

## Watermelon Festival Activities Continue Tonight And Tomorrow

FRAN HUNT  
ECB Publishing  
Staff Writer

The 63<sup>rd</sup> Annual Watermelon Festival activities will continue tonight (Friday) and continue in the morning, Saturday.

Vendors, including the food court and things for kids, will begin Friday, June 14 at 3 p.m., and continue Saturday at 9 a.m. They will be located along Dogwood, Cherry, and High streets.

The Street Dance will be held, Friday, June 14 on the Lotto van stage, located at the corner of Cherry and High streets, from 7:30 p.m. until 10:30 p.m.

The entertainment for the evening will be provided by the duo of Bobby Kennedy and Michelle Milligan, who will provide a wide variety of music to satisfy all tastes.

So come on out and dance the evening away.

During the Street Dance will be the ever-



Sheriff David Hobbs presents the "Prestigious Traveling Bed" trophy to this years winners of the bed race, the Kiwanis.

popular watermelon seed-spitting contest at 8:30 p.m. So come on out, have some fun, spit, spit, spit those seeds and make your Mama proud!

Come if you dare to the 90-minute haunted tour being presented by The Big Bend Ghost Trackers (BBGT) 8 p.m., Friday and Saturday, June 14 and 15 and see some of the most haunted destinations in Monticello, named "The South's Most Haunted Small Town" and learn of their histories.

You will learn not only the history of the town but also something of those said to still haunt the living.

The walking tours are \$15 for ages 13 to adults; \$12 for children ages 8-12 and citizens over the age of 62; and children under the age of seven are free.

Also being offered are the 75-minute mini ghost hunts at the old 1827 cemetery. The prices for the **Please See FESTIVAL Page 3A**

## City Sets Alcoholic Beverages Ordinance For Public Hearing

LAZARO ALEMAN  
ECB Publishing  
Senior Staff Writer

City officials will consider amending the ordinance that bans the sale of alcoholic beverages on Sundays.

By a 3-1 vote on Tuesday evening, June 4, the Monticello City Council determined to proceed with a public hearing to decide whether to amend the existing ordinance banning the sale of alcoholic beverages on Sundays.

The council instructed City Attorney Bruce Leinback to prepare language that would allow alcoholic beverages to be sold noon to 10 p.m. Sundays for off-premises consumption only. Meaning the ban would continue for bars, restaurant and other estab-

lishments where consumption is allowed on the premises.

Joining Councilman John Jones in the motion that he introduced to proceed with consideration of amending the ordinance were Mayor Idella Scott and Councilman Gerrold Austin.

Voting against was Councilman George Evans; Councilman Tom Vogelgesang recused himself because of a stated conflict of interest.

Early in the discussion, Leinback gave a recap of the options available to the council in terms of the ordinance. These options ranged from leaving the existing ban on the sale of alcoholic beverages on Sundays, as is; to allowing the sale of alcoholic beverages on Sundays, but restricting to certain hours and/or establishments; to following the county's lead and lifting the ban in its entirety.

The council's 3-1 decision to proceed with consideration of changing the ordinance followed comments from several citizens who spoke both for, and against, the change.

Speaking in favor of allowing the sale of alcoholic beverages on Sundays were several local merchants, who cited economic reasons for their desire to see the law changed.

These individuals argued that the ban was causing the loss of sales; that it was putting them at a disadvantage with their counterparts in the county and in surrounding coun-

ties; and that it was also resulting in lost tax revenues to the city.

The ban, they said, wasn't stopping alcohol consumption on Sundays; people simply went outside the city to get their alcoholic beverages, which made for an inconvenience and also created a potential safety hazard, as some individuals might then drink and drive.

Two who brought data to bolster their argument for changing the law were Jennifer Grantham and Kevin Patel, of the Shell gas station on W. Washington Street.

The two submitted a sampling of sale receipts for a two-month period, although admittedly some of **Please See ORDINANCE Page 3A**

## Money Sought For Springs Protection

LAZARO ALEMAN  
ECB Publishing  
Senior Staff Writer

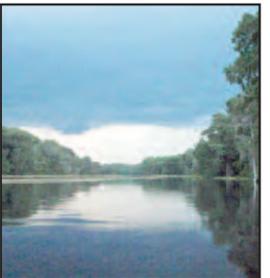
County officials are hoping to get a little of the \$10 million that Gov. Rick Scott recently approved in the state budget for springs' protection and restoration.

Engineer Alan Wise, of Preble-Rish Inc., recently informed the Jefferson County Commission on of the intention to seek some of the \$10 million, which is part of the Florida Forever Program.

Wise noted that \$5.5 million of the \$10 million had been specifically earmarked for springs' projects within the Suwannee River Water Management District (SRWMD).

"This money is to be used for springs restoration, removal of silt and invasive vegetation and such," Wise said.

He said Commissioner Stephen Walker was work-



ing with him on the project.

"We're requesting funding from the SRWMD for the restoration of the springs at the head of the Wacissa River," Wise said.

He said the idea was to clean the embankments and provide a dedicated trail to the spring to mitigate against erosion.

"We don't know what the local match will be, if any," Wise said.

He promised to report back to the commission more on the program as soon as he had more information.

## Solid Waste Department Gets New Office Building

LAZARO ALEMAN  
ECB Publishing  
Senior Staff Writer

The Jefferson County Commission appears to be on a roll. Barely two weeks after approving construction of a new fire station for the Fire Rescue Department, it approved an expenditure of \$237,760 for construction of an administrative building for the Solid Waste Depart-

ment. The commission's decision came on Tuesday, May 21, following the presentation of a renegotiated price bid by consultant engineer Alan Wise, of Preble-Rish Inc.

The new building is to go up on what was formerly the site of the Grants Office building, near the juncture of Waukeenah Street and US 19.

The building will be a metal structure with a brick façade on the office half and possibly an awning over the entrance. Lest anyone think the commission acted rashly or is on a spending spree, consider that it took almost two years and countless meetings to reach its decision, not unlike with **Please See NEW OFFICE Page 3A**

## Workshop Set To Consider Changing Fire Assessment

LAZARO ALEMAN  
ECB Publishing  
Senior Staff Writer

At the request of Fire Rescue Chief Mark Matthews, the Jefferson County Commission has scheduled a workshop for 3 p.m. Tuesday, June 18, to review the current fire assessment and consider changing it.

"It's time to review and evaluate the assessment," Matthews said. "It hasn't been reviewed since 2007."

He said the discussion was needed for the sake of determining the department's next budget, for planning its capital improvement purchases, and for giving the city a better idea of how much its residents might have to pay in assessment fees.

Matthews offered that Jack Rackley, of Government Services Group (GSG), would be part of the discussion. He said Rackley would present the findings of the study that the county contracted for the consultant firm to do in 2011.

That study, he said, es-

tablished the maximum fees that the county could charge for fire protection, as well as it settled the question of whether the current fees were structured fairly and equitably, in terms of the amount residential and commercial properties paid.

Matthews' request got an immediate response from Commissioner Hines Boyd, who found in the chief's request vindication for his (Boyd's) long opposition to construction of the new fire station, a structure that Boyd maintains could have been constructed much cheaper.

It was Boyd's contention throughout the lengthy process that ultimately culminated in the commission's approval of the new fire station that the department was squandering away money that could have been better used to purchase new equipment.

"I'm shocked," Boyd said, not without a touch of sarcasm. "We had \$800,000 in reserve and we spent it on a building and now

you're asking the taxpayers for money to buy equipment."

Boyd said he was not so much shocked by Matthews' request as he was by how soon after arguing for construction of the new fire station the chief was asking for more money.

Which prompted Matthews to respond that Boyd's was precisely the attitude that had spawned the kind of neglect that explained the deplorable condition of the current fire station. Had the money been used for the purchase of equipment instead of for replacement of the fire station as Boyd suggested, the department would still have a "crappy facility", Matthews said.

"At some point, you have to invest in yourself," he said. "We're not asking for the commission to float a bond."

Commission Chairman John Nelson called for an end to the discussion, before it turned into a reenact- **Please See WORKSHOP Page 3A**

## Two Roads Put On List For Eventual Upgrading

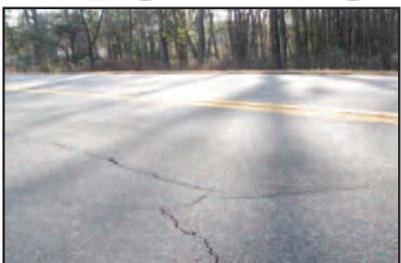
LAZARO ALEMAN  
ECB Publishing  
Senior Staff Writer

Two more county roads have been placed on a list for possible state funding and eventual resurfacing.

The two are Freeman Road, in the central part of the county, as the first choice; and North Barber Hill Road, in the southern part of the county, as the second choice.

Engineer Alan Wise, of Preble-Rish Inc., recommended the two roads for upgrade at a recent meeting of the Jefferson County Commission. Wise noted that he had assessed the two roads in terms of their connectivity, evacuation route status and other pertinent factors, and found them to be the best suited to meet the state's established eligibility criteria and therefore likely funding.

The Florida Department of Transportation (FDOT) annually asks counties to submit roads that best meet the re-



quirements for road improvement dollars. The FDOT this time around requested candidates for the Small County Road Assistance Program (SCRAP), which typically funds both the paving and widening of roads.

Wise estimated the cost of Freeman Road's upgrade would be about \$1.6 million, and that of North Barber Hill Road about \$100,000.

The commission gave Wise the go-ahead for submission of the two roads to the FDOT for possible SCRAP funding.

## New Office Hours



Beginning this week, the *Monticello News* and *Jefferson Journal* office will close at noon on Fridays. The new office hours on Fridays are 8 a.m. to 12 p.m. Office hours remain 8 a.m. to 5 p.m. Monday through Thursday.

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2 Sections, 18 Pages

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Health Tab - B Section

Local Weather

Fri 6/14 96/75  
Sunny in the morning with isolated thunderstorms developing later in the day.

Sat 6/15 93/71  
Slight chance of a thunderstorm.

Sun 6/16 93/69  
Times of sun and clouds. Highs in the low 90s and lows in the upper 60s.

Mon 6/17 93/70  
Times of sun and clouds. Highs in the low 90s and lows in the low 70s.

Tue 6/18 93/73  
Mix of sun and clouds. Highs in the low 90s and lows in the low 70s.

# Jefferson County Living



Photos submitted by Elaine Wimberly-Whittington

Students of the First Baptist Church Vacation Bible School get ready to race.



The children had fun constructing various crafts at First Baptist Church Vacation Bible School.



Jose Perez, age 5, shows off the birdhouse that he made at the First Baptist Church Vacation Bible School.

**baby steps to a healthy pregnancy**

Before, during and after pregnancy take a multi-vitamin with folic acid every day, get regular medical checkups and screenings, and maintain a healthy weight.

Visit [www.text4baby.org](http://www.text4baby.org) and [www.ounce.org](http://www.ounce.org).

## Colon Cancer Screening Saves Lives

Colon cancer is the **2nd** leading cause of cancer deaths in Florida.

**7** out of **10** cancer deaths can be prevented through screening and lifestyle changes.

Colon cancer starts without symptoms so choose prevention and **get screened.**

If you're **50** or older, ask your doctor which colon cancer screening test is right for you.

**Florida HEALTH** [coloncancerFL.org](http://coloncancerFL.org)

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**Deb's Notes**

**Drop A Note To**

[Debbiesnapp@embarqmail.com](mailto:Debbiesnapp@embarqmail.com)

staircase railings, window paintings, compost bin, iron, meditation accessories, pillows, clothing, books, quilts, and so much more. Great prices! Everything must go! Call for more information to 850-997-7373 or go to [oneheartearthcenter.com](http://oneheartearthcenter.com).

With the season's first named storm, Duke Energy wants to make sure you had a direct link to Duke Energy's Florida Outage Map for your convenience and use. This is a great tool should you need to gather information regarding power outages in your area.

<https://www.progress-energy.com/app/outagemaps/florida.aspx>. Customers who experience an outage during the storm should call the automated outage-reporting system at 1-800-228-8485. Duke Energy encourages customers to stay away from power lines that have fallen or are sagging and to report downed power lines as quickly as possible. Consider all lines energized as well as trees or limbs in contact with lines. Customers may also report an outage or view current outages online at [www.progress-energy.com/storm](http://www.progress-energy.com/storm).

Attention all parents of teenage students! Need somewhere for your teen to go this summer? Well, Minister Johnny Cox has the perfect solution... the Outreach Teen Center. Hours are 10 a.m. to 6 p.m. Monday through Friday, for the entire summer. Lots of fun and games are planned. The cost is reasonable and trips will be extra. Contact her now at 1-229-393-5719 or text or [crewsr79@yahoo.com](mailto:crewsr79@yahoo.com).

## Vacation Bible School Schedule

Elizabeth Baptist Church  
June 17-21

Waukeenah United Methodist Church  
June 24-28  
8:00 a.m. to 12:00 p.m.  
3 years old-5<sup>th</sup> grade

First United Methodist Church  
June 24-28  
9:00 a.m. to 12:00 p.m.  
Incoming Kindergarten to incoming 5<sup>th</sup> grade

Calvary Baptist Church  
June 24-28  
6:00 p.m. to 9:00 p.m.  
4 year olds to 11 year olds

Restored Glory Christian Center  
July 15-19  
6:00 p.m. to 8:00 p.m.  
All ages are welcome

Sardis United Methodist  
July 15-19  
6:00 p.m. to 8:30 p.m.  
3 year olds to 10 year olds  
Dinner at 6:00 p.m.

Christ Episcopal Church  
July 22-26  
9:30 a.m. to 12:30 p.m.  
5 year olds to 10 year olds  
Registration closed: full!

Central Baptist Church  
July 22-26

The Jefferson County Bailor Public Library is pleased to announce the start of its annual summer programming. The children's theme this year is 'Dig Into Reading.' Families are invited to see performers every Tuesday, beginning this Tuesday June 18, at 2 p.m. at the Jefferson County Elementary School Media Center. Storytellers, puppeteers and magicians are guaranteed to enthrall participants! Stop by the library any time and get your bag of goodies that includes a bookmark, reading log, and craft. A new youth program this summer is 'Game Day' held every Thursday at 4 p.m. Learn to play chess or come and play a variety of board games. The Keystone Genealogical Library will be hosting an Open House with refreshments on Wednesday, June 26 from 10 a.m. to 2 p.m. The theme is 'Digging Into Your Past' and participants will get a chance to use databases on library computers to research their personal history. Due to popular request, Summer Science Camp will be held again August 6-9. Visit <http://jcp.wildernesscoast.org> or call 850-342-0205 for further information.

Sallie Worley announces a 'Farewell Yard Sale' on the front lawn of the now dissolved One Heart Earth Center. The event will be held on Saturday, June 22 from 8 a.m. to 1

p.m. at 450 West Madison Street in downtown Monticello. Cash only please! Come shop and buy some wonderful treasures: linens, antiques, drop leaf table, farm table, 10 primitive wooden ladder back chairs w/assorted cushions, plantation desk and table, straight back 'Elf King's' chair w/red leather seat, white 'Primitive Pie' safe cabinet, large rocking chairs from carpet, wooden ash tray on stand, furniture, 6-drawer wooden dresser w/glass top 'credenza style', handmade desk by Ed Clayton and matching bench, vintage kitchen stepstool, assorted chairs, and a vintage wooden side table and vintage wooden chair w/green leather bottom from Milady's Shop... so many happy conversations in this chair through the years! Also, lamps, hand-crocheted shawls, angels, seasonal decorative items, glassware, kitchen items, iron skillets, baskets, curtains, two twin bed mattresses, reel mower, iron

## JEFFERSON COUNTY CRIME BEAT

All information is printed as taken from the Jefferson County Sheriff's Office. All Suspects Should Be Considered Innocent Until Proven Guilty In A Court Of Law

**FRAN HUNT**  
ECB Publishing  
Staff Writer

Aaron Michael Borders, 23, of Jefferson County, was arrested June 3 and charged with possession of marijuana less than 20 grams, obstruction of a law enforcement officer, and possession of drug paraphernalia. A total bond of \$1,500 was set and he bonded out of jail the same day.

Estella Denise Roberts, 42, of Jefferson County, was arrested June 3 and charged with disorderly intoxication, and assault on a law enforcement officer. A total bond of \$1,000 was set and she bonded out of jail the following day.

Isaiah Michael Reeves, 22, of Tallahassee, was arrested June 3 and charged with violation of probation on the charge of armed robbery with a firearm. Bond was withheld and he remained at the County Jail June 13.

Roger Conrad Russell, 49, of Jefferson County, was arrested June 4 and charged with aggravated battery with a deadly weapon, domestic. Bond was set at \$10,000 and he remained at the County Jail June 13.

Antoine L. Watson, 34, of Jefferson County, was arrested June 4 and charged with violation of probation on the charge of felony battery. Bond was withheld and he remained at the County Jail June 13.

Juan Carlos Torres, 22, of Tallahassee, was arrested June 3 and charged with driving under the influence. Bond was set at \$500 and he bonded out of jail the following day.

David Michael Patronis, 42, of Monticello, was

arrested June 7 and charged with storing a human body in an unlicensed facility; failure to refrigerate or embalm a body; failure to report a death; altering a body; making a false report to law enforcement officers; and grand theft over \$300. A total bond of \$27,500 was set and he remained at the County Jail June 16.

Marshall Dane Williams, 27, of Jacksonville, FL, was arrested June 7 and charged with driving under the influence, possession of marijuana less than 20 grams, and possession of drug paraphernalia. A total bond of \$1,500 was set and he bonded out of jail the following day.

Rachael Lee, 41, of Jefferson County, was arrested June 8 and charged with possession of methamphetamine, possession of Schedule II narcotics, and possession of drug paraphernalia. A total bond of \$5,500 was set and she bonded out of jail June 11.

Curtis Oliver, 43, of Jefferson County, was sentenced in court June 11 to serve five days in the County Jail, on the charge of trespass after warning. He remained at the County Jail June 13.

Christopher Bryant, 39, of Monticello, was sentenced in court June 10, to serve 11 months and 29 days in the County Jail on the charge of felony battery. He remained at the County Jail June 13.

David Whittaker, 33, of Loganville, GA, was arrested June 11 and charged with violation of probation on the charge of driving while license suspended. Bond was set at \$10,000 and he bonded out of jail the same day.

## Photo of the Week



2013 Watermelon Queen Taylor Clemens poses for a picture with Jimbo Fisher, Head Football Coach at FSU. Clemens was in Marianna on June 2, to cheer for her little brother at the little league baseball tournament, "Watermelon Smash."

## JEFFERSON COUNTY JOURNAL

Established 2007

A weekly newspaper [USPS 361-620] designed for the express reading pleasures of the people of its circulation area, be they past, present or future residents.

Published weekly by *ECB Publishing, Inc.*, 180 West Washington St. Monticello, FL 32344. Periodicals postage PAID at the Post Office in Monticello, Florida 32345.

POSTMASTER: Send address changes to: MONTICELLO NEWS, P.O. Box 428, Monticello, FL 32345.

This newspaper reserves the right to reject any advertisement, news matter, or subscriptions that, in the opinion of the management, will not be for the best interest of the county and/or the owners of this newspaper, and to investigate any advertisement submitted.

All photos given to *ECB Publishing, Inc.* for publication in this newspaper must be picked up no later than 6 months from the date they are dropped off. *ECB Publishing, Inc.* will not be responsible for photos beyond said deadline.

Emerald Greene  
Publisher/Owner

LAZARO ALEMAN  
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### CLASSIFIED AND LEGAL ADS

Deadline for classifieds is Monday at 3:00 p.m. for Wednesday's paper, and Wednesday at 3:00 p.m. for Friday's paper. Deadline for Legal Advertisement is Monday at 3:00 p.m. for Wednesday's paper, and Wednesday at 3 p.m. for Friday's paper. There will be a \$10<sup>00</sup> charge for Affidavits.

### CIRCULATION DEPARTMENT

Subscription Rates:  
Florida \$45 per year  
Out-of-State \$52 per year

### BUSINESS LIQUIDATION AUCTION

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# Festival

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mini ghost hunts are the same as those of the haunted tours however, those opting to take both the cemetery tour/ghost hunt is \$10. The cemetery tour will commence immediately following the haunted tour.

The tours are sponsored by the Chamber of Commerce and led by members of BBGT.

To make reservations call the Chamber at 997-5552 or BBGT at 508-8109.

Rotarians will host their annual Watermelon Festival barbecue dinner sales, 5 p.m. until 8 p.m., Friday June 14 at the Monticello Opera House.

Tickets are available from any Rotary Club member for \$8 for adults and \$4 for children under 12. Tickets will also be available at the door.

Eat in or carry out is available because many choose to enjoy their meals while visiting friends and family in the Monticello Opera House while many more patrons pick up multiple to-go trays.

The menu includes the Rotary's world famous barbecue Boston Butt, corn on the cob, secret recipe baked beans, coleslaw, bread, iced tea and a wide variety of homemade desserts.

Forty-two children and teens, most of who are local, will be performing in the Monticello Acting & Dance Company (MadCo) children's theater production of "High Tide, A Musical Pirate Tale (ARGGGH)!"

There are three public performances, June 14 at 7 p.m.; June 15 at 11:30 a.m.; and June 22 at 11:30 a.m. Doors open 30 minutes prior to the show.

Adult tickets are \$8; children 12 and older is \$5; and children 11 and under are \$3.

The Farmers and Merchants Bank (FMB) Watermelon Festival Breakfast will be held from 7 a.m. until 9 a.m., Saturday, June 15 under the FMB drive-thru.

The menu will include scrambled eggs, bacon, grits, biscuits, coffee and orange juice.

The cost of the breakfast is \$5 for adults and \$4 for children 12 and under.

The annual Kiwanis 5-K Melon Run will begin

at 8:15 a.m., June 15 at the First United Methodist Church Family Ministry Center, located at the corner of South Water Street and West Washington Street.

Registration will be held from 7 a.m. until 8 a.m.

The 63<sup>rd</sup> Annual Jefferson County Watermelon Festival Parade will commence at 10 a.m. Saturday, June 15, beginning in front of Capital City Bank.

All decorated units shall be in assigned positions by 9 a.m. for judging to begin at 9:15. This year's theme is "Hot, Hot, Hot!" so let your imaginations go and let it start cooking!

Of course a watermelon theme is always acceptable. Judging categories are: Best Merchant; Best Civic or Group; Most Unusual; Spirit Award; Best Theme and Best In Show. Late arrivals may not be judged.

Winners will receive a certificate and will be announced as winners at the courthouse as they pass by.

The Platform Events will be held at 11 a.m., Saturday, June 15 on the stage of the Lotto van, located at the corner of Cherry and High streets.

There will be a wide variety of music, so come on out, tap your feet, clap your hands, and swing your hips to the sounds of CDH and the Porch Lizards, The Hot Tamales, The Red Hill Cloggers, and Caleb Vaughn.

The sixth annual Wally Bentley Car Show is slated for 10 a.m. until 12:30 p.m., Saturday, June 15 in the parking lot of Farmers and Merchants Bank.

Space is limited so register early.

The show is open to all vehicles including antiques, classics, modified, trucks, and motorcycles. Entries will be limited due to space. Some day-of-show entries may be allowed if space is available. Vehicles must be in place by 11 a.m., when judging will begin. Trophies will be awarded for 1931 and older, 1932-1954, 1955-1987, Late Model (1988 and newer), Custom, Street Rod, and two special Judges' Choice awards.

# Ordinance

continued from page 1A

the receipts had a 2011 date and others had the 2011 scratched out and 2013 penciled in. Their purpose in showing the receipt, they said, was to show the notable difference in beer sales between Sundays and Mondays.

These differences ranged from a constant zero on Sundays to an average of \$187 on Mondays over a nine-week period.

In her presentation, Grantham argued that lifting the ban would both stimulate the city's economy and return tax dollars to Monticello, proving beneficial to all concerned.

"The economics of lifting this ban should not be ignored," Grantham said. "Let us start bringing this money right back to the City of Monticello."

Patel, for his part, offered that the sale of beer went beyond the mere purchase of the beers; typically, beer sales translated into the sale of other items, including cigarettes, food, snacks and lotto tickets, he said.

Those arguing on the other side of the issue, for religious and community stability reasons, included Gene Hall, Revs. Harriett and Willie Cuyler, Betty Russell and Charlie Hughes.

Hall, citing the example of Mahatma Gandhi and the non-violent movement that the latter led to win India's independence from Britain, assured the council that opponents of lifting the ban came before the council in supplication. "We need peace and quiet and selling alcohol on Sundays will bring a lot of noise and rowdiness," Hall said. "We beg you not to change the ordinance."

Hall said Sundays were reserved for honoring the Lord, and at some churches, services went well into the evening.

"The devil's got six days to raise hell now," Hall said. "Sunday is set aside for Christians to honor their Lord."

Harriett Cuyler reiterated her adamant opposition to amending the ordinance for religious, familial and community reasons. She suggested that the council hold a referendum, if it wanted to know the community's stand on the issue.

Procedurally, she questioned if the council could raise the ordinance amendment so quickly after discussing it a month earlier and taking no action on it.

Leinback's response was that the council was within its right to raise the issue as many times as it deemed it necessary.

Cuyler at one point alluded to possible wrongdoing by a council member, whom she accused of knowingly ignoring an ongoing violation of city law,

presumably one having to do with the sale or consumption of alcohol.

Should the amendment pass, it would allow the alleged offender to do legally what the individual was now doing illegally, she said, suggesting that she might well bring legal action against the council member if such the lifting of the ban came to happen. It was never clear whom Cuyler was speaking about or what the nature of the alleged violation might be. But another citizen, Jay Adams, noted that at least two of the previously named bars were allowing on-the-premises alcohol consumption, a clear violation of their licenses. Adams' allegation, however, elicited absolutely no comment from the council or the chief of police.

Making an impassioned plea for reason and objectivity in the decision-making was Dr. Vivian Royster, who said the issue had nothing to do with religion or with the sale of alcohol really; it was rather about responsibility and accountability, she said.

The south side community already had a drug problem, and the sale of alcohol wasn't going to make a difference one way or the other, she said.

"We need to take responsibility for our neighborhood," Dr. Royster said. "It's on us to assume that responsibility. I ask that we bring objectivity to the decision making and not get lost in subjectivity because we lose integrity then."

When it came the council's turn to address the matter, Evans immediately moved to keep the ban in place, a motion that failed to get the necessary second.

Jones then moved to amend the ordinance to allow the sale of alcoholic beverages noon to 10 p.m. Sundays and only for off-premises consumption, which motion Austin seconded.

Following the council's vote, Russell expressed surprise that some on the council had voted as they had, apparently showing no concern about what happened on the south side of town. She vowed to pack the council at the July public hearing, if that was what was required to defeat the measure.

"We're going to fight it," Russell promised.

# New Office

continued from page 1A

the fire station.

What's more, the decision to proceed with the construction was preceded by the contentious process to decide the fate of the former grants office, which structure was ultimately demolished to make way for construction of the Solid Waste Department's new building.

The delays weren't without consequences, however; they resulted in a lower-cost building.

Wise in his presentation gave a brief summary of the history of the project, highlighting some of the major points in the process as the project haltingly moved forward.

His report noted that in August 2011, the commission had approved expending \$272,000 for construction of the building, at which time his firm had begun the design and permitting activities.

Construction bids had then been solicited in August 2012 and opened the following month, at which time RAM Construction and Development LLC had emerged as lowest qualified bidder, with a price of \$267,840.

On Oct. 2, 2012, Pre-

ble-Rish recommended award of the contract to RAM, the company that had been awarded the earlier contract for construction of the fire station. And at the point, the process had again stalled, Wise said. Or as he more diplomatically put it, the project had been "indefinitely tabled".

Part of the reason for the commission's indecision stemmed from its finding the \$267,840 price tag still too high. The commission asked Wise and the contractor to get together and determine if they could lower the price. Which it was happened in the interim. Wise reported to the commission on May 21 that he and the contractor had been able to reduce the price by \$30,080, provided the solid waste building was constructed concurrently with the fire station.

"The contractor is providing savings based on potential increased economy of scale," Wise explained.

Wise told the News last week that he expects the building's construction to begin in another six to eight weeks.

# Workshop

continued from page 1A

ment of previous arguments over the same issue.

"We don't need to get into an argument," Nelson said, reminding all that the fire station had already been decided. "We need to come to a decision on the assessment."

Rest assured that the cost of the fire station will resurface at the workshop.

As for the city, it will realize consequences from the workshop. The GSG study found a discrepancy between the fire services that Monticello residents receive from the county's fire department and the fact city residents contribute nothing towards the service.

The issue, as GSG reported it to city officials earlier, is that county residents are basically subsidizing fire protection service for city residents. The county, in other words, provides the same fire protection service within the city as does in the unincorporated areas. But only residents in the unincorporated areas currently pay the annual fire assessments, which is the

department's only source of funding.

GSG suggested several options correct the discrepancy. These options ranged from city residents paying the assessment, to the city contracting the service from the county, to the city providing its own fire protection, absent any county involvement.



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US 19 South at Cooper's Pond Road  
997-1166  
Carl Desmartin, Minister  
**Sunday:**  
10 AM Bible School  
11 AM Worship Hour  
**Wednesday:**  
7 PM Bible Study

Revelation 1:15-18a  
his feet were like burnished bronze, refined in a furnace, and his voice was like the roar of many waters. (16) In his right hand he held seven stars, from his mouth came a sharp two-edged sword, and his face was like the sun shining in full strength. (17) When I saw him, I fell at his feet as though dead. But he laid his right hand on me, saying, "Fear not, I am the first and the last, (18) and the living one.

**Come and worship with us! (John 4:24)**

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# FLAG DAY 2013



## Presidential Proclamation Flag Day And National Flag Week, 2013

FLAG DAY AND NATIONAL FLAG WEEK, 2013

BY THE PRESIDENT OF THE UNITED STATES OF AMERICA

A PROCLAMATION

Each June, our Nation lifts its sights to the flag that has watched over us since the days of our founding. In those broad stripes and bright stars, we see the arc of the American story -- from a handful of colonies to 50 States, united and free.

When proud patriots took up the fight for independence, they came together under a standard that showed their common cause. When the wounds of civil war were still fresh and our country walked the long road to recon-

struction, our people found hope in a banner that testified to the strength of our Union. Wherever our American journey has taken us, whether on that unending path to the mountaintop or high above into the reaches of space, Old Glory has followed, reminding us of the rights and responsibilities we share as citizens.

This week, we celebrate that legacy, and we honor the brave men and women who have secured it through centuries of service at home and abroad. Let us raise our flags high, from small-town storefronts to duty stations stretched around the globe, and let us look to them once more as we press on in the march toward a more perfect Union.

To commemorate the adoption of our flag, the Congress, by joint resolution approved August 3, 1949, as amended (63 Stat. 492), designated June 14 of each year as "Flag Day" and requested that the President issue an annual proclamation calling for its observance and for the display of the flag of the United States on all Federal Government buildings. The Congress also requested, by joint resolution approved June 9, 1966, as amended (80 Stat. 194), that the President annually issue a proclamation designating the week in which June 14 occurs as "National Flag Week" and call upon citizens of the United States to display the flag during that week.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, do hereby proclaim June 14, 2013, as Flag Day and the week beginning June 9, 2013, as National Flag Week. I direct the appropriate of-

ficials to display the flag on all Federal Government buildings during that week, and I urge all Americans to observe Flag Day and National Flag Week by displaying the flag. I also call upon the people of the United States to observe with pride and all due ceremony those days from Flag Day through Independence Day, also set aside by the Congress (89 Stat. 211), as a time to honor America, to celebrate our heritage in public gatherings and activities, and to publicly recite the Pledge of Allegiance to the Flag of the United States of America.

IN WITNESS WHEREOF, I have hereunto set my hand this seventh day of June, in the year of our Lord two thousand thirteen, and of the Independence of the United States of America the two hundred and thirty-seventh.

BARACK OBAMA

Angela Gray  
Jefferson County  
Property Appraiser

Marty Bishop  
Supervisor of Election

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**Happy Flag Day!**

**REGISTER'S MINI-STORAGE**  
wants to remind our citizens to Honor Our Flag by properly disposing of torn, ripped and old Flags. Please contact the American Legion Post 49 to help in this noble effort.  
**315 Waukeenah Hwy.**  
**1/4 Mile Off US 19 South**  
**850-997-2535**

**Flag Retirement Saturday**  
DEBBIE SNAPP  
ECB Publishing  
Staff Writer

American Legion Otto Walker Post 49 will hold a Flag Retirement Ceremony at 2 p.m. on Saturday, June 15, in recognition of Flag Day, which is on June 14 this year. The event will demonstrate the proper way to retire tattered, torn, or otherwise unserviceable flags. The ceremony will indicate dignity and respect to this hallowed symbol of our nation.

Plan to attend, and bring those elderly flags to the ceremony, or contact a member of the Post 49 Legion or Auxiliary to pick up those flags, or take your flags to the Post home located on South Water Street in Monticello, and drop it off anytime.

For more information about this event or about the American Legion contact Commander Travis Hussey at 850-997-5106, or Adjutant Ron Slik at 850-997-8103.

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Celebrate Flag Day with a BBQ dinner from Johnston's

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Proceeds benefit: civic projects, scholarships, Rotary youth Camps, and the immunizations of Polio and other childhood diseases

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HAPPY FLAG DAY

# AROUND JEFFERSON COUNTY

## Wadesboro Place Congregate Senior Living

**DEBBIE SNAPP**  
ECB Publishing  
Staff Writer

Wadesboro Place is nestled in the quiet, quaint city of Tallahassee; where seniors are surrounded by friends and family who really care. Where friendly smiles, pleasant conversation, entertainment, home-cooked meals, and snacks are something to look forward to each day. Where home is much more than a place to be... it's where you belong. Wadesboro Place is an affordable all in-inclusive community just minutes from shopping, restaurants, major hospitals, and medical facilities.

Come enjoy lunch and take a tour of the facility. Allow the staff to show you just what is offered at Wadesboro Place. Just call when you're ready to set up a time and day.

Wadesboro Place is where you can enjoy your retirement years living independently with all the comforts, safety, and amenities of home. The focus at Wadesboro Place is on social interaction and enjoying life. Meals are enjoyed together, at the table, with home-cooking provided by your personal chef.

Opportunities for an active and diverse social life are the foundation of

this active community. The active lifestyle is not only enjoyed with the interaction and entertainment at home, but also with regularly scheduled outings to area attractions, shows, as well as special trips to many other places and sights.

Wadesboro Place has a small, dedicated staff that is committed to providing a welcoming and enjoyable environment for all those who become a part of the Wadesboro Place community. The staff not only is there to provide those home cooked meals, house-keeping, and help with those small challenges... they also are enjoying the community activities and fun. At Wadesboro Place the in-house management staff is always available so the residents can call on them for anything.

Come and experience Tallahassee's only residential congregate and pet-friendly living facility; just seven miles east of Capital Circle East. Its driveway is off Highway 90, across from Hawks Landing Sub-division.

Debi Brigman, owner/operator of Wadesboro Place, is all about family and giving the 'personal touch.' She has been in Tallahassee for 30 years entertaining folks with her

music, plays, and cooking (she is a caterer.) While raising her sons on her own, she was also taking care of her elderly mother for 12 years. She has been very active in her church in many roles, one being the youth minister for years and in the community with plays and musicals. Her sons are now grown and she is ready for a new adventure. Come by and visit her at Wadesboro Place, or give her a call at 850-364-3167, or 850-284-4892.

When you choose Wadesboro Place, everything is included. No leases, no buy-in fees, no more taxes, no more yard or home maintenance, no more cleaning, no more cooking, no more driving... unless you want to, no more utility bills or cable bills. With Wadesboro Place there are no more worries... just a fun, relaxing lifestyle... like it should be.

Small Congregate Living, Where Everyone Is Family!

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## Easter Miracle at Live Oak

**DAPHNE FLOWERS WOOD**  
MFH - Live Oak Hounds

In the deep south there grows a wicked weed called spear grass. It has barbs on the seed head resembling a fish hook so that once it enters the nose, mouth or eyes, it can only travel forward. Its favorite organ to travel to is the lungs where, if it is not caught early by the subtle sign of a hound going off its feed, it causes a fast and fatal pneumonia.

Sometimes it walls itself off in a cyst or it has even been known to go through the rib cage and exit the skin.

Live Oak Pageant '11 had finished seven days of intravenous antibiotics for a lung seed at the vet's in Thomasville, Georgia and was well on the mend and due to go home the next day to his kennel in Monticello, Florida when one of the hospital's employees took him outside for a walk just before 5:00 p.m. on Thursday before Easter.

The employee tripped, fell and Pageant, who is a rather shy hound and despised the vet hospital, bolted off at high speed dragging the leash. Panic on everyone's part ensued and Becky Malphus DVM and co-owner of the practice, jumped into her car in time to see the terrified but resolute Pageant going at high speed across the Lowe's vast parking lot. He then skirted Longhorn Steak House, Whataburger, and Kentucky Fried Chicken before crossing US Highway 19, a four lane road. He was seen dashing into the grass median of the bisecting four lane Highway US 84 that heads east.

Miraculously he had not been hit by a vehicle and equally amazing Dr. Becky had him in sight as he was clocked for miles, running twenty miles an hour along the grass separating the four lanes of traffic.

A large traffic jam ensued behind Dr. Becky, and coming the opposite direction, as drivers, seeing her flashing car lights, realized she was in pursuit of the hound running for his life down the middle of the road.

He was too frightened to stop and be saved by being caught, but the treatment he received at the vets must have worked well on his lungs because

he ran several miles before darting across in front of Dr. Becky's car into the woods on the south side.

Live Oak's huntsman, Dale Barnett, had been telephoned by this time and he drove all around the area for hours trying to find poor Pageant, but he had no luck. The hound had disappeared completely.

Multiple people searched all day Friday as he had been spotted traveling south and east near the police practice range. This must have terrorized him as, unlike English pointers, foxhounds are very gun shy.

By Friday night all were despondent and fairly certain Pageant had met some horrible fate and the possibilities were numerous: poisonous snakes, alligators, vicious pit bulls (a favorite breed locally) and numerous tall hog wire fences topped by strands of barbed wire, not to mention vehicles.

It was depressing to get in bed that night and think of poor Pageant, who had been so well cared for all his life after being born in our kennel, out in the great unknown tired, hungry, thirsty and God knows what other tribulations coming his way or already effecting his well being.

Our troubled sleep was interrupted at 1:30 a.m. Saturday morning, the day before Easter, by the hound kennel in an uproar. I dared to wonder if it could possibly be Pageant arriving home.

His huntsman Dale Barnett awoke to the same thought and when he went to have a look, there was Pageant, a skinny, scared and hungry wreck curled up in front of his kennel gate 32 1/2 hours after his escape.

We all know hounds can cover great distances and have homing instincts second only to pigeons, but Pageant, tail male to Blencathra Glider '76, had come more than twenty five miles as the crow flies from a place he had never been before and had gone to in the back of a truck. He had crossed two major four lane highways and faced numerous other dangers to fetch up back at his beloved home. He is a special hound indeed and we are thrilled to have him back!

## You Could Be A Lucky Winner!

Fill out this questionnaire and return it to:

Monticello News & Jefferson County Journal by July 5<sup>th</sup>

A winner will be drawn on July 12, 2013, from the returned questionnaires to win two (2) E-Pub Subscriptions

No purchase is required. You do not need to be present to win.

**1. Do you buy the Monticello News and the Jefferson County Journal from a:**

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**2. What days do you purchase the Monticello News and the Jefferson County Journal:**

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**3. Have you had the Monticello News and the Jefferson County Journal delivered to your home in the past year?**

Yes  No

**If you no longer subscribe, please tell us why you stopped home delivery.**

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**4. In which of the following age groups are you?**

18-24  25-35  36-44  45-54  55 or older

**5. Do you use/read... (Please answer with a Yes or No in the blank)**

Hometown Connections  
 Health Focus

Home Owners Guide  
 Inserts

**6. Which are your favorite feature(s)? Number in numerical order 1-21. use #1 as your most favorite and #21 as your least favorite. Use numbers between #1-21 to gauge how much you do, or do not like the subject.**

Pictures from the Past \_\_\_\_\_  
Around Jefferson County \_\_\_\_\_  
Classifieds \_\_\_\_\_  
Community Calendar \_\_\_\_\_  
Crime Beat \_\_\_\_\_  
Church Page \_\_\_\_\_

Health Focus \_\_\_\_\_  
Farm/Outdoors \_\_\_\_\_  
Legals \_\_\_\_\_  
Letters to the Editor \_\_\_\_\_  
School News \_\_\_\_\_  
Sports \_\_\_\_\_

Pet Page \_\_\_\_\_  
Remembering the Good ol' Days \_\_\_\_\_  
Editorial Columns \_\_\_\_\_  
Stingers \_\_\_\_\_  
Crosswords & Sudoku \_\_\_\_\_

**7. What would you like to see more of in your Local newspapers?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
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Phone \_\_\_\_\_

Thank you for taking the time to fill out this questionnaire. Please return to us before July 5, 2013.

Mail to: Monticello News • P.O. Box 428 • Monticello, FL 32345

One entry per person. No reproductions accepted. Form must be filled out in its entirety (name included) to be eligible for winning prizes. These forms are for our use only and will not be printed.

# Jefferson County Living

## COMMUNITY CALENDAR

debbiesnapp@embarqmail.com or 850-997-3568

**June 14**  
Red Hat Scarlet O'Hatters will meet at 2 p.m. at the home of Edna Eleazer, on 1520 Beech Road; to decorate a float for the Watermelon Festival 'Hot! Hot! Hot! Parade. For more information about the Red Hat Society, contact Queen Mum Pat Muchowski at 850-997-0688.

**June 14**  
Monticello Jamboree Band will perform music for dancing at 7 p.m. on Friday at 625 South Water Street. There will be doorprizes, cold soft drinks, and snacks. Everyone is welcome to come dance, listen to some of the finest music, and just enjoy some fun and camaraderie with neighbors and friends. This is a nonprofit charitable event. For questions or concerns, contact Curtis Morgan at 850-933-8136 or Bobby Connell at 850-445-0049.

**June 15**  
Martial Arts classes are held from 11:00 a.m. to 12:30 p.m. on Saturday in the Memorial Missionary Baptist Church fellowship hall. Contact Diane Hall at 850-264-1195 for more information.

**June 15**  
Half-N-Half Four Band at the Dixie Community Center at 7 p.m. on Saturday for music and dance. Refreshments and good fellowship are available during intermission. For more information contact Kenneth Price at 1-229-263-7231. DCC is a

nonprofit organization.  
**June 15-26**  
Jefferson Arts will host a 'Members Exhibit' in the Gallery every Wednesday and Saturday from 10 a.m. to 2 p.m., or by appointment. The gallery is located at 575 West Washington Street. For more information and directions, call 850-997-3311 or info@jeffersonarts-gallery.com. Ask about FREE art classes.

**June 17**  
Al-Anon meetings are held at 8 p.m. on Mondays at the Anglican Church, 124 Jefferson Avenue in Thomasville. For more information go to www.al-anon.alateen.org.

**June 17**  
AA will meet at 8 p.m. on Monday at the Christ Episcopal Church Annex, 425 North Cherry Street. For more information, call 850-997-2129 or 850-997-1955.

**June 17**  
Fun Fitness Classes for all levels! Mondays and Thursdays: Golden Girls Revival 4:30 to 5:15 p.m. and Girls Revival with Core 5:30 to 6:30 p.m. For more information contact Doris Bishop at 850-591-0085 or go to www.GirlsRevivalFitness.com.

**June 18**  
AA classes are held on Tuesdays at 8 p.m. for those seeking help. The classes are held at the Harvest Christian Center, 1599 Springholow Road. Contact Marvin Graham, pastor, at 850-212-7669 for more information.

## Chamber Ribbon Cutting At Tractor Supply



ECB Publishing Photo By Debbie Snapp, May 31, 2013.

The Monticello/Jefferson County Chamber of Commerce held a Ribbon Cutting to celebrate the Grand Opening of its newest member... Tractor Supply. There were prize drawings for in-store items, store gift cards, and discounted sales totals for all supporting and celebrating the Friday morning event. Chamber Director Melanie Mays spoke a few words of support as Store Manager Rick Summers, with help from 2013 Watermelon Festival Queen Taylor Clemens, cut the ribbon.

## Church News Notes

debbiesnapp@embarqmail.com or 850-997-3568

**June 9-14**  
Greater Fellowship Missionary Baptist Church (Rev. Melvin Roberts, pastor) will hold a joint revival with Memorial Missionary Baptist Church (Rev. JB Duval, pastor) through Friday with Evangelist Rev. Rudolph Nealy; at 7 p.m. nightly. Everyone is welcome to attend. For more information call 850-322-7818 or 850-997-4375.

**June 10-14**  
First Baptist Church Lloyd Vacation Bible School for children ages PreK-3 through 6th grade. All knights and fair maidens, princes and princesses, are invited to unite and Stand Strong in the Lord. Participants will explore Learn-a-Lot Chambers, Craft Courtyard, Cook's Kitchen, Sir Gavin's Games, and the Great Hall through hands-on learning, special craft creations, tantalizing eats, Old World games, and a daily drama presentation. So prepare to step back in time, embark on a journey, and partake of one royally fun time! All troupes gather nightly at 6:00 p.m. and parents and/or guardians are invited to return at 8:00 p.m. for Closing Assembly; children will be dismissed at 8:30 p.m. Costumes are encouraged, though no weapons of any kind are allowed on campus. Register now by calling the church office at 850-997-5309, and join at 124 St. Louis Street in Lloyd.

**June 15, 29**  
StoryTime Ministry is held from 1 to 2 p.m. every other Saturday at the Jefferson County Bailar Public Library. For more information contact First United Methodist Church Ministry Chairman Barbara Hobbs

at 850-523-1813.  
**June 16**  
Mt. Olive AME Church will host a 'Men & Women Day' program at 3 p.m. on Sunday. All are welcome to attend. Rev. Clifford Hill Sr., pastor. For more information and directions call 850-242-8543.

**June 17**  
First United Methodist Church offers an Alzheimer's Project Support Group 11:30 a.m. to 1:00 p.m. on the fourth Monday in the Family Ministry Center. Alzheimer's Project, Inc., a non-profit organization that extends a warm supportive welcome to caregivers. Any questions or comments may be relayed to Rural Outreach Coordinator Recie Culpeper at Alzheimer's Project, Inc., 850-386-2778 and visit http://www.alzheimersproject.org. Rev. Wayne Cook, pastor.

**June 17-21**  
Elizabeth Baptist Church, on Bassett Dairy Road, will host Vacation Bible School Monday through Friday. 'Colossal Coaster World' will be held from 5:30 to 8:00 p.m. Volunteers, including youth, are still needed, as well as donors for the evening suppers.

**June 19-23**  
Union Bethel Circuit and Leman Ulee announce the annual church trip to Detroit, MI., and the fact that there are still a few more seats available on the bus. The trip is scheduled to begin on Wednesday and continue through Sunday. For more information contact him at 850-274-6268 or leman\_ulee@yahoo.com.

**June 19**  
Heaven's Kitchen Noon Bible Study and Prayer every Wednesday at Memo-

rial Missionary Baptist Church, with speakers Rev. JB Duval and Rev. Semmeal Thomas. Come as you are. Take your lunch break, for just one hour. Be spiritually filled as you study God's word. After Bible Study, Feed My Sheep Ministry will fill your physical body with a prepared meal. For more information, or to make a contribution, contact coordinators Sis. Mary Madison at 850-997-4504 or 850-210-7090, or Sis. Betty Russell at 850-997-4251.

**June 19**  
First Presbyterian Church will host EaglesWings, a ministry of outreach, serving the community on the first and third Wednesday of each month from 9 a.m. to 12 p.m. Volunteers are always needed, to distribute food items and to donate non-perishable food items. Call and leave a message for JoAnne Arnold at 850-997-2252, or 850-997-1084, or go to eaglewingsmonticello@yahoo.com or www.firstpresbyterianmonticello.org.

**June 12-21**  
Young Reaper Missionary Baptist Church, 572 Reaper Church Road in Greenville, will host its annual Revival Services at 6:30 p.m. every night through Sunday, beginning with Prayer Services. Rev. Earnest F. Rains is pastor and will be preaching for this occasion. For more information, contact E. Morris at 850-997-0904 or 850-212-6268.

**June 21**  
Tent of the Holy Guests of fers prayer for the sick and a special scripture message every Friday at 7:30 p.m. The Tent is located at 295 West Palmer Mill in Monticello. Call 850-342-3541 for more information.

## Woodmen Flag Day Ceremony, June 14

FRAN HUNT  
ECB Publishing Staff Writer

Through their Patriotic Program, Woodmen of the World (WOW), Lodge 2 in Tallahassee, will be recognizing Flag Day in Monticello, Friday June 14.

At 1 p.m., they will be hosting a Flag Day ceremony at the Monticello Volunteer Fire Department (MVFD), where they earlier this week, completed installation of a new, more becoming flagpole, and they will present the volunteers with a new US flag as well.

WOW has been around since 1890, but their patriotic ideals they uphold are timeless. As one of the nation's largest presenters of flags, WOW believes that "Stars and Stripes Forever," is not just the title of a song.

WOW Field Representative Cynthia Holland explained how the Tallahassee Lodge was



aware that the MVFD even needed a new flagpole and flag. "My husband was raised in Monticello. His parents still live there, and even though we live in Tallahassee, we go to the Winn Dixie in Monticello to buy our meat," she said. Her husband was aware of the need, so Holland drove down to the MVFD and agreed that the department needed a much more becoming pole, and a new flag and she brought the need back to the lodge. "I spoke with Assis-

tant Chief Mike Long and he was very excited about the prospect," said Holland.

The funds for the new flagpoles and flags that they distribute are raised through the local lodges.

The ceremony will begin with WOW representatives remarking on WOW, how they volunteer to help, and their achievements, which has included donating equipment to fire departments. They will talk briefly about the fraternal benefits of WOW, talk about the flag and what it symbolizes, and fire department personnel will close the brief ceremony with remarks.

Members of the community are invited to attend the ceremony.

The MVFD is located at 1245 North Jefferson Street.

WOW has been distributing US flags since 1947, and since that time, they have distributed well over two million US flags.



Flags Across America

Woodmen of the World has been around since 1890, but the patriotic ideals we uphold are timeless. As one of the nation's largest presenters of flags, Woodmen of the World believes that "Stars and Stripes Forever" isn't just a song title; it's a part of our mission.

You are warmly invited to Woodmen of the World's Flag Day Ceremony.

Date: June 14, 2013

Time: 1:00 p.m.

Location: Monticello Volunteer Fire Dept.

1245 North Jefferson Street

Monticello, Florida 32344

Cynthia Holland  
Field Representative  
850-509-7080

Jesse Goodson  
Financial Representative  
850-321-2000



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811500

# School

## Brown, Andrews Win JCMHS Science Fair

**FRAN HUNT**  
ECBN Publishing  
Staff Writer

The Jefferson County Middle High School science department recently coordinated its science fair, and sixty two middle and high school participants illustrated their research findings to sixteen judges including graduate scientists from the FAMU/FSU College of Engineering, local politicians, representatives from Tri-County Electric Co - Op, University of Florida Farm Extension, Florida A&M Department of Chemistry and Jefferson School district retired educators.

Student participants demonstrated the ability to question, problem solve, analyze data and form conclusions.

After completing their projects, students communicated their findings to the panel of judges who determined winners based on students' quality of work, how they communicated their findings and how the scientific method was incorporated.

At the high school level, eleventh grader Coby Brown took first place with his project, "Electric Motors."

Ninth grader Audrianna Noel took second place with her project, "Extracting DNA From Anything Living."



Students proudly show their displays in the JCMHS Science Fair.

Ninth grader Elicia Brewster took third place for her project, "Fingerprints in Genetics."

Ninth grader Alexia Falzone received Honorable Mention for her project, "Can Aspirin Be Considered A Stimulant?"

At the middle school level, eighth grader Mike-ria Andrews took first place with her project, "Plop, Plop Fizz Fast."

Sixth grader Terrence Mosley took second place with his project, "What Foods Dogs Like Best."

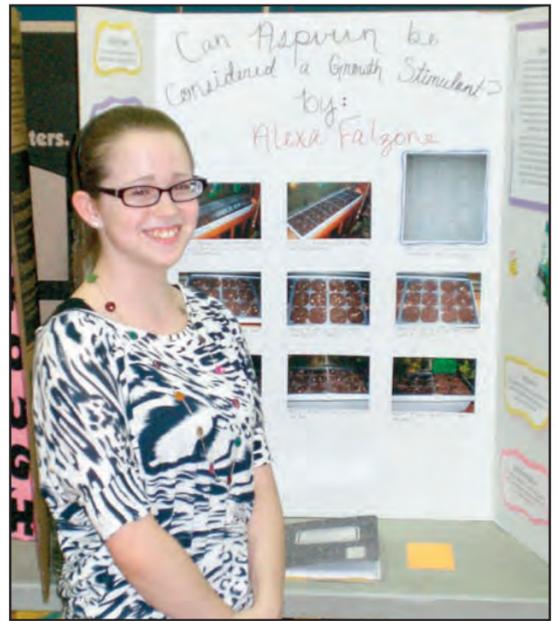
Sixth grader Moneshia Hall took third place for her project, "How To Make An Egg Bounce."

Eighth grader Ashante Brannan received Honorable Mention for her project, "Effective Display."

"Overall, the fair was a colossal success. Students are looking forward to participating in more academic based activities where they demonstrate their growing knowledge of Science Technology Engineering and Mathe-

matics (STEM) topics," said Science Teacher Yasmeen Leon.

Special thanks were extended to the science fair judges. They included Jed Dillard, University of Florida Livestock/ Wildlife Extension Natural Resources Agent I; Shaunte Baker, RN; Dr. Emanuel Collins, Engineer, FAMU/FSU College of Engineering; Monticello Police Chief Fred Mosley; John Nelson, Chairman Jefferson County Commission; Shirley Wash-



Ninth grader Alexia Falzone received Honorable Mention for her project, "Can Aspirin Be Considered A Stimulant."

ington, Jefferson County School Board member; Max Bilinski, retired Jefferson schools educator; Dr. Margaret Lyles Eggleston, Chemistry Professor, Florida A&M University; Louis Barrington, retired Jefferson district schools educator; Julius Hackett, Tri-County Electric Co- Op; Jeff Brewer, Tri-County Electric Co-Op; and mechanical engineering graduate students from the FAMU/ FSU College of Engineering, Obie Abakporo, Jason Brown,

Richard Hylton, Ben Patterson, and Darren Tinker.

Leon added that the first, second, third place and honorable mention high school and middle school students were further celebrated at the June 10 school board meeting.

The Jefferson County Middle High School Science Department is composed of Daphne Hill, Algeletha Mitchell, Peggy Saunders, Whitney Thomas and Yasmeen Leon.

## NFCC "Kids in College" Summer Camps Offer Fun And Educational Experiences

Looking for summer fun for your little camper? North Florida Community College's "Kids in College" program offers children in 1st through 6th grades everything from cooking camps to art camps.

NFCC's "Kids in College" camps offer a creative and educational outlet for children throughout the summer. Camps will run Monday through Thursday from 8 a.m. to 5 p.m. with several day camping options. Choose between half days from 8 a.m.-12 p.m. or 1-5 p.m. Campers can also choose to go all day long from 8 a.m.-5 p.m. There will be no camp programs scheduled during the week of July 4.

Camp costs vary and are based on half or full day camp options. A discount will be applied for each second and third child in a family. To enroll today or pick up a registration packet contact Denise

Bell at (850) 973-9481 or belld@nfcc.edu. More information is also available at <http://www.nfcc.edu/kids-in-college>.

### NFCC's "Kids in College" Camp Topics:

- **Reading & Creative Writing:** This camp is designed for young minds with a love for reading as well as for the future writers of the next generation. Kids will be able to express the creativeness they had not been able to during the school year, as well as dive into a world of relatable and imaginative reading through reading comprehension and fun activities.

- **Math Camp:** The math camp will consist of utilizing the fundamentals of math such as adding, subtracting, multiplying, and dividing. Each week, the difficulty will increase, going from basic

equations to using variables. The math camp I am providing will give the kids a feel for STEM courses such as mathematics and science.

- **Art Camp:** Kids will draw, color and paint with a variety of mediums. Their creations will become memories of their summer of 2013. The main focus is to be expressive while having fun.

- **Culinary Camp:** Cooking made fun! Learn about knife safety, microwave safety, using an electric mixer, blender, or other kitchen appliances. Additional kitchen basics such as: how to tell when noodles, cakes and cookies are done, and how to double a recipe or "half" it.

- **Kelly Center Kids:** Every day is about being healthy and getting active. Find out which fun, healthy activity is for you or just do it...sign up and get challenged. Comfortable clothing and athletic

shoes required. Held at NFCC's Colin P. Kelly Fitness Center.

- **Tech-Know Kids:** This hands-on techno camp will allow students to explore computers and other hardware to promote creativity and technical skills. Students will use hardware, search engines and various software programs to create stories, pictures, and explore technology resources.

- **Science Camp:** This camp is designed to expose kids to the various branches of science in a three week period. Over this course of time we will adventure into worlds known and unknown as a part of Earth/Space science, Animal Sciences, Chemistry, Physical Science, and Technological sciences. Kids will learn the scientific method, through various hands on activities and use of technology.

## Jefferson County School Board Transportation Department Summer School Route Schedule For 2012-13

**\*\*Route Starting Time 6:00 A.M. \*\***

**Bus #1 Driver:**  
**Irria Parris -12-51**  
• Pinney Woods & CR 158 North End @ Church  
• Christmas Acres @ Taylor Rd. & CR 158  
• Lloyd Acres @ CR 158  
• Lawrence Store Intersection CR 158 & SR 59  
• St. Phillip Intersection CR 59 & St. Augustine  
• Boland Store - Wacissa  
• Walker Spring Rd. & SR 259  
• Walker Store -Waukeenah  
• CJ Reams Store -Lamont  
• End of Jordan Rd. At Pecan House  
• Jefferson Place Apts. & Waukeenah Street

Lake & Lake Rd.  
• Parkway Pines  
• Ashville Hwy. & Clark Rd.  
• North End of Bassett Dairy & Ashville Hwy.  
• Ashville Hwy. & Deerwoods (Aucilla Shores)  
• End of Brock & Dills Rd. CR. 149-A  
• End of Ashville Hwy. -SR 221 -Turn Around  
• Kwiky Mart-Aucilla  
• East Washington Street  
• Branch Street @ Funeral Home  
• Corner of King & Park St. (Entrance of Jefferson Arms Apts)

**Bus #2 Driver:**  
**Christine Ford -12-49**  
• North End of West

## John McKay Scholarship Offered

**DEBBIE SNAPP**  
ECB Publishing  
Staff Writer

Students who receive speech therapy in public schools may qualify for a John McKay Scholarship to attend a private school.

If your child received speech in the public school or has a documented disability, as well as a current IEP (Individual Educational Plan,) they may qualify for a scholarship to attend a private school that participates in the McKay Scholarships for Students with Disabilities Program.

Deadline to apply so that students will receive a 100 percent scholarship is July 3. After this date students may still qualify but will not receive 100 percent scholarship.

At this time the only school in Jefferson County that participates in the John McKay program is the Monticello Christian Academy.

For more information, contact Monticello Christian Academy at 850-997-6048 or visit the John McKay website at [floridaschoolchoice.org](http://floridaschoolchoice.org).

## Get Real auto insurance that comes with a real Agent

Get real answers about your auto insurance from a real, local agent. Call today for a free, no-obligation quote on your Auto, Home, and Life coverage.

850-997-2213 | [www.floridafarmbureau.com](http://www.floridafarmbureau.com)

105 W Anderson St. • Monticello

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[freddy.pitts@ffbic.com](mailto:freddy.pitts@ffbic.com)

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Agent  
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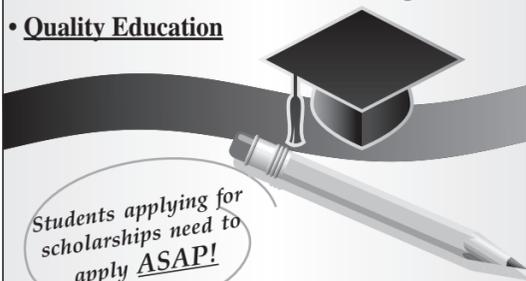
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850-997-6048

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[www.stepupforstudents.org/family](http://www.stepupforstudents.org/family)

# Sports

## Roberts Recognized By Tampa Bay Rays

DEBBIE SNAPP  
ECB Publishing  
Staff Writer

Terry Roberts has been recognized, and will be honored, for his continued efforts to promote student achievement through physical education and sports, by the Tampa Bay Rays on Friday, June 14.

The Tampa Bay Rays have partnered with the Pinellas County School District to acknowledge teachers and instructional staff who have demonstrated excellence. Roberts is athletic director and coach at the Tyrone Middle High School.

Roberts was nominated by the school principal for this award, for his work and skill with the students, staff, and parents. The principal also noted that, "Mr. Roberts is always willing to help where needed. He is a mentor and a role model for our students."

Roberts is a 1995 graduate of Jefferson County



High School, where he played football for the Tigers. He graduated from FAMU in 2000. He began his teaching career in St. Petersburg in 2001. He is the son of Willie Jane and Abram Roberts Jr. of Jefferson County.

He will be honored at the Rays game on Friday evening. The Rays have provided him with four seats in the lower box to attend the game, as well as a short Rays Vision announcement recognizing him for his accomplishments in education.

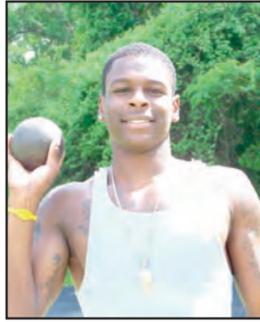
## Tigers Compete At State



Samiria Martin

FRAN HUNT  
ECB Publishing  
Staff Writer

The Jefferson County Tigers track and field team competed in the FHSAA 1A Outdoor State Finals on April 29 and the Tigers proudly represented Jefferson County



Lenorris Footman

with a positive showing. In the girls discus throw, Samiria Martin finished in fourth place with a distance of 114-5. Shan Scott finished in fifth place with a distance of 113-5. In the girls shot put, Scott brought home the



Jakeia Morris

gold with a first place showing of a distance of 38-9. Martin finished in second place with a distance of 38-6.5. Jakeia Morris finished in eighth place with a distance of 35-7.



Shan Scott

In the boys shot put Lenorris Footman finished in eighth place with a distance of 45-8.75. In the boys triple jump Shavarist Alexander finished in fourth place with a distance of 44-5.

ECB Publishing photos by Fran Hunt, April 30, 2013

## G.H. Liford: Where Are They Now?

AMBER HOUSTON  
ECB Publishing  
Staff Writer

Gene Henry Liford (better known as G.H.), a graduate of Aucilla Christian Academy, is moving on up in the academic and athletic world. He has announced a transfer to the private college, Florida Institute of Technology (Florida Tech) of Melbourne, FL.

The institute is just starting its football program, and will begin matches next year. Liford explained that the accreditation scare at Florida A & M University (FAMU) caused him to reevaluate his options. FAMU is currently on probation with the Southern Association of Colleges and Schools and may lose its accreditation in December.

Liford had no desire for four years of classes that wouldn't result in positive job placement and was forced to look at the situation in an incredibly mature way, eventually choosing to transfer to a more stable university. In the end Florida Tech gave him an offer that he could not turn down. "I'm receiving both academic and athletic scholarships. Between the two, they will cover most of my tuition," said Liford.

Liford is planning on becoming an accountant, and was impressed by the institute's school of

business. Said Liford, "I was really excited about their academics, because they have an outstanding business program." Not only that, but within three to four years, he could have a Master's degree through the accelerated curriculum.

Another thing he was impressed with was this: "They are widely considered to be one of the best schools in Florida: they have a 98 percent job placement rating directly out of college."

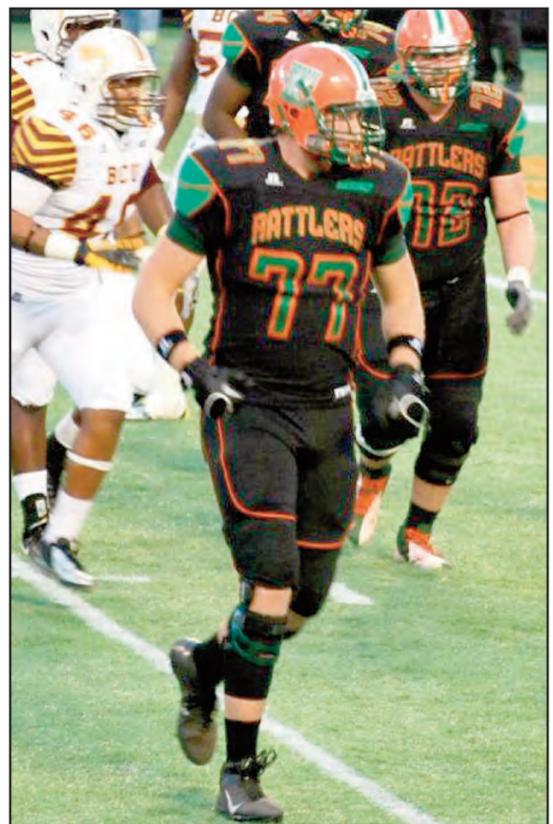
Liford will be able to be a starting left tackle in the inaugural season for the team, an honor few can boast. As a Junior, he has much experience balancing school, life, and sports, and offers this advice to younger athletes, "You have got to be disciplined. If you have too much social life, you will fail your team and your classes; too much athletics and you will fail your classes and have no friends; too much schoolwork—well, you can never have too much schoolwork, but still—you could have no friends and lose your scholarships because you aren't supporting the team."

And Liford would know. At FAMU, he put in 60-70 hours a week on class, practices and games—not even counting homework, studying, projects, or independent workouts. How? "You just have to buckle down and do it," Liford said.

Liford moved to Melbourne May 17 to begin summer training and workouts. He will begin classes and football matches in the fall. A televised match will air on September 19, in the evening.



G.H. the gentle giant gives his nephew a piggyback ride.



G.H. is not such a gentle a giant on the football field, dwarfing opponents and teammates alike.

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of  
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- Delray Beach, Florida
- Born: July 31, 1922  
Lloyd, Florida
- Parents: D.Q. BASSA, Sr.  
Miley Jones Bassa

From: Rosa Bassa, Niece  
Lloyd, Florida

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to  
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of  
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\*Arthur Ingram, Sr., Age 86

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- Abraham Keaton
- West Norton, Jr.
- Willie Williams
- Henry Wiggins, Sr.
- Abraham Manley
- Silas Lewis, Sr.
- Mack Norton, Sr.
- Tommy L. Hampton
- Jessie Hughes, Sr.
- Wise (Hickey) Blake
- William Barrington
- Rev. Cecil Gardner, Sr.
- Wallace (Joe) Hughes, Jr.
- Franklin Hamilton
- Henry Lee Pride, Sr.
- Verdell Barrington, Sr.
- Walter (Popeye) Mosley, Sr.

Compiler: Rosa Bassa,  
Historian

# SELL IT FAST IN THE CLASSIFIEDS

DEADLINE FOR WEDNESDAY PAPER 3:00 P.M. ON MONDAYS  
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## Help Wanted

**YOUTH & FAMILY ADVOCATE** - Several available positions as full-time counselor in an innovative agency serving adolescents and their families in outlying counties (Taylor, Franklin, Gadsden, Jefferson & Madison). These services may include initial screenings, crisis intervention, case planning, internal and external referrals, progress evaluation, individual, group and family counseling. Master's Degree in a Counseling Related Field required. Travel Required. Mail your resume to 2407 Roberts Ave., Tall, FL 32310 or fax 576-2580. In order to process applications more efficiently, we ask that you please refrain from calling the office to confirm receipt of resumes. 6/14-26.pd

**MONTICELLO FIRST UNITED METHODIST CHURCH HAS THREE POSITIONS AVAILABLE:** part-time Chancel Choir Director; part-time Youth Director; and part-time Choir accompanist. Job descriptions are available at www.monticellofmc.org. Contact Church 850-997-5545 for additional information. 5/24.tfn.c

## For Rent

**1 & 2 BEDROOM APARTMENTS AVAILABLE.** Elderly, Disabled and Handicapped persons with or without children. Must meet income requirements. 850-997-5321. 11/23, tfn, c.

**JEFFERSON PLACE APARTMENTS** 1468 S. Waukeenah St. Office 300 Monticello 1BR \$452, 2BR \$490. available. HUD Vouchers accepted. (850) 997-6964 TTY711. This institution is an equal opportunity provider and employer. 1/25.tfn.c

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## Services

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## For Sale

### PAGEANT AND PROM DRESSES FOR SALE :

**Size 3 child's** - white long dress, worn as flower girl dress, sequin/beadwork all on bodice, sequin/beadwork/appliques on bottom, built-in crinoline. - \$50  
**Size 4 child's** - off white dress, worn as flower girl dress, lace work around bodice, pretty lace work at bottom, cap sleeves - \$25

**Size 7-8 child's** - off white dress, worn as a flower girl dress, overlay of lace over entire dress, probably knee to calf length - \$25

**Size 8 child's** - white, long dress, lace around neck with decorative bodice - \$25

**Size 16 pre-teen size** - white long pageant gown, cap sleeves, white sequin work across entire bodice and sleeves, buttons around neck with circular cut-out on back, beautiful gown - \$100

**Size 8 Teen Dress** - Light baby blue dress with baby blue and black array of designs from the waist down. The top is a gathered bodice with black sequins crisscrossed across the front. Has a beautiful train. \$175

**Size 8 Teen Dress** - A fuchsia strapless gorgeous dress. The dress has gathers up the bodice and a sequined design down the left side and laces up half the back. There is also a train on this dress and a split up one leg. \$200

**Size 10 Teen Dress** - A beautiful, elegant, flowing emerald green dress. Has eye-catching beaded straps that criss cross in the back along with a beaded design in the front of the dress. Beautiful flowing train. \$200

**Size 14 (child's size 14 but dress is for a teen division approximately 13-15) - GORGEOUS** lime green dress, strapless but with spaghetti straps that criss cross across the back, sequins spotted across the entire gown, built-in crinoline - absolutely gorgeous. - \$250

**Size 10 Teen Dress** - bright baby blue dress, halter top bodice with sequins stitched throughout; built-in crinoline with sequin appliques on lace overlay. Cinderella looking beautiful dress! \$200. Call Emerald Greene at 973-3497. 4/5/13 rtn

### NOTICE OF PUBLIC HEARING ON APPLICATIONS FOR DESIGNATION AS HISTORIC PROPERTIES

The Monticello City Historic Design Review Board will conduct a public hearing on Applications for Designation as Historic Properties for the following two city properties:

1110 E. Pearl Street  
1115 E. Pearl Street

The public hearing will be held on June 25, 2013 at 6:00 p.m. at City Hall, 245 S. Mulberry Street, Monticello. Copies of the applications are available at City Hall. 6/14/13

### NOTICE OF MEETING

**THE SCHOOL BOARD OF JEFFERSON COUNTY** announces a Special Meeting to which the public is invited. The meeting will be held in the Board Room located at 1490 W. Washington Street, Monticello, FL on Monday, June 24, 2013 at 6:00 p.m. An agenda is posted on their website at www.edline.net/pages/jcsb. A paper copy is available for review at the District Office located at 575 S. Water Street, Monticello. Any questions may be directed to their office Monday through Friday from 8:00 a.m. - 5:00 p.m.; (850) 342-0100. 6/14/13

## ADVERTISING NETWORK OF FLORIDA

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### JOINT REQUEST FOR PROPOSALS AUDITING SERVICES

The Citrus Levy Marion Regional Workforce Development Board, Inc. dba Workforce Connection (Workforce), located in Ocala, FL and the North Florida Workforce Development Board (North Florida Workforce), located in Madison, FL will accept proposals with Statements of Qualifications from Certified Public Accounting firms for auditing services (including the preparation of Financial Statements) and Form 990 tax return for up to five audit periods beginning with the fiscal period July 1, 2013 through June 30, 2014, fiscal years ending June 30, 2015, June 30, 2016, June 30, 2017, and June 30, 2018.

Interested firms may obtain a copy of the RFP by contacting:  
Val Hinson  
Workforce Connection  
3003 SW College Rd, Suite 205  
Ocala, FL 34474  
352 873-7939, ext 1203  
FAX: 352 873-7956  
vhinson@workforceconnectionfl.com  
Closing on this RFP is July 8, 2013 at 4:00 p.m.  
Workforce and North Florida Workforce are Equal Opportunity Employers/Programs. Auxiliary aids and services are available upon request to individuals with disabilities using TTY/TDD equipment via the Florida Relay Service at 711. 6/12,14/13

### NOTICE OF EXECUTIVE SESSION

**THE SCHOOL BOARD OF JEFFERSON COUNTY** will be in executive session on Thursday, June 20, 2013 beginning at 3:30 p.m. for the purpose of negotiations. Executive sessions of the Board are not open to the public. Any questions may be directed to their District Offices Monday thru Friday from 8:00 a.m. - 5:00 p.m. by calling (850) 342-0100. 6/14/13

### LEGAL NOTICE

The School Board of Jefferson County recently approved for advertising revisions to School Board Policy 7.110, Homeless Students/Children and Youth in Transition. The revisions may be viewed by visiting the district website at www.edline.net/pages/jcsb. A copy of the revision is posted at the district office located at 575 S. Water Street, Monticello, FL. Public concerns or comments may be voiced for the next 30 days by calling the office at 850-342-0100 between the hours of 8am - 5pm Monday thru Friday. 6/14/13

### NOTICE OF MEETING OF CITY HISTORIC DESIGN REVIEW BOARD

The City of Monticello Historic Design Review Board will meet on Tuesday, June 25, 2013 at 6:00 p.m. The meeting will take place at City Hall, 245 S. Mulberry Street. Persons with disabilities who need an accommodation to participate in the meeting should contact City Clerk Emily Anderson at 342-0292 or at eanderson@mymonticello.net. 6/14/13

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# Outdoors

## The Jefferson Journal Fish & Game Feeding Chart

How to use: the major and minor feeding times for each day are listed below. The major feeding times are the best for the sportsman and last about 2 hours, the minor feeding times can also have good success, but last only about 1 hour.

The Week of June 14, 2013 through June 21, 2013  
Major Feed Times are marked by an asterisk (\*)

<b>Friday, June 14</b> *5:30 AM 11:40 PM *5:50 PM	<b>Saturday, June 15</b> 12:10 AM *6:20 AM 12:25 PM *6:40 PM	<b>Sunday, June 16</b> 12:55 AM *7:10 AM 1:20 PM *7:30 PM	<b>Monday, June 17</b> 1:45 AM *7:50 AM 2:00 PM *8:10 PM
<b>Tuesday, June 18</b> 2:25 AM *8:30 AM 2:40 PM *8:55 PM	<b>Wednesday, June 19</b> 3:10 AM *9:20 AM 3:30 PM *9:55 PM	<b>Thursday, June 20</b> 4:10 AM *10:10 AM 4:20 PM *10:40 PM	<b>Friday, June 21</b> 4:55 AM *11:10 AM 5:20 PM *11:35 PM

## Hunter Safety Course Offered In Jefferson County

The Florida Fish and Wildlife Conservation Commission (FWC) is offering a free hunter safety course in Jefferson County.

The course will be at the Beau Turner Youth Conservation Center, 9194 S. Jefferson Highway, Monticello. Instruction is from 8 a.m. to 5 p.m. June 22 and 1 to 5 p.m. June 23.

Students who have taken the Internet course and wish to complete the classroom portion must bring the online-completion report and attend only the June 23 session from 1 to 5 p.m.

An adult must accom-

pany children under the age of 16 at all times. Students are encouraged to bring a pencil and paper with them to take notes.

Anyone born on or after June 1, 1975, must pass an approved hunter safety course and have a hunting license to hunt alone (unsupervised).

People interested in attending this course can register online and obtain information about future hunter safety classes at MyFWC.com/HunterSafety by calling Hunter Safety Coordinator George Warthen at the FWC's regional office in Panama City at 850-265-3676.

## Jefferson/Leon/Wakulla County FSA Updates

The annual requirement of reporting to the Farm Service Agency (FSA) office can be referred to as crop reporting, acreage reporting, or crop certification. Filing an accurate and timely report for all crops and land uses, including failed acreage, can prevent loss of benefits for a variety of Farm Service Agency programs. All cropland on the farm must be reported to receive benefits from the Direct & Counter Cyclical Program, marketing assistance loans and Loan Deficiency Payments.

Conservation Reserve Program acreage must be reported to receive annual rental payments. Crop acreage for Non-Insured Crop Disaster Program (NAP) must also be reported.

Acreage reports are required if you want to be eligible for Farm service Agency programs. All crops except vegetables, small grain and tobacco are required to be reported by JULY 15th. Spring and Fall vegeta-

bles must be reported for each planting period within 15 calendar days after the completion of planting for each specific crop type. Prevented planting needs to be reported no later than 15 calendar days after the final planting date. Reports of failed acreage must be filed before disposition of the crop, and producers must be able to establish to the satisfaction of the county committee that the crop failed and was prevented from being replanted through the normal planting period because of natural disaster conditions. Failed acreage must be reported within 15 calendar days of the disaster event and before disposition of the crop. If you have any questions about reporting crop acreage please call the FSA office at (850) 997-2072.

Questions? Please contact Mark Demott, County Executive Director, at (850) 997-2072, mark.demott@fl.usda.gov, or for Farm Loans, please contact Justin Teuton, Farm Loan Manager, at Justin.Teuton@fl.usda.gov.



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There is no greater love than that.  
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I'll remember you with love.

VERSE BY MARILYN K. DEACON

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Journal  
June 14, 2013*



# *Health Focus*



*B*

*SECTION*

# How To Find Affordable Dental Care

Taking care of your teeth these days can take a big bite out of your budget. This is especially true for the 150 million or so Americans who don't have dental insurance and are stuck paying full out-of-pocket prices every time they visit a dentist. If you've been neglecting your teeth and gums because you're uninsured and you can't afford proper dental care, there are a number of strategies, resources and services available today that can help you reduce your dental bills or maybe even get care for free.

## Ask For A Discount

If you're paying your dental bill up front with cash, check, credit or debit card, one of the easiest ways to trim your cost is simply to ask your dentist's office for a discount. Out-of-pocket payers save the dentist office the cost and hassle of filing an insurance claim, so asking for a 10 percent discount is not unreasonable.

Or, if you're over age 55 or 60 ask about their senior discount program. Most dentists don't advertise them, but will give them to those that ask.

## Join A Dental Discount Plan

These are popular plans that provide their members access to a large network of



dentists that have agreed to offer their services at discounted fees. How this works is you pay an annual membership fee – roughly \$80 to \$200 a year – in exchange for 10 to 60 percent discounts on cleanings, crowns, implants, root canals and other procedures from participating dentists. To locate a plan, go to [dentalplans.com](http://dentalplans.com) (or call 888-632-5353) where you can search for plans and participating dentists by zip code, and get a breakdown of the discounts offered.

## Consider Medicare Advantage

If you're a Medicare beneficiary, you may already know that traditional Medicare (Part A and B) and Medigap supplemental policies do not cover routine dental care. But, there are some Medicare

Advantage (Part C) plans that do provide dental coverage. See [www.medicare.gov/find-a-plan](http://www.medicare.gov/find-a-plan) or call 800-633-4227 to check into Advantage plans in your area that offer them. You can switch from traditional Medicare to a Medicare Advantage plan each year during the open enrollment period, which is between Oct. 15 and Dec. 7.

## Find Cheaper Care

To get dental care at a reduced price, find a college or university near you that has a dental school. Most of the 52 dental schools throughout the U.S. offer comprehensive care provided by the dental students who are overseen by experienced, qualified teachers.

You can expect to pay 30 to 60 percent less than what a traditional dentist would charge and still receive excellent, well-supervised care. Or, if you just want to get your teeth cleaned, check with local colleges that offer dental hygiene programs. For training purposes, most programs provide teeth cleanings by their students for a fraction of what you would pay at a dentist's office. To locate dental schools or dental hygiene programs in your area visit [www.ada.org/267.aspx](http://www.ada.org/267.aspx).

## Use Low-Income Services

Some state and local programs, as well as local clinics offer free or discounted dental care to those with limited means. To find out what's available in your area, call your state dental director (see [www.astdd.org](http://www.astdd.org) for contact information) or your state or local dental society ([ada.org/statelocalorg.aspx](http://ada.org/statelocalorg.aspx)).

## HRSA health centers:

Supported by the Health Resources and Services Administration, there are more than 8,100 health center sites around the U.S. that provide discounted or free health and dental care to people based on financial need. To find a center near you that provides dental care call 877-464-4772 or visit [findahealthcenter.hrsa.gov](http://findahealthcenter.hrsa.gov).

## Free health clinics:

There are around 1,200 nonprofit, privately funded, volunteer-based free clinics across the country that provide a range of medical, dental and pharmacy services to economically disadvantaged people who are predominately uninsured. [www.nafclclinics.org](http://www.nafclclinics.org).

## Dental Life Network:

This national humanitarian organization provides free dental care for elderly and disabled people who can't afford to pay. 888-471-6334, [www.nfdh.org](http://www.nfdh.org).

# How to Use Herbal Supplements Safely

While the Food and Drug Administration does regulate herbal supplements, they don't get the same scientific scrutiny that medications do. Herbal supplement manufacturers do not have to get FDA approval, and they don't have to prove a product's safety and effectiveness before it's marketed.

So, before you start taking any new supplement, no matter how natural or harmless it may seem, you need to talk to your doctor or pharmacist to make sure it's safe for you.

In the meantime, here are a few popular herbs you should know about that can cause problems when taken with certain medications.

**Aloe Vera:** Used on your skin, aloe vera is perfectly safe. But taken orally as a laxative, it may interact with blood sugar-lowering medicines used to treat diabetes.

**Ginger:** A gram or so of powdered ginger can help ease nausea, but it can also interfere with anticoagulant (blood thinning) medications like warfarin and even aspirin. And, if taken in large quantities could interfere with cardiac, diabetes and blood pressure meds.

**Garlic:** Marketed as a pill, capsule or

powder to lower blood pressure and cholesterol, garlic acts as a blood thinner. So, if you're taking an anticoagulant, use with caution because garlic can make your blood too thin increasing the risk of excessive bleeding.



**Ginkgo:** Taken to help boost memory and prevent dementia, as well as treat a variety of other ailments, this popular supplement can also raise your risk of bleeding when combined with blood thinning medications. It can also counteract the blood pressure lowering effect of thiazide diuretic drugs and can interfere with anti-seizure medications and insulin used to treat diabetes.

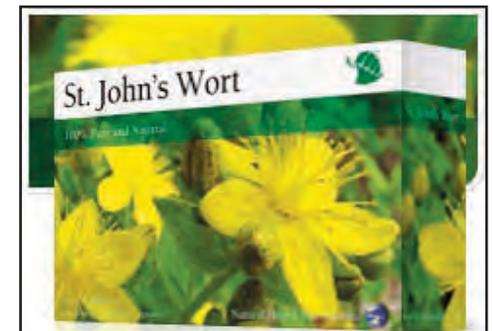
**Ginseng:** Taken primarily to improve

overall health and boost the immune system, this herb can reduce concentrations of the anticoagulant drug warfarin and can interact with some antidepressant medications too. People with diabetes should also use extra caution with ginseng if they are taking medicine to lower blood sugar.

**Kava:** Promoted as a treatment to curb anxiety and stress, kava has been reported to cause liver damage, including hepatitis and liver failure. It can also interfere with antipsychotic and Parkinson's medications, can thin the blood and should not be taken with anticoagulants, and can cause drowsiness so it should not be taken in combination with any sedatives.

**Licorice Root:** Taken for ulcers, bronchitis and sore throat, licorice root can cause high blood pressure and salt and water retention, raising the risk of heart problems. It can also thin the blood and should not be used with blood thinning drugs.

**St. John's wort:** Marketed as an aid to treat depression, Saint John's wort can reduce the effectiveness of a number of prescription medications including anticoagulants, antidepressants, seizure-



control drugs and certain cancer drugs.

**Zinc:** Taken as a defense against colds, excess zinc can cause nausea, vomiting, loss of appetite, stomach cramps, diarrhea and headaches. It can also interact with a variety of prescription drugs, including antibiotics and hypertension meds.

To get more information on the safety, side effects and effectiveness of these and many other herbal remedies, visit the Memorial Sloan-Kettering Cancer Center site on herbs, botanicals and supplements at [mskcc-herbs.org](http://mskcc-herbs.org), and see the National Center for Complementary and Alternative Medicine "Herbs at a Glance" Web page at [nccam.nih.gov/health/herbs-at-glance.htm](http://nccam.nih.gov/health/herbs-at-glance.htm).

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# How to Diagnose and Treat Sleep Apnea

Sleep apnea is a disorder that causes a person to stop breathing during sleep, dozens and even hundreds of times during the night for up to 30 seconds at a time. Left untreated, it can cause extreme daytime sleepiness, as well as a host of serious health conditions like high blood pressure, heart attack, stroke, congestive heart failure, diabetes, depression and gastroesophageal reflux disease. In fact, it's estimated that every year, around 38,000 Americans die in their sleep from a heart attack or stroke because of sleep apnea.

But the good news is that sleep apnea is very treatable and most insurance companies, including Medicare, cover it.

## Who Has It?

There are three types of sleep apnea: obstructive, central and mixed. Of the three, obstructive sleep apnea is by far the most common, and occurs when the throat muscles relax during sleep blocking the airway.

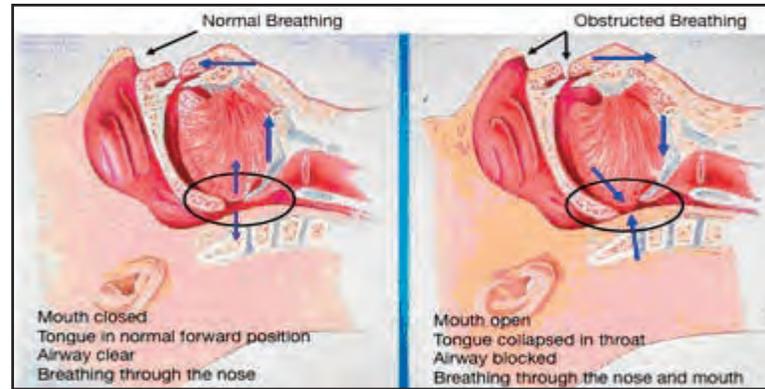
While anyone can have it, sleep apnea is most common in people who are overweight, male, middle-aged and older. For women, the risk rises after menopause.

The symptoms include loud snoring (however not everyone who snores has apnea), long pauses of breathing, gasping or choking during sleep and daytime drowsiness. But because most of these symptoms happen during sleep, most people don't recognize them. It's usually the person they're sleeping with who notices it.

## Get Help

To help you get a handle on your problem, the American Sleep Apnea Association has several quick diagnostic tests that you can take at [sleepapnea.org](http://sleepapnea.org) – click on “diagnosis and treatment.” If you suspect a problem after taking these tests, you should try some self-help measures, including:

Sleeping on your side or



stomach: This will help keep your airways open. To promote side sleeping, there are products available that can help like the Rematee Bumper Belt ([antisnoreshirt.com](http://antisnoreshirt.com)) and Sona Pillow ([sonapillow.com](http://sonapillow.com)).

Losing weight: Excess body weight, especially around the neck, puts pressure on the airway, causing it to partially collapse. Even a slight weight loss may help.

Avoiding alcohol and sleeping pills: These can relax the mus-

cles in the back of your throat, interfering with breathing.

If the problem persists, make an appointment with your primary care doctor or a sleep specialist who will probably recommend an overnight diagnostic sleep test, which can take place at a sleep center (see [sleepeducation.com](http://sleepeducation.com)), or at home using a portable device.

## Treatment Options

If you are diagnosed with apnea, the most commonly prescribed treatment is a continuous

positive airway pressure (CPAP) device. This involves sleeping with a snorkel-like mask that's hooked up to a machine that gently blows air up your nose to keep the passages open.

Another less invasive treatment option is Provent therapy ([proventtherapy.com](http://proventtherapy.com)). This is a small, disposable patch that fits over each nostril to improve airflow. A 30-day supply of these prescription-only patches cost \$65 to \$90, but unfortunately, it's not currently covered by insurance or Medicare.

If the CPAP or nasal patches aren't an option, an oral appliance that fits into the mouth like a removable mouth guard or retainer may be the solution. Oral appliances work by positioning the lower jaw slightly forward to keep the airway open during sleep.

If these don't work, there are also a variety of surgical options available to help keep the throat open and prevent blockages.



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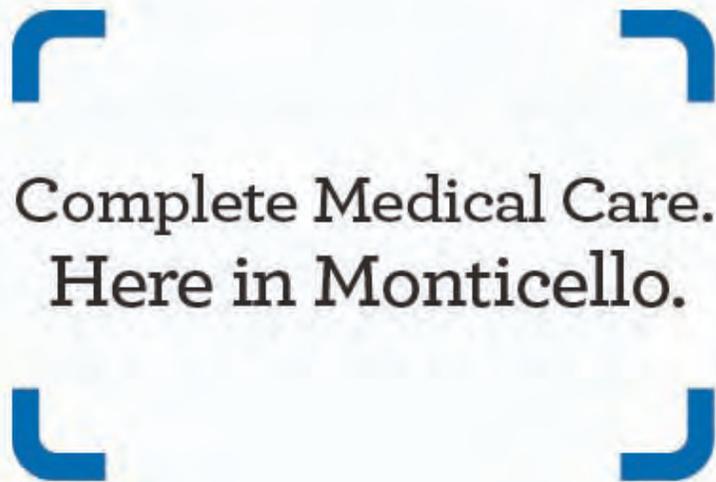
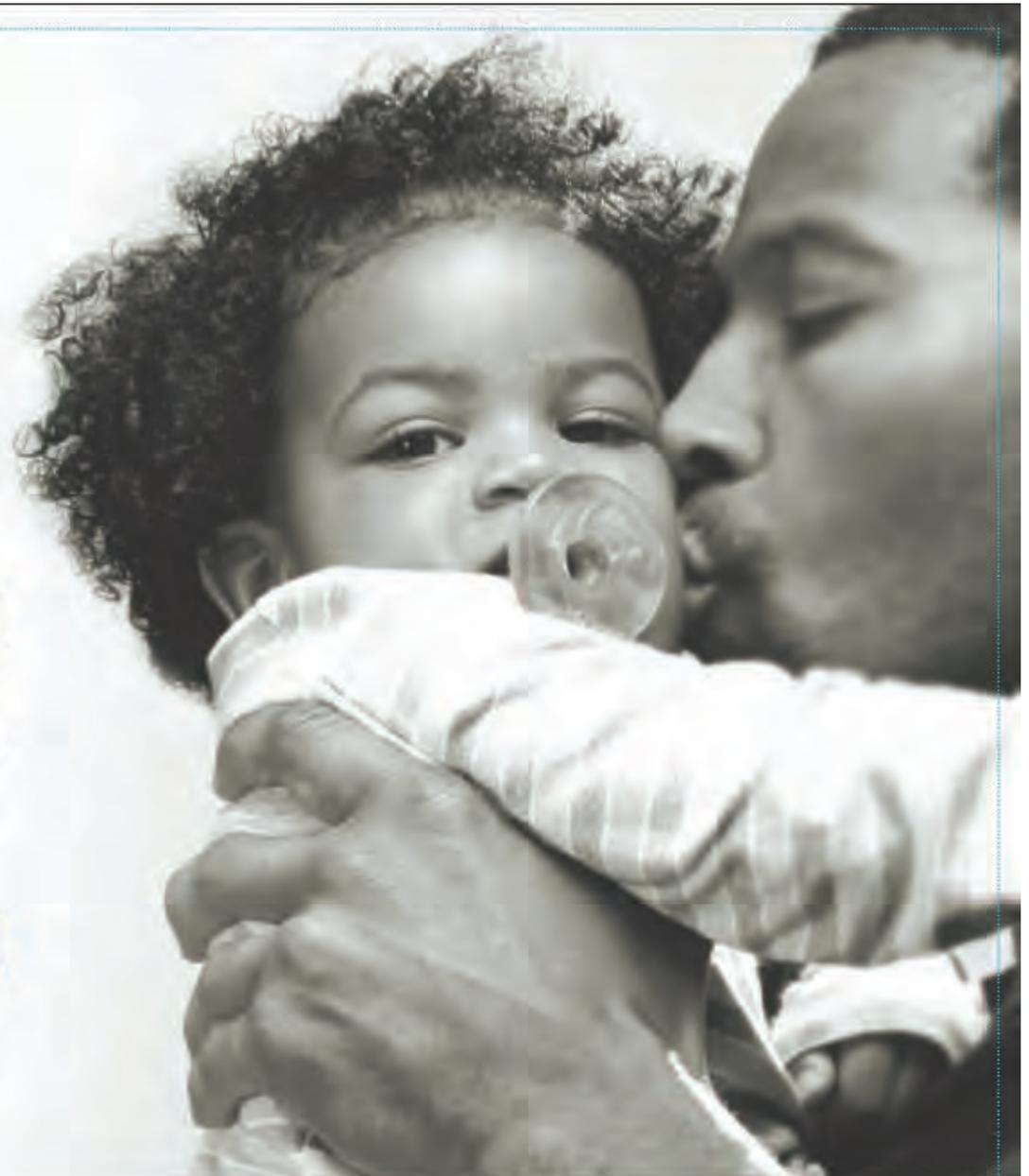
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# Jefferson Relay For Life Raises \$22,000+ For American Cancer Society



ECB Publishing Photos By Debbie Snapp  
May, 10 - 11, 2013.

**Jefferson County Law Enforcement had several service vehicles on display during the Jefferson Relay For Life event, helping to raises \$22,000+ for the American Cancer Society.**



**Daughters of Deborah Jefferson Relay For Life Team members were instrumental in the raising of \$22,000+ for American Cancer Society services and programs.**

## DEBBIE SNAPP ECB Publishing Staff Writer

The Jefferson County Relay For Life 'Carnival for a Cure' was very well received again this year with over \$22,000 raised for the American Cancer Society, and local services and programs.

The Luminaria Ceremony was beautiful as the glow from a hundred bags circled the walking track, all the while music sounded through the 18-hour celebration of birthdays and cancer-free life. Mr. Relay Pageant contestants danced for donations. Tanner Aman, of the Avalon Plantation Team, was crowned the new 'Queen Relay' and Mr. Congeniality. Runner up was John Cook of the First United Methodist team.

Team campsites were plentiful and decorated creatively inside the walking track at the old Jefferson County High School track and field. Teams included the \*Lions Club; \*Daughters of Deborah #1 and #2; Jefferson Elementary School; \*Aucilla Christian Academy; \*Avalon Plantation; \*Hayley's Angels Country For A Cure; \*Elizabeth Baptist Church; \*Farmers & Merchants Bank Paintin' For A Cure; \*First United Methodist Church; \*First United Methodist Church Youth; \*Jefferson County Health Department; \*Memorial Missionary Baptist Church; \* Wacissa United Methodist Church.



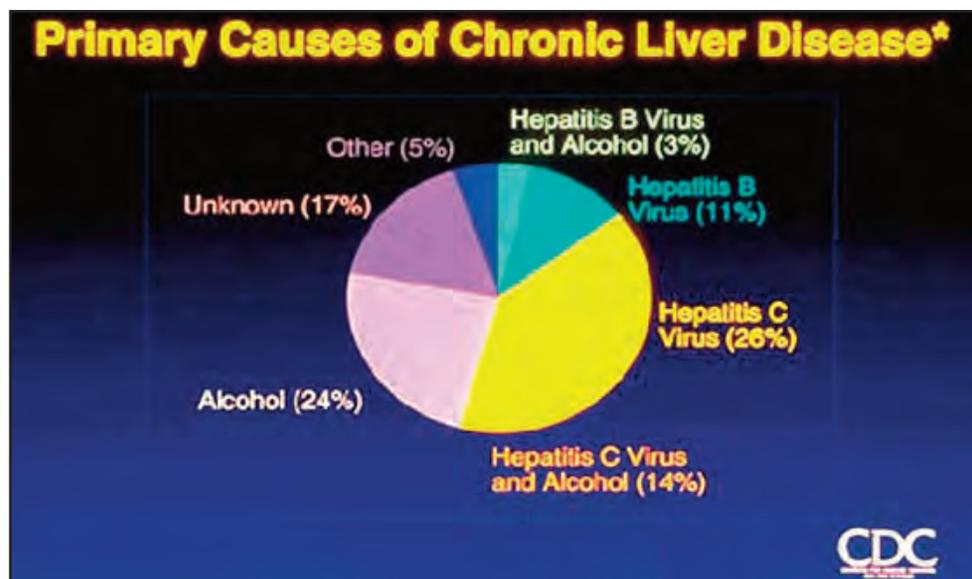
**First United Methodist Church teams held fundraising games and Bible story fun during the Jefferson Relay For Life event, helping to raises \$22,000+ for the American Cancer Society.**



**Local band 'Houston Deese entertained through the night in an effort to help raise funds for the Jefferson Relay For Life event.**



# Why Baby Boomers Should Get Tested for Hepatitis C



## CDC Recommendations

The U.S. Centers for Disease Control and Prevention recently announced that all Americans born from 1945 through 1965 get a hepatitis C test. The reason is because baby boomers account for 75 percent of the 3 million or so hepatitis C cases in the U.S., even though they make up only 27 percent of the total population.

Most hepatitis C infections occurred in the 1970s and 1980s, before there were tests to detect them and before the nation's blood supply was routinely screened for the virus.

Hepatitis C is transmitted only through blood, so anyone who received either a blood transfusion or an organ transplant prior to 1992 is at increased risk. So are health-care workers exposed to blood, and people who injected drugs through shared needles. The virus can also be spread through microscopic amounts of infected blood that could occur during sex, from sharing a razor or toothbrush, or getting a tattoo or body piercing at an unsterile shop.

But the biggest part of the problem is the symptomless nature of this disease. Most people that have hepatitis C don't have any symptoms until their liver becomes severely damaged. It can actually take 30 years for people to show any signs of the virus, but by then, it may be too late to treat. But if it's detected in time, new treatments are now available that can cure it.

## Testing and Treatment

If you're between ages 47 to 67, or fall into one of the previously listed high risk categories, you should see your primary care doctor for a basic blood test to deter-

mine whether you have ever been infected with hepatitis C. This is a relatively inexpensive test and typically covered by health insurance under routine medical care. If you're not covered, the test will run \$30 to \$35.

If the test is negative, no further tests are needed. But, if the test is positive, you'll need another test called HCV RNA which will show whether the virus is still active. This test runs between \$100 and \$250 if you're not covered by insurance.

If you test positive, you have chronic hepatitis C and will need to talk to your doctor about treatment options. If you're infected, but have no liver damage, your doctor should monitor your liver at your annual physical.

The main treatments for chronic hepatitis C today are new antiviral medications that have a 75 percent cure rate. Your doctor may recommend a combination of these medications which are typically taken over a 24-to-48 week time period. But, be aware that the side effects can be grueling and may cause extreme fatigue, fever, headaches and muscle aches.

Unfortunately, there is no vaccine currently available to prevent hepatitis C, although studies are under way to develop one.

For more information about testing and treatment for hepatitis C, along with a quick, online quiz you can take to determine your risks, see the CDC's website at [cdc.gov/knowmorehepatitis](http://cdc.gov/knowmorehepatitis). You can also get information over the phone by calling the national toll-free HELP-4-HEP helpline at 877-435-7443.

# How To Recognize And Get Help For Depression

Depression is unfortunately a widespread problem among U.S. seniors, affecting approximately 15 percent of the 65-and-older population. Here's what you should know, along with some tips and resources for screening and treatments.

## Recognizing Depression

Everyone feels sad or gets the blues now and then, but when these feelings linger more than a few weeks, it may be depression. Depression is a real illness that affects mood, feelings, behavior and physical health, and contrary to what many people believe, it's not a normal part of aging or a personal weakness, but it is very treatable.

It's also important to know that depression is not just sadness. In many seniors it can manifest as apathy, irritability, or problems with memory or concentration without the depressed mood.

To help you get some insight on the seriousness of this problem, here's a run-down of the warning signs to be vigilant of.

- A persistent feeling of sadness.
- A lost interest in hobbies or activities that were previously enjoyed.
- Feelings of guilt, worthlessness or hopelessness.
- Trouble concentrating, remembering or making decisions.
- Feeling anxious, restless, or irritable.
- Loss of energy or motivation.
- Inability to sleep or sleeping too much.
- Not eating or eating too much.
- Thoughts about dying or suicide.

A good resource for identifying depression is Mental Health America, a national nonprofit organization that offers a free online depression screening test at [www.depression-screening.org](http://www.depression-screening.org).

There's also National Depression Screening Day which is coming up in October. Sponsored by Screening for Mental Health, this is a completely free service that provides depression screenings by mental health professionals at hundreds of locations across the country. The test takes less than 15 minutes to complete, and is available to people of all ages. To find a site near you visit [helpyourselfhelpothers.org](http://helpyourselfhelpothers.org).

Also be aware that Medicare now covers annual depression screenings as part of their free Welcome to Medicare visit for new beneficiaries, and free annual wellness visits thereafter.

## Get Help

If you are suffering from depressive symptoms, you need to see his doctor for a medical evaluation to rule out possible medical causes. Some medications, for ex-



ample, can produce side effects that mimic depressive symptoms – pain and sleeping meds are common culprits. It's also important to distinguish between depression and dementia which can share some of the same symptoms.

If you're diagnosed with depression, there are a variety of treatment options including talk therapy, antidepressant medications or a combination of both.

Cognitive behavioral therapy (CBT) is a particularly effective type of talk therapy which helps patients recognize and change destructive thinking patterns that leads to negative feelings. For help finding a therapist who's trained in CBT, ask your doctor for a referral, check your local yellow pages under "counseling" or "psychologists," or check with the Association for Behavioral and Cognitive Therapies ([abct.org](http://abct.org)), or the Academy of Cognitive Therapy ([academyofct.org](http://academyofct.org)).

Another treatment worth mentioning is a relatively new procedure called transcranial magnetic stimulation (TMS). This FDA-approved treatment uses a small electromagnet placed on the scalp right behind the left forehead, and delivers a tiny electric current to the part of the brain linked to depression. TMS is currently available in about 420 psychiatrist offices around the country (see [neurostartms.com](http://neurostartms.com)) and is very effective for older patients.

The National Institute of Mental Health offers a variety of free publications on depression that you can order at [infocenter.nimh.nih.gov](http://infocenter.nimh.nih.gov), or call 866-615-6464.



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