NAVAL STATION GUANTANAMO BAY, CUBA • PSC 1005 BOX 25 • FPO, AE 09593 • 011-5399-4090



GTMO MWR Community Library Completes Renovations



NS Guantanamo Bay, Cuba Commanding Officer Capt. Kirk Hibbert participates in a ribbon cutting ceremony with MWR and RCI contractor representatives at the MWR Community Library, April 12. The facility closed for renovations Feb. 23. The renovation project provided an interior "face-lift" with new paint and flooring, along with a variety of upgrades

MC2(SW/AW) Justin Ailes

Gazette Editor

The Morale, Welfare and Recreation (MWR) Community Library at Naval Station (NS) Guantanamo Bay, Cuba reopened for service during a ribbon-cutting ceremony, April 12.

The facility closed for renovations Feb. 23. Library services continued to be provided with limited hours and services at the installation's Teen Center.

"Patrons are going to see a real difference in the interior "We will continue to appearance of the library," said Amy Roumell, MWR computer and wi-fi ac Supervisory Librarian. "The new paint and flooring make it look like a completely different space. We also have new public computers with updated software. The new lights and outlets on the exterior will make it more comfortable for patrons to sit

outside and use their computers."

The library serves more than 135,000 community members each year with 25,000 items available for checkout, including fiction and nonfiction books for adults, young adults, juveniles, and children, as well as audio-books and DVDs, according to Roumell.

"We offer the only public computers on base, and have a fax and scanner available for base residents," said Roumell. "We will continue to provide materials for checkout, as well as computer and wi-fi access. We have story time Friday mornings at 10 a.m. for children up to age 4 and their caregivers. We will also offer a variety of learning programs each month."

The renovation project was the first upgrade to the facility in nearly seven years.

Nursing Groups Promise TBI, PTSD Training

Leo Shane

Stars and Stripes

A coalition of nursing schools and medical organizations will train more than 3 million nurses in coming years on how to recognize and respond to post-traumatic stress disorder, traumatic brain injury and other unseen war wounds in veterans, White House officials announced Tuesday.

The news comes three months after officials from the nation's leading medical colleges announced they'd work similar lessons on war wounds into their curricula.

But Amy Garcia, chief nursing officer of the American Nurses Association, said the new initiative should have a more immediate impact on veterans care, because officials can introduce the lessons into professional development courses, medical journals and other nursing resources in a matter of weeks, not years.

She also noted that many of the nurses involved are already working with veterans in their communities, and can immediately put the new knowledge into practice.

"Our goal is to raise awareness of these

issues, teach nurses to recognize the signs and symptoms, and help reduce the stigma of seeking care," she said.

Officials from the White House's Joining Forces campaign said that roughly one in six veterans returning from Afghanistan and Iraq suffer from PTSD or TBI.

While medical staff within the Veterans Affairs health system are familiar with the injuries, campaign staffers noted that the majority of veterans still receive care outside that system, where private physicians often have less experience and knowledge with the issues.

As part of the effort, the American Psychiatric Nurses Association has already developed online continuing education courses on PTSD focusing on pain management, sleep disturbances and issues specific to women veterans. Other groups are launching similar efforts.

This week marks the one-year anniversary of the Joining Forces campaign, launched to highlight the sacrifices and struggles facing returning troops and military families.





YEOMAN 3RD CLASS BRANDEN JACKSON

■Job/Department: DTS PO/ Supply/ ADMIN ■Age: 23 ■Home State: Georgia ■Hero: My Father **Quote:** "Success is failure turned inside out." ■Favorite Sports Team: Georgia Bulldogs **Favorite Hobby:** Working out ■Favorite Book: The Shadow King ■Favorite Movie: Wedding Crashers ■Favorite GTMO Restaurant: Gold Hill Gallev **Favorite Musician:** Johnny Cash ■Favorite TV Show: That 70's Show ■Greatest Passion: Staying healthy **Currently Working On:** Starting school, getting a degree ■How The Navy Has Improved His Life: The Navy has turned me into a man and taught me responsibility and acceptance. Sailor Of The Week Because: Petty Officer Jackson is an incredibly ambitious and hard working Sailor who performs at a level well above his peers. Jackson is an astute administrator who is well on his way to being an excellent Yeoman.

NAVAL STATION GUANTANAMO BAY, CUBA

COMMANDING OFFICER EXECUTIVE OFFICER COMMAND MASTER CHIEF CAPT. KIRK HIBBERT CMDR. WILLIAM RABCHENIA CMDCM (SW/AW/EXW) J.D. MCKINNEY, III PUBLIC AFFAIRS OFFICER GAZETTE EDITOR PHOTOJOURNALIST

TERENCE R. PECK MC2(SW/AW) JUSTIN AILES MC2(SW/AW) JUSTIN AILES

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jantanamo Bay Gazette

DoD Plans Sexual Assault Crime Database

Rick Maze

Navy Times

The Defense Department could take a leap forward in its sexual assault prevention programs this summer with the planned deployment of an all-service database to track the names of victims and alleged offenders, the nature of the assaults, and the outcomes, if any, of legal proceedings.

This will require the services to take a more uniform approach to issues such as handling evidence and conflicting testimony, and also will provide a better look at the scope of the sexual assault problem across all of the services.

A Government Accountability Office report, dated March 30 but released April 10, updates lawmakers on 25 recommendations made by the congressional watchdog group since 2005 for improvements in sexual assault prevention programs.

One bit of progress: The Defense Department has prepared a defensewide policy for criminal investigative organizations so that all will use the same basic processes and rules for collecting and using evidence. The policy also calls for the services to share resources in both investigating and prosecuting sexual crimes.

Congress mandated a defense-wide database of sexual assaults in 2008, but a joint-service system won't be fully operational until August, according to the report.

The services generally define sexual assault in the same way, but until now, they have had their own approaches for undertaking investigations, retaining evidence and keeping records. Having everyone record crimes in the same way lets the services compare which may be more successful with sexual assault prevention programs.

The report was provided to Rep. Louise Slaughter, D-N.Y., who has led a bipartisan group of lawmakers pushing the Defense Department to do more to address sexual assault in the ranks.

Slaughter has sponsored legislation to require expanded legal training for judge advocates involved in the investigation and prosecution of sexual assaults, and to make conversations that a sexual assault victim had with a victims' advocate or health care professional confidential, meaning they could not be used in legal proceedings.

Navy Takes Tougher Stance On Sexual Assaults

Melanie Woodrow

WAVY NBC Norfolk

Top Navy officials have announced a tougher stance on sexual assault among Sailors, outlining a commitment to their "Zero Tolerance" policy.

"Crimes against Sailors hurts all of us. It hurts the unit. It hurts all of our ability to do our mission," said Adm. John Harvey, Jr., commander, U.S. Fleet Command.

As a part of sexual assault awareness month, the Navy says it will implement new methods to aid sexual assault victims either in reporting the crime or seeking assistance from staff members on the legal and counseling process.

Last year, the Navy says that 611 restricted and unrestricted reports were filed by Sailors. Restricted reports are not seen by the chain of command.

"We've been looking at this now for a couple years and saying we're not effectively changing behaviors. We're not effectively impacting our culture," said Adm. Harvey.

Adm. Harvey said he does not support a military legal brief in a prior sexual assault lawsuit that stated rape was incidental to military service.

Attorney Susan Burke represented 28 victims in the case that was dismissed in December of 2011.

"What they argue in their legal brief is that rape is an occupational hazard," said Burke.

"In terms of reasonable expectation that a Sailor could be, I reject that," said Adm. Harvey. "It is a crime and we don't reasonably expect anybody to commit crimes against our Sailors."

DID YA' KNOW? RECENTLY AT THE COURTHOUSE...

- At a Special Court-Martial convened on board NS Mayport, a Petty Officer third Class pled guilty to three specifications of assault. The Military Judge sentenced the Accused to confinement for ten months, reduction in rate to E-1, and a Bad Conduct Discharge.
- At a contested General Court-Martial convened on board NAS Jacksonville, a Petty Officer First Class was acquitted of three specifications of assault.



Chaplain's Corner You Are Unique

Chaplain Larry Jones

USNH Guantanamo Bay Deputy Chaplain

I t is my belief that we've all been given certain gifts, talents and

skills for the purpose of fulfilling the passions within our hearts. The question is, will everyone see the unique gifts or talents you possess? Does it even matter if anyone sees that you've been blessed with something special? Sadly, many people can make judgments based merely on appearances, socioeconomic status, intellectual ability, or the right connection. There was a king in history named David. He was destined to be King of Israel; however, when the time of selection came he was not seen as the most likely candidate to rule the people of Israel. After Samuel considered seven of Jesse's sons, it was the eighth son, David the shepherd boy, who made the selection. The truth in his story was that man looked on the outer appearance, but God sees the heart. Remember; don't let people and their judgments detour you from fulfilling the passion you have in your heart. I believe there will be a time when you will have an encounter with destiny and your gifts will place you in the position to fulfill your destiny. Stay focused and stay true to who you are.

Spring Physical Fitness Assessment Held At GTMO

MC2(SW/AW) Justin Ailes Gazette Editor

Personnel attached to Naval Station (NS) Guantanamo Bay, Cuba participated in the physical fitness portion of the Spring Physical Fitness Assessment (PFA), April 9-13.

PHYSICA

The PFA is conducted Navy-wide, twice a year, to evaluate U.S. Navy Sailors' physical readiness.

"Physical fitness is important to service members because it keeps them healthy and enables them to do their job," said Chief Gunner's Mate Derrick Abson, NS Guantanamo Bay Command Fitness Leader. "We are incorporating new exercises to keep everyone engaged and informed. With the help of the Morale, Welfare and Recreation (MWR) Fitness staff, we are adding fitness classes, Pilates and other physical training. This will better improve the overall fitness and knowledge of Sailors and Marines when it comes to their physical fitness and what the Navy expects of each member. A health warrior is a productive warrior."

Approximately 98 installation personnel attached to NS Guantanamo Bay participated in the Spring PFA.

"The majority of Sailors met the standard; potential to exceed that standard exists, and this next cycle I will expect even more from all personnel I'm able to lead," said U.S. Marine Corps Lance Corporal Tyler Truesdale, NS Guantanamo Bay Assistant Command Fitness Leader. "Conditioning and physical readiness, like everything in the military, is a responsibility and a mission; except this mission never truly ends."

The PFA is comprised of sit-ups, push-ups and a cardio portion, which includes a stationary bike, swim, elliptical, or regular 1.5 mile run. NS Guantanamo Bay Sailors participate in the physical fitness portion of the Spring Physical Fitness Assessement at the installation's Cooper Field, April 9. The assessement is comprised of sit-ups, push ups, and a timed cardio test.

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GTMO USNH Reports Increase In Staph Skin Infections

Stacey Byington

USNH Guantanamo Bay Public Affairs Officer

U.S. Naval Hospital Guantanamo Bay (USNH GTMO) reports an increase in patients who are being treated for staph infections on the skin, which, if not treated, can cause sores or boils. While most of these are mild infections on the skin, they can be hard to treat because some are resistant to commonly used antibiotics.

"What seems to be a small pimple can turn into a quickly enlarging hot, red, tender area of infection," said CDR Bruce Deschere, Director of Medical/ Health Services at USNH GTMO. "That's when someone with this type of infection urgently needs to see a provider in the Primary Care Clinic or ER."

These skin infections can be spread by physical contact. Community-associated skin infections occur among people who share close quarters or experience more skin-to-skin contact. Examples include team athletes and military personnel. People can become infected from someone who might have an infection, but not realize it, or by touching something that another infected person has touched. People can also get infected through dirt or touching dirty objects.

"Staph germs are present everywhere in any climate. However, the active lifestyle and warm climate of GTMO means short sleeves and more opportunities for dirty skin injuries," said Deschere. "This can lead to staph infections. Clean any injury or break in the skin with soap and water as quickly as possible."

The best way to prevent the spread of skin infections is to follow good hygiene practices. These include:

• Hand-washing – careful handwashing remains the best defense against germs. Scrub hands briskly for at least 15 seconds, then dry them with a disposable towel. Use another towel to turn off the faucet. Carry a small bottle of handsanitizer containing at least 60 percent alcohol for times when soap and water are unavailable.

• Keep personal items personal. Avoid sharing towels, razors, clothing and athletic equipment. Make sure athletic equipment is wiped down after each use, and a good rule of thumb is to wipe equipment down before use as well.

• Shower immediately after each workout, game or practice. Use soap and water, and don't share towels.

• Sanitize linens. Wash towels and bed linens in a washing machine set to the hottest water setting (add bleach, if possible), and dry in a hot dryer. Wash gym and athletic clothes after each wearing.

• Keep wounds covered. Keep cuts and abrasions clean and covered with sterile, dry bandages until they heal.

" Over-the-counter antiseptic sprays and ointments only treat the surface of the skin and are no substitute for a gentle soap and water wash," added Deschere.

Anyone suspecting that they might have a skin infection should contact the hospital's Primary Care Clinic, at ext. 72110, to make a clinic appointment. Only a medical professional can determine if an abrasion or cut can lead to something more serious.

Seabees Replace Bridge, Providing Convenience To NEX Shoppers

NS Guantanamo Bay Public Affairs Officer

Naval Station Guantanamo Bay residents crossing Sherman Avenue to shop at the Navy Exchange will be able to use a new bridge that opened today.

Eight Seabees from Naval Mobile Construction Battalion 23 worked on the project from Mar. 9 until April 13, after tearing down the old bridge because the culverts underneath were rusting.

"...it gives people access to the NEX without having to walk through the dirt or around the drainage ditch," said Navy Lt. Karen L. Guerra, NMCG-23 Operations officer. "It is sloped, allowing people to roll their strollers across it."

Navy Exchange shopping carts are prohibited from being taken by shoppers out of the parking lot area.

The 85 personnel reserve element based out of Fort Belvoir, Va., arrived at the Naval Station Feb. 9.

"Since arriving, we have conducted numerous projects around the Naval Station and Joint Task Force areas, including road maintenance, quality of life improvements and electrical conduit installation," Guerra said.

The unit's overall mission is to maintain military readiness,

while performing construction tasks for the 1st Naval Construction Division located at Little Creek, Va.

"The unit's overall mission is to maintain military readiness and Naval Construction Force engineering skills, while sending task-tailored detachments to South American countries within the U.S. Naval Forces Southern Command area of operations to execute general construction engineering," Guerra said. "These projects will strengthen regional partnerships, increase partner nation and U.S. military related infrastructure, and increase partner nation capacity and capability to respond to catastrophic events."



Seabees from Naval Mobile Construction Battalion 23 completed a new bridge leading from Sherman Ave. to the Navy Exchange, April 13, providing patrons with an easy-access walk path to the facility.

GTMO SHOPPER E-mail classified ad submissions to PAO-CLASSIFIEDADS®

USNBGTMO.NAVY.MIL If sent to any other e-mail, it may not be published. Submit your ad NLT noon Wednesdays for that week's Gazette. Ads are removed after two weeks. Re-submit the ad to re-publish. The Gazette staff and NS Guantanamo Bay, Cuba, page. The Public Affairs Office has final editorial discretion on all content. Call MC2 Justin Alles at 4520 with your questions or concerns.

VEHICLES

'90 Toyota Corolla, clean and in a good running condition, 2 new tires, AC, passed inspection, radio & CD player \$2300 OBO. Contact Emad H: 77883 or W: 8235 after 3-11 PM

'09 Red Ducati 848 with 7300k miles. Bike is in excellent condition. Has Termignoni exhaust and carbon fiber highlights. Never been dropped. Asking \$10K. Call TJ at 55105 or 4052 FMI

'00 Honda Accord, 103k miles, automatic, cold A/C, great car. \$5500. Call 75709 after 4pm wkdays

16ft. Bayliner Boat with 90 HP engine and trailer. Comes with brand new bimini top and boat cover in box, \$3,900. Call 74335

OUTDOOR REC

Riffe #W Blue water 67" mid-handle speargun, needs bands- \$700 obo. Avet 50EXW fishing reel w/800yds of braided line, mounted on custom built Calstar una/shark rod- \$750 obo. Call Eugene 79506

Kayak, Dimension 4.7m Spirit, White, two person, sit on top style, includes 2 paddles. \$500 OBO. FMI, call 77349 or 9744

ParaSail, Parafoil 272 rigged for parasailing, breakaway towline included. \$500 OBO. FMI, call 77349 or 9744

JBL Mini spear gun, bands \$35, C8 LED light, black, used only twice \$110, Hawaiian slings \$10, bear bow (lights out) w/ 10+ carbon arrows (three need new vanes), extra vanes, tips, two releases, and more \$250, O'Neill wetsuit, Explore 3.0mm, size M, \$65. FMI, call 77010

Complete set of dive gear. Aqualung Sonic2 BC w/ reg. Matrix dive comp. Suunto compass/ knife. Pneumatic spear 4 - Aluminum 80 tanks -recent hydro Mask, snorkel, fins, booties, etc. \$1000.00 Call 7-8147

ELECTRONICS

Lightly used Game cube video game system with 9 games and one controller included. Works fine, \$75.

Two global unlocked world phones, just insert SIM card and they work \$50 each; Call 3998 or 84865.

SCSI Modem and Linksys Wireless Router E1000, \$55. Cables included. Call Chris at 7-9376 or email chris_louie@yahoo.com

Toshiba Power Cord/Adapter for Toshiba satellite laptops/notebooks. Like new, asking \$25. Call 58545

SCSI modem, complete with all hardware and cables. \$25, Call 3957

SCSI Modem, Incl. Pwr Supp., Ethernet Cable, Phone Line. Asking \$55. Please Call 58545.

HOUSEHOLD GOODS

Complete bedroom set, dark wood finish full-sized bed, memory foam mattress, headboard, end tables, desk, small cube bookcase, IKEA table lamps, and floor lamp. Comes with bedding and window curtains/rods too. \$175 takes everything, Contact Chris @ x8529, or chrisbird1999@gmail.com

Whirlpool Heavy Duty front load dryer and top load washer, bought new, very light usage, \$300 for the pair. Call 77349 or 9744

Chair for Desk/Office, adjustable height, on wheels w/arms, in excel. cond. \$25. Call 58545

"Moving sale Apr. 20. Bay Hill Trailers, Q3 (on hill next to NEX). Starts after sunrise. Items for sale include bicycle, food processor, rice cooker, ironing board and many more household items. Email Jennifer.A.Dingman@jtfgtmo.southcom.mil for a list of items for sale."

MISC

Little Tikes Climber w/ slide \$25; Kids picnic table \$10; Radio Flyer wagon \$10; Plasma Car \$5. Contact Melissa @ 77267 or email roblesred@yahoo.com

Lowepro Sling Camera Pack in excellent condition, \$60.00. Normally sells in the NEX for \$89.95. Phil -Tel. (W) 8712; (H) 78893 after 1700 hours.

Omer Excalibur 110cm, upgraded w/20mm band, comes w/2 extra 16mm bands \$125. Avet 50EXW w/800yds of braided line, mounted on custom built Calstar tuna rod \$750 OB0. Call Eugene x79506

LOST AND FOUND

Lost Silver bracelet with decorative front clasp, somewhere between Nob Hill and the Air Terminal. If found, please call 75654 or e-mail boxerrebellion1@aol.com

Lost Small computer design pendant in the Gold Hill area. If found please call 2459, 72602 or email devon.christie@med.navy.mil



JTF's SAFE RIDE HOME

To prevent drinking and driving, those out drinking can take a safe ride home. Those not drinking can walk. Call 84913 or 84781.

WATER USAGE REMINDER

The watering of lawns, plants, crops, etc., and the washing of POV's, bikes, other vehicles, horses, lawn gnomes, and anything else in your yard is restricted at residences until further notice.

REGGAE/HIP HOP SHOW

The one, the only...'Rayvon'..? Live in concert with Miami's own DJ Epps, Apr. 21, 2200-Midnight, Windjammer Ballroom. Free show, 18 yrs old and up. FMI, call 75503.

PARENTS NIGHT OUT

Looking to put your kids in a certified safe environment while you take time for yourself on April 21. Sat. from 1800-2400? Sign up with advanced payment for Parent's Night out by Wed., April 18 at the Youth Center or CDC. The cost is \$10 per child.

CRAFT FAIR REGISTRATION

The Craft Fairs in GTMO are a pretty big deal...Get registered by Apr. 25 at the Ceramic Shop, Bldg. AV81. Craft Fair Apr. 28, Ferry Landing Beach, 1400-1700. \$15 per table. FMI, call 74795..

MUSIC DAY 2012

Seventh-Day Adventist Church will hold its 2012 Music Day May 11 and 12 at the base chapel beginning at 1830 both days. Pastor D. Williams is the special guest. Friday evening Vespers begins at 1830.

DEALS, DEALS, DEALS

Check this out golfers! Every Monday in April there's half price cart rentals at the Golf Course! How awesome is that?! Every Thursday in April get half price boat rentals at the Marina too!

SUMMER SAFETY STANDDOWN

The Summer Safety Stand-down is scheduled for 24 May 2012 at the NEX atrium, this is a different location because of Windjammer construction. For those individuals new to GTMO the Safety Standdown is held in a Safety Fair type layout. If interested in participating or for more information please contact Mr. Dillon @ 4655 or james.dillon@usnbgtmo.navy.mil.



IT Manager - US hire, \$45k-\$70k per year. Must be CAC eligible.

Electrician - US hire, \$14.47 per hr. FN hire, \$8.08 + .40 BA

Computer Technician - Flex, US hire, negotiable. Must be CAC eligible.

Teen Center Director - US hire, \$40k-\$50k per year. Must be CAC eligible.

Liberty Center Manager - US hire, \$30k-\$65k per year. Must be CAC eligible.

FMI, call 74121. NAF HR is located in Bldg. 760

Accounting Technician - NGIS US hire, \$22,998.74-\$36,522.50 per year. Must be CAC eligible.

Housekeeper Supervisor (2) - US hire, \$11.85 per hr. FN hire, \$7.10 + .33 BA per hr.

FMI, call 74121. NAF HR is located in Bldg. 760

Social Services Assistants -Must be fluent in Spanish Comfortable working with a diverse population One year fixed term contract Full time and Part time positions available Night time, overnight and weekend positions available FMI call 74788

FMI, call 74788.



FRIDAY		APR. 13
8 p.m.:	Good Deeds (new PG13	w) 111 min.
10 p.m.:	Wanderlust (nev R	v) 98 min.
SATURDA	Y	APR. 14
8 p.m.:	Wrath of the Tita PG13	ans (new) 99 min.
10 p.m.: Ghost Rider 2		
•	PG13	96 min.
<u>SUNDAY</u>		APR.15
8 p.m.:	Big Miracle (last PG	t) 107 min.
MONDAY		APR. 16
8 p.m.:	Chronicle (last) PG13	84 min.
TUESDAY		APR. 17
8 p.m.:	Woman in Black PG13	(last) 96 min.
WEDNESD	AY	APR. 18
8 p.m.:	Journey 2 PG	98 min.
THURSDA	Y	APR. 19
8 p.m.:	Safe House R	115 min.

CALL THE MOVIE HOTLINE @ 4880

GTMO CPOs Association Host Annual TriathIon Fundraiser

MC2(SW/AW) Justin Ailes

Gazette Editor

The Chief Petty Officers (CPOs) Association at Naval Station (NS) Guantanamo Bay, Cuba held their annual triathlon at the installation's Windmill Beach, April 7.

The event challenged participants to complete a 500-meter ocean swim, a 10-mile bike ride and a 3.1 mike (5k) run.

"This was our way of getting the community together to celebrate the CPOs birthday and promote camaraderie," said Richard Vargas, Postal Officer for Naval Supply Systems Command, Fleet Logistics Center, Jacksonville, Guantanamo Bay Site and retired CPO. "It allowed all CPOs (active, retired and reserves) to come together as one team to celebrate 119 years while giving something back to our Sailors and our community."

The triathlon was held as part of fundraising efforts to support and present a graduating senior from NS Guantanamo Bay's W.T. Sampson high school with a \$1000 scholarship.

"The HS students are explained the rules for the Scholarship and are reviewed by a committee that will select the best applicant. The scholarship will be presented prior to graduation," said Vargas. "I was glad to be able to coordinate this event on behalf of the CPOs community here in Guantanamo Bay. There were many Chiefs behind the scenes that worked tirelessly ensuring a safe and enjoyable event."

Navy Capt. Bradley Thom, the fiftysix year-old Joint Task Force (JTF) Guantanamo Bay command Chaplain, completed the triathlon with a time of one hour, seven minutes, 47 seconds, finishing first amongst the competitors.

"These events give me a reason to train and stay in shape," said Thom. "It was a very enjoyable experience for me. This triathlon celebrated the heritage of CPOs, and built collegiality among those involved. It encouraged and inspired people to participate in an ambitious and team building fitness challenge."

