

Bridgetown Never Sleeps-2

By IAN GALE

Collars, Sweethearts And Tennis Balls Are Made At Night

This week I visited the Purity Bakery where men work from nine at night to six in the morning baking your daily bread. The bakery is large, modern, clean and surprisingly cool, and I had a most interesting time chasing after a lump of dough.

The first stage in the process of making bread is the mixing of the flour with water and yeast. This is done automatically in mixing machines. Four bags of flour are put in each machine, and to each 100lb bag 48lbs of water is added. After the mixer has been working for about six minutes it is stopped and the dough tipped out into a trough. The dough now weighs about 600 lbs.

The bakers then picked up large chunks of dough and pushed them into the container of another machine. This machine automatically cut, weighed and moulded the dough into the shape of loaves. These loaves were then taken to the ovens.

At the Purity there are two enormous Canadian ovens, which were imported about three years ago, and two old fashioned brick ovens. The modern ovens are fired by gas and burn oil, and each has twelve trays which revolve by electricity. A loaf takes about twenty minutes to bake at 350 degrees Fahrenheit, and

each oven can hold roughly 1,500 loaves.

"Penny Breads" are made in the same way, except that they are cut, weighed and moulded by hand. I timed the man who was cutting and weighing the dough and I found that he worked almost as fast as the complicated weighing and cutting machine.

Each penny loaf, I learned, must have a strip of coconut leaf stuck on it before it goes in the oven to make it "burst".

Some cakes still have to be made by hand, and I saw a baker mixing the dough for turnovers in a large trough. The dough is then rolled out with a good old fashioned rolling pin, covered with coconut and sugar, and then shaped into turnovers.

I was amazed at the variety of bread and cakes made at the bakery. Among other things they make bran loaves, rusks, collars, sweethearts, penny buns, butter loaves, solitaires, light sweets, penny loaves, 8-cent and 6-cent loaves, tennis balls, hamburger and hot dog rolls. The manager estimates that they use about 40 bags of flour a day. The most popular loaf is the penny loaf and they make 8,000 a day.

To end my tour I ate a turnover that had come out of the oven not long before. It was warm and delicious. I must visit a bakery again.



THE OLD FASHIONED rolling pin is still used for making rusks. The dough in the foreground is covered with coconut and sugar.



SOME THINGS still have to be done by hand. Here a baker is mixing the dough for turnovers.



THE BAKERY is large, clean and modern. In the background are the two mixing machines, the ovens are at the left of the picture.



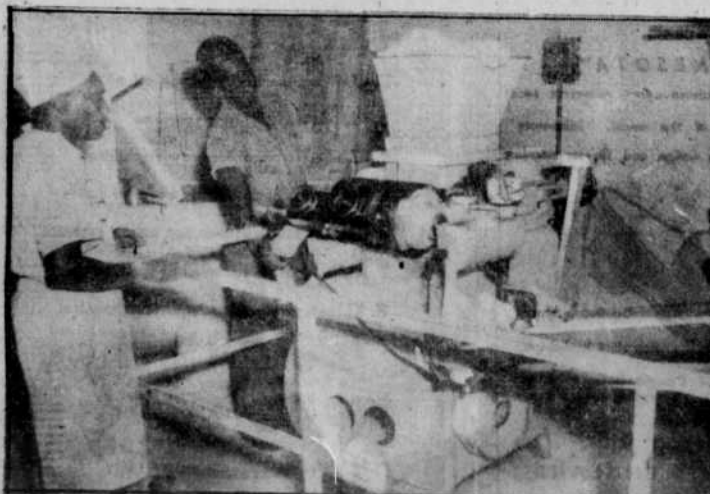
FLOUR being poured into the mixing machine. Each machine holds four 100-lb. bags of flour, which are automatically sifted and mixed with water and yeast.



THE DOUGH being tipped out of the mixing machine. With 48 lbs. of water added to each bag of flour the dough now weighs about 600 lbs.



"PENNY BREADS" being made on the chaffing table. The baker at left cuts and weighs the dough for 72 loaves in a minute.



THIS MACHINE cuts, weighs and moulds the dough for the larger loaves.



THE FINISHED PRODUCT. The baker looks to see if the loaves in the oven are sufficiently browned. The bread is baked at 350 degrees.

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Elastoplast-icity is the most comfortable way Elastoplast dressings stretch with every skin movement. They mould firmly to awkward places and enable you to carry on whilst the wound heals. Variety of sizes in every tin.

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GERMOLENE soothes at a touch—heals in record time.

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Why go on suffering? Try just one dose today! But make sure you get genuine MACLEAN BRAND STOMACH POWDER bearing the signature "ALEX. C. MACLEAN" on bottle and carton.

MACLEAN BRAND STOMACH POWDER

FESTIVAL OF BRITAIN 1951
MAY 3—SEPTEMBER 10

FESTIVALS OF THE ARTS

The Calendar below shows the dates of the many Arts Festivals which, with the exhibitions and other events throughout the United Kingdom, make the Festival programme the greatest ever planned.

<p>MAY</p> <p>1st—LONDON Festival Season, two weeks of variety and colour in the theatres, concert-halls and art-galleries (all dates)</p> <p>2nd—STRAVINSKY-ROSSINI Shakespeare Festival, with outstanding new productions in the famous Memorial Theatre (all dates)</p> <p>3rd—BRISTOL Festival, including exhibitions of painting, books, architecture and plays (all dates)</p> <p>4th—BATH Assembly, coinciding with the Sheridan Bi-Centenary, with concerts, plays, ballet, music in the Abbey and a Shakespearean Exhibition (all dates)</p> <p>5th—GLoucester Festival, centred around the cathedral, with Scottish theatre (all dates)</p> <p>6th—YORK Festival, with performances of medieval miracle plays, music in the Great Minster, and a Festival Archæological Exhibition (all dates)</p> <p>7th—BOURNEMOUTH AND WESSEX Festival, including games and New Zealand events as well as Festival pageants in the theatres and concert-halls of Bournemouth (all dates)</p> <p>8th—ALDERSBURGH Festival, based on the legend of Beowulf, with the English Opera Group (all dates)</p> <p>9th—LYNCHES Festival, the most northerly of the Arts Festivals, featuring a dramatic picture of Highland life (all dates)</p> <p>10th—NORWICH Festival, with music in the Cathedral, plays in an Elizabethan-style playhouse, and exhibitions of the famous Norwich school of painting (all dates)</p> <p>11th—Oxford Festival, with concerts by the St. Cecilia National Chorus and the newly formed Festival Chorus, ballet, and a "Stars night" (all dates)</p>	<p>12th—OXFORD Festival, focused on 17th Century England, with lectures and performances of Milton, Shakespeare, and restoration comedy (all dates)</p> <p>13th—LANSHIRE INTER-REGIONAL FESTIVAL, where scores of artists meet for a week's vacation of choral music (all dates)</p> <p>14th—ST. DAVID'S FESTIVAL, a programme of music, variety and entertainment in Wales' oldest Cathedral (all dates)</p> <p>15th—BRISTOL REGIONAL FESTIVAL, held around the famous Festival House (all dates)</p> <p>16th—BRISTOL REGIONAL FESTIVAL, in the traditional spirit of Bristol, with a specially written play, music, and variety in the newly Cathedral (all dates)</p> <p>17th—LIVERPOOL Festival, of music, drama and art, presenting a variety of many-sided Festival programmes set against large-scale contemporary art-spectacle (all dates)</p> <p>18th—ABERDEEN Festival, with orchestral and choral concerts, including the historic and outstanding British opera in Scotland's third largest city (all dates)</p> <p>19th—CAMBRIDGE Festival, with symphony concerts in King's College and choruses in the theatres and concert-halls in the famous University centre (all dates)</p>
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