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Panama's new president tries to woo Washington

PANAMA CITY (Reuters) - Panama's new president is wooing Washington in a bid to change the ruling party's image from a one-time nemesis of the United States to a key ally in Latin America, analysts say.

Ernesto Perez Balladares, a stalwart of the party that backed former dictator Manuel Noriega, has extended several olive branches to the United States since taking office on Sept. 1.

The day after his inauguration, Perez Balladares offered to help the United States cope with an influx of Cuban boat people by taking in up to 10,000 refugees for a limited time.

A few weeks later, he offered Haitian strongman Raoul Cedras asylum in Panama if that would avert a U.S. invasion.

Although Haiti's leaders may not need the haven after striking a deal with U.S. negotiators, Panama has said its offer still stands.

"We have come to the rescue of our friends twice in our first 15 days of office," Gabriel Lewis, Panama's foreign minister, recently told reporters.

Analysts say the U.S.-educated Perez Balladares hopes to ease concerns in Washington about the return to power of Noriega's party less than five years since the 1989 U.S. invasion that toppled Noriega and sent him to a Florida jail.

"Perez Balladares wants the United States to know his government will bear little resemblance to Noriega's," Ambler Moss, the director of the University of Miami's North-South Center, told Reuters.

U.S. forces briefly detained Perez Balladares, then a prominent party official, after the invasion. He had served as the campaign manager of Noriega's hand-picked candidate in the fraud-marred 1988 elections that set the stage for the U.S. intervention.

Perez Balladares tried to put the dark days behind him, telling voters during the election campaign that the Democratic Revolutionary Party had been "reborn," and he urged both Panamanians and Americans to forgive and forget.

Analysts say Perez Balladares won on a campaign platform promising more aid for Panama's poor who had benefited little from a post-invasion economic boom.

Before his inauguration, Perez Balladares met with President Clinton in the United States and pledged to crack down on huge flows of drug profits being illegally laundered in Panama's economy—a point of contention between both nations since the Noriega years.

U.S. officials have reacted warmly to Perez Balladares, according to analysts, although one U.S. official told Reuters that Washington is taking a "wait-and-see attitude."

A former banker with an Ivy League education, Perez Balladares is cut from the same fabric as recent Latin American leaders who speak English and curry Washington's and Wall Street's favor, analysts say.

"Perez Balladares could turn out to be more like (Argentine President Carlos) Menem in his support for the United States than any other Latin American leader right now," Moss said.

And like his Latin American counterparts, Perez Balladares wants Panama to join in the North American Free Trade Agreement between the United States, Canada and Mexico.

Panama also needs U.S. help in winning fresh loans from international lenders and in planning the handover of the Panama Canal at the decade's end as called for under the Panama Canal treaties of 1977.

The United States built the canal and has operated it since 1914.

"We know we can count on the United States when we need to," Lewis said.



Sgt. Cass Purdum (Tropic Times)

Gen. Barry McCaffrey, U.S. Southern Command commander in chief, sits with Juan Francisco Pardini, vice president of American Chamber of Commerce and Industry, at a luncheon held Wednesday at the Union Club in Patilla. McCaffrey was guest speaker and addressed the drawdown of U.S. forces in Panama.

McCaffrey talks 'drawdown' at chamber of commerce luncheon

by Sgt. Cass Purdum
Tropic Times staff

PANAMA CITY - The commander in chief of the U.S. Southern Command told civic leaders here Wednesday that the United States will withdraw more than 40 percent of its forces from Panama during the next 18 months.

Gen. Barry R. McCaffrey, addressing members of the American Chamber of Commerce and Industry of Panama, touched on a number of subjects during his speech, including the impact of SOUTHCOM's "Buy Panama" program, the progress of the drawdown in Panama and upcoming challenges of treaty implementation.

"Let me begin by telling you that today marks 1,920 days that remain until 1 January 2000," McCaffrey said. "At that time we will have fully complied with, without exception, the U.S. government responsibilities under the Panama Canal Treaty."

"As we look toward the future, over the next two or three generations, the future of North America is absolutely included in the future of this hemisphere," he said. "In terms of economics, by the turn of the century we believe trade with the Americas will exceed trade with Europe."

Closer to home, the United States and Panama are charged with the enormous responsibility of carrying out the treaty. McCaffrey said the drawdown of 10,000 U.S. troops will not be difficult.

"We can draw down to zero with no difficulty," he said. "We have taken more than 200,000 military personnel out of Europe during the last three years. It's not a big challenge to take 10,000 out of Panama."

The major concern is the impact to civilian employees, he said. There are 8,000 Panamanians working directly for the United States or hired by Americans stationed here, and another 8,000 Panamanian contract employees that will be affected by the drawdown.

In addition, a projected \$450 million in annual salaries

are paid to U.S. government employees and more than \$100 million are spent each year by the United States on goods, services and contracts in Panama.

McCaffrey used graphs to show the 1994 spending in the "Buy Panama" program. About \$140 million was spent in fiscal year 1994 alone.

"Buy Panama" is a program we believe in," McCaffrey said. "We buy roughly 20 percent of the things we use, here in Panama."

However, as the drawdown continues, demand for products will decrease.

"We will get even more serious about the program in the future, but clearly, 'Buy Panama' goals will decrease dramatically over the next years," he said.

"In the next 18 months, we will take approximately 43 percent of military forces out of Panama," McCaffrey said. "This transition started with the stand-down of the 193rd Infantry Brigade."

There are still many challenges with the treaty implementation and drawdown, McCaffrey said. Creating conditions for Panama's successful use of reverted areas, which include 4,800 buildings and 77,000 acres of land, attenuating the economic shock of the drawdown to Panama, and maintaining quality of life for assigned U.S. forces and their family members, are some of the major issues facing SOUTHCOM today.

The regional missions of the United States will also continue until 1999. These include counterdrug operations, air transportation, humanitarian aid and the Navy and Jungle Operations Schools.

McCaffrey said as the U.S. forces continue to leave Panama, there is a lot of work to be done. "Our agenda is to move out and that's what we are doing."

"We will be judged by how we handle this important transition," he said.

"As we look to the future, we recognize, so well, that the story of the Americas is as much wrapped up in our future as it was in our past," McCaffrey said.

Feature

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Air Force units lend a hand to "Operation Support Hope" with missions in Entebbe, Uganda.

News

Pages 8 and 9

Soldiers from four nations join together in Arkansas for exercise "Cabanos '94-II."

and more

- ◆G.I. dies in Haiti, Page 4.
- ◆Yale accepts SEAL, Page 12.
- ◆Youth soccer begins, Page 13.

Suriname addresses for Distant Haven provided

People in Panama interested in writing or sending packages to soldiers in Suriname should address the items as follows: rank, name and service; unit; JTF-NS Distant Haven; APO AE 09360-0001. Print MPS on the upper right corner of the envelope and put return address. If mailing from CONUS or other locations outside of Panama, address the same as above but mail first class postage. Only letter mail and small parcels may be mailed. Parcels must be able to fit in a mailbag.

Families First looking for volunteers to help out

The Family Advocacy Outreach Program is starting a program called "Families First" designed to assist new parents. The program will be supported by volunteers working primarily by phone from their homes. Volunteers must be at least 18 years old, have access to a phone and be able to make one trip to Gorgas Army Medical Center. For more information, call 284-6410/6457.

Howard support center needs donations

The Howard Family Support Center is taking donations for Cuban migrants coming into Panama. Items needed include coloring books, crayons, children's games, magazines, toys (no stuffed animals), sports equipment and children's videos (dubbed or subtitled in Spanish). For more information, call 284-5650/5910.

Rodman Marina has moorings for boaters

Rodman Marina has wet moorings. Active duty military are given priority. To sign up for a wet mooring, please contact the Rodman Marina office at 283-3147.

Fewer mosquitoes alter fumigation program

Because of the drop in mosquito population throughout all east bank installations, the new fumigation schedule is Mondays and Thursdays on Fort Clayton, Curundu and Corozal, and Tuesdays and Fridays at Albrook, Amador and Quarry Heights. The fumigation is done 6-9 p.m.

Dental clinic will offer dental exams to walk-ins

Beginning Monday, Clayton Dental Clinic will offer routine dental examinations to family members of active duty personnel on a walk-in basis Tuesdays through Fridays 1-3 p.m. Family members may still make appointments on a space-available basis by calling after 1 p.m. on Mondays. For information or appointments, call 287-4308.

FSU announces term two registration schedule

The Florida State University, Panama Canal Branch, announces the following registration dates for term two: 9:30 a.m.-12:30 p.m. Oct. 5 in Building 128, Fort Clayton, for active duty; 12:30-3 p.m. Oct.

AMC flight schedule

All flights listed are subject to change because of cancellations, additions or for higher priority mission requirements. Check with the passenger service section for updates on flights by calling 284-4306/3608/4857.

Saturday		Charleston IAP, SC		Thursday	
5:40am	C-130 Howard AFB Niagara Falls, NY (A)	Tuesday		5:45am	C-5A Howard AFB Soto Cano AB, Honduras (CC) Charleston AFB, SC (O) Kelly AFB, TX Oct. 7
1:45pm	C-5A Howard AFB Charleston AFB, SC (O) Dover AFB, DE	5:40am	C-141 Howard AFB Brasilia, Brazil (V,O) Rio de Janeiro, Brazil (O) Asuncion, Paraguay Brasilia, Brazil	5:40am	C130 Howard AFB Managua, Nicaragua Soto Cano AB, Honduras (CC)
7am	B-757 Howard AFB (C,O) Soto Cano AB, Honduras (CC)	5:55am	C-130 Howard, AFB San Salvador, El Salvador (V,CC) Soto Cano AB (CC) Howard AFB	A- Active duty only US- U.S. passport O-Overnight C-Commercial Contract V-Visa M-Medevac CC-Country Clearance	
	Sunday	5:40am	C-141 Howard AFB Kelly AFB, TX (M) Jackson, MS		
	Monday				
5:40am	C-130 Howard AFB Tegucigalpa, Honduras (CC) Soto Cano AB, Honduras (CC) Howard AFB				
8:40am	B-757 Howard AFB Atlanta IAP, GA (C)				

5 in Building 128, Fort Clayton for other than active duty; 9:30 a.m.-3 p.m. Oct. 6 in Building 708, Howard AFB; 9 a.m.-5 p.m. Oct. 11-12 in Building 808, Albrook AFS; and 9 a.m.-2 p.m. Oct. 11-12 in Building 235, Fort Davis. Late registration will be noon-5 p.m. Oct. 17-18 in Building 808, Albrook AFS; and 9 a.m.-2 p.m. Oct. 17-18 in Building 235, Fort Davis. For information, call 285-6922/5222.

Thousands still need to submit for new COLA

The Fort Clayton Finance and Accounting Office processed nearly 4,500 Cost of Living Allowance transactions in August. There are still nearly 2,600 soldiers not receiving COLA. Unit commanders, first sergeants and personnel services noncommissioned officers should continue efforts to identify soldiers. Soldiers not receiving COLA must contact their chain of command. For information, call 287-4208.

'Just Passin' Through' — Navy Ball set for Oct. 14

The 1994 Navy Ball will be held 6 p.m. Oct. 14 at Club Amador. Tickets are \$10 for E-6/GS-6 and below and \$15 for E-7/GS-7 and above. For information, call Navy public affairs at 283-5641/5644.

Army education center sets new testing hours

The Army education center announces new testing hours. The new hours are 7:30 a.m.-4:30 p.m. Tuesday-Wednesday in Building 128, Fort Clayton. For information, call 287-5702.

Hispanic heritage observances scheduled

The following events are scheduled in observance of National Hispanic Heritage Month:

Today - Luncheon sponsored by the 92nd Personnel Services Company; Saturday - Dominoes tournament, 9 a.m.-6 p.m. at the Clayton bohio, sponsored by the Puerto Rican community; Wednesday - Luncheons at the 228th Aviation Regiment and 536th Engineer Battalion dining facilities; Thursday - Luncheon 11:30 a.m.-1 p.m. at the 92nd Personnel Services

Company dining facility; and Oct. 7 - Puerto Rican Youth Festival 6-9 p.m. at the Fort Clayton Youth Center.

24th Wing PAO sponsors broadcast program

The 24th Wing Public Affairs Office is sponsoring a program to help make the holiday season a little brighter for relatives in the United States. People can record an audio holiday greeting to be broadcast on a radio station in the relatives' home town. The program is free and open to all U.S. military and family members. For more information about the program, call the 24th Wing Public Affairs office, 284-5554.

New policy limits tuition assistance for soldiers

Soldiers will now be authorized to take a maximum of nine semester hours of college courses per fiscal year at 75 percent tuition cost, according to a new policy concerning Army tuition assistance effective October. Tuition assistance will now be centrally managed at U.S. Total Army Personnel Command. The intent of this policy is to provide soldiers consistent funding of their education programs as they move about the Army. The local education center is available to help soldiers identify other funding such as Pell Grants, Veterans Education Assistance Program and Montgomery GI Bill. For information, call 287-5703/3161.

Military clothing still available on Rodman

During the transition of the Marine Corps Exchange to the Army and Air Force Exchange Service, today through Jan. 31, military clothing will still be available. Store officials said uniform clothing sales will be sold at the Marine Corps Exchange Country and Package Store, Building 4, Rodman NS and also through mail order catalogs. Catalog orders will take three to four weeks to process.

Spot bid sale, inspection at Corozal announced

A local spot bid sale and inspection of items will be held 7:30 a.m. Monday in Building 745, Corozal. For information, call 285-4754.

Howard education office offers ACC course

The Howard Education Office will offer an Air Combat Command course on "Improving Study and Testing Skills" to interested military members. The course is designed to enhance ACC members' performance in off-duty education, on-the-job training, professional military education, etc. The course will be taught in two hour

blocks, 8 to 10 a.m., Oct. 17-21 in the Howard Education Center, Building 708. For more information, call Linda Antoine at 284-3263/4863.

Volunteers needed for Women's History Month

Volunteers are needed to plan and organize activities for the 1995 Howard AFB Women's History Month observance scheduled for March. Officials are also looking for someone — holding the rank of master sergeant or above — to chair the observance committee. Anyone interested may call Tech. Sgt. Jim Johnson at 284-5358/5309.

WAPS/CDC program changes explained

There have been a number of changes to the Air Force Weighted Airman Promotion System and the Career Development Courses recently that may require a change in the way airmen study for promotion. One of the new changes calls for each member to get their own, personal set of study materials. For more information on the new WAPS/CDC issues, members should call their unit WAPS monitors.

Education center sets many new test dates

The Army Education Center announces new test dates for Graduate Record Exams, Graduate Management Admission Tests, National Teachers' Exams and Automotive Service Excellence exams. The new test dates are 7 a.m. Oct. 12, 18 and 25, and Nov. 8, 9 and 15. GRE and NTE subject exams will be given at 1 p.m. For information, call 287-5856.

Commissary agency to hold anniversary sale

The Defense Commissary Agency will hold an anniversary sale at commissaries throughout Panama in October. More than 900 items will be offered at savings of 20-60 percent.

Area housing mayors' elections wrapping up

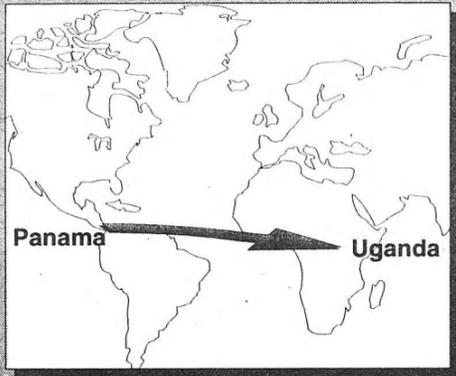
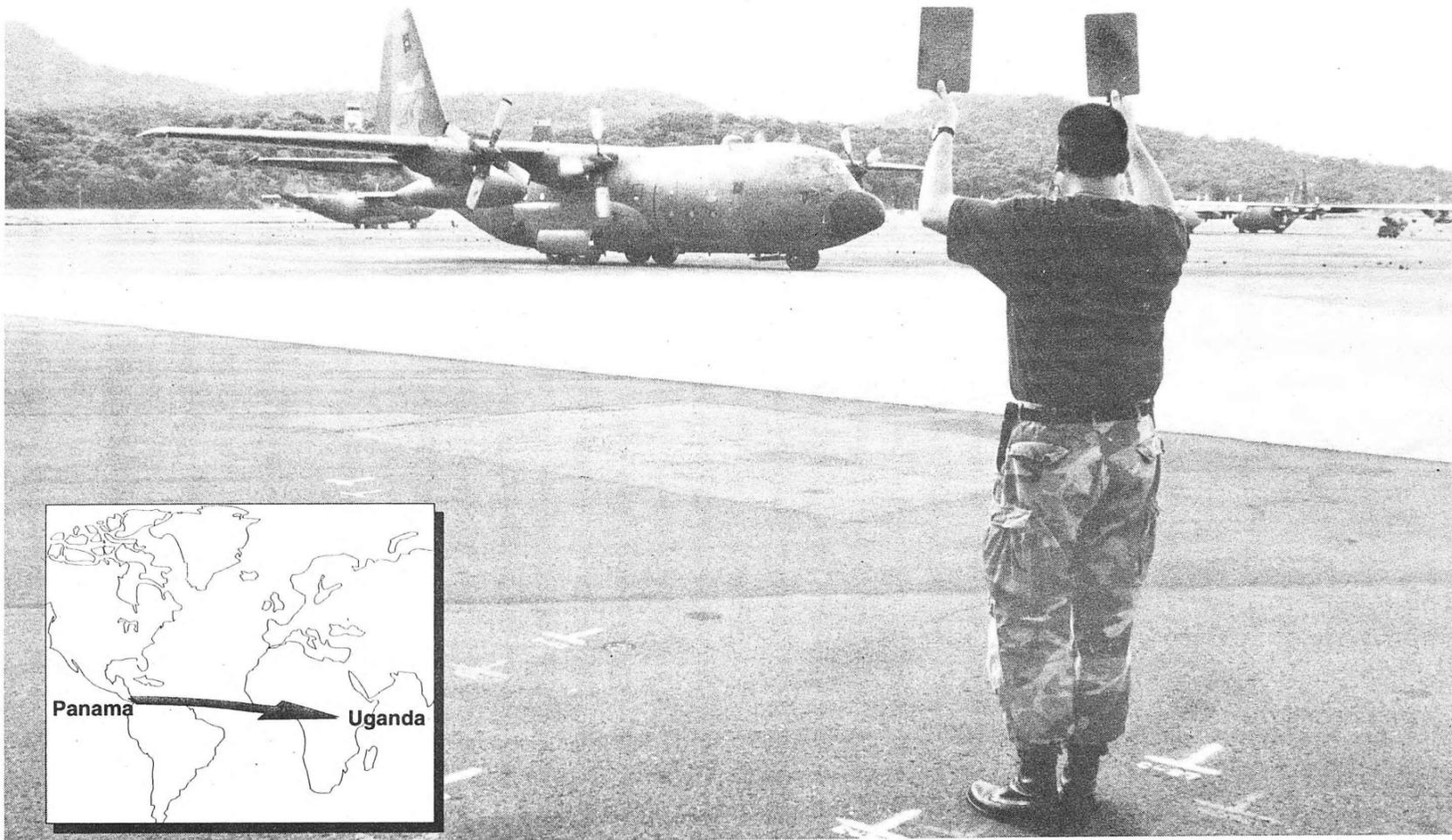
Elections for housing area mayors and vice-mayors must be completed by Oct. 20. Volunteers are needed to hold those positions in their prospective areas on and off post. Mayoral responsibilities include helping in the administration of the quality of life program, serving in the Mayoral Congress, conducting town meetings at least quarterly, attending quality of life meetings, serving on congressional committees and coordinating community projects with the sponsoring unit. Training and child care is available. To volunteer, call Master Sgt. Scott Carr at 287-3716.



Weekend weather

Forecast: Mostly cloudy with intermittent showers and thunderstorms.

Pacific		Atlantic	
Saturday	Sunday	Saturday	Sunday
Temperature	Tides	Temperature	Tides
High: 86	12:27 p.m. at 13.1 feet	High: 85	8:41 p.m. at 0.9 feet
Low: 72	6:43 p.m. at 3.7 feet	Low: 70	2:58 a.m. at 0.0 feet
High: 87	1:21 p.m. at 14.2 feet	High: 86	8:34 p.m. at 0.8 feet
Low: 72	7:39 p.m. at 2.6 feet	Low: 71	3:27 a.m. at 0.1 feet



Pete Gonzalez (U.S. Air Force)

Senior Airman Steve Smith marshalls in the special mission C-130 that deployed to Entebbe, Uganda, in support of Operation Support Hope.

The skies over Entebbe

'Non-deployable' units aid humanitarian mission in Uganda

by Staff Sgt. Rian Clawson
24th Wing Public Affairs Office

They said it couldn't be done, but the men and women of the 310th Airlift Squadron went ahead and did it anyway.

Responding to a short-notice request from the Supreme Allied Commander Europe, Gen. George A. Joulwan, members of the 310th AS, along with other Howard units, picked up and relocated to distant Entebbe, Uganda, about two months ago. The last of those who deployed returned Monday.

During that time, the temporary duty contingent, including members of the 24th Air Intelligence Squadron and the 33rd Intelligence Squadron, participated in Operation Support Hope, a humanitarian mission to conduct relief operations for displaced people in Rwanda and adjacent countries.

Uganda, located in eastern Africa near the equator, is on Rwanda's northern border.

Howard's contribution to the operation were C-130 missions—known as Creek Breeze—through which information on the status of lines of communication, refugee camps and volcanic activity in the area were provided to Support Hope officials.

"We also got very short notice about the deployment," said Maj. Jim Keffer, commander of the 24th AIS. "Our people began preparing immediately to make the deployment happen, and they did it, even though they had no previous training and had never even planned for this type of contingency."

"It was a very real challenge to pick up our operations and move them 7,000 miles away," said 310th AS commander Lt. Col. Curt Ross. "Deployable units do this kind of thing all the time, but we're not set up to be deployable."

"Deployable" units generally have Tables of Allowances, which list things they'll need "on the road." They also usually have War Readiness Spares Kits, ready-built pallets containing most of the items listed on their TAs. This was not the case with any of the Howard units that participated in the Entebbe deployment.

"The squadron provided eight experts, including operational intelligence officers, aerial observers, and a photo processor, as well as almost a quarter of a million dollars worth of sensor film and sensor processing chemicals," said Capt. Mark Makowski, 24th AIS operations officer.

In order to put it all together from scratch, Ross called on the experience of Capt. John Philbin, Chief Master Sgt. Gary Cole, Master Sgt. Jose Morales, and Tech. Sgt.



Pete Gonzalez (U.S. Air Force)

Adrienne puts on a happy face for dad, Senior Airman Eddie Victorian upon his return from Uganda as his wife LaShawn looks on.

Johnny Savage.

"These men have nearly 70 years of combined deployment experience," Ross said. "In a single afternoon, they came up with a list of everything they thought we'd need in Entebbe."

"The experts at the 640th Air Mobility Support Squadron helped us prepare the pallets, and they said our people did a better job of palletizing the load than a lot of the Army people who do this on a regular basis," Cole said.

On the 24th AIS side, it was primarily Tech. Sgt. Jerry Walrath who decided the quantity of film and chemicals that would be needed for "Support Hope," and Senior Airman Dicki Freeland actually deployed to lend his technical expertise to a mobile photo processing and interpretation facility in Entebbe.

A crew of five aerial observers, led by Master Sgt. Jeff Guay, also deployed to operate sensitive sensor equipment, and to enhance the flight safety for the aircraft and crew.

The 24th AIS is the only unit in the Air Force that uses photo interpreters for aircrew duties, Keffer said. "In fact, I sent more than half of all the aerial observers in the Air Force to Africa."

The planners apparently did an outstanding job of determining and compiling their mission requirements, as the 310th maintained a 100 percent mission rate in Uganda, and the 24th AIS shot and processed 41 rolls of film.

"That isn't 35mm film we're talking about here," Keffer explained. "Our film comes in rolls five inches wide and 2,000 feet long, which means we shot more than 15 1/2 miles of film in Entebbe."

Deploying such a large portion of a unit might have had an adverse effect on some units, but officials say "not

so" for the 310th.

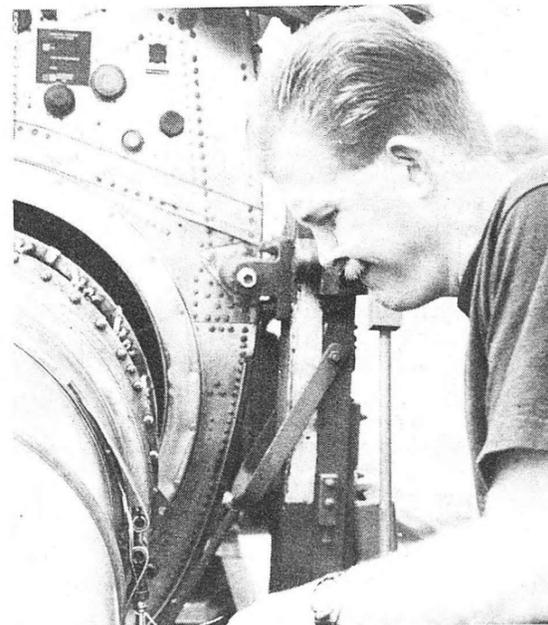
"I can't give enough credit to our maintenance people..." Chief Cole said. "The C-130 maintainers who remained behind have been working seven days a week to keep the operation going, with no relief crews and no scheduled days off."

Many of the spares that are normally on hand, which can make repairs easier for maintainers, were sent to Entebbe with the deployed maintenance technicians, said Master Sgt. Kevin Holden, production supervisor for the 310th AS.

"Having more than half of our personnel deployed has meant we're putting in a lot of extra hours, but that comes with the territory," Holden said. "We're doing the same amount of work—or even a little more—with half the people, so of course the job is more difficult."

The effort paid off: they had no mission cancellations due to either maintenance or operations.

"We must remember though, that the success of this unprecedented deployment was by no means a solitary effort on the part of the 310th. Many other organizations were vital to our being able to pull it off," Ross said.



Staff Sgt. Rian Clawson (U.S. Air Force)

Senior Airman Jerry Elliot, 310th Airlift Squadron, works on a C-130 engine. Elliot was one who remained behind and worked seven-day weeks to make up for a 50 percent loss in personnel.



(U.S. Army)

No more helicopters

HONDURAS (JTF-Bravo PAO) - CH-47 Chinook helicopters and their crews from Joint Task Force - Bravo, Company C, 4th Battalion, 228th Aviation Regiment were deactivated here Sept. 15.

"We've carried more than 3,000 passengers and 1.4 million pounds of cargo during our time here," said 1st Lt. Stephen Breagy, Co. C. executive and operations officer. "We had an operational readiness rate of about 95 percent — 25 percent above Army standard."

In addition Co. C logged monthly flying hours that were triple the Army average for CH-47s. Measured in hour per aircraft, per month, the Army's flying hour average is 11. Co. C averaged 33 flying hours per month, Breagy said.

Chinook helicopter support will no longer be so readily available at JTF-Bravo.

Traffic Command says POVs now ready for pick up

BALBOA (MTMC) - The following customers have privately owned vehicles ready for pick up at the POV Processing Center, Building 1501, Balboa, adjacent to Pier 18:

Alexis M.; Anciaux L.N.; Barrett R.C.; Breedlove S.E.; Clayton J.D.; Cooley S.E.; Danner B.L.; Fluet J.E.; Garuz T.E.; Hughes K.D.; Johnson V.M.; Kemp T.H.; Kinsey L.J.; Krisman E.K.; Lease J.V.; Lewis L.J.; Lugardo M.A.; Marcelino W.V.; Martini S.A.; Matthews T.E.; May J.W.; Mejia-Rangel O.; Miller J.T.; Moore J.D.; Noles R.D.; Oconner M.L.; Popert D.A.; Rico P.; Ruggles G.; Sanchez E.E.; Schaul D.E.; Sola M.A.; Spears R.R.; Squires E.; Testa J.A.; Thomas S.L.; Thompson S.L.; Tregaskis K.; Vereen T.A.; Wheritt J.T.; Williams A.C.; Wilson M.; Wrencher C.T

Customers must have the following documents for pick up of their POVs:

- ◆ID card (current military, dependent or civilian)
- ◆Driver license (must have Panamanian license for second POV)
- ◆POV shipping document (DD Form 788)
- ◆Vehicle registration or title
- ◆Vehicle keys
- ◆Power of Attorney and photo copies of the sponsor's bilingual ID card and driver's license (when the sponsor on orders cannot be present for pick up)

The list is current as of Monday. For updates, call customer service at 282-4642/3853 or the POV arrival tape recording at 282-4641. Customer service hours are Monday - Friday, 7:30 a.m. - 2:30 p.m. Wednesday hours are 9 a.m. - 2:30 p.m.

People expecting POVs are reminded to call customer service to leave a contact phone number.

Security specialist dies at Gorgas

FORT CLAYTON (USARSO PAO) - Retired Maj. Carlos A. Poveda, 55, a logistics/training management specialist for the office of the Deputy Chief of Staff for Logistics, died of cancer at Gorgas Army Community Hospital Sept. 23.

As a member of DCSLOG Security Assistance Division, Poveda made numerous contributions toward improving the quality of life of servicemembers, civilians and family members throughout the U.S. Southern Command.

Poveda is survived by his wife, Ladys; son, Carlos; and daughter, Ladys.

Last Vietnam POW declared dead

LOS ANGELES (AP) - In the end, the five children of Col. Charles E. Shelton felt driven to their decision by a relentless saw-saw—the dizzying up-and-down of hope then despair, trust then suspicion, of rumors that never came true but always came back.

It took their mother, dragging her down into alcoholism and depression.

When she shot herself four years ago, with the black and white POW-MIA flag flying outside the house, her rosary draped over her husband's POW bracelet, they decided it must end.

Hard as it was, guilty as it made them feel, the time had come to declare that their father, the nation's last Vietnam-era prisoner of war, whereabouts unknown for 29 years, was dead.

It was time to push the war out of their lives.

"It was for our own sanity, for our own futures," John Shelton, 38, says slowly,

staring at the photo of a young man who looks just like him, the photo of his dad climbing into a plane.

"It's hung over us for so long."

Last week, at the children's request, the Air Force changed Shelton's status from prisoner of war to killed in action. Next Tuesday, his children will gather at Arlington National Cemetery in Washington to place his name on their mother's gravestone there.

None of this is easy, even now, three decades after their dad was shot down over Laos.

The Pentagon says it will continue to push for a full accounting of all servicemen missing in Southeast Asia. But among the nation's POW-MIA activists, the children say, their decision has left bitterness.

"We hope they understand that this is not about politics, that this is very private," Shelton says.

But on his face, as he talks, are the same

confusion and guilt, the same feeling of inadequacy, that bedeviled his mother for 25 years.

"There's one woman active in the POW groups who I've been trying to reach, to tell her why we've done this, to try to explain," he says.

"She's not been answering my calls. I know she's upset, that she thinks because we're doing this, that we're abandoning all the men who might still be over there."

He looks up, and his face is twisted.

"Even if he was over there, even if he'd been there all that time, do you think he'd still be alive?" he asks, restating an argument he's clearly had with himself many times before.

"I mean, we can't think we're deserting him, anymore. He could have died of old age."

Charles Shelton would now be 62. He was shot down over Laos on his 33rd birthday, April 29, 1965.

Panama news summary

Editor's note: The following summary of news is taken from the Panamanian press. The translation and reports are unofficial and no guarantee is made by the Tropic Times as to the accuracy of reporting or statements made here. Selection of these stories does not imply any emphasis, judgement or endorsement by the U.S. government. These synopses are intended only to give non-Spanish speaking people a flavor for news events in Panama.

Sept. 23

Hoy, La Prensa: Papers report the Interoceanic Region Authority is studying a project to construct an ecological road between Panama City and Colon at a cost of about \$50 million. University of Alabama experts say the road could be a tourist attraction because of its relation to the canal and the rain forest.

El Panama America, La Estrella: Papers cite a group of Cuban migrants as saying they are tired of being held captive and will initiate actions, including a hunger strike, to obtain freedom. The Cubans say they are grateful for the attention received by the U.S. mili-

tary, but they feel uncomfortable confined in the camp. The Panamanian government rejected a request for political asylum by the Cubans.

El Siglo, El Panama America: Papers report Panama Embassy Charge d' Affaires in Cuba explained alleged illegal resident visas issued to 10 Cubans after the Panama Immigration Director uncovered an operation allowing Cubans to illegally enter Panama. Allegedly, Panamanian and Cuban embassy officials are implicated in the operation carried out for profit.

Sept. 24

Critica Libre: Paper reports Panama customs antinarcotics and airport personnel arrested U.S. citizen Kenneth Leroy Burnann at Tocumen airport allegedly carrying 2.2 kilograms of cocaine.

La Prensa, El Siglo, Critica Libre, La Prensa, Hoy, Panama America: Papers report that Panama President Ernesto Perez Balladares approved pardons for 216 people accused of crimes — including several high-level officials from the regime of former dictator Manuel A. Noriega and

50 former Panamanian government legislators.

Sept. 25

La Prensa: Paper reports Arrijan's Mayor Cristobal Canizales decreed anyone illegally occupying reverted canal area lands will be removed and sent to jail for 90 days. This decree is a result of the alarming rate in which squatters are occupying the land and cutting down national forest trees.

Sept. 26

La Prensa: Paper reports marijuana plantations covering several hectares were found in Las Perlas Islands by members of state security agencies, immigration officials and the office of the deputy district attorney during an operation called "Combined Operation," that lasted 48 hours. According to a police report, the Panama National Police, the National Air Service, the Maritime Service and the Technical Judicial Police raided several places in Las Perlas, after being identified as possible drug centers. Also, the police arrested illegal aliens. Names of the islands where the marijuana is grown and the number of people arrested are unknown.

G.I. dies in Haiti, possible suicide

PORT-AU-PRINCE, Haiti (AP) - An American soldier was found shot to death Tuesday in the northern part of the capital, the first fatality among U.S. troops since they intervened to restore Haiti's elected government.

Pentagon officials in Washington said that it appeared to be a suicide but that the death was still being investigated.

The soldier was not immediately identified.

Pentagon spokesman Dennis Boxx said the male soldier, who was part of the 10th Mountain Division from Fort Drum, N.Y., "died of an apparent gunshot." He called the death "an apparent suicide" and said it was being investigated as such.

Boxx said he could not discuss why military officials came to that conclusion.

However, a senior Pentagon official, who spoke on condition of anonymity, said indications were that the soldier's own weapon was fired and that the wound appeared to be self-inflicted. The official also said the soldier was known to have been upset recently because of "domestic reasons."

Stanley Schrage, spokesman for the U.S. Embassy in Port-au-Prince, said the death happened at Villa d'Accueil, Haiti's state guest house that American soldiers were preparing to house Haitian parliament members.

The soldiers were cleaning the mansion and making security arrangements on the hillside estate above Port-au-Prince.

Shortly after the death, U.S. Army helicopters hovered over the area around Villa d'Accueil. American soldiers at the scene would not comment.

Neighbors said the soldiers arrived at the mansion Monday and had been refurbishing the building and the grounds.

Canadian tries to sue U.S. Navy

VANCOUVER (Reuters) - A Canadian sailor who was paralyzed while on his way to the Gulf War is seeking \$110 million in damages from the U.S. Navy, his lawyer said Tuesday.

Kevin McNamara, 28, was paralyzed from the neck down when he slipped on the pool deck during a party at a U.S. base in the former Panama Canal zone in 1992, lawyer Aaron Gordon said.

McNamara's Canadian navy ship had docked at the base to take on fuel and supplies while en route to the Gulf.

McNamara filed a motion Saturday asking Supreme Court Justice Antonin Scalia, who oversees the circuit court for the former canal zone, to appoint a judge in the case. The motion will be heard Oct. 17.

McNamara, who lives in Victoria, British Columbia, contends the Navy did not adequately mark a hazard on the crowded pool deck and worsened his injuries with improper first aid.

The sailor's battle for compensation has been stymied by difficulty in finding a court with jurisdiction over the case.

Foreigners are not allowed to sue the U.S. government inside the United States over incidents abroad and it is immune from prosecution in Panamanian courts until 1999 under an agreement on handover of the canal to Panama.

The U.S. court for the former canal zone still exists on paper but stopped functioning in 1982. A previous attempt to bring the lawsuit in a Virginia federal court was rejected as premature.



Sgt. Rick Emert (U.S. Army)

Sergeant Major of the Army Richard A. Kidd addresses the final cycle of Primary Leadership Development Course students at Fort Sherman about the role future noncommissioned officers will have in tomorrow's army. Kidd visited the students Sept. 9.

Last graduation NCO academy closes doors forever

FORT SHERMAN (USARSO PAO - Atlantic) - The Fort Sherman Noncommissioned Officers Academy is no more.

In a Sept. 16 graduation and inactivation ceremony, the academy's staff turned out its last group of future NCOs and cased its guidon.

In remarks after the ceremony, Command Sgt. Maj. Rolf Irtenkauf said "Though there will never be another U.S. Army South NCO Acad-

emy, the more than 10,000 soldiers who were taught to lead through this school will carry on the traditions this school was based on. Their memories of what they learned here will live on, be passed on, and will not have been lost."

Command Sgt. Maj. Thomas J. Quinn Jr. thanked his NCO Academy 1st Sgt. Robert M. Craig for "never dropping the ball."

A highlight of the final cycle of Primary Leadership Development Course,

Class 8-94, was a visit by Sergeant Major of the Army Richard A. Kidd Sept. 9.

PLDC instructors were: Sgt. 1st Class Richard Stanley, chief instructor; Sgt. 1st Class Norberto Osbourne and Staff Sgt. Terrance Noel, Class 1A; Sgt. 1st Class Herminio Pabon and Staff Sgt. Mamie Thomas, Class 1B; Sgt. First Class Thomas Leake and Staff Sgt. Nestor Sanchez, Class 2A; and Staff Sgt. Cordell Fairweather and Staff Sgt. Wilbert Whitaker Jr., Class 2B.

Volunteers bring better vision to villagers

by Martha K. Taylor
Tropic Times contributor

CHEPO, PANAMA - Traveling over flooded roads in a torrential downpour, several volunteers arrived here Sunday as part of a U.S. Southern Command humanitarian effort to provide eye care to local residents.

The effort was headed by Dr. (Maj.) Gordon Swayze, 24th Medical Squadron. Volunteers came from throughout the military communities in Panama, and some are bilingual military and family members.

Swayze and his group do this once a month, providing needed eye care to residents who otherwise wouldn't be able to afford this service.

While SOUTHCOM funded the first \$2,000 for the year-long effort, most of the costs are born by volunteers and donations, Swayze said.

"We got a great deal on reading glasses from a downtown (Panama City) optics lab," Swayze said.

The monthly visit has become so popular that people

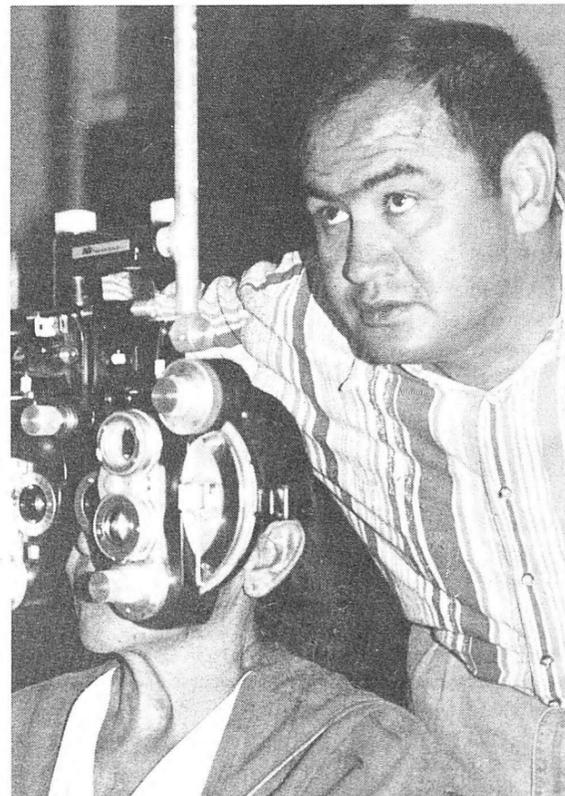
come for miles, even as far as Panama City, to receive treatment. There were 28 people lining the halls when the volunteers arrived at the Chepo school. More showed up as the day progressed — nearly 70 in all — and no one was turned away.

The residents who came to the clinic were screened for cataracts, evidence of eye disease, injuries and vision problems.

This month's visit was organized with the help of the Chepo Lions Club. President Alicia Jimenez said it was very important to the local people because they would not be able to afford either eye glasses, or a visit to an eye doctor. Without the help of SOUTHCOM, most would have to do without, she said.

Swayze, who was named the Air Combat Command's optometrist of the year, will return next month. "It is a privilege to be given the opportunity to serve others," he said.

People can donate eye glasses to the Howard AFB medical clinic.



Martha K. Taylor (courtesy)

Luis Zamudio, 128th Aviation Regiment, helps with Segura Gumercinda's eye exam. Gumercinda is 53 and her last visual exam was 26 years ago.

Mother wants hospital to stop child's pain

Dear Mayors' Corner,

Am I the only mother whose heart breaks when my baby is screaming with pain? Am I the only mother who would do anything in the world to prevent my child from feeling pain? Am I the only mother furious that Gorgas Army Community Hospital does not do everything possible to spare infants and children from unnecessary pain and suffering?

The U.S. Food and Drug Administration has recently approved an anesthetic cream that numbs the skin below the surface. Once applied to the skin, it penetrates and reaches the nerve endings, providing 2-3 hours of numbness. That is plenty of time for doctors to perform procedures such as giving shots or drawing blood. Procedures that make our infants and children scream in pain can be done pain-free. Why doesn't Gorgas use EMLA (a mixture of lidocaine and prilocaine)?

Angry Mother

Dear Angry Mother,

I sent your letter to Col. M.A. McConnell, commander of Gorgas Army Community Hospital who responded: You are not the only mother who is very concerned about medical procedures that cause pain to a child. It is even more distressing to a health care provider who is directly responsible for performing a necessary, but painful procedure.

The EMLA is now available for use at Gorgas Army Community Hospital. It is useful for a number of procedures, but not all. You can be assured that all of us involved in the treatment of children are acutely sensitive to your concern and will continue to provide care in as compassionate and painless a manner as possible.

Dear Mayors' Corner,

I'm really angry about the Corozal Transportation

Mayors' Corner

Motor Pool car auctions. Every month, the government auctions off the old vehicles no longer needed for one reason or another. Many of these vehicles are in perfectly good condition.

These auctions are held once a month from 9 a.m.-3 p.m. on a weekday when the majority of people work. They are auctioned to U.S. citizens or Panamanians. These vehicles have not been paid for by the Panamanian Government, but by U.S. tax dollars, yet U.S. servicemembers are not given the opportunity to buy them.

The U.S. presence is leaving in six years and giving Panama millions of dollars of property to do with as they please. How can our government tell me I'm important enough to live and work here, but not important enough to be given an opportunity to do something as simple as buy U.S. merchandise that we helped to buy in the first place? What's the deal?

Papa Oscar

Dear Papa Oscar,

I sent your letter to John Stobic, fleet manager of general services administration for the Fleet Management Center, Panama. He responded: Your complaint with the GSA auto sales is a familiar one, and we all need to understand and appreciate the economics of the situation. The vehicles you believe are old and no longer needed have been replaced with many brand new vehicles, purchased by GSA for your official use in Panama. A portion of this cost is offset by selling the old fleet of "usable" vehicles for "fair market value" according to the Law/Federal Code of Regulation which governs GSA's Fleet Management Program.

As a taxpayer and supporter of the U.S. government,

we are all expected to take every action possible to save government money. Selling vehicles for less than what they would otherwise bring is giving away government money illegally.

Soldiers and government employees are duly compensated with all the entitlements that are afforded them by law and conscientious commanders. Buying vehicles at a discounted rate is not an entitlement.

Dates and times for sales were carefully considered and weekend sales were ruled out by the banking industry not being available for customers or making deposits. Security is an overriding consideration here.

We were able to establish a procedure to permit military and government employees to pre-clear an auto loan with the Merchants Bank and to pay for vehicles with a personal check, accompanied by a letter of guarantee from the bank.

Special efforts have been made to ensure sales are advertised to the military community with brochures, ads in the *Tropic Times* and announcement to the chain of command. Commanders have been urged to permit soldiers time off to attend sales.

Within the bounds of the law and GSA regulations we cannot discriminate between individual buyers and we are required to get the best possible price for the U.S. government.

Editor's note: To submit questions to the Mayoral Congress, send letters to: Mayors' Corner, publicity chairperson, APO AA 34004 (MPS). Anonymity will be granted upon request. The *Tropic Times* reserves the right to edit letters and responses for brevity.

Family member buys groceries — a lot!

Bad time at the commissary

While performing continued surveillance at the commissary, contraband personnel saw a family member leave with 15 bags of groceries.

She later returned and bought 12 more bags. The family member was detained and later admitted to selling groceries to non-privilege card holders since January.

For more information about such restrictions, see Southern Command Regulation 1-19 or call 286-3303.

Flying bottles

While driving in Panama City, a soldier was hit in the head by a bottle that had been thrown by an unknown person.

The soldier was taken to Gorgas Army Community Hospital where he received 13 stitches above the right eye.

When driving downtown, always remain alert and leave space between vehicles for quick reactions.

Jewelry lover gets caught

A soldier was seen placing a pair of earrings in her pocket at the Corozal post exchange.

The soldier left the store without pay-

ing for the merchandise before she was detained by store security in the parking lot.

Shoplifting is a serious crime in which everyone pays. The thief gets the criminal charges, while the customer pays higher prices.

Stolen vehicle

A service member recently had his privately owned vehicle stolen while it was parked by the El Dorado Mall.

Though the vehicle was recovered, the stereo, equalizer, amplifier, two speakers and cassettes had been stolen.

Report suspicious activity to the military police by calling 287-4401 or 289-5133.

Found, but not yet returned

The following items have been turned in to the military police: Casio watch, item 110-94; Homelite weed eater, item 128-94; necklace, item 129-94; class ring, item 134-94; wallet, item 135-94; wallet, item 141-94; Spectrum stroller, item 149-94.

Housing area crimes

The following crimes occurred in on and off post housing areas Sept. 3-9.

Crime Scene



Pacific	property
Fort Clayton	El Dorado - one larceny of secured private property
500 area - one larceny of unsecured private property	
Off post	Atlantic
Panama City - one larceny of secured private property	Fort Espinar - two larcenies of unsecured private property and two larcenies of secured private property
Balboa - one larceny of secured private	

Tropic Times

Bldg. 405, Corozal, Phone 285-4666

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New inspection focuses on quality criteria

by Capt. Tom Joyce
24th Wing Assistant Inspector General

The Air Force has adopted a new inspection procedure called Quality Air Force Assessment. A QAFA is exactly what the name implies — an assessment to measure where the unit stands in its quality journey.

In the past seven years the Air Force has gradually implemented a quality approach where there is a leadership commitment and operating style that inspires trust, teamwork and continuous improvement. Quality Air Force focuses on strategic planning, teamwork, empowerment and process improvement to fulfill one common goal — total customer focus and satisfaction.

In July 1992 the Air Force developed a strategic roadmap for Quality. The

basis of this roadmap is the Quality Air Force Criteria. The criteria were adopted from the Malcolm Baldrige National Quality Award for Air Force use.

The Baldrige Award was established by Congress in 1987 to promote quality awareness and to recognize and publicize specific quality achievements.

It became clear to many U.S. government and business leaders that adopting quality improvement techniques was a must if the United States was to remain competitive in the growing world economy.

The Air Force, in turn, adopted the quality approach as a response to the dynamic changes in the international environment and ever-shrinking resources. The Quality Air Force Criteria form a cultural framework and roadmap for guiding Quality Air Force.

Like Quality Air Force, a QAFA is entirely different from the traditional

military inspection that focuses on specific behaviors and itemized taskings. In the past, Inspector General teams included up to 120 people who would visit a base and delve into almost every single action an organization does.

That is not the role of the QAFA team. For one thing, the team only has about 30 people. This equates to approximately one assessor per squadron. The assessor's job is to validate the unit's self assessment (USA), identifying strengths and areas for improvement as they relate to Quality Air Force Criteria.

Assessors try to determine senior leaders' knowledge, understanding and use of the Quality Air Force Criteria. Assessors spend up to five hours separately interviewing commanders and flight chiefs.

While they work to validate the USA, they also give commanders many ideas to improve quality—to include process

design and analysis, data collection and analysis, strategic planning, metrics, and human resource development and recognition.

After meeting with the leadership, assessors branch out and visit work centers; here their mission is to validate what the leaders have told them about quality in the unit.

Finally, the old five-tiered rating system that we've all become used to is not used in a QAFA since these "grades" do not help a unit improve or show a clear enough picture of where it stands on its quest for quality.

The QAFA is indeed different; the IG team's role isn't to find "write ups," but to teach and motivate while they validate the USA. They're as excited about quality improvements as you are.

The 24th Wing's first Quality Air Force Assessment is scheduled for early January 1995. Aim High!

From our readers

The past can't change, but attitudes should

I knew I was home when I landed on the ground. I could smell the jungle, the damp earth, the ozone of a coming rain. The birds in the trees were making their familiar sounds.

My eyes looked toward the towering hills and the dark rain clouds. The slight sheen on my skin. The taste of salt from the ocean.

Yes, I was home. Though it had been nine years, it felt like 90. But, there was no fanfare, no parade, no familiar face to greet me. The home I had returned to had changed, but I had not realized how much. I came home as a member of the military, prepared to do a job. But I also came as a "zonian," to my home that had changed forever in history, but not my heart.

Now, after three years, I've noticed something I wish to share. I am one of the few left of a society whose families came to live and work, to contribute to a way of life different than most, to a place and a canal. It started in 1904, with a dream, an unrealistic venture come true. A canal, one that would connect one ocean to another, bringing commerce, people, nations, customs with a difference together. The dream of a handful of men, with an outcome that affected thousands of people, and continued that tradition for over 75 years.

But on Oct. 1, 1979, it changed, because of two signatures on a piece of paper. "Zonians," who had never lived anywhere else but the canal zone, some of us second

and third generation, who helped bring two oceans and people together, were no longer welcomed. Our families, who were canal workers and engineers, exhumed from cemeteries and transferred to places unknown, our privileges and pride taken roughly from us, leaving no alternative but to accept it or leave. A society forcefully shoved from their homes, as their pleas were ignored. But that was 14 years ago. It is the past, over—unable to change.

But there is something I would like see change. And that is attitudes. I would like to see the perception of "zonians" as imperialistic colonials change, as not being as good as Americans from the United States. No longer do I want to be condemned for what I am or where I'm from. I am not a colonist, nor did I exploit this country and its people.

Yes, our way of life was different, and yes, we sometimes wish it had not changed, but damning us and treating us like outsiders is just not right! These attitudes need to change. But like any change, a tale needs to be told to perhaps convince those who need convincing. Well, this is mine—one of many hundreds that have never been heard.

In the late 1970s, after graduation, I tried to apply for an apprenticeship program as a tugboat pilot. My dream was to remain in the canal zone, and work for the canal like my family before me.

At the time, I was a summer hire working as a plumber

apprentice on the Atlantic side. I applied for the program, but it was denied due to my American citizenship. Unbeknownst to me, the treaty stipulated that a Panamanian would have a better chance of certain jobs based on his citizenship, not his skill. To be accepted I was to give up my American citizenship. Not willing to do that, I then tried to attend the Canal Zone College, now the PCC College. Unfortunately, the tuition fee had gone up so much that I could not afford to go. After a year of unemployment, I went to Howard AFB and joined the Air Force. Eleven years later, I got stationed "home."

The bottom line is this. Military people who are stationed in Panama come from places such as Kerville, Texas; Toledo, Ohio; or Anyplace, U.S.A., and bring some of their roots with them. I am no different. My home just happened to be here. I just happen to have had a lifestyle unlike yours. My climate is not similar to what you are used to in the States. My forest happens to be a damp, humid jungle and your fishing hole back home is my Gatun Lake. But, the difference in all of this is, I do not condemn you for where you call home. I do not speak of your home town in words so harsh to bear. I too am asking the same.

So, when you speak of "us," the "zonics," we're not asking to be treated different, just to remember us for whom we are. Talking to someone like me could educate you about what you now temporarily call home.

Lynnette Stokes

Direct Quotes

How does Panama differ from your home town?



"They don't have good bagels here. But the maids are less expensive." (Long Island)

Maj. Peter Devlin
SOUTHCOM J-2



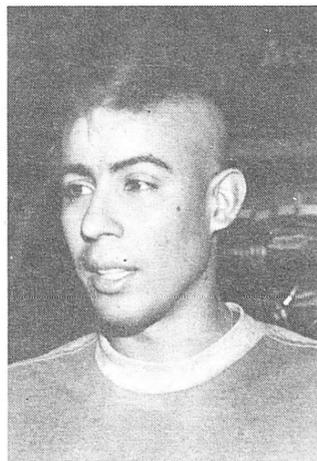
"It's rainier and more humid than in Texas. I enjoy being able to go to the beach and swim all the time."

Debbie Fogle
Air Force family member



"It's not as congested (in Greenville, N.C.) The weather is better here."

Tech. Sgt. William Mackey
24th Transportation Squadron



"Panama is always so crowded and busy. I come from a small town." (New Jersey)

Sgt. Hector Robles
3rd Special Operations Command



"I'm from a little bit of everywhere, but the fishing is better here. The countryside is gorgeous."

Chief David May
Counseling Assistance Center, Rodman NS

The opinions expressed on this page are those of the commentary writers and Direct Quotes respondents only. They do not reflect the views of U.S. Southern Command, the Department of Defense or the U.S. government. Readers may submit commentaries — or responses to commentaries — to the *Tropic Times*. The staff reserves the right to edit for brevity, clarity and appropriateness. All submissions must be signed, but names will be withheld upon request.

Cabanas '94-II: Troops from four nations converge on Arkansas for joint training

QUARRY HEIGHTS (SOUTHCOM PAO) - While other U.S. troops were preparing to go to Haiti, about 1,150 U.S. soldiers were training for coalition operations of another sort at Fort Chaffee, Ark., and Rodman NS in Panama, in exercise Cabanas '94-II.

The exercise ended Sept. 22, bringing to a successful conclusion training between U.S. Special Forces units from the United States and Panama, and military forces from Colombia, Venezuela and Ecuador.

Approximately 1,150 U.S. soldiers from Panama and the United States formed a coalition task force with approximately 525 people from the three Latin American countries.

Cabanas is an annual Special Operations Command South exercise designed to train U.S. soldiers, promote regional security cooperation and respect for human rights, develop internal defense techniques, and promote military-to-military relations.

"The purpose of Cabanas 94-II was, first, to train our soldiers, while also learning how to work better with our allies," said Capt. Jim Knotts, the exercise spokesman.

The exercise scenario involved the formation of a coalition under the auspices of the Organization of American States, called on to counter narco-guerrilla attempts to control the fictitious island nation of Victoria off the west coast of Colombia. Narco-guerrillas are groups of armed insurgents who wanted to overthrow their legitimate democratically-elected governments and finance

their activities by providing security for drug traffickers.

"The training in how to form a coalition was especially valuable," Knotts said. "More and more, international coalitions are being formed to handle problems. Militarily, coalition operations bring a host of challenges, the most obvious being language, equipment and doctrine. This exercise has made us all more aware of how to overcome those challenges," he said.

The coalition task force was commanded by Ecuadorian Col. Jaime Cordova, with battalions from each of the Latin American countries. The U.S. Special Forces coalition supporters were divided into 12-man teams, attached to the allied commanders at battalion and company level. A larger special forces team was integrated into the task force staff. The overall exercise was commanded by Brig. Gen. Kenneth Bowra, commander of Special Operations Command South.

"Having Colonel Cordova as commander of the troops on the ground was key to the success of this exercise," Knotts said. "Having a Latin American in command helped bring together our Latin American allies by demonstrating how much they have in common. These three countries interact on a daily basis in real-world operations, so having them integrated into a combined task force will help them in the future as they battle

the narco-guerrillas."

Although these narco-guerrillas were simulated, many of the Latin American soldiers came from real-world battles against real-world narco-guerrillas, making the training even more valuable as U.S. soldiers learned from their combat veteran allies. U.S. military members do not participate in actual counterdrug field operations, but do provide training assistance to allow their Latin American allies to conduct operations more successfully against narco-guerrillas.

Another important aspect of Cabanas 94-II was the concentration on human rights

training in every aspect of the training events, according to Knotts. He said that human rights training refers to specific skills like discriminating between civilians and combatants on the battlefield, proper treatment of enemy prisoners and enemy wounded, law of land



Marksmanship with the M-16A1 was practiced by U.S. and Latin American soldiers during the exercise.

Combat Camera (cc)



Colombian soldiers become familiar with the U.S. M-16A1 rifle during the exercise at Fort Chaffee, Ark.

Combat Camera (courtesy)

warfare, concern for local populations and landmarks, respect for legal rights and identification of areas that should be restricted from combat operations.

As part of the scenario, exercise participants encountered role player "civilians" on the battlefield in every event. Observers from human rights organizations and the U.S. government visited the exercise Sept. 8-10 to observe training.

"In the United States, we don't get our soldiers on the first day of basic training already knowing the law of land warfare or the protocols of the Geneva Conventions," Knotts said.

"We have to educate our troops continually on human rights issues, and give them an opportunity to practice those skills just as they practice map reading and marksmanship. Our soldiers fight like they have been trained, so we give them the opportunity to practice making those tough judgment calls in exercises like Cabanas," Knotts said.

Soldiers from Fort Bragg's 7th Special Forces Group deployed Aug. 2 to Colombia, Venezuela and Ecuador to conduct pre-deployment training. The

troops arrived in Arkansas Sept. 6-7.

The exercise was administered by cadre members of the U.S. Army Joint Readiness Training Center, which conducts training for U.S. units throughout the year.

U.S. forces deployed to the Joint Readiness Training Center facilities in Arkansas include U.S. Southern Command's Special Operations Command South from Panama, 7th Special Forces Group at Fort Bragg, N.C., and U.S. Air Force Special Operations Command at Hurlburt Field, Fla.

The Panama-based Naval Special Warfare Unit-8 and Special Boat Unit-26 conducted riverine training in Panama with a small number of soldiers from Colombia and Ecuador (approximately 100 U.S., 10 Ecuadorian and 10 Colombian).

In addition to task force staffs from each country, the Latin American forces included: two infantry companies from Colombia, one infantry company and one National Guard company from Venezuela, and one infantry company from Ecuador — approximately 175 from each country.



A patrol boat from Special Boat Unit 26, Rodman NS, participates in the local portion of Cabanas '94 II.

(U.S. Navy)



A soldier from the 7th Special Forces conducts a class with U.S. and Latin American soldiers. Observers from human rights groups and reporters look on.

Combat Camera (courtesy)



Brig. Gen. Kenneth Bowra (right), commander of Special Operations Command South and exercise commander, greets Ecuadorian Col. Jaime Cordova, commander of the Coalition Task Force.

Combat Camera (courtesy)

1097th named unit of the year

FORT DAVIS (USARSO PAO Atlantic) — The 1097th Transportation (Composite Boat) Company has beat out active duty transportation units in nine different U.S. Major Army Commands to win a prestigious transportation award.

The National Defense Transportation Association selected 1097th Trans. Co. as the Army-wide, active duty Military Unit of the Year, according to a message from Lt. Gen. (Ret.) Edward Honor, president of NDTA.

The unit's heavy- and medium boat platoons had 5,398 and 1,135 mission hours respectively in 1993.

The heavy boat platoon's missions spanned South and Central America as well as the United States, said Capt. Marshall A. Gutierrez, commander, 1097th Trans. Co.

The company's real-world missions played a key part in its selection as the best in active Army transportation, Gutierrez added.

"The 1097th (Trans. Co.) performs more missions than any other (U.S. Army) waterborne transportation unit in the world," he said.

Furthermore, the award illustrates that the unit performs these missions well, Gutierrez said.

"It shows that our soldiers do their missions every day and that they do them best," he said. "Our training is our mission."

The unit's packet was judged at the U.S. Army South level and the Office of the Chief of Transportation level before making it to the Department of the Army level, Gutierrez said. The MACOM submissions were evaluated on mission, readiness, supply discipline, safety and community/civic actions. This marks the first time the 1097th Trans. Co. has won the award.

The NDTA will officially present the award Monday at the Military Units Award Luncheon in St. Louis, Mo.



(Courtesy)

Cash bonus

Capt. Thomas W. Steffens, Special Boat Squadron Two commander presents a \$650 cash award to Dalys L. Collins, Special Boat Unit 26's executive secretary/accounting technician. Collins received the award for superior sustained performance



John Hall (U.S. Navy)

Joint re-up

Capt. A.N. Rowley III, commander, Naval Forces Panama, re-enlists Army Staff Sgt. Rick Gonzalez in front of Building 51, Rodman NS, Monday. Gonzalez is a member of the 36th Explosive Ordnance Disposal. Members from all services were present for the 'purple' ceremony.



(Courtesy)

Eight deployments

Capt. Thomas W. Steffens, Special Boat Squadron Two commander, presents the Navy Achievement Medal to Hospital Corpsman 2nd Class Dean C. Wells for exemplary and highly professional performance. Wells deployed in eight counter-narcotics campaigns in Latin America.

Special achievement

The following U. S. Southern Command civilians have been recognized for their accomplishments:

Special Act Award - Deborah L. Erhart, Center for Treaty Implementation.

Years of Service - 10 years: Donald L. Clapp and Kerry E. Turk, both from Intelligence Directorate; Antonieta B. Suro, U.S. Military Group Bolivia; Michael J. Pugh, U.S. Military Group Guatemala.

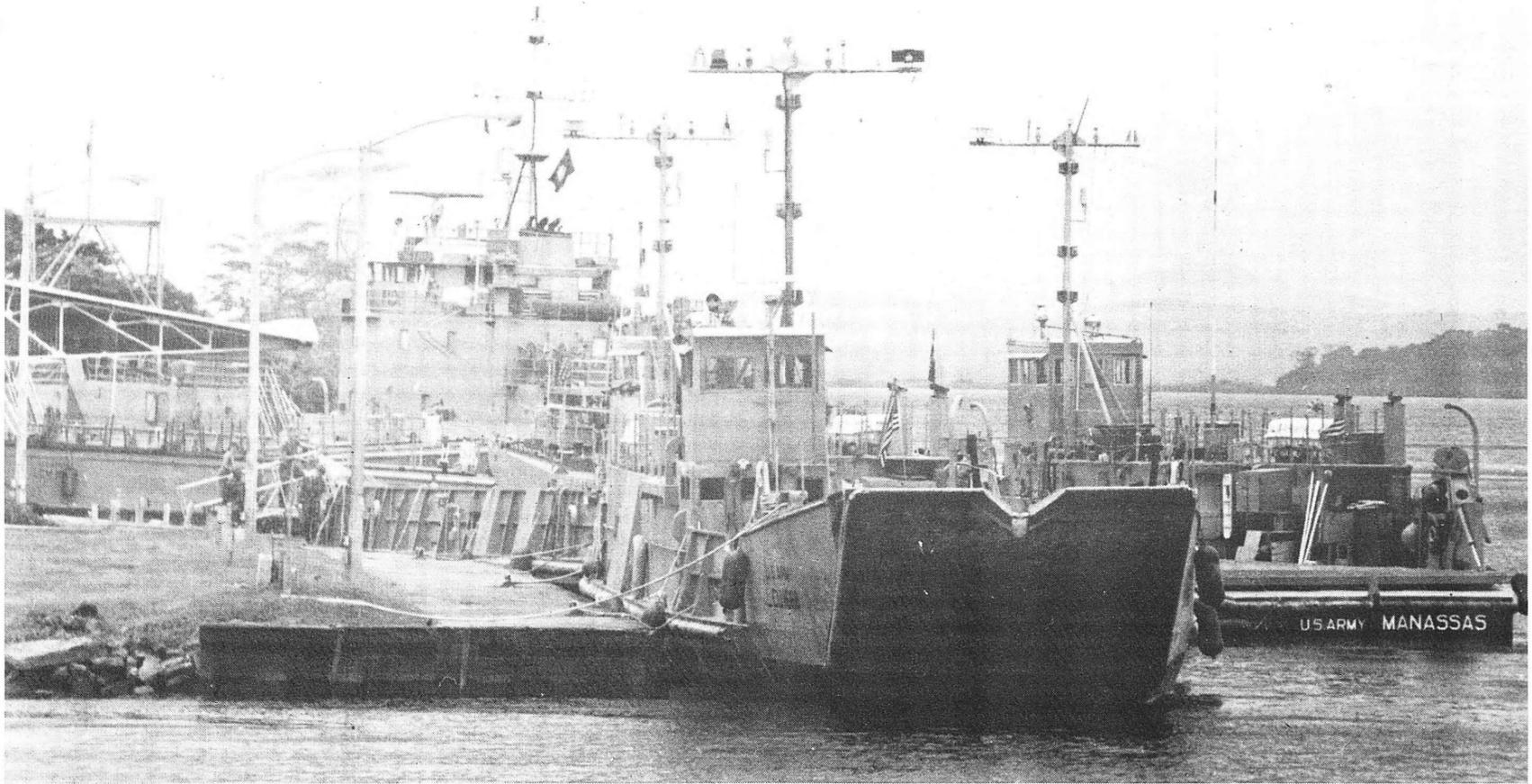
Promotion - Kimberly S. Quinn, Intelligence Directorate.



Sgt. Rick Emert (U.S. Army)

Ending 129 years of service

Five Fort Sherman Health Clinic employees (from left to right), Rodrigo Acosta, Sylvia Jones, Harold Fergus, Mary Hunter and Wilhelmina Manning end a combined total of 129 years of federal service in a retirement ceremony at the clinic Sept. 23.



Vessels belonging to the 1097th Transportation (Composite Boat) Company are docked at Pier 45 on Fort Davis.

Sgt. Rick Emert (U.S. Army)

Soldiers with sea legs

Waterborne transportation unit keeps Army missions afloat

by Sgt. Rick Emert
 USARSO Public Affairs Office - Atlantic

FORT DAVIS - The soldiers of the 1097th Transportation (Composite Boat) Company know what it's like to spend much of the year at sea. In fact, the soldiers spend an average two-thirds of each year at sea.

The unit has two Landing Craft, Utility 2000s, three LCU 1600s, six Landing Craft Mechanized 8s and a Pickett, or "J," Boat. These boats and their crews had a combined total of 224 mission days last year, said Capt. Marshall A. Gutierrez, commander, 1097th Trans. Co.

Each of the unit's four platoons has a distinct mission, and none is more important than the others, said Zimmerman.

"Our mission is to support U.S. Army South with waterborne operations," he said. "I refuse to say that the soldiers oper-

ating the LCUs have a mission more important than the soldiers in the rear. For each soldier in this unit, the most important mission is the one he's doing right now."

The diversity of missions among the platoons illustrates how vital each mission is to the unit's success, Zimmerman added.

The Headquarters Platoon logistically supports the company in garrison and on deployments. The platoon's missions include: supply, nuclear, biological and chemical training, running the orderly room and running the dining facility which also includes manning the dining facilities on the LCUs.

The Maintenance Platoon is responsible for maintenance support; petroleum, oil and lubrication support; stevedore support, hull maintenance; communications equipment repair; and ramp preparation of unimproved landing sites. The platoon has

a welding section, including a machine shop, to accomplish the maintenance and repair missions.

The Medium Boat Platoon, including the operators of LCM 8s and the "J" Boat, provide waterborne transportation on the coastal waters around Panama and the Canal Operating Area. The missions include supporting the Jungle Operations Training Battalion and rotational units. It supports U.S. Southern Command by transporting oversized trucks and equipment that cannot be driven across the Gatun Locks. The oversized vehicles are loaded onto LCM 8s at Dock 45, Fort Davis, and off-loaded at Sturgis Landing. The platoon performed 331 missions in 1993 moving more than 2,891 tons of equipment and 9,872 passengers with more than 1,135 hours underway.

The Heavy Boat Platoon's LCU crews provide long distance transportation of

oversized and bulky equipment that is uneconomical to be transported by commercial means. The platoon completed 44 missions in 1993 carrying more than 3,912 tons of cargo more than 53,701 nautical miles. The LCU missions have reached much of South and Central America including: Colombia, Costa Rica, Guatemala, Belize, Guyana and Honduras.

The successful completion of so many missions can be credited to the ability of each soldier in the company, Zimmerman said.

"What is very unique about the 1097th (Trans. Co.) is the pride our soldiers have in being able to perform real-world missions in what must be considered a dangerous environment — the open sea," Zimmerman said. "Our people are very good at what they do; the proof is in our safety record and the number of successful missions completed."

Information bureau updates world about Cuban camps

by Staff Sgt. Jane Usero
 JTF-Safe Haven Public Affairs Office

CAMP ROUSSEAU - Operation Safe Haven has been on television, in newspapers and on the radio all over the world since the first Cuban stepped off the airplane at Howard AFB several weeks ago.

Getting the information to the media and setting up interviews with military leaders doesn't just happen by itself. It is the mission of the Joint Information Bureau to ensure the accurate and timely release of information.

The JIB for Operation Safe Haven was set up here just prior to the expected arrival of Cubans at the community camps. Everything from chairs to computers and typewriters to telephones had to be moved in, set up and ready to use within days.

Setting up and running the JIB fell on a joint military public affairs staff. Maj. Debbie Haston-Hilger, the Southern Command Theater Support Element commander, was a central figure in JIB operations from the beginning and eventually became director of the JIB until returning to her unit last week.

"Military from all branches of the service were involved in setting up and running the JIB," Haston-Hilger said. "There are civilians and servicemen from SOUTHCOM and U.S. Army South Public Affairs offices

as well as Army and Air National Guard and Reserve units.

"We have functioned as one big family," Haston-Hilger said. "There wasn't any of the normal inter-service rivalry you might expect. We all came together and got the job done."

The job they accomplished, however, involved much more than what could be seen on the front pages of newspapers or on the 10 o'clock broadcasts.

With media representatives from as close as Panama City, as far away as China and as internationally known as CNN, AP and UPI, the JIB has been kept busy.

Each of the 292 media representatives who came to Panama had to be accredited and given identification badges, given daily reports, statistics and updates and escorted to the community camps and the reception center, Haston-Hilger said.

In addition, daily press conferences are set up and conducted, telephonic media queries are answered, media trends are tracked and analyzed and senior leadership is helped with media encounters, she said.

With everything involved in running a JIB from the media standpoint, there are also the mission requirements of transportation, food, housing, supplies and various other necessities of any operation. This, too, fell to the JIB staff.

Servicemen from units such as the 361st Public Affairs Detachment, U.S. Army Reserves of New York, and the 77th Army Reserve Component of New York have been helping the JIB run smoothly.

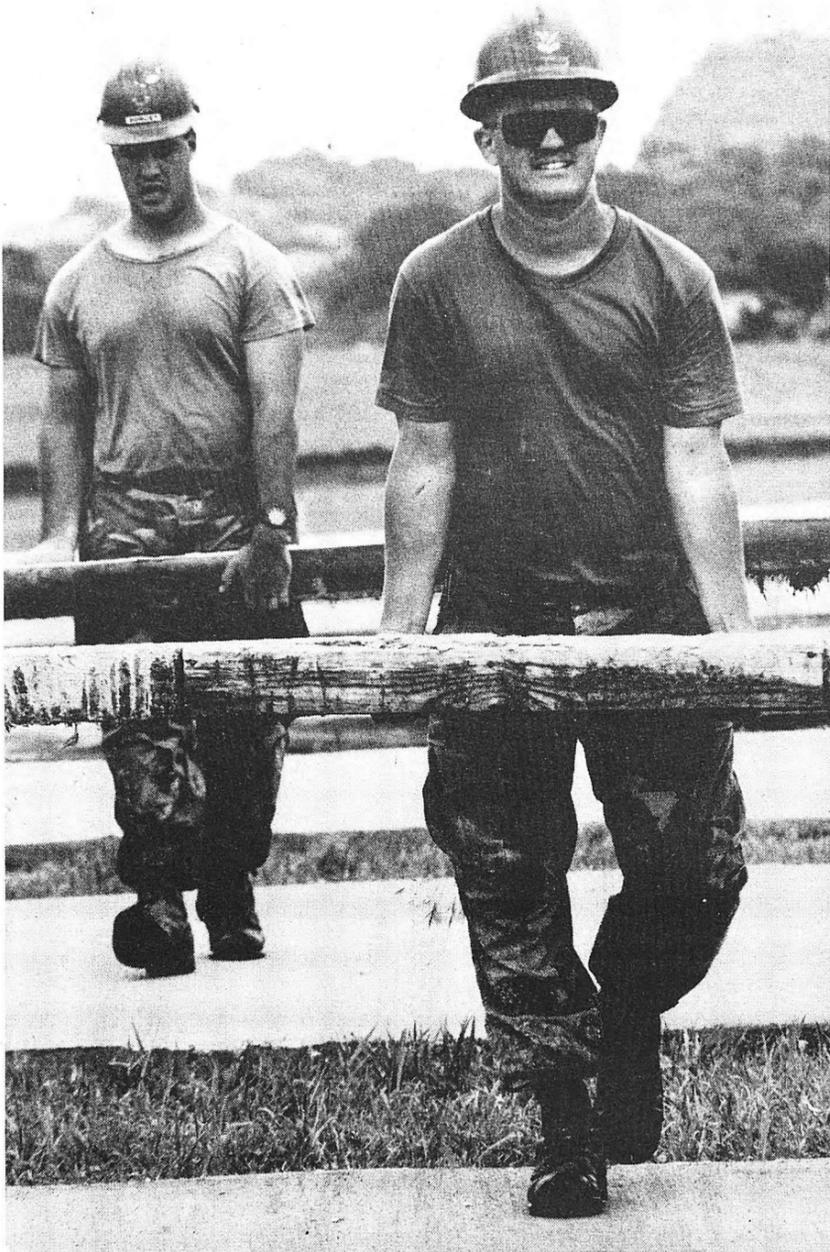
"The 361st was down here on their annual overseas training and, once they finished, they helped at the JIB," Haston-Hilger said. "About half of those in the 77th volunteered to stay and help for an additional week and three of the officers extended for another 90 days.

"What makes this extraordinary is that these people have jobs back home," she said. "Their employers have supported them in this mission by giving them the extra time off to be here helping us."

Though the mix of active soldiers, sailors and airmen, Guard, Reserves, officers, enlisted and civilians from within public affairs and from other fields made for a unique working environment, the JIB came together as one unit.

"We all worked many long, hard hours to meet the mission," Haston-Hilger said. "But the key to the success of the JIB is teamwork — and that is what we had from everyone involved from the very beginning."

Though she is quick to praise the JIB staff for meeting their mission, Haston-Hilger looks elsewhere when talking about the overall mission of Operation Safe Haven. "Credit goes to those in the mud for the success of the mission," she said.



Petty Officer 2nd Class Robert Taylor (U.S. Navy) Petty Officer 2nd Class David Berry (front) and Petty Officer 3rd Class Brian Dorsey from the Public Works Department help build camps for the Cuban migrants at Empire Range.

Seabee selected to work in the State Department

by John Hall
Rodman NS Public Affairs Office

RODMAN NS - A petty officer working with the Public Works Department here was recently selected to work in the State Department in Washington, D.C.

David Berry, a utilitiesman and Seabee, comes from a family of government workers. His parents are enlisted soldiers, his brother a warrant officer. His sister is a Department of the Army civilian and his step-father's an Army officer.

In December, Berry will have a family reunion of sorts when he leaves for the nation's capitol where his brother and sister work. His wife, Janet, is a petty officer third class working at the base administration office.

To be considered for the appointment, Seabees must be an E-5 or above and put in a request through their career counselor. During the initial screening, officials conduct a special background investigation to receive a top secret clearance. State Department officials said only the top 1 percent to 2 percent in each rate are selected.

Berry, who likens the selection process to that of the chief's board, said he chose the move to enhance his career.

"This gives me the chance to set myself from my peers," Berry said. "My higher-ups said it's like moving up two rungs on the career ladder and improves my chances of making chief."

Berry's supervisor Chief Dale Cashman said Berry's the man for the job.

"He's highly-motivated, very astute and career-minded," Cashman said. "He's the kind of person they're looking for."

As the 10-year veteran talks about why he joined, Berry remembers he didn't want to get involved in the things his friends were doing in California.

"My friends were getting into drugs and gangs, so I called my mother and told her I had to get out of there," Berry said. The 18-year-old moved to Aberdeen Proving Grounds, Md., where his mother was stationed and worked in construction. Berry eventually grew tired of working for someone who wouldn't show him everything he wanted to know, so he followed the family tradition and went to the Army recruiter.

"I wanted to get into medical, computers or special forces, but the Army recruiter was being real vague about what was available," Berry said. "I figured I didn't belong to anyone, so I went to the Navy."

The Navy recruiter told him about the job Seabees do. Because of his background in construction, Berry signed on the dotted line.

As a utilitiesman, his job is working with air-conditioners, refrigerators and boilers — as Berry puts it — he's a high-tech plumber.

Berry is also a money-saver, to the tune of \$1.3 million. For a year, he stayed after work sifting through paperwork on more than 100 work requests. He pulled out jobs that could be done by self help. He and the commander decided what could wait and what couldn't. Berry also revitalized the unit's energy conservation program. He said when the unit picks up the program it will save \$35,000 a year.

When he wasn't saving the Navy money or stuffing the suggestion box with ideas, Berry had time to win the recent sailor of the quarter board.

Berry said he will be "hopping around the world" in his new job, going on temporary duty to U.S. embassies and consulates around the world. Chances are sooner or later his job could bring him back to Panama and he'll be able to say he's just passing through.

Yale is calling

Navy SEAL leaves service for Ivy League education

by John Hall
Rodman NS Public Affairs Office

RODMAN NS - While attending the U.S. Naval Academy in 1984, Lt. Harry Wingo had his sights set on being a pilot, but became a SEAL instead. Now he's chosen another career change — becoming a lawyer with an Ivy League education.

Wingo, from Special Boat Unit 26 here, received news he was selected this May by two universities. His choice was tough, Harvard or Yale. Wingo picked Yale, the most selective school in the

country, that takes only 175 students a year from a pool of more than 5,000.

Size was a deciding factor for Wingo. "I wanted Yale because it is smaller. I'm used to working in small groups," Wingo said. "This way I'll know most of my classmates and Yale isn't a 'lawyer factory' like Harvard."

Location was also important for the 28-year-old Annapolis, Md. native. Yale's campus of New Haven, Conn., is a seven-hour drive to his home. Wingo said he wanted a chance to set his roots because during his Navy career he's seen his family infrequently.

Wingo's family may have also influenced his decision to study law. His father was a warrant officer in the Army's Judge Advocate General Corps.

Originally, Wingo narrowed his school choices to Georgetown University and the University of Virginia. He sent his transcripts to the Ivy League schools "just to give it a try," figuring he had a very small

"I wanted Yale because it was smaller. I'm used to working in small groups . . . and Yale isn't a 'lawyer factory' like Harvard."

Lt. Harry Wingo
Special Boat Unit 26

chance. At 5-feet, 9-inches and 175 pounds, Wingo may not be as big as people think SEALs usually are. "SEALs come in all shapes and sizes," Wingo said. "But no matter what the size, it's what's inside the SEAL that counts," he said.

Six years and 28 pounds ago, Wingo was a national boxing champ at the Naval Academy. The two-time All-American doesn't get much time to box these days, but says he still hits the heavy bag occasionally.

Wingo leaves Panama and the military in December, but not before he had a chance to use the Spanish he learned at the Defense Language Institute in Monterey, Calif.

"Foreign cultures fascinate me, but I'm going to miss the weather the most. I'm going to freeze at Yale."



Lt. Harry Wingo

John Hall (U.S. Navy)



Sports

Sept. 30, 1994

Quarry Heights, Republic of Panama

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Youth soccer kicks off

by Spc. Tom Findtner
Tropic Times staff

HOWARD AFB - Kickers and Strikers, Rockets and Rowdies, Comets and Lasers, Pumas and Pirates... No, these were not characters from a bizarre science fiction movie, they were just a few of the teams gathered for the start of the Howard/Albrook Youth Activities 1994 fall soccer season Saturday.

A menagerie of youths, donning brightly-colored uniforms, trotted onto the Howard Parade Field for the opening ceremony.

After each team and its coach was introduced to a crowd of family and friends, the

youngsters recited the "Athlete's Pledge" of sportsmanship.

A short time later, the games began. Energetic children sprinted up and down the grassy fields, chasing elusive soccer balls in an attempt to score a prized goal. As coaches shouted instructions and strategy to their players, the excited crowd cheered.

The league is comprised of five divisions, 24 teams and 323 participants between the ages 6-18, according to Vincent Duncan, youth activities sports director.

Before being assigned to a team, each player undergoes a pre-season skills evaluation test. This ensures that the teams are as even as possible, Duncan said.

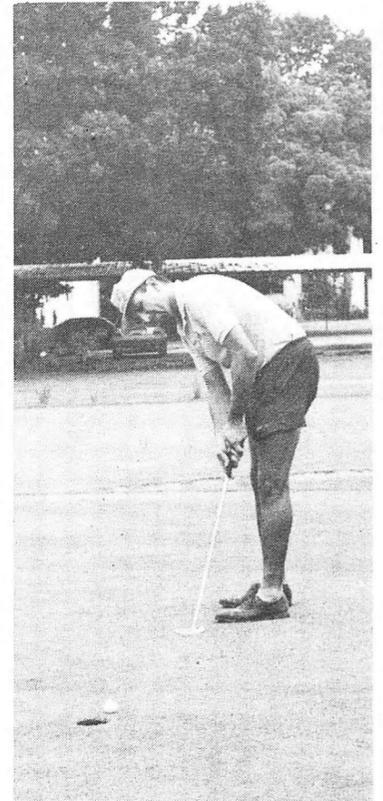
"In this program, all the kids are winners

so we don't bother keeping track of the wins and losses," he said. "I get a big thrill seeing the kids improve over the season."

Duncan emphasized that at this age level, children should just focus on sportsmanship and learning the game.

"Soccer promotes both competition and friendship," Duncan said. "It's the only game played in every country in the world and provides a common bond between players that overcomes traditional barriers such as language, customs and nationalism."

After several hours of play, a heavy rain began to fall. However, it did not dampen the action on the field. Judging from the smiles on the faces of the young athletes, a good time was had by all.



Maureen Sampson (*Tropic Times*)

Tourney winner

FORT AMADOR (*Tropic Times*) - Lee Weigt putts at the 9th hole Saturday at the Fort Amador Medal Play tournament. Nearly 50 golfers participated in the tournament where prizes were given for the best net and gross score in four different flights. The winning golfers each received a \$45 gift certificate from Amador Golf Course. Golf course manager Patricia Peart said these types of tournaments are held twice a year. Amador's next tournament will be the Columbus Day tournament Oct. 10. It will be a three-man Mexican best ball format. Golfers may use only three clubs, and one of them must be a putter. Deadline for signing-up is Oct. 7. Call 282-4511/4838 for details. Here are the results of Saturday's tournament:

Championship flight
Gross - Clark Brandenberg, 74
Net - Al Solis, 67

First flight
Gross - Lee Weigt, 75
Net - David Leonard, 64

Second flight
Gross - Alberto Restrepo, 83
Net - Alan Gordon, 65

21 and over flight
Gross - Brent Barrett, 96
Net - Elijah Gordon, 67



Spc. Tom Findtner (*Tropic Times*)

Several 6- and 7-year-old soccer players chase down a loose ball on opening day of the Howard/Albrook Youth Activities fall soccer season. The Bullets defeated the G.I. Joes 2-0 in the game.

Football Page 14

High school football continues as the Curundu Cougars claw Balboa's Red Machine, 22-0.

NFL picks Page 15

John Hall reflects on historical week four and makes predictions for this week's games.

and more Page 15

- ◆SCN AM radio schedule
- ◆Local sports standings
- ◆Fishing tournament

Cougars maul Red Machine

by Jack Miller
Tropic Times contributor

BALBOA - A sympathetic shoulder will be provided to any soul not at Balboa Stadium Sept. 23 to witness Buddy Martens' second half heroics in a 20-0 stomping of the Balboa Red Machine.

Martens is the first junior in 12 years to start at quarterback for the Curundu Cougars varsity football team, but his inexperience certainly did not look like it was constricting him.

"I have complete confidence in my quarterback," Cougars Coach Fred Bales said.

"Although he is inexperienced, his devotion to this team has made him a leader."

Before the game, Red Machine Coach William Fahy commented on the defensive strategy his team planned to use.

"We'll double team (wide receiver) Robert Reyes, as all teams do, and hopefully hit him a few times in the process," he said. "Our intention is to shake up the entire Cougars offensive unit with physical play."

The game began just after 5:30 p.m. and the forementioned physical play accompanied it. On fourth down and eight, at the Cougars 30 yard line, the Machine was called for roughing the kicker, which re-

sulted in a first down for Curundu. As the drive continued, a vicious hit was dealt by Machine linebacker Sam McGuinness to Cougars running back Raul Chang for a seven-yard loss. The drive resulted in a Lance Von Hollen missed field goal, and the Cougars came away empty-handed.

The Red Machine's quarterback controversy between junior Jared Holzworth and sophomore Donnie Husted continued this night. Holzworth started, but only completed one pass in the first half. His team's running game was practically silent, with the exception of Jason Lloyd's 43-yard jaunt into Cougars territory late in the first

half. This resulted in Shawn Scott's missed field goal and both teams went into the locker room at the half with zip to show on the scoreboard.

All that changed when the Machine fumbled the opening kickoff and Martens marched onto the field with his game face on. Eight plays later, a 13-yard slant pattern pass to wide receiver Mike Morales made it 6-0, Cougars. Curundu's two-point conversion failed, but a sense of superiority could be felt on the Cougars sidelines.

The Machine continued to squander their precious possessions, while the Cougars kept attacking. Early in the fourth quarter, rookie running back Jelani Jordan ran an eight-yard sweep into the end zone to make it 12-0 Cougars. Once again, Curundu was denied the two-point conversion, but the Machine was digging its own grave.

Late in the game, and deep in its own territory, the Red Machine decided to go for it on fourth down. They were emphatically stuffed by the awesome Cougars defense. Three plays later, Martens hit Morales once again in the scoring zone to push the Cougars lead to 18-0.

Then Morales made the catch of the night, a diving effort onto the running track located along the back of the end zone, to tack on two more points and seal the Cougars victory at 20-0. That was all she wrote.

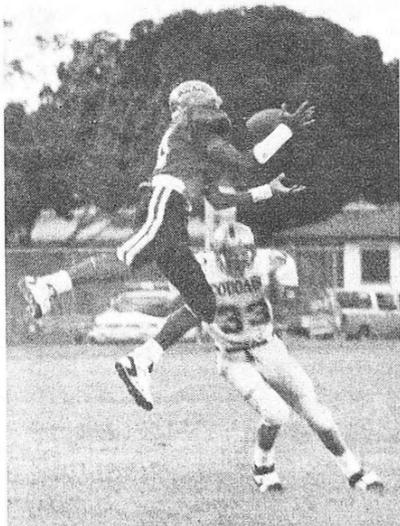
The game was marred in the third quarter when Reyes had to be carried off the field. He was blindsided by a Machine player, while providing coverage on a punt. The report was his left knee is hyperextended, and he will be out for one to two weeks.

"We respect all opponents, and we feel fortunate that we were able to come out and control the tempo of this game," said Coach Bales after the match.



Spc. Tom Findtner (Tropic Times)

Cougars Jelani Jordan (34) takes a shot from Red Machine defensive end Jason Lloyd as pursuit closes in.



Spc. Tom Findtner (Tropic Times)

Machine wide receiver Tony Wrice soars high above Curundu's Mike Morales to haul in a catch.



Spc. Tom Findtner (Tropic Times)

Robert Reyes tries to escape from Machine defenders on a punt return.

Coach says 'thanks'

To all Jamboree participants,

At the Jamboree at Cristobal High School, I was overwhelmed as you dedicated the Jamboree to me. I really didn't deserve the honor because it has always been the football players who deserve the praise. They make it happen. I was only there to help.

To all Cristobal Tigers, I say a big thanks and I'm glad to see that the Tiger spirit is still there. Even in this last year, the Tigers are still growling.

To the Pacific side, I was humbled by your words and by your way of including me in your lives. I felt my Tiger paws were always so obvious, but you made me realize that love of the game and tradition speak louder than allegiance to any one team. You were too good to me. My deepest thanks.

It was good to be back in Panama. You know I've always loved Panama just as I've always loved the game of football. Thank to everyone who helped make the evening special to me.

Coach Luke Palumbo

Scoreboard

League leaders

Rushing			
	Carries	Yds.	Avg.
W. Reese, Devils	43	388	9.02
J. Guerra, Tigers	45	347	7.71
C. Hall, Bulldogs	45	169	3.75

Scoring			
	TD	XP	Total
W. Reese, Devils	5	0	30
J. Guerra, Tigers	3	0	18
J. Jordan, Cougars	3	0	18

Quarterbacks				
	PA	PC	%	Yds. Int.
C. Lampas, Devils	22	14	64	202 1
B. Martens, Cougars	45	19	42	277 2
A. Beach, Bulldogs	21	6	29	106 3

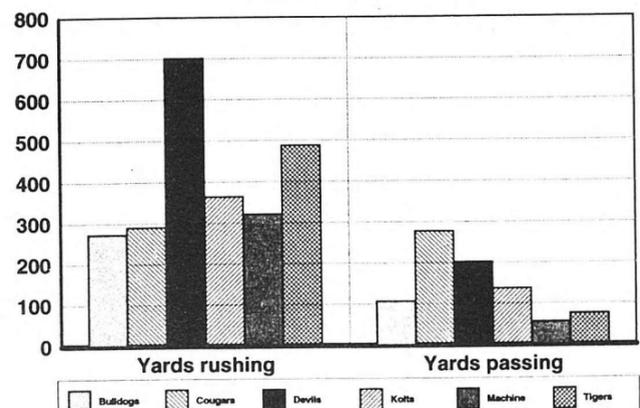
Interceptions	
A. Beach, Bulldogs	4

Kick offs			
	Kicks	Yards	Avg.
L. Von Hollen	9	447	49.6
C. Lampas, Devils	14	553	46.3
L. Sosa, Kolts	4	169	42.2

Punts			
	Punts	Yds.	Avg.
G. Acosta, Bulldogs	1	52	52
R. Chang, Cougars	2	85	42.5
L. Sosa, Kolts	5	195	39

Team standings						
	W	L	T	Pct.	PF	PA
Devils	3	0	0	1.000	73	0
Cougars	3	0	0	1.000	63	27
Bulldogs	2	1	0	.667	21	52
Tigers	1	2	0	.333	30	35
Kolts	0	3	0	.000	37	68
Machine	0	3	0	.000	13	55

Team statistics



Source: Robert Best

Devils and Cougars undefeated in football

Week three results:
 Curundu Cougars 22, Red Machine 0
 Green Devils 8, Cristobal Tigers 0
 Balboa Bulldogs 15, Kiwanis Kolts 13

Last Night:
 Machine vs. Kolts (BHS) -- game results determined after press time

Tonight's games:
 Tigers at Bulldogs, 5:30 p.m. (BHS)
 Devils vs. Cougars, 7:45 p.m. (BHS)

SCN AM Radio 790/1420 airs pro, college football

Saturday
 2:30 p.m.: NCAA: Univ. of Colorado at Univ. of Texas

Sunday
 Noon.: NFL: Dallas Cowboys at Washington Redskins
 3 p.m.: NFL: New York Giants at New Orleans Saints
 7 p.m.: NFL: Miami Dolphins at Cincinnati Bengals (broadcast on AFRTS television audio sound, so watch the game downtown and listen to English transmission).

Monday
 8 p.m.: NFL: Houston Oilers at Pittsburgh Steelers

Thursday
 7 p.m.: NCAA: Kansas State Univ. at Univ. of Kansas

Team triathlon scheduled from Howard Pool

A three-person team triathlon starts Oct. 22 at 6:30 a.m. at the Howard pool. Support your community and cheer for the participants. Events include a 1,000-meter swim, 25K bike race, and 10K run. The event is sponsored by the Howard/Albrook Sports and Fitness Center, 284-3451.

Albrook Fitness Center operates with new hours

Because of Operation Safe Haven, hours at the Albrook Sports and Fitness Center have been changed temporarily. The gym will be open 8 a.m.-1 p.m. and 4-7 p.m. on weekdays, noon-6 p.m. Saturday, and 1-6 p.m. Sunday.

Amador hosts three-man, best ball golf tourney

There will be a three-man, best ball golf tournament with a shotgun start 7:30 a.m. Oct. 10 at the Amador Golf Course. Registration closes Oct. 7. There is a \$12 fee covering lunch, prizes and gross and net winners.

Register now for Army intramural soccer

Registration for unit level soccer is underway. A clinic is scheduled for 6 p.m. Wednesday in the Youth Services Confer-

ence Room, Building 155, Fort Clayton. Register at the Directorate of Community Activities Sport Division, Building 154, Fort Clayton.

Bowling centers offer various programs

The Atlantic Bowling Center has family specials 6-10 p.m. Mondays, Tuesdays and Fridays in October. If interested in joining a mixed league call the Curundu Bowling Center. The Clayton Bowling Center has lunch-time specials 11 a.m.-1 p.m. weekdays. Games are 50 cents, shoes are free. The Howard and Albrook Bowling Centers have sign ups for intramurals, mixed, men, women and youth winter leagues.

Anglers go for the big one in Atlantic tournament

The Club Nautico Caribe, Panama Canal Tarpon Club and the Panama Canal Yacht Club are sponsoring the second annual Atlantic Interclub Fishing Tournament through Nov. 30. First, second and third place prizes will be awarded in the barracuda, wahoo, kingfish, jack, tuna, marlin, sailfish and dorado categories. The minimum entry in the tarpon category is 80 pounds; other entries must be at least 10 pounds. Fishing is restricted to Atlantic waters and the Chagres River. Call the Club Nautico Caribe at 241-2220, the Panama Canal Tarpon Club at

243-5316 or the Panama Canal Yacht Club at 241-5882 to register for the tournament.

Crossroads Tennis Club sponsors tournament

The Crossroads Tennis Club will sponsor a tournament open to members and non-members 8 a.m. Saturday. All Department of Defense civilians and active duty military are welcome to participate. The tournament will be held at the Cardenas Village tennis courts. For more information call Mike Goldstein at 264-5160 or Wally Murdoch at 252-2969.

Aerobic workshop offers certification testing

An aerobics workshop and certification test is being organized in the Atlantic community. The testing will be given by the American Aerobic Association International and International Sports Medicine Association from Pennsylvania. The certification is valid for two years. A minimum of 15 people are required for the class. For information, call Delinda May at 289-3163.

Fun run sponsored by Rodman Fitness Center

A 5K fun run will be held 6:30 a.m. Oct. 7. The run is open to all active duty military, Department of Defense civilians and family members. Call the Rodman Fitness Center to sign up.

Montana fails to generate scoring drive for first time

NFL week in review

John Hall
 Rodman NS Public Affairs Office

RODMAN NS - In week four of the National Football League, history was made on several counts. Joe Montana was shut out for the first time in his illustrious career, losing to the Rams 16-0. The Minnesota Vikings permitted a quarterback to pass for 300 yards for the first time in 40 games, but beat Dan Marino's fish 38-35. The Falcons won for the first time ever in Washington, stopping the Redskins 27-20.

Here are my week five predictions:

Brown out - The Jets are reeling from a home loss to the up-and-down Bears and with good reason. The Jets were a touchdown favorite and could have moved into a tie with the Dolphins on top of the AFC East. The Brownies had trouble with a mediocre Colts squad and have had problems with the Jets in recent history. The Jets have won five of the last seven in this series, including three in Cleveland. Jets 23, Brownies 16.

Giant loss - Although the Giants are the last undefeated team in the NFC, they are by no means dominating anyone. They beat the Eagles by five and the Cardinals by three. Remember, the Buddy Ryan-led Cards were blanked 32-0 by Cleveland. The Saints did lose to the Skins and edged the Bucs by two, but looked tough against the 49ers last week. The Giants must fall from the unbeaten. Saints 17, Giants 13.

Ram slam - The Rams may still be glowing after their historic win last week. It was extra sweet for many of the Rams who faced Montana in his 49er days, but it's time for a letdown. The Falcons are also flying high and actually own the Rams in the '90s. Atlanta has taken six of the last seven from its NFC West nemesis. Make it seven of eight. Falcons 24, Rams 16.

Pop goes the Patsies - The Pats beat the mysterious Lions who were fresh off a Monday night victory over the Cowboys. Green Bay didn't have much of a challenge against the Bucs in a 30-3 win. These teams have only played four times, the last of which was a 45-3 smashing by the Pack in 1988. With the Pats' high-scoring offense and porous defense, 45 points is possible, but not probable. Pack 30, Pats 23.

Steelers drill Oilers - Granted, Pittsburgh is shaky after a 17-point loss to Seattle, but Houston didn't exactly stomp the Bengals last week. This is one of the most heated rivalries in the league, but has lost much glimmer since the 1970s. Cody Carlson is back under center for Houston, but could only muster 20 points on the Kitties. Steelers 24, Oilers 13.

Bills 26, Bears 10; Cowboys 24, Redskins 10; Lions 16, Bucs 9; Vikings 27, Cards 10; 49ers 24, Eagles 13; Seahawks 20; Colts 14; Dolphins 27, Kitties 10. There are open dates for Denver, Kansas City, San Diego and the L.A. Raiders.

Last week 8-4, season 31-23, Monday night 3-1.

National Football League week four standings

American Conference						
East						
	W	L	T	Pct	PF	PA
Miami	3	1	0	.750	126	101
Buffalo	3	1	0	.750	83	85
New England	2	2	0	.500	123	122
N.Y. Jets	2	2	0	.500	69	72
Indianapolis	1	3	0	.250	90	97
Central						
Cleveland	3	1	0	.750	91	51
Pittsburgh	2	2	0	.500	70	87
Houston	1	3	0	.250	65	93
Cincinnati	0	4	0	.000	71	106
West						
San Diego	4	0	0	1.000	114	78
Kansas City	3	1	0	.750	84	60
Seattle	3	1	0	.750	106	53
LA Raiders	1	3	0	.250	95	124
Denver	0	4	0	.000	92	137
National Conference						
East						
	W	L	T	Pct	PF	PA
N.Y. Giants	3	0	0	1.000	79	63
Dallas	2	1	0	.667	63	46
Philadelphia	2	1	0	.667	66	57
Washington	1	3	0	.250	88	110
Arizona	0	3	0	.000	29	66
Central						
Minnesota	3	1	0	.750	100	68
Chicago	2	2	0	.500	76	88
Detroit	2	2	0	.500	71	78
Green Bay	2	2	0	.500	67	50
Tampa Bay	1	3	0	.250	43	70
West						
San Francisco	3	1	0	.750	119	70
Atlanta	2	2	0	.500	96	94
LA Rams	2	2	0	.500	62	77
New Orleans	1	3	0	.250	63	99

Local standings

U.S. Air Force Unit-level Basketball American League Northern Division				U.S. Army Unit-level Basketball Green League				U.S. Navy Unit-level Basketball League			
	W	L	GB		W	L	GB		W	L	GB
24th AIS/OSS	9	2	-	24th SPS (A)	10	1	-	Roadrunners	13	1	-
24th Trans.	6	7	4	640th AMSS (A)	9	2	1	SBU-26	12	2	1
24th AIRPS/SVS	7	6	4	24th Comm. (A)	6	5	4	IANTN	7	7	6
24th Supply (B)	5	7	4.5	24th Med. Grp.	1	10	9	Port Svcs.	6	8	7
Co. A, 1-228th	3	7	5.5					PWD	6	8	7
Southern Division				Western Division				Marines	5	9	8
24th SPS (A)	11	0	-	24th Maint. Sq.	8	3	-	NSWU-8	5	9	8
24th MSS	9	3	2.5	HSC, 536th	7	4	1	SCIATTS	2	12	11
				24th CES	6	5	2				

Top five advanced to play-offs, which began Monday and ended Thursday.

Environmental team checks up on 24th Wing

HOWARD AFB (24th Wing PA) - A team of experts from throughout the Air Combat Command came to Panama last week to help officials from the 24th Wing evaluate how well their organizations and people are protecting the environment in which they work and live.

The team also evaluated the base's compliance with the Final Governing Standards for Environmental Compliance on Department of Defense installations in Panama. These are the "Environmental Protection Agency-type" regulations under which Howard operates.

Members of this external Environmental Compliance Assessment and Management Program team are basically here to verify and confirm the findings an internal ECAMP team made in January, said Lt. Col. John Miller, chairman of the 24th Wing's pollution prevention subcommittee.

"They'll also look for any other findings the internal team may have missed," Miller said.

Overall, Howard did quite well on the assessment, said Col. Bruce Sutherland, vice wing commander at Dyess AFB, Texas, and chief of the ECAMP team.

"Like all bases, you do have some problems, but you know what they are, and you're being proactive in your efforts to correct them," Sutherland said.

Stan Scott, an ECAMP coordinator from Headquarters Air Combat Command's oversight section, agreed with the colonel's assessment.

"Howard has come a long way since the last time we were here, back in February of '93," Scott said. "You have a much larger environmental flight now and that's helping you give increased attention to the ECAMP protocols."

These "protocols" are the specific areas of concern on which the ECAMP team members focus—primarily hazardous waste, and hazardous materials, air quality, water quality, and solid waste.

"We saw a lot of improvement in your compliance efforts," Scott added, "especially in the areas of fuels management and in your effective use of natural and cultural resources."

There have been some shortfalls that tend to hamper Howard's compliance efforts, but base officials have voiced the hope that the team's findings will help get the funding needed to ensure all compliance issues are closed. Actually, this is one of the principal advantages that can be derived from the external team's visit, officials said.

"A lot of people react with disbelief and say 'yeah, right!' when we tell them we're just here to help them," Scott said, "but it is true! Having findings annotated on an ECAMP report can often speed up the release of otherwise 'unavailable' funds."

Since Headquarters U. S. Air Force first put the program into effect four years ago, the number of external ECAMP findings has risen at a steady rate, said Capt. Kathylene Pare, program manager for the Headquarters ACC. "There's also been a corresponding increase in enforcement actions."

"This is not because of a decrease in compliance by the bases," she said, "but rather because the program is getting more 'picky' in response to stricter regulators and more stringent laws. In fact, we have found massive improvements in environmental compliance at our bases."

In years gone by, assessments often found examples of "gross noncompliance," but these days they're being replaced with smaller areas of noncompliance, Pare said.

Still, regardless of the severity of noncompliance, specific areas are subject to regulatory enforcement actions. The internal and external teams' assessments are meant to be management tools, but they may also be used to help prevent (stateside) Air Force installations from receiving regulatory enforcement actions, which include letters and notices of non-compliance, notices of violations, warning letters, and even fines and penalties.

"Their presence does tend to 'stir things up' a bit when team members go through the process of identifying ECAMP discrepancies," Miller said. "Ultimately, however, it is in our best interest to identify and correct these problems, and that's what the team helps us do."

Military police join forces for Safe Haven mission

by Staff Sgt. Jane Usero
JTF-Safe Haven Public Affairs Office

EMPIRE BASE CAMP - Providing a safe and secure environment for Cubans living in the community camps here is one of the many jobs of 518 Army and Air Force military police officers from throughout the United States.

"The military and security police have the mission to provide security and protection for the Cubans at the community camps," said Capt. David Chase, deputy Provost Marshal, Operation Safe Haven. "Additionally, we have the missions of supporting a quick reactionary force, escorting people visiting the camps, running the checkpoints and providing security for the hospital, the military working and living out here and the equipment being used."

As part of the varied missions of the military and security police, the 258th Military Police Company of Fort Polk, La., provides security to Camp No. 1.

"The MPs working at Camp No. 1 work the gates, perimeters and within the community camp itself," Chase said. "And, even though they work 12-hour shifts and live on site, these soldiers extended to stay here for two more months."

The enthusiasm of the MPs at Camp No. 1 not only shows in their job, but in their free time. Many spend off-duty time with the Cubans playing sports or entertaining the children.

"I consider myself fortunate to be able to contribute to the quality of life for the Cubans," said Spc. Davis Smith, 258th MP Co.

As for Spc. Kelly Mundt, also with the 258th MP Co., his favorite part of the mission is being able to play with the children of the community camp. "I'm glad to be a part of this operation, especially with the kids. The kids are the coolest."

In addition to the Army, the Air Force has sent nine, 44-person elements, known as flights, to Panama from throughout the states, said Capt. John Brooker, Provost Marshal S-3 officer.

"Though this type of deployment is new to them, the security police of the Air Force are doing a great job," he said. "The morale is high throughout the unit."

For one airman from Holloman AFB, N.M., being in Panama is an experience he is enjoying.

"I like being down here, this type of operation doesn't happen all the time," said Airman Kevin O'Harrow, 49th Security Police Squadron. "I'm having a good time."

Working together is also a unique part of the operation for both the Army and the Air Force, but they have found more common ground than differences.

"Even though we have some differences in such things as paperwork and terminology, our missions are the same," Brooker said. "We are all policemen."



John Hall (U.S. Navy)

A Cuban child gives "five" to military police Spc. J. David Parker. Parker is assigned to Operation Safe Haven from Fort Polk, La.

Maintenance excellence competition

Atlantic unit to represent MP battalion

FORT DAVIS (USARSO PAO - Atlantic) - The 549th Military Police Company has been chosen to represent the 92nd Military Police Battalion in a U.S. Army South-level maintenance excellence competition.

The 549th MP Co. will represent the 92nd MP Bn. against 154th Signal Battalion in the heavy density category of the Army Award for Maintenance Excellence. Whichever unit wins at this level will represent USARSO at the Department of the Army level.

The 549th MP Co. was selected to represent the battalion based on the results of a command inspection in which the unit received nine commendable ratings out of 15 functional maintenance areas, said Sgt. 1st Class Clarence S. Fleschner, motor sergeant, 549th MP Co.

Making it this far in the maintenance competition didn't require much extra preparation, Fleschner said.

"We've worked hard to keep a high standard throughout the year, so we don't have to work hard to prepare for a command inspection or for an award like this," Fleschner said.

Sustaining a good maintenance level has a more important benefit than good inspection results, however.

"You have to have a top-notch maintenance operation to sustain combat readiness," he said. "It's something you have to do and keep up daily."

In order to sustain a good maintenance level, first a good level must be reached; that was where the 549th MP

Company's leadership came into play, Fleschner said.

"A good maintenance program starts with strong leadership," he said. "You can have the best motor pool and mechanics there are, but if it lacks good leadership or command emphasis, you won't have a good overall maintenance program."

Of course, the soldiers are important to the program's success too, Fleschner added.

"The operators and first-line supervisors have played a key role in what the unit has accomplished," he said. "If not for them, we wouldn't be representing the battalion for this award."

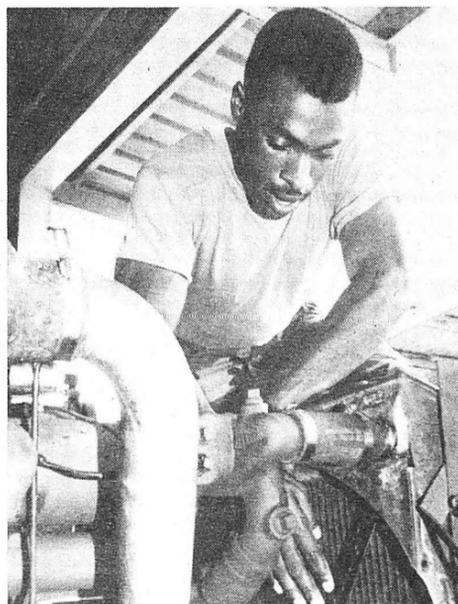
The 92nd MP Bn. soldiers from the 549th MP Co. are no strangers to the Army Award for Maintenance Excellence. The unit won the award at the USARSO level in 1992 and was runner-up in 1991, Fleschner said.

Additionally, the company's sister unit, the 534th Military Police Company, won the award in 1993, Fleschner added.

Spec. Perry M. Thomas, prescribed load list clerk, said the judging was strict in 1992 when the unit won the award.

"They inspected our daily operations and maintenance, the dispatch of vehicles and just about everything that's supposed to happen in the motor pool," he said. "It was pretty strict."

"Winning that year made us feel like all that hard work all year long was worth it."



Sgt. Rick Emert (U.S. Army)

Pfc. Aubey Taylor, generator mechanic, performs maintenance on a HWWMV.



Tropictivities

Sept. 30, 1994

A quality of life guide for the U.S. community in Panama

Page B1



Spc. Jeffrey Purdum (courtesy)

Wind surf in Coronado

Coronado beach staffers help a would-be wind surfer get sailing. For more beach and resort activities, see Page B3.

Youth News Page B2

Atlantic Community Cub Scout dens are gearing up for a new year of fun activities.

Community Page B5

STOMP instructors visit Panama to talk to Exceptional Family Member Program parents.

and more

- ◆ Movies, Page B8
- ◆ TV, Page B9
- ◆ Potpourri, Page B12

Atlantic Cub Scouts gear up for new year

FORT DAVIS (USARSO PAO-Atlantic) - Pack 3 of the Cub Scout Dens of the Atlantic Community are gearing up for a new year of fun activities.

The year will begin with registration at a booth in the Christmas Crafts Fair at the Fort Davis Community Club 9 a.m. to 4 p.m. Saturday. Applications will be taken for all ages of Cub Scouts and adult volunteers. Fees for membership for the 1994-1995 school year will be paid by the pack activity fund. Scouts will receive a T-shirt and handbook with their registration.

Dress uniforms, while desirable, will not be mandatory. Memberships are good for one year and can be transferred to anywhere in the United States at any time.

Meetings, starting in October, are as follows:

◆Tiger Cubs - age 7/first grade, meet 2 p.m. second Saturday of the month with parent at the Fort Espinar Library.

◆Wolf Cubs - age 8/second grade, meet 2:15-3:15 p.m. Thursdays at the Fort Davis School.

◆Bear Cubs - age 9/third grade, meet 2:30 p.m. Wednesdays at the Fort Espinar youth center.

◆Webelo Cubs - ages 10-11/fourth-fifth grades meet 3:45-5 p.m. Saturdays at Quarters 522C, Fort Davis.

◆Pack Meetings 5:30 p.m. fourth Thursday of each month at the Espinar Youth Center. Call 289-3748 for information.

Scouts are back — active in community

COROZAL (*Tropic Times*) - Here is some of the latest scouting information:

◆Pack 5 (Balboa, Amador and Quarry Heights area) is looking for a Webelos leader for seven, fourth and fifth grade boys. Anyone with scouting experience who would like to lead this den, call Carolyn McAllister at 282-3490.

◆Local Eagle Scout Larry Kemp, 13, needs community participation in a project aimed at helping Cuban families. The following items are needed:

Personal items such as towels, tennis shoes, sandals, undergarments, grooming items, soap and toothbrush containers, hair accessories, sewing supplies, fabric, small gym bags and writing materials.

Clothing items such as handbags, belts, wallets, shoe laces, summer clothing, sun glasses and handkerchiefs.

Recreational items such as baseball equipment, domino sets, soccer balls, volleyball sets, playing cards, footballs, horseshoe sets, badminton sets, Frisbees, various board games, Spanish paperback books and magazines, crayons and children's toys of all types.

If you have any items to donate, call your area coordinator to arrange for convenient drop-off or pick-up. Coordinators are:

Jerry Scott, Quarters 11 Albrook, 286-3336.

Laura McDill, Quarters 404B Amador, 282-3092.

Sherry or Ryan Hart, Quarters 516 Clayton, 287-5998.

Velma Reilly, Quarters 1980B Curundu, 286-4788.

Sherri or Mike Murray, Quarters 301 Kobbe, 284-5180.

Marian Merz Quarters 7 Quarry Heights, 282-3693.

Eva Liehr, 7304B Cardenas - PCC housing, 252-5985.

Typico

Students from St. Christopher's Episcopal School, Panama City, entertained Fort Clayton Elementary School students with typical Panamanian dancing, Sept. 15. Third grade "Conjunto Tipico" students and Junior High "LaCoral Poetica" students were present.



(courtesy)



Pat Milton (SOUTHCOM)

Save our World

Students from Fort Clayton and Diablo Elementary Schools' enrichment program were honored Tuesday for donating their published writings on the flora and fauna of tropical rainforests to the Metropolitan National Park. The project was sponsored by the Smithsonian Tropical Institute. Their work took one year to complete and is now available at the park's ecological and educational store for \$1.50 each. The funds raised by the sale will help support the ecological programs at the park. Pictured (left to right) in front are: Brooke Stringfellow, 4th grade at Fort Clayton; Leslie Kattelmann, 4th grade at Fort Clayton; Christina Rivera, 5th grade at Diablo; Amanda Pacheco, 4th grade at Diablo; Maureen O'Connor, 5th grade at Diablo; Callie Holland, 6th grade at Fort Clayton. In back (left to right) are: Maria Bernal, park store sociologist; Denise Ellis, 5th grade at Diablo; Shannon Kiekhoefer, 4th grade at Fort Clayton; Heather Downie, 6th grade at Fort Clayton; and Betsy Imig, enrichment program teacher. Not pictured is Mary Sawdey, 2nd grade at Fort Clayton.

Youth centers to issue ID cards

The Fort Clayton Youth and Senior Teen Centers are changing membership policies effective Oct. 15. In an effort to insure safety and security, the centers will issue photo identification cards. These will be used to verify

that the card bearer is registered with Youth Services. The card will also contain data necessary to contact parents in the event of an emergency. Registration will take place 6-8 p.m. Monday-Oct. 7 and Oct. 10-14 in Building 155. Parents must accompany children through the registration process. For information, call 287-3506 or 287-6451.

Youth activities

Albrook/Howard

◆Youth centers 286-3195/284-4700:

Donations to the Cubans of toys, games, Spanish books and videos, underwear and clothes can be made at the Howard Youth Center (284-5650).

Howard Preteen Dance, 7:30-10:30 p.m. today. For ages 8-12.

Hideout Teen Council meeting 5 p.m. Tuesday at the Albrook Youth Center teen lounge. Junior and Senior teens are needed to fill positions. Transportation will be provided from Howard, Kobbe and Farfan.

DJ face off and teen dance 8:30-11:30 p.m. Oct. 8. Party at the Howard NCO Club with the "Anthill Posse." Transportation is provided from Albrook Youth Center and Fort Clayton Senior Teen Center.

Tae Kwon Do karate classes weekday evenings. Classes for children, teens and adults.

The Hideout Teen Lounge is coming soon to Albrook AFB.

Art classes, for ages 6-16. Cost is \$25 for members and \$35 for non-members. Call to register.

Cheerleading lessons, Fridays at Albrook Youth Center and Saturdays at Howard Youth Center.

Guitar lessons, by appointment 1-6 p.m. Saturdays.

Spanish lessons, for children and adults. Tuesdays and Thursdays at 4 and 5 p.m.

Arts and crafts, 3 p.m. Wednesdays.

Gymnastics classes, for boys and girls four days a week. Special preschooler class Saturdays.

Ballet, tap and jazz dance, lessons available for ages four to adult.

◆Child Development Center 284-6135:

Family Day Care Providers are needed in the Albrook area. Call Jill Winter at 284-3711/6135 for information.

Clayton

◆Youth Center 287-6451:

Dodgeball 3 p.m. Oct. 7.

Panama folklore fair noon-4 p.m. Oct. 8.

Junior jazzercise for ages 6-12, 4-5 p.m. Tuesdays and Thursdays Building 155.

The new school hours for the center are: ages 6-14, 2:30-6 p.m. Monday-Thursday; ages 6-11, 2:30-6 p.m. Friday; ages 12-14, 2:30-8 p.m. Friday; ages 6-11, 11 a.m.-6 p.m. Saturday; ages 12-14, 11 a.m.-8 p.m. Saturday.

Youth Services is looking for **piano and gymnastics instructors**. Contact George Wheeler at 287-3506, or stop by Building 155, Fort Clayton.

Arts and crafts, Mondays.

Cooking experiences, Tuesdays.

Outdoor games, Thursdays.

◆Senior Teen Center 287-3464/4680:

Popcorn and movies, Sundays.

Senior Teen Employment Program, year-round program to develop job skills and earn money for teens 15-18 years old. Applications are available at the center.

Two paddle table tennis tournament Saturday. Free Pizza for players.

Make-up Secrets and Hints I, by Revlon 6-7 p.m. Wednesday.

Bowling at the Clayton Bowling Center 3 p.m. Oct. 8. Meet at the center at 2 p.m.

◆Child Development Center 287-3301:

CDC provides high quality, developmental child care for children 6 weeks to 12 years old.

Full day care and hourly care available. Call 287-5657.

Atlantic

◆Espinar Youth Center 289-4605:

Piano classes, 4-6 p.m. for 30-minute lessons Mondays and Wednesdays. There is a fee of \$20 per person each month.

Arts and crafts, 3-4:30 p.m. Wednesdays.

Saturday sports, noon to 6 p.m.

Karate Shotokan 4-5 p.m. Monday and Wednesday. The fee is \$20 per person.

Teen splat master noon Saturday. The fee is \$50 for a six man team.

Scavenger hunt 3 p.m. Oct. 7.

'Sea' everything there is to see ... at Panama's beautiful beaches

by **Sgt. Cass Purdum**
Tropic Times staff

Cross the canal from Panama City, over the Bridge of the Americas, onto the Pan American Highway, and you are beachward bound.

From Punta Chame (Chame Point) to Farrallon, stretch more than 40 miles of sun-blessed Pacific beaches for surfing, sunning, swimming, snorkeling and more.

Punta Chame, Nueva Gorgona, Coronado, San Carlos, Turiscentro San Carlos, El Palmar, Rio Mar, Santa Clara and other beaches in the area, have overnight facilities and there are many restaurants, cantinas and rest stops along the way.

And now, nestled in 158 acres of land at Coronado Beach 50 miles west of Panama City is Panama's first five-star hotel. The Club Suites De Golf Playa Coronado has activities to please almost anyone. There are restaurants and bars for casual and formal dining, plus conference rooms for business and professional meetings or seminars.

Nearby, an 18-hole, par 72 championship golf course with 7,200 yards of landscaped greens and fairways is considered one of the best in Latin America.

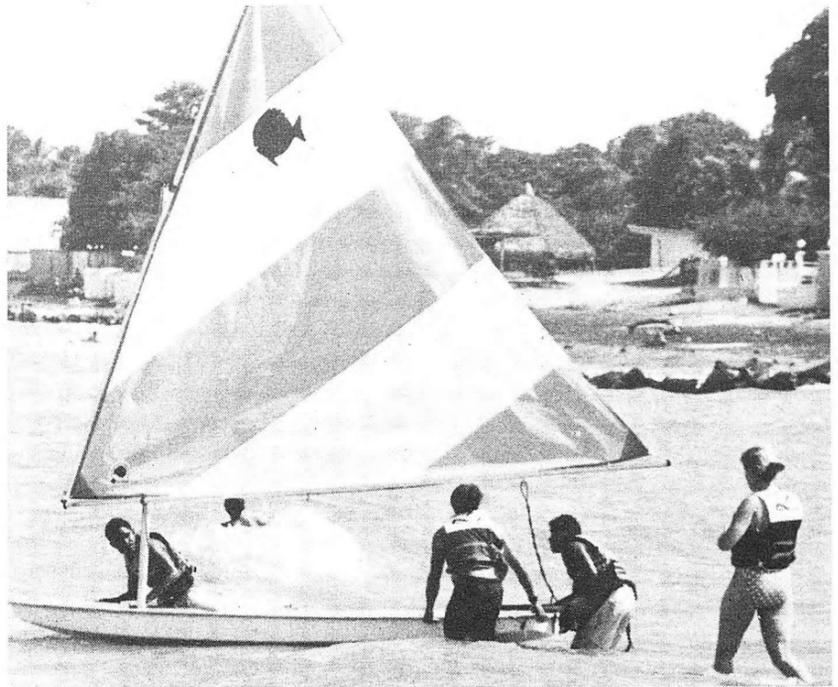
All up and down the coast are other, less expensive, dwellings to while away your time.

From small, simple hotel rooms near the beaches, to cabins right on the beaches, if you search, you'll find just

about anything that will fit your budget.

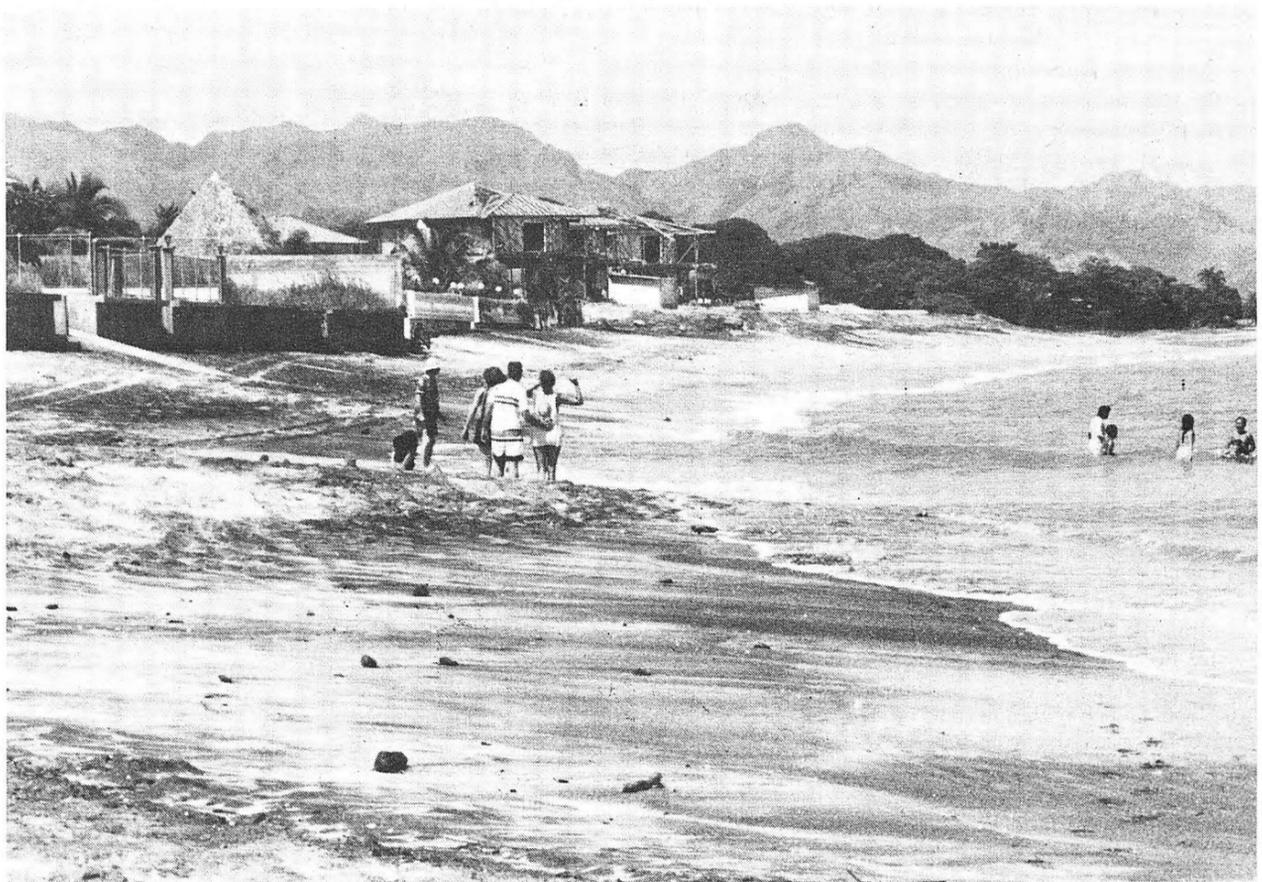
Beach combers who don't want to stay out of town overnight, might try one of the many other beautiful beaches on the Pacific side of Panama.

The fun is boundless. Explore Panama's interior and find out what you've been missing.



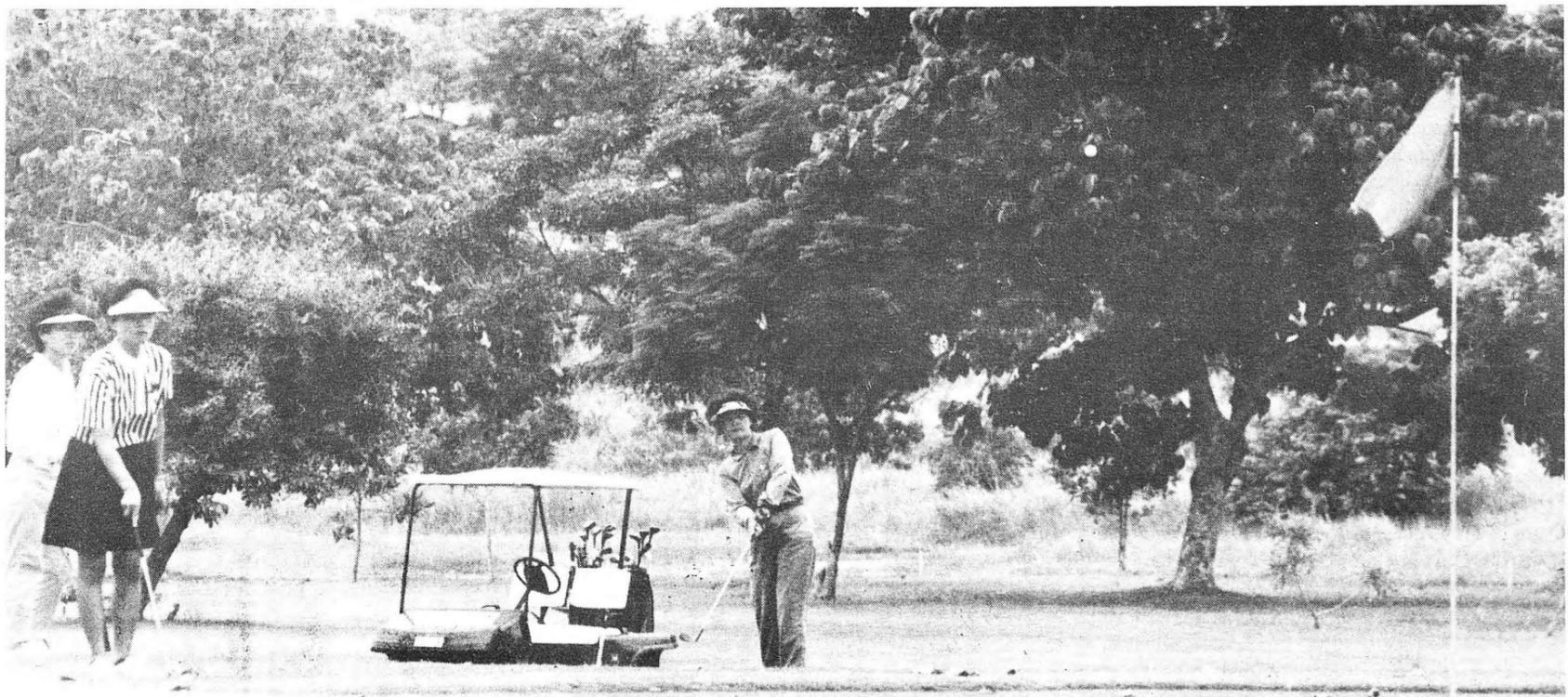
Spc. Jeffrey Purdum (Courtesy)

Visitors at Coronado beach prepare for a lazy afternoon sail. Boats and winder surfers are available for rent in the area.



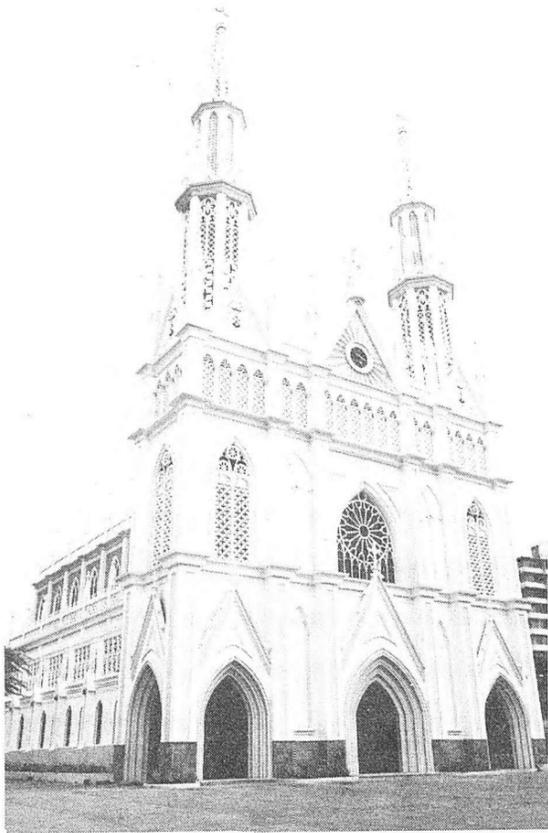
Spc. Jeffrey Purdum (Courtesy)

Families enjoy a lazy day at Coronado beach. Coronado does have a life guard on duty.



Sgt. Cass Purdum (Tropic Times)

Coronado features a professional, 18-hole, par 72 golf course.



Petty Officer 2nd Class Bill Lewis (U.S. Navy)

The Iglesia del Carmen on Via Espana, with its Gothic architecture, is both a religious and tourist attraction.

Cathedrals illustrate architecture

Three things were left behind by the Spanish conquerors when they left the American continent: language, customs and religion.

Aside from the Portuguese language spoken in Brazil, English that is used in the United States and Belize, and French spoken in some of the Caribbean islands and Canada, the Spanish language prevails in the rest of the continent known as Latin America.

When talking about religion, the "conquistadores" were not only successful in establishing the Catholic Church as the dominant religion, but also made sure that churches and missions were built so they would not diminish in the years to come. Panama was no exception to the rule and several of those first religious structures still stand today, while others have been built in more recent times.

Four centuries have already gone by, yet the basic structure of what was the Cathedral of Old Panama still defies time, sun and rain. What is left of it and the rest of the city sacked and burned by the English pirate Henry Morgan is now one of the country's main tourist attractions. Its golden altar slipped away from the hands of the invaders thanks to the daring and intelligence of a layman, and now graces St. Joseph's Church in the colonial section of Panama City.

There, in that same area, is the Santo Domingo Church, which happened to be a decisive factor in the construction of the Panama Canal. The firmness of its flat arch — still intact today — proved to those interested in building the great waterway that Panama was a place where earthquakes were practically non-existent and therefore, the safest and best location for a route uniting the Atlantic and the Pacific oceans.

Slowly fading away are the hand-carved wooden images of the 17th century San Francisco Church in the Province of Veraguas, and still sturdy is the ancient colonial church in Nata.

However, changes take place as time marches on. The temples of today are built along different and more unusual architectural lines, such as the Virgen del Carmen Church, just a step away from the El Panama Hotel; the dome-shaped B'hai Temple on the way to Las Cumbres; the San Antonio Church in the Miraflores community; and the new Javier Church,



(Tropic Times)

The impressive dome-shaped B'hai Temple can be seen from a distance while driving along the Transisthmian Highway to Las Cumbres.



Petty Officer 2nd Class Bill Lewis (U.S. Navy)

The Metropolitan Cathedral colonial construction began in 1688 and was completed in 1796.

the main feature of which is its pulpit in the center of the congregation.

These are but a few outstanding examples of the

new tendency in the architectural design of places of worship in Panama, a far cry from what they were like in the days of the Spanish conquerors.

by Rosemary Chong, Tropic Times staff

STOMP gets attention

Instructors give specialized training to parents of exceptional family members

FORT CLAYTON (USARSO PAO) - Some children stomp their feet when they want your attention. Two women who recently conducted a workshop for families with special medical and educational needs however, didn't need to stomp their feet to get their audience's attention.

Heather Hebdon and Sandy Mitchell, professional instructors for Specialized Training of Military Parents, visited Panama recently as guests of the Exceptional Family Member Program. STOMP, a private, nonprofit, federally funded program, provides training and assistance to the community — to parents, educators and fellow professionals of the Family Advocacy Program.

The workshop covered such things as rights and responsibilities of family members with special needs in getting appropriate special education services, testing and assessment of children, and the Individual Education Program. Instructions were also given on how to communicate with schools and professionals, maintaining home records, transition back to the United States, wills and guardianship.

Hebdon, the mother of three children with disabilities and the "Mother of STOMP," has dedicated the last 19 years of her life to helping members of the Department of Defense community with special needs.

"These family members are still citizens with rights," she said. We must help them attempt to lead productive and satisfying lives," Hebdon said.

"We're all people with a variety of points of view," she said. "The special needs of children have rights in the educational system. For adults with special needs, nothing is mandatory; the provision of services is available to adults only when funds are available."

Children who are school age must receive services, and parents must be effective advocates in the educational process, she said. Parents need to know how to approach

the system and talk to all the professionals in the field.

"Educate yourself on your child's disabilities. Know your rights and responsibilities," Hebdon said. "Learn how to go around brick walls — because you will run into these walls. But know that federal mandates have given you rights."

"View these mandates as tools, not weapons, to be regarded. You are the only constant in your child's life," she said. "You must have open communication with your school work as a team. Don't be afraid to be creative."

All children are eligible for a free education. There are "zero rejects," Hebdon said that an appropriate education can be negotiated between the school and parent. "Not the Mercedes, not the bicycle, but the Ford," she said. "It will be good enough to get you there so you can enjoy the trip, but it won't be a luxurious trip."

In addition to Hebdon's points, Mitchell reviewed development of Individual Education Plans for special needs children, stating that communication is critical if the IEP is to work.

"It's a collaboration of mutual respect for the child's skills and knowledge, combined with understanding, empathy, shared planning and decision making," she said. An open two-way sharing of information between the school and the family, absent of labeling and blaming.

"The teacher must provide a joint evaluation of the child's progress, offering opinions but ensuring the family knows these are suggestions and not the only options," Mitchell said.

"We're the only consistent piece of our children's lives," Hebdon said. "We are ultimately responsible for the habilitation level of any individual child."

For more information about the Exceptional Family Member Program call Lakshmi Kumar at 287-49212.

Hospice Foundation reaches out to military families

The Hospice Foundation of America has begun an information outreach program to military people and their families. The new program is intended to inform military personnel about hospice care for family members who are suffering from terminal illness — to provide a caring, home or home-like environment to those for whom cure and recovery are no longer an option.

"The particularly difficult circumstances imposed on military personnel by long family separations, frequent moves and unpredictable deployments place a heavy burden on military people," explained Capt. John Dewey, U.S. Navy (retired), vice president of the Hospice Foundation. "This new outreach program is intended to assist military family members in coping with terminal illness and in

finding the help they need, when they need it."

Hospice is a special kind of care designed to provide comfort and support to patients and their families in the final stages of terminal illness. It seeks to enable patients to carry on their remaining days, weeks or months in an alert and pain-free manner, with symptoms under control.

As part of the outreach program, the Hospice Foundation is providing information to military chaplains, family service centers and health care professional at military bases, to assist them in helping military personnel understand and arrange hospice care when needed.

For additional information on hospice care, write: Hospice Foundation of America, 1334 G Street, NW, Suite 605, Washington, D.C. 20005, or call (202) 638-5419.

Community activities

Clayton

The Protestant Women of the Chapel general meeting will be held 9 a.m. Thursday at the Fort Clayton Chapel. The program this month is "Easy as ABC?" a discussion of public, private and home schooling. Refreshment and fellowship will be held following the program. For child care information, call Joyce Walker at 287-3247.

The Army Child Development Services announces a fee adjustment effective today for all Army Child Development Centers. The adjustment will affect full and part day programs. Though there is a fee adjustment, the cost will remain under \$2.55 an hour. For information, see your local center.

Spaces are available now in the CDS part-day program at Fort Clayton for the afternoon session that meets 1-3 p.m. Preschoolers must be 3 years old by Oct. 31 and toddlers must be 2 years old by Oct. 31. Call 287-5507/5104 for information.

The Department of Defense Dependent Schools in Panama, along with Army Community Service are conducting "Child Find Activities" in an effort to locate all eligible children with disabilities in need of special education services. Newly arrived military and U.S. Government-sponsored families with dependents in need of special education and medically related services should contact their local DoD school for program planning and enrollment. Contact any local DoD school or the Exceptional Family Member Program manager at 287-4921/5073.

U.S. Army Public Affairs is coordinating the 1994 Joint Task Force-Panama Christmas Sponsorship Program. Units or community groups wanting to participate this year should call USARSO PAO at 287-3007/4109.

The 142nd Medical Battalion and 235th Support Battalion family support group will meet 7 p.m. Fridays in the battalion dayroom. Meetings are open to family members and unit soldiers.

The telephone number for the La Leche League and mothers seeking help or information about breastfeeding is 287-6592.

Howard/Albrook

The Howard/Albrook Enlisted Spouses' Club is sponsoring its annual bazaar 9 a.m.-3 p.m. Oct. 29 at the Howard Enlisted Members Club. The bazaar will feature a bake sale and handicrafts from Central and South America. For information, call 284-6874.

A list of teenagers who have successfully completed the Babysitting 101 course is available at the Howard/Albrook Child Development Centers, Howard/Albrook Youth Centers and the Howard Family Support Center. Teenagers are qualified in CPR, First Aid, and basic child care.

The Albroom Stables is offering trail rides and pony rides by appointment only. Call 287-3333/4411 for appointments.

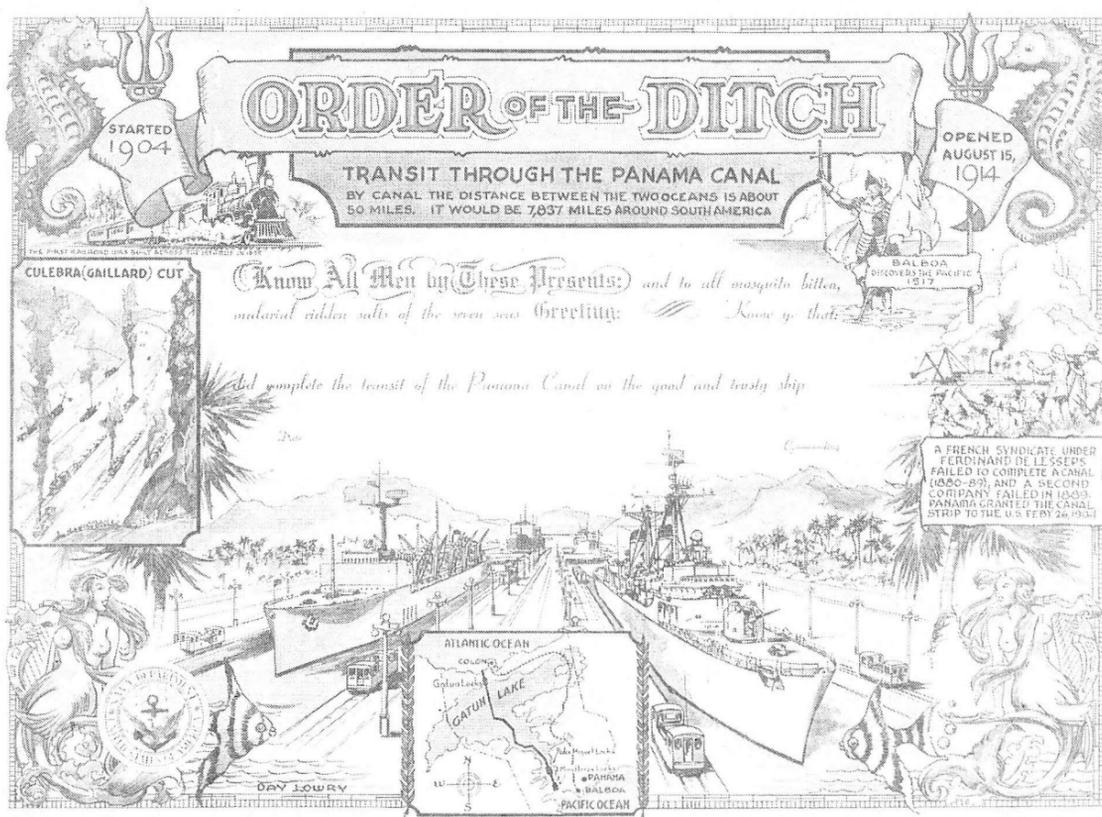
The Howard Child Development Center is looking for potential Family Day Care Providers for the Albroom Area. Call Jill Winter at 284-3711/6135 for more information.

Atlantic

For people transferring to new duty stations, the Army Community Service Relocation Assistance Office helps in the search for housing, employment and educational possibilities for servicemembers and their family members. Call 289-4021/4636 for more information.

Miscellaneous

The Officers' and Civilians' Wives Club-Pacific Pumpkin Patch Christmas Bazaar will be held 10 a.m.-4 p.m. Oct. 22 at Club Amador. In addition, individual and family professional Christmas portrait photos will be taken in the La Concha Room of Club Amador on the day of the bazaar. Reasonably priced packages will be available in plenty of time for Christmas. More than 100 vendors will be showing goods of all nature. This is the perfect opportunity to buy some special Christmas gifts.



Transit certificates

"Order of the Ditch" certificates are available at the Rodman Public Affairs Office for people who have transited the Panama Canal. The cost is \$6 for a 12-by-18 inch and wallet-size certificate. For more information, call 283-5644/5461.

Times and hours

Rodman

◆Information, Tour and Travel:
Moonlight cruise 6:30 p.m. today and Oct. 15, \$21. Cruise out to Taboga Island for cocktails and hors d'oeuvres by moonlight, while viewing Panama City's dramatic skyline at night.
Downtown shopping 9 a.m. Wednesday and Oct. 27, \$8. Shop Panama's Central Avenue and Via Espana.
Bambito, Chiriqui, Oct. 7-10, \$240 per person/double occupancy. Three days and four nights at the Bambito resort. Transportation, meals and tours included in fee. Sign-up by Monday.
Barro Colorado Island 6 a.m. Oct. 8 and 21, \$65, two people needed. Visit the tropical research island in the Panama Canal's Gatun Lake.
Trolling on the Vargas 6 a.m. Oct. 8 and 22, \$48/person. Fish Panama's prolific waters for marlin, sailfish, dolphin (fish), bonita, Spanish mackerel and more. Fee includes captain, gear, lures and iced coolers.
El Valle 7 a.m. Oct. 9 and 23, \$12.

Shop for local handicrafts, plants, fruits and vegetables and visit a nature preserve.

Panama City tour 9 a.m. Oct. 12 and 22, \$8. Visit the Golden Altar, the French Plaza and more.
Free Zone shopping 7 a.m. Oct. 10 and 26, \$12.
San Blas Islands 6 a.m. Oct. 14-15, \$149 fee includes transportation, accommodations, food, island tours and activities.
Bottom-fishing on the Vargas, Oct. 16 and 30, \$35 adults, \$20 kids under 14. A great outing for the whole family. Catch snapper, grouper and other bottom feeding fish. Fee includes captain, gear, live bait and iced coolers.

Albrook/Howard

◆Zodiac Community Activities Center:
Free Zone 8:30 a.m.-4:30 p.m. Fridays, \$13.
El Valle shopping 6:30 a.m.-4:30 p.m. Oct. 9, 16 and 30, \$13.
Beer Brewery & lock tour 9 a.m.-3

p.m. Oct. 12, \$6.
Dining out Italian style 6-10 p.m. Oct. 19, \$3.
◆Outdoor adventures:
Drakes Island scuba, snorkeling 5 a.m.-2 p.m. Saturday, \$22 snorkelers, \$47 divers.
Gold panning in Bique, 8 a.m.-3 p.m. Tuesday, \$12.
El Valle horseback riding, 7 a.m.-4 p.m. Oct. 15, \$24.

Clayton

◆Valent Recreation Center:
El Valle 6:30 a.m.-3:30 p.m. Sunday.
Panama City tour 6:30 a.m.-3:30 p.m. Oct. 8.
Montego Bay, Jamaica Oct. 7-10.
Chiriqui mountain tour Oct. 7-10.
Panama City shopping 9 a.m.-3 p.m., Oct. 15.
◆Outdoor Recreation Center:
There is **Contadora Island** transit service Friday through Monday. Fees are \$35 adults and \$20 children 12 and under round trip, \$25 adults and \$15 children one way.

Whitewater rafting in Chiriqui Oct. 8-10, \$130 includes transportation, meals, lodging, equipment and guide.
Ecotourism trip to a **Chocoe Indian Village** Oct. 15, \$30 adults, \$20 children under 12. Visitors can bring donations for the school children.
Partial transits of the Panama Canal 7:30-11:30 a.m. Saturdays, \$35 adults, \$15 children 12 years old and younger. A minimum of 20 people is needed for a partial transit any other day of the week.
Sun Splash tour to Jamaica travel opportunity to Montego Bay any Sunday through Wednesday. Packet includes airfare, three nights hotel accommodations, and transfer. Prices vary from \$300-\$600 depending on the hotel. Optional tours can be scheduled upon request.

Balboa

◆Balboa Dive Club:
The club is organizing a trip to **Isla Iguana** Oct. 8-10. The \$140 fee covers two-night accommodations, meals, transportation and three guided boat dives. Sign up early, space is limited. Call 263-4998.

Shows and classes

Albrook/Howard

◆Zodiac Community Activities Center:
Guitar lessons 1-6 p.m. Saturdays at Albrook Youth Center, 286-3195.
Spanish lessons 4-5 p.m. Tuesdays-Thursdays at Albrook Youth Center, 286-3195.
Martial arts classes at Howard and Albrook Youth Centers, 284-4700.
Tae Kwon Do karate classes at Zodiac Center for children and adults.
Beginner and advanced dog obedience classes, \$32 for 4 weeks.
Beginner and advanced English and Spanish classes offered monthly.
◆Albrook Auto shop:
Air conditioning service and repair 12:30-5 p.m. daily except Tuesday and Wednesday.
Wheel alignment diagnostic and service classes are held 3-9 p.m. Mondays, Thursdays and Fridays, 10 a.m.-5 p.m. Saturdays and Sundays.
◆Howard and Albrook pools
Intro to scuba, free, call for appointment.
Open water scuba class Saturday at Howard, Oct. 15 at Albrook, \$145.
Advanced scuba Oct. 19 at Howard
Water aerobics for advanced adult swimmers at Howard and Albrook.
◆Howard Wood Skills Center, Bldg. 722
Qualification class 10 a.m.-noon Saturday, free. Learn to use the equipment.

Clayton

◆Fort Clayton Pool:
The pool is looking for **qualified teachers** for swimming and water aerobics. Call 287-6660.
Beginning and advanced swimming lessons 2:15-5:45 p.m. Mondays through Thurs-

days for adults and children over 3 years. Fee: \$20 for 12 classes.

◆Fort Clayton Boat/Scuba Shop:
Open water scuba class meets first and third Monday of each month, \$125. Includes five pool sessions, five theory sessions and four open water dives.
Long set equipment rental \$19 per day.
◆Valent Recreation Center:
Private **piano and guitar lessons** available weekday evenings.
Korean karate 6-8 p.m. Tuesdays and Thursdays.

Rodman

◆Navy Morale, Welfare and Recreation Office:
The Navy MWR is seeking **qualified instructors** to teach Spanish and French language courses. Applicants should have prior experience in teaching elementary and conversational language courses. Call 283-4301.

Curundu

◆Pacific Theatre Arts Centre:
Reservations for Christmas Village tables 9 a.m.-6 p.m. Sunday Centre.
Piano lessons are held 3-7 p.m. Mondays, Tuesdays, Wednesdays and Fridays. Open to students ages six and older.
Martial arts 6-7:30 p.m. Tuesdays and Thursdays. Open to all ages
Voice lessons are held 3-5:30 p.m. Wednesdays and Thursdays.
Guitar lessons are held 3-6 p.m. Tuesdays
Registration for all dance classes is under way at Building 2060, Curundu. **Jazz lessons** are available for teens and adults as follows:
I: 5-6 p.m. Mondays and Wednesdays \$32.
II: 6-7 p.m. Mondays and Wednesdays, \$32.
Other classes: modern, ballet, tap, folkloric, salsa, belly dancing and saxophone.



(Courtesy)

Saxophone lessons

Toby Knight, saxophone instructor, is teaching half hour lessons 5-8 p.m. Mondays and Thursdays at the Pacific Theatre Arts Center, Curundu. For more information, call, 286-3814.

Special events

Tops In Blue

◆Howard Base Theater:
The world famous group of active-duty Air Force talent "Tops In Blue," will return to Panama for two performances 7:30 p.m. Oct. 6 and 7 at the Howard Base Theater. The talented musical troupe has selected "Feel Like Singing" as the theme for its "World

Tour '94." This year, Tops In Blue will emphasize the importance of music to the success of movies, presenting both nostalgic and contemporary looks at some of the greatest movie music ever composed.

Caravana 1994

◆Atlapa Convention Center:
The Caravana 1994 will be held

12:30-10 p.m. today at the Atlapa Convention Center. The Caravana is an annual event with displays of crafts, gifts, native foods, prizes and entertainment.

Fun Fair

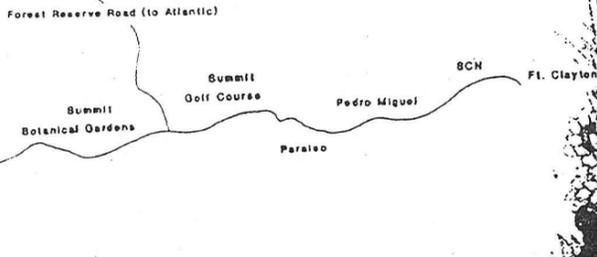
◆Directorate of Community Activities:
The Fun Fair will take place 1-6 p.m. Saturday at the Valent Recreation Center.

There will be demonstrations, exhibits, entertainment, food samples and more.

Annual fall bazaar

◆Howard/Albrook Officers Spouses' Club:
The Howard/Albrook Officers Spouses' Club is holding the annual fall bazaar at the Albrook Club 10 a.m.-3 p.m. Oct. 15.

9TH ANNUAL NATURE FAIR Gamboa Community



Nature Fair

The Gamboa Community Center and Our Lady of Good Counsel Church will host the 9th Annual Gamboa Nature Fair 9 a.m. Saturday at the Gamboa Community Center. Vendors booths will be located in the Gamboa Community Center Building and surrounding areas. This year's activities include an Eco-Tour of Barro Colorado; nature bird walks along the pipeline road; educational lectures and exhibits by local conservation groups such as Ancon/Eco-Tours and the Panama Audubon Society, as well as Smithsonian Tropical Research Institute; live demonstrations of Darien handicrafts to include Cocobolo wood sculpture, Tagua (the vegetable nut ivory) carving and basket weaving. The Gamboa community invites the public. There is no admission fee.

◆Fort Clayton Arts and Crafts Center:

Sewing twice a week for two hours.

Cake decorating twice a week for two hours.

The Ceramic Center, Building 198, is located near the Crafts Shop.

◆Canal Crafters:

Handmade arts and crafts are available, consignments and volunteers are welcome. The shop hours are 10 a.m.-2 p.m. Monday through Saturday. The shop is now accepting holiday consignments, Building 804, Albrook.

Register for the following classes at the shop.

◆Wall hanging quilts

10:15 a.m.-12:15 p.m. Saturday, \$20.

Baby quilts 10:15 a.m.-12:15 p.m. Tuesday, \$22.

Tole-painting, Halloween items 10:15 a.m. Thursday, \$15/\$20.

Cross stitch demo, Christmas stocking 10:15 a.m. Oct. 7, free.

Paper mold class, 10:15 a.m. Oct. 12, \$3, supplies included.

◆Howard Skills Development Center:

The center is having a 25 percent off selected scribbles and fabric paints, Oct. 7-8.

The center is looking for

crafters to sell items in the new consignment boutique.

Instructors are needed to teach classes on a contract basis for a variety of crafts, decorative painting, calligraphy, watercolors, oil painting, etc. Contact Margo Leslie at 284-6361.

Beginning pottery class 10 a.m.-1 p.m. Tuesday, \$15 plus supplies.

Ceramic pouring class noon-2 p.m. Thursday. Bring slip and tools.

Ongoing classes: stained glass, framing, air brush, lamp assembly, cross stitch, macrame, clay flower, ceramic and 'how to videos.'

center news

◆Valent Recreation Center:

Better Opportunities for Single Soldiers will not meet Thursday. Next meeting Oct. 20.

The screening room offers free movies. Call the 24-hour movie line, 287-4367 for days and times.

◆Cocoli Community Center:

The center is showing videos

for children 4 p.m. Thursdays.

Laser disc movies 7 p.m. Fridays.

◆Zodiac Community Center:

Subs on Top has new hours, 11 a.m.-5 p.m. Mondays-Fridays, 11 a.m.-3 p.m. Saturdays. It is in the Zodiac Community Activities Center. Take-out, eat-in and delivery

services are available. Phone orders to 284-5848, fax to 284-6109.

Rent the activities room and the Big Tree Bohio for parties or any other function.

October specials: family beach package. Rent a boogie board, beach umbrella and 54 qt. cooler for \$8.50.

Phone guide

Pacific

24th Services Squadron Sports and Recreational Rental Center, 284-6107
Albrook Auto Craft Shop, 286-3613
Albrook Club, 286-4128
Albrook Riding Stables 287-4411/3333
Albrook Thrift Shop 285-5989.
Balboa Dive Club 263-8077/250-0075
Canal Crafters 286-4500
Clayton Arts and Crafts Center, 287-5957
Clayton Boat Shop 287-6453
Clayton Ceramic Center, 287-4360
Clayton NCO Club, 287-3586
Clayton Outdoor Recreation Center, 287-3363
Clayton Scuba Shop 287-3355
Club Amador, 282-3534
Cocoli Recreation Center, 287-3010
Corozal Thrift Shop, 285-5989
Howard Auto Craft Shop, 284-3370
Howard Enlisted Members' Club, 284-4107
Howard Officers' Club, 284-4680
Howard Riding Stables 284-3770
Howard Skills Development Center, 284-6361
Howard Teen Center, 284-4700
Howard Wood Craft Shop 284-4510
The Loop, 287-3035
Pacific Theatre Arts Centre 286-3814
Quarry Heights Officers' Club, 282-4380
Rodman Annex, 283-5475
Rodman Club, 283-4498
Rodman Marina, 283-3147/3150
Rodman Naval Station Information Tour and Travel Office, 283-5307/4454
Twin Oceans Pro Shop 286-6514
Valent Recreation Center, 287-6500
Zodiac Community Activities Center, 284-6161

Atlantic

Aquativity Center, 289-4009
Davis Arts and Crafts Center, 289-5201
Davis Community Club, 289-5160
Ocean Breeze Recreation Center, 289-6402
Outdoor Recreation, 289-4077
Sherman Arts and Crafts Center, 289-6313
Sherman Scuba Shop, 289-6104
Sundial Recreation Center, 289-3889/3300

Rec center news

◆Sundial Recreation Center:

Gymnastics and ballet, 5:30-6 p.m. Thursdays.

Family exercise 9:30-10:30 a.m. Wednesdays.

Aerobics 9:30-10:30 a.m. Mondays, Wednesdays and Fridays.

Karate 6-7 p.m. Mondays and Wednesdays.

Beginning painting 6-8 p.m. Mondays.

Spanish 6-7 p.m. Tuesdays and Fridays.

Piano lessons 10:30-11 a.m. Wednesdays.

◆Ocean Breeze Recreation Center:

The center offers various of classes: Karate, cake decorating, Spanish, English, piano, country line-dancing and jazz. Call for schedules and registration.

Atlantic tours

◆Sundial Recreation Center:

Panama City 8 a.m.-5 p.m. Saturday.

El Valle, 5:30 a.m.-5:30 p.m. Sunday

Free Zone 9 a.m.-2 p.m. Wednesday.

◆Ocean Breeze Recreation Center:

Isla Grande 7 a.m. Saturday.

El Valle 5:30 a.m. Sunday.

Location	Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
Howard AFB 284-3583	7pm: Black Beauty (G) Daivd Thewlis, Sean Bean 9pm: Airheads (PG-13) Brendan Fraser, Steve Buscemi	2pm: The Little Rascals (PG) Travis Tedford, Bug Hall 7pm: Black Beauty (G) Daivd Thewlis, Sean Bean 9pm: Airheads (PG-13) Brendan Fraser, Steve Buscemi	2pm: Black Beauty (G) Daivd Thewlis, Sean Bean 7pm: The Little Rascals (PG) Travis Tedford, Bug Hall 9pm: Black Beauty (G) Daivd Thewlis, Sean Bean	7pm: Airheads (PG-13) Brendan Fraser, Steve Buscemi 9pm: Blown Away (R) Jeff Bridges, Tommy Lee Jones	7pm: The Little Rascals (PG) Travis Tedford, Bug Hall 9pm: Black Beauty (G) Daivd Thewlis, Sean Bean	7pm: True Lies (R) Arnold Schwarzenegger, Jamie Lee Curtis 9:30pm: Wolf (R) Jack Nicholson, Michelle Pfeiffer	7:30pm: Tops in Blue (Snack stand opened)
Fort Clayton 287-3279	7pm: Lassie (PG) Helen Slater, Richard Farnsworth 9pm: The Client (PG-13) Susan Sarandon, Tommy Lee Jones	2pm: Lassie (PG) Helen Slater, Richard Farnsworth 7pm: The Client (PG-13) Susan Sarandon, Tommy Lee Jones 9pm: The Crow (R) Brandon Lee, Ernie Hudson	2pm: Lassie (PG) Helen Slater, Richard Farnsworth 7pm: Lassie (PG) Helen Slater, Richard Farnsworth 9pm: The Client (PG-13) Susan Sarandon, Tommy Lee Jones	7pm: Lassie (PG) Helen Slater, Richard Farnsworth 9pm: The Client (PG-13) Susan Sarandon, Tommy Lee Jones	7pm: The Client (PG-13) Susan Sarandon, Tommy Lee Jones 9pm: The Flintstones (PG) John Goodman, Rick Moranis (\$1.50/\$1)	7pm: Airheads (PG-13) Brendan Fraser, Steve Buscemi 9pm: Above the Rim (R) Duane Martin, Leon	7pm: The Little Rascals (PG) Travis Tedford, Bug Hall 9pm: Above the Rim (R) Duane Martin, Leon
Fort Davis 289-5173	7pm: Speed (R) Keanu Reeves, Dennis Hopper 9:30pm: Angels in the Outfield (PG) Danny Glover, Tony Danza	2pm: Angels in the Outfield (PG) Danny Glover, Tony Danza 7pm: North (PG) Elijah Wood, Bruce Willis 9pm: Speed (R) Keanu Reeves, Dennis Hopper	7pm: Speed (R) Keanu Reeves, Dennis Hopper	7pm: North (PG) Elijah Wood, Bruce Willis	7pm: Angels in the Outfield (PG) Danny Glover, Tony Danza	7pm: Speed (R) Keanu Reeves, Dennis Hopper	7pm: Lassie (PG) Helen Slater, Richard Farnsworth
Fort Sherman 289-5173	7:30pm: North (PG) Elijah Wood, Bruce Willis	7:30pm: Angels in the Outfield (PG) Danny Glover, Tony Danza	7:30pm: Maverick (PG) Mel Gibson, Jodie Foster (\$1.50/\$1)	No show	No show	No show	7:30pm: The Client (PG-13) Susan Sarandon, Tommy Lee Jones
Fort Amador 284-3583	7pm: The Little Rascals (PG) Travis Tedford, Bug Hall	7pm: The Shadow (PG-13) Alec Baldwin, Penelope Miller	7:30pm: Airheads (PG-13) Brendan Fraser, Steve Buscemi	No show	No show	7pm: It Could Happen to You (PG) Nicholas Cage, Bridget Fonda	7pm: Blown Away (R) Jeff Bridges, Tommy Lee Jones

Coming soon

Oct. 7

Howard AFB

7:30pm **Tops in Blue** will be presented

Fort Clayton

7pm **Black Beauty (G)**
David Thewlis, Sean Bean
9pm **Airheads (PG-13)**
Brendan Fraser, Steve Buscemi

Fort Davis

7pm **Lassie (PG)**
Helen Slater, Richard Farnsworth
9pm **The Client (PG-13)**
Susan Sarandon, Tommy Lee Jones

Fort Sherman

7:30pm **Speed (R)**
Keanu Reeves, Dennis Hopper

Fort Amador

7pm **Wolf (R)**
Jack Nicholson, Michelle Pfeiffer

Now showing

True Lies

Arnold Schwarzenegger, Jamie Lee Curtis

Harry Tasker is a special agent for Omega Sector, a top secret agency charged with nuclear terrorism intervention. Fluent in six languages and skilled in all forms of counter intelligence, Harry is an international spy who has kept his real profession secret from his wife. Arnold Schwarzenegger stars in the reality action thriller which features Jamie Lee Curtis as the wife. R (action, violence, language), 1 hr, 82 min.

Black Beauty

David Thewlis, Sean Bean

A heartwarming drama based on the family classic novel by Anna Sewell, tells the story of a time in history when horses were essential to men's lives. One horse named Black Beauty has good and bad owners, suffers misfortune then finds friendship and is given a secure home and loving caretaker. G, 99 min.

Airheads

Brendan Fraser, Steve Buscemi

Three metal heads desperate to get their demo song played on the radio inadvertently take a radio station hostage. PG-13 (crude dialogue and some sexuality), 1 hr, 29 min.

The Little Rascals

Travis Tedford, Bug Hall

Steven Spielberg produces an appealing update of the Hat Roach comedy series from the '20s, '30s and '40s. The gang has established a boy's only club; however, things change when Alfalfa falls for Darla. PG (rude dialogue)

The Client

Susan Sarandon, Tommy Lee Jones
Set in New Orleans, this is the best adap-

tation yet of a John Grisham novel. A young boy witnesses the suicide of a mob lawyer and hires Reggie Love (Susan Sarandon) a former addict, to protect him from federal prosecutor Rev. Roy Foltrigg (Tommy Lee Jones) and mobster Barry Muldano, both of whom think he knows where the body of a U.S. senator is buried. PG-13 (child in jeopardy, language), 2 hrs.



Now showing at Howard and Amador theaters.

Lassie

Helen Slater, Richard Farnsworth

Everybody's favorite collie Lassie is back for her ninth film (the eighth generation descendant of the original dog). Picked up as a stray by the Turner family moving from Baltimore to Virginia's Shenandoah Valley, Lassie leads her new masters into sheep ranching, then helps them in a land dispute with some ornery neighbors. PG (language, suspense), 1 hr, 34 min.

Speed

Keanu Reeves, Dennis Hopper

LAPD SWAT cop Jack Traven, played by Keanu Reeves, is known as a man with an attitude caused by Dennis Hopper, a sociopath who nearly killed him in an earlier encounter. Now Traven faces

the challenge of his career when Hopper wires a bomb to a city bus that will explode as soon as the speed goes below 50 mph. R (violence, language), 1 hr, 51 min.

North

Elijah Wood, Bruce Willis

An 11-year-old boy feeling unappreciated by his mother and father finds a lawyer and declares himself a free agent, then searches the world for the perfect parents. PG (a few words), 1 hr, 34 min.

Angels in the Outfield

Danny Glover, Tony Danza

The losing major league baseball team, the "Angels," doesn't have a prayer of winning until an 8-year-old boy claims to see angels on the field providing divine inspiration. PG (language), 1 hr, 42 min.

The Shadow

Alec Baldwin, Penelope Miller

This film recreates the 1930s radio series about a mysterious Manhattan playboy with mystical hypnotic powers. PG-13 (fantasy action, violence), 1 hr, 52 min.

Blown Away

Jeff Bridges, Tommy Lee Jones

A vengeful Irish bomber is on the loose in Boston. He plays cat and mouse while being hunted by his former best friend, a Boston bomb squad expert who has a secret past. R (violence, language), 2 hrs.

Wolf

Jack Nicholson, Michelle Pfeiffer

We all know what happens when you get bit by a werewolf, right? But, do you know what might happen if Jack Nicholson gets bit? Director Mike Nichols has the answer to that question. R (language, werewolf attacks), 2 hrs.



Channels 8 & 10

* Mature Theme ** Series Begins ***Series Ends + Program time change because of live event ****Program moved to new day and time

Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
5:30 NBC News at Sunrise 6:00 Good Morning America w/Panama Now (7:25) 8:00 Basic Training Workout 8:30 Sesame Street 9:30 Portrait of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News Break 12:25 Panama Now 12:30 Sportscenter 1:00 Another World 2:00 Oprah Winfrey 3:00 Price is Right 4:00 Think Fast! 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Wheel of Fortune 7:25 Panama Now 7:30 Entertainment Tonight 8:00 America's Funniest People 8:30 Evening Shade 9:00 In the Heat of the Night 10:00 SCN Late Edition 10:05 Cheers 10:30 David Letterman 11:30 Tonight Show 12:30 Ren and Stimpy 1:00 Movies: "Harry and Son" 3:00 "Breathless" 5:00 "Legend" 5:30 Videolinks 6:30 Headline News	6:30 Headline News 7:00 Navy/Marine Corps News 7:30 Real News for Kids 8:00 Guts 8:30 Just for Kids! Garfield & Friends Teenage Mutant Ninja Turtles Biker Mice from Mars Batman Cartoon 10:30 Faerie Tale Theater 11:30 Spies 12:00 Movie: "Huckleberry Finn" 1:30 College Football: Stanford Cardinals vs. Notre Dame Fighting Irish 4:30 Sould Train 5:30 Superman 6:00 Paradise 7:00 Rescue 911 8:00 Walker: Texas Ranger 9:00 Movie: "Presumed Innocent" 11:10 Saturday Night Live 12:40 WWF Superstars of Wrestling 1:40 Videolinks 2:00 Movies: "Under Fire" 2:10 "Cowboy" 6:00 Headline News Break	6:00 CCMTV 6:30 Outreach of Love 7:00 Parliament of Souls 7:30 Lifestyle Magazine 8:00 CBS Sunday Morning 9:30 This Week w/Brinkley 10:30 Face the Nation 11:00 Inside the NFL 12:00 NFL Football: Green Bay Packers vs. New England Patriots 3:00 Nova + 4:00 Victory at Sea 4:30 "O'Hara" 5:30 Entertainment this Week 6:30 Hearts Afire 7:00 Dr. Quinn: Medicine Woman 8:00 L.A. Law 9:00 ABC 20/20 10:00 Top Cops 11:00 Miami Vice 12:00 Movie: "The Nightman" 2:00 Sports Latenight 2:30 Frugal Gourmet 3:00 Headline News 3:30 Wheel of Fortune 4:00 Jeopardy 4:30 Videolinks 5:00 Headline News 5:30 NBC News at Sunrise 5:30 Headline News	5:30 NBC News at Sunrise 6:00 Good Morning America w/Panama Now (7:25) 8:00 Basic Training Workout 8:30 Sesame Street 9:30 Portrait of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News 12:25 Panama Now 12:30 Sports Machine 1:00 Another World 2:00 Oprah Winfrey 3:00 Price is Right 4:00 Guts 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Wheel of Fortune 7:25 Panama Now 7:30 Entertainment Tonight 8:00 Mad About You ** 8:30 Cops 9:00 60 Minutes 10:00 SCN Late Edition 10:05 Cheers 10:30 David Letterman 11:30 Tonight Show 12:30 M*A*S*H 1:00 Movies: "The Comrades of Summer" 2:35 "The Jackie Presser Story" 5:00 Headline News Break	5:30 NBC News at Sunrise 6:00 Good Morning America w/Panama Now (7:25) 8:00 Bodyshaping 8:30 Sesame Street 9:30 Portrait of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News Break 12:25 Panama Now 12:30 Sportscenter 1:00 Another World 2:00 Oprah Winfrey 3:00 Price is Right 4:00 Reading Rainbow 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Wheel of Fortune 7:25 Panama Now 7:30 Entertainment Tonight 8:00 Beauty and The Beast 9:00 Northern Exposure 10:00 SCN Late Edition 10:05 Cheers 10:30 David Letterman 11:30 Tonight Show 12:30 M*A*S*H 1:00 Movies: "Afterburn" 2:35 "Cover Girl" 5:00 Headline News Break	5:30 NBC News at Sunrise 6:00 Good Morning America w/Panama Now (7:25) 8:00 Basic Training Workout 8:30 Sesame Street 9:30 Portrait of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News Break 12:25 Panama Now 12:30 Sportscenter 1:00 Another World 2:00 Oprah Winfrey 3:00 Price is Right 4:00 Shining Time Station 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Wheel of Fortune 7:25 Panama Now 7:30 Entertainment Tonight 8:00 Fresh Prince of Bel-Air 8:30 Beverly Hills 90210 9:30 Culture Clash 10:00 SCN Late Edition 10:05 Cheers 10:30 David Letterman 11:30 Tonight Show 12:30 M*A*S*H 1:00 Movies: "Barabbas" 3:15 "Weird Science" 5:00 Headline News Break	5:30 NBC News at Sunrise 6:00 Good Morning America w/Panama Now (7:25) 8:00 Bodyshaping 8:30 Sesame Street 9:30 Portrait of America 10:25 Guiding Light 11:10 General Hospital 12:00 Headline News Break 12:25 Panama Now 12:30 Sportscenter 1:00 Another World 2:00 Donahue 3:00 Price is Right 4:00 In the Mix 4:30 I Love Lucy 5:00 Family Feud 5:30 The Cosby Show 6:00 SCN Evening Report 6:15 Headline News Break 6:30 World News Tonight 7:00 Wheel of Fortune 7:25 Panama Now 7:30 Entertainment tonight 8:00 ALF 8:25 Movie: "The Stand" (Part 3 of 4) 10:00 SCN Late Edition 10:05 Cheers 10:30 David Letterman 11:30 Tonight Show 12:30 M*A*S*H 1:00 Movies: "Brighten Beach Memoirs" 2:35 "My Name is Bill W." 5:00 Headline News Break

Cable channel 14

* Mature Theme ** Series Begins ***Series Ends + Program time change because of live event ****Program moved to new day and time

Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
5:00 Simulcast w/Ch. 8 & 10 8:00 Oprah Winfrey 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and the Restless 3:30 Teenage Mutant Ninja Turtles 4:00 Fraggle Rock 4:30 Reading Rainbow 5:00 Silver Spoons 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News 6:30 CBS Evening News 7:00 Star Trek: The Next Generation 7:55 Panama Now 8:00 Roseanne 8:30 The Boys are Back ** (New Fall Series) 9:00 Primetime Live 10:00 SCN Late Edition 10:05 Renegade 11:00 Headline News Break 11:30 Nightline 12:00 Cheers 12:30 M*A*S*H 1:00 Headline News 1:30 Sports Latenight 2:00 David Letterman 3:00 Headline News 3:30 Military News 4:00 Tom & Jerry Kids 4:30 Tiny Toons Adventures 5:00 CRO 5:30 Videolinks 6:30 Simulcast w/Ch. 8&10	6:30 Simulcast w/Ch. 8 & 10 8:30 Young Adult Theater "Teenage Mutant Ninja Turtles: The Movie" "Teenage Mutant Ninja Turtles 2" Secret of the Ooze 11:30 Real News for Kids 12:00 Silver Spoons 12:30 Movies: "A Big Hand for a Little Lady" 2:10 "Operation Pacific" 4:00 21 Jump Street 5:00 1993 National Rodeo Finals 6:00 Doctor, Doctor 6:30 Dinosaurs 7:00 Christy 8:00 Star Trek: Deep Space Nine 9:00 Herman's Head 9:30 Married With Children 10:00 Movie: "Cocktail" 12:00 Headline News 12:30 Science and Technology Week 1:00 The McLaughlin Group 1:30 Sports Latenight 2:00 Entertainment this week 3:00 Headline News 3:30 Saturday Night Live 5:00 Videolinks 5:30 Headline News Break	6:00 Shining Time Station 6:30 The Sunshine Factory 7:00 Goof Troop 7:25 Garfield and Friends *** 7:50 Disney's The Little Mermaid 8:15 Batman 8:40 Where on Earth is Carmen Sandiego? 9:05 Teenage Mutant Ninja Turtles 9:20 Movie: "The Great Race" 12:00 Headline News 12:30 This Old House + 12:55 Movie: "Mister Roberts" 3:00 NFL Football: Philadelphia Eagles vs. San Francisco 49ers 6:00 Wonderful World of Disney + 7:00 NFL Football: Miami Dolphins vs. Cincinnati Bengals 10:00 Buck James 11:00 Eye to Eye w/C. Chung 12:00 Headline News 12:30 Meet the Press 1:30 Sports Machine 2:00 Sports Latenight 2:30 Frugal Gourmet 3:00 Headline News 3:30 Wheel of Fortune 4:00 Jeopardy 4:30 Simulcast w/Ch. 8&10	4:30 Simulcast w/Ch. 8 & 10 8:00 Oprah Winfrey 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and the Restless 3:30 Batman 4:00 Fraggle Rock 4:30 The Adventures of Pete & Pete ** 5:00 In the Mix 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 CBS Evening News 7:00 Star Trek: The Next Generation 7:55 Panama Now 8:00 Monday Night Football: Houston Oilers vs. Pittsburgh Steelers 11:00 Headline News Break 11:30 Nightline 12:00 Cheers 12:30 M*A*S*H 1:00 Headline News 1:30 Sports Latenight 2:00 David Letterman 3:00 Headline News 3:30 Wheel of Fortune 4:00 Jeopardy 4:30 Videolinks 5:00 Simulcast w/Ch. 8&10	5:00 Simulcast w/Ch. 8 & 10 8:00 Donahue 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and the Restless 3:30 Where on Earth is Carmen Sandiego? 4:00 Fraggle Rock 4:30 Think Fast 5:00 Disney's Raw Toonage ** 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 CBS Evening News 7:00 Star Trek: The Next Generation 7:55 Panama Now 8:00 Sinbad Show 8:30 Family Matters 9:00 Wise Guy 10:00 SCN Late Edition 10:05 Tour of Duty 11:00 Headline News 11:30 Nightline 12:00 Cheers 12:30 M*A*S*H 1:00 Headline News 1:30 Sports Latenight 2:00 David Letterman 3:00 Headline News 3:30 Wheel of Fortune 4:00 Jeopardy 4:30 Videolinks 5:00 Simulcast w/Ch. 8&10	5:00 Simulcast w/Ch. 8 & 10 8:00 Oprah Winfrey 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and the Restless 3:30 Goof Troop 4:00 Fraggle Rock 4:30 Guts 5:00 Beakman's World 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 CBS Evening News 7:00 Star Trek: The Next Generation 7:55 Panama Now 8:00 Sinbad Show 8:30 Family Matters 9:00 Wise Guy 10:00 SCN Late Edition 10:05 Tour of Duty 11:00 Headline News 11:30 Nightline 12:00 Cheers 12:30 M*A*S*H 1:00 Headline News 1:30 Sports Latenight 2:00 David Letterman 3:00 Headline News 3:30 Wheel of Fortune 4:00 Jeopardy 4:30 Videolinks 5:00 Simulcast w/Ch. 8&10	5:00 Simulcast w/Ch. 8 & 10 8:00 Sally Jesse Raphael 9:00 Today 11:00 Star Trek 12:00 Headline News Break 12:25 Panama Now 12:30 All My Children 1:30 One Life to Live 2:30 Young and the Restless 3:30 Garfield and Friends *** 4:00 Fraggle Rock 4:30 Nick Arcade 5:00 Fact of Life ** 5:30 Showbiz Today 6:00 SCN Evening Report 6:15 Headline News Break 6:30 CBS Evening News 7:00 Star Trek: The Next Generation 7:55 Panama Now 8:00 Boy Meets World ** 8:30 Living Single 9:00 Turning Point 10:00 SCN Late Edition 10:05 L.A. Law 11:00 Headline News Break 11:30 Nightline 12:00 Cheers 12:30 M*A*S*H 1:00 Headline News 1:30 Sports Latenight 2:00 David Letterman 3:00 Headline News 3:30 Wheel of Fortune 4:00 Jeopardy 4:30 Videolinks 5:00 Simulcast w/Ch. 8&10

Sports and specials

Channels 8 & 10

Sports

College Football

Stanford Cardinals vs. Notre Dame Fighting Irish, 1:30 p.m. Saturday

NFL Football

Green Bay Packers vs. New England Patriots, noon Sunday

Series starts

Mad About You, 8 p.m. Monday.

The quest for connubial bliss continues as Paul Reiser and Helen Hunt return for another season of modern love in the heart of the Big Apple.

Mini series

"Stephen King's The Stand," 8:25 p.m. Thursday.

Mother Abigail's followers set up a base of operations in Boulder, Colo. They begin their journey to fight the evil entity known as "Randall Flagg."

Primetime movies

"Presumed Innocent," 9 p.m. Saturday.

Here's a solid, well-cast screen version of Scott Turow's crackling best seller about a prosecutor assigned to investigate the murder of a sexy assistant D.A. with whom he'd had an affair. Soon he's charged with murder himself. Stars Harrison Ford and Greta Scacchi.

Cable Channel 14

Sports

NFL Football

Philadelphia Eagles vs. San Francisco 49ers, 3 p.m. Sunday
Miami Dolphins vs. Cincinnati Bengals, 7 p.m. Sunday
Houston Oilers vs. Pittsburgh Steelers, 8 p.m. Monday

Series starts

"The Boys are Back," 8:30 p.m. today.

Fred and Betty are about to enjoy the freedom of their "golden years." Jesse, their youngest son has just gone off the college, and Fred couldn't be happier. Now they can have the house to themselves and do as they please. Stars Hal Linden and Suzanne Pleshette.

"Boy Meets World," 8 p.m. Thursday. (Replaces Full House)

Eleven-year-old Cory is having a tough time as he learns about life from his family, friends and his persnickety neighbor and fifth-grade teacher. But even though the whole thing can be confusing at times, there's still a lot to be laughed at as boy meets world. Stars Ben Savage and Will Friedie.

Primetime movies

"Cocktail," 10 p.m. Saturday.

A young hotshot comes to New York City to make his fortune, but winds up becoming a "hot" bartender instead, under the tutelage of self-styled barman/philosopher. Stars Tom Cruise and Bryan Brown.





Duty-free merchandise

FORT CLAYTON (Contraband Control Office) - As a reminder, in accordance with the Panama Canal Treaty and U.S. Southern Command regulations, duty free merchandise, whether new or used, cannot be given, transferred or generally sold to non-privilege holders. Violations to these dispositions may subject violators to prosecution under both, military and Panamanian laws. It is sometimes permissible to sell an item, but only if Panamanian taxes are paid. Before such a sale, it is strongly recommended that the seller contact the Contraband Control Section for advice at 286-3117.

Animals

Cocker spaniels (Gold) 2 Females and 1 Male 7 wks old, have shots, tail clip \$200. 221-5066.

French poodle with clippers 4mths, all shots \$150. 286-4996.

French poodle mini toy 4 1/2 pounds, white, for stud service. 226-7176.

4 yr old German shepherd free, female, neutered, watch dog. 228-264.

Chihuahua puppy, 6 wks old \$150. 286-4097.

Bl/wh cat, 11/2 yrs. old, grey/wh cat, 11/2 yrs. old, tiger stripe cat, 6 mo old, all spayed, declawed, Free. 282-3783.

Rottweiler, 3 mos old, female, over 25 pounds already. All shots, reg. Call after 5pm. \$500. 286-3197.

Boxer pups 5 wks, fawns brundles 4180. 261-7909.

French poodle puppies miniature, strawberry blonde, 7 white \$225. 261-3325.

Free gold kitten, female. 229-4471.

German shepherd, 11 mo old \$200. 286-4190.

King doberman pinscher for stud service. 283-3439.

5yr. old gelding. Gentle, trained english, jumps, great on trails. Doesn't shy or bolt \$900obo. 284-6683.

Beautiful baby bunnies \$5. 262-2665.

German shepherd puppies, 4 weeks old, black/beige, \$125. 250-0141, call after 6:00 p.m.

Hamster with tall metal cage, exercise ball and food \$25. 286-6182.

Purebred German shepherd 3 yrs old, going back to the states and can't take him with us \$50. 286-3378.

Spayed, mix Husky, perfect watch dog. Loves kids, trained, free to go home, only 3 yrs. 232-4611.

CFA registered seal-point Himalayan-Persian available for stud service. call John evenings 289-4354.

CFA reg purebred Himalayans kittens, blue-point & flame-point. Stud on premises. Free. 289-4354.

Free cats; one very fluffy and loving, one fearless and brave and one very shy. All neutered. 286-3773.

Rabbit with large outdoor cage \$20. 287-5935.

Automobiles

1987 Ford tempo, AT, AC, AM/FM, cass, 4 door, 75k miles, gd cond. Not dty pd \$3,700/obo. 286-6328.

1982 Chev Monte Carlo, gd cond, \$2,800. 266-0230.

1985 Isuzu Trooper II AM/FM cass stereo, air cond, special wheels, runs grt, \$4,000 neg. 289-4250.

1986 Nissan Laurel- 4/door auto trans, a/c, p/s/p/a, dty pd, p/b \$5,500. 239-3379.

93 Nissan Bluebird, dty pd, A/C, tinted win, AM/FM, auto, alarm, low mileage, \$13,850.236-0984.

1973 SS Nova, 350 4BM, 373 R.E. gears, gd cond, yellow w/black stripes, \$5,000. 284-5564.

85' Plymouth reliant SE, 2 door coupe, 2.2L EFI, auto trans, cruise control, no A/C, dty free, \$2,500. 226-2202.

1982 Honda Accord, gd cond, clean, dependable, \$2,750. 284-5355.

1988 Cavalier, auto, 4door, dty pd, perfect cond, \$4,950/obo. 260-8575.

83' Dodge needs painting. Ps, pb, ac, radio cass player. Gd tires, \$3,000/obo. 228-2643.

1983 Volvo 240 station wagon all extras, dty pd, \$4,000/obo. 269-2989.

88' Dodge Dakota p/u with Topper, ac, ps, pb, extras, clean, \$6500/obo. 283-6499.

1975 Buick LeSabre, grey, needs tran wk, dty pd, clean, \$650. 286-6439.

1991 Ford Explorer 4x4 sport- exc cond, \$14,800/obo. 287-3627.

1991 Chev Suburban 4WD diesel V8 Silverado dual AC, rack, R-boards, spec rims/tires, \$18,300. 252-2622.

1987 Cougar, exc running cond, 8 cyl motor 302, 2door, \$1000. 286-6541.

Jaguar XJ-6 1978, U.S. specs, gd cond, dty pd, \$4,700. 252-2969.

Camaro, auto, 6 cylinder, A/C, \$18,000. 269-6738.

323 Mazda 1989 A/C, cass, 5speed, exc cond, \$5000. 284-4983.

1974 Mustang, V-6 standard, P/5, as-is, where-is (spare parts), \$450. 221-4276.

1976 BMW 530; may need new parts. Gd cond, U.S. specs, \$2000. 286-6398.

1989 CAD Sedan Deville, super clean all the extras \$11,995. 287-4836.

Suzuki- Samurai- dty pd 1991, new tires, AM/FM radio cass, 5speed, \$8,200/neg. 220-5268.

1974 Rancher pick-up, dty pd \$1,180. 283-3487.

1975 Pinto dty pd, \$800/firm. 283-3487.

1987 Chevy Caprice Classic, gd cond. 260-6561.

'91 Ford Escort LX- 2 door, 40 MPG/ 65KPG, exc cond, new tires, \$7,500/ neg. 284-4125.

1990 Ford Taurus GL, PS, PB, 6 cylinder, 36,000 miles, \$9,500/obo. 287-4689.

1987 Toyota conversion van PS, auto, 4cyl, AM-FM cass, original owner. Exc cond, \$6,200. 232-4627.

1991 Ford Ranger XLT, white, w/ matching camper shell, 28k miles, AC, PS, PB, not dty pd. 287-5536.

1987 Nissan Sentra 5speed, 2 dr, grey, AM/FM cass, new tires. Exc cond U.S. specs, \$4,500/obo. 287-5737.

1984 Toyota Lite Ace, 4cyl, 5 speed, PS, PB, A/C, body needs wk, dty free, \$3,000/firm. 286-6424.

88 Mustang GT 5.0L, A/C, PB, PLO, PW, am/fm radio, 64,500 miles, \$7,000. 223-5609.

1989 Ford Tempo, exc cond, complete car care records, one owner \$5,800. 284-6381.

1978 Mercury Monarch, exc cond, auto, ac, pw, ps, am/fm/cass, dty pd, best offer. 232-6056.

1990 Ford Bronco II ps.pb.ac, am/fm/cass, XLT package. Immaculate white exterior, \$15,000/neg. 260-3433.

1983 Chevy S-10, new brakes, tires and paint. Alpine stereo, 100watt majestic amp, 10" subs w/woofers, tweeters, \$3,000. 286-4096 after 6pm.

1989 Honda Accord LX- grey 5-speed, ac, cruise control am/fm/cass, \$8,500. 260-4697.

1990 Nissan Sunny 5speed, a/c, low miles. Great shape, \$3,900. 287-3895.

'85 Chev Cavalier, 4cyl, auto trans, 4 door, \$2,000/obo. 284-6491.

1978 Ford T-bird, 2dr, ac, am/fm/cd, 302 engine, gd cond. Not dty pd, \$1,800/obo. 252-2838.

1991 Honda Civic 3 door, 16 valve, fuel inject, booming system, runs exc, ask for Derek. 284-6137.

1990 Geo Tracker LSI, 4x4, ac, exc cond, 5sp, hard top, cass, \$9,999. 287-5933.

1986 Taurus 5sp, new a/c, great cond, dty pd, \$6,000/obo. 269-5700.

1988 Montero, at, loaded, diesel, dty pd, \$12,000/obo. 269-5700.

84 Dodge Daytona turbo ps.pb, pw, ac, new interior, \$3,000obo. 261-2055.

1991 Ford Explorer, xlt, 4x4, 4dr, auto radio cass, dty pd, \$17,000. 228-4061.

1986 Dodge Ram 50 pick-up. Exc cond, 4cyl, low mileage, dty pd \$4,500. 287-5935.

Isuzu Rodeo 1992 blue/grey fully loaded. 260-6429.

1987 Isuzu Trooper 4dr, 4wd, red, a/c, not dty pd \$4,500/obo. 252-5567 after 5pm Sun.

323 Mazda 1989 a/c, cass, cc, excellent condition \$5,000. 284-4983.

1990 Olds Cutlass Supreme, 4dr, pw/ d, pb, ps, ac, cass, 27,000 miles, not dty pd \$12,500. 287-3814.

1992 Daihatsu Feroza, a/c, 5sp, stereo, 4wd, not dty pd \$8,500/obo. 232-4561.

'79 Plymouth Champ \$1,500/obo, not dty pd. 284-6388.

1987 white BMW 316i, automatic, fully loaded, excellent condition \$8,900/obo. 263-4671.

1991 Plymouth Sundance, auto a/c, bought new at Howard car sales. Exc cond. \$8,000/obo. 286-3171

1990 Chevrolet Cavalier 2dr, pb, at, ps, ac, 4cyl, low-mi, am/fm cass, not dty pd, \$6,000. 284-5024.

Ford Telstar, 5spd, ac, am/fm cass, dty pd, exc cond, new paint, \$4,000. 252-2414.

1989 Olds Cutlass Calais, quad 4, ps, pb, pw, custom wheels, pl, \$11,500. 261-3568.

1990 Chevy Cavalier, 2dr, cpe, air, am/fm cass, ps, pb, low mi, \$7,500/obo. 264-3143 evenings.

91 Ford escort LX, 2dr, 5sp, am/fm cass, excellent cond, original owner price neg, \$7,000. 284-4125.

1989 Geo Metro, 3cyl, est 50MPG, exc cond, trailer hitch for Jon boat \$3,500. 250-0387.

1979 Volkswagen van good interior. Runs great, \$1,500. 282-3924.

1987 Chevy Suburban, R-101/2 ton, 4-wd, double a/c, new tires, low mileage, dty pd, \$10,000. 252-5397.

89 Honda accord LX: red exterior-beige interior, 56,000mi, loaded-sunroof, exc cond. 284-3481.

79 Jeep Grand wagoner 4x4 loaded, gd cond, \$4,000. 285-4045.

1983 CJ-7 Jeep. Laredo package, very gd cond, \$6,000. 252-5024.

84 Ford flatbed, V-6, std, 4x4, p/s, p/b, includes new spare, parts. Grt mechanic cond, \$4,500/obo. 289-5942.

89 Olds Cutlass calais ps, pb, tint, custom wheels, 2dr am/fm cass, one owner 58k, \$6,000/neg. 287-5032.

87 Toyota Cressida at, ps, ac, loaded \$5,000. 256-6376.

91 Ford Escort GT black 1,400mi, air, auto, ps, am/fm cass, \$8,500. 252-6822.

90 Nissan p/u exc cond, alarm and much more. 287-5582.

82 BMW 528, gd cond, power package, U.S. specs, sun roof, \$7,000/neg. 286-6699.

89 Ford Tempo GL 39,000mi, loaded exc cond, \$5,500/obo. 284-4932.

Volvo 1990, 740, auto, am/fm/cass, a/c, p/w, exc cond \$9,500. 226-6341.

88 Ford Taurus, low mileage, exc cond, \$5,950. 252-5738.

77 Chevy Blazer 4 wheel 350cu-inch, gd cond, many components, rebuilt/replaced. Auburn color \$3,400. Call evenings 286-4030.

Make the best offer. 261-6418.

88 Chevy S10 Blazer Tahoe 4x4 V6 43k, Sony am/fm cass, exc cond \$8,900. 287-4790.

89 Pontiac Formula Firebird, red, loaded, 5.0 liter eng, ac, am/fm cass, great cond, \$8,500. 287-5782.

Chevy Celebrity s/w, ac, at, ps, pb, am/fm cass, \$4,000. 287-6136.

1993 BMW 325, 4dr, 5spd, burgundy, new tires, one owner, all extras, U.S. spec, not dty pd, \$23,000. 230-0392.

1978 Dodge Diplomat SW, dty pd, transmission will need wk eventually, \$1,900/neg. 287-4885.

1988 Toyota 4x4 pu, custom paint/mags. Beautiful truck, lifted. Lamb 284-5644.

1979 Chevy Nova- ac, ps, rebuilt, at, overhauled brakes, runs great \$1,300/obo. 287-4877.

1991 Camaro, 5spd, 5.0L, V-8, low miles, below blue book \$9,950. 256-6830.

1992 Chevy S-10 pick-up, ac, ps, pb, 5spd, am/fm-cass, exc cond, \$8,395. 286-3695.

1983 Nissan pick-up white, 5spd, U.S. spec, gas, new tires, good mec cond, just painted, \$4,500. 230-0392.

1983 Honda Accord ex, ac, loaded, low mileage, runs grt, dty pd, \$4,000/obo. 287-4686.

1992 red Jeep Wrangler soft top, low miles, exc cond. Leave message \$12,500/obo. 284-4267.

1985 Nissan Patrol, 4x4, 4dr, as is, \$3,500. 252-6829.

1982 Honda civic. Call before noon, \$1,300. 287-4735.

Suzuki Samurai dty pd, hardtop 4x4 \$2,700. 252-8183.

1980 Mitsubishi Galant 4dr, standard, ask for Enrique \$2,400. 235-9047.

1981 Ford Thunderbird, exc running cond. Needs cosmetic work, reliable transportation, \$650/obo. 252-5100.

1990 Pontiac Grand Prix, ac, pw, pl, ps, cruise control, never wrecked, tilt steering, \$10,000. 286-6298.

1967 VW Classic Beetle, \$1,500. 269-5598.

1977 Buick Regal, air, ps, pb, stereo, dependable, \$1,500/obo. 260-2104.

1993 Dodge Dakota, ext cab V6 magnum, 27,000/mi, exc cond, \$15,000. 282-3577.

1984 Plymouth Reliant, auto ac, am/fm cd, w/o speakers, runs great, needs body work, \$2,400/obo. 287-3364.

1983 8cyl 302 engine Ford Van ac, ps, auto. Not dty pd, \$8,000. 261-9617.

1985 Jeep CJ-7 gd cond, \$5,500. 284-5510.

1988 Pontiac Lemans 4dr, ac, 5spd, am/fm cass, low mileage, exc cond, not dty pd, \$6,000/obo. 286-4693.

1984 Audi 80 GL 4dr, auto, ps, gd car for Panama, \$2,500. 223-7980.

1987 Dodge Ram pick up, 58,000 miles, grt cond, \$4,000/obo. 264-7779.

1980 Ford station wagon, white, needs minor body work, runs good. Not dty pd, \$800/obo. 286-4693 after 5pm.

1989 Ford F-150XL Tariat super cab new 351 eng, ps, auto, ac, 2 tanks, \$8,500. 284-4575.

Dty pd 1974 Ranchero, \$800; Dty pd 1977 Pinto, \$800. 283-3487.

Available
Eng-spk maid, honest, reliable, hard-working. Live-in/out. Pay neg. 221-1131.

Span-spk housekeeper avail M-W-F. Contact anytime. 287-6589.

Looking for a seamstress, call me. 284-3830.

Span-spk maid available now 225-2221. Ask for Rosada.

Span-spk maid, live-out, honest, reliable, gd ref. 252-1035.

Hard working, Eng-spk lady seeks employment 3 days. Ft. Clayton only. 287-4239 or 266-4208.

mature, dependable, good worker. 260-9421.

Bilingual maid Mon-Fri, live out. 266-7957.

English maid 3 days a week at Cocoli. 283-5228.

Dependable babysitter for eves and wkends, Eng-spk, gd w/kids, prefer Howard only, Becky. 284-4638.

Bilingual housekeeper, grt w/kids/pets, exc cook, live-out. Available Nov 1. 284-3392.

Honest reliable Eng-spk maid 1-2 days a week. No ironing. 224-7521.

Tutoring available for elementary grades. Atlantic side only. 289-4350.

Bilingual live-in maid grt w/kids, Mon-Fri. 232-4620.

Booking now for holiday parties-variety band, Eng-spk, gd w/kids, prefer Howard only, Becky. 284-4638.

Cake decorating. 287-6222.

Bilingual mature maid, live-in. Lillia, 284-4089.

Bilingual maid, dependable, honest, caretaker for elderly or children, day work or weekly. 238-1361.

Reliable babysitter in my home anytime, Eng spk only. 286-4294.

Honest, dependable housekeeper 3 days a week. 282-3128 MWF 8:30am-5pm.

Babysitter, Eng-spk days. Work Thurs and Fri, or 2-8pm daily. Suzie 229-2045.

In home art instruction. Acrylic and oil painting, watercolor, charcoal; freedom of express, creativity. 260-3433.

Honest, dependable live-out maid. Fantastic w/children. Memy 262-1276.

Honest, reliable live-out maid. Gd w/kids. Delmira 231-4350.

Honest, reliable, hdworking, Span-spk maid/babysitter. Live-out, cooks, grt w/kids, refs. 285-4734 after 5:30pm.

Honest, dependable Span-spk maid. Live in or work MWF. Grt cleaning and ironing. 287-5922.

Recupholster, refinish furniture, car headliner, etc. Work in your home. 235-9047.

Span-spk day maid. Honest, reliable. Evening and weekend babysitter. 286-4724.

Span-spk housekeeper avail one day a week. Honest, reliable and hard working. 286-3381.

Span-spk day maid. Honest, reliable, references. Avail Tues and Thurs only. 282-3580.

Boats & Campers

14' Boston Whaler- 40 H.P. Yamaha electric start Fishfinder, trailer, loaded \$4,195. 269-6738.

141/2 Abernathy Fiberglass, trailer, no motor \$1,700. 252-2969.

1994 Yamaha 9.9 Marine outboard motor, long neck all acc, new in box, \$1,150. 252-6610.

Trailer-utility, 1/2 ton, steel frame, fiber glassed, 3'x4' cargo area, spare tire, wiring kit, \$295. After 6pm 260-9172.

speakers, walnut: 161/2"x25"x111/2". 287-4182.

Older amplifier, turntable, tuner, speakers, tape deck, \$280. 223-4290 call evenings.

386sx 120mr hd VGA monitor, \$900. Call before noon 287-4735.

Nintendo with 5 games \$75. 284-3696.

Leading technology 386, 40mb hd, 2mb Ram, monitor, printer, mouse and software \$850/obo. 284-3696.

486DX 33, 8mb Ram, color printer, SVGA monitor, over \$1000 original software, 1440 modem, tape backup and more \$2,700/obo. 251-8227.

13" TV/VCR combo w/ remote. New, never used \$400. 283-3694 6-9pm.

Technics Quartz turntable, direct drive; \$75. Kenwood a/v surround amp, 237watts, like new, \$350. 252-5829.

JVC camcorder, case & battery \$500. Minolta x-7A camera with lens, flash tripod, bag \$150. Large window blinds \$100. 284-6784.

Panasonic KX-P1624 dot-matrix printer, wide body \$250. Logitech hand scanner, 256 gray scale \$200. 252-5829.

Laptop computer w/WordPerfect 5.1, Windows and Rightwriter installed 1 mo old, \$1,600. 283-5617.

IBM PC comp, 40mg hd, 51/4 floppy, monitor, joystick, mouse, word processor, games, more, \$350. 284-3184.

Samsung 29" color TV surround system, remote, exc cond, \$300. 232-5419.

Computers, printers, fax machines, IBM, Wang, Panasonic, great equipment, great prices. 230-0008.

Technics CD player model SL-P102 w/remote, exc cond, \$100/neg. 287-5776.

Audiovox car stereo sys w/detachable face, exc cond, \$150/neg. 287-5776.

SNES, Super Metroid \$125. Genesis w/3 games \$150. 285-6874 Rm 302.

Computer, dual disk drive, CPU, monitor, printer, games and software included, \$400. 286-4378.

Tandy 1000RL comp, color monitor, enhanced keyboard w/star NX-1001 multi-font printer \$450. Kenwood speakers set 800watt \$80. 287-4281.

486 DX2/66, 8mb Ram, 420 mb hd, mouse, fax/modem, software, SVGA monitor, double CD Rom, 166 sound-card, speakers \$2,800/obo. 283-5391.

Household

BR set, oak/antique pecan finish, tall chest, 2 nightstands, dresser & mirror, full/queen headboard, \$1,800. Queen mat/springs, like new, \$400. 283-3220.

Lazy-Boy recliner, blue velour, \$450. Beige 18" commercial carpet squares-great for family room/maid's room/work area/church, \$1ea. 283-3220.

Baby crib, American made solid wood, white, classic style, \$150. 286-4589.

Maytag washer and dryer, extra large capacity, like new \$900. 287-5038.

Mauve sofa in good cond, 11/2 yrs old \$200. 286-4576.

Black couch with 2 matching chairs \$1,000. Wood entertainment center, dresser, rolltop desk, more. 264-1697.

Small wood Canal Zone desk, good cond, \$100. 252-1174.

Room divider \$160. 260-5336.

Custom leather recliner, designed for tall person, one leather lounge chair, both brown, \$400ea. 287-5038.

LR set w/4 tbs \$450. LR set w/1 tbl \$475. DR set w/4 chairs \$400. Bar set w/high chairs \$380. 252-2883.

Man's mountain bike, 26" 18 speeds, good cond, \$65. 287-3223.

3 piece BR set, bench with weights, toilet trainer, infant toys. 287-5870.

Oak cocktail table and 2 end table set, exc cond \$350. 287-3629.

Large Kenmore microwave oven \$150. 233-6096.

3 Pax Aerostar van seat, gd cond, \$200/obo. 284-3392.

Q-size bed w/frame \$200, BR dressers solid wood \$150, mirrors full length door \$10. 287-4888.

Sofa, exc cond, \$750. 228-4514.

Computer desk \$120, small entertainment center \$150, 2 matching blue Queen Anne chairs \$500. 287-5021.

Sofa, light blue, like new \$600. 269-5700.

GE washer \$350, Whirlpool 21cu ft refrigerator \$650. 228-4061.

Kenmore washer/dryer set \$750/obo. 284-5685.

GE XL44 gas range, like new, hook ups included \$350. 260-2580.

China cabinet 21/2yrs old, gd cond, \$500. 284-5338.

Q-sz waterbed \$150. 284-3528.

Curtains, 10 windows for Howard AFB, officers' qtrs, due to PCS. Only 1 year old, \$300/obo. 284-4394.

Four piece sectional sofa with recliner and Q-sz sofa sleeper. Mauve, blue and cream \$900. 284-3578 after 6pm.

German leather couch and loveseat \$225. 287-4288.

Washer/dryer \$500. Before noon 284-4733.

DR couch multi color \$800. 287-5921.

New Kenmore lg cap washer & dryer white, heavy duty, \$500. 286-6293.

Indoor/outdoor plants, cheap. 287-4546.

Couch, loveseat, chair pastel, floral, needs some cleaning, \$400. 287-4534.

Craft table w/chair \$78. 223-4290 evenings.

Queen size bed w/6 built in drawers, queen mattress \$200. 287-4690

Trees, bushes, plants and cuttings. Fig trees, small bushes \$5-\$15. 286-4184.

3pc LR set, gray, great cond \$500/obo. 234-5419.

GE 19.6cu ft refrig w/inside ice maker \$750; 4pc BR, solid pine w/dresser, lighted hutch \$1,000. 252-1257.

DR set, 6 chairs \$200; GE no frost refrigerator \$300. 230-1886.

Couch/built-in recliner, NES Destination Earthstar \$10; SNES Mario \$10, Mortal Kombat \$40 and Star Fox \$25. 286-4674.

Fans, 2 round and 1 square \$10ea. 260-9303.

Blue curtains \$15, Kenmore microwave \$175, swing set \$50. 252-1257.

5 piece sectional with 2 recliners & queen size hide-a-bed southwest design \$600. Pacific Hills 100 MH 20A.

Sofa sleeper, queen size, inner spring mattress, \$690; oversized glider rocker/recliner, looks new, \$290. 286-3223.

24,000 National a/c \$375; 19,000 Freidrich a/c \$350; 6,000 GE a/c \$165. 252-2287.

Antique upright grand piano, plays but needs work \$500; 3'x3' floor pillows \$5ea; used VHS, Beta tapes \$.50 each. 252-2344.

Girls bedroom set, sofa bed, coffee and side tables, wall unit, TV, bicycles and stereo set. 287-4877.

Wall unit, curtain for trop qtrs, umbrella for outdoor furniture, pioneer 150w speakers. 230-1927.

Coffee tble and 2 end tbles, modern (metal and glass) \$200 set. 252-6844.

Black door refrigerator/freezer Whirlpool \$600. 285-5601.

6,000 BTU a/c good condition \$190. 256-6830.

Lg sofa and loveseat overstuffed \$1,100. 260-7025.

9x12 rugs one blue and one mauve \$30 each. 261-6492.

Light bl carpet 10x11 \$40. 287-4234.

Refrig, stove, freezer set, \$1,100. 283-3487.

New blk laquer home entertainment center with encyclopedia cabinets and glass door \$300/obo. 269-4064.

DR set w/4 chairs \$200/obo, portable dishwasher \$150/obo. 284-3538.

2 bamboo settee seats, 2 person \$80ea, patio table \$50. 261-3325.

Luxury solid oak DR set 4 chairs, 14 mos old, like new \$850. 229-2916.

Lost

USMA '89 class ring. White gold w/ blue sapphire and diamond. Reward. 263-9882.

Dog - German shepherd/Lab, female, brown and tan. Reward. 252-2476.

Kitten on Fort Clayton near Reader Fitness Center. ansers to the name Skipper. 285-6112.

Miscellaneous

Danish twin bed; Sony compact disk; Sony Betamax; Danish entertainment set; danish DR w/china; SC word Processor 800LT & printer. 236-0984.

Huffy 18 speed mountain bike, like new cond, \$140. 252-5792.

Water heater \$75, wood table 80"x40" \$130, store display cabinet - wooden \$120, computer stand \$80, air purifier \$150. 226-8626/3278.

Chevy parts, brake booster, alternator, like new \$225/\$175obo. 252-6956.

Tread-mill-Pro-Form 5.0A, \$350. 223-3645.

Olympic weight set & bench, like new \$250. 284-4381.

Orchids and misc plants. Call evenings. Price varies. 252-1218.

Pioneer, mini-component stereo system, turntable & dualcass \$450. Epson Action II laser printer, emulates HP II, like new, \$650/obo. 283-3220.

American Perfection 200 T round-glass counter top hot air flow oven. Low fat cooking, \$90. AT&T 1507 phone/answer system, \$65. 283-3220.

Weider power stack, 200lbs, bench press, 4 stations, new \$375. 260-3363.

Patricia - Where are you? 269-9622.

Personal weight system, gd cond, \$100. 287-3629.

2 cymbals, paiste 18" crash and 10" splash, ask for Paul, \$200. 287-5651.

Coupon for weekend at Las Sirenas beach cabins in Santa Clara \$100. 252-1257.

Fence 6'x125' with post & gate. You take down \$400/obo. 286-4933.

Scuba tank, BC, and misc gear, due to PCS and no free time, neg. 284-4394.

Teenagers, young adults stylish clothing (\$10-\$15), assorted baby items and electric breast pump. 284-5197.

Hardwood bench type hanging swing, like new, \$85. 228-4514.

Mobile home, double wide, 3 bedrooms, 2 full baths, central a/c, burglar bars throughout \$30,000. 286-3773.

Lawn mower-4.0 litre engine 20in cut, catch bag, adjustable wheels, Sears Craftsman new, \$200. 287-4428.

Army blues-female, sz 16R, jacket, skirt, white blouse, \$90, wore once. 287-5291.

5spd transmission 87-88 Ford Escort 250 & C-4 Ford transmission heads and block 2.8L Ford engine. 228-4061.

Craftsman router w/case, 11/2 HP, micro depth adjustment, w/16 piece bit set. One yr old, \$100. 289-4082.

A large cage for sale, 5 feet tall 3 feet wide 2 feet deep, \$110. 284-4188.

Meade 10" telescope SCT, many extras. Exc cond, gd optics. Reasonable offer. 284-3692.

Bench press with set of weights and bar, \$100/obo. 228-1334.

Briggs stratton lawnmower, 3.5HP 22 inches, \$90. 260-7582.

Child's security gate, \$15. 284-6199.

Sports cards and Desert Storm cards for sale. Reasonable. 283-4349.

4 new tires 185/60R13 4160. 282-3793.

FSU 1101 work in progress book. Gd cond used only once. Neg. 287-4438.

Singer sewing machine, 32 stitch \$150; baby clothes/items vary. 284-4885.

Dinette with 3 chairs \$75; toddler car seat \$20; bassinette \$30; box of maternity clothes \$30; small dog kennel \$20. 286-4474.

PCC books, 500 Word Theme for Eng Comp I \$20, 10 Steps to Writing \$5, Intro to Computers \$20. 287-3342.

Selling snap-on tool sets at half their book price. Blue-point extractor set \$135. 286-4184

For sale baby playpen \$40; small Zenith color TV \$80; Zenith color TV 13" remote \$140; Almiral vertical freezer 16.7cf \$500. 286-4023.

Whirlpool dishwasher, portable \$200. 286-4023.

Tires 2-245/45zrx16, 4-195/50x15, 4-205/70x14 other size by order, \$20 and up. 252-2792.

Whirlpool washer & dryer heavy duty (sell as set only) exc cond; Pioneer

digital timer am/fm tuner. 287-4182.

FSU textbooks, ECO 2000 \$20; LAH 1093 both books for \$13. Avail for term two. 284-4921.

Misc parts for small block Chevy; 2 BBL in-take manifold, 2 BBI carbs (2ea), mirrors, brakes combination valve for '84 Camaro. 283-3485.

Radiator (2 core) for small block Chevy, fits many GM cars, \$45; head castings for small block Chevy, \$20 set. 283-3485.

Chain link fence; 75ft x 5ft, includes posts and gates best offer. 252-2093.

2 round tables \$70ea or both for \$100; Majestic carradio/tapeplayer \$50/obo; mini trampoline \$30. 286-4674.

1/3k diamond solitaire ring w/ appraisal, exc cond, \$600/obo. 264-3352.

3 tires P225 R75x15 Goodyear Wranglers \$150; 100 feet of fence 5' tall \$200. 252-5320.

2 new box springs, twin, \$75ea. 252-2314.

12x15 carpet \$150; 3pc suitcase \$50; plants; baby bassinet \$45. 287-6373.

Eng 1101 FSU, third edition, The Bedford Handbook For Writers \$15. 260-3270.

Woman's bike \$100; woman's dress boots size 8 1/2 \$45. 287-6672.

Girl's Huffy 10spd, white, peach, light green color, gd cond \$65. 287-5678.

Bedroom blinds for Curundu flats, 1 dark red, 1 taupe; king size waterbed sheets. 286-4222.

Women's shoes size 8, 8 1/2, 9, women's exercise clothes, win valances, 7pc, 6pc crib sheet sets. 287-4788.

61/2' artificial Christmas tree w/stand. Non-flammable material, \$65. 256-6356.

5000BTU room a/c new \$325. 283-3694 6-9pm.

10-speed man's mountain bike w/ child's carrier \$130; gas grill used \$55; obo for both items. 287-4527.

Yahama clarinet \$175; Dave Dottos Real Estate Course \$200; Cable box (Zenith) \$300; Cable antennae & wire \$200. 252-2344.

4 Goodyear 11.50x31x15 wrangler AT tires on Ford factory mags \$450. 260-9058.

Wedding gown, veil, 3 ring wedding set, more extras. Paid \$3,000 will sell everything for \$1,000. 286-6134.

Danish white lamp for corner table \$60; beautiful plants all sizes/prices. 236-0984.

Keyplayer, model Casio Tone MT-105 \$40. 260-3485.

Cleaning and repair for a/c's of houses and cars, low prices. 228-0201.

Lady's 3-tone 18k gold bracelet 48.2 grams, 1 inch wide, cartier design \$1,350/neg. 252-2370.

Aquarium- 20gal, w/black gravel, undergravel filter, pump and filters. Accessories available \$50. 252-5872.

Carpet cleaning equipment - steamers \$550, shampoo machine \$650. 230-0008.

Portable car ramps \$40; Radio Shack electronic parts \$80; Judo suit \$10; rattan wine rack \$10; antique tools. 252-2042.

Parts for 1974 Grand Torino, ask for Enrique. 235-9047.

Snorkeling equip used once- mask,

fins, gloves, boots 101/2, snorkel and bag \$150. 285-6874 Room 362.

Airless painter new condition \$45. After 4pm 252-5872.

Car seat, children's bed safety rails, funtime infant seat \$30; cowboy boots, new auto bottle warmer. 252-2042.

MR2 car bra \$40; one Goodyear Wrangler tire P225/75R15 w/7,000 mi \$50; Jeep round fog light \$50. 287-4788.

Baby car seat, baby clothes girl 3-18 mos, white 4pc comforter set Q-size. 282-3776.

5 HP submersible water pump for well, 220 volts, 1 yr old \$1,200. 252-3356.

WOH 1023 FSU book eighth edition World Civilizations \$30. 260-3270.

Motorcycles

1993 Yahama DT 125, dty pd, \$1,400. 252-5397.

89 Honda XL-600 Trans-ALP, 17k mi, climb mountains. Gd cond, test ride, \$3,300/obo. 260-9899.

1978 Kawasaki 650 Bi needs little work, dty pd, ask for Hill, leave message, \$900. 284-3669.

1981 Yamaha, 110000, gd cond, \$1,800/neg. 286-6699.

1993 Honda CB 250 Nighthawk 426mi, new bike helmet and gloves incl, \$2,000. 286-3399.

1990 Kawasaki ZR 550 new tires and brakes, looks gd, 17,000 mi, \$1,700. 287-3625.

1976 Montessa 348 Coda Trials bike. Gd cond, spare parts \$750/obo. 261-2550.

Suzuki trail hopper 50cc, \$500. 285-4690.

1987 Yamaha 200cc motorcycle (U.S. spec) dty pd, gd cond, low mileage \$1,000. 286-4628.

Patio Sales

Qtrs 129B, Albrook 7am-noon. Two family sale.

Qtrs 264B Albrook. Saturday 8 till ?

Qtrs 2351A Balboa.

Qtrs 855A Clayton 7-11am.

Qtrs 686A Clayton 7-11am

Qtrs 309B Clayton 8am-noon. No early birds.

Qtrs 643B Clayton multi family 7-11am

Qtrs 684C Clayton.

Qtrs 248B Albrook 7am-noon.

Employment

HOW TO APPLY: Submit a SF-171, DD 214 if claiming veteran preference, a copy of college transcripts if claiming education and a copy of CASP notice of rating if applicable. Submit a copy of latest SF-50 if you are a Federal employee.

For more information regarding Army vacancy announcements (forms required, job related criteria, etc.), visit the Directorate of Civilian Personnel, Building 560, Room 102, Corozal, or call 285-5201.

*Note: One-on-one employment counseling should be the first step in the job search.

SPECIALIZED EXPERIENCE: Positions at NM-5 level and above require specialized experience. Specialized experience is either education above the high school level or work experience directly related to the position being filled. Example: Budget positions at or above the NM-5 level required Budget experience or equivalent education.

Vacancy announcements are also available at the Sundial Recreation Center.

Directorate of Civilian Personnel is accepting applications on a continuous basis for the following positions. Registers established from these announcements will be used to fill permanent and temporary positions.

- VB# 001 * General Clerical, NM-3 (Used to fill most clerical position).
- VB# 001A * General Clerical, NM-4 (Used to fill most clerical position).
- VB# 002 * Sales Store Checker, NM-3 (Intermittent wk sch)

* CASP Examination (CEO, notice of rating) is required.

- VB# 003 Recreation Assistant, NM-4 (Lifeguard) Requires Cert + 6 mo recreation exp in the field.
- VB# 004 Recreation Assistant, NM-4 (Requires 6 mos recreation exp in the field).

- VB# 005 Secretary (Stenography), NM-5
- VB# 005A Secretary (Stenography), NM-6
- VB# 006 Secretary (Typing/Office Automation), NM-5
- VB# 006A Secretary (Typing/Office Automation), NM-6

- VB# 017 Administrative Services Assistant, NM-5. Limited to permanent status employees only.
- VB# 017A Administrative Services Assistant, NM-6. Limited to permanent status employees only.

The following positions are Perm/temp, Full-time, Part-time, Intermittent.

- VB# 007 ** MEDICAL OFFICER, NE 12/13/14.
- VB# 008 ** CLINICAL NURSE, (RN license required), NM-9/10/11.
- VB# 009 ** PRACTICAL NURSE, (LPN license required), NM-5.
- VB# 019 ** EMERGENCY MEDICAL TECHNICIAN, NM-640-4/5/6.

** Selectees for nurse, medical officer and EMT positions required a background check.

Worldwide and local announcement. OPEN: 09-30-94

WW483-94-JH PLANS AND PROGRAMS COORDINATOR, GS-301-11. SENSITIVE. HQ, USSOUTHCOM, US Military Liaison Office, Brasilia Sec., Brazil. NOTE: Security clearance is required. Applications will be accepted from Federal employees and non-status applicants (to appointed as an overseas limited appointment).

CLOSES: 10-25-94.

VB# VACANCIES, TITLE AND LOCATION. OPEN: 09-30-94 CLOSE: 10-11-94

Pacific
443A-94-SS PLUMBER SUPERVISOR, MS-4206-10. USAG, DEH, Oper Div., Corozal. NOTE: Driver's license required.

473-94-ES SPEECH PATHOLOGIST, NM-665-9. USA MEDDAC, GACH, Dept of Pediatrics, EFMP Clinic, Ancon.

433A-94-NC INDUSTRIAL ENGINEERING TECH, NM-895-7/8/9. USAG-DEH, Resource Div., System Br., Corozal.

474-94-NC EMPLOYEE RELATIONS ASSISTANT (OA), NM-203-6 Dev 7. TEMP NTE: 1 YR. USAG, DCP, LED Div., Corozal. NOTE: Bilingual. Position is developmental to NM-7, selection of temporary at NM-6 will require competition for the NM-7.

475-94-NC PASSENGER RATE ASSISTANT (OA), NM-2133-5. DOL TRANS Div., Ft. Clayton. NOTE: Qualified typist.

476-94-ES (8) DENTAL OFFICERS, NM-680-11. TEMP NTE: 6 Mos. Joint Task Force, Safe Haven, Camp One. NOTE: Bilingual. Part-time. Panamanian license required.

477-94-ES BIOLOGICAL SPECIMEN COLLECTOR, MG-5001-5. TEMP NTE: 30 Sept 95. USA MEDDAC, Preventive Medicine Svc., Entomology Sec., Ancon.

478-94-JH INTELLIGENCE SPECIALIST (OPERATIONS), GS-132-11. SENSITIVE. INSCOM, 470th Military Intel Brigade, Corozal. NOTE: Security Clearance is required. Fully Bilingual. Driver's license required. In addition to meeting the above requirements, applicants must meet OPM standards for language specialist series GS-1040 (experience in translating, interpreting both in English and Spanish).

479-94-JH SUPERVISORY MEDIA INFORMATION SPEC, NM-1011-11. SENSITIVE. SOUTHCOM, Directorate of Operations (SCJ3), Quarry Heights. NOTE: Security clearance is required.

480-94-KF SECRETARY (STENO), NM-318-7. SENSITIVE. USSOUTHCOM, Public Affairs Directorate, Quarry Heights. NOTE: Top Secret clearance is required. Qualified typist. Bilingual.

481-94-JH SECRETARY (STENO/OA), NM-318-8. SENSITIVE. USARSO, Deputy Commander for Support, Ft. Clayton. NOTE: Security clearance is required. Qualified typist & stenographer.

482-94-EL INTELLIGENCE SPEC (OPNS SPT), GS-132-9. SENSITIVE. USARSO, DCSINT, Ft. Clayton. NOTE: Security clearance is required. Bilingual.

NOTE: DB-466-A-94-KF and DB467-A-94-JH are amended to delete Temp NTE 09-3095.

Air Force Club

The Howard Enlisted Members' Club announces job openings. All interested applicants must submit an Application for Nonappropriated Employment, AF Form 1701, available at the Human Resources Office, Building 708, Howard AFB, Panama.

WF-7405-I Bartender. Salary ranges from \$3 to \$7.25 an hour.

WF-4749-II Cook. Salary ranges from \$5.44-\$11.46 an hour.

Club news

Quarry Heights

◆Officers' Club: 282-3439

The club will be closed to the public for renovations through Nov. 20. Check cashing service for members will be available 10 a.m.-2 p.m. Monday through Friday. Additionally, a snack wagon will be available for short orders and during lunch hours 11:30 a.m.-1:30 p.m.

Amador

◆Club Amador: 282-4334

All-you-can-eat lunch buffet, \$3.95 Fridays, featuring soup, salad, selection of entree, special return rights.

Sunday brunch features the Ballet Folklorico Panameno at noon the first Sunday of each month.

All-you-can-eat spaghetti lunch Wednesdays, \$3.95.

The club will open for lunch Mondays-Fridays during renovations of the Quarry Heights Officers' Club.

Clayton

◆The Loop: 287-3035

CJ's Sports Bar daily lunch specials 11:30 a.m.-1 p.m. Mondays-Fridays. The bar and grill now opens noon Saturdays-Sundays for football game viewing and at 3:30 p.m. Sundays pool tournaments.

Prizmz Night Club features a variety of music Wednesdays-Saturdays and jazz 5 p.m. Sundays.

For events or parties at the Prizmz Night Club or CJ's Sports Bar, call 287-4716 or send a fax to 287-4343.

◆NCO Club: 287-4716

The Forum Restaurant opens 5-9 p.m. daily. Mexican buffet Mondays.

Steak night Tuesdays. A la carte menu is available.

Country buffet Wednesdays features barbecue pork ribs, fried chicken, pork knuckles, collards greens, sweet potato, rice, black-eyed peas and corn bread.

All-you-can-eat family buffet Thursdays.

Seafood buffet Fridays. Try the broiled lobster, garlic shrimp, deep fried corvina and stuffed crab.

12-oz prime rib special Saturdays.

Sunday buffet 4-8 p.m.

Free country and western dance lessons 7-8 p.m. Sundays and Mondays.

Disco 9 p.m. Wednesdays, Fridays and Saturdays. There will be a midnight buffet.

Albrook

◆Albrook Club: 286-3557/3582

Club closes after lunch the first Tuesday of each month for maintenance.

Tonight's entertainment karaoke in the lounge and club card drawing.

Steak night 6-9 p.m. Fridays. Choose from rib eye, K.C. strip, filet or prime rib. Dinner comes with vegetable, baked potato, French fries or rice.

Prime rib dinner, 6-9 p.m. Saturday. Menu also includes: Cream of broccoli soup, garden salad, 12 oz. prime rib, baked potato, baby carrots, and sherbert.

Sunday saloon breakfast specials 10 a.m.-1 p.m. in the lounge. Choose from three menus.

Sunday champagne brunch 10 a.m.-1 p.m. in the dining room offers breakfast from cooked-to-order omelets, French toast, hot lunches, salad and fruits, peel-and-eat shrimp, desserts and ice cream bar.

Mongolian barbecue 5:30-8:30 p.m. Mondays. Choose the meat, vegetables, seasonings, oils and have chefs do the job outside on the open grills. Enjoy live music.

Oriental night 6-8:30 p.m. Wednesday.

Mexican night buffet 6:30-8 p.m. Thursdays includes tacos, fajitas, taco salad and sopapillas for dessert. After dinner dance the night way to country western music.

Country western night Thursdays with free dance lessons at 7:30-10:30 p.m. Learn the two-step, line and couples dances, the waltz, the cha cha and the swing.

Howard

◆Howard Officers' Club: 284-3718

Weekday lunches includes buffet, salad and potato bar. Friday and Saturday nights 6-8:30 p.m. order a la carte in the dining room.

Friday's evenings in the lounge. Stop for beer specials, music, games and club card drawings.

Tonight-genuine Italian cuisine 6-8:30 p.m. today.

Italian dinner special in the dining room.

Fajita junction 6-8:30 p.m. Saturday. Beef or chicken fajitas in the dining room.

Dining room is closed Sunday through Thursday.

◆Howard Enlisted Members' Club - Dining Room: 284-4189

Sunday breakfast buffet 8-12:30 a.m.

Breakfast is served 6-9:30 a.m. Mondays-Fridays; 7:30 a.m. Saturdays.

New sandwich bar for lunch open daily. Homemade roast beef, turkey, turkey salad and tuna fish sandwiches with all the trimmings.

Saturday night gourmet specials 5:30-9 p.m. Saturdays. Take someone special to dinner featuring tableside preparation with tuxedo service.

Steak night special 5:30-8:30 p.m. Tuesdays. Select a cut and order a New York strip, ribeye or filet. All steaks are U.S. choice beef.

Family menu Tuesdays-Fridays featuring all the past favorites plus new items such as jerked chicken, hand made 1/2 pound hamburgers, baked ravioli and more.

Bang up barbecue daily in the Breezeway, dine-in or take-out. Try the ribs, brisket, chopped beef or spicy hot wings.

◆Howard Enlisted Members' Club Ballroom : 284-4189

Friday night disco 4:30 p.m.- 1 a.m. today.

◆Howard Enlisted Members' Club Casual Cove: 284-4189

Country 8 p.m. to closing Fridays.

Saturday and Monday nights disco 5 p.m.-1 a.m.

Monday night football and mug special in the lounge. Snack on complimentary hot dogs, popcorn and nachos.

Karaoke 7:30 p.m. Sundays, 8 p.m. Tuesdays.

Free Country and western dance lessons 7-8 p.m. Wednesdays in the Casual Cove. Learn the latest in line dancing, the stomp, waltz and others. Music will be until midnight.

Night mug special Wednesdays. Buy a mug filled with your favorite draft beverage and go back for refills.

Rock 'n' roll golden oldies 5-8 p.m. Tuesdays; 5 p.m.-midnight Thursdays.

Club card drawing 6-7:30 p.m. Thursdays.

◆Top Three Club: 284-4189

Karaoke 6 p.m. Fridays.

Taco bar 5 p.m. Wednesdays. Free all-you-can-eat and complimentary taco bar.

Club card drawing 6-7:30 p.m. Thursdays. Members must have a card and be present to win.

Club closed Saturdays.

Rodman

◆Rodman Club - Open to all ranks: 283-4498

Social hour 3:30-11 p.m. Fridays at the Laguna Lounge. Complimentary hors d'oeuvres served 5-7 p.m.

All-you-can-eat lunch buffet and grill menu 11 a.m.-1 p.m. Mondays-Fridays.

Monday night football 6 p.m. until game ends with all-you-can-eat taco bar at the Laguna Lounge.

Soup and sub night 4:30-8:30 p.m. Mondays. Grill menu is also available.

All-you-can-eat beef and burgundy 4:30-8:30 p.m. Wednesdays. Grill menu is also available.

Open Mike night 6-11 p.m. Thursdays in the Laguna Lounge.

Cook-your-own steak night 4:30-8:30 p.m. Thursdays at the Rodman Bohio.

Fine dining 6-9 p.m. Fridays-Saturdays.

Upstairs Bar 4:30-8:30 p.m. Sundays-Thursdays; 6-9 p.m. Fridays-Saturdays.

Dinner is served 4:30-8:30 p.m. Mondays-Thursday; 6-9 p.m. Fridays-Sundays.

◆Rodman Annex: 283-4498

Breakfast is served 6:30-8:30 a.m. Mondays-Fridays.

All-you-can-eat lunch buffet and grill menu 11 a.m.-1:30 p.m. Mondays-Fridays.

The club is closed for evening and weekend service.

SCN AM radio schedule

The Southern Command Network's AM Radio station features America's most-listened to radio programs. Live coverage of breaking news stories and special events are provided.

SCN AM Radio AM 790 Pacific and AM 1420 Atlantic are the news, sports and information station.

11:35pm KSFO Sports Byline USA

Monday

- 1:05am NPR's Cartalk
- 3:30am NPR's Living On Earth
- 7:30am What's the Story
- 8:05am On Computers
- 1:30am Robert/JamesExchange

Tuesday

- 1:35am KSFO Sports Byline USA
- 7:35am AP Portfolio
- 8:35am The Environment Show
- 1:30pm Soundings
- 8:35pm AP Special Assignment

Monday-Friday

- 5am National Public Radio Morning Edition
- 9:54am Paul Harvey News
- 11am The Rush Limbaugh Show
- 12:05pm Paul Harvey News and Commentary (Repeat 1:17 p.m.)
- 2:05pm Paul Harvey Rest of the Story (Repeats 10:05pm)
- 4pm NPR's All Thing Considered
- 6:05pm American Public Radio's Marketplace

- 1:35am KSFO Sports Byline USA
- 7:35am The Best of Our Knowledge
- 8:35am The Health Show
- 1:30pm Social Thought

Wednesday

Thursday

- 1:35am KSFO Sports Byline USA
- 7:35am The Law Show
- 8:35am Technovation
- 1:30pm A Matter of Health

Friday

- 1:35am KSFO Sports Byline USA
- 7:35am American Montage
- 8:35am The Book Show
- 1:30pm Georgetown University Forum

Saturday

- 1:35am KSFO Sports Byline USA
- 6:05am On Computers
- 7am NPR's Weekend Edition
- 10:05am NPR's Cartalk

Sunday

- 1:05am Focus on the Family
- 2:15am NPR's 51 Percent
- 4:05am NPR's Cartalk
- 5:05am Monitor radio
- 7am NPR's Weekend Edition