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# THE Periscope

KING'S BAY, GEORGIA

2009 CHINFO Award Winner

Vol. 49 • Issue 34

[www.cnic.navy.mil/kingsbay](http://www.cnic.navy.mil/kingsbay)

[kingsbayperiscope.jacksonville.com](http://kingsbayperiscope.jacksonville.com)

Thursday, September 4, 2014

## Officials stress Kings Bay firearms policy

Navy regulations outline procedures for gun owners

By MC2 Ashley Hedrick  
Naval Submarine Base Kings Bay Public Affairs

Naval Submarine Base Kings Bay continues to maintain the Navy's policy for personal firearms, including the regulation for storing firearms on base.

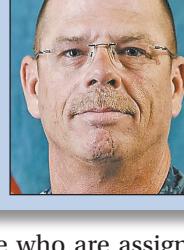
The policy ensures the safety of Kings Bay personnel, and minimizes the potential for accidents and the misuse of weapons.

"The policy is set to minimize unauthorized weapons on Naval Submarine Base Kings Bay, insuring our Sailors, Marines, and civilian personnel are protected while on station and the potential threat of a lone shooter is mitigated to the fullest extent possible," Cmdr. Gregory Verlinde, NSB Kings Bay security officer said.

Kings Bay's weapon policy states that no one will be permitted to store or maintain personal weapons in the barracks, officer and enlisted berthing, personal vehicles, work spaces, the RV Park, or on their person. Anybody found with unregis-

**"The policy is set ... insuring our Sailors, Marines, and civilian personnel are protected..."**

Cmdr. Gregory Verlinde  
NSB Kings Bay Security Officer



tered weapons while on board Kings Bay will be subject to weapon confiscation, criminal charges, and loss of base access privileges.

SUBASE Security provides storage of personal weapons for those who are in transit to another permanent duty station

and for those who are assigned to SUBASE under temporary orders. The installation security officer, deputy security officer, or the SUBASE armorer must approve requests to store personal weapons in the armory.

Kings Bay residents of military housing may possess and store

privately owned weapons as long as they are properly registered through the security department. All privately owned permitted weapons must be registered within seven working days after arrival to Kings Bay, or after obtaining the weapon, and must be registered with the Pass & ID Office prior to coming on board.

Personal firearms must be stored in either a locked container, a locked gun rack or secured with an individual trigger or chamber-style gun lock that prevents loading or firing. Am-

See Policy, Page 6

Chief of Naval Operations Adm. Jonathan Greenert rides on Carriage 3 in the J-Basin of Naval Surface Warfare Center Carderock Division.

Navy photo by MCC Peter D. Lawlor



## Greenert's Navigation Plan

Chief of Naval Operations charts course for upcoming five-year period

From Chief of Naval Operations Public Affairs

The Navy's top leader released a detailed plan Aug. 19 that highlights the U.S. Navy's intended track and investments for the next five fiscal years.

"This navigation plan defines the course and speed we will follow to organize, train and equip our Navy over the next several years," said Greenert in the document. "Despite likely sequestration in 2016, our priority is to operate forward where it matters, when it matters, and be ready to address a wide range of threats and contingencies."

Chief of Naval Operations Adm. Jonathan Greenert's 2015 to 2019 Navigation Plan defines how the Navy will use its resources to safely and effectively pursue the vision detailed in Sailing Directions.

"Crafting this year's budget included tough choices across a wide range of competing priorities — we focused first on building appropriate capability, then delivering it at a capacity we could af-

ford," Greenert said.

Each year since Greenert released the

Sailing Directions the Navigation Plan has de-

scribed the annual Navy's budget

**"... our priority is to operate forward where it matters, when it matters and to be ready to address a wide range of threats and contingencies."**

Adm. Jonathan Greenert  
Chief of Naval Operations

submission for the future years.

The Navigation Plan has highlighted investments in support of DOD's guidance

See Plan, Page 6

## No U.S. troops to Iraq

Obama to American Legion: military assistance to continue

By Jim Garamone  
DoD News, Defense Media Activity

President Barack Obama has again emphasized that U.S. combat troops will not be sent back into Iraq even as the United States continues to provide military assistance to the Iraqi government and the Kurds in their battle against Sunni terrorists who have taken hold of large sections of the country.

In an address Aug. 26 to the American Legion's annual convention in Charlotte, N.C., Obama said the security of the American people, including diplomats and military advisors in Iraq, remains his top priority, which is why he authorized airstrikes against fighters from the Islamic State of Iraq and the Levant.

But he added "we'll not allow the United States to be dragged back into another ground war in Iraq. Because ultimately, it is up to the Iraqis to bridge their differences and secure themselves." And he said, "our military action in Iraq has to be part of a broader strategy to protect our people and



Obama

Relief Society, Navy Campus, Tri-care, Department of the Navy Employee Program, Zumba, Kings Bay Fire and Rescue, and Navy Federal.

Added this year is group representing the Lesbian, Gay, Bisexual, and Transgender community, which is an Equal Employment Opportunity Committee-recognized group within DoD.

Morale, Welfare and Recreation Kings Bay will provide equipment for the event and representative MWR commands also will participate. Food sampling booths will include Jamaican, Hispanic, Asian foods.



Periscope file photo

Food sampling is a fun part of the Diversity Fair.

## Kings Bay Diversity Fair today

Fourth annual event indoors on Fitness Center hoop courts

By Bill Wesselhoff  
The Periscope editor

If you've picked up this edition of The Periscope on Sept. 5, you're too late.

Because from 11 a.m. to 3 p.m. Sept. 4 the Fourth Annual Cultural and Diversity Fair is indoors on the Fitness Center basketball courts on board Naval Submarine Base Kings Bay.

The first three fairs were outdoors near the Fitness Center. The event was moved indoors this year be-

cause last year a downpour prematurely ended it, and the year prior brutal heat and humidity withered participants.

"The reason we moved it indoors was because of the weather and to maximize participation," Diversity Fair Chairman Barbara Ratliff said.

"We felt people would enjoy it more indoors."

African-American, Asian-Pacific, Hispanic, Native American and American Women groups will be represented with booths.

All told, 17 groups representing base and outside-the-gate entities will be present, including Veterans Affairs, the departments of Defense and Labor, Fleet and Family Support Center, Navy Marine Corps



Check us out Online!

kingsbayperiscope.com

# Local news and views

Naval Submarine Base, Kings Bay, Ga.



## Now hear this!

### ShipShape weight loss Sept. 25

If you are ready to adopt a weight-loss plan that you can comfortably follow and maintain for a lifetime, congratulations! ShipShape is your answer. ShipShape is an eight-week nutrition and weight management course that can give you the tools to lose weight and keep it off. The next class starts at 11 a.m., Thursday, Sept. 25 and will be held 11 a.m. to 12:30 p.m. every Thursday until Nov. 13. Take the next step and make a plan that will work for you. Call Health Promotion at 573-4237/8626 for more information and/or to sign-up. Space is limited.

### Vehicle licensing, registration

While it is no longer a requirement to receive the DD Form 2220 decal for vehicles entering Department of the Navy installations, all privately owned vehicles must continue to be licensed, registered, inspected and insured in accordance with federal, state and local laws. Additionally, all POVs of personnel permanently assigned (active duty, civilian, contractor) to Kings Bay will be registered in Consolidated Law Enforcement Operations Center (CLEOC) at Pass and ID during in-processing, (valid until the individuals identification (CAC) card expires) and will be de-registered during out-processing due to PCS, or otherwise leaving the command. No person may operate a personally owned vehicle (POV) on board Kings Bay who does not have, in their possession, a valid state operator's license, vehicle registration, proof of insurance and any other criteria for driving a vehicle on state highways. Enforcement of state licensing, registration, insurance and safety requirements will be enforced through the Selective Traffic Enforcement Program and Random Antiterrorism Measures.

### Civilian guests at Kings Bay

A civilian guest on board Naval Submarine Base Kings Bay is a special category of visitor who is visiting one of the following:

- A member of the armed forces residing on board Kings Bay, stationed aboard a ship or submarine.
- A family member residing on board the base.
- An individual who holds a valid uniformed services identification and privilege card (DD Form 1173), Common Access Card or Kings Bay identification card for the purpose of visiting authorized messes and clubs.

Authorized sponsors may escort up to 10 guests. Sponsors bringing guests on board NSB Kings Bay are responsible for the conduct of their guests at all times while on the base. The guest must remain with the sponsor at all times.

### Fund-raiser Sept. 27 at Jax Zoo

The Children's Tumor Foundation will have a fund-raising NF (Neurofibromatosis) Walk at the Jacksonville Zoo Sept. 27. Visit [www.nfwalk.org/jacksonville](http://www.nfwalk.org/jacksonville) for more information.

### Fernandina market Saturdays

The Fernandina Beach Market Place farmers market, on N. 7th Street in downtown Fernandina is 9 a.m. to 1 p.m. every Saturday. For more information, visit the website at [FernandinaBeachMarketPlace.com](http://FernandinaBeachMarketPlace.com) or call (904) 557-8229.

### Exchange offers two specials

During the Navy Exchange semi-annual Sight and Sound sale Sept. 10 to 23, customers can take advantage of a special program with the Military Star Card. Customers who purchase an individual computer, TV or camera bundle valued at \$699 or above using a Military Star Card will receive no down payment, no interest and no payments for 18 months. Also Sept. 10 to 23, the NEX has a special offer on baby cribs, mattresses, dressers, travel systems, strollers, car seats, booster seats, high chairs and play yards. Customers using the Military Star Card to make Baby Day purchases of \$149 or more can take advantage of no down payment, no interest and no payments for six months. The promotion is also available for special order items. The Military Star Card offers many benefits including 10 percent off the first day's purchases, up to the customer's credit limit, no annual fee, low interest rates and 24-hour customer service including online access. Military Star Card applications are available at any NEX. The application can be processed the same day at the NEX customer service desk.

### Marine Corps League drive on

The Kings Bay Detachment No. 1229 of the Marine Corps League is looking for members. Meetings are the second Tuesday of each month. The league volunteers aid and assistance to Marine and Navy Corpsman widows and orphans and observes historical Marine anniversaries. For more information, e-mail [MarineCorpsLeagueKingsBay@gmail.com](mailto:MarineCorpsLeagueKingsBay@gmail.com).

### Lost and found has found items

There is lost and abandoned property, such as watches, rings and cell phones, at Naval Submarine Base Kings Bay Navy Security. If you have any information reference to any items, contact Detective Michael Palmer, Monday through Friday, at (912) 573-9343 or by e-mail, [Michael.j.Palmer@Navy.mil](mailto:Michael.j.Palmer@Navy.mil).

## Chapel Couples Connection Sept. 12

From Naval Submarine Base Kings Bay Chapel

The Chaplain's Religious Enrichment Development Operation, or CREDO, for some unknown reason, continues to be the best kept secret in the Navy, and as result only a small portion of military personnel and their family members have taken advantage of its beneficial programs.

CREDO Detachment Kings Bay is working hard to get more military personnel involved in the CREDO experience.

It began as a program to help veterans returning from the Vietnam War in 1971. As then and now, military service presents unique challenges and opportunities. CREDO offers transformational retreat-based programs designed to assist authorized users in developing the spiritual resources and resiliency necessary to excel in the military environment.

Over the years, CREDO has offered spiritual, personal, and relational growth opportunities to tens of thousands of sea service personnel and their family members, profoundly enhancing their lives. CREDO provides commanders with a key resource by which to care for

### CREDO

and strengthen the abilities of those they lead.

The following retreats at St. Simons Island are available:

- Family Enrichment Retreat — An all-inclusive weekend family retreat designed to promote healthy relationships, using practical skills based on proven principles that strengthen and empower every member of the family. Registration is open for the next retreat, Sept. 19 to 21.

■ Couples Connection — Fleet and Family Support Center Kings Bay, in coordination with CREDO, is hosting a Couples' connection One-Day Marriage Enrichment Workshop. This workshop will enhance communication skills and strengthen emotional, physical, and spiritual aspects of your marriage. Couples are encouraged to register one month prior to the event. The dates are Sept. 12 and Dec. 12.

For more information, visit the website [www.cnic.navy.mil/regions/cnrse.html](http://www.cnic.navy.mil/regions/cnrse.html) or call the chapel office at 573-4501.

Chaplain Catherine Pace and the CREDO facilitator Aaron Jefferson are looking forward to seeing you on the next retreat.

### Springs of life

By Cmdr. Aaron Jefferson  
(Ret.)  
Kings Bay CREDO Facilitator

The Proverbs Book of Wisdom says a "cheerful heart is good medicine."

Noted psychologist and creator of the *Laughter Remedy* Paul E. McGhee states "Your sense of humor is one of the most powerful tools you have to make certain that your daily mood and emotional state support good health."

The benefits of laughter are immeasurable. Laughter is truly the best medicine for our whole being.

Give yourself a good dose of hearty laughs in your daily diet, and those burdensome and annoying trails will flee leaving a renewed spirit and feelings of hope.

What's so wonderful is that each of us can write out a prescription to laugh each day, and there is no cost. Laugh-

See Springs, Page 3

## Have a fire escape plan just in case

From Naval Submarine Base Kings Bay Fire Department

When the building fire alarm sounds what do you do?

A fire can quickly fill the halls of your building with smoke and poisonous gases, making them dark and dangerous, especially if you do not know what to do.

Having a home fire escape plan is an important part of your safety when a fire starts.

"This keeps everybody safe, you and your loved ones," Kings Bay Department Fire Inspector Jose Ma-sauding said.

### Kings Bay Fire Dept.

The following checklist will help you make and carry out a home fire escape plan.

■ Have working smoke detectors that will wake you when sleeping.

■ Be sure everyone knows two ways out of every bedroom.

■ Sleep with bedroom doors closed. This will protect you from smoke traveling through your home.

■ Be sure windows open easily from the inside, allowing for a speedy escape.

■ Never use the elevator in the event of a fire emergency. If you are unable to use the stairs to evacuate, wait in your apartment and call 911.

■ Designate a meeting place where everyone in your family can meet once outside.

■ Call 911 from a safe phone once outside.

■ Make certain everyone understands that once out of the building no one is to re-enter without the permission of the fire department.

For more information, contact the Naval Submarine Base Kings Bay Fire Prevention Team in Bldg. 1041 or dial (912) 573-9998.

## Make sure VA gets medical records

From Navy Personnel Command Public Affairs

Sailors need to take an active role in getting their medical and dental records to the Department of Veterans Affairs at retirement or separation, according to a Navy message released Aug. 19.

"One of the benefits Sailors have earned with their voluntary service to the nation is support throughout their life from the VA," said Ann Stewart, director, Pay and Personnel Management. "To make it as easy as possible for the VA to provide that support, it's in their best interest to make sure their medical records have been turned in to the appropriate medical facility when they separate or retire from the Navy."

Before a Sailor separates or retires,

### Navy Personnel

commanding officers and officers in charge are responsible for ensuring that the Service Treatment Records, medical and dental records, are at the appropriate medical and dental facilities.

This guarantees that the records will be available to the VA.

"If you need to file a claim with the VA in the future, and please don't assume that you never will have to, they will check to verify your period of service in the Navy," Stewart said. "If, later in life, you need to make a connection between a medical condition and your time in service, the VA has to have access to your medical record. That's the reason why

NAVADMIN 187/14 is so important."

With the release of the message, COs and OICs are directed to provide a quarterly list of personnel who have separated or retired that includes their name, separation date, date their STR was made available to the medical/dental facility, and an explanation for STRs not provided by the separation date, if necessary.

"Take this seriously, if you have your medical record, turn it in," said Stewart. "If you don't, verify with your supporting medical treatment facility that they have it, and if they don't, help them find it by providing your duty stations for the last five years so your medical department can track it down. This effort is in your best interest, make sure you have access to what you've earned."

## Military women note achievements

By MC3 Jules Stobaugh  
Defense Media Activity

Panelists from the Navy and Marine Corps spoke with Sailors, Marines, and civilians during the Women's Equality Month conference in the Hall of Heroes at the Pentagon, Aug. 26.

Rear Adm. Katherine Gregory, commander, Naval Facilities Engineering Command, Andrea Brotherton, deputy naval inspector general, and Sgt. Maj. Angela Maness, Marine Barracks Washington D.C. made remarks about how they personally see women's achievements,

### Women's Equality Month

roles, and the future of women in the Department of the Navy.

"I came in the Navy back in 1978," Gregory said. "This kind of event would never have happened back in that Navy. And so that really speaks to how far we've come."

The panelists encouraged female service members to be themselves, not change for anyone and never give up on their goals.

"You have your personality, you have who you are," Brotherton said.

"You don't need to try to be someone else. What you need to do is take those skills that you have and hone them and make them valuable to the organization because we all bring something that's different and contributes to the whole and that's what makes it great."

They also shared inspirations in their lives that have driven them to continue their careers, not give up hope, and become great leaders.

"Our parents are just everything for all of us," Maness said. "My father was a Marine so I wanted to follow in his

See Equality, Page 3

# THE Periscope

KING'S BAY, GEORGIA

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# Boats, alcohol don't mix

From Coast Guard Compass

It's nearly Friday! Getting ready to go kick back on the boat this weekend? Relax, unwind, invite some friends and have some beers, right?

Think twice before you get behind the wheel of a boat while intoxicated, though.

Jail time, lawsuits, injury and death can all result from driving a boat drunk. Boozing and boating is definitely a great way to ruin a good time.

Here are 6 of the most common rumors about alcohol and boating:

1, Drinking alcohol while operating a boat isn't a big deal; it's not as dangerous as drinking and driving a car.

The fact is, alcohol is responsible for 16 percent of boating fatalities. It's the leading contributing factor in recreational boating deaths. That's a huge deal. Operating a boat with a blood alcohol content of .08 or higher is also against the law.

The operator of a boat has more variables to consider than someone driving a car. How deep is the water? Are there submerged dangers like rocks or trees? How big are the waves and what direction are they coming from? Waterways aren't marked by lanes, signs and street lights the same way that roads are and most boats don't have headlights.

Operating a boat is challenging enough while sober. Adding alcohol only makes it more difficult and dangerous.

2, Boats are toys meant for partying out on the water.

If you've ever spent time out on the water boating recreationally, chances are you've either attended a floating party, or witnessed one at close range. Many people associate boats with parties, and of course, what's a party without alcohol?

While pleasure craft are intended for recreation, they are not toys. In order to ensure fun on the water, it is the operator's responsibility to ensure the safety of everyone on board.

The operator of any given vessel must not only be sober and of sound mind, they must be able to operate in an environment free from added distraction. A boat full of drunk people is dangerous, even if the boat's driver has had nothing to drink.

Did you know that boat operators with a blood alcohol content of .10 or higher are ten times more likely to die in a boating accident than sober operators? Boats are meant for having fun, but when someone gets hurt or killed out on the water, the good times come to an abrupt end.

3, Penalties for drinking and boating are pretty lenient and it's hard to get caught.

Operators found to be boating under the influence can expect to incur severe penalties. The voyage may be terminated, boat may be impounded and the operator may be arrested. Penalties vary by state but can include fines, jail, loss of boating privileges and even loss of driving privileges.

Law enforcement has been cracking down on BUI in recent years as driving a boat while intoxicated is no more acceptable than drinking and driving a car.

In addition to police and sheriff boat crews on the water, boaters can expect to encounter fish and game wardens, Coast Guard and other local, state and federal law enforcement agencies, all equipped with chemical testing capabilities using blood, breath, and urine samples.

4, You're okay to drink and operate a vessel as long as it isn't powered by a motor.

Wrong.

You can get a BUI for paddling a canoe while under the influence. BUI laws pertain to all vessels, from canoes and rowboats to the largest ships. People sometimes let their guard down while "floating" in boats without motors.

Passing out and drifting into a shipping lane or into the path of a ski boat doesn't fall under most people's definition of "recreation."

Impairment on the water, even in kayaks and small sailing vessels, leads to accidents.

5. BUI means boating under the influence of alcohol, you can't get in trouble for boating after smoking pot.

False.

BUI means boating un-



Coast Guard photo

You can get a Boating Under the Influence charge for paddling a canoe while under the influence.

der the influence of any intoxicant, including both legal and illegal drugs.

You can get a BUI while under the influence of a prescribed medication if it is determined that the medication caused operator impairment.

6. Going for a swim from an anchored boat after a few drinks is a good idea.

When you're out on the water on a summer day, and have downed a few drinks, going for a swim off the back of a boat may seem like a great idea.

The hidden dangers are even less apparent to a person that is intoxicated. Currents are often difficult to predict until you're getting swept away by one.

If you end up further away from the boat than you planned, hypothermia could potentially occur.

Additionally, alcohol distorts your perception of risk and your own abilities. With less accurate information pouring into the brain, you're not as equipped to make the right decisions.

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we just have to  
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## Equality

From Page 2

footsteps, my dad inspired everything that I do, but currently it is my mother who is the one that inspires me today. After raising five children, one that went in the Army, two that were Marines, and the other two, total civilians, but supporters of Marines, she's the one, with my dad, two separate deployments to Vietnam, she raised all five of us on her own."

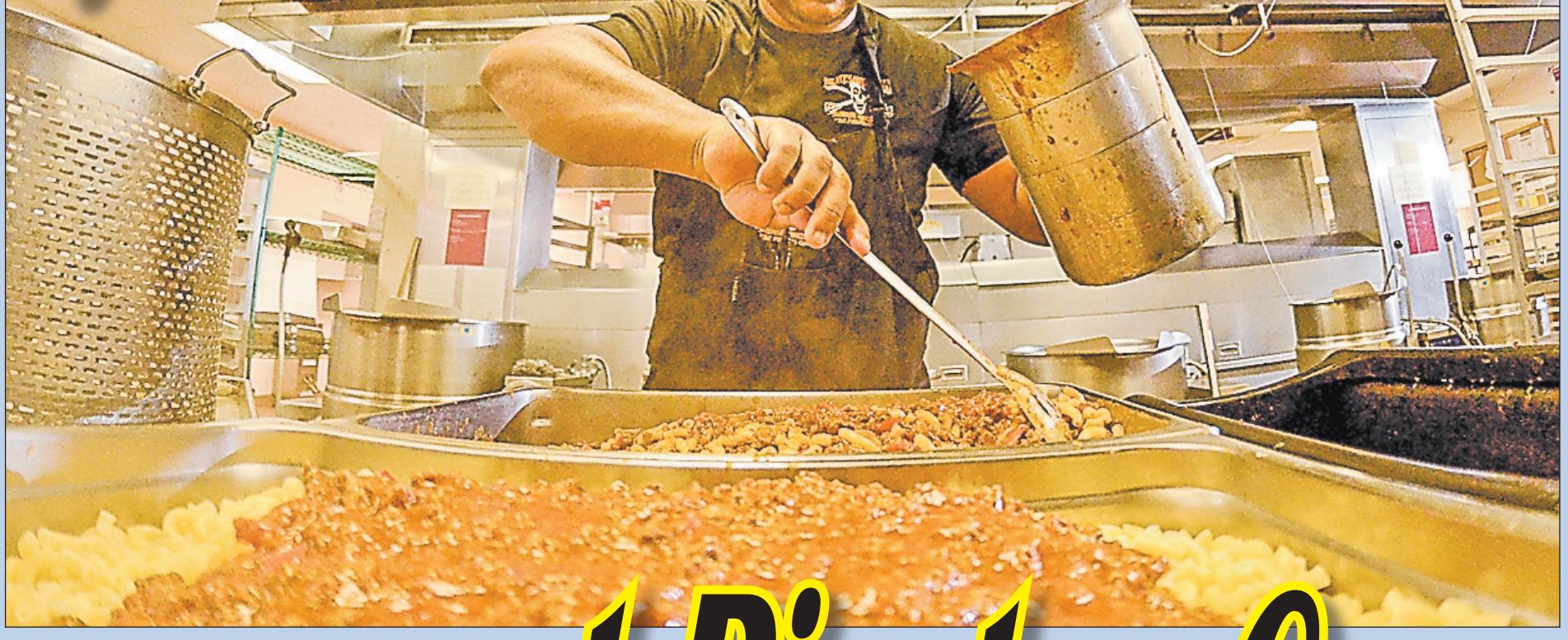
Women first entered naval service in 1908 with the

establishment of the Navy Nurse Corps, 12 years before women were granted the right to vote.

Women continued to serve in the Navy in varying capacities throughout World War I and World War II, but it was not until June 12, 1948, with the passage of the Women's Armed Services Integration Act that women gained permanent status in the U.S. armed services.

The first six enlisted women were sworn into regular U.S. Navy service July 7, 1948. Four months later the first eight female naval officers were commissioned Oct. 15, 1948.

# Lunchtime



Culinary Specialist 1st Class Emmanuel Walker puts chives on the top of creole macaroni. Preparations for lunch at the galley starts about 9 a.m.

## at Pirates Cove



Walker's creole mix gets a bit hot. It's hard work getting lunch ready.

**Navy photos  
by EM1 Mark Treen**



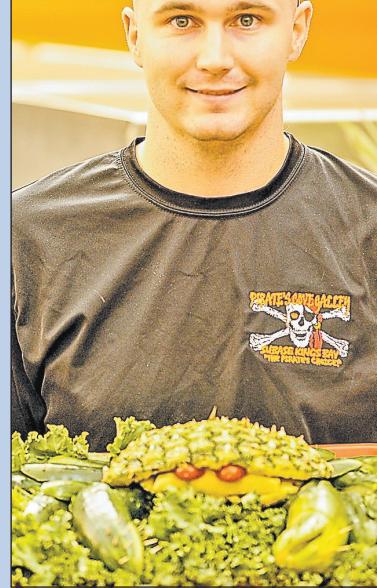
Culinary Specialist 2nd Class Gad Horton puts fresh rolls out to cool.



Culinary Specialist 3rd Class Nicholas Ferro puts together strawberry shortcakes.



Culinary Specialist Seaman John Yang, Culinary Specialist Seaman Hassan Wilson, and Culinary Specialist Seaman Recruit Amber Matthew are being taught a cooking lesson by Culinary Specialist 1st Class Jonathan Deal.



Culinary Specialist 3rd Class Robert Gibson is proud of his crab fruit carving. Visit the galley to check out his latest creation.

Culinary Specialist 1st Class Timothy Wright works to get all of the menu items ready and accounts for the supplies needed for lunch.



Culinary Specialist 1st Class Benjamin Lalande makes last-minute presentations items for lunch.



Culinary Specialist 3rd Class Robert Gibson garnishes lemon for the serving line.



Missile Technician Seaman Apprentice Josh Eynon of Trident Training Facility gets his lunch from Susan Coats, food service worker.

# New testing for X-47B

From USS Theodore Roosevelt (CVN 71) Public Affairs

The Navy's unmanned X-47B returned to carrier operations aboard USS Theodore Roosevelt (CVN 71) Aug. 17 and completed a series of tests, operating safely and seamlessly with manned aircraft.

Building on lessons learned from its first test period aboard TR in November 2013, the X-47B team is now focused on perfecting deck operations and performing maneuvers with manned aircraft in the flight pattern.

"Today we showed that the X-47B could take off, land and fly in the carrier pattern with manned aircraft while maintaining normal flight deck operations," said Capt. Beau

Duarte, program manager for the Navy's Unmanned Carrier Aviation office. "This is key for the future Carrier Air Wing."

The first series of manned/unmanned operations began this morning when the ship launched an F/A-18 and an X-47B.

After an eight-minute flight, the X-47B executed an arrested landing, folded its wings and taxied out of the landing area.

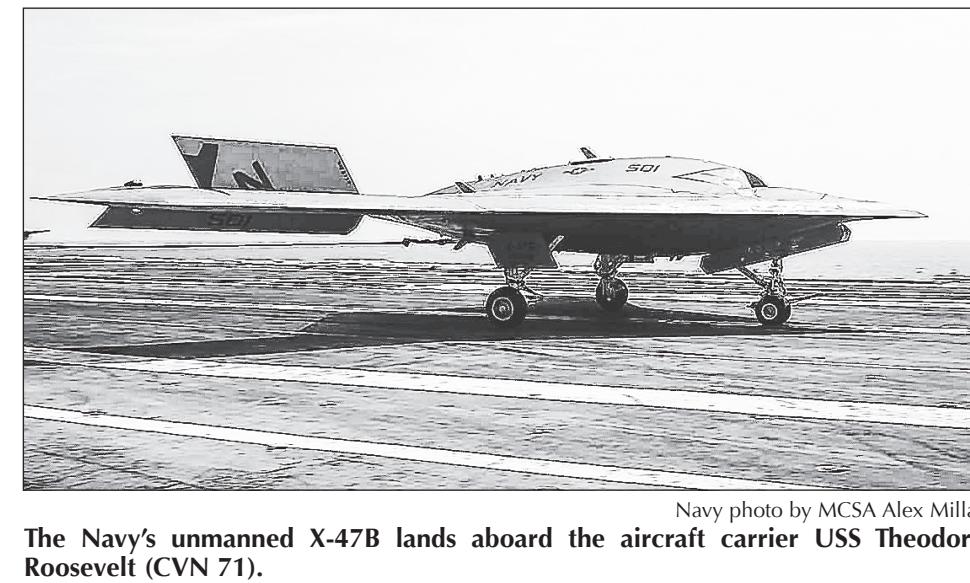
The deck-based operator used newly developed deck handling control to manually move the aircraft out of the way of other aircraft, allowing the F/A-18 to touch down close behind the X-47B's recovery.

This cooperative launch and recovery sequence will be repeated multiple

times over the course of the planned test periods. The X-47B performed multiple arrested landings, catapults, flight deck taxiing and deck refueling operations.

"For this test period, we really focused on integration with manned aircraft," said Lt. Cmdr Brian Hall, X-47B flight test director. "We re-engineered the tailhook retract actuator and updated operating software to expedite wing-fold during taxi, both of which reduce time in the landing area post-recovery. Our goal was to minimize the time in the landing area and improve the flow with manned aircraft in the landing pattern."

"The X-47B's air vehicle performance, testing efficiency and safety technologies and procedures



Navy photo by MCSA Alex Millar

The Navy's unmanned X-47B lands aboard the aircraft carrier USS Theodore Roosevelt (CVN 71).

developed and tested throughout the program's execution have paved the way for the Navy's future carrier-based unmanned system capability," said Rear Adm. Mat Winter, who oversees the Program Executive Office for Unmanned Aviation and Strike Weapons.

The X-47B will remain aboard CVN 71 for the duration of the underway period. It will perform additional cooperative deck and flight operations with F/A-18s and complete night deck handling and flying quality evaluations. The Navy will continue X-47B flight operations

over the next year to refine the concept of operations to demonstrate the integration of unmanned carrier-based aircraft within the carrier environment and mature technologies for the future Unmanned Carrier Launched Airborne Surveillance and Strike system.

## Policy

From Page 1

munition must be stored in a separate container.

"As a person of law-enforcement and as a father, having a lock on your weapons can prevent a tragedy from happening," Master-at-Arms 1st Class Hunter McKay said. "No matter how responsible

we are, children can still get their hands on them. It doesn't necessarily have to be a minor or child."

It is important to note a state license to carry concealed weapons is not valid on NSB Kings Bay.

Individuals must follow through with Kings Bay's firearms policy. All personnel are responsible for complying with federal, state, and local laws concerning firearm ownership, possession, registration, and use.

"Even though an individual has a weapon permit out in town that allows them to carry and conceal statewide, once they come onto the base, we have ju-

risdiction of this federal installation," McKay said. "In the event we find that somebody has a weapon in their vehicle, they will be liable to our laws here at SUBASE."

Let's continue to keep Kings Bay a safe and weapon-free place to work and live.

For further information or concerns, contact the SUBASE Security Department at (912) 573-2147.

## Plan

From Page 1

and strategic documents as well as this year's 2014 Quadrennial Defense Review.

In the plan Greenert explains how the Navy will acclimate to budget challenges, increasing operational tempo while balancing current readiness with the need to build a highly capable future fleet. Pursuing the vision set in the Sailing Directions this plan lays out the investments that will allow the Navy to maintain its warfighting edge, forward presence and keep Navy members prepared, confident and proficient.

This plan highlights how investments will support Navy missions through the lens of the three tenets, *Warfighting First, Operate Forward and Be Ready*.

Greenert emphasizes in the document that everything sailors and civilians do must be grounded in the responsibility of warfighting first.

He says the Navy must be able to achieve access in any domain worldwide and possess the capability mix of kinetic

and non-kinetic weapons to prevail today and be ready to win tomorrow and in the future.

He provided a list of capabilities that center on this objective and followed with a comparable list of items that support operate forward and be ready.

Additionally, the Navigation Plan summarizes the six programmatic priorities that guided the Navy's budget planning for the future of the fleet: maintaining sea based strategic deterrent, sustaining a global forward presence, preserve the means for victory against aggressors, focus on readiness afloat and ashore, enhance asymmetric capabilities in physical domains as well as in cyberspace and electromagnetic spectrum and sustain a relevant industrial base.

This navigation plan was released by Greenert to Navy's senior leaders and distributed on Navy's social media properties as a priority to be communicated at all levels.

Greenert will release a Position Report later in the year that reviews the Navy's progress over the last year in pursuing objectives laid out in the Sailing Directions and earlier Navigation Plans, which can be found on his leadership page.



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## Iraq

From Page 1

support our partners to take the fight to ISIL."

U.S. strategy is to strengthen partners and to provide more military assistance to government and Kurdish forces in Iraq and moderate opposition in Syria, Obama said.

The United States also urges Iraq to form an inclusive government to build national unity and strong security forces.

This will provide the "antidote against terrorists," he said.

The United States is also building a coalition of nations against ISIL, but America can and will defend its citizens.

"Our message to anyone who harms our people is

simple: America does not forget. Our reach is long. We are patient. Justice will be done," the president said. "We have proved time and time again we will do what is necessary ... to go after those who harm Americans."

He made the comments just days after American journalist James Foley, who had been held captive by ISIL terrorists for two years, was beheaded on video.

The American military is ready to take direct action when ordered, Obama said.

"Rooting out a cancer like ISIL won't be easy, and it won't be quick," he said. "But tyrants and murderers before them should recognize that kind of hateful vision ultimately is no match for the strength and hopes of people who stand to-

gether for the security and dignity and freedom that is the birthright of every human being."

Overall, the president's message was that the United States will continue to lead in the 21st century.

"Nobody else can do what we do," Obama said.

No other nation, he added, does more to underwrite the security and prosperity on which the world depends. In times of crisis, no other nation can rally such broad coalitions to stand up for international norms and peace, he said.

Even nations that criticize the United States turn to America when the chips are down, he said.

"That's what American leadership looks like," he said. "It's why the United States is, and will remain, the one indispensable nation in the world."



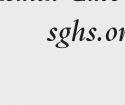
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# Pirates Cove Galley menus



**Lunch**

- French Onion Soup
- Southern Fried Chicken
- Stuffed Fish
- Mashed Potatoes
- Wild Rice
- Chicken Gravy
- Black-eyed Peas
- Southern Style Green Beans
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Biscuits
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

- Grilled Cheese Burgers
- Grilled Hamburgers
- BBQ Chicken
- BBQ Ribs
- Pulled Pork
- Bratwurst
- Cole Slaw
- Macaroni Salad
- Potato Salad
- Baked Beans
- Burger Bar

**Dinner**

- Beef Vegetable Soup
- Grilled Steak
- Grilled Crab Cakes
- Baked Potatoes
- Honey Glazed Carrots
- Steamed Asparagus
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Hot Rolls
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch**

- Black Bean Soup
- Fried Pork Chops
- Grilled Salmon
- Noodles Jefferson
- Mashed Sweet Potatoes
- Steamed Green Beans
- Steamed Zucchini
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Cornbread
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

- Chicken Pattie Sandwich
- Philly Cheese Steak Sandwich
- Grilled Pepper and Onions
- Baked Beans
- Chili
- Cheese Sauce
- Sandwich Bar
- Cold Cut Sandwich

**Dinner**

- Minestrone Soup
- Meat Lasagna
- Grilled Italian Sausage
- Marinara Sauce
- Bow Tie Pasta
- Mixed Vegetables
- Herbed Cauliflower
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Garlic Bread
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar



**French Fries**

- Green Beans
- Mashed Potatoes
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar



**Sunday**

**Brunch**

- Knickerbocker's Soup
- Fried Chicken Sandwich
- Fishwich Sandwich
- Tater Tots
- Mixed Vegetables
- Tartar Sauce
- Cole Slaw
- Breakfast Juice Bar
- Ready-to-eat Cereal
- Oven Fried Bacon
- Grilled Sausage Patties
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Dinner**

- New England Clam Chowder
- Prime Rib au Jus
- Garlic Butter Shrimp
- Twice-Baked Potatoes
- Rice Pilaf
- Sautéed Mushrooms & Onions
- Broccoli Parmesan
- Corn on the Cob
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- French Bread
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Monday**

**Breakfast**

- Breakfast Juice Bar
- Ready-to-eat Cereals
- French Fries
- Grilled Hoagies
- Breakfast Juice Bar
- Ready-to-eat Cereal
- Oven Fried Bacon
- Steamed Broccoli
- Eggs & Omelets to Order
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch**

- Chicken Gumbo
- Blackened Chicken
- Kalua Pulled Pork



**Garlic Roasted Red Potatoes**

- Red Beans & Rice
- Steamed Corn
- Collard Greens
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Hot Rolls
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

- Lunch speed line
- Assorted Beverage Bar

**Dinner**

- Cream of Broccoli Soup
- Fried Catfish
- BBQ Ribs
- Rice Pilaf
- Hush Puppies
- Club Spinach
- Simmered Pinto Beans
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Corn Bread Muffins
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Dinner**

- Assorted Beverage Bar

**Dinner**

- Chili
- Baked Ham
- Chicken Pot Pie
- Egg Noodles
- Steamed Rice
- Simmered Green Beans
- Steamed Cauliflower
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Corn Bread Muffins
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Dinner**

- Lunch speed line

**Dinner**

- Assorted Beverage Bar

**Assorted Beverage Bar**



**Thursday**

**Breakfast**

- Breakfast Juice Bar
- Ready-to-eat Cereals
- Eggs & Omelets to Order
- Grilled Bacon
- Asst. Instant Oatmeal / Grits
- Rolled Oats
- Sausage Patties
- Hash Brown Potatoes
- French Toast w/ Asst. Syrups
- Pastry Bar
- Asst. Yogurt

**Lunch**

- Italian Wedding Soup
- Chicken Parmesan
- Meat Sauce
- Boiled Spaghetti
- Roasted Potatoes
- Steamed Broccoli
- Italian Kidney Beans
- Healthy Choice Salad
- Assorted Salad Dressings
- Garlic Bread
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

- Chicken Pattie Sandwich
- Philly Cheese Steak Sandwich
- Grilled Pepper and Onions
- Chili
- Cheese Sauce
- Baked Beans
- Sandwich Bar
- Cold Cut Sandwiches

**Dinner**

- Cream of Broccoli Soup
- Fried Catfish w/ Tartar Sauce
- Braised Pork Chops
- Mashed Potatoes & Gravy
- Tossed Green Rice
- Fried Okra
- Simmered Carrots
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Cheesy Bread
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

- Corn Dogs
- Grilled Hamburgers
- Grilled Cheeseburgers
- French Fries
- Baked Beans
- Burger Bar

**Dinner**

- Chicken Egg Drop Soup
- Sweet & Sour Pork
- Teriyaki Chicken
- Filipino Rice
- Fried Lumpia
- Stir Fried Vegetables
- Steamed Asparagus
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Sesame Rolls
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

- Chicken Quesadillas
- Beef Enchiladas
- Spanish Rice
- Refried Beans
- Taco Bar

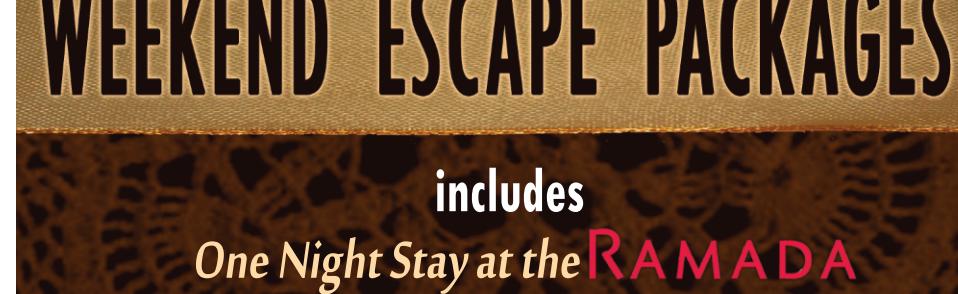
**Dinner**

- No breakfast served

**Weekends and holidays**

- Brunch - 10:45 a.m. to 12:15 p.m.
- Dinner - 4:30 to 5:30 p.m.

**Menu items subject to change.**



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32,000 air show programs will be inserted into the three military publications – *Jax Air News*, *The Mirror* and *The Periscope* – on Thursday, October 16.  
15,000 copies will be inserted in *The Florida Times-Union* for distribution in Clay County on Saturday, October 18.  
15,000 copies will be distributed at the air show.  
3,000 copies will be distributed to local hotels and restaurants prior to the show.

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Please call Military Sales and Marketing: 904.359.4168.



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**Garlic Roasted Red Potatoes**

- Red Beans & Rice
- Steamed Corn
- Collard Greens
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Hot Rolls
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

- Lunch speed line

**Dinner**

- Assorted Beverage Bar

**Dinner**

- Chili
- Baked Ham
- Chicken Pot Pie
- Egg Noodles
- Steamed Rice
- Simmered Green Beans
- Steamed Cauliflower
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Corn Bread Muffins
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Dinner**

- Lunch speed line

**Dinner**

- Assorted Beverage Bar

**Assorted Beverage Bar**



**Thursday**

**Breakfast**

- Breakfast Juice Bar
- Ready-to-eat Cereals
- Eggs & Omelets to Order
- Grilled Bacon
- Asst. Instant Oatmeal / Grits
- Rolled Oats
- Sausage Patties
- Hash Brown Potatoes
- French Toast / Asst. Syrups
- Pastry Bar
- Asst. Yogurt

**Lunch**

- Italian Wedding Soup
- Chicken Parmesan
- Meat Sauce
- Boiled Spaghetti
- Roasted Potatoes
- Steamed Broccoli
- Italian Kidney Beans
- Healthy Choice Salad
- Assorted Salad Dressings
- Garlic Bread
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

- Chicken Pattie Sandwich
- Philly Cheese Steak Sandwich
- Grilled Pepper and Onions
- Chili
- Cheese Sauce
- Baked Beans
- Sandwich Bar
- Cold Cut Sandwiches

**Dinner**

- Cream of Broccoli Soup
- Fried Catfish w/ Tartar Sauce
- Braised Pork Chops
- Mashed Potatoes & Gravy
- Tossed Green Rice
- Fried Okra
- Simmered Carrots
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Cheesy Bread
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

- Corn Dogs
- Grilled Hamburgers
- Grilled Cheeseburgers
- French Fries
- Baked Beans
- Burger Bar

**Dinner**

- Chicken Egg Drop Soup
- Sweet & Sour Pork
- Teriyaki Chicken
- Filipino Rice
- Fried Lumpia
- Stir Fried Vegetables
- Steamed Asparagus
- Healthy Choice Salad Bar
- Assorted Salad Dressings
- Sesame Rolls
- Assorted Desserts
- Asst. Fruit Bar
- Assorted Breads & Spreads
- Assorted Beverage Bar

**Lunch speed line**

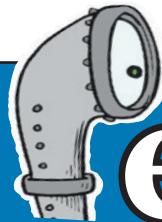
- Chicken Quesadillas
- Beef Enchiladas
- Spanish Rice
- Refried Beans
- Taco Bar

**Dinner**

- No breakfast served

**Weekends and holidays**

- Brunch - 10:45 a.m. to 12:15 p.m.
- Lunch 11:15 a.m. to 1



# Up Periscope with Bill Wesselhoff

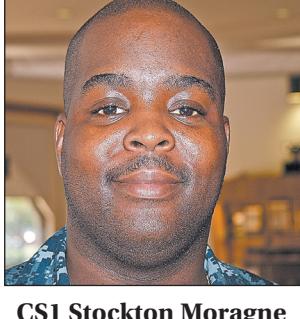


## Our picks for the 2015 Super Bowl winner

**H**ere we go. The NFL season kicks off tonight when the Seattle Seahawks host the Green Bay Packers. That's a fact. But I want to know who is going to be in and who is going to win the Super Bowl.

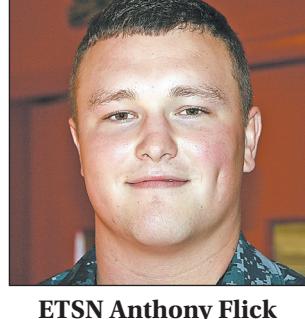
The Las Vegas website I just looked at has the Seahawks and Denver Broncos as 6-to-1 favorites to win it all, so that must mean Vegas favors both to reach XLIX. I went to Pirates Cove Galley to consult with my panel of NFL

experts and see if they agreed. And, actually, two of them picked that matchup, with one picking each. Me? Vegas had New England third at 8-to-1, so just to be different I'll take them over the Eagles.



**CS1 Stockton Moragne**  
Pirates Cove Galley  
Spartanburg, S.C.

"Seattle and Carolina. I'm hoping for Carolina to win because I'm from there, but Seattle will win."



**ETSN Anthony Flick**  
USS Rhode Island Gold  
Lancaster, Pa.

"It'll be the Philadelphia Eagles and the Denver Broncos, and the Eagles will win in an upset."



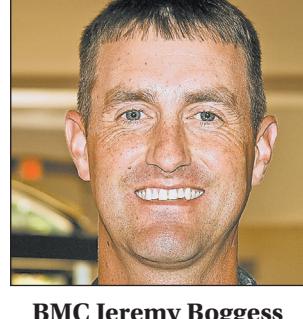
**MT3 Jamie Morrison**  
Trident Training Facility  
Fayetteville, N.C.

"Seattle and the Eagles. The Seahawks will win. They have the most returning players and a nasty defense."



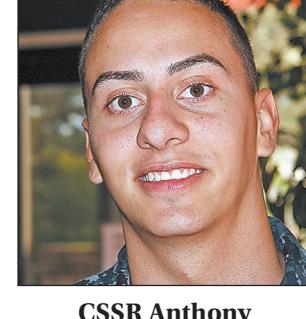
**BMC Kendrick Miller**  
Trident Refit Facility  
Stone Mountain

"It will be a repeat from last year all the way. Seattle's going to win because they have the better defense."



**BMC Jeremy Boggess**  
Trident Training Facility  
Denver

"Seattle and Denver, but this year Denver is going to win. They have the same caliber offense but made improvements on defense."



**CSSR Anthony Grazioplene**  
Pirates Cove Galley  
Buffalo, N.Y.

"The 49ers and Broncos. The 49ers will win. They're an all-around better team and their defense is top of the league."



### 9/11 Memorial

Photo composite courtesy of Kings Bay Fire Department.

The 2nd Annual 9/11 Memorial Run We Shall Never Forget is being hosted by the Naval Submarine Base Kings Bay Fire Department. A ceremony will start in front of Trident Lakes Golf Club at 5 p.m., Sept. 11. Fire department members will be jogging in their full fire-fighting outfit starting at 6 p.m. All commands are encouraged to participate by running with or following the fire fighters for the duration of the 5K.

### Kingsland Catfish



Navy photo by EM1 Mark Treen

Sonar Technician Chief Shaun Stebbins of Trident Refit Facility, left, and Culinary Specialist Chief Kevin Calliste, Naval Submarine Base Kings Bay, fry catfish while Kings Bay Sea Cadets serve the food Aug. 30 during the 2014 Annual Labor Day Kingsland Catfish Festival.

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# Fleet & Family Support Center workshops



## Parenting classes offered on Mondays

Are you frustrated with your children? Would you like suggestions on how to stop temper tantrums or how to get your teen to complete chores without asking them 14 times? We believe parents are the experts on their children. But, children don't come with a manual! So, sometimes you need help to figure out what to do with them. Meet with the parenting class from 9 to 11:30 a.m. on Mondays, Sept. 8, 15, 22 and 29. Enrollment in this six-week class is ongoing. Attendees must complete all six weeks in order to receive a certificate. A minimum of six participants is needed in order for a new class to start. Registration required at 573-4512.

## Talking money with your honey Sept. 17

This workshop will provide couples money management skills, an understanding of budget conflicts and a foundation for productive financial communication. This workshop will require both spouses to attend. This training will be 2 to 4 p.m., Sept. 17. Registration is required, call 573-4513.

## Sponsorship training for command reps

The Fleet and Family Support Center is offering Sponsorship training to all command representatives. The goal of the workshop is to ensure that designated command personnel have the necessary education and training to successfully fulfill the role of command sponsor. It presents an overview of the benefits of sponsorship, a list of sponsor duties and responsibilities, and a timeline to assist in streamlining the sponsorship process. The workshop is scheduled on 1 to 2:30 p.m., Sept. 18. Registration is required as class is limited to 20 seats. For more information call 573-4513.

## Transition GPS Capstone event upcoming

The purpose of the Capstone event is to evaluate your preparedness to successfully transition from a military to a civilian career and to validate that you have met the Career Readiness Standards. If you need additional assistance you will receive a referral to the appropriate partner agency. The next Capstone event is 8 a.m. to 4 p.m. Sept. 19. Registration by Command Career Counselor required. For more information call 573-4513.

## New Moms and Dads Support Group to meet

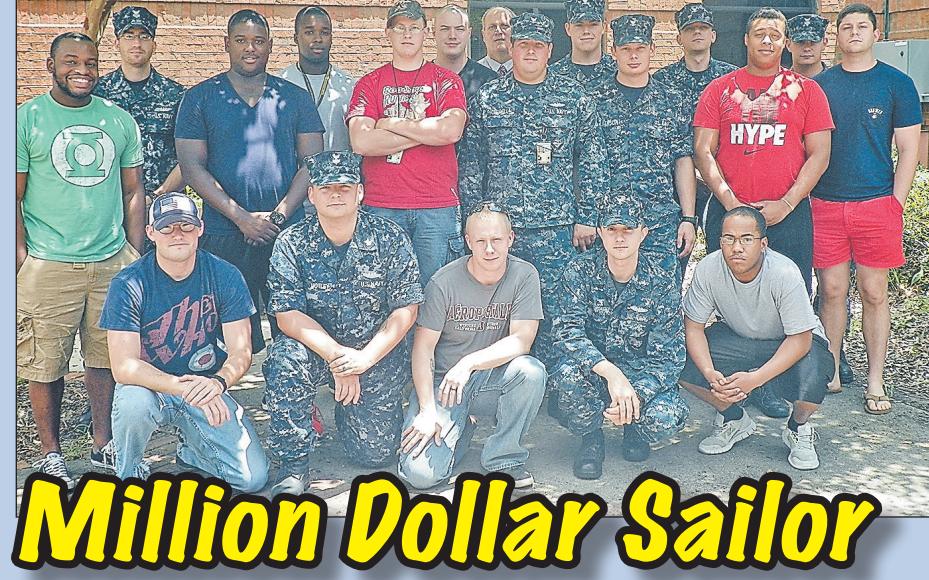
New Moms' and Dads' group meets 10 a.m. to noon every Tuesday at the Fleet and Family Support Center throughout the month. This is an opportunity for parents of young children to meet and share experiences and for children to make friends in a play-group setting. The group will meet 10 a.m. to noon, Sept. 9, 16, 23 and 30. No pre-registration required.

## Ten Steps to a Federal job examined

Gain information on the federal employment process, salaries and benefits. Learn how to interpret job announcements and determine whether you are eligible to apply. Attendees will be provided guidelines, information, samples and tips on completing the electronic Federal resume. Class is 9:30 a.m. to 12:30 p.m., Sept. 24. Registration required by calling 573-4513.

## Couples Connection workshop coming

The Fleet and Family Support Center Kings Bay in coordination with Chaplains Religious Enrichment Development Operations is hosting Couples Connection:



## Million Dollar Sailor

FFSC photo

Fleet and Family Support Center, Kings Bay, held a Million Dollar Sailor Class July 22 to 23. The class was a two-day seminar consisting of 11 modules covering Military Pay, Developing Your Spending Plan, Money Management, Consumer Awareness, Credit Management, Car Buying, Home Buying/Renting, Insurance Planning, Savings & Investing, Retirement Planning and Resources. This seminar was designed to educate Sailors and their families on sound money management practices to ensure a better quality of life. Attendees were John Seay, Sunny Bray, Styles Hardamon, Jerry Johnson, Bradley Greenway, Christopher Perry, Efem Johnson, Trevor Hees, Louis Walker, John Greene, Timothy Warrington, Holden Hood, Reid Wilkerson, Marla Giardano, Brendan Burrows, Ben Simpson, Trey Terrell, McKinley Davis III, Raaid Crossley, Lucas Brown, Tony Robertson, Daniel Rambow, Michael Coladonato, Anthony Raulerson, Alexander Perrault, Matthew Bailo and Brandon Motley.

One-Day Marriage Enrichment Workshop. It is designed to enhance and support the ability of a couple to get away from the distractions of everyday life and deployment cycles in order to improve their marital relationship. Activities are designed to increase a couple's ability to better understand one another and communicate on a more intimate level. This workshop will be 8 a.m. to 4 p.m., Sept. 12. Registration is required. Call 573-4513 to register.

## Transition GPS class upcoming

Transition GPS is a seminar for those separating, retiring or contemplating leaving the military. The five day seminar provides information on benefits, job search skills, employment resources, resume writing, interviewing and other skills. Spouses are encouraged to attend. Separation Transition GPS is 7:30 a.m. to 4 p.m., Sept. 8 to 12. Retirement Transition GPS is 7:30 a.m. to 4 p.m., Sept. 29 to Oct. 3. You must be registered by Command Career Counselor. For more information, call 573-4513.

## Pre-marital workshop offered Aug. 6

The Fleet & Family Support Center is offering a workshop for pre-marital counseling for couples that are contemplating marriage. The workshop is designed to address couples interested in enriching their future through improved communication, problem-solving skills, financial planning and realistic expectations of marriage. The class is designed to meet all clinical counseling requirements. The workshop is scheduled for 1 to 4 p.m. Sept. 3. Registration is required, and childcare is not available. For more information call 573-4512.

## Smooth Move Workshops coming

Smooth Move Workshops are designed to help personnel with military relocations and transfers. Areas covered include the new DPS website, transportation, travel pay, allowances, and important forms and documents, housing referral office and relocation services. All service members and

their spouses are encouraged to attend six months before their transfer date. Due to limited seating, please do not bring children. The CONUS workshop will be 2 to 4 p.m., Sept. 9 and the OCONUS workshop is 2 to 4 p.m., Sept. 23. For more information, call 573-4513.

## Stress management covered at workshop

Events, schedules, daily pressure and many other items can cause undo stress

## 2nd Annual 9-11 Memorial Run We Shall Never Forget

Please join us in supporting local firefighters during a memorial "Bunker Gear" 5k run to remember the fallen on September 11th.

Thursday, September 11, 2014

Ceremony begins at 5:00 pm

Run commences at 6:00 pm

**Location:** Trident Lakes Golf Club

Civilians, Military, Everyone Welcomed!

For More Information Contact:

Captain James Todd

912-322-6722 or

Firefighter Scott Brock

305-434-2871



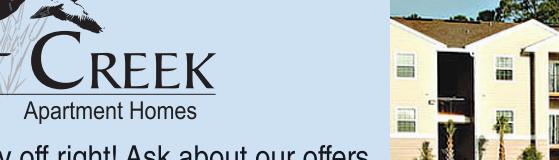
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in your life. Stress may or may not be good for your health depending on how you manage that stress. This workshop is slated for 1 to 4 p.m., Sept. 18. Pre-registration is required. Call 573-4512 for details.

## Savings and Investing workshop upcoming

This two-hour workshop provides in-depth training on how to start an investment portfolio for as little as \$25 a month. Learn how to begin investing in stocks, bonds, mutual funds and more. This training is scheduled 9 to 11 a.m. Sept. 24. Registration is recommended. For more information call 573-4513.

## Navy Ready 101 preps for disasters

Learn how to familiarize yourself with the Navy Family Accountability Assessment System. This training covers all that is needed to be prepared before and during a disaster. To register call (912) 573-4513. Session will be 6 to 7 p.m., Sept. 30.

## Anger management seminar Sept. 24

Anger is not an effective method for getting what you want and is often a smoke screen for other emotions. This workshop is slated for 8:30 a.m. to noon, Sept. 24. It can help you focus on identifying the feelings anger hides and explore behaviors helpful in resolving primary issues. Pre-registration is required. Call 573-4512 for details.

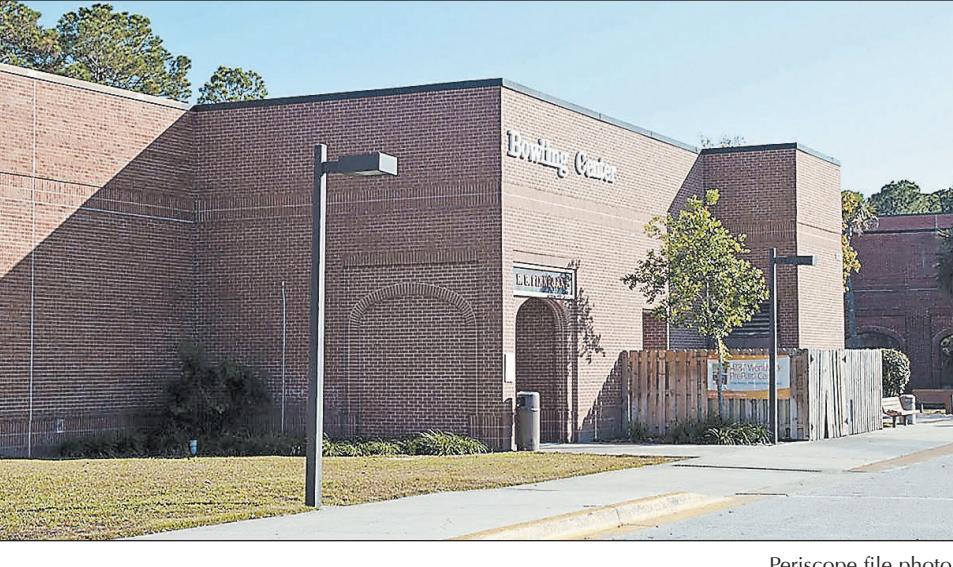
## FFSC workshops will come to you

Fleet and Family Support Center will take most of its regular workshops on the road if a unit or command can furnish a conference room or classroom and guarantee a minimum of five participants. All classes listed are at the Fleet and Family Support Center unless otherwise noted. Fleet and Family hours of operation are 8 a.m. to 4:30 p.m., Monday, Tuesday, Wednesday and Friday and 9 a.m. to 4:30 p.m. Thursday.





# Morale, Welfare and Recreation happenings



NFL Sunday Ticket at Finnegan's Irish Pub inside the Bowling Center and Average Joes Bowling League are two upcoming activities at NSB Kings Bay.

## NFL Ticket starts Sept. 7

NFL Sunday Ticket starts Sunday, Sept. 7 at KB Finnegan's Irish Pub. Nine TVs, snacks, hot dogs and pulled pork sandwiches will be available for purchase. Domestic pitchers will be offered for \$5. Finnegan's opens at noon every Sunday through Feb. 1. For more details, call KB Finnegan's Irish Pub at (912) 573-9492.

**Movie Under the Stars** — On Sept. 20, come out with family and friends to the Youth Center ballfields to enjoy an evening watching *How to Train Your Dragon 2* rated PG. Show time is at dusk, about 7:30 p.m. Bring along your chairs, blankets, bug spray and snacks. Remember that all outdoor activities are weather-based and change may occur. MWR will post to its Facebook page if anything changes. For more information, call (912) 573-4564.

### Liberty call

#### Lunch at O'Brien's Bunker at Trident Lakes Golf Club

— Stop by. The friendly staff and delicious variety menu will make you glad you did. They offer a large selection of salads, sandwiches and seafood platters. Each one is made right there inside the restaurant. For the fans of O'Brien's from outside the base, yes they offer lumpia as an appetizer. The restaurant hours are 10:30 a.m. to 1:30 p.m. Mondays through Fridays. For a quick lunch carry-out, call (912) 573-0008.

**Decades of Disney** — At Rack-N-Roll Lanes 5 to 11 p.m., Friday Sept. 5. If you and/or your family dresses up as your favorite Disney Characters then all your games

Periscope file photo

will be 50 cents and rental shoes will be \$1. Disney movies will be shown all night with a candy "bar", photo opportunities, party favors, snacks, adult beverage specials and prizes for best individual and best family costume. Domino's will have a \$10 special any way, any size, 5 to 8:30 p.m. For more information, call RNR Lanes at (912) 573-9492.

**Intramural Fall Indoor Volleyball League** — Registration begins Sept. 1 for Fall Indoor Volleyball at the Fitness Center. Captain's meeting is Sept. 24 with play beginning Oct. 1 on the basketball practice court. Active-duty team and DoD team fee is \$100. For more information, call IM Sports at (912) 409-1611

**Intramural 7v7 Flag Football League** — Registration begins Sept. 8 for 7v7 Flag Football at the Fitness Complex. Captain's meeting is Oct. 1 with play beginning Oct. 6 at the new synthetic football field. Active-duty team fee is \$100. DoD team fee is \$200. For more information, call IM Sports at (912) 409-1611.

**Intramural Average Joe's Bowling League** — Registration begins Sept. 16 for Average Joe's Bowling League at Rack-N-Roll Lanes. Captain's meeting is Oct. 8 with play beginning on Oct. 14. Active duty team fee is \$100. DoD team fee is \$200. For more information, call IM Sports at (912) 409-1611

**Give Parents a Break Kids Night Out** — It's 6:30 to 10:30 p.m. at the Child Development Center Thursday, Sept. 4, for only \$4 per hour per child with a snack provided. Open to children 6 weeks to 12 years of age. All youth must be pre-registered by Tuesday, Sept. 2. A registration packet must be filled out prior to event, if child is not already enrolled in the Child Youth Program. Call CYP at (912) 573-3888 for more details.

**Tae Kwon Do** — Now at the Fitness Center Tuesdays and Thursdays, 5:15 to 6:15 p.m. for 7-year-olds and under; 6:15 to 7:15 p.m. for 8 to 12 and 7:15 to 8:30 p.m. for 13 to adult. A free, two-week introductory class plus the next two weeks is \$22.50. Fees are active duty, retiree and reservists \$25 per month, family members of

### Just for kids

active duty, retired and reservists \$30 for one family member per month, \$40 for two family members per month, \$60 for three family members per month, \$80 for four family members per month; DoD civilians, their family members and contractors \$35 for one member per month, \$50 for two family members per month, \$70 for three family members per month, \$90 for four family members per month. For more information call the Fitness Center at (912) 573-3990.

**Fitness attire** — In order to provide an atmosphere that is healthy, clean and family friendly, Naval Submarine Base Kings Bay has elected to adopt a dress code for patrons using the Fitness Center. This dress code has been approved and is supported by the Kings Bay command. It is the same dress code being used at some of the other bases across the Navy and at CNIC. All patrons abide by the regulations.

**Youth Bowling League** — Begins at 9 a.m., Sept. 6. Registration is 9 a.m. to noon Aug. 30. Sanction fee is \$6 and includes sanc-

tion card, a w a r d s and prizes. W e e k l y fee is \$8 includes lineage, shoes and bowling. League runs from September to March, about 26 weeks. For more information, call Rack-N-Roll Lanes at (912) 573-9492.

**Free Movies for the Kids** — They're Saturdays and Sundays at 1 p.m. and also during school breaks/holidays at The Triplex. *Mr. Peabody & Sherman* is Sept. 6 and 7, *Maleficent* Sept. 13 and 14, *The Nut Job* Sept. 20 and *How to Train Your Dragon 2* Sept. 27 and 28. Additional kids movies will be shown during school breaks. All youth under 18 years of age must be accompanied by a parent or adult. Snacks foods and beverages are available for purchase. If 15 minutes after the scheduled start time no one else comes in, the movie area will be available for open viewing. For the latest information, call (912) 573-4548. The movie schedule is listed in Facebook under the events tab on mwrkingsbay page.



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### According to a recent Inbound Logistics article:

- The logistics and supply chain sector is closely aligned with the military in many of its processes, strategies, and, increasingly its workforce
- Many private sector companies are looking to leverage former military skills
- Former military personnel are armed with the experience and skills needed to battle the supply chain challenges
- Veteran hires bring to the table real-world insight about logistics operation

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## Couples Connection

### One Day Marriage Enrichment Workshop



SEPTEMBER 12TH 2014

8:00 a.m. – 4:00 p.m.

Call 573-4513 to register

The Fleet and Family Support Center Kings Bay in coordination with Chaplains Religious Enrichment Development Operations (CREDO) is hosting Couples Connection: One-Day Marriage Enrichment Workshop. It is designed to enhance and support the ability of a couple to get away from the distractions of everyday life and deployment cycles in order to improve their marital relationship. Activities are designed to increase a couple's ability to understand one another better and communicate on a more intimate level.

Couples discover ways to:

- Better handle inevitable conflicts
- Understand how they interact with their spouse
- Build intimacy and communication
- Become closer by strengthening the emotional, physical and spiritual aspects of their marriage
- Take time to have fun with one another

Who should attend? Couples seeking greater satisfaction, closeness, and genuineness in their marriage.



THE PERISCOPE, NSB KINGS BAY, Thursday, September 4, 2014 11



Marine Corps photo by Cpl. Reece Lodder

Marine Cpl. Sharadan Reetz, left, and Lance Cpl. Jarrett Hatley, rest next to Blue, an improvised explosive device detection dog, in Helmand Province.

## Dogs, Corps' best friend

By Krista Cacace  
Marine Corps Logistics Base Barstow

Throughout history, dogs have been our constant faithful companions and protectors.

As far back as the Civil War, stories have been written of heroic dogs that have served alongside our service members in our nation's history.

Dogs have played vital roles as mascots, guards, trackers and even mine detectors — saving thousands of human lives.

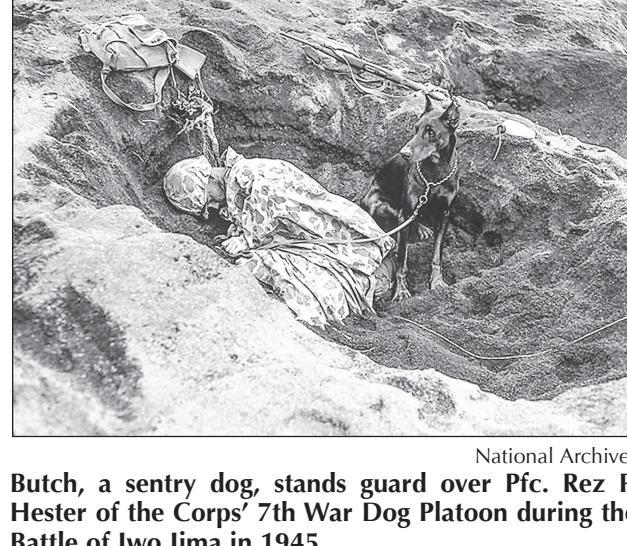
Dogs were originally enlisted by the Quartermaster Corps, and a diversity of breeds were accepted, but were viewed as equipment. German Shepherds and Doberman pinschers became the choice breed selected for the work.

These dogs are commonly referred to as war dogs; however, the correct term is military working dogs. Military working dogs have been used by the U.S. Military since World War I.

On Nov. 1, 1943, the 24 canine members were sent ashore just one hour after the first wave of Marines hit the beach on Bougainville.

The fighting Marines met the dogs with mixed reactions, since the use of dogs in combat was in a trial run. But these dogs proved to be invaluable in combat.

Otto, a thin Doberman pinscher, described as a very intelligent, well-trained, and good point



Butch, a sentry dog, stands guard over Pfc. Rez P. Hester of the Corps' 7th War Dog Platoon during the Battle of Iwo Jima in 1945.

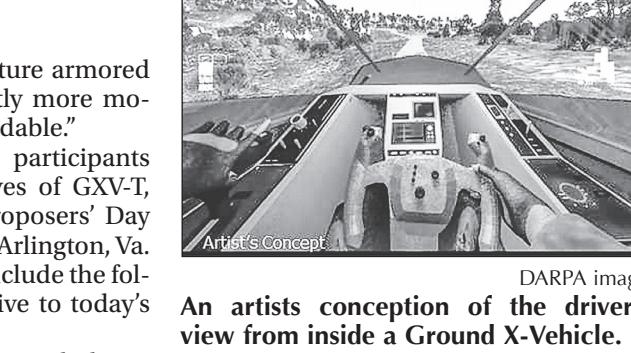
dog hit the beach with his two handlers, Pvt. Martin R. Troup and Pfc. Henry L. Demault. Working ahead of the point in a reconnaissance patrol on Nov. 2, Otto's keen sense of smell and hearing allowed him to alert the position of a machine gun nest at least 100 yards away. This allowed the Marines time to disperse and take cover before the machine gun opened fire, resulting in zero casualties.

The First Marine Dog Platoon consisted of 48 enlisted men working in pairs as handlers for the 21 Dobermanns and three Shepherds.

Labradors eventually replaced the Doberman due to the nature of the work that had to be accomplished, but the German Shepherd remains the most frequently used dog.

Military working dogs continue to be of service today, but upon retirement, suitable veteran war dogs are allowed to be adopted into loving homes.

The heroic actions of these Devil Dogs should not be forgotten. They have saved countless lives and prevented casualties throughout their military service.



DARPA image

An artist's conception of the driver's view from inside a Ground X-Vehicle.

and automation of key crew functions similar to capabilities found in modern commercial airplane cockpits

▪ Signature Management - Reduction of detectable signatures, including visible, infrared, acoustic and electromagnetic

Technology development beyond these four examples is desired so long as it supports the program's goals.

DARPA is particularly interested in

engaging nontraditional contributors to help develop leap-ahead technologies in the focus areas above, as well as other technologies that could potentially improve both the survivability and mobility of future armored fighting vehicles.

DARPA aims to develop GXV-T technologies over 24 months after initial contract awards, which are currently planned on or before April 2015.

The GXV-T program plans to pursue research, development, design and testing and evaluation of major subsystem capabilities in multiple technology areas with the goal of integrating these capabilities into future ground X-vehicle demonstrators.

▪ Survivability through Agility — Autonomously avoid incoming threats without harming occupants through technologies such as agile motion (dodging) and active repositioning of armor

▪ Crew Augmentation — Improved physical and electronically assisted situational awareness for crew and passengers; semi-autonomous driver assistance

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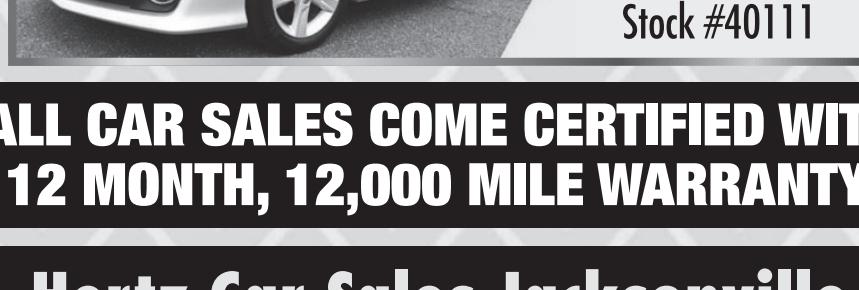
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Navy photo by MC1 Eli J. Medellin

The USS Iowa (BB 61) sits at anchor off Naval Weapons Station Seal Beach, Calif. The battleship is being prepared in San Pedro, Calif. as a floating museum.

## USS Iowa being restored

By MC1 Joshua Nistas  
USS Anchorage Public Affairs

Sailors and Marines from amphibious transport dock ship USS Anchorage (LPD 23) and guided-missile destroyer USS Spruance (DDG 111) gathered together to help restore a legacy of U.S. Naval history, Aug. 7.

The service members assembled on the deckplates of the former battleship USS Iowa (BB 61) to help in restoring the ship that has become a museum.

David Canfield, vice president of security and technology for Iowa, says this community relations means more than Sailors moving items from one part of the ship to the next or painting a bulkhead.

"One of the reasons that we are here is to pass that torch to the next generation," said Canfield, who served on the Iowa from 1987-89 as a non-rated Fireman. "For me personally as an Iowa veteran, a chief petty officer and as

a member of the executive team on the ship, it meets all of our goals. We're passing that baton to the next generation. You're teaching them what it was to serve before, allowing them to serve now, and really admiring them for their service that they're doing for the future. It really connects the past with the future."

Sailors had a chance to experience the interior of Iowa that is usually closed off to the public, working in the same type of areas that they work in on the modern day naval ships.

"It feels amazing working on board here," Boatswain's Mate 2nd Class Cleston Williams from Spruance said. "Because this ship here paved the way for the ships that I'm on today, like the USS Spruance. This is where it all started, all the blood, sweat and tears. It's an honor and privilege being able to do this."

Iowa was first commissioned on Feb. 22, 1943, and was decommissioned

on three separate occasions.

For some of the service members, the COMREL had an added bonus of sharing a rich history.

"I'm a big World War II fan," said Marine Cpl. Devin Hahn, from the 7th Engineer Support Battalion detached to the Anchorage. "And me being able to come on board the Iowa and work on it is like working on a piece of history."

The current generation of the military was given the chance to work side-by-side with veterans that once served aboard the Iowa. Intelligence Technician 1st Class Maria Edwards said it was a very rewarding experience to be able to work with a former crewmember of Iowa.

"I thought it was awesome working with an actual veteran from Iowa," Edwards said. "He showed us where he worked, and he told us about how it was like back then. I think

See Iowa, Page 14

## Russian threats examined

By Jim Garamone  
DOD News, Defense Media Activity

NATO is examining additional ways it can reassure alliance members who feel threatened by Russia's on-going actions in Ukraine, including positioning forces in new locations, the Supreme Allied Commander Europe told a German newspaper.

In an interview with Die Welt, Air Force Gen. Phillip Breedlove called Russia's annexation of Ukraine's Crimean peninsula a new type of warfare, labelling it the DIME model: diplomatic, informational, military, economic. "In this new hybrid warfare, we see Russia applying all of the elements of national power in a coercive way to affect change in other sovereign nations," he said.

In February, Russia deployed a large force on its border with Ukraine and the Russian army conducted what were described as exercises near Crimea.



Breedlove

"Let's just look at eastern Ukraine right now. In a diplomatic sense, the Russians are trying to build these international arguments that it is Ukraine that is causing the problem," and that Russia needs to step in.

However, Breedlove said Russia continues to threaten Ukraine's sovereignty and he said NATO allies in Eastern and Central Europe feel threatened by this new warfare as well.

A number of reassurance measures have been put in place including bolstering air policing in the Baltics, added ship visits to the Black Sea, increased infantry exercises in the Baltic Republics as well as the deployment of additional NATO air assets as well as infantry exercises in

See Russian, Page 14

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**-Stephanie Saylor, Sales Associate, Navy Spouse,**  
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# 1st Marines complete mission in Afghanistan

**By 1st Lt. Garth Langley**  
Marine Expeditionary Brigade -  
Afghanistan

A blinding sand-storm swept across the desert floor surrounding Regional Command (Southwest)'s security-nebulous, Task Force Belleau Wood, Aug. 15.

During a brief pause in the storm, Marines with 1st Marine Regiment held a small ceremony to case the unit's battle colors for the final time in Helmand province, Afghanistan.

The regiment deployed to southwestern Afghanistan during Feb. 2014 and led more than 3,000 U.S. and coalition forces charged with safeguarding the remaining International Security Assistance Forces in the region.

First Marine Regiment transferred security lead to 1st Battalion, 2nd Marine Regiment, which will serve as the last Marine infantry unit during the Operation Enduring Freedom mission.

By the year's end, RC(SW) will officially close its doors after more than five years of counter-insurgency and security force assistance operations and transfer full security responsibility to the Afghan National Security Forces.

Col. Peter Baumgarten,

a native of El Paso, Texas and 1st Marine Regiment's commanding officer, said the opportunity to serve as the last regimental headquarters in Helmand was an honor.

"It's really an incredible feeling to be with 1st Marines at this period of time as their commander," Baumgarten said.

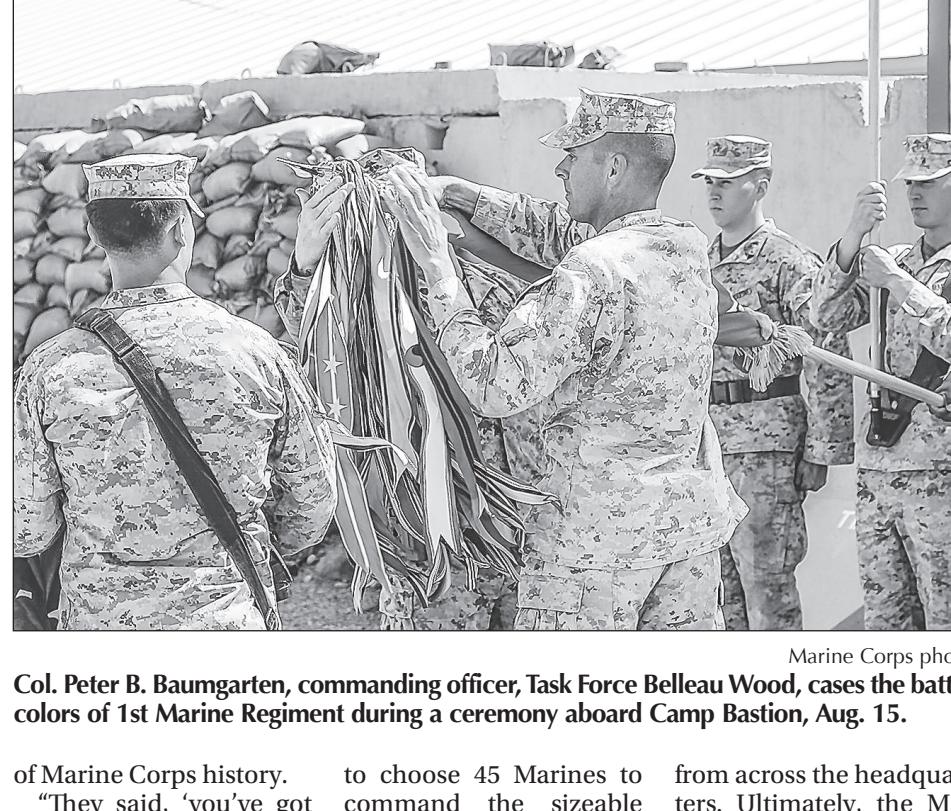
During his 26-year career, Baumgarten has deployed with Marine Expeditionary Units and commanded infantry units in Baghdad and al Anbar province, Iraq.

Shortly after assuming command of 1st Marine Regiment during June 2012, Baumgarten said he anticipated the regiment would deploy to Helmand during the drawdown of U.S. and coalition forces.

During the summer of 2013, as the force structure for Marine Expeditionary Brigade - Afghanistan was developed, the regiment was notified it would join the list of units to deploy during 2014.

At the time, the regiment had participated in the multinational amphibious exercise Dawn Blitz with forces from Canada, Japan and New Zealand during June 2013.

Baumgarten said his Marines were excited for the opportunity to help close a significant chapter



**Col. Peter B. Baumgarten, commanding officer, Task Force Belleau Wood, cases the battle colors of 1st Marine Regiment during a ceremony aboard Camp Bastion, Aug. 15.**

of Marine Corps history.

"They said, 'you've got the mission to Afghanistan,'" said Baumgarten.

At the time, Baumgarten was prepared to deploy upward of 350 personnel for the mission. In previous iterations of OEF, regimental combat teams deployed a headquarters of that size to command multiple infantry battalions.

Baumgarten's mission would be different, however. Due to manpower constraints, he would only get the opportunity

to choose 45 Marines to command the sizeable Task Force Belleau Wood.

Baumgarten went to the drawing board in search of a very select group of Marines.

"I had an entire regimental headquarters who really wanted to go to combat," said Baumgarten.

"It was very satisfying and heartbreaking. When we went from 350 Marines to 45, we had to go into a full mission analysis. We knew for sure we were not going to be the ground combat element for the Marine Air-Ground Task Force, so we didn't have to have the force structure to do that."

Throughout 2013, the regiment conducted a series of predeployment training exercises to prepare them for the deployment to Helmand.

"We focused on baseline skill sets, including the command and control capabilities, understanding how to run a combined joint operations center for Task Force Belleau Wood, and the overall management of security structure," said Baumgarten.

The unit also completed the Infantry Training Exercise aboard Marine Corps Air-Ground Combat Center in Twentynine Palms, California. During the exercise, he and the staff observed Marines

from across the headquarters. Ultimately, the Marines who "made the cut" were hand-selected by Baumgarten.

"I had sergeants who I hand-selected and they served in billets reserved for gunnery sergeants, and they acted and performed like gunnys," said Baumgarten.

2014 was a nostalgic year for 1st Marine Regiment. To commemorate the 100th anniversary of the regiment, Baumgarten organized a series of events during 2013 and 2014.

"We held a battle rededication ceremony during 2013," said Baumgarten.

He recalled a nervous moment while looking at historical paperwork.

"I looked down and realized 1st Marines came into existence during 1913 and had the realization that we were hitting the 100th anniversary that year," Baumgarten said.

While the unit was preparing for their deployment to Helmand, they organized a centennial celebration at the regiment's headquarters aboard Camp Horne during Jan. 2014.

"We invited all of the former commanders and the Marines who served with the regiment," Baumgarten said. "One of the very special times while in

command was talking to the former commandant of the Marine Corps and commanding officer of 1st Marine Regiment who got my invitation but could not attend."

The Marine was retired Gen. P.X. Kelley who served as the 28th Commandant of the Marine Corps from 1983 to 1987.

Tragically during 2014, Task Force Belleau Wood suffered the loss of a Marine. Four days after arriving in Helmand, Cpl. Caleb Erickson with 1st Battalion, 9th Marine Regiment, was killed by an insurgent attack.

"We lost one young Marine with Task Force Belleau Wood," Baumgarten said. "You have that weight on your shoulders at this point in the campaign. Corporal Erickson gave his life, and I think about him all the time. I think about all of those others who sacrificed their lives and made the commitment to serve."

Baumgarten and the Marines of 1st Marine Regiment are heading back to Camp Pendleton with a sense of accomplishment.

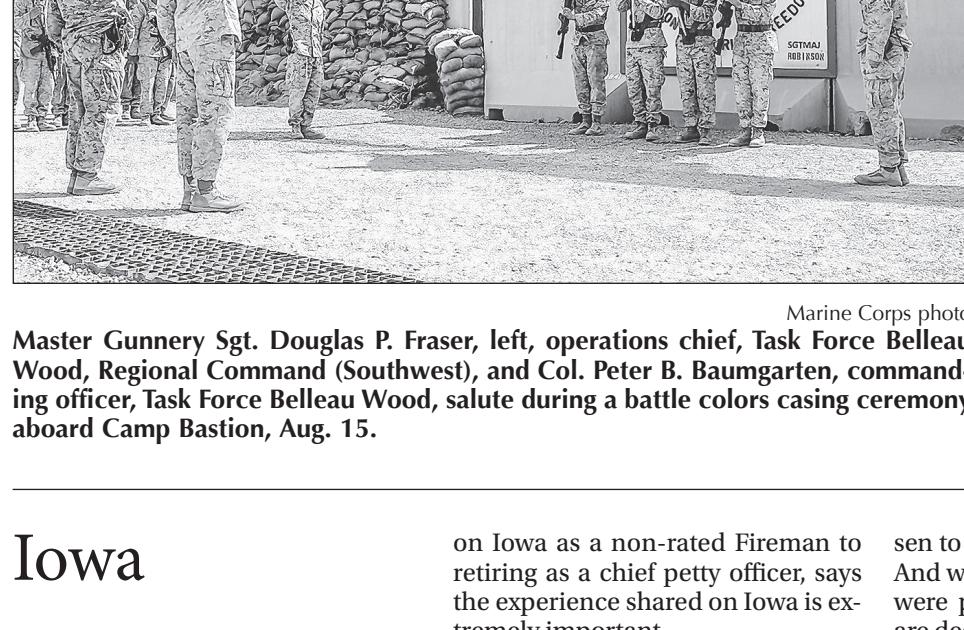
"I couldn't be more proud of the guys," said Baumgarten. "At the end of the deployment, you have about 40 of them you want to pin medals on."

Baumgarten said the regiment will not sit idly. In the coming months, 1st Marine Regiment will take part in large-scale amphibious exercise Steel Knight and has their sights set on future contingency operations.

Baumgarten said he is proud to contribute to the legacy of 1st Marine Regiment, just as Lt. Gen. "Chesty" B. Puller and Gen. P.X. Kelley did so many years before his time.

"I carried the flag of 1st Marines out here, and the thought of being a part of Marine Corps history is a great honor," said Baumgarten.

"We are proud to have been the last regimental command element to deploy to Afghanistan during the past 13 years of war."



Marine Corps photo

**Master Gunnery Sgt. Douglas P. Fraser, left, operations chief, Task Force Belleau Wood, Regional Command (Southwest), and Col. Peter B. Baumgarten, commanding officer, Task Force Belleau Wood, salute during a battle colors casing ceremony aboard Camp Bastion, Aug. 15.**

## Iowa

**From Page 13**

that one day, when I'm retired, I would like to work with one of the ship's I've been on."

Canfield, who served in the Navy for 21 years and went from being

on Iowa as a non-rated Fireman to retiring as a chief petty officer, says the experience shared on Iowa is extremely important.

"Look around and understand that what we did in the eighties, and what the previous crew did in the forties and fifties, and what they're doing today — it's all connected," Canfield said. "We are all members of the same profession. All of us have cho-

sen to wear the cloth of this country. And when you look back, it's like you were part of a long tradition, there are deep roots in the Navy."

Canfield added, "I would encourage them to look around the ship, to drink in the history. Understand that there were three generations that served here, and you guys are part of the next generation that is serving now."

## Russian

**From Page 13**

Poland.

"We're going to look at ... specifically the NATO Response Force," he said. "We're going to look at how to ... be more prepared in a command and control stance to react to Article 5 defense."

NATO will also station forces "in the right locations to be able to rapidly respond to this new form of warfare that we see being used," Breedlove said.

NATO nations must develop the police and military capabilities to deal with this new form of war. "How do we now train, organize, equip the police forces and the military forces of nations to be able to deal with this?" he asked. "It is important ... to remember that if we see these actions taking place in a NATO nation and we are able to attribute them to an aggressor nation that is Article 5, and it is a military response."



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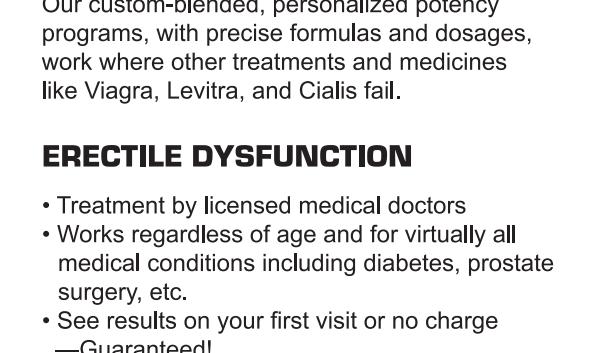
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