

Whiting Tower

NAS Whiting Field, Milton, Fla.

"THE WORLD'S MOST EFFICIENT NAVAL AIR COMPLEX"

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Hendrix Hired On as Whiting Field's First SLO

By Jay Cope, NAS Whiting Field Public Affairs

As family members relayed problems with repeated transfers to Navy officials, it became apparent that the hardships of moving from school to school were stressing many families and causing separations from service. Since transferring from location to location is often necessary for the needs of the Navy, officials looked to ease the problems by providing School Liaison Officers (SLOs) at each installation.

The SLOs serve as liaisons between families and the schools and can help military members as a proven information resource and referral agent when concerns arise.

Naval Air Station Whiting Field recently hired its SLO, and while Chris Hendrix is still settling in to his new job, he is already working on ways to help families coordinate better with local schools.

He has created two new information packets to provide to military families. One was prepared to detail the job of the SLO and another for people transferring with data about the schools, enrollment processes, and more.

"Anything I can do to help the families with their educational transitions, I will do," Hendrix said about the



Chris Hendrix, the new Schools Liaison Officer for NAS Whiting Field, works at his desk in the MWR wing of the new Atrium building. Hendrix is part of MWR since his position is associated with the child development center on the base. His job is, at least partially, to help transitioning families ease their coordination with local schools. U.S. Navy photo by Lt. j.g. Daniel Ammons-Moreno.

job. "This is a new program and it will evolve to meet the needs of the people here."

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Naval Aviation Physiologist of the Year Award

By Lt. j.g. Daniel Ammons-Moreno and Jay Cope, NAS Whiting Field Public Affairs

Training Air Wing FIVE's Lt. Thomas Jones was recently recognized as the Navy's Physiologist of the Year. Jones earned the award for the 2008 calendar year.

The award annually recognizes the significant contributions of an individual in the Naval aerospace physiology field. The selection criteria review impact on the command's mission, leadership qualities and the superior performance of the individual as well as those under his command.

Jones earned the award based on his contributions to TRAWING-5's various flight missions.

"Single-handedly, Lieutenant Jones has driven the Navy's premier night imagery threat evaluation (NITE) laboratory to excellence, rated outstanding during all model manager inspections. His astute supervi-

- (Cont. on Page 5)



Flying High

Lt. Thomas Jones receives the Naval Aerospace Physiology Program Physiologist of the Year Award from Rear Adm. Mark Guadagnini, Chief of Naval Air Training. U.S. Navy photo courtesy of Training Air Wing FIVE.

Navy Unveils Self-Apply Option for PCS Orders

From Navy Personnel Command Public Affairs

MILLINGTON, Tenn. (NNS) -- The latest upgrade to the Navy's detailing system empowers Sailors by allowing them to submit their own job applications when negotiating for permanent change of station (PCS) orders, according to NAVADMIN 200/09, released July 7.

Career Management System Interactive Detailing (CMS/ID), is a Web-based system that allows Sailors to view available job assignments and make applications through their command career counselors when looking for PCS orders. Beginning with the July 9 CMS/ID application cycle, many Sailors will have the ability to submit applications on their own.

"More senior Sailors already understand the detailing system and know what they should be looking for. The self-apply option is good for them. This frees up the career counselor to work with junior Sailors who may have never negotiated orders before and need help navigating the system," said Chief Warrant Officer Samuel Kirkland, assigned to OPNAV N16 Fleet Introduction team.

The OPNAV N16 Fleet Introduction Team tests and validates manpower, personnel, training and education applications currently being used by Sailors. CMS/ID Self-Apply option was tested at 15 different commands including ships, shore units and squadrons during a five-month period.

"The feedback has been very positive. We found that Sailors liked the empowerment," said Kirkland.

"Sailors have been asking for it, and the Navy really delivered," said Senior Chief Navy Counselor (SW) Veronica Holliday, assigned to Navy Region Southwest in San Diego. Holliday's command participated in the CMS/ID Self-Apply operational test earlier this year.

"We love it. It is like what a lot of major businesses already do, where you apply online or at an application kiosk," said Holliday.

While this new option allows Sailors to apply for jobs on their own, the career counselor will still retain the option to review and modify requests.

"It does not take the command out of the process because we have to review the applications to make sure Sailors apply to the right jobs for their career path," said Holliday, who verifies applicants at her command meet physical readiness standards, sea-shore flow requirements and other factors.

Before getting started, Sailors must meet Perform to Serve requirements as outlined in NAVADMIN 017/09 and 161/09 and be within their orders negotiation window in order to submit applications. Sailors can access CMS/ID online at <https://www.cmsid.navy.mil>. A common access card (CAC) and a card reader are required to log in.

Sailors without Internet access should continue to communicate with their detailers through the career counselor and the chain of command.

For more details read NAVADMIN 200/09.

TRICARE NOTE

TRICARE RESERVE SELECT PLAYS VITAL ROLE IN CONTINUITY OF COVERAGE FOR RESERVE COMPONENTS

TRICARE Reserve Select (TRS) is a premium-based health plan that qualified National Guard and Reserve members may purchase. TRS offers coverage similar to TRICARE Standard and Extra. It is available worldwide to most Selected Reserve members (and families) when not on active duty orders or covered under the Transitional Assistance Management Program (TAMP).

Who is eligible? National Guard and Reserve members may qualify to purchase TRS coverage if they are: a member of the Selected Reserve of the Ready Reserve or not eligible for or enrolled in the Federal Employee Health Benefits (FEHB) program. TRS is only available when you are not eligible for any other non-premium-based TRICARE health coverage. Qualified members may purchase Member-Only or Member-and-Family coverage.

What does it cost? TRS Member-Only: \$81 per month (Cost will change effective 2009 to: \$47.51 per month) or TRS Member-and-Family: \$253 per month (Cost will change effective 2009 to: \$180.17 per month).

How do I enroll? Mail or fax your completed TRS request form along with the first month's premium payment to Humana Military within the specified deadline. You must submit an initial payment equal to one month's premium with your completed TRS Request Form to begin coverage. Premiums can be paid by check, money order or cashier's check (payable to the regional contractor), or by Visa/MasterCard.

How do I pay my fees electronically? Once you are enrolled, you have three options for paying your monthly premiums: . Electronic Fund Transfer (EFT)/Automatic Bank Withdrawal, Automatic Credit/Debit Card Withdrawal, Direct Billing DD Form 2876 TRICARE Prime Enrollment Application and PCM Change Form and sign sections V and VI.

News and Notes

ID Card Office Has New Home - The ID card office has officially moved! They are located in the Pass and Tag bldg (48A) near the front gate. The office will open for business beginning July 9. Please call the office at (850) 623-7159 with any questions. Hours will be: Monday-Friday 0730-1500. They will be closed July 23 and July 24 for maintenance of equipment.

Legal Service - The NAS Whiting Field Legal Office now offers additional legal assistance hours. A legal assistance attorney will be available for walk-ins on Mondays and appointments will be made on two additional days each week. Call 623-7231 or 7232 for an appointment or more information.

Sounds of Summer - Join us at the Quitewater Shell on Pensacola Beach for free outdoor concerts! On Friday, July 24, Not Guilty will be performing. On Saturday, July 25, After Hours takes the stage, and on Sunday, July 26, Michelle West will finish out the concerts. Lawn chairs and blankets are welcome; sorry no pets or glass containers. Concerts run from 6 to 8 p.m.. Call 932-2257 for more information.

UFO Tours! - Ride the red trolley and see the sights that made Gulf Breeze the UFO capital of the world! Tours are at 8 p.m. on Saturdays through Sept. 5. Tickets are priced at \$25 for adults and \$5 for children. Reservations required; call Denise Daughtry at 435-0917 or visit www.fiveflagstrolley.com.



Hammering Home the Value of Training
Thwack! Aviation Boatswain's Mate 3rd Class Carlos Segura swings his red hammer against "the sled," one of several obstacles that Crash Division trains on each week. Other obstacles include carrying a 135 pound dummy and pulling approximately 50 pounds of hose across 100 feet of rough pavement. This obstacle course is one small part of a rigorous training regime designed to keep rescuers at the highest levels of readiness. U.S. Navy photo by Lt. j.g. Daniel Ammons-Moreno.



Damage Control Starts Young
Aviation Boatswain's Mate 2nd Class Michael Hutchins instructs Sea Cadets in Navy damage control. The Sea Cadets spent a week at Naval Air Station Whiting Field engaging in activities such as boot camp, drill, and damage control. A special thanks to divisions around the base such as Crash Division for assisting with this successful endeavor. U.S. Navy photo by Lt. j.g. Daniel Ammons-Moreno.

Information Tickets and Travel New Home - Just a reminder that the MWR ITT Office has moved from the Bowling Center and is now located in Building 1417, Room 182 (same building as the Atrium). Hours of operation are Mon-Fri, 9 a.m.-5 p.m.. New telephone number is 623-7032. The ITT office now is able to help with rental cars as well. Call for details.

Sunsets at Plaza de Luna - Every Thursday through Oct. 29, Plaza de Luna comes to life with music, entertainment, and sunsets. This week features music from Bella Orange and an appearance by Barbie. The fun begins at 5:30 p.m. and is free. Call 435-1603 for information or visit www.cityofpensacola.com/cra/live/.

Challenger Sports Soccer Camp - Pensacola Naval Air station will host a Challenger Sports British Soccer camp Aug 3-7 at the youth complex on the base. The camp has sessions available for all youth ages from three to teens. The British coaches not only stress techniques, but strive to teach positive character traits as well. Check www.challengersports.com for more information.

Fall Soccer Leagues - Register now for the youth fall soccer leagues at NAS Pensacola's youth center bldg. 3690. Registration Fee is \$50. Call 452-2417 or 452-3810 for more information. ITT now has tickets to the Pensacola Pelicans games. Cost for tickets is \$5.50.

From Liberty and ITT - Four on four beach volleyball tournament on July 29. Contact Todd Mooneyham @ 665-6102 for more information. Wild Adventures theme park trip: August 15. Contact ITT at 623-7032 for details.

Babysitting Class - The American Red Cross will be providing FREE Babysitter's Training courses for military family members, ages 11-15: Jul 25 - Eglin AFB - 9:00 a.m. to 3:00 p.m.; Aug 3 - NAS Whiting Field, Fleet and Family Support Center - 9:00 a.m. to 3:00 p.m.; and Aug 8 - Eglin AFB - 9:00 a.m. to 3:00 p.m. Participants will receive: Babysitter's Training Certificate, Babysitter's Training Handbook with CD-ROM, and Babysitter's Training Portfolio. Pre-registration is required by calling 800-773-7620, ext. 0

Upcoming Events

July 23, 1000 - HT-8 CoC - Naval Aviation Museum
July 31, 1300 - Winging Ceremony - Base Auditorium
Aug. 2-8, All Day - Navy League PO Leadership Training
Aug. 6, 1000 - NASWF Staff Assoc. Golf Tournament

Aug. 14, 1300 - Winging Ceremony - Base Auditorium
Aug. 14, 1830 - Community Appreciation Luau - Wings Club
Aug. 20, 0900 - FFSC Job Fair - Sikes Hall
Aug. 20, TBD - Rollout of First T-6B Aircraft at NASWF

Fleet and Family Support Center Classes

Welcome to Whiting! - Every Thursday 1000 - 1200

If you are new to NAS Whiting Field or just want to learn more about the Milton - Pensacola area, this class is for you! Come find out about MWR and other recreational facilities, hurricane preparedness, things to do on the weekend, the FFSC and other support services available! Children are welcome and this is a great opportunity to meet new friends! Call to sign up at 623-7177.

Ten Steps to a Federal Job - Monday, July 27, 0800 – 1000

“Is it worth your while to invest your time and effort in searching and applying for a Federal Job?” If your answer is “yes”, then you need to attend this class in order to learn how to prepare the best application possible. You will learn how to read an announcement, analyze core competencies for language, analyze vacancy listings for keywords, and how to apply for jobs. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

Smooth Move - Friday, July 31, 1000 - 1200

Make your next change of duty station move a smooth one. Learn what resources are available to you and five key steps to minimizing stress during the relocation and transition period:

1) Get to Know Your FFSC Relocation Assistance Program Specialist.

- 2) Develop A Plan of Action.
- 3) Know Your Benefits.
- 4) Manage Your Moving Day.
- 5) Make it a Family Affair.

For more information, call NAS Whiting Field Fleet and Family Support Center at 623-7177.

Navy Standardizes Suitability Screening for IAs

- *Commands to Ensure Each Sailor Has an Individual Coordinator*

By Mass Communication Specialist 1st Class (SW/AW) **Bleu Moore, U.S. Fleet Forces Public Affairs NORFOLK (NNS)** -- Individual augmentee (IA) Sailors continue to be an integral part of the Navy's support of the country's wars and beginning July 20, each IA Sailor reporting to Navy Mobilization Processing Site (NMPS) will have to complete the new expeditionary screening checklist.

NAVADMIN 180/09, also called IA Gram 6 released June 2009, addresses the suitability screening requirements for all IAs to include physical, mental, dental and administrative readiness. The new expeditionary screening checklist replaces the Expeditionary Combat Readiness Command checklist currently in use.

With more than 14,000 Sailors presently on IA orders, establishing standard expeditionary screening requirements is imperative. Improper screening can cause undue hardships on Sailors and their families, impose additional burdens on commands, increase the number of fallouts, and degrade the Navy's overall readiness.

An IA Sailor's parent command and the Navy Operational Support Center (NOSC) must ensure all IAs

complete, within 30 days of receiving IA orders, the Expeditionary Screening checking in regard to MILPERSMAN 1300 – 318 and BUMEDINST 1300.3. MILPERSMAN 1300 – 318 is the policy and procedures for GSA, IAMM, and RC Mobilization assignments for all officers and enlisted personnel. BUMEDINST 1300.3 is an instruction that requires all IAs to be medically screened, including specific medical requirements for a specific geographical location or area of responsibility.

One major duty of parent commands and NOSC is to ensure each IA Sailor has a command individual augmentee coordinator (CIAC) assigned to them. The CIAC provides personal, one-on-one information and support to IA Sailors and their families before, during and after an IA deployment.

For further information on NAVADMIN 180/09, visit www.ia.navy.mil and select “IA Grams.” The Expeditionary Screening checklist can be found at https://www.npc.navy.mil/CareerInfo/Augmentation/Expeditionary_Screening/.

For more news from U.S. Fleet Forces Command, visit www.navy.mil/local/clf/.

Hendrix

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There are five major tasks that each SLO is expected to achieve: be the subject matter expert for educational issues, ease transition issues, help with deployment concerns, serve as a home school liaison, and support post secondary aspirations for military children. Hendrix is responsible for helping military families within a 100 mile radius.

The first one is probably the most important, since as people have questions about local educational programs and opportunities, Hendrix is now the primary referral point for questions.

His background leaves him uniquely suited for the job given he has a military and education background as well as local ties.

Hendrix grew up in Cantonment, Fla. and has numerous family members who attended Milton High School. He spent seven years serving honorably in the Army before leaving on a medical discharge. After some time spent coaching school sports on a volunteer basis, Hendrix decided that teaching was for him. He earned his teacher's certificate from University of West Florida through the Veterans' Administration and spent more than six years teaching Algebra and Geometry at Milton High School and West Florida Tech.

Combining that experience into one career gave

Hendrix what he called his "dream job."

"I have a great job where I get paid to help military families with children," he said. "I love the military and what they do for our country. And I love working with children and doing what I can to help them succeed."

People who would like to learn more about the SLO program or need assistance coordinating with local schools should call Chris Hendrix at 850-665-6105 or email him at christopher.p.hendrix@navy.mil.

Chalkboard Minutes

Hendrix will be periodically providing snippets of information about school or education related programs to the paper. We will be calling these briefs, Chalkboard Minutes. This is the first such submission.

eKnowledge Corporation, the leading supplier of interactive learning software for college test preparation is donating \$200 Test Prep Programs FREE to military families worldwide. Eligible recipients (Active Duty, Reserve, Retired, Guard, and military relatives are eligible to receive free programs) may order the software by visiting: www.eKnowledge.com/military.

Physiologist of the Year

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sion of the highest volume NITE lab in Naval service has enabled training of over 50 percent of all new Naval aviators in this critical warfighting skill," according to the award citation.

The citation also praised his contributions to significantly reducing air sickness attrition rates at the training command and implementing over-water safety devices for the T-6B aircraft.

Reducing air sickness attrition is mutually beneficial to both the Navy and the pilot. Both instructors and students can become a victim of air sickness, and the work that Jones does enables the pilots to continue on in their career and prevents the Navy from losing the money spent on pilot training. In fiscal year 2008, Jones saved the Navy \$780,000 in pilot training.

Jones was ecstatic to learn of his selection for this award:

"The other physiologists that were in the running for the award were of the highest caliber. I am extremely honored to be the recipient."

Jones also praised Colonel John Walsh and retired Colonel Wayne Forbush for enabling him to achieve this distinction.

"Without them, I wouldn't have accomplished nearly as much."

Jones received a Navy and Marine Corps Commendation Medal from TRAWING-5 in addition to the Physiologist of the Year award.



Happy 66th Birthday NAS Whiting Field!

Pictured left to right, Cmdr. Mark Murray, Cmdr. Jeffrey Plummer, Capt. Enrique Sadsad, and Lt. Cmdr. Leaf Ballast cut the cake commemorating the 66th Anniversary of Naval Air Station Whiting Field. Sadsad praised the efforts of everyone aboard NASWF and stated the "work output of NASWF is unparalleled." U.S. Navy photo by Lt. j.g. Daniel Ammons-Moreno.

Congrats to TRAWING-5 Wingers and Scholars



First Row: Cmdr. Mark Murray, USN; 1st Lt. Bradley Gibson, USMC; Lt. j.g. Todd Galvin, USN; Lt. j.g. Nicole Scherer, USN; 1st Lt. Daniel Murphy, USMC; Capt. Enrique Sadsad, USN. **Second Row:** Cmdr. Christopher Heaney, USN; Lt. j.g. Ramon Purifoy, USN; Capt. Michael Rogers, USMC; 1st Lt. Robert Debeneadto, USMC; Lt. j.g. Jeremy Hans, USN. **Third Row:** Lt. Col. Clay Stackhouse, USMC; Lt. j.g. Sam Dirickson, USN; Lt. j.g. Roland Biehle, USN; 1st Lt. Christopher Fouts, USMC; Lt. j.g. Jeremy Severson, USN; Col. John Walsh, USMC.



Left Photo: Academic Achievement Award recipient, Ens. Christopher M. Babcock, USN, stands with Advanced Academic Achievement Award honorees, 1st Lt. Kenneth E. Hampshire, USMC; Lt. j.g. Charles G. Morris, USN; 1st Lt. Karla L. Lazenby, USMC; Lt. j.g. Christopher P. Kofoed, USN; and 1st Lt. Megan L. Bustin, USMC; shortly after receiving their awards at TRAWING-5 headquarters July 10.



Right Photo: Academic Achievement Awards were presented to Ensign Robert Camsfield, USN; 1st Lt. DeWayne Papandrea, USMC; 1st Lt. Matthew Dupre, USMC; Ensign Daniel Behrens, USN; Lt. j.g. Ryan Roy, USN; Ensign Jeffrey Ryan, USN; Lt. j.g. Micheal Niemi, USN; Ensign Matthew Robinson, USN; Capt. Jakob Waade, RDAF on July 17 at TRAWING-5 headquarters.