

Whiting Tower

NAS Whiting Field, Milton, Fla.

"THE WORLD'S MOST EFFICIENT NAVAL AIR COMPLEX"

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Base Says Fair Winds to Member of the Whiting Family

By Jay Cope, NAS Whiting Field Public Affairs

As friends and coworkers lauded Danny Cook's accomplishments during his 34 years working for Naval Air Station Whiting Field, one consistent theme emerged - family. Capt. Enrique Sadsad, commanding officer for the base, even reminded him that he is a part of the family and is always "welcome home."

"This has been a good base to work for," Cook said. "No other base I know of has this family atmosphere. I couldn't have asked for better friends or a better place to work."

While he praised the base's staff for their close knit relationships, others paid tribute to Cook's devotion to his own family.

"I know public works comes somewhere after God, country, and family for Danny," Lt. Cmdr. Leaf Ballast, the public works officer, said with a smile, "and that's how it should be...I could go on and on about his accomplishments, but all you have to do is walk around the base. Danny has his hand in all of it, and his pride in how it looks is obvious."

The retirement ceremony served as the capstone for



Lt. Cmdr. Leaf Ballast, NAS Whiting Field public works officer, presents Danny Cook with the Meritorious Civilian Service Medal during his retirement ceremony July 2. U.S. Navy photo by Jay Cope.

a career spent working up through the ranks. Cook started his career in 1975 as a woodcraftsman. A few years later he earned advancement to carpenter foreman. Shortly thereafter

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NL Honors Spouses

The Navy League, Santa Rosa County Council will hold their 1st Annual Spouse Appreciation Luncheon, Thursday, July 16, 2009 at the Naval Air Station Whiting Field Atrium.

The luncheon runs from 11:30 a.m. to 1 p.m.. The event is free for all military spouses, and other guests are \$15 per person.

The guest speaker for the event is retired Vice Adm. Gerald Hoewing. There will also be door prizes, a fine menu and more. Please RSVP at 623-2339.

The Navy League desires to make this a special and memorable event for those who stand beside our brave men and women in the military.

Performance is Key in Navy

By Mass Communication Specialist 1st Class (AW) LaTunya, Howard, Navy Personnel Command Public Affairs

SCHAUMBURG, Ill (NNS) -- The director of the Navy's Personnel, Plans and Policy Division spoke about the importance of performance for Sailors in today's Navy during the 21st annual Navy Counselor Association (NCA) Symposium June 15.

"Performance matters to young Sailors today," said Rear Adm. Dan Holloway, who oversees policy and programs for the chief of naval personnel. "In our Navy we'd like to think under 'Perform to Serve' that you have to compete to stay."

Perform to Serve is Navy's centralized reservation system used to manage reenlistments of Sailors E-6 and below with less than 14 years of service.

While most Sailors are permitted to reenlist in their current rate, Sailors in overmanned ratings may be offered conversion to an undermanned rat-

- (Cont. on Page 6)

"We're a world-class Navy with world-class pay and benefits, and we demand world-class performance."

- Rear Adm.
Dan Holloway,
Director, Navy Personnel
Plans and Policy

CNO Places Summer Safety at Navy Forefront

By Mass Communication Specialist 2nd Class (SW) Rebekah Blowers, Chief of Naval Operations Public Affairs

WASHINGTON (NNS) -- Chief of Naval Operations (CNO) released a podcast June 26 about the importance of summer safety.

Adm. Gary Roughead, CNO, said that the summer is a busy time for Sailors and their families, as they make permanent change of duty stations or take summer vacations.

"It's important as all of this is going on -- as we're moving, as we're enjoying our time with our families -- that we keep safety in mind and that we think about the risks associated with what we're doing," Roughead said.

CNO talked about being safe in and around the water, on the road and about the hazards of drinking and operating any kind of motor vehicle -- whether it be a car, a boat or a motorcycle. He emphasized that operational risk management should be at the forefront of every Sailor's mind.

"My goal, my desire is that when this summer is over, we can look back on it and have had the safest summer we have ever had, and that all of our shipmates that we started the summer with are still with us when we end it," CNO said.

To listen to the podcast, visit http://www.navy.mil/media/audio/cno/6.25.09_CNO%20SUMMER%20SAFETY%20podcastWEB.mp3.



Chief of Naval Operations Adm. Gary Roughead is placing added emphasis this summer on safety. "My goal, my desire is that when this summer is over, we can look back on it and have had the safest summer we have ever had," Roughead said. U.S. Navy file photo.

Navy Working Uniform Now Authorized Off Base

By Senior Chief Mass Communication Specialist (SW/AW) Bill Houlihan, Master Chief Petty Officer of the Navy Public Affairs

WASHINGTON (NNS)-- The Navy Working Uniform (NWU) is now authorized for wear off-base, during routine stops and at eating establishments during the prescribed workday.

In NAVADMIN 188/09, Chief of Naval Operations (CNO), Adm. Gary Roughead, expanded the occasion for wear policy, which has been in place for six months.

Roughead consistently stated that the possibility for changing the policy hinged upon a timetable driven by the Navy's chiefs' mess.

Once the leadership mess provided feedback to Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick West, indicating that Sailors across the Navy understood the correct manner to wear the uniform, it was understood that he would recommend to CNO and Chief of Naval Personnel (CNP), Vice Adm. Mark Ferguson, when the time was right to allow the uniform off base.

According to West, that time is now.

"Communication from the Force and Fleet Master Chiefs has been unanimously positive. Our Sailors are ready to introduce this uniform to the American public," said West. "That's what CNO was waiting for and this decision is a direct result of chief petty officer (CPO) feedback. It's been sincerely gratifying to be able to watch this process work as well as it has."

The policy differs from the language in NAVADMIN 343/08 in that, up to now, routine stops were not allowed. That meant Sailors were prohibited from visits to child care centers, gas stations, brief stops at convenience stores or banks. Now those stops are authorized.

"Our Sailors are proud of this uniform," said MCPON. "This has been the number one feedback item from the fleet since I took office, (Dec. 12, 2008) and they have not been shy about their wishes to wear this uniform in town. Our Sailors have been trained to wear it and will wear it proudly."

West underscored the importance of waiting for the right time to open up the occasion for wear policy. He said that while many wondered why the original wear policy was put in place, it was important to ensure every Sailor knew how to wear

it before allowing it outside the lifelines of ships and bases. He also said he kept a close eye on various regions to see how aggressive leadership was in training the fleet to wear the NWU.

"I watched Navy Region Mid-Atlantic and I saw how the chiefs in that region were engaged in getting this right from day one. The training was consistent and it was effective. They deserve a lot of credit for the expanded policy, because they did it the right way in the largest fleet concentration area. Leadership engagement coupled with Sailor feedback was what drove this recommendation (to expand the policy) to CNP and CNO."

The revision includes aligning the NWU and Camouflage Utility Uniforms (CUUs) occasion for wear policies and offers more flexibility than the rules governing the wear of other working uniforms.

The transition to the NWU will continue as stipulated in NAVADMIN 343/08. Multiple regions across the United States and overseas are still not wearing the NWU due to distribution constraints.

"I look forward to seeing the public's reaction to our new uniform," said West. "And I know our Sailors are eager to get out there and show it off."

News and Notes

ID Card Office Has New Home - The ID card office has officially moved! They are located in the Pass and Tag bldg (48A) near the front gate. The office will open for business beginning July 9. Please call the office at (850) 623-7159 with any questions. Hours will be: Monday-Friday 0730-1500.

Legal Service - The NAS Whiting Field Legal Office will offer additional legal assistance hours beginning Monday, July 6. A legal assistance attorney will be available for walk-ins on Mondays and appointments will be made on two additional days each week. Call 623-7231 or 7232 for an appointment or more information.

Farmers' Market - The Riverwalk Farmers' Market will be held behind the Santa Rosa County Courthouse Thursdays, Saturdays and Tuesdays from 7 a.m. to 1 p.m.. The event is on N. Willing St. in Milton and artists and crafters may purchase one-day slots for \$10. Call 626-6246 or visit 222.mainstreetmilton.org for details.

Zoo Tots - The Zoo Northwest Florida on Gulf Breeze Parkway offers a train ride, story time and animal encounters for children 5 and under Tuesdays. Punch cards for eight visits are \$40 for adult with toddler, and \$7 for individual sessions. Call 932-2229 for more information.

Information Tickets and Travel New Home - Just a reminder that the MWR ITT Office has moved from the Bowling Center and is now located in Building 1417, Room 182 (same building as the Atrium). Hours of operation are Mon-Fri, 9 a.m.-5 p.m.. New telephone number is 623-7032. The ITT office now is able to help with rental cars as well. Call for details.

Sunsets at Plaza de Luna - Every Thursday through Oct.



Restoring History

Flight students from Training Air Wing 5 stormed the historic Old Bagdad Post Office and Museum for four days in June, restoring the Post Office and several outbuildings. As part of community outreach efforts, 35 students cleared branches and debris from the property, pressure washed and painted the buildings, and dug post holes for a new sign and fence. Michael Johnson, of the Bagdad Village Preservation Association stated that he was impressed with the help these students provided: "I would do it all again next week just to hang with the hope of America. Four days with 35 young men and one young lady who is willing to give it all for our future. They have lifted my spirit." Photo by Michael Johnson.



Clean Up Crew

As part of the 25th annual Rivers Clean-up, 16 students and 2 staff members from Training Air Wing FIVE, including Lt. Lena Buettner and Lt. j.g. Audrey Nicholson (pictured above), worked to clean the Blackwater River and Coldwater Creek. The volunteers piloted nine canoes down the rivers and returned with 17 bags of trash weighing nearly 800 lbs. Along the way, the volunteers took time to cool off by jumping in the pristine waters and swinging from a rope swing on the banks of the Blackwater. The Rivers Clean-up is sponsored by the Santa Rosa Clean Community Systems Rivers Watch Group. Canoes were provided by Adventures Unlimited and the Navy Boat Docks. Two more clean-ups are planned for July and August. Photo by Ens. Melinda Montano.

29, Plaza de Luna comes to life with music, entertainment, and sunsets. This week features music from Bella Orange and an appearance by Barbie. The fun begins at 5:30 p.m. and is free. Call 435-1603 for information or visit www.cityofpensacola.com/cra/live/.

Gone Fishing - Base ponds located on the East of the base (along the Golf Course Road) are now open for fishing for "Catch and Release Only". You will be required to follow Florida state fishing regulations, meaning a fresh water fishing license is required. Please be aware of wildlife around the area. Several poisonous snakes (Water Moccasins) have been spotted around both of the ponds and can be aggressive.

Navy Ball Theme Contest - We are looking for ideas for this year's NAS Whiting Field Navy Ball theme. If your idea is selected, it will come with a free ticket to this year's ball. Please forward your theme ideas directly to me via e-mail or at X7372. Entries for the contest will close at 4 p.m. July 13. Good luck!

Marriage Enrichment - There is a CREDO marriage enrichment retreat in Mobile this weekend July 10-12 with spots still available. Interested participants should register through CREDO Southeast at 904-542-3923. The program begins on Friday evening and ends lunchtime Sunday. The setting enhances and supports the ability of a couple to get away from the distractions of life to improve their marriage relationship. Activities will increase a couple's ability to understand one another better and communicate on a more intimate level. Private rooms and bathrooms as well as meals are provided free. Couples discover ways to: Better handle conflicts, understand how they interact with their spouse, build intimacy and communication, become closer by strengthening the emotional, physical and spiritual aspects of their marriage, and take time to have fun with one other. Chaplain Summerlein (623-7211) can answer questions you may have about the retreat.

Upcoming Events

July 11, TBD - Navy League Cadet Orientation - Ops Auditor
July 16, TBD - Navy League Military Spouse Apprec - Atrium
July 17, 1300 - Winging Ceremony - Base Auditorium

July 31, 1300 - Winging Ceremony - Base Auditorium
Aug. 2-8, All Day - Navy League PO Leadership Training
Aug. 4, TBD - Capt. Sadsad Receives ADC Leadership Award

Fleet and Family Support Center Classes

Welcome to Whiting! - Every Thursday 1000 - 1200

If you are new to NAS Whiting Field or just want to learn more about the Milton - Pensacola area, this class is for you! Come find out about MWR and other recreational facilities, hurricane preparedness, things to do on the weekend, the FFSC and other support services available! Children are welcome and this is a great opportunity to meet new friends! Call to sign up at 623-7177.

Anger Management - Wednesday, July 8, 1300 - 1400

Is anger affecting your health, your relationships or your work performance? Learn to understand the causes and effects of unhealthy anger and how to express and release that anger in a healthy way! Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

Couples Communication - Thursday, July 9, 1800 - 2000

Are you newly married? Are you in a serious relationship? Have you been married a long time? If yes, then this workshop is for you. During this class, we will discuss the "Speaker/Listener Technique", a structured way to communicate effectively. This technique helps couples to talk about tough issues without resorting to fighting. Class will be held at the FFSC conference room. Participants must register in advance for all EVENING classes by calling the FFSC before noon on the day the class is being held. If the date and times listed are not convenient for you, you may call to schedule a time that fits better with your schedule. For more information, contact a Work and Family Life Specialist at 623-7177.

Money & the Move - Friday, July 10, 1000-1200

A Permanent Change of Station (PCS) move can be one of the most exciting adventures of your career as well as one of the best benefits. However, a PCS move can also become a financial disaster that can take months to recover from if not properly prepared for. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

Time Management - Wednesday, July 15, 1300 - 1400

At the end of the day, do you ask yourself "where did the day go?" and feel like you have accomplished very little on your list of "things to do?" If you answered "yes" to these questions, this class is for you. The information provided in this class will provide you with tools that will help you make the most of your busy and demanding days. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

Embry-Riddle to Hold Classes Toward A&P License

- Courses Will Prepare Students for Written, Oral, and Practical Exams



Embry-Riddle Aeronautical University's Pensacola Campus is offering the courses toward a certificate in Aviation Maintenance Technology. The courses in the Aviation Maintenance Technology program are designed to prepare students for the written, oral and practical exams for the Airframe and Powerplant (A&P) license.

This six course series can be completed in just three terms and may be applied as credit toward the Professional Aeronautics and Technical Management degree programs in addition to receiving the Aviation Maintenance Technology certificate and preparing students for the A&P, Federal Aviation Regulation Part 65 license. The A&P license awards as much as 30 credit hours toward the Professional Aeronautics degree.

Students who wish to take the courses for A&P licensure must obtain authorization to test from the Federal Aviation Administration. Experience requirements can found in Part 65.77 of the FAA Regulations. Visit www.faa.gov/fsdo/bhm

or call the FAA at (205) 731-1557 for more information or to obtain authorization. Embry-Riddle will pay for the exams if successfully completed during the break in between terms.

The classes will begin August 15 and will be held Saturdays on NAS Whiting Field.

For more information, contact Carol Monroe at (850) 458-1098 or email Pensacola.center@erau.edu

- Navy News -

Sailors Encouraged to Participate in Sexual Assault Survey

By Bruce Moody, Fleet and Family Support Program, Commander, Navy Installations Command

WASHINGTON (NNS) -- The Navy encourages active-duty Sailors to participate in a sexual assault study to assess the effectiveness of the Navy's Sexual Assault Victim Intervention (SAVI) program.

The Office of the Naval Inspector General (IG) is conducting the survey, which is available at www.ig.navy.mil/sastudy.htm. The survey was designed for active-duty personnel, is confidential, anonymous, and will be available for participation through Sept. 30.

Naval IG teams are also visiting installations around the fleet through the end of September. As part of the visits, they are facilitating focus group discussions to gain more insight from a fleet perspective, about the occurrences and command support during incidences of sexual assault. Each focus group will be composed of a cross-section of personnel and consist of approximately 20 people from various ranks.

The Navy's SAVI Program is managed by Commander, Navy Installations Command's Fleet and Family Support Program. The FFSC manages a variety of programs, including SAVI. These programs enhance Sailor and family preparedness, contributing to mission readiness.

The Navy is the first of the armed service to have

a dedicated program for sexual assault awareness, prevention, and intervention. Established in 1994, the program has recently shifted more focus toward prevention and is incorporating new initiatives based on civilian best practices and recent research.

"Sexual assault is a crime and will not be tolerated," said Paul Finch, SAVI's program manager. "It is a criminal act, incompatible with the Navy's core values; it dramatically affects morale and operational readiness. Senior leadership is committed to an effective and responsive SAVI program in order to ensure prevention, quality victim care and response and to holding offenders accountable."

In working toward this commitment, the Navy is sustaining a robust sexual assault prevention and response policy, identifying and eliminating barriers to reporting, ensuring that care is available and accessible to victims of sexual assault, and providing continuous, relevant, and effective training and education to all service members. All Navy commands have a 24/7 sexual assault response capability focused on victim support. Commanders ensure that female and male sexual assault victims (or survivors) have access to the assistance and resources to meet their needs and to provide a safe and professional work environment.

TRICARE NOTE

TAKE BACK THE LAZY DAYS OF SUMMER

TRICARE makes it easy to manage your health care needs. Here are four easy ways TRICARE can help you save a little summertime for yourself by surfing your benefits online:

1) Check TRICARE Eligibility

Simply log on to www.tricare.mil and click on "My Benefits."

2) Stop, Drop and Enroll

Stop off at www.dmhc.osd.mil/appj/address/indexAction.do and drop in any new contact or eligibility information in DEERS

3) Find or Change your Primary Care Manager or Make an Appointment to find a provider or change your PCM (primary care manager), visit www.tricare.mil/my-benefit/home/overview/Regions.

4) Stay Informed

TRICARE offers support and programs to help you or a loved one to manage a chronic illness, overcoming smoking, obesity or alcohol abuse issues. Log-on to www.tricare.mil/healthychoices for information about health, wellness, fitness and disease prevention.

BOOST Program Canceled

From Naval Service Training Command Public Affairs

GREAT LAKES (NNS) -- Broadened Opportunity for Officer Selection and Training (BOOST), a program intended to help junior Sailors become officers, was officially disestablished June 30, after being incorporated into the Seaman to Admiral-21 Program (STA-21).

The original BOOST program was a nine-month program that offered active duty enlisted men and women between the ages of 18-24 the opportunity to receive 10 months of extensive academic preparation in order to become more competitive for selection to the Naval Academy, Marine Corps Enlisted Commissioning Education Program and Navy/Marine Corps Reserve Officers Training Corps scholarship programs.

STA-21 is a commissioning program in which candidates maintain the pay, benefits, and privileges they enjoy as an active duty Sailor and receive a scholarship to attend a university. STA-21, now going into its ninth year, is a full-time undergraduate education and follow-on commissioning program, which provides selectees up to 36 month to complete their bachelor's degree.

For more information about STA-21, including eligibility requirements, visit <https://www.sta-21.navy.mil/>.

Whiting Field Says Fair Winds

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Capt. Enrique Sadsad, NAS Whiting Field commanding officer, presents Danny Cook with a base plaque on his last day of work prior to retiring. U.S. Navy photo by Jay Cope.

ter, he assumed responsibility for the masonry shop as well. He began working as an inspector in 1983 and was promoted to carpenter planner and estimator the next year. In 1993 Cook was hired on as the P&E supervisor until he became the first deputy public works officer in 2001.

Cook achieved much during his 34 years, and those achievements were recognized with the Meritorious Civilian Service award at the ceremony.

“Mr. Cook seamlessly provided superb facilities maintenance and support to Naval Air Station Whiting Field, including 13 Navy Outlying Landing Fields, and the U.S. Naval School Explosive Ordnance Disposal, with a combined plant replacement value of \$1.14 billion...his tenacious leadership ensure that public works products and services to supported commands were not interrupted,” stated the award citation.

But the greatest recognition of his service may have been a simple one sentence statement from Sadsad.

“Danny, the Navy and the Nation are stronger for all you have done.”

People from across the base then took time to present Cook with plaques and mementos to remind him of his time at Whiting Field, before it was his turn at the podium.

He said, with a grin, that retirement will give him time to work on his house...and his children’s homes. But he emphatically stated he will use the time to spoil his grandchildren. He called working at Whiting Field a privilege and an honor. And while the audience was there to thank Cook for his years of service, he turned the tables and closed out his speech with a very humble eloquence.

“Thanks you so much for allowing me to be a part of this great organization.”

Performance Is Key

- (Cont. from Page 1)

ing and Sailors with a poor performance history may not be granted permission to reenlist.

“We’re a world-class Navy with world-class pay and benefits, and we demand world-class performance,” said Holloway. “Every Sailor needs to understand that they’re competing right now with the very best.”

Holloway was one of many presenters at the 21st annual NCA Symposium where more than 600 Navy counselors, career counselors and command master chiefs met June 15-19 for training on the latest personnel policies and programs.

Military personnel, planning, policy and selective reenlistment bonuses were topics of Holloway’s presentation. He also defined the career counselor’s role in educating the Sailor with the latest information.

“The key function of the career counselor, especially in supporting stabilization, is to take policy that is put out in Washington, D.C., and take it to the deckplate to where the Sailor can understand the policy and the ramifications it has on his or her career,” he said.

The Navy has introduced several measures this year focused on stabilizing the force with the right Sailors in the right jobs with the right experience. Perform to Serve, which was first implemented in 2003, was expanded this year from E-4s with less than six years to E-6s with less than 14. The Navy also introduced the senior enlisted continuation board this year, which is an annual performance based review for time-in-grade eligible members of the chief petty officer community with more than 20 years of service.

DIVE IN MOVIE

Join us at the Wing’s Club for a pool side movie!
Saturday, July 18th 2009 at 8:00pm*

- Food & beverages available for purchase at snack bar
 - Must have ticket and ID for admission
- Adults 18 years and older may attend this event

FREE TICKETS AVAILABLE AT THE LIBERTY CENTER

JAWS



*Weather Permitting

*Limited tickets available. Deadline for ticket pickup Friday, July 17th

- Sports -

Whiting Field Teams Conquer Mosquito Bite Race

By Lt. j.g. Daniel Ammons-Moreno, NAS Whiting Field Public Affairs

How does a 44-mile race over various terrains with periodic obstacles and checkpoints sound? “A lot of fun,” said Lt. j.g. Joseph Plunkett, student pilot at Training Squadron SIX (VT-6).

Plunkett and his teammates, Sean and Sera Groark started the first leg of their trek at 9 a.m. at the Mosquito Bite Race hosted by Naval Air Station Pensacola. Plunkett’s team was one of several from NAS Whiting Field that competed in the April 25 race.

His team finished first in the co-ed division of the race with a time of nine hours and 18 minutes. The overall champion team also hails from NAS Whiting Field: Capt. Jarret Stricker, USMC, an instructor pilot from VT-6; Lt. j.g. Bob Hornick, USCG, another instructor pilot from VT-6; and Lt. j.g. Mike Flint, USCG, a student from Helicopter Training Squadron EIGHTEEN. They earned overall and men’s division titles with a time of seven hours and eleven minutes.

Stricker has competed in the competition before and said that this year’s competition was, “... clearly designed for the true adventure racer...it was legit.”

The race consisted of a six and a one-half mile run, a nine mile bike ride, a nine mile canoe stretch, and finished with another bike ride – 27 miles. The worst of it Stricker reported, was the two and a half hours spent rowing the canoe. “We didn’t see that event coming,” said Stricker.

The competition is more than just a distance race; there are checkpoints that can only be found by using a map and random obstacles that must be overcome by each team. The obstacles ranged from a fireman’s carry and a wall crossing to a riddle describing the location of check points, and the final obstacle was the Marine Corps obstacle course located right before the finish line. Additionally, team members must remain within 100 feet of each other at all times. Nearly thirty teams of three competed in the race and not even half completed the full race.

Both Stricker and Plunkett are looking forward to the next competition later this year; however, Stricker jokingly remarked that he will prepare for some canoeing this time around.



Capt. Jarret Stricker looks on as Lt. j.g. Bob Hornick carries Lt. j.g. Mike Flint in order to complete one of many obstacles for the Mosquito Bite Adventure Race. Their team finished first place overall with a time of seven hours and 11 minutes. Photo courtesy of NAS Pensacola MWR Dept.

Captain’s Cup Sports Calendar Updated

Here is the latest information about upcoming Captain’s Cup sporting events.

- * Softball runs through July 27, 2009.
- * 4 on 4 Beach Volleyball Tournament on July 29, 2009.
- * Indoor Volleyball Coaches meeting July 29 at 1 p.m. in the MWR conference room, Bldg 1417.
- * Indoor Volleyball starts August 3, 2009.
- * Golf Coaches meeting August 19 at 1 p.m. at the Golf Course.
- * Golf begins the week of August 24, 2009.
- * Horse shoes tournament on August 26, 2009.
- * Flag Football Coaches meeting Sept. 2 at 1 p.m. in the MWR Conference Room, Bldg 1417.
- * Flag Football starts September 8, 2009.

If you have any additional questions about the Captain’s Cup sports program contact Todd Mooneyham, the sports program coordinator, at 850-665-6102.

Captain’s Cup Standings

As of June 29, 2009

VT-2	48 PTS
VT-3	40 PTS
HT-18	28 PTS
HT-28	28 PTS
HT-8	26 PTS
C G	24 PTS
FIRE/SEC	22 PTS
ATC	18 PTS
CRASH	18 PTS
MWR	16 PTS
VT-6	12 PTS
L-3	10 PTS
MED	6 PTS
TW-5	0 PTS
PRI	0 PTS

Independence Day Celebrated by NASWF



Left photo: A Marine from Training Air Wing FIVE lowers the Blackwater Pirate flag and raises the national ensign after the pirate invasion of Milton was turned away. Capt. Enrique Sadsad, NAS Whiting Field commanding officer and seven enlisted crew members salute in the background.

Lower left photo: The Blackwater Pirates push Sadsad off the plank and into the drink during their invasion. Each year a prominent official from the area is selected for the “honor” of walking the plank.

Below photo: Aviation Boatswain’s Mate (ABH) Third Class Elroy Cooks, ABHAN Randal Stovall, ABH1 Jerry Lowe, and ABH1 Bradley Johnson put some of the finishing touches on the “Aircraft Carrier” float they helped build for entry into the Riverfest July 4th Boat Parade. The “carrier” took third place in the event and was one of the more popular displays pierside.

Bottom right: Sadsad directs the helm while taking charge of his first afloat command. The USS Whiting Field (CV-66) honored the sixty-sixth anniversary of NAS Whiting Field. The Skipper rode the “ship” during the boat parade and for much of the afternoon. U.S. Navy photos by Jay Cope and Lt. j.g. Daniel Ammons-Moreno.

