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Thursday, July 10, 2014

Jones takes command

New CO of MFPU Kings Bay relieves Cmdr. Stephen Love

By PA1 Lauren Jorgensen
Coast Guard Public Affairs Detachment Jacksonville, Fla.

Coast Guard Maritime Force Protection Unit Kings Bay celebrated a change of command June 27.

Cmdr. Kevin Jones relieved Cmdr. Stephen Love as commanding officer of Coast Guard Maritime Force Protection Unit Kings Bay during a formal change of command ceremony at Naval Submarine Base Kings Bay.

"In 30 years of service, I've never been on a better base."

Cmdr. Stephen Love
Outgoing MFPU Kings Bay CO



left MFPU Kings Bay to fill Jones' position.

"In my 30 years of service, I've never been on a better base," Love said, while thanking various officers

he served alongside during his time at the submarine base. "The folks here are phenomenal and motivate me every day."

Love also thanked members of the community, reflecting on how the locals welcomed him and his family from the day they arrived.

The relief was somewhat unique because Jones and Love replaced each other as commanding officer of their previous units.

Jones reported to MFPU Kings Bay from Coast Guard Training Center Yorktown, Va., where he served as the boat forces and cutter operations chief. Love



Navy photo by EM1 Mark Treen

Incoming Commanding Officer of Coast Guard Maritime Force Protection Unit Kings Bay Cmdr. Kevin Jones speaks during the Change of Command ceremony June 27 at NSB King Bay's chapel. More photos on Page 4.

"Every day in Camden County is Military Appreciation Day," he said. "I've never been to a community like this. It's unbeliev-

able." Jones said he was honored See CoC, Page 6



The Ohio-class ballistic missile submarine USS Wyoming (SSBN 742) returns to Naval Submarine Base Kings Bay following routine operations. Wyoming is the third U.S. Navy ship to be named after the state.

Navy photo by MC1 Rex Nelson

Power outage Saturday

Parts of base affected from 6 a.m. to 6 p.m.

By Erika Figueroa
Naval Submarine Base Kings Bay Public Affairs Office

A planned power outage is expected on board parts of Naval Submarine Base Kings Bay Saturday, July 12.

Facilities affected are the Stimson Security Pass and ID Building, Auto Hobby, McDonald's, the Navy Exchange Service Station, the base post office, the Goat Locker chief's club, the soccer complex, the ball fields, the Fitness Center gym, the Triplex, Rack-N-Roll Lanes bowling alley and bachelors enlisted quarters.

Electrical cables buried underground and subjected to groundwater intrusion are starting to degrade after 30 years.

Failed splices must be replaced,

See Outage, Page 2

USS WYOMING, ARRIVING

Vacation Bible School logs another success

Out of the Wilderness was theme for annual Chapel summer program

From Naval Submarine Base Kings Bay Chapel

The week of June 16 to 20, nearly 85 children were welcomed to the 2014 Va-

cation Bible School entitled *Wilderness Escape: Where God Guides and Provides*.

For five days children ages 5 to 11 learned of God's love and faithfulness when facing difficult life circumstances.

Coordinated by Donna Horn, director of Religious Education, Clainetta Jefferson, VBS director, Jackie Thomas, assistant VBS director, the chapel staff and a host of volunteers, this command reli-

gious program offered school-age children an opportunity to engage in faith-based learning in a caring and fun-filled environment.

When asked further about the 2014 VBS, Jefferson said, "This was a fantastic program. The students were placed in one of 12 tribes and allowed to experience the wilderness from crossing the Red Sea to gathering manna from the ground. All week we stressed the importance of trusting God.

"There is no way VBS would be a success without the support of Command Chaplain Ted Fanning, Deputy Command Chaplain Lara Byrd, Chaplain Catherine Pace, the chapel staff RPs, plus the more than 30 volunteers who work each day to make VBS a success. When it's all said and done, the most important thing is that the children and their families have a memorable first-hand experience with God's Word and his people. We were blessed to be able to provide this program for our military families."

tion in the Wilderness Escape meeting area where the "12 tribes of Israel" learned fun motions to upbeat Bible songs like *I Will Trust You* and *This is How We Overcome*. With the help of Bible Buddies like Mo the Mouse, Humphrey the Camel, Chase the Cheetah, Issac the Goat and Rocky the

Wombat, students learned that they can trust God with the details of their lives.

Throughout the morning students moved from one tent to another to explore God's Word in new and interesting ways.

At Moses' Tent students learned about the challenges and victories the children of Israel experienced as they made the great exodus out of the land of Egypt.

At other "tents" like Fun and Games, VBS participants enjoyed silly races and other fun outdoor activities.

In the Israelite Camp, set up like a Middle Eastern market place, students made sandals, tam-

"We are blessed to be able to provide this program to our military families."

Clainetta Jefferson
Vacation Bible School director



Photo by EM1 Mark Treen

Courtney Jackson, TRF employee and Chaplain candidate, played Moses at this year's Kings Bay Chapel Vacation Bible School. More photos on Page 5.

Children began each day at a *Celebra-*

See VBS, Page 5



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Now hear this!

Student aid webinar July 16, 17

Department of Education's Federal Student Aid program will present a free webinar event *FAFSA 101 and the Armed Forces* from 10 to 11:30 a.m., July 16 and 4:30 to 6:30 p.m., July 17. Title IV programs, loan repayment options, public service loan repayment options and other federal student aid resources will be covered. This is open to all. Registration is required. Visit fsaregistration.ed.gov/d/k4g3f1.

Cell Phones for Soldiers starts

Habitat for Humanity of Camden County and nonprofit Cell Phones For Soldiers Inc. are asking Camden County residents to help troops call home by donating gently-used cellular phones. Beginning July 15, residents can donate their phones at Habitat in Kingsland at 302 South Lee St. Cell phones can be dropped off 9 a.m. to 5 p.m., Tuesday through Saturday at Habitat's ReStore. For more information, e-mail linda@hfhcamden.org or call (912) 729-3633. Also, visit www.hfhcamden.org for additional Habitat opportunities.

St. Marys offers music series

The next Starry Nights, Music in the Park free series is 6 to 8 p.m. at the St. Marys Waterfront Park amphitheater. *No Known Cure* is July 19, *The Just Jazz Quartet* returns Aug. 16 and *Back From the Brink* Sept. 20. Additional Music in the Park dates will be, July 12, Aug. 9 and Sept. *Fish Head* will begin these dates. For more information, call the St. Marys Welcome Center at (912) 882-4000.

Fernandina market on Saturdays

The Fernandina Beach Market Place farmers market, on N. 7th Street in downtown, historic Fernandina is 9 a.m. to 1 p.m. every Saturday. For more information, visit the Web site at FernandinaBeachMarketPlace.com or call (904) 557-8229.

NMCRS Uniform Locker open

You've heard the expression, "There's no free lunch." But how about free uniforms? The Navy-Marine Corps Relief Society has a Uniform Locker that offers a large selection of used uniforms, jackets, hats, shoe and more for active duty men and women at no cost. Visit the uniform locker at the NMCRS office in Building 1032 at 926 USS James Madison Road. It's open 9 a.m. to 3 p.m. Monday through Friday. The locker also appreciates uniform donations. For more information, call (912) 573-3928.

Marine Corps League drive on

The Kings Bay Detachment No. 1229 of the Marine Corps League is looking for members. Meetings are the second Tuesday of each month. The league volunteers aid and assistance to Marine and Navy Corpsman widows and orphans and observes historical Marine anniversaries. For more information, e-mail MarineCorpsLeagueKingsBay@gmail.com.

Base lost & found has found items

There is lost and abandoned property, such as watches, rings and cell phones, at Naval Submarine Base Kings Bay Navy Security. If you have any information reference to any items, contact Detective Michael Palmer, Monday through Friday, at (912) 573-9343 or by e-mail, Michael.j.Palmer@Navy.mil.

Sub Vet chapter selling cookbook

Silent Service Food to Dive For is a cookbook published by the United States Submarine Veterans Inc. Farragut Base. Proceeds from this fund-raiser help support a variety of community, military and veteran's activities. The cost is \$25, which includes postage. For more information or to order, contact Judy at (208) 762- 5055 or at judymwol@yahoo.com.

Outage

From Page 1

and in order to effect complete repairs, main junctions serving several facilities must be shut down.

"The new materials used are resilient to water intrusion and should last at least for several decades," said Chris Cimento of the Kings Bay Public Works Office.

The outage is expected to last from 6 a.m. to 6 p.m., so plan accordingly.

Reserves offer chance to stay Navy

From Navy Personnel Command, Public Affairs

Sailors interested in change, but who want to stay Navy may be interested in the flexibility and continued benefits that come with Reserve affiliation.

The Career Navigator offers a streamlined process for Sailors who are interested in pursuing Reserve Component opportunities.

"There are a few different reserve opportunities available for Sailors," said Lt. Cmdr. Jenni Reid, Selected Reserve enlisted community manager.

The Selected Reserve consists of drilling reservists and units. These designated Reservists are available for recall to active duty status and they serve as the Navy's primary

Navy Reserve

source of immediate manpower. SELRES typically fulfill the traditional service commitment of one week-end a month and two weeks a year. These reservists receive many of the same benefits and may perform many of the same duties as their active duty counterparts.

Full-Time Support Reservists perform active duty services relating to the training and management of the Navy Reserve program. They may be assigned to shore activities and commands or operational units. FTS personnel receive the same pay, allowances and benefits as active duty members.

Individual Ready Reserve offers Sailors some reserve affiliation perks without the SELRES drill requirements. Sailors in the IRR have to maintain mobilization readiness and must keep the Navy informed of any address changes or conditions that may affect their readiness.

"Your Career Counselor can assist you with an application to transition to the RC via Career Navigator. If you receive a SELRES quota, you must select a drill site from the Career Management System/Interactive Detailing," said Reid. "For Sailors interested in FTS opportunities, contact the active duty ECM responsible for the rating for which you have interest. Active duty ECMs manage both Active Component and the corresponding FTS rate."

Biofuel to sail Green Fleet in 2016

By Mark Matsunaga
Pacific Fleet Public Affairs

Ships and aircraft in the next Rim of the Pacific Exercise could be running on biofuels, and they won't even need to know it, according to speakers at an Alternative Fuels Overview briefing for RIMPAC 2014 participants.

The briefing drew more than 40 officers and officials from seven nations — Australia, Brunei, Chile, Colombia, Japan, Mexico and the United States.

Joelle Simonpietri, U.S. Pacific Command's operational manager for energy and contingency basing, spelled out the need to develop alternative fuels in order to reduce a major driver of conflict.

This is especially true in the Pacific, which has the world's largest energy demand and lowest fossil energy resources; where the "tyranny of distance" is most acute, and everything must travel long distances.

She also noted that only a handful of the 36 nations in the Indo-Asia-Pacific region are petroleum exporters.

Fossil fuel price volatility has meant that "in several of the past 10 years, the U.S. Department of Defense has had to do significant budget machinations," Simonpietri said.

Development of alternative fuels closer to operations shortens and diversifies supply lines.

It can also reduce greenhouse gas emissions, and foster "good neighbor" cooperation among nations.

Simonpietri said Department of Defense Alternative Fuel Policy requires that replacement fuels must be "drop-in" fuels and meet existing fuel specifications.

The biofuels must utilize existing transportation and distribution infrastructure and require no modifications to weapons platforms.

Moreover, these alternative fuels must be cost-competitive with petroleum fuel and have lifecycle greenhouse gas emissions that are no worse than conventional fuels while also complying with existing

Navy Reserve

procurement, energy, health and safety laws and regulations.

Biofuels can be made from a variety of feedstocks, including crop residues, woody biomass, dedicated energy crops, vegetable oils, animal fats, and algae.

Simonpietri also made the important point that biofuel production must complement rather than compete with food crops.

The "drop-in biofuel" the Defense Department wants is not the same as the familiar ethanol and biodiesel — first- and second-generation biofuels — that are used in cars and trucks.

What the Defense Department is pursuing is third-generation biofuel "drop-in" replacements for diesel and jet fuels that are used in aircraft and ships. These biofuels are much more advanced, have far less oxygen than ethanol and biodiesel, and contain the same energy density as their petroleum-based counterparts.

Chris Tindal, director for operational energy in the Office of the Deputy Assistant Secretary of the Navy for Energy, said that in RIMPAC 2012 the Navy successfully demonstrated the Great Green Fleet, operating a carrier strike group's surface ships and aircraft with a biofuel blend without incident.

In fact, the Great Green Fleet 2012 demonstration was a significant milestone of the Navy's testing and certification program for "drop-in" biofuels derived from used cooking oils and algae.

The next milestone, Tindal said, is 2016, when the Navy intends to "sail the Great Green Fleet 2016."

Rather than one group of ships, he said, the Navy plans for biofuels to comprise up to

50 percent of the fuel used by deploying ships and aircraft throughout the fleet in calendar year 2016. Procurement has already begun for advanced drop-in biofuels.

Selection of platforms and locations for the 2016 effort will happen later.

However, biofuel use in the Navy will not end at the conclusion of 2016 after the sailing of the Great Green Fleet, as "it will mark the start of the Navy's 'New Normal,'" Tindal said.

Leading up to that milestone, the Navy has already issued solicitations for operational quantities of alternative fuel in the Western U.S. and Western Pacific.

Alternative fuels could be purchased and distributed through Navy oilers as early as January 2015. He and Simonpietri stressed that in order to be accepted for Defense Department use, biofuels or bio-fuel blends must be virtually indistinguishable from their fossil fuel equivalents.

Because of that, participants in RIMPAC 2016 could very well be operating on biofuels without needing to be aware of it.

Tindal and Simonpietri encouraged the foreign members of the audience to facilitate government cooperation, and offered to share U.S. test and certification data for alternative fuels.

They also encouraged the officers to consider future possibilities where their nation could both supply fuel to the U.S. Department of Defense and produce it for their own military and aviation use.

RIMPAC is a multinational maritime exercise that takes place in and around the Hawaiian islands and Southern California.

Twenty-two nations, 49 ships, six submarines, more than 200 aircraft and 25,000 personnel are participating in the biennial exercise from June 26 to Aug. 1.

The world's largest international maritime exercise, RIMPAC provides a unique training opportunity that helps foster and sustain cooperative relationships that are critical to ensuring the safety of sea lanes and security in the world's oceans. RIMPAC 2014 is the 24th exercise in the series that began in 1971.

Relief society seeks volunteers

From The Navy-Marine Corps Relief Society
Kings Bay

Volunteers are the backbone of the Navy-Marine Corps Relief Society, providing essential support at our locations around the world.

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Contact NMCRS Kings Bay at kingsbay@nmcrs.org or call the office at (912) 573-3928.



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Assessment: Iraqis can hold Baghdad

By Jim Garamone
DoD News, Defense Media Activity

The United States has sent troops back to Iraq because it is in America's interest for the country to remain stable and to counter Sunni militants from the Islamic State of Iraq and the Levant, the chairman of the Joint Chiefs of Staff said July 3.

Army Gen. Martin E. Dempsey told a Pentagon news conference that Iraq's leaders must form an inclusive government that respects the rights of all groups.

Iraq can and should be a U.S. partner in countering terrorism, Dempsey said.

The Islamic State of Iraq and the Levant, which has captured large sections of the country's north and west over the past few weeks, is a regional threat, Dempsey said, but could become a transnational and global threat in the fu-

ture. They have "made some pretty significant and rapid advances."

Yet "they're stretched right now," the chairman said, "stretched to control what they have gained and stretched across their logistics lines of communication." There are currently nearly 800 American service members in Iraq, with some protecting the American embassy and other facilities.

Other U.S. troops are assessing the situation on the ground and have now opened a second joint operations center in Erbil in northern Iraq after establishing one in Baghdad last month.

President Barack Obama ordered up to 300 special forces to



Dempsey

the country last month to provide advice on how best to assist the Iraqi military in their fight against Sunni militants.

Meanwhile, Iraqi security forces have stiffened resistance in face of the militants' gains.

"I don't have the assessment teams' exact language, but some initial insights are that the ISF is stiffening, that they're capable of defending Baghdad," Dempsey said.

Iraqi forces would be challenged however, if they went on the offensive against the militants, he added.

Dempsey emphasized the ability of Iraq's military to defend the country depends on political leaders in Baghdad uniting to form a government of national unity.

In addition, what role the United States will play in Iraq going forward, he said, depends on the conclusions of the U.S. mili-

tary assessment teams, as well as Iraq's political progress.

Currently, U.S. advisors in Iraq are not involved in combat operations, Dempsey said, but he did not rule that out.

"If the assessment comes back and reveals that it would be beneficial to this effort and to our national security interests to put the advisors in a different role, I will first consult with the secretary, we will consult with the president," he said. "We'll provide that option and we will move ahead."

Even so, he said U.S. involvement in Iraq does not amount to "mission creep." Choosing to characterize it instead as "mission match."

"We will match the resources we apply with the authorities and responsibilities that go with them based on the mission we undertake, and that is to be determined," the chairman said.

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4:00 10:00

***DAWN OF THE PLANET OF THE APES IN 2D** (PG13)
1:00 6:30 7:00 9:15 9:40

***DELIVER US FROM EVIL** (R)
1:25 4:10 7:05 9:50

***EARTH TO ECHO** (PG)
12:40 2:55 5:10 7:25 9:35

***TAMMY** (R)
12:45 3:00 5:15 7:30 10:10

***TRANSFORMERS: AGE OF EXTINCTION IN 3D** (PG13)
4:30

***TRANSFORMERS: AGE OF EXTINCTION IN 2D** (PG13)
1:15 8:00 9:30

THINK LIKE A MAN TOO (PG13)
1:10 3:45

22 JUMP STREET (R)
1:30 4:15 7:10 9:55

HOW TO TRAIN YOUR DRAGON 2 (PG)
12:35 2:50 5:05 7:20

MALEFICENT (PG)
12:30 2:45 5:00 7:15
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Leaders assessing Sunni militants

By Cheryl Pellerin
DoD News, Defense Media Activity

U.S. military efforts in Iraq are focusing on securing the American Embassy and personnel in Baghdad, assessing the situation in the country and advising Iraqi security forces, Defense Secretary Chuck Hagel said July 3.

Hagel and Chairman of the Joint Chiefs of Staff Army Gen. Martin E. Dempsey briefed the Pentagon press corps, focusing on the U.S. mission and role in Iraq.

Both are important components of President Barack Obama's strategy in Iraq, the secretary said, which involves supporting Iraqi forces and helping Iraq's leaders resolve the political crisis that enabled the advance of the armed militant extremist group the Islamic State of Iraq and the Levant, or ISIL.

"By reinforcing security at the U.S. embassy [and] its support facilities at Baghdad International Airport, we're helping provide our diplomats time and space to work with Sunni, Kurd and Shia political leaders as they attempt to form a new inclusive national unity government," Hagel told reporters.

By better understanding conditions on the ground and the capabilities of Iraqi security forces, he added, "we'll be better able to help advise them as they combat ISIL forces inside their own country."

About 200 U.S. military advisers are on the ground in Iraq, said Hagel, noting that the United States, with Iraqi assistance, has established a joint operations center in Baghdad.

"We have personnel on the ground in Erbil where our second joint operations center has achieved initial operating capability ... [and] assessment teams are evaluating the capabilities and cohesiveness of Iraqi forces," the secretary said.

The six U.S. assessment teams are focusing on questions such as the strength and cohesion of the Iraqi security forces, the strength and locations of ISIL, how deeply embedded they are, how each component fits into the larger sectarian dynamic at play in the country, the process of forming a new government in the country, and other material issues, Hagel added.

"Both the chairman and I are getting some assessments back, early assessments, through [U.S. Central Command Commander Army Gen. Lloyd J. Austin III] who is overseeing all of this," the secretary said. "We won't have the full complement of all those assessments for a while but that is ongoing."

The teams in Iraq today have one mission and that is assessments, he added.

"I don't know what the assessments are going to come back and say or what they would recommend. We'll wait to see what that is and what Gen. Austin and Gen. Dempsey then recommend," the secretary said.

"None of these troops are performing combat missions. None will perform combat missions," Hagel said.

"The situation in Iraq ... is complex and fluid. But there's no exclusively military solution to the threats posed by ISIL," he added. "Our approach is deliberate and flexible. It is designed to bolster our diplomatic efforts and support the Iraqi people. We will remain prepared to protect our people and our interests in Iraq."



Hagel

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8:30 a.m. - Confessions
9 a.m. - Catholic Mass
10:30 a.m. - Protestant Divine Service
Mondays-Wednesdays and Fridays
11:15 a.m. - Catholic Mass, Adoration following Wednesday mass until 8 p.m.
Saturdays
4:30 p.m. - Confessions
5 p.m. - Catholic Mass
Chapel office hours
8 a.m. to 4 p.m. Mondays through Fridays

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Maritime Force Protection Unit Kings Bay



Change of Command

June 27, 2014

Cmdr. Stephen Love, third from left, was relieved by Cmdr. Kevin Jones, left, as commanding officer, Coast Guard Maritime Force Protection Unit Kings Bay during a Change of Command ceremony in the Naval Submarine Base Kings Bay Chapel, June 27.

Rear Adm. Jake Korn, Commander Seventh Coast Guard District, was the guest speaker for the ceremony.



Navy photos by EM1 Mark Treen



Officers salute the Colors presented by the Color Guard.



Love performs an Inspection of Command, individually thanking each member of the unit.



Love used his last moments as commanding officer to thank his family and to explain how co-workers in the audience made his tour successful.



Lt Cmdr. Andrew Hoag, logistics officer, watches in formation with the rest of the crew during the remarks.



The new face of Maritime Protection Unit Kings Bay is Commanding Officer Cmdr. Kevin Jones.

Vacation Bible School

Summer 2014, NSB Kings Bay Chapel



Vacation Bible School was in the Chapel the week of June 16. Children spent the week learning Old Testament lessons for today.

Courtney Jackson playing Moses told a story each day. The last day he explained each of the Ten Commandments. Clainetta Jefferson, right, was one of the principal organizers of the school.



Navy photos by EM1 Mark Treen

VBS

From Page 1

bourines and rope. The tribe members also made rope-and-clay necklaces.

Each day healthy, delicious snacks were served from the Cooking Tent.

At the end of each morning the "12 tribes of Israel" gathered back at Moses' Tent for a review of the important Bible lessons of the day.

This year's Vacation Bible School was a collaborative effort involving the chapel staff, teen summer hires from the Child and Youth Program, parent volunteers and chapel parishioners.

MWR's Outdoor Recreation generously contributed the 10-foot-by-10-foot tents needed to create the Israelite Camp for the VBS tribes.

"A special word of thanks to Courtney Jackson, TRF employee and Chaplain candidate, who volunteered this time to be Moses all week," Jefferson said. "In this important role, Mr. Jackson led the Israelites out of Egypt and delivered the Ten Commandments from the top of Mt. Sinai. For more information about this and other religious education programs, call the Kings Bay Chapel at (912) 573-4501.



Volunteers from Kings Bay were in charge of the tribes and helped with activities. USMC Security Force Battalion Kings Bay MA3 Joseph Vidal was a popular tribe leader.



Each tribe had a time daily to make crafts. Here are tribe members making tambourines.



Outdoors playing *Sheep and Wolves*. Can you make your way through predators following the shouts of the tribe?

Fleet & Family Support Center workshops

facebook



Parenting classes offered on Mondays

Are you frustrated with your children? Would you like suggestions on how to stop temper tantrums or how to get your teen to complete chores without asking them 14 times? We believe parents are the experts on their children. But, children don't come with a manual! So, sometimes you need help to figure out what to do with them. Meet with the parenting class from 9 to 11:30 a.m. on Mondays, July 14, 21 and 28. Enrollment in this six-week class is ongoing. Attendees must complete all six weeks in order to receive a certificate. A minimum of six participants is needed in order for a new class to start. Registration required at 573-4512.

Ten Steps to a Federal Job examined

Gain information on the federal employment process, salaries and benefits. Learn how to interpret job announcements and determine whether you are eligible to apply. Attendees will be provided guidelines, information, samples and tips on completing the electronic Federal resume. This class is from 9:30 a.m. to 12:30 p.m., July 24. Registration required by calling 573-4513.

Stress management covered at workshop

Events, schedules, daily pressure and many other items can cause undo stress in your life. Stress may or may not be good for your health depending on how you manage that stress. This workshop is slated for 5 to 8 p.m., July 17. Pre-registration is required. Call 573-4512 for details.

New Moms and Dads Support Group to meet

New Moms' and Dads' group meets 10 a.m. to noon every Tuesday at the Fleet and Family Support Center throughout the month. This is an opportunity for parents of young children to meet and share experiences and for children to make friends in a play-group setting. The group will meet July 15, 22 and 29. No pre-registration required.

Transition GPS Capstone Event upcoming

NAVADMIN 187-13 mandates that all service members leaving military service attend a CAPSTONE event to demonstrate completion of all required Career Readiness Standards. Service Members are introduced to CRS during their initial pre-separation counseling, and then again during attendance to the Transition Goal, Plan, Success five-day workshop. During the workshop attendees work on their Individual Transition Plan and begin to gather the documents and evidence to bring to their CAPSTONE event. After completion of the Transition GPS workshop, service members continue to work on their individual CRS items, seeking assistance from their Command Career Counselor, Fleet and Family Support Center or other agencies identified during the Transition GPS workshop. 90 days prior to their

FFSC offers EFMP assistance

From Fleet and Family Support Center Kings Bay

The Exceptional Family Member Program is designed to assist Service Members with the special needs of their Exceptional Family Members.

Assistance is emphasized in the assignment process, but also includes family support from EFMP Liaisons located at Fleet and Family Support Centers.

Liaisons are there to provide information and referrals, help in creating Individualized Service Plans and case management from one duty station to the next

EFMP coordinators are located at Medical Treat-



ment Facilities and serve both military personnel and families. Coordinators facilitate initial enrollment and guide families to other services, if required.

Command points-of-contact also can assist service and family members with the enrollment process.

EFMP enrollment is mandatory and required immediately

upon identification of a special need. Special needs include any special medical, dental, mental health, developmental or educational requirement, wheelchair accessibility, adaptive equipment or assistive technology devices and services.

Successful implementation requires up-to-date information and extensive coordination between personnel, medical, educational and family support communities.

If you have any questions about the Exceptional Family Member Program, contact the Fleet and Family Support Center at (912) 573-4513.

actual separation date, service members attend their CAPSTONE event, bringing with them all evidence necessary to show completion of each CRS. If a service member needs additional assistance they will receive a referral to the appropriate partner agency. Upon completion of the CAPSTONE event, the service member's Commanding Officer signs the member's ITP Checklist, DD Form 2958, signifying that the Service Member is "Career Ready" and has met all of their individual CRS or have received appropriate assistance in meeting those CRS. Fleet and Family Support Center, Kings Bay, holds a CAPSTONE event monthly. Interested Service members should call (912)573-4513 for more information, or have their Command Career Counselor's make a reservation for them to attend. This event will be 8 a.m. to 4 p.m. July 18.

Family Readiness Group training scheduled

This course is designed in a systematic user-friendly format and is focused on ensuring that you have the knowledge and tools necessary to effectively provide a solid foundation to newly forming or re-energizing existing Family Readiness Groups. This training is 9 a.m. to 5 p.m., July 14 and 15. For more information and to register call 573-4513.

Smooth Move Workshops coming soon

Smooth Move Workshops are designed to help personnel with military relocations and transfers. Areas covered include the new DPS website, transportation, travel pay, allowances, and important forms and documents, housing referral office and relocation services. All service members and their spouses are encouraged to attend six months before their transfer date. Due to limited seating, please do not bring children. The OCONUS workshop will be 10 a.m.

to noon, July 23. For more information, call 573-4513.

SAPR Advanced Training, Refresher offered

The Advanced/Refresher training is for all individuals that are current Sexual Assault Prevention and Response Victim Advocates. This training is applicable to the 32 hour bi-annual training requirement. The individuals attending are appointed by their Command and will represent the Command in all assigned sexual assault cases. This training is noon to 4 p.m., July 22. Registration is required by calling (912) 573-4512.

Ombudsman Assembly Meeting April 28

The Ombudsman Assembly Meeting will be held for all OMB, COs, XOs, CMCs and COB's at the Kings Bay Community Center at 6 p.m., July 28. For more information, contact at 573-4513.

Resume writing skills class upcoming

This class explores resume writing for today's job market. Resume items including skills, experience, education and val-

ues as well as simple, effective and easy to use resume formats that get job interviews. Part-time, full-time or permanent positions matters not, this workshop is for you. This program will assist the job seeker in completing a product that will "get them in the door." The workshop is scheduled at the Fleet and Family Support Center from 10 a.m. to noon, July 16. Registration is highly recommended, as class is limited to 20 seats. For more information, call 573-4513.

Survivors Benefit Plan program July 16

The survivor Benefit Plan is a program that provides basic information on the key provisions of the Survivor Benefit Plan. This information will assist service members and their spouses in making informed decisions about SBP's role in their retirement plan. This workshop is scheduled for 6 to 8 p.m., July 16. Registration is required. For more information call 573-4513.

Fleet and Family offers classes on site

Fleet and Family Support Center will take most of its regular workshops on the road if a unit or command can furnish a conference room or classroom and guarantee a minimum of five participants. Personnel will tailor presentations to cover a unit's General Military Training requirements when those requirements deal with human resources and social issues. Counselors also can create a presentation in response to a unit's area of special concerns. Fleet and Family is available to participate within areas of expertise in the indoctrination of newly assigned personnel and family members of active duty personnel. All classes listed are at the Fleet and Family Support Center unless otherwise noted. Fleet and Family hours of operation are 8 a.m. to 4:30 p.m., Monday, Tuesday, Wednesday and Friday and 9 a.m. to 4:30 p.m. Thursday.

Anger management seminar July 30

Anger is not an effective method for getting what you want and is often a smoke screen for other emotions. This workshop is slated for 8:30 a.m. to noon, July 30. It can help you focus on identifying the feelings anger hides and explore behaviors helpful in resolving primary issues. Pre-registration is required. Call 573-4512 for details.

Sharks on prowl off Hawaii

By Cpl. Nathan Knapke
Marine Corps Base Hawaii |
June 06, 2014

Kaneohe Bay is known to be one of the largest breeding grounds for Hammerhead sharks in the world.

During the months of May and June, Hammerheads give birth to their pups.

A female Hammerhead can give birth to 20 to 40 pups at once. After birth, the mother leaves her young and they must fend for themselves.

Potentially, there could be hundreds of thousands of baby Hammerhead sharks swimming in the bay.

Although these baby sharks are not threatening to humans, their presence attracts other large sharks that prey on the newborn pups.

Since May 19, there have



Marine Corps photo by Lance Cpl. Alesha Guard

Tiger, Hammerhead and reef sharks are showing an increased presence due to each Hammerhead giving birth to around 20 to 40 pups during the month of May and June in Kaneohe Bay.

been over 60 sightings of adult sharks looking for a baby Hammerhead meal in the waters surrounding Marine Corps Base Hawaii.

"We haven't had this many shark sightings during these months before," Samuel Mench, the beach supervisor for the Marine Corps Base Hawaii Beach Guard, said. "We are used

to seeing an increase during these months but what we are seeing this year isn't just one or two every day. We are seeing sharks in packs swimming closer to the shoreline."

Mench explained the importance of shark safety.

"We want people to

See Sharks, Page 7

CoC

From Page 1

and humbled to have the unique opportunity to command such an impressive Coast Guard unit.

Rear Adm. Jake Korn, commander of the Seventh Coast Guard District, served as the ceremony's

presiding official.

The change of command ceremony is a time-honored tradition that formally restates to the assembled crew that the continuity of the command will be maintained. The ceremony marks the transfer of total responsibility, authority, and accountability for the unit and the accomplishment of its assigned mission and

culminates when both officers read their orders, face one another, salute and transfer responsibility of command.

Coast Guard Marine Force Protection Unit Kings Bay is responsible for providing dedicated force protection to the Navy's submarine fleet as they transit in and out of Naval Submarine Base Kings Bay.

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Morale, Welfare and Recreation happenings



Periscope file photo

The next session of children's swim lessons is July 21 at the Fitness Center pool.

Swim lesson session July 21

Sign up now for children's swim lessons at the Kings Bay Pool. Registration is at the customer service counter in the Fitness Complex. Descriptions of skills taught in each level are available at the counter to assist in selecting proper class level for the child. Payment is due at registration. No refunds. Session 4 is July 21 to 24 and July 28 to 31. Cost is \$40 for eight group lessons over the two-weeks. Private lessons available for \$75 with five 1-on-1 lessons. Call (912) 573-3001 or 573-3990 for more details. Arrive on time, bring sunscreen and towels, have your child use the bathroom before class and, if applicable, make sure your child is wearing swim diapers or tight-fitting pants if not potty trained.

▪ **O'Brien's Bunker Grand Opening** — You are cordially invited to the grand opening of O'Brien's Bunker starting with a ribbon cutting at 11:30 a.m., Friday, July 11 at Trident Lakes Golf Club. A complimentary lunch will be served by O'Brien's Bunker offering several items from their menu after the ribbon cutting until 1 p.m. Also a golf tournament with shotgun start begins at 1 p.m., plus a chipping contest, a putting contest, prizes and give-a-ways. Restaurant hours are 10:30 a.m. to 1:30 p.m., Mondays through Fridays. For a quick lunch pick-up, call (912) 573-0008.

▪ **Run for the Fallen 5K Run/Walk** — It's at 7 a.m., Thursday, Aug. 21 at the

Fitness Complex. A ceremony begins at 6:30 a.m. with a special guest speaker from the Warrior Speaks Program, Erick Millette, recipient of the Bronze Star, Army Commendation Medal with "Valor", Combat Action Badge, as well as numerous other awards and decorations. Log your miles at the Fitness Customer Service Counter now through Aug. 21. For more details, contact NAU at (912) 573-8972.

▪ **Dive-In Movies** — Saturday, July 19 at the Kings Bay Pool, MWR will be showing *The Nut Job* rated PG. On Aug. 23 the movie is *Freebirds*. Show time is at dusk, about 8:30 p.m. Bring your floaties and enjoy the free entry into the pool. Splash around and view a funny movie on the giant outdoor theater screen. Based on weather. If unsure check MWR's Facebook page for updates. Call (912) 573-3001 for more details.

▪ **Intramural Sports Average Joe's Cornhole League** — Registration for Average Joe's Cornhole League is going on now. League begins Aug. 4 with a captain's meeting at 5 p.m., July 30 inside the Fitness Complex classroom. League fees are \$40 and play will be on Tuesday nights. Call (912) 409-1611 for more information.

Liberty call

▪ **Fishing at Trident Lakes Golf Club** — Lakes at Trident Lakes Golf Club will be open 6 to 8 a.m., July 18 and 19, and Aug. 16. Cost is \$5 per person for catch & release or \$7 per person for catch and keep. Every one 16 years old and older must have a Georgia Fishing License and Kings Bay Fishing Permit. Outdoor Adventures sells the Kings Bay permits. Open to 10 year olds and up. Pre-register at Outdoor Adventures, 10 a.m. to 5 p.m. Mondays through Fridays. All patrons under 16 must be accompanied by a parent or legal guardian. For more details, call OAC at (912) 573-8103.

▪ **Fitness Attire** — To provide an atmosphere that is healthy, clean and family friendly, NSB Kings Bay has elected to adopt a dress code for patrons using the Fitness Center. This dress code has been approved and is supported by the NSB Kings Bay Command. It is the same dress code being used at some of the other bases across the Navy and at CNIC. We would ask that all patrons abide by the new regulations beginning March 10.

▪ **Free Movies for the Kids Weekend and School Break** — Movies for July are *Muppets Most Wanted* July 12 and 13, *Turbo* July 19 and 20 and *The Pirate Fairy* July 26 and 27. Movies are at 1 p.m., Saturday and Sunday and school breaks or holidays. The schedule is listed in Facebook under the events tab on mwrkingsbay page. Additional kids movies will be shown during summer break. All youth under 18 years old must be accompanied by a parent or adult. Snacks foods and beverages are available for purchase. If 15 minutes after the scheduled start time no one else comes in, the area will be available

for open viewing.

▪ **Free Fitness Classes Just 4 Kids** — Kids in Motion Dance Class is 10:30 to 11:05 a.m. every Tuesday. This 35 minute class incorporates hip dance moves to popular, age appropriate songs for children ages 6 to 10 years old. Each week the instructor will demonstrate dance choreography while participants follow along. Healthy habits are important in youth so all interested kids within the age limit are invited to come shake up a sweat. Also offered is a Kids Fitness Clinic 10:30 to 11:15 a.m. every Wednesday. This 45 minute class is open to kids ages 6 to 12 and is all about having fun while being active. Each week the class will focus on aerobic exercises along with body weight strength training. This all aids in promoting the primary goal of getting kids moving and teaching them lifelong healthy habits. Call (912) 573-3990 for more information.

▪ **Summer Camp** — It's at the Youth Center for kindergarten through age 12, through Aug. 8. Most recent LES/pay stub for sponsor and spouse or student letter of enrollment must be provided. Birth certificate must be available. Single/Dual military must provide dependent care form at time of registration, and IAs must provide orders. Breakfast, morning snack, lunch and afternoon snack provided. No outside food. Cost based on total family income. For more information call (912) 573-2380.

▪ **Junior Golf Camp** — For ages 12 to 17 at Trident Lakes, July 21 to 25. Camp is \$150 per person and is limited to 16 golfers per camp. This is a full day. Be prepared for sun exposure, walking and lots of golf. Instruction on chipping, putting, drivers and situations. Bring your own packed lunch. Sign up early, sessions fill quickly. (912) 573-8475.

Sharks

From Page 6

know they are not here for you. If you're in the water and see a shark near you, the best way to get yourself away from the shark is to

stay calm. If you don't act like their food, they won't think you're their food. It's in your best interest to not panic and keep your cool. If the shark wants you, he will get you. The idea is to make sure they know you're not their food by acting calm and moving safely back to shore."

Male Hammerhead sharks, in particular, are known to prey on pups.

In desperate times, a Hammerhead may try to eat another adult Hammerhead.

Other sharks, including Tiger and reef sharks, have been sighted off the shores of the base.

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Up eriscope *Classic* Wesselhoff

May 10, 2012



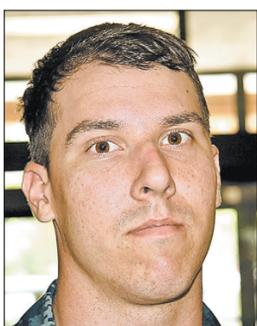
What would you get from a comic book?

Look for our roving reporter around Kings Bay and tell them what you think about our question of the week.

When I was a kid, I always wanted to order stuff in comic book ads. But my mom said, "No, it's all junk." I wanted a Frontier Cabin for \$1. Then a friend got one. It was a sheet of plastic with logs

printed on it that you hung over a picnic table. With no breeze, it was unbearably hot under there. That same friend got something that would turn a black-and-white TV into a color TV. It was a sheet of cellophane you

taped over the screen with a blue band on top, pink in the middle and green at the bottom. It worked OK when Ben Cartwright was talking but not so good when Mr. Ed or Bozo was. Here's what others would get.



TMFN Chet Watson
USS Wyoming Gold
Houston

"The (\$1.50) Musical Juke Box Bank, because music is one of the most important things to me."



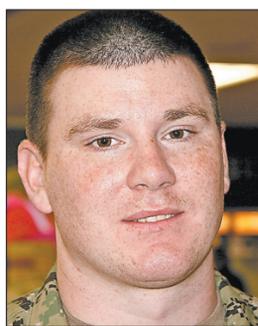
MT1 Brian Stark
USS Maryland Blue
Withee, Wisc.

"The (\$6.98) Authentic Superman Costume, just to make fun of my friend, John."



MASN Holly Barber
Marine Corps
Security Force Battalion
Winston-Salem, N.C.

"The (\$1.25) Realistic Broken Arm Cast, because I could get out of work."



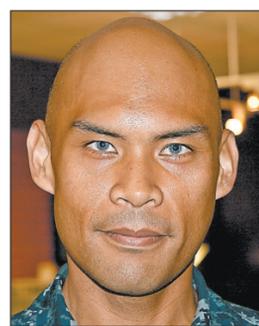
MASN Joseph Robinson
Marine Corps
Security Force Battalion
Cleveland, Texas

"The (50-cent) Surprise Package because it could be anything, and I'm a risk taker."



MASN Austin Tucker
Marine Corps
Security Force Battalion
Las Cruces, N.M.

"The (\$1.50) Spud Gun, because it sounds hilarious, and I'd have fun shooting my friends."



PO1 Wilter Tecson
Submarine Group 10
Dededo, Guam

"The (\$1.49) Bank Vault With Alarm, so I could keep the (69-cent) Amazing New Space Phone Set inside."



Navy photo by MC2 Susan Cornell
Hospital Corpsman 2nd Class Aaron Wilt gives basic CPR instructions to Naval Sea Cadets Corps, assigned to the Franklin D. Roosevelt Squadron, during their monthly drill weekend held at Naval Air Station Jacksonville.

Fast CPR action saves life

By MCC Anastasia Puscian
Navy Recruiting District San Diego, Public Affairs

A Future Sailor acted quickly to help save a 6-year-old boy from drowning at the San Diego Marriott while waiting to enter the Navy Delayed Entry Program.

Chaney Bryant, 34, was staying at the hotel so he could complete his military processing and take the oath of enlistment the next morning.

That evening as he was relaxing at the hotel pool he heard a mother frantic that her child was at the bottom of the pool and unresponsive.

The mother jumped in the pool trying to save her child, but she was unable to swim and started to panic even more.

Hearing the commotion and seeing what was happening, Bryant reacted quickly by diving into the pool helping the mother to the shallow end of the pool. He then swam to the boy and pulled him

out of the water and started to perform CPR.

"I saw that he swallowed a lot of water, so I pushed on his stomach and he threw up some water," Bryant said. "I then held his nose and gave him one big breath. He started to cough and breathe on his own. I stayed with him until the ambulance came."

First responders arrived within 5 minutes and took the boy to a nearby hospital where he made a complete recovery that evening.

After the situation had calmed, Bryant said all he could think about was how grateful he was that the boy was alive.

"I felt fortunate to be there," said Bryant. "I was about to leave the pool and the closest people were on the second floor who were watching what was happening."

See CPR, Page 10

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An inside look at the ISIS takeover of Mosul

By Hala Abdulla

Marine Corps Base Quantico

The quick and shocking fall of Mosul, Iraq's second largest and predominantly Sunni city, to the hands of the Islamic State of Iraq and Syria, should not come as a surprise to those monitoring the news out of the troubled region, especially Syria and Iraq.

There are several indicators that suggested such fall was only a matter of time. ISIS has maintained a strong footprint in Iraq's western province of Anbar, particularly Falluja capitalizing on the Sunni-Arab frustration against the Shiite-majority government headed by Prime Minister Nouri Al-Maliki.

Following April elections in which Al-Maliki garnered majority of the votes, and his looming third term, ISIS began escalating plans to expand beyond Falluja to create a momentum.

Days before the fall of Mosul, ISIS attempted to besiege Samara, home of the two Shiite shrines that were bombed and was the tipping point of a bloody sectarian war in 2006 and beyond. This and more indicates that ISIS was moving forward with its ambitions, as reflected in its name, to establish an Islamic Khilafa in Iraq and Syria.

However, the devastating retreat of the Iraqi army in Mosul on June 10 in the face of a couple thousands of ISIS fighters certainly needs a critical reexamination.

Why did the Iraqi army

collapse in Mosul?

According to sources, there were two army divisions of roughly 30,000 soldiers, in addition to thousands of federal and local police.

The narrative coming out of Iraq suggests that leadership in Mosul deserted their posts first, leaving behind their soldiers stumbling between an approaching vicious ISIS, hostile and unwelcoming locals in Mosul, along with rumors of orders to withdraw created confusion and lowered morale among the soldiers.

There are many factors contributed to this debacle. Military experts have identified some over the course of the Iraq war, but recent events have shed light on different and new factors.

Corruption, nepotism, a lack of sufficient operational planning, and questionable loyalties are some known factors.

Additionally, the army's leadership, structure, and foundation reflect the fragmented political environment built on a sectarian basis.

The army lacks a unified national identity and cohesion. This led many professional and competent officers to leave the army.

Moreover, the majority of lower rank soldiers consider the army as a mere employment opportunity to put food on the table.

One could argue that the former Iraqi army was perceived as one of the most experienced and professional armies in the region. However, examining that recent history,



Marine Corps photo

Marine helped stamp out an insurgency just west of the Mosul in 2008.

there are similar characteristics and events that led to the formation of the Iraqi army today.

Corruption and nepotism existed in the former army, including as well as the targeting of respectful military leaders by Saddam.

The killing of his own cousin and brother-in-law Adnan Khairallah, Saddam's Defense Minister, a very popular personality among the officer corps was one example.

The major difference that separates the former army from the current one is the element of fear.

Saddam had ruled the former army by fear. It is said that there was a unit dubbed "the execution battalion" in the rear of the battlefield awaiting deserters.

Senior officers who failed against the Iranians

were summarily executed.

Moreover, the former army was drafted where everyone had to serve including college graduates who enjoyed an increased level of education, professionalism and personal responsibility compared with the current army ranks. Draft military service has been inactive since 2003.

Like the former army, the current army is suffering from exhaustion.

Saddam had dragged the army back then into three wars and by the time the U.S. forces approached Baghdad in 2003, there was little resistance.

A similar scenario was re-enacted in Mosul. This army has been fighting Al-Qaida in Iraq AQI, re-branded as ISIS, for almost ten years now, it is a weary army.

Interviews of soldiers

fleeing Mosul, accounts of eyewitnesses that circulated in the social media, and talking to people from inside Iraq, suggest that ISIS managed to overcome thousands of Iraqi security forces stationed inside and on the outskirts of Mosul by launching a carefully orchestrated strategic psychological war never before seen by Iraqis, whether army or civilians.

While Saddam had always kept a tight control on the media and flow of information which restricted Iraqis to one government-owned channel, social media platforms, countless satellite channels and the accessibility of smartphones enabled an information flow and reinforced spreading ISIS's propaganda, which claims "great victories" and the gruesome execu-

tion of its "enemies."

As an example of the wide use of smartphones among soldiers, some local sources said Iraqi soldiers often received their orders via text messages not the usual classified means of communication.

ISIS capitalized on this and released multiple videos of beheadings, military parades, and boatful predictions and rumors of captured and executed Iraqi army leaders.

This contributed to the collapsing morale of both army and civilians as well, pushed the Iraqi government, belatedly, to block all social media outlets in an attempt to hinder ISIS's psychological war propaganda.

Though ISIS is no more than a couple of thousands teamed up with local insurgents, Ba'athists and members of former Iraqi army and intelligence, their propaganda were far reaching.

Iraqis are just now realizing the breadth and impact of a well carried out psychological war that has in turn cost hundreds of lives.

Editor's note: The views expressed in this article are those of the author and do not necessarily represent the views of, and should not be attributed to, the Center for Operational Culture Learning or the United States Marine Corps. This piece was created at the CAOCL. The center is located on Marine Corps Base Quantico and provides regional, culture and language training programs for Marines of all ranks.



Coast Guard photo by PO2 Patrick Kelley

Rep. Howard Coble preps for an interview in his office.

Coble remembers roots

From Coast Guard Compass

I don't know but I've been told, Iceberg duty is mighty cold. Hip-o, hop-o, bring out the swab-o left-o, right-o, left. Guide right.

Six decades after enlisting in the United States Coast Guard, Rep. Howard Coble recites the very cadence he delivered as a recruit. This time, however, the cadence was being delivered far from the training fields of Cape May. The memories of his first days of boot camp were being recalled in the hallowed halls of Congress.

"It's strange how that comes back after all these years," Coble said.

The words of his cadence lingered within the walls of his office. Walls stacked high with memorabilia. Alongside political caricatures and photos of Coble with constituents or elected officials were symbols of the Coast Guard: the service's seal, an oar, tokens of appreciation, flags from

commemorations all across the nation. And yes, even a plaque from an icebreaker; a curious ship to be on display for the North Carolina native. But each of these items represents a memory for Coble.

His journey started in North Carolina, 250 miles inland, where he knew "virtually nothing" about the Coast Guard prior to enlisting. It was 1949 when he was attending Appalachian State University in Boone, N.C. His college classmates had gone to the recruiting office and talked him into going with them. Why the sudden interest?

"I wrecked my dad's car, for one thing," chuckled Coble. "Ran it right off the road. I had a college deferment. So I could have stayed and rolled the dice and see how that played out but after I wrecked my dad's car I thought this would be one less expense for him."

See Coble, Page 11

Afghans buy equipment

By Army Capt. Devon McRaney

American Forces Network
Afghanistan

Defense Logistics Agency representatives met here in late June with a commercial Afghan company to conduct the first sale of useable non-military vehicles, appliances and furniture no longer needed by the U.S. government.

DLA is responsible for the disposition of excess property received from the military services.

The sale of the items, known as "white goods," will provide regional economic stimulus to the Afghan economy and help the U.S. government avoid property disposal costs usually associated with the scrapping process, DLA Sales Contracting Officer Ron Williams said.

Included in the sale were a variety of previously used, commercial off-the-shelf items such as pneumatic tools, air conditioning units, office furniture, tractors, water trucks, forklifts and construction machinery. Many of the basic life support equipment items available, like shower and bath trailers, are no longer needed due to changing force requirements.

"The items that are being sold, once imported into the country of Af-



Photo by Kathy Wigginton

A truck is moved in preparation for the first sale of useable non-military property at Bagram Airfield, Afghanistan, June 25.

ghanistan, are items that can be resold and have economic value to the buyers. They will pick up the items and either sell them outright or will use them in their own business to gain some type of economic benefit from it," Williams said.

In January, the sales contracts were advertised under a competitive sale bidding process on the federal government contracting website. The criteria for contract awards required that the company must be based in Afghanistan, was owned 100 percent by Afghan citizens, and submitted the highest bid as a percentage of the property's acquisition value.

The sale saw the release of property to a local Parwan province company and included a shower

and bath trailer, two water trucks, a forklift and two trenching machines. After DLA releases property, a buyer must take it to an Afghan Inland Customs Depot for assessment and valuation.

"The most important effect of the sale is the economic stimulus to the Afghan economy and the goodwill that we are fostering with the Afghan government and local businesses," Williams said. "The sale also allows us to be good stewards of taxpayer dollars as we are able to recover more money by selling the items than we would by turning them into scrap and selling them by the pound."

The Bagram sale is the first of several planned white goods sales at U.S. sites across Afghanistan.

CPR

From Page 9

The next morning when the Commanding Officer, San Diego Military Entrance Processing Station, Cmdr. Kyle Vernon, heard what happened she presented Bryant with a command coin and a big thank you for his actions during an impromptu recognition ceremony.

"This incident absolutely reflects the quality of applicants we have coming through USMEPCOM Freedom's Front Door," Vernon said.

Bryant wasn't looking for a thank you from anyone.

But felt honored and grateful to be able to help someone.

"I feel incredibly honored that she recognized me. I hadn't been sworn in yet," said Bryant. "She was a little emotional because she is a parent and can understand what happened. It was really a powerful thing to me that the commander recognized me."

Bryant entered the Delayed Entry Program as a reservist June 19 with Navy Recruiting Station Mission Viejo, Calif.

He will leave for recruiting training Jan. 12, 2015.

After completing boot camp he will attend his technical school to become a cryptologic technician.



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Navy photo by Ari S. Friedlaender
Ari Friedlaender, a Duke University Marine Laboratory researcher, attaches a D-TAG to a pilot whale off the coast of Kona, Hawaii.

Navy tracking mammals

From U.S. Pacific Fleet Public Affairs

A newly released scientific report demonstrates the viability of a new method to estimate received sound levels during real scenarios and analyzes movements of satellite-tagged individuals of three species of marine mammals exposed to Navy mid-frequency active sonar around Kauai's Pacific Missile Range Facility.

"This is exciting news in several ways, not least of which is the promise this new integrated approach holds for learning how sonar affects marine mammals," said Julie Rivers, natural and marine resources program manager for the U.S. Pacific Fleet, which funded the study as part of its Marine Mammal Monitoring Program.

The report is co-authored by Robin Baird and Daniel Webster of Cascadia Research, Brandon Southall of Southall Environmental Associates, and Stephen Martin of the U.S. Navy.

Morgan Richie, the Navy technical representative at Naval Facilities Engineer-

ing Command Pacific, provided technical oversight for the project.

On five occasions preceding Navy training events the researchers tagged a total of 23 marine mammals.

The data from the satellite tags enabled them to track points along the animals' path and, in some cases, due to more sophisticated tags, their dive movements.

The range facility's hydrophones, on the ocean floor northwest of Kauai, were used to record data on the actual levels of sound energy from sonar transmissions.

That data enabled the scientists to use mathematical modeling to produce estimates of the range of sound levels to which some of the animals were exposed and to assess their responses.

Some tags didn't provide enough information, as often happens, and many of the tagged animals were not on or near the range during the brief periods when sonar was being used.

Nonetheless, received

sound levels were compiled and movements tracked for four animals: two rough-toothed dolphins, a bottle-nose dolphin and a short-finned pilot whale.

The researchers found that the bottlenose dolphin showed no large-scale movements out of the area during sonar exposures, and a short-finned pilot whale actually moved toward areas of higher sonar levels during the third day of a 3-day period of regular mid-frequency active sonar use.

While the data from the rough-toothed dolphins are more limited than those for the bottlenose dolphin and the short-finned pilot whale, results are similar in that the animals did not make broad scale movement into areas where received sound levels would have been lower.

"The sample is obviously small, but we are encouraged by the prospects for using this integrated approach to learn more about the behavior of sound in the water and how it affects marine life," said Rivers.

DARPA study uses birds

From Defense Advanced Research Projects Agency

Researchers show that migratory birds are unable to use their magnetic compass in the presence of urban electromagnetic noise.

The findings open up new areas of study for magnetic sensors.

Researchers working on DARPA's Quantum Effects in Biological Environments program have shown that the electromagnetic noise that permeates modern urban environments can disrupt a bird's internal magnetic compass.

The findings settle a decades-long debate into whether low-level, artificial electric and magnetic fields can affect biological processes in higher vertebrates.

For DARPA, the results hint at a new class of bio-inspired sensors at the intersection of biology and quantum physics.

In an online Nature paper, research teams from the University of Oldenburg and the University of Oxford, led by Prof. Henrik Mouritsen, document a series of experiments using European robins that were carried out from 2005 to 2011.

Night-migratory songbirds like European robins have an internal magnetic compass that allows them to choose the correct migratory direction during the spring and fall migration seasons.

However, when the robins used in the Oldenburg experiments were exposed to everyday levels of electromagnetic background noise, the birds failed to orient themselves correctly.

When the researchers later shielded the birds from background electromagnetic noise, the birds oriented to the correct migratory direction.

Birds tested in rural



Photo by Keven Law

Experiments using European robins are being used in a bio-inspired sensor study.

environments, far from sources of electromagnetic noise, required no screening to properly orient using their magnetic compass.

Full details of the experiments are available in the paper.

Electromagnetic noise is emitted everywhere that humans use electronic devices.

The observations from the Oldenburg study suggest that birds utilize a biological system that is sensitive to man-made electromagnetic noise with intensities well below the guidelines for human exposure adopted by the World Health Organization.

But why is DARPA studying bird migration?

According to Dr. Matt Goodman, the Program Manager for QuBE, one reason is that the observed phenomena might have their roots in quantum physics.

"Nature is an extraordinary test bed. We think it's possible that over millions of years of evolution, biological organisms have developed systems that exploit quantum physics," Goodman said. "The QuBE program is designed to test this hypothesis. The work we're pursuing ques-

tions fundamental assumptions about how biological processes work."

If manifestly quantum effects are shown to be at play in biological systems, and scientists can understand the mechanisms at work, the findings could lead to fundamentally new technologies, including bio-inspired sensors. In addition to exploring magnetic navigation, QuBE researchers are also studying photosynthesis, olfaction, and the underlying theoretical framework needed to link biology and quantum phenomena.

"The time and cost to develop many of the traditional sensors that the Department of Defense uses is substantial. Nature, on the other hand, has already evolved extraordinary capabilities—think of a dog's sense of smell," Goodman said. "In addition to being extremely capable, natural sensors are also robust, durable, exhibit great sensitivity and enormous selectivity, and are produced amid the dirt and dust of the natural world; nature doesn't need clean rooms. We're hoping to follow nature's lead to capture those qualities in man-made sensor systems."

Coble

From Page 10

Coble was soon a recruit at Training Center Cape May. After boot camp, Coble's first duty station was a port security unit just outside of Portsmouth, Va. He hoped for adventure as a self-proclaimed "frustrated geographer."

"I'm just interested in places I've never been before," Coble said.

While he sought adventure, he wound up with the humdrum duties of life at a new unit.

"My initial Coast Guard duty was garbage man," Coble recalled. "I was assigned to the garbage detail. I wasn't even the driver. I was the pick-up man. I was at the bottom that's for sure."

After three months on the garbage detail he attended storekeeper school



Coast Guard photo by PO2 Patrick Kelley
Rep. Howard Coble is interviewed in the Rayburn House Office building.

in Groton, Conn. Upon graduating from school he asked for a position in Seattle.

"I had never been west of the Mississippi before, so I thought what the heck," Coble said.

After five and a half years of active duty service, Coble transitioned into his role as an officer

in the Coast Guard Reserve and continued to serve for 22 years. At his last unit, he served as the commanding officer of a Coast Guard Reserve unit in Wilmington, N.C.

Looking back on his time in service, he cautioned those who are new to the Coast Guard on having the right attitude. His

one piece of advice?

"Don't do what I did in my initial two years of active duty and try to bitch, gripe and complain," Coble said. "I realized this outfit is bigger than you are pal and yeah, you ain't going to win it. It's easy to do that. To complain and gripe. But it serves no good purpose."

After his time on active duty, Coble went on to receive degrees from Guilford College and the University of North Carolina and in 1979 was elected to North Carolina's House of Representatives where he says he "got the political bug." In 1984 he was elected to the U.S. House of Representatives, two years after retiring as a captain in the Coast Guard Reserve. It may have started

as "just a bite" but Coble has gone on to serve 15 terms in office. Throughout his tenure, he championed the Coast Guard, most notably as the inaugural chairman of the

Coast Guard Subcommittee in 1995.

Coble will soon retire after this term in Congress. He is the last Coast Guard veteran currently serving in Congress.



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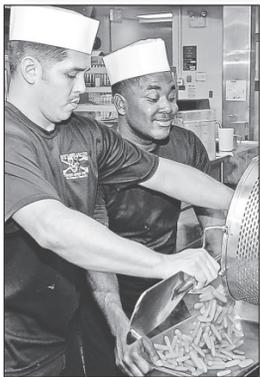
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BBQ Chicken
Tempura Battered Shrimp
Sweet Potato Fries
Baked Mac & Cheese
Green Bean Almandine
Simmered Succotash
Healthy Choice Salad Bar
Assorted Salad Dressings
Corn Bread Muffins
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar

Lunch speed line
Grilled Cheese Burger
Grilled Hamburgers
BBQ Chicken
Pulled Pork
BBQ Ribs
Bratwurst
Cole Slaw
Baked Beans
Macaroni Salad
Potato Salad
Burger Bar

Thursday

Breakfast
Breakfast Juice Bar
Ready-to-eat Cereals
Eggs & Omelets To Order
Grilled Bacon
Asst. Instant Oatmeal / Grits
Rolled Oats
Sausage Patties
Cottage Fried Potatoes
French Toast / Asst. Syrups
Pastry Bar
Asst. Yogurt

Lunch
Italian Wedding Soup
Chicken Parmesan
Meat Sauce
Boiled Spaghetti
Roasted Potatoes
Steamed Broccoli
Italian Kidney Beans
Healthy Choice Salad
Assorted Salad Dressings
Garlic Bread
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar

Lunch speed line
Chicken Pattie Sandwich
Philly Cheese Steak Sandwich
Grilled Pepper and Onions
Chili
Cheese Sauce
Baked Beans
Sandwich Bar
Cold Cut Sandwiches

Dinner
Cream of Broccoli Soup
Fried Catfish w/ Tartar Sauce
Braised Pork Chops
Mashed Potatoes & Gravy
Tossed Green Rice
Fried Okra
Simmered Carrots
Healthy Choice Salad Bar
Assorted Salad Dressings
Cheesy Bread
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar

Friday
Breakfast
Breakfast Juice Bar
Ready-to-eat Cereal
Eggs & Omelets To Order
Waffles w/Asst. Syrups
Grilled Bacon
Soft/Hard Cooked Eggs
Asst. Instant Oatmeal / Grits
Grits
Sausage Gravy
Biscuits
Hash Brown Potatoes
Pastry Bar
Asst. Yogurt

Lunch
Chicken Noodle Soup

Saturday
Brunch
Logging Soup
Fried Chicken Tenders
Corn Dogs
Potatoes O'Brien
Breakfast Juice Bar
Ready-to-eat Cereal
Oven Fried Bacon
Waffles w/ Asst. Syrup
Eggs & Omelets To Order
Mixed Vegetables
Healthy Choice Salad Bar
Assorted Salad Dressings
Assorted Desserts
Fruit Flavored Gelatin
Assorted Breads & Spreads
Asst. Fruit Bar
Assorted Beverage Bar
Pastry Bar

Dinner
Minestrone Soup
Asst. Pizza
Asst. Wings
French Fries
Baked Beans
Healthy Choice Salad Bar
Assorted Salad Dressings

Sunday
Brunch
Chicken Noodle Soup
Cannonball Sandwich
Grilled Polish Sausage
French Fries
Grilled Peppers and Onions
Oven Fried Bacon
Eggs to Order
Breakfast Juice Bar
Ready-to-eat Cereal
Grilled Sausage Patties
Healthy Choice Salad Bar
Assorted Salad Dressings
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar
Pastry Bar

Dinner
Asparagus Caliente
Roast Prime Rib
Fried Shrimp
Cocktail sauce
Rosemary Potatoes
Rice Pilaf
Corn on the Cob
Simmered Carrots
Healthy Choice Salad Bar
Assorted Salad Dressings
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar

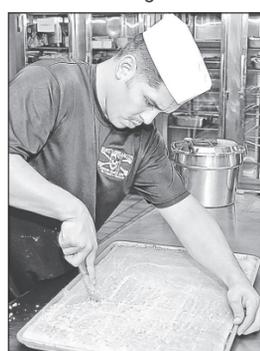


Saturday

Brunch
Logging Soup
Fried Chicken Tenders
Corn Dogs
Potatoes O'Brien
Breakfast Juice Bar
Ready-to-eat Cereal
Oven Fried Bacon
Waffles w/ Asst. Syrup
Eggs & Omelets To Order
Mixed Vegetables
Healthy Choice Salad Bar
Assorted Salad Dressings
Assorted Desserts
Fruit Flavored Gelatin
Assorted Breads & Spreads
Asst. Fruit Bar
Assorted Beverage Bar
Pastry Bar

Dinner
Minestrone Soup
Asst. Pizza
Asst. Wings
French Fries
Baked Beans
Healthy Choice Salad Bar
Assorted Salad Dressings

Assorted Desserts
Assorted Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar



Sunday

Brunch
Chicken Noodle Soup
Cannonball Sandwich
Grilled Polish Sausage
French Fries
Grilled Peppers and Onions
Oven Fried Bacon
Eggs to Order
Breakfast Juice Bar
Ready-to-eat Cereal
Grilled Sausage Patties
Healthy Choice Salad Bar
Assorted Salad Dressings
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar
Pastry Bar

Dinner
Asparagus Caliente
Roast Prime Rib
Fried Shrimp
Cocktail sauce
Rosemary Potatoes
Rice Pilaf
Corn on the Cob
Simmered Carrots
Healthy Choice Salad Bar
Assorted Salad Dressings
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar

Monday

Breakfast
Breakfast Juice Bar
Ready-to-eat Cereal
Asst. Oatmeal
Grits
Soft/Hard Cooked Eggs
Eggs to Order
Omelets to Order
French Toast w/Asst. Syrups
Grilled Bacon
Fresh Fruit Salad
Breakfast Burritos
Hash Brown Potatoes
Pastry Bar
Asst. Breads & Spreads
Asst. Fruit Salad
Asst. Yogurt

Lunch
Corn Chowder
Country Fried Steak
Cream Gravy
Baked Fish
Tartar Sauce
Mashed Potatoes & Gravy
Rice Pilaf
Steamed Peas and Carrots
Louisiana Squash
Healthy Choice Salad Bar
Asst. Salad Dressings
Assorted Fruit Bar

Assorted Condiments
Hot Rolls
Assorted Desserts
Assorted Breads & Spreads
Assorted Beverage Bar

Lunch speed line
Chicken Wings
Pizza
Potato Bar

Dinner
Vegetable Soup
Baked Ham w/Honey Glaze
Roast Turkey
Mashed Potatoes & Gravy
Candied Sweet Potatoes
Cajun Style Black-Eye Peas
Southern Style Greens
Healthy Choice Salad Bar
Assorted Salad Dressings
Corn Bread
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar



Tuesday

Breakfast
Breakfast Juice Bar
Ready-to-eat Cereals
Asst. Instant Oatmeal / Grits
Waffles w/asst. syrups
Cream of Wheat
Eggs/Omelets to Order
Grilled Bacon
Soft/Hard Cooked Eggs
Buttermilk Biscuits
Cottage Fried Potatoes
Sausage Gravy
Asst. Yogurt
Pastry Bar

Lunch
Cheese Potato Soup
Pot Roast
Chicken Cordon Blue
Brown Gravy
Wild Rice
Au Gratin Potatoes
Mixed Vegetables
Simmered Cauliflower
Healthy Choice Salad Bar
Assorted Salad Dressings
Biscuits
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar

Lunch speed line
Beef Enchiladas
Chicken Quesadias
Spanish Rice
Refried Beans
Taco Bar

Dinner
Minestrone Soup
Baked Italian Sausage
Meat, Marinara & Clam
Sauces
Boiled Pasta

Calico Corn
Steamed Broccoli
Healthy Choice Salad Bar
Assorted Salad Dressings
Toasted Garlic Bread
Assorted Dessert
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar



Wednesday

Breakfast
Breakfast Juice Bar
Ready-to-eat Cereal
Eggs & Omelets To Order
Pancakes w/Asst. Syrups
Corned Beef Hash
Grilled Bacon
Asst. Instant Oatmeal & Grits
Soft/Hard Cooked Eggs
Hash Browned Potatoes
Asst. Yogurt
Pastry Bar

Lunch
Chicken Gumbo
Fried Fish
Grilled Chicken Breast
Mashed Potatoes & Gravy
Wild Rice
Chicken Gravy
Pinto Beans
Mixed Vegetables
Healthy Choice Salad Bar
Assorted Salad Dressings
Corn Bread
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar

Lunch speed line
Corn Dogs
Grilled Hamburgers
Grilled Cheeseburgers
French Fries
Baked Beans
Burger Bar

Dinner
Beef Rice Soup
Steamed Rice
Hot & Spicy Chicken
Roast Pork
Simmered Egg Noodles
Yellow Squash
Steamed Green Beans
Healthy Choice Salad Bar
Assorted Salad Dressings
Biscuits
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar

Thursday
Breakfast
Breakfast Juice Bar
Ready-to-eat Cereal
Eggs and Omelets to Order

Grilled Bacon
Asst. Instant Oatmeal & Grits
Rolled Oats
French Toast w/Asst. Syrups
Sausage Patties
Cottage Fried Potatoes
Asst. Yogurt
Pastry Bar

Lunch
Chicken Noodle Soup
Fried Shrimp
Hot Rolls
Creole Macaroni
Franconia Potatoes
Rice Pilaf
Simmered Carrots
Steamed Peas
Healthy Choice Salad Bar
Assorted Salad Dressings
Assorted Condiments
Cocktail Sauce
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar

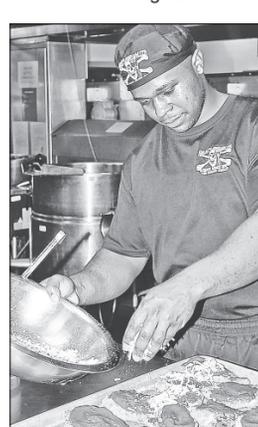
Lunch speed line
Chicken Pattie Sandwich
Philly Cheese Steak Sandwich
Grilled Peppers & Onions
Baked Beans
Chili
Cheese Sauce
Sandwich Bar
Cold Cut Sandwich

Dinner
Cheddar Cheese Soup
Beef Stroganoff
Fried Catfish w/Tartar Sauce
Mashed Potatoes & Gravy
Buttered Egg Noodles
Seasoned Corn
Herbed Broccoli
Toasted Parmesan Bread
Healthy Choice Salad Bar
Assorted Salad Dressings
Cocktail Sauce
Hot Rolls
Buttermilk Biscuits
Assorted Desserts
Asst. Fruit Bar
Assorted Breads & Spreads
Assorted Beverage Bar



Friday
Breakfast
Breakfast Juice Bar
Ready-to-eat Cereal
Eggs & Omelets To Order
Waffles w/Asst. Syrups
Grilled Bacon
Soft/Hard Cooked Eggs
Asst. Instant Oatmeal / Grits
Grits
Sausage Gravy
Biscuits
Hash Brown Potatoes
Pastry Bar
Asst. Yogurt

Lunch
Chicken Noodle Soup



Galley hours

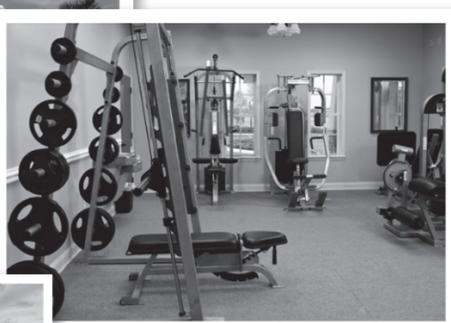
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Breakfast 6 to 7:30 a.m.
Lunch 11:15 a.m. to 12:45 p.m.
Dinner 4:30 to 5:30 p.m.

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No breakfast served
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Dinner - 4:30 to 5:30 p.m.

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Cyber operations crucial to future of warfare

By Cheryl Pellerin
American Forces Press Service

In the cyber domain of 2025, the ability of military formations to operate offensively and defensively will be a core mission set, and commanders will maneuver the capability much as they maneuver ground forces today, the commander of U.S. Cyber Command said recently.

Cybercom Commander Navy Adm. Michael S.



Rogers

speaking at a June 12 meeting here at a cyber seminar hosted by the Association of the U.S. Army's Institute of Land Warfare.

The theme was Army Networks and Cybersecurity in 2025.

"In the world of 2025, I believe the ability of Army formations to operate within the cyber domain, offensively and defensively, will be a core mission set for the U.S. Army and its operational forces," Rogers told the audience.

The Cybercom commander said that by 2025 the military services will have ingrained into their culture the reality that networks and cyber are a commander's business.

The admiral, who most recently served as commander of the U.S. Fleet Cyber Command and the U.S. 10th Fleet, said this has been a major cultural challenge in the Navy.

"In the year 2025, I

believe ... Army commanders will maneuver offensive and defensive capability much today as they maneuver ground forces," Rogers said, adding that command and control, key terrain, commander's intent, synchronization with the broader commander's intent, and a broader commander's operational concept of operations will be cornerstones of Army cyber operations by then.

"In 2025," he said, "the ability to integrate cyber into a broader operational concept is going to be key. Treating cyber as something so specialized, ... so unique — something that resides outside the broader operational framework — I think that is a very flawed concept."

Between now and 2025, Rogers said, a primary challenge will be integrating cyber and its defensive and offensive capabilities into a broader operational construct that enables commanders to apply another broader set of tools in achieving their operational missions.

When he thinks about how Cybercom and the services will get to 2025, Rogers said, he tries to keep three points in mind.

The first, he said, is that cyber is operations. Commanders must own the cyber mission set, the admiral said, integrating it into the operational vision and becoming knowledgeable about the broad capabilities of a unit, formation or organization and its potential vulnerabilities.

"I think it's going to be foundational to the warfighting construct of the future," Rogers said, adding that the challenge is as



Sailors assigned to Navy Cyber Defense Operations Command monitor, analyze, detect and respond to unauthorized activity within U.S. Navy information systems and computer networks.

Navy photo by MC2 Joshua J. Wahl

much cultural as technical.

"To make this work, in the end, it's about our ability to synchronize the capabilities of a team," he added, "from our junior-most individuals to our senior-most individuals, from capabilities resident within [the services] and as a department, to the [external] partnerships we're going to have to form."

The second point Rogers said he keeps in mind is that requirements of the future include a joint network backbone for all of the Defense Department.

"I never understood why Army, Navy, Air Force, Marine Corps and, arguably, our Coast Guard teammates ... were spending a lot of time and money [to independently] create, maintain, build and operate a global communications backbone,"

Rogers said. Instead, he added, "make the services responsible for the last tactical mile of [a DOD-wide backbone that spans the globe], down to mobile and tactical users, whether they're in a garrison scenario or whether they're out maneuvering in the field, on an aircraft, on a ship or in a squadron."

The third point, Rogers said, is that people and partnerships are key.

"Don't ever forget that, in the end, [operationalizing cyberspace by 2025] is all about people and partnerships," the admiral said. "It's about our ability to create a workforce that understands the vision, has the tools and capabilities they need to execute this vision, and is integrated into the broader effort."

The partnership piece is a key area, he added, "because we, the Depart-

ment of Defense, are not the cutting edge when it comes to networks, [communications] or information technology."

"We are a user of technology that is largely generated by individuals and organizations that reside outside the DOD. ... I don't see that trend changing between now and 2025," he added.

As Cybercom commander and operational commander for the cyberspace mission set, the admiral said, focusing on five Cyber Command priorities will help military commanders build the joint force for 2025.

The priorities are:

- Building a trained and ready operational cyber force;

- Building a joint defensible network whose architecture has core design characteristics of defensibility, redundancy and

resilience;

- Creating shared situational awareness in cyberspace;

- Creating command and control and operational concepts for use in cyberspace; and

- Being mindful of policy and administrative changes needed to operate in cyberspace.

Addressing the department's ability to compete on the open market for exceptional cyber talent, Rogers said, cyber is no different from any other DOD mission in terms of going after talented individuals.

"If the view is that pay is the primary criteria to get people with cyber expertise to join the department, I don't think that's going to work for us," he added. "We'll compete because of what makes us different. We will appeal to men and women who have an ethos of service [and] who believe in the idea of being part of something bigger than themselves."

"We're going to compete for the same people because, quite frankly, we're going to give them the opportunity to apply their knowledge in a way that you can't legally do on the outside," he added, prompting chuckles from the audience.

"I think we're going to do well," the admiral said. "[Over the past 10 years], we have exceeded my wildest expectations in terms of our abilities to recruit and retain a high-end cyber workforce, because we've been able to focus on why they want to be with us as opposed to why they don't want to be with us."

Virginia's hidden treasure

By Tiffney Wertz
Marine Corps Base Quantico

The Great Depression is arguably one of the most devastating and traumatic catastrophes in American history.

At the peak of the depression between 1932 and 1933 millions of Americans were unemployed, famished and struggling to survive.

But, an optimistic President Franklin D. Roosevelt helped turn a tragedy into a triumph when he created the Recreational Demonstration Area in 1933.

The RDA program salvaged old land that would be turned in camps to help ease anguish caused by the Great Depression. The camps provided an escape from everyday life for underprivileged, low-income youth, mothers and toddlers.

They were built by the Civilian Conservation Corps and helped reduce unemployment by putting people to work.

During this time more than 2,000 people worked along the Chopawamsic and Quantico creeks and built the Chopawamsic RDA, known today as Prince William Forest Park.

Using the Chopawamsic RDA as a replica, Roosevelt's RDA program helped open 46 RDA projects across the nation.

"The original intent was to build this cabin camp for underprivileged youth in the Washington, D.C., and Baltimore area. The children would come here eat three square meals a day, see a doctor twice a day, play and do crafts" said Stephanie Pooler, park ranger and volunteer coordinator for Prince William Forest Park.

"When they were here, they could mingle with other kids and not worry about where their next meal would come or where they would take a bath," Pooler continued. "Here they learned cleanliness and hygiene and how to take care of them-

selves."

Today those same cabin camps remain intact, and are used by visitors who camp in the forest year 'round.

Prince William Forest Park spans 15,000 acres and offers visitors 37 miles of hiking trails, 21 miles of biking trails, various running trails, four camp grounds and five cabin camps that were built as part of Roosevelt's RDA program.

The cabin camps can lodge anywhere from 60 to 200 people, depending on the campsite.

"The visitor center is a great place to start. We have maps here to help guide you," Pooler said. "But, for those who are intermediate to advanced hikers, we can set up hikes from three

miles all the way up to 18 miles, without covering the area twice."

The visitor center also provides information on the history of the park, exhibits of various types of wildlife found in the park and more.

Prince William Forest Park welcomes more than 250,000 visitors each year. The park is open daily from sunrise to sunset.

Active duty personnel and their family members can obtain a free annual pass to any national park and or federal recreational land in the United States that charges an entry fee when a military identification card is presented.

For those who do not have a military identification card, the cost is \$5 per single passenger ve-



Photo by Tiffney Wertz

Formerly known the Chopawamsic Recreational Demonstration Area, the area helped provide shelter and food for underprivileged youth, mothers and toddlers.

hicle that has less than 14 passengers, \$3 per person who walks in or is riding a bike or motorcycle and \$20 for annual pass.

For information on the history of Prince William Park visit, www.nps.gov.

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