, with Scott flying home to Ethiopia on January 6.

Ethiopia Hope Village was approved in April, 2011, launched in May, with the first orphans arriving in at a rental house in June. The five-year plan for the project includes caring for up to 24 double orphans and building a youth center with a children’s clinic, library and classes, sports fields, for up to 500 youth. The focus of the project is community-born, empowering, and self-sustainable over time.

The children are the orphans, street children and those most at risk kids of Butajira, Ethiopia. A major element is developing income generating projects, such as a dairy farm, chicken ranch, bee hives, and vegetable garden, so that the project can become self-sustainable over time. Scott and Gigi are seeking $60,000 to build the first building in the village this year, and the residents of Butajira will be required to fund $10,000 in money, materials, and/or labor. In addition, the children need the safety of $1,000 a month for food and medical security, and to hire a nurse, manager, and children’s workers. The goal is that this $1,000 a month will be funded within Ethiopia by town members, and income projects, within 10 years.

ANNOUNCING CONCIERGE VETERINARY SERVICES FOR SANIBEL, CAPTIVA & FORT MYERS

Dr. Mark W. Hullstrung
House Calls for Dogs and Cats
By Appointment: (239) 244-1401

Gelato says, “My Dad takes good care of me….Let him care for your pets in the comfort of your home.”

LOGOS Noodle Night

OGOS, a mid-week family ministry, started at Sanibel Community Church on October 5 with Use Your Noodle Night for all children ages three years through 5th grade. They noodled around all night long.

Noodle bowling anyone? The LOGOS kids enjoyed a great time of using marbles and pool noodles to bowl at Logos Use Your Noodle Night.

ANNOUNCING CONCIERGE VETERINARY SERVICES FOR SANIBEL, CAPTIVA & FORT MYERS

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House Calls for Dogs and Cats
By Appointment: (239) 244-1401

Gelato says, “My Dad takes good care of me….Let him care for your pets in the comfort of your home.”

LOGOS Noodle Night

OGOS, a mid-week family ministry, started at Sanibel Community Church on October 5 with Use Your Noodle Night for all children ages three years through 5th grade. They noodled around all night long.

Noodle bowling anyone? The LOGOS kids enjoyed a great time of using marbles and pool noodles to bowl at Logos Use Your Noodle Night.

LOGOS Noodle Night

OGOS, a mid-week family ministry, started at Sanibel Community Church on October 5 with Use Your Noodle Night for all children ages three years through 5th grade. They noodled around all night long.
Sanibel Island Writers Conference

Florida Gulf Coast University invites aspiring writers to attend the Sanibel Island Writers Conference, Thursday, November 3, through Sunday, November 6 at BIG ARTS and The Sanibel Island Public Library. Participants can attend a variety of workshops, panels, lectures, and readings presented by celebrated writers and teachers. Registration is now open.

John Sayles, Henry Rollins, Dan Bern and John K. Samson will headline the conference.

FIlmmaker and novelist Sayles will give the keynote address Saturday, November 5. Sayles’s most recent novel is the critically acclaimed A Moment in the Sun (2011, McSweeney’s). The address will begin at 6 p.m. in Schein Hall at BIG ARTS, 900 Dunlop Road, Sanibel, and is open to the public once all registered conference attendees have been seated.

Author Steve Almond (Candyfreak, God Bless America) will open.

Henry Rollins brings An Evening of Storytelling to the conference at 5 p.m. Friday, November 4 in Schein Hall at BIG ARTS. Registered conference attendees and FGCU students gain immediate admission. Tickets for the general public to Rollins’ event are free but must be reserved in advance. To reserve tickets, contact Tom DeMarchi. Rollins hosts a weekly radio show on LA’s NPR affiliate KCRW, is a regular contributor to VanityFair.com with his Straight Talk Espresso blog, and recently joined forces with National Geographic as host of a series of television specials.

On Thursday, November 3, acclaimed singer-songwriters Bern and Samson will perform solo concerts at 6 p.m. in Schein Hall.

Bern has released over a dozen albums, including Fifty Eggs, New American Language, and the children’s album 2 Feet Tall. Bern’s songwriting was featured in the films Walk Hard: The Dewey Cox Story, and Get Him to the Greek.

Samson is the singer and songwriter for The Weakerthans, a Canadian rock band that has released seven albums, including the award-winning Reconstruction Site (2004) and Reunion Tour (2008). Samson’s poetry and prose have appeared in local and national publications, and in the anthologies The Believer and Post-Prairie. He lives in Winnipeg, Manitoba, where he’s also the managing editor and co-founder of a small publishing house, ARP (Arbeiter Ring Publishing).

The concert is open to the general public once all the registered conference attendees have been seated.

In addition to the artists mentioned above, the conference offers workshops, presentations, panels and readings from the following authors, editors and literary agents:

- Lynne Barrett (fiction/editor), Nickole Brown (poetry/editor/publicist), Kevin Canty (fiction), Ron Currie Jr. (fiction, nonfiction, and poetry), John Dufresne (fiction), Carmen Edgington (editor), Barbara Hamby (poetry), John Hoppenthaler (poetry), Christopher Joyce (NPR-writing for radio), David Kirby (poetry), Christopher Phillips (Socrates Café), Robert Root (creative nonfiction/editor), Christopher Schelling (literary agent), Laurel Snyder (YA lit), Darin Strauss (memoir), Jay Wender (creative nonfiction), Thomas Williams (novella/editor), and Tom Zoellner (investigative journalism).

To register or get a full schedule, go to www.fgcu.edu/swc or contact Tom DeMarchi, tdemarchi@fgcu.edu or 590-7421.

National Stamp Collecting Month

On Saturday October 15, from 11 a.m. to 2 p.m., join The Shell Factory in North Fort Myers for a National Stamp Collecting Month family event. Activities will include mail sack races, Calooosa Clown skits, face painting, agility dog demonstrations, Dock Dog demonstrations, final judging of a student Letters to Owney writing contest, pot photo contest, creating a pet placemat, learning how to start a stamp collection, online coloring activity, and doorprizes. Each attendee will receive a collectible Owney the Postal Dog cachet envelope. More information about the event can be obtained by contacting debra.mitchell@usps.com.

Kids’ Movie Time

Hey kids! Have some fun and watch movies at the Sanibel Public Library. Popcorn and drinks are the library’s treat! Come on Monday, October 17 at 10 a.m. to watch RIO by 20th Century Fox Animation, the maker’s of Ice Age. Rated G.

Come back on Saturday, October 29 at noon for a Halloween movie. Bring lunch; the popcorn and drinks are the library’s treat.

The library is located at 770 Dunlop Road, 472-2483, www.sanlib.org.
Wildlife Smuggling Talk At Refuge

A lecture by Cindy Mercado, a U.S. Fish & Wildlife officer who polices Tampa airport customs for wildlife smuggling, will be one highlight of Animal Investigations Day on Tuesday, October 18, part of the 22nd Annual “Ding” Darling Days.

The lecture, which replaces the originally scheduled talk by Animal Investigators author Dr. Laurel Neme, begins at 1 p.m. in the Refuge Education Center Auditorium and is open and free to the public.

Mercado started her career with the USFWS in the Office of Law Enforcement in Miami. “When I started, I could never imagine the vast variety of wildlife I would see from all over the world and much less the methods wildlife smugglers use to bring in hidden wildlife,” she said. “My stories may surprise you and even more so energize you to take part in stewardship of protected wildlife around the globe.”

Now stationed at the Tampa Wildlife Inspection Office, Mercado and her colleague facilitate the legal wildlife trade and conduct investigations involving violations in international wildlife trade.

Also that day, refuge staff will offer the free special program, Animal Tracks & Scat starting at 11 a.m. in the Education Center Auditorium.

A birding tour at the refuge, sealife cruises, a sea turtles talk at Tarpon Bay Explorers (TBE) take place throughout the day. As during the entire “Ding” Days week, all TBE tours are discounted.

The 22nd Annual “Ding” Darling Days kicks off on Sunday, October 16, with Family Fun Day and closes with Saturday’s Conservation Art Day, October 22.

Discover Visions Of The Past

Lee County Parks and Recreation presents Vision of the Past on Fort Myers Beach, a historical look at the pioneers of our area. Discover the facts and folklore of years past as you stroll through Matanzas Pass Preserve while visiting the Calusa Indians, Spaniards, pirates, Koreshans, early settlers, and pioneers of Estero Island. Visit the traditional craft vendors and demonstration area and sample some of the best jerk chicken and other food items the island has to offer. The event takes place on Saturday, October 29 from 10 a.m. to 2 p.m. and is open to all ages and is a great hands-on learning experience for the whole family. Reservations are encouraged but not required. To reserve a timeslot email vlittle@leegov.com.

This free event is sponsored by the Friends of Matanzas Pass Preserve, Red Coconut RV Resort, Estero Island Historic Society, Calusa Ghost Tours/Paddlesports, Tranquility Cove Massage and Lee County Parks & Recreation. Matanzas Pass Preserve is located at 199 Bay Road, Fort Myers Beach. Visit www.leeparks.org or call 533-7444 for more information.

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“Ding” Darling Wildlife Society-Friends of the Refuge sponsors “Ding” Darling Days with support from Tarpon Bay Explorers, the U.S. Fish & Wildlife Service, and other private and business partners.

For more information and a full “Ding” Darling Days schedule, visit www.dingdarlingdays.com, or call 472-1100. To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Vertesch at 292-0566, 472-1100 ext. 4, or dingdarlingsociety@gmail.com.

USFWS agent Cindy Mercado inspects incoming legal wildlife imports at the Tampa airport.
Hernandez explained. “We tried to find in the house, he could smell skunk,” during the time he was with the baby found the foursome.

“Baby care is a huge part of what we generally have a whole nursery full at one time. Baby care is a huge part of what we do at CROW.”

Joshua Fernandez of San Carlos Park
found the foursome.

“A friend of mine just had a baby and during the time he was with the baby in the house, he could smell skunk,” Hernandez explained. “We tried to find where it was coming from and discovered one of the skunks was coming in and out at the front of the house. The skunk had made a hole on the side of my friend’s yard below some concrete. Little by little, the babies started peeking out of the hole in the ground.”

Hernandez and his friend at first kept returning the skunks to their hideaway assuming the mother would return to claim her brood. “Soon we started to figure the mommy was scared away and we gathered the babies up,” he said. Hernandez did some research and learned skunks have four to six babies at a time. In this case, three were together and one had separated from the group. He and his friend were determined to find the fourth and reunite the full litter.

“We found one baby down the road from the others one day after we discovered the three,” Hernandez said. “In the middle of the night we were searching for a baby skunk for six hours!” When they found the last one, Hernandez said his girlfriend wanted to keep one but he told her that wasn’t a good idea.

“It’s actually against the law to keep a wild animal as a pet; to do so requires permits from the U.S. Fish and Wildlife Department. “These animals are wild, and it is not in their best interest or in the finder’s best interest to keep them. Please call CROW,” said Dr. Robin.

Hernandez said he was aware of CROW from an experience he had a long time ago. “I found a wild cat and my landlord wouldn’t let me keep him, so I took him to CROW to make sure he would get a good home,” he said.

When the skunks arrived at the clinic, they weighed around 60 to 70 grams – too small to be weaned from their mother – but all four were very bright, alert, and responsive. “They looked fairly healthy but were too young to be without mom, so we hand-raised them,” said Bast.

The tiny skunks were put in CROW’s baby possum room because that’s where cage space was available.

“They were old enough that we weren’t giving them milk formula,” Bast said. “They got soaked kitten chow mixed with scrambled eggs, fruit bits, and mouse bits.” You can look for that omelet on the menu the next time you go out to breakfast!

The CROW team basically just gave the skunks supportive care as they grew up – not that it was easy.

“They’re interesting as little ones,” Bast said. “They don’t really have control over their ability to spray. It was interesting to watch as they attempted to gain control of that. You could tell they were trying to spray but weren’t actually doing anything.”

“They’re cute but temperamental, according to CROW staff. “They have attitudes,” said Bast. “They don’t want to go from one side of the cage to the other while you’re cleaning. They’re not easy-going babies.”

When the babies reached 200 grams in weight they were moved to an outside cage, the squirrel complex, which has a dirt bottom and wooden boxes to hide in “kind of like a burrow,” Bast explained.

The siblings lived in that cage for a little longer than two weeks.

“At that point they were spraying defensively, still eating really well and climbing so we thought they could handle themselves,” said Bast. She and CROW Fellow Russell Martin released the nearly full-grown skunks in Alva, where there are some very good skunk habitats, on September 20; they had been in CROW’s care for a little more than seven

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been as young as a couple of weeks. Based on that amount of time, the skunks would often due, during the release. “One of the skunks was the brave one – wandering outdoors and also prepared with staff once the skunks were sprayed and thus earned the nickname “skunk whisperer.”

The animals’ personalities showed, as they often did, during the release. “One of the skunks came out of the carrier really fast – the brave one – wandering around and exploring, climbing the trees right away,” said Bast. “The others were around and exploring, climbing the trees quickly – the brave one – wandering around and exploring, climbing the trees right away,” Bast explained the four will probably go their own separate ways before long.

For more information, contact CROW’s Shelter at 472-3644. In addition, you can also visit www.crowclinic.org or call 472-3644.

From page 14

Skunk

weeks. Based on that amount of time, the babies might have been as young as a couple of weeks old when they were found.

It was a comical release by all accounts. “The van was quite pungent,” Bast laughed. “They don’t necessarily keep spraying but they have that odor around them and it gets attached to you.” Post-release showers were definitely necessary, according to Bast.

CROW Fellow Hilaire Sampson, who was primarily responsible for the babies’ indoor care along with the rest of the staff, got sprayed a couple of times. “That’s when you know it’s time to move them outside,” Bast said. Martin, who was the primary caregiver along with staff once the skunks were outdoors and also prepared them for release, never got sprayed and thus earned the nickname “skunk whisperer.”

The animals’ personalities showed, as they often did, during the release. “One of the skunks came out of the carrier really fast – the brave one – wandering around and exploring, climbing the trees right away,” said Bast. “The others were a little more timid but in five or 10 minutes, they headed off into the woods.” Bast explained the four will probably go their own separate ways before long.
Wind conditions and a few rainy mornings did not slow down the redfish bite. Good high water most days had the redfish eating throughout the entire length of the sound. Though no one area was really on fire, limits of redfish where the norm on every trip out this week. Although I did not get to fish the areas I wanted to due to the conditions, all in all it was a good week of fishing.

All the redfish we caught this week came while working mangrove shorelines on the leeward side of the sound. The most consistent redfish bite came during the last few hours of the incoming tide while working the windblown side of mangrove shorelines. Both cut ladyfish chunks and cut pinfish skipped up under the trees caught fish from 18 to 28 inches. Water in the southern sound has been on the dirty side but even with the strong winds once you get north of Raleigh island the water was surprising clear. With steady northeast winds most of the week I have been staying comfortable and concentrating my efforts on the islands and shorelines on the Pine Island side of the sound.

Some days to get on these redfish involves a lot of moving and working a whole shoreline to find that one sweet spot the fish are laid up in. Other days you pull right up on them then never find another one on the rest of the shoreline. That’s just the nature of redfish fishing against the mangroves.

If you want to catch one last tarpon before it’s all over until the spring, keep your eyes open around feeding schools of ladyfish in the bay and around the feeding Spanish mackerel along the beaches. Several times this week while catching ladyfish in the bait schools for cut bait I saw rolling tarpon.

When conditions calm down again look for big dark clouds of glass minnows out along the beaches. These big schools of little baitfish will hold tarpon. Tarpon this time of year seem to feed much more freely than in the spring when the fish are here to mate and spawn. Tarpon right now are in the Spanish mackerel and glass minnows for one reason and that’s to eat hard and pack on weight before they migrate out of here. Some the most wide open tarpon bites I can ever remember have come in October and early November. Not only do these fish feed really hard, they have little to no boat and angler pressure on them. As soon as the first big cold front comes through, it will be all over.

Live pinfish under a float or free lined shiners pitched into the bait schools where the tarpon are rolling will give you the best chance of a hookup. Just off the beach on Captiva is one of my favorite places this time of year to target these silver kings though bait pods and feeding ladyfish from Chino Island north to Mason Island always seems to have rolling tarpon in them too. Just about any place you find a lot of bait and feeding fish activity you could come across tarpon this next few weeks.

Fall brings really big changes to our fishing – not only do we get all the migratory species moving south through the area, sneak begin there and move from the beaches and passes into the backcountry. October and November are big transition months for our fishing. Action can go either way depending on the arrival of our first big cold front. In some years past we have made it halfway through December until the arrival of that first front and the big slow down in fishing action.

With temperatures on the water becoming more and more enjoyable by the day, get out and enjoy it while it’s still great fishing. Before we know it we will be shrimp fishing, hiding from the north wind in mangrove creeks and targeting the winter species of rat reds, sheepshead and trout while we count the months until spring arrives again.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.

Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, or email islandsuncity@aol.com; or call Anne Mitchell at 395-1213.
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Captiva Cruises To Resume Tour To The Tarpon Lodge And Calusa Heritage Trail On Pine Island

Captive Cruises’ newest expedition in its Discover Southwest Florida History tours will focus on the fishing cultures in Pine Island Sound, a story of fascinating characters and traditions. This cruise will depart from McCarthy’s Marina on Captiva and travel to Pineland on Pine Island.

Along the way, passengers will get an up-close look at historic fish houses of Pine Island Sound and discuss commercial fishing and the fishing cultures from the indigenous Calusa, to Spanish Cuban Ranches, to the Punta Gorda Fish Company and to the spectacular tarpon and sport fishing of today. The tour will be geared at The Tarpon Lodge and passengers will be oriented to this spectacular location, the family-run business and their tradition of fishing within Pine Island Sound and Charlotte Harbor. Passengers then will relax while enjoying the “old Florida” charm of the 1926 Tarpon Lodge where lunch will be served with waterfront views of the sound and its mangrove islands.

After lunch, the group will walk to The Randell Research Center (RRC), located across the street from The Tarpon Lodge. The RRC, a program of the Florida Museum of Natural History, aims to establish and maintain, at the internationally significant Pineland archeological and historical site, a permanent facility dedicated to learning and teaching the archeology, history and ecology of Southwest Florida. An RRC educator will guide the tour on The Calusa Heritage Trail to one of the pre-Columbian mounds of the ancient Calusa while elaborating on this unique fishing culture.

The resumption of the tour to Pine Island will occur on Saturday, October 15, at 10 a.m. Captiva Cruises has established Discover Southwest Florida History cruises to Cabbage Key, Useppa Island, Boca Grande and has recently added cruises to The Edison & Ford Winter Estates on the Caloosahatchee as well as this cruise to Pine Island. These are excellent opportunities for family and neighborhood outings to learn about the history of Southwest Florida and enjoy a day on the water.

Additional information and reservations, call Captiva Cruises at 472-5300.

Email editorial copy to: press@islandsunnews.com
Sponsorships Needed For Field Trip Program At Shell Museum

Bailey-Matthews Shell Museum Adopt-a-Class program gives Lee County youths a unique educational opportunity. Since the inception of the program in 2003, the shell museum has provided group tours and a one-of-a-kind educational experience to thousands of children in Lee County. Adopt-a-Class creates the opportunity for 4th grade children, including those from disadvantaged neighborhoods, to tour the museum at no cost to the school.

Lee County teachers who have participated in previous Adopt-a-Class programs report the field trip as the highlight of the school year for their 4th graders. While on the trip, students learn about mollusks, which are soft-bodied invertebrates that make their own shell.

The museum visit consists of a 25-minute introductory film that covers mollusk anatomy, reproduction, locomotion, habitats, and how these creatures fit into the oceans’ food web. Students are then given four 15-minute guided tours which include a hands-on shell introduction in the learning laboratory, a game area shell identification matching game, the Great Hall of Shells tour, and the Live Tank program where students encounter live marine mollusks.

The information given to 4th graders has been geared to match the science standards for biological sciences, reading and academic vocabulary building in the science content area.

The shell museum is currently scheduling this academic year’s field trips for Lee County fourth grade students. However, due to continued cutbacks in Lee County school budgets, sponsorships from individuals and businesses are vital to the continuation of the program. With your support, Adopt-a-Class will once again be a highly successful educational outreach program for 2011-12. The cost for full sponsorship is $450, or co-sponsorship for $300. The full amount of your contribution is 100 percent tax deductible.

If you would like to help sponsor the Adopt-a-Class program, contact Amanda Stirn at astirn@shellmuseum.org. For more information, contact Diane Thomas at dothomas@shellmuseum.org, or call the museum at 395-2233.
Limited Space Available On ‘Ding’ Days Bunche Beach Tours

A limited number of spots remain for the free “Ding” Darling Days Bunche Beach Birding Tram tour and on-site tour. Reservations and a refundable deposit are required; call 472-8900 as soon as possible as space fills up quickly.

Times and dates for both trips coordinate with low tides. This year for the first time, however, only one of the tours will be by tram departing from the JN “Ding” Darling Refuge. It leaves from the refuge flagpole on Wednesday, October 19, at 11 a.m. and returns around 2 p.m. Transportation is compliments of Tarpon Bay Explorers.

The second trip, by request of past participants, will meet at Bunche Beach, for the convenience of off-island residents. It meets on site at 1 p.m. Friday, October 21. The beach parking fee is $1 per hour. Participants must also reserve a spot for that tour.

“Ding” Darling Wildlife Society-Friends of the Refuge sponsors “Ding” Darling Days along with the U.S. Fish & Wildlife Service and Tarpon Bay Explorers as well as support from local businesses and individuals.

For more information on other birding tours and eco-events during the 22nd Annual “Ding” Darling Days, visit www.dingdarlingdays.com. To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Vertesch at 292-0566, 472-1100 ext. 4, or dingdarlingsociety@gmail.com.

Bailey-Matthews Shell Museum Accepting Entries For Live Mollusk Amateur Photography Competition

There is still time to enter the Bailey-Matthews Shell Museum’s 2nd Annual Live Mollusk Photography Competition. Photos of live mollusks eating, moving, mating, and more are eligible for the contest.

Entries will be accepted at the museum until November 1 (including electronically submitted pictures). The winning submissions will be announced during the museum’s anniversary week, November 18 through 24.

The top photos will be displayed on the museum’s website, Facebook page, and in the lobby. A list of contest rules and judging criteria, and the registration form to be completed and emailed with each entry, can be found at www.shellmuseum.org.

Send all inquiries and entries to Diane Thomas (dothomas@shellmuseum.org) or contact the Shell Museum at 395-2233.
An Inside Look At Wildlife Recovery

The CROW Picture Show offers an insider’s look at why critters come to CROW, and features photos of the wild animals who wind up there.

Last year, CROW (Clinic for the Rehabilitation of Wildlife), Southwest Florida’s only wildlife hospital, cared for 4,111 sick, injured, and orphaned animals. Of the more than 200 different species, 54 percent were birds, 38 percent mammals, and eight percent reptiles/amphibians/invertebrates.

Due to restrictions imposed by governmental agencies, CROW cannot allow visitors to view patients in person. But in this 30-minute presentation visitors can see photos of current and past patients with commentary by Claudia Burns, a veteran clinic volunteer.

The CROW Picture Show is presented each Friday at 11 a.m. in the CROW Healing Winds Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission for adults is $5, teens $3, and free for members and children 12 and under.

To explore CROW’s hands-on educational facility and become familiar with its efforts to save wildlife through compassion, care and education.

For more information call 472-3644, ext. 231. To learn more about CROW, visit www.crowclinic.org.

Boating Education Courses

The Sanibel Captiva Sail & Power Squadron believes that boating should be fun. Drownings, collisions, boat fires, sinkings, bad weather, and other problems are not fun. To avoid mishaps, USPS (United States Power Squadrons) encourages safe boating education.

With that goal in mind and for the safety of boaters new and old, the Squadron is offering the following fall education courses to the public:
- November 5: How to Use a Chart
- November 12: Using GPS (Ground Positioning Systems)
- December 3: ABC-3 Basic Safe Boating Course (also January 14, February 25)
- December 10: Basic Coastal Navigation
- January 14: VHF/DSC Marine Radio
- January 28: Anchoring
- February 11: Boat Handling under Power
- February 25: Basic Weather & Forecasting

The two-hour courses are taught by experienced state-certified boaters. The eight-hour ABC-3 course (offered three different times) is recommended as the beginning course for safe boating. It is necessary to take this type of course in order to obtain one’s safe boating education card.

For more information call Tom Gillis at 472-3828 or Ralph Sloan at 522-6704.

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Plant Smart

Bushy Broom Grass
by Gerri Reaves

Along the roadsides this time of year you’ll spot the silvery haze of bushy broom grass (*Andropogon glomeratus*) as it glimmers in the sunlight. The blue-green tint of the narrow leaf blades gives the native grass another common name, bushy bluestem.

Perennial and clump-forming, it usually grows two to five feet tall in low-lying areas, such as marshes and swales, and is common throughout the state. One can only wonder why it’s not used more often as an ornamental grass in the home and commercial landscape, especially since this native is low-maintenance, self-seeding, and suitable for problematic damp spots. It also has soil-stabilizing properties.

The plant’s most noticeable characteristic, though, is the fluffy, broom-like plume that gives it a resemblance to the popular muhly grass.

The inflorescences are comprised of several branches, each with five to 12 spikelets, whose bristles create the hairy appearance. As the flower heads age, the silver tones turn to copper.

Bushy broom grass can be used in dried flower arrangements – another reason to include it in home landscapes. It can be planted in moist soil in full to partial sun, and then wait for the showy silver fluffs in the fall.

Sources: plants.ifas.ufl.edu.

Plant Smart explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.

Under-appreciated bushy broom grass flourishes amidst the native wildflower Spanish needle.

This native grass beautifies the roadsides with silvery inflorescences in the fall in dried flower arrangements – another reason to include it in home landscapes. Plant it in moist soil in full to partial sun, and then wait for the showy silver fluffs in the fall.

Sources: plants.ifas.ufl.edu.

Plant Smart explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.

To advertise in the Island Sun Call 395-1213
Shell Museum To Host Friday Lunch Hour Series

Starting October 14, The Bailey-Matthews Shell Museum will kick off another monthly Friday Lunch Hour at the Museum series. The programs run from noon to 1 p.m. and are free with museum admission or membership. Visitors are welcome to bring along a lunch to eat during the presentation.

The guest speaker lineup includes: sea life photographer Jim Wedge (October 14); popular Sanibel author Christine Lemmon (November 11); sea adventurer/shell collector/photographer Rob Masino (December 9); shell and fossil expert/collector Dr. Gary Schmelz (January 13); and shell collector/crafter Anne Joffe (February 10).

Wedge’s program is entitled Living Seashells & Other Mollusks. It will feature photos that include cowries and cones found in the Mid- and Western Pacific area of Micronesia, as well as colorful mollusks that exist without forming shells. Related Florida shells will also be discussed.

Lemmon will share how her novels evolved from her imagination and life experiences on Sanibel. Her books provide satisfying beach reads for Florida residents and tourists. Lemmon will discuss her novels, Portion of the Sea, Sand in My Eyes, Sanibel Scribbles and Whisper from the Ocean.

Masino will present photographs of live mollusks he found in Honduras, the Grenadines, and other Caribbean locations. He will also provide tips on how to best photograph these treasures of the sea.

Dr. Schmelz has led several Bailey-Matthews Shell Museum excursions abroad, and he will present the Wonder of the South Pacific Coral Reefs in crystal clear, colorful images.

Joffe, shell museum board president, has also traveled the world to collect shells, and she will highlight her recent shelling adventure to Guaymas, Mexico.

For additional information, contact Shell Museum Public Programs Specialist Diane Thomas at dothomas@shellmuseum.org, or phone 395-2233.

Guided Botanical Garden Tour

The Botanical Gardens at Sanibel Moorings Resort is overflowing with six acres of mature and unusual tropical flora and fauna. Join our head gardener, Anita Force Marshall, for an open-to-the-public two-hour walking tour.

This tour is a must-see for plant lovers and garden clubs. It takes place every Wednesday at 9 a.m.

RSVP required; $5 fee per person.

Call for reservations or more information at 472-4119, or visit www.sanibelmoorings.com.

Coyote, Bear Tales At SCCF

On October 19, people can come to SCCF and learn about two newcomer species to the islands. A coyote and a Florida black bear were documented on the island for the first time last winter. Learn about the behaviors of these two new species and how to live with them.

Coyotes have now moved into every county in Florida. Both human and bear populations are growing in Florida. Eighty percent of a bear’s diet comes from insects and fruits.

The program is free to children and SCCF members, $5 for adult non-members, and starts at 10 a.m.

Call 472-2329 for information.

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Call for reservations - (239) 472-4559 or visit www.TraditionsOnTheBeach.com

Located inside the Historic Island Inn • 3111 W. Gulf Drive, Sanibel Island, FL 33957
Bird Patrol

Experience the beautiful birds of Bunche Beach with a bird patrol guide. Saturday, October 15, at 8 a.m.

Meet in the parking lot at Bunche Beach located in South Fort Myers off Summerlin Rd. Drive south of John Morris Road until it deadends (18201 John Morris Road, Fort Myers).

Bunche Beach is excellent for both migrant and resident waders and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. Also waterfowl, raptors, and warblers.

This event is free with parking fee and provided in cooperation with Lee County Parks and Recreation. No registration is necessary. Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information call 707-3015 or visit www.birdpatrol.org.

Poetic Voices

selected by Don Brown

Grandma To The Rescue

by Sidney B. Simon

He innocently says to her, “I was over to your grandson’s house, and his cupboard looked a little bare.”

There is a whirling, swooshing sound, grandma is out the door and on her way to the neighborhood supermarket, rescue juice pounding in her sometimes co-dependent corpuscles.

Grandpa innocently yells out the alley, “How about picking up some yogurt when you’re dallying near the dairy case?”

She reels up to her full height, turns, a small sneer crosses her cute teeth, “What do you think I am, your shopping servant?”

Grandpa gently closes the door, pulls out a 3 by 5 card and writes down the word Yogurt.

He was planning on going out anyhow.

Sidney B. Simon is Professor Emeritus, University of Massachusetts. His books on Values Clarification made him internationally famous, and took him to the Oprah show and got him on Phil Donahue. Simon’s book, Living And Loving In That Condo, was published in 2011. It’s all about people in some mythical Florida condo, growing old, and sometimes with all their values clarified. This poem is from the book.

On the island, Simon is active in The Island Writers, a member of Art Poems. Simon is a Theater Critic for The Islander, and he MCs the popular First Friday Stories For Grownups programs at the Sanibel Public Library. Finally, Simon was chosen as Literary Artist Of The Year 2011 at the Alliance for the Arts.

Email your editorial copy to: press@islandsunnews.com
Free ‘Ding’ Day Gets Kids Excited About Wildlife

Sunday Family Fun Day kicks off the 22nd Annual “Ding” Darling Days at JN “Ding” Darling National Wildlife Refuge on October 16. The refuge and “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) have planned a free day jam-packed with activities for all ages from 10:30 a.m. to 4 p.m.

New this year, starting at 11 a.m., children can meet and pose with the refuge’s three characters – Blue Goose, Bagzilla, and Teddy Roosevelt. Plus there will be a surprise appearance from a fourth well-loved children’s character.

The first 500 children to check in at 10:30 a.m. will receive a reusable “Ding” Days bag filled with goodies and perfect for trick-or-treating.

Sunday’s highlights include free narrated Tarpon Bay Explorers (TBE) tram tours of the refuge; live snake, bat, and bald eagle presentations; a butterfly house; face-painting; a touch tank; cool nature crafts; and free hot dogs.

“We estimate the value of this free event to be around $72 per child,” said “Ding” Days Committee Co-chair Ranger Toni Westland. “But the value of family and nature bonding? Priceless.”

Continuous free shuttle service will run from the old Island Water lot on Sanibel-Captiva Road and TBE (look for signs).

Monofilament is a threat to wildlife

FGCU Students Help SCCF With Monofilament Madness

On October 2, FGCU students involved with the student organization ECO-Action manned canoes donated by The Castaways to participate in Monofilament Madness for SCCF (Sanibel-Captiva Conservation Foundation). Their destination was an SCCF property called Albright Island in Blind Pass. Albright Island is a 14.7-acre mangrove island purchased from Princeton University in 1990. Fishing is prevalent around the Albright Island which is used as a bird roosting sight.

After a morning on the water, the students, led by Katie Broomfield, returned with two shopping bags of monofilament line, a chair, a fishing rod, and many plastic cups.

To participate in the upcoming Buck Key Monofilament Madness the last two weeks in October call Dee at 472-2329 or email dserage@sccf.org.
Sanibel-Captiva Art League members Joan Mikelsons, Mike Moukios and Rita McLain will be exhibiting their paintings through November 5 at the Sanibel Public Library during regular library hours. The show features many large paintings that depict tropical scenes of beaches, water, figures and architecture in shades that range from wildly colorful to elegant and serene. The artists’ painting styles are representational, impressionistic and expressive. For more information about the Art League, log on to www.SanCapArt.com.

Our email address is press@islandsunnews.com

Joan Mikelsons, Mike Moukios, and Rita McLain
The Taste of the Islands is back. On Sunday, November 13, CROW and Bank of the Islands/Edison National Bank (presenting sponsor) will hold the 30th annual Taste of the Islands, with 20 participating island restaurants. The Taste will be held from 12:30 to 5 p.m. at the Sanibel Community Park on Periwinkle Way. Fresh seafood, specialty salads, beef delicacies, delicious cakes and ice cream, and a variety of drinks will tempt all palates. Live music will add to the fun.

The Taste is always a good place to sample some unusual offerings from the islands’ best. Last year’s winner of Best Appetizer was Chef Melissa Talmage of Sweet Melissa’s. This year she says, “I chose the crepes and grilled octopus salad because they are two of my favorite items on the menu and I wanted to do something out of the ordinary.”

Participating restaurants include: Blue Giraffe; Bubble Room Restaurant; Chip’s Sanibel Steakhouse; Cip’s Place; Doc Ford’s Rum Bar & Grille; East End Deli; George & Wendy’s Corner Grill; Gramma Dot’s; Island Pizza; Jacaranda; Matzaluna; Over Easy Café; Sanibel Deli & Coffee Factory; Sea Star Café & Bar; Sunshine Seafood Café; Sweet Melissa’s Café; Timbers Restaurant; Traders; Pinocchio’s Ice Cream; and Il Tesoro.

Sponsorship opportunities are still available and include complimentary admission, T-shirts, and food and beverage tickets. CROW will also be looking for volunteers to help. For information on sponsorships and/or volunteer opportunities email volunteers@crowclinic.org continued on page 29
You're on your way now. If you’re moving from a relatively stable situation to one that appears to be laced with perplexity, be patient. You’ll eventually get answers to help clear up the confusion around you.

TAURUS (April 20 to May 20) A vexing situation tempts you to rush to set it all straight. But it’s best to let things sort themselves out so that you can get a better picture of the challenge you’re facing.

GEMINI (May 21 to June 20) Financial matters could create some confusion, especially with a torrent of advice pouring in from several sources. Resist acting on emotion and wait for the facts to emerge.

CANCER (June 21 to July 22) That goal you’ve set is still in sight and is still in reach. But it’s best to let things sort themselves out so that you can get a better picture of the situation.

LEO (July 23 to August 22) It might be time to confront a trouble-making associate and demand some answers. But be prepared for some surprises that could lead you to make a change in some long-standing plans.

VIRGO (August 23 to September 22) Congratulations. You’re making great progress in sorting out all that confusion that kept you from making those important decisions. You’re on your way now.

LIBRA (September 23 to October 22) A difficult experience begins to ease. That’s the good news. The not-so-good news is a possible complication that could prolong the problem awhile longer.

SCORPIO (October 23 to November 21) Your self-confidence gets a much-needed big boost as you start to unsnarl that knotty financial problem. Expect some help from a surprising source.

SAGITTARIUS (November 22 to December 21) Congratulations. Any lingering negative aftereffects from that not-so-pleasant workplace situation are all but gone. It’s time now to focus on the positive.

CAPRICORN (December 22 to January 19) Your self-confidence grows stronger as you continue to take more control of your life. Arrange for some well-earned fun and relaxation with someone special.

AQUARIUS (January 20 to February 18) As usual, you’ve been concerned more about the needs of others than your own. You need to take time for yourself so that you can replenish all that spent energy.

PISCES (February 19 to March 20) Stronger planetary influences indicate a growing presence of people eager to help you navigate through the rough seas that might mark your career course.

BORN THIS WEEK: You can balance emotion and logic, which gives you the ability to make choices that are more likely than not to prove successful.

FOR WEEK OF OCTOBER 17, 2011

My Stars ★★★

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THIS WEEK IN HISTORY

• On Oct. 19, 1869, work begins on one of the most ambitious Western engineering projects of the day: a 4-mile-long tunnel through the solid rock of the Comstock Lode mining district in Nevada to divert water. The tunnel drained some 2 million gallons of water from the mines per year.


• On Oct. 20, 1944, U.S. Gen. Douglas MacArthur wades ashore onto the Philippine island of Leyte, fulfilling his promise to return to the area he was forced to flee in 1942 under orders from President Franklin Roosevelt. He had left behind 90,000 American and Filipino troops, only one-third of whom survived to see his return.


• On Oct. 18, 1977, in the sixth game of the World Series against the Los Angeles Dodgers, New York Yankees outfielder Reggie Jackson hits three home runs in a row off of three consecutive pitchers from three different pitchers. When the game ended, the field flooded with fans. They had a new hero: Reggie Jackson, now known as “Mr. October.”

• On Oct. 21, 1988, “Mystic Pizza,” a romantic comedy starring Julia Roberts, Annabeth Gish and Lili Taylor as three young women who work at a pizza parlor in Mystic, Conn., opens in theaters. Matt Damon, then 18, also made his big-screen debut in the film.

STRAINS BUT TRUE

• It was American artist and illustrator Florence Scovel Shinn who made the following observation: The game of life is the game of boomerangs. Our thoughts, deeds and words return to us sooner or later with astounding accuracy.

• In 1811 and again in 1812, earthquakes caused the Mississippi River to temporarily reverse course.

continued on page 38

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The Only Dockside Dining on Sanibel
Located at the Sanibel Marina
Specializing in Local Seafood
We also feature Petite & 10 oz. Filet Mignons
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INVENT YOUR OWN!
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Sanibel Island • 1975 Periwinkle Way at Tahitian Gardens Plaza • 239-472-6111
Calendar Girls Are On The Move

The weather is cooling down but the Calendar Girls Florida dance team is just getting warmed up.

On November 4 at 9 a.m., The Calendar Girls will march into the Share Club North at 5170 Orange Grove Boulevard in North Fort Myers for Lee Memorial Health System Military Support’s Salute to Our Veterans. That afternoon, at 2:15 p.m, the team will help the Tony Rotino Center, Driftwood Parkway, Cape Coral celebrate 34 years of service for seniors, sharing the stage with Turner Tappers, a barbershop quartet, and Fran Rotino, Rotino’s daughter.

On November 5, 1 p.m., at the Butterfly Gardens in Fort Myers, the Calendar Girls join Footsteps to the Future at its Pre-Holiday Art Show and Sale. Both groups actively mentor young women. At 8 p.m., in Page Field ACI Hangar, 325 Danley Drive, Fort Myers, the 5th annual Hangar Dance Tribute to American Aviators features master of ceremonies Jim Syoen, Big Band JJ&Company, and Rhythm in Motion. For more information call Earl Learner at 481-2801.

The Calendar Girls applaud veterans at every performance. so they are delighted to be dancing twice on November 11. The first show is at 2:30 in Lehigh at the St. Rafael Fall Festival located in the parking lot across from Walmart. At 5:15p.m., Seven Lakes Veteran’s Day celebration benefits Paws for Patriots and Southeastern Guide Dog School in Palmetto, Florida, the main charities embraced by the Calendar Girls.

Lots of four-legged friends are expected on November 12 at 10:30 a.m. in Four Freedoms Park, Cape Coral at Lab Fest. Local SEGDI puppy raisers will be on hand. For more information contact anita@capedogbakery.com. Another salute to the troops is at 12:30 p.m. at the American Legion, 1857 Jackson Street, Fort Myers. The Calendar Girls will show off their moves at Arthur Murray Dance Studio on Metro Parkway in Fort Myers to benefit the Harry Chapin Food Bank.

The Calendar Girls will dance at the Franklin Shops on First Street in Fort Myers at 6 p.m. November 17.

To kick off the holiday season, the Calendar Girls will debut their Christmas show on November 27 at 1 p.m. at Fleamasters Music Hall.

For more information contact Kim.Gaide@leememorial.com or 209-6160.

Luda Goldenberg, Pam West, Linda Floyd, Bette Frazier, Cara O’Keefe, Marianne McSweeney, Katherine Shortridge, Pat Webber, Barbara Peck, Tina Pegler, Lyn Carlson, JJ Jones

To advertise in the Island Sun Call 395-1213
The Concert and Conversations Series at Shell Point Retirement Community will again be open to the public. This series will feature four concerts followed by a beverage and dessert reception with the performers. The concerts start at 7 p.m. and the performers are:

- Olga Caceanova, violinist, and Constantine Finehouse, pianist, Tuesday, November 29.
- Yoonjung Han, pianist, Monday, December 5.
- Evan Drachman, cellist, and Richard Dowling, pianist, Thursday, January 12.

Space is very limited, so reservations are required to attend any of the concerts in this series, which will be held in the Grand Cypress Room of the Woodlands. Tickets for each concert are $25, or $80 for the series. To purchase tickets or receive additional information about this and other concert series, call 454-2067 or visit www.shellpoint.org/concerts.

Olga Caceanova was born in Chisinau, Moldova, and began studying the violin at an early age. As a member of Kremlin Chamber Orchestra, she has toured most of the United States and Europe. She has performed extensively in Russia and abroad, including most major venues in Moscow and St. Petersburg. Pianist Constantine Finehouse has been praised for his interpretations of depth and maturity. He has performed extensively in the United States and abroad, including Trieste, London, St. Petersburg and Odessa. He has several recordings to his credit and is on faculty at New England Conservatory.

South Korean pianist Yoojung Han has been widely acclaimed as a rising star. She has earned recognition from distinguished international competitions and received the highest accolades in the United States and around the world. At age nine, she received her first gold medal and was named the Most Promising Young Artist. In 2008, Yoojung was the gold medalist at the World Piano Competition in Cincinnati. She has appeared in major cities across the United States, Asia, and Europe, including Carnegie Hall, Peter Jay Sharp Theater at the Juilliard School, San Rocco Theater in Italy, and Aronoff Center in Cincinnati to name a few. In 2011 she made European debuts with the Berliner Symphoniker, Steinway Hall in London, Bergamo Festival in Italy, and Salle Cortot in Paris.

Evan Drachman has appeared regularly as a soloist with orchestras for recitals and chamber music performances across the United States. He has also played recitals in India, Great Britain, Sweden, Italy, and Canada. He has carried on two techniques for which his grandfather, cellist Gregor Piatigorsky, was revered: the ability to make the cello imitate the human singing voice, and the ability to tell a story. He is founder and artistic director of the Piatigorsky Foundation, whose mission is to make classical music part of the fabric of everyday life.

Richard Dowling is hailed by the New York Times as an especially impressive fine young pianist. He appears regularly across the United States in solo recitals and concerts with orchestras. He has an elegant and exciting style which earns him frequent return engagements. An artist of rising international stature, he has presented solo recitals in France, the Far East, Australia, Africa, and Europe.

ETA 3, named after a luminous and spectacular star-forming nebula in our galaxy, is a classical trio comprising American flutist Chelsea Knox, Japanese Pianist Tomoko Nakayama, and Russian clarinetist Alexey Gorokholinsky. One of the most prominent, active, and exciting emerging chamber music groups coming out of New York City, ETA 3 was formed at the Julliard School.
How Sweet It Is At Broadway Palm

by Di Saggau

Sugar, the
Some Like It
Hot Musical
is sweet and sassy
with a cast that
brings back fond
memories of the
classic 1959 movie
featuring unforgettable
performances by Jack Lemmon,
Tony Curtis and Marilyn Monroe. The
stage version has basically the same
story while adding more than a dozen
songs. Two down-and-out musicians
witness the St. Valentine’s Day Massacre
and throw in several quirky scenes that
bring them from snowy Chicago to sun-drenched
Miami Beach.

Jerry and Joe, played respectively by
Gabe Templin and Mike Dale, become
Daphne and Josephine and gain the confi-
dence of Sugar Kane (Lara Hayhurst),
the sex goddess with an inferiority com-
plex, who plays the ukelele when she's not
falling for sax players. While these
three actors are the key performers, they
are joined by an outstanding supporting
cast. All are talented and a delight to
watch.

The plot includes some great twists
and throws in several quirky scenes that
really make the show a hit. The tap
classical dance numbers are great fun. Who can
resist tap dancing gangsters? The intricate
dance routines are perfectly timed, includ-
ing the rat-a-tat syncopation that gives
the gangsters' machine guns their fire-
power. As executed by Tommy Wallace,
who is Chicago capo Spats Palazzo,
the tap exits become one of the show's
comic signatures.

Templin and Dale are hilarious play-
ing off each other with their intriguing
slapstick. The fact that they aren't very
convincing, or pretty, as women, makes
the show even funnier. Hayhurst as the
vulnerable Sugar wins everyone's heart.
The scene-stealer award goes to a silly
performance by Sir Osgood Fielding, a
dirty old millionaire brilliantly played by
Victor Legarreta. He has the voice and
the pizzazz to carry it off perfectly. His
group of naughty old millionaires dancing
around on walkers has the audience in
stitches.

Kathie Osborne as Sweet Sue, the
leader of the band and Adam Trummel as
her harassed manager, and a wonderful
ensemble, all make major contributions to
the success of a real comedy with show-
stopping song and dance. If you want to
begin the fall with a smile on your face,
treat yourself to Sugar.

Directed by Paul Bernier with origi-
nal choreography by Brooke Robyn
Dairman, Sugar plays through November
19 at Broadway Palm Dinner Theatre.
Tickets can be reserved by calling 278-
com, or stop by the box office at 1380
Colonial Boulevard in Fort Myers.

Read us online at
IslandSunNews.com

Homemade Mozzarella Planks • Coconut Fried Shrimp • Fried Green Tomato Stack • Scallop Bruschetta • Drunken Devil Wings • "Rocks" • Freaky Frickles • Hum'min Hummus • Crabmeat Stuffed Artichoke Dip • Crusty • Bizarre Beer Batter Stuffed Mushrooms • Blackened Shrimp and Grouper Bites • Devilish Mussels • Baked Brie In A Puff • Lazy Days Conch Fritters • Already Famous Calamari • Teriyaki Steak Satay • "Florida's Best" Smoked Fish Dip • Crispy Florida Gator Bites • Rasin Cajin Chicken & Sausage Quasaddilla • Tequila Chicken and Black Bean Burrito • Seafood Quasaddilla • Very Veggie Quasaddilla • Drunken Chicken Burrito • Seize the Day!!! • Steamin Onion Soup Au Gratin • Famous Black Beans and Rice • Oh Baby Greens!!! • Crab Cake Salad
• Ultimate Chilled Lobster Salad • Crazy Caprese Salad • Seared Tuna Tataki Salad • Warm Scallop Salad • "The Best" Chicken & Steak Island Fiesta Salad • Ploughman's Salad • Crazy Cobb Salad • Pineapple Chicken Salad • World Famous Caesar's • Old Fashion Chicken Salad Croissant • The "Big" Sandwich • Summermeilt • Soft Steak Tacos • Famous Crunchy Fish Tacos • Our Own Turkey BLT • Turkey, Baked Brie and Cranberry Melt • Fire-Seared Whiskey Chicken Sandwich • Ale Batterd Haddock Sandwich • Crunchy Fish Sandwich • Cast Iron Skillet Seared Sesame Tuna • Beach Chicken Sandwich • The Cornded Beef Fister • Cast Iron Spice Encrusted Fish Sandwich • World's Ultimate Lobster Roll • Oh! Turkey • Harbor Reuben • Two-Fisted • "Most interesting Reuben in the World" • Bronzed Grouper Reuben • Ridiculous Reuben • Cuban Reuben • What's Yo-Boy To Do? • Olde Fashioned • Fabulous Portobello • Grilled Bourbon Chicken • Roast Beef Gourmet • Amazing Meatloaf Panini • The Big Dog! • Barnburner • Nellie's Molten Burger • Dreamful Cheeseburger • Black 'N Blue • Florida Brown Sugar Basted Baby Back Ribs • Pulled Pork • Famous Tavern Baby Back Ribs • Wombo Combo • BBQ Pulled Pork Open-faced • Oh! Chicken Fingers • Fried Clam Strips • Fried Calamari • Ale Batterd Jumbo Shrimp and Fish • AND MUCH MORE!!

10% OFF 10% OFF ENTIRE BILL
ONLY. ONE COUPON PER TABLE. Can not be used with any other offer. 18% Gratuity may be added to bill before discount.
11am - 10pm, Expires Oct. 21, 2011

ISLAND SUN - OCTOBER 14, 2011 - 31
The Gulf Coast Symphony will perform a Youth Concert on Sunday, October 30 at the Barbara B. Mann Performing Arts Hall in Fort Myers. Prior to the concert, beginning at 1 p.m., children and adults are invited to come in costume to participate in a costume parade. Children can participate in safe trick-or-treating and experience the Gulf Coast Symphony’s Musical Petting Zoo, where they are encouraged to meet and chat with the symphony musicians and play some of their instruments. Prizes will be given for the most creative costumes.

Then at 2 p.m., the symphony will perform music to set the mood for Halloween. During the performance, children are invited to sit on stage directly in front of the orchestra so their visual experience with the symphony is as meaningful and engaging as the music they hear.

Tickets to are $10 for adults, $7 for children’s stage seats, and $5 for children’s regular theater seats. Tickets can be purchased by calling the Barbara B. Mann Box Office at 481-4849 or at www.gulfcoastsymphony.org.

The symphony rehearses weekly from October through June. For more information on orchestra membership, call 277-1700 or email info@gulfcoastsymphony.org.

Sautéed Shrimp And Green Beans

1½ pounds shrimp, peeled and deveined
3 tablespoons olive oil
2 cups green beans, cleaned
2 cups mushrooms, sliced
½ cup almonds, sliced
2 tablespoons soy sauce
Cook shrimp in half the olive oil, set aside. Heat remaining oil and sauté beans and mushrooms until beans are tender. Add almonds and soy sauce.

Yield: Four servings

Look for Fresh from Florida ingredients at your grocery store.

Dr. Jacob Goldberger, Gulf Coast Symphony clarinetist

Who’s Afraid Of Virginia Woolf?

Annette Trossbach, recognized most recently for her directing work in *Hamlet*, *A Clockwork Orange* and *Women Beware Women*, is set to direct this classic written by famed playwright Edward Albee.

All shows begin at 8 p.m. Tickets are $42 for adults, and $20 for children 16 and under. Series tickets are $108 for three shows, or all six shows for $198. For tickets call 472-6862. BIG ARTS Herb Strauss Theater is located at 2200 Periwinkle Way, Sanibel.

Who’s Afraid of Virginia Woolf? is supported by Herb Strauss Theater Season Sponsor The Sanibel Captiva Trust Company, and show sponsors Susen & James Berg and Brian Johnson, VIP Realty.

The Gulf Coast Symphony sponsors a comprehensive arts education program, Musical Gateways, dedicated to providing ongoing educational opportunities for adult and youth alike, that includes in-depth artist residencies for its partner schools and the entire community. The symphony rehearses weekly from October through June. For more information on orchestra membership, call 277-1700 or email info@gulfcoastsymphony.org.

From page 1

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Who’s Afraid of Virginia Woolf? is supported by Herb Strauss Theater Season Sponsor The Sanibel Captiva Trust Company, and show sponsors Susen & James Berg and Brian Johnson, VIP Realty.

**Turkeys Needed For Thanksgiving**

Are you planning a family and/or friends gathering for Thanksgiving this year? Are you planning on having the traditional turkey dinner with all the trimmings? Are you aware that there are thousands of families in Southwest Florida who won’t have that opportunity because they can’t afford to purchase the turkey and trimmings?

The Harry Chapin Food Bank needs to supply 9,000 turkeys to their participating agencies for distribution to families. The food bank would like to find partners to assist by planning a drive to collect turkeys or cash so the food bank can purchase the turkeys to provide to children, seniors, and their families.

Anyone who can help with this endeavor, please call Marta Hodson at the food bank, 334-7007, ext. 132, or martahodson@harrychapinfoodbank.org and let her know you’ll assist with a Turkey Drive. Funds and turkeys need to be received by November 20.

For more information about or to contribute financially to the Harry Chapin Food Bank, contact 334-7007 or go to harychapinfoodbank.org.

**Share your community news with us.**

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esther@marinaclubslf.com
One of our own, Tom Louwers, stepped us last week to give us an update on his favorite charity, Friends Who Care. Friends Who Care is a Sanibel-based group, organized to assist families and individuals during times of need. As we approach the holidays, the needs seem to increase, and the volunteers really start working full time to help many families on Sanibel.

Friends Who Care started in 1983 acting on leads from the Sanibel Police Department when kids or elderly residents needed assistance to survive. The clients’ names are always kept confidential, but we were told that the number of people requiring assistance continues to grow during these tough economic times. The criteria to be eligible for assistance includes living or working on Sanibel. This time of year, the volunteers (many of whom include Kiwanians) can be seen delivering turkeys and Christmas gifts.

Next time you see Santa looking a little disheveled, ask him about the upcoming spaghetti dinner! Louwers mentioned that one of the recipients of assistance asked how she could ever pay the organization back. He said that the philosophy of Friends Who Care is for the clients to, “Help someone else down the road when you are able.”

Working closely with Friends Who Care is another local organization, FISH (Friends In Serve Here) was started in 1981 to lend a helping hand to those in need on Sanibel and Captiva. Their objective is to make a social investment in our community that assists our neighbors to live independently and with dignity in their homes. In addition to providing a food pantry for the clients, FISH will provide other services including transportation, health care referrals, hurricane preparation, and education from tutoring to tax planning.

Bill Fellows is the current president of FISH and he gave us an excellent Power Point presentation showing the history of the organization and a summary of the services provided. In 2006, the number of clients serviced has grown from 136 to 950. The funding has increased proportionately with over 50 percent coming from individual donations and 36 percent from grants and organizations such as Kiwanis.

Many of us offer our time helping FISH, and four Kiwanians currently sit on the board. This week, we were proud to make our annual donation to FISH so they can get prepared for the busy holiday season which is fast approaching. You will also see many of our members assisting you with the parking of your car as you arrive to race in the annual FISH 10K run this Saturday. They are expecting more than 500 runners again this year, so plan on getting there early. These types of events raise more than 10 percent of the necessary funds for FISH, so come out and help support the community. We hope to see you there.

If you would like to be involved in helping local organizations such as FISH and Friends Who Care, you can get started by joining Kiwanis. Feel free to join us for a hot breakfast everyday Tuesday morning at 7:30 a.m at The Dunes. We look forward to seeing you.

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Rotary Happenings

submitted by Shirley Jewell

Sanibel-Captiva Rotary Club District Governor Denise Hearn announced at Friday morning’s meeting a special opportunity that Rotary is extending to World War II Veterans. An invitation is being extended to WWII veterans for a no-cost one-day flight to the nation’s capital to visit the inspirational WWII memorial and other patriotic venues in Washington, DC. This is our Rotary District’s way of saluting WWII veterans and thanking them for the service to our country. Call Shirley Jewell, 337-1099, and I will email or send information to you directly.

Friday was also Rotary District 6960 Dictionary Day. Rotarians delivered our Rotary Student Dictionaries to the third-grade students at Sanibel School. Dictionary Day was designed to honor Rotary International’s commitment toward encouraging the full potential of literacy around the world, the foundation of education. For the last few years, Sanibel-Captiva Rotary also has a team that hands out our student dictionaries to third-grade students at Fort Myers Beach Elementary.

This is an uplifting experience for those who take part in this project. The students at both of these schools were excited to receive these books. Our Dictionary Day captains Alex Werner (Sanibel) and Adair Heath (Fort Myers Beach) do a great job challenging the kids to use their new dictionaries. It is an enjoyable time.

Islanders will see Rotarians out and about on Saturday and Sunday this coming weekend. Rotarians are part of the great volunteer core that is working the FISH 10K RUN. Although we are supposed to be impartial toward the racers, Rotarians will be cheering, one of our own, Don Russell.

“Ding” Darling Days will be up and running beginning Sunday the 16th. This week-long event starts Sunday with a Free Family Fun Day. Sanibel-Captiva Rotary is a Reddish Egret Sponsor of this event.

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**Rotary District 6960 Governor Denise Hearn**
Species Named After Shell Museum Director

The Bailey-Matthews Shell Museum Director Dr. José Leal has received another accolade, a shell species named in his honor. According to Dr. Emilio Garcia of Lafayette, Louisiana in the October 10, 2011 issue of the Belgian journal *Novapex*, a puzzling wentletrap, that can be found on Sanibel and other Gulf areas, will now be known as *Epitonium leali*.

In the article, Dr. Garcia stated, “(The species) is named after Dr. José H. Leal, director of The Bailey-Matthews Shell Museum, Sanibel, Florida, and editor of the prestigious malacological journal *The Nautilus*. This taxon honors him for his accomplishments in the field and for his willingness to help both personally and in his capacity as the director of The Bailey-Matthews Shell Museum.”

Dr. Leal is thrilled by the honor. “It is great to have that elusive species named after me; I am grateful to Dr. Garcia,” he said. “Having a wentletrap from Sanibel with my name makes it a very touching and meaningful tribute.”

Fish Caught

Ben (eight years old) caught this 28-inch Red Drum Sunday, October 9 at the Sanibel Fishing Pier. As you can tell by the picture, he was mighty proud!

De-pepping North Captiva

SCCF (Sanibel-Captiva Conservation Foundation) is recruiting volunteers to help de-pepper North Captiva Island. Gathering at Barnacle Phil’s Restaurant at 9:15 a.m., volunteers will rendezvous with staff from Cayo Costa State Park and SCCF to lay out a plan of attack for the invading Brazilian pepper.

This noxious non-native plant has grown so aggressively so as to overtake gopher tortoise burrows and coco plum shrubs. Brazilian pepper is one tough plant to eliminate so it is necessary to have a multipronged approach to its eradication. Volunteers will be asked to use hand tools such as pruners and loppers while park staff will follow behind with chain saws.

SCCF has established a North Captiva Conservation Fund for conservation and education work on North Captiva. The first money into the fund came from removing the dollar bills from the walls of the Barnacle Phil’s restaurant this past summer.

There are two items of caution. Some people are allergic to Brazilian pepper which causes a rash much like poison ivy. Secondly, transportation to and from Barnacle Phil’s, located on the north shore in Safety Harbor on North Captiva Island, is the responsibility of the volunteers.

North Captiva is a gorgeous 4.5-mile long bridgeless barrier island. This piece of paradise can only be publically accessed by boat. This is a great chance to get to know the island from the inside out and then take a plunge into the Gulf of Mexico. Bring your bathing suit and work gloves, dress in long pants, long sleeves and sensible shoes.

Anyone willing to declare war on this green alien can contact Kristie Anders at SCCF, 472-2329 or email kanders@sccf.org.
Island Democrats
Welcome Back Potluck Supper
submitted by June Sieber

On Thursday night, October 20 at 6 p.m., the Democratic Club of the Islands will host its Welcome Back Potluck Supper at The Community House, 2173 Periwinkle Way.

The annual get-together is held to renew old friendships, learn about the club’s plans for its monthly events, and to hear how to get involved in grassroots Florida politics. Fine wine and beer will be provided by the club, and members are asked to bring a dish to share.

The Democratic Club is honored to have national political consultant Bob Schaeffer as its featured speaker. He will discuss Looking Ahead to 2012. A question-and-answer period will give members the chance to explore controversial state and national changes in issues such as vote by mail, re-districting, and other voter suppression attempts. Schaeffer will also hear from the Lee County Democratic Chairwoman Sandra McClinton, who will discuss opportunities for volunteering on-going Democratic efforts, and Lydia Sherman, the Democratic state committee woman for Lee County, who will discuss activities at the Florida state level.

All Democratic Club of the Islands members are encouraged to attend, as are any other area Democrats or Lee County people wishing to get involved in Democratic politics or simply to become better informed about the issues.

The Democratic Club of the Islands is an authorized organization of the Lee County Democratic Executive Committee, organized to stimulate interest in political and governmental affairs, to educate the electorate about issues, to further the ideals and principles of the Democratic Party, and to support Democratic Party nominees in national, state, and local elections. Email demclubslands@gmail.com or call 395-9078 for more information.

Fire Prevention Week Campaign

What’s the best way to protect your family from fire? Be ahead of the game, of course. Learn how during Fire Prevention Week, October 9 to 15.

With more than 360,000 home fires reported in the United States in 2009, according to the nonprofit National Fire Protection Association (NFPA), your best defense is a good offense.

This year’s campaign is: It’s Fire Prevention Week – Protect your Family from Fire!, and it focuses on preventing the leading causes of home fires – cooking, heating and electrical equipment, as well as candles and smoking materials. Additionally, it urges people to protect their homes and families with life-saving technology and planning.

In 2009, 2,565 people died in home fires. Nearly all of these deaths could have been prevented by taking a few simple precautions like having working smoke alarms and a home fire escape plan, keeping things that can burn away from the stove and always turning off space heaters before going to bed. Fire is a dangerous opponent but by anticipating the hazards, you are much less likely to be one of the nearly 13,000 people injured in home fires each year.

Here are some tips for protecting your home and family from fire:

• Stay in the kitchen while you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, turn off the stove.

• Keep anything that can burn at least three feet away from heating equipment, like the furnace, fireplace, wood stove, or portable space heater.

• Have a three-foot kid-free zone around open fires and space heaters.

• Replace or repair damaged or loose electrical cords.

• If you smoke, smoke outside and use deep, wide ashtrays on a sturdy table.

• Blow out all candles when you leave the room or go to bed. Avoid the use of candles in the bedroom and other areas where people may fall asleep.

Residents need to provide the best protection to keep their homes and families safe in the event of a fire. This can be achieved by developing an escape plan that you practice regularly and equipping homes with life-saving technologies like smoke alarms and home fire sprinklers.

The following tips will help keep your family safe if there is a fire in your home:

• Install smoke alarms inside each bedroom, outside each sleeping area, and on every level of the home (including the basement).

• Interconnect all smoke alarms in the home so when one sounds, they all sound.

• Test smoke alarms at least monthly and replace all smoke alarms when they are 10 years old, or sooner if they do not respond when tested.

• Make sure everyone in your home knows how to respond if the smoke alarm sounds.

• Pull together everyone in your household and make a plan. Walk through your home and inspect all possible ways out. Households with children should consider drawing a floor plan of your home, marking two ways out of each room, and showing them exits and doors.

• If you are building or remodeling your home, consider installing fire sprinklers.

To find out more about Fire Prevention Week programs and activities or to learn more about this year’s campaign, visit NFPA’s website at www.firepreventionweek.org.

Book Review
Lincoln’s Men
by Max Friedersdorf

F or pure pleasure of reading, none of the new books appearing about Abraham Lincoln can compare with Lincoln’s Men. The President and His Private Secretaries by scholar and historian Daniel Mark Epstein.

Two young Illinois journalists, John Nicolay and John Hay, both carefree bachelors, worked for the election of Lincoln in 1860. As a reward for their service, Lincoln hired them as “private secretaries” to accompany him to Washington.

Hay and Nicolay comprised the entirety of Lincoln’s staff except for Edward M. B. Manahan, the Irish doorkeeper at the White House charged with keeping order among the hundreds of job seekers thronging the Executive Mansion to see the president each day.

The two-man staff of Nicolay and Hay answered all of the president’s mail, handled the press, Congressional relations, political chores and organized all social events, a devilish task because of Mrs. Lincoln’s clashes with both the young Lincoln aides.

What makes Lincoln’s Men such a great book is that both Hay and Nicolay lived on the second floor of the White House and were in constant contact with the president, accompanying him to Cabinet meetings, councils of war with his generals, night-long vigils awaiting battlefield news, and ultimately to Gettysburg for Lincoln’s immortal address.

After the assassination, Nicolay and Hay both chose diplomatic careers in later administrations, but as close friends for life, they co-wrote a history of the Lincoln administration.

Their personal reminiscences, anecdotes, stories, recollections and assessment of Lincoln as a friend and employer, as well as our greatest president, make for spell-binding literature.

“I have rarely seen him more serene and busy. He is managing this war, the draft, foreign relations, and planning the reconstruction of the Union all at once. He rules the cabinet, and there is no cavil... the good of the country absolutely demands that he should be kept where he is until this thing is over. There is no man in the country so gentle and so firm. I believe the hand of God placed him where he is until this thing is over...”

Hay wrote in his daily journal. There was much for a bright young man to learn in that time and place but no lesson more valuable than the one Hay was learning from Lincoln, who ignored insults and high-handedness from General McClellan, saving it for the Rebels, but they were too late for the lift locks on the canal.

“My soul... he measure first?” the president cried when informed by Secretary of War Stanton.

President's Book Award Finalist

On September 28, Indigo Press LLC, was notified by the Florida Publishers Association (FPA) that its latest title, *The Living Gulf Coast – A Nature Guide to Southwest Florida*, was nominated as a finalist for the President's Book Award. The nomination is for the best non-fiction work published in Florida in 2011.

Competition was exceptionally high this year because, for the first time in the history of the contest, the entries were open to all Florida publishers, including University Presses.

The final award – Gold, Silver or Bronze – will be announced at the FPA’s annual awards banquet on November 5 at the Helmely Sandcastle Hotel on Lido Beach in Sarasota.

Shell Point Resident Featured On The Cover Of Seniors Blue Book

Shell Point Retirement Community resident Frankie Rad was featured on the cover of the bi-annual *Seniors Blue Book for Southwest Florida*. The current publication, which covers September through February, offers stories and information to seniors looking for housing and resources in Lee and Collier counties.

Rad, who is 92 years young and has lived at Shell Point for 18 years, is just one of the more than 2,000 active individuals at Shell Point. She is a wife and mother and for decades always hoped she would one day learn how to fly. The article in the current Senior Blue book goes into great detail on how she worked towards and accomplished her dream of flying.

To pick up a copy of *Seniors Blue Book* and read more about Frankie Rad, visit the pharmacy section of any Walgreens in Lee and Collier counties.

To learn about Shell Point, visit www.shellpoint.org or call 1-800-780-1131.

The Living Gulf Coast is a nature guide covering six counties of Southwest Florida including Sarasota, Charlotte, Lee, Collier, Glades and Hendry. The book includes 291 species of birds, all the mammals and more than 90 species of reptiles and amphibians found in this region as well as 162 various parks, preserves, and eco-destinations located within the region. The book is available throughout Southwest Florida and in all major online bookstores.

For more information about the Florida Publishers Association, visit www.ilbookpub.org. To read an excerpt from *The Living Gulf Coast* or to learn more about Indigo Press, go to www.indigopress.net.

Charlie Sobczak

NOT ONLY DO WE MAKE EVERY NIGHT SPECIAL. WE MAKE SPECIALS EVERY NIGHT.

The Crow’s Nest is one special place, every night of the week. Tuesday Special: Prime Rib, $29.95 (for two!). Wednesday Special: Surf & Turf, $24.95. Friday Special: Fish Fry, $17.95. Sunday Special: Barbeque, $17.95.

Monday and Thursday: Crazy Crab Races; Music Friday-Saturday: The Bad Banditos.

OLD CAPTIVA HOUSE

Whether you look west or look down, the view is equally spectacular.

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Fort Myers To Attempt World Record
For Largest Gathering Of Zombies

According to The Guinness Book of World Records, the largest gathering of zombies was held in Asbury Park, New Jersey on October 30, 2010, with 4,093 participants. At last year’s ZOMBICON in downtown Fort Myers, police estimated more than 10,000 people in attendance, unofficially shattering the current record. ZOMBICON organizers hope to make it official during this year’s event on October 15. The public is invited to join the zombie horde and help put Fort Myers on the World Map.

Other cities have tried and failed. Brisbane, Australia; Seattle, Washington; and Dublin, Ireland have all claimed larger numbers, but have not, thus far satisfied Guinness’ stringent requirements. The rules state that all participants must be wearing zombie costumes or makeup, which (at the very least) must include white face, dark eyes and red color. All zombies must gather simultaneously within a designated area and remain there for a minimum of 10 minutes. This must be timed by two experienced timekeepers with stopwatches accurate to 0.01 seconds. Other forms of verification must be submitted including photos, video and official statements.

ZOMBICON producer/director Janet Planit DeMarco said, “For the other attempts, people gathered just to set the world record. We are going to try to pull this off right in the middle of our event.” This poses a unique challenge for event organizers, who have devised the following plan to fulfill all requirements while maintaining the continuity of the event. All persons wearing zombie makeup will be registered for the world record attempt by signing in and receiving a wristband with a unique number. Registration will take place on October 15 from 5 p.m. until 8:45 p.m. at these locations: the main entrance (Main Streert and Hendry) the stage door entrance (Bay Street and Hendry), and the Kiss Me/Kill Me booth at the Patio de Leon.

At 9 p.m. sharp, all registered zombies must report to The Red Zone (First Street between Broadway and Jackson). Members of the ZOMBICON Security Team (The Goon Squad) will facilitate the movement of all infected zombies into the “quarantined” area. All "survivors" (those not wearing zombie makeup) will be asked to step off of the street and onto the sidewalk. During the record attempt, survivors may seek refuge in the sanctuary of the Patio de Leon or in any of the local bars and restaurants. Once all zombies are contained within The Red Zone, the official timekeepers will mark the start of the world record attempt with a loud audible signal. All zombies must stay within the designated area for the duration. Some lucky zombies will be rewarded for their patience with ZOMBICON T-shirts and other gifts. Once 10 minutes has elapsed, a second signal will proclaim the end of the attempt, and the red tape will be cut, allowing the zombies to rejoin the living as the party continues.

All documentation including media coverage and eyewitness accounts will then be submitted to Guinness for verification. For updates on the status of the world record, visit www.zombicon.com/worldrecord.

Strange But True

- You might be surprised to learn that about a million Americans say they drink Coca-Cola for breakfast.
- Dominique Bouhours, a Frenchman who lived in the 17th century, was a priest, an essayist and a grammarian. The love of language may have been closest to his heart, though; it’s been reported that the final words he uttered on his deathbed were, I am about to -- or I am going to -- die; either expression is used.
- The beaver is a rodent.
- If you’re like the average adult, when you’re sitting in a relaxed position, you inhale about one pint of air with every breath.
- The United States isn’t the only country that has an accolade to recognize excellence in the film industry. Here the awards are known as the Oscars, but other nations have their own names for the awards: In Canada they’re known as Genies, in France they’re Cesars, in Russia they’re called Nikas, in Mexico they’re Golden Ariels, in Spain they’re known as Goyas, and in the United Kingdom they’re called Orange British Academy Film Awards.
- Those who study such things say that millions of trees are planted accidentally when absent-minded squirrels forget where they buried their nuts.
- In ancient Rome, if you had a hooked nose you were considered to be a born leader.

THOUGHT FOR THE DAY

Four-fifths of all our troubles would disappear, if we would only sit down and keep still. -- Calvin Coolidge

To advertise in the Island Sun Call 395-1213
A Captivating New Play
At Theatre Conspiracy

by Di Saggau

Invasion of Privacy played to a full house opening night at Theatre Conspiracy and it was a huge hit. Florida playwright Larry Parr won this year’s New Play Contest at Theatre Conspiracy with his clever tale of a lawsuit filed against famous author Marjorie Kinnan Rawlings. The play opens on a clever note and continues to entertain.

The time is 1946 and Rawlings, Pulitzer Prize winner for The Yearling, is being sued by her former friend and neighbor Zelma Cason for $100,000. Cason charges libel and invasion of her privacy. She objects to the way she is described in Rawling’s book Cross Creek.

The wording goes as follows, “Zelma is an ageless spinster resembling an angry and efficient canary. She manages her orange grove and as much of the village and country as needs management or will submit to it. I cannot decide whether she should have been a man or a mother.

She combines the more violent characteristics of both and those who ask for or accept her manifold ministrations think nothing of being cursed loudly at the very instant of being tenderly fed, clothed, nursed or guided through their troubles.”

Zelma tells Marjorie, “You have made a hussy out of me.” She wants $100,000 to soothe her hurt feelings.

Joann Haley as Marjorie and Karen Goldberg as Zelma are perfectly cast in their roles. We see Rawling’s vulnerability and discover her problem with alcohol. Her husband alludes to the bottle she keeps by her typewriter. Cason on the other hand is obviously jealous of her friend’s success and feeling offended that Rawlings has time to entertain the likes of Ernest Hemingway and Eleanor Roosevelt, but no time for her. Marjorie fires back saying that Zelma is about as literate as an earthworm.

At one point Zelma is willing to settle for $8,000 but that’s out of the question as far as Marjorie is concerned, so they end up going to court. The eyes of the world are on this trial because no other major American writer of the 20th century had ever been sued for invasion of privacy concerning an autobiographical work. Standing by Marjorie throughout the trial is her husband Norton Baskin (Rick Sebastian) and her attorney Sigsbee Scruggs (Stephen Hooper). Portraying Judge Murphree is Mike Breen. The prosecuting attorney Kate Walton (Tera Nicole Miller) is only 29. In spite of a zealous fight, she loses the case, but on appeal takes it to the Florida Supreme Court.

Watching Zelma on the witness stand and listening to her rantings, one can’t help but feel that Marjorie’s description of her in the book is right on. During a talk-back with the playwright, Parr said he couldn’t have asked for more colorful characters to work with on his play. He researched the actual trial records and condensed more than four years of legal proceedings into a two-act play that leaves the audience wanting to know more about the characters. I love it when that happens.

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The precedent-setting decision by the Florida Supreme Court resulted in Cason being awarded $1 and court costs. Although Rawlings won the fight, she was left greatly depressed and never again wrote about the people of Cross Creek. She died in 1953 in St. Augustine of a cerebral hemorrhage and bequeathed most of her property to the University of Florida in Gainesville. Her husband Norton survived her by 44 years.

They are buried side-by-side at Antioch Cemetery near Island Grove, Florida. Rawling’s tombstone bears the inscription, “Through her writing she endeared herself to the people of the world.”

Invasion of Privacy is a show not to be missed. It plays through October 22 at Theatre Conspiracy, 10091 McGregor Boulevard, Alliance for the Arts. For tickets call 936-3239.

Joann Haley (seated) and Tera Nicole Miller.
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40 | ISLAND SUN - OCTOBER 14, 2011
Sanibel Beautification Concludes Project With Celebration Of Thanks

Sanibel Beautification is planning an appreciation celebration on Tuesday, October 25 from 5 to 7 p.m. at The Community House, sponsored by the Sanibel Captiva Trust Company.

This event is to thank the many volunteers, donors, businesses, professionals, individuals, clubs and organizations that have supported Sanibel Beautification the past 11 years, enabling it to accomplish its goals.

Sanibel Beautification has been an extraordinary cooperative effort between the city and the community. The enthusiastic support of the community in terms of financial contributions, professional services provided, volunteer labor donated and the willingness of individuals to give of their time, talents, energy, has all been gratifying.

In the 11 years since it was formed in May, 2000, Sanibel Beautification has:

- Completed and maintained the landscaping of the causeway intersection and the Lindgren Boulevard medians.
- Redesigned the island entrance, partnering with the VFW to replace the flag pole there.
- Established a memorial area for Periwinkle Pavers, and provided Christmas lighting for the past 10 years.
- Partnered with the city, chamber of commerce, and Sanibel-Captiva Conservation Foundation in the restoration of native vegetation along Periwinkle Way following Hurricane Charley.
- Established nine garden areas with benches, bike racks, two picnic areas, one a native plant botanical garden with 29 species.

Dedicated hard working SBI volunteers Bill McBeath and Lou Scarlot

Sanibel Beautification Vice President Charlie Hart and President Ada Shissler with an award from the National Wildlife Federation, one of four awards recognizing Sanibel Beautification at the local, county, state and national levels

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This Vet Makes House Calls

by Anne Mitchell

If you have a scaredy cat or a nervous dog, you might want to look into having a veterinarian make house calls instead of putting your pets through the ordeal of a clinic visit.

Dr. Mark W. Hullstrung is offering house calls on Sanibel, Captiva and Fort Myers for dogs and cats.

Hullstrung said cats especially benefit from being examined and treated at home. “They are often nervous wrecks when they get to the vet’s office,” he said, and their blood pressure rises too.

Hullstrung had his own practice in northern New Jersey. He and his family moved down here nearly seven years ago, having visited the islands for 20 years. His daughter Samantha, a high school senior who plans to attend veterinary school, acts as Hullstrung’s assistant when he makes house calls. He has privileges at a local vet’s clinic in case a patient needs surgery or more than routine treatments, as well as connections with a veterinary pharmacy for prescriptions.

You might be wondering how much more it costs to have the vet come to you.
Around The Islands

“It’s a little bit more expensive,” he said. “But when you compare it with what you pay for a plumber or an electrician to come to your house, it’s not that much.” The vet is also taking concierge clients, which means that for a retainer, he will be available on demand.

Hullstrung’s most famous client was former President Richard Nixon — and thereby hangs a tale. Despite all the security at Nixon’s Saddle River property, a brown mutt snuck in under the fence. Nobody claimed him and so the Nixons adopted him and called him Brownie. Hullstrung took care of Brownie for several years.

Call 244-1401 to speak to Hullstrung.

If you haven’t checked out the latest in kitchens and bathrooms in recent years, give yourself a treat. Stop by the Sanibel Design Center and soak up some of the latest trends, textures and treatments on display there.

In a smallish space, owners Kevin Vertesch and Dan Hahn have managed to tastefully display myriad ideas for transforming your kitchen bathroom or bar area, whether your taste is traditional, modern or avant garde.

Open since April, the center is expectantly awaiting the return of the islands’ winter residents who, predictably, will want to spruce up one or another part of their homes.

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Larry Norris

Crocodile patterned black Caesarstone makes a handsome backdrop for a large screen TV

on Sanibel and Captiva islands, owners Hahn and Vertesch opened the Sanibel Design Center to provide a one-stop interior design center for island residents, interior designers and other contractors. The center features examples of finished kitchens and bathrooms as well as samples of flooring, wall coverings, cabinets, countertops, appliances, and accessories.

“We have two full-time designers on staff,” said Vertesch. For clients who are out of the area during the project, the designers will keep them informed by phone, fax, or email and will even ship out samples if needed.

Here are some of the things that caught my eye:

Wall and floor tile with tons of texture, such as pebbles, tumbled stone; dry-stacked stone; a hammered copper sink in a stylish bar; remote-controlled shower features; “green” countertops made from recycled glass; handsome Viking kitchen appliances; a bathroom vanity with a faux seascape and a place atop the backsplash that’s filled with sand and seashells; and a magnificent panel of crocodile-patterned black Caesarstone as a backdrop for a flat screen TV.

Stop in at 2240 Periwinkle Way, Suite 11A (next to The Bean) for some cutting-edge decorating ideas, or phone 395-1201.

**LIVE ON THE ISLANDS**

- **Chip’s Sanibel Steakhouse** features Michael David playing light classical guitar on Wednesdays and Saturdays. The steakhouse is at 1473 Periwinkle Way, phone 472-5700.
- **The Crow’s Nest at ’Tween Waters Inn,** Captiva has entertainment Fridays and Saturdays from 9 p.m. to 1 a.m. Crab races are Mondays and Thursdays with the family show at 5:30 p.m. and grown-up races at 9 p.m. The Crow’s Nest is at 15951 Captiva Drive, phone 472-5161.
- **Gene Federico** is playing at **Courtney’s on Sanibel** on Thursdays and Fridays, 7 to 10 p.m. and on Sundays at the tiki bar from 2 to 5 p.m. Courtney’s is at 1231 Middle Gulf Drive, phone 472-4646.
- **Traditions on the Beach** has live music Thursday through Saturday, featuring Joe McCormick, Marvilia Marzan and Barbara Smith. There are periodic jazz nights on Wednesdays. The restaurant is at the Island Inn, 3111 West Gulf Drive, Sanibel, phone 472-4559.
- **The Jacaranda** has entertainment nightly from 7 to 11 p.m. Here’s the line-up: Friday and Saturday, The Captiva Band playing classic rock, jazz and R&B; Sunday, Jamaica “Dave” & Co., reggae and dance; Monday, Renata, jazz, contemporary music and dance; Tuesday, Steve “Scooter” Reynolds, acoustic guitar, contemporary music and dance; Wednesday, Buckeye Ken, contemporary, Top 40 and blues; Thursday, 2 Hot, contemporary, reggae and dance. The Jacaranda is at 12323 Periwinkle Way, phone 472-1771.
- **George & Wendy’s Corner Grill** features Chris Workman, keyboard and vocals, on Fridays and Steve “Scooter” Reynolds, guitar and vocals, on Saturdays. Entertainment is from 7 to 11 p.m. The Corner Grill is at Periwinkle Way and Tarpon Bay Road, phone 395-1263.
- **The Island Cow** on Periwinkle Way has live entertainment from 6 to 9:30 p.m. nightly. The line-up: Monday, Dan Confrey; Tuesday, Jeff Key; Wednesday, Ken Wasinak; Thursday, Diana Lynn; Friday, Greg Watts; Saturday, Diana Lynn; and Sunday, Ken Wasinak. Phone 472-0606.
- **RC Otter’s,** 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and out; phone 395-1142.

Restaurant owners/managers, email or fax your entertainment schedule to Anne Mitchell at islandsuncity@aol.com or 395-2299.

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Sanibel Beautification is concluding activities after 11 years of dedication to improving the island’s appearance.

To thank the many volunteers, donors, clubs, organizations, and businesses who have provided generous support through the years

The Sanibel Captiva Trust Company
Will sponsor the
Sanibel Beautification Appreciation Celebration
at the
Sanibel Community Center
Tuesday, October 25
5 to 7 p.m.
Brief program at 6 p.m.

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"Please plan to attend the event to celebrate the conclusion of this successful effort," she said. ©

Send your editorial copy to:
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Celebrity Island Dinner
Tips In Shell Museum’s Favor

submitted by Linda Christman

Well over 100 guests enjoyed the food, entertainment and special service during The Bailey-Matthews Shell Museum’s Celebrity Island Dinner benefit at Traders on October 3 that raised more than $8,300 for the museum.

Craig Albert, Ric Base, Karen Bell, Mark Blust, Terry Igo, Richard Johnson, Anne Joffe, Tim Murty, Sandy Stilwell, Mike Valiquette and Bob Walsh teamed with Traders wait staff to ensure those in attendance received prompt and courteous service, eliciting tips that were donated to the shell museum.

Guests mingled over drinks before dinner, which included soup or salad and a choice of salmon, shrimp, steak or chicken with mouth-watering side dishes. The meal was topped off with a slice of Key lime pie.

Local favorite Danny Morgan and his bandmates, John McLane and Pittsburgh Mike, provided music, and Bruce Akioka’s troupe entertained the guests with ballroom dancing.

Celebrity server Terry Igo joined Morgan on stage and received generous tips during his rendition of the Rolling Stones “Honky Tonk Woman.” Not to be outdone, Ric Base also collected gratuities for his unique, reggae-flavored version of “O Canada.”

Dinner guests had chances to win several gift basket auction items, and the bidding continued on page 10B.

Celebrity server Karen Bell encourages fellow celebrity server Mike Valiquette to bid on jewelry donated by Lily & Co. as his wife Maureen looks on

Eileen and Lex Roulston were all smiles about the service they received from celebrity waiter Terry Igo

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Island real estate blog posted every Friday at: SanibelSusan.wordpress.com
FISH (Friends In Service Here) of Sanibel announced that Bailey’s General Store has become a Silver Sponsor for the 10K Race for FISH this year.

“We are delighted to become a Silver Sponsor of the FISH 10K,” said Richard Johnson. “We have been a supporter of FISH for many years. The FISH organization does an excellent job helping our island neighbors and we were pleased to become a Silver Sponsor for their main fundraising event this year.”

As part of the sponsorship, Bailey’s General Store will be providing fresh fruit and other Bailey’s goodies for the runners and their supporters on race day at The Community House.

The FISH 10K race, held in conjunction with the Fort Myers Track Club, will take place on Sanibel on Saturday, October 15 at 7:30 a.m. The race is expected to attract more than 450 runners this year. This is the main fundraiser for FISH this year.
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**673 East Rocks**
- Gorgeous 3 BR/2 BA lake front home.
- Enjoy beautiful water views and sunsets.
- Large great room with vaulted ceilings.
- Nicely furnished. Large enclosed pool.
- Great location…walk to the beach.

**Pine Cove 1A**
- 2 BR/2 BA Gulf front corner unit.
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**476 Las Tiendas**
- 3BR/2BA “Old Florida”style in Las Tiendas.
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**3861 Coquina Dr.**
- 3 BR/3 BA near beach in West Rocks.
- Beautifully remodeled & nicely furnished.
- Lots of tile. Light, bright and private...
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- Enclosed pool. Short walk to the beach.

**Sanibel Arms D-6**
- Beautifully updated & nicely furnished.
- 1 BR/1 BA on beach side of complex.
- Only steps to pool, beach & clubhouse.
- Weekly rentals w/on-site Management.
- Boat dockage available. Short Sale.

**557 N. Yachtsman**
- 4 BR/3 BA in nice, private community.
- Beautifully furnished two story home.
- Lg master suite with sitting area/fireplace.
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- Comm. pool/tennis. Near beach/marina...

**Sandalfoot 3D1**
- Bright & beautifully updated 2 BR/2 BA.
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The Three Key Pre-Swing Fundamentals

by Matt Oakley, PGA Golf Professional

I like to keep golf simple. Get a routine and stick with it. This easy pre-shot routine has always served me well. It encompasses everything PGA professionals like me stand for, literally. Here is a simple technique to try the next time you are at The Dunes hitting practice balls.

1. Posture: Stand tall and athletic like you are about to guard someone in basketball. Bend at the hips so that your sternum goes down and your seat goes up until your arms hang naturally. Unlock your knees and you are ready for the next step.

2. Grip: Put your right index finger into the palm of your left hand and wrap the fingers of your left hand around it. Try to pull the finger out. Comes right out, doesn’t it? Now, put your right index finger into the fingers of your left hand and wrap the fingers of your left hand around it. Try to pull your finger out now. You will pull your finger out of the socket before that finger will come out. That tells us that our fingers are strong and our palms are very weak. Let’s get the grip on your club into the fingers of both hands.

3. Alignment: Set a club on the ground aimed at where you want your ball to go. Take a second club and put it parallel to the first club about one foot apart. Pick up the first club and you have an aiming club. Align your clubface, feet, knees, hips and shoulders at 90 degree angles to the aiming club and you are now aimed at your target. Now you can judge your practice shots and analyze the errors. If the ball goes left it is probably because the clubface is closed at impact or the path of the club is outside to inside. If the ball goes right of target the face is either open at impact or the path of the club is outside to inside.

With just a little practice, this technique will have you in control of your golf ball and playing like the pro’s in no time.

SPORTS QUIZ

1. In 2010, Toronto’s Jose Bautista became the seventh player in major-league history to hit at least 50 home runs, 100 walks and 30 doubles in a season. Name three of the other six to do it.

2. When was the last time before 2010 that a player won the NL home run season title with fewer than 47 round-trippers?

3. The Rams’ Marshall Faulk (1999) was the second running back in NFL history to have 1,000 rushing yards and 1,000 receiving yards in the same season. Who was the first?

4. What school holds the NCAA men’s basketball record for most consecutive appearances in the NCAA Tournament?

5. Name the first California-born and -raised player to be a first-round NHL draft pick.

6. Which was the first school to post dual (men’s and women’s) three-peat championships in NCAA track and field?

7. In 2011, Martin Kaymer became the second German to take the top spot in the world golf rankings. Who was the first?

ANSWERS

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Al Davis Was A Football Legend Who Changed The Face Of The National Football League

by Ed Frank

H e was cantankerous, he was obstinate, he was shrewd, outspoken but fiercely loyal to his players, past and present. And he changed the face of professional football as few have done.

What Arnold Palmer did for golf and George Halas did in the founding days of the National Football League, Al Davis did in later years.

His passing last week at the age of 82 leaves a void, not only in the management and ownership of his beloved Oakland Raiders, but in the NFL as well.

As commissioner of the old American Football League, Davis was more responsible for the 1970 merger of the AFL and the NFL than anyone else, although he originally opposed the move. But as his AFL snatched player after player from the NFL, the blending of the two leagues became inevitable.

“Just win baby,” was his famous motto. The silver and black of the Oakland Raiders with the one-eyed pirate on their helmets is as famous as any logo in sports. And, baby, did the Raiders win.

From 1965 to 1980, the Raiders never had a losing season. In fact, that era marked the most successful record of any team in professional sports. During his nearly half-century as Raider boss, they won an AFL title in the 1960s, a Super Bowl in the 1970s, two more Super Bowls in the 1980s, got to the AFC title game in the 1990s and went to two AFC title games in the 2000s.

The last several years were lean years for the Raiders as the losses piled up and one coach after another was fired. But even as his health declined, Davis insisted the team would turn it around. And he was right.

On Sunday, the day after his death, the Raiders beat the first-place Houston Texans 25-20 to improve to 3-2 for the season, the first time they have been above .500 after five games since 2002.

There was much more to Al Davis than just winning football games. Perhaps due to his Jewish background, he understood discrimination. In 1968, he drafted professional football’s first black quarterback, Eldridge Dickey, in the first round. He hired the first black coach, Art Shell, the first Mexican coach in Tom Flores, and the first female executive, Amy Trask, who remains in the organization as CEO.

He often took chances on players others would ignore. The media labeled quarterback Jim Plunkett as “washed up.” Davis saw him differently and he led the Raiders to a Super Bowl championship. George Blanda was way too old for most, but not for Davis. The legendary Blanda quarterbacked and place-kicked for the Raiders until he was 48.

Conversely, John Madden was only 32 when he was hired as head coach. Madden won several division titles and the 1976 Super Bowl for Davis. At age 34, he took Jon Gruden as head coach and led the Raiders to consecutive division titles before leaving for Tampa Bay.

Writing this column brought back many great memories as an admitted Oakland Raider fan. While employed for Bethlehem Steel, I had been transferred to the Oakland area in 1969 and sought a couple of season tickets. There was a long waiting list for tickets, but a friend knew Davis and told him of my request.

Apparenly Davis was a Bethlehem stockholder and I got the tickets.

Those were the Raider glory years with Daryl Lamonica, Ken Stabler, Jim Otto, Gene Upshaw, Blanda, Shell and many, many more.

No question that Davis possessed a brilliant football mind. He oversaw every facet of the Raider organization, never hesitating to voice his opinions to coaches and players alike.

And what a thorn he could be to the NFL hierarchy. He feuded and battled the NFL in court over moving his franchise to Los Angeles in 1982 and back to Oakland in 1985.

Pro football has lost one of its most charismatic, colorful characters. But his legacy will always be linked to today’s most popular sport.

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Celebrity Dinner was competitive. Lily & Co. donated a necklace/earring set for the auction, and Lily’s co-owner Karen Bell grabbed hold of Mike Valiquette’s arm and raised it every time auctioneer Jon Finstrom needed a higher bid, ultimately securing the prize for Valiquette’s wife Maureen.

Sandy Stilwell alerted the guests that Bell and fellow server Anne Joffe were celebrating their birthdays, and everyone in the dining room serenaded the pair with the traditional song.

Museum director Dr. José H. Leal was pleased with the turnout, which included long-time museum friends as well as a few newcomers. “I think the event was a great success by any measure,” he said. “We did as well if not better than last year. The fun quotient was very high. People really enjoyed themselves; I sure did. It was great to see a lot of new business owners in the community joining in as a breath of fresh air, and to see all the great people involved in the event.

“It was also great to be back at Traders and have the support from Traders and Lily & Co. as major sponsors,” Dr. Leal added. “There was a lot of help from Evelyn Stewart of Adventures in Paradise and our board of trustees treasurer Vasanta Senerat, so I’m grateful for all they’ve done.

“We had a nice team of local celebrity waiters and waitresses from the island community who were backed up by the great staff at Traders, so we couldn’t have had a better event. I’m very glad with the way it turned out, and I’m looking forward to next year’s event.”

Sustainability Conference
The University of Florida, IFAS Extension in partnership with Lee County’s Pollution Prevention Program will hold its 3rd annual Sustainability Conference and Educational Exhibition on November 10. Entitled Decoding Sustainable Living: Proposing Green Solutions for a Sustainable Future, the conference will be held at the Lee County Elections Center. The cost to attend is $20.

Expand your vision of possibilities in the world of sustainable growth. Scientists, entrepreneurs and leaders from academia, industry and government will share research and development information on innovative solutions in clean energy, energy efficient, GHG emissions, financial and policy opportunities and resource management strategies that will help mitigate the impact of climate change and help build a green economy.

The exhibition is a unique opportunity to meet the region’s investors, farmers, developers, engineers, purchasing agents, state and local government agencies who will showcase unique products, services and programs that promote climate change solutions through recycling, water-use efficiency, sustainable transportation, biofuels and renewable alternative energy development. The exhibition is free to exhibitors and Florida citizens.

Checks should be made payable and mailed to LCBOCC, 3406 Palm Beach.

continued on page 12B

Email your editorial copy to: press@islandsunnews.com
New Durable Power Of Attorney Law Affects Everyone

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

On October 1, 2011 a new Durable Power of Attorney law took effect. Most people have Durable Power of Attorney documents as a part of their estate plan, so today I thought I would review some of the highlights of the new law.

Most of us know what a Durable Power of Attorney is, although some may be confused when it is used and when it becomes invalid. A Durable Power of Attorney document allows you to name someone to effectively and legally sign for you for a variety of commercial and legal transactions. You can grant someone the power to buy, sell and transfer stocks, bonds, money, real estate and almost anything else you can think of. A Durable Power of Attorney can be used to grant someone else the authority to make gifts on your behalf, or even establish and fund trusts, including estate planning and/or Medicaid trusts.

On your death, however, the Durable Power of Attorney document ceases. Then your will takes over. The “durable” in Durable Power of Attorney means that the powers you grant someone survive your incapacity. But the powers are not applicable after your death.

In years past, the law allowed you to create a “springing” Durable Power of Attorney meaning that it could be drafted to only take effect upon your incapacity. The new law does not allow “springing” Durable Powers of Attorney, meaning that when you sign the document it becomes immediately effective. Practically speaking, “springing” Durable Powers of Attorney weren’t very useful, since the banks and financial firms that would have had to rely on them are wary of “springing” powers because the banks and financial firms don’t want to be liable if the contingency that creates the power hasn’t occurred yet.

One of the more notable changes to the law includes the fact that a general grant of authority, such as “I grant Joe the power to do anything that I could do” is now insufficient for most actions. In other words, if you want Joe to be able to write checks from your bank accounts, he needs specific banking powers. If you want Joe to have the ability to sign a deed conveying real estate, then the document specifically needs to grant him that power.

In fact, the law states that the authority to grant certain gifting or estate planning powers not only need to be included in the document, but each specific power needs to be initialed by the principal (you). This requirement applies to certain matters involving trusts, gifts, rights of survivorship, designation of beneficiaries, beneficial interests under annuities, disclaimers and powers of appointment. So if you want to give someone the power to change the beneficiary of your IRA, for example, not only must that actual authority be designated in the Durable Power of Attorney, but you need to initial right next to that specific power for it to be valid.

Failure to have such specific powers inside of the document may render the document useless. Documents that were signed before October 1, 2011 are referred to in the statute as “legacy” documents and are supposed to remain valid even if they don’t necessarily comply with the new law, however for all practical purposes they will be more difficult to use since the banks and brokerage houses, among others, are going to require a document that complies with the new law for the bank or brokerage house to honor it.

The new law contains provisions that require banks and financial institutions to accept or reject a presented power of attorney within a certain amount of time. The new law also provides third parties who are relying on the validity of the power of attorney to be protected if it later turns out that the power of attorney was not valid for one reason or another but the third party had every reason to believe that the power was valid.

What this new law is going to do is increase the complexity and length of Durable Powers of Attorney. The specifications for the document are more detailed and require a lot more initialed space.

If you are interested in listing your island property, contact the island’s oldest and most prominent real estate company. We get results!
Sanibel Air Gives In-Kind Gift To Bright Beginnings

Sanibel Air has donated $1,400 worth of air conditioning services to benefit the Bright Beginnings Early Learning Center’s auction dinner. The money raised will help fund the school’s educational programs.

Bright Beginnings, which is part of the Cypress Lake United Methodist Church in Fort Myers, is committed to the developmental needs of the young child and encouraging growth in all areas – physical, emotional, intellectual, and spiritual – in a continuous interrelated process. The school offers various programs for children aged two to five years of age.

Sanibel Air’s Managing Partner Todd Hayes’ children attend the school, and he and his wife Jennifer have actively supported them for several years. “We are always happy to make these contributions,” said Todd Hayes. “We are grateful to be a part of this community and this is just one of the ways we are able to say thanks for all of the great things that they are able to do for us.”

Sanibel Air Conditioning is located on 1213 Periwinkle Way, Suite A. Its new website is www.sanibelair.com.

Sustainable Living

Bldv, Fort Myers, Fl 33916. Register online at http://lee.ifas.ufl.edu and click on icon WebTRAC. For more information contact Martha Avila, sustain-ability program coordinator, UF/IFAS Extension, at 533-7506 or avilamc@leegov.com. Or Jayne Coles, envi-ronmental specialist, at 652-6131 or Jcoles@leegov.com.
“Showcasing the Islands’ Finest Properties”

15867 Captiva Drive
The pinnacle of locations on the islands’ offering stunning Gulf to Bay panoramas. $6,995,000 CaptivaGulfToBay.com

1918 Woodring Rd.
A private bayfront sanctuary with 260 ft. on historic Woodring Point with pier pool and amazing views. $2,999,000 SanibelBayfront.com

1069 Bird Lane
Extraordinary Bay front beauty. Undeniably one of the Islands most intriguing and sought after estates. $2,750,000 BayfrontSanibel.com

Lantana 202
RARE offering, hard to find 4 bedroom, 3.5 bathroom luxury Gulf Front condo located in one of the island’s premier condominiums. $1,899,000 LantanaSanibel.com

228 Violet Dr.
Superbly constructed near beach home on large private parcel overlooking preservation land. $1,425,000 NearlyOnTheBeach.com

1817 Buckthorn Ln.
Meticulously maintained newer home on over an acre in one of Sanibel’s most prestigious communities. $1,160,000 GulfRidge.com

11530 Chapin Lane
Unmatched rental history with over $90,000 in rental income from this fun and relaxed island style pool home just a few steps from the beach. $1,125,000 ChapinLane.com

2417, 2441, 2451 Palm Ridge Rd.
Over 300 ft of prime commercial front property located in the heart of Sanibel’s commercial district consisting of 3 vacant lots offered in conjunction as one large parcel with 36,162 sq ft of land. $950,000 CommercialLandOnSanibel.com

6192 Henderson Rd.
Stunning water views from this expertly remodeled and beautifully furnished home. $899,000 DinkinsBayou.com

5750 Pine Tree Dr
Bright and colorful island style home with direct access, dock, and boat lift. Enjoy expansive views of Dinkins Bayou from this beautifully remodeled retreat. $879,000 SanibelCanalFront.com

Captiva Shores 6B
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Dear Shelley,

My 7th grade daughter has been in school now for almost two months and she does not seem to be adjusting very well. She should be used to school and the routine but she continues to be very anxious and nervous. She does not want to talk about it either. Any suggestions?

Emily L., via e-mail, Estero, Florida

Dear Emily,

Feeling anxious for the first few days or even the first week or two of school is quite typical, but when that anxiety extends past those beginning weeks of school, it is time for parents to become much more involved as you are doing.

Anxiety, the jitters, feeling high strung or nervous is a common feeling for every child. Anxiety is normal and can even be helpful at times by alerting us to a variety of situations that we need to address. The central characteristic of anxiety is worry and when the worrying becomes problematic that’s the indication that it’s time to take some action.

You mentioned that your daughter does not want to discuss her feelings with you. She is showing you a classic symptom of anxiety in that pre-teens and teens tend to withdraw when they are anxious. Younger children however, act out more when they are anxious by showing anger or irritability. One clue that your child is anxious about school is their behavior on the weekend. If their anxiety is school related their demeanor tends to improve on Friday afternoons and Saturdays and then the anxiety will re-appear on Sunday evenings.

Anxiety and depression can be linked sometimes, appearing together.

According to Dr. Doyne, from Cincinnati Children’s Hospital, this is a gray area and it is not always easy to make a clear determination as to which condition the child is experiencing. He does state that depression is much more severe and children tend to appear more dysfunctional with depression.

According to Dr. Huberty, a school psychologist, there are some specific actions a parent can take to help their child reduce their anxiety levels:

To help with anxiety, teach your children how to organize materials and time, develop small scripts of what to do and say, either to peers or as self-talk, when anxiety increases.

Practicing things such as asking questions in class or class presentations until a comfort level is achieved can be a useful anxiety-reducing activity.

Listen to and talk with your child on a regular basis and avoid being critical. Being critical may increase pressure to be perfect, which may be contributing to the problem in the first place.

Anxiety is a complex topic and cannot be fully addressed in this column. I recommend that you read Dr. Huberty’s informative article for parents on anxiety in children to learn more about this topic and on ways to help your child. It can be accessed at www.nasponline.org/resources/online/anxiety_huberty.pdf.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Biker Run To Benefit Lee County Schools

The Local motorcycle group The Defenders has teamed up to support education in Lee County Schools by choosing Learning For Life, Inc. as the main recipient of this year’s Biker Run. The run will be held on Sunday, October 23, with registration at 9 a.m. at the Harley Davidson of Fort Myers. The last bike will go out at 11 a.m. There will be five destinations beginning with Gatorz Bar & Grill, then Lazy Flamingo, Pincher’s Crab Shack, Valerie’s Lounge; the final destination is the Sandy Parrot, 17200 South Tamiami Trail in Fort Myers, Florida.

This run is open to the public and you can travel to each location by motorcycle or car. At each location a single playing card will be drawn for a chance to win best or worst poker hand at the Sandy Parrot. The cost to participate is $10 per rider and $5 per passenger. All proceeds will benefit Learning For Life and will support character education within local schools. Special guest Sheriff Mike Scott will kick off the ride. There will be prizes, vendors and live bands at the Sandy Parrot at 1 p.m. with no cover charge.

For further information contact Niska Gazlay at 699-6938.

Send your editorial copy to: press@islandsunnews.com

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Community House Hosts Cancer Lecture

World-renowned cancer specialist, doctor and researcher will visit The Community House Tuesday, October 25 at 6:30 p.m. Don’t miss a once-in-a-lifetime opportunity to meet Dr. Dana Flavin, executive director for the Foundation for Collaborative Medicine and Research, a 501(c)3 organization, visit www.collmed.org.

For more information about Flavin’s visit to Southwest Florida (October 21 to October 25) contact Jill Kobe at The Community House at 472-2155.

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Park Royal Hospital Construction Tops Off, On Schedule For February

The installation of a rooftop air chiller marked the topping off of Park Royal Hospital, a 76-bed mental health facility that is scheduled to open in February at HealthPark.

Park Royal Hospital celebrated the “topping off” of its new behavioral health treatment facility, located on the HealthPark Medical Center campus in South Fort Myers. The $30 million project began in March and is being built by DeAngelis Diamond Healthcare Group.

“We are very excited to have reached this milestone with the placement of the rooftop air chillers,” said CEO Jim Harper. “We are on schedule for the completion and grand opening of the newest hospital in Southwest Florida in early February.”

Park Royal Hospital, located at 9241 Park Royal Drive, is an approximately 72,000-square-foot mental health facility. The state-of-the-art LEED-certified building designed by Architecture Inc. incorporates the latest energy-saving technologies.

Park Royal Hospital will admit adult and geriatric patients into the 76-bed facility 24 hours a day, seven days a week. The private hospital will accept most insurance plans and grand opening of the newest hospital in Southwest Florida in early February.”

Breast Cancer Awareness Month

In observance of National Breast Cancer Awareness Month, Lee Memorial Health System’s Breast Health Center will host an open house to raise awareness of breast health services available in the community.

The open house will be from 6 to 8 p.m. on Wednesday, October 19 at The Outpatient Center at The Sanctuary. The address is 8960 Colonial Center Drive in Fort Myers.

“All of us are touched by breast cancer in some way during our lifetime. Either we are a woman who is at risk, or we love someone who is at risk,” said Priscilla Niles, director of outpatient breast health imaging for Lee Memorial Health System. “Our community has much to offer to women who are at risk or are battling breast cancer. We’re looking forward to educating women at this event about what is available to them to help them maintain a healthy breast.”

There will be refreshments at the open house, and activities include:

- Tour the Breast Health Center
- Attend a presentation by Dr. John Rodriguez, a diagnostic radiologist
- Get all of your questions answered about breast health, breast cancer, diagnosis and treatment
- Meet our breast cancer navigators whose job is to help patients navigate their journeys from diagnosis through treatment
- Learn about the technology available in our community including full field digital mammography, breast ultrasound, stereotactic-prone breast biopsy and breast MRI
- Learn how a healthy lifestyle sustains breast health
- Fun scavenger hunt, contests and other activities

In addition, to keep the awareness of breast cancer foremost in the minds of community members, the external lights of The Sanctuary building will be pink colored during the month of October.

More information can be obtained by calling 348-2196.

HealthPark Achieves Reaccreditation

Lee Memorial Health System has announced that HealthPark Medical Center has once again been reaccredited as a Chest Pain Center from the Society of Chest Pain Centers (SCPC), an international not-for-profit organization that focuses on transforming cardiovascular care by assisting facilities in their efforts to create communities of excellence that bring together quality, cost and patient satisfaction.

Hospitals that have received SCPC accreditation have achieved a higher level of expertise in dealing with patients who arrive with symptoms of a heart attack. They emphasize the importance of standardized diagnostic and treatment programs that provide more efficient and effective evaluation as well as more appropriate and rapid treatment of patients with chest pain and other heart attack symptoms. They also serve as a point of entry into the health care system to evaluate and treat other medical conditions.

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continued on page 19B
Many mistakes in furniture placement are made because it’s difficult for many people to visualize the three-dimensional effect of furniture in advance. A floor plan is a necessary ingredient of furniture placement pre-planning, but you must also take into consideration the dimensional qualities of furniture as well. This is where a professional decorator’s expertise will save you time and money!

DON’T block a view from a picture window – especially if it’s a good one. So placing tall chairs and a lamp on a table placed smack in the center of a picture window is a big no-no. Choice and placement of furniture should complement, not conflict with architectural features.

DO plan a furniture grouping that won’t conflict with your window. A sofa might fit below it, flanked by two end tables with lamps – creating symmetrical furniture grouping and allowing your picture window to take center stage.

DON’T place only wooden pieces of furniture along one wall or at one end of a room. Too many wooden pieces in one cluster tend to have a cold, inhospitable look.

DO mix wooden pieces with upholstered furniture for texture contrast and interest. Rich, polished wood tones look more so when contrasted by handsome fabric, and vice versa.

DON’T use too many matched pairs of tables, lamps or chairs in one room. Matching pieces help unify a room, but too many pairs will make your room resemble a furniture store.

DO achieve variety by choosing some similar but not exactly matching pieces to balance each other – two non-matching lamps of similar size and shape, for instance, would be the perfect solution.

Cindy Malszycki is an interior decorator on Sanibel. She can be reached at 239.691.4915.

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Got A Problem? Dr. Connie Is In

by Constance Clancy

Q: When I have a problem, no matter how little or great, I become obsessed with it. I have trouble sleeping and become frozen as to a solution. How can I overcome this?

A: Why not ask for your possible solution to a problem in a dream? It appears you are racking your brain for a solution and becoming paralyzed in the process. When you are asleep, your brain is free of all the clutter of your waking day that inhibits your creativity. So when you get into bed at night, choose the issue you want help with. Turn it into a question and be sure to write it down and keep on your nightstand. Repeat the question silently to yourself before you go to sleep. If your mind wanders and you cannot drift off to sleep, repeat the question silently to yourself. When you awaken, write down as much of your dream as you can remember. Once you have written down your dream, ask yourself if it sheds any light on your question.

Once you get into the habit of repeating this process, it can be a healthy way to resolve your issues. Dr. Clancy is a licensed mental health therapist, certified hypnotherapist, life coach, author and public speaker. You may email Dr. Connie at connie@drconstance.com.

Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

I think younger people are so mean to those who are over the hill. They have more education and know more about what is in books, but I am not stupid and some of them don’t even know how to hang up their own clothes.

I don’t know computers and the new things like that but I can add up numbers and do subtraction and they all have their little machines that do all of the work.

Can you tell me what to do and say to shut them up?

F reda

Dear Freda,

I have heard many very successful people complain that their adult children belittle their accomplishments in spite of their rising to the top of their professions.

If young people intimidate you, just ignore their company and concentrate on people in your own age group.

Many people young and old seem to enjoy making others miserable but I think it is all part of human nature.

Lizzie

Dear Freda,

Instead of taking the time focusing on what to say to them to “shut them up,” take the extra time to learn about computers and new technologies. As we age, we still learn, it just takes a little longer. Remember, some younger folks may be mean, impatient or arrogant. If you get upset with them, it does not change them, it just ruins your day, and one day those younger folks will be older as well.

Pryce

Lizzie and Pryce’s email address is momandmeaging@hotmail.com.

FGCU Health And Wellness Fair

Florida Gulf Coast University’s Prevention and Wellness Services will hold its 11th annual Campus & Community Health Wellness Fair on Tuesday, October 25 from 10 a.m. to 2 p.m. Keynote speaker TJ Sullivan from CAMPUSPEAK will address the audience on Confronting the Idiot in Your Life at 8 p.m. Sullivan provides practical strategies for increasing the effectiveness of constructive confrontations with people in our lives, challenging everyone to build a better community.

The Health and Wellness Fair will feature over 30 exhibitors providing wellness information, giveaways, free health screenings, and advice from consultants from a wide variety of campus and community resources.

The events are free and open to the public, and will be held in the Student Union Ballroom. For more information call 590-7733 or agibbs@fgcu.edu.

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Dear Pharmacist:

Every fall, I worry about catching cough and cold. My Jewish grandmother used to come over and cook soup with bones in it. She insisted it would keep us healthy and made us suck the marrow out of the bones. Truthfully, we never got sick. What do you think of this idea? I don’t want to torture my own kids but she may have been on to something.

BE, Hartford, Connecticut

Answer: Anything that helps you avoid illness (and pricey antibiotics) is fine by me! Growing up, my mom made us kids do the same. I can still hear her ravenously sucking the marrow out of the bones, they never had a chance. Bone marrow soup contains red marrow, which provides immune system factors such as myeloid stem cells, which are precursors to red blood cells that bring oxygen to your organs. It also contains lymphoid stem cells, precursors to white blood cells and platelets. White blood cells fight germs and platelets help your blood clot properly.

If you’re still grossed out about cooking such a prehistoric soup, keep listening. Bone broth will provide your body with two important amino acids, glycine and proline. Glycine is needed to help our body form a powerful liver antioxidant called glutathione, which neutralize poisons. Proline has been researched extensively and supports heart health by blocking dangerous “lipoprotein a,” from sticking to your arteries (think atherosclerosis). While the idea of bone broth might make you want to fast, the truth is, bone broth is great for a fasting or detoxification program because it supports both phase I and II detoxification and builds up collagen to support healthy bones, discs in your back, your skin, ligaments, cartilage and tendons. I think bone soup can support wound healing, and joint health all while soothing inflamed mucus membranes in the digestive tract. Perfect for IBS, leaky gut, Celiac and Crohn’s disease. Getting hungry yet?

Because I always try what I write about, I bought some bones tonight and made the soup. It tasted good. I flavored it with fresh garlic, celery, carrots, parsley and onions. I cooked it for 5 hours on low, although you could use a crock pot and let it simmer overnight.

Bone marrow soup provides minerals, especially calcium, magnesium and phosphorus. Great, because these support bone, heart and muscle health. I cook in it. She insisted come over and cook...grandmother used to catch...catching cough and cold. New research suggests that blood pressure drugs called “beta blockers” slow the spread of breast cancer.

DID YOU KNOW:

- New research suggests that blood pressure drugs called “beta blockers” slow the spread of breast cancer.
- This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered

To ramp up immune-boosting properties, buy fresh or dried astragalus root, a wonderful Chinese herb. Add one-quarter cup to your soup for the last 20 minutes, but don’t do this if you take methotrexate or cyclophosphamide drugs. Skim the astragalus and any fat/foam from the soup before consuming. I draw the line at bones, but if you are friskier, make your soup with oxtail or chicken feet.

HealthPark

problems, and they help to promote a healthier lifestyle in an attempt to reduce the risk factors for heart attack.

In addition to this reaccreditation, HealthPark Medical Center is home to one of Florida’s two Chest Pain Center coordinators, Deborah Hupe-Cyr, RN, Emergency Services Nursing Supervisor,” stated Cindy Brown, vice president of Patient Care Services. “Deborah was the first of only 11 professionals in the continued on page 20B
New Team Assistants Named

Two new team assistants, Sandra Pollak and Anastasija Fetter, joined the Engel & Völkers teams on Sanibel and in Cape Coral. The two women will support the agents in the daily real estate business.

Fetter is studying international management and foreign trade at the University of Applied Sciences in Hamburg. She is in her third year of studies and has deep knowledge and work experience in European and U.S. real estate markets. Due to her language skills, Fetter provides customer service not only for local clients but also for international customers from Germany and Russia.

Pollak is currently studying international business at the Anglia Ruskin University in Cambridge, England, in her third year. Her language knowledge in English, German and French as well as her work experience in international context contribute to the success of the company.

Sanibel-Captiva Chamber Gives Website Training To Members

The Sanibel & Captiva Chamber of Commerce hosted two training sessions for its members this week, showing them how to get the best out of their presence on the chamber website.

Steve Ehrhart, director of operations for the Chamber of Commerce, provided training for over 25 chamber members in these two sessions. Hoteliers, retailers, city employees and activity-based businesses were represented at the training sessions.

The chamber plans to host more of these training sessions in upcoming months.

From page 19B

HealthPark

country who have been certified to ensure the success of their hospital’s Chest Pain Center and provide the most advanced cardiovascular care for patients.

By maintaining status as an Accredited Chest Pain Center, HealthPark has enhanced the quality of care for the cardiac patient and has demonstrated its commitment to higher standards.

For more information on SCPC, accreditation and certification opportunities, visit www.scpcp.org, or call toll free 1-877-271-4176.

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☐ Do your eyelids close while you are reading?
☐ When you play tennis, do you have trouble serving?
☐ Do your eyelids feel heavy?

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Got A Problem? Dr. Connie Is In

by Constance Clancy

Q: Is there anything that I can do to sleep better other than taking medication?

A: We know that sleep, or lack of it, is a persistent problem for almost everyone these days. In my counseling and hypnotherapy practice, I encounter people all the time who feel their sleep issues are amplified due to the difficult times many people are facing with. It is so easy to cheat yourself out of a good night’s sleep. Here are some suggestions to help you get a better night’s sleep.

1. Wake up at the same time every day. By waking by the same time every morning you are more in sync. Activating the brain at the same time every morning teaches your body to respond to what it needs and you will have a better night’s sleep because of it.

2. Take that last hour before bed to wind down and relax. If you have had a busy day and you are doing everything without winding down, you will go to bed wired and stay wired.

This is a good time to read, take a bubble bath, listen to relaxing music.

Avoid news, any TV, Internet or stimulation that increases brain activity as opposed to decreasing the activity in the brain.

3. Put yourself first. Whatever it takes for you to relax and get ready for a good night’s rest, do it. Women especially put others’ needs before their own and this contributes to lack of sleep. Allow your mind to rest rather than allowing the left brain to analyze and review the “what-if’s.” The day is done, over and finished. Now is the time to take a few deep breaths, close your eyes and drift off to sleep through the night.

4. Stop working at a reasonable time. You do not have to stay up late to get the job done. Working up until bedtime is bound to affect your sleep, and not in a positive way. Learn to unplug by controlling the electronics an hour before you go to bed. There is always tomorrow to do more work.

5. Try to have your room in total darkness. Turn away any clocks, close blinds or curtains, and unplug the night light. Total darkness tells your brain it is time to sleep.

Hopefully you will benefit from these suggestions as an alternative to medication. Give it some time so you may become used to the changes and for your brain and body to respond.

Dr. Clancy is a licensed mental health therapist, certified hypnotherapist, life coach, author and public speaker. You may email Dr. Connie at connie@dronstance.com.

Space Available To Attend Free Nonprofit Seminar

Space is still available for Myers, Bretholdt & Company PA’s fifth session in its series of free Sunrise Quickinars for nonprofit organizations Tuesday, October 18, at United Way in Fort Myers. Myers, Bretholdt is a firm of certified public accountants & business consultants.

Focusing on accounting practices and requirements specifically for nonprofits, all the seminars are coordinated with Southwest Florida Community Foundation in partnership with United Way of Lee, Hendry and Glades.

For the first time, each seminar will be duplicated on Sanibel in the days following the mainland event. “We’ve had requests from our island nonprofit clients to hold sessions on Sanibel so we are excited to be partnering with Bank of the Islands to make this happen,” said Lori Wilson, shareholder with Myers, Bretholdt & Company.

The fifth session, Filing Requirements & Reporting to Donors, will be held Tuesday, October 18 at United Way in Fort Myers and Thursday, October 20 at Bank of the Islands on Sanibel.

For more information, contact Shamera Rye at shamera.rye@mbcopa.com or 939-5775.

Broker License Obtained

RE/MAX of the Islands announced that Dustyn Corace recently earned his license as a real estate broker.

In 2000 Corace obtained his sales associate license and began his career at RE/MAX of the Islands by developing the vacation rental program. He now oversees the RE/MAX residential annual lease program while specializing in selling upscale vacation rental program. He now oversees the RE/MAX residential annual lease program while specializing in selling upscale vacation rental program.

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Simply go to IslandSunNews.com and click on to read.

Link Up With The Best Community Newspapers in the Area!

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Links are now available to any business or organization in our area: Call 395-1213 on Island, or 415-7732 Along the River. Less Than $6 Per Week!
Meet the Fitzhugh six. These adorable kittens were found under a home on Fitzhugh Street. They are currently at the vet’s office for their checkups but will need to go to foster homes soon. If you have experience fostering young kittens, contact PAWS volunteer Pam at 472-4823.

The Fitzhugh kittens will be available for adoption just in time for the holidays, so reserve your favorite today.

PAWS needs donations to help pay for the checkups and boarding. Donations made payable to PAWS can be mailed to PO Box 855, Sanibel, FL 33957.

Update: Oreo, Bella and Daisy have all been adopted, but 11-year-old Molly still
needs a home. These are the cats that were left homeless when their owner went into a nursing home. Molly is a sweetheart, really gentle and easygoing. Stop by to meet her anytime.:

From page 8B
Sanibel
Pool League
captain to be named by October 24.
In a somewhat futile effort to unseat the three-time league champion Bunt’s Ball Busters several teams have loaded up. Captain Rip Buntrock recruited most of the top players from last year to form the Odd Balls. Captain Dennis Bender has recruited throughout Florida to put his Bathroom Magic shooters into a position to flush the champs down the sewer. Spectators are welcome at all the matches and if you want to get in on the action call league organizer Bob Buntrock at 274-7881 or e-mail him at babbon-
trock@comcast.net. He’ll steer you to the team most in need of your cue prowess.:

To advertise in the Island Sun Call 395-1213
To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27B
PUZZLE ANSWERS

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Today's Word:

SPEAKERS

solution
1. Shake
2. Absorb;
3. Permit; 4. Snare
HELP WANTED

Island Cleaning Company is looking for a responsible, trustworthy and dependable person for residential and rental cleaning. Must have own transportation. Flexible hours, Saturdays required, part time turning to full time. Experience preferred. Please email tammiestotalcare@yahoo.com

FURNITURE SALES

Retail furniture store in need for an experienced sales consultant. Position is for November through May only. Good pay and atmosphere. Fax resume to 239-489-4883 or email Furniture-world@comcast.net. No phone calls please!

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Downtown Fort Myers Business for sale. Owner moving out of state. For information, call 239-689-1660. $54,000

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TIME TO SAY GOOD BUY! SEE YOU NEXT WEEK

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FARM EQUIPMENT

2001 John Deere 4600, 4X4, Cab, Loader, Diesel, Priced to sell $5,500. Contact me for details at micha58pa@msn.com or 941-343-8317.

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CLOSING SALES YARD SALE

SANIBEL APARTMENT FOR RENT

SANIBEL APARTMENT FOR RENT

FALL COMMUNITY YARD SALE

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TO PLACE AN AD LOG ON: IslandSunNews.com
Pets Of The Week

I am Molly and I am as sweet, affectionate, and fun-loving as I am cute. I love to cuddle and give kisses too. Now is the perfect time to adopt me because I'm ready to learn all my puppy basics and be a great family dog. My adoption fee is only $47.50 during October's Fall in Love Adoption promotion.

My name is Alice and life has been a “wonderland” for me. I approach each day with great wonder as I explore the people, pets, and playthings around me, and wonder when my forever family will come to adopt me. My adoption fee is just $25 during October's Fall in Love Adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services’ website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at $500.
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Mike McMurray & Trevor Nette. That’s Us - and with over 325
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track record of outstanding performance that’s second to none.

About McMurray & Nette Of VIP Realty Group, Inc. - McMurray
and Nette work in conjunction with VIP Realty Group, Inc. Both
are Southwest Florida’s #1 real estate team and company. And
no wonder! We know of no other real estate team or company
that provides the range of services and access to customers
all over the world as we do. Our extensive client data base,
affiliations and strong partnerships along with a proven real
estate approach make us the go to source for all your real
eye needs.

The Highest Percentage Of Listings Sold - One of the major
advantages of being the top producers in Southwest Florida is
that we have access to lots of people, lots of sellers and lots of
buyers-it’s kind of a snowball effect with
our own storefront of what we feel is
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that are offered in the market
place. Our job is simply to
match people and properties.

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think that if you are really successful in real estate it means you
only deal in high end real estate. No way! At McMurray and Nette
we specialize in Luxury Real estate and Lifestyle Properties.
With over 30 years of experience, we know what you want and
how you want to do business.

A Word About The Market - In today’s market, probably the
most important factor in selling your property is fair pricing.
Sometimes it’s hard for the seller to understand that the buyer
establishes the value, but it’s a fact. Initially, overpricing often
has the effect of actually de-valuing your property, so when the
property does finally sell, it generally sells for even less than fair
market value.

Bottom line – choose a realtor that has proven results, experience
and has a thorough understanding of the market, so that your
property is not priced too high or too low.

Remember If You’re Thinking
About Buying or
Selling Real Estate,
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Nette Today!

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