

Make A Difference At Mayport

By Sarah Barthelemy
MWR

Naval Station Mayport and MWR will partner up with First Coast News and True Blue Navy Family Benefactors, Inc. on "Make a Difference Day" on Oct. 26 from 8 a.m.-1 p.m. For more than two decades, this national day of community service connects people with opportunities to serve, increas-

es the strength of communities and promotes civic engagement.

At Mayport, the volunteer team will be working on the Lake Wonderwood Renovation Project.

Volunteers will clear brush along the lake as part of the project, which will include a mile-long recreation path around the lake, picnic pavilion

and playground renovations. This project is being funded through monies gifted by True Blue Navy Benefactors, Inc., an all-volunteer nonprofit 501(C)-3 formed in January 2012. Their mission is to enhance the quality of life for local Jacksonville military and their families.

All members of the Mayport community, ages 16 and up, are invited to volunteer for this

event. First Coast News will be on-site filming segments for "Good Morning Jacksonville" and their evening news broadcast.

To volunteer for Make a Difference Day or for more information, call (904) 270-5228 or email MWRMayport@navy.mil.

Following the event, MWR will be hosting a Festival

Celebration (formerly Fall Fest) at the Lake Wonderwood Field from 1-5 p.m.

This event will feature, games, rides, bouncy houses, free food provided by Sea Breeze Food Service, arts and crafts vendors, a haunted house, a pumpkin patch for photo opportunities, carnival food for purchase, and more.

Smith Takes Helm Of Phil Sea



-Photo by ET1 Marty Parsons
 Capt. Steve Shinego, left, shakes hands with Capt. Wesley Smith after he is relieved of command during a change of command ceremony on the ship on Oct. 4. Also pictured is guest speaker Rear Adm. Sinclair Harris, Commander, USNAVSO/4th Fleet.

By SHSN Matthew Muhl
USS Philippine Sea Public Affairs

USS Philippine Sea (CG 58) held a change of command ceremony on its flight deck before Officers, crew and guests on Oct. 4. Capt. Steve Shinego was relieved by Capt. Wesley Smith as the guided missile cruiser's newest commanding officer. Ceremony was presided by Rear Adm. Sinclair Harris, Commander, Fourth Fleet.

"Whenever RADM Dave Thomas, Commander, Naval Surface Forces (Ret.), is asked which ship is the finest in the fleet," Harris addressed at the ceremony, "He emphatically says, 'USS Philippine Sea.'"

Florida-native Shinego began his naval career aboard the very same vessel 25 years ago as a newly-appointed Ensign as part of the pre-commissioning crew, serving as Auxiliaries Officer, First Lieutenant and Missile Officer.

He assumed command of Philippine Sea in October 2011 midway through its six-month deployment. He subsequently led the cruiser into successful completions in all facets of its multi-lateral training cycles, or what the captain often refers to as "team wins."

"The goal of this ship was to be a team, build a gameplan, and get wins," Shinego said before being relieved. "And we did that."

Smith, whose previous tour was as CO of USS The Sullivans (DDG-68), assumed command of Philippine Sea, affirming that it is "a great opportunity to serve on a great ship," and is looking forward to the cruiser's continued success.

Among the myriad of achievements throughout the past two years aboard USS Philippine Sea include successful inspections such as

See Phil Sea, Page 7



-Photo by MC2 Adam Henderson
 Outgoing Commodore Ace Van Wagoner thanks DESRON 40 for their hard work during his tenure at the command. Van Wagoner was relieved by Capt. Sam Hancock, third from left, at a change of command ceremony on Oct. 10. Also pictured is guest speaker Rear Adm. Sinclair Harris, Commander, USNAVSO/4th Fleet, left, and Chaplain (Cmdr) Steve Souder.

COMDESRON 40 Holds Change of Command

From Staff

Capt. Sam Hancock relieved Capt. Ace Van Wagoner as commodore of COMDESRON 40 during a change of command on Oct. 10 at Ocean Breeze Conference Center. Rear Adm. Sinclair Harris, Commander, USNAVSO/4th Fleet was guest speaker at the event.

Hancock, originally from Pensacola, Florida, is a graduate of Auburn University and was commissioned in 1990 via the NROTC program.

In his sea duty assignments, Captain Hancock has seen world-wide deployments to every U.S. Fleet area of responsibility. These assignments include Division Officer tours on USS Harold E. Holt (FF 1074), USS Worden (CG 18), and as Plank owner

of USS Mitscher (DDG 57). His Department Head tours were on USS Boone (FFG 28) and Destroyer Squadron 24 (COMDESRON 24). He served as Executive Officer of USS Carney (DDG 64) and Commanded USS John Paul Jones (DDG 53).

His shore assignments include Aegis Ballistic Missile Defense (BMD) Action Officer for the Director of Surface Warfare OPNAV (N76), Surface Warfare liaison for Task Force Total Force developing the Navy Human Capital Strategy, Executive Assistant for the Navy Chief of Legislative Affairs, and most recently as Chief of Staff for the Aegis BMD Program Office in the Missile Defense Agency.

Hancock earned a Master of Science degree in Systems Management from the Naval Postgraduate School and a Master of Science degree in National Security Strategy from the National War College.

Van Wagoner graduated from the University of Utah with a Bachelor of Science in Applied Mathematics and received a regular commission via NROTC in March 1986. He was designated a Surface Warfare Officer and attended Navy Nuclear Power training in Orlando, Florida.

Captain Van Wagoner's sea duty assignments include USS Texas (CGN 39); USS Merrill (DD 976); USS California

See DESRON 40, Page 10

Medina New CO Of PC Shamal

From Staff

Lt. Gillian Medina became commanding officer of USS Shamal (PC 13) permanent crew during a pierside ceremony held Oct. 11 at Naval Station Mayport. Medina relieved Lt. Cmdr. Frank Azzarello during the ceremony.

Medina began her career by enlisting in the United States Navy in 1991 under the Delayed Entry Program and graduated from Recruit Training Command Orlando in 1992. She was selected for the Seaman to Admiral Program and received a Bachelor of Arts in Political Science from the University of San Diego in May 2003.

Her operational tours include Assistant Damage Control Assistant in USS Bonhomme Richard (LHD 6), Navigator in USS



-Photo by Paige Gnann
 Lt. Gillian Medina speaks after taking command of USS Shamal from Lt. Cmdr. Frank Azzarello, third from left, during a change of command ceremony Sept. 11. Also pictured is Chaplain (Cmdr) Steve Souder and guest speaker Squadron 14 Commodore Ryan Tillotson.

See Shamal, Page 10

NS Mayport Says Fair Winds To Former CO

Submitted

Navy Fighter Pilot, Captain Paul A. "Andy" Anderson flew his "final check ride west" when his soul and spirit departed the earthly pattern at 1343, Oct. 5, 2013.

Born in Park River, North Dakota on Sept. 2, 1922 to Norwegian immigrants, Paul was one of five siblings.

His aspiration to be an aviator started early in life. In the 1930s, when Paul was a boy, his grand-



Capt. Paul Anderson
 father acquired the wreck of a crashed airplane

See Anderson, Page 7

Give Blood, Save Lives

Naval Station Mayport will host its quarterly blood drive on Oct. 22 from 9 a.m.-2 p.m. at Building 1 training room. Walk-ins welcome. To schedule an appointment, visit redcrossblood.org or call 1-800-Red Cross.

Evening In Pink

Naval Branch Health Clinic Mayport will host a Breast Cancer Awareness Symposium and Health Fair 2013 on Oct. 25 from 4-6 p.m. There will be refreshments, presentations, information booths, games and door prizes.

Hispanic Heritage Celebration

Page 4-5

Check us out Online!

mayportmirror.com

What The U.S. Navy Taught Me

Editor's Note: Retired Capt. Bill Kennedy was asked to speak recently at NS Mayport Command Quarters in remembrance of the 238th birthday of the U.S. Navy. His speech was inspiring and I asked if I could republish it in The Mirror. He very kindly agreed to let me do so only if I would also mention several of the ideas he incorporated in the speech come from Vietnam POW Lee Ellis' book, "Leading With Honor." The following is that speech in its entirety.

I became a part of the Navy family in 1963 as a college student between semesters when my draft notice arrived. I was a city boy and did not want to go into the Army. My father sent me to NAS Willow Grove just outside the city of Philadelphia.

I was commissioned an ensign in December 1965, and earned my wings of Gold in July 1967. I flew off carriers for 20 years and drove ships for 10 years. I retired on Sept. 30, 1994. I have been the director of the Navy-Marine Corps Relief Society here in Mayport going on 14 years.



-Photo by Paige Gnann
NS Mayport Command Master Chief, CMDCM Bob White joins junior Sailors Master-at-Arms Seaman Apprentice Nathan Rollins and Seaman Abena Acheampong and NMCRS Director and retired Capt. Bill Kennedy cutting a cake celebrating the 238th birthday of the U.S. Navy on Oct. 10 at the Base Chapel.

As the so-called "Old Guy" here today, celebrating the Navy birthday has very important meaning. It brings to mind how much I have learned over the many, many years that I served on active duty. The Navy taught me how to do the right things ... accept responsibility, fulfill my duty, tell the truth and remain faithful to my word.

It is the most important

thing you do, but it is also the thing that brings you long-term success.

To be a good Sailor, the Navy expected me to "know myself" - who am I in terms of purpose, passion and personality. A sense of purpose, fueled by passion is essential for true success. Clarity of purpose sharpens focus, lifts confidence and promotes fulfillment. A Sailor must "guard

his or her character." Character is the foundation for trust and trust is the most essential ingredient for leadership influence. People don't follow those they cannot trust. Guard your character, protect your honor and stay on course.

The Navy taught me to "stay positive." Believe me when I say having a positive attitude proved to be a great asset, and

it is one of the best ways to influence others. Keep your chin up, because when it goes down, you do too and many others will follow right behind. I learned how to manage my emotions as if they were contagious, because they are. We all, at one time or another, have observed situations where negative emotions affected others. I knew early on that negative attitudes and emotions contribute to an unproductive unit, ship or squadron.

"Confront your doubts and fears." In the military service, you learn early on that courage is an act of will. You choose to do what you know is right. You gain confidence and trust in yourself. You develop values and willingly engage demanding issues with strength and humility, despite fears.

I recently saw four words depicting an elementary school's core values when I was asked to pick up my granddaughter from school a few weeks ago. The school's motto captured what I thought being in the Navy, or that matter any of our services, is all

about. Tradition; Character; Excellence; Service

When I read those words sitting in the child pick up line I was not only impressed, but it made me think of the "Sailor's Creed." I certainly could not recall the exact words since it had been many, many years ago that I was expected to memorize it. But I did look it up.

The Sailor's Creed
I am a United States Sailor.

I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me.

I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world.

I proudly serve my country's Navy combat team with Honor, Courage and Commitment.

I am committed to excellence and the fair treatment of all.

Happy 238th Birthday Shipmates. Congratulations!

What To Do When Your Child Is Being Bullied



Judy Cromartie
School Liaison Officer

When children are involved in bullying, it is important for parents to be willing to take action.

Children often do not tell their parents that they are being bullied because they are embarrassed or frightened.

Knowing THE ROPES

Bullying is about power. One psychologist is quoted as saying, "It's all about big on little, many on few, smart on less smart, older on younger." At some point you may have been the smaller one, the younger one, or had your interests and feelings unfairly damaged by someone more powerful than you.

If you suspect your child is being bullied or your child brings it up, consider these steps:

Talk with your child. Focus on your child.

Express your concern and make it clear that you want to help.

Empathize with your child. Say bullying is wrong, that it is not their fault, and that you are glad they had the courage to tell you about it.

Work together to find solutions. Ask your child what they think can be done to help. Reassure them that the situation can be handled privately. **Document ongoing bullying.** Work with your child to keep a record of all bullying incidents. If it

involves cyber bullying, keep a record of all messages or postings.

Help your child develop strategies and skills for handling bullying. Provide suggestions for ways to respond to bullying, and help your child gain confidence by rehearsing their responses. If you need help with suggestions, check with your child's school counselor.

Be persistent. Bullying may not be resolved overnight.

Stay vigilant to other possible problems that your child may be having. Some of the warning signs may be signs of other serious problems.

Share your concerns with a counselor at your child's school.

Bullying IS NOT a normal rite of passage. It can have serious consequences. You can help your child learn how to prevent bullying. These tips can help bully proof your child:

Help your child understand bullying. Explain what bullying is. It is more than physical; it can be done in person or over the phone or computer.

Keep open lines of communication with your child. Check in with your child and listen to any concerns about friends and other students.

Encourage your child to pursue their interests. Doing what they love may help your child be more confident among their peers and make friends with other kids with similar interests.

Teach your child to take a stand against bullying. Give guidance about how to stand up to those who bully if it is safe to do so. Again, engage the help of the school counselor to assist in counseling your child.

Talk to your child about seeking help from a trusted adult when feeling threatened by a bully. Talk about whom

See School, Page 3

Take Time To Remember What Is Important



Chap Darin Dunham
CHSMWL Chaplain

The Honor Guard transitions from port arms. A command is bellowed out thrice, three successive volleys ring out, loud, jarring. All jump in their seat, and the widow begins to cry. Taps rings out across the immaculately groomed grass and headstones. Carefully and with dignity, two Sailors slowly lift the Stars and Stripes off the casket and begin to methodically fold it. The flag is presented on behalf of a grateful nation, a slow salute, a final prayer. This is a scene that has played out many times in my career as a Navy Chaplain and still hits me powerfully every time. It is not the most joyous duty, laying to rest shipmates, yet it remains one of the most meaningful aspects of this career I have chosen and that has chosen me. It is an honor. My deep fear is to fail in lending dignity to that moment.

CHAPLAIN'S CORNER

I have buried at sea and on land and as I watch grieving loved ones bid farewell, I am always struck with the notion that in their lives at that moment, the moment of interment, time seems to stop.

In sadness, pain and loss, families have expressed how surreal they feel. A moment ago they were so busy, rushing here and rushing there. Then suddenly... the dreaded phone call, the bad news, the funeral, the burial. Now they can't remember what was so terribly important before. What was it they were so busy doing? What would they give for five more minutes with their loved one? What would they say? Tick, tock, tick, tock...

We spend so much of our life waiting. We wait in lines. We wait at the store. We wait at the bank. In our life, we wait on major events. We wait to graduate from school. We wait till we marry. We wait till we have kids. We wait to begin careers. We wait to retire. But we buy into an illusion, don't we? We think we will always have time. Our seconds become minutes; our min-

utes become hours; our hours become days; our days become weeks; our weeks become months; our months become years. From seconds to years, and one day life suddenly pauses, perhaps at a funeral. And we say, "Where did the years go?" Tick, tock, tick, tock...

There is a certain precious gift that is offered at burials. There is a moment, perhaps "the" moment, where those who are inclined to, can reflect on their own life. For one honest moment, sometimes a harsh moment, one can reflect on whether or not the things they are pursuing with all vigor and might are worth it. I mean really worth it in light of the brevity of life. What is really impor-

tant? For a brief moment before we are thrust back into the rat race and the chaos of life... time stops, or seems to. And in that moment is the gift - a chance for a rudder adjustment, a new course alignment, a compass calibration. It is not uncommon to see people leave with new resolve, with humility, with determination to utilize the time they do have well. To forgive, to love, to live bet-

ter than before. They hear the cadence of their life beating time. Tick, tock, tick, tock... What matters in this life? A chaplain will always say Faith first; then the rest of life has a way of falling into its proper place. But family should next and I want to address my shipmates who have unresolved issues with family and friends.

See Chaplain, Page 3



Command Chaplain
Lt. Cmdr.
Jerome Cayangyang

Roman Catholic Mass
Sunday 9 a.m.
Monday-Thursday
11:30 a.m.
Holy Day of Obligation
(call chapel for schedule)
Confessions: before & after mass
or upon request
CD, RCIA & Adult Ed:
Sunday 10:30 a.m.
Baptisms
3rd Sunday of month 10:30 a.m.
Catholic Youth Group
2nd & 4th Sunday 11:30 a.m.-1 p.m.

Protestant Worship
Sunday 10:30 a.m.
Sunday school 9:15 a.m.
Choir: Wednesday 7 p.m.
Baptism: For information,
contact your chaplain
Women's Bible Study
Wednesday 9:30 a.m.
Protestant Youth Group
1st Friday Youth Quak Trip
6:30 p.m.
2nd & 4th Friday at Chapel
5-8:30 p.m.
PWOC
2nd Saturday 9:30 a.m.
PMOC
3rd Saturday Prayer Breakfast
9 a.m.
MOPS
1st & 3rd Thursday, 9:30 a.m.

For more information,
call 270-5212.



Naval Station Mayport

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Cmdr. Patrick Pickard..... Executive Officer
CMDCM Robert L. White..... Command Master Chief

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SECNAV, CNO, MCPON Wish Fleet Happy 238th

BY U.S. NAVY

Secretary of the Navy Ray Mabus, Chief of Naval Operations Jonathan Greenert and Master Chief Petty Officer of the Navy Mike Stevens joined forces in a video birthday message to the fleet.

"This year on October 13th the United States Navy marks its 238th birthday," said Mabus. "Since our beginning in 1775, our Navy has defended America with pride - a tradition that continues today. As Secretary of the Navy I have the honor and privilege of working with the finest men and women our country has to offer. This was the case 238 years ago and remains as true today as it was at our Navy's inception. On any given day our Sailors are deployed around the world providing a constant presence, defending the American peo-



-Photo by MCC Peter D. Lawlor

From left, retired Navy SEAL Lt. Jason Redman, country music singer Mark Wills, Chief of Naval Operations (CNO) Adm. Jonathan Greenert, the two youngest Sailors in attendance and Master Chief Petty Officer of the Navy Mike Stevens cut a birthday cake together at the U.S. Navy Birthday Ball in Washington, D.C. The ball was in celebration of Navy's 238th birthday Oct. 13, 2013.

ple and our nation's interests. We are and will continue to be America's away team, the finest expeditionary fighting force the world has ever known. So today as we reflect on our heri-

tage, I want to thank all of you for what you do in the service to our Navy and for our country. Happy birthday, Navy! Semper Fortis!

For their portion of the mes-

sage, Greenert and Stevens met at the Washington Navy Yard's Navy Museum in front of a display commemorating the battle of Lake Erie, which according to Greenert, was "perhaps the most dramatic and important battle in the War of 1812. It was at this battle that our Sailors really showed their mettle, really showed their tenacity, and, in fact, were the asymmetric advantage for our forces. Today, the all-volunteer force - you - are our asymmetric advantage. So think about that as we celebrate our 238th birthday."

"For 238 years our Navy has overcome enormous challenges and faced adversity," said Stevens. "We've risen with those challenges and built a reputation as the strongest naval force the world has ever seen. We work daily among a rich land-

scape of ships, bases and waterways. But it's not the environment that keeps our Navy moving forward, it's our people! This is our heritage!"

"So let's remember the importance, as we look ahead, of our tenets of today: warfighting is first, we operate forward, and we will be ready," said Greenert. "We will use the genius of our diverse force - our all-volunteer force - and we will be where it matters when it matters, because that's what you and I are about: our great Navy of today!"

"Thank you for your service shipmates! I'm proud to serve with you!" concluded Stevens. "And thanks to our Navy families. None of us could do what we do without your love and support!"

Boo Bags And The Future Of Humanity



Lisa Smith Molinari
Military Spouse
Columnist

Perhaps it's the fault of the Me Generation. Perhaps responsibility lies with our culture of excess. Perhaps Emeril is to blame for teaching us all to "BAM! Kick it up a notch."

Whatever the cause, modern American society has an insatiable desire for more, More, MORE; and nowhere is that more evident than during holidays like Halloween.

Back in the '70s, when I was a kid - yes, you should brace yourself for an "up hill to school both ways" rant - our parents were too busy sipping vodka gimlets and tapping their Tareyton 100s into pedestal ashtrays while watch-

The Meat&Potatoes OF LIFE

ing Laugh In from the comfort of their gabardine slacks. They didn't have time to spend countless hours and dollars to provide my brother and me, much less the rest of the kids in the neighborhood, with a better-than-ever Halloween.

But we weren't complaining.

We were beyond excited to carve one pumpkin for the whole family, using seriously sharp knives, because cutesy little kid-safe pumpkin carving kits hadn't been invented yet. We were ecstatic about dressing up in our \$4.99 Woolworth's highly flammable nylon tie in the back Casper the Friendly Ghost costume with the brittle plastic facemask secured with the hair tangling elastic band. We were beside ourselves with anticipation about the fact that ABC was airing "It's the Great Pumpkin, Charlie Brown" one night during prime

time on our console TV. We were over the moon about going door to door with our pillow cases, gladly accepting whatever we were given, because it was free - popcorn balls, apples, coins, and candy.

Sure, we secretly hoped some neighbor would be giving out humongous candy bars, but for the most part, we appreciated getting anything at all, and did not expect our parents to up the ante every year.

Then why is it that, nowadays, kids' baseline expectations for Halloween include corn mazes, pet parades, school parties, hay rides, pumpkin carving contests requiring a graduate degree in fine arts, yard decorating contests requiring professional special effects and 23 hired extras, week-long horror movie marathons, venti no-whip pumpkin spice lattes, mountains of brand-name

only candy in tamper-proof packaging, intricate costumes that cost at least \$49.95, little kid non-scary haunted houses, regular kid kind-scary haunted houses, and big kid Horrifiably Haunting Mega Mansions of Traumatizing Terror (post-traumatic stress therapy not included)?

And now, as if all that wasn't enough, someone had the bright idea to add something called "Boo Bags" to the list of annual Halloween must haves. Just when you think your wallet and energy have been sucked out like pumpkin guts, a well-intentioned neighbor goes and drops a Halloween themed bag of thoughtfully assembled items on your doorstep with a little note instructing you to do the same for another neighbor.

Sure, votive candles and candy corn are great and all, but is all this really necessary? Isn't Halloween fun enough already? And how much of this stuff will be re-gifted anyway?

Now that my point has been made, I must confess, after initially grumbling at my neighbor's suggestion that we give Boo Bags on our street this year, I quite enjoyed picking out little gifts and goodies for another military family here on base. My kids were happy to go on a night-time reconnaissance mission to secretly deliver the bag to our neighbor's porch, and I've been downright cocky knowing that, upon finding my masterpiece, they must've commented, "Whoever put this fabulous Boo Bag together is a creative genius!"

Despite feeling tricked into the excesses of Halloween, I must admit, giving a neighbor a Boo Bag can be quite a treat.

Get more wit and observations from Lisa at her blog, The Meat and Potatoes of Life, www.themeatandpotatoesoflife.com

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School

they should go to for help and role-play what they should say. Assure your child that they should not be afraid to tell an adult when someone they know is being bullied.

Know what is going on in your child's school. Visit the school website, subscribe to the student paper-if there is bullying going on at the school, contact the school to find out what is being done.

If you recognize these symptoms in your child, trying talking to him about what is happening at school. If your child will not share the problem with you, call your child's school counselor and ask if he/she will talk to your child about your concerns. Sometimes children will open up to a trusted adult before they will share with a parent. It is vital that you work with the teacher or school officials to find a solution.

But just as important as **What to Do** is **What Not to Do**. Also share these **Not to Do** tips with your child:

Never tell your child to ignore the bullying. What the child may "hear"

Chaplain

There are no perfect families in this world. There are no perfect relationships. We are hurt and we hurt back and divides emerge and widen over time. We are let down, we let down,

is that you are going to ignore it. Be supportive and gather information about the bullying. Often, trying to ignore bullying allows it to become more serious.

Do not blame your child for being bullied. Do not assume that your child did something to provoke the bullying.

Do not encourage your child to harm the person who is bullying them. It could get your child hurt, suspended, or expelled.

Do not contact the parents of the students who bullied your child. It may make matters worse. School officials should contact the parents of the children involved.

Do not demand or expect a solution on the spot. Indicate you would like to follow up to determine the best course of action. Also, be aware that the law limits the ability of school personnel from revealing disciplinary actions taken against other students. Just because they cannot tell you if or how another student was disciplined, does not mean action was not taken.

we are disappointed, we disappoint. Sometimes we don't even know how our fractured relationships got to the state there in. Here is a lesson from a funeral. Don't wait any

From Page 2

The Duval County School Board has adopted an anti-bullying policy to address bullying in the district.

If your child tells you he has been bullied, the incident should be reported to the school principal or another trusted adult. This report can be done anonymously on paper at www.duvalschools.org or by phone at (904) 390-CALL.

An investigation will be conducted by the school principal or his/her designee. Consequences will be in accordance with the **Student Code of Conduct**. If necessary, individuals involved will be referred for appropriate services.

Judy Cromartie is the School Liaison Officer for NS Mayport.

If you have questions about this article or concerns about an educational issue impacting your child, she can be reached via email at Judith.cromartie@navy.mil or by phone at (904) 270-6289 X1305 [office] or (904) 993-5860 [cell]. Or you can schedule a meeting with her in her office in Building One.

longer. You have done enough waiting in your life. Reach out, say sorry and forgive. Do so without "mental reservation or purpose of evasion". Life is short, live well. Tick, tock, tick, tock...

From Page 2



Military Families and Veterans: Get career-specific college training for in-demand jobs.

For three decades, Virginia College has helped thousands of graduates become successful in their careers—in medical, business, culinary arts and other fields.

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-Photo by Paige Gnann
Adam Robertson and Rosie George of A Social Affair studio demonstrate a latin dance for attendees at the annual Hispanic Heritage Month Celebration held Oct. 10 at Beachside Community Center. The celebration included dancing, a poem reading, and food.

Mayport Celebrates Hispanic Heritage Month



-Photos by Paige Gnann

Above, Retired Chief Yeoman Alvin Lozada recites a poem about a young man who speaks English and Spanish interchangeably. Right, Lozada plays the drums for attendees during the base Hispanic Heritage Month celebration on Oct. 10.



-Photo by MC2 Adam Henderson
U.S. 4th Fleet Command Master Chief David Tellez gives the closing remarks during the Naval Station Mayport Hispanic Heritage Month celebration event on Oct. 10.



-Photo by MC2 Adam Henderson
Commander U.S. 4th Fleet Rear Adm. Sinclair M. Harris speaks to Sailors and attendees about the importance of Hispanic Heritage during the Naval Station Mayport celebration event on Oct. 10.

By MC2(SW/AW)
Adam Henderson

COMUSNAVS0/4thFlt Public Affairs

Sailors from around Naval Station Mayport attended a Hispanic Heritage celebration on Oct. 11 at Beachside Community Center.

The ceremony was held to celebrate the rich heritage and cultural diversity that Hispanic Americans have contributed to the country and to the Navy. Hispanic Heritage month runs from Sep. 15 to Oct. 15.

The observation started in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was expanded by President Ronald Reagan in 1988 to cover a 30-day period starting on September 15 and ending on October 15.

"My overall take on Hispanic Heritage month is great. Growing up I didn't get to interact too much with Hispanics, but since I joined the Navy I have grown to love many facets of the culture," said Operations Specialist 1st class Sheena Sheared.

The heritage week was enacted into law on Aug. 17, 1988, with the approval of Public Law 100-402.

"Hispanic Heritage month is a great opportunity for everyone in the Navy to acknowledge the many contributions that Hispanics have made throughout our Naval History," said CMDCM David Tellez, U.S. 4th Fleet Command Master Chief.

Hispanic Americans make up a substantial portion of Sailors in the Navy.

Today, there are more than 58,000 Hispanic active duty and Reserve Sailors and officers, and nearly 15,000 Hispanics serve within the Navy Total Force, along with four Hispanic flag officers and 172 Hispanic master chiefs

"I think diversity in the Navy brings ideas, new plans, new strategies to make the Navy better," Tellez added.



-Photo by Paige Gnann
Paula and Mateo Aldas perform during the Hispanic Heritage Month Celebration at Beachside Community Center.



-Photo by Paige Gnann
Dance instructors pull audience members out to learn a few latin dance moves during the celebration.



-Photo by MC2 Adam Henderson
Sailor's stationed aboard Naval Station Mayport learn a few latin moves during the base Hispanic Heritage Month celebration event on Oct. 10.



-Photo by Paige Gnann
Attendees enjoy learning step moves during a dance demonstration at the heritage celebration.



-Photo by Paige Gnann
The floor is crowded with beginner and experienced latin dancers during a dancing demonstration at the celebration.



Cmdr. Brian Morrill from COMFOURTHFLT speaks about his Venezuelan upbringing during the Hispanic Heritage Month celebration.

4th Fleet Celebrates Navy's 238th Birthday

By MC2(SW/AW)
Adam Henderson
U.S. 4th Fleet Public Affairs

U.S. 4th Fleet held an all hands call and cake cutting ceremony Oct. 9 to celebrate the Navy's 238th birthday at the fleet's headquarters at Naval Station Mayport.

"As we celebrate our Navy's 238th birthday, our history and heritage forms our identity, telling us who we are and what we stand for," U.S. Naval Forces Southern Command/U.S. 4th Fleet Command Master Chief David Tellez said.

Tellez was the guest of honor at today's celebration.

"Our core values of honor, courage, commitment have been passed down from our founders, who charged the Navy with the solemn duty to serve as the shield of our republic," he said.

The Navy's cake cutting practice calls for the eldest and youngest Sailors cut the cake together with a Navy sword or cutlass.

"Being a part of the great Navy tradition, the cake cutting ceremony for the Navy's 238th birthday made me feel very honored today during this



-Photo by MC2 Adam Henderson
Commander, U.S. 4th Fleet Rear Adm. Sinclair M. Harris left, cuts the 4th Fleet Navy's Birthday cake with Operations Specialist 2nd Class Ronald Fogel, Operations Specialist Seaman Matthew Thomas, and Command Master Chief David Tellez during a birthday celebration for the Navy's 238th birthday on Oct. 9 at Naval Station Mayport.

momentous occasion," Operations Specialist Seaman Matthew Thomas, youngest Sailor

at U.S. 4th Fleet said. Vice Chief of Naval Operations, Adm. Mark Ferguson., said, "It is

important to come together to celebrate our heritage - perhaps even more so during these dif-

ficult times."

"This has been a year of challenges for our Navy as our nation has worked through many challenges at home and abroad. We continue to mourn our fallen shipmates at the Washington Navy Yard and think about all the Sailors deployed forward. Through it all, we remain resilient and we press on," Commander, U.S. Naval Forces Southern Command/U.S. 4th Fleet, Rear Adm. Sinclair M. Harris said.

The U.S. Navy traces its roots to the Continental Navy, which the Continental Congress established on 13 October 1775, by attaining, fitting, manning, and dispatching two armed ships in search of enemy ammunition ships.

"Just this year 4th Fleet celebrated our 5th anniversary since the fleet was reestablished July 12, 2008," Commander, U.S. Naval Forces Southern Command/U.S. 4th Fleet Rear Adm. Sinclair M. Harris said.

U.S. 4th Fleet was first established in 1943 as one of the original numbered fleets during World War II and was disestablished after the war.

Foreign ministers of countries of the Western Hemisphere agreed to establish a neutrality zone in around the Atlantic and Pacific coasts of North and South America to be enforced by the U. S. Navy, specifically U.S. 4th Fleet headquartered in Recife, Brazil.

"Today, it is not only the U.S. Navy...it is all of our partner nation navies that are keeping the Americas free and prosperous, a realization of our global maritime partnership," Harris said.

U.S. 4th Fleet supports a combined full-spectrum military operations by providing principally sea-based, forward presence to ensure freedom of maneuver in the maritime domain, to foster and sustain cooperative relationships with international partners and to fully exploit the sea as maneuver space in order to enhance regional security and promote peace, stability, and prosperity in the Caribbean, Central and South American regions.



-Photo by MC2 Adam Henderson
Chief Petty Officers at U.S. 4th Fleet lead the command in singing Anchors Away during a birthday ceremony held on Oct. 9 for the Navy's 238th birthday at the Fleet headquarters at Naval Station Mayport.



-Photo by MC2 Adam Henderson
U.S. 4th Fleet Command Master Chief David Tellez gives remarks during the ceremony held to celebrate the Navy's 238th Birthday on Oct. 9.

Raising Awareness About Drug Alcohol Prevention

By MC2 (SW/AW)
Adam Henderson
COMUSNAVSO/C4F Public Affairs

U.S. 4th Fleet's Drug and Alcohol Programs Advisor (DAPA) hosted an educational event Oct. 3 to educate Sailors about the Navy's 'Keep what you've earned' campaign focused on encouraging responsible drinking by celebrating achievements made during Navy careers.

As part of the program, Sailors are reminded of their accomplishments—and how much they have to lose if they make poor choices regarding alcohol.

Education programs like this are working. According to the Naval Alcohol and Drug Prevention Office, alcohol-related incidents have decreased by 51 percent across the Navy since last year.

"Although the number of incidents are on the decrease, alcohol and drug abuse remain at the forefront of our concern. Irresponsible drinking not only threatens the health and careers of our personnel, it threatens the Navy's ability to be mission-ready," said Rear Adm. Sinclair M. Harris, Commander, U.S. 4th Fleet.

Alcohol and drug abuse prevention can begin with the DAPA.

"Throughout the course of my career, I have noticed a social stigma that Sailors seeking help from the DAPA representative are thought to have an alcohol or drug-related problem and will be systematically separated from the Navy," U.S. 4th Fleet's Command DAPA, Chief Culinary Specialist Dwight Fennell said.

"A DAPA representative is not



-Photo by MC2 Adam Henderson
U.S. 4th Fleet's Drug and Alcohol Programs Advisor (DAPA) put out educational material and pizzas for a DAPA event Oct. 3 to educate Sailors about the Navy's 'Keep what you've earned' campaign focused on encouraging responsible drinking by celebrating achievements made during Navy careers.

a person that will end a career, but is the person that can help save a career," Fennell said.

Fennell oversaw the event at 4th Fleet headquarters, which was organized by Yeoman 1st Class Robert Lowder and Fire Controlman 1st Class Harry Hall.

"It's a great time to give back to the Sailors at 4th Fleet by providing them information on how to make smarter decisions

while drinking," Lowder said.

Only one-third of 17 to 24 year olds in the United States are even eligible for Navy service, and even fewer are capable of enduring the challenges of being a Sailor.

From boot camp to advancement exams, job training and deployments, Sailors have excelled through hard work, sacrifice and dedication.

"We encourage Sailors to drink responsibly and if they choose to drink, to know their limits and don't lose control," Lowder said. "We want Sailors to advance in rank and safeguard what they have worked so hard to earn."

COMUSNAVSO/C4F supports USSOUTHCOM joint and combined full-spectrum military operations by providing

principally sea-based, forward presence to ensure freedom of maneuver in the maritime domain, to foster and sustain cooperative relationships with international partners and to fully exploit the sea as maneuver space in order to enhance regional security and promote peace, stability, and prosperity in the Caribbean, Central and South American regions.

ATG's Man of Iron Honors Wounded Warriors

By Lt. Samuel Lopez, Jr.
ATG Mayport

As PFA season begins what a better way to start the season than by sharing the story of ATG Mayport's own Command Fitness Leader, Chief Operations Specialist Scott "Duke" (SW/EXW) Fulton from Corpus Christi, Tx. His story is 7 years in the making and ends with a triumphant finish in the Ironman 70.3 Augusta Triathlon while supporting a special cause.

The 70.3 Ironman begins with a 1.2 mile swim through the Savannah River. As the athlete exits the cool waters, they enter the transition area to prepare for a 56-mile bike ride throughout Georgia and into the countryside of South Carolina. The hilly terrain spreads out the field and is a true test of stamina. As they make their way back to the transition area, they disembark their bike and rush to prepare for their final event - a 13.1 mile run throughout downtown Augusta. Lined with



-Courtesy of ATG Mayport
Chief Operations Specialist (SW/EXW) Fulton completes the Ironman 70.3 Augusta supporting The Scott Rigsby Foundation for Wounded Warriors.

spectators, the athlete is cheered from start to finish as they conclude a long day with a strong push to the finish line.

OSC Fulton representing the Navy with his Chief's Pride shirt not

only participated, but was competitive in all three events: Swim 30min, Bike 2hr:40, Run 1hr:54, Overall 5hr:14min.

Just as special was the cause he supported, "I registered through The

IRONMAN Foundation to raise funds and support returning warriors through The Scott Rigsby Foundation, the exclusive charity partner of IRONMAN 70.3 Augusta. Funds raised

will help military families and its partners in the Georgia Warrior Alliance, focusing on Health and Wellness, Education and Employment Assistance"

The Scott Rigsby Foundation is a non-profit 501-(c)3 organization dedicated to inspire, inform and enable individuals with loss of limb or mobility, to live a healthy, active lifestyle. The foundation's primary goal is to promote the health and wellness of individuals with physical challenges by improving access to Prosthetic and Orthotic resources, while supporting programs that advance prosthetic technology and empower individual lifestyle change. For more information, visit www.scottrigsbyfoundation.org.

"When I race and feel the pain, I think about those warriors who have lost a limb, persevered and are competing just as I am. It is then that I realize that these bodies that carry us are pathetic compared to what is inside us," Fulton adds.

OSC Fulton has had a positive impact to ATG

Mayport's overall fitness level. Leading Command PT every Wednesday he keeps changing the routine and incorporates CrossFit training in order to elevate the heart rate and give everyone in the command - no matter the fitness level - an excellent workout. He had a significant role in helping one of ATG's own being recognized as NS Mayport's Athlete in the Spot light for September.

"Consistency in physical fitness and nutrition is key, without it we are destined to return to unhealthy habits which ultimately lead to disappointment in our own self-image. When I talk to service members about their health and fitness goals, I say come up with a realistic physical fitness milestone that is conducive to healthy living, like running a 5K, or doing a pull up, instead of trying to lose x-amount of pounds. In doing this, the byproduct of achieving your fitness goal is inevitably weight loss and a much more positive number than what we perceive our weight should be."

Anderson

flown by the famous bush pilot and Antarctic explorer, Carl Ben Eielson. The plane was stored in his grandfather's machine shop where Paul would come and sit in it to dream of flight adventure. Eielson, a Hatton, North Dakota man, was legendary for aviation exploits and strong "inspirational soup" for the young Paul. As a consequence, a Naval Aviation career became the goal of his life. He got his Naval commission and received his Navy "Wings of Gold" at NAS Corpus Christie in July 1944.

In the years following, Paul became not only a great fighter pilot, but also an accomplished Naval Officer and courageous leader during some of the most turbulent and challenging times in our country and abroad. He lived up to the challenge of those times, graduating from Marquette University, furthering his education at George Washington University, obtaining a post graduate degree at the Naval Post Graduate School in Monterey, California and persevering to earn the distinguished rank of "Captain". During this part of his life, he experienced many adventures as was his young wish, living the life he dreamed of as a boy.

In the early times, during 1945, at the end of WWII, Paul flew the F6F Hellcat on the USS Yorktown, participating in air strikes during the amphibious campaigns at Iwo Jima and Okinawa. He flew numerous sorties over mainland Japan. For aerial action, bravery and valor in that

venue, Paul received the Distinguished Flying Cross and four air medals.

Returning from the arduous duty that war time brought, Paul continued his demanding pace. He was assigned to several carrier based squadrons flying in the Atlantic Fleet. During this time, Paul became one of the earliest "jet qualified"

Naval pilots of his generation, training in the "Shooting Star" or F-80. After qualification, he went on to VF-41, one of the pioneer carrier based jet squadrons in the U.S. Navy.

Following the sea duty tour, Paul got a very unique assignment. He reported to the Naval Air Special Weapons Facility in New Mexico where he was part of a project to test nuclear weapons delivery platforms. His group of pilots flew dangerous missions in A4D "Skyhawks" where airplanes were in very close proximity to above ground nuclear blasting tests. This important research led to many of the modern systems used to save pilot lives today.

Paul's long career took him to leadership roles in many places, including:

Commanding Officer of Attack Squadron 64 aboard the USS Enterprise; "Air Boss" aboard the USS Enterprise; Action Officer at the Joint Chiefs of Staff in the Pentagon; Operations and Plans Officer for Commander Fleet Air, Western Pacific.

He was assigned to the staff of the CNO in Washington, D.C. as the Naval Technical Training Officer in 1969.

In between learning, leading and managing, Paul continued to log in flight hours and carrier landings. By the end of his career, he accomplished 790 carrier landings and more than 8,000 flight hours.

As Commanding Officer of USS Mars during the Vietnam War, Paul again demonstrated his competence and leadership, receiving the Bronze Star while in a combat post. Modestly, he always insisted that the combined character of his crew members earned him the medal.

His last duty station before retirement was Commanding Officer of Naval Station Mayport, Florida where he served until 1974. This posting was the most satisfying of his life. At the time, 26 ships and two aircraft carriers made Mayport "home Base". A stunning responsibility, but again safe in the hands and heart of the accomplished Captain. He reluctantly retired after the Navy allowed his command to uncharacteristically extend beyond the normal two year charge.

After retirement, he made his home in Atlantic Beach with his wife, Rosina, "Rosi". Together they built a very successful business in premier outdoor furniture, "The Sandpiper" of Jacksonville.

Paul loved being a fighter pilot and served his country with honor, courage and commitment. He was grateful to live his life in service to others, generous and kind to those around him, never giving up the tradition of

valor he learned so well in his long sojourn in the U.S.Navy.

For those who knew him as a commander, Paul's aptitude as an outstanding and selfless leader will be remembered fondly. For those who knew him as a friend, his witty sense of humor and basic decency will be greatly missed. To all who knew him, he was an officer and a gentleman.

Paul leaves behind his

loving wife Rosi, his children: Pamela Takeshige (husband Takao), Paul (wife Sony), Phillip (wife Michelle), Nella, 4 grandchildren, brother Dave and a scattering of numerous nieces, nephews and their families.

He will be deeply missed.

Church Service will be held at the Naval Station Mayport Chapel, Friday, Oct. 25 at 10 a.m. Internment with full

From Page 1

military honors at the Jacksonville National Cemetery following the church service at 2:30 p.m.

Donations may be made to the Bald Eagle Squadron, P.O. Box 621, Orange Park, Fla., 32067-0621. Funds will be used

to send local area high school students to the National Flight Academy's summer aviation program in Pensacola.



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NMCRS Open To Help During Shutdown

From Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society is providing assistance to active duty and retired Marines and Sailors who are experiencing financial difficulties associated with the government shutdown.

Every day of the week, around the globe, the Society provides interest-free loans and grants for basic living expenses, emergency travel expenses, and other family emergencies for

military members and their families facing financial crisis or need. As a non-government, but Federally-sanctioned organization, our support to Navy and Marine Corps families is unaffected by the government shutdown.

As a result of the government shutdown, the Society is working closely with the Navy and Marine Corps Casualty Assistance Offices to advance

necessary financial assistance for next of kin to travel to the bedside of seriously ill or injured Marines and Sailors, or those who have paid the ultimate sacrifice for our country.

"No Marine Corps or Navy family with legitimate financial needs should suffer hardship as a result of this temporary government closure," stated Maj. Gen. Jensen, Executive Vice President and Chief Operating

Officer of the Society. "Every member of the NMCRS Team is leaning forward to assist those in need!"

For more information on the Society's programs and services, please visit www.nmcrs.org or contact your nearest NMCRS office at www.nmcrs.org/location.

Since 1904, the Navy-Marine Corps Relief Society has provided financial assistance and

education to active duty and retired members of the United States Navy and Marine Corps, their eligible family members and survivors - when in need. Headquartered in Arlington, Virginia, the Society is a non-profit, charitable organization that is staffed by nearly 3,700 volunteers, and a small cadre of employees, in offices around the world - ashore and aboard ships.

October FFSC Classes Available

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 1701. FFSC is located in Building One on Massey.

Oct. 17, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

Oct. 21, 8:30 a.m.-4 p.m., **Ombudsman Basic Training, FFSC Bldg. 1, Room 607**

Oct. 21-25, 7:30 a.m.-

4:30 p.m., **Transition GPS Separate Workshop, Bldg. 1, Room 1616**

Oct. 22, 8:30 a.m.-4 p.m., **Ombudsman Basic Training, FFSC Bldg. 1, Room 607**

Oct. 22, 10 a.m.-noon, **What About The Kids?, FFSC Building 1, Room 702**

Children who witness family violence are often forgotten as the unintended victims. A wide range of child adjustment problems has been found to be associated with exposure to domestic violence. Parent's need to see, understand the effects of domestic violence on children as encompassing behavior, emotion, development and socialization. Parents need to understand that there is an intergenerational cycle of violence and they may be creating a legacy for their child of learned violent behavior. The purpose of this program is not to shame parents for events that have already happened, but to instill hope that things can change. The knowledge that the violence, which many parents incorrectly

believe is unseen by their children, is negatively impacting their children's growth and development and may provide an additional motivator for ending the violence and seeking intervention.

Oct. 23, 8:30 a.m.-4 p.m., **Ombudsman Basic Training, FFSC Bldg. 1, Room 607**

Oct. 23, 9 a.m.-12:30 p.m., **Military Family Employment Orientation, FFSC Bldg. 1, Room 719**

Oct. 23, 1:30-3 p.m., **Military Family Employment Resume Writing, FFSC Bldg. 1, Room 719**

Oct. 23, 9-11 a.m., **Credit Management, FFSC Bldg. 1, Room 719**

Oct. 24, 8 a.m.-2 p.m., **FAP Key Personnel Training, FFSC Bldg. 1, Room 607**

Oct. 24, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

Oct. 28-Nov. 1, 7:30 a.m.-4 p.m., **Command Financial Specialist Training, FFSC Bldg. 1 Room 1616**

Oct. 28, **Anger Management Workshop, FFSC Bldg. 1, Room 702**

Oct. 29, 10 a.m.-noon, **Active Parenting Ages 5-12, FFSC Building 1, Room 607**

The program is based on Dr. Michael Popkin, PH.D ACTIVE PARENTING NOW 6 classes. This program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills that are discussed as well as some of the challenges that are faced by all families include understanding yourself and your child, the four goals of misbehavior, building courage and character in your child, and encouraging and listening to your child. Each week a different topic is thoroughly covered via discussion, video vignettes, and handbook information. Participation in all 6 sessions is required.

Oct. 30, 9 a.m.-12:30 p.m., **Military Family Employment Orientation, FFSC Bldg. 1, Room 719**

Oct. 30, 1:30-3 p.m., **Military Family Employment Resume Writing, FFSC Bldg. 1**

CFC Placed On Hold

By Jim Garamone

American Forces Press Service

The Combined Federal Campaign has been placed on hold while the federal government shutdown continues, according to a Pentagon memo.

Susan A. Yarwood, the human resources director with Washington Headquarters Services, announced that CFC activities in the continental United States, apart from on-going employee contributions, are indefinitely suspended.

The campaign is a one-stop shop for federal employees to make donations to thousands of charities through automatic payroll deductions. Last year, federal workers contributed \$258 million via the CFC.

The 2013 CFC campaign started Sept. 5. When the partial government shutdown hit on October 1, officials determined that the program would have to be suspended.

"Upon legal review, these activities are not excepted from furlough nor are they appropriate activities under the Pay Our Military Act," Yarwood wrote in the memo dated Oct. 9. "Until such time as we have a continuing resolution or congressionally approved appropriation, please postpone all CFC events, training, and fundraisers."

During the hiatus, military and civilian members can still donate to the charities of their choice via the MyPay option.

Officials say the campaign is prepared to restart quickly once the shutdown is over.

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Robert G. Bradley Performs Burial At Sea

By Lt.j.g. Matthew Roberts

USS Robert G. Bradley PAO
Sailors stationed aboard the guided missile frigate, USS Robert G. Bradley (FFG 49) performed a burial at sea for 18 veterans and 2 of their spouses while underway on Oct. 7. Following tradition, the ship slowed, lowered the colors to half-mast, and a delegation of officers, chief petty officers, and Sailors lined-up in formation in dress uniform to pay their respects. A firing detail was also assembled for a 21-gun salute.

The military and religious aspects of the ceremony were conducted with dignity and solemnity.

The burial at sea ceremony was officiated by Chaplain (Lt.) Thomas Bingol with Bradley's Commanding Officer, Cmdr. Peter Ehlers, Executive Officer Cmdr. John Lepak and Command Senior Chief Willie Henson as members of the official party. "The Sailors were very



The firing detail fires a salute during a burial at sea ceremony onboard USS Robert G. Bradley (FFG 49).

professional and showed great respect towards those who were laid to rest," said Chaplain Bingol.

Following the ceremony, Chaplain Bingol will mail packages to the primary next of kin, which include a letter from the commanding officer detailing the date, time,

and exact location of the burial. Also in the package will be three volleys from the 21-gun salute.

Fire Controlman 2nd Class Gregory Glover, one of the Sailors in the rifle detail, was proud to be included in the ceremony.

"I'm proud to give our prior service members the dignity and respect they

earned," said Glover.

USS Robert G. Bradley, homeported out of Mayport, FL, is currently scheduled to decommission in March 2014. The RGB was commissioned August 11, 1984 in Portsmouth, New Hampshire as the 41st Oliver Hazard Perry Class Guided Missile Frigate.



Seaman Quartermaster Michael Pagan and Seaman Personnel Specialist Roberto Cruz lay the deceased to rest.

Carney Crew Spends Time With Families

By Lt.j.g. Lily Hinz

USS Carney Public Affairs
USS Carney Sailors and their families participated in its Family Day event on Oct. 8.

Planned and executed by Carney's First Class Petty Officer Association, the younger family members of Carney Sailors became "Junior Carney Warriors" and were given a signature book in hopes of becoming an honorary Enlisted Surface Warfare Specialist.

This event was an

opportunity to demonstrate to families and friends some of Carney's awesome and unique capabilities, such as damage control, VBSS operations and combat systems. Friends and family also got a chance to sit in the Captain's chair in the pilot house. The ship served pizza dinner, ice cream for dessert.

"I am glad I got to come see my Dad and all the people he works for and with every day," said 10-year-old Alex Dover,

son of Lt.j.g. Tim Dover. Hospitalman 1st Class (SW) Christopher Loy played a big role in putting the event together.

"The First Class worked together to plan and organize this event, and I think it went really well," he said. "We are looking forward to doing something like this again when we return from deployment next spring."

USS Carney will depart today (Oct. 17) on a scheduled seven-month deployment to 5th fleet.



Lt.j.g. Tim Dover guides wife Amanda and their two sons on a tour of the ship during Carney's Family Day on Oct. 8.

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Unemployment Benefits May Help Some Furloughed DOD Civilians

By Cheryl Pellerin
American Forces Press Service

On the 10th day of the partial government shutdown, DOD civilians excluded by law from Defense Secretary Chuck Hagel's Oct. 7 recall to work of thousands of fellow employees still await an end to the political standoff that sent them home and stopped their paychecks Oct. 1.

Hagel said Oct. 5 that the department tried to "exempt as many DOD civilian personnel as possible" from furloughs and will continue to try to bring all civilian employees back to work as soon as possible.

"Ultimately," he added, "the surest way to end these damaging and irresponsible furloughs and to enable us to fulfill our mission as a department is for Congress to pass a budget and restore funds for the entire federal government."

According to a Defense Civilian Personnel Advisory Service reference guide called "Pay and Leave dur-



ing the Fiscal Year 2014 Shutdown Furlough," employees furloughed Oct. 1 and not recalled to work will receive regular pay and allowances for hours worked through Sept. 30. They'll also get a partial paycheck for the pay period including Oct. 1-5.

DOD civilians will stay in nonpay, nonduty status until recalled to duty. If they are in nonpay, nonduty status on the days before and after Columbus Day, they won't receive pay at that time for the holiday.

Congress must pass legislation to restore pay and allowances for all days spent in furlough status before any employee goes back into pay status. If such legislation is passed, employees will be paid for the time they spent conducting shutdown activities on Oct. 1 but they won't get that pay until a 2014 appropri-

ation is approved for the department. At that time they'll receive pay for the Columbus Day holiday.

Furlough affects leave accrual, according to the reference guide. In a separate furlough earlier this year triggered by the budget sequester, most employees were ordered to take six unpaid days, or 48 hours, off work. During the current round of furloughs brought on by the government shutdown, when employees reach a total of 10 furlough days this month, or 80 hours, on or around Oct. 4, they'll lose the sick leave and annual leave they would have earned during the pay period.

Once an employee reaches 80 hours of nonpay time during a calendar year, leave is no longer accrued. A new 80-hour threshold begins the following pay period.

For individuals or families who are struggling

because they're not working and not getting paid, some help may be available through state unemployment compensation agencies.

According to a fact sheet on unemployment insurance for federal workers, the Unemployment Compensation for Federal Employees, or UCFE, program is administered by state unemployment insurance agencies. In general, eligibility is determined by the state where an employee is assigned to duty.

Furloughed DOD civilians may apply on or after the first day they're furloughed and put in nonpay status. Furloughed employees should be eligible as long as they meet all other state eligibility factors, according to the fact sheet.

To file claims, DOD civilians can contact the unemployment insurance agency in the state where they work. Such agencies usually have websites, online forms and telephone numbers to call for

information or to submit applications by phone.

Employees may be asked to provide a form SF-8 to verify an agency mailing address or a form SF-50 to verify wages. If these documents are unavailable, the state may request proof of wages such as earnings and leave statements or last year's W-2. The state may also request an affidavit certifying that the employee is not working because of the furlough and to verify wages.

Amounts paid vary according to prior earnings. Most states pay a maximum of 26 weeks of regular benefits. Once the shutdown ends and employees have returned to work, regardless of whether they have received paychecks, they are no longer eligible for benefits.

Some states require applicants to serve a waiting week, the fact sheet says. This means that after a claim is approved, the first week for which individuals are entitled to benefits is an unpaid

week.

Most states issue payments to eligible individuals within 14-21 days after the claim is approved.

On Oct. 5, the Federal Employee Retroactive Pay Fairness Act passed the House by a vote of 407-0. The Senate hasn't yet taken action on the bill but if they do and President Barack Obama signs it into law, furloughed federal employees will receive back pay for the time they've been out of work once the shutdown ends. Any lost leave would also will be restored.

According to the fact sheet, if Congress passes legislation that retroactively provides for the payment of salary, states generally require repayment of unemployment benefits paid out. States will advise affected claimants if benefits are overpaid, the fact sheet says, and provide repayment options.

Furlough Raises Questions On Civilian Leave, Pay

By Jim Garamone
American Forces Press Service

Only those Defense Department civilians recalled from furlough under the Pay Our Military Act may take annual and sick leave, a Pentagon spokesman said Oct. 8.

"Employees who remain on furlough are in a nonpay, nonduty status, so there is no leave to take," Lt. Cmdr. Nate Christensen explained.

So a civilian employee who had leave planned and is now furloughed can still take that vacation. It will not count as leave as long as the furlough lasts.

Once the president signs an appropriation or Congress passes a continuing resolution, furloughed employees will report back to work. Further legislation is necessary for employees to receive retroactive pay for days lost to the shutdown. If that happens, employees will be paid

for the furlough time, and will not be charged for any leave that had been approved for days that became furlough days.

On DoD civilian pay, the situation is a bit different. The next civilian pay date is Oct. 11, and under the Pay Our Military Act, Defense Department civilians will receive paychecks. Excepted employees - those who continued to work - will receive the full 80 hours of pay. Those furloughed will receive 48 hours of pay for the pay period covered by that payday, up and to and including Sept. 30. Furloughed employees will receive pay for the four hours they worked Oct. 1 to implement the orderly shutdown once there a new appropriation or continuing resolution is in effect.

DoD civilian employees called back to work Oct. 7 will receive their paychecks for the current pay period Oct. 25.

Contract Award For NAVSEA Repairs

From Defense Media Activity - Navy

The Navy awarded CH2M Hill Constructors, Inc. a \$6.4 million dollar firm-fixed-price contract for the repair and restoration of the Historic Headquarters Facility of the Naval Sea Systems Command (NAVSEA), Building 197, at the Washington Navy Yard Sept. 30.

Building 197 suffered extensive and widespread damage during the tragic shooting and related events that occurred Sept. 16.

The Naval Facilities Engineering Command awarded the contract to CH2M Hill Constructors, Inc., to make immediate safety repairs to the facility, conduct detailed damage assessments, and develop alternative concept designs.

The contract also contains funding for concept studies related to final disposition of the building. This contract will allow the Navy to restore the building to a safe condition and provide options for the Chief of Naval Operations and Secretary of the Navy's consideration in their decision making process. No decision has been reached on the final disposition of NAVSEA HQ.

The NAVSEA Headquarters building is approximately 650,000 square feet and is a historic federal facility with administrative and support spaces for more than 3,000 employees.

CH2M Hill Constructors, Inc. is based out of Englewood, Colo.

Shamal

McC Campbell (DDG 85), and Combat Systems Officer in USS Rentz (FFG 46).

She graduated The George Washington University with a Master of Arts in Political Management.

Assignments ashore have included a tour as flag aide at U.S. Fifth Fleet and as editor of *Surface Warfare Magazine*, Chief of Naval Operations (N86).

Her personal decorations include the Navy and Marine Corps Commendation Medal (three awards), Navy and Marine Corps Achievement Medal (six awards), and various campaign and unit

awards.

Azzarello was born and raised in Buffalo, New York. He enlisted in the Navy in February 1993 and was commissioned through the Enlisted Commissioning Program. While in the Enlisted Commissioning Program, he attended Old Dominion University and graduated in 2002 with a Bachelors of Science Degree in Mechanical Engineering Technology.

As an Enlisted Sailor, Azzarello completed Recruit Training and Airman Apprenticeship Training in April 1993 and shortly after he reported aboard the USS Enterprise (CVN 65). In February 1995, he attended AS

A1 School in NATTC Millington and subsequently reported to NAS Norfolk AIMD. Following shore duty Azzarello, reported aboard USS George Washington (CVN 73) until his acceptance in to the Enlisted Commissioning Program in June 1999.

Following commissioning he reported aboard USS Gunston Hall (LSD 44) where he served as the Repair Officer, Machinery Division Officer, Main Propulsion Assistant and then Navigator.

In February 2006, Azzarello reported as an Engineering Assessor at Afloat Training Group, Atlantic. As an Assessor, he served as a member

of the Diesel and Steam Assessment teams and as the MCM and PC Class Engineering lead. While at Afloat Training Group Atlantic he received his Masters of Science Degree in Engineering Management from Old Dominion University.

In June 2010, he was assigned as the Chief Engineer aboard USS McFaul (DDG 74). In May 2012, Azzarello assumed command of PC Crew KILO. Since assuming command, Crew KILO has embarked USS Hurricane (PC 3), completed an 8-month deployment on USS Firebolt (PC 10), and became the permanent crew of USS Shamal (PC 13).



Getting Wet

Newport News Shipbuilding floods Dry Dock 12 to float the first in class aircraft carrier, Pre-Commissioning Unit Gerald R. Ford (CVN 78).

-Photo by MC1 Joshua J. Wahl

From Page 1

DESRON 40

(CGN 36); USS John A. Moore (FFG 19) as Executive Officer; and Destroyer Squadron 22 as Chief of Staff. Van Wagoner then commanded USS McInerney (FFG 8) deploying to the North Sea and Mediterranean as plank owner of Standing NATO Response Force Maritime Group 1; and Reactor Officer in USS Theodore Roosevelt

(CVN 71) and USS Abraham Lincoln (CVN 72).

Captain Van Wagoner's shore duty assignments include Naval Nuclear Power School where he earned an AQD to supervise Naval Nuclear Propulsion Systems (graduating second in his class), Commander Naval Surface Forces, U.S. Pacific Fleet as

Force Reactor Controls Officer and member of the Nuclear Propulsion Mobile Training Team; the Naval War College where he earned a Master's Degree in National Security and Strategic Studies; and Special Assistant for CVN Training and Readiness for the Director of Naval Reactors (NAVSEA 08).

From Page 1

You are not alone!

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Online Chat: www.ccfa.org

Phone and chat available M-F, 9:00 am - 5:00 pm (EST).

Online Discussion: www.ccfacommunity.org

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FY14 GMT Schedule Announced

By Cmdr. Kelly Brannon
Naval Education and Training Command
Public Affairs

Topics for General Military Training (GMT) for Fiscal Year (FY) 14 were announced in NAVADMIN 264/13, Oct. 9.

The announcement, usually released Oct. 1, was delayed due to the ongoing effort to streamline or eliminate administrative burdens on the fleet, allowing more time to focus on mission readiness. In support of this effort, known as Reducing Administrative Distractions (RAD), a revision of the GMT instruction is nearing completion.

"Through RAD and other feedback, the Fleet has been pretty clear that they want us to give this a good hard look," said Vice Adm. Bill Moran, chief of naval personnel. "We need to find the right balance of required training and white space for our commanders."

While each of the GMT subjects are important, Moran said his staff's review of the

instruction will ensure training requirements are validated, inefficiencies are eliminated, and improvements are made to overall program effectiveness. The intent of the GMT instruction revision is to provide clear communication of requirements and to establish an annual review process for each topic.

There are two categories of GMT topics that must be completed in FY 14. Category One topics must be conducted via face-to-face, instructor-led training sessions provided at the command level. Senior leadership, command training teams, or collateral duty training officers/chief petty officers will conduct Category One GMT. The FY 14 Category One GMT topics are: Alcohol Abuse Prevention and Control; Equal Opportunity and Grievance Procedures; Hazing Policy and Prevention; Personal Financial Management; Sexual Assault Prevention and Response Awareness; Sexual Harassment and Grievance Procedures;

Stress Management; and Suicide Awareness and Prevention.

"These are the opportunities for leadership to engage and have frank and deliberate discussions about command-delivered training, ensuring Sailors understand their roles and responsibilities," said Capt. John Newcomer, Commanding Officer at the Center for Personal and Professional Development (CPPD).

The remaining required GMT topics are Category Two topics that can be completed via Navy e-Learning or through face-to-face, command-delivered training at the discretion of the unit commander. The Category Two GMT topics for FY 14 are: Anger Management; Antiterrorism/Force Protection; Combating Trafficking in Persons; Counterintelligence Awareness and Reporting; Information Assurance; Operational Security; and Records Management.

Standardized training material for Category One and Category Two training is available for download from the Personal Development GMT page on the Navy Knowledge Online (NKO) webpage at www.nko.navy.mil. Training completion of Category One topics must be recorded in Fleet Training Management Planning System (FLTTPS) via learning event completion forms.

Additionally, a GMT calendar for FY 14 is also available on the NKO GMT page, including recommended training delivery months to coincide with Navywide training themes. GMT questions should be addressed to Lyman Watts, GMT program manager at 757-492-0763, DSN: 492 or via e-mail to the Center for Personal and Professional Development at gmt.distribution@navy.mil.

Additional information about GMT training requirements for FY 14 is detailed in NAVADMIN 264/13.

Southern Womens Show

The Southern Women's show will be at the Prime Osborn Convention Center on Oct. 17-20. Come on out to enjoy food, fashion, celebrity guests, health information, along with beauty and lifestyle information. For more information please visit: www.southernwomensshow.com. Mayport and NAS JAX USO Centers are selling tickets for \$5 each/cash only. Tickets will also be available for purchase through the ITT office at Kings Bay.

FRA 290 Halloween Carnival-Oct. 26

Come out to Fleet Reserve 290 on Mayport Road for the Halloween Carnival. It is free and open to military families. There will be food and games for the children, a costume contest, bounce house, and pictures. You must preregister for this event. You can register by calling (904) 629-4444 and via email: fra290carnival@yahoo.com.

Military Spouse Vendor Show

Looking for holiday gift ideas? Are you a military spouse with a small busi-

USO News

ness? If you answered yes to either of these questions, the Military Spouse Vendor Show at the Mayport USO on Nov. 2 from 9 a.m.-3 p.m. is for you. Please email milwivesbusinessandevents@gmail.com for more information or to become a vendor. Vendor slots fill fast, so sign up today.

NOSA Holiday Bazaar-Dec. 7

Join NOSA at the Mayport USO for their annual holiday bazaar. There will be food, vendors, and fun for all. NOSA will provide free holiday photos so come dressed in your holiday best. For vendor registration, please email jennifer.wilsnack@gmail.com. See attached flyer for more information.

Military Spouse COMPASS Program

COMPASS is a spouse-to-spouse mentoring program that introduces participants to all aspects of the military lifestyle. COMPASS offers military spouses the oppor-

tunity to establish a peer network, acquire knowledge and develop skills necessary to successfully meet future challenges of military life. Please come join us! We'll be sure to make you smile, help you meet other spouses, provide you with YUMMY Dinners, and even reimburse you for babysitting fees** (please inquire with a Compass Mentor for more info). Registration IS REQUIRED! Please visit www.gocompass.org to find a Session near you.

Jazzland Café Free Admission

Active Duty, Retirees, Reservists, and National Guard members enjoy live jazz music sessions for free every Tuesday night from 6-9 p.m. at the Jazzland Café located at 1324 University Blvd. North. Jazzland has an authentic mix of local and internationally known musicians, led by a Jazz Trio of great, world class performers. And for you musicians out there, you're invited to participate in the jam sessions.

For more information, please email: info@jazzlandcafe.com or call Carole at (904) 240-1009.

Checker Yellow Cab Of Jacksonville-Rate Discounts

The Greater Jacksonville Area USO is proud to announce a new partnership with Checker Yellow Cab of Jacksonville to support troops and families.

Are You Ready For Some Football?

Jaguar Ticket sales will begin at noon. Price is \$15 per ticket (cash only). All active duty members, including Florida National Guard, Reserve personnel who are on current active duty orders and dependents are eligible to purchase/use these tickets. Tickets are first come, first served.

Supporting America's Heroes

The American Red Cross is expanding services to provide assistance and resources to veterans of Operation Enduring Freedom and Operation Iraqi Freedom to help support their transition into civilian life. Emergency needs that may warrant assistance

may include medical and dental needs, rent assistance, utility payments, and food; access to referral services; or other assistance depending on need. Applicants for these funds must demonstrate financial hardship, and/or lack of other available resources due to participation in OEF or OIF. Eligible veterans include those of all services, the Reserve component and National Guard.

For more information, please contact a Red Cross Military Services caseworker at (904) 246-1395

Recycling

Recycling has come to the Greater Jacksonville Area USO. If you have any office paper, shredded paper, old magazines, and newspapers that you would like to donate, please bring it to either the Mayport or NAS JAX USO Center. This will be a great fundraiser for the USO so please help us fill the bins. Help support the troops with your unwanted paper!

United Through Reading program makes it possible to share in the enjoyment of reading to the children in your life,

even while thousands of miles apart. The Mayport Center and NAS Center can record you reading a book to your children and send it to them after you have gone on deployment. It is a great way to make them smile on their special day even when you can not be there with them. Please contact your local USO center for more information.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

Watch TV or a movie from the video library. Service members can also enjoy video games or use the sports equipment.

There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs. A TV, VCR and overhead projector are available for use.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road.

Out in Town

Oct. 18-20

The Florida Branch of the Second Indianhead Division Association will have its annual reunion in Titusville, Florida on, 2013 at the Best Western Space Shuttle Inn. All veterans of the 2nd Infantry Divisions are invited. For more information, call the branch secretary-treasurer, Donald Calnan, at (561) 742-5379 or send an email to 2ida.mail@charter.net.

Sunday, Oct. 20

The Beaches Museum & History Park invites its members and the general public to attend the opening of the Beaches Museum Chapel from 5-6:30 p.m. The historic chapel is located at 505 Beach Boulevard, Jacksonville Beach. Admission is free and refreshments will be served. Parking is available along Pablo Avenue.

Friday, Oct. 25

The UF/IFAS Extension Duval County Office will be offering a class on Food Preservation from 9:30 a.m.-2 p.m. The program will focus mainly on the proper techniques in canning foods safely, however freezing and drying will also be covered. Come and learn the newest rules and techniques

COMMUNITY CALENDAR

for keeping your family safe while preserving your favorite foods all year long. All participants will receive the newest food preservation information and will have the opportunity to make their own homemade jelly. Cost is \$10 per person. Space is limited, pre-registration and pre-payment are required by Wednesday, Oct. 23. Please contact Sandra or Melanie at 904-255-7450 to register.

Saturday, Oct. 19

Come celebrate five centuries of Spanish influence in Florida with an informative talk at 2 p.m. about the San Juan del Puerto Mission on Ft. George Island. Learn about Fr. Pareja, who translated the native Timucuan language and gained insight into their unique culture. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

The Jacksonville Genealogical Society (JGS) will hold their monthly meeting beginning at 1:30 p.m. at the Webb-Wesconnett Branch Library, 6887 103rd Street,

Jacksonville, Florida.

Join a park ranger at 2 p.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Christ United Methodist Church, 400 Penman Road, Neptune Beach. Come join us at the Pumpkin Patch from 10 a.m.-2 p.m. for this annual event for family fun, food, games, and those very special handmade gifts and homemade goodies for the holidays. For information, please contact the Church Office at 249-5370.

Saturday, Nov. 2

The University of Florida Cooperative Extension Family and Consumer Sciences Program will present a program on Cooking Healthy for the Holidays at the Duval County Extension Office, 1010 North McDuff Avenue on at 10 A.M. Come decorate and bake using fresh herbs of the season.

Sample a variety of tasty dishes using herbs as the centerpiece. Reserve your spot and take home recipes and ideas to make your holiday one to remember. All ages are encouraged to participate in this workshop!

Reservations and pre-payment are necessary by Tuesday, Oct. 29, 2013. You may pre-register at: <https://cookinghealthyforfall.eventbrite.com> or contact Sandra at 255-

7450 to schedule your reservation.

Saturday, Nov. 9

Christ United Methodist Church is hosting its annual Veteran's Day Dinner Dance at 6 p.m. Call 249-5370.

Naval Station Mayport
238th Navy Birthday Ball
Friday, October 18
Ocean Breeze Conference and Catering Center
Cocktails 1800 Dinner 1900

E1-E4	\$26
E5-E6	\$31
E7- O3/ GS5-GS11	\$51
O4 and Above (GS12/non-sofa)	\$56

Dress: Uniform Service Dress (military) or Formal (civilian)
Tickets on Sale at the Mayport ITT Office
For more information please call ABHC Robert Hawkins at (904) 270-6104 or robert.e.hawkins@navy.mil

Get Cookin' With Fire Prevention

By MC1(SW)
Michael Wiss

Navy Public Affairs Support Element, Southeast

"Get Cookin' and prevent Kitchen Fires" was the message stressed by the First Coast Navy Fire & Emergency Service Department and nonprofit National Fire Protection Agency (NFPA) during Fire Prevention Week October 6-12.

Although Kitchen fires were the theme, the First Coast team along with Sparky Pumper and Engine Company held many events to make people and children on Naval Station Mayport aware of fire dangers and how to prevent them from happening.

"We try and educate the children about fire prevention with the hope they can make their parents more aware of the potential hazards," said First Coast Navy and Fire Emergency Inspector Angel Roman. "Sometimes people become complacent. We are trying to heighten awareness to teach about the possible dangers with kitchen fires. We make it fun for the kids, but there is always the message about the dangers of fire and how to prevent it."

The events included a "Kickoff" visit from Sparky Pumper and the Engine Company at the Off-base Child Development Center, fire drills at the Youth center, family home provider "Home Evacuation Drills," live fire extinguisher training and a base-wide unannounced fire drill. According to First Coast Navy and Fire Emergency Inspector Anita Wilson, people need to use this training and common sense to help prevent kitchen fires, which are the leading cause of home fires.

"This event is to just get the word out that people can be a little safer to help prevent kitchen fires," she said. "We try and make the kids not afraid or hide from us if there is a fire or



medical emergency in the home."

The history of Fire Prevention Week can be traced back to the Great Chicago Fire, which started on Oct. 8, 1871 and continued through Oct. 9. In just 27 hours this conflagration killed 300, left 90,000 people homeless, and destroyed 17,400 structures.

In 1911, on the 40th anniversary of this tragic event, the Fire Marshals Association of North America started the tradition of using this anniversary to keep the public informed about the importance of fire prevention.

Over the next nine years this effort became so effective that in 1920 President Woodrow Wilson issued the first National Fire Prevention Day Proclamation setting Fire Prevention Week as the Sunday through Saturday period in which Oct. 8 falls each year.

The latest statistics from NFPA say U.S. Fire Departments responded to an estimated annual average of 156,600 cooking-related fires between 2007-2011. Two of every five home fires begin in the kitchen-more than any other place in the home. Cooking fires are also the leading cause of home fire-related injuries. Among the fire safety tips being emphasized include:

- Stay in the kitchen when you are frying, grilling, or broiling food. If you must leave the room even for a short period of time, turn off the stove.
- Keep cooking areas clean and clear of combustibles (e.g. potholders, towels, rags, drapes and food packaging).
- Keep children away from cooking areas by enforcing a "kid-free

zone" of three feet around the stove.

• Always keep an oven mitt and a lid nearby. If a small grease fire starts in a pan, smother the flames by carefully sliding the lid over the pan (make sure you are wearing the oven mitt). Turn off the burner. Do not move the pan. To keep the fire from restarting, do not remove the lid until it is completely cool. Never pour water on a grease fire. If the fire does not go out, get out of the home and call the fire department.

Fire prevention and injuries can be eliminated. People need to practice fire safety all the time, not just during fire prevention week.

"We started this to bring into people's mind to remember to check their smoke detectors, practice fire drills and have an escape plan in case of a fire," Wilson said. "We need to put fire prevention front and center. We provide the training and with common sense you can stay safe and avoid potential dangers in the kitchen."



Above, First Coast Navy and Fire Emergency Inspector Angel Roman talk to children at the NS Mayport Child Development Center about fire safety during Fire Prevention Week Oct. 7. Below, children take a closer look at the arm on one of the fire trucks.



Children learn about the importance of fire prevention from First Coast Navy Fire and Rescue. Children at the Mayport Child Development Center participate in Fire Prevention Week.



Above, Firefighter Davy Lam high fives a child during the kick off of Fire Prevention Week at the Mayport Child Development Center. Below, children get a close look at one of First Coast Navy Fire and Rescues fire trucks on display.



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Auto Skills Center
Oct. Special: 10% off open stall fees and 4-wheel brake job, turn rotors, tire rotation and balance \$225 (most vehicles). 270-5392

Tire Special: Buy four tires and receive free rotation on those tires for life (must show receipt to receive rotation). 270-5392

Beachside Bingo
Wednesdays: Lunchtime Bingo. Every Wednesday at 11:30 a.m. at Beachside Bingo. Two \$500 payouts every week. Buy two, get one free. Still only \$13.00 per pack. 270-7204

Oct. 18: Bingomania. 6:30 pm at Beachside Bingo. Over \$17,000 in prizes, drawings, prize wheel, dessert table & more! call and sign up; no tickets required. 5 pack Computers \$99.00 All Paper Packs \$30.00; No Coupons to be used on this day. 270-7204

Castaway's Lounge
Every Weekday: Castaway's After Work, At Ease: Stop into Castaway's every Monday-Friday from 4-6 p.m. for our great nightly specials! Enjoy Margarita Monday, Tuesday's Pint Glass Night, Around-the-World Wednesday, BOGO Thursday and Five Dollar Friday! Plus, Last Buck Bottles on the 14th and last day of every month! 270-7205

Intramural Sports

Please contact Rita Hammerstad at for more information

Oct. 18: Surf Contest. 10 a.m. at Sea Otter Pavilion. Sign up by Oct. 9.

Oct. 21-24: Pre-Season Basketball Tournament. Sign up by Oct. 14.

Oct. 28: Men's Basketball Season Begins. Season ends Feb. 13.

Mayport Bowling Center

Friday Nights: Xtreme Bowling. 8-11 p.m. every Friday at Mayport Bowling Center. \$10 include 2 hours of black

Come out and let's make a difference in the Mayport Community!

USA WEEKEND™
MAKE A DIFFERENCE DAY
Saturday, October 26

Lake Wonderwood Community Volunteer Project
8 am-1 pm
 Volunteers can pre-register by calling (904) 270-5228 or by email at MWRMayport@navy.mil Following the volunteer efforts, join us for a day of family fun and entertainment

Festival Celebration
1-5 pm at Lake Wonderwood Field

• Bouncy Houses • Free Food • Games • Haunted House • Live Music by the Navy Band • Arts and Crafts Vendors • Take Pictures in Our Pumpkin Patch • Carnival Food for Purchase & More!

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Every Thursday: Trivia on Tap. 6 p.m. at Castaway's. Test your general trivia knowledge! the winning team of four takes home awesome prizes! 270-7205

NFL Sunday Ticket. Every Sunday at Noon at Castaways. Watch you favorite NFL team on

one of Castaway's 9 flat-screens. Drink specials throughout the day and opportunity to win prizes every Sunday. 270-7205

Oct. 16: Game Night. 7:30 p.m. at Castaway's Lounge Enjoy a nigh of your favorite games: Life-Sized Jenga, Twister & more. 270-7205



light bowling, shoe rental, prizes and dazzling laser light show. 270-5377
Saturday Nights: Xtreme Bowling. 8-11 p.m. every Saturday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Sunday Nights: Bowling Family Fun Night. 4-7 p.m. at

Mayport Bowling Center. Cost is \$10 per person and includes your choice of a ¼ lb hamburger or a hot-dog with fries and a soda, All-You-Can Bowl with shoes, music videos, light show and colored head-pin bowling for prizes. 270-5377

Oct. 27: Halloween Family Fun Night. 4-7 p.m. at Mayport Bowling Center. Enjoy a night

of ghoulish fun which includes Xtreme Bowling, shoe rental, goodie bags, costume contest (4 age brackets) and more. \$10.00 for adults, \$7.00 for children 12 and under. Advanced tickets and reservations required. Call (904) 270-5377 for tickets.

Windy Harbor Golf Club

Wednesdays: Military Appreciation Day every Wednesday at Windy Harbor Golf Club. 18 Holes and a Cart Only \$15. Offer open to DOD, active duty, retired, and military dependents



Child and Youth Programs

Oct. 18: Freedom



The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by the Mayport Liberty Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

Oct. 18: Mall Trip: Town Center. Van departs Liberty Center at 5 p.m.; transportation only.

Oct. 20: Jacksonville Jaguars vs. San Diego Chargers. Van Departs 11 a.m. at Liberty Center. Cost \$15. Sign up by Oct.

Friday- Spooktacular Costume Dance Party. 7-11 p.m. at the Youth Center. Cost is \$8 advanced sign-up and \$10 day of.

Oct. 19: Teen Trip- Ice Skating at Jacksonville Ice and Sports Complex. Departs 6 p.m.; returns no later than 11 p.m. Cost \$15.

Oct. 23: Chess Tournament. 6 p.m. at Liberty Center.

Oct. 27: Jacksonville Jaguars vs. San Francisco 49ers. Van Departs 11 a.m. at Liberty Center. Cost \$15; Sign up by Oct. 21.

Oct. 29: Ping Pong Tournament. 6 p.m. at Liberty Center.

Oct. 30: Call of Duty Black Ops Tournament. 6 p.m. at Liberty Center.

Naval Station Mayport Fitness Schedule



Monday through Thursday 0500-2000 ◊ Friday 0500-1900 ◊ Saturday 0800-1800 ◊ Sunday/Holidays 0800-1400

GROUP EXERCISE ROOMS 2 & 3					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0730 Running Clinic	0730 Command Bootcamp ©	0630 NOFFS ©	0600-0830 Command PT By Appointment ©	0730 Zumba	
0930 Yoga	0930 CORE & Flexibility	1130 Strength Training For Women	0930 Fitness Fundamentals	1130 Yoga	
1130 Circuit Conditioning	1130 Zumba	1230 Flex 'N' Stretch	1130 Step		
1700 Cut 'N' Core	1630 Step	1730 Zumba	1730 Circuit Conditioning		
1800 Flex 'N' Stretch	1800 Yoga				
All "Command" classes, denoted by a ©, are for active duty only					
GROUP EXERCISE ROOM 1					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0700 TRX	1130 TRX	1130 Yoga	0700 Sunrise Yoga		
1800 Zumba	1300-1500 CFL NOFFS/TRX By Appointment ©	1800 Kids Clinic	1800 TRX		
NATATORIUM					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0930 Aqua Toning	1630 Deep Aqua	0930 Aqua Fitness	0930 Aqua Rehab	0730 Command Aqua ©	
1430 Aqua Rehab		1630 Deep Aqua		0930 Aqua Toning	
STRENGTH/CARDIO B					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1130 Steel Anchor	0700 Rowing	1130 Steel Anchor	1130 Rowing	1500 Steel Anchor
INDOOR CYCLING ROOM					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1130 Cycling		1130 Cycling	1130 Cycling	1530 Cycling	
HIGH INTENSITY TRAINING (HIT) AREA					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1130 Intro to HIT	0700 HIT	1600 HIT Mobility	1130 HIT		1130 Intro to HIT
1500 Olympic Lifting	0930 Intro to HIT	1630 HIT	1630 HIT Gymnastics		
1800 Intro to HIT	1130 Intro to HIT				

SCHEDULE EFFECTIVE 17 OCTOBER 2013

Mayport Bowling Center's
Halloween Family Fun Night
Sunday, Oct. 27 4-7 pm

Enjoy a night of ghoulish fun which includes Xtreme bowling, goody bags, shoe rental and colored pin Wheel of Fortune prizes.

\$10 for Adults
\$7 for Children 12 and under

Costume Contest & Prizes!
 4 Age Groups (3-6, 7-12, 13-17, and 18+)

Advanced tickets purchase and reservations are required
 To purchase tickets, please call (904) 270-5377

*We reserve the right to combine small parties of 2-3 people on one lane; not to exceed 6 people

Carpentry
DAVE'S Carpentry - Int/Ext Doors, Crown, Trim, Facia, Wd rot, Drywall repairs, painting. Refs- 904-755-6896

Child Care
AVONDALE Early Learning Center- A place for your child to learn & grow. Call Cindy for enrollment 904-387-4363

Cleaning Service
You've Got It Maid! Cleaning Services. Lic/ Bonded/Insured. Many references. Call Lisa 904-564-2327

Merchandise
AC, Heating, Fuel Antiques Appliances Arts & Crafts Auctions Building Supplies Business/Office Equipment Clothes Collectibles Computer Craft/Thrift Stores Electronics Estate Sales Farm/Planting Fruits/Vegetables Furniture/Household Garage Sales Garden/Lawn Hot Tubs/Spas Jewelry/Watches Kid's Stuff Machinery & Tools Medical Miscellaneous Merchandise Musical Merchandise Photography Portable Buildings Public Sales Sporting Goods Tickets Trailers Wanted to Buy or Trade

Arts and Crafts
FOR SALE: COMPLETE GLASS SHOP (Lampworking, fusing, Stained Glass) New, \$6500.00. Must sell. Call Bob at 912-674-2282 or rschlog@tds.net

Estate Sales
B. LANGSTON'S PRESENTS Huge Decorator Estate Fine furn & acc, pottery, art, jewelry, tools, sewing, 701 Violet Pl, St Johns Thur/Fri/Sat 9-5. blangston.com
SOUTH-SIDE - ESTATE SALE - Sat 10/19, 9am-4pm, 2303 Wood Hill Pl. in Hillwood Condominiums off Baymeadows and Southside Blvd. Furniture, jewelry, kitchen, linens, some antiques & lots more!!

Furniture / Household
QUEEN PILLOW TOP MATTRESS FOR \$150 STILL IN PLASTIC **904-655-5444**
BED ABATEMENT \$99 NEW queen Sets still in the plastic 904-924-5944
Bed- Beautiful New Bedroom Set Must Sell \$275-Call 484-6177 for info
BED, iron frame, full size, white w/large brass post globes, old but in exc. cond. \$150. 904-502-1748
KING PILLOW TOP SET \$250 Never used. Still in Plastic Call 904-655-6551
Queen PILLOWTOP Absolute Bargain, Mattress Set \$125 644-0498

Furniture / Household
Aviation Boats Sailboats Boat Dockage & Rentals Marine Equipment & Supplies RV Rentals RV's & Suppliers Motorcycles & Mini Bikes Auto Brokers Auto Parts Antiques/Classics Automobiles Trucks/Trailers/SUVs Vans/Buses \$2000 or Less Commercial Vehicles Misc. Auto Autos/Trucks Wanted Auto Rent/Lease

Furniture / Household
Twin size bed w/mattress and hdd, exc. cond, like new \$75. 553-3887

Garage Sale
E. Arlington Kernan/McCormick Mt Pleasant Creek Community Sale Sat 8a-2p, Rain Date 10/26.

Garden / Lawn
350 Long Tractor 41 horse \$3K. 5 foot bush hog \$350. 6 foot box blade \$350. 912-729-6230

Misc. Merchandise
1/2 Carat Diamond Solitaire Ring 14k yellow gold \$800 Back Pack Jansport carries small tent, slpg bag \$75. 904-384-7809
20" GIRLS BIKE 7-teens \$45. Ceiling fan 52" \$75. 4 lights, 5 blades, white wicker boarder mirror 19"x11" \$50. 904-384-7809
Wall Curio, rosewood \$150. Oriental pictures \$15. 100 children silk sleeve \$25. Brass butterflies, swan bell. 904-269-4312

Portable Buildings
14 PORTABLE MODULAR BLDGS FOR SALE. Fiberglass shingle roof or metal roof. Exterior & inter. walls are washable Hardi Panel cement fiber material. 30' tall, height handi cap accessible alum. ramps & steps incl. From 50amp up to 200amp elect. svc. Completely renov. in '06 to hurricane code for So. Florida. Bard central heat & air incl. Fully insulated. Dimensions: 24X36X12, 863sq. ft. \$15,000. Delivered & set up. Financing avail. For special pricing call 904-629-2775

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CHIHUAHUA PUPS, 904-540-0716 Joyshomegrowchihuahua.com
LAB PUPS AKC Champ lines, OFA, \$500-\$2000. 11th guar. 904-753-1155
Oide English Bulldog Brindle Pups \$1500. registered 904-314-7048
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Vans / Buses
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Antiques / Classics
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INFINITI G35SX 2008, Exc condition, nav, sirius, 54000 miles. 904-386-8993. Ponte Vedra \$19,000
MERCEDES BENZ 5600 '07 black w/ black leather ent., all options, 63k mi, \$38,000 Call 904-388-7490/ 904-673-4382

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2007 JEEP WRANGLER, 32k mi's, red, soft top, mud tires, flood lights, rock guards, great shape! Extras! \$16,200. 817-374-0041
2011 FORD RANGER LXT 14K+ mi's, 100K Bumper to Bumper w/err., exc. cond, w/topper. \$15,900. 904-445-0233
FORD F250 DSL Super Duty Suspend cooling, 5th whl support, RV tailgate, banks brakes, exhaust transmission, owner \$19K. 904-771-7255

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* \$199 a month, 42-month lease, \$0 due at signing. Manual transmission. Excludes title, tax, options and \$589.50 dealer fees. Excludes TDI® Clean Diesel and Hybrid models. Offer expires 10/31/13

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Drive now.

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Tuesday, Nov. 12
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Adam W. Herbert University Center
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The Birth of the Navy of the United States



On Friday, October 13, 1775, meeting in Philadelphia, the Continental Congress voted to fit out two sailing vessels, armed with ten carriage guns, as well as swivel guns, and manned by crews of eighty, and to send them out on a cruise of three months to intercept transports carrying munitions and stores to the British army in America. This was the original legislation out of which the Continental Navy grew and as such constitutes the birth certificate of the navy.

To understand the momentous significance of the decision to send two armed vessels to sea under the authority of the Continental Congress, we need to review the strategic situation in which it was made and to consider the political struggle that lay behind it.

Americans first took up arms in the spring of 1775, not to sever their relationship with the king, but to defend their rights within the British Empire. By the autumn of 1775, the British North American colonies from Maine to Georgia were in open rebellion. Royal governments had been thrust out of many colonial capitals and revolutionary governments put in their places. The Continental Congress had assumed some of the responsibilities of a central government for the colonies, created a Continental Army, issued paper money for the support of the troops, and formed a committee to negotiate with foreign countries. Continental forces captured Fort Ticonderoga on Lake Champlain and launched an invasion of Canada.

In October 1775 the British held superiority at sea, from which they threatened to stop up the colonies' trade and to wreak destruction on seaside settlements. In response, a few of the states had commissioned small fleets of their own for defense of local waters. Congress had not yet authorized privateering. Some in Congress worried about pushing the armed struggle too far, hoping that reconciliation with the mother country was still possible.

Yet, a small coterie of men in Congress had been advocating a Continental Navy from the outset of armed hostilities. Foremost among these men was John Adams, of Massachusetts. For months, he and a few others had been agitating in Congress for the establishment of an American fleet.

They argued that a fleet would defend the seacoast towns, protect vital trade,



John Paul Jones, "Father of the United States Navy." Portrait by Charles Willson Peale. nps.gov

retaliate against British raiders, and make it possible to seek out among neutral nations of the world the arms and stores that would make resistance possible.

Still, the establishment of a navy seemed too bold a move for some of the timid men in Congress. Some southerners agreed that a fleet would protect and secure the trade of New England but denied that it would do so in the southern colonies.

Most of the delegates did not consider the break with England as final and feared that a navy implied sovereignty and independence. Others thought a navy a hasty and foolish challenge to the mightiest fleet the world had seen. The most the pro-navy men could do was to get Congress to urge each colony to fit out armed vessels for the protection of their coasts and harbors.

Then, on 3 October, Rhode Island's

delegates laid before Congress a bold resolution for the building and equipping of an American fleet, as soon as possible.

When the motion came to the floor for debate, Samuel Chase, of Maryland, attacked it, saying it was "the maddest Idea in the World to think of building an American Fleet." Even pro-navy members found the proposal too vague. It lacked specifics and no one could tell how much it would cost.

If Congress was yet unwilling to embrace the idea of establishing a navy as a permanent measure, it could be tempted by short-term opportunities.

Fortuitously, on 5 October, Congress received intelligence of two English brigs, unarmed and without convoy, laden with munitions, leaving England bound for Quebec.

Congress immediately appointed a committee to consider how to take

advantage of this opportunity. Its members were all New Englanders and all ardent supporters of a navy. They recommended first that the governments of Massachusetts, Rhode Island, and Connecticut be asked to dispatch armed vessels to lay in wait to intercept the munitions ships; next they outlined a plan for the equipping by Congress of two armed vessels to cruise to the eastward to intercept any ships bearing supplies to the British army.

Congress let this plan lie on the table until 13 October, when another fortuitous event occurred in favor of the naval movement. A letter from General Washington was read in Congress in which he reported that he had taken under his command, at Continental expense, three schooners to cruise off Massachusetts to intercept enemy supply ships. The commander in chief had preempted members of Congress reluctant to take the first step of fitting out warships under Continental authority. Since they already had armed vessels cruising in their name, it was not such a big step to approve two more. The committee's proposal, now appearing eminently reasonable to the reluctant members, was adopted.

The Continental Navy grew into an important force. Within a few days, Congress established a Naval Committee charged with equipping a fleet. This committee directed the purchasing, outfitting, manning, and operations of the first ships of the new navy, drafted subsequent naval legislation, and prepared rules and regulations to govern the Continental Navy's conduct and internal administration.

Over the course of the War of Independence, the Continental Navy sent to sea more than fifty armed vessels of various types. The navy's squadrons and cruisers seized enemy supplies and carried correspondence and diplomats to Europe, returning with needed munitions. They took nearly 200 British vessels as prizes, some off the British Isles themselves, contributing to the demoralization of the enemy and forcing the British to divert warships to protect convoys and trade routes.

In addition, the navy provoked diplomatic crises that helped bring France into the war against Great Britain. The Continental Navy began the proud tradition carried on today by our United States Navy, and whose birthday we celebrate each year in October.

~ *history.navy.mil*

Establishment of the Navy, October 13, 1775

This resolution of the Continental Congress marked the establishment of what is now the United States Navy.

"Resolved, That a swift sailing vessel, to carry ten carriage guns, and a proportionable number of swivels, with eighty men, be fitted, with all possible despatch, for a cruise of three months, and that the commander be instructed to cruize eastward, for intercepting such transports as may be laden with warlike stores and other supplies for our enemies, and for such other purposes as the Congress shall direct.

That a Committee of three be appointed to prepare an estimate of the expence, and lay the same before the Congress, and to contract with proper persons to fit out the vessel.

Resolved, that another vessel be fitted out for the same purposes, and that the said committee report their opinion of a proper vessel, and also an estimate of the expence."

Source: Journal of the Continental Congress, 13 October 1775, in William Bell Clark, editor, Naval Documents of the American Revolution, Vol. 2, (Washington, D.C.: Government Printing Office, 1966): 442.

Establishment of the Department of the Navy, April 30, 1798

This act established the Department of the Navy as a separate cabinet department. Previously, naval matters were under the cognizance of the War Department.

AN ACT (Chapter 35, Vol. I, page 553) to establish an executive department to be denominated the department of the navy.

SEC. 1. Be it enacted, &c., That there shall be an Executive Department under the denomination of the Department of the Navy, the chief officer of which shall be called the Secretary of the Navy, whose duty it shall be to execute such orders as he shall receive from the President of the United States, relative to the procurement of naval stores and materials, and the construction, armament, equipment, and employment of vessels of war, as well as all other matters connected with the naval establishment of the United States.

SEC. 2. And be it further enacted, That a principal clerk, and such other clerks as he shall think necessary, shall be appointed by the Secretary of the Navy, who shall be employed in such manner as he shall deem most expedient. In case of vacancy in the office of the Secretary, by removal or otherwise, it shall be the duty of the principal clerk to take the charge and custody of all the books, records, and documents of the said office.

SEC. 3. And be it further enacted, That the Secretary of the Navy be, and he is hereby, authorized and empowered, immediately after he shall be appointed, and shall enter upon the duties of his office, to take possession of all the records, books, and documents, and all other matters and things appertaining to this department, which are now deposited in the office of the Secretary of War.

SEC. 4. And be it further enacted, That there shall be allowed to the Secretary of the Navy an annual salary of three thousand dollars, payable quarter yearly at the Treasury of the United States; and the respective clerks in the office of the said department shall receive the same compensation, and be subject to the same regulations, as are provided by an act, supplemental to the act establishing the Treasury Department, and for a further compensation to certain officers in the offices of the other executive departments.

SEC. 5. And be it further enacted, That so much of an act, Entitled "An act to establish an executive department, to be denominated the department of war," as vests any of the powers contemplated by the provisions of this act in the Secretary for the Department of War, shall be repealed, from and after the period when the Secretary of the Navy shall enter on the duties of his office.

Approved, April 30, 1798.

About This Section

Air, Surface and Submarine: "A salute to our Navy and all who have served" is a special advertising section produced by the Military Publications department of The Florida Times-Union.

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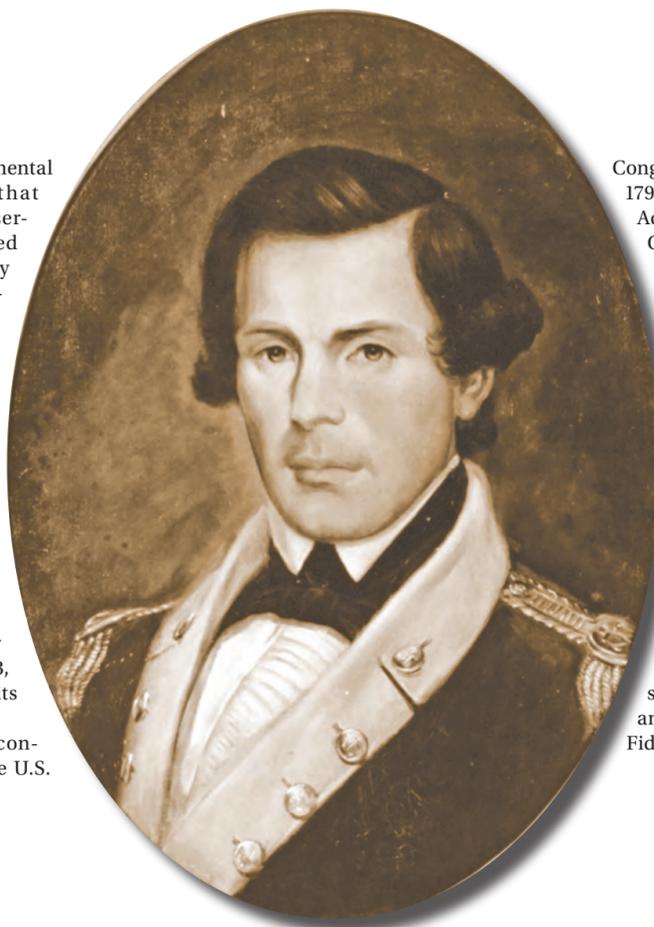
The Birth of the United States Marine Corps



During the American Revolution, the Continental Congress passes a resolution stating that "two Battalions of Marines be raised" for service as landing forces for the recently formed Continental Navy. The resolution, drafted by future U.S. president John Adams and adopted in Philadelphia, created the Continental Marines and is now observed as the birth date of the United States Marine Corps.

Serving on land and at sea, the original U.S. Marines distinguished themselves in a number of important operations during the Revolutionary War. The first Marine landing on a hostile shore occurred when a force of Marines under Captain Samuel Nicholas captured New Providence Island in the Bahamas from the British in March 1776. Nicholas was the first commissioned officer in the Continental Marines and is celebrated as the first Marine commandant. After American independence was achieved in 1783, the Continental Navy was demobilized and its Marines disbanded.

In the next decade, however, increasing conflict at sea with Revolutionary France led the U.S.



Samuel Nicholas, first Commandant of the United States Marine Corps, 1775-1783.

Congress to establish formally the U.S. Navy in May 1798. Two months later, on July 11, President John Adams signed the bill establishing the U.S. Marine Corps as a permanent military force under the jurisdiction of the Department of Navy. U.S. Marines saw action in the so-called Quasi-War with France and then fought against the Barbary pirates of North Africa during the first years of the 19th century. Since then, Marines have participated in all the wars of the United States and in most cases were the first soldiers to fight. In all, Marines have executed more than 300 landings on foreign shores.

Today, there are more than 200,000 active-duty and reserve Marines, divided into three divisions stationed at Camp Lejeune, North Carolina; Camp Pendleton, California; and Okinawa, Japan. Each division has one or more expeditionary units, ready to launch major operations anywhere in the world on two weeks' notice. Marines expeditionary units are self-sufficient, with their own tanks, artillery, and air forces. The motto of the service is *Semper Fidelis*, meaning "Always Faithful" in Latin.

~ history.com

Resolution of the Continental Congress establishing the Marine Corps - November 10, 1775

This resolution of the Continental Congress marked the establishment of what is now the United States Marine Corps.

"Resolved, That two Battalions of marines be raised, consisting of one Colonel, two Lieutenant Colonels, two Majors, and other officers as usual in other regiments; and that they consist of an equal number of privates with other battalions; that particular care be taken, that no persons be appointed to office, or enlisted into said Battalions, but such as are good seamen, or so acquainted with maritime affairs as to be able to serve to advantage by sea when required: that they be enlisted and commissioned to serve for and during the present war between Great Britain and the colonies, unless dismissed by order of Congress: that they be distinguished by the names of the first and second battalions of American Marines, and that they be considered part of the number which the continental Army before Boston is ordered to consist of."

Reestablishment of the Marine Corps – July 11, 1798

An Act for the establishing and organizing a Marine Corps.

Section 1. Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled, That in addition to the present military establishment, there shall be raised and organized a corps of marines, which shall consist of one major, four captains, sixteen first lieutenants, twelve second lieutenants, forty-eight sergeants, forty-eight corporals, thirty-two drums and fifes, and seven hundred and twenty privates, including the marines who have been enlisted, or are authorized to be raised for the naval armament; and the said corps may be formed into as many companies or detachments, as the President of the United States shall direct, with a proper distribution of the commissioned and non-commissioned officers and musicians to each company or detachment.

Sec. 2. And be it further enacted, That the pay and subsistence of the said officers, privates and musicians, shall be as follows, to wit: To a major, fifty dollars per month, and four rations per day; to a captain, forty dollars per month, and three rations per day; to a first lieutenant, thirty dollars per month, and three rations per day; to a second lieutenant, twenty-five dollars per month, and two rations per day; and to the non-commissioned officers, privates and musicians, conformably to the act, intituled "An act providing a naval armament," as shall be fixed by the President of the United States: And the President of the United States shall be, and is hereby authorized to continue the enlistment of marines, until the said corps shall be complete; and of himself, to Appoint the commissioned officers, whenever, in the recess of the Senate, an appointment shall be necessary. And the enlistments, which shall be made by virtue hereof, may be for the term of three years, subject to be discharged by the President of the United States, or by the ceasing or repeal of the laws providing for the naval armament. And if the marine corps, or any part of it, shall be ordered by the President to do duty on shore, and it shall become necessary to appoint an adjutant, paymaster, quartermaster, sergeant-major, quartermaster-sergeant, and drum and fife-major, or any of them, the major or commandant of the corps, is hereby authorized to appoint such staff officer or officers, from the line of subalterns, sergeants and music, respectively, who shall be entitled, during the time they shall do such duty, to the same extra pay and emoluments, which are allowed by law, to officers acting in the same capacities in the infantry.

Sec. 3. And be it further enacted, That the detachments of the corps of marines hereby authorized, shall be made in lieu of the respective quotas of marines, which have been established or authorized for the frigates, and other armed vessels and galleys, which shall be employed in the service of the United States: And the President of the United States may detach and appoint such of the officers of this marine corps, to act on board the frigates, and any of the armed vessels of the United States, respectively, as he shall, from time to time, judge necessary; any thing in the act "providing a naval armament" to the contrary hereof notwithstanding.

Sec. 4. And be it further enacted, That the officers, non-commissioned officers, privates and musicians aforesaid, shall take the same oath, and shall be governed by the same rules and articles of war, as are prescribed for the military establishment of the United States, and by the rules for the regulation of the navy, heretofore, or which shall be established by law, according to the nature of the service in which they shall be employed, and shall be entitled to the same allowance, in case of wounds or disabilities, according to their respective ranks, as are granted by the act "to ascertain and fix the military establishment of the United States."

Sec. 5. And be it further enacted, That the non-commissioned officers, musicians, seamen and marines, who are or shall be enlisted into the service of the United States; and the non-commissioned officers and musicians, who are or shall be enlisted into the army of the United States, shall be, and they are hereby exempted, during their term of service, from all personal arrests for any debt or contract.

Sec. 6. And be it further enacted, That the marine corps, established by this act, shall, at any time, be liable to do duty in the forts and garrisons of the United States, on the sea-coast, or any other duty on shore, as the President, at his discretion, shall direct.

Approved, July 11, 1798.



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History of Veterans Day

World War I - known at the time as "The Great War" - officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside the town of Versailles, France. However, fighting ceased seven months earlier when an armistice, or temporary cessation of hostilities, between the Allied nations and Germany went into effect on the eleventh hour of the eleventh day of the eleventh month. For that reason, November 11, 1918, is generally regarded as the end of "the war to end all wars."

Soldiers of the 353rd Infantry near a church at Stenay, Meuse in France, wait for the end of hostilities. This photo was taken at 10:58 a.m., on November 11, 1918, two minutes before the armistice ending World War I went into effect

In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words:

"To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

The original concept for the celebration was for a day observed with parades and public meetings and a brief suspension of business beginning at 11:00 a.m.

The United States Congress officially recognized the end of World War I when it passed a concurrent resolution on June 4, 1926, with these words:

Whereas the 11th of November 1918, marked the cessation of the most destructive, sanguinary, and far reaching war in human annals and the resumption by the people of the United States of peaceful relations with other nations, which we hope may never again be severed, and

Whereas it is fitting that the recurring anniversary of this date should be commemorated with thanksgiving and prayer and exercises designed to perpetuate peace through good will and mutual understanding between nations; and

Whereas the legislatures of twenty-seven of our States have already declared November 11



Naval Facilities Engineering Command Southeast Supervisory Project Manager Stan Kinmonth drives his Jeep in the City of Jacksonville's Veterans Day Parade on Nov.12, 2012. His passenger was Frank Heppner, a World War II D-Day and Battle of the Bulge combat engineer veteran. Heppner was named Grand Marshal of the parade. Kinmonth restored the 1942 Ford GPW Jeep in 30 months, completing it in September, 2011.

U.S. Navy Photo

to be a legal holiday: Therefore be it Resolved by the Senate (the House of Representatives concurring), that the President of the United States is requested to issue a proclamation calling upon the officials to display the flag of the United States on all Government buildings on November 11 and inviting the people of the United States to observe the day in schools and churches, or other suitable places, with appropriate ceremonies of friendly relations with all other peoples.

An Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11th of November in each year a legal holiday—a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day."

Armistice Day was primarily a day set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of soldiers, sailors, Marines and airmen in the Nation's history; after American forces had fought aggression in Korea, the 83rd Congress, at the urging of the veterans service organizations, amended the Act of 1938 by striking out the word "Armistice" and inserting in its place the word "Veterans."

With the approval of this legislation (Public Law 380) on June 1, 1954, November 11th became a day to honor American veterans of all wars.

Later that same year, on October 8th, President Dwight D. Eisenhower issued the first "Veterans Day Proclamation" which stated:

"In order to insure proper and widespread observance of this anniversary, all veterans, all veterans' organizations, and the entire citizenry will wish to join hands in the common purpose. Toward this end, I am designating the Administrator of Veterans' Affairs as Chairman of a Veterans Day National Committee, which shall include such other persons as the Chairman may select, and which will coordinate at the national level necessary planning for the observance. I am also requesting the heads of all departments and agencies of the Executive branch of the Government to assist the National Committee in every way possible."

President Eisenhower signing HR7786, changing Armistice Day to Veterans Day. From left: Alvin J. King, Wayne Richards, Arthur J. Connell, John T. Nation, Edward Rees, Richard L. Trombla, Howard

W. Watts

On that same day, President Eisenhower sent a letter to the Honorable Harvey V. Higley, Administrator of Veterans' Affairs (VA), designating him as Chairman of the Veterans Day National Committee.

In 1958, the White House advised VA's General Counsel that the 1954 designation of the VA Administrator as Chairman of the Veterans Day National Committee applied to all subsequent VA Administrators. Since March 1989 when VA was elevated to a cabinet level department, the Secretary of Veterans Affairs has served as the committee's chairman.

The Uniform Holiday Bill (Public Law 90-363 (82 Stat. 250)) was signed on June 28, 1968, and was intended to ensure three-day weekends for Federal employees by celebrating four national holidays on Mondays: Washington's Birthday, Memorial Day, Veterans Day, and Columbus Day. It was thought that these extended weekends would encourage travel, recreational and cultural activities and stimulate greater industrial and commercial production. Many states did not agree with this decision and continued to celebrate the holidays on their

original dates.

The first Veterans Day under the new law was observed with much confusion on October 25, 1971. It was quite apparent that the commemoration of this day was a matter of historic and patriotic significance to a great number of our citizens, and so on September 20th, 1975, President Gerald R. Ford signed Public Law 94-97 (89 Stat. 479), which returned the annual observance of Veterans Day to its original date of November 11, beginning in 1978. This action supported the desires of the overwhelming majority of state legislatures, all major veterans service organizations and the American people.

Veterans Day continues to be observed on November 11, regardless of what day of the week on which it falls. The restoration of the observance of Veterans Day to November 11 not only preserves the historical significance of the date, but helps focus attention on the important purpose of Veterans Day: A celebration to honor America's veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good.

~ U.S. Department of Veterans Affairs



Navy Band Southeast from NAS Jacksonville participates in the city's Veterans Day Parade on Nov. 12, 2012. The parade was the culmination the city's "Week of Valor" tribute that honored veterans, military members and their families.

U.S. Navy photo

History of Veterans Day



Photo courtesy of Pearl Harbor Survivors Association, NE Florida Chapter 6

NAS Jax Commanding Officer Capt. Bob Sanders gathers with Pearl Harbor survivors (from left) Henry Griffin, U.S. Army retired, 19th Infantry Battalion, Schofield Barracks; Chuck Ellis, U.S. Navy, USS Pennsylvania; Bill Tardiff, U.S. Navy, NAS Kaneohe Bay, Hawaii; Duane Reyelts, U.S. Navy, USS Oklahoma during a Pearl Harbor Survivors Association Plaque Dedication Ceremony at Jacksonville National Cemetery on Nov. 10, 2012. The plaque was placed in honor of those who served at Pearl Harbor in 1944.

Veterans Day, 1954

BY THE PRESIDENT OF THE UNITED STATES OF AMERICA A PROCLAMATION 3071

Whereas it has long been our customs to commemorate November 11, the anniversary of the ending of World War I, by paying tribute to the heroes of that tragic struggle and by rededicating ourselves to the cause of peace; and

Whereas in the intervening years the United States has been involved in two other great military conflicts, which have added millions of veterans living and dead to the honor rolls of this Nation; and

Whereas the Congress passed a concurrent resolution on June 4, 1926 (44 Stat. 1982), calling for the observance of November 11 with appropriate ceremonies, and later provided in an act approved May 13, 1938 (52 Stat. 351), that the eleventh of November should be a legal holiday and should be known as Armistice Day; and

Whereas, in order to expand the significance of that commemoration and in order that a grateful Nation might pay appropriate homage to the veterans of all its wars who have contributed so much to the preservation of this Nation, the Congress, by an act approved June 1, 1954 (68 Stat. 168), changed the name of the holiday to Veterans Day:

Now, Therefore, I, Dwight D. Eisenhower, President of the United States of America, do hereby call upon all of our citizens to observe Thursday, November 11, 1954, as Veterans Day. On that day let us solemnly remember the sacrifices of all those who fought so valiantly, on the seas, in the air, and on foreign shores, to preserve our heritage of freedom, and let us reconsecrate ourselves to the task of promoting an enduring peace so that their efforts shall not have been in vain I also direct the appropriate officials of the Government to arrange for the display of the flag of the United States on all public buildings on Veterans Day.

In order to insure proper and widespread observance of this anniversary, all veterans, all veterans' organizations, and the entire citizenry will wish to join hands in the common purpose.

Toward this end, I am designating the Administrator of Veterans' Affairs as Chairman of a Veterans Day National Committee, which shall include such other persons as the Chairman may select, and which will coordinate at the national level necessary planning for the observance. I am also requesting the heads of all departments and agencies of the Executive branch of the Government to assist the National Committee in every way possible.

IN WITNESS WHEREOF, I have hereunto set my hand and cause the all of the United States of America to be affixed.

Done at the City of Washington this eighth day of October in the Year of our Lord nineteen hundred and fifty-four, and of the Independence of the (SEAL) United States of America the one hundred and seventy-ninth.

DWIGHT D. EISENHOWER



Navy photo

The 2012 Submarine Veterans of World War Memorial Week featured a memorial service for lost boats and shipmates, Nov. 2 at the World War II Submarine Veterans Memorial Pavilion, NSB Kings Bay.

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Photo by MC2 Daniel Gay
 A Sailor aboard the guided-missile frigate USS Stephen W. Groves (FFG 29) throws a heaving line to moor the ship at the North Bank of the Riverwalk in downtown Jacksonville on Oct. 10, 2008. Groves invited friends and family members along on a family day cruise as they traveled the St. Johns river to Jacksonville to participate in Navy birthday celebrations.

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Military Family Appreciation Month (November)



Photo by Kaylee Larocque

A little rain didn't dampen the VP-10 homecoming celebration as Lt. Cmdr. David Neall hugs his son, Mason, while his wife, Kara, and son, Tyler, wait patiently for their turns.

Each year the President signs a proclamation declaring November Military Family Month. Last year President Obama said that our nation owes "each day of security and freedom that we enjoy to the members of our Armed Forces and their families. Behind our brave service men and women, there are family members and loved ones who share in their sacrifice and provide unending support."

This annual proclamation marks the beginning of a month-long celebration of the Military Family in which the Department of Defense and the nation will honor the commitment and sacrifices made by the families of the nation's servicemembers.

Armed Services YMCA Honors Military Families
 President Proclaims November as Military Family Month
 Understanding Sacrifices for Freedom
 Joining Forces Works to Support Military Families
 Why Appreciate Military Families?

Throughout the month of November, military families serving around the world are honored through a variety of observances and recognized for their commitment and the many contributions they make every day in support of the military and our nation. Efforts to recognize the sacrifices of the military family by Active, Guard, and Reserve leaders are being joined and supported by DoD organizations to include the Army Air Force Exchange Service, Defense Commissary Agency, and others.

Community leaders, businesses, and military bases and posts are teaming up to recognize military families through special events such as: open houses, fun runs, family fun nights, and community dinners; discounts at MWR facilities, local business and sporting events; and special recognitions during community activities throughout the month of November.

~military.com



Photo by MC2 Salt Cebe

Sonar Technician 1st class Tony Benz, assigned to USS Farragut (DDG 99), greets his children on the pier after returning home from a nine-month deployment. Farragut deployed with the John C. Stennis Strike Group to the U.S. 5th Fleet area of responsibility conducting maritime security operations, theater security cooperation efforts and support missions for Operation Enduring Freedom.

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Military Family Appreciation Month (November)



File photo

Rachel Nieves, right, Naval Hospital (NH) Jacksonville lactation nurse, works with Lt. Sarah Peck and her infant daughter to promote a healthy start in life. Naval Hospital Jacksonville is the first and only hospital on Florida's First Coast - military or private sector - certified as 'Baby Friendly' by UNICEF and the World Health Organization.



EM1 Joshua Harper speaks at the Boys and Girls Club. Many service members at Naval Submarine Base Kings Bay take part in volunteer programs such as Adopt-A-School or Habitat For Humanity.

Navy photo



Photo by Paige Gnann

Lt.j.g. Nils Mattson says his last goodbyes to girlfriend Carmen Figueroa before USS Simpson deploys from Naval Station Mayport for its NATO deployment.

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Jacksonville: A Navy City



Cryptological technician third class Katie Walley, assigned to the amphibious assault ship USS Bataan (LHD 5), exchanges greetings with the Jacksonville Jaguars mascot Jaxon DeVille. More than 300 Sailors and Marines gathered in the EverBank Field practice facility as part of the city of Jacksonville's "Week of Valor". Sailors met with players after the practice for autographs and photos.

U.S. Navy photo by Mass Communication Specialist Seaman Rob Aylward



Official USMC photo by Pfc. John-Paul Imbody

Pooles from Recruiting Station Jacksonville raise their right hands and repeat the Oath of Enlistment at a swearing-in ceremony held at EverBank Field before the Gator Bowl Classic on January 1, 2013. Repeating of the oath and pledging their allegiance to their nation is a time honored tradition all service members perform as part of the induction process into the United States Armed Services. The ceremony took place at the fifty yard-line of the stadium in front of 48,000 plus fans in attendance.



U.S. Navy photo by Chief Mass Communication Specialist Monica R. Nelson

The 2011 Sailors of the Year assigned throughout Navy Region Southeast visit the Duval County Veterans Memorial wall in downtown Jacksonville. Sailors toured the Jaguars stadium, Jacksonville Landing, and the Budweiser Brewery during their day downtown.

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Naval Air Station Jacksonville



A message from the Commanding Officer, Naval Air Station Jacksonville

Since winning the Navy Region Southeast Installation Excellence Award for the second consecutive year, no one can doubt the effectiveness of the NAS Jacksonville (Jax) team in its mission to enable warfighter readiness.

With its strategic location in Northeast Florida, and employing approximately 19,000 professional military and civilian personnel, NAS Jax continues to be a primary instrument of national security. Its warfighters and civilian counterparts play prominent roles in conducting every core capability of the Navy Maritime Strategy.

Focused directly on support to operational units, NAS Jax personnel work around the clock providing services to 14 aircraft squadrons, numerous detachments, joint commands and carrier strike group exercises.

NAS Jax is the Navy's premier anti-submarine warfare (ASW) installation. It serves as the Maritime Patrol and Reconnaissance Force (MPRF) hub – devoted to training all P-3C Orion and P-8A Poseidon ASW aircrew as they prepare to operate in conflict areas around the globe.

In addition to supporting the transition from the P-3C to the P-8A, NAS Jax is also facilitating the transition from HS anti-submarine to HSM multi-mission Seahawk helicopters. The MH-60R deploys from frigates, destroyers, cruisers and aircraft carriers with unmatched capability as an airborne multi-mission (anti-submarine and anti-surface) naval platform.

In the realm of unmanned aerial vehicles (UAV) designed for maritime intelligence, surveillance and reconnaissance (ISR), NAS Jax hosts the Navy's operator training center for the MQ-8 series of upgraded autonomous Fire Scout helicopters.

The base also supports the new MQ-4C Triton – a forward deployed, land-based, autonomously operated UAV system that provides a persistent maritime ISR using a multi-sensor mission payload. Along with the P-8A manned aircraft, the MQ-4C Triton UAV is integral to the Navy's MPRF family of systems.

For 73 years, NAS Jax has enjoyed a mutually beneficial partnership with the City of Jacksonville and surrounding counties. In the future, it will be necessary to build upon existing partnerships to ensure that realistic training may continue in order for America's warfighters to meet the Navy's diverse operational needs.

Capt. Roy Undersander
Commanding Officer
NAS Jacksonville

Marking 73 years of aviation excellence for the fleet, fighter and family

- The station's total economic impact (goods and services) is \$2.1 billion.



- Base employment is about 19,000 persons with a payroll of about \$1.28 billion

- ★ Active Duty 8,396
- ★ Military Retirees (50-mile radius) 49,112
- ★ Reserves 2,028
- ★ Military Students (Duval/Clay County) 12,482
- ★ APF Civilians 6,300
- ★ Non-APF Civilians 962
- ★ Contractors 1,231



- The base supports more than 110 tenant commands, including Commander Navy Region Southeast, Naval Hospital Jacksonville, Fleet Logistics Center Jacksonville, Naval Facilities Engineering Command Southeast, and Fleet Readiness Center Southeast.



- Other significant commands include Commander Patrol & Reconnaissance Wing (CPRW) 11, Helicopter Maritime Strike Force Weapons School, the Fire Scout unmanned aerial vehicle training center and VP-30, the Navy's largest Fleet Replacement Squadron.



- NAS Jacksonville is home base for seven active duty P-3C squadrons, three reserve squadrons and four helicopter squadrons. There are more than 100 aircraft of many types operating full time from NAS Jacksonville, including: P-8A Poseidon, P-3C Orion, SH-60F Seahawk helicopter, MH-60R Seahawk helicopter, C-40A Clipper, and C-130T Hercules.



- There are more than 460 buildings spread over 24,476 total acres that include OLF Whitehouse (2,564 acres) and the target ranges at Pinacastle (5,698 acres), Rodman (3,258 acres) and Lake George (8,960 acres). NAS Jacksonville alone is 3,896 acres.



Capt. Roy Undersander
Commanding Officer
NAS Jacksonville



Naval Air Station Jacksonville



A P-8A Poseidon assigned to Patrol Squadron (VP) 16 is seen in flight over Jacksonville. U.S. Navy photo by Personnel Specialist 1st Class Anthony Petry

VP-5 certified 'Safe for Flight'

Navy's second P-8A Poseidon squadron begins IDRC

By Lt. j.g. Brian O'Bannon
VP-5 Public Affairs Officer

The VP-5 "Mad Foxes" received their certification from Patrol and Reconnaissance Group Aug. 2 as "Safe for Flight" in operating the P-8A Poseidon.

This concludes nearly seven months of incredibly hard work by every Mad Fox that began on Jan. 4 with their transition process from the P-3C Orion to the P-8A.

VP-5 has flown the P-3C since 1974. The Mad Foxes history of excellence in the P-3C includes locating pieces of the tragic Space Shuttle Challenger explosion, remaining on top of a sinking Soviet Yankee Class submarine, support of Operations Desert Shield, Desert Storm, Enduring Freedom, Iraqi Freedom - and the first employment of an AGM-65F Maverick Missile from a maritime patrol aircraft during Operation Odyssey Dawn.

This memorable P-3C history came to an end Dec. 4, 2012 as then VP-5 Commanding Officer Cmdr. Erin Osborne landed the squadron's final Orion flight at NAS Jacksonville after a successful 7th Fleet deployment.

"Safe for Flight was a Herculean accomplishment for 240 Mad Foxes," VP-5 Commanding Officer Cmdr. Matthew Pottenburgh told squadron personnel during the Aug. 1 command quarters.

"The work that began the day when Skipper Osborne landed our last P-3C



Airman Apprentice Jessica Diaz, a plane captain assigned to Patrol Squadron (VP) 5, signals directions to the pilot during the delivery of VP-5's first P-8A Poseidon aircraft. VP-5 has been undergoing transition to the new P-8A aircraft since January and is scheduled to complete the transition and receive a Safe-For-Flight Certification by the end of July.

Orion could not have been possible without the total effort of each and every Mad Fox."

VP-5's Safe for Flight inspection was conducted by Commander Patrol and Reconnaissance Wing (CPRW) -11 and began June 3 when the ordnance shop was inspected through a conventional weapons training proficiency inspection (CWTPPI).

Mad Fox ordnance men and women demonstrated proficiency to both safely upload and download ordinance to the P-8A over the course of the three-day inspection.

Following CWTPPI, Mad Fox aircrew completed five tactical flights in the Poseidon under the instruction of VP-30 instructor aircrew.

These flights took VP-5 aircrew members from the Florida Keys to New

Orleans to showcase their abilities operating this new aircraft. The month concluded with VP-5 naval flight officers, acoustic operators, and electronic warfare operators receiving their successful NATOPS evaluations from VP-30 instructors.

The very last stage of Safe for Flight certification began on July 29 as CPRW-11 kicked off a comprehensive inspection of every VP-5 maintenance program, administrative instruction, safety program, and NATOPS program - to name just a few.

Following these intensive four days of drills and inspections, skipper Pottenburgh proudly announced to the assembled squadron that VP-5 was recommended as "Safe for Flight" by CPRW-11 to Patrol and Reconnaissance Group.



U.S. Navy photo by Glenn Fawcett
Secretary of Defense Chuck Hagel (left) sits in the cockpit of a P-8A Poseidon aircraft flight simulator during a visit to the Patrol Squadron (VP) 30 training center at Naval Air Station Jacksonville. Hagel flew the simulator and landed in a simulated version of the runway at Joint Base Andrews.



U.S. Navy photo by MC3 Eric A. Pastor
Aviation Ordnanceman 1st Class Paul R. Toner (right) and Aviation Ordnanceman 2nd Class LaPorsha M. Shelton, both assigned to Patrol Squadron (VP) 16, prepare a MK-54 torpedo before loading it onto a P-8A Poseidon aircraft.

Each and every Mad Fox is now focused on beginning the inter-deployment readiness cycle (IDRC) with their two new P-8A Poseidon aircraft, side numbers 436 and 437. VP-5 looks to execute safely and efficiently in preparation for its upcoming 7th Fleet deployment.

The squadron continues to embody their motto: "No Fox Like a Mad Fox!"



U.S. Navy photo by MC2 Deven B. King

'Proud Warriors'

AWR2 Christopher Underwood raises LS2 Cody Weaver in a rescue basket to an SH-60B Sea Hawk helicopter assigned to the "Proud Warriors" of HSL-42, Det. 7, during a visit, board, search and seizure (VBSS) exercise aboard the guided-missile destroyer USS Jason Dunham (DDG 109).



Photo by Bob Brown

MQ-4C Triton

The Northrop Grumman MQ-4C Triton unmanned aircraft system completed its first flight in May 2013 from the company's facility in Palmdale, Calif. The 90-minute flight successfully demonstrated control systems that allow Triton to operate autonomously. Triton is specially designed to fly surveillance missions up to 24 hours at altitudes of more than 10 miles, allowing coverage out to 2,000 nautical miles. The system's advanced suite of sensors can detect and automatically classify different types of ships and submarines.



Naval Air Station Jacksonville



Photos by Clark Pierce

Sporting its fresh VFC-12 camouflage paint scheme, this F/A-18A+Hornet with upgraded avionics is about to be released for take-off from NAS Jax. In the air, it will join up with three other Hornets to play adversaries against fighters from Carrier Air Wing 3.

Special aircraft test carrier strike group defenses

By Clark Pierce
Editor

A six-plane detachment of F/A-18A+ Hornets from Fighter Squadron Composite (VFC) 12, along with a five-plane detachment operated by Airborne Tactical Advantage Company (ATAC), a two-plane detachment from L-3, and a two-plane detachment from Phoenix Air are operating from NAS Jacksonville to provide "adversary threat training" for the Harry S. Truman (CVN 72) Strike Group that is currently underway in the Atlantic for its Composite Training Unit Exercise (COMPTUEX).

Together, the aircraft from VFC-12 and contractor adversary aircraft, represent a realistic hostile opposing force to sharpen the war fighting capabilities of Navy expeditionary forces preparing for deployment.

Cmdr. Jeff Menna, a pilot with VFC-12, explained that the "Fighting Omars" are the Naval Reserves' premier adversary squadron for providing threat tactics training to Navy strike fighter squadrons.

"Based at NAS Oceana in Virginia Beach, our main job is to provide tactical 'dissimilar air combat training' for Navy, Marine Corps and other avia-



ATAC pilot Rob DeStasio taxis his F-21 Kfir fighter to the main runway of NAS Jax, where he took off to challenge the aerial defenses of the Harry S. Truman Carrier Strike Group operating in the Atlantic.

tion units. For COMPTUEX, we primarily oppose air strikes from the carrier air wing as they enter or leave the air space of Pinacastle Range Complex," said Menna. "Our goal is to enable strike fighter aircrew to hone their warfighting skills against a creditable adversary prior to deploying in the face of real threats."

In late 2012, VFC-12 began their transition from the blue camouflage F/A-18C Hornet that they flew for seven years - to the upgraded F/A-18A+ Hornet painted in the bold SU-35 Flanker Arctic Splinter camouflage. The unique challenges inherent to the squadron's mission make the Fighting Omars one of the Navy's most sought after avia-

tion duty assignments.

ATAC pilot Rob DeStasio said, "According to daily tasking from Commander, Strike Force Training Atlantic (CSFTA), ATAC aircraft present a variety of threat profiles - either against Carrier Air Wing-3, surface ships in the strike group, or both.

"We may also fly joint missions against the strike group with Hornets from VFC-12 or Lear jets from L-3," said DeStasio.

"L-3 has provided the Navy with COMPTUEX adversary support for a number of years," explained Jim Bailey. "Our Lear jets deliver threat simulations for ship attacks, as well as towing aerial targets for ships and fighter aircraft.



(From left) Two specially outfitted L-3 Lear jets are parked on the NAS Jax tarmac alongside another Lear jet and a Gulfstream G-1 turboprop operated by Phoenix Air. They are all part of the specialized aerial threat force put together by Commander, Strike Force Training Atlantic.



ATAC pilot John Burch and aircraft mechanic Darrell White finish the walk-around inspection of their F-21 Kfir fighter, prior to take-off from NAS Jax for a joint mission with VFC-12, the Navy's premier adversary threat squadron.

Fleet Readiness Center Southeast tests jet engines, reduces noise pollution

By Marsha Childs
FRCSE Public Affairs Specialist

Local residents are spared much of the ear-throbbing noise produced when Fleet Readiness Center Southeast (FRCSE) conducts out-of-airframe testing to certify the reliability and performance of gas turbine engines repaired at the facility.

Annexed at the far end of NAS Jacksonville along the St Johns River, the Richard Kemen Engine Test Facility is acoustically treated and aerodynamically designed to reduce the powerful sound waves generated by jet engine combustion during testing.

"The walls around the concrete test chamber are 18 inches thick," said Mark Stogdon, an electronics engineer working at the testing facility. "We used to test engines outside in the late '60s, but the sound carried right across the river. Testing inside is easier, and acoustics are contained. It is considerably safer."

Stogdon said about 140 engines are tested at FRCSE each year, and Kemen is the Navy's only depot engine test facility still in use. He said in the "heyday" back in the 1970s, six facilities were to be built, but only one other was constructed at the military depot in Norfolk, Va. It was torn down years later following the depot closures in the mid-1990s according to Stogdon.

In the engine preparation



Photos by Victor Pitts

Marilyn Barzell, a quality assurance specialist, inspects a TF34-100 turbofan engine in the Robert Kemen Engine Test Facility at Fleet Readiness Center Southeast. Artisans perform acceptance testing on jet engines rebuilt and repaired at the facility to ensure they are producing the rated power and are safe for flight.

area, a monorail system allows technicians to suspend each jet engine until it is rolled into a test chamber, an enormous room measuring about 90-feet long, 20-feet wide and 30-feet high.

The monorail improves workflow and ensures optimum efficiency, safety and ease of use for the technicians. Seated in the control room behind two inches of bullet-proof glass, test cell operators put a variety of off-wing engines through their entire operating range to simulate the engine's flight mission. The largest being the F414-GE-400 turbofan engine with 22,000 pounds of static thrust. The F/A-18 Super Hornet and the EA-18G Growler tactical aircraft are each powered by two of these engines.



Photo by Marsha Childs

The Robert Kemen Engine Test Facility, located at the end of the flight line next to the St. Johns River at NAS Jacksonville, is the Navy's only engine test facility. The structure is acoustically treated and aerodynamically designed to reduce the powerful sound waves generated by jet engine combustion during testing.



Curtis Kimbler, the Fleet Readiness Center Southeast (FRCSE) test cell supervisor, inspects a TF34-GE-100 turbofan engine from an USAF A-10 Thunderbolt II. Jet engine mechanics service and repair a variety of gas turbine engines at the FRCSE Crinkley Engine Facility aboard NAS Jacksonville.

The test cell is designed with special air intake baffles for optimal air flow and exhaust to ensure engine performance consistency and to suppress noise to Occupational Safety and Health Administration acceptable levels. An exhaust collector and transfer tube,



Aircraft Mechanic Lee Peyton inspects an F414-GE-400 turbofan engine, the power plant for the F/A-18 Super Hornet Strike Fighter aircraft, in the Fleet Readiness Center Southeast Kemen Engine Test Facility.

exhaust diffuser, exhaust plenum and exhaust stack with baffles aid in reducing heat and vibration from engine exhaust during testing.

"We are not noisy," said Curtis Kimbler, the former test engine supervisor who now serves as the TF34 engine

supervisor. "It is one of the most people-friendly test cells around. We have testing capability for the J52, TF34, F414 and the F404 engine."

The Richard Kemen Engine Test Facility was dedicated in 1978 and underwent a major upgrade in 2011.



Naval Station Mayport



Holiday lights shine from ships at Naval Station Mayport as each ship moored at the naval base participated in the annual holiday light display competition. *U.S. Navy photo by MC2 Marcus L. Stanley*

NS Mayport: Enhance and sustain operational readiness

From NS Mayport Public Affairs

Established since 1942, Naval Station Mayport has grown to become the third largest fleet concentration in the United States. The unique operational composition of the naval installation includes a harbor capable of accommodating 34 ships and an 8,000-foot runway capable of handling any aircraft in the Department of Defense inventory.

NS Mayport is home to more than 83 tenant commands, including 16 naval ships, USCG Valiant (WMEC 621), 4

helicopter squadrons and Commander, U.S. Naval Forces Southern Command/Commander, U.S. Fourth Fleet.

The mission of Naval Station Mayport is to enhance and sustain the operational readiness of its tenant commands and provide unparalleled support to its families. The vision of the command is to be recognized as the leader of shore installations in the Navy and a model facility that employs a premier workforce always seeking to provide the finest service to the fleet, family and community.

community.

Over the past year, the base has worked towards its mission by undertaking vast energy conservation measures, completing a state of the art fitness center to enhance the physical readiness of Sailors and implementing housing improvements to enrich the quality of life.

NS Mayport improvements have saved the U.S. Navy nearly \$10 million while still providing the fleet with premium services. These improvements not only

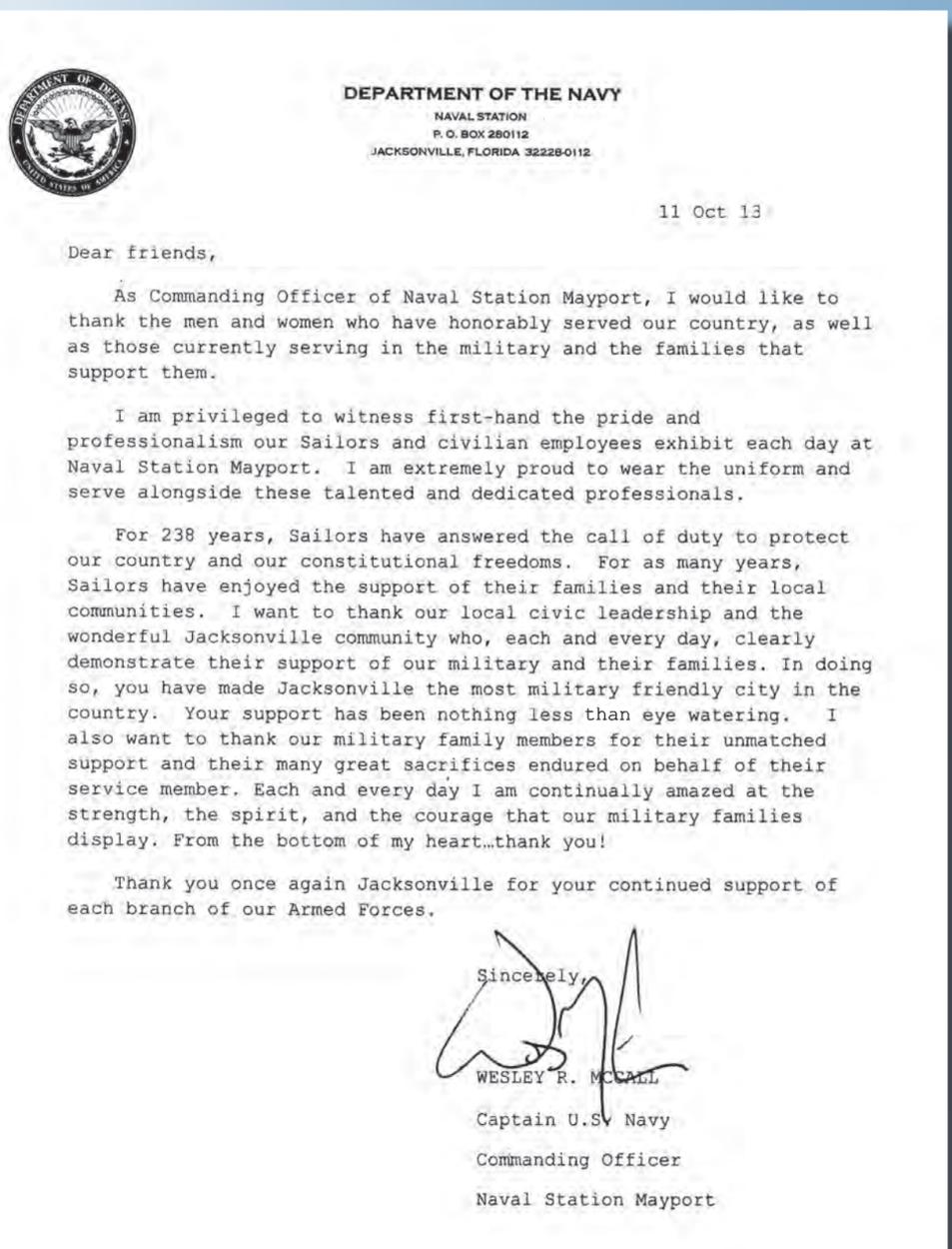
positively impacts NS Mayport Sailors, but those soon to arrive with USS New York (LPD 21), USS Iwo Jima (LHD 7) and USS Fort McHenry (LSD 43.) Mayport is also currently adding three patrol coastal ships to the basin, USS Shamal arrived in October, followed shortly by USS Tornado and USS Zephyr.

The base has provided support for 532 Navy ship movements, including 16 homeported vessels, 137 U.S. Coast guard ship movements and 110 foreign and commercial visiting ships.

A message from the Commanding Officer, Naval Station Mayport



Capt. Wesley McCall
Commanding Officer
NS Mayport





Naval Station Mayport



U.S. Coast Guard, working with aircraft from Helicopter Anti-Submarine Squadron Light Six Zero (HSL-60), seizes more than drugs on a recent Airborne Use of Force (AUF) mission during a counter narcotics deployment with Navy, Coast Guard, and partner organizations. *File photo*

HSL-60 'Jaguars' use nighttime force against drug runners

By Senior Chief Mass Communication Specialist William Lovelady

Darkness won't stop a bullet.

Drug runners in the Caribbean and Gulf of Mexico are finding out the hard way that U.S. Navy helicopters can not only hunt them at night, but now their U.S. Coast Guard precision marksmen can use force to stop drug boats 24-hours-a-day.

Last year, Helicopter Anti-Submarine Squadron Light Six Zero (HSL-60), a Navy Reserve squadron from Naval Station Mayport, Fla., became the first Naval unit authorized for nighttime use of force against drug boats. As they prepare for their next deployments, they expect this powerful new tool will increase their effectiveness in the counter-narcotics mission.

For several years, the Navy helicopters in the U.S. Fourth Fleet area of responsibility (the Caribbean, and Atlantic and Pacific Oceans around Central and South America) have had Coast Guard precision marksmen aboard who are authorized to fire disabling shots at drug boats.

"It's a law enforcement action so there are many legal aspects we have to comply with," said Lt. Cmdr. Cedric Patmon of HSL-60. "That is why it is a Coast Guard member who ultimately fires the

shots."

"When we find a suspected drug boat that meets the criteria for interdiction, authority over the helicopter is transferred to the regional Coast Guard commander," Patmon continued. "We hail the boat on the radio advising them to stop for inspection. If they do not respond to radio calls, we have a large sign that we use to visually request their cooperation. If the boat still doesn't stop, our Coast Guard marksman fires warning shots. Finally, the shooter will fire disabling shots at the boat's engine."

The Coast Guard precision marksmen are a small group of less than two dozen law enforcement members who have been selected for the precision marksmanship school. They use the M-107 semi-automatic rifle, firing the same .50 caliber round as the M-2 machine gun, to disable the drug boats.

While the M-107 rifle is accurate at more than 1,000 yards on land, these shots are taken at much closer range. Delivering more than 10,000 foot pounds of muzzle energy, this rifle and cartridge combination can readily pierce the hull of fiberglass, wood or metal drug boats.

"We try to get well inside 200 yards," said one of the Coast Guard shooters. "We don't want to cause any harm to personnel aboard the boats."

The shooters do not fire at anyone aboard the boat, only at the engine.

"After the suspected drug boat has stopped, of its own accord or because of disabling fire, our ship will launch a RHIB (rigid hull inflatable boat) with a Coast Guard law enforcement team to conduct VBSS (visit board search and seizure)," said Patmon. "Once aboard the suspect vessel, the law enforcement team will seize the drugs and take the smugglers into custody."

This new program has paid off for HSL-60, with several night time busts.

"Last year on deployment, we captured \$1 billion in illegal drugs headed for the United States," said Cmdr. Oscar Toledo, HSL-60's executive officer.

It was no simple task, becoming the first Navy unit to have authority for night time use of force.

"We started in 2010, to get ready for the 2012 deployment," said Toledo. "We had to configure our aircraft and put our crews through extensive training before we got Coast Guard approval for this program."

"One of our first challenges was the night vision," Toledo continued. "We needed a heads up display (HUD) inside the goggles. Flying with night vision at 80 to 100 feet over water, while creeping along at less than 30 knots is extremely difficult. Night vision limits peripheral

vision and depth perception. Because the HUD displays altitude, attitude, airspeed, and other critical flight parameters, allows our pilots to look where they were flying instead of turning their heads constantly to look at the instrument panel."

This increased safety and provided a steadier platform for the Coast Guard marksmen to shoot from, but it takes practice.

"We did a lot of training for these missions," said Toledo. "One of our biggest challenges as a Reserve squadron is coordinating our training days with the civilian work schedules of our Reserve aircrew members."

"It's pretty exciting for a Reserve squadron like the HSL-60 Jaguars, to lead the way with this new program. We had a lot of lessons learned that the fleet can incorporate as more units begin flying these missions."

Toledo concluded, "All of our guys made the sacrifices of their personal time to fly extra days and to be here when necessary. Our maintainers stepped up and kept our aircraft running under the increased load and did what was necessary to incorporate the new technology into the aircraft in order to meet our mission. I'd say \$1 billion in dope off the street is mission accomplished."



Photo by ET3 Michelle Maltese

Chief of Naval Operations Adm. Jonathan Greenert presents a coin to Cryptologic Technician (Technical) 2nd Class Tranbarger during an All Hands Call and reenlistment ceremony at Naval Station Mayport on May 3. Greenert and MCPON Mike Stevens spoke to hundreds of Sailors about the future of the Navy and today's Sailors during the All Hands held inside the HSL-48 hangar.



U.S. Navy photo by MC3 Luis Fiallos

Machinist's Mate 3rd Class Nathaniel Loesch, assigned to the guided-missile cruiser USS Hue City (CG 66), reports on station before a replenishment-at-sea alongside the Military Sealift Command fleet replenishment oiler USNS Walter S. Diehl (T-AO 193). Hue City is deployed to the U.S. 5th Fleet area of responsibility promoting maritime security operations, theater security cooperation efforts and support missions as part of Operation Enduring Freedom.



Naval Station Mayport



U.S. Navy photo by MC2 Deven B. King

Logistics Specialist 3rd Class Brandon Highwood, a member of the visit, board, search and seizure (VBSS) team from the guided-missile destroyer USS Farragut (DDG 99), boards the guided-missile destroyer USS Jason Dunham (DDG 109) during a VBSS exercise. Jason Dunham and Farragut are deployed with the John C. Stennis Carrier Strike Group to the U.S. 5th Fleet area of responsibility conducting maritime security operations, theater security cooperation efforts and support missions for Operation Enduring Freedom.

Members of Naval Station Mayport's Second Class Petty Officers Association (SCPOA) salute during morning colors in the newly refurbished Mayport Memorial Garden. The SCPOA spent a Saturday cleaning, remulching, pressure washing and weeding the area and has committed to perform the upkeep every month.



Photo by Paige Gnann

4th Fleet: Fleet of innovation

By MC1 Sean Allen

U.S. Naval Forces Southern Command

Budget cuts have reduced Department of Navy spending across the board. Ship deployments have been cancelled and aircraft flying hours have been reduced.

This is where U.S. 4th Fleet has turned to innovative ways to continue the fleet's important mission.

4th Fleet's current missions include security cooperation activities, contingency operations, and the dominant mission of maritime security operations. 4th Fleet accomplishes this through Counter Transnational Organized Crime (C-TOC) mission.

The illegal transportation of illicit cargo to the U.S. and abroad functions as the greatest means these organizations make money and influence and destabilize the region.

4th Fleet and partner nations in the region monitor detect and intercept narcotics being smuggled via the waterways between the Americas. Defending the homeland by preventing narcotics from entering American schools and neighborhoods is an important mission that 4th Fleet must now accomplish with fewer ships, aircraft, and other assets.

"In the current fiscal environment, 4th Fleet is exploring innovative, cost effective solutions that can address the capability gaps caused by budget cuts." Rear Adm. Sinclair M. Harris, Commander, U.S. Naval Forces

Southern Command/Commander U.S. 4th Fleet said.

To continue sustained operations 4th Fleet has employed a combination of resources from the past with new technologies to continue the mission.

In March of this year 4th Fleet hosted a capabilities demonstration of the Naval Air Warfare Center's MZ-3A Airship, a blimp. 4th Fleet utilized blimps during WWII in the South Atlantic for anti-submarine warfare. Harris discussed the benefits blimps can bring to the C-TOC mission.

"Transnational criminal organizations (TCOs) utilize an array of tactics, low observable and high speed vessels, masked communication signatures and sophisticated coordination to smuggle illicit cargo into the U.S. every year. One way to enhance detection efforts against illicit trafficking within our area of operations is to utilize long-endurance platforms with the ability to use a multitude of sensors. Lighter-Than-Air (LTA) technologies, like this blimp have the potential to meet these operational needs," Harris said.

In May Harris traveled to Key West for a very successful demonstration of the TIF-25K Aerostat (unmanned balloon) and a Puma unmanned aerial vehicle (UAV) aboard the High-speed Vessel Swift.

The tethered Aerostat provides an aerodynamically stable, reliable and cost effective, unmanned aerial platform for surveillance, monitoring and detection. The standard system config-

uration can fly 2,000 to 3,000 feet above a ship like Swift and can deploy rapidly and safely.

The Puma UAV delivers flexibility, endurance and a payload capability unmatched in its vehicle class. With a wingspan of 8.5 feet, this lightweight, hand-launched UAV provides aerial observation at line-of-sight ranges up to 10 kilometers. Puma can be recovered in very restricted areas using vertical descent Auto Land and is currently undergoing sea landing trials.

On Aug. 20 a DC-3 coastal survey airplane from Naval Oceanographic Office (NAVOCEANO) visited 4th Fleet headquarters for a capabilities demonstration prior to a scheduled deployment to the Caribbean Sea and Central America, another vehicle from the past 4th Fleet wants to use for future operations.

The DC-3 collects oceanographic and hydrographic data from the world's oceans and coastlines, using a variety of platforms including, ships, aircraft, satellite sensors and buoys. The equipment on board this DC-3 allows it not only to survey coastal areas, but also detect surface and underwater contacts essential for the C-TOC mission.

"It is important for 4th Fleet to find creative ways to continue the C-TOC mission with fewer assets. In 2012, 318,133 pounds of cocaine at a wholesale value of \$8.5 billion and an estimated street value of \$25.5 billion were seized in the 4th Fleet Area of Responsibility (AOR)," Harris said.

Developing, testing and deploying low cost innovative ideas and technology in an uncertain budgetary environment is how 4th Fleet will continue operations now and in the near future.

"The Counter Transnational Organized Crime mission is of vital importance to our nation, as well as our partners in the region. The effect of crime and corruption that this illegal activity has brought threatens the stability of emerging countries like Honduras and El Salvador. Preventing the flow of drugs is not an U.S. problem, but a problem for all of the Americas", Harris said.

4th Fleet AOR's close proximity to the U.S. makes the Fleet's mission that more important. Illegal materials entering the U.S. are a direct threat to the homeland. The violence that drug trafficking creates has impacted our partner nations in the hemisphere.

It is important that 4th Fleet continues to explore innovative ways to do more with less. Budget concerns are a problem that is not going away anytime soon, and neither is the attempt to smuggle narcotics into the United States.

U.S. Naval Forces Southern Command and U.S. 4th Fleet (COMUSNAVSO/C4F) employs maritime forces in cooperative maritime security operations in order to maintain access, enhance interoperability, and build enduring partnerships that foster regional security in the U.S. Southern Command Area of Responsibility.

Mariner Skills Net an effective, efficient form of navigation team training

By Ensign William Drummond

ATG Mayport PAO

With minimal investment and some impressive Afloat Training Group (ATG) Mayport Sailor ingenuity, a much more effective training tool has been brought to the Fleet.

What started as a vision for a better training aid for surface Navigation teams, sparked two Chief Petty Officers from Afloat Training Group Mayport to implement the new team trainer course Mariner Skills Net (MSN).

Identifying the need to have an integrated navigation team training tool, Chief Quartermaster Cunningham and Chief Quartermaster Holder of ATG teamed up with Paul Gibbs of CSCS and Edmar Obenza of NAVAIR to develop the new course.

MSN is an effective way to train the surface ships' navigation teams. The program is a cost effective, all inclusive simulator for navigation training. It allows officers and enlisted to train together on a dynamic problem.

MSN is able to provide refresher training to ships without ever leaving the basin.

CSCS provided classrooms to house the new course. NAVAIR provided the computers used for the simulation.

"This is a way to integrate the entire navigation team - on the bridge, in combat, working on the same dynamic problem, real time, pulling into or out of any

port, in any type of weather, day or night - all while the ship is in the yard period," Holder said.

Just as the aviators have complex flight simulators, the MSN software provides a similar opportunity to the Surface Navy side. Sailors can hone the skills necessary to ensure the safe navigation of the ship.

Another benefit of the MSN course is the cost. ATG Mayport created the whole system for just \$2,000. Cunningham, Holder, and Gibbs were able to use existing software and hardware to create the course.

They interfaced the existing equipment and innovated an integrated full bridge and CIC simulator. The \$2,000 was spent to purchase a computer, Voyage Management System (VMS) licenses, sound cards, headsets, and reformat existing computers to complete networked watch stations.

"This [course] will pay for itself by lessening the amount of underway times necessary to effectively train the bridge team in navigation and ship handling," Cunningham said.

The training is not only cost effective, but it is also receiving ample praise from those who experience the MSN course first hand. USS Taylor's Navigation team got to use the system first hand during a recent training class at ATG.

"The training we are now receiving through MSN is far superior to the previous method," said Quartermaster 2nd Class Pierce of USS Taylor. "As opposed to individual training, MSN allows the OOD [Officer of the Deck], Conning Officer, QMs, and OSS

to train together, allowing for much more realistic training."

MSN has the ability for the training to match the experience level of those at the controls. An entire new bridge team to a group of seasoned Sailors can benefit from the course, Cunningham.

Training can also be given to VMS and non VMS capable ships. VMS is the Navy's version of GPS. The MSN curriculum serves as 1.2/ 1.3 A for MOB-N, enables PQS items to be signed off, and is even able to fully qualify a lookout without ever getting underway.

"The MSN course simulates relative motion, which means the bearings, tide, and currents are constantly changing," added Operations Specialist 2nd Class Harris of USS Taylor. "That definitely shows us where we lacked and where we didn't lack."

The ship's Navigation team also commented on how shooting an actual bearing at an actual target with the MSN simulation was exponentially better than reading it off of a paper and applying it just to charts.

Currently, 18 real world ports can be simulated in the trainer with the option to add any port to the system with a request 90 days prior to the training date.

Cunningham and Holder were awarded Navy Achievement Medals by the command for their actions.

This course is provided at Building 1556 CSCS in the VMS Operator classroom. For more information or to schedule a class contact ATG Mayport at 904-270-6344 ext. 3044.



Naval Submarine Base Kings Bay



Naval Submarine Base Kings Bay marks 35th year

East Coast Ohio-class submarine home port continues to thrive

From Naval Submarine Base Kings Bay Public Affairs

What began as an inactive Army Marine Ocean Terminal in 1958 is now home to the most powerful vessels ever created for the U.S. Navy and the world.

Enjoying its 35th year, Kings Bay is the largest employer in Camden County with more than 8,000 service members and civilian employees and an estimated annual payroll of \$500 million. The goods and service the Kings Bay military bring into Camden County is estimated at \$697 million.

Kings Bay is the home port to six Ohio-class ballistic missile submarines and two Ohio-Class guided missile submarines.

The Navy's move to Kings Bay began when treaty negotiations between the United States and Spain called for the withdrawal of Submarine Squadron 16 from its operational base in Rota, Spain by 1979.

Between 1976 and 1978 Navy officials looked at more than 60 sites along the East Coast and decided on Kings Bay as the future refit site for the squadron. In addition to the land already owned by the Army, the Navy acquired other surrounding properties for a total of 16,900 acres to create the new support base.

It also transformed a sleepy community of 11,000 into a bustling one of about 50,000.

"It changed Camden County forever," said David Rainer during a 2005 interview. "It was a defining period for everyone."

Rainer, a Camden County Commissioner, was the superintendent of Camden County schools in 1978.

During a visit to the base in 2005, former president Jimmy Carter jokingly said it was hard not to have an influence in Kings Bay's selection during his tenure as president. However, the former governor and submariner noted, "Kings Bay was selected on its own merits."

Ken Smith, a Trident Refit Facility



An early aerial view of Naval Submarine Base Kings Bay's administrative building, Fluckey Hall, and the massive Trident Training Facility (left rear). *Periscope file photo*

employee and mayor of Kingsland, said the base was among the most important events to occur in Camden County history.

"I don't know if [Carter] did anything in office that was more significant to Camden County," Smith said in 2005. "He was in office at the time of the base's inception. It helped bring a lot of change, not only to Camden County, but surrounding counties."

The first group of Sailors arrived in January 1978 and began the transfer process from the Army to the Navy that was completed by July. Cmdr. Robert Sminkey, along with 37 Sailors and civilian employees, raised the national ensign and changed the sign to read Naval Submarine Support Base Kings Bay near what was to become Stimson Gate. With the transition complete, the commanding officer of the support base and his crew set out to transform the terminal into an operational naval base.

Initial construction began to prepare for the arrival of the squadron and the

submarine tender USS Simon Lake (AS-33). According to base archives and newspaper accounts, the U.S. Army Corps of Engineers removed 13.5 million cubic yards of material from the St. Marys Entrance Channel, Cumberland Sound and Kings Bay in preparation for the incoming fleet. Congress also approved funding for many projects such as the development of 250 family housing units, the first base administration building (now public works), security building, and a new fire station.

"When I first arrived at Kings Bay to take command in 1979, it was only a few trailers and a pine forest," said retired Capt. Richard Carrier, who was the second commanding officer of Kings Bay. Carrier was on hand to greet Squadron 16 and USS Simon Lake upon their arrival at Kings Bay later that year. "Making do was our biggest challenge as was incorporating change. I had a workforce of 350 personnel when I started. When I left, there was close to

1,000 people working on the base."

Following an extensive one-year environmental impact study in October 1980, Kings Bay was selected as the east coast site for the new Ohio-class submarines. The Navy then called for the construction of three new commands. Trident Training Facility, Trident Refit Facility and Strategic Weapons Facility Atlantic were built to support the massive new boats.

Trident Training Facility is the largest building in Camden County, with more than 500,000 square feet of classrooms and office space. Trident Refit Facility's dry dock is the largest covered dry dock in the Western hemisphere.

The announcement spurred the largest peacetime construction project ever undertaken by the Navy. The \$1.3 billion, 11-year construction project also fueled a population explosion in Camden County that still persists today.

Other milestones achieved dur-

See 35 YEARS, Page 22

A message from the Commanding Officer, Naval Submarine Base Kings Bay



Capt. Harvey L. Guffey, Jr.
Commanding Officer
NSB Kings Bay

We at Naval Submarine Base Kings Bay are happy to take part in Air, Surface, Submarine - A Salute to Our Navy and All Those Who Have Served. With our brothers and sisters at Naval Air Station Jacksonville and Naval Station Mayport, we are proud of the role we play in the forward-deployed missions that make our Navy the true global force for good that it is. We salute as well those at NAS Jax and NS Mayport for the critical roles they so admirably perform.

As a member of the Tri-Base community, NSB Kings Bay is a crucial part of the \$7.8 billion economic impact that the three installations make to the Southeast Georgia and Northeast Florida region. As the exclusive base on the East Coast for Ohio-Class ballistic missile and guided missile submarines, we place our utmost value on the service members, civilian workforce and contractors, whose dedication, hard work and sacrifice are key to our success in fulfilling our mission.

The commands and personnel who constitute Kings Bay function as one team, enhancing our readiness and transforming challenges into achievement. We make a difference through integrity, mutual respect and professional conduct. The power of our organization is in the genius of our people. The quality of our submarine crews and tenant commands is second to none.

Today and throughout the history of the base, the honor, courage and commitment of our people have enabled our country to preserve the freedoms we all enjoy. In addition, participation by the members of Team Kings Bay and our families in community outreach programs has been and continues to be outstanding. The hundreds of volunteer hours at area schools, building homes, serving meals, stocking food pantries and cleaning parks are admirable and greatly appreciated by the good people of Camden County.

We never forget those who have set the course before us. As we approach Veterans Day on Nov. 11, we build upon the solid keel laid by so many in the past, and we truly stand on the shoulders of giants.

As we prepare ourselves for the challenges of tomorrow, my family and I send all here at Kings Bay and those at nearby NAS Jax and NS Mayport, plus the surrounding communities of veterans and citizens, a Bravo Zulu on a job well done and our best wishes for continued success.

Capt. Harvey L. Guffey
Commanding Officer
Naval Submarine Base Kings Bay, Ga.

Supporting the Fleet, Fighter, and Family



Naval Submarine Base Kings Bay



The ballistic-missile submarine USS Rhode Island (SSBN 740) is escorted by tug boats to her berth at Naval Submarine Base Kings Bay.

Navy photo by MC1 Kimberly Clifford



Capt. Harvey L. Guffey, Jr., Naval Submarine Base Kings Bay commanding officer, addresses all Sailors stationed at the submarine base at last year's 9/11 Remembrance at Naval Submarine Base Kings Bay.

Navy photo by MC1 James Kimber



USS Florida (SSGN 728) Gold crew members took part in Navy Week at Tampa. Current Kings Bay Command Master Chief Randy Huckaba, then-Gold crew chief of the boat, played Battleship with a patient at the St. Joseph's Children's Hospital, Tampa.

Navy photo



Naval Submarine Base Kings Bay's Trident Refit Facility's dry dock is the largest covered dry dock in the Western hemisphere. Here firefighters carry a victim from 80 feet below grade, adjacent to the massive trident submarine, to the top of a dry dock using the stairway at bottom right.

Photo courtesy of NSB Kings Bay Fire Department



The Ohio-class guided missile submarine USS Georgia (SSGN 729) transits the St. Marys River en route home to Naval Submarine Base Kings Bay.

Navy photo by MC1 James Kimber

35 YEARS

From Page 21

ing the first years were the publication of the first Periscope newspaper June 15, 1979, the first annual Combined Federal Campaign conducted at Kings Bay Nov. 1, 1979, and the first submarine to be dry docked at Kings Bay, the USS Henry L. Clay (SSBN 625) in April 1980.

"When I first arrived in July 1984, I worked for Morale, Welfare and Recreation for two years," said Fred Alexander, a retired chief yeoman who later worked for the base administration.

"The admin building was still being built, Trident Training Facility was not yet finished and Group 10 was non-existent."

Since then he said, construction of new buildings changed the face of the base.

"The biggest impression I received from my initial



arrival to Kings Bay was the (care) put into the design of the base, because everything was within walking distance," Alexander said.

The first Trident Ohio-Class submarine, USS

Tennessee (SSBN 734) arrived at Kings Bay Jan. 15, 1989, bringing with it two crews of more than 150 Sailors each. By 1997, Kings Bay was the homeport to 10 Trident submarines and a workforce of 11,000.

Kings Bay continues to evolve.

Five of the Tridents transferred to the West Coast and USS Florida (SSGN 728) and Georgia (SSGN 729) were converted to guided missile submarines and shifted homeport to Kings Bay. USS Alaska (SSBN 732) arrived from the West Coast.

In addition, the Coast Guard Maritime Force Protection Unit was commissioned in 2007, bringing 140 Coast Guardsmen and the cutter Sea Dragon to the base.

Kings Bay has added additional patrol boats and new buildings to support the Coast Guard, as well as additional support facilities for SWFLANT and Marine Corps Security Force Battalion.

The Times-Union contributed to this story.



Naval Submarine Base Kings Bay



Navy photos by MC1 James Kimber

Lt. j.g. Luke Leveque, assigned to the Gold crew of the ballistic missile submarine USS Maryland (SSBN 738) pins the submarine officer warfare device on his wife, Lt. j.g. Marquette Leveque, assigned to the Gold crew of the ballistic missile submarine USS Wyoming (SSBN 742), at Naval Submarine Base Kings Bay.

Dec. 13, 2012: Milestone day for Navy, Kings Bay

First qualified female sub officers receive Dolphins

From Commander, Submarine Forces Public Affairs

Three Sailors assigned to USS Wyoming (SSBN 742) and USS Maine (SSBN 741) became the first female unrestricted line officers to qualify in submarines, Dec. 5.

Lt. j.g. Marquette Leveque, a native of Fort Collins, Colo., assigned to the Gold Crew of Wyoming, and Lt. j.g. Amber Cowan and Lt. j.g. Jennifer Noonan of Maine's Blue Crew received their submarine "Dolphins" during separate ceremonies at Naval Submarine Base Kings Bay and Naval Base Kitsap-Bangor, Wash.

In order to receive their Dolphins, Leveque, Cowan and Noonan were required to qualify as Officer of the Deck and Engineering Officer of the Watch, perform damage control functions, and demonstrate satisfactory qualities of leadership.

In Kings Bay, Leveque, along with fellow Gold Crew officer Lt. j.g. Kyle E. McFadden, participated in a ceremony presided by Cmdr. Christopher Nash, commanding officer of Wyoming's Gold Crew.

"Today was a very special occasion" Nash said.

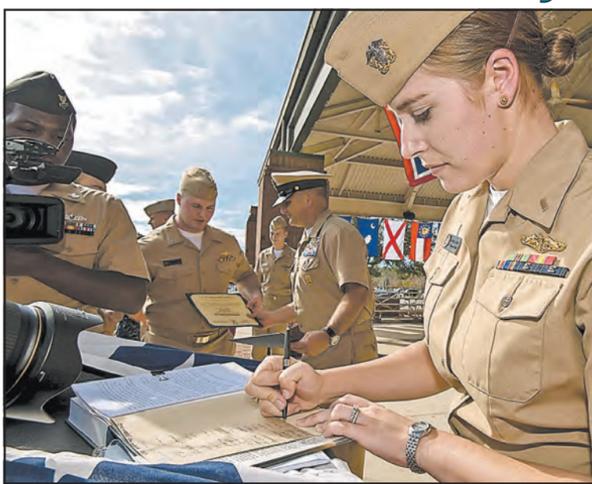
"It was special because two talented young officers earned the right to lead the next generation of submarine sailors in the most capable Navy the world has ever known. It was also special because these young leaders fully represent the future of our nation's technical talent."

Nash pinned McFadden at the ceremony.

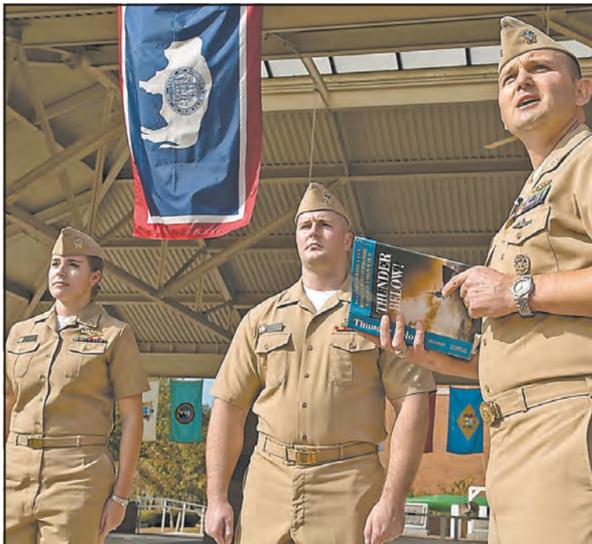
Leveque was pinned by her husband, Lt. j.g. Luke Leveque, a qualified submariner onboard the ballistic missile submarine USS Maryland (SSBN 738).

"I am honored to be joining the long tradition of the submarine force by earning my Dolphins and excited for the journey to come," Leveque said.

"I could not have accomplished this without the help of the wardroom and crew of the USS Wyoming."



Lt. j.g. Marquette Leveque, assigned to the Gold crew of the ballistic missile submarine USS Wyoming (SSBN 742), signs her command's copy of Adm. Eugene B. Fluckey's "Thunder Below!" after receiving her submarine officer warfare device at Naval Submarine Base Kings Bay. Leveque is one of three Sailors to become the first female unrestricted line officers to qualify in submarines.



Cmdr. Chris Nash, commanding officer of the Gold crew of the ballistic missile submarine USS Wyoming (SSBN 742), reads a paragraph from Adm. Eugene B. Fluckey's "Thunder Below!" after presenting Lt. j.g. Marquette Leveque and Lt. j.g. Kyle McFadden, both assigned to Wyoming, with their submarine officer warfare devices at Naval Submarine Base Kings Bay.

Cowan, a native of Colorado Springs, Colo., and Noonan, who hails from Boston, joined two other Blue Crew officers — Lt. j.g. James Barclay and Lt. j.g. John Schaeffer — in receiving their Dolphins.

Cowan was pinned by her husband, Naval Flight Officer Lt. Adam Cowan.

Noonan chose a former Maine shipmate and mentor, Lt. Jason Brethauer, to pin her Dolphins. Schaeffer decided to have Lt. Joe Westfall, a current shipmate from the Blue Crew, conduct his pinning.

The Commanding officer of Maine's Blue Crew, Cmdr. William Johnson, pinned

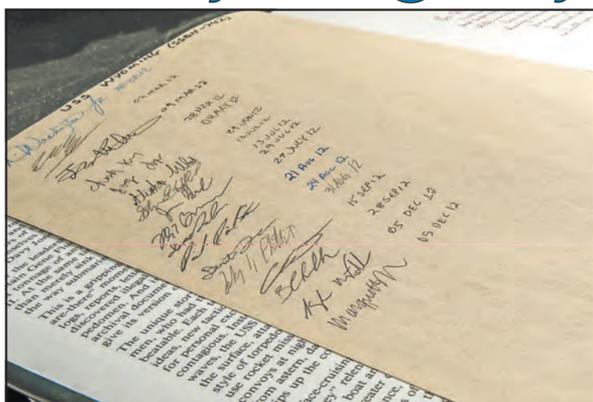
Barclay.

"I am honored to participate in today's ceremony honoring these four fine officers who have proven themselves over the past year," Johnson said.

"They are truly worthy to join in the great legacy of submariners that have gone before us as 'qualified in submarines.'"

Leveque, Cowan and Noonan are three of 24 women — 17 line officers and seven supply officers — assigned to Maine, Wyoming, USS Ohio (SSGN 726) and USS Georgia (SSGN 729).

Wyoming and Georgia are homeported in Kings Bay, while Maine and Ohio are



The signatures of Lt. j.g. Kyle McFadden and Lt. j.g. Marquette Leveque, both assigned to the Gold crew of the ballistic missile submarine USS Wyoming (SSBN 742), are with the signatures of the submarine officers qualified before them aboard the Ohio-class ballistic missile submarine after receiving their warfare devices at Naval Submarine Base Kings Bay.



Lt. j.g. Marquette Leveque (left) and Lt. j.g. Kyle McFadden, both assigned to the Gold crew of the ballistic missile submarine USS Wyoming (SSBN 742), receive their submarine officer warfare devices at Naval Submarine Base Kings Bay. Leveque is one of three Sailors to become the first female unrestricted line officers to qualify in submarines.

homeported in Bangor.

Leveque, Cowan and Noonan have each completed strategic deterrent patrols aboard their respective submarines.

"Qualifying is a huge accomplishment for any submariner, and it feels no different for me," Noonan said.

"I am thrilled to finally be a member of this elite community. I'm particularly grateful to my crew, officers and enlisted, for supporting me and holding me to the same standards as those who have gone before me. I look forward to being able to fully contribute to the crew now that I'm a qualified submarine officer."

Cowan said qualification in submarines is more of a personal achievement

"It requires understanding of the many facets of submarine life and has you perform so many skills that when I take a step back and look at everything that I have done and

what this qualification means I will do, it is pretty amazing," she said.

"I see it as that point where I have demonstrated the knowledge and the instinct to perform safely and smartly in all areas of the ship and its missions. Ultimately, it is a monumental mark of the confidence my command and crew has in me. And earning that respect and acceptance is a feeling that I will hold with me for my entire life."

Prior to reporting to their boats beginning in November 2011, Leveque, Cowan, Noonan and the other women assigned to Ohio, Maine, Wyoming and Georgia graduated from the Submarine Officer Basic Course in Groton, Conn.

In addition, the submarine line officers under instruction graduated from the Naval Nuclear Power School at Charleston, S.C., and underwent naval nuclear prototype training.

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EQUINOX
MSRP \$25,235
Disc. up to \$2,205.20



Plus Save \$750!
USAA members receive an extra \$750* off the purchase of an eligible, new vehicle, on top of the discount and most current incentives.



THE BEST MILITARY DISCOUNT IN THE INDUSTRY JUST GOT BETTER
Our new military discount price means greater savings for you. We've increased the discount on every eligible vehicle. Plus, you can combine it with most current incentives - including bonus cash, consumer cash and trade-in allowance. Build and price to see how much you can save.
You'll also get the security of our 2-year/24,000 mile scheduled maintenance program*, available on new 2014 Chevrolet models. USAA members receive an additional \$750 private offer*.
The Chevrolet military discount is available to more military members than any other brand. Active Duty, Reserves, Veterans within one year of discharge date and Retirees of the U.S. Military - including their spouses - have an exclusive way to save on an eligible new Chevrolet*.

Payments as low as \$159 month

2008 FORD MUSTANG GT

\$19,945

2008 GMC ENVOY

\$16,985

2007 CADILLAC STS

\$15,455

2005 MERCEDES CLK

(Only 69K miles)
\$15,200

2006 JEEP WRANGLER

\$14,980

2007 FORD EXPLORER

\$13,970

2009 CHEVY COBALT

\$10,575

2005 VW BEETLE

\$9,550

2006 BUICK RENDEZVOUS

\$8,970

2005 SATURN VUE

\$7,395

2003 FORD ESCAPE

\$6,325

2003 PONTIAC MONTANA VAN

1 Owner
\$5,900

** Disclosure = All payments above are based on 760+ beacon score W.A.C. Payments calculated with tax, tag, lic and notary fee of (\$499.50) as down payment. Terms are based on 75 month financing with approved bank financing. Sales prices above are before tt&l. Pictures for illustration purposes only.

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