



the Wire

"HONOR BOUND TO DEFEND-FREEDOM"

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Red Dogs "Hold the Gate" at Guantanamo

Story by Sgt. Erin Crawley

When the 984th Military Police Company departed Fort Carson, Colo., last November to join the fight in the Global War on Terrorism, they didn't know exactly what to expect. But this active duty unit welcomed the unique challenges that this one-of-a-kind mission had to offer. Their mind set was good to go and proud to serve. Basically, once the 984th MPs stepped off the plane they stepped right up to the plate ... or better yet, right up to the gate.

Since their arrival, lives have changed, soldiers have grown, and lessons have been learned. The 984th has met many challenges here with the highest set of standards, professionalism and determination. The junior non-commissioned officers and junior enlisted soldiers of the 984th can be credited with much of this unit's success. As a result of their concentrated teamwork and acute attention to detail, the 984th has accomplished much here, setting the standard for the next rotation of units coming in.

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Photo provided by 984th MP Co.

Soldiers of 984th Military Police Company take advantage of one of their many training weeks to complete Military Operations in Urban Terrain training. From left to right: Spc. Angela Muldoon, Sgt. Marcus Deniston, Spc. Kendrick Mitchell.

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Message from the Top



**CSM Gregg E. Hissong
Camp America CSM
JTF Guantanamo**

Within this superior organization of the JTF we have the 984th Military Police Company who contribute commitment, dedication, selfless service and

honor, which are the building blocks for any great foundation. The 984th's ability to stand out is not due to accident, but by design.

Captain Hunter, the commander of the 984th, is a graduate of the United States Military Academy. He has been assigned to units in Germany along with numerous deployments including Kosovo as a part of KFOR 1A. Captain Hunter's leadership ability has made a profound impact on the 984th's ability to excel and meet the challenges of the evolving operation of the JDOG and JTF.

First Sergeant David DeBates, a soft spoken, direct, passionate leader is the backbone of the 984th. He can be as abrasive as steel wool but at the flip of a coin he will grasp the attention of his soldiers, unify them, provide the goals and challenges they seek and encourage their success every step of the way. First Sergeant DeBates takes the Task Force Commander's intent and directs his soldiers to meet the operational goal. He expects feedback from his soldiers feeding the information chain from the bottom up. First Sergeant

DeBates rich military history is a testament to his leadership ability and profound accomplishments as a soldier.

The soldiers of the 984th are some of the most respectful, committed and effective men and women of the Joint Task Force Guantanamo. These young soldiers are the life of the Task Force. Soldiers like Sgt. 1st Class Hooker, Sgt. 1st Class Hayes, Staff Sgt. Lee, Sgt. Wood, Spc. Allen, Spc. Whiteside and let us not forget our friend Sgt. 1st Class Debra Johnson. They consolidate and concentrate their efforts everyday to meet the challenges of the mission and the Global War on Terrorism.

The 984th's final unparalleled challenge lies within the upcoming rotation. The soldiers and leadership will have to combine their efforts zeroing in on a centralized focal point during the left seat, right seat ride. The 984th will assume the role of a catalyst as they train, develop and enhance the skills for detention operations of the new unit. The 984th will take the dull blade of the new unit and sharpen their skills, knowledge and direction on how Camp Delta runs. They will introduce the SOPs that govern the daily operations of the Camp. The integrity, professionalism and commitment of the 984th will leave an ever-lasting impression as they succeed in this mission.

The soldiers and leadership are an asset to Task Force Guantanamo and we will miss them. We wish them well and God Speed as they prepare for unseen missions to come.

Honor Bound!

Trivia Question of the Week:

“What was the month and year when the first detainee was transferred/released?”

Please send your answers to the JTF Public Affairs Office, email address: pao@jftgtmo.southcom.mil by Tuesday, July 29, 2003. A name will be drawn from all who get it correct for a JTF T-shirt or hat.

Last week's question: "On what date were the detention operations of JTF-160 and the interrogation operations of JTF-170 merged to form JTF Guantanamo?" **Answer:** November 4, 2002.

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Spc. Joshua D. Wise of the 303rd MP Co. correctly answered the question and was selected as the winner!

Service with a smile: the 93rd Sig. Bde. keeps us connected

Story & photo by
Sgt. Benari Poultan

When the network experiences problems or your computer suddenly crashes, chances are, a soldier from the 93rd Signal Brigade will be there to get it back up and running. Working as part of J-6, nine soldiers from the 93rd Signal Brigade have been making a significant impact on the JTF's operational capabilities.

Of course, this is nothing new for the 93rd. An active-duty unit based out of Fort Gordon, Ga., the 93rd Signal Brigade has remained an integral part of the JTF's communications infrastructure since the start of JTF Guantanamo's critical mission here. Members of the 93rd initially assisted in setting up the JTF's communication network and their presence has continued as the JTF has evolved. The number of 93rd soldiers working in the J-6 has shrunk as more contractors are brought in to augment the J-6, but the 93rd's presence has been a constant in the JTF. When this rotation leaves here sometime in September, seven members of the 93rd will replace them, continuing their involvement.

"What we do is, we support communications for the Joint Task Force," said Pfc. Steven Bunch. "Which is, of course, very important because almost everything that is done here in Guantanamo Bay relies on the communications infrastructure that we, often times, are in charge of maintaining."

Capt. Juan Negron concurred, adding: "[We] support the whole JTF, and bring all the communications from the States, and keep them running 24/7 ... and we keep

Camp Delta running all the time with secret and unclassified networks, too."

"I see us as being very beneficial to the overall mission because information is power," said Pfc. Santeargo White. "We have to keep the information from the enemy, but we also have to make sure that all of us can access the information when we need to, how we need to, however we need to. Being able to facilitate that

process helps a lot because, without information, then you walk into an area where you might experience tragic results, like we did on 9/11. Information is definitely the thing to have."

A select few soldiers were chosen from the 93rd Sig. Bde. to meet the needs of the JTF. In addition to maintaining the communications infrastructure and the security of the network, they have been installing, operating, and maintaining all the computers here in the JTF. It's a job that someone like White is perfectly comfortable doing.

"I've been working on computers for the last 12 years now," White said, "so being down here gave me more of an opportunity to work with more data ... down here, our main job is data and that's what I'm used to and that's what I like to do."

Both White and Bunch offer tech support as part of the J-6 and enjoy their roles in keeping the JTF connected. Bunch joined the Army shortly after September 11, 2001, as he explained. "I was actually doing computers back then, but I kind of wanted out of a cubicle. Actually go out and do something worthwhile, so I joined the Army."

Going from a cubicle to Cuba, Bunch is more than satisfied with his work here. "We are out in the field, every day. It's pretty challenging. We have a whole array of problems that we run into out there, and there's something new every day. We are constantly being challenged, as computer technicians and as soldiers." Bunch welcomes the challenge, stating, "I think being here is about one of the most important



Pfc. Santeargo White loves his job and it shows as he hooks up a computer to the network.

things I've ever done."

White agreed, saying that he was excited when he learned about the mission here. "I was thrilled. Especially once they gave me some more details about it ... I got called while I was on leave by my platoon sergeant, and she asked me, did I want to go? And I told her, 'definitely. You want me to start packing my bags now?'"

White also emphasized the impact they have not only on the JTF, but on the overall Global War on Terrorism. "The things that we're doing could be possibly helping us stave off another terrorist attack, like what we had, and that's always a good thing. I mean, we've got a lot of people at home that we have sworn to protect and defend, so we have to do our job. And I'm enjoying what I'm doing down here."

Enjoying the job is a key factor in the success of these active duty soldiers. Because they love their work, you can count on them to show up for work with a high level of enthusiasm and dedication, ready to tackle the task at hand. "We keep working toward the mission at hand," Negron said. "Keeping everything running makes everybody happy."

"I think being here is about one of the most important things I've ever done."

***Pfc. Steven Bunch,
93rd Signal Bde.***

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Failure is not an option to the proud soldiers of the 984th, according to 1st Sgt. David DeBates. "The things that make this unit a great unit are the soldiers. They have immense pride in themselves, their unit, and their contributions to the War on Terrorism. They come from all parts of the country and have come together as a unit to do the nation's bidding. Their pride in themselves and their unit just won't allow them to fail. They interact well with each other and have grown dependent on each other. We have focused on the team building since we have been down here ... to maintain our standards ... do the job right the first time ... take it home and get ready to do it again someplace else," DeBates said.

Due to the sensitivity of what MPs do in Camp Delta and for operational security reasons, all of the accomplishments of the 984th can't be disclosed, but these unsung heroes can be recognized for other things, especially in the area of training. Since November, the 984th has upgraded on many levels, to include fine-tuning the procedures for releasing and receiving detainees, and training as corrections specialists.

Additionally, the 984th has among them winners of the JTF-GTMO Service Member of the Quarter - for both junior and senior NCO.

The 984th thrives on teamwork. Part of being a successful team player is being adaptable to change and open to new challenges. Sgt. Katie Faccioli, an administrative clerk with the headquarters platoon of the 984th has been with the unit for more than three years. She's learned a lot here through all different jobs she's held during this deployment. "I've done general contractor escort, security at the sally ports, charge of quarters, oversaw motor pool operations, and my administrative duties," said Faccioli.

Faccioli said she has seen the unit go through a lot of changes and that this deployment has given them an opportunity to get to know each other better. "I think we always strive to be the best no matter what. That's the one quality we [984th] all share. Our unit has evolved into this."

Pfc. Roy Mitchell feels that this deploy-

ment has also brought the 984th closer together. Admittedly, he said they have been through some rough times, but that overall this mission has brought the unit closer.

Mitchell, who has been in the Army about 13 months, feels that this deployment has been an excellent experience where he has learned a lot about law enforcement and has grown as an individual. He felt the 95C (corrections specialist) training to be extremely beneficial. "The 95C side of the training is something that will help me in the long run ... it was good. I enjoyed it and I appreciate them

we can say we took part in that," Taylor said. Taylor continued, "I was in Korea when 9/11 happened, and to me it was kind of surreal to all of a sudden be placed down here guarding enemy combatants that I heard about on the news. Now I'm here face-to-face with them."

Regardless of what role any service member plays in Global War on Terrorism, it is no small feat, and each role is interconnected. "Our specialty isn't to know exactly what information is coming from these detainees, but if there was no information, then we wouldn't be here. As far as the hero role goes, I think that ought to be given to the guys in Iraq and Afghanistan right now that are keeping their head down, dodging bullets and really facing dangers. Here, it would be good to get recognition and to inform people what exactly goes on down here and the outstanding job that all the MPs do. It is a hard mission and we do get frustrated, but we've been able to show restraint in highly stressful situations. I consider that an accomplishment," Taylor said.

"The biggest thing that I want people at home to know is exactly how the detainees are being treated here because there is a lot of negative press out there. The detainees are being treated well and receive excellent medical attention. We display a high level of professionalism towards running the blocks, following the Standard Operating Procedures and executing the orders of the command," Taylor explained.

The collaboration and camaraderie of the 984th is what makes them flourish as a team and carry out the mission 24/7. Their respect for one another has also enabled future leaders of the 984th to learn more, and take on additional responsibilities.

"This deployment has impacted my life in so many ways. It has taught me what kind of leader I want to be in the future, how I want to treat soldiers and what information soldiers really need in order to keep morale high. That is one of the key things I've learned here is knowing what to say and when to say it," said Spc. Hilda Costillo.

Coincidentally, Costillo's father



Photo provided by 984th MP Co.
Soldiers of the 984th Military Police Company receive specialized training used for conducting detainee release and receipt missions, otherwise known as air bridge missions.

[JTF] giving it to me," Mitchell said.

Making history and serving your country all wrapped up in one mission could be daunting to some, but not to the members of the 984th. "We're 95 Bravos (military police), and we're doing something that is new down here in Cuba ... it's new and it is still evolving. We're laying down the guidelines for the future deployments here," Mitchell said.

Spc. Troy Taylor who was recently named 'Soldier of the Month,' also feels his company is making history here. "I think definitely a positive aspect is we can go back to Fort Carson knowing that we took part in the Global War on Terrorism. There's pretty much not a company out there that isn't taking part in it, but this is a unique mission that has never been done before. And to be a part of that is definitely something to be proud of. You know, we can look back when it is in the history books twenty years from now – and

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guarded the border here as a Marine 20 years ago. Although this mission is much different, their common bond to serve their country and make a difference remains. "I feel that we've helped watch people who are considered very dangerous to our society. Our attention to detail ... paying attention to things that some people would consider mundane ... paying attention as a whole company has made an impact. Hopefully [what we've done] can help [other JTF service members] get the information they need from the detainees, to help protect our society," Costillo said.

The 984th received specialized training when they first arrived in Guantanamo to prepare them for conducting detainee

release and receipt missions, otherwise known as air bridge missions. "I think the biggest impact we've made down here is setting the ground work for the air bridge missions," said Sgt. Gabe Sansom.

"The instructors of the training were really impressed that we knew so much about the tactics that they were able to take us to the next level and the next level after that, fairly quickly," Costillo said. "They told us they were very impressed with our performance, how we handled ourselves, and how we carried ourselves with respect to the situations they presented to us."

"I'm extremely proud of the job they have done, but that goes back to the NCOs and the soldiers practicing and believing in good Army Values. My soldiers try hard each and every day to do the right thing, to

do what is expected of them and to do it to the best of their abilities. This works because the NCOs emphasize it to our soldiers every day – to do their best and not to be satisfied with the minimum standard," said DeBates.

After you've worn through the soles of your boots a few times from months of conducting escort missions in Camp Delta, it's either time for another pair of boots or a new mission. In the case of the 984th, it is a new mission.

Soon the 984th will be focusing on future operations, but first they'll get a chance to spend some time with their families and friends back at Fort Carson. They leave here knowing they have definitely left their mark on JTF Guantanamo.

Stay hydrated, stay alive

Compiled by Spc. Jared Mulloy

If you've just arrived in Guantanamo Bay, you've probably realized that it's extremely hot here! That's why it's so important to drink lots of water and during these summer months, it's especially important to remain hydrated. Heat injuries can be deadly, but can also be easily avoided.

Dehydration is the first stage of a possible heat injury. According to Navy Lt. Joseph Perez, of the Camp Delta Detention Hospital, "Some symptoms of dehydration include thirst, headache, nausea, dizziness, confusion, and rapid breathing. If someone is showing these symptoms, get them to a cool shady area right away and remove any excess clothing they may be wearing. You can also start sponging that person down with luke warm water," said Perez.

The most common heat injuries are heat cramps and heat exhaustion. "The best way to treat heat cramps is to get to a cool place, drink water and massage the affected muscle areas," says Tierra Kay Joint Aid Station Medic Sgt. Kristine Patton. The main symptom of heat cramps is extremely painful cramps in and around the abdomen and legs.

According to Perez, "Heat exhaustion symptoms include profuse perspiration, difficulty breathing, headaches, confusion, drowsiness, and extreme weakness."

The least common, but more serious and deadly heat injury is heat stroke. Symptoms

are extreme high body temperature, a total absence of sweat, skin that is red and hot to the touch, and usually unconsciousness. "If someone is showing signs of possible heat stroke, they require immediate medical attention," Perez said.

Individuals who have not been acclimated are especially prone to heat stroke. "I'm from the Dominican Republic ..." says 2-116th Infantry Regt. Spc. Oscar Matos, "... so I am used to the heat, but it's a lot harder on those who come from colder places. I still drink at least a gallon of water everyday."

"The first month here is the roughest. You should try and stay in the shade and limit your activity as much as possible," said Spc. Jason Stevens of 2-116th Infantry.

The best way to avoid heat injuries is to drink fluids. However, this does not include diuretics like coffee, sodas, alcohol, etc. These will only dehydrate you further. "Nothing beats water in an environment like this," said JTF Medical Plans and Operations Chief Petty Officer Brien Gibney, "and not necessarily ice water ... cool or tepid water is best."

So whether you're out working hard or just enjoying the weather, remember to stay hydrated and make sure your fellow troopers do the same.

463rd anxious to replace 984th

Story by Sgt. Erin Crawley

Also known as the Solid Warriors, the 463rd Military Police Company of the 89th MP Bde. will replace the 984th MP Company here.

Hailing from Fort Leonard Wood, Mo., they stand ready to support JTF Guantanamo as part of Operation Enduring Freedom.

It's not the first time the 463rd has been called to duty in Guantanamo. They were here as part of Joint Task Force 160 for Operation Sea Signal from January through July of 1995. The overall mission involved the feeding, housing, clothing, and caring for more than 50,000 Haitian and Cuban migrants seeking asylum in the United States.

They served as the internal security force at Camp Victor, a camp for Cuban families. They also patrolled and kept the peace inside the camp, as well as manned the guard shacks at the camp entrances.

This unit has deployed all over the world, to include Panama, Honduras, Korea, and Germany. A recipient of the Joint Meritorious Unit Award, and several Army Awards for Maintenance Excellence, there is not doubt that the 463rd will hit the ground running.

Sister act comes to Guantanamo Bay

Story by Sgt. Benari Poulten

Many times, joining the military means spending lengthy deployments away from loved ones, missing those close to you and wishing you could visit family. But for one member of the 984th Military Police Company, family came to her.

Since first arriving here on Nov. 8, 2002, Spc. Jeana Jaramillo had been working hard as part of JTF Guantanamo, exceeding standards and scoring high marks on the Army Physical Fitness Test (APFT). She hadn't expected any sort of reward for her accomplishments, but she received a surprise anyway when, on June 10th, her older sister stepped off the ferry to join the troopers of the JTF.

A Hospital Corpsman 3rd Class, Sharlean Torgerson had been assigned to augment the JTF Detention Hospital, getting the opportunity to serve in the same joint task force as her younger sister, Jaramillo. Torgerson admits that her sister had a lot to do with her decision to accept this particular assignment, and both agree that serving together has helped them get through the deployment.

"My morale went up a lot," said Jaramillo. She took the initiative and helped ease her older sister into the swing of things, quickly establishing a trend of spending their free time together.

"It's been great," Torgerson said. "She's taken my mind off of everything. I've met really great people, and the time has flown by."

Military service runs in the family. Their eldest sister, Terri, is in the Navy, like Torgerson and their father was an MP in the Army, a job that clearly influenced Jaramillo. Jaramillo's husband is also in the

Army, currently serving in the Persian Gulf in support of Operation Iraqi Freedom. Their oldest brother, Chris, opted not to join the military, and the sisters chuckle about the fact that it was the three girls in

the family who signed up instead.

While the sisters were dispersed around the globe, their father – whom they dubbed "dispatch dad" – kept them in touch with one another via phone. His words of advice still inspire them, as Torgerson pointed out. "The man's got three girls, he wanted three boys, probably. He got three girls, thrice the headache and he didn't know what to expect. But we were never limited. He [said], 'the only person who's going to limit you is you. And I expect you to do more than a son.' And that's high expectations."

Jaramillo appreciates his words of encouragement even today. "Every time my dad gets on the phone, he's like ... 'I love you and I'm so proud of you and everything you've done – all three of you.' He always puts that in there."

Although they have come a long way since growing up in Everett, Wa., these two sisters felt right at home once they got together. "It brings back memories, to before I even joined the service," Torgerson noted.

"It's like when we're kids again," added Jaramillo.

Both sisters have learned something while serving in support of Operation Enduring Freedom. For Torgerson, this is her first time serving as part of a joint task force, and she has appreciated the experience.

"I think it's great ... I've never actually served with any other different services, except for the Marines ... it's been fun."

The sisters have also learned a lot from one another, admiring each other's strengths. "I got my strong will from my sister," Jaramillo explained.

"Think of others," is what Torgerson has learned from her little sister. "She's always been thinking and watching after me and I try to put that into when I actually do see a patient. She's got a lot of fighting



Sisters Hospital Corpman 3rd Class Sharlean Torgerson, JTF Detention Hospital, and Spc. Jeana Jaramillo, 984th MP Co., enjoy a night out in Guantanamo Bay.

spirit."

Torgerson also hopes that she has set a good example. "I imagine her actually looking up to me ... I like to think she would. Because I've changed a lot since we've been in school together ... and she's been through a lot of hard times with me. And I like to think now that she can actually be proud of ... the way I've excelled and gotten awards and what-not. And each and every time, I think of what she might actually be thinking of me."

Jaramillo jumps right in, talking up her big sister. "I'm so proud of her. She had a lot of difficult times, but every time I see her put on a uniform, it reminds me of how much she wanted to ... do something with her life, and she has, so that's pretty cool."

Although the two have nothing but praise for one another, they do like to engage in some friendly competition. When Jaramillo leaves in a few weeks, she will have earned one more bragging right: she will be promoted to sergeant on August 1, outranking her older sister. Torgerson smiles at this latest development, anticipating the good-natured ribbing she's sure to endure.

Despite Jaramillo's upcoming promotion, they both said they would happily serve together again. And maybe next time, they can get their sister Terri in on the act, as well. Torgerson laughs. "Now wouldn't that be something."

***Spc. Jeana Jaramillo,
984th MP Co.***

***"I'm so proud of her.
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times, but every time I see
her put on a uniform, it
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thing with her life, and she
has."***

Focus on fitness leads to smokin' stats

By Sgt. Benari Poulten

When Pfc. Johnny Vasquez first arrived here, he had a score of 220 on his Army Physical Fitness Test (APFT). Through hard work and a disciplined work-out regimen, he has stepped up to the plate and knocked one out of the park, scoring an astounding 293 on his last test. He has made it a point to focus on self-improvement and has dramatically improved his own PT score as a result.

Usually working out two hours a day, seven days a week, Vasquez describes his fitness schedule. "Right now, my routine is an hour of cardio – either running or treadmill, [using] the cardio machines. And then, an hour at the gym," working on muscular strength.

"It makes me feel really good. Because there are Army standards you have to [meet]. I try to exceed the Army standards. The other thing is, it helps with stress, especially here. That's kind of my stress reliever. Workout, run, think – it makes the



Pfc. Johnny Vasquez exercising during one of his many work-out sessions.

day go by faster."

Vasquez places a lot of value in physical fitness, saying that it keeps him healthy, both physically and mentally. "Here, it's an individual basis ... For me, I'd rather work out than be bored, sitting in a room."

As for what has inspired him to raise his PT score, he explained that, "I wanted to raise it, make it easier for me in the long run, and to do better, make myself better."

Keeping fit also has added benefits, which can increase productivity on the job, as Vasquez noted. "The biggest thing, for example, you're constantly working, walking the block. You're going to be on your feet all the time. So, doing cardio ... you won't get tired as quickly, [it will] make your day seem easier."

"There's [also] the stress factor," he added. "A nice run to the beach, or a nice run down to TK might release some stress from some people."

Overall, Vasquez is proud of his achievements and continues to strive for more, pushing his limits and challenging himself. He is guided by a drive to succeed and a desire to prove himself. "Don't let anyone put you down, tell you can't do it," he said. "You can prove a lot of people wrong. My biggest factor is, I don't want to fail in myself. So, I just try ... to let everyone know that, just because I come from a little town, doesn't mean I can't do it. So, I showed a lot of people differently."

Man on the Street

Compiled by Spc. Delaney Jackson

This week's question:

What improvements did you make in your life while at GTMO that you will continue when you get back home?



Navy Petty Officer 2nd Class Vole Hunt, MIUWU 212



Coast Guard Petty Officer 3rd Class Duane Catlett, PSU Det. PACAREA



Spc. Joshua Janish, JDOG Supply



Spc. Bobby Bradley, 303rd MP Co.



Army Pfc. Sean McNamara, 785th MP Co

"I paid off all my bills and started school, I also improved requirements to complete the mission."

"I'd like to continue a fitness routine when I return home, which is difficult in my civilian job due to time restraints."

"I will continue my education that I started here in Guantanamo."

"I've come to terms with myself; my outlook on life, my goals and priorities. I also developed a deeper spiritual relationship, more meaningful. I find myself to be more goal oriented."

"I have a fairly good workout routine that I'd like to continue when I get home."

Chaplain's Corner

By CH (LTC) Herb Heavner
JTF Guantanamo
Command Chaplain

Recently during our Deployment Cycle Support training program, I had a soldier come up to me and make an amazing comment. It seems that he remembered me as his chaplain during basic training at Fort Jackson, S.C., more than 13 or 14 years ago. He stated to me that I had helped him out a great deal during those difficult days in his life. I have to admit that it did my heart good to realize that perhaps I might have done something positive to help at least one individual just a little bit. In reality I believe that I have done other things along the way to help out many other individuals make their life somehow more meaningful or valuable.

Hopefully, you have had those same kinds of opportunities as well. Maybe it was something simple like offering to help someone jump-start their car when they were stranded on a cold winter morning. (Remember cold?) Perhaps you were in a position to assist a friend in getting where they needed to be in a timely manner. Or maybe there was a fellow service member who was struggling with the process of understanding a task that had to be completed, "yesterday." Whatever the case might be, when push comes to shove, and someone needs help most of us are willing to go the extra distance it takes to provide that help.

Back to my friend from years ago who says that I helped him out immensely. I did not know how valuable my help had been, nor did I have any idea that there would ever be a time in my life where I would reap some benefit from that assistance that I was able to provide. I was simply trying to do my job. Which may have been true for you at some point in your life. You might have been doing the ordinary when to your colleague it took on the appearance of the extraordinary. You may not have even realized what you were doing at the time, nor the impact that it might have on you later in life.

As members of the military we are trained to think of others before we think of ourselves. On the battlefield or on the home front, we place the good of others before our own good. I personally believe that this is a principle instilled in us by God Himself, who has done so much over the years to help us so freely. All we have to do is to acknowledge our dependence upon Him, and He is there to help us in anyway we could possibly need.

The next time you are debating whether or not to help someone, please do so. Don't do it because you hope that 12 or 13 years from now that person will come up to you and give you a special thank you for what you did. Do it because it is the right thing to do. Do it because God wants you to do it. Do it and God will some day encourage someone else to do something even better for you!

Friends and Family Day at Seaside Galley and Club Survivor

The Camp America Protestant Worship Service cordially invites you to bring a friend (or four) to the Friends and Family Day on Sunday, July 27, 2003 at 9 a.m. at Seaside Galley.

The Friends and Family Day fellowship does not end with the worship service. Immediately following the celebration of worship and praise, there will be a light lunch served on the deck of Club Survivor. So come out and bring your friends and family to the Camp America Protestant Worship Service at Seaside Galley during Friends and Family Day.

Worship Services

Catholic

	<u>Main Chapel</u>
Daily	6:30 a.m. Mass Cobre Chapel
Wed.	5 p.m. R.C.I.A. Cobre Chapel
Fri.	5 p.m. Rosary
Sat.	4:30 p.m. Confession 5:30 p.m. Mass
Sun.	9 a.m. Mass 11 a.m. Mass (Sanctuary B)

Camp America

	<u>Camp America</u>
Sun.	5 p.m. Mass Wooden Chapel

Protestant

	<u>Main Chapel</u>
Mon.	7 p.m. Prayer Group Fellowship*
Wed.	7 p.m. Men's Bible Study* 7 p.m. Spanish Group 390-Evan's Pt
Thurs.	6:30 p.m. Home Group Nob Hill 5B 7:15 p.m. Youth 7-12 Fellowship*
Sun.	6:30 a.m. Praise and Worship Service 9:30 a.m. Sunday School 11 a.m. Service/Sunday School 5 p.m. Bible Study*

* Fellowship Hall located in Chapel Complex

Camp America

	<u>Camp America</u>
Wed.	7 p.m. Service
Sun.	9 a.m. Seaside Galley (Temporary location until further notice) 7 p.m. Service Wooden Chapel

Church of Jesus Christ of Latter Day Saints

	<u>Day Saints</u>
Sun.	9 a.m. Sanctuary A

Islamic

	<u>Islamic</u>
Fri.	1 p.m. Classroom 12 ChapelComplex

Jewish

	<u>Jewish</u>
Fri.	8 p.m. Fellowship Hall

Camp America Church Bus schedule:

Sun.	8 a.m. Windward Loop 8:15 a.m. Tierra Kay
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The bus will return immediately following worship.

RECREATION & LEISURE

Ho Jo's Bike Repair

Story & photo by
Spc. Jared Mulloy

Joint Task Force troopers have used their civilian job skills to save the JTF money in many different ways. Master Sgt. Howard Kingsley, who works in the Intelligence Section of the 384th Military Police Bn., is using his off time to save JTF individuals a little cash for recreation.

Kingsley, also known as Ho Jo,



Master Sgt. Howard J. Kingsley of the 384th Military Police Bn. inspects a fellow soldier's bike, to ensure proper assembly, after adjusting its rear de-railer.

repairs bikes for free in the driveway of his housing unit at 18D Windward Loop. If you stop by, you'd find a dozen bikes corralled along the wall of Ho Jo's house next to a folding chair marked "Kingsley." This bicycle safe haven is "Ho Jo's Bike Shop." "I'm always looking for bike parts and any bikes that could be restored," said Kingsley, who has been repairing bikes as a hobby for years. "Back home I'd fix bikes for all the kids in my neighborhood. It's just a relaxing hobby that I truly enjoy."

Kingsley will not only do his best to fix any bike brought to him, he'll even assemble new bikes. And he does it all for free. However, Ho Jo will always accept a few cold drinks for a job well done.

Kingsley is even working out the details to put a sign on his carport to make it easier for patrons to find his shop.

Ho Jo's Bike Shop is usually open from 4 p.m. to 9 p.m. on weekdays and Sundays. Feel free to drop off your bike or a donation, in the form of a bike or part you don't want, at anytime. All Ho Jo asks is that you leave a note on it letting him know what you want him to do with it. For more information call Kingsley at 8068 or e-mail him at KingsleyHJ@JTFGTMO.southcom.mil or howard.kingsley@us.army.mil.

Ping-Pong all night long

Story by Spc. Jared Mulloy

There was an intense game of table tennis at the Liberty Center this Wednesday, as JTF troopers went head-to-head in several rounds of elimination table tennis. The MWR Ping Pong Tournament began at 7 p.m. and, between the four avid players in attendance, it lasted until 9 p.m.

The first man out was first-timer Major James Harper of the JTF Joint Interrogation Group (JIG). Spc.

Christopher Petschek of the 984th MP Co., also competed at the Liberty Center for the first time and took 3rd place.

The most intense matches were between Major Jeff Kearns of JTF Hq. and Major Rei Roldan of the JIG. The last match was close, but Roldan came out on top.

Roldan was awarded a first place trophy, and a "One-Step Polaroid Camera".



Movie Schedule

Camp Bulkeley

Fri., July 25

8 p.m. Anger Management
PG13 - 101 min

Downtown Lyceum

Fri., July 25

8 p.m. The In-Laws
PG13 - 89 min

10 p.m. Xmen 2

PG13 - 134 min

Sat., July 26

8 p.m. Agent Cody Banks
PG - 101 min

10 p.m. Blade

R - 120 min

Sun., July 27

8 p.m. Heat
R - 172 min

Mon., July 28

8 p.m. Light It Up
R - 99 min

Tues., July 29

8 p.m. Charlie's Angels
PG13 - 98 min

Wed., July 30

8 p.m. Letters From A Killer
R - 103 min

Thurs., July 31

8 p.m. What A Girl Wants
PG - 105 min

Downtown Lyceum

Fri., July 25

8 p.m. The In-Laws
PG13 - 89 min

10 p.m. Wrong Turn

R - 84 min

Sat., July 26

8 p.m. Legally Blonde 2
PG13 - 94 min

10 p.m. Terminator 3

R - 108 min

Sun., July 27

8 p.m. Pirates Of The Caribbean
150 min

Mon., July 28

8 p.m. The Italian Job
PG13 - 110 min

Tues., July 29

8 p.m. The Lizzie McGuire Movie
PG - 94 min

Wed., July 30

8 p.m. Down With Love
PG13 - 102 min

Thurs., July 31

8 p.m. Wrong Turn
R - 84 min

Club Survivor

Located at Camp America
Thursday thru Saturday 5 p.m. to
11:30 p.m.

Open to all NAVBASE and JTF personnel

NATIONAL SPORTS

On the Mark *What's in a nickname?*

By Sgt. Bob Mitchell

There is something missing from sports today. It is something that makes the difference between a sport and the national past time. It's colorful nicknames.

There's a lot in a nickname. It shows character, background, style and something with which the fans can relate.

Some of my favorites from baseball include Dizzy and Daffy Dean, Scrap Iron Garner (Phil Garner) and "Shoeless" Joe Jackson. From football there is "Night Train" Lane, Elroy "Crazy Legs" Hirsch, Bob "Buckets" Waterfield and John "The Diesel" Riggins.

From basketball there was Earl "The Pearl" Monroe, Oscar "Big O" Robertson, and Wilt "The Stilt" Chamberlain.

Today's professional athletes have too many names that lend themselves to kindness and innocence. Harmless names like Jason Giambi, Larry Walker and Chad Pennington.

These guys need to inject a little life into these unassuming names. Try these on for size: Jason "Jack-hammer" Giambi, Larry "The Launcher" Walker, Chad "Choo Choo" Pennington. See how easy it can be? And it's fun too. You can keep your children occupied in a positive way on long car trips by handing them professional sports rosters and challenging them to come up with the best nicknames. It's great fun for the whole family. It will endear you to your in-laws.

Sports should be fun. Research has proven that clichés, no matter how corny or cheesy, help people remember information through word association. Team and player nicknames are prime examples. So go out there and start inventing some memorable monikers. It just might save our way of life.

Sports Highlights

Summary by Sgt. Bob Mitchell

The National Football League is officially open for business, as pre-season camps have begun. **Atlanta Falcons** defensive tackle **Ellis Johnson** has announced his retirement. The eight-year veteran said he wants to stay home with his family.

The defending Super Bowl champs aren't without their own problems. Standout defensive tackle **Warren Sapp** is entering the final year of a six-year, \$36 million contract and has made it known that it will cost more to keep him in a **Tampa Bay Buccaneers** uniform.

Any hopes you might have had concerning a college football playoff to determine a true national champion have been sent to the back of the bus. The Oversight Committee of the **Bowl Championship Series** has ordered the six conference commissioners to produce alternate proposals for changing the current BCS. This does not include a playoff system. Officials say they're skeptical that a national champion could be determined without negatively affecting a student athlete's welfare.

Tiger Woods is back in familiar territory: the top of the **PGA** money list. His fourth place finish at the **British Open** vaulted him to the number-one spot with \$4,546,496 in total 2003 earnings. Last week's leader, **Mike Weir**, dropped to number two with \$4,321,722. **Davis Love III**, who tied with Woods at the British Open, is in third place with \$4,222,038. British Open winner Ben Crane became an instant millionaire. His winnings last Sunday were \$1,112,720.

Sports Highlights compiled from ESPN.com

Head to head ...

Should the phrase "This Time it Counts" have been used to represent this year's Major League Baseball All Star Game?

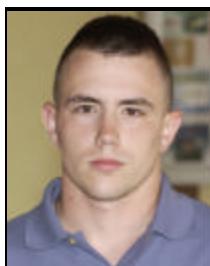
Story & photos by Spc. Mark Leone

"This Time it Counts." That's the message Major League Baseball Commissioner Bud Selig wanted to send fans about this year's All-Star Game after last year's contest which ended in a 1-1 tie. MLB tried to right itself by awarding the winning league with home-field advantage throughout the World Series. Is "This Time it Counts" empty words?

Spc. Adrian Lopez of the Camp Delta Detention Hospital believes it is just an advertisement ploy. "They are trying to hype up the game as well as the reward the winning team receives. They aren't taking anything away from past All-Star games, they're just trying to reinvent future ones," he said. "Since this is such a huge

change, players should do 100 percent of the voting for the All-Star Game."

JM2 Leo Walton of the Ordnance Department thinks what they are doing this year for baseball is great for the game. "Making the reward for winning so much sweeter will help intensify the rivalry between the two leagues," said Walton. He believes it will boost television ratings and the players' attitudes toward the mid-summer classic. "When you have so much at stake in a game you have to take it just as serious as if it's game seven of the World Series," he said. By saying, 'This Time it counts,' you're saying that all the effort put forward in previous All-Star games was pointless and that's not right," said Walton. "Bud Selig should think before he talks and maybe refresh his own memory of baseball All-Star Game history."



*Spc. Adrian Lopez,
Detention Hospital*



*JM2 Leo Walton,
Ordnance Department*

JTF SPORTS & FITNESS

Summer League Standings

Softball Standings

1st - Hospital
2nd - GTMO Lite
3rd - JTF HQ
4th - Legion of Doom
5th - Cleavland Steamers
6th - Marines
7th - 303rd
8th - HH2-116th INF
9th - NEX
10th - JTF ICE Breakers
11th - Brew Crew
12th - NAVSTA Security

Soccer

1st - Kvaerner
2nd - NEX
3rd - Island Mechanics
4th - Hospital
5th - Fire Storm
6th - SNAFU
7th - MWR

Basketball

1st - Trans
2nd - The Untouchables
3rd - BR- Bull Dog
4th - The GTMO Special
5th - MIUWU 212
6th - Marines

Volleyball

1st - Hospital
2nd - MCSFCO.
3rd - Naval Station
4th - NEX
5th - PWD

Reed racks up weekend tourney

Story & photo by
Spc. Alan Lee Knesek

Game faces were on last weekend during JTF MWR's Racquetball Tournament. Nineteen competitors signed up for the double elimination tournament, but only one went home as the winner.

Navy Cmdr. Tim Reed, Training Officer for Mobile Inshore Undersea Warfare Unit 212, took first place after two days of grueling matches. He went home with a \$25 gift certificate and a Naval Base Guantanamo Bay Coin.

Lt. Cmdr. Tim Temple, also in the MIUWU 212, took second place in the tournament after losing to Reed in the final round. Nevertheless, Temple won a \$15 gift certificate, racquetball goggles and a set of balls.

Close behind in third place was Dick Zuley, bringing home a \$10 gift certifi-



(left to right) Sgt. 1st Class Micheal Cook and Chaplain (Maj.) John Terrell warm up before the racquetball tournament last weekend.

cate and a set of racquetballs as well.

After the two long days on the racquetball courts, victory was sweet and Reed was savoring the flavor as number one.

With the tournament over, and undoubtedly more to come, Reed will defend his title as the tournament champion and go head to head with the rest of the racquetball fanatics here.

NAVBASE/JTF sluggers take 3rd in tourney



The NAVBAS Guantanamo men's softball team recently competed in the Southern Atlantic Regional Sports tournament, finishing in third place out of 11 after coming back from a first-round loss.

They lost their first game to the Naval Station Mayport team and clawed their way out of the losers bracket winning four games in a row to make the championship round of the top three teams.

In the championships, they lost to the NAS Jacksonville team, who took second place, losing to NS Mayport who took first place.

15 Minutes of Fame...

*Spc. Brandon Slaughter
984th MP Company*

Red Dog deploys, improves, and makes first visit to the beach

Interview and photo by
Sgt. Dan Johnson

Spc. Brandon Slaughter, who calls Horsecave, Ky., home, joined the Army almost two years ago to gain law enforcement experience, but since then, he's decided that the Army could be the right career choice for him.

Q: Have you been to college?

A: No, but the Army has "eArmyU.com" where you can earn a degree online. I want to start with an associates degree in criminal justice.

Q: Why did you join the Army?

A: I joined for experience in law enforcement. When I joined, I wanted to become a state trooper in Kentucky, but I don't see myself getting out of the Army. If I decide to make a career out of it, I plan on becoming a command sergeant major some day.

Q: What kinds of goals have you set for yourself during this deployment?

A: One of my personal goals has been to get out of debt ... but I want to quit using chewing tobacco too. I've started going to the gym since I've been here and I plan to keep that up when I get home.

Q: What kind of leadership style would you say you have?

A: Well, I do like to teach when and where I can. If someone came to me and needed to know something, I'd try to find out what they needed to know. As long as someone is trying, I'm always willing to



Spc. Brandon Slaughter of Fort Carson, Colorado's, 984th Military Police Company exits Sallyport 1 after a day inside Camp Delta. Slaughter oversees the welfare of the detainees as part of his job as a guard inside Camp Delta.

help.

Q: What will you miss most about being down here at JTF Guantanamo?

A: The beaches. I've never been to the beach before. At home, we don't get to see the beach everyday. When we first got down here, I went snorkeling every chance I got. It's fun to go to the beach, but it's also relaxing. It's cool to see the different fish, and the reef.

Q: How's your experience at JTF Guantanamo changed your life?

A: I've learned that things are not always as bad as they seem. There's always a good point and a bad point to every situation. I know now that, on active duty, even though things aren't always going smoothly, we do things for a purpose. I think that's prepared me for a future in the Army.

Q: What do you feel has been your most significant achievement since you've been here?

A: Improving myself financially has been really important, so saving money is probably the biggest one.

Q: What's the first thing you want to do when you get home?

A: I can't wait to drive my truck. I drive a 2002 Ford F-150. I think I want to drive to a really nice restaurant for a steak.

Q: Tell me about your family.

A: I have three older brothers, one of whom just got out of the Army (10th Mountain Infantry Division). My Grandfather, who was a World War II veteran, passed away while I was here, so that had a pretty big impact on me. He was infantry also.

Q: What type of impact did your family have on your decision to join the Army?

A: It had a big impact. My brother would come home on leave and talk about all of the fun things that they did like going Airborne and Air Assault, which are some of my future goals.