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VOL. 19, NO. 5 | SANIBEL & CAPTIVA ISLANDS, FLORIDA | JULY 29, 2011

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Golf Courses Work With City On Water Quality

by Anne Mitchell

The City of Sanibel has developed an annual "report card" for the island's three golf courses in an initiative designed to improve water quality.

The golf courses are The Sanctuary, Beachview and The Dunes.

According to a city report presented to the council July 19, stormwater runoff from urban landscapes and golf courses are a major source of nutrients contributing to algae blooms and water quality impairments in Florida. "Poor water quality not only impacts wildlife habitat and the quality of life for island residents, but it can directly impact our local economy by reducing property values and the overall experience of visitors to our island," the report states.

Vice Mayor Mick Denham said the idea for the report card came on the heels of the city's passing of a fertilizer ordinance. "We thought some of the water problems were emanating from the golf courses. We have no legal means of enforcing golf courses to do anything… but we asked them to be good citizens. They were all very helpful."

Denham said there have been a number of fish kills in the lakes.

Denham said The Sanctuary Golf Course, which scored high on the report card, "has done a magnificent job" and that its superintendent Kyle Sweet has been working with management of the other courses.

James Evans, city environmental biologist, who met with employees of each golf course to develop the plan, called it "a very good outreach program." He added, "We have a varying level of compliance but all have been very cooperative to address water quality issues."

He noted that some ways of improving water quality cost very little, such as "adding some plants."

The report card will provide feedback on progress towards implementing the city's recommendations. The report card uses a point system to evaluate each course's performance and to help track progress and guide implementation of the nutrient and lake management regulations.

City measures to improve water quality throughout the island include acquisition of environmentally sensitive lands, mangrove

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Island Hymn Sing

Join in for a night of singing some good old and new favorites on Sunday, July 31, at 6 p.m., at Sanibel Community Church. Performers include island soloist Nola Kilgore, Jamie and Bill Flack, plus piano/organ duets. Dr. John Danner of the Sanibel Congregational United Church of Christ will reacquaint the audience with Fanny Crosby and some of her hymns. The choir will help lead the hymns and present the Gaither favorite, *The King Is Coming*.

Bring the whole family. A baby nursery will be provided. Sanibel Community Church is at 1740 Periwinkle Way.☆

Cindy Ann Jones of Fort Myers took first place in last year's "Ding" Darling Days Amateur Nature Photography Contest with her *Sunset with Birds*

'Ding' Days Photo Contest Entries Sought

July marks the opening of the 24th annual "Ding" Darling Days Amateur Nature Photography Contest.

The contest, sponsored by the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) and held in conjunction with "Ding" Darling Days, October 16 to 22, honors the birthday of Jay Norwood "Ding" Darling, one of the foremost conservationists in American history. He was the driving force behind the eponymous J N "Ding" Darling National Wildlife Refuge.

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Kari Garber, center, met with the president of the Sanibel chapter of PEO Sherry Vartdal, left, and the continuing education grant chair Gwenda Hiett-Clements to receive her $3,000 grant

Sanibel Chapter Of PEO Awards Education Grant

The Sanibel chapter of the Philanthropic Educational Organization (PEO) has secured a Program for Continuing Education grant in the amount of $3,000 for Fort Myers resident Kari Garber, who is studying to become a registered nurse.

Garber is enrolled in Edison State College and was accepted into the advanced placement RN program in January. She has completed the first semester with a grade point average of 3.85 and plans to graduate in May 2012.

Garber currently works as a licensed practical nurse at Shell Point Retirement Community. One of the Sanibel PEO chapter founding members, Rachel Nottelmann, who resides there, recommended Garber for the scholarship.

Nottelmann said, "Kari is very deserving of this grant. She always has a smile for everyone and she is very caring and very skilled, just a wonderful person."

The grant will help pay for tuition, books, uniforms and other necessary clinical supplies.

Garber, a single mother of two boys said, "It will also be an immense help towards my child care costs while I'm attending school and doing my clinical work."

She said that she is motivated by wanting to grow personally, to achieve at a higher

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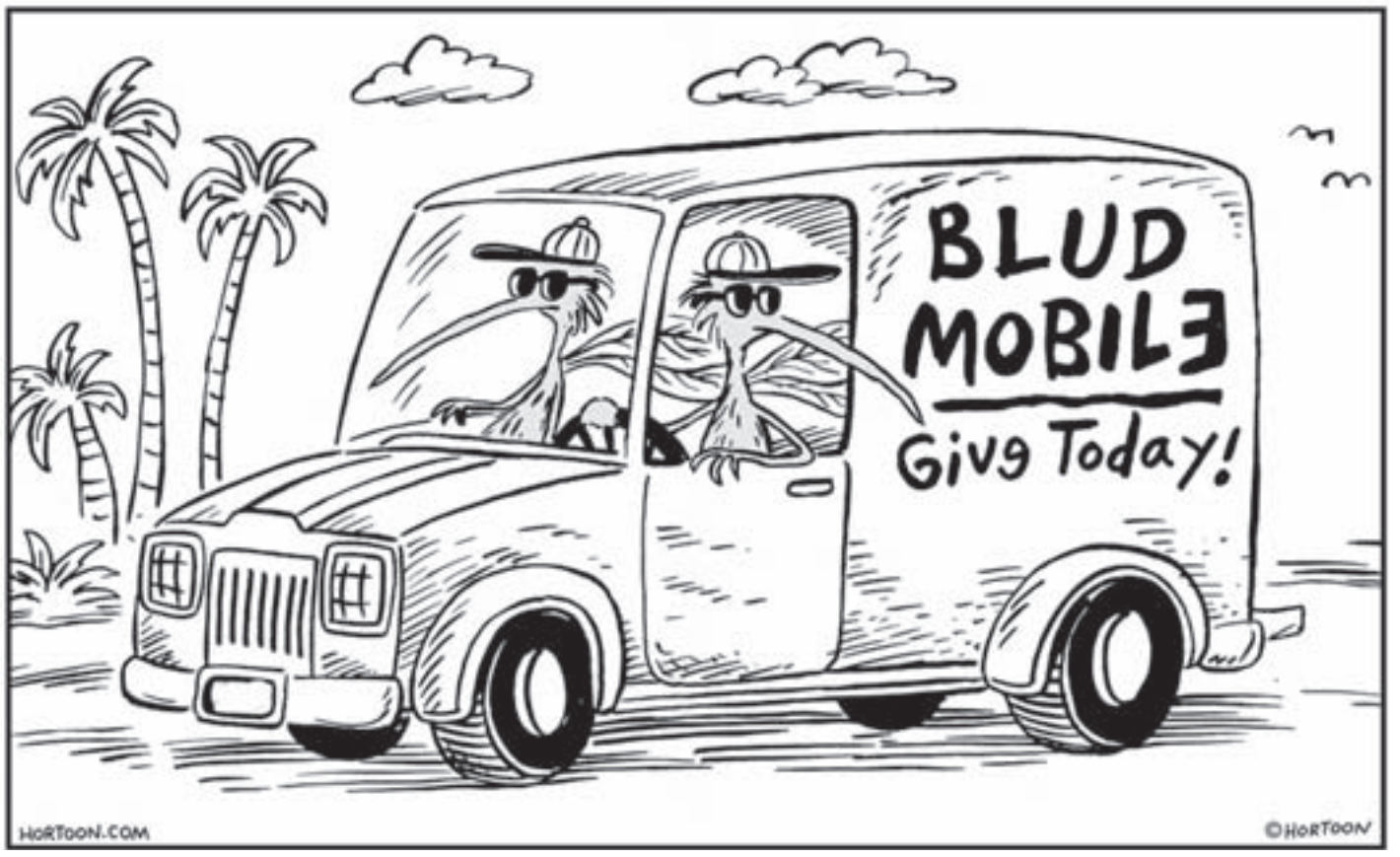
HORTOONS



American Legion Post 123 News

This Sunday, July 31, the American Legion Post 123 is serving pork pot roast with carrots, potatoes and dinner roll. Spaghetti and meatballs are on the menu for Sunday, August 7 from 1 to 8 p.m.

Nine Ball pool tournaments are played every Monday night starting at 6 p.m. This week's winners for match one were Kurt Geddes taking first and Joe Steamer taking second. Winner for match two was Joe Steamer, with Jack Dalton in second. Way to go guys.

Texas hold 'em is played every Thursday night at 7 p.m. and Saturdays at 4:30 p.m. Players are welcome. Every Friday the Legion serves a six-ounce ribeye steak sandwich all day. Known for the best cheeseburger on the island, stop by and try one of the half-pound burgers. Check out the daily specials and the entire menu. Food is served all day, every day. The public is welcome.

American Legion Post 123 is open Monday through Saturday, 11 a.m. to 9 p.m. and Sunday, noon to 9 p.m., located at mile marker 3 on Sanibel-Captiva Road. For more information call 472-9979.☼

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Sanibel Historical Museum To Close For Summer

The Sanibel Historical Museum and Village will close on Saturday, August 6 for the remainder of the summer and into early fall. The museum will re-open on Wednesday, November 2 and resume a Wednesday through Saturday schedule from 10 a.m. to 4 p.m.

According to Museum Manager Carol Zell, the traditional three months when the museum is closed to the public affords an opportunity to make any needed repairs, repaint and spruce up the village grounds. Museum volunteers also use the break to prepare next season's exhibits and plan special events. Hurricane shutters go up on all the windows until the week before re-opening. "The Village is quiet, but we are working behind the scenes to get ready for our re-opening and next season," said Zell. "Our visitors may look forward to a continuing array of exhibits in each of our seven historic buildings and a special docent-led tour of the historical village at 11 a.m. on each day we are open. Our goal for this next year is to continue to enhance our visitors' experience, while keeping our admission price for adults at $5. Children and members will continue to be free."

The Sanibel Historical Museum and Village is located at 950 Dunlop Road (next to BIG ARTS). The village is handicap accessible. For further information, visit the website at www.sanibelmuseum.org or call 472-4648 during business hours. ✰

Following a new coat of white paint, the one-room, old 1896 School House stands proudly, anchoring a corner of the Sanibel Historical Museum and Village

Event coordinator Carol Rothman, center, with START members and planning committee, from left: Les Boyle, Henry Nachtsheim, Kevin Vertesch and Ralph Woodring

Cracker Fest 2011 Planning Begins

Plans are already under way for the 3rd annual Cracker Fest to be held Friday, November 4. With its laid-back atmosphere, down-home cookin' and country music, Cracker Fest has fast become one of the island's most popular fall events – and all for a great cause. It benefits START (Solutions To Avoid Red Tide).

The local Sanibel-Captiva chapter is part of a statewide non-profit foundation whose mission is to improve the quality of our marine waters through research, public education and programs that restore marine habitat and preserve marine species.

Last year's Cracker Fest allowed the San-Cap START organization to provide funding for 30 Coastal Classrooms for Lee County schools.

"Revenue from this year's event will continue the vision by focusing on local water quality, the continuation of the Coastal Classroom project and to promote local sustainable seafood," said Kevin Vertesch, board treasurer.

"This event truly reflects our cultural heritage here in Florida," said board president, Bruce Neill.

The event, held behind the Bait Box, will feature smoked mullet caught and prepared by local START board member and island cracker Ralph Woodring; Dave's pit-roasted pig with all the trimmings provided by Bailey's General Store. Down-home spirits and music add to the cracker flavor of this one-of-a-kind event. Live and silent auctions will generate revenue for the local chapter of START. More than 300 guests attended last year's festivities.

Attendance is by reservation only. Tickets are $75 each. Event sponsorships are also available. For more information or to receive an invitation, call Carol Rothman at 699-3530 or email: crackerfest11@gmail.com.✰

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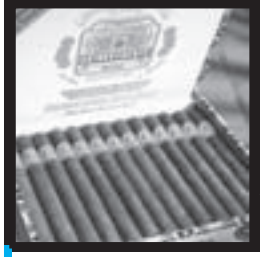
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Captiva Community Panel Meeting

The Captiva Community will hold its next monthly meeting on Tuesday, Aug. 9, beginning at 9 a.m. in the Wakefield Room at 'Tween Waters Inn, 15851 Captiva Drive. Among the items to be discussed:

• Update on the Lee Plan amendment on Captiva building heights (see below).

• Update on the Aug. 17 county planning meeting (see below).

• A Captiva Erosion Prevention District update.

• A hurricane preparedness update.

• Other business as necessary.

The public is invited and encouraged to attend. Contact panel administrator Ken Gooderham at kengooderham@gmail.com with any questions.

• County building heights workshop Aug. 17

As part of the transmittal hearing for the Lee Plan amendment on Captiva building heights (see below), county staff has scheduled a workshop to discuss the proposed height amendment prior to the adoption hearing in the fall. This session, which is open to the public, will be held on Wednesday, August 17, 9 to 10:30 a.m. at the Captiva Island Yacht Club, 15903 Captiva Drive. County planning staff is hosting the workshop and will be on hand to discuss and explain the proposed amendment. We encourage all interested Captivans to attend and participate.

• Captiva Erosion Prevention District to meet August 10

The next meeting of the Captiva Erosion Prevention District will be Wednesday, August 10, beginning at noon in the Wakefield Room at 'Tween Waters Inn.

• County commissioners transmit island building height amendment

At a June 13 hearing, the Lee County Commissioners voted 3-2 to transmit the Lee Plan amendment seeking to change how building heights are regulated on the island to the state for review. The proposed language allows property owners to build or rebuild under the least restrictive of the following options:

1) 35 feet above the average grade of the lot or 42 feet above mean sea level to the peak of the roof.

2) 28 feet above the lowest horizontal member at or below the lawful base flood elevation, measured to the mean level of the roof.

This amendment will be reviewed by state officials for its impact on "important state resources and facilities," and their report will be sent back to the county sometime in August. After that, commissioners will have 180 days to adopt or deny the amendment (with all the other pending Lee Plan amendments) at a public hearing expected to be scheduled in October.

Also at the June 13 hearing, county commissioners approved a plan for a number of parcels – including two lots on Buck Key controlled by the Sanibel-Captiva Conservation Foundation – to be designated as conservation lands on the Future Land Use Map.

• Galloway Captiva Tri planned for September 18

Some 500 athletes will take to the shores and streets of Captiva on Sunday, September 18, to participate in the inaugural Galloway Captiva Tri, have some fun and raise funds for local charity CCMI to help the needy in Lee County. Most of the activity will be based at South Seas Island Resort, but the bike portion of the three-sport race will run on Captiva Drive, which will restrict access to the road for a limited time (approximately 6:45 to 8:30 a.m.) Sunday morning. More details are available online at www.captivatri.org, including course maps, registration details (spaces are still available, and teams are welcome), volunteer opportunities and more.✯

Lee Republican Women Meeting

Lee Republican Women Federated will meet on Monday, August 8. Social hour begins at 5:15 p.m. with dinner and program to follow.

Speaker for the dinner meeting is David Mulicka, candidate for Florida State Representative District 75.

The meeting will be held at the Hilton Garden Inn-Fort Myers, 12601 University Drive. Cost is $20. For reservations call 432-9389 or email cindylignelli222@gmail.com.✯

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Church Expansion Gets Under Way

Workers set up the temporary offices at Sanibel Community Church Tuesday

by Anne Mitchell

A groundbreaking ceremony for the Sanibel Community Church's expansion project is scheduled for Tuesday, August 23 at 5 p.m.

On Tuesday, a temporary 60-by-24-foot modular building was being set up at the rear of the church to house parish administrators while the expansion is in progress. Construction barriers are already in place.

The project includes a 630-seat sanctuary to replace the 420 seats currently in use in two buildings. It also includes offices, media room, bookstore, cafe, garage and some remodeling of existing structures and 259 on-site parking spaces. The old chapel will remain.

The church sits on an 8.1-acre parcel at 1740 Periwinkle Way, next to Jerry's Foods. Church officials received a conditional use permit for the expansion from the city council in late June after several prolonged hearings before council and the planning commission.☼

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City Considers Fee Waiver For 'Innocent Buyers'

by Anne Mitchell

Relief may be in sight for people who purchase property that has unpermitted alterations and improvements that violate Sanibel's codes. Currently, owners have to pay a $2,850 fee for each variance application, even though they are not at fault.

The Sanibel City Council on July 19 voted to have staff prepare an amendment to the land development code to allow the fee to be waived. Council will consider the wording at its September meeting.

According to the city report, there are occasional instances when an innocent purchaser buys property on which the previous owner did unpermitted site alterations or site improvements in violation of the land development code.

Mayor Kevin Ruane, who raised the issue, said, "I had two Shell Harbor residents approach me. There was a situation that cost them $2,850 apiece. They were innocent bystanders."

Ruane added, "We want to encourage people to be in compliance. They want to be good citizens but they have to put up the money first and win, lose or draw, their money is at risk."

City Manager Judie Zimomra said there is a provision in the current code that permits a person to ask council for relief.

"It would allow us to be flexible and take into consideration unusual circumstances," she added.☼

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Published every Friday for the people and visitors of Sanibel and Captiva Islands. Distribution: 10,000 - 12,000 per week (seasonal).
Mailed free to Sanibel and Captiva residents every Friday.
Subscription prices: Third Class U.S. $50 one year, $25 six months (Allow 2-3 weeks for delivery). First Class U.S. $115 one year, six months $58 (Allow 3-5 days for delivery).
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Race For Trace 5K, KiddieK And Health Fair

Tracey Kleinpell, 46, a veteran cyclist and triathlete, was killed by a driver while cycling across the Sanibel Causeway in April. Kleinpell's husband, Gordon, was riding with her when a driver crossed the center line, resulting in Kleinpell's's tragic death.

Now a group called Race for Trace has a mission to honor Tracey raising funds for Florida Diabetes Camp through the Race for Trace 5K and KiddieK with Health Fair and Stage Show to take place August 6.

Florida Diabetes Camp provides a fun, safe, educational and diabetes-friendly camp environment for children with type-1 diabetes and their families where they can gain the confidence, skills and knowledge to achieve their full potential. Visit www.racefortrace.org for more information about Kleinpell and Florida Diabetes Camp. Each registered 5K participant will receive a wicking Tech T-shirt.

This new, fast course begins in the Sanibel Beach Place parking lot near BB&T Bank (across from Tanger Outlet on Summerlin Road). The course will run east on the access road and make a right turn onto John Morris Road, then on to Bunche Beach, turn around at the cul-de-sac, and then return back to the Publix parking lot. (This course does not take you onto the beach/sand.)

This event will be timed with the new ChronoTrack Bib Tag Technology, and will have a Chip Start and Finish. All awards are based on gun time.

The 5K race begins at 7 a.m., and the KiddieK begins after the 5K participants have all finished. There will also be a Zumba class after the race.

Pre-registration pricing for the 5K is available on or before August 5, and is $30 for adults and $15 for youths (18 and under). Race day registration for the 5K is $40 for all ages. The KiddieK is by donation only. All registrations are non-transferable & non refundable.

Tracey Kleinpell

Registration options:

1) Online at www.racefortrace.org until Friday, August 5, at 5 p.m.

2) In person at Packet Pickup on July 30, from 10 a.m. to 3 p.m. at Run Florida, 13101 McGregor Boulevard, Fort Myers, FL 33919; or

3) On race day at Sanibel Beach Place from 6 to 6:45 a.m.

Visit www.racefortrace.org for more information.☆

Seashell Trivia

by Bryan Henry

There are about 400 species of cone shells worldwide, 16 of which are found in Florida.

• Florida's state seashell, the horse conch, is the largest gastropod in North America.

• The world's largest cowrie is the Atlantic deer cowrie.

• The Shell Oil Company originally began as a novelty shop in London that sold seashells.

• Clam shells served as the first bowls and spoons used by primitive man.

• Whelks were used as weapons by Indians in Florida and have been found in many tribal burial grounds.

• The shells of mussels and other shells are used in making buttons.

• American Sioux Indians made necklaces of cowrie shells.

• The shells of coquina clams were used by Spaniards more than 300 years ago to build Castillo de San Marcos, a fort in St. Augustine.

• There are no fewer than 3,000 known species of seashells found in Florida.

• Strings of tusk shells were used as currency and jewelry by many North American Indian tribes.

Shellabration 2012 will mark the 75th Annual Sanibel Shell Fair and Show. Plans are under way for an island-wide celebration February 26 through March 4.☆

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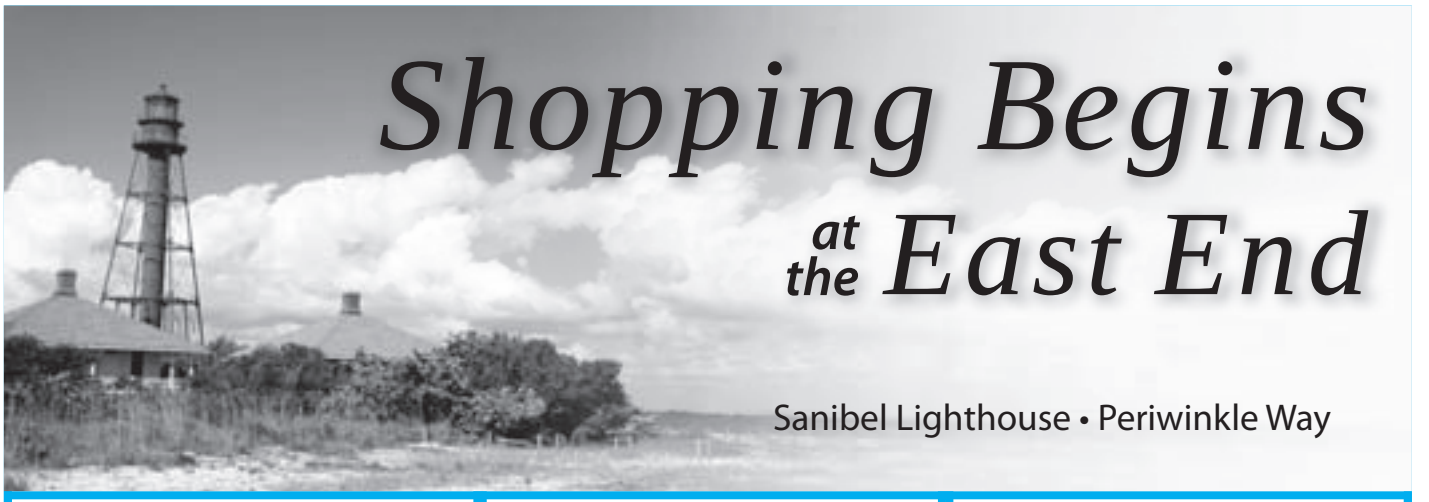

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Rotary Happenings

submitted by Shirley Jewell

Andrew Tetlow, museum curator of Koreshan State Historic Site in Estero, was Rotary's guest speaker last week. Koreshan has a diverse set of sites under its management: Mound Key, an archaeological state park; Koreshan State Historical Site; and Estero Bay Preserve State Park.

Tetlow went into the history of Mound Key, a 140-acre shell mound island. At its highest peak Mound Key reaches 30 feet above the waters of Estero Bay. The base of the island was originally a large sand bar and over a period of time the historic Calusa Indians created an island of middens from discarded seashells. This island of shell mounds and canals was perfectly located in Estero Bay and provided a great location for commerce and trade for the Calusas. Mound Key is believed by some to be the possible Capital of the Calusa Nation, a seat of power and ceremonial center, at least for a period of time.

Andy Tetlow, museum curator of Koreshan State Historic Site

In 1566, the Spanish governor of Florida established a settlement on the island with a fort and the first Jesuit mission in the Spanish New World. The settlement was abandoned three years later after violent clashes with the Indians. But the damage was done, the Spaniards had brought with them rats and diseases and soon the Calusa population was devastated by disease. After that, the island's canals were used by pirates and the island looted by privateers. Artifacts and important archaeological information of that time is hard to find, historical information may have receded into the shifting shell mounds, lost to extreme weather conditions, or just taken over the years.

Inhabitants on Mound Key were few and far between, although in the late 1800s, during the peak of the Korseshan Settlement in Estero, a small contingent of Cyrus Reed Tweed followers lived and farmed on the island.

Today this shell mound island, only accessible by boat, is a state park blanketed by a thick forest of native and exotic fauna and flora. A trail that spans the width of the island along with interpretive displays unfolds the story of the island's history. Remnants of Spanish cisterns and stone and wooden foundations remain on the island. Gopher tortoises, small mammals, raccoons, snakes, reptiles, birds and butterflies have found a home on Mound Key providing an interesting dilemma for archaeological study; animals will dig burrows or nests and disturb areas for future archeological findings. Tetlow said, "Mound Key presents a balancing act between cultural preservation and environmental protection."

In 1894 Cyrus Reed Teed (called Koresh), a religious pioneer of sorts, came to Southwest Florida to colonize an area of land on Estero Bay for his "New Jerusalem," a place for his faithful followers to practice Koreshanity. Koreshanity was a combination of religious and scientific beliefs that the entire universe existed within a giant, hollow sphere, that civilization did not live on the surface of the earth but within the center of the earth. Followers of this belief were called Koreshans and they came to Estero to form a utopian communal society called the Koreshan Unity.

Self-sufficiency, scientific-study, experimental theories were foremost in their thinking. Other beliefs were reincarnation, immortality, celibacy (although they did adopy children), collectivism/communal living, and a major interest in alchemy. Eventually their numbers dwindled and after the death of Teed in 1908 Koreshanity faded away with only a few members of the religion's followers able to continue with the teachings. They included the last joining member from Germany in 1940, Hedwig Michel. In 1961, the last four members deeded the land to the state. Today visitors can fish, picnic, boat, hike, camp and take guided tours throughout this magical place located on U.S. 41 at Corkscrew.

Also under the protection and management of the Koreshan State Historic Site is the Estero Bay Preserve State Park, the first aquatic preserve established in Florida. This is one of the most productive estuaries in the state. The bay is home to a variety of wildlife, including the bald eagle. The preserve protects the water, inlets, and islands along 10 miles of Estero Bay. Visitors can canoe or kayak in the bay or on the Estero River. Launch facilities are available at Koreshan State Historic Site and Lovers Key/Carl E. Johnson State Park.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday morning at Beachveiw Steakhouse & Tavern, 1100 Par View Drive. If you would like further information regarding the Sanibel Rotary or Rotary International, call 337-1099.

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Lions Club Has An $80,000+ Year

Helen Arnold, community outreach coordinator for Southeastern Guide Dogs, accepting a $10,000 check from Lion and past president Tom Hoover on February 16, one of several checks handed out by the local Lions Club totalling over $80,000

The Sanibel-Captiva Lions Club has announced that, in the financial year just ended, it has given more than $80,000 to various charities and charitable causes. This is a record for the club, easily exceeding any previous year.

The Lions have been dedicated to helping the less fortunate in their community since the club was founded on December 26, 1967. The proceeds from its fundraising events help support many charities including academic scholarships for handicapped students and programs for the visually impaired. In 2010, the club sponsored more than 18 different causes – staying true to its mission to serve.

The Lion's new president Rick Siders, following outgoing club President Tom Hoover, said, "We are all immensely proud that we have been able to have another successful year and that we can continue to support those who need our services the most. We cannot thank our community enough for helping us achieve our goals and allowing us to continue in our service."

Some of the charities and activities supported by the Lions are: Bailey's Scholarship Fund, Friends Who Care, Fish of Sanibel, sight-based projects and visually impaired individuals, handicap scholarships at Edison State College, Sanibel Recreation Center, Special Equestrians, LARC, Brightest Horizons Child Development Center, Conklin Center for the Blind, Florida, Guide Dogs for the Deaf, Southeastern Guide Dogs, Inc., Florida Lions Foundation for the Blind, Camp Thunderbird, Lions International Charity and other miscellaneous projects.

To make donations and to see a full list of causes and organizations supported by the Sanibel Captiva Lions Club, visit http://sanibelcaptivalions.org/fund_raising/contribute.html.✯

Rotary Inducts New Member

Joel Ospa, Doug Wright and Bob Guggino

Sanibel-Captiva Rotary Club President Joel Ospa and Rotarian Bob Guggino took part in the recent induction of the club's newest member, Doug Wright, master electrican for Union Mechanical of Fort Myers.✯

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See Who's Joining The Shellabration!

Shellabration 2012! is an island-wide, week long celebration of the Sanibel Shell Fair and Show, designed as a tribute to the island's shell bounty. The celebration will run from February 26 through March 4, with the shell fair and show running March 1 to 3 at The Community House.

Shellabrators from around the island are joining in on the excitement with events and promotions. Everybody is invited to participate. A calendar of events will be prepared and promoted in local and national publications.

Below is current list of Shellabrators!

• Amy's Something Special, 630 Tarpon Bay Road, is going to offer a 15 percent discount on locally made shell pendants wrapped in sterling silver.

• BIG ARTS will be participating with a shell-theme art exhibit in the Theater Lobby Gallery February 26 through March 4.

• Billy's Bike And Rentals, will be giving all customers (on-line and in-store) a raffle ticket for a chance to own a signed Shellabration poster designed by artist Pam Brodersen

• Sanibel Historical Museum will have several shell collections on display throughout Shellabration week inside the Rutland Home, Burnap Cottage, Morning Glories and the schoolhouse. In addition, there will also be a shell collection from Thomas Edison with a letter to authenticate it from Mina Edison.

• Great White Grill has created its own microbrew, Shellabraton Beer, to be available during Shellabration week.

• She Sells Sea Shells will be running two promotions during Shellabration week: 25 percent off craft supplies including wood and paper mache boxes and frames, many other paper and wood items, glue, glaze, glitter, glass jars and mirror backs; Sailor's Valentines priced at $275 will be reduced to $75.

• The Sanibel Public Library will have a shell book reading and fossil shell displays featuring 120 different species as old as 5 million years. Some of the shells are extinct and some are found at the beach today. The fossils are from the Burnt Store area is in North Fort Myers. For 10,000 years the area has been dry land. Before that, during the Pliocene and Pleistocene eras it was at times a shallow bay of what is now the Gulf of Mexico. When stockpiling this fill on the Library building site in the early 1990s, the material was observed to be full of marine fossils, evidence of the abundant life of the ancient sea.

• A Shellabration necklace will be offered for sale at various venues around the island. It will allow for creative additions to make each one as unique as its owner.

• Children's art, The children of the island will be invited to get involved by creating a special Shellabration! work of art.

• An attempt to break a Guiness Book of Worlds Records with the Sanibel Stoop will take place Friday, February 17.

• Opening Gala at Traditions, Sunday February 26.

• Fashion show luncheon at Sweet Melissa's featuring one of a kind shell adorned garments.

• 75th Shell Fair and Show, Thursday March 1 to Saturday March 3.

• Rusty Brown presents *In Celebration of Ann Morrow Lindbergh,* followed by a traditional ice cream social.

For more information on how you can Shellabrate, contact Billy Kirkland at 472-5848, Barb Harrington at 472-2783, or Jill Kobe at The Community House at 472-2155 or via email at jill@sanibelcommunityhouse.net.☆

CROW Picture Show

Injured gopher tortoise

The CROW Picture Show offers an insider's look at why critters come to CROW, and features photos of the wild animals who wind up there.

Last year, Clinic for the Rehabilitation of Wildlife, Southwest Florida's only wildlife hospital, cared for 4,111 sick, injured, and orphaned animals. Of the more than 200 different species, 54 percent were birds, 38 percent were mammals, and eight percent were reptiles/amphibians/invertebrates.

Due to restrictions imposed by governmental agencies, CROW cannot allow visitors to view patients in person. But in this 30-minute presentation visitors can see photos of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The CROW Picture Show is presented each Friday at 11 a.m. in the CROW Healing Winds Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission for adults is $5, teens, $3, and free for members and children 12 and under.

Admission includes the presentation, plus the opportunity to explore CROW's hands-on educational facility and become familiar with its efforts to save wildlife through compassion, care and education.

For more information, call 472-3644, ext. 231. To learn more about CROW, visit www.crowclinic.org.☆

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CARD OF THANKS

The Sanibel Independence Day Parade Committee wishes to thank the following groups, businesses, sponsors, donors, spectators, participants, volunteers and their families, friends, visitors, and many friendly folks for their outstanding assistance and support of the 2011 parade. Without your participation the 21st annual parade It's a Shellabration would not have achieved the status of being the biggest and best ever.

The Sanibel Independence Day Parade Committee was established in 1990 by the Sanibel & Captiva Association of Realtors. Since 1994 Friends of Don (Bissell family) have been carrying on the tradition to honor the USA, on Sanibel, on its birthday.

Thanks to:

Grand "Marshells" – Ann Arnoff representing Sanibel Shell Fair and Anne Joffe representing Sanibel Shell Show. Thanks again to everyone, you made the parade!

Major donors: Bank of the Islands, City of Sanibel and *Island Sun*.

Supporting organizations: Sanibel Police and Auxiliary Police, City of Sanibel Public Works Department, Lee County EMS, Lee County Sheriff's Department, Veolia, Bailey's General Store, Sanibel Recreation Department, Sanibel Fire Rescue District, Sanibel and Captiva, A+ Golf Carts. A big thank you goes out to Lee County Mosquito Control for spraying so we could enjoy the parade and the fireworks.

Parade route supervisors: Sanibel-Captiva Kiwanis Club, Dick Muench, Dave Bunch, Harvey Sugerman, and Keystone Cops Billy Kirkland, Ryan Schuetz, Rich DeCosta, Preston Schuetz, Darren Grotrian, and Bob Grief.

Judges: Vicki Ashton, Mary Bondurant, Kara "KC" Cuscaden and Martin Arnowitz.

Volunteers: Dakota and Colton Phillips, American Business Women's Association, Tammy Pufahl, Julie DeBord, Gayle Dehaan-Garland. Penny "The Tourist" and Richard Wildman, Bruce Cochrane.

Parade participants and spectators: There are just too many of you to mention in the 100-plus units that walked, biked, Segwayed, rode, drove, crawled and skipped down Periwinkle Way, and the thousands of you who saluted the flag, welcomed our grand marshals and cheered the entries and antics of the participants. You all have our heartfelt and endearing thanks and gratitude for your enthusiastic participation.

Our promise to you and all the citizens of Sanibel and Captiva is that we have already started to plan for an even bigger and better 22nd annual Independence Day Parade in 2012. See y'all next year!

If you have any suggestions for next year's parade or an idea for the parade theme, call Trish Phillips at 246-2981 or Lisa Newmeyer-Cochrane at 472-8875.

We are also looking for a marching band to participate in next year's parade. If you know of someone we can contact, please let us know.

Happily and gratefully,

Your 2011 Independence Day Parade Committee: Trish Bissell-Phillips, co-chair; Lisa Newmeyer-Cochrane, co-chair; KC Cuscaden, Mary Bondurant, Vicki Ashton, judges chairs; Billy Kirkland, Billy's Bikes; Rob Lisenbee, Bank of the Islands; Lorin Arundel, *Island Sun*.☼

Volunteer For The Pine Island Scallop Search

The Pine Island Sound Scallop Search will be held on Saturday, August 13 from 9 a.m. to 2 p.m.

Volunteers may join the University of Florida/Lee County Sea Grant Extension program and the Sanibel-Captiva Conservation Foundation by participating in this resource-monitoring program in which volunteers snorkel, looking for scallops in select areas within the sound.

The purpose is to monitor and document the health and status of the bay scallop population.

Up to 40 boats are needed with as many as 150 participants for the elusive bay scallop.

Large populations of bay scallops (*Argopecten irradians)* disappeared from Southwest Florida waters decades ago due in large part to degraded water quality, related declines in seagrass acreage, over-harvesting and other causes. Water quality and seagrasses have improved in many areas to levels that may once again support these important bivalves.

This event is modeled after the successful Great Bay Scallop Search conducted in Tampa Bay since 1993. Pine Island Sound's inaugural event was in 2010.

Reservations are required to participate in the event. Space is limited. Scallop searchers will meet at 9 a.m. at Pineland Marina, 13921 Waterfront Drive, Pineland, to receive survey equipment and instructions. Lunch will be provided upon return to shore and the reporting of information.

Needed are volunteers with shallow-draft boats. Bring a dive flag if you have one. Canoes and kayaks are also welcome, but sites are very limited. Personal watercraft (Jet Skis, SeaDoos, etc.) are not allowed in the search.

Let the organizers know how many additional people you can take aboard so you canbe paired with additional volunteer snorkelers.

Snorkelers without boats are welcome, however space is limited. They should bring mask, snorkel and gloves and be able to snorkel/swim 50 meters (about 150 feet) along the bottom; fins and weight belt are optional but suggested.

To sign up email Joy at hazellje@leegov.com or call the Lee County Sea Grant Extension office at 533-7518 ☼

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ABWA Meeting

The Sanibel-Captiva Chapter of the American Business Women's Association (ABWA) invites all members and guests to the monthly meeting on Tuesday, August 9. Networking begins at 5:30 p.m and the meeting begins at 6.

The August meeting will be at the Holiday Inn located on Middle Gulf Drive. This informal meeting will be a discussion of the results from the summer planning meetings regarding the monthly meeting presentations, fundraisers, subcommittees and any general thoughts about the chapter. Members are encouraged to bring their suggestions and ideas to this meeting. Input will determine the objectives and goals for the coming year.

To secure your reservation RSVP to Gayle DeHaan-Garland (godehaan@comcast.net/) or call 565-7872 by Friday, August 5.

ABWA, which meets on the second Tuesday of each month focuses on bringing together women of professional and business interests to provide opportunities for them to help themselves and others grow professionally through leadership, education, networking support and national recognition. All money raised is used to further the education of women through seminars, conferences and scholarships. For more information, contact membership chair Barbara Boulton at 472-2929.☼

Churches/ Temples

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Rev. Dr. Elias Bouboutsis
Orthros Service Sunday 9 a.m.
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www.orthodox-faith.com
481-2099

BAT YAM-TEMPLE OF THE ISLANDS:
The Reform Congregation of Bat Yam, Temple of the Islands, meets for Friday night services at 8 p.m. in the Fellowship Hall, of the United Congregational Church, 2050 Periwinkle Way, Sanibel.
Call Temple President Dr. Michael Raab, at 395-1432 for more information.

CAPTIVA CHAPEL BY THE SEA:
11580 Chapin Lane
The Rev. Thomas E. Nyman
November 14, 2010 thru April 24, 2011
Sunday 11 a.m., 472-1646

FIRST CHURCH OF CHRIST, SCIENTIST:
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SANIBEL COMMUNITY CHURCH:
Sanibel Community Church:
1740 Periwinkle Way, 472-2684
Dr. Daryl Donovan, Senior Pastor
Barb Nave, Associate Pastor
Tom Walsh, Youth Pastor
Sunday Worship Hours:
8 a.m. Traditional Service with Communion
9 a.m. Contemporary Service with Kids' Church
10:45 a.m. Traditional Service
Childcare available at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:
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The Reverend Deborah Kunkel, Associate Pastor
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ST. ISABEL CATHOLIC CHURCH:
3559 San-Cap Rd., 472-2763
Pastor: Rev. Christopher Senk,
Saturday Vigil Mass 5 p.m.
Sunday Mass 9:30 a.m June through September
Daily Mass Wed., Thurs., Friday at 8:30 a.m.
Communion Service Mon. and Tues. at 8:30 a.m. Confession first Saturday of the month 9 a.m. by appointment, Holy Days please call

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:
2304 Periwinkle Way between the Bean and Baileys 239-472-2173
Rev. Dr. Ellen Sloan, Rector
www.saintmichaels-sanibel.org
Worship Services: Saturdays at 5 p.m.
Sundays at 9:30 a.m.
Wednesdays at 9 a.m. and the first Wednesday of the month at 6 p.m. followed by Pot Luck supper
Morning Prayer: Tuesdays at 9 a.m.

UNITARIAN UNIVERSALISTS OF THE ISLANDS:
Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church
2050 Periwinkle Way at 7:30 p.m.
A pot luck is held at a member's home on the third Sunday of each month.
For more information call 433-4901 or email ryi139@aol.com.✰

Dinner And Movie Night Features *Narnia*

On Wednesday, August 3, at 6 p.m., Sanibel Community Church is hosting an island family dinner and movie night.

Following fish and chips, attendees will board C.S. Lewis's Dawn Treader for an exciting journey to *Narnia.*

An offering will be received for the meal and movie.

Sanibel Community Church is located at 1740 Periwinkle Way, (next to Jerry's Market). For more information call 472-2684.✰

From page 1

Education Grant

level, and, at the same time, be able to provide a secure future for herself and her family.

Continuing Education grants are awarded to women who are returning to school after an absence of two years or more. PEO also offers the Star Scholarship to graduating high school seniors who will be full or part-time students. There is also an educational loan fund for those within two years of completing their degree and additional higher education grants.

PEO's motto is "Women helping women reach for the stars." PEO was established in 1869 by seven women at Iowa Wesleyan College. Today it has almost a quarter of a million members in chapters in the United States and Canada. The Sanibel chapter was chartered in 1983.

To learn more, visit www.peointernational.org. Anyone interested in applying for or learning more about their eligibility for a loan or scholarship may contact Sanibel chapter President Sherry Vartdal at 472-1267.✰

Call For Artists

The Art League of Fort Myers extends a welcoming reminder to all regarding its Call for Artists for its juried national exhibition Cele-BRA-tion. Because this is a huge venue and the league wants to fill the Harborside Event Center with great art:

- Deadline for submissions of art is extended to August 10
- $1,000 for best of show and four awards of excellence at $250
- The artist shares 25 percent commission on the sale of art donated to the Susan G. Komen Breast Cancer Foundation
- 75 percent from sale of art paid to the artist
- Open Theme: Artist's painting does NOT have to be about breast cancer

See the Rules and Application form at www.artleagueoffortmyers.org.

The Cele-BRA-tion National Juried Exhibition will be on exhibit for the month of October at the Harborside Event Center in Fort Myers' downtown River District.✰

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Summer Camp Ends For Youngsters

Summer Camp Fun at the Children's Education Center ended last week. With weekly themes, the children were continuously busy with field day, making creative crafts, visits from Ms. Barb, Sanibel's librarian, cooking special weekly recipes and performing their own circus, Under the Big Top. A special guest, Robbie the Ringmaster, came and performed his magic show.

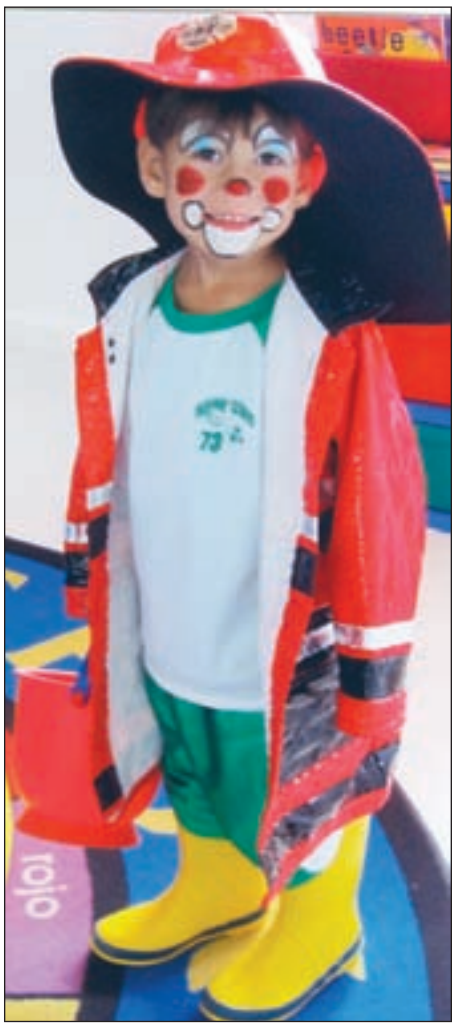
During All Those Animals Week, out came the puppets, jungle animals and farm animals. The children put on a pet show with their favorite plush animals. Of course, all the children received blue ribbons.

It all ended with a water play day and pizza on Friday.

The Children's Education Center's academic program will resume on August 8. The center follows the Lee County School District's calendar. There are still openings in all three age groups. The center is a VPK provider.

Call Director Jana Yates for enrollment information at 472-4538. CECI is celebrating 37 years of dedication to education.

Under the Big Top, Stella Clark, the Tattoed Lady and Ben LeJeune, the Tattood Man



Nikolas Bakos as a clown

Sean Sawicki as the circus ringmaster

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Mexican Train	Thurs.	12:30 p.m.

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Monday-Saturday
Phone # 239-395-1730

Sanibel Rental Service

Hours: 8am-5pm Monday-Saturday
Phone # 239-472-5777

Nave Plumbing Inc.

Showroom Hours: 8am-4pm
Monday-Friday
Phone # 239-472-1101

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Trip To The Middle Grounds

by Capt. Matt Mitchell

With business slowing down for the summer, I took off for a few days the beginning of last week and went and did what any fishing guide would do on his time off: I went fishing. A client of mine from Orlando had a cancellation on an annual trip to the middle grounds and had given me a call a few weeks before. I jumped right on it. Not since I was a kid had I been out fishing on a head boat.

The trip left from Hubbard's Marina in Riviera Beach, near St. Petersburg. The boat left Sunday afternoon and returned at 6 a.m. Tuesday. Due to another cancellation a few days before, I even got to take a buddy along. Although I have lived down here more than 30 years, I have never fished the middle grounds and have always wanted to. Packing a few rods, tackle, a change of clothes and a case of oysters, we headed on the two-hour drive.

The middle grounds is located roughly 70 to 100 miles west of Tampa and is legendary for bottom fishing action. This area has lots of hard bottom, springs and coral formations which really hold lots of fish. After reading up on what to expect, I was all smiles knowing I would not have to do anything but fish for the next few days.

After everyone loaded their stuff on board, we left the marina at John's Pass for the roughly a nine-hour run out to the first fishing spot. The 75-foot catamaran, *Florida Fisherman II,* is a big comfortable boat with a 28-foot beam, making for plenty of room for the 48 anglers aboard. Food and bunks are supplied on the trip and after a cheeseburger from the galley and rigging up my rods, I tried to catch a few hours sleep before we dropped down a bait.

About 12:30 a.m. we reached our first spot, a hump as the captain described it, that came up from 140 feet to 110 feet. As soon as the lines hit the bottom it was on, not what we were looking for, but non-stop sharks. The three- to four-foot sharks were tangling everyone up and the mates had their hands full. Thirty minutes into this we pulled anchor and moved a few miles.

Our catch from the trip

This next spot was hot with lots of big mangrove snapper up to eight pounds. It took me a little while to get the hang of the bite as we were using circle hooks with a 6-ounce weight to hit the bottom. Everyone around me was catching fish. After a few hours and a couple of decent mangrove snapper, the bite slowed and we moved.

At every stop, the bite was on. Mangrove snapper were the main fish being caught with a few red grouper and plenty of big gag grouper and amberjacks, which had to be released as season is closed on these two species.

We fished through the night until, a few hours after sun-up, the bite slowed as we had been told it would. Moving spot to spot we picked up a few fish here and there with almost always someone hooked up all the time.

At one point in the afternoon we had a few mahi mahi around the boat and a couple were even caught. The wide variety of species was really cool and included a few scamp grouper. Every time you dropped a bait you had no clue what kind of fish you would reel up next. My main goal on this trip was to catch a red snapper as this was the last day of red snapper season and I had never caught one before. Anglers on both sides of me had caught a few but for some reason I just could not get it done.

Just before sunset the captain had one more hump to fish that he said had been holding good numbers of red snapper. We caught red snapper one after another and I had my two-day limit of four in less than 15 minutes. Everyone on the boat caught the snapper for about 30 minutes until the bite quit. Making one more stop before we headed in, a few anglers got a few more red snapper along with the biggest one taken on the trip, which was right around the 15-pound mark.

This trip was a blast and I would suggest it to anyone. The captain, who is also the owner of the business, really has this long range overnight fishing down. His family has operated a charter boat for the last 40-plus years.

The only thing that was better than the trip was all the fish I gave away and the Red Snapper Oscar I made with king crab my first night home.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.☆

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsuncity@aol.com; or call Anne Mitchell at 395-1213.

Eco-Cruises And Junior Naturalists

Children can take part in the Junior Naturalist program

Captiva Cruises has introduced a new Eco-Cruise Expedition series. The Science at Sea Cruise will be one of five cruises included in the program. On this hands-on adventure, children and adults will be able to try their hands at marine biology. A trawling net will be used to observe and identify some of the unique inhabitants within our back bay waters, and information will be collected for the Sanibel-Captiva Conservation Foundation's (SCCF) ongoing water quality research.

The Eco-Cruise Expeditions will also include the Shoreline Discovery Cruise, which will travel to a secluded beach accessible only by boat to explore nature that often goes unnoticed, followed by lunch on North Captiva; the Beach & Shelling excursions to Cayo Costa State Park; the Dolphin & Wildlife Adventure Cruise with SCCF; and the Night Sky Astronomy Cruise.

Children can take part in Captiva Cruises Junior Naturalist program. Upon completion of two of these designated Eco-Cruise Expeditions, participants will receive a Captiva Cruises Junior Naturalist certificate. After their first adventure, children ages two to 14 will receive a $5 off coupon towards the second Eco-Cruise Expedition.

Captiva Cruises also offers lunch cruises to Cabbage Key and Useppa Island, Boca Grande Sailing Adventures and sunset cruises. Additional information and reservations for any of Captiva Cruises' tours and programs may be obtained by calling Captiva Cruises at 472-5300.☆

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CROW Case Of The Week:

Rounds

by Emilie Alfino

Every morning at around 9:30, CROW staff, students and volunteers – in fact, anyone who is interested is welcome – stop what they are doing and head to the second floor of the clinic for rounds.

"Rounds is, in part, a time to go over whatever anybody wants to talk about, whether it's a particular case, disease processes, radiographs, and sometimes we have to do some housekeeping," explained Dr. Amber McNamara. "Primarily, though, rounds is a teaching tool. Sometimes we spend the whole time teaching. It's a time when the students are all together and even though they're obviously learning as they go every day, hopefully during rounds they can ask questions or bring up topics they want to know more about. Rounds is their time."

When people hear "rounds" in relation to a health facility, they likely expect it to be a doctor visiting his or her patients at bedside. "We can't do rounds the way doctors do in hospitals," Dr. Amber explained, "because a whole group of people standing at an animal's cage would be too high-stress – but we can talk about them."

Interestingly, in certain circumstances and for the same reasons, that's changing in some human situations, too. In some hospitals with ACE (Acute Care for Elders) wards, rounds take place in a conference room where one by one, health professionals talk about the patients. Each team member – doctors, nurses, rehabilitation therapists – might add some observation or clarify some fact. The reason is the same one Dr. Amber gave: an entire team of people at a patient's bedside would be invasive, intimidating or frightening to the patient.

From left: Jessica Brugler, DVM; Zachary Johnson; Dr. Amber McNamara; Lesley Swisher; and Shion Kremer

Is this an improved way of doing things common to the animal and human worlds?

On rounds this day, it was someone's request to talk about herbs and how they do different things for healing. It was a full half-hour of teaching.

Dr. Amber explained the use of Chinese and western herbs. The Chinese herbs are available only by veterinary prescription, while western herbs are made for human consumption and available at health food stores. In addition, Chinese herbs are used in conjunction with acupuncture. Dr. Amber referred students to the *Chinese Veterinary Herbal Handbook*, by Huisheng Xie, DVM. For a more reader-friendly option, she suggested *Four Paws, Five Directions: A Guide to Chinese Medicine for Cats and Dogs*, by Cheryl Schwartz, DVM.

Western herbs include yarrow and peppermint, which are used for digestive problems; St. John's Wort, which is used for nerve injuries; eye bright, which helps bring blood flow to the back of the eye; liver detox, which includes milk thistle and dandelion and does exactly what it says: helps detoxify the liver. Calendula is topical and used for skin wounds; it's both soothing and healing. There are many more; those are just a few. These herbs can be supported with vitamins and pain medications as needed.

Dr. Amber went to the Chi Institute in Reddick, Florida, which teaches traditional Chinese veterinary medicine, and took Introduction to Small Animal Acupuncture in 2007; she also took two herbal courses online. She is now a certified veterinary acupuncturist. Through her experience, she has discovered that herbs seem to be particularly effective with trauma, and that gopher tortoises seem very receptive to acupuncture.

"I hope rounds is fun for the students and not just me going on about things," said Dr. Amber. "It's one of the two points of this job that I love: helping the animals and teaching the students and volunteers. Usually rounds is just a half hour out of the day and it's a chance for the students to take a break and maybe learn something too."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a nonprofit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Snowy And Wilson's Plover Nesting Update

by Joel Caouette, SCCF Biologist

Snowy plover nesting season has come to a close, with a final count of 12 fledglings. Last year, there were only seven but the counts have been closer to 20 in previous years.

This year, SCCF (Sanibel-Captiva Conservation Foundation) is also monitoring Wilson's plover nests and there have been two nests, with a total of six fledglings.

Learn more about these nesting shorebirds at SCCF's Snowy Plovers program, offered on August 4 at 10 a.m.

SCCF monitors the summer nesting seasons of snowy plovers, Wilson's plover and sea turtles.

Snowy plover mother and chick photo by SCCF

Fish Caught

Christopher Combs with one of his snook

As a result of Dad's prowess with a casting net, Christopher Combs, grandson of Judy Hicks of Lake Murex, had more than enough pilchards for fishing. In the late afternoon on July 14, just in front of the Blue Dolphin on West Gulf Drive, Christopher successfully caught and released five snook. It was a grand fishing day. Unfortunately, it was also the last day of the family vacation. They cannot wait for next year!

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Dolphin Daze

Students at Sanibel Sea School's summer camp recently studied dolphins. Did you know that a female dolphin born under the Sanibel Causeway may live for 25 years and never venture more than 15 or 20 miles from the causeway? Pretty amazing, but female Atlantic bottlenose dolphins have perfected the art of blooming where they are planted – wouldn't it be great if everyone could do that?

During camp week, students studied how dolphins use biosonar – echolocation to "see" the world around them. Dolphins produce sound waves with the assistance of the melon, a fatty organ located in their foreheads that is believed to help them focus the sound waves used for echolocation. The shape of the large rounded forehead of dolphins comes from the underlying melon gland. To demonstrate how echolocation works, students and counselors had a rousing game of "echo location," Sanibel Sea School's rendition of Marco Polo, only where the one who is "it" wears a blacked-out snorkeling mask and thus cannot peak.

Campers also learned that dolphins have voices apart from their echolocation. They use their voices to produce a variety of clicks and whistles through which they communicate with one another. Each dolphin has a signature voice used to distinguish individuals in their social groups – these social groups are called pods. Back in camp, the kids made drums from cast off large food cans and saw how each of them could create a signature voice distinguishable from the others in the pod.

With drums at hand, next came a drumming circle and talk about the difference between noise and music, but it was unclear whether the group succeeded at the latter rather than the former.

Students spent time learning to throw a cast net and gained a better appreciation for the challenges dolphins face to capture their daily ration of nearly 25 pounds of fish. The group played cooperative hunting games, frolicked in the warm gulf waters and pretended to be dolphins while learning to surf – dolphins are perhaps the world's best surfers.

Sanibel Marina donated a fun-filled cruise on the Stars and Stripes for all of the campers, where they were treated to the spectacular sight of dolphins surfing in the wake. It was a great way to have a close encounter of the dolphin kind.

Sanibel Sea School and its students are grateful to the many people who help create life-long ocean experiences and memories at the school. Bailey's quenches their thirst with an unending supply of ice, and the Island Cow provides hamburgers and hot dogs for Friday cookouts. The Bait Box donates nets, expertise and

A lot of happy faces as Frank Kolencik pushes off: Katherine Fernandez, Molly Chase and Samantha Sette prepare to canoe San Carlos Bay

An underwater scavenger hunt. Dozens of sea treasures were on the list, and the students found them all

Deanna Craig continues the time-honored island tradition of learning how to cast net

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Brigitte Wodrich and Cole King hunt cooperatively to capture counselor Brendan Schaffer

Emmaline Risley and Oleana Leshchyshen are anxious to see what they'll discover seining

Katie Gould, Deanna Craig and Olivia Freika marvel over a lizard fish caught in a cast net

We think we came up with the best aerobic workout ever when we played Capture the Fish!

Sydney Rubenstein and Eva Holly take a break from snorkeling to pose for the camera

island skills to programs. The Sanibel Community House hosts milk and cookies on Friday afternoons where we share the week of fun with parents and grandparents.

Sanibel Sea School is a Sanibel-based nonprofit foundation that envisions a world where all people value, understand and care for the ocean. Share its vision by visiting sanibelseashool.org.☆

Dolphin Cruise aboard the Stars & Stripes was a great way to reinforce all of the things students learned about bottlenose dolphin throughout the week

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Shells Found

Sandy and Lydia Coyner and Linda McOsker

Sandy and Lydia Coyner of Sanibel and Linda McOsker of Littleton, Colorado found a banded tulip, fighting conch and lightning whelk at Beach Access #7. McOsker was staying with her best friends, the Coyners, on Sanibel.

Shells Found

Christopher and Samantha Combs

Samantha and Chrtslopher Combs, the grandchildren of Judy Hicks of Lake Murex, whtle vtsttng from Seattle, Washtngton over the 4th of July had a heyday collectlng shells between the West Wtnd on West Gulf Drtve and the Blue Dolphtn. Most all of thetr shells were found tn just a couple of days. They were dazzled by the number of large shells they found thts year. They are the fourth generation to regularly vacation on Sanibel. Every year the gulf offers up dtfferent and wonderful surprtses.

Turtle Tracks

The Sanibel-Captiva Conservation Foundation is sponsoring Turtle Tracks at the Nature Center at 9 a.m. on Thursdays. This interpretive program delves into the life cycle of the sea turtles that nest on the beaches. Participants start at the turtle exhibit and marine touch tank to learn about the life cycle of the loggerhead and then go to a beach site to discuss their nesting habitat and other fascinating marine life.

Cost for this program is $5 for adults and free for children; a beach parking fee of $2 per car is necessary at the beach site.

The Sanibel-Captiva Conservation Foundation monitors the sea turtle nests on Sanibel and Captiva. If you have questions about the Turtle Tracks program or the sea turtle research program, call the foundation's Nature Center at 472-2329.

Read us online at IslandSunNews.com

Shells Found

Riley and Nick Outten

Riley (9) and Nick (12) Outten of Windermere, Florida found alphabet cones on Blind Pass while staying at Tarpon Beach. They said, "During a great day of snorkeling and shelling, we both found beautiful alphabet cones."

Shell Found

Lauren Carpenter

Lauren Carpenter (11) of Kennesaw, Georgia found an alphabet cone on the beach by Clamshell East while staying there during her Sanibel visit.

Shell Found

Carla Knotts

Carla Knotts of Jackson, Missouri found a junonia at West Gulf Drive while staying at Blue Dolphin.

Maritime Trivia

by Bryan Henry

In their larval stage, tarpon are transparent, have a ribbonlike body and prominent fanglike teeth (which they don't later have), and are less than an inch long.

• The claws of the delectable stone crab can exert a pressure of 15,000 pounds per square inch.

• Florida's first swimming pool was built by Thomas Edison in 1900 on his Fort Myers estate.

• Thomas Edison assisted the government during World War I when he was with the Naval department working on submarine detecting devices. He gave to the Navy many patents which are still in use today.

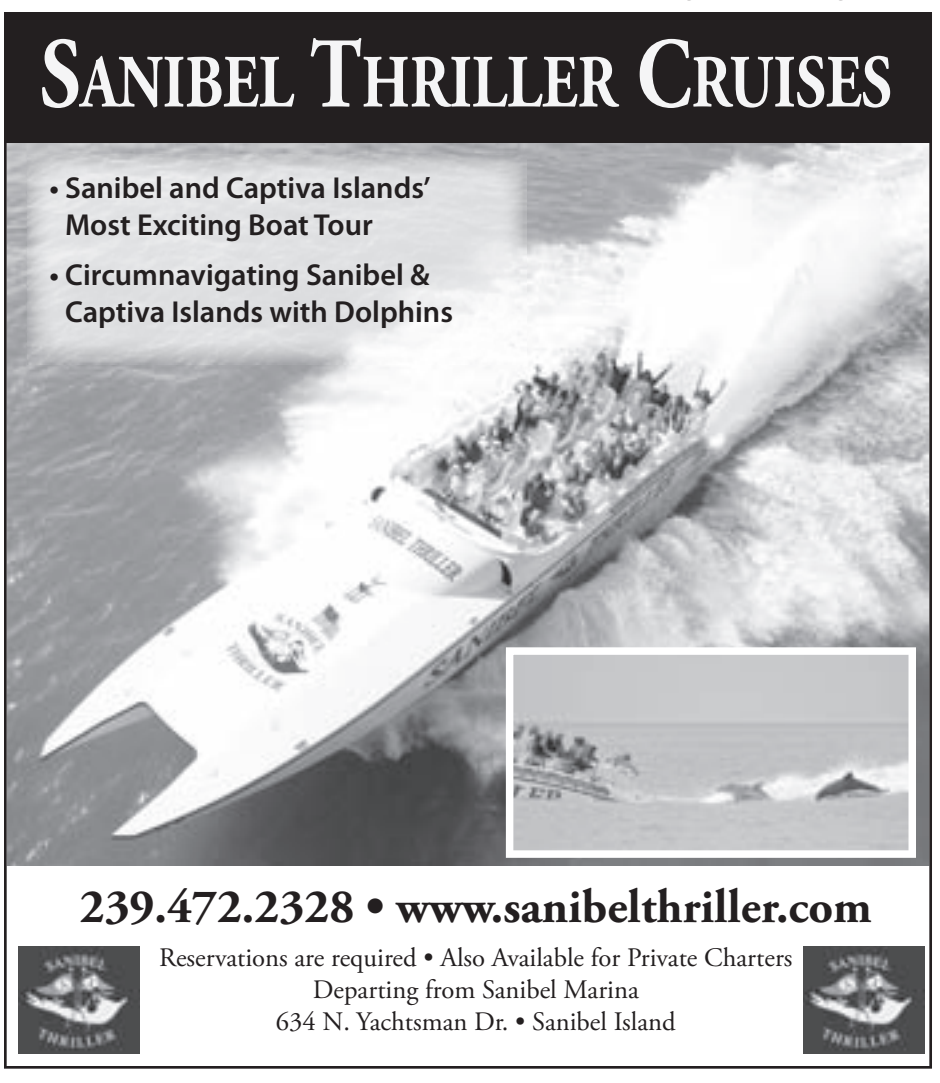
• There are 45 indigenous species of plants in the Florida Everglades that can be found nowhere else in the world.

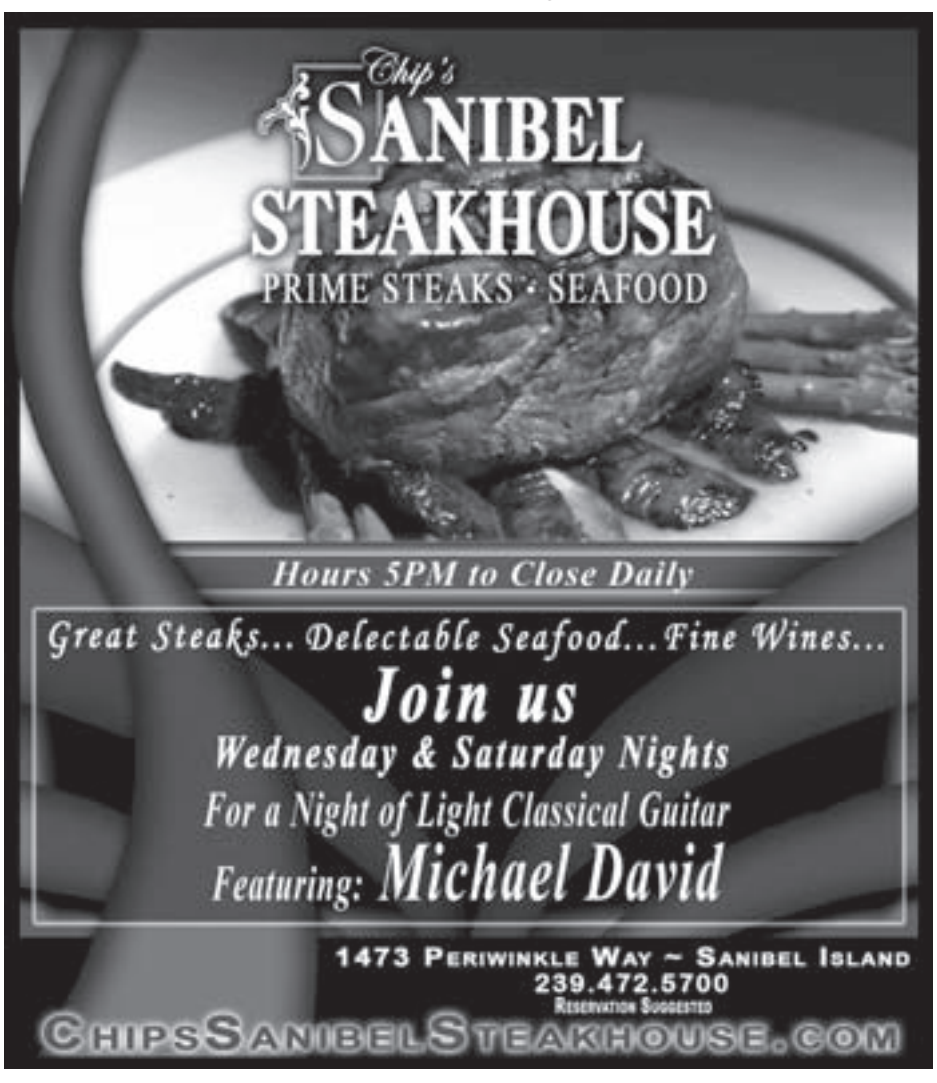
• More than 150 species of tropical fish are found in and around Florida's coral reefs.

• A fully developed hurricane may encompass more than 10,000 square miles of ocean surface.

• Sea foam, which can be white, greenish or brownish, is caused by pulverized plankton, the froth being their cells and their fat that's whipped into suds.

Shellabration 2012 will mark the 75th annual Sanibel Shell Fair and Show. Plans are under way for an island-wide celebration February 26 through March 4.





Seniors' Monthly Paddle Outing

Front row: Kathy Grady, Rachel Poston, Doris DeWitt, Pam Zapf, Candy Engleman. Behind them: Mark Grady, Bob Chaney, Dan Moeder, Nicholas Grecko, Tita Holleran, Bill Holleran, Ray Vazques

The Sanibel Center 4 Life Seniors met Tuesday for their monthly paddling outing at Port Sanibel Marina's Adventures in Paradise. After launching their kayaks in the water, everyone paddled along Connie Mack Island into Punta Rassa Cove. Following the marked trails through the winding mangrove forest gave the group a great opportunity to see the many bottlenose dolphins, West Indian manatees, and a vast variety of bird and marine life. The marked trail is roughly a two-mile long loop in a shallow water estuary giving a great experience of the old back country of Florida, where one never knows what one may come across. From mangrove terrapins to bald eagles, every outing discovers a different adventure.

The Sanibel Center 4 Life activities take place at the City Civic Center at the corner of Library Way and Palm Ridge Road, phone 472-5743

Adventures in Paradise Canoeing & Kayaking departs from Port Sanibel Marina, 14341 Port Comfort Road, Fort Myers, phone 472-8443, or visit www.AdventuresinParadise.com.✯

Student Volunteers At Shell Museum

Gaby Sanchez, left, answers a question about the shell museum's collection

Gaby Sanchez, a senior business marketing major at Florida Gulf Coast University, wanted to find a rewarding place to volunteer this summer as part of her colloquium course work and FGCU's service learning requirement.

She found what she was looking for at the Bailey-Matthews Shell Museum, and she stops by two or three days a week to assist visitors in the Exhibit Hall. For her training, Gaby watched shell-related videos and received a tour and a comprehensive script containing facts about the museum and its displays.

"I wanted to get involved with something that was more educational, more centered on what we are surrounded by," she said of the museum. "I wanted to learn more and give back at the same time and absorb what was around me, because we don't appreciate it as much when we're so busy going to school."

Speaking of busy – along with a full course load, Gaby is an FGCU student government senator, works part-time in retail sales, and belongs to the Kappa Delta sorority.

Being a native of Guatemala, she is fluent in Spanish, and she also knows some German, which comes in handy for a tourist spot that welcomes a high volume of international guests. "I'm a people person," the friendly volunteer said. "I enjoy talking to people and getting to know other people."

After graduating from FGCU, Gaby plans to pursue an MBA degree. In the meantime, she is relishing her shell museum experience. "I enjoy learning about my surroundings and being able to share that knowledge with other people," she said. "I think that's probably the most rewarding thing."✯

DDWS Funds Two More Interns

Interns Jen Delater and Maggie MacNeil

"Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) has provided $35,000 for intern living expense stipends for J.N. "Ding" Darling National Wildlife Refuge in the 2010-2011 fiscal year. DDWS' budget provides seven or more biology, education, and visitor services interns each year; two new interns joined the staff earlier this month as part of the successful program.

A native of Stuart, Florida, and graduate from Florida Gulf Coast University with a bachelor's degree in computer information systems, Jen Delater clocked in as a refuge visitor services intern to assist Ranger Jeff Combs with Education Center front desk duties, volunteer program management, and other responsibilities.

Maggie MacNeil hails from Geneva, New York, and recently graduated from Ball State University in Muncie, Indiana, with a masters degree in biology. She did her undergraduate studies at Allegheny College in Meadville, Pennsylvania. As a biology intern, she is busy doing wildlife surveys and water and invasive species monitoring.

"The Wildlife Society's intern program fills in the gaps left by federal budget cuts and at the same time strengthens these young interns' dedication to the environment," said Refuge Manager Paul Tritaik. "It's a win-win situation, and we are forever grateful for the society's support."✯

Sea Turtle Update

Sea turtle activity as of July 22:
Sanibel East: 35 nests, 81 false crawls*, 3 hatches
Sanibel West: 230 nests, 334 false crawls, 32 hatches
Captiva: 73 nests, 50 false crawls, 31 hatches
Sea Turtle Activity as of July 22, 2010
Sanibel East: 15 nests, 61 false crawls, 0 hatches
Sanibel West: 118 nests, 223 false crawls, 12 hatches
Captiva: 52 nests, 106 false crawls, 11 hatches
Sea Turtle Activity as of July 22, 2009
Sanibel East: 24 nests, 57 false crawls, 1 hatch
Sanibel West: 142 nests, 167 false crawls, 33 hatches
Captiva: 77 nests, 62 false crawls, 24 hatches
*false crawl – a failed nesting attempt

If you have questions, or would like to know more about sea turtles on Sanibel, contact seaturtle@sccf.org or call the Turtle Office at 472-2329 ext. 228.✯

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Plant Smart

Woolly Pyramidflower

Flowers range in color from pink to purple to blue

photos by Gerri Reaves

Native woolly pyramidflower will tolerate drought, poor soil, full sun, and rocky habitats

by Gerri Reaves

Woolly pyramidflower (*Melochia tomentosa)* is an erect perennial shrub presumed extirpated in parts of its South Florida range. In the wild, this resilient native species usually occurs in pine rocklands.

A tap and lateral root system makes it very drought-tolerant, so it's a low-maintenance flowering ornamental for a dry landscape.

The tiny reddish brown pyramidal seed capsules inspire the common name, as do the hairy leaves.

Tomentosa means fuzzy, thus the descriptor "woolly" for the oval or lance-shaped serrated leaves. Melochia derives from the Greek word for honey.

The five-petaled flowers, which range from pink, purple, or blue with a yellow eye, bloom spring to fall.

Capable of tolerating nutrient-poor, rocky, and sandy soil, this plant grows in locations that daunt other species.

Hairs on the serrated leaves explain the description "woolly"

It prefers sun, but must have a well-drained location. It is not salt-tolerant, however.

It can reach 10 feet in height with an equal width.

Another common name, teabush, refers to the tea made from the leaves that is used as a cold treatment and eyewash.

Sources: plantbook.org and www.fs.fed.us.

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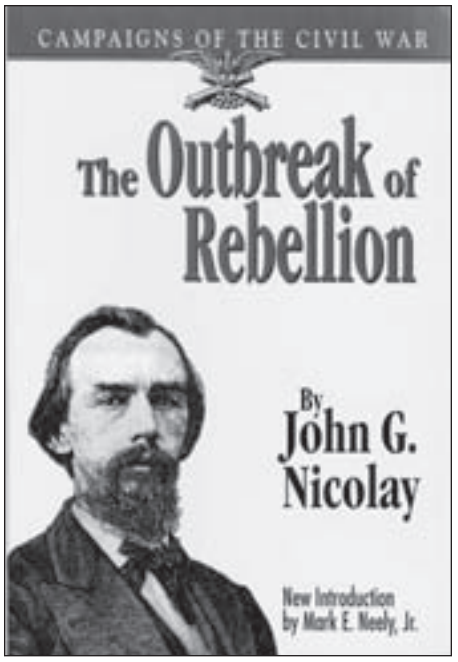
Book Review

The Outbreak Of Rebellion

by Max Friedersdorf

Call it the luck of the draw. Or call it chance, accident, fortune, fate or simply being in the right place at the right time. Whatever its name, the main chance in life often rides on an astonishing randomness that has the appearance of destiny, but in retrospect is nothing more than some unexplainable serendipity.

Such was the case with John George Nicolay who served as President Abraham Lincoln's private secretary during the American Civil War, witnessing close from inside the administration the debate and decision-making that forged the Union response to the Southern secession. Nicolay came to that high position with typical qualifications of that era: journalism, sound party affiliation, and personal connections.



Nicolay was born in Bavaria in 1832 and emigrated to America with his parents six years later. The family settled in Illinois and young Nicolay became a newspaperman in Pittsfield, eventually gaining ownership of the paper, but gave it up in 1857 to become a clerk in the office of the Illinois secetary of state.

The office was frequented by a tall, lanky lawyer from Springfield. Lincoln stopped by to look up election returns and met the 25-year-old Nicolay, by then a Republican in politics.

After gaining the Republican nomination for president in 1860, Lincoln hired Nicolay to help with the mail, and when Lincoln won the presidency, Nicolay in turn hired John Hay to help with even greater amounts of correspondence.

The team went to the White House and were at the president's elbow for his four-year term and after his re-election in 1864 before the assassination in Ford's Theater on April 15, 1865.

Naturally, Nicolay, who lived until 1901, possessed both strong opinions and deep knowledge of the conflict, which he had observed from its highest level of politics and grand strategy.

After the war Nicolay married and served as consul in Paris, and he and Hay gained lasting fame as Lincoln's biographers.

In 1881, Nicolay also wrote *The Outbreak Of Rebellion*, a first-hand account of the Civil War starting with the secession fever that gripped the South; the opening guns at Fort Sumter; Lincoln's masterly efforts to keep the border states in the Union, and the stunning Union defeat and chaotic retreat in the first major battle of the war in the summer of 1861 at Manassas Junction (Bull Run) near Washington.

From his inside perch at the White House Nicolay had an intimate knowledge of the individuals and actions involved. His account has the urgency and immediacy of events happening now, rather than 150 years ago.

Nicolay's disappointment is still palpable after a century and half when Robert E. Lee, "an officer of great promise," declines President Lincoln's offer to lead the Northern military forces, and instead, accepts the Virginia command against the United States. (Everybody knows how that worked out).

The Outbreak Of Rebellion, by John G. Nicolay. Originally published in 1881 by Scribner's, New York. Reissued in paperback by Plenum Publishing Corp., New York, 226 pages, eight maps, $12.95.☆

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Poetic Voices

For consideration, please send typed poems with a short biography to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 Attn: Don Brown or send a Microsoft Word attachment to donbrown@alum.mit.edu

selected by Don Brown

Fairy Tale

by DL Brown

when I was young
I lived in a shoe-

my mother was a goose
my father Dr. Seuss-

I sailed a pea green boat
hiked with Red Riding Hood

danced with Pinocchio
sang with the Seven Dwarfs

flew with Peter Pan-
there are other things I could have done

but then you see
I was only one

Don Brown, retired architect and native Floridian, is author of Florida Scrub Country, Joy in the Moment *and* Passage Through Mangroves, *poetry books available from the Sanibel and Captiva Libraries. His books can be browsed online at iUniverse.com/bookstore He is poet laureate of the MIT Class of 1951.*☆

Almost At 20,000 Miles – Is This A Record?

Frank and Denise from Dublin, Ireland

Hardy annuals! That is what we think we are. We have been biking on Sanibel for nine years, spending our summer vacations here.

Since the June 3 to date (July 25) we have done 2,130 miles of biking. It is a wonderful way of seeing the island. Our target this year is to reach 20,000 miles. Can we do it?

We started recording our mileage in 2003 and we now have 19,675 miles on gearless bikes. We will make the 20k miles on or about August 2, if the weather holds out. Not bad for two senior citizens!

This year we have noticed some bikers overtaking us on the bike lane. We just sit back and pedal and say, "They must have good gears or they are younger than u.s"

Our biking day normally begins at 7 a.m. with a 14-mile round trip to the Lighthouse Cafe for breakfast. At noon we are probably on the bikes again with another 15 to 20 miles, and each eve

continued on page 42

Airport Traffic

During June, 473,332 passengers traveled through Southwest Florida International Airport, a decrease of 0.7 percent compared to June 2010. Year-to-date, passenger traffic is up 5.4 percent from the same period last year.

The traffic leader in June was Delta with 107,105 passengers traveling to and from Fort Myers. Rounding out the top five airlines were AirTran (80,994), Southwest (73,965), JetBlue (47,389) and US Airways (45,297).

Southwest Florida International Airport had 5,303 aircraft movements (takeoffs and landings), a decrease of 4.1 percent compared to June 2010. Page Field saw 5,940 movements, an 11.2 percent increase from June 2010. In addition, more than 2.4 million pounds of air freight moved through Southwest Florida International Airport in June 2011, a decrease of 18.2 percent compared to June 2010.

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Sanibel-Captiva Art League

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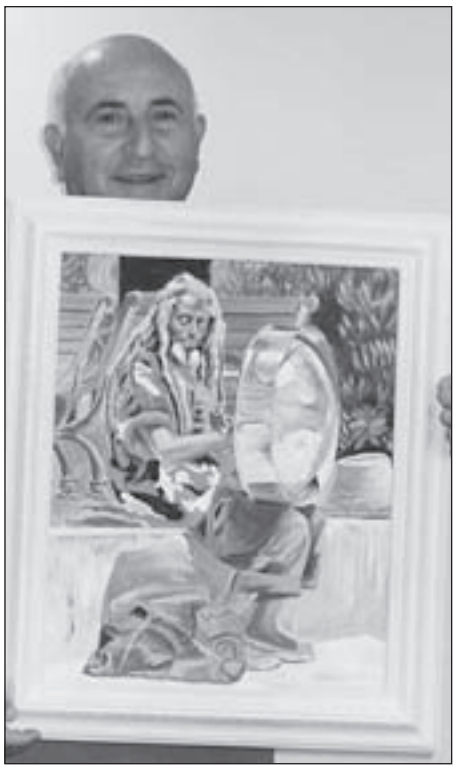

Mike Mouckios

Anne Bischoff

Stanley Timson

Local tropical and nautical scenes are always a favorite with visitors to the Sanibel-Captiva Art League Annual Summer Art Exhibits currently on view at Sanibel Public Library and in BIG ARTS Phillips Gallery. Included in Phillips Gallery are 11 Artreach Banners. These colorful banners were made by students. The artists show how human trafficking affects individuals and families.

Many nature studies are included in the exhibits along with still life, architecture, portraits and abstract paintings in a variety of media and sizes The changing color of the waters of the Gulf of Mexico along with the lush vegetation and flowers provide subject matter during the league's weekly Paint-outs.

The staff at the library, 472-2483, and BIG ARTS, 395-0900, invite residents and visitors to visit their facilities and participate in the events offered. The buildings are located near each other on Dunlop Road. For Art League information write to PO Box 1192, Sanibel FL 33957 or log on to www.sancapart.com.

Carolyn Johns

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SUN

Around The Islands With Anne

Time To Secure Your A/C System And Get Jobs Done Around The House

by Anne Mitchell

Hurricanes, and even strong tropical storms, can shake a lot of things loose, including your precious air conditioning equipment from its outdoor perch.

Sanibel Air Conditioning recommends that homeowners make sure to secure their air conditioning systems to avoid costly damage and loss of use.

The crew at Sanibel Air Conditioning remembers after Hurricane Charley in August 2004 spending many hours driving around the islands looking for what they refer to as "hangers."

"We always try to remind homeowners that they should secure their air conditioners," said Todd Hayes, co-owner of the company. "There were so many of these hangers after Charley and we spent a tremendous amount of time cutting them down."

"Hangers" are air conditioning units that get blown off their support posts or roofs and end up dangling by their piping. Those that get completely blown off can get damaged almost beyond recognition. After Charley, these 200- to 300-pound pieces of equipment were "hanging by mere threads at many of the islands' residences."

To secure the units, hurricane straps can be added to your system when preparing your home for a storm, said Hayes. It's important that the stand is in good condition and that the electric and refrigerant lines are also properly secured. "You spend a lot of money having these systems installed and maintained, so it's essential to protect your investment and avoid coming home to an unpleasant situation," he said.

Hurricane seasons runs June 1 through November 30. For up-to-date hurricane information and guides, visit the City of Sanibel's website: www.mysanibel.com/Departments/Police-including-Emergency-Management/Hurricane-Emergency-Management.

The dog days of summer, for those of us who remain on the islands year 'round, can be a time to get those small jobs done around the home and garden. Contractors and handymen are not as busy and houseguests are fewer.

Also, as we are in the middle of hurricane season, it's a time to take a look around for trees and overhanging limps that might be problematic in high winds – and get someone to trim them.

A good place to start your search is in the Professional Directory at the back of the *Island Sun*. Whether you need shutters, impact glass, plumbing, electrical work, screens, home improvement or remodeling, you will find a wealth of sources to call.

June and Jen Chiaramonte, owners of **Why Knot** in The Village shopping center, are making an early start of their usual Labor Day sale. To show appreciation for their year 'round customers, they have marked down many items by 50 to 75 percent. Some pieces are for summer wear, others are well worth saving for the cooler months.

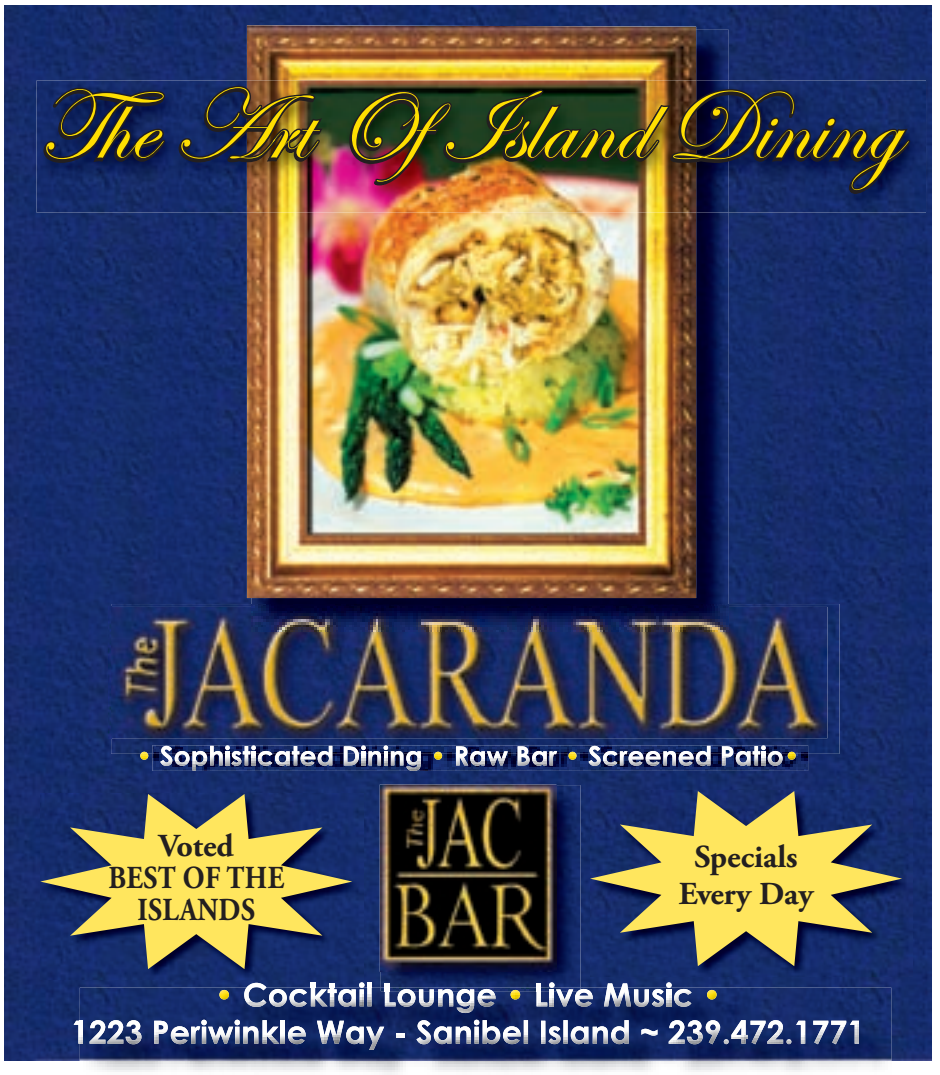
A selection of dresses and jewelry at Lucky Dog

I took a preview of their sale room and found all kinds of goodies, including luxurious and light ruffle-edged cashmere capes, great coordinating linen separates, jogging jackets, lightweight sweaters and lots of casual, island-style items for which the store is noted. There are also novelty printed pj sets at $25.

If you go, do check out the humorous 7-ounce drinking flasks with photos of '50s-style moms making outrageous comments, including one stylish lady saying to her daughter, "Monica, dear, that was a precious little story. Now be a sweetheart and fix Mommy another martini. Made by MikWright, they're great gag gifts that might be useful as well! ($28).

MikWright drink flask with '50s images, from Why Knot

Another great sale, now in its closing days, is at **Lucky Dog**, where everything in the store is half price. That



includes clothing, jewelry, purses and shoes, and it lasts until the end of July.

Lucky Dog has some of the most unusual and funky clothing you'll find in these parts, as well as classic day-to-day outfits. If you like the "lagenlook" or layered look, with tucks, ruches and asymetrical details, you'll find plenty here to please you. The clothing is stylish, even edgy, but still has laid-back, comfortable qualities suitable for our climate.

Owner Carol Damico is clearing the decks to make way for her new season's merchandise, which starts arriving in August.

Lucky Dog is at 2359 Periwinkle Way, Sanibel (across from the intersection with Palm Ridge Road).

LIVE ON THE ISLANDS

The Crow's Nest at 'Tween Waters Inn, Captiva has entertainment nightly from 9 p.m. to 1 a.m. on Friday and Saturday. This week the entertainment is by The Captiva Band. Crab races are Mondays and Thursdays with the family show at 5:30 p.m. and grown-up races at 9 p.m. The Crow's Nest is at 15951 Captiva Drive, phone 472-5161.

Traditions on the Beach has live music and dancing with pianist Joe McCormick and vocalists Marvilla Marzan and Barbara Smith. The restaurant is inside the Island Inn at 3111 West Gulf Drive, Sanibel, phone 472-4559.

Traders Store & Café, 1551 Periwinkle Way, Sanibel, features Chris Workman at the piano on Wednesdays and Sundays from 7 to 10 p.m. Danny Morgan & Friends play Tuesdays and Thursdays from 7 to 10 p.m. Phone 472-7242.

Gene Federico is playing at **Courtney's on Sanibel** on Thursdays and Fridays, 7 to 10 p.m. and on Sundays at the tiki bar from 2 to 5 p.m. Courtney's is at 1231 Middle Gulf Drive, phone 472-4646.

The Jacaranda has entertainment nightly from 7 to 11 p.m. Here's the line-up: Friday and Saturday, The Captiva Band playing classic rock, jazz and R&B; Sunday, Jamaica "Dave" & Co., reggae and dance; Monday, Renata, jazz, contemporary music and dance; Tuesday, Steve "Scooter" Reynolds, accoustic guitar, contemporary music and dance; Wednesday, Buckeye Ken, contemporary, Top 40 and blues; Thursday, 2 Hot, contemporary, reggae and dance. The Jacaranda is at 1223 Periwinkle Way, phone 472-1771.

George & Wendy's Corner Grill has live music on Friday and Saturday from 7 to 11 p.m. The Corner Grill is at the corner of Periwinkle Way and Tarpon Bay Road, Sanibel, phone 395-1263.

The Island Cow on Periwinkle Way, Sanibel, has live entertainment from 6 to 9:30 p.m. nightly. The line-up: Monday, Dan Confrey; Tuesday, Jeff Key; Wednesday, Ken Wasiniak; Thursday, Diana Lynn; Friday, Greg Watts; Saturday, Diana Lynn; and Sunday, Ken Wasiniak. Phone 472-0606.

The Stone Crab – A Shrimp & Seafood House features Danny Morgan and Friends on Wednesdays and Fridays and Buckeye Ken Saturdays. Live entertainment is from 8 to 11 p.m. The Stone Crab is at 2761 West Gulf Drive, Sanibel, phone 472-0305,

RC Otter's, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and outside, phone 395-1142.

Baggy, ruched pants with a stylish handkerchief hem top exemplify the funky styles featured at Lucky Dog

Keylime Bistro on Captiva features live entertainment seven days and nights each week, phone 395-4000.

The Mucky Duck has live entertainment Monday through Saturday nights on the patio. The restaurant is at 11546 Andy Rosse Lane, Captiva.

Restaurant managers and artists, please update or change your listings by emailing islandsuncity@aol.com or calling Anne Mitchell at 395-1213.☼

Please visit our Island Sun online advertisers each week at www.islandsunnews.com. You can click through to their Web sites for more information about real estate, shopping, restaurants and services. Just click on the logos surrounding the front page.

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FOR WEEK OF AUGUST 1, 2011

ARIES (March 21 to April 19) A misunderstanding tests the temperament of the sometimes headstrong Aries. Instead of blowing your top, take time for a pleasant diversion while things cool down.

TAURUS (April 20 to May 20) A workplace problem could make the divine Bovine see red. But talk it out before you consider walking out. Some surprising facts emerge that change your earlier focus.

GEMINI (May 21 to June 20) You face a choice between ignoring your uneasy feelings about your relationship with that special person and demanding explanations. A close friend offers wise counsel.

CANCER (June 21 to July 22) A change you'd been hoping for carries an unexpected complication. Stay the course, and things will work themselves out. Be sure to make time for family and friends.

LEO (July 23 to August 22) Aspects favor spending time with loved ones. On the job, new ideas are generally welcomed. But some demands for changes could cause problems. Be ready to defend your choices.

VIRGO (August 23 to September 22) Good news: That workplace problem is close to being resolved with results that should please everyone. Take time off to indulge your love of fun and games.

LIBRA (September 23 to October 22) Most of the time you are the most unflappable person around. But be ready to be thrown off-balance in the nicest way when Cupid takes aim in your direction.

SCORPIO (October 23 to November 21) It's not often when someone tries to "sting" the sharp-witted Scorpion. But it can happen. Continue to be skeptical about anything that seems too good to be true.

SAGITTARIUS (November 22 to December 21) Your strong sense of self-esteem helps you serve as a role model for someone who needs personal reassurances. Your efforts pay off in an unexpected way.

CAPRICORN (December 22 to January 19) Someone close considers revealing a painful secret. Withhold judgment. Instead, open your generous heart, and offer dollops of your love and understanding.

AQUARIUS (January 20 to February 18) Your talents as a peacemaker are called upon once more as an old problem re-emerges with new complications. Move cautiously in order to avoid falling into hidden traps.

PISCES (February 19 to March 20) Your artistic side is enhanced with the reception given to your new project. Use this success as encouragement toward fulfilling your larger goals.

BORN THIS WEEK: Your natural sense of leadership is combined with a deep sense of responsibility. People trust you to give them both guidance and understanding.

THIS WEEK IN HISTORY

• On Aug. 4, 1892, Andrew and Abby Borden are found hacked to death in their Fall River, Mass., home. Daughter Lizzie, later immortalized in a famous rhyme, was arrested and charged with the double homicide. Taken with her Christian persona, the all-male jury acquitted her. Today, the house where the Borden murders occurred is a bed and breakfast.

• On Aug. 5, 1914, the world's first electric traffic signal is put into place on the corner of Euclid Avenue and East 105th Street in Cleveland. It consisted of four pairs of red and green lights that served as stop-go indicators, each mounted on a corner post.

• On Aug. 6, 1928, Andy Warhol, one of the most influential artists of the latter part of the 20th century, is born in Pennsylvania. He took literally the advice of an art teacher who said he should paint the things he liked. He liked ordinary things, such as comic strips, canned soup and soft drinks, and so he painted them.

• On Aug. 2, 1939, Wes Craven, the man responsible for terrorizing millions of moviegoers with his "Nightmare on Elm Street" series, is born in Cleveland. Craven began his directing career with 1972's "The Last House on the Left," a violent teen horror film.

• On Aug. 7, 1947, Kon-Tiki, a balsa wood raft captained by Norwegian anthropologist Thor Heyerdahl, completes a 4,300-mile, 101-day journey from Peru to Raroia in the Tuamotu Archipelago, near Tahiti. Heyerdahl wanted to prove his theory that prehistoric South Americans could have colonized the Polynesian islands by drifting on ocean currents.

• On Aug. 3, 1958, the U.S. nuclear submarine Nautilus accomplishes the first undersea voyage to the geographic North Pole. USS Nautilus, the world's first nuclear submarine, dived at Point Barrow, Alaska, and traveled nearly 1,000 miles under the Arctic ice cap to reach the top of the world.

• On Aug. 1, 1966, Charles Whitman takes a stockpile of guns and ammunition to the observatory platform atop a 300-foot tower at the University of Texas and proceeds to shoot 46 people, killing 14 and wounding 31.

STRANGE BUT TRUE

• It was 20th-century U.S. Attorney General and Supreme Court Justice Robert H. Jackson who made the following sage observation: "The price of freedom of religion or of

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speech or of the press is that we must put up with, and even pay for, a good deal of rubbish."

• It's common knowledge that Microsoft founder Bill Gates is regularly ranked as one of the world's wealthiest people, but you might not realize that the Bill and Melinda Gates Foundation is the world's wealthiest charitable organization, with an endowment of $36.7 billion.

• If you're planning a trip to Iowa anytime soon, you might want to schedule a stop in the town of Walcott. There you can visit the Iowa 80 Truckstop, the world's largest. With a whopping 220 acres, the truck stop is 1.5 times the size of Disneyland.

• Historians say that famed German composer Ludwig van Beethoven was quite particular about his coffee. It is claimed that he counted out exactly 60 coffee beans for each cup that he drank.

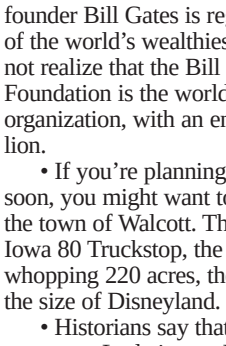
• The longest mountain range on Earth is located underwater -- in the middle of the Atlantic Ocean, to be specific. It's nearly 25,000 miles long, and the only part of it that's above water is the nation of Iceland.

• If you are an American of a certain age, you almost certainly spent time watching the 1960s sitcom "I Dream of Jeannie." The iconic bottle where the genie lived wasn't actually created for the show; the set dressers used a Jim Beam holiday decanter from 1964.

THOUGHT FOR THE DAY

"It is curious that physical courage should be so common in the world and moral courage so rare." -- Mark Twain✲

How Heat Loads Are Calculated



by Bryan Hayes

Here is a subject that's guaranteed to make your day. It's so exciting and thrilling that you're going to call someone right away to share this new bit of knowledge. Just ask any of our technicians who perform this task and you're certain to see them brimming with excitement.

Well, maybe not... It's actually quite boring. But this task is important enough for me to feel that it's worth writing about. So, what exactly is this heat load calculation and what sort of function does it serve?

It is exactly what the name implies. It determines the amount of heat that's inside your home and needs to be removed by your air conditioner. This test is usually only performed when you are planning to install a new air conditioner. Its purpose is to determine what size air conditioning system is needed. You might wonder why not just install the same sized system that was in there before, but that is not a good idea.

When a technician is sizing your home for a new comfort system, he has many parameters to consider. When we do heat load calculations, we find that time and time again systems in many homes are oversized. This is because of the old thought that bigger means better, but in the a/c business if you don't pay attention to what you actually need in a comfort system, you're asking for trouble.

Your home comfort system serves two major functions: to reduce temperature and humidity. As I've discussed in my recent articles, proper humidity reduction is achieved when air passes through your system a predetermined number of times per hour. If a system is too large it will bring the temperature down too quickly, lowering the number of air exchanges and will fail to properly dehumidify your home. If a system is oversized and isn't dehumidifying properly, it will provide an excellent environment for microorganisms to grow.

So, you may ask, "Why do I need to know about heat load calculation?" My answer is that you don't have to know how to do it. However, you do need to keep this mind when shopping for a new system and make sure that your air conditioning contractor knows how to properly assess what type of system your home will need.

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at Bryan@Sanibelair.com.✲

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Sunset Shrimp Cocktail
Pesto marinated and grilled large Gulf shrimp, Chilled and served on horseradish coulis, Sherry crème fresh and mango salsa
13

Sunset Ceviche
Gulf Grouper, shrimp and scallops marinated in Florida citrus, avocado and tomatoes. Served with crispy herb flat bread
15

Coastal Lobster Crab Cakes
Two pan seared Maine lobster and lump crab cakes with a vanilla rum sauce and mango crème fraische
17

Beef Carpaccio
Thinly shaved all natural beef tenderloin, with fried capers, Kalamata olive tapenade, sweet onions, shaved parmesan cheese with Asiago crostinis
14

Seasonal Harvest Bruschetta
Seasonal tomatoes, Kalamata olives, capers and Goat cheese
11

Fried Baby Artichokes
Creamy garlic herb stuffing, smoked tomato aioli and marinated roasted peppers
11

Soup

Lobster Bisque
This creamy bisque is finished with Sherry, fine herbs and Lobster
11

Salads

Caesar
Romaine lettuce, Parmesan Reggiano cheese tossed in our homemade dressing and topped with Chardonnay brined anchovies and grape tomatoes
11

Warm Baby Spinach Salad
Gorgonzola crumbles, apple vinaigrette, sweet and spicy pecans, applewood smoked bacon and sautéed sweet onions over fresh baby spinach
12

Avocado and Tomato Salad
Vine ripe tomatoes and avocadoes in a balsamic and roasted garlic dressing, with Tuscan artichokes, Pepita encrusted warm Goat Cheese and roasted peppers
12

Sunset Grouper
Fresh gulf Grouper encrusted in Macadamia nuts and pan seared, served on a bed of julienne vegetables, coconut rum butter, Mango fruit salsa and Key lime beurre blanc.
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Grilled Dill Salmon
Wood grilled Atlantic salmon with roasted vegetable wild rice and finished with a dill Dijon crème.
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A wood grilled 12 ounce New York Strip steak, mesquite seasoned and topped with Stilton compound butter. Served beside herb and Yukon Gold mashed potatoes.
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Key West Beer Brined Slow Roasted Pork Shank
Caribbean spiced and marinated pork shank served with sweet and spicy roasted corn relish, and a key lime beurre blanc. With Yukon Gold mashed potatoes.
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Hickory grilled Sword fish with lemon caper sauce, topped a Mediterranean salsa and served with roasted vegetable wild rice
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Jet Blue Park New Red Sox Spring Training Home

by Ed Frank

Jet Blue Park

Rising rapidly from the ground on the east side of Fort Myers is the $77.9-million Jet Blue Park – the new state-of-the-art spring training home for the Boston Red Sox.

It is, however, much more than an 11, 000-seat replica of Boston's historic Fenway Park. The grounds also will include six practice fields, facilities for the Red Sox minor league operations, six lighted soccer fields and parking for 3,400 vehicles.

Jet Blue Park not only will be used for major and minor league spring training, but will serve year 'round as the physical training and rehab location for Red Sox players.

"We're right on time and right on budget," said Bob Taylor, project manager for the sprawling facility. "January 12 is the completion date, giving us a month to move in and set up offices as players report in mid-February," he added.

About 200 construction workers are currently employed at Jet Blue Park which is located on Daniels Parkway about one mile east of I-75.

The stadium's curved seating bowl is complete and ready for the installation of seats. The playing fields have been leveled and sanded and will be seeded in August. Major and minor league clubhouses and office structures are being framed.

The stadium itself will be an exact replica of Fenway with the same dimensions and playing characteristics, including the famous Green Monster in left field.

The City of Palms Park in downtown Fort Myers has served as the Red Sox spring training home since 1993. However, the lack of parking and the inconvenience of having the practice facilities and minor league operations two miles away resulted in Lee County building the new facility or face the likelihood that the Red Sox would move elsewhere.

The Red Sox have signed a new 20-year commitment to remain here. Left unanswered, however, is the future use of the City of Palms Park.

Efforts will continue to bring a third major league team here, and there has been talk of converting the stadium into a national swimming complex.

With the permanent training and rehab headquarters part of Jet Blue Park, it is likely that some Red Sox players will make their home here to take advantage of the modern equipment year 'round.

Every spring, the Red Sox and the Minnesota Twins face each other at least five or six games in competition for the Mayor's Cup. Now they will have to travel no more than 10 minutes – the distance between the Twins' Hammond Stadium and the new Jet Blue Park.

Fort Myers' Bert Blyleven Now a Hall of Famer

It took 14 years of frustration and disappointment, but last Sunday was Bert Blyleven's dream come true as he was installed in baseball's Hall of Fame in Cooperstown, New York.

Blyleven, who spent 14 years on the Hall of Fame ballot before receiving the necessary 75 percent voting approval, struck out 3,701 batters in a 22-year major league career, the fifth most of all time.

He also is only one of two pitchers to win games before their 20th birthday and after their 40th birthday.

Blyleven, who lives in Fort Myers, spent 11 seasons with the Twins and is their all-time leader in pitching complete games at 141.

Tough Stretch for Fort Myers Miracle

It has been a tough second-half season for the Fort Myers Miracle having lost five consecutive games through Monday of this week.

The Miracle were swept on the road last week at Clearwater, losing four in a row. And they began an eight-game home stand Monday dropping a 6-1 decision to the Tampa Yankees.

Following three more games with Tampa this week at Hammond Stadium, the Miracle host Lakeland this weekend with 7:05 p.m. starts Friday and Saturday, a 1:05 p.m. matinee Sunday and conclude the home stand with a 7:05 p.m. game Monday against Lakeland.

The Miracle began the week with a 14-17 second-half record.☆

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PGA Tips

Junior Golfers

by Matt Oakley, PGA Golf Professional

Junior golfers are some of my favorite people to teach. They seem to really love it when they hit a good shot, and the joy of teaching something new to a child is seeded deep within us all. Here are a few suggestions before sending your junior to his or her first golf lesson:

1. Age is not the biggest factor in deciding if it's the right time for golf lessons. Talk to your children – what interests them about golf? What is their maturity level for their age? Why do they want to golf?

2. A junior's attention span and interest in detail is less than adults. Keep the lessons brief at first (15 to 30 minutes depending on maturity level).

3. Make sure the instructor includes safety and etiquette in the lesson plan. Talk to the instructor beforehand and let them know that your child would like help with safety and etiquette first.

4. See that your junior has properly fitted clubs for his size. Bad habits last a lifetime, and a child trying to swing your old cut down driver may not be what she is physically ready to handle. A child will make compensations for something too heavy that may affect him later.

5. Instruction should lead to a chance to play on the course. Make sure that the child gets a reasonable mix of swing instruction and play on the golf course. Kids love to play – let them!

6. Make sure the instruction is fun. If they say they don't like going, don't make them. They will grow to resent golf or go only to please you, and both are not good reasons to play golf.☼

Little League

Sanibel's Little League Baseball has a new board. They are as follows: Kim Alexander, Shannon Tumminello, Tim Drobnyk, Dave Meunch, Chuck Phoenix, Jesse Orsino, Mark Macalka, Eric Maw and Mike Murray.

The final Free Skills Clinic of the season, for all ages, will take place on Friday, August 5 at 6 p.m., followed by a family baseball game and cookout at 7 p.m. The event is co-sponsored by Phoenix Law PLLC.

For more information, contact Kim Alexander, 472-0004.☼

Read us online at IslandSunNews.com

Teen Paddle Boarding Adventure

The Sanibel Recreation Department is offering a paddle boarding adventure for teens. No experience is necessary and all equipment is provided.

Meet at 9 a.m. at the rec center on Saturday, July 30 (weather permitting), then head over to the causeway islands for a paddle boarding adventure. The outing is for teens ages 12 to 15 and the cost is $15 per person. Teens will have the opportunity to experience paddle boarding, which is a fast growing sport that combines surfing and kayaking, while providing a great core workout. Teens will return to the Sanibel Recreation Center at approximately 11:30 a.m.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call 472-0345 or visit www.mysanibel.com.☼

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2621 San Cap Rd. Island Getaway

This adorable Florida cottage makes for the perfect island retreat. Great location in Sanibel Gardens near shopping and restaurants. In addition to 3 BR's, 2 baths, there is a large laundry room/ storage that could easily be converted to a studio,game room or workshop. The gazebo at the end of the walkway makes for a relaxing spot to enjoy the outdoors and the large backyard. Freshly painted. New tile in DR and Kitchen, new carpet, New bath in 2008. Furniture negotiable. Lots of potential. **Offered for $289,900. Contact Nancy Finch 239/822-7825**

Tradewinds

Wonderful 3 Bedroom 3 Bath Tradewinds, Near Beach Home **Offered for $695,000. Contact George Kohlbrenner 239/565-8805**

Jonathan Harbour
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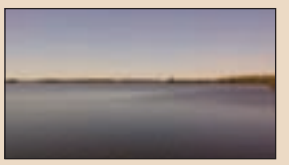
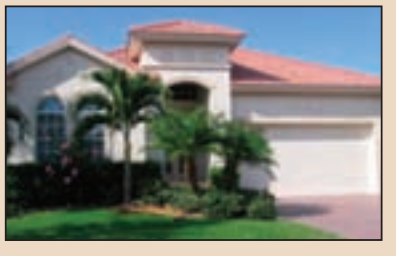


Two gorgeous oversized waterfront lots with spectacular panoramic vies of Connie Mack Bay. Build your dream home on one of these lots or combine them for your own private estate. Private gated yachting community near Sanibel and convenient to Ft. Myers. **Offered for $895,000 each. Contact Ralph or Cathy Galietti at 239/826-5897 or Nancy Finch at 239/822-7825**

Crown Colony



Fantastic Lake Views in the prestigious Crown Colony Golf & Country Club. This 2 bedroom/2 bath Heron model has so many options, the best may be the greatly expanded pool and deck area with a commanding long view of the lake with a sunset view. Location is always important, and this house really delivers. More options include stainless kitchen, custom coffered ceiling treatments, custom fans, built-in wood cabinets for the office/3rd bedroom, built in custom entertainment center in living room with large screen HDTV, satellite dish and built-in surround audio system that stays. The very large pool with spa has both solar and electric heater. Electric shutters at front and rear entries. **Price Reduced to $399,000. Contact Larry Hahn 239/898-8789**

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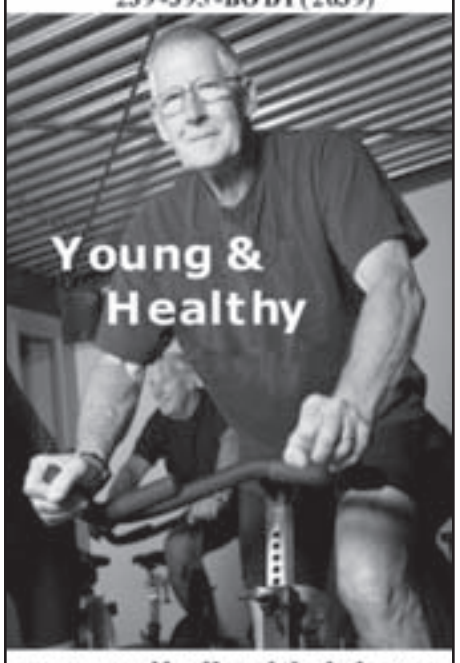

www.sanibelhealthclub.com

Early Bird Registration Fees For The Sanibel Recreation Center After-School Program

To take advantage of the new Early Bird rates, you must register by July 31 for the Sanibel Recreation Center After-School Program. Register at www.mysanibel.com, or stop by the Sanibel Recreation Center, 3880 Sanibel-Captiva Road.

The After-School Program runs Monday through Friday from 2:15 to 5 p.m. throughout the school year. It is available for children ages kindergarten through 6th grade. Every child registered in the After-School Program will receive a one-year complimentary membership to the rec center. This membership can be upgraded to a family membership for an additional $50. Offered again this year will be trimester payment options. The After-School Program registration fees are as follows:

Dates	**Early Bird Rates**	**After Early Bird Rates**
Full School Year	Member: $530 Non-Member: $633 Registration by July 31	Member: $583 Non-Member: $696 Registration on or after August 1
Fall Trimester August 8 – November 4	Member: $176 Non-Member:$211 Registration by July 31	Member: $193 Non-Member: $232 Registration on or after August 1
Winter Trimester November 7 – February 17	Member: $176 Non-Member:$211 Registration by October 30	Member: $193 Non-Member: $232 Registration on or after October 31
Spring Trimester February 21 – May 24	Member: $176 Non-Member:$211 Registration by February 13	Member: $193 Non-Member: $232 Registration on or after February 14

A supervised 7th and 8th grade program is also available Monday through Friday from 2:15 to 5 p.m. throughout the school year with the purchase of a recreation center membership

Financial assistance is available to families of program participants based upon individual need. For more information, call 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information visit www.mysanibel.com.

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Sanibel Tennis Director Is Named Pro Of The Year

Sanctuary Golf Club Director of Tennis & Fitness Christie Bradley is presented the 2010–2011 District Pro of the Year Award, Florida Division, by the U.S. Professional Tennis Association

The United States Professional Tennis Association (USPTA), Florida Division held its annual convention last month in Port St. Lucie. Club Med, Sandpiper Bay hosted the convention where Christie Bradley was awarded 2010–2011 District Pro of the Year, Florida Division of USPTA.

Bradley is the Director of Tennis & Fitness at The Sanctuary Golf Club, Sanibel, for the past 17 years. "It is great to be recognized by the Florida Division of the USPTA for doing a job that I love" stated Christie.

Jeff Cohen, president of the USPTA Florida Division, agreed. "It shows in her work how much she loves the game of tennis. Not only was she nominated and chosen for her teaching abilities, continuing education, and professionalism, but the work she does in the Sanibel community. Christie is part of the City's Parks & Recreation Committee and she coaches tennis and volley ball at the Sanibel School. Her charity is Hope Hospice and each year she raises money with a tennis challenge. We are all very proud of her."

For more information about The Sanctuary Golf Club, contact Sheryl Tatum, director of membership & marketing, at statum@sanctuarygc.net or 322-5182 and visit The Sanctuary Golf Club's website, www.sanctuarygc.net.☆

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The New Community Thrift Store Has Successful Opening Weekend

Community Thrift Store staff and volunteers

Jerry and Phyllis Ingalls in the checkout line

Shell Point Retirement Community recently opened a new venture in Southwest Florida, the Community Thrift Store in South Fouth Myers. The store reported its grand opening weekend in early July was a big success, with many customers finding deals on every shelf. The Community Thrift Store is located at 15501-3 Old McGregor Road next to Planet Fitness in Miner's Plaza (the old Kiwanis Thrift Store location) on the corner of McGregor Boulevard and Gladiolus Drive.

A shopper browses

Dianne and Dwain Glascock loved the great deals they found

Charles Prichard was pleased to save 25 percent on a refrigerator at the Community Thrift Store

Store staff members Dawn Boren, Dianne Morton, and Debbie Zeis with the first dollar made at the store

A dedicated group of around 20 staff members and volunteers were on hand to help shoppers navigate through the store, ring up orders, and carry large purchases to vehicles in the parking lot. Teri Kollath, manager of volunteer services and The Academy for Shell Point, said, "More than 75 residents have stepped into a variety of volunteer roles at the Thrift Store – and five more residents signed up to volunteer on the first day!"

"The first day of operation at the Thrift Store was certainly a success," said Dawn

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Boren, director of resident life for Shell Point. "Overall, it's important to recognize that the positive outcome of this venture was made possible by countless acts of generosity. First of all, we've had a seemingly endless supply of donations from residents, staff members, and people from the surrounding community. Additionally, the Thrift Store is blessed with an outstanding staff of employees and volunteers who combined their drive and determination to pull it all together. We are looking forward to the continued success of this exciting endeavor."

A couple from Fort Myers, Dianne and Dwain Glascock, learned about the Thrift Store Grand Opening in the newspaper. "As soon as I read about it, I knew we had to come and take a look," said Dianne. "I'm glad we did! I've found some great decorative items for our home."

"We were honored to welcome our first shoppers during our grand opening weekend," said Debbie Zeis, manager of the new store. "Offering a 25 percent discount was simply our way of saying thank you for shopping with us. We hope that everyone will come back for even more great deals."

The store is open Tuesday through Saturday from 9 a.m. to 4 p.m. All are welcome to shop as well as make donations. Proceeds from the store will be used to help provide services to meet the needs of seniors in our area.

The store carries a wide array of items for all shoppers, including furniture, home décor, household goods, CDs, books, games, adult and children's clothing, jewelry, and more. Plus, this store offers items not typically found in resale stores such as building supplies, construction materials, appliances, and fixtures. When an individual or an organization donates items to the store, they receive a tax deductible receipt.

To learn more about the Community Thrift Store, contact Debbie Zeis at 225-6529.✲

Lee Memorial Auxiliaries Pledge $650,000 To Children's Hospital Of Southwest Florida

The Lee Memorial Heath System Foundation recently announced that the Lee Memorial Health System Auxiliaries have made a $650,000 commitment to The Children's Hospital of Southwest Florida Building Fund. The Lee Memorial Auxiliary, which serves four hospitals – Lee Memorial Hospital, HealthPark Medical Center, The Rehabilitation Hospital and the existing Children's Hospital facility – will be contributing $500,000; the Cape Coral Hospital Auxiliary

continued on page 40

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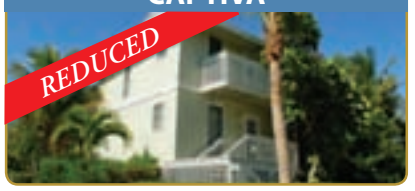

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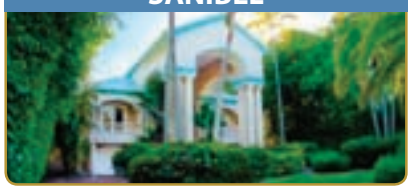

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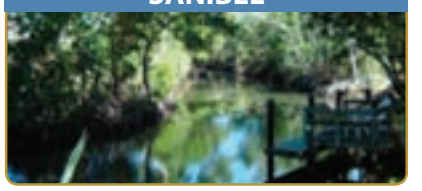

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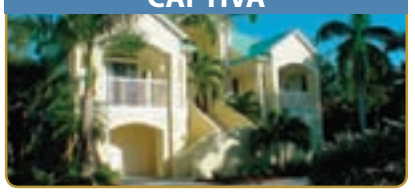

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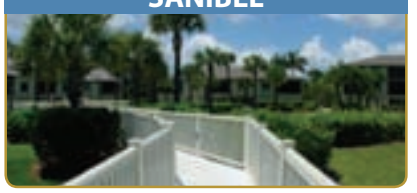

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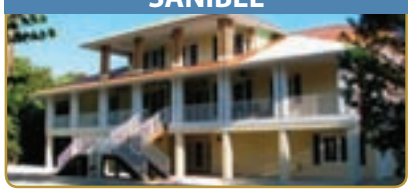

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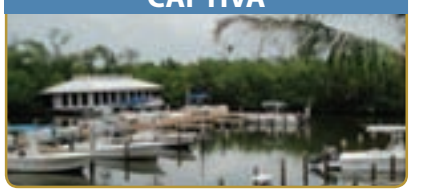

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Reupholster Or Replace?

by Cindy Malszycki

For every reason to reupholster a piece of furniture there is often an equally good reason to replace it. My clients frequently ask me to reupholster sofas and chairs in the belief they will be saving money by doing so. The labor cost to refurbish upholstered furniture is more than most people expect unless they realize that the piece has to be "un-made" before it can be "re-made." There are nearly always necessary repairs to be made to the frame, springs to be re-tied, and seat and back cushion inserts to be replaced. Also, the quantity of fabric required, especially if patterned, may be far more than you expect, and many fabrics need to be backed before being applied to the frame.

However, although it is rarely true that reupholstering furniture is the most economical choice, there may be some other very good reasons to recover a piece. Some considerations to be taken before making this decision are the characteristics of the sofa itself. Is the dimension and design perfect for your room and your family? Is the sofa an unusual shape or size that would be difficult to replace? Do you know that the sofa is a quality piece that has eight-way hand-tied springs, kiln dried wood frame, corner blocking, and other high-quality features? Is there a sentimental attachment to the furniture in question? These are all valid reasons to reupholster your furniture.

But on the other hand, if the piece of furniture fails to qualify with any of the above reasons, you may want to reconsider. If your sofa is an outdated style, or was inexpensively made and is not extremely comfortable or attractive, investing more in it will not change any of those characteristics. And no amount of fabric, trim and throw pillows will change the too-large or too-small-for-the-room problem. If any of these circumstances accurately describes your current furniture, then you probably have your answer. Whichever your choice, our designers can help you determine the perfect solution.

Cindy Malszycki is an interior decorator on Sanibel. She can be reached at cindy@decden.net.☆

Our email address is press@islandsunnews.com

Chamber Unveils 2012 Visitor's Guide Featuring Local Artist Myra Roberts

From left, Barbara Harrington, chair-elect of the Chamber; artist Myra Roberts; and Alex Bustamante of Southwest Florida Distribution Printing. The painting is titled *Cold Wave*.

The Sanibel Captiva Chamber of Commerce unveiled a new look for its 2012 Visitor's Guide at last week's Members Business Lunch at Sundial Beach & Golf Resort.

The new look features a cover painting by Myra Roberts, one of the island's best known artists. Roberts, an island resident, uses a vintage style to depict island life in its many and varied forms. Her depiction of the contrast between the warm gulf climate and the northern alternative is a gentle encouragement to all readers to consider returning soon to Sanibel and Captiva.

The visitor's guide cover is chosen annually to represent the islands for the next calendar year. Chamber Marketing Director Bridget Stone Budd chose the 2012 design after hearing so many visitors complain about the long harsh winter up north.

The Visitor's Guide is given to all guests at the Francis P. Bailey Visitor's Center and distributed around Florida and other states at the many events attended by Chamber staff to promote the islands of Sanibel and Captiva.☆

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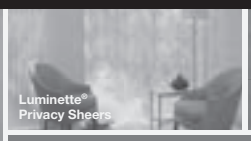

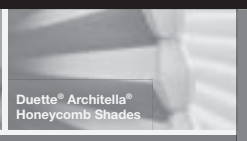

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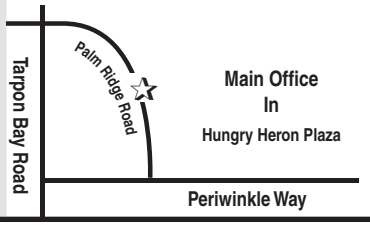


From page 39

Children's Hospital

is contributing $100,000 and the Gulf Coast Medical Center Auxiliary has pledged $50,000.

The new 148-bed Children's Hospital of Southwest Florida will be located on the grounds of HealthPark Medical Center in South Fort Myers and is scheduled for completion in 2015. It will serve the ever-increasing needs for general and specialized healthcare services for children.

The auxiliaries embraced the campaign as part of their mission to benefit the patients of Lee Memorial Health System and the community. As all-volunteer organizations, their generous support is expected to stimulate the participation of many other community groups in The Children's Hospital expansion project and will help expedite the journey from vision to reality.

Their initiative, their financial commitments, and their recognition of the potential community, regional, state and national impact of America's Newest Children Hospital on the lives of children everywhere, have generated a powerful momentum for the fundraising efforts. Led by Lee Memorial Auxiliary President Al Kinkle, Cape Coral Hospital Auxiliary President Mary Pat Roleke and Gulf Coast Regional Medical Center Auxiliary President Nancy Stanfield, the Auxiliaries have made a remarkable promise to the children and parents of Southwest Florida.

continued on page 43

Shell Museum Director Gives Presentation At Convention

Bailey-Matthews Shell Museum Director Dr. José Leal was a featured speaker at the recent annual Conchologists of America (COA) convention in Cape Canaveral, Florida.

Dr. Leal's speech, entitled The Best of the Shell Museum, highlighted the museum's eagerly-anticipated cowrie exhibit addition this fall, shell museum-sponsored shell excursions, plans for the future, and the museum's scientific journal, *The Nautilus*.

Dr. José Leal

"The cowries are of real interest to (those in attendance)," Dr. Leal said. "Cowries are a very collectible group of shells, and a lot of them who were there are very keen and savvy and experienced collectors, especially in relation to cowries."

More than 200 shell lovers from 20 countries around the world attended the convention, and there were plenty of shells, books and artifacts on display for members of the world's largest shell collectors' organization to browse, buy and admire.

Dr. Leal appreciated and was impressed with the information he gained while at the convention.

"There were presentations given by professionals and amateurs who are very knowledgeable," he remarked. "It's almost like they've earned an honorary PhD in malacology, given the level of their studies and what they present. At every step, we're learning something new. We get to talk to people that have devoted their lives to shelling and shell collecting, and some of them are highly specialized in their collections. There's a lot of expertise in just one room."

Several participants presented Dr. Leal with donations of shells and books for him to add to the shell museum. "That shows we have a well-respected reputation out there in the whole shelling community, which is international," he said.

Dr. Leal, who is the COA's vice president, was joined by the shell museum's board president and the convention's coordinator, Anne Joffe.☆

From page 1

Photo Contest

Deadline for submission is 4 p.m. on September 15.

For an entry form and other contest information and rules, log on to www.dingdarlingsociety.org and click on Photo Contest, or contact DDWS at dingdarlingoffice@yahoo.com or 472-1100, ext. 233.

Winners will be announced and awarded prizes at Conservation Art Day on Saturday, October 22, during "Ding" Darling Days.

Entries may be delivered in person to J.N. "Ding" Darling NWR or by mail to "Ding" Darling Wildlife Society, One Wildlife Drive, Sanibel, FL 33957 (attn. Gary Ogden).

New this year: Entry fee is $25 per person.

First, second, and third place winners and honorable mentions will be formally announced during the "Ding" Darling Day's weeklong celebration held in October. Cash prizes will be awarded. Photos may be used by the society in any way with appropriate credit.

The three judges will be a refuge staff person, a professional photographer and a member of the Sanibel community.

To support DDWS and the refuge with a tax-deductible gift, visit www.dingdarlingsociety.org or contact Birgie Vertesch at 292-0566, 472-1100 ext. 4, or director@dingdarlingsociety.org.☆

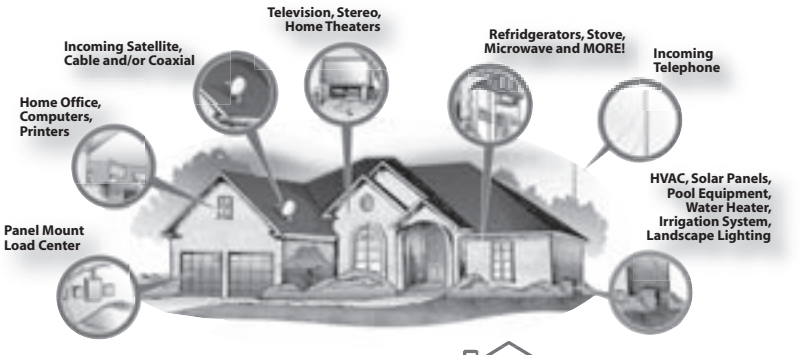
From page 1

Water Quality

protection, native plant protection and sod limitations, adoption of an urban fertilizer ordinance, and nutrient and lake management recommendations for golf courses.

"While the city has taken a very proactive role in improving water quality, the Sanibel River and many residential and golf course lakes on Sanibel remain "impaired" for nutrients such as nitrogen and phosphorus, the report states.☆

Summer Is Here - So Are Lightning Strikes



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School Smart

by Shelley M. Greggs, NCSP

Dear Shelley, My child has been home-schooled for the past six years and is now going to public school for the first time this fall. I want to be a good parent, help my child, and be active at her school. What kinds of things can I do that will be helpful?

Maria L., via e-mail

Maria,

Parent involvement with both your child and the school is one of the most important things you can do to help your child be successful. Sometimes it is difficult to make that connection with the school given a busy work schedule or if your own school experience was not a good one; however, this is an extremely important relationship that is worth developing.

According to research reported by the National Association of School Psychologists, when families are involved in education, there are very positive benefits for students, teachers, and families. Students display better attitudes toward school and learning, higher achievement and test scores, improved behavior, increased homework completion, greater participation in academic activities, and improved school attendance.

At home, parents can make sure that they:

- Monitor homework completion. Talk with your children about their assignments, understand what they are studying and review their progress.
- Participate in leisure reading with your children at all ages. It's fun to read the same books as your children and then discuss them.
- Communicate often with your children about academic and behavioral expectations; give them constructive praise and support.

Here are a few ways for parents to be active at school:

- Participate at school as volunteers and committee members.
- Participate in school functions, athletics, and other extracurricular activities.
- Regularly communicate with the teacher(s) about your child's progress.
- Participate in adult educational opportunities offered by the school.
- Be actively involved in school decisions as presented by the school or Board of Education.

Many teachers have special activities designed for parent volunteers. Make sure to ask your child's teachers what would be helpful. Very often the school's parent association will have projects and committees for which you can volunteer. While it may be easier to join a parent group or volunteer when your child is in elementary school, it is equally important to stay involved while your child is in high school. Volunteering with other parents during the high school years can help parents stay connected to each other in an informal parent network, which is always helpful.

These are just a few suggestions on how to become and stay involved in your child's educational journey. There are many more ways to be involved; the key factor is that you are involved.

Ms. Greggs is adjunct faculty at Edison State College where she teaches psychology and education courses. She is also Nationally Certified School Psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.☆

From page 27

20,000 Miles

ning, weather permitting, it is bikes again. Our daily average is 39.45 miles.

In between our favorite biking time we relax at the pool or go to the beach. This island is our favourite place in the world having been coming here for almost 30 years and we have met so many really wonderful people and friends through our biking here.

This is really the good life.

Bikers, please be careful and alert other bikers if you are about to pass them. Do not go anywhere on your bike without your bell.

Motorists, be careful when coming out of driveways. Look BOTH ways... twice.

Hopefully we shall be back on the bikes next year. We had thought of getting a tandem but we now have other ideas, maybe a bike with a trolley behind. We can take turns every other day of who is to do the pedalling!

Frank and Denise, Dublin, Ireland.☆

School Supply Drive

Children's Home Society is collecting donations of school supplies to make sure that children and families in Southwest Florida are ready to succeed in the new school year. Supplies collected will be given to more than 700 children and teens in Children's Home Society's programs in Lee, Collier, Charlotte, Hendry and Glades counties.

Backpacks and school supplies are needed for children from preschool through high school. Supplies will benefit youth in foster care through Children's Home Society's Independent Living Program as well as those enrolled in the Developmental Disabilities Program, Healthy Families Florida, and the Early Child Learning Centers in Naples.

School supply lists are available at most retail outlets selling school supplies or by calling Children's Home Society at 334-0222. Drop-off locations for the donations are: Waterman Broadcasting, 3719 Central Avenue, Fort Myers; and Title Connection, LLC, 1415 Panther Lane, #160, Naples.☆

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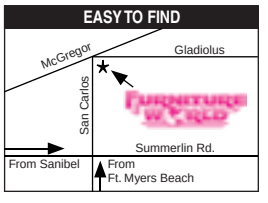

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Will Power

What The Budget Impasse Means To Estate Planning

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Much has been written about the impasse between the president and Congress over the budget and taxes. As of my writing this column there is not yet an agreement on how this will all work out, but it would appear that some sort of compromise will be necessary. Whatever the result, the impact will likely be felt on many estate plans.

The Democrats would seem to prefer raising taxes more than cutting spending on essential services while the Republicans seem to prefer cutting entitlement spending over raising taxes. Whatever your political persuasion, I'm sure that there will be a fair amount of both spending cuts and increased taxes. Interestingly, several Congressional leaders have been recently quoted saying that allowing the Bush tax cuts to expire would, in their estimation (and political cover) not be raising taxes.

Whether you agree with that statement or not, allowing the Bush tax cuts to expire would have a significant effect on many estate plans. The current gift and estate tax exemption is $5 million. This means that a married couple, with the right types of assets and proper planning may shield up to $10 million from federal estate tax.

Before the Bush tax cut, the estate and gift tax exemption was $1 million. Therefore, allowing the Bush tax cuts to expire would result in a decrease of $8 million from the federal estate and gift tax exemption for a married couple. Further, the highest estate tax rate would increase again to 55 percent.

And that doesn't count the increase in income taxes. Since many of us have qualified retirement plan accounts such as IRAs and 401(k) plans, the increase in tax rates on those withdrawals would pose a significant change not only to ourselves but to those that inherit those plans from us.

So what should you do about your estate plan? For those that may be affected by these changes, many professionals advocate taking advantage of the current $5 million gift tax exemption before that law expires. There are a number of ways to accomplish this, depending upon your goals and the types of assets that you own. It is always best to consult with your team of professionals, including your estate planning attorney, CPA and financial advisors. They will have the most insight as to your personal circumstances to offer suggestions how you might take advantage of the law before it's too late.

These changes point out how frequently the law changes and how important it is to keep your estate plan up to date. In the last several years alone there have been no fewer than six major tax revisions affecting many people's estate plans, and most states' trust laws have been rewritten in the last three years.

Not only that, but your family and financial circumstances change frequently. Children grow up, get married and have children of their own. Your assets change frequently – you may have had most of your net worth in one form (such as real estate) back when you originally did your documents but now it is in another form (perhaps retirement plans) now. Whenever your asset base changes, it is time to rethink your estate plan because different assets have different types of planning associated with them.

And these changes are not likely to stop anytime soon. You can bet your bottom dollar that whatever agreement is hashed out between the Congress and the president, come the 2012 elections everything will change again. Both parties will lambast the other for their stance, and it will be up to the voters to decide who should govern going forward. And whoever it is, they'll likely tinker with whatever compromise is achieved to avert today's crisis.

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From page 40

Children's Hospital

Lee Memorial Health System Chief Human Resources Officer and liaison to the Health System Auxiliaries Jon Cecil said of the gifts, "In a time honored tradition, the Lee Memorial Health System Auxiliaries stepped up to the plate with extraordinary generosity to help support this vital program within the health system, while also donating over $300,000 for special equipment and other department requests throughout the system." Added Jim Nathan, president, Lee Memorial Health System, "We are truly honored and grateful to have a group of such dedicated individuals who continue to rise to the call of philanthropy through the donation of their volunteer time as well as raising funds wherever and whenever a need is present."

For more information on The Children's Hospital Building Fund, or to make a personal or corporate gift, or to join one of the auxiliaries, contact the Lee Memorial Health System Foundation at 343-6950.

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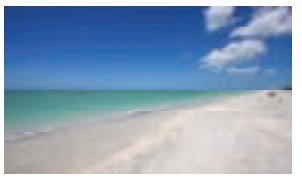
Income-producing walk out to pool & beach at Oceans Reach $699K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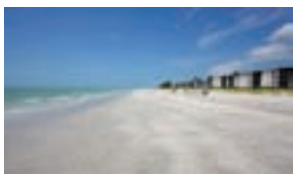
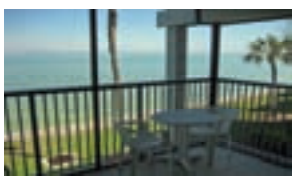
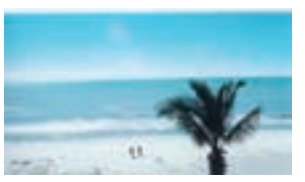
- Nearly 1/3 acre high elevation in small community w/ pool, tennis & 9-acre preserved area for wildlife $249K
- Over 1/2 acre at end of cul-de-sac within walking distance of Clam Bayou & Blind Pass Beach $449K
- 100' x 120' Sanibel River Estates west-facing parcel very close to community deeded beach path $199K
- One of the last undeveloped lots in The Dunes golf & tennis community, has a beach access too $399K
- Walk to Algiers Beach & Gulfside City Park from this west-facing Sanibel Highlands cul-de-sac parcel $149K
- Overlooking intersecting canals on Limpet Dr in Shell Harbor, patio dock plus marina is nearby $930K

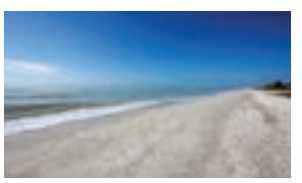

Absolutely the best income-producing Sundial Resort club suite $399K


Bring your decorating magic to this bay-front corner 2 bedrm $299K

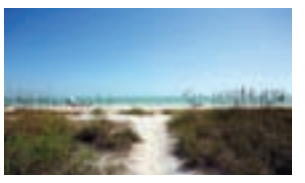

Amazing income at beach-facing penthouse w/ private roof-deck $1.195M

2-bedrm condo w/ amenities for all water-lovers & boaters $349K

Golf course home with big community beach access with parking $549K


Decorator-appointed 2-bedrm condo just short walk to gulf beach $369K

Granite & stainless kitchen in this bay-view 3-bedrm condo $499K


Beach access for Southwinds community, beach house $599K

Beach-front Sandalfoot 2-bedrm walk-out with income $699K

Top-floor bay & lagoon view 2-bedrm w/den or 3rd bedrm $499K

ISLAND SUN BUSINESS NEWSMAKERS

Top Producers

Diane Jayne

Bill Bolt

Kelly Palmer

Steve Palmer

John Naumann & Associates Top Listers for the month of June are Diane Jayne and Bill Bolt. Top Sales for June are Kelly and Steven Palmer.

Quarterly Awards

Marty Stokes

Joni Stokes

Virginia Dundoré

Donna Horne

South Seas Sanibel & Captiva Properties announces its Top Producer awards for the Second Quarter:

Marty Stokes was recognized as Top Producer in Whole Ownership sales for April, June and the second quarter.

Joni Stokes was recognized as Top Producer in Whole Ownership sales for the month of May.

Virginia Dundoré was recognized as Top Producer in Timeshare sales for April, June and the second quarter.

Donna Horne was recognized as Top Producer in Timeshare sales for May.

Top Associates

Phaidra McDermott

Pat Messerich

Mike Newes

Phaidra McDermott was John R. Wood Island Real Estate, Inc.'s top selling associate in April. McDermott has lived on Sanibel Island since she was three years old.

Pat Messerich was a top marketing associate, with most of his business in Fort Myers, Fort Myers Beach, Sanibel and the Bonita areas concentrating on residential sales.

Mike Newes also was a top marketing associate, after a career as a sports writing journalist and a CLEO-winning advertiser.

Back By Popular Demand: Shred Your Documents Securely

The Sanibel Community Association will be hosting a drive to shred your unneeded documents and papers on Saturday, July 30, between 9 a.m. and noon at The Community House.

The quieter summer is the perfect time to organize your home and office. It's also the perfect time to destroy the sensitive documents you no longer need. But, if the thought of tediously hand-feeding piles of personal papers into your home shredder makes it tough to get motivated, then the perfect solution is to let someone else shred it for you safely and quickly.

Bring documents such as bank statements, credit cards receipts, old checks, income tax returns or anything that contains personal information, while watching the professionals at Secure Shredding, Inc. pulverize your papers into bits within mere minutes.

The event is open to the public. A small fee of $5 for one or two boxes per car will be collected. If you have more boxes, an additional donation is requested. All proceeds go to the Community House operating fund.

For more information on this event or other community association-sponsored events, visit www.sanibelcommunityhouse.net or call 472-2155.

The Sanibel Community Association is a 501(c)3 organization whose mission is to enrich community spirit through educational, cultural and social gatherings in the historic Community House.

Florida Residency And Estate Planning

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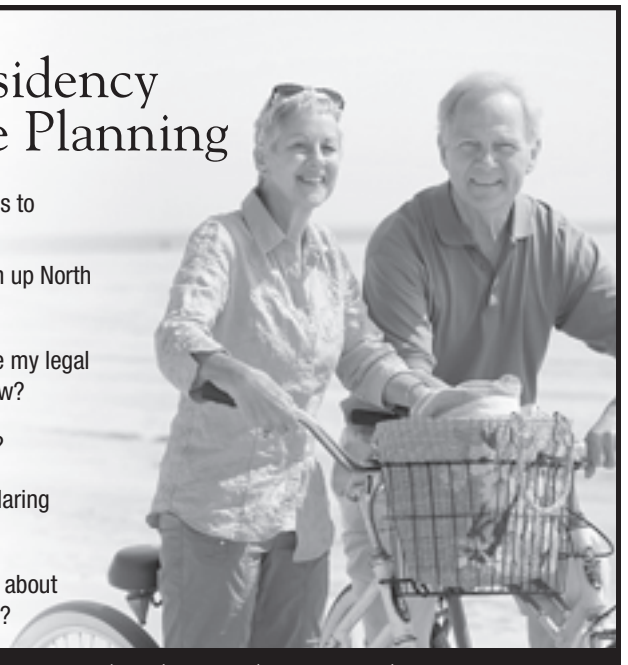
- Is my will and trust from up North still valid?
- Why do I need to update my legal documents to Florida law?
- How do I avoid probate?
- Can I save taxes by declaring Florida Residency?
- What do I need to know about Florida homestead laws?



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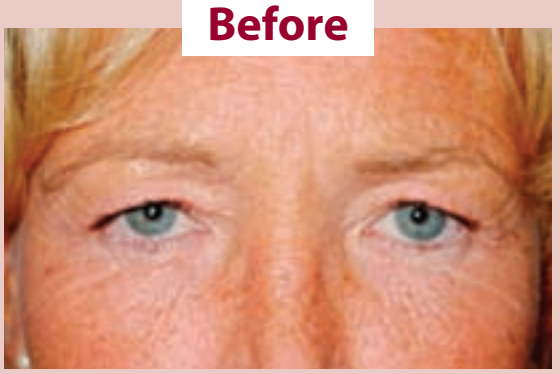
- ☐ Do you have to raise your eyebrows to see more clearly?
- ☐ Have you hit your head on a cabinet door while open?
- ☐ Is it difficult to see beside you without turning your head left or right?
- ☐ Do your eyelids close while you are reading?
- ☐ When you play tennis, do you have trouble serving?
- ☐ Do your eyelids feel heavy?

Natasha Larson, COA

If you answered "yes" to one or more of these questions, you qualify for a **FREE**, no obligation eyelid screening performed by Natasha Larson, COA.

Screening candidates receive a $50 gift certificate to your choice of one of five Prawnbroker Restaurant Group establishments in Ft. Myers and Sanibel.

Before



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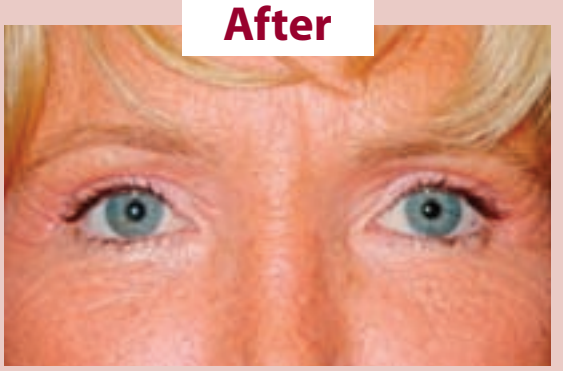

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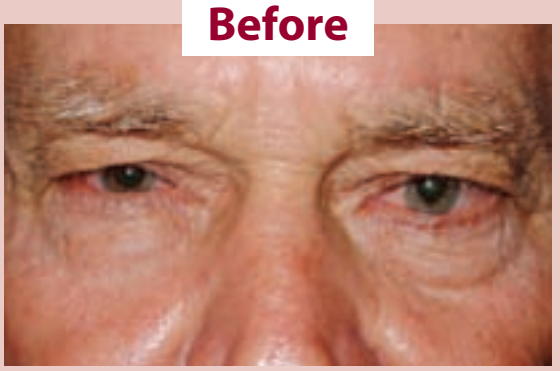
Before



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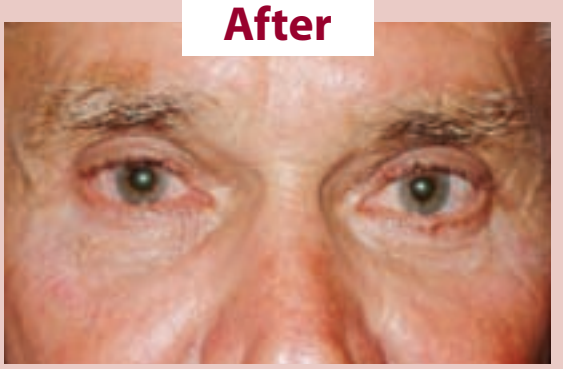

Dr. Dave

Summer Calls

by Dr. Dave Hepburn

As I recall, the happiest time of my schoolboy daze was summer. My teachers, oddly enough, recall the same thing. Summertime and the living is so easy that I still make a point of taking summer off. Could be in the throes of doing a surgical liposuction but if it's 12:01 June 21, I will put down my scalpel and suckers. "Sorry folks but summer calls." Return to the OR after Labour Day with new shoes, underwear and a lunch box with a superhero on it, and finish sucking and sewing the patient up. (Using this technique, I guarantee they'll have lost weight.) But to make sure we all show up on Labour Day with our superheroes and underwear intact, remember:

• When Thunder Roars, Go Indoors

The majority of those who die from lightning strikes were within feet of safety but stayed out to finish their lawn, their shot or their shots. A healthy respect for thunder and lightning means keeping you alive and as more of you are apt to buy my book if you are alive, I am a strong advocate of being alive. Lightning can actually strike well before rain hits, showing up even 10 miles outside a storm's rain belt. Take thunder as a cue to get indoors. If that's impossible, get inside a hard-top vehicle. Find shelter under a tree, however, and you may never read my book. Once inside, do not use landline phones, computers or video games or you may end up in need of a superhero/doctor (redundant).

• Pet a Bee and Perhaps Not Be

I'd always considered bumblebees relatively innocuous compared to the more aggressive wasps and hornets. Big, fuzzy, friendly, plush honeymakers that welcome me to my Honey Nut Cheerios and Esso stations (the SOB?). Heck, I used to tell my sons to go ahead and pet them like they were the neighbour's cat. But a growing number of severe allergic reactions are being caused by bumblebees. In fact, they can be deadly to those who are allergic to other stingers. Three key recommendations for people who are allergic to ANY stingers:

1. Consider allergy shots. Quite effective in preventing allergic reactions to stings.

2. Avoid all stinging pests, including bumblebees, Ali, taxman.

3. Be aware of factors that increase the chances of a serious reaction such as: heart disease, high blood pressure, asthma, and even taking certain medications including the very common beta blockers and ACE inhibitors.

• Don't Tick Off the Cat

Not to be outdone by the bees, summer is peak season for a bacterial disease in cats called tularemia, an unpleasant illness that can be transmitted to humans if they're bitten by a tick or an infected cat. And to think I used to tell my sons to go ahead and pet cats like they were the neighbour's bumblebees. Cats eat rabbits who get bitten by ticks, who can host tularemia to say nothing of other lovely diseases brewing away in their wee tick bellies including: Lyme disease, Rocky Mountain spotted fever, Libya. There are no vaccines for tularemia. The best protection is to keep your pet cats, rabbits and ticks indoors.

• Lazy, Curl Up or Moe

Thousands of summer injuries a year involve the lawnmower weapon. I personally know that my back goes out if I even think of touching one, so I get my wife to use it while I, being a responsible doctor, carefully monitor her health from my hammock. While lawnmower injuries conjure up thoughts of wiping the blades just as junior discovers a new button to push, there are no shortage of burns either. But every summer it is the juniors who get injured the most and who should never even be in a yard with a running lawnmower. So even if your back is fine, I suggest that you be on the lookout for children, a responsibility best done by male men of the guy species... from their hammock.

"The Doctor is In(sane)" is now available in all bookstores, for that summertime, lightening-free, hammock read.

Like the column? You'll LOVE the book the Doctor is In(sane), *available at Sanibel Island Bookshop. Contact Dr. Dave or read more at www.wisequacks.org.*

Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

Our friends are healthy elderly – just like us. They enjoy doing things and going places, but now.

Their entire lifestyle is scheduled around the care and the needs of their elderly dog. This care is all-consuming; they will go places just for a few hours so as not to leave the dog alone. They take the odd week's vacation and employ a woman to live in and care for the animal during that time. They would like to move to a smaller place or a retirement complex, but can't because of the dog.

We are fed up dealing with it and we

continued on page 48

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Having Bad Dreams? It Could Be Your Medicine

by Suzy Cohen, RPh

Dear Pharmacist: My doctor is referring me to a psychologist because I'm having so many bad dreams. These are new for me, and while I believe that dreams are "telling" I can't help but wonder if it's something I'm taking. In the last six months, I've begun taking three new prescriptions. Could my drugs have any bearing on my sleep or dream state?

TH, Denver, Colorado

Yes, medications can definitely impact the way you sleep, and cause vivid dreaming, lucidness, and even nightmares. There are over 130 medications that can cause nightmares and I've posted the list at my website, www.SuzyCohen.com because I don't have the room to do so here. I'll mention a few of those drugs shortly, but for the moment, let's talk about nightmares. It's normal to have them on occasion, but not all the time. I believe that dreams are a way for our unconscious mind to get our attention about a life situation, one that is particularly troubling. They are frightening and often contain emotional content or vivid details that stick with you throughout the day, if not forever. Nightmares are fairly common in children, but they are not usually associated with any underlying psychological problems. About 5 to 8 percent of the adult population, mostly women, have to deal with recurring nightmares. Just FYI, nightmares are considered one of the hallmark symptoms of post-traumatic stress disorder (PTSD). Many war veterans and child abuse survivors can attest to this.

But as I said earlier, medications can trigger nightmares too. Below is a list of some of the most popular drugs or dietary supplements I can think of that have the potential to affect dreaming. If you see your medication on the list, and nightmares have become troublesome for you, then speak to your doctor about lowering your dose a little bit, switching medication categories, or trying something natural.

Albuterol – a popular inhaler used for asthma or bronchospasm

Alprazolam and diazepam – these medications are used for relaxation or sleep

Amitriptyline and doxepin – two older antidepressants

Statins – a class of medications used to reduce cholesterol

Bisoprolol – a blood pressure drug

Carbidopa/levodopa – used in Parkinson's disease

Cetirizine – an antihistamine

Citalopram and Escitalopram- two newer popular antidepressant

Fenfluramine – an appetite suppressant used for weight loss

HCTZ (Hydrochlorothiazide) – a popular diuretic used to reduce blood pressure

Levofloxacin – An antibiotic

Melatonin – a natural sleep aid, but excessive amounts can cause nightmares

Mugwort – a natural herb sometimes used to expand consciousness and dream states, as well as for digestive health

Propranolol – used for high blood pressure, migraines and heartbeat irregularities

Zanamivir – inhaled drug used for Influenza

Zolpidem – popular sleep medication

DID YOU KNOW?

Researchers just learned that when you get a sunburn, a pain-causing protein called CXCL5 goes way up. Taking an aspirin helps relieve sunburn pain.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and *is a registered pharmacist. To contact her, visit www.dearpharmacist.com.*☆

Realtors Host Blood Drive

The Sanibel-Captiva Islands Association of Realtors are hosting a Lee Memorial Bloodmobile Drive on Wednesday, August 3, from 9 a.m. to 3 p.m. The bloodmobile will be parked at Bailey's General Store, 2477 Periwinkle Way. All registered donors will receive these vital health checks: blood pressure, pulse and temperature reading; hemoglobin reading; non-fasting cholesterol test; and blood typing. All blood collected on the Lee Memorial Bloodmobiles remains in the Lee Memorial Health System. LMHS hospitals need a minimum of 800 units per week to meet the needs of their patients. Potential donors may call 472-9353 to sign up or come to the blood drives – walk-ins are always welcome. If anyone has questions about donating blood, call 343-2333. ☆

Got A Problem? Dr. Connie Is In

by Constance Clancy

Q: Can you define what "integral health" means?

A: "Integral" means comprehensive, balanced, and inclusive. Whenever we think, feel, or act in an integral manner, it carries a sense of wholeness or completeness. Usually this is an intuitive experience. It simply feels more right, more true, more in touch with reality. So put that together with the word health and we are looking at the whole; mind, body, spirit and emotional health.

To many, health is merely physical form, yet it encompasses so much more on many levels. For the mind/intellect, keep it active with reading, journaling, crossword puzzles, etc. The body encompasses the physical realm such as exercise, yoga, sports. Spirit involves the reflection/contemplation aspect of your life; communing with life, the universe and spirit. Integral health is making your highest contribution to your own well-being so you may be fully alive.

Dr. Clancy is a licensed mental health therapist, certified hypnotherapist, life coach, author and public speaker. You may email Dr. Connie at connie@drconstance.com.☆

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From page 46

Mom And Me

have heard that others have also given up. What's this with dogs?

Stephie

Dear Stephie,

I am not into dogs but I have heard that they fulfill a very basic need for some people.

This couple seems to have a need for parenting, love this dog as a person and enjoy caring. I have also heard people say that some people are prepared to spend thousands of dollars on chemotherapy, surgeries etc., just to extend their lives.

This type of need is beyond my comprehension and only a person with appropriate skills can understand, and that is not me.

Lizzie

Dear Stephie,

I am a dog person. Our dog is very much an integral part of our family. Dog lovers do not ask you non-dog lovers to understand. We do not criticize you for not having dogs. Do not criticize us for having dogs. Apart from dogs bringing depth and breadth to the life experience, research has validated over and over again the benefits of animals in the lives of humans.

Price

Lizzie and Pryce's email address is momandmeaging@hotmail.com.☼

New Professional Development Webinar Series: Difficult Employees

Florida Gulf Coast University Office of Continuing Education and the John Scott Dailey Institute of Government announce the launch of a new series of professional development webinars. Titled Managing Difficult Employees, the first webinar will be offered online at fgcu.webex.com on Thursday, August 4, from 10 to 11 a.m.

Early registration through July 31 costs $59 per person, and $79 on or after August 1. Participants may register for the webinar at fgcu.webex.com.

In this webinar, participants will learn to identify common behaviors of difficult employees. They will learn a proven system that will help to correct unacceptable behaviors demonstrated by the difficult employee.

The Office of Continuing Education provides non-credit learning opportunities for the working professional as well as customized training programs to meet the needs of local business and industry. It provides high-quality, integrated, and innovative programs that enable participants to achieve their career and learning objectives through access to affordable education and employment skills training. It offers a variety of continuing education units, contact hours, certificate programs, lectures, short courses, online courses, conferences, symposia and seminars.

For more information on private or public sector training, development and certification programs, contact 425-3270 or go online at www.fgcu.edu/ced.☼

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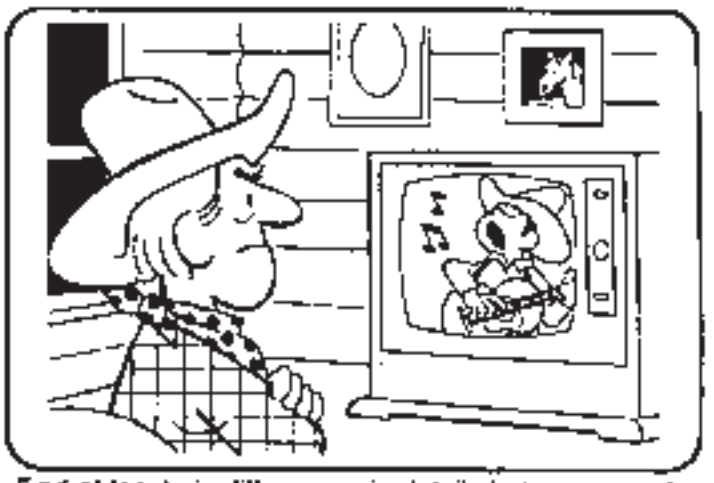
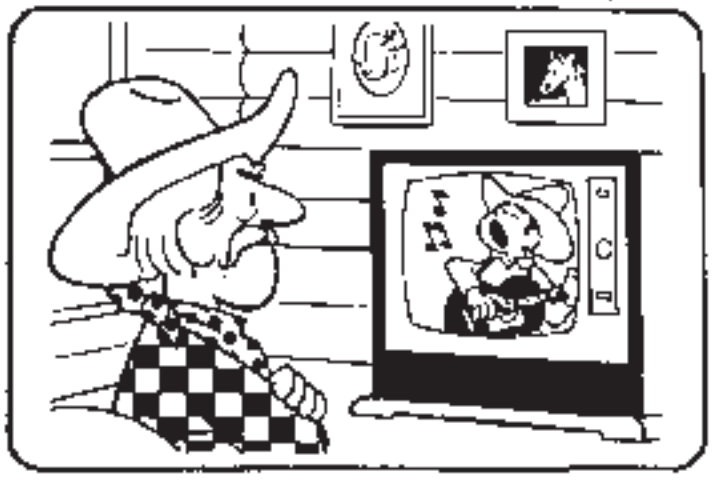
BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. TV cabinet is dark. 2. Girl's picture is in frame. 3. Shirt is different. 4. Man has mustache. 5. It's night outdoors. 6. Guitar is black.

"Oh, hello, dear! You got a

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Scoff
DERDIE

Change
ADMEN

Stir
TRUSEL

Nearly
STROUB

TODAY'S WORD

answer on page 51

	8		6					9
1				5	4		3	
		3			7	1	2	
		8	5			6	7	
3			4		1			2
6	5			8		4		
9				7				5
	6				8		1	4
		2	9			3		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 51

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SUDOKU

2	8	7	6	1	3	5	4	9
1	9	6	2	5	4	7	3	8
5	4	3	8	9	7	1	2	6
4	2	8	5	3	9	6	7	1
3	7	9	4	6	1	8	5	2
6	5	1	7	8	2	4	9	3
9	3	4	1	7	6	2	8	5
7	6	5	3	2	8	9	1	4
8	1	2	9	4	5	3	6	7

KING CROSSWORD

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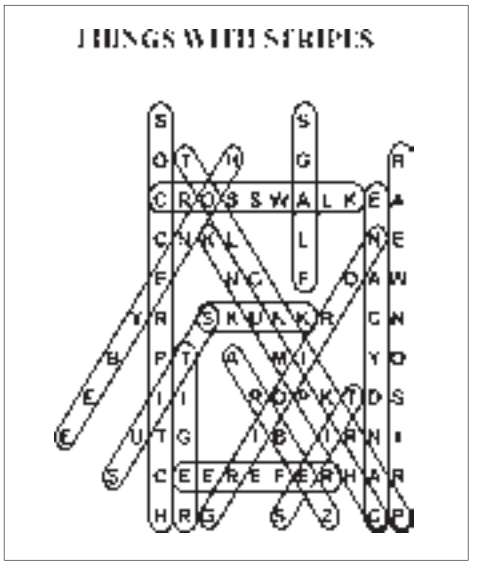
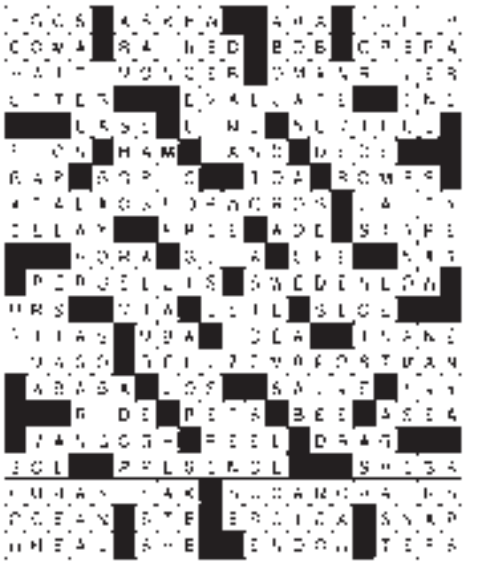


SUPER CROSSWORD



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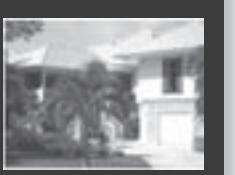

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✲NS 7/29 BM 7/29

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✲NS 7/15 NC 8/5

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SR 10/9 N TFN

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✲NR 3/18 NC TFN

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✲NS 7/22 BM 8/12

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✲NR 7/29 CC 7/29

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ANNUAL RENTAL

ANNUAL RENTALS SANIBEL

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RS 10/9 B TFN

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✲NR 7/22 CC 7/29

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✲RS 3/11 BM TFN

Pets Of The Week

Bruce ID# 511114

Hi, I'm Bruce, a male cocker spaniel and I'm three years old. I'm a happy, handsome, attentive boy with a sweet disposition. What more can I say? If you can give me a good home, I will be your loving, loyal companion. My adoption fee is $75.

My name is Athena and I am spayed a domestic, medium hair gray and white female cat. I'm sweet, loving and beautiful so I don't know why my owners moved and left me behind. If you can share your home and life with me, I will share my love and affection with you. My adoption fee is only $8 during the July adoption promotion. Don't forget, you can get a second cat free. I would love to have a feline pal at my new home.

Adoption fees at Animal Services are being slashed even further. Adult cats may be adopted for just $8 (the cost of the county pet license) and kittens may be adopted for only $10. Cats and kittens are always two-for-one at Animal Services. Also, check out the vast array of dogs available for $30.

Athena ID# 466722

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

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Sanibel	472-5525
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Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3156
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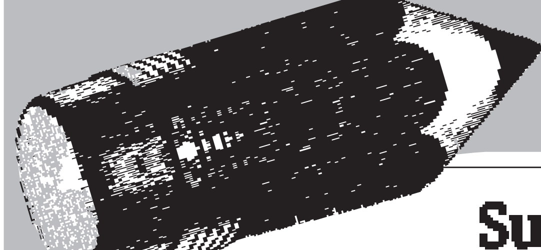
Community Foundation of Sanibel-Captiva	274-5900
CROW (Clinic For The Rehabilitation of Wildlife)	472-3644
FISH of Sanibel (Friends in Service Here)	472-0404
Sanibel Island Fishing Club	472-7257
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	472-2121
League of Women Voters	472-6689
Lions Club (Tom Rothman)	395-3248
Master Gardeners of the Islands	472-6940
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-1027 or 472-9383
Rotary Club	472-7257 or 472-0141
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	472-3828
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	395-2040
www.sanibelsoccer.org	
The Military Officers Assc. of America	
(MOAA, Alex MacKenzie)	395-9232
United Way of Lee County	433-2000
United Way 211 Helpline	(24 hour information line) 211 or 433-3900
Zonta Club	671-6381
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum	395-2233
J.N. "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF (Sanibel-Captiva Conservation Foundation)	472-2329



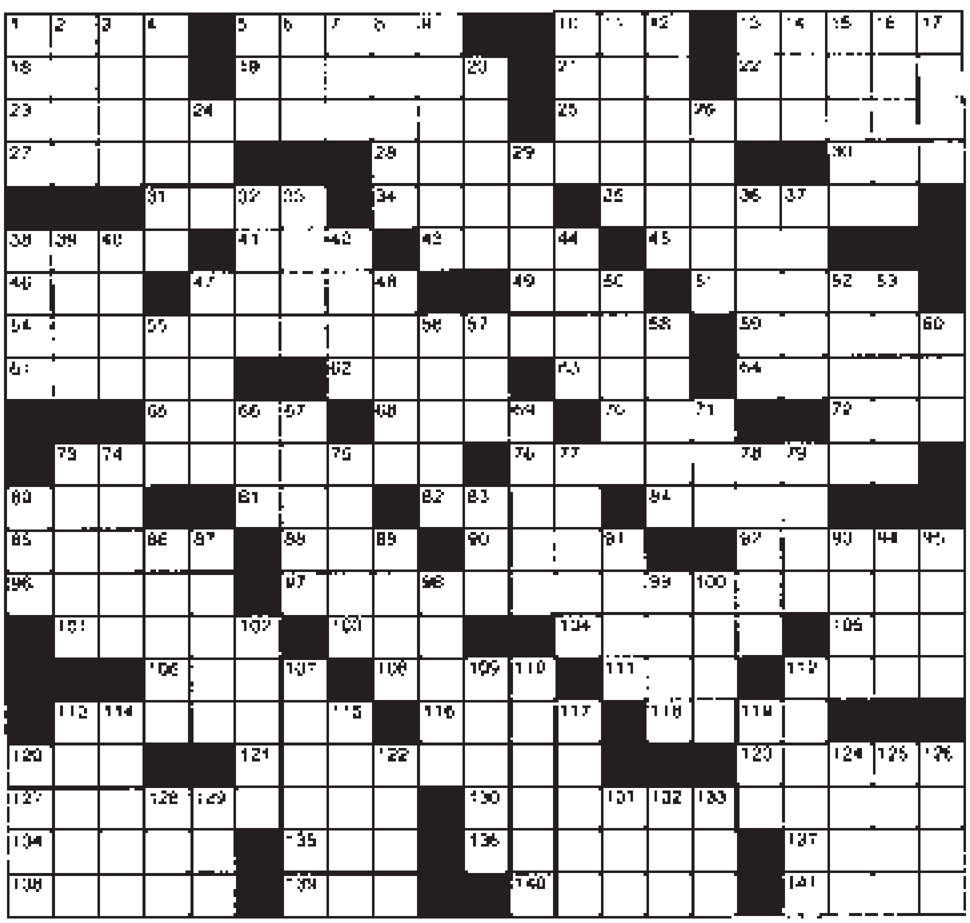
BEACH CHAIR PASTIME

Answers page 51

Super Crossword — WHIRLED TOUR

ACROSS
1 Hollywood dearie's
6 Out of the
10 Palindromic Parseghian
13 Haarlem export
18 '76 Buyoid thuiler
19 Lavished
21 Waggle
22 Megabow masterpiece
23 West Indian trouble-maker?
26 Mideastern show tune?
27 Aquatic animal
28 Appraise
30 Compass pt.
31 Vacation sensation
34 Citrus fruit
35 Brand of Chamberlain
38 Thames town
41 Son of Noah
43 Touch down
45 "— Dinah" ('58 hit)
46 Opening
47 — acid
49 One — customer
51 Gamboys
54 Speechless in South-east Asia?
59 Church members
61 Hold up
62 Pro bono
63 Summer quencher
64 Gawk
65 Israeli dance
68 TV's "— Life"
70 Brenda of Brandon
72 "Unforget-table" name
73 South American designer?
76 Scandinavian sugar substitute?
80 Marion Minnie
81 By means of
82 Kobeest Winsel
84 — gin fizz
85 Gam and Wilson
88 Ewe's peg
90 Conceal
92 Pointless
96 Aquatic insect
97 Central American song?
101 Addis —
103 Rocks — Bravos
104 Ointment
105 Ornamental vine
106 Wksp. for one
108 Family members, to many
111 Hum bug?
112 Perplexed
113 Artist Vincent
116 Stagger
118 Hair
120 Impresario Hurok
121 Self assurance
123 Biblical kingdom
127 Caribbean entree?
130 African palanquins?
134 Where the buoys are
135 Fr. holy woman
136 Beethoven symphony
137 Ginger cookie
138 Swelling
139 Aunt or niece
140 Bestow
141 "Guarding —" ('94 film)

DOWN
1 Narcissus' nymph
2 Big kid?
3 Fail to mention
4 Glossy cloth
5 Garment part
6 — Paulo, Brazil
7 Relatives
8 Actress Georgia
9 Plant pest
10 Hunt's "— Ben Adhem"
11 Director Polanski
12 Let up
13 Andersen's "High —"
14 News org.
15 Raze
16 Musical of 1978
17 Unwind a bit
20 Stage stuff
24 Lewis or Remsen
26 Extremely eloquently?
29 Slowly, to Sibelius
32 Dispel
33 Inner self
36 Sacred cows
37 Paul of "The Running Bear"
38 "Heavens to Betsy!"
39 "Little Man —" ('91 film)
40 Fall birthstone
42 Inhale
44 Mrs. David Copperfield
47 "Blue —" ('77 hit)
48 It's walked at Windsor
50 Battle
52 Nero's instrument
53 Scarecrow stuffing
55 Bogey/Stacy co-star
56 Singer Odetta
57 Mansion
58 Starts a yawn
60 Stir
66 Gun the engine
67 Out on —
69 Stage whisper
71 Sushi candidate
73 — Jones
74 Cornerstone abbr.
75 Tag
77 Literary parson
78 Cry
79 Easter ends it
80 Mad host
83 Taylor or Tuttle
86 "F Troop" corporal
87 Edna Ferber novel
89 Crooked
91 Spindle shaped
93 Baudelaire's buddies
94 Church area
95 "Oh, how Flew" singer
98 Grenoble's river
99 Beseeched
100 Done
102 Take on
107 Way out
109 On edge
110 Anchored
112 Taken way aback?
113 Enclose, with "for"
114 "The Sandbox" playwright
115 Wasteland
117 Erased
119 Timber tree
120 Sailboat, e.g.
122 — -Ball (arcade game)
124 Mozart's "— kleine Nachtmusik"
125 Some underwear
126 Snake charmer's crew
128 Bond rating
129 NBC comedy showcase
131 Support
132 Sgt. or cp.
133 Cornfield cry



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King Crossword

ACROSS
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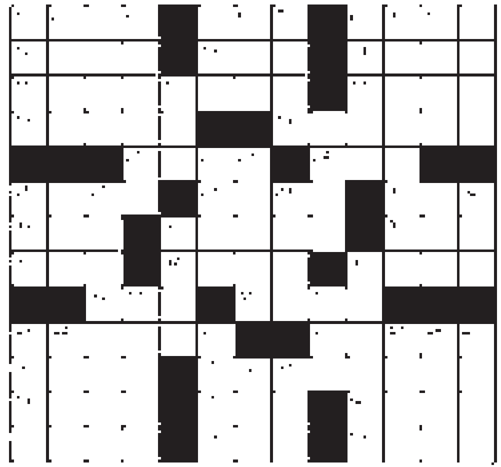

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F C A Y C R O S S W A L K I A
W L R P C N K I N T J J H N F
F D B Z E X Y N G T F R O A W
Q O M Y R I S K U N K R K C N
I E B I P L O A D M L B Z Y O
Y E W V I I J P R D P K I D S
F R Q U I G O N I B J I R N T
K I S B C I L R I E J R B A K
I D C A H R G Z X S W Z V C P

[illegible]

Candy cane	Gridiron	Referee	Ties
Chipmunk	Honey bee	Skunk	Tiger
Crosswalk	Parking lot	Soccer pitch	Zebra
Flags	Prison wear	Suits	

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