

## NETC honored with Navy's highest EEO award

By Steve Vanderwerff  
NETC Public Affairs

Naval Education and Training Command (NETC) was awarded the 2009 Nathaniel Stinson Award for having the best equal employment opportunity (EEO) program in the Navy, during an award ceremony at the Senior Executive Service Leadership Seminar in Arlington, Va., recently.

It's the first time since 2004 that NETC has received the award for outstanding achievement in affirmative employment, human rights, equal opportunity, human resources, fair hiring practices, cultural and heritage programs.

Capt. Markus K. Hannan, NETC chief of staff, accept-

ed the award on behalf of NETC Commander, Rear Adm. Joseph F. Kilkenny.

"I'm honored to accept the award on behalf of Rear Adm. Kilkenny and the entire NETC staff," said Capt. Markus Hannan, NETC chief of staff. "The award reflects Rear Adm. Kilkenny's belief and commitment, to diversity and equal opportunity. It also recognizes the unwavering effort by our staff in the Civilian Personnel Programs Department."

NETC Civilian Personnel Programs Director, Cheryl Lawson and Jackie P. Holley, EEO manager, also attended the ceremony.

"Receiving the award validates the commitment of my staff to equality of opportunity," said Lawson. "Without the support of NETC's leadership, our program

would not be as successful. We want to do the right thing."

Nathaniel Stinson was the Navy's first Equal Employment Opportunity officer. He is recognized for establishing Navy EEO when affirmative employment was taking shape in the workplace. In 1993, the secretary of the Navy inaugurated the Nathaniel Stinson Equal Employment Opportunity Awards.

The Nathaniel Stinson Equal Employment Opportunity Achievement and Leadership Awards program salutes commands, activities and individuals who have directly aided the mission of the Department of the Navy by increasing efficiency, effectiveness and imple-

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## Blue Angels Homecoming Air Show set to thrill thousands

The Navy's world-famous Blue Angels Flight Demonstration Squadron are preparing to fire-up their F/A-18 "Hornets" for their final shows of the 2009 season aboard Naval Air Station Pensacola's Sherman Field Nov. 13 and 14.

This year, along with the Blue Angels performance, the Blues' C-130 Hercules transport known as "Fat Albert" will demonstrate a jet assisted take-off (JATO) with the help of solid fuel rockets.

Other military performers include the F-16 Viper E Demo Team, the F/A 18F Super Hornet and a P-51 Mustang.

The Emerald Coast Skydivers will make a jump and Training Air Wing Six will feature a fly-by with wing aircraft.

Tentatively scheduled for both days will be aerobatics by performers such as Jan Collmer flying the Fina Extra 300L, David Martin piloting his Breitling CAP 232, Kent Pietsch will entertain the crowd with his comedy show in the Jelly Belly Cadet and Patty Wagstaff will be pushing her Extra 300S to its limits.

Otto the helicopter will amaze everyone with his antics and family oriented entertainment and the Geico SNJ-2s as they deliver aerial messages to the crowd.

There will be several fly-by appearances of various aircraft and Kent Shockley will roar down the runway in the 36,000 horsepower Shockwave Jet Truck.

Along with incredible flying demonstrations, more than 50 military and civilian aircraft will be on display. These statics include the FedEx airbus, as well as aircraft ranging from present-day, state-of-the-art jet fighters to aircraft from the 1930s.

In addition to the scheduled Friday and Saturday shows, there will be a night show beginning at 4:30 p.m. on Saturday. Aircraft will light up the sky with full afterburner and pyrotechnics.

Admission, parking and shuttle service for all shows are free. Security personnel and signs will direct spectators to parking areas near the show site. Areas will be reserved for the physically challenged. Food and memorabilia will be available at numerous concession stands. Pets, coolers and smoking are not permitted.



A "Heritage Flight" consisting of vintage and modern fighter aircraft make a pass in front of the crowd at the Blue Angels Homecoming Air Show 2008. (Top to bottom) P-51 Mustang, F-16 Eagle and F/A-18 Hornet. Photo by Mike O'Connor



Family members record a greeting to be sent to 1st Lt. Jason Carracino in Iraq. (Left to right, top row): Terry Godwin, Debbie Brooks, Tommy Godwin, Angel Sutek, Marvin Wiggins; (bottom row) Nicole Hilburn, Kayla Brooks (17), Kathy Godwin, Heaven Sutek (10) and Elaine Wiggins.

## Operation Best Wishes hosts holiday greetings for deployed

Story, photo  
by Nikki Nash  
NASP Public Affairs

Operation Best Wishes recently hosted an opportunity for family and friends to send holiday wishes to their loved ones deployed overseas.

The event — which took place Nov. 5 at the Pen Air Federal Credit Union's corporate office on Nine Mile Road — gave family and

enlisted members a chance to send a live greeting free of charge to deployed loved ones.

One of the families taking advantage of the service was sending warm holiday wishes to 1st Lt. Jason Carracino, stationed at Camp Normandy, Iraq. The entire family agreed, "he'll love it," when asked how Jason will feel when he receives their greeting consisting of sing-alongs to the "Dukes of Hazard" theme song and "We Wish

You A Merry Christmas."

"It's classic 'us,'" said Terry Godwin, of the video of the family of 10, which was both funny and sentimental. Godwin is Jason's brother.

The family currently uses Web sites like Facebook to connect with Jason who is serving his third tour. They have also used web cams to communicate but find it

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## Enlisted naval pilots include air show in last visit

By Anne Thrower  
Gosport Staff Writer

Included among the thousands who will be watching the Blue Angels this weekend will be a group of former Navy pilots who are distinct in their own right.

They are among the last of the enlisted pilots from the Navy, Marine Corps and Coast Guard. And they have decided to make this weekend (Nov. 12-15) the last time they meet as the national Silver Eagles group.

It will be their 45th reunion. As

their nametags will proudly say — one more reunion than the number of U.S. presidents, which is 44.

There will be 52 enlisted pilots coming to the reunion. Counting family members, the group numbers about 150.

"We all have enough aches and pains of growing older that we understand the process has caught up with us," said retired Navy Capt. Jack Evans.

But the pride of being a Silver Eagle remains. "I think we were

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## SECNAV designates November as Warrior Care Month

By Zona Lewis  
Navy Safe Harbor Public Affairs

WASHINGTON (NNS) — In ALNAV 069/09, released Oct. 30 to all Navy and Marine Corps personnel, Secretary of the Navy (SECNAV) designated November 2009 as Warrior Care Month.

Throughout November, the Navy and Marine Corps will focus its attention on one of the Department of the Navy's highest priorities — caring for wounded, ill and injured Sailors, Marines

See **Warrior Care** on page 2

## THIS WEEK IN NAVAL HISTORY

### November 13

1776 — Capt. John Paul Jones in Alfred with brig Providence captures British transport Mellish, carrying winter uniforms later used by Washington's troops.

1943 — Fifth Fleet carriers begin long-range night bombing attacks on Japanese positions in Gilberts and Marshalls in preparation for landings.

### November 14

1846 — Naval forces capture Tampico, Mexico.  
1910 — Civilian Eugene Ely pilots first aircraft to take-off from a ship, USS Birmingham (CL 2) at Hampton Roads, Va. He lands safely on Willoughby Spit, Norfolk, Va.

### November 15

1942 — Although U.S. lost several ships in Naval Battle of Guadalcanal, Naval Force under Rear Adm. Willis Lee, USS Washington (BB 56), turns back Japanese transports trying to reinforce Guadalcanal. The Japanese never again try to send large naval forces to Guadalcanal.

### November 16

1776 — First salute to an American flag (Grand Union flag) flying from Continental Navy ship Andrew Doria, by Dutch fort at St. Eustatius, West Indies.  
1942 — Navy's first night fighter squadron (VMF(N)-531) established at Cherry Point, N.C.  
1973 — Launch of Skylab 4 under command of Marine Lt. Col. Gerald P. Carr, USMC. The missions lasted 84 days and included 1,214 Earth orbits.

### November 17

1917 — USS Fanning (DD 37) and USS Nicholson (DD 52) sink first enemy submarine, U 58, off Milford Haven, Wales.  
1941 — Congress amends Neutrality Act to allow U.S. merchant ships to be armed.

### November 18

1890 — USS Maine, first American battleship, is launched.  
1922 — Cmdr. Kenneth Whiting in a PT seaplane, makes first catapult launching from aircraft carrier, USS Langley, at anchor in the York River.

### November 19

1943 — Carrier force attacks bases on Tarawa and Makin begun.  
1969 — Navy astronauts Cmdr. Charles Conrad Jr. and Cmdr. Alan L. Bean are third and fourth men to walk on the moon.

Naval historical data excerpted from U.S. Naval History & Heritage Command's Web site. For complete listings, visit [www.history.navy.mil/wars/dates.htm](http://www.history.navy.mil/wars/dates.htm).

Due to the Thanksgiving holiday, Gosport will be published the Wednesday before (Nov. 25). Classified advertising and editorial material deadline for that issue will be Thursday, Nov. 19.

**Reminder Naval Hospital Pensacola (NHP) closed Nov. 20-22:** During the weekend of Nov. 20-22, it will be necessary for NHP to temporarily close, while new emergency generators begin a phased-in installation.

Sick call and non-emergency outpatient care for military and enrolled beneficiaries will be available on a walk-in basis at the branch health clinic at Naval Air Technical Training Center (NATTC) onboard NAS Pensacola. Hours of operation for these services are Friday, noon to 7 p.m.; and Saturday and Sunday, 7 a.m. to 7 p.m.

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menting forward thinking EEO policies and objectives. It raises awareness of the Navy's EEO efforts, and reflects the Navy's belief that recognizing and supporting diversity is instrumental to a productive workforce and good

government.

"We are committed to hiring and promoting highly skilled people. It's vital to doing good business, and the right thing to do," said NETC Commander, Rear Adm. Joseph Kilkenny. "Employees with diverse backgrounds are crucial to NETC's success. Our accomplish-

ment is directly tied to diversity, as well as our shared values, goals and principles. We must respect and encourage those differences to further our mission, and to remain the best."

For more news from Naval Education and Training Command, visit [www.navy.mil/local/cnet/](http://www.navy.mil/local/cnet/).

### Best Wishes from page 1

hard to schedule a good time. Carracino is scheduled to come back home in August.

"This has been a great experience and nice of Pen Air to have it available for them to come to the credit unions and do this," said Kathy Godwin, Jason's mother.

"Pen Air Federal Credit Union will always support our troops and military families — we are proud to be able to host an event that brings families together — especially for the holidays," said Ron Fields, Pen Air FCU president and chief executive officer.

The annual event, which started in 2004, travels to various credit unions across the nation connecting families with their loved ones serving overseas. It is offered to families free through the Defense Credit Union.

Operation Best Wishes travels with a mobile studio equipped with video and sound equipment, laptops, TV monitors to give family the chance to send a 10-minute greeting overseas.

Last year, Best Wishes helped 2,100 family members send holiday greetings overseas. This year, Pensacola was its only stop in Florida where they gave seven families the chance to record and send a message.

Each greeting recorded can be viewed live and watched

repeatedly. If viewed live, the deployed service member is able to send a text message back to the family responding to the video.

"We travel around to credit unions that host us and allow families to connect to the troops overseas," said Kevin Mann, Webcast production specialist for WesCorp Federal Credit Union in San Dimas, Calif., who traveled with Operation Best Wishes filming the event. "We have filmed baby's first steps before that the dad or mom missed because they were away ... baby's first words," Mann said. "If they want us back, we'll be back," said Mann when asked if they would come back again next year.

"It gives me such personal pleasure to know that Pen Air Federal Credit Union can help link folks together that are thousands of miles apart and add joy to their day and I am happy that Operation Best Wishes contact Pen Air Federal Credit Union to do this we want to do this again," said Patty Veal, Pen Air FCU vice president of marketing. "Everyone that left here was so overwhelmed and joyful for doing it," said Veal. "We were watching one woman's video, and we were all tearing up and crying." The experience appeared to be emotional and rewarding for all involved.

After leaving Pensacola, Operation Best Wishes traveled to Fort Stewart in Hinesville, Ga.

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always the envy of all the other Sailors," he said. "It was a wonderful opportunity."

By 1947 the Navy discontinued using enlisted pilots and required that all future pilots be officers. When the Navy first started flying in 1911, about 20 percent of the pilots came from the enlisted ranks.

In all there were about 5,000 enlisted pilots, with about half of them enlisting during World War II. Most went on to get commissioned, but a lot reverted back to their enlisted status.

The Silver Eagles group actually disbanded several years ago, even though there are still wings in cities around the country, including San Diego, San Francisco and Orlando.

"We are all getting pretty old," said Bob Fife, who joined the Navy at 17 in July 1941. And they all realize this will probably be the last time they see many of their colleagues.

They timed the visit to be in Pensacola with the Blue Angels flying, a place and flying team the group knows quite well.

For more information on individual pilots see page A6.



Secretary of the Navy (SECNAV) the Honorable Ray Mabus awards the Bronze Star with Valor medal and a Purple Heart medal to Navy SEAL Lt. Dan Crossen at the National Medical Center in Bethesda, Md. Crossen was wounded by an improvised explosive device in Afghanistan. Photo by MC2 Kevin S. O'Brien

### Warrior Month from page 1

and Coast Guardsmen.

"More than 10,000 Marines and Sailors have been wounded since Sept. 11, 2001," stated Ray Mabus, SECNAV. "The Department of the Navy remains committed to supporting and assisting our wounded, ill and injured service members and their families through the Navy Safe Harbor program and Marine Corps Wounded Warrior Regiment."

These programs offer a variety of non-medical assistance to wounded, ill and injured service members through a comprehensive approach designed to optimize their recovery, rehabilitation and reintegration.

Non-medical care support covers a wide range of areas including pay and personnel issues, invitational travel orders, temporary lodging and housing adaptation, child and youth care, transportation needs, legal and guardianship

issues, education and training benefits, commissary and exchange access, respite care, traumatic brain injury/post traumatic stress support services and transition assistance.

Warrior Care Month is a way to highlight these programs across the Department of the Navy so wounded warriors and their families are aware of the various programs, services and support available to them.

"Integral to supporting our wounded warrior is supporting their family," stated Mabus. "I ask all Department of the Navy personnel to join me in expressing our heartfelt gratitude and support for our wounded, ill and injured Sailors, Marines, their families and caregivers."

For information on Warrior Care Month activities or about the Department of the Navy's wounded warrior programs, contact Navy Safe Harbor toll free at (877) 746-8563 or visit <http://www.safeharbor.navy.mil/>.

For more news from Chief of Naval Personnel, visit [www.navy.mil/local/cnp/](http://www.navy.mil/local/cnp/).



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Naval Air Station, Pensacola, Fla.: A Bicentennial Defense Community  
Commanding Officer — **Capt. William Reavey Jr.**  
Public Affairs Officer — **Harry C. White**

The Gosport nameplate features the T-6A Texan II aircraft, the newest joint services trainer. The T-6 has replaced the Navy's T-34C aircraft that for more than 40 years has served to provide primary flight training for student pilots, NFOs and navigators attached to the Naval Air Training Command. It will also replace the Air Force T-37.

Maintained by the United States Coast Guard since 1939, the Pensacola Lighthouse, aboard NAS Pensacola, originally began as the lightship Aurora Borealis in June 1823. Evolving through structural and location changes, the current facility was built

in 1856 and at night still shines for Sailors 27 miles out at sea.

Established in 1921 as the *Air Station News*, the name Gosport was adopted in 1936. A gosport was a voice tube used by flight instructors in the early days of naval aviation to give instructions and directions to their students. The name "Gosport" was derived from Gosport, England (originally God's Port), where the voice tube was invented.

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# Cherish your spouse, never take them for granted

By Gen. Stephen R. Lorenz

Commander Air Education Training Command

RANDOLPH AIR FORCE BASE, Texas (AFNS) — While walking past the base chapel the other day, I witnessed a scene that caused me to pause and reflect. I turned and watched as people, dressed in their Sunday best, flowed from the chapel doors, smiling and casually chatting.

They slowly split into two lines, creating a path that led to a waiting limousine. The crowd stood and waited, fueling my anticipation. Suddenly, a photographer burst from the doors, turned and captured a bride and groom as they ran outside. The crowd erupted with cheers.

The bride, white gown flowing as she ran, paused to hug a friend. The groom immediately tugged at her hand, pulling her toward the waiting limousine. Without pause, they hopped in the limousine and the crowd again cheered as they sped away.

I couldn't help but smile as I watched the newly married military couple start their new life together. It made me think about our spouses and our military families. Our families, especially our spouses, are the foundation that enable each of us to serve in the world's

greatest military.

I don't think anyone would argue the importance of having such a foundation. Our lives need balance and our spouses help provide that stability. I like to use the analogy that such balance is similar to the spokes of a bicycle wheel. You see, a bicycle needs balanced spokes in order to provide a smooth ride.

Our lives are no different. I think of the spokes as the different priorities in our lives. If one of the spokes, like the relationship with your spouse, the needs of your children or the responsibilities at work, get slighted, the wheel no longer rolls the way it should.

It might even get to the point where it stops rolling altogether.

We must balance each of our life's spokes very deliberately and carefully.

When we are balancing shortfalls and managing a limited amount of time, money and manpower, our spouses often are the ones who get short-changed.

We can't afford to let that happen and must always make time to tell our spouses how much we appreciate them. When you're tired from the challenges at work, take a deep breath, walk in the door with a smile and tap your energy reserve to make a difference with the time that you have.

It only takes a minute to let them know how much you care; a simple squeeze of the hand, rub on the shoulder or a phone call during the day. Think about the things that make you feel appreciated and loved. Do those things for them in return. Always strive to give more than you receive.

It only takes a minute to let them know how much you care; a simple squeeze of the hand, rub on the shoulder or a phone call during the day ...

This isn't an easy thing to do. Maintaining the friendship, trust and energy in a relationship is a full-time job. It's up to you to make it a fun job; for both you and your spouse.

I have warned service members about the danger of complacency in our professional lives.

The same goes for our personal lives too. Many people confuse complacency with comfort. Although comfort can help build stability in a relationship, complacency can cause a relationship to drift apart.

Never, ever take your

spouse for granted.

Our spouses make significant sacrifices each and every day. There are countless stories of spouses who go above and beyond; stories of men and women who volunteer in the local community and pursue their own successful careers despite long days and deployments by their military spouses.

There are even more untold stories about spouses who quietly make a difference every day. The story of the wife who, after a long swing shift, returned home to wake her family, cook everyone breakfast and send them all out the door before collapsing herself; the story of the husband who stayed up all night taking care of sick children so that his wife could go to work rested and ready. Resist the temptation to become accustomed to such acts of sacrifice and kindness.

These tremendous examples are often interrupted by the "other" stories. We've all done "boneheaded" things like forgotten important occasions, not paid enough attention to our spouse's concerns and tried to solve their challenges for them (instead of just listening sympathetically).

Work hard to avoid these thoughtless acts in the first place. Be critical of yourself and the things you do. Your standard of excellence at

work should be no different when at home.

Lastly, when you feel your spouse has neglected you in some manner, it is best to forgive without pretense. Put past grudges aside so you can move forward together. After all, forgiveness is what you hope for after apologizing for those "boneheaded" things I just discussed.

As I turned to leave, the crowd had already forgiven the bride and grooms' hasty departure, and started to dissipate from the front steps of the chapel.

The couple was starting their life together, as a military team. I thought of my spouse, Leslie. We made a commitment to each other more than 34 years ago.

We knew that our lives would be better if spent together and have learned through the years to depend on each other in order to accomplish our goals.

For me, Leslie has been the key to keeping my wheel balanced. I've worked hard through the years to make each day with her better than the one before; to keep my wheel rolling smoothly.

Our individual strength comes from the foundation that our spouses provide at home. By cherishing your spouse and making sure they know how much you appreciate them, your wheel can continue to cruise happily through life as well.

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We're looking for the perfect wedding model for the cover of *Pensacola Magazine Weddings 2010*, and that model could be you. Submit a few of your wedding photos (candid shots by your professional photographer are best) to [weddings@ballingerpublishing.com](mailto:weddings@ballingerpublishing.com), and you could be featured on the cover of the February issue.

## Weddings 2010

For more information, visit [www.pensacolamagazine.com](http://www.pensacolamagazine.com) or email us at the address above. Please send the photos by January 8, 2010



GOSPORT **Blue Angels Homecoming**

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**Patty Wagstaff**  
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**Rich's Incredible Pyro**  
**Otto the Helo with stuntman Todd Green**  
**Dale Snodgrass — in the P-51 Mustang**  
**Heritage Flight — F-16s**  
**F-16 Viper E Demo Team**

**Fat Albert C-130 JATO — last JATO demo**  
**Blue Angels Flight Demonstration Team**



## Night Air Show



**Acts are subject to changes**

**The Homecoming Air Show** is held at Pensacola Naval Air Station Friday and Saturday, Nov. 13 and 14. Gate admission is free. Gates open at 8 a.m. each day. The show begins at 9:45 a.m., with the Blues scheduled to fly around 2 p.m. The pilots do sign autographs after the show.

More than 100,000 people are expected to view the show daily. Visitors are directed to the airfield parking from both gates, but are encouraged to use the shuttle parking lot to avoid very long walks. Buses will make the rounds, dropping patrons off on the tarmac and picking them up. Traffic is well handled and clears the base easily after the

show. Patrons may bring chairs, however, no coolers, backpacks, food, drinks or pets will be allowed. A handicap area is set aside for wheelchairs only. MWR rents bleachers to provide seating for those not bringing chairs and bleacher seating is available for \$5 per person. Many large groups reserve seating in advance so bleacher seating is limited and pre-purchase is recommended.

The show includes static displays of aircraft of all types, food, beverage and vendor booths, virtual reality experiences and other attractions that make this show a favorite excursion for folks from all over the country. There will be a "Kids Zone,"

virtual games and a bungee jump to help entertain the children. Home Depot will have a Kids Workshop Area with craft projects.

For those who have never attended an air show, be advised the aircraft can be very noisy and young children need protection for their ears. It can also be windy on the tarmac and layers of clothes are recommended.

The Saturday night air show (starting about 4:30 p.m.) will be open to the public as well as to sponsors and the military for whom the sponsors have helped fund this show.

## History of the Naval Flight Demonstration Squadron

At the end of World War II, Chester W. Nimitz, then the Chief of Naval Operations, ordered the formation of a flight demonstration team to keep the public interested in naval aviation.

The Blue Angels performed their first flight demonstration less than a year later in June 1946 at their home base, Naval Air Station (NAS) Jacksonville, Florida. Flying the Grumman F6F Hellcat, they were led by Lt. Cmdr. Roy "Butch" Voris.

Only two months later on August 25, 1946, the Blue Angels transitioned to the Grumman F8F Bearcat. One year later, the 1947 team, led by Lt. Cmdr. Robert Clarke, introduced the now famous "Diamond Formation."

By the end of the 1940's the Blue Angels were flying their first jet aircraft, the Grumman F9F-2 Panther. In response to the demands placed on naval aviation in the Korean conflict, the team reported to the aircraft carrier USS Princeton as the nucleus of Fighter Squadron 191



(VF-191), Satan's Kittens, in 1950.

The team reorganized the next year and reported to NAS Corpus Christi, Texas, where they began flying the newer and faster version of the Panther, the F9F-5. The Blue Angels remained in Corpus Christi until the winter of 1954 when they re-

located to their present home base at NAS Pensacola, Florida. It was here that they progressed to the swept-wing Grumman F9F-8 Cougar.

The ensuing 20 years saw the Blue Angels transition to two more aircraft, the Grumman F11F-1 Tiger (1957) and the McDonnell

Douglas F-4J Phantom II (1969).

In December 1974, the Navy Flight Demonstration Team began flying the McDonnell Douglas A-4F Skyhawk II and was reorganized as the Navy Flight Demonstration Squadron.

This reorganization permitted the establishment of

a commanding officer vice a flight leader (Cmdr. Tony Less was the squadron's first official commanding officer), added support officers and further redefined the squadron's mission, emphasizing the support of recruiting the nation's finest to serve their country.

On Nov. 8, 1986, the Blue Angels completed their 40th anniversary year during ceremonies unveiling their present aircraft, the new sleek F/A-18 Hornet, the first dual-role fighter/attack aircraft now serving on the nation's front lines of defense.

In 1992 more than one million people viewed Blue Angel's performances during a 30-day European deployment to Sweden, Finland, Russia, Romania, Bulgaria, Italy, the United Kingdom and Spain. This was the first European deployment in 19 years.

The 2009 show season brought out more than 15 million spectators.

Since 1946, the Blue Angels have performed for more than 450 million fans.



# Blue Angels

2009

## The Blue Angels • The U. S. Navy's Flight Demonstration Squadron

The Blue Angels' mission is to enhance Navy and Marine Corps recruiting efforts and to represent the naval service to the United States, its elected leadership and foreign nations. The Blue Angels serve as positive role models and goodwill ambassadors for the U. S. Navy and Marine Corps.

A Blue Angels flight demonstration exhibits choreographed refinements of skills possessed by all naval aviators. It includes the graceful aerobatic maneuvers of the four-plane Diamond Formation, in concert with the fast-paced, high-performance maneuvers of its two Solo Pilots. Finally, the team illustrates the pinnacle of precision flying, performing maneuvers locked as a unit in the renowned, six-jet Delta Formation.

The team is stationed at Forrest Sherman Field, Naval Air Station Pensacola, during the show season. However, the squadron spends January through March training pilots and new team members at Naval Air Facility El Centro, California.

Since its inception in 1946, the Blue Angels have performed for more than 427 million fans.

<p>SIGNATURE</p> <p>Flight Leader / Commanding Officer <b>Cmdr. Greg McWherter</b></p>	<p>SIGNATURE</p> <p>Right Wing <b>Lt. Cmdr. Paul Brantuas</b></p>	<p>SIGNATURE</p> <p>Left Wing <b>Maj. Christopher Collins</b></p>	<p>SIGNATURE</p> <p>Slot <b>Lt. Mark Swinger</b></p>
<p>SIGNATURE</p> <p>Lead Solo <b>Maj. Nathan Miller</b></p>	<p>SIGNATURE</p> <p>Opposing Solo <b>Lt. Frank Weisser</b></p>	<p>SIGNATURE</p> <p>Narrator <b>Lt. Ben Walborn</b></p>	<p>SIGNATURE</p> <p>Events Coordinator <b>Lt. Amy Tomlinson</b></p>
<p>SIGNATURE</p> <p>C-130 Pilot <b>Maj. Drew Hess</b></p>	<p>SIGNATURE</p> <p>C-130 Pilot <b>Maj. Brendan Burks</b></p>	<p>SIGNATURE</p> <p>C-130 Pilot <b>Capt. Edward Jorge</b></p>	



## Fat Albert Airlines

An all-Marine Corps crew of three officers and five enlisted personnel operate the Lockheed-Martin C-130T Hercules, affectionately known as Fat Albert Airlines.

Fat Albert joined the team in 1970 and flies more than 140,000 miles each season. It carries more than 40 maintenance and support personnel, their gear and enough spare parts and communication equipment to complete a successful air show.

Fat Albert cruises at a speed of more than 320 knots (approximately 360 miles per hour) at 27,000 feet. Four Allison turboprop engines, which

produce more than 16,000 shaft-horsepower, provide Fat Albert Airlines with the power to land and depart on runways as short as 2,500 feet.

At select show sites, Fat Albert demonstrates its jet-assisted takeoff (JATO) capability. Eight solid-fuel rocket bottles, four on each side, attached near the rear paratrooper doors thrust the Hercules skyward. Fired simultaneously, the JATO bottles allow the mammoth transport aircraft to takeoff within 1,500 feet, climb at a 45-degree angle and propel it to an altitude of 1,000 feet in approximately 15 seconds. Getting Fat Albert airborne in minimal time and distance simulates conditions in hostile environments or on short, unprepared runways.

This year's homecoming air show will mark the last time JATO will be used on Fat Albert.

## Maintenance and support personnel keep Blues flying

The Blue Angels' support team is made up of the Events Coordinator, Maintenance Officer, Flight Surgeon, Administrative Officer, Public Affairs Officer, Supply Officer and approximately 110 enlisted Navy and Marine Corps volunteers.

Alternating crews of about 45 team members travel to each show site. All career-oriented enlisted Sailor or Marine applicants come recommended for Blue Angel duty by their current commanding officer. Applicants go through extensive screening, including interviewing with the members of each of the 15 squadron work centers.

The keen selection process secures the squadron's tradition of excellence, ensuring the Blue Angels are a direct reflection of the professionalism of today's Sailors and Marines. After completing their Blue Angel tour, individuals return to the fleet to continue their naval careers.

Selected enlisted personnel volunteer for a three-year tour with the squadron. Though every team member brings skills in a distinct job specialty, each is expected to work beyond that specialty, contributing to the overall effectiveness of the Blue Angels. The squadron consists of seven distinct departments, jointly responsible for guaranteeing command readiness. A tribute to this dedicated team is the fact that the Blue Angels have never cancelled an air show due a maintenance problem.

**Administration:** The Administration Department is responsible for executive and official correspondence, squadron records, pay and travel orders. Administration maintains instructions and notices, handles promotions and awards, and controls legal and security concerns.

**Aviation Medicine:** The Aviation Medicine Department is responsible for the health and wellness of each team member. The medical team performs annual physical examinations and emergency medical procedures, keeps medical and dental readiness up to date and acts as a liaison for advanced medical care.

**Events Coordinator:** The Events Coordination Department schedules preseason visits with show site sponsors and secures accommodations and ground support for each demonstration show.

**Fat Albert Airlines:** The all-Marine flight crew assigned to the squadron's Lockheed-Martin C-130 Hercules is responsible for transporting road-crew personnel, supplies and equipment to and from each show site throughout the season. The crew also demonstrates the C-130's jet-assisted take-off (JATO) capabilities.

**Maintenance:** The Maintenance Department consists of Airframes, Avionics, Corrosion Control, Crew Chiefs, Life Support, Maintenance Control, Power Plants, Quality Assurance and Video shops. The maintenance team is responsible for aircraft upkeep.

**Public Affairs Office:** The Public Affairs Office documents and promotes the Blue Angels. It designs, writes, photographs, edits, publishes and distributes all promotional materials. The Public Affairs Office also coordinates coverage and interviews with local, national and international media and manages the VIP rider program.

**Supply:** The Supply Department researches, procures, stores, and issues spare parts, tools, and uniforms. Supply also researches future squadron logistical needs and initiates contracts for services required to support daily operations.

## Boeing F/A 18 characteristics



<b>Prime contractor:</b>	Boeing
<b>Principal contractor (airframe):</b>	Northrop Corporation
<b>Powerplant:</b>	Two General Electric F404-GE-400 low-bypass, turbofan engines; each in the 16K-pound thrust class
<b>Radar:</b>	Hughes APG-65 with long-range detection in both head-on and tail-on aspects
<b>Length:</b>	56 feet
<b>Height:</b>	15.3 feet
<b>Wingspan:</b>	40.4 feet (with missiles)
<b>Wing area:</b>	400 square feet
<b>Speed:</b>	Mach 1.7+ (1,200 mph)
<b>First flight:</b>	November 1978
<b>Crew:</b>	One (two in two-seat trainer version)
<b>Combat radius:</b>	500-plus nautical miles
<b>Combat ceiling:</b>	50K feet (approx.)
<b>Fuel:</b>	11K lbs. internal, 16K lbs. w/external tanks (approx.)
<b>Max takeoff weight:</b>	56K lbs. (approx.) fighter escort missions
<b>Cost:</b>	Approximately \$18 million

## New and returning pilots for 2010 season

### New team member F/A-18 Hornet pilots:

Navy **Lt. Robert Kurrle, Jr.**, 30, of Statesville, N.C., is currently assigned to VFA-106 at Naval Air Station Oceana, Va. He is a 2002 graduate of the U.S. Naval Academy.

Navy **Lt. Christian Simonsen**, 33, of Coon Rapids, Minn., is currently assigned to VFA-106 at Naval Air Station Oceana, Va. He is a 2002 graduate of the U.S. Naval Academy.

Navy **Lt. James Tomaszewski**, 30, of Coronado, Calif., is currently assigned to VMFAT-101 at Marine Corps Air Station, Miramar, Calif. He is a 2000 graduate of Florida State University.

Current pilots expected to return next year:

Navy **Cmdr. Greg McWherter**, 40, of Atlanta, Ga.

Marine **Maj. Chris Collins**, 34, of Darien, Conn.

Navy **Lt. Frank J. Weisser, III**, 31, of Atlanta, Ga.

Navy **Lt. Ben Walborn**, 29, of Reading, Pa.



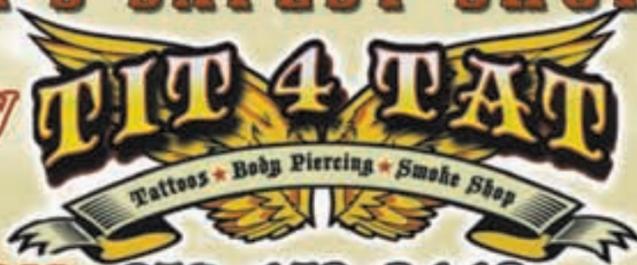
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# Enlisted naval pilots reunite at NASP for one last visit

By Anne Thrower  
Gosport Staff Writer

Bob Fife, who grew up in rural South Dakota, decided to join the Navy at 17 right out of high school. Little did he know at the time in July 1941, he would learn to fly, bumping heads with dignitaries and even astronauts in his 30-year Navy career.

He didn't join the Navy to become a pilot. But back then, as Fife likes to put it, they were making planes faster than they had pilots

to fly them. He was serving as a captain's yeoman on the USS Savannah when the chance to go to flight school came his way.

"I didn't know anything about aviation," he said. But by the time he was 19, he was a pilot.

Fife didn't know it at the time, but he would be among the last of the enlisted pilots.

By 1947 the Navy would discontinue using enlisted pilots and require that all future pilots be officers. ed ranks.



**Bob Fife**  
Most went on to get commissioned, including Fife, who became Lt. j.g. Fife at 37. Fife came to Pensacola

in July 1943 as a newlywed, and by October he had become APIC – aviator pilot first class. He had been a third class yeoman.

And his career advanced, becoming a chief by the time he was 20. He had orders to go to South America when World War II ended. The rest of his 30-year career included time in numerous ports and Washington, D.C., where he flew members of Congress around.

His last job was at Patrick Air Force Base in

Florida where he worked with the space program.

Today he lives about 50 miles from the space center in Smyrna, Fla., with his wife, Margaret. They had three children.

After the Navy he went

back to college and earned degrees he said he never used. But he did work as a salesman, selling Delta faucets for 12 years and retiring at 62. More recently he retired from golf at 80.

## Jones was last to retire

Story, photo  
by Anne Thrower  
Gosport Staff Writer



**R.J. Jones**

R.J. Jones was in the Navy for almost 38 years. And for almost all of those years he was an enlisted pilot.

When he meets this weekend (Nov. 12-15) with fellow enlisted pilots for their last national reunion at NASP, he will bring the distinction of being the last enlisted pilot to retire.

That was in 1981, and he continued to fly for another 20 years, making a flight to Fairbanks, Alaska, as his last flight in 2001.

"I always thought we would stay with it until the last two, and then we would break the last bottle," Jones said. Instead the smaller wings spread around the country will continue, but not a national organization. The nearest wing to Jones — who lives in Kim, Colo. — is in Dallas.

Like many Navy pilots who joined during World War II, Jones spent most of the war on a ship. He was 20 when he enlisted and spent almost two years on the USS Aucilla, making four trips across the Atlantic carrying fuel for the invasion fleet.

Unlike some Navy guys, Jones didn't join the Navy to become a pilot. "The only reason I ended up in flight school is because they had come out with a directive requesting fleet Sailors for flight school," he said.

He came to Pensacola in January 1947 and received his wings in August. The 200 in his group knew they were going to be the last enlisted pilots.

And it was in Pensacola he retired in 1981. In between he spent more than 30 years as a pilot, including a stint in Vietnam in 1967-68 providing supplies to the troops.

He wrote a book "Skidmarks in the Sky" based on his experiences as a pilot that he calls "safety manual" that includes "all the mistakes I made during the 51 years that I flew."

At 86, Jones spends time in Pensacola visiting his son, Paul, who is also a pilot. He followed in his father's footsteps, serving in the Navy. But unlike his father, Paul Jones was an officer and graduate of the U.S. Naval Academy.

## Evans enlisted in the Navy to become a pilot

By Anne Thrower  
Gosport Staff Writer

Jack Evans met an enlisted Navy pilot when he was in high school in Corcoran, Calif.

So when he enlisted in the Navy in June 1941 that's what he wanted to become. He was 17 at the time.

But before he was able to get his wings, he spent two years on the USS Tennessee where he was wounded at Pearl Harbor.

"It was quite an experience for a young man," he said.

He had already completed his cleaning station and finished breakfast that Sunday morning and was deciding where to go to church, when he saw the Japanese planes coming.

From his lookout 110 feet above water, he saw the first torpedo planes as they approached. He recalled seeing a Japanese aviator with a machine gun in the rear seat of one plane. "We could see each other's faces very clearly," he said. The USS Tennessee didn't get

any torpedoes, but two bombs did hit the ship, killing five men.

Evans was injured with metal fragment in both legs. "I was pretty lucky," he said, saying he never felt it. They took the fragments out and sent him back to duty.

The ship went on to spend time in the South China Sea. While not in the fight, the ship was nearby for the Battle of Coral Sea and the Battle of Midway.

Despite all the action he experienced during World War II, Evans never lost his interest in becoming a pilot.

He had to wait until August 1943 to start his training.

He received his wings in January 1945. His training included stints in the Pensacola area, including the former Bronson Field and at Whiting Field where he received instrument training.

He is among the Silver Eagles

who will be at Naval Air Station Pensacola this weekend for a final reunion, which includes seeing the air show.

Although World War II was winding down, Evans went on to have a distinguished 33-1/2 year career in the Navy, reaching the rank of captain, before retiring in 1974.

He spent two tours at the Pentagon, and during the Vietnam War he was the commander of the USS Pyro, an AE 24 ammunition ship.

Today Evans, 85, lives in La Mesa, Calif., with his wife. And the trip to Pensacola brings some prior memories as well as some realities.

"We all have enough aches and pains of growing older that we understand the process has caught up with us," he said. "It's getting harder to travel."

But the pride of being a Silver Eagle remains.

"I think we were always the envy of all the other Sailors," he said. "It was a wonderful opportunity."



**Jack Evans**

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**The Greater Pensacola Tuskegee Alumni Club**  
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**TOURNAMENT SCHEDULE**  
Saturday, November 21  
7:30 am, Registration  
8:30 am, Shotgun Start  
1:30 pm Awards Presentation  
Tournament

**Registration Includes:**  
• \$140 per 2 man team  
• Lunch  
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**Guest Celebrity Golfer: SUZANNE DOUGLAS**

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Committee Members Contacts:  
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David Hawkins (Par-4) 850-449-1136  
Adrian Still (Osceola) 850-453-7599

# GOSPORT PARTYLINE

## Partyline e-mail submissions

Submissions for Partyline should be e-mailed to: [anne.thrower.ctr@navy.mil](mailto:anne.thrower.ctr@navy.mil).

Submissions should include the organization's name, the event, what the event is for, who benefits from the event, time, date, location and point of contact.

## Naval hospital closed Nov. 20-22

Naval Hospital Pensacola will be closed Nov. 20-22 for a scheduled power outage. The hospital will reopen Nov. 23 at 7 a.m.

Military and enrolled beneficiaries seeking non-emergency care may go to the Naval Branch Health Clinic at the Naval Air Technical Training Center (NATTC) onboard NAS Pensacola

NATTC hours are Friday, noon-7 p.m. and Saturday and Sunday 7 a.m.-7 p.m. Call 453-8970, ext. 123, for info and directions.

## New hours for relief society

The Navy-Marine Corps Relief Society Pensacola will have new hours from 9 a.m.-3 p.m.

For a quick assistance loan (QAL), clients must arrive by 2:45 p.m. Also, phones will still be answered from 8 a.m.-4 p.m. at 452-2300.

## Mega team century ride spin Dec. 5

Spin into the holidays with a Mega team century ride on Dec. 5, starting at 8:30 a.m. at the Radford Fitness Center at NASP

As part of the ride two member teams complete 100 miles per team riding the StarTrac NXT Indoor Spin Bikes.

The contest will have 40 bikes for the 20 teams. There will be prizes for first, second and third place.

The winning team is usually over the line in a little more than two hours. To participate call 452-6802.

## Volunteers needed for base Christmas party

NASP's 2009 Christmas party will take place Dec. 8 from 8 a.m.-2 p.m.

Military and civilian employees may volunteer to work the command-sponsored event with department head/supervisor concurrence.

Those interested should contact ABEC Christopher Scott or GSM2 Justin Cooper at Community Outreach, Bldg. 624, by memorandum no later than Nov. 27.

They can be reached at 452-3100, ext. 1245 or 1241.

## Army TRADOC inspector general requests session

The inspector general for U.S. Army Training & Doctrine Command, Col. Geoffrey Ling, will host an Inspector General Action Request session for all active Army, Army Reserve, National Guard, Army retired, or separated Army personnel on Nov. 17 from 4:45-5:45 p.m. at Bldg. 3712 (Crosswinds) on Corry Station.

This session is to afford the opportunity for a complainant to complete the IGAR, present it to the IG, who in turn, initiates the appropriate action.

When completing an IGAR, include as much detail as possible. This enables the IG to conduct a through inquiry.

## Latin event Nov. 14 in Pensacola

LatinFlavorEnt. presents Latin Flavor Saturdays at The Edge in Pensacola.

The event includes merengue, salsa, bacatha, reggaeton, Latin house and punta. Doors open at 9:30 p.m. Women are admitted free until midnight.

## Ghost hunter show Nov. 18

The "Ghost Hunters" episode with U.S. Coast Guard and Pensacola

Lighthouse information will air Nov. 18 on SyFy Network.

## Dance Off party Nov. 21

New Skool Entertainment presents the \$200 cash Dance Off, Nov. 21, at The Edge in Pensacola.

Doors open at 10 p.m. There is a \$5 admission, but women enter free until 11:30 p.m. Must be 18 to party and 21 to drink.

For information, call 232-0545 or 512-7085.

## Talent gospel show Dec. 5

B.J. Entertainment, TK and Kirkland Ent. presents So You've Got Talent Gospel Show at Pensacola High on Dec. 5.

There will be more than \$2,500 in cash, prizes, trophies, studio recording time, cell phones, clothes, shoes and dinners. Doors open at 6 p.m. and the show starts at 7 p.m. Tickets are available at Gold market, The Cellphone Place, The Drizzle BBQ and Zevo's.

For information or to sign up for auditions, call 232-0545.

## Blanket ride for the homeless Nov. 28

The benefit motorcycle ride to gather blankets for the homeless will take place Nov. 28 starting at 1 p.m.

The cost to participate is \$5 or a blanket per person.

Riders will meet at the Panhandle Motorcycle Society (PMS), 1487 South Fairfield Drive, in Pensacola.

The ride will leave at 2 p.m. and go to the Heavenly Blessings Ministry in Pensacola where Pastor Renee Star will be accepting blankets. Riders will then return to PMS for live music and celebration.

For information, contact Cat Warfield at 492-6224 or 375-0428.

## Double Bridge Run scheduled

The 2010 Double Bridge Run is scheduled for Feb. 6, 2010.

The run is a 15K that begins in Pensacola, crosses the Pensacola Bay Bridge and the Bob Sikes Bridge and finishes on Pensacola Beach.

There is also a 5K run/walk that begins in Gulf Breeze and finishes on Pensacola Beach.

Registration is \$30 through Dec. 31 and \$35 beginning Jan. 1. Register at [pensacolasports.com](http://pensacolasports.com).

Also the Pensacola marathon will now be in November. The marathon is scheduled for Nov. 14.

The Pensacola Marathon includes a marathon, half Marathon and a kids marathon.

For questions regarding the run or marathon, contact the Pensacola Sports Association at 434-2800 or [johnliff@pensacolasport.com](mailto:johnliff@pensacolasport.com).

## Air Force band to perform at Saenger

The United States Air Force Band Airmen of Note (jazz band) are coming to Pensacola for a free concert, 7:30 p.m., on Nov. 19 at the Saenger Theatre.

During the concert the band will also tell the story of today's military, and demonstrate its ideals: honor, service and excellence.

While admission is free, tickets are required.

Tickets are available from the Saenger Theatre box office at 595-3880. There are no reserved seats. Ticket holders must be seated 15 minutes before the performance begins.

For information on the concert, contact Dr. Joseph T. Spaniola at 474-2483 or [jspaniola@uwf.edu](mailto:jspaniola@uwf.edu).

## Women golfers meet on Thursdays

Attention women golfers. A.C. Read women's golf league plays on Thursday mornings. Membership is \$35 and is open to active duty, retirees and dependents.

For more information, call 287-1433 or 423-276-8682.



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Beach Colony #W18D Furnished 3bed/3bath - \$2,250	14630 Innerarity Pl Rd 3bed/2bath - \$1,250
	5625 Ponte Verde Pet Friendly 3bed/2bath - \$1,200
	12581 Longwood Dr Pet Friendly 3bed/2bath - \$1,000
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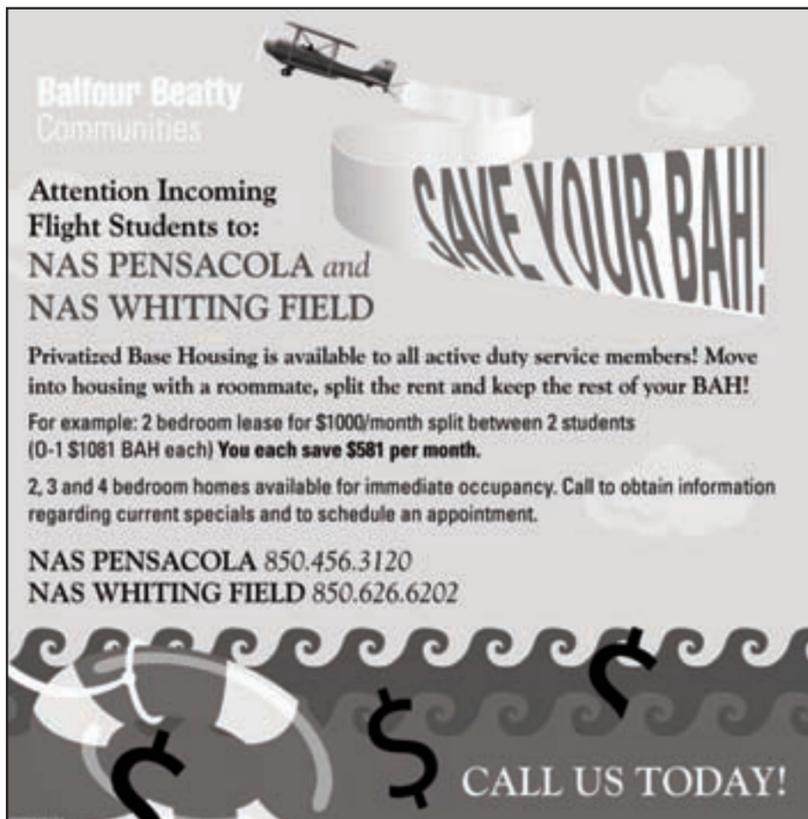
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THREE AMIGOS, 10-2AM

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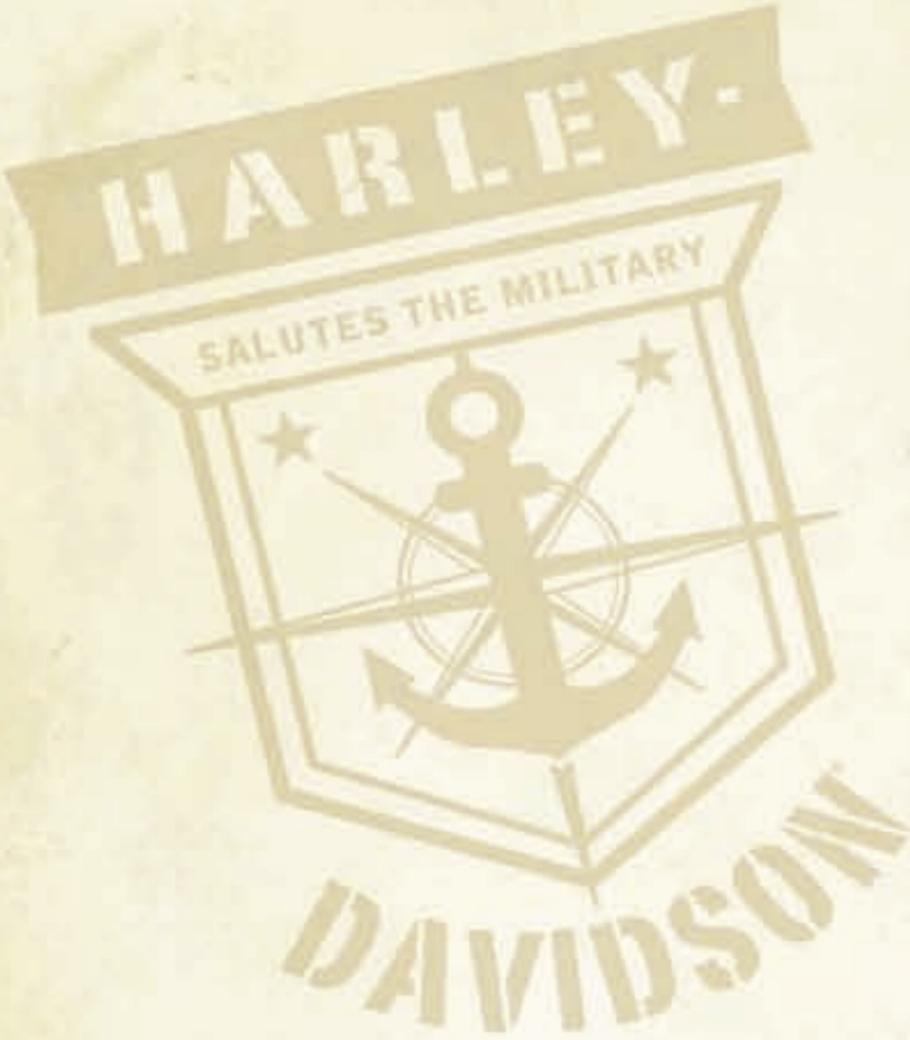
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# GOSPORT LIFE



NAS Whiting Field changes command; see page B2 Spotlight

## Area hospitals implementing smoke-free initiative

By Mike O'Connor  
Gosport Associate Editor

On Nov. 19, 2009 — the American Cancer Society's Great American Smoke-Out Day — Naval Hospital Pensacola (NHP) will begin year-long education and prevention initiatives in preparation to support the military medical facility becoming a tobacco-free campus for the 2010 Great American Smoke-Out.

NHP, Baptist Health Care and Sacred Heart Health System announced recently a partnership to promote a healthier environment for area residents by going tobacco free on all campuses.

Baptist Health Care will implement its smoke-free policy on Nov. 19, coinciding with the 2009 Great American Smoke Out; Sacred Heart Health System will implement their smoke-free policies in late 2010.

Together, the local hospitals join 1,800 hospitals nationwide who have adopted smoke-free policies. Locally, four health care facilities — Baptist's Jay Hospital, Baptist Manor, Baptist Behavioral Medicine Hospital, and Santa Rosa Medical Center — have already established smoke-free campuses. A smoke-free policy reinforces the commitment to improving the health of area residents.

"Navy medicine delivers world-class healthcare anywhere, anytime," said NHP Commanding Officer, Capt. Maryalice Morro. "It is in the business of saving lives ... on the battlefield and at home. Tobacco usage is in direct conflict with our mission; and we have a responsibility to our patients to not only provide an environment that is conducive to healthy living but to set the standard for healthy living."



NHP Anti-smoking mascot Ciggy Butts

Less smoking leads to more birthdays

Researchers say that quitting smoking can increase life expectancy — smokers who quit at age 35 gain an average of eight years of life expectancy; those who quit at age 55 gain about five years; and even long-term smokers who quit at 65 gain three years.

Smokers who want to quit can call the American Cancer Society Quit For Life program operated and managed by Free & Clear at (800) 227-2345 for tobacco cessation and coaching services that can help increase their chances of quitting for good.

Research shows that people who stop smoking before age 50 can cut their risk of dying in the next 15 years in half compared with those who continue to smoke. Smokers who quit also reduce their risk of lung cancer — 10 years after quitting, the lung cancer death rate is about half that of a continuing smoker's. Some of the health effects of quitting are almost instant, too — heart rate and blood pressure drop 20 minutes after quitting.

The Great American Smokeout Web site ([www.cancer.org/GreatAmericans](http://www.cancer.org/GreatAmericans)) contains user-friendly tips and tools towards a smoke-free life. In addition to tip sheets and calculators, the site also offers downloadable desktop helpers to assist with planning to quit and succeeding in staying tobacco-free. The Quit Clock allows users to pick

a quit day within 30 days, then counts down the selected day with tips for each day; and the Craving Stopper helps smokers beat cravings by offering a fun distraction. The American Cancer Society created the trademarked concept for and held its first Great American Smokeout in 1976 as a way to inspire and encourage smokers to quit for a day. One million people quit smoking for a day at the 1976 event in California.

The Great American Smokeout encourages smokers to commit to making a long-term plan to quit smoking for good.

### Important facts about tobacco use:

- Tobacco use remains the single largest preventable cause of disease and premature death in the United States.
- Cigarette smoking accounts for about 443,000 premature deaths — including 49,400 in nonsmokers.

• Thirty percent of cancer deaths, including 87 percent of lung cancer deaths, can be attributed to tobacco.

• Smoking also accounts for \$193 billion in health care expenditures and productivity losses.

• Great progress is being made in reducing tobacco use in the United States, with adult smoking rates in 2007 declining among all adults to 19.8 percent.

# American Cancer Society's 34th annual Great American Smokeout

From American Cancer Society

As the official sponsor of birthdays, the American Cancer Society marks the 34th Great American Smokeout Nov. 19 by encouraging smokers to use the date to make a plan to quit, or to plan in advance and quit smoking that day. By doing so, smokers will be taking an important step toward a healthier life — one that can lead to reducing cancer risk and creating more birthdays.

## And you're still smoking? Seven things you should know

### Facts

1. Every cigarette you smoke takes away 5 minutes from your life.
2. Smoking is the single most preventable cause of death in the United States.
3. Smoking accounts for more than 430,000 deaths annually — more than alcohol use, drug use, car accidents, fires, suicides and homicides combined.
4. Smokers can save nearly \$2,000 each year by not smoking — possibly more.
5. There are more than 4,000 chemicals in cigarette smoke. Some of them are also in wood varnish, insect poison, arsenic, nail polish remover and rat poison.
6. Most smokers try to quit three to seven times before being successful.
7. Recovery from the effects of smoking begins within minutes of quitting.

### Reminders

1. A failed attempt to quit smoking is an opportunity to overcome the next attempt. It is not a character flaw or lack of will power.
2. It's never too late to reap the benefits of a smoke-free lifestyle.

3. "Just one cigarette" is not OK.
4. Do not give up.
5. Remain aware of your reasons for not smoking.
6. Smoking cessation aids along with counseling significantly increase your chances of success.
7. Smoking a cigarette never solves a problem.

### Things to avoid

1. Alcohol
2. Caffeine products
3. Boredom
4. Stressful situations
5. Places and things associated with smoking
6. Fellow smokers
7. Convenient supply of cigarettes

### Things to do

1. Pause to let the urge pass.
2. Drink more water.
3. Practice relaxation techniques.
4. Exercise.
5. Use smoking substitutes such as sugar-free gum, mints and lollipops.
6. Reward yourself.
7. Keep a smoking journal to help identify triggers.

## Word Search 'You can quit'

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Z W T L L I U E S T C W E M K  
K K S V I T H I D T D V V U F  
Q H O M I A G I C J I H I K X  
G F E T A N P C V B P U L Z S  
B P T X M I F X Q V X X Q P C  
Y A O S X M O S D Q N S S U X  
D S M S T R E N G T H U E T C  
B P E N I E M B Q C Y P H Y M  
L Z L M Z T Y G H J T P N B L  
G J W L H E I A Y X A O P M N  
W C W R R D N V F E A R Y S D  
G G D Y N G R R E K F T L T F  
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LIVE  
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QUIT  
STRENGTH  
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## Gosling Games

### Color Me 'Butt out'



## Jokes & Groaners

Smoking isn't funny, but...

Nicotine patches are great. Stick one over each eye and you can't find your cigarettes. — author unknown.

Why do drugstores make sick people walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front?

Overheard: "You know, lady, you don't actually smoke. The cigarette does all the smoking — you are just the sucker."

"Tobacco drieth the brain, dimmeth the sight, vitiatheth the smell, hurteth the stomach, destroyeth the concoction, disturbeth the humors and spirits, corrupteth the breath, induceth a trembling of the limbs, exsiccateth the windpipe, lungs, and liver, annoyeth the milt, scorcheteth the heart and causeth the blood to be adjusted." — Tobias Venner, (1577-1660).

"The tobacco industry is finally going on record acknowledging the dangers of smoking. But back in my day, all we would admit was: 'Smoking is known to cause ashtray residue.'" — Kent Salem, former tobacco lobbyist.

## Capt. Pete Hall assumes command of NAS Whiting Field

Story, photos  
by Jay Cope  
NAS Whiting Field

The world's busiest Naval Air Station observed a change at the helm Nov. 5 when Capt. Pete Hall relieved Capt. Enrique Sadsad as commanding officer. More than 700 community leaders, military personnel, friends and family filled Naval Air Station Whiting Field's Atrium to watch the time-honored Navy tradition.



Capt. Pete Hall and Capt. Enrique Sadsad trade salutes as they prepare to request permission for Hall to assume duties as the commanding officer of Naval Air Station Whiting Field, Nov. 5.

Rear Adm. Townsend Alexander, Commander Navy Region Southeast, served as the guest speaker for the event and referred to the importance of the ceremony.

"The formal change of command is a cornerstone in our Navy. It gives us a chance to celebrate the past accomplishments of one while welcoming the changes that come from another," Alexander said. "This is always done in this manner so there is never any question about who is in charge. And for the last 25 months at NAS Whiting Field, there has been no doubt that Rick Sadsad has been in charge."

During Sadsad's tour of duty, Whiting Field worked with Training Air Wing Five to surpass more than 420,000 aircraft flight hours and greater than four million flight evolutions. But his greatest contributions were the partnerships he formed with the communities, making the Whiting Field - Santa Rosa County team a model of cooperation across the Southeast region. He worked diligently to help make the Aviation Commerce Park a reality. And he renewed many lagging community relationship programs encouraging military and civilian base personnel to get involved with the area's outreach

efforts. For his contributions, he was named the Santa Rosa County Chamber of Commerce's Man of the Year for 2008 and the Alliance of Defense Communities' Military Leader of the Year for 2009.

That level of community participation was equally displayed by the presence of local political leaders, area businessmen, school representatives, civic organizations and the participation of the local high schools' band and color guard.

In addition to the civilian accolades, the military recognized his accomplishments during the ceremony by presenting him with the Legion of Merit medal. It was an honor that Sadsad was quick to attribute to others.

"Our team has done an exceptionally impressive job. The base appearance, its efficiency and teamwork speak for itself. This is absolutely the best staff a commanding officer could ask for," he said. "They are consummate professionals. Every job is doable and they do it with pride and a lot of class. I am extremely fortunate to be a part of this winning team."

During his 32-year Navy career, Sadsad served as an enlisted aviation machinist's mate for various helicopter squadrons. After six years, he was

transferred to Aviation Officer Candidate School and designated a naval flight officer in 1984. Since then he completed aviation-related tours through many parts of the world, earned his master's degree, been forward deployed on a carrier, and commanded a training squadron before taking command at Whiting Field.

It is a distinguished career that began due to the good impressions left by Sailors visiting the Philippines when he was a youth.

"What motivates me to do these things? I remember seeing Sailors and Marines come to my elementary school in the Philippines to repair and paint our classrooms and deliver textbooks," Sadsad said. "Those are my memories of the U.S. Navy and the American people. Those same qualities came to life when we came to NAS Whiting Field and this great community ... we have found our new home."

Although his next tour of duty will be as the Commanding Officer Naval Support Activity Bahrain, Sadsad stresses that he will return to the local area when his Navy career is complete.

Hall assumed duties as the 39th commanding officer for NAS Whiting Field, with a short reading of his orders, an exchange of salutes, and the

permission to "take charge" from Alexander. The admiral called Hall's record "impressive."

He comes to Whiting Field from the air warfare division of the director of the operational test and evaluation for the Office of the Secretary of Defense. While there, he served as the action officer overseeing the testing of airborne electronic warfare systems. Previously, Hall completed tours of duty aboard USS John C. Stennis (CVN 74) as the air boss; as well as various other operational and staff commands. Hall has accumulated more than 3,000 flight hours and 500 carrier arrest landings during his 22-year career.

He promised to continue Sadsad's efforts and thanked the community for their warm welcome. He also praised the base personnel and expressed his excitement in working with them in the future.

"The wealth of talent and experience I have seen is amazing. You are a national treasure. I ask that you continue your outstanding work and in return pledge my loyalty and commitment to each and every one of you. Thank you again for being here and sharing this special day. I look forward to what we will do together," Hall said.

## NASC announces MMoQ, JMMoQ, SloQ, JloQ, CoQ for fourth quarter

Story, photos,  
by Ens. Tim Kirsch  
NASC PAO

Naval Aviation Schools Command (NASC) recently announced the command's Military Member, Junior Military Member, Senior Instructor, Junior Instructor and Civilian of the Quarter awardees for fourth quarter fiscal year 2009.

All five members have made significant contributions to better their departments, and improve command climate.

ABE1 (AW) Glenn Walter, command Military Member of the Quarter, is assigned to NASC's Survival Department as a water survival instructor. He was directly responsible for the execution of six emergency response drills, all six receiving grades of "outstanding." Walter also led a team of six high-risk instructors in revising the Survival Department standard operating procedure (SOP), which resulted in more than 250 training evolutions and a 98 percent student fleet-availability rate. As the divisional Combined Federal Campaign (CFC) coordinator, he personally raised more than \$5,000, adding to the command's \$27,000 overall contribution. Walter volunteers numerous off duty hours with the C.A. Weiss Elementary School mentorship program as well as contributing to the recent renovations of the Liberty Church in Pensacola.

AWR2 (NAC/AW) Brandon M. Horton, NASC Junior

Military Member of the Quarter, is currently serving as a high-risk training instructor at Aviation Rescue Swimmer School (ARSS). He supervises five high-risk instructors and has successfully executed more than 150 training evolutions. Additionally, he was directly responsible for the graduation of 26 rescue swimmer candidates. His efforts were instrumental in the organization of a rescue swimmer wave generator data collection pilot course. As divisional CFC coordinator he fostered 100 percent participation among the department staff, resulting in a contribution of more than \$5,000 to the CFC. In his off duty time, Horton volunteers at the Sacred Heart Miracle Camp, Santa Rosa County Special Olympics and trains Mobile County Sheriff's Office in water rescue procedures.

ABEC (AW/SW) Alexander D. Young, NASC Senior Instructor of the Quarter, serves as the physical training and swim leading chief petty officer of Water Survival Department. Through his leadership and "safety first" mentality, he has

greatly contributed to the completion of more than 500 mishap-free training hours, 125 enlisted aviation students, and the graduation of 1,200 officer and enlisted aviation students. As the command master training specialist (MTS) board chairman, he ensured 100 percent compliance with the MTS program, resulting in the qualification of five new master training specialists. Young has dedicated numerous off duty hours to help feed the homeless at the Emanuel Lutheran Church Soup Kitchen.

AWR2 (NAC/AW) Patrick J. Neeley, NASC Junior Instructor of the Quarter, is working as a high-risk training instructor at Naval Aircrew Candidate School (NACCS). He was instrumental in developing an electronic database of MTS study materials which greatly aided in the qualification of four new master training specialists. As the NACCS shop supply manager, he ensured all department personnel were properly outfitted with the required gear for the rigorous training evolutions. Through his mentoring and leadership he motivated 422 Navy/Marine



ABEC(AW/SW)  
Alexander D.  
Young



ABE1(AW) Glenn  
Walter



AWR2(NAC/AW)  
Brandon M. Horton



AWR2(NAC/AW)  
Patrick J.  
Neeley



Brandon  
Penston

Corps aircrew candidates toward qualification as naval aircrewman. Neeley also fills collateral duty billets as the command's exercise evaluator, MTS evaluator, and NAVOSH/safety representative.

Brandon Penston, NASC Civilian of the Quarter, is an instructor and safety officer at NACCS. He made several key recommendations, significantly impacting the NACCS training schedule. Through his review of the NACCS training curriculum, his department received zero discrepancies on its most recent safety inspection. He is recognized as the "backbone" of the

NACCS safety program, overseeing training of more than 1,400 students annually. He has personally trained more than 240 students in both classroom and practical laboratories. Penston is an ardent volunteer and participant in the Sacred Heart Miracle Camp and the United Way.

Naval Aviation Schools Command takes great pride in honoring its fourth quarter fiscal year 2009 awardees.

For more information about Naval Aviation Schools Command visit <https://www.netc.navy.mil/nascweb/> or contact the NASC public affairs officer at 452-3182.

# Mullen praises WWII Japanese-American troops

By John J. Kruzic  
American Forces Press Service

WASHINGTON, — For three days in October 1944, a Japanese-American military unit fought in dense woods, heavy fog and freezing temperatures in the mountains of France, answering the prayers of an American battalion pinned down by German forces.

In a bloody rescue mission that became one of World War II's most famed battles, more than 800 troops fighting with the 442nd Regimental Combat Team died as the unit saved 217 American forces.

"The 442nd, for its size and length of service, is the most decorated unit in the entire history of the United States military," Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, said this week in remarks before the Japanese American Memorial Fund. "Their story has taught me so many things and has likely inspired all who have heard it."

German forces had cut off the Texas National Guard's 1st Battalion, 141st Infantry Regiment, in the Vosges Mountains when commanders ordered in the 442nd. The German troops already had repelled repeated rescue attempts by the 141st's other two battalions.

Nearly half of the men in the Japanese-American unit would be dead or wounded three days later, with the Texas battalion still isolated.

"Then, something happened in the 442nd," according to an official account at the Army Center for Military History. "By ones and twos, almost spontaneously and without orders, the men got to their feet and, with a kind of universal anger, moved toward the enemy position. Bitter hand-to-hand combat ensued as the Americans fought from one fortified position to the next. Finally, the enemy broke in disorder."

The original 4,000 men had to be replaced nearly three and a half times. In

total, about 14,000 men served at the 442nd Regimental Combat Team, ultimately earning 9,486 Purple Hearts, 21 Medals of Honor, and an unprecedented eight Presidential Unit Citations, Mullen told an audience that included troops from the 442nd and 141st.

"I am truly humbled in the deepest sense possible to be in their midst, to share with you some of the many lessons I have learned from their intrepid service," he said. "Their story has taught me so many things and has likely inspired all who have heard it."

Mullen said a study of what inspired Japanese-American troops is a lesson in pride, courage and a heartfelt belief in the liberties promised by the U.S. Constitution.

"These Japanese-Americans nobly volunteered to serve the very country who persecuted and imprisoned them and their families," Mullen said, referring to the U.S. policy of placing Japanese-

Americans in internment camps following the bombing of Pearl Harbor. "Yet, these Japanese-Americans who chose to serve felt not only a deep sense of patriotism, but they also felt that they had to prove their patriotism, their loyalty to a then-ungrateful nation."

The chairman said he derives another important lesson from the 442nd from an anecdote about one of the unit's officers. When a Colonel Kim, a Korean-American, was told to transfer out of the unit because of a historical Korean-Japanese friction, he refused the order.

"They are Americans. I am an American. And together, we are going to fight for America," Mullen said, quoting Kim.

"In everything we do, every choice we make," Mullen continued, "we should strive to make our communities and this nation as rich and diverse as possible by living up to the principles upon which the United States of America was founded."

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## Blue Angels Homecoming Air Show, Nov. 13-14

Night show will be Saturday, Nov. 14

For details visit [www.naspensacola.navy.mil/mwr/current/airshow/airshow.htm](http://www.naspensacola.navy.mil/mwr/current/airshow/airshow.htm)

### WORSHIP

#### NAS Pensacola Protestant

- Sunday
  - 8 a.m., Communion Service\*\*
  - 10:15 a.m. Worship Service\*
  - 6 p.m. Contemporary Service\*\*
- Tuesday
  - 9 a.m., Women's Bible Study\*\*\*
- Wednesday
  - 5:30 p.m. Fellowship Dinner
  - 6 p.m. Bible Study\*\*\*

#### Roman Catholic

- Saturday
  - 3:45 p.m. Sacrament of Penance\*\*\*\*
  - 4:30 p.m. Mass\*
- Sunday
  - 8:30 a.m. Mass\*
- Monday and Thursday
  - Noon Mass\*\*\*\*
- Friday
  - 11 a.m. Mass\*\*\*\*

#### Corry Station Protestant

- Sunday
  - 9 a.m. Adult Bible Study (chapel conference room)
  - 9 a.m. Chapel Choir (sanctuary)
  - 10 a.m. Worship Service
  - 11:30 a.m. Fellowship
  - 7:30 p.m. Praise and Worship
- Thursday
  - 5:30 p.m., Bible Study and dinner (fellowship hall)

#### Roman Catholic

- Sunday
  - Noon Mass
- Tuesday
  - 11 a.m. Mass (small chapel)

#### Latter Day Saints

- Sunday
  - 10:30 a.m.\*\*
- Wednesday
  - 7-8:30 p.m., Bible Study (Corry)

\*Naval Aviation Memorial Chapel  
 \*\*All Faiths Chapel  
 \*\*\*J.B. McKamey Center  
 \*\*\*\*Lady of Loreto Chapel



The United States Air Force Band Airmen of Note jazz band will be at the Saenger Theatre, 7:30 p.m., on Nov. 19. Admission is free, but tickets are required and available at Saenger's box office at 595-3880. There are no reserved seats. Ticket holders must be seated 15 minutes before the performance begins. For information, contact Dr. Joseph T. Spaniola at 474-2483 or [jspaniola@uwf.edu](mailto:jspaniola@uwf.edu). Photo courtesy of the U.S. Air Force

## Gallery Night Nov. 20 downtown

By Heather J. Holloway  
 Arts Council of Northwest Florida

The Arts Council of Northwest Florida will present a sneak preview of the new Escambia County Arts and Culture Information Center on the final 2009 Gallery Night, Nov. 20, from 5 p.m. to 9 p.m. in downtown Pensacola.

Located on the corner of Palafox and Government streets, the new Arts and Culture Information Center is located in the old Escambia County Courthouse and has just undergone a \$1.12 million restoration and renovation.

The Arts and Culture Information Center will be a resource center for artists and arts organizations, and it will be a resource center for tourists, economic development and citizens of Escambia County with a broad range of information on cultural activities all year.

Additionally, it will host a variety of exhibits in the center gallery from member organizations to community partners such as the University of West Florida and Pensacola Junior College.

## Operation: Send the Fight now accepting items

Several buildings at Naval Air Station Pensacola have been designated as collection sites for Operation: Send the Fight.

The organization provides support and care packages to Marines in Afghanistan.

Among the items that

are needed are toiletries, snack foods, drink mixes, nutrition bars, magazines, books, batteries and soccer balls.

Collection buildings include MATSG-21, Bldg. 3450; Fleet and Family Support Center, Bldg. 625; Base Command Religious

Office, Bldg. 634; and Portside Enlisted Club, Bldg. 3912.

For information, call 452-9460, ext. 3113, or e-mail [sendthefight@gmail.com](mailto:sendthefight@gmail.com).

The organization is not endorsed by or affiliated by the Department of Defense.

### Two 5K benefits planned at NASP

Two 5Ks are planned at NASP in the next few weeks.

The Turkey Trot 5K will take place at 8 a.m., Nov. 21. People are encouraged to register between 6:30-7:30 a.m. at the track near the parade field.

The event — open to people with military ties — will include a 5K, a Mashed Potato one-mile run and a toddler trot.

The 5K costs \$20, the one mile costs \$10 and the Toddler Trot costs \$5. All proceeds will benefit the NASP Christmas party.

For information or to register in advance, call PS2 Liliana Balcazar at 452-3100, ext. 1121.

The Navy Exchange is sponsoring the 5K Combat Run on Dec 5 at NASP.

Money raised will benefit The Navy Marine Corps Relief Society.

Pre-registration started Oct. 30 and will be every military pay day until the run.

People can register in the food court area of Bldg. 630 from 11:30 a.m.-3 p.m.

There will be prizes for the fastest males and the fastest females. First-place prizes are \$100 NEX gift cards and second-place prizes are \$75 gift cards.

When the runners sign up and give a \$10 donation, they will receive a goodie bag as well as a T-shirt for the event.

The goodie bags have more than \$40 worth of product.

The runners will receive their numbers at check in. People are encouraged to start registering at 7:30 a.m. for the 9 a.m. run.

People with questions should contact or e-mail Amy TerHorst at 458-8884, ext. 3326.

### November Liberty Activities

The Liberty Program events target young, unaccompanied active-duty military. For a monthly calendar of activities at the main Liberty Center in the Portside Entertainment Complex or onboard Corry Station, call 452-2372 or visit their Web site at [www.naspensacola.navy.mil/mwr/singsail/liberty.ht](http://www.naspensacola.navy.mil/mwr/singsail/liberty.ht).

**13-14 Liberty** — Blue Angels Homecoming Air Show.

**15 Liberty** — Free movie premier — "Public Enemy" at NASP, 11 a.m. and 7 p.m.; and "GI Joe" at Corry, 11 a.m. and 7 p.m.

**16 Liberty** — Hitch the Dating Doctor at Portside Club, 7:30 p.m., with shuttle from Corry at 6:30 p.m.

"NAS Live" — The show airs at 6:30 p.m. on Cox Cable's Channel 6 or Mediacom's Channel 38.

**17 Liberty** — Free mall shuttle, leaves 5:30 p.m.

**18 Liberty** — Go Cart outing, \$20 for two hours, unlimited rides and mini golf. Leaves NASP at 5 p.m. and Corry at 5:15 p.m.

**19 Liberty** — 9-Ball Tourney, 7 p.m., \$5 entry, cash prizes.

**20 Liberty** — Free movie premier — "The Ugly Truth" at NASP, 11 a.m. and 7 p.m. and "Public Enemy" at Corry, 11 a.m. and 7 p.m.

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# GOSPORT MOVIES

## Movies and show times for Portside Cinema

**FRIDAY** Whip It (PG13) 5; Surrogates (PG13) 5:15; Couples Retreat (PG13) 7:15; The Stepfather (PG13) 7:30; Jennifer's Body (R) 9:30; Zombieland (R) 9:45

**SATURDAY** Fame (PG) noon; All About Steve (PG13) 12:15; Surrogates (PG13) 2:15; Whip It (PG13) 2:30; The Stepfather (PG13) 4:30; The Invention of Lying (PG13) 5; Zombieland (R) 7; Couples Retreat (PG13) 7:15; Jennifer's Body (R) 9:15; The Informant (R) 9:30

**SUNDAY** Love Happens (PG13) noon; The Invention of Lying (PG13) 12:15; Whip It (PG13) 2:15; Surrogates (PG13) 2:30; Couples Retreat (PG13) 4:30; The Stepfather (PG13) 4:45; Jennifer's Body (R) 7; Zombieland (R) 7:15

**MONDAY** Closed

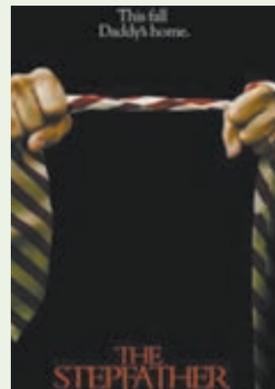
**TUESDAY** Whip It (PG13) 5; Surrogates (PG13) 5:15; Couples Retreat (PG13) 7:15; Zombieland (R) 7:30

**WEDNESDAY** Fame (PG) 5; The Invention of Lying (PG13) 5:15; The Stepfather (PG13) 7:15; Jennifer's Body (R) 7:30

**THURSDAY** Whip It (PG13) 5; Surrogates (PG13) 5:15; Couples Retreat (PG13) 7:15; Zombieland (R) 7:30

**TICKETS** Children ages 6-11 \$1.50, children younger than 6

## New releases playing at the theater



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# 2012

COLUMBIA PICTURES PRESENTS A CENTROPOLIS PRODUCTION "2012" JOHN CUSACK CRISTINA RICCI AMANDA PEET OLIVER PLATT THANDIE NEWTON WITH DANNY GLOVER AND WOODY HARRISON MUSIC BY HARALD KLOSER AND THOMAS WANDER CO-PRODUCERS VOLKER ENGEL MARIO WEIGERT DESIGNER SHAY CONULIFFE EDITOR DAVID BRENNER, A.C.E. PETER S. ELLIOT PRODUCTION DESIGNER DARRY CHOSUD DIRECTOR OF PHOTOGRAPHY DEAN SEMLER EXECUTIVE PRODUCERS ROLANDO EMMERICH UTE EMMERICH MICHAEL WIMMER WRITTEN BY HARALD KLOSER & ROLANDO EMMERICH PRODUCED BY HARALD KLOSER MARK GOODWIN LARRY FRANCO DIRECTED BY ROLANDO EMMERICH

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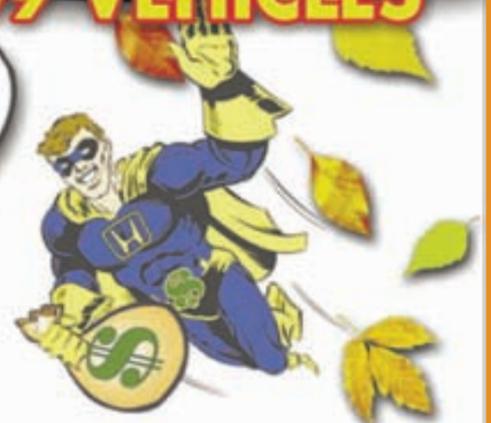




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