

EOD Rescues Boaters, Little Dog Too

By Paige Gnam
The Mirror editor

If you are going to have your 17-foot bass boat capsize in a vacant St. Johns River, stranding a 60-something and two 70-somethings in the chilly river waters and a small Maltese dog trapped in an airpocket underneath the boat, then having several Explosive Ordnance Disposal (EOD) techs from Naval Station Mayport training nearby is the right way to do it.

That's what happened to boat owner Don Weita, 74, and his fishing buddies, Larry Haller,



Photo submitted
Explosive Ordnance Disposal 1st Class Zach Phillips stands with Mancell Boyd and his dog, Sassy, after being rescued from the St. Johns River.

67, Mancell Boyd, 75, and Boyd's dog, Sassy last week near where the Trout and St. Johns rivers meet.

The three men and Sassy ended up in the water after a wave tipped the boat and trapping the dog.

They would wait about 30 minutes in the 62-degree water, listening to Sassy bark before members of the Mayport's Explosive Ordnance Disposal Mobile Unit 6 noticed things weren't right. Senior Chief Explosive Ordnance Disposal Jonah Toy said the group was

performing boat ops training when he noticed movement in the water. At first he said he thought it was a wind surfer he'd seen earlier in the day, but when he noticed arms waving then he knew that something wasn't right.

When they pulled up to the capsized boat, they found the men clinging to it and Boyd not willing to be rescued without his dog.

"Mancell was adamant," said Toy. "He would not leave without Sassy."

"You could hear the dog

barking," Explosive Ordnance Disposal 1st Class Zach Phillips. So Phillips headed into the water and with a little maneuvering was able to grab the dog and bring her to the surface.

By this time, the three men were in EOD's boat beginning to warm up and tell their story.

Phillips said that Boyd would only accept a jacket to wrap little Sassy in.

"He got a little misty eyed [after Sassy was rescued]," Phillips said. "His wife had died

See Sassy, Page 9

New Rules For Fleet RIDE/PTS

From Navy Personnel Command Public Affairs

The Navy will implement two new programming changes within the Fleet RIDE-Perform to Serve (FR-PTS) system that are designed to align the FR-PTS and Career Management System-Interactive Detailing (CMS-ID) application windows, helping Sailors with order negotiation, and improving system efficiency for career counselors, according to a Navy message released Feb. 1.

NAVADMIN 021/13 announces the automation of Special Circumstance FR-PTS Applications for Projected Rotation Date (PRD) for Sailors who will have less than 24 months of obligated service remaining at their PRD. Sailors who will have more than 24 months of obligated service remaining at their PRD do not require FR-PTS approval to negotiate orders.

Beginning Feb. 4, FR-PTS will automatically generate a Special Circumstance Application 15 months prior to a Sailor's PRD if they will have less than 24 months of obligated service remaining at their PRD. This gives career counselors three months to submit the application. These Sailors will receive up to three looks in FR-PTS 12, 11, and 10 months prior to their PRD. Sailors who receive a special circumstance quota will be able reenlist for up to 6 years to cover any obligated service for their next set of orders.

If a Sailor does not receive a quota, detailers will be able to make a determination sooner if the Sailor will remain at their current command or if orders will be issued in accordance with sea shore flow. Under the old method, detailers would wait for FR-PTS determination. Some Sailors didn't get FR-PTS approval prior to their PRD placing them in the needs-of-the-Navy-window and creating additional work for career counselors who continued to work with their Sailors through the order negotiation and FR-PTS submission process.

In addition, Sailors with less than 12 months of obligated service remaining were often left in place but orders were already generated to relieve the Sailor at PRD, creating a situation where two Sailors were filling one billet. This change aligns the FR-PTS with the CMS-ID window while preventing many Sailors from missing their opportunity to negotiate for orders during their prescribed orders negotiation window, benefiting both the Sailor and the Navy.

In other cases, Sailors who didn't actually require a special circumstance FR-PTS application were submitted in FR-PTS creating unnecessary competition for FR-PTS quotas. The new special circumstance FR-PTS application will prevent Sailors from applying if they don't need a FR-PTS quota, which will improve opportunities for Sailors who do require a quota.

Sailors who don't receive a special circumstance FR-PTS quota at their PRD are still required to submit a regular FR-PTS application during their next FR-PTS application window when they are 12 months from their end of active service.

The second change covered in the NAVADMIN improves career counselor efficiency by eliminating monthly denial letters and generating a single final determination letter for Sailors. The denied final active letter has also been reformatted to include the Sailor's entire FR-PTS end of active obligated service, as extended (SEAOS), application history to help authorizing officials in determining a Sailor's eligibility for involuntary separation benefits.

Unless specifically changed by NAVADMIN 021/13, all other FR-PTS program policies remain in effect. Contact the Navy Personnel Command Customer Service Center, at 1-866-U-ASK-NPC/1-(866)-827-5672 or via e-mail at csc-mailbox@navy.mil with questions concerning this policy update and new FR-PTS implementation procedures.

Oakleaf Club Congratulates New Year's Baby Family



Photo by Jacob Sippel

Cmdr. Michael Service, Naval Branch Health Clinic (BHC) Mayport officer in charge, and Nichol Lee, Naval Hospital Jacksonville Oakleaf Club President, far left, present the Camp family with a baby gift basket and certificate at BHC Mayport. Operations Specialist 1st Class Jameala Camp, husband Logistics Specialist 2nd Class James Camp and son Jordan welcomed newborn James Gavin Camp to the family Jan. 1, making James Gavin the first newborn of 2013 at Naval Hospital Jacksonville.

Mayport Gets Ready For Solid Curtain-Citadel Shield

From Staff

Naval Station Mayport is going to try and make your commute as painless as possible, but base officials warn that an upcoming Fleet-wide exercise is going to have an impact on daily operations during the course of the drill.

Commander, U.S. Fleet Forces (USFF) and Commander, Navy Installations Command (CNIC) are in the final stages of planning the Force Protection and Anti-Terrorism (FP/AT) exercise Solid Curtain-Citadel Shield (SC/CS) 2013 to be conducted on naval bases and installations throughout the continental United States Feb. 19-28, including NS Mayport, NAS Jacksonville and NSB Kings Bay.

These annual exercises are designed to enhance the training and readiness of Navy security forces to respond to threats to installations and units.

The two exercises, each with a distinct focus, occur simultaneously and will stress different areas of the Navy's anti-terrorism program to enhance the training and readiness of naval secu-

Check DeCA Web Site For Hours

By DeCA Public Affairs

The Navy will conduct an anti-terrorism exercise, Solid Curtain-Citadel Shield 2013, Feb. 19-March 1, which could affect the operating hours of the Mayport commissary.

To keep customers informed, the Mayport commissary will post its hours of operation during the exercise on its "Local Store Information" page on the DeCA website, www.commissaries.com.

From Feb. 19 to March 1, customers who plan to shop are advised to follow this link to see if the commissary is open: www.commissaries.com/realigned_maps/alpha_list.cfm. Upon locating the store by name and opening the store page, click "Local Store Information" from the menu on the left.

urity force personnel to respond to real-world threats.

"This exercise gives us an opportunity to test things local at an installation," said Willie Gree, Naval Station Mayport Installation Training and Readiness Officer.

There will be an increase in patrols on and around Navy installations as a result of this planned exercise. Exercise SC/CS 2012 is not in response to any

specific threat, but is a regularly scheduled exercise.

Measures have been taken to minimize disruptions to normal base and station operations, but there may be times when the exercise causes increased traffic around bases or delays in base access.

"Arriving to work earlier than you normally would during the dates of the drill is a good idea," said Green.

Donate Your Locks
Mayport Holds Locks of Love Event
Page 3

Sailors Train
AT UNF Aquatics Center
Pages 4-5

Get Jump Start To Fitness
With MWR Zumba
Page 13



mayportmirror.com



Capt. Doug Cochrane

CAPTAIN'S CORNER

ed on those New Year's Resolutions that you still haven't quite gotten around to - like physical fitness and fiscal fitness.

We signed a proclamation last week declaring Feb. 25-March 2 as Military Saves Week and FFSC is offering a lot of classes, workshops and activities focused on that subject. I highly recommend every Sailor, their spouses and dependents check out the Million Dollar Sailor Workshop being offered Feb. 26-27. With a little forethought and know-how, it is possible to gain that wealth and the workshop gives you the tools to do it. Along with Million Dollar, the financial management team has also put together a Thrift Savings Plan Workshop, Savings and Investment Class and Banking and Financial Services Class in February. Check out FFSC schedule in this edition of The Mirror

for dates and times and call FFSC at 270-6600 to register.

One of the ways you can start being fiscally sound is not to waste your money on tax preparation when the Navy has several free tax services available to Sailors and qualifying retirees. Mayport's Volunteer Income Tax Assistance (VITA) tax center opened Monday at 707A Everglades Ct in housing. Parking is available in the parking lot on the corner of Moale Ave. and Maine St. There are signs posted for VITA Parking. This is a free tax service available to all active duty, reserve personnel and their dependents. VITA uses Military One South and H&R Block software. Retirees with an annual gross income less than \$58,000 may use Tax Slayer or Free Tax USA for free.

The weeks of Feb. 19-28 are going to be very busy here on base. We will be conducting our annual anti-terrorism/force protection exercises Operation Citadel Shield/Solid Curtain. There will be impact to traffic on the base through-

out both weeks of the exercises, as well as ramped up security measures. Please remain flexible during these exercises and understand that it is a necessity for us to conduct these drills. Not only do we want to protect America from harmful forces, but these exercises help us keep the thousands of service members and civilians who live and work on this base safe as well.

You may have noticed a lot of work going at the north end of Mayport's beach, beside the Jetties. NS Mayport is fortunate to be on the receiving end of a beach renourishment project sponsored by the Army Corps of Engineers. Over the next several weeks, 300,000 yards of high quality sand will be distributed on the mile-long beach to repair damage caused by large storms raving the area of the past several years. Please heed safety warnings and stay out of the partitioned working areas.

Continue sending your suggestions to the CO's suggestion box or email them at douglas.cochrane@navy.mil.

BEACON Program At Area Schools



Judy Cromartie
School Liaison Officer

Knowing THE ROPES

ondary education. They put their heads together, and they created the BEACON program.

The program, which has changed very little since its inception, trains volunteers to go into every Duval County Public School high school to teach seniors how to complete the Free Application for Federal Student Aid (FAFSA). Seniors meet in small groups with the volunteers to learn that

- the FAFSA IS NOT difficult to complete,
- families DO receive funding from completing the FAFSA, and
- this is ONE YEAR - the student's senior year - that parents must complete their taxes in a timely manner.

They also share information on State of Florida scholarships, loans, and grants, including the Bright Futures Scholarship Program.

This year over 100

volunteers received their training at the Community First Credit Union's main office on Friday, January 25th. John Hirabayashi, President and CEO of the credit union, was instrumental in providing space for the training and a continental breakfast to start the day.

William Spiers who is now Chief Financial Officer of Tallahassee State College continues to support the program. Each year he returns to Duval to facilitate the Financial Aid Night at Stanton College Preparatory School, and then the next morning is the chief trainer of the FAFSA.

Volunteers complete the training by meeting with the coordinator of the BEACON program at the high school they have been assigned to. I also present at this meeting making sure the volunteers know just what to



-Photo submitted

Judy Cromartie, NS Mayport School Liaison Officer, meets with a group of military dependent seniors to assist with post-high school plans.

This month Duval County Public Schools Guidance Department is facilitating financial aid training for all high school seniors. The BEACON program (Bringing Economic and Career Opportunities Nearer) which began 30 years ago in Duval is designed to provide high school seniors information about funding for postsecondary education.

Carolyn Stone then Supervisor of Guidance for Duval Schools and William Spiers Director of Financial Aid for Jacksonville University were concerned that too few seniors were applying for some type of postsec-

ask their school coordinators: parking access and lunch information!

This year I was assigned volunteer duties at Sandalwood and Englewood High Schools. Last week at Sandalwood I met with 117 seniors who were military dependents of active duty or retired military parents. The coordinators at both schools allow me to meet with the military dependents so that I can share

financial aid materials specifically geared to their needs. So after I explain the in's and out's of the FAFSA, I take so time to provide them materials on "Tuition Information for Military Dependents" and "Scholarship Information for Military Dependents."

If you are interested in volunteering next year for this program or would like these materials sent to you via email, please

contact me at Judith.cromartie@navy.mil.

Judy Cromartie is the School Liaison Officer for NS Mayport. If you have questions about this article or concerns about an educational issue impacting your child, she can be reached via email at judith.cromartie@navy.mil or by phone at (904) 270-6289 X1305 [office] or (904) 993-5860 [cell]. Or you can schedule a meeting in Building One.

Birds Of A Feather Are Stronger Together



Chap Calvin Gardner Sr.
Surface Force Ministry Center

CHAPLAIN'S CORNER

cyclical fashion to spread flight fatigue equally among the flock members.

Like the essential ingredients of a gourmet dish, so are the characteristics of unity, togetherness connectedness, agreement, accord, and harmony a necessity for mission accomplishment. No organization; no family, no ship, no command, no - not even the church can truly thrive without them being at work within the hearts and minds of people.

Disunity sits at the opposite end of the aforementioned characteristics. Interestingly, it was this relational menace that provoked a stern rebuke from early church leaders. Apostle Paul writes, "For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ (1 Corinthians 12:12, ESV). The point of Paul's declaration is

that there is "one body" and "many members." Hence, together, that "one body" is the Body of Christ and is composed of "many members" (God's Children). Each member is created in the image of God and after His likeness is interconnected. To drive this point home, Paul goes on to say, "The eye cannot say to the hand, "I

have no need of you," nor again the head to the feet, "I have no need of you." On the contrary, the parts of the body that seem to be weaker are indispensable, and on those parts of the body that we think less honorable we bestow the greater honor, and our un-presentable parts are treated with greater modesty" (1 Corinthians 12:21-23, ESV).

In short, we need one another. The small and great; the strong and the weak; the popular and the unpopular; the desired

and the not desired. Consider Jesus' first disciples. They were from various lifestyles; "issues; shortcomings, and hang-ups" included. Yet no matter what their challenge, Jesus told them to "love one another." He knew if they were going to impact the world for the Kingdom of God, they were going to need to be in step with one another.

So it is with us. It breaks the heart of God when His church walks in disunity. Or to hear His creation say, "I don't need

to go to church (Body of Christ - BOC) to serve God." Don't Jesus die for the BOC? My strength might be your weakness. Your strength might be my weakness. Together we counter balance each other. The blessing and benefits of this can be seen the observation of birds. If you are trying to do LIFE alone, you are out of order because that is not the way God ordained it to be....even the birds know that...SMILE.

Correction

Due to an editing error, the Jan. 31, 2013 edition of The Mirror incorrectly identified new patrol cars for NS Mayport as Ford Impalas. The cars are Chevrolet Impalas. We regret any confusion this may have caused.



Command Chaplain
Lt. Cmdr.
Jerome Cayangyang

Roman Catholic Mass
Sunday 9 a.m.
Monday-Thursday
11:30 a.m.
Confessions:
before & after mass or upon request
CCD, RCIA & Adult Ed:
Sunday 10:30 a.m.
Baptisms
3rd Sunday of month 10:30 a.m.
Catholic Youth Group
2nd & 4th Sunday 11:30 a.m.-1 p.m.

Protestant Worship
Sunday 10:30 a.m.
Sunday school 9:15 a.m.
Choir: Wednesday 7 p.m.
Baptism: For information contact your chaplain
Women's Bible Study
Wednesday 10 a.m.
Protestant Youth Group
1st Friday Youth Quak Trip
6:30 p.m.
3rd Friday at Chapel 7-10:30 p.m.
PWOC
2nd Saturday 9:30 a.m.
PMOC
3rd Saturday Prayer Breakfast 9 a.m.
MOPS
1st & 3rd Thursday, 9:30 a.m.

For more information or other worship opportunities and religious organizations in Jacksonville, call 270-5212.



Naval Station Mayport

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Cmdr. Patrick Pickard Executive Officer
CMDCM Robert L. White Command Master Chief

Naval Station Mayport Editorial Staff

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Paige Gnann.....Editor

The Mirror is distributed without charge throughout Mayport's Navy community, including the Naval Station, on- and off-base Navy housing areas, and ships, squadrons and staffs homeported at NS Mayport. Copies are also available at the Naval Station's Public Affairs Office, Building 1, and The Florida Times-Union, 1 Riverside Avenue, Jacksonville, FL 32202.

The deadline for all submissions is Thursday at 4 p.m., one week prior to publication. News and articles should be submitted to the Public Affairs Office, or mailed to:

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P.O. Box 280032
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Commercial: (904) 270-7817 Ext. 1012 DSN: 270-7817 Ext. 1012
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Holiday Housing Winners



-Photo by FC2 Bobby Leonard

NS Mayport Command Master Chief, CMDCM Bob White, left, and Executive Officer, Cmdr. Pat Pickard, third from left, are joined by members of HSL-40 Airwolves in congratulating the Pilgrim Family for winning the holiday house lighting contest for Ribault Bay Community in off-base housing.

BBC Wants Your 'Locks'

From BBC

Balfour Beatty Communities at Naval Station Mayport is hosting its second annual Locks of Love event on Feb. 24 from 11 a.m. to 2 p.m. at the Ribault Bay Community Center.

During last year's event, Balfour Beatty collected more than 75 ponytails, which contributed to constructing almost eight hairpieces for underprivileged children suffering from permanent hair loss. It typically takes 8-10 ponytails to make one prosthetic hairpiece.

Locks of Love is a public, non-profit organization whose mission is to return a sense of self, confidence and normalcy to children suffering from hair loss by utilizing donated ponytails to provide the highest quality hair prosthetics to financially disadvantaged children. The children receive hair prostheses free of

charge or on a sliding scale, based on financial need.

Hair donations must be at least 10 inches long and cannot have been bleached (highlighted). Hair that has been colored or permed can be used and dreadlocks, extensions, synthetic hair or wigs cannot be used.

Those who donate will receive a trim and style from master stylists Renee Pendley and Kristin Greco of Victoria's Hair and Nails, a gift bag for participation and be entered to win a gift basket filled with gift cards, health and beauty products and other surprises.

The event will be held at the Ribault Bay Community Center located at 1201 Assisi Lane, Atlantic Beach, Fla. 32233.

For more information about the event, please call Jessica at 904-372-4702.

Ask Kate

Get Tips To Save On How To Save From Our Favorite Energy Coach!

Yes, there is a real "Kate." She is the Lead Home Energy Coach for WattzOn. Trained and certified many times over, she has been in hundreds of homes, coaching residents on their immediate savings opportunities.

One of Kate's shining qualities is that she doesn't sell, she earns trust through data analysis, hard facts and personalization.

Not surprisingly, everyone saves energy after a visit from Kate - even the greenest of homes! Our Ask Kate column brings

her wisdom and charm to you.

Dear Kate,

My husband loves football and wants to buy a new, larger TV. I think it will cost too much and use too much energy. What should we do?

Signed,

Stuck on the 50-yard Line

Dear Stuck,

Let's get you a touch-down! Every year technology improves and TVs have really changed in the past 5 years. They use much less energy than

before. To save energy get an LCD screen (not plasma!), look for the Energy Star logo, and don't go crazy on size.

But thanks to technology improvements, there is no reason for you electricity bill to rise with a new model. And some utilities have rebates for Energy Star models. Check your rebates at www.wattzon.com/rebates.

Goal!

Signed,

Kate

For NS Mayport housing residents: Sign up for free home energy coach-

ing and digital usage reminders. Call 800-314-5997 or email switch4good@wattzon.com. You can also contact your local Balfour Beatty representative.

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Mayport Harbor Security Implements Use Of Molly Vest With Mustang Collar

By MC2 (SW)
Salt M. Cebe

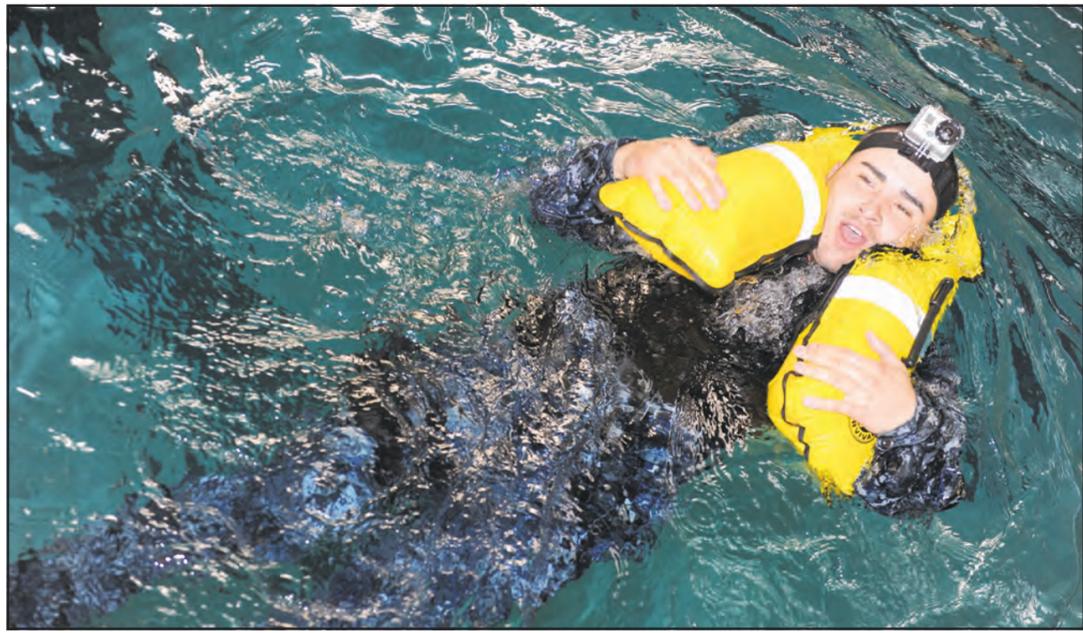
NPASE

Naval Station Mayport Harbor Security tested out their new Molly Vests via the University of North Florida pool Feb. 1 in order to prepare to train its Sailors on the new gear they are implementing.

In case of an emergency, NAVSTA Mayport Security said they want their watch standers to be ready and prepared for any scenario that could possibly arise.

"We need to test out any new gear that we're going to issue to our watch standers before they issue it. We also need them to be comfortable with the new gear they are being issued," said Lt. Lawrence Morton, training instructor base security.

The Molly Vests are equipped with a Mustang Collar or floatation device, ballistics protection, and room for weapons and accessories.



Master-at-Arms 2nd Class Sigfredo Santiago tests out a new Molly Vest at the Aquatic Center on the campus of University of North Florida. Mayport Security will use the vest as part of safety measures for Harbor Security patrols.

"These new float coats are a modular system that will allow us to combine tasking for completely

different environments. Instead of having three entirely different systems, now we have one that meets the needs off all of

the areas we patrol," stated Lt. Morton. Once they become familiar with the Molly Vest system, NAVSTA

Mayport security will conduct annual training for all of its watch standers in order to make sure they remain familiar with

the equipment they are issued.

"Some of the Sailors out there standing watch, have never actually been in the water with their gear on," said Master-at-Arms 2nd Class Sigfredo Santiago.

"So they need to know that when and if they fall in the water, to stay calm and properly inflate their life vest," Santiago added. "Once they get into a real life situation we want it to be second nature to them."

Lt. Morton and Santiago tested out the Molly Vest in the pool and were very pleased with its performance.

The rest of their watch standers are scheduled to test the equipment in the near future so that everyone is able to be as comfortable as possible while performing their duties.

HSM-40, Hué City Team Up For SAR Training

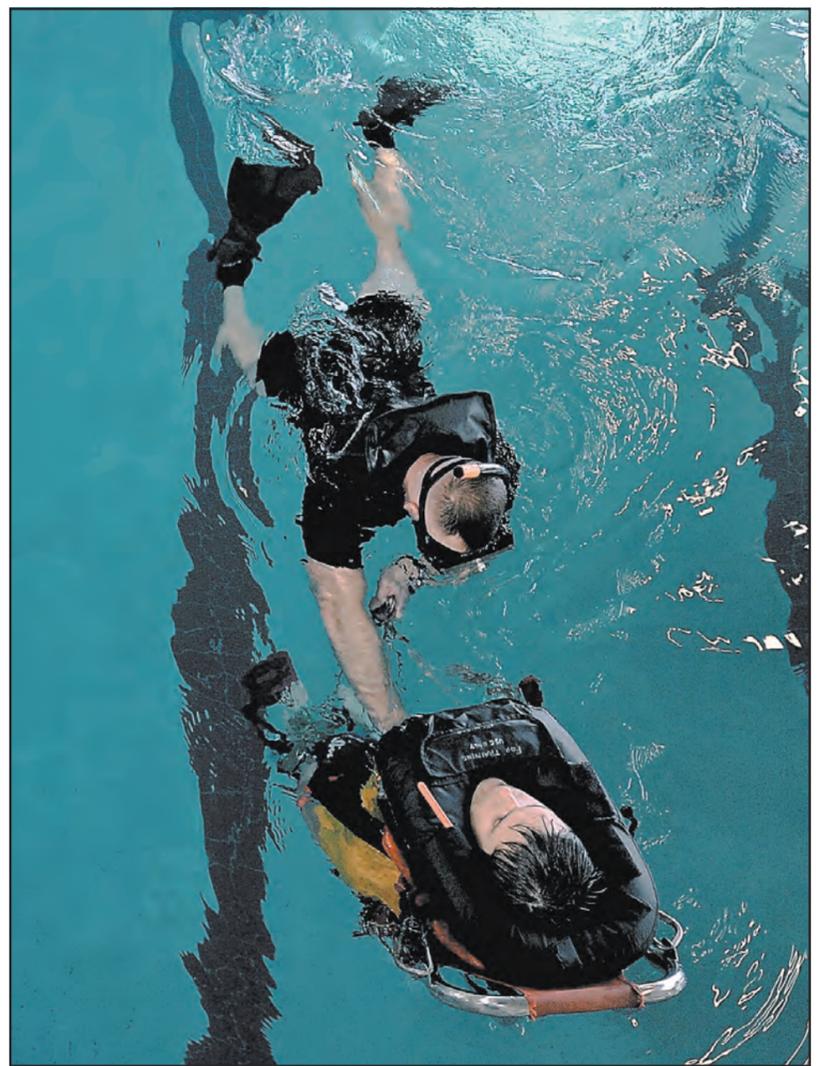


-Photos by MC2 Marcus L. Stanley

Chief Naval Air Crewman Mark Compton assigned to Helicopter Maritime Strike Squadron 40 (HSM-40) gives the signal to lift the stretcher from the water during search and rescue swimmer training at the Aquatic Center at University of North Florida.



Chief Naval Aircrewman Mark Compton assigned to Helicopter Maritime Strike Squadron 40 (HSM-40) secures Air Crewman 3rd Class Joseph Turnbull to a stretcher in the water during search and rescue training at the Aquatic Center at University of North Florida.



Chief Naval Air Crewman Mark Compton assigned to Helicopter Maritime Strike Squadron 40 (HSM-40) pushes a stretcher through the water after securing Air Crewman 3rd Class Joseph Turnbull during search and rescue training at the Aquatic Center at University of North Florida.



Sailors assigned to guided-missile cruiser USS Hué City (CG 66) conduct search and rescue swimmer training at the Aquatic Center on the campus of University of North Florida.



Search and rescue swimmers assigned to guided-missile cruiser USS Hué City (CG 66) conduct medical training at the Aquatic Center.



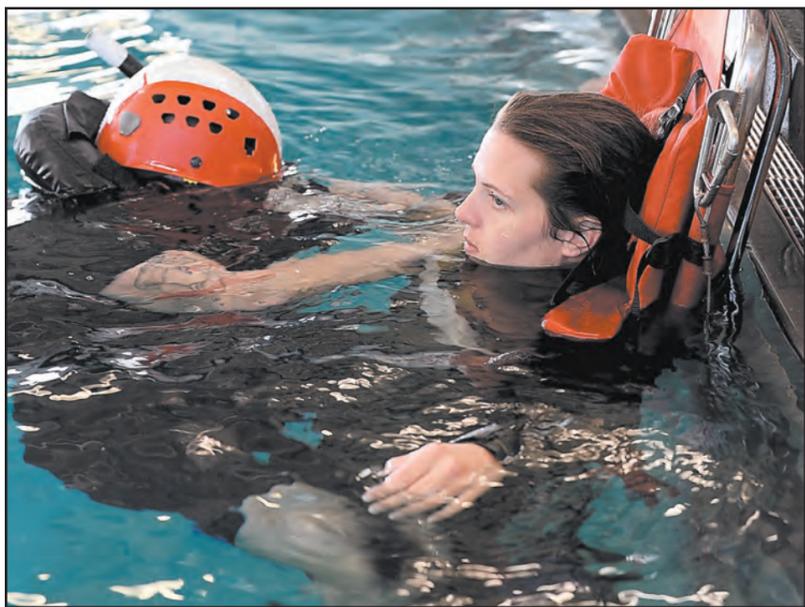
Search and rescue swimmers assigned to guided-missile cruiser USS Hué City (CG 66) conduct medical training at the Aquatic Center on the campus of University of North Florida.



Sailors assigned to guided-missile cruiser USS Hué City (CG 66) conduct search and rescue swimmer training at the Aquatic Center.



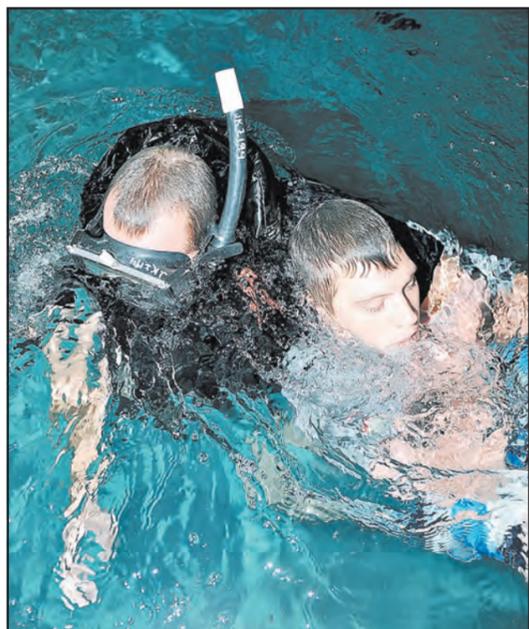
Sailors assigned to guided-missile cruiser USS Hué City (CG 66) conduct search and rescue swimmer training at the Aquatic Center.



Cryptologic Technician Maintenance 2nd Class (SW) Richard Brown secures Lt. j.g. Colleen Quinn to a stretcher during search and rescue swimmer training at the Aquatic Center.



Cryptologic Technician Maintenance 2nd Class (SW) Richard Brown simulates the rescue of Lt. j.g. Colleen Quinn during search and rescue swimmer training at the Aquatic Center.



Sailors assigned to guided-missile cruiser USS Hué City (CG 66) conduct search and rescue swimmer training at the Aquatic Center on the campus of University of North Florida.



Chief Naval Air Crewman Mark Compton assigned to Helicopter Maritime Strike Squadron 40 (HSM-40) simulates the rescue of Air Crewman 3rd Class Joseph Turnbull during search and rescue training at the Aquatic Center on the campus University of North Florida.

Learn To Manage Your Money With FFSC

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 1701. FFSC is located in Building One on Massey.

Feb. 7, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

Feb. 7, 10-11 a.m., **Craft Hour** (During Tottle Tyme Playgroup), USO

Feb. 11-15, 8 a.m.-4 p.m., **TAP Separatee Workshop**, Building 1 Room 1616

Designed for Military personnel within 90-180

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days of leaving the military. The seminar focuses on benefits for service members and their family members. Participants receive help in translating their military acquired skills into civilian language and are exposed to the civilian job market and how to successfully compete in the civilian employment arena; learning about resumes, employment interviews and marketing themselves. If you are within a minimum of 180 days of leaving the military see

your career counselor for a quota for this highly successful program.

Feb. 11, 6-7 p.m., **IA Family Connection Group, USO**

Feb. 12, 9-11 a.m., **Active Parenting Class, FFSC Room 702**

Feb. 13, 9 a.m.-noon, **Employment Seminar, FFSC Room 719**

Feb. 14, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group

invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

Feb. 19, 9-11 a.m., **Active Parenting Class, FFSC Room 702**

Feb. 19, 1-3 p.m., **Financial Leadership Seminar**, Building 1 Room 104

Feb. 20, 9-11 a.m., **Thrift Savings Plan Workshop**, Building 1 Room 104

Feb. 20, 9 a.m.-noon, **Employment Seminar, FFSC Room 719**

Feb. 21, 11 a.m.-noon, **Savings and Investment Class**, Building 1 Room 104

Feb. 21, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips sev-

eral times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age.

Feb. 22, 11:30 a.m.-12:30 p.m., **Banking and Financial Services Class**, Building 1 Room 104

Feb. 25, 8:30 a.m.-12:30 p.m., **Anger Management Class**, FFSC Room 702

What does *anger* do for you? Communicate for you? Keep people at a safe distance from you? Keep *you* in charge? For many people, anger serves them many uses, but all too often, it is at a high cost...usually of relationships, unhappiness in the workplace, and a general feeling of disdain. If you want to be able to break out of the "get angry/get even" syndrome, come to this class. Participants learn how anger and judgment are related, about irrational beliefs and faulty self-talk, what "E + R = O" means, and the roles of stress and forgiveness in anger.

Feb. 25-March 1, 8 a.m.-4 p.m., **TAP Separatee Workshop**, Building 1 Room 1616

Designed for Military personnel within 90-180 days of leaving the mili-

tary. The seminar focuses on benefits for service members and their family members. Participants receive help in translating their military acquired skills into civilian language and are exposed to the civilian job market and how to successfully compete in the civilian employment arena; learning about resumes, employment interviews and marketing themselves. If you are within a minimum of 180 days of leaving the military see your career counselor for a quota for this highly successful program.

Feb. 26-27, 7:30 a.m.-4 p.m., **Million Dollar Sailor Workshop**, Building 1 Room 104

Feb. 26, 6-8 p.m., **Ombudsman Assembly**, Building 1, Room 104

Feb. 26, 9-11 a.m., **Active Parenting Class**, FFSC Room 702

Feb. 27, 9 a.m.-noon, **Employment Seminar**, FFSC Room 719

Feb. 28, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc.

Out in Town

Saturday, Feb. 9

An "Eating and Growing Seasonable" Workshop; a food demo/sampling using seasonal produce and learn to grow warm season vegetables, at Duval County Extension Office 1010 N. McDuff Ave. 32254, from

COMMUNITY CALENDAR

9 a.m.-noon. Cost is \$10 with pre-registration and pre-payment being required. Please contact Jeannie Crosby at 255-7450. Make checks payable to: DCOHAC

and mail to: Duval County Extension Office, Attention: Jeannie.

Join a park ranger at 2 p.m. to learn about the many common species that inhabit the natural

communities of the undeveloped barrier islands of northeast Florida. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Saturday, Feb. 16

Want to find out how to lawn bowl or play bocce

ball? Join a ranger at 2 p.m. on the green to learn about these fun outdoor games. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Saturday, Feb. 23

Join a ranger at 2 p.m.

as they re-enact a first-person sales pitch for the Ribault Club in its hey day. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

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- 7 Julington Creek - 855.214.8065
- 8 St. Johns Forest - 855.214.8917
- 9 Nocatee - 855.201.5804

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<p>SAVE \$89,460</p> <p>Mariner at Tidewater 4 Bed - 3.5 Bath - 2,749 Sqft. Was - \$366,360 Now - \$276,900</p>	<p>SAVE \$88,236</p> <p>Nottingham at Highland Glen 4 Bed - 3.5 Bath - 3,888 Sqft. Was - \$647,136 Now - \$558,900</p>	<p>SAVE \$52,800</p> <p>Danbury at Julington Creek 4 Bed - 3.5 Bath - 2,668 Sqft. Was - \$301,900 Now - \$249,900</p>
<p>SAVE \$27,250</p> <p>Egret III at St. Johns Forest 4 Bed - 3 Bath - 2,946 Sqft. Was - \$546,230 Now - \$518,900</p>	<p>SAVE \$61,250</p> <p>Turnberry at Highland Glen 4 Bed - 3.5 Bath - 3,381 Sqft. Was - \$574,450 Now - \$512,900</p>	<p>SAVE \$9,010</p> <p>Cattilio at Palermo 4 Bed - 3.5 Bath - 3,028 Sqft. Was - \$487,260 Now - \$478,250</p>
<p>SAVE \$22,670</p> <p>Bellhaven at Julington Creek 4 Bed - 3 Bath - 3,144 Sqft. Was - \$497,570 Now - \$474,900</p>	<p>SAVE \$80,035</p> <p>Stonebridge III at Julington Creek 5 Bed - 4.5 Bath - 3,867 Sqft. Was - \$749,935 Now - \$659,900</p>	<p>SAVE \$154,805</p> <p>Preakness V at Julington Creek 4 Bed - 3 Bath - 3,817 Sqft. Was - \$780,975 Now - \$626,170</p>

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HSTSG Completes COMPTUEX

By MC2 Leona Mynes

Harry S. Truman Strike Group
Public Affairs

Harry S. Truman Strike Group (HSTSG), underway since Jan. 14, completed its composite training unit exercise (COMPTUEX) and returned to Naval Station Norfolk Feb. 3.

COMPTUEX was a scenario-based pre-deployment exercise assessed by Commander, Strike Force Training Atlantic (CSFTL). CSFTL ensured HSTSG can carry out a broad scope of missions efficiently and effectively

when operating in the 5th fleet and 6th fleet areas of responsibility.

"This was a difficult scenario. We threw a lot of problems at the strike group and its ships to make sure this team performs as a team and to acceptable combat standards," said Rear Adm. Scott Craig, CSFTL. "I have all the confidence in the world that when HSTSG gets the call to deliver, the strike group can deliver and will do so with precision."

HSTSG conducted sev-

eral scenario-based missions including maritime interdiction operations; electronic, air, surface and subsurface warfare; electronic, air, surface and subsurface defense; small boat and low slow flyer detection and deterrence; integrated air and surface warfare; combat flight operations; counter-unmanned air vehicle drills; straits transits; and replenishments-at-sea.

"The crew of Truman is absolutely ready for deployment," said Command Master Chief

(SW/AW/IDW) Raymond D. Kemp, USS Harry S. Truman (CVN 75). "We have been tried, assessed, inspected and tested. No matter what enemy we are sent to engage, we are ready to engage, and we shall be victorious."

According to Lt. j.g. Aubrey Page, navigator aboard guided-missile cruiser USS Gettysburg (CG 64), Sailors aboard Gettysburg are equally as ready for deployment. During COMPTUEX, Gettysburg Sailors honed skills in ship's self

defense, weapons, integrated air defense, and flight operations.

"It is exciting to work with the [Harry S. Truman] strike group," said Page. "Together, we bring the best of what navies all around the world offer to provide a maritime presence in a part of the world that needs us."

Aboard Truman (CVN 75) are its crew, Commander, Carrier Strike Group (CCSG) 10, Carrier Air Wing (CVW) 3, and 1st Combined

Destroyer Squadron (1CDS). In addition to Gettysburg, USS Monterey (CG 61), guided-missile frigate USS Kaufmann (FFG 59), guided-missile destroyers USS Gravelly (DDG 107) and USS Barry (DDG 52), Canadian ships HMCS Ville de Quebec (FFH 332) and HMCS Preserver (AOR 510), and German frigate FGS Hamburg (F220) also participated.

Gettysburg and Hamburg will join Truman for deployment.

Fed Register Publishes Proposed Rules For Training, Testing Areas

From Chief of Naval Operations Energy and Environmental Readiness Division
Public Affairs

Today the Federal Register published the National Marine Fisheries Service (NMFS) proposed rules for Navy activities in the Atlantic Fleet Training and Testing (AFTT) and Hawaii-Southern California Training and Testing (HSTT) areas.

As required under the Marine Mammal Protection Act (MMPA), the rules describe the proposed activities, the potential effects of those activities on marine mammals, as well as required marine mammal protective measures and monitoring. The rules state NMFS's conclusion that with the protective measures in place, Navy activities will have a negligible impact on protected species and stocks. The public can provide comments on the proposed rules through March 10.

The Navy released the draft AFTT and HSTT environmental impact statements/overseas environmental impact

statements (EIS/OEIS) on May 11, 2012, and accepted public comments on the documents through July 10, 2012. Since that time, as reflected in the proposed rules, estimates of potential marine mammal injuries and mortalities have decreased for both AFTT and HSTT, and estimates of non-injurious behavioral effects (e.g., turning head, changing swim direction) have increased for AFTT but decreased for HSTT.

These changes were made due to emerging training and testing requirements, revisions to modeling associated with some activities, and the inclusion of a post-modeling assessment process.

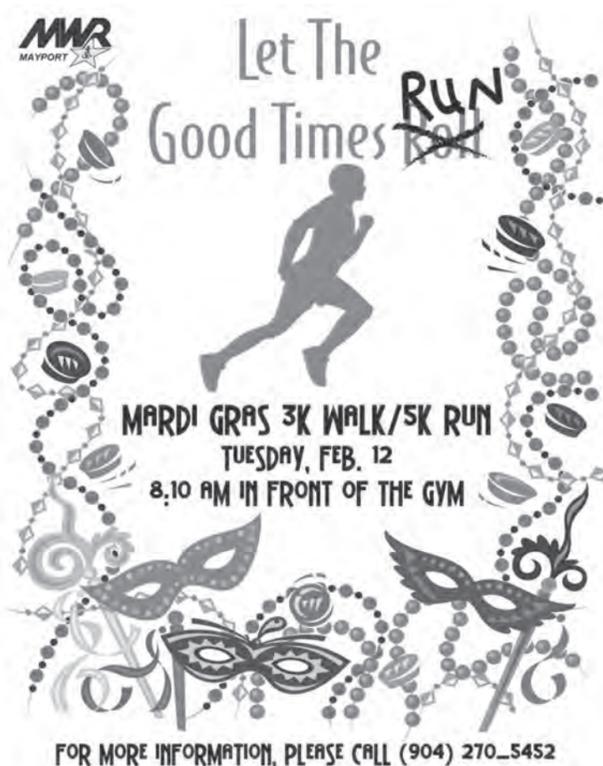
"Rigorous scientific analysis, and decades of similar training, indicate that Navy activities at sea will have no more than a negligible effect on marine species populations," said Rear Admiral Kevin Slates, director of the Chief of Naval Operations Energy and Environmental Readiness Division. "These per-

mits and the Navy's continuing engagement with NMFS will enable us to carry out our national defense mission while also protecting the natural environment."

The final permits can only be issued if the proposed activities will have a negligible impact on protected species or stocks. The Navy will continue numerous steps to minimize potential effects on marine mammals, including the use of NMFS-approved protective measures; participating in an ongoing adaptive management process with NMFS to consider new science and evaluate the effectiveness of protective measures; and implementing a comprehensive plan for marine mammal monitoring across training and testing areas.

The proposed rules can be accessed at www.nmfs.noaa.gov/pr/permits/incidental.

For additional information, visit the project websites at www.afteis.com and www.hstteis.com.



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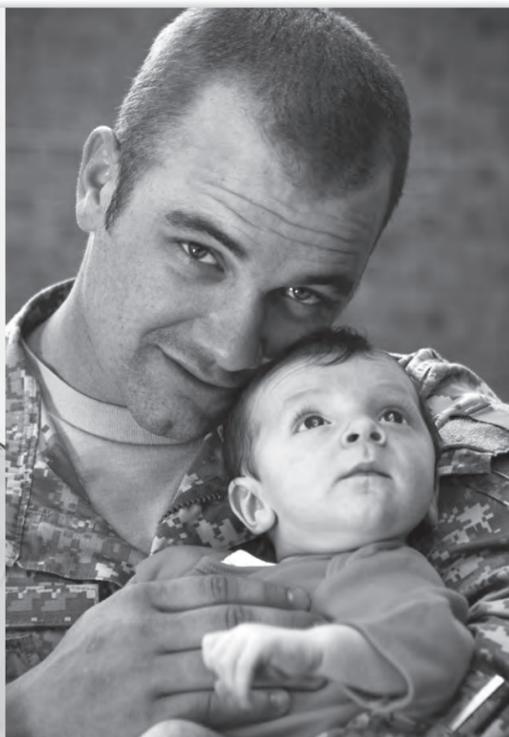
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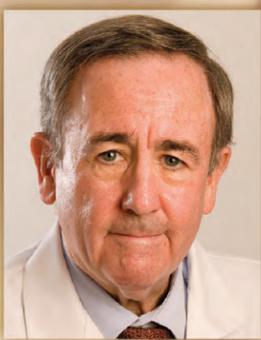
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NHJax, Branch Medical Home Port Teams Coordinate Patients' Care

By Naval Hospital Jacksonville
Public Affairs

Each of the 57,000 patients with a primary care manager (PCM) at NH Jacksonville—its hospital and five branch health clinics in Albany, Jacksonville, Key West, Kings Bay and Mayport belongs to a primary care team as part of Medical Home Port.

Medical Home Port is Navy Medicine's approach to the nationwide "medical home" model of care. "Medical Home Port places our patients in the center of a collaborative team of caregivers—from doctors to nurses to case managers—led by their primary care manager," said NH Jacksonville Director for Medical Services Cmdr. Troy Borema. "Our patients and their Medical Home Port teams work together for a coordinated, whole-person approach to health."

This comprehensive approach is designed to meet the full range of patients' health and wellness needs. Medical Home Port increases continuity of care and the use of preventive services, which can lead to better outcomes for people with chronic conditions. It also reduces emergency



A Naval Hospital Jacksonville family medicine red team nurse, Claudine Chandler, shows a patient, Aviation Electronics Technician 3rd Class Farrel Jennings, how to log onto Medical Home Port Online secure email. Patients can sign up for Medical Home Port Online at www.med.navy.mil/sites/navalhospitaljax and use it to communicate with their care team for non-urgent issues.

-Photo by Jacob Sippel

room visits and hospitalizations because the care teams provide urgent care—something that boosts both patient and staff satisfaction.

"My Medical Home Port team keeps me current on my appointments, immunizations and blood checks that I need

regularly," said Patricia Wampler, a family medicine red team patient.

Medical Home Port also offers a new way for patients and their care teams to connect—via Medical Home Port Online secure email. Patients can email their care team directly for

non-urgent issues, like requesting an appointment, lab results or medication refills. And patients can still call Central Appointments and After Hours Nurse Advice Line at (800) 529-4677.

To register and log onto Medical Home Port

Online, patients can visit the command's website at www.med.navy.mil/sites/navalhospitaljax.

NH Jacksonville's Medical Home Port is seeking health care industry recognition from the National Committee for Quality Assurance,

the gold standard in the patient-centered medical home model. The application process includes a site visit to evaluate continuous adherence to multiple standards.

"Patient- and family-centered care has always been at the core of Naval Hospital Jacksonville's delivery of health care whether at our hospital or one of our branch health clinics," said Borema. "Medical Home Port enhances this, offering increased coordination and access to the highest quality care for our patients."

NH Jacksonville's priority since its founding in 1941 is to heal the nation's heroes and their families. To find out more, visit the command website at www.med.navy.mil/sites/navalhospitaljax, like the Facebook page at www.facebook.com/navalhospital-jacksonville, follow on Twitter at www.twitter.com/NHJax and view the YouTube channel at www.youtube.com/user/navalhospitaljax.

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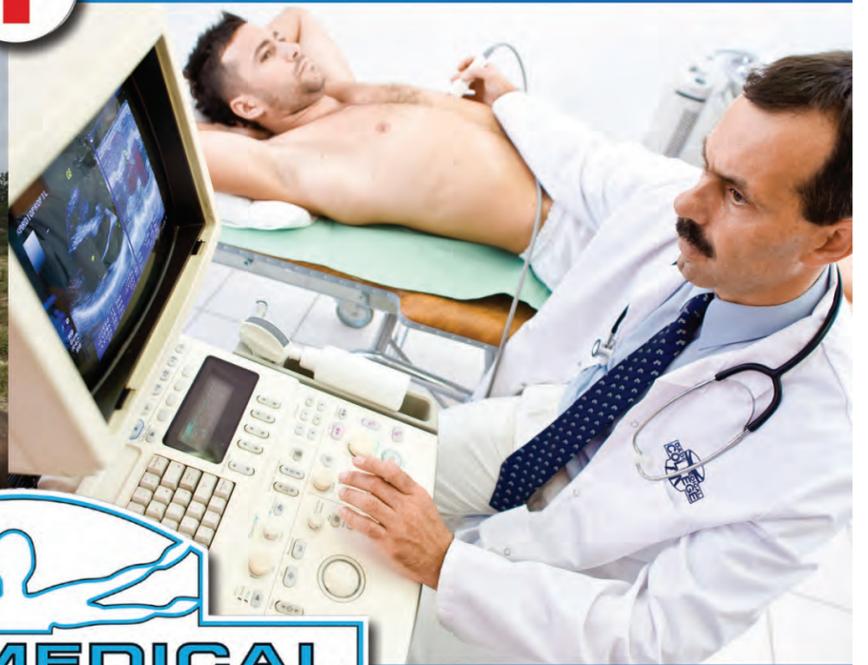
From Page 1

and had gotten the dog to replace her."

With everyone safe, EOD was able to slowly tow the boat back to Arlington Lions Club Park. They guys were able

to right the boat and get it back on Weita's trailer. The men were checked out by local EMTs and given a good bill of health, none the worse for wear for their experience.

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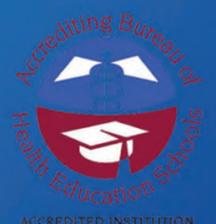


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4th Fleet Sailors Earn EID Warfare Pin

By MC1 Sean Allen
4th Fleet Public Affairs

Commander, U.S. Fleet Cyber Command, Commander U.S. 10th Fleet, Vice Admiral Michael S. Rodgers, presented the first group of Sailors from U.S. 4th Fleet with the Enlisted Information Dominance Specialty Warfare (EIDWS) at the commands headquarters here Jan. 30, 2012.

Rodgers presented the pin to four Sailors who completed the personal qualification program in information intensive fields.

"No matter what rate, designator, or rank someone is, there is always an opportunity to continue learning and these shipmates earning this pin is a great example of that" Rodgers said.

The warfare pin identifies professionals who possess extensive skills to



-Photo by MC1 Sean Allen
Vice Adm. Michael S. Rodgers, Commander U.S. Fleet Cyber Command, U.S. 10th Fleet pins the Information Dominance Warfare device on Aerographer's Mate 2nd Class Phillip Brody, as Rear Adm. Sinclair Harris, Commander, U.S. Naval Forces Southern Command, Commander U.S. Fourth Fleet looks on. Brody was among the first group of Sailors at 4th Fleet to earn the IDC Warfare. Brody was pinned during a ceremony at 4th Fleet Headquarters Jan. 30.

develop and deliver dominant information capabilities in support of U.S.

Navy, joint and nation war fighting requirements.

Rear Admiral Sinclair

Harris, Commander U.S. Naval Forces Southern Command, Commander U.S. Fourth Fleet spoke about the importance of

Cyberspace it's importance to the 4th Fleet mission.

"Cyberspace has become a critical war fighting domain. These Sailors have earned their Information Dominance Warfare designator pin have not only reached an important career milestone, they also accomplished something essential to our mission in 4th Fleet, in the Navy, and in our nation." Said Harris.

The Sailors earning their pins include Chief Intelligence Specialist Dawnetta Wilson, Intelligence Specialist 1st Class James Biles, Intelligence Specialist 1st Class Sabrina Hunter, and Aerographer's Mate 2nd Class Phillip Brody.

Brody was not only one of the first Sailors at 4th Fleet to earn the IDC pin, he was also the first reservist to do so as well.

"It was an amazing experience learning about the different components

of the information community. Earning this pin will allow me to bring everything that I have learned while on active duty back to my reserve unit to provide training and ensuring so that we are a better prepared reserve force." Brody said.

Captain Francis Molinari, Director of Fleet Intelligence and Senior Information Dominance Control Officer for Fourth Fleet commended the awardees.

He said, "We are very excited about the establishment of the EIDWS certification program, as it represents yet another milestone in the maturation of overall IDC capacity and capability here at 4th Fleet. We are blessed with a terrific team!"

SOUTHCOM Visits NS Mayport



-Photo by Lt. Cmdr. Corey Barker

Commander, U.S. Naval Forces Southern Command/U.S. 4th Fleet, Rear Adm. Sinclair M. Harris greets Commander, U.S. Southern Command (USSOUTHCOM), Gen. John M. Kelly upon arriving here Jan. 31, 2012 during a scheduled visit to SOUTHCOM's component commanders.

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NAVSUP FLC Jacksonville Expands Operational Logistical Reach To Panama

By Lt. Cmdr. Julian Brett

NAS Fleet Logistics Center Jacksonville

NAVSUP Fleet Logistics Center (FLC) Jacksonville has increased its operational logistical engagement within the U.S. FOURTH Fleet (FOURTHFLT) area of operations (AOR) with the first successful delivery of the Subsistence Prime Vendor (PV) contract in Panama.

On Jan. 22, Supreme Foodservice completed the delivery to USS Gary (FFG 51) as she was berthed in Vasco Nunez de Balboa, Panama.

The PV delivery was the culmination of two years of dedicated effort and expertise by Naval Supply Systems Command (NAVSUP), NAVSUP FLC Jacksonville, FOURTHFLT, and Defense Logistics Agency (DLA) Troop Support.

Furthermore, the successful completion of this PV delivery makes NAVSUP FLC Jacksonville unique in that FLC Jacksonville personally manages the function remotely from Naval Station Mayport for ships that pull in to both Pacific and Caribbean ports of Panama.

Units operating in the FOURTHFLT AOR should see immediate and enduring benefits from this PV contract as it will provide menu and price stability.

"After a two long years of hard work, we couldn't be happier about the success execution of the PV



Guided-missile frigate USS Gary (FFG 51) transits San Diego Bay.

-Photo by MC3 David Smart

delivery model into the SOUTHCOM AOR. Most importantly, I was very pleased to hear USS GARY report their satisfaction with the quality of the products and the familiar brands delivered," said NAVSUP FLC Jacksonville Commanding Officer Capt. Kevin Head. "The NAVSUP FLC Jacksonville team is dedicated to providing premier logistics support to our customers, and we are energized when we have the opportunity to expand our level

of support to the Fleet," said Head. NAVSUP Fleet Logistics Center (FLC) Jacksonville, one of seven fleet logistics centers under NAVSUP Global Logistics Support (GLS), provides operational logistics, business and support services to fleet, shore and industrial commands of the Navy, Coast Guard, Military Sealift Command, and other Joint and Allied Forces. Services include contracting, regional transportation, fuel,

material management, household goods movement support, postal and consolidated mail, warehousing, global logistics and husbanding, hazardous material management, and integrated logistics support.

NAVSUP GLS comprises more than 5,700 mili-

tary and civilian logistics professionals, contractors and foreign nationals operating as a single cohesive team providing an array of integrated global logistics and contracting services from 110 locations worldwide to Navy and Joint operation-

enterprises. A component of the Naval Supply Systems Command headquartered in Mechanicsburg, Pa., NAVSUP GLS is part of a worldwide logistics network of more than 22,500 military and civilians providing combat capability through logistics.

Verify Personal Awards

NAVADMIN 016/13 outlines the steps Sailors should take to verify their awards are accurately reflected in the Navy Department Awards Web Service (NDAWS) and their Official Military Personnel File (OMPF).

All personal awards, Navy and Marine Corps Achievement Medal and higher, should be showing in a service member's record.

For more information read NAVADMIN 016/13 at www.npc.navy.mil.

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SEDA Construction Company-CGC020880 *Buyer has a choice of OPTION 1: a free 60" class TV (actual TV diagonal size may vary) plus refrigerator or OPTION 2: 50" class TV plus refrigerator, washer & dryer-both specials for full-price contracts written between 1/26/13-2/28/13 and closing date not to exceed 45 days from contract date. Applies to MOVE-IN READY homes only. TV will be professionally installed only in Great Room or Family Room at normal TV space locations (TV jack and electrical outlet already installed at wall mount TV height - Otherwise TV and wall mounting plate will be delivered only and not installed on the wall) after closing. Installations in other locations may incur additional charges (payable by customer at time of installation) based on specific circumstances for each custom request. TV mount is a standard NON-swivel mount. **Refrigerator (side-by-side with ice & water on the door), washer & dryer will be delivered & installed after closing. ****SEDA pays up to 4.5% of sales price toward total closing costs not to exceed \$10,000. ****Principle & interest payments based on a 30-year fixed VA 1st time use at 3.25% interest rate. TAXES & HOMEOWNERS (HAZARD) INSURANCE ARE NOT INCLUDED (ask your agent for an estimate of these costs)-must use SEDA preferred lender-American Home Funding. See agent for details regarding \$1 Military Move-In (available for those who qualify which can not be combined with any other offer or promotion). This offer is for a limited time only. Special offers may apply to full priced contracts only.

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Feb. 8: Xtreme Bowling. 8 p.m. to Midnight every Friday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Feb. 11-13: Pre-Season Softball Tournament. Sign up by Feb. 4. 270-5451

Feb. 12: Mardi Gras 3K Walk/5K Run. 8:10 a.m. in front of the gym.

Feb. 12: Mardi Gras Party. 8 p.m. at Castaway's Lounge. Featuring DJ entertainment. Free food, Mardi Gras trivia, prizes and more. 270-7205

Feb. 13: All-Hands Steak Night. 4-7 p.m. at

The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by the Mayport Liberty Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

Feb. 7: Snag Golf. 4 p.m. at Liberty Center. Learn the basics, hone your skills, or just have some fun.

Feb. 8: Xtreme Bowling. 8 p.m. to Midnight every Friday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Feb. 9: Cosmic Ice

Feb 14: Youth Drama Club Presents "Charlie Brown's Valentine" 4:15 p.m. at the Youth Center. 270-5680

Feb. 15: Freedom Friday- Cupid Shuffle. 7-11 p.m. at the Youth Center. Cost is \$8 advanced sign-up and \$10 day of, space permitting. 270-5680

Feb. 16: Teen Lock

MWR HAPPENINGS

Foc'sle CPO Club. Cost is \$12 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by the SERMC. For tickets, contact (904) 270-5431.

Feb. 14: Bingo Valentine's Special. 6:30 p.m. at Beachside Bingo. There will be double payouts on all warm-ups, \$150 payouts on all hard cards, free desserts and dauber, plus, when you bring your significant other, they will receive a free paper pack. 270-7204

Feb. 18: Presidents' Day Holiday Bowling Special. 11 a.m.-5 p.m. at Mayport Bowling Center. 2 hours of extreme bowling, shoes, one item off Fast Lanes Grille's menu and a soda for only \$15 (non-food option \$12; a la carte option also available). 270-5377

Feb. 19: Men's Captain's Cup Softball Begins. League ends Apr. 18. 270-5451

Feb. 22: Chocolate Fest. 9 p.m. at Castaways Lounge.

LIBERTY CALL

Skating. Van departs 1 p.m. Cost \$5. Sign up deadline Feb. 7

Feb. 11-13: Pre-Season Softball Tournament. Sign up by Feb. 4. 270-5451

Feb. 12: Kick Mardi Gras 3K Walk/5K Run. 8:10 a.m. in front of the gym.

Feb. 12: Snag Golf. 4 p.m. at Liberty Center. Learn the basics, hone your skills, or just have some fun.

Feb. 12: Mardi Gras Party. 8 p.m. at

Castaway's Lounge. Featuring DJ entertainment. Free food, Mardi Gras trivia, prizes and more. 270-7205

Feb. 13: All-Hands Steak Night. 4-7 p.m. at Foc'sle CPO Club. Cost is \$12 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by the SERMC. For tickets, contact (904) 270-5431.

Feb. 15: Dinner & a Movie in San Marco. Van departs 5:30 p.m. Transportation Only.

KID ZONE

In. 7 p.m.- 7 a.m. at the Teen Center. Enjoy a bonfire, s'mores, hot dogs, games, ice cream breakfast and more. Permission slip required; cost is \$15 advanced sign-up and \$20

day of, space permitting. 246-0347

Feb. 23: Teen Bowling Trip. Depart Teen Center at 7 p.m.; return 10 p.m. Permission slip required. 246-0347

CPO Chili Showdown



-Photo by Sarah Barthelemy
Master Chief Master-at-Arms Carlos Henriquez, Ann Cochrane, wife of CO Capt. Douglas Cochrane, and MWR representative Sandra Barrett judge the 3rd Annual CPO Club Superbowl Chili Cook-Off on Sunday at the Foc'sle Lounge. This year's winning chili recipe was created by retired Chief Angie Thacker. Second place was awarded to Senior Chief Electronics Technician Greg Davis.

VALENTINE'S DAY is THURSDAY FEB 14th! **ORDER TODAY!**

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SAVE \$35 UNTIL FEBRUARY 10

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You won't find a more exhilarating obstacle run with mud than MuckFest™ MS. The five-mile course features an incredible gauntlet of muck-filled mazes, pits and craters with over twenty gigantic steel obstacles that will spin, swing and fling you up, down and sideways.

The fun doesn't stop when you get hosed off. There's a tail-gate MuckFestival party after the run to relive your greatest spills and thrills with your fellow muckers.

MuckFest MS returns 100% of the fundraising revenue back to the National MS Society. Our charity partner is not just an addition for the marquee, it is the main reason why we bring people together in the first place.

*Situation Normal All Mucked Up

SATURDAY, MARCH 23, 2013

The Jacksonville Equestrian Center
13611 Normandy Blvd., Jacksonville, Florida

For information or to register, go to www.MuckFestMS.com

muckfest MS JACKSONVILLE

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Naval Station Mayport has updated its fitness classes effective immediately for Surfside Fitness and the Gymnasium.

The new **Surfside Fitness class schedule** is as follows:

- Monday**
11:30 a.m., Kickboxing
4:30 p.m., Cut N Core
5:30 p.m., Flex 'N Stretch
- Tuesday**
9:30 a.m., Intro to Yoga
11:30 a.m., Zumba
4:30 p.m., Yoga
- Wednesday**
11:30 a.m., Strength Training For Women
12:30 p.m., Flex 'N Stretch
4:30 p.m., Zumba
- Thursday**
9:30 a.m., Strength Fundamentals
11:30 a.m., Zumba
4 p.m., Kickboxing
- Friday**
9:30 a.m., Zumba Basics
11:30 a.m., Strength Training For Women
12:30 p.m., Flex 'N Stretch

Mayport Sandbox
The Mayport Sandbox is a high intensity (H.I.T.) outdoor workout area located oceanfront behind Surfside Fitness Center. The area includes a Pull-up Bar and Ring rig, Kettlebells, Sleds, Tires, TRX Suspension Frame, Slam Balls, Ropes, Ab Mats, Sledge Hammers, Farmers Walk, Olympic Lift area and equipment, Monkey Bars, Low Crawl, Sprint and Drag area. H.I.T. training involves functional programming that will take your workout to the next level. Both open Sandbox hours and instructor led classes are provided by Olympic Lift and Crossfit certified Mayport Fitness Team members.

- Monday**
7:30 a.m., Command Bootcamp
Take your entire command to the next level,

MWR SPORTS/FITNESS

Mardi Gras + Valentine's Day + Zumba!

Come celebrate with Emily & Sandy

What?
Three 90-minute themed Zumba classes

When?
February 12, 13 & 14

Where?
Surfside Fitness Center

Tuesday 12 February 11:30am - Mardi Gras
Wear a mask, grab some beads and join us on the second line!

Wednesday 13 February 4:30pm - Valentine's Eve
Dress in red and bring your special valentine to class!

Thursday 14 February 11:30am - Valentine's Day
Lots of sexy dances to heat up your holiday!

Celebrate Mardi Gras & Valentine's Day with Zumba!

oceanfront! This command class is packed full of challenging cardio drills, muscular resistance training and explosive intervals. Meets at the Sandbox and can accommodate 200+ personnel, weather permitting. Hooyah Mayport!

11:30 a.m., TRX Suspension Training
Incorporate this innovative training device invented by a Navy Seal into your workout regimen. The TRX is a suspension training system, used in confined space as well as small group workouts. Build functional and "pillar" strength. Mold your CORE into concrete! Class size limited to 25. Class is held at Mayport Sandbox behind Surfside Fitness Center.

- Tuesday**
7-8:30 a.m.
Open Sandbox
2:30-4:30 p.m.
Open Sandbox
- Wednesday**

7 a.m., NOFFS
9:30 a.m., Intro to TRX Suspension Training
Learn how to train using the unique and innovative TRX Suspension Training System. This class is reserved for those entirely new to TRX training. This class will result in increased strength, coordination, balance and CORE-power. Class size limited to 25. Class is held at Mayport Sandbox behind Surfside Fitness Center; weather permitting.

- 11 a.m.-1 p.m.
Open Sandbox
- Thursday**
7 a.m., Sunrise Yoga
7-8:30 a.m.
Open Sandbox
11 a.m.-1 p.m.
Open Sandbox
2:30-4:30 p.m.
Open Sandbox
- Friday**
7 a.m., Command Bootcamp
HIT At the Sandbox

- Monday**
7 a.m., HIT
8 a.m., Intro to HIT
11 a.m., HIT
12 p.m., HIT Skill Review
 - Tuesday**
7:30 a.m., HIT Skill Review
11 a.m., HIT
12 p.m., Intro to HIT
3 p.m., Intro to HIT
 - Wednesday**
7 a.m., HIT
8 a.m., Intro to HIT
 - Thursday**
11:30 a.m., HIT for Women
3 p.m., Intro to HIT
 - Friday**
7 a.m., HIT
8 a.m., HIT Skill Review
11 a.m., HIT
12 p.m., Intro to HIT
 - Saturday**
9:30 a.m., HIT
10:30 a.m.
Intro to HIT
- The new **Gymnasium class schedule** is as follows:

- Monday**
11:30 a.m., Spinning
5:45 p.m., Kids Clinic
This clinic is designed for children ages 10-14. It teaches how to safely use fitness equipment and provides general information on exercise and fitness workouts. Held at Surfside Fitness Center. After completion of the course, participants will be issued a card which will allow them to use the facility when accompanied by a parent or legal guardian.
- Tuesday**
11:30 a.m., Steel Anchor
4:30 p.m., Spinning
- Wednesday**
7 a.m., Rowing
11:30 a.m., Rowing
11:30 a.m., Spinning
- Thursday**
11:30 a.m., HIT for Women
3 p.m., Intro to HIT
- Friday**
7:30 a.m., Spinning
11:30 a.m., Rowing

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- American Legion Post 316**
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- Advance Auto Parts**
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2350 3rd St. S., Jax Beach
- Beach Diner**
501 Atlantic Blvd., Atlantic Beach
- Beside Publix**
600 Sawgrass Village Dr., Ponte Vedra Beach
- Best Western**
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- Chevron**
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- Comfort Inn Mayport**
2401 Mayport Rd., Atlantic Beach
- Days Inn**
1401 Atlantic Blvd., Neptune Beach
- Family Dollar**
10732 Atlantic Blvd., Jax
- Famous Amos**
1111 Cesery Blvd., Jax
- FCE - Shell**
7150 Merrill Rd., Jax
10716 Atlantic/St. Johns Bluff, Jax
1001 2500 Mayport Rd/A1A, Atlantic Beach
1539 3rd St. S., Jax Beach
- FCE - Shell (Daily's)**
9115 Merrill Rd./9-A, Jax
13490 Atlantic Blvd./San Pablo, Jax
14294 Beach Blvd./San Pablo, Jax Beach
4755 Hodges Blvd./JTB, Jax
- Gate**
1721 University Blvd. N., Jax
7211 Merrill Rd., Jax
1001 Monument Rd., Jax
10044 Atlantic Blvd., Jax
8070 Atlantic Blvd., Jax
2520 3rd St. S., Jax Beach
220 A1A N., Ponte Vedra Beach
619 A1A N., Ponte Vedra Beach
319 S 3rd St., Jax Beach
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463779 SR 200/A1A, Yulee
- Girvin Coin Laundry**
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- Holiday Inn Express**
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- Holiday Inn Express**
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1067 Atlantic Blvd., Atlantic Beach
- La Pizzeria**
2158 Mayport Rd., Jax
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2051 Mayport Rd., Atlantic Beach
- Walgreen**
4715 Hodges Blvd., Jax
- Wok Express**
1301 Monument Rd., Jax

Kicking Off Mayport Sports



-Photo by Paige Gnann

Kick off the 2013 Sports Season with MWR Luncheon Captain's Cup Kickball. Games are 30 minutes long and scheduled for 11:15 a.m. and 11:45 a.m., Monday thru Thursday. Get your team together now. For more information contact Rita at 904-270-5451.

Naval Station Mayport

1st Annual Castaway's Women's Beach Volleyball Tournament

Saturday, March 23rd

MILITARY TEAM	\$40
MILITARY / CIVILIAN	\$45
CIVILIAN TEAM	\$50

Register By, March 15th

***CASH PRIZES**

Check in: 8:30 a.m. Matches start 9:00 a.m.
Volleyball Courts behind Beachside Community Center
For More Information, Please Call (904) 270-5452
*Based on Number of Participants

Naval Station Mayport

1st Annual Castaway's Men's Beach Volleyball Tournament

Saturday, March 9th

MILITARY TEAM	\$40
MILITARY / CIVILIAN	\$45
CIVILIAN TEAM	\$50

Register By, March 1st

***CASH PRIZES**

Check in: 8:30 a.m. Matches start 9:00 a.m.
Volleyball Courts behind Beachside Community Center
For More Information, Please Call (904) 270-5452
*Based on Number of Participants

NMCRS Ups Availability For Quick Assist Loans

From NMCRS

Sailors and Marines serving on active duty can apply for a Quick Assist Loan (QAL) for up to \$500 at all 51 Navy-Marine Corps Relief Society (NMCRS) Full Service Offices located on Navy

and Marine corps installations worldwide. Most QALs can be processed on a walk-in basis in about 15 minutes. Active duty Marines and Sailors must apply in person.

QALs are short-term, interest-free loans avail-

able to service members facing a family emergency or other urgent financial situation. QALs are available to Sailors and Marines who:

- Are on active duty
- Have no outstanding loans with NMCRS

• Need help with basic living expenses or family emergencies

"This program is our best defense against questionable pay day lenders who create a cycle of debt with triple-digit interest and short-

term repayments that adversely impact our service members and their families" said MajGen Carl Jensen, USMC (Ret), Executive Vice President, Navy-Marine Corps Relief Society. Last year, the Navy-Marine Corps

Relief Society provided more than 43,000 QALs to active duty Sailors and Marines.

For more information visit www.nmcs.org/QAL or contact the nearest NMCRS office.

Professional Bull Riders (PBR)-Ticket Drawing

Feb. 16 at 7:30 p.m. the Lucas Oil Touring Pro Division will celebrate 20 years of bull riding at the Veterans Memorial Arena and your Greater Jacksonville Area USO is holding a drawing for three family four packs of tickets. The drawing is open to active duty only and entries are limited to ONE entry per dual service family. To enter the drawing, please email drawing@usojax.com with PBR as the subject line, your name, email address, command, and phone number. The deadline to enter is 5 p.m. on Friday, February 8.

MLS Soccer Match Coming To Jacksonville

On Feb. 15, the Philadelphia Union will face another MLS team, to be announced in the near future, at Everbank Field starting at 7:30 p.m. Use the link and password listed below and \$2 for every ticket will be donated back to your local Jacksonville USO office. Come out and support this great event and our local Military Men and Women. There will also be a FREE youth clinic at 5:30 p.m. before the game. **PASSWORD - USOJAX**

<http://www.ticketmaster.com/event/2200498AA0DC6031?did=uso>

COMPASS: A Course For Navy Life - Upcoming Course For Navy Spouses

COMPASS is a 12-hour Team mentoring program developed by spouses for spouses. Come make new friends as you learn about the Navy lifestyle and gain knowledge and skills to successfully meet the challenges ahead. COMPASS is FREE and open to ALL Navy spouses! For more information and to register for the upcoming February session, please visit: <http://www.gocompass.org/jacksonville.html>

2013 Players Championship Birdies For Charity Campaign

The Greater Jacksonville Area USO is pleased once again to be

participating in the 2013 Players Championship Birdies for Charity Campaign held in May in conjunction with The Players Championship. For more information visit www.birdiesforcharity.playerschampionship.com to participate and become eligible to win a fabulous grand prize.

2nd Annual Jax Area USO Chili Cook Off

Do you think you make the best chili around? Would you like a chance to prove it? The 2nd annual Jax Area USO Chili Cook off will be held Feb. 23 from 12:00-5:00pm at the Fleet Reserve on Collins Road. For more information and registration, visit www.jaxusochilicookoff.com.

Rugged Maniac 5k Obstacle Race

How about a day filled with epic obstacles and live bands? Rugged Maniac 5K Obstacle Race on Feb. 16 has got you covered! Here's how it works: Sign up for the race and you'll get a chance to run our 3.1-mile course filled with 25 obstacles designed to push you to your limits! While you're waiting for your turn on the course, you'll get to hang out with thousands of other maniacs in the festival area where you can ride mechanical bulls, play muddy tug-o-war, pretend to be a kid in our adult bounce houses, or just hang out and listen to the bands while enjoying plenty of food and beverages. Not only that, but each runner gets a high-quality t-shirt with registration! Courses features 25 obstacles; you'll climb over walls up to 20 feet high, slide down a 100 foot water slide, jump over fire, crawl through tunnels of mud and face a host of other challenges all while running through a combination of forests, fields, motocross tracks and ski slopes! Each wave of runners is limited to 250 maniacs to avoid

overcrowding. In short, Rugged Maniac strikes the perfect balance between fun and physicality with a day-long party and our award-winning course. Military and student discounts are available. For more information, along with the full 2013 event schedule, go to www.ruggedmaniac.com.

Hiring Our Heroes Military Spouse Employment Program

The Military Spouse Business Alliance presented by Capital One is bringing you a one-of-a-kind Hiring Fair and Career Forum on Feb. 21 for spouses of active duty, guard, reserves and retired veteran population. Veterans, Active Duty Military, and Members of Guard and Reserve Components are also welcome. All are encouraged to attend. See attached flyer for more information. For registration questions, please contact us at hiringourheroes@uschamber.org or call 202-463-5807.

Relay For Life-NS Mayport

Join Relay For Life and NS Mayport in fighting cancer. NS Mayport will host its first Relay For Life on April 13-14 with the opening ceremony beginning at noon. The theme this year is "Seek and Destroy". This event is open to family, friends, coworkers, and those wishing to join the fight against cancer. For more information, visit www.relayforlife.org/MayportFL.

The Players Military Job Fair-May 5

In partnership with Jacksonville Military Veterans Coalition, The Players will welcome active duty, reservists, retired military, veterans, and military spouses to TPC Sawgrass on Sunday, May 5 to participate in its second annual job fair. Information on local educational institutions with veterans programs, career counseling, and

resume writing assistance will also be provided. The job fair at The Players will take place in "The Turn" hospitality venue. Companies interested in participating may contact Bill Hickley at bill.hickley@incepture.com

Supporting America's Heroes

The American Red Cross is expanding services to provide assistance and resources to veterans of Operation Enduring Freedom and Operation Iraqi Freedom, to help support their transition into civilian life. Emergency needs that may warrant assistance may include medical and dental needs, rent assistance, utility payments, and food; access to referral services; or other assistance depending on need. Applicants for these funds must demonstrate financial hardship, and/or lack of other available resources due to par-

ticipation in OEF or OIF. Eligible veterans include those of all services, the Reserve component and National Guard.

For more information, please contact a Red Cross Military Services caseworker at (904) 246-1395

Recycling

Recycling has come to the Greater Jacksonville Area USO. If you have any office paper, shredded paper, old magazines, and newspapers that you would like to donate, please bring it to either the Mayport or NAS JAX USO Center. This will be a great fundraiser for the USO so please help us fill the bins. Help support the troops with your unwanted paper!

United Through Reading program

makes it possible to share in the enjoyment of reading to the children in your life, even while thousands of miles apart. The Mayport

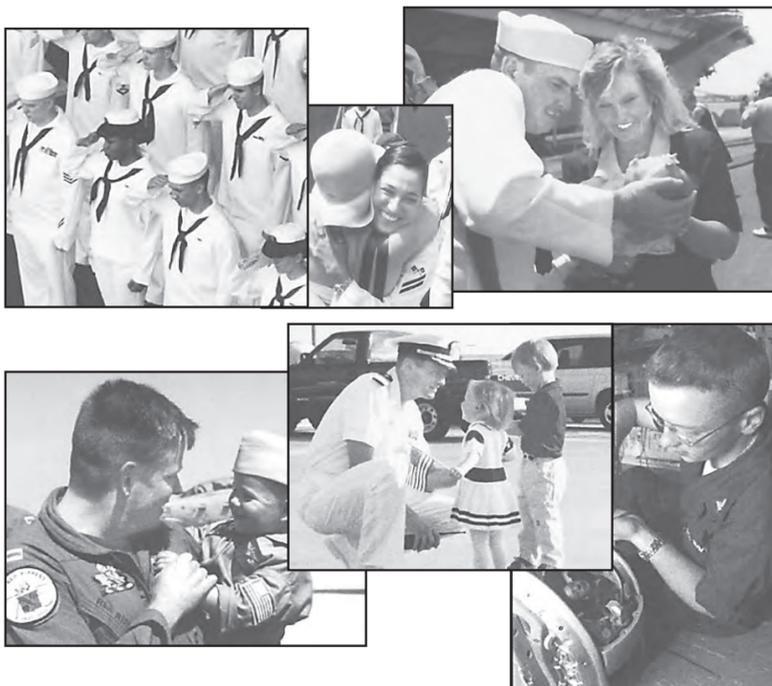
Center and NAS Center can record you reading a book to your children and send it to them after you have gone on deployment. It is a great way to make them smile on their special day even when you can not be there with them.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs. A TV, VCR and overhead projector are available for use.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road.

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WHO:
For officer and enlisted spouses of the Military Community.

WHAT:
Main Speaker: Dr. Tracy Hejmanowski

- Clinical psychologist and former active duty Navy
- Naval Hospital Jacksonville Deployment Health Center Program Manager
- Wife to a former Navy ER doc who deployed to Iraq, and mother to four young children

Guest Speaker: Dawn Mills

- Naval Air Station Jacksonville, School Liaison Officer

Free lunch provided. Childcare is available at the CDC (\$4/hr, per standard rates). Registration is Feb 7-21 and is recommended. 342-5529.

WHEN:
Thursday, March 7th | 10 a.m. - 12:30 p.m.
RSVP kindly requested by March 4th to: jaxoakleaf@gmail.com

WHERE:
NAS Jacksonville, Building 751
The fellowship hall behind the chapel

CHILDREN AND DEPLOYMENT

HELPING CHILDREN COPE WITH THE CHALLENGES OF DEPLOYMENT

Sponsored by: The Oakleaf Club of Naval Hospital Jacksonville

THE MIRROR, NS MAYPORT, FLORIDA

Mirror Classified

PLACE YOUR MILITARY CLASSIFIED AD

CLASSIFIED INDEX

BY PHONE 366-6300
 Mon. - Thurs. 7:30 a.m. - 6:00 p.m.
 Fri. 7:30 a.m. - 5:30 p.m.

TOLL FREE 800-258-4637
BY FAX 904-359-4180

IN PERSON
 Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m.-5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

Deadlines
Run date Call by Fax by
Thursday Tue, Noon Tue, 11 a.m.
 Please note: **Fax deadlines are one hour earlier.**
 Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

 The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

Announcements	Instruction
Auctions	Employment
Real Estate for Sale	Services
Real Estate for Rent	Merchandise
Commercial Real Estate	Pets/Animals
Financial	Transportation

 **904-366-6300**

ONLINE

Classified line ads are online at jaxairnews.com
FREE online advertising!
 Your Classified in-column ad automatically appears online at **no additional charge.**

Announcements

Happy Ads
 Lost and Found
 Clubs and Organizations
 Rides/Travel
 Notices
 Personals
 Dating and Entertainment

North Jacksonville

OCEANWAY Large lot off Dunn Creek Rd. Remodeled, owner financed home. We supply mortgage 3 or 2 bedrooms, 1.5 ba. \$68K, \$6K down call 904-376-9210

Nassau County

STATE OF FLORIDA
 NASSAU COUNTY
BELL RIVER WATERFRONT
 MINIMUM BID \$510,000.
 20.09 +/- acre parcel with multiple buildings. For complete terms, call Lisa Kremer (850)245-2746 BID #BPLA2013-001 Bid deadline is 10:00 AM, EST, FEBRUARY 13, 2013. Sold by quitclaim deed "AS IS" WHERE IS"

Waterfront

CLEARWATER / GRANDIN FLA.
 Newly built 2 bedroom on Lake Clearwater / Grandin. Large lot, boat house and pier \$75,000. Call 256-608-9725 or 256-437-2612 256-608-8552

St. Johns Condominiums for Sale

PONTE VEDRA BEACH - Gated Savannah CC. Quiet Pointe 1 Level spacious 2br/2bath for sale by owner includes all appliances, blinds, linens, dishes/pots, micro, some furniture. Call 845-216-9694, edbouton@aol.com

Real Estate For Rent

Apartments Furnished
 Apartments Unfurnished
 Condominiums
 Retirement Communities
 Homes Furnished
 Homes Unfurnished
 Manufactured Homes
 Mobile Home Lots
 Roommates
 Rooms to Rent
 Beach Home Rentals
 Beach/Vacation/Resorts
 Storage/Mini-Lockers
 Management/Rental Services
 Wanted to Rent
 St. Johns Apartments Furnished
 St. Johns Apartments Unfurnished
 St. Johns Condominiums
 St. Johns Duplex
 Townhomes
 St. Johns Retirement Communities
 St. Johns Houses Furnished
 St. Johns Houses Unfurnished
 St. Johns Mobile Home/Lot Rental
 St. Johns Lots
 St. Johns Roommates
 St. Johns Rooms to Rent
 St. Johns Oceanfront/Waterfront
 St. Johns Vacation Rental
 St. Johns Storage/Mini-Lockers
 St. Johns Wanted to Rent

Apartments Furnished

SOUTHSIDE - SAN MARCO - Modern Studio Vaulted Patio, park @ door, great area, incls utilities \$795. 737-8194 616-3367

Apartments Unfurnished

ARLINGTON - REGENCY AREA
 1bd Apt, CH&A, swimming pool laundry mat! special starting \$550. Call George 993-1529

MURRAY HILL !!! Affordable Senior Living - Must be 62 +. Studios & 1 bedrooms incl. utils. Handicap accessible units avail! Income based rent. Equal housing opportunity. Call 904-381-4800; TTY 800-955-8771

MURRAY HILL !!! Affordable Senior Living - Must be 62 +. Studios & 1 bedrooms incl. utils. Handicap accessible units avail! Income based rent. Equal housing opportunity. Call 904-381-4800; TTY 800-955-8771

ORANGE PARK 1BR/1BR
 All appliances, w/d hookup, newly painted tile floor 1/0, 1 small pet max 20lbs. No smoking \$650mo. + \$650dp. Backgrd/credit check. 904-545-5029. 37 Knight Boxx Rd.

Riverside - 1 Bdrm \$425
Westside-1 Br \$450 2 Br \$550
 \$35 App. Fee! 771-1243
\$200 OFF 1st Month Rent (wap)

WESTSIDE / MURRAY HILL
SPECIAL 1BR \$399.00
LIMITED TIME OFFER!
 \$99.00 Security Deposit
 904-329-1985

Condominiums

1-95/Baymeadows - Move into new digs in the New Year! Los Lagos on lake, newly renov. 22.5 TH, exclusive... secluded... reduced to \$395mo. Move in now! W/D, eat in kit, new appls. 904-824-1005

INTRACOASTAL WEST
 2br/2ba in gated condo, with private garage, pool, exercise room, and many amenities. \$895/mo. + dep. 904-349-1694

Southside Luxury Furnished 1br
 condo in gated community, all appliances, w/d, ref, stove, d/w, microwave all like new. Pool & gym. No smkg & no pets. \$890/month. 904-307-1386

Houses Unfurnished

Featured Home for Rent



13145 Tom Morris
4 Bedroom/3 Bath;
2,359 Sq. Ft.

(904) 379-0481

Visit our website at www.jaxpm.com to view our available rental homes



Southside 3br/1ba Hot-tub, fenced yard, detached garages, quiet neighborhood \$950mo. 904-412-4243

Houses Unfurnished

ARLINGTON/FT. CAROLINE
 4br/2ba Avail. 3/1/13.
 Fenced yard & deck. Access to boat ramp & comm. pool. 15 min. to Mayport Navy base 1 month sec. & 1yr lease req. Call 651-6563

EASTSIDE - 3314 Haines Street, 32206. 3br/1ba, ch&a, w/d hkuup, fenced yrd, close to downtown/shopping/sports complex. \$750mo + \$350 sec dep. Call Curtis 407-342-6233 or email: cwilliams1@cfl.rr.com

Kennedy Network Realty
Buy, Sell or Rent
 904-614-6445
 Alaric D. Kennedy, Lic RE Broker

NORTHSIDE 3BR/1BA
 CH&A, w/d hookup HUD ok, near bus route. \$650mo + dep. Call 904-219-3902

ORANGE PARK CC - Gated Community - 4/3 beautiful brick house spacious open floor plan, fireplace, 2 car garage, great backyard. \$1,650mo. 305-607-7464

ORTEGA FARMS
 2BR Unfurnished \$475 w/d conn. No pets/No smokers. Call 904-388-1335

Houses Unfurnished

WESTSIDE - Near NAS JAX
 2br/2ba end unit townhome 5558 Bennington Dr. ch&a, pet fee. \$750mo+ \$700dep. Call 386-365-8543

Support your military newspaper.
The best bargain in town.
 For Classified Advertising, call 904-366-6300, or 1-800-258-4637.


Westside off 103rd & Kinkaid St.
8536 Cheryl Ann Ln. - LIKE NEW, Brick 3/2, dbl gar, 1300sf, ch&a, \$995/mo. 382-3886

Manufactured Homes

ARLINGTON - FT. CAROLINE
 3BR/2BA MOBILE HOME ON 1/2 ACRE PRIVATE LOT. EASY 10 MIN DRIVE TO MAYPORT. 13050 MT. PLEASANT RD. CH&A. \$800/MO. \$500/DEP. 904-234-4280

Rooms to Rent

ARLINGTON/W'side/N'side - Furn, ph, TV, w/d, \$100-\$130 wk 838-4587
 Northside nr bus route furn. rm, ch&a, w/d \$125/wk empl verif/bkgrd 672-5337, 219-3902

Storage/Mini-Lockers

Pan Am Mini Storage
 2383 Mayport Rd, Atlantic Beach, FL 32233, 241-2300, Free Month & Free Lock!

Commercial Real Estate

Commercial/Industrial For Sale
 Commercial /Industrial For Rent
 Businesses For Sale
 Office Space For Sale
 Office Space For Rent
 Retail For Sale
 Retail For Rent
 St. Johns Commercial/Industrial For Sale
 St. Johns Commercial/Industrial For Rent
 St. Johns Businesses For Sale
 St. Johns Office Space For Sale
 St. Johns Office Space For Rent
 St. Johns Retail For Sale
 St. Johns Retail For Rent

Commercial/Industrial For Rent

Warehouse w/Offices - 3.80 SF and under Great for Ind/Svc/Dist. Grade Level. \$44/NN & under! Near J1A, 95, 295 & 9A. Units have access to Common Area Ramps, 3 phase power Call Lisa 493-5555

Business & Financial

Business Opportunities
 Distributionships/ Franchises
 Fictitious Names
 Financial Services
 Money to Lend/Borrow
 Mortgages Bought/Sold

Business Opportunities

Convenient Store 10 yrs in business w/gasoline interstate location South St. Augustine call 904-226-4085

General Employment

CALL CENTER AGENTS
 Earn \$10-14/hour. Work from home. Inbound calls. Must have PC, high-speed internet, and a headset. Call M-F 8-6pm 904-328-1257. To apply: www.nmccareers.com

AC and Heating

Repair All A/C Brands Family owned and operated by retired Navy lic # coc 1815374. 904-755-7760

Child Care

EXPERIENCED IN HOME CHILD CARE. In home child care in the Mandarin area (386) 295-4029.

Cleaning Service

For a clean home, call Denise & Tresa We are honest, hardworking & affordable! (904)521-9240.

\$7.8 Billion

The economic impact of the military in Northeast Florida and Southeast Georgia is \$7.8 billion.

Local businesses benefit from the military and civilian personnel who buy and rent homes and who purchase goods and services. Let them know what your business has to offer by advertising in one or all of the military publications distributed at the local bases in the area.

For advertising information, please call 904-359-4338. Fax 904-386-6230.



HOME FINDER REALTY
 241-5501
RENTALS HOMES AVAILABLE NOW

JACKSONVILLE			
ST. JOHN'S WOODS	4/2	\$1250	Avail NOW
BONAPARTE LANDING	3/2	\$1150	Avail 3/10
DEERFIELD LAKES	1/1.5	\$595	Avail 2/1
PARADISE COVE	3/2	\$1350	Avail 2/15
BISHOPS COURT AT WINDSOR PARK	1/1	\$675	Avail NOW
ARLINGTON HILLS	3/1	\$795	Avail NOW
HIDDEN VILLAGE	3/2	\$950	Avail NOW
KENDALL POINTE	2/2.5	\$895	Avail 2/15
COBBLESTONE	3/2	\$1150	Avail 12/1
EAGLES HAMMOCK	4/3	\$1450	Avail 1/1/13
MERRILL PINES	3/2	\$850	Avail 12/1
SEASONS AT MILL COVE	2/2.5	\$850	Avail 11/15
RIVERPOINT	3/2	\$1275	Avail NOW

MANY MORE HOMES AVAILABLE
JUST CALL US AT 241-5501
www.hfrjax.com
 2292 Mayport Rd, Suite 1 (Near NEX)

650,620 HOURS

Besides protecting our country, military personnel stationed in our communities donated 650,620 hours of volunteer service in Northeast Florida and Southeast Georgia last year. Their time was given to community organizations, church groups, youth activities, scouting and more.

Thank You!



What Matters Most. Choice.

Earn a degree in Homeland Security*

Additional degree programs available:

- Criminal Justice
- Cyber Forensics/Information Security
- Legal Studies*
- Forensic Investigations

Associate, Bachelor's and Master's degrees vary by program and by campus. *Online only

KEISER UNIVERSITY

877.736.1139
JaxDegrees.com

Keiser University is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award certificates and degrees at the associate, baccalaureate, masters, and doctoral levels. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of Keiser University.



FREE • FREE • FREE

FREE • FREE • FREE

Navy Classified Ads

THE FLEET MARKET

ADVERTISING RULES

Please fill out this form in black or blue ink.

DEADLINES

THE MIRROR

Noon Friday

FREE • FREE • FREE

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Rank/Grade: _____ Work Phone# _____ Organization: _____ Date Submitted: _____

Name (please print): _____ Signature: _____

- Free advertising in the Fleet Market is restricted to active duty and retired military personnel (or their dependents) and civilian employees assigned to the Mayport Naval Station.
- Advertising in the Fleet Market is a free service provided by the publisher to help qualified personnel dispose of unwanted personal articles. **Service ads such as sharing rides to work or on leave, announcing lost and found items, and garage sales will be accepted. ADS PERTAINING TO GUN SALES WILL NOT BE ACCEPTED. ANIMAL OR PET ADS WILL ONLY BE ACCEPTED IF THE ANIMALS ARE OFFERED FREE. CHILD CARE PROVIDERS CANNOT DISCRIMINATE. REAL ESTATE ADS WILL BE LIMITED TO ANNOUNCEMENT OF HOMES FOR SALE OR RENT BY QUALIFIED INDIVIDUALS WITH PERMANENT CHANGE OF STATION (PCS) OR "OFFICIALLY REASSIGNED" ORDERS. REAL ESTATE ADS MUST CONTAIN ONE OF THOSE STATEMENTS IN THE BODY OF THE AD- OTHERWISE THEY WILL BE BILLED.**
- All information requested must be included and readable. All ads should be written independent of other information contained on this form.
- Ads received after the above time will run in the following week's issue.
- Completed forms should be delivered or mailed to the Fleet Market, Bldg. 3, Box 280032, Mayport Naval Station, Mayport, FL 32228-0032, or to The Mirror, One Riverside Avenue, Jacksonville, FL 32202
- Ads appearing to be in the promotion of a business or which do not meet the above requirements will be billed. The publisher reserves the right to omit any or all ads.
- Additional readership in other publications can be arranged for a nominal fee by calling 1-800-258-4637 (toll free), or enclosing your phone number.
- Faxed ads will be accepted at 904-366-6230, however, they must be completed on an original form.

Select the number of weeks ad is to run: 1 wk 2 wks 3 wks 4 wks

To renew your ad after the allotted time, you must re-submit your ad to The Mirror. NOTE: (1) This form must be clipped (not torn) along the outside border. (2) No more than one word (or abbreviation for one word) per block. (3) Only two free ads per family, per week. (4) Select the category for the ad by referring to the Classified Index.

Category: _____


 One Riverside Avenue, Jacksonville FL 32202

FREE • FREE • FREE

Merchandise

AC, Heating, Fuel Antiques
Appliances
Arts & Crafts
Auctions
Building Supplies
Business/Office Equipment
Clothes
Collectibles
Computer
Craft/Thrift Stores
Electronics
Estate Sales
Farm/Planting
Fruits/Vegetables
Furniture/Household
Garage Sales
Garden/Lawn
Hot Tubs/Spas
Jewelry/Watches
Kid's Stuff
Machinery & Tools
Medical
Miscellaneous Merchandise
Musical Merchandise
Photography
Portable Buildings
Public Sales
Sporting Goods
Tickets
Trailers
Wanted to Buy or Trade

Appliances

Appliances, buy, sell, trade & repair
W/Ds, Refrigs, stove, \$85-up wrnty.
Mon-Sun, 9-7. Delivery 904-695-1412

Honeywell Freestanding Oil Base Heater, used 1 winter, \$45. Kenmore Washer/Dryer Series 80, both \$150. AVI 01/23/13. Call after 6pm. 904-573-0134

Whirlpool Refrigerator 18cu top freezer \$325. Whirlpool Range \$200. Range hood \$80. Good cond. 904-503-4660

Auctions

AUCTIONS BY B. LANGSTON'S
High End Sunday Auction
Fine glassware, art jewelry, diamonds, sterling, guns, coins.
1671 Atlantic Blvd. Sun 2/10, 1pm
Preview Noon. blangston.com
BP 13% credit card, cash/check 10%
642.1003 Au4237 / Ab3056

PUBLIC AUCTION
Restaurant Equipment
Thursday, February 7th, 11AM
1801 W. 1st St. (SR46)
Sanford, Florida
Great selection of late model new & used equipment for all aspects of the food service industry. Full service restaurants, Pizzerias, Deli & Sandwich shops, Bar, Bakery, Ice Cream, BBQ, Coffee Shops, Caterers, Convenience stores, etc. 100's of items.
Inspect: Wed., Feb 6th, 9am-5pm & 9am day of sale.
Terms: cash, cashier check, MC, Visa, Disc, 13% buyers premium, 3% discount for cash or qualified checks. For details, map & photos go to auctionzip.com enter auctioneer ID#21770
D.M. Dennett & Assoc.
"AUCTIONEERS" 407-322-1464
Fl. Lic. au 293/au454/ab154

Collectibles

WANT TO BUY - U.S. Military patches & medals, German & Japanese Souvenirs. Antique swords guns and knives. Call 477-6412

Estate Sales

B. LANGSTON'S PRESENTS
"Follow the Yellow..."
Nice home filled! Furn, china, art, books, jewelry, art, depression glass.
14130 Yellow Bluff Rd. Thurs/Fri/Sat 9am-5pm. www.blangston.com

B. LANGSTON'S PRESENTS
San Marco "Special"
Loaded with furn., china, Waterford, art, collectibles, jewelry.
1144 Oriental Gardens. Thurs 5-7, Fri/Sat 9-5. www.blangston.com

Hidden Hills 4005 Retford Dr. furniture, crystal, silver, art, toys, Creative Playthings Outdoor Gym
Thur-Sat 9a-5p Summerhouse 815

Furniture / Household

BANQUET DINNING ROOM TABLE - Open to 8ft 2" \$600. 904-247-5686

BED - A BARGAIN brand new queen pillow top set. Still in original plastic \$125. call or text 662-2604

Solid Oak Table, 5 chairs, medium oak, rattan outdoor furniture, apcs, table, Magnavox TV, 904-583-2246, 904-266-0941. Moving Sale!

Twin size bed w/mattress & hdbd, exc cond, like new \$100. Stationary bike \$60. 553-3887

Garage Sale

Northside-Moving Sale. Furn., clths, tools, lots of good stuff. 28 - 29, 80 - 2p 3011 Preserve Landing in Amelia View.

Medical

DIABETIC TEST STRIPS NEEDED
\$1 BUY sealed / unexpired boxes \$ Call Bob at (904) 712-90150

MOBILITY PACKAGE. Pride Victory 10 electric mobility scooter, 15 mile range, many extras. Harmar L100 lift, easy raise/lower, secure transport for scooter. 2009 Buick Sedan, less than 22K mi, like new. Email: fwbdat@earthlink.net

Misc. Merchandise

1997 CLUB CAR Custom, GA3, 6" lift, AM/FMCD, Bikini top, fender flares, wheel spacers, HD logo, \$3200obo. 912-882-5294

Electric Water Heater bought '06 works great i switched to Tankless have receipt 7 manual \$60. 771-0657

OFFICER'S SWORD w/Scabbard Knot case & belt. Sells for \$550 at Navex, asking \$250. 786-8164

Sporting Goods

CANOE 14ft, 3 seats, bait box & cooler, fiberglass hull 904-221-7258. \$200.00

GUN SHOW/STARKE
Bradford County Fairgrounds
Feb. 9, 10, Sat, 9-5, Sun 9-4
Bring your GUNS to sell or trade
Concealed Weapons Classes Daily
GunTraderGunShows.com
352-359-0134

New Tigershark PowerPod Golf Driver w/headcover senior flex only \$60. Call Walt 778-9167. lv msg.

Wanted To Buy or Trade

WANTED- Indian Artifacts, Spearheads range from \$100-\$1000ea. & smaller arrowheads \$5 to \$100 each. Free appraisals. **WANTED** - Old brass or copper buttons from War of 1812, Civil War or Civilians from 1800's. 912-576-5945/912-270-6342

Pets & Animals

Adopt a Pet
Pets & Supplies
Livestock & Supplies
Animals Wanted

Pets and Supplies

CHIHUAHUA S/W CKC, health cert. 10 weeks, great bloodline 904-361-8813

DACHSHUND MINI- 2 Male: black & tan, choc & tan, h/c, shots \$250. Call 334-4409 or 655-5568

Toy Poodle Pups Apricot CKC
S/W up to date M's \$300 912-550-9360

SHIBA INU PUPPIES - 3, Born 12/12/12. Call Vic at (904) 563-4076

WEIMARANERS PUPS AKC, silvers & blues 1st shots, tails docked 1-912-237-3478

Boats

1997 SEASPORT C/C 20' 140hp Suzuki Bimini Fish Finder 3 blade S/S Prop. Many extras. \$9,000obo. 904-505-7455

RVs and Supplies

5th Wheel Camper 3 Slides
Sleep 4 Dix Model Many upgrades one owner exc cond. 16' Awning \$22,000. 904-771-7295

VRI Travel Trlr - tow eg. 2 TV's, bath, new tires, queen bed, slips 6, lanai, slide-out \$12K. 642-0881 716-1768

Motorcycles/Mini Bikes

HARLEY DAVIDSON SPORTSTER EXCEL. COND
\$5900. Black/chrome 6000mi's, like new. 904-310-6321

Auto Parts

LEER Fiberglass truck cover
Dodge \$300. Superchip G or D Dodge 03-07 \$450. Tailgate Dodge 03-07 3500 \$200. 904-278-5091

Automobiles

2003 Jaguar XJ V8 Vanden Plas, mini condition, original owner \$14,000.00 or best offer. If interested please contact Talmage or Marvin at 1-414-378-1602

2011 FORD MUSTANG
Convert., custom 1thr, V6, 13,400mi's, like new garage kept, \$22K. 904-535-5463

BMW 328i Coupe 2011
Excellent. 17,200 miles. Leather, sunroof, premium package, 6 speed auto, service records. Accident free. Svc/warr until 06/14. \$27,700 obo. 912-634-6309

MACK 1 MUSTANG, '72. A/C, P/S, disc brakes, 351 V8, AT, 1/2 pod stereo, new paint, 719-963-1414. \$18,500.

SATURN SL 2001 90k mi, exc cond, 38mpg, \$3800 904-259-7867

'01 TOYOTA AVALON SLX
4dr green v6 97k new tires great car \$7500. '97 Nissan Max 4dr white \$3500obo. '98 BMW 740i 4dr white gar kept \$7900obo RJ 912-467-3367

Trucks / Trailers / SUVs

1996 CHEVY SILVERADO
Truck, 2dr, extra cab, blue w/camper top, new Michalen tires, runs great \$3500. 149k (low miles) Call R.J. 912-467-3376

GMC SIERRA CLASSIC 2007 - 26,000 original miles, 1 owner, kept in closed garage. Price \$15,999. Phone 904-264-6202

Jeep Wrangler Sport '01 manual, A/C, 28k mi., exc cond., green w/tan soft top, Alpine radio. 904-687-4442

Toyota Tacoma '06 2WD Prerunner
V6 w/less than 60k miles, asking \$15,900. Clean, 1 owner 806-535-1086

Vans / Buses

Chrysler Town Country 2010 Wheelchair Van
2010 Chrysler Town Country with 10" lowered floor, wheelchair ramp and tie downs. For more info please call Tom 352-325-1306

\$7.8 Billion

The economic impact of the military in Northeast Florida and Southeast Georgia is \$7.8 billion.

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For advertising information, please call 904-368-6236. Fax 904-368-6230.



WE BRING THE MILITARY TO YOU

Together, our communities of service members and their families, and your business, can spell SUCCESS.

Not only will your business benefit while the families are stationed here, many military families retire to the area, with NS Mayport being one of the most sought-after assignments in the U.S. Navy.

To advertise, or to find out more information, please call 904.359.4168.



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