

Navy Releases Proposed Budget

From Defense Media Activity-Navy

The Department of the Navy released April 10 its proposed \$155.8 billion budget for fiscal year 2014.

This budget is part of the \$525 billion defense budget President Barack Obama submitted to Congress on the same day.

Rear Adm. Joseph Mulloy, deputy assistant secretary of the Navy for budget, briefed media at the Department of Defense budget press conference about the Navy and Marine Corps portion of the budget, which was a \$4.2 billion decrease from last year's baseline appropriation.

"So the bottom line (for military personnel), the Navy's going to slow growth slightly over time. We've pretty much reached the point where, to be able to operate with the force we have and to be able to properly man and train, we need these forces," Mulloy said.

This year's budget sub-

mission was guided by the CNO's tenants of war-fighting first, operate forward and be ready.

Mulloy said the Navy is funding our forces operating forward, providing money to maintain and train those units getting ready to deploy, and investing in the people, ships and technology of

our future force.

The budget includes a \$49 billion request for operations and maintenance. This is an approximately three percent reduction, but it allows the Navy to maintain its commitment in the Middle East and the Western Pacific, consistent with the Defense

Strategy.

This year's submission also supports readiness for our next-to-deploy ships and units who will be preparing for their deployments in FY14. The Navy has also increased its ship depot-level maintenance account to increase the scope and

See Budget, Page 10

Traffic Stops For Pot Hole

From Staff

Naval Station Mayport Security partitioned off a part of Patrol Road, from just past CHSMWL at Magazine Road to Gate 5 on Monday after a sink hole was discovered on the roadway.

According to NS Mayport Executive Officer, Cmdr. Patrick Pickard, Patrol Road will remain closed to traffic indefinitely while Public Works assesses the damage.

NS Mayport Public Works Director Cmdr. Phillip Lavallee said his team has already submitted, and been approved,

for emergency funds to repair the roadway.

Lavallee said they are deciding whether the situation requires a short term fix to get traffic flowing immediately or to conduct a more long term repair for the area is more prudent.

In the meantime, Pickard said commuters can still access the base from Gate 5. Drivers should turn left and travel along the east end of Patrol Road towards the basin and accessing New Maine Street. The Main Gate access from Mayport Road is also open for entry.



Cones surround a pot hole on Patrol Road that has shut a portion of the roadway down until further notice.

Hagel Eliminates Distinguished Warfare Medal

By Jim Garamone

American Forces Press Service

Defense Secretary Chuck Hagel has eliminated the Distinguished Warfare Medal, DOD officials announced April 15.

Instead, the military will recognize service members who directly affect combat operations without being present through distinguishing devices that will be affixed to already existing awards.

Soon after being sworn in as defense secretary Feb. 27, 2013, Hagel asked Army Gen. Martin E. Dempsey, the chairman of the Joint Chiefs of Staff, to lead a review of the medal.

"The Joint Chiefs of Staff, with the concurrence of the service secretaries, have recommended the creation of a new distinguishing device that can be affixed to existing medals to recognize the extraordinary actions of this small number of men and women," Hagel said in a written release.

"I agree with the Joint Chiefs' findings, and have directed the creation of a distinguishing device instead of a separate medal," Hagel said in the release.

Hagel added: "The servicemen and women who operate and support our remotely piloted aircraft, operate in cyber, and others are critical to our military's mission of safeguarding the nation."

The distinguishing devices will serve to recognize these service members' achievements, he said.

The undersecretary of defense

for personnel and readiness will develop the award criteria in close coordination with the services and the Joint Staff, officials said.

DOD announced the creation of the Distinguished Warfare Medal Feb. 13, 2013.

"I've always felt - having seen the great work that they do, day-in and day-out - that those who performed in an outstanding manner should be recognized," then-Defense Secretary Leon E. Panetta said during a news conference announcing the medal.

"Unfortunately," Panetta added, "medals that they otherwise might be eligible for simply did not recognize that kind of contribution."

Members of veterans' service organizations and others objected to the Distinguished Warfare Medal, officials said. The medal's order of precedence was to be just below the Distinguished Flying Cross and just above the Bronze Star. Some commentators objected that it would rank higher than the Purple Heart - awarded to those wounded or killed in action.

"When I came into office, concerns were raised to me about the Distinguished Warfare Medal's order of precedence by veterans' organizations, members of Congress and other stakeholders whose views are valued by this department's leadership," Hagel

See Medal, Page 10

Tweaking The Sea Hawk



-Photo by MC3 Billy Ho

Aviation Structural Mechanic 2nd Class Jeremy Shultz, assigned to Helicopter Anti-Submarine Squadron Light (HSL) 48, performs maintenance on an SH-60B Sea Hawk on the flight deck of the guided-missile cruiser USS Monterey (CG 61). Monterey is deployed in support of maritime security operations and theater security cooperation efforts in the U.S. 5th and 6th Fleet areas of responsibility.

Mayport, Coasties Host

Fundraisers

Pages 4-5

Get Shredding

Balfour Beatty is sponsoring a free shred event on April 22 at Ribault Bay Community Center

Give Blood Save Lives

NS Mayport will hold an American Red Cross Blood Drive on April 30 from 9 a.m.-2 p.m. at Bldg. 1

Check us out Online!



mayportmirror.com

Finding Answers To Your Prayers



Chap Calvin B. Gardner
Surface Force Ministry Center

We learn from Scripture that if we lack wisdom, we should ask of God, who gives to all liberally (James 1:5).

We are also taught to ask and it shall be given, to seek and we shall find, and to knock and it shall be opened unto us

CHAPLAIN'S CORNER

(Matthew 7:7; Luke 11:9).

And yet many of us often struggle to find answers to our prayers. We may even wonder sometimes if God actually hears us when we pray. It is important for us to remember that prayer is not just one-way communication from a person to God. Prayer is really two-way communication; prayer is a conversation between a person and God. Not only can we speak to God, but God can also speak to us. Understanding how God speaks to us is a learning

process.

God speaks to us in many different ways, often in ways we can hear only if we are really listening.

To better hear God's voice in our lives, sometimes we need to turn down the volume of the worldly noise around us. If we ignore spiritual promptings, we may notice and recognize them less until we cannot hear them at all. It is important for us to learn to listen to the promptings God gives us and to be willing to follow them.

Another reason we

sometimes do not recognize God's voice in our lives is because answers to our prayers do not always come to us directly and in the way we might expect. God wants us to study and think in addition to praying for guidance as we seek answers to personal questions and concerns in our lives. God will hear and answer our prayers, but the answer may sometimes come through Scripture or through the wisdom of inspired family members and friends.

A 20th century religious leader once said, "God does notice us, and He watches over us. But it is usually through another person that He meets our needs. Therefore, it is vital

that we serve each other." We each have a responsibility to serve and to be sensitive to the needs of others. We can all look for opportunities to reach out and bless those around us.

A current religious leader recently taught, "Often, the answer to our prayer does not come while we're on our knees but while we're on our feet serving the Lord and serving those around us."

This leader also said, "By becoming the answer to someone's prayer, we often find the answer to our own." Serving others strengthens us spiritually and also opens the windows of heaven.

I want each of you to know that God loves you

and hears your prayers. God can speak to you in your life in unique ways and provide peace and understanding as you seek His guidance and strive to follow Him.

My hope for all of us is that we will not only pray, but also listen for the answer. And I hope that we will not only focus on finding answers for ourselves, but also look for ways to serve others and to help those around us find the answers and blessings they are seeking. I know that as we strive to bless others, we will be blessed as well.

Careers Into Future, Discover Your Calling



Judy Cromartie
School Liaison Officer

"What do you want to be when you grow up?" Or "what does your child want to be when he grows up?" It is NEVER too late or too early to ask that question.

Florida State College at Jacksonville (FSCJ) and Duval County Public Schools (DCPS) have collaborated to create a Career Exploration Day. The Career Fair will be held on Saturday, April 20th from 10:00 am - 2:00

Knowing THE ROPES

PM at four locations. Visit one or more of the locations with or without your child to learn more about career options which may suit you or your child. The cost of the fair is free.

Don't stop reading because your child is not a senior or because you ARE a "senior!" Actually, many seniors have already selected several colleges to apply to and probably won't attend this fair. But future students of all ages will be there with or without their parents talking to representatives from the myriad of programs available at FSCJ and career academies at Duval Schools, including the following listed by location:

D C P S Career Academies:

- Englewood High School
- Lee High School
- Peterson Academies of Technology
- Randolph Academies of Technology

Sandalwood High School

Classrooms and labs will be open for tours. Displays will be set up so you can gain first-hand experience with the tools and techniques used in various programs! Information sessions will be available at certain locations.

Because of your lifestyle and values, certain

occupations and opportunities will be exposed to you while others may not be exposed at all. The fair then is a great opportunity for you or for you and your child to explore a variety of occupations and career paths.

The www.flvc.org website provides another opportunity for you and/or your child to explore interests, careers, and col-

leges. This website allows a broader exposure to occupations, especially those which have developed in the last ten years.

Judy Cromartie is the School Liaison Officer for NS Mayport. For more information, you can reach her via email at judith.cromartie@navy.mil or by phone at (904) 270-6289 X1305 [office] or (904) 993-5860 [cell].

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AC, refrig, heating biotechnology 2, 3 bldg construction 1, 4 business & mgt. 1 child care 3 logistics and distribution 2 real estate and insurance welding	culinary arts 3 cosmetology 3, 4 dental assistant health care 4 law enforcement massage therapy pharmaceutical	firefighter 4 paramedic digital media entertainment tech 1, 3	aircraft airframe mechanics aircraft coating aircraft powerplant mechanics air traffic control aviation maintenance mgt. aviation operations 3 professional pilot tech truck driving



Lisa Smith Molinari
Military Spouse Columnist

"MOLINARI!" the ER nurse bellowed, jolting my Navy husband and I out of our waiting room stupor. Tearing our eyes from hypnotic crime show reruns playing on the wall-mounted television, we scrambled to move our 12-year-old daughter, who'd been placed in a wheelchair to elevate her lacerated foot.

"So, what happened?" the nurse asked.

"It was the blender," I blurted, nervously.

"The blender?!" the nurse looked in horror at our daughter's foot, wrapped in a dishtowel.

"Well, no, her foot wasn't actually in the blender . . . it was on the floor . . . and the blender was in the freezer."

"In the freezer?" the nurse asked, confused.

"I . . . it was me . . ." I mumbled culpably, "I put the glass pitcher in the freezer. When my daughter opened the door, it fell out and cut her foot."

"Ah," the nurse seemed relieved to not be dealing with a frapped foot, "let's take a quick look."

As our daughter winced and whined, we carefully unraveled the dishtowel.

"Hmmm . . . looks like you're gonna need a few stitches young lady."

The nurse fired ques-

The Meat&Potatoes OF LIFE

tions at us - "full name, date of birth, address, phone number, Tricare prime or standard, sponsor's social" - while tapping away at her computer.

Then, after a pregnant pause, she looked intently at us and carefully enunciated, "Has your daughter ever had stitches before?"

"No," I answered immediately.

My mind waffled and my eyes darted as I thought, "Should I tell her about that face plant she did into the side of the backyard playset? She didn't need stitches, but if I don't mention that, will she think I've got something to hide? Why is she asking this question anyway? Does she think we're abusive parents with a long history of suspicious ER visits? I guess the whole blender story does sound a bit suspect, and I was the one who put the blender in the freezer to begin with. I should've known it would slide off that bag of chicken tenders!?! It was my fault! I'm sure she's alerting the police right now! I think I hear sirens!"

"Sit tight in the waiting room. When the doctor is ready for you, we'll get you all fixed up," the nurse said with a smile.

We settled back into the waiting room, just in time to see Matlock render a withering cross examination. Stagnating under the unforgiving fluorescent lights for another hour, we reassured our daughter, analyzed the people around us, leafed through

dog-eared magazines, and watched an episode of "Hill Street Blues."

Just as I thought cobwebs were forming, our name was called.

The x-ray technician, the billing rep, the nurse, the doctor - they all asked the same questions. First a battery of rapid-fire queries regarding tedious details were launched in robotic succession, followed by one carefully worded question delivered police-interrogation style.

I can't recall if the final question was "Has your daughter had stitches before?" or "Are you the abusive parent who neg-

ligently put the blender in the freezer sideways?" but I am certain that they had it out for me.

I prayed they wouldn't find out about our two older kids, who have had their share of ER visits in past tours. Three broken bones, two pulled elbows, and at least a dozen stitches; with such typical excuses - fell off the couch, fell off the playset, fell into the playset, fell down the stairs. It all sounded so textbook; I was sure that the police were on their way to haul me off to jail.

But finally, after 30 minutes of treatment and three hours of waiting, we were released. Feeling like some kind of middle-aged jailbird, I sheepishly wheeled my daughter back to the ER entrance.

Suddenly, "YOU'RE UNDER ARREST!" blared from the waiting room. I considered bolting, but I was really looking forward to our upcoming PCS to Rhode Island, and besides, I would need to pack my fiber pills and contour pillow before I could lead a life on the run. Just as I turned to face the wall and spread 'em, I noticed that the order had come from CHiPs Officer "Ponch" Poncherello on the wall-mounted TV and I realized that I was free to go.

On our way back to base, while my daughter sipped a conciliatory Whataburger chocolate shake, I turned to her in an effort to relieve the still-fresh pang of guilt, "Lollipop, if I hadn't put that blender in the freez-

er sideways, none of this would've happened. I'm so sorry."

"It's OK, Mom," she said between sips, "it's not your fault. It was just an accident." Along with my heart and that chocolate shake, my mother's guilt finally melted away.

Get more wit and observations from Lisa at her blog, The Meat and Potatoes of Life, www.themeatandpotatoesoflife.com

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Lt. Cmdr.
Jerome Cayangyang

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11:30 a.m.
Holy Day of Obligation (call chapel for schedule)
Confessions:
before & after mass or upon request
CCD, RCIA & Adult Ed:
Sunday 10:30 a.m.
Baptisms
3rd Sunday of month 10:30 a.m.
Catholic Youth Group
2nd & 4th Friday 11:30 a.m.-1 p.m.

Protestant Worship
Sunday 10:30 a.m.
Sunday school 9:15 a.m.
Choir: Wednesday 7 p.m.
Baptism: For information contact your chaplain
Women's Bible Study
Wednesday 9:30 a.m.
Protestant Youth Group
1st Friday Youth Quak Trip 6:30 p.m.
2nd & 4th Friday at Chapel 5-8:30 p.m.
PWOC
2nd Saturday 9:30 a.m.
PMOC
3rd Saturday Prayer Breakfast 9 a.m.
MOPS
1st & 3rd Thursday, 9:30 a.m.

For more information, call 270-5212.

NS MAYPORT, FLORIDA
THE MIRROR
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The Mirror is distributed without charge throughout Mayport's Navy community, including the Naval Station, on- and off-base Navy housing areas, and ships, squadrons and staffs homeported at NS Mayport. Copies are also available at the Naval Station's Public Affairs Office, Building 1, and The Florida Times-Union, 1 Riverside Avenue, Jacksonville, FL 32202.

The deadline for all submissions is Thursday at 4 p.m., one week prior to publication. News and articles should be submitted to the Public Affairs Office, or mailed to:

The Mirror
P.O. Box 280032
Naval Station
Mayport, FL 32228-0032
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Commercial FAX (904) 270-5329 DSN FAX: 270-5329
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Advertisements are solicited by the publisher. Inquiries regarding advertising should be directed to:

Ellen S. Rykert • Publisher
1 Riverside Avenue • Jacksonville, FL 32202
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Are Your Child's Immunizations Up To Date?

By Keats Reynolds

Naval Hospital Jacksonville Public Affairs Assistant

National Infant Immunization Week—sponsored by the World Health Organization—takes place from April 20 to 27. This annual observance seeks to improve the health of children age two and younger. Vaccines are particularly crucial for infants, who are most vulnerable to infectious diseases.

Childhood immunizations protect against 14 diseases that can cause serious illness, disability or even death: hepatitis A, hepatitis B, diphtheria, haemophilus influenza b (Hib), pertussis, pneumococcal disease, polio, influenza, measles, mumps, rotavirus, rubella, tetanus and chickenpox.

"U.S. vaccines are extremely safe. They're regulated like any other medication and—

in addition to that—there's a national tracking system for adverse effects," says Capt. Joseph McQuade, Naval Hospital (NH) Jacksonville director for public health and family medicine physician.



-Photo by Jacob Sippel

Lt. Cmdr. Michelle Kee, mother of 6-month-old Cameron Kee, holds her infant as Hospitalman Roderick Hinds gives an immunization shot. National Infant Immunization Week—sponsored by the World Health Organization—takes place from April 20 to 27. This annual observance seeks to improve the health of children age two and younger.

"And the risk of the disease is so much greater than the very small risk from vaccination. For instance, the disease diphtheria has a one in 20 risk of death, while the DTaP vaccine—which prevents diphtheria, tetanus

and pertussis—has no known risk of death and a one in 1,000 risk of continuous crying followed by full recovery."

Some vaccine-preventable diseases—like pertussis (whooping cough) and chick-

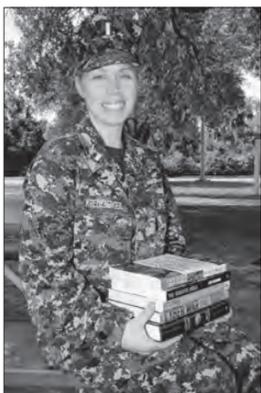
enpox—remain common in the U.S. Other diseases prevented by vaccines are no longer common in this country because of vaccines. However, if vaccination stopped or dropped off, the few cases in the U.S. could very quickly become tens or hundreds of thousands of cases.

Vaccines reduce the risk of infection by working with the body's natural defenses to help it safely develop immunity to disease. Vaccines imitate an infection—but don't cause illness. Vaccines do cause the same immune response as a real infection—so the body can fight disease if exposed in the future. Sometimes, after getting a vaccine, the "imitation" infection can cause minor symptoms, such as mild fever. This is normal and expected as the body builds immunity.

Immunization is one of the most important things a parent can do to protect their children's health. Walk-in to NBHC Mayport's immunizations clinic (Monday–Friday 7:30 a.m. to 4:00 p.m., or call (904) 270-4305. Find out more at www.cdc.gov/

vaccines.

Naval Branch Health Clinic (NBHC) Mayport is one of Naval Hospital (NH) Jacksonville's six health care facilities located across Florida and Georgia. Of NH Jacksonville's patient population—215,000 active and retired sailors, soldiers, Marines, airmen, guardsmen and their families—more than 57,000 are enrolled with a primary care manager at one of its facilities. To find out more about NBHC Mayport, visit the command website at www.med.navy.mil/sites/NavalHospitalJax, like the Facebook page at www.facebook.com/NavalHospitalJacksonville, follow on Twitter at www.twitter.com/NHJax and view the YouTube channel at www.youtube.com/user/NavalHospitalJax. Sign up for email updates at nhjaxconnect@med.navy.mil.



Lt. j.g. Patricia Kreuzberger
ATG Mayport

"No matter how busy you may think you are, you must find time for reading, or surrender yourself to self-chosen ignorance." - Chinese philosopher Confucius

Warriors And Words

In 2006, the Chief of Naval Operations (CNO) Adm. Mike Mullen established what is known as the Chief of Naval Operations' (CNO) professional reading program (CNO-PRP).

The reading program is based on a lending library provided and promoted to the fleet. You may have found piles of books tucked in wardrooms and ships' classrooms, but how did they get there? It all starts with a Change of Command. Whenever the Navy gets a new CNO, they get a new book list.

Each list is carefully selected by an advisory board consisting of representatives from the Naval Postgraduate School, Naval War College, History and Heritage Command, Naval Academy and the Senior Enlisted Academy. Previously, the list was categorized by paygrade. When Adm. Jonathan Greenert became the CNO, the list was reorganized according to his tenets: Warfighting First, Operate Forward and Be Ready.

There are a total of 42

books in the program, 18 of which are considered "essential." The latest list was revealed in conjunction with the Navy's 237th birthday in October 2012. Subsequently, 22,000 books were distributed to 420 commands. Books are also available electronically through the NKO website.

"Adm. Greenert wanted to provide books in multiple mediums in order to reach more Sailors," said Cmdr. Dolan the deputy program manager of the CNO-PRP. "I get requests daily (for CNO-

PRP books) and the Navy General Library's eLibrary contains thousands of titles and averages 16,000 downloads per month."

Now you know the books origin, but why should you pick one up? I challenge you to read one.

There is something for everyone on this list - science fiction, Cyber War, history - and do not forget the books are free. On the program website (<http://navyreading.dodlive.mil/>), there is even a list of recommended movies.

If you claim you do not have time to read,

there is a book for that, "Time Management from the Inside out" by Julie Morgenstern.

"Reading, discussing, and understanding the ideas found in the CNO-PRP will not only improve critical thinking skills, but will also help everyone in the Navy to become better Sailors, better citizens, and most importantly, better leaders," said Prof. John E. Jackson, the program manager for the CNO-PRP. The motto of the program is "Read to be ready." Until we meet again, keep reading.



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-Photos by Petty Officer 1st Class Lauren Jorgensen

Military servicemembers and veterans take a moment of silence to honor those wounded, missing or killed in action during a ceremony at the start of a softball tournament at Drew Park Softball Complex in Jacksonville, Saturday, April 13. The Team Coast Guard coach organized the ceremony and invited a team of wounded veterans representing VET Sports non-profit rehabilitation organization to participate in the tournament.

Giving Back, Saying Thanks

From Staff

Coasties and Sailors from Jacksonville spent time giving back to the community this weekend.

Coordinated by volunteers from the U.S. Coast Guard and hosted by Naval Station Mayport, teams gathered on base to participate in the first Relay for Life event to be held on a military base last weekend.

The event raises money for cancer research through fundraising and team-sponsoring. In turn, teams walk in shifts for 18 hours to support the American Cancer Society.

Golf and softball teams from both services also participated in tournaments Friday and Saturday to raise money for VET Sports, a non-profit organization that helps wounded veterans overcome their injuries through adaptive sports and rehabilitation programs.

In all, more than \$3,500 was raised for American Cancer Society and Vet Sports received approximately \$2,000 to continue its services.



(Right) Coast Guard Petty Officer 3rd Class Steve Woitt thanks representatives of VET Sports for their military service and sacrifices during the opening ceremony of a softball tournament at Drew Park Softball Complex in Jacksonville, Saturday, April 13. Woitt invited VET Sports to participate in the tournament and coordinated a military-style ceremony before the tournament to honor them and other veterans wounded, killed or missing in action.



Coast Guard Sector Jacksonville Commander Capt. Tom Allan (center) takes a group photo with Team Coast Guard, an amateur softball team composed of Coast Guardsmen, during a softball tournament at Drew Park Softball Complex in Jacksonville, Saturday, April 13. Allan threw the ceremonial first pitch during the special military-service kick-off ceremony.



Allan throws the ceremonial first pitch at the beginning of an amateur softball tournament.



Woitt coaches his amateur softball team, Team Coast Guard.



Daniel "Doc" Jacobs tries for a homerun. Jacobs, an Iraq war veteran who lost part of his left leg in an explosion, tried out for the Los Angeles Dodgers recently.



Wounded veterans representing VET Sports non-profit rehabilitation organization watch their teammates play during a softball tournament where they and other wounded, missing and killed veterans were honored.



Petty Officer 3rd Class Steve Woitt, of the Naval Station Mayport-based Coast Guard Cutter Valiant, thanks fellow service members for coming out to Deercreek Country Club in Jacksonville, Friday, April 12, to participate in the golf tournament he organized to raise money for VET Sports. VET Sports is a non-profit organization with a mission of helping wounded veterans overcome their injuries through adaptive sports and rehabilitation programs.



During a golf tournament at Deercreek Country Club in Jacksonville, organized by a Coast Guardsman to raise money for VET Sports non-profit organization, Daniel "Doc" Jacobs watches as Randy Tharp, both of VET Sports, practices his swing Friday, April 12, 2013. Raffles and other fundraisers during the tournament resulted in a \$1,600 donation to VET Sports.



Above, Lumanaries are lined up for the lumanaria ceremony during the Relay for Life of Mayport at Naval Station Mayport, Saturday, April 13. Participants purchased the lumanaries to represent friends, family and loved ones who have been affected by cancer. Pictured left, Relay for Life of Mayport coordinators hold a lumanaria ceremony during the Relay for Life at Naval Station Mayport Saturday, April 13. The Relay for Life of Mayport was the first Relay for Life event ever held on a U.S. military base.



Coast Guardsmen participate in the Relay for Life of Mayport at Naval Station Mayport, Saturday, April 13. The relay, which began at noon Saturday and continued until 6 a.m. Sunday, required representatives from each team to be walking on the track at all times.



A Coast Guard team participates in the Relay for Life of Mayport at Naval Station Mayport, Saturday, April 13. Relay for Life is the primary fundraising campaign of the American Cancer Society.



Team members participating in the Relay for Life of Mayport at Naval Station Mayport, listen to a presentation Saturday, April 13. Relay for Life of Mayport was the first Relay for Life event ever held on a U.S. military base.

MWR Sports/Fitness

Intramural Sports
April 16-19: Spring Sports Challenge. Sign up deadline is April 8. 270-5452.

April 23: Intramural 7v7 Soccer Meeting. 11 a.m. at the Gym. 270-5451.

April 26: Dusk til' Dawn Softball Tournament. Sign up by April 18. 270-5451.

Mayport Bowling Center

Friday Nights: Xtreme Bowling. 8 p.m. to Midnight every Friday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Saturday Nights: Xtreme Bowling. 8-11 p.m. every Saturday at Mayport Bowling Center. \$10 include 2 hours of

black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Sunday Nights: Bowling Family Fun Night. 4-7 p.m. at Mayport Bowling Center. Cost is \$10 per person and includes your choice of a ¼ lb hamburger or a hot-dog with fries and a soda, All-You-Can Bowl with shoes, music videos, light show and colored head-pin bowling for prizes.

Windy Harbor Golf Club

Wednesdays: Military Appreciation Day every Wednesday at Windy Harbor Golf Club. 18 Holes and a Cart Only \$15. Offer open to DOD, active duty, retired, and military dependents (Must provide proper ID)

The new **Surfside Fitness class schedule** is

as follows:

Monday
 11:30 a.m., Kickboxing
 Learn basic kicks, punches and balance moves in this calorie burning, sweat producing knock out of a workout.

Tuesday
 9:30 a.m., Yoga
 11:30 a.m., Zumba

Wednesday
 11:30 a.m., Strength Training For Women

Thursday
 9:30 a.m., Strength Fundamentals

11:30 a.m., Zumba

Friday
 9:30 a.m., Zumba Basics
 11:30 a.m., Strength Training For Women

Mayport Sandbox

The **Mayport Sandbox** is a high intensity (H.I.T.) outdoor workout area located oceanfront behind Surfside Fitness

Center. The area includes a Pull -up Bar and Ring rig, Kettlebells, Sleds, Tires, TRX Suspension Frame, Slam Balls, Ropes, Ab Mats, Sledge Hammers, Farmers Walk, Olympic Lift area and equipment, Monkey Bars, Low Crawl, Sprint and Drag area. H.I.T. training involves functional programming that will take your workout to the next level. Both open Sandbox hours and instructor led classes are provided by Olympic Lift and Crossfit certified Mayport Fitness Team members.

Monday
 7-8:30 a.m., Open Sandbox

7:30 a.m., Command Bootcamp

Take your entire command to the next level, oceanfront! This com-

mand class is packed full of challenging cardio drills, muscular resistance training and explosive intervals. Meets at the Sandbox and can accommodate 200+ personnel, weather permitting. Hooyah Mayport!

11 a.m.-12:30 p.m., Open Sandbox

Tuesday
 11 a.m.-12:30 p.m., Open Sandbox

Wednesday
 7-8:30 a.m., Open Sandbox

7 a.m., NOFFS

9:30 a.m., TRX

Suspension Training

11 a.m.-12:30 p.m., Open Sandbox

Thursday
 7 a.m., Sunrise Yoga

7-8:30 a.m., Open Sandbox

11 a.m.-12:30 p.m., Open Sandbox

Friday
 7-8:30 a.m., Open Sandbox

7 a.m., Command Bootcamp

11 a.m.-12:30 p.m., Open Sandbox

Saturday
 9:30-11:30 a.m., Open Sandbox

The new **Gymnasium class schedule** is as follows:

Monday
 11:30 a.m., Spinning
 5:45 p.m., Kids Clinic

Tuesday
 11:30 a.m., Steel Anchor

4:30 p.m., Spinning

Wednesday
 7 a.m., Rowing

11:30 a.m., Rowing

11:30 a.m., Spinning

Thursday
 5:30 p.m., Steel Anchor

Friday
 7:30 a.m., Spinning

11:30 a.m., Rowing

MWR Hosts Fun Run



-Photos by Paige Gnann

Pictured above left, runners take off in the "Spring Forward" MWR Fun Run 5K run/3K walk held April 9 in front of the Mayport Gym. Above right, a 5K runner takes a time card to record her run time. MWR hosts fun runs every second Tuesday of the month at 8:10 a.m. in front of the Gym.

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Monday, May 6, 2013



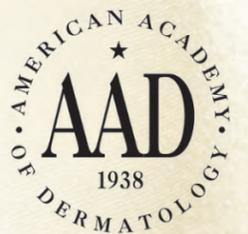
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Robert G. Bradley Performs Burial At Sea

By Ensign Matthew Roberts

USS Robert G. Bradley PAO

Sailors stationed aboard the guided missile frigate, USS Robert G. Bradley (FFG 49) performed a burial at sea for 26 prior service members and spouses while underway on March 29.

Conforming to tradition, the ship was slowed, the colors lowered to half-mast, and a delegation of officers, chief petty officers, and sailors lined-up in formation in dress uniform. A firing detail was also assembled to fire a 21-gun salute.

The morning was sunny and 75 degrees, with moderate winds and seas. The military and religious

aspects of the ceremony were conducted with dignity and solemnity.

The burial at sea ceremony was officiated by Chaplain (Lt.) Stephen Cloer with Bradley's Commanding Officer, Cmdr. Peter Ehlers, and Command Senior Chief Gary Jefferson as members of the official party.

"The ceremony was well performed by the Sailors and full of respect towards those who were laid to rest," said Cloer.

Following the ceremony, Cloer mailed packages to the primary next of kin, which included a letter from the commanding officer detailing the date, time, and exact location of the burial. Also included

were 3 volleys from the 21-gun salute.

Information Systems Technician 3rd Class Corey Wisdom, one of the Sailors in the rifle detail, was proud to be included in the ceremony.

"I've always liked drilling with a rifle and it was great to knock the rust off again by participating in an old navy tradition," said Wisdom.

USS Robert G. Bradley, homeported out of Mayport, FL, is currently on a scheduled deployment in support of maritime security operations and theater security cooperation efforts in the U.S. 6th Fleet Area of Responsibility.



-Photo by CTT2 Tyson Schmidt
Lt.j.g. Scott Melanson salutes as Personal Specialist Seaman Luke Loskutoff and Seaman Evan Workman lay the deceased to rest.



-Photo by ET1 Daniel Raley
The firing detail fires a salute during a burial at sea ceremony onboard USS Robert G. Bradley.



-Photo by CTT2 Tyson Schmidt
Command Senior Chief Gary Jefferson, Cmdr. Peter Ehlers and Lt. Cmdr. John Lepak salute during a burial at sea ceremony with Lieutenant Stephen Cloer, the ship's Chaplain, reading at the podium.

Beaches Vets Hold Memorial Day Program

From BVMP Project Coordinator

The Beaches Veterans will hold a Memorial Day Program honoring our fallen Veterans and those Chaplains who died supporting them in combat since the Revolutionary War at the Beaches Veterans Memorial Park at the intersection of Mayport Road and Atlantic Boulevard.

The event will begin at 1:30 p.m. with a High School Drill Team Exhibition, followed by

the Memorial program at 2 p.m.

The Right Reverend Charles Lovett Keyser, Past Bishop Suffragan for the Armed Forces of the United States, will dedicate The Chaplains Memorial Garden to those brave men who gave their lives for their God and Country.

Please bring chairs or blankets since seating is limited and share your time in commemorating

this year of remembrance for our 'lost' family members and the conflicts in which they gave their lives.

The program will proceed in the American Legion 316 "Great Hall" in case of in climate weather.





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Phil Sea Takes Injured Bird Under Its Wing

By MC2 (SW)
Salt Cebe

Navy Public Affairs Support Element Detachment Southeast

Recently a Sailor on board USS Philippine Sea (CG 58) successfully rescued and cared for an injured Blue Heron that landed on the ship's foc'sle while underway.

While doing a routine walk-around inspection, Lt. Cmdr. Christopher Terzian, Philippine Sea chief engineer, discovered an injured heron that was somehow able to land safely on Philippine Sea.

"We were underway and we were experiencing heavy seas," said Terzian. "I went up to the foc'sle to check on my equipment and make sure that nothing had been destroyed. As I was walking up towards anchor windlass [where the anchor chain is stored], I could see the most forward part of the foc'sle, and there was a



-Photo courtesy of USS Philippine Sea
Lt. Cmdr. Christopher Terzian of USS Philippine Sea holds a rescued blue heron that caught a ride on the ship after injuring a wing. Terzian and the crew were able to keep the bird alive until the ship pulled back to Mayport and it could be turned over to a bird rescue group.

bird there. He was kind of stuffed in the corner. I think he was trying to protect himself because it

was really windy."

Terzian said when he approached the bird, it didn't move; it just stayed

still huddled in the corner. He saw blood coming from under the bird's left wing and on its legs.

"When I got within two feet of him, he tried to go through the bullnose and got stuck in a net. So I picked him up, sat down and let him sit on my lap. I could see that his left wing was broken," stated Terzian. "He had a compound break where the bone was actually sticking out of his wing."

"I told the Captain [Capt. Steve Shinego] the condition of the bird and he told me to bring the heron into the hanger bay," said Terzian. "So I picked him up, he didn't fight me or anything. I placed him in a box and put him in the hanger. He laid there like a cat would, with his head down. He was exhausted from trying to fight the wind and hold on."

"The Captain's wife, Susan Shinego, did some research and found B.E.A.K.S. here in Jacksonville. They were

able to guide us through caring for the bird until we could get it safely to them," said Terzian.

B.E.A.K.S. is a local non-profit organization that raises and cares for thousands of birds including eagles, pelicans, owls and ospreys for over 25 years.

"They were truly concerned. They took the appropriate action immediately. They followed my directions perfectly," said Cynthia Mosling, president and co-founder B.E.A.K.S.. "I wish everybody would react to injured birds the way they did."

Mosling said that even with the care received on board the ship, the bird was not able to survive the its injuries.

Medal

From Page 1

said.

The distinguishing devices can be affixed to awards at different levels, so, once written, the criteria for the awards must reflect that, officials said. For example, the criteria for affixing a device to an Army Commendation Medal would be different than those for a Meritorious Service Medal - a higher award.

Budget

From Page 1

complexity of our maintenance availabilities.

The Navy has also requested \$43.5B for ship, aircraft, weapons and other procurement for programs including Joint Strike Fighter, Littoral Combat Ship, Unmanned Aerial Vehicles, and P-8A Poseidon aircraft.

Following last year's budget for FY13, this budget includes cuts and other initiatives that will reduce planned spending across several years. The FY14 budget request

does not reflect the future uncertainty associated with the implementation of sequestration as it is submitted as part of the President's balanced deficit reduction plan.

To view the proposed FY14 DoN budget documents, visit <http://www.finance.hq.navy.mil/fmb/14pres/books.htm>.

To view the U.S. Navy Program Guide for 2013, visit: <http://www.navy.mil/navydata/policy/seapower/npg13/topnpg13.pdf>.

Highlights of the proposed DoD budget are outlined at <http://www.defense.gov/news/2014budget.pdf>.

For more information and to view the entire fiscal 2014 budget proposal, visit <http://www.budget.mil> and download the "FY 2014 Budget Request Overview Book."

To view budget-related transcripts, visit <http://www.defense.gov/transcripts>.

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Blessing of the Fleet Honors Navy Women

By MC2 Jonathan Pankau
U.S. Navy Public Affairs

The United States Navy Memorial held its annual spring Blessing of the Fleets ceremony April 13, providing District of Columbia citizens and tourists the opportunity to witness Naval heritage as demonstrated by the United States Navy Ceremonial Guard.

The Blessing of the Fleets ceremony is a centuries-old ceremony rooted in seafaring heritage around the world. This year's event was dedicated to the "Year of Military Women" and Vice Adm. Robin R. Braun, the Chief of Navy Reserve and keynote speaker for the event, recognized women who dedicated their life to serving in the Military.

"Today what's remarkable about military service is that it's no longer remarkable that women are serving," said Braun.



-Photo by MC1 David A. Frech
Sailors assigned to the U.S. Navy Ceremonial Guard pour water from the Seven Seas and Great Lakes into the fountains of the outdoor plaza at the Navy Memorial during the Blessing of the Fleet ceremony.

"In today's Navy, women are serving across the fleet in ships, submarines, and squadrons...from junior enlisted deck hands to Commanding Officers."

Braun delivered remarks on women's con-

tributions to the Navy, from the Navy nurses in 1908, women enlisting as Yeoman in 1917, the repeal of the combat exclusion law in 1993, to the first submarine to deploy with women on

board in 2010.

"Seeing an article on the first female Naval aviators changed my life and inspired me to join the Navy and call this a career," said Braun.

After Braun's remarks

the blessing began with Sailors from the United States Navy Ceremonial Guard "charging the fountains" with waters from the Seven Seas and the Great Lakes. The ceremony focuses on safeguarding crews and ships from the dangers of the seas by a blessing from the water's edge, or the Memorial's "Granite Sea" as the plaza is called.

"Being in harm's way is part of the business; it's the job description when you're at sea," said Braun.

Once the Ceremonial Guard finished charging the fountains and retiring the colors, the Washington Revels Maritime Voices sang the Navy Hymn accompanied by the United States Navy Band.

"It's a wonderful blessing for me to be here and see some of the old World War II veterans and everyone who is in the Navy," said Disbursing Clerk 1st

Class (Ret.) Robert M. Pugh, a World War II veteran and Navy Memorial plank owner.

Guests were invited to grab a bowl of Navy bean soup served by the Presidential Food Service Culinary Specialists and enjoy the unveiling of the Memorial's Year of Military Women exhibit. The exhibit displays collections of historical and modern photographs, original artwork and other artifacts including a uniform belonging to Capt. Mildred McAfee. McAfee was the first director of the WAVES (Women Accepted for Volunteer Emergency Service), serving honorably in World War II commanding 82,000 women.

For more information on the exhibit and the Blessing of the Fleets, visit the Memorial's website at www.navymemorial.org

Tickets On Sale For Midway Dinner

From Mayport Navy League

The Navy League of Mayport is hosting the 71st Anniversary of the Battle of Midway Commemoration Dinner. Tickets are now on sale for this year's event, which will be held Saturday, June 1, 2013, at the Renaissance Resort Hotel, World Golf Village in St. Augustine. The keynote speaker is Adm. William E. Gortney, USN, Commander, U.S. Fleet Forces Command.

Numerous Veterans of the Battle of Midway and several widows of these Veterans, and Veterans of all branches of the mili-

tary have been invited to attend this year's dinner. Additionally, Medal of Honor recipients and former Prisoners of War from the local area who have heroically answered the call of duty will also be in attendance. Come meet these "national treasurers" and hear their adventures first hand.

The evening promises to be emotional and patriotic, and provides an excellent opportunity to connect with survivors of what historians call one of the U. S. Navy's greatest sea victories and the turning point of World War II in the Pacific.

Ticket costs are: Active Duty E-6 and below, \$25; E-7 to O3, \$35; O4 to O5, \$45, O6 and above, civilians, and retirees, \$65.

The evening includes fine dining and entertainment. Uniform will be O4 and above - dinner dress white jacket; O3 and below - dinner dress white/dinner dress white jacket optional and civilian is black tie or business attire. Cocktails begin at 1800, dinner at 1900. Tickets are manda-

tory and seating is reserved.

Make checks payable to **Navy League Midway Dinner**. Tickets may be purchased from the following locations:

•Navy League Mayport: Bob Price, Phone 904-718-2118; email: bpricex4@comcast.net

•Navy League St. Augustine: Bill Dudley, Phone 904-806-4712 or 904-794-7814; email: anuday00@aol.com

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Florida Fallen Heroes Banquet

The Timothy J. Seamans Memorial Foundation will host the Florida Fallen Heroes Banquet on May 3 from 5-10 p.m. at the Jacksonville Fire Fighters Association Hall, 618 Stockton Street.

Keynote Speaker will be the Honorable Ron De Santis, Congressman, 6th District of Florida, who is also a Reserve Navy JAG Officer and Iraqi War Veteran.

Guest Speaker will be retired Col. Carl B. Crumpler, USAF, a Vietnam Veteran and POW.

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<p>LOADED</p>  <p>2011 DODGE JOURNEY DODGE'S NEWEST, FASTEST SELLING CROSSOVER VEHICLE. ALL THE TOYS, ALL THE UTILITY, AND IT LOOKS GREAT. SAVE THOUSANDS VS. NEW AND GET AN 8YR 100,000 MILE WARRANTY. HURRY WONT LAST.</p> <p>\$16,988</p>	<p>LIKE NEW</p>  <p>2012 TOYOTA COROLLA AUTO, PW PL NON SMOKER WITH SUPER LOW MILES AND READY FOR A NEW HOME. SAVE BIG VS A NEW ONE EQUIPPED LIKE THIS.</p> <p>\$16,988</p>	<p>KING CAB</p>  <p>2010 NISSAN TITAN KING CAB TITAN WITH LOTS OF OPTIONS, NOT A LOT OF MILES. TONS OF VALUE, AT A HEAVILY DISCOUNTED PRICE. TOUGH TO FIND ONE THIS NICE ANYWHERE, WE KNOW, WE LOOKED.</p> <p>\$19,988</p>	<p>20K MILES</p>  <p>2011 HYUNDAI TUCSON CLEAN CAR FAX, ONE OWNER LOCAL TRADE IN. PLENTY OF WARRANTY LEFT ON THIS ONE. ONLY 20K MILES. LOOKS NEW, FEELS NEW, PRICED WELL BELOW A NEW ONE. THIS IS A MUST SEE.</p> <p>\$21,988</p>	<p>IMMACULATE CONDITION</p>  <p>2008 MERCEDES-BENZ C300 AUTO, ALL THE BELLS AND WHISTLES. 48K MILES AND PRICED TO SELL IMMEDIATELY. THIS BEAUTIFUL C CLASS WILL NOT LAST LONG.</p> <p>\$21,988</p>
<p>LOADED/LUXURY</p>  <p>2010 CADILLAC STS YES, 2010 MODEL, PRICED THOUSANDS AND THOUSANDS OFF VS. A BRAND NEW ONE. ENJOY IT ALL IN THIS LIKE NEW CADY THAT IS PRICED SO FAR BELOW WHAT IT SHOULD BE. CHECK IT OUT.</p> <p>\$23,988</p>	<p>REDUCED</p>  <p>2011 HONDA PILOT EXCELLENT CONDITION, SUPER LOW MILES, A PLEASURE TO DRIVE. LOTS OF TOYS, LOCAL TRADE IN, AND IT HAS BEEN REDUCED TO SELL IMMEDIATELY. NO GAMES.</p> <p>\$28,988</p>	<p>4X4 V8</p>  <p>2011 TOYOTA TUNDRA DOUBLE CAB 4X4 AUTOMATIC V8 WITH LOW MILES. ONE OWNER, JUST TRADED IN. CLEAN CAR FAX, ALL POWER OPTIONS, SIDE STEPS, WHEELS AND A TOW PACKAGE. A WHOLE LOTTA TRUCK FOR THOUSANDS LESS THAN A BRAND NEW ONE.</p> <p>\$28,988</p>	<p>DIESEL</p>  <p>2008 FORD F350 4X4 SUPER LOW MILES, DIESEL, 4X4 SUPERCAB WITH LOTS OF OPTIONS. FOR THESE MILES, THIS ENGINE, 4X4, THIS PRICE IS THOUSANDS BELOW VALUE. WONT LAST LONG FOR SURE.</p> <p>\$30,988</p>	<p>SAVE BIG \$\$\$ VS NEW</p>  <p>2013 JEEP WRANGLER RUBICON AUTO, LEATHER, HARD TOP, RUBICON EDITION. GO ANYWHERE DO ANYTHING CAPABILITY. WONT LAST AT THIS PRICE.</p> <p>\$36,988</p>

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FFSC Workshops Geared To Sailor, Families

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 1701. FFSC is located in Building One on Massey.

April 18, 9 a.m.-noon, **Tottle Tyme Playgroup**, USO

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds.

April 22-26, 8 a.m.-4 p.m., **TAP Separatee Workshop**, Building 1 Room 1616

Designed for Military personnel within 90-180 days of leaving the military. The seminar focuses on benefits for service members and their family members. Participants receive help in translating their military acquired skills into civilian language and are exposed to the civilian job market and how to successfully compete in the civilian employment arena; learning about resumes, employment interviews and marketing themselves. If you are within a minimum of 180 days of leaving the military see your career counselor for a quota for this highly successful program.

April 22, 9-11 a.m., **Active Parenting Class**, FFSC Room 702

April 24, 11 a.m.-noon, **Raising Financially Fit Kids**, Building 1, Room 719

April 24, 9 a.m.-2 p.m., **Tri-base Job Fair**, Morocco Shrine Temple

April 24, 9 a.m.-noon, **Employment Seminar**, Building 1 Room 719

April 25, 1-3 p.m., **English Tea for Expectant Moms**, Chapel

April 25, 9 a.m.-noon, **Tottle Tyme Playgroup**, USO

April 29, 8:30 a.m.-12:30 p.m., **Anger Management Workshop**, FFSC Room 702

What does *anger* do for you? Communicate for you? Keep people at a safe distance from you? Keep *you* in charge? For many people, anger serves them many uses, but all too often, it is at a high cost...usually of relationships, unhappiness in the workplace, and a general feeling of disdain. If you want to be able to break out of the "get angry/get even" syndrome, come to this class.

April 29-May 3, 8 a.m.-4 p.m., **TAP Separatee Workshop**, Building 1 Room 1616

Designed for Military personnel within 90-180 days of leaving the military. The seminar focuses on benefits for service members and their family members. Participants receive help in translating their military acquired skills into civilian language and are exposed to the civilian job market and how to successfully compete in the civilian employment arena; learning about resumes, employment interviews and marketing themselves. If you are within a minimum of 180 days



Stroller Strut With FFSC

-Photo by Paige Gnann

Libby Duffy of NS Mayport's Fleet and Family Support Center (FFSC) hands a spinwheel to a family participating in the first Stroller Strut sponsored by FFSC on April 9 in support of Month of the Military Child. Stroller Strut gave moms with strollers a chance to enjoy a day of sun and exercise with other families and members of FFSC.

of leaving the military see your career counselor for a quota for this highly successful program.

April 29-May 1, 8 a.m.-4 p.m., **Ombudsman Basic Training**, Building 1, Room 702

April 30, 6-8 p.m., **Ombudsman Assembly**, Building 1 Room 104

April 30, 10 a.m.-noon, **What About The Kids?**, Building 1 Room 702

Children who witness family violence are often forgotten as the unintended victims. A wide range of child adjustment problems has been found to be associated with exposure to domestic violence.

Parent's need to see, understand the effects of domestic violence on children as encompassing behavior, emotion, development and socialization. The purpose of this program is not to shame parents for events that have already happened, but to instill hope that things can change. The knowledge that the violence, which many parents incorrectly believe is unseen by their children, is negatively impacting their children's development and may provide an additional motivator for ending the violence and seeking intervention.

FFSC Plans Tea Party For Soon-to-be Moms

From FFSC

The New Parent Support Program is hosting an English Tea for expectant moms on April 25 from 1-3 p.m. at the base Chapel.

The program is honoring these women in recognition of April's Child Abuse Prevention Month. This is a special opportunity for moms-to-be to meet each other and have a grand day of pampering.

If you are pregnant, you are invited to come out and enjoy the food, tea and good company.

There is no charge for this event, however registration is required. There are limited seats available. Call FFSC at 270-6600 ext. 1700 to save your seat.

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EVERY NIGHT
\$12 BUCKETS OF BEER

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Salute To Florida's Heroes Concert

The Camp Blanding Museum will be hosting a concert starring Montgomery Gentry at the Keystone Heights Airport, 1700 Airport Road, Stark, Florida on Saturday, April 27. Gates will open at 11:30 a.m., entertainment starts at noon; NO COOLERS or umbrellas allowed. All children over the age of 3 must have a ticket purchased. Food and beverage vendors will be available for sales. Tickets can be purchased at: www.flheroes.org

Music And Poetry

Enjoy complimentary admission to attend "Music and Poetry." The Jacksonville Symphony Orchestra, led by conductor Michael Butterman, explores music's fascinating inspirations from the world of poetry. Featured on the program is a song cycle based on poems by Maya Angelou, titled A Woman's Life, sung by soprano Angela Brown. A Woman's Life deals with the African-American experience, tracing the arc of a woman's life, from childhood to old age. Please see details below to make your complimentary online reservations by logging on to our guest list. The performance is Friday, April 19, 2013 at 7:30pm at the Times Union Center for the Performing Arts-Robert E. Jacoby Symphony Hall.

USO patrons may log on to <http://www.jaxsymphony.org/companies/USO.html> and request complimentary tickets in advance of the performance.

Guest List instruc-



tions: Select the concert and number of tickets to reserve. Then click "Reserve Tickets". This will then prompt you to sign in or create a login. You then click continue and you will need to re confirm your concert date and number of tickets. If you do not receive a confirmation, that's OK. We do have your reservation in our box office. No tickets will be mailed but they will be available at will call the evening of the concert. For information or assistance, call the Jacksonville Symphony Box Office at 904.354.5547.

Free Tickets Bellamy Brothers In Concert

Come see the Bellamy Brothers in concert at The Morocco Shrine Center Auditorium, 3800 Saint John's Bluff Road, South, Jacksonville on Saturday, April 27, 2013. Doors open at 6 p.m. and the show starts at 7 p.m. Greater Jax Area USO has received a limited number of free tickets that will be available at NOON today at both your Mayport and NAS Jax USO centers. Tickets are first come, first served and are open to Active Duty, Retirees, Reservists, National Guard, and DOD. The show will also be featuring Jacksonville's singing sensation Rion Page, with Special Guest "Linda Davis & Company" In the Round. For more information, call 642-5200, Ext. 11 or 13.

No Dough Dinner

The Mayport USO Center will host a "No Dough Dinner" on April 29 from 5- 7 p.m. This is free for Active Duty Service Members and their immediate families. The wonderful staff and volunteers will serve tacos, refried beans, rice, salad, and dessert.

Barking In The Streets

Bring the family out and enjoy drinks, music, food and more to support K9sForWarriors. The event will be held Sunday, May 5 from 1-6 p.m. at the Adamec Harley-Davidson on Baymeadows Road. For more information on tickets and K9sForWarriors, visit K9sForWarriors.org.

2013 Players Championship Birdies For Charity Campaign

The Greater Jacksonville Area USO is pleased once again to be participating in the 2013 Players Championship Birdies for Charity Campaign held in May in conjunction with The Players Championship. For more information visit www.birdiesforcharity.playerschampionship.com to participate and become eligible to win a fabulous grand prize.

Greater Jax USO Zoo Night - Wristbands On Sale

Save the date! The Greater Jacksonville USO is having a USO night at the Jacksonville ZOO on Friday, May 3. We will begin selling wristbands today at noon. Enjoy a night at

the Jacksonville Zoo with the family on Friday, May 3rd (see attached flyer). Wristbands are \$2.50 each; cash only please. Wristbands are open for purchase by Active/Retired/Reservists/National Guard/ and Veterans (with ID). Wristbands can be purchased at the NS Mayport USO, NAS Jacksonville USO. Wristbands will be sold today from noon till 1pm at the Off-Crew Building onboard Naval Submarine Base Kings Bay.

Military Wives Vendor Show - May 4

Join the Mayport USO for another wonderful Military Wives Vendor Show. This event is free and open to the public. There will be raffle tickets and food for sale. For more information, or to sign up as a vendor, email: milwivesbusinessesandevents@gmail.com

The Players Military Job Fair-May 5

In partnership with Jacksonville Military Veterans Coalition, The Players will welcome active duty, reservists, retired military, veterans, and military spouses to TPC Sawgrass on Sunday, May 5 to participate in its second annual job fair. Information on local educational institutions with veterans programs, career counseling, and resume writing assistance will also be provided. The job fair at The Players will take place in "The Turn" hospitality venue. Companies interested in participating may contact Bill Hickley at bill.hickley@incepture.com

Hawaiian Tropic Sunscreen - Free At The

McDuff Ave. Jacksonville, Fla. The cost is \$45 per person to make a rain barrel, \$5 for attendance only (no rain barrel). Prepayment and registration required for barrel. Payment must be received by Thursday, May 3. Checks to be made to DCOHAC and sent to Rain Barrel Workshop, 1010 N. McDuff Ave, Jax., FL 32254. You can register with credit card at <http://rainbarrel050913.eventbrite.com>. Seating is limited to 35 pre-paid registrations. No walk-ins for make and take. For questions, call 904-255-7450.

Saturday, May 12

The Southern Genealogist's Exchange Society hosts Pam Moore at 10 a.m. Moore will speak on "Life on the Barrier Islands of Northeast Florida". Her family for eight generations continuously lived on the islands. She will combine genealogy, history and island folklore in her presentation. Location: The Edgewater Condominiums Clubhouse, 4366 Edgewater Crossing Drive, Jacksonville, Fla. Open to the public. No charge. Light refreshments served. Information, 904-778-1000 or 904-262-1948

USO

Protect your skin this summer. Stop by the NAS Jax and Mayport USO centers for your free bag of Hawaiian Tropic sunscreen and after sun products.

Liberty Mutual Legends Of Golf - Free Admission For Military

Enjoy complimentary admission for all active duty, retirees, reservists, and dependents with military ID to the Liberty Mutual Legends of Golf Tournament in April at The Westin Savannah Harbor Golf Resort & Spa.

Supporting America's Heroes

The American Red Cross is expanding services to provide assistance and resources to veterans of Operation Enduring Freedom and Operation Iraqi Freedom to help support their transition into civilian life. Emergency needs that may warrant assistance may include medical and dental needs, rent assistance, utility payments, and food; access to referral services; or other assistance depending on need. Applicants for these funds must demonstrate financial hardship, and/or lack of other available resources due to participation in OEF or OIF. Eligible veterans include those of all services, the Reserve component and National Guard.

For more information, please contact a Red Cross Military Services caseworker at (904) 246-1395

Recycling

Recycling has come to the Greater Jacksonville Area USO. If you have any office paper, shred-

ded paper, old magazines, and newspapers that you would like to donate, please bring it to either the Mayport or NAS JAX USO Center. This will be a great fundraiser for the USO so please help us fill the bins. Help support the troops with your unwanted paper!

United Through Reading program makes it possible to share in the enjoyment of reading to the children in your life, even while thousands of miles apart. The Mayport Center and NAS Center can record you reading a book to your children and send it to them after you have gone on deployment. It is a great way to make them smile on their special day even when you can not be there with them. Please contact your local USO center for more information.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

Watch TV or a movie from the video library. Service members can also enjoy video games or use the sports equipment.

There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs. A TV, VCR and overhead projector are available for use.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road.

Out in Town

Friday, April 19

Women Ministry of First Missionary Baptist Church presents Women Conference 2013 at 7 p.m. at 810 Third Avenue South Jacksonville Beach with Rev. Marvin McQueen, II, Pastor and Rev. Dr. Marvin McQueen, I, Overseer.

Saturday, April 20

The Jacksonville RollerGirls (JRG) presents a double header at the UNF Arena at 6 p.m. The Jacksonville RollerGirl's all-star team, New Jax City Rollers vs. Alamo City Rollergirls' all-star team (Las Tejanas). The first bout starts at 6 p.m. and doors open at 5:30 p.m. Following the New Jax bout our brother league, the Magic City Misfits (4th in the nation) will take on the Carolina Wrecking Balls. Tickets are \$11 in advance or \$13 at the door and children 10 and under are free. Tickets can be purchased in advance on our website www.jacksonvillrollergirls.com or from SB Skate Co. in Jacksonville Beach. We will honor the \$11 pre-sale ticket price at the door for both military patrons and UNF students (please have military ID or student ID to receive discount).

Join a park ranger at 2 p.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free. For additional information on any of these programs, contact the Talbot Islands Ranger Station at (904) 251-2320. For more information about Florida State Parks, visit www.floridastateparks.org



The Jacksonville Genealogical Society will hold their monthly meeting at the Webb-Wesconnett Branch Library, 6887 103rd Street, Jacksonville, Florida. We are fortunate to have as our speaker, Kathy Stickney, who will present a program on "Researching Your Confederate Soldier." Using her father's family members as a case study, Kathy traces them through the various records available on Confederate soldiers and their units. Records illustrated include muster rolls, trench rolls, register for a hospital, register of prisoner of war, oath of allegiance, roll of surrendered prisoners, company transfer, home guard rolls, and pension records. Information is provided on how to research a given unit, discover its chain of command, and the battles it fought. People are encouraged to dig deeper and even visit the various battlefields. For further information, please contact the society at publicity@jaxgen.org or info@jaxgen.org.

Saturday, April 27

Bring your coffee and camera with you and join a park ranger at 6 a.m. to watch the sun rise over the Fort George River, get answers about park resources and get some amazing photos. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free. For additional information on any of these programs, contact the Talbot Islands Ranger Station at (904) 251-2320. For more information about Florida State Parks, visit www.floridastateparks.org

ridastateparks.org.

Sunday, April 28

The United States Coast Guard Auxiliary Flotilla 14-2 presents "About Boating Safely."

Class to be held at Arlington Lion's Club. Cost of the class is \$20 for individual and \$30 for couple. This is a comprehensive boating safety class approved by the National Association of State Boating Law Administrators(NASBLA). Successful completion of this course results in a Florida State Boating Education ID Card. Contact Charles Hayes at (904) 652-7767 or e-mail: Charles.s.hayes@gmail.com for more information.

Tuesday, April 30

The Duval County Extension Offices/UF IFAS will be offering a free workshop on Spring Irrigation Tune-up at West Regional Library, 1425 Chaffee Road S., Jacksonville, Fla. The time is 6:30 - 8:30 p.m. In times of drought be sure your irrigation system is in top shape. Not everyone has in-ground irrigation, so we will cover hand-watering tips, plus the city ordinances and more. To pre-register, please call Becky at 904-255-7450 or email her at beckyd@coj.net with your name and phone number.

Thursday, May 9

The Duval County Extension Office is offering a Make-and-take rain barrel workshop from 10 a.m.-noon. Attendees will make their own 55 gallon plastic rain barrels to take home. You will learn how to connect a rain barrel to a rain garden and learn some important information on water conservation. The workshop will be located at 1010 N

McDuff Ave. Jacksonville, Fla. The cost is \$45 per person to make a rain barrel, \$5 for attendance only (no rain barrel). Prepayment and registration required for barrel. Payment must be received by Thursday, May 3. Checks to be made to DCOHAC and sent to Rain Barrel Workshop, 1010 N. McDuff Ave, Jax., FL 32254. You can register with credit card at <http://rainbarrel050913.eventbrite.com>. Seating is limited to 35 pre-paid registrations. No walk-ins for make and take. For questions, call 904-255-7450.

Naval Officers' Spouses' Association Mayport invites you to an...

Evening Under the Palms

Saturday, May 4, 2013
7:00- 10:00
Naval Station Mayport
Dolphin Run Park, Pavilion 3

All proceeds from this event will be donated to the Navy-Marine Corps Relief Society

Ticket Prices
\$15 per person through March 15th
\$18 per person March 16th- April 15th
\$20 per person after April 16th & at the door

Tickets include appetizers, desserts, wine, beer, and non-alcoholic beverages

Checks can be made out to NOSA Mayport and mailed to 3835 Ozburn Ave, Jacksonville, FL 32227. Tickets may also be purchased at any NOSA event.
www.orgsites.com/fl/nosamayport/



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	2014 Mazda6	Lowest cost to own!	38 MPG	2013 IIHS Top Safety Pick: Mid-Sized	Accord, Camry
	2014 CX-5	Lowest cost to own!	35 MPG	2013 IIHS Top Safety Pick: Small SUV	CR-V, Rav4

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