

THE WIRE

The official publication of  Joint Task Force Guantanamo



Most interesting tour

USO tour brings olympian celebrities to GTMO

Big Game night

Celebrating football's finale around GTMO

Army's top NCO visits GTMO

AROUND THE BAY

AND IN OUR PAGES



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189th MP Co. gives Pig Bowl trophy a new home



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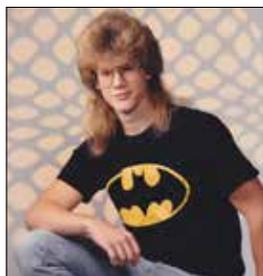
Cover Story

Cover photo by Spc. Lerone Simmons

Sgt. Maj. of the Army Raymond F. Chandler III, checks up on JTF GTMO
PAGE 8

BAY WIRE REPORT

That sounds like, totally rad



The Morale, Welfare and Recreation program will sponsor an 80s and 90s karaoke and dance contest Saturday, Feb. 15, at the Windjammer.

Prizes will be awarded for best costume, best dance and best singer.

Whether it's A Flock of Seagulls, Aerosmith or Run DMC, there's something for everyone.

Keep our beaches beautiful

Looking for something to do this weekend but can't figure out how to spend your time? Why not help clean up a local beach and get some volunteer hours at the same time?

The Liberty Center will host a beach cleanup at Hicacel Beach, Sunday, Feb. 9, at 9 a.m. Call ext. 77421 or email liberty@gtmo.-mwr.org to sign up.

Stein night is back, GTMO

Come design and decorate your own stein mug Saturday, Feb. 13, from 6-9 p.m. at the Ceramics Shop. Prior registration required. For more information call ext. 2259.

2 <http://www.jtfgtmo.southcom.mil/xwebsite/index.html>



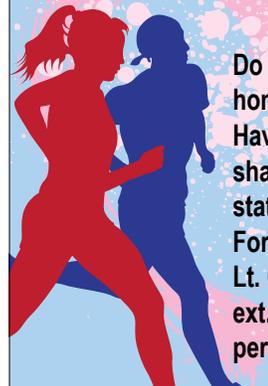
MOTIVATOR
OF THE WEEK

HM3 Christopher Carson
Joint Medical Group

SPC Schylar Smith
2228th Military Police Company

Sweethearts 4ever 4-miler

Sunday, Feb. 9, 8 a.m.
Camp America



Do you have a sweetheart back home who enjoys running? Have them join you in a shadow run between a state-side location at GTMO. For more info, contact Lt. Cmdr. Cynthia Holland at ext. 9717. Open to JTF GTMO personnel only.

CORRECTIONS *Please report all corrections to thewire@jtfgtmo.southcom.mil*



THE WIRE

HQ Building, Camp America
Guantanamo Bay, Cuba
Commercial: 011-5399-3651
DSN: 660-3651
E-mail: thewire@jftgmo.southcom.mil
www.jftgmo.southcom.mil/wire/wire.html

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Copy Editor
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Graphic Designer/Webmaster
Army Sgt. 1st Class Aaron Hiler
Photo Editor
Army Staff Sgt. Darron Salzer
Staff Writers
Army Staff Sgt. Lorne Neff
Army Sgt. Cassandra Monroe
Army Spc. Lerone Simmons

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Religious Services

NAVSTA Chapel

Catholic Mass
Mon.-Thur. 5:30 p.m.
Saturday 5 p.m.
Sunday 9 a.m.

Protestant Services

General Protestant
Sunday 11 a.m.
Gospel Worship
Sunday 1 p.m.

Chapel Annexes

Pentecostal Gospel
Sunday 8 a.m. & 5 p.m.,
Room D

LDS Service
Sunday 10 a.m., Room 19

Islamic Service
Friday, 1:15 p.m., Room 2

Seventh Day Adventist
Friday, 7 p.m., Room 1
Sabbath School: Saturday 9:30 a.m.,
Room 1
Sabbath Service: Saturday 11:00 a.m.,
Room 1

JTF Trooper Chapel

Protestant Worship
Sunday 6:40 a.m.
Sunday 9 a.m.
Sunday 7 p.m.

Transportation Schedules

Bus #1, 2, 3:

Camp America - :00, :20, :40
Gazebo - :01, :21, :41
Camp America NEX - :02, :22, :42
Camp Delta - :04, :24, :44
TK 4 - :13, :33, :53
JAS - :14, :34, :54
TK 3 - :15, :35, :55
TK 2 - :16, :36, :56
TK 1 - :17, :37, :57
CC - :19, :39, :59
Windjammer/Gym - :22, :42, :02
Gold Hill Galley - :24, :44, :04
NEX - :26, :46, :06
NEX Laundry - :27, :47, :07
C Pool - :30, :50, :10
Downtown Lyceum - :31, :51, :11
NEX - :33, :53, :13
Gold Hill Galley - :35, :55, :15
Windjammer/Gym - :37, :57, :17
CC - :40, :00, :20
TK 1 - :41, :01, :21
TK 2 - :42, :02, :22
TK 3 - :43, :03, :23
TK 4 - :44, :04, :24
Camp 6 - :50, :10, :30
Camp Delta - :53, :13, :33
HQ Building - :55, :15, :35
Camp America NEX - :57, :17, :37
Gazebo - :58, :18, :38
Camp America - :00, :20, :40

NEX Express Bus

9:55 a.m. - 7:55 p.m.
Every hour at the stated times

Camp America - :55, :48
TK 1 - :05, :36
Denich Gym/Windjammer - :11, :31
Gold Hill Galley - :14, :29
NEX - :16, :27
Downtown Lyceum - :17, :25

Beach Bus

Sat. and Sun. only - Location #1-4

Windward Loop
9 a.m., 12 p.m., 3 p.m., 6 p.m.
East Caravella
SBOQ/Marina
9:05 a.m., 12:05 p.m., 3:05 p.m.

NEX
9:08 a.m., 12:08 p.m.,
3:08 p.m., 6:08 p.m.

Phillips Park
9:14 a.m., 12:14 p.m.,
3:14 p.m.

Cable Beach
9:17 a.m., 12:17 p.m.,
3:17 p.m.

Windward Loop
9:30 a.m., 12:30 p.m.,
3:30 p.m.

NEX
9:25 a.m., 12:25 p.m.,
3:25 p.m., 6:25 p.m.

SBOQ/MARINA
9:35 a.m., 12:35 p.m., 3:35 p.m.

Return to Office
9:40 a.m., 12:40 p.m., 3:40 p.m.

JOINT TASK FORCE GUANTANAMO



SAFE



HUMANE



LEGAL



TRANSPARENT



By Col. John Bogdan

Commander, Joint Detention Group

Give a Damn! What does that mean? All Commanders have a “Command Philosophy” they communicate their general commander’s internet to their formations.

When I was a young Captain in my first company command, my philosophy was relatively long and detailed. It focused on the key elements of shoot, move, communicate, maintain and train. Over the years I came to realize, while these are excellent areas of concentration for any command, they don’t clearly articulate an ethos for Troopers to live by. Thus, my command philosophy has evolved into a short, direct, memorable phrase: – Give a Damn!

Quite simply, if you Give a Damn, you care, you try your hardest, you are the professional Trooper that I expect and our Nation deserves. If you truly care about every action taken, mission given, task accomplished and take pride in the results, all other concerns will fall into place.

As a leader I believe that team building and unit cohesion are vital to mission success. Ineffective units are a direct result of poor leadership and lack of unit cohesion. No one individual will cause a unit to succeed. Mission accomplishment comes from the collective efforts of every Trooper executing their part of the task, to the best of their ability carefully synchronized with their fellows Troopers to create overall excellence.



Col. John Bogdan

When I was 10 years old, I can remember working on a bike in the garage with my father. He held up a wrench and asked me what was written on the side. I read the name Craftsman. He said “this is the last wrench that I will ever buy because Craftsman comes with a lifetime warranty.” They are so confident in the quality and reliability of their product that they stand behind it for life. That is the type of team we should all strive to build, to be a part of, to maintain. Our unit should be something of quality, something that we should be proud to put our name on and say “if it says Bogdan on it – I’ll stand behind it no matter what!”

There are many things leaders do to build unity there is no one right way to do it but there is one BEST way to make your team cohesive and high functioning... leaders need to care about their Troopers, build a team of quality and Give a Damn!

Our mission in the Joint Detention Group is the safe, humane, transparent care and custody of detainees. While that sounds fairly straightforward, it has a plethora of unique and separate tasks that must be accomplished in concert to ensure our overall mission success. Every Trooper’s contribution is vital, from the guards on the tiers and blocks, to the Corpsman providing medical support to the Watch Commanders, Camp NCOICs and OICs. Your individual desire to archive excellence in job performance inspires your unit and our Nation as we execute this challenging and at times controversial mission. It takes enormous effort and self-discipline to endure daily aggression in the face of the enemy and then professionally respond with humane treatment. I have total confidence in the professionalism and dedication of the Troopers of the JDG; we will succeed no matter what challenges face us – because we Give a Damn!

TROOPER TO TROOPER

Sacrifice: the common theme that we all share

By Master Sgt. William Porter

Senior Enlisted Leader, Joint Task Force Engineers

Warriors must understand sacrifice; it is the act of giving up something you want in order to obtain something or to help someone. As Warriors, we sacrifice by giving up our personal life to fight for our country. It means leaving families during deployments, and sometimes never coming back, which is the ultimate sacrifice. The word “sacrifice” is part of my everyday life, part of my vocabulary, and part of my motivation. Being part of a team is the motivation I get when I make that sacrifice.

I joined the military not knowing what I was getting myself into and not really expecting to stay as long as I have. My years of service are the sacrifice I made, and

realizing how much the military means to me. Incoming Warriors don’t realize what they are getting into when they enlist in the military. It’s an eye-opener when they see the sacrifice each one of us makes on a daily basis. We make many sacrifices we may regret later in life, but it was meant to happen in order to develop our strengths.

We come from different backgrounds. We’ve learned from those who have raised us. In the military we do the same from our leaders and mentors. Working with my past leaders and mentors has helped me build my character and overcome many rough edges that have impacted my life. Making a sacrifice is all about how bad you want something and how far you’re willing to go for that extra mile.

There are many ways we can overcome fear, rejection and the unknown. Fear of speaking out and becoming a leader can be put at ease by following a successful leader. Rejection can be transposed by opening up and setting accomplishments. Overcoming the unknown can be translated into the known.

Eager Warriors look up to leaders and expect you to make sacrifices that involve them. They want a reference and testimony of what has been done to help them. Setting the example is a sacrifice you make in order to be that backbone for your Warriors and the military. Influencing young Warriors is what makes them who they will become. A sacrifice is the competence we show in front of them. I have not always known the answer or solution, but that didn’t mean that I wouldn’t or couldn’t find one. It’s all about sacrifice and demonstrating the ability to adapt or overcome any obstacle that comes your way.

The challenges life puts in front of us are all about sacrifice. Your character as a strong leader allows you to accomplish far more than what you might imagine. Certain circumstances we encounter are not by choice, but as they say, “it comes with the job.” The smooth ride to success is to stay positive and motivated.

The greatest sacrifice anyone can make is to properly represent their unit and the United States Military.



Master Sgt. William Porter

ICRC completes 100th visit

By ICRC Public Affairs

www.icrc.org

The International Committee of the Red Cross (ICRC) completed its 100th visit to Joint Task Force Guantanamo Bay Feb. 7. The organization has conducted regular visits since 2002.

ICRC delegates met with Rear Adm. Richard W. Butler, JTF commander, and Col. John Bogdan, Joint Detention Group commander, to confidentially discuss detention related matters. They also conducted private interviews with the detainees and distributed Red Cross Messages and family food parcels inside the camps during the visit.

“We’re a strictly neutral and humanitarian organization, whose mandate is to assist and protect the victims of war,” said ICRC’s Washington D.C.-based spokeswoman, Anna Nelson, who was on the island for the 100th visit.

“Under the Geneva Conventions, which form the backbone of the Law of Armed Conflict, we’re also mandated by states to visit people who are detained within the context of an armed conflict,” she said. “Last year alone, ICRC delegates visited more than 500,000 detainees in over 1,700 places of detention in close to 100 countries.

“We have also sought, and continue to seek, access to US military personnel, who are captured in their line of duty. For example in 1993, we visited Captain Michael Durant in Somalia soon after his Black Hawk was shot down over Mogadishu and he was taken prisoner. More recently, we were also able to exchange messages between Sergeant Bowe Bergdahl, who is currently being held captive in Afghanistan, and his family in the US,” she said.

Headquartered in Geneva, Switzerland with delegations around the world, the 150-year-old ICRC prides itself on being totally neutral, impartial and independent.

“We don’t take sides and we don’t have any kind of political agenda,” said Nelson. “It’s not our role to pass judgment. Our main objective is to bring a measure of humanity to war. We



Photo by Anna Nelson/ICRC Public Affairs

Two delegates from the International Committee of the Red Cross show how Red Cross messages are delivered Feb. 7. The ICRC provides family correspondences, facilitates video and phone chats between detainees and family members, and assesses living conditions

understand that armed conflict is a fact of life and that detention is a part of that. Our job is to monitor and make sure that people are detained in accordance with the rules of war. To that extent, we maintain a regular and coordinated dialogue with JTF and US SOUTHCOM, as well as speak directly with the detainees in private.”

In addition to monitoring the conditions in which detainees are held, one of the ICRC’s key roles is helping to restore family links between people separated by war. This extends to prisoners and their families and is a core ICRC activity that dates all the way back to 1870, when it obtained lists of French prisoners held by German forces, and was able to reassure the French families that their relatives had not been killed on the battlefield.

Over the past 12 years, as part of its restoring family links program, the ICRC has facilitated the exchange of more than 70,000 written messages between the detainees at Guantanamo and their relatives. Per standard practice, each one is reviewed by the JTF. The ICRC’s next regular visit to GTMO is scheduled for April or May.

A little more than phone etiquette

Whether you are in your housing area, your cubical desk, the NEX Atrium or on a line at the Navy Gateway, the phone lines here are not secure. They are very susceptible to monitoring.

Adversaries often use this as a means to gather information. And in a hurry to get our business complete for the day, we often forget that our phones aren’t safe to use when discussing sensitive information.

Don’t talk about sensitive information on an unsecure line. Use OPSEC!



Vulnerabilities and violations, why do we care?

The Information Assurance Program is a unified approach to protect unclassified, sensitive or classified information stored, processed or transmitted by computer systems on the Department of Defense networks.

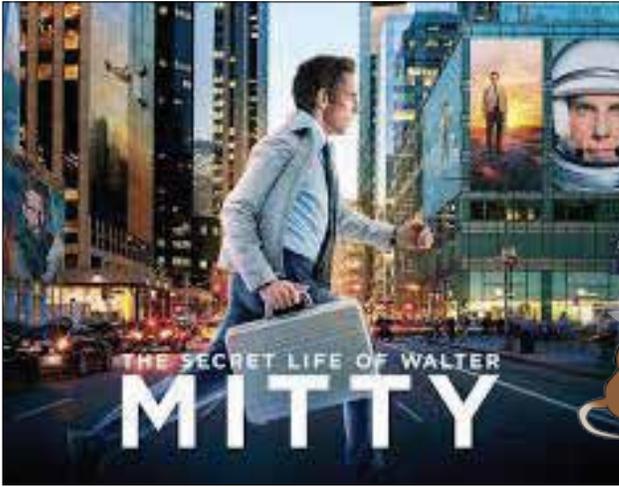
Protection of these systems and information is crucial to our mission success. Security breaches and violations can be eliminated when you use good computer security practices.

Remember to comply with your IA training, adhere to your Acceptable Use Policy and Internet Use Policy.

Information Assurance



Sometimes your best escape from reality, is reality



Courtesy Twentieth Century Fox

Review by Sgt. Cassandra Monroe
Staff Writer, thewire@jftgmo.southcom.mil

“The Secret Life of Walter Mitty” is about a Life magazine employee, Walter Mitty (Ben Stiller) who escapes his anonymous, boring life by daydreaming. Mitty is an introvert but in his daydreams, he is a strong, confident character who can do anything. After his job and the magazine industry are jeopardized, he leaves his daydreams aside to make a real, exciting life of his own.

This movie shows the day-to-day struggles of being an anonymous hard worker who gets no recognition. The movie also shows how nervous we all are when it comes to office crushes, like Mitty with Cheryl Melhoff (Kristen Wiig.) Overall, I thought “The Secret Life of Walter Mitty,” was a great family movie that will entertain all ages. The places Mitty visits are beautiful, and the movie had a great ending. I give this movie four banana rats. 🍌

Paranormal franchise continues to entertain fans

Review by Sgt. Cody Stagner
JTF-PAO, thewire@jftgmo.southcom.mil

Don't put that camera down—that wicked demonic entity is back!

In the fifth film of the series, “Paranormal Activity: The Marked Ones” brings us to the Hispanic community of Oxnard, Calif., to follow a group of teenagers on a quest to save one that has been “marked” by the demon of a mysterious cult.

With a video camera gifted to him for graduating high school,

Jesse (Andrew Jacobs) and his friends, Hector (Jorge Diaz) and Marisol (Gabrielle Walsh), accidentally film the awakening of Jesse's hidden talents and superhuman strength.

At first, Jesse believes the unexplained is due to a gentle and watchful guardian angel, but when terrible things happen to those around him, a wicked plot reveals evil intentions and it's left to the unlikely trio to take evil head-on.

This film breaks the series of its suburban living room

predecessors and takes demonic possession to another level for many Americans in the Hispanic community.

Its college humor keeps the audience laughing during the first act, but predictability keeps “Marked Ones” from hitting the mark as an original horror story.

If you're looking for a good time at the Lyceum, go see this film. For loads of laughs and fewer-than-should-be screams, it gets three banana rats. 🍌



Courtesy Paramount Pictures



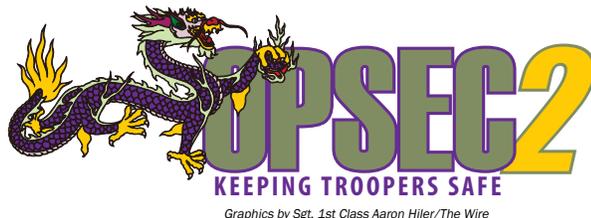
Now Showing!

at the Downtown and Camp Bulkeley Lyceums

Call the Movie Hotline at ext. 4880 or visit the MWR Facebook page for more information
Stay classy, GTMO! No ALCOHOL or TOBACCO at the Lyceums!

	07 FRIDAY	08 SATURDAY	09 SUNDAY	10 MONDAY	11 TUESDAY	12 WEDNESDAY	13 THURSDAY
DOWNTOWN	The Monuments Men (New) PG13, 7 p.m. Paranormal Activity: The Marked Ones R, 9:30 p.m.	The Legend of Hercules (New) PG13, 7 p.m. August: Osage County R, 9 p.m.	The LEGO Movie (New) PG, 6:30 p.m. The Secret Life of Walter Mitty PG, 8:15 p.m.	American Hustle (LS) R, 7 p.m.	Saving Mr. Banks (LS) PG13, 7 p.m.	Anchorman 2: The Legend Continues (LS) PG13, 7 p.m.	Grudge Match PG13, 7 p.m.
	The LEGO Movie (New) PG, 8 p.m. August: Osage County (New) R, 10 p.m.	The Monuments Men (New) PG13, 8 p.m. The Legend of Hercules (New) PG13, 10:15 p.m.	American Hustle (LS) R, 8 p.m.	Lyceum closed Note: Concessions at Camp Bulkeley are also closed every night until further notice.	The Secret Life of Walter Mitty PG, 8 p.m.	Lyceum closed Note: Concessions at Camp Bulkeley are also closed every night until further notice.	Paranormal Activity: The Marked Ones R, 8 p.m.
CAMP BULKELEY							

Operation Purple Dragon: Sprinkling the purple dust



Story by Staff Sgt. Rebecca Wood

JTF PAO, thewire@jtfgtmo.southcom.mil

This story is part two of a three-part series

We all know we have to protect critical information, but some of us don't understand the repercussions of not protecting it, or why the Joint Task Force takes certain operations security measures and not others. Here is a brief list of some of the most common dangers to operations security, and why the military has to take precautions against them.

The Unclassified Information

Service members might wonder why it is important to protect critical information if it's unclassified. OPSEC Gabe, the JTF OPSEC program manager, said it is more important than people think.

"Adversaries can take unclassified information and use a process known as "data aggregation" to put the pieces of the puzzle together and fill in the blanks to come up with something that might be otherwise classified," said Gabe.

Gabe said it's important for everyone to know what is on their group's critical information list and enforce current OPSEC policies.

To protect unclassified information on their CIL, JTF personnel need to avoid talking about these items in unsecured areas like a break room or outside the workplace. Everyone should shred personally identifiable information rather than placing these documents in the trash. And, individuals should use encryption for emails containing CIL items, especially while using an unclassified network or personal email accounts.

Chris Turner Sr., a representative of the Joint Information Operations Warfare Center in San Antonio, Texas, said nowadays Troopers also need to watch what they talk about in virtual worlds.

"Adversaries are getting savvier with their methods and you never know who is

behind the avatar you are interacting with online during your gaming session," said Turner.

Turner also said if you're in doubt about whether or not to talk about certain aspects of your job, think creatively about what information you might use if you were the adversary.

The Thumb Drive



Thumb drives aka "the mosquitoes of the digital world"—are small, portable and everywhere.

You can keep them in your pocket or wear them inconspicuously as jewelry.

Army Staff Sgt. Miguel Regalado, the JTF information assurance noncommissioned officer in charge, said this makes them convenient, but easily lost.

"Not that long ago, U.S. military flash drives containing everything from classified plans to troop's social security numbers were popping up for sale at bazaars outside our bases in Afghanistan," said Regalado.

Regalado also said this form of memory is banned from all secured areas and considered more dangerous than SD cards, CDs or DVDs.

"They can usually hold a lot more data than those other storage devices. Secondly, flash drives can be programmed to bypass Microsoft's AutoRun Protection - and other security measures - to deliver malicious payloads," he said. "Third, flash drives can trick systems into thinking they're harmless peripheral devices, like a mouse or keyboard. In less than a minute, malicious code or files can be introduced and compromise the system."

Your Cell Phone

The world of technology is constantly changing and making our lives easier and more efficient. With that comes easier ways for adversaries to spy, steal information or infect government computers with viruses or malicious codes.

"If your smartphone is compromised, there is potential for a third party to activate these connections and other features - even from a distance," said Regalado. "This includes your camera and microphone features."

In fact, there are many spy companies and applications that can turn your own smartphone against you. It is possible to track your location, listen in on your private phone conversations, read your text messages, and activate the microphone at any time while your phone appears idle.

"I would recommend setting a lock or password, immediately," said Regalado.

"Nine times out of 10, a hacker needs to have physical access to your phone to introduce malware."

Smartphones are still banned from many areas of operation here at JTF GTMO. Regalado said the Wi-Fi/Bluetooth capabilities they have pose the same risks as thumb drives.

"These connections work independently of a cellular service," he said. "Though they may have those features disabled or removed, Gitmo phones still have the ability to transmit and receive voice and data signals."

Regalado said threats can also be introduced when users plug their phone into a computer to act as a mass storage device. The phone can be used to steal data or deliver malicious code to a system. ☛





SMA Chandler visits JTF

Focuses visit on Troopers, quality of life, the Army's way ahead

Story and photos by Spc. Lerone Simmons

Staff Writer, thewire@jftgtmo.southcom.mil

Sgt. Maj. of the Army Raymond F. Chandler III, toured Joint Task Force Guantanamo and visited with the Troopers assigned here Feb. 5.

"My main drive in coming to Guantanamo was to look at the quality of life of Troopers stationed here," he said. "We have to make sure that we are providing the funds necessary for our Soldiers to have a good quality of life while on this tour."

Chandler met with Troopers at the Windjammer for a town hall meeting, where he discussed the importance of the JTF mission, challenges that face today's Army and solutions on the way forward for young Soldiers.

Army Sgt. Maj. Michael L. Baker, 525th Military Police Battalion command sergeant major, realized the importance and rarity of a visit from Chandler, and the effects it would have on his Soldiers.

"I grew up in an Army when you barely saw your platoon sergeant, first sergeant or command sergeant major; so when they actually took the time to stop by and speak with us, it meant a lot," he said.

"Having the sergeant major of the Army visit and observe our Warriors in action is a tremendous honor," Baker said.

Baker said it was important for the Troopers to see senior leadership at the Washington level recognize the sacrifices JTF GTMO Troopers make. Baker said he was honored Chandler took the time to speak individually with the Troopers of Joint Task Force, a sentiment echoed by many who attended Chandler's town hall.

"To see the sergeant major of the Army take time out of his schedule to come to GTMO and check on us is awesome," said Army Spc. Nathaniel J. Soriano, military police, 491st MP Co. "His standard is professionalism, which is relatable to how we carry out our mission here," he said.

For nearly an hour, Chandler addressed initiatives on sexual assault and harassment prevention, progression through the ranks, and potential changes to Army policies. Troopers were able to ask questions and hear the sergeant major's advice and insight on the topics.

The day will be one that James Bagby said he won't soon forget. After more than six years wearing the Army uniform, Bagby was promoted to staff sergeant following the town hall meeting. Chandler pinned Bagby with his new rank.

"It was an honor, since this does not happen too often in a Soldiers' career," Bagby, military police, 591st MP Co., said. "I'll remember this for the rest of my life."

Senior leadership said the visit will hopefully leave a lasting impact on the footprint of JTF GTMO. Following the town hall, Chandler toured the living areas, detention facilities and offices of the JTF.

Army Master Sgt. William Porter, senior enlisted leader, JTF Engineering, was the guide for Chandler's tour. Porter said it was an opportunity to highlight the significant improvements the JTF has made toward quality of life for assigned personnel and to bring awareness to the JTF's needs.

"With his visit, the sergeant major can report back about the conditions here firsthand, and hopefully help streamline requested projects by the JTF to help improve Troopers' quality of life even more," he said.

Though the visit was short, senior leaders and junior Troopers agreed it was historic and important for the overall morale of the JTF. Chandler, however, saw the visit as an opportunity to pay homage to the Troopers carrying out a very high-visibility mission.

"The mission here is absolutely critical," Chandler said. "Troopers are down here demonstrating what's best for our country and are doing a thankless job. I'm proud of them." ♦



189th MPs super Pig Bowl victory

Story and photos by Staff Sgt. Lorne Neff

Staff Writer, thewire@jtfgtmo.southcom.mil



Army Capt. Osvaldo Santiago, 591st Military Police Company commander, tries his best on the "mystery" event during the Pig Bowl at Cooper Field on Feb. 1. The mystery event consisted of a relay that included the tricycle and mini footballs.

Warriors faced off this weekend on a field of "super" competition that would eventually decide bragging rights for ages to come; or at least the next few months. It was the Pig Bowl, with units from the 525th Military Police Battalion competing in a variety of events at Cooper Field, Feb. 1.

The 189th Military Police Company took home top honors, narrowly edging out the 491st MP Co.

"It feels great, the Soldiers came out here, represented well, and came together as a team," said Army Capt. Elizabeth Johnson, 189th MP Co. commander. "Our dodgeball team came in first as well as our mini-golf team. The Soldiers just did a great job. We knew it would come down to the tug-of-war team so we made sure we to put our strong players on that team and it helped."

The 189th got off to a rocky start, however, with the "mystery" event; an event that changes with each Pig Bowl. This time, the mystery event consisted of a four-stage relay, starting with one person doing hula hoops and tagging the next person who spun around a bat. They then ran and tagged their teammate on a tricycle that maneuvered down the track while

picking up mini footballs. The final leg featured a corn-hole thrower.

"First Sergeant and I are not good at the mystery events, the rest of the company really made up for that by coming together and winning the other events," said Johnson.

The unit won the new Pig Bowl trophy designed by Army Spc. Kermit Ortiz of the 613th MP Co.

"The trophy got damaged after the last Pig Bowl," said Army Lt. Col. Darcy Overbey, 525th MP Bn. commander. "Something like that is not going to get us down. To see that it's back and it's better, is good."

The day's competition also included a soccer goal contest, an artist bout and a cookout designed with the Super Bowl in mind.

"To get my unit together is difficult, and when we do, I only get to see about half the Soldiers. Still, they get to see that they are not alone, that we can do so much when we are together," said Overbey. "When I see them out there on the field, relaxed and having fun, standing proud, it's very rewarding and they see they are part of something bigger." ♦



Army Spc. Kermit Ortiz, military police, 613th Military Police Co. designed the artwork on the new Pig Bowl trophy at Cooper Field Feb 1. The previous trophy was damaged after the last Pig Bowl.



Members of Joint Task Force Guantanamo's 189th Military Police Company pose for a group photo after taking home the 525th MP Battalion Pig Bowl trophy Feb. 1, at Cooper Field. The 189th barely beat out the 491st MP Co. for the title.

USO

doesn't always visit GTMO

But when it does, the hand-shake tour is the most interesting

Story and photos by Spc. Lerone Simmons

Staff Writer, thewire@jtfgtmo.southcom.mil

They don't always visit U.S. Naval Station Guantanamo Bay, but when the USO does a tour, it brings Jonathan Goldsmith, Dos Equis' "most interesting man," and Phil Heath, Mr. Olympia, for a handshake tour.

The duo signed autographs and conducted meet-and-greets with base residents and Joint Task Force Guantanamo Troopers Feb. 1, at the Naval Exchange, Seaside Galley and Bayview.

"Our reception here has been

amazing," said Goldsmith. "This character brings a lot of attention."

An actor of more than 50 years, Goldsmith's Dos Equis character is one he says people aim to relate with. He described success as something you work hard for, and must be interested in achieving.

"To be interesting you have to be interested," he said.

Army Sgt. 1st Class Aaron Hiler, JTF Public Affairs Webmaster and graphics editor was one such fan who was excited to meet Goldsmith. He brought his his cigar humidor for Goldsmith to sign.

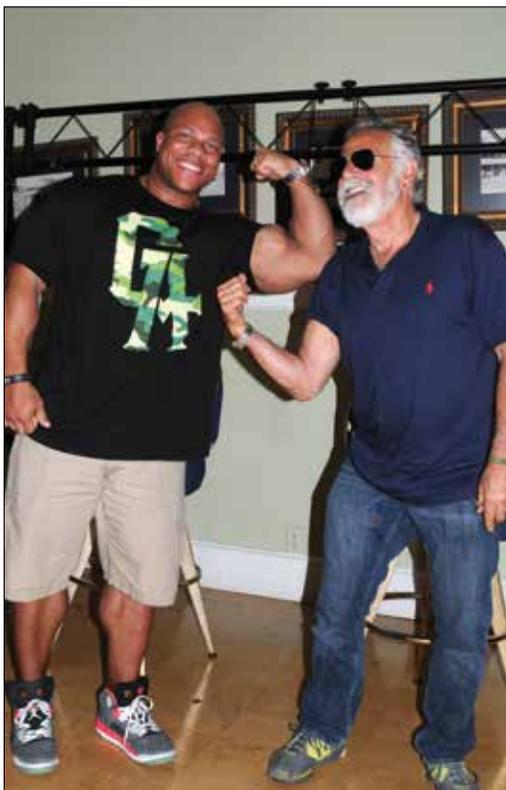
"I was glad to meet Mr. Goldsmith and Mr. Heath. It turns out that they

both enjoy smoking cigars and I was able to offer them a couple from my own collection," said Hiler. "They were both thrilled to receive my gifts."

Both Goldsmith and Heath said they were glad to give back to the Troopers on this USO tour.

"I'm here for the troops," said Heath. "I've always been a fan of Service members and what they do, so what better way to pay homage to them than to come down and pay tribute."

Heath is the current Mr. Olympia, a title bestowed to the winner of the professional men's bodybuilding international contest held by the International Federation of Bodybuilding and Fitness. ♦



Phil Heath, Mr. Olympia 2013 and Jonathan Goldsmith, Dos Equis' Most Interesting Man, compare bicep sizes Feb. 1.



Jonathan Goldsmith, Dos Equis' Most Interesting Man, and Phil Heath, Mr. Olympia 2013, pose with Joint Task Force Guantanamo Troopers at Camp America Galley Feb. 1. The two visited GTMO on a USO-sponsored tour.



Air Force Senior Airman Joseph Graeff, a structural engineer assigned to the Base Engineer Emergency Force, Joint Task Force Guantanamo, celebrates after a Seahawk touchdown during a Super Bowl party at Cuzco barracks, Feb. 2.

Photo by Spc. Lerone Simmons/The Wire

Are you ready for some football?

Story by Spc. Lerone Simmons

Staff Writer, thewire@jftgtmo.southcom.mil

Troopers assigned to Joint Task Force Guantanamo and U.S. Naval Station Guantanamo Bay tuned in Super Bowl 48, many among friends, family, or within the confines of their individual rooms, Feb. 2.

For many Troopers, this served as a break from their busy workweek, and gave them a chance to socialize. It also served as a reminder of the reality of being deployed rather than their usual home settings.

"Back home, we usually chose a residence, whether ours or a friends,' create a menu, and let everything play out," said Air Force Tech. Sgt. Lakesha Cole, noncommissioned officer in charge of JTF GTMO manpower. "It usually ends up being a large group of friends having a good time."

This year, Cole celebrated with new friends at the Cuzco barracks, watching the game outside. Though she said she's not a huge fan of the game itself,

she tuned in for the commercials and the halftime show; a benefit of having subscribed to cable.

"I loved the puppy and horse commercial, it pulled at my heart strings. Tim Tebow didn't disappoint either, proving he could do everything, including saving the world," she said, referencing two popular Super Bowl advertisements.

American Forces Network, a free television network for Service members worldwide, broadcasts numerous sporting events, but has its own local Public Service Announcements that take the place of typical Super Bowl commercials.

Air Force Senior Airman Joseph Graeff, a structural engineer assigned to the Base Engineer Emergency Force, watched the game on AFN with his peers, ordered pizza, and hoped to see the commercials.

"It would've been great to see the



Courtesy photo

commercials, but the game was well worth watching," he said.

This isn't the first time Marine Sgt. Derrick Wyatt, assistant operations chief assigned to the Marine Security Forces Company, U.S. NAVSTA GTMO, has deployed during the big game. In 2008, he viewed the Super Bowl from Iraq.

"In 2007 we were in a remote location of Iraq and weren't able to see the game. So instead, we played each other and had our own Super Bowl," he said. "In 2008, we were able to see one quarter of the game, then had to continue our operation."

This year Wyatt had a party at his home on base, among friends and family, and watched the entire game on cable.

"It's great to just be able to watch the game," he said. "Thankfully, we have the opportunity to see it here." ❄️

Staying involved, making a difference: A Soldier's journey

Story by Sgt. David Bolton

Copy Editor, thewire@jftgmo.southcom.mil

"Nothing for nothing, leaves nothing." The longer you spend not working toward a goal, the longer you will have to wait to reach it.

This phrase has been the mantra of Army Pfc. Marquetta Hemingway, a unit supply specialist with the 93rd Military Police Battalion supply shop, Joint Task Force Guantanamo. For Hemingway, setting goals and making them a reality has been a hallmark of her personal and professional life.

In high school she didn't make the first cut when trying out for the basketball team. What she did do, however, was not give up.

"I went back to the coach and asked if I could try out again, he told me yes," said the Conway, S.C. native. "So I went back and I still wasn't that great but he said it showed that I was, at least, trying."

By her senior year, Hemingway started every game. That was, until she suffered a concussion in the middle of a game.

"I felt dizzy and my head hurt, but I shook it off," said Hemingway. "Then, two days later, I played again. My headaches got worse and it was harder to concentrate."

After some coaxing by her coaches to see a doctor, she was told she couldn't finish the season.

"Words couldn't describe how mad, sad and angry I was," she said. "The only thing I could think about was 'I just

shouldn't have gone to the doctor.'"

Despite this setback, Hemingway refused to let it stunt her involvement in a multitude of extracurricular activities which included: being a flag girl for the band, honor role student, senior class president, a member of the Future Business Leaders of America, JROTC drill team captain and battalion commander.

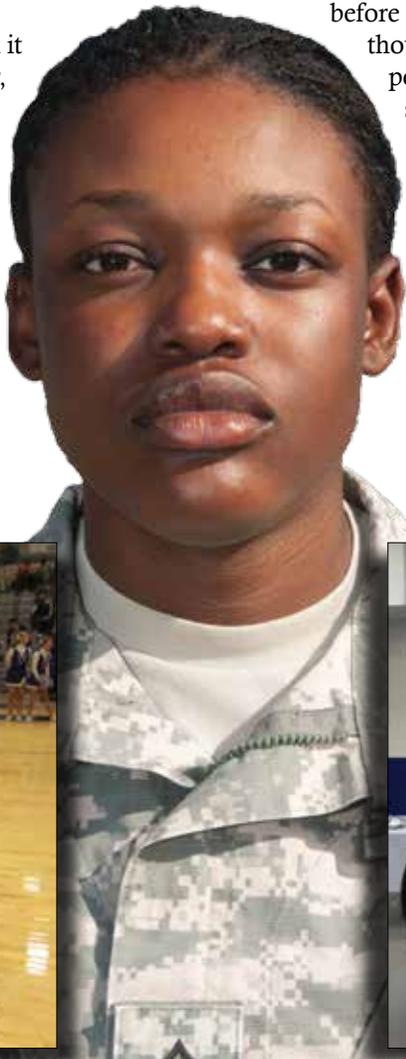
"My schedule was so booked, it was ridiculous," said Hemingway. "Whenever one thing stopped I would start another. I was so tired but I kept pushing through it."

This same perseverance, has been an invaluable asset to her Army career in which she, as a junior enlisted member, performs the duties normally reserved for a sergeant.

"I give a lot of thanks to my JROTC Sergeant Major and First Sergeant because they always taught me that being in a key leadership position, you should always be there on time and before your subordinates," said Hemingway. "So even though I'm a private first class, being in a sergeant position, I still try to get places on time and make sure I'm in the right uniform."

Though at times she felt as if she spread herself too thin with her multiple roles and duties, Hemingway was happy with the results she attained.

"To me, at the end, it was all worth it. Sometimes I felt stressed, but then I looked back and could say 'yeah, we did this.'"



Army Pfc. Marquetta Hemingway, a unit supply specialist with the 93rd Military Police Battalion supply shop, at Joint Task Force Guantanamo Bay, Cuba, lower right, poses with her high school basketball team after winning their conference Feb. 16, 2012 in Bladen County, N.C.



Courtesy Photo

Army Pfc. Marquetta Hemingway, a unit supply specialist with the 93rd Military Police Battalion supply shop, at Joint Task Force Guantanamo Bay, Cuba, first row, far right, is given the "Coaches Award" for her motivation and for giving 100 percent on the basketball court at the end of the season.



Courtesy Photo

Meals with monroe

These Quinoa meatballs are a good way to use your leftover grains, and are a good addition to any pasta dish. The possibilities are endless. Also, try them in this Meatball Hoagie recipe, seen below. Recipes adapted from www.allrecipes.com.

Preheat the oven to 450 F. Line a baking sheet with parchment paper.

In a saucepan, bring 1/2 cup **quinoa** and 1 cup **water** into a boil. Once you have strong bubble action, reduce the heat to low, cover, and cook until the water is absorbed, 12 to 15 minutes. Check occasionally and stir to make sure no quinoa is burning at the bottom of the pan. Take the saucepan off the heat, transfer the quinoa to a medium mixing bowl, and allow it to cool for 10 minutes.

While the quinoa is cooling, add the following ingredients to the bowl:

1 pound of **ground beef** (or you can use pork too,) 1/2 cup **diced onions**, 4 **garlic cloves**, smashed, 2 large **eggs**, 3/4 cup **bread crumbs**, 1/2 teaspoon **black pepper**, 1/2 teaspoon **cayenne pepper**, 1/2 teaspoon **paprika**, 1/2 teaspoon dried **oregano**, 1/2 teaspoon **dried parsley** and 1/4 teaspoon **ground cinnamon**.

Using your hands or a spoon, mix until all the ingredients are evenly



Quinoa Meatballs

distributed and well combined.

Shape the meat mixture into balls that are a little smaller than a golf ball. Place them in even rows on the lined baking sheet.

Place the sheet in the oven and cook the meatballs until they're slightly browned and crispy on top, 12 to 15 minutes.

Serve with pasta, like spaghetti, or alone as an appetizer, or with a sauce.

Quinoa Meatball Hoagie recipe:

1. In a large saucepan, cook 1 onion, thinly sliced, and 1 sweet pepper, in 1 tablespoon of olive oil, medium heat, for 4 to 5 minutes or until crisp-tender. Add meatballs, 2 cups Four Cheese pasta sauce,

and 1/4 teaspoon crushed red pepper. Bring to boil; reduce heat. Simmer, covered, about 15 minutes.

2. To serve, place provolone cheese, sliced, on bottom halves of rolls. Spoon meatball mixture onto each roll. If desired, broil sandwiches 4 to 5 inches from heat for 1 to 2 minutes or until cheese melts.

p.s.
(one last thing)

I want to hear from you! Did you try my recipe and loved it? Did you try my recipe and hated it? Well... that's too bad but email me anyways! If you have a recipe you'd like for me to try, **contact me!** cassandra.l.monroe@jtfgtmo.southcom.mil

Chaplain's ext. 2218 **WORD OF THE WEEK**



"Compass"

We all know that a compass can help us navigate unfamiliar terrain. When used correctly, they help us keep from getting lost. What keeps you on the right path and prevents you from getting lost during your time here?

Coast Guard photo by Petty Officer 1st Class Brandyn Hill/DVIDS

Photo Finish

by Sgt. 1st Class Aaron Hiler



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/jointtaskforceguantanamo



ARTS & CRAFTS

Silver Night: Fri, Feb. 7, 6 p.m.
Stein Night: Thu, Feb. 13, 6-9 p.m.
Basic Pottery: Sat, Feb. 8, 6 p.m.
Kids Ceramic Sunday: Sun, Feb. 16, 2 p.m.
Make a Coin Holder: Wed, Feb. 19 & 26, 6:30 p.m.

Advanced Pottery: Thu, Feb. 20, 6 p.m.
Paint a Plate: Sat, Feb. 22, 6 p.m.
Canvas Painting: Mon, Feb. 24, 6 p.m.
Ladies' Night: Fri, Feb. 28, 6-9 p.m.

FEBRUARY

Ceramics: Thu-Fri 5-9 p.m.; Sat-Sun 12-9 p.m.

Wood Shop: Thu-Sat 5-9 p.m.; Sun 12-9 p.m.

For more info, call ext. 74795



**CAPTAIN'S
LICENSE**
STUDY GUIDE
SESSION

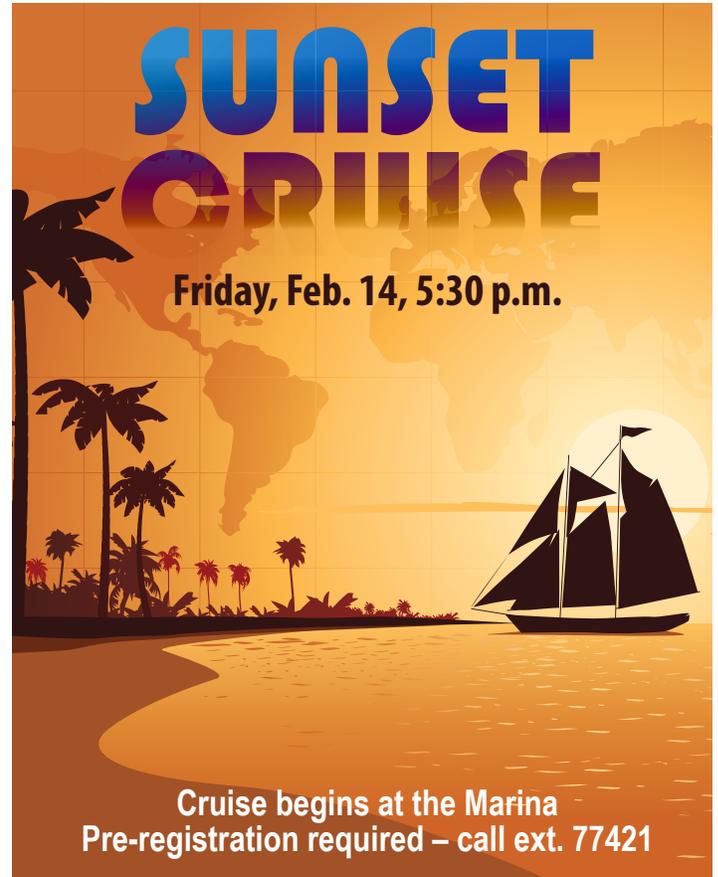
MONDAY, FEB. 10
at the Marina
5-6 p.m.



Saturday, Feb. 22, 7-9:30 p.m.
GTMO Lighthouse Parking Lot

STAR PARTY

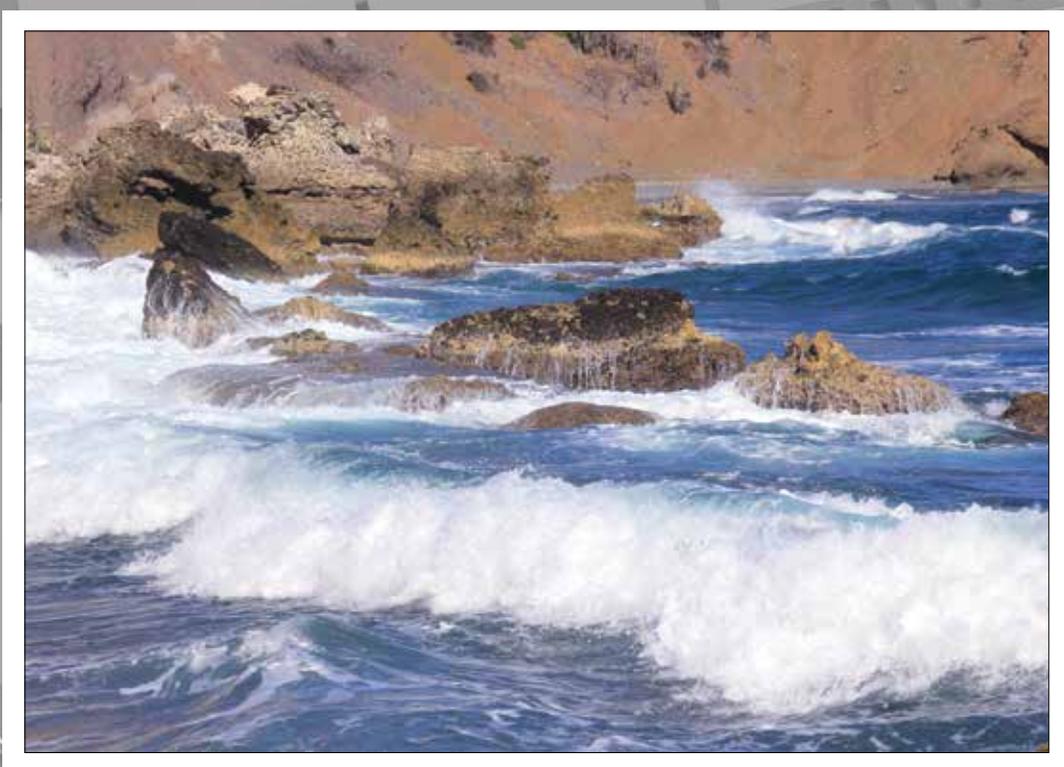
Call Lt. Cmdr. Cynthia Holland at ext. 9717 for more info



**SUNSET
CRUISE**

Friday, Feb. 14, 5:30 p.m.

Cruise begins at the Marina
Pre-registration required – call ext. 77421



Strong trade winds caused these large swells to collide and break over the rocks of Cable Beach. (Photo by Air Force Tech. Sgt. Brad Brophil)

PHOTO OF THE WEEK