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VOL. 18, NO. 2 | SANIBEL & CAPTIVA ISLANDS, FLORIDA | JULY 16, 2010

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NOAA;

Oil Will Not Impact Lee County Coastline

The National Oceanic and Atmospheric Administration (NOAA) has updated its map of where the BP gulf oil spill may be heading. It appears the crude has almost no chance of reaching the coast of Lee County or Sanibel and Captiva. But it is expected to affect much more distant areas of Florida, including the Florida Keys and Miami, according to computer model projections.

Albeit less than one percent probability of hitting Southwest Florida along the Lee and Collier coastlines, the same NOAA forecast from Friday, July 1 shows a 61 percent to 80 percent chance of sheen, tar balls or other oil remnants coming within 20 miles of Florida's east coast, from the Keys north to the Fort Lauderdale area, by August 18, the Associated Press reported.

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Sanibel and Captiva beaches, like this one, are pristine and are predicted to remain so

A young pelican is released from its crate at Gulfside City Park beach, Sanibel on Monday

Oil-Free Sanibel Chosen For Release Of Pelicans, Gannets

by Anne Mitchell

A large number of brown pelicans and northern gannets rescued from the oil spill along the Louisiana coast were transported to Sanibel Monday and released at an oil-free island beach.

Twenty-one brown pelicans and 11 northern gannets were airlifted in transport crates aboard a U.S. Coast Guard HC-144 Ocean Sentry aircraft from New Orleans Airport to Page Field General Aviation Airport in Fort Myers. They made the trip to Sanibel in four rented vans.

The birds, which had been rescued and rehabilitated after being oiled in the Gulf Coast waters, were set free before a crowd of onlookers at Gulfside City Park. The release was authorized and coordinated under the direction of the Unified Commands in New Orleans, Houma, Mobile and Miami with assistance from the National Park Service (NPS), U.S. Coast Guard, Louisiana Department of Wildlife and Fisheries, and the City of Sanibel.

Officials chose Sanibel as a release site based on three criteria, said Dr. Jenny Powers, the NPS wildlife veterinarian who accompanied the birds from New Orleans.

"First is the suitability of habitat and then the oil trajectory and weather," she said. "The release site also needs to be close to an airport."

continued on page 40

HORTOONS

American Legion

An All-Star Weekend of Fun is slated to begin Friday, July 16 with a fish and shrimp fry from 4 to 8 p.m.

On Saturday, July 17 it's the second annual Whiffle Ball Home Derby at 6 p.m. All ages are welcome. On Sunday, July 18, there's a Mexican Fiesta with tacos, burritos, fajitas and Margaritas all day.

Monday nights, stop in for 9-ball pool tournaments starting at 6 p.m. Thursday nights is Texas Hold 'em at 7 p.m. Players are needed.

Every Friday the legion offers a six-ounce ribeye steak sandwich all day as well as regular menu items. Food is served all day every day. The public is welcome.

Hours are Monday through Saturday 11 a.m. to 9 p.m. and Sunday noon to 9 p.m. The legion is located at mile marker 3 on Sanibel-Captiva Road. For more information call 472-9979.

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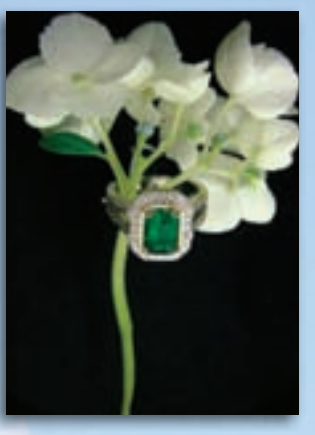

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Road Rally Rolls Out The Winners

Three Chimps and a Gimp won first place

The results of the Optimist Club's 31st annual Road Rally are in. This year's rally was a roaring success with 34 cars/teams scouring the island for over 100 answers to clever questions prepared by co-chairmen Richard McCurry and Randy Carson. And the winners are:

First Place: Three Chimps and a Gimp; Linda and Tom Uhler and Carol and Peter Zell. The first place prize is three days/two nights at 'Tween Waters Inn on Captiva.

Second Place: Driving Miss Crazy; Roy Gibson, Edgar Burton, Wendy Harriman, and Valerie and Marti Calhoun. Their prize is three days/two nights at Shalimar on Sanibel.

Third Place: Dosinia Dynamos; Joel, Tracy, Seth and Whitney Lehrer, and Leroy and Teresa Gardner. The third place prize is two pitchers of beer every month for a year at the Lazy Flamingo.

Last Place: Four Aces, who get a free entry for next year's race.

Best decorated cars were Granny's Gang and The Munsters. The winner of the 50/50 raffle was Bill Mills.

The rest of the finishers placed as follows:

4th: Witches of East Lake
5th: Island Rats
6th: Granny's Gang
7th: (Tie) Nanny's Nuts and Best in Show
8th: Big Smiles
9th: Bayous Bombers
10th: The Munsters
11th: The Lentz's
12th: Fish of July
13th: Big Kips Crusaders
14th: (Tie) SOS Plus Jack and Winners
15th: Kara's Kruisers
16th: Sanibel's Most Wanted "Females"
17th: (Tie) Martini Mommas and Undercover
18th: RAD X3
19th: (Tie) Myers Flyers and Racqueteers
20th: Stars and Stripes
21st: The Ozzies
22nd: (Tie) Great White Grill and Monkeys with Crayons
23rd: Rocky Tide
24th: Sanibel A/C
25th: America's 1
26th: Pretty Little Liars
27th: The Rally-Tally Girls
28th: (Last place) Four Aces
29th: Irish are Com'in (Didn't come back! LOL!)

Driving Miss Crazy took second place

Dosinia Dynamos came in third

This successful fundraising event for the Sanibel Captiva Optimist's Club Scholarship Fund was made possible with the sponsorship of many fine local businesses and private donors. Special thanks to the Sanibel Grill/Timbers for providing the start/finish line and for hosting the "after glow" party for all participants.

Thanks also to: Rochester Resorts ('Tween Waters Inn), Edward P. LaMotta, MD, Sanibel Captiva Community Bank, The Great White Grill, T-Shirt Hut, American Legion Post #123, Over Easy Café, Island Paws, The Sanibel Café, *Island Sun* newspaper, Tarpon Bay Explorers, Inc., Howard family, Lifeline Designs, John Grey Painting, Hungry Heron Restaurant, Island Pizza Company, Breeze Newspapers: *Reporter, Islander, Shopper's Guide*, Barefoot Charley's Painting, Pack 'N' Ship, SanCap One Source Realty, McT's Shrimp House & Tavern, Lazy Flamingo Restaurant, Casa Ybel Resort, Island Therapy Services of Sanibel, Shiny Objects, Captiva Island Store, Acclaim POS, Cheeburger Cheeburger, Tuttle's Seahorse & Shell Shop, Gerald Rhomberg (NU Way), Shalimar Resort, Bailey's General Store, Ian and Amy Wainwright, Ajax Tool Co., and anyone who was inadvertently missed.

Thanks are also due to the many volunteers and members of the Sanibel-Captiva Optimist Club who helped organize and run the rally. Get ready for next year's rally; it's sure to be another good one!

Beach Conditions Report

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PUBLIC NOTICE

The Sanibel City Council will convene a regular meeting on Tuesday, July 20, 2010 at 9:00 a.m. in Mackenzie Hall at City Hall 800 Dunlop Road Sanibel, Florida

Public is welcome.

Complete agendas are available at the City Web site: www.mysanibel.com. A copy of the agenda is also posted on the bulletin board outside City Hall. Agendas subject to amendment.

IF A PERSON DECIDES TO APPEAL A DECISION MADE BY THE COUNCIL ON ANY MATTER CONSIDERED AT THIS MEETING/HEARING, SUCH PERSON MAY NEED TO ENSURE THAT A VERBATIM RECORD OF THE PROCEEDINGS IS MADE, TO INCLUDE THE TESTIMONY AND EVIDENCE UPON WHICH ANY SUCH APPEAL IS TO BE BASED.

IN ACCORDANCE WITH THE AMERICANS WITH DISABILITIES ACT, PERSONS NEEDING A SPECIAL ACCOMMODATION TO PARTICIPATE IN THIS PROCEEDING SHOULD CONTACT JIM ISOM, DIRECTOR OF ADMINISTRATIVE SERVICES NO LATER THAN ONE DAY PRIOR TO THE PROCEEDINGS. TELEPHONE 239-472-3700 FOR ASSISTANCE IF HEARING IMPAIRED, TELEPHONE THE FLORIDA RELAY SERVICE AT 711.

Lifting Of Ban On Bay Docks Suffers Another Setback

by Anne Mitchell

The Sanibel Planning Commission was to have sent a draft ordinance to the city council on Tuesday, July 20 that would lift the 17-year ban on any new docks being built on the bay. But that will have to wait because City Attorney Ken Cuyler on Tuesday told the commissioners he needs more time to review the legal issues involved.

The commission was asked by the city council to draft the ordinance, but it's easier said than done. Commissioners are having misgivings about lifting the ban, which could result in 60 more docks between Woodring Point and the Sanibel Lighthouse.

Sanibel's natural resources director, Rob Loflin, says additional structures would block out light and harm seagrasses, which are vital to the bay's filtration system and sealife habitat.

Rae Ann Wessel of the Sanibel-Captiva Conservation Foundation has said the fact that the bay is habitat for the endangered smalltooth sawfish may help Sanibel's legal arguments.

The city recently built a boat dock next to the public boat ramp on the bay for the police department's boat. According to Planning Director Jim Jordan, the city is exempt from its own regulations where safety and welfare are concerned.

Attorney Stephen Hartsell, who represents seven bayside property owners who are pursuing the right to have docks like their neighbors, told the commission two weeks earlier that "banning docks is condemning part of their property rights… their ability to have a dock adds to the value of your property."

The planning commission has discussed the dock issue at least three times since April and is now slated to debate it further on July 27. "We will see where we are at that point," said Cuyler.☆

Third Anniversary For Celebrate Sanibel Event

The Sanibel Historical Museum and Village Inc. and the Committee of the Islands will be coordinating and organizing activities for the third Celebrate Sanibel event in November.

On Sunday, November 7 at noon, island clubs and organizations are invited to set up their information tables at The Community House. At 1 p.m. guest speaker Charles LeBuff will give a Power Point presentation and discussion on My Life on Sanybel. After the discussion, sandwiches and iced tea will be served and club activities will continue until 3 p.m. Admission is free to the public.

During the rest of the week other organizations will be displaying and doing activities celebrating their contributions to Sanibel. The week ends with a picnic lunch under a tent on the grounds of Casa Ybel Resort on Friday, November 12 at 11:45 a.m.

Sponsors are The Historical Museum, Committee of the Islands, The Community House for use of their facilities, CHR, "Ding" Darling Wildlife Refuge, Zonta, Rotary, Kiwanis, Lions, the Chamber of Commerce, Sanibel Library for use of their facilities, BIG ARTS for use of their facilities, and all three local newspapers.

This celebration is for the city government of Sanibel to thank all those who have served since 1974 making this island a special place to live.

For more information contact Alex Werner, 472-8871, co-chair.

All clubs and organizations will be contacted shortly to set up a schedule of activities for the week.☆

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Shell-Abration Planning Is Off To A Roaring Start

The Sanibel Community Association (SCA) hosted a meeting recently for a cross-section of island businesses, not-for-profits and interested volunteers to talk about the 75th anniversary 2012 Shell Fair. The purpose of the meeting was to see if there was interest in making this an islands-wide week of Shell-abration. "The enthusiasm and the number of ideas that were discussed exceeded our expectations," said Salli Kirkland, president of the SCA. "We want to bring the community together to promote and celebrate our islands' status as one of the best shelling locations in the country and in so doing have an island-wide shell festival, not just at The Community House, but in stores, theaters, restaurants and lodging locations."

The Shell Fair and Show is a major fundraiser for the SCA and its Shellcrafters, as well as for the Shell Club. This four-day event takes place the first week in March every year and brings people in from all over the country and abroad. The Shell Fair has its schedule, but with such a milestone year coming up in 2012, the organizers – Anne Joffe, Ann Arnoff and Bill Schecker – decided the Shell Fair should be bigger and broader based. This meeting confirmed their belief that the community agrees.

There are a lot more opportunities for "shell mania" if the event goes for the whole week and the attendees discussed ways their organizations could enhance the activities by holding other shell events and creating more fun. Ideas included an artist competition for designing the logo to be used in a myriad of different ways; shell book author readings, shell products in stores, an historical shell show traveling display, a shell scavenger hunt, a play with shells as tje theme, special musical performances, and shelling trips. And the list just kept growing, from a shell fashion show to a Shell-abration cocktail.

This was the beginning of a summer of planning, as the marketing for such an event needs to be communicated well in advance to get the national recognition that will convey the theme; "when you think shells, think Sanibel and Captiva."

There is a lot of work to be done and many sub-committees will take specific segments and bring them to life: retail, lodging, restaurants, promotion, media, historical offerings, and special event coordination. "Join us for Shell-abration planning and have some fun creating this most exciting weeklong event," said SCA event chair Marge Meek. "Contact The Community House at 472-2155 to volunteer to be part of our ongoing meetings. We need at least 100 people involved and committed to making the 75th Shell Fair and Show an islands-wide Shell-abration. We need you!"☼

Architects Hired For Community House Project

Salli Kirkland, Ron Weaver and Marge Meek go over plans for the remodel of The Community House

The Sanibel Community Association (SCA) has chosen the winner of the architectural design competition to remodel The Community House. After interviewing and hearing presentations from several area firms, BSSW Architects, Inc. has been contracted to work with the SCA this summer in developing a master plan that will provide the framework for the final design. The lead architect, Ron Weaver, is no stranger to Sanibel. He has lived here for a number of years and has worked on several projects on the islands. BSSW's qualifications include historic buildings, country clubs, civic buildings and resorts, all experiences that are relevant to The Community House.

Salli Kirkland, president of the SCA, said, "Ron brought innovative ideas to us the first time we interviewed him and as we have started working with him, he continues to bring a refreshing perspective to our project."

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The Periwinkle Partnership Mission Continues

Work in progress

Mother Nature has more destructive arrows in her quiver than just hurricanes. Over the past few years our island vegetation has had to cope with scale outbreaks, long dry spells and most recently, an extremely cold winter. Our coconut palms were especially hard hit by the cold temperatures, and many did not survive. With the city's current budgetary constraints, the prospect of replacing the dead palms and restoring other deteriorated areas along Periwinkle Way seemed unlikely.

With the evident success of its past efforts to restore Periwinkle Way, some may have assumed the partnership's mission achieved. However, the Periwinkle Partnership again recognized the need to help maintain the unique beauty of our main thoroughfare. Originally, the partnership was formed after Hurricane Charley in August 2004 to work with the City of Sanibel to help with Periwinkle Way's restoration. The partnership is comprised of the Sanibel-Captiva Chamber of Commerce, Sanibel Beautification, Inc. and the Sanibel-Captiva Conservation Foundation. Today, as then, its mission continues.

Recently, the partnership contracted with RS Walsh Landscaping, Inc. not only to replace dead coconut palms along Periwinkle Way at Donax, Roadside Park and other locations, but also to sod the grass areas near King's Crown Street and in front of the Tree Tops Center business complex. A royal palm was planted behind the flagpole on Lindgren to replace a royal that died several months ago, and with the approval of a Vanasse-Daylor landscaping plan by Gene Rebeor of Friday's, the Sanibel Diamond Store, the front of the lot adjacent to Huxter's along the shared use path now is planted with an eye-pleasing selection of native trees and shrubs.

RS Walsh Landscaping truck loaded with new palm trees

One good result of the cold winter was that it killed four established beauty leaf trees that, as it turns out, are non-native, invasive. These were removed from the northwest corner of Causeway Boulevard and Periwinkle Way and replaced with coconut palms.

Looking ahead, the partnership remains committed to its mission of maintaining the beauty of our unique Periwinkle Way.

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Freedom Rocks! Parade Video Available At The Community House

Attic Chat Productions' Gene Rogers with children Kristin, Grant, Kaitlin and wife Tami

If you missed the parade or would like to see highlights, the Sanibel Community Association announces that a Freedom Rocks! parade video has been created from the live video taping of the parade on July 3.

The video captures the 20th year of the historic parade along with commentary and interviews by Sanibel's own Evette Zurbriggen, emcee of Dancing with the Islands' Stars fame, who announces the floats, interacts with the crowd and helps Sam Bailey push the Model T up to the judge's stand.

The Sanibel Community Association would like to thank Gene Rogers from Attic Chat Productions and Rusty Farst of Video Biography, who donated their personal time to set up the equipment that included three video cameras, wireless antennas, a scissor boom truck and mobile production trailer. They began at 5:30 a.m. parade day, setting cable and testing equipment. Beginning with the Dancing with the Islands' Stars production, both Rogers and Farst have given endless energy to The Community House. SCA President Salli Kirkland said, "Rusty and Gene really enjoy helping us out at The Community House and I hope our community will support them in return by sending additional business to them and recommending their services to others."

To get a peek of the 35-minute DVD, stop by The Community House between 9 a.m. and noon or call the office at 472-2155. If you would like your own video memory of the day, DVDs may be ordered through The Community House for $10 each.

Shredding Day Is July 31

Secure Shredding, Inc. will be on site to destroy unwanted documents

The Sanibel Community Association (SCA) will be hosting a drive to shred your unwanted documents and papers on Saturday, July 31 from 9 a.m. to noon at The Community House.

The slow pace of summer makes it the perfect time to organize your home and office. It's also the perfect time to destroy the sensitive documents you no longer need. But, if the thought of tediously hand-feeding piles of personal papers into your home shredder makes it tough to get motivated, then the perfect solution is to let someone else shred it for you safely and quickly.

Bring documents such as bank statements, credit cards receipts, old checks, income tax returns or anything that contains personal information, while watching the professionals at Secure Shredding, Inc. pulverize your papers into bits within mere minutes.

The event is open to the public. A small fee of $5 for one or two boxes per car will be collected. If you have more boxes, an additional donation is requested. All proceeds go to The Community House operating fund.

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Sanibel And The Grand Canyon

by Mike Gillespie, Vice President, Committee of the Islands

When Teddy Roosevelt first gazed upon the Grand Canyon, an aide reportedly said to him, "What shall we do with it, Mr. President?"

TR's reply: "Nothing. It can't be improved upon."

The ultimate Rough Rider may not have started the conservation movement, but he certainly moved it up a few notches on the national agenda. And his Grand Canyon comment -- apocryphal or not – might be viewed today as a sort of baseline against which the ongoing tension between conservation and development can be measured.

In a pristine world, Teddy's comment might once have been uttered about Sanibel. But unlike the canyon, people don't come here just to gaze. They tend to stay and live here – a good thing, we think, else we would not be residing on this island that we have all grown to love.

When it comes to much of our island, however, it can't really be improved upon, which is why the Sanibel ethos reflects a determination to preserve that which remains pristine and undeveloped.

The Greater Challenge

The greater challenge, perhaps, is allowing for the kind of development that we judge as either necessary or desirable, without unduly encroaching upon the unique beauty, harmony, and environmental quality of the natural world that envelops us here.

This is a difficult balancing act that we on Sanibel have been engaged in for decades. And, although not every decision made along the way in this effort has met with instant and universal approval, it is hard to argue with the results to date. These can perhaps best be summed up by observing the degree to which we have succeeded in abiding by these words from the Sanibel Vision Statement:

"The City of Sanibel chooses to remain unique through a development pattern which reflects the predominance of natural conditions and characteristics over human intrusions. All forms of development and redevelopment will preserve the community's unique small town identity."

And how well have we measured up to this standard? The evidence, I think, is clear and abundant. Consider that the predominance of those "natural conditions and characteristics" meets and delights the senses and nourishes the spirit of all who visit and live on this incomparable island – just as we daily experience the fruits of having accommodated those "human intrusions" in a way that preserves the small town character of our community.

None of this has happened by accident. And none of it will survive by indifference.

The 1974 incorporation and early development of Sanibel as an independently governed city within Lee County led to the Sanibel Plan, a model of environmentally sensitive development that has gained international acclaim. And over the years, all those who are dedicated to that plan, and to the vision statement, have built upon each others' efforts to protect this island while meeting the challenges of a growing and prosperous community.

Milestones Along The Way

Is there specific evidence of this success "on the ground?" We need only look at the significant milestones along the way. Here are just a few of the more recent ones:

• The bridge. It was literally decades ago that Lee County first proposed replacing the Sanibel drawbridge and causeway islands with an enormous, single span bridge that would have leapt from the mainland to Sanibel in one great arc. After years of vigorous debate, fierce opposition, a lawsuit, and endless attempts at resolution, the drawbridge was replaced, but we have retained most of the low profile bridge and the islands forming the causeway that brings us so gently onto Sanibel.

• Pond Apple Park. Developers had planned to install a huge commercial and resort complex at the intersection of Periwinkle Way and Bailey Road. Most islanders were appalled at the prospect of such a high-density development set literally at the entrance to our island; we were looking for ways to ease traffic congestion, not multiply it exponentially. Again, individuals, groups, and key members of the city government rose to oppose the development. The plan was eventually abandoned, as the city purchased the commercially zoned parcel of the site and preserved the undeveloped land as Pond Apple Park.

• The Charter Amendments. In 2004, a group of residents, including members of the Committee of the Islands, met to draft what have come to be known as the Charter Amendments. Their plan was to enshrine in the city charter – which cannot be changed without voter approval -- some of the basic land use regulations that make Sanibel unique. These included not only limitations on building height and residential development intensity, but also provisions to increase the independence of the planning commission. These amendments were approved by the voters in the March 2005 election.

Protecting Against Encroachments

As we mentioned above, none of this happens by accident; none of it survives by indifference. The Committee of the Islands has long fought to preserve Sanibel against such encroachments. Not only, for example, was it instrumental in drafting the charter amendments, but it also appropriately dubbed them The Peoples Choice Amendments and pursued the campaign – funded by our members' donations -- that put them on the ballot and led to their approval by the voters.

As we draw our attention back to the vision statement, we see that it further describes Sanibel as…

"… a barrier island sanctuary, one on which a diverse population lives in harmony with the island's wildlife and natural habitats. The Sanibel community must be vigilant in the protection and enhancement of its sanctuary characteristics."

Can Sanibel be improved upon? Maybe. But maybe, too, the best way to do that is to "be vigilant"... and to keep improving upon our own efforts to protect this island's uniqueness.

Teddy Roosevelt would approve.

Note: Committee of the Islands invites you to email your comments to us at coti@coti.org.

You can find other commentaries on island issues at our website, coti.org.☆

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Amazing Adventures In The Coral Reef

by Leah Biery,
Sanibel Sea School

Some of the gang on the boat trip

How many bug bites does it take to love the ocean? Sanibel Sea School's Coral Reef Week was an ambitious mix of tent camping, marine marvels, rain and a big contribution to the blood-sucking insect population of Big Pine Key. All for the love of the ocean. But campers returned happy from three nights of camping at the Big Pine Key Fishing Lodge Campground – our base camp for coral reef adventures.

On the first day of our trip, we took a bumpy boat trip to the gulf stream, which is currently about five miles offshore from the Keys. Some of us had the opportunity to experience seasickness for the first time, but we all got to observe the deep blue color of the gulf stream – then we dove in and realized how clear it actually is! We practiced our free diving skills as we stared at the shafts of light as they disappeared into the abyss, overcame our fears, and floated on among clumps of sargassum, a type of floating algae that is a hallmark of the gulf stream. It is a pretty big feat to snorkel in water over 300 feet deep – some of us were treated to a glimpse of a mako sharking cruising below us.

Our ultimate destination was Looe Key Reef. If you've never been diving at Looe Key National Marine Sanctuary in the Florida Keys, you've deprived yourself of one of the great American outdoor experiences. Like a big outstretched hand, Looe has the classic spur and groove reef structure. Sanibel Sea School campers swimming over the coral outcroppings spotted a Goliath grouper, barracudas, several sharks, and thousands of reef fish. We also examined the tiny zooxanthellae that produce nutrients for coral in return for protection and access to light. The zooxanthellae are responsible for coral's bright colors. Back at base camp, we found hogfish, stingrays, and a batfish in the seagrass. And what would a campout be for 12-year-old boys without a rousing game of contact-tag football before dinner.

Thursday began with a talk from Joy Tatgenhorst, a marine educator from the Florida Keys National Marine Sanctuary. She taught us about Marine Protected Areas and coral reef ecosystems. Afterwards, we hopped on the boat for another trip to the gulf stream. There, we snorkeled with a large school of mahi-mahi, jellyfish, and a beautiful tripletail hanging out under a floating cooler lid, the only visible structure out there where no land was in sight. How many of you have ever snorkeled in the pelagic zone – where most inhabitants will never see the bottom? It was a big experience for most of us. Nearer shore, we snorkeled the patch reefs of Bahia Honda State Park to explore coral heads and communities of sea fans. We saw many sea biscuits and lobsters, and campers collected beautiful old glass bottles from the sea floor. Some of us followed a school of seven Caribbean reef squid as they led us through their environment – it was hard to tell who was leading and who was following at times.

After dinner, we built campfires and roasted s'mores. Some of us braved the dark waters for a night snorkel, equipped with glow sticks and dive lights. The ocean floor was teeming with lobsters and crabs, and we saw squid, shrimp, and starfish among

continued on page 15

Matt McAllen, Joey Aulino, John Pfeifer, Emily Henricks and Amelia Powers

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BAT YAM-TEMPLE OF THE ISLANDS:
The Reform Congregation of Bat Yam, Temple of the Islands, meets for Friday night services at 8 p.m. in the Fellowship Hall, of the United Congregational Church, 2050 Periwinkle Way, Sanibel.
Call Temple President Dr. Michael Raab, at 395-1432 for more information.

CAPTIVA CHAPEL BY THE SEA:
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SANIBEL COMMUNITY CHURCH:
Sanibel Community Church:
1740 Periwinkle Way, 472-2684
Dr. Daryl Donovan, Senior Pastor
Barb Nave, Associate Pastor
Tom Walsh, Youth Pastor
Sunday Worship Hours:
8 a.m. Traditional Service with Communion
9 a.m. Contemporary Service with Kids' Church
10:45 a.m. Traditional Service
Childcare available at all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:
2050 Periwinkle Way 472-0497
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June through September Services:
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Sunday Masses, 9:30 a.m.
October through May Services
Saturday, Vigil Mass 5 p.m.,
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UNITARIAN UNIVERSALISTS OF THE ISLANDS:
Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church
2050 Periwinkle Way at 7:30 p.m.
A pot luck is held at a member's home on the third Sunday of each month.
For more information call 433-4901 or email ryi139@aol.com.

Church Welcomes New Associate Pastor

Reverend Sandra Mineau

Sanibel Congregational United Church of Christ welcomes new Interim Associate Pastor Reverend Sandra Mineau, who begins her work on Sanibel July 12.

Rev. Mineau has been an ordained minister in the United Church of Christ for 43 years, serving churches in Illinois and Florida. Most recently she served as an intentional interim in New Port Richey and before that as pastor at Edgewater Union UCC and the Congregational UCC in Pecatonica, Illinois. She has served in nine different interim positions.

Over the years she has worked extensively with children and youth, especially in church camp settings. She has two adult children, and seven grandchildren. She also has a five-year-old Maltese named Sully.

Rev. Mineau is a graduate of Elmhurst College in Illinois, and Eden Theological Seminary in Webster Groves, Missouri. She has also taken the training offered by the Interim Ministry Network for Intentional Interims.

Sanibel Center 4 Life

Bridge	Mon. and Wed.	12:30 p.m.
Summer Fitness	Mon., Wed. and Fri.	9 a.m.
Gentle Yoga	Mon. and Wed.	11 a.m.
Mah Jongg	Thurs.	12:30 p.m.

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OBITUARY

JUSTINE PATTERSON SMITH

Justine Patterson Smith passed away on June 21, 2010 at the Hope Hospice facility in Fort Myers after a long illness. Mrs. Smith was born on August 20, 1928 in New York, N.Y.

She was employed at the Cornell Institute for Autocar Injury Research for many years before moving to Maine where she resided for over thirty years. She worked for Avon as a manager and managed her own telemarketing business.

Moving to Sanibel in 2004, she worked part time for the City of Sanibel at the Center 4 Life. She retired from that position in 2007. She was an avid bridge player and, since retiring, directed the bridge program and also was a bridge instructor.

Justine is survived by four children, Joshua Groupp, Douglas Groupp, Noah Smith and Sarah Smith White, a stepson, Tristan Smith, and her sister Deborah Butler. In addition, she is survived by her daughters-in-law Sally Groupp and Terry Groupp and son-in-law Edward White. She has eight grandchildren, Nathan Groupp, Alleia Groupp, Alison Groupp, Emily Groupp, Austin Groupp, Kayla Smith, Ariana White and Dante Smith White.

The family will hold a private memorial. In lieu of flowers, the family requests that donations be sent to Hope Hospice, 9470 Healthpark Circle, Fort Myers, FL 33908-3600. Friends may sign the guest book at www.horizonfunerals.com.✡

CARD OF THANKS

We would like to say thank you to everyone for the incredible 4th annual Lily & Co. Summer Celebration/Anniversary Party. Special thanks go out to Bailey Coffee Bar/Bailey's Store, Billy's Bike rental, Sanibel Fire and Rescue, FISH, Sanibel-Captiva Chamber of Commerce, George and Wendy Schnapp, Spiro & Associates, *Island Sun*, *The Islander*, Sanibel Police Department and The City of Sanibel for all the fun and support.

We raised $971 in raffle money and helped fill the food pantry shelves for FISH. We served up several hundred grilled Haute Dogs, smoothies, snow cones and even got a few notables in the dunk tank including Richard Johnson, Ric Base, Billy Kirkland and Dan Schuyler.

Billy Kirkland gave many Segway rides and there were games.

We want say a special thank you to all our customers and fellow business on Sanibel and Captiva.

Sincerely,

Dan and Karen, Lily, Gracie and Angel.✡

CARD OF THANKS

Last week, CROW was contacted by the U.S. Coast Guard Command in Miami to assist with the transfer of 46 injured pelicans being flown from Louisiana to Ft. Lauderdale. Once that coast guard flight landed, the birds needed to be brought to the Pelican Harbor Rescue Center in Miami for rehabilitative care. Due to their stressed condition, the pelicans needed to be transported in temperature controlled trucks and the coast guard was having difficulty in coordinating the specialized transport needed to get these patients to their destination in Miami.

CROW contacted our friends and supporters at RLR Investments and they immediately made arrangements to have that specialized transport in place in less than three hours! All of us at CROW would like to extend our deepest thanks and our appreciation for all that RLR Investments has done to help save these special lives. They have also been involved in helping others during the oil catastrophe to help move medical supplies and other items needed to facilitate rescue and rehabilitation of the oiled birds and marine mammals.

On behalf of our board, staff, volunteers and especially on behalf of our patients, I would like to thank RLR Investments for all they do to help CROW save lives through compassion, care and education and for all they are doing to help others save wildlife in this time of need.

Steve Greenstein
CROW Executive Director✡

Our email address is
press@islandsunnews.com

Love That Dress Collection Party

The Royal Shell Companies, Norman Love Confections and The Timbers Restaurant will host Sanibel's very first Love That Dress collection party benefitting The PACE Center for Girls of Lee County. This girls night out party will take place at Tahitian Gardens, 1975 Periwinkle Way on Tuesday, August 10 from 5 to 7 p.m.

"It has always been a part of the Royal Shell culture to give back to the community and this event is a wonderful opportunity for us to do that," said Randy Bacik of The Royal Shell Companies. "Aligning ourselves as a sponsor in the company of Norman Love Confections and The Timbers Restaurant will most assuredly make this one of our finer events."

Admission is one gently used dress (more will be gratefully accepted). Bring a friend and a digital camera to Adventures in Paradise Outfitters in Tahitian Gardens for wine, hors d'oeuvres, Chinese auction items and get ready for fun; all for a very good cause. Tahitian Garden's merchants have a special night planned. RSVP by calling 333-3575.

Last year's Love That Dress debut was a huge success and this year's event is creating quite a buzz throughout Lee County. Where else can a woman enhance her wardrobe, save money, network and benefit a worthwhile cause? In September at the Embassy Suites in Estero, all the gently used dresses will be sold with 100 percent of the proceeds benefitting PACE.

PACE is a 501(c)3 nonprofit organization that offers year-round counseling and academic services for girls, ages 12 to 18, facing challenges such as foster care, domestic violence, abuse and neglect, death of a parent, substance abuse and/or family history of incarceration. For additional information, visit www.pacecenter.org/lee.✡

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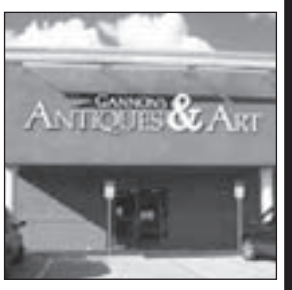

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Continental Shelf Protects Local Beaches From Oil Spill

Recent projections by the National Oceanic and Atmospheric Administration (NOAA) confirm the sentiments of a leading local expert that there is a minimal likelihood of oil from the Deepwater Horizon/BP oil spill impacting The Beaches of Fort Myers & Sanibel on Southwest Florida's Gulf coast.

In a technical report released July 2, NOAA reports that the probability of oil impacting the destination is less than one percent and that the probability of oiling for much of the west coast of Florida is 20 percent or less. It further states that any oil reaching the area would have spent considerable time degrading and dispersing and would be in the form of scattered tar balls and not a large surface slick of oil.

In the report, NOAA used data regarding historical wind and ocean currents to project the likelihood that surface oil from the oil spill will impact additional U.S. coastline. The projections, part of NOAA's comprehensive response to the unprecedented gulf oil disaster, can help guide the ongoing preparedness, response and cleanup efforts.

The threat outlined in NOAA's model does not necessarily indicate that oil will come ashore. Whether or not it does will depend upon wind and ocean currents at the time. In addition to these and other natural factors, booms and other countermeasures could be used to mitigate coastal contact.

The report echoes statements from Kristie Anders, education director for the Sanibel-Captiva Conservation Foundation, who earlier stated that the chances of oil impacting local beaches are slim. She said the loop current in the gulf follows the edge of the West Florida Continental Shelf, which runs parallel to the state's coast and extends to about 150 miles off the destination's shores. When the strong current hits the shelf, it curves southward along its edge.

"The continental shelf serves as our guardian angel," said Anders. "Barring a major storm, it's the greatest reason to be optimistic that we will experience minimal impact from the spill, since it will steer the loop current away from our area and well offshore of Southwest Florida."

Anders further stated that the Gulf Stream, a warm Atlantic Ocean current and one of the strongest known ocean currents, originates in the gulf as the Loop Current that is steered by the continental shelf. The shelf is the extended perimeter of each continent that was part of the continent during glacial periods when sea levels were lower, but the shelf is undersea in relatively shallow waters during interglacial periods such as the current time frame.

To date, NOAA reports that no significant amount of oil has entered the Loop Current.

NOAA's projections are based on a model it created by compiling information regarding 500 possible scenarios. Details of NOAA's findings can be found at: http://www.noaanews.noaa.gov/stories2010/20100702_longterm.html.

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New Team Member At Shell Museum

Dr. José H. Leal, director of The Bailey-Matthews Shell Museum, announced that Darlene Grossman has been added to the museum's leadership team. As the development officer, Grossman will assist the organization with the identification of new donors and funding sources with the goal of increasing the museum's donor base and affiliate resources for operations and programs. She will also be responsible for the development and implementation of the museum's planned giving program.

"Creating this new position was a natural progression in the evolution and growth of the shell museum. We are very excited about the opportunity of drawing upon Darlene's vast knowledge and experience in the field of development and fundraising," said Leal.

Grossman received her BS degree in communications, speech and English from Kent State University as well as a BS degree in food science/home economics from Florida International University. She has devoted her career to the cultivation and solicitation of donors and creating new and creative fundraising vehicles. Grossman spent 16 years with The Foundation for Lee County Public Schools, serving as president/CEO. Several years were dedicated to business development and fundraising efforts with Hospice programs in Fort Myers and Naples.

Darlene Grossman

"I'm excited about being part of the growth of the museum and the opportunity to assure that, through philanthropy, the mission and vision of the organization can be carried out. The museum is a community treasure that exists because of generous community support," Grossman said.

Our email address is press@islandsunnews.com

From page 11

Coral Reef

other evening foragers. The campfire and s'mores were a great way for the chilly night snorkelers to warm up before bed.

It just might have been the best week ever at Sanibel Sea School. There is something about being totally independent, camping on the edge of the ocean – preparing 120 meals a day, dodging rainstorms and evading bugs you can't see. No electricity, no phones, and no desire for either. These are the memories of growing up in Florida that will be cherished decades from now – the old school way – the Sanibel way.

We would like to thank the many donors who helped defray the costs of this trip, the Florida Keys National Marine Sanctuary, Big Pine Key Fishing Lodge and Bailey's General Store for helping us with ice and fuel for the stoves.

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Student Presentations At CROW

CROW (Clinic for the Rehabilitation of Wildlife) has announced the next three scheduled speakers at its weekly Thursday student presentations.

This Thursday, July 15, Ryan Bookstaff, a CROW extern from Ohio State University will be speaking on Distemper.

That presentation will be followed by Britton Hammet-McCurry from the University of Georgia School of Veterinary Medicine on July 22, speaking on Keeping Babies Wild and then on July 29, Erin Rogers, an extern from Oklahoma State University will give a presentation on Herbal Medicine.

All of these presentations are free of charge to the public and are held at 11 a.m. at CROW's Healing Winds Visitor Education Center located at 3883 Sanibel-Captiva Road.☼

Ryan Bookstaff

Bird Patrol Guided Tour

Long-billed curlew

See the beautiful birds of Bunche Beach with a bird patrol guide on Sunday, July 25 at 6 p.m.

Meet in the parking lot at Bunche Beach in south Fort Myers, off Summerlin Road. Drive south of John Morris Road until it deadends.

Bunche Beach is an excellent location to spot both migrant and resident wading and shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates.

This tour is free and provided in cooperation with Lee County Parks and Recreation, though there may be a parking fee. Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

For more information call 707-3015 or go to www.birdpatrol.org.☼

CROW Case Of The Week:

Kemp's Ridley Sea Turtle

by Brian Johnson

The fishing pier at Fort Myers Beach has been the scene of a number of sea turtle accidents in recent weeks.

On July 7 Fort Myers Beach volunteer Kay DeHayes was called to the pier to pick up a Kemp's Ridley sea turtle who had been caught by an angler and reeled in.

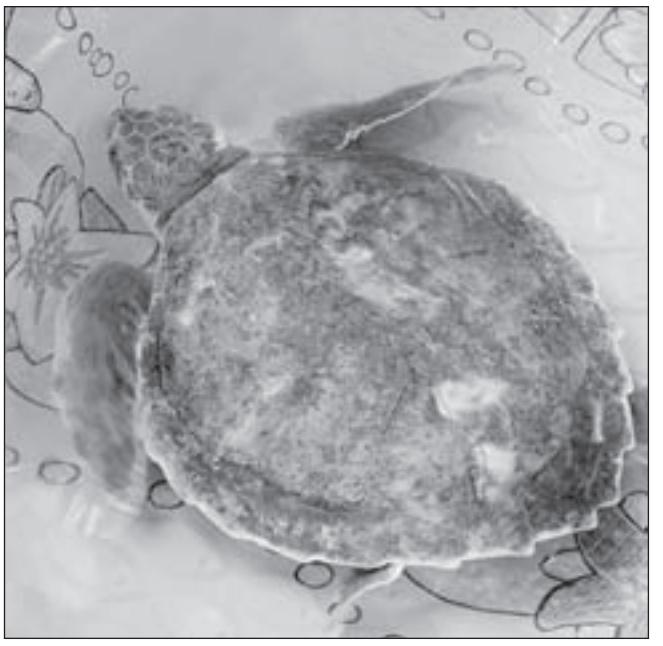
CROW staff had explained, over the phone, the art of gently reeling in a turtle, said Veterinarian Dr. Amber McNamara.

DeHayes had no sooner headed off for Sanibel with the turtle in a cooler when another call came in about a hooked sea turtle. So she turned around and went back to the pier.

Unfortunately, when she arrived she learned the angler had cut the line and the sea turtle had vanished.

CROW urges anglers never to cut the line as it can very easily lead to the turtle's death – they ask that all sea turtles be taken in to CROW so staff can make sure they have not swallowed a hook.

Kemp's Ridley sea turtle having the hook removed from her tongue during surgery at CROW



Kemp's Ridley sea turtle recuperating in a tank at CROW

"The Kemp's Ridley was pretty spunky when she arrived," said Dr. Amber. "You could see the hook buried in her tongue. She was flapping her flippers when we picked her up."

They gave the 2.1-kilogram marine creature pain medication and valium, and planned for surgery later in the afternoon. Because it would be such a short procedure, they decided not to put her under full anesthesia, which always carries the risk of complications.

With the turtle under moderate sedation, and her jaw propped open by a speculum, Dr. Amber reached into her mouth and pressed the hook further in so she could cut off the barb. The hook had completely pierced her tongue and the curved tip was visible below the turtle's tongue.

"It had gone all the way through and was sitting on the floor of her mouth," said Dr. Amber.

Within 10 minutes, Dr. Amber managed to clip off the barb and slip the hook back through her tongue, finally ridding it from the Kemp's Ridley's body.

"We took a radiograph afterwards to make sure there was not another hook in her stomach, and were happy to find it clear," said Dr. Amber. "We put in her a plastic tub for the night with a little bit of water at the bottom to hydrate and soothe her. She rested and was quiet all the next day."

continued on page 47

Children Play... Parents May...? At Shell Museum's Resort Program

Youngsters taking part in the program at the shell museum

In response to an identified need introduced by lodging partners throughout the county and the overwhelming success of last year's program, The Bailey-Matthews Shell Museum is bringing back its resort program, Children Play... Parents May...?

Family vacations are great, but did you ever find yourself dreaming of a few hours of adult play time? Maybe Mom and Dad have shopping in mind without the stress of assuring fragile gift shop objects remain on the shelves. Perhaps your favorite book is calling or you wish you could have a meal accompanied by just grown-up conversations. Do you ever have the vision of walking hand and hand down the beach, but linking with only one set of hands?

If so, this program is for you. Drop the children off and enjoy 2½ hours of guilt-free adult time. Your children won't even know you're gone because they will be reading about mollusks, playing educational games, creating shell craft projects, making fact wheels or pop-up books, and doing creative writing.

The program is appropriate for ages five through 12. The cost is $15 per child. Classes will be held at the museum Tuesdays and Wednesdays from 9 to 11:30 a.m. on the following dates: July 20, 22, 27 and 29; and August 10, 12, 17, 19, 24 and 26.

To register call Diane Orvis Thomas, public programs specialist, at 395-2233, ext. 11 or email her at dothomas@shellmuseum.org. Register by 3 p.m. Monday for Tuesday sessions and 3 p.m. Wednesday for Thursday sessions.

Father's Day Celebration Cruise

Captiva Cruises catamaran captains pose with the Shell Point Village group that went for an afternoon river cruise in June

A group of 24 Shell Point Village residents boarded Captiva Cruises' brand new *Santiva* catamaran for a pleasure cruise in celebration of Father's Day. The excursion was led by Captain George with eco-narration by Richard Finkel.

Passengers watched while program coordinator Bev Chandley literally unrolled and assembled a serving table which was quickly covered with snacks, such as fresh watermelon, brownies, cookies, nuts, cheeses, crackers and fresh berries. Cold beverages were passed out to battle the summer heat.

In addition to enjoying a beautiful catamaran outing, the group heard Finkel explain the importance of the estuary ecosystem and how without it life in Southwest Florida would not have been possible.

The sunny and storm-free day spent out on the water was a great way to celebrate Father's Day.

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Shells Found

Melissa Lindley

Melissa Lindley of Albertville, Alabama found a mini junonia in a pile of shells at Blind Pass. She was staying at Periwinkle Park. She said she has been coming to Sanibel for 10 years "and finally found a junonia!"

Shells Found

Haley Lindley

Haley Lindley of Albertville, Alabama found a junonia at Blind Pass. She was staying at Periwinkle Park. Haley said she "found it in mound of shells."

Snowy Plover Nesting Update

Snowy plover with two chicks

photo by Hugh McLaughlin

Snowy plover nesting on Sanibel is winding down. As of Friday, July 9, Nest 14 is the only active nest, with two eggs. There are five chicks. All the nests are on Sanibel's east end. At this point in the season, it's getting hard to tell the juvenile birds apart from the adults. Some of the banded Sanibel plovers have been spotted on Cayo Costa as well as a few other unbanded plovers that are likely from Sanibel.

Snowy plovers nest on the beach and SCCF (Sanibel-Captiva Conservation Foundation) coordinates the monitoring of snowy plover nesting on Sanibel. Protective exclosures are staked around the nests. Please do not enter the staked exclosures and keep dogs out as well. When snowy plovers are not moving, they are extremely well camouflaged. If a snowy plover is flushed from its nest, it takes very little time for the hot sun to damage the eggs.

The snowy plover is a state-listed, threatened species on Sanibel. The most recent estimate indicates that around 200 pairs of snowy plovers remain along the west coast of Florida, from the Panhandle through Cape Sable. Snowy plover nesting season runs through August, and they can nest two or three times in one season

You can learn more about snowy plovers on Sanibel at the weekly program offered on Fridays at 10 at SCCF's Nature Center, 3333 Sanibel-Captiva Road. After a talk about snowies, the group will carpool out to the beach to learn how to spot these elusive shorebirds in their native habitat. For more information, visit http://sccf.org/content/80/Snowy-Plover-Project.aspx.

Finally, Paul's First Tarpon

by Capt. Matt Mitchell

Tarpon fishing had been slow all week when long-time client Paul Black from New Jersey called me telling me he was coming to town and wanted to tarpon fish. I have fished with Paul for about five years and have never been able to close the deal on a tarpon for him. His wife Donna and his son Paul Jr. have both caught tarpon while out fishing with me but for some reason I have just not been able to get Paul a tarpon to the boat.

Any way you could lose a tarpon it's happened to Paul.We have had circle hooks break in two, we have had fish wrap around barnacle-encrusted pilings, tarpon jumping and throwing the hook, and fish that just plain came unstuck for no reason at all. What's worse than the lost fish is his wife has landed several tarpon and on one trip even did it on back-to-back casts. If I remember right, on that same trip a few years ago I had Paul cast to where Donna had just hooked the last two fish; I cast her bait to where Paul had been fishing for more than a hour without a bite. Within five minutes she was hooked up again. She really likes to rib him about his bad luck with tarpon fishing.

As we headed out I explained there just had not been many tarpon around this week but if he wanted to give it a shot we could go try. Running up to my first spot of the day, Foster's Point on North Captiva, we shut down and trolling-motored around looking for rolling fish. After 20 minutes or so we continued north looking around Captiva Pass and Useppa without seeing a single fish roll. I headed back south to one of my favorite sand holes south of Captiva Rocks and dropped anchor. After soaking some cut baits for a hour or so we caught a few blacktip sharks but still did not see a single rolling tarpon.

After no luck up north I decided to go bend the rod on some blacktip sharks. After a half-hour or so of non-stop blacktip shark action on light tackle, Paul had a smile on his face and I knew just where we were going to go camp out for one last shot at a tarpon. Cruising back south I pulled up to my GPS mark anchored up, set out the cut bait spread and handed off the live bait rod. After about an hour we had a few big shark runs on the cut baits but still had not even seen a tarpon.

Then it happened. A tarpon must have picked up one of the cut baits, breaking the line and jumping twice within 30 feet of the boat. Now I felt better that we might have a chance and was ready to sit for a while. Within a half-hour of seeing the tarpon, Paul hooked a tarpon on the live bait rod. The fish jumped the first time and stayed hooked as I quickly cleared the other rods. Then it happened again. The fish jumped and the hook came loose. It was nothing Paul did wrong, it just happened and it's all part of tarpon fishing – but come on, give the guy a break. We both just looked at each other knowing that might have been the only shot at a tarpon for the trip.

Resetting the cut bait rods I placed them in the holders and put a fresh pinfish on for Paul. He cast out the bait and within 30 seconds of the bait hitting the water there was the huge silver flash and he was on again. The tarpon made a few quick jumps as Paul bowed, keeping the fish hooked up. I cleared the rods away hoping this would be the one that would stay stuck. The tarpon did not make any really long runs so we stayed on the anchor for awhile until the fish got closer to the boat. Once the fish was within 20 feet of us it started doing circles around the boat and I decided to pull the anchor because I knew if a fish was ever going to wrap and break off on the rope, it would happen to Paul.

Tarpon are still around but just not in the big numbers of last month

The 80-pound fish towed the boat for about another 15 minutes before it got close enough for me to touch the leader. I really wanted to get a picture of Paul and the fish and would have towed it up on the sandbar, but after another few minutes the fish broke off. We put the rod away and headed in, both all smiles. I don't know who was happier, Paul or me.

Finally we had done it after five years and many lost fish. Congratulations, Paul. Your first tarpon is always the hardest to get – and thanks for sticking with me.

Capt. Matt Mitchell moved to Sanibel in 1980 and has fished local waters for more than 25 years. He now lives in St. James City and has worked as a back country fishing guide for more than 10 years. If you have comments or questions email captmattmitchell@aol.com.☆

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to islandsuncity@aol.com; or call Anne Mitchell at 395-1213.

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Rotary Happenings

submitted by Shirley Jewell

Since the early part of January, the eyes of the world have focused on Haiti and the devastation a magnitude 7.0 earthquake left on this tiny island country. Rotary International was there immediately and distributed thousands of shelter box tents throughout the capital city of Port Au Prince and some surrounding areas. Rotary clubs around the world had already been working in Haiti before the earthquake on projects ranging from sourcing of clean water, building schools, bringing in hospital supplies and providing much needed food. There was an even greater need for these items after the earthquake and the connections established throughout Haiti were helpful for Rotary to continue efforts and provide avenues of service beyond the original scope. The Sanibel-Captiva Rotary Club, led by Chet Sadler, has been working on a water project in Haiti for a couple of years now. Last March the club had established a partnership with Missionary Enterprises founded by Harold Hanson of Shell Point and the Sanibel Community Church. They had begun a project in Haiti at Haute St Marc School. The project involved bringing in urgently needed food (rice and beans, sometimes the only meal of the day for St. Marc's students and school workers); helping to build a second story to their existing elementary school, which will house middle and high school students; and providing a water supply (either by digging wells or providing underground water tank storage) for the school and the surrounding community. The tie-in for our Rotary club was providing a source of clean water. Presently, clean water is carried to the school by donkey in plastic containers, holding about 20 gallons at a time. This water is for drinking and cooking. Toilet facilities are a separate issue. Throughout last year, Chet explored the feasibility of the Sanibel-Captiva Rotary Club drilling a well or building a water pipeline system from a close-by spring to the school. Neither option panned out. It was not until a trip to Haiti after the earthquake that Chet was able to work out an arrangement with the local water department to tap into an existing water line down the hill from the school and pump the water to the site. Chet worked hard and long on this project and the water pipeline should start flowing soon. Running water will also bring with it the possibility of the construction of a separate restroom facility.

The water donkey had one job; transport villagers to and from the watering hole to maximize the load

Chet Sadler (center) at Rotary meeting

Chet had the architectural drawings for the new restroom facility at St. Marc School in hand at last week's meeting. This would definitely be an improvement over the one-seater outbuilding toilet now servicing the near 1,000 students, faculty, and support staff at the school. This facility will house separate area restrooms that include: seven toilets and sinks for girls; three toilets, urinals and sinks for boys; and two toilets, sinks and showers for teachers. The approximate building costs will be near $40,000; the Sanibel-Rotary

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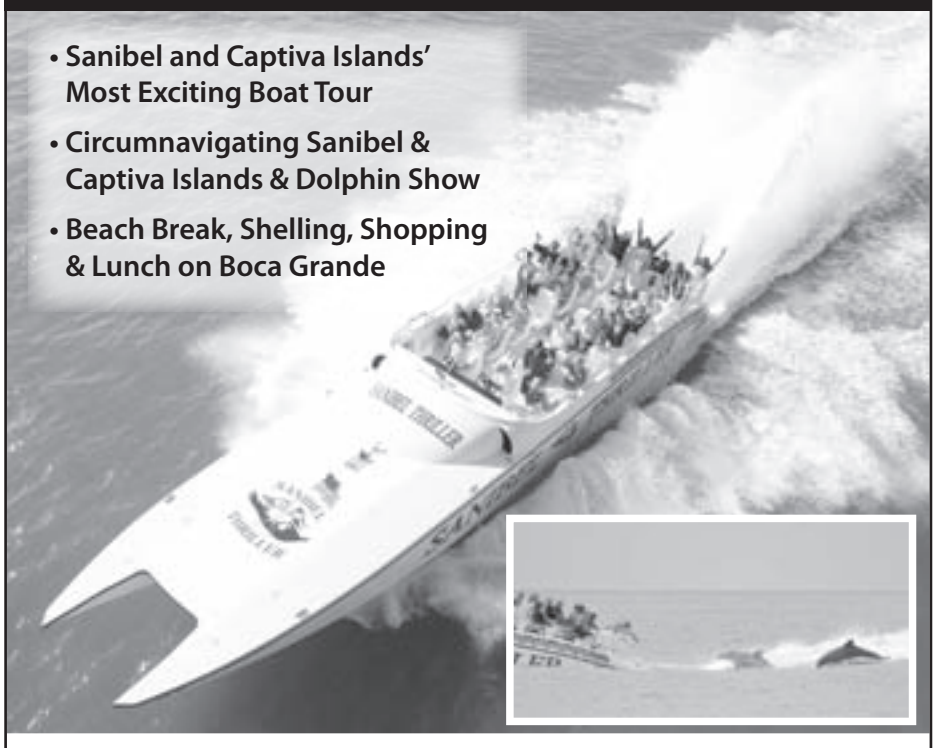

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Plant Smart:

Virginia Creeper

by Gerri Reaves

Although Virginia creeper (*Parthenocissus quinquefolia*) is native to woodlands and hammocks, it will volunteer just about anywhere.

Few plants can top this species for adaptability. This fast-growing member of the grape family needs little maintenance and will thrive in conditions that would doom other plants.

Even if over-pruned, it will keep coming back, offering beauty, cover, and sought-after fruit for birds and other wildlife.

Drought and salt tolerant, it will grow in full sun or shade.

This capacity for survival qualifies it as a weed to some gardeners but a blessing for others.

If it offers itself as a groundcover or a cover for a fence or trellis, consider accepting.

Also called woodbine or five-leaved ivy, Virginia creeper often grows intertwined with wild muscadine grapevines, climbing trees or walls or forming a groundcover.

In fact, plant specialists cite it as a useful groundcover in the prevention of erosion.

Unfortunately, this native vine is often confused with poison ivy and pulled from the landscape.

Adaptable Virginia creeper climbs trees, fences, or trellises and is also an effective groundcover for preventing erosion

The confusion derives from the superficial similarity of the vines' leaves; however, it's easy to tell the two plants apart.

Virginia creeper's leaves are occasionally composed of three leaflets, but they almost always have five. Poison ivy's have three.

Also, Virginia creeper's leaves are toothed and pointed. Poison ivy's are oval and often shiny.

When the vines are bearing their tiny fruit, it's even easier to differentiate the two. Virginia creeper's tiny yellow-green flowers ripen into purple-black clusters of berries. The poisonous vine produces white berries.

In the winter, Virginia creeper's leaves turn vivid red and drop off. But don't be deceived that the bare woody vine is dead. In a short time, beautiful new reddish growth will emerge.

This fruit will ripen into blue-black berries that are a food source for birds and other wildlife

photos by Gerri Reaves

High-climbing Virginia creeper travels via tendrils and adhesive disks, presenting two landscape concerns: preventing the vine from outcompeting other desirable plants or trees by covering them with foliage, and protecting surfaces and wood siding from the cup-like disks.

Virginia creeper roots easily from cuttings and will self-sow.

Sources: *National Audubon Society Field Guide to Florida*; hort.ufl.edu; and *Native Florida Plants* by Robert G. Haehle and Joan Brookwell.

Plant Smart explores sustainable gardening practices that will help you create a low-maintenance, drought-tolerant, hurricane- and pest-resistant South Florida landscape.

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Shell-Abration Planning Is Off To A Roaring Start

The Sanibel Community Association (SCA) hosted a meeting recently for a cross-section of island businesses, not-for-profits and interested volunteers to talk about the 75th anniversary 2012 Shell Fair. The purpose of the meeting was to see if there was interest in making this an islands-wide week of Shell-abration. "The enthusiasm and the number of ideas that were discussed exceeded our expectations," said Salli Kirkland, president of the SCA. "We want to bring the community together to promote and celebrate our islands' status as one of the best shelling locations in the country and in so doing have an island-wide shell festival, not just at The Community House, but in stores, theaters, restaurants and lodging locations."

The Shell Fair and Show is a major fundraiser for the SCA and its Shellcrafters, as well as for the Shell Club. This four-day event takes place the first week in March every year and brings people in from all over the country and abroad. The Shell Fair has its schedule, but with such a milestone year coming up in 2012, the organizers – Anne Joffe, Ann Arnoff and Bill Schecker – decided the Shell Fair should be bigger and broader based. This meeting confirmed their belief that the community agrees. There are a lot more opportunities for "shell mania" if the event goes for the whole week and the attendees discussed ways their organizations could enhance the activities by holding other shell events and creating more fun. Ideas included an artist competition for designing the logo to be used in a myriad of different ways; shell book author readings, shell products in stores, an historical shell show traveling display, a shell scavenger hunt, a play with shells as tje theme, special musical performances, and shelling trips. And the list just kept growing, from a shell fashion show to a Shell-abration cocktail.

This was the beginning of a summer of planning, as the marketing for such an event needs to be communicated well in advance to get the national recognition that will convey the theme; "when you think shells, think Sanibel and Captiva."

There is a lot of work to be done and many sub-committees will take specific segments and bring them to life: retail, lodging, restaurants, promotion, media, historical offerings, and special event coordination. "Join us for Shell-abration planning and have some fun creating this most exciting weeklong event," said SCA event chair Marge Meek. "Contact The Community House at 472-2155 to volunteer to be part of our ongoing meetings. We need at least 100 people involved and committed to making the 75th Shell Fair and Show an islands-wide Shell-abration. We need you!"

Catch And Release To Support Trauma Services At Lee Memorial

The 8th annual David Lee Root, Jr. Memorial Fishing Tournament will be held on Saturday, July 24. A mandatory captains' meeting is scheduled for Friday, July 23 at 7 p.m. at D&D Matlacha Bait & Tackle 3922 Pine Island Road, Matlacha.

This is a catch, photograph and release tournament to benefit the Trauma Center at Lee Memorial Hospital. The Root Family lost their son David to an automobile accident. But thanks to the Trauma Unit, their son Dustin was saved.

The entry fee is $50 per angler. There is no minimum number of anglers required per boat, allowing for fishing by kayak or from the Matlacha fishing bridge.

A barbeque follows the photo "weigh in," along with prizes and a 50/50 and chance drawings.

Those not fishing but who want to attend the barbeque and help support the Trauma Center may purchase tickets for $8 for adults and $5 for children 12 and under.

All proceeds will benefit the Trauma Center at Lee Memorial Hospital to aid with the treatment of the severely injured and to provide them the best chance for recovery.

For more information or to register, call Dave and Debbie at 282-9122 or go to www.davidleerootmemorial.com.

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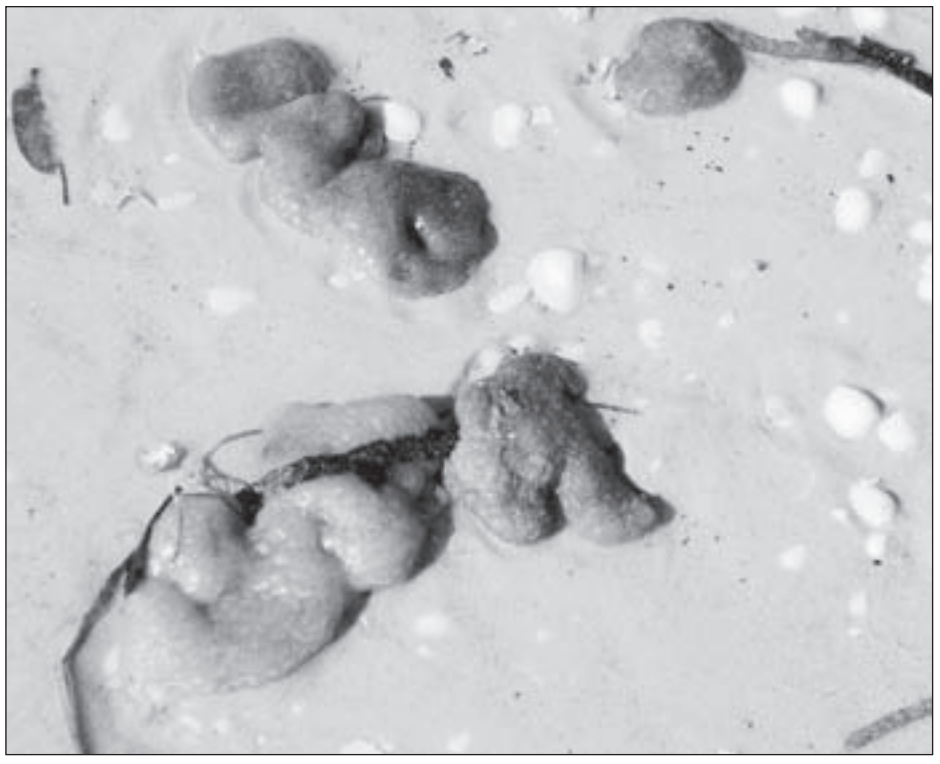

Sea pork

Sea Pork on Beach Not Harmful

East end beachgoers last Friday reported various colored sponge-like clumps along the shoreline at Sanibel Lighthouse Beach. The organisms have been identified by the City of Sanibel Natural Resources Department as sea pork (colonial tunicates).

Sea pork varies in size and color such as brown, beige, gray and black. These tunicates are filter feeders. As such, these organisms improve local water quality and are not harmful or dangerous. Their presence is normal in healthy marine fauna.☼

Corps Of Engineers Lowers And Then Raises Lake Okeechobee Releases

After a period of reduced releases from Lake Okeechobee, the U.S. Army Corps of Engineers will increase the flow into the Caloosahatchee Estuary in Lee County. That's because recent rainfall has raised to lake to unsafe levels.

In accordance with the 2008 Lake Okeechobee Regulation Schedule (2008 LORS), the corp adjusted water releases from Lake Okeechobee beginning at 7 a.m. on Sunday, July 11. The 12-day release has a target flow to the St. Lucie Estuary of 1,800 cubic feet per second (cfs). The new target flow to the Caloosahatchee Estuary is 4,000 cfs. as measured at the Moore Haven Lock and Dam (S-77).

The releases are made in pulses that resemble the pattern of runoff resulting from natural rainfall.

"Over the past 10 days, we delivered reduced releases to the St. Lucie and Caloosahatchee estuaries – 200 cfs and 450 cfs, respectively – and according to the 2008 LORS," said Lt. Col. Michael Kinard, Jacksonville District Deputy for South Florida. "The reduced flows were due to improved evaporation/transpiration during the month of June, dryer tributary conditions, and predictions of less rainfall, even though water levels in Lake Okeechobee remained approximately a foot and a half above the preferred level.

"Recent rainfall over the lake and surrounding basins, however, has raised the lake level almost six inches in one week. The forecast is for increased precipitation. These changes have prompted us to increase the releases again to protect the Herbert Hoover Dike, free-up capacity for more rain and potential tropical storms, and to keep from having to make larger releases later."

The corps strives to maintain the lake between 12.5 and 15.5 feet. Normally, at the beginning of the wet season, the lake level is on a downward trend toward the lower end of the management range. This provides capacity in the lake for precipitation and basin runoff expected during the wet season.

System conditions are closely monitored. At this time, conditions are wet throughout most of south Florida, and there is no significant storage capacity available in other areas of the regional system.

For more information on water level and flows data for Lake Okeechobee and the Central and Southern Florida Project, visit the corps' water management page at http://www.saj.usace.army.mil/Divisions/Engineering/Branches/WaterResources/WaterMgt/index.htm. For questions and inquires, contact Nanciann Regalado at 904-334-8954 (mobile) or nanciann.e.regalado@usace.army.mil.☼

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Irish Dance And Crafting A Big Hit At Summer Arts Camp

Milena Weigel and Hudson Stirner make paper plate fish

BIG ARTS' Summer Arts Camp runs Monday through Friday, 9 a.m. to 3 p.m. through August 13. Pre-registered campers receive a free summer camp T-shirt.

Children entering grades K through 5 in the fall will be offered activities on a rotating schedule including painting, pottery, music, drama and movement. Arts and music appreciation, weekly projects, and interactive stage productions encourage interest and wonder in the arts. Tuition is $115 per week; three or more weeks are $100 per week.

The fine arts apprentice program for middle and high school students provides an opportunity to be an instructor or take classes. Courses include fused glass, mosaic, acting, pottery and metalsmithing. Middle school tuition is $70 per week. Volunteer opportunities are also available.

Irish stepdance Instructor Jaime Knaub with first graders

BIG ARTS Summer Arts Camp is supported by LAT Foundation and Sanibel-Captiva Community Bank. Tuition assistance is available.

For further information or to register, stop by BIG ARTS, 900 Dunlop Road Sanibel, call 395-0900, e-mail info@BIGARTS.org, or log on to www.BIGARTS.org.

Art Instructor Jane Hudson with Isaac Bender

Sanibel-Captiva Art League

Island Art Exhibits

Jane Schwab

Sanibel-Captiva Art League's Annual Summer Art Shows continue at Sanibel Public Library during regular hours and at BIG ARTS Phillips Gallery on weekday afternoons. There are over 100 large and small paintings of landscapes, still life, birds and animals, flowers, portraits and abstracts in a variety of media including watercolor, pastel, acrylic, oil and digital imagery. Phillips Gallery includes selections from Brushstrokes from the Heart which is artwork on loan from the Dubin Alzheimer's Resource Center. There is an additional exhibit, Artreach Banners,

Carol Rosenberg

Susanne Brown

from the Human Trafficking Awareness Partnership. Both buildings are on Dunlop Road near Sanibel City Hall.

The art league members' paintings are inspired by sparkling tropical light dancing off the azure waters of the Gulf of Mexico, the vast beaches along with many large preserves of native vegetation, interior wetlands and abundant birds and wildlife. Over 40 years ago artists began meeting on the islands to support and encourage each other. The membership of beginning and professional artists has grown considerably over the years. Some participate only during a brief vacation.

Visitors are always welcome to the weekly outdoor paint-outs, seasonal monthly meetings and non-instructed portrait workshops. The league's business meetings are brief and are followed by informative programs such as a demonstration presented by a guest artist who is experienced in a variety of skills or an introduction to innovative new art techniques. The art league's mission is to

Jane Hudson

provide encouragement, education and enrichment in the visual arts at no cost to the community. For more information write to San-Cap Art League, PO Box 1192, Sanibel FL 33957 or go to www.sancapart.com.

Veterans Art Exhibit In Cape

A Doors without Homes Art Exhibit will be held at the Invest in America's Veterans Foundation, 3100 Del Prado Boulevard South in Cape Coral on Wednesday, July 28, from 5 to 7 p.m. It will be in Building 3, Unit 6.

The Veterans Foundation is located behind its Thrift Shop on 3108 Del Prado Boulevard, which is in the Del Prado Outlet Center, adjacent to Hooters Restaurant.

The exhibiting artist is JR Roberts, a Vietnam Veteran. The idea of the exhibit is to publicize the tragedy of homeless among our nation's veterans. All funds raised at the exhibit will benefit homeless veterans.

For more information, call the foundation at 541-8704.

English Country Dance Lessons

Learn the social dances of the 17th, 18th and 19th centuries at Wa-ke Hatchee Recreation Center this summer. Lessons are free after a one-time payment of $10 which covers a lifetime membership.

Lessons will be held on Tuesdays through August 24 from 7:30 to 9 p.m. Dress is casual, wear flat shoes with non-slip soles. Partners are not necessary and beginners are welcome.

Contact Gillian Carney at 603-9828 to register or email fortmyersdancers@hotmail.com. Wa-ke Hatchee Recreation Center is at 16355 Summerlin Road in Fort Myers.

Cattle Barons' Ball Update

The eighth annual Cattle Barons' Ball will be held at the Robb & Stucky Corporate Headquarters, announced event chairperson Cyndie Grimes. The American Cancer Society (ACS) event, one of the most unique and largest fundraisers in Lee County, will be held January 22.

"We are excited that Robb & Stucky is this year's venue," said Grimes. "It's the ideal size and location for us to saddle up for the best night of western fun all in the name of raising money to fight cancer."

Each year top executives and community leaders unite to support and enjoy one of the most entertaining, imaginative and rewarding events in Southwest Florida. Guests don casual western wear, enjoy top cuisine and rub elbows while supporting the fight against cancer, the nation's #1 public health concern. Since the Cattle Barons' Ball debut in 2004, nearly $3 million has been raised in support of the American Cancer Society, which uses its century of experience and unwavering commitment to beat cancer by helping people stay well, get well, find cures and fight back.

For nearly a century, the American Cancer Society has fought for every birthday threatened by all types of cancer throughout each community. By taking what they've learned through research and turned it into what they do, ACS has contributed to a 15 percent decrease in the overall cancer death rate between the early 1990s and 2005. This means about 650,000 cancer deaths were avoided thus creating the potential for more birthday celebrations. Overall, 11 million cancer survivors in America will celebrate another birthday this year.

For information on sponsorships for the Cattle Barons' Ball, contact Beth Hayes at the American Cancer Society at 936-1113, ext. 3909 or beth.hayes@cancer.org.

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Henry Ford's 147th Birthday Celebration

The Edison & Ford Winter Estates will celebrate the 147th birthday of Henry Ford at the estates on Friday, July 30 at 10 a.m. The celebration will include cake and a Sneak Peek tour of the Ford Estate with Henry Ford.

Admission is free to estates members, $20 for non-members; $11 for children age six to 12; and free for children five and under. Admission includes a guided tour or self guided tour and audio wand of the historic homes, gardens, lab and museum.

"Ford's birthday marks a very important day in American history, and we invite the public to share in the celebration. Learn about Henry Ford and visit the beautiful winter homes of one of America's greatest industrialists," said Chris Pendleton, estates president and CEO. "Ford's remarkable history spanned decades and totally changed our way of life."

Ford facts:

• Henry Ford grew up on a typical 19th-century farm in Dearborn, Michigan. At an early age he demonstrated an interest in mechanics and a dislike for farm work.

• Ford married Clara Bryant in 1888. He would later refer to Clara as "the Believer" for her faith in and support of his ideas.

Thomas Edison and Henry Ford wintered in Fort Myers together for many years

• In 1891 Ford became an engineer for the Edison Illuminating Company and was soon promoted to chief engineer. This position allowed him time to experiment with the internal combustion engine. Ford idolized Thomas Edison and met him during an 1896 company convention in New York, where Ford relayed his ideas for the engine. Ford recalled the importance of Edison's encouragement: "Out of the clear blue sky the greatest inventive genius in the world had given me complete approval."

• In 1896, at the age of 33, Ford completed the Quadricycle, a self-propelled vehicle with four wire wheels, which was steered with a tiller and had two forward speeds. Ford traveled around Detroit in his "horseless carriage" to the amazement, as well as disdain, of its citizens.

• The Ford Motor Company was incorporated in 1903 with the Model A. In 1908 Ford introduced the Model T, realizing his lifelong dream of a vehicle that was easy to operate and maintain and able to handle the rough roads of the era. The Model T quickly became a huge success, with more than 10,000 sold in 1909.

• Ford is considered the father of modern manufacturing. As the popularity of the Model T escalated, Ford devised a system that combined division of labor, standardized and interchangeable parts, and the assembly line. This revolutionized automobile production by reducing the amount of time involved in manufacturing and consequently lowering production costs. Mass production was born. By 1913 some 1,000 cars were produced in a typical eight-hour shift.

• By the late teens, Ford was an American celebrity and the public could not seem to get enough of him. Ford came into his office one day and said, "You know, I think I ought to get a pair of whiskers. Everybody seems to spot me."

• In 1914 Ford made his first visit to Fort Myers at the invitation of his friend Thomas Edison. From there the two embarked on an Everglades camping trip. Calling themselves "the Vagabonds," Ford and Edison, along with Harvey Firestone and John Burroughs, would make many more camping trips throughout the next 15 years. In 1916, Ford purchased his Fort Myers retreat, The Mangoes, for $20,000 and enlarged it by adding two family and staff wings.

• Ford was seriously interested in unifying urban and rural industry. He encouraged the idea of using agricultural products for industrial purposes. For example, Ford experimented with an automobile trunk made from soybean-based plastic. He was a partner in the Edison Botanical Research Lab located on estates' property.

• In the mid-1920s *The New York Times* estimated the assets of the Ford Motor Company at $1.2 billion, or about $13 billion today. Ford himself drew an average of about $4.5 million per year during this decade, or about $50 million in today's dollars. Said Ford, "I'm in a peculiar position. There is nothing I want that I cannot have. But I do not want the things that money can buy. I want to live a life, to make the world a little better for having lived in it."

• In 1928 Ford established and endowed The Edison Institute in Dearborn, Michigan (now The Henry Ford Museum & Greenfield Village), an indoor/outdoor museum created to illustrate and preserve the American experience and celebrate American ingenuity.

• In 1929 Ford threw a lavish party in Dearborn in honor of the 50th anniversary of Edison's invention of the incandescent lamp. Ford presented his friend with a detailed reconstruction of Edison's Menlo Park and the original 1887 Fort Myers laboratory at The Edison Institute. Edison became misty-eyed and remarked that "the memories of 82 years were flooding back." Ford told reporters at the event, "We are ahead of all other countries today, simply and solely because we have Mr. Edison."

• Ford loved dancing and in the 1920s began a massive effort to revive old-fashioned dancing. He sponsored a national tour of dancing master Benjamin Lovett. Dancing was also an important part of Ford's social life in Fort Myers.

• Henry Ford earned the American Legion Distinguished Service Medal for his efforts on behalf of disabled veterans in both World Wars. In 1997, *Life* magazine named him one of the 100 People Who Made the Millennium, and in 2000 *Time* magazine named him one of the 100 Most Important People of the Century. In 2000 *Forbes* magazine called him the #1 Industrialist of the Century.

• Ford returned to The Mangoes only sporadically after Thomas Edison's death in 1931. In 1945 he sold it to Thomas and Gladys Biggar. In 1988, the City of Fort Myers purchased Henry Ford's estate for $1.5 million, restored it to its historic appearance and opened it to the public in 1989.

• Henry Ford's Fort Myers estate is open daily and now managed by the Edison & Ford Winter Estates, Inc., a non-profit organization.

• On July 30, 2007 a statue commemorating Henry Ford's achievements and time in Fort Myers was created by DJ Wilkins and donated by Orvall McCleary to the estates.

The estates is open daily from 9 a.m. to 5:30 p.m. For additional information call 334-7419 or visit www.efwefla.org.

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Art Of The Olympians Sneak Peek

The Art of the Olympians (AOTO) is offering a sneak peek of its newest exhibit featuring a historic, modern and cultural look at the sport of softball through a unique showcase of uniforms, equipment and Olympic memorabilia courtesy of the International Softball Federation (ISF), the world governing body for the sport.

Families, friends and community members are invited to attend a special reception, on Friday, July 16 from 5 to 8 p.m. to celebrate the opening of the Softball Showcase in the Sports Experience Gallery at the Art of the Olympians Al Oerter Center for Excellence at 1300 Hendry Street, Fort Myers. Admission to the reception is free.

Softball is a sport celebrated and played by men and women both recreationally and competitively in ISF's 128 affiliated countries resulting in millions of participants in the sport worldwide. In the United States alone, it is estimated that 40 million Americans will play at least one game of softball during a year making it the most popular participant sport in the nation. Common disciplines include fast pitch and slow pitch, but the sport also has a modified pitch, arena softball, wheelchair softball and beach softball.

Through the collaborative effort of AOTO and ISF, the Softball Showcase will present guests an opportunity to learn about the evolution of softball from its origin to the debut of women's fast pitch softball at the 1996 Games in Atlanta to the world championships.

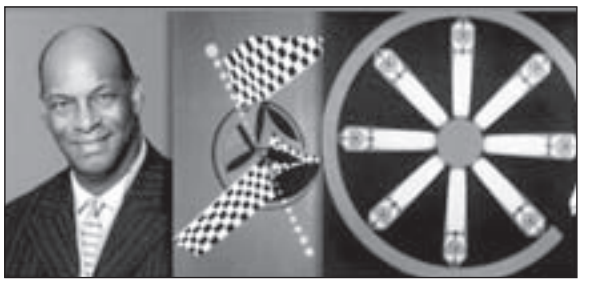
The exhibit will be on display at the Al Oerter Center of Excellence until September 4.

Gallery hours are Tuesday to Saturday from 10 a.m. to 4 p.m., closed Sundays, Mondays and holidays. For entrance during regular hours, AOTO is offering a special admission rate of $2.

For general museum information, visit www.artoftheolympians.com or 335-5055. For more information on the ISF, visit www.isfsoftball.org.

Allison Wagner, USA, Swimming/Painting

Larry Young, USA Race Walk/Sculpture



Bob Beamon, USA Long Jump/Graphic Design

Martin Hagen, USA Biathlon/Sculpture

Christopher Coleman, USA Bobsled/Photography

Rink Babka, USA Discus/Painting

Joe Dube, USA Weight Lifting/Drawing

Skip Cutting, USA Cycling/Painting & Sculpture

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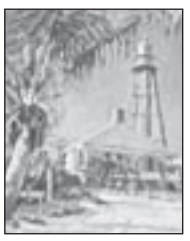

Sanibel Lighthouse on canvas by Colette Sexton

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'Elemental' Is Theme For 2010 Art Royale

The Lee County Alliance for the Arts signature fundraiser, Art Royale, now in its seventh year, will have the theme It's All Elemental. The theme is inspired by the natural world and all of its beauty, mystery and power.

It is scheduled for November 20.

Art Royale is a one-night celebration of art displaying the most intriguing artists, tantalizing entertainers and interactive art exhibits. Lydia Black, Alliance executive director, describes the event as, "An opportunity for the community to take part in creating art."

Guests who attend Art Royale 2010 should expect to be energized by the fantasy-style atmosphere of the Alliance campus. Interactive artist installations are aimed to provoke the imagination, stimulate the senses and introduce an innovative view of the elements - Earth, Wind, Fire, Water and Space. The Alliance encourages guests to wear costumes and consider themselves part of the show.

In addition, culinary artists will be serving special hors d'oeuvres and desserts created to match the theme.

New this year is a juried gallery exhibition open to Alliance members. Chosen 2D/3D artwork related to the events theme, will be displayed November 16 to 27 and featured as the main gallery exhibit at Art Royale 2010.

The Alliance is now seeking artists to participate in this signature fundraiser.Artists interested in creating an interactive art installation, submitting work for the juried gallery exhibition or participating as performing artists may download the prospectus from www.ArtInLee.org.

Alliance for the Arts galleries are open from 9 a.m. to 5p.m. Monday through Friday and from 9 a.m. to noon on Saturdays, at 10091 McGregor Boulevard just south of Colonial Boulevard.✲

Gulfshore Ballet School Announces New Registration

Southwest Florida's only nonprofit classical ballet school will be holding open placement classes for new students of all levels, ages three to 18, for the 2010-2011 school year. The classes are held Thursday through Saturday, August 19 through 21. Regular classes begin Monday, August 23. Adult registration is also currently open.

New students are required to attend a complimentary placement class prior to the beginning of the semester. Registration information will be available immediately following the class and is also posted online at www.gulfshoreballet.org. If prospective students are unable to attend on these dates, an alternate time may be scheduled by calling the office at 590-6191 or emailing office@gulfshoreballet.org. After the preliminary class, students are placed in the level that best suits their abilities and experience.

Gulfshore Ballet now offers an open teen ballet class for beginner and intermediate levels and for those students looking to supplement their current dance instruction but cannot commit to the full curriculum-based schedule. These classes are more casual and fees are paid by class or through a class card system, instead of by tuition.

Adults (18 and up) are invited to register on an ongoing basis and attend a free dance class.

Gulfshore Ballet offers high-quality training in small class settings designed to fit the students' individual needs. The school's classical ballet curriculum includes ballet, pointe, and variations instruction through several levels ranging from beginner to pre-professional advanced.

The highly acclaimed faculty of seasoned dancers includes Executive Director Roberto Munoz, Artistic Director Melinda Roy, and head of Children's Division Lisa Tafel. Munoz has taught and danced professionally around the world, including the Pittsburgh Ballet Theater and the International Ballet of Caracas. Roy, a Tony award nominee, was a principal dancer with the New York City Ballet and has choreographed several Broadway shows. Tafel, who also works with Lee County Public Schools, began her ballet training at the age of six in her native Rhode Island and has taught dance and fitness for nearly 20 years. Gulfshore Ballet brings dancers from the New York City Ballet to Southwest Florida every year for performances, fundraising events, and master classes, exposing students to some of the world's best dancers.

Alumni of Gulfshore Ballet's curriculum have been accepted into the prestigious School of American Ballet in Manhattan, Miami City Ballet, Pacific North West Ballet (PNB), Pittsburgh Ballet Theater, and Orlando Ballet, among others.

Registration packets and additional information can be found on the website www.gulfshoreballet.org.

Interested parents and students should contact Gulfshore Ballet for further details and more information at 590-6191 or office@gulfshoreballet.org. The school office will reopen from summer closure August 10.✲

Human Trafficking Awareness Program At BIG ARTS

Human Trafficking Awareness Partnerships, Inc. (HTAP) will present a human trafficking program and discussion in BIG ARTS Phillips Gallery at 7 p.m. Monday, July 19. Banners created by girls involved in the HTAP's Artreach Program will be on display. There is no charge to attend.

The program educates girls about the dangers of human trafficking, the statistics and facts concerning human trafficking, and the occurrences in Lee County. The girls, from varied backgrounds, have created four canvas wall hangings expressing their knowledge and understanding of modern-day slavery, especially as it potentially affects their peer group.

The evening will also feature select vignettes from the play that was researched, written and performed by drama students from Cypress Lake High School Center for the Arts. This project is supported by Lee County Zonta Clubs. Refreshments will be served, courtesy of Bailey's General Store.

Choices banner, Human Trafficking Awareness Partnerships' project

HTAP is dedicated to bringing the issue of human trafficking to the forefront of public consciousness through local community action and the sharing of resources among communities and organizations. For additional information on this event or HTAP, contact Nola Theiss at 395-2635.

BIG ARTS is located at 900 Dunlop Road, Sanibel.☆

Archeology Tour

Take a Cruise into the Past to the historic Mound House on Estero Bay where Theresa Schober, director of cultural resources, will conduct a tour and sneak peek of the new underground archeological exhibit. Along the way learn about the dynamic history and ecology of Punta Rassa, Pine Island Sound and Estero Bay. This new exhibit at The Mound House offers a rare opportunity to walk in an actual Calusa shell mound to observe its construction, its layers and to see this cross section of 2,000 years of Southwest Florida history. Reservations are required as space is limited. Cost is $45 per person which includes a donation to The Mound House Cultural Resources Center. The cruise will depart Punta Rassa at 9 a.m. on Friday, July 23 and return to Punta Rassa at 1:30 p.m.

Call 472-5300 for more information or to make reservations.☆

Teen VIP After-Hours Program Is A Hit

Guitar Hero stars

Teen VIP After-Hours is the hottest place to be on the island. Each Tuesday between 6 and 7 p.m., the Sanibel Public Library is open only to teens and 'tweens as part of the Summer Reading Program. This year, the theme is Make Waves @ Your Library – and these teens are up to the challenge. The weekly program features a craft, Wii, TeenSpace Internet use, games and snacks.

Grab a friend and join the fun. Upcoming activities include: July 13, Duct Tape Craft; July 20, Open Mic Night; July 27, Pizza Night/Scavenger Hunt; August 3, Jean Purses/Bags (Bring a pair of old jeans); August 10, Chocolate Daze/Sand Art.

Summer Reading Programs are made possible with the support of the Sanibel Public Library Foundation, Inc. and its generous donors. For additional information call 472-2483.☆

My Stars ★★★

FOR WEEK OF JULY 19, 2010

ARIES (March 21 to April 19) Starting something new is always exciting for the adventurous Aries. And here's the good news: This time you might be able to get some assistance in helping you finish what you've started.

TAURUS (April 20 to May 20) Put your daydreaming penchant on hold for now, and face the facts as they are, not as you'd like them to be. Your customary hardheaded approach to "deals," etc., would be called for.

GEMINI (May 21 to June 20) Problems beyond your control might delay some of your plans. But things should start to get back to normal by midweek. The weekend could bring an unexpected (but welcome) visitor.

CANCER (June 21 to July 22) It's a good time to buckle down and tackle those unfinished tasks so you'll be ready to take on other projects. The week's end could bring an invitation from a most surprising source.

LEO (July 23 to August 22) Mixed signals could create a few stressful moments for the Lion. But by midweek, explanations should help ease the tension. The weekend is party time! Share it with someone special.

VIRGO (August 23 to September 22) This is a good "catching up" week for finishing tasks, calling old friends and maybe reading that book you haven't opened yet or renting that movie you wanted to see again.

LIBRA (September 23 to October 22) Money matters should be worked out, even if it takes time away from a more romantic situation. Better to settle things before feelings turn hard and angry on all sides.

SCORPIO (October 23 to November 21) A job-related problem could turn out to be less troublesome than it seemed at first. Just a few moments of talk 'twixt the parties resolves everything to everyone's satisfaction.

SAGITTARIUS (November 22 to December 21) The Sagittarian Archer takes aim at health and fitness issues this week. Watch your diet, and try to put more exercise time into your typically busy schedule.

CAPRICORN (December 22 to January 19) As you continue to focus on a career or job change, it's a good time to look over some of your rarely used skills and see where they can fit into your future workplace plans.

AQUARIUS (January 20 to February 18) A loved one's health might be worrisome, but there's good news by midweek. Expect people who share your ideas and your goals to try to contact you by the week's end.

PISCES (February 19 to March 20) A colleague's request that makes the typically perceptive Pisces feel uncomfortable is a request you probably will want to turn down. The weekend favors family get-togethers.

BORN THIS WEEK: You have a gift for making others feel warm and wanted. Even newcomers feel like old friends.

THIS WEEK IN HISTORY

• On July 22, 1598, William Shakespeare's play "The Merchant of Venice" is entered on the Stationers' Register. By decree of Queen Elizabeth, the Stationers' Register licensed printed works, giving the Crown tight control over all published material.

• On July 19, 1799, a black basalt slab inscribed with ancient writing is discovered in Egypt. The artifact, called the Rosetta Stone, held the key to solving the riddle of hieroglyphics, a written language that had been "dead" for nearly 2,000 years.

• On July 24, 1911, American archeologist Hiram Bingham gets his first look at Machu Picchu, an ancient Inca settlement in Peru. Machu Picchu is believed to have been a summer retreat for Inca leaders, whose civilization was wiped out by Spanish invaders in the 16th century.

• On July 21, 1925, schoolteacher John T. Scopes is convicted of violating Tennessee's new law against teaching evolution. The case was never really in doubt. On May 4, the American Civil Liberties Union had offered to help any Tennessee schoolteacher challenge the law. To gain publicity for the town of Dayton, Scopes, a local science teacher, agreed to fill the role since he wasn't planning to stay in Dayton anyway. No one was really concerned whether he had actually taught evolution to his students.

• On July 20, 1963, Jan and Dean's "Surf City" reaches the top of the charts. "Surf City" might be mistaken for a Beach Boys record, but the Beach Boys had yet to have a No. 1 hit at that time.

• On July 23, 1976, members of the American Legion gathered in Philadelphia begin suffering from a mysterious form of pneumonia. By Aug. 2, 22 people were dead and hundreds more were experiencing pneumonia-like symptoms. Their ailment would come to be known as Legionnaires disease.

• On July 25, 1985, Rock Hudson, a tall, dark and handsome Hollywood leading man of the 1950s and 1960s, announces through a press release that he is suffering from acquired immune deficiency syndrome (AIDS). Hudson became the first major celebrity to go public with such a diagnosis.

STRANGE BUT TRUE

• You might be surprised to learn that it was theoretical physicist Albert Einstein, one of the best-known scientists of all time, who made the following sage observation: "If you want your children to be intelligent, read them fairy tales. If you want them to be more intelligent, read them more fairy tales."

• On average, a man's beard grows about a half-inch every month.

• Do you suffer from coprolalia? I would hope not! If you're a word deconstructionist and up on your Greek, you might be able to figure out that coprolalia means an uncontrollable use of obscene language, since "copro" means "dung" and "lalia" means "chatter" or "babble."

• Marilyn Monroe's iconic film "Some Like It Hot" (which in 2000 was named the greatest American comedy film of all time by the American Film Institute) was originally titled "Not Tonight Josephine!"

• The next time you have jury duty and want to get out of it, you might want to keep this in mind: A judge in Liverpool, England, dismissed a man from the jury when fellow jurors complained about the fleas in his beard.

• At one time, the Catholic Church considered it sinful to eat a hot dog.

• If you're ever visiting Egypt and asking for directions, remember that in that country, "upstream" means south.

• It's probably fair to say that people have been enjoying mixed alcoholic beverages for hundreds of years, but the word "cocktail" wasn't in general use until 1888, when it was printed for the first time, in a bartender's manual.

• In Connecticut in the 17th century, it was illegal to smoke more than one cigarette a day, and that one had to be smoked at home.

THOUGHT FOR THE DAY

"A society that gets rid of all its troublemakers goes downhill." -- Robert A. Heinlein

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Book Review

WAR

by Max Friedersdorf

Largely ignored during the Iraq conflict, America's war in Afghanistan, now the longest in United States history, has leaped back on the front page with the firing of Commanding General Stanley McChrystal and the policy dispute over the conduct of the invasion itself.

Reporting on the Afghan war has been sketchy due to the emphasis on Iraq, however, Sebastian Junger, prize-winning author of *The Perfect Storm*, spent a year embedded with a front-line platoon in 2007-08 fighting in the Kornegal Valley near the Pakistan border.

Junger's book, *WAR*, is now fourth on *The New York Times* hardback best-seller list, and the ranking is well-deserved.

Junger takes a non-judgmental position on the war itself, but as a reporter his objective is simple and ambitious: to convey what soldiers experience – what war actually feels like.

He quickly bonds with the young Americans of the Second Platoon and shares their almost daily series of deadly fire fights with the ghost-like Taliban fighters. Junger narrowly escapes death from sniper fire, and survives a road side bomb when the blast explodes under the

Humvee engine block rather than the passenger compartment.

When three Afgan elders peacefully approach Firebase Restrepo (named after beloved medic Juan Restrepo killed in action), the Americans think the counter-insurgency "make nice" campaign is finally working. The elders, however, are not making a courtesy call, but want $500 for a cow the platoon has butchered and barbecued.

The Taliban is paying village teenagers $5 per day to sit up on the mountainside and fire rounds into the firebase all day long. At night the Taliban return to their villages and blend into the local population, Junger reports.

Despite an overwhelming American fire power advantage with helicopters, jet fighters and even B-1 high altitude bombers dropping loads in the mountains, the Taliban seem well-stocked with guns, ammunition and rockets left over from the failed Russian invasion, Junger reports.

Junger develops strong friendships with several members of the platoon and his reporting of their life stories gives the book a very personal and emotional quality.

Junger is not only a natural-born reporter, but writes like a painter putting pictures in your mind.

"The defense of the tribe is an insanely compelling idea, and once you've been exposed to it, there's almost nothing else you'd rather do. The only reason anyone was alive at Restrepo... was because every man up there was willing to die defending it," Junger observes.

Watching jet fighters take off, Junger writes, "No matter how many times you've heard it, you always turn toward the flight line when the 15s and 16s take off, a sound so thunderous and wrong that it would seem unexplainable only by some kind of apocalypse. Then the deltoid shape rising with obscene speed into the Afghan sky, its cold-blue afterburners cutting through the twilight like a welder's torch."

WAR, by Sebastian Junger, Grand Central Publishing, 2010, hardback, 287 pages, one map, $26.99. Available on the new book shelf at the Sanibel Public Library and all fine Sanibel bookstores.✲

Summer Reading Programs Sizzle At The Library

The Summer Reading Program is sizzling hot at the Sanibel Public Library. Kids ages pre-k to 5th grade are busy completing their reading assignments. Youth Librarian Barb Dunkle, provides activity booklets for the chidren. Each week the kids turn their booklets in at the library. The kids earn prizes for every hour they read. Other prizes are awarded for attending events and completing creative assignments.

The Summer Reading Program is more than just reading. Upcoming activities include a presentation by Toni Westland from "Ding" Darling on July 13; Page Turner Adventures program on July 20; Stephanie Ray from Tarpon Bay Explorers on July 27; John Storms' World of Reptiles on August 3; and Didgeridoo Down Under on August 10. The programs are held on Tuesdays at 3 p.m. There is no charge to attend and the programs are open to children of all ages. So come to the Sanibel Public Library and Make a Splash! READ! A world of adventure is waiting for you.

Summer Reading Programs are made possible with the generous support of the Sanibel Public Library Foundation, Inc. and its donors. To contribute to the foundation, or for additional information on programs, call 472-2483.✲

Poetic Voices

For consideration, please send typed poems with a short biography to Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957 Attn: Don Brown or send a Microsoft Word attachment to donbrown@alum.mit.edu

selected by Don Brown

Prayer

by Warren Woessner for Joe Bruchac

You've come from northern hills
to visit my new city-camp
a few blocks from the garment district
where your Slovak father once
posed for a picture
on new settler territory,
then already vanishing
beneath brick cliff dwellings.

I stumble out of bed
too early for New York,
find you sitting on the Astroturf
of my south balcony,
rubbing fresh sun into your body,
the breath we share together
or apart.

Emigrant

by Warren Woessner

Smokey Joe Moon shivers in the sky
pulled over New York like
a wet army blanket.
Geraldine Page won't be on the roof
puttering with her plants
and my neighbors who fool around
with the shade up like I do
aren't home either.
The lights come home in the project
four blocks south
where again I thank God I don't live.
Like any bird I'm hanging out
In my brick nest above 23rd Street,
too scared to step out, trying to guess
the right time to fly.

These poems are from Warren Woessner's new book, Clear All the Rest of the Way, *available from Amazon.com Woessner conducted a poetry workshop and read at BIG ARTS in 1988. He has been published in many reviews and anthologies over the last 40 years including* Poetry, The Nation, Poetry Northwest *and* The Beloit Poetry Journal. *He co-founded* Abraxas *magazine in 1968 and is the senior editor. A few of his other books and chapbooks are listed on Amazon.com He and his wife are part-time residents of Captiva.*✲

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Around The Islands With Anne

Lolling On The Beach Is Not For These Fitness Folks!

by Anne Mitchell

Jenna Hoyt and Tim Shevlin of **Sanibel Health Club** have taken fitness up yet another notch by offering Sanibel Beach Retreats, which are residential programs that provide five to six hours of activities, including one-on-one training, group cardio, group classes and physical activities.

Four custom-tailored gourmet meals and one post-workout protein smoothie are provided each day, and guest speakers give presentations on nutrition and exercise.

The retreats are held at Shalimar Beach Resort, where accommodations are available in beachfront and beachview rooms as well as two-bedroom suites.

Sanibel Health Club offers personal training, nutritional consulting, senior workout programs, spin bikes, yoga and pilates classes and massage therapy.

The club is at 975 Rabbit Road, unit 1A. For more information about the health club or the Beach Retreats, phone 395-BODY (2639) or e-mail info@sanibelfitnessinc.com.

Sanibel Sunglass Company opened store Number One in Periwinkle Place less than two years ago. Already there is a satellite location poolside at South Seas Island Resort, Captiva. Two more stores are up and running in Myrtle Beach, South Carolina, and Birmingham, Alabama, and another – in Greenville, South Carolina – is set to open in a couple of weeks.

Owners Neil and Birgit Peck's vision is for further expansion. Neil Peck had sold a successful sunglass retail chain some years ago and later decided to get back in the business. The Pecks' business plan is "to open killer sunglass stores in the best retail environments available… primarily in the sunbelt."

Their Sanibel store, in Periwinkle Place, sells all the well-known and popular eyewear brands including Oakley, Ray-Ban, Maui Jim, Costa del Mar and Kaenon.

Gordon Tomasch, who works at the Sanibel and Captiva stores, said Sanibel Sunglass Company's aim is to offer quality glasses in all price points from $9.99 for polarized lenses for children to as much as $300 for top of the line examples and a wide range of styles under $100.

The company's motto is Live Outside and it is concerned not just with its clients' eyes but also with their skin. As a result the stores carry a good selection of men's and women's hats and a premium brand of sunblock, Tizo2, which includes a tinted, matte suncream that women love. Tizo2 is geared to people who are allergic to most sunblocks. It has significant water and sweat resistant properties.

Jenna Hoyt, left, of Sanibel Health Club, leads a Beach Retreat fitness class on Sanibel

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Optic Nerve, left, and SunCloud are among the top brands available at Sanibel Sunglass Company in Periwinkle Place

Sanibel Sunglass Company is all about outdoor protection which includes hats as well as eyewear

Local artist Charlie Brown's fish prints are featured on a line of breathable mesh and bike-type shirts at Sanibel Sunglass Company

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The Live Outside logo is also featured on the company's private collection of UV protected shirts that include fish prints by local artist Charlie Brown. Some are in lightweight, breathable mesh.

For more information about the store, call 472-3960.

LIVE ON THE ISLANDS

Holy Smoke! There's some new live entertainment on Captiva.

South Seas Island Resort's eatery, **Holy Smoke Heavenly Barbecue and Better Burgers**, will be featuring piano-playing blues entertainer Jeff Long starting this Friday, July 16 and running from 6 to 11 p.m. Tuesday through Saturday until Labor Day. The public is welcome.

The new expanded space will include a full bar, live karaoke, pool tables, video games, air hockey and seating for barbecue and drinks. It is an expansion of the existing Holy Smoke restaurant in Chadwick's Square.

Long is an interactive piano-playing, blues style entertainer from Little Rock, Arkansas. He has been a professional musician for over 45 years, and his diverse repertoire consists of thousands of songs from every genre of popular music. He boasts, "If you can say it, I can play it."

He comes to Captiva via Amy Morgan Entertainment on Sanibel.

Holy Smoke! will stay open later and there is a real pool hall with games room adjacent to the restaurant for adults and children.

The Mucky Duck on Captiva has live music Monday through Saturday as follows: Monday, Mark (The Pan Man) Duprey; Tuesday, Rich Lancaster; Wednesday Gene (The Maestro) Federico; Thursday, Dan (The Man) Confrey; Friday, Buckeye Ken; and Saturday, Gene Federico. The restaurant is at 11546 Andy Rosse Lane, phone 472-3434

The Cornbread Brothers will be playing at **'Tween Waters Inn** on Captiva Friday and Saturday. Music is from 9 p.m. to 1 a.m. Crab races are on Mondays and Thursdays with a family show at 5 p.m. and adult show at 9 p.m. Phone 472-5161.

The Island Cow has live entertainment from 6 to 9:30 p.m. nightly. The line-up: Monday, Dan Confrey; Tuesday, Jeff Key; Wednesday, Ken Wasiniak; Thursday, Diana Lynn; Friday, Greg Watts; Saturday, Diana Lynn; and Sunday, Ken Wasiniak. Phone 472-0606.

Ellington's Jazz Bar and Restaurant has live jazz seven nights a week from 7 to 11 p.m. at 1244 Periwinkle Way, Sanibel, phone 337-5299.

RC Otter's, 11506 Andy Rosse Lane, Captiva, has live music daily with dining inside and outside, phone 395-1142.

continued on page 44

Coming Soon To A Sofa Near You

The Girl With The Dragon Tattoo

by Priscilla Friedersdorf

This film, *The Girl With The Dragon Tattoo,* is based on the first book of the trilogy by Swedish author Stieg Larsson.

These books are currently at the top of all best seller lists and are the publishing sensations of the year.

The Girl With the Dragon Tattoo

Investigative journalist Mikael Blomkvist (Michael Nyqvist) is hired by a wealthy man to solve the mystery of a young woman, his niece, missing for 40 years and presumed dead. Blomkvist joins forces in his quest with a brilliant computer hacker Lisbeth Salander (Noomi Rapace); the multi-pierced and heavily tattooed girl of the title. Salander represents the new feminine ideal; a free-spirited, androgynous hellian. Her relationship with Blomkvist is warm but detached; sexual, but on her terms.

This film is an edge-of-your-seat, fast-paced thriller; your interest will never flag. It has just been released on DVD while still being shown at first run theaters. Be warned, there are a couple of horrific and brutal sex scenes but the evil perpetrator gets his comeuppance in similar acts of brutality performed by the clever, cunning 'Girl' of the title.

Sweet Grass

This documentary, subtitled *The last ride of the American Cowboy,* follows sheepherders as they trail their flocks into Montana's Beartooth Mountains. Filmed in the summer of 2003, *Sweet Grass* is a stunningly beautiful elegy to the dying practice by ranchers to graze their sheep on the lush grasses of summer mountain pastures. The cowboys travel hundreds of miles through gorgeous landscapes; green valleys, snow covered fields and the harrowing perils of narrow ridges all teeming with hungry wolves and grizzly bears.

Sweetgrass

Some of the shepherds are older and suffer the infirmities of years of this occupation but the most telling reaction to the isolation, fatigue and frustration is represented by a young shepherd. He vents his anger by shouting while on horseback a long string of obscenities directed into the cool, uncaring mountains. This X-rated diatribe may be off-putting for some viewers but it is part and parcel of the reason *Sweet Grass* may be our last chance to witness this disappearing way of life.☆

Homeless Coalition And Veterans Foundation Host Art Exhibit

The Lee County Homeless Coalition and Vietnam Veterans of America Chapter 594 invite the community, especially veterans, to attend the Doors without Homes art exhibit on Wednesday, July 28 from 5 to 7 p.m. at the Invest in America's Veterans Foundation, located at 3100 Del Prado Boulevard South in Cape Coral. The featured artist is JR Roberts, a Vietnam veteran. The idea of the exhibit is to publicize the tragedy of homeless among our nation's veterans. All funds raised will benefit homeless veterans.

For more details about the art exhibit or to learn more about America's Veterans Foundation, call 541-8704.☆

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LaBron James Joins Art Modell On Sports Hate List In Cleveland

by Ed Frank

On November 6, 1995, Art Modell, owner of the Cleveland Browns, announced he was moving his football team to Baltimore, setting off an outrage in Cleveland that reverberates still today.

Modell was labeled "the most hated man in Cleveland," a dubious title that he may finally relinquish to LeBron James.

Now a villain in Cleveland, but a new hero in Miami, James' decision last week to depart his hometown for South Beach ranks right up there with other sports moves that are historic.

The debate whether Modell or James is the most hated in Cleveland will linger for years just as so many other controversial departures remain bitter to many even decades after the moves took place.

There are those who tell you they stopped watching baseball when the Brooklyn Dodgers and the New York Giants moved to California half a century ago. That's a long time not watching baseball.

And what about the 1984 midnight ride of Bob Irsay when he secretly moved his Baltimore Colts to Indianapolis in the dead of night? Although Baltimore later got Modell's Cleveland franchise, many to this day argue and complain about Irsay's antics.

"It's one thing he stole our team, it's another that he also stole our name," is a quote heard so often from Baltimore faithful.

Modell never returned to Cleveland after he made the move even though Cleveland was awarded an NFL expansion team and a new stadium three years later.

"I still love Cleveland. Nobody could ever take that love away from me," the 85-year-old Modell said shortly after LaBron disclosed on his television spectacular that he was ditching the Cavaliers for the Miami Heat.

No question that LaBron teaming with Chris Bosh and Dwayne Wade will make the Heat the team to beat in the NBA Eastern Division. But you also can understand the pain in rust-belt Cleveland, a city that has waited longer than any other with three major sports franchises to win a title.

The last time a Cleveland professional team won a title was 1964 when the Cleveland Browns won the NFL championship pre-Super Bowl.

James' former Cavaliers have never won an NBA title and it has been 62 years since the Cleveland Indians won the World Series.

Although Modell has never returned to Cleveland, James will come back twice next season when the Heat faces the Cavaliers.

You can bet he'll have plenty of security around him.

Want a Chance to Play in Next Year's Ace Group Classic Pro-Am?

Octagon Golf, the corporation that runs the annual Ace Group Classic golf tournament each February, recently announced a new series of golf tournaments in our area with one lucky participant winning a playing spot in the official Pro-Am.

Called the Seminole Casino Golf Series, the tournaments are open to all amateur golfers and will take place over six consecutive months at various golf courses in Southwest Florida. The dates are July 24 through December 4.

The Seminole Casino and Lumpy's Golf are co-sponsors.

For each tournament attended, golfers will receive an entry into a year-end drawing for a playing spot in next February's Pro-Am and a $2,500 shopping spree at Lumpy's or a $2,500 Seminole Casino package.

Further information on the golf series is available at www.theacegroupclassic.com/golf-series.

Miracle Begin Eight-Game Home Stand Sunday

The Fort Myers Miracle baseball team returns home to Hammond Stadium Sunday to begin an eight-game home stand against Lakeland and Brevard County.

The Miracle began the week with a second-half season record of 6-10, 4-1/2 games behind first-place St. Lucie in the Florida State League South Division. The first pitch Sunday is 4:05 p.m.

Former Miracle Alex Casilla, an infielder for the Minnesota Twins, played with his former club earlier this week in a rehab assignment. Casilla hit .331 in 78 games with the Miracle in 2006.☆

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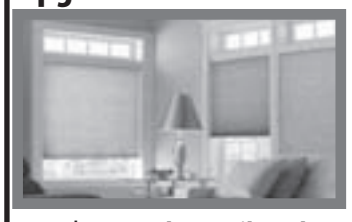

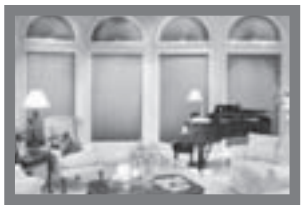

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PGA Tips

Hybrids Or Rescue Clubs

by Matt Oakley, PGA Golf Professional

Technology has changed the game forever. Long irons are a thing of the past. Even the PGA Tour players are now playing hybrids and have retired the longer irons.

A hybrid or "rescue club" is a combination of a long iron and a fairway wood. It looks a lot like the old driving irons.

Here are a few tips on how to hit these clubs and make longer shots as easy as a wedge shot:

1. Place the ball in the front of the stance like your driver or fairway woods. The ball should be placed in the stance inside of the left heel.

2. Place the weight evenly in your stance at address. Not too much weight on the left or right side of the body but right in the middle. Be comfortable at address.

3. Use a sweeping strike to hit the ball. Make practice swings feeling the club brush the grass at your left heel, but not making a big divot. Where I see the biggest trouble with these shots by amateurs is that they tend to not hit any ground at all and hit a bladed, low, short shot. If you brush the ground a little the ball will go higher and further.

4. Swing through to a nice finish after the strike. Keep your swing moving through to a full finish; don't quit after you hit it.☆

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SPORTS QUIZ

1. When Chicago White Sox pitcher Mark Buehrle set a record in 2009 for retiring 45 consecutive batters, whose mark did he break?
2. Twice Bob Lemon took over as manager of the New York Yankees during a season and led the club to a World Series. Whom did he replace?
3. How many consecutive bowl games has the University of Utah won entering the 2010 college football season?
4. When was the last time the same two teams met in the NBA Finals two consecutive years?
5. How many times have the Atlanta Thrashers made the NHL playoffs in their 10-year existence?
6. Who was the last NASCAR driver before Denny Hamlin in 2010 to sweep the weekend races at Darlington Raceway?
7. Before the 2010 Serbia Open, when was the last time two American male tennis players met in an ATP clay-court final in Europe?

ANSWERS

1. San Francisco's Jim Barr (1972) and the Chicago White Sox's Bobby Jenks (2007) each retired 41 consecutive batters. 2. Billy Martin in 1978 and Gene Michael in 1981. 3. Nine consecutive bowls. 4. Chicago faced Utah two consecutive years (1997 and '98) 5. Once – the 2006-07 season. 6. Mark Martin, in 1993. 7. It was the 1991 French Open (Jim Courier vs. Andre Agassi).

Center 4 Life Programs

Summer fitness classes at the City of Sanibel Center 4 Life include HAPPY Hour Fitness and Essential Total Fitness with Sandi McDougall on Monday, Wednesday and Friday at 9 a.m.

Gentle Yoga with Chris Brown is at 11 a.m. Monday and Wednesday.Class exercises make use of chairs and mats to meet the needs of varying experience levels. Bring a towel.

Bridge for Fun is at 12:30 p.m. Monday and Wednesday.

Mah Johngg is at 12:30 p.m. Thursday.

Prizes for both games are awarded and materials and supplies are included. Cost is $2.50 for members, $5 for non-members.

Kayaking is on July 27. There is space for 16 people on eight two-person kayaks and unlimited space for those who own their own kayaks. Meet at the center. The center supplies the kayaks, paddles and life jackets (which all participants must wear). Also, it is useful to bring water, a small snack, change of clothing (in case you get wet), sun and bug lotion, sunglasses and a hat.

Fees are $5 for members and $10 for non-members. Sign up and pay at the center.

Cinema Therapy is back at 1:30 p.m. every Friday. This is an adult time-out to escape with free popcorn, a movie and laughter. Only comedies and musicals are shown. Stop by the center to pick up the schedule.

Leisure Lunchers – Thrift and Consignment Shoppers, explore new restaurants and shops. Carpooling is encouraged. Sign up at the center and view the menu. You must pre-register.

The next trip is on Tuesday, July 20. Leave the center at 10:30 a.m. to dine at Food & Thought Restaurant & Market, 2132 Tamiami Trail N., Naples. The restaurant is not all vegetarian but offers vegetarian options as well as a juice, smoothie and coffee bar. There is outdoor seating.

Shopping will follow at Options Thrift Shoppe, 968 Second Avenue N., where 100 percent of the proceeds support life-transforming programs and services in Naples, Immokalee and Bonita Springs. Options offers high-quality, new and gently-used furniture, rugs, linens, household items and small appliances; accessories and clothing for men and women, including a designer boutique.☆

Water Safety Instructor Course

An American Red Cross Water Safety Instructor Course will take place at the Sanibel Recreation Center on Sunday, August 1, 8 and 15 from 8 a.m. to 5 p.m.

The course provides instructor candidates the training needed to teach courses in the American Red Cross Swimming and Water Safety Program by developing their understanding of how to use the course materials, how to conduct training sessions and how to evaluate participants' progress.

Prerequisites: must be at least 16 years old and able to swim 25 yards of freestyle, backstroke, breaststroke, elementary backstroke, sidestroke and 15 yards of butterfly; tread water for one minute and back float for one minute.

Participants must attend all sessions. The cost for the course is $180 for members and $225 for non-members and includes all course materials.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information call 472-0345 or visit www.mysanibel.com.☆

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Fun And Games At FISH Benefit Celebration

Dan Schuyler, George Schnapp, Richard Johnson, Sharon Schuyler, Karen Bell, Jeremy Kane, and Maggi Feiner

Lily & Co. Jewelers held its fourth annual Summer Celebration on Saturday, July 10, raising $967.44 in raffle money and donations for FISH (Friends in Service Here) of Sanibel and also helped fill their food pantry.

The community event included old fashioned games, lots of food and drink, visits by the Sanibel fire truck, and local celebrity dunk tank. The celebrities included Richard Johnson of Bailey's General Store; Ric Base, executive director of the chamber of commerce; Billy Kirkland of Billy's Rentals; and Dan Schuyler, co-owner of Lily & Co.

George and Wendy Schnapp served hundreds of hot dogs, Bailey's provided snow cones and popcorn, Coffee Bar @ Bailey's brought out the smoothies and iced coffee, and Billy's Rentals gave guided Segway tours.

Guests were asked to bring a donation of non-perishable food items for the FISH food pantry and two large boxes were filled. Raffle tickets were sold for a chance to win a variety of prizes.

Dan Schuyler getting dunked

FISH President Maggi Feiner said, "We are so grateful to Lily & Co. for their continued support of FISH. Everyone had a great time at the Summer Celebration and raised lots of money and food for FISH while having fun. We are also very grateful to Bailey's Coffee Bar/Bailey's Store, Billy's Rentals, Sanibel Fire and Rescue, Sanibel-Captiva Chamber of Commerce and George and Wendy Schnapp for making this a great event."

In addition to the gift baskets won from the raffle, one lucky winner won a 24-speed comfort cruiser bike, courtesy of Billy's Rentals.

"Lily and Co. was proud to be able to hold this Summer Celebration with our customers and friends, while helping FISH at the same time" said Dan Schuyler, co-owner of Lily & Co. "Karen Bell (co-owner) and I were thrilled with the event – it was a great turnout of islanders who enjoyed an old fashioned fun party at Lily & Co. We were very pleased to have been able to raise this money and food for FISH – which is an island charity doing some excellent work on Sanibel and Captiva."

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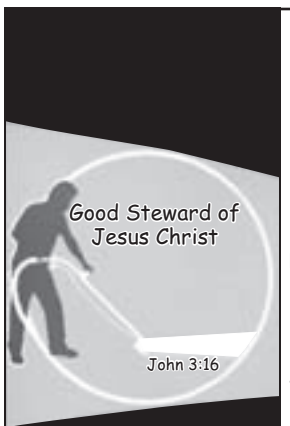

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People lined up, sometimes for several hours, on food distribution day

Shelter tents

From page 21

Rotary Happenings

club will contribute $5,000, matching gift from an unnamed Captiva resident of $5,000, this $10,000 then goes to our Rotary District #6960 and matched again to $20,000, and finally matched at our national level to a total of $40,000. This sounds a little convoluted but it works.

One of the other reasons Chet went down to Haiti after the earthquake was that while working on this water project and waiting for a resolution regarding the project, the club pledged to provide a number of beans and rice meal packages, along with building materials for St. Marc School. The container was stalled on the docks and had not been delivered before the earthquake. They needed to be released. This shipping container also contained building supplies for the construction of a second-story classroom addition at St. Marc to be built by the Sanibel Community Church and Missionary Enterprises. Wearing a couple of hats, the Rotary hat and the Sanibel Community Church Hat, Chet accomplished quite a bit while in Haiti. He met with government officials, local water departments, St. Marc Rotary Club, and a number of other business professionals while on the island.

The Sanibel-Captiva Rotary has provided $1,000 of support for Beans and Rice in Haiti for St. Marc, $3,000 for 10,000 meals for Real Hope for Haiti, 50 containers of sardines, and $1,800 for shipping container facilitation. Diseases will continue without sanitation and malnutrition will persist without reliable food supplies and clean water. The people of Haiti are important to Rotary and our club is doing a small part in improving the living conditions in this tiny island not too far from home.

The Sanibel-Captiva Rotary Club meets at 7 a.m. Friday mornings at Beachview Steakhouse.

Beach Conditions Report
Go to:
IslandSunNews.com
For up-to-date information on *all* local beaches

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Jonathan Harbour Waterfront Home

Exquisite remodeled contemporary home with outstanding water views. Home includes marble flooring, exotic hardwood flooring, granite countertops in kitchen, updated baths - beautifully done. Interior has lovely, high volume ceilings giving you an open and airy feeling with views from every room looking out at serene Connie Mac Bay. Includes private dock and magnificent redone pool and spa. A truly beautiful home. Offered for $2,000,000. **Contact Nancy Finch 239/822-7825.**

Sanibel Arms West

This 1st floor unit offers 2 bedroom, 2 bath and 2 lanai. Located just steps from the beach and overlooks the pool. Unit has been completely remodeled and cheerfully decorated. Comes fully furnished. Complex offers; on-site rentals, roof top sundeck, caged pool, BBQ grills, laundry room, tennis courts also bike and movie rentals. Offered for $459,000. **Contact Nancy Finch 239/822-7825.**

Lake Murex

Great Room home offered fully furnished-turn key. Just off West Gulf Drive this home has a fabulous rental history approx. $40,000 annually. Includes deeded beach access, Already booked for Jan-April-2011. Offered for $879,000. **Contact Deborah Belford 239/292-2675**.

Private Yachting Community Courtyard Estate

Located in the private Yachting Community of St. Charles Harbour, this 2 story courtyard estate features 4 bedroom suites, a walk-in wine cooler, game room, exercise room and private courtyard with a summer kitchen and heated pool/spa. **Priced below appraised value at $1,795,000**

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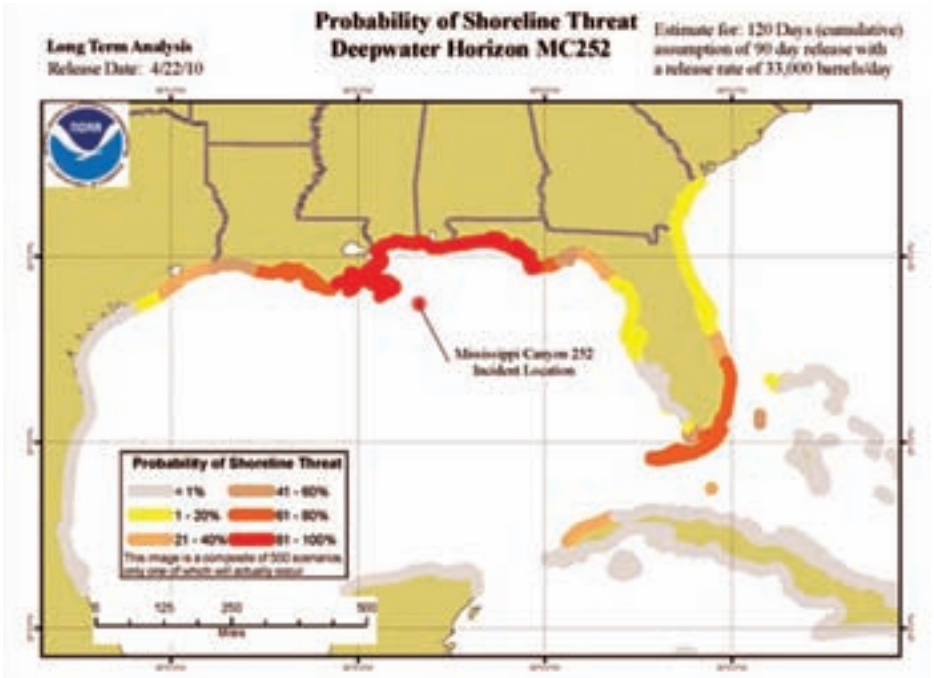
From page 1

Oil Will Not Impact County Beaches



Updated oil spill map: Miami and South Florida could get hit, but less than one percent chance it will hit Southwest Florida

A northern gannett paddles along in the clear gulf water

Unfortunately, other much more distant areas of Florida, including the Florida Panhandle, have already seen beaches littered with tar balls. The agency predicts a low probability of "oiling," for these areas.☆

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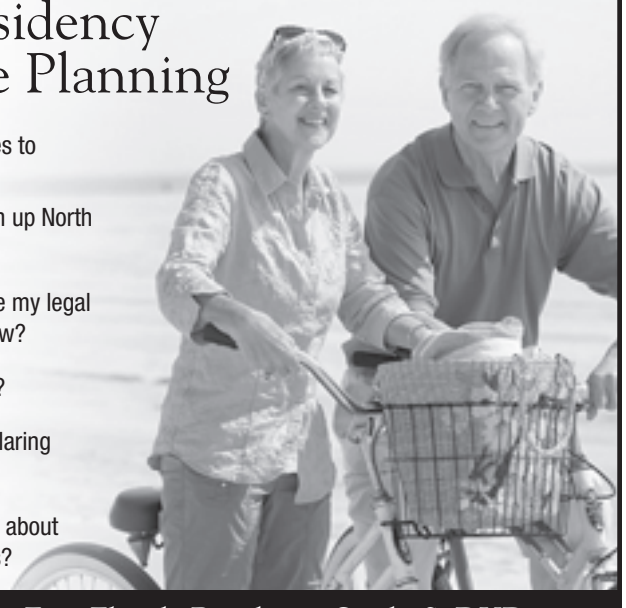

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From page 1

Oil Free Sanibel

Wildlife officials release some of the 11 northern gannets into the Gulf of Mexico off Sanibel

Because Sanibel Island lies well outside the area that will likely be affected by oil-spill impact (experts predict a one percent likelihood of impact) and is similar in environment to the birds' homelands along the Louisiana, Alabama, and Mississippi coast, and within the species' home range, it made an ideal release spot.

The birds had been rescued and treated by various agencies in the Gulf Coast states. They were in rehabilitation for 10 to 14 days, according to Dr. Powers.

Pelicans have among the best recovery rates among birds impacted by oil, she added. On Sanibel, the pelicans were released at water's edge following the release of the gannets directly into the water.

A crowd of media, refuge staff, and beach-goers gathered to applaud their flawless release.

Rehabilitation center staff banded the birds' legs with alpha-numeric red bands, as well as traditional aluminum bands. The red bands allow birdwatchers to more easily identify the birds and the public is requested to help in reporting any sightings to the refuge or at 800-327-BAND.

"We've only released immature birds up to this point, and they often return to near the vicinity they came from," said Dr. Powers. "We don't know what the adults will do."☆

Top Agents In Real Estate

Jennifer Berry

Deb Smith

LeAne Suarez

Cindy Sitton

Gulf to Bay Sotheby's International Realty has announced its top listing agent for the month of May was Jennifer Berry; top sales person in May was Deb Smith.

Top listing agent for June was LeAne Taylor Suarez and top sales honors went to Cindy Sitton.☆

From page 7

Architects Hired

Besides the obvious physical needs of the building due to age and layout, bringing the house up to the today's needs in terms of functionality is paramount. The old Florida style of the historic north room will be the theme of the remodel, coupled with providing ease of use in an up-to date setting.

The money raised from Dancing with the Islands' Stars was earmarked for this project. "We promised the community that 'Dancing' would provide the funding for hiring an architect and making this a summer of planning," said Marge Meek, vice president and Event Chair. "We are underway through the hiring of Ron and his group and it is just the beginning. As the master plan is being developed, we ask the community for its input and support. It is your Community House and there is a much work to be done and money to be raised. Come join us!"

For more information or to become part of the new Community House, call -472-2155 and volunteer your skills and passion for this exciting project.☆

Top Sales Producers

South Seas Sanibel & Captiva Properties announces its sales leaders for the second quarter. They are:

Whole ownership real estate sales for April: Joni Stokes

Whole ownership real estate sales for May: Mary Ann Cowart

Whole ownership real estate sales for June: Marty Stokes

Whole ownership real estate sales for the second quarter: Mary Ann Cowart

Interval ownership sales for April and June: Rebecca Tracey

Interval ownership sales for May: Donna Horne

Interval ownership sales for the second quarter: Rebecca Tracey.☆

Joni Stokes

Mary Ann Cowart

Marty Stokes

Rebecca Tracey

Donna Horne

Top Ten Books On The Island

1. *Sand in my Eyes* by Christine Lemmon
2. *Mudbound* by Hillary Jordan
3. *Living Sanibel* by Charles Sobczak
4. *Cutting for Stone* by Abraham Verghese
5. *Shanghai Girls* by Lisa See
6. *Six Mornings on Sanibel* by Charles Sobczak
7. *Sanybel Light* by Charles LeBuff
8. *Heat Islands* by Randy Wayne White
9. *Sanibel Flats* by Randy Wayne White
10. *Low Country Summer* by Dorothea Benton Frank

Courtesy of Sanibel Island Bookshop.☆

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Marketing Workshops For Not-For Profits

Susan Bennett

Deborah Shane

Veteran marketers Susan Bennett of Susan Bennett Marketing & Media and Deborah Shane of Train With Shane are teaming up to help area not-for-profit organizations learn more about social media and how to integrate it with traditional marketing.

Bennett and Shane will conduct two four-hour workshops on the topic July 24 and August 7 from 10 a.m. to 2 p.m. at The Enterprise Center, 3903 Martin Luther King, Jr., Boulevard in Fort Myers.

"Deborah and I jointly presented a social media workshop for child care center directors recently and several of the participants asked for more training than we could deliver in the initial two-hour session," Bennett said. "We'll show them how to partner traditional marketing with social media and give them hands-on experience in how to set up a Facebook page."

Shane said different content will be shared at each of the two workshops, although attendance at both is not a requirement.

"In the first workshop, we'll talk about easy-to-do traditional marketing ideas and show how those can be used in an email marketing strategy. The second session will be all about social media, including Twitter and Facebook strategy," Shane said.

Cost to attend both workshops is $60, including a light lunch and conference materials. Single workshop attendance also is available for $40, including a light lunch and conference materials.

A limited number of partial scholarships are offered by the Southwest Florida Community Foundation to 501(c)3 organizations. For more information or to register for the workshops, visit www.Trainwithshane.com or call 985-9844.

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Part I

Power Colors

by Cindy Malszycki

How can something as simple as color make such a strong statement about you? We may never know the answer to that question because it's a factor of human emotion, a subject that has been under scrutiny since the dawn of time. However, we do know that certain colors have definite positive and negative impacts, and we should use them to our benefit in our interior decorating.

Think of the colors in your home as a complement to your own coloring and personality. The latest, trendy colors are great, but unless you really love them, beware, because you will be living with them long after their fashionable day is done.

The Psychology of Color

The following analysis is a fun way to look at color. Here is just a sampling of basic colors to give you an idea of color impact.

Blue seems to have a calming effect, symbolizing still waters and clear skies. Interestingly, those who like blue tend to display good judgment and strong executive ability.

Green expresses constant self-awareness and environmental consciousness. If you love green, you may be someone who is persistent in the face of opposition.

Red is results-oriented, a vital force. This color represents excitement and charisma, and it speeds up the pulse!

Yellow manifests spontaneity. Fans of this sunny shade like action and have a positive outlook on life.

Violet tends to appeal to people who place high value on intuitive and sensitive understanding. Those who enjoy violet are usually artistic and sometimes mystical.

Isn't it interesting how color makes such a statement without saying a word? It's almost mysterious how it works, and yet so much fun! Before choosing your favorite color, charging ahead with an expensive room makeover, share your preferences with the family and with an interior decorating professional. Your outcome should be a pleasing combination of colors that you and your family can enjoy for many years to come.

In our next article, we will discuss the newest color trends for the coming year, as determined by the Color Marketing Group, a national organization that forecasts colors for industries as diverse as fashion, autos, home décor, appliances and textiles.

Cindy Malszycki is an interior decorator on Sanibel. She can be reached at cindy@decden.net.

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Will Power

Anti-Lapse Statute Excludes Granddaughters From Estate

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

For those of you who believe that you can write a will just effectively as an attorney and save a lot of money I bring to you the latest case from California that points out how important it is to know all of the law surrounding estates and trusts. Not using an attorney well versed in estate law could lead to – and often does – unintended consequence. Allow me to present to you a case out of California. You be judge if the law worked correctly or if this would have been an unintended consequence of a contingency not thought of at the time the will was created:

In re: Estate of Nellie G. Tolman the deceased left a will that bequeathed a $10,000 gift to each of her granddaughters – Deborah and Laurie – with all of the rest of her estate to her daughter, Betty Joe Miller. The value of Nellie's estate was roughly $1 million. Deborah and Laurie were the daughters of Nellie's deceased son, Lloyd. Each of the bequests to Deborah and Laurie stated that the gift would "lapse" if they failed to survive Nellie.

So Nellie's will basically left $20,000 to her granddaughters who were from her son's side, with everything else to Betty Joe, Nellie's daughter.

Unfortunately, Betty Joe also predeceased her mother. Nellie's will did not say what would happen to Betty Joe's share in the event that Betty Joe predeceased. In other words, the gift of everything else (the bulk of Nellie's estate) did not say that the gift lapses in the event Betty Joe predeceased her.

Interestingly, Nellie's will did provide the following: "Except as otherwise specifically provided for herein, I have intentionally omitted to provide herein for any of my heirs who are living at the time of my demise, and to any person who shall successfully claim to be an heir of mine, other than those specifically named herein, I hereby bequeath the sum of ONE DOLLAR ($1.00)."

Since Betty Joe predeceased Nellie, the court had to determine who was entitled to Betty Joe's share. Betty Joe had a son, Michael, who was Nellie's grandson. Betty Joe also had a daughter who predeceased her with three children of her own.

The granddaughters alleged that the language in the will should be read to mean that everything that would have gone to their aunt, Betty Joe, should instead go to them, and not to Betty Joe's descendants (Michael and the three grandchildren of Betty Joe). They read the language to mean that Betty Joe wanted to specifically disinherit Michael and Betty Joe's three grandchildren.

The California appellant court said "not so fast – Deborah and Laurie!" California (like most states) has something known as an "anti-lapse" statute. That statute provides that unless a contrary intention appears in the will, an heir at law's descendants will step into the shoes of the heir at law as if she survived, taking her place.

What this means in this case is that Betty Joe's share is not split amongst her nieces and her child and grandchildren. Instead, Betty Joe's share is treated as going to her lineal descendants – in other words half goes to Michael (her son) and the other half to her deceased daughter's children – her three grandchildren. Deborah and Laurie share nothing of Betty Joe's share.

If Nellie had wanted Betty Joe's share split amongst all of her descendants (including Deborah and Laurie), she would have to specifically say in her will that Betty Joe's share would "lapse" in the event she predeceased Nellie, and would have named where that share would otherwise go.

So the antilapse statute effectively worked to leave the amount intended to Betty Joe to instead go to Betty Joe's heirs.

Was this a fair and proper result? No one other than Nellie would know what she would have wanted. But that's what happened. And it happened because of a statute, and not necessarily what was written (or not written) in the will.

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Top Producers

Royal Shell Real Estate has announced its top producers for June.

Jim Branyon was Top Producer Sales. The Top Listing Producers were the Burns Family Team.

Jim Branyon

Burns Family Team

9247 & 9253 Belding
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1120 Olga Ave
East-end lot, seller may finance $349K

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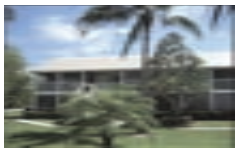
Lighthouse Point
Top-floor 2 bedrm plus den $499K

Colonnades
Top-floor 1 bedrm near beach $189K

Mariner Pointe
Roomy 2 bedrm on canal side $299K

545 Rabbit Rd
Lot close to this beach path $249K

1118 Sand Castle
Build in golf/tennis community $399K



Captains Walk
2 bedrm remodeled top-to-bottom $325K

Mariner Pointe
Top-floor 2 bedrm on bay $379.9K

Spanish Cay
Waterside 2 bedrm w/ happy decor $379.9K

Mariner Pointe
2nd floor corner bay-front $399K

Sanibel Arms West
Tiled 2 bedrm w/ income $469K

5618 Baltusrol Ct
Wooded lot on 10th fairway $269K

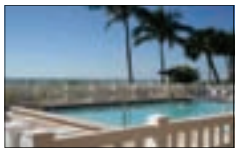
5307 Umbrella Pool
Large cul-de-sac in The Bayous $449K

Loggerhead Cay
Courtyard-to-beach view 2 bedrm $474K

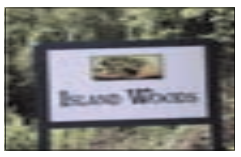
Sanibel Siesta
Rental-ready w/new kitchen $524K

Cottage Colony West
Gulf-facing resort condo $695K

Kings Crown
Corner 2 bedrm w/ gulf view $699K



Oceans Reach
Ground-floor beach-front condo $699K



1847 Farm Trail
Lot w/community pool & tennis $299K

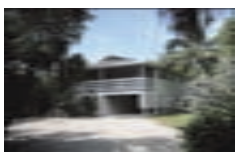
837 Limpet Dr
1/2 acre on sea-walled canal $995K

Kings Crown
2nd floor 3 bedrm w/ beach view $799K

Pointe Santo
3 bedrm looking lagoon to gulf $999K

Gulfside Place
Turn-key 2 bedrm w/ den & view $1.099M

749 Martha's Ln
Old-FL-style home next to pool $397K



659 Donax St
Charming beach home w/pool $499K

Women's Fitness Camp Still Going Strong After 30 Years

Edna St. Vincent Miliet, Sanibel 1936 by Myra Roberts

Women's Wellness Week, an annual event drawing women from around the country, returns to 'Tween Waters Inn starting Sunday, November 7, continuing its legacy of health, nutrition and creativity launched more than 30 years ago. This year's program continues the tradition of offering women a full complement of yoga, cardio conditioning, and strength- and core-building exercises combined with quality nutrition and expert information.

Director and yoga master Dympna Ferrante incorporates her personal philosophy that "wellness is not only for the body, but also for the mind, emotional heart, and spirit." Informing her participants on matters of health and fitness is Ferrante's primary goal, and expert speakers are featured at each evening's program. This year, Tanya Edwards, MD, medical director for the Center of Integrative Medicine at The Cleveland Clinic, will present Our Ever-Changing Bodies in a two-evening program.

Ferrante also notes that "many more women are embracing the art of meditation to soothe the mind, calm the heart, and reconnect the spirit." This opportunity to connect with the inner sense of self and tap into latent talents will be explored in another evening program, Seeing Through Creative Eyes, featuring two renowned local artists. Photographer Sallie Rich of Fort Myers will share her award-winning island photographs. Artist Myra Roberts of Sanibel will introduce her latest book, *Retro Images From the Florida Coast*, created in collaboration with author Brian Johnson.

After 30 years, it is clear that the Women's Wellness Week has stood the test of time, teaching women about health, friendship, and continuous renewal throughout life.

For more information contact director Dympna Ferrante at 440-543-6684 or visit www.womenswellnessweekcaptiva.com.✫

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Got A Problem? Dr. Connie Is In

by Constance Clancy

Q: I have noticed a pattern that when I have less money I become anxious and spend to get relief. The only thing is that it is a temporary fix. What can I do to stop this cycle that is only stressing me out more?

A: Some people tend to act on their compulsion and spend more out of times of stress or crisis.

Often people turn to shopping to cheer themselves up, yet as you mentioned, have a spending cycle that only stresses them more in the long run. It is important to know your limits and put yourself on a budget and stick to it. If you are charging things, leave your credit cards at home and pay only with cash or use a debit card. Make a list of wants and a list of needs. Don't deprive yourself entirely of your wants but know your limits. If you allow yourself to gain a small sense of satisfaction by purchasing something, that is okay. If you let it continue to get out of hand, I would advise that you see a therapist who specializes in compulsive behavior.

Dr. Clancy is a licensed mental health therapist, certified hypnotherapist, life coach, author and public speaker. You may email Dr. Connie at connie@drconstance.com or call 239-472-3797.✫

From page 34

Around The Islands

Keylime Bistro on Captiva features live entertainment seven days and nights each week, phone 395-4000.

Twilight Café has live music with Jeff Key from 7 p.m. to close on Fridays, along with a late evening two-for-one happy hour in the bar. John McClane plays jazz at the Wednesday Jazz and Sushi Nights. The restaurant is at 2761 West Gulf Drive, Sanibel, phone 472-8818.

Danny Morgan plays on Thursdays at **Traders Store & Café**, phone 472-7242.

The Jacaranda has entertainment nightly from 8 p.m. to midnight, phone 472-1771.

Danny Morgan and Friends play at **Casa Ybel Resort** pool bar on Sundays from 1 to 4 p.m., phone 472-3145.

Sunshine Seafood Cafe at 8750 Gladiolus Drive, Fort Myers, has live entertainment on Friday and Saturday nights featuring jazz and relaxing dining entertainment, phone 489-2233.

Restaurant owners/managers, please e-mail or fax your entertainment schedule to Anne Mitchell at islandsuncity@aol.com or 395-2299.✫

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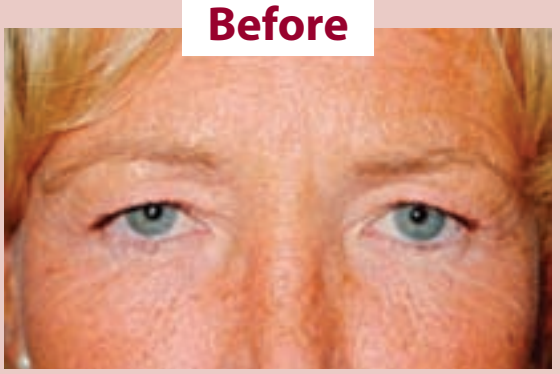
- ☐ Do you have to raise your eyebrows to see more clearly?
- ☐ Have you hit your head on a cabinet door while open?
- ☐ Is it difficult to see beside you without turning your head left or right?
- ☐ Do your eyelids close while you are reading?
- ☐ When you play tennis, do you have trouble serving?
- ☐ Do your eyelids feel heavy?

Natasha Larson, COA

If you answered "yes" to one or more of these questions, you qualify for a **FREE**, no obligation eyelid screening performed by Natasha Larson, COA.

Screening candidates receive a $50 gift certificate to your choice of one of five Prawnbroker Restaurant Group establishments in Ft. Myers and Sanibel.

Before



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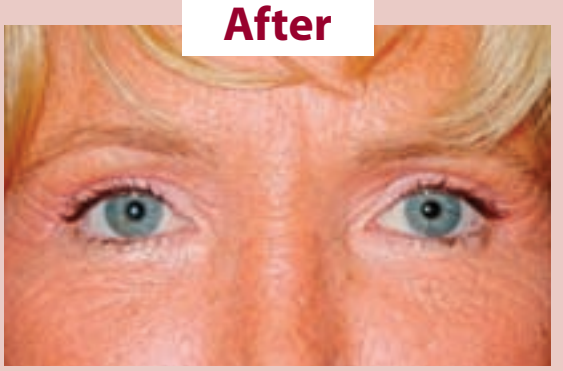

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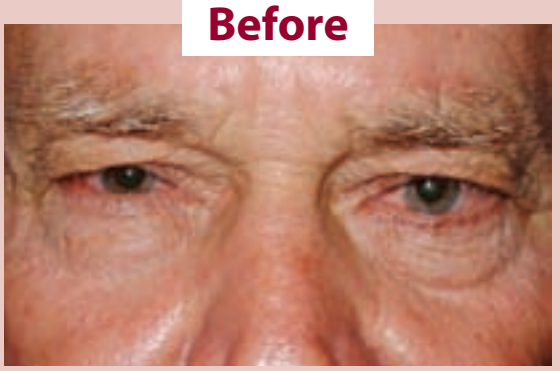

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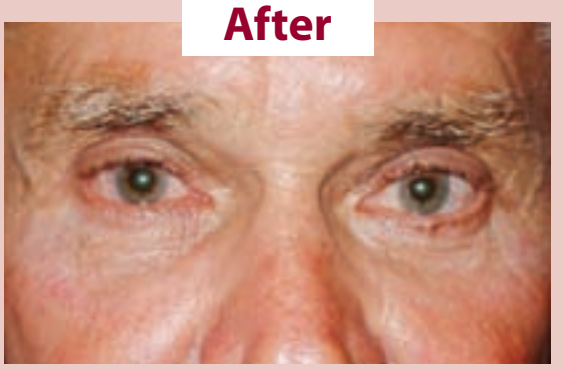

Mom And Me

by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

After my mother-in-law was widowed she seemed to go downhill physically and emotionally and has never adjusted to her single status. Finally we asked her to come to our home and be with us. All was fine for about two years, then we noticed her severe forgetfulness and she became very hostile toward us. After doing our very best to help her we decided to place her in an assisted living community near us.

She has been there about eight weeks and we are having a terrible time. She phones us about 30 times a day. She has lost her toothbrush, her underwear, her glasses, her purse or somebody has stolen something, whatever. We try to reason with her but she just gets more hostile. We are exhausted and don't know what to do. Please help us understand.

Gracie

Dear Gracie,

Transition into an assisted living community can be difficult for individuals and families alike.

A few suggestions:

• Have a meeting with the staff, in particular the nurse, the activities director and the executive director of the community. The purpose of the meeting would be to discuss what you see happening and to establish a plan to help your mother-in-law.

• Ask for a mental health assessment. In home mental health assessments can be completed by a licensed clinical social worker or a mental health nurse. The assessment would determine if other mental health support is needed.

• Attend a family support group. Support groups are great for sharing communications strategies and knowledge.

• Leave your phone on answering. The assisted living staff will call you if there is a true emergency.

Pryce

Dear Gracie,

Moving to different living conditions can be extremely stressful and difficult for some people. Pryce, the specialist in dealing with problems such as you have outlined, has given you a very detailed plan. You should find it most helpful.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.

deaRPharmacist

FDA Requires Me To Tiptoe Through My Two Lips

by Suzy Cohen, RPh

Dear Pharmacist: My question is about the FDA and freedom of speech. The reason I ask is that I am reading your *Drug Muggers* book, and you make a lot of nutrient recommendations. When I called a big online store to ask a question about a supplement they sell, they wouldn't answer me because they said the FDA had threatened them with fines or jail. I find this very frightening. Further, I read that the Diamond Nut Co. was threatened by the FDA because they advertised that their walnuts were good for your heart, since they contain omega 3s. Is it legal for you to recommend Coenzyme Q10 for the drug mugging effect of statins, and just how protected is your freedom of speech?

EF, Boulder, Colorado

Dietary supplement companies cannot recommend that you buy their Coenzyme Q10 to take with statins, but I can. The FDA regulates the labeling of drugs and dietary supplements, as well as all marketing and advertising literature associated with the sale of these items. But I'm not a drug or dietary supplement manufacturer, nor do I sell these products. Therefore, what I say about drugs and dietary supplements is not labeling, nor is it literature. Even though what I write is an opinion column, I tiptoe by following specific advertising standards set forth by the Federal Trade Commission (FTC) who require labeling to be "truthful and non-misleading."

The law that governs dietary supplements says you can't make a claim (on your label or literature) that dietary supplements can diagnose, treat, cure, or prevent a disease. What I say is neither labeling or literature, it is a truthful and non-misleading statement based on my study and research. I believe that statin users should probably supplement with CoQ10 to counteract the drug-mugging effect which is well-documented in clinical studies.

A food company, like Diamond Nut Co., can only make a health claim about their product in relation to a disease state, if the FDA has previously approved that claim. The FDA did approve a claim in 2004 for walnut manufacturers who are allowed to say, "Supportive but not conclusive research shows that eating 1.5 ounces per day of walnuts, as part of a low saturated fat and low cholesterol diet and not resulting in increased caloric intake, may reduce the risk of coronary heart disease." The claim can't sway an eensy bit from what the FDA approves, so maybe Diamond Nut Co. said it the wrong way. Regardless, walnuts are a

continued on page 47

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From page 46

deaRPharmacist

rich source of omega 3s! I always include language (what my attorney calls a disclaimer) to make sure people know that my advice is my opinion. It's what I truly believe based on clinical studies, personal research and 22 years as a pharmacist. In a nutshell, what I say is not medical advice – that's something you should always get from your personal health care practitioner.

DID YOU KNOW

Niacin is known for its ability to improve cholesterol ratios.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and *is a registered pharmacist. To contact her, visit www.dearpharmacist.com.*☆

Eden Plans For Autism School In Fort Myers

Eden Autism Services Florida, the Naples-based division of New Jersey non-profit Eden Autism Services, is planning a school for children with autism in Fort Myers. It currently operates a school in Naples, and adult programs with facilities and group homes in Naples, Fort Myers and Cape Coral.

Susan Suarez, Eden Florida's executive director, said the decision to open the new school was made to serve Fort Myers families closer to home.

"We currently have students from Fort Myers attending our school in Naples and we've been receiving more inquiries from parents in Lee County," Suarez says. "We are evaluating locations and are optimistic we will find a centrally located facility in Fort Myers to serve Lee County, and possibly families from Charlotte County."

Eden Florida's Eimerman Education Center in Naples and its Fort Myers Adult Day Training Facility at McBride Center will not be impacted by the opening of the new school. These programs will remain in their current locations.

Eden Florida would like to open the Fort Myers school in time for the 2010-11 school year. For information or to enrol, call 992-4680, ext. 201 or log onto Eden.florida@edenservices.org.☆

Free Suicide Prevention Seminar

Every week, more than 100 of our nation's youth die as a result of suicide. To provide educators, law enforcement, youth leaders and anyone who works closely with young people with the tools and resources to recognize the warning signs and identify at-risk behavior, the Lee County Injury Prevention Coalition will present a free suicide prevention training seminar on July 21 from 9:30 to 11:30 a.m. at the United Way, 7275 Concourse Dr. in Fort Myers.

Designed for those working with youth in grades seven through 12, A Promise for Tomorrow will be presented by Melissa Krone, an expert on suicide prevention from the University Behavioral Center and the Jason Foundation, a nationally recognized, not-for-profit provider of educational curriculums and training programs for students, educators, youth workers and parents. Krone will give guidance on the following topics:

- Recognizing the warning signs of depression or suicide risk
- Identifying at-risk behavior and elevated risk groups
- Finding resources to help a depressed or suicidal student

"This seminar focuses on the relationships and interactions that exist between adult leaders and youth and how to recognize the warning signs for depression and suicide," said Syndi Bultman, chairperson of the Lee County Injury Prevention Coalition. "Anyone who works closely with young people cannot afford to miss A Promise for Tomorrow."

If you plan to attend or would like more information, call Syndi Bultman at 336-6797 to reserve a seat. Space is limited.☆

FCAT Scores Concern District

Since the release of the 2010 Florida Comprehensive Assessment Test (FCAT) test scores, Lee County Public Schools officials have been studying the data to see how our students performed. As part of that review, staff began to uncover some anomalies when it came to learning gains, especially in the area of reading.

Staff then began to talk with other districts across Florida and discovered they identified similar irregularities when reviewing their FCAT results. On Monday, July 11, the Florida Association of District School Superintendents (FADSS) brought together superintendents from across the state via telephone conference to discuss this as it was apparent similar anomalies were being discovered statewide.

"My staff and I have been talking with districts across Florida and we all have found some scoring inconsistencies," said Dr. James Browder, superintendent of schools. "We continue to disaggregate the data to determine the level of these scoring abnormalities."

Each year when the FCAT results are released there are "normal" fluctuations in student performance. This year, however, those fluctuations appear to be beyond the normal year-to-year differences.

These irregularities could have serious consequences when it comes to the grades earned by schools. The state's school performance grading system includes student learning gains in reading and math, and these gains make up 50 percent of the total points earned on a school's grade. If these learning gains are reflected incorrectly, a school would earn the wrong grade (i.e. lower than it should be.)

While Lee County Public Schools continues to review the FCAT results, Dr. Browder, along with FADSS, is requesting that the Florida Commissioner Eric Smith review the results as well in order to positively determine what may or may not have transpired in the grading of this year's tests.☆

From page 17

Kemp's Ridley

On Day 3 staff carried her down to the salt water tank, where she put on an impressive aquatic show. "She zipped around in the tank, swimming up and down," said Dr. Amber. "We sent her home that day. Getting her back into her natural environment with the healing salt water of the gulf was the best thing we could do for her. Her tongue should heal pretty quickly."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from the Gulf Coast of Florida. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.☆

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Pets Of The Week

Adopt one pet from Lee County Animal Services and get a second pet free during July. Check out the discounts on special cats too.

Pet bio
Name: Skittles
Breed: Hound mix
Sex: Male
Age: Six months
Color: Brindle
Comments: When I was found in Lehigh Acres in May I was a very skinny little puppy. I have filled out and cleaned up very nicely. I'm happy and playful and trying my best to learn all my basic obedience skills so I can be the companion your family has been waiting for. Since it is summer and the kids are out of school, now would be a great time to make me a part of the family.

Adoption Fee: $75.

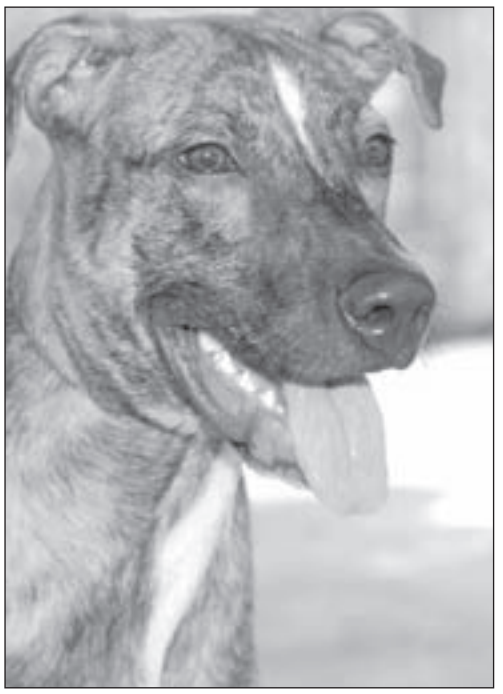
Pet bio
Name: Michellee
Breed: Domestic short hair
Sex: Female
Age: one year
Color: Shiny black
Comments: I have been waiting since April to find my new home. Everyone wants a kitten and though I'm a year old I'm just a kitten myself. I'm a little on the small side so I won't be a big cat. As for my personality you could say I'm the perfect mix of playful, spunky, snuggly and affectionate.

Adoption fee: $50 .

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of pet food.✡



Skittles ID #474784

Michellee ID #470111

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This three-month-old abandoned kitten is in need of a home. He is a friendly guy who likes to play fetch and snuggle in your arms. He has beautiful black and white tuxedo-like markings and velvety soft fur.

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The Sanibel Recreation Center is offering a four-day camp that will provide youth ages 11 to 15 with the skills every parent wants in a babysitter including safety, basic child care, safe play, critical emergency action skills, first aid and CPR skills. Camp runs August 9 to 12 from 9 a.m. to 3 p.m. The last day of camp will also include pet first aid training. Participants should pack a lunch each day. The cost of the course is only $130 for members and $162.50 for non-members and includes all materials. For more information call 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. Visit the website at www.mysanibel.com.✡

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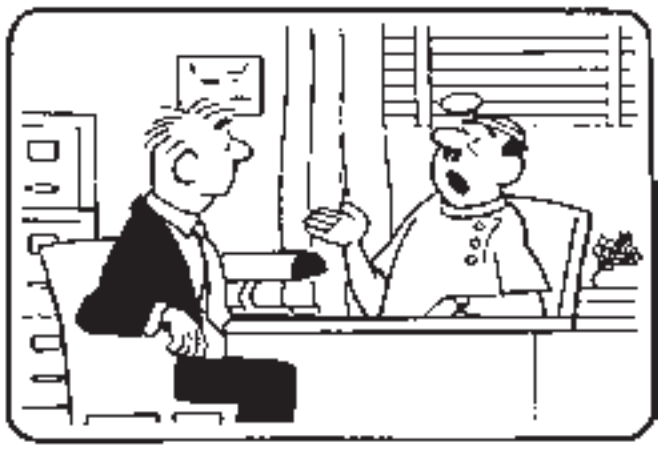
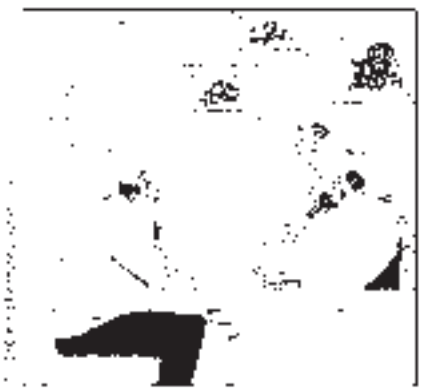
HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Sutton has been added. 2. Plant is different. 3. Diploma is missing. 4. File cabinet has tried drawer. 5. Pat Ertz's nose is smaller. 6. Drape is wider



"I thought I was my own man until I noticed that my wife's lips when I talked."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the quip.

Dishonest
VIDEOSU

Murmur
LUMMEB

Rascal
VEKAN

Banish
PROTED

TODAY'S WORD

answer on page 51

SUDOKU

	5	7		4				9
		1		5	9		7	
8			7			6		5
1	7			6		2		
	9				8	7	5	
		3	4		2			1
9			1			5	6	
	3		2		6			4
2		6		8			3	

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 51

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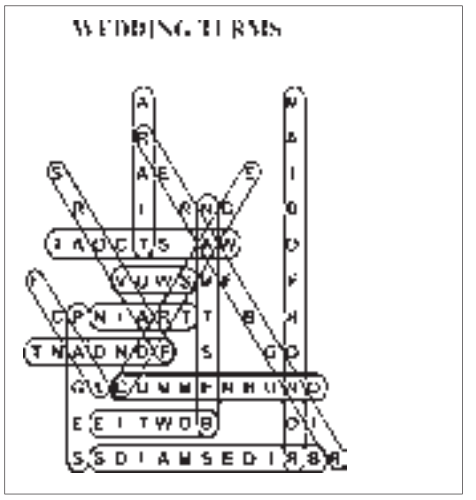

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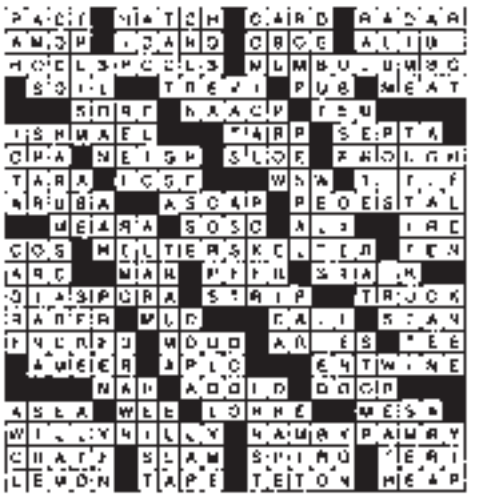

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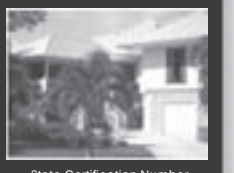

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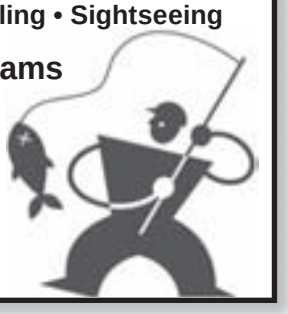

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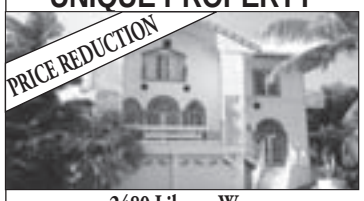

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RS 6/11 A 7/2

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SR 6/18 B 7/16

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FICTITIOUS NAME
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Dated the 16th day of July, 2010
RS 7/16 P 7/16

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RS 7/2 V 7/23

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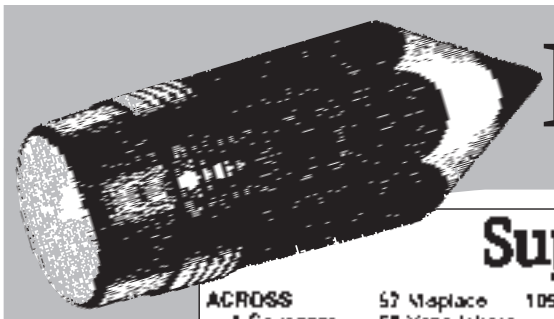
Sanibel Historical Museum & Village	**472-4648**
SCCF (Sanibel-Captiva Conservation Foundation)	**472-2329**



BEACH CHAIR PASTIME

Answers page 51

Super Crossword

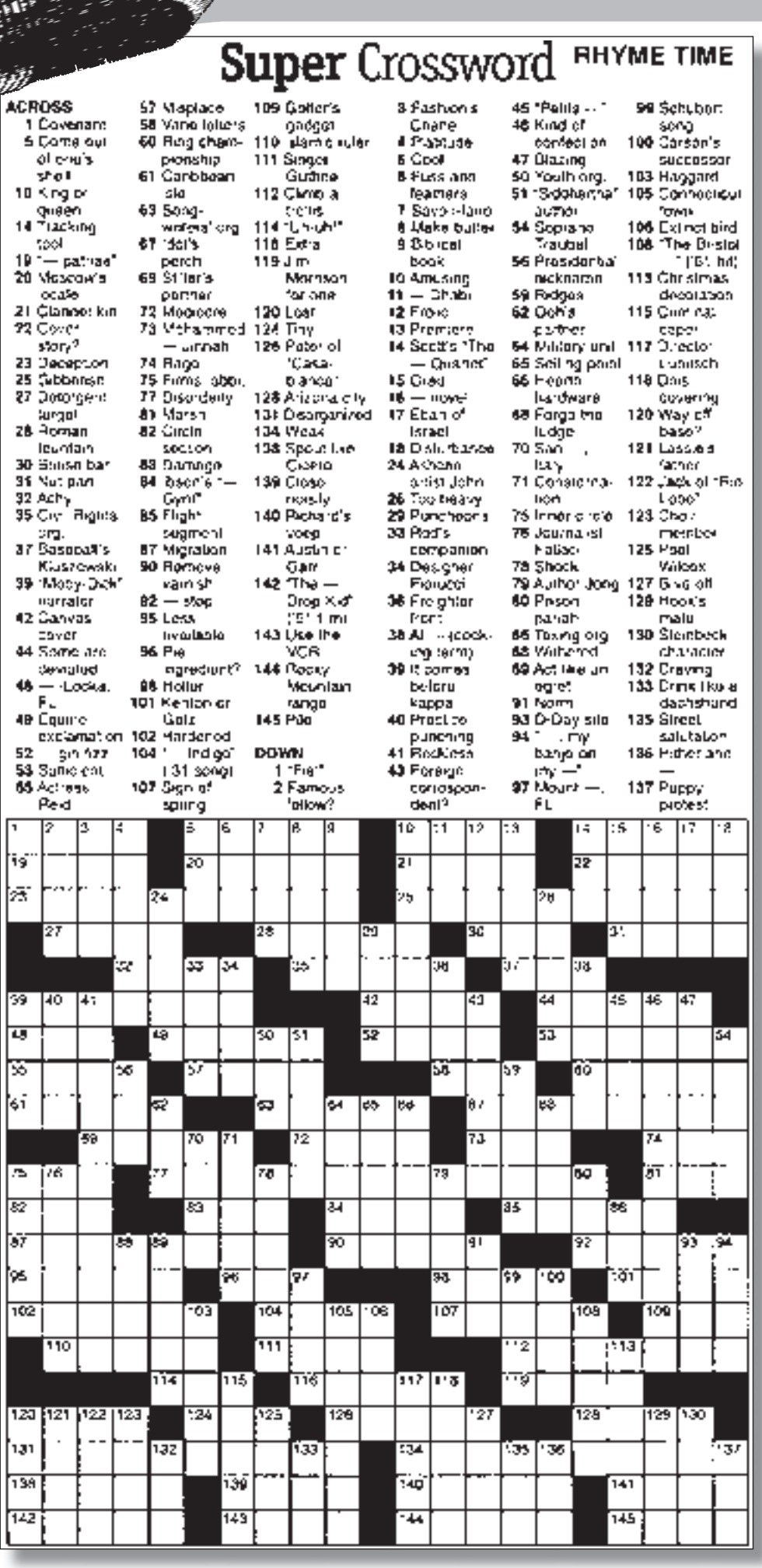
RHYME TIME

ACROSS

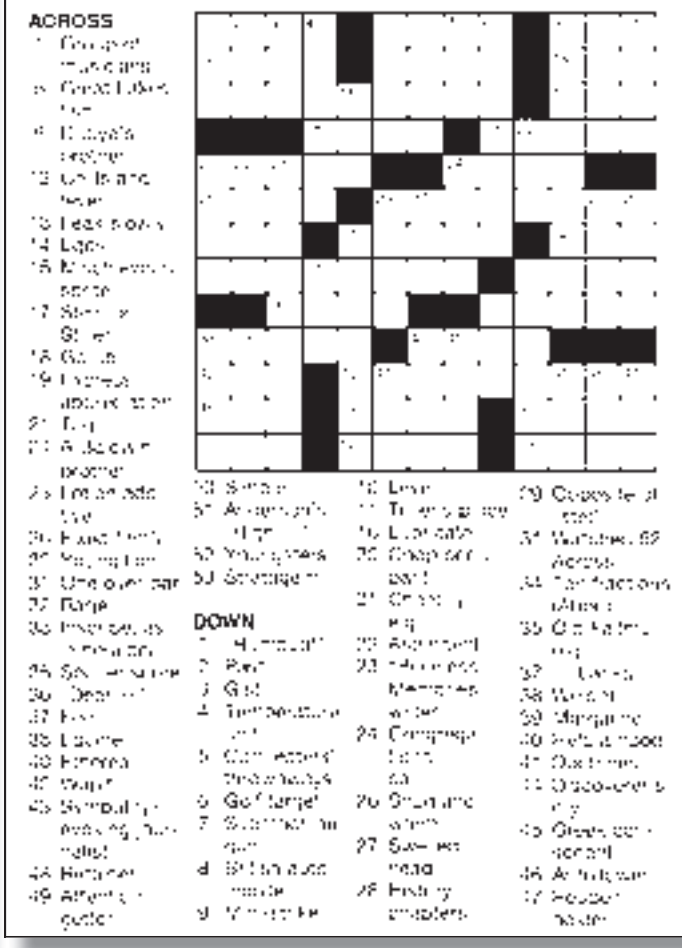
1 Covenant
5 Come out of one's shell
10 King or queen
14 Tracking tool
19 "— patrias"
20 Moscow's locale
21 Clansman's kin
22 Cover story?
23 Deception
25 Gibbonish
27 Detergent target
28 Roman fountain
30 Bistro bar
31 Nut part
32 Achy
35 Civil Rights org.
37 Baseball's Kluszewski
39 "Moby-Dick" narrator
42 Canvas cover
44 Some are elevated
46 — Lockie, FL
48 Equine exclamation
52 — gin fizz
53 Sushi cut
55 Actress Reid
57 Misplace
58 Vine lovers
60 Ring championship
61 Caribbean isle
63 Song-writers' org.
67 Idol's perch
69 Sitter's partner
72 Mediocre
73 Mohammed — Jinnah
74 Ringo
75 Firms: abbr.
77 Disorderly
81 Marsh
82 Circle section
83 Damage
84 Basie's "— Gimme"
85 Flight segment
87 Migration
90 Remove varnish
92 — stop
95 Less available
96 Pie ingredient?
98 Roller
101 Kenton or Goltz
102 Hardened
104 " Indigo" (1931 song)
107 Sign of spring
109 Golfer's gadget
110 Islamic ruler
111 Singer Guthrie
112 Climb a cliff
114 "Uh-huh"
116 Extra
119 Jim Morrison's forte
120 Loar
124 Tiny
126 Pater of "Cascabel"
128 Arizona city
131 Disorganized
134 Weak
135 Sport like Cipollini
139 Close nearly
140 Richard's song
141 Austin or Garr
142 "The — Drop Kid" (1951 film)
143 Use the VCR
144 Rocky Mountain range
145 Pile

DOWN

1 "Fie!"
2 Famous fellow?
3 Fashion's Chanel
4 Platitude
5 Cool
6 Fuss and feamers
7 Savoir-faire
8 Make butter
9 Biblical book
10 Amazing
11 — Dhabi
12 Frock
13 Premiere
14 Scott's "The — Chariot"
15 Cried
16 — rover
17 Ebam of Israel
18 Dish barbecue
24 Arcadian artist John
26 Too heavy
29 Punchboard
33 Rod's companion
34 Designer Pignotti
36 Freighter front
38 Alfred Hitchcock-ing (term)
39 It comes before kappa
40 Practice punching
41 Reckless
43 Foreign correspondent?
45 "Pelléas et —"
46 Kind of confection
47 Blazing
50 Youth org.
51 "Sidshamma" author
54 Soprano Tratbel
56 Presidential nicknamm
59 Hedges
62 Ooh's partner
64 Military unit
65 Sailing panel
66 Hearth hardware
68 Forge into Lodge
70 San , Italy
71 Consideration
75 Immaculate
76 Shock
79 Author Jong
80 Prison parish
86 Taxing org.
88 Withered
89 Act like an agriet
91 Norm
93 D-Day site
94 " my banjo on my —"
97 Mount —, FL
98 Schubert song
100 Carson's successor
103 Haggard
105 Connecticut town
106 Extinct bird
108 "The Bristol " (TV hit)
113 Christmas decoration
115 Cornrat caper
117 Director Lubitsch
118 Dais covering
120 Way off base?
121 Lassie's father
122 Jack of "Rio Lobo"
123 Choir member
125 Paul Wilcox
127 Sing off
128 Hook's mate
130 Steinbeck character
132 Craving
133 Drink like a dachshund
135 Street salutation
136 Father and —
137 Puppy protest



King Crossword



ACROSS

1 Composer Mascagni
5 Great Lakes tug
9 Dad's partner
14 Lapp
15 Mary Lincoln's sister
16 Steel city
17 Sherry or Gilbert
18 Gullible
19 Famous abolitionist
21 Dry
22 Ruckus or picnic
24 Impossible task
26 Fatal flaw
27 Nursery item
31 Time-over-par
32 Range
33 Impossible situation
34 Sandwich shop
37 Deserve
38 Lacuna
40 Kimono sash
42 Sleuth
43 Symbol of peace, love, and light
44 Bumpkin
49 Airport guide
50 Sandal
51 Lever
52 Transportation
54 Lost cause
55 Group of eight
57 Complete
61 Fuji
63 Argument
64 Mammal with a pouch
65 Compass point
70 Grandparent
71 Mr. Rogers
73 Cooperative
74 Sweetness
76 Bird's beak
77 Ms. Gabor
78 Ms. Lupino
79 Cooperative spirit
80 Wardrobe, to Horace
84 Tax deductions
85 Old Nativity
87 Lyricist
89 Marquette
90 Pretty much
91 Quicksilver
92 Ocean-going ship
93 Greek letter
94 Actor Ustinov
97 Peculiar

DOWN

1 "Hurrah!"
2 Rent
3 Gist
4 Temperature unit
5 Corn-related
6 Golf target
7 Summer in Nice
8 Bird's nest material
9 Wrestler
10 Lever
11 Transportation
12 Lost cause
35 Group of eight
36 Fuji
39 Argument
41 Mammal with a pouch
45 Compass point
46 Grandparent
47 Mr. Rogers
48 Cooperative spirit
50 Wardrobe, to Horace
53 Tax deductions
56 Old Nativity
58 Lyricist
59 Marquette
60 Pretty much
62 Quicksilver
66 Ocean-going ship
67 Greek letter
68 Actor Ustinov
69 Peculiar

MAGIC MAZE

WEDDING TERMS

D C Z X I A S Q N L O J M G E
C Z X V I R R P N I D J A B L
C S A Y W A L V I R I P I N L
K I R G E I C R N G X B D Z N
W I A R C I S I A W I U O N R
I P O M A O W S M I I I J I
G C P N I A R T I E R D I B A
I N A D N O E Y S X W G O U I
S O G L C U M M E R B U N D P
O N E E I T W O B I K J O I H
G I N S D I A M S E D I R B R

Best man
Bow tie
Bridesmaids
Corsage
Commitment
Favors
Fondant
Lace
Maid of honor
Pages
Ring bearer
Tiara
Train
Vows
Waistcoat

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Beach Side of Complex
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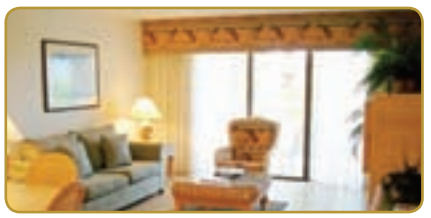

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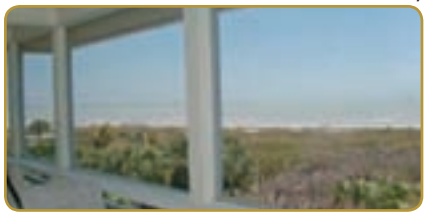

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