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VOL. 18, NO. 3 SANIBEL & CAPTIVA ISLANDS, FLORIDA JULY 23, 2010

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## Dr. PJ Resigns From CROW

by Brian Johnson

Clinic Director and Veterinarian Dr. PJ Deitschel has resigned from CROW. This past Sunday, July 18 was her last day at the wildlife hospital.

Dr. PJ is headed to Pensacola, where she will assist with the rehabilitation of wildlife impacted by the BP oil slick.

"It is with sadness I've resigned my position as clinic director/staff veterinarian at Clinic for the Rehabilitation of Wildlife," said Dr. PJ. "CROW has been my passion for 12 years and it will always hold a very special place in my heart. It's been a joy and honor to serve our wildlife patients and work with such a truly amazing group of people.

"I'm grateful my skills and passion are needed with the gulf oil spill wildlife emergency response team and look forward to this opportunity to advocate for animals in a different capacity.

"My heartfelt thanks to this community for your wonderful support and kind words throughout the years."

Dr. PJ first came to CROW in March, 1996 as a senior vet student. She became the head veterinarian in November, 1998.

continued on page 7

Dr. PJ Deitschel with burrowing owl

## Butterfly Season Is Here

Eastern tiger swallowtail *(Papilio glaucus)* male

Gulf fritillary *(Agraulis vanillae)* male

Eastern tiger swallowtail *(Papilio glaucus)* male

photos by Bob Gyurik

## Maxwell Produces 'Non-Existent' Map To Council

by Anne Mitchell

Resident Steve Maxwell dropped a bombshell at the Sanibel City Council meeting on Tuesday when he produced copies of a city map that officials – including the city attorney – have maintained don't exist for the past eight years.

Maxwell, who lives on Raintree Place, off Island Inn Road, has been fighting the city since 1992 claiming that Raintree Place was to be an extended private roadway easement connecting to Twin Palms. City Attorney Ken Cuyler has responded that no such road was ever intended, nor was there any documentation showing it did.

Maxwell says in a letter to the mayor and council he believes Ken Pfalzer, former deputy planning director, and Cuyler "may have made up a cul-de-sac in order to get away from the legal allegation against the city... to prevent the city from being sued by the Gombergs."

The Gombergs and neighbors the Rothschilds were caused "tens of thousands of dollars worth of legal costs" in trying to resolve the property issues, Maxwell said. "The city allowed a house to be built in violation of the land use plan and development codes and without adequate turnaround."

Thomas Kontinos, who has worked in Lee County law enforcement for 27 years and in the state attorney's office for 10 years, told council he investigated allegations including perjury and misconduct by a city official over the roadway issue.

"The state attorney's office declined to prosecute Mr. Maxwell," he said, for lack of evidence.

"That document could have been critical," remarked Councilman Peter Pappas.

Maxwell said he discovered the map while researching a drainage issue in his neighborhood. It was in a pile of maps at the public works department and he obtained copies that show the city seal and the date July 9, 1986.

"This was a document request in 2004," Kontinos said, "by me during my investigation."

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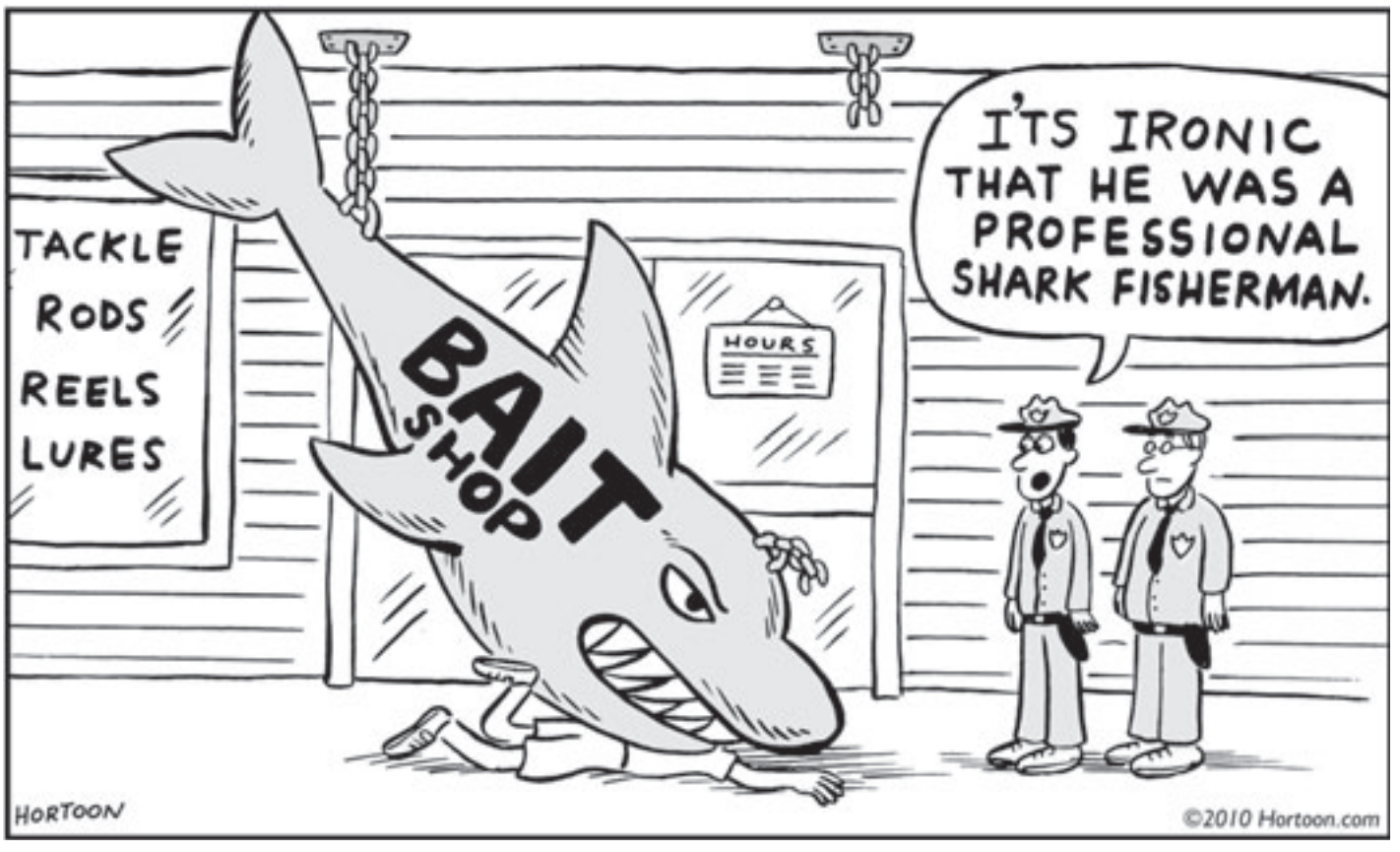
# HORTOONS




# Two Re-Elected Unopposed To CEPD Board

CEPD Commissioners Henry A. Kaiser and Michael C. Mullins have been re-elected by acclamation to the Captiva Erosion Prevention District (CEPD) as commissioners for Seats 1 and 3 respectively. By virtue of running unopposed in the November election, each will be eligible to serve four-year terms commencing in November.

Mullins currently is chair of the board of commissioners and Kaiser is secretary. This is Mullins' third term, having been first appointed and then elected in 2006. He was elected chairman in January 2009. Kaiser was appointed to his seat in 2008 to fill a vacancy.

The CEPD is governed by a board of five commissioners elected by qualified electors residing within the district. They serve four-year terms and receive no compensation.

The CEPD, an independent special district with taxing authority, was created in 1959 by an act of the Legislature. CEPD was reestablished by the Florida Legislature in 1981 as a beach and shore preservation authority; as such, the district has all the powers and duties of

continued on page 8

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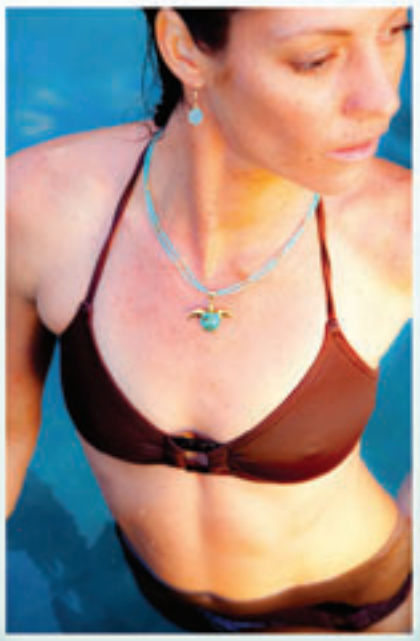

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Join in Monday, Wednesday and Friday at 9 a.m. for a combination of HAPPY Hour Fitness and Essential Total Fitness with Sandi McDougall.

This class begins with a joke from one of the participants to put you in the right frame of mind and ends with a positive thought for the day. The class is approximately 40 minutes of low-impact aerobics, five minutes of balance exercises and 25 minutes of strength and flexibility.

**Gentle Yoga with Chris Brown**

11 a.m. Monday and Wednesday

This class is designed to stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Class exercises make use of chairs and mats to meet the needs of varying experience levels. Participants are encouraged to bring a towel

**Bridge for Fun**

12:30 p.m. Monday and Wednesday

**Mah Johngg**

12:30 p.m. Thursday

Prizes for both games are awarded. Cost is $2.50 for Island Seniors, Inc. members, $5 for non-members and includes materials and supplies.

**Kayaking**

August 10 and 24

This non-competitive outing is perfect for people who enjoy the world around them. Kayak adventures are held on Tuesdays. There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks.

Each outing is led by two leaders who determine the location. Leaders pay no fees and reserve the right to change the 8:30 a.m. meeting time. All participants, including those with personal kayaks, must meet at the center unless an off island launching is scheduled. Everyone is encouraged to take their turn leading the group.

The center supplies the kayaks, paddles and life jackets (which all participants must wear). Bring water, a small snack, change of clothing, sun and bug lotion, sunglasses and a hat.

Fees are $5 for members and $10 for non-members per trip. Members of the Island Seniors, Inc. are given first priority. Come by the center to sign up.

**Cinema Therapy**

Fridays at 1:30 p.m.

This is a free adult time-out to escape in Movieland. Join in every Friday for free popcorn, a movie and laughter. Comedies and musicals will be shown this summer. Stop by the center to pick up the schedule.

**Leisure Lunchers – Thrift & Consignment Shoppers**

Explore new restaurants. You may join others to carpool.

Sign up at the center and view the menu. You must pre-register.

Tuesday, August 17

Leave the center at 11 a.m.

Destinations are Sandi McDougall's favorite restaurant and consignment store

Sign up and let her surprise you.

**Watercolor with Artist Bea Pappas**

Friday afternoons from noon to 3:30 p.m.: August 6, 13, 20 and 27

Cost for the four-week session is $80 for members, $100 for non-members. You will work from still life such as flowers, glass objects and toys. First time artists as well as artists with some experience are welcome.

Quality paper and paint will ensure best results and does 50 percent of the work for you. Pappas recommends watercolor paper that is 140 cold pressed, 22x30" and acid free. Look for Arches or Fabriano. She uses Waterford paper. Buy at least four sheets for the four-week session. You will need an artist grade paint such as Windsor Newton. You need a minimum of yellow, red, and blue. You can mix green. You can buy Windsor yellow, red and ultramarine blue online at cheapjoes.com or dickblick.com. Dick Blick ships quickly. A minimum of a one-inch flat brush of white nylon is also needed. Styrofoam plates make good palettes. Bring paper towels too.

**Computer Class**

Thursday, August 5, 1 to 3 p.m. with Patty Waters

PC Savvy – Ten Things about Windows that Savvy Computer Users Know

A two-hour hands-on workshop with more than 10 tips to help you master Windows and keep track of documents. This is one of the most popular classes for those who often say, "where's my file?" or "how do I get out of this?" There will be materials to take home.

Cost is $30 for members, $45 for non-members.

**Discovering Florida Day Trips**

Tuesday, August 24

Bamboo Farm and Pottery Express, 25370 Zemel Road, Punta Gorda.

There will be a stop for lunch at Fisherman's Village and a stop at Pies & Plates on the way back to Sanibel. Carpool from the center. No refunds for trips unless canceled by the center. All itineraries are subject to change and members get priority.

**Holiday Bazaar**

Saturday, November 20

The bazaar includes a sale of second-hand items to benefit programs at the center. Bring in your unwanted items any time over the summer. They will be stored until the fall.

The Center 4 Life is at the corner of Palm Ridge Road and Library Way. Call 472-5743 for more information.

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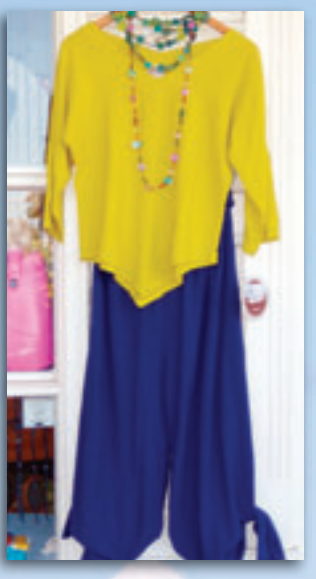

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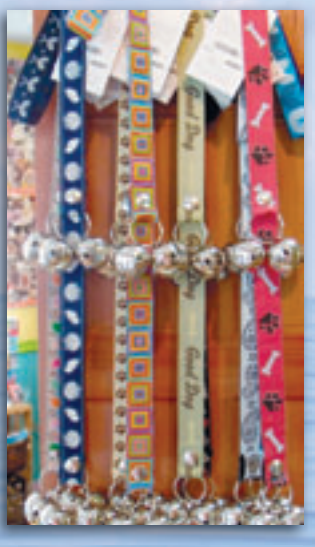

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# INSIDE CITY HALL

From page 1

## Maxwell Produces 'Non-Existent' Map

There were testy exhanges between Maxwell and Cuyler with Maxwell insisting, "Admit you made a mistake." Cuyler referred to "Mr. Maxwell's typical sandbagging" and added, "He has not shown anything to me. He brings it up at a public meeting."

Maxwell replied, "Why would I go to him. He has belittled and embarrassed me." He said the city had implied in its legal defense that he had a vendetta."

Mayor Kevin Ruane cut off the exchange saying, "We are not going to engage in this," and adding, We will certainly respond to it."

Later in the meeting, Cuyler apologized for losing his temper, adding, "Mr. Maxwell has spent eight years getting under my skin."

Council members appeared mostly unprepared for the revelation and made few comments. However, Vice Mayor Mick Denham said the Gombergs were friends of his and that they are "the biggest victims of this." He added, "They have suffered immeasurably through no fault of their own."

As for Maxwell, he said he wants the city council to investigate and hold those staff members accountable.☼

## City Honors Jordan For 25 Years Service

by Anne Mitchell

Sanibel Planning Director Jim Jordan was recognized by the city council on Tuesday for 25 years of service. He began as a planning technician, was promoted to a planner in 1989 and became planning director in June 2009.

Also, Crystal Mansell, executive assistant to the city manager, was named employee of the quarter by co-workers and was handed a check by Mayor Kevin Ruane.

The council also thanked Sharon and Judy Michie and Friends of the July 4th Fireworks, Inc. for raising $17,500 to put on a show when it looked as though Sanibel would not have July 4 fireworks.

Another presentation was made to City Clerk Pamela Smith for having served as the 2009-10 president of the Florida Association of City Clerks. It was made by by Kelly Koos, vice president.☼

Jim Jordan

Crystal Mansell

## Mayor Predicts Another Rough Fiscal Year

by Anne Mitchell

Fearing a "double-dip recession related to real estate prices," Sanibel Mayor Kevin Ruane said Tuesday he wants the city to "proceed with caution and prudence" in preparing the 2010-11 budget.

Ruane, who is looked on as the council's finance guru, said he believes property values will show an even greater decrease than in the past three years, greater than seven percent. Values fell 19.6 percent in the past two years.

In this first step of the annual budget process, council set a tentative millage rate of 2.1561, the same as last year, which will generate about $700,000 less because of reduced property values and other factors. In future meetings, council can reduce but not increase that millage rate. The rolled back rate, which would generate the same amount as last year, is 2.3204.

City Manager Judie Zimomra said reserves are important because while the threat from the Deep Horizon oil spill is low, the potential for algae on the beaches from increased releases from Lake Okeechobee is higher. She said reserves total $6.2 million, allowing the city to be flexible in responding to any situation, including a hurricane.

"We have worked to pay down debt and accelerate debt payments," Zimomra said. "We continue to downsize (staff) through attrition," she added. The city had 142 employees in 2007 and has 122 today.

She recommends "no new employees and no new levels of service."

David Bath, resident, said, "The most critical issue is salaries, staffing and pension plans."

The first budget hearing is scheduled for 10 a.m. on Saturday, September 11 at 10 a.m. and the final hearing will take place at 5:01 p.m. on Tuesday, September 21.☼

## Cost Of New Roof For City Hall A Shocker

by Anne Mitchell

The council wants to rebid the job of installing a new metal roof on city hall after several council members expressed shock at the $233,000 tab.

After researching the situation, City Attorney Ken Cuyler advised the council to continue the item to the next meeting on August 3 to give him the opportunity to research the bidding legalities.

Councilman Jim Jennings wondered if the city should have cast its net wider than Lee County in advertising the contract. Public Works Director Gates Castle said he felt there was a large enough pool of contractors in this area and that quite a few firms picked up applications though only two submitted bids. Advanced Roofing and Sheet Metal was the low bidder.

continued on page 8

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Kiwanis on the green at Dunes Golf & Tennis Club

# Kiwanians Hear About Oil Spill Plan

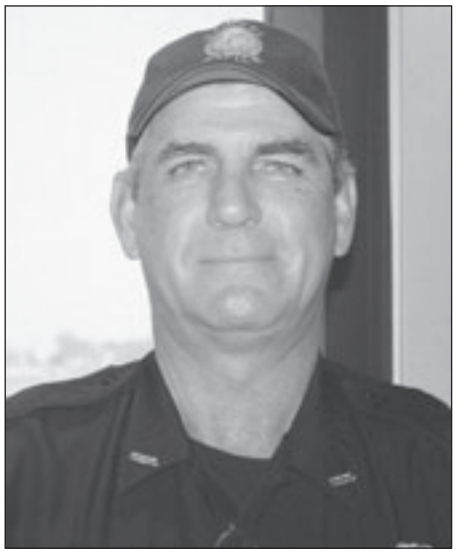
submitted by Eric Pfeifer

Kiwanis was pleased to have Major Michael Murray from the Sanibel Police Department speak at Tuesday's breakfast meeting. The major was at The Dunes to update us on the Deepwater Horizon oil spill status. He is in charge of the training for the potential cleanup should the oil ever arrive on our beaches. While Lee County has enough oil boom available to surround Sanibel, the primary objective would be to protect the estuaries, mangroves and canals first.

More than 190 people from Sanibel and Captiva have volunteered for the training, and many others said they would be willing to help. Dick Muench from the CNN Hurricane Charley division said he would just help anyway without training from city officials. Major Murray was quick to reprimand our Sergeant at Arms and reminded him that the oil and dispersants are hazardous materials. Steve Brown mentioned he has taken only half of the training course and will be pulling an all-nighter cramming for the second half.

The main question on everyone's mind is what happens if we have oil and a hurricane? Major Murray said if a hurricane is within 75 miles of Sanibel, the city would proceed with its hurricane plan which would focus on the safety of the citizens first. And if there is oil on the beach during a hurricane and the Red Sox are playing, Major Murray said he would have to check his policy and procedure manual regarding priorities.

Ed Riddlehoover celebrated another year this week and was sung to by the skeleton crew still in town for the summer. I think it is safe to say that we will not be nominating any Kiwanians for *American Idol* this year. Please join us for breakfast any Tuesday at The Dunes at 7:30 a.m.☆



Major Michael Murray

From page 1

# Dr. PJ Resigns

A pioneer in wildlife rehabilitation, she blended eastern and western medicine to create a broad range of treatment options for CROW's patients. In 2005 the Florida Wildlife Federation named Dr. PJ the Wildlife Conservationist of the Year, which was the first time they chose a wildlife rehabilitator for the award.

Dr. PJ will maintain her residence on Sanibel Island while she works with wildlife affected by the oil spill.

Dr. PJ welcomes anyone wishing to contact her to do so by email at deitschel@gmail.com or by phone at 233-0708.☆

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From page 6

## City Hall Roof

Castle also noted that a roofing consultant had told him to expect to pay up to $300,000 for the job.

Councilman Peter Pappas said he was surprised that in today's tough economy only two bids came in for a quarter of a million dollar job. "It bothers me," he said.☆

From page 2

## Two Re-Elected Unopposed To CEPD Board

a beach and shore preservation authority under the provisions of Chapter 161.32, F.S. Its boundaries include all of Captiva Island, from the centerline of Blind Pass to the centerline of Redfish Pass, and extend 300 feet into the Gulf of Mexico and Pine Island Sound.

For more information visit www.mycepd.com, email mycepd@gmail.com or call 472-2472.☆

## Council Nixes Charity Car Wash Permits

by Anne Mitchell

If you're thinking of holding a car wash to raise money for a good cause – think again.

In future, the City of Sanibel will not issue permits for car washes because of risk of wetlands contamination from the runoff.

Typically, car washes take place on parking lots which absorb oil and gasoline and other substances and car washes send those into the storm drains and into the wetlands and bay.

City Manager Judie Zimomra said with Sanibel's ongoing concerns over water quality, staff recommends no more car wash permits.

Natural Resources Director Rob Loflin said, "There are lots of other ways to raise money. This particular one puts the water into a water body that is already not meeting state standards.

Council approved the ban unanimously.☆

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Participating Tahitian Garden's merchants are hosting this collection party for the main "Love That Dress!" event September 1st at Embassy Suites in Estero. 100% of September's event proceeds benefit PACE Center for Girls of Lee County.

Admission:
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# Centenarians Birthday Celebration

Filomena Sciolto

Marie Assenzio

Angela Pace

The HealthPark Care & Rehabilitation Center in Fort Myers was proud to host a birthday celebration for not one, not two, but three lovely ladies who are all centenarians this month – 100, 103 and 105 – Filomena Sciolto, Marie Assenzio, and Angela Pace, respectively.

Festivities were held on Thursday, July 22 beginning at 10 a.m. when special gifts will be presented to each lady before Bingo.

Later that afternoon, 22 members of Filomena's family flew in to celebrate her 100th birthday at a party in her honor.✯

Read us online at IslandSunNews.com

# American Legion

On Sunday, July 25, Doug Fresh will be cooking barbecue ribs chicken from 1-8 p.m., with live music in the evening.

Monday nights stop in for 9-ball pool tournaments starting at 6 p.m. Thursday nights is Texas Hold 'em at 7 p.m. Players are needed.

Every Friday the legion offers a 6-ounce ribeye steak sandwich all day; there are also daily specials and a full menu. The public is welcome.

For more info call 472-9979.✯

Our email address is
press@islandsunnews.com

## Sanibel Center 4 Life

| | | |
|---|---|---|
| Bridge | Mon. and Wed. | 12:30 p.m. |
| Summer Fitness | Mon., Wed. and Fri. | 9 a.m. |
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**Part I of II**

# JFK's Pilot Picked Sanibel Over Hawaii

By Barbara Joy Cooley, President and
Mike Gillespie,Vice President, Committee of the Islands

The Marine aviator who had served during WWII, Korea, and Vietnam – and who once piloted JFK's helicopter – took one look at Sanibel and said, "Here's home."

That pilot was Colonel Edwin Reed.

He and his wife, Jean – a Navy flight nurse – had both been on active duty during the Korean War. They had met in Japan and got married in Hawaii after a short courtship. They fell in love with it and went back many times during their marriage.

But something would beckon them to Sanibel.

By 1970, the Reeds started planning for life after the Marines and began the search for a place to live. Their daughter, retired Navy Captain Nori Ann Reed, lives on Sanibel today. Intrigued by what we had heard of this extraordinary military family, we contacted Nori Ann and asked her to tell us more – about her family, their love of Sanibel, their service to their country…and to our island as well.

Col. Edwin Reed piloting Marine One

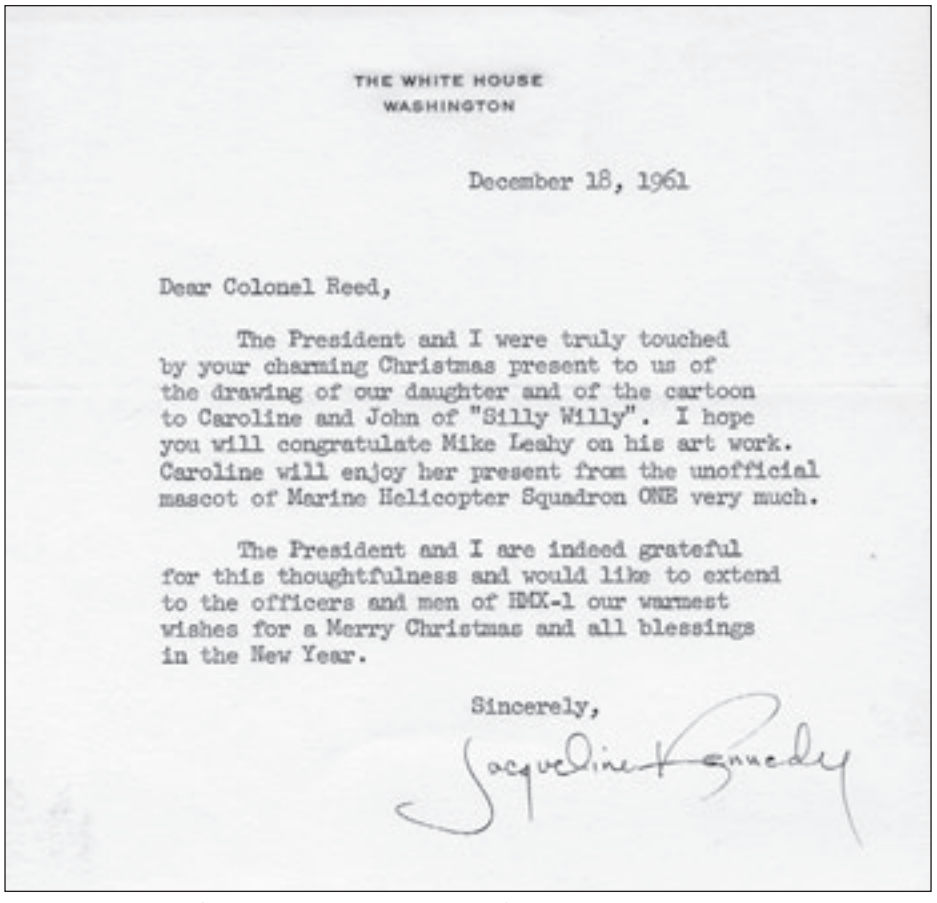
Colonel Reed with President John F. Kennedy

How, we asked Nori Ann, did your folks find Sanibel?

"Mom and Dad," she said, "set out in a little Cessna and went island hopping down the east coast, looking for someplace that captured the 'feel' of their beloved Hawaiian islands but wasn't so far from both their families. They stopped off in lots of places, including the Keys, but no place even came close.

"Then," she continued, "on their return to Quantico, Virginia, where Dad was stationed, they came via Fort Myers, because very close friends lived in Cape Coral.

On the wing of his FU2 Corsair fighter in the Pacific, WWII, 1945



THE WHITE HOUSE
WASHINGTON

December 18, 1961

Dear Colonel Reed,

The President and I were truly touched by your charming Christmas present to us of the drawing of our daughter and of the cartoon to Caroline and John of "Silly Willy". I hope you will congratulate Mike Leahy on his art work. Caroline will enjoy her present from the unofficial mascot of Marine Helicopter Squadron ONE very much.

The President and I are indeed grateful for this thoughtfulness and would like to extend to the officers and men of HMX-1 our warmest wishes for a Merry Christmas and all blessings in the New Year.

Sincerely,

Jacqueline Kennedy

A thank-you note from Jacqueline Kennedy to Col. Edwin Reed

During the visit, Mom and Dad were told, 'you have to see Sanibel.' And like so many others, they fell in love with it. Though neither of them was impulsive, they bought a Sunset South condominium essentially that day. They came home from their trip, bubbling over with enthusiasm to my brother Rob and me about the wonderful place they had discovered. After that, even their favorite island Kauai took second place to Sanibel."

We asked Nori Ann for some background on her dad and his military service before he arrived here.

**From a farm in west Texas**

"He was raised on a farm in west Texas," she said, "where his father was essentially a sharecropper for my Dad's maternal grandmother (who literally sat at their kitchen table when the cotton crop came in and was given her 51 percent before any other bills were paid).

"Dad was very tall for his time," she continued, "almost 6'5", and was given an athletic scholarship to college. He planned to be a football and basketball coach, but like so many of his generation, WWII changed all that.

"In 1942, his entire basketball team went down to the Marine recruiter and signed

Edwin Reed after he retired

up. Since they had some college and were athletic, the recruiter asked if they were willing to become officers and pilots for the Marine Corps. Despite being mostly Texas farm boys who had never been in a plane, all of them said OK. They all had the attitude of 'whatever needs doin', they'd do it.' Thus began Dad's lifelong love of flying and his 30 plus year career in the Marine Corps."

And what, we asked, did that career include?

"He did great things in the Marine Corps," Nori replied, "at one point having qualified to fly every type of aircraft in the Marine Corps inventory. One of the highlights of his career was being President Kennedy's pilot in the Marine One helicopter. In the famous film clip of President Kennedy reaching down to stop the toddler John-John from running out to the helicopter, I never watch the Kennedys – I always try to catch a glimpse of my Dad looking back at the scene from the helicopter window."

When, we asked, did your parents move to Sanibel full time?

"During his Marine Corps physical in 1972," Nori told us, "Dad was discovered to have a brain tumor. Later on, we would find out it was due to Agent Orange from his time in Vietnam, but at the time, 'why' didn't matter. Dad was in the fight of his life and spent five months in Bethesda Naval Hospital. Upon his release from the hospital, he was also retired from the Marine Corps, and we (Mom, Dad, and I) headed for Sanibel. While Dad certainly was 'better' and would be around for two more decades, from then on our family had almost a sense of being on borrowed time, and where else would we spend it with joy except on Sanibel?

**Walking the beach at sunset**

"Mom and Dad loved to walk the beach at sunset, and I can still see them in my mind's eye, ambling down the beach, my very quiet, tall Dad nodding at my tiny-in-comparison (5'2") Mom's conversation as the day slowly came to an end."

We knew that Colonel Reed had joined the Committee of the Islands and was elected chairman in 1976, just one year after its founding.

What was it, we asked Nori Ann, that attracted him to this new organization?

"To Dad," she replied, "the Committee of the Islands seemed to be the right thing to do. I go back to the same attitude he exhibited when he joined the Marines. A job needed doing, and like so many others on the island at the time who joined with him, he set out to do it.

"Dad had a unique perspective on Lee County politics and plans for Sanibel," she continued. "He was a Sanibel resident, but he had been hired as the airport manager at Page Field, which at the time was the main airport for Southwest Florida. This job required involvement with the Lee County Commission, both at hearings and in day-to-day discussions.

"Dad became increasingly concerned about what he was hearing when it came to Sanibel. Approval was being sought and granted for more and more densely populated projects. He believed it would get worse, because he thought Sanibel just didn't have enough voters to sway the Lee County Commission from seeking more and more revenue from bigger and bigger projects -- even thought it threatened to destroy the very reasons why people came to Sanibel in the first place.

**Coming together for Sanibel**

"Dad didn't believe in 'no growth,' Nori continued, "but he believed that reasonable people could reach agreement on what was proper and in keeping with the Sanibel spirit. That's what he thought the Committee of the Islands could be about, reasonable people coming together for the good of Sanibel, despite whatever other political views they held."

We asked Nori Ann, "What else do you think people who love our island would be interested in knowing about your dad?"

"That he never stopped loving Sanibel," she replied. "He has been gone 16 years and spent nearly the last two years of his life in a Cape Coral nursing home, a victim of the side effects from the tumor and with many cognitive functions gone. But no matter how confused he was, he never stopped wanting to come home and walk that beach one more time. And Mom, at 86, still watches the sunset on Sanibel and misses him. Me, too."

We're glad this Marine pilot and his family chose to land on Sanibel. We are deeply grateful to them for their service to our country… and to our island.

*If you have stories about Sanibel's history, the Committee of the Islands invites your input. Email us at coti@coti.org. For other commentaries about Sanibel, visit www.COTI.org.*☆

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www.orthodox-faith.com
481-2099

**BAT YAM-TEMPLE OF THE ISLANDS:**
The Reform Congregation of Bat Yam, Temple of the Islands, meets for Friday night services at 8 p.m. in the Fellowship Hall, of the United Congregational Church, 2050 Periwinkle Way, Sanibel.
Call Temple President Dr. Michael Raab, at 395-1432 for more information.

**CAPTIVA CHAPEL BY THE SEA:**
11580 Chapin Lane
The Rev. Dr. Robert R. Hansel
Nov. 15 through April 18, Sunday 11 a.m.
472-1646

**FIRST CHURCH OF CHRIST, SCIENTIST:**
2950 West Gulf Dr., Sunday - 10:30 a.m.; Sunday School - 10:30 a.m., Wednesday evening meeting - 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 1 p.m. (November through March), Friday 10 a.m. to 1 p.m. (summer hours). 472-8684.

**SANIBEL COMMUNITY CHURCH:**
Sanibel Community Church:
1740 Periwinkle Way, 472-2684
Dr. Daryl Donovan, Senior Pastor
Barb Nave, Associate Pastor
Tom Walsh, Youth Pastor
Sunday Worship Hours:
8 a.m. Traditional Service with Communion
9 a.m. Contemporary Service with Kids' Church
10:45 a.m. Traditional Service
Childcare available at all services.

**SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:**
2050 Periwinkle Way 472-0497
The Reverend Dr. John Danner, Sr. Pastor.
Sandra Mineau, Interim Associate Pastor
Sunday worship services:
10 a.m. Full service with nursery, child care and Sunday School. Elevator access.

**ST. ISABEL CATHOLIC CHURCH:**
3559 San-Cap Rd., 472-2763
Pastor: Rev. Christopher Senk,
Communion Service:
Monday and Tuesday, 8:30 a.m.
Daily Mass:
Wednesday, Thursday, Friday, 8:30 a.m.;
June through September Services:
Saturday Vigil, 5 p.m.;
Sunday Masses, 9:30 a.m.
October through May Services
Saturday, Vigil Mass 5 p.m.,
Sunday Masses at 8:30 and 10:30 a.m.

**ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:**
2304 Periwinkle Way between the Bean and Baileys 472-2173
Rev. Dr. Ellen Sloan, Rector
www.saintmichaels-sanibel.org
Worship Services:
Saturdays at 5 p.m.
Sundays at 9:30 a.m.
Wednesday at 9 a.m.
1st Wednesdays of the month at 6 p.m.

**UNITARIAN UNIVERSALISTS OF THE ISLANDS:**
Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church
2050 Periwinkle Way at 7:30 p.m.
A pot luck is held at a member's home on the third Sunday of each month.
For more information call 433-4901 or email ryi139@aol.com.☆

## OBITUARY

**BARBARA BRAUDE TOLL**

Barbara Braude Toll, 59, passed away July 18, 2010, after a courageous battle with lung cancer which began in 2006.

Barbara was born on October 1, 1950 in the Chicagoland area. Barbara went to college at the University of Missouri and received her bachelor's degree in education from Northwestern University. Her emphasis was PE and dance.

In 1972 she was hired at Wheeling High School as a full time teacher in PE. She was head tennis coach and ran a successful dance program at a school called Orchesis.

In 1990 she retrained in mathematics and ended her leadership of Orchesis the same year. Barbara was a gifted and talented teacher who affected many students in many positive ways. She retired from teaching in 1999.

Barbara is survived by her husband Dennis of 28 years. She is also survived by her mother Isabel, sister Marlene, brothers in law Barry and Bob, niece Nikki, and nephews Josh, Brett, Jordan, Mike and Jeff. Also surviving is her mother-in-law Laverne. She was predeceased by her father Judd and her sister Fran.

Barbara has asked that donations be made to Lee Memorial Foundation (memo: Pediatric Oncology) 9800 South HealthPark Drive, Suite 210, Fort Myers, FL 33908.

Barbara will be cremated and there will be no services, at her request. Goodbye to my best friend, my favorite fishing buddy, my everything.☆

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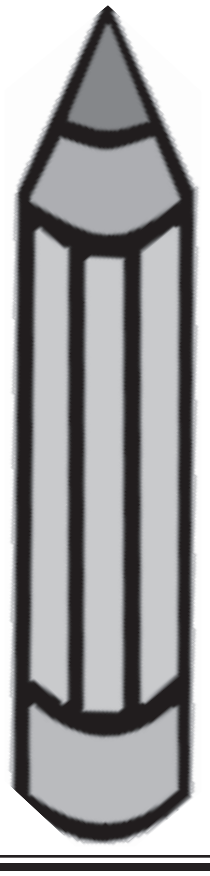

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# Cheeseburgers And Fries Bring Lots Of Smiles

Katy and Sophia Carter enjoying their milkshake

Best friends having fun: Sydney Stevens, Lily Brown, Maeve Igo

Sofi Varmuza loves the fries

Ronan Pailes takes a big bite

Lauren and Tiani Macalka

In keeping with last week's theme, Fantastic Island Fun, the Children's Education Center of the Islands went on a summer field trip. The destination was a "fantastic" island restaurant, Cheeburger-Cheeburger. The children were treated to burgers, fries and milkshakes, courtesy of owner Carol Barbato and hostess Denise Barbato.

Celebrating 36 years of Dedication to Education, the Children's Education Center provides the Florida VPK program as well as a curriculum for two- and three-year-old children. For information to give your child the best early childhood educational foundation, contact Director Jana Yates at 472-4538.☼

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# Rotary Happenings

submitted by Shirley Jewell

Last week at Rotary we had to deal with a flasher, no, I mean multiple flashers. Not the kind in a raincoat, not the kind at the side of the road as a warning of danger, nor the yellow flashing traffic light to alert you to slow down at the intersection. It was the engaging pulse of flashing pins. Flashing teal ribbon pins handed out to Rotarians by Stella Farwell as an attention-grabber to start a dialogue regarding ovarian cancer.

Farwell, a wonderfully creative artist, an active community organizer, a volunteer extraordinaire, and a person diagnosed as having ovarian cancer. A vibrant member of our community, a Captiva resident for 20 years, a full-time artist since 1984, a former Captiva volunteer firefighter and fire commissioner, president of the Captiva Civic Center, board member of the Island Water Association, skydiver, world-traveler and activist, Farwell would not and could not allow this diagnosis to take charge of her life. She would fight both by medical means and by using her artistic wherewithall to brave this fight in personal creative ways as well.

First, she wanted us to know that ovarian cancer is a silent killer. Why? Because the symptoms are nonspecific. Grave damage to the body can be done before the cancer is detected. Almost every woman, at one time or another has experienced bloating, pelvic or abdominal pain, nausea and the need to urinate often; but if these symptoms persist, you should see your doctor.

I know, I had a close encounter of my own with the possibility of ovarian cancer. There is no screening test for this cancer. These chronic symptoms are a call to action, do not ignore them. You are not too busy to take care of yourself. Cancers affect the whole family; you may be the physical cancer host but you need to rely on your family and friends more than ever on this journey toward a healthy future. Take care of yourself.

The National Cancer Institute estimates new cases and deaths from ovarian cancer in the United States for 2020 are: new cases, 21,880; deaths, 13,850.

While Farwell was going through her chemo sessions and treatment for Ovarian Cancer, she continued creating a plethora of brilliant art pieces to express her feelings throughout this ordeal. Last year these pieces were shown at a solo exhibit in BIG ARTS Founders Gallery and brought an amazing amount of attention to ovarian cancer awareness. For Rotary, she brought along a slide presentation of the pieces in this exhibit but more importantly, she described the emotions that were part of the creative process of these pieces:

• *Ups and Downs* – Material hard plastic, colored tubing, various heights, lighted, representing the rollercoaster of feelings

• *Cooperation* – Constructed of colorful handmade paper that a friend had sent her, layered and stacked together, representing the layers of fear and frustration.

• *Evolving* – 300 lb. watercolor and liquid acrylic; this speaks for itself.

Other names of pieces include *Standing Free* and *Endless Chains of Hope*.

There are more pieces and you will be able to see them this coming season at the Captiva Community Center.

Farwell has a vision not only in the arts arena, but also a vision that allows her to use her many talents to bring awareness of ovarian cancer to the forefront of our minds when we may have some chronic symptoms such as the ones described early and have a nagging feeling that maybe we should see a doctor. Don't wait.

The Sanibel-Captiva Rotary meets at 7 a.m., every Friday at the Beachview restaurant, Sanibel. For information call Shirley Jewell at 337-1099.

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# Turtle Tracks

The Sanibel-Captiva Conservation Foundation is sponsoring Turtle Tracks at the Nature Center at 9 a.m. on Thursdays. This interpretive program delves into the life cycle of the sea turtles that nest on the beaches. Participants start at the turtle exhibit and marine touch tank to learn about the life cycle of the loggerhead and then go to a beach site to discuss their nesting habitat and other fascinating marine life.

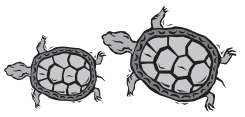
Cost for this program is $5 for adults and free for children; a beach parking fee of $2 per car is necessary at the beach site.

The Sanibel-Captiva Conservation Foundation monitors the sea turtle nests on Sanibel and Captiva. If you have questions about the Turtle Tracks program or the sea turtle research program, call the foundation's Nature Center at 472-2329.☆

Share your community news with us.
Call 395-1213
Fax: 395-2299
or email
press@islandsunnews.com

## Sea Turtle Data

July 19, 2010



If you have questions, or would like to know more about sea turtles on Sanibel, contact seaturtle@sccf.org or call the Turtle Office at 472-2329 ext. 228.

| Sanibel East End | Sanibel West End | Captiva |
|---|---|---|
| **2010** | **2010** | **2010** |
| 15 Nests | 112 Nests | 49 Nests |
| 61 False Crawls | 218 False Crawls | 105 False Crawls |
| 0 Hatches | 9 Hatches | 9 Hatches |
| **2009** | **2009** | **2009** |
| 24 Nests | 141 Nests | 74 Nests |
| 55 False Crawls | 164 False Crawls | 62 False Crawls |
| 0 Hatches | 32 Hatches | 20 Hatches |
| **2008** | **2008** | **2008** |
| 31 Nests | 216 Nests | 116 Nests |
| 46 False Crawls | 221 False Crawls | 188 False Crawls |
| 1 Hatch | 23 Hatches | 16 Hatches |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# Captiva Cruises And SCCF Team Up To Ensure No Child Is Left Ashore

by Marc DiBenedetto,
*Island Sun* Summer Intern

Above: Richard Finkel, center, with youngsters from Brightest Horizons; below: getting ready to explore the waters

If you have run out of summer activities then the new Captiva Cruises' Dolphin & Wildlife Cruise departing from the Sanibel Harbour Marriott Hotel at Punta Rassa is a great way to spend an afternoon.

Only $25 ($15 for a child) can get you an afternoon cruise aboard where you can see the beautiful shores and wildlife from a new and unique perspective. Your captain and tour guide will have extensive knowledge of the area and wildlife due to their 70 hours training and classes before their first tours. The tour begins and ends at the Sanibel Harbour Resort and you are taken under the Sanibel bridge, out towards the Sanibel Lighthouse, over to Pine Island and the "Ding" Darling National Wildlife Refuge, then past Picnic Island and back in to the resort.

Dolphins, wild birds, and other wildlife are abundant throughout the cruise making the trip a very enjoyable experience.

Diane Etter of the Captiva Cruises emphasized that the cruises were not only great for tourists but for local Floridians as well. The water is peaceful, beautiful, and of course "everybody loves dolphins," Etter said.

Captiva Cruises has been running for 25 years and added trips from the Sanibel Harbour Marriott last October. But perhaps their most significant passengers of all came on Friday, July 9.

That is when Richard Finkel, environmental educator with Captiva Cruises, took 40 Brightest Horizons students on a special private early morning cruise.

Brightest Horizons Family Solutions is a leading provider of employer-sponsored child care, back-up care, education and work/life solutions and has been in existence since 1998.

Captiva resident and Brightest Horizons board member Nathalie Pyle paid for transportation for the students to the dock. Finkel, along with captains Andy Scott and Kevin Smith, took the kids on a shoreline discovery cruise and even made a stop at Picnic Island where the children were able to use hand-held seining nets and learn about the ecology of the area. Many of the students were able to see live shrimp, crabs, and sea stars amongst other sea creatures for the first time and had great things to say about the trip.

Concerned that so many of our local youth, such as those at Brightest Horizons do not have the opportunity

SANIBEL THRILLER CRUISES

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**Here's what some of the children from Brightest Horizons had to say:**

**Luis - "My favorite part was when we saw the dolphins."**

**Elizabeth - "I like that we got to use the nets to find sea creatures and we saw a shark."**

**Yahir - "I like being in the water and looking for animals."**

**Devin - "It was fun. I like seeing the dolphins and crabs."**

**Dahlia - "It was a great experience. I like learning about the different kinds of shells that we found."**

**Jennifer - "I like finding creatures in the water."**

**These girls found lots of king's crowns**

**Show and tell**

**All smiles after finding a king's crown**

**Brightest Horizons student show off his shell**

to experience the wonders of our marine environment, Paul McCarthy, owner of Captiva Cruises, is launching a community-based intiative to marshal the necessary resources to get kids out on the water. "Richard Finkel is designing custom boat expeditions, which will provide these youngsters with an extraordinary educational and recreational experience," McCarthy said. "Captiva Cruises has enlisted the Sanibel-Captiva Conservation Foundation

continued on page 23

# Load Up On Pinfish For A Great Day Fishing

by Capt. Matt Mitchell

Pinfish are the universal summertime bait for our area and that's what the fish are eating right now. All our gamefish and various other species can be caught using pinfish. A live well full of pinfish is pretty easy to come by right now if you know how and where to look.

Depending on your timeframe and how many you need there are multiple ways to catch them. Cast netting is probably the most popular method but hook and line and bait traps all work too.

My favorite way of filling up the livewell with pinfish and shiners is chumming and throwing a cast net. When I throw for bait I prefer to anchor up and chum. Chumming schools the bait up and means a lot less throws than simply drifting and throwing the cast net. Grass flats and edges of grass flats in three to five feet of water are the places to try. Moving tide helps too as this will disperse the chum out from the boat and draw the bait in.

Everyone has their favorite baitfish chum recipe which can be anything from canned cat food to jack mackerel mixed with bread, grits, oats, etc. For ease of use I buy salt water fish food which is a dry mix and can be bought at most bait and feed stores. Bait stores generally have it broken down into smaller packages while feed stores sell it by the 50-pound bag. I mix a pound or two of the dry mix with salt water until it's a thick paste-like consistency. A chum spoon works well for this as I'm not into putting my hands and fingers into the mix. I like to use a wooden sushi rice spoon for chumming. They are cheap and float, just in case you drop it over the side of the boat. If you want to beef up this mixture you can add menhaden oil but I find you don't really need it.

I like to anchor up from the bow and then powerpole down from the stern. This stops the boat swinging around on the anchor and keeps you right on your chum line. With the livewell at the stern of my boat this makes it easy to simply shake the baits from the net into the livewell. To chum, simply throw small amounts of salt water fish food mixture from the back of the boat paying attention to how the chum drifts out on the current. I like to chum for 10 to 15 minutes before throwing my 12-foot net. Any size net will work but I prefer 3/8th mesh. A six- or eight-foot net will get the job done but the bigger the net the less you generally have to throw. Usually three casts and a half-hour of my time and I have plenty of live bait for the day of fishing.

Baitfish traps also work well but need to be baited almost daily. For a few years I kept three bait traps around the sound that always held at least a dozen or so baits each day. I used these during tarpon season and kept them baited with my old cutbait of mullet. Before a charter I would run around collecting the bait and re-bait them for the next day. After a few months, though, the bait traps became barnacle encrusted and only ended up lasting two seasons. When you leave a bait trap out in the water you also take

This big redfish ate a pinfish

## Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsuncity@aol.com; or call Anne Mitchell at 395-1213.

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the chance of someone else pulling it up and stealing it or having it run over by a boat and lost forever. After losing two of my three traps to either thieves or propellers, I quit using them. These bait traps caught a great assortment of bait including crabs, grunts and pinfish.

Hook and line fishing for pinfish is quick and easy once you get them feeding. When I'm fishing a tournament I prefer to catch my pinfish a day or two ahead using this method. The baits don't get as beaten up as they do when caught in a cast net and just plain live longer. I like to anchor up and tie a chum block off the back of the boat. This really gets the pinfish fired up. I like to use a Sabuki rig on a light spinning rod with a lead weight on the bottom. The best bait to use on the 6 hook Sabuki rig is cut up squid legs. The squid legs are very tough and stay on the hook well which saves time on re-baiting hooks. A dehooker works great for this as you simply grab the line above the rig, put the dehooker on the hook and shake the baits off into the live well. This way the baits have never been touched. Once the pinfish are feeding well you can catch three or four at a time and not even dirty the boat with a cast net. When catching lots of pinfish hook and line I generally have two people working the rods while I work the de-hooker.

Spend some time catching bait before heading out. No matter how you choose to get your pinfish, a full livewell generally makes for a great day of fishing. Whether you're after tarpon, snook, redfish, trout or grouper, right now pinfish are the bait everything is eating.

*Capt. Matt Mitchell moved to Sanibel in 1980 and has fished local waters for more than 25 years. He now lives in St. James City and has worked as a back country fishing guide for more than 10 years. If you have comments or questions email captmattmitchell@aol.com.*☼

## Fish Caught

**John Clark with his slot-size redfish**

John Clark (Sanibel west-ender) had yet another in the slot keeper redfish this week. Clark only gets to fish a few hours a week but consistently slays all fish. Last week he took a neighbor fishing and they both caught in the slot-size redfish within one hour. The redfish are on and the action is good. These fish have all been caught with live shrimp under a float cast into mangroves on a high moving tide. Clark says, "Summer fishing is the best."☼

## America's Boating Course

The San Carlos Bay Sail & Power Squadron, a unit of the United States Power Squadrons, will be offering America's Boating Course on Saturday, August 21 from 8:15 a.m. to 12:30 p.m.This course is recognized by the National Association of State Boating Law Administrators.

The State of Florida recently passed legislation requiring anyone born after January 1, 1988 to have passed a safe boating course and obtain a Boating Safety Education ID card, which is valid for life, in order to operate a boat with more than 10 h.p. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the class.

The course consists of two sessions on consecutive Saturdays. The second session will be on Saturday, August 28, also from 8:15 a.m. to 12:30 p.m.

Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and many other topics to make each boating experience safer and more enjoyable.

The cost of the course is $40 plus $20 for a second person sharing the instruction materials.

The course is being taught at the San Carlos Bay Sail & Power Squadron classroom at 16048 San Carlos Boulevard at the corner of Kelly Road (across from ACE Hardware). Register online at www.scbps.com or call the office 466-4040.☼

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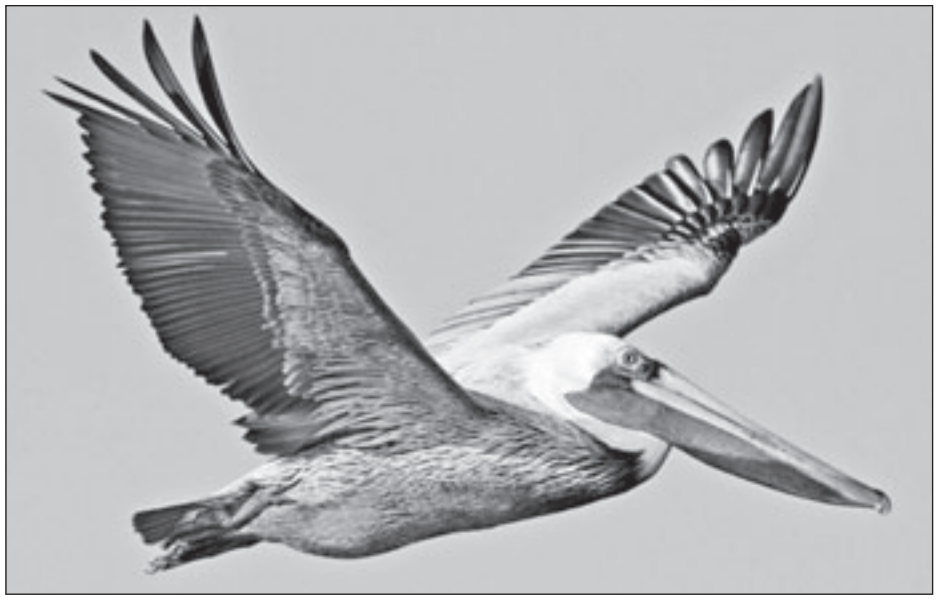

**Brown pelican**

# Bunche Beach Is One Of Area's Best Birding Sites

Experience the beautiful birds of Bunche Beach with a Bird Patrol Guide on Saturday, August 14 from 8 to 10 a.m.

Meet in the parking lot at Bunche Beach located in South Fort Myers, off Summerlin Road; drive south onJohn Morris Road until it dead-ends.

Bunche Beach is excellent for both migrant and resident wading and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates.

This event is free and provided in cooperation with Lee County Parks and Recreation.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information call 707-3015 or log onto www.birdpatrol.org.

No registration is necessary.☆

# Snowy Plover Nesting Update

There was a new nest this week, so the snowies are still nesting. As of Friday, July 16, there are two active nests: #14 and a new one, Nest #15. Both have two eggs. There are five fledglings. All the nests are on Sanibel's east end. At this point in the season, it's getting hard to tell the juvenile birds apart from the adults. Some of the banded Sanibel plovers have been spotted on Cayo Costa as well as a few other un-banded plovers that are likely from Sanibel.

Snowy plovers nest on the beach and the Sanibel-Captiva Conservation Foundation (SCCF) coordinates the monitoring of nesting on Sanibel. Protective exclosures are staked around nests. Do not enter the staked exclosures and keep dogs out as well. When snowy plovers are not moving, they are extremely well camouflaged. If a snowy plover is flushed from its nest, it takes very little time for the hot sun to damage the eggs.

The snowy plover is a state-listed, threatened species on Sanibel. The most recent estimate indicates that around 200 pairs of snowy plovers remain along the west coast of Florida, from the Panhandle through Cape Sable. Snowy plover nesting season runs through August, and they can nest two or three times in one season. For more information, visit http://sccf.org/content/80/Snowy-Plover-Project.aspx.☆

**Snowy plover chick**
photo by Hugh McLaughlin

Our email address is press@islandsunnews.com

# Shell Museum Campers

Travel to Palau in the Pacific Ocean 500 miles east of the Philippines and 2,000 miles south of Tokyo. Or, if that's not exciting enough, how about the mountainous island of Taiwan, governed by the Republic of China.

There are so many beautiful shells on the beaches of Sanibel and Captiva that it's easy to forget that there are other places in the world that have gorgeous shells dotting their beaches. Bailey-Matthews Shell Museum campers will learn about these far away places and their unique shells at the Mollusks, Shells, and Stamps Camp which will be held at the museum from 9 to 11:30 a.m. August 2 to 6. Campers will learn what it means to be a philatelist, stamp collector, and which countries have shell stamps. They will choose their favorite mollusk and create their own shell stamp. The art work will be displayed in the museum's lobby.

If you would like to win a free week at camp, enter the museum's stamp drawing contest. The artist submitting the most creative shell stamp will attend camp free of charge. To enter the drawing contest simply draw a shell stamp in color on an 8 ½ x 11" sheet of white paper.

You can do research and try to reproduce a shell stamp from another country or design your own stamp. Be sure to put your name, address, and phone number on the back of your drawing. Mail your entry to the The Bailey-Matthews Shell Museum at 3075 Sanibel-Captiva Road, Sanibel, FL 33957or bring it to the museum's front desk by July 29. If you have any questions contact Diane Thomas, public program specialist, at 395-2233. ✯

**Shell stamp from Palau**

# Naturalist-Led Education Programs

Captiva Cruises is offering the following environmental education cruises:

**Cruise into the Past – An Ar cheological Tour**

Friday, July 30 and Friday, August 13, 9 a.m. to noon. Cost is $35 for adults, $20 for children.

This special cruise will depart Punta Rassa and cruise to the historic Mound House on Estero Bay where Theresa Schober, director of cultural resources, will conduct a tour of the new underground archeological exhibit. Along the way, learn about the dynamic history and ecology of Punta Rassa, Pine Island Sound and Estero Bay. This new exhibit at the Mound House offers a rare opportunity to walk in an actual Calusa shell mound to observe its construction, its layers and to see this cross section of over 2,000 years of Southwest Florida history.

**Cultural History Cruise**

Saturday, August 14, 9 a.m. to 11:30 a.m. Cost is $35 per person.

Departing from Punta Rassa, this cruise will focus on the cultural history of Southwest Florida. Theresa Schober, archeologist and director of cultural resources for the town of Fort Myers Beach, will highlight some of the significant sites and historical accounts of the diverse cultural legacy within our coastal environment.

**Science at Sea Cruise**

Be A Marine Biologist. This 90-minute hands-on scientific inquiry is fun for all ages. Crab traps and plankton nets will be hauled for a look at some of the components of the food chains. Use compasses for navigational aids and magnifying viewers to see the things we can't usually see. Take part in actual scientific research that will be utilized by The Sanibel-Captiva Conservation Foundation's marine lab.

**Shoreline Discovery Cruise**

Travel to a secluded beach for a guided shoreline walk to discuss coastal sea life and beach dynamics. Explore mudflats and use nets within the shallow sea grass beds for an up-close look at some of the smaller yet amazing inhabitants of the back bay estuary ecosystem. Bring wading shoes and your sense of adventure for this hands-on sea life encounter.

**Sailing Under The Stars Cruise**

Watch the sun set, experience day turning into night, linger out on the water and sail under the stars. Planets, stars and constellations will be identified along the way. Mythology, mysteries and features of our Milky Way Galaxy, as well as the greater universe, will be appreciated under the magic of the night sky.

For additional information and reservationslog onto www.captivacruises.com. Reservations are required.✯

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Plant Smart:

# Water Dropwort

**Water dropwort, a member of the carrot family, is larval host plant for the eastern black swallowtail butterfly** photos by Gerri Reaves

by Gerri Reaves

Water dropwort (*Oxypolis filiformis*) is a native perennial that blooms all year.

Its natural habitat is freshwater wetlands, but it commonly beautifies urban marsh-like areas such as ditches and swales.

Butterfly gardeners will want to include this easy-care plant in the landscape because it's the larval host plant for the eastern black swallowtail butterfly. Use it in a wet area or a natural garden.

This member of the carrot family is related to celery, parsley, dill, and fennel.

Also known as water cowbane, it grows in full sun, reaching two to five feet tall and spreading by seed.

The lacey white flower clusters can be several inches across, although the flowers themselves are only about one-eighth of an inch in diameter.

All of the individual flower stems arise from the same point, forming an umbrella-like, sparsely branched structure.

The stems are hollow and the leaves long and linear. The Latin name *filiformis* means "threadlike" and refers to the filament-like phyllodes, or enlarged leaf blades ranging from four inches up to a couple of feet long.

**On Mason Corbin Court in Fort Myers, water dropwort stand among the purple flowers of pickerelweed, another freshwater wildflower**

If water dropwort picks your landscape as a home, think twice before mowing it down.

It will reward you with "flower umbrellas" and give the butterflies an improved chance of survival.

Sources: *Everglades Wildflowers* by Roger L. Hammer and plants.usda.gov.

*Plant Smart explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.*

# Donate To Fishing Tourney For Military Personnel

The Operation Open Arms (OOA)/ VFW annual Fishing Tournament. will be held on Saturday, August 7 starting at 8 a.m. at the Punta Rassa public boat ramp.

Active duty servicement and servicewomen (two to each boat) will receive a free fishing charter with refreshments and all of the gear and bait as well as a barbecue at the Fort Myers Beach VFW. The charter boats will be provided at no cost by professional guides who will be volunteering their time. Gasoline cards will be provided to the professional guides.

The tournament will provide a much-needed break for military personnel on leave from a war zone. Operation Open Arms is asking asking for $250 to sponsor each boat, but will accept any donation.

Founded in 2005 on Pine Island by Charter Boat Captain John "GiddyUp" Bunch, who was a U.S. Marine officer in Vietnam, Operation Open Arms serves active duty servicemen and women.

Operation Open Arms is an IRS approved 501(c)3 nonprofit corporation so contributions are tax deductible. Two sitting presidents, George W. Bush and Barak Obama have recognized the organization for its great work.

The mission of Operation Open Arms is to provide every possible benefit to our active duty servicemen and women while on leave from a combat zone. The organization also provides free mental health counseling to active duty servicemen and women. The organization has no staff and operates only through its volunteers and business partners through a network of sponsoring businesses that extend free benefits in a wide range of categories. Partners donate hotel room nights, restaurant meals, fishing charter trips, excursions to the Keys, sightseeing opportunities, leisure activities, haircuts and dental work.

For more information log onto www.operationopenarms.org or call Capt. Bunch at 283-8838. Donations may be sent to: peration Open Arms, P.O Box 101, St. James City, FL 33956.

# Turtle Tracks

The Sanibel-Captiva Conservation Foundation is sponsoring Turtle Tracks at the Nature Center at 9 a.m. on Thursdays. This interpretive program delves into the life cycle of the sea turtles that nest on the beaches. Participants start at the turtle exhibit and marine touch tank to learn about the life cycle of the loggerhead and then go to a beach site to discuss their nesting habitat and other fascinating marine life.

Cost for this program is $5 for adults and free for children; a beach parking fee of $2 per car is necessary at the beach site.

The Sanibel-Captiva Conservation Foundation monitors the sea turtle nests on Sanibel and Captiva. If you have questions about the Turtle Tracks program or the sea turtle research program, call the foundation's Nature Center at 472-2329.

# Fees Waived This Weekend At Lee County Parks

Parking fees will be waived at Lee County regional parks and boat ramps, and swimmers will have free admission to county pools on the weekend of Saturday, July 24 and Sunday, July 25.

Lee County Commissioners waived the parking fees and pool admission in celebration of National Parks & Recreation Month, which is marked each July.

"As part of the nationwide celebration, Lee County is pleased to be a part of recognizing the many values and benefits of parks and recreation," said Dave Harner, deputy director of Lee County Parks & Recreation. "Parks and recreation's preserves, facilities and sites touch the lives of almost everyone from the very young to the very old."

Lee County also would like to recognize the 800 volunteers who serve the department, Harner said.

"Parks, greenways, blueways and open spaces provide a welcome respite from a fast-paced, high-tech lifestyle while protecting and preserving Lee County's natural environment," said Kathy Cahill, Southwest Region director for the Florida Recreation and Park Association who also is the Lee County Parks & Recreation volunteer services coordinator.

The Board of County Commissioners urges all citizens to visit the parks, especially on the weekend of July 24 and 25.

For more information about parks and facilities along with directions and special events, visit www.leeparks.org.

From page 17

# Captiva Cruises

(SCCF), preeminent in the field of environmental education as its program partner."

Kristie Anders, education director of SCCF, had this to say about the new initiative: "The Sanibel-Captiva Conservation Foundation is thrilled to be able to join the efforts of Captiva Cruises in facilitating a new program, No Child Left Ashore. This is a great opportunity to reach out to children that may not otherwise have the chance to connect with marine environment. We hope that others will see this as an opportunity to team up with us to assist those that may not otherwise have the good fortune to explore our coastal habitats."

Tina Parsons, executive director of Brightest Horizons, said, "We appreciate the opportunity Captiva Cruises has provided for our children. They have had an unforgettable, unique experience in and on the water which will hopefully lead to an improved understanding of the natural resources our area has to offer; and the fragile ecosystem which is affected by each of us."

Businesses, schools, educators and individuals who would like to become involved in No Child Left Ashore are encouraged to contact Richard Finkel at Captiva Cruises, 472-5300.

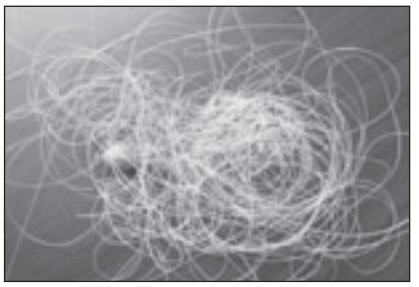
Read us online at IslandSunNews.com

CROW Case Of The Week:

# Roseate Spoonbill, Snowy Egret

by Brian Johnson

On the morning of July 14 visitors on the free birding tram winding through the "Ding" Darling National Wildlife Refuge spotted a roseate spoonbill and snowy egret tied together by fishing line, a potentially fatal arrangement.



the monofilament that was wrapped around both birds

They notified "Ding" Darling, and law enforcement officer Jim Mathissen contacted refuge ranger Becky Wolff.

It was near lunchtime and she was able to quickly assemble a group of refuge staff and student interns. They went out to the tower on Wildlife Drive.

"The birds were on the sandbar on the other side of the culvert," said Wolff. "They were pretty well exhausted. As soon as we got there we saw the snowy drag the spoonbill, whose legs were wrapped up in line, under the water. It was go time."

Roseate spoonbill and egret connected by the monofilament

Wolff jumped into the water and got the spoonbill while Traci Gordon handled the egret. Jennessy Toribio cut the line and Simone Schweizer helped return the birds to Wildlife Drive. They wrapped them in refuge jackets and took them directly across Sanibel-Captiva Road to CROW.

"We worked well as a team, and it was great to have a successful bird save," said Wolff.

"Both birds were stressed and open-mouth breathing," said Dr. PJ Deitschel, who was the admitting veterinarian.

The spoonbill had a hook in her leg, the egret had a hook embedded fairly deeply in her neck. They were given pain medication, then placed in cages in ICU to allow them time to unwind.

Dr. PJ began with the spoonbill. The line had "wrapped quite tightly around the

From left: Becky Wolff, Simone Schweizer, Traci Gordon and Jennessy Tribio (front) wrapping the birds in jackets

Cat Turner with spoonbill at CROW

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leg" and there were "superficial abrasions and a fair amount of swelling below the hock," said Dr. PJ.

The line came off with relative ease, and the bird was soon able to stand with only mild lameness.

The egret was a tougher case. Dr. PJ put the white bird under anesthesia in order to accomplish the tricky job of extricating the hook from the neck. It took about 10 minutes to pry the hook forward, cut off the barb, and slide it out. Both birds were given antioxidants and secondary pain medication.

Dr. PJ expected a quick turnaround for both patients, and that's what transpired.

"The next morning I came in at 7 a.m. and the birds were bouncing off the walls, not wanting to be in captivity," said Dr. PJ. "All the swelling had resolved in the roseate's leg. Not wanting them to cause damage to themselves, we notified Becky for an immediate release."

Back at the refuge, the egret darted out of the carrier to freedom while the spoonbill walked about before rejoining other spoonbills in the refuge waters.

*CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.*☼

# Art Center Needs Your Vote

The Sidney & Berne Davis Art Center is competing for a Pepsi Refresh grant for $250,000. The Pepsi Refresh grant is awarded based on online voting and you can vote every day at www.refresheverything.com/artcenter starting August 1.

The Pepsi Refresh program funds grants that will have a positive impact on the community. Only two $250,000 grants are awarded each month to the two grant ideas that receive the most popular votes over a one-month period.

If received, this grant will contribute to the continuing restoration efforts. The funds will help create arts education classrooms for under-served children. The Sidney & Berne Davis Art Center has been restoring the historic post office and federal building on downtown's First Street since 2003. The nonprofit organization relies heavily on community support and grants to complete these renovations.

The center has raised $3.2 million thus far, and still needs $2 million for completion. The 23,000-square-foot facility will house four floors of galleries, classrooms, and event and outreach space for its annual Florida Arts Festival, galas, and community rentals.

For more information on supporting local arts, visit the Sidney & Berne Davis Art Center's website at www.SBDAC.com or call 333-1933.☼

Susan Scott and Steve Wilkie

Susan Scott shows off her new dresses

# Captiva Dancer Heads To World Championship

After winning Top Female Bronze in Las Vegas with partner Steve Wilkie, Susan Scott of Captiva is going to the World Championships in San Juan, Puerto Rico, again with Wilkie.

Along with Scott's 11 rhythm and five smooth dances, she has added eight international dances to her repertoire.

"To say the least, I have been training hard since May with Steve and numerous other coaches," Scott said. "At this competition I will be on the dance floor over 250 times. To add to the excitement and drama Steve is dancing 'full out' with torn knee ligaments and will require surgery upon our return.

"I am counting on him to continue to coach me from a sitting position until he's ready for our next competition"

Scott added, "No matter what the outcome in Puerto Rico, I know I have the dancing fever. My hope is to bring a big trophy back to Captiva."☆

# Prepare To Be Taken Back In Time At The Schoolhouse

The Herb Strauss Schoolhouse Theater's summer showsare rocking the islands. You'll want to kick up your heels to hits like *Night Fever, Dancing Queen, Proud Mary* and *Stayin' Alive* in the *The 70s Show,* and *Love Shack, Material Girl, Whip It* and *Girls Just Wanna Have Fun* in *80s to the Max.*

Lexie Dorsett, Gina Gloria, Samantha Rotella, Kevin T. Murphy and Geoffrey Nelson star in these fun-filled, high energy musical revues under the direction of Artistic Director Victor Legarreta and musical directors Sarah Lawing and Justin P. Cowan. Retro choreography is directed by Bobby Logue.

Special summer pricing is in effect; children 16 and under are just $10 and adults are $25. *The 70s Show* plays Wednesday and Saturday nights through August 14, *80s to the Max* runs Tuesday and Thursday evenings through August 12.

The Herb Strauss Schoolhouse Theater is at 2200 Periwinkle Way, Sanibel. For tickets call 472-6862. Visit the website at www.TheSchoolhouseTheater.com. The Schoolhouse Theater is a program of BIG ARTS.☆

Lexie Dorsett

photo by Nick Adams Photography


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# BIG ARTS Seeks Entries For Filmmakers Event

BIG ARTS Film Society is seeking entries for its Filmmakers Showcase, where the work of local film producers will be screened and the audience will have access to meet and talk with those who produced the films.

To enter a film into this event, download the application at www.BIGARTS.org, found on the "Film" page. Send the application and production in DVD format to: Filmmakers Showcase, BIG ARTS, 900 Dunlop Road, Sanibel, FL 33957. There is no entry fee. Deadline is Wednesday, November 30.

The screenings will begin at 1 p.m. on Wednesday, March 16.

Any local filmmakers may enter their work for the showcase. All films must be produced by Southwest Florida residents and not exceed one hour running time. The committee will also be looking at YouTube shorts to encourage first timers and student filmmakers to submit their work.

The Showcase Program was piloted in November 2009 in response to requests from local filmmakers for an opportunity to show their work on the big screen at BIG ARTS. Based on the positive response and feedback, BIG ARTS Film Society decided to make Showcase an annual event.

The newly-formed Filmmakers Showcase Committee is comprised of four filmmakers: David E. Carter, a Clio and Emmy winning filmmaker whose most recent work is Ashland's *Field of Dreams*, a documentary about 1950s baseball in a small Kentucky town; Connie Bottinelli, a multiple Emmy and International Award winning documentary filmmaker; Rusty Farst, chairman of the Filmmakers Showcase, who is currently in production with the film, *The Incorporation of Sanibel, Birth of a City;* and JR Pascall, chairman of the BIG ARTS Film Society and member of the BIG ARTS board of directors.

"As a group we are all pleased to be able to provide through BIG ARTS, an on-going showcase for local and aspiring filmmakers," said Farst.

For further information call 395-0900, e-mail info@BIGARTS.org, or log on to www.BIGARTS.org.☆

# Teens Learn How To Tie-Dye

Teens learned how to make tie-dye shirts during Teen VIP-After Hours at , made at the Sanibel Public Library.

Teens are invited to Make Waves @ the Library during special evening teens-only events as part of the library's annual Summer Reading Program.

For more information call the library at 472-2483.☆

**Alex Cloutier, Jenna Bartok and Eden Bartok model their tie-dye T-shirts. With them are library youth volunteer Louise Tuttle and library staffer Betsy Eidem**


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Sanibel-Captiva Art League

# Art League Annual Members' Art Show

Thursday morning paintout

Ellie Harries

Peter Zell

Dorothy Ault

For a cool respite during the lovely sunny afternoons stop by the Sanibel Public Library and BIG ARTS Phillips Gallery, both on Dunlop Road, to see the Sanibel-Captiva Art League annual Members' Art Show. There are over 100 original paintings by skilled artists in a variety of media with different interesting subjects and creative compositions. Featured are local scenes painted during the weekly paint-outs. Many artists new to Florida soon learn they must modify their paint palette and change to Florida colors because the light and hue here often appear more vibrant than in northern states. In Phillips Gallery there two special exhibits, Brushstrokes from the Soul on loan from the Dubin Alzheimer's Resource Center and Artreach Banners from the Human Trafficking Awareness Partnership.

Both the library and BIG ARTS welcome residents and visitors to check out their facilities and see what they offer. These locations along with the original and restored buildings in the Sanibel Historical Museum and Village, also on Dunlop Road, are popular paint-out sites for the art league.

Outdoor paint-outs are always a favorite among the participating artists, members and guests alike. Other meeting places include Bowman's Beach, Blind Pass, the Sanibel Lighthouse and JN "Ding" Darling National Wildlife Preserve. Tourists enjoy observing the artists create extraordinary interpretations of local scenes. Seasonally, each Thursday morning the artists meet at a different island location to paint and then gather for lunch and a critique. The variety of individual styles fascinates everyone at these encouraging critiques. Many of the scenic paintings are shown in local galleries throughout the year and are favored by viewers who wish to purchase a little of the islands to take back North.

For Art League information write to PO Box 1192, Sanibel FL 33957 or go to www.sancapart.com.

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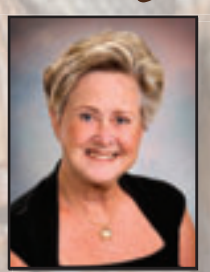

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# Presentation On National Parks At Shell Point

Craig Rademacher

Dr. Craig Rademacher will give a visual presentation on several national parks at Shell Point Retirement Community on Thursday, July 29. The presentation will begin at 7 p.m. in the Village Church Auditorium in The Island neighborhood.

"Many of us grew up visiting several of the national parks throughout the country," said Mary Franklin, resort services manager at Shell Point. "This presentation will offer attendees a better understanding of the background on the various national parks, as well as giving them a chance to view some unique photos of beautiful landscapes from all over the country. It will surely be an event that nature and adventure lovers would thoroughly enjoy, as well as people who grew up near any national parks."

Since 1872, national parks have been a part of the American experience. People have grown up visiting these parks, and built a psychological and emotional connection to their grand landscapes and enduring heritage. Dr. Rademacher will explore our understanding of how national parks evolved and why these magnificent places form an essential link between our nations' past and its future.

The event is free; however seating is limited and a reservation is required. Call 454-2054 to RSVP or for further information.

Shell Point Retirement Community is just off Summerlin Road, two miles before the Sanibel Causeway.

Grand Tetons

# Library Adds Mango Languages

Sanibel Public Library now offers the Mango Languages online language-learning system to its patrons.

Mango is free for all library patrons and offers a fast and convenient solution for language-learning needs. Each lesson combines real life situations and audio from native speakers with simple, clear instructions. The courses are presented with an appreciation for cultural nuance and real-world application that integrates components of vocabulary, pronunciation, grammar and culture. Users learn actual conversation, breaking down complex conversational elements within an audio-visual framework that allows the user to draw important connections between pieces of information they have already learned.

Mango is available in two versions: Mango Complete, a 100-lesson course designed to provide a deep understanding of a language and its culture. It is available in nine foreign language and three English as a Second Language (ESL) courses; and Mango Basic, which teaches everyday greetings, gratitudes, goodbyes and helpful phrases in a short period of time and is designed to appeal to a beginner in a new language. This basic course, which requires only two to five hours to complete, is currently available in 22 foreign languages and 15 ESL courses.

continued on page 30

**Book Review**

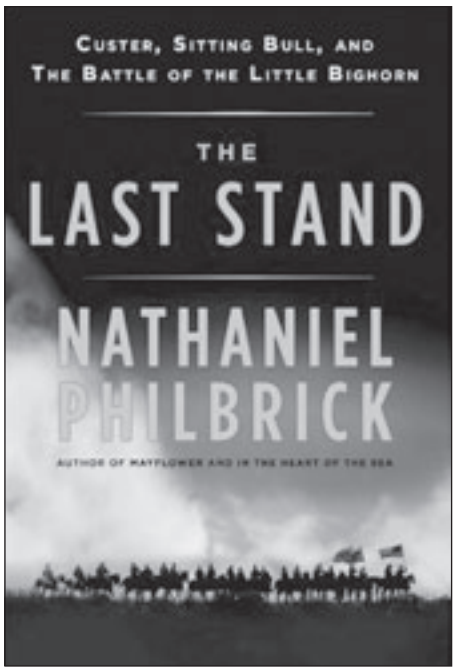
# The Last Stand

by Max Friedersdorf

Two years ago I promised myself not to read any more books about General George Armstrong Custer's last stand on the Litle Bighorn River in Montana where 268 troopers of the Seventh Cavalry died on June 25, 1876 fighting several thousand Sioux and Cheyenne led by Sitting Bull and Crazy Horse.

Having had just finished James Donovan's magnificent book published in 2008, *A Terrible Glory: Custer And The Little Bighorn: The Last Great Battle Of The American West,* it appeared certain that the final word had been written on the 134-year-old battle that rocked the nation on the eve of the Centennial and has reverberated down through history until this present day.

However, I was mistaken. A new book entitled *The Last Stand, Custer, Sitting Bull, And The Battle Of The Little Bighorn*, has been published this summer and offers fresh material on a battle where there were no survivors of Custer's battalion except for a warhorse named Comanche ridden by slain Captain Myles Keogh. Comanche, riddled by seven bullets and arrows, was found sitting on




his back haunches, near death, on Last Stand Hill.

Daniel Philbrick, author of *The Last Stand,* has uncovered new information gleaned from oral and written accounts by the Indian warriors on the battlefield, and long-ignored research by contemporary historians, and, most importantly, eye-witness narratives by Seventh Cavalry troopers from surviving battalions.

Nobody will ever know for sure what went through Custer's mind that afternoon when he decided to attack a huge Indian village stretching for miles and swarming with several thousand Sioux and Cheyene warriors, well-armed and determined not to be driven to a reservation or give up their hunting ground.

After a sparkling Civil War record as the Union's youngest general at 24, Custer became a relentless and ruthless Indian killer as the frontier moved West. In *My Life On The Plains*, published two years before the battle of the Little Bighorn, he expressed his sympathies for the so-called hostiles such as Sitting Bull.

Custer wrote: "If I were an Indian, I often think I would greatly prefer to cast my lot among those of my people adhered to the free open plains rather than submit to the confined limits of a reservation, there to be the recipient of the blessed benefits of civilization, with its vices thrown in without stint or measure."

After the Battle of the Little Bighorn, Sitting Bull, the Sioux war chieftain and medicine man, surrounded by three U.S. Army columns, escaped to Canada. He returned to American soil and surrendered in 1881. Confined to the Standing Rock Agency in Dakota Territory, Sitting Bull was shot and killed in 1890 by Sioux reservation police.

Sitting Bull's great-grandson, Ernie LaPointe, carried on the Sioux warrior tradition with service in Vietnam where he was wounded fighting with the 101st Airborne Division.

Interviewed on July 8, 2009, during a visit to the Black Hills of South Dakota, the Sioux sacred land which was the source of great contention between the tribe and gold miners, LaPointe spoke of his great-grandfather and the Battle of the Little Bighorn:

"Historians are always saying we are a defeated people, but slaughtering the buffalo, disarming and massacring old men, women, and children like they did at Wounded Knee doesn't constitute victory. After all these years, after everything that's happened, we still have the colors we won at the Little Bighorn, and that makes us strong."

"I was told through ceremony that what the Americans have done will come back to them four times. This is why I ask the creator to have pity on them. It doesn't matter what they have done. I do not wish what is coming from the future on anyone," LaPointe concluded.

*The Last Stand, Custer, Sitting Bull, And The Battle Of The Little Bighorn*, by Nathaniel Philbrick. Viking, 2010, hardback, 847 pages, 11 battle maps, 40 photographs. Available on the new books shelf at the Sanibel Public Libray and all fine Sanibel bookshops.✰

From page 29

# Mango Languages

"We are thrilled to add Mango for our library users," said Candy Heise, reference librarian. "Some people need to learn a second language for business or travel reasons. Others just want to because they think it would be interesting. No matter the reason, learning the language should be fun. With Mango, it definitely is."

To learn more about Mango and get a preview of what the program has to offer, stop by the library for an introduction. Mango is available in the Reference Area and the TeenSpace Lab. You can access Mango via the library website at sanlib.org. Even better, if you have your library card and have access to the Internet, you can access the actual courses remotely from anywhere.

For more information, contact the Library at 472-2483.✰

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# Performing, Pottery And Papier-Mâché

Kirk Williams performs a magic card trick

Youngsters are enjoying the activities at BIG ARTS Summer Arts Camp. Camp runs Monday through Friday, 9 a.m. to 3 p.m. through August 13. Many weeks are full so pre-registration is recommended.

Children entering grades K through 5 in the fall will be offered activities on a rotating schedule including painting, pottery, music, drama, and movement. Arts and music appreciation, weekly projects, and interactive stage productions encourage interest and wonder in the arts.

For K to 5th grade, tuition is $115 per week; three or more weeks are $100 per week.

The fine arts apprentice program for middle and high school students provides an opportunity to be an instructor or take classes. Courses include photography, papier-mâché, acting, pottery, dance and metalsmithing. Middle school tuition is $70 per week. Volunteer opportunities are also available.

Instructor Rose Mary Benson at the pottery wheel with Caroline Tesoro

Colin Menzel makes a paper fish

BIG ARTS Summer Arts Camp is supported by LAT Foundation and Sanibel-Captiva Community Bank. Tuition assistance is available.

For further information or to register call 395-0900 or e-mail info@BIGARTS.org.✲

# Poetic Voices

*For consideration, please send typed poems with a short biography to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 Attn: Don Brown or send a Microsoft Word attachment to donbrown@alum.mit.edu*

selected by Don Brown

**Bird Song**

by Carol H. Ehrlich

I lay on the lawn outside the music tent
in a dream state
watching cotton clouds above me
creep eastward across the sky.
Sounds of the orchestra were in my ear –
perfect bliss, if ever I felt it.

A song began, a clear peal of joy.
Startled, I lay stock still to listen.
It seemed to weave a thread
from some earlier life
through my consciousness.
Aspen leaves fluttered overhead,
and I looked for a bird.

But there was no bird.
I realized with a shock
it was a flute I heard –
its eery cadenza floating along
inside me, and from birds in my memory –
with a tone pure and sweet,
so clear it must have been birdsong.
How could this be?

There was no answer–
but for me
Nirvana is a gorgeous sky, a warm day,
and music of a bird or
sound of a flute in my ear.

*An 18-year veteran of Island Writers Group 2, Carol Ehrlich is retired from a career in audiology, clinical, research and administration. This poem is from her book,* Winds in My Sails, *available from iUniverse.com and Barnes and Noble. Other publications include* All Kinds of Love, Experiencing Hospice *with co-author C. Jaffe, Baywood Publishing 1997 and a number of magazine and journal articles. She says poetry is fun – it invites feelings and play with language.*✲

**DVD: Coming Soon To A Sofa Near You:**

# *Babies*

by Priscilla Friedersdorf

"Awwwwwwwww." This is the initial spontaneous verbal reaction to preview scenes and the film *Babies*. Award-winning Director and filmmaker Thomas Balmes follows four babies from birth until their first halting steps in geographically and culturally diverse parts of the world. The result is magical. Ponijao lives with his mother, siblings and extended family almost literally on the dusty barren plains near Opuwo, Namibia. Bayarjargal is born in a clinic and taken home, tightly swaddled on the back of a motorcycle, to his family residence in Bayanchandmani, Mongolia. Mari lives with her hovering and doting parents in Tokyo, Japan, and Hattie resides in San Francisco.

Director Balmes by interspersing film segments of each baby's developmental stages allows the audience to contrast the infant care represented in their ethnic backgrounds. We see to our delight and amazement that whether the baby eats, coos or learns to crawl and walk on the hard-packed dirt of Africa or in a highly controlled and sanitized environment like Japan or the United States; their health, physical and mental progress are nearly the same. In several aspects the African baby, who receives very little maternal supervision, plus a few sharp knocks from siblings and no apparent guidance from a father, matures more quickly.

Funny, heartwarming, expertly and intimately filmed in gorgeous locations by Balmes, your heart will melt at the charm and innocence of *Babies*... it is just, you know, "Awwwwwww."

*Babies* should be available on DVD in the next month.✲

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# My Stars ★★★

**FOR WEEK OF JULY 26, 2010**

**ARIES** (March 21 to April 19) A bit of Arian contrariness could be keeping you from getting all the facts. Turn it off, and tune in to what you need to hear. It could make all the difference this week.

**TAURUS** (April 20 to May 20) Getting an answer to a vital question involving financial matters might take longer than you'd expected. A new factor might have to be dealt with before anything can move forward. Be patient.

**GEMINI** (May 21 to June 20) Use your good sense to see what might really be driving a colleague's workplace agenda. What you learn could lead to a new way of handling some old problems.

**CANCER** (June 21 to July 22) A change of mind might once again turn out to be a good thing. True, most of your co-workers might not like the delay, but as before, they might appreciate what follows from it.

**LEO** (July 23 to August 22) You revel in golden opportunities this week. One cautionary note, though: Be careful to separate the gold from the glitter before you make a choice. Someone you trust can help.

**VIRGO** (August 23 to September 22) Marriage is important this week, as are other partnerships. Don't let yourself be overwhelmed by sentiment. Instead, try to steer a path between emotion and common sense.

**LIBRA** (September 23 to October 22) Dealing with someone who has let you down is never easy. But the sooner you're able to clear up this problem, the sooner other problems can be successfully handled.

**SCORPIO** (October 23 to November 21) A "friend" who is willing to bend the rules to gain an advantage for both of you is no friend. Reject the offer and stay on your usual straight and narrow path.

**SAGITTARIUS** (November 22 to December 21) After all the effort you've been putting in both on the job and for friends and family, it's a good time to indulge your own needs. The weekend could bring a pleasant surprise.

**CAPRICORN** (December 22 to January 19) You might want to do something new this weekend. Close your eyes and imagine what it could be, and then do it, or come up with the closest practical alternative.

**AQUARIUS** (January 20 to February 18) Your good deeds bring you the appreciation you so well deserve. But, once again, be careful of those who might want to exploit your generous nature for their own purposes.

**PISCES** (February 19 to March 20) Trolling for compliments isn't necessary. You earned them, and you'll get them. Concentrate this week on moving ahead into the next phase of your program.

**BORN THIS WEEK:** Meeting new people usually means you're making new friends. People want to be reflected in your shining light.

## THIS WEEK IN HISTORY

• On July 30, 1619, in Jamestown, Va., the first elected legislative assembly in the New World -- the House of Burgesses -- convenes in the choir of the town's church. Its first law required tobacco to be sold for at least three shillings per pound. Other laws included prohibitions against gambling, drunkenness and idleness. Sabbath observance was made mandatory.

• On July 29, 1909, newly formed General Motors Corporation acquires the luxury automaker Cadillac Automobile Company for $4.5 million. In 1954, Cadillac was the first automaker to provide power steering and automatic windshield washers as standard equipment.

• On July 26, 1931, a swarm of grasshoppers descends on crops throughout the American heartland, devastating millions of acres, especially in Iowa, Nebraska and South Dakota. The swarm was said to be so thick that it blocked out the sun and one could shovel the grasshoppers with a scoop.

• On July 28, 1945, a United States B-25 Mitchell bomber crashes into the Empire State Building, killing 14 people. The freak accident was caused by heavy fog. The bomber was flying low, seeking better visibility, when it came upon the Chrysler Building. The plane swerved to avoid the building, but the move sent it straight into the north side of the Empire State Building, near the 79th floor.

• On July 31, 1964, Ranger 7, an unmanned U.S. lunar probe, takes the first close-up images of the moon -- 4,308 in total. The images were 1,000 times clearer than anything ever seen through Earth-bound telescopes.

• Aug 1, 1972, future President George Walker Bush is suspended from flying with the Texas Air National Guard for missing an annual medical examination. Bush was given an honorable discharge from the Air National Guard in 1973 to attend Harvard Business School.

• On July 27, 1981, Adam John Walsh, age 6, is abducted from a mall in Hollywood, Fla., and later found murdered. Adam's father, John Walsh, became a leading victims' rights activist and host of the long-running television show "America's Most Wanted."

## STRANGE BUT TRUE

• It was famed 20th-century Canadian-American economist John Kenneth Galbraith who made the following sage observation: "It is a far, far better thing to have a firm anchor in nonsense than to put out on the troubled sea of thought."

• In Switzerland, it's considered to be bad luck to tell anyone your baby's name before he or she is born.

• It's been estimated that, around the world, 16 million tons of rain fall every second.

• Do you ever yawn just because you saw someone else do it? It seems that humans are the only animals so affected.

• If you've spent a great deal of time in the Scottish highlands, you might be familiar with the term "sgiomlaireachd." Evidently, the habit of dropping in at mealtimes is common enough there to require a word to describe it.

• Statisticians claim that the more money a man makes, the more likely he is to cheat on his spouse.

• Mascara was invented by a chemist named T.L. Williams, who founded the cosmetics company Maybelline. The original eyelash enhancer was composed of coal dust and Vaseline.

• Before the iconic reclining armchair was dubbed "La-Z-Boy," the names "Sit-N-Snooze," "Slack Back" and "Comfort Carrier" were considered.

• The first jugglers who were recorded in the history books were Egyptian. They also were women.

• Deaf people who suffer from Tourette's syndrome swear in sign language.

• Those who study such things say that automatic teller machines are three times more likely to be robbed between 6 and 9 p.m. than at any other time of day.

## THOUGHT FOR THE DAY

"If you're not scared or angry at the thought of a human brain being controlled remotely, then it could be this prototype of mine is finally starting to work." -- John Alejandro King


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# Golf's Oldest Prize Won By Unknown Whose Name Is A Tongue Twister

by Ed Frank

His name was next to impossible to pronounce. He was a 200-1 shot to win golf's oldest tournament. And the only other tournament he had ever won, this year's European Tour's Open De Andalucia in Spain, Monarch Airlines forced him to leave the winning trophy at the airport, terming it to be a "dangerous object."

It's doubtful this was the case this week when 27-year-old Louis Oosthuizen departed for his home in South Africa with the prized Claret Jug after his seven-stroke victory in the 139th British Open at St. Andrews in Scotland.

While the announcers struggled all weekend with his name, the unknown Oosthuizen had little problem with golf's most famous course shooting a final round of 71, finishing 16 under par for the week.

Just a few months ago, the personable Oosthuizen was an aspiring golfer who got his chance to compete as the result of fellow countryman Ernie Els' youth foundation. Now he is the six South African to win this major championship joining the ranks of Els, Retief Goosen, Trevor Immelman, Bobby Locke and Gary Player.

Accepting the Claret Jug during the trophy presentation, he thanked Els and then acknowledged South Africa's leader Nelson Mandela who was celebrating his 92nd birthday last Sunday.

Last weekend, old St. Andrews toppled the world's best and most famous golfers, but not Oosthuizen. His putting was superb, his driving near perfect and his overall performance world-class.

He might have been unknown until last weekend. But that's not the case today. His win at the oldest golf course in the world is what sports is all about. It proves that predicting a winner is usually next to impossible

**No Cubs Spring Training for Naples**

It appears the campaign to bring the Chicago Cubs to Naples for spring training has ended as the team will remain in Mesa, Arizona.

The Cubs have trained in Mesa for more than 50 years and are working with the city for a new facility. A group in Naples had mounted an aggressive drive to shift that site to Southwest Florida, promising to build a stadium and training facilities without using property taxes.

The Cubs issued the following statement last week:

"The Cubs are appreciative of the efforts from the Naples team to provide the club with a first-rate spring training facility. Despite the opportunity that exists in Naples, for the time being we will continue our work in Mesa to build a spring training facility there."

Following the Cubs announcement, Craig Bouchard, a leader of the Naples group, said they have respectfully withdrawn their offer.

**Miracle Win Seven of Nine Games; Back to .500**

The surging Fort Myers Miracle baseball team completes an eight-game home stand this weekend against the Brevard County Manatees.

Winning seven of their last nine games including three in a row, the Miracle began this week with a second-half season record of 11-11. They trailed the first-place St. Lucie Mets by just 3-1/2 games.

This weekend's schedule calls for 7:05 p.m. games Friday and Saturday and a Sunday start at 1:05 p.m.

**Louis Oosthuizen** photo by Bob Stapleton

## SPORTS QUIZ

1. Which 2nd baseman had more Gold Gloves during his major-league career: Roberto Alomar or Ryne Sandberg?
2. Two players have won the MVP and the Rookie of the Year awards in the same season. One was Fred Lynn of Boston in 1975. Who was the other player?
3. The Oakland Raiders set the NFL mark for most consecutive seasons of losing 11 or more games. How many seasons has it been?
4. In 2009, Syracuse's Jim Boeheim became the fourth Division-I basketball coach to win at least 800 games at one school. Name the other three.
5. Name the last NHL team before Buffalo in 2009-10 to be undefeated in the regular season (30-0) in games in which it led after two periods.
6. Which Asian country has played in the men's World Cup the most times?
7. Who holds the series lead in the famed Yale-Harvard Regatta, the oldest U.S. intercollegiate competition (145 years).

## ANSWERS

1. Alomar had 10; Sandberg had nine. 2. Seattle's Ichiro Suzuki, in 2001. 3. Seven consecutive seasons entering 2010. 4. Dean Smith (North Carolina), Adolph Rupp (Kentucky) and Jim Phelan (Mount St. Mary's). 5. The Chicago Blackhawks in 1994-95 (19-0). 6. South Korea has made eight appearances at the soccer event. 7. Harvard, 91-54.

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# Sanibel Island Junior Tennis Championships

The Dunes Golf & Tennis Club will host the first annual Sanibel Island Junior Tennis Championships August 20 to 22 on the club's Har-Tru tennis courts. The tournament is sanctioned by the USTA and will offer singles divisions for both boys and girls. Divisions are categorized by age and include 18, 16, 14, 12, and 10 and under.

In addition to the main draw there will be a consolation tournament for players who lose their first match. Awards will be presented to all main draw finalists and consolation winners. Complimentary courtside beverages and fruit will be served throughout the tournament and all entrants will receive a Dunes logo towel for participating.

Registration closes on Tuesday, August 17. Visit USTA.com to register. The entry fee is $38.13 per player. The tournament ID# is 153710610. USTA accepts major credit cards. For more information on this event or questions regarding registration, call Diane Limeri, Dunes Tennis Pro Shop manager, at 472-3522. Toni Halski, USPTA member since 1982, is the tournament director.

PGA Tips

# Replacing A Club During A Round Of Golf

by Matt Oakley, PGA Golf Professional

While watching the British Open last week I heard, as everyone did, that Tiger Woods was using a new putter for the first time. It made me think, what if in the middle of a round he decides that this wasn't the putter for him and he wanted to change back to his old one? I am sure he had it with him at the hotel just in case. I thought I would tell you what the *Rules of Golf* say about the subject:

The first thing we need to know is what rule deals with replacing clubs mid-round. It is Rule 4.3 Damaged Clubs: Repair or Replacement. Here is how it reads:

If, during a stipulated round, a player's club is damaged in the normal course of play, he may:

(i) use the club in its damaged state for the remainder of the round: or

(ii) without unduly delaying play, repair it or have it repaired, or:

(iii) as an additional option available only if the club is unfit for play, replace the damaged club with any club as long as you do not unduly delay play.

So, you cannot replace a club mid-round just because you want to, it has to be damaged.

Now, what constitutes damage? Can I wrap it over my knee and cause it to be damaged so I can replace it?

Rule 4.3d speaks to this. If, during a stipulated round, a player's club is damaged other than in the normal course of play it must not be substituted or replaced during the round.

This shows us how the *Rules of Golf* is there protect the field and that decision to put in a new putter is something that you will have to live with until the round is over.

# Sign Ups For After School Program Begin Monday

Registration for the 2010-11 After School Program at the Sanibel Recreation Center will begin on Monday, July 26. Registration is now available online at www.mysanibel.com.

The After School Program runs Monday through Friday from 2:15 p.m. to 5 p.m. throughout the school year. It is available for children in kindergarten through 6th grade. Every child registered in the After School Program will receive

continued on page 35

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Frank and Denise

# Over 15,000 Miles Of Sanibel Biking

submitted by Frank and Denise of Dublin, Ireland

We thought one had to die to go to heaven but all one has to do is cross the bridge to Sanibel Island and start biking!

We arrived on the first of June and to date have 1,665 miles on our bikes (which do not have gears).

There is nothing so wonderful as biking on Sanibel. In the summer when the temperature is very hot, biking can be quite cool as one generates a lovely breeze.

We have been biking on Sanibel now for eight years and to date have 15,456 miles, which is the equivalent of travelling five times across the US. Is this a "casual" cycling record on Sanibel?

Each year we get older (like everyone else) but biking for us seems to be getting easier. This year we treated ourselves to two nice, soft saddle covers. These appear to have helped somewhat!

Apart from the usual biking paths we found many more interesting places to bike i.e. The Dunes, Wulfert, Beachview, Baily Tract, Herons Landing, Henderson, Dinkins Bay, Dixie Beach and the lighthouse fishing pier.

You will not believe that when we return to Ireland we do not bike at all.

We are half way through our vacation now and already we are looking forward to next year's biking here.

Next year, as we will be one year older, Denise has a plan. We shall rent a tandem and hopefully Frank will do all the pedaling and I shall just sit on the back and enjoy biking.

Next year? Who knows, we might even ride the bikes on the Fourth of July parade.

In order to see Sanibel at its best, get on those bikes and start biking!☼

From page 34

# After School

a one-year complimentary membership to the Rec center. This membership can be upgraded to a family membership for an additional $50. The After School registration fee is only $530 per child for members and $633 per child for non-members.

Individual session purchases will also be available as a new payment option for families. Session fees will be $176 per child per member and $211 per child per non-member. Sessions will require re-enrollment during each designated trimester and must be pre-purchased prior to the start of each session. Sessions will be available for fall, winter or spring as follows:

- Fall Session: August 23 to November 19
- Winter Session: November 22 to March 11
- Spring Session: March 14 to June 10.

A supervised 7th and 8th grade program is also available Monday through Friday from 2:15 p.m. to 5 p.m. throughout the school year with the purchase of a Rec center membership.

Fun Days will also continue to be offered on most non-school days throughout the year for only $20 per child for members or $25 per child for non-members.

Financial assistance is available to families of program participants based upon individual need. For more information, call 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available.☼


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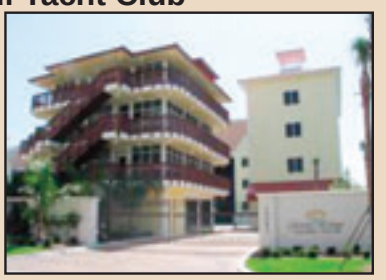

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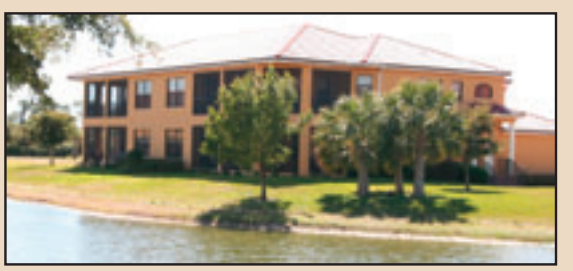

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# It's Back To Baseball After 3,700-Mile Jaunt To Southern California

**Josh and Doug Congress in front of the Angel Stadium**

by Doug and Josh Congress
edited By Ed Frank

Sanibel to Anaheim, California –it was an eight-day trip of majestic sightseeing with only two days of Major League baseball in Denver. But now it's time to get back on our major mission of visiting the 10 big league parks in the western United States.

Game time today is not until 7 p.m. when the Angels take on their bitter rival, the Los Angeles Dodgers in inter-league play.

**Rock formation at Angel Stadium**

With all day to "do" Southern California, Josh demanded we check out Huntington Beach, known as Surf City. His eyes were popping – huge waves, beautiful sugar sand beaches and thousands of tan, bronzed… well you get the picture.

Finally it was time for baseball and we were excited to see Angel Stadium, a beautiful facility that will host this year's All-Star game. But there are a couple of features that are disappointing.

Beyond the left field wall is a rock formation with running water. It looks pretty cool until you get close and see the rocks are fake. The scoreboards are cluttered with advertisements and lack the clarity of the high definition boards found in the newer parks.

We do like the park, but have become spoiled by some of the newer facilities that offer so many great features and amenities. Angel Stadium was opened in 1960 and is the fourth oldest Major League stadium. It is in need of renovation, but is still nicer than half the stadiums we have visited.

The game was a huge rivalry since the teams are only 30 miles apart.

Despite generating only four hits, the Angels managed to

**Angel Stadium sculpture**

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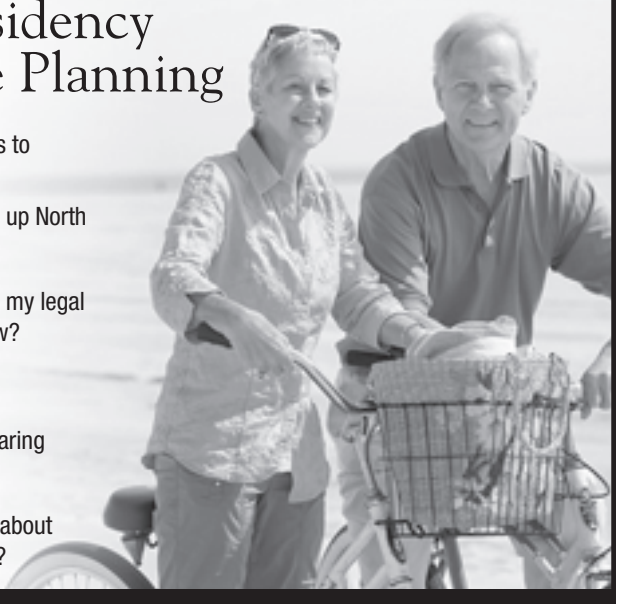

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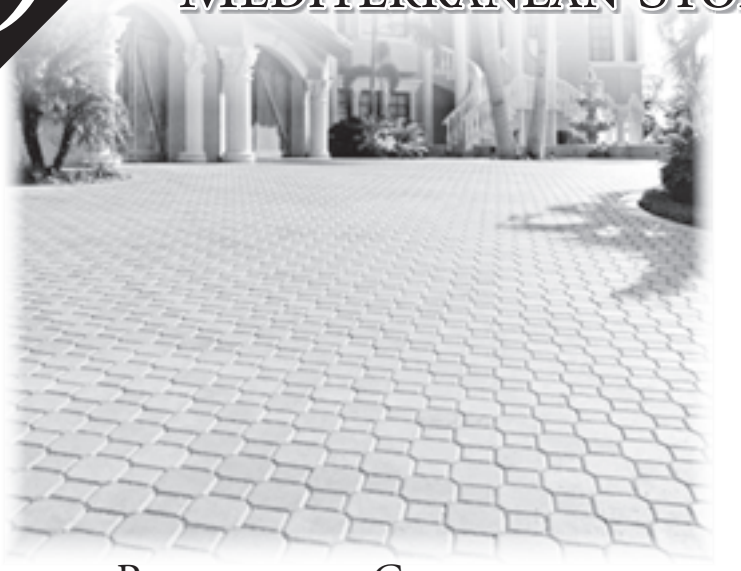

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Josh Congress with his game hot dog

Sign in Dodger Stadium

score two runs and completely shut down the Dodger offense. However, it ended in a weird play after the Dodgers threatened to tie the score.

With runners on first and second, pinch hitter Jamey Carroll bloops a hit to left field. The runner on second scores what would have been the tying run only to have it nullified when Dodger Russell Martin was picked off rounding second base.

Nest day's rematch was the final game in this series, and with the Dodgers having lost six straight, they came with a strong offensive game that ended in a 10-6 victory. It was a long 4½-hour game that included a 20-minute power outage delay.

Despite the late hour, it didn't keep us from stopping at In-N-Out Burger (our third visit) for delicious double-double hamburgers and fries.

The next day it was onward to Los Angeles for two days of baseball between the Dodgers and New York Yankees – a bitter rivalry that transcends decades.

Just imagine this scene: Our 2003 Toyota Sequoia with 129,000 miles and fresh off a 3,700 cross-county trip, littered with tourist and ballpark magnets and covered with desert dust, arrives in posh Beverly Hills.

Clunking and spewing dust, we pull alongside a $300,000 Rolls Royce where I was tempted to ask the driver if he had some Grey Poupon. (Remember that famous commercial?)

Once out of high society, we arrive at the 56,000-seat Dodger Stadium. It opened in 1962 and is the largest in baseball.

Despite its numerous deficiencies, the park oozes baseball history and lore. And it provides breathtaking views of downtown Los Angeles and the San Gabriel Mountains.

Dodger Stadium is in great shape for its near 50-year-old age. It offers the best peanuts in baseball and the Dodger Dog isn't half bad either.

There are, however, outdated scoreboard; uncomfortable seats with little leg room; the ushers are seat hopper Nazis; and the parking is horrendous. It requires at least an hour to get out of the parking lot.

Nevertheless, Dodger Stadium is a top five park.

As for the games, we had the incredible privilege of watching two games between these dreaded rivals with game one going to the Yankees and game two to the Dodgers.

Speaking of hatred, there were thousands of loud, rowdy Yankee fans in the crowd and as the game intensity rose, the alcohol consumption increased. Ultimately fights were breaking out everywhere. It was if we went to see a fight and the Dodger-Yankee game broke out.

Tomorrow we head up the coast to San Francisco, but it has been two days without an In-N-Out Burger and both of us are experiencing the shakes. Our first priority tomorrow is finding an In-N-Out Burger.

*Next week: Fog City, San Francisco.*☆

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Around The Islands With Anne

# Keep Your Cool This Summer And Dine Out At A Discount

by Anne Mitchell

Don't bother heating up your kitchen by cooking at home during these hot summer months. Island restaurateurs are doing their best to lure us out of our air-conditioned comfort zones – and into theirs!

They are offering some great deals on our favorite foods and menu items. I always think of these specials as a way local businesses show their appreciation for islanders and the folks who support them year-round.

Flip through the *Island Sun* and you'll find ads for lots of mouth-watering meal deals. Here are some I noticed in last week's *Sun* as examples of what's out there:

- **McT's** Thursday Night Special features all you can eat snow crab. The tavern special is a steak sandwich and fries for $6. Also, McT's is one of the few island eateries open for lunch; hours are 11 a.m. to 4 p.m.
- Tuesday is Mexican Night at **The Great White Grill**, which also has the distinction of having 28 beers on tap. Pizzas are delivered free.
- During Sunset Dining at **Il Tesoro** from 5 to 7 p.m. buy one entrée and get one free.
- **The Jacaranda** has two-for-one happy hour from 4 to 7 p.m. The Happy Apps are just $5.95 each and they include sesame encrusted Ahi tuna, chilled oysters, snow crab legs and steamed shrimp, to name just a few.
- At **Hungry Heron** one child 10 and under eats free with purchase of each $15.95 and up entree. Also, there's 10 percent off lunch or dinner menu prices every day. On Tuesdays, buy one get one half off if you order the shrimp and chips or fish and chips (includes corn and French fries).
- Burgers and quesadillas are only $5 at **The Sanibel Grill** from 4 to 5 p.m.
- At **Doc Ford's Rum Bar & Grille**, try The Bull on the Beach, the restaurant's 2010 charity drink. Over $75,000 has been raised for The Children's Hospital from sales of this cocktail.
- **Ellington's** pre-sunset menu from 5 to 6:30 p.m. offers three-course dinner choices for $35.
- **Twilight Café** will take half off the price of a second entrée.
- **Beachview Steakhouse & Seafood's** early bird menu from 4:30 to 6 p.m. has items for $16.95 and under. Dinner is served Wednesday through Saturday.

If you prefer to stay home, check these out:

- **Sanibel Deli & Coffee Factory** is selling one large 16-inch pizza and 10 wings for $11.99 from 4 to 8 p.m. daily, pickup only.
- **Jerry's Market** has fresh Alaskan wild salmon for $14.39 a pound.

Check this week's *Island Sun* for the latest on summer dining.

**Island Girl Boutique** at Sanibel's east end is home to Not Your Daughter's Jeans (NyDJ), those blessedly sleek and slimming denim pants that seem to shave off the bulges with their "lift and tuck" technique.

A lovely blue scarf brings this white outfit to life at Island Girl Boutique

A silver necklace picks up the motifs from this gray and white top at Island Girl Boutique

However, that's not all this bright and breezy store has to offer. Island Girl has a knack with accessories such as jewelry and scarves to bring even the simplest outfit to life.

In addition, the boutique carries lots of great looking jackets and tops as well as embellished T-shirts and tanks in myriad colors. Armed with these, all you need are

Soft and comfortable jackets by Stickchics from Island Girl Boutique have whimsical designs like this one that proclaims, "Fabulous!"

some classic jeans, pants and Bermuda shorts in basic colors – they have these too! – and you're set for almost any occasion.

Island Girl Boutique is at 455 Periwinkle Way, phone 395-3455.

**LIVE ON THE ISLANDS**

Holy Smoke! There's some new live entertainment on Captiva.

South Seas Island Resort's eatery, **Holy Smoke Heavenly Barbecue and Better Burgers**, is featuring piano-playing blues entertainer Jeff Long from 6 to 11 p.m. Tuesday through Saturday until Labor Day. The public is welcome.

The new expanded space includes a full bar, live karaoke, pool tables, video games, air hockey and seating for barbecue and drinks. It is an expansion of the existing Holy Smoke restaurant in Chadwick's Square.

Long is an interactive piano-playing, blues style entertainer from Little Rock, Arkansas. He has been a professional musician for over 45 years, and his diverse repertoire consists of thousands of songs from every genre of popular music. He boasts, "If you can say it, I can play it."

**The Mucky Duck** on Captiva has live music Monday through Saturday as follows: Monday, Mark (The Pan Man) Duprey; Tuesday, Rich Lancaster; Wednesday Gene (The Maestro) Federico; Thursday, Dan (The Man) Confrey; Friday, Buckeye Ken; and Saturday, Gene Federico. The restaurant is at 11546 Andy Rosse Lane, phone 472-3434.

**Beachview Steakhouse & Seafood** has karaoke starting at 9 p.m. on Thursdays and Fridays and Saturday night entertainment with The Troublestarters.

Captiva Band will be playing at **'Tween Waters Inn** on Captiva Friday and Saturday. Music is from 9 p.m. to 1 a.m. Crab races are on Mondays and Thursdays with a family show at 5 p.m. and adult show at 9 p.m. Phone 472-5161.

**The Island Cow** has live entertainment from 6 to 9:30 p.m. nightly. The line-up: Monday, Dan Confrey; Tuesday, Jeff Key; Wednesday, Ken Wasiniak; Thursday, Diana Lynn; Friday, Greg Watts; Saturday, Diana Lynn; and Sunday, Ken Wasiniak.

**Ellington's Jazz Bar and Restaurant** has live jazz seven nights a week from 7 to 11 p.m. at 1244 Periwinkle Way, Sanibel, phone 337-5299.

**RC Otter's**, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and outside, phone 395-1142.

**Keylime Bistro** on Captiva features live entertainment seven days and nights each week, phone 395-4000.

**Twilight Café** has live music with Danny Morgan Friday nights and jazz every Wednesday night. The restaurant is at 2761 West Gulf Drive, Sanibel, phone 472-8818.

Danny Morgan plays on Thursdays at **Traders Store & Café**, phone 472-7242.

**The Jacaranda** has entertainment nightly from 8 p.m. to midnight, phone 472-1771.

Danny Morgan and Friends play at **Casa Ybel Resort** pool bar on Sundays from 1 to 4 p.m., phone 472-3145.

**Sunshine Seafood Cafe** at 8750 Gladiolus Drive, Fort Myers, has live entertainment on Friday and Saturday nights featuring jazz and relaxing dining entertainment, phone 489-2233.

*Restaurant owners/managers, please e-mail or fax your entertainment schedule to Anne Mitchell at islandsuncity@aol.com or 395-2299.*☆

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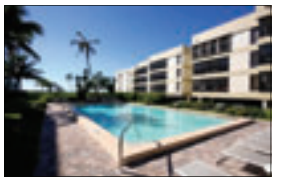

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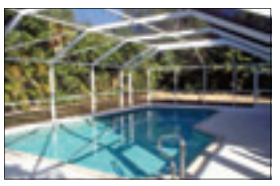

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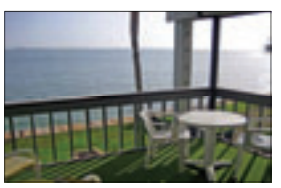

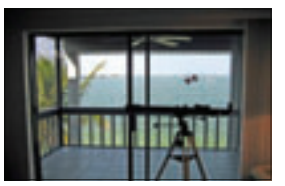

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Sanibel Arms West unit with income $469K

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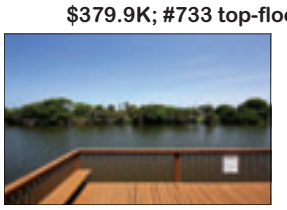
updated home in Sanibel Place near pool $397K



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renovated end-unit on 2nd floor $325K

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easy income at Colony Resort condo $189K

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# Local Goodwill Helps Homeland Security

Laura Alford, Goodwill director of donor development, with the 60+ suitcases and bags donated to TSA

When the Transportation Security Administration (TSA) needed luggage to train its bomb-sniffing dogs, TSA turned to Goodwill Industries of Southwest Florida. The non-profit donated more than 60 pieces of used luggage and nearly 900 pounds of clothing for use in training its canine inspectors and their handlers.

"It'll definitely go to good use," said inspector Jason Nimark, TSA lead exposives detection canine handler. "The donation of this luggage will enhance the training of our dogs and the protection of the public."

Nimark, along with Iisaac, an explosives detection canine, picked up the luggage and clothing at Goodwill's North Fort Myers headquarters on Wednesday, June 14.

TSA inspector Jason Nimark with explosives detection canine Iisaac and Laura Alford

"These suitcases and clothes were soiled, torn and damaged, so we couldn't re-sell them," said Laura Alford, Goodwill's director of donor development. "This was a great way to repurpose these items and keep them out of the landfills. And if Goodwill can contribute to our national security, that's even better."

The baggage and clothing will be used for testing and training at Miami International Airport and at an off-site training center.

"When we train, we use up to 50 pounds of clothing in the bags to simulate real baggage," Nimark explained. "We're always trying to teach the dogs something new, so there's constant training for the dogs and handlers."

TSA also assists other federal, state, and municipal agencies in the training of their canine officers and handlers.✲

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# Back-To-School Clothing Drive

Trish DeFeo, president of the Moms Prosperity Network of Florida, announces the first annual Back-To-School Clothing Drive to benefit Lee County students in need. Families are facing hardships this year more than ever, so the Moms Prosperity Network of Florida has partnered with several business owners to coordinate drop off sites for donations of gently used or new back-to-school clothing in all sizes. DeFeo is encouraging the community to clean out their closets and donate any clothes that are gently worn to this cause.

All clothing collected will be distributed at the 11th annual BIG Backpack event held at Harborside Event Center on Sunday, August 1. A boutique and changing area will be set up for kids to select an outfit in their size. Some shoes and other accessories may also be provided. Volunteers are needed to help sort the clothing according to size and gender. Donations of hangers and racks are also needed.

Moms Prosperity Network of Florida is a non-profit organization. Its mission is to assist, support and provide inspiration to moms in the community. The organization offers life coaching, parenting classes, financial coaching as well as the resources needed to have a life of dignity. For more information visit http://www.momsprosperitynetworkswfl.org.

Drop off locations for clothing are:

**Fort Myers**
Gulfcoast Orthodontics/Dr. Laboda
14361 Metropolis Avenue, Suite 1

Zehner & Peluso Associates
5268 Summerlin Commons Way, Suite 502

Bernardo Injury Law
1601 Jackson Street, Suite 104

Title Junction, LLC
6313 Corporate Court, Suite C

Studio HBL
12734 Kenwood Lane #65

Bianca's Restaurant
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Premiere Executive Suites
5237 Summerlin Commons

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# Saving Assets From Nursing Home Costs

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

One of the most common statements we hear from folks is that "I don't want to become a financial or emotional burden to my spouse and children." Yet for many, the costs of either in-home nursing or for assisted living have the potential to far outweigh their life savings. That's because the average monthly long term care cost in an assisted living center here in Southwest Florida ranges from $4,000 to $10,000 monthly, with in home care averaging much more.

What many people fail to realize is that health insurance and Medicare will not cover these costs. Paying for long-term care is a personal financial responsibility. Whether you are newly retired or have been retired for a long time, long term care costs are often a #1 concern but are rarely addressed ahead of an actual family financial crisis.

We must therefore re-engineer how we plan for our future, taking into account the very real possibility that long-term care costs are something that we'll have to deal with – either for ourselves or for a loved one.

Over the past few years, the eligibility rules have made it more difficult to qualify for public benefits, such as Medicaid. Rather than expanding benefits for an aging population, the states and the federal government have instead cut growth in public benefit programs in an effort to rein in spending.

These factors make planning sooner, rather than later, all the more important. The sooner you address these issues in your estate plan, the more likely you and your family will find success. "Self-insuring," or paying your own way, may be an option. If you have sufficient income without having to dig into your investments to pay long term care costs, this may be the way to go. But even then, what about the future well-being of your spouse or your children?

Planning to self-insure for long-term care expenses requires a collaboration of financial, estate and tax planning to ensure that sufficient income can be generated to prevent the depletion of assets. When you plan to self-insure, you should work closely with your advisors to ensure your estate and tax planning fits hand-in-glove with your financial planning.

Unlike Medicare, Medicaid is a government program which pays medical costs and long-term care costs. By qualifying for this important benefit, you may be able to relieve your loved ones from the stress that comes with long-term caregiving.

However, Medicaid is designed as a payer of last resort, and to qualify you must meet strict financial and other eligibility requirements. The rules governing Medicaid are complex, and frequently change, requiring great care in the planning and application for benefits. In Florida, many of the eligibility rules were drastically changed in November 2007.

In order to qualify for Medicaid benefits, an individual must meet strict asset and income limits. In 2010, an individual applying for Medicaid can have only $2,000 in total countable assets. This would include property such as most real estate, stocks, bonds, bank accounts, and CDs, just to name a few.

Certain assets, such as a Florida Homestead, are excluded from the calculation for Medicaid purposes. However, there are limitations on these exemptions. For example, the equity in your Homestead cannot generally exceed $500,000.

In 2010, your gross monthly income must not exceed $2,022. These numbers change annually, by the way. Even if you have only $1 in excess of the government mandated amount, you will be disqualified from receiving benefits. Remember this is your GROSS income, not your NET income. Tax free income, for example, is part of gross income. Many people forget this.

In the Medicaid eligibility calculations, the government assumes that almost all of your income will be paid toward the cost of care. How much is almost all, you might ask? Well, the government allows an individual in a nursing home to keep only $35 per month of their income in excess of their care costs when on Medicaid.

But you should know that there are planning opportunities to legally work around these asset and income rules.

The key to remember here is that without proper planning, all assets and income above these levels must be spent on care or on exempt items before Medicaid will pay the first dime towards your care.

There are special rules that apply when the Medicaid applicant is married. Medicaid generally requires that both spouses' assets be available to pay for the ill spouse's care. This is true whether or not a married couple has any legal arrangements, such as a prenuptial agreement – that would otherwise mandate some contrary understanding. Medicaid ignores such legal arrangements.

Medicaid does allow, however, the "well" spouse to keep some assets. In 2010, that amount is just under $110,000 of assets or money. That amount may not be sufficient for the surviving spouse's needs for the rest of his or her life. Most of our clients who have more than $110,000 of assets would like to leave as much as possible to their surviving spouse or children. There are legal ways to accomplish this goal.

In addition, Medicaid does allow the well spouse to retain her income. Again, there are planning opportunities married couples can implement to maximize the amount of assets they retain and the amount of income the well spouse might enjoy for the rest of his or her life. Space limitations do not allow me to outline those here, as the planning that goes into long term care could fill volumes.

Next Tuesday, July 27 at 9 a.m. at Temple Beth El on Winkler Road I am holding a free workshop addressing these estate planning issues. If you are interested in learning more, call 334-1141 (after normal business hours call 425-9379) for more information or go to my website www.sbshlaw.com and click on the "Seminars" link in the left side menu bar for a reservation.

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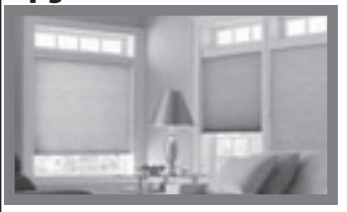

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# Some Jewels Are Not Created Equal

by Dan Schuyler and Karen Bell

Occasionally, beautiful jewelry is created through techniques that have traveled across the ages using materials that are not rare or precious. Instead they are created with skill and tenacity. One such method is enameling.

Enameling is the fusion of a special powdered glass to metals. The glass can be applied using different techniques, but all methods use heat to melt the powder.

Often the artist's "canvas" is a jewel or objet d'art. They "paint" a surface of the jewel with the crushed glass and, through repeated applications and firings, create miniature works of art. Although the first known enamels were created in ancient Egypt in 1500 BC., the art of painting in glass has been practiced throughout the centuries.

HT Galapagos enamel collection

Over time the art of the enameller evolved with changes in history, fashion and available technologies. Three of the most beautiful enameling techniques are: cloisonné, guilloché and plique-à-jour.

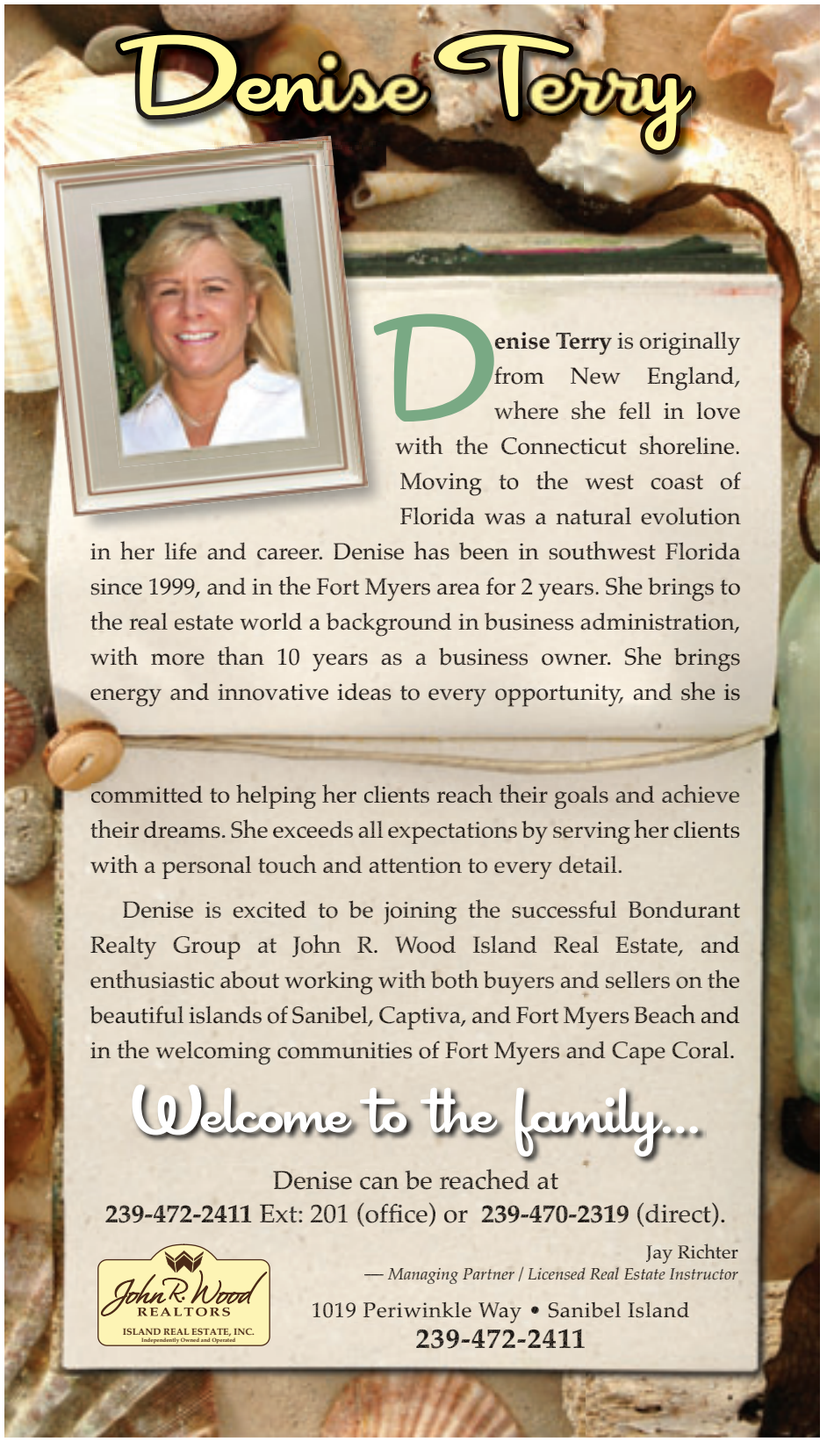
Cloisonné is the oldest method of enameling. First practiced by the ancient Egyptians, cloisonné enameling has been embraced by many ancient and modern cultures. First, a network is formed by attaching thin metal wires to a metal surface, like the top of a jewel. Crushed glass enamels of various colors and optical properties are then placed in the various cells. Through repeated application of the enamels, firing and polishing, the spaces are filled with the jewel-like enamels. The result is an enameled jewel decorated with a pattern of gem-like colors separated by polished metal wires.

Guilloché, from the French for engine turning, is the art of engraving intricate circular patterns onto a metal surface. In guilloché enameling, an engine-turned surface is painted with translucent enamel. The color of the enamel pools and collects in the engraved lines, heightening the pattern and giving it depth and a sculpture-like appearance. Some of the finest examples of guilloché enameling were produced in the workshops of the Russian jeweler Karl Fabergé.

Plique-à-jour is one of the most beautiful and most difficult enameling techniques. The results of plique-à-jour enameling are stunning. Like cloisonné enameling, plique-à-jour begins with a lattice of thin metal bands. The spaces between the metal bands are filled with transparent enamels, but, unlike cloisonné, there is no metal backing. When completed, a plique-à-jour jewel transmits sunlight like a miniature stained glass window. Russian masters created particularly stunning examples of plique-à-jour work during the mid-1800s and the jewelers of the Art Nouveau period.

Today many of the historical techniques are being revived by contemporary jewelry designers and artisans and are available at fine jewelry retail locations.

*Dan Schuyler and Karen Bell are partners in a Sanibel jewelery store. Schuyler can be reached by e-mail at dschuyler@lilyjewelers.com.*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# Community Foundation Names Trustees

The Southwest Florida Community Foundation (SWFLCF) has appointed four community professionals to serve on its board of trustees. They are: Darren Robertshaw, Sandy Robinson, Robbie Roepstorff and Bob Wigley.

Roepstorff, president of Edison National Bank, has served as an advisory board representative from SWFLCF's Good Neighbor Community Foundation of Sanibel-Captiva division.

Likewise, Robertshaw, vice president of the Hospitality Group for Trianon Hotel Company, has served as an advisory board member from the Bonita Springs Community Foundation division.

Robinson is president of Northern Trust's Fort Myers office and is a resident of Bonita Springs. He serves on several organizational boards that serve Southwest Florida.

Wigley is one of the original founders of SWFLCF's Good Neighbor Community Foundation of Sanibel-Captiva division. Having retired from business, he serves on various boards in the community, residing on Sanibel.

The Southwest Florida Community Foundation also gratefully acknowledges the service of outgoing trustees Guy Emerich, Jim Nathan, John Pollock and Will Prather. Emerich, Nathan, and Prather will continue to serve as senior advisors.

The Southwest Florida Community Foundation has been supporting the communities of Lee, Charlotte, Collier, Glades and Hendry counties for over 33 years. Through 331 endowed funds, the foundation has provided more than $46 million in grants and scholarships to the communities it serves. For more information, call 274-5900 or visit www.floridacommunity.com.

# Top Agents

Phaidra McDermott

Betsy Belpedio

Phaidra McDermott has received the sales production award from John R. Wood, Realtors, Sanibel.

Betsy Belpedio was named top marketing agent for the office.

# Umbilical Cord Blood; A Powerful Treatment

Umbilical cord blood is one of the most valuable tools to treat blood diseases in children, says Emad Salman, MD, director of the Pediatric Oncology/Hematology program at The Children's Hospital of Southwest Florida.

Blood from the umbilical cord, which is found in the placenta following childbirth, is rich in stem cells that form a person's blood, like those in bone marrow, Dr. Salman said.

Stem cells in cord blood can treat cancers of the blood; inherited diseases, such as sickle cell anemia; or conditions causing bone marrow to fail, such as disease or poison. "Cord blood is much less expensive and painful than a bone marrow transplant because the cord blood is free, and a live donor is not required," said Dr. Salman.

A "stem cell rescue" involves infusing a patient with the new stem cells that travel to the bone marrow and help create new, healthy blood cells. Most pediatric oncologists recommend banking cord blood for use by the general public or from the birth of a second child if your first child has a blood cancer.

Lee Memorial Health System does not do stem cell rescue or bone marrow transplants. However, The Children's Hospital does provide care for patients who have received the procedures, Dr. Salman said. "Patients must be followed carefully afterward, as they will be prone to infection for at least one year."

Stem cells from cord blood are most useful in pediatric patients. Adults may be better off with a bone marrow transplant because of the number of stem cells needed.

# Free Medicaid Planning Workshop

Attorneys Craig R. Hersch and Michael B. Hill, of Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, PA, will present a free, informative workshop on Medicaid Planning on Tuesday, July 27, at 9 a.m. at Temple Beth El, 16225 Winkler Road in Fort Myers. Hersch and Hill are Florida Bar board certified attorneys in wills, trusts and estates, specializing in estate planning, probate and trust administration, and asset protection strategies.

Attendees will learn about legal Medicaid planning opportunities that exist to help protect a home and other assets from nursing home costs – even for those who are already in a nursing home. Participants will receive a free DVD on long-term care planning. Light refreshments will be served. Register by calling 425-9379 or go to www.sbshlaw.com.


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***Sanibel Arms D-6***

Beautifully updated one bedroom, one bath unit on the beach side of the complex... only steps to the pool, beach and clubhouse. Weekly rentals or a wonderful island get-a-way, with boat dockage available for owners, and an on-site rental management office .

**$349,000**

***Sanibel Arms H-2***

Beautifully redone and nicely decorated one bedroom, one bath ground floor unit on the Gulf side of the complex...steps to the pool, beach and clubhouse. A wonderful Island get-a-way with boat dockage available for owners, an on site rental-management office, and....weekly rentals!.

**$330,000**

***Pine Cove***

Enjoy the amazing views and listen to the surf from this beautifully furnished 2 bedroom, 2 bath gulf front corner unit. Light & bright with lots of tile and has a large screened lanai. Pine Cove is a well maintained 16 unit complex, has under building parking and storage, and... great WEEKLY RENTALS!

**$950,000**

***Atrium 204***

Beautiful water views from this 2 bedroom with den 2 bath Gulf front Atrium unit. Enjoy the large glassed corner lanai, plenty of storage, and comfortable floor plan from your Island residence. The Atrium is a prestigious 24 unit complex located on West Gulf Drive with a heated pool, tennis courts, covered parking, and professionally landscaped grounds.

**$1,249,000**

***East Rocks***

Enjoy nightly sunsets from your great room and lanai... Beautiful views from this lake front three bedroom, two bath elevated home located in East Rocks. The home is filled with natural light... a wonderful great room with a vaulted ceiling. Large enclosed pool, and walk to the beach

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Part II

# Power Colors

by Cindy Malszycki

"Colors are becoming more complex and sophisticated and are incorporating a variety of special effects including pearlescence and metallics along with the dimension of transparency and translucency," says Jay de Sibour, president of the Color Marketing Group (CMG).

Some 700 CMG color and design professionals meet twice each year to concur on what direction color trends will take one to three years out.

Color is morphing, blending and overlapping, trending away from any one color standing alone.

Many of the colors in the forecast palette will be redder with the exception of the blue family, which is moving towards green.

• Red-rich, bold, passionate red is making a splashy comeback. Used at its full intensity, red will make a strong statement as a room's primary color or enliven most any area when used for accenting.

• Over the past several seasons, orange has moved from a fringe color into more traditional environments when reddened into rich ambers and coppery hues.

• Yellows endure in cooler, softer, less acidic tones – very classic.

• As nature's most prominent hue, green will always be a strong influence in home décor. New olive tones with golden touches along with yellow-based greens are a current direction with blue greens forming a bridge to blue.

• Soothing, aquatic blues with a metallic watery sheen suggest an expensive treatment when paired with silvery tones.

• A dark, rich, red-cast brown, inspired by the current coffee craze, addresses the desire for an antique appearance or sense of heritage.

• Fathomless purple has a deep richness with a muted metallic sheen imparting a high-end appearance.

This color forecast for the next 12 to 18 months can serve as a guideline to those considering an update to their home décor. Your decorator will guide you to the right fabrics for your home and lifestyle.

*Cindy Malszycki is an interior decorator on Sanibel. cindy@decden.net.*☆

Insurance Tip:

# Condo Insurance Changes

by Marge Meek

After two years the state legislature has passed the condominium bill that has some significant changes that went into effect on July 1. The bill deals only with residential condominiums, not homeowners associations or non-residential condominiums, like office complexes that are organized like a condominium. Following is a synopsis of some of the more interesting rules that are included in the legislation.

Association insurance must be based on the replacement cost as determined by an appraisal, which needs to be done or updated at least every 36 months. This doesn't mean that the association board must insure to 100 percent of the appraised value; the board can decide a lesser amount as long as they are within insurance guidelines. The board is responsible for selecting the deductible.

Heating, ventilating and air conditioning equipment is now included in the association master policy portion of property losses and the board cannot refuse to insure these items. The responsibility to maintain, replace or repair this equipment is not covered, but probably is addressed in the condominium bylaws and documents. Items like installed drywall, windows, interior non-load bearing walls, doors, toilets, bath tubs, sinks, closet rods and sliding glass doors remain the insurance responsibility of the association. Improvements that benefit the unit owner specifically need to be insured by the unit condo owner; for example, new interior walls or an enclosed balcony.

At least $2,000 of property loss assessment coverage does continue and it pertains to assessments triggered by a loss, not repairs or upkeep.

A piece of previous legislation that has been removed has to do with the requirement for the unit owner to carry insurance and provide proof by listing the association as additional insured on any unit policies. The statute caused a filing and compliance nightmare for the association and added burdensome requests to the insured and the insurance agent. No more, unless the association chooses to continue the practice.

There are a few more changes approved by the legislature that apply to condominiums. Stay tuned.

*Marge Meek is a local Sanibel-Captiva insurance agent, who can be reached at mmeek@rosierinsurance.com.*☆

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- ☐ Do you have to raise your eyebrows to see more clearly?
- ☐ Have you hit your head on a cabinet door while open?
- ☐ Is it difficult to see beside you without turning your head left or right?
- ☐ Do your eyelids close while you are reading?
- ☐ When you play tennis, do you have trouble serving?
- ☐ Do your eyelids feel heavy?

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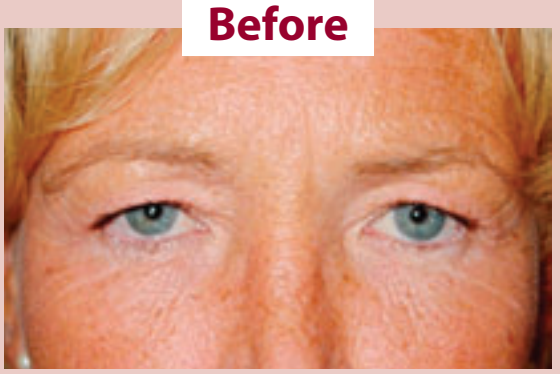

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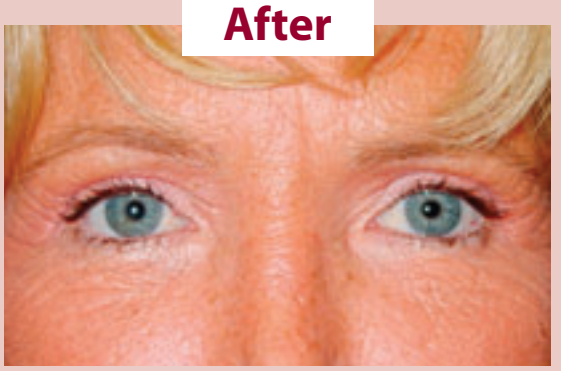

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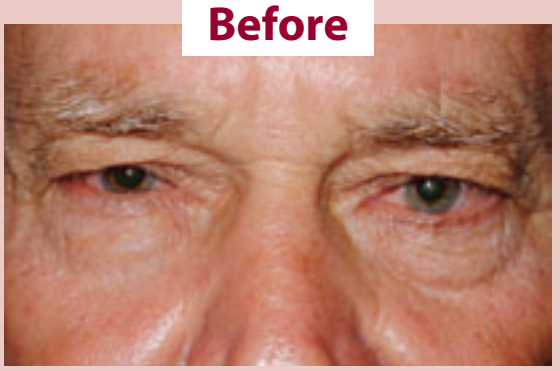

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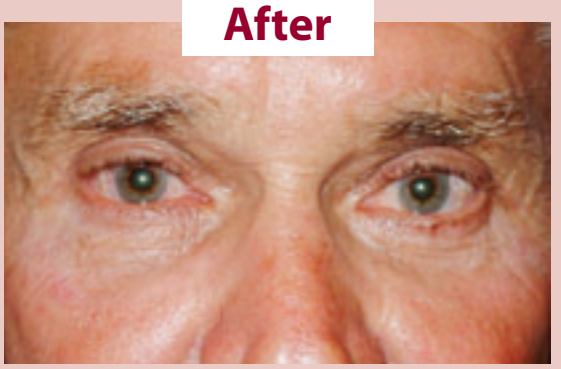

deaRPharmacist

# Some Medcines Really Scare Me

by Suzy Cohen, RPh

**Dear Pharmacist:** I just became a pharmacist and started reading your syndicated column. Your emphasis is usually centered around the benefits of vitamins, minerals or alternative treatments, as compared to prescription medications. I take offense sometimes because I think you should recommend more of our gold standard pharmaceuticals which are FDA approved, unlike nutritional supplements. For example, I read your article about depression and you only discussed vitamins and minerals, and never mentioned prescribed antidepressants.

*JK, Gainesville, Florida*

The depression column is entitled Natural Ways to Ease Depression and Reduce Anxiety so of course it was not about drugs. It is posted at my website where it continues to be well-received.

I've been a pharmacist 22 years, and syndicated columnist for years, so my perspective is that our gold standards are sometimes rusty!

Listen carefully to me, because your customers' lives depend on you being educated about natural remedies as well as pharmaceuticals. While you were in school, didn't your professors make it clear that you can't lift low levels of folic acid – a common cause for depression – with any of our so-called gold standards?

Didn't anyone mention that you can't fix a deficiency of vitamin C, B12 or thyroid hormone with those drugs? All that can cause depression.

Let me teach you something "outside the pill." Magnesium, vitamin C, B6, folic acid and 5-HTP can enhance mood by sparking production of feel-good hormones such as GABA, serotonin, norepinephrine and dopamine. When taken in natural, physiological dosages these nutrients are well-tolerated. Typical side effects: gas, diarrhea or minor stomach upset.

Our gold standard antidepressants also have side effects. Depending on the drug, your age and medical history, their side effects include: agitation, anxiety, blurred vision, red or purple spots on the skin, breast enlargement, anorexia, abdominal cramps, gas, stomach pain, nausea, vomiting, loose stools or constipation, unusual secretion of milk in women, yawning, trouble walking, dizziness, decreased sexual ability, low libido, impotence, inability to orgasm, abnormal bleeding, nose bleeds, inability to sit still, headaches, increased sweating, insomnia, feeling vertigo (you or your surroundings constantly move), muscle weakness, breast tenderness, unusual or sudden facial movements, strange involuntary postures, fever, flu-like syndrome, hot flushing of the skin, confusion, drowsiness, dry mouth, fatigue, seizures, hyponatremia, tremor, mania, heart palpitations, fast talking or feeling out of control, skin rash, hives, itching, and a dangerous condition called Serotonin Syndrome which may include such symptoms as serious blood pressure swings, fever, mood/behavior changes, diarrhea, racing heartbeat, shivering, shaking, overactive reflexes, sweating, intravascular coagulation, renal failure, seizures, respiratory failure or coma. There is also a black box warning regarding the higher incidence of suicide among children and adolescents who take these drugs. Despite all those risks, some people feel safer with our gold standard drugs because they are FDA approved!

**DID YOU KNOW:**

To avoid pharmacy errors, know the correct name of your drug and have your doctor spell it out for you, clearly and legibly.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of* The 24-Hour Pharmacist *and is a registered pharmacist. To contact her, visit www.dearpharmacist.com.*

# Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

**Dear Mom & Me,**

When the kids were small we did our best and hoped that they would turn out well. All was fine until their teenage years and suddenly our lives fell apart.

For a long time we blamed ourselves, but we now realize that they both must have inherited some bad genes that were destined to surface.

Visiting two different jails on a regular basis is extremely difficult now. We are elderly and will be long gone before there is even a chance for them to be released.

We have been so badly hurt, we have no more love left and we have decided to forgive, forget and go our own way. What advice do you have?

*Rena*

**Dear Rena,**

I am sorry to hear about your family situation. I honestly think all of us are one decision away from disaster and it is by grace that more of us are not in a bad way. If you have done all that you can then you cannot do any more. I understand if you cannot visit any more for your own reasons.

*Pryce*

**Dear Rena,**

Retirement is your time, time to do what gives you pleasure.

You have done your best, your family made the decision to pursue a lifestyle that has resulted in their being in a detention facility.

Enjoy your remaining years and forgiving and forgetting I think is a wonderful plan.

I am not a psychologist so I do not know if criminal behavior is the result of genetic background.

*Lizzie*

*Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

# Got A Problem? Dr. Connie Is In

by Constance Clancy

**Q:** Can you get the same healing benefits from hypnosis as you can from guided imagery?

**A:** This is a great question that is frequently asked. The answer is yes. I think the benefits are similar for guided imagery and hypnosis, although some traditional hypnotherapists may disagree.

The outcomes from both guided imagery and hypnosis studies essentially are the same. Please note that there are two kinds of hypnosis techniques, and one of them, Ericksonian hypnosis, is arguably more like guided imagery than standard hypnosis. They both can be beneficial in treating many symptoms. Also, guided imagery starts out with a hypnotic induction and continues with guided imagery techniques.

The bottom line, both are very effective in studies and if they help people make the necessary positive changes/healing and recovery they need in their lives, this is a good thing.

*Dr. Clancy is a licensed mental health therapist, certified hypnotherapist, life coach, author and public speaker. You may email Dr. Connie at connie@drconstance.com or call 239-472-3797.*

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Dr. Dave

# Better Noggin Control

by Dr. Dave Hepburn

"Frank has Alzheimer's, doctor."

"No I don't!"

"He can't remember anything these days."

"I remember just fine, Sylvia. Don't listen to her."

"Sylvia is our Shih-tsu."

"Had one this morning. Just like clockwork, doctor. Every Monday when the bran kicks."

"It's Thursday Frank."

"No thanks. Prostate is acting up and I pee too much. Gotta go again, in fact. So where's your... actually... umm... don't worry about it."

"Nurse! Sham Wow to room 3 please!"

And so on, etc. Typical discussion in a doctor's office addressing one of the greatest fears of aging... dementia. Ranking just behind stroke and only a few ticks behind a steamy liason with the Grim Reaper is the fear that memory loss is Alzheimer's disease. What we as MDs must determine is if Frank's memory decline is normal memory loss or dementia or if he's just playing possum/senator. Can we delay normal memory loss of aging?

A hippocampus is:

a. a highlight of the Serengeti where large semi-aquatic creatures float about writing exams and smoking meerkats

b.the least popular sorority, FetaFetaFeda at your local university

c. A part of your brain where you form memories of your visit to the Serengeti accompanied by a large, large sorority, all riding hippos

The hippocampus is the memory hub of the brain and one of only two places in that complicated organ where fresh new nerve cells are generated. Beginning as stem cells they morph into young nerve cells that run about excited about a new memory they grabbed. "Hey guys, check out the video of boss dodging a rampaging wildebeest with a baboon clinging to his leg." During the process of neurogenesis, neurons-to-be pass through several distinct stages, including cell birth, fate determination, survival, integration, acne, etc. For our memory to work properly we need to take care of these wild stem cells of the hippocampus. Each stage is driven by a complex interplay between intrinsic mechanisms and environmental cues and that is where we, we being your chosen environment, come in. These cells are particularly vulnerable to age-related degeneration. It turns out that if these cells get too wound up and start dividing too quickly (see octomom) then the reservoir of stem cells necessary to make new nerve cells gets depleted. So we need to keep them cool and quiet. One of the proteins that plays a role in the control of this reservoir is called, I kid you not, "noggin!" Yes, "noggin!"!

How imaginative is that! It would be like learning that sperm cells are regulated by an enzyme called "fellas."

"In breaking medical news it has been discovered that female hormones are turned upside down at certain times of the month by a protein called T-Rex."

So to improve the reservoir of cells in your hippocampus wouldn't it be skookum if we could take a pill for our noggin. Well you can! It is called the exercise pill. Sorry but not a magic blue pill for memory but those who exercise have better noggin control, better reservoirs of neurons and a much better memory. As we age, the number of new neurons declines but physical exercise brings that number back up by means of affecting assorted nogginish proteins. Regular physical exercise not only slows the shrinking of aging hippocampi but also improves learning and memory in mature adults or men. So next time you're smoking a meerkat on the Serengeti realize that running from a charging hippo is simply an experience... you won't forget.

*Like the column? You'll LOVE the book* the Doctor is In(sane) *available at Sanibel Island Bookshop. You can also reach Dr. Hepburn via www.wisequacks.org.*

*Dr. Dave is co-host of* Wisequacks, *a national radio show that can be heard every Saturday at 1 p.m. EST – best heard in Florida over the Internet on CKNW. He is also a motivational speaker and travels throughout the U.S. and Canada speaking on the exciting new revelations in the world of health and wellness. The Best of Africa tour awaits those who have always wanted to stroll on the Serengeti in September. To laugh like a hyena with Dr. Dave and the hyenas and get hip with Hepburn and the hippos call 888-432-8344 or go to www.wisequacks.org.*


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# Pets Of The Week

Adopt one pet and get a second pet free during July.

**Pet Bio**
Name: Fiona
Breed: Hound mix
Sex: Female
Age: 6 months
Color: tan

Comments: I'm a young, sweet, energetic (but not overly energetic) pup that's very playful. In fact, I'm the perfect age for you to train me to be the perfect family dog.

Adoption Fee: $75.

**Pet Bio**
Name: Large Marge
Breed: Domestic short hair
Sex: Female
Age: 2 years
Color: Patch tiger

Fiona ID #475453

Large Marge ID #477257

Comments: My name says it all. There's just more of me to love! I'm very affectionate and being petted is my favorite pastime. My fur is so soft you may never want to stop.

Adoption fee: $1. (That's right, just a dollar for the world's most personable cat!)

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com.

# Loving Home Needed For Kitten

This three-month-old abandoned kitten is in need of a home. He is a friendly guy who likes to play fetch and snuggle in your arms. He has beautiful black and white tuxedo-like markings and velvety soft fur.

He has been neutered and given a clean bill of health by his veterinarian.

To meet this sweet little boy, call PAWS volunteer Diane at 395-3368.

Three-month-old male kitten needs a good home

Harley

# PAWS Pet Of The Week

Harley is my name and I'm a friendly German shepherd and Belgian Malinois mix. I am a young girl, not quite two-years-old and weighing in at 70 pounds. They tell me I am quite beautiful.

My owners could not keep me and they brought me to the local shelter, but it was full, so my foster mom agreed to keep me until I can find a permanent home.

My foster mom had me spayed and treated me for those nasty heartworms and now I am in perfect health.

I get along with cats, dogs and kids. I might bark at the occasional stranger, but that's just my watch dog nature. I really like to be loved and I like to wrestle and play too. I am pretty good walking on the leash and I am completely housebroken. I will do anything for a treat, so I think I would like obedience school.

One more thing, I love car rides.

If you can be my forever family, call PAWS volunteer Faviana at 313-1620.


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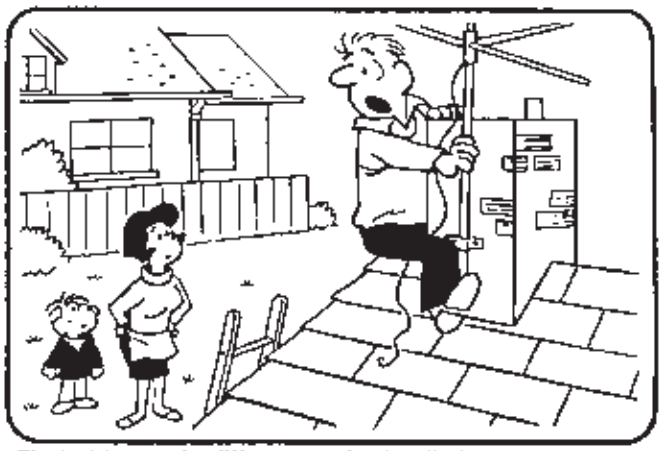
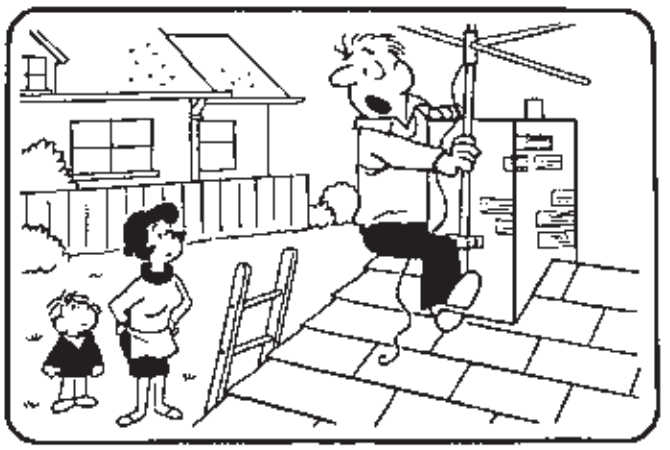
## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Ladder is taller. 2. Mom's collar is black. 3. Extra brick on chimney. 4. Window is different. 5. Shrub has been added. 6. Boy has no freckles.

"Go ahead, give it to him. Remember, he fed us during that last year!"

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the

Countour line on map
BOSHITA

Puff was one
ARNODG

Sand formations
LTCSAES

Little brown bird
RSWPROA

TODAY'S WORDS

answer on page 51

## SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | | | | | 8 | 4 | | |
| | 9 | | 7 | 5 | | | | 3 |
| | | 5 | | 2 | | | 7 | |
| 1 | | | | 7 | | | 3 | |
| | 8 | | | | 2 | 6 | | |
| | | 4 | 6 | | | | | 8 |
| | | 9 | | 8 | | 2 | | |
| | 3 | | | | 4 | | | 7 |
| 2 | | | 1 | | | | 6 | |

**To play Sudoku:** Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 51

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**KIRCHNER CONTRACTING INC.**

- New Homes
- Consulting
- Remodeling
- Contracting

MATT KIRCHNER
CG-C059097
Mobile: 239-410-6932

P.O. Box 143
Sanibel Island, FL

Phone: 239-472-2601
Fax: 239-472-6506

## DRAPERY/WINDOW BLIND CLEANING & REPAIR

**CLEARVIEW**

ON-SITE

HunterDouglas
CERTIFIED TECHNICIANS

Certified Professional Installer

DRAPERY CLEANING
WINDOW BLIND CLEANING & REPAIR

***We Come To You!***

License # 0707041
09-00014233

**Robert Crawford**
**Phone (239) 267-8405**

## PET SITTING

**Island Pet Sitting**

Kelly Tyrrell

Island Resident

395-9999

kellykelly07@aol.com

## REMODELING

**SANIBEL CREATIVE TILE CO.**

*Celebrating our 30th year on Sanibel & Captiva*

Lic. & Ins.

Tile, Marble, Stone, with remodels & repairs ***A Specialty!***

*Tile samples to your door!*

**472-2853**

## AIR CONDITIONING

#CAC1813417

**AIR DIAGNOSTICS GROUP**

AIR CONDITIONING • HEATING • REFRIGERATION

NEIL SUTTON

PH: 239-579-0031
FAX: 239-579-0032

2402 PALM RIDGE ROAD #4
SANIBEL ISLAND, FL 33957

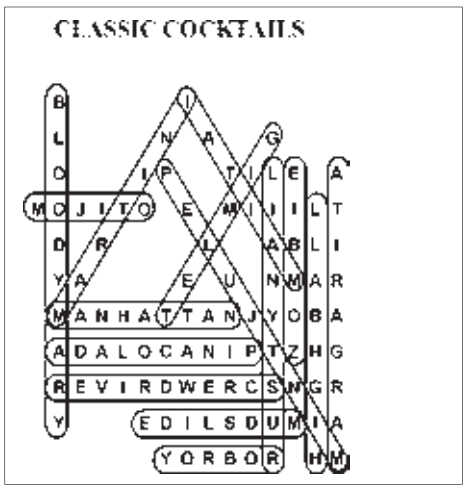
# PUZZLE ANSWERS

## SUDOKU

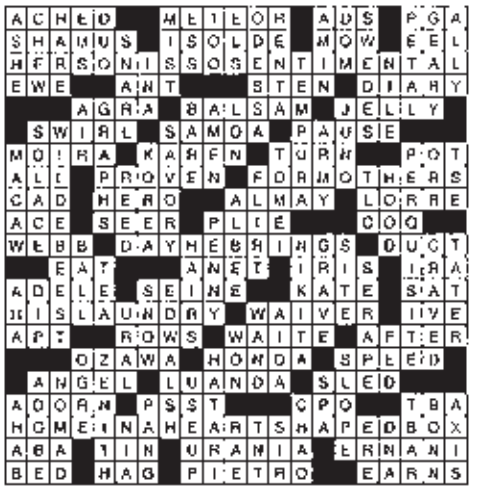
| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 6 | 3 | 9 | 1 | 8 | 4 | 5 | 2 |
| 4 | 9 | 2 | 7 | 5 | 6 | 1 | 8 | 3 |
| 8 | 1 | 5 | 4 | 2 | 3 | 9 | 7 | 6 |
| 1 | 2 | 6 | 8 | 7 | 9 | 5 | 3 | 4 |
| 3 | 8 | 7 | 5 | 4 | 2 | 6 | 1 | 9 |
| 9 | 5 | 4 | 6 | 3 | 1 | 7 | 2 | 8 |
| 6 | 7 | 9 | 3 | 8 | 5 | 2 | 4 | 1 |
| 5 | 3 | 1 | 2 | 6 | 4 | 8 | 9 | 7 |
| 2 | 4 | 8 | 1 | 9 | 7 | 3 | 6 | 5 |

## KING CROSSWORD

## MAGIC MAZE




## SUPER CROSSWORD



# PROFESSIONAL DIRECTORY


GENERAL CONTRACTOR

Greg Weglarz General Contractor, Inc.
*"Building in Southwest Florida for over 25 Years"*
BUILDING DREAMS
Specializing In Impact Glass
WINDOW & DOOR REPLACEMENT
(239) 489-0442
www.gregweglarz
State Certification Number CG CA05420
*NEW CONSTRUCTION AND REMODELING*

CONTRACTING & CONSULTING

**Bissell Contracting & Consulting**
Certified Building Contractor
CBC058518
New Construction / Remodel / Consulting
P.O. Box 494, Sanibel, FL 33957
(239) 415-0205
**Email:** blbiss1129@aol.com
Lee County Resident Since 1970

REMODELING

Gulf Shore Architectural Products
REMODELING ...and services
Home Renovation Experts
*Excellent Prices!! Excellent Quality!!*
Kitchen & Bath Cabinetry
Floor & Shower Tile Work
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serving SW Florida since 1991
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*Quality Workmanship Affordable prices*
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**LET'S GO FISHIN'**
Fishing Charters • Shelling • Sightseeing
**Captain Lamar Williams**
owner/operator
CAPTIVA ISLAND
FLORIDA
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Windows Plus
"SWFL Window and Door Specialist"
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**PGT Windows & Doors**
10831 Sunset Plaza Circle, Unit 107
Fort Myers, FL 33908
E-mail: windowsplusllc@earthlink.net
Licensed & Insured
SCC131150832
**Phone: 239-267-5858**
**Fax: 239-267-7855**
**Mobile: 239-872-0709**

HOME BUILDING & REMODELING

CUSTOM HOME BUILDING AND REMODELING SPECIALISTS
• New Construction • Remodeling
• Commercial
Mark McQuade 472-5444
GENERAL CONTRACTOR
*The Islands' Longest Established Construction Business*
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HOME BUILDING
*A full service contractor dedicated to exceptional quality at a reasonable price.*
Voted "Best of the Islands" For Ten Years
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(239)472-0200

POOL SERVICE & REPAIR

*Islands Premier Pool Service*
*Professional Weekly Service*
*Fast Expert Equipment Repair and Replacement*
*Specializing in Gulfstream Pool Heaters*
Deep-End Pool Service
**239-699-6279**
25 years experience
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## SCRAMBLERS

*solution*

1. Isobath; 2. Dragon;
3. Castles; 4. Sparrow

*Today's Words:*

**COLD SNAP**

# Classified Ad Deadline Monday by Noon

## REAL ESTATE

**Isabella Rasi**
International Real Estate Consultant

**Happy To Help You With All Of Your Real Estate Needs!**

Shorewood on the Gulf

Beautifully furnished three-bedroom condo in exclusive community. Only $999,000

**For Information And Showings Please Call**

**Isabella Rasi**
**(239) 246-4716**
Email
IsabellaRasi@aol.com
Novelli International Real Estate

RS 11/27 N TFN

## CONDO FOR SALE

Two bed/two bath unfurnished ground floor condo, close to Sanibel and Fort Myers Beach, $89,500. Call 851-3506

SR 10/9 N TFN

## CUTE "COTTAGE"

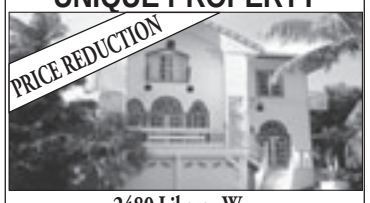
Charming, old Florida-esque unit in Periwinkle Park. Cozy, unique home with covered porches & sweet gardens. Flexible terms. 472-4246.

SR 3/12 N TFN

## REAL ESTATE

**Brian Johnson**
**Realtor**
**VIP Executive Club**
*Multi-Million Dollar Producer*
**Welcome To Paradise...**

**UNIQUE PROPERTY**



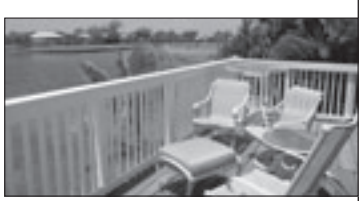

2480 Library Way
Zoned for both commercial and residential use. Rare opportunity on Sanibel Island. Asking $895,000

**GUMBO LIMBO**

1663 Bunting Lane
Beautiful Corner Lot!
3BR/2BA, Lake View
Asking $492,500

**THE DUNES**

3BR/3BA Dunes duplex. Great golf course views. Beautiful wood floors
Asking $429,000



1613 Sand Castle Road
Dunes Golf Course Views
Beautiful Decking & Porches
3BR/3BA, Vaulted Ceilings
Asking $449,000

**Mobile: 910-3099**
**Office: 472-5187**
**BrianSanibel@yahoo.com**
**www.BrianSanibel.com**

SR 8/6 N TFN

## REAL ESTATE

**Robyn & Robb Moran,** Realtors

**Tarpon Beach 204**

**Great View! Great Income!**
**!!!Great Bargain!!!**
**$710,00**

**Thinking of Selling?**
**We'll sell your property within an agreed upon time or we'll pay you up** to **$5,000** at closing:

**GUARANTEED**

**Ask us about FREE HOME WATCH SERVICES**

**Robyn & Robb Moran**

**(239) 443-0110**
**RE/MAX** *of the Islands*

SR 6/18 B TFN

## REAL ESTATE

**Sanibel & Captiva WEEKLY Real Estate BLOG**

**www.TeamSanibel.com**
**"The Carretta Report"**

**Glenn Carretta,** Broker Associate

& Team Sanibel
John R Wood
Island Real Estate
239–850–9296
or 239–395–3100

S 12/26 B TFN

**SANIBEL OPEN HOUSES POSTED DAILY**

VISIT:
**SanibelOpenHouses.com**
Pfeifer Realty Group
Sanibel Island, FL
**239-472-0004**

SR 2/12 B TFN

## REAL ESTATE

**GREAT DEAL!**

**799 Casa Ybel**

A charming, 2 bed/2 bath + den and 2 bed/1 bath, hideaway duplex near the heart of town. Wonderful Sanibel River view. Broad decks with beautiful plantings. Grab a book and lounge with nature.

**$489,000**

**Susan E. Gordon,** SCIS
**Realtor®**
**1630-I Periwinkle Way**
**Sanibel Island, FL 33957**
**Cell: 239-699-4940**
**Toll Free: 866-737-2BUY**
**Office: 239-472-0004**
**Fax: 239-210-3597**
**Email: SEG2@comcast.net**

SR 7/23 V 7/23

**READ *ISLAND SUN* ONLINE:**

**www.IslandSunNews.com**

# Classified Ad Deadline Monday by Noon

## COMMERCIAL SPACE

**PRIME COMMERCIAL/OFFICE SPACE**
For sublease on Periwinkle Way, Sanibel. Excellent exposure and convenient location, flexible square footage available to suit your needs. Call 239-472-2183 for more information.
SR 12/3 B TFN

### OFFICE SPACE FOR LEASE
Convenient location on Periwinkle Way, Island Tower Plaza, Sanibel. 1st Floor availability with 700 sq. ft. of space. Leasehold improvements negotiable. Call Joe at 516-972-2883 or toll free at 800-592-0009. Fax is 212-371-2290
SR 10/12 B TFN

### TURN KEY OFFICE SPACE
Central location -1630 Periwinkle Way.Furnished office including a Reception area and kitchen facility. Recently designer decorated. Suite B-1072.6 sq.ft. @$15 per sq.ft. Plus CAM.
Call 239-985-0033 or 940-7823.
SR 11/21 B TFN

### FOR LEASE
Architecturally designed real estate office on Periwinkle with 7-12 private offices depending on configuration. Freshly painted, new floor covering, reasonably priced. Call 239-940-7823 for showing
SR 12/14 B TFN

### OFFICE SPACES FOR LEASE
Iona Schoolhouse Professional Center
Great Location at McGregor Blvd & Kelly Road. 685 sq feet & 1350 sq feet units available. Will negotiate year lease! Call Lisa at 239-472-2792
RS 1/4 B TFN

### PRIME SPACE FOR LEASE
Retail, Office, Take Out, Etc.
Attractive Rates Offered!

• "Islander Center" on Sanibel
• Prime Periwinkle Frontage
• High Traffic Tenants
• Excellent Parking
• Immediate Occupancy
• Local/Pro-Active Owners
• Flexible Space Available

Call Today!
239-850-7888
SR 4/30 B TFN

### TOTALLY RENOVATED
800 Sq. ft. Doc Ford's Center. New large white tiles on floor. New bathroom. Raised ceiling and new windows. Motivated owner - some FREE RENT. Call Nancy 239-246-4075.
SR 8/7 B TFN

## VACATION RENTAL

### DIRECT BAYFRONT COTTAGES
Popular west end where Sanibel/Captiva meet. 1 BR-3+BR, single story, furnished, full kitchens, 3 docks, direct access, heated pools, pet friendly, beach across street. Best spot on island. 239-848-0906
RS 3/12 M TFN

### EAST END COTTAGE
Steps from the beach. 1 bdrm/1 1/2 bath, AC/heat, full kitchen, laundry.
$3,500/mo + tax Jan-Mar,
neg.off-season. Call for availability.
239-738-3021
SR 1/9 B TFN

### SANIBEL ARMS 2/2
First floor condo, completely redone - kitchen/bath/appliances/furniture - November 2005. TVs/DVDs, internet, pool/clubhouse. Just a few steps to beach.
Weekly/Monthly/Seasonal
Call owners: 401-253-2511
SR 1/26 M TFN

**www.BaytoSea.com**
**Bay to Sea is FREE!**
Captiva & Sanibel Vacation Rentals
Rent directly from more than 300 property owners!
**FREE for Renters to use!**
**FREE for Owners to use!**
SR 2/12 B TFN

**Island Vacations**
Of Sanibel & Captiva
*Million $ Views Await You!*
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
**239-472-7277**
**1-888-451-7277**
S 10/9 B TFN

## ANNUAL/SEASONAL RENTAL

### DUPLEX & ROOM AVAILABLE
Duplex 2-Bed, 1-Bath.
Available Aug. 1 - Nov. 1, $750/mo.
Also, room for rent, $400/mo.
Share bath and kitchen. 745-7514.
SR 7/23 V 7/23

### SANIBEL ARMS
2 BR 2 BA 1st floor corner unit on canal. Free boat dock. Fishing, lanai, pool, steps to beach. Interior & furnishings new Jan 2006. Weekly/monthly/seasonal. Call owner 419-566-8670.
SR 4/13 V TFN

### 1 BR/BA AVAILABLE-SANIBEL
Share house. Close to causeway, two blocks from beach. Female only, non-smoker. Single Mom with one female child possible. $500/month. Available September 1. 239-472-8464. Ask for Kim.
RS 7/23 M TFN

## ANNUAL RENTAL

### PROPERTIES AVAILABLE
For a complete list visit our Website
www.remax-oftheislands.com
Call Dustyn Corace, RE/MAX of the Islands
239-472-2311
RS 10/9 B TFN

### ANNUAL RENTAL
Completely renovated 1BD/1BA apartment on Sanibel, 2412 Palm Ridge Road, $793/mo. Available immediately.
Call Island Management at 472-5020.
SR 7/9 B TFN

### HOUSE FOR RENT
2 BD/1 BA house for rent on Bailey Road.
$950 a month.
Inquire at the BP Station.
RS 7/16 V 7/23

## ANNUAL RENTAL

### ANNUAL RENTALS
### SANIBEL

**ISLAND CHARMER**
This quaint 2 story island home is just 2 lots off Beach, 2 BD/2 BA. Offered furnished. Must see @ $1,450/mo.

**WALK TO BEACH**
This RARE 4 bedroom/3.5 bath piling home is located looking over onservation land and is a short walk to beach. Updated, F or UF. $2,100/mo.

**MID-ISLAND HOME**
This 2 bedroom/2bath ground level home offers carport and hot tub. $1,500/mo. Includes yard care.

**REDUCED PRICE**
This 2 bedroom/1 bath UF duplex offers screened porch, w/d, views over water to Preserve. This piling duplex is a must see. $900/mo

**BEACHVIEW COUNTRY CLUB**
This beautiful home offers 3 bed/2baths, tile throughout, updated pool and new paver pool deck, 2 car garage and close to the beach, UF. Includes pool and yard care. $2,250/mo.

**472-6747**
Call on these Island Rentals and ask about our other Island Properties for rent.
Serving The Islands Rental Needs Since 1975
**Gulf Beach Properties, Inc.**
Paul H. Zimmerman, Broker/Owner
S 6/18 B TFN

CUSTOM HOME, PRIVATE, river view, guest loft with sun porch, pool, tennis, beach. No smoking or pets. Available monthly beginning April. 405-210-2341 or 405-307-8949
SR 1/8 M TFN

JUST OVER CAUSEWAY. Great Location. Davis & Heald. 2BR-2BA. All Tile - All New Paint Plus Lanai. Washer & Dryer. Quiet & Secure. Four Unit Building. Looking For Right Tennant Not Right $$. Call 315-378-2233.
SR 6/11 M TFN

## FICTITIOUS NAME

### FICTITIOUS NAME
NOTICE IS HERE BY GIVEN that the undersinged, desireing to do business under the fictitious name of E.M.A.C. 4-D FITNESS is located in Lee County, Florida, with an adress of 15961 McGregor Boulevard, Suite 1, Fort Myers, FL 33908 has registered said name with the Division of Cororations of the Department of State, Tallahassee, Florida. Dated the 14th Day of July, 2010. Executive Management for Adult Care, LLC
RS 7/23 A 7/23

## HELP WANTED

**CROW**

**VOLUNTEER OPPORTUNITIES**
We are currently seeking applicants for several volunteer positions,
If you are interested, please contact Marguerite Jordan at 472-3644 Ext. 3
or visit our website www.crowclinic.org
SR 9/5 N TFN

### SERVER WANTED
Island Cow restaurant is taking applications for very experienced servers. Aloha POS system knowledge required, able to work weekends and holidays a must! Call Juan to set up an interview at 823-3514
SR 7/9 B 7/30

### NAIL TECHS NEEDED
Now hiring nail techs for a new Sanibel nail salon.
All inquires call 239-395-3800.
SR 7/16 B 7/30

### MOTHER'S HELPER NEEDED
Mother's helper needed for one kindergarten child
4 - 5 days/week from 2:30 - 6:00.
Please call 239-841-9254.
RS 7/23 A 7/30

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

**ISLAND SUN EMAIL:**
**Press@IslandSunNews.com**

**READ *ISLAND SUN* ONLINE: www.IslandSunNews.com**

# 395-1213 ★ Classifieds

## SERVICES OFFERED

### HELLE'S CLEANING SERVICES
Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047
SR 11/13 B TFN

### PERSONAL HOME CARE
Assist with transportation, meals,cleaning, home/car maintenance. Excellent organizational skills. Island Resident.
Call Lisa 239-472-8875
Available day/night/weekends
RS 10/23 B TFN

### B & B CONDO PROS
Property Management & Care.
Home Watch – Pool Service
Handyman Repairs
www.bbcondopros.com
info@bbcondopros.com
239-223-1600
SR 9/11 B TFN

### CHILD CARE FOR INFANTS & TODDLERS
Phoebe's Nest Early Learning and Development Program is accepting enrollment for infants and toddlers ages 3 months - 36 months. Full or Part time. Contact Beth at 472-6378 or at info@phoebesnest.com for rates and schedules. License pending.
RS 5/28 V 8/13

### HOUSE CARE
While you are away by
retired architect, Sanibel resident.
Call 395-1649
SR 9/30 D TFN

### TUTORING OFFERED
Licensed teacher
available for summer tutoring.
Certified in all subjects.
239-322-8591
SR 6/25 V TFN

### COMPANION SERVICE
Sanibel-Captiva Care and Companion Service, LLC Medical appointments, general transportation, shopping, light meal preparations, and light cleaning. Our services are customized to meet ur clients needs. Call 239-395-3591, or for an emergency call 239-472-0556.
SR 10/3 B TFN

### SANIBEL HOME WATCH
Retired Police Captain
Lives on Sanibel
Will Check Your Home Weekly
Very Reasonable Rates
239-728-1971
SR 4/9 B TFN

## SERVICES OFFERED

Bob Adams
### Residential Renewal Services
"Handyman"
(Carpentry, maintenance - toilets, faucets, ceiling fans, sliding doors, etc.)
Licensed & Insured
25+ years experience
**768-0569 or Cell 464-6460**
RS 11/14 M TFN

### PROFESSIONAL CLEANING SERVICES
Residential • Commercial
Interior Windows • Carpet Cleaning
Jennifer Watson
239-810-6293
SR 11/13 N TFN

### NEED COMPUTER HELP?
Sanibel Resident. 20 Years pc Experience. Pc Troubleshooting, Data Backup & Restoration, Networks, Virus Detection & Removal. Free Initial Consultation. Call Fred 472-3873
RS 3/12 V 7/23

### CONVENIENT MEDICAL SUPPLIES
Convenient Medical Supplies offers a wide selection of home healthcare products. Including incontinence and urological products, diabetic supplies, durable medical equipment such as walkers, and we can supply all of your enteral nutrition needs. We provide discrete shipping directly to the customer. Shipping on orders over $95 is free. Visit us at www.convenientmedicalsupplies.com
RS 7/2 V 7/23

## CURRENT EVENTS

Join other "news junkies" every Monday, 10 a.m. to noon, Phillips Gallery, BIG ARTS, to discuss current events. Donation $3. Refreshments during break. Tell your friends. For more information call 395-0900.
SR 4/28 N TFN

## BOATS - CANOES - KAYAKS

### DOCKAGE
Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800
SR 1/30 B TFN

## FURNITURE FOR SALE

### MAPLE DESK FOR SALE
Denmark Interiors Maple Desk.
30" x 60" w/ File Drawers.
Like New, Half Price.
$560. 395-1649
SR 7/2 N TFN

## MISC. FOR SALE

### SONY TRINITRON TV
36" in 7' cabinet, extra speakers
VHS & DISC Players
$350
395-1649
SR 2/5 N TFN

### OXFORD ENGLISH DICTIONARY
13 Volumes 1978
Excellent Condition
$150
395-1649
SR 6/4 N TFN

Bicycles For Sale by Sanibel owner. Fugi, Cannondale, and a Recumbent. Excellent Condition. Call 395-2174.
SR 7/23 M 7/23

## WANT TO BUY

### CASH FOR JUNK CARS
Running or not.
Top dollar paid up to $500.
Call 239-220-2137
RS 7/23 V 8/13

## YARD/GARAGE SALE

### YARD SALE - SANIBEL
Saturday, July 24; 7am - 11am (no early birds) 1800 Ardsley Way (across from Cheeburger Cheeburger). Sofas, porch furniture, tables, rugs, trike with platform, daybed & mattress, computers & more. GREAT FINDS! GREAT DEALS!
RS 7/23 V 7/23

### MULTI FAMILY GARAGE SALE
Saturday, July 24 from 9 a.m. - 1 p.m.
Household items, furniture, books, clothes, many things like new
1684 Bunting Ln, Sanibel
RS 7/23 V 7/23

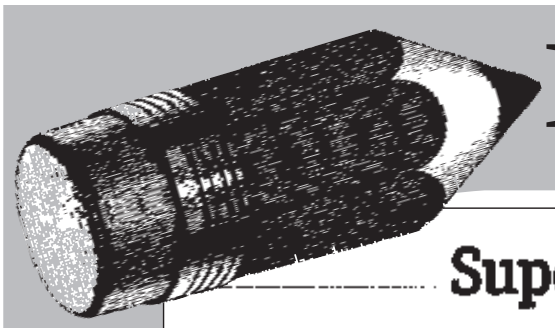
### HUGE GARAGE SALE!
Sat., July 24 (8am-1pm), Sun., July 25 (9am-noon), 1255 Isabel Drive, Sanibel. HUGE SALE - Everything must go! Incredible selection in all categories! Turn right off Causeway on to Periwinkle, go 1 block, then right on Bailey Rd, left on Bay Dr., continue around marina to Isabel Dr.
RS 7/23 M 7/23

### GARAGE SALE
Friday and Saturday, July 23 & 24, 8 a.m. to noon. West Elm king bed, dresser and chair, Robb & Stucky sofa, framed prints, 2 sets golf clubs, women's clothing (small), silk plants, books, much more! Sanibel Bayous, 5280 Umbrella Pool Road.
SR 7/23 D 7/23

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

## CALLING CARD 239-395-1213

| | |
|---|---|
| **Emergency** | **911** |
| **Sanibel Police** | **472-3111** |
| **Lee County Sheriff's Office** | **477-1200** |
| **On Call Captiva Deputy** | **477-1000** |
| **Fire Department** | |
| **Sanibel** | **472-5525** |
| **Captiva** | **472-9494** |
| **Florida Marine Patrol** | **332-6966** |
| **Florida Highway Patrol** | **278-7100** |
| **Poison Control** | **1-800-282-3171** |
| **Chamber of Commerce** | **472-1080** |
| **City of Sanibel** | **472-4135** |
| **Administrative Office** | **472-3700** |
| **Building Department** | **472-4555** |
| **Community Housing and Resources** | **472-1189** |
| **Planning Department** | **472-4136** |
| **Library** | |
| **Sanibel** | **472-2483** |
| **Captiva** | **472-2133** |
| **Post Office** | |
| **Sanibel** | **472-1573** |
| **Sanibel (toll free)** | **800-275-8777** |
| **Captiva** | **472-1674** |
| **Sanibel Community Association** | **472-2155** |
| **Senior Center** | **472-5743** |
| **ARTS** | |
| **Arcade Theater** | **332-4488** |
| **Art League Of Fort Myers** | **275-3970** |
| **BIG ARTS (Barrier Island Group for the Arts)** | **395-0900** |
| **Broadway Palm Dinner Theatre** | **278-4422** |
| **Fort Myers Symphonic Mastersingers** | **472-0168** |
| **Gulf Coast Symphony** | **472-6197** |
| **Lee County Alliance for the Arts** | **939-2787** |
| **Naples Philharmonic** | **597-1111** |
| **The Herb Strauss Schoolhouse Theater** | **472-6862** |
| **Sanibel Music Festival** | **336-7999** |
| **Sanibel-Captiva Art League** | **472-4258** |
| **S.W. Florida Symphony** | **418-0996** |
| **CLUBS & ORGANIZATIONS** | |
| **ABWA (American Business Women's Assoc.)** | **472-4499** |
| | **or csimontacchi@earthlink.net** |
| **American Legion Post 123** | **472-9979** |
| **Angel Flight SE** | **1-877-4AN-ANGEL** |
| **Audubon Society** | **472-3156** |
| **Sanibel Bike Club** | **sanibelbicycleclub.org** |
| **Community Foundation of Sanibel-Captiva** | **274-5900** |
| **CROW (Clinic For The Rehabilitation of Wildlife)** | **472-3644** |
| **FISH of Sanibel (Friends in Service Here)** | **472-0404** |
| **Sanibel Island Fishing Club** | **472-7257** |
| **Horticultural Society of the Islands** | **472-6940** |
| **Horticulture and Tea Society of Sanibel and Captiva** | **472-8334** |
| **Kiwanis Club** | **472-2121** |
| **League of Women Voters** | **994-3388** |
| **Lions Club (Tom Rothman)** | **395-3248** |
| **Master Gardeners of the Islands** | **472-6940** |
| **Newcomers** | **472-9332** |
| **Notre Dame Club of Lee County** | **768-0417** |
| **Optimist Club** | **472-0836** |
| **PAWS** | **472-1027 or 472-9383** |
| **Rotary Club** | **472-7257 or 472-0141** |
| **Sanibel Beautification Inc.** | **470-2866** |
| **Sanibel-Captiva Orchid Society** | **472-6940** |
| **Sanibel-Captiva Power Squadron** | **472-3828** |
| **Sanibel-Captiva Shell Club** | **395-1770** |
| **Sanibel Youth Soccer** | **395-2040** |
| **www.sanibelsoccer.org** | |
| **The Military Officers Assc. of America** | |
| **(MOAA, Alex MacKenzie)** | **395-9232** |
| **United Way of Lee County** | **433-2000** |
| **United Way 211 Helpline** | **(24 hour information line) 211 or 433-3900** |
| **Zonta Club** | **671-6381** |
| **ISLAND ATTRACTIONS** | |
| **Bailey-Matthews Shell Museum** | **395-2233** |
| **J.N. "Ding" Darling National Wildlife Refuge** | **472-1100** |
| **Sanibel Historical Museum & Village** | **472-4648** |
| **SCCF (Sanibel-Captiva Conservation Foundation)** | **472-2329** |



# BEACH CHAIR PASTIME

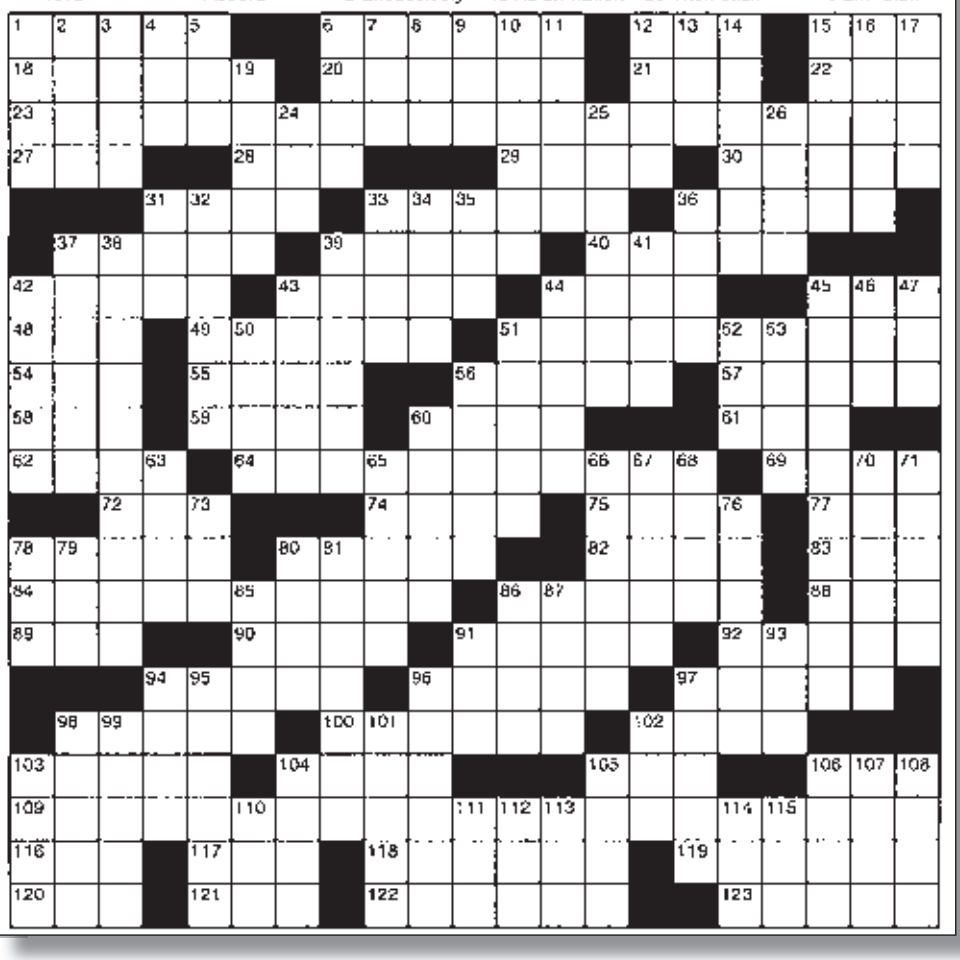
Answers page 51

## Super Crossword

THE MOTHER LODE

**ACROSS**
1 Throbbed
6 Space traveler
12 They may be personal
15 Greens org.
18 Gumshoe
20 Tristan's footsie
21 Trim the turf
22 Moray, for one
23 Start of a remark by Milton Berle
27 Lamb's dam
28 Unpopular picnicker
29 WWII gun
30 Dear book?
31 Taj town
33 Fir type
36 Toast topping
37 Eddy
39 Apia's locale
40 VCR button
42 Ballet's Shearer
43 Black or Carpenter
44 Rotate
45 Ample abdomen
48 "— Shook Up" ('57 smash)
49 Substantiated
51 Part 2 of remark
54 Bounder
55 Leander's love
56 Revlon rival
57 "M" man
58 "Stroker —" ('83 film)
59 Prophet
60 42 Across movement
61 — au vin
62 "Dragnet" star
64 Part 3 of remark
69 Tube
72 Gobble up
74 Without — (daringly)
75 Spring flower
77 Writer Wolfert
78 Jergens or Astaire
80 Notre Dame's river
82 Winslet of "The Life of David Gale"
83 Formed a lap
84 Part 4 of remark
86 Relinquishment
88 TV's "... Got a Secret"
89 Fitting
90 Tiers
91 John of Bad English
92 Behind
94 Conductor Seiji
96 Civic or Accord
97 Risk a ticket
98 "— Baby" ('60 song)
100 Angola's capital
102 Runners carry it
103 Decorate
104 "Yo!" at the library
105 Nav. rank
106 TV-listing abbr.
109 End of remark
116 "The — Baba Honeymoon" ('14 song)
117 Pewter base
118 A Muse
119 Verdi opera
120 "The Burning —" ('84 film)
121 Crone
122 Composer Mascagni
123 Merits

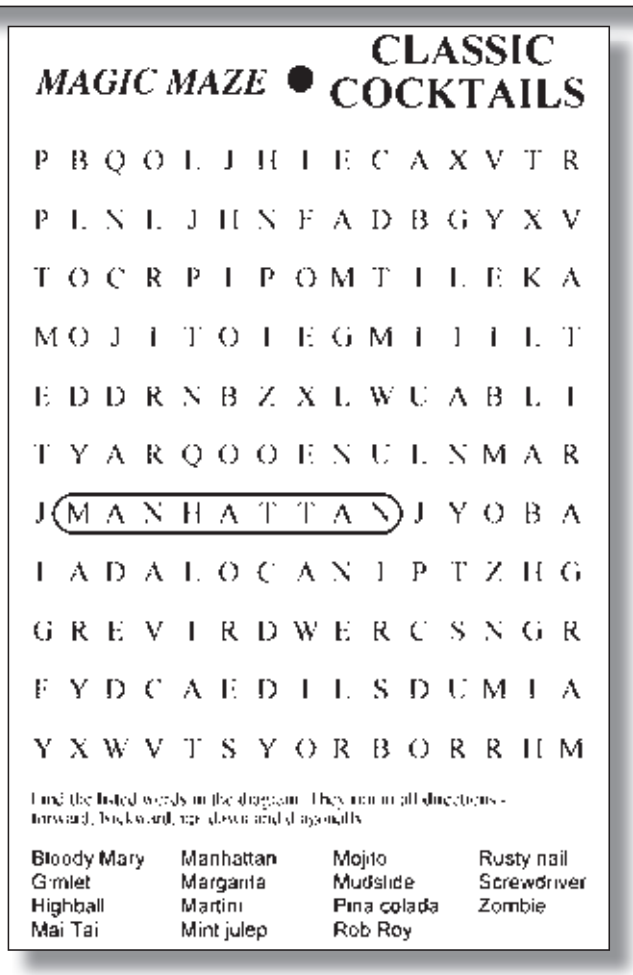
**DOWN**
1 '68 US Open winner
2 Enjoy taffy
3 — Krishna
4 Printer's measures
5 Pair
6 Freshen a fuchsia
7 Road curve
8 Excessively
9 Urban transport
10 Forsyth's "The — File"
11 Oscar de la —
12 Exiled dictator
13 Comic DeLuise
14 Nobel and Garbo
15 Phlox part
16 Anthony of "General Hospital"
17 Confederate
19 Tangle
24 Claire or Balin
25 Japanese dish
26 Khartoum's river
31 Rock's — Supply
32 Charts
33 Stark
34 Congregational comeback
35 Actor Chaney
36 O'Casey's "— and the Paycock"
37 Comfort
38 Gnu
39 Spice-rack item
41 Bunch of battalions
42 Brilliant bird
43 Asian nation
44 Actress Marisa
45 Bonus
46 Legendary Bruin
47 Mao — -tung
50 Basketball's Willis
51 Wishful winker?
52 RN's specialty
53 Parka feature
56 Dramatist Edward
60 Marshall or Singleton
63 Cinderella's soiree
65 They may be split
66 Mr. Khrushchov
67 Somber
68 Location
70 Yearned for yummies
71 Spud
73 Surrey snack
75 Juan's wrap
78 "Gotcha!"
79 Start to paint
80 Buffalo forecast
81 White Sox Hall of Famer
85 Russian river
86 Trick stick
87 Turturro of "The Sopranos"
91 Finished first
93 Nourished
94 Mythological meanie
95 Apex
96 '62 John Wayne film
97 Incline
98 Hacienda material
99 Wanderer
101 Deplete
102 Loser's locale
103 Jezebel's husband
104 Twinge
105 Secretary of Labor Elaine
106 Aspen apparatus
107 Beethoven's birthplace
108 Pivot
110 Vardalos of "My Big Fat Greek Wedding"
111 "Norma —" ('79 film)
112 Explosive letters
113 Round Table title
114 Archaic preposition
115 "Jurassic Park" stuff



## King Crossword

**ACROSS**
1 Existed
4 Brooks or Gibson
7 Goodyear craft
12 "Hail!"
13 Dander
14 More commonplace
15 Perch
16 Christmas treat
18 Vanna's cohort
19 Oriental
20 Uppity one
22 Conclusion
23 Nitwit
27 "Awesome!"
29 Sterne's Tristram
31 Masseret opera
34 Battery terminal
35 Snifter contents
37 Plant bristle
38 Pinnacle
39 Recede
41 Without help
45 Skating competition
47 "Wham!"
48 New Jersey peninsula
52 Midafternoon hour
53 "... bombs bursting —"
54 Claver's — Pan"
55 Coffee vessel
56 Check word
57 Toss in
58 "Family Guy" daughter

**DOWN**
1 Nasty stingers
2 Birdlike
3 Squabble
4 Isinglass
5 Off the board
6 Red Square notable
7 — Mawr
8 Varnish ingredient
9 401(k) alternative
10 Chaps
11 Grand- —, N.S.
17 Mid-June honorees
21 NYC borough
23 Wedding announcement
24 Lennon's lady
25 Peculiar
26 "See ya"
28 Moreover
30 Hart's partner
31 Biz deg.
32 Big name in Dadaism
33 Dundee denial
36 "Why not?"
37 Overseas
40 Flora and fauna
42 Poppy derivative
43 France's longest river
44 Duc it!
45 Combustible heap
46 Pallet
48 Try the tea
49 Literary collection
50 Unfavorable vote
51 Conk out



## MAGIC MAZE • CLASSIC COCKTAILS

P B Q O L J H I E C A X V T R
P L N L J H N F A D B G Y X V
T O C R P I P O M T I L E K A
M O J I T O I E G M I J I L T
E D D R N B Z X L W U A B L I
T Y A R Q O O E N U L N M A R
J M A N H A T T A N J Y O B A
I A D A L O C A N I P T Z H G
G R E V I R D W E R C S N G R
F Y D C A E D I L S D U M I A
Y X W V T S Y O R B O R R H M

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Bloody Mary
Gimlet
Highball
Mai Tai
Manhattan
Margarita
Martini
Mint julep
Mojito
Mudslide
Pina colada
Rob Roy
Rusty nail
Screwdriver
Zombie

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## Exclusive Harbour Cottage
Direct Gulf Access Canal Home
Private Boat Lift/Dock/No Bridges
3 Bedrooms, 3 Full Bathrooms
Community Pool & Tennis Courts
**$859,000**
Wil Rivait, 239.464.8108

## Sanibel Arms East End
1 Bedroom, 1 Bath
Beach Side of Complex
Great Income Property
Priced to sell; MAKE OFFER
**$319,000**
Andre Arensman, 239.233.1414

## Gulf Dreams Await
Listen to the Sounds of the Gulf
Build Your Dream Home
Lovely Cleared and Level Lot
Possible Gulf Views from Upper Floors
**$649,000**
Sarah Ashton, 239.691.4915

## Bay and Sunrise Views
1 Bedroom and 2 Baths
South Seas Island Resort
First Class Amenities Available
Great Rental Investment
**$327,000**
John and Denice Beggs, 239.357.5500

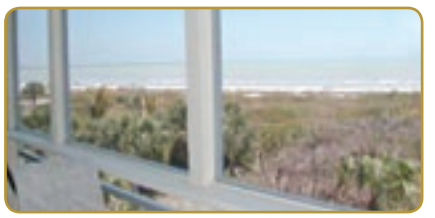
## Pet Friendly For Owners!
2 Bedrooms, 2 Baths
Fully Furnished on Beach
Close to All Amenities
Beautifully Updated Throughout
**$575,000**
Sally Davies, 239.691.3319

## Build To Suit Yourself
On Gulf Access Canal Lot
3BD/3BA Built to Current Standards
Impact Windows, Screen Encl. Pool
Granite Countertops
**$1,099,000 or $449,000 for lot**
The Burns Family Team, 239.464.2984

## Herons Landing - Sanibel
3 Bedrooms, 2 Bathrooms
Caribbean Plantation Style
Breathtaking Bayou Views
Light, Bright and Neutral Décor
**$1,295,000**
Jennifer ann de Lignieres, 239.313.1371

## Gulf to Bay Captiva
4 Bedrooms and 4 Baths
1 Acre Lot & Boat Dockage
Enclosed Heated Pool
Panoramic Views of Gulf
**$4,495,000**
Jim Branyon, 239.565.3233

## Coquina Beach Condo
2 Bedrooms, 2 Baths
Just Steps to Gulf
Resort Style Pool and Tennis
Charming, Furnished Cottage
**$410,000**
John R. Van Voorhis, 239.410.3927



## Sanibel's Best Location
Direct Gulf Front Penthouse
3 Bedrooms, 2 Baths
Wraparound Lanai
Completely Furnished & Gorgeous
**$989,900**
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2 Bedrooms, 2 Baths
Located on Gulf Access Canal
Boat Dock and Lift
Expansive Tropical Grounds
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Burns Family Team, 239.464.2984

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2 Bedrooms, 2 Baths
Pool, Boat Dock and Lift
Located on 3 Intersecting Canals
Gorgeous New Kitchen
**$1,200,000**
Vallee Arnett, 239.645.1903

## Beach Villa 2534 at South Seas
Top Floor, 3 Bedrooms, Loft
Direct Beach, Pool, Tennis & More
Sunset Views
Completely Remodeled
**$849,000**
Vicki Panico or Fred Newman, 239.980.0088

## "Bay Jah View"
3 Bedrooms, 3 Baths
In Heart of Captiva Village
Open and Spacious Island Living
Large Fenced Pool and Spa Area
**$1,595,000**
Kara Cuscaden, 239.470.1516

## Wide Canal Views
3 Bedrooms, Ground Level, Pool
Convenient East End Location
On Private Bay Drive
Direct Access Canal-Seconds to Bay
**$895,000**
Burns Family Team, 239.464.2984

## Close to Heart of Blind Pass
2 Bedrooms, 2 Baths
Ground Level Condo
Remodeled Kitchen & Baths
Close to Pool & Clubhouse
**$515,000**
Sally Davies, 239.691.3319

— Prices and listings are accurate as of this printing. Call the listing Realtor® to verify pricing and availability. —