

Roth TSP Opens

By Terri Moon Cronk
American Forces Press Service

Beginning Oct. 1, 2012, active-duty members of the Army, Navy and Air Force are able to contribute to the Roth Thrift Savings Plan as part of their investment planning, Defense Financing and Accounting Service officials said today.

The after-tax contributions will be electronically deducted from service members' pay accounts.

Active-duty service members also can start their Roth TSP contributions now through their online MyPay accounts, which offer the fastest, easiest and most secure method to manage both Roth and traditional TSP contributions. The second option open to service members is to submit a TSP-U-1 form to their finance office.

Active-duty Marines, Guardsmen, reservists and civilians paid by DFAS were able to begin making contributions to the program in June, officials said.

Additionally, the other branches of the National Guard and reserves will be able to make Roth TSP contributions by mid- to late 2013.

The timeline difference between active-duty and other service members resulted from an interim solution for reserve component members, which didn't meet Federal Retirement Thrift Investment Board requirements, according to DFAS.

While work continues for options that will be available more quickly and satisfy the law and FRTIB requirements at the same time, the new schedule will allow time to make systems changes and electronic deductions that meet all requirements. DFAS officials said.

To begin making Roth TSP contributions, service members should determine how much of their pay is eligible. A Roth TSP worksheet can help make the calculations.

Military members are required to contribute an amount equaling 1 percent of their eligible pay to begin TSP contributions. For those who are not participating in traditional TSP investments, the initial Roth TSP election must meet this 1 percent requirement. The IRS maximum contribution to Roth TSP is \$17,000 per year, DFAS officials said.

Military members can use pay earned in combat zones, and are excluded from federal taxes to contribute to Roth TSP.

Underwood Salutes



-Photo by MC2 Stuart Phillips

Sailors assigned to the Oliver Hazard Perry-class guided-missile frigate USS Underwood fire the 40 mm saluting battery for a "pass and review" by Rear Adm. Sinclair Harris, Commander, U.S. 4th Fleet, during his approach aboard the guided-missile cruiser USS Anzio (CG 68). UNITAS Atlantic 53-2012 is a combined South America- and U.S. 4th Fleet-sponsored annual exercise that incorporates participants from Brazil, Canada, Colombia, Dominican Republic, Mexico, and the United Kingdom and the United States (host nation). See more UNITAS news on Page 6.

De Wert Returns To Mayport From Great Lakes Cruise

By Ensign Hannah N. Johnston
USS De Wert

The officers and crew of USS De Wert (FFG 45) returned home to their families and friends after a successful 73-day cruise throughout the Great Lakes to commemorate the Bicentennial of the War of 1812.

Throughout her cruise, DE WERT visited Halifax, Quebec City, Montreal, Milwaukee, Chicago, Toledo, Cleveland, Detroit, and Buffalo. USS Hurricane (PC 3) and the Royal Canadian Navy's HMCS Ville de Quebec also traveled with De Wert for the commemoration events. De Wert's

arrival into the Great Lakes was a highly anticipated event, as it was the first frigate to visit the Great Lakes region since the Navy's last Great Lakes Cruise in 1999.

Since her departure on July 16, 2012, De Wert hosted seven distinguished visitor receptions that included visits from Governor's of the respective states, the cities' mayors, consulate generals, and other public officials. Distinguished visitor cruises were hosted between the city transits where the local citizens could come aboard USS De Wert and see how the U.S. Navy operates on a daily basis while underway. Visitors were entertained

through various demonstrations such as VBSS drills, pipe patching procedures, and crash and salvage exercises.

The ship was open for tours to the general public in each city. There were more than 50,000 people who came to tour De Wert throughout her entire cruise. Additionally, crewmembers logged more than 1,200 hours of community service through community relation projects that benefited various non-profit organizations such as Habitat for Humanity, Ronald McDonald House, homeless shelters, food banks, Boys and Girls Club, and children's hospitals.

Mayport Works To Prevent Fires

From First Coast Navy F&ES Mayport Division

It's 3 a.m. You and your family are sound asleep and awake to the beeping smoke alarm. You are tired and confused from the effects of the smoke. You know you need to get to safety, but when you head for the front door, you find that escape route is blocked by fire that is spreading by the second. What do you do?

While this scenario is one the Naval Station Mayport Fire Department hopes you never have to encounter, the statistics tell us that many people do every day. According to the nonprofit National Fire Protection Association (NFPA), one home structure fire was reported every 85 seconds in 2010. That added up to 369,500 home structure fires, which caused 13,350 injuries and 2,640 deaths. We also know that most fatal fires kill one or two people. However, in 2010, 19 home fires killed five or more people, resulting in 101 deaths.

The numbers are scary, but there is something you can do to help ensure your family's safety should a fire break out in your home: Have Two Ways Out! Naval Station Mayport Fire Department is teaming up with NFPA during Fire Prevention



-Photo by Paige Gnann

Naval Station Mayport Commanding Officer, Capt. Doug Cochrane, is joined by Fire personnel from Mayport's Fire and Emergency Services department as he signs a proclamation declaring Oct. 7-13 as Fire Prevention Week at the base.

Week, Oct. 7-13, to urge residents to "Have Two Ways Out!" This year's theme focuses on the importance of fire escape planning and practice.

Only one-third of Americans have both developed and practiced a home fire escape plan. And of the three-quarters

See Fire Week, Page 3

Celebrate Hispanic Heritage

Sponsored by NS Mayport on Oct. 10 at Sea Otter Pavilion. Festivities start at 9:30 a.m. with a special lunch at 11:30 a.m.

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mayportmirror.com



Capt. Doug Cochrane

Shipmates,
Welcome back to USS De Wert (FFG 45) from a very successful Great Lakes deployment in conjunction with Nationwide War of 1812 Commemoration.

The ship was deployed for 73 days and made stops throughout Canada and the United States in company with USS Hurricane (PC 3) and the Royal Canadian Navy's HMCS Ville de Quebec. The ship was able to connect with more than 50,000 people on both sides of the border and promote America's strong bond with its northern neighbors. Welcome Home Shipmates!

We were humbled and honored last Thursday night by having as our guest speaker for the Ombudsman Appreciation Dinner, Nancy Hogshead-Makar. Professor Hogshead Makar was the number one ranked female swimmer in the world as a 14-year-old, and is a three-time Olympic Gold medal winner from the 1984 Los Angeles Olympiad. She went on to graduate from

CAPTAIN'S CORNER

Georgetown Law school and is one of this country's foremost experts in Title IX issues, and issues related to equal treatment for women in sport. She very appropriately drew a relationship between being an Olympic athlete and our very own Ombudsman - an extremely dedicated force of volunteers, who toil away for the betterment of something larger than themselves - the Sailors, ships and Installation. Our debt of gratitude can probably never be paid for these dedicated spouses, but it sure was nice to try! Thank you again for all you do Ladies!

I want to thank all of the participants of this season's MWR Sports Challenge. It's always a highly anticipated event and we'll find out today which command is up for the challenge. I'm betting on NS Mayport. Thanks go out to Rita Hammerstad from MWR for coordinating the event. She and her team always give a 100 percent to make sure the Sports Challenge is fun as well as competitive.

Speaking of fun, Naval Station Mayport has several fun events on the horizon, including the annual Hispanic Heritage Month celebration on Oct. 10 at Sea Otter Pavilion. Sponsored by Mayport's Multicultural Committee, the event will include a guest speaker

and a special galley meal from 11 a.m.-12:30 p.m. Each year, the Navy celebrates the contributions, culture and histories of Americans who trace their roots to Spain, Mexico, the Caribbean and Central and South American. Today's Navy employs more than 58,000 Hispanic active duty and Reserve Sailors and officers, including four Hispanic flag officers and 172 Hispanic master chiefs. Mayport also enjoys a rich Hispanic community in conjunction with COMUSNAVSO/Fourth Fleet, which serves as a main link between the U.S. Navy and the navies of South America, Central American and the Caribbean. USS Underwood and USS Robert G. Bradley are currently deployed in support of UNITAS. UNITAS is the longest running and largest multinational maritime exercise in this hemisphere and held in the NAVSO AOR. The 12-day exercise entails a variety of operations intended to enhance interoperability between the partner navies.

MWR Fall Festival will be held on Oct. 13 from 2-6 p.m. at the Sea Otter Pavilion. This family friendly event will include pictures in a pumpkin patch, arts and crafts, performances by Youth Center and even a haunted house.

The off-base Navy Exchange is also hosting a Fall Fashion Show on Oct. 6 at 1 p.m. I've heard they have 60 models from Mayport signed up to show off the 2012 fall styles and will be giving away door prizes. Get out and support the Navy Exchange and get started on a little

early holiday shopping while you're at it.

Speaking of holiday shopping, if you haven't already budgeted for the upcoming holiday season now is the time to do it. Everyone wants to make this holiday the best ever for their loved ones with lavish and plentiful gifts, especially when you have children. But the holidays won't be any fun for you if you're worried about how you will pay for it. For bigger items, take advantage of layaways offered at some of the big box stores or go online to find better deals. Just don't let yourself get caught up in the credit card trap or over extend your budget to the point you can't pay your bills.

If you are on a tight budget, but you still want to enjoy your command's Christmas party or the Navy Ball, the Ombudsmen are sponsoring a "Cinderella's Closet," with free ball gowns, cocktail dress, shoes and accessories. The event open to all Mayport spouses with military ID and for the girlfriends/fiancées accompanied by their Sailor. The event will be held on Oct. 6 from 1-4 p.m. in Building One and includes door prizes and light refreshments. Contact your command ombudsman for more information. The Navy Ball will be held Oct. 25 at Ocean Breeze Conference Center. Tickets are on sale now at ITT.

Be safe, and keep sending those suggestions to the CO's suggestion box or email them at douglas.cochrane@navy.mil

Did You Know There Are Changes To Florida Bright Futures Scholarship Eligibility?



**Judy Cromartie
School Liaison Officer**

Are You Aware of the Changes for Eligibility for Florida Bright Futures Scholarships?

For students anticipating graduation in June 2013, have you been briefed on the eligibility changes to the Bright Futures scholarships?

General eligibility requirements include the following:

- Be a Florida resident and a U.S. citizen or eligible non-citizen.

Knowing THE ROPES

izen.

- Pursue an undergraduate degree at an eligible Florida postsecondary institution.
- Begin using the scholarship funds within two - not the previous three - years of high school graduation. This is a 2012 legislative change.
- Have not been found guilty or have pled not contest to a felony charge.
- Be enrolled for at least six non-remedial semester credit hours.

A major change implemented in 2011 was the submission of a Free Application for Federal Student Aid (FAFSA). This is still a REQUIREMENT for Bright Futures eligibility. New language states that students must submit an ERROR-FREE FAFSA. The FAFSA is also

required in the submission of a Florida Resident Access Grant and Access to Better Learning and Education Grant. Students, after the initial submission of the FAFSA, must then annually submit the FAFSA for renewal of the scholarship prior to disbursement of funds.

Another 2011 change was the increased community service requirements for all three Bright Futures award levels.

- FAS - 100 hours (increased from 75 hours)
- FMS - 75 hours (increased from 0 hours)
- GSV - 30 hours (increased from 0 hours).

Nan Worsowicz, Supervisor of Guidance for Duval County Schools, indicated that this new requirement caused the most problems for 2012 graduates.

Graduation Year	FAS		FMS	
	SAT	ACT	SAT	ACT
2011-2012	1270	28	980	21
2012-2013	1280	28	1020	22

Many students reported to her that they were unaware of this change. So be sure to provide this information to the child's school counselor or designee by the end of the first semester of the senior year for 7th semester evaluation or by graduation for 8th semester evaluation.

SAT and ACT test score requirements also changed for this year's graduating class.

The Florida Gold Seal Vocational Scholars Award is no longer funded for an AA or BA degree program. GSV award is now limited to 72 semester hours towards an AS, AAS, CCC, and PSAV. However in the Applied Technology Diploma (ATP) it is limited to 60 semester hours. GSV no longer rolls over to the Medallion level award.

For additional information on

the Bright Futures Scholarship Program, go online to www.FloridaStudentFinancialAid.org. Or make plans now to attend the NACAC (National Association of College Admissions Counselors) National College Fair co-hosted by Duval County Public Schools at the Prime Osborn on Oct. 13th from 9 am - 1 pm. This is a free event. Parking fees are collected in some of the area lots.

Judy Cromartie is the School Liaison Officer for NS Mayport. If you have questions about this article or concerns about an educational issue impacting your child, she can be reached via email at judith.cromartie@navy.mil or by phone at (904) 270-6289 X1305 [office] or (904) 219-3894 [cell]. Or you can schedule a meeting with her in her office in Building One.

Treat Your Body As A Temple Of The Lord



**Chap Calvin Gardner, Sr.
Surface Force Ministry Center**

CHAPLAIN'S CORNER

women is the main reason men ever get their health checked out.

But what's no laughing matter are the statistics on men's poorer health outcomes: U.S. men are 1.5 times more likely than women to die from heart disease, cancer and respiratory diseases, according to U.S. Centers for Disease Control and Prevention data. And they die, on average, five years earlier than women.

Men, the aforementioned data are facts, not fiction. Moreover, for those of us who embrace the Christian faith we are reminded of a truth that deserves our immediate attention. Paul writes, "...Know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own" (1 Corinthians 6:19, KJV).

Although the immediate context of this passage addresses the issue of immorality, the idea that God dwells in us transcends every area of our live, to include, taking care of it. Of course, that would include eating properly, exercising, giv-

ing it rest, and yes even performing routine maintenance, i.e. visiting the doctor for annual check-ups/screenings.

Before empirical research noted the benefits of exercise, the Apostle Paul reminded us that

"physical training is of some value" (1 Timothy 4:8a, NIV). Few lifestyle choices can impact health as significantly as regular physical activity. Mayo Clinic researchers noted that as little as seven hours of physical activity a week can lower your risk of dying early by 40 percent as compared with someone whose weekly activity level is less than 30 minutes.

To this end, the Apostle John prays, "that all is well with you and that you enjoy good health in the same way that you prosper spiritually (3 John 1:2, CEB). One of John's prayer requests is that "you enjoy good health."

The idea behind this request has to do with us being sound and well in our bodies. Metaphorically, it suggests that our bodies

be free from any admixture of error. Moreover, the mood of the phrase implies that we are to be active participants in making this happen.

Thus, just as we perform preventative maintenance on our cars, homes, and relationships, we ought to do the same for our bodies. *By the way, when was your last "head to toe" physical?*



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Lt. Cmdr.
Jerome Cayangyang

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Sunday school 9:15 a.m.
Choir: Wednesday 7 p.m.
Baptism: For information contact your chaplain
Women's Bible Study
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Protestant Youth Group
1st Friday Youth Quak Trip 6:30 p.m.
3rd Friday at Chapel 7-10:30 p.m.
PWOC
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West's Last Hooyah, Stevens Takes Helm

By MCC(SW/AW)
Sonya Ansarov

Office of the Master Chief Petty
Officer of the Navy

Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick D. West gave his last 'HOYAH' during the change-of-office ceremony at the Washington Navy Yard, Sept. 28.

Chief of Naval Operations Adm. Jonathan Greenert was the guest speaker for the ceremony and highlighted MCPON West's accomplishments during his naval career while thanking him for his leadership.

"MCPON West, you made the Navy better through your willingness to listen and learn," said Greenert. "I watched you firsthand in the Pacific Fleet, at U.S. Fleet Forces, as VCNO, and I had the honor to serve with you for one year as CNO. MCPON West had the heartbeat of the Navy. Sailors communicated with him. He challenged Sailors and they loved it."

The ceremony marked the end of a nearly 32-year career for West, who had served as the 12th MCPON since Dec. 12, 2008. During his time as MCPON, West insti-



-Photo by MC2 Thomas L. Rosprim

Master Chief Petty Officer of the Navy (MCPON) Michael D. Stevens accepts the ceremonial cutlass from the Navy's 12th MCPON, Rick D. West, during a change of office ceremony at the Washington Navy Yard as Chief of Naval Operations (CNO) Adm. Jonathan Greenert presides over the ceremony.

tuted the Senior Enlisted Continuation Board, introduced CPO 365, and implemented the mandatory enlisted warfare designation.

"MCPON West made a difference and led by example. He made a tangible improvement in our Navy," said Greenert. "I say to you and Bobbi (wife), thank you very much and our nation and our Navy thanks you."

West did not discuss personal accomplish-

ments during his retirement remarks, instead focusing on thanking family, friends, shipmates and mentors who helped shape him into a leader and the memories he'll take with him of his years of service.

"There is simply no way I can mention you all. Just know that if you are here today, you played some part in the success that I have enjoyed," said West. "It has been an honor and privilege to serve our

great Navy for nearly 32 years and especially to serve as MCPON for the last four. Thirty-two years is a long time, but when you are talking about the end of a fantastic journey, it was just a "flash of time." I've never had a "bad command" because I feel commands are what you make of them and how you choose to seize the opportunities."

"The thing I'm going to miss the most is, by far, the people and the

energy and innovation of our Sailors and families. The 'engine' that truly drives our Navy is our people. Our Sailors are what makes our Navy the best that's ever sailed the world's oceans," said West.

MCPON (AW/NAC) Mike D. Stevens took the helm of the enlisted force as the Navy's 13th MCPON after receiving the ceremonial cutlass from MCPON West.

"I was honored to pick MCPON 13," said Greenert. "It was not an easy task. MCPON Stevens is a proven and effective leader. This is a guy ready to lead our Navy and I look forward to your insight and perspective."

Stevens, a native of Montana, joined the Navy in 1983 and most recently served as Fleet Master Chief for U.S. Fleet Forces Fleet Master Chief in Norfolk. His previous Command Master Chief tours included U.S. 2nd Fleet, Helicopter Sea Combat Wing Atlantic, Helicopter Mine Countermeasures Squadron 14, and Naval Air Station Pensacola.

MCPON Stevens thanked Admiral Greenert

for his trust and faith in his selection as MCPON.

"I am both humbled and honored to have been provided this magnificent opportunity to lead and serve our Sailors, their families and our government civilians as the 13th Master Chief Petty Officer of the Navy," said Stevens.

Stevens thanked West for his service, leadership and friendship and spoke to the Navy, saying he is excited about the future and looking forward to serving the Navy as MCPON by working together to carry out the Navy's mission.

The MCPON serves as an advisor to the CNO and to the Chief of Naval Personnel in matters dealing with enlisted personnel and their families.

The MCPON is also an advisor to boards dealing with enlisted personnel issues; is the enlisted representative of the Department of the Navy at special events; may be called upon to testify on enlisted personnel issues before Congress; and maintains a liaison with enlisted spouse organizations.

Navy Ball Tix On Sale

From MWR

Tickets are on sale for the 2012 Naval Station Mayport Navy Ball at Mayport ITT (270-5145 x5). The Navy Ball will be held on Oct. 25 at Ocean Breeze Conference Center starting with the cocktail hour at 6 p.m. and dinner at 7:30 p.m.

Ticket prices are O-6 and above, Retiree/DoD Civilians \$50; 04-05 \$45;

01-03/CWO/E7-E9 \$40; E-5 and below \$30. Command tables can be purchased \$450 per table of 10 people. Guest speaker is Rear Adm. Sinclair M. Harris, Commander, COMUSNAVSO/C4F. This is a Black Tie event; military: mess dress 0-4 and above; service dress uniform w/ miniature medals 0-3 and below; civilian: formal attire.

Fire Week

of Americans who do have an escape plan, less than half actually practiced it. As we saw in the scenario above, fire is unpredictable. Seconds and minutes can mean the difference between life and death. We want to ensure that Naval Station Mayport residents know what to do if a fire breaks out in their home. Preparation is an important part of being able to deal with an emergency and it is crucial you take steps to prepare your family for the potential of a home fire by having an escape plan and practicing it.

Although preparing for the unexpected is difficult, reviewing the information below and taking action based on it to plan for a fire could save lives. Naval Station Mayport Fire Department recommends the following tips for planning your family's escape:

If you have children and want to make this a family activity

- Make a map of your home. Mark a door and a window that can be used to get out of every room.

- Choose a meeting place outside in front of your home. This is where

everyone can meet once they've escaped. Draw a picture of your outside meeting place on your escape plan.

- Write the emergency telephone number for the fire department on your escape plan.

- Sound the smoke alarm and practice your escape drill with everyone living in your home.

- Keep your escape plan on the refrigerator and practice the drill twice a year or whenever anyone in your home celebrates a birthday.

If your family is all adults:

- Walk through you home and identify two ways out of each room.

- Choose a meeting place outside in front of your home. This is where everyone can meet once they've escaped.

- Make sure everyone knows the emergency number for your local fire department.

- Practice your escape drill twice a year.

The Naval Station Mayport Fire Department will be hosting activities during Fire Prevention Week to promote "Have Two Ways Out!" Through these educational, family-oriented activities,

residents can learn more about the importance of fire escape planning and practice, as well as the power of prevention.

Oct. 7-13, 9:30 a.m.-4 p.m., Fire Department "Open House" tours

Oct. 9, 9:30 a.m., Kick off Fire Prevention Week at Building 2287, Off-Base Child Development Center w/ Sparky Pumper and Engine Company.

- 10:45 a.m., Engine Company to visit Bldg 1960, Off-Base Child Development Center w/ Sparky Pumper and Engine Company.

- 3:30 p.m., Fire Drills at Youth Center Buildings 1326 and 2084

Oct 10, 9:30 a.m.-1 p.m., Static Display Table at Building 1900 NEX

Oct 11, 9 a.m.-2 p.m., LIVE FIRE Extinguisher Training (using water and CO2 extinguishers) at Building 365

Oct 12, 9 a.m.-2 p.m., Base-wide 'unannounced' fire drills.

9 a.m.-2 p.m., Family Home Care Provider 'Home Evacuation Drills'

From Page 1

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Hope looks like Eli and his mother, Mary Elizabeth.

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Service, Fun In Seychelles For Klakring

By Chaplain Justin Top and DCC (SW/AW) Austin Hampton

USS Klakring

After nearly a month and a half continuously at sea, USS Klakring took a break from Fire Scout flight operations and departed its assigned operating area for some well-deserved liberty in the beautiful islands of Seychelles.

Since the small group of islands sits just south of the equator, the ship held a "Crossing the Line" ceremony on Sept. 8 to initiate those who had not before sailed across the equator, known as pollywogs. King Neptune and Davey Jones were both on hand to preside over the ceremony.

About the event, Davey Jones explained, "Arrrrggghhh! Twas a mighty enjoyable thing, watching as me trusty Shellbacks worked off the stubbornness and cleansed the ocean scum from the slimy wogs that had infested the mighty warship Klakring. For she is a sound vessel and her entire crew is now worthy of serving on King Neptunis Rex's Raging Main. AARRRGgghhhh!"

A total of 86 wogs were raised to the distinction of Shellback after satisfactorily completing the challenges they were presented by the Royal Court and their Shellback assistants.

The following morning, USS Klakring entered the harbor of Victoria, Seychelles where it would remain moored for the next three days against the backdrop of a pleasant town, lush tropical forest-covered mountains, and impressive black-rock cliffs.

Over the next several days, the crew ventured out into town to find relaxation, adventure, and, most importantly,



-Photos courtesy of USS Klakring

Members of King Neptune's Royal court visit USS Klakring for the Crossing the Line Ceremony. From Left, USS Klakring Commanding Officer, Cmdr. Darrell Canady, Davey Jones (Chief Damage Controlman Hampton), Operations Specialist 2nd Class Bass, King Neptune (Lt. Pavelka), Chief Personnel Specialist Steer, and Operations Specialist 3rd Class Johnson.

wireless internet. Just about everyone found what they were looking for.

Many relaxed by staying overnight in one of the hotels along the beach; others enjoyed local restaurants, while others simply lounged around the pool or on the beach.

The ship's MWR committee provided plenty of opportunities for adventure by setting up various tours for the crew. Some of the crew explored the reefs around the island through a scuba diving tour.

Certified divers did two separate boat dives in various locations, while beginners learned the basics of scuba diving before going on a reef

dive themselves. Others brushed off the rainy weather and got in a couple of rounds of golf at the local island club.

A couple of groups chartered fishing boats and braved the high seas for a day. After pulling their lines in the final time, they went to the beach and grilled up their catch for a nice afternoon seafood feast.

K l a k r i n g ' s Commanding Officer, Cmdr. Darrell Canady, led another group to tiny Cousin Island, where the group got an amazing up close view of all kinds of exotic wild-life, including giant turtles, the world's longest species of millipede, and a variety of rare birds and lizards.

It wasn't all relaxation for the crew in Seychelles. USS Klakring sponsored two separate community relations (COMREL) projects to assist the people of Seychelles and to strengthen the Navy's relationship with this key island nation.

On Monday, Sept. 10, a group of 19 crewmembers visited the Foyer de Nazareth Orphanage of Mahe, Seychelles, where they were tasked with clearing the garbage and weeds out of several overgrown garden areas. They set to work pulling weeds and chopping down trees, and were soon joined by the boys from the orphanage.

Together they turned the area from a weed-



USS Klakring moored in Port Victoria, Seychelles.

infested field to a terraced garden area ready to be planted. After the work was complete, the boys climbed up into the palm trees and cut down coconuts to share with their

Navy guests.

As they all drank and ate from the coconuts, the 14 boys from the orphanage had a lot of fun taking pictures and listening to

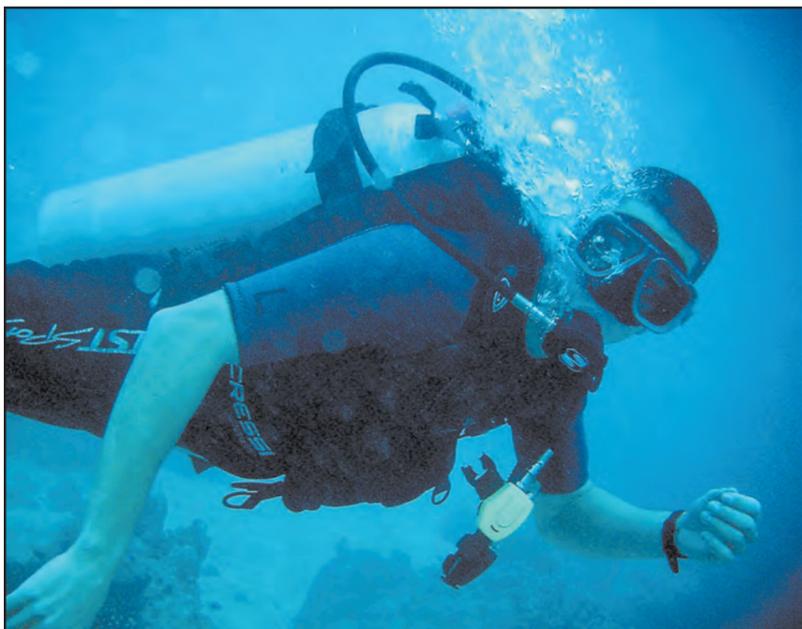
See Klakring, Page 5



"Shellback" Logistics Specialist 2nd Class Byron Aceituno prepares to wash sea-scum off "wogs."



Senior Chief Sonar Technician Surface Adam O'Brian, Chief Gas Turbine System Technician (Mechanical) Michael McNeal, and Chief Information Systems Technician Carlos Ortiz enjoy some downtime by the beach.



Above, Chaplain Justin Top explores one of the reefs near Seychelles. Right, Senior Chief Naval Aircrewman John Chapman shows off his catch after deep sea fishing in Seychelles.





Volunteers from USS Klakring pose with residents of the Foyer de Nazareth Orphanage after clearing the garden area of weeds and trash.



COMREL participants from USS Klakring gather for a photo after completing their Service at Nature Seychelles Sanctuary on Sept. 11, 2012.



Chief Culinary Specialist Corey Glenn moves blocks as part of a COMREL at Nature Seychelles Sanctuary on Sept. 11.



Commanding Officer, Cmdr. Darrell Canady, enjoys the beach on Praslin Island, Seychelles.



Chief Damage Controlman Austin Hampton shares his phone to entertain one of the boys from the orphanage.



"Air Boss" Lt. Cmdr. Jay Lambert poses with a Giant Tortoise in Cousin Island, Seychelles.

Klakring

From Page 4

music on the Sailors' cell phones. Representatives from Klakring also presented 20 blankets and several gardening tools to Sister Jacqueline Neff of the orphanage.

On Sept. 11, another group of 22 Klakring Sailors displayed their giving spirit by dedicating their liberty time to help beautify the Nature Seychelles Sanctuary.

Despite the rain, heat, mud and mosquitoes, Sailors cut down trees and hauled dirt, blocks, and

sand to rehabilitate the 20-acre Roche Caiman Park.

All building supplies were produced from the natural habitat of the park and the leftover supplies will be used to make additional needed fences for the sanctuary.

The Sailors work will provide protection for wild species, while encouraging tourism. The crew also planted several endangered mangrove trees, which are considered critical to the



Boatswain's Mate 2nd Class Delgado, Logistics Specialist 3rd Class Doeblin, Aviation Electrician's Mate 2nd Class Bishop, Aviation Structural Mechanic 3rd Class Bonam, Interior Communications Electrician 1st Class Free, Damage Controlman 3rd Class Abd Ebrah, and Chaplain Justin Top prepare for a boat dive in Seychelles.

Seychelles ecosystem.

The following morning USS Klakring slipped out of the harbor to return to

its mission.

USS Klakring is now halfway through its deployment where she

is conducting operations with embarked HSL-42 Fire Scout Helicopter Detachment Two, the

Proud Warriors, in support of Maritime Security in the 5th and 6th Fleet Areas of Responsibility.

The Sullivans' Gun Receives Overhaul

By Ensign Jonathan U. Tibbetts
USS The Sullivans

Experienced technicians from Naval Surface Warfare Center (NSWC) spent about two and a half months on board USS The Sullivans overhauling or replacing every mechanical, hydraulic, and electronic element inside the ship's gun mount as a part of the Standard Pier-side Maintenance and Repair, or SPMR. The SPMR is a joint ship and NSWC Indian Head venture for restoring the MK 45 5-inch 54 Caliber Light Weight Gun. The ship's gunner's mates

received beneficial training from these technicians who are former Navy gunners themselves.

In the final phase of this project, the lead NSWC representative rode along during Sea Trials to observe a rigorous live fire exercise and determined if the gun is fully up and ready to fight. The restoration and support from NSWC along with lessons learned by the Sailors who conduct regular maintenance on this weapon is an incredible asset to the ship and her mission.

The Sullivans' SPMR began

with an in-brief outlining every aspect of the project from craning on their tools and supplies to a suggested completion course of fire. It was made clear from the beginning what the ship should expect from NSWC and what requirements the ship needed to meet. NSWC was responsible for all labor and parts excluding very expensive parts, hydraulic fluid, and nitrogen.

In the case of The Sullivans a new index drive was installed and hydraulic fluid was replaced. NSWC's team lead, Anthony Bowers, made under-

standing causes of corrosion and repairs to prevent costly damage from occurring in the future accessible to the most junior technician. Bower's professionalism made the project an exceptionally predictable and rewarding experience

Standard Pier-side Maintenance and Repair availability offers a unique opportunity for technicians to observe and receive hands-on training from experts troubleshooting and resolving faults typically handled by intermediate maintenance activities. The complete overhaul of the

mount with the shield removed gave THE SULLIVANS' gunner's mates uncommon access to areas of the gun which are usually cramped or inaccessible. The experience maintainers gained during the SPMR will pay dividends later in their careers.

An operational 5-inch gun is essential to The Sullivans' Surface, Air, and Naval Fire Support missions. Firing a successful battery of 33 rounds at the conclusion of the overhaul reinforced confidence in the gun's ability to meet any tasking.

UNITAS Ships Rehearse Refueling At Sea

By Lt. Stephanie Homick
U.S. Naval Forces Southern Command & U.S. 4th Fleet Public Affairs

Eleven multinational warships participating in a maritime exercise hosted by U.S. 4th Fleet practiced replenishing at sea with U.S. supply ship USNS Patuxent (T-AO 201) and Canadian supply ship HMCS Preserver (AR-8) in the Caribbean as part of UNITAS Atlantic (LANT), Sept. 23.

The ships, from Brazil, Canada, Colombia, the Dominican Republic, Mexico, the United Kingdom, and the United States, were divided into two groups, five ships rehearsing with Patuxent and six with Preserver.

Patuxent and Preserver started out in front of their respective group of ships, steaming at 13 knots. They then directed, via radio communications and flag hoists, each ship to come alongside in order to be positioned to receive lines for fuel.

The supply ship "gives



-Photo by Lt. Cmdr. Corey Barker

Rear Adm. Sinclair Harris, commander of U.S. Naval Forces Southern Command and U.S. 4th Fleet, sends a "Bravo Zulu" message via flashing light to a Dominican Republic navy vessel from guided-missile cruiser USS Anzio (CG 68), the flagship, during the annual multinational UNITAS maritime exercise. Thirteen ships and personnel from eleven partner nations participated in the exercise in the Western Caribbean Sea hosted by U.S. Fourth Fleet.

you a signal via FLT TAC [Fleet Tactical], which is a like a radio or telephone signal," said Ensign Clarissa Carpio, Underwood's junior officer of the deck and the ship's 1st lieutenant, responsible for refueling

evolutions such as this one. "They give us a signal of where they want us stationed and then after that point, we use the flag hoists. That will determine when we'll go alongside and when the oiler is ready for us."

The ships approached either Patuxent or Preserver at 25 knots. Once alongside, they matched speeds at about 13 knots. When ready to depart and break off, the ships went flank speed ahead for 30 knots and

turned away from the supply ship.

The ships did not actually receive fuel during today's event nor were any lines exchanged between ships.

"We [U.S. Navy] do this quite often, but our partner nations do not," said Chief Warrant Officer 3 Miguel Aponte, the officer of the deck during the evolution aboard USS Underwood (FFG 36). "When you do a rehearsal, you get to go through all the motions of bringing the ship in close proximity to another ship without having to do all the extra stuff, like rigging the span wire or sending the hoses across the deck, which brings along its own challenges. By doing a dry rehearsal we can practice approaching and breaking away from the refueling ship."

In the two separate groups, the ships sailed in a two-line formation behind their respective supply ships and when directed by the supply

ship crew, came alongside to take station. After demonstrating proficiency in maintaining correct position, the ships pulled away and turned around to rejoin the back of their formation. This was repeated for the entire three-hour event.

"I think it [the evolution] went well," said Carpio. "In our group of six ships, we had two foreign [Mexican and Colombian] ships. They did well coming into station and they understood all the signals."

"The evolution went very smoothly," said Aponte. "We ended up doing two approaches: one on the starboard side and one on the port side."

Two actual refueling evolutions will occur later this week and ships will be afforded the opportunity to top off their tanks before the end of the exercise.

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Gettysburg In Scotland For Joint Warrior

By MC2 Foster Bamford

Navy Public Affairs Support Element West

Destroyer Squadron (DESRON) 26, guided-missile cruiser USS Gettysburg (CG 64), guided-missile destroyer USS Mitscher (DDG 57) and Helicopter Maritime Strike (HSM) 46 Detachment 2 pulled into the port of Faslane, Scotland for a port visit, Sept. 26. Gettysburg, Mitscher and fleet replenishment ship USNS Leroy Grumman (TAO 195) are in the area to take part in Exercise Joint Warrior. Test Squadron 1, Patrol Squadron (VP) 9 and VP 10 will arrive later this week and also play a role in the exercise, which begins Oct. 1.

Joint Warrior is a coalition exercise designed and led by the joint tactical exercise planning staff in the United Kingdom. Joint Warrior is the United Kingdom's advanced certification course and is on par with a U.S. Joint Task Force Exercise, which certifies U.S. ships for deployment.

"Before any kind of major operation or deployment, we want



The visit, board, search and seizure team aboard the guided-missile cruiser USS Gettysburg (CG 64) clean their weapons outside of the ship's armory. Gettysburg is on its way to take part in Exercise Joint Warrior off the coast of Scotland. The exercise takes place off the coast of Scotland and is designed and led by the joint tactical exercise planning staff in the United Kingdom and is intended to improve interoperability between allied navies and prepare participants for a role in a joint maritime environment during deployments.

--Photos by MC2 Foster Bamford

to make sure that the ships are fully capable and the crew is ready to go," said Capt. Bob Hein, Gettysburg's commanding officer. "That's kind of what we're doing in this

training event." Exercise Joint Warrior is intended to improve interoperability between allied navies and prepare them for possible joint exercises in the real

world. Maritime support reconnaissance patrol aircraft from Experimental Evaluation Joint Warrior gives coalition forces a chance to find out what each country's navy is

capable of and how they can work with each other. The exercise also gives the ships the rare opportunity to practice in a real-world training environment.

"Many of the allied units involved in Joint Warrior exercises will be the same units our ships will see on deployment," said Capt. Nelson Castro, commander, DESRON 26.



Capt. Robert Hein, left, commanding officer of the guided-missile cruiser USS Gettysburg (CG 64), looks through binoculars while the conning officer, Ensign Kiley Provenzano, takes a bearing on the bridge as the ship arrives into Faslane, Scotland.

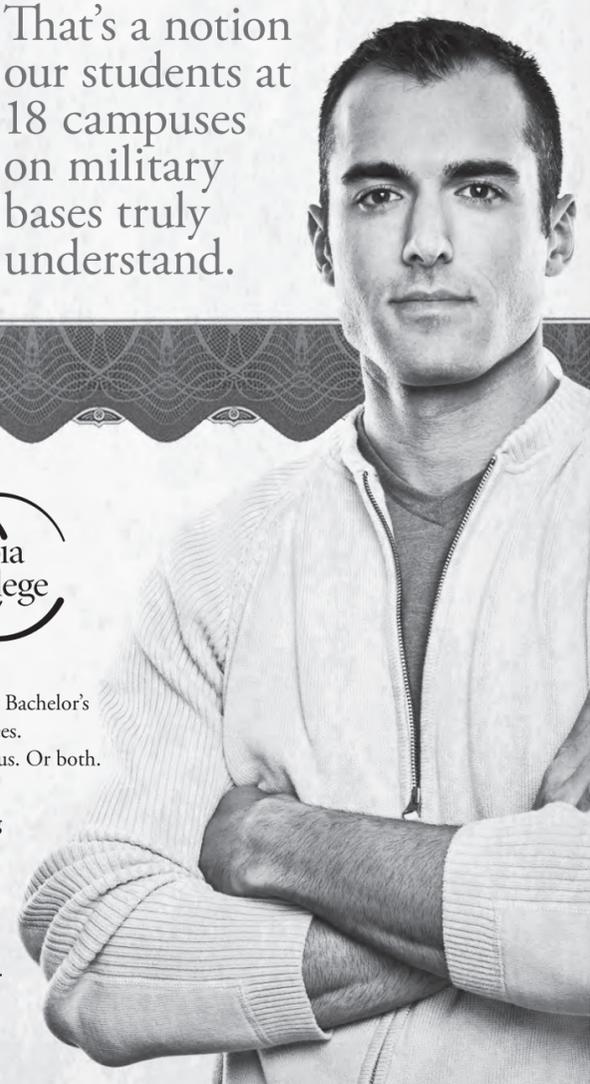


Sailors aboard the guided-missile cruiser USS Gettysburg (CG 64) tend line as the ship docks at the port of Faslane, Scotland. Gettysburg is in Scotland to take part in Exercise Joint Warrior.



Engineman 3rd Class Nahun Rodriguez lays out firehose during a general quarters drill aboard the guided-missile cruiser USS Gettysburg (CG 64).

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FRCSE DET Mayport Sets Record, Zero Alcohol-Related Cases In Year

From FRCSE DET Mayport

Jacksonville Sheriff's Office (JSO) recognized Fleet Readiness Center Southeast (FRCSE) Detachment (DET) Mayport for achieving 365 consecutive days without an alcohol-related incident (ARI) during a ceremony at the military facility Sept. 27.

JSO Traffic Officer Theron Golleher presented Airman Jocelyn Thomas and Maintenance Master Chief (AFCM) Kevin Holden, the command's youngest and oldest Sailors respectively, with a plaque commemorating the record set from Sept. 20, 2011 to Sept. 20, 2012.

"Statistics show that one out of two drivers is impaired on the street," said Golleher, an 18-year JSO veteran who provided training to the DET in December 2011. "I want

to congratulate you individually and as a command. It's a milestone you can all be proud of."

Cmdr. Michael Barriere, the officer in charge (OIC), said this was a team effort with each of the nearly 200 DET Sailors contributing to the goal.

"It means more, it's about people, it's about Sailors," he said. "Keep doing exactly what you've been doing."

Capt. Robert Caldwell, the FRCSE commanding officer, said in his 27 years of Naval service he had never seen an activity "reach this milestone until today."

"My hats off to you," he said. You take personal responsibility watching out for yourself and for your shipmate. This is about everybody on the road. It's an expensive mistake. It can kill you or someone you care about."

In a surprise move at the conclusion of the ceremony, the OIC announced that from a very competitive field of candidates Aviation Maintenance Administrationman 1st Class Jose Zayas was selected as the FRCSE DET 2012 Sailor of the Year.

Senior Chief Logistics Specialist Jack Beardmore and Machinery Repairman 1st Class Vincent Yaich, the unit's Drug and Alcohol Program advisors, attribute the zero ARI success to continuous training, open lines of communication at all levels, and a genuine concern for the Sailors' wellbeing.

Yaich said when Sailors check in, they are given a "Club 2000" card that allows Sailors assigned to Mayport and its tenant commands to get a free

taxi ride home as an alternative to driving under the influence. If Sailors have a mobile phone, they are instructed to enter the number.

Holden, the outgoing senior enlisted advisor, was one of the driving forces for responsible alcohol use according to Yaich. He said most of the Sailors had heard Holden's speech so often they could recite it from memory.

"It goes like this, 'If you know your limit, have one

less, if you think you know your limit have two less, if you don't know your limit, then you have no business drinking alcohol. And if you ever do drink alcohol, you have no business behind the wheel of a car, even if it's a sip."

Holden said he "robbed the alcohol thing" from retired Rear Admiral Mack Gaston, his former boss at Naval Station Great Lakes, Ill. He said Gaston was passionate about the issue.

"With everything Sailors

and their families are going through today, they can't afford an ARI," he said.

Lt. Cmdr. Joseph Kamara, the assistant OIC, believes committed leadership is the main reason for setting the record. He said publishing the number of days since the last alcohol-related incident in the Plan of the Week "instills a sense of pride in our Sailors, as nobody wants to be that guy or girl who breaks the streak."



-U.S. Navy photo

Jacksonville Sheriff's Office (JSO) Traffic Officer Theron Golleher (left) congratulates AZAN Jocelyn Thomas, the youngest Sailor at Fleet Readiness Center Southeast Detachment Mayport after reading a plaque from JSO commemorating the unit's milestone of zero alcohol-related incidents in a year, as AFCM Kevin Holden (center left), the outgoing senior enlisted advisor and Cmdr. Michael Barriere (right) look on during a ceremony at the unit Sept 27.



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Vicksburg Sailors Practice Firearms Safety

By MC2 Nick Scott

Enterprise Carrier Strike Group
Public Affairs

U.S. Navy Sailors, assigned to the 'Grandmasters' of Helicopter Anti-submarine Squadron Light (HSL) 46, and the visit, board, search and seizure (VBSS) team aboard guided-missile cruiser USS Vicksburg (CG 69) conducted training in firearms safety and familiarization, Sept. 21.

Vicksburg and HSL-46 Sailors trained with Sig Sauer M11 semi-automatic pistols for the purposes of familiarization and safety.

"It keeps Sailors familiar with movements and tactics," said Ensign Christopher Anderson, gunnery officer aboard Vicksburg. "The more we practice, the better we get."

Aviation Machinist Mate 3rd Class Melvin Faust, who is assigned to the 'Grandmasters,' participated in the training.

"Everyone aboard

should know how to use a weapon properly," said Faust. "I don't own a gun, but I really enjoyed the training. It refreshed my knowledge about gun safety."

After HSL-46 completed their firearms training, the VBSS team trained in both small arms and small-arms tactics.

VBSS team member Electronics Technician 3rd Class Benjamin Arndt owns a personal firearm and understands the importance of weapon safety.

"So many things go into shooting and maintaining a firearm, you really do need proper training," said Arndt. "I have been using firearms since I was young and I think one of the most important things to remember is to manage your stress. If you can't keep your stress under control, you can't stay focused."

Vicksburg Sailors also trained with the M4 Carbine, the M16 Rifle,



-Photos by MC2 Nick Scott

U.S. Navy Sailors, assigned to the "Grandmasters" of Helicopter Anti-submarine Squadron Light (HSL) 46, conduct a live-fire exercise using the Sig Sauer M11 pistol aboard guided-missile cruiser USS Vicksburg (CG 69). Vicksburg is deployed to the U.S. 5th Fleet area of responsibility conducting maritime security operations, theater security cooperation efforts and support missions for Operation Enduring Freedom.

the Mossberg Shotgun and the Beretta M9 semi-automatic pistol.

Vicksburg is currently deployed in the U.S. 5th Fleet area of responsibility

conducting maritime security operations, theater security cooperation

efforts and support missions for Operation Enduring Freedom.



Aviation Electronics Technician 2nd Class Phillip H. Craven, assigned to HSL-46, loads a magazine for a Sig Sauer M11 pistol during a live-fire exercise aboard guided-missile cruiser USS Vicksburg (CG 69).



U.S. Navy Sailors, assigned to HSL-46, conduct a live-fire exercise using the Sig Sauer M11 pistol aboard guided-missile cruiser USS Vicksburg (CG 69).

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Oct. 5: Oktoberfest Party. 9 p.m. at Castaways Lounge. Featuring live band Kustom Deluxe, free food, giveaways and more. 270-7205

Oct. 6: Xtreme Bowling. 8-11 p.m. every Saturday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Oct. 7: NFL Sunday Ticket. Every Sunday at Noon at Castaways. Watch you favorite NFL team on one of Castaways' 9 flat-screens. Drink specials throughout the day. 270-7205

Oct. 10: Karaoke Night. 8 p.m. at Castaways Lounge. Karaoke with DJ Tom Turner. Free food! 270-7205

Oct. 10: Lunchtime Bingo. Every Wednesday at 11:30 a.m. at Beachside Bingo. Two \$500 payouts every week. Buy two, get one free. Still only \$13.00 per pack. 270-7204

Oct. 10: All-Hands Steak Night. 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by the A-Team. For tickets, contact (904) 270-5228.

Oct. 12: 60's Bingo Party. 6:30 p.m. at Beachside Bingo. Wear your bell-

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Oct. 12: TGIF Xtreme Bowling Party. Every Friday from 4-6 p.m. at Mayport Bowling Center. Free for Active Duty; guests \$5. Beer & drink specials, half-price wings, awesome music videos and light show! 270-5377

8 p.m. to Midnight every Friday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Oct. 13: Fall Fest 2012. 2-6 p.m. at Sea Otter Pavilion. Free activities include a haunted house, games, rides, bounce houses, take your own pictures in the pumpkin

patch and more. Food and beverages will be available for purchase. A variety of vendors will be on-hand selling arts and crafts, baked goodies, and more. Purchase your seasonal pumpkin from the pumpkin patch. 270-5228

Oct. 13: ESPN College Gameday. Every Saturday at Noon at Castaways. Watch you favorite NCAA Football teams on one of Castaways' 9 flat-screens. Drink specials throughout the day. 270-7205

Oct. 13: UFC 153: Aldo vs. Edgar. 10 p.m. at Castaways Lounge. 270-7205

Oct. 16: Knock Out Domestic Violence 5K Run/ 3K Walk. 8:10 a.m. in front of the gym.

Oct. 16: All Khaki Wings and Trivia Night. 3-7 p.m. every Tuesday at Foc'sle CPO Club with 40-cent wings, drink specials and all-you-can-drink soft drinks for \$1. Trivia begins at 5:30 p.m. All Khakis welcome (Chief Petty Officers, Officers and their guests). 270-5431

Oct. 17: Just For Fun Wednesdays. Every Wednesday at Mayport Bowling Center. It's not about how good you bowl, it's about how much fun you can have! \$1 Colormanina Bowling, drink specials, request

your favorite music all day long and more. 270-5733

Oct. 19: Toga Party. 9 p.m. at Castaways Lounge. Rock out with your togas out. Featuring live band Southern Magic, free food, giveaways and more. Before the band, we will be screening the movie "Animal House". 270-7205

Oct. 20: All Khaki Oktoberfest. 6-10 p.m. at Foc'sle CPO Lounge. Don yer lederhosen & grab ye maiden for Foc'sle Lounge's very first Oktoberfest Celebration! Festivities include live band "One-Eyed Jakes",

free German-inspired food, barrel roll obstacle course, bratwurst-eating contest, barrel toss, Yodeling contest, prizes & more!

Oct. 24: All-Hands Steak Night. 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by HSL-48. To purchase tickets in advance, please call CMDCM Jim Key at (904) 270-6810 x119; limited tickets available at the door.



Foc'sle Lounge's
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ALL-HANDS

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The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by the Mayport Liberty Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

Oct. 4: Chess Club & Tournament. 6 p.m. at Liberty Center.

Oct. 5: Oktoberfest Party. 9 p.m. at Castaways Lounge. Featuring live band Kustom Deluxe, free food, giveaways and more. 270-7205

Oct. 6: Rocky Horror Picture Show Trip. Van Departs Liberty Center 6:30 p.m. Cost \$20, props included. Sign up deadline Oct. 2

Oct. 6: Xtreme Bowling. 8-11 p.m. every Saturday at Mayport Bowling Center. \$10

include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Oct. 7: NFL Sunday Ticket. Every Sunday at Noon at Castaways. Watch you favorite NFL team on one of Castaways' 9 flat-screens. Drink specials throughout the day. 270-7205

Oct. 7: Jacksonville Jaguars vs. Chicago Bears. Van departs 2 p.m. Cost \$10.

Oct. 10: Lunchtime Bingo. Every Wednesday at 11:30 a.m. at Beachside Bingo. Two \$500 payouts every week. Buy two, get one free. Still only \$13.00 per pack. 270-7204

Oct. 10: All-Hands Steak Night. 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limited tickets available at

LIBERTY CALL

the door. Sponsored by the A-Team. For tickets, contact (904) 270-5228.

Oct. 10: Karaoke Night. 8 p.m. at Castaways Lounge. Karaoke with DJ Tom Turner. Free food! 270-7205

Oct. 11: Texas Hold'em Tournament. 6 p.m. at Liberty Center.

Oct. 12: Halloween Horror Nights Trip. Van departs 4:30 p.m. Cost \$35. Sign up deadline Oct. 8.

Oct. 12: TGIF Xtreme Bowling Party. Every Friday from 4-6 p.m. at Mayport Bowling Center. Free for Active Duty; guests \$5. Beer & drink specials, half-price wings, awesome music videos and light show! 270-5377

Oct. 12: Xtreme Bowling. 8 p.m. to Midnight every Friday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Oct. 13: Fall Fest 2012. 2-6 p.m. at Sea Otter Pavilion. Free activities include a haunted house, games, rides, bounce houses, take your own pictures in the pumpkin patch and more. Food and beverages will be available for purchase. A variety of vendors will be on-hand selling arts and crafts, baked goodies, and more. Purchase your seasonal pumpkin from the pumpkin patch. 270-5228

Oct. 13: ESPN College Gameday. Every Saturday at Noon at Castaways. Watch you favorite NCAA Football teams on one of Castaways' 9 flat-screens. Drink specials throughout the day. 270-7205

Oct. 13: UFC 153: Aldo vs. Edgar. 10 p.m. at Castaways Lounge. 270-7205

Oct. 14: Ghosts & Gravestones Trip. Van departs 5 p.m. Cost \$10. Sign up deadline Oct. 8.

Oct. 15: Ping-Pong Tournament. 6 p.m. at Liberty Center.

Oct. 16: Knock Out Domestic Violence 5K Run/ 3K Walk. 8:10 a.m. in front of the gym.

Oct. 17: Just For Fun Wednesdays. Every Wednesday at Mayport Bowling Center. It's not about how good you bowl, it's about how much fun you can have! \$1 Colormanina Bowling, drink specials, request your favorite music all day long and more. 270-5733

Oct. 17: Candy/Caramel Apple Making. 6 p.m. at Liberty Center.

Oct. 18: Pool Tournament. 6 p.m. at Liberty Center.

Oct. 19: Toga Party. 9 p.m. at Castaways Lounge. Rock out with your togas out. Featuring live band Southern Magic, free food, giveaways and more. Before the band, we will be screening the movie "Animal House". 270-7205



Karaoke

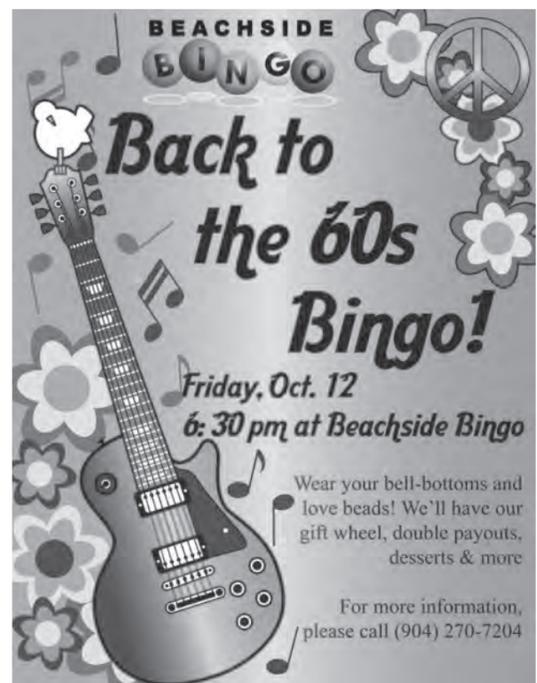
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Naval Station Mayport has updated its fitness classes effective immediately for Surfside Fitness and the Gymnasium.

The new Surfside Fitness class schedule is as follows:

Monday
11:30 a.m., Pilates
4:30 p.m., Cut N Core
5:30 p.m., Flex 'N Stretch

Tuesday
10:30 a.m., Intro to Yoga
11:30 a.m., Zumba
4:30 p.m., Yoga

Wednesday
6:30 a.m., NOFFS Nutrition & Fitness Series
11:30 a.m., Strength Training For Women
12:30 p.m., Flex 'N Stretch
4:30 p.m., Zumba

Thursday
9:30 a.m., Strength Fundamentals
11:30 a.m., Zumba
4:30 p.m., Kickboxing

Friday
9:30 a.m., Zumba Basics
11:30 a.m., Yoga

Mayport Sandbox
The Mayport Sandbox is a high intensity (H.I.T.) outdoor workout area located oceanfront behind Surfside Fitness Center. The area includes a Pull-up Bar and Ring rig, Kettlebells, Sleds,

Tires, TRX Suspension Frame, Slam Balls, Ropes, Ab Mats, Sledge Hammers, Farmers Walk, Olympic Lift area and equipment, Monkey Bars, Low Crawl, Sprint and Drag area.

Monday
7 a.m., HIT
7 a.m., Command Bootcamp
8 a.m., Intro to HIT
9:30 a.m., Bootcamp Basics
11 a.m., HIT
Noon, HIT Skill Review

Tuesday
7 a.m., Command Bootcamp
11 a.m., HIT
Noon, Intro to HIT
2 p.m., HIT
3 p.m., Intro to HIT

Wednesday
7 a.m., HIT
8 a.m., HIT Skill Review
9:30 a.m., Intro to TRX Suspension Training
11 a.m., HIT
Noon, Intro to HIT

Thursday
7 a.m., Sunrise Yoga
7 a.m., HIT
8 a.m., Intro to HIT
11:30 a.m., HIT for Women

3 p.m., HIT
4 p.m., Intro to HIT

Friday
7 a.m., HIT
7 a.m., TRX Suspension Training
8 a.m., HIT Skill Review
11 a.m., HIT
Noon, Intro to HIT

The new Gymnasium class schedule is as follows:

Monday
11:30 a.m., Spinning
5:45 p.m., Kids Clinic

Tuesday
11:30 a.m., Steel Anchor
5:30 p.m., Spinning

Wednesday
11:30 a.m., Rowing 101
4:30 p.m., Weight Training For Warfighters

Thursday
11:30 a.m., Steel Anchor
5:30 p.m., Spinning

Friday
7:30 a.m., Spinning
11:30 a.m., Rowing 101



BE A BALL KID

Active duty dependents in the Tribase area can enter today to be a Ball Boy or Girl at the Navy Marine Corps Classic Basketball Game on November 9, 2012



Check out
MWRMayport@navy.mil
and submit your child's name, age, contact phone number, email address, and Navy, Marine, or Coast Guard base affiliation.
Registration deadline by October 26, 2012

**Open to dependent children of active duty Navy or Marine Corps service members, ages 12-17, 18 if attending High School. Entrant must be attached to Naval Station Mayport, Naval Air Station Jacksonville, Naval Sub Base King's Bay or Blount Island. Once selected, entrant must provide proof of age and show valid active duty military ID.

COJ Entertainment & Sports Dept. will draw 8 lucky winners

KID ZONE

Oct. 13: Fall Fest 2012. 2-6 p.m. at Sea Otter Pavilion. Free activities include a haunted house, games, rides, bounce houses, take your own pictures in the pumpkin patch and more. Food and beverages will be available for purchase. A variety of vendors will be on-hand selling arts and crafts, baked goodies, and more. Purchase

your seasonal pumpkin from the pumpkin patch. 270-5228

Oct. 19: Freedom Friday Monster Mash Movie Bash. 7-11 p.m. at the Youth Center. Cost is \$8 advanced sign-up and \$10 day of, space permitting. 270-5680

Oct. 25: Drama Club Presents "Casper." 4:15 p.m. at the Youth Center. 270-5680.




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Rotate & Balance for Life is available every 3000-6000 miles for the life of the tires.
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Get Coupons, Special Offers With Commissary Rewards Card

From DeCA

It's here! The Commissary Rewards Card is available now in the Mayport Commissary.

The card is free and designed to reduce the number of paper coupons commissary customers clip and carry - saving them time and money.

As an introductory offer, customers who pick up their cards by Oct. 24 receive preloaded digital coupons on their cards that can be used immedi-



-DeCA Image

The Mayport Commissary is issuing new Commissary Rewards Cards with preloaded digital coupons for customers who sign up by Oct. 24. The new card is designed to help reduce the need for paper coupons.

ately.

Adding digital coupons is easy and is done online after registering the card through the commissary website at <http://www.commissaries.com/rewards/index.cfm>.

New digital coupons will typically become available every two or three weeks.

Visit the website for more information or ask in the commissary.

NEXCOM Improves Return Policy

From NEXCOM

The Navy Exchange Service Command (NEXCOM) is making improvements to its return policy. Merchandise purchased at a NEX or from myNavyExchange.com can be returned to any NEX store within 45 days of purchase for a refund or even exchange.

"We made this improvement to our

return policy make it more convenient for our customers," said Richard Dow, NEXCOM's Senior Vice President Store Operations. "By extending our return policy to 45 days, it gives our customers more time to bring back an item to our store. In today's busy world, that's important to our customers."

The standardized 45 day return policy on

merchandise eliminates the previous exclusions including the 14 day return policy on certain items, such as computers, software and digital cameras. Now, the only exception to the 45 day NEX Customer Return Policy are pre-paid cards, such as financial, music, phone and gift cards, which are not returnable.

The refund will be processed in the same pay-

ment form as the original purchase. A return without a receipt will be issued on an NEX Gift Card at the item's current NEX price. Refunds made without a receipt can only be made at the NEX's Customer Service desk.

Finally, diamond jewelry returns may be subject to an IGI appraisal prior to issuing a refund.

NEXs To Open Mobile Centers

From NEXCOM

Starting in October, NEX customers at Naval Station Mayport will find purchasing a mobile phone and mobile services easier thanks to its new NEX Mobile Centers.

Partnering with Wireless Advocates, NEX Mobile Centers will offer customers wireless products, accessories and services from a variety of service providers including AT&T, Boost Mobile, T-Mobile and Verizon Wireless.

"With hot new advanced mobile phones hitting the mar-

ket every few weeks, customers can now turn to their NEX Mobile Center for great pricing on the latest mobile phones and service plans," said Mary More, Navy Exchange Service Command (NEXCOM) Telecommunications Program Office. "NEX Mobile Centers will be a one-stop shopping for all mobile phone and mobile phone service plans. NEX customers will find products and services from all the major brands in the mobile phone industry as well as a highly-trained staff."

The new NEX Mobile Centers will sell a wide variety of Smartphones including a basic model flip phone to the Apple iPhone, Android and Blackberry. Customers will also find mobile phone service plans to meet the needs of their families.

"NEX Mobile Centers have value added in its pricing," said Morse. "They meet or beat the most competitive pricing in the area. They also offer a standard military discount, so NEX customers can feel at ease when purchasing their mobile

phone or mobile service from a NEX Mobile Center."

NEX Mobile Centers offer special programs for the military members, including suspension of service during a deployment and a release from their contract due to an overseas transfer. It also offers a special order program where if a mobile phone is not in stock, the NEX Mobile Center will mail the phone directly to the customer's house, fully ready to use.

NEXs Are Going 'Navy Blue' This Holiday Season

From NEXCOM

NEXs worldwide will be taking a new approach to the holiday shopping season this year. NEXs will offer sales and specials throughout the holiday season beginning in early November instead of starting off the holiday shopping season with a big sale the day after Thanksgiving. Also new this year, deployed Sailors will be able to take advantage of holiday specials by shopping on-line.

"For the 2012 holiday shopping season, we have revised and refreshed our approach to the traditional 'Black Friday' sales events. We are calling it 'Navy Blue Friday' and will emphasize Navy core values, Navy family and preserving Thanksgiving cultural values," said Robert J. Bianchi, Chief Executive Officer, Navy Exchange Service Command (NEXCOM). We will also provide broader access to NEX sale items for afloat and deployed Sailors."

NEX customers will still find a wide variety of holiday gifts on sale as they have in the past. The prices on the items for sale will last for the duration of the sale, not be limited to a certain day or time period. NEX events will begin, worldwide, at 6:00 a.m. on Friday morning, featuring all-day Friday specials and additional sale items will be available across the entire three-day weekend.

"We took this approach so customers wouldn't feel obligated to get up early and leave their families to go shopping for the holidays," said Tess Paquette, NEXCOM Senior Vice President and Chief Merchandising Officer. "Beginning our sales earlier in the season will allow our customers to better budget their holiday spending by pur-

chasing gifts over a longer period of time."

NEXCOM also looked into how it could better serve its deployed customers. Based on feedback gained through focus groups, NEXCOM will run a special sale event for afloat Sailors at mynavyexchange.com three days prior to Thanksgiving, with exclusive sales tailored specifically to their needs. Deployed customers will start receiving electronic or paper copies of the sales flyer onboard their ship

in mid-November through their Supply Officer or Sales Officer.

"We have developed an assortment of 'Sailor requested' items such as electronics, games and sports nutrition products which will be featured in the three-day sale," said Paquette. "If Sailors are unable to participate in the sale due to operational or mission requirements, they will be able to contact NEXCOM's call center after the sale dates and NEXCOM will accommodate them."



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- Coast Guard Station Exchange Store**
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- Coast. Guard Main Gate Sec Check-In**
Mayport
- USO Center**
2560 Mayport Rd., Mayport
- Dick's Wings**
Mayport Rd., Mayport
- Otter Run Apts.**
Assisi, Mayport
- Community Center**
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- Rainbow Child Development**
1137 Cove Landing Mayport
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Navy Provides Subsistence Assistance For Qualifying Families

From Navy Personnel Command Public Affairs

Low-income service members with dependents may benefit from the Family Subsistence Supplemental Allowance (FSSA) Program, according to a Navy message released Sept. 24.

FSSA is an additional food allowance some military families may qualify for based on a member's household size and household income.

According to

NAVY NEWS

NAVADMIN 292/12, the program is designed to bring eligible service member's gross household income to 130 percent of the federal poverty line as established by the U.S. Department of Agriculture (USDA).

The program is available for Sailors stationed in the United States and

overseas. Members may be eligible for up to \$1,100 per month.

Active component and Reserve Sailors on active duty meeting dependent and income-eligibility requirements on the Defense Manpower Data Center website may participate in the FSSA program.

To apply, Sailors must submit a signed application and associated documents through their chain of command to OPNAV N130 for final certification and approval.

OPNAV will forward approved applications to Defense Finance and Accounting Service for posting to the Sailors pay account.

During participation in the FSSA Program, any increases in household income of \$100 or

more per month, or any decrease in the size of that household, must be reported within 30 days to the certifying official.

Sailors receiving FSSA are responsible to report changes, and failure to do so may result in termination of eligibility for the FSSA Program and command action.

The FSSA income may affect participation of the household in certain programs for which eligibility is based on income,

such as subsidized school lunch programs, the Women, Infant, and Children Program, day care programs, and earned income tax credit.

To learn more about FSSA, read NAVADMIN 292/12 and visit <https://www.dmdc.osd.mil/fssa/> to determine eligibility and review application procedures.

Don't Wait To Mail Holiday Packages

From Naval Supply Systems Command Corporate Communications

The Naval Supply Systems Command's (NAVSUP) Postal Policy Division mail-by dates for pre-Dec. 25, delivery of holiday cards, letters, and packages were announced Sept. 5. The dates are as follows:

Shore APO/FPO/DPO AE zips 090-098 (except 093); AA zips 340; AP zips 962-966 Express Mail: Dec. 17

* First-Class Mail (letters/cards and priority mail): Dec. 10

*Parcel Airlift Mail: Dec. 3

*Space Available Mail: Nov. 26

*Parcel Post: Nov. 13 Shore APO/FPO/DPO AE ZIP 093

*Express mail Military

Service: N/A

*First-Class Letters/Cards/Priority Mail: Dec. 3

* Parcel Airlift Mail: Dec. 1 *Space Available Mail: Nov. 26

* Parcel Post: Nov. 13 For mail addressed from all shore FPOs (except 093)

*Express Mail Military Service: Dec. 17

*First-Class Mail (Letters/cards, priority mail): Dec. 10

*Parcel Airlift Mail: Dec. 3

*Space Available Mail: Nov. 26

Express Mail Military Service (EMMS) is available from selected military post offices. If mailing to an APO/FPO address, check with your local post office to determine if this

service is available.

Parcel Airlift Mail (PAL) is a service that provides air transportation for parcels on a space-available basis. It is available for Parcel Post items not exceeding 30 pounds in weight or 60 inches in length and girth combined. The applicable PAL fee must be paid in addition to the regular surface rate of postage for each addressed piece sent by PAL service.

Space Available Mail (SAM) refers to parcels mailed to APO/FPO addresses at parcel post rates that are first transported domestically by surface and then to overseas destinations by air on a space available basis. The maximum weight and size limits are

15 pounds and 60 inches in length and girth combined. From overseas locations, items mailed at Parcel Post rates are sent to CONUS by air on a space available basis. The maximum weight and size limit are 70 pounds and 130 inches in length and girth combined.

It is also recommended that customers check with their local civilian or military post office for information on size restric-

tions and possible need for customs declaration forms. Additionally, customers are advised that certain mail restrictions apply and some items can not be mailed.

Examples are: switchblade knives, pornography, controlled substances, and explosive or incendiary devices. If in doubt as to what can or cannot be sent through the mail, contact your local civilian or military

post office.

As a final note, customers are cautioned that packages must not be mailed in boxes that have markings related to any type of hazardous material, such as bleach, alcohol, or cleaning fluids. Parcels found by the U.S. Postal Service with such markings or labels on the outside of the box will not be processed.

Silver Star Recipients Added To Valor Site

From American Forces Press Service

Officials have added the names of those who have received Silver Star awards to a website listing recipients of the nation's highest awards for valor.

The site launched in July with the names of those who have received

the Medal of Honor, the nation's highest award for valor, since Sept. 11, 2001.

On Aug. 1, officials added the names of those who have received the Distinguished Service Cross, the Navy Cross or the Air Force Cross - the nation's second-highest valor awards.

Now, the site also lists those who have received the Silver Star.

The site - at <http://valor.defense.gov> - is designed to raise awareness of service members' heroism and to help in deterring those who falsely claim military honors, officials said.

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To donate dresses or accessories, give them to your Command Ombudsman or drop them off at Building 1. Donations will be accepted until September 29th! A donation is NOT required to receive a dress. *Please clean your dress donations prior to handing them in.

CONTACT YOUR COMMAND OMBUDSMAN FOR MORE INFORMATION!

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Run date Call by Fax by
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 Please note: **Fax deadlines are one hour earlier.** Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

Announcements

Auctions

Real Estate for Sale

Real Estate for Rent

Commercial Real Estate

Financial

Instruction

Employment

Services

Merchandise

Pets/Animals

Transportation

904-366-6300

ONLINE

Classified line ads are online at jaxairnews.com

FREE online advertising!

Your Classified in-column ad automatically appears online at **no additional charge.**

Announcements

Happy Ads
Lost and Found
Clubs and Organizations
Rides/Travel
Notices
Personals
Dating and Entertainment

Fernandina/ Amelia Island

Historic Home BY OWNER
 132 S. 13th St. needs work on large lot \$80,000. price negotiable call 904-583-2045

North Jacksonville

3 Story Plantation Estate home
 6br/5ba, 6800sq. ft. Newer home w/ upgraded finishes, 9 acres, gated entry, pond, dock, barn, 4 horse stables, 7 car garage, fenced, in-law suite. \$749,000. 904-629-2966

Waterfront

WATERFRONT
 Beautiful private spring fed lake 5.22 acres, 170ft on clear water - 600 acre lake to fish, ski and swim. Close to Crescent City, 1 hour south of I-295 & Highway 17 in Jacksonville \$165,000. No mobile home allowed. Call 904-568-6978

Out of Area/Town/State

HOME IN NORTH CAROLINA MOUNTAINS
 8 hours from Jacksonville peaceful 3br/2ba. No close neighbors, cathedral ceilings, hand laid stone fireplace. Modern and large kitchen, carport and garage, paved road close to 4 lanes, 15 minutes to downtown Murphy N.C., motivated owner offering this home for \$129,999. Call 904-683-3132. cell 904-553-4207

Manufactured Homes

OAKHAVEN RETIREMENT VILLAGE
MOBILE HOME FOR SALE
 w/terms near town of St. Augustine close to shops 904-829-0040

Westside Must See '97 3br/2ba - Quiet, beautiful, Crystal Springs Estate a gated comm. Pool, fishing lake & comm. Center. Churches, restaurants, shops close by. Insured for \$39K. Will sacrifice for fast sale \$25K. Special discount price for cash sale Call 904-233-8060

WESTSIDE 1800SF W/FIREPLACE
 Mortgage Assumption only \$750 d/p. **MUST SEE 904-781-0441**

Farms/Acreage

115 Acres In Williston SC, good investment and good hunting \$1900 per acre. Call 803-259-7888 or 803-541-1808

Real Estate For Rent

Apartments Furnished
 Apartments Unfurnished
 Condominiums
 Retirement Communities
 Homes Furnished
 Homes Unfurnished
 Manufactured Homes
 Mobile Home Lots
 Roommates
 Rooms to Rent
 Beach Home Rentals
 Beach/Vacation/Resorts
 Storage/Mini-Lockers
 Management/Rental Services
 Wanted to Rent
 St. Johns Apartments Furnished
 St. Johns Apartments Unfurnished
 St. Johns Condominiums
 St. Johns Duplex
 Townhomes
 St. Johns Retirement Communities
 St. Johns Houses Furnished
 St. Johns Houses Unfurnished
 St. Johns Mobile Home/Lot Rental
 St. Johns Lots
 St. Johns Roommates
 St. Johns Rooms to Rent
 St. Johns Oceanfront/Waterfront
 St. Johns Vacation Rental
 St. Johns Storage/Mini-Lockers
 St. Johns Wanted to Rent

Apartments Furnished

Orange Park \$150/wk all utilities paid, no deposit, mcrwv, frig incld 264-1211

Apartments Unfurnished

MURRAY HILL !!! Affordable Senior Living- must be 62+. Studios now avail \$568mo incl utilities. No wait list! Equal Housing Opport. Handicap Accessible units avail! Call 904-381-4800 Today

NORTHSIDE 905 W. 28th St. 2br 1ba, window air & heat, \$420/mo \$600 to move in. 904-724-8705 or 770-329-3566

ORANGE PARK 2br/1ba, 875 sqft, new carpet, assigned parking, quiet area, pool, laundry, \$670mo + \$250sec. \$100 off 1st mo. No dogs. **Admiral Apts 954-744-9141**

ORANGE PARK 2/2, fireplace, wet bar, W/D hook-up, new paint & carpet \$650/mo. **Please Call 904-828-9165**

Riverside - 1 Bdrm \$425
Westside-1 Br \$450 2 Br \$550
\$35 App. Fee! 771-1243
\$200 OFF 1st Month Rent (wap)

WESTSIDE-DON'T MISS OUT!
 \$399 Moves IN SPECIAL! 1 & 2 Bdrms Quiet, Comfortable, convenient location Tradewinds Apts 5717 Timuquana Rd 778-7333 Open Saturdays

WESTSIDE
 2/1 CH&A Clean, quiet in country setting, washer/dryer hookup, water included. **\$475MO. 904-783-0288**

WESTSIDE / MURRAY HILL SPECIAL
 1BR \$425.00
 \$99.00 Security Deposit
 904-329-1985

WESTSIDE QUITE AREA
 2/1 CH&A washer/dryer hkup in kitchen, new sink & tile in bathroom, nice neighbors great for seniors \$575mo. 1159 Mohawk St. Apt. #3. Call 904-786-3843

WESTSIDE - STOP RENTING
E-Z Financing 100% App.
HUGE 3bd/2ba \$780/mth 904-695-0080

Condominiums

BAYMEADOWS Spacious 3/2 w/ updated kitchen, new carpet, W/D, 1st floor, amenities, \$1050mo includes water/sewer, security deposit based on credit. Call James 904-378-6883

Off Hodges & JTB at The Grande Reserve 2br/2ba Condo freshly painted. Laundry rm w/ washer & dryer, gated community, pool, & amenities. No Pets. \$950/per month. Call 904-768-3812

Houses Furnished

ORTEGA FARMS
 1BR Furn \$400, 1BR Unfurn \$425, 2BR Furn \$475, 2BR Unfurn \$450. w/d conn. No pets/No smokers. Call 904-388-1335

HOME FINDER REALTY

241-5501
 RENTALS HOMES AVAILABLE NOW

JACKSONVILLE			
FORT CAROLINE COVE	3/2	\$1150	Avail 2/1/13
CYPRESS COVE	3/2	\$1025	Avail 10/15
HOLIDAY HILL MANOR	3/2	\$935	Avail 10/10
VICTORIA LAKES	4/3	\$1395	Avail 9/25
ASHLEY WOODS	3/2	\$1295	Avail Nov 16
ASHLEY WOODS	5/3.5	\$1750	Avail 10/15
HIDDEN LAKE ESTATES	4/3 pool serv.incl	\$1590	Avail 6/1
MERRILL PINES	2/2	\$895	Avail NOW
ATLANTIC BEACH	3/2.5 no pets	\$950	Avail 8/15

MANY MORE HOMES AVAILABLE
JUST CALL US AT 241-5501
www.hfrjax.com
 2292 Mayport Rd, Suite 1 (Near NEX)

Houses Unfurnished

ARLINGTON EAST- Like new
 2br/2.5ba townhouse \$840.
 3br/2.5ba townhouse \$875.
 All appls, w/d hookup, no pets, no smoking, avail now!
 Call 904-608-5129 or 561-622-7671

FT. CAROLINE AREA
 3br/2.5ba end unit townhome 11704 Tanager Dr. fenced yard, garage, pet fee, \$875mo + \$900dep. call 386-365-8543

LAKEWOOD 3/2, carport, fenced back, ch&a, tile throughout, carpet in BRs, nice n'hood, w/d hkup, small pets ok, on Community Cir. near St Augustine Rd. \$1025mo + \$1000dep 904-655-7402 Avail. Now

NORTHSIDE
 342 E. 46th St.
 Brick 2br/1ba, ch&a, washer/dryer hookup, fenced back yard, garage. Call 904-652-4366

OAKLEAF PLANTATION
 3 Bedroom, 2.5 Bath, 1,450 sq. ft. Beautiful, Huge Amenity Center including Large Lifeguarded Pool, Too Many Amenities to List, Within Walking Distance, Security Gated, Pleasant, Safe Community With A rated Schools. \$925/ mo. Melvin 904-982-7292 or Shawn 774-226-5577

ORANGE PARK- Homes near OP mall with family room, ch&a, lrg indoor laundry room, fenced yd, great neighborhood. Starting at \$850mo.+dep. 904-287-9760

WESTSIDE \$392.21/mo.
 For maintenance persons only. RENT TO OWN Duplex 3/1 avail. also contains 2/1, 3 quarters fenced 2222 W. 2nd St. Jax FL 32209. Call 904-786-3142; 379-8188

Manufactured Homes

Middleburg Blue Knoll Sub. Div.
 3br/2ba on 1 acre cul-de-sac lot, fenced bk yd, DW Mobile Home w/ 24'x26' family rm addition, ch&a, all appliances, wash/dry hkup, 1680sf large deck on back, great Middleburg schls. \$750mo +\$500 sec. dep. 803-261-2989 or 803-261-2638

Westside- very nice db/wide 3/2, CHA, total elec., LR, den, DR, eat in kitchen, laundry rm \$750 no pets 655-0457

Westside - \$99 FIRST MTHS RENT
 2 AND 3 BDRMS AVAIL w/ a/c Call 904-695-2255

Westside private 3 bedroom, 2 bath, central heat/air, No pets, W/D hkup, c/n single home \$600 904-655-0457

Roommates

ROOMMATE needed for my 3brdm house in Orange Park. \$500/mo., incl's room & both + shared living area. Dish network w/all the channels & wireless internet through out the house. Call 770-530-9358

Rooms to Rent

ARLINGTONW/side/N'side - Furn, ph, TV, w/d, \$100-130 wk 838-4587

MAYPORT Jax beach off Fl Blvd. Quiet single family with pool share kitchen. REF \$425/mo Jan 242-0411

Orange Park \$150/wk all utilities paid, no deposit, mcrwv, frig incld 264-1211

Storage/Mini-Lockers

Pan Am Mini Storage
 2383 Mayport Rd, Atlantic Beach, FL 32233, 241-2300, Free Month & Free Lock!

Business & Financial

Business Opportunities

Distributionships/ Franchises

Fictitious Names

Financial Services

Money to Lend/Borrow

Mortgages Bought/Sold

Business Opportunities

Commercial Cleaning Franchise, Vanguard Cleaning Systems, The leader since 1984. Equipment, Contracts, Growth, Low down payment. 904-302-8390

Education & Training

Private Instruction

Schools

Specialty Training/ Events

AC and Heating

AC/Heat pump repairs, sales, service
 Call today for 10% off Service.
 Call 755-7760 CAC1815374

Carpentry

DAVE'S Carpentry - Int/Ext Doors, Trim, Facia, Wood rot & Drywall repairs, painting. Refs- 904-755-6898

Child Care

Now Enrolling! Preschool & VPK, here your child will gain the Home away from Home exp., while learning. Because we believe in Fostering In Home Education, Meals & Snacks included. Plus! class room supplies. For more information contact Mosby Family (Home) Day Care at 904-406-9426. We are located near Middleburg High School 218 & 220 (32068). Lic# F04CL0147

Merchandise

AC, Heating, Fuel

Antiques

Appliances

Arts & Crafts

Auctions

Building Supplies

Business/Office Equipment

Clothes

Collectibles

Computer

Craft/Thrift Stores

Electronics

Estate Sales

Farm/Planting

Fruits/Vegetables

Furniture/Household

Garage Sales

Garden/Lawn

Hot Tubs/Spas

Jewelry/Watches

Kid's Stuff

Machinery & Tools

Medical

Miscellaneous Merchandise

Musical Merchandise

Photography

Portable Buildings

Public Sales

Sporting Goods

Tickets

Trailers

Wanted to Buy or Trade

Antiques

American Indian Items Wanted
 Old rugs, Pottery, Jewelry, Bead work, Paintings, etc. Pre-1960 FL 352-466-3013 or N.J.M. 505-228-5974

Appliances

Appliances, buy, sell, trade & repair
 W/Ds, Refrigs., stove, s85-up wrnty. Mon-Sat. 9-7. Delivery 904-695-1412

SAMSUNG Front Load Washer
 Paid \$605-May 2011 \$500000 too big for space. Exc. cond. 904-891-8460

WHIRLPOOL WASHER 11 cycles & DRYER 9 cycles-
 Super Capacity. 8y.o. \$200ea.. Call 317-2185

27" WHIRLPOOL WASHER DRYER-STACKED 72" High.
 8yrs old, only used 3yrs. \$400-Cash. 904-375-0652

Collectibles

WANT TO BUY - U.S. Military
 patches & medals, German & Japanese Souvenirs. Antique swords guns and knives. Call 477-6412

Estate Sales

B. Langston's Presents
Fleming Island Waterfront
 Antiques to Mid Century Scan Design furn t/o, books, jewelry, art, military, tools. Thurs/Fri/Sat 9am-4pm 1405 Manatee Cove Dr. langston.com

Estate Sale at 1021 King Street
 10 - 6 Tues. - Fri., 10 - 5 Sat. Riverside Market Antiques has acquired items from an estate in St. Marys GA. Dining tables, chairs, antique game table, butcher block, outdoor furniture, gun cabinet, armories, and many smalls. This sale is inside the store, and priced to go quickly.

DINING TBL w/6chrs \$600. Bk
 1hr brown suede cabinet & love seat \$75000. Lisa 912-548-9566

Ivy League full size bdrm set, dresser, mirror, hbrd, fibr, night stand, light hony oak, exc cond 904-206-0941 \$75000.

Twin Bed w/boxspring matress, ship's wheel hbd, exc cond., like new \$200. Stationary bike \$80. 904-553-3887

Thomasville Dining Suite- 66" oval
 table, 6 chairs, 4 dr. hbrd, fibr, server & sofa table. \$2000 firm. 904-783-3425

Garage Sale

INTRACOASTAL WEST
ATLANTIC & HODGES The Woods Community Yard Sale 100+ Homes, Books, tools, furn, clothing, toys, appl's, music, computers & crafts. Saturday, Oct. 6th, 8am-2pm

PONTE VEDRA - FLORENTINE COMMUNITY YARD SALE!
 Sat. 10/6, 8am-1pm rain date 11/3 OF US-1, 1.3 MILES SOUTH OF 210

PONTE VEDRA:
 St. Francis in-the-Field Episcopal Church annual JUMBLE/YARD SALE! Fri. Oct 5, 7-4 & Sat. Oct 6, 8-4 and Sun. Oct 7, 11:30am - 3:30pm Parish Hall, "Boca Sale" on Sunday from 1pm - 3:30 pm. 895 Palm Valley Road, next to Walden Chase and just East of US 1.

Medical

DIABETIC TEST STRIPS NEEDED
 \$! BUY sealed / unexpired boxes \$ Call Bob at (904) 712-9015

Transportation

Aviation
Boats
Sailboats
Boat Dockage & Rentals
Marine Equipment & Supplies
RV Rentals
RV's & Suppliers
Motorcycles & Mini Bikes
Auto Brokers
Auto Parts
Antiques/Classics
Automobiles
Trucks/Trailers/SUVs
Vans/Buses
\$2000 or Less
Commercial Vehicles
Misc. Auto
Autos/Trucks Wanted
Auto Rent/Lease

Boats

HUCKINS YACHT 53' 1959
Mechanically sound some cosmetic issues, twin Lehman diesels. Sleeps 6, fully equipped.
****PRICE REDUCED** 904-860-2904**

RVs and Supplies

5TH WHEEL CAMPER 3
Slides, DLX, All avail., EQ exc. cond. clean \$23,500. Custom Ford P.U. negot.
904-771-7295

Motorcycles/Mini Bikes

1994 HONDA VLX600 good tires, new paint, runs great, metallic blk, 1thr bags, \$1200. Mike, anytime 904-405-0766

Motorcycles/Mini Bikes

2006 Harley Davidson Softail Heritage Classic. 32k miles. Blue w/cust. flames. New cust. "Ultimate" seat. New front & back tires. New brokes. Brand new HD horn (LOUD!). Quick release windshield. Recent 30k mile service. All service performed at HD dealers. Garage kept. Cust. chrome eng. guard. Interchangeable quick release chrome backrest & 1thr tour pack, tool kit, cust. cover & helmets. \$12,000 firm. 904-545-9072

2007 Honda Shadow Spirit 1100 Mint cond., 2500 mileage. Recently tuned, side bags, helmet. 904-504-1577/215-9309 Price \$4,950.

Honda '83 GL 1100 Aspencade fully dressed/chrome/custom seat 67Kmi looks/runs gd. \$17500. 904-292-9412

Honda VTX 1300 R 2006 Excellent condition 3500 miles many extras. Asking \$6,500. 904-304-0113

Antiques / Classics

'67 CHEVELLE SS 396 big block 400 turbo trans, 2001 frame off restoration, \$29,500. 386-792-9306

CHRYSLER 300 2dr '65 2nd owner 77K orig miles unrestored beauty \$11,500. Call Don 904-635-5682

Automobiles

2005 Mustang GT Convertible, 42k mi's. Exc. cond., Legend Lime exter., Tan top & Tan Lthr inter., Auto trans., Pwr Windows/Locks & Pwr conv. roof, AM/FM/6 Disk Changer premium sound sys., Fog Lights, Traction Control System, Dual Front air bags & Side seat Airbags. Asking \$18,000 OBO. Shane 904-891-2644

2007 JAGUAR XK Sport Coupe 51k mi's, 4yr ext. warr., exc. cond. silver. 904-729-4247. \$35K.

2007 SATURN SKY, AT, P/W, A/C, 32K miles, \$13,500. 904-333-8245

HONDA CIVIC EX '97 4-Door Moonroof, 5-speed, A/C, ex cond. \$4200. CALL 904-992-8247

Automobiles

Hyundai Elantra 2012- low mileage, great shape, warranty, one owner. Hard times \$13,500. 904-347-9355

Trucks / Trailers / SUVs

Jeep Wrangler Sport 2001 -manual, A/C 28k mi., exc cond., green w/tan soft top Alpine radio. \$12,500. call 904-687-4442

Vans / Buses

CHEVY ASTRO VAN '00 8 passenger, great cond. \$2900 Call 904-307-6061

Chrysler Town Country 2010 ~WHEELCHAIR VAN~. 2010 Chrysler Town Country with LOW Miles, 10" lowered floor, wheelchair ramp and tie downs. For more info call Shawn 813-569-0729

Support your military newspaper. The best bargain in town.

For Classified Advertising, call 904-366-6300, or 1-800-258-4637.

THE MIRROR



WE BRING THE MILITARY TO YOU

Together, our communities of service members and their families, and your business, can spell SUCCESS.

Not only will your business benefit while the families are stationed here, many military families retire to the area, with NS Mayport being one of the most sought-after assignments in the U.S. Navy.

To advertise, or to find out more information, please call 904.359.4168.



WE BRING THE MILITARY TO YOU

Together, our communities of service members and their families, and your business, can spell SUCCESS.

Not only will your business benefit while the families are stationed here, many military families retire to the area, with the tri-base area being one of the most sought-after assignments in the U.S. Navy.

To advertise, or to find out more information, please call 904.359.4168.



TO LIST YOUR DEALERSHIP, PLEASE CALL 904-359-4193

 BUICK KEY BUICK-GMC 4660 Southside Blvd. 642-6060 NIMNIGHT BUICK-GMC 11503 Phillips Hwy 685-8820	 DODGE ATLANTIC DODGE www.atlanticjeep.com 2330 US1 South 354-4421 JACKSONVILLE CHRYSLER JEEP DODGE 9A & Baymeadows 493-0000 ORANGE PARK CHRYSLER JEEP DODGE 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com RICK KEFFER I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickeffer.com	 HYUNDAI KEY HYUNDAI 4660 Southside Blvd. 642-6060 JEEP ATLANTIC JEEP www.atlanticjeep.com 2330 US 1 South 354-4421 JACKSONVILLE CHRYSLER JEEP DODGE 9A & BAYMEADOWS. 493-0000 RICK KEFFER I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickeffer.com	 TOYOTA KEITH PIERSON TOYOTA 6501 Youngerman Circle. 771-9100 ERNIE PALMER TOYOTA 1310 Cassat Ave. 389-4561	PRE-OWNED VEHICLES DARCARS WESTSIDE PRE-OWNED SUPERSTORE 1672 Cassat Ave. 904-384-6561 www.westsidedodge.net O'STEEN VW CERTIFIED PRE-OWNED CENTER VISIT OSTEEENVW.COM TODAY! 904-322-5100 TOM BUSH VOLKSWAGEN VISIT TOMBUSHVW.COM 904-725-0911 VOLVO O'STEEN VOLVO www.osteenvolvo.com 396-5486
 CADILLAC CLAUDE NOLAN CADILLAC 4700 Southside Blvd. CHEVROLET NIMNIGHT CHEVY 1550 Cassat Ave. 904-647-4220 www.nimnichtchevy.com JERRY HAMM CHEV 3494 Phillips Hwy. 398-3036 www.jerryhamm.com RON ANDERSON CHEVROLET BUICK GMC 464054 State Rd. 200 Yulee, FL 32097 904-261-6821	 FORD PAUL CLARK FORD-MERCURY I-95 N. Exit 129 (Yulee) 225-3673 MIKE SHAD FORD At The Avenues 10720 Phillips Hwy. 904-292-3325 MIKE DAVIDSON FORD AT REGENCY 9650 Atlantic Blvd. 725-3060 MIKE SHAD FORD OF ORANGE PARK 7700 Blanding Blvd. 777-3673	 KIA KIA OF ORANGE PARK 6373 Blanding Blvd. 771-6078 LINCOLN NORTH FLORIDA LINCOLN 4620 Southside Blvd. 642-4100 MIKE SHAD FORD LINCOLN 7700 Blanding Blvd. 777-3673	 VOLKSWAGEN O'STEEN VOLKSWAGEN VISIT OSTEEENVW.COM TODAY! 904-322-5100 TOM BUSH VOLKSWAGEN VISIT TOMBUSHVW.COM 904-725-0911 VOLVO O'STEEN VOLVO www.osteenvolvo.com 396-5486 PRE-OWNED VEHICLES AUTO LINE A Family owned Business autolinepreowned.com 2126 Mayport Rd., Atlantic Beach 904-242-8000 AUTOS BEACH BLVD. AUTOMOTIVE Family Owned Since 1967 beachblvdautomotive.com 6833 Beach Blvd. 724-3511 DARCARS WESTSIDE PRE-OWNED SUPERSTORE 1672 Cassat Ave. 904-384-6561 www.westsidedodge.net	



hunter: another word for conservationist



Hunters do more to conserve habitat than any other group. And they have achieved great things for wildlife and wild places by supporting conservation organizations like Ducks Unlimited. Because of their support, Ducks Unlimited has conserved more than 12 million acres of habitat across the continent. Come share our vision of skies filled with waterfowl today, tomorrow, and forever.

To find out more go to www.ducks.org

