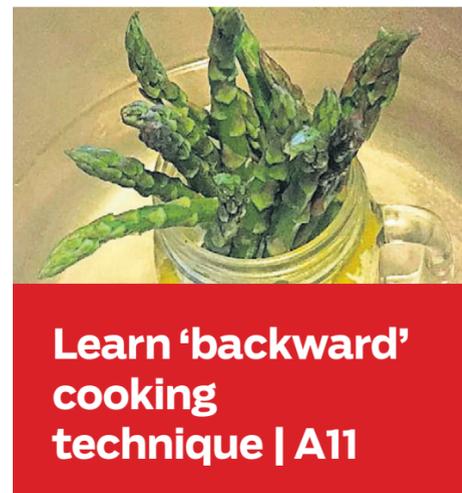


HOLMES COUNTY Times Advertiser



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Wednesday, April 18, 2018

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One-day Conference to be Simulcast in Chipley on May 4

Staff Report

CHIPLEY — Tickets are available to a one-day leadership conference.

Leadercast-Washington County will be held May 4 at Rivertown Community Church in Chipley. Tickets cost \$45, and includes materials and lunch.

In its 18th year, Leadercast, the world's largest one-day leadership conference will broadcast live from Atlanta and simulcast to hundreds of locations around the world. This year marks the fourth year that the Washington County Chamber of Commerce is hosting the event, in partnership with the Jackson and Calhoun County Chambers of Commerce.

"With a constantly impressive lineup of speakers and the on-target themes year-over-year (and at such a value), I consider Leadercast a 'can't miss' event," Kalpana

See CHIPLEY, A2

Grimsley to make campaign stop in Bonifay

Staff Report

BONIFAY - A candidate for state Commissioner of Agriculture will make a campaign stop next week.

Denise Grimsley, R-Sebring, a candidate for Florida Commissioner of Agriculture, will make a short visit to Bonifay at 2:30 p.m. Wednesday, April 25 at the Holmes County Chamber of Commerce building, located at 106 E Byrd Ave., a news release stated.

Everyone is invited to an ice cream social to meet and greet Grimsley, whose roots in Florida Agriculture go back five generations in the citrus and cattle industry.

Since 2012 she has served in the Florida Senate representing portions of several counties in the 16th district.



Grimsley

'Growing at the creek's edge'



Park Services Specialist Fred Provost submitted this photo taken at Ponce de Leon Springs State Park of a wildflower growing at the edge of the creek bed. [SPECIAL TO THE ADVERTISER]

Send your photo to be featured in the Times-Advertiser to photos@chipleypaper.com.

Park Services Specialist Fred Provost submitted this photo taken at Ponce de

Leon Springs State Park of a wildflower growing at the edge of the creek bed. The Times-Advertiser welcomes you to share photos from scenes around town. Entries may be of just about anything - and certainly not limited to nature and natural scenes. We love to see family

fun at community events, a good deed being captured, and cuteness of babies and pets or farm animals. Send your photo to photos@chipleypaper.com. Be sure to include a line or two about who is in the photo or what's happening and where.

Narcotics investigation ends with many arrests

Several suspects remain at-large

Staff Report

BONIFAY - Investigators with the Holmes County Sheriff's Office wrapped up a more than month-long investigation into illegal narcotic sales in Holmes County Tuesday, April 10, with the arrest of six subjects, a Holmes County Sheriff's Office news release stated.

Four more individuals are also being sought as a result of this investigation.

Arrested and changed in the round-up, according to the report were: Alexa Everett, sell of



Aud



Brooks



Everett



Leverett



McCallister



Putnam

methamphetamine; Derrick McCallister violation of probation; Dylan Aud possession of meth, possession of drug paraphernalia, and possession of marijuana with intent to distribute; Brianna Putnam possession of methamphetamine; Adrienne Webber, sale of methamphetamine and Craig Brooks sale of Lortab and Valium.

Still at large are, according to the report: Josh Curry, sale of methamphetamine;



Ryals



Webber



Curry



Wilson

Caleb Leverette, sale of methamphetamine; Robert Domnique Wilson, sale of methamphetamine and Jimmy Ryals sale of methamphetamine.

Anyone with any information on the individuals still at large is asked to contact the Holmes County Sheriff's Office at 850-547-3681, opt. 1.

Volume 128 Number 1
Phone: 850-547-9414
Fax: 850-638-4601

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Students head to international robotics competition



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Leadercast Washington County, Florida

CHIPLEY

From Page A1

Oommen, Vice President Talent Acquisition, Cox Enterprises & 9-year Leadercast attendee.

The theme of this year's conference is, "Lead

yourself." Top leadership experts will inspire local business and community members.

Among the leadership experts speaking this year are: Mae Jemison - NASA astronaut, engineer & physician; Ian Cron - bestselling author, psychotherapist, Enneagram teacher

and speaker; Andy Stanley - leadership author and communicator, Jim Loehr - co-founder of the Human Performance Institute, Jen Bricker - acrobat, aerialist, author & speaker, Michael Hyatt - author, speaker and CEO of Michael Hyatt & Company; and Carey Lorenz - the first female

F-14 pilot, speaker & trainer.

For more information and to purchase your ticket or group tickets to Leadercast-Washington County, search "Leadercast Washington County" at Eventbrite.com, or call the Chamber at 850-638-4157. Seating is limited.

Fire College to hold presentation

By Staff Report

BONIFAY - The State Fire Commission at the Florida State Fire College will be making a presentation to the Holmes County Board of County Commissioners on April 24 at 4 p.m.

The discussion will include what the

county's responsibilities are in fire service. There will also be discussion about ISO ratings and how insurance premiums are affected by them.

The presentation will be held in the County Commission Board room and the public is invited and encouraged to attend.

Man in serious condition after crash with semi



[SPECIAL TO TIMES-ADVERTISER]

Charges pending

Staff Report

ESTO - One man was in serious condition last Tuesday after a collision on State Road 79 with a semi-truck pulling trailer that left both vehicles engulfed in flames last night.

According to a press release from Florida Highway Patrol, at about 9:25 p.m. Tuesday, Richard Lane, 63, of Graceville, was traveling southbound in the northbound lane of

As a result of the crash, both vehicles became engulfed in fire, the release stated. Lane was transported to Doctors Memorial Hospital in serious condition. Sanchez had no injuries.

head-on collision, Gerald Sanchez, 36, of Miami, steered his semi-truck into the southbound lane; however, the action still resulted in the front of Lane's vehicle crashing into the front right of the semi. As a result of the crash, both vehicles became engulfed in fire,

the release stated. Lane was transported to Doctors Memorial Hospital in serious condition. Sanchez had no injuries.

Authorities are investigating whether Lane's part in the collision was alcohol related, the release showed. Charges are pending.

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OPINION

'Unsustainable' course for public pensions

For decades, politicians across the country have blissfully adopted an "If we ignore it, maybe it'll go away" approach to the public-sector pension crisis. But it's not going away.

The Pew Charitable Trusts this week released its latest report on the fiscal health of government pensions. The news remains grim — and continues to get worse.

"Many state retirement systems are on an unsustainable course, coming up short on their investment targets and having failed to set aside enough money to fund the pension promises made to public employees," the study concludes. "Even as contributions from taxpayers over the past decade doubled as a share of state revenue, the total still fell short of what is needed to improve the funding situation."

Among the findings for the year 2016:

- States had a cumulative deficit of \$1.4 trillion, up a whopping 27 percent from 2015. The trend has been ever upward since 2000.

- The average pension system assumes an annual return on investment of 7.5 percent, a number that allows many states to disguise funding shortfalls by projecting overly optimistic gains. The systemwide average return in 2016 was 1 percent.

- States are now taking on higher levels of investment risk in order to try to minimize shortfalls, an approach that could have major long-term consequences in the face of market volatility. • Only four states — New York, Tennessee, South Dakota and Wisconsin — had at least 90 percent of the assets needed to pay promised benefits. Florida was at 79 percent.

The crisis is directly tied to political decisions dating back decades to curry favor with government unions by increasing retirement payouts and benefits. In return, those same labor organizations donate generously to elected officials — largely Democrats — who support sweetheart pension deals.

Left staring agape at the check are the taxpayers, most of whom have no access to the type of retirement benefits they are forced to fund for government workers.

Democrats may want to rethink this dynamic. While some states and municipalities may have years until they face a day of reckoning, others are teetering at the edge of the abyss thanks to generous pension payouts. Short of bankruptcy, officials will have to make difficult decisions that could be tough to explain to voters.

"As states try to prop up their pension funds," The Associated Press reported Thursday, "it means less money is available for core government services such as education, public safety and parks." And absent reform, the possibility increases that current public employees won't see the benefits they've been promised.

The market's strong performance in 2017 might act as a tourniquet on this spurting wound. But this issue won't just "go away."

This editorial first appeared in the Las Vegas Journal Review, a sister paper with GateHouse Media.

Have something to say?

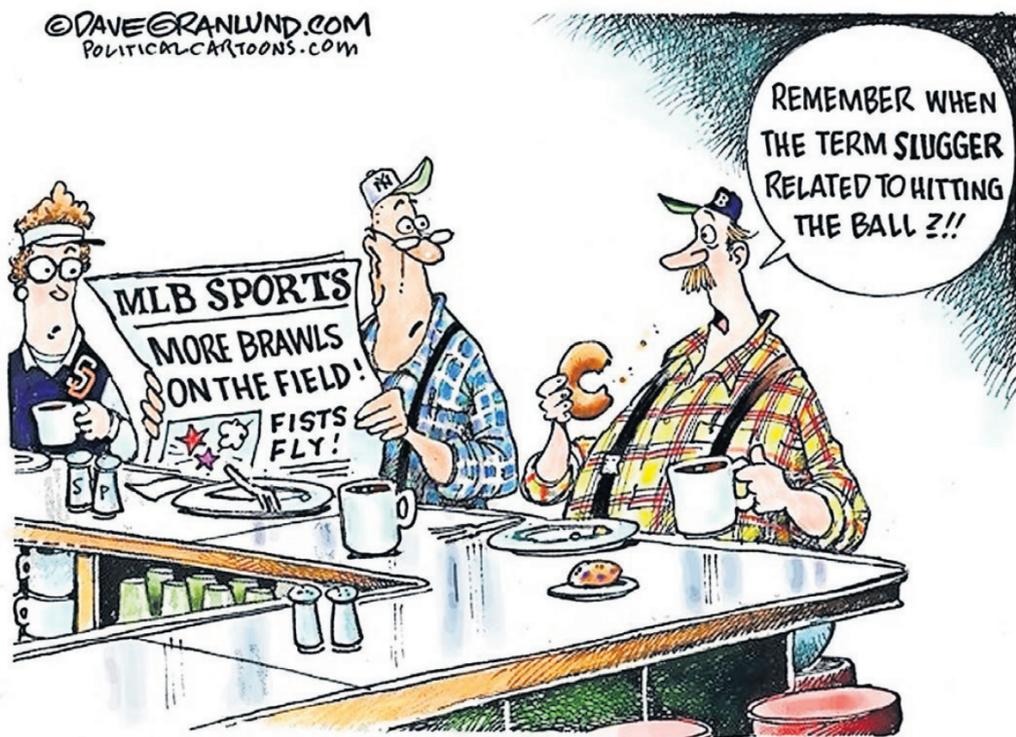
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Letters are edited only for grammar, spelling, clarity, space and consistency, but we ask that they be limited to 300 words where possible. Letter writers are asked to provide a home address and daytime telephone number (neither is printed) for verification purposes.

Letters may be sent to 1364 N. Railroad Ave., Chipley, FL 32428 or emailed to news@chipleypaper.com. Please specify if the letter should be printed in the Washington County News or Holmes County Times-Advertiser. Questions? Call 638-0212.

ANOTHER VIEW

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LETTER TO THE EDITOR

Another look at walkers on S.R. 20

This year you may have seen people, off and on, walking with large packs on State Road 20 or around the area and surrounding counties.

Don't be quick to jump to a conclusion though! These people may be long distance hikers on the Florida National Scenic Trail.

The trail crosses this county and many of the surrounding counties on its 1,300 mile journey from Big Cypress to Ft. Pickens. People from all over the country and the world travel to walk every mile — including the roads.

Hikers who attempt the entire trail are called 'thru' hikers. Their goal is to hike the entire state, and that means

passing through many different Florida communities and walking along both busy and rural roads to get from one national or state park to another.

When you see these hikers, please be kind.

They bring tourism to our otherwise unknown areas. They come from all walks of life — from right out of high school to retirees, and just want to experience Florida's scenic places.

To do so, they must come into towns to purchase food for the next section of their journey — and hopefully grab a shower and a night outside of their tent! The site (and smell) of these hikers can be off-putting at times. They can spend weeks without being close enough to a facility to

shower or do their laundry.

There is not much a long distance hiker can do in this instance. Before town many try to clean up as best they can to be as inconspicuous as possible.

Mostly you will see them in February and March, but there are still a few hiking the trail so if you run in to a thru hiker, stop to chat. Many have interesting stories to tell and are just trying to get into your local town, eat some food, and maybe clean up a bit before heading back out on their epic journey! You can get more information about the Florida Trail at www.florida-trail.org, including fun activities the local chapter in the area does, such as group hikes.

—Amanda Kincaid, Northwest Florida Panhandle

Crackdown on Facebook Would Be Good... For Facebook



Rick Jensen

From the moment Mark Zuckerberg began to read his opening statement, you knew he wasn't going to change Facebook.

Clueless politicians made it clear they didn't understand Facebook, so members of Congress were unable to drill down into details of Facebook's business model and just how much of your personal information is owned by thousands of companies.

Perplexed members of Congress suggesting Facebook change its business model to "fee-based" don't understand the advertising business and how many hundreds of millions of dollars and users they would lose.

Senator John Kennedy of Louisiana was most articulate when he told Zuckerberg his company's user agreement "sucks" and if he doesn't change it, Congress will.

Which would be good news for Facebook.

If Congress creates new laws that make it hard to compete in this industry, it will certainly make it harder and more expensive for competition to enter the arena, as Facebook already has the lawyers and

billions of dollars to compete.

Does this mean Congress should do nothing? Of course not.

The European Union has the General Data Protection Regulation (GDPR), a law that requires that users must be able to exercise certain new rights, including: 1) the right to view all data that a company holds about them, 2) the right to demand that the company restrict the usage of or delete that data.

Companies that don't comply with the EU's rules face a hefty fine — either 4 percent of an entity's annual total revenue or 20 million Euros, whichever is greater.

Zuckerberg knows this is a threat to his business, so he offered to "extend" the GDPR to the U.S. However, when questioned about the extent to which Facebook would "voluntarily" extend these protections, he was vague... very vague.

IT security expert Josh Marpet of Redlion.io puts it this way:

"Every time you have an interaction with someone or something, there is transfer. If your car hits another car, there is paint transferred from one car to the other. If your aunt hits your other aunt, there's probably some family gossip which just transferred! And if you interact with a website, an app, or a technological service of any kind, there is informational transfer."

So what about all those free apps? Whatsapp? Facebook? WeChat? Snapchat? LinkedIn? How do they make money?

You. They track where you go, who you talk to, what you click on, what you don't click on, what phone calls you make, and more. The better their demographic knowledge of you, the better to personalize ads sent to you.

They can feed you news and stories to make your blood boil, or your heart sing.

If you want to protect your data, the obvious thing to do would be to quit Facebook. But if you want to continue to see your friends and family and they're all on Facebook, here are some rules to live by if you want to protect your data:

- Don't post anything "public."
- Don't use any Facebook apps, like Mafia Wars.
- Don't log onto everything under the sun using Facebook, because then they're gathering more data about you.
- Use the Facebook privacy settings!

It's well past time to push Facebook to have a paid version, with no ads and no data gathering. That way, users can once again be Facebook's customer, not its product.

Unfortunately, Zuckerberg entered the Senate Tuesday hearing like a mouse and left Congress on Wednesday like a lion. That should concern you.

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LOCAL AND STATE

Cities, counties take aim at state gun law

News Service Florida

TALLAHASSEE - Less than two months after a 19-year-old gunman shot dead 14 students and three faculty members at a Broward County high school, city and county officials in parts of Florida are pushing back against a state firearm law they say has created a chilling effect on their ability to respond to constituents' demands.

Challenges to the 2011 "preemption" law, which bans local governments from imposing gun restrictions tougher than those in state laws, are just one of the ways local officials are fighting for stricter regulations in the wake of the Feb. 14 massacre at Marjory Stoneman Douglas High School in Parkland.

And Second Amendment proponents are firing back.

Leon County commissioners on Tuesday approved an ordinance, aimed at closing what is known as the gun-show "loophole," that imposes a three-day waiting period and background checks for the private sales of weapons.

While the 2011 law bans local gun ordinances that go beyond state statutes, a 1998 constitutional amendment allows counties --- but not cities --- to impose up to five-day waiting periods and background checks on gun sales.

Seven counties

--- Broward, Hillsborough, Miami-Dade, Palm Beach, Pinellas, Sarasota and Volusia --- already have ordinances requiring background checks and waiting periods for private gun sales. But the Second Amendment group Florida Carry has pledged to sue Leon County for including provisions that it says go beyond what the Constitution allows.

Meanwhile, three cities and a number of elected officials in Broward County this week filed a lawsuit challenging the 2011 law, arguing it hamstringing politicians in communities surrounding Parkland from being able to pass bans on detachable high-capacity magazines.

Coral Springs, Pembroke Pines, Coconut Creek and two officials from the cities allege in the lawsuit that provisions in the 2011 law violate the federal and state constitutions.

The plaintiffs believe a local ban on large-capacity magazines, used in a number of mass shootings across the country, would not violate the preemption law because the detachable devices are "optional firearm accessories."

Lawyers for the cities argued the gun restrictions "will make their local communities safer --- and might prevent or mitigate a future school shooting --- without infringing on the right to keep and bear arms or violating the Firearms

Preemption Law."

But the local officials are worried that enacting such a prohibition could make them vulnerable to hefty penalties under the preemption law. Cities face the risk of lawsuits and potential damages of up to \$100,000 and unlimited attorneys' fees in each lawsuit. Public officials face removal from office and \$5,000 fines.

The cities are asking a judge to declare the provisions "unconstitutional, unlawful and invalid" and are seeking an injunction preventing enforcement of the penalties.

"By threatening to punish local officials and their cities for quintessentially legislative acts like voting in favor of an ordinance, the state of Florida has improperly interfered with local democracy, establishing a system in which local officials' legislative decisions are necessarily restrained by concerns about individual and municipal legal and financial liability instead of the safety and well-being of their constituents and communities," lawyers for the plaintiffs argued in the 31-page complaint filed in Broward County circuit court.

Coral Springs Commissioner Dan Daley, a Marjory Stoneman Douglas High alum who wants to ban large-capacity magazines in his city and is a plaintiff in the lawsuit,

called the "heavy handed" 2011 law one of "the most egregious" in the country.

"The current law has had a chilling effect on local leaders across this state who, because of the penalties, are hard-pressed to recommend even the most reasonable of gun reform measures in their own communities. The city of Coral Springs, and municipalities across this great state, have had enough and are standing up against this draconian law," Daley said in a statement.

The lawsuit mirrors a broader challenge to the statute filed by 10 cities earlier this month in Leon County circuit court. Two cities, including Tallahassee, have since joined the suit, and Leon County also is considering joining the case.

The lawsuit contends the 2011 law, in part, violates constitutional limits on gubernatorial authority with respect to municipal officers, conflicts with the right of elected officials to legislative immunity and is "overbroad, in violation of local officials' free speech rights."

The legal challenges, and Leon County's ordinance, are part of a nationwide response to the horrific Valentine's Day shooting, which spawned demands for stricter gun measures, such as a ban on assault-style weapons.

"We expect cities and local officials in Florida

and other states will continue to push back against limits on their ability to pass common-sense gun safety laws and protect their communities," Eric Tirschwell, director of litigation at Everytown for Gun Safety Support Fund, told The News Service of Florida. Tirschwell is one of the lawyers representing the plaintiffs in the Broward County lawsuit.

But gun-rights groups maintain that the preemption law keeps Florida from having a patchwork of regulations that could put gun owners at risk as they travel in the state.

Marion Hammer, the National Rifle Association's Florida lobbyist and a former president of the national organization, pointed the finger at a series of missteps by government officials who repeatedly ignored warning signs that 19-year-old Nikolas Cruz posed a threat to the community before Cruz used a semi-automatic rifle to shoot the students and faculty members in Parkland.

"Parkland had nothing to do with preemption. Parkland had to do with government officials failing to do their job, failing to deal effectively with a person with serious mental illness who clearly was a danger to himself or others," she said in a recent telephone interview. "Allowing local governments to willy-nilly adopt gun control to pretend they're doing something to cover their own deficiencies is ludicrous."

The NRA, meanwhile, is challenging a new school-safety law passed last month in response to the Parkland massacre. The

law, among other things, raised the minimum age from 18 to 21 and imposed a three-day waiting period for the sale of rifles and other long guns, such as the weapon Cruz legally purchased and used at his former school.

The age and waiting-period requirements already apply to buying handguns, but the NRA contends that raising the age to 21 for purchasing long guns is unconstitutional.

Sen. Bill Galvano, a Bradenton Republican who was instrumental in crafting the new law and who is slated to take over as Senate president after the November elections, told the News Service he doesn't anticipate any changes to the 2011 preemption law coming from the Legislature.

"I have no indication that we're going to go back and revisit simply because the lawsuits have been filed," Galvano, a lawyer, said.

Florida's Constitution "is more specific regarding the ability to regulate or curtail the Second Amendment rights that flow from the federal Constitution," he said.

When asked what he would say to local officials who complain that the preemption law prohibits them from doing what their constituents want, Galvano pointed to the state law passed in March.

"That's why we responded in such a comprehensive manner. Great time and diligence was taken in determining where we can make reasonable changes to gun-safety regulation without opening us up for a lawsuit," he said. "It's a balance, too. You still have the NRA suing on the other side."

Thank You!

The family of Seth Smith would like to extend their heartfelt appreciation and gratitude to Holmes County 4-H (Niki Crawson, 4-Hers and families), the National Wildlife & Turkey Federation (Randy Adams and Cliff McGowan), Holmes County Extension Office (Kalyn Waters and Kayla Welch) for organizing and holding the yeti cooler raffle to raise money to help assist with Seth's medical expenses. Seth has been an active member of Holmes County 4-H for 5 years and when he was diagnosed with a brain tumor in January of

this year, his 4-H family and friends rallied to find a way to show their love and support for him.

We would also like to say "THANK YOU" to County employees/co-workers and local churches for monetary donations and for covering Seth in prayer. The outpouring of love and support has been overwhelming.

We know **GOD IS IN CONTROL** and He hears and answers our prayers! May God richly bless you all for the kindness, love and support you have given to our family during this difficult time.

ATTENTION RENTERS

The Northwest Florida Regional Housing Authority is now accepting applications for its Public Housing units in Bonifay, FL. Applications are being accepted for 1, 2, 3 and 4 bedroom apartments. For additional information, call 1-800-365-9527 ext 5302 or 5307. Equal Housing Opportunity.

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COMMUNITY

HCSO observes Child Abuse Prevention Month



[SPECIAL TO THE ADVERTISER]

Special to Times-Advertiser

BONIFAY - Blue pinwheels are twirling in front of the Holmes County Sheriff's Office this month as HCSO joins other agencies and organizations across the nation in recognizing National Child Abuse Prevention Month.

Recognized as the national symbol for child abuse prevention, the blue pinwheel represents childhood innocence and serve as a reminder that everyone can help prevent child abuse.

"While it is always

important that we all do our part to help prevent child abuse and neglect, the month of April is set aside to help raise awareness and renew efforts to promote the safe and nurturing environment every child deserves," said Holmes County Sheriff John Tate.

"Each of us has the ability to help children and families in our community."

In 2016, the latest data available, there were 29 reported cases of child abuse in Holmes County within the 5-11 age group.

That number was more

than double the previous year's total of 14 in the same age group, according to the Florida Department of Children and Families.

There are several ways to make a difference, from volunteering time, money, or talent to a local child-serving organization to simply mentoring a new parent or offering to babysit for an overburdened family.

For more information on child abuse prevention, or to learn more about what you can do to help, visit Prevent Child Abuse Florida at www.PreventChildAbuseFL.org

COMMUNITY EVENTS

If you would like your events included in this list, email information to: news@chipleypaper.com

Kid Safety Expo announces dates

CHIPLEY/ LYNN HAVEN - Kid Safety Expo will be held from 9 a.m. to 2 p.m. on the following Saturdays: Chipley Walmart, April 21 and Lynn Haven Walmart, April 28. The Kid Safety Expo will also be at: Family Farm Day at Lynn Haven Elementary School, Friday, April 13. For more information call 850-638-1858 or 850-326-9109.

Graceville Women's Club to host spring pageant

GRACEVILLE - The Graceville Women's Club will host the Graceville Spring Pageant at 5 p.m. Saturday, April 21. This pageant is open to girl's baby through teen. A parents

meeting will be held at 6 p.m. Monday, April 9 at the Graceville Civic Center. All fees and applications are due by Saturday, April 14. Practice will begin Monday, April 16. For more information contact Samantha Angerbrandt at 850-703-0996 or email at samantha.angerbrandt@gmail.com

Spanish Trail Opry

CHIPLEY - The Spanish Trail Playhouse will honor legendary country music with their Spanish Trail Opry at 7 p.m. Saturday, April 14 and at 2 p.m. Sunday, April 15. Performers from the area will participate in the show along with a country band made up of local performers. Reserved seating tickets at \$15 and are available online at www.spanishtrailplayhouse.com or at the playhouse box office located at 680 2nd Street. For more information call 850-6379113 or 850-326-3685.

Chipola presents Christopher Mrofchak in concert

MARIANNA - Chipola guitar instructor Christopher Mrofchak will present a free concert at 7 p.m. Tuesday, April 17 in the Experimental Theatre of the Center for the Arts. Mrofchak studied classical performance at Youngstown State University. He was awarded a graduate assistantship to Florida State University where he earned a Master's Degree. Mrofchak is pursuing a Doctorate of Musical Arts at Florida State University under pedagogue Bruce Holzman. Mrofchak's treatise will consider solo works of Takashi Yoshimatsu.

Chipola hosts "Artistic Expression through Conflict: The Use of Art in World War II"

MARIANNA - Chipola College and Florida State University's The Institute on World War II and the Human

Experience will host a collaborative exhibit, "Artistic Expression through Conflict: The Use of Art in World War II". The exhibit will be open weekdays through Wednesday, April 18. Hours of the exhibit are from 9 a.m. to 4 p.m. Monday through Thursday and from 9 a.m. to noon on Friday. The exhibit will temporarily close during Spring Break Monday, March 19 through Friday, March 23. For more info call 850-718-2264.

Chipola Sophomore Cabaret to perform

MARIANNA - The Chipola Sophomore Cabaret featuring music majors will be held at 6 p.m. Friday, April 20 in the Experimental Theatre. Tickets are \$5 and will include a sweet dessert and the sounds of selected Chipola voice, piano and instrumental majors as they perform their sophomore recitals. For more info call 850-718-2420.

Little Miss Bonifay Pageant to be held

BONIFAY - The Little Miss Bonifay Pageant will be held at 6:30 p.m. Saturday, April 21 in the Holmes County High School Auditorium. Admission is \$5 for school age and up.

Cotton to speak at Garden Club tea

CHIPLEY - Harvey Cotton will be the guest speaker at Chipley Garden Club's 2018 English Tea at 10:30 a.m. Saturday, April 21 in the John Wesley Building at the First United Methodist Church of Chipley.

A traditional English Tea with all the trimmings will be served at noon. Seating in limited and tickets are available by reservation only. Tickets are priced at \$15 each. For more information or to purchase tickets call Club President Debbie Mitchell at 850-638-0546.

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The Mini Page

Issue 16, 2018

Founded by Betty Debnam

Next Week:
Are you a shutterbug?

Right? or Left?



photo by Physalis

Mini Fact:

In some cultures, it's thought to be impolite to eat with the left hand.

Which hand do you like to write with? Which hand do you use to pitch a baseball or brush your teeth?

Do you choose the same hand for all your activities? Or do you use your right hand sometimes and your left hand at other times?

Most people find it easier to use their right hands. Experts don't know exact numbers, but they believe that about 90 percent of people are right-handed.

People who are equally skilled with both hands are called **ambidextrous** (am-bih-DEK-strus).

No one really knows what causes left- or right-handedness. Experts say the difference in handedness is as natural as which color eyes you have.

Lefty struggles

Because most people are right-handed, left-handers can have a hard time doing daily tasks. Many products are made for right-handed people.



Think about a school desk that has an attached seat. The arm rest is usually on the right side. Other ordinary things that must be made differently for left-handed people include:



Stringed instruments



Scissors

Today, left-handed people can usually find tools, sports equipment and musical instruments made especially for them.

Lefty advantages

On the other hand, in sports where players on different teams face each other, left-handed or left-footed athletes often have an advantage. Other players may not know how to play against someone shooting or kicking from the left.



photo by Michael Tipton

Isaiah Thomas, who now plays for the Los Angeles Lakers, is left-handed.

In baseball, left-handed batters and pitchers can have an advantage because of their position on the field and because opponents don't see as many left-handers. The same is true for left-handed tennis players and boxers, experts say.

Handy fact-a-roonies

- The wedding ring is traditionally worn on the left hand on the ring finger, the third finger from the thumb.
- When witnesses take an oath, they raise their right hand.
- Do you know which handle to turn if you want cold water? In America, the cold water knob is usually on the right. The hot water knob is on the left.



Famous lefties

• Artist and inventor **Leonardo da Vinci** was well known in his time for being left-handed.

Experts today can see the left-handed brushstrokes in his art. His left-handedness is especially well known because of his "mirror writing." When he wrote notes to himself, he wrote backward from the usual way people write. People could read it only by holding it up to a mirror so they could see it in reverse.



• We have had several left-handed presidents, including three who are still living:



photo courtesy Obama White House Archives

George H.W. Bush, Bill Clinton and Barack Obama.

• Television star and business owner **Oprah Winfrey** is also a "southpaw."



photo by Greg Hernandez

• **Albert Einstein**, the scientist who changed the world's ideas about time and space, was left-handed.

Resources



On the Web:
• bit.ly/MPlefty

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Try 'n' Find

Words that remind us of handedness are hidden in this puzzle. Some words are hidden backward, and some letters are used twice. See if you can find:



ADVANTAGE,	I N E G N E L L A H C O A T H
AMBIDEXTRIOUS,	N J N S U O R T X E D I B M A
ATHLETES, BUSH,	S S U A T H L E T E S K U N N
CHALLENGE, CLINTON,	T C B U S H A G T H G I R O D
DA VINCI, EINSTEIN,	R I L E F T L S L O O T S T E
HANDEDNESS,	U S O P R A H L A R U T A N D
INSTRUMENT, LEFT,	M S S K I L L L O B A M A I N
NATURAL, OATH, OBAMA,	E O M N I E T S N I E G V L E
OPRAH, RIGHT, SCISSORS,	N R A D V A N T A G E O X C S
SKILL, SPORTS, TOOLS.	T S D A V I N C I S T R O P S

Cook's Corner

Sesame Noodles

You'll need:

- 1 (8-ounce) package linguine
- 2 tablespoons sesame oil
- pinch of pepper

For the sauce:

- 1 tablespoon white vinegar

- 1/4 cup soy sauce
- 1 tablespoon chili oil (or a peppery oil)
- 2 tablespoons sesame oil



* You'll need an adult's help with this recipe.

What to do:

1. Cook noodles according to package directions. Drain in a colander and run cold water over cooked noodles.
2. Drain again and add 2 tablespoons sesame oil. Coat well. Refrigerate for 1 hour to chill.
3. In a separate bowl, combine ingredients for the sauce. Just before serving, pour sauce over noodles and toss to coat. Top with a dash of pepper. Keep refrigerated. Makes 4 servings.

7 Little Words for Kids

Use the letters in the boxes to make a word with the same meaning as the clue. The numbers in parentheses represent the number of letters in the solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.



1. clothes fastener with teeth (6) _____
2. prize (5) _____
3. piece of lumber (5) _____
4. go on (8) _____
5. not one person (6) _____
6. number of eggs in a carton (5) _____
7. correct (6) _____

ARD	TIN	EN	PER
PR	BO	ODY	ARD
NOB	CON	ZIP	OP
UE	ER	DOZ	AW

Answers: zipper, award, board, continue, nobody, dozen, proper.

Mini Jokes



Ralph: What is a turtle's motto?

Liam: "All's shell that ends shell!"

Eco Note



Extreme weather can be trouble for birds. Scientists have noticed that when extreme weather happens, fewer birds show up in the places they call home. Why? One idea is that the birds avoid the extreme weather by moving to a friendlier area. Scientists have just begun to use satellites to figure out what happens to birds during extreme weather. If birds are moving to other areas because of climate change, they may need our help. We may need to protect their new habitats.

adapted from climatekids.nasa.gov

For later:

Take a survey in your classroom. How many students are right-handed, and how many are left-handed?

Teachers: For standards-based activities to accompany this feature, visit: bit.ly/MPstandards. And follow The Mini Page on Facebook!



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15 CHEVROLET SILVERADO BLUE, N0311C	\$27,100	09 FORD F150 SUPERCAB 2WD, RED, P0300C1	\$11,990	15 HYUNDAI SONATA SPORT BLACK, N1269A	\$17,998
15 CHEVROLET SILVERADO GRAY, N0930B	\$27,300	17 FORD F150 SUPERCAB 17K MILES, BLUE, PA5683	\$38,990	16 HYUNDAI SONATA SPORT BLUE, P0370A	\$17,990
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NASCAR THIS WEEK

SPEED FREAKS

A few questions we had to ask ourselves

Hendrick cars were third and fifth at Bristol. A turnaround?

GODSPEAK: I'd say Hendrick's boys have gone from a slow walk to a brisk jog, with a sprint on the horizon.

KEN'S CALL: They were also 18th and 29th. So no, let's wait to suggest they're back in the fast lane.

Did Godwin Kelly really pick Chase Elliott to win at Richmond?

GODSPEAK: Poor Chase did so bad at Bristol, I think the pendulum makes a big, positive swing for Bill's boy.

FEUD OF THE WEEK

CHRIS BUESCHER VS. TREVOR BAYNE

TREVOR BAYNE: Buescher said Bayne was holding up several lapped cars trying to stay ahead of race leader Ryan Blaney. Several cars made contact, knocking Blaney out of the race. **GODWIN KELLY'S TAKE:** This really should be "Blaney vs. lapped cars," but the young driver took the high road. "Unfortunately, I hate that it did collect Blaney and everybody involved," Buescher said.

GODWIN'S PICKS FOR RICHMOND

WINNER: Chase Elliott
REST OF TOP 5: Joey Logano, Denny Hamlin, Erik Jones, Brad Keselowski
FIRST ONE OUT: William Byron
DARK HORSE: Jimmie Johnson
DON'T BE SURPRISED IF: Elliott gets his first win of the season and starts visiting Victory Lane on a regular basis.

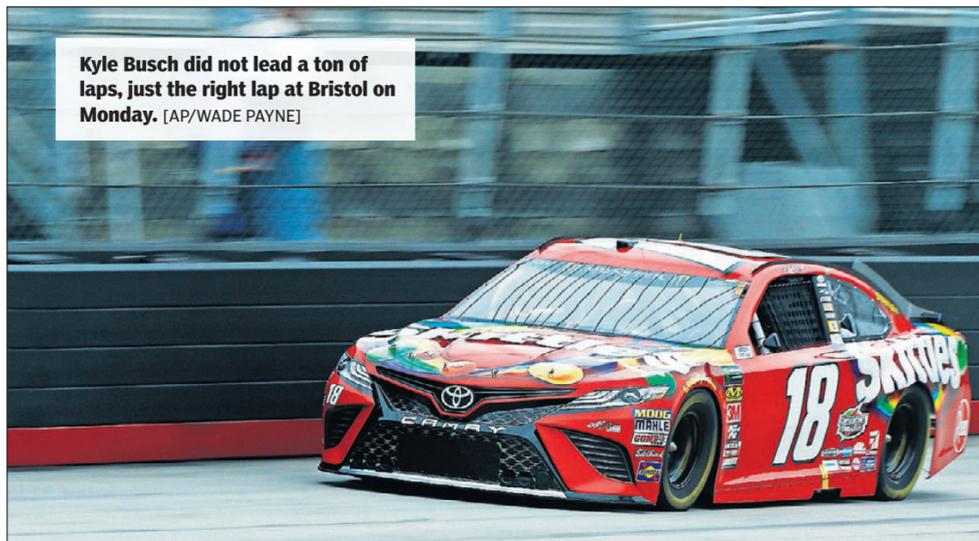
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BRISTOL

THREE THINGS WE LEARNED



Kyle Busch did not lead a ton of laps, just the right lap at Bristol on Monday. [AP/WAIDE PAYNE]

1. Kyle vs. Kyle

The battle of Kyles at Bristol was won again by Busch, with Larson a disappointing second. Larson led 200 laps, but Busch led the money lap. "I hate I didn't win," Larson said. "It's another one at Bristol. I've been beat by Kyle every time I race here. That's frustrating after a while."

2. Bayne's pain

Trevor Bayne helped create two caution periods in Day 1 of the Bristol race. Both required red flags for cleanup. One of the victims was Ryan Blaney, who had led twice for 100 laps before getting shoved into the wall on Lap 118. "Take the leader out, so that's unfortunate," Blaney said.

3. Bubba's deadbolt

They test a lot of equipment before any NASCAR race and may need to add "deadbolt lock" to the list. Bubba Wallace was trapped in his motorhome bathroom because his door lock got stuck. "I tried for three minutes to get it open and eventually went out the escape hatch," Wallace said.

THREE THINGS TO WATCH

1. Talladega days

Talladega Superspeedway will open its 2.66-mile tri-oval to folks who want to noodle around the track in their passenger cars. It won't be an all-out, pedal-to-the-metal deal. The people paying the \$50 fee will go in groups behind a Talladega pace truck. The "Drive Days" are scheduled April 24 and April 26. Participants behind the wheel must be at least 19 years old. Oh heck, what could go wrong?

2. No rest for weary

Bristol had a three-day show, which stretched out to Monday to complete the Food City 500 because of persistent rain and "wintry mix." NASCAR got the race done, despite more rain Monday, but it will make for a short turnaround for Cup Series teams. They must report to Richmond Raceway by early Friday morning and be ready to go for an 11 a.m. practice session. Richmond runs its Cup race Saturday night.



Talladega Superspeedway will open its 2.66-mile tri-oval course to the general public and passenger cars next week. What could go wrong? They may want to talk to Chase Elliott (24) and Daniel Suarez (19) before taking to the track. [AP/DALE DAVIS]

3. Richmond forecast

Weather has been a big factor in NASCAR this season. Rain threatened the race at Atlanta Motor Speedway, but the race was staged. Qualifying was canceled at Texas

Motor Speedway because of lightning. The race at Bristol Motor Speedway was red-flagged overnight for rain. On deck: Richmond, where the forecast is clear for Saturday night's race, with rain on Sunday. Fingers crossed.

QUESTIONS & ATTITUDE

Compelling questions ... and maybe a few actual answers

Restrictor plates at Charlotte?

Calm down, it's only for the All-Star Race next month. And, who knows, it might add a spark to an event that needs one. Granted, that spark might be literal, and might involve the yelp of "Trouble in Turn 3!" There's a school of thought out there that says slowing the cars a bit won't irritate the fans, since few fans are carrying stopwatches. But the slowdown needs to come with tighter competition. The plates will do that — at the cost of honest competition, but hey, can't have everything.

You have a better idea?

I like the suggestion of rotating the All-Star Race among several tracks. My first choice: Take it to Long Island and run the Figure 8 track at Islip Speedway. You think that'd help the ratings? You're welcome. That first consultation is free of charge.

CUP STANDINGS

1. Kyle Busch 365
2. Joey Logano 306
3. Kevin Harvick 290
4. Clint Bowyer 286
5. Brad Keselowski 271
6. Ryan Blaney 267
7. Martin Truex Jr. 257
8. Denny Hamlin 252

WHAT'S ON TAP

CUP SERIES: Toyota Owners 400
SITE: Richmond Raceway (.75-mile oval)
TV SCHEDULE: Friday, practice (Fox Sports 1, 11 a.m. and 12:30 p.m.), qualifying (Fox Sports 1, 5:30 p.m.). Saturday, race (Fox, coverage begins at 6 p.m.; green flag, 6:45 p.m.)
XFINITY: ToyotaCare 250
SITE: Richmond Raceway
SCHEDULE: Friday, practice (Fox Sports 1, 9:30 a.m.), qualifying (Fox Sports 1, 4 p.m.), race (Fox Sports 1, 7 p.m.)



KEN WILLIS' TOP 10 NASCAR DRIVER RANKINGS

KYLE BUSCH No argument, we assume	KEVIN HARVICK Hated being out of the late Bristol mix	JOEY LOGANO Pumping out the top-10s	MARTIN TRUEX JR. In a mini-slump	KYLE LARSON Oh so close	CLINT BOWYER Look for a good run at Richmond	RYAN BLANEY Takes a Bristol mulligan	ERIK JONES See Blaney	KURT BUSCH Busch brothers have two combined wins this year	BRAD KESELOWSKI No top-10s in April
1	2	3	4	5	6	7	8	9	10

2018 SCHEDULE AND WINNERS

Feb. 11: Clash at Daytona (Brad Keselowski)
Feb. 15: Can-Am Duel at Daytona (Ryan Blaney and Chase Elliott)

Feb. 18: Daytona 500 (Austin Dillon)
Feb. 25: Folds of Honor 500 at Atlanta (Kevin Harvick)
March 4: Kobalt 400 at Las

Vegas (Kevin Harvick)
March 11: Camping World 500(k) at Phoenix (Kevin Harvick)
March 18: Auto Club 400 at Fontana (Martin Truex)
March 26: STP 500 at Martinsville (Clint Bowyer)
April 8: O'Reilly Auto Parts 500 at Texas (Kyle Busch)
April 15: Food City 500 at Bristol (Kyle Busch)
April 21: Toyota Owners 400 at Richmond
April 29: Geico 500 at

Talladega
May 6: AAA 400 at Dover
May 12: Go Bowling 400 at Kansas
May 19: All-Star Race at Charlotte
May 27: Coca-Cola 600 at Charlotte
June 3: Pocono 400
June 10: FireKeepers Casino 400 at Michigan
June 24: Toyota/Save Mart 350 at Sonoma
July 1: Chicago 400 at Chicagoland

July 7: Coke Zero 400 at Daytona
July 14: Quaker State 400 at Kentucky
July 22: New Hampshire 301
July 29: Pennsylvania 400 at Pocono
Aug. 5: 355 at the Glen, at Watkins Glen
Aug. 12: Pure Michigan 400
Aug. 18: Night Race at Bristol
Sept. 2: Southern 500 at Darlington
Sept. 9: Brickyard 400 at

Indianapolis
Sept. 16: Las Vegas 400
Sept. 22: Federated Auto Parts 400 at Richmond
Sept. 30: Bank of America 500(k) at Charlotte road course
Oct. 7: Delaware 400 at Dover
Oct. 14: Alabama 500 at Talladega
Oct. 21: Hollywood Casino 400 at Kansas
Oct. 28: First Data 500 at Martinsville

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FOOD

FOOD WASTE

TEACH KIDS HOW TO HELP

Forty percent of all food in the U.S. goes to waste when tossed by restaurants, supermarkets and consumers, costing our economy \$1 trillion in the last two decades, while destroying 10 percent of global wilderness. Ways to encourage your children to help, according to the educational program "Speak Out. It's YOUR Earth!" include:

- Challenge your family to reduce food waste by 25 percent.
- Involve children in planning, shopping for, preparing and storing leftovers from a week's meals.

TIP OF THE WEEK

MIX UP MEAL ROUTINE

As seasons turn, you might crave different types of food. Eggland's Best says this is the perfect reason to think beyond the ordinary and experiment with combos that tantalize the taste buds. Chicken and waffles? Why of course! Watercress Confetti Quinoa for dinner? Yum. Pancakes instead of tortillas when making wraps? Sure!

HEALTHY WEIGHT

TIPS FOR EATING RIGHT

Registered dietitian Sharon Palmer offers some tips to achieve or maintain a healthy weight:

- Prioritize breakfast.
- Don't skip meals or snacks.
- Swap your nighttime snack for a more balanced choice.

FLASH IN THE PAN

Fortune of reversal

Ancient 'backward' cooking technique makes for legendary asparagus

By Ari LeVaux
More Content Now

The world's oldest surviving cookbook is a collection of Imperial Roman recipes, compiled around the 1st century AD. In the intervening millennia, the book, "Apicius De Re Coquinaria," has attracted plenty of interest from scholars, cooks and food nerds who've pored over each line of text and attempted to observe each word from every possible angle like it's "Finnegans Wake."

In the game of historical recipe re-enactment, a single mistranslated word can derail a dish. In "Apicius'" "Book III: The Gardener," for example, one particular asparagus recipe hinges on how the word "rursum" is translated. This is not just any recipe, but one that addresses a fundamental issue in asparagus cookery with an elegance rarely seen since.

Attempts to translate this work have been complicated by the fact that many of the recipes were written in vulgar Latin, an informal version of the language. "Rursum" is followed by "in calidam," which means "in boiling water." It's also at times written as "rursus in aquam calidam."

So, asparagus was cooked rursum/rursus in boiling water, and for centuries nobody knew what that meant. The riddle was finally cracked by Joseph Dommer Vehling in his 1936 translation of "Apicius" (Hill, Chicago):

"This word has caused us some reflection, but the ensuing discovery made it worthwhile. Rursus has escaped the attention of the other commentators. In this case rursus means backwards, being a contraction from revorsum, h.e. reversum."

OK, so we are now supposed to cook asparagus "backward" in boiling water, but I'm still a bit foggy on the details. Luckily, somehow, Vehling manages to gaze deeply enough between the lines of text to dredge out the answer:

"Apicius evidently has the right way of cooking the fine asparagus. The stalks, after being peeled and washed must be bunched together and tied according to sizes, and the bunches must be set into the boiling water 'backwards,' that is, they must stand upright with the heads



A mix of heavy cream, butter, garlic, lemon juice, nutmeg and salt will infuse the asparagus while it cooks.

protruding from the water. The heads will be made tender above the water line by rising steam and will be done simultaneously with the harder parts of the stalks. We admit, we have never seen a modern cook observe this method. They usually boil the tender heads to death while the lower stalks are still hard."

Here, Vehling and "Apicius" acknowledge the culinary riddle that's wrapped in the botanical enigma that is asparagus: the fact that one end of the shoot needs less cooking than the other.

Asparagorum Reversum

This recipe is a direct riff on "Apicius" technique, with just a few modifications. Rather than tie the asparagus with string, I bunch it into a narrow-mouthed pint jar like a bouquet of flowers, and immerse it backward "in calidam."

You want the boiling water level to be about 2 inches lower than the top of the jar. And the jar should be filled

with a mix of heavy cream and butter, a clove of garlic, a squeeze of lemon, a pinch of nutmeg and salt.

With this recipe, there is no reason to break or trim the ends. It doesn't really matter how tough they are going in, because they soften plenty as they cook, with their cut ends against the hot glass at the bottom of the jar of simmering cream. The asparagus tips, meanwhile, dangle far above in the gentle steam, warming more than cooking.

When the butt ends are soft enough — about 20 minutes — I cook the tips by covering the pot with a tight lid, checking obsessively until they are perfect.

Alternatively, simply cook the asparagus bouquet until the tips droop over like a fistful of wilted dandelions, and call it good.

Or give the tips nothing but gentle steam, and eat them warm and raw. The heat is enough to volatilize a range of flavors, from musky to minty, and the crunch is still audible.

IN THE KITCHEN

There's nothing like homemade ice cream



Prudence Hilburn

With the arrival of spring, and summer close behind, it's definitely the time to pull out the ice cream maker.

I guess we are a little spoiled now with all the easy-to-use ice cream makers. But however it is made, homemade ice cream is my No. 1 dessert.

While looking through some ice cream recipes, I found the following Peach and

Toasted Pecan Ice Cream in "Scooped" by Southern Living. I like both of these flavors but never thought of putting them together in ice cream.

Peach and Toasted Pecan Ice Cream

- ¾ cup sugar
- 2 tablespoons cornstarch
- 1/8 teaspoon table salt
- 2 cups milk
- 1 cup heavy whipping cream
- 1 large egg yolk
- 1 ½ teaspoon vanilla bean paste or vanilla extract
- 1 cup peeled and coarsely chopped peaches
- 2 tablespoons light corn syrup
- 1 ½ tablespoons butter
- 1 cup coarsely chopped pecans

- ¼ teaspoon Kosher salt

Whisk together first 3 ingredients in large, heavy saucepan. Gradually whisk in milk and whipping cream. Cook over medium heat, stirring constantly, 10 to 12 minutes or until mixture thickens slightly. Remove from heat. Whisk egg yolk until slightly thickened. Gradually whisk about 1 cup hot cream mixture into yolk. Add yolk mixture to remaining cream mixture, whisking constantly; whisk in vanilla. Cool completely (about 1 hour) stirring occasionally.

Meanwhile, cook peaches and corn syrup in a small saucepan over medium heat, stirring often,

4 to 5 minutes. Coarsely mash and cool 30 minutes. Stir peach mixture into cooled cream mixture. Place plastic wrap directly on custard to prevent a film from forming, and chill 8 to 24 hours. Meanwhile, melt butter in a small skillet over medium heat; add pecans and cook, stirring constantly, 8 to 9 minutes until toasted. Remove from heat and sprinkle with ¼ teaspoon kosher salt. Cool completely. Pour chilled custard into freezer container of a 1 ½ quart electric ice cream maker, and freeze according to manufacturer's instructions. After ice cream is finished churning, stir in pecan mixture. Freeze in an airtight container at least 1 hour before serving.



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CELEBRATE

DMH celebrates 10 years in new facility

By Jacqueline Bostick
Times-Advertiser
850-630-6167 | @JBostick
jbostick@chipleypaper.com

BONIFAY — Doctors Memorial Hospital Administrator JoAnn Baker was all smiles Friday. She was surrounded by her staff and community partners who were also celebrating 10 years in a new facility. She was especially happy to learn of the sell of the former property.

“We didn’t know it was going to happen today,” she said. “It closed today and we thought, ‘we’re celebrating our 10-year anniversary being in the new facility and we sold the old one.’”

Baker said the old facility was sold to a group who plans to develop it as a long-term drug rehab center.

The group received funding to do so this past legislative session. DMH, which has a detox program called New Vision, will work with the new center to strengthen rehab services.

The old facility had been on the market for 10 years. Baker said she’s relieved that DMH can be released from the costs associated with keeping up the old campus.

“We got rid of an expense that we weren’t able to utilize,” she said. “It took us 10 years, but we found somebody with a heart to help others.”

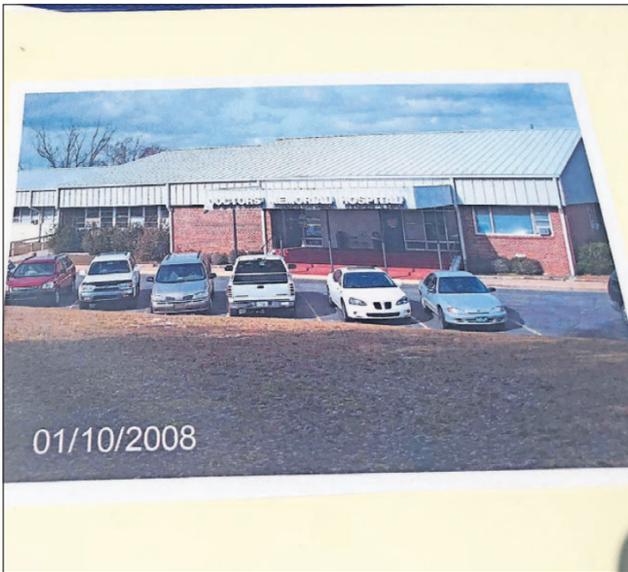
Since in the new building, DMH has instituted a number of new medical programs, including MRI, pulmonary rehab, growth of the radiology wing into a women’s unit and a number of screenings. Also, the hospital has moved everything onto a digital platform and renovated its courtyard.

“We were out of space at the old one - for what we wanted to offer,” Baker said, noting the new facility has made room for growth of services.

“A lot of people come say ‘I didn’t know you had this, I didn’t know you had that,’” she added. “We’ll be glad to give tours, anytime.”



Registered Nurse and Emergency Room Supervisor Denise Payne checks Marsha Sherrouse’s blood pressure at Doctors Memorial Hospital’s outdoor celebration anniversary of 10 years in its new facility, held Friday. [JACQUELINE BOSTICK | TIMES-ADVERTISER]



A 2008 photo of the old facility was on display at Doctors Memorial Hospital’s outdoor celebration anniversary of 10 years in its new facility, held Friday.



Doctors Memorial Hospital Administrator JoAnn Baker





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BUSINESS

Allegiant Air under fire

Shares fall after '60 Minutes' report

The Associated Press

LAS VEGAS — Allegiant Air shares continue to fall in the aftermath of a news report that is raising serious safety questions about the low-cost carrier.

Allegiant is defending its safety and says the report by CBS News' "60 Minutes" tells a "false narrative" about the airline. Investors, however, fear that the negative publicity will cause travelers to avoid Allegiant, which has a fleet including many older planes that typically require more maintenance.

"60 Minutes" reported Sunday night that between January 2016 and October 2017, the Las Vegas-based airline experienced more than 100 serious mechanical incidents, including aborted takeoffs, loss of cabin pressure, and emergency landings.

CBS said that detailed reports from the Federal Aviation Administration indicated that Allegiant flights were three-and-a-half times more likely to suffer an in-flight breakdown than flights operated by American, United, Delta, JetBlue or Spirit. The report also aired a long-running accusation by the Teamsters union local representing Allegiant pilots that the airline discourages pilots from reporting mechanical problems with planes.



Two Allegiant Air jets taxi at McCarran International Airport, May 2013 in Las Vegas. Shares of Allegiant Air's parent company tumbled in Monday premarket trading following a "60 Minutes" investigation that expressed serious safety concerns about the airline. [DAVID BECKER/ASSOCIATED PRESS FILE PHOTO]

Allegiant issued a statement by Eric Gust, vice president of operations, charging that the CBS story told a "false narrative" about Allegiant and the FAA. He said the airline complies with all FAA requirements and takes part in many voluntary safety programs and is subject to "rigorous oversight" by the FAA.

"To suggest that Allegiant would engage in the practice of asking team members to violate company and regulatory obligations is offensive and defamatory," Gust said.

Shares of parent company Allegiant Travel Co. fell \$3.45, or 2.3 percent, to \$147.60 in midday trading Monday. They dropped 8.6 percent on Friday in anticipation of a damaging news report.

Allegiant buys used planes to keep costs down. As of Feb. 2, Allegiant operated 37 McDonnell-Douglas MD-80 planes and 53 Airbus A320 jets. It is phasing out the MD-80s, which burn far more fuel than new planes. Allegiant's used planes range between 11 and 32 years old, according to a company regulatory filing.

The CBS report updated reporting by the Tampa Bay Times, which said in 2015 that Allegiant planes were four more times than those of other U.S. airlines to make an unplanned landing because of mechanical problems.

None of those incidents led to enforcement action from the FAA.

The FAA on Monday released a letter in which

associate administrator of safety Ali Bahrami defended the agency's performance by pointing to the lack of a fatal crash involving a U.S. airline since 2009.

The FAA increased its monitoring of Allegiant in 2015 because of labor tension with its pilots. In 2016, the agency moved up a routine review of the airline by two years after a series of aborted takeoffs and other safety incidents. FAA officials took no enforcement action against Allegiant and said they were satisfied that the airline was addressing problems found by inspectors.

Allegiant executives termed the FAA's 2016 findings "minor" and hailed the report as evidence of the airline's safety.

Tech, health care boost US indexes

By Alex Veiga
The Associated Press

Investors shrugged off geopolitical jitters Monday, sending U.S. stocks broadly higher and extending the market's gains from last week.

Technology companies, health care stocks and industrial firms accounted for much of the rally as traders focused on the latest company earnings and deal news. Oil prices fell after surging last week ahead of the U.S.-led missile attack on Syria's chemical weapons program.

"It's some relief from the global political situation over the weekend," said Willie Delwiche, investment strategist at Baird. "The other thing is we've had over the last few weeks particularly this build up in pessimism, and that provided some opportunity for stocks to rally once the news of this event was out of the way."

The S&P 500 index rose 21.54 points, or 0.8 percent, to 2,677.84. The Dow Jones industrial average gained 212.90 points, or 0.9 percent, to 24,573.04. The Nasdaq added 49.63 points, or 0.7 percent, to 7,156.28. The Russell 2000 index of smaller-company stocks picked up 13.52 points, or 0.9 percent, to 1,563.03.

The market was in rally mode from the start of trading Monday, despite a sell-off among major indexes in Europe.

Investors seemed to put aside concerns over the geopolitical tensions that led to Friday night's missile attack by the U.S., Britain and France on Syria's chemical weapons program. On Monday, the White House said it was considering imposing additional sanctions on Russia, a key ally of Syrian leader Bashar Assad.

Instead, the market shifted its focus to corporate America. Wall Street is forecasting the strongest growth in seven years for S&P 500 companies, and the hope has been that healthy profit reports will steady the market following a rough couple of months. Over the long term, stock prices tend to track the progress of corporate profits.

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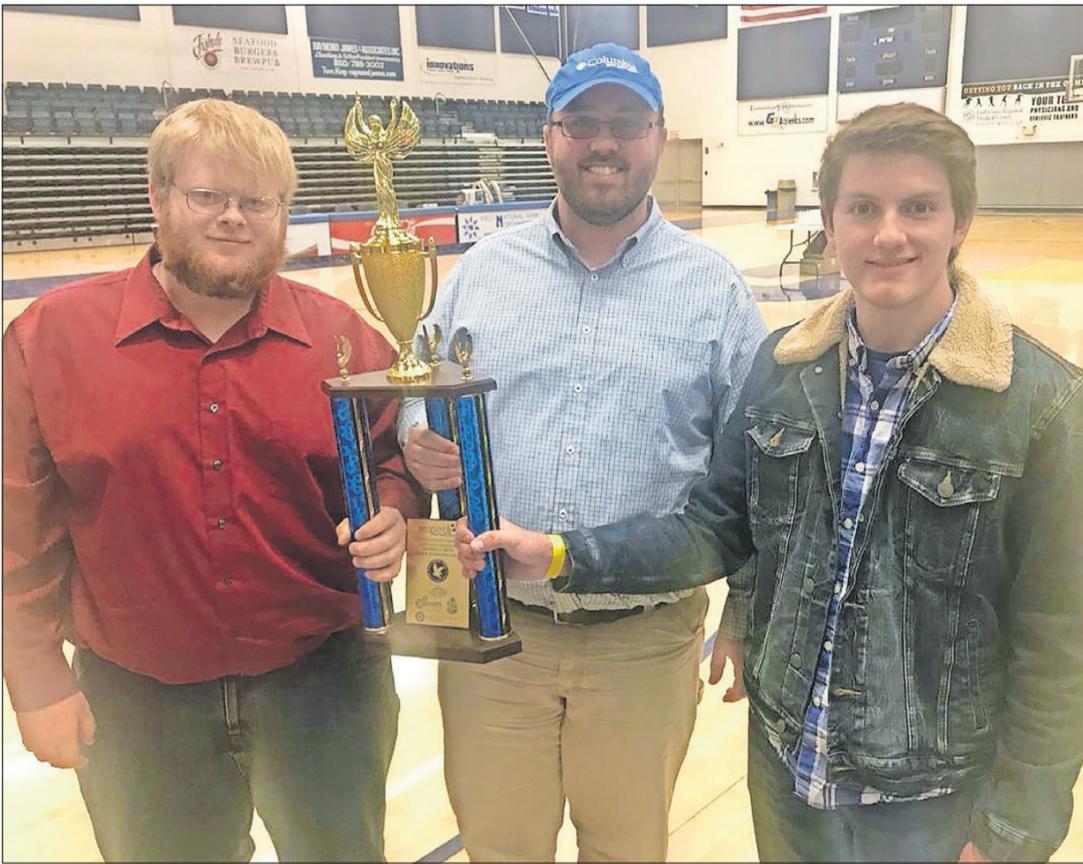
World markets

How key international stock markets performed:

Market	Index	Change	Value
Amsterdam	AEX	-0.3%	548.04
Milan	FTSE MIB	0.0%	23,330.32
Brussels	BEL20	-0.5%	3,888.31
Paris	CAC40	0.0%	5,315.02
Frankfurt	DAX	-0.4%	12,442.40
Sydney	ASX All Ordinaries	0.1%	5,924.70
Hong Kong	Hang Seng	-1.6%	30,808.38
Tokyo	Nikkei	0.3%	21,778.74
London	FTSE 100	-0.9%	7,264.56
Zurich	Swiss Market Index	-0.6%	8,776.17

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SCHOOLS & SOCIETY



Pictured are Joseph Godwin, sponsor Trey Paul and Bryson Potts with their first place overall trophy at the regional robotics competition held last month. [SPECIAL TO TIMES-ADVERTISER]

2 students to compete for international robotics title

Robotics team requests community support

Staff Report

POPLAR SPRINGS — Two Poplar Springs High School students are heading to compete for an international robotics title. And school staff is asking for community financial support to help the students get there.

In June, students Joseph Godwin, Bryson Potts, and their sponsor Trey Paul, will head north to the University of Massachusetts Dartmouth

and compete against over 200 teams from all over the world for the international title, a school news release stated.

Over the last three years, Paul has led the PSHS robotics program to regional and state wins, even earning multiple advancements to national and international competitions.

At most schools with a program, robotics has its own class period and extensive funding, the release stated. PSHS does not have either. The group needs to raise a total of \$4,500 to cover

gas, hotel stays, registration fees, ROV fees, and some meals.

SeaPerch is an innovative underwater robotics program that equips and encourages student teams to build remotely operated vehicles, the release stated. Students use basic SeaPerch robotics kits, but are also allowed to spend up to \$20 in outside enhancements to their robot.

The invaluable learning opportunities offered through programs like SeaPerch and other school-based robotics programs are preparing

PSHS students for futures in engineering, computer science, hands-on vocational programs, and more.

In addition to the variety of technical and creative troubleshooting skills the students are gaining, they are learning first-hand that a willingness to listen, learn, and give it their all, is the key to success, the release stated.

For more information and/or to make a donation, contact Laura Wells at Poplar Springs High School, 850-263-6260 ext 322.

Chipola students recognized for academic excellence



Pictured from left, are Chipola President Dr. Sarah Clemmons, Ann Marie Brown, Katie Everett, Dr. Pam Rentz and Charity Sikora.

Staff Report

CHIPOLA — Chipola College officials recognized the accomplishments of two students, Ann Marie Brown and Katie Everett, at a press conference at the college Wednesday, a Chipola College news release stated. Both are members of the All-Florida Outstanding Team for their outstanding academic achievement,

leadership and service to their communities.

The All-Florida team is sponsored by Phi Theta Kappa and USA Today. Brown also was named a 2018 Coca-Cola Academic Team Silver Scholar and will receive a \$1,250 scholarship. For winning a national award, Brown's portrait will hang on Chipola's Academic Wall of Honor.

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TRIVIA GUY



Wilson Casey

“Trivia Fun” with Wilson Casey, Guinness World Record Holder from Woodruff, S.C., is published in more than 500 newspapers across the country. Comments, questions or suggestions? WC@TriviaGuy.com

1. In what sporting activity does the performer traditionally dress in a “suit of lights”?

Bullfighting, Fencing, Wrestling, Ballet

2. Who is the only person whose partial remains have been sent

to the moon?

No one has, Gillem Rogers, Eugene Shoemaker, Jaimie Thornton

3. There are how many on-ice officials during a National Hockey League match?

0, 2, 3, 4

4. When did the film “Singing In The Rain” debut with Gene Kelly dancing?

1939, 1946, 1952, 1967

5. What’s a painting done on moist plaster called?

Mosaic, Encaustic, Fresco, Strigae

6. How many “winks” are said to be taken in a short nap?

30, 40, 75, 100

ANSWERS: 1. Bullfighting, 2. Eugene Shoemaker (1999), 3. 4, 4. 1952, 5. Fresco, 6. 40

2018 HOLMES COUNTY SCHOOL CALENDAR

May

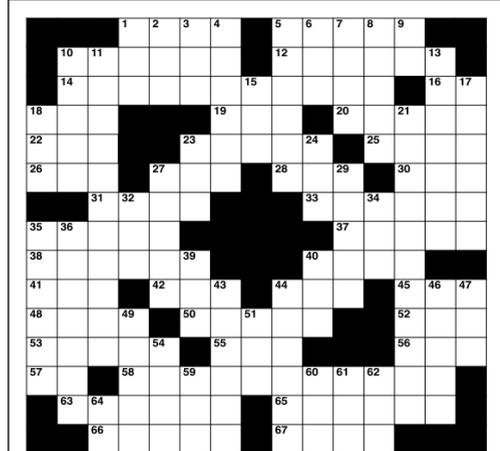
- 21: Holmes County High School graduation
- 22: Ponce de Leon High School graduation
- 24: Poplar Springs High School graduation
- 25: Bethlehem High School graduation
- 28: Students and all

personnel out

June

- 1: End of second semester student early release day/Professional development
- 4 – 6: Post-school for teachers and non-instructional working teachers

CROSSWORD



CLUES ACROSS

- 1. Maintained possession of
- 5. Dropsy
- 10. Type of music
- 12. One who is deliberately cruel
- 14. 411
- 16. Rhode Island
- 18. Follows sigma
- 19. Baked dessert
- 20. Craftsman
- 22. Austrian river
- 23. Distributed
- 25. Close
- 26. Midway between east and southeast
- 27. Thunderstorm code
- 28. Where wrestlers work
- 30. Away from (prefix)
- 31. Canadian law enforcers
- 33. Shade
- 35. Sir Samuel __, Brit. statesman
- 37. Della __, singer
- 38. Existing in fact
- 40. Tennis matches have at least two
- 41. Reunifying Chinese dynasty
- 42. Not just “play”
- 44. Angry
- 45. Photomultiplier tube
- 48. Slovenly person
- 50. __ and Diu
- 52. Cologne
- 53. What actors deliver
- 55. Campaigned
- 56. Cash machine
- 57. Spanish be
- 58. Animal that eats insects
- 63. Colonists who supported the British
- 65. Loved
- 66. A pair of people who live together
- 67. Work tools

CLUES DOWN

- 1. Kilogram force (abbr.)
- 2. Your consciousness of your own identity
- 3. Score
- 4. A way to modify
- 5. Respect
- 6. Midwife
- 7. Region near the Dead Sea
- 8. __ Gerais: gold-rich state of Brazil
- 9. Equally
- 10. Monetary units
- 11. The mentioning of things one by one
- 13. Traveling entertainers
- 15. Small island
- 17. A way to sing
- 18. __-bo: form of exercise
- 21. “The Bard”
- 23. The best player
- 24. Male parent
- 27. Harm the reputation of
- 29. Allow for the tare of
- 32. Grand __: wine classification
- 34. Soak
- 35. Bother
- 36. Ophthalmologist
- 39. Preceded
- 40. __ Francisco, California
- 43. Touch gently
- 44. Lithuanian given name
- 46. Matched
- 47. Stomach
- 49. Mother of all gods in Scots’ Celtic mythology
- 51. Partner to cheese
- 54. Fit of irritation
- 59. Visit
- 60. Suffragist Wells
- 61. Swearing to the truth of a statement
- 62. Old Red Sandstone
- 64. Sacred Hindu syllable

PUZZLE SOLUTION

	K	E	P	T		E	D	E	M	A		
R	E	G	G	A	E	S	A	D	I	S	T	
I	N	F	O	R	M	A	T	I	O	N	I	R
T	A	U			P	I	E		M	A	S	O
A	L	M			M	E	T	E	D		S	H
E	S	E			S	V	R		M	A	T	A
			R	C	M	P				D	A	R
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A	C	T	U	A	L				S	E	T	S
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S	L	O	B		D	A	M	A	N		E	A
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			M	A	T	E	S		S	A	W	S

FAITH

Shelling and dancing



Kalynn Brazeal

Growing up, working in the garden wasn't my favorite chore, but it kept food on the table. My mom's garden was truly impressive, it stretched over a full acre behind our house which was in the very middle of town. And lucky me, we didn't have just one season of crops, but two thanks spring and fall. She grew everything: watermelons, potatoes, purple hull peas, butter beans, tomatoes, okra, squash, green onions and more.

The amount of food that came out of that garden was way more than we needed for our table. The extras would become a challenge so my mom would can a lot of them for use out of season. These canned tomatoes, beans, pickles and more would also become gifts to family and friends or just things that would find themselves on the porch of some of the elderly in our neighborhood. My mom saw a need and would fill a need.

As her garden grew, so did the gadgets; my favorite would be the sheller. We grew butter beans, purple hull peas and black eyed peas and we spent a lot of time shelling those beans and peas. Even the littles could shell them, so after dinner we would be spread around the living room watching TV as a family with everyone racing to finish their

bowl of shelling first.

That pea sheller would change my limited little life.

It was a big deal when it showed up. We put a table outside under the carport to support the sheller. It was close to a wall outlet because that bad boy was electric. We would prep the peas by taking them straight from the garden to buckets of water. We had these huge metal tubs that we would soak the beans in (nothing like getting the chore of running from bucket to bucket plunging peas under cool water in the crazy heat).

Finally we would dump a fresh pan of peas on the sheller and carefully, watching our fingers as those big black rollers would crush anything in their path, we would push peas through and watch in wonder as they were separated. The peas or beans fell into a pan under the unit and the shell itself fell off the front into a bucket.

We could easily go through five gallons of peas at a time. It was a party under the carport! The best time was when night would fall, especially after a summer day of: working in the garden from before the heat set in, cleaning the house during the day, doing laundry and hanging everything on the line to dry, having a quick lunch and nap during the hottest part of the day (I actually spent that time reading in front of the big window fan in my bedroom), and spending the afternoon getting dinner ready. But at night, oh the fun would begin after sundown.

The carport lights would shine bright as the hum of the sheller

machine and sound of the water hose on top of the machine kept everything fresh and moist. The loud beats of old rock pumped out of the window where a beat-box blared. We would take turns feeding beans and peas through the sheller while dancing to the beats. I learned to two-step with my momma under those carport lights while the mosquitoes and the crickets kept beat. The rest of the world was a blur while we were happy and content on the red dirt patch under the carport.

Life seemed so simple back then, we didn't have much but what we had my mom presented in the very best light. Everything has music attached as we would find the beat in everything. We smiled and danced through the day and night ... it wasn't about what we didn't have or what we did... she made it about being together.

As age and time flies by, there are still times when I'm near her that I just want to grab her hand and swing her into a waltz ... ignoring everything around us and just dancing to the beat. Life is hard and there will always be hardship but oh, to find the music in anything and everything ... it's beautiful.

Kalynn Brazeal is a conservative, Christian wife/mom/country girl carrying around an MBA, several decades of business experience and a strong opinion. Now living in the remoteness of North Dakota, she continues to share her column on life, liberty, the pursuit of happiness and cake. She can be reached by email at kmbrazeal@icloud.com.

FAITH EVENTS

If you would like to include an event in this list, email information to news@chipleypaper.com

Unity Baptist to host Community appreciation day

VERNON — Unity Baptist Church will host a community appreciation day with a free lunch from 11 a.m. until Saturday, April 21 at the church.

Lunch will be catfish or chicken tenders. Lunch is free to the public. The church is located at 3274 River Road (Hinson's Crossroads) in Vernon.

For more information call 850-535-4669.

The Harrelsons at Otter Creek

PONCE DE LEON — The Harrelsons will be singing at Otter Creek Baptist Church at 7 p.m.

See FAITH, B5

RELAY FOR LIFE EVENTS

Each year, Holmes and Washington Counties partner for Relay for Life, a community based fundraising event of the American Cancer Society. Monies raised during the annual event not only funds cancer research, but also helps offset cost such as transportation to treatment for Holmes and Washington County cancer patients. In the months leading up to the annual event, local teams work to raise money for the cause. If your Relay for Life team would like a fundraising event included in this list, email information to news@chipleypaper.com

Rib Sale

CHIPLEY — The HTNB Relay For Life team is hosting a rib sale. Pre-orders are due by Friday, April 13. Pick-up will be from noon to 4 p.m. Thursday, April 19 at the HTNB Office located at 777 Main Street Building A (yellow building)

See RELAY, B5

Mitch's Collision
Quality Collision Repair - Automotive Refinishing
600-7006
1335 Brickyard Rd, Chipley, FL
Mitch Gainer, Owner

Grace & Glory Worship Center
Debbie Williams
Pastor
912 Brickyard Rd.
Chipley, FL 32428
850-415-0470
www.GraceAndGloryChipley.com

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982 Orange Hill Road, Chipley
638-9505

LANES Consumer & Commercial Power Equipment
OUTDOOR EQUIPMENT INC.
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901 Hwy 277, Chipley
850.638.4364

Stephen B. Register, CPA
1552 Brickyard Road
Chipley, FL
638-4251

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Arthur P. W. Obar Jr., Agent
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850-263-4483

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850-547-3671 • 800-888-3671

Weekly Bible Trivia
What was the Tower of Babel and how did God react to it?
(answer found in this week's scripture reading)

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Chipley, FL 32428
1-800-824-8916
Phone (850) 638-1625
Fax (850) 638-8154

Obert Funeral Home
850-638-2122
1556 Brickyard Rd. Chipley, FL

Sunday
Genesis 10:1-5

Monday
Genesis 10:6-12

Tuesday
Genesis 10:13-20

Wednesday
Genesis 10:21-32

Thursday
Genesis 11:1-9

Friday
Genesis 11:10-17

Saturday
Genesis 11:18-26

The fruit of the righteous is a tree of life.
Proverbs 11:30

BROWN FUNERAL HOME
1068 Main St., Chipley, FL 32428
Phone: 638-4010
Donald Brown - LFD, Owner

R.D. Easterling
Wendy S. White
934 Main Street
P.O. Box 545
Chipley, FL 32428
P: 850-638-0388
F: 850-638-0205

PEOPLESOUTH BANK
1615 Main St., Chipley, FL
850-415-1320
2020 S. Waukesha St., Bonifay, FL
850-547-1200

Chipola Ford
4242 Lafayette St. Marianna FL, 32446
Open: M-F 8am-6pm, Sat 8am-6pm
850-482-4043 • www.chipolaford.com

Johnson's Pharmacy
(850) 547-2163
219 N. Waukesha St.
Bonifay, FL

Community South CREDIT UNION
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(850) 638-8376
www.communitysouth.net

HIGH PLUMBING INC.
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4402 Hwy. 77, Chipley, FL

Florida Microfilm & Office Supply Inc.
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800-886-3318

Washington Rehabilitation & Nursing Centear
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850-638-4654

MARIANNA TOYOTA
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(850) 526-3511 | 1-800-423-8002
www.mariannatoyota.com

First Baptist Church
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BONIFAY, FL
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Walmart SUPERCENTER
1621 Main St. Chipley, FL
850-638-2243

OBITUARIES

VERA B. SHEEHAN

Vera Bremer Sheehan, age 63, of Bonifay, Florida died April 10, 2018.

Memorialization was by cremation with Peel Funeral Home in charge of arrangements. A private family memorial service will be held.

BONNIE K. DANSBY

Bonnie Kirkland Dansby, died Thursday, April 12, 2018.

Services will be held Friday, April 20 at Brown Funeral Home. Memorialization was by cremation.

GERALD G. PARDUE

Gerald Glen Pardue age 48 of Bonifay, passed away on Thursday, April 12, 2018 at his home. Gerald is a native of Monroe, Louisiana born on December 20, 1969. He moved to Bonifay four years ago

where he was amember of Bonifay First Assembly of God and was an Electrician.

Gerald is survived by his daughter Erica Pardue of West Monroe, Louisiana, sister Kimberly Barnett of Bonifay,

and two grandchildren.

A memorial service for Gerald will be held at a later date. Expressions of sympathy may be submitted online www.williamsfhs.com. Williams Funeral Home is in charge of arrangements.

BOBBY L. CABE

Bobby Lee Cabe, age 64, of Bonifay, FL, died Tuesday, April 3, 2018.

Memorialization was by cremation Arrangements are being handled by Sims FUneral Home.

HOLMES COUNTY CHURCH LISTINGS

If you would like your Holmes County church listed here, please send information to: news@chipleypaper.com. Due to space limitation, please only send regular church services. For special services, please send separate submission.

ASSEMBLY OF GOD Bonifay First Assembly of God

Sunday School is at 9:45 a.m. Morning Worship is at 10:45 a.m. Evening Worship is at 6 p.m. Wednesday services are at 7 p.m. The church is located 116 Main Street in Bonifay.

Faith Assembly of God

Sunday School is at 9:45 a.m. Morning Worship is at 10:45 a.m. Evening Worship is at 6:30 p.m. Wednesday service is at 7 p.m. The church is located on Underwood Road behind Poplar Springs School.

Lighthouse Assembly of God

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 5 p.m. Wednesday night Bible study is at 7 p.m. The church is located at 1201 South Waukesha Street in Bonifay.

Live Oak Assembly of God

Sunday School is Sunday at 10:00a.m.; with Morning Worship at 11 a.m. and Evening Worship at 6 p.m. Wednesday Services are at 7 p.m. The church is located at 2118 Live Oak Road in Bonifay.

Mt. Olive Assembly of God

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6 p.m. Wednesday services are at 7 p.m. The church is located on Highway 179-A off of Highway 2.

New Smyrna Assembly of God

Sunday School is at 9:30 a.m. Morning Worship is at 10:30 a.m. Evening Worship is at 6 p.m. Wednesday services are at 6:30 p.m. The church is located approximately one mile down Adolph Whitaker Road just off Highway 177 in Bonifay.

Noma Assembly of God

Sunday School is at 9:45 a.m. Morning Worship is at 10:30 a.m. Evening Worship is at 5 p.m. Wednesday service and youth are at 6:30 p.m. The church is located at 1062 Tindell Street in Bonifay.

Northside Assembly of God

Sunday School is at 10 a.m.

Morning Worship is at 10:45 a.m. Wednesday services are at 6:30 p.m. The church is located at 1009 North Rangeline Street in Bonifay.

Smith Chapel Assembly of God

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6 p.m. Wednesday services are at 7 p.m. The church is located 2549 Smith Chapel Road, just off Highway 177-A.

The Sanctuary Assembly of God

Sunday Connection Life groups 9:45 a.m. Morning Worship 10:45 a.m. Free Community Breakfast first and third Wednesday mornings at 8 a.m. The church is located at 6688 South Highway 79 in Ebro.

Westville First Assembly of God

Sunday School is at 10 a.m. Morning Service is at 10:45 a.m. Wednesday services are at 7 p.m. The church is located at 2513 Cypress Street in Westville.

Winterville Assembly of God

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6 p.m. Wednesday services

are at 7 p.m. The church is located at 1897 Highway 177A in Bonifay

BAPTIST Bethlehem Baptist Church

Sunday School is at 9:45 a.m. Morning Worship is at 10:45 a.m. Evening Worship is at 6 p.m. Wednesday Bible Study is at 7 p.m. The church is located at 1572 Highway 177 in Bonifay.

Bethany Baptist Church

Sunday School is at 9:45 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6 p.m. Wednesday services are at 7 p.m. The church is located at 1404 North Highway 79 in Bonifay.

Bethel Baptist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6:30 p.m. Wednesday service is at 6:30 p.m.

Bonifay First Baptist Church

Sunday School is at 9:30 a.m. Morning Worship is at 10:45 a.m. Evening Worship is at 6:30 p.m. Wednesday service is at 6 p.m. The church is located at 311 North Waukesha Street.

Bonifay Free Will Baptist Church

Sunday School is at 9:45 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6 p.m. Wednesday service is at 7 p.m. The church is located at the corner of Kansas Avenue and Oklahoma Street.

East Pittman Free Will Baptist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6 p.m. Wednesday services are at 6:30 p.m. The church is located ½ mile north of Highway 2 on Highway 179.

Evergreen Missionary Baptist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6 p.m. Wednesday service is at 7 p.m. The church is located at 2156 Highway 179A in Westville

Gully Springs Baptist Church

Sunday School is at 9:30 a.m. Morning Worship is at 10:45 a.m. Evening Worship is at 6 p.m. Wednesday services are at 7 p.m. The church is located at 2826 Highway 90 in Bonifay.

Hickory Hill Baptist Church

Sunday School is at 10 a.m. Morning Worship is at 11

a.m. Evening Worship is at 6 p.m. Wednesday service is at 7 p.m. The church is located at 1656 Hickory Hill Road in Westville.

Leonia Baptist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 7 p.m. Wednesday services are at 7 p.m. The church is located in northwest Holmes County.

Mt. Zion Independent Baptist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 5 p.m. Wednesday services are at 6 p.m. The church is located on Highway 2 one mile west of Highway 79 in Esto.

New Concord Free Will Baptist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6 p.m. Wednesday service is at 7 p.m. The church is located on James Paulk Road off Highway 177.

New Hope Baptist Church

Sunday morning bible study is at 9:30 a.m. Morning Worship is at 11 a.m. Wednesday services are at

See LISTINGS, B7

FAITH

From Page B4

Saturday, Aril 21. The church is located four miles north of Ponce de Leon off Highway 81.

St. Luke's to host harpist Amy Stabler

MARIANNA — St. Luke's Episcopal Church will host harpist Amy Stabler at 4 p.m. Sunday, April 22. Child care will be provided

from 3:30 p.m. to 5:30 p.m. Admission is free. Donations will be accepted for the Fine Arts Series. The church is located at 4362 Lafayette Street in Marianna. For more info call 850-482-2431.

Red Hill Methodist to host mission supper

BONIFAY — Red Hill United Methodist Church will host a mission supper Friday, April 27. Serving will begin at 5 p.m. The menu will consist of fried catfish fillets, smoked chicken,

baked beans, cheese grits, coleslaw, hushpuppies and dessert. Plates are dine in or carry out. All proceeds go to local missions. For more information call Linda Yarbrough after 6 p.m. at 334-684-3106.

Orange Hill Missionary to host Nugulf Coast Youth Choir

CHIPLEY — Deacon Michael Grady and the Nugulf Coast Youth Choir will be in concert at Orange Hill Missionary Baptist Church at 4 p.m. Sunday,

April 29. Future Youth Workshops will be developed from the concert under the guidance and training of Deacon Grady. The church is located at 816 Sunday Road in Chipley. For further information call (850) 638-7675.

Winterville Assembly to host The Shepherds

BONIFAY — Winterville Assembly of God will host The Shepherds at 7 p.m. Friday, May 4 at the church. The church is located at 1897 Highway 177 A in

Bonifay.

Northside Baptist to host spring festival

PONCE DE LEON — Northside Baptist Church will host a spring festival from 10 a.m. to 2 p.m. Saturday, May 5. This is a free event. There will be festival games, a bounce house, free lunch and more. In the case of rain there will be a family friendly movie shown inside the church at noon. If transportation is needed leave a message with name and number at 850-836-4466

before Wednesday, April 25.

New Bethany to hold Homecoming services

VERNON — New Bethany Assembly of God Church will hold Homecoming services at 11 a.m. Sunday, May 6. Special music will be by Four Calvary. Lunch will follow in the fellowship hall at 12:30 p.m. The church is located at Hinson's Crossroads. For more information call Brother Leon Jenkins at 850-779-3003.

RELAY

From Page B4

north of Piggly Wiggly). Ribs are sold by the whole rack and cost \$20. All proceeds benefit Washington/Holmes County Relay For Life. For more information or to order call 850-415-9002.

Survivor Sunday

HOLMES/WASHINGTON COUNTY — The Washington-Holmes Relay For Life is encouraging local churches to celebrate and recognize the cancer survivors in their congregations Sunday, April 22, as part of the annual Paint the Counties Purple Week in preparation for the Relay For Life Event Friday, April 27.

Cake Auction

CHIPLEY — The Super Breakouts will host a sweets auction Monday, April 23. The auction items will be shared on the personal Facebook pages of team

members and also be on display at the Washington County Clerk of Courts Office. Bids may be placed in person, over the phone, or on Facebook. One hundred percents of profits will benefit Washington-Holmes Relay For Life. Items will be ready for pick up Tuesday, April 24 at the Clerk of Courts office. For more information or to place bids call 850-6386285

Washington-Holmes Relay For Life hosts Paint the Counties Purple

WASHINGTON/HOLMES COUNTY — Washington-Holmes Relay For Life is encouraging local merchants to participate in a contest from Monday, April 16 through Wednesday, April 25. Judges will be coming to merchants on Wednesday, April 25 and will be looking for creativity, how much money is in donation buckets, how much purple was used in decorations, uniforms or work attire, cancer information and use of this year's Relay For Life theme "Games Over, Cancer". If planning to participate or for more

information contact Monica Rehberg at monica.rehberg@wcsdschools.com.

2018 Relay for Life

CHIPLEY — The 2018 Holmes-Washington Relay for Life event will be held from 6 p.m. until midnight at Pals Park in Chipley on April 27, 2018. The theme of the 2018 event is "Games Over, Cancer!" For more information email bush family80@gmail.com or danielle.cappel@cancer.org

30 Days of Giving

WASHINGTON/HOLMES COUNTY — Goody's will be participating in 30 Days of Giving Sunday, April 1 through Monday, April 30. Customers will have the opportunity to support Relay For Life while shopping via the credit card pin pad at each register. If you make a donation, in the amount of your choosing, to Relay For Life, you will receive a coupon that and be redeemed in the store from Sunday, May 6 through Thursday, May 10. For more information call Jody Bush at 850-260-4348.

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HEALTH

ALZHEIMER'S STUDY LOOKS AT COMPOUND

New research has found that a compound called an NAD+ precursor helped mice with features of Alzheimer's disease perform better on learning and memory tests, according to the National Institutes of Health (NIH).

The study, published in February 2018 in the Proceedings of the National Academy of Sciences, found that NR-treated mice had less DNA damage, lower levels of neuron damage and death, increased production of new neurons, and lower brain inflammation than control mice, and performed better on learning and memory tests.

TEENS HAPPINESS SKILLS

Dr. Emiliana Simon-Thomas, director of the Greater Good Science Center at the University of California Berkeley, identifies six skills teens can learn to sustain happiness. These are part of LG's Life's Good: Experience Happiness campaign.

- Mindfulness
- Human connection
- Positive outlook
- Purpose
- Generosity
- Gratitude

FITNESS STUCK IN A RUT?

To get out of a fitness rut, Dan Gaz, the exercise director at the Mayo Clinic, suggests trying something new. "Sign up for a community 5k run. Look at your local rec center class catalog and sign up for an activity of interest. The social dynamics of these activities benefit mental health also," Gaz says.

— Brandpoint

Treatment overkill

Older Americans are hooked on vitamins despite scarce evidence they work

By Liz Szabo
Kaiser Health News

When she was a young physician, Dr. Martha Gulati noticed that many of her mentors were prescribing vitamin E and folic acid to patients. Preliminary studies in the early 1990s had linked both supplements to a lower risk of heart disease.

She urged her father to pop the pills as well, recalled Gulati, now chief of cardiology for the University of Arizona College of Medicine-Phoenix.

But just a few years later, she found herself reversing course, after rigorous clinical trials found neither vitamin E nor folic acid supplements did anything to protect the heart. Even worse, studies linked high-dose vitamin E to a higher risk of heart failure, prostate cancer and death from any cause.

"You might want to stop taking (these)," Gulati told her father.

More than half of Americans take vitamin supplements, including 68 percent of those age 65 and older, according to a 2013 Gallup poll. Among older adults, 29 percent take four or more supplements of any kind, according to a Journal of Nutrition study published in 2017.

Often, preliminary studies fuel irrational exuberance about a promising dietary supplement, leading millions of people to buy in to the trend. Many never stop. They continue even though more rigorous studies — which can take many years to complete — almost never find that vitamins prevent disease, and in some cases cause harm.

"The enthusiasm does tend to outpace the evidence," said Dr. JoAnn Manson, chief of preventive medicine at Boston's Brigham and Women's Hospital.

There's no conclusive evidence that dietary supplements prevent chronic disease in the average American, Manson said. And while a handful of vitamin and mineral studies have had positive results, those findings haven't been strong enough to recommend supplements to the general U.S. public, she said.

The National Institutes of Health



Who takes vitamins?

More than half of Americans take vitamin supplements, including **68 percent of those age 65 and older**, according to a 2013 Gallup poll.

Among older adults, **29 percent take four or more supplements of any kind**, according to a Journal of Nutrition study published in 2017.

has spent more than \$2.4 billion since 1999 studying vitamins and minerals. Yet for "all the research we've done, we don't have much to show for it," said Dr. Barnett Kramer, director of cancer prevention at the National Cancer Institute.

A big part of the problem, Kramer said, could be that much nutrition research has been based on faulty assumptions, including the notion that people need more vitamins and minerals than a typical diet provides; that megadoses are always safe; and that scientists can boil down the benefits of vegetables like broccoli into a daily pill.

Vitamin-rich foods can cure diseases related to vitamin deficiency. Oranges and limes were famously shown to prevent scurvy in vitamin-deprived 18th-century sailors. And research has long shown that populations that eat a lot of fruits and vegetables tend to be healthier than others.

But when researchers tried to deliver the key ingredients of a healthy diet in a capsule, Kramer said, those efforts nearly always failed.

It's possible that the chemicals in the fruits and vegetables on your plate work together in ways that scientists don't fully understand — and which can't be replicated in a tablet, said Marjorie McCullough, strategic director of nutritional epidemiology for the American Cancer Society.

More important, perhaps, is that most Americans get plenty of the essentials, anyway. Although the Western diet has a lot of problems — too much sodium, sugar, saturated fat and calories, in general — it's not short on vitamins, said Alice Lichtenstein, a professor at the Friedman School of Nutrition Science and Policy at Tufts University.

And although there are more than 90,000 dietary supplements from which to choose, federal health agencies and advisers still recommend that Americans meet their nutritional needs with food, especially fruits and vegetables.

Also, American food is highly fortified — with vitamin D in milk, iodine in salt, B vitamins in flour, even calcium in some brands of orange juice.

Without even realizing it, someone who eats a typical lunch or breakfast "is essentially eating a multivitamin," said journalist Catherine Price, author of "Vitamina: How Vitamins Revolutionized the Way We Think About Food."

That can make studying vitamins even more complicated, Price said. Researchers may have trouble finding a true control group, with no exposure to supplemental vitamins. If everyone in a study is consuming fortified food, vitamins may appear less effective.

The body naturally regulates the levels of many nutrients, such as vitamin C and many B vitamins, Kramer said, by excreting what it doesn't need in urine. He added: "It's hard to avoid getting the full range of vitamins."

Not all experts agree. Dr. Walter Willett, a professor at the Harvard T.H. Chan School of Public Health, says it's reasonable to take a daily multivitamin "for insurance." Willett said that clinical trials underestimate supplements' true benefits because they aren't long enough.

TODAY'S WORKOUT

Crisscross hop squat gets you jumping

By Marlo Alleva
More Content Now

Spring has definitely sprung. The days are getting longer and the weather's almost perfect.

You may have a skip in your step, and whether it's motivated by bathing suit season or just feeling the warm sun on your skin, you have extra energy to burn.

Our move today is a crisscross hop squat. It's a perfect combination move to get the heart pumping.

This move will work your inner and outer thighs, glutes, quads and

hamstrings. It also doubles as a cardio workout.

Begin by standing tall, feet set slightly wider than your hips. Engage the core, and tuck your arms up by your chest for balance. From your outside stance, hop your feet inward crossing at the ankles. Bouncing off your feet, quickly hop back out to a wide stance, and into a squat. Use the deep positioning of your squat to propel yourself back up into your crisscross position more efficiently.

Continue this in and out motion for at least 10 times per set. Giving

yourself a short break, just a few seconds, and continue your next set. Shoot for three to five sets. Use this move as a warm-up or incorporate into a lower body workout, giving you a cardio pick-me-up.

Marlo Alleva, an instructor at Gold's Gym and group fitness coordinator at Fontaine-Gills YMCA, in Lakeland, Florida, can be reached at faluvzpa@msn.com.

Marlo Alleva demonstrates a crisscross hop squat. [SCOTT WHEELER/THE LEDGER]



LISTINGS

From Page B5

6:30 p.m. The church is located at the intersection of Highway 2 and Highway 179A.

New Zion Baptist Church

Sunday School is at 9:45 a.m. Morning Worship is at 10:55 a.m. Evening Worship is at 7 p.m. Wednesday service is at 7 p.m. The church is located on Highway 177A north of Highway 2.

Noma Baptist Church

Noma Baptist Church, Sunday School is at 9 a.m. Morning Worship is at 10 a.m. Evening Worship 5 p.m. Wednesday Services at 6 p.m. The church is located at 3471 E Kelly Avenue in Noma.

Northside Baptist Church

Sunday School is at 9:45 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6 p.m. Wednesday service is at 6:30 p.m. The church is located at the intersection of Highway 81 and Highway 90 in Ponce de Leon.

Sandy Creek Baptist Church

Sunday School is at 9:45 a.m. Worship Service is at 11 a.m. Church Training is at 5:30 p.m. Evening Service is at 6 p.m. Wednesday service is at 6 p.m. The church is located at 1125 Line Road in Ponce de Leon.

Shady Grove Baptist Church

Sunday School is at 9:45 a.m. Morning Worship is at 11 a.m. Evening Worship is at 6:30 p.m. Wednesday services are at 7 p.m. The church is located at 1955 Highway 177A in Bonifay.

Union Hill Baptist Church

Sunday School is held at 10 a.m. Morning Worship is at 11 a.m. Discipleship Training is at 5 p.m. Evening Worship is at 6 pm. Wednesday Prayer Meeting at 7 p.m. Choir at 7:45 p.m. The church is located at 2759 Union Hill Church Road.

West Bonifay Baptist Church

Sunday School is at 9:45 a.m. Morning Worship is at 11 a.m. Evening Worship is at 5:30 p.m. Wednesday services are at 7 p.m. The church is located at 609 West Indiana Avenue in Bonifay.

CATHOLIC Blessed Trinity Catholic Church

Sunday Mass is at 9 a.m. Wednesday evening Mass is at 5:30 p.m. Adoration is the first Friday at from noon to 3 p.m. Holy Hour is Tuesday from 7 to 8 p.m. The church is located at 2331 Highway 177A in Bonifay.

EPISCOPAL New Bethel AME

Sunday School is at 9:45 a.m. Morning Worship is at 11 a.m. Wednesday service is at 7 p.m. The church is located on Highway 90 in Bonifay.

Holiness

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. The church is located at 2533 Rail Road Avenue across from the Post Office in Westville.

LUTHERAN Grace Lutheran

Morning Worship is at 8:15 a.m. The church is located on Highway 90 East in Bonifay.

METHODIST Bethlehem United Methodist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Wednesday Bible Study is at 6 p.m. The church is located at 1622 Bethlehem Church Road.

Bonifay First United Methodist Church

Sunday School is at 9:45 a.m. Worship begins at 10:45 a.m. Youth Services are on Wednesday's at 6:00 p.m.

Cedar Grove United Methodist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 5:30 p.m. Wednesday service is at 6 p.m. The church is located two miles west of Millers Crossroads on Highway 2.

Mt. Ida Congregational Methodist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 5:30 p.m. Wednesday service is at 6:30

p.m. The church is located at just off Highway 2 in Holmes County's New Hope Community.

New Bethel AME

Sunday School is at 9:45 a.m. Morning Worship is at 11 a.m. Wednesday service is at 7 p.m. The church is located on Highway 90 in Bonifay.

Otter Creek United Methodist Church

Morning Worship is at 9 a.m. Sunday School is at 10 a.m. Wednesday service is at 6 p.m. The church is located four miles north of Ponce de Leon off Highway 81.

Poplar Head United Methodist Church

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening Worship is at 5 p.m. Wednesday services are at 6:30 p.m. The church is located 1.5 miles north of Highway 2 on Highway 163.

Red Hill United Methodist Church

Sunday School is at 9:45 a.m. Morning Worship is at 11 a.m. Evening Worship is at 7 p.m. Wednesday service is at 7 p.m. The church is located on State Road 2 two miles west of State Road 79.

OTHER Amazing Grace Faith Fellowship

Sunday School is at 10 a.m. Morning worship is at 11 a.m. Evening Worship is at 6:30 p.m. Wednesday Service is a 6:30 p.m.

The church is located at 3253 Highway 2 a half mile west of Highway 79.

Bonifay House of Prayer and Praise

Sunday School is at 9:45 a.m. After a brief break Morning Worship follows. The church is located at 826 North Caryville Road.

Bonifay Seventh Day Adventist

Service is on Saturday at 9:30 a.m. Wednesday service is at 7 p.m. The church is located at 604 Mathusek Street.

Grace Fellowship Christian Church

Sunday School is at 9:45 a.m. Morning Worship is at 11 a.m. Bible Study is at 5 p.m. Evening worship is at 6 p.m. Wednesday service is at 6:30 p.m. The church is located at 2249 Highway 179 in Bonifay.

New Bayview Church of God of Prophecy

Sunday School is at 10 a.m. Morning Worship is at 11 a.m. Evening worship is at 5 p.m. Wednesday service is at 7 p.m. The church is located off Highway 2 on New Bayview Church Road.

Pine Log Worship Center

Sunday Morning Worship is at 10:30 a.m. Sunday night Worship is at 6 p.m. Wednesday night worship is at 6:30 p.m. The church is located at 1604 N. Highway 81 north of Prosperity.

For more news go to chipleypaper.com



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1100-1170 ANNOUNCEMENTS

1100 - Legal Advertising
1110 - Classified Notices
1120 - Public Notices/Announcements

1125 - Carpools & Rideshare
1130 - Adoptions
1140 - Happy Ads
1150 - Personals
1160 - Lost
1170 - Found

LEGAL ADVERTISING 1100

3-3449 Public Sale

Tharp & Sons Mini Storage in Bonifay, FL will hold a sale on these units for non-payment of rent, in accordance with the FL Statute Act 83-801-83-809. Tenants will have until May 8, 2018 to pay in full. NO CHECKS

- Destiny Heidench, Bonifay, FL
- Kaila Morles, Bessemer, AL
- Linda Jordan, Bonifay, FL
- Summer Toole, Bonifay, FL
- Unknown Renters April 18 and 25, 2018

LEGAL ADVERTISING 1100

4-3475 IN THE CIRCUIT COURT OF THE FOURTEENTH JUDICIAL CIRCUIT IN AND FOR HOLMES COUNTY, FLORIDA

CASE NO. 30-2017-CA-000199

WELLS FARGO BANK, N.A. Plaintiff,

V. VICKI HENDERSON; DONNA H. DAVIS; RONALD HENDERSON; GERALD WESLEY HENDERSON; UNKNOWN SPOUSE OF DONNA H. DAVIS; UNKNOWN SPOUSE OF RONALD HENDERSON; UNKNOWN SPOUSE OF GERALD WESLEY HENDERSON; UNKNOWN TENANT 1; UNKNOWN TENANT 2; WEST FLORIDA ELECTRIC Defendants.

NOTICE OF SALE

Notice is hereby given that, pursuant to the Final Judgment of Foreclosure entered on March 21, 2018, in this

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cause, in the Circuit Court of Holmes County, Florida, the clerk shall sell the property situated in Holmes County, Florida, described as:

ALL THAT CERTAIN PARCEL OF LAND SITUATED IN THE CITY OF GRACEVILLE, HOLMES COUNTY, STATE OF FLORIDA, BEING KNOWN AND DESIGNATED AS FOLLOWS:

BEGINNING AT THE SE CORNER OF THE 1/2 OF NE 1/4 OF SW 1/4 OF SECTION 33, TOWNSHIP 7 NORTH, RANGE 13 WEST, AND RUNNING NORTH 105 FEET; THENCE WEST 315 FEET; THENCE SOUTH 105 FEET; THENCE EAST 315 FEET TO POINT OF BEGINNING

a/k/a 1166 HIGHWAY 171, GRACEVILLE, FL 32440-7010

at public sale, to the highest and best bidder, for cash, on the front steps of the Holmes County Courthouse, 201 North Oklahoma Street, Bonifay, FL 32425, on June 28, 2018, beginning at 11:00 AM.

If you are a person claiming a right to funds remaining after the sale, you must file a claim with the clerk no later than 60 days after the sale. If you fail to file a claim you will not be entitled to any remaining funds.

Dated this 22nd day of March, 2018.

Kyle Hudson Clerk of the Circuit By: Diane Eaton Deputy Clerk

Please Publish in: Holmes County Times, PUBLICATION DATES:

Invoice to: eXL Legal, PLLC 12425 28TH STREET NORTH, SUITE 200 ST. PETERSBURG, FL 33716 EFILING@EXLEGAL.COM

Fax No. (727) 539-1094

File proof copy to SALES DEPARTMENT

If you are a person with a disability who needs an accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance.

LEGAL ADVERTISING 1100

Please contact the ADA Coordinator by mail at P. O. Box 1089, Panama City, FL 32402 or by phone at (850) 747-5338 at least seven (7) days before your scheduled court appearance, or immediately upon receiving this notification if the time before the scheduled appearance is less than seven (7) days. If you are hearing impaired, please call 711 or email ADARquest@jud14.flcourts.org.

April 18, 25, 2018

LEGAL ADVERTISING 1100

IN THE CIRCUIT COURT OF THE FOURTEENTH JUDICIAL CIRCUIT IN AND FOR HOLMES COUNTY, FLORIDA

CASE NO. 17000214CA

M&M ENTERPRISES EMPLOYEE PENSION PLAN Plaintiff,

vs. DONNA L. STEELE, EDWARD ARDUINO and JOHN P. SORENSEN, Defendants

NOTICE OF ACTION TO: DONNA L. STEELE

LAST KNOWN ADDRESS 156 Brentfield Loop Morrisville, NC 27560

YOU ARE NOTIFIED that an action to foreclose a mortgage on the following property in Holmes County, Florida:

S 1/2 of the SW 1/4 of the SW 1/4 of Section 22, Township 5 North, Range 16 West of Holmes County, Florida. Street address at 2102 Highway 79, Bonifay, FL 32425, has been filed against you and you are required to serve a copy of your written defenses, if any, to it on MARTHA S. ESKUCHEN, Esquire, Plaintiffs Attorney, whose address is 4442 Lafayette St., Marianna, FL 32446, on or before May 25, 2018, (or 30 days from the first date of publication, whichever is later) and file the original with the Clerk of this Court either before service on the Plaintiffs' attorney or immediately thereafter; otherwise, a default

LEGAL ADVERTISING 1100

will be entered against you for the relief demanded in the Complaint.

This notice shall be published once a week for two consecutive weeks in the Holmes County Times newspaper.

WITNESS my hand and the seal of said court at Bonifay, Florida on this 12th day of April, 2018.

CLERK OF THE COURT

Kyle Hudson, Clerk of Court

Holmes County 201 N. Oklahoma Street Bonifay, FL 32425

By: Diane Eaton DEPUTY CLERK

If you are a person with a disability who needs any accommodation in order to participate in this proceeding, you are entitled, at no cost to you, to the provision of certain assistance.

Please Contact: ADA Coordinator P.O. Box 1089, Panama City, FL 32402 Telephone (850) 747-5338 Fax (850) 747-5717 Hearing Impaired: Dial 711 Email: ADARquest@jud14.flcourts.org

at least 7 days before your scheduled appearance, or immediately upon receiving this notification.

MARTHA S. ESKUCHEN, Esquire Attorney for Plaintiff 4442 Lafayette Street Marianna, Florida 32446

E-mail: mselaw@gmail.com Telephone: 850-526-1005 Facsimile 850-526-5008 Fla. Bar No. 0207101 April 18, 25, 2018

LEGAL ADVERTISING 1100

Holmes County, Florida, Probate Division, the address of which is 201 N Oklahoma St, Bonifay, FL 32425

The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against the decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against the decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

NOTICE OF ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED.

NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED.

The date of first publication of this notice is April 11, 2018.

Attorney for Personal Representative: KERRY ADKISON Kerry Adkison, P.A. Post Office Box 669 Chiefland, FL 32428-0669 (850) 638-2643 Florida Bar No. 0843253 Personal Representative: JESSE POLLARD April 11 and 18, 2018

LEGAL ADVERTISING 1100

4-3440 **OFFICIAL** AVISO DE ELECCIONES GENERALES

Yo, Ken Detzner, Secretario de Estado del Estado de la Florida, por el presente notifico que se llevarán a cabo ELECCIONES GENERALES en el Condado de HOLMES, Estado de la Florida, el día SEIS de NOVIEMBRE de 2018 d. C., para determinar la ocupación o la retención de los siguientes cargos:

Senador de los Estados Unidos Representante ante el Congreso: distritos 1 y 2

Gabinete de la Florida - Gobernador

Gabinete de la Florida - Vicegobernador

Gabinete de la Florida - Procurador General

Gabinete de la Florida - Funcionario Principal de Finanzas

Gabinete de la Florida - Comisionado de Agricultura

Senador estatal: distrito 2

Representante Estatal: distrito 5

Juez del Circuito, 14.9 Circuito Judicial: grupos 3, 4, 6 y 11

Junta Escolar: distritos 1, 3 y 5

Comisionado del Condado: distritos 2 y 4

April 11, 18, 2018

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District 5 Circuit Judge, Fourteenth Judicial Circuit: Groups 3, 4, 6 and 11

School Board: Districts 1, 3 and 5

County Commissioner: Districts 2 and 4

April 11, 18, 2018

LEGAL ADVERTISING 1100

4-3490 IN THE CIRCUIT COURT FOURTEENTH JUDICIAL CIRCUIT OF THE STATE OF FLORIDA, IN AND FOR HOLMES COUNTY

CASE NO. 302018CP00048

IN RE: ESTATE OF IRENE W. FARMER, a/k/a JANIE IRENE FARMER, Deceased.

NOTICE TO CREDITORS

The administration of the estate of IRENE W. FARMER, a/k/a JANIE IRENE FARMER, deceased, Case Number 302018CP00048 is pending in the Circuit Court for Holmes County, Florida, Probate Division, the address of which is 201 N Oklahoma, Bonifay, FL 32425. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

ALL INTERESTED PERSONS ARE NOTIFIED THAT:

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is served within three months after the date of the first publication of this notice must file their claims with this Court WITHIN THE LATER OF THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE OR THIRTY DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and persons having claims or demands against the decedent's estate must file their claims with this Court WITHIN THREE MONTHS AFTER THE DATE OF THE FIRST PUBLICATION OF THIS NOTICE.

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3190 - Electronics
3200 - Firewood
3210 - Free Pass It On
3220 - Furniture
3230 - Garage/Yard Sales
3240 - Guns
3250 - Good Things to Eat
3260 - Health & Fitness
3270 - Jewelry/Clothing
3280 - Machinery/Equipment
3290 - Medical Equipment
3300 - Miscellaneous
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3350 - Tickets (Buy & Sell)

LEGAL ADVERTISING 1100

3100-3350 MERCHANDISE

3100 - Antiques
3110 - Appliances
3120 - Arts & Crafts
3130 - Auctions
3140 - Baby Items
3150 - Building Supplies
3160 - Business Equipment
3170 - Collectibles
3180 - Computers
3190 - Electronics
3200 - Firewood
3210 - Free Pass It On
3220 - Furniture
3230 - Garage/Yard Sales
3240 - Guns
3250 - Good Things to Eat
3260 - Health & Fitness
3270 - Jewelry/Clothing
3280 - Machinery/Equipment
3290 - Medical Equipment
3300 - Miscellaneous
3310 - Musical Instruments
3320 - Plants & Shrubs/Supplies
3330 - Restaurant/Hotel
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4100-4130
EMPLOYMENT

4100 - Help Wanted
4130 - Employment Information

HELP WANTED
4100

Hiring Experienced Shingle Layers
Serious inquiries only
Call 850-547-2934

6100-6200
REAL ESTATE FOR RENT

6100 - Business/Commercial
6110 - Apartments
6120 - Beach Rentals
6130 - Condo/Townhouse
6140 - House Rentals
6150 - Roommate Wanted
6160 - Rooms for Rent
6170 - Mobile Home/Lot
6180 - Out-of-Town Rentals
6190 - Timeshare Rentals
6200 - Vacation Rentals

BUSINESS/COMMERCIAL RENTALS
6100

Executive Office
Space for rent downtown ChIPLEY.
(850)638-1918

Retail Store Space available. Main Street, Downtown ChIPLEY.
850-638-1918

APARTMENT RENTALS
6110

For Rent
1, 2, and 3 bedroom apartments in Vernon. Clean, stove, refrigerator, central heat/air, convenient to Panama City Beach, section 8, Rental assistance.
850-638-4640

For Rent
One Bedroom apartments for rent in Chipley. Convenient location. Stove and refrigerator furnished. No Pets. Smoke free environment.
Call 850-638-4640.

APARTMENT RENTALS
6110

Publisher's Notice

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention, to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18.

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll-free at 1-800-669-9777. The toll-free number for the hearing impaired is 1-800-927-9275.



HOUSE RENTALS
6140

Nice clean houses, apartments & mobile homes for rent in Bonifay area. HUD approved. Also, homes for sale, owner financing with good credit. Call Martha (850) 547-2531.

MOBILE HOME/LOT RENTALS
6170

2 Bedroom Mobile Home in Bonifay. Water & sewage included. Not HUD, no pets, rental references required. \$475-\$550. 638-2999

Bonifay, 3BD/2BA MH w/covered deck, 3/4 mile from school on Hwy 177A. Family oriented park. \$700 rent/\$700 deposit. 850-547-3746.

MOBILE HOME/LOT RENTALS
6170

2/3/BR Mobile Homes For Rent \$500/MO up. Cottondale area. Includes Garbage/sewage/ lawn service. Electric \$57 turn on fee. www.charloscountryliving.com 850-209-8847

7100-7200
REAL ESTATE FOR SALE

7100 - Homes
7105 - Open House
7110 - Beach Home/Property

7120 - Commercial
7130 - Condo/Townhouse
7140 - Farms & Ranches
7150 - Lots and Acreage
7160 - Mobile Homes/Lots
7170 - Waterfront
7180 - Investment Property

7190 - Out-of-Town Real Estate
7200 - Timeshare

LOTS AND ACREAGE
7150

For Sale
Two acre plot and one acre plot in Jacob City, FL. Call 850-849-9338.

Highway 77 2 miles south of Chipley 4-8 acre tract Bedie Road. Call Milton Peel at 850-638-1858 or 326-9109

HELP WANTED
4100

JOB ANNOUNCEMENT
HEAVY EQUIPMENT OPERATOR I

Public Works Department
Advertisement Date: 04/05/18- 04/19/18
The Washington County Board of County Commissioners is currently accepting applications for a **HEAVY EQUIPMENT OPERATOR I** position in the **PUBLIC WORKS DEPARTMENT**. The primary function of the Heavy Equipment Operator I will be to operate machinery in connection with the construction, repair, and maintenance of roads and right-of-ways within Washington County.

Minimum Training and Experience:
One year of verifiable experience in the operation and routine maintenance of heavy equipment. Valid Florida Class "A" or "B" CDL Driver's License required. Class A preferred. The starting hourly rate is \$10.16.

Applications may be accessed on-line at www.washingtonfl.com. Applications and job descriptions may also be obtained at the Washington County Board of County Commissioners' office located at 1331 South Boulevard, Chipley, FL 32428. All interested applicants MUST submit an **Employment Application** to the Human Resources Department in the Washington County Board of County Commissioners' office by **4:00 PM on April 19, 2018**. All questions regarding this position or other vacancies should be directed to the Human Resources Department, 850-415-5151. The selected applicant will be subject to a pre-employment physical and drug screen. Veteran's Preference is accepted in accordance with FS 295.08.

Equal Opportunity/Drug-Free Workplace

HELP WANTED
4100

HELP WANTED
4100

Help Wanted
Tree Service in Enterprise, AL
Seeking an Experienced Tree Climber. Applicant must have at least 6 months of experience as a Tree Climber, a valid driver's license and dependable transportation to and from the shop. Please do not apply unless you meet this criteria. Tree Climber is the only position that we have available at this time. Starting wage is \$20.00 per hour or more based on level of experience. Full Time Position.
To apply, call or text Chuck Bomhard at (334) 379-2549 or call the office at (334) 347-6119.

The Holmes County Board of County Commissioners

is currently accepting applications for the position of **Tourist Development Council Administrative Assistant** Part Time (16 hours a week) For applications and job descriptions contact Hannah Benton in the Holmes County Commissioner's Office at 850-547-1119 or Rebecca Prince at the Holmes County Chamber of Commerce 850-547-6155. Please turn in completed applications to the Holmes County Chamber of Commerce located at 106 E Byrd Ave, Bonifay, FL 32425 or Holmes County Board of County Commissioners located at 107 E Virginia Ave, Bonifay, FL 32425, no later than 2:00 PM on April 17, 2018.

Holmes County is a Drug-Free Workplace and Equal Opportunity Employer.

JOURNEYMAN LINE WORKERS

West Florida Electric cooperative has openings for Journeyman Line Workers in our Graceville, Sneads and Bonifay offices. Salary and benefits, including medical insurance and retirement. These positions are responsible for routine and emergency work in the installation, maintenance and repair of overhead electric emergency work in the installation, maintenance and repair of overhead electric distribution lines. Must be able to participate in standby rotation and live within 20 miles of the office at which you are assigned. Education: High school diploma, completion of an approved apprenticeship program and possess or obtain within 6 months a valid Class "A" CDL. Applications are available at our Graceville office, 5282 Peanut Road, Graceville, Florida, (850) 263-3231. Applications must be received in the Graceville Office by Monday, April 30, 2018.

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BUSINESS DIRECTORY

CLEANING

Will Clean Inside your house weekly or biweekly. Reliable, honest, 30 years experience. Have references. Call Sherry, 850-849-0644 for estimates.

LAWN/YARD

Retired Military family looking to do Lawn Maintenance! Call or text James at 850-703-1706

MOVING/STORAGE

For Rent First in Chipley, Mini Warehouses. If you don't have the room, "We Do" Lamar Townsend (850)638-4539, north of Townsend's.

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Do You Need a dependable-honest-caring-experienced home health provider or care giver. Then call Theresa 850-326-6054. References upon request.

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10x10	\$46.01
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