

# Whiting Tower

NAS Whiting Field, Milton, Fla.

"THE WORLD'S MOST EFFICIENT NAVAL AIR COMPLEX"

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## Floyd Retires After 30 Years Honorable Service

### - Master Chief Thanks Family/Friends for Support Over the Years

By Jay Cope, NAS Whiting Field Public Affairs

A full auditorium of family, friends and shipmates gathered together June 12 to say "fair winds and following seas" to a mainstay at Naval Air Station Whiting Field.

"We have come today to bid farewell to a shipmate," said Command Master Chief Hari Singh. "This ceremony should convey a grateful nation's appreciation for a job well done."

With those traditional words, Singh opened the ceremony to honor the accomplishments during Master Chief Aviation Boatswain's Mate John Floyd's distinguished 30-year career. A career that saw him make 15 major deployments – including five combat deployments, sail five oceans, and visit more than 20 countries on five continents. He has sailed on the USS Kitty Hawk (CV-63), USS Midway (CV-41), USS New Orleans (LPH-11), USS America (CV-66) and USS Bataan (LHD-5). Floyd also served two tours in Japan



Master Chief Aviation Boatswain's Mate John Floyd walks through the sideboys ending his 30-year Navy career, June 12. Floyd has seen a lot of change during his career, however, his transition to the retired ranks will mark only a small one as he will continue to serve as NAS Whiting Field's Training Officer. U. S. Navy photo by Jay Cope.

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## Whiting Field Frocks Sailors to New Ranks

By Jay Cope, NAS Whiting Field Public Affairs

Naval Air Station (NAS) Whiting Field recognized the accomplishments of soon-to-be-advanced Sailors during a frocking ceremony Tuesday, June 2 at the base auditorium.

The frocking ceremony is a Navy tradition that provides the selected Sailors an opportunity to wear the uniform and take on the responsibilities of their new rank before they are formally advanced. Second Class Petty Officers were frocked to First Class, Third Class Petty Officers will be frocked to Second Class and Airmen will be frocked to Third Class.

"It is a great day today," said Capt. Enrique Sadsad, commanding officer NAS Whiting Field to the selected Sailors. "My two favorite events are frocking and reenlistments. Congratulations. I know you put a lot of work into making today happen. If you aren't up here today, keep working. There will continue to be many opportunities for you in the future."

Eight Sailors from NAS Whiting Field were se-

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Newly frocked Air Traffic Controller Third Class James Sampang receives his frocking letter from Capt. Enrique Sadsad designating his ability to assume the responsibilities of his new rank. U. S. Navy photo by Jay Cope.

## From the Deckplate:



**CMDCM Hari Singh**

*Whether you realize it or not, we are in the midst of a historic movement in the Navy. Certainly, never in my 25 years of experience have I seen so much change in the uniforms that Sailors will and are wearing. It probably is one of the largest shifts in uniform wear in our service's history. And throughout the process, deckplate Sailors, in*

*wear tests, focus groups and surveys; had a say in the end product.*

*What we have now, is a thorough change in the uniforms we wear for office and daily work. We even have new uniforms for command fitness events. Uniforms that are still being improved based upon Sailor input. The Navy has spent a great deal of time and money to ensure we have the new uniforms that Sailors want to wear. From a usability, convenience, durability, and appearance standpoint, I hope you will agree that they are a huge improvement. Now, we have to ensure that we wear them well and wear them right.*

*Page seven of this issue of the Whiting Tower has a useful guide for the Navy Working Uniform (NWU) to help with new wear regulations. Recent NAVADMINS have provided guidance as well. Sailors are responsible for knowing the rules pertaining to the new uniforms, so check NAVADMINS 149/09, 312/08 and the uniform website [www.new-navy-uniform.com](http://www.new-navy-uniform.com) to keep abreast of current uniform issues.*

*The Navy Exchange here on the base also is able to help you with uniform issues and can answer many of the questions you may have. Smart Sailors will also work to get ahead of the uniform rollouts and purchase some of their items, such as name tags, in advance. The NWU will roll out at our local NEX on 01 October 2009, and I am working with the uniform department to make sure we have sufficient available sizes in their inventory.*

*The new uniforms are a major shift in the look of the Navy. Some people may prefer the look of the old uniforms, and in fact the issue has been somewhat contentious. However, the heavy majority of comments about the NWU uniform have been positive. The change is coming, and we have a great opportunity to participate in a new tradition of Naval service. Wear them with pride, Shipmates!*

## Force Stabilization Measures Taken Carefully Says CNO

**By Mass Communication Specialist 2nd Class (SW) Rebekah Blowers, Chief of Naval Operations Public Affairs**

**WASHINGTON (NNS) --** The chief of naval operations (CNO) recorded a podcast June 11 to continue his conversation with the



**Chief of Naval Operations (CNO) Adm. Gary Roughead discusses summer safety issues in an interview with Mass Communication Specialist 2nd Class Rebekah Blowers. The interview will be used to produce upcoming podcasts, which will be available for download on [www.navy.mil](http://www.navy.mil). U.S. Navy photo by Mass Communication Specialist 3rd Class Jhi Scott (Released)**

fleet about force stabilization.

Adm. Gary Roughead, CNO, discussed changes in the selective reenlistment bonus (SRB) program, special duty assignment pay (SDAP) program and an update on permanent change of station (PCS) moves. The purpose of the podcast was to assure Sailors and their families that the Navy is taking the rights steps to size, stabilize and structure the force now and in the future.

“What we do with regard to our pay and bonuses and special duty assignment pays is to make sure that we retain the very best Sailors with the right skills that our Navy needs today and will need in the future. It’s to keep the force balanced with the right seniority, the right experience and the right skill sets. And it’s also to focus on performance and advancing the careers of our top performers,” Roughead said.

CNO referenced the SRB NAVADMIN 176/09 released June 10, as well as the SDAP program, PCS moves and several other related messages available at <http://www.npc.navy.mil/ReferenceLibrary/Messages/>.

To listen to the podcast, visit <http://www.navy.mil/media/audio/cno/CNO%20FORCE%20STABILIZATION%20REDO%20WEB%20.mp3>

## News and Notes

**Commissary Happenings** - Throughout the summer, the commissary will hold monthly sidewalk sales with prices up to 70 percent off normal costs. This month's sale will be June 18 & 19. Products are expected to include: cereals, granola, fiber bars, box potatoes, Mexican foods, soups, sodas and more.

The commissary also is now stocking salads for the health conscious consumer. Caesar, Waldorf, Garden and Chicken salads with dressings are available.

**DEFY Sign Ups** - For everyone's convenience, Staff and Youth applications for the 2009 DEFY Program, as well as flyers about the program, are now available to download from the new NAS Whiting Field website at: <http://www.cnic.navy.mil/WhitingField/index.htm>. Please contact HM1 Clara Davis at the Branch Health Clinic at 452-8970 ext 120 or [clara.davis@med.navy.mil](mailto:clara.davis@med.navy.mil).

**Farmers' Market** - The Riverwalk Farmers' Market will be held behind the Santa Rosa County Courthouse Thursdays, Saturdays and Tuesdays from 7 a.m. to 1 p.m.. The event is on N. Willing St. in Milton and artists and crafters may purchase one-day slots for \$10. Call 626-6246 or visit [222.mainstreetmilton.org](http://222.mainstreetmilton.org) for details.

**Zoo Tots** - The Zoo Northwest Florida on Gulf Breeze Parkway offers a train ride, story time and animal encounters for children 5 and under Tuesdays. Punch cards for eight visits are \$40 for adult with toddler, and \$7 for individual sessions. Call 932-2229 for more information.

**Information Tickets and Travel New Home** - Just a reminder that the MWR ITT Office has moved from the Bowling Center and is now located in Building 1417, Room 182 (same building as the Atrium). Hours of operation are Mon-Fri, 9 a.m.-5 p.m.. New telephone number is 623-7032. The ITT office now is able to help with rental cars as well. Call for details.

**Sunsets at Plaza de Luna** - Every Thursday through Oct. 29, Plaza de Luna comes to life with music, entertainment, and sunsets. This week features music from Bella Orange and an appearance by Barbie. The fun begins at 5:30 p.m. and is free. Call 435-1603 for information or visit [www.cityofpensacola.com/cra/live/](http://www.cityofpensacola.com/cra/live/).



### Retaining Our Best and Brightest

AZC(AW) David Tillman receives his reenlistment certificate from LCDR Donald Hartsell at the CNATT Detachment Milton, AMO School, June 8. Tillman re-upped for three years which will take him to 22 years of service. Photo courtesy of CNATT Det Milton.

**Summer Salute II** - Naval Air Station Whiting Field personnel are invited to attend CatCountry 98.7's Summer Salute II concert at Naval Air Station Pensacola, June 18.

The free country concert features John Michael Montgomery, Stephen Cochrane, and Joshua Stevens who will be per-



forming many of your favorite country songs. Doors open at 5:30 p.m. and the concert begins at 6:30.

Everyone attending must have a ticket, and they may be obtained from Morale Welfare and Recreation's (MWR) Information Tickets and Travel office, MWR administrative office or from the Liberty Center. Tickets are still available.

During a career spanning more than 15 years, John Michael Montgomery has accumulated more than 30 singles on the country music charts. He has been nominated for a Grammy and earned numerous county music awards and nominations.

A former Marine and veteran of tours in Iraq and Afghanistan, Stephen Cochrane is a supporter of the military through several organizations. He is recently seeing airplay for the song "Wal Mart Flowers."

Joshua Stevens, a former contestant and fourth place finisher on Nashville Star, hit it big locally with his popular summer anthem "Rock and Roll in Pensacola."

Lawn chairs and blankets are encouraged, but no outside food or beverages will be allowed into the Portside Lawn area for the concert.

**Fishing Rodeo** - The Bill Hargreaves Fishing Rodeo started 39 years ago as a way to promote family fishing. This year, the tournament will issue prizes in 12 different categories of fish in the open division and 32 fish categories in the junior division. Prizes will total more than \$8,000. The rodeo begins June 18 with a captains' meeting at 6 p.m. Call 607-7569 for information.

## Upcoming Events

June 18, 1800 - Summer Jam Country Concert - NAS P-Cola

June 19, 0900 - South Field ATC Tower Ribbon Cutting

June 19, 1300 - Winging Ceremony - Base Auditorium

June 20, 0900 - Sea Cadet Recruit Training Grad - Atrium

June 24, 0730 - Military Update Breakfast - Wings Club

July 3, 1300 - Winging Ceremony - Base Auditorium

# Fleet and Family Support Center Classes

## Welcome to Whiting! - Every Thursday 1000 - 1200

If you are new to NAS Whiting Field or just want to learn more about the Milton – Pensacola area, this class is for you! Come find out about MWR and other recreational facilities, hurricane preparedness, the FFSC and other support services available! Children are welcome and this is a great opportunity to meet new friends! Join us at the Whiting Pines Community Center any Thursday or call the FFSC at 623-7177 for more information.

## VA Appointments (Call to schedule) - Friday, June 19, 0800 – 1200

### Anger Management - Wednesday, June 17, 1300 - 1400

Is anger affecting your health, your relationships or your work performance? Learn to understand the causes and effects of unhealthy anger and how to express and release that anger in a healthy way! Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

### Home Buying - Tuesday, June 23, 0900 - 1100

A home is one of the most complicated and costly purchases you'll ever make. Getting the best deal at the time of purchase can reduce "life of the loan" by thousands of dollars. Let us show you how. Class will be held at the FFSC conference room. For more information, contact a Work and Family Life Specialist at 623-7177.

### Interviewing Skills - Monday, June 29, 0800 - 1000

This workshop will discuss ten ways to conduct yourself in a job interview, how to organize your self for an interview, and how to prepare for expected interview questions. Participants will also be given tips on how to end an interview. For more information, contact a Work and Family Life Specialist at 623-7177.

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## New 'Access to Care' Rules Instituted at All Military Treatment Facilities

In February, the federal government mandated new rules regarding "access to care" (ATC) for all Department of Defense (DoD) eligible beneficiaries enrolled in TRICARE Prime - except for Active Duty service members. The new 'ATC' rules apply to all existing non-military beneficiaries enrolled in the Naval Branch Health Clinic (NBHC) Whiting Field and with Civilian Network Providers.

The new rules state that TRICARE Prime enrollees should expect to drive no more than 30 minutes for primary care and no more than 60 minutes for specialty care.

Under the new rules, each Military Treatment Facility (MTF) is authorized to determine if they want to accept enrollments from beneficiaries residing greater than a 30-minute drive from the facility. NBHC Whiting Field does accept enrollments outside the 30-minute window, but does not require enrollment of those beneficiaries.

The TRICARE Regional Office must approve all enrollments beyond 100 miles.

DoD eligible beneficiaries who live further than 30 minutes from NBHC Whiting Field and are requesting enrollment to this MTF must sign an "Access to Care" waiver. When signed, the beneficiary acknowledges the drive time may exceed 30 minutes to primary care.

TRICARE Prime enrolled DoD beneficiaries, who live more than 30 minutes from NBHC Whiting Field will be receiving letters and/or telephone calls asking for a decision as to whether or not they want to remain enrolled at

the Branch Health Clinic or with their civilian TRICARE network health-care provider.

For questions or concerns related to this policy change, contact our Health Benefits Advisor at 623-7508 ext. 51.

## Annual Water Report Released

NAS Whiting Field is pleased to present to you with the 2008 Annual Water Quality Report. It has been posted to the NAS Whiting Field intranet for your viewing at <https://www2.netc.navy.mil/naswhiting/index.cfm>

This report is designed to inform you about the quality water and water services delivered to you every day. Our goal is to provide you with a safe and dependable supply of drinking water and we want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water.

A hard copy of the Annual Water Report can be obtained from Mike Pattison at the Public Work Department (Building 1416), phone 623-7268 ext. 3018.

*Editor's Note: The report states that the Naval Air Station Whiting Field drinking water meets all state and federal requirements.*

# Floyd Retirement

- (Cont. from Page 1)

and one in Virginia Beach, Va. in addition to his final tour at Whiting Field.

His tour at Whiting Field saw him take on challenges that were far out of the ordinary for an Aviation Boatswain's Mate. While he started in the more traditional role of the Air Operations Leading Chief Petty Officer, he was reassigned to the post of security officer after the security officer performed an Individual Augmentee tour. His dedication to the job and superb leadership led to his receiving the Meritorious Service Medal at the ceremony.

"He developed and implemented major security plans and long lasting training programs that challenged juniors, improved readiness, and increased personnel and operational effectiveness," read a portion of his award citation.

Cmdr. Lynne Chapman presented the award and also served as the guest speaker for the event. Chapman is notorious for her "less than enthusiastic" response to public speaking, and she joked that Floyd never really asked her to be his speaker...he told her.

"And do you know what I said? I said 'Yes, Master Chief,'" Chapman stated, pretending to be meek. "...Be-

cause, while I may be a Commander in the United States Navy, a battle-hardened, helicopter flying, flight student surviving war hero, the fact is that when Master Chief Floyd talks, people do what he says. That is an essential quality of leadership."

And it was that leadership that she praised during the rest of her speech. She called him one of the finest leaders she had the pleasure to serve with during her career, and she cited examples from how he improved the security department after his transfer there. She credited him for improving morale, increasing advancement within the ranks, and creating a cohesive unit.

"Military people don't try to define leadership. We know it when we see it..." she said. "Our security department is the best in the business now. Their professionalism is regularly noted on student course critiques and is a source of great pride for the commanding officer. And it is a direct result of the leadership of Master Chief Floyd."

Floyd received the traditional mementos of a retiree – his shadowbox, retirement certificate, plaque and more, and then the floor was his.

"Thank you for helping me close out the greatest adventure a boy from Pine View, Mo. could have. Serving my country for 30-years has not just been an honor, but a privilege as well," he said.

During a speech that detailed many of his career highlights and thanked current friend and family, his obvious pride in the Navy never faltered. Floyd even called out many of his past shipmates to thank them for their impact on his career. Finally, as he neared the end, he presented flowers to his four sisters in the audience, flags to his brothers, homecoming Sailor statues to his kids, and the Order of the Crystal Heart to his wife.

They were meaningful moments for a man who continued a family tradition of service to country. Floyd's father, two uncles and two brothers were all combat veterans. It was an inspiration to him, and he parted with some inspiring words to the young Sailors in the audience.

"If you can dream, if you can believe, then you can achieve," he said. "Don't stop dreaming, and the world is out there for you."

## TRICARE NOTE

### AGREEMENT ALLOWS TRICARE BENEFICIARIES TO CONTINUE PARTICIPATION IN NCI CANCER TRIALS

**TRICARE beneficiaries have more options for cancer care and greater access to advances in cancer prevention and treatment through clinical trials. The Department of Defense (DoD) and the National Cancer Institute (NCI) have renewed their agreement for a continued partnership in cancer clinical trials.**

**The agreement allows TRICARE-eligible cancer patients to take part in NCI-sponsored Phase II and Phase III cancer clinical trials as well as cancer prevention trials. Phase II trials typically study the effectiveness of new drugs or therapies against a specific type of cancer. Phase III trials compare new treatments to existing therapies.**

**In cancer prevention trials, patients take medications or supplements or participate in certain activities that doctors believe will lower their cancer risk. Patient safety is stressed.**

## Frocking Ceremony

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lected for advancement including: Air Traffic Controller Airman Kelsy Balcom, Air Traffic Controller Airman James Sampang, Air Traffic Controller Airman Joseph Wells, Air Traffic Controller Airman Christopher Witzleben, Air Traffic Controller Airman Kayleigh Woodfin, Air Traffic Controller Third Class Tiena Lee, Aviation Boatswain's Mate Second Class Jerry Lowe, and Aviation Boatswain's Mate Second Class Philip Watson.

Each Sailor received a frocking letter from Sadsad which reads in part, "Your appointment carries with it the obligation that you exercise increased authority and willingly accept greater responsibility. Occupying now a position of greater authority, you must strive with a renewed dedication toward the valued ideal of service with honor."

# Achievements Recognized Across TAW-5 and NASWF

*- Service Members' Performances Praised by Commands*



Above Left: Aviation Boatswain's Mate First Class Dwight Lemon receives his Navy and Marine Corps Achievement Medal from Capt. Enrique Sadsad, NAS Whiting Field commanding officer.

Above Right: A lucky thirteen students stand tall with their academic achievement awards from Training Air Wing FIVE June 5. In no particular order are: Ens. Paul Bridgers, USN; Ens. Ian Culver, USCG; 1st Lt. Brian Fredo, USMC; Ens. Scott Kennicott, USN; 1st Lt. Stuart Wheeler, USMC (Academic Achievement Awards); Ens. Adriano Silva, USN (Commodore's List); 1st Lt. Patrick Butler, USMC; Lt. Nelson Cable, USCG; Lt. j.g. Nicholas Holman, USN; Lt. j.g. Stephen Hutchings, USN; 1st Lt. Adam Popplewell, USMC; 1st Lt. Nathan Ruffing, USMC; and Lt. j.g. Matthew Spence, USN (Advanced Academic Achievement Awards).



Right: Capt. James Vandiver recognizes Training Air Wing FIVE's top students May 27. In no particular order are: Academic Achievement Award recipients 1st Lt. Jarrod D. Allen, USMC; Ens. Denny L. East Jr., USN; Lt. j.g. David L. Tarr, USN; and Ens. Vaughn A. Villarreal, USN. Advanced Academic Achievement Awards were presented to Ens. Adam J. Barreras, USN; 2nd Lt. Madeline Boe, USMC; and 1st Lt. Jason W. Stapleton, USMC.



Below right: Air Traffic Controller Thrid Class Brandon Smith reenlists June 12 in the operations auditorium. Retired Navy Lt. Randy Roy, served as the reenlisting officer.

Below: Aviation Boatswain's Mate First Class Aaron Wetzel proudly recieves his shadow box from past shipmates June 9, during his retirement ceremony at NAS Whiting Field.

Photos by Jay Cope and Mac Bizzell.



# NAVY WORKING UNIFORM QUICK FIT GUIDE

- 8-Point Cover:
- Square on head, not resting on ears
- Visor just above eye level & parallel to deck

- T-Shirt & Mockneck Sweater:
- Collar should fit comfortably around neck.
- Mockneck Sweater sleeve length shall not extend beyond the length of the NWU shirt sleeve



- Trouser:
- Trousers worn at waistline with belt.

- Shirt Length:
- Shirt length must extend to the bottom of the crotch
- But not lower than the middle of the cargo pocket flap.
- No gapping at blouse front, both sides of shirt opening must overlap

- Trouser Blousing:
- Blouse trousers using blousing straps. The blousing straps should be affixed between the 3rd and 4th eyelets from the top.

- NWU Boots:
- Boot laces must be tied and tucked into the cuff of the boots.
- Boots should be worn with boot socks.
- Smooth finish boots are authorized for shore and shipboard use.
- Rough-out boots are authorized for shore duty only.



**Warfare Insignia:**  
Primary warfare insignia shall be sewn centered and flush with the top of the US Navy tape. The fabric strip shall be sewn with a 1/4 inch border on the left and right of the embroidery.



**Sleeve Rolling:**  
• 3-inch wide band covered with fabric side out and cuff clearly visible.  
• 2 inches above elbow

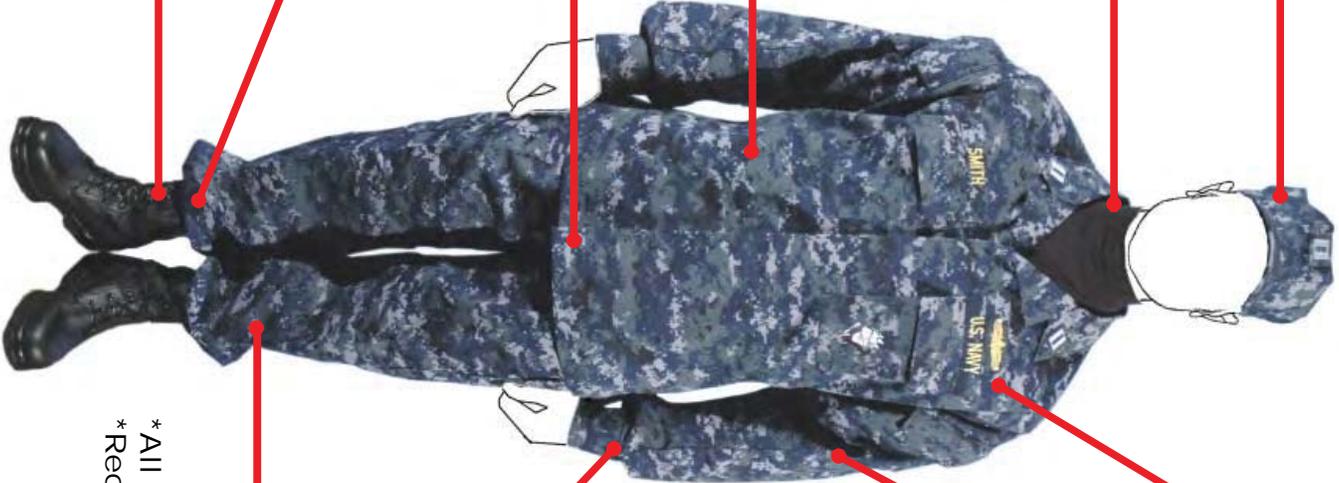


**Parka and Fleece:**  
Sized in accordance with blouse. To determine correct size both parka and fleece should be worn simultaneously.



**Sleeve Length:**  
When shirt cuff is fastened length of sleeve should cover the wrist bone, but not extend further than the first knuckle at the base of the thumb.

- Trouser:
- Trouser length should be long enough to touch deck when not wearing boots.



\* All buttons and closures shall be secured  
\* Recommend uniforms be washed inside out

**LAST UPDATE: MARCH 13, 2009**