




Naval Station Guantanamo Bay Fire Inspector Clifford Foley instructs Master at Arms 3rd Class Jasmine Hudson on proper fire extinguisher use at the NEX Atrium during Fire Prevention Week, Oct. 10-14. The Guantanamo Bay Fire Department conducted numerous firefighting demonstrations and provided educational information for community members throughout Fire Prevention Week, focusing on the importance of preventing fire.

GTMO's Fire Department Host Fire Prevention Week

MC2(SW/AW) Justin Ailes

Gazette Editor

Naval Station (NS) Guantanamo Bay, Cuba's Fire Department is hosting "Fire Prevention Week" (FPW), Oct. 10-14, on base.

"Fire Prevention Week" is an annual, national campaign designed to educate community members about the dangers of fire.

"Practicing fire safety daily and making fire prevention a priority could potentially save your life or the lives of others," said NS Guantanamo Bay Fire Inspector Clifford Foley. "Every 87 seconds, a home fire is reported and on average, seven people die from home fires each day."

This year's theme is "Protect Your Family from Fire." "If you aren't proactive and aren't practicing simple fire safety measures, then you are placing yourself,

your home, workplace, or business at a higher risk of fire," said Foley.

During FPW, NS Guantanamo Bay's Fire Department conducted firefighting demonstrations, and provide educational information for base residents on the importance of fire prevention.

Fire Prevention Week was established to commemorate the "Great Chicago Fire" of 1871 which killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures and burned more than 2,000 acres. The fire began Oct. 8, but did most of its damage the following day.

In 1920, President Woodrow Wilson issued the first national Fire Prevention Day proclamation. Fire Prevention Week is the longest running week-long safety education campaign for which U.S. Presidents have issued formal proclamations.

→ For more on fire prevention, see **FIRE PREVENTION TIPS** • Page 6

Radio GTMO Goes 'Dark,' Reformats Schedule

MC2(SW/AW) Justin Ailes

Gazette Editor

The Defense Media Activity Detachment (DMA/Radio GTMO) at Naval Station (NS) Guantanamo Bay, Cuba will temporarily discontinue live local broadcast programming, Oct. 17.

Satellite programming will take place of the local broadcasts with the exception of the NS Guantanamo Bay Commanding Officer Capt. Kirk Hibbert hosted 'Openline,' as DMA officials implement format change.

"In the very near future, the community can expect more live programming," said DMA Officer in Charge Chief Mass Communication Specialist Stanley Travioli. "Our product will provide base residents with a refined music selection as well as continually current information. We're focused on enhancing our broadcast mission."



The Defense Media Activity Detachment (Radio GTMO) at NS Guantanamo Bay prepares to temporarily discontinue live local broadcasts during reformatting, schedule changes and operational training.

Live broadcasts will resume once format and operational training is complete.

"We will provide the community with better radio news, better radio shows, and better commercials," said Travioli. "We're going to work smarter while putting out a quality product for the base."

MCPON West Sends

236th Navy Birthday Message

Master Chief Petty Officer of the Navy Rick D. West

Navy News Service, Washington, D.C.

Shipmates and Navy families, as we honor the birth of the United States Navy 236 years ago, I would like to express my deepest gratitude to all Sailors, civilians and family members for their service and dedication to our great Navy team.

Our traditional maritime requirements, counter-piracy efforts and the many non-traditional missions we have adopted in support of overseas contingency operations are making a difference every day.

On any given day, we have at least 150 ships and 25 submarines underway, and let's not forget about our Sailors who are boots on ground. That's more than 40,000 Sailors who are deployed, on station around the world executing our Navy's core capabilities of the maritime strategy.

From our beginning in 1775 with just six frigates to our present-day highly diversified, modern Fleet with a total of 285 deployable ships and submarines, our Navy is the best it has ever been. Our Navy has remained steadfast and ready for 236 years, and we continue to be ready to answer every call our nation makes thanks to your outstanding dedication and selfless support.

I also want to say "thank you" and express my sincere appreciation to our Navy families for your continued love and support of your Sailor and our Navy. You are the cornerstone of a Sailor's readiness and your role is vitally important.

Please take a moment to remember the thousands of our Shipmates who are deployed around the world vigilantly standing the watch, and those who have gone before us in service to our great nation.

Happy birthday shipmates ... you look pretty darn good to be 236 years old! HOOYAH!

REGULATION DID-YA-KNOW

The Command's Coin Award Program is a means of recognizing achievements of personnel attached to the staff and subordinate commands. This award program is separate and distinct from all other award programs. Awards may be made for excellence in accomplishment on a one-time basis provided the accomplishment is unique and clearly contributes to increased effectiveness and efficiency.

-NAVSTAGTMOINST 1650.3, Command Coin Award Program

VOL. 68 • NO. 42

GUANTANAMO BAY GAZETTE

NAVAL STATION GUANTANAMO BAY, CUBA

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EXECUTIVE OFFICER
COMMAND MASTER CHIEF

CAPT. KIRK HIBBERT
CMDR. WILLIAM RABCHENIA
CMDMCM (SW/AW/EXW) J.D. MCKINNEY, III



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The Guantanamo Bay Gazette is an authorized publication for members of the military services and their families stationed at Naval Station Guantanamo Bay. The contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense, or the U.S. Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of U.S. Naval Station Guantanamo Bay. The Guantanamo Bay Gazette is printed by the Defense Logistics Agency (DLA) Document Services with a circulation of 1,000.



MASTER AT ARMS
THIRD CLASS

Deric Duncan

■ **Job/department:** Patrolman/ Security

■ **Age:** 26

■ **Hometown:** Muncie, In.

■ **Quote:** N/A

■ **Hero:** My Grandfather

■ **Favorite TV show:** Modern Family

■ **Favorite hobby:** Cooking

■ **Favorite book:** Perks of Being a Wallflower

■ **Favorite movie:** The Order

■ **Favorite musician:** R.E.M

■ **Favorite GTMO restaurant:** Jerk House

■ **Favorite sports team:** Cleveland Browns

■ **Greatest passion:** N/A

■ **Greatest accomplishment:** N/A

■ **Ambition/Goal:** Becoming a Highschool History Teacher

■ **How the Navy has improved his life:** The Navy has allowed me to grow as a person and has taught me leadership

■ **Sailor of the Week because:** Outstanding performance as a Patrol Supervisor. He also provided stellar training for duty section armorers.

GTMO Observes Energy Awareness Month, Promotes Energy Conservation

MC2(SW/AW) Justin Ailes

Gazette Editor

Naval Station (NS) Guantanamo Bay, Cuba is observing Energy Awareness Month until Oct. 31.

This year's Energy Awareness Month themed "Turn Words into Action; Turn Action into Results," is designed to promote energy conservation for base residents.

President George Bush proclaimed October as Energy Awareness Month Sept. 13, 1991. Since then, the Department of Energy has conducted energy awareness campaigns annually to promote the wise and efficient use of our nation's energy.

NS Guantanamo Bay Resource Efficiency Manager Tim Wagoner said it is everyone's responsibility to conserve whenever possible.



A view of the wind turbines at Naval Station Guantanamo Bay, Cuba. The wind turbines are one of the numerous methods NS Guantanamo Bay utilizes to produce and conserve energy. Photograph by MCC Bill Mesta.

- Use task lighting when you need lighting in one small area and then reduce background or ambient light levels.
- Don't set your thermostat at a colder setting than normal when you turn on your air conditioner.
- To operate your air conditioner unit more efficiently, turn on your ceiling fans. These fans create air movement across the skin, lowering skin temperature through evaporation.
- Repair leaky faucets promptly. One faucet leaking one drop per second can waste 2,400 gallons of water a year.
- Fill the basin when you shave instead of keeping the water running. You'll use only 1 gallon of water instead of up to 15 gallons.
- Don't leave the water running when brushing your teeth. You could save as much as 9 gallons each time you brush.
- Fill a basin when you wash the dishes by hand instead of letting the water run. You could save up to 25 gallons of water each time you wash dishes.
- Fill a basin when you wash the dishes by hand instead of letting the water run. You could save up to 25 gallons of water each time you wash dishes.
- Don't leave the water running when brushing your teeth. You could save as much as 9 gallons each time you brush.

Chaplain's Corner

Lt. Douglas Holmes

NS Guantanamo Bay, Cuba, Deputy Command Chaplain

LIFE IS WORTH LIVING

I was looking into the face of a little baby the other day. The little one was a new born. She had miniature toes and tiny fingers. Her nose wrinkled when she sneezed. Oh and her eyes were full of life. She looked around and at me and it seemed as I looked deep in these eyes an unfathomable depth of wonder at the world was there. This baby was full of life. We are full of life and we have so much going on in it, sometimes we cannot even see how much we

really do have. There is so much to explore and so much to do that every day is precious. Did you know that you are precious? You are specially made, unique and worth more than infinity. The Scripture says this about your worth in Psalm 72:14 "that your lives are precious to him." Every day is more than a breath; it is a day of opportunity. May you cease each day. When you're sinking, keep your head above water and look for the branch to get you out, the Chaplain and others are here to help.

SAFETY DEPARTMENT DID-YA-KNOW



The Safety Office would like to encourage runners and walkers to use the sidewalks if you choose not to run on the track. The roads in GTMO are narrow and running or walking on a road increases the risk to the individual. There is also the question of good sense; why run on the road when there is a sidewalk on the other side? There are a number of roads in GTMO that pose a risk. Tarawa is posted "no pedestrians after sundown" this also means no pedestrians on the road until sunup. Running up Skyline and Bay Hill Rd requires extra caution because these roads have a number of blind curves yet runners and walkers use it constantly. Behavioral Science has proven that just because a person has done something risky in the past and was uninjured does not mean it cannot happen. Doing something risky and getting away with it gives the individual a "sure certain positive" in their mind that they can keep performing the risky behavior. The more they do the risky behavior and remain uninjured the more they are certain that nothing can happen to them. The key is trying to convince the individual that just because they were not injured it does not make them immune to injury. Just because you have on reflective gear and you've been on the road before do not assume that the driver sees you. This assumption can be catastrophic.



GTMO Celebrates Oktoberfest

MC2(SW/AW) Justin Ailes

Gazette Editor

The Morale, Welfare and Recreation (MWR) department at Naval Station (NS) Guantanamo Bay, Cuba presented 'Oktoberfest' at the Windjammer Ballroom, Oct. 9.

The open-to-all-ages event was held to entertain the community while featuring traditional German-themed food, music and dance.

"We're serving up some authentic German fare this evening," said MWR Community Activities Director Amiee MacDonnell. "This is the first time since 2009 that we've celebrated Oktoberfest,

and this experience helps us bring a taste of the fall season to the community."

Oktoberfest featured a costume contest and live music from family-band, The Swinging Bavarians.

"The Swinging Bavarians are all of German ancestry and have an average of 25 years of entertaining and performing experience," said MacDonnell. "They specialize in music from old-country Germany and Austria and are providing a real Oktoberfest feeling to please the audience."

Family band, "The Swinging Bavarians" perform authentic German and Austrian music while entertaining the GTMO community during MWR's Oktoberfest. Oktoberfest featured a costume contest, traditional food, dance, and music at the Windjammer Ballroom, Oct. 9th.



FIRE PREVENTION TIPS • From cover ←

- Never leave cooking unattended. Cooking fires are the leading cause of fire nationally. Keep stovetops clear of combustibles such as grease or paper. Keep a multi-purpose fire extinguisher nearby.
- Carbon monoxide is a "silent killer." Every bedroom and level of a home, including dining rooms, hallways and utility rooms, should have a smoke detector. Never disconnect detectors. Test monthly. Replace batteries every six months or when chirping. And, replace old detectors after 10 years from the manufacturer date.
- Avoid smoking when tired so that you don't fall asleep with a lit smoking device. Use a non-combustible receptacle or ashtray.
- Store matches and lighters away from children.
- Keep candles clear from draperies and all other combustibles. Candles should be placed on a hard, stable and non-combustible surface. Keep candles out of reach from children.

- Develop an escape plan and practice EDITH (which is an acronym for "Exit Drills in the Home") and practice fire drills at work. Establish a muster area. Never go back into a burning building.
- Teach kids how to dial and use 9-1-1 and 4911. Crawl low under smoke. If your clothes catch fire, "Stop, Drop & Roll."
- If using a portable space heater, keep at least 3 feet of clearance from all combustible materials, and only plug directly into a wall outlet.
- Avoid overloading multiple extension cords, non-surge protected power taps, wall outlets and breakers.. Extension cords are for temporary use only, and after each use, the cord should be unplugged and put away. For permanent use and for protecting certain electrical equipment, use surge suppressors. Equipment should be in good operating condition, with no exposed wires. Clean dryer lint traps. Use products that are certified by recognized testing laboratories, and use according to manufacturer's instructions.



Melanie Resto, Cuban Community Program Manager and Diana Polica of W.T. Sampson Highschool, address GTMO community members at the Hispanic American Heritage "Lunch and Learn" at the Gold Hill Galley, Oct. 5. The event was hosted by the NS Guantanamo Bay, Cuba's Multicultural Observance Committee as part of the base's National Hispanic Heritage Month observance which runs from Sept. 15-Oct. 15.

IGUANA JOE

GM1 Michael Braun Weapons Department



GTMO SHOPPER

E-mail classified ad submissions to **PAO-CLASSIFIEDADS@USNBGTMO.NAVY.MIL**. If sent to any other e-mail, it may not be published. Submit your ad NLT noon Wednesdays for that week's Gazette. Ads are removed after two weeks. Re-submit the ad to re-publish. The Gazette staff and NS Guantanamo Bay, Cuba, page. The Public Affairs Office has final editorial discretion on all content. Call MC2 Leona Mynes at 4520 with your questions or concerns.

VEHICLES

'99 Chevy Cavalier Sedan, Standard, A/C, Radio-plays MP3 disc w/auxiliary feature, great running condition, \$3000.00 Call 72602

'91 Ford Ranger 'GTMO Special' Pickup truck. Asking price is only the cost of the new brakes-bearings-battery-tires-wipers-fuses-fuel pump & filter parts. No AC. Runs well. \$1,250 OBO. Owner leaving island; must sell/going fast. Call 75819

'96 Honda Accord, not a gtmo special, purple, runs great, working AC, radio, after market rims. asking \$3500 (Neg.) Call Nelson (W) 6220/6458/6020 or (Cell) 90483

'89 Chevrolet Celebrity, good condition, runs great, new battery, new alternator, new break pads, \$1450. Call 78459

'07 Mercedes Benz E350 with Sport Package, 55K miles and 3 year extended warranty - Too many options to post! FMI, call 78107 or 55105

'08 Dodge Dakota SXT pickup 4 door manual, with less than 16000 miles, \$15,000 OBO Call 77596

ELECTRONICS

2 Routers in good condition: \$30 each OBO, 3 TVs with remote control: \$30 each OBO, Phone set 3 unit with caller ID and voice mail: \$40 OBO, Cordless phone with caller ID: \$10. Call 78468

Numark MixTrack Pro Digital Mixer With Virtual DJ LE 2 months old - \$200. HP Pavilion Entertainment Laptop with new 500Gb Hard drive, Windows 7 \$400. IDJ Live Dual Deck Hardware Controller (Controls IPAD or IPOD Music) Brand New \$90. FMI, call 78107 or 55105

1 wireless modem router Netgear DGN2000 , 30.00, 1 Belkin Wireless G-Plus Router \$30.00. Sony Cyber Shot, with charger 12.1 Mega Pixel DSC-W230 \$125. Panasonic DVD player \$20, Verizon Blackberry Touch with box and all accessories, \$90. Email for purchase or details. Jack-Mercz@yahoo.com

Sylvania TV /w DVD player \$75, Red Will console \$90, controller included. Call 2710

Zhone SCSI Modem \$45, Linksys WRT160 N Router \$55. Call 77127

Ephiphone Special II electric guitar with hard shell case and Line 6 Spider III amplifier \$300. Call 4994

2 Wireless-G Routers in good conditions (U.S.Robotics Wireless MAXg router) & (NETGEAR): \$25 each OBO, Phone set 3 unit with caller ID and voice mail (Uniden PowerMAX 5.8 GHz digital answering system): \$40 OBO, 3 TVs (21 inch) with remote control: \$25 each OBO, TV Stand: \$20 Call 78468

Used 64GB iPod touch for sale \$200.00. Call 58508

DVD Player Memorex (DVD/CD/MP3): \$15, 2 Lamp (match): \$10 each, Call 78468

"6" Satellite dish, pole, LNB, and over 100' of coax cable. \$600.00. Call 75549

US Robotics wireless router \$50, Call 78459

six foot satellite dish \$600; brand new Martin left handed guitar with built in tuner, case \$600. Call 75885

HOUSEHOLD GOODS

Sofa and Loveseat (suede-tan) \$350 OBO Call 79587

TV Stand for TVs up to 60in \$40, Olive/Tan Suede Ashley Furniture Sofa and Loveseat \$400 OBO, Lawn Chairs (2) \$5 for both. Call 79587

Sofa & Love Seat. Olive green fabric. In good condition. \$500 for the set. Call JoAnn 75559

Recliner fancy Beach chair: \$40 OBO, Charcoal grill in good condition: \$35 OBO, 2 Recliner chairs: \$30 Each OBO, Sofa in a good condition with built in massager and telephone: \$70 OBO Call 78468

Patio table with 6 chairs \$125. High top patio table with 2 swivel bar stools \$150. Call 75873

Oster Blender \$25, Boogie Board, Excl. Cond. \$15, Glassware, Dishes, Pots & Pans, Dish rack, Toaster, Iron. \$10, set of Crystal Martini Glasses \$20, Dresser, Light Color Wood. \$40, Call 75749

Curl bar, 45 lbs. and 2 dumbbells \$10. Queen-sized air mattress \$10.00. JackMercz@yahoo.com

Queen Sized, like new Insta- Bed Self Inflating Air Mattress, with carrying case. \$30. Email Jack-Mercz@yahoo.com

Glass dining table with 4 chairs, great condition \$500, six plastic chairs \$20, clock radio \$20, computer speakers \$20, exercise dumbbell set \$15, adjustable weight dumbbell set \$35, scuba fins used twice \$100, diving suit large, never used, \$60, plants \$5 each, igloo cooler \$10, cigar humidior \$20, Call 78459

Whirlpool Heavy Duty Washer (Top Load) and Dryer, Excellent shape, \$400. Call 77349

OUTDOOR REC

Snorkling fins and boots, \$65. Mask and snorkel, \$15. Call 75749

Medium Mask, Snorkel, and Fins (Black), Set of Split Fins (Black/Blue), Carrying bag \$20 FMI, call 79051

TUSA M-16 Serene Mask \$40, XS Scuba Sedona Elite snorkel \$30, TUSA X-pert Zoom Adjustable strap Dive Fins \$70, Medium Aqualung 1mm Full Wet Suit \$70. Call Niki 77191

Two steel 120 SCUBA tanks \$150 each or \$275 for both, 1 steel 100 SCUBA tank \$75. Call 77370

Dive Mask & Snorkel: \$30 OBO, 2 Seasort Dive Boots SZ 9 & SZ 11: \$35 each OBO, Tusa x-pert zoom adjustable strap Dive Fins: \$65 OBO, Bare (tropical series) full Wet Suit: \$65 OBO, Aqua Lung Dive Mask (tempered pacifica) best quality belt in valve: \$40 OBO, Aeris Dive Bag: \$25 OBO, IGLOO Play mate Cooler: \$10, Recliner fancy Beach chair (almost new): \$40 OBO, Beach chair: \$10, Charcoal grill in good condition: \$35 OBO, Iron board: \$10, lamp: \$10, Call 78468

MISC

Sanyo Model SR-4400 4.4 CuFt Refrigerator / Freezer. Works Perfectly 60.00 Email Jennifer-Mercz@yahoo.com

Locker cabinet \$25. FMI, Call 2710

Kayak, 4.7m Spirit , White, Two person Sit on top style \$500 OBO, Para-sail, Parafoil-272 rigged for parasailing, breakaway towline included. \$500 OBO. Call 77349

LOST AND FOUND

Camera FUJIFILM XP, black & silver with case. Last used Sept. 17 at Triathlon. If found, please call 75585 or email elena@wright3.com

Lost Fuji-film XP20 at Windmill beach. If found Please Call 8185 or 77591 for cash reward.

YARD SALES

Oct. 15, 1000, Villamar 13A

Oct. 22, 0630, Caribbean Circle 27D

TEXT BOOKS

American History - A Survey 13th edition -Alan Brinkley \$50, Fundamentals of Statistics 3rd edition -Michael Sullivan \$30, Statistics for Dummies -Deborah Rumsey, PhD \$10, Call 77113

The SCOOP

HALF-OFF BOWLING

Every Sunday, 1300-2300, Marblehead Lanes. FMI, call 2118.

JTF'S SAFE RIDE HOME.

To prevent drinking and driving, those out drinking can take a safe ride home. Call 84913 or 84781.

NFL FOOTBALL SUNDAYS

View your favorite game on one of eight monitors at O'Kelly's. FMI, call 75503.

MONDAY NIGHT FOOTBALL SPECIAL

Bring a friend and enjoy a pitcher of beer or soda and one large one-topping pizza (\$13) while watching the game. FMI, call 75503.

236TH NAVY BIRTHDAY BALL

Oct. 15, Windjammer Ballroom, Social hour 1730-1830, Ceremony 1845. FMI, call 4834, 2627, or 4105.

YOUTH CHEERLEADING (5-7, 8-12) AND YOUTH DANCE (12-18)

Register Oct. 3-21. Season begins Oct. 24. \$50 per child and includes a uniform. Sign up at the Youth Center. Coaches are needed for cheer and dance. FMI, call 74658.

FLAG FOOTBALL LEAGUE

Register now through Oct. 18. Coaches meeting Oct. 20. Season begins Oct. 24. Open to men and women ages 16 and up. FMI, call 2113.

NEW TO GTMO SPOUSE ORIENTATION

Oct. 18, FFSC Bldg. 2135, 0830-1130. Learn about key base resources, tour the base, and meet other newly arrived spouses. FMI, call 4141.

CYP PUMPKIN PATCH OPENS

Oct. 22, Youth Center, 0900-1100. Free pumpkins, crafts, snacks, and hayrides.

JOB SEARCH CLASS

Oct. 25, FFSC Bldg. 2135, 1300-1500. Learn effective methods for job searching in today's competitive environment. FMI, call 4153.

HALLOWEEN DANCE AND LOCK-IN

Oct. 28, 2100-0800. Youth, ages 12-18 are invited to enjoy music, food, movies and games. Wear your costume for a costume contest. Register for free by Oct. 27 at the Teen Center. FMI, call 55346.

NEX/MWR CUSTOMER APPRECIATION 5K FUN RUN

Oct. 29, NEX parking lot, 0700. Free t-shirts to the first 300 entrants. Sign up in advance at any MWR gym. FMI, call 77262.

HALLOWEEN PARTY AND CONCERTS

Oct. 29, O'Kelly's Irish Pub, 1900-2230. Updates to the schedule include Blesssid Union of Souls playing live on the patio at 2100. John Taglieri and free appetizers kick off the evening at 1900. Costume contest for individual and couples costumes. FMI, call 4882.

BINGO

Tuesdays, Thursdays and Saturdays, Windjammer Ballroom, 1830-2100. FMI, call 75503.

GTMO JOB HUNT

SECRETARY (OA), GS-0318-06, (NAVSTA FFSC)

PURCHASING AGENT GS-1105-07

**Open continuously until filled. To apply for a job, call the Human Resources office at 4441 or stop by Bulkeley Hall, room 211.*

AUTO SKILLS MANAGER (\$30K-\$45K/YR)

NF-1101-03

WAITER/WAITRESS (FLEXIBLE) (\$8.77/HR)

NA-7420-02-01.

WAREHOUSE WORKER (REGULAR FULL TIME)

(\$10.22/HR) NA-6907-04-01

ID CHECKER (FLEXIBLE) (\$7.25/HR) NF-

0085-01

RECREATION ASSISTANT, COMMUNITY ACTIVITIES, SPECIAL EVENTS (FLEXIBLE)

(\$8.00-\$12.00/per HR) NF-0189-02

FOOD SERVICE WORKER (FLEXIBLE)(\$8.77/

HR) NA-7408-02-01

COOK (FLEXIBLE) (\$10.94/HR) NA-7404-05-01

CYP ASSISTANT (FLEXIBLE AND FULL TIME)

(\$13.71/HR) GSE-1702-04-06

BARTENDER (FLEXIBLE) (\$9.48/HR) NA-

7405-03-01

RECREATION AIDE (FLEXIBLE) (\$7.25/HR)

NF-0189-01

To apply for a job, call the MWR Human Resources Office at 74121 or stop by Bldg. 760.

MOVIES DOWNTOWN LYCEUM

FRIDAY OCT. 14

8 p.m.: Columbiana (new)

PG13 109 min.

10 p.m.: Our Idiot Brother (new)

R 90 min.

SATURDAY OCT. 15

8 p.m.: A Dolphin Tale

PG 119 min.

10 p.m.: Conan The Barbarian (new)

R 112 min.

SUNDAY OCT. 16

8 p.m.: The Help

PG13 146 min.

MONDAY OCT. 17

8 p.m.: The Change Up (last)

R 112 min.

TUESDAY OCT. 18

8 p.m.: Planet of the Apes (last)

PG13 105 min.

WEDNESDAY OCT. 19

8 p.m.: Spy Kids ATTITW

PG 89 min.

THURSDAY OCT. 20

8 p.m.: Fright Night

R 106 min.

CALL THE MOVIE HOTLINE @ 4880

GTMO FFSC /MWR Host Domestic Violence Awareness Month 5k

MC2(SW/AW) Justin Alles

Gazette Editor

Naval Station (NS) Guantanamo Bay, Cuba's Fleet and Family Support Center (FFSC) and Morale, Welfare and Recreation (MWR) department hosted the "Walk to End the Silence on Domestic Violence," Oct. 8.

The event was held to bring attention and raise awareness to the issue of domestic violence.

"The people of GTMO are stepping out to talk about domestic violence issues and bring an end to the silence," said NS Guantanamo Bay Domestic

Abuse Victim Advocate (DAVA) Carol Leaphart. "This run is bringing awareness and social intolerance towards domestic violence."

The idea behind "End the Silence on Domestic Violence" is to encourage victims of violence and observers of violence to speak out against the crime.

"Remaining silent about domestic violence is a serious aspect in a lot of families," said MWR Fitness Coordinator Tanya Henigman.

Approximately 200 base residents participated in the 5k walk/run, which

began and ended at Denich Gym.

The National Domestic Violence Awareness Month (DVAM) is observed annually in October. DVAM supports the rights of all individuals, especially women and girls, to live in peace and dignity.

"Being a part of this run shows strength for those who can't stand up for themselves," said run participant Lance Cpl. Tyler Truesdale. "Showing support for this cause may help others overcome obstacles in their lives, whether it be domestic violence or other challenges."



Find us on Facebook
www.facebook.com/NSGuantanamoBay

Base residents compete in GTMO's FFSC/MWR hosted "Walk to End the Silence on Domestic Violence" in support of Domestic Violence Awareness Month, Oct. 8. The 5k walk/run began and ended at Denich Gym.