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THE WIRE

An Award-Winning
JTF Journal



**Bice and Fosterchild help
rock in the New Year**

Trooper to Trooper

featuring

Air Force Master Sergeant Andrew Leonhard

Noncommissioned-officer-in-charge, PAO



A new year has begun and many people look to start new things and make resolutions of change or improvement. Many experts say that by February 1st, a great deal of those resolutions have already failed.

So do you have a 2011 resolution? Will you be one of those who make their resolution stick?

In the military we are charged each and every day with the duties appointed to us from our leadership. There is no choice to fail or walk away from these duties—because you are held accountable and doing your best is expected.

So are you going to hold yourself accountable for your 2011 resolution?

If you have a resolution to end your tobacco use, get into better shape, make the next rank or take your education to the next level, then shouldn't you hold yourself accountable? Look yourself in the mirror and ask yourself, "What consequences will I hold myself to?" Who will "check" your six?

For me it's as easy as telling a Wingman, (Battle or Shipmate) about your resolution or goal. Then offer to do the same for them. It's just like going back to "pick up" that Trooper who isn't quiet as fast as you running PT and encouraging them to finish strong. That simple support of someone there to push you along or even to just ask how you're doing, can make the difference between success or failure.

One reason may people abandon their resolutions or goals is we become discouraged when results don't come quickly enough, or when we find we are not necessarily happier because of them. Behavioral change requires sustained effort and commitment — one of those great military core values. It is also typically accompanied by physical discomfort. For example, reducing food, alcohol or nicotine intake from a level to which you have become accustomed can result in cravings. It's easy to procrastinate until tomorrow, so that you can rationalize not disciplining yourself today. That is why having a Wingman, (Battle or Shipmate) can help you along the way.

Strive for excellence, strive for success, and good luck to those who have a 2011 resolution.



Navy Capt. Owen Honors, whose shipboard videos have made headlines since surfacing in the media over the weekend, was relieved of his command for demonstrating poor judgment, a senior Navy officer announced Tuesday. -- photo courtesy of U.S. Navy

Navy Relieves Enterprise Captain for 'Poor Judgment'

Karen Parrish
American Forces Press Service

A Navy captain whose shipboard videos have made headlines since they surfaced in the media over the weekend has been relieved of his command for demonstrating poor judgment, a senior Navy officer announced Tuesday.

Capt. Owen Honors made the videos while serving as executive officer aboard the aircraft carrier USS Enterprise in 2006 and 2007, and he had served as commander of the Enterprise for about seven months when he was relieved.

"The responsibility of the commanding officer for his or her command is absolute," U.S. Fleet Forces commander Navy Adm. John C. Harvey Jr. said today in Norfolk, Va. "While Captain Honors' performance as commanding officer of USS Enterprise has been without incident, his profound lack of good judgment and professionalism while previously serving as executive officer on Enterprise calls into question his character and completely undermines his credibility to continue to serve effectively in command."

Honors' video skits garnered global attention after the Virginian-Pilot newspaper published three of them and an accompanying story on its website Jan. 2. The videos include anti-gay slurs and depict male sailors in drag and female sailors showering together in a single stall.

The Enterprise crew viewed some of the videos on the ship's closed-circuit television system while the vessel was deployed in 2006 and 2007 supporting the wars in Iraq and Afghanistan, according to the newspaper's reports.

"It is fact that as naval officers we are held to a higher standard," Harvey said. "Those in command must exemplify the Navy's core values of honor, courage and commitment, which we expect our sailors to follow. Our leaders must be above reproach, and our sailors deserve nothing less."

Honors has been reassigned to administrative duties at Naval Air Force Atlantic.

Navy Capt. Dee Mewbourne will take command of USS Enterprise, Harvey said. The ship is scheduled to deploy in the coming weeks. Mewbourne commanded the carrier USS Dwight D. Eisenhower during two combat deployments supporting Operation Enduring Freedom, Harvey said. Mewbourne had been serving as chief of staff for Navy Cyber Forces, and was to assume command of the Enterprise this afternoon.

"We will support and work with Captain Mewbourne and the crew of Enterprise to keep them forward focused on their upcoming combat deployment. This is a difficult situation but the men and women of Enterprise are outstanding sailors who have completed a very challenging and comprehensive predeployment work-up period in a thoroughly professional manner. They are well-trained and I have full confidence in their readiness to execute all missions during their deployment," Harvey said.

An investigation will continue on all aspects of the videos' production, the admiral added, including the actions of other senior officers who knew of the videos and the actions they took in response.

Navy Program Puts 'FOCUS' on Military Families

Elaine Wilson
American Forces Press Service

A Navy program is equipping service members and their families with the skills they need to weather the psychological and physical challenges bred by a decade of war.

Project FOCUS, or Families Over Coming Under Stress, bolsters communication and coping skills among families impacted by multiple deployments and the visible and invisible wounds of war.

"Families make such sacrifices to support service members and their country," said Kirsten Woodward, family programs division director for the Navy Bureau of Medicine and Surgery. "It's important for us to support families in the same manner in which they are sacrificing."

Navy officials created the program in March 2008 after observing the growing effects of wartime stress on family members' psychological health. Little research had been conducted on the impact of war on families up to that point, Woodward noted, but what they could find indicated a growing need.

National Guard reaches 1,200 mark on border

National Guard Bureau

Slightly more than 1,200 National Guard members from the four Southwest border states are in training or already deployed in support of the border mission, a Guard official announced today.

"The National Guard is a flexible organization that provides constant forces for overseas commitments and domestic support operations," said Jack Harrison, director of communications for the National Guard Bureau. "In fact, the National Guard has fulfilled every request for forces to date."

The largest number of troops - 602 - is on orders in Arizona followed by California with 274, Texas with 283 and New Mexico with 84.

"Overages are planned to accommodate the transition of personnel on and off the mission, therefore troop numbers will flex slightly throughout the deployment," Harrison said.

The majority of the Guardmembers will support the Customs and Border Protection with entry identification teams and support Immigration and Customs Enforcement with criminal investigative analysts for one year. Additional troops from these states will serve in command and control or support positions.

The mission is scheduled to end June 30, 2011.

JTF Guantanamo

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COVER: Bo Bice and Fosterchild helped bring in the New Year with concerts at the Tiki Bar and the Windjamer, Dec. 31. --Bo Bice photo by Army Staff Sgt. Benjamin Cossel, Fosterchild photo by Army Sgt. Mathieu Perry

BACK COVER: Sgt. Maj. of the Army Kenneth Preston speaks to Joint Task Force Command Master Chief Scott Fleming during a tour of Camp Six detention facility, Jan. 5. -- photo by Mass Communication Specialist Second Class Elisha Dawkins

The Wire

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Suggestions for Supplementing Safely

Story by Spc. Justin Pierce

A new year brings new goals for everyone. More often than not, these goals focus on the physical, be it appearance or performance. For the routine gym user, this time of year can create a predictable influx of fair weather fitsters, those on a “new year, new self” kick, which generally ebbs within a month.

Without delving too far into the human condition, one can predict how this ebb and flow happens in gyms across America. People expect instant change. Because of this, many newcomers push an excessive regimen, foregoing all comfort foods and exhausting their motivation with massive two-hour workout sessions four days a week. Aside from a body-shocking change, many new gym users hit the store before they enter the gym, loading up on supplements with promises of instant results.

A passing glance at the fitness aisle in the NEX overloads the senses. Flashy bottles, jugs and boxes of every shape and size, each shiny object promising miraculous claims. Hidden behind the glitz and glam sits a list of warnings and exceptions. This inconveniently tiny text tells everything you really need to know before taking a supplement. Specifically, these three

statements: STOP use if (insert abnormal condition here) occurs, CYCLE off every Xth week, and CONSULT your physician before use. These phrases are words every user should heed.

Of all the previously mentioned warnings, consultation is the biggest in the military, as each branch has a list of banned substances, some of which are legal for civilians. Aside from legality, consultation also keeps your personal safety at heart. Your physician knows what all the 10-thousand-dollar

“Getting in shape takes time and effort. Quality exercise is still the main ingredient in fitness.”

words, like “L-phenylalanine” mean, and can steer you away from a harmful path.

Cycling off is also important when using supplements. The length of times vary, but, all pre-work out supplements suggest it. As with many drugs, failing to cycle off could result in creating an immunity to the drug. So really, taking a break makes it more effective over time.

One last major consideration with supplements comes from the Food and Drug

Administration’s website. Supplements aren’t regulated the same as all other medications. Instead, the FDA allows these companies to regulate themselves. This sometimes leads to a product being released to the public when it may not be safe. When this occurs, the FDA of course polices up the issue before the product is re-released. Still, it is yet another reason to consult a physician before using a new supplement. At the very least, consult online reviews. If everyone is writing about a product being dangerous, it probably is.

The take home point I’m meandering toward here is simply this: these supplements would be more accurately described as compliments. Getting in shape takes time and effort. Quality exercise is still the main ingredient in fitness. As my high school wrestling coach/calculus teacher would say, “Garbage in, garbage out.”

Good luck in all your new year’s goals. Take it slow, steady and consistently and you’ll achieve results that last.

GTMO Religious Services

Daily Catholic Mass
Mon. - Fri. 5:30 p.m.
Main Chapel
Vigil Mass
Saturday 5 p.m.
Main Chapel
Mass
Sunday 9 a.m.
Main Chapel
Catholic Mass
Saturday 7:30 p.m.
Troopers’ Chapel
Sunday 7:30 a.m.
Troopers’ Chapel

Protestant Worship
Sunday 9 a.m.
Troopers’ Chapel
Islamic Service
Friday 1:15 p.m.
Room C
Jewish Service
FMI call 2628
LORIMI Gospel
Sunday 8 a.m.
Room D
Church of Christ
Sunday 10 a.m.
Chapel Annex
Room 17

Seventh Day Adventist
Saturday 11 a.m.
Room B
Iglesia Ni Cristo
Sunday 5:30 a.m.
Room A
Pentecostal Gospel
Sunday 8 a.m.
Room D
LDS Service
Sunday 10 a.m.
Room A

Liturgical Service
Sunday 10 a.m.
Room B
General Protestant
Sunday 11 a.m.
Main Chapel
United Jamaican Fellowship
Sunday 11 a.m.
Building 1036
Gospel Service
Sunday 1 p.m.
Main Chapel

GTMO Bay Christian Fellowship
Sunday 6 p.m.
Main Chapel
Bible Study
Wednesday 7 p.m.
Troopers’ Chapel
The Truth Project Bible study
Sunday 6 p.m.
Troopers’ Chapel

TROOPER

★ FOCUS



Staff Sgt. Christopher Gatrost wasn’t even supposed to be in Cuba. Added on at the last minute, he was given a week’s notice before joining his unit at their mobilization station in Fort Bliss, Texas. Two weeks later, he was on a plane.

Gatrost, a housing specialist with J4, was awarded a certificate of achievement Dec. 23, 2010 by 1st Lt. Mark Wise, Headquarters and Headquarters Company commander, for obtaining a 300 on his Army Physical Fitness Test — a perfect score. Wise, for one, was not surprised by the young Soldier’s accomplishment.

“He’s a motivating factor out here,” said Wise. “He’s got great dedication and it shows in his work ethic.”

Gatrost attributes his small-town upbringing for that particular set of qualities.

“I’m no stranger to work,” he said. “I just try to do as much as I can while I’m gainfully employed. It makes the day go by and the deployment go by.”

This upcoming February will mark 10 years of gainful government employment for Gatrost, who originally joined the Army as a way to go to college. He checked that goal off his to-do list when he received his bachelor’s degree in marketing and international business last year. So what’s next for the high-speed Soldier?

“My plan was always to go active duty out of college,” Gatrost explained. “My first and foremost goal right now is to

become an aviator in the Army.”

He’ll have no trouble finding support. Sgt. Maj. Rivers A. Jacques Jr., Joint Task Force housing facility manager, said he can’t speak highly enough of Gatrost.

“When you give him a task, you only have to say it once and he gets it done,” said Jacques. “He’s very intuitive and self-motivated.”

With a determination that seemingly cannot be stopped and leadership cheering him on, Gatrost is looking forward to continuing his career in the Army.

“If I get an aviator spot, I’ll do that until they kick me out,” he smiled. “I mean, what’s a better job than being a pilot?”

Rivers, for his part, has no doubts about Gatrost’s success.

“He is the example and the epitome of what we look for in today’s non-commissioned officers,” beamed the sergeant major. “I wish I had ten more just like him.”

Bullet Bio

Time in service: 10 years

Hobbies: SCUBA, working out

Pet Peeves: Griping and complaining

Next goal: Aviator in the Army

Which team do you think will be going to the Super Bowl?



“The Saints. They are going to repeat, baby!”

-Army Staff Sgt. Dion Herrera



“The Patriots. They seem to be a popular choice.”

Navy Counselor Chief Shakilah Verner



The Seahawks. They are my favorite team and I can’t say anything bad about them.”

Yeoman 1st Class John Baker



“The Saints, because everyone is picking them.”

Army Staff Sgt. Juan Nunez

Boots on the Ground

Harnessing the Wind

Story and photos by Spc. Kelly Gary

John Paul Jones Hill is Guantanamo Bay's highest point, named after a revolutionary naval war hero. On top of JPJ four wind turbines display how ancient philosophy and state-of-the-art technology combine to help propel renewable energy on Guantanamo Bay.

The turbines are a sign that Guantanamo Bay is on board with energy conservation and provide a percentage of the base's energy since their installment in 2005.

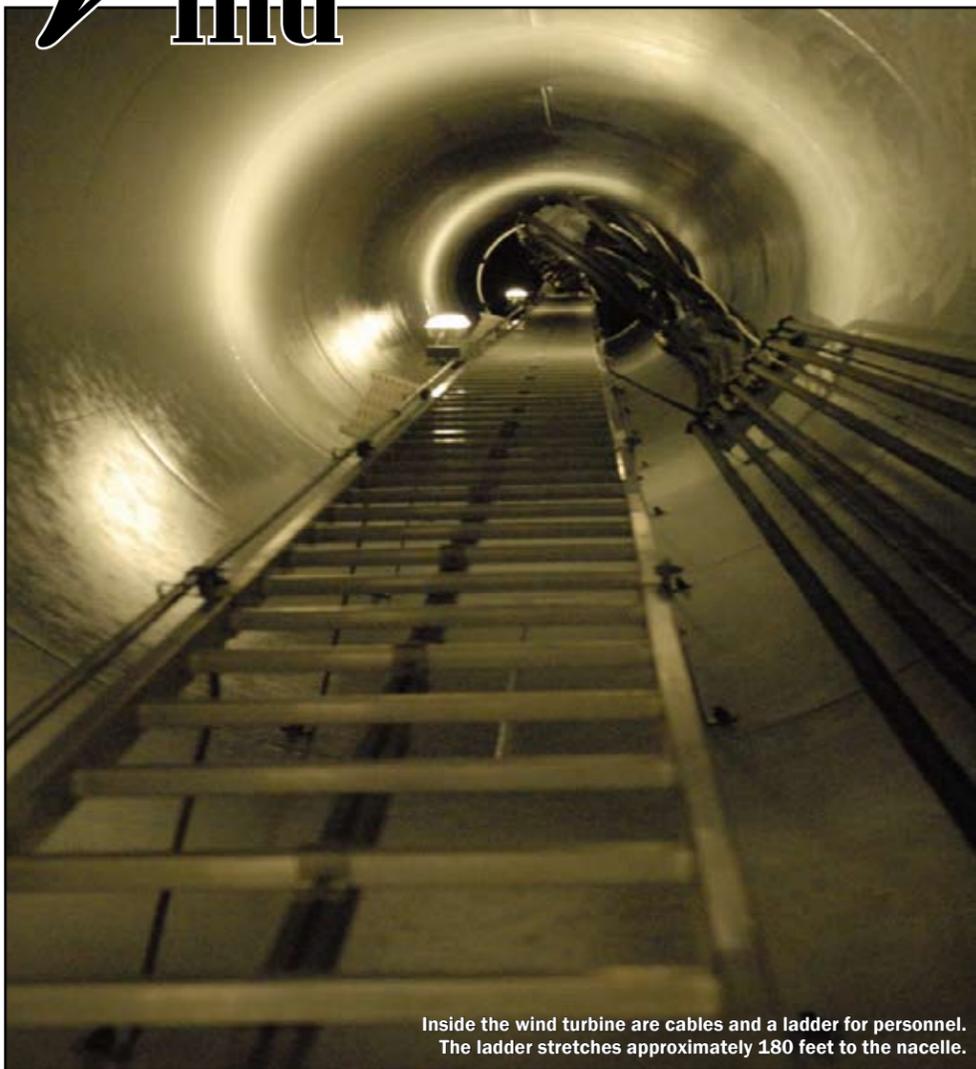
"GTMO is a completely self-sustaining base," said Arthur Torley, production division director of Naval Facilities. "We take no water or power from outlying Cuba."

There are many benefits gained from using renewable energy such as wind power.

Although the base primarily runs on diesel generators, an average of three to five percent of the base's power is provided by these turbines, said Torley.

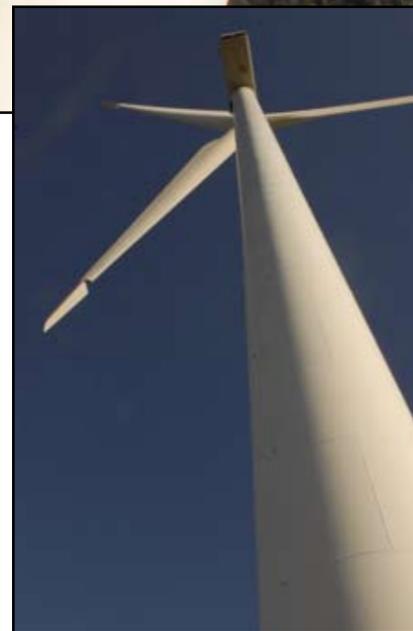
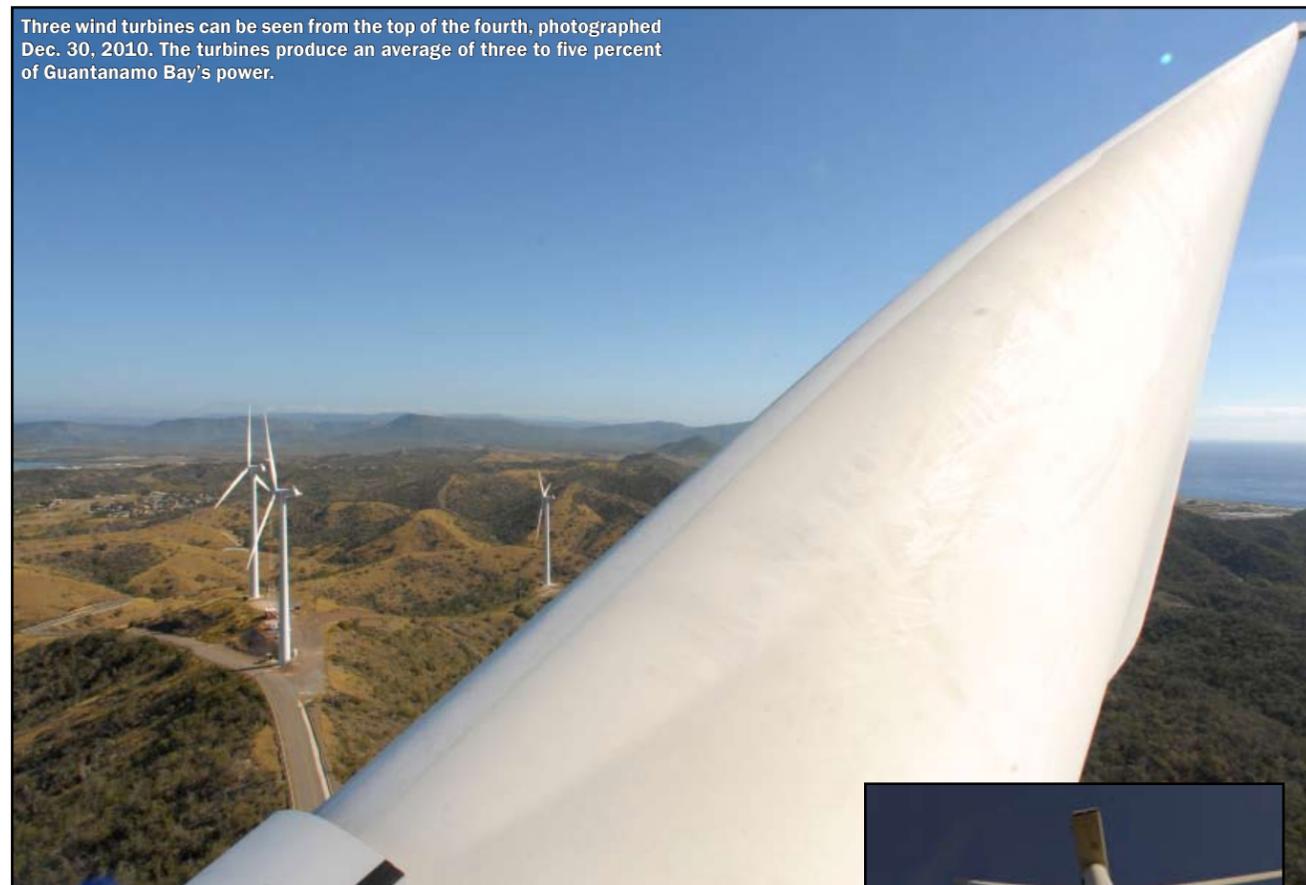


Brian S. Hodge rotates the nacelle of a wind turbine, Dec. 31, 2010.



Inside the wind turbine are cables and a ladder for personnel. The ladder stretches approximately 180 feet to the nacelle.

Three wind turbines can be seen from the top of the fourth, photographed Dec. 30, 2010. The turbines produce an average of three to five percent of Guantanamo Bay's power.



On a good day the turbines provide up to 10 percent of power and have produced up to 17 percent at one point, said Torley.

Guantanamo Bay made a good candidate for the project with a constant, reliable wind of at least nine miles per hour — which is necessary for the turbines to be started up, he explained.

The turbines actually require electricity to launch the propellers and anything below 9kw isn't worth the electricity.

"When winds exceed 75-80 miles per hour, the turbines are inoperable as well," said Torley.

Brian Hodge, a wind turbine technician for Burns and Roe, described how the turbines operate.

"An anemometer (small device atop each turbine) gauges the wind speed and the wind vane monitors the direction of the wind," said Hodge. "When the anemometer and wind vane gauge that there is either not enough or too much wind, the turbine will not operate."

"The information is then passed to a central processing unit which decides which direction the nacelle (gear box and

generator hub) will face," he added.

Aside from the initial start, the turbines are self automated and take minimal manpower.

"These are small machines compared to most in the U.S., standing only 80 meters high compared to the 120 meters currently used," said Hodge.

Hodge estimated the turbines stand a total of 262 feet with the blade. A turbine is no small structure and doesn't come cheap.

The project was financed through an energy savings performance contract with Noresco, a Massachusetts company specializing in energy solutions, said Hodge.

Although the project was in the ballpark of \$12 million the turbines will continue to provide cost effective power for years to come.

"With the daily cost of energy reaching up to \$90,000, attaining 10 percent is a significant help," justified Torley.

The percentage of power provided by renewable resources is expected to increase

as solar and wind power as well as bio-fuel continue to replace diesel, said Torley.

"This is a huge step toward helping Guantanamo and the U.S get off the dependency of foreign oil," Torley said

"In addition to generating power the turbines have sufficiently cut down on emissions from diesel fuel," Hodge agreed.

"The combination of solar and wind energy is the wave of the future."

American Idol star revs up the New Year

Story by Spc. Meredith Vincent



Bo Bice commands the New Year's crowd at the Tiki Bar during his appearance here in Guantanamo Bay.

As the ball dropped in New York and countdowns around the country came to a resounding "three, two, one ..." Troopers celebrating at the Tiki Bar at Guantanamo Bay, Cuba welcomed 2011 with special New Year's Eve guest and American Idol season four runner-up, Bo Bice.

Morale, Welfare and Recreation community activities director Amiee MacDonnell said nabbing Bice for Friday night's festivities was a real coup.

"One of my roles is to bring in live entertainment here in GTMO," explained MacDonnell. "I think it really helps to boost the morale of the troops here, to have a little taste of something you might experience in the states."

Bice has already toured twice in Iraq, Kuwait and Afghanistan, but this was his first visit to Guantanamo Bay. During his performance Bice detailed a long list of family members who served in the military.

"My long hair and rock and roll ways kept me out," Bice chuckled. "But the military has a long tradition in my family."

Following a raucous performance, Bice helped MacDonnell count down the seconds left in 2010. At the appointed second, he popped the cork on a bottle of champagne and led the crowd in a rousing rendition of "America, the Beautiful."

"He can't show enough appreciation for the Troops," said MacDonnell. "(He) is extremely grateful to be here ... going out and doing meet-and-greets, photos and autographs. He's just been a real pleasure to work with."



Photo by Navy Mass Communication Specialist 2nd Class Elisha Dawkins



Photo by Army Staff Sgt. Benjamin Cossel



Photo by Army Staff Sgt. Benjamin Cossel



Former American Idol contestant Bo Bice performs for service members assigned to Joint Task Force Guantanamo and Naval Station Guantanamo at the Tiki Bar on New Years Eve, Dec. 31, 2010. Bice invited Alabama natives to join him on-stage during a rendition of "Sweet Home, Alabama," and led the crowd during the New Year's Eve countdown.

Photo by Navy Mass Communication Specialist 2nd Class Elisha Dawkins



Lead guitarist Brian Quinn puts on a show for the Troops at the Windjammer, Dec. 31, 2010.

- photo by Navy Mass Communication Specialist 1st Class David Coleman

For the members of Fosterchild, an alternative rock band from Philadelphia, playing to a crowd at the Windjammer in Guantanamo Bay, Cuba on New Years Eve was a double shot of cool.

Not only was the band playing in a foreign country but the concert afforded them an opportunity to say thanks to those who serve their country.

“For me it’s giving something back to them (Troopers),” said Bob Pirylys Jr., Fosterchild’s drummer. “They give so much to us - sometimes their lives — we’re just playing a show.”

Echoing Pirylys’ comments, Fosterchild’s lead guitarist Brian Quinn explained the concert gave Troopers a chance to cut loose, even if just for a night.

“It meant the world to me ... to be able to perform for the Troopers,” Quinn said.

The band learned they were playing here around Thanksgiving. After that, everything became a whirlwind of activity. Getting passports, clearing work schedules, making arrangements with tour managers — all tasks to accomplish before the group could board a plane and make the trip to Guantanamo Bay. The band felt an incredible pressure to deliver.

“I think the military is always ready to go,” said Quinn. “I kind of feel our music is ready to go in a moment’s notice to get you pumped up.”

Individually, members of Fosterchild have performed for much bigger crowds than the one at the Windjammer. However, Quinn is certain this show will be one of their most treasured.

“This was definitely a once-in-a-lifetime opportunity and a life-changing experience,” Quinn said, adding he’ll take more than just memories when he returns to Philly.

A self-proclaimed pack rat, Quinn intends to frame the champagne-soaked, footprint marked set list from the night and is particularly proud of the coin he received from members of the Marine Corps Security Forces.

“My memorabilia from here will be the crown jewel of my collection for sure,” said Quinn.

While not quite the hoarder as Quinn, Pirylys agreed, saying performing for Guantanamo Bay Troopers was an amazing experience.

“I’ve got to be honest with you, I have never done anything like what I’m doing the six days that I’m here,” said Pirylys. “This is my greatest achievement. For us to be able to play a show here on New Years Eve, you just can’t do anything cooler than that!”



Drummer Bob Pirylys Jr. keeps the beat from behind his drumset.

- photo by Army Sgt. Mathieu Perry

FOSTERCHILD COMES TO TOWN

Story by Army Sgt. Mathieu Perry

“We were like, ‘Oh my God! We got it!’ If we don’t deliver this show, we are the worst band of all time,” said Quinn.

But deliver they did. A packed crowd at the Windjammer rocked out as the band performed a mix of rock-n-roll hits along with a few of their own ditties. A special treat for those in attendance that night was the debut of the band’s forthcoming single, “Stronger.”

“It’s about strength, but it also fits in here with the military,” said Pirylys. “We were working on “Stronger” and we were like this (Cuba) is where we are going to play this song.”

Reflecting on the band, Quinn explained the connection he felt between the music of Fosterchild and the moment’s-notice U.S. Military.

“I think the military is always ready to go,” said Quinn. “I kind of



The band and their fans celebrate as the clock ticks over into 2011.

- photo by Army Sgt. Mathieu Perry



Frontman Danny Beissel and bassist Michael Vlaanderen work the crowd at the Windjammer.

- photo by Navy Mass Communication Specialist 1st Class David Coleman

Dental team strives for healthy smiles

Regular care, good daily habits essential to avoid issues

Story and photos by
Navy Mass Communication Specialist 2nd Class Elisha Dawkins

The Joint Dental Group at Guantanamo Bay, Cuba is tasked with maintaining dental health readiness for Troopers stationed here.

“Our main goal is to treat and reduce pain of the gums and teeth,” said Hospital Corpsman 3rd Class Ayanna Wright. “It can be anything from a cavity to a root canal, broken tooth or minor surgeries.”

Priority is given to those patients who are in need of emergency care, said dental officer Cmdr. Bruce Green.

“In most cases they are treated with emergency oral examination, X-rays,

evaluation, routine restorative care and cleanings,” Green explained.

“To prevent tooth decay while deployed, it is important for servicemembers to have a current examination in garrison or their home-duty station prior to coming here,” he added.

Furthermore, daily care is vital to sustaining healthy teeth.

“Establishing a good daily routine of oral hygiene will help prevent the advance of tooth decay,” Green reiterated.

A third piece to healthy teeth is avoiding bad habits, such as tobacco use.

“Undergoing tobacco cessation is vital to dental health,” he added. “Smokeless tobacco causes oral cancer because it contains materials that are abrasive.”

Taking preventative measures is essential to a Trooper’s health and vital in maintaining good dental hygiene.

“I believe good dental health is an example of good quality of life,” concluded Green. “My personal mission as a dentist is to help people improve their overall health.”

If you require an annual dental exam or have potential dental issues, contact the Joint Troopers Clinic at ext. 3393.



(above) Dental equipment used for oral cleaning and exams for JTF Troopers.

(left) Navy Cmdr. Bruce Green works on a Joint Task Force Trooper, Dec. 28, at the Joint Trooper Clinic. Troopers can receive teeth cleaning, exams and X-rays from the dental staff of the JTC.

Have clippers, will travel

Story by Army Staff Sgt. Benjamin Cossel

Looking in the mirror after his mother gave him yet another bad haircut, Ship’s Serviceman 3rd Class Darold Johnsonbrown came to a conclusion. Just nine years old at the time, Johnsonbrown decided he could do a better job cutting his own hair and a life-long passion began.

“To be able to take nothing and make something out of it that people are happy with,” said Johnsonbrown, one of two barbers assigned to the Navy Expeditionary Guard Battalion, Joint Task Force Guantanamo Bay. “That’s art. Cutting hair is like art.”

The irony not lost on him, Johnsonbrown said it was his mother who gave him his first set of shears.

“She wasn’t mad at all, she just went out and got them for me,” Johnsonbrown said.

Friends from his North Carolina high school noticed his hair and asked Johnsonbrown who the master behind the clippers was.

“When they found out it was me cutting my own hair, my friends started asking me to cut their hair,” said Johnsonbrown, who quickly established a reputation as the man to see if you needed a trim.

Finishing high school and moving on with his life, the need to take care of his young son drew the petty officer to the Navy. When he walked through the recruiter’s door in 2005, there was no question in his mind what job he wanted. As fate would have it, the recruiter had a quota for a ship’s serviceman and Johnsonbrown was on his way to wearing a Navy uniform.

Fast forward through a blur of basic training, A-school and first fleet assignment, Johnsonbrown explained a canceled deployment to Kuwait brought him to Guantanamo Bay, Cuba.

“After the deployment to Kuwait didn’t work out, I volunteered to come to Guantanamo,” he said.

Working with his fellow ship’s serviceman, Johnsonbrown makes regular, weekly trips to the camps in the detention facility. The team of barbers ensure they maintain a strict schedule of which camps they visit on a particular day.

“Detainees know when we’re supposed to be at their camp,” Johnsonbrown said. “If

we’re not there, that can cause disruptions.”

Disruptions, however, are a normal part of Johnsonbrown’s regular routine. He said it is not uncommon to show up ready to work and a detainee will suddenly decide they don’t want their hair cut.

“And then there are those days were the entire block wants their mustache trimmed or their hair cut and I’m at a camp all day,” he said.

Those are the days Johnsonbrown prefers. Being a barber is just one of the duties incumbent in his rate — logistics, escorting detainees to the phone center and other activities fill the days when he’s not working behind the chair.

“I’d much rather be cutting hair,” he said.

Much like in small-town barbershops that dot the American landscape, Johnsonbrown said inevitably conversations will pick up as he goes about his job.

“Some of the detainees, those who are really strict about their faith, will tell me which way to cut their hair,” Johnsonbrown said, explaining strict adherence to Islamic faith has a hair cut beginning on the right side, working to the left.

“I’ll also hear about which guard a detainee doesn’t like and stuff like that,” Johnsonbrown said. “But I stay out of it. I don’t say anything back to them, I just do my job.”

Still young in his Navy career, Johnsonbrown said he intends to reenlist when the time comes and hopes to get his shore-duty time soon. Looking beyond that, Johnsonbrown said he wants to go to C-school, the barber specific training of the ship’s serviceman rate.

“It’s a long school, about two months,” he said. “But I love doing this and want to keep doing it.”



Ship’s Serviceman 3rd Class Darold Johnsonbrown displays the tonsorial tools he uses to cut detainee’s hair inside Joint Task Force Guantanamo’s detention facilities, January 4, 2010. - photo by Mass Communication Specialist 1st Class David P. Coleman



Little Fockers

Army Spc. Matthew Muntzer

Welcome back Greg (Ben Stiller) and Pam (Teri Polo) Focker. And, as the title should clue you in, these Fockers have been multiplying. The couple now has twins, little Samantha and Henry Focker. Let the games begin!

In case you're not familiar with the Fockers brood, Greg has spent the last two movies meeting his girlfriend's parents (Robert De Niro and Blythe Danner), her parents meeting *his* parents (the beautifully cast Dustin Hoffman and Barbra Streisand) and squirming through the hilarity that usually comes with Stiller at his awkward, stammering best.

In this third installment, Greg must manage to be a parent in front of the aforementioned grandparents.

De Niro's Papa Jack is bitter by his second daughter's divorce (hubby was a cheatin' man) and becomes obsessed with making sure that his last-son-in-law-standing can handle being the man of the family. Meanwhile, Greg has re-connected with an old nursing school



friend, Andi (Jessica Alba). Add a heart attack, erectile dysfunction drugs and Owen Wilson in the mix and poor Greg never stands a chance.

There's no Big Message in "Little Fockers." There's silliness. There's hilarity. There's even come cleverness in the Godfather angle that Jack applies to his grooming of Greg, the new Godfather. (I shouldn't have to point this out, but for those of you who don't know: De Niro won the Academy Award for his work in "The Godfather: Part II.") But one does not go to a "Focker" movie for deep thinking. We

go because we want to laugh. And you will.

At the heart of the story are Greg and Pam. As young parents, they bicker, compromise and withstand their crazy families and friends. But they do it together. Polo and Stiller have created a couple for the ages. The movie would not work without their simple, loving relationship.

Overall, it's three out of five banana rats for this Focking adventure.

PG
127 minutes
Rating: 🐔🐔🐔🐔🐔

	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	07	08	09	10	11	12	13
Downtown Lyceum	Tron Legacy (PG) 7 p.m. For Colored Girls (R) 9 p.m.	Skyline (PG13) 7 p.m. Little Fockers (PG13) 9 p.m.	Megamind (PG) 7 p.m.	Paranormal Activity 2 (R) 7 p.m. Last Showing	Red (PG13) 7 p.m. Last Showing	Due Date (R) 7 p.m.	Unstoppable (PG13) 7 p.m.
Camp Bulkeley	Little Fockers (PG13) 8 p.m. Skyline (PG13) 10 p.m.	Red (PG13) 8 p.m. Last Showing For Colored Girls (R) 10 p.m.	Paranormal Activity 2 (R) 8 p.m. Last Showing	Conviction (R) 8 p.m.	Unstoppable (PG13) 8 p.m.	Hereafter (PG13) 8 p.m.	Tron Legacy (PG) 8 p.m.
Clipper Club							
Other Events	Sunset Sail 6 p.m. Marina	Night Fishing Marina 6 p.m.	Chess Club Meeting FMI call 2010 2 p.m.	Stich and Chat Library, 7 p.m.			

Call MWR at ext. 2010 for more information.

New Movie Hotline - call 4880.



Up, up and away ...

Army Staff Sgt. Trevoris Shelley tries for a slam dunk during a spirited basketball game in Dennich gym, Jan. 3. Shelley is attached to Joint Task Force Guantanamo. - photo by Navy Mass Communication Specialist 1st Class David P. Coleman

BRAVO ZULU!

The following individuals received letters of congratulations for their hard work and dedication from JTF Commander Rear. Adm. Jeffrey Harbeson. In addition to recognition in *The Wire*, Troopers receive a coin of excellence from the Admiral.

- | | |
|-------------------------|-------------------------|
| SH3 Henry Ramirez | Army Sgt. Kirk |
| Spc. Elisamuel Gonzalez | Army Spc. Vasel |
| AO2 Michael Fulcher | Army Staff Sgt. Gatrost |
| Sgt. 1st Class McCall | Army Staff Sgt. Glover |
| Army Sgt. Griffin | Army Staff Sgt. Herrera |

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Around the ★ JTF



Master-at-Arms Seaman Phillip Wade drives toward the basket during a spirited basketball game in Dennich gym, Jan. 3. Wade said he is exercising to stay in shape and promote his health and wellness. He is attached to Naval Station Guantanamo Bay. — photo by Mass Communication Specialist 1st Class David P. Coleman



Logistics Specialist Seaman Dominique A. Williams sorts Joint Task Force Guantanamo mail being unloaded from a cargo plane at Leeward Airfield, Dec 29. The Joint Task Force Guantanamo postal personnel handle over 10,000 pounds of mail per week, supporting the Joint Task Force Guantanamo mission. — photo by Mass Communication Specialist 1st Class David P. Coleman



Religious Programs Specialist 3rd Class Jeffrey Lauber reads the Bible at the Joint Task Force Guantanamo Chaplain Command Office, Jan. 6. Lauber is a Navy reservist deployed here providing spiritual and moral support for JTF servicemembers. — photo by Mass Communication Specialist 1st Class David P. Coleman