

OHA Tables

Page 3: The Overseas Housing Allowance tables for Fort Buchanan and Roosevelt Roads, Puerto Rico are out. Questions about the OHA tables should be referred to 1st Lt. Schumacher at 288-4111.



Organization Day

Page 11: U.S. Army South held its last Organization Day April 9, a day filled with fun activities for the whole family. Find out about all the action such as softball, basketball, golf, an egg toss, a horseshoe competition and face painting.



WWII Vet

Page 11: Leslie Howard, a World War II veteran, recently returned to Fort Sherman after 55 years. Get his perspective on how the fort looked back then when he was on active duty.



Tropic Times

Vol. XII No. 15

Fort Clayton and Howard Air Force Base, Republic of Panama
Serving the Joint Community

Friday, April 16, 1999



Senior Airman Jeremy Moore

Howard celebrates Heritage Festival

Howard AFB celebrated its annual Heritage Festival April 8-10. The three-day event featured numerous sporting events, a concert, retreat ceremony, remembrance ceremony and heritage celebrations. For more on the Heritage Festival, see pages 6-7.

Howard commander gets new assignment

story by Tech. Sgt. Rick Burnham
24th Wing Public Affairs Office

HOWARD AFB – The 24th Wing commander learned recently he'll be leaving Howard Air Force Base for a new assignment in the sunshine state.

Col. Gregory L. Trebon, commander of the unit since August 1997, will depart the Republic of Panama in June enroute to MacDill AFB, Fla., where he will become special assistant to the commander in chief of U.S. Special Operations Command. The colonel spoke briefly of the impending change and the challenges associated with it.

"This is a tremendous opportunity that I would have been provided if each member of Team Howard had not made me look so good by your superb efforts these last 18 months," he said. "Candy and I both thank you!"

Replacing Trebon as commander of the wing will be Col. Roger Corbin, currently the commander of the 24th Sup-

port Group since June 1998.

"We're a lucky team, as Colonel Corbin is ideally suited for the mission at hand and will do a wonderful job leading the team through the final, historic months in Panama," Trebon said. "Colonel Rob Jensik will continue to serve as the 24th Wing vice commander until his departure in July after three impressive years in leadership positions in the 24th Wing. He'll be replaced with a temporarily assigned colonel, to be announced at a later date, who will assist Colonel Corbin until closure."

The colonel added that Lt. Col. Dale Hess, 24th Support Group deputy commander, will assume command of the 24th SG when Corbin assumes his new duties. Dates for the changes are still being worked, Trebon said.

"In the meantime, I will continue to do my very best serving you – the best Air Force team I have ever been associated with," he said.

Political participation prohibited

HOWARD AFB (24th Wing Public Affairs Office) – In Panama, (unless they are Panamanian citizens,) members of the Armed Forces, DoD civilians, DoD contractors, and dependents are **forbidden** from participating in Panamanian politics. Article II of the Agreement in Implementation of Article IV of the Panama Canal Treaty states:

The members of the Forces or the civilian component, dependents, and designated contractors of the United States Forces shall respect the laws of the Republic of Panama and shall refrain from any activity inconsistent with the spirit of this Agreement. Especially, they shall abstain from all political activity in the Republic of Panama as well as from any interference in the internal affairs of the Republic.

The United States shall take all measures to ensure the provisions of this

Article are fulfilled.

With elections scheduled for May 2, the campaign season in Panama is in full swing. This means non-Panamanian DoD employees and their family members, whether active duty, civilians, or contractors, must be particularly careful to avoid any activity that might be construed as political. For example, unless they are Panamanian citizens, no one working for DoD or any of their dependents should wear campaign T-shirts, buttons, or hats; put up signs advocating candidates or parties in their windows or yards; or place political bumper stickers on their cars.

Letting the democratic process in Panama operate without our (U.S.) perceived involvement lends credibility to the process and will help ensure that our relationship with Panama will remain strong for years to come.



Volunteer angels

Curundu Elementary School is rich with many giving volunteers. In spite of the drawdown, 20 caring mothers continue to donate 400 volunteer hours every month. Here from left to right are Raquel Peluyera, Odalis Dowling, Josie Lopez, Lorrie Kewley and Chris Bechtel. They prepare popcorn for Popcorn Friday, one of the students' favorite days.

(Courtesy)

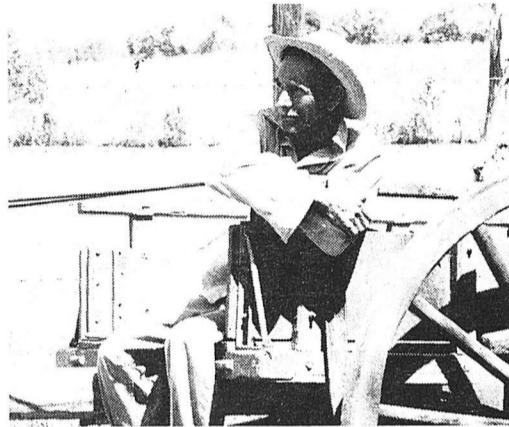
Generations working together

Dr. Julio Royo, left, and his daughter, Melissa Royo, are a great help to students and staff at Curundu Elementary School. Dr. Royo, a developmental pediatrician, visits the school to talk with teachers and parents about Attention Deficit Hyperactivity Disorder. His daughter is a substitute teacher at the school.



(Courtesy)

Take your best shot



Just for a moment

Ruby Jimenez took this photo. If you would like your photo in the *Tropic Times*, send your best shot to *Tropic Times*, Unit 7145, APO AA 34004, along with a return address so we can return the photo.

Volunteer of the Week

FORT CLAYTON (Installation Volunteer Coordinator's Office) — Lucille Torres has been chosen as the U.S. Army South Volunteer of the Week.

Torres volunteers with Army Family Team Building as a bilingual instructor.

Her major accomplishments as a volunteer is completing four levels of AFTB and teaching one of the classes.

She states what she likes most about volunteering is sharing knowledge about the military way of life. Her most rewarding experience is meeting new people.

During her spare time, Torres enjoys reading, dancing and sewing.



Sgt. Tywanna Gordon (*Tropic Times*)

Lucille Torres is the U.S. Army South Volunteer of the Week.

A native of Puerto Rico, she is married to Staff Sgt. Julio V. Torres. They have three children, Jose, 9, Joshuamil, 7, and Omar, 2.



Sgt. Tywanna Gordon (*Tropic Times*)

New diamond among us

Master Sgt. Paul Kelly was laterally promoted to first sergeant of Headquarters and Headquarters Company, Theater Support Brigade Friday. Pinning on the diamonds are Col. Richard B. Thomas, TSB commander, left, and Capt. John W. Long Sr., HHC, TSB commander.

Tropic Times

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Tropic Times, Unit 7145, APO AA 34004.
Building 405, Field Printing Plant, Corozal One West
Phone: 285-6612/4666 or FAX 285-6613.
E-Mail: pbouchard@usarso-lan1.army.mil
USARSO LAN address: pbouchard@sopa@usarso
Tropic Times on the World Wide Web at: www.tropictimes.com
E-Mail: daniel-amores@usa.net

Commander in Chief Gen. Charles E. Wilhelm
Director, U.S. Southern Command Public Affairs Col. Vicente C. Oglivie
U.S. Southern Command Public Affairs Office (305) 437-1200
Editor Sgt. Paul Bouchard
Assistant Editor Sgt. Tywanna Gordon
Writer/Editor Daniel Amores
Writer/Editor Spc. Kenneth K. Rockett
Writer/Editor Griselda Sterling
Office Automation Clerk Tina Summerton
Volunteer Dissenia Ortega
Volunteer Monique Chong

U.S. Army South Commanding GeneralMaj. Gen. Philip R. Kensinger Jr.
U.S. Army South Public Affairs Office288-3143
Public Affairs OfficerLt. Col. Byron D. Conover
Deputy Public Affairs OfficerCapt. Larry D. Winchel
Command Information.....Gaby Capriles
NCOICSgt. 1st Class Christopher C. Calkins
EditorSpc. Deborah L. Long
24th Wing CommanderCol. Gregory L. Trebon
24th Wing Public Affairs Office284-5459
Chief of Public Affairs 1st Lt. Joseph Della Vedova
NCOICTech. Sgt. Rick Burnham
EditorStaff Sgt. John B. Dendy IV
U.S. Naval Station Panama Canal
Commanding OfficerCapt. Robert W. Bennett, Jr.
U.S. Naval Station Panama Canal Public Affairs Office283-4301
Public Affairs SpecialistSKSN Denise Alford
Director, Joint Interagency Task Force SouthCol. Barry J. Chisholm
Joint Interagency Task Force South Public Affairs Office284-7502

Know facts on allowances, pay advances

FORT CLAYTON — (U.S. Army South Finance and Accounting Office) The following information defines various allowances and pay advances. Soldiers might be entitled to many of the allowances if their dependents report early. For any situations not covered here, please contact the U.S. Army South Finance and Accounting Office at 288-4208/4059.

If dependents depart early, all documentation related to the allowances described above must be signed by the appropriate official at the new PDS and forwarded to the USARSO Finance and Accounting Office for payment.

Refer to charts below.

Cost of Living Allowance

COLA is authorized to assist a member in maintaining the purchasing power of discretionary portion of spendable income when assigned to a high cost-of-living OCONUS or CONUS PDS.

Amount Payable

COLA rates are based upon member's grade, years of service, number of dependents and PDS location. See the attached chart for some sample rates for Fort Buchanan. Contact the USARSO Finance and Accounting Office for specific rates for your new PDS. COLA begins on the date the member and/or dependents arrive at the PDS.

Payment Procedures for CONUS and OCONUS

COLA is started based off the member's and/or dependents PCS travel settlement voucher.

If dependents arrive before the member, the member will prepare and submit a dependent PCS travel voucher with his/her servicing finance office. The finance office will then start the COLA based on the dependent's travel voucher. CONUS COLA is taxable.

Overseas Housing Allowance

OHA is an allowance to help offset excess housing cost when assigned to an OCONUS ODS. All members authorized to live in privately leased/owned quarters while OCONUS are entitled to OHA.

Amount Payable

OHA rates are based upon the OCONUS PDS location, rank and dependency status. OHA begins on the effective date of the member's signed rental/lease/mortgage agreement. See the attached charts for OHA amounts for Roosevelt Roads and Fort Buchanan, Puerto Rico. Members inquiring for OHA rates for other OCONUS locations should contact the USARSO Finance and Accounting Office.

Payment Procedures for OCONUS

Member or dependent must have the housing office approve the lease or mortgage agreement before entering into a contract. Housing will prepare a DD Form 2376 (start OHA) for the member's signature upon approval of the contract. Housing will send the DD Form 2367 to the member's servicing finance office for processing. The finance office will process the DD Form 2367 in a timely manner so that OHA is included as soon as possible in the member's pay.

Payment Procedures for CONUS does not apply.

Basic Allowance for Housing

BAH is an allowance authorized to defray housing expenses when occupying privately owned/rented housing while serving at a CONUS PDS.

Amount Payable

Rates are payable based on member's PDS zip code, rank and if the member has dependents. If the member's dependents have departed the old PDS prior to the member, and the member is not occupying family type quarters, then BAH is effective upon dependents departure.

Payment Procedures

Member prepares DA Form 5960 (start BAH) at his/her servicing finance office to start or change BAH.

The member's finance office will review and start or change the BAH to the appropriate zip code.

Temporary Lodging Allowance

TLA is an allowance that partially reimburses a member for the more than normal expenses incurred during occupancy of temporary lodgings and expenses of meals obtained as a direct result of use of temporary lodgings OCONUS which do not have facilities for preparing and consuming meals.

Amount Payable

Rates for TLA are based on the OCONUS PDS per diem rate, less the member's daily BAH and BAS entitlements.

Number of persons in family occupying temporary lodging Percentage of Per Diem rate applicable: member or one dependent, 65 percent; member or one dependent, or two dependents only, 100 percent; for each ad-

ditional dependent under 12, add 25 percent; and for each additional dependent 12 and over, add 35 percent.

Payment Procedures for OCONUS

Member or dependent will take the paid hotel receipt to the housing office every 10 days.

The housing office will process the paperwork for TLA and send it to finance on a transmittal letter.

The finance office will process the TLA payment into the member's pay account.

Payment Procedures for CONUS does not apply.

Limitations

Soldier need to continue to make valid efforts to find housing and report in on a regular basis to the housing office for TLA to continue. There is a 3-day maximum allowable TLA at the old OCONUS PDS if occupying Government controlled housing and 10 days for off-post private rentals. For incoming TLA there is a 60 day maximum allowable TLA at new OCONUS PDS.

Temporary Lodging Expense

TLE is an allowance that partially offsets the added living expenses for lodging/meal expenses when a member/dependents occupies temporary quarter in CONUS due to a PCS incurred by members and their dependents incident to a PCS.

Amount Payable

Rates for TLE are based on the CONUS PDS per diem rate, less the member's daily BAH and BAS entitlements. This modified per diem figure is then compared to the TLE ceiling of \$110 a day, whichever is less is the amount payable.

Number of persons in family occupying temporary lodging Percentage of Per Diem rate applicable member or one dependent is 65 percent; member or one dependent, or 2 dependents only is 100 percent; and for each additional dependent add 25 percent.

Payment Procedures for CONUS

The member takes the paid hotel receipt his/her servicing finance office. The finance office will calculate the amount of TLE payable and EFT the payment to the

members bank account.

Payment Procedures for OCONUS does not apply.

Limitations

Ten-day maximum allowable TLE per PCS to CONUS. The 10 days may split and used in conjunction with permissive TDY for house hunting.

Move-in Housing Allowance

MIHA is an allowance to help defray costs associated with occupying privately leases/owned quarters OCONUS. The most common type of MIHA is MIHA/Misc., this payment is a lump-sum payment that helps defray the cost of making dwellings habitable. MIHA is not affected by number of dependents.

Amount Payable

The MIHA rate for all Puerto Rico is \$333. For other OCONUS MIHA rates, contact the USARSO Finance and Accounting Office.

Payment Procedure for OCONUS

MIHA will automatically be processed with the member's OHA paperwork is received at finance.

Payment Procedures for CONUS does not apply.

PCS Advance

An advance of one month of a soldier's base pay minus deductions at the old PDS, and up to 2 additional month may be requested at the new PDS.

Limitations

Requests for advances should be made during the last 30 days at the old PDS. Specialists and below need their company commander's approval for any advances. Sergeants and above need commander's signature for any advance equivalent to more than one month's base pay minus deductions. All soldiers need their commander's signature for permission to extend an advance repayment beyond the normal 12-month repay period.

Rates for COLA, OHA, BAH and per diem rates can be found at the Per Diem, Travel and Transportation Allowance Committee's web page at <http://www.dtic.mil/perdiem/rateinfor.html>.

OHA, FORT BUCHANAN, PUERTO RICO MAX RENT WITH DEPENDENTS EFFECTIVE 1 APR 99				
GRADE	RENT CEILING	UTILITIES	MAX BAQ	MAX OHA ENTITLEMENT
O1	\$1,333.00	\$210.00	\$522.60	\$1,020.40
O1E	\$1,333.00	\$210.00	\$613.20	\$929.80
O2	\$1,333.00	\$210.00	\$584.40	\$958.60
O2E	\$1,333.00	\$210.00	\$663.60	\$879.40
O3	\$1,333.00	\$210.00	\$684.30	\$858.70
O3E	\$1,400.00	\$210.00	\$735.30	\$874.70
O4	\$1,400.00	\$210.00	\$827.10	\$782.90
O5	\$1,500.00	\$210.00	\$938.40	\$771.60
O6	\$1,500.00	\$210.00	\$973.50	\$736.50
O7	\$1,500.00	\$210.00	\$1,081.20	\$628.80
O8	\$1,500.00	\$210.00	\$1,081.20	\$628.80
O9	\$1,500.00	\$210.00	\$1,081.20	\$628.80
O10	\$1,500.00	\$210.00	\$1,081.20	\$628.80
W1	\$1,333.00	\$210.00	\$533.70	\$1,009.30
W2	\$1,333.00	\$210.00	\$616.80	\$926.20
W3	\$1,333.00	\$210.00	\$670.80	\$872.20
W4	\$1,400.00	\$210.00	\$732.00	\$878.00
W5	\$1,400.00	\$210.00	\$798.30	\$811.70
E1	\$950.00	\$210.00	\$385.20	\$774.80
E2	\$950.00	\$210.00	\$385.20	\$774.80
E3	\$950.00	\$210.00	\$404.40	\$755.60
E4	\$950.00	\$210.00	\$434.40	\$725.60
E5	\$950.00	\$210.00	\$499.80	\$660.20
E6	\$950.00	\$210.00	\$555.60	\$604.40
E7	\$1,200.00	\$210.00	\$601.50	\$808.50
E8	\$1,300.00	\$210.00	\$647.70	\$862.30
E9	\$1,300.00	\$210.00	\$702.60	\$807.40

OHA, FORT BUCHANAN, PUERTO RICO MAX RENT WITHOUT DEPENDENTS EFFECTIVE 1 APR 99				
GRADE	RENT CEILING	UTILITIES	BAQ W/O	MAX OHA ENTITLEMENT
O1	\$1,199.70	\$157.50	\$385.20	\$972.00
O1E	\$1,199.70	\$157.50	\$455.10	\$902.10
O2	\$1,199.70	\$157.50	\$457.20	\$900.00
O2E	\$1,199.70	\$157.50	\$528.90	\$828.30
O3	\$1,199.70	\$157.50	\$576.60	\$780.60
O3E	\$1,260.00	\$157.50	\$622.50	\$795.00
O4	\$1,260.00	\$157.50	\$719.10	\$698.40
O5	\$1,350.00	\$157.50	\$776.10	\$731.40
O6	\$1,350.00	\$157.50	\$805.80	\$701.70
O7	\$1,350.00	\$157.50	\$878.40	\$629.10
O8	\$1,350.00	\$157.50	\$878.40	\$629.10
O9	\$1,350.00	\$157.50	\$878.40	\$629.10
O10	\$1,350.00	\$157.50	\$878.40	\$629.10
W1	\$1,199.70	\$157.50	\$405.60	\$951.60
W2	\$1,199.70	\$157.50	\$484.20	\$873.00
W3	\$1,199.70	\$157.50	\$545.40	\$811.80
W4	\$1,260.00	\$157.50	\$648.90	\$768.60
W5	\$1,260.00	\$157.50	\$730.80	\$686.70
E1	\$855.00	\$157.50	\$215.70	\$796.80
E2	\$855.00	\$157.50	\$241.80	\$770.70
E3	\$855.00	\$157.50	\$297.60	\$714.90
E4	\$855.00	\$157.50	\$303.60	\$708.90
E5	\$855.00	\$157.50	\$348.90	\$663.60
E6	\$855.00	\$157.50	\$378.30	\$634.20
E7	\$1,080.00	\$157.50	\$417.90	\$819.60
E8	\$1,170.00	\$157.50	\$489.30	\$838.20
E9	\$1,170.00	\$157.50	\$533.10	\$794.40

Relocation tips on renting, buying

by Kelly Walters

Manager, Relocation Assistance Program
Army Community Service

FORT CLAYTON — Here are some tips for finding a Rental Apartment.

Methods of finding an apartment

- ◆ Local newspaper advertisements/Apartment Guide-book.
- ◆ Visit apartment complexes - "shoe leather."
- ◆ Networking - "word-of-mouth."
- ◆ Housing Referral Office.

Tips for finding a rental apartment

- ◆ Have a family meeting. Design a list of priorities which include input from every family member: proximity to conveniences, size of apartment, swimming pools, tennis courts, workout facilities, utilities, etc.
- ◆ Choose location/area(s) first, remembering your requirements and priorities.
- ◆ Discuss with your family likes and dislikes about each apartment viewed.
- ◆ Ask questions. Nothing which concerns you is stupid or too insignificant.
- ◆ Take notes. Short comments will help you remember each apartment.
- ◆ Take pictures, preferably Polaroids. As the old saying goes, they are "worth a thousand words."
- ◆ To help you avoid getting confused: Eliminate as you go. Look at one apartment; look at the next apart-

ment - which did you like best? Eliminate the other.

Look at the third apartment; compare it to your first and second choice. Then choose the one you like the best and eliminate the other. This method ensures that you're only comparing two apartments at any one time.

- ◆ When you find an apartment you like, speak with tenants and ask questions about the complex, the management, pest or noise problems.
- ◆ If possible, go back to the apartment and look at it again, preferably on a different day and at a different time of day. It is also a good idea to visit the neighborhood at night, during rush hour, etc.

BUYING A HOME

Determine your housing needs and price range

What you need in a house depends on:

- ◆ The size, the age, and activities of your family.
- ◆ The amount you have available for a downpayment.
- ◆ The amount of mortgage you can qualify for.
- ◆ What you can afford.
- ◆ What's available in the local real estate market.

Visit area and see homes

- ◆ Take a househunting trip as soon as possible, use Space A transportation and permissive TDY.
- ◆ Request an overall area tour first, to get a feel for your new area and the different neighborhoods and styles of homes, etc.
- ◆ Eliminate homes as you are looking.

Select home and make offer negotiating and contract signing

Your offer should include:

- ◆ Price.
- ◆ Closing date.
- ◆ Contingencies.
- ◆ Inspections and closing costs.
- ◆ Personal property conveyed with sale.

Closing process

- ◆ All conditions fulfilled, contingencies removed.
- ◆ Title to the property will be passed from the seller to you.
- ◆ Sign deed of trust/mortgage, note, VA, FHA, lender forms, settlement sheets.
- ◆ Pay balance of down payment and closing costs with cashier/certified check.
- ◆ Costs vary depending on type of mortgage, but may include: financing costs (discount points, mortgage insurance premium, VA funding fee), escrows; title search and insurance transfer taxes and recording fees, appraisal and credit report, homeowner's insurance, real estate taxes, prepaid interest, survey, termite inspection, other customary or lender-required fees.
- ◆ You can negotiate for seller to pay any of these costs.
- ◆ MOVE IN!!!

For more information on any of your relocation needs, call 288-9236, or stop by building 200, Fort Clayton.

Tea service redeploys

by Sandy Hess

Howard Officers Spouse Club

HOWARD AFB — We are seeing it more and more every day — no more C-27s, units relocating or folding their flags, the last Freedom Bird, and empty houses on every street. The redeployment is going on all around us.

Recently I had the distinct honor of representing Howard's Officers Spouse Club at a ceremony in San Antonio, Texas.

There, another part of our proud heritage took a giant step towards redeployment as we donated the club's antique silver tea service to Air Force Village II.

We had been the proud owners of this handcrafted sterling silver tea service since before the recorded history of the organization.

For several months we searched for an appropriate new home for this small piece of Howard's history.

The Air Force Village jumped at the chance and the tea set will be displayed proudly with a small plaque commemorating our community service and the

historic transfer of Howard AFB in 1999.

It will be enjoyed for many years to come by military retirees and dependents living at the village.

The Howard Officers Spouse Club originated in the 1950s as the Howard/Albrook Officers Wives Club.

Over the years it evolved from the days of high society garden clubs to a modern community through fund raising and volunteerism for nearly 50 years.

Last week, our Thrift Store closed its doors and within the next two weeks we will divest ourselves of the last of those assets.

Along with our sister organization, the Howard Enlisted Spouse Club, we will use all remaining funds to provide scholarships for high school seniors and continuing education applicants.

The final executive board of the HOSC are: Pam Clark, Rita Rodgers, Jackie Arnold, Suncha McCowan, Susan O'Neil, Deliz Carreras, Lisa Poland and our honorary president, Candy Trebon. The chairman of the Scholarship Committee is Janet Lowe.



(Courtesy)

Sandy Hess, left, wife of Lt. Col. Dale Hess, 24th Support Group deputy commander, and Cindy Nisly, Air Force Village II's Freedom House director, display the antique silver tea service donated to the village.

My hat is off to these ladies — it was fun serving with them. What a wonderfully exciting and historic time we are sharing.

Over the next few months I hope everyone takes the time to notice each and every one of these last or final things we are doing.

New grounds maintenance contract to begin

by Aurora Rodríguez

DEH Public Relations Officer

COROZAL — The Directorate of Engineering and Housing announces that the new grounds maintenance contract will begin as scheduled on May 1st.

The new contract will be servicing all on-post areas, which includes mowing the grass; cleaning drains and ditches; policing areas for removal of plant debris, limbs and palm fronds and also the removal of all other vegetation and debris that decays naturally.

The DEH will implement the new contract "as another effort to maintain high standards of quality of life by precluding constant changes while maximizing the use of assets throughout the base closure process", said Lt. Col. Patrick L. Staffieri, Director of Engineering and Housing.

The procedures for routine maintenance and the services provided by J&J Maintenance Inc., under the management of the DEH, "will basically be

maintained without any major changes, except that on-post family housing and barracks residents will no longer be responsible for grass cutting in their area. The contractor will be performing this yard maintenance service to both occupied and vacant houses," explained Benn L. Hauman, Deputy Director of Engineering and Housing.

The service will be performed during established grass-cutting cycles, once every 14 days. Overall, the areas will be routinely inspected to ensure proper maintenance is provided and minimize the need for service in between cycles.

Residents should continue to call the DEH Service Order Desk at 285-5855/5113 to report any emergency or hazardous situations.

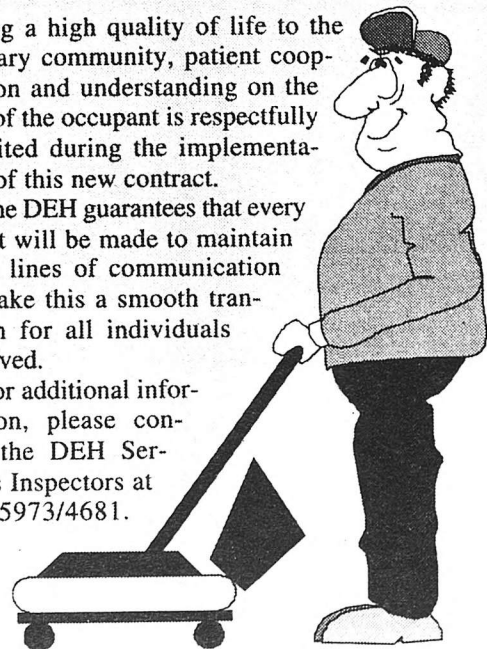
Special gardening or landscaping services are excluded from this contract, as well as flower gardening, bush trimmings and plant watering. These gardening preferences will continue to be the resident's responsibility.

As the DEH maintains its efforts to continue pro-

viding a high quality of life to the military community, patient cooperation and understanding on the part of the occupant is respectfully solicited during the implementation of this new contract.

The DEH guarantees that every effort will be made to maintain open lines of communication to make this a smooth transition for all individuals involved.

For additional information, please contact the DEH Services Inspectors at 285-5973/4681.



Kudos Corner

Dear Editor

Members of the 1999 Boys Scouts of America Ocean-to-Ocean Cayuco Race wish to take this opportunity to thank the following individuals and agencies whose efforts or financial support aided the successful completion of the race.

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 ASSA Seguros
 Associated Steamship Agents, S.A.
 Astilleros Braswell
 Autopartes Japonesas, S.A.
 Balboa Dental Clinic
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 Banco Exterior de Panama
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 Kathi & Lee Snider
 Kathy Lessiack
 Kunkel-Weise Inc.
 KODAK, Ltd.
 Larry Gramlich
 Leslie & Richard Robertson
 LACMA
 Mail Boxes, Etc.
 Marissa & Pablo Prieto
 Mechanical Contractors, S.A.
 McCormick Family
 Mike Young
 Monica Gonzalez, Family Lawyer
 MULTIPLASTIC
 My Name is Panama
 Nancy & Carl Schorsch
 Novey's
 Offshore Contractors, Intl.
 Outback Steakhouse
 PCC Master, Mates, & Pilots
 Panama Native
 Panama Canal Pilot's Association
 Panama Canal Federation of Teachers
 Papa Gallo
 PCFT #29
 PEPSI
 Pinturas Sur
 Phoenix Datanet/Charter Communications

Physical
 Pizzeria Italia
 Polar Air
 Polo
 Quality Tropical
 Rapid Marcos
 Refineria Panama, S.A.
 Regina Morris
 RIANDE Continental
 SERIMAC
 Sherry & Bob Huerbsch
 SPRINT
 Stanton Family
 Starlight Travel
 Statewide Products
 Sue & Lewis Stabler
 T-Shirts Interamericana
 Tarpon Club
 TASCO
 Tax Service, Inc.
 The Loop BC
 Tim Corrigan
 The Fredericks
 The Medinger Agency
 Theresa & Jim Herring
 Titi & Rafa Diaz
 Transbal, S.A.
 Tropic Star Lodge
 Tropigas de Panama, S.A.
 Underground
 Union Pak de Panama, S.A.
 United International Pictures
 Unisys
 Vanpan, S.A.
 Veterans of Foreign Wars (VFW)
 Virginia & Scott Vail
 Ward Family
 Williford Family
 Zornes Family

Advanced Directives: (Living Will, Durable Power of Attorney)

story by Col. Terrence J. O'Neil and
 Capt. Kenneth W. Hill

24th Medical Group

HOWARD AFB – Many people are not aware of the importance of an advance directive. Advance directives are not just for those who are old, or who have a chronic disease, or who are facing a major operation or procedure where a disabling outcome is a possibility. They are for everybody above the age of 18.

There are different kinds of advance directives. Living wills describe in gen-

eral terms how you want your care conducted in certain specific situations. They will generally be respected, unless they are in conflict with laws of a state or country you are living in.

They give you the most personal

power to say how your care will be conducted, but only if the specific situation that arises is exactly the one you describe in your living will.

A durable power of attorney for health care gives the power to decide over to someone you love and trust if you are unable to decide for yourself. You have told that person your wishes, and you trust them to carry those wishes out, regardless of the details of the circumstances that arise.

The kind of advance directive that is best for you depends on how much specific control you want, whether you have someone close to you who you can trust with that kind of decision, and the laws that apply where you are located.

If you do nothing and a personal catastrophe happens, attempts will be made to contact your next-of-kin. Then that person has to guess, from thousands of miles away, what you want done. Maybe it will be what you would really want done. Maybe not. Maybe their interpretation of your wishes will be followed, and depending on the jurisdiction, maybe not.

You are now playing roulette with the most personal and precious thing you control—your fate. Think about it. It's your life and your medical care!

The kind of advance directive that is best for you depends on how much specific control you want, whether you have someone close to you who you can trust with that kind of decision, and the laws that apply where you are located.

Don't leave it up to chance!

Are you convinced? Don't wait, the time is now! The procedure is quick and simple. It is possible to receive an Advanced Directive within seven days or

less at both Howard and Fort Clayton legal offices.

At Clayton, a 30 minute one-on-one or mass briefing is required for the first day and within a week after bringing back the appropriate documents, you will receive the Advanced Directive. At Howard, simply call and make an appointment and you'll receive the advanced directive that day.

After receiving the Advanced Directive, place a copy in your outpatient medical record and second copy in a safe place accessible for family members if needed.

For legal assistance, please contact your installation Judge Advocate Offices at 288-3648 (Fort Clayton) and 284-5354 (Howard).

WARNING: Some diet supplements are dangerous

story by Col. Terrence J. O'Neil
 Commander, 24th Medical Group

HOWARD AFB – The Centers for Disease Control has put out a warning about several "diet supplement" products being pushed on a number of health Websites that are very dangerous. But, if you feel that vomiting, loss of muscle strength, tremors, convulsions, uncontrollable aggression, impaired judgment, inability to breathe, and a sudden drop in your body temperature and heart rate would make for a great evening, you might not be interested in this article.

It seems some amateur chemists found that Gamma-Butyrolactone (GBL) is turned by the body into Gamma-Hydroxybutyrate, an illegal "diet supplement" being marketed to enhance sexual activity and athletic performance, relieve depression, induce sleep, and prolong life. "Diet supplement" indeed. The stuff is an industrial and household solvent, a solvent used to clean up spilled acrylic polymer paint – just the stuff you would want to put into your body, right? To make it even more interesting, word got around on the street that it really works great if you wash this paint thinner down with a couple of beers. Well, let's talk to the satisfied customers:

A 24-year-old man in Minnesota wanted to prolong his life and have a great sex life while he was at it, so he forked-up a wad of money to a "health" website for 3-4 ounces of "Revivarent." He got really calm – heart rate 40 – then went berserk. While being brought to the emergency room, he went into a coma, his body temperature dropped to 94, and he got a breathing tube down his throat for his trouble. He remembered drinking the "Revivarent," but nothing else. Hope he had his wallet when he woke up...

Oh, and there is the 46-year-old woman who went to a bar, was told about this great new way to have a good time,

and downed a little more than 2-1/2 ounces of "Revivarent" with a few drinks. The emergency medical technicians found her in a coma and she, too, got a tube down her throat and a real lively evening in the internal care unit. Too, bad – she didn't remember anything about the evening afterward, either. Must have been fun.

Here's a lively duo: two women-friends, 19- and 22-years-old, went out for a night on the town. One woman had one beer, and the other was the designated driver. Both figured "hey, what the heck," and had a couple of ounces of good old "Revivarent." Did they ever get revived! The party in the E.R. really howled! Both were as combative as prize fighters for a while, then went from coma to needing to be strapped down, to sitting staring at the holes in the ceiling tiles thinking they were the neatest things they had seen in a long while. That E.R. bill for the four-hour party must have been worth it, though. And, hey! No messy memories of anything that went on that night to deal with!

There's a bright side though – except for the guy who blended with the bridge abutment while peaking on some GHB, – there haven't been any deaths or serious injuries, yet.

Bottom line: GHB has become yet another "forbidden fruit" – a paint thinner made good, so to speak. You can get on the WWW, go to a "food supplement and health" site, and no one will be the wiser while you pay a lot of cash to get a hold of something the Food and Drug Administration says is downright dangerous, possibly lethal.

For those of you who care about your friends, if you hear of anyone thinking they are going to have a real killer of a party with some of this stuff – they may be right!

Howard celebrat



Staff Sgt. Michael Boquette (U.S. Air Force)



Senior Airman Jeremy Moore (U.S. Air Force)



Staff Sgt. Michael Boquette (U.S. Air Force)



Staff Sgt. Norma Martínez-Galván (U.S. Air Force)

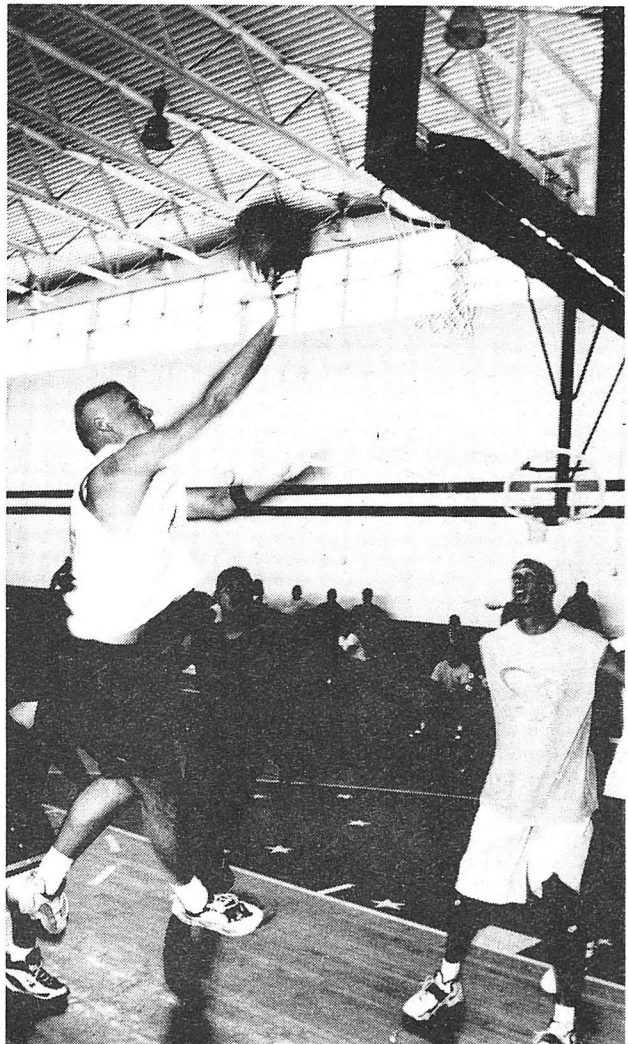
S heritage festival



Staff Sgt. Michael Boquette (U.S. Air Force)



Staff Sgt. Michael Boquette (U.S. Air Force)



Senior Airman Jeremy Moore (U.S. Air Force)



Staff Sgt. Norma Martínez-Galván (U.S. Air Force)



Staff Sgt. Michael Boquette (U.S. Air Force)

Coming up...

Senior NCO Symposium

Team Howard invites senior NCOs to attend an NCO Symposium April 28 and 29. The symposium will include briefings that effect NCOs careers and responsibilities. If interested, call your first sergeant or 284-4114.

Life in Motion Seminar

Learn how to successfully PCS in today's technologically advanced military. This Life in Motion Seminar will take place at 2 p.m. in Building 200 on Fort Clayton on May 4. Call 288-9235/34 for more information or to make reservations.

Tax Assistance Center still open

The Tax Assistance Center has relocated to the Legal Assistance Office. You may direct your tax questions to this office at 288-3648. Tax return forms for all states are also available, as are all IRS forms. If you have not received your refund, call the IRS at 1-800-829-1040 for the status of your return. Remember not to ignore any notification from the IRS. They have the power to freeze your assets if they determine that you owe taxes.

Flushing water systems schedule

Water mains will be flushed on the following days and locations between the hours of 6 a.m. - 10 p.m.: Saturday and Sunday at Corozal and April 24 and 25 at Fort Clayton. Low pressure will occur in the sections being flushed and should not exceed one hour. For more information, call Carlos Reyes at 285-4710.

Pre-Separation Briefing

There is a Pre-Separation Briefing for all soldiers with 120 days of ETS or separation at 1:30 p.m. today at Building 519, 5th Floor. For more information, call 288-4155/4753.

Right Start briefing

The new Right Start briefing is at the Mountain View Chapel on the first and third Thursdays with the following forecast dates: Thursday, May 6 and 20, and June 3 and 17. For more information, call Staff Sgt. Diana Miller at 284-3508/3241.

AUSA Scholarships

The Isthmian Chapter of the Association of the U.S. Army will be granting two scholarships for academic achievement to high school seniors. A key requirement is that the student's sponsor must be a AUSA member. Applications can be picked up at the Counselor's Office at Balboa High School. The deadline for submission of applications is today. Applications should be sent to Lina Norris, PSC 4 Box 3032, Fort Clayton, APO AA 34004.

Flying board applications

The next Undergraduate Flying Training selection board will review applications for pilot and navigator training on Tuesday. For more information, call 284-3903

Relocation Awareness Day

The Relocation Assistance Program is holding a Relocation Awareness Day 9 a.m. - 3 p.m. Wednesday in Building 200, Fort Clayton. There will be subject matter experts from various organizations. You can get information from qualified relocation specialists and get cool prizes. For more information, call 288-9234/9235.

NCO Right Arm Night

NCO Appreciation Night is here again for the third and last time at the Fort Clayton Community Club at 5 p.m. April 23. For tickets, call 1st Lt. Gray at 288-4002/7503. All other questions may be addressed to 1st Lt. Peasron at 284-7038. Battalion S-1s feel free to call 1st Lt. Parks at 288-7404/7454 to get tickets for you battalion.

Farewell Dinner

There will be a farewell dinner for Command Sgt. Major Thomas Quinn at 6 p.m. today at the Fort Clayton Community Club. The guest speaker is the commanding general and the dress is coat and tie. The cost is \$12.95 per person. There is limited seating so contact the Protocol Office at 288-3117/3118 for reservations and payment. All organizations wishing to make a presentation should coordinate with Command Sgt. Maj. John L. Humphries at 288-5546 or 218-1250.

School physicals

The Howard Air Force Base and Fort Clayton Pediatric Clinics are increasing the number of school physical appointments available. Physical appointments will be offered 1 - 3:30 p.m. daily. If you are moving to Puerto Rico and your child will require a school physical prior to the start of the next school year, call the appointment desk at 284-3832/3834/3837.

Tocumen shuttle schedule

Due to commercial airline schedule changes, the Tocumen shuttle will only pickup passengers at Building 708 on Howard Air Force Base. In addition, times of departure have changed. Passengers should call Vehicle Dispatch at 284-5058/59 to RSVP to ensure vehicle capacity. Schedules are available at the post office, Billeting Office and the Howard Enlisted Club.

Outbound flights Arrive Building 708	Depart Howard	Arrive Tocumen	Depart Tocumen
4 a.m. 5:05 a.m. 6:30 a.m. 10:30 a.m.	4:10 a.m. 5:15 a.m. 6:40 a.m. 10:40 a.m.	5 a.m. 6 a.m. 8 a.m. noon	5:10 a.m. 6:10 a.m. 8:10 a.m. 1:15 p.m.
Inbound flights Depart Howard	Arrive Tocumen	Depart Tocumen	Arrive Building 708
5 p.m. 7:45 p.m.	6:30 p.m. 9 p.m.	8 p.m. 10:15 p.m.	9:15 p.m. 11:30 p.m.

Travel tips

Pet tips — Pets may now be shipped space-available to CONUS. There is, however, a fee. For more information, call the Howard AFB Passenger Terminal at 284-5702.

Announcements

Drug testing change

Drug testing/urine sampling is now being conducted in the 24th Medical Group hospital, Building 192, in room 232 on the second floor. For further information, call Michelle Tello at 284-5314.

Optometry Services Drawdown

Due to drawdown of medical facilities and the reduced scope of care, Optometry Services will no longer be able to offer comprehensive eyecare to those patients not eligible for Tricare Prime. Those patients with known eye diseases such as glaucoma, cataracts and diabetic retinopathy that are not eligible for Tricare Prime should bypass the Optometry Flight and go directly to civilian optometrists or ophthalmologists to continue their recommended and required eyecare. These patients may check with the Health Benefits Advisor for assistance in locating a provider in the civilian community. Optometry Services will continue to offer routine optometry services, such as vision analysis and eye health assessment, to non-eligible Tricare Prime patients on a space available basis until closure of the Optometry Clinic.

Optometry Clinic closes May 31

The Clayton Optometry Clinic will provide service until May 31. The Howard Optometry Clinic will provide routine eye care until July 31. Flight Medicine referrals and emergency eyecare services only will be available during August. New military eyewear can be ordered until May 31.

Classified burn

Due to a large demand by 24th Wing units to destroy classified material, the Howard Fire Department will conduct live fire burns in a dumpster next to Building 1010. The burns will be conducted from 9-11 a.m. on the first and third Monday of each month. Material brought for destruction should be limited to classified and sensitive material. For additional information, contact Tech. Sgt. Phillip Nixon or Tech. Sgt. Anthony Wells at 284-5305.

SFC Selection Board

A Department of the Army selection board will convene June 2 to consider soldiers for promotion to sergeant first class. All staff sergeants with a DOR of 970630 and earlier, and a BASD between 800630 and 930531 must physically update and review their personnel qualification records. Areas of special concern are DA Forms 2A and 2-1 PQR, NCO evaluation reports, official photographs and official military personnel files. The deadline to update PQRs is April 30. For information on PQRs call 288-6406; for information on photographs call 288-7403; for information on NCOERs call 288-6652.

Packing Classified information

The next packing of classified information class will be at 10 a.m. Wednesday at the Command Training Center, Room 1 in Corozal. Please send a representative from your office who will be responsible for overseeing and/or packing the classified information for your activ-

ity. For more information call SSG Rodriguez or Ms. White at 288-3512/13.

Nonavail statements not needed

Nonavailability statements are no longer needed for retirees and family members receiving medical care at facilities downtown due to the closure of the inpatient capabilities at the 24th Medical Group. Call 284-6977 (Howard) or 284-4152 (Fort Clayton) for more information.

AWACS mission transfers today

The Air Warning and Control System/tanker mission transfer ceremony will begin at 8 a.m. today in Howard's Hangar 2. For more information, call Capt. Kurt Barry at 284-5352.

New Housing Office procedures

Effective April 19, the 24th Civil Engineer Squadron's Housing Office will operate in Building 2, at the south end of the CES main building behind the Howard Commissary. All walk-in customers will be handled at the existing industrial customer service area in Building 2. In addition, effective May 3, the Housing Office will change its operating hours to 7:30 a.m. to 1 p.m. Mondays to Fridays for walk-in customers, and 1 to 4:30 p.m. by appointment only. Call 284-3301 to schedule an appointment.

Accreditation survey

The Joint Commission on Accreditation of Healthcare Organizations will conduct an accreditation survey of the 24th Medical Group on April 25-27 to evaluate compliance with nationally established Joint Commission standards

Anyone believing they have pertinent and valid information about the quality of care issues and the safety of the environment in which care is provided may request a public information interview with the Joint Commission's field representative at the time of the survey. Requests for a public information interview must be made in writing to the Joint Commission no later than five working days before the survey begins, and must indicate the nature of the information to be provided at the interview. The interviewee will be notified of the date, time and place of the meeting. Such requests should be addressed to:

Ambulatory Care Service Team
Joint Commission on Accreditation of Healthcare Organizations
One Renaissance Boulevard
Oakbrook Terrace, IL 60181

In conjunction with this inspection there will be a Personal Complaints/Fraud Waste and Abuse session that will take place at the Wing IG Office on April 28 from 9-10 a.m. and a 24th Medical Group Health Consumer Advisory Council at 3:30 p.m. on April 26 at the Howard Chapel Annex. Members of the Howard and Fort Clayton Councils are asked to attend the Health Consumer Advisory Council. For information call Capt. Krier at 284-6977.



Sports

Sports shorts

Air Force

The Howard Fitness Sports Center is sponsoring a **basketball game: Panama's International Team vs. Team Howard**, 7 p.m. Thursday at the HFSC.

The Howard Bowling Center is looking for bowlers to bowl in the upcoming **"Fun Mixed Leagues."** There is a **reduced price bowling on Monday and Tuesday.** All games on these days are \$1 with free shoes. Bowl three games and get one free. For more information, call 284-4190.

Free aerobics classes are held at 5:45 a.m. and 9 a.m. Mondays, Wednesdays and Fridays. Also at 4:45 p.m. Mondays - Fridays. For more information, call the HFSC.

For more information on Air Force sports, call the **Howard Fitness Sports Center** at 284-3451.



Army

The registration deadline for the **Over-40 Basketball League** is Wednesday, with the league starting on April 26. Also, registration for a **5'10" and 5'11" basketball league** is underway at Reeder Gym. For more information, call 288-4713.

The hours of the **Clayton Bowling Center** are as follows: 9 a.m. - 8 p.m. Mondays - Thursdays, 9 a.m. - 10 p.m. Fridays, noon - 9 p.m. Saturdays and 1 - 7 p.m. Sundays.

Is your child having a birthday and you're wondering what to do? Why not have a **Kiddie birthday party** at the Bowling Center. A special package is available. For more information, call 288-5460.

Aerobic classes are available at the Fort Kobbe Elementary School Gym. The cost is \$1 per person. Classes are 5:45 - 6:45 p.m. Tuesdays and Thursdays, and 9 - 10 a.m. on Saturdays. For more information, call 284-3399.

Reeder Fitness Center has a **Therapeutic Massage service.** Experience massuers cover different techniques including shiat-su, acupressure, reflexology, deep muscle massage, and more. For more information or an appointment, call 288-4713/7861.

Step aerobics instruction is available at Reeder Fitness Center. For more information, call 288-5201.

For more information on Army sports call DCA Sports at 288-5610/3866 or the Reeder Gym at 288-4713/7861.



Strawberry arrested

By Fred Goodall
AP Sports Writer

TAMPA, Fla. (AP) — Darryl Strawberry's turbulent baseball career took a downward turn when he was charged with possession of cocaine and soliciting a prostitute.

The New York Yankees outfielder, in a gold-colored 1999 Ford Explorer, solicited an undercover officer for sex for \$50, Sgt. Mark Hamlin of the Tampa Police Department said after Wednesday night's arrest about three miles from the team's training complex.

Upon being searched by officers Kellie Daniel and Brent Holder at 10:10 p.m. EDT, 0.3 grams of powder cocaine wrapped in a \$20 bill was found inside of Strawberry's wallet, the police said.

The powder was tested and proved positive for cocaine, according to the police report.

Strawberry was booked at 12:22 a.m. at the Hillsborough County Jail. After he had his fingerprints taken and was photographed for a mug shot, he was released on \$6,000 bond shortly after 1 a.m.

Cocaine possession is a third-degree felony with a maximum penalty of five years in prison, said assistant state attorney Pam Bondi. The maximum penalty for solicitation, a misdemeanor, is 60 days in the county jail for a first offense. After that, the maximum penalty is a year in the county jail, she said.

Those are general guidelines, Bondi said, indicating that charges for Strawberry had yet to reach the State Attorney's Office today.

The 37-year-old outfielder, an eight-time All-Star, has been in Tampa at the Yankees' extended spring training camp while he works back into shape following colon cancer surgery last Oct. 3.

A spokesman for the team declined specific comment.

"We are in the process of acquiring the facts, and obviously we must allow the legal process to take its course before making any comment," spokesman Jason Zillo said.

After the Yankees won the World Series without Strawberry, New York Mayor Rudolph Guliani praised him "for the comeback he's made as a baseball player and the comeback he's making in life."

He was in New York last weekend to receive his World Series ring, then returned to Tampa. He was not expected to rejoin the Yankees until next month, until after a stint with Columbus of the Triple-A International League. The Yankees did not want him to join Columbus until after he completed chemotherapy.

Strawberry's list of substance abuse problems is lengthy. Major league baseball suspended him for 60 days in 1995 after he tested positive for cocaine. The previous year, he entered the Betty Ford Center in Rancho Mirage, Calif., and spent four weeks undergoing treatment for a substance abuse problem.

In 1990, while with the New York Mets, he entered the Smithers Center in New York for alcohol rehabilitation. In addition to substance abuse, Strawberry also ran afoul of tax laws. In April 1995, a federal court ordered him to repay \$350,000 in back taxes and sentenced him to six months of home confinement. But the order allowed him to leave home for practice and games, and to travel to road games.

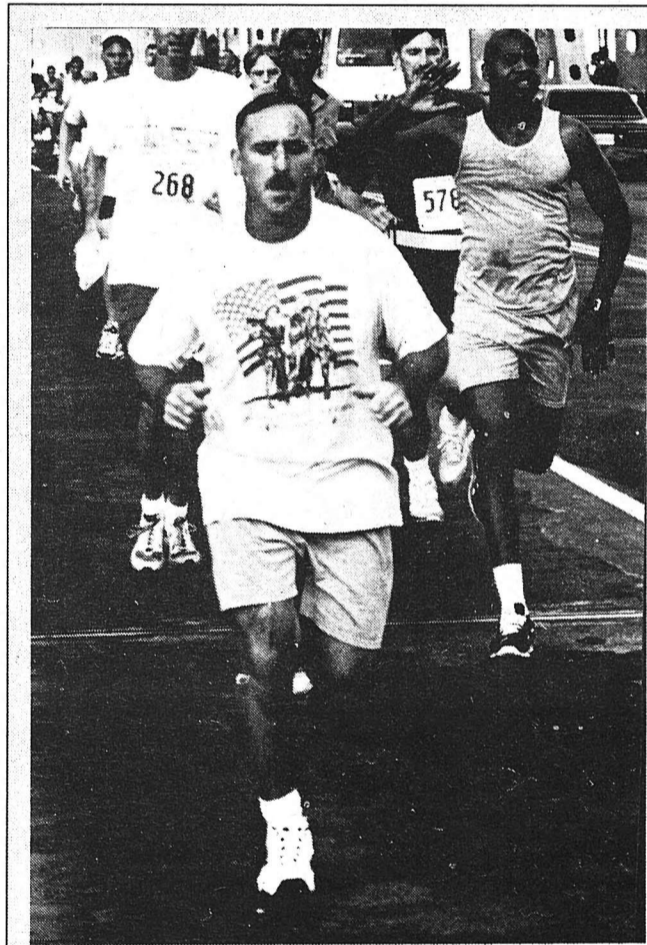
Strawberry, who came to prominence with the Mets in the early 1980s and won the NL Rookie of the Year award in 1983, also has had off-and-on problems in Los Angeles, where he was accused of failing to make timely payments to his ex-wife Lisa.

He rebounded after signing with the Yankees in June 1995 and had remained drug free, with regular testing by major league baseball. Strawberry had his best season in seven years in 1998, hitting .247 with 24 home runs and 57 RBIs in 295 at-bats.

The Yankees, because of complicated rules involving baseball's luxury tax, shifted him to a minor league roster during the offseason, fearing he would not be healthy enough to play by opening day.

Strawberry, the No. 1 pick in baseball's June 1980 amateur draft, joined with Dwight Gooden to help lead the Mets to the 1986 World Series title. Gooden also has had cocaine problems and currently is with the Cleveland Indians.

Strawberry has a .250 career average with 332 homers and 994 RBIs in 16 major league seasons with the Mets, Los Angeles Dodgers, San Francisco Giants and Yankees. He led the NL with 39 homers in 1988 and topped 100 RBIs three times with the Mets from 1987-90.



Daniel Amores (Tropic Times)

Upcoming runs

The Panama Armed Forces Running Association is sponsoring 2, 3 and 5-mile runs 7 a.m. April 24 starting at the Fort Clayton Pedestrian Gate.

A 5K run organized by the Isthmus Road Runners and Samsung Electronics is scheduled for 8 a.m. April 25, starting at Plaza Panama on 50th Street.

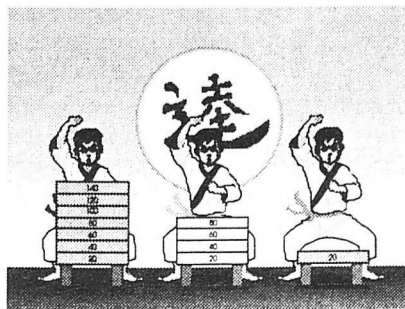
A 9K cross country run organized by the Isthmus Road Runners is scheduled for 7 a.m. May 9, starting at Parque Omar.

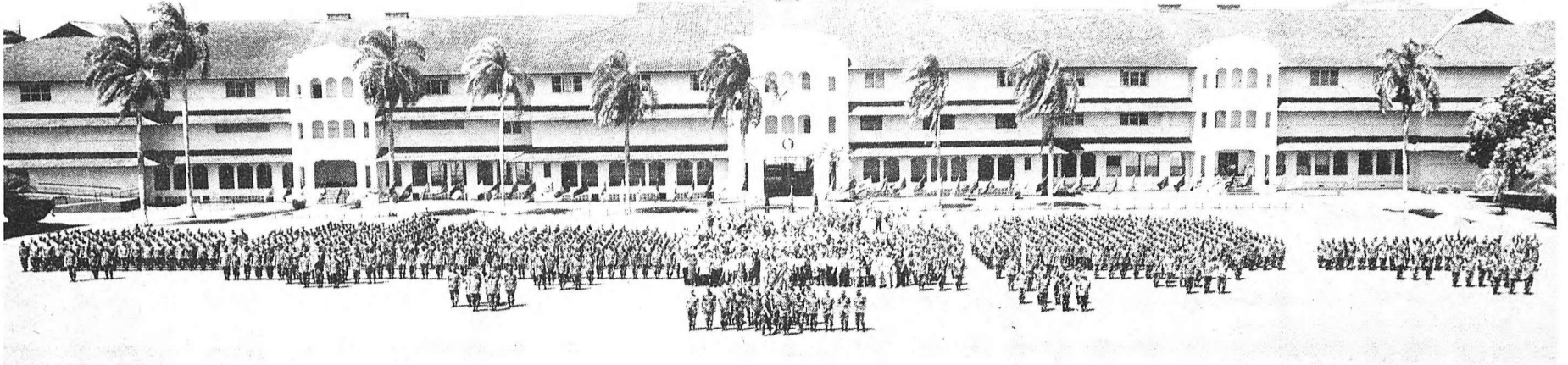
For more information on runs, call Allen Jones at 288-3310.

School Age Services Sports Briefs

SAS offers piano, guitar, typical dance and Karate classes. Register at Building 155 on Fort Clayton.

Planning a birthday party for your child? SAS has **inflatables** for rent. The colorful balloons include the Happy Clown Typhoon, the Amazing Castle Maze and Games Galore. Rentals are run by the CYS staff. For more information, call 288-6451.





(Courtesy)

USARSO hosts final Organization Day

story and photos by
Sgt. Tywana Gordon

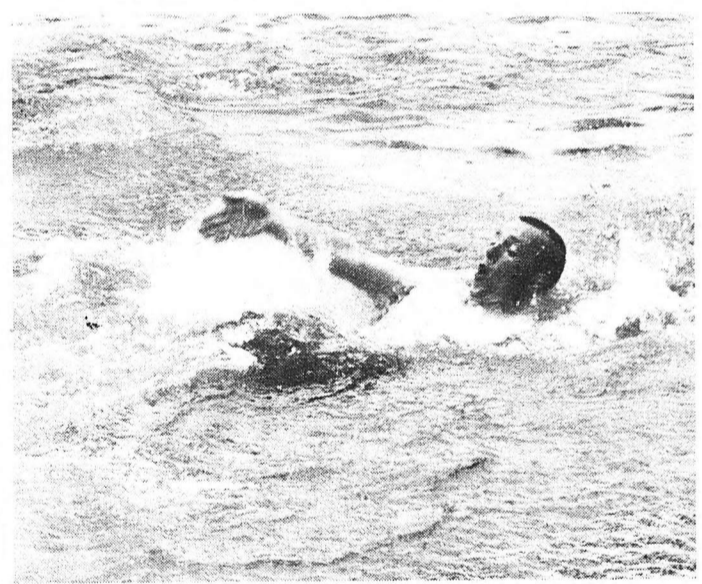
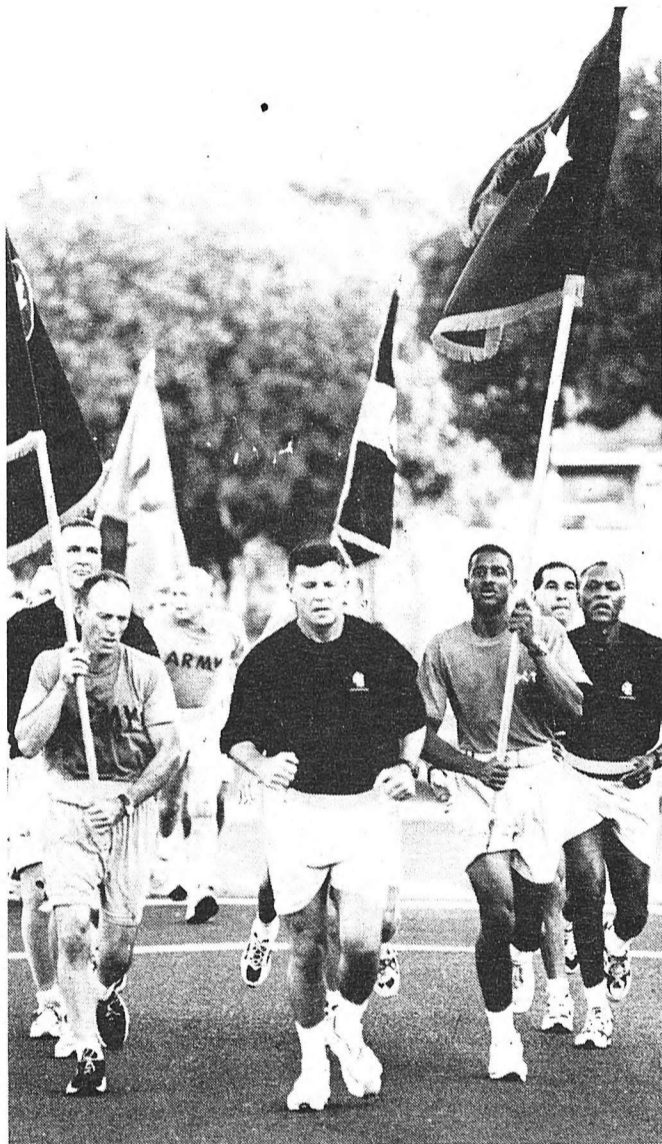
Tropic Times Assistant Editor

FORT CLAYTON — It was quite a day to remember. U.S. Army South hosted their final Organizational Day Friday on Fort Clayton.

The day began with a "Hooah Run," lead by Maj. Gen. Philip R. Kensinger Jr., U.S. Army South commanding general. Following the run, units, civilians and family members gathered for a historical photo.

Soldiers jumped out of their uniforms and civilians slipped into something more comfortable for an afternoon of food, socializing and sporting events including horseshoes, softball, basketball, an egg toss and so much more.

The day culminated with an awards presentation, free prizes and more fun.



Immigration processing

FORT CLAYTON (Adjutant General, Visa and Passport Section) — Planning to get married to someone other than an U.S. citizen between now and base closure here is Panama?

If you are, the process of obtaining clearance for a new spouse to travel to the United States or elsewhere will take an average of 6 – 12 weeks. Unfortunately, the administrative and legal requirements involved with getting married and petitioning the U.S. Immigration and Naturalization Service for an Immigrant Visa comprise a lengthy process.

In accordance with USARSO Policy Letter 58, soldiers are required to attend a pre-marriage briefing, hosted by the Adjutant General, Visa and Passport Section, prior to getting married.

This briefing describes, in detail, what soldiers must do who wish to marry in Panama and then depart the country with their new spouses.

Anyone contemplating marriage, should carefully consider the following:

The process can't be formally initiated until you are married.

The newly married couple must present their original marriage certificate as part of the alien spouse's immigration packet which the AG forwards to the U.S. Embassy for processing.

Preparing for relocation can be expensive.

There are many costs associated

with the marriage and immigration process. All of these expenses are payable upon receipt of services and cannot be prorated. The later soldiers marry, the more likely couples are to incur incidental costs associated with their upcoming PCS in addition to marriage and immigration expenses.

The process can't be regulated by the military.

The immigration process is not a military process. While the AG will do everything possible to assist the new couples in filing their immigration applications with the embassy, the command has no influence over application processing procedures.

Additionally, there is no relationship between a soldier's PCS status and his spouse's immigration application status.

PCS dates will not be changed.

The sponsor must comply with his/her original PCS date. There are no regulatory provisions to extend a soldier whose spouse has not completed immigration processing prior to the soldier's required reporting date at his or her next duty station.

You can help yourself.

There are several things you can do to assist in a smooth transition to your next duty station with you and your prospective spouse.

Those measures include:

Collecting information in advance.

Nearly every item required for marriage and the immigration process (birth certificate, spouse's passport, ect.) can be obtained prior to marriage.

Planning your finances accordingly.

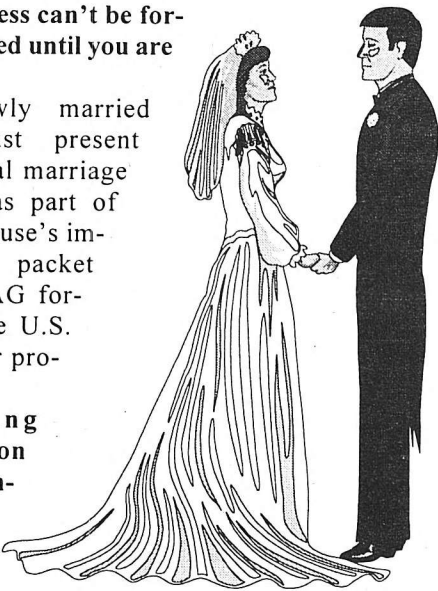
There are specific dollar amounts associated with the marriage and immigration process. Find out what those dollar amounts are and program for them.

Attending the next pre-marriage briefing.

If you have not already attended a pre-marriage briefing, the next one is scheduled for 1 p.m. April 30, on the 5th Floor Building 519.

Calling the Visa and Passport section at AG.

If you have any questions or are unclear on any actions you must take as part of the marriage and immigration process. Call Mr. Diaz at the AG Office at 288-4503/5207.



Sgt. Tywana Gordon (Tropic Times Assistant Editor)

U.S. and Panama Coast Guards working together

From left to right are Luis Arauz, Director General National Air Service; Jose Isaza, Director General National Maritime Service; and Hon. Simon Ferro, U.S. Ambassador to Panama. Ferro met with them after a training exercise between the U.S. and Panama Coast Guards last month. "I am excited about this opportunity to bring together the talents of the Panama and the U.S. law enforcement agencies. We are stronger together," he said.

WWII veteran returns to Panama after 55 years

story and photo by
Sgt. Tywana Gordon

Tropic Times Assistant Editor

FORT SHERMAN — Wouldn't you like to have the opportunity to do something you waited a lifetime for? Well, how about waiting 55 years to do it? That was the case for Leslie Howard when he returned to Fort Sherman after 55 years.

The veteran was a special guest during the Jungle Operations Training Battalion Inactivation Ceremony held April 1. He was recognized as the oldest veteran present at the ceremony.

While those who attended the ceremony focused on Fort Sherman in the latter years, Howard's memories as a radio operator went as far back as 1943.

Carrying a camera bag on his shoulder and cherished photos of Fort Sherman the way he remembered it, Howard shared one memory that stood out.

"There was this time when I was on duty. It was around 2 a.m. and I was alone operating the

radar. I picked up a strange target that I had never seen before. I tracked it for some time to see if I could figure it out. It was moving slowly and parallel to the coast. During that time, it could have been a German Submarine. I was baffled. I contacted the sergeant who was in charge and he came to my duty station to track it with me. He couldn't figure it out either.

We called the command post on Fort Sherman and they called the Navy. Now by this point I was really nervous because now the Navy was involved and this could really be something big.

The Navy sent out a torpedo boat and all they could find was a large dead tree drifting on the ocean. I don't think I ever lived that one down.

I found out they don't give citations for tracking trees," he said while laughing.

As he walked along the sidewalk, Howard could point out buildings he remembered while stationed on Fort Sherman.

"I bet you wouldn't believe the barracks on the ocean were here that far back. The chapel was here too. But so much had changed. We didn't even have a road that led to Fort Sherman. We had to reach the post by boat. We didn't have the Gold Coast Suites. Boy are they nice," he said.

Howard departed Fort Sherman November 1945 and was honorably discharged out of the U.S. Army. After his service, Howard had a career in painting model airplanes. He retired in 1994 at the age of 73.

Although he never reunited with any of his Army buddies, his memories of Fort Sherman never left his mind.

"I stayed in contact with commanders here over the years and I never got a chance to return until now. I figured this would be a good time to do it."

After the ceremony, soldiers and civilians approached Howard for his story. As people gathered around him just to shake his hand he could not help but smile.

"It's just a big thrill being here. I guess everyone has 15 minutes of fame in their life. This is my day."



World War II veteran Leslie Howard returned to Fort Sherman after 55 years.

Roosevelt Roads Elementary School is ready for your arrival

story and photos by Bob Appin
USARSO Public Affairs Office

U.S. NAVAL STATION ROOSEVELT ROADS, Puerto Rico (USARSO PAO) — The Roosevelt Roads Elementary School at NS RR is prepared for the arrival of their new students from the Special Operations Command-South.

"Currently we have a little less than 800 students," said Lane Gutsche, principal of Roosevelt Roads Elementary School. "Two years ago we had 930, so we are actually under enrolled this last year," he added.

The elementary school has been anticipating this move for over a year and

therefore they foresee no major problems. According to Gutsche, there is adequate space, and more books have been ordered based on the new number of students that will be attending.

Logistical considerations have been taken into account. Gutsche stated that coordination has been made with Public Works for three additional buses to pickup students that live off post.

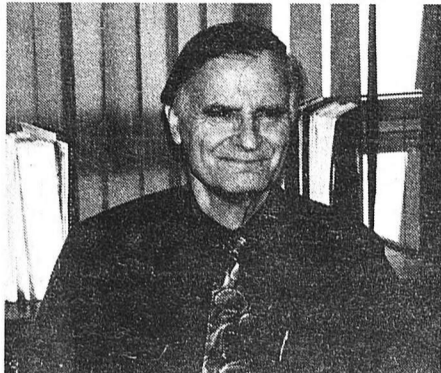
Gutsche enthusiastically explained the various policies and programs that his school offers.

"Our school has an opened-door policy," he said. "Parents are welcomed to be involved in their children's and the school's activities; parents are vital to the success of the school," he added. He proudly stated, "That the key for being recognized as a Blue Ribbon School of Excellence by the U.S. Department of Education is due to the active participation of the parents."

Gutsche was also quick to champion the school's special education program for students with special needs.

Although the new school calendar has not been finalized, parents can enroll their children anytime during the year.

For more information about the Roosevelt Roads Elementary School call DSN 865-3073/4434.

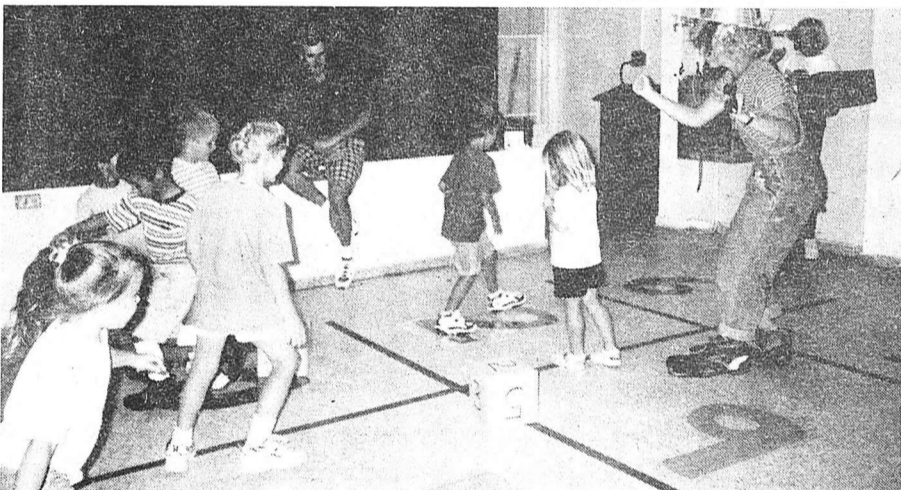


Bob Appin (USARSO Public Affairs Office)
Lane Gutsche is the Roosevelt Roads Elementary School principal.



(Courtesy)

Roosevelt Roads Elementary School children are delighted while visiting the Roosevelt Roads Hospital during a recent field trip. There will be many different educational and fun field trips to look forward to in Puerto Rico.



(Courtesy)

Children of Roosevelt Roads Elementary School learn how to count the fun way.



(Courtesy)

Roosevelt Roads Elementary School children share time for "Show and Tell."

How to Apply for your Cold War Recognition Certificate

(ASSOCIATED PRESS) — Up to 22 million former and current service members and DoD civilians can start applying for certificates honoring them for their role in winning the Cold War. Those qualifying for the certificates can apply via the Internet at <http://cold-war.army.mil>, e-mail at cwri@fairfax-emh1.army.mil or fax at (703) 275-6749. Applicants can also mail request to:

Cold War Recognition
4035 Ridge Top Road, Suite 400
Fairfax, Va. 22030

Applicants must present proof of service. Army officials caution applicants not to send original documents because they cannot be returned. Applicants must use fax or mail to submit supporting documents.

Persons are eligible for the recognition certificate if they have military or civilian service with the War, Navy or Defense departments between September 2, 1945 and December 26, 1991. Military or civilian personnel requesting the award must certify that they served honorable and faithfully at any period during the Cold War.

Each mailed or faxed request must have official documents verifying their service. Acceptable documents include any government form that includes the applicant's name, social security or service or foreign service number and the date of service.

Military personnel can also use any of the following documents as proof of service: DD Form 214 (Certificate of Release/Discharge from Active Duty); WD AGO Form 53-55 (War Department Separation Document); or Oath of Office — Military Personnel or Letter of Appointment.

Qualifying civilian service also can be proved with a standard Form 50 (Notification of Personnel Action); Standard Form 2809 (Health Benefit Registration Form); an award certificate with employee's name, name of service or agency, and dates; or retirement forms with the employee's name, service or agency and dates.

The Total Army Personnel Command is the executive agent for the recognition project. A telephone help line is available at (703) 275-6279.

Welcome to Roosevelt Roads

story by Bob Appin

USARSO Public Affairs Office

U.S. NAVAL STATION ROOSEVELT ROADS, Puerto Rico (USARSO PAO) — In about six weeks the Special Operations Command South will have a new home at U.S. Naval Station Roosevelt Roads, Ceiba, Puerto Rico.

Located just about one hour east of the capital city of San Juan, NS RR, has lots to offer SOCSOUTH and the first to welcome them is Capt. James K. Stark, commander of NS RR.

The following are some questions posed to Stark:

How are things progressing so far?

"Progress is going very well. Naval Station and SOCSOUTH personnel are working diligently to ensure the move is completed according to plan."

Are your people looking forward to the new tenants

"Yes we are. The Roosevelt Roads community consistently looks for ways to improve the quality of life here. I am confident our newest members will benefit from their efforts throughout the relocation process, and trust they will quickly become an active contributor to the Roosevelt Roads community."

What positive impacts will this move facilitate?

"We welcome our newest tenant command and look forward to providing their personnel the support needed to effectively accomplish their mission."

Are you a believer in getting concerns aired out?

"Absolutely. Town Hall meetings are scheduled once a month in the Caribbean Crossroads Chapel. The goal of the meetings is to learn what is happening throughout the community from tenant command and family members. The base leadership is available to answer questions and/or address issues that are positively or negatively affecting the population of the station. I strongly encourage everyone to attend."

What about growing pains?

"Growing pains are unavoidable, however, I assure everyone, we are doing everything in our power to ensure the move from Panama to Puerto Rico is a comfortable one. I must commend SOCSOUTH's forward element for their professionalism."

"This area of the world has a lot to offer and we want to make the "Crossroads of the Caribbean", a home to remember. Welcome Aboard!"



(Courtesy)

Capt. James K. Starks

Band finale

The 79th Army Band's Jazz Combo and Show Band is holding their final dry season concert April 25 at Goethals Monument at the base of the Panama Canal Commission Administration steps.

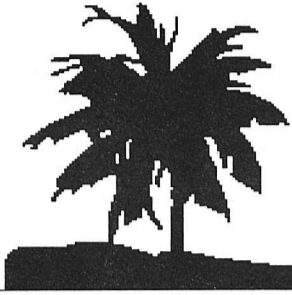


Military Child Month

The Directorate of Community Activities Child and Youth Services celebrates the Month of the Military Child with an evening of parent/child games and outdoor activities 5 p.m. today at Fort Clayton's Jarman Field. Come enjoy this family event. For more information on upcoming events, call 288-6810.

Cartegena tour

Take advantage of the last opportunity to join a tour to Cartegena, Colombia April 23 - 26 offered by Fort Sherman's Ocean Breeze Recreation Center. A 16th century wall surrounds the city that contains a modern convention center and luxury hotels. For more information, call 289-6699.



Tropictivities

April 16, 1999

Fort Clayton and Howard Air Force Base, Republic of Panama
Serving the Joint Community

Page B1



The Arenal Volcano erupts every day. One can dine at the Tabacon Resort-Spa and watch lava flow from the volcano on a clear night.

COSTA RICA — A GETAWAY ADVENTURE

story and photos by Sgt. Tywana Gordon
Tropic Times Assistant Editor

FORT CLAYTON — Work, work, work. The colonel wants this, my NCOIC wants that and I am just swamped with things to do. I haven't had a vacation since I have been in Panama and I need one really bad. I made a promise to myself that I would take full advantage of a trip to a neighboring Latin American country and I did.

My first major decision — where will I go? I had no idea about what's available so I did a little research. I went to Carlson Wagonlit Travel and discovered there are several travel packages available. The trip to Costa Rica really caught my eye. So I signed-up, paid the fees and was off to Costa Rica.

Costa Rica is located in Central America, with Nicaragua to the north and Panama to the south. My first thought was the temperature should be similar to Panama. Well, I was wrong. The weather is mild compared to Panama. You may even need a sweater in some parts of the country. Traveling to Costa Rica was very comfortable. It takes approximately one hour to get to San Jose, the capital of Costa Rica, by plane and six to eight hours traveling on the roads.

Every day I find myself practicing Spanish in Panama and I was worried about communicating in Costa Rica. When I got off the plane I was ready to try out my broken Spanish. I was surprised when I tried so hard to get out one sentence in Spanish, the airline attendant looked at me with a smile and responded to me fluently in English. I believe I was embarrassed and relieved at the same time. I had the same experience at the hotel and in many of the establishments I visited in Costa Rica. So if your Spanish is not great, don't worry.

While traveling from the airport to the hotel, I

envisioned what my weekend trip would be like. There were several tours to volcanoes, the rain forest and white-water rafting. So my first choice was to see the Arenal Volcano. It is a young volcano located in the northern part of the country that erupts just about every day. It was a four-hour drive to get to the volcano from San Jose, but it was worth it.

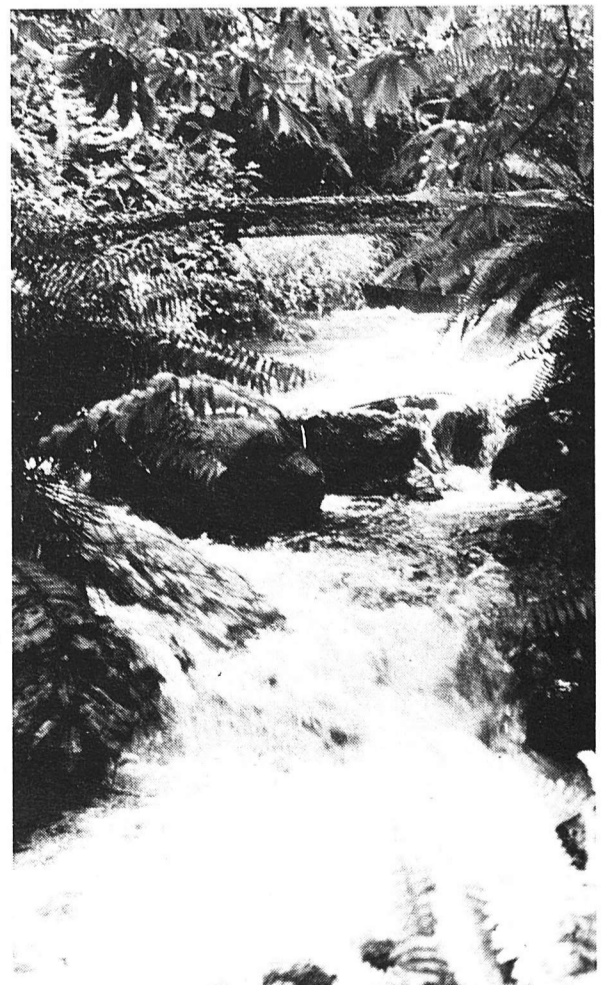
We stopped at the Tabacon Resort-Spa which offers a beautiful view of the volcano. Several natural hot spring pools are located at the resort which attracts tourists. By day, you can relax in the pools where you are surrounded by beautifully manicured gardens. A restaurant and bar are located on the resort, which offers traditional Costa Rican cuisine. At night, if the sky is clear, you can see lava flowing from the volcano while you dine. The view was absolutely magnificent.

The next day I decided to tour the Poas Volcano which has one of the largest active craters in the world. The volcano last erupted in 1955. Poas' main attraction is the sulfur lagoon located in the volcano's crater. The bright, aquamarine lagoon is something you just have to see with your own eyes. After leaving Poas, lunch was provided at a restaurant in the mountains which offered typical Costa Rican cuisine. Believe me, the food here was great.

The next few days I found myself torn between touring the forest or the city. I got a chance to do everything I set out to do and I am now ready for a new adventure.

The year is winding down and my tour in Panama will soon come to an end. Before it's over, I'm going to take advantage of more trips.

For more information on available trips, contact Carlson Wagonlit Travel at 288-7077 or your local travel agencies.



Several natural hot spring pools can be found at the Tabacon Resort-Spa. The natural springs are surrounded by beautifully manicured gardens.



Trips and tours

Air Force

◆**Outdoor Recreation: 284-6107**
Tours depart from Howard Theater.
Dining and Folkloric show at Las Tinajas 6 - 11 p.m. today, \$12. Dine and watch authentic folkloric, Panamanian dancers twirl majestically in traditional Panamanian Dress.

Drake's Island snorkeling trip 7 a.m. - 5 p.m. Saturday, \$22. *Isla Drake*, the historical burial site of Sir Francis Drake, located on the Atlantic side near Portobelo, offers a unique opportunity to the novice snorkeler to explore a reef, see exotic fish and enjoy the beautiful Atlantic Ocean.

El Valle horseback riding trip 7 a.m. - 4 p.m. Saturday, \$24. Ride a horse and explore the countryside in El Valle, the beautiful mountain valley located in the interior of Panama. El Valle's lush vegetation, colorful flowers, waterfalls, ancient Indian petroglyphs and cooler temperatures make it one of Panama's popular tourist attractions. Cost includes transportation, horses and guide. Bring your own lunch or dine in a local restaurant.

El Valle shopping and sightseeing 7 a.m. - 4 p.m. Sunday, \$14. Travel by bus to the beautiful mountains of El Valle, a sleepy village in an extinct volcano basin. Enjoy shopping in the native market and purchase handicrafts such as soapstone carvings, bateas, baskets, native fruits, vegetables and beautiful tropical plants and flowers.

Peacock Bass fishing 5 a.m. - 2 p.m. Sunday, \$25. Be prepared to catch a boat load of fish while peacock bass fishing near Arenosa Village on Gatun Lake. Bring your own fishing gear, lunch and refreshments. Transportation, boat with guide, bait, ice and coolers for fish and fish cleaning are provided.

Ecological Canal tour 9:30 a.m. - 5 p.m. April 23, \$60. Don't miss this unique tour of the Las Americas Inter-oceanic National Park. Includes a boat ride along the Panama Canal and Gatun Lake and a visit to a Chocoe Indian village.

Jungle canopy tour 7 a.m. - 5 p.m. April 23, \$55. Get a unique view of the jungle's canopy on this exciting tour. You will traverse from cable to cable through the jungle tops, just like the monkeys do. This adventure features a canopy tour of El Chorro Macho in El Valle.

Chagres River canoeing and barbecue 8 a.m. - 2 p.m. April 24, \$20. You'll love the thrill of this canoe trip down the beautiful, mighty Chagres River. Cost includes transportation, guide, canoes,

safety equipment and a delicious barbecue lunch. Bring sunscreen, hat, snacks and drinks for the river trip.

Parara Puru Indian village tour 8 a.m. - 4 p.m. April 24, \$22. Take a cayuco ride along the Chagres River to visit the unique Parara Puru Indian community and experience their social lifestyle and witness their primitive customs dating back 500 years. Bring a sack lunch and don't forget the camera

Corona Beach trip 8 a.m. - 4 p.m. April 25.

Army

◆**Outdoor Recreation Center: 288-7355/6453**

Reservations for outings are under way at Building 178, Fort Clayton.

Canoeing the Chagres Saturday.

Full Panama Canal transit Saturday. **El Valle tour** Sunday.

Snorkel/dive at Isla Grande April 24.

The Mamoni overnight trip is available. Includes a two-hour drive into Chepo and a three-hour horseback ride. Enjoy typical food, rustic sleeping accommodations and activities. Not meant for the mild at heart. For more information, call the center.

◆**Valent Recreation Center: 288-6500**

Make early reservations for tours:

Visit historic Panama City founded in 1506 and destroyed and sacked by pirate Henry Morgan. Tour the *Casco Viejo* founded in 1676, reminiscent of its Spanish and French heritage. Stop at *San Jose Church* to see their *Golden Altar*, the *National Theater*, *Las Bovedas* and the new *Canal Museum*.

Isla Grande 6:30 a.m. Saturday. Stop at *Portobelo* to see the Black Christ.

El Valle 6:30 a.m. Sunday. Enjoy shopping in the native market which is only open on Sundays. You'll be able to purchase handicrafts such as soapstone carvings, bateas, and pottery. *El Valle's* lush vegetation, colorful flowers and waterfalls make it one of the most popular tourist attractions in Panama. Enjoy lunch at *Hotel Campestre*.

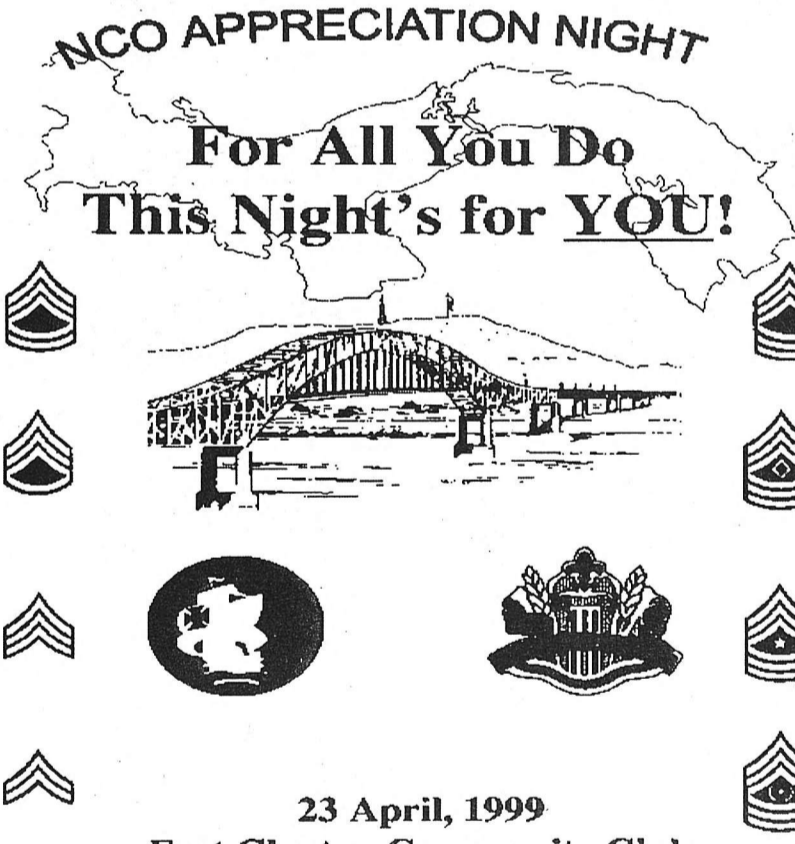
Shopping tour 9 a.m. - 4 p.m. Thursday. Visit Central Avenue, *El Dorado* and *Los Pueblos* shopping malls, the most popular shopping area in town.

Dinner tours 7 p.m. Fridays. A different restaurant is visited each week.

Carlson Wagonlit offers the lowest military air fares, hotel, car rental discounts and more. Service also includes: Special weekday rates at Gorgona beachfront cabins; *Chiva Parrandera* on Thursdays, Fridays and Saturdays and partial **Canal Transits**. Call 288-7077 for details.

NCO APPRECIATION NIGHT

**For All You Do
This Night's for YOU!**



23 April, 1999
Fort Clayton Community Club
1700-1900

Sponsored by the 245th Support Battalion
Point of Contact is LT Pearson at 284-7038

PRICE: \$5.00

Rec center news

Air Force

◆**Howard Community Center: 284-6161**

The center is located on the Ground Floor of Building 707. **New hours:** 7:30 a.m. - 7 p.m. Mondays - Fridays, noon - 6 p.m. Saturdays, closed Sundays and holidays and noon - 6 p.m. down days.

Jewelry show and sale 11 a.m. - 5 p.m. today. You don't have to go off base to shop for fine jewelry.

Souvenir vendors bazaar 11 a.m. - 5 p.m. Saturday.

Antique coins and krugerrands exhibition 10 a.m. - 3 p.m. Monday.

Ice cream social 6 - 9 p.m. April 28. Free ice cream and all toppings.

◆**Howard Skills Development Center: 284-6361**

The **Balloon Shop** is located in the Skills Development Center, Building 711. Check our **daily specials** and make someone smile. The Skills Development Center now has the **Balloon Shop** and **Pack-N-Wrap** with gifts, balloons and wrappings for shipping for all occasions.

◆**Outdoor Adventures: 284-6107**
Rent Howard bohios and pools for

private parties or squadron functions. If you wish to serve alcohol, you must submit a **letter of request** to the 24th Support Group deputy commander at least four working days before the event.

◆**Howard AFB Sports and Recreation Rental Center: 284-6107/3539**

Check out the wide variety of **equipment for rent**, camping, fishing and boating, home entertainment, home improvement, outdoor, picnic & party, sports and cooking equipment for a minimal fee daily, weekend and weekly rental. PCSing? If so, get \$5 off weekly and monthly rentals on TVs, VCRs and TV/VCR combos. Must be accompanied by orders. Rent a mountain bike for a month or week and receive a free water bottle.

Army

◆**Valent Recreation Center: 288-6500**

Private tours for 10 - 15 people can be arranged. Advance reservation and payment required for any tours listed or other local tours. The center also provides music rooms, movies on weekends, slot machine, pool tables, ping pong tables and rental service.

Arts and crafts

Air Force

◆**Howard Skills Development Center: 284-6361**

The center accepts commercial credit cards.

Registration and payment are required before attending classes. Classes will be cancelled 24 hours prior if minimum participation is not met.

Artificial flower arranging 10 a.m. - noon Saturday and today, \$10 plus supplies. One lesson.

Basic framing 1 - 3 p.m. Saturday, \$12.50. Requires class to use our self-help framing shop.

Stained glass workshop 10 a.m. - 1 p.m. Saturday, \$12.50 plus supplies. Three lessons.

Tool sale 9 a.m. - noon Saturday at Building 722.

Army

◆**Fort Clayton Arts and Crafts Center: 288-5957/7360**

Drawing and acrylic painting 2 - 4 p.m. Sundays and 7 - 9 p.m. Wednesdays. **Watercolor and oil painting techniques** 7 - 9 p.m. Thursday. Painting supplies are not included in the fee. Register in advance. Call for details.

Crafts classes available:
Pottery class 1 p.m. Wednesdays.

Woodworking qualification class 9:30 a.m. - noon Saturdays.

Framing instruction 6:30 - 9 p.m. Thursday. Call for details.

Guitar construction 7 - 9 p.m. Thursday.

◆**Fort Clayton Ceramics Shop: 288-4360** Ceramics shop close May 31.

Ceramic instruction available: Learn the fine art of ceramics. Classes are offered at all levels.

Beginner's ceramic painting 6 - 8 p.m. Thursdays. Fee is \$20.

Ceramic qualification 10 a.m. - 12:30 p.m. Saturdays.

Ceramic orientation for pouring 2 - 3

p.m. Wednesday.

Pastel chalk technique 4 - 5 p.m. Wednesdays, \$10 plus supplies.

Eye painting 7 p.m. Wednesday, \$5.

Dry brush technique 2 - 3 p.m. Thursdays.

Airbrush classes, 6:30 - 8:30 p.m. Fridays, \$5.

Advance registration required for the following courses:

Clay Flower making 11 a.m. - 1 p.m. Sundays, \$15. Four sessions. Join us at the center and don't miss the wonderful class.

Learn to apply **Fiesta Color** 2 - 4 p.m. Sundays. Cost \$20. Four sessions.

Stone stroke class, Sundays, \$10.



Atlantic news

Army

◆ **Ocean Breeze Recreation Center: 289-6699**

Upcoming is an overnight tour to Contadora Island this Saturday and Sunday. For more information call the center. This beautiful island of the *Perlas Archipelago* on the ocean is located only 15 minutes by air from Panama City.

Take advantage of the last opportunity to join the center's tour to **Cartagena, Colombia** April 23 - 26. Cartagena is a city full of contrast. Visitors can see a burro hitched to a homemade cart parked next to a Mercedes. An ancient 16th century wall surrounds the city that contains a modern convention center and luxury hotels. On the same street, shoppers can pay thousands of dollars for precious emeralds cut from the heart of the country, or pennies for an *empanada* made by a little old lady.

Deep Sea Fishing April 24. Reservations are being accepted until today. Fee is based on the number of participants. Trip is limited to 10 persons.

◆ **Sherman Rental Center: 289-6104**

Motorboat operator's safety classes are held 10 a.m. Saturdays at the Sherman Lagoon. Fee is \$10. Space is limited to the first 10 participants. Sign up in advance. Call your Recreation Center now.

Charters aboard the pontoon boat: Great for fishing or cruises. Fee is \$30 hourly and includes captain, crew, tackle and ice. Maximum 10 persons. For more information call the center.



(File)

The Loop

Visit the Loop at Building 210 at Fort Clayton and watch your favorite sports events on our Big screen TV. For more information, call 288-7036.

Special events

Military Child Month

◆ **Jarman Field**

The Directorate of Community Activities Child and Youth Services celebrates the Month of the Military Child with an evening of Parent/Child Games and Outdoors 5 p.m. today at Fort Clayton's Jarman Field. Come join us and enjoy this family event that DCA prepares for you. For more information, call 288-6810 or 288-6451.

Pre-Teen Jam

◆ **Howard Youth Center**

Michael J. Productions and Laker Enterprises presents Military Child Month Pre-Teen Jam 7 - 10:30 p.m. today at the Howard Youth Center. Admission is \$2.50 with activity card and \$3.50 without the activity card. Ages are 9-12. Door prize will be given and there are also prizes for the winner of the Military Child Month contest. For More information, call 284-4700/5615.

Philharmonie Der

◆ **Atlapa Convention Center**

The National Association of Concerts is hosting the exceptional presentation of *Philharmonie Der Nationen* directed by Justus Frantz 8 p.m. May 12 at the Atlapa Convention Center. Tickets are available at the association or at the center the night of the event. Come join us and enjoy this cultural event. For more information, call 214-7236.

Shops and classes

Air Force

◆ **Howard Community Center: 284-6161**

Beginner, intermediate and advanced English and Spanish classes. Call the center for more information.

◆ **Howard Pool: 284-3569**

Hours of operation: 10 a.m. - 6 p.m. Tuesday - Sunday and holidays. Closed Monday.

Water Aerobics 8:30 - 9:30 a.m. Tuesdays and Thursdays, \$2/class, call for more information.

◆ **Howard Auto Skills Center: 284-3370**

Hours: 11 a.m. - 7 p.m. Tuesdays - Thursdays, 11 a.m. - 6 p.m. Fridays, 9 a.m. - 5 p.m. Saturdays, 11 a.m. - 5 p.m. Sundays and closed Mondays and holidays.

Vehicle resale lot: Planning to sell your car? Contact Auto Skills at Howard.

Services: Towing 11 a.m. - 7 p.m. Tuesdays - Thursdays, 11 a.m. - 6 p.m. Fridays, 9 a.m. - 5 p.m. Saturdays (as long as a qualified driver is on duty). If a tow extends beyond 5:30 p.m., there is an additional hourly charge. Air conditioning repair, brakes, oil changes, tune-ups, front-end alignment and welding available.

Vehicle inspection services 11 a.m. - 7 p.m. Tuesdays - Thursdays, 11 a.m. - 6 p.m. Fridays, 9 a.m. - 5 p.m. Saturdays, 11 a.m. - 5 p.m. Sundays self help and closed Mondays. Cost is \$10.25. Have your vehicle inspected at the center in Building 722. Vehicles cannot be left for inspections. Call the center for details.

◆ **Howard Wood Skills Center: 284-4510**

For wood shop needs, please contact the **Fort Clayton Wood Shop**.

Army

◆ **Fort Clayton Boat & Scuba Shop: 288-7355/6453**

Fishing enthusiasts are invited to participate in a **Bass Fishing Tournament** through May. There's a \$50 cash prize per month and a \$200 cash prize for the Grand Finale. Register now at Building 178, Fort Clayton.

Motorboat operator course offered 8 a.m. - noon monthly. Fee is \$10 for Jon boat certification, \$20 for Boston Whaler/ocean certification. Advance reservation required.

Gatun Lake fishing charters available, \$30/person, minimum of three people, includes Jon boat w/30hp. Includes boat, guide, cooler, fishing tackle, bait and safety equipment.

Open-water dive classes begin Mondays. Minimum of six people required. Includes pool sessions, theory sessions and open-water dives. Register in advance.

The **Scuba Shop** has equipment for rent, advanced instruction and services to include repairing spear guns, regulators and gauges.

◆ **Auto Craft Center:**

The center is located in Buildings 178-A, B, C and Building 135, Fort Clayton.

The **shop features** work-area bays, electric lifts, instructions and classes.

Electric engine analysis 4 - 9 p.m. Mondays.

Air-conditioning maintenance 2 p.m. Mondays, Thursdays and Fridays. Noon - 5 p.m. Saturdays, 10 a.m. - 5 p.m. Sundays.

Wheel alignment 3 - 9 p.m. Monday, Thursdays and Fridays.

Brake repair class 1 - 9:30 p.m. Fridays.

◆ **Fort Sherman Auto Shop Building 153:**

Hours of operation: noon - 4 p.m. Sundays, closed Mondays and Tuesdays, 4 - 8 p.m. Wednesdays, Thursdays and Fridays and 10 a.m. - 6 p.m. Saturdays and holidays.

The **shop** has four bays with one engine lift, tire-changing equipment, engine hoist, a compressor to remove shocks and various other equipment.

◆ **Valent Recreation Center: 288-6500**

New hours of operation: 9 a.m. - 9 p.m. Mondays - Fridays, noon - 9 p.m. Saturdays, Sundays and holidays. Register for ongoing classes.

Spanish headstart class, eight week course, meets twice a week. **Intermediate**

Spanish classes available.

Fee includes manual. For more information, call the center.

Piano classes Mondays - Thursdays, half-hour sessions.

Basic English classes 10 a.m. - 12:10 p.m. Tuesdays and Thursdays.

Intermediate English Mondays and Wednesdays. For more information, call the center at 288-6500.



Employment

The Directorate of Civilian Personnel is accepting applications on a continuous basis for the following announcements. All interested applicants need to re-submit an updated SF-171 every six months. Registers established from these announcements will be used to fill temporary positions.

VB# 51-OC General Clerical, NM-4 (Used to fill most clerical positions). *

VB# 52-OC Sales Store Checker, NM-3 (Intermittent wk sch). *

* Until further notice, the written test for all temporary appointments to clerical positions at grades NM-2, 3, and 4 is waived.

VB# 55-OC Secretary (Typing/Office Automation), NM-5, specialized experience required.

56th Signal Battalion Open Continuous Announcements

OPEN: 10-17-97 CLOSE: Will remain open until further notice

NOTE: The announcements listed below will be used to fill recurring (temporary/permanent) vacancies within various divisions of the 56th Signal Battalion. Interested candidates should ensure that their application package is complete in order to receive proper consideration (i.e. SF171, OF-612, Resume, DD-214 if claiming veteran's preference, SF-50, current performance appraisal).

NON-MANUAL POSITIONS:

- VB# 21SIG Telecommunication Specialist, NM-391-11
- VB# 26SIG Telecommunication Specialist, NM-391-09
- VB# 30SIG Telecommunication Specialist, NM-391-7/9

Directorate of Community Activities, CRD, Open Continuous Announcements

OPEN: 03-05-99 CLOSE: Will remain open until further notice

- VB# 212-99-SC Recreation Assistant, NM-189-04
- VB# 213-99-SC Recreation Assistant, NM-189-04
- VB# 214-99-SC Recreation Specialist (Outdoor Activities), NM-188-09
- VB# 215-99-SC Recreation Specialist, NM-188-07
- VB# 216-99-SC Recreation Assistant, NM-189-05
- VB# 217-99-SC Supervisory Recreation Assistant, NM-188-09
- VB# 08A-99-SC Recreation Assistant (Lifeguard), NM-189-04

VB# VACANCIES TITLE AND LOCATION
OPEN: 04-16-99 CLOSE: 04-27-99

244-99-SS SECURITY GUARD, NM-085-04. 56th Signal Battalion, S-2, Security Office, Corozal, Panama. Gen. Exp.: 6 months. Spec.: Exp.: 6 months. **NOTE: SENSITIVE.** Must be able to obtain security clearance. Shift work is required. Temporary NTE: 11/15/99.

245-99-SS COMPUTER SPECIALIST, NM-334-07 Dev. 09. DOIM, Fort Clayton, Panama. Spec. Exp.: 1 yr equiv to NM-05. TIG: 1 yr at NM-05. **NOTE:** Area of consideration: Career-Career Conditional Employees and Reinstatement eligibles. Selectee will be required to sign a mobility agreement, agreeing to relocate to Fort Buchanan, Puerto Rico. Must be able to obtain security clearance.

234A-99-VL WRITER EDITOR - TROPIC TIMES, NM-1082-07. Tropic Times Office, Corozal, Panama. **NOTE:** Driver's license is required. Knowledge of English is required. Temporary NTE 09/30/99. Applicants who applied under VB #234-99-VL need not to reapply.

USAID/Panama

USAID/Panama requires the services of a Voucher Examiner FSN-6. Qualifications: Completion of High School, two years of college or technical study in accounting is highly desirable, two to three years of experience in voucher examining or related fiscal clerical work, level III (good working knowledge) English ability is required, basic knowledge and understanding of professional accounting principles, theories, practices and terminology and a familiarity with laws, regulations and procedures governing USAID accounting and payment procedures. The candidate should be a Panamanian. Those interested in applying, should contact USAID/Panama or submit a resume to the Personnel Office, Unit 0949 APO 34002, NLT April 26, or call 263-6011

Club news

Clayton

◆**The Loop: 288-7035.**

Enjoy the sports games on the TVs available in **CJ's Sports Bar and Grill.** Delicious appetizers available. **Lunch** is 11:30 a.m. - 1:30 p.m. Mondays - Fridays, **dinner** 5 - 9 p.m. Mondays - Fridays and 4:30 - 9 p.m. Saturdays and Sundays.

Prizmz opens until 11 p.m. Wednesdays and Thursdays, 1 a.m. Fridays, Saturdays and Sundays.

Ladies night 9 p.m. Saturdays.

Select your favorite tunes tonight at 5 p.m. Over 100 CDs to choose from the 1950s to the 1990s.

◆**Clayton Community Club: 288-4716.**

The Forum features Chef Rangel's special buffets. Country buffet 5 - 9 p.m. Wednesdays features from ham hocks and fried chicken to black-eyed peas. **Seafood** Fridays. Each evening is a treat on its own.

Sunday brunch 10:30 a.m. - 1:30 p.m. The best deal in town, best value and best entertainment. Enjoy the hot and cold entrees, salads, breakfast items, pastries and desserts. Great food and background music.

The club features a **special buffet** 4:30 - 8 p.m. Sundays in the ballroom. Members pay \$5.95, special rate for children 5 to 11-years-old and under 5 free. Non-member fee available.

Entertainment: Enjoy **Disco** Wednesdays, Fridays and Saturdays in the Ballroom.

The Corral is open 7 p.m. - 2 a.m. Wednesdays, Fridays and Saturdays. Join in for great country sounds.

Tecno Latin Sounds 9 p.m. Wednesdays, Fridays and Saturdays at The Underground.

◆**Casa Maria: 288-5767**

Authentic **Mexican cuisine** served 5 - 9 p.m. Tuesdays - Saturdays. Delivery service available on Fort Clayton.

◆**La Mola Café: 288-4202**

Breakfast 6:30 - 9:30 a.m. Mondays - Fridays, 7 - 11 a.m. Saturdays - Sundays; **lunch** 11 a.m. - 1:30 p.m. Mondays - Fridays, 11 a.m. - 1 p.m. Saturdays - Sundays; **dinner** 5 - 8 p.m. daily.

◆**Cafe 519: 288-6007**

Breakfast 6 - 11 a.m. Mondays - Fridays. **Lunch** 11 a.m. - 2 p.m. with hot specials, a salad bar and sandwiches. Enjoy a **special buffet** Thursdays.

◆**STRAC Jr. Club: 283-4119**

STRAC Jr. Club is now open at Cocoli 5 - 10 p.m. Thursdays - Sundays. Snacks and pool table are available.

Sherman

◆**Sherman Community Club: 289-6116/6198**

Disco nights 8 p.m. - 1 a.m. Fridays and Saturdays. **Country and Western nights** 8 - 11 p.m. Thursdays.

Fast food menu items served 5 p.m. Sundays - Tuesdays, 6 p.m. Wednesdays - Saturdays.

Howard

◆**Howard Club-Building 113: 284-4680.**

Two Can Officers' Lounge, super social hour 5:30 - 7 p.m. Fridays. Live entertainment, DJ, great food and company starts at 5:30 p.m.

Pub Fare 5 - 9 p.m. Wednesdays - Saturdays.

◆**Tropic Breeze Club-Building 710: 284-4189**

Cashiers hours: 10 a.m. - 9 p.m. Saturdays - Wednesdays, 9 a.m. - 9 p.m. Thursdays, 9 a.m. - noon Fridays.

Closed for lunch 1:15 - 2 p.m. daily.

"A la Carte" Sunday breakfast 9 a.m. - noon. Eggs-to-order, pancakes, bacon, sausage, omelets, fresh breads, croissants and more.

A la Carte breakfast 6 - 9 a.m. Mondays - Fridays.

International lunch buffet 11 a.m. - 1:30 p.m. \$4.95. **Fridays:** Southern buffet. **Mondays:** All American. **Tuesdays:** Italian. **Wednesdays:** Mexican. **Thursdays:** Oriental.

All ranks a la carte dining. 5:30 - 9 p.m. Wednesdays - Saturdays. A great menu with appetizers, salads, soups and entrees to please everyone.

Breezeway open 11 a.m. - 10 p.m. Mondays - Wednesdays and Thursdays, 11 a.m. - 11 p.m. Tuesdays and Fridays, 11 a.m. - 11:30 p.m. Saturdays and Sundays, noon - 11 p.m. Sundays.

Steak out 2:30 - 8 p.m. Sundays.

◆**Tropic Breeze Club Ballroom**

Open for special functions only.

◆**Tropic Breeze Club Casual Cove: 284-4189.**

Open 11 a.m. - midnight Mondays, Wednesdays and Thursdays.

Members super social hour 11 a.m. - 1:30 a.m. Fridays.

Pool tournaments 6 p.m. Fridays followed by **Alternative Rock,** and **Tecno.**

Variety music noon - midnight Saturdays and 9 p.m. Sundays.

Karaoke evening with **Rick** 6 p.m. Sundays and 11 a.m. - 2 a.m. Tuesdays.

Wednesday night new draft beer special.

Country dance lesson 7:30 p.m. Thursdays.

Members night and club card drawing 6:30 p.m. Thursday. **Social hour** reduce price 4:30 - 7:30 p.m.

All nighters 9 a.m. today with Gabriela Nasso.

◆**Top 3 Enlisted Lounge: 284-4189**

Live jazz with **Barbara Wilson** 6:30 - 11 p.m. Sundays. All enlisted are welcome.

Open 4 - 9 p.m. Mondays - Thursdays and 4 - 11 p.m. Fridays.

Boss and buddy night social hour snacks 5:30 - 6:30 p.m. Mondays.

◆**Mulligan's on the Green at Horoko: 283-3295**

Build your own breakfast 6 - 10 a.m. Saturdays, Sundays and holidays.

Weekly lunch and dinner 10 a.m. - 8:30 p.m. Mondays - Thursdays, 10 a.m. - 9:30 p.m. Fridays, 6 - 9:30 p.m. Saturdays and 6 a.m. - 8:30 p.m. Sundays and holidays.

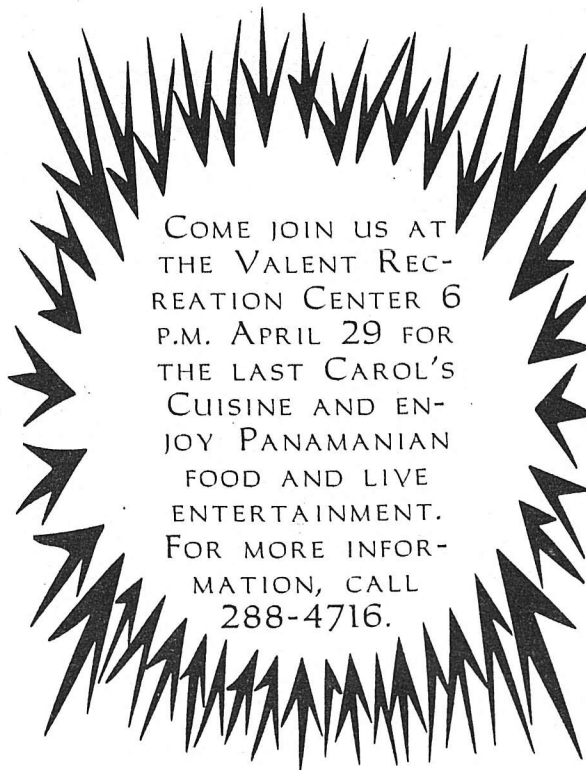
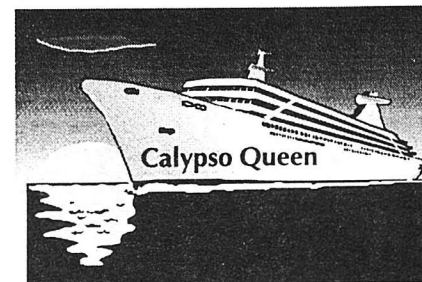
Mongolian barbecue 5:30 - 8:30 p.m. Monday, \$8.95 for the first 8-ounce and \$4.95 for the vegetarian version.

◆**Cafe Seven-O-Seven-Building 707: 284-5848**

Open 6 a.m. - 7 p.m. Monday - Friday. Try our deli sandwiches and pastries.

Full Panama Canal transit

The Teruño Association and Postal Professionals are hosting a full Panama Canal transit boat ride 7 a.m. Saturday aboard the Calypso Queen ship. The ship departs Balboa Pier 18. Cost is \$60/person. For tickets, call Staff Sgt. Francisco Hernandez at 288-4802, Vicente Anderson at 272-2961, Manuel Gonzalez at 284-3012 and Ernesto Anderson at 284-4004.



COME JOIN US AT THE VALENT RECREATION CENTER 6 P.M. APRIL 29 FOR THE LAST CAROL'S CUISINE AND ENJOY PANAMANIAN FOOD AND LIVE ENTERTAINMENT. FOR MORE INFORMATION, CALL 288-4716.



Location	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Howard AFB 284-3583	6:30 pm: <i>A Civil Action</i> 8:30 pm: <i>The Faculty</i>	4:15 pm: <i>Mighty Joe Young**</i> 6:30 pm: <i>Forces of Nature*</i> 8:40 pm: <i>Analyze This</i>	4:15 pm: <i>Jack Frost**</i> 6:30 pm: <i>She's All That</i> 8:30 pm: <i>Pay Back</i>	7 pm: <i>Forces of Nature*</i>	7 pm: <i>Analyze This*</i>	7 pm: <i>Very Bad Things</i>	7 pm: <i>Forces of Nature</i>
Fort Clayton 288-7279	6:30 pm: <i>Forces of Nature*</i> 8:30 pm: <i>Analyze This*</i>	4:15 pm: <i>Jack Frost**</i> 6:30 pm: <i>She's All That</i> 8:30 pm: <i>Pay Back</i>	4:15 pm: <i>Mighty Joe Young**</i> 6:30 pm: <i>Forces of Nature*</i> 8:40 pm: <i>Analyze This</i>	7 pm: <i>A Civil Action</i>	7 pm: <i>Forces of Nature*</i>	7 pm: <i>Psycho</i>	7 pm: <i>Analyze This</i>

Theater News

All movies are subject to change depending on arrival in country

Tickets are available in five price categories: \$3.50, \$3, \$1.75, \$1.50 and \$1. *First run movies \$3.50 **Special Price
AAFES Home Page: www.panama.phoenix.net/~aafespan.default.html

Movie Guide Rating

R Restricted. Under 17 requires accompanying parent or adult guardian.

PG-13 Parental guidance suggested for children under 13.

PG Parental guidance suggested.

G Suitable for general audience.

Now showing

A Civil Action

John Travolta, Kathleen Quinlan

Attorney John Travolta and his small law firm are hired to sue industrial giants accused of contaminating two water wells in a small Massachusetts town. Kathleen Quinlan plays a mother whose son mysteriously died of leukemia. Robert Duvall is the defender of the industrial conglomerates, and John Lithgow acts as the presiding district judge. **PG-13, 1 hr, 52 min.**

Analyze This

Robert De Niro, Billy Crystal

When a mob boss played by Robert De Niro begins to feel doubts about his career and place in the crime world, he enlists the help of a psychoanalyst. Crystal's the reluctant professional who changes De Niro's view of the job, while planning an upcoming wedding to fiancée Lisa Kudrow. **R, 1 hr, 43 min.**

Forces of Nature

Sandra Bullock, Ben Affleck

Ben has two days to get from New York to Savannah for his wedding. How hard can that be in this age of planes, trains and automobiles? Various circumstances hinder his trip to Savannah. Ben has to wonder if somebody up there is trying to tell him something. **R, 1 hr, 49 min.**

Jack Frost

Michael Keaton, Kelly Preston

Jack Frost decides to skip the most important musical audition of his career to spend Christmas with this family. His car skids off the road and he's killed. The following year, his son builds a snowman and Jack Frost comes back to earth as a snowman. **PG, 1 hrs, 48 min.**

Mighty Joe Young

Bill Paxton, Charlize Theron

Mighty Joe Young is an awesome 15-foot gorilla from Africa brought to a California animal preserve for protection. Threatened and confused, he escapes, leaving a trail of destruction and chaos. **PG, 1 hr, 55 min.**

Pay Back

Mel Gibson, Maria Bello

Mel Gibson plays a super-bad guy on the relentless pursuit of his stolen money. Gibson and his friend, played by Gregg Henry, hit a Chinese gang together and manage to steal \$140,000. Henry turns on Gibson, along with Gibson's wife. Gibson seeks revenge against Henry and tries to outsmart the police and the vengeful Chinese gang in order to get his own piece. **R, 1 hr, 42 min.**

Psycho

Vince Vaughn, Anne Heche

Desperate to make a new life for herself, Marion Crane steals money from her employer and leaves Phoenix. As night falls, she seeks refuge at the desolate Bates Motel. **R, 1 hr, 49 min.**

She's All That

Freddie Prinze Jr., Rachael Leigh

Freddie Prinze Jr. and Rachael Leigh co-star in a teen dramedy about choices and relationships. Prinze is a popular student who's recently been dumped by his high school sweetheart. When friends wager that he's starting to lose his cool, the scholar-athlete bets them that he can turn any girl into the prom queen.

Cook plays the unknowing candidate. **PG-13, 1 hr, 15 min.**

The Faculty

Elijah Wood, Josh Hartnett

Elijah Wood suspects his high school faculty of being more than a little alien. After some investigation, Wood discovers a group of creatures (feeler) have taken on the teachers, forms and are planning to take over his small Texas town. It's up to Woods and a breakfast club assortment of students to stop the alien invasion. **R, 1 hr, 41 min.**

Very Bad Things

Christian Slater, Cameron Diaz

Laura has waited almost three decades for holy matrimony. Against her wishes, her fiancé, Kyle, goes off with four of his buddies to Las Vegas for his bachelor party. Laura decides that nothing will derail her perfect ceremony, not even death. **R, 1 hr, 41 min.**

★★★★★ THE BEST FILM OF THE YEAR
AND THE FUNNIEST COMEDY IN A DECADE.
Kathryn Kinley - WPIX

"A BRACING BLEND OF SASS AND CRASS THAT REALLY NAILS IT. ACE COMIC TEAMWORK BY DE NIRO AND CRYSTAL."
Peter Travers - Rolling Stone

"ANALYZE THIS' PILES ON THE COMEDY!"
Gene Shallit - Today



"DROP DEAD FUNNY! DE NIRO AND CRYSTAL ARE THE COMEDY TEAM OF THE YEAR!"
Omar Linares - FOX-TV

"THE MOST INVENTIVE, ORIGINAL COMEDY IN YEARS. A ROLLICING GOOD TIME."
Susan Granger - SSG Syndicate

Robert De Niro

Billy Crystal

analyze this

and Lisa Kudrow

WARNER BROS. PRESENTS
IN ASSOCIATION WITH VILLAGE ROADSHOW PICTURES AND NPV ENTERTAINMENT A BALTIMORE / SPRING CREEK PICTURES / FACE / TRIBECA PRODUCTION
A HAROLD RAMIS FILM ROBERT DE NIRO BILLY CRYSTAL LISA KUDROW ANALYZE THIS JOE VITERELLI AND CHAZZ PALMINTERI WITH HOWARD SHORE
CO-PRODUCED BY LEN AMATO PRODUCED BY BILLY CRYSTAL CHRIS BRIGHAM AND BRUCE BERMAN EXECUTIVE PRODUCERS KENNETH LOVERGAN AND PETER TOLAN
SCREENPLAY BY PETER TOLAN AND HAROLD RAMIS AND KENNETH LOVERGAN PRODUCED BY PAULA WEINSTEIN JANE ROSENTHAL DIRECTED BY HAROLD RAMIS
VILLAGE ROADSHOW PICTURES **R** RESTRICTED UNDER 17 REQUIRES ACCOMPANYING PARENT OR ADULT GUARDIAN www.analyzethis.com WARNER BROS. PICTURES

Showing tonight at the Howard Theater.



Howard AFB

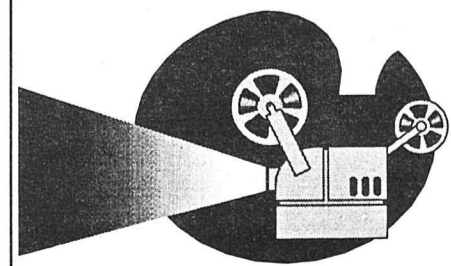
6:30 pm: *At First Sight* (PG-13) Mira Sorvino, Val Kilmer

8:50 pm: *True Crime* (R) Clint Eastwood, Isaiah Washington

Fort Clayton

6:30 pm: *Forces of Nature* (PG-13) Sandra Bullock, Ben Affleck

8:30 pm: *In Dreams* (R) Annette Bening, Robert Downey Jr.





Early morning & daytime TV programming

Key: + Program time change due to live programming event; * Mature theme; ** Series starts; *** Series ends; **** Program moved to new day and/or time

Channels 8 & 10	Friday, April 16	Saturday, April 17	Sunday, April 18	Monday, April 19	Tuesday, April 20	Wednesday, April 21	Thursday, April 22
6:00	Today Show	6:00 Headline News	6:00 The Coral Ridge Hour	6:00 Today Show	6:00 Today Show	6:00 Today Show	6:00 Today Show
8:00	Headline News	6:30 Classic Cartoon	6:30 Outreach of Love	8:00 Headline News	8:00 Headline News	8:00 Headline News	8:00 Headline News
8:30	Showbiz Today	7:00 Marathon	7:00 The Field Afar	8:30 Showbiz Today	8:30 Showbiz Today	8:30 Showbiz Today	8:30 Showbiz Today
9:00	Sesame Street	9:00 Aaahh! Real Monsters	7:30 Day of Discovery	9:00 Sesame Street	9:00 Sesame Street	9:00 Sesame Street	9:00 Sesame Street
10:00	Barney & Friends	9:30 Are You Afraid of the Dark?	8:00 Sunday Today	10:00 Mister Rogers' Neighborhd	10:00 Blues Clues	10:00 Barney & Friends	10:00 Blues Clues
10:30	Kiana's Flex Appeal	10:00 America's Family Kitchen	9:00 Army Newswatch	10:30 Kiana's Flex Appeal	10:30 Co-Ed Training	10:30 Bodyshaping	10:30 Co-Ed Training
11:00	The Oprah Winfrey Show	10:30 California's Gold	9:30 Arthur	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show
12:00	Headline News	10:30 California's Gold	10:00 Promised Land	12:00 Headline News	12:00 Headline News	12:00 Headline News	12:00 Headline News
12:30	Wheel Of Fortune	11:00 Romancing The Stone (TV-PG)	11:00 Inside The PGA Tour	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune
1:00	Port Charles	1:00 City Slickers (TV-PG)	11:30 NBA Match Up	1:00 Port Charles	1:00 Port Charles	1:00 Port Charles	1:00 Port Charles
1:25	Guiding Light	3:00 Soul Train	12:00 NASCAR Winston Cup Series:	1:25 Guiding Light	1:25 Guiding Light	1:25 Guiding Light	1:25 Guiding Light
2:15	General Hospital	4:00 The Wizard Of Oz (TV-PG)	Goody's Body Pain	2:15 General Hospital	2:15 General Hospital	2:15 General Hospital	2:15 General Hospital
3:00	Sylvester & Tweety Mysteries	See Prime Time table	5:00	3:00 Talespin	3:00 Talespin	3:00 Sesame Street	3:00 Sesame Street
3:30	Kratt's Creatures	See Prime Time table	3:30 Auto Racing: IROC	3:30 Newton's Apple	3:30 Newton's Apple	4:00 Saved By Bell: New Class	3:30 Sesame Street
4:00	Sesame Street	12:00 Baywatch	4:30 HBO Boxing - World Jr. Lightweight	4:00 Nick News	4:00 Nick News	4:30 Legends of the Hidden Temple	4:30 Sesame Street
5:00	Jeopardy!	1:00 Romancing The Stone (TV-PG)	Championship	4:30 Scholastic Sports America	4:30 Scholastic Sports America	5:00 Jeopardy!	5:00 Jeopardy!
5:30	NBC NBC Nightly News	3:00 City Slickers (TV-PG)	Sugar Shane Mosley vs "John" "Eastern Beast" "Brown"	5:00 Jeopardy!	5:00 Jeopardy!	5:30 NBC Nightly News	5:30 NBC Nightly News
See Prime Time table	5:00 Headline News	5:30 Hour of Power	See Prime Time table	5:30 NBC Nightly News	5:30 NBC Nightly News	See Prime Time table	See Prime Time table
12:35	ESPNews		See Prime Time table	12:35 ESPNews	12:35 ESPNews	12:35 ESPNews	12:35 ESPNews
1:05	Schindler's List (TV-14)		12:30 America's Black Forum	1:05 Sweet Bird Of Youth	1:05 Airplane 2: The Sequel (TV-PG)	1:05 Seven Little Foy's (TV-G)	1:05 Lean On Me (TV-PG)
3:00	Movie Magic		1:00 Friday Night	3:00 Midnight Run (TV-PG)	3:00 The Competition (TV-PG)	3:00 The Treasure Of The Sierra Madre (TV-PG)	3:00 Headline News
5:00	Headline News		2:00 Videolink	5:00 Headline News	5:00 Headline News	5:00 Headline News	5:00 Headline News
5:30	ESPNews		3:00 A Climate for Killing (TV-PG)	5:30 NBC News At Sunrise	5:30 NBC News At Sunrise	5:30 NBC News At Sunrise	5:30 NBC News At Sunrise
			5:00 Headline News				
			5:30 NBC News At Sunrise				

Cable 14 & 63	Friday, April 16	Saturday, April 17	Sunday, April 18	Monday, April 19	Tuesday, April 20	Wednesday, April 21	Thursday, April 22
6:00	Today Show	6:00 Headline News	6:00 The Coral Ridge Hour	6:00 Today Show	6:00 Today Show	6:00 Today Show	6:00 Today Show
8:00	Headline News	6:30 Classic Cartoon	6:30 Outreach of Love	8:00 Headline News	8:00 Headline News	8:00 Headline News	8:00 Headline News
8:30	Showbiz Today	7:00 New Adventures Of Winnie The Pooh	7:00 The Field Afar	8:30 Showbiz Today	8:30 Showbiz Today	8:30 Showbiz Today	8:30 Showbiz Today
9:00	Sesame Street	7:30 Muppet Babies	7:30 Day of Discovery	9:00 Sesame Street	9:00 Sesame Street	9:00 Sesame Street	9:00 Sesame Street
10:00	Barney & Friends	8:00 Disney's Recess	8:00 Sunday Today	10:00 Mister Rogers' Neighborhd	10:00 Blues Clues	10:00 Barney & Friends	10:00 Blues Clues
10:30	Kiana's Flex Appeal	9:00 Aaahh! Real Monsters	9:00 Army Newswatch	10:30 Kiana's Flex Appeal	10:30 Co-Ed Training	10:30 Bodyshaping	10:30 Co-Ed Training
11:00	The Oprah Winfrey Show	9:30 Are You Afraid of the Dark?	10:00 Promised Land	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show	11:00 The Oprah Winfrey Show
12:00	Headline News	10:00 America's Family Kitchen	11:00 Senior PGA Golf: Championship (Final Round)	12:00 Headline News	12:00 Headline News	12:00 Headline News	12:00 Headline News
12:30	Wheel Of Fortune	10:30 California's Gold	NBA Basketball: Sonics at Suns	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune	12:30 Wheel Of Fortune
1:00	Port Charles	11:00 Headline News	4:30 NBA Basketball: Pacers at Heat	1:00 Port Charles	1:00 Port Charles	1:00 Port Charles	1:00 Port Charles
1:25	Guiding Light	11:30 Navy/Marine Corps News	See Prime Time table	1:25 Guiding Light	1:25 Guiding Light	1:25 Guiding Light	1:25 Guiding Light
2:15	General Hospital	12:00 Soul Train	12:30 America's Black Forum	2:15 General Hospital	2:15 General Hospital	2:15 General Hospital	2:15 General Hospital
3:00	Sylvester & Tweety Mysteries	1:00 Hercules: Legendary Journeys	1:00 Friday Night	3:00 Superman	3:00 Newton's Apple	3:30 Disney's Aladdin	3:30 Waynehead
3:30	Kratt's Creatures	2:00 WWF Superstars	2:00 Videolink	3:30 California Dreams	4:00 Nick News	4:00 Saved By Bell: New Class	4:00 Hercules: Legendary Journeys
4:00	Xena: Warrior Princess	3:00 Major League Baseball: Giants at Diamondbacks	3:00 A Climate for Killing (TV-PG)	4:30 All That	4:30 Scholastic Sports America	4:30 Legends of the Hidden Temple	5:00 Jeopardy!
5:00	Jeopardy!	See Prime Time table	5:00 Headline News	5:00 Jeopardy!	5:00 Jeopardy!	5:00 Jeopardy!	5:30 NBC Nightly News
5:30	NBC NBC Nightly News	12:00 Baywatch	5:30 NBC News At Sunrise	5:30 NBC Nightly News	5:30 NBC Nightly News	5:30 NBC Nightly News	See Prime Time table
See Prime Time table	1:00 Romancing The Stone (TV-PG)	See Prime Time table		See Prime Time table	See Prime Time table	See Prime Time table	1:05 Lean On Me (TV-PG)
12:35	ESPNews	1:00 Headline News		12:35 ESPNews	12:35 ESPNews	12:35 ESPNews	3:30 Rachel, Rachel (TV-PG)
1:05	Schindler's List (TV-14)	3:00 City Slickers (TV-PG)		1:05 Sweet Bird Of Youth	1:05 Airplane 2: The Sequel (TV-PG)	1:05 Seven Little Foy's (TV-G)	5:00 Headline News
3:00	Movie Magic	5:00 Headline News		3:00 Midnight Run (TV-PG)	3:00 The Competition (TV-PG)	3:00 The Treasure Of The Sierra Madre (TV-PG)	5:30 NBC News At Sunrise
5:00	Headline News	5:30 Hour of Power		5:00 Headline News	5:00 Headline News	5:00 Headline News	
5:30	ESPNews			5:30 NBC News At Sunrise	5:30 NBC News At Sunrise	5:30 NBC News At Sunrise	

Cable 15 & 64	Friday, April 16	Saturday, April 17	Sunday, April 18	Monday, April 19	Tuesday, April 20	Wednesday, April 21	Thursday, April 22
6:00	CBS 48Hours	6:00 CNN Live	6:00 CNN Live	6:00 Dateline NBC - Sun	6:00 Dateline NBC Mon	6:00 Dateline NBC Tues	6:00 Dateline NBC Wed
7:00	ABC News Special Sex, Drugs & Consenting Adults	8:00 Saturday Morning	8:00 CBS Sunday Morning	7:00 Navy/Marine Corps News	7:00 ABC 20/20 Mon	7:00 Early Edition	7:00 ABC 20/20 Wed
8:00	Headline News	9:00 Showbiz	9:30 CBS Face the Nation	8:00 Headline News	8:00 Headline News	8:00 Headline News	8:00 Headline News
8:30	Morning Business Report	10:00 Style with Elsa Klensch	10:00 CNN International	8:30 Morning Business Report	8:30 Morning Business Report	8:30 Morning Business Report	8:30 Morning Business Report
9:00	ABC Good Morning America	10:30 Saturday	10:30 Style w/Elsa Klensch	9:00 Morning News	9:00 ABC Good Morning America	9:00 ABC Good Morning America	9:00 ABC Good Morning America
11:00	PGA Senior's Championship: (Second Round)	10:30 Page One w/Nick Charles	11:00 Inside The PGA Tour	10:30 Morning News	11:00 Boxing	11:00 NASCAR Craftsman Truck Series: NAPA 250	11:00 NHL Hockey Playoffs: (T) (Teams To Be Announced)
3:00	Headline News	11:00 Tennis: 1999 Fed Cup Women's Tennis	12:00 NASCAR Winston Cup Series:	10:30 1999 Boston Marathon	1:30 NBA Inside Stuff	1:30 MSNBC Time and Again	2:00 CBS News 60-MIN II
3:30	Burden Of Proof	1:00 NASCAR Truck Series: NAPA 250	Goody's Body Pain	1:30 ESPNews	2:00 MSNBC Time and Again	2:00 Headline News	3:00 Burden Of Proof
4:00	Inside Politics	3:00 Major League Baseball: Orioles at Blue Jays	3:30 Auto Racing: IROC	2:00 ABC 20/20 Sun	3:00 Headline News	3:00 Headline News	4:00 Inside Politics
5:00	Showbiz Today	See Prime Time table	4:30 HBO Boxing - World Jr. Lightweight	3:30 Burden Of Proof	4:00 Inside Politics	4:00 Inside Politics	5:00 Showbiz Today
5:30	NBC Nightly News	12:00 Headline News	Championship	5:00 Showbiz Today	5:00 Showbiz Today	5:00 Showbiz Today	5:30 NBC Nightly News
See Prime Time table	12:30 ESPNews	12:30 ESPNews	Sugar Shane Mosley vs "John" "Eastern Beast" "Brown"	5:30 NBC Nightly News	5:30 NBC Nightly News	5:30 NBC Nightly News	See Prime Time table
12:00	Headline News	1:00 Washington Week In Review	See Prime Time table	See Prime Time table	See Prime Time table	See Prime Time table	12:00 Headline News
12:30	ESPNews	1:30 Wall Street Journal Report	12:00 George Michael Sports Machine	12:30 ESPNews	12:30 ESPNews	12:30 ESPNews	12:30 ESPNews
1:00	ABC Nightline	2:00 PGA Senior's Golf: PGA Senior's Championship (Third Round)	12:30 Headline News	1:00 ABC Nightline	1:00 ABC Nightline	1:00 ABC Nightline	1:00 ABC Nightline
1:30	Headline News	5:00 Sportscenter	1:00 ABC This Week	1:30 Headline News	1:30 Headline News	1:30 Headline News	1:30 Headline News
2:00	Boxing: Night Fights		2:00 Major League Baseball: (T)	2:00 Auto Racing: Dayton Indy Light	2:00 Major League Baseball: (T)	2:00 Major League Baseball: (T)	2:00 NHL Hockey Playoffs: (T) (Teams To Be Announced)
4:30	NHL 2Night		5:00 Sportscenter	3:00 AMA Supercross Series	5:00 Sportscenter	5:00 Sportscenter	5:00 Sportscenter
5:00	Sportscenter			5:00 Sportscenter			

Cable 16 & 65	Friday, April 16	Saturday, April 17	Sunday, April 18	Monday, April 19	Tuesday, April 20	Wednesday, April 21	Thursday, April 22
7:00	Homicide: Life on Streets	6:00 Beverly Hills 90210	6:00 Dr. Quinn Medicine Woman	6:00 Antiques Roadshow	6:00 Ancient Mysteries	6:00 "Vietnam: The 10,000 Day War"	6:30 Planet Earth
8:00	Popeye (TV-PG)	7:00 Party of Five	7:00 7th Heaven	7:00 ER	7:00 Gun	7:00 Melrose Place	7:30 Star Trek IV: The Voyage Home (TV-PG)
10:00	Doug	8:00 The Wizard Of Oz (TV-PG)	8:00 To Be Or Not To Be (TV-PG)	8:00 See No Evil, Hear No Evil	8:00 Brighten Beach	8:00 National Lampoon's Vacation	10:00 National Geographic
10:30	Rugrats	10:00 The View	10:00 Worship for Kids	10:00 Doug	10:00 Doug	10:00 Doug	11:00 Ferngully - The Last Rainforest (TV-PG)
11:00	Simpsons	11:00 Interior Motives	10:30 On Main Street	10:30 Rugrats	10:30 Rugrats	10:30 Rugrats	12:30 Planet Earth
11:30	Home Improvement	11:30 Home Matters	11:00 700 Club	11:00 Simpsons	11:00 Simpsons	11:00 Simpsons	1:30 Planet Earth
12:00	Star Trek: Deep Space 9	12:00 Grace Under Fire	11:30 Real Videos	11:30 Home Improvement	12:00 Star Trek: Deep Space 9	12:00 Star Trek: Deep Space 9	2:30 Planet Earth
1:00	National Geographic Explorer	12:30 Ellen	12:00 Touched By An Angel	1:00 America's Castles	1:00 The New Explorers	1:00 The Aviators	3:30 Star Trek IV: The Voyage Home (TV-PG)
3:00	Homicide: Life on the Streets	1:00 Murphy Brown	1:00 Road to Avonlea	2:00 Antiques Roadshow	2:00 Ancient Mysteries	2:00 "Vietnam: The 10,000 Day War"	See Prime Time table
4:00	Popeye (TV-PG)	2:00 Beverly Hills 90210	2:00 Dr. Quinn Medicine Woman	3:00 ER	3:00 Gun	3:00 Melrose Place	12:00 Young Ivanhoe (TV-PG)
See Prime Time table	The Wizard Of Oz (TV-PG)	4:00 The Wizard Of Oz (TV-PG)	3:00 7th Heaven	4:00 See No Evil, Hear No Evil	4:00 Brighten Beach	4:00 National Lampoon's Vacation	2:00 Doug
12:00	The View	See Prime Time table	4:00 To Be Or Not To Be (TV-PG)	See Prime Time table	See Prime Time table	See Prime Time table	2:30 Rugrats
2:00	Interior Motives	12:00 To Be Or Not To Be (TV-PG)	See Prime Time table	12:00 Brighten Beach	12:00 National Lampoon's Vacation	See Prime Time table	3:00 Simpsons
3:00	Home Matters	2:00 Worship for Kids	12:00 See No Evil, Hear No Evil	12:00 Simpsons (TV-PG)	12:00 National Lampoon's Vacation	See Prime Time table	3:30 Home Improvement
4:00	Grace Under Fire	2:30 On Main Street	2:00 Doug	2:00 Doug	2:00 Doug	3:00 Ferngully - The Last Rainforest (TV-PG)	4:00 Star Trek: Deep Space 9
4:30	Ellen	3:00 700 Club	2:30 Rugrats	2:30 Rugrats	3:00 Simpsons	4:30 Planet Earth	5:00 National Geographic Explorer
5:00	Murphy Brown	3:30 Real Videos	3:00 Simpsons	3:30 Home Improvement	3:30 Home Improvement	5:30 Planet Earth	
5:30	Mad About You	4:00 Touched By An Angel	3:30 Home Improvement	4:00 Star Trek: Deep Space 9	4:00 Star Trek: Deep Space 9		
		5:00 Road to Avonlea	4:00 Star Trek: Deep Space 9	5:00 The New Explorers	5:00 The Aviators		
			5:00 America's Castles				



Key: + Program time change due to live programming event; * Mature theme; ** Series starts; ***Series ends; **** Program moved to new day and/or time, (AIP) Already in progress

PRIMETIME	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
Fri. April 16	8 & 10	SCN :15 Headline News (JIP)	Showbiz Today	ABC World News Tonight	"Sister, Sister"	Star Trek: Deep Space 9	X Files		Headline News	SCN News :35 Tonight Show w/ Jay Leno		Late Show w/ David Letterman
	14 & 63	SCN :15 Headline News (JIP)	Showbiz Today	Boy Meets World	"Sister, Sister"	Star Trek: Deep Space 9	X Files		Headline News	SCN News :35 Tonight Show w/ Jay Leno		Late Show w/ David Letterman
	15 & 64	ABC World Nightly News	CBS Evening News	NBA Basketball: Pacers at 76ers				NBA Basketball: Nets at Sonics				
	16 & 65	The View		Interior Motives	Home Matters	Grace Under Fire	Ellen	Murphy Brown	Beverly Hills 90210	Party of Five		
Sat. April 17	8 & 10	Headline News	Army Newswatch	Beverly Hills 90210		Melrose Place		ABC 20/20 Friday	Headline News	Saturday Night Live		
	14 & 63	Headline News	Army Newswatch	Beverly Hills 90210		Melrose Place		ABC 20/20 Friday	Headline News	Saturday Night Live		
	15 & 64	Headline News	Navy/Mari- ne Corps News	NBA Showtime	NBA Basketball: Lakers at Jazz				Sports Tonight	Headline News	McLaughlin Group	
	16 & 65	Worship for Kids	On Main Street	700 Club	Real Videos	Touched By An Angel	Road to Avonlea	Dr. Quinn Medicine Woman	7th Heaven			
Sun. April 18	8 & 10	Cont: HBO Boxing - World Jr. Lightweig- ht Champion- ship	Army Newswatch	NHL Hockey: Stars at Avalanche				SCN :15 Headline News	Nova	Austin City Limits Clay Walker/Tr- ace Adkins		
	14 & 63	NBA Basketball: Pacers at Heat		Kids Say The Darndest Things	Maggie Winters	Manhattan Murder Mystery (TV-PG)		SCN :15 Headline News	Nova	Austin City Limits Clay Walker/Tr- ace Adkins		
	15 & 64	Cont: HBO Boxing - World Jr. Lightweig- ht Champion- ship		NHL Hockey: Stars at Avalanche				Sports Tonight	This Week In NBA Basketball	Perspectives		
	16 & 65	Doug	Rugrats	Simpsons	Home Improvem- ent	Star Trek: Deep Space 9	America's Castles	Antiques Roadshow	ER			
Mon. April 19	8 & 10	SCN :15 Headline News (JIP)	Showbiz Today	60 Minutes		Star Trek: Deep Space 9	The New Explorers	Headline News	SCN News :35 Tonight Show w/ Jay Leno	Late Show with David Letterman		
	14 & 63	SCN :15 Headline News	Showbiz Today	60 Minutes		Sports Night	The Practice**	Headline News	SCN News :35 Tonight Show w/ Jay Leno	Late Show w/ David Letterman		
	15 & 64	ABC World News Tonight	CBS Evening News	CART Long Beach Grand Prix: (T)			Women's Tennis: 1999 Fed Cup Women's Tennis (1st Round)	Headline News	Nightly Business Report			
	16 & 65	Doug	Rugrats	Simpsons	Home Improvem- ent	Star Trek: Deep Space 9	The New Explorers	Ancient Mysteries	Gun			
Tue. April 20	8 & 10	SCN :15 Headline News (JIP)	Showbiz Today	Touched By An Angel		Working Girl (TV-PG)		Headline News	SCN News :35 Tonight Show w/ Jay Leno	Late Show w/ David Letterman		
	14 & 63	SCN :15 Headline News (JIP)	Showbiz Today	Touched By An Angel		Working Girl (TV-PG)		Headline News	SCN News :35 Tonight Show w/ Jay Leno	Late Show w/ David Letterman		
	15 & 64	ABC World News Tonight	CBS Evening News	NBA Basketball: Spurs at Jazz			NBA Fantastic Series	PBS Newshour	Headline News	Nightly Business Report		
	16 & 65	Doug	Rugrats	Simpsons	Home Improvem- ent	Star Trek: Deep Space 9	The Aviators	"Vietnam: The 10,000 - Day War"	Melrose Place			
Wed. April 21	8 & 10	SCN :15 Headline News (JIP)	NHL Hockey Playoffs: Teams to be announced				ESPNNews	Headline News	SCN News :35 Tonight Show w/ Jay Leno	Late Show w/ David Letterman		
	14 & 63	SCN :15 Headline News (JIP)	Showbiz Today	Moesha	Home Improvem- ent	Dawson's Creek	Buffy The Vampire Slayer	Headline News	SCN News :35 Tonight Show w/ Jay Leno	Late Show w/ David Letterman		
	15 & 64	ABC World News Tonight	NHL Hockey Playoffs: Teams to be Determined				ESPNNews	PBS Newshour	Headline News	Nightly Business Report		
	16 & 65	National Geographic		Ferngully - The Last Rainforest (TV- PG)		Planet Earth	Planet Earth	Planet Earth	Star Trek IV: The Voyage Home (TV- PG)			
Thur. April 22	8 & 10	SCN :15 Headline News (JIP)	Showbiz Today	Friends	Working	Frasier	Mad About You	ER	Headline News	SCN News :35 Tonight Show w/ Jay Leno	Late Show w/ David Letterman	
	14 & 63	SCN :15 Headline News (JIP)	Showbiz Today	Friends	Working	Frasier	Mad About You	ER	Headline News	SCN News :35 Tonight Show w/ Jay Leno	Late Show w/ David Letterman	
	15 & 64	ABC World News Tonight	NHL Hockey Playoffs: Teams to be Determined				ESPNNews	PBS Newshour	Headline News	Nightly Business Report		
	16 & 65	Doug	Rugrats	Simpsons	Home Improvem- ent	Star Trek: Deep Space 9	National Geographic Explorer		Homicide: Life on Streets			

SCN Prime Time Movies & Specials

SCN Prime Time Movies & Specials

MANHATTAN MURDER MYSTERY. A normal New York Couple's life starts going wako when the wife begins to suspect that the cheerful widower down the hall may have killed his wife. Starring Alan Alda, Woody Allen, Anjelica Huston and Diane Keaton. (Comedy, 1993, TV-PG) 8 p.m. Sunday.

WORKING GIRL. A Frustrated secretary, struggling to forge ahead in the world of big business in New York, finally gets her chance when her witch of a boss breaks her leg on a skiing holiday. Starring Melanie Griffith, Harrison Ford and Sigourney Weaver. (Romantic Comedy, 1988, TV-PG) 8 p.m. Tuesday.

SCN's VCR Alert — Recommended for videotaping

SCHINDLER'S LIST. After setting out to make his fortune off the sweat of Jewish slave laborers, a cynical Nazi businessman wakes up to the horrors of the Holocaust and becomes a genuine saviour. Steven Spielberg produced and directed this Oscar-winning film based on the true story of Oskar Schindler. Starring Liam Neeson, Ben Kingsley, Ralph Fiennes and Caroline Goodall. Steven Spielberg's 15-minute documentary Survivors Of The Shoah follows immediately after Schindler's List. Explicit Language and Violence: Parental Discretion Strongly Advised. (War Drama, 1993, TV-14) 1:05 a.m. Saturday.

SCN Weekend Sports

NBA Basketball:		
7:00 p.m. Tonight	Pacers at 76ers	Cable 15
9:30 p.m. Tonight	Nets at Sonics	Cable 15
7:30 p.m. Saturday	Lakers at Jazz	Cable 15
2:00 p.m. Sunday	Sonics at Suns	Cable 14
4:30 p.m. Sunday	Pacers at Heat	Cable 14
Major League Baseball:		
3 p.m. Saturday	Giants at Diamondbacks	Cable 14
3 p.m. Saturday	Orioles at Blue Jays	Cable 15
Auto Racing:		
1 p.m. Saturday	Craftsman Trucks: NAPA 250	Cable 15
Noon Sunday	Winston Cup Series: Goody's 500	Cable 15
NHL Hockey:		
7 p.m. Sunday	Stars at Avalanche	Cable 15



Duty-free merchandise

FORT CLAYTON (Contraband Control Office) - As a reminder, in accordance with the Panama Canal Treaty and U.S. Southern Command regulations, duty-free merchandise, whether new or used, cannot be given, transferred or generally sold to non-privilege holders. Violations to these dispositions may subject violators to prosecution under both military and Panamanian laws. It is sometimes permissible to sell an item, but only if Panamanian taxes are paid. Before such a sale, it is strongly recommended that the seller contact the Contraband Control Section for advice at 288-5814.

Access to installations is allowed for ID card holders & pass holders only. All guests must be signed on by ID card holders.

El acceso a las instalaciones militares solamente le está permitido a las personas con tarjetas de identidad personal del Gobierno de los EEUU y el personal con pases de acceso a las instalaciones. Todos los invitados deben ser firmados a la entrada de las instalaciones por una persona con tarjeta de identidad personal de los EEUU.

Animals

2 1/4 mile horses \$1200, 288-7727

Cat, spayed, fem, 2 yrs, tabby, wht, grt mouser, free, 272-6162

Chihuahuas \$180, 272-5378

Dalmation, fem, 8 mos, w/all paper work & shots, gd dog \$125, 284-6783

Available

Assist reg/obtaining birth cert at Panama civil registry, 223-2153 after 6 pm, Darnell

Avon Christmas books, free, 284-3028

Awesome cakes, giant cinnamon rolls, banana bread, 284-3798 Erica

Baby-sitter, wkdays & wkends, 288-7394 Sandra

Car inspection or registration, home delivery, 222-2602

Cert Eng/Spain translation for all docs, 222-2602

Christmas around the World and House of Lloyd, \$50 free merchandise & free catalogs, 284-3028

Computer consulting, building, installation & troubleshooting, 224-5754

Computer consulting, repairs, CD back-ups and web designing, 233-2387

Home video back-ups, VHS to VHS, 233-2387

Housekeeper, 2 - 3 days, Eng spking, honest, dependable, 283-3076

Maid, 284-5226

Maid, Eng speaking, grt w/kids, hard working, honest, reliable, 284-6598

Maid, live-out, exc w/children, reliable, hard working, honest, ref, 284-6778 Mary

Maid, Span spking, 1 - 2 days, hard worker, cleans, irons, ref, 221-9784

Mary Kay consultant, 232-7053

Pick up truck to move misc items, all posts, 261-6699

Power window door lock repair, 222-4972

Upholstery, curtains & interior decoration, 261-6699

Boats & campers

14' Jon boat & trailer \$600, 236-4002

15' boat, steering wheel console, no motor \$800, 272-2706

15 1/2' Orlando Clipper, 55 HP Evinrude, galvanized trailer, radio, fish finder, rod & reels spear guns \$4000, 276-6323

17' Deep V Tracker Bass boat, 75 HP O/B Mercury, exc cond \$7000/obo, 285-4381

18' fiberglass boat w/40 horse Evinrude motor, gas tanks, fish finder w/batt, life jackets & more \$2000, 284-4232

18' Trihull, 140 HP Evinrude, 15 HP Johnson kicker, fishing, dty pd \$6500, 272-2870

21.5' Chris Craft cabin, 200 Johnson O/B \$18,000, 272-6900

21' Wellcraft, 200 HP Mariner, kicker, many extras, exc cond \$19,000/obo, 272-5642

23' Macocenter councie twin, 140 HP, Evinrude engines w/extras, dty pd \$15,000, 272-2080

24' fibra, I/O Volvo, sleeps 4, built-in frzr & more, exc cond \$8900/obo, 272-2227

24' Formula Sport fisher, 260 HP, 5.6 liter, Mercruiser I/O, galv trailer \$17,000/obo, 288-5824

25' Sea Ray boat, I/O, dual mercury, cruiser \$13,000, 260-5220

29' Phoenix, twin dsl, AC, micro, refrig & more \$55,000, 272-2706

94 20.4' Angler Walk Around, 200 HP Mariner, 14 HP kicker, O/R, D/R, galv trailer, dty pd \$19,500, 272-5397

Cayuco "Defiance", exc boat \$2000, 232-6695 after 5:30 pm

Dugout canoe \$100, 276-6250

Jon boat, 25 HP motor & trailer, exc cond \$4000, 232-7039

Lg utility trailer, spare tire, gd cond \$400, 226-6174

Military type utility trailer w/ mounted spare, new tires, paint & bearings \$675, 272-2656

Trolling motor, batt charger & batt, 223-6453

Cars

31 Ford Model A, extra parts, runs \$5000/obo, 272-2227 lv msg

66 Ford Mustang, 289, V-8, 3 spd, new carb, runs grt \$2000, 280-3325

71 Chevy Malibu convertible, classic, runs, gd to restore \$2500, 232-6490

77 Chevy Monte Carlo \$550/obo, 284-3396

80 AMC Eagle, 4 x 4, AC, runs gd \$700/obo, 288-4185

80 VW Scirocco, 4 dr, V-4, runs gd \$600, 288-4783 after 6 pm

81 Cadillac Sedan Deville, AC, leather, dsl, exc cond \$1950, 226-4090

82 BMW 315, 4 spd, sunroof, new tires & brakes, runs grt \$1600, 288-4742

82 Volvo wag, runs grt \$900/obo, 288-7695

83 Datsun 280 ZX, t-top, 5 spd, PW, AC, CD player \$2500/obo, 284-6297

83 Nissan Maxima, rebuilt engine, runs gd \$2500, 236-4002

84 Chevy Cavalier, 2 dr, AC, new carpet & batt \$1500, 222-4972 Glen

84 Volvo 240, 4 dr Sedan, AT, AC, runs, needs some work \$750/obo, 280-3734

85 Lada Camioneta, gd cond, need body work \$600/obo, 226-0254

85 Mazda Familia Super XE, wht, 4 dr, 5 spd, PS, PW, gd cond \$1000, 288-4987

85 Mercedes Benz SE 280, exc cond \$9800, 272-5792

85 Volvo 240 DL, 4 dr, new AC, tires, l/power \$3750/obo, 284-6871

85 VW Golf, 5 spd, 2 dr, AC, Pioneer stereo \$2400, 288-7292

86 Chevy Nova, 5 dr, AC \$1800, 223-2072

86 Mazda 323 LX, 4 dr, 5 spd, AT, AC \$2500/obo, 284-6297

86 Oldsmobile Cutlass Cierra, AC, AT, 6 cyl, runs gd \$1600, 223-5843

86 Toyota Cressida, 6 cyl, AT, sunroof, dty pd \$4000/obo, 614-0159

87 Honda Civic, dty pd \$2800, 264-8050

87 Subaru, 4 x 4, 5 spd, am/fm cass, new AC, clutch, steer gear, shocks, belts, muffler, gd cond \$2500, 260-2510

88 Honda Civic DX, AC, am/fm cass, exc cond \$3600/neg, 284-3731

88 Honda Civic DX, AC, am/fm, exc cond \$3600/neg, 284-3731

88 Mitsubishi Lancer sta/wag, PW, AC, am/fm, dty pd \$3750, 232-7028

88 Nissan Blue Bird RHD, PW, PL, AC, gd cond \$2000, 284-3171

89 Chevy Celebrity, 4 dr Sedan, AC, AT, LM \$2500, 272-2892

89 Chrysler New Yorker, AC, cass \$2000, 288-6428

89 Pontiac Grand Am, 4 dr, AC, exc cond \$2300, 223-2072

89 Pontiac Grand Am, AC, am/fm cass, rims, gd cond \$2000, 288-7645

89 Toyota Corona, AC, AT \$1600, 284-3590 evenings

89 VW Jetta, 5 spd, 4 dr, sunroof, AC, am/fm, 16 valve \$3500, 223-7684 after 6 pm

90 Pontiac Sunbird \$3200/obo, 284-5838

91 Mitsubishi Montero LS, 4 x 4, AT, PS, PB, PW, moonroof, exc cond \$8000, 285-6600

91 Pontiac Grand Am, LM, AC, am/fm/CD, grt cond \$2600/obo, 284-3924

91 Subaru Legacy, 4 x 4, airbag, AT, AC, PL, PW, grt cond \$6000, 284-6226

91 Toyota Camry, AT, AC, PW, PL, moonroof, grt cond \$5200/obo, 288-5795

91 VW Golf, AC, radio \$4000, 272-5678

92 Chrysler Eagle summit, 4 dr, 5 spd, gd cond \$3500/obo, 269-7600

92 Dodge Shadow, 4 cyl, PS, AT, AC, PB, am/fm cass, reliable \$3000/obo, 251-0259

92 Fiat Uno 45, 5 dr, 4 spd, AC, dty pd \$3500/obo, 263-2936

92 Mitsubishi Lancer GL, 5 spd, AC, am/fm cass \$4000, 230-0375

93 BMW 325i, AT, on board computer, CD, am/fm & more \$15,900, 288-5393

93 Mazda 626 GLX, 5 spd, 4 dr, LM, CD player, l/extras, dty pd \$6500, 230-3726

93 Nissan Sentra, gd cond \$3200, 260-2305

93 Pontiac Grand Am, 2 dr, AC, new batt \$7000/obo, 284-5575

94 Ford Escort LX, AT, AC, PS, PB, exc cond \$3500, 617-5005

94 Ford Escort wag, LM, exc cond \$6500, 288-5196

94 Hyundai Excel, 5 spd, AC, LM, exc cond \$3900, 288-7176

94 Mazda Protege, 5 spd, AC, CD player, dty pd \$5200, 284-4884

94 Terrano, gd cond \$10,000, 226-8209

94 Toyota Corolla, LM, AC, 5 spd, am/fm cass, dty pd \$8500, 272-2621

95 Buick Century, LM, loaded, like new, dty pd \$8500, 226-8209

95 Dodge Neon, LM, highline \$8500/neg, 236-0089

95 Ford Escort sedan, 236-0089

95 Volvo 850, LM, l/extras, exc cond \$12,000/obo, 269-6310

95 Volvo 940, 4 dr Sedan, LM, AT, loaded, leather int, sunroof, silver \$17,215, 210-1522

96 Oldsmobile Cutlass, LM, loaded \$8000/obo, 263-3592

97 Mitsubishi Lancer, 5 spd, gd cond, spoiler, rims, am/fm cass, like new \$7800/obo, 222-0579 after 4 pm

97 Mitsubishi Lancer GLXi, spoiler, alarm, tint, am/fm cass, like new, dty pd \$8500, 873-3272

Alfa Romeo w/all extras, leather int, CD player & more, exc cond \$10,500, 226-3924

Ford Mustang LX, 5.0 \$6000/obo, 236-7114 Allen

Oldsmobile Cutlass Calais, quad 4 \$1600, 260-8159

Sabb 900S for parts \$300, 284-6331

Computers

4 ports Hub, new \$35, 32 ports switching Hub US Robotic, new \$450, 285-6600

486 DX, 1.2 G HD, 8m Ram, 15" mon, color DotMatrix printer \$250, 284-7099

486 Gateway, 15" mon, 2 HD, 2 CD drives, loaded w/original software & modem \$400, 272-5185

486 Legend 770 Packard Bell, needs work, star 2420 printer, keyboard, mon \$500/obo, 284-6489 lv msg

56k V.90 US Robotic int modem \$60, 28.8 practical modem ext \$40, 285-6600

Apple computer for parts \$75/obo, 284-6373

AST computer, printer, 232-5997

IBM computer, word perfect & printer \$150, 272-2947

Mac SE & image writer, printer, computer needs some work \$100/obo, 264-0158

Panasonic PM17, multimedia, mon w/subwoofer \$450, HP deskjet printer \$375, 224-5754

Scantron & software \$1150, 265-6394

Scantron computerized test grading system w/card reader, computer, printer & software \$1850, 265-6394

Star Dot Matrix printer, like new, 269-3254

Electronics

19" Sony TV \$75/obo, 3 CD stereo Aiwa \$150/obo, 284-5582 Denise

20" Zenith TV \$185, 272-6054

27" Panasonic TV \$395, Pioneer surround receiver \$275, 284-6940

27" TV, 279-0189

Am/fm radio & cass, needs some work, 284-3467

Audio technica VHF, wireless, headworn, misc system, new \$295/neg, 268-4732

Brother typewriter ribbon \$3, 272-7400

Crate 12w amp, Yamaha elec quitar w/case \$200, 217-1931

Fender 2 amp PA 130 w/4 vocal channels, 8 inputs, 350w 200, 2 spkrs \$300, 269-5700 lv msg

Peavy amp for bass 300w \$300, Marshall spkrs, one unit, 4 spkrs \$300, 269-5700 lv msg

Pioneer 150w spkrs, Magnavox stereo console, 230-2384

Samsung VHS, like new \$125, 261-5543

Sega & Sega CD games \$10/15, 288-4042

Sega Genesis, TV's, 232-5997

Tektronix 486 oscilloscope w/digital storage \$1000/obo, 272-2227

Tektronix, spectrum analyzer 492 \$3000/obo, 272-2227

Yamaha keyboard PSR 150 w/stand & AC adapter \$170, 260-3485

Household

10,000 BTU & 18,000 BTU AC units, 272-2028

10,000 BTU AC, computer desk, big bar, ceiling fan, 230-3726

10,000 BTU Whirlpool AC, exc cond \$175, carpets 9 x 12 \$50/ea, 226-8139

12,000 BTU York AC \$250, 223-2072

13,000 & 18,000 BTU AC \$195/175, Bali blinds \$25, 272-5792

13' Montgomery ward upright frzr, exc cond \$325, 269-7600

15,000 BTU, 18,000 BTU & 21,000 BTU Whirlpool AC w/access, 272-6277

15' Admiral refrig, wht \$375/obo, 272-6845

15' frzr, frost free, gold \$295, refrig/frzr, side by side w/ice maker water in dr \$650, 232-5669

18,000 BTU AC \$145, dressers draw \$45, 212-3280

18,000 BTU AC \$450, 6000 BTU AC \$125, 260-4417

18,000 Whirlpool AC, new \$500, 232-7164

19.5' United Commercial frzr, hvy dty \$750, 284-6373

19.5' Whirlpool frzr, like new \$500, gas dryer \$350, gas stove \$400, 260-8159

2 blk dressers \$70, 15 x 12 & 9 x 12 carpet, gray \$50/25, 288-4783

2 dr Whirlpool refrig, gd cond \$600, 233-1080

2 wood night tbl, 1 sm dresser, antique w/mirror, 284-3693

20.3' GE chest frzr \$275, 272-6900

20' GE refrig, gd cond \$550, 232-7038

20' GE refrig, side by side, 17' Whirlpool refrig, washer, dryer, stove, tbl, chairs & more, 226-8209

21,000 AC \$290, GE refrig \$200, water fountain \$175, 272-6239

21.8' GE refrig, side by side \$750, dishwasher Whirlpool \$90, clothes dryer \$125, 272-2870

21' Whirlpool refrig, new cond, 272-5401

24,000 BTU National AC \$300, 10,000 BTU GE AC \$250, 223-2072

25' upright GE frzr \$350, 272-2028

27' Roper refrig w/ice maker & water dispenser \$1000, 272-2028

3 alum rocking wht chairs, 2 round, 18" high alum tbl, gd cond \$120, 264-1462

3 drawer chest \$30, 4 drawer chest \$80, desk \$50, 288-5951

4 folding tbl, 1 lg \$45, 3 reg/sz \$35/ea, 223-2072

4 pc BR set, 2 Q/sz beds, computer desk, exc cond, 288-5119

4 pc BR set, BR set twin, 230-3726

5 pc dinette set, K/sz bed, cover seat, crib, high chair, car seat, 279-0189 after 5 pm

5900 BTU AC, exc cond \$100, 284-5383

6000 BTU GE AC \$90, 272-2706

7 pc rattan LR \$600, DR set, BR set, recliner \$50, 236-3996

9 x 12 blue rug w/pad \$90, 12 x 15 gray rug w/pad \$110, 272-2028

9 x 12 wht rug w/pad \$95, 272-2028

Coffee tbl w/end tbl \$275, tile kitchen tbl w/l-shape bench for 7, 272-2028

Coffee tbl, patio chairs, 288-4275

Computer desk \$100, 284-6693

Computer desk \$60, 1 lt brn rug, 9' x 12' \$45, 288-5878

Crib, matt, toddler bed \$150, 264-4981

Curtains & blinds, 272-2870

Desk, china cab, 260-4417

DR set \$850, 232-6589

DR tbl w/4 swivel chairs \$400, ceiling fans w/5 lights, dimmer \$50, 272-2028



Nativity out dr set \$60/obo, f/sz set matt w/metal frame \$70, 284-6373

Oak tbl w/4 chairs \$375, bkcase w/ 4 shelves, glass, sliding dr, exc cond \$75, 284-6539

Oven, professional stainless steel, elec, 220v, 3 plug, no burners \$300, 260-5220

Patio furnished, wall bkshelves, 230-2384

Patio furniture, frzr, wood bar, kitchen stuff, Danish wall unit, rug, 232-6498

Q/sz box spring w/pillow type matt \$650, 233-0074

Recliner chair, beige \$150, 272-2706

Recliner, orthopedic twin matt & box spring, girls student desk beige, 230-2384

Refrig 3' high, exc cond, ceiling fans & other items, 226-8139

Refrig w/AT water ice \$850, 260-3828

Refrig, gd cond \$200, 290-2216

Refrig/frzr \$350, frzr \$300, bunk beds \$300, waterbed \$150, tbl w/ 4 chairs \$200, 272-5678

Round tbl w/4 chairs oak \$250, Q/recliner sofa \$700, 2 rattan rocking chairs \$200/ea, 260-3828

Semi circular sofa, like new \$600, Q/Anne sofa tbl \$120, glass top coffee tbl, 225-1375

Single bed, 2 night tbl \$65, 212-3280

Sofa & lvseat, med blue \$500, 288-6881

Sofa & lvseat w/matching rattan, coffee tbl \$395, 226-0856

Sofa & lvseat, exc cond \$1000, lg chair w/ottoman \$300, 284-6539

Sofa bed, wood trim, autumn print \$350, 226-4090

Sofa sectional, multi color, recliner \$800, 288-7194

Sofa w/rattan trim \$300, dinette, 4 chairs \$150, tbl \$75, 213-8825

Sofa, chairs & foot stools \$600, BR set \$950, rattan sofa w/chairs & tbl \$345, work tbl, 236-8872

Sofa, lvseat, coffee & end tbl \$800, DR tbl w/6 chair \$700, 288-5174

Solid wood picnic tbl, 2 benches & 4 chairs \$75, 232-6026 after 6 pm

Tall mahogany tbl, perfect for aquarium \$30, 272-2860

Tbl & chairs \$75, 284-5833 after 10 am

Tbl w/6 chairs, 288-5986

Tbl, beds, couches, chairs, end tbl, lamps, roll top desk, 272-5401

Teak desk, rolltop \$900, teak emperor's chest \$400, 272-6929

Teak entertainment center, 3 pc \$500, 272-5642

Teak Hope Chest \$200, 272-5642

Twin bed \$150, dresser \$150, night stand \$50, 9 x 12 light blue rug \$50, 272-2314

Twin bed w/3 drawers \$150, 284-6426

Verticals & mini blinds, like new \$250, 272-2621

Washer \$350, fridge \$900, 260-4417

Whirlpool upright frzr \$250, 272-6817

Whirlpool washer & dryer \$600, 20' Amana 20' refrig \$550, 223-2072

Lost

Gold ring, CMS area, 285-6600 Mary

Miscellaneous

2 men's Casio watches, telememo data bank, silver \$50, water resistant, world time, thermometer, gold \$45, 229-4009

3 ficus trees \$60, 260-8159

3 pc wall unit \$875, Encyclopedia Britannica \$300, 272-6054

4 16" tires \$125, 284-6940

4 3" steel rims \$50, 2 class A uniforms sz/35 & 40 \$25/ea, 272-2314

4 Japanese fishing floats, glass, original, 228-4648

6 x 4 x 4 cage \$50, 272-2947

75 Goosebumps books \$2/2.50/ea, 288-4042

Auto harp \$60, 25 gallon gas tank marine, 272-6900

Baby crib, toys, 284-6408

Baby crib, toys, kid's BR furniture, LR set, general household items, 284-6408

Barbie doll house, like new \$100, home school books, 284-3693

Beige lamps \$25/pair, med dog carrier \$15, 284-3398

Bissell carpet cleaner \$55, flip chair \$8, micro tbl \$15, 284-3398

Bride dress & veil sz/7 - 8 \$400/obo, 614-0159

Britannica Great books series, exc cond \$200, 272-2833

Camper shell for f/sz truck \$80, 272-6900

Car seat \$30, crib bumper set \$30, breast pump \$50, baby items, 284-3595

Car seat \$30. Crib bumper set \$30, breast pump \$50, baby items, 284-3595

Children's cass & book story sets \$2/ea, 272-7400

Citizen Ecodrive cronograph, pure titanium case, 100m depth \$200/obo, 288-7687

Comforter sets & furniture, 288-6228

Copper milk can, antique, 2' high, 272-6162

Cross-stitching patterns, material, supplies & more \$25, 226-81398 after 5 pm

Curtains, lamp, wall decoration of little bear, girl's clothes, safety shoes, 263-2936

CZ Landmark prints by Dan Fior \$10/ea, set of 11 different note cards \$15, 288-7195

Dog cages, giant & extra lg \$100/75, 288-5482

Encyclopedia, World book, 232-6085

FSU books, History, Calculus, African American Literature & more, 272-2887

Gas tank \$10, car seat, treadmill "Walkmarter II", 263-2936

Gibson acoustic guitar \$500, acoustic guitar \$150, 272-6900

Hamilton Beach mixer \$30, 272-6045

Infant car carrier \$15, baby boy clothes sz/0 - 6 mos, 288-6228

Kayak, carport, plants, Rubbermaid storage shed, surfboard, paintings, 232-5997

Lawn mower, gas, gd cond \$90, weed eater, gas, exc cond \$90, 285-4734

Lg boxes of clothes, 226-6174

Little tyke jungle gym, baby cloths & toys, 260-1247

Make-up tbl, chair \$30, 2 bags clothes \$25, 212-3280

Maternity clothes, baby items & toys, crib, changing tbl, 263-2936

Neck traction equip \$25, side tbl teak \$200, shelves, 264-9228

Panama gold, singles or sets, varied, 226-4043

Patio cover \$80, 2 dog carriers, lg & sm \$80/10, 284-5077 Dave, after 7:30 pm

Plants, 272-1213

Plants, kids toys, women clothes sz/6 - 10, albums, videos, books, 260-2427

Potted plants, lg & sm, 272-2028

Remington elecrazor replacement head \$5, 272-7400

Motorcycles

94 Kawasaki KX80 w/racing gear, grt cond, 236-3996

97 Kawasaki KX-250, new parts, exc cond \$3000, 276-6323 after 6 pm

Patio sales

Albrook 226A

Ancon 214B, 7 am - noon

Balboa 2241B, Carr St, 7 - 11 am

Balboa 2351A

Balboa Hts 581A/B, 7 - 10 am

Balboa, La Boca Road 796X, 7 - 11 am

Balboa, Las Cruces 2317A, 7 am - 1 pm

Cardenas 7304A, 7 - 11 am

Clayton 315A

Clayton 340A, 8 am - noon

Clayton 357A, 7 am - noon

Clayton 362B

Clayton 404B, 7 - 9 am

Clayton 462A, 7 - 11 am

Clayton 471A, 6 - 10 am

Clayton 827B

Clayton 850B, 7 - 11 am

Clayton 863A, 7 - 9 am

Clayton 1048B, 7 - 10 am

Clayton 1054C, 6:30 - 10:30 am

Clayton 1112D

Clayton 1157B, 7 am - noon

Cocoli-Trailer #18, end of Cocoli Road, 8 am - 1 pm

Corundum 2164, 7 - 1 pm

Diablo 5775B

Diablo 5787B, 7 - 11 am

Diablo Heights 5155

Dos Mares, 8 - noon

El Dorado, Dos Mares H5A, Calle Circumvalacion, 9 am

Farfan 838, Frangipani Lane, 7 - 11 am

Gamboa 157, 165, 176, 7 am - noon

Howard 98B, 7 - 11 am

Howard 105B

Howard 159, 6 am - noon

Howard 596B, 6 - 10 am

Howard 820B, 7:30 - 1 pm

Howard 1525E

Los Rios 6244A, 7 am - noon

Sporting goods

10 spd bike, need some work, 284-5383

Aerobic instructor equip, various items, 268-4732

Aguashot II underwater camera housing for disposal cameras w/ strobe & macro kit \$150, 272-5642

Air glider walker \$40, racing bike, 10 spd \$35, 225-1375

Bike \$25, 272-5792

Bike, exercise equip, 265-6315

Deep sea benn fishing reel & pole, like new \$89, 489-6771 Bill

Diving equip, tanks & more, 226-0005

Golf clubs, Tittliest 1 - 3 - 4 woods, 3 - 9 irons & bag, 272-6845

Ladies 10 spd bike, 230-2384

Ladies golf clubs, exc cond \$200, exer chair for thighs \$75, 288-5393

Ladies Huffly, 18 spd, mountain bike \$90, 260-3485

Ladies in-line skates, sz/9 w/bag \$30, 288-5951

Ladies left handed golf clubs \$100, 232-7039

Men's 27" mountain bike \$75, 284-6881

Men's Murray, 15 spd, mountain bike w/shock absorbers \$100, 260-3485

Nikonos III underwater camera w/ 2 35mm lenses & o ring kit, new cond \$450, 272-2656

NordicTrack \$80, 288-5896

NordicTrack, AB works, abdominal exer w/video, like new \$95, 269-7600

Scuba BCD Dura Pro systems, lg, exc cond \$125, 214-9235

Surf board \$30, 232-6589

Tent by Northface, new \$120, water proof, bug proof, 489-6771 Bill

Trampoline \$175, basketball hoop \$100, 272-2028

Victory VX20, powerguide multi-station home GXM system \$300, 272-2860

Woman's golf clubs w/bag \$40, bowling ball \$10, 272-2621

Trucks & Vans

76 Chevy Blazer, 350, 4 spd, 4 x 4, runs gd, new alternator \$1300/obo, 288-5828

77 Chevy Blazer K-5, 4 x 4, V-8, 305, grt motor & tranny, body rusted, dty pd \$1500, 288-7194

80 Ford E-150 Van, 4.9L 300, 6 cyl, AC, PS, PB, LM, rebuilt eng, class III hitch \$3500, 288-4493

81 Dodge Ram Van, V-6, 225 eng, short bed, T, PS, PB \$1700, 232-7016

81 Toyota van, 15 pass, dty pd \$2300, 228-2404

83 GMC Jimmy, AT, AC, PS, V-8, exc cond, dty pd \$5800, 232-7115

86 Chevy Blazer K 5, end & tranny overhauled, AT, PS, V-8, exc cond, dty pd \$7500, 232-7115

86 Daihatsu jeep, 5 spd, LM, radio/tape, AC, new paint, grt cond \$4400, 264-9228

86 Isuzu Trooper, AC, CD, PS, PB, runs grt \$3500/obo, 283-4095

86 Jeep Daihatsu, 5 spd, stereo, LM, AC, exc cond, dty pd \$4400, 264-9228

88 Ford Ranger w/camper, V-6, std, loaded \$3000/obo, 272-5400

88 Jeep Cherokee, 4 x 4, 4 dr, gd cond \$4000, 288-4244

89 Chevy S-10 Blazer, 4 x 4, 4.3 lt, LM, all/pwr, AC, needs paint \$3000, 284-3281

89 Chevy S-10, ext cab, LM, new AC, AT, bed liner w/snap down tarp \$5750/obo, 284-6871

89 Dodge Grand Caravan LE \$3500/neg, 220-2442

89 F/sz Ford XLT, big tires, dty pd \$12,500, 226-0005

89 Jeep Comanche, 4.0 lt, 5 spd, PS, PB, AC needs fan, camper shell \$2500, 284-4023

89 Pathfinder, blk, 6 cyl, 2 dr, AC, gd injection & cond \$8000/obo, 263-2936

90 Aerostar Van, wht, AC, 7 seats, V-6, AT, exc cond \$5500, 232-7113

90 GMC, S-15, 4 x 4, V-6, 4.3 lt, injection, AT, AC, dty pd \$6195, 232-7053

90 Kia Besta Van, 12 pass \$5000, 272-2028

90 Mitsubishi Pajero, 4 x 4, 4 cyl, 5 dr, AC, PB, PS, runs grt, dty pd \$6000, 232-5997

91 Jeep Wrangler, 4 x 4, 5 spd, CD, PS, PB, LM, 3" lift, 33" tires, exc cond \$8500, 284-7817

92 Ford Ranger w/camper shell, PS, AC, brakes, stereo \$6000/obo, 226-8139

92 Jeep Wrangler, LM, hitch, runs grt, 4 x 4 \$6000, 288-7361

93 Chevy Lumina APV minivan, 7 pass, AC, stereo cass, PW, PD, PS, PB, LM, luggage rack \$7500, 284-7585

93 Chevy S-10, ext cab, camper shell, exc cond \$6000, 284-5226

93 Chevy S10, ext cab w/camper top, LM, AC, brakes \$6995/obo, 284-5226

93 Isuzu pick up w/camper shell & rack, standard, AC, exc cond, dty pd \$5000/obo, 617-5005

93 Isuzu Rodeo \$10,500/obo, 288-6874

93 Jeep Cherokee, V-6, AT, AC, PB, PS, am/fm cass, exc cond \$8500, 232-5997

93 Toyota 4Runner, AT, AC, PS, PB, Kenwood stereo, exc cond \$15,000/obo, 288-7292

94 Chevy 1500, long bed w/liner & tool box, AC, 5 spd, dty pd \$14,500, 284-6881

94 Chevy Astro van, TMC conv, PS, PB, TW, ABS, PW, LM, V-6, am/fm cass \$16,995, 288-4583

94 Dodge Caravan, PB, PS, 7 pass, luggage rack, gd cond, dty pd \$6500, 288-6732 after 6 pm

94 Isuzu Rodeo \$14,500, 264-8050

94 Isuzu Trooper, 5 dr, loaded, anti theft device, LM, gd cond, dty pd \$18,000, 264-4981

94 Jeep Cherokee Country, PW, AC, am/fm cass, R/E, LM \$14,500, 264-0158

94 Jeep Cherokee, gd cond, dty pd \$9000, 288-4244

94 Jeep Wrangler Sahara, 5 spd, 6 cyl, LM, soft top, bikini top, class III hitch \$11,000/obo, 285-4381

94 Jeep Wrangler, 4 x 4, 5 spd, 4 cyl, hard & bikini top, class II hitch \$9800, 213-0414

95 Chevy 1500, ext cab, Silverado, LM, V-8, exc cond \$21900, 288-4583

96 Ford Explorer XLT, loaded, exc cond \$23,500/neg, 288-4275

97 Ford F150 XL, PS, PB, AT, am/fm cass, exc cond \$20,000, 288-7194

97 Isuzu Trooper LS, 4 x 4, AT, PW, PL, LM, dk grn, exc cond \$22,000, 264-8768 6 - 9 pm

Wanted

2 dressers 5/6 drawers will pay \$70 w/out mirror & \$130 w/mirror, 288-7695

BDU pants sz/32-33, 268-1210

Bkshelves, books, toys for orphanage toy room, I will pick them up, 272-6829 Matthew

Family for grt maid, Mon - Fri, Eng spking, exc cook, ref, 266-9988

Community briefs

Pre-teen Jam

Michael J. Productions and Laker Enterprises presents Military Child Month Pre-teen Jam 7 - 10:30 p.m. tonight at the Howard Youth Center. The event is for ages 9 - 12, only. Price is \$2.50 with activity card, \$3.50 without. For more information, call the Howard Youth Center at 284-4700/5615.

NAF Sale

The Howard Youth Center is sponsoring a NAF sale 8 a.m. - noon Saturday at the Youth Center Pavilion. They will be selling furniture, sports equipment and much more. For more information, call Tania at 284-4700.

BHS alumni reunion

The Balboa High School Grand Alumni Reunion is 7:30 - 12:40 p.m. May 15 at the Hotel Continental. The cost is \$16.50 and the dress is casual. Price includes food, live music, dancing and a bunch of sharing of memories. For information and reservations call Lourdes Townhend at 226-0503. Seating is limited and advance reservations are required by Thursday.

Aggie Muster

The Panama Texas A&M Club is hosting the last Aggie Muster of the millennium 7 p.m. April 21 at the Club de Golf Ejecutivo on Balboa Avenue. For tickets and information, call Lilibeth B. Langoni at 272-5166 or Teresa Arosemena at 272-1873 or 260-1523 after 5 p.m.

Teen talent contest

The Howard AFB West Bank Teen Center is sponsoring a teen talent contest 7 - 10 p.m. April 23. Categories for competition are female/male vocalist solo, vocal group, instrumental solo, instrumental group, dance musical variety, and specialty act. The contest will be judged by a panel on the basis of technical excellence, showmanship and treatment and interpretation of material. Winners will be video taped and the tape forwarded to the Air Force for worldwide competition. Winners of the worldwide competition will be announced July 2. For more information, call 284-4700/5615.

Band finale

The 79th Army Band's Jazz Combo and Show Band is holding their final dry season concert April 25 at Goethals Monument at the base of the PCC Administration steps.

Free calls

All military ID holders can make up to two free five minute Military Affiliated Radio System calls to anywhere in the U.S. and Puerto Rico 3 - 5 p.m. Fridays and Sundays. For appointments, call 272-6968.

Layaways

Effective immediately, layaways for \$200 or more, 180 day duration will cease. Layaways of 90 days will continue for all layaways of over \$25, and clothing layaways are for 45 days. All layaways will cease May 1. By Aug. 30 all layaways must be picked up or cancelled. For details, call 285-4121.

Volunteer registration

Volunteers and volunteer coordinators should ensure that all volunteer hours are registered with the Howard Family Support Center's Volunteer Program. Also, any volunteers who are PCSing in the near future should come by the FSC to pick up a letter stating their volunteer hours. For more information, call Lizca Fearon at 284-5650.

Pet supplies

Since the Corozal Veterinary Treatment Facility approaches closure Aug. 31, the VTF is reminding pet owners to stock up on routinely used medications to last through their PCS move. The last order for pet supplies is June 1 and when supplies run they will not be replenished. Also, the VTF is requesting that if your pet is no longer in Panama or has been adopted to another family to call them at 285-5866/5867 to help update their records.

USARSO volunteers

The Quailty of Life/Installation Volunteer Center is currently preparing, "Statement of Service" letters for all registered volunteers. To receive your letter, stop by the QOL/LVC Office 2nd Floor, Building 200 Fort Clayton. For more information, call Tina Hobson at 288-9303/9304.

Mailing packages

The Fort Clayton Post Office has implemented an appointment system for individuals who need to mail five parcels or more. Due to an increase in moves we suggest that people call the number listed below and arrange an appointment between 9 - 9:20 a.m. and the staff will assist those individuals before opening for regular customer service. In return, this will decrease the lines and waiting time for other customers. All forms and documen-

tation need to be ready prior to the appointment date. For more information, call 288-5522/4802.

Free child care

Air Force staff sergeants and below can receive up to 20 free hours of childcare when they are within 90 days of PCS departure from Howard Air Force Base. The Child Development Center will provide services. Members should bring orders to the Family Support Center to receive a certificate.

Parent support

New Parent Support program is located at ACS Building 155 Fort Clayton. Monthly classes available include Breast feeding (Spanish and English), Parenting and Infant Care. There are also support group meetings. For more information, call Nelida Holnes at 288-4921/5307.

Clayton library

The Clayton library has a home page on the World Wide Web, listing hours, resources and services. Also included are guides to using the Library. There are photo albums an e-mail address for feedback, comments and even reference question. The address is: <http://www.army.mil/usarso/libr/claytonm/>.

Foster Care

The Family Advocacy Program welcomes participants interested in becoming Certified Foster Care Parents. The program provides training that enables you to gain rewarding experiences. Earn some extra money while in your home and "open your heart to a child" in need of temporary placement due to an emergency situation. Applicants must reside on a military installation. For more information, call Nelida Holnes at 288-6643.

Laundry service

Super Suds laundromat offers a drop-off, same day pick up service Monday - Friday. The laundromat is located next to Burger King on Fort Clayton.

Donations accepted

The Salvation Army is accepting donations of clothes, books, toys and canned goods to support their various social help group programs such as senior citizen homes, homeless girls homes, and poor children's feeding programs. For more information, call 262-2545.

Relocation Center

The Relocation Assistance Center offers a variety of services. For those PCS'ing there are computers with Internet access and a well-stocked lending closet to tide you

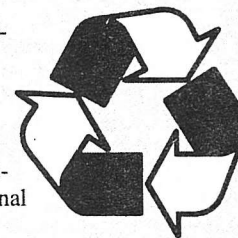
Recycling Marathon

The Theater Support Brigade is conducting a Recycling Marathon to raise the awareness of the community regarding the Army's policy to prevent pollution, reduce waste and conserve natural resources.

This program focuses on identifying recyclable items within the community. The intention is to create an interesting, spirited and competitive process.

The competition features individual awards to recognize the efforts of persons leading collection and turn-ins, and an organizational award in each category.

Remember, the second stage started April 8. Get ready and contribute to the recycling process. Collect paper, metals, aluminum, glass and plastic.



Results as of April 12 are as follows:

Non-Ferrous Metal

1st	407 lbs.	Sgt. Manley	518th Eng Co. Kobbe
2nd	368 lbs.	Sgt. Phillips	1-228th AVNREG
3rd	93 lbs.	Edwin Weeks	DEH Supply
4th	55 lbs.	Louis Dempsey	534th MP Co.

Glass

1st	75 lbs.	Melissa Boyer	Girl Scouts
2nd	23 lbs.	Edita Desousa	DCA PROC
3rd	2 lbs.	Mary Debow	Housing 516

Plastic

1st	492 lbs.	Edwin Weeks	DEH Supply
2nd	6 lbs.	Mary DeBow	Housing 516
3rd	5 lbs.	Edita Desousa	DCA PROC
4th	2 lbs.	Melissa Boyer	Girl Scouts
tie 4th	2 lbs.	Louis Dempsey	534th MP Co.

Metal

1st	53990 lbs.	Edwin Weeks	DEH Supply
2nd	27515 lbs.	Sgt. Phillips	1-228th AVN REG
3rd	24500 lbs.	Sgt. Manley	518th Eng. Co. Kobbe
4th	8075 lbs.	Louis Dempsey	534th MP Co.
5th	7135 lbs.	Musit Muhammad	534th MP Co.
6th	3500 lbs.	Sgt. 1st Class Bridges	911 Maint. Co.
7th	2266 lbs.	Heidi Kurtz	534th MP Co.
8th	1309 lbs.	Flora Lonley	534th MP Co.
9th	521lbs.	Christian Marsh	534th MP Co.
10th	424 lbs.	Theresa Cameron	534th MP Co.
11th	63 lbs.	Harold Johnson	DCSRSM
12th	15 lbs.	Melissa Boyer	Girl Scouts
13th	5 lbs.	Michael Huitt	HHC TSB
14th	3 lbs.	Mary DeBow	Housing 516
15th	1 lb.	Edita Desousa	DCA PROC

with all your basic household needs. For more information, stop by Building 200, Fort Clayton, or call 288-9234/9235.

Vehicle registration

Personnel moving to Puerto Rico can register their vehicle at the LEA Vehicle Registration in Building 519, 2nd Floor, Room 246 from 8 a.m. - noon and 1 - 4 p.m. Mon. - Fri. Personnel will need to show the vehicle title, proof of insurance and orders for Puerto Rico to obtain installation decals. Those who have already

shipped their vehicle to Puerto Rico can also obtain their decals at this office. For more information, call 288-4916/4919.

School age services

School Age Services offers piano, guitar, typical dance and karate classes. For more information and to register, go to Building 155 Fort Clayton.

Child Services

The Month of the Military Child celebration continues with a kite flying day, 3:30 - 5 p.m. April 29 at Mother's Inn Field. Prizes for the best team. The month will round off with Family Day at the pool April 30.

Planning a party

SAS has inflatables for rent. The colorful balloons include the Happy Clown Typhoon, the Amazing Castle Maze and games galore. Rentals are run by the CYS staff. You do nothing but take care of your party. For more information, call 288-6451.

Teen Center

A computer lab is located on the 1st Floor of Building 155 and is open 6 - 9 p.m. Monday - Thursday. The Homework Center also offers a study night on Tuesday.

New additions

Congratulations to ...

Steven and Chazelle Valtierra on the birth of their baby boy, **Simon Sterling**. Simon was born March 20 at Paitilla Hospital and weighed 8 lbs. 3 ozs. and was 21.1 inches long.

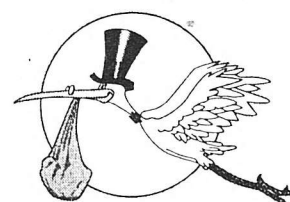
Francisco and Gina Rosado on the birth of their baby girl, **Frida Elizabeth**. Frida was born on March 21 at Paitilla Hospital and weighed 6 lbs. 3 ozs. and was 19.4 inches long.

Mariano Velez and Sandra Gallard on the birth of their baby girl, **Kassandra Marie**. Kassandra was born on March 22 at Paitilla Hospital and weighed 8 lbs. 8 ozs and was 21 inches long.

Michael and Marie Trumm on the birth of their baby girl **Amanda Marie**. Amanda was born on March 25 at Paitilla Hospital and weighed 7 lbs. 11 ozs. and was 22 inches long.

Jerry and Olga Meyers on the birth of their baby boy, **Bryan Christopher** born April 2 at Paitilla Hospital and weighed 8 lbs, 7 ozs. and was 21 inches long.

Roman and Isabel Ramirez on the birth of their baby girl, **Rachelle**. Rachelle was born on April 3 at San Fernando Hospital, and weighed 7 lbs. and was 21 inches long.





Now Showing at The Guild — Veronica's Room

story and photo
by Yvonne Rodgers

FORT CLAYTON — Valent Recreation Center and The Theatre Guild of Ancon will present VERONICA'S ROOM, an adult mystery by Ira Levin. The play opens tonight and will run Saturday, April 22, 23, 24, 29 and 30 and May 1 at the Ancon Playhouse under the direction of Edwin Cedeno.

Cedeno, a fullbright scholar, has a Master's in theatre from the State University of New York at Albany. His love affair with the theatre started in 1977, and since then has been active working as an actor, director and producer for both theatre and television. Edwin has been twice honored by the Kennedy Center for the Performing Arts as director. He was also awarded "Best Director" both in 1997 and 1998 in Panama.

The absorbing spider web which enters twines fantasy and reality is the story about Susan Kerner, a young Boston college student, and Larry Eastwood, a young lawyer she met, who have been enticed to the Barbissant mansion by the

Mackeys — a charming, elderly couple who are struck by her resemblance to Veronica Barbissant, the long-dead daughter of the family for whom they work.

Veronica's Room is the 19th production produced by Gale Cellucci in five years. Cellucci, who is also the acting president of The Guild, is grateful to Edwin Cedeno for "taking his time" from his busy schedule to bring his enthusiasm and talent to this production.

This mystery thriller is an entry in the annual FORSCOM Festival of the Performing Arts competition where DCA has a tradition of successes, having won numerous



Staring in Veronica's Room, standing left to right Michael Winfrey, Dionisio Johnson; sitting left to right Myrna Castro and Ana Lorena Broce.

with previous productions.

Don't miss this elegant thriller that features Dionisio Johnson as the man, Myrna Castro as the woman, Ana Lorena Broce as the girl and Michael Winfrey as the young man.

It is being presented under the sponsorship of AT&T.

For reservations call 272-6786.

Prevention of Food Poisoning While PCS'ing

story by Viviana Georgescu
Public Health Flight

HOWARD AFB — There has been a slight increase in the number of foodborne illnesses and the Public Health Flight is investigating several cases of *Salmonella* and other diseases.

As we continue with the drawdown, the number of people PCSing is increasing, and the number of meals eaten in cafeterias and restaurants is on the rise.

Therefore, the Public Health Flight recommends to be aware of daily hygienic and eating habits to prevent and control food poisoning:

Increase your awareness about the food facility environment. Recognize that the restaurant looks overall clean and organized. The floors look free from foods, animals and/or insects. Recognize if the food facility provides you with an appropriate hygienic table setting. If you are not satisfied, you may request for the table settings to be replaced: *clean tablecloth, clean silver wear, and clean glasses*

Wash your hands thoroughly before eating. Wash hands with soap (*preferably antibacterial*) for approximately 30 seconds. Dry hands preferably with a disposable towel.

Wash hands with water-free antibacterial soap,

especially if you are in a food facility where soap is not provided. We also recommend that you carry water-free antibacterial soap and/or baby wipes at all times if you are going to eat in a area with limited hand washing facilities (e.g. if you are in the process of PCSing or if you are planning to do some tourist activities).

When food and drinks are being served make sure that these items have not been touched by the restaurant personnel unintentionally (e.g. if the waitress puts fingers inside the glass or he/she touches your food unintentionally while serving it).

Hot food should be served very hot. If the served food is reheated and its temperature is mild, this may increase the risk of bacteria to grow. Express to the restaurant personnel that you may wish to have another plate served to you.

Wash hands again (as explained in point two) if any of the table items fall in the floor and you wish to pick them up.

Wash children's hands as specified in point two prior to eating food, especially if children have been playing around the restaurant or in designated areas to play.

Make sure that children's meals are served hot. Best way to know is if you taste these yourself.

Miscellaneous

Last chance bedding

The main exchange received six containers of Serta mattresses and box springs. Over 400 pieces arrived, consisting of the economical Sergeant series up to high quality sets, such as the Schofiel and Andrews. All sizes from Twin to King will be available to meet everyone's needs. With the high volume of upcoming PCS movers, this will be the last delivery of open stock bedding to the Panama Exchange. Remember we cannot take layaways on these items. For more information, call the Corozal Main Exchange.



Senior Class celebration

The parents of the last graduating class of Balboa high School, the class of '99, will be sponsoring a celebration party on May 15 at the Plaza Paitilla Inn for the seniors and their guests. In order to provide momentos and gifts, many of the interested community have donated various items for door prizes. If you wish to donate to this last celebration activity for the seniors call Sherry Barnish at 284-4023.

Summer Program

The Summer Program begins in June. Registration for the summer program is May 14 and 15 at Building 155 Fort Clayton. The program will be free of charge and will include a Toddler/Preschool Camp for 2-5 year-olds, a school age camp for 5-12 year-olds, youth volleyball, basketball and racquetball. Sports clinics include; Instructional Karate, piano, guitar and gymnastics classes and a teen program with trips and tours, outdoor activities, center based leisure activities and life skills workshops. For more information, call 288-6810.



How much does it take?

story by Major Wilma P. Webster
Physician, Health & Wellness Center

Oh, Daddy, you bought a new sofa! How peachy! Can I jump on it? The pudgy, bespectacled little girl was always in the way and never seemed to stop making chaos out of order. "You never take care of things," said her mother, "that's why you don't have any toys left! Get off that sofa!"

Little Melissa was persistent and she wanted her dollies to have a sofa too. With clumsy little 4-year-old hands she cut pieces of cardboard to make a frame, then patiently glued it together. Where could she get upholstery material? Her search brought her back to the couch so with scissors in hand, she cut just enough from the back rest. Then she sewed steadily until her couch became a small copy of the original (without the hole, of course). "Mommy, look what I made for my dolls!" Eyeing her ingenious child with admiration, and then fear, Mother said, "Oh, my gosh, where'd you get the material?"

What happened next? You guessed it! Shocked by the site of her damaged furniture, and scared of her husband's reaction, Melissa's mom freaked out and emptied all her frustrations out on her daughter. Thus she joined a growing number of Americans who have abused or neglected their children (3,140,000 cases reported to child protective service (CPS) agencies in 1994).

Child abusers usually aren't bad people. Most often they're good folks and parents that really love their children, but the child did something that overcame them with anger, and they, like Melissa's mom, lost control. That's why so many parents resort to hitting, screaming, and emotional abuse and others go on to cause more severe injuries, even death.

What can kids possibly do to cause such anger? Well, when questioned about things they or their brothers and sisters did when they were small, a random sampling of Howard people gave these surprising answers:

- ◆ Chased sister with dead frog till she crashed into glass door.
- ◆ Set tree on fire and blaze got so bad whole town talked about it.
- ◆ Stole toys and candy from Woolworth's.
- ◆ Raced bike against parents' rules and ended up with face smashed up and bloody.
- ◆ Hit mother in face and knocked contacts off her eyes.
- ◆ Cut sister's long hair into short whacko hair-do.
- ◆ Tried to practice CPR on pet talking parakeet and bird died from the CPR.
- ◆ Held sister upside-down over stairwell.
- ◆ Set bathroom on fire.
- ◆ Dropped water balloons, eggs from balcony onto people's heads.
- ◆ Set pillowcase on fire when confined to room.
- ◆ Tied and gagged next-door neighbor and put him in car trunk.
- ◆ Threw sister out of cherry tree.
- ◆ Tried to kill opossum by beating it with baseball bat.
- ◆ Pushed cinder block off 5th story patio & smashed windshield of neighbor's sport car.
- ◆ Went after sister with fingernail clipper and cut her leg.
- ◆ Lost 2 1/2-year-old sister in woods on purpose.
- ◆ Drove father's riding lawnmower off embankment onto father's car.
- ◆ Went to beach and disappeared for four hours; lied about it, but forgot to wipe sand off feet.

These are real things we of the 24th Wing did when we were kids. Could we keep our cool in the same situation our parents were in? What kind of help is there for people who have trouble dealing with their children, want to control their anger and don't want to become child abusers?

New Parents Support programs such as childbirth and parenting classes can prepare people for the job ahead. Anger and stress management classes teach how to maintain self control. These groups can help members increase knowledge of child development, expand social contacts, and improve self-esteem. So if junior is causing you to burst a gasket, don't manage it alone. Get some help! Keep cool, and remember how well we at Howard turned out in spite of our very naughty beginnings.

Mental Health/Family Advocacy can be contacted for classes/support groups at the following numbers: 284-6410/6457 or Outreach at 284-5893.

Even if child is not of your family, help can often be arranged.

Fort Clayton and Howard ES celebrate DARE graduation



Miguel Briceño (Valent Rec. Center)

Fort Clayton Elementary students celebrate after receiving their Drug Abuse Resistance Education certificates and medals in a ceremony held at the Valent Recreation Center on April 6.



Griselda Sterling (Tropic Times)

Maj. Gen. Philip R. Kensinger, Jr., U.S. Army South commanding general, addresses the DARE graduation audience April 6.



(Courtesy)

DARE instructor Senior Airman Bryan Scruggs organized a graduation celebration for the 5th grade students of Johnnie McGregor and Karla Truis. Parents also attended the ceremony and enjoyed listening to students read DARE essays and present skits. Pictured above are the 5th grade students, Susan Beattie, the Howard Elementary School principal, Johnnie McGregor, Scruggs and Karla Truis.

Lunch Program April 19 - 23 Howard and Fort Kobbe Elementary Schools

- Monday — Salami and cheese sandwich, cucumber slices, banana, cookie, milk.
- Tuesday — Ham sandwich, lettuce and tomato, pear, cookie, milk.
- Wednesday — Tuna salad sandwich, tomato wedge, orange, cookie, milk.
- Thursday — Roast beef and cheese sandwich, carrot stick, apple, cookie, milk.
- Friday — Peanut butter and jelly sandwich, celery stick, grapes, cookie, milk.

AAFES Weekly Challenge



Find at least six differences in details between panels.



Send your answers through MPS to *Tropic Times* Unit 7145 APO AA 34004 or drop it in our box at the Fort Clayton Post Office. Be sure to write your full name and age (14-years-old and under, please) somewhere on the entry.

We'll need your entry by the Wednesday after the paper comes out, and the winner's name will be in the following week's paper. The correct response, or the response drawn from more than one correct response, will win a pair of free movie passes from the Army and Air Force Exchange Service.

The winner will need to call Donna Kelso at 285-5776 then visit Building 654 Corozal to receive the movie passes.

Last Week's Winner: **Jose Torres, 9**

Lunch Menu April 19 - 23 Curundu Middle and Balboa High Schools



Monday — Popeye's chicken, mashed potatoes, green peas, fruit, oatmeal/raisin cookie, milk.

Tuesday — Chicken pattie, lettuce and tomato, carrots, potato wedge, pineapple, milk.

Wednesday — Beef-a-roni, carrots, pears, milk.

Thursday — Philly cheese-steak sandwich, potato wedges, green beans, fruit cocktail, oatmeal/raisin cookie, milk.

Friday — Manager's Day.

We want your stuff

Let us print your stories, poems, drawings or funny photos on the Youth Scene Page.

Send them through MPS to: *Tropic Times*, Unit 7145, APO AA 34004 or drop them in our box at the Fort Clayton Post Office by 9 a.m. Monday.

Make sure you put a return address on your photos and artwork so we can return them. If you have any questions, call Griselda Sterling at 285-4666.



Jasalynn Carter, 5
April 14



Kailyn Bartee, 1
April 16



Ayla Bonniwell, 1
April 16



Brianna Brooks, 1
April 18



Samantha Buck, 1
April 19



Troyo Hurdle, 7
April 20