



# MISSILEER

Vol. 51 No. 42

Patrick Air Force Base/Cape Canaveral Air Force Station, Fla.

October 30, 2009



**We Will Remember**



Photos by Jennifer Macklin

Bill Lloyd, president of the 317th Veterans Group, welcomes family and friends prior to the ceremony.

Air Force Chief of Staff Gen. Norton Schwartz and Elizabeth Stuart, daughter of Capt. John W. Stuart, Jr., unveil a plaque bearing the names of her father and 12 other Airmen killed in an airplane crash May 17, 1962, while supporting NASA's Mercury mission. For more on the service, please see pages 8-9.



**And Ares we go ...**

The 45th Space Wing provided flawless Eastern Range support for NASA's successful launch of the Ares I-X. The test rocket launched from Space Launch Complex 39B at Kennedy Space Center at 11:30 a.m. Wednesday.

Airmen, Air Force civilians and contractors from throughout the 45th Space Wing provided vital support, including weather forecasts, range operations, safety and public affairs. The wing also provided its vast network of radar, telemetry, optical and communications instrumentation to facilitate a safe launch.

"The success of this test

launch helps to pave the way for future space exploration," said Brig. Gen. Edward L. Bolton, Jr., 45th Space Wing commander. "We're very pleased to continue supporting NASA and its partners as we write the next chapter in human space flight here on the Eastern Range."

The Ares I is the first rocket developed for NASA's Constellation Program, tasked with developing vehicles necessary to carry astronauts on future journeys of exploration. This mission was expected to provide an opportunity to test and prove the new rocket's flight characteristics, hardware, facilities and ground operations.



**TOPS IN BLUE: 7:30 pm Sunday at the King Center for the Performing Arts**  
Admission is free, open to the public.

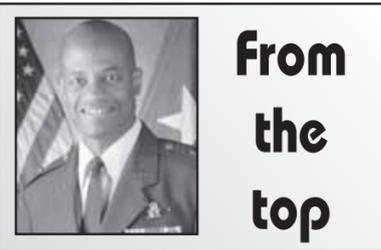
**Year of the Air Force Family**



# Wingman Day; reinforce the culture

**By Brig. Gen. Edward L. Bolton, Jr.**

*Commander, 45th Space Wing*  
Today we not only celebrate "Wingman Day" throughout the 45th Space Wing, we enthusiastically embrace it.



From  
the  
top

And as much as I want the day to be enjoyable for everyone at Patrick and at the Cape, I want it to be even more meaningful. I expect everyone involved to reinforce the concepts of the Wingman as part of our enduring Air Force culture.

This week marks my one year anniversary as your commander (seems like yesterday, really) and from day one I have reinforced how vital teamwork is to the success of our mission. I feel more strongly about that now than I did 365 days ago, if that is even possible.

Today 's focus is on team building, communication and interaction. This is not intended to be a training

day, but instead we'll all take a collective deep breath, slow down and get to know one another a little better.

This is a day where commanders will listen as well as talk, and find out what their folks think works well – and even more importantly – find out what they think that we as leaders could be doing better.

There is no "canned recipe" for success when it comes to the people business, and even though we are in the space and launch industry, our people are our most important

resource. By far.

Maybe famed Alabama football coach Paul "Bear" Bryant said it as well as anyone.

"You must learn how to hold a team together," he said. "You must lift some team members up, calm others down, until they've all got one heartbeat. Then you've got yourself a team."

Lastly, I also want to give a big "thanks" to all who helped make the Ares I-X launch a success Wednesday. It can sometimes get tiring, and even frustrating when weather and other factors force us to put things on hold.

What makes you so special is you refuse to give an inch to those feelings. We go through our checklists to ensure a successful launch is done in precisely the same manner, every single time.

I agree with "The Bear." We have ourselves a team here.

## 'I'll put you on my list'

**By Lt. Col. Brant Nickell**

*Commander, 1st Range Operations Squadron*

I was already nervous, wondering if I was too big for my britches when I volunteered. I wasn't sure my knowledge and skills would be adequate, or if I could learn everything quickly enough. Frankly, I worried my new duties as the 30th Space Wing Commander's Executive Officer would erase my family life. (This was a few years ago, after I had worked reasonable hours for two years in the trenches of a Space Launch Squadron.)

So I got really edgy when the Ops Group Commander called me in for an "exit interview." This was a senior leader known for a strong personality, and I expected his questions and counseling to be challenging.

But I didn't expect his opening statement – "You have this opportunity courtesy of my

### Commander's Corner

recommendation.

Remember that while you may be the Wing Commander's Exec, 49 percent of your job is to work for the Group Commanders. And while working for the big boss may tempt you into thinking you're special, you'll be sharing a cubicle with peers again in a year. If you forget that, I'll put you on my list. You do NOT want to be on my list."

Well, I worked hard to stay on his good side. I found that maintaining a servant attitude towards the groups (after first carefully obeying my boss!) helped me do the job right. And when I PCS'd to HQ AFSPC the next summer, I indeed worked beside and even for folks I shared cubes with before that year in the front office.

In my current duties as a commander, especially in this post-ORI season of personnel

moves, I often find myself reflecting on that OG/CC's dare. I don't have enough chutzpah to warn people about a list, but I need to counsel appropriately on attitude when selecting for increased responsibility and status.

Closer to home, I should remind myself regularly to serve the chain of command in both directions, caring as much about those whose reports I sign as the boss who signs on mine. I should ensure my actions reflect the equality of worth – that position and experience are different from personal value. I should avoid falling prey to Eddie Haskell types, and instead measure true performance. And I should help build and sustain a culture that recognizes the necessity and goodness of rank and even stratification, while clearly applauding the incredible service of the entire team.

I challenge myself, and you, to make it so.

### Missileer staff

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45th Space Wing Commander

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**Submission deadline is 2 p.m. the Friday before publication.**

## Red Ribbon Week

Col. Andre Lovett, below right, 45th Space Wing vice commander, signs the Red Ribbon Week proclamation Monday afternoon at the Youth Center. Later, he joins Snark and Mr. Sammy Gomez, Drug Demand Reduction Program Manager with the autographed board. Red Ribbon Week is the oldest and largest drug prevention campaign in the country. Red Ribbon Week serves as a vehicle for communities and individuals to take a stand for the hopes and dreams of our children through a commitment to drug prevention and education and a personal commitment to live drug free lives with the ultimate goal being the creation of a drug free America. "We firmly believe education is the key to ensure our children live healthy, drug-free lifestyles," said Master Sgt. Mary Martin, one of the event organizers.



Photos by John Connell

## MILESTONES

### Class 09-7 Patrick Airman Leadership School Grads Graduates:

#### Class Guest Speaker:

**CMSgt Jose Guzman**  
*Defense Equal Opportunity Management Institute*

#### Class Mentor:

**SMSgt H.L. Strong**  
*45th Force Support Squadron*

#### Awards:

**John L. Levitow Award:**  
**Senior Airman Adam K. Gunkel**  
*Air Force Technical Applications Center*

**Academic Achievement Award:**  
**Senior Airman Brian T. Harding**  
*45th Comptroller Squadron*

**ALS Leadership Award:**  
**Senior Airman Heather M. Young**  
*920th Logistics Readiness Flight*

**Senior Airman Dennis M. Boyer**  
*JIATF - South*

**Senior Airman Abbigayle G. Cochran**  
*45th Contracting Squadron*

**Senior Airman Barry W. Girard**  
*45th Civil Engineer Squadron*

**Petty Officer 3rd Class Cody W. Harrison**  
*USCG Cutter Shrike*

**Senior Airman Joseph R. King**  
*Air Force Technical Applications Center*

**Senior Airman Jessica L. Peters**  
*45th Medical Support Squadron*

**Senior Airman Brian J. Scott**  
*45th Security Forces Squadron*

**Senior Airman Daniel C. Tan**  
*45th Civil Engineer Squadron*

**Senior Airman John W. Tomlinson**  
*45th Security Forces Squadron*

## H1N1 Vaccine Available, Nasal Spray and Shot

Limited quantities of the H1N1 nasal spray (live, attenuated) vaccine are now available at the 45th MDG Immunizations Clinic for dependents 2-24 years of age and non-Active Duty parents of infants under 6 months of age. Active Duty/Guard/Reserve members must wait to get the mandatory H1N1 shot (inactivated) vaccine, which will be made available to mission-critical civilians as well, with a projection date of mid-December.

TRICARE Prime beneficiaries may also obtain the H1N1 vaccine only from any TRICARE provider or CVS Minute Clinic without a point of service cost or referral. The Seasonal Flu vaccine is now available as well. Please refer to the 45th MDG website at <http://airforcemedicine.afms.mil/45mdg> for up-to-date vaccine information, including availability. Remember to continue to practice good prevention and wash your hands.



Sunday 25	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 31
<b>NOV 1</b> Sunday Brunch 10 a.m. to 1:30 p.m. The Tides Football Frenzy Noon The Tides Latin Experience 2:30 p.m. The Tides Tops in Blue 7:30 p.m. King Center	<b>2</b> Boater Safety Training 9:30 - 11:30 a.m. Outdoor Recreation Story Time 10 a.m., Library	<b>3</b> Commander/1st Sgt. Breakfast 7:30 - 9:30 a.m. A&FRC Adoption Workshop 11:30 a.m. - 1 p.m. A&FRC Bowling Center Special \$1 Games 11 a.m. - closing	<b>4</b> Air Force Sergeants Association (AFSA) Meeting Noon - 1 p.m. The Tides Karaoke 4:30 - 7:30 p.m. Shark Hut	<b>5</b> Surf, Turf or Bird 5 - 8 p.m. The Tides	<b>6</b> Texas Hold'em, 5 - 10 p.m. The Tides Surf Fishing Class 5 - 9 p.m. Outdoor Recreation Moonlight Golf Tournament 6:30 p.m. Teen Night 7 - 10 p.m. Youth Programs	<b>7</b> Safe Boater Course 9:30 - 11:30 a.m. Sailing Class 12:30 - 2:30 p.m. Outdoor Recreation Halloween Special 1 p.m. to Closing Bowling Center Harvest Fair 6 - 8 p.m. South Patrick Chapel
<b>8</b> Sunday Brunch 10 a.m. to 1:30 p.m. The Tides Football Frenzy Noon The Tides	<b>9</b> Boater Safety Training 9:30 - 11:30 a.m. Outdoor Recreation Story Time 10 a.m. Library	<b>10</b> Newcomer's Orientation Briefing 7:30 a.m. - noon A&FRC Bowling Center Special \$1 Games 11 a.m. - closing "Wacky Tacky" Casino Night 6 p.m. The Tides	<b>11</b> <b>VETERAN'S DAY</b> Massing of the Colors BCC Cocoa Campus 3 p.m. 3-Tank Open Water/Nitrox Dive Trip Outdoor Recreation Kamalu Annual Scramble 8 a.m. Golf Course	<b>12</b> Bundles for Babies/ Newborn Care Class 6 - 8 p.m. A&FRC	<b>13</b> Kid's Night Out 6 - 11 p.m. Youth Programs Latin Night 10 p.m. - 2 a.m. The Tides Missile, Space & Range Pioneers Fall Banquet 6 p.m. The Tides	<b>14</b> Family Fishing Tournament 7 - 10 a.m. Outdoor Recreation Demo Day/Swap Meet 10 a.m. - 2 p.m. Golf Course Wounded Warrior Luncheon 11 a.m. - 1 p.m.
<b>15</b> Sunday Brunch 10 a.m. to 1:30 p.m. The Tides Football Frenzy Noon The Tides	<b>16</b> Boater Safety Training 9:30 - 11:30 a.m. Outdoor Recreation Pre-Separation Briefing 9 - 10:30 a.m. A&FRC Story Time, 10	<b>17</b> Airman Financial Management Class 8 a.m. - 4:30 p.m. A&FRC Bowling Center Special \$1 Games 11 a.m. - closing	<b>18</b> Stress During the Holidays Class 11 a.m. - noon A&FRC Karaoke 4:30 - 7:30 p.m. Shark Hut	<b>19</b> Holiday Fitness Challenge Starts Patrick Fitness Center - Runs until Jan 4, 2010 Mongolian BBQ 5 - 8 p.m. The Tides	<b>20</b> Turkey Trot 5K Run 11 a.m. CCAFS & Patrick Fitness Centers Texas Hold'em 5 - 10 p.m. The Tides Surf Fishing Class 5 - 9 p.m. Outdoor Recreation	<b>21</b> Civ/Mil Tournament 8 a.m. Golf Course Safe Boater Course 9:30 - 11:30 a.m. Outdoor Recreation Sailing Class 12:30 - 2:30 p.m. Outdoor Recreation

To publish events of base-wide interest in future issues, e-mail [missileer@patrick.af.mil](mailto:missileer@patrick.af.mil)

# Family will: Do it for your family

**By: Capt K. Michelle McAdoo**  
*Assistant Staff Judge Advocate*

"I don't need a will, my wife will get it all anyways." "I don't have a wife or kids, why do I need an estate plan?" "I don't want to think about that stuff, it's depressing." I have heard these, and various other reasons why people do not get an estate plan established, but I also hear the other side. "I wish we had a power of attorney in place before mom developed dementia. Getting appointed as her guardian was really expensive." "We did not even know mom had that life insurance policy until the bill came three months after she died." "We were so thankful dad had all of that stuff handled. It was already hard enough with him gone."

Things happen that we do not have in the plans, and maybe you have your reasons for not having an estate plan in place, but whatever your reasons are, I offer up a more important reason to get a plan in place. Do it for your family.

Ok, maybe you don't need a will. What about a power of attorney for decisions to be made for

you if you're not dead, but only incapacitated?

What about naming a person to make medical decisions for you so that your family does not end up fighting over what should be done for you?

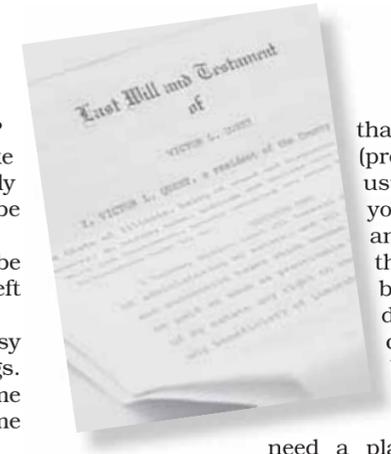
What about having insurance in place to be sure bills are paid and your family is not left destitute because you were too busy to plan?

In the fast paced world we live in, it is easy to find a reason not to think about these things. They are not pleasant, and not everyone has me around subjecting them to random lunch time conversations on the subject.

Just sitting down for an hour and listing out your financial accounts and how to access them will save one headache. (Have you thought of all the computer usernames and passwords you have now?)

Having a springing power of attorney (springs into action when you most need it!) will save another hassle if something does happen to you.

Buying insurance now can be cheaper



than doing it later (premiums are usually lower when you are younger) and it will ensure that costly medical bills do not deplete your kids' college funds if bad things do happen.

You may not need a plan in place for yourself, but what about your family? The legal office is here and we will help you with your estate planning for free.

Not sure how to budget for insurance, there are financial advisors over at Family Readiness that can help you make a plan.

There are a lot of reasons you could give for not having a plan, but they really are not that important in the grand scheme of things. Your family is. Do it for them.

## Stress is part of life; learn to beat it

**By Chap. (Capt).  
Jon A. Bravinder**

*45th SW Chaplain's Office*

I remember thinking how good it will be one day when I am grown up so that I will never have to worry! Well, we all know time does not cure worry; you just worry about different things.

In today's Air Force, we all get

stressed and at some point, we feel down because of anxiety. Though it's completely normal to feel the pressure and to worry when things get hectic, it becomes overwhelming when you feel that it's controlling your life. There's always a way you can overcome it. Here are a few easy steps that can help.

1. Be Busy. You might know an age-old proverb - an idle mind is the

devil's workshop. Don't let it happen to you. Do something. By doing something you can keep your mind off the anxiety.

It is helpful when you wake up in the morning to start doing something right away. Keep yourself busy all day. Just sitting around and thinking about your worries can make things worse for you.

2. Find something you enjoy. It could be a hobby or watching a movie, hanging around with friends, or writing poetry. Anything that makes you feel free. This will allow you to focus on the other things of life.

3. Exercise. Exercising and meditation can be a great way to manage your anxiety and stress.

Exercise helps you to change the mood.

This will help to lower the anxiety while also keeping your body healthy.

4. Deal with problems directly and quickly. To eliminate the worry, try to confront problems head-on. Thinking too much about the worry only increases it. If there is any hurdle between you and your goal, think how to overcome it and take quick action.

5. Talk to a friend. Try to talk about your anxieties to someone whom you trust. Talking about your anxieties often alleviates them. Try to talk objectively with the real desire to get rid of your anxiety. A chaplain is a great resource for this step.

## WARRIOR OF THE WEEK



**Chief Master Sgt. Gary Moore**  
Inspections and Evaluations

**How long have you been at this duty station?**

Eleven years, six months

**What is your hometown?**

Mulberry, FL

**What's your favorite motto or words you live/work by?**

Learn something every day. Evaluate to Motivate!

**What inspired you to go beyond the call of duty?**

After Army JROTC, I could not settle down and not be part of a bigger team.

**Why do you serve in the Air Force?**

To aid my fellow Airmen in development and achievements

**Reason for nomination:**

Chief Master Sgt. Moore is our resident Mobility Inspections Expert.

Not only did he provide valuable input in preparing the wing for our latest inspections, he was a key player in ensuring a smooth reception for the IG Team. His in-depth knowledge in the logistics arena has bolstered the overall readiness of our wing and we're honored to have him in the office.

**Lt. Col. Gary Lund, 45th Space Wing  
Inspector General.**

©1997 National Crime Prevention Council

Heroin Addict  
Vandal  
Purse Snatcher  
Car Jacker

...all kicked out  
with the help  
of kids like me.  
-Billy, age 15

Everybody loves to trash teenagers, right? Maybe they don't realize that we do care. That we can make a difference. Get involved in Crime Prevention. Clean up parks. Teach younger kids. Start a school or neighborhood watch. And help make your community safer and better for everyone. Together, we can prove them wrong by doing something right.

Call Toll Free  
1-800-722-TEENS  
[www.weprevent.org](http://www.weprevent.org)

Ad Council

CRIME



Photos by Jennifer Macklin

45th Space Wing leaders stand at attention as the colors are posted by the Wing Color Guard to start the ceremony.



Ms. Mary Lowrie, wife of Tech Sgt. Jack Hake, places a rose in her husband's memory at the conclusion of the moving ceremony. With her are her sons Clay, left and Jack.



Ms. Ann W. Stuart, wife of Capt. John W. Stuart, Jr., is consoled by her son, John, during the Oct. 23 memorial service. To John's right, is his wife, Sharon.



Prior to the Oct. 23 ceremony, Gen. Norton C. Schwartz, Air Force Chief of Staff, met with family members privately. Here, he shakes hands with Ms. Ruby Emge, wife of Staff Sgt. Richard E. Boyd.

## Chief of Staff honors fallen Airmen in moving ceremony

by Christopher Calkins

45th Space Wing Public Affairs

CAPE CANAVERAL AIR FORCE STATION, Fla. – It was May 17, 1962, and NASA Astronaut Scott Carpenter was preparing for the Mercury program's second-ever orbital mission. Half way around the world, 13 Airmen were preparing to provide an emergency recovery site in Africa, only one of several such units positioned around the continent and around the globe.

Scott Carpenter eventually landed safely; unfortunately, those 13 Airmen on their contingency recovery mission died when their C-130 Hercules crashed into a mountainside near Nairobi, Kenya. There were no survivors.

That crew, members of the 332nd Air Division, 40th Troop Carrier and 317th Consolidated Aircraft Maintenance Squadron, were honored Oct. 23 with a memorial and dedication service held here in Hangar F, and presided over by Air Force Chief of Staff Gen. Norton Schwartz. More than seventy family members and hundreds of returning vets

of the unit also were in attendance.

"It is my honor to be with you, to remember your husbands, fathers and brothers who made what President Lincoln solemnly called "the last full measure of devotion," General Schwartz said. "With today's dedication, we will ensure that the memory of 13 brave Airmen will endure."

Mr. Bill Lloyd, president of the 317th Veterans Group, who has worked tirelessly for years to see this ceremony come to fruition, said he and their entire group were very honored to have the highest ranking member of the Air Force take time to remember their fallen friends and comrades.

"It says a lot about the Chief of Staff if you ask me," Mr. Lloyd said. "It just means so much to the family members here to have him come here. It makes us feel good. And as a former C-130 pilot himself, I think maybe he just wanted to be here." Mr. Lloyd also said the support his group has received from members of the 45th Space Wing all along has been "nothing short of phenomenal."

"I want to first thank General (Edward L.) Bolton, (commander, 45th Space Wing) and his command for the professional, helpful and friendly manner in which they embraced both us and this memorial service," he said. "And what's even more telling of this wing, is that they acted this way toward us months before they had any inkling the Chief of Staff would be attending the event."

Elizabeth Stuart was eight-years-old, when her father, Capt. John W. Stuart, went down on that fateful night 47 years ago. Captain Stuart was the plane's co-pilot. His daughter served as the official spokesperson for the group at the service. She joined the Chief of Staff on the stage.

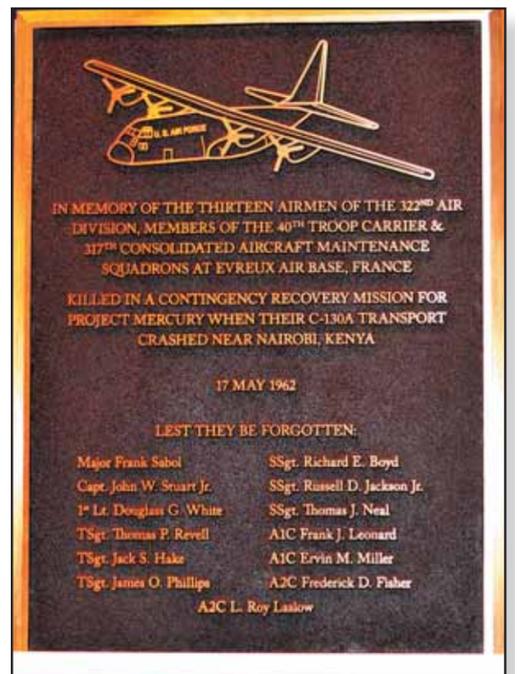
"I went looking on line for something to say today and discovered the Air Force has made this 'The Year of the Family.' How fitting that so many of our families are getting some sort of closure from this beautiful ceremony," said Ms. Stuart, who has worked as an Air Force civilian the last 24 years at Lackland Air Force Base, Texas.

"I remember telling other family members that I was going to bring a king-size sheet instead of a box of Kleenex to the ceremony, but now that I'm here, I feel this is a day to rejoice. It's a little bittersweet, but it's a glorious day."

General Schwartz closed by thanking the family and friends of the Airmen once again, and said how proud he was of those serving today.

"Today, we honor 13 brave Airman, who ... in distinctive service to their country ... made the ultimate sacrifice," he said. "But we can be comforted in the knowledge that their ideals, their professionalism and their undying devotion are so powerfully eternal that they endure in our brave men and women in uniform today."

"Perhaps we can find solace in the notion that they surely would be proud of today's service men and women, who in humble and selfless service are protecting and defending America, and performing exceptional deeds around the world," General Schwartz said.



Plaque to the future. They will never be forgotten

# Strength training for a stronger run

**1st Lt. Karen Hedenschoug**  
PT, BSC

If you are a runner and train primarily for endurance, odds are you do not incorporate resistance training into your workout regimen.

This, at least, has been a historic commonality among runners – with the conception that resistance training hinders running performance and decreases run times.

Recent research reveals, however, that concurrent explosive strength and endurance training improves running performance and running economy in addition to significantly improving run times. The addition of core strength training into an endurance training program improves run times as well.

Strength training regimen parameters vary slightly, however current research offers some general recommendations:

**1. Perform a specific set of strengthening exercises four days a week for six weeks.** Gradually increase your sets/

repetitions every two weeks; for example:

- First two weeks: two sets of 10 reps
- Second two weeks: two sets of 15 reps
- Third two weeks: three sets of 12 reps

**2. After six weeks, change up your routine by adding new exercises or progressing current exercises.** Varying your strengthening routine increases stimulation to your neuromuscular system, prevents the workout 'plateau' we all dread, and allows for further strength gains.

In summary, to best improve your run time and overall running performance, incorporate strength training into your workout regimen.

\*\*Questions about the preceding exercises? Please e-mail Lt Hedenschoug at karen.hedenschoug@patrick.af.mil.

\*\*References include articles from Journal of Applied Physiology, Journal of Strength and Conditioning Research, International Journal of Sports Medicine, &



Photos by Chris Calkins

The addition of core strength training into an endurance training program improves run times as well.

Northwest Runner.

For a complete list of references, please e-mail Lt Hedenschoug.

**Specific recommended strengthening exercises to add to your routine are organized in the table below:**

MODE	EXERCISES
<b>Explosive Training</b>	**Sprints (20-100m) **Jumping exercises: box jumps (forward/lateral), squat jumps, lateral hurdle jumps (over box or cone), agility jumps (forward/lateral), single-leg jumps (on leg press or in standing)
<b>Core Training</b>	**Abdominal crunch on stability ball, back extension on ball, bridge-up on ball, supine opposite one-arm, one-leg raise, Russian twist on ball
<b>Weight Training</b>	**Leg press, eccentric leg press, eccentric calf press, quarter squats, step-ups, resisted diagonal patterns (cable)

## Missile, Space & Range Pioneers Fall Banquet

The 2009 Missile, Space & Range Pioneers Fall Banquet will be held at the Tides (formally NCO Club) on Friday, Nov. 13 at 6 p.m. The cost is \$35 per person. The featured speaker is Brig. Gen. Edward Bolton, Commander of the 45th Space Wing and Director of the Eastern Range. He will speak to us on a favorite subject – Space, Yesterday, Today and Tomorrow. Contact the Pioneers Secretary, Frank Watkins, at 242-6932 for reservation details.

## Harvest Fair at South Patrick Chapel

Looking for a safe and fun place for you and your children on Halloween night? The base chapel, partnering with Security Forces, 'In The Know', Commissary, and Pinnacle are coming together to sponsor an action-packed, candy-filled, fun-focused 'Harvest Fair' at the South Patrick Chapel in the South Patrick Housing Area.

It will include games, prizes, air castles, food, and of course tons of candy! Mark your calendars now for Saturday, Oct. 31, from 6 - 8 p.m. Security and safety will be enhanced by our very own SFS 'Pumpkin Patrol.' We look forward to seeing you! If you have any questions please call the base chapel at 494-4073.

## Bowling Center Specials

The Rocket Lanes Bowling Center will feature the following Halloween Special, Saturday, Oct. 31, from 1 p.m. to closing - bowl three games and pay for only two (no sharing games). For more specials, call 494-2958.

## Homestead Air Show

The Wings Over Homestead Air Show is right around the corner and Homestead ARB has compiled a thrilling list of performers for its first air show in over 18 years. The free event is on Saturday and Sunday, Nov. 7-8, get more details at [www.wingsoverhomestead.com](http://www.wingsoverhomestead.com).

## Valiant Air Command Veteran's Day Open House

On Veteran's Day weekend, November 7 - 8, there will be an Open House at the Valiant Air Command (VAC), located at 6600 Tico Road in Titusville. Admission is free for any military, active or retired, and all Brevard County residents, with ID.

The museum will be open from 9 a.m. to 5 p.m. Hot dogs and drinks will be available and

## DoD Homeowners Assistance Program

You are invited to attend a Homeowners Assistance Program (HAP) presentation by the US Army Corps of Engineers.

The presentation will cover Members of the Armed Forces permanently reassigned during the mortgage crisis under the Expanded HAP Program. A question and answer period will follow the presentation. To accommodate as many military as possible, two presentations offered at the Base Theater.

### First Presentation:

Thursday, Nov. 19, 9 - 10:30 a.m.

### Second Presentation:

Thursday, Nov. 19, 6-7:30 p.m.

**For Registration Call:** 494-2594/6318 or email: [angela.clarington@patrick.af.mil](mailto:angela.clarington@patrick.af.mil) or [renae.dewitt@patrick.af.mil](mailto:renae.dewitt@patrick.af.mil)

or [judy.vawter@patrick.af.mil](mailto:judy.vawter@patrick.af.mil)

**Registration Deadline:** Friday, Nov. 13 (include desired presentation time)

**NOTE:** For more information on HAP, please refer to US Army Corps of Engineers website: <http://hap.usace.army.mil/>

parking is free.

For more information call 268-1941, or visit the website at [www.vacwarbirds.org](http://www.vacwarbirds.org).

## Wacky Tacky Casino Night

The Tides Collocated Club will host a "Wacky Tacky" Casino Night on Tuesday, Nov. 10. Doors open at 5 p.m. with games of chance starting at 6 p.m. No real currency will be used. Cost is only \$10 for members and \$12 for non-members, which includes \$2,500 in "funny money." There will be free snacks, live music and prizes. Cash bars and a bar food menu will be available.

This is an adult-oriented event (must be at least 18 years of age to participate). Purchase your tickets by Sunday, Nov. 1 and receive an additional \$500 in "funny money." For more information, call 494-4013.

## Business afterhours at the Park

The staff of the Washington Nationals and the Manatees baseball teams are inviting the local community, including military and government civilian personnel, to a free event they are hosting at Space Coast Stadium 5:30 - 7:30 p.m. Nov. 5. This unique evening, "Business Afterhours at the Park," is primarily intended as an opportunity to network with area business leaders from all over Brevard County. However, you are welcome if you just want to meet new people in the community, enjoy some free enter-

tainment and soak in the ambiance of a professional baseball field under the lights!

During the event, Ballpark Tours will be conducted to provide you with a behind the scenes look of your premier Brevard County Baseball Stadium. Entertainment and appetizers will be provided as well as a cash bar. Contact the offices of Space Coast Stadium to RSVP at phone number, 633.9200 or [jar-ed.lyon@nationals.com](mailto:jar-ed.lyon@nationals.com)

## Annual Holiday Crafts Sale

The Arts & Crafts Center is accepting registrations for the Annual Holiday Crafts Sale. The sale will be held at the golf course/marina complex on Saturday, Dec. 12, from 4:30 - 8:30 p.m., in conjunction with the 45th Space Wing Holiday Party. Each vendor is allowed two tables at no charge. Vendors must have base access. For more information, call 494-4270.

## Sailing Classes

Outdoor Recreation offers sailing classes every Saturday (except the second Saturday of each month), from 12:30 - 2 p.m. Cost is only \$45 per person and registration is required. For more information and to register, call 494-2042.

## Military Family Employment Advocacy Program

The Brevard Workforce Development Board operates a broad spectrum of state and federally funded workforce development programs in Brevard County.

The Military Family Employment Advocacy (MFEA) Program provides local workforce resources and assistance to members of the base community who are seeking employment or transitioning to new careers.

The MFEA Program works to support Patrick AFB and local Florida National Guard and Reserve Units. Ms. Doris Homitz is the Airman & Family Readiness Center's new Military Family Employment Advocate. She can assist those who need help finding a job, researching schools, or fine tuning their resumes.

For more information and assistance, call 494-7469.

## Safe Boater Course

Outdoor Recreation offers a Safe Boater Course most Monday and Saturdays, from 9:30 - 11:30 a.m. Cost is only \$5 per person and registration is required. For more information and to register, call 494-2042.

See Briefs, page 13

## Moonlight Golf Tournament

Come out to the Manatee Cove Golf Course and have some fun under the moonlight on Friday, Nov. 6. Our Moonlight Golf Tournament kicks-off with a 6:30 p.m. shotgun start. Format is four- person teams, select shot, with two 9-hole events. You can make up your own teams. Entry includes golf, cart, prizes, Night Golf course package, and two (2) glow balls. Cost is only \$27 for Annual Pass players, \$29 for Annual Fee players, and \$32 for all others. Save \$5 by signing up before Friday, Oct. 30. Sign up cutoff is Tuesday, Nov. 3. No refunds after this date. For more information, call 494-GOLF.

## Chief's Group Annual Golf Tournament

The Space Coast Chief's Group hosts its annual golf tournament noon, Nov. 13, at the Manatee Golf Course.

The 18-hole scramble event begins with a shotgun start. Prizes will be given out throughout the tournament, including \$10,000 for a hole in one on the 16th hole.

Cost is \$25 for E-1 through E-4, \$40 for other military or Department of Defense employees and \$45 for non-DOD. Price includes green fees, lunch and two free beers or sodas from the beverage cart.

For information contact Chief Master Sgt. Steve Revels at 4-4959, Senior Master Sgt. Dave Melton at

3242 or any chief in your chain of command.

## Kamalu Veterans Day Scramble

The Manatee Cove Golf Club will be hosting its annual Veterans Day Scramble November 11. The tournament is a fun 4-person select shot format with an 8 am shotgun start. Sign up as a foursome or as a single and we will pair you up. The entry fee includes Greens fee, cart, closest to the pin contests, refreshments after play. Cost is only \$30.00 for annual pass holders, \$33.00 for annual fee holders and \$40.00 for all others. Save \$5.00 by signing up before November 4. Sign up cutoff is November 9th, no refunds after the cutoff date. For any further information call the pro shop at 494-GOLF.

## Civ/Mil Tournament

There will be a Civilian/Military Tournament on Saturday, Nov. 21, with an 8 a.m. shotgun start. Call 494-GOLF for details.

## Thanksgiving Weekend Pro Shop Sale

Take advantage of the great deals at the Thanksgiving weekend Pro Shop Sale. Buy one item at regular price and get a second item of equal or lesser value at 25 percent off. Buy two items at regular price and get a third item at 50 percent off. For more information, call 494-GOLF.