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VOL. 19, NO. 7

SANIBEL & CAPTIVA ISLANDS, FLORIDA

AUGUST 12, 2011

AUGUST SUNRISE/SUNSET: 12 6:59 • 8:08 13 6:59 • 8:08 14 7:00 • 8:07 15 7:00 • 8:06 16 7:01 • 8:05 17 7:01 • 8:04 18 7:02 • 8:03

# First Day Of School For Children's Education Center Of The Islands



Ms. Colleen with her class

ven the rainy weather couldn't dampen the enthusiasm of the children and teachers at The Children's Education Center of the Islands on the first day of school, August 8. Although the kids stayed indoors, there was plenty of singing, continued on page 8



Children find plenty to do at the shell museum

# Shell Museum Gives Parents A Break With Special Resort Program

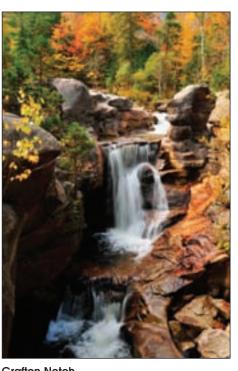
In response to an identified need introduced by lodging partners throughout Lee County, The Bailey-Matthews Shell Museum has developed a resort program called Children Play... Parents May?

continued on page 26

# Fall Photo Workshop In Maine

The 4th annual Maine Fall Foliage Photography Workshop is slated again for peak color season in the Rangeley Lakes Region, September 27 to October 4, hosted by island photographer David Meardon. Joining Meardon again is photo educator James Corwin Johnson of Bradenton, who for many years was director of photography resources at Yosemite National Park. This week-long workshop is on the shores of pristine Rangeley Lake. Participants stay in historic lakefront log cabins near the western Maine resort village.

Settled over 150 years ago, the town of Rangeley is steeped in history and offers panoramic lake and mountain views, moose, deer, and loon sightings, as well as waterfalls, winding country roads, and plenty of old New England charm.



**Grafton Notch** 

Daily photo excursions include: Smalls Falls, Height of the Land, the Rangeley Overlook, Eustis Ridge, and Grafton Notch

All this is set in a landscape bursting with reds, yellows, and oranges as maples, birch, and poplars create a splendid scene amid the lakes and evergreens. Workshop participants will receive hands-on advice in the field on camera techniques, composition, and lighting. Back at the cabins, daily group and individualized tutorials are shared fireside, aimed at optimizing images through Photoshop and other programs

Workshop attendees have come from as far away as India. One participant, Bailey Williams from Mississippi, said, "The trip to Rangeley was very informative, a lot of fun, and great shooting. I think all of us came back home much better photographers."

For information about the workshop, contact Meardon at 472-2346, or visit www.sanibelphoto.com. Johnson can be reached at 813-263-2702 or visit www.jamescorwinjohnson.com.

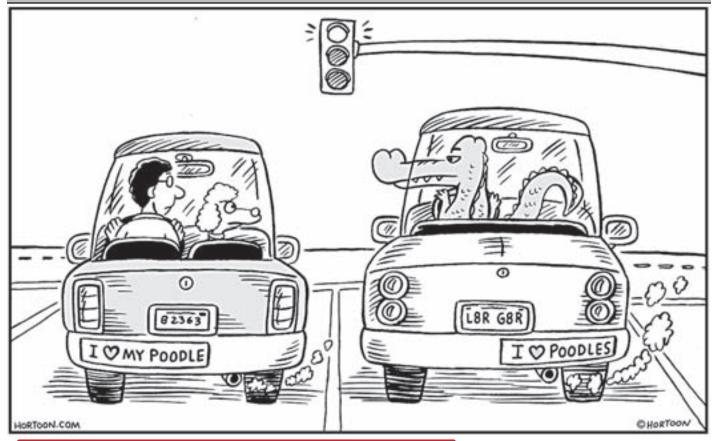
# Annual Bag Day At Noah's Ark

oah's Ark, the thrift shop of Saint Michael and All Angels Episcopal Church at 2304 Periwinkle Way, will hold Bag Day on Friday, August 12 from 9:30 a.m. to noon. Customers buy bags for \$3 and fill them with merchandise such as clothing, kitchen tools, brica-brac and hardware. Items too large to fit in a bag will be sold at 80 percent off the original price.

The shop will be closed between August 13 and October 3. Donations of items for sale will not be accepted between August 8 and September 1. During the month of October, the shop will be open on Tuesdays and Fridays, 9:30 a.m. to 12:30 p.m.

Noah's Ark, staffed by church volunteers, donates proceeds of sales to local, nationwide and worldwide charities.

# HORTOONS





\*Sale at Sanibel location only

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John Allan Designs Sea Life Pieces in Silver, Gold, Silver & Gold, with or without Gems also 20 -35% OFF

# Matlacha Bridge Replacement

eginning Sunday evening at 5:30 p.m., August 14, the Matlacha Bridge will be reduced to one lane of traffic through the overnight hours until 6 a.m. Monday morning. Motorists should expect delays.

The bridge will be reduced to one lane in order to stage equipment to pour concrete for a bridge pier footing. Flagmen will be on site to direct traffic.

Drive with care and be aware of workers and equipment on the roadway.

# American Legion Post 123 News

unday, August 14 is Doug Fresh's BBQ ribs and chicken dinner, served with beans and potato salad, from 1 to 8 p.m. at American Legion Post 123. Cost is \$10.

Nine Ball pool tournaments are played every Monday night starting at 6 p.m. This week's winners for match one were Richard McCurry taking first and Barbara Bender took second. Winner for match two was Dennis Bender and Richard McCurry took second.

Texas hold 'em is played every Thursday night at 7 p.m. and Saturdays at 4:30 p.m. Players are welcome.

Every Friday the Legion serves a six-ounce ribeye steak sandwich all day. Known for the best cheeseburger on the island, stop in and try one of the Legion's half-pounders. Check out the daily specials and the entire menu. Food is served all day, every day. The public is welcome.

American Legion Post 123 is open Monday through Saturday, 11 a.m. to 9 p.m. and Sunday, noon to 9 p.m., located at mile marker 3 on Sanibel-Captiva Road. For more information call 472-9979.<sup>‡</sup>

# Republican Women Lunch

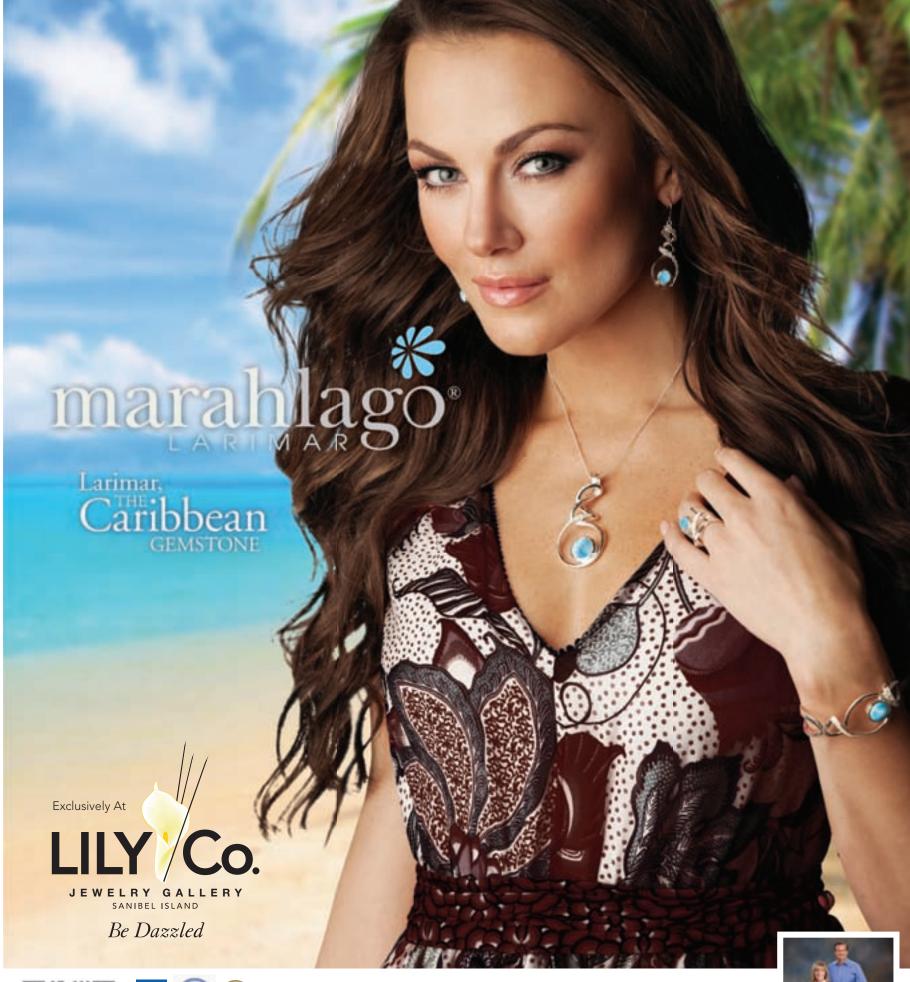
ee Republican Women will meet Monday, September 12. Social hour begins at 11:15 a.m. with lunch and program to follow. The location is the Hilton Garden Inn-Fort Myers at 12601 University Drive. Admittance is \$16.00 all inclusive. For reservations, call 432-9389 or email cindylignelli222@

September's speaker is Sharon Day, co-chair of the Republican National Committee.

Contact for the Lee Republication Woman is Michele Duryea, president, at michelemduryea@embarqmail.com or 280-7653.☆

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# Center 4 Life Programs

anibel Fit 4 Life is the motto at Center 4 Life and all ages are wel-

Island Seniors, Inc. members can buy coupon booklets from the City of Sanibel at the center, 2401 Library Way, or at the Sanibel Recreation Center, 3880 Sanibel-Captiva Road. Booklets of 12 coupons are \$42 or three coupons for \$10.50. Members of the Sanibel Recreation Center need only to show their photo membership card.

Happy Hour Fitness – Monday, Wednesday, and Friday at 9 a.m. Class begins with a joke from a member and ends with a positive thought for the day. The format is 45 minutes of cardio, five minutes of flexibility with simple yoga poses. Strengthen, lengthen and gain flexibility. Sandi McDougall is the instruc-

Gentle Yoga With Kris Brown -Designed to stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Chairs and mats are used to meet the needs of varying experience levels. Bring a towel.

Kayaking on Tuesdays – August 23, September 13 and 27. This non-competitive outing is perfect for people who enjoy the outdoor world. There is space for 16 people on our eight two-person kayaks and unlimited space for those who own their own kayaks.

The center supplies the kayaks, pad-

dles and life jackets. Bring water, a small snack, change of clothing, sun lotion, bug spray, sunglasses and a hat. cost is \$5 for members and \$10 for non-members per trip. Members of Island Seniors have first priority. Come by the center to sign up. Discovering Florida Daytrips - August 24. The group will travel to the Morean Art Center in St. Petersburg, Florida to see the new Chihuly collection. There will be lunch at 400 Beach with a tour of the glass studio and hot shop. The fee is \$79 for members of Island Seniors and \$89 for non-members.

Wii Wednesdays – 12:30 to 3:00 p.m. Come in or call to sign up to use the game. Free for Island Seniors members.

Florida Daytrips - August 19 at 6 p.m., Parrot Key Caribbean Grill & Sunset Cruise. Join the group at Salty Sam's Marina. Following dinner, board the pirate ship for a sunset cruise. Members will be charged \$10 towards their entrée (everyone must order an entrée to take advantage of the free cruise). Non-members pay full price for their entrees. Carpooling will be available.

Fabulous Fun Fridays – 12:30 p.m. Stop by to watch a movie and have some popcorn. No charge.

Knit Wits Needed — Join in if you

To advertise in the Island Sun Call 395-1213

would like to knit or crochet your holiday

Games Played At The Center: Bridge – 12:30 p.m. Monday and Wednesday.

Hand & Foot – 12:30 p.m. Tuesday. Mahjongg – 12:30 p.m. Thursday. Mexican Train – 12:30 p.m.

Cost is \$2.50 for members \$5 for non-members. Prizes are awarded.

Buy a brick for the pathway and

make a lasting tribute to yourself or family member. Groups can participate as the kayakers have done. Luc Century's etched bricks are \$100 contribution. Your support "paves" the way for fun future activities.

Holiday Bazaar – Saturday, November 12. Bring your no longer used "nice treasures" to the center (no clothes or shoes,

Call the center for further details, 472-

Sanibel Center 4 Life		
Mondays	Happy Hour Fitness	9 a.m.
	Bridge	12:30 p.m.
Tuesdays	Gentle Yoga	9:30 a.m.
	Knit Wits	12:30 p.m.
	Hand & Foot	12:30 p.m.
Wednesdays	Happy Hour Fitness	9 a.m.
	Hotdog Grill	11:30 a.m.
	Bridge	12:30 p.m.
Thursdays	Gentle Yoga	9:30 a.m.
	Mah Jongg	12:30 p.m.
	Mexican Train	12:30 p.m.
Fridays	Happy Hour Fitness	9 a.m.
	Watercolor with Bea Pappas	1 p.m.
2401 Library Way • Phone 472-5743		



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Bailey's Shopping Center (just right of the hardware store) Corner of Periwinkle and Tarpon Bay • 472-1682 Mon.-Sat. 9 a.m. - 9 p.m. Sun. noon - 7 p.m.

# Shell Museum Seeks Volunteers

re you looking for a rewarding way to donate a few hours of your time? Do you have a love for people and shells? If so, then the Bailey-Matthews Shell Museum would be a great place to spend some quality moments with other shell lovers.

Volunteer opportunities can be customized to suit your skills, interests and schedule, so you don't have to be a shell expert to help at the shell museum. If you know something about shells, there are things to do with the public or behind the scenes. If not, perhaps you and other volunteers can chat about your summer plans while you prepare membership mailings.

All volunteers are provided with on-site training and orientation, a museum membership, and store and event discounts. Volunteers living off-island will receive Sanibel causeway toll reimbursements.

"There are so many places that volunteers can make a difference," said Diane Thomas, public program specialist for the museum. "Their talents allow us to inform and educate visitors and ensure that they get the most out of their visit to the museum."

Exhibit Hall docent Patricia Williams of Fort Myers signed on as a volunteer four years ago. "It's a really interesting job," she said. "There's certainly a lot more to shells than one would imagine. I think I learn something new every time I come. It's just a really fun, interesting way to spend a few hours."

Current volunteer opportunities include:

• Curatorial Assistant: Organize the shells in the scientific reference selection. (Does not require shell expertise; mentoring will be provided).

• Education or Group Docent: Work with scheduled student and adult tour groups (which may include beach walks and shelling talks). Docents participate in a structured program designed to educate the public about shells and mollusks, their role in the environment, and conservation practices related to mollusks.

• Education Office: Assist the education team with mailings, copying, data input, and information preparation of hands-on activities for the public and adopt-a-class teacher support materials.

• Educational Programs and Tour Guide: Conduct public presentations and tours for both permanent and special exhibitions (including live touch tank) designed for school groups and adult tour groups

• Exhibit Hall Docent: Provide interpretive services for visitors regarding museum exhibits and the importance of shells in the natural world.

• Library: Help with cataloging, sorting, storage, data entry and retrieval.

• Museum Store: Assist with the daily store operations, stock inventory, wrap packages, and help customers. (Volunteers applying for this position must be willing to learn to operate the computerized cash register and enter sales transactions.)

• Office Assistant: Process mailings, input data, and assist with various office tasks.

• Public Relations/Marketing/Graphic Design: Assist with newsletter and collateral material development, PSA and press release development and distribution, survey development and analysis, database management, writing and editing.

management, writing and editing.
• Special Events: Provide support by serving in museum booths at community events, helping with craft activities, or guiding visitors through museum gallery.

• Junior/Youth Docent (trained volunteers between the ages of 12 and 18): Help museum visitors and/or campers better understand and appreciate the importance of mollusks and their shells – in nature, history, and culture (includes live touch tank).

Anyone interested in receiving additional volunteer information should contact Diane Thomas at dothomas@shellmuseum.org 395-2233.



Shell museum volunteer Patricia Williams, left, gives exhibit information to visitors





# **INSIDE CITY HALL**

# Treasured Boardwalk Is Allowed To Stay

by Anne Mitchell

ariner Pointe Condominiums owners are so attached to their bayside boardwalk, they were prepared to let it and the seawall that supports it to fall into the water in disrepair rather than lose it.

The issue was that to rebuild the seawall, contractors would have to remove the five-foot wide boardwalk – but the code doesn't allow for a nonconforming structure in the bay beach zone to be replaced or substantially improved.

The treasured boardwalk is a relic of Sanibel's pre-incorporation days and does not meet current codes. So when seawall repairs became necessary, owners faced the prospect of losing the decking that's used for baywatching, fishing and hanging out.

After nearly three hours of debate Tuesday, the Sanibel Planning Commission voted unanimously to direct planning staff to prepare the necessary documents for approval, subject to conditions outlined in the staff report and any documentation requested.

Commissioners stressed that the decision was site specific and not a precedent for other communities.

The planning commission on Tuesday

was willing to grant a conditional use permit for 900 feet of seawall but there were questions as to whether the boardwalk's replacement cost constituted more than 50 percent of its value – the criterion for determining substantial improvement.

Commissioner Chuck Ketteman wondered whether the contractor could get around the problem by putting the planks aside while the seawall was being built and then replacing them afterwards

and then replacing them afterwards.

Brett Stokes, of Stokes Marine, contractor for the project, said it could be done but he was reluctant, asking what was the logic between doing that and replacing it with new timber.

Stokes noted that the residents of Mariner Pointe are so attached to their boardwalk they would rather "allow the seawall and boardwalk to fall into the water before they will do any repairs" that would cause the loss of the boardwalk. It had been noted that if the boardwalk was destroyed in a storm or other disaster, under the city's rules, it could be rebuilt.

Commissioner Chris Heidrick said, "I am struggling to see what is the public benefit of forcing the applicant to take that extra step – or what is the public detriment in forcing the applicant to do (the seawall) repairs in separate steps." He felt there would be safety issues among others.

Commissioner Tom Krekel agreed, saying, "We should not use the damage to the boardwalk (during seawall repairs) as a reason to deny them to replace the boardwalk because it is no fault of their own."

# City May Act On Abandoned Properties

by Anne Mitchell

oes Sanibel need an ordinance to deal with abandoned homes that become nuisances and eyesores? John Wysocki, who lives in Seagull Estate, believes some action is long overdue.

He cited a home near the entrance of his subdivision that has been in deteriorating condition for at least five years.

"It is really an eyesore," he told the planning commission on Tuesday, and described its condition as "devastation." He said, "This comes up in our neighborhood association discussion monthly," he said, even though it is not part of Seagull Estates. "This is a serious blight and it affects the values of properties throughout Seagull Estates."

Planning Director Jim Jordan showed a PowerPoint presentation of various island homes with broken windows, siding hanging off, missing roof shingles and unkempt yards. Some had been gutted and permits pulled then abandoned. Others were still in disrepair following Hurricane Charley and one hadn't been lived in for eight years, Jordan said.

The housing market slump has not spared Sanibel, though abandoned homes and buildings are not as prevalent as in

some other Florida municipalities. There are about 20 such properties.

"I don't want to give the impression it is a big problem... but it is a noticeable problem," said Jordan.

"If it is in your neighborhood, it is a big problem," commented Commissioner Chuck Ketteman.

So far, he said, the city has handled some of the problems but there are safety concerns and worry that children will enter such homes.

"We have gotten full compliance so far," Jordan said, "but we recognize that the codes really don't deal with the broad issue."

He said, "We don't want it to be totally punitive, but to have some flexibility. This is an open dialog for now." He wants more input from the legal department and from others, including bankers, people trying to sell their homes and neighbors of homes in foreclosure.

In its draft form, the proposed ordinance would require owners to register their nuisance, abandoned, vacant, defaulted and foreclosed properties and provide a local contact. It would establish inspection criteria, fees and an abatement plan, among others.

City Attorney Ken Cuyler said the idea will have to go before the city council for consideration and may not result in legislation

More City on page 14



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# Sanibel Recreation Department Volunteer Of The Month

he City of Sanibel Recreation Department recognized Pat "Kair" Crysler as Volunteer of the Month. Crysler has been active in the community since moving to Sanibel in 1974. She has been a volunteer at the Sanibel Recreation Department for nine years. Crysler currently volunteers as an office assistant, although in her early volunteering career she was involved in live shell committees, sea life preservation organizations and water studies.

Crysler loves volunteering at the Sanibel Recreation Center because she is able to see the children in the youth program enjoying the positive experiences and the upbeat atmosphere. She enjoys working with both children and the elderly. When asked about her volunteering experiences she said, "I served on other boards for the city over the years beginning in 1976. I truly enjoy my volunteer experiences and the people I work with.

Volunteer opportunities are now available. For information on joining your

friends and neighbors who serve as recreation center volunteers call 472-0345. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road.



Pat "Kair" Crysler

# Human Trafficking Class For Middle And High School Girls On Sanibel

Human Trafficking ARTREACH class will be held at BIG ARTS after school on Monday August 22, August 29, September 12 and September 19 from 3 to 7 p.m. (no class on Labor Day.)

Since 2005, a Human Trafficking Task Force has operated under the auspices of the Lee County Sheriff's Office and the number of cases, especially involving young

American girls in sex trafficking has grown.

Since 2010, Human Trafficking Awareness Partnerships, a Sanibel-based non-profit has been offering ARTREACH programs which use art as a means to educate young girls about the dangers of trafficking. Paintings done by past participants are on display at BIG ARTS through August.

Students will learn about human trafficking and the use of art as a means to educate others. They will receive community service credit and snacks and dinner will be provided at each class. The primary instructors are Nola Theiss, executive director of HTAP and Gari Lewis, art instructor as well as guest speakers and art instructors and volunteers who have been active in the Lee County Sheriff's Human Trafficking Task

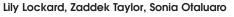
All middle and high school girls are invited to participate. Information about the class is available through The Sanibel School and the Sanibel Recreation Center and is posted at http://www.humantraffickingawareness.org/announcements-mainmenu-46. html or by calling Nola Theiss at 292-3834. Transportation to BIG ARTS can be arranged after school. Enrollment is limited to 12 girls on a first-signed-up basis. Respond by August 19 at nola@humantraffickingawareness.org as the class is limited to the first 12 students. A program for boys is currently under development. There is no fee for this class which is supported by the Zonta Club of Sanibel-Captiva, BIG ARTS and the generosity of local restaurants.

Share your community news with us. Call 395-1213, Fax: 395-2299 or email press@islandsunnews.com



# First Day Of School







**Scotty Tongyai** 

laughter and excitement. Along with some new students, there is also a new teacher, Ms. Colleen, who will be teaching some of the three-year-olds. The kids spent their first day back listening to stories, playing music and reconnecting with friends.

# Jewish Federation's SAT Prep Class Lets You Learn More And Spend Less

The Jewish Federation of Lee and Charlotte Counties is offering a special prep class series to help get local students ready for upcoming the SAT test on November 5.

The SAT test, a critical measure of scholarship, is the benchmark used by most colleges and universities for admission decisions. As such, they are crucial to a student's success in higher education – and a long-term focus of learning for high school students.

Small class sizes and affordable tuition make the federation's classes stand out. According to Naomi Rubin, the federation's programming director, "Our course offers 35 hours of class time, small classes, professional teachers and individualized attention. We are a nonprofit organization, not a business. We provide the SAT classes in a professional manner, affordable to the whole community. Your child will enjoy the course as well as benefit from it."

The classes are led by local professional educators with years of experience in SAT preparation.

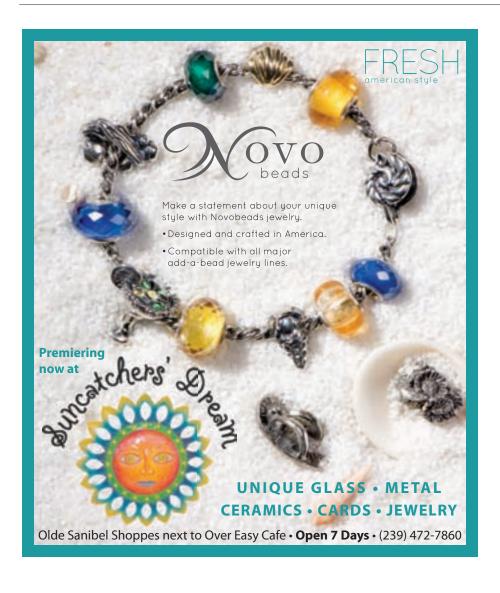
Class fee is \$355 and includes all course materials. A minimum of six students is necessary for this class to be held, and a maximum of 12 students will be accepted.

The 14-session classes will be held on Mondays and Wednesdays, August 24, 29, 31, September 7, 12, 14, 19, 21, 26, October 5, 17, 24, 26, and November 2. Math classes are held Mondays, and classes for the verbal section are held

Wednesdays. Sessions, which begin promptly at 6:30 p.m. and conclude by 9 p.m., are held at the federation office at 9701 Commerce Center Court, Fort Myers (off Bass Road and Summerlin Road opposite Lexington County Club).

Openings are filling up fast. Classes are open to all local students on a first-come, first-served basis, and applications are available by calling the Federation at 481-4449 or online at www.JewishFederationLCC.org.

#### To advertise in the Island Sun Call 395-1213





# Optimists Put Up Pizza Money



Members of the Sanibel-Captiva Optimist Club, from left, Jim Baxter, Randy Carson, Mark Steger, Suzanne Baxter and Richard McCurry. On the right is Joe Whitmore, a server at Island Pizza

oungsters attending the Sanibel Recreation Summer Program receive a free pizza lunch every Friday, courtesy of the Sanibel-Captiva Optimist Club and

The pizza restaurant bakes and delivers the pizzas to the recreation center each week. The Optimists pay \$1,000 and Island Pizza owner John Talmadge covers the rest of the cost.☆





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#### ANNUNCIATION GREEK ORTHODOX CHURCH:

8210 Cypress Lake Drive, Fort Myers Rev. Dr. Elias Bouboutsis Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study www.orthodox-faith.com

**BAT YAM-TEMPLE OF THE ISLANDS:** 

The Reform Congregation of Bat Yam, Temple of the Islands, meets for Friday night services at 8 p.m. in the Fellowship Hall, of the United Congregational Church, 2050 Periwinkle Way, Sanibel. Call Temple President Dr. Michael Raab, at 395-1432 for more information.

**CAPTIVA CHAPEL BY THE SEA:** 

11580 Chapin Lane The Rev. Thomas E. Nyman November 14, 2010 thru April 24, 2011 Sunday 11 a.m., 472-1646 FIRST CHURCH OF CHRIST, SCIENTIST:

2950 West Gulf Dr., Sunday - 10:30 a.m.; Sunday School - 10:30 a.m., Wednesday evening meeting - 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 472-8684. SANIBEL COMMUNITY CHURCH:

Sanibel Community Church: 1740 Periwinkle Way, 472-2684 Dr. Daryl Donovan, Senior Postor Barb Nave, Associate Pastor Tom Walsh, Youth Pastor Sunday Worship Hours: 8 a.m. Traditional Service with Communion 9 a.m. Contemporary Service with Kids' Church 10:45 a.m. Traditional Service

Childcare available at all services. **SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:** 

2050 Periwinkle Way 472-0497 The Reverend Dr. John Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate

Sunday worship services: 10 a.m. Full service with nursery, child care and Sunday School. Elevator access

ST. ISABEL CATHOLIC CHURCH:

3559 San-Cap Rd., 472-2763 Pastor: Rev. Christopher Senk, Saturday Vigil Mass 5 p.m. Sunday Mass 9:30 a.m June through September

Daily Mass Wed., Thurs., Friday at 8:30 a.m. Communion Service Mon. and Tues. at 8:30 a.m. Confession first Saturday of the month 9 a.m. by appointment, Holy Days please call

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:

2304 Periwinkle Way between the Bean and Baileys 239-472-2173 Rev. Dr. Ellen Sloan, Rector www.saintmichaels-sanibel.org Worship Services: Saturdays at 5 p.m. Sundays at 9:30 a.m. Wednesdays at 9 a.m. and the first Wednesday of the month at 6 p.m. followed by Pot Luck supper

Morning Prayer: Tuesdays at 9 a.m. UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church 2050 Periwinkle Way at 7:30 p.m.
A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email ryi139@aol.com.

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#### **DOROTHY JONES RICHARDSON**

orothy (Dotty) Jones Richardson died at home in Lutherville, Maryland, on June 28. She was

She was born on December 21, 1924, raised in Baltimore, graduating from the Bryn Mawr School in 1943. She attended Bryn Mawr College and majored in economics. She believed in and worked tirelessly for a variety of social causes, including Planned Parenthood and the United Way of Baltimore.

She first visited Sanibel in 1962 and began dividing her time between Maryland and Sanibel in 1984. In addition to travel, she loved visiting the JN "Ding" Darling National Wildlife Refuge and was an active participant in Current Events and Wise Women.

She is survived by her daughter, Dorothy WR Messenger, of Lexington Park, Maryland, and her son, William R. Richardson Jr., of Annapolis, and three grandchildren. A memorial service was held on July 12 in Baltimore.

Contributions can be made in her honor to two charities near and dear to her heart; FISH of Sanibel and Harry Chapin Food Bank in Fort Myers.

#### **OBITUARY**



#### RUPERT H. INGRAM

upert H. Ingram, 83, of Sanibel, longtime resident of Newbury, died Monday, August 1, 2011 at Shell Point Pavilion Hospice in Fort Myers with his two daughters at his side.

Born in Wetumpka, Alabama, April 23, 1928, son of Colonel Rupert and Frances (Taylor) Ingram, Rupert graduated from Georgia Military Academy and earned his Bachelor of Science from the University of Oklahoma.

A love of travel and adventure took him on a bicycle tour throughout Europe in the early 1950s, where he spent time studying at the University of Munich. He began his career in book publishing with McGraw-Hill in New York City, becoming science editor of the College Division.

In 1969, he founded Newbury House Publishers, which made a major contribution to language learning and language teaching. He sold Newbury House to HarperRow in 1985, and retired to Sanibel Island. He resumed his love of flying and traveled extensively throughout Africa, Australia and New Zealand.

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# Sanibel-Captiva Kiwanis Kiwanis Korner



submitted by Eric Pfeifer

This month, the guest speakers at the Sanibel-Captiva Kiwanis Club all have something to do with fishing and/or water quality. Last week, Dave Godfrey from the Bait Box shared some incredible stories about both topics. Godfrey showed up to the Bait Box in the early 1990s looking for employment after leaving the military. In true Ralph Woodring style, Godfrey was hired and put to work within hours that



**Dave Godfrey** 

day. He says he has never looked back since he is able to get paid for doing something he loves – fishing. Esperanza Woodring was responsible for teaching him how to throw a cast net.

Godfrey has been a fishing guide for many years, but most recently his duties include running the Bait Box shrimp boat at night to catch bait for the following day. His job starts around sunset, and if all goes well, he is back at the dock by midnight. Of course, in addition to shrimp, Godfrey comes across many other types of fish in the nets. Recently he has seen more flounder, sugar trout, sea scallops and other species which had not been prevalent until this year. He claims the good water quality, and lack of red tide, have helped the fish spawns and the fishing has been great. Speaking of water quality, Godfrey is also an active member of START (Solutions To Avoid Red Tide). This grass roots organization, which includes several Kiwanians, does research focused on the control and mitigation of harmful algae blooms (HABs) such as red tide to help maintain coastal water quality.

Kiwanis is proud to be a sponsor once

again of the upcoming START fundraiser called Cracker Fest which will take place on November 4 at the Bait Box. If you like to square dance or two step, eat a roasted pig or smoked mullet, and hear some great music outdoors in the fall, plan on attending.

In addition to START, Kiwanis is for-

In addition to START, Kiwanis is fortunately able to support more than 20 other local organizations during this tough economic year. If your organization could use a helping hand this year, speak to a Kiwanian about how we may assist. We are always happy to help. You may also learn more about Kiwanis by attending our Tuesday morning breakfast meetings at The Dunes.

Following In Tracy's 'Fit-Steps'



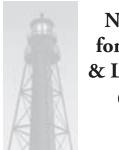
Darren "DJ" Jenkins holding his finisher ribbon

anibel resident Darren "DJ"
Jenkins finished his first official
race at the Saturday, August 6
2011 Race for Trace, in honor of
Tracey Kleinpell who died in a bicycle
accident on the Sanibel Causeway
in early May. DJ wore his "light up
shoes so Tracy could see him run from

DJ will follow in Tracy's Fit-Steps – the race's slogan – and he now wants to run every race possible. DJ is 2-1/2 years old and lives on Sanibel with his grandmother Maggie Goldsmith, a personal trainer and instructor who taught with Tracy at several fitness facilities.

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# Fee Waiver For 'Innocent Buyers' Opposed

by Anne Mitchell

lanning commissioners sounded off Tuesday on a topic that wasn't on their agenda - Mayor Kevin Ruane's move to have the city waive fees for "innocent bystanders" - home buyers who have to seek variances on inherited code violations.

The debate started when Councilman Doug Congress was giving the monthly council report to the commission on Tuesday.

Commissioner Paul Reynolds said allowing people not to take responsibility for not doing their due diligence is bad policy. "It's 'caveat emptor'," he said.

Chairman Mike Valiquette said as a contractor, he spends a lot of time and money making sure all is in order for clients. "An overall fee change is not our business, but if it gives someone the ability to bypass the commission, I would have a problerm with that."

Commissioner Holly Smith disagreed, saying, "I really am taken back when everyone says you ought to know. People just don't know. They might say they bought it in good faith and it has transferred several times...

At Ruane's suggestion, the city council on July 19 voted to have staff prepare an amendment to the land development code to allow the fee to be waived. Council will consider the wording at its September meeting. Ruane said two Shell Harbor residents approached him with a situation that cost them \$2,850 each. He called them, "innocent bystanders."

Commissioner Tom Krekel said any such waiver "would require each innocent buyer to be closely examined by the council, I would think. "

# Memorial Veterinary Conference

n August 6 and 7, nearly 200 veterinarians, vet-technicians and practice managers from throughout the state of Florida gathered at the Sundial Beach Resort for the 36th annual Peter Piper Memorial Veterinary Conference. Named in honor of Miles Standish Piper, a veterinary pioneer from Lee County, the conference is designed to educate veterinary professionals and staff about the latest techniques, advances and breakthroughs in the profession.



Dr. Olga Oliver

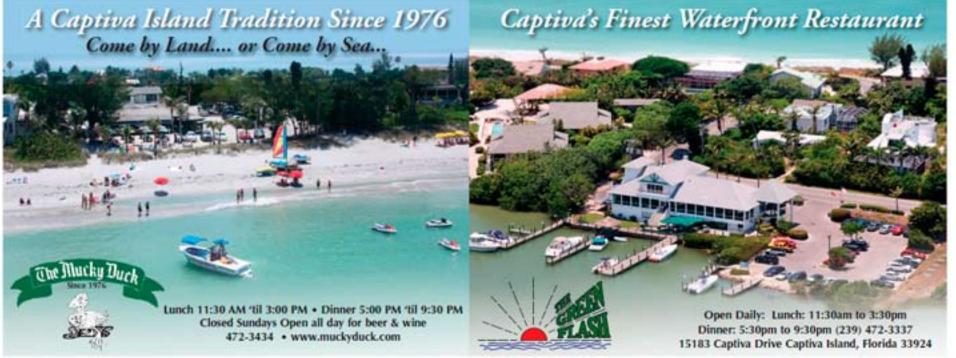
There were over 20 speakers during the two-day conference, including keynote speaker Dr. Glen Hoffisis, dean of the College of Veterinary Medicine at the University

Dr. Richard Carpenter, secretary/treasurer of the Caloosa Veterinary Medical Society, a local organization dedicated to the advancement of community education and charitable purposes helped coordinate the event and also invited local organizations ARC (Animal Refuge Center) and CROW (Clinic for the Rehabilitation of Wildlife) to have a presence. Each set up a display area to educate the conference attendees about their respective missions.

A highlight for CROW was a visit to their booth by Dr. Olga Oliver, currently practicing veterinary medicine in Sarasota. Dr. Oliver was a visiting student at CROW in 1997, coming from her university in Spain for a six-week externship. She was thrilled to get the chance to re-connect with CROW and brought her family, some of whom were visiting from Spain, for a tour of the new CROW facilities.



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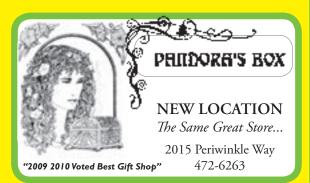
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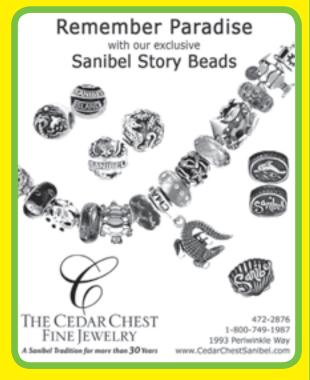


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# Consistent Summertime **Action Continues**



by Capt. Matt Mitchell

edfish and snook made up the majority of the action out on the water for me last week. Fishing continues to be very consistent with the best typical summertime

action coming early and late in the day. A few mornings last week I did have to dodge a few coastal showers but with daily temperatures in the mid 90s the cooling rain was a nice break from the blazing mid-morning sun.

During the periods of high tides redfish have been easy to locate and catch. Working keys in the southern sound with cut pinfish and cut ladyfish, 10 to 15 redfish mornings were the norm. Some spots would give up as many as

five before we had to move further down the shoreline to get back on the action. These fish have been way up under the trees and this is when a well-placed cast can make all the difference in the world. The average size of these reds was from 17 to 25 inches. As soon as the tide dropped out a little, the redfish bite was over and it was time to move on to something else. Areas around Maciever Keys and Mason Island were both productive.

The best snook bite could still be found in and around the passes. Either tide worked to get in on the catch-and-release snook action as long as the water was moving. The faster the current the better the bite seemed to be. Lower stages of the tide definitely bunched the fish up tighter though.

The basic pass rig remains the same with a live pinfish and a small sinker or split shot placed about a foot to 18 inches up the leader from the hook. Drift through the fast moving water letting the bait bounce along the bottom. These fish hang tight to the bottom in the fast moving current. This simple technique drew bite after bite. Adjust the amount of weight so you can feel the bottom during the drift. The snook caught were of all sizes with several real monsters lost

after screaming runs. A 37-inch, 17-pounder was the biggest snook caught and released off my boat last week.

The passes can be very crowded with boats some days and there is nothing worse than one naive captain anchoring in the middle of the drift and messing up the drift fishing for everyone else. Not only can anchoring in the wrong spot not gain you any friends, it can also be dangerous with the fast moving current in the passes. If you are going to go fish the passes for the first time or are not familiar with how to do it, stay back and watch how the other boats do it for a while. Once you see how everyone else is drifting it, get in on the action. Keeping one person at the helm to operate the boat while drifting is a must. A little common sense can go along way

when fishing in these often close quarters. Another option for getting in on the pass action without having to deal with the boat traffic is to go at night, when it's much quieter. In fact, most of the time you will have the pass all to yourself, especially if you go mid-week. With little to no other angling pressure on the fish, if you pick a good tide the bite can really



Alex Bradley from Louisville, Kentucky with a pass snook caught while fishing with Capt. Matt Mitchell

be epic. It's also a great way to stay out of the heat of the summer sun and get in on some great action.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or guestions email captmattmitchell@aol.com.☆

# Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsuncity@aol.com; or call Anne Mitchell at 395-1213.





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#### **Plant Smart** Silver Buttonwood



The silvery leaves and button-like conical fruit give this native plant its common name

by Gerri Reaves

liver buttonwood (Conocarpus erectus var. sericeus) is a native tree or shrub whose soft silvery leaves, gnarled bark, and button-like fruit give it great orna-

Left to itself, it will develop as a multi-trunk shrub but is often pruned to tree

Ås a tree, it typically reaches about 35 feet tall with a wide spread.

Indigenous to tropical coasts and highly drought- and salt-tolerant, it will grow in sandy soil, so it's a good choice for coastal landscapes. It will even grow in boggy areas or as a container or bonsai plant.

It is exceptionally hardy, but it will not tolerate frost or shade. Widely used as a hedge in South Florida, it unfortunately often suffers from repeatedly flat shearing off. It will live longer and be more beautiful if allowed to assume a natural form.

Dense silky hairs give the leaves their soft texture and silvery gray color. The oblong or lance-like leaves are two to four inches long with pointed tips

Inconspicuous greenish flowers appear throughout the year, followed by reddish



A smaller cultivar of silver buttonwood is commonly used for median and roadside plant-

brown fruit, cone-shaped one-half-inch "buttons."

The deeply furrowed gnarled bark on older specimens gives the tree character and also provides a good growing platform for epiphytes such as bromeliads and

Propagate it with cuttings or with seeds.

Sources: floridata.com, edis.ifas.ufl.edu, and Native Florida Plants by Robert G. Haehle and Joan Brookwell.

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# Young Volunteer Lends A Helping Hand To Museum

harlie Reinhardt is a 13-year-old seventh grader at The Sanibel School, and since last summer, he has been a valuable junior docent at The Bailey-Matthews Shell Museum.

Diane Thomas, the museum's public programs specialist, "discovered" Charlie while he was working at a horse conch display during the 2010 Shell Fair on Sanibel.

"I saw what a good communicator he was and how engaged he was and enthusiastic," she said. "I figured that he would be just the person we could use for our live tank program."

As student at The Sanibel School, Charlie is required to perform volunteer work for his community service requirement, so as a shell lover, he chose the shell museum to fulfill those hours.

After several training sessions and tutorials, Charlie was ready to pitch in with any task that came his way. Several days a week this summer he assisted youth campers with projects, led live tank presentations for museum guests and worked with young visitors on their shell sketches.

"Charlie is a delightful young man," Thomas said. "He is very responsive and willing to help, no matter what you ask of him. It's a pleasure to work with him."

Fortunately, Charlie isn't shy when it comes to his job. "I wouldn't mind to stand in front of a million people and tell them about shells," he said.

He speaks and understands some

He speaks and understands some German, so he is able to communicate with those visitors who appreciate the translation. Considering that he plans to be a world traveler, Charlie enjoys his encounters with guests from different countries. "It's cool," he said. "I find it really interesting."

When he's not busy with school, he enjoys shelling, fishing, making shell



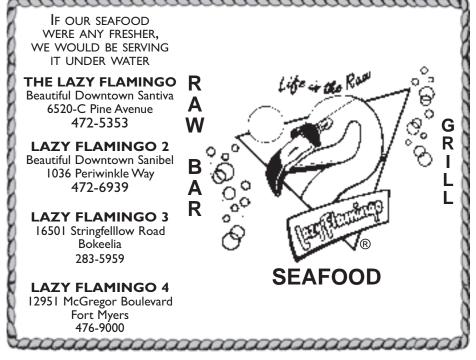
Junior Docent Charlie Reinhardt shows two young visitors a live tank inhabitant

crafts and jewelry, and learning to fly an airplane. He also is interested in running an Internet-based business in which he buys and sells, among other things, baseball cards and remote control cars, planes and boats.

For now, the future pilot plans to keep helping others at the shell museum. "It's just meeting different people and having fun while you're teaching them," he said about his docent duties.

Thomas would love to have more junior docents like Charlie walk through the door to volunteer. "I think it's important to have a strong junior docent group staff," she said. "The hope is to have some kids that will really get involved with it and show up and be there and be the teacher for their peers and the other adult visitors, and also learn a lot about mollusks."

To become a junior docent (ages 11 to 13), contact Thomas at 395-2233, or at dothomas@shellmuseum.org.



# Animals Are The Stars At This Show



Baby Screech owl on an herb jar



Bandaged armadillo

submitted by Claudia Burns

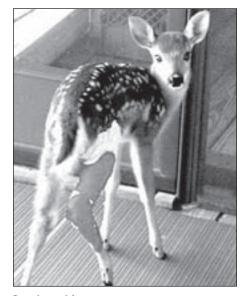
he CROW Picture Show offers an insider's look at why critters come to CROW (Clinic for the Rehabilitation of Wildlife), and features photos of the wild animals who wind up there.

Last year, CROW cared for 4,111 sick, injured, and orphaned animals. Of the more than 200 different species, 54 percent were birds, 38 percent were mammals, and eight percent were reptiles/amphibians/invertebrates.

Due to restrictions imposed by governmental agencies, CROW cannot allow visitors to view patients in person. But in this 30-minute presentation visi-



Baby gopher tortoise



Bandaged fawn

tors can see photos of current and past patients, with commentary by CROW fellow Hilaire Sampson, a senior at Wichita State University who is majoring in biology. Hilaire will be working/learning at CROW until the end of this year and plans to become a veterinarian.

The CROW Picture Show is presented each Friday at 11 a.m. in the CROW Healing Winds Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission for adults is \$5, teens \$3, and free for members and children 12 and under.

Admission includes the presentation, plus the opportunity to explore CROW's hands-on educational facility and become familiar with its efforts to save wildlife through compassion, care and education.

For more information, call 472-3644, ext. 231. To learn more about CROW, visit www.crowclinic.org. 🛠

# Maritime Trivia

by Bryan Henry

he first porpoise born in captivity occurred at Marineland in Florida on February 14, 1940.

· Many species of shrimp change colors as camouflage. Shrimp also change sex as they grow, being first male and then female.

• Florida averages the greatest number of shark attacks annually, with 13.

• Fish, like humans, use body language. They communicate by a flip of the fin, arch of the back, changing col-

 Only about four percent of our oceans remain free from human impact.

• Starfish have an eye spot on the end of each arm that senses light.

• About three-quarters of the world's coral reefs are extinct or threatened.

• Time it takes for one aluminum can to decompose in our oceans: 200 years.

• Don't throw anything into our oceans, especially cigarettes, which are harmful and maybe even deadly to playful marine life and fish that will accidentally ingest such objects through pure curiosity. They confuse foreign objects with fishing lures, insects, food, etc.

Shellabration 2012 will mark the 75th annual Sanibel Shell Fair and Show. Plans are under way for an island-wide celebration February 26 through March 4.☆



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# Chimney Swifts



by Emilie Alfino

This year CROW found itself with 18 tiny, noisy chimney swifts to raise. Arriving from different sources, the birds needed to be at CROW because they were babies and wouldn't survive without the clinic's care. The brood arrived toward the end of June.

"I can't remember in years past getting more than three or four all year," said Dr. Amber McNamara. "In the past we have tried very hard to send a staff member to put them back in the chimney."

Put birds back in a chimney? That might sound crazy, but that's exactly where the birds should be at this early stage of

their lives. Nowadays, chimney swifts mainly nest in man-made structures such as large open chimneys. The nest is made of twigs glued together with saliva and stuck to the chimney wall. The nest looks like a tiny half-basket you might buy to hang on the wall, maybe for a flower arrangement. These birds then lay three to seven white eggs. The incubation period is about 20 days, and the fledglings leave the nest after a month. After that, the birds have nothing whatsoever to do with chimneys.

Homeowners usually find chimney swifts in their fireplaces, and in the case of this year's little patients, Dr. Amber wondered if the weather could have had something to do with the larger number of birds ending up at CROW.

"When I first came here, I was amazed how many people had chimneys, first of all. These are noisy birds, just amazingly loud. If homeowners don't hear them beforehand, they find them when they fall into the fireplace and that's the first time they know they have chimney swifts," Dr. Amber said. "Most of the swifts we have gotten this year were just found in the fireplace. They



Chimney swifts construct their small but sturdy nests designed to nestle against an inside chimney wall









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Feeding the swifts is a challenge, but one Dr. Amber has mastered. The eyedropper contains mashed, almost liquified kitten chow that must be fed through an eyedropper as the little patients cling upright to the cage's netting.

had just fallen from the nest and the owner wasn't able to get them back up there," Dr. Amber explained. "Some were single birds, some pairs, and some larger groups of four or five."

Caring for chimney swifts isn't easy, either. According to Dr. Amber, all baby bird care is labor intensive, but the swifts are even more so.

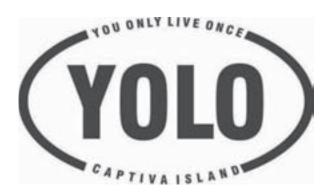
"These birds can be really tricky because the way they feed is different from the other songbirds. It takes a little more patience to feed them," Dr. Amber explained. Also, they don't sit in a nest – they cling to something vertical.

"They are very challenging not only to feed but to keep clean, and then to fledge them can be hard," Dr. Amber added. "Normally they fly right out of the chimney into the flock, and we don't have an artificial chimney here."

The rehabilitation of chimney swifts is so complicated, in fact, that there is an entire book devoted to it on the doctor's shelf. "So you can see there's a lot happening here if there's a need for an entire book on it," Dr. Amber said. "Being able to dedicate to them the care they need and also take care of our other patients is very demanding, but we did it and are still doing it."

The birds start out in a little plastic aquarium with a washcloth draped over the side so they have something to cling to. They're fed soaked kitten chow every hour to  $1\,^{1}\!/_{2}$  hours. After they get a little bigger, they're moved to a Reptarium, which is a rectangular, netted plastic frame cage that zips all the way around. It's made for reptiles but is perfect for the swifts because they can get their tiny toenails into the netting and just hang on

"We put them in this when they get to the point of wanting to flap their wings," Dr. Amber explained. "We have a heat lamp on it so if they want a warm spot they can go to that end; if they want to be cooler, they can go to the other end."



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As the swifts get bigger and are ready to start doing some flying, they head outside to one of CROW's aviaries with netting so they can climb. They all tend to get together in one big bunch; it doesn't matter who's related. "Unlike the other songbirds, who tend to eat food out of a bowl, these guys eat bugs out of the air - so we have to feed them until they're ready to go and be released; it isn't possible for us to feed them bugs in mid-air," Dr. Amber said.

As Dr. Amber fed the demanding little open-mouthed birds their nearly liquid kitten chow through an eyedropper, they clung to the cage's netting in a tight, noisy group. It was obvious they were indeed hard to keep clean, as the doctor wiped their beaks, faces and heads continuously to clean them of dried food. She explained that if their feathers are dirty, infection can grow underneath.

"They kind of tell us when they're ready to go - you'll see them start to fly around the cage," Dr. Amber said. "They're very acrobatic; they'll do these little maneuvers. And once they start

doing that, it's time for them to go."

On Friday, July 15, Dr. Amber released eight of the birds. She took them back to a spot where several of them had been found. "It was a really quiet street. As I was pulling up, I saw one chimney swift flying and then heard others in that little area," Dr. Amber recalled. "Within a few seconds there were about 30 of them overhead. They're very welcoming to the new birds – the more the merrier seems to be their motto. It was one of the coolest releases I've ever done."

Eight of the swifts are still at CROW, growing stronger and preparing for

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.

# Turtle Tracks

he Sanibel-Captiva Conservation Foundation is sponsoring Turtle Tracks at the Nature Center at 9 a.m. on Thursdays. This interpretive program delves into the life cycle of the sea turtles that nest on the beaches. Participants start at the turtle exhibit and marine touch tank to learn about the life cycle of the loggerhead and then go to a beach site to discuss their nesting habitat and other fascinating marine life.

Cost for this program is \$5 for adults and free for children; a beach parking fee of \$2 per car is necessary at the beach site.

The Sanibel-Captiva Conservation Foundation monitors the sea turtle nests on Sanibel and Captiva. If you have questions about the Turtle Tracks program or the sea turtle research program, call the foundation's Nature Center at 472-2329.

### **Gator Tales**



Alligator water dance

id you know that alligators communicate through sound vibrations in the vater. The biology of alligators is an ancient tale of survival. Florida's history of gators and humans are closely intertwined. To learn about these fascinating creatures and what we must do to ensure our safety and their survival, attend Gator Tales on Wednesday, August 17 at 10 a.m. in the Sanibel-Captiva Conservation Foundation auditorium. Call 472-2329 for more information. Please 





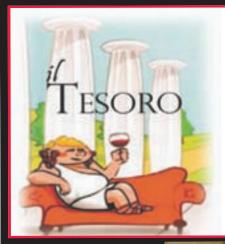
# Turtles, Tortoises, And Terrapins



Box turtle

here are 15 species of turtles documented for Sanibel and Captiva. These include sea turtles, ornate diamondback terrapins, Florida box turtles, and gopher tortoises. The Sanibel-Captiva Conservation Foundation does sea turtle nest monitoring in the summer, counts gopher tortoise burrows in October, and does surveys in protected wetlands for the other fresh water turtle species. Learn about the diamondback terrapins that live in the mangroves that were once eaten in turtle soup. Jewel, Gem, and Handsome are swimming in their own 220-gallon tank. Watch Lucky, the softshell turtle, inhale her food like a vacuum cleaner while snorkeling in her tank. Meet Happy the five-year-old snapping turtle. Alice the gopher tortoise is back in her summer burrow behind the nature center.

Join SCCF on Tuesday, August 23 at 10 a.m. to learn more about the Turtles, Tortoises, and Terrapins of Sanibel and Captiva. Following a PowerPoint presentation, the group will tour the live tanks. Cost of the program is \$5; SCCF members and children are free. Call 472-2329 for more information.☆



### Fine Italian Dining

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Reservations Suggested







# **BUY ONE ENTREE, GET ONE FREE!**Buy one entree, get one entree of same or lesser value (Up to \$25)

free. Not to be used with any other promotion, or on any holiday. 18% gratuity will be added to the check before the final discount. Coupon must be presented with order. One per table, please. Daily from 5-6pm. Expires 8-31-11.

## Sea Turtle Data

elow are the details of sea turtle activity on the islands as well as the previous two years for comparison.

As of August 5, 2011

Sanibel East: 35 nests, 83 false crawls\*, 11 hatches Sanibel West: 237 nests, 355 false crawls, 67 hatches Captiva: 76 nests, 54 false crawls, 36 hatches

As of August 5, 2010

Sanibel East: 20 nests, 65 false crawls, 1 hatch Sanibel West: 135 nests, 239 false crawls, 35 hatches 60 nests, 117 false crawls, 23 hatches

As of August 5, 2009

Sanibel East: 27 nests, 57 false crawls, 6 hatches Sanibel West: 147 nests, 176 false crawls, 60 hatches 80 nests, 67 false crawls, 31 hatches

\*false crawl – a failed nesting attempt

If you have questions, or would like to know more about sea turtles on Sanibel, contact seaturtle@sccf.org or call the Turtle Office at 472-2329 ext. 228.

# Shell Museum **Accepting Photo** Contest Entries



Last year's winning entry was submitted by Adrian Gonzalez Guillén

he Bailey-Matthews Shell Museum is offering amateur shutterbugs an opportunity to capture images of live mollusks in their natural habitats during the museum's 2nd Annual Live Mollusk Photography Competition.

Photos of live mollusks eating, moving, mating, etc., are eligible for the contest. Entries will be accepted at the museum until November 1 (including electronically submitted pictures). The winning submissions will be announced

during the museum's anniversary celebration November 14 through 18.

The top photos will be displayed on the museum's website, Facebook page, and in the lobby. A list of contest rules and judging criteria, and the registration form to be completed and emailed with each entry, can be found on the museum's web ite at www.shellmuseum.org.

Send all inquiries and entries to DianeThomas (dothomas@shellmuseum. org), or contact the shell museum at 395-

# **BOAT RENTALS**

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# Broadway Palm Supper

noadway Palm Dinner Theatre presents two weeks of dinner, dancing and live music at The Broadway Palm Supper Club, August 18 through August 28.

Guests can take part in an elegant afternoon or evening of cocktails, linens on the tables, dinner, dancing, vocalists and live music from The Broadway Palm Orchestra. A dance floor will be installed in the "A" section.

The Supper Club will hark back to the 40s, 50s and other decades. The musical styles include Latin, World War II, Sinatra songs, Swing, and a crooner segment of love songs., including Fly Me To The Moon, World on a String, Mambo Caliente, You'll Never Know, Boogie Woogie Bugle Boy, Satin Doll, Tequila and At Last.

With the resurgence of dance shows, dance has again become one of the fastest growing trends across the country. Fred Astaire Dance Studios is partnering with The Broadway Palm Supper Club offering dance tips, dance lessons and showcasing various dance styles at each performance.

For more information about Fred Astaire Dance Studios, go to www.



**Supper Club dancers** 

FortMyersFredAstaire.com or call (239)

The Supper Club will take place Thursday through Sunday evenings with selected matinees. Tickets are \$39 per person for the dinner buffet and dancing. For tickets call 278-4422, log onto www. BroadwayPalm.com or stop by the box office at 1380 Colonial Boulevard in Fort Myers.☆

# Many Shellabration Events Planned

lanning continues for Shellabration! 2012, an island wide, weeklong celebration of the 75th anniversary of the Sanibel Shell Fair & Show February 26 through March 4.

Activities will include the annual three-day fair and show held at The Community House, plus special lectures, displays, merchandise, food, drink and contests across the

Shellabrators can help break the Guinness Book of Worlds Records for the most people doing the Sanibel Stoop, then head over to She Sells Sea Shells and purchase a sailor's Valentine or to Amy's Something Special and buy a locally made shell pen-

For a special taste of the island, Timbers Restaurant will have edible mollusks, Sweet Melissa's will offer a special dessert and The Great White Grill will have a special blend beer.

To share the culture and rich history of the island, The Sanibel Historical Museum will have several shell collections on display, including one from Thomas Edison. Big Arts will have a shell-themed art exhibit in the Gallery and the Sanibel Public Library has more than 350 shell-related books that will be on display along with the fossil shell display, including some 5-million-year-old specimens. MacIntosh Books & Paper will host a book signing.

Children will be invited to create a special Shellabration! work of art and enter a coloring contest at Cheebuger Cheeburger.

For entertainment, there will be a gala at the Island Inn, a fashion show featuring unique shell adorned garments at Sweet Melissa's and an ice cream social and production of In Celebration of Ann Morrow Lindbergh by Rusty Brown at The Community House

Billy's Bikes will offer an island experience by bicycle and a sunset yoga session will be held on the beach amongst Sanibel's' world famous seashells. The Bailey-Matthews Shell Museum will offer free admission on Monday, February 27.

Complete details of all events and promotions, including a calendar can be found at 

Our email address is press@islandsunnews.com



Speak softly and order a Great Fish



\$6 Burgers & Quesadillas! Before 5 PM (Dine in only) Friday is still LOBSTÉR NIGHT!

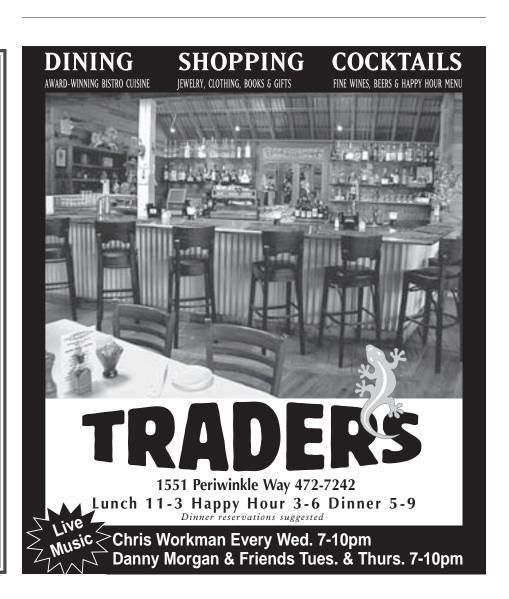


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# San-Cap Art League Exhibits



Hand

s part of their goal to provide encouragement, enrichment and education in the visual arts to the community, Art League members are pleased to present their paintings in the Sanibel Public Library and in BIG ARTS Phillips Gallery. These annual art shows are not juried and the artists have an opportunity to exhibit work that is colorful, creative, expressive, experimental and unique. Some of the work is





Anita Putman



**Daphne Hammond** 





Nancy Smith



**Audrey Otto** 



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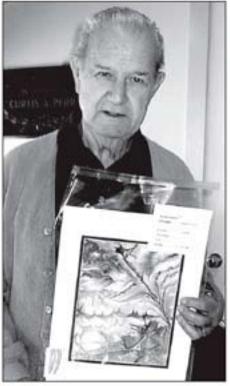
Two Sanibel Locations 1619 Periwinkle Way 472-1581 2496 Palm Ridge Rd. 472-3010/472-1023

# PIZZA - 5 CRUST STLYES!

★"Crusty Curl Crust" ★ Sicilian Style Crust (Deep Dish) ★ Canape/Flatbread Crust ★ Gluten Free Crust \* Parmesan Herb Crust











Carolyn Johns

decorative and can be hung in a collector's home or business, as a corporate investment or given as a gift. Other paintings represent intriguing insights into the artists' interpretations of a variety of subjects. In Phillips Gallery, 395-0900, on view through August 31 are 11 banners made

In Phillips Gallery, 395-0900, on view through August 31 are 11 banners made by students through a collaborative effort with the Human Trafficking Awareness Project. These colorful banners are their interpretive effort to use their art skills to bring these social concerns to the attention of their peers and to the public.

In Sanibel Public Library, 472-2483, there are paintings hanging throughout



Ann Bischoff

including the newly built computer and media area. They can be seen during regular hours. For more information about the Sanibel-Captiva Art League write to PO Box 1192, Sanibel FL 33957 or log on to www.sancapart.com.♥

To advertise in the Island Sun Call 395-1213



# Sophomore Wins First Prize At International Piano Competition



riscila Navarro, a sophomore at Florida Gulf Coast University Bower School of Music, won first prize for her performance at the International Piano Competition in Lima, Peru on July 25. The 17-year-old piano music performance major from Peru studies with head of keyboard studies at the Bower School of Music, Dr. Michael Baron.

As part of her award, Navarro will be sent on an all-expense-paid trip to study Chopin for two weeks at the Warsaw Conservatory in Poland. The competition was open to all South American pianists up to the age of 30 and consisted of three rounds.

The ceremony was held at the auditorium of the Centro Cultural de Petroperu and was attended by members of the jury chaired by Alexandre Lustchevsky Raphael, professor at Chopin Music University Warsaw, and representatives of the Polish Embassy and the National Conservatory of Music.

Earlier this summer, Navarro was awarded a full scholarship to study piano at the Tanglewood Festival in Lenox, Massachusetts. In August, she will be performing as soloist in a Chopin Concerto with the National Orchestra of Peru.

Last year, she won the Music Teachers National Association (MTNA) Senior Competition for the State of Florida; the MTNA Piano Duet Competition for the State of Florida; the Regional Senior MTNA Competition (in which the winners of nine states compete against each other), and the Regional Piano Duet MTNA Division Competition. She was also a winner of the Ars Flores National Concerto Competition in Fort Lauderdale.

"I am very proud of Priscila for winning this latest major competition," said Baron. "She has brought significant distinction to the Bower School of Music on an international level while maintaining a 3.88 GPA."

From page 1

# Shell Museum Resort Program

Family vacations are great, but did you ever find yourself dreaming of a few hours of adult play time? Maybe Mom and Dad have shopping in mind without the stress of assuring fragile gift shop objects will remain on the shelves. Perhaps your favorite book is calling, or you wish you could have a meal and grown-up conversations. Do you ever have the vision of walking hand and hand down the beach, but linking with only one set of hands?

Parents can drop the children off for 2½ hours of guilt-free adult time. Your children won't even know you're gone, because they will be reading about mollusks, playing educational games, creating shell craft projects, making fact wheels or

pop-up books, and doing creative writing.

The program is appropriate for ages five through 12 at \$15 per child.

Classes will be held at the from 9 to 11:30 a.m. on August 16,18, 23, 25 and 30 and September 1.

To register call Diane Thomas at 395-2233, or email dothomas@shellmuseum.

Registration is required by 3 p.m. Monday for Tuesday sessions and 3 p.m. Wednesday for Thursday sessions.

> Read us online at IslandSunNews.com





# SANIBEL SQUARE

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Hours: 9am-5pm Monday-Saturday 1am-4pm Sunday Phone # 239-472-6868



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7am-9pm 7 days a week (Summer hours vary) 239-395-1919

Sanibel Square is a division of West Gulf Co LLC







#### **Lobster With Tomato-Herb** Penne Pasta

- 1 pound lobster tail meat, cooked
- 3 tablespoons olive oil
- 1 medium onion, minced
- 2 cloves garlic, minced
- 1 28-ounce can Italian-style tomatoes, drained and diced
  - ½ cup clam juice or fish stock
  - 1 tablespoon red wine vinegar 2 tablespoons fresh basil, minced

  - 3/4 teaspoon fresh oregano, minced 3/4 teaspoon fresh thyme, minced
  - 3/4 teaspoon fresh rosemary, minced

  - 1/4 teaspoon cayenne pepper
  - 1/3 cup heavy cream salt and pepper to taste

  - 1 pound penne pasta

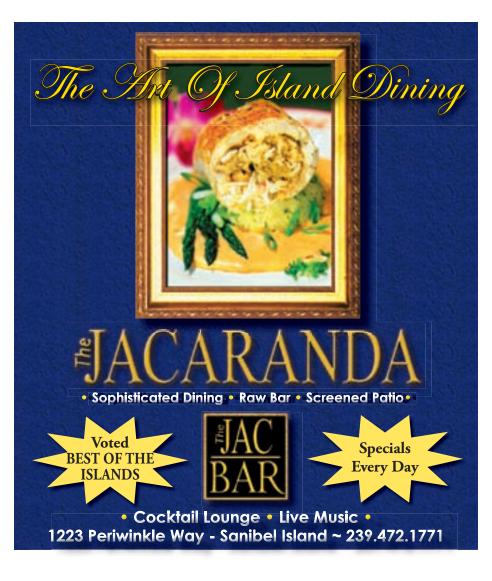
Cut lobster tail meat into bite-size pieces. In a large saucepan, heat oil over medium heat; add onion and garlic and sauté 10 minutes until onion is soft. Add tomatoes, clam juice, vinegar, herbs and cayenne; bring to boil. Reduce heat and simmer five to eight minutes. Slowly stir cream into the sauce; add lobster pieces and simmer 20 minutes. Season to taste with salt and pepper. Cook pasta in boiling salted water until just tender; drain and return to pot. Pour the lobster sauce over and toss to coat.

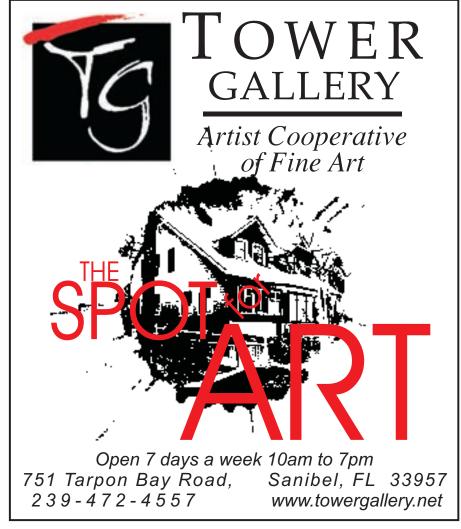


Lobster With Tomato-Herb Penne Pasta

Yield: Six servings Nutritional Value Per Serving Calories 507, Calories From Fat 126, Total Fat 14g, Saturated Fat 5g, Trans Fatty Acid 0g, Cholesterol 72mg, Total Carbohydrate 68g, Protein 28g,

Omega 3 Fatty Acid 0g Look for Fresh from Florida ingredients at your grocery store.☆

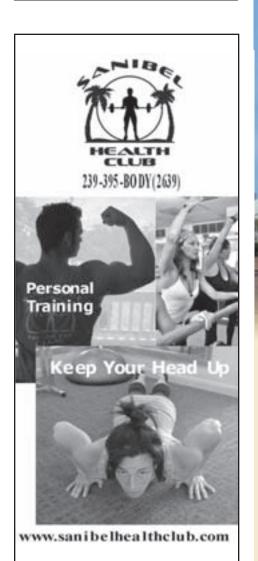




# New Drink Has Been Named

nce 2006, Doc Ford's Rum Bar & Grille has supported Sanibel-Captiva Cares in a unique and fun way. Each year at the Sanibel-Captiva Cares live auction, attendees bid on a Name That Drink opportunity to create their own special drink to be sold at Doc Ford's. Doc Ford's donates \$1 per drink sold at both the Sanibel and Fort Myers Beach locations to The Children's Hospital. This year's winner, Harry Silverglide, created the Silverglider, concocted of Exotico Silver Tequila, lemonade, agave, fresh lime and a splash of pineapple rimmed with sugar and salt and served on the rocks. In the past six years, over \$137,000 has been raised by the Name That Drink for The Children's Hospital.袋

Send your editorial copy to: press@islandsunnews.com







# October Calendar Of Events Southwest Florida Symphony

ctober 19, Southwest Florida Symphony annual meeting, Crowne Plaza Hotel at the Bell Tower Shops, Fort Myers. Reception at 4:30 p.m., meeting begins at 5 p.m. followed by the board meeting

October 29, Murder at the Oasis/Arabian Nights, 7 to 11 p.m., at The White Orchid adjacent to the Oasis Towers, Fort Myers, \$75 per person and VIP tickets available for \$125 per person. Unravel the clues and solve a mystery as the Southwest Florida Symphony plays a live, interactive game of whodunit with an Arabian Nights theme. There will be silent auction items and entertainment by members of the Southwest Florida Symphony.

All of the suspects will be strolling the grounds of the White Orchid during the course of the game to help guests narrow down their choices of which musical instrument was involved as the weapon, where the terrible plot occurred and who performed the deadly blow. Costumes or themed attire are encouraged.

Opening night at the Symphony is November 5, Master Works I, featuring Brahms' Symphony no. 2 at the Barbara B. Mann Performing Arts Hall.

For information about the 2011-12 Southwest Florida Symphony season and to purchase concert and event tickets, call the Southwest Florida Symphony box office at 418-1500 or go to www.swflso.org/tickets.な

# Top Ten Books On The Island

- 1. Captiva by Randy Wayne White
- 2. Help by Kathryn Stockett
- 3. Sanibel Flats by Randy Wayne White
- 4. Living Gulf Coast by Charles Sobczak
- 5. Heart of the Matter by Emily Giffin
  - 6. Catching Fire by Suzanne Collins

- 7. 19th Wife by David Ebershoff
- 8. Mockingjay by Suzanne Collins
- 9. Nothing to Lose by Lee Child
- 10. Women, Food and God by

Geneen Roth

Read us online at IslandSunNews.com



# Follow The Canvas Video Remembers 9-11

-11 was one of the darkest days in American history. Ten years later, the nation continues to endure tremendous suffering after nearly 3,000 people lost their lives in the terrorist attacks on the United States.

On this somber anniversary, artist Leoma Lovegrove's mission is to memorialize the victims and honor their families with one goal in mind: Never Forget. Follow the Canvas is a video depiction of the story of Lovegrove's passion and the community coming together to honor the memory. Lovegrove has created a canvas that depicts the name of every human being who lost their life that fateful day. Follow the Canvas showcases the journey this canvas takes throughout Southwest Florida and how the people of this community remember that tragic day.

Every name of every victim is memorialized on the Remember 9-11 Tenth Year Canvas. Lovegrove's vision uses the victims' names as the basis and the strength of her memorial. The names are the foundation for her artistic vision - her hope that despite the evil of 9-11, America's heritage is strong and freedom will always prevail.

The Follow the Canvas video brings the story to life. Follow the Canvas showcases Americans wanting to support the survivors and families who've lost everything. As Lovegrove's billboard-sized tribute travels throughout the Southwest Florida community, hear the sometimes tragic, sometimes hopeful and always poignant reasons why people want to take part in the project. Hear parents using "paint the canvas" events to teach their children about this dreadful day. Hear how people who have lived through the suffering continue to heal. Hear why painting the actual name of a 9-11 victim is a tremendous act of healing.

The stories are remarkable.

WGCU Studios and producer Rachelle Grossman join forces to document the Remember 9-11 Tenth Year Canvas as it travels throughout Southwest Florida. From mid-June until September 11, residents and visitors are invited to paint the name of one of those who lost their lives on that fateful day. The colors of the names are differentiated by each tragic location. Those who perished at the World Trade Center are remembered in red. Those who died on American Airlines Flight 11 are honored in sea blue. Victims of the Pentagon are honored in orange. People who perished on United Airlines Flight 93 are honored in dark blue. Victims from United Airlines Flight 175 are in painted in deep blue and finally, those who lost their lives on American Airlines Flight 77 are honored in white.

After every name is complete, the canvas will then travel to the Broadway Palm Dinner Theatre in Fort Myers where a 10-year commemorative event takes place September 11. During this grand finale, the video will document Lovegrove's final culmination of her artistic vision. Lovegrove will "paint out loud" an American Bald Eagle superimposed on top of the honored victims' names.

The Follow the Canvas video will continue to film the stories behind this memorial and recount the events taking place that unforgettable day. Every art form will be represented - live performance, guest speakers, song, symphony, poetry and prose. Audience members will also see a special screening of the Follow the Canvas video journey. Ten-year commemorative events will also be incorporated into the final Follow the Canvas

The final 26-minute production will be aired on WGCU Public Media, the Southwest Florida PBS affiliate on various dates of remembrance, including Memorial Day, 9-11 and Veteran's Day. WGCU will also offer the program for national distribution through American Public Television to PBS stations across the country.☆



## Poetic Voices



For consideration, please send typed poems with a short biography to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 Attn: Don Brown or send a Microsoft Word attachment to donbrown@alum. mit.edu

selected by Don Brown

#### **Tides**

by Raymond Buck

Low tide cormorants swim like fish fly like the birds they are unmoving black statues perched on dark rock row out beyond the moorings

tide water still going out of the marsh under the bridge in a path through the sand small rocks shells green grass to the receding  $ed\bar{g}e$  of  $\bar{l}and$ 

flotsam logs from afar stranded until higher water carries them into corners and stacks them in jumbles where they are left to rot

among cans bottles condoms

collapsed strings attached multi colors among piles of dried brown beach grass

high tide rushing water makes bridge a metal island with steps small white caps stretch for the seaweed line in sand the impermanent edge of beach

a white heron walks gingerly as water fills the marsh grass a lone gull sweeps past but doesn't land on the piling where the waters are deepest

sounds of the lone powerboat the sight of a ketch under sail

far far out almost to the land on the other side of the tide where clouds worry an island

come walk through the water to bridge steps climb above cross the rushing water below climb into the deeper water walk over rocks to the sands

and sit and wait and watch the tide that came in goes out and comes back in same day

guaranteed without fail.

Raymond Buck's first book of poems, South of Providence, was

published in 2009. A member of a Sanibel writing group, he reads his poetry at Writer's Reads and whenever anyone asks. He also writes for and about the Sanibel Historical Museum and Village on Sanibel Island.☆

> To advertise in the Island Sun Call 395-1213



#### **Appetizers** Sunset Shrimp Cocktail

Pesto marinated and grilled large Gulf shrimp, Chilled and served on horseradish coulis, Sherry crème fresh and mango salsa

#### Sunset Ceviche

Gulf Grouper, shrimp and scallops marinated in Florida citrus, avocado and tomatoes. Served with crispy herb flat bread

#### Coastal Lobster Crab Cakes

Two pan seared Maine lobster and lump crab cakes with a vanilla rum sauce and mango crème fraische

#### Beef Carpaccio

Thinly shaved all natural beef tenderloin, with fried capers, Kalamata olive tapenade, sweet onions, shaved parmesan cheese with Asiago crostinis

#### Seasonal Harvest Bruschetta

Seasonal tomatoes, Kalamata olives, capers and Goat cheese

#### Fried Baby Artichokes

Creamy garlic herb stuffing, smoked tomato aioli and marinated roasted peppers

Soup

# Lobster Bisque

This creamy bisque is finished with Sherry, fine herbs and Lobster

11

#### Salads Caesar

Romaine lettuce, Parmesan Reggiano cheese tossed in our homemade dressing and topped with Chardonnay brined anchovies and grape tomatoes

#### Warm Baby Spinach Salad

Gorgonzola crumbles, apple vinaigrette, sweet and spicy pecans, applewood smoked bacon and sautéed sweet onions over fresh baby spinach

#### Avocado and Tomato Salad

Vine ripe tomatoes and avocadoes in a balsamic and roasted garlic dressing, with Tuscan artichokes, Pepita encrusted warm Goat Cheese and roasted peppers

Breakfast 8:30am - 2pm Lunch 11am - 2pm Dinner 6 pm - 9 pm

#### Sunset Grouper

Fresh gulf Grouper encrusted in Macadamia nuts and pan seared, served on a bed of julienne vegetables, coconut rum butter, Mango fruit salsa and Key lime beurre blanc.

#### **Grilled Dill Salmon**

Wood grilled Atlantic salmon with roasted vegetable wild rice and finished with a dill Dijon crème.

26.99

#### Tanglewood Farms Organic Chicken Roulade

Free range, air chilled and all natural chicken stuffed with organic Apricots and seasonal mushrooms with a savory apple and Brie bread pudding. Topped with an apple brandy veal jus.

#### Shrimp Pasta

Four jumbo shrimp, Sautéed with a touch of garlic, tomato and fresh herbs. Served on a bed of home made Pappardelle pasta tossed with artichokes, prosciutto and baby spinach in a light white wine, lemon and cream

#### Beef Tenderloin

A 6 oz. wood grilled filet of beef, served atop an Applewood smoked bacon jus, with sauce Béarnaise. Accompanied by Yukon Gold mashed potatoes.

#### New York Strip Steak

A wood grilled 12 ounce New York Strip steak, mesquite seasoned and topped with Stilton compound butter. Served beside herb and Yukon Gold mashed potatoes.

30.99

#### Key West Beer Brined Slow Roasted Pork Shank

Caribbean spiced and marinated pork shank served with sweet and spicy roasted corn relish, and a key lime beurre blanc. With Yukon Gold mashed potatoes.

#### Heart Healthy Entrée

Hickory grilled Sword fish with lemon caper sauce, topped a Mediterranean salsa and served with roasted vegetable wild rice

Dinner Reservations Recommended 6536 Pine Ave. Sanibel Island 239-472-2333

Located where Sanibel meets Captiva www.sunsetgrillsanibel.com



روع · shakes · ice cream · chick wing

# My Stars ★★★ FOR WEEK OF AUGUST 15, 2011

ARIES (March 21 to April 19) You sometimes go to extremes to prove a point. But this time, you won't have to. Supporters are ready, falling over themselves to help you make your

TAURUS (April 20 to May 20) Venus might be your ruling planet, but Mars is in the picture as well. So don't be surprised if your romantic relationships are a bit rocky at this time. But they'll soon smooth over.

**GEMINI** (May 21 to June 20) Geminis might rush into romance and risk being wrong about someone rather than be left with no one. But this is one time when it's wiser to be wary of where your heart takes you.

CANCER (June 21 to July 22) With all (or most) of those pesky problems behind you, take time for your family and friends. Travel aspects are favored, with long-distance journeys high on the list.

LEO (July 23 to August 22) You might have started to question the wisdom of being open with someone you hoped you could trust. But be assured you won't be disappointed. You'll soon hear good news.

VIRGO (August 23 to September 22) You have a reputation for honesty and integrity, and that will help turn around a situation that was

not only disappointing but also quite unfair. Good luck.

LIBRA (September 23 to October 22) A happy event creates a closer tie with a family member who seemed hopelessly estranged. Positive aspects also dominate in important career matters

SCORPIO (October 23 to November 21) Your ruling planet, Pluto, helps you adjust to change. So, stop putting off that long-delayed move, and make it with the assurance that you're doing the right thing.

**SAGITTARIUS** (November 22 to December 21) You have a wonderful capacity to learn quickly and well. This will help you when you are faced with an opportunity to move on to a new path in life.

**CAPRICORN** (December 22 to January 19) Good news: You suddenly find that you're not facing that new challenge alone. You now have someone at your side, ready to offer whatever support you might need.

**AQUARIUS** (January 20 to February 18) Your versatility -- which is just one of those aspects of yourself that make you so special -helps you adapt to the challenges of a new and exciting opportunity.

PISCES (February 19 to March 20) Your sensitive nature picks up on the needs of others. But what about your desires? You need to take more time to assess what your goals are and, if necessary, redirect them.

BORN THIS WEEK: You give your trust openly and easily. People find you easy to be with and enjoy your wit, your good sense, and your capacity to love and be loved.

#### THIS WEEK IN HISTORY

- On Aug. 18, 1590, John White, the governor of the Roanoke Island colony in present-day North Carolina, returns from a supply trip to England to find no trace of the 100 colonists he left behind. The only clue to their disappearance was the word "CROATOAN" carved into the palisade around the settlement.
- On Aug. 17, 1877, William "Billy the Kid" Bonney kills his first man, an Arizona blacksmith. Just how many men Billy the Kid killed is uncertain. He reportedly once claimed he had killed 21 men, "one for every year of my life."
- On Aug. 15, 1914, the Panama Canal, the American-built waterway across the Isthmus of Panama connecting the Atlantic and Pacific oceans, is inaugurated. U.S. engineers moved nearly 240 million cubic yards of earth and spent close to \$400 million in constructing the 40-mile-long canal.
- On Aug. 21, 1920, Daphne Milne, wife of English writer A.A. Milne, gives birth to a son, Christopher Robin Milne. When Christopher Robin received a stuffed bear as a present, his father began writing a series of stories about the bear. Christopher Robin was immortalized

in A.A. Milne's books "Winnie-the-Pooh" and "The House at Pooh Corner."

- On Aug. 16, 1948, baseball legend George Herman "Babe" Ruth dies from cancer in New York City. For two days, tens of thousands of fans stood in line to pay their last respects. Ruth hit a record 60 home runs in the 1927 season and led the Yankees to seven pennants.
- On Aug. 19, 1960, in the USSR, captured American U-2 pilot Francis Gary Powers is sentenced to 10 years imprisonment for his confessed espionage. Only 18 months into his sentence, the Soviets released him in exchange for Rudolf Abel, a senior KGB spy who was caught and convicted in the United States five years earlier.
- On Aug. 20, 1989, Lyle and Erik Menendez shoot their parents, Jose and Kitty, to death in the den of the family's Beverly Hills, Calif., home. Police were finally tipped off to the brothers by the girlfriend of Erik's psychotherapist, who'd taped Erik's confession in counseling sessions.

#### **STRANGE BUT TRUE**

• It was noted psychiatrist and sleep researcher William C. Dement who made the following sage observation: "Dreaming permits each and every one of us to be quietly and safely insane every night of our lives.

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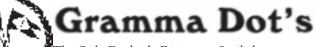


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- For reasons that aren't entirely clear in the record at hand, it's illegal to wear a hat while dancing in Fargo, N.D.
- Despite the fact that the English language is very large in terms of the number of words available to those who can use them, it seems that much of our writing is made up of only a few words. In a study once conducted by lexicographer G.H. McKnight, it was found that approximately one-quarter of all the words in any given sample of writing in English is one of the following nine: and, be, have, it, of, the, to, will and you.
- Some species of squid can swim up to 35 mph.
- If you're an avid hiker, you might want to keep in mind that the most dangerous trail in America, according to Backpacker magazine, is located in Canyonlands National Park in Utah. The trail known as The Maze earned this distinction thanks to numerous dead-end canvons. few sources of water and temperatures that soar to over 100 degrees F. in summer.
- If you're like me, you're a turophile: a lover of cheese.
- When the eggs of the Darwin frog hatch and the tadpoles emerge, the babies are swallowed by a male frog. They're not victims of cannibalism, however; the father keeps the tadpoles in his vocal sac for two months. Once they've matured and become tiny frogs, the young ones are coughed up and have to fend for themselves.

#### THOUGHT FOR THE DAY

"It's not a good idea to put your wife into a novel; not your latest wife, anyway." -- Norman Mailer<sup>™</sup>

# **Book Discussion**

eaders are invited to Adiscuss In the Kitchen, by Monica Ali, the focus of the Wednesday, August 24 book discussion meeting at the Sanibel Public Library. The 2 p.m. meeting is free and open to the public. Carole



Fallon will be leading the group discus-

About the book: Gabriel Lightfoot, executive chef at a London hotel, is juggling many pots to achieve success, but when a worker is found dead in the kitchen's basement, his balancing act is disturbed. Then when an attractive young woman with ties to the dead man enters his life, he makes a decision that will change the course of the life he knew and the future he thought he wanted.

The group discussion begins promptly at 2 p.m. in the library's ground floor meeting room across from the elevator (Meeting Room 4). It is preferable to come having read the book to be able to join in the lively discussion, but all are welcome. Call the library with any questions at 472-2483.

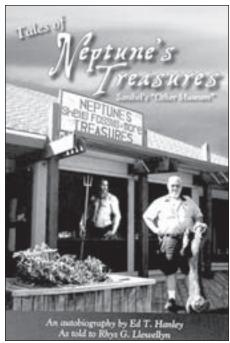
## **Book Release**

ormer patrons of Ed Hanley's Neptune's Treasures store on Sanibel are excited that his autobiography, Tales of Neptune's Treasures, has just been released by Snowbird

This 380-page, soft-bound book includes 80 photographs of his exciting life and experiences scuba diving, shelling, fossiling and treasure hunting. His childhood and military experiences are recounted, as well as reflections on his family and people he has met in operating Neptune's Treasures for over a quarter of a century.

Included as an appendix to this book are all the articles he wrote concerning the various shells one may find on

To purchase a copy by mail, the price is \$23.50, which includes the cost of postage and handling within the continental United Sates. Florida residents must include an additional \$1.20 state sales tax. Make your check or money order payable to Snowbird Press, 27876 Cragmont Drive, Evergreen, Colorado 80439.



Delivery within the U.S. will take two to three weeks. Cash and credit cards cannot be accepted at this time.

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- 3 BR/3 BA near beach in West Rocks.
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- · Lots of tile. Light, bright and private...
- Large master suite with fireplace.
- Enclosed pool. Short walk to the beach.

### 557 N. Yachtsman



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#### **SPORTS QUIZ**

- 1. In 2010, San Francisco's Buster Posey had a 21-game hitting streak, the longest by a Giants rookie since when?
- 2. Three pitchers between 1966 and 1987 started at least 20 games a season for 20 consecutive seasons. Name two of them.
- 3. Who was the first football player in ACC history to have at least 1,000 yards rushing and 500 yards receiving in the same season?
- 4. Name the last NBA player before New Orleans' Chris Paul in 2007-08 to average at least 20 points, 10 assists and 2.5 steals for a season.
- 5. What NHL team other than the Edmonton Oilers (five times) has tallied 400-plus goals for a season?
- 6. In 1928, Sonja Henie became the youngest Olympic figure-skating champion. How
- 7. Who was the last men's golfer before Tiger Woods (2005-06) and Padraig Harrington (2007-08) to win consecutive British Opens?

#### **ANSWERS**

1982-83

(21 seasons) and Tom Seaver (20 seasons). 3. C.J. Spiller of Clemson in 2009. 4. Detroit's Isiah Thomas, in the 1983-84 season. 5. None. 6. Henie was 15 years, 315 days old. 7. Tom Watson, 1983-84 1. Willie McCovey hit in 22 consecutive games in 1959. 2. Don Sutton (22 seasons), Phil Niekro

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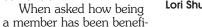
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# Member Of The Month

he City of Sanibel Recreation Department recognizes Lori Shuster as its the member of the month.

Shuster and her family have been residents of Sanibel and members of the rec center for 3 ½ years. She was motivated to join the rec center for the variety of amenities that are available to members, ranging from youth programming to community events and fitness offerings. Shuster loves the convenience of the rec center and the affordability. She was a stay-at-home mom for over 15 years and considered herself to be out of shape prior to moving to Sanibel. She has changed her outlook on food and health and has become active with help from the rec center staff.





Lori Shuster

cial to her health and well being Shuster said, "This whole island has helped me lose weight. Being a member of the Sanibel Recreation Center has helped me lose 110 pounds. It is located between my house and work, so there are no excuses! Plus to see the retired community work so hard to maintain a healthy lifestyle has helped me to want to be healthier." She has fallen in love with working out and feeling great.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call 





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### **PGA Tips** Fairway Bunker Shots



by Matt Oakley, PGA Golf **Professional** 

airway bunker shots can really be difficult if you do not have the proper set-up. Once you are set up correctly it is actually quite an easy shot, no

different than from the fairway. The key is hitting the golf ball first, then the sand. Here are a few tips to get you hitting your fairway bunker shots on to the green and next to the pin in no time:

1. Set-Up.

- a. As you enter the bunker, take notice of what the sand feels like beneath your feet. Is it soft or firm? In either case we want to dig our feet in only a little bit, just enough to get firm footing, do not dig like you are trying to reach China! If you dig yourself too low into the sand you are more likely to hit the sand first, then the ball and lose dramatic distance on the
- b. Choke down on the club an equal amount that your feet dug into the sand (dig down an inch, choke down an inch). This allows you to hit the ball first, then the sand. If the club is too long you will hit the sand first because the club wants to bottom out too low.
- c. Since you are choking down on the club, take one more club than the distance of the shot normally requires (if it is 8-iron distance then hit a 7-iron).
- d. Place the ball a little further back in your stance than normal, this allows you to strike the ball first, then the sand.
  - 2. The Strike.
- a. Concentrate on keeping the head and lower body completely still during the swing. This creates solid contact (easier to hit a still target than a moving target). This swing should feel like it is all shoulders, arms and wrists. The less moving parts, the less margin of error.
- b. Focus your eyes in front of the golf ball. If you look behind the golf ball you will probably strike it there and get sand
  - c. Strike the golf ball, then the sand.
  - 3. The Finish.
- a. After the strike, follow through to a full, balanced finish.

Schedule a lesson with your PGA professionals on this important weapon in your arsenal!☆

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# Tween Waters Inn Island Resort 80th Anniversary

ontinuing its year-long 80th anniversary celebration of tourism hospitality, the 'Tween Waters Inn Island Resort on Captiva has announced the second group of 80 Years With 80 Nights contest winners drawn July 1. The drawing is the second in a series of four drawings – the first group of winners was drawn March 31; winners are

drawn per quarter.

Each winner and his or her guest receives a vacation package including two nights' quality accommodations in a guest room plus free continental breakfast buffet. Subject to availability and excluding holidays, winners will have one year past the drawing date to visit the secondlargest destination resort on Sanibel and Captiva islands compliments of 'Tween Waters Inn. By the end of 2011, the resort will gift 40 two-night vacation packages with a total retail value in excess of \$20,000 (no actual cash value).

We've had over 19,000 entries since

the contest launched in January," said Jeff Shuff, 'Tween Waters Inn General Manager. "The response has been amazing and we're thrilled to have our prizewinning guests help us celebrate in the sand, surf and sunshine that has made us a preferred travel destination for 80 years.

The second group of winners are: Tim Andrassy, Mentor, OH Kathy Orbe, Lincoln Park, NJ Patti Lasky, St. Petersburg, FL Lynn Reagan, Champaign, IL Kim Kraves, Pittsburgh, PA

continued on page 36



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#### **Kelly Greens Condo**

Location is always important, even in Kelly Greens. This 2 bedroom, 2 bath condo with den has a commanding view of 2 lakes and 2 golf holes. Fully furnished in a British West Indies style, it

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private garage, just steps away from this condo make this

home easy to enjoy. Offered at \$255,000. Contact Larry

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#### **Near Beach-Great Value**

Amazing panoramic water views from this beautiful 3 bedroom 2 bath home located in Sanibel's East Rocks. This Open floor plan is perfect for entertaining. A gorgeous pool was recently added and offers a great outdoor and poolside entertaining area.



An outside shower, new master bath, tile, spacious garage and workshop area are just some of the additional features. Just steps to the beach and access #2. This home stands out among the rest and offers great curb appeal. An outstanding opportunity that will not last long! Offered for \$545,000 Contact Tracy Walters 239/994-7975.

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This amazing property is located in the Iona area subdivision of Catalpa Cove; just at the mouth of the Caloosahatchee River. This open 5 bed, 4 bath home sits surrounded by water on 2 sided. One of a kind location & dockage space for 3 boats behind the home, including the 34k lb lift & boat house as well as an added separate dock & lift within the community. The waterside pool & expansive family, living & game rooms allow for easy carefree entertaining. Upgrades throughout to include granite, hardwoods, marble, faux painting, coffered ceilings, crown molding, custom blinds & window coverings, 2 ovens, 2 dishwashers, fitness area, study & 3 car garage. Offered for \$1,050,000. Contact Tracy Walters 239-994-7975



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# There's More To The Story Of Why Tiger Woods Hired A New Caddie

here's much more behind the story of Tiger Woods dumping his long-time caddie Steve Williams and replacing him with his childhood friend Bryon Bell. And the story is more important than last weekend's media frenzy over remarks made by Williams, who now totes the bag for Adam Scott, the winner of the WGC-Bridgestone Invitational.

The unwritten rule among golf professionals is that caddies remain behind the scene and keep their mouths shut. Williams, however, still smarting from his firing by Woods, said in a TV interview after Scott's victory, "I've been caddying for 33 years, and it's the best win of my life.

That remark came after caddying for Woods 12 years that included 13 major championships, 16 world titles and 72 wins worldwide.

The storyline behind Wood's hiring of Bell lies in the fact that Bell was running his golf course development company. And, according to Woods, the slumping economy has resulted in little or no work for the firm.

That does not come as a surprise as recent figures from the National Golf Foundation showed that 2010 marked the fifth consecutive year that the closing of golf courses far outpaced the openings of new courses.

In fact, in 2010 the ratio was more than two to one; 107 closures compared to just

46 new 18-hole courses.

From 2006 to 2010, the total net loss of golf courses in the United States was 220, according to the golf foundation.

While Florida continues to lead the nation with 1,218 courses, it has not been exempt from this decline with dozens of courses going bankrupt and others being converted to other purposes.

Considering the severity of the economy in recent years, the fact that shuttering of golf courses far outnumbered the opening of new facilities poses a wide degree of interpretation according to who is doing the explaining.
"The total loss of 220 18-hole golf courses from 2006 to

2010 represents only 1.5 percent of total supply," the golf foundation reports.

However, it should be noted that the number of rounds played last year in the United States was 43 million less than the number played in 2000.

On the plus side, the states with the most openings last year were Pennsylvania, Florida, Illinois, North Carolina and Texas. More than 60 percent of these were daily fee courses, not private courses.

So what is the actual status of the golf industry in the United States - suffering or prospering?

The answer probably lies somewhere in the middle.

#### Miracle Win First Series in Last Five; Wimmers Shows Progress

The Fort Myers Miracle captured their first series win in the last five by winning two of three games from the Palm Beach Cardinals last weekend. The series victory improved the Miracle's second-half season record to 17-27.

Encouraging was the performance of pitcher Alex Wimmers, the Minnesota Twins 2010 first-round draft pick, who had been sidelined most of this season.

In Saturday night's 6-0 win over Palm Beach in Jupiter, Wimmers pitched the final four shut-out innings while striking out six and allowing only two hits.

In seven appearances since returning from the disabled list, he has appeared only in relief roles.

Fort Myers is home this weekend at Hammond Stadium facing the same Palm Beach Cardinals with a 7:05 p.m. start Friday, 6:05 p.m. Saturday and 1:05 p.m.

From page 35

# Tween Waters 80th Anniversary

John Schmieder, Sandusky, OH Marieke Sperry, Norwich, VT Valerie Kay Evangelista, Orlando, FL Nicole Steinmetz, Chippewa Falls, WI Paul Murcko, Oklahoma City, OK

The next drawing for the third group of 10 winners will be held on September 30. For your chance to win, enter on www.Tween-Waters.com/80.

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# Top Producers



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Jim Branvon

Islands numerous times and consistently rank as top producing agents on the islands.

Jim Branyon earned Top Producer Sales for the month of July. Branyon is a Florida native and full time Sanibel resident and has been a top producing realtor specializing in Captiva and Sanibel properties for more than 20 years.

#### Recipes Written In Russian?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

ast Sunday night I cooked dinner with my youngest daughter, Madison who is in 6th grade. She found a recipe that she was interested in making so we went together to the grocery store to

buy all the ingredients. She dutifully diced the chicken, prepared the vegetables and mixed the spices. We seared it all in the wok and served it to her two older sisters – who are finicky eaters. They took some tentative tastes – then dug in! Chef Madi's dipper was a big hit!

Madi's dinner was a big hit!

The cookbook that Madi and I used was written in simple language – one that a child could follow. Too bad that certain types of recipes that I commonly use in my law practice can't be written that way. In fact, if you ever read the recipes that I am referring to, you would think they are written in Russian and not in English.

What in the world am I talking about? For those of you who have tax planning in your wills and trusts you'll find these recipes – which are referred to as "formula clauses" right at the beginning of the part of the document that talks about what happens when you die.

These formula clauses are designed to divide your assets into separate baskets – usually into a marital trust and a bypass or credit shelter trust – so that your estate tax exemption is fully utilized at the time of your death. You can read these clauses over and over and probably not understand them. This is true no matter which estate-planning attorney drafted the document. We don't draft these provisions to confuse our clients, although that might appear to be the goal.

The reason these provisions are so difficult to understand is due to the fact that we have to comply with many different provisions of the tax and trust code, as well as various IRS rulings and pronouncements. Words like "pecuniary amount" and "fractional formula relating to numerators and denominators" are used to direct the trustee.

But here's the funny thing about these formulas – they're not all the same and they're not forms. Just as some food recipes result in a beef dish while others cook up a vegetarian meal, the formula clauses that are used in your estate planning documents should be tailored to the types of assets that you own, whether or not you are married and how many generations of your family your trust is designed to benefit.

Certain types of formulas allow your executor or trustee to pick and choose which assets of yours should be held in the marital trust and which assets should be held in the credit shelter trust. Other types of formulas make the trustee allocate all of the different types of assets more or less proportionately amongst the marital trust and family trust. Each of these different formulas has a distinct set of advantages and disadvantages, with differing income and estate tax results.

So how do you pick these formulas? In most cases you won't. Your estate-planning attorney will do it for you. If you have the curiosity – and if you really want to impress your attorney – ask him why he chose the formula he did. If he can't give you a straight answer on this then he might not understand the differences himself and you might need more of a specialist.

But here's something that you should know in any event – and that's this: These formula clauses often change over time. The tax laws change, which usu ally necessitate a change in your formula clause. Along the same line, when the types of assets that you own change, then it's important for your formula clause to change. If you happen to be a surviving spouse and you are leaving amounts to your children and grandchildren, then that's yet another reason for your formula clause to change.

What happens if you have an out of date formula? It's kind of like having stale ingredients for your recipe. The meal's not going to turn out so well. Chances are you're going to have to trash it and go to a restaurant, spending a lot of money on a meal that you never intend-

ed to buy.

So if your will or trust has sat locked up in your safe deposit box for a couple of years it's time to review your will and trust's recipe. Believe me when I say that in so doing your family will be glad you did – whether they appreciate it or not!

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#### Dine In Luxury: Stay At Home!



by Marcia Feeney

**T**hether you have a library of recipes or one of take-out menus from area restaurants, your home's dining room is likely reserved for special or celebration meals. As the

holidays approach and you start making plans for special meals in your dining room with family and friends, do not forget one of the most important elements of a successful dinner - atmosphere.

Every element in your dining room should contribute to setting the tone and mood of the dinner. Start setting a mood of elegance and sophistication by choosing draperies in soft, rich, sumptuous fabrics. Luxurious fabrics, such as silks, satins, and sheers with iridescent and luminous fibers, enhance the ambiance of any room but are especially effective in creating ambiance in a dining room. Note that these draperies need not be used exclusively for window décor. The entrance to your dining room can be beautifully accented by adding stationary drapery panels at one or both sides of the walls. These draperies, called portières, are pulled back with tie-backs made of the same fabric, a

contrasting fabric, or a cord and tassel. Of course, the architectural style of the room is a key consideration in deciding whether portières are a good choice. Wall coverings, such as wallpaper, tapestries and wall art, can further enhance the mood by adding rich texture and

The dining table is probably the next most important element. A round dining table, for example, increases the sense of coziness and encourages freeflowing conversation. It also allows lastminute guests to be "squeezed in" more comfortably. Dining chairs should be comfortable and covered in fabrics (or leather) that are pleasing to the eye and to the touch.

Lighting in the room is another key ingredient for a successful dinner "recipe." Connect your chandeliers and other light fixtures in the dining room to dimmers. Light should be enough to allow your guests to appreciate the food you are serving while also bathing the room in a warm and soft glow. Candles are a great way to provide soft, indirect lighting while also setting a romantic or intimate mood. Be careful, however, not to use scented candles at the dinner table. You do not want the candles to compete with the aromas of the meal.

Choose dishes, glasswear, and silverware that are appropriate not only to the food you are serving but that also help you set the tone you desire, whether it is formal or more casual. White or solid color dinner plates can be combined with soup bowls, salad and dessert dishes with different designs and coordinating colors to create an interest-

After the décor is completed, the food has been prepared, and the table is set, sit down and enjoy. Good company, great food, and beautiful surroundings relax and have fun!

Marcia Feeney is an interior decorator on Sanibel. She can be reached at marcia@decden.net.☆

#### ISLAND SUN BUSINESS NEWSMAKERS



**Marty Stokes** 



Joni Stokes



Top Listers

**Bill Bolt** 



Diane Jayne



Virginia Dundoré







George Kohlbrenner

## Top Producers

outh Seas Sanibel & Captiva Properties announces its Top Producer awards for the Second Quarter:

Marty Stokes was recognized as Top Producer in Whole Ownership sales for April, June and the second quarter.

Joni Stokes was recognized as Top Producer in Whole Ownership sales for the month of May.

Virginia Dundoré was recognized as Top Producer in Timeshare sales for April, June and the second quarter.

Donna Horne was recognized as Top Producer in Timeshare sales for May.

## Top Agent

ulf to Bay Sotheby's of Sanibel and Captiva announced Top Marketing and Sales Agent for July was Denise Chambre.☆



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**SUMMER SPECIALS** 

#### Why Does My A/C Run Non-Stop?

by Bryan Hayes

his time of year we receive a great deal of calls and hear this exact question. You've gotta love July and August! Usually what happens is that the air conditioning system is doing all it can to keep up.

There are several things at play here and what we have to remember is that air conditioning systems are built to perform at a certain design temperature. What that means is that if you were to take all of the days of the year when the air conditioner is used and average them out, you would come up with your design temperature. This is the temperature average that is used to design the system that will go into your house. While it's run-

ning, the system will cycle on and off at reasonable number times per day and keep you comfortable. During extreme temperatures, as we have seen this July and August, we saw very long run times, higher indoor temperatures than we would like, and to top that, an electric bill to match.

The next question that usually pops up is, "Well, if the system can't keep up during these extreme temperatures then why don't you install a larger system?" It may make sense on the onset, but can lead to disaster in the end. Air conditioning is doing just what it was meant to do – conditioning the air inside our home. This means that it's cooling and dehumidifying the space. If a system is too large for the space that it services it may be cooled before it has an opportunity to remove enough moisture. This can encourage microorganisms to grow.

In the end, it's normal for a system to run longer to keep up with the rising temperatures. So, just hold on and you'll be wishing for the long, lazy days of summer before

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at Bryan@ 

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#### School Smart



by Shelley M. Greggs, NCSP

I am confused and concerned about children getting concussions while playing school sports. This is now in the news often. Can you give

me some information that I can use for my kids?

Bill G., Sanibel, FL

#### Bill,

The recent increase in information and awareness about concussions has stemmed from concerns from the professional sports community and is no less important for children. While many students suffer concussions from sports, concussions also result from accidents, fights, and falls and from rough and tumble play. Some states are beginning to enact legislation that establish standards for managing concussions and brain injuries to students and imposing penalties as House Bill 200 does in Pennsylvania. Many other states have proposed legislation to help protect students from concussions and/or related issues to concussions.

Some type of bump or blow to the head and/or body causes a concussion. A concussion as described by Michael Collins, PhD, is an "energy crisis" in the brain, damages brain cells and may cause

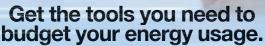
chemical changes within the brain. Some indicators of a concussion include headache, feeling slowed, difficulty in concentrating, dizziness, fogginess, fatigue, visual blurring, light sensitivity, memory dysfunction, and balance. The Centers for Disease Control places concussion symptoms into categories: thinking/ remembering, physical, emotional/mood, and sleep. Symptoms can take as long as several weeks to emerge. Each injury is different and must be treated differently based on the diagnosis. Length of recovery depends on the severity of the concussion and the individual. There is no single cure or treatment for a concussion.

Here are some basic safety measures that should be in place including appropriate coaching, enforcement of relevant rules, protective gear – although there are no concussion-proof helmets - and quick and accurate assessment of anyone suspected to have sustained a concussion. The skill of the player can also have a role in suffering a concussion. It is imperative that a student stops participating immediately if he or she is experiencing any symptoms of a concussion. A return to play should be approved by the student's physician, the team trainer, physician and coach as well as the athletic administrator for the school. Working to develop school and district procedures for return to play guidelines would be an excellent joint project for parents and the

According to the CDC there are steps you can take to protect your children from concussion during a sports activity:

continued on page 47





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#### Lynyrd Skynyrd Guitarist Visits Lee Memorial Pediatric Care Unit







Rickey Medlocke with Alex

ynyrd Skynyrd's Rickey Medlocke brought big smiles to the children and staff as he paid a visit to patients of the Prescribed Pediatric Extended Care Unit

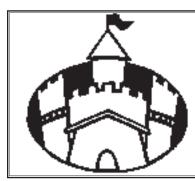
Medlocke is a musician who played in two southern rock bands, Blackfoot and Lynyrd Skynyrd, which is well known for hits such as Sweet Home Alabama and Free Bird. The visit was a special request of one of PPEC's patients. Medlocke is a parttime resident of Fort Myers.

PPEC, which is a unit of The Children's Hospital of Southwest Florida, is a friendly and nurturing place for children with special medical needs requiring nursing care and therapy services. In some ways PPEC is like a day care center but, unlike traditional day care, the PPEC provides medical care, developmental planning and interventions, case management, and education and support for parents. Children also receive the benefits of socialization and peer stimulation, which is a unique advantage to this type of program.

Staffed with nurses and pediatric professionals, the PPEC works directly with pediatricians, therapists, social workers, developmental specialists, teachers and dietitians to provide comprehensive special needs care.



Rickey Medlocke with PPEC staff



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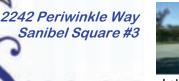
**Bay-front corner Mariner Pointe** 2 bedrm w/terrific water views \$299K



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Oversize parcel near end of Umbrella Pool Rd cul-de-sac in Sanibel Bayous \$449K

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## Tower Gallery Displays Work Of 23 Local Artists



by Anne Mitchell

ower Gallery is perhaps the oldest of the islands' art galleries and, most certainly, is housed in the oldest building, a 1926 former beach cottage. The gallery dates back 30 years, starting off in Bell

Tower Shops in Fort Myers in 1981 and landing on Sanibel 25 years ago. It is a cooperative representing 23 local artists, among them painters, sculptors, potters, fabric artists, glass artists and even one - Charlie Brown - who practices the Japanese art of gyotaku, using local fish species to make imprints on paper.

The inside of this charming gallery is just as colorful and exuberant as the multicolored exterior. It's a veritable rabbit warren of interconnecting small rooms whose white walls show off all kinds of art to great advantage. There's even a fireplace and an

There are too many artists to mention them all (go to www.towergallery-sanibel.

com). You will find plenty of great work here of almost every genre.

Each artist takes a turn running the store so you may be fortunate to find the creator of your purchase on hand to make it more personal.

However, Tower Gallery is a treasure trove for gift ideas, many of them affordable



Embellished guitars by Mark Lewis at Tower Gallery



JoAnne Bedient's Kicking up Your Heels on Sanibel raku boot



Silver bracelet by Joyce Krivenko at Tower

and unique, so drop in regularly – there's always something new.

Here are some impressions from my recent visit:

I almost screamed with delight at Steve Bufter's Baseboard Mice (\$11) - little rodent portraits on wood to place strategically against your wall; and Katie Gardenia's Pickle Finger Forks, made from old forks artfully forged and bead-embellished, and her Cake Testers, for checking the done-ness of your gateaux with style (includes one of her cake recipes), \$20 each.

Connie and Ron Sebring, she a glass artist, he a painter and sculptor, collaborate on their Blarney Stones. He prepares smooth river pebbles with indentations for her fused glass rods to fit into - great gifts and conversation pieces (\$48).

Joyce Krivenko's silver bracelets and amulets are a wonder of swirls and twirls, featuring ceramic, glass and stones. For a hand-made, one-of-a-kind jewelry item, they are well priced at \$105 to \$115.

Eyecatching too are JoAnne Bedient's raku creations including cats, clocks, vases, bottles and funky ceramic shoes that look as though they came straight from Lady Gaga's closet.

Tower Gallery is open seven days a week, 10 a.m. to 9 p.m., at 751 Tarpon Bay Road, Sanibel, phone 472-4557.

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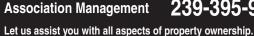
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With not much happening here in the summer, you might have time to stop by Three Crafty Ladies any Thursday for a Make It & Take It bead bracelet class for \$3. The store, of course, caters to the needs of crafters of every stripe. It's at 1628 Periwinkle Way, Sanibel, phone

Out shopping and need refreshment? **Dolce Tesoro**, in Tahitian Gardens, has cool gelato, espresso and pastries from its in-house bakers. You can sit outside on the elevated, covered deck and watch the world (as we islanders know it) go by. Call 472-4300 for more information.

If you like pizza but are watching your diet, check out Island Pizza, which offers five different crust styles including glutenfree. There's also crusty curl, deep dish, flatbread and Parmesan herb. The restaurant is at 1619 Periwinkle Way, Sanibel, 472-1581, and the take-out is at 2496 Palm Ridge Road, 472-3010.

#### LIVE ON THE ISLANDS

Over 200 people attended the first Jazz Night last Wednesday at Traditions on the Beach at the Island Inn, Sanibel.

The response was so good that another Jazz Night is planned for Wednesday, August 24, this time with saxaphone player Woody Brubaker, along with Paul Ventura with Father Al and the Jazz Congregation.

Also, Traditions on the Beach has more live music Thursday through Saturday, featuring Joe McCormick, Marvilla Marzan and Barbara Smith. The restaurant is inside the Island Inn at 3111 West Gulf Drive, Sanibel, phone 472-4559.

Chip's Sanibel Steakhouse features Michael David playing light classical guitar on Wednesdays and Saturdays. The steakhouse is at 1473 Periwinkle Way, phone 472-5700.

The Crow's Nest at 'Tween Waters Inn, Captiva has entertainment Fridays and Saturdays from 9 p.m. to 1 a.m. This week the entertainment is by The New Vinyls. Crab races are Mondays and Thursdays with the family show at 5:30 p.m. and grownup races at 9 p.m. The Crow's Nest is at 15951 Captiva Drive, phone 472-5161.



Sheila Hoen's paintings on the left and Susan Sadler's on the right



One of Steve Bufter's Baseboard Mice

Traders Store & Café, 1551 Periwinkle Way, Sanibel, features Chris Workman at the piano on Wednesdays and Sundays from 7 to 10 p.m. Danny Morgan & Friends play Tuesdays and Thursdays from 7 to 10 p.m. Phone 472-7242.

Gene Federico is playing at Courtney's on Sanibel on Thursdays and Fridays, to 10 p.m. and on Sundays at the tiki bar from 2 to 5 p.m. Courtney's is at 1231 Middle Gulf Drive, phone 472-4646.

The Jacaranda has entertainment nightly from 7 to 11 p.m. Here's the line-up: Friday and Saturday, The Captiva

Band playing classic rock, jazz and R&B; Sunday, Jamaica "Dave" & Co., reggae and dance; Monday, Renata, jazz, contemporary music and dance; Tuesday, Steve "Scooter" Reynolds, accoustic guitar, contemporary music and dance; Wednesday, Buckeye Ken, contemporary, Top 40 and blues; Thursday, 2 Hot, contemporary, reg-

gae and dance. The Jacaranda is at 1223 Periwinkle Way, phone 472-1771.

George & Wendy's Corner Grill has live music on Friday and Saturday from 7 to 11 p.m. This weekend, Bill Metts will be playing folk guitar Friday and Steve "Scooter" Reynolds will entertain Saturday with rock, country and blues. The Corner Grill is at Periwinkle Way and Tarpon Bay Road, Sanibel, phone 395-1263.

The Island Cow on Periwinkle Way, Sanibel, has live entertainment from 6 to 9:30 p.m. nightly. The line-up: Monday, Dan Confrey; Tuesday, Jeff Key; Wednesday, Ken Wasiniak; Thursday, Diana Lynn; Friday, Greg Watts; Saturday, Diana Lynn; and Sunday, Ken Wasiniak. Phone 472-0606.

continued on page 48

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#### Vinpocetine To Improve Memory

by Suzy Cohen, RPh

Pharmacist: year old mother-inlaw takes an herb from a flower. It's called Vinpocetine. She is as sharp as a tack and has the memory of a 20 year old. She credits

this flower pill for it. I'm only 50 and I can't remember certain words or events in my own life. Have you heard of this, and can it help everyone with memory

SS, Newark, New Jersey Vinpocetine is one of my favorite memory boosters which may account for sharpness. It's a semi-synthetic derivative of "vincamine" which comes from the beautiful periwinkle plant and increases blood flow to your brain. There are many ways to increase blood flow in the body, but not many that can get past the brain's outerwear, termed the "blood brain barrier." The fact that vinpocetine can penetrate that helps it deliver more precious oxygen, glucose and nutrients to your brain.

Vinpocetine can improve attention and alertness, and it may have a positive effect on the damaged brain, like

for people who have suffered a stroke. Vinpocetine helps drive production of ATP, an energy molecule. Who couldn't use a bit more brain energy?! Some fairly well-designed studies show that vinpocetine can help with poor night vision, glaucoma or macular degeneration. I think it is worth a try for people with some types of hearing loss, vertigo and Reynaud's.

Because vinpocetine is so adept at increasing circulation, it begs the question, "Can it improve blood flow to my ailing heart?" I think it can, but do approve this with your physician and cardiologist. Vinpocetine dilates blood vessels, and seems to decrease plaque formation.

I realize some of you will want to start vinpocetine, but please note that like all drugs, even the plant-based ones, there are risks. By increasing blood flow, vinpocetine will interact with all types of blood thinners including warfarin, clopidogrel (brand Plavix), Lovenox and heparin among others. I wouldn't combine vinpocetine with natural blood thinners either, including ginkgo biloba or ginger. If you are scheduled for dental work, or surgery, please stop the herb two weeks before your visit. Vinpocetine is generally well tolerated at lower doses (like 10 mg per day), but when you get into higher doses (10 mg three or four times daily) then you may begin to experience any of the following: Nausea, indigestion, insomnia, dizziness, hot flashes, dry mouth or headache. If you have any vascular or cardiac issues, please ask your doctor.

If your doctor approves of vinpocetine, buy it at any health food store. As I always say, "Start low!" So begin taking  $5\ \text{or}\ 10\ \text{mg}$  daily. Effects are often noticed the first week. You can always titrate to higher doses if you want to, over a few weeks. Most clinical research trials use about 10 mg three times daily, but again, dosing is very individual and should be customized to your personal medical history and drug

#### **DID YOU KNOW:**

The FDA just approved a new prescription blood thinner that will compete against Plavix and Coumadin. It's called

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. . dearpharmacist.com.☆

#### Got A Problem? Dr. Connie Is In



by Constance Clancv

Q: I am one of those adults who experiences sleep difficulties. I don't want to take drugs, and I have tried listening to relaxation tapes. Do you have any other suggestions?

A: The fact that you want to sleep using natural methods is definitely workable. The amount of sleep you need varies on several factors, from age to diet to meditation. Nevertheless, sleep experts generally agree that seven to nine hours per day is most effective for an average adult (although some people may require more or less). In working with many adults over the years, I have

found the following methods to be most

1. Establish a regular bedtime routine such as going to bed approximately the same time every night and waking up the same time every morning.

2. Create an environment that is conducive to effective sleep patterns such as dark, quiet, comfortable, and cool conditions.

3. Use your bedroom only for sleep and lovemaking. No TV.

4. Do not eat anything two to three hours prior to your bedtime.

5. Avoid drinking caffeine and alcohol close to bedtime.

Although you mentioned that the relaxation tapes did not help, perhaps you could vary them and see if one works better for you. I would recommend Bellruth Naparstak's Healthful Sleep CD. www.healthjourneys.com.

Dr. Clancy is a licensed mental health therapist, certified hypnotherapist, life coach, author and public speaker. You may email Dr. Connie at connie@drconstance.com.

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  - $oxedsymbol{oxed}$  Have you hit your head on a cabinet door while open?
  - Is it difficult to see beside you without turning your head left or right?
  - Do your eyelids close while you are reading?
  - When you play tennis, do you have trouble serving?
  - Do your eyelids feel heavy?



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#### Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

#### Dear Mom & Me,

Please tell me why some seniors still fall for the financial scams of the telemarketers. It seems to me that advice is given to avoid these scams in all of the news-



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papers, magazines and on television and it still keeps happening. Please help me understand this behavior.

#### Dear Verna,

The criminal elements that operate these telemarketing scams are very experienced and know their trade very well. They absolutely have no conscience and will convince vulnerable seniors to voluntarily turn over their hard-earned nest

The seniors are probably lonely, depressed, may not read newspapers or discuss their problems with others. Some seniors may have some mental impairment and really need to have their financial assets protected by a professional legal advisor.

#### Dear Verna,

Telemarketers and scam artists are so darn good at what they do and so plentiful, unfortunately many people can get caught in their webs, young and old alike. Telemarketers and scam artists have a knack of exploiting needs and vulnerabilities. Combine that with an individual experiencing some cognitive or mood changes, and that is a recipe for exploitation. In our area, the attorney general's office is an invaluable resource to assist individuals who have been exploited. If you have been or know someone who has been exploited, call your local attorney general's office for assistance.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

#### Red Cross Recruiting Disaster Action Team (DAT) Volunteers

n a typical year, the Red Cross responds to 150 single-family fires in our region. Immediate assistance is provided to these families, no matter the time of day, by well-trained community volunteers. "DAT" members,

or Disaster Action Team members, provide these services and are an integral part in how the Red Cross plays out its humanitarian mission across Southwest Florida every day.

Regionally, the Red Cross has more than 500 certified volunteers. However, there is an increasing need to strengthen the number of DAT volunteers.



Disaster Action Team volunteers help people at some of the worst times in their lives

"It's the most

rewarding thing you'll likely ever do," said Carlene Sharples, disaster chair for the Lee County Red Cross. "You're helping people at one of the worst times in their lives.

DAT teams work on-call in shifts. Typical shifts are 12 or 24 hours, though DAT leaders work carefully to consider individuals' schedules. These volunteers must be able to work directly with people following disasters, be at least 18 years old and have a valid driver's license. Standard Red Cross volunteer courses are required and specialized training courses are provided for DAT members.

If you are interested in becoming a DAT volunteer for the Red Cross in Collier County, contact Andy Jerant or Donna Barineau at 596-6868. In Lee County, contact John Cain or Carlene Sharples at 278-3401.

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by Dr. Dave . Hepburn

**T**ou have to!' "No, Janelle, we don't!!"

"Look, you want our advice or not. For Wisequacks to play in this century you have to tweet.

And so we were dragged, kicking and streaming, into the 140 keystroke world of Twitter. We've now got a skookum website and some rockin' YouTubes. We podcast like Orcas and are twittering away on tweeter these days to say nothing of

time, or whatever.

Dr. Rob Sealey and I now have four good tweets a week and we feel better for it. It's a load off our minds to be able to bring to you the medical headlines from across the planet and summarize them in 140 strokes, complete with insightful, detailed commentary. Some of them may cause you to change your life, others may cause you to change your Fruit of the Looms.

being completely bookfaced most of the

 An exciting new vaccine appears to cure prostate cancer in mice! Next step is to test on rats, then lawyers, baboons

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• Peppermint is superb for gut aches and spasms but can aggravate anal itchiness. Thinking of branding a pepper-

mint drug, "Scratch and Wind."

• New study shows men with ED have very high incidence of sleep apnea. Guess the only breath they're taking away these days... is their own.

 Latest medical news reveals that drinking coffee may reduce prostate cancer risk... apparently Starbucks is already marketing the Prostalatte

 Recent medical journal headline: "Heavy cell phone use might raise risk of brain tumours." Glad my cell phone only weighs 3 ounces.

 Study shows that exercising only one hour per week reduces the incidence of colonic polyps. Get a runner's high, avoid a high colonic.

• A new study reveals that motivational text messages will help smokers to quit... especially if they're from the coroner.

• Those with rheumatoid arthritis found to be predisposed to have COPD (emphysema/bronchitis), proving smoking joints does cause lung disease.

 Study shows that hard short interval exercise is much healthier than endurance exercise. Doesn't mean an interval of every three years.

• A recent study revealed that too much sex could cause a cerebral hemorrhage... another good reason to get married.

 Actual headline in April Archives of Surgery: "Hungover Surgeons (redundant?) Make More Mistakes." What's next? Life found to be terminal?

• Talking about parasites and worms on our appetizing radio show. On a similar note there is a election debate in my town today...

 Research shows survival of a heart attack is highest in a gym than anywhere else. Maybe the fear of being seen dead in Spandex?

• Canadian researchers show that pregnancy is safe for women with MS. Safer for women with MRS

• Study shows that gambling on computers is leading to some serious addiction problems. I gambled on a PC and lost.

• As doctors, we always have to attend courses to update our skills... today's course is Bear Mountain Golf

• 10 grams of soluble fiber/day is the key to trimming bad internal (visceral) fat. Bad fat is the key to trimming longevity problems.

• Had a great interview today with the remarkable Bif Naked and like the mature MDs we are, we resisted all naked jokes. We focused on Biffys.

• More and more conditions are proving to be genetic. Even the ability to have kids is hereditary; if your parents didn't, you probably won't.

 Now an amazing study that flossing actually prevents pancreatic cancer, one of the nastiest of all tumors. Well, there goes my hockey team.

So if you want be twitterified then go to wisequacks.org and click the twitterpate thing and we'd be glad to send them to you. If not, we'll send Janelle after you.

Like the column? You'll love the book the Doctor is In(sane), available at Sanibel Island Bookshop. Contact Dr. Dave or read more at www. wisequacks.org.☆

From page 40

#### School Smart

• Ensure that they follow their coach's rules for safety and the rules of the sport.

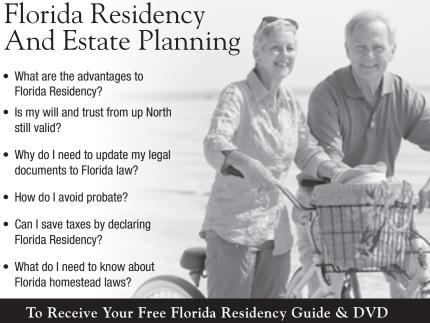
• Encourage them to practice good sportsmanship at all times

• Make sure they wear the right protective equipment for their activity (such as helmets, padding, shin guards, and eye and mouth guards). Protective equipment should fit properly, be well maintained, and be worn consistently and correctly. Learn the signs and symptoms of a concussion.

The CDC has created some excellent free tools for youth and high school sports coaches, parents, athletes, and health care professionals that provide important information on preventing, recognizing, and responding to a concussion. Visit them at www.cdc.gov/concussion/ for additional information.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.





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#### Around The Islands



The old fireplace makes a fine feature at Tower Gallery

The Stone Crab - A Shrimp & Seafood House features Danny Morgan and Friends on Wednesdays and Fridays and Buckeye Ken Saturdays. Live entertainment is from 8 to 11 p.m. The Stone Crab is at 2761 West Gulf Drive, Sanibel, phone 472-

RC Otter's, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and outside, phone 395-1142.

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The Mucky Duck has live entertainment Monday through Saturday nights on the patio. The restaurant is at 11546 Andy Rosse Lane, Captiva.

Restaurant owners/managers, please e-mail or fax your entertainment schedule to Anne Mitchell at islandsuncity@aol.com or 395-2299.

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5. Books added on counter. 6. Man's hat is different. Differences: 1. Sign added to wall. 2. No bow on girl's head-band. 3. Boy's hat is different. 4. Boy's shirt has stripe.

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you a lot better since your kid sister let me read your diary!"

#### SCRAMBLERS ascramble the fercers — this each recomple to form four ordinary —olds Then mange the boxed letters to form the myrsery word, which = 2 complete the gagi Cavort FLICOR Pour m DRAWNE Rejected NURPS -Cinoffe WEAKAN TODAY'S WORD

7				3	4		1	
	6			8		5		
		3	2					7
8			7		6	1		
	7		8				4	
		5		9				8
	9				8		6	1
3				4				2
		2	5			8		

#### SUDOKU

answer on page 51

#### To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 51

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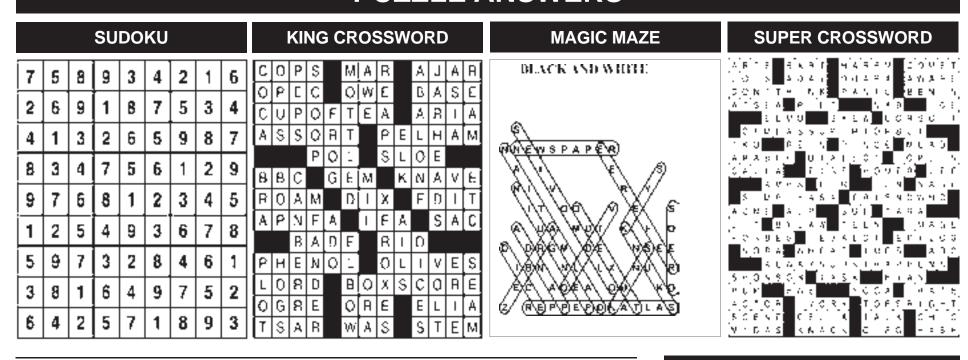
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**₩NS 8/12 CC 8/19** 

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**☆**RS 8/12 NC 9/2

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Pfeifer Realty Group Sanibel Island, FL

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#RS 6/17 BM TFN

#### **GREAT INVESTMENT!**



Straight Sale, not a short sale or foreclosure. Close to both Sanibel and Fort Myers Beach. New paint, New Carpet, New Dishwasher, New microwave, Tile Lanai, New Bathroom Vanities and much more. Positive Cash Flow. Renter in Place.



\$89,500 Call Chris Potter at 239-233-2413 to see this property.

SanCap One Source Realty SR 7/30 N TFN

#### **CONDO FOR SALE**

Two bed/two bath unfurnished ground floor condo, close to Sanibel and Fort Myers Beach, \$89,500. Call 851-3506

SR 10/9 N TFN

#### **REAL ESTATE**

#### INVESTMENT GRADE

Owner Financing Complete 2011 Renovation Walk to beach neighborhood. 2BR 1 BA format for your next phase of expansion/pool 70'x150'. 721 Cardium Street, Sanibel. Cash fee for introducing parties. \$349K Call 630-415-5125

#RS 8/12 CC TEN

#### FOR SALE - TRAILER

Periwinkle Park - 30' Trailer with attached 20'x10' screen room, furnished, cozy and clean, appliances, garden area, Internet/ cable, storage sheds, paver parking. 727-207-5787. Paradise!

#### FOR SALE BY OWNER 2008 MOBILE HOME

AT PERIWINKLE PARK

1 Bed room new queen bed. LR with sofa bed, kitchen, refrigerator ice maker, dinning area, Bosch washer dryer, dishwasher. Trane A/C with Pro 4000 programmable thermostat. Full tile floors. Full vinyl deck. Pavers. Oodles of space. Hurricane sun & window protection film. Home in ex. cond. Much more, too numerous to mention. Priced at \$89,400. Ground rent \$5,800/yr. 239-209-1869 or Dorisdavenport@hotmail.com.

#### **VACATION RENTAL**

#### **NEAR BEACH PRIVATE HOME** 3 BEDROOM, 2 BATH

3 bedroom, 2 bath Home with heated pool, in quiet Sanibel neighborhood. Seasonal and monthly rentals. 239-472-0692 or www.4sanibel.com.

#### WALK TO BEACH

Adorable 2 bedroom,1 bath. East End of Sanibel, 1/2 of duplex. Clean, bright & Great Rates! Call Bob 410-692-0200.

#RR 1/14 CC TFN

#### **Island Vacations**

Of Sanibel & Captiva Million \$ Views Await You!

• Cottages • Condos • Homes • Miles of Beaches & Bike Paths 239-472-7277

1-888-451-7277

S 10/9 B TFN

#### **VACATION WEEK**

Deeded beach front Sanibel vacation week at Tortuga Beach Club. 2 bed 2 bath with elevator access. The best maintained and managed complex on the island. Week 32 (12-19 August 2011). \$7,500. Call Skip Breese, owner, agent, Hoyt C Murphy Inc. 772-342-2641

#NR 8/12 CC 8/12

#### ANNUAL/SEASONAL

#### WALK TO BEACH

1 BR/BA. Female - non smoker. Share house. \$500/month includes utilities. One small pet okay. 239-699-8741. \*\*RS 8/5 BM TFN

#### **RENTAL WANTED**

#### ANNUAL RENTAL WANTED

Mature couple (and one housecat) seeking 2 bd., 2 bath Sanibel home for annual rental. Approx. \$1,100 - \$1,200 monthly. Excellent local references. Both work on island (VIP and Sanctuary Golf). 239-233-1067

#### ANNUAL HOME RENTAL NEEDED

Sanibel Family seeks Nice Annual Rental. 3+ Bedrooms, 2+ Bathrooms, Unfurnished Landlord Foreclosure must move by 9/1/11. For Sale Properties Welcomed. Call Kerry 239-222-6669

#### **NEAR SANIBEL**

Looking for 1bed-1bath unfurnished for single mature female. Can afford \$700 a month. Have impeccable references. Very clean and quiet. Can move at anytime. Please call 425-647-3897

#### ANNUAL RENTAL

#### PROPERTIES AVAILABLE

For a complete list visit our Website www.remax-oftheislands.com Call Dustyn Corace, RE/MAX of the Islands 239-472-2311 RS 10/9 B TFN

#### THE DUNES IN SANIBEL

Well kept 3/2 Home \$1,700/mo + util. F or UF. Great for families or couple looking to spend winter season on Sanibel. 7 mo. min lease. No smoking. Prefer no pets. Janet 239-395-1718

#### AVOID TRAFFIC

1024 S. Yachtsman Drive, Sanibel. East end home, 3bdr, 2bath, unfurnished. Available for annual rental starting Sept 1st. For more info. call Evonne @ 574-220-8491

#NR 8/12 CC 8/19

#### **ANNUAL RENTAL**

#### **ANNUAL RENTALS SANIBEL**

Dunes, 3/2.5 UF townhouse \$1,700/mo. Canal Home, 3/2/den/pool/dock/just off Island \$2,300/mo.

Piling home, 2/2 remodeled, UF, w/d, beach access \$1,450/mo.

Dunes, Lake Front, 4BR + / 4BA \$3,000/mo.

Duplex, 2/1 UF, remodeled, walk to beach. \$900/mo.

#### 472-6747

Gulf Beach Properties, Inc.

Paul H. Zimmerman, Broker/Owner Serving The Islands Rental Needs Since 1975

#### #RS 8/12 BM TFN

2BR/2BA, 2nd floor, end unit w/lanai. Very clean & bright. Pool & tennis. No smoking, no pets. \$800 per month 239-851-4921 or 887-0834.

**CLOSE TO SANIBEL & FM BEACH** 

**☆**NR 8/12 CC 9/2

#### ANNUAL RENTAL APT

1 Bedroom - 1 Bath, 2nd floor apartment East End of Sanibel. Call 239-472-0121. Cell 239-410-2553.

#NS 8/12 PC 9/2

#### **SUNSETS YEAR ROUND**

Free boat slip. Downtown Fort Myers. Beautiful spacious 1/1, balcony, w/d. \$725. 239-207-5867 **☆NR 8/12 CC 8/19** 

#### CAPE CORAL. BEAUTIFUL

3/2 -\$750, 2/2 \$675. Pool, spacious, laundry in unit, water. Close to midpoint and Del Prado. 239-207-5867

#NR 8/12 CC 8/19

TO PLACE AN AD LOG ON:

www.islandsunnews.com

#### Pets Of The Week

uring Awesome August Adoptions, adopt a puppy for \$75 (regularly \$95), an adult dog for \$25 (regularly \$75), kittens for \$20\* (regularly \$75), adult cats for \$10\* (regularly \$50), and senior pets\*\* for free (regularly \$25)

\*Kittens and cats are always two-for-one.

\*\*Senior refers to six years and older

My name is Dahlia. I'm a two-vear-old black-and-whiteterrier mix and have already been spayed. I was a lost dog that was fortunately found but unfortunately my owners were not. The staff at the shelter felt I would benefit from going through the Cell Dog Program at the Lee County Sheriff's Office. I'm proud to say I have graduated and learned a lot about basic obedience and how to be a good dog. The volunteers here say I walk well on a leash, I'm well-behaved, and beautiful. What more could you want? You can adopt me for just \$25 during Awesome August Adoptions.



Dahlia, ID #500298



Sheila, ID #504003

My name is Sheila. I'm a domestic short hair cat – well, kitten, as I'm only eight months old. I'm black with a white spot on my chest. I'm a young and active kitten and I'm especially funny to watch when I pounce and play with my toys. Come to the shelter and visit all the cats and kittens up for adoption. You are sure to find one or two to match your lifestyle and personality – but I'm the cutest! You can adopt me for only \$20 during Awesome August Adoptions. Remember cats and kittens are always two-for-one. So you could adopt me and a playmate, too

two-for-one. So you could adopt me and a playmate, too.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\$



#### CALLING CARD 239-395-1213

Emergency911
Sanibel Police
Lee County Sheriff's Office
Fire Department
Sanibel
Florida Marine Patrol
Florida Highway Patrol
Poison Control1-800-282-3171
Chamber of Commerce
City of Sanibel
Administrative Office
Community Housing and Resources
Planning Department472-4136
Library   Sanibel
Captiva
Post Office
Sanibel
Sanibel (toll free)
Sanibel Community Association
Senior Center
ARTS
Art Leaves Of Fort Micro 275 2070
Art League Of Fort Myers
Broadway Palm Dinner Theatre
Fort Myers Symphonic Mastersingers472-0168
Gulf Coast Symphony
Naples Philharmonic
The Herb Strauss Schoolhouse Theater
Sanibel Music Festival
Sanibel-Captiva Art League
CLUBS & ORGANIZATIONS
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ABWA (American Business Women's Assoc.)       472-4499         or csimontacchi@earthlink.net         American Legion Post 123       472-9979         Angel Flight SE       1-877-4AN-ANGEL         Audubon Society       472-3156         Sanibel Bike Club       sanibelbicycleclub.org         Community Foundation of Sanibel-Captiva       274-5900
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## BEACH CHAIR PAST

Answers page 51

## Super Crossword

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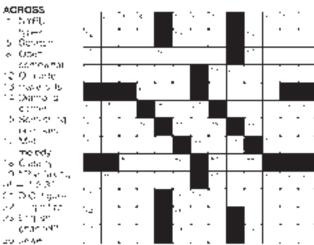
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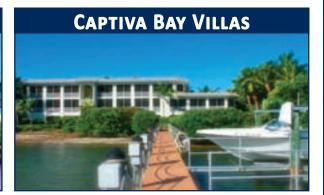
# **16730 CAPTIVA DRIVE**

5BR/4.5BA **Direct Gulf Front** Three Level Beach House **Picturesque Property** Offered at \$5,500,000 Contact LeAne Taylor Suarez 239.872.1632

#### **SEDGEMOOR OF SANIBEL**



3BR/3.5BA Panoramic Unobstructed Gulf Views Over \$200K in upgrades Never rented Offered at \$2,490,000 Contact Kim Herres 239.233.0252



3BR/3.5BA **Amazing Bay Views Fully Furnished** Minutes from Captiva Village Offered at \$2,295,000 Contact Jean Baer 239.691.9249

#### POINTE SANTO DE SANIBEL



3BR/2BA Direct Gulf Front Corner Unit Completely Remodeled **Great Investment Property** Offered at \$1,299,000 Contact Denise Chambre 239.247.2868

#### SOUTH SEAS ISLAND RESORT



Tennis Villas starting at \$235,000 Bayside Villas starting at \$299,000 Beach Villas starting at \$429,000 Beach Homes 15 priced at \$1,995,000 **Contact LeAne Taylor Suarez** 239.872.1632

#### PINE COVE OF SANIBEL



2BR/2BA with Den **Gulf Front** Prime Rental Property Over 1900 Square Feet Offered at \$1,150,000 Contact Jennifer Berry 239.910.8430

#### **KINGS CROWN**



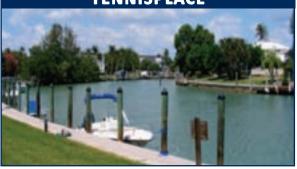
2BR/2BA **Gulf Front Complex** Fully Furnished Garden Apartment **Great Rental Unit** Offered at \$710,000 Contact Jennifer Berry 239.910.8430

#### 1290 PAR VIEW DRIVE



Impeccably maintained golf course home Elevated pool with southern exposure Walk to the Beach Offered at \$649,000 Contact Cindy Sitton 239.810.4772

#### **TENNISPLACE**



2BR/1.5BA **Great Canal Views Gulf Access Prime Rental Property** Offered at \$240,000 **Contact Kim Herres 239.233.0252** 

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