



Guantanamo Bay Gazette

NS Guantanamo Bay Earns Retention Excellence Award



NS Guantanamo Bay Commanding Officer Capt. J.R. Nettleton and Master-At-Arms Seaman Harley Henry paint the anchor gold in front of Naval Station Headquarters in honor of Naval Station Guantanamo Bay being awarded the Navy's Retention Excellence Award also known as the "Golden Anchor."

Kelly Wirfel

NS Guantanamo Bay Public Affairs Officer

Naval Station (NS) Guantanamo Bay received the Navy's Retention Excellence Award Feb. 11 for fiscal year 2012.

The award, also known as the "Golden Anchor," is earned when a command meets the requirements set forth by Commander, Navy Installations Command (CNIC). The criteria states that command's must receive an 85 percent or better on their command's fiscal year Career Development Program review. NS Guantanamo Bay's greatly exceeded the requirements with an overall assessment score was 98 percent.

"Additionally, commands must also meet or exceed the annual reenlistment benchmarks of 59 percent for Zone A, 66 percent for Zone B and 72 percent for Zone C, said Chief Navy Counselor Robert Pagtakhan. "The last requirement is that command attrition rate must be equal to or less than 5.5 percent."

Zone A applies to those who have been enlisted less than six years.

Zone B applies to those who have been in the Navy 6-10 years and Zone C are "upper management" or those who have been enlisted for 10-16 years.

"Retention is directly related to command climate, involved leadership, clear standards and policies and promotion of quality service," said NS Guantanamo Bay Command Master Chief, Ross Cramer. "We as leaders need to make ourselves available to our junior Sailors and most importantly involved in their career. Being proactive is one of the keys to success."

Last year, 43 Sailors were reenlisted at NS Guantanamo Bay after obtaining Perform To Serve (PTS) approval.

In a message announcing the winners, CNIC Vice Adm. William French said this award is not only a testament to the command's dedication and commitment to career motivation and excellence but also shows the commands allegiance to meeting the personal and professional needs of their Sailors.

Guantanamo Bay Sailor Represents Command as Blue Jacket of the Year

PCC(Ret.) Rich Vargas
Fleet Logistics Center Jacksonville

Logistics Specialist Third Class Louis J. Delk was selected as Blue Jacket of the Year for Naval Supply Systems Command (NAVSUP) Fleet Logistics Center Jacksonville, FL and the Navy's Global Logistics Support Enterprise. Delk was selected by his LPO, Logistics Specialist 1st Class Mac Williams to represent the Detachment in Guantanamo Bay, Cuba.

When asked why he nominated him, Williams stated that he felt Delk had the qualities of an outstanding Sailor and

continues to hold the Navy's core values of Honor, Courage, and Commitment in his heart and does nothing short of letting it show each and every day.

"Petty Officer Delk is a leader among his peers and an excellent neighbor within his community. His unparalleled credentials, hard working ethics and dedication have made him a role model to be emulated by others," said Williams. We had no doubt that he would be competitive and successful at his selection."

Delk stated that he was very excited that his command thought he had exceeded their expectations and had what it took to represent the command.

"I was really surprised; I had no idea I would make it up that far," said Delk. "My advice to other Sailors who want to succeed would be to always have a positive attitude, stay motivated in and out of work, respect your chain of command, volunteer, take classes and just always push yourself to greatness."



**MASTER-AT-ARMS
3RD CLASS
RYAN
KREBIEHL**

- **Job/Department:** Security
- **Age:** 22
- **Hometown:** West Branch, MI.
- **Favorite Team:** Detroit Red Wings
- **Favorite Movie:** Captain America
- **Favorite Musician:** Toby Keith
- **Favorite Quote:** "All evil needs to prevail is for good me to do nothing"
- **Greatest Accomplishment:** My family
- **Favorite GTMO Restaurant:** Bay View
- **Greatest Passion:** Hunting
- **Favorite Hobby:** Outdoors
- **Hero:** Captain America
- **Currently Working On:** Patrolman Qualification
- **How Has The Navy Improved Their Life:** Opened doors to career opportunities
- **Sailor of the Week Because:** Took the initiative to update the Harbor SOP to reflect current procedures.



Master Chief Petty Officer of the Navy (MCPON) (AW/NAC) Michael D. Stevens gives a MCPON coin to Logistics Specialist 3rd Class Louis Delk for his achievement as Navy's Global Logistics Support Enterprise Blue Jacket of the Year.

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NAVAL STATION GUANTANAMO BAY, CUBA

GUANTANAMO BAY GAZETTE

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CMDCM (SW/EXW/AW) ROSS CRAMER



PUBLIC AFFAIRS OFFICER
GAZETTE EDITOR

KELLY WIRFEL
MCC(SW/AW) KEITH BRYSKA



U.S. Naval Hospital Guantanamo Bay (USNH GTMO) commemorated National Patient Safety Awareness Week (March 3-9) with a number of events. CAPT Richard Stoltz, MSC, USN, Commanding Officer, and Sandra McMurray, the hospital's Patient Safety Manager, cut a Patient Safety Awareness cake on the quarterdeck, Wednesday, March 6, sharing pieces with staff and visitors. USNH GTMO also had patient safety representatives available throughout the week in the Primary Care Clinic to provide information on hand-washing, preventing infection, ways to prevent healthcare errors and medication management. U.S. Navy Photo by Stacey Byington, USNH Public Affairs Officer.

Navy Creates iPad App for Managing Stress and Fending Off PTSD

Katherine H. Crawford

Office of Naval Research Public Affairs - Story Edited

The Office of Naval Research (ONR) is co-funding an affordable, hi-tech, solution for managing stress that could help prevent post-traumatic stress disorder (PTSD), helping warfighters and potentially saving billions of dollars in associated medical costs, officials announced March 6.

ONR, in conjunction with the Defense Advanced Research Projects Agency, is sponsoring development of the Stress Resilience Training System (SRTS), an iPad app training program that teaches Sailors and Marines to understand their stress responses and manage them by learning biofeedback techniques that work for their individual needs.

The system will undergo field testing at the Naval Center for Combat and Operational Stress Control (NCCOSC) in San Diego in April.

Lessening the impact of PTSD to warfighters, the military and the nation is crucial. According to a February 2012 Congressional Budget Office report, 21 percent of military personnel returning from overseas contingency operations (OCO) in Afghanistan and Iraq suffer from PTSD. The cost to treat these individuals is nearly 3.5 times higher than for someone without PTSD or traumatic brain injury, which works out to close to \$1 billion when multiplied by the total number of OCO patients.

"The SRTS app provides users with an easy-to-access tool that helps them build resilience toward stressful events so that when they encounter those events, the likelihood of experiencing PTSD or any other aftereffects from stress is reduced," said Cmdr. Joseph Cohn, program officer in ONR's Warfighter Performance Department and originator of the SRTS project.

Using only an iPad and a heart rate monitor clipped to one earlobe, the SRTS App comprises four sections: "Know How," which provides Sailors and Marines with information about stress and resilience and how to apply this

knowledge to their missions; "Techniques," which explains how they can bring themselves into the best mental and physiological state possible to build resilience and achieve peak performance; "Games," which allows them to practice applying the resilience skills learned; and "Review," which helps them track their training progress.

The game-based app allows players to choose from several increasingly challenging training scenarios while the monitor records when the heart rate rhythm, also known as heart rate variability, becomes incoherent - a sign of stress. Through game-play, Sailors and Marines will learn which techniques, such as deep breathing or muscle relaxation, help them maintain or regain coherence, to manage their unique stress responses. Once learned, users can transfer these approaches to real-life situations.

"We're capitalizing on past research and making a leap that one way of managing PTSD lies in learning to more effectively manage your stress," Cohn said.

The SRTS is unique because it pulls together two proven premises - that novices and experts manage stress in different ways, so there's the potential for training, and that good training requires good feedback. It then combines them with an already established distribution point: the NCCOSC, which focuses on promoting resilience and investigating best practices in diagnosing and treating PTSD.

Preventing PTSD is critical for mission preparedness and success, and it goes to the heart of one of the chief of naval operations' "Sailing Directions," that the Department of the Navy has "a professional and moral obligation to uphold a covenant with Sailors, civilians and their families - to ably lead, equip, train and motivate."

2013 Seabee Ball

MCC(SW/AW) Keith Bryska

Gazette Editor

Naval Station Guantanamo Bay residents enjoyed a night of dining, dancing and fun at the annual Seabee Ball, March 2. The purpose of the night was to honor all the Seabees, Civil Engineering Corps Officers and Naval Facilities Engineering Command who have paved the way to victory and to all those proudly following in their footsteps.

According to Chief Builder Anthony Thibodeaux being a Seabee is belonging to an organization that helps in worldly endeavors and strategic execution from behind the scenes. The history is filled with key points that have helped the United States of America reach its goals in both war and peacetime, abroad and at home.

“Who would not want to be part of an organization whose motto is “With compassion for others, we build; we fight, for peace with freedom.” Seabees continue to carry the torch that was lit 71 years ago,” said Thibodeaux. “I am proud to have the honor of caring that torch and keep the note worthy traditions going.”

The history of the Seabees dates back to Jan. 5, 1942 when Rear Admiral Ben Morrell, Chief of the Bureau of Yards and Docks was given permission to activate a unit of men that had the capabilities of building various construction projects that could support Marines and Sailors around the world. The special unit was needed because civilian builders were not allowed to defend themselves if attacked by enemies. If the civilian builders being used at the time were to fight back then they were considered guerillas and killed immediately.

Guest speaker NS Guantanamo Bay Commanding Officer Capt. J.R. Nettleton spoke highly of the traditions that the Seabees hold in great honor and how proud he felt to be invited as the guest speaker and the importance they have been to our community in Guantanamo Bay.

“It was an honor to be the guest speaker because the Seabee’s

have such a rich history, unique skill set, and the definitive “Can Do” attitude,” said Nettleton. “Many of our nation’s conflicts are intertwined with heroic accomplishments from the men and women who build and fight!”

The first construction battalion was formed on Jan. 17, 1942 and consisted of 296 men with various building backgrounds. On March 2, 1942 the Department of the Navy officially named them the Seabees and Morrell personally gave them their motto *Construmus Batumius* which stands for “We Build, We Fight.”

“This was my first ball, I really enjoyed it. I had a lot of fun, dancing and socializing,” said Utilitiesman Constructionman Megan Crevier. “Being the only enlisted female Seabee here in GTMO I feel like it was a great opportunity for me and I’m glad to be part of the tradition and ensure it continues.”

Crevier spoke of her love of being a Seabees and hopes to make this a long and hardworking part of her life. She also volunteered her time to sell tickets for the ball on Saturday in front of the Navy Exchange where she was asked multiple times if the Seabees had left, her response was a smile and a quick “well I’m here.”

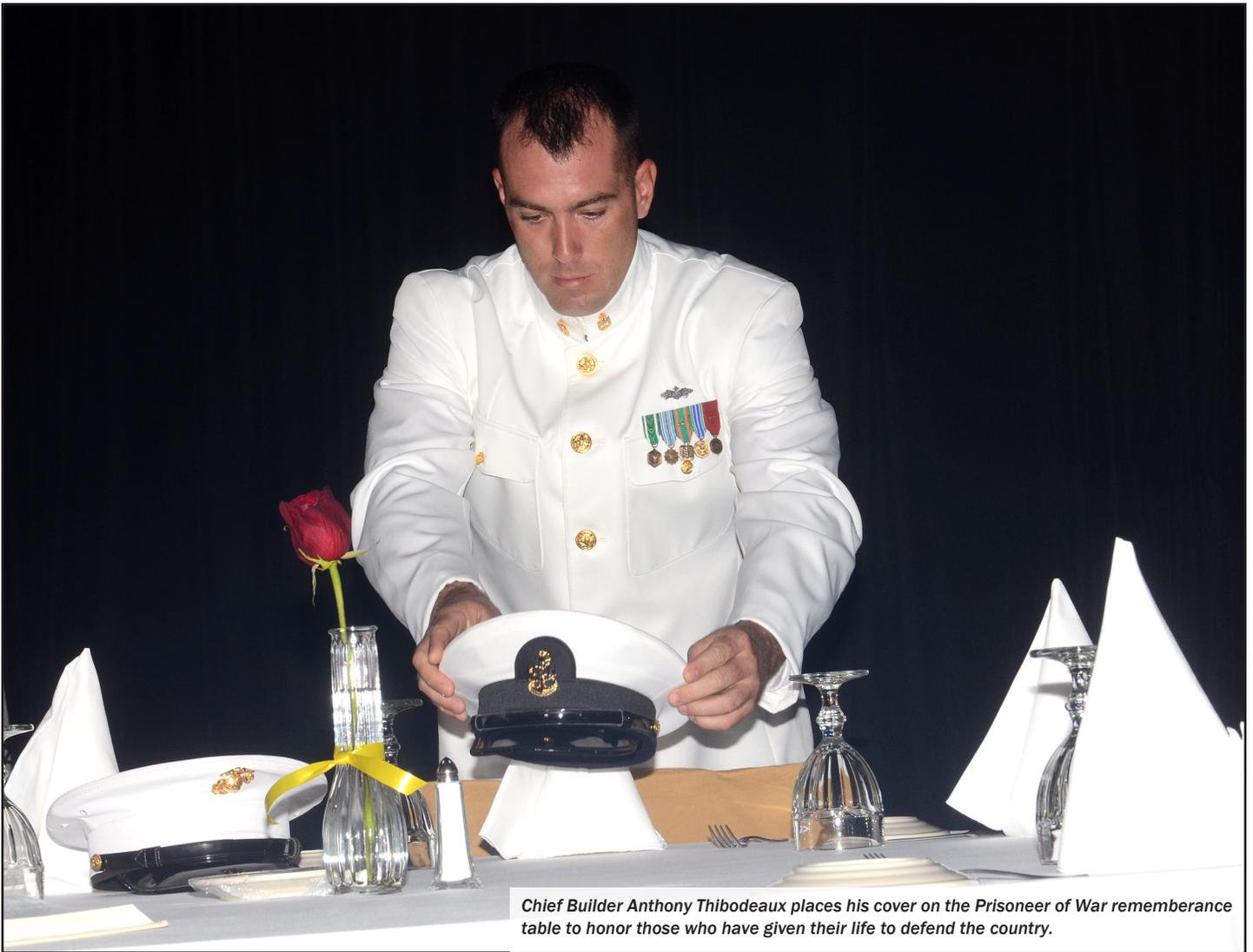
In 1950 the construction battalion were renamed Mobile Construction Battalions (MCB’s) and have been instrumental in everything from WWII, the Korean War, Antarctic Operations, Vietnam and the global war on terrorism. Seabees continue to be ambassadors to foreign nations through humanitarian missions while also supporting recovery efforts for hurricane and earthquake disaster in the United States.

Today’s Seabee’s are made up of reservist and active duty members to include six active duty battalions, two Amphibious Construction Battalions (ACB’s) and two Underwater Construction Team’s (UCT’s).

“Today and years down the road, we will look back and see we are now part of that proud history, said Thibodeaux. “I have no misconception that Seabees will continue to remember the past as we move forward into the future.”

Naval Facilities Engineering Command Southeast Guantanamo Bay Public Works Officer Cmdr. Anthony Conley gives the opening remarks at the Seabee Ball.





Chief Builder Anthony Thibodeaux places his cover on the Prisoner of War remembrance table to honor those who have given their life to defend the country.



NS Guantanamo Bay Commanding Officer Capt. J.R. Nettleton speaks to service members and guests about the importance of the Seabees and Civil Engineering Corps to this nation and residents at Guantanamo Bay, Cuba.

Junior Sailors Come Together to Help Others

MCC(SW/AW) Keith Bryska

Gazette Editor

Sailors from the Junior Enlisted Association (JEA) and the Coalition of Sailors Against Destructive Decisions (CSADD) came together to explain the importance of both organizations and how they could help better their lives and others around the community, March 6.

According to CSADD President Logistics Specialist 3rd Class Dominique Williams, CSADD was established in Guantanamo Bay in Oct. 2011 by a group of sailors who wanted to change the negative reputation that junior sailors were receiving around base. The association was designed to be a positive outlet for the junior Sailors to express themselves while being able to voice their opinions without negative repercussions.

“We want to change to amount of alcohol related incidents that are reported and let people know that they can have fun responsibly without causing trouble,” said Williams. We want to boost the morale of every sailor through community outreach events and monthly awareness trainings.”

Logistics Specialist 2nd Class Adrienne King who will be taking over for Williams wants Sailors to know that this program works and encourages other Sailors to come out and be part of this special organization.

“I was in the CSADD program at my previous command as a member. I thought the program was a great outlet for junior sailors,” said King. “Once I found out that Guantanamo Bay CSADD program was in need of more members and elected officers I figured I would run for President since I had previous experience and knowledge of the program.”

The meetings were combined because both organizations are operated by junior Sailors for junior Sailors with the abilities to make a positive impact on the command. The JEA is a new program and JEA President Master-At-Arms 2nd Class Brittany Woods wants Sailors to understand that being part of the organization is important,

because it allows them to discuss what is affecting their lives and give this feedback directly to the chain of command.

“It is important for the command to have a JEA because it promotes unity among junior Sailors, giving us a voice and allowing us the opportunity to inspire change in our work environments and the GTMO community,” said Woods. “Our intent is to positively influence junior sailors and fellow service members alike.”

The next meeting for both associations will be on the Mar. 12 at 1430 at the Bulkeley Auditorium and all junior Sailors are encouraged to attend.

NS Guantanamo Bay Command Master Chief Ross Cramer wants Sailors to know that being a part of the JEA is a chance to be a decision maker on some level and that should inspire junior Sailors to be a part of it.

“When I look at junior Sailors I see future Captains, Master Chiefs maybe even MCPONs. They have some great ideas and offer new insight to some challenges NAVSTA GTMO and our Navy face today. When you bring them together and give them a chance to be a part of Team GTMO’s future course I believe great things will happen,” said Cramer. “As the guy lucky enough to be the Command Master Chief and proud member of Team GTMO, I am excited to see this come together.”



Yeoman Second Class Curtis Dryman, Vice President of the Junior Enlisted Association (JEA) talks about his expectations of the JEA and the benefits of joining the association. The JEA is a new program at Guantanamo Bay and all Junior Sailors are encouraged to participate.

Navy Asks You to Share Your Culinary Creativity

Navy Personnel Command Public Affairs

The Navy is looking for recipes that are easy, healthy and created with Sailors living in bachelor quarters in mind.

To inspire a little “healthy” competition, Navy Nutrition is holding a recipe contest to compile an online barracks cookbook officials said March 6.

“This cookbook contest is meant to be a fun way to encourage Sailors to showcase the creative ways they eat well with limited resources,” said Lt. Cmdr. Jennifer Wallinger, a dietitian with the Navy Physical Readiness Office. “Many Sailors are finding ways to make easy and tasty meals, without a full size kitchen and pantry. We want you to share these ideas”.

The goal of the contest is to compile a collection of recipes that are compatible with barracks life. A recipe may consist of cooking foods in a microwave or as simple as assembling ingredients. If you are making it and it is healthful, we want it in the cookbook. Each recipe may only be submitted once, but you may enter as many recipes as you like.

The rules include a limit on the number of ingredients, pieces of equipment and recipe steps. “If you live in the barracks, you have limited

storage space, limited utensils and, in compliance with housing rules, a microwave for a heating element.” explained Wallinger.

With the recipe contest running in conjunction with Navy Nutrition Month, there is also focus on nutritional value. “The number of ingredients will be limited, but there is no limit to the flavor, herbs and spices are encouraged” Wallinger continued. “We are just limiting added components such as sodium, which affects many prone to high blood pressure, and fat to keep in line with dietary guidelines. We have included an explanation on how to determine the amount of sodium and fat for each recipe in the rules.”

Entries to the contest will be accepted in seven categories, which are broken down by when you are likely to eat them, for instance; breakfast, sandwich/wrap, snack, vegetables, starchy side, main course (entree) and sweet treat.

The contest will run from now until 31 March at 11:59 p.m. Eastern time zone. For more information and contest rules visit <http://www.public.navy.mil/bupers-npc/support/navynutrition/Pages/default2.aspx>.

GTMO SHOPPER

E-mail classified ad submissions to PAO-CLASSIFIEDADS@USNBGTMO.NAVY.MIL

If sent to any other e-mail, it may not be published. Submit your ad NLT noon Wednesdays for that week's Gazette. Ads are removed after two weeks. Re-submit the ad to re-publish. The Gazette staff and NS Guantanamo Bay, Cuba, page. The Public Affairs Office has final editorial discretion on all content. Call MCC Keith Bryska at 4520 with your questions or concerns. Please keep ads to a minimum of 5 items.

VEHICLES

'03 Jeep Wrangler X, \$11K, 113,700 miles, excellent condition, 6 cyl, manual, A/C, oversized off-road tires, soft-top, 1/2 doors, neoprene seats, new unused Bestop bikini top, garage kept. Call 75575

'11 Vespa Scooter, \$5K, 846 miles, 49cc (motor safety course not required), Immaculate condition, chrome cargo rack, garage-kept. Call 75575

'03 Nissan Altima, \$4,900, 120K miles, Excellent A/C, new tires, power windows, new battery, great car. Call Eric 78475 or 8236

'02 Chrysler Concord, 3.5L V6 A/C, 18" mag wheels, Full auto Service records on hand, \$3500. Call 7 7520 msg.

04 Toyota Solara, 132k miles mostly highway, Mint Condition, Garage Kept, One Owner, Non-Smoker, Dealer Maintained, Sony CD Player with Sirius Radio, Power Sunroof, ICE Cold AC, 4 Cylinder Engine, Asking \$7,500 OBO, Call 84074 or 75827

'91 Nissan Sentra, 5-spd, 2 door runs amazing! Includes aftermarket CD stereo/AUX Input. Very fuel efficient and dependable. \$2k Please call 75585 for more info.

2002 Ford Explorer XLS. Power windows, good condition, cold AC, new battery & tires. \$4500.00 OBO. Call 77180, 75195 or 72239.

'97 Jeep, good conditions, \$3,200 OBO. Call 77264

HOUSEHOLD GOODS

Entertainment Center \$60, Clothes Dryer fairly new \$110. Call 77148

ELECTRONICS

Linksys router \$20. Call George 78448

6' Dish and Directv LNB
6' dish for sale along with Directv LNB and 2 - 50' cables - \$400
Will transport dish to your location. Call 78952 if interested

OUTDOOR REC

Mens Large Scuba Pro Knighthawk BC w/A2 - \$375.00
(1) Womans Small Scuba Pro

Lady Hawk BC w/A2 - \$375.00
(2) Scuba Pro MK25/S550 Regulators - \$300.00/ea
(1) Mens XL Scuba Pro S-Tek 5 Mil dive suit (never worn) - \$100.00
(1) Womans Size 6 Henderson Hyperstretch 5 Mil dive suit (never worn) - \$250.00
(2) Genesis 3 pod in-line console with React Pro dive computer, compass and pressure gauge - \$225.00/ea .Gear was only used for certification dives plus 2 other dives.
Please call: 58619 or Email sjgard-

MISC

Ab Lounge \$70. Call George 78448

YARD SALE

Saturday, March 9th - Yard sale at CC23D 7am-11am; boys/girls clothes & toys; electronics, furniture and more."

Garage Sale
VILLAMAR 35 A
Saturday, March 2nd, 0700-1100



SAFE RIDE

Out drinking? Put the keys down and call Safe Ride at 84913 or 84781. Don't drink and drive.

WATER RESTRICTIONS

The Naval Station is currently experiencing water production limitations and is under a tight water restriction. We are asking all residents to adhere to the following rules; no lawn watering, no vehicle washing at homes, limit plant watering, no washing of sidewalks with potable water and residents are asked to report possible leaks to the Public Works Department at 4535.

NAVY COLLEGE

Are you interested in expanding your personal and professional development? The Navy College is here to help! The Navy College Office can assist you with; Academic Counseling to start or continue college, Active Duty Tuition Assistance benefits, CLEP and DSST testing, SAT and ACT testing, MGIB and POST 9/11 benefits and much more. Their office is located at Chapel Hill, Room 11 and is open for Customer Service Monday through Friday. For more information or to schedule an appointment call 2227.

LIFEGUARD CLASS

MWR is sponsoring a Lifeguard Class. The four day class starts

March 14. Participants will get certified by the American Red Cross and will receive Lifeguard/First Aid training and CPR/AED for Lifeguards training. You must be at least 15 years old to register. Call 2205 or 84968 for more information.

SUBA DIVING

The Re-Compression Chamber will be down for maintenance March 19 to March 27. This means all civilian and recreational diving will be secured during this time period. For more information contact the Command Diving Officer at 4444.

NAVY RETIREE'S

Attention GTMO Navy Retirees. The Chief Petty Officer Association would like to present all Enlisted Navy Retirees in GTMO with a "United States Navy Retired" lapel pin. For more information contact Command Master Chief Cramer at cmc@usnbgmto.navy.mil or call 4474.

JUNIOR ENLISTED ASSOCIATION

Naval Station GTMO's Junior Enlisted Association will be holding an informative meeting in Bulkeley Hall auditorium this afternoon at 1430 and then again on March 12 at 1430. All E-1 through E-5's are welcome to attend and learn more about the benefits of being part of this organization.

GTMO JOB HUNT MWR

- Recreation Asst. Lifeguard - Flex
- Recreation Asst. Lifeguard - Full Time
- Bartender - O'Kellys - Flex
- Bartender - Flex
- CYP Asst.- Flex
- CYP Asst.- Full Time
- CYP Ops Clerk - Flex
- Food Service Worker - Flex
- Lead CYP Asst.- Full Time
- Accounting Tech.- Flex
- Electrician- Full Time
- Maintenance Worker - Full Time
- Rec Aid Bingo Caller - Flex
- Recreation Asst.- Full Time
- HR Specialist Full Time
- ID Checker - Flex

Job Descriptions can be found on MWR's Job Wall next to the NAF HR office, Bldg. 760. FMI, call 74121

Social Services Assistant
Comfortable working with a diverse population
Must be fluent in Spanish
Full time and part time positions available
Local hires only - G4 position,
one year fixed term contract
Call 74788 FMI

BREMCOR School Bus Monitor - Part Time-On island local hire US citizen only.
Contact estead@roe.com for more information or send resumes for consideration.

MOVIES DOWNTOWN LYCEUM

FRIDAY	Mar. 8
7 p.m.:	Oz the Great and Powerful (New) PG 123 min.
9 p.m.:	Warm Bodies(New) PG13 97 min.
SATURDAY	Mar. 9
7 p.m.:	Jack the Giant Slayer PG13 115 min.
9 p.m.:	The Last Stand R 107 min.
SUNDAY	Mar. 10
7 p.m.:	Hanzel and Gretel R 88 min.
MONDAY	Mar. 11
7 p.m.:	Zero Dark Thirty(Last) R 160 min.
TUESDAY	Mar. 12
7 p.m.:	Gangster Squad(Last) R 113 min.
WEDNESDAY	Mar.13
7 p.m.:	A Haunted House(Last) R 86 min.
THURSDAY	Mar. 14
7 p.m.:	Broken City PG13 109 min.

CALL THE MOVIE HOTLINE @ 4880

Dr. Seuss Celebrated at GTMO

Kelly Wirfel

NS Guantanamo Bay Public Affairs Officer

In celebration of the birthday of Dr. Seuss, W.T. Sampson's Parent Teacher Organization (PTO) partnered with Naval Station (NS) Guantanamo Bay's Marine Corps Security Force Company (MCSFCO) to host the second annual Dr. Seuss Fun Run, March 1. Nearly 300 youth, parents, teachers, friends and volunteers participated in this family-friendly activity.

"We came up with the idea last year with the help of Major Win Tierney and his wife, Theresa. We wanted to have a run for the students and selected Dr. Seuss' Birthday as the date. The Marine's offered up the Northeast Gate and we ran with it," said PTO President, Lisa Pecci. "As we began planning this year's event I asked Major Cameron and 1st Sgt Martin if

we could hold the run there again and both were more than willing to offer the location and help with the planning."

The event began at Marine Hill where youth and families gathered and had the chance to win various prizes the PTO raffled off. Following the raffles and a brief about the history of the iconic Northeast Gate, participants loaded into ten schools buses and were transported to the Northeast Gate.

Once arriving at the Northeast Gate and honoring Evening Colors, participants assembled at the start line and took off to start the mile run. Times of participants varied but all finished with smiles on their face.

"I would like to thank all our volunteers. This event would not have been a success without them," said Pecci. "To our Chairperson, Francesca Dietz, thank you for all your hard work. 1st Sgt Martin and the Marines, you listened and then went above and beyond what we were thinking and made this a wonderful event once again."



March 1, 2010

