



# THE WIRE

The Official Publication of Joint Task Force Guantanamo



# REMEMBRANCE RUN

# AROUND THE BAY

## MOTIVATOR

OF THE WEEK

**SPC Cody Cox**

342nd Military Police Company

**A1C Trevor Bitterman**

Base Engineer Emergency Force



**Cover photo:** Runners take off at the start of the Sept. 11 Remembrance Run at Naval Station Guantanamo Bay's Cooper Field Sports Complex. Runners of various ages and abilities ran either a 5k or 9.11k route.

Photo by Sgt. Spencer Rhodes

### Car Wash!

Come get your vehicles hand-washed and polished Sept. 27 by members of the Warrant Officer Association and other volunteers. All donations will be going towards the establishment of the Guantanamo Bay's Warrant Officer Youth Mentorship Program. Just bring your dirty and dusty rides to the car wash station located behind the Downtown Lyceum.

### Officials needed

GTMO's MWR is in need of officials for all sports leagues. To qualify, you must be 18 years or older and obtain liability insurance from [www.naso.org](http://www.naso.org). Free training clinic is provided. If interested, please contact Jim Holbert at 2113 or via email at [james.holbert.civ@usnbgtmpo.navy.mil](mailto:james.holbert.civ@usnbgtmpo.navy.mil).

Photo by Sgt. Kenneth Tucceri



Navy Capt. John Nettleton, Naval Station Guantanamo Bay's commander, and Tara Culbertson, GTMO's MWR director, prepare to cut the ribbon to commemorate the grand reopening of the Denich Gym Fitness Center Sept. 11. The ribbon cutting ceremony was followed by a single elimination racquetball tournament, group exercise sampler and a 9/11 run.

## FEATURES

### 10 • Newest Navy chiefs

After an arduous six weeks, members of the Navy community welcomed Guantanamo Bay's newest group of chief petty officers during a pinning ceremony Tuesday in the Windjammer Ballroom.

### 12 • Inside detainee library

The library, fully stocked with books, magazines, DVDs and video games, is only one aspect of the detainee programs section, dedicated to the safe and humane care and custody of detainees here.

### 13 • 525th NCO induction

Soldiers of all ranks sat in attendance as the 525th Military Police Battalion inducted its newest members into the Corps of the Non-commissioned Officer.

CORRECTIONS *Please report all corrections to [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil).*

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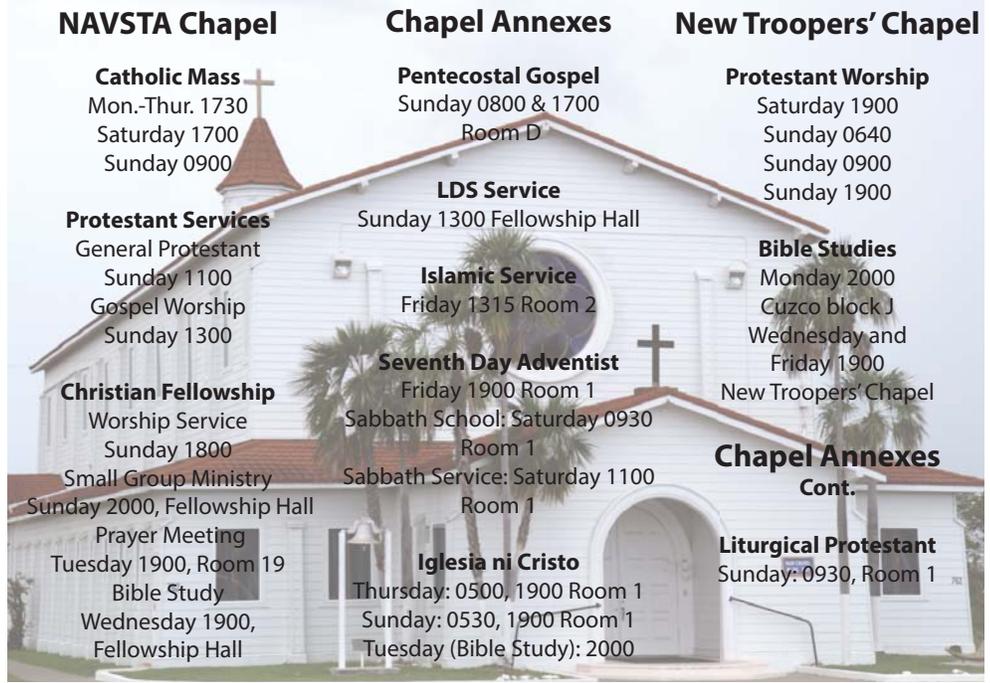
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**Religious Services**



<p><b>NAVSTA Chapel</b></p> <p><b>Catholic Mass</b> Mon.-Thur. 1730 Saturday 1700 Sunday 0900</p> <p><b>Protestant Services</b> General Protestant Sunday 1100 Gospel Worship Sunday 1300</p> <p><b>Christian Fellowship</b> Worship Service Sunday 1800 Small Group Ministry Sunday 2000, Fellowship Hall Prayer Meeting Tuesday 1900, Room 19 Bible Study Wednesday 1900, Fellowship Hall</p>	<p><b>Chapel Annexes</b></p> <p><b>Pentecostal Gospel</b> Sunday 0800 &amp; 1700 Room D</p> <p><b>LDS Service</b> Sunday 1300 Fellowship Hall</p> <p><b>Islamic Service</b> Friday 1315 Room 2</p> <p><b>Seventh Day Adventist</b> Friday 1900 Room 1 Sabbath School: Saturday 0930 Room 1 Sabbath Service: Saturday 1100 Room 1</p> <p><b>Iglesia ni Cristo</b> Thursday: 0500, 1900 Room 1 Sunday: 0530, 1900 Room 1 Tuesday (Bible Study): 2000</p>	<p><b>New Troopers' Chapel</b></p> <p><b>Protestant Worship</b> Saturday 1900 Sunday 0640 Sunday 0900 Sunday 1900</p> <p><b>Bible Studies</b> Monday 2000 Cuzco block J Wednesday and Friday 1900 New Troopers' Chapel</p> <p><b>Chapel Annexes Cont.</b></p> <p><b>Liturgical Protestant</b> Sunday: 0930, Room 1</p>
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**Transportation Schedules**



<p><b>BUS Schedule</b></p> <p>Camp America - :00/:20/:40 Gazebo - :01/:18/:21/:38/:41/:58 Camp America NEX - :02/:17/:22/:37/:42/:57 Camp Delta - :04/:13/:24/:33/:44/:53 Camp 6 - :07/:10/:27/:30/:47/:50 HQ Building - :55/:15/:35 TK 1 - :01/:17/:21/:37/:41/:57 TK 2 - :02/:16/:22/:36/:42/:56 TK 3 - :03/:15/:23/:35/:43/:55 TK 4 - :04/:13/:24/:33/:44/:53 CC - :00/:19/:20/:39/:40/:59 JAS - :14/:34/:54 Windjammer/Gym - :02/:17/:22/:37/:42/:57 Gold Hill Galley - :04/:15/:24/:35/:44/:55 NEX - :06/:13/:26/:33/:46/:53 NEX Laundry - :07/:27/:47 C Pool - :10/:30/:50 Downtown Lyceum - :11/:31/:51</p> <p><b>NEX Express Bus</b> 09:55 - 19:55 hourly</p> <p>Camp America - :48/:55 TK 1 - :05/:36 Windjammer/Gym - :11/:31 Gold Hill Galley - :14/:29 NEX - :16/:27 Downtown Lyceum - :17/:25</p>	<p><b>BEACH BUS Saturday &amp; Sunday ONLY</b></p> <p><b>Windward Loop/East Caravella</b> 0900/0930/1200/1230/1500/1530/1800/1830</p> <p><b>SBOQ/Marina</b> 0905/0935/1205/1235/1505/1535/1805/1835</p> <p><b>NEX</b> 0908/0925/1208/1225/1508/1525/1808/1825</p> <p><b>Phillips Park</b> 0914/1214/1514/1814</p> <p><b>Cable Beach / Turn Around</b> 0917/1217/1517/1817</p> <p><b>Return to Office</b> 0940/1240/1540/1840</p> <p><b>FERRY Schedule Monday thru Saturday</b></p> <p><b>FERRY</b></p> <p>Windward 0630/0730/0930/1030/1130/1330/1530/1630 Leeward 0700/0800/1000/1100/1200/1300/1400/1600/1700</p> <p><b>UTILITY BOAT</b></p> <p>Windward 1730/1830/1930/2030/2130/2230 Leeward 1800/1900/2000/2100/2200/2300</p> <p><b>Sunday &amp; Holidays</b></p> <p><b>FERRY</b></p> <p>Windward 0730/0930/1130/1330 Leeward 0800/1000/1200/1400</p> <p><b>UTILITY BOAT</b></p> <p>Windward 1530/1730/1830/2000/2230 Leeward 1600/1800/1900/2030/2300</p>
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# Leadership: the reason for serving

By Army 1st Sgt. James Rochester  
 First sergeant, 420th Military Police Company

One of my Soldiers was selected as the Motivator of the Week and we were having the traditional dinner with Sgt. Maj. Hidalgo when he asked the two young Soldiers, "Why did you join the Military?" They both rattled off several answers which were all legitimate ones i.e., to follow a family tradition, to be part of something bigger than myself, the college money, etc. He then went on to explain that while all of those things are great, it boils down to leadership.

I am a huge fan of leadership and the principles of leadership, and I have read several books on the matter to coincide with my 24-year military career. I have experienced leadership from both sides of the ranks having gone through OCS and being commissioned in 1999. I resigned that commission in 2001 and went back to the enlisted ranks because I believed that is where true leadership lies. There is no better feeling than seeing others grow through your leadership and mentorship. I think the best description of leadership I have found comes from John C. Maxwell's "Five Levels of Leadership."

**Level 1 - POSITION:** This is where you shape yourself as a leader. This is also a place where you are simply a leader based on a position you have been placed. This is the lowest level of leadership, and leaders who stay at this level have the least amount of influence. These leaders have difficulty leading because this position does not require ability or effort to achieve, anyone can be appointed to a position.

**Level 2 - PERMISSION:** This level is built entirely on relationships; people follow because they want to. When you treat people as if they have value, you develop trust and acquire more influence with them. If Soldiers know you are genuinely concerned about their well

being, they will work harder to try and get your approval as well by accomplishing any task that you give them.

**Level 3 - PRODUCTION:** This level is where you actually start to produce results and create momentum. It is best described by the analogy of placing a small block in front of a train. If you place this directly in front of the train while it is stopped, it can't even begin.

If that same block is placed on the track and the train is already moving, it will just get pushed out of the way. So if you are being productive and moving in the right direction, small distractions will not bother your momentum, but if you are at a standstill, small distractions such as rumors can destroy your organization.

**Level 4 - PEOPLE DEVELOPMENT:**

Leaders become great not because of their power, but because of their ability to empower others. Leaders use their position, relationships and productivity to invest in their followers and develop them until those followers become leaders in their own right. Teamwork goes to a much higher level here and performance is increased because there are more leaders on the team, and they help to improve everybody's performance.

**Level 5 - PINNACLE:** The highest and most difficult level of leadership is the pinnacle. Only naturally gifted leaders make it to this level. This is where you develop other leaders to become level 4 leaders. Developing leaders to the point where they are able and willing to develop other leaders is the most difficult yet rewarding leadership task of all. Level 5 leaders create legacy in what they do. People follow them because of who they are and what they represent.

The bottom line is leadership is influence. The more influence you have over others, the better leader you can become. Those of us who are in the twilight of our career need to invest more time and energy into developing our Soldiers into better leaders to keep our military strong for years to come.



1st Sgt. James Rochester



Story by Staff Sgt. Patrick Ponder  
 Media Relations, [thewire@jftgtmo.southcom.mil](mailto:thewire@jftgtmo.southcom.mil)

Over the past weekend we had some pretty impressive football to watch. In last week's issue I said the University of Georgia wouldn't have a problem with the South Carolina Gamecocks - I was wrong. The Gamecocks put together a great performance to edge out a win against the Bulldogs 38-35, knocking the Bulldogs down seven spots to No. 13 in the AP Poll.

University of Southern California made a trip over to the east coast to play what turned out to be a closer game than most would have predicted against Boston College. Boston College wasn't able to put together much in the air but their running game proved to be too much for USC's defense, rushing for 452 yards to win 37-31 against the Trojan's, knocking them all the way down to No. 17.

Coming off of last week's huge upset against the Buckeye's, Virginia Tech was sitting mighty high on their pedestal to be quickly knocked off by the East Carolina Pirates in a 28-21 upset.

This weekend, my picks for games to watch are going to be the No. 5 Auburn Tigers and No. 20 Kansas State Wildcats, No. 1 Florida State Seminoles versus No. 22 Clemson Tigers and No. 3 Alabama against the University of Florida Gators. This should be each team's first real test of the season.

College Top 25

(1) Florida State	(14) South Carolina
(2) Oregon	(15) Arizona State
(3) Alabama	(16) Stanford
(4) Oklahoma	(17) USC
(5) Auburn	(18) Missouri
(6) Texas A&M	(19) Wisconsin
(7) Baylor	(20) Kansas State
(8) LSU	(21) BYU
(9) Notre Dame	(22) Clemson
(10) Ole Miss	(23) Ohio State
(11) Michigan State	(24) Nebraska
(12) UCLA	(25) Oklahoma State
(13) Georgia	

## Sept. 11 memorial ceremony: Guantanamo remembers



Navy Rear Adm. Kyle Cozad, speaks before Guantanamo Bay residents during a solemn ceremony to remember the events of Sept. 11 and honor the lives lost on that fateful day.

### Story and photo by Sgt. Christopher Vann

Copy editor, [thewire@jtfgtmo.southcom.mil](mailto:thewire@jtfgtmo.southcom.mil)

September 11, 2001 is a day that will forever be etched in the minds of not only Americans but the world. Most people remember where they were at the exact moment they heard that a plane had flown into one of New York City's Twin Towers. As the day went on, two things were clear: first that many innocent lives were lost, and second that this was the largest terrorist attack the U.S. had ever faced, forever changing our country's consciousness and way of life.

Naval Station Guantanamo Bay held a ceremony remembering the lives lost on that day and those lost since then during the war on terror.

There was an atmospheric sorrow in the room where members of the GTMO community gathered to pay their respects. The ceremony's color guard demonstrated a strong sense of pride as they held their flags during the entirety of the ceremony.

Navy Rear Adm. Kyle Cozad, commander, JTF GTMO, was the guest speaker and delivered his 'three degrees of separation' as it concerned 9/11. Cozad spoke of a friend, Navy Lt. Scott Lamana, who lost his life when Flight

77 hit the Pentagon killing the crew and passengers aboard, as well as 125 military and civilians who worked there. He then went on to talk about his brother Mark, who also worked at the Pentagon but was on the opposite side of the building and how agonizing it was to have no communication with his brother for hours. He had no way of knowing if he too were a victim of the attack. Finally, he spoke of his friend, a former pilot, Herb Schreiber, whom Cozad flew with earlier in his Navy career. Schreiber was scheduled to copilot one of the American Airlines planes Flight 11, that flew into the Twin Towers, but was "bumped" to allow another pilot who was in need of monthly flying hours.

"Thirteen years later, my 'three degrees of separation' continue to give me a deep appreciation for the meaning of the words resolve and sacrifice," said Cozad. "Regardless of where you were or who you knew that day- Sept. 11 continues to reinforce as a solemn reminder to each of us why we are honor bound to serve."

Senior Airman Stellah Biingi, a JTF Airman with the Base Engineer Emergency Force's control section, reflected on the memories of that fateful day.

"Ceremonies like this make me remember where I was when it happened, makes me reflect on the lives that were lost, not only that day, but every day since in the global war on terrorism," said Biingi. "It reminds me of the honor I have to be able to serve and protect my country and gives me pride in wearing the uniform."

For Biingi, who was in high school in Maryland, it was not only sad but a frightful day as she remembered the fear she had for her family. "It was pretty scary because my parents worked in D.C. at the time and we couldn't get a hold of them because everyone was calling once the plane hit the Pentagon," she said.

As our nation continues to move forward, let us not forget the beautiful souls that passed, and the bravery of the police forces and firefighters that risked their lives to save as many lives as possible from meeting the same fate. So as you take the time to render honors during the playing of the National Anthem, take a moment to reflect and remember the blood, sweat and tears that were shed that day. Let not their memories be forgotten.

# the GIVER

Review by Sgt. David Kirtland  
Staff Writer, [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil)

“The Giver” is based on Lois Lowry’s novel with the same name. I have not read the book. The film takes place in a futuristic society where all individuality has been banished and whose citizens are closely monitored at all times. Family units are assembled, not naturally occurring.

It’s an eerie world which lacks free speech and free ideas. We meet young Jonas (Brenton Thwaites) whose “parental units” are played by Katie Holmes and Alexander Skarsgard. Jonas and his best friends, Fiona and Asher, are growing up and it’s time to take their assigned jobs during a grand ceremony. The chief elder, played by Meryl Streep, is an ominous presence in the film.

Jonas instead of a job is selected to become the next receiver due to his abilities. He is sent to train with the giver, played by Jeff Bridges. The giver imparts memories from generations of the human race. Jonas is introduced to



the concepts of the world the society has hidden. The world literally goes from its black and white dreary state and Jonas begins to see brilliant color with more knowledge gained.

What follows is a series of montages full of tidbits of human history. Jonas “remembers” some of the most recognizable moments of human civilization. Jonas begins to see the world around him in a brand new way that he is not allowed to share. It is impossible for him to accept the world he once knew. With memories of love and happiness also brings memories of pain and loss. Jonas begins to realize the dark truth behind



Review by Sgt. Kenneth Tucceri  
Webmaster, [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil)

Mammals gathered at the lyceums this weekend to witness GTMO’s initial viewing of “Dolphin Tale 2.” This endearing family film benefited from an emotional uplifting plot coupled with a star-studded cast including Morgan Freeman, Ashley Judd, Nathan Gamble, Harry Connick Jr. and the legendary Kris Kristofferson.

This motion picture is a sequel to the wildly successful 2011 movie which features an injured dolphin, Winter, who is the beneficiary of a special prosthetic tail that is a result of her entanglement in a crab trap.

The dolphinian drama that Winter encounters in the sequel’s plot begins when Winter’s only tank mate, her surrogate mom Panama, passes away. According to the movie, dolphins can’t be alone in tanks as it would be bad for their social health. Due to Winter’s new-found predicament of not having a swimming buddy, Clearwater, Florida’s marine hospital is in danger of losing its noteworthy bottlenose bud.

With its heartfelt theme of human-animal collaboration to overcome adversity, fine acting from Hollywood legends and great underwater filming, this movie receives three-ee-ee-ee banana rats. Bring the family and some bug spray for some heart-warming sentimentality, you’ll be glad you did.

this sterilized world.

The young characters in the film lack any real depth. The film has some great names but never truly gives them a chance to shine. The film has beautiful style and is interesting to look at, but it has very few real powerful moments. Although there are some thrilling scenes, the ending is left open to interpretation. I’m sure some will argue that this is one of those times where the book is better than the film. As far as the film goes, I give “The Giver” thee banana rats.



## LET'S BE COPS



Review by Sgt. Spencer Rhodes  
Photo Editor, [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil)

“Let’s be Cops” is an awesome bro movie filled with poor decisions and even poorer consequences that create increased bonding between two friends who feel they haven’t achieved as much as they had hoped in their lives.

Justin (Damon Wayans Jr.) and Ryan (Jake Johnson) are two friends who are living in LA, trying to make their career dreams come true. Ryan is living off the \$11,000 paycheck he earned two years previous from a single herpes commercial, and Justin is an aspiring game designer who doesn’t seem to be going anywhere. When attending a college reunion costume party dressed as cops (which turns out to be a “masquerade” party) turns into a continual impersonation of L.A.’s finest, the two friends, and fakes, find themselves in some very real trouble, with some very not-faking-it Russian mobsters. While Justin reluctantly and often regrettably enjoys their adventures, he realizes

the dangers and illegal nature of it sooner than Ryan who seems to be relishing the activity a tad more than what seems healthy.

The movie does however have some flaws, depending on how you like your comedies. There is a good deal of ‘second-hand embarrassment’ type of humor with Ryan routinely getting the two mixed up in unwanted interactions. The awkward scenes are only saved by the amazing chemistry Wayans Jr. and Johnson have on screen. That being said, there are some outright hilarious moments in the film which ends with a good moral. Three banana rats for “Let’s Be Cops.”

Story and photos by Staff Sgt. Patrick Ponder  
Media Relations, [thewire@jffgtmo.southcom.mil](mailto:thewire@jffgtmo.southcom.mil)

In 1910, New York was the first state to have a law in place against driving while under the influence of alcohol, with other states to soon follow their lead. At that time the law prohibited driving while intoxicated, but hadn't any set limitations on what was considered driving drunk.

The American Medical Association and the National Safety Council conducted their research, and in 1938, 0.15 became the first used legal limit for blood alcohol concentration.

In 1953, Robert Borkenstein, a police chief and professor, invented the breathalyzer. The machine uses chemical oxidation and photometry to measure alcohol concentration. By blowing into the machine it allowed it to measure the amount of alcohol vapors in one's breath.

Here on Naval Station Guantanamo Bay, the Navy master at arms use a breathalyzer machine to monitor drivers as they pass by one of their randomly established sobriety checkpoints.

When the MAs setup their checkpoints, "The main reason is to provide a visual deterrence," said Navy Petty Officer 2nd Class Josh Light, with Naval Security Force Guantanamo Bay, "so people know that they are going to get caught. We are going to catch you sooner or later."

When conducting these sobriety tests the MAs aren't targeting any one person or thing. "We are stopping everyone, we don't have a preference," said Light. "We get everyone, and if there's a big line, well we are going to wait till everyone goes through."

The checks are randomly generated and are not on any set schedule and can be conducted at any time. "I've actually done a sobriety checkpoint in the middle of the day," said Light. "It wasn't my choice, I just enforced it."

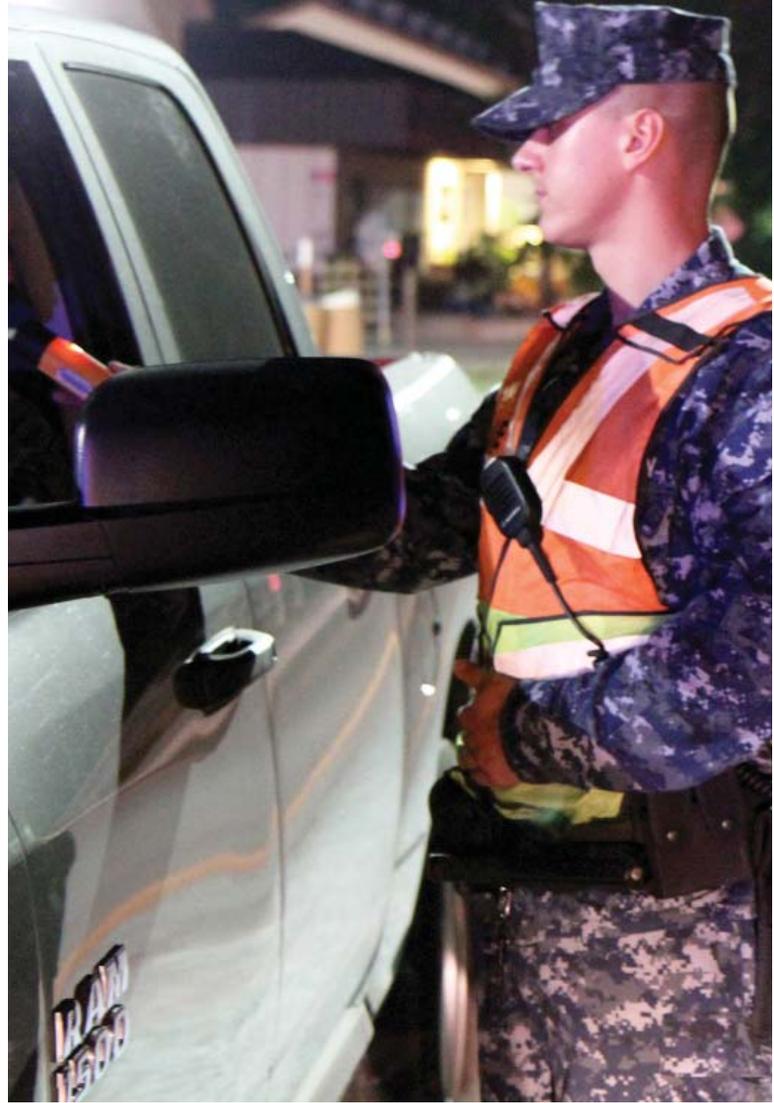
Navy Petty Officer 1st Class Sandra Bilak, with NSF GTMO, said the sobriety checkpoint possesses both positives and negatives. "Most of the time it gets boring because we don't catch anyone, but that's a good thing, and that's what we want."

Over the last two years, the amount of drivers caught driving while under the influence has declined.

"Last year there were 34 reports of driving while under the influence," said Balik. "This year, as of September, we have had only nine reports."

There are plenty of other alternatives to drinking and driving here in GTMO. Don't forget you can call Safe Ride at 7233 or 84781 - or maybe walk. We are fortunate to have most things within walking distance. Either of those options is much better than ruining your carrier.

# To drive, or not to drive



Seaman Zack Reasinger, a Sailor with Naval Security Force Guantanamo Bay, conducts a breathalyzer test on a base resident during one of their sobriety checkpoints.

# NOW SHOWING

	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CAMP BULKELEY DOWNTOWN	<b>When the Game Stands Tall</b> (New) PG, 8 p.m. <b>Let's Be Cops</b> R, 10:15 p.m.	<b>If I Stay</b> (New) PG13, 8 p.m. <b>The Giver</b> PG13, 10 p.m.	<b>Dolphin Tale 2</b> PG, 8 p.m.	<b>Get On Up</b> (LS) PG13, 8 p.m.	<b>Guardians of the Galaxy</b> (LS) PG13, 8 p.m.	<b>The Hundred Foot Journey</b> PG, 8 p.m.	<b>Throwback Thursday: Clerks</b> R, 8 p.m.
CAMP BULKELEY DOWNTOWN	<b>If I Stay</b> (New) PG13, 8 p.m. <b>The Giver</b> PG13, 10 p.m.	<b>When the Game Stands Tall</b> (New) PG, 8 p.m. <b>Let's Be Cops</b> R, 10:15 p.m.	<b>Guardians of the Galaxy</b> (LS) PG13, 8 p.m.	LYCEUM CLOSED	<b>Get On Up</b> (LS) PG13, 8 p.m.	LYCEUM CLOSED	<b>Throwback Thursday: Jurassic Park</b> PG13, 8 p.m.

Call the Movie Hotline at ext. 4880 or visit the MWR Facebook page for more information

\* Concessions closed until further notice \*

Stay classy, GTMO! No ALCOHOL or TOBACCO at the Lyceums!

# Evening 9.11k, 5k Run

**“We were born to unite with our fellow men, and to join in community with the human race.” -Marcus Cicero, Roman philosopher**

Story and photos by Sgt. Spencer Rhodes

Photo Editor, [thewire@jtfgtmo.southcom.mil](mailto:thewire@jtfgtmo.southcom.mil)

Naval Station Guantanamo Bay’s MWR hosts many races but only a few of them have a truly special significance for those involved. Having finally reached the point of normal breathing, Navy Lt. Cmdr. Kathleen Love reflected on the MWR’s evening race on Sept. 11.

“I think 9/11 is the reason that most of us are on Guantanamo Bay and serving. A lot of us joined for that purpose and felt called after that day, and so this race has a lot of meaning for all of us as far as our families and those we serve for,” said Love after finishing Thursday night’s Sept. 11 remembrance 9.11k race.

The turnout for the race was significant, and runners ranged from 19 and under to 50 years old and over. Parents and their children, husbands and wives, contractor’s and Service members from the different walks of life found in the tiny GTMO community all came together for the commemorative run. While the personal significance of 9/11 is always different, for those in the military, the end result is often the same.

“It actually means a lot. I’ve been in the Army eight years now, and I can remember being in sixth grade when it happened, watching it on TV. All activity in the school just stopped, and we just turned the TV on; no one went home, we were under a lock down,” said Spc. Cody Cox, a Soldier with Joint Task Force Guantanamo’s Joint Detention Group. “I enjoy the fact that I’m here in GTMO because the mission, I feel like, it stands out for that reason, for 9/11.”

Starting and ending at Cooper Field, the race offered two routes for participants to choose from: a 5k run and a 9.11k run (roughly six miles). Runners with the red numbers ran the shorter race, and those with blue numbers ran the longer cross-country style 9.11 route.

The 9.11k route took runners parallel of Ferry Landing, winding back behind



A runner with Joint Task Force Guantanamo’s Joint Detention Group approaches the turn around point in the MWR’s 9.11k evening race Sept. 11. The race allowed runners to choose between a 5k route and the full 9.11k route.

Camp Justice along the coast as sunset started to set in, the colored sky setting a poignant backdrop for the evening event. Runners would start their turn around as they crossed the old airfield and were back on Sherman Avenue, running the last portion of the race to return to Cooper Field.

The first and second overall winners of the race were Army Maj. Jason Small and Army Sgt. David Telsnik, who will be a part of the 525th MP battalion’s Army 10-miler team bound for Washington D.C. this October.

It’s unusual to have an MWR race in the middle of the week, or in the evening, allowing runners to enjoy the cooler hours of the evening, instead of the increasingly hot hours of midday.

At the end of the night, with a smile and deep breath, Love said, “Actually I feel OK. You get your second wind towards the end of the race, and coming towards another group of Service members I had a great feeling about it and a great end to it.”



Bragg Stanley (neon shirt) runs in GTMO’s 9.11k race Sept. 11. Stanley, a native of Columbia Missouri, is visiting his daughter, Katie Prestesater, Naval Station Guantanamo Bay’s Liberty Program director.

# FACES FROM THE RACES



# CHIEF PETTY OFFICERS:

*The road to being pinned*

Story and photos by Pvt. Kourtney Grimes  
Staff Writer, [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil)

“The pinning ceremony is the public display of everything we’ve done in the past six weeks,” said Navy Chief Petty Officer Brandon Lalley, chief gunner’s mate. “This is their actual first time putting on and wearing anchors. It’s done in the public’s eye, in front of the command, all their Sailors and all their leadership, and they’re here to honor them for their accomplishments.”

For Naval Station Guantanamo Bay and Joint Task force Guantanamo’s chief petty officer selects, the last six weeks have been a fast-paced race of learning the ins and outs of being a CPO.

“This process, CPO 365 phase one, built on what I and a lot of the other first class petty officers have gone through, is a learning phase,” said Navy Chief Petty Officer Darnelle Mason, leading CPO, preventative medical technician, one of the five recently pinned CPOs. “To move onto phase two, you take the Navy-wide advancement exam for the E-7 test which is in January, so if you pass the test, you are selection board eligible. When you’re selection board eligible, a board of master chiefs for your respective rate, they will take a look at your service record. They look at the five years and see what you’ve done, how you’ve taken care of your Sailors. Based on that body of work, what you’ve given to the Navy and your potential to give to the Navy - that’s how you’re selected.”

The Sailors made it through the beginning of the year-long selection process with the aid of Lalley and other CPOs.

“The season is kind of like leadership boot camp,” said Lalley. “It breaks down the boundaries between what E-6s, first classes do and what’s expected of chief petty officers. Their growth and development between day one and today has been extraordinary. You have phase one that never stops, even during phase two which is the CPO season. We’re still taking all of our first class petty officers, E-6s and training, educating, team building, PTing, just building camaraderie and building them up as leaders. Phase two kicks in and it’s just another step, getting them ready to wear anchors and khakis.”

One of the tasks the chief selects tackled was organizing a 5k. The run was open to all Service members and



Navy Chief Petty Officer Juan Yarbrough dons the cover of Navy Chief Petty Officer Kymberly Compton after being pinned by her wife, Michelle Turner, and Navy Senior Chief Petty Officer Brian Hamilton in the chief’s pinning ceremony at the Windjammer Ballroom here Tuesday.



Navy Chief Petty Officer Kymberly Compton walks through an isle of side boys after being pinned to chief in the Windjammer Ballroom here Tuesday. Compton explained that morning as "one of the happiest and proudest days of my life," and she is "honored to be part of the chief family."

residents.

"The run was organized by Chief Petty Officer Ryan Reed and MWR," said Mason. "It was fun to have all the different services running with us."

The CPO selects made sure to invite Sailors from the junior ranks to get them out running and call cadence, something they may not have done since their rating school.

"One of the keys is taking what you learn and sharing it with your junior Sailors, and that's the reason that we brought them in there," said Mason.

For the CPO selects, the process is arduous but the rewards are monumental to their career.

"I'm definitely appreciative of this process," said Mason. "This last six weeks, we've definitely grown. We've grown closer to the chiefs that have helped us through this six week process. There were some rough days, rough nights and quite a few good days, and the lesson learned from here is that even though the six week process is over, the real work begins tomorrow."



Chief petty officers, CPO selects, Sailors and other Service members ran together in a 5k run Sept. 12 around Naval Station Guantanamo Bay. The run was organized by the CPO selects as a part of their CPO 365 phase one process which continues until their final pinning nearly a year after they are selected.



Story by **Sgt. Christopher Vann**

Copy editor, [thewire@jtfgtmo.southcom.mil](mailto:thewire@jtfgtmo.southcom.mil)

Week two in the National Football League is over and only a few teams were able to keep their records untarnished. The San Diego Chargers tight end hauled in three touchdown passes and helped his team put away the Seahawks.

The San Francisco 49ers squandered a 17-point lead to lose the home opener of Levi Stadium. RGIII was again injured in what some have called a season-ending injury as he dislocated his left ankle during the Washington Redskins win over Jacksonville Jaguars.

The New England Patriots rolled past the Adrian Peterson-less Minnesota Vikings.

#### Thursday

Ravens 26, Steelers 6

#### Sunday

Bears 28, 49ers 20

Rams 19, Buccaneers 17

Packers 31, Jets 24

Chargers 30, Seahawks 21

Broncos 24, Chiefs 17

Browns 26, Saints 24

Texans 30, Raiders 14

Cardinals 25, Giants 14

Bengals 24, Falcons 10

Cowboys 26, Titans 10

Bills 29, Dolphins 10

Panthers 24, Lions 7

Redskins 41, Jaguars 10

Patriots 30, Vikings 7

#### Monday

Eagles 30, Colts 27

“The mission of the detainee programs section is to provide intellectual stimulation to detainees here,” said the program’s officer in charge. “We do that through two separate measures. The first of which is traditional library material that we deliver to the detainees. The second method is classes and seminar-based instruction given by contracted instructors. We take this program very seriously because if we are able to get the detainees the materials and class time that they want, it benefits not only them, but the guard force. Supporting the guard force is our primary concern.”

The library aspect of the detainee programs section benefits from a large catalogue of material. With more than 25,000 items which include approximately 20,000 books, 2,000 magazines, 3,000 DVDs and 750 video games, the library is stocked efficiently for requests.

“Materials for delivery are typically done on a random selection basis, also based on languages and the different blocks we deliver to that day,” the program’s OIC explained. “Deliveries are done using a cart with a variety of material so they don’t see the same thing week after week.”

If a particular item is desired or not in the inventory, “In terms of them requesting specific items, they do have that option through the guard force,” said the program’s OIC. “They can receive materials. It will be received through the ICRC [International Committee of the Red Cross]. Once it goes through the vetting process, it’s brought in and he [the requester] has first dibs on it essentially.”

As for the additional books and magazines, “The main source of where we get all of our materials from is through donations. The ICRC primarily is where most of the material comes from,” said the program’s OIC.

The instructional program teaches second language programs, art classes, nutrition, horticulture and other life skills to include computer familiarity.

“The classes are pretty popular,” said the program’s OIC. “The instructors are extremely qualified. If you look at some of the artwork, a lot of it is actually very impressive. Horticulture is another very popular class, where they are actually out there growing mint, cilantro and other plants.”



Detainee artwork is displayed in the hallway of the library from different years. The detainee programs section is split into two sections: traditional library functions and classroom seminars. The latter offers art classes taught by qualified contracted instructors along with language classes, horticulture and other life skills.

# DETAINEE PROGRAMS

Story and photos by Sgt. Kenneth Tucceri  
Webmaster, [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil)



One of the rooms of the detainee library shows the books in various languages and subject matter. The library holds over 20,000 books, 2,000 magazines, more than 3,000 DVDs and 750 video games, plus newspapers distributed weekly.



1st Sgt's Davin Butler (left) and Jerry Kennedy (right) place their signatures on a document containing The Creed of the Noncommissioned Officer, before giving it to the Soldier from their own company. Each Soldier places their own signature on it as well, officially stating their pledge to uphold the values of an Army NCO.

## The NCO Induction ceremony: a time-honored tradition

Story and photos by Sgt. Spencer Rhodes  
Photo Editor, [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil)

Soldiers of all ranks sat in the quiet Troopers Chapel early Tuesday morning as the 525th Military Police Battalion prepared to officially welcome Soldiers into the Army Corps of Noncommissioned Officers, a process that is steeped in pride and Army history. Ten accomplished Soldiers, many of whom have already accepted their promotion at an earlier date but have not yet had the opportunity to go through the official ceremony, were welcomed into the Army NCO corps, charged with upholding their creed to the utmost of their ability by the senior leaders present.

Army 1st Sgt. William Schultz, first sergeant for the 342nd Military Police Company, says he sees the ceremony in a much different light than he did when he became an NCO 16 years ago, and that history and customs are what connects today's sergeants with those who have served in the past.

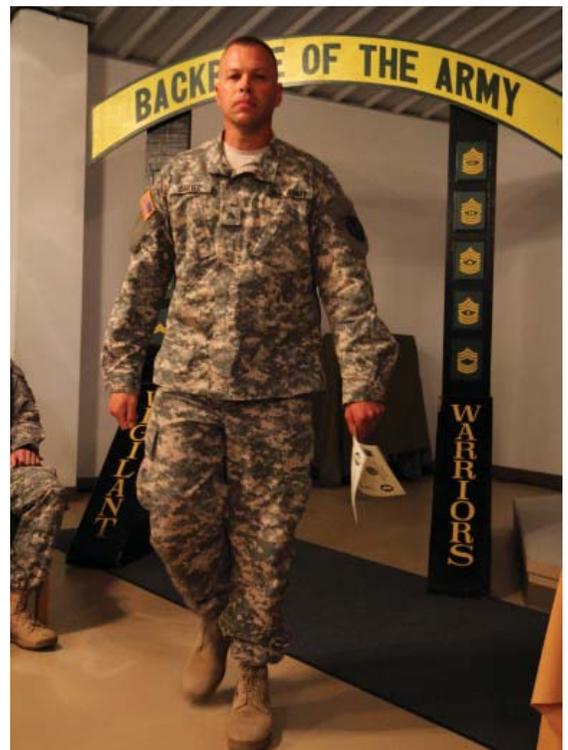
"The magnitude of crossing over from an enlisted Soldier to a noncommissioned officer is a landmark in an enlisted Soldier's career," said Schultz. "The potential of these Soldiers is boundless. I shake their hands, congratulate them and see the pride in their eyes. They believe in our Army, they want to be leaders of Soldiers and are the example for others to follow. They understand that being the example for others to follow is not just important, it's indispensable."

Perhaps it was the early morning gathering, or the genuine pride in the morning's purpose that was evident in the demeanor of the official party; Command Sgt. Maj. Janet Harris and the first sergeants under her. Regardless of why, a quiet reverence for the coming rite of passage permeated through the room as a new journey of leadership and responsibility began.

Both Army Sgt's. Randall Peaslee and Patrick Franks agreed that the most important personal aspect of getting their chevrons was the opportunity to lead troops how they would want to be led.

"From past experiences I know what I want to do, and now I can see from a higher point on the hill, see the bigger picture," said Franks.

The bigger picture and maintaining of the responsibilities that comes with it is exactly what each Soldier was tasked with, as part of the ceremony included each individual of the official party, all standing at attention, saying what they expected of their leadership. The few junior enlisted Soldiers present for the ceremony, seated in the audience, were also included in the official events; each one had a specific question, traditionally asked by junior enlisted Soldiers to new NCOs in the induction ceremony,



Sgt. Shaun Carter walks through the archway at the 525 MP Battalion's NCO Induction Ceremony Tuesday morning.

requesting that they stay vigilant in their duties not just in maintaining the NCO Creed, but their duties to them as well.

"I honestly didn't know what to expect, since I never had the opportunity to officially go through this when I accepted my promotion over a year ago," said Army Sgt. Douglas Ferguson, "but I think it went really well. There was so much more genuine heart in the ceremony; it was more than I expected."



Story by Sgt. Debra Cook

Staff Writer, [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil)

Camaraderie is all around since football season began. It feels like the holiday season. Fans wear their favorite team jerseys, TVs come on and the food comes out. There's optimism and shared hope on game day. There's power in the common cause of supporting a team and being in a group with a unified goal. Of course, everyone wants their team to win.

But what do you do when your team loses? Not everyone handles defeat the same way. A lot of people take their teams very seriously and groups have divided over team losses.

Studies say that sports fan depression is real. There's entire websites devoted to coping when your team loses. Wiki



## LOSING: A FUEL FOR SUCCESS

has a page on "how to cope when your favorite sports team loses" providing 12 different suggestions. Each one accompanied by intricate drawings to help understand the different coping mechanisms suggested to use for getting through the pain of your team losing. There's even a site with "seven tips to deal with the heartbreak when your favorite team loses." For many, a team's defeat can impact their lives.

In an article titled "Past losses bring camaraderie, fuel for Ohio State football team," writer James Grega Jr., states, for the Ohio State Buckeyes coming off back-to-back losses as the 2013 season closed out was a chance to learn and grow in 2014. Ohio State University coach Urban Meyer said he hoped his team would use the losses as motivation.

There's a lot of accounts of teams gaining strength through failing. During the 2014 basketball season, the Mavericks from the University of Texas at

Arlington were on a three game losing streak. It was crucial they win the next two games. Coach Scott Cross prepared the team to regroup physically and mentally by holding additional morning workouts over the weekend. Their response paid off and they came out of that losing streak to win the next game.

Exercise is one of the tools used to deal with loss. Getting out for your own fitness will help push you through the disappointment of your team missing out on a win and get you ready to watch and support them in the next game. No matter how you handle life's disappointments, having a plan in place to deal with it can make you stronger on the other side.

I'll leave you with OSU senior quarterback Braxton Miller's words about defeat. "When something goes bad you have to turn it into a positive. Everybody has to get together and make something happen for the coming year..."

### CHEDDAR TAILGATING BREAD

Courtesy [www.foodiewithfamily.com](http://www.foodiewithfamily.com)



Heartbreaks follow the defeats. Since losses are inevitable, you have to have a plan to deal with them. One of the seven suggestions made on thehealthsite.com is to load up on comfort foods. The recipe this week should help you do just that. You buy the bread already made, add a lot of cheesy awesomeness to it and bake. This recipe is sure to please any crowd and, if by chance, your team loses, a full stomach can help ease the pain of that loss.



Story by Sgt. Debra Cook

Staff Writer, [thewire@jftgmo.southcom.mil](mailto:thewire@jftgmo.southcom.mil)



### Recipe

Ingredients:  
1 loaf Italian bread (16 ounces, by weight)  
1 pound extra sharp cheddar, grated (about 4 cups)  
1 stick unsalted butter  
1 large clove of garlic, minced or pressed  
1 bunch of green onions (scallions) trimmed and thinly sliced  
A fistful of fresh curly parsley, minced

Nonstick cooking spray and foil  
Directions:  
Preheat oven to 350°F (or preheat grill to medium heat). Lay out a double thickness of standard foil (or a single thickness of heavy-duty foil). Spray lightly with nonstick cooking spray. Set aside.

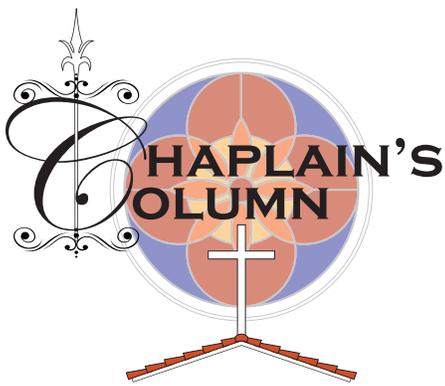
In a microwave-safe bowl, or a heavy-bottomed skillet, heat the butter until melted and mix in the garlic and sliced green onions. Stir with a serving spoon.

Lay the loaf of bread on the cutting board and cut a 1/2" grid pattern into it stopping about 1/4" above the base of the bread so that it stays connected. Gently pry apart the bread and spoon the butter mixture along the seams. Gently wrap the foil up around the top of the loaf and put on a rimmed baking sheet. Bake for 10 minutes.

Remove the pan from the oven, open the foil and sprinkle the cheddar cheese over the top, gently pushing some of the cheese down into the cut bread.

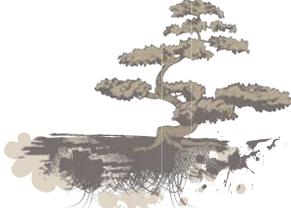
Leave the foil open and return the pan to the oven or grill and raise the heat to 425°F or HIGH for another 15 minutes or until the cheese is completely melted and bubbly and lightly browned on top.

Let set for 3 minutes before showering with freshly minced parsley and serving.



## Rivals who always win

By Navy Cmdr. Thomas Taylor  
Joint Task Force command chaplain



Perseverance is an essential quality for success in life. This is especially true in the lives of military families. Choose any area of life: work, sports, raising children, budgeting, fitness, etc. Rarely does success come without profound perseverance.

The hardships we face in life provide opportunities to develop our character. But it's not automatic. We must instead choose to grow, and growth can be painful.

I enjoy raising and cultivating bonsai trees as a hobby. Anyone familiar with the movie "The Karate Kid" (I'm going old school here, so check out the original 1984 version) may recall that Mr. Miyagi grew bonsai trees, and was often seen patiently sitting in front of one anytime young Daniel-san was having a moment of teenage angst. Quietly Mr. Miyagi would snip a piece here or turn a wire there, molding the tree into his vision of perfection. What Daniel did not know, that Miyagi did, is that perseverance to the task is what brought forth beauty, not rash decisions or actions.

I like the way President Abraham Lincoln stated, "Character is like a tree and reputation like its shadow. The shadow is what we think of it; the tree is the real thing."

Are you going through a time of painful growth in your life? Do you feel like a bonsai tree being twisted and turned, snipped and cut? Take heart! Hardships produces perseverance and perseverance will bring you success in life!

BONSAI DANIEL-SAN!

## The JSMART Spot

By Navy Petty Officer 2nd Class Arianna Loaiza  
JSMART Advertising Coordinator

Can shopping really be therapeutic? I say YES! (I personally enjoy shopping). However, shopping is not solely female-only activity. With internet service accessible, many deployed Service members turn to online shopping. Retail therapy is the act of shopping and spending to improve one's mood.

In a study published in the "Journal of Psychology and Marketing," it is revealed that 62% of shoppers have purchased something to cheer themselves up. When done in moderation, shopping can be beneficial. Studies suggest that making decisions about purchases can help restore a sense of control and reduce sadness. While you are in GTMO,

you have the opportunity to save money. Treat yourself every now and then but do not spend your whole paycheck or spend recklessly.

Warning signs that your shopping habit has gotten out of hand are: hiding purchases from loved ones, feeling guilt/shame about shopping, missing work or other obligations to go shopping and feeling that shopping is a necessity and no longer fun. If you shop because you are unhappy, JSMART can offer you some alternative coping skills.



51007. Sailors in Camp, U. S. Naval Station, Guantanamo Bay.  
Sailors at Naval Station Guantanamo Bay stand in formation outside of their tents in the early 1920's.

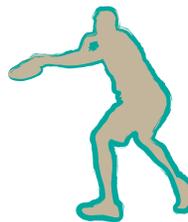


## GTMO sports standings



### Beach Volleyball

1. Banana Rat	11-1
2. BEEF	10-2
3. The Guy Plus I	9-2
4. Z Team	8-2
5. Hellhounds	8-4
6. JMG	6-4
7. SOGO	6-4
8. The Team	7-5
9. Woosah	5-6
10. MisFits	5-8
11. B. Ugliers	3-7
12. Regulators	3-7
13. Danger Zone	3-8
14. The Chowderheads	3-9
15. PWD	2-10
16. CCR	1-11



### Ultimate Frisbee

1. I-guana GTMO	12-1
2. BEEF	10-3
3. Ridiculousness	10-3
4. PWD	8-4
5. Footballs R2 Heavy	6-8
6. Huckaholics	5-8



## Today's Tabata

20 seconds of work and 10 seconds of rest for 4 mins each exercise:

- Mountain climbers
- Jump rope
- Keg press
- Burpee box jumps
- V Ups
- Burpee pull ups

Courtesy Spc. Crystal Pittman

## U.S. Consular Officers visiting GTMO September 22-23

Accepting appointments for:

1. Regular (tourist) passports
2. Consular Report of Birth Abroad
3. Special Immigrant Visas
4. Certifications of true copies

Please contact Lt. Smith at 4692  
or [jennifer.smith@gtmo.navy.mil](mailto:jennifer.smith@gtmo.navy.mil)

for more information and to schedule appointments



Go ahead...

Say "Yolo"  
**ONE** more time.

## Power lifting competition

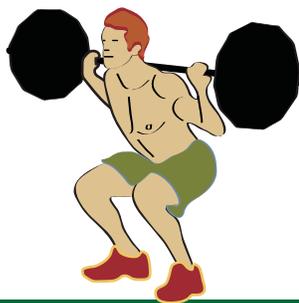
Saturday, September 27 10:00 a.m.  
Male and Female

**FREE**

register at Denich  
Fitness Center by  
September 26.

**3 Lifts**

Squat  
Bench Press  
Dead Lift



Call 2065 for more information.  
Details available at Denich Fitness Center.

## Liturgical Protestant worship service

Sundays 9:30

NAVSTA Chapel Annex Room 1

In the tradition of the Book of Prayer, the service includes traditional hymns, Scripture from the Common Lectionary and Holy Communion each week.

Our worship style will be very similar to Episcopalians, Lutherans and Presbyterians among others.

FMI Chaplain Tom Taylor 3203

Army Staff Sgt. Michael Chavez shows off his Spanish mackerel in the clear waters of GTMO's Cable Beach in this photo by Sgt. Kenneth Gay.



PHOTO OF THE WEEK

Send your best photos to [thewire@jftgtmo.southcom.mil](mailto:thewire@jftgtmo.southcom.mil)