

# Have A Blast At Mayport



By Staff

Rainy day plans are in place, but Naval Station Mayport MWR is remaining optimistic that Tropical Storm Debby won't dampen spirits or fun at this year's Freedom Fest to celebrate America's Independence on Saturday (June 30) at Sea Otter Pavilion.



D. Vincent Williams will broadcast his NS Mayport performance on live feed from 10-11 p.m.

The pool is scheduled to open for free swim from 11 a.m.-8 p.m. with games and competitions like the Bell Flop contest and a Swim Relay, according to MWR Athletics and Fitness Director Jon Aimone.

On land, MWR is setting up inflatable games and rides, including a 300-foot zip line from 4-8 p.m. There will also be two wet slides and two dry slides, a surf machine, climbing wall and MWR's Spider Mountain. Clowns will entertain with face painting and balloon art. Free personalized customer leather IDs are available, as well as super hero photos of you or your child.

A DJ will be set up to keep the tunes jumping from 4-9 p.m. Country music artist Ryan Kinder will perform from 9-9:30 p.m. and usher in the pyrotechnics. The firework show is expected to light off at 9:30 p.m. Immediately following the fireworks, country music artist D. Vincent Williams will take the stage to perform and tape a live web broadcast. Everyone in attendance will be a part of this live taping. Food and drinks will be on sale throughout the day. Most items will benefit command family readiness groups, petty officer associations and MWR command funds, Aimone said.

In the case of inclement weather, Aimone said the festival will continue inside Beachside Community Center. The pool will close if there is thunder and lightning. For more information about the event, contact MWR at 270-5228.

Due to the holiday season, *The Mirror* will be closed on July 4 and will not publish a July 5 edition. Photos and stories should still be submitted through *The Mirror* email, mayportmirror@comcast.net, no later than July 6 to be included in the July 12 edition of the paper. Free Fleet Market classified ads can be submitted online at www.mayportmirror.com or by filling out the free form in the Classified section and submitting by July 6.

For more information, call 270-5226 ext. 1011.

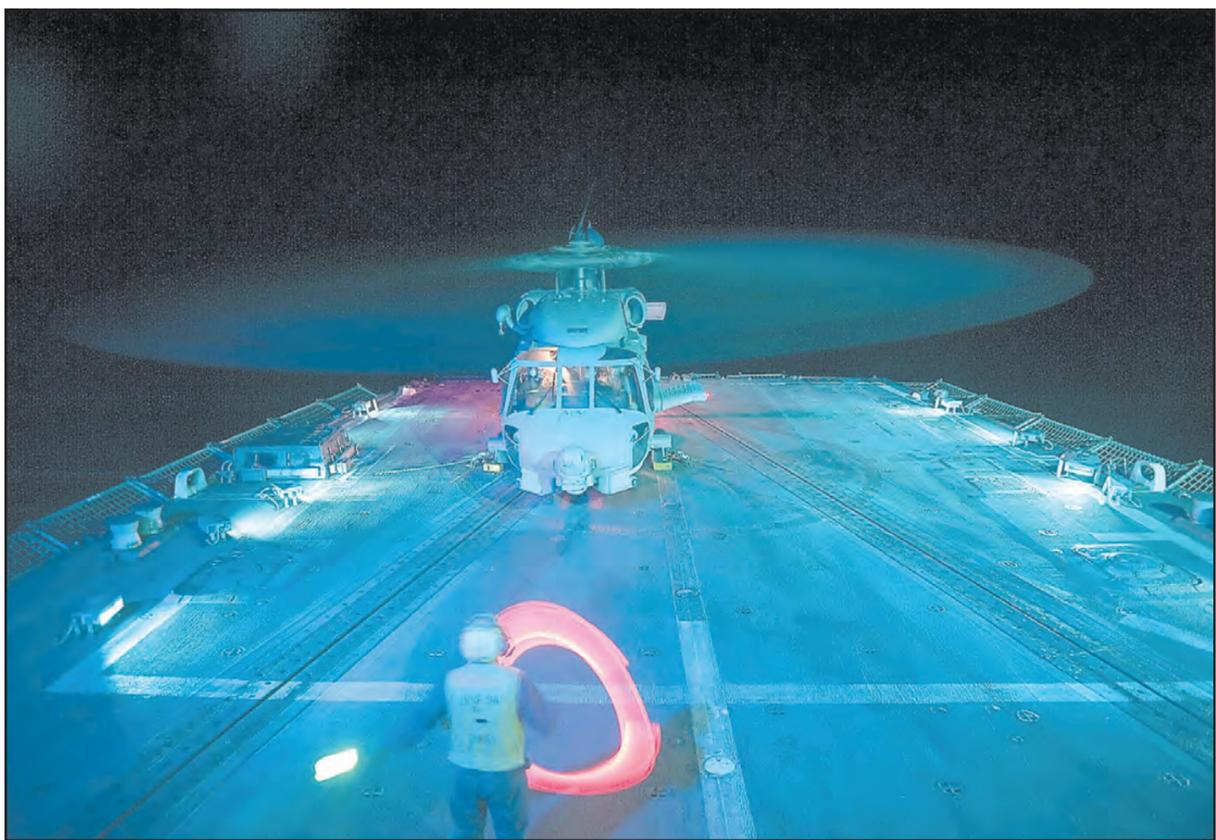
## No Paper For July 4

Due to the holiday season, *The Mirror* will be closed on July 4 and will not publish a July 5 edition.

Photos and stories should still be submitted through *The Mirror* email, mayportmirror@comcast.net, no later than July 6 to be included in the July 12 edition of the paper. Free Fleet Market classified ads can be submitted online at www.mayportmirror.com or by filling out the free form in the Classified section and submitting by July 6.

For more information, call 270-5226 ext. 1011.

## HSL-60 Night Ops With Enterprise CSG



-Photo by MC3 Jeff Atherton

A U.S. Navy Sailor directs an SH-60B Sea Hawk helicopter from HSL-46 Detachment Eight as it prepares to shut down after landing aboard guided-missile destroyer USS Nitze (DDG 94). The NS Mayport-based detachment is deployed with Nitze as part of Enterprise Carrier Strike Group to the U.S. 5th Fleet area of responsibility conducting maritime security operations, theater security cooperation efforts and support missions as part of Operation Enduring Freedom.

## COMUSNAVSO/C4F Holds Change Of Command

From U.S. Naval Forces Southern Command and U.S. 4<sup>th</sup> Fleet Public Affairs

U.S. Naval Forces Southern Command and U.S. 4th Fleet (COMUSNAVSO/C4F) hosted a change of command ceremony at Naval Station Mayport, Fla., June 22.

Rear Adm. Kurt Tidd, Commander, COMUSNAVSO/C4F, was relieved by Rear Adm. Sinclair Harris, the former director of Navy Irregular Warfare Office, during the ceremony.

The ceremony, presided over by Air Force Gen. Douglas Fraser, Commander, U.S. Southern Command (USSOUTHCOM), served to showcase the numerous accomplishments of the

command as a whole while paying tribute to the individuals who have maintained the organizations success for more than 60 years.

"Through his numerous engagements in the region, Admiral Tidd helped deepen and strengthen our partnerships with our naval forces in the region. Not only in Central America but also with our South American partners," Fraser said.

Tidd recalled the events of the last year since he'd taken command; referring to the staff and all the hard work they accomplished to complete the mission. "This has been an exciting, and a humbling experience commanding NAVSO/4<sup>th</sup>

Fleet for the past year," said Tidd. "The mission executed day in and day out by the men and women of the NAVSO/4<sup>th</sup> Fleet team is important; we are operating on the seas and in the littorals throughout the region every day, building and strengthening partnerships with nations who share a common heritage and a common sense of purpose with us."

During Tidd's tenure, the operations, deployments and exercises he commanded brought many successes in the efforts to Countering Transnational Organize Crime (CTOC). More importantly, Operation Martillo has made a significant impact in

illicit drug trafficking operations. All of which could not have been accomplished without the contributions of the NAVSO/4<sup>th</sup> Fleet staff.

"I would especially like to thank the men and women, active, reserve and civilians, of this terrific NAVSO/4<sup>th</sup> Fleet Team. They are true professionals, passionate about their work, and they do amazing things every day. Every day, around the clock they work closely with our regional partners to address our common security concerns across the maritime environment. They are making a difference in the lives and the shared livelihoods of our partners and our fel-

See COMUSNAVSO, Page 8



-Photo by Paige Gnann

Outgoing Commander, U.S. Naval Forces Southern Command and U.S. 4th Fleet (COMUSNAVSO/C4F), Rear Adm. Kurt Tidd, left, and Gen. Douglas Fraser, Commander, U.S. Southern Command, middle, applaud Rear Adm. Sinclair Harris, right, as he assumes command of COMUSNAVSO/C4F during a change of command ceremony at NS Mayport on June 22.

### Want To See More?

Go online to www.mayportmirror.com photo gallery to see all the pictures that didn't make this week's *The Mirror*.

Farragut Hosts Families Before Heading On Deployment

Pages 6-7

Check us out Online!



mayportmirror.com



Capt. Doug Cochrane

## CAPTAIN'S CORNER

I would really like to extend my personal thanks to Capt. Steve Shinego, Capt. Bob Hein and Cmdr. J.P. Dunn, and the crews of USS Philippine Sea, USS Gettysburg and the move crew from the World Famous Grandmasters of HSM-46 for their incredible hard work prepping their warships to serve as a key piece for Secretary Mabus' announcement. The ships looked like Warships, the crews looked like Warriors, and there is no better way to surround our Secretary of the Navy than with warriors and warships!

Executive Officer, Cmdr. Pat (hardest working man in show business) Pickard and myself bid a bittersweet fair winds and following seas to USS Farragut (DDG 99) and USS Hue City (CG 66) last Friday, as they join USS Eisenhower Carrier Strike Group for a nine-month deployment. It was awe inspiring to see the ships and crews at their peak of Readiness, ready able and willing to sail in harm's way, and our thoughts and prayers are with each one of our shipmates and the families that remain behind. Godspeed Shipmates - see you in March!

A warm welcome home to Lt. Alicia

Salerno from NAVSTA Admin and MA2 Ruben from Security and their IA tours in Afghanistan and Cuba. If you see these shipmates around "campus" please congratulate and thank them for their service and true grit. Welcome home.

Lots of extra folks will be out and about when U.S. Southern Command's (USSOUTHCOM) multinational exercise, PANAMAX 2012 begins Aug. 6-17, 2012.

PANAMAX 2012 is an annual USSOUTHCOM-sponsored exercise series that focuses on ensuring the defense of the Panama Canal. Forces from 17 nations will take part in simulated training scenarios here and in the waters around the canal and other locations.

The main focus of PANAMAX 2012 is to exercise a variety of responses to any request from the governments of Panama and Colombia to protect and guarantee safe passage of traffic through the Panama Canal, ensure its neutrality, and respect national sovereignty.

Hurricane season is here. Are you prepared? Talk with your families, dust off your evacuation plans and make sure your TWIMS information is updated. Recent rain and storms should serve as a wakeup call that things can and just might get worse this season. Think of

the little things too like having a supply of water on hand, fresh flashlight batteries and most importantly, an evacuation plan. Also, keep all vital papers you have in a "grab and go" box in case you do need to beat feet. Preparedness is key.

Suicide prevention needs our daily attention. I realize that our Sailors and their families face many pressures in their personal lives while in the service of our country, and we are committed to providing help on multiple levels. Please know that we have expertise in place to help, and all of the counseling at our Fleet and Family Support Center is free and confidential. The same goes for sexual assault. There is help available so please know that we are standing by to support.

Mark your calendars for June 30. Our MWR team is working up the annual base Freedom Fest at the base Sea Otter pavilion, and this year will be amazing. Live bands, food for purchase, inflatables for the kids, and fireworks starting at 9:30 p.m. Plan to come out and celebrate with us as we observe our nation's independence.

Thanks to each of you for bringing your hard work and professionalism each day through our gates. e safe, and keep sending those suggestions to the CO's suggestion box or email them at douglas.cochrane@navy.mil.

# Is Your Kid Being Bullied? Know The Signs



Judy Cromartie  
School Liaison Officer

Bullying is back in the spotlight! Just last week in the national media it was reported that middle school students bullied their bus monitor - a woman who could have easily been their mother or grandmother.

You probably remember some bullying that took place at some time during your school days. You may even have experienced some level of bullying or maybe a friend did. Bullying is an all-too-common human activity that has existed since the beginning of recorded history and is present in most cultures. It is enacted by both boys and girls. Research suggests that

## Knowing THE ROPES

somewhere between 30 percent and 60 percent of American schoolchildren report being bullied.

But as some parents today omit teaching their children how to appropriately relate to others, bullying comes to the forefront. This is especially true when groups of students are together. The bus incident described above is an example of that. One psychologist is quoted as saying, "It's all about big on little, many on few, smart on less smart, older on younger" or in this case younger on older.

At some point you may have been the smaller one, the younger one, or had your interests and feelings unfairly damaged by someone more powerful than you. And this power can take different forms.

Although girls are sometimes physically violent, it is boys who tend to be more physical.

Florida law defines bullying as "systematically and chronically inflicting physical hurt or psychological distress on one or more students and may involve teasing, social exclusion, threat, intimidation, stalking, physical violence, theft, sexual, religious, or racial harassment, public humiliation, or destruction of property."

Harassment is "any threatening, insulting, or dehumanizing gesture; use of data or computer software; or written, verbal or physical conduct directed against a student that places the student in reasonable fear of harm to his person or damage to his property; has the effect of substantially interfering with a student's educational performance, opportunities, or benefits; or has the effect of substantially disrupting the orderly operation of a school."

All parents of school-

age children should know the law. Florida Statute 1006.147, "The Jeffrey Johnston Stand Up for All Students Act," prohibits bullying and harassment of any student or employee of a Florida public K - 12 educational institution. This law requires that each school district in Florida adopt a policy prohibiting bullying and harassment of any student or employee of a public K - 12 school. Bus monitors, for example, cannot be bullied in Florida.

The Duval County School Board has adopted an anti-bullying policy to address bullying in the district. If your child tells you he has been bullied, the incident should be reported to the school principal or another trusted adult. This report can be done anonymously. An investigation will be conducted by the school principal or his/her designee. Consequences will be in accordance with the Student Code of Conduct. If necessary, individuals involved will be referred for appropriate services.

Now that you know the law, consider the following tips to deter and diminish bullying at your child's school:

- Communicate to the school's designated administrator your concerns about bullying, such as issues with supervision and monitoring of students.

- Help your children build a social safety network, and encourage them to travel via the buddy system.

- Visit Florida's statewide anti-bullying campaign website at [www.stopbullyingnow.hrsa.gov](http://www.stopbullyingnow.hrsa.gov) to find ideas to prevent bullying to share with your children.

What about your children? Are they being bullied? Possible warning signs include the following:

- has torn, damaged, or missing belongings,
- has unexplained cuts or bruises,
- frequently makes up excuses to avoid attending school,
- begins to do poorly in school,
- complains of head-

aches, stomachaches, loss of appetite, trouble sleeping, or bad dreams, and/or

- suffers from low self-esteem.

If you recognize these symptoms in your child, trying talking to him about what is happening at school. If your child will not share the problem with you, call your child's school counselor and ask if he/she will talk to your child about your concerns. Sometimes children will open up to a trusted adult before they will share with a parent. It is vital that you work with the teacher or school officials to find a solution.

Judy Cromartie is the School Liaison Officer for NS Mayport. If you have questions about this article or concerns about an educational issue impacting your child, she can be reached via email at [Judith.cromartie@navy.mil](mailto:Judith.cromartie@navy.mil) or by phone at (904) 270-6289 X1305 [office] or (904) 219-3894 [cell]. Or you can schedule a meeting with her in her office in Building One.

# MCPON: It's Summertime, Think Safety

By MCC(SW/AW)  
Sonya Ansarov

Office of the Master Chief Petty Officer of the Navy

Summertime means fun in the sun, vacations and a myriad of outdoor activities, and the Master Chief Petty Officer of the Navy (MCPON) wants Sailors and families to think safety first.

"Benjamin Franklin said, 'An ounce of prevention is worth a pound of cure,' and in the case of summertime, it's worth a pound of safety," said MCPON (SS/SW) Rick D. West. "Each year the Navy loses service members to senseless and avoidable mishaps, and the summer season brings the potential for increased risk."

According to the Naval Safety Center, summer deaths spiked in 2008 then decreased in 2009 and 2010, but unfortunately increased again last year. In 2011, between Memorial Day and Labor Day, 16 Sailors and 15 Marines lost their lives. One in an ATV wreck; three drowned; three during recreational activities; 11 in motor vehicles; and 13 on motorcycles.

"Losing even one Sailor or Marine is too many, especially when most of the incidents can be

avoided with the proper planning and training," said West.

Training is the priority when it comes to motorcycle safety. According to Naval Safety Center, motorcycle fatalities increased from six in 2010 to 13 in 2011, which is more than a 100 percent increase. Motorcycle training and safety starts with the command having a designated motorcycle safety representative (MSR).

"Closing the training gap on motorcycle safety needs to be top priority for our leaders," said West. "Personal motor vehicle accidents are the second highest cause of fatalities in our Navy, and motorcycles are the primary casual factor with sports bikes remaining at the top of the list. MSRs play an important role in mitigating this risk by mentoring and educating our Sailors, and more importantly, ensuring they are registered and complete all required motorcycle training."

The Naval Safety Center's summer campaign "Live to Play, Play to Live," also focuses on alcohol awareness, water and boat safety, sexu-

al assault, and suicide awareness, and summer sports activities.

"Fourth of July is just around the corner so start planning safety now," said West. "Whether you are on the highways, waterways or in the backyard, safety must come first. And if you drink, don't

drive and have a plan to get home."

When traveling long distances, remember to use TRIPS, the on-line, automated risk-assessment tool that helps users recognize and avoid the hazards they face on the highway: fatigue, not buckling up, and driving

too far. TRIPS is located at <https://wwwa.nko.navy.mil>.

"You and your families are important to the Navy," said West. "Use the tools the Navy provides and remember to think safety first."

Safety is one of the key areas of the 21st Century



**Command Chaplain**  
Lt. Cmdr.  
Jerome Cayangyang

**Roman Catholic Mass**  
Sunday 9 a.m.  
Monday-Thursday  
11:30 a.m.  
Confessions:  
before & after mass or upon request  
CCD, RCIA & Adult Ed:  
Sunday 10:30 a.m.  
Baptisms  
3<sup>rd</sup> Sunday of month 10:30 a.m.  
Catholic Youth Group  
2nd & 4th Sunday 11:30 a.m.-1 p.m.

**Protestant Worship**  
Sunday 10:30 a.m.  
Sunday school 9:15 a.m.  
Choir: Wednesday 7 p.m.  
Baptism: For information contact your chaplain  
Women's Bible Study  
Wednesday 10 a.m.  
Protestant Youth Group  
1st Friday Youth Quak Trip 6:30 p.m.  
3rd Friday at Chapel 7-10:30 p.m.  
PWOC  
2nd Saturday 9:30 a.m.  
PMOC  
3rd Saturday Prayer Breakfast 9 a.m.  
MOPS  
1st & 3rd Thursday, 9:30 a.m.

For more information or other worship opportunities and religious organizations in Jacksonville, call 270-5212.

**THE MIRROR**  
NS MAYPORT, FLORIDA  
Naval Station Mayport

Capt. Douglas F. Cochrane.....	Commanding Officer
Cmdr. Patrick Pickard.....	Executive Officer
BMCN Wayne Welch.....	Command Master Chief

**Naval Station Mayport Editorial Staff**

Bill Austin.....	Public Affairs Officer
MC1 William Townsend.....	Deputy Public Affairs Officer
FC2 Robert Leonard.....	Assistant Public Affairs Officer
Paige Gnann.....	Editor

**The Mirror** is distributed without charge throughout Mayport's Navy community, including the Naval Station, on- and off-base Navy housing areas, and ships, squadrons and staffs homeported at NS Mayport. Copies are also available at the Naval Station's Public Affairs Office, Building 1, and The Florida Times-Union, 1 Riverside Avenue, Jacksonville, FL 32202.

The deadline for all submissions is Thursday at 4 p.m., one week prior to publication. News and articles should be submitted to the Public Affairs Office, or mailed to:

**The Mirror**  
P.O. Box 280032  
Naval Station  
Mayport, FL 32228-0032  
Commercial: (904) 270-7817 Ext. 1012 DSN: 960-7817 Ext. 1012  
Commercial FAX (904) 270-5329 DSN FAX: 960-5329  
Email: [mayportmirror@comcast.net](mailto:mayportmirror@comcast.net)  
CO Actionline: 270-5589 or 1-800-270-6307

This DoD newspaper is an authorized publication for members of the Department of Defense. Contents of **The Mirror** are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Navy. Published by The Florida Times-Union, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Station Mayport, Fla. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, U.S. Navy or The Florida Times-Union, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. The editorial content of this publication is the responsibility of the Naval Station Mayport, Fla., Public Affairs Office.

Advertisements are solicited by the publisher. Inquiries regarding advertising should be directed to:

**THE MIRROR**  
NS MAYPORT, FLORIDA

**Ellen S. Rykert • Publisher**  
1 Riverside Avenue • Jacksonville, FL 32202  
(904) 359-4168

**Tom Castle • Advertising Sales Manager**  
(904) 359-4336 • FAX: (904) 366-6230

**Michelle Knaack • Territory Sales Representative • (904) 465-1550**

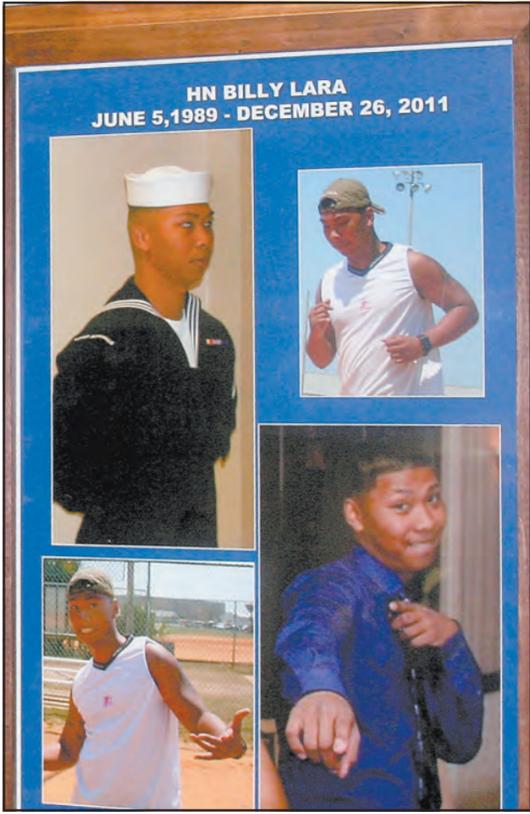
# Billy Lara Military Sick Call Dedication Marks Loss Of Inspirational Sailor

By Naval Hospital Jacksonville Public Affairs

At the dedication of the Billy Lara Military Sick Call on June 16, Senior Chief Hospital Corpsman Eddie Couillard, Branch Health Clinic (BHC) Mayport Senior Enlisted Leader, said: "Although given just a few months to live, Billy held on for a full year. In that year, he was an incredible inspiration to all who were fortunate to be around him. He never lost his attitude for fighting his condition and will always be remembered that way."

At only 22-years-old, Hospitalman Billy Lara's life was cut short because of a rare form of brain cancer. He died Dec. 26, 2011.

The dedication ceremony, attended by BHC Mayport staff, family members and friends of Hospitalman Billy Lara, included the renaming of the clinic's sick call and a



A plaque on display at Sick Call to remind patients and staff of their fallen shipmate, Hospitalman Billy Lara.



-Photo by HM3 Marcus Chapman Aurora Barrera (Pediatric Nurse, civilian) who saw Lara as her own son, left, and Capt. Alan Siewertsen, BHC Mayport's officer-in-charge, stand ready to reveal the newly named Billy Lara Military Sick Call at the clinic.

permanent plaque to capture Lara's inspirational contributions he made during his short time on earth as a corpsman and shipmate.

While BHC Mayport

was Lara's first and only assignment after his graduation from Hospital Corps School, his tena-

cious dedication and commitment to duty and friendship will remain alive forever.



Kristopher Corpus (left), Billy Lara's brother and Senior Chief Hospital Corpsman Eddie Couillard stand next to a permanent plaque recognizing Lara's inspirational contributions made before his life was cut short.

**Dog Houses, Shadow Boxes Made to order**

**Manuel Bello Woodworking**

bellovincent1927@Att.net

904-645-7767  
904-654-2665

www.JaxMilitaryShadowBoxes.com

**ATTENTION Active and Former Military**

**No Money Down**

**NO APPRAISAL REQUIRED TO REFINANCE!**  
by June 30th, 2012

**Make a Resolution to find Out if you're Eligible**

- \* Refinance your Existing VA Mortgage Today!
- \* No out of pocket costs

**HomeSource Lending**  
a ResMac Company

FACE-TO-FACE - FINDING SOLUTIONS TO YOUR MORTGAGE NEEDS

30 & 15 yr Fixed Conventional • FHA • VA • Renovation/Construction Lending

CALL \* GO ONLINE \* FACE-TO-FACE CONSULTATION

8825 Perimeter Park Blvd., #201, Jacksonville, FL 32216  
904-928-0113 www.hsending.com

**We Salute You!**

**MILITARY DISCOUNT**  
Every **TUESDAY**

**ALSO HONORED ON JULY 4th!**

**10% OFF**  
ENTIRE PURCHASE

MUST PRESENT VALID U.S. MILITARY I.D.  
INCLUDES DEPENDENTS OF MILITARY PERSONNEL  
NO EXCLUSIONS

**RACK ROOM SHOES®**

rackroomshoes.com

# Peruvian Frigate Visits NS Mayport

By U.S. Naval Forces Southern Command and U.S. 4<sup>th</sup> Fleet

Peruvian Navy frigate BAP Villaviscencio (FM 52) pulled into Naval Station Mayport, Fla., for a week-long training evolution on June 15.

Fourth year cadets from the Peruvian Naval Academy are on board putting to practice what they have learned from the school. During the training aboard the Peruvian frigate, the crew visited Colombia, Ecuador and Mexico. The frigate also visited Norfolk, Va., where the ship and crew participated in Operation Sail 2012, a collaboration of organizations, a fleet of tall ships, and navy and military war ships representing the world come together to promote goodwill among nations, inspire patriotism and foster interest in maritime history and heritage.

"The training ship Villaviscencio is an ambassador for my country," said Peruvian Navy Cmdr. Yuri Bezzubikoff, U.S. Naval Forces Southern



Crewmembers of Peruvian Navy frigate BAP Villaviscencio perform a traditional Peruvian dance during a reception held aboard the ship on June 19. The ship is visiting the Jacksonville area as part of a 3-month training deployment. During the port visit Romani will host a V.I.P. reception and the crew will visit local tourist attractions and special events.

Command and U.S. 4<sup>th</sup> Fleet Foreign Liaison Officer. "The port visit here to Naval Station Mayport is a testament of our strong professional relationship with 4<sup>th</sup> Fleet

and our shared commitment to maritime security and stability."

Commissioned in 1979, it was named after Peruvian Vice Adm. Manuel Villaviscencio who

fought in the War of the Pacific. It set sail May 6, and will return to its homeport in July.

While in port, the crew will tour the local area,

activities, and visit Disney World. They will also be hosted aboard USS De Wert (FFG 45) for a "Steel Beach Picnic" barbecue.

"Villaviscencio's port visit to Mayport is a

unique opportunity for the crew to experience U.S. Navy, and especially Jacksonville/First Coast Florida hospitality and culture first hand," said Rear Adm. Kurt Tidd, commander, U.S. Naval Forces Southern Command and U.S. 4<sup>th</sup> Fleet (COMUSNAVSO/C4F). "It is also a wonderful chance to make new and lasting friendships with an enduring partner Navy in our very own hemisphere."

COMUSNAVSO/C4F supports USSOUTHCOM joint and combined full-spectrum military operations by providing principally sea-based, forward presence to ensure freedom of maneuver in the maritime domain, to foster and sustain cooperative relationships with international partners and to fully exploit the sea as maneuver space in order to enhance regional security and promote peace, stability, and prosperity in the Caribbean, Central and South American regions.

-Photo by Paige Gnann

Command and U.S. 4<sup>th</sup> Fleet Foreign Liaison Officer. "The port visit here to Naval Station Mayport is a testament of our strong professional relationship with 4<sup>th</sup> Fleet

and our shared commitment to maritime security and stability."

Commissioned in 1979, it was named after Peruvian Vice Adm. Manuel Villaviscencio who

fought in the War of the Pacific. It set sail May 6, and will return to its homeport in July.

While in port, the crew will tour the local area,

activities, and visit Disney World. They will also be hosted aboard USS De Wert (FFG 45) for a "Steel Beach Picnic" barbecue.

"Villaviscencio's port visit to Mayport is a

unique opportunity for the crew to experience U.S. Navy, and especially Jacksonville/First Coast Florida hospitality and culture first hand," said Rear Adm. Kurt Tidd, commander, U.S. Naval Forces Southern Command and U.S. 4<sup>th</sup> Fleet (COMUSNAVSO/C4F). "It is also a wonderful chance to make new and lasting friendships with an enduring partner Navy in our very own hemisphere."

COMUSNAVSO/C4F supports USSOUTHCOM joint and combined full-spectrum military operations by providing principally sea-based, forward presence to ensure freedom of maneuver in the maritime domain, to foster and sustain cooperative relationships with international partners and to fully exploit the sea as maneuver space in order to enhance regional security and promote peace, stability, and prosperity in the Caribbean, Central and South American regions.



-Photo by Lt. Cmdr. Corey Barker  
Lt. Eric Guttman, Capt. Chuck Nygaard and Peruvian Navy Cmdr. Yuri Bezzubikoff from U.S. FOURTH Fleet welcome the Commanding Officer of the Peruvian training ship BAP Villaviscencio (FM 52), Capt. Juan Carlos Romani.



-Photo by MC2 Salt Cebe  
Navy Band Southeast performs as the Peruvian frigate BAP Villaviscencio (FM 52) arrives at Naval Station Mayport for a scheduled port visit. Villaviscencio and its crew are on an instructional voyage from Peru, training 85 Midshipman while improving foreign relations as liaison for the Peruvian navy.

**July 3** **RED, WHITE AND BLUE**

\* Visit the NEX in your uniform or wear **RED, WHITE and BLUE** and get 5% OFF your total purchase.\*

\* Kids (12 and under) will receive a **FREE** gift.\*

**FREE** Flag to the **FIRST 100** customers.

11AM - 3PM  
FREE personalized etching on purchased bottle of Gentleman Jack or Woodford Reserve.

\*5% OFF up to \$250. Excludes liquor, jewelry, alcohol, tobacco, gift cards, prepaid cards, gas, concessionaires, Western Union, previously purchased merchandise, special orders, and existing layaways. Free Gift: While supplies last.

U.S. Customs and Border Protection

WE ARE AMERICA'S FRONTLINE

## Continue Serving Our Country.

U.S. Customs and Border Protection (CBP) is hiring Customs and Border Protection Officers to work on the Southwest border for one of the Department of Homeland Security's largest agencies. CBP's priority mission is protecting our nation's borders by keeping terrorists and their weapons out of the United States.

- > Up to \$75K after three years
- > Paid job-related training
- > Full range of federal health, retirement & insurance benefits
- > Credit for military service
- > Veterans Preference
- > Veterans Educational Benefits Program (VEBP)

Join America's Frontline. Apply today.

www.CBPcareers.com/veterans

**Real People. Real Opportunities. CBP.**

U.S. Customs and Border Protection is an Equal Opportunity Employer.

## Support Your Advertisers! They Support You!

**Family Dentistry**  
EVELYN L. HERRERA, D.M.D., P.A.  
"A Navy family serving Military families since 1988"  
WELCOMING NEW PATIENTS!

Adults and Children

**TRICARE PARTICIPANT**

- Most Insurance accepted
- We accept Dental Insurance for Active Duty Dependents and Retired Military & Their Dependents
- In front of Mayport NEX Commissary

**(904) 249-1302**

Pan-Am Plaza Suite 17 • 2292 Mayport Rd. Jacksonville, Florida 32233  
Office Hours Tues. - Fri. 8:30 a.m. - 5:30 p.m.  
Sat 8:30 - 4:00 p.m.

1036179

# DoD Program Helps Feed Families

From American Forces Press Service

"Feds Feed Families," now in its fourth year, is underway through August, and the Defense Department encourages military and civilian employees to participate by donating nonperishable food.

The food drive accepts items for distribution to local food banks. In a memorandum, Deputy Secretary of Defense Ashton B. Carter said DoD will again expand its collection campaign to a nationwide level by donating to food banks across the country.

"The tremendous success of the 2011 food drive was a credit to the exemplary efforts of all of you and your staffs," Carter's memo reads. "Running a successful campaign requires a team effort, and leadership support is critical. 'Feds Feed

## NS Mayport Joins Food Drive

Fom Staff

Naval Station Mayport is joining the call to action by the Department of Defense to help stock food banks throughout the nation.

Donation boxes to benefit "2012 Feds Feed Families" food drive have been set up around the base through Aug 31. Federal employees, service members and anyone else who wishes to donate can drop off non-perishable goods in the boxes. Mayport Chapel is sponsoring the local drive and can be contacted at 270-5212.

Donation box locations include Chapel and the Mayport Commissary on Mayport Road.

There are also boxes located at the On base Navy Exchange, Mayport Bowl, Mayport Bachelor Housing, Branch Health Clinic (BHC) Mayport and the USO on Mayport Road.

Families' allows us to showcase how caring and giving our people are, and demonstrates our commitment as a department to helping those in need."

Defense officials called last year's food drive overwhelmingly successful. Food donations across the federal government totaled 5.7 million pounds - nearly three times the goal of 2 million pounds. DOD alone exceeded its goal of 733,800 pounds, officials said.

DOD this year is striving for 1.5 million pounds of food donations for nationwide distribution, more than twice last year's goal. It represents an average of 2 pounds of food per civilian employee.

The goals for the service branches are: Army, 562,000 pounds; Navy, 396,000 pounds; Air Force, 348,000 pounds;

and Office of the Secretary of Defense and Office of the Chairman of the Joint Chiefs of Staff agencies and activities, 194,000 pounds.

In his memo, the deputy secretary encourages support with the following tasks;

Military services, Defense agencies and field activities are tasked with arranging logistical support for June 26-27, July 24-25, and Aug. 28-29.

A "component champion" will be appointed to represent each component to coordinate with organization representatives, and "lead the call" for donations.

Employees are asked to encourage others to donate nonperishable food. Contact Aimee Scanlon at fedsfeedfamilies@cpms.osd.mil or 703-696-4741 for more information.

# DoD Needs More People With More Languages

By Natela Cutter

Defense Language Institute Foreign Language Center

Few people can claim they have been portrayed in a major Hollywood movie as a result of their actions during their government careers. Even fewer can say they contributed to the success of two major covert operations in U.S. history

Michael G. Vickers, a two-time Defense Language Institute Foreign Language Center graduate and the current Undersecretary of Defense for Intelligence, can take the credit for both, though he is reluctant to admit it.

In the 2007 movie "Charlie Wilson's War," Vickers was depicted as a young paramilitary operations officer who

contributed with "brains and brawn" in the mid-1980s to the withdrawal of Russian troops from Afghanistan. In more recent history, Vickers has been recognized as a man who was instrumental in the planning, finding, and killing of the world's most-wanted terrorist, Osama Bin Laden.

But Vickers says it was technology and a combination of human intelligence that really contributed to finding bin Laden.

"Human intelligence, signals intelligence and geo-spatial intelligence all played very important roles. A major part of the challenge of that operation was locating him in the first place, and that was a long time coming -- a very patient intelligence

operation," he explained.

On whether knowledge of language contributed to the success of the operation, Vickers said, "I can't go into more detail -- but, in each of those disciplines, the ability to have officers or translators who were fluent or very professionally competent in a language made all the difference."

A firm believer that foreign language knowledge "is critical for our national security," Vickers, who graduated from the DLIFLC Czech course in 1977 and the Spanish course in 1979, has a good understanding of how vital this language skills are for the success of military operations in the field. He spent three years in Panama in a

Special Operations unit in the 1980s, during a time when insurgency and terrorism were at an all-time high in Central and South America.

"I taught classes to Latin American officers in Spanish and I worked with them on operations, so, it [language] not only helped me to communicate, but it also gave me a real insight into how they think and approach problems," he explained.

He told a congressional hearing in May the United States could benefit by having more Defense Department personnel proficient in foreign languages. "It's an area [foreign language proficiency], frankly, we still need to improve -- both as an intelligence

community and in the Special Operations field. It's very hard to maintain high levels of proficiency in languages if you're not using it all the time," said Vickers, drawing from his own experience as a linguist in Spanish and Czech.

Offering incentives to those willing to maintain high language proficiency may be the answer, Vickers said.

"For example, Secretary of Defense [Leon E.] Panetta, when he was director at the CIA, mandated professional fluency in a foreign language to get promoted. And, it certainly had an impact on the number of people working harder at it," Vickers said, adding that the key to maintaining a

pool of highly proficient linguists depends on the requirements put in place.

"You just have to insist on the standards or it will never happen," he said.

Vickers reiterated that foreign language instruction and training is vital to national security.

"There is an inherent federal government responsibility, as we learned early in the Cold War with national security education ... Government investment in that is very important," he said.

"A second point I would make is that early language education is critical," to providing candidates for a pool of seasoned U.S. government linguists.

# THINKING OF A CAREER AS A TRUCK DRIVER?

## Think Twice and Check the Price!

National Training, Inc.,  
Truck Driving School \$4,995

FLORIDA COAST CAREER TECH \$2,500  
Cost to complete based on in-state tuition

Adjust the mirrors and take hold of the wheel, an exciting new career is right around the corner. In just eight short weeks, you could be in the cab of a powerful big rig, traveling through our beautiful country and getting well paid for it. With our comprehensive Truck Driving training, you'll learn more than how to pass the Commercial Driver's License (CDL) test. You'll learn safety procedures, truck maintenance, state and federal regulations, and driving basics in our state-of-the-art truck simulator. Couple that with at least 800 miles of actual driving experience in various road and weather conditions, you'll be ready for any situation and prepared for immediate employment as a professional driver.

And, because we're a division of Florida State College at Jacksonville, you'll pay thousands less than at those high-priced schools. Whether you're thinking of changing careers or just starting out, the power to change your future is in your hands. **Start today!**

Visit [floridacoastcareertech.org/truckdriving](http://floridacoastcareertech.org/truckdriving) or contact us at (904) 353-WORK (9675).

FLORIDA COAST CAREER TECH  
A DIVISION OF FLORIDA STATE COLLEGE AT JACKSONVILLE

Total costs, taken on 06/08/12, can be found on the following websites:  
[www.truckschool.com/courses/cdl-preparation/](http://www.truckschool.com/courses/cdl-preparation/) • [www.fscj.edu/district/gainful-employment/](http://www.fscj.edu/district/gainful-employment/)

Florida State College at Jacksonville is a member of the Florida College System. Florida State College at Jacksonville is not affiliated with any other public or private university or college in Florida or elsewhere.

The College is guided by the principle that no person who chooses to learn or work at Florida State College at Jacksonville shall be treated differently because of age, race, color, religious beliefs, national origin, sex, marital status or disability.



A Better Career Is In Your Hands.

# Farragut Takes Families On Day Cruise

By Paige Gnann

The Mirror editor

Friends and families of USS Farragut (DDG 99) got the opportunity to experience a day in the life of their Sailor while underway with the ship during a Friends and Family Day Cruise on June 15.

The day of fun was scheduled to help ease the crew's departure five days later with the Eisenhower Carrier Strike Group on an extended deployment to support operations in the U.S. Navy's 5th and 6th Fleet areas of operation.

The ship sailed approximately 40 miles off the coast of Mayport to give guests a glimpse into what it takes to operate an Arleigh Burke Class Guided Missile Destroyer.

The day was filled with activities such as a tour of the main areas of the ship, including the bridge. There was a Damage Control exhibit and demonstration, and a chance for everyone to relax during a lunch on the mess decks. An SH-60B helicopter from HSL-48 also put on a demonstration for the guests.

"This is awesome," said Diane Taylor, girlfriend of Electronics Technician 3rd Class Michael Ferrer. "It's cool to see how they live and to know how he works. They are not just sitting here watching movies. They work hard."

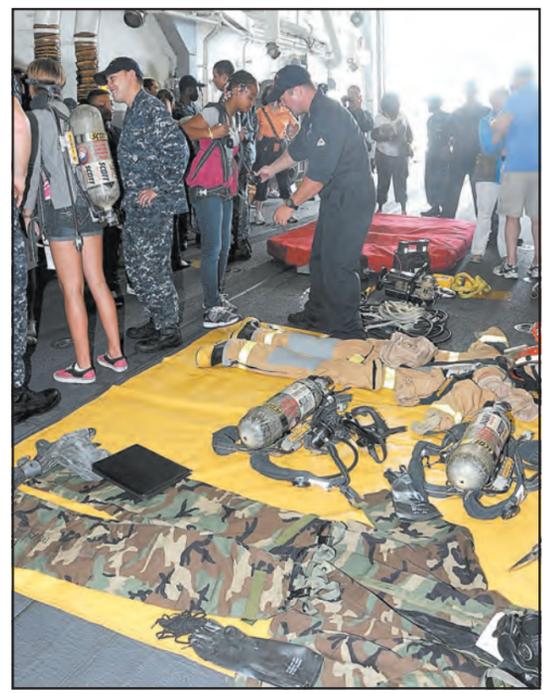


-Photos by Paige Gnann

Sailors aboard the Arleigh Burke Class Guided Missile Destroyer USS Farragut (DDG 99) fire the MK38 25-mil gun during a firing demonstration conducted as part of the ship's Friends and Family Day Cruise on June 15. The ship deployed on June 20 with the Eisenhower Carrier Strike Group to support operations in the U.S. Navy's 5th and 6th Fleet areas of operation.



Phil and Lynn Hardesty take photos with the ship's namesake Adm. David Glasgow Farragut portrayed by Ensign Mike Pellittiere. Farragut roamed the ship to welcome friends and families on board for the day cruise.



Sejada Williams, 12, tries on Damage Control equipment during one of the activities planned for guests on board USS Farragut for its Friends and Family Day Cruise.



Lillian Moliani shoots an apple out of a high powered hose with Damage Controlman 2nd Class (SW) David Ricketts during one of the Damage Control demonstrations.



Friends and families of USS Farragut enjoy the opportunity to be with their Sailors while deployed for the day on board the ship.



Joe Miller tries on an oxygen mask with help from Damage Controlman 1st Class (SW) Zach Leinart during a DC demonstration.



Logistics Specialist Taunya Demouchette points out a passing foreign ship to her husband, Aviation Electrician's Mate 1st Class Jonathan Demouchette as the ship begins to leave the Mayport basin.

Parents Fire Controlman 1st Class Robert Additon, wife Vivian and 14-month-old sister Elyse watch as Lt. Tom Bingol of Surface Force Ministry Center baptizes two-month-old Kimberly in USS Farragut's bell while grandmother Sonja Additon holds the baby. Both children were baptised in the ship's bell and will have their names engraved in it to signify the baptism.



Friends and families of USS Farragut line the rails as the ship waits to leave the basin for a day cruise aboard USS Farragut. The ship deployed on June 20 with HSL-48 Detachment Seven as a part of the Eisenhower Carrier Strike Group.



Lt.j.g. Andy Phelan and Lt.j.g. Kevin Mutai enjoy an easy moment with guest Michelle Camaione during the ship's return to Mayport.



Families enjoy lunch on the mess decks with their Sailors.



A SH-60B Seahawk helicopter from HSL-48 performs flight demonstrations for the families of USS Farragut during its Friends and Family Day Cruise.



Gunner's Mate 1st Class (SW) Jeffery Drake and Yeoman 1st Class (SW) Ricky Burke talk with their wives, Shelley Burkey and Christy Drake as the ship transit the basin.

**Frocked**  
 SH2 Todd Montgomery Adams, USS Farragut  
 IT2 Cody James Anderson, USS Farragut  
 STG2 Katie Elizabeth Badgett, USS Farragut  
 HT2 Ross Lochlainn Bailey, USS Farragut  
 STG1 Brent Bowden, USS Farragut  
 IT1 Andrew William Bunton IV, USS Farragut  
 YN1 Ricky Carl Burke, USS Farragut  
 DC2 Marcela Rosibel Bustamante, USS Farragut  
 GSM3 Raul A Canales, USS Farragut  
 LS3 Qi Chen, USS Farragut  
 GM2 Ronald Tylor Clark, USS Farragut  
 GSE3 Michael John Copelandclarke, USS Farragut  
 FC2 Jamie A Cutrer, USS Farragut  
 FC2 Christopher Tyler Darnell, USS Farragut  
 FC2 Reid Francisa

## MAYPORT MILESTONES

Desermia, USS Farragut  
 STG3 David Dinh Do, USS Farragut  
 CS1 Avery Terrel Foreman, USS Farragut  
 FC2 Robert Henry Greathouse, USS Farragut  
 LS3 Joshua Richard Grubbs, USS Farragut  
 OS3 Randall Paul Harmon II, USS Farragut  
 LS3 Brandon Donald Highwood, USS Farragut  
 GM3 Stephen Robert Howard, USS Farragut  
 EM3 Joseph Michael Knieriemen, USS Farragut  
 STG1 Keith Jackson Lovett, USS Farragut  
 YN2 Holly Denise Lyons, USS Farragut  
 ET2 Luis Manuel Maldonado Jr, USS Farragut  
 GSE1 Rolando

Marquez, USS Farragut  
 OS2 Christopher Michael McAvoy, USS Farragut  
 CS2 Andrey Nicole McGhee, USS Farragut  
 G S M 3 Shawn Emmanuel Millan, USS Farragut  
 DC3 Tyler Dennis O'Donnell, USS Farragut  
 CTR2 Andrew Ryan Page, USS Farragut  
 EM2 Benjamin Dana Perkins, USS Farragut  
 FC1 Dustin Lynn Perrin, USS Farragut  
 OS3 Brandon Eugene Reed, USS Farragut  
 BM 3 Mathew Emmanuel Robinson, USS Farragut  
 YN3 Sergio Armando Romeuvazquez, USS Farragut



Members of USS Farragut's crew are frocked in front of friends and family during the ship's day cruise.

OS2 Bryant Ray Russo, USS Farragut  
 CTR2 Justin Stephen Sage, USS Farragut  
 BM2 Travis James Silver, USS Farragut  
 OS2 Justin Lawrence Sintal, USS Farragut

GM3 Jeffery Dale Smith, USS Farragut  
 STR3 Sonny Smith, USS Farragut  
 PS2 Zinzi Alexandra Spencer, USS Farragut  
 FC2 Robert Gerhard Steers, USS Farragut

BM1 Cedric Robert Taylor, USS Farragut  
 IT2 Phillip Michael Thompson, USS Farragut  
 GSM3 Joseph Bradley Watson, USS Farragut  
 STG2 Cameron Lee Webster, USS Farragut

# Navy, Coast Guard Seize \$13 Mil Of Cocaine

By U.S. Naval Forces Southern Command and U.S. 4th Fleet Public Affairs

A U.S. Navy frigate, USS Elrod (FFG 55) and embarked U. S. Coast Guard Law Enforcement Detachment (LEDET), interdicted a suspected smuggling vessel, recovered more than 1,000 pounds of cocaine, worth about \$13 million, and detained four suspected smugglers in international waters, June 10, during Operation Martillo.

A U.S. Navy maritime P-3 Orion patrol aircraft spotted the "go-fast" vessel and the Elrod moved to intercept. The Norfolk, Va.-based frigate launched a helicopter and rigid-hull inflatable

boat (RHIB) with a Coast Guard boarding team to intercept the suspect boat.

"The level of dedication and seamless teamwork between the crew of Elrod, the embarked U.S. Coast Guard law enforcement team and our HSL 60 helicopter detachment are all directly responsible for making this interdiction a success," said Cmdr. Jack Killman, commanding Officer, USS Elrod (FFG 55).

Overall coordination of counter-drug patrols and surveillance in the Caribbean Sea is managed by Joint Interagency Task Force-South (JIATF-S) headquartered in Key West, Fla. U.S. mar-

itime law enforcement and interdiction operations in the Caribbean are under the tactical control of the Seventh Coast Guard District.

"Operation Martillo is one component in the USG's whole-of-government approach to combating the spread of TOC in Central America and the use of the Central American littorals to transshipment routes for illicit drugs, weapons, and cash," said Rear Adm. Kurt Tidd, Commander, U.S. Naval Forces Southern Command/U.S. Fourth Fleet (COMUSNAVSO/C4F).

More than 80 percent of cocaine docu-

mented making its initial movement out of South America into Central America and moving toward North American markets moves via non-commercial maritime conveyances along littoral routes.

LEDETs are an armed deployable specialized force under the U.S. Coast Guard's Deployable Operations Group. They were created to support narcotics interdiction operations aboard U.S. Navy and allied warships and are capable of supporting Department of Defense national defense operations. LEDETs provide specialized law enforcement capabil-

ity and maritime security capabilities to enforce U.S. laws across a full spectrum of maritime response situations, maritime security augmentation and maritime interdiction anti-piracy operations.

"Teamwork is critical to a LEDET's operational successes," said Cmdr. Robert Landolfi, Tactical Law Enforcement Team South's commanding officer. "The Coast Guard and Navy partnership ensures a highly capable presence in the operational theater for sustained periods."

Operation Martillo (Spanish for 'hammer') is a U.S., European, and Western Hemisphere

partner nation effort targeting illicit trafficking routes in coastal waters along the Central American isthmus. U.S. military participation is being led by Joint Interagency Task Force-South, a component of U.S. Southern Command (USSOUTHCOM). Operation Martillo is a component of the U.S. government's coordinated interagency regional security strategy in support of the White House strategy to combat transnational organized crime and the U.S. Central America Regional Security Initiative.

## HSL-42 Det 7 Begins Final Deployment With SH-60B Seahawk

By MC2(SW/AW) William Jamieson

USS Jason Dunham Public Affairs

Helicopter Anti-submarine Squadron Light (HSL) 42 Detachment 7 "Proud Warriors," begin its last deployment while embarked aboard guided-missile destroyer USS Jason Dunham (DDG 109), June 22.

During the spring of 2013, the HSL-42 Proud Warriors will transition from the SH-60B helicopter to the new MH-60R Sea Hawk helicopter and in the process become Helicopter Maritime Strike Squadron (HSM) 72.

"The SH-60B has been a workhorse for many years and this will be a bittersweet time for us in many ways," said Lt. Cmdr. Matthew Chester, officer in charge of HSL-42 Det. 7. "However, we are ready for our mission. We intend to accomplish that mission and establish the warrior legacy as we sundown the SH-60B with honor and pride."

Dunham and the Proud Warriors, deployed as part of Carrier Strike Group 8, will operate in support of 5th and 6th fleet maritime security objectives. The MH-60R combines the best features of the SH-60B and SH-60F into one multi-mission platform. The improvements include an updated cockpit, digital monitors for flight instrumentation and the addition of mission avionics.

While this transition will facilitate many advantages for the pilots and crews, Chester said that it will be hard to say good-bye. Even with the upgrades ahead for the squadron, HSL 42 Det. 7 pilots said their current SH-60Bs still have a lot of fight left in them.

"Our maintenance team does an outstanding job of keeping our aircraft fully mission capable and ready to participate in all operations," said HSL-42 pilot Lt.j.g. Joal Fischer.

As for their part, many members of the Proud Warrior crew said they feel a tremendous pride in being the last crew to maintain the SH-60Bs for their squadron.

"I think it's cool to know we are playing a role in a little bit of history," said Aviation Machinist's Mate 3rd Class Torre Reese. "After this deployment we won't be named HSL-42 anymore, so we want to send it out on a high note."

Jason Dunham and HSL-42 Det. 7 are deployed along with other CSG 8 ships and aircraft to include USS Dwight D. Eisenhower (CVN 69), guided-missile cruiser USS Hue City (CG 66), guided-missile destroyers USS Farragut (DDG 99), USS Winston S. Churchill (DDG 81), the seven squadrons of Carrier Air Wing 7, and Destroyer Squadron 28.

## COMUSNAVSO

From Page 1

low American; especially in the support we provide conducting Counter Transnational Organized Crime operations and Operation Martillo."

Tidd's next assignment is as the Director for Operations at the Joint Staff in Washington DC.

"Admiral Tidd, we salute you. For your leadership, your dedicated service and the service and sacrifices of your family as you move back to the Pentagon. Admiral Harris, you are taking over a superb organization and I look forward watching you take it to further places," Fraser said.

"I am very honored to join the U.S. Naval Forces Southern Command team that has been so skillfully led by Admiral Kurt Tidd and the Fourth Fleet staff to ensure the security, increase the stability and further the partnerships in the SOUTHCOM region," said Harris.

COMUSNAVSO / C4F address supports USSOUTHCOM joint and combined full-spectrum military operations by providing principally sea-based, forward presence to ensure freedom of maneuver in the maritime domain, to foster and sustain cooperative

relationships with international partners and to fully exploit the sea as maneuver space in order to enhance regional security and promote peace, stability, and prosperity in the Caribbean, Central and South American regions.



**Latianna's**  
CONSIGNMENTS

UNIQUE UPSCALE RESALE SHOP  
New & Pre-owned:  
Designer/Brand Name Clothing & Jewelry,  
Upscale Affordable Home Decor,  
Furniture & Antiques

11645 Beach Blvd., Ste 103, Jacksonville, FL  
Beach & 9A, Next to Dunkin Doughnuts  
10:00-6:00 Tues-Sat

**904-524-8861**

Now Accepting Spring & Summer Upscale Women's Clothing  
Home Decor, Furn. & Antiq's Accepted Year Round

## Checking Off DC List



-Photo by MC3 Jeff Atherton

U.S. Navy Sailors examine an SH-60B Sea Hawk helicopter from HSL-48 Detachment Eight during a damage control exercise aboard guided-missile destroyer USS Nitze (DDG 94). Nitze is deployed as part of Enterprise Carrier Strike Group to the U.S. 5th Fleet area of responsibility conducting maritime security operations, theater security cooperation efforts and support missions as part of Operation Enduring Freedom.

**Support Your Advertisers!  
They Support You!**

You receive it on Graduation Day. But it's never handed to you. Because when it's a degree from Columbia College, it's a degree that demands effort and rewards hard work. That's a notion our students at 18 campuses on military bases truly understand.

**Columbia College** established 1851

Offering Associate, Bachelor's and Master's Degrees. Online. On campus. Or both.

GoForGreater.org

(904) 778-9769  
110 Yorktown Ave.

(904) 338-9150  
7077 Bonneval Rd.

**THE BUSINESS SHOP MAIL STOP**

inside **Loads of Fun Laundromat**

Military Members Receive 10% Off Our Services

Bill Pay Station	Self Service Coin Laundry
Copy-Fax-Scan Services	Alteration Services
Mailing Services	Dry Cleaning Drop Station
Notary Public Services	Wash-Dry-Fold Services

Uhaul Reservation & Rental Services Also Available!

**904-372-9160** 2292 Mayport Rd., Ste #25  
www.TheBusinessShop.webs.com Near Dollar General/Pan Am Plaza

• Fresh Food Served Daily • Not your typical sports bar • MILITARY WELCOMED

**JERRY'S Sports Grille**

Family Owned

**4TH OF JULY "LIVE" WEEKEND MUSIC**  
Fri., July 6th "LUCKY STIFF"  
Sat, July 7th "BLACK CAT BAND"

**JUNE 29TH & 30 "BOOGIE FREAKS" EVERY THURSDAY "LIVE MUSIC"**  
\$5 Margarita Pitchers • \$3 Corona's

**SPECIAL 4TH OF JULY BREAKFAST**  
9AM-1PM  
**\$10 Bottomless BLOODY MARY'S & MIMOSA'S**

Check daily specials at: [www.jerrysportsgrille.com](http://www.jerrysportsgrille.com)  
13170 Atlantic Blvd., Jacksonville 32225 **904-220-6766**

# Eisenhower CSG Deploys 6,000 Sailors

From Navy Public Affairs Support Element, Norfolk

The Eisenhower Carrier Strike Group (IKE CSG) and its nearly 6,000 Sailors departed Naval Station Norfolk and Naval Station Mayport, Fla., June 20, to support operations in the U.S. Navy's 5th and 6th Fleet areas of operation.

The aircraft carrier USS Dwight D. Eisenhower (CVN 69), commanded by Capt. Marcus A. Hitchcock, and guided missile destroyers USS Winston S. Churchill (DDG 81) and USS Jason

Dunham (DDG 109) deployed from Naval Station Norfolk. Guided-missile cruiser USS Hue City (CG 66) and guided-missile destroyer USS Farragut (DDG 99) deployed from Naval Station Mayport.

Hitchcock said the ship and its crew are in great spirits.

"Even though she is 35 years old, she is at the peak of her game with all the most current technology and the best gear," said Hitchcock. "The ship and crew have been out for five months of the past

year and they are really excited and ready to go do our job."

Commanded by Rear Adm. Michael Manazir, IKE CSG is comprised of Carrier Strike Group (CSG) 8, embarked Carrier Air Wing (CVW) 7, embarked Destroyer Squadron (DESRON) 28, Winston S. Churchill, Jason Dunham, Hue City and Farragut.

Manazir said that the striking power of the aircraft carrier is usually the main focus.

"We see the airplanes coming off and on the

front end, but the DDG 51 Arleigh Burke class of destroyers is so flexible that we can send them in to do any mission," said Manazir. "The full power of the strike group is only demonstrated when we are surrounded by our DDG 51 class destroyers and our Ticonderoga rover class cruisers like Hue City."

The aircraft squadrons of CVW-7 embarked aboard IKE Strike Fighter Squadrons (VFA) 143 "Pukin Dogs", VFA-131 "Wildcats", VFA-83 "Rampagers," and

VFA-103 "Jolly Rogers", Tactical Electronics Warfare Squadron 140 "Patriots", Carrier Airborne Early Warning Squadron 121 "Bluetails", Fleet Logistics Support Squadron 40 "Rawhides" and Helicopter Anti-Submarine Squadron 5 "Nightdippers."

Working with allied and partner maritime forces, the IKE CSG deployment will focus heavily on maritime security operations and theater security cooperation efforts. "These operations are designed to set regional stability

and economic prosperity in those regions," said Manazir.

IKE CSG has successfully completed a series of complex training events and certifications over the last several months to ensure they operate effectively and safely together.

"Our flexibility and power comes from the training of our Sailors," said Manazir. "We've been training since October of last year in complex operations, certifications and training exercises to make sure we are ready for deployment."



-Photo by Michael Leger

Sailors man the rails as the guided-missile destroyer USS Farragut (DDG 99) departs Naval Station Mayport to join the USS Eisenhower Carrier Strike Group (CSG) for deployment. The IKE CSG deployment will focus heavily on maritime security operations and theater security cooperation efforts.



-Photo by MC2 Sunday Williams

Boatswain's Mate 2nd Class (SW) Scott Tatum embraces his wife Sarah before embarking the guided-missile cruiser USS Hue City (CG 66) for a 7 month deployment with the Eisenhower Carrier Strike Group (IKE CSG). IKE CSG will provide support in the 5th and 6th Fleet areas of operations.

**DUCKS UNLIMITED**  **JOIN TODAY!**  
ducks.org or 800-45-DUCKS

You are helping turn research into reality.  
Call 800.533.CURE or visit [www.jdrf.org](http://www.jdrf.org) **JDRF**  
A CFC participant. Provided as a public service.

## Three Officers Club

**Catch All Your UFC Fights HERE!**

EVERDAY TIL 7PM  
**\$2.50 DOMESTIC BEER**  
**\$2 DRAFTS**

EVERY NIGHT  
**\$12 BUCKETS OF BEER**

**HAPPY HOUR DRINKS FROM 4-7**

**FREE ADMISSION SUNDAY/MONDAY AND DRINK SPECIALS TOO**

**FREE POOL SUNDAYS!**

**\*Please Drink Responsibly**

**OPEN SATURDAY 2PM & SUNDAY 5PM**

**HOURS OF OPERATION** 657 Wonderwood Drive  
Monday - Saturday: 11am-2am Atlantic Beach, FL 32233  
Sunday: 2pm-2am **Phone: (904) 247-4322**



**WEDNESDAY GOLD CLUB 12OZ. PRIME RIB \$10<sup>95</sup>**

**FRIDAY GOLD CLUB FREE GOURMET & HAPPY HOUR BUFFET FROM 4-7**

## Jacksonville Gold Club

321 GENERAL DOOLITTLE DR. JACKSONVILLE, FL

★ PLEASE DRINK RESPONSIBLY ★

# Students Visit To Learn About Navy Careers

By Kaytlyn Ribich

Staff

High school participants of Florida's All Things Are Possible Program visited Naval Station Mayport Friday to learn more about Navy life.

The ATAPP group seeks to educate, inspire and encourage youth to pursue their goals despite their challenging pasts. Program Director Jermesa Lee said the ATAPP came to the naval station to demonstrate to students the potential of a military career.

"[We came to Mayport] to allow them the opportunity to see differ-

ent options-what's out there for them after high school," Lee said.

Mass Communications Specialist 1st Class William Townsend and Boatswain's Mate 3rd Class Ashley Monroe spoke with the eight students about opportunities in the U.S. Navy and conducted a personalized tour of the base.

Tonioka Sawyer, a 17-year-old student from Miami, expressed interest in pursuing a career in the Navy.

"What interests me about the Navy is that they take care of their own," Sawyer said.



-Photo by Kaytlyn Ribich  
Teenagers from All Things Are Possible Program stand in front of the static display near the front gate. The group, whose goals are to educate and inspire youth, visited Naval Station Mayport last week to learn more about naval careers.

The following are just a sample of volunteer opportunities available through NS Mayport and Volunteer Jacksonville. For more information, call or Dianne Parker at 542-5380 or you can immediately sign-up online for opportunities using www.volunteer.gatewayjacksonville.org.

## Pet Adoption Event Needs Volunteers

First Coast No More Homeless Pets along with shelter and rescue groups from across Northeast Florida are holding a July Mega Pet Adoption event July 13-15 from 10 a.m. to 6 p.m. at the Jacksonville Fairgrounds. Volunteers are needed to help support this event and to help find homes for more than 600 animals during the three-day event. Volunteers will participate in set-up acting as greeters, assist with dog and cat handling tasks, provide overnight safety for the animals and tear-down. For more informa-

## REACHING OUT

tion or to volunteer email mtekin@fcnmhp.org or volunteer@fcnmhp.org or call 674-0665.

### Guardian ad Litem

Be the voice for children abused, neglected, or abandoned. These children have no ability to participate in decisions affecting their lives. When children are removed from their homes, the courts can appoint a special advocate to make sure that the best interests of the child is given appropriate consideration. This advocate is known as a Guardian ad Litem. In the 4th Judicial Circuit, which includes Clay, Duval and Nassau Counties, there are more than 2,000 children who need an advocate to help them navigate the Dependency system. As we build our volunteer base we are asking

members of our community to consider being a Guardian ad Litem. These guardians do not provide direct care for the children; the guardians ad litem visit the child at least once per month, interview family members, gather information from medical, mental health, and education professionals, and attend court hearings to ensure the best interests of the children are maintained. The work is compelling. To become a Guardian ad Litem, candidates need a compassionate heart, be at least 19 years old, complete 30 hours of initial training and undergo a background check. The process begins with a screening interview so you can learn more about this opportunity to make a difference in the life

of a child. If this kind of volunteer opportunity sounds like something you would like to participate in, please visit the Guardian ad Litem website, www.guardianadlitem.org, or call 904-630-1200 to schedule a screening interview.

### First Coast "No More Homeless Pets"

First Coast No More Homeless Pets brand new high capacity Spay / Neuter Clinic opens this month. The new facility will be able to help thousands of pets and owners as well as stray and feral cats -each year, with free or low cost spay/neuter and low cost vaccinations. We still need lots of volunteers for the clinic at the new location on Norwood Avenue. No medical experience needed. For more information, email Debbie Fields at dlfields@bellsouth.net

### Jacksonville International Airport Volunteer Ambassador Program

We are looking for volunteer to assist travelers with locating arrival and departure gates, telephones, baggage claim and ticketing areas. The Ambassadors provide vital customer assistance and a lot of smiles to ensure a pleasant and memorable experience while traveling through our airport. Benefits of being in the Ambassador program include gratitude of the passengers served each day, invitations, to volunteer appreciation events, free parking at the airport, meal voucher for every four-hour period worked, service recognition and the opportunity to meet people from all over the world. Contact Yvonne Pooler at 904-741-2006 or email ypooler@jaa.aero.

### Jacksonville Zoo

The Jacksonville Zoo is asking for volunteers. Volunteers are needed to educate varied audiences about the natural world, teach conserva-

tion messages, beautify the grounds, assist guests in various areas of the park, input data, lend a hand in animal care areas, answer questions, drive trains and enhance guests' experiences. You provide the interest and enthusiasm, and the zoo will provide the training. Scheduling is flexible. Volunteers receive special discounts, free admission, newsletters and special programs only available to employees and volunteers. Take this opportunity to meet others who share your interests in the animal kingdom. All interested personnel please call CS1 Hopkins or call 270-5373 for more information.

### YMCA of Jacksonville

YMCA of Jacksonville is looking for volunteers for their outreach programs geared towards males. For more information, contact Terra Herzberger at 265-1820.



**TIRES - FOR YOUR CAR, TRUCK OR VAN**

RENT-N-ROLL - Rent to Own\*

AS LOW AS **\$10** PER WEEK COMPLETE SET OF 4

- FREE INSTALLATION
- LIFETIME ROTATE & BALANCE
- NO CREDIT HASSLES
- FREE NITROGEN

JUST SOME OF THE BRANDS WE OFFER:



- NO CREDIT HASSLES
- TOP BRAND NAMES
- FREE FLAT REPAIR
- ROADSIDE ASSISTANCE PROGRAM

- LIFETIME ROTATE & BALANCE
- EXPERIENCED TIRE EXPERTS



AVAILABLE

For a Limited Time!  
With A New RENT-N-ROLL Tire Agreement!



- LOCK YOUR KEYS IN YOUR CAR? WE WILL HELP!
  - RUN OUT OF GAS? WE GOT YOU COVERED!
  - IF YOUR BATTERY GOES DEAD, WE GOT YOUR BACK!
  - NEED A TOW? NOT A PROBLEM.
  - DAMAGED TIRE? WE WILL REPLACE IT FOR FREE!
- ....ADDITIONAL SERVICES INCLUDED.

\*Pricing subject to change without notice. Military discount given at time of purchase with valid military ID. Military Credit Services (MCS) - Product and finance terms may vary by state. This is a MCS offer. See store for details of MCS program and finance options. Road Warrior Auto Club services may vary. Additional fee required after promotion period. Ownership of product is obtained once the agreed payment program has been completed. This may be a rental agreement transaction. All pictures in ad are representative only. Not responsible for typographical errors in ad. Guaranteed Lowest Price is on identical item in-stock plus installation with written quote. See store for details.

Rotate & Balance for Life is available every 3000-6000 miles for the life of the tires. RNR Custom Wheels & Tires Copyright 2012 ©

THANK YOU FOR YOUR SERVICE



**We Keep You Rollin!**

Make Low Payments On Name Brand Tires And Get ROADSIDE ASSISTANCE Included For 12 Months\*

## LOCATIONS

JACKSONVILLE, FL -  
6733 103rd St. Ste. 35  
In The WalMart Shopping Center  
904.317.9888

10140 Atlantic Blvd.  
2 Miles East of Regency Mall  
904.722.0975

BRING IN THIS AD AND GET THIS SPECIAL OFFER:

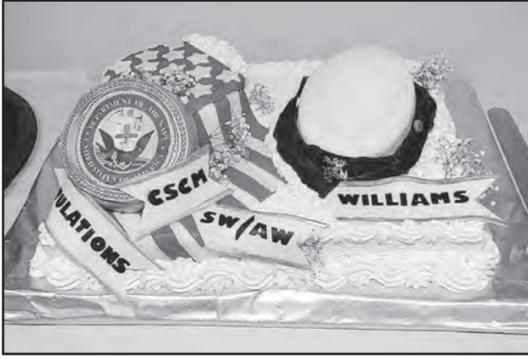
**FREE WEEK**

Bring in this coupon and get your second week free on any new RENT-N-ROLL tire agreement. Offer valid on most tires. Not valid with any other special offer or coupon. Some restrictions may apply. See store for details. Offer expires 9/29/12  
RNR Wheels & Tires 2012

www.RNRwheels.com



# Local Culinary Specialists Learn Art Of Cake Decorating



-Photo by MC2 Sunday Williams  
Culinary Specialist 1st Class Adrian Dorsey's displayed his cake decorating skills at a recent frocking ceremony with a cake that impressed everyone in attendance.



-U.S. Navy Photo  
Pictured from left: After a day of decorating cakes, Master Chief Culinary Specialist (CS) Michael Carter, Cake Decorating Instructor CS1 Adrian Dorsey, CS3 Matthew Pitt, CSC David Hall, CSC Willie Moore, CS1 Juan DeJesus, CS2 Cedric Dickinson, and CSCM Paulette Williams show off their finished products.

By CSC (SS)  
Willie Moore  
Navy Food Management Team  
Mayport

The Navy Food Management Team (NFMT) Mayport hosted cake decorating training at the Naval Station Mayport's Oasis Galley recently.

A dozen local Culinary Specialists (CS) attended the training. NAS Jacksonville's Flight Line Cafe's Culinary Specialist 1st Class (SW) Adrian Dorsey provided the training to the local Culinary Specialists. Dorsey is a renowned cake decorator, and some say one of the most gifted cake decorators in the U.S. Navy.

"It was great opportunity for our local

Culinary Specialists to receive hands-on cake decorating training," said NFMT Mayport Officer in Charge Master Chief Culinary Specialist (SW/AW) Michael Carter. "I've watched him decorate several cakes for change of commands, reenlistments, and retirement ceremonies. These were not your ordinary cakes; they were very detailed and some of the most elaborate designed cakes I have ever seen."

Naval Station Mayport Oasis Galley Food Service Officer Chief Warrant Officer 4 Wanda Trammell commended Dorsey for his outstanding training.

"CS1 Dorsey definitely provided a great founda-

tion for those Culinary Specialists who are seeking to become cake decorators," Trammell said. "His professional training and knowledge gave these Sailors some great ideas for decorating cakes now and in the future."

"Seeing CS1 Dorsey in

action was like watching an artist compose one of his best paintings," said Chief CS David Hall of USS Florida. "He definitely has a lot of talent, and he displayed it this week. We will definitely take back the knowledge and training he provided

this week and use it in the future. All and all, it was a great week of training for everyone."

"I considered myself extremely lucky to have the opportunity show my diversity in the Culinary Specialists rating," said Dorsey. "It has always

been my goal to learn and share with other Culinary Specialists the things I have learned. I am thankful to some great leaders who gave me the opportunities to expand my knowledge in my rate. That is something I will always remember."

# NS Mayport Water Quality Report Released

From Mayport Environmental

The Naval Facilities Engineering Command (NAVFAC) Southeast, Water Utilities Division, NAS Jacksonville, Florida, is your water utility service provider. We're very pleased to provide you with this year's Annual Water Quality Report. We want to keep you informed about the excellent water and services we have delivered to you over the past year. Our goal is and always has been, to provide to you a safe and dependable supply of drinking water. Our water source is three deep wells which draw from the Floridan Aquifer. In 2011, the Department of Environmental Protection performed a Source Water Assessment on our system. These assessments were conducted to provide information about any potential sources of contamination in the vicinity of our wells. The assessment results are available on the FDEP Source Water Assessment and Protection Program website at [www.dep.state.fl.us/swapp](http://www.dep.state.fl.us/swapp). There are three potential sources of contamination identified for this system with low to moderate susceptibility levels. Our treatment of your water supply includes aeration for odor control and chlorination to properly disinfect.

For further information or questions concerning this report or NAVFAC Southeast Water Utility Division that serves you, it is requested: Navy on-base housing residents first contact their Station Housing Office and activity employees should first contact their safety or environmental offices. All questions will be answered through your activity or directly with the customer. In addition, Navy personnel who live in private residences can also contact NAVFAC Southeast for general questions on water quality or to understand the information provided in other utility CCRs. To contact your water utility, please call NAVFAC Southeast Water Utilities, at (904) 542-5610. We want our valued customers to be informed about their water utility. If you want to learn more, please make that call.

NAVFAC Southeast routinely monitors for contaminants in your drinking water according to Federal and State laws and regulations. Except where indicated otherwise, this report is based on the results of our monitoring for the period January 1<sup>st</sup> to December 31<sup>st</sup> 2011. Data obtained before January 1, 2011, and presented in this report are from the most recent testing done in accordance with the laws, rules, and regulations.

In this table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions:

**Action Level (AL)** - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a

TEST RESULTS TABLE - NAVSTA MAYPORT							
Radiological Contaminants							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	MCL Violation Y/N	Level Detected	Range of Results	MCLG	MCL	Likely Source of Contamination
Radium 226 (pCi/l)	06/11	N	0.3	N/A	0	5	Erosion of natural deposits
Inorganic Contaminants							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	MCL Violation Y/N	Level Detected	Range of Results	MCLG	MCL	Likely Source of Contamination
Antimony (ppb)	06/11	N	2.1	N/A	6	6	Discharge from petroleum refineries; fire retardants, ceramics; electronics; solder.
Barium (ppm)	06/11	N	0.026	N/A	N/A	2	Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits
Fluoride (ppm)	06/11	N	0.69	N/A	4	4	Erosion of natural deposits; discharge from fertilizer and aluminum factories; water additive which promotes strong teeth when at optimum levels between 0.7 and 1.3 ppm
Nitrite (ppm)	06/11	N	0.061	0.061	1	1	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits
Sodium (ppm)	06/11	N	21	N/A	N/A	160	Salt water intrusion, leaching from soil
Disinfection By-Products (TTHMs/HAA5s/Chlorine residual)							
Note: The results in the Level Detected column are the annual average of quarterly averages. The Range of Results is the range of results (lowest to highest) at the individual sampling sites for Stage 1 monitoring.							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	MCL Violation Y/N	Level Detected	Range of Results	MCLG or MRDLG	MCL or MRDL	Likely Source of Contamination
Total Trihalomethanes (TTHM) (ppb)	Quarterly 2011	N	79.0	53.15-128.06	N/A	80	By-product of drinking water chlorination
Haloacetic Acids (HAA5) (ppb)	Quarterly 2011	N	19.5	13.31-23.94	N/A	60	By-product of drinking water chlorination
Chlorine Residual (ppm)	Monthly 2011	N	1.26	0.2-2.2	4	4.0	Water additive used to control microbes
Volatile Organic Contaminants							
Contaminant and Unit of Measurement	Dates of sampling (mo/yr)	MCL Violation	Level Detected	Range of Results	MCLG or MRDLG	MCL or MRDL	Likely Source of Contamination
Dichloromethane (ppb)	06/11, 12/11	N	0.82	ND - 0.82	0	5	Discharge from pharmaceutical and chemical factories
Lead and Copper (Tap Water)							
Contaminant and Unit of Measurement	Dates of sampling (mo./yr.)	AL Violation Y/N	90th Percentile Result	No. of sites exceeding the AL	MCLG	AL (Action Level)	Likely Source of Contamination
Copper (tap water) (ppm)	7/2010	N	0.0545	1 of 66 sites	1.3	1.3	Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives
Lead (tap water) (ppb)	7/2010	N	1.35	2 of 66 sites	0	15	Corrosion of household plumbing systems, erosion of natural deposits

See Water, Page 20

# COIN TREASURE HUNT

Wanted silver, gold and platinum in any form.  
 Krugerands, Eagles, Maples, Pandas, Bars, Bags,  
 Bullion, Collections, Accumulations and Hordes



## 7 DAY BUYING EVENT

THURSDAY JUNE 28<sup>TH</sup> - FRIDAY JUNE 29<sup>TH</sup>, AND MONDAY JULY 2<sup>ND</sup> - FRIDAY JULY 6<sup>TH</sup>



**DON'T SELL** your gold at '**GOLD PARTIES**' or **MALL BUYERS**. Too many people getting a cut which means you get less.

**DON'T SELL** to the fly-by-night **GOLD BUYERS** that have popped up on every corner. They are out for a quick buck.

**DON'T EVER EVER EVER** mail your gold and jewelry to some **UNKNOWN COMPANY OUT OF TOWN**.

**DON'T SELL** to **EXPENSIVE RETAIL STORES**. They have high mark-ups when selling and large mark-downs when buying from you.

**DON'T SELL** to **PAWN SHOPS** thinking they are coin or precious metal dealers

**DON'T SELL** to the **TRAVELING ROADSHOWS** that set up in hotels. They pay low and then move on to the next town. (We advertise what we **PAY** not an "UP TO" price.)

### GOLD & U.S. SILVER COINS

### WATCHES

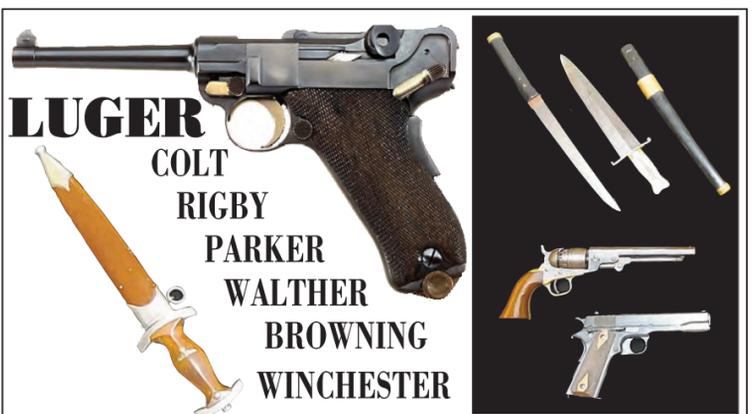
### ALL JEWELRY & UNWANTED GOLD & SILVER



• WANTED DEAD OR ALIVE •

### DIAMONDS

### FIRE ARMS SWORDS & KNIVES



### NATIONAL CURRENCY • Paying up to \$100K for currency



### WATCHES

WE BUY ANTIQUE & MODERN HIGHGRADE WATCHES

- ROLEX • PATEK PHILLIPE • TIFFANY • BLANCPAIN • CORUM • CARTIER • VACHERON CONSTANTIN
- PIAGET • LE COULTRE • AUDERMARS PIGUET • BREITLING • IWC • FRANCK MULLER • PANERAI • HUBLOT

**www.A-Coin.com**

6217 St. Augustine Rd. • Jacksonville, FL

(904)733-1204

Bank and House Calls Available for Large Estates



Hours: Mon - Fri 10:30 - 5:30

"All Transactions Confidential"

A-COIN IS KNOWN WORLDWIDE, AND OUR INTERNATIONAL CONTACTS ASSURE YOU OF SELLING TO THE COMPANY WITH THE WIDEST CLIENTELE OF ANY OTHER. WE GUARANTEE THE HIGHEST CASH PRICES. PLEASE NOTE... THERE IS NO OBLIGATION TO SELL. NO CHARGE FOR OUR EXPERTS TO EVALUATE YOUR TREASURE... SO PLEASE STOP BY AND TAKE ADVANTAGE OF THIS OPPORTUNITY TO "REDEEM" YOUR VALUABLES AND TURN THEM INTO CASH IN YOUR POCKET.

# Mayport K9 Unit Training Keeps Team Ready

By MCSN  
Damian Berg

Navy Public Affairs Support Element East, Detachment Southeast

Ears up, tails wagging and tongue out no this is not any ordinary dog wanting to play. Their Naval Station Mayport's Security K-9 Unit military working dogs (MWD) ready for daily training.

MWD teams are comprised of a dog and their handler, that are trained to provide deterrence, drug or bomb detection and patrol services.

"Training is very important; we have to be able to depend on our dogs, day in and day out, because they are our partners in the field," said Master-at-Arms 1<sup>st</sup> Class James Watkins, Naval Station Mayport kennel supervisor. "Training takes place everyday, all day; every job is seen as an opportunity to train the handlers and animals, as well as to test their abilities."

A typical training day starts with an obedience obstacle course to work on control and endurance. As the day went on handlers and their four-legged partners moved on to a patrol and scout-training exercise where the MWD teams chased after an armed suspect.

"This is great for the MWD teams to get out there and do this training as closed to real as possible," said Watkins. "We like to train how we fight and fight like we train."

Mayport is home to seven dogs, each assigned to a handler that is fully responsible for their

welfare to include feeding, exercising, training, grooming and physical wellness. After working hours, weekends and holidays are no exception.

"It's an around the clock job that forms a special bond between the dog and handler that allows both of them to depend on one another," said Master-at-Arms Seaman Sharon Berg.

The Naval Station Mayport MWD division is assigned to the base, but dog and handler teams are assigned to temporarily duties and special details in addition to their duties here.

Berg discusses how they go on deployments over sea to place like Afghanistan and Djibouti, or special mission like presidential campaigns and secret service mission. "We also get to do fun events were there will be a special guess like concerts, fleet weeks and veteran benefits."

As the day winds down Master-at-Arms 2<sup>nd</sup> Class Thomas Bohannon said his ultimate goal for the unit is to achieve Kennel of the Year.

This award began as a way to encourage camaraderie as well as promote a keen sense of competition among the regions 10 kennels. "Receiving this award would mean a lot to the kennel," said Bohannon. "It shows our dedication and hard work we put into work every day here."



-Photo by MCSN Damian Berg

Master-at-Arms Seaman Sharon Berg, a K-9 handler with the military working dog unit at Naval Station Mayport runs her K-9 partner, KKowalski, through an obstacle course at the base kennel. Berg runs the course with KKowalski multiple times a day to promote endurance and motor skills.



Master-at-Arms 2nd Class Thomas Bohannon, Master-at-Arms Seaman Sharon Berg and military working dog KKowalski contain their 'suspect', Master-at-Arms 1st Class James Walkins, during a patrol and scout training exercise. The military working dogs are trained to provide deterrence, drug or bomb detection and patrol services.



MAKE-A-WISH  
visit wish.org

A CFC Participant. Provided as a public service.

## Attention!

All Federal, Military, Government and Civilian Employees

**Are You Age 59 1/2 or Older ?**

**Have a Thrift Savings Plan (TSP), IRA, or other Retirement Assets Valued at \$125,000 or More?**

Then You Are Eligible to Participate in a Little Known Program That Can

**Immediately Increase The Value of These Assets by 80%, (Yes 80%),**

Earn High & Guaranteed Returns, Provide Higher Retirement Income That You Can't Outlive, and Protect Your Assets From Loss.

This Can Be Accomplished With Zero Out of Pocket Expense and Be Completed Within Days.

We Have Been Doing This With Residents of the First Coast for Over 11 Years and Can Now Offer It to Government & Military Employees That Meet the Above Requirements.

**Skeptical? How Can We Do This?**

Find Out Now By Watching Our Brief Video at

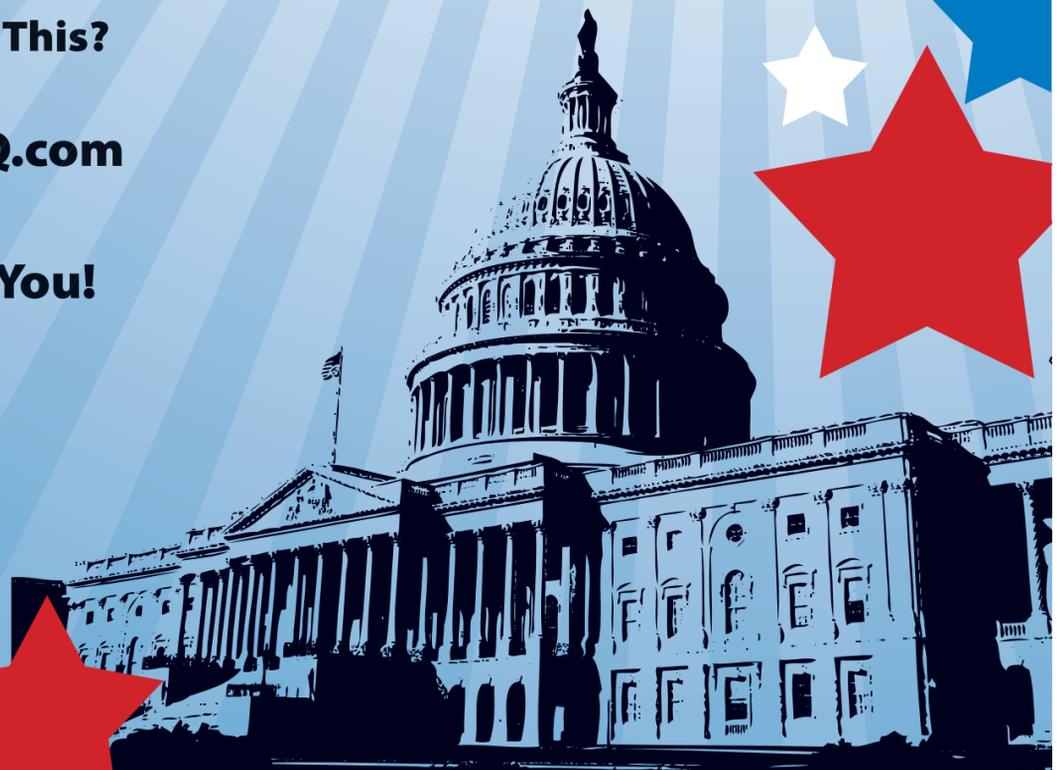
**www.DiscoverIRARESQ.com**

Then, Please Call Us With Your Questions.

**We Want To Hear From You!**



**Bibb Financial Services  
Amelia Island, FL  
1-800-395-0091**



**June 29: Surf Contest.** 10 a.m. at Sea Otter Pavilion. Sign up by June 15. 270-5451

**June 29: Outdoor Movies- Journey 2: The Mysterious Island (PG).** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**June 30: Freedom Fest 2012.** 4-11 p.m. at Sea Otter Pavilion. Come out and enjoy free fun for the entire family: games, rides, face painting, caricature artists, live bands, water slides, inflatables and much more! Food and beverages will be available for purchase at reasonable prices. No outside coolers, food or beverages allowed at the event site. Fireworks will be at 9:30 p.m. 270-5228

**July 2: Captain's Cup 4v4 Beach Volleyball Begins.** Season ends Sept. 6. 270-5451.

**July 3: Men's Tennis Organizational Meeting.** 11 a.m. at the Gym. 270-5451.

**July 3: All Khaki Wings and Trivia Night.** 3-7 p.m. every Tuesday at Foc'sle CPO Club with 40-cent wings, drink specials and all-you-can-drink soft drinks for \$1. Trivia begins at 5:30 p.m. All Khakis welcome (Chief Petty Officers, Officers and their guests). 270-5431

**June 29: Mystery Movie:** 7-9 p.m. at the Teen Center. Settle in for chills and thrills as we enjoy a movie and snacks! 246-0347

**June 30: Freedom Fest 2012.** 4-11 p.m. at Sea Otter Pavilion. Come out and enjoy free fun for the entire family: games, rides, face painting, caricature artists, live bands, water slides, inflatables and much more! Food and beverages will be available for purchase at reasonable prices. No outside coolers, food or beverages allowed at the event site. Fireworks will be at 9:30 p.m. 270-5228

**July 6: Outdoor Movies- Dr. Seuss' The Lorax (PG).** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**July 9: Summer Swim Lesson Session III Begins.** Registration is July 6 & 7 at the pool from 8-10 a.m. Cost is \$40 per child/adult; \$35 if child is enrolled in Youth Summer Camp. 270-5101.

**July 13: Jaguars Football Tickets on Sale and Cheerleaders Visit.** 9 am at ITT. Come and meet the Roar and purchase tickets for the 2012 Jaguars Football Season. Section 149 \$58.50. 270-5145

**July 13: Freedom Friday Carnival.** 7-11 p.m. at the Youth Center. Cost is \$8 advanced sign-up and \$10 day of, space

**MWR HAPPENINGS**

**Red, White, & Blue Bash**

Featuring **Wes Cobb Band** **Friday, July 6** 9 pm at Castaways Lounge

Prizes will be awarded for the most Patriotic Outfit.

Food, giveaways, prizes and beverage specials will be provided.

For more information, please call (904) 270-7205

**July 6: TGIF Extreme Bowling Party.** Every Friday from 4-6 p.m. at Mayport Bowling Center. Free for Active Duty; guests \$5. Beer & drink specials, half-price wings, awesome music videos and light show! 270-5377

**July 6: Outdoor Movies- Dr. Seuss' The Lorax (PG).** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**July 6: Red, White & Blue Bash.** 9 p.m. at Castaways lounge. Featuring Wes Cobb Band. Prizes will be awarded for the most Patriotic Outfit. Food, giveaways, prizes and beverage specials will be provided. FREE. 270-7205

**July 7: Xtreme Bowling.** 8-11 p.m. every Saturday at Mayport Bowling Center. \$10 include 2 hours of black

## KID ZONE

permitting. 270-5680

**July 13: Outdoor Movies- The Three Stooges (PG).** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**July 13: Craig Karges Magic and Mind Reading.** 6 p.m. at Beachside Community Center. Tables will float, minds will be read and your mind will be blown! Tickets \$10 per person; tickets available at ITT. 270-5145

**July 20: Outdoor Movies- The Hunger**

**Games (PG-13).** Film begins at Sunset behind Beachside Community Center. FREE. *Please note that this film may not be appropriate for small children.* 270-7205

**July 23: Summer Swim Lesson Session IV Begins.** Registration is June 20-21 at the pool from 8-10 a.m. Cost is \$40 per child/adult; \$35 if child is enrolled in Youth Summer Camp. 270-5101.

**June 27: Outdoor Movies- Mirror Mirror (PG).** Film begins at Sunset behind Beachside

**Youth Summer Drama Camp**

July 23-August 3  
Mon.-Fri. 1-4 pm

Campers in grades 3-8 engage in theater games, storytelling, acting exercises and more, culminating in a showcase at the end of the camp

Registration for this FREE camp begins June 18 at the Youth Activities Center.  
Limit 30 participants  
(students must attend both weeks)

This Program is brought to us by a generous grant from Blue Cross and Blue Shield.

For more information, call (904) 270-5680

## Closed For July 4th

The following MWR facilities will be closed on July 4:

Admin/Business Office/IT/Personnel; Auto Skills; Bingo; CDCs; CDH program; CPO Club; Mayport Bowling/Fast Lanes Grille; ITT/ Rec Ticket Vehicle; Ocean Breeze Conference Center; Outdoor Adventures; Recycling/Vehicle Scale/Storage; Repair/Maintenance; Surfside Fitness/ Youth Activities Center/Teen Center

light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

**July 7: UFC 148: Silva vs. Sonnen.** 10 p.m. at Castaways Lounge. 270-7205

**July 9: Summer Swim Lesson Session III Begins.** Registration is July 6 & 7 at the pool from 8-10 a.m. Cost is \$40 per child/adult; \$35 if child is enrolled in Youth Summer Camp. 270-5101.

**July 10: Moonlight 5K Run/ 3K Walk.** 6:30 p.m. in front of the gym.

**July 10: Captain's Cup Intramural Flag Football Organizational Meeting.** 11 a.m. at the Gym. 270-5451.

**July 11: Military Appreciation Day** every Wednesday at Windy Harbor Golf Club. 18 Holes and a Cart Only \$15. Offer open to DOD, active duty, retired, and military dependents (Must provide proper ID)

**July 11: Lunchtime Bingo.** Every Wednesday at 11:30 a.m. at Beachside Bingo. Two \$500 payouts every week. Buy two, get one free. Still only \$13.00 per pack. 270-7204

**July 11: All-Hands Steak Night.** 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limited tickets available at the door. For tickets, (904) 270-5431

**July 11: Chicken Wednesdays.** Every Wednesday, 11 a.m.-2 p.m., at Foc'sle Lounge. Enjoy a two-piece fried chicken plate with two

sides for only \$7.00. 270-5431

**July 13: Jaguars Football Tickets on Sale and Cheerleaders Visit.** 9 am at ITT. Come and meet the Roar and purchase tickets for the 2012 Jaguars Football Season. Section 149 \$58.50. 270-5145

**July 13: Outdoor Movies- The Three Stooges (PG).** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**July 13: Craig Karges Magic and Mind Reading.** 6 p.m. at Beachside Community Center. Tables will float, minds will be read and your mind will be blown! Tickets \$10 per person; tickets available at ITT. 270-5145

**July 13: Xtreme Bowling.** 8 p.m. to Midnight every Friday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

NAVY ENTERTAINMENT PRESENTS **CRAIG KARGES**

His float, mind are read, mind levels and your imagination is challenged because you won't believe your eyes.

EXPERIENCE THE EXTRAORDINARY

AN EXTREME MINDBLOWING SHOW!

Friday, July 13  
Beachside Community Center

Tickets on sale now!  
\$10 per Ticket (includes Dinner & Show)

6 pm Cocktail Hour 7 pm Dinner 8 pm Main Show

Tickets available at ITT. For more information please call (904) 270-5228.

Community Center. FREE. 270-7205

**July 29: Christmas in December Family Fun Bowl.** 4-7 p.m. at Mayport Bowling Center. Enjoy three hours of bowling and an awesome video laser light show as well as a traditional spaghetti dinner, presents for the kids, free Santa hats and more. 270-5377

## JACKSONVILLE primary healthcare

Jacksonville Primary Healthcare is pleased to welcome:

**Dr. Diana M. Cordero**

Dr. Cordero is well known in the military community, with a strong expertise in complicated cases and VA evaluations.

We accept Tricare Prime and Standard, BCBS Federal, and GEHA. \*\*VA evaluations and SSA evaluations.

Please call today to schedule an appointment  
**(904) 858-1911**

**9th Annual Dusk Till Dawn**

Softball Tournament

Nothin' Soft about it!

August 24th

6pm-dawn

Sign up by August 16th (first 15 teams)

1st & 2nd place Individual Awards

1st, 2nd, & 3rd place Team Awards

Free T-shirt!! Entry Fee \$150

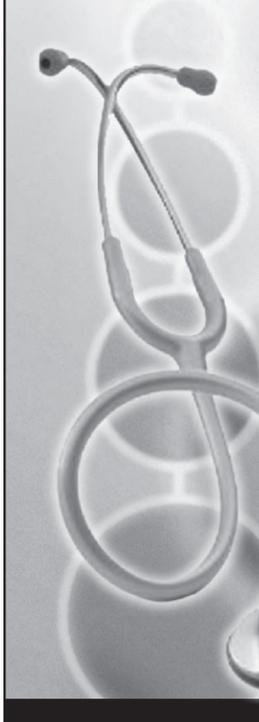
Information (904) 270-5451/5452

**WALKING TOGETHER FOR STRONGER, HEALTHIER BABIES**

march of dimes march for babies

marchforbabies.org

a CFC participant Provided as a public service



Naval Station Mayport has updated its fitness classes effective immediately for Surfside Fitness and the Gymnasium.

The new Surfside Fitness class schedule is as follows:

- Monday**  
11:30 a.m., Kickboxing  
4:30 p.m., Cut N Core
- Tuesday**  
11:30 a.m., Zumba  
4:30 p.m., Yoga
- Wednesday**  
6:30 a.m., NOFFS Nutrition & Fitness Series  
This is a 4-week program for CFLs and ACFLs only.  
11:30 a.m., Strength Training For Women  
4:30 p.m., Zumba
- Thursday**  
7 a.m., Sunrise Yoga  
Oceanfront Yoga (weather permitting) will transform your body and your attitude. Start your busy day with stretch, strength and stress relief.  
11:30 a.m., Zumba  
4:30 p.m., Kickboxing
- Friday**  
11:30 a.m., Zumba Basics  
11:30 a.m., The After Party

## MWR SPORTS/FITNESS

- Mayport Sandbox Monday**  
6:30 a.m., HIT  
7:30 a.m., Intro to HIT  
11 a.m., HIT  
Noon, Intro to HIT
- Tuesday**  
6:30 a.m., Command Bootcamp  
6:30 a.m., HIT  
11 a.m., HIT  
Noon, Intro to HIT
- Wednesday**  
5:30 p.m., HIT  
6:30 p.m., Intro to HIT
- Thursday**  
5:30 p.m., HIT  
6:30 p.m., Intro to HIT
- Friday**  
6:30 a.m., HIT  
7 a.m., TRX  
7:30 a.m., Intro to HIT  
11 a.m., HIT  
Noon, Intro to HIT  
The new Gymnasium class schedule is as follows:  
**Monday**  
11:30 a.m., Spinning  
5:45 p.m., Kids Clinic  
**Tuesday**  
11:30 a.m., Weight

- Training For Warfighters  
4:30 p.m., Spinning
- Wednesday**  
11:30 a.m., Spinning  
11:30 a.m., Rowing 101
- 4:30 p.m., Weight Training For Warfighters
- Thursday**  
11:30 a.m., Spinning
- Friday**  
7 a.m., Spinning
- Water Aerobics**  
These classes meet at the Base Pool weather permitting
- Monday**  
9:30 a.m., Aqua Fitness
- Tuesday**  
9:30 a.m., Aqua Fitness
- Wednesday**  
9:30 a.m., Aqua Fitness
- Thursday**  
7 a.m., Command Aqua  
9:30 a.m., Aqua Fitness
- Friday**  
9:30 a.m., Aqua Therapy



-Photo courtesy of MWR

U.S. Coast Guard and COMUSNAVSO soccer teams come together after playing the 2012 Spring Playoff championship game. Coast Guard took the trophy across SRAIA after scoring the winning goal in overtime.

## Coast Guard, NAVSO Battle It Out In Soccer Playoffs

From MWR

U.S. Coast Guard and COMUSNAVSO Latino's took the soccer field on last Tuesday to battle it out for the Post Season Playoff Championship.

The Latino's were the first to score on a penalty kick in the first half. Coast Guard answered shortly after with a goal of their own. With numerous saves by both goal keepers the teams went into halftime tied at 1.

In the second half the Latino's again

opened up with a goal to take the lead 2-1. With less than two minutes left in the game the Coast Guard tied it up forcing an overtime situation.

Overtime consisted of a Golden Goal five-minute playoff meaning the first team to score wins.

The Coast Guard came out strong bringing the ball to the Latino's goal and in the opening seconds scored the winning goal becoming the 2012 Spring Playoff Champions.

## Swim Time At Mayport



-Photo by MC2 Salt Cebe

Swimming Instructor Shane Massey teaches a student how to tread water during an instructional swimming class. The class is meant to teach children about water safety as well as how to swim.



## Time To Hit The Beach

Intramural 4V4 Beach Volleyball season has just begun. Come join us on our new Beach Volleyball courts for some 4V4 action. For more information on how you can get involved contact Rita at the gym 904-270-5451

-Official Photo

The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by the Mayport Liberty Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

**June 29: Surf Contest.** 10 a.m. at Sea Otter Pavilion. Sign up by June 15. 270-5451

**June 30: Freedom Fest 2012.** 4-11 p.m. at Sea Otter Pavilion. Come out and enjoy free fun for the entire family: games, rides, face painting, caricature artists, live bands, water slides, inflatables and much more! Food and beverages will be available for purchase at reasonable prices. No outside coolers, food or beverages allowed at the event site. Fireworks will be at 9:30 p.m. 270-5228

**July 2: Captain's Cup 4v4 Beach Volleyball Begins.** Season ends Sept. 6. 270-5451.

**July 2: Ted's Montana Grill Trip.** Van departs 6 p.m. Transportation Only.

**July 3: Jacksonville Suns Baseball.** Van departs Liberty Center at 5:30 p.m. Military Appreciation Game with Fireworks! FREE.

**July 3: Men's Tennis Organizational Meeting.** 11 a.m. at the Gym. 270-5451.

**July 3: All Khaki Wings and Trivia Night.** 3-7 p.m. every Tuesday at Foc'sle CPO Club with 40-cent wings, drink specials and all-you-can-drink soft drinks for \$1. Trivia begins at 5:30 p.m. All Khakis welcome (Chief Petty Officers, Officers and their guests). 270-5431

**July 4: Fireworks at**

## LIBERTY CALL

**Jacksonville Landing.** Van departs Liberty Center at 5 p.m. Transportation Only.

**July 6: Command Break-In.** Look for us at Barracks 1586 and 1587 dropping off goodies.

**July 6: TGIF Extreme Bowling Party.** Every Friday from 4-6 p.m. at Mayport Bowling Center. Free for Active Duty; guests \$5. Beer & drink specials, half-price wings, awesome music videos and light show! 270-5377

**July 6: Outdoor Movies- Dr. Seuss' The Lorax (PG).** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**July 6: Red, White & Blue Bash.** 9 p.m. at Castaways lounge. Featuring Wes Cobb Band. Prizes will be awarded for the most Patriotic Outfit. Food, giveaways, prizes and beverage specials will be provided. FREE. 270-7205

**July 7: Xtreme Bowling.** 8-11 p.m. every Saturday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

**July 7: UFC 148: Silva vs. Sonnen.** 10 p.m. at Castaways Lounge. 270-7205

**July 8: A Day at the Beach: Huguenot Park.** Van departs 9 a.m. Transportation Only.

**July 9: Blackjack Tournament.** 6 p.m. at Liberty Center.

**July 10: Moonlight 5K Run/ 3K Walk.** 6:30 p.m. in front of the gym.

**July 10: Captain's Cup Intramural Flag Football Organizational Meeting.** 11 a.m. at the Gym. 270-5451.

**July 11: Military Appreciation Day** every Wednesday at Windy Harbor Golf Club. 18 Holes and a Cart Only \$15. Offer open to DOD, active duty, retired, and military dependents

**July 11: Lunchtime Bingo.** Every Wednesday at 11:30 a.m. at Beachside Bingo. Two \$500 payouts every week. Buy two, get one free. Still only \$13.00 per pack. 270-7204

**July 11: All-Hands Steak Night.** 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. For tickets, (904) 270-5431

**July 11: Chicken Wednesdays.** Every Wednesday, 11 a.m.-2 p.m., at Foc'sle Lounge. Enjoy a two-piece fried chicken plate with two sides for only \$7.00. 270-5431

**July 13: Jaguars Football Tickets on Sale and Cheerleaders Visit.** 9 am at ITT. Come and meet the Roar and purchase tickets for the 2012 Jaguars Football Season. Section 149 \$58.50. 270-5145

**July 13: Outdoor Movies- The Three Stooges (PG).** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205

**July 13: Craig Karges Magic and Mind Reading.** 6 p.m. at Beachside Community Center. Tickets \$10 per person; tickets available at ITT. 270-5145

## Business Spotlight



**JIMMY'S JEWELRY and PAWN**  
• Top \$\$ for Gold • CASH loans  
We buy and sell guns & things of value  
(904)249-9970 • 55 Sailfish Dr., Atlantic Beach, FL 32233

**New Military Rate**  
All Summer Long  
**\$30** All day, Every day  
904.277.7370 · fernandinabeachgolfclub.com

Valid only with active military ID. Not valid with any other coupons, leagues or discounts. Expires 9.30.2012

Did you know that one of the largest dog parks in the US is located right here in Jacksonville?

**GET TO KNOW US OFFER**  
**DOG WOOD PARK OF JACKSONVILLE**

- 10 acres of fenced hiking trails
- Large lake for your pup to swim
- Separate small dog area
- 25 fenced acres

Conveniently located in the Southpoint area I-95/ Butler Blvd

Visitors welcome seven days a week

7407 Salisbury Road  
**(904) 296-3636**  
www.jaxdogs.com

**DOG WOOD PARK JACKSONVILLE**

**MILITARY SPECIAL**  
Please bring this coupon and military I.D. to purchase a **3-day visitor pass** for **\*20** (up to 2 dogs per pass).

**PURCHASE A ONE-YEAR MEMBERSHIP**  
AND GET A **FREE KEY AND LANYARD** (a \$15 savings)

# Workshops Available For Sailors, Families

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 1701. FFSC is located in Building One on Massey.

June 28, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

June 28, 1:30-3 p.m., **Conflict Resolution For Women, FFSC Room 702**

BY APPOINTMENT: 8a.m.-4p.m., **Resume Writing, FFSC TBD**

July 5, 1:30-3 p.m., **Conflict Resolution For Women, FFSC Room 702**

July 5, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

July 9-12, 8 a.m.-4 p.m., **TAP**

**Fleet and Family Support Center**  
CENTRALIZED SCHEDULING CENTER



**FLORIDA**  
NAS Jacksonville  
NAS Key West  
NS Mayport  
NAS Pensacola  
NSA Panama City  
NAS Whiting Field

**GEORGIA**  
NSB Kings Bay

**MISSISSIPPI**  
NCB Gulfport  
NAS Meridian

**LOUISIANA**  
NJR New Orleans

**TEXAS**  
NJR Ft Worth  
NAS Corpus Christi  
NAS Kingsville

**CLERA**  
USNB GTMO

**YOUR ONE-CALL SERVICE FOR  
FFSC APPOINTMENTS**

The Fleet & Family Support Program is here to support you and stands ready to assist with every career and life change.

Contact our Centralized Scheduling Center for individual, marriage and family counseling, class reservations, individual resume assistance, financial counseling, relocation assistance or deployment and mobilization support anywhere in the Southeast Region.

TO SCHEDULE AN APPOINTMENT  
Call: 1-866-293-2776

Fleet & Family Support Centers  
Southeast

**Retiree Workshop, Building 1 Room 1616**

July 10, 9-11 a.m., **Active Parenting, FFSC Room 702**

July 10, 6-7 p.m., **EFM Support Group, Building 1 Room 104**

July 11, 9-11 a.m., **Financial Leadership Seminar, FFSC Room 719**

July 11, 8:30 a.m.-3:30 p.m., **Stress Management, Wellness Center**

Stress is a normal part of everyone's life. It can be energizing and a factor in motivating us. But too much stress, without relief, can have debilitating effects. This program is designed to provide participants with an understanding of what stress is and how it affects them. It will also help participants begin to look at their own lives and ways they currently cope with stress. Participants

will be challenged to develop behavior and lifestyle changes that will improve their ability to cope with stress.

July 11, 3-4:30 p.m., **Managing Anger Group, FFSC Room 702**

July 12, 10:30-11:30 a.m., **How To Survive The Holidays, FFSC Room 719**

July 12, 1:30-3 p.m., **Conflict Resolution For Women, FFSC Room 702**

July 12, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the

area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

July 14, 10 a.m.-until, **IA Family Outing, Adventure Landing**

July 16-20, 8 a.m.-4 p.m., **Command Financial Specialist Training, Building 1 Room 1616**

July 16, 8:30 a.m.-3:30 p.m., **Anger Management Class, FFSC Room 702**

What does *anger* do for you? Communicate for you? Keep people at a safe distance from you? Keep you in charge? For many people, anger serves them many uses, but all too often, it is at a high cost...usually of relationships, unhappiness in the workplace, and a general feeling of disdain. If you want to be able to break out of the "get angry/get even" syndrome, come to this class. Participants learn how anger and judgment are related, about irrational beliefs and faulty self-talk, what "E + R = O" means, and the roles of stress and forgiveness in anger.

July 17, 9-11 a.m., **Active Parenting, FFSC Room 702**

July 18, 3-4:30 p.m., **Managing Anger Group, FFSC Room 702**

July 19, 8 a.m.-noon, **FAP Key Personnel Training, Building 1, Room 1124**

July 19, 1:30-3 p.m., **Conflict Resolution For Women, FFSC Room 702**

July 19, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the

area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

July 23-26, 8 a.m.-4 p.m., **TAP Seabee Workshop, Building 1 Room 1616**

July 24, 9-11 a.m., **Active Parenting, FFSC Room 702**

July 25, 11 a.m.-12:30 p.m., **Home Buying Seminar, FFSC Room 702**

July 25, 3-4:30 p.m., **Managing Anger Group, FFSC Room 702**

July 26, 1:30-3 p.m., **Conflict Resolution For Women, FFSC Room 702**

July 26, 9 a.m.-noon, **Tottle Tyme Playgroup, USO**

USO Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

July 30, 1-4 p.m., **Relationship Communication, FFSC Room 702**

Whether you've been dating for 6 months or married for 20 years, effective communication is critical to keeping your relationship happy, healthy and strong. Come learn new techniques which will help you build on the strengths of your relationship and learn to identify barriers to effective communication. Class is a one-time 3 hour class. Couples are encouraged but not required to attend class together.

July 31, 6-8 p.m., **Ombudsman Assembly, Building 1 Room 104**

## Mayport Auto Skills Center



July  
Specials

- 1) 10% Off Vehicle Lifts
- 2) Free Vehicle Diagnostic (most vehicles)
- 3) Buy 3 Shocks or Struts and get the 4th Free (Installation Extra)

Call For Info: 904-270-5392



**MAKE-A-WISH.**

visit wish.org

A CFC Participant. Provided as a public service.

### Augustine Landing

Gracious Retirement Living  
*The Joy of an All-Inclusive Lifestyle*



**\$99**

**Move In Special**

Schedule a tour today for a chance to win a **\$250.00 GIFT CARD\***

\*One entry per family. Drawing will be held July 31st.

10141 Old St. Augustine Rd.  
Jacksonville, FL 32257  
Ph 904-880-1116  
Augustinelanding.com

**THIRTYTHREESTAR**



**Rock & Roll Clothing, Jewelry & Accessories. Casual to Formal Wear. For Guys & Gals**

10% Military Discount w/ID

**ThirtyThreeStar.com**  
904-853-6385  
308 S. 3rd St., Jacksonville Bch.





## BASEBALL'S NEVER BEEN HOTTER!

**SUN JULY 1 @ 6:05**

DOG DAZE OF SUMMER: BRING YOUR DOG FOR \$2.50 + PREGAME DOG PARADE ON THE FIELD

**SPECIAL TICKET OFFER AT SONNY'S BBQ**

**KIDS RUN THE BASES POSTGAME**



**MON JULY 2 @ 7:05**

**RACING NIGHT: SEE #13 CASEY MEARS GEICO SHOWCAR + WIN TIX TO COKE ZERO 400 & SUBWAY JALAPENO 250**

BELLY BUSTER FOR \$20: BOX SEAT + AUCE BURGERS, HOTDOGS, POPCORN, ICE CREAM & SODA FROM 6-8

## TUES JULY 3 @ 7:05 MILITARY APPRECIATION NIGHT



**PATRIOTIC JERSEY AUCTION**  
TO BENEFIT USO



**PRE-4TH OF JULY**  
FIREWORKS SPECTACULAR

**HELP CELEBRATE MR BRAGAN'S 89TH BIRTHDAY!**

**1ST 25 TO DONATE TO BLOOD ALLIANCE ON-SITE:**

**2 GAME TIX, HOTDOG & SODA VOUCHER, SPECIAL SUNS GIFT**

**GET \$2 OFF ANY TICKET WITH MIL. ID**

Discounts Apply to ALL Games except Fireworks, Concerts & Saturdays

TICKETS: \$13.50, \$10.50, \$7.50 | 358-2846 | JAXSUNS.COM



**CARELESS TALK COSTS LIVES**

Visit OPSEC on NKO [opsec@navy.mil](http://opsec@navy.mil)

*Where Beauty, Convenience, Quality and Value Matters...*

**2 Bedroom / 2 Bath Apartment Homes Military Special**

When using the Navy Housing Set Aside Program, 5% off Market Rate, Waived Processing Fees & Security Deposit

**\$200 Off 1st Month Rent When You Present This Ad - Limited Time Offer Expires 6/30/12**



- Gated Community
- European Style Kitchen, Feat. Stainless Steel Appliances & Granite Countertops
- Resident Clubhouse

- Pool with Sundek
- Minutes Away from the Beach & Hanna Park
- 1/2 Mile from Mayport Naval Station & NEX

**Phone 904.241.3855**

2760 Mayport Road, Atlantic Beach, FL 32233  
atlanticaleasing@horizonfl.com

Open M-F 9-6, Sat 10-5

**"Preparing for my future is my duty."**

Choosing an established college with online degrees was a great decision for me.



Visit us at **GMCOncampus.net**

478.387.4950  
800.342.0413  
JMays@gmc.cc.ga.us

**Associate Degrees in**

- Homeland Security & Emergency Management
- Criminal Justice
- Computer Information Systems
- Business Administration
- Information Technology
- Paralegal Studies
- General Studies
- ...and more!

**GEORGIA MILITARY COLLEGE**  
ONLINE CAMPUS

EST. 1879

## Out in Town

**Thursday, June 28**

The Jacksonville Public Library, 303 Laura St. N. Room G-4, Conference Center Level, in conjunction with the Small Business Administration, presents Resources for Small Business, a free workshop for Spanish-speaking small business owners and those thinking about starting a business from 1-3 p.m. Workshop topics will include planning and business development, acquiring financing and research strategies for locating print and electronic business resources. Pre-registration is required and seating is limited. To register or learn more, contact Greg Royce or Crystal Chase at (904) 630-2401 or e-mail [jaxpubliclibrary\\_busi-](mailto:jaxpubliclibrary_busi-ness@coj.net)

### Veterans Farm Needs Your Support

Veterans Farm is a farm in Jacksonville that strives to help disabled combat veterans get back into society through the use of horticulture therapy. Veterans work on the farm and develop skills to help them overcome their physical, mental, and employment problems. We grow datil peppers and blueberries that carry our Veteran's Farm label. Wal-Mart is having a "Get on the Shelf" contest, similar to American Idol. If we win, Veteran's Farm products will be on Wal-Mart shelves all over the country. The more products we sell, the more veterans you will help. Our mission is to win this contest, and get our products on their shelves. PLEASE text "4970" to 383838 to VOTE! For more information please visit [www.getontheshelf.com](http://www.getontheshelf.com)

## COMMUNITY CALENDAR

[ness@coj.net](mailto:ness@coj.net).

### Saturday, June 30

Join a park ranger at 2 p.m. for an intriguing presentation and gain insight into the spider's world. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

### Monday, July 2

Beaches Photography Club will meet on at the Beaches Library, 600 3rd St., Neptune Beach, 6-8 p.m. This month's program presented by Karen Stephenson is "Wow Factor - from Composition to Presentation."

This is a free event with people of all ability levels and camera types welcomed and encouraged to come and learn more about photography.

### Tuesday, July 3

Join one of the largest fireworks displays in Northeast Florida as the World Golf Village celebrates Independence Day on Tuesday, July 3. Bring blankets or lawn chairs and find a spot around the Walk of Champions to take in the grand fireworks show. A minimal parking fee will be required for entry to the event. For event information, visit the events calendar at [www.WorldGolfHallofFame.org](http://www.WorldGolfHallofFame.org).

## USO NEWS

### K9S For Warriors

K9sforwarriors is located in Ponte Vedra Beach and they specifically offer service dogs for warriors medically diagnosed with Post Traumatic Stress. If you or someone you know would greatly benefit from having a canine companion, please visit [www.k9sforwarriors.org](http://www.k9sforwarriors.org) for more information.

### Smiles Over Miles

Smiles Over Miles gives all active duty military service members the opportunity to send video messages back home for free, easily from any computer with an internet connection and webcam. The technology also comes with built in security, so messages are kept private and delivered via

secure transmission. Sign-up now via the following link: <http://smilesovermiles.com>

### Special For Military Hunting And Fishing License

Active-duty and retired military Florida residents can get a low cost (\$20) Military Gold Sportsman's License. The license covers hunting, freshwater and saltwater fishing and a variety of associated permits at a greatly reduced cost. The Military Gold Sportsman's License is available at tax collectors' offices only. Applicants must present a current military ID card plus a Florida driver's license or orders showing they are stationed in Florida as proof of eli-

gibility.

The Renaissance World Golf Village Resort is offering a dinner, show and fireworks package. The ticket includes dinner, a live performance from VoicePlay, and preferred seating to see the World Golf Village Community fireworks. The Stars and Stripes package includes overnight accommodations. For more information, please visit [www.worldgolfrenaissance.com](http://www.worldgolfrenaissance.com) or call 904-940-8696.

### Wednesday, July 4

The Cummer Museum of Art & Gardens is celebrating Independence Day with a Garden Concert featuring The RiverTown Band on from 7 to 10 p.m. Put on your red, white and blue, grab a blanket or chair and come celebrate America's 236th Birthday in The

Military Gold Sportsman's License (includes same privileges as Gold Sportsman's License, Listed Below) Available to Florida residents who are active or retired members of the U.S. Armed Forces, Armed Forces Reserve, Florida National Guard, Coast Guard or Coast Guard Reserve; upon submission of a current military identification card and proof of Florida residency. Gold Sportsman's License includes Hunting, Saltwater Fishing and Freshwater Fishing licenses; and Deer, Wildlife Management Area, Archery, Muzzleloading Gun, Crossbow, Turkey and Florida Waterfowl, Snook and Lobster permits.

### Recycling

Recycling has come to the Greater Jacksonville Area USO. If you have any office paper, shred-

Cummer Gardens. With the St. Johns River as a backdrop and stars above, the sounds of The RiverTown Band will keep you entertained all evening. The Cummer will be closed during normal business hours on July 4, but will open at 6 p.m. for the Garden Concert. Guests are welcome to bring blankets, chairs, food and alcoholic beverages. Food and refreshments will also be available for purchase from the TreeCup Cafe. Tickets are \$10 for members, \$20 for non-members and \$400 for a table, which includes reserved seating and a gourmet picnic basket for 10 people. Children 3 and under enjoy free admission. The concert will go on rain or shine. To purchase tickets, please call (904) 899-6004 or visit <http://www.cummer.org/>

programs-events/calendar-of-events/fourth-july-concert.

Please note: Fireworks will be presented on the River by the City of Jacksonville and the view from the Gardens is obstructed.

### Saturday, July 14

The Duval County Extension Office will offer a program on Organic Gardening from 9 a.m.-noon at the Duval Extension Office at 1010 N McDuff Ave. Jacksonville. Topics will include organic soil amendments, composting, pest management techniques and an introduction to permaculture. Cost is \$5 to attend. Call or email Becky at 255-7450 or [beckyd@coj.net](mailto:beckyd@coj.net) to register. Please include contact phone number when emailing.

ded paper, old magazines, and newspapers that you would like to donate, please bring it to either the Mayport or NAS JAX USO Center. This will be a great fundraiser for the USO so please help us fill the bins.

**Honorably discharged veterans, active-duty service and reserve members** will receive a 25 percent discount on the purchase of a Florida State Park annual pass. The discount provides a savings of \$15 on an individual annual pass and \$30 on a family annual pass, which allows up to eight people in a group to access most of Florida's 160 state parks. In addition, honorably discharged veterans who have service connected disabilities, and surviving spouses of military veterans who have fallen in combat, will receive a lifetime family annu-

al entrance pass at no charge. For information on qualifications and necessary forms to receive these discounts, visit [www.FloridaStateParks.org](http://www.FloridaStateParks.org)

**There is a computer resource center available** to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

**Watch TV or a movie from the video library.** Service members can also enjoy video games or use the sports equipment.

**There is a full kitchen, showers,** a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road.

A BETTER CAREER IS IN YOUR HANDS.

## AIRCRAFT COATING TECHNICIAN

FLORIDA COAST CAREER TECH

## IN JUST 16 WEEKS, WE CAN TRAIN YOU FOR AN IMPORTANT CAREER REPAIRING, REFURBISHING AND PAINTING AIRCRAFT.

Do you want the satisfaction of knowing a plane you helped restore will soar again? If you have an eye for detail and like to work with your hands, you could play a vital role in getting aircraft ready for flight.

For around \$2,300, you'll receive expert hands-on training that will prepare you for a career as an Aircraft Coating Technician. You'll learn the process of aircraft paint removal and how to inspect, repair and apply new coating.

Whether you've had military experience, are looking for a new profession or just starting out, this training can take you higher.

**Enroll now, space is limited!**  
(904) 317-3824 • (904) 317-3872



[www.floridacoastcareertech.org/coating](http://www.floridacoastcareertech.org/coating)

**SUMMER'S HERE,  
COME PLAY!**

YOU Bring the Family & Friends...  
We Bring the **FUN!**

**ADVENTURE  
LANDING**

**Shipwreck Island  
WATERPARK**

**Swim & Splash Waterpark Specials!**

**Weekday  
Season Passes**  
Valid M-F Only  
Only \$79.99!

**Nite Splash**  
3pm-Close  
Every Day  
Only \$17.99!

**Weekend  
Swim Nights**  
Friday & Saturday  
7:30pm - 11pm  
Only \$14.99!

**Red, White & Blue  
Thursdays**  
Every Thursday 5pm-8pm  
Only \$10.99!

**Kids Play Days**  
M-F Only, August 20-31  
Limited Waterpark Admission  
Only \$10.99!

**10% OFF  
Military  
Discount**  
Year 'Round  
ON SELECT ITEMS  
THAT ARE  
REGULARLY PRICED.  
VALID ID  
REQUIRED.

**July 4th Weekend Specials!**

**Arcade  
Token Sale**  
July 4th-8th!

100 for \$15  
120 for \$20  
300 for \$40

Valid at all 3  
Area Locations.

**After 5pm Special**  
July 4th Only!

Enjoy 3 Hours of Unlimited:  
Miniature Golf Games,  
Laser Tag Sessions,\*\*  
Go-Kart Rides,  
Frog Hopper\* & Wacky Worm\*  
\*Valid at Jax Beach only.  
\*\*Not valid at St. Augustine location.  
**ONLY \$15 PER PERSON!**

**All-American  
Meal Deal**  
July 4th Only!

Hamburger or  
Hot Dog,  
Bag of Chips,  
Canned Soda  
**ONLY \$5.99**  
Valid at Jax Beach only.

**Military Appreciation Day!**

July 4th - All Day Long at All 3 Area Locations!

All Active & Retired Military Receive A...

**FREE Waterpark  
Admission\*  
OR  
3-Attraction Pass!**

All Military Family Members Receive...

**\$5 Off Waterpark  
Admission\*  
OR  
3-Attraction Pass!**

\*Waterpark located at Jacksonville Beach only.  
All Military must show valid military ID to receive discount.  
Family passes must be purchased by military with valid ID to receive discount.

**Come See a Super Hero!**

**THE AMAZING  
SPIDER-MAN**

July 6th 4pm-8pm St. Augustine  
July 7th 10am-Noon Jax Beach  
July 7th 3pm-6pm Jax Blanding

**Great Photo Opportunities!**

See the Movie, Then See the Man!  
In Theatres July 3rd.



**Save Even More With These Coupons!**

**FREE Game of  
Mini Golf**

With the purchase of one game of golf at regular price.

Valid at  
All 3 Locations.



15938

BOTH GAMES MUST BE USED BY SAME GUEST.  
Limit one coupon per person per day. Not valid with  
any other offers or discounts. Expires 8.31.12. SKU#5938

**FREE Single-Seat  
Go-Kart Ride**

With the purchase of the same go-kart ride at regular price.

Valid at  
All 3 Locations.



15939

BOTH RIDES MUST BE USED BY SAME GUEST.  
Limit one coupon per person per day. Not valid with  
any other offers or discounts. Expires 8.31.12. SKU#5939

**\$5 OFF  
Waterpark Admission**

VALID ON FULL-PRICED DAILY TICKETS ONLY.

Valid at  
Jacksonville Beach  
Location Only.



15940

VALID FOR UP TO 4 GUESTS.  
Limit one coupon per person per day. Not valid with  
any other offers or discounts. Expires 8.31.12. SKU#5940

**FREE Laser Tag  
Session**

With the purchase of one laser tag session at regular price.

Valid at  
Both Jacksonville  
Locations Only.



15941

BOTH SESSION MUST BE USED BY SAME GUEST.  
Limit one coupon per person per day. Not valid with  
any other offers or discounts. Expires 8.31.12. SKU#5941

904.246.4386  
1944 Beach Blvd. - Jacksonville Beach, FL 32250

904.771.2804  
4825 Blanding Blvd. - Jacksonville, FL 32210

904.827.9400  
2780 State Road 16 - St. Augustine, FL 32092

Visit Website for Additional Details, Coupons & Upcoming Events!

**www.AdventureLanding.com**

## 'Bring Child To Work Day' At Public Works



**-Photos by Paige Gnann**  
Public Works Mayport employees visit Explosive Ordnance Disposal Mobile Unit (EODMU) 6 Mayport with their children during a "Bring Your Child to Work Day" on June 14. The department planned a day full of events, including a base tour, demonstrations and fitness techniques by explosive ordnance technicians at EODMU.



Lt. Mildred Canipe allows children to pet her dog during a K-9 demonstration by Mayport Security during the "Bring Your Child to Work Day" at Public Works Mayport.

## SERMC Expands Fleet Support

**By Susan Lawson**  
Commander, Navy Regional Maintenance Center Public Affairs

The Navy's Southeast Regional Maintenance Center (SERMC) in Norfolk, Va. opened an inspection and repair service June 15 for self-contained breathing apparatus (SCBA) units that will and reduce costs and shorten the time it takes to restore the units to their full operational condition.

SCBA devices are worn over the chest to provide a self-contained source of breathable air in emergency situations such as firefighting.

"SERMC now supports our ships with inspecting their (SCBA) equipment, and providing cost-effective and more efficient repairs than if they had to send them out in town to repair or replace their units," said Capt. Ron Cook, SERMC commanding officer.

Until now, private companies have conducted SCBA inspections, repairs and certifications with costs that approach \$100 per unit. The number of work requests will vary

from month to month, depending on the status of the ships equipment and the schedule of the ships. Each ship possesses approx 225 bottles that require periodic testing and hydrostatic certification.

"When ships sent their SCBA units to private companies, the turnaround time often couldn't support the ships' tight timelines for inspections and deployments," said Edgar McNulty, SERMC's Engines Product Family Supervisor. "Now that we have an in-house capability, we're able to manage the inspections and repairs in a way that better supports ships' schedules. We expect the shop to be very busy after opening for service to the fleet."

Learn more about Naval Sea Systems Command's regional maintenance centers at <http://www.navsea.navy.mil/OnWatch/readiness2.html>.



INSTANT  
★ CREDIT ★  
APPROVAL

NO CREDIT?  
NEED CREDIT?  
NO PROBLEM!

MILITARY AND GOVERNMENT  
EMPLOYEES  
ALWAYS APPROVED!

THE **10**  
**20 SALE**  
**30** SAVE 10 - 30% OFF  
NOW THROUGH  
WEDNESDAY

**10% OFF\***

TVs, GAMING SYSTEMS,  
COMPUTERS, TABLETS

**20% OFF\***

FURNITURE, APPLIANCES,  
SOUND SYSTEMS, HOME  
ACCESSORIES, MATTRESS  
SETS, TIRES AND RIMS

**30% OFF\***

SELECT  
JEWELRY

FURNITURE • BEDROOM • LIVING ROOM • DINING ROOM • APPLIANCES • ELECTRONICS • TVS • COMPUTERS • TIRES AND RIMS

**USA**  
**DISCOUNTERS**  
Your Incredible Credit Store®

**FLETCHER'S**  
JEWELERS  
FletchersJewelers.com

**JACKSONVILLE, FL**  
WESTLAND PARK PLAZA  
6000 LAKE GRAY BLVD  
904-772-6440

STORE HOURS: M-F 10AM-9PM SAT 10AM-8PM • SUN 12PM-5PM WWW.USADISCOUNTERS.NET

WHY RENT WHEN YOU CAN OWN?

SUPERIOR CUSTOMER SERVICE • QUALITY MERCHANDISE • IMMEDIATE DELIVERY • PAYROLL AND ALLOTMENT EXPERTS • POWER OF ATTORNEY ACCEPTED



Limited to in-stock regularly priced and clearance merchandise only. Discount does not apply to advertised merchandise. Limited time offer. Taxes, delivery, installation charges not included. No discount credit for purchases outside this offer date. Cannot be combined with any other offer or advertisement. Discount does not apply to watches or diamond solitaire rings. Valid 6/29/12 - 7/4/12. See store for details.



# DoD Supports Proposals For Military, Veteran Homeowners

By Donna Miles

American Forces Press Service

The Defense Department supports legislative proposals that would provide increased career support and homeowner protections to military members and veterans, a senior defense official told Congress June 21.

"Taking care of our military before, during and after their service to our country is one of the Department of Defense's highest priorities," Frederick E. Vollrath, who is performing the duties of the assistant secretary of defense for readiness and force management, told the House Veterans Affairs Committee's subcommittee on economic opportunity. He thanked the committee for efforts to address some of the economic challenges service members and their families face during active duty and as they transition into civilian life.

Vollrath joined representatives of the Veterans Affairs and Labor departments, as well as veterans organizations representatives, to weigh in on four bills he said would significantly affect service members and veterans. The hearing was cut short so the subcommittee members could get to the House floor for a vote, but Vollrath submitted written testimony outlining the Defense Department positions.

Two of the proposed bills, the Hire at Home Act and the Help Veterans Return to Work Act, focus on jobs.

DOD supports the Hire at Home Act, which encourages states to consider training when granting civilian credentials, Vollrath said. If passed, the law would require states to consider a veteran's military training when processing applications to become nursing assistants,

registered nurses, emergency medical technicians or commercial drivers.

Vollrath noted the new DOD-led Credentialing and Licensing Task Force stood up to help service members and veterans apply skills learned in the military to earn credentials, certifications and licenses across a broad range of civilian occupations.

The task force, Vollrath explained, will identify military specialties that readily transfer to high-demand jobs, initially focusing on the manufacturing, health care, information technology, logistics and first-responder sectors. It also will work with civilian credentialing and licensing associations to address any requirements not covered by military training, will and help service members get greater access to certification and licensing exams.

"The Department of Defense provides high-quality training to service members, and this high-quality training is closely linked to many of the high-demand, high-growth occupations in the civilian sector," Vollrath told the panel.

"Our men and woman have done incredible work, mastered cutting-edge technologies and adapted to unpredictable situations," he continued. "Those skills are what America needs for the jobs and industries of the future."

Vollrath was less enthusiastic about language in the Help Veterans Return to Work Act, which he said actually would limit use of an "undue hardship" defense under the Uniformed Services Employment and Reemployment Rights Act. As written, he said, the bill would limit this defense so it could be claimed only by small businesses.

"The Defense Department shares the goal of ensuring that the undue hardship exception is used in ways that reinforce the law's intent," he said.

DOD supports the intent of two other bills that would expand the Servicemembers Civil Relief Act to increase mortgage protections to military members, Vollrath reported.

The Military Family Protection Act seeks to improve protections for service members and surviving spouses against mortgage foreclosures. It seeks to expand protections for troops serving in support of contingency operations, veterans who are disabled at retirement, and surviving spouses of service members whose deaths were service-connected or occurred while supporting a contingency operation. The bill also would extend these protections to cover obligations made both before and after military service.

The department also supports the Fairness for Military Homeowners Act, Vollrath told the panel. If passed, it would ensure that military members who move away from their principal residences for active duty aren't prevented from refinancing the mortgages on those properties.

Vollrath said this measure is consistent with the overall goals of the Servicemembers Civil Relief Act to ensure the consumer rights of military members are not unfairly limited because they serve in the military.

He expressed concern, however, that the legislation could affect loan subsidy costs, and said DOD will continue to review the bill and offer technical help as needed.

From Page 11

## Water

water system must follow.

**Maximum Contaminant Level** - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

**Maximum Contaminant Level Goal** - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

**Maximum Residual Disinfection Level (MRDL)** - The highest level of a disinfectant allowed in drinking water. There is a convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

**Maximum Residual Disinfectant Level Goal (MRDLG)** - The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

**Not Applicable (N/A)** - No value limit or restriction has been applied to this particular parameter.

**Non-Detects (ND)** - indicates that the substance was not found by laboratory analysis.

**Parts per billion (ppb)** - one part per billion corresponds to one minute in 2,000 years, or a single penny in \$10,000,000.

**Parts per million (ppm)** - one part per million corresponds to one minute in two years or a single penny in \$10,000.

**Picocuries per liter (pCi/L)** - picocuries per liter is a measure of the radioactivity in water.

The sources of drinking

water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

(A) **Microbial contaminants**, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

(B) **Inorganic contaminants**, such as salts and metals, which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.

(C) **Pesticides and herbicides**, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.

(D) **Organic chemical contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems.

(E) **Radioactive contaminants**, which can be naturally-occurring or be the result of oil and gas

production and mining activities.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. NAVFAC Southeast is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

In order to ensure that tap water is safe to drink, EPA prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. FDA regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

All drinking water, including bottled water, may reasonably be expected to contain at

least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

Thank you for allowing us to continue providing your family with clean, quality water this year. In order to maintain a safe and dependable water supply we sometimes need to make improvements that will benefit all of our customers. These improvements are sometimes reflected as rate structure adjustments. Thank you for understanding.

\*Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (800-426-4791).



Don't Miss An Issue Of Your

**Mirror**

Pick up your copy at any of these off-base sites

**Fleet Landing**

Mayport Rd., Mayport

**Citgo-Express Lube**

2584-4 Mayport Rd., Mayport

**Mayport Tavern**

Mayport Rd., Mayport

**Singleton's Seafood Shop**

Mayport Rd., Mayport

**Coast Guard Station Exchange Store**

Mayport

**Coast. Guard Main Gate Sec Check-In**

Mayport

**USO Center**

2560 Mayport Rd., Mayport

**Dick's Wings**

Mayport Rd., Mayport

**Otter Run Apts.**

Assisi, Mayport

**Community Center**

Assisi At End, Mayport

**Rainbow Child Development**

1137 Cove Landing Mayport

**Navy Exchange/Commissary**

2292 Mayport Rd., Mayport

**Home Finder's Realty**

2294 Mayport Rd., Mayport

**Subway**

2294 Mayport Rd., Mayport

**Brass Anchor**

Mayport Rd., Mayport

**Terry's Country Store**

2198 Mayport Rd., Mayport

**Fleet Reserve Assoc. #290**

390 Mayport Rd., Mayport

**American Legion Post 316**

1127 Atlantic Blvd., Mayport

**Advance Auto Parts**

14045 Beach Blvd., Jax Beach

2350 3rd St. S., Jax Beach

**Beach Diner**

501 Atlantic Blvd., Atlantic Beach

**Beside Publix**

600 Sawgrass Village Dr., Ponte Vedra Beach

**Best Western**

2389 Mayport Rd., Atlantic Beach

**BP Food Shop**

7961 Arlington Expwy, Jax

**BP Food Shop**

14070 Beach Blvd., Jax

**BP Food Shop**

1628 N 3rd St. @ 16th Ave., Jax Beach

**BP Food Shop**

605 New Berlin Rd., Jax

**Cap'n Odies**

2206 Mayport Rd., Atlantic Beach

**Chevron**

1540 Mayport Rd., Atlantic Beach

**Comfort Inn Mayport**

2401 Mayport Rd., Atlantic Beach

**Days Inn**

1401 Atlantic Blvd., Neptune Beach

**Family Dollar**

10732 Atlantic Blvd., Jax

**Famous Amos**

1111 Cesery Blvd., Jax

**FCE - Shell**

7150 Merrill Rd., Jax

10716 Atlantic/St. Johns Bluff, Jax

1001 2500 Mayport Rd/A1A, Atlantic Beach

1539 3rd St. S., Jax Beach

**FCE - Shell (Daily's)**

9115 Merrill Rd./9-A, Jax

13490 Atlantic Blvd./San Pablo, Jax

14294 Beach Blvd./San Pablo, Jax Beach

4755 Hodges Blvd./JTB, Jax

**Gate**

1721 University Blvd. N., Jax

7211 Merrill Rd., Jax

1001 Monument Rd., Jax

10044 Atlantic Blvd., Jax

8070 Atlantic Blvd., Jax

2520 3rd St. S., Jax Beach

220 A1A N., Ponte Vedra Beach

619 A1A N., Ponte Vedra Beach

319 S 3rd St., Jax Beach

570 Busch Dr., Jax

4100 Heckscher Dr., Jax

463779 SR 200/A1A, Yulee

**Girvin Coin Laundry**

12777 Atlantic Blvd. #2, Jax

**Holiday Inn Express**

1101 Beach Blvd., Jax Beach

**Holiday Inn Express**

2040 Mayport Rd., Atlantic Beach

**Jiffy Lube**

2837 Townsend Blvd., Jax

10430 Atlantic Blvd., Jax

1672 3rd St. S., Jax Beach

13560 Atlantic Blvd., Jax

1067 Atlantic Blvd., Atlantic Beach

**La Pizzeria**

2158 Mayport Rd., Jax

**Navy Exchange (Side Of Pan Am Plaza)**

2294 Mayport Rd., Atlantic Beach

**T's Stop & Shop**

2051 Mayport Rd., Atlantic Beach

**Walgreen**

4715 Hodges Blvd., Jax

**Wok Express**

1301 Monument Rd., Jax

You are helping turn research into reality.

Call 800.533.CURE or visit [www.jdrf.org](http://www.jdrf.org)

**JDRF**

A GFC participant. Provided as a public service.

# Team USA loaded With Soldiers For Olympics

By Tim Higgs

Army Installation Management Command

The U.S. Army World Class Athlete Program will send what it describes as its strongest contingent of athletes and coaches ever to the 2012 Olympic Games in London.

Eleven WCAP coaches and athletes have already qualified to participate. Several more are competing for spots on Team USA at the 2012 U.S. Olympic Track and Field Team trials here, which began June 21 and conclude July 1.

WCAP provides soldier-athletes the support and training needed to successfully compete in Olympic sports on the national and international levels, including the winter and summer Olympics, Pan American Games, world championships and Conseil International du Sport Militaire's Military World Games.

The soldier-athletes serve as ambassadors for the Army by promoting it to the world and assisting with recruiting and retention efforts. Since 1948, more than 600 soldiers have represented the United States as Olympic athletes and coaches. They have collected more than 140 medals in a variety of sports, including boxing, wrestling, rowing, shooting, bobsled and track and field.

WCAP wrestling head coach Shon Lewis, a retired staff sergeant who has led the Army to 11 national team titles in Greco-Roman wres-

ting, will lead three of his wrestlers to London as an assistant coach for Team USA.

As a WCAP athlete, Lewis, 45, of Oakland, Calif., is a 12-time armed forces champion and a 10-time national team member. He was named Greco-Roman Coach of the Year five times by USA Wrestling, the governing body for wrestling in the United States.

Two-time Olympian Sgt. 1st Class Dremiel Byers, 37, of Kings Mountain, N.C., will wrestle in the 120-kilogram/264.5-pound Greco-Roman division. A world champion in 2002, Byers, a 10-time national champion, is the only U.S. wrestler who has won gold, silver and bronze medals at the world championships. He also is the only American wrestler to win gold at both the open and military world championships.

Spc. Justin Lester is a strong medal contender in the 66-kilogram/145.5 pound Greco-Roman division. Lester, 28, a native of Akron, Ohio, heads to England as USA Wrestling's reigning Greco-Roman Wrestler of the Year. A two-time bronze medalist at the world championships, Lester has more than ample motivation to succeed in London.

"I've had two bronze medals, and they're all right, but I need an Olympic gold medal," he said. "That's eating at me more than anything,

that I don't have that gold medal."

Two-time Olympian Sgt. Spencer Mango, 25, of St. Louis, will compete in the 55-kilogram/121-pound Greco-Roman class. A four-time national champion, Mango is eager to return to the Olympics. "The first time, I'll admit, I was surprised myself," Mango recalled of his Olympic debut in Beijing. "I knew I could do it, but I hadn't done it yet. This time, it's all business - need to bring home some medals. I've wrestled almost all the top guys in the world in my weight class. I know what I need to do - just get out there and really get after it."

Four-time Olympian Sgt. 1st Class Daryl Szarenski, 44, of Saginaw, Mich., will compete in both the 50-meter free pistol and 10-meter air pistol. He struck gold with the air pistol and silver with the free pistol at the 2011 Pan American Games in Guadalajara, Mexico.

Szarenski finished 13th at the Olympics in Athens, Greece, in 2004 and 13th in Beijing in 2008. He's aiming for a shot at the podium in London.

"I'm hoping to keep wearing them down and get in there and get a medal out of it," Szarenski said. "I think the training regimen that I have now is a lot better than what it was in the past. I've changed a couple technical issues and I think I'm heading in the right direction. I feel that I'm shoot-

ing the best now that I've ever shot."

Two-time Olympian Sgt. 1st Class Keith Sanderson, 37, of San Antonio, will compete in the 25-meter rapid-fire pistol event. He set an Olympic record during the qualification rounds in Beijing but left China without a medal. He hopes to improve upon that fifth-place result in London.

"I remember the excitement," Sanderson said. "That was more than I was ready for. It's faded a little bit, but I remember it was awesome. It was more than I could control. I'm looking forward to feeling that again. ... It was something that words can't describe, and to this day, words can't describe it. I didn't sleep for two or three days after I competed - not a wink - from all of the adrenalin."

Four-time Olympian Maj. David Johnson, 48, of Hampton, Va., has coached three athletes to Olympic medals and led shooters to 25 medals in World Cup events. He will again coach Team USA's rifle shooters in London.

Two-time Olympian Staff Sgt. John Nunn, 34, of Evansville, Ind.,

already qualified for the 50-meter race walk and might attempt to qualify in the 20-kilometer race walk on June 30 at the U.S. Olympic Track and Field Team Trials in Eugene, Ore.

Nunn competed in the 20-kilometer event at the 2004 Olympics in Athens but did not make Team USA for the 2008 Beijing Games. His personal best in the 20K race walk is 1 hour, 22 minutes, 31 seconds.

Spc. Dennis Bowsher, 29, of Dallas, will compete in modern pentathlon, a five-sport event that includes fencing, swimming, equestrian show jumping, cross country and laser pistol shooting all in the same day. Bowsher finished fourth in both the 2011 Military World Games in Rio de Janeiro, Brazil, and the 2011 Pan American Games in Guadalajara, where he secured an Olympic berth.

Staff Sgt. Charles Leverette, 39, of Brent, Ala., will serve as Team USA's assistant boxing coach in London. A former WCAP heavyweight boxer, Leverette was a bronze medalist at the 2004 U.S. Olympic Boxing

Team Trials.

Staff Sgt. Joe Guzman, 32, of Eloy, Ariz., will serve as the trainer and help work the corners for Team USA's boxers in London. As a WCAP boxer, Guzman was a three-time armed forces champion.

Four-time Olympian Basheer Abdullah, a retired staff sergeant and head coach of the WCAP boxing team from St. Louis, will serve as Team USA's head boxing coach in London. He also led the U.S. boxing team in the 2004 Athens Games and served as a technical advisor for Team USA at the Olympics in 2000 and 2008.

Several other WCAP soldiers are vying for Olympic berths at the 2012 U.S. Olympic Track and Field Team trials here.

WCAP also features a Paralympic program for wounded warriors and expects to qualify at least one soldier for the London Paralympic Games. Sights are set on qualifying several more for the 2014 Paralympic Games in Sochi, Russia, and the 2016 Summer Paralympics in Rio de Janeiro, Brazil.

## Audie Murphy Honored

By Army Sgt. 1st Class Tyrone C. Marshall Jr.

American Forces Press Service

The military's top enlisted member joined a local chapter of the Sgt. Audie L. Murphy Club on June 20 in Arlington, Va., in honoring the club's namesake on his birthday.

Marine Corps Sgt. Maj. Bryan B. Battaglia, senior enlisted advisor to the chairman of the Joint Chiefs of Staff, joined the Military District of Washington Sergeant Audie L. Murphy Club in a wreath-laying ceremony to pay tribute to the American war hero, a Medal of Honor recipient, who is buried at Arlington National Cemetery.

"Eighty-eight years ago today," Battaglia said at the event, "we see a young man like Audie Leon Murphy who would become such a great American hero ... through his life - especially the life he served protecting our nation. [It's] quite impressive."

Battaglia noted that Murphy attained the rank of staff sergeant just a year and a half after joining the Army. He received a battlefield commission in October 1944, and rose to the rank of major.

"[But] Sergeant Audie Murphy wasn't someone about awards," Battaglia said. "He was about taking care of his men and women and getting the mission accomplished. And that's why I say ... it's befitting of me to ... recognize Sergeant Audie Murphy on his birthday, a very monumental date in the history of our ... armed forces. But [I'm also here to] thank the members of his club and the loyal and dedicated soldiers that continue to serve honorably and with distinguished contributions and volunteerism throughout their com-



-Photo by Army Sgt. 1st Class Tyrone C. Marshall Jr. An honor guard soldier places a wreath next to the grave of Medal of Honor recipient Army Maj. Audie L. Murphy as Marine Corps Sgt. Maj. Bryan B. Battaglia, far left, senior enlisted advisor to the chairman of the Joint Chiefs of Staff, and the Military District of Washington chapter of the Sgt. Audie L. Murphy Club, pay tribute on the World War II hero's birthday at Arlington National Cemetery, Va., June 20, 2012.

munities and neighborhoods."

Battaglia was joined by Army Sgt. 1st Class Jessica Taylor, president of the local chapter, who serves in the Office of the Secretary of Defense Mess.

"It is my honor today to honor the leader of our charge in the Sgt. Audie Murphy Club - Audie Leon Murphy," she said. "Today would be his 88th birthday. We welcome you all."

Other club members played prominent roles during the ceremony, including treasurer Army Staff Sgt. Tanner Welch, who recited Murphy's biography.

"Audie Murphy was killed in a plane crash on a mountain top in Roanoke, Va., May 28, 1971," Welch said. "Fittingly, his body was recovered two days later on Memorial Day."

"Audie may have been the last American war hero," he added. "He was the best combat soldier in the 200-plus year history of the United States."

Battaglia said Audie Murphy is buried next to "thousands and thou-

sands of great American service men and women," but is special in his own right.

"I think his service in the Army goes beyond just that in the Army," he said after the ceremony, reflecting on what he has read about Murphy. "I'd like it to resonate throughout all the services. He wasn't worried about awards and decorations. The man was there to accomplish a mission, he was there to protect his country, and he was there to protect his men and women. And that's all he really cared about."

### Did you know?

- At St. Jude, no child is ever turned away because of a family's inability to pay.
- Research findings at St. Jude are freely shared with doctors and scientists all over the world.
- Since opening in 1962, St. Jude has treated children from all 50 states and around the world.

Call 800-822-6344 or visit [www.stjude.org](http://www.stjude.org) to learn more.



## "WE BRING THE MILITARY MARKET TO YOU!"



ADVERTISE  
IN THE  
MILITARY  
PUBLICATIONS

- Reach 74,000 Readers
- Internet Advertising (Included in Rate)
- Military Publications on [www.Jacksonville.com](http://www.Jacksonville.com) which receives 11 million views per month
- Distributed on three Naval Bases and off-site locations
- Published Thursday weekly

Call Advertising Today  
904-359-4336

Regional Economic Impact  
**\$7.8 billion/year**

Military Publications reach  
**81% of the military community**

Regional Payroll (all 3 bases)  
**\$2.04 billion/year**

Military Community  
Includes 92,103 Active-Duty, Reserves, Retirees and Contractors

The Navy is the largest employer in Northeast Florida and Southeast Georgia

Working On Base -  
**50,631**  
Active-Duty, Reserves, Civilians, Contractors

THE MIRROR NS MAYPORT, FLORIDA

JaxAirNews THE PERISCOPE  
KINGS BAY, GEORGIA

Published by  
The Florida Times-Union



## hunter: another word for conservationist



Hunters do more to conserve habitat than any other group. And they have achieved great things for wildlife and wild places by supporting conservation organizations like Ducks Unlimited. Because of their support, Ducks Unlimited has conserved more than 12 million acres of habitat across the continent. Come share our vision of skies filled with waterfowl today, tomorrow, and forever.

To find out more go to [www.ducks.org](http://www.ducks.org)





**Estate Sales**

**B. Langston's Presents**  
A Lovely Hidden Hills Estate  
Antiques to Pottery Barn! China,  
glassware, art, jewelry, tools, etc.  
12132 Spiney Ridge Dr. off Monument  
Thur/Fri 9-5. www.blngston.com

**Furniture / Household**

**CEILING FANS** 52" Brass  
Globe 4 lights, 5 wooden blades  
\$85. White Wicker Oval Mirror  
19"x29" \$50. 904-384-7809

**Garden / Lawn**

**RED MAPLE FIG TREES**  
\$5-\$6-\$8. Nike sz.11 black \$20.  
Two Rockports leather loafer  
business shoes sz.12 \$15ea.  
904-384-7809

**Medical**

**DIABETIC TEST STRIPS NEEDED**  
\$1 BUY sealed / unexpired boxes \$  
Call Bob at (904) 712-9015

**Misc. Merchandise**

14"x40" wood lathe w/stand  
like new \$150. Gazelle Power  
Plus Exercise eapt \$35. Vita  
Spa 260 gallons \$2000.  
476-7544/786-9651

**TRAVEL BAG \$25.** White  
Wicker border oval mirror  
19"x30" \$50. Ceiling fan 52"  
4 lights, 5 blades, brass decor  
904-384-7809

**PV STORE MOVING**  
good condition counters, glass shelves,  
std/bktrk trk light, fixtures, brio  
tablecloth & more. Call 904-382-9563

98" SOFA exc cond \$125-too  
large for cond. 2 year old  
Hawaiian Tiffany Lamp, dining  
room new \$45. Luggage used  
twice exc cond \$50. Call 904-278-3064

**Portable Buildings**

**Genesis Modular Buildings, Inc.**  
5207 Doolittle Road  
Jacksonville FL 32254  
Office trailers. Modular office bldgs  
& classrooms for businesses, schools,  
churches, daycares, medical clinics.  
New & used buildings available for  
lease or purchase. Financing avail.  
3 types of decks, steps & handicap  
ramps - wood, metal or concrete.  
We relocate and buy used modular  
buildings. Help with permitting  
and blueprints if needed.  
Call & asking for J.P. 904-419-2631  
WWW.GENESISMODULAR.COM

**Sporting Goods**

**Nordic Track for sale!** Good  
condition! Denise 614-3791  
\$70.00

**Pets & Animals**

Adopt a Pet  
Pets & Supplies  
Livestock & Supplies  
Animals Wanted

**Pets and Supplies**

**LAB PUPPIES AKC**  
\$350 Health cert. AKC Registered  
850-971-7251 or 850-464-2169.

**PRECIOUS LITTLE PUPPIES,**  
Pecan Park Flea Market 768-6063

Yorkies H/C / Call 904-495-8191  
Text/ Bluediamondyorkies.com

**Transportation**

**Aviation**  
**Boats**  
**Sailboats**  
**Boat Dockage & Rentals**  
**Marine Equipment**  
**& Supplies**  
**RV Rentals**  
**RV's & Suppliers**  
**Motorcycles & Mini Bikes**  
**Auto Brokers**  
**Auto Parts**  
**Antiques/Classics**  
**Automobiles**  
**Trucks/Trailers/SUVs**  
**Vans/ Buses**  
**\$2000 or Less**  
**Commercial Vehicles**  
**Misc. Auto**  
**Autos/Trucks Wanted**  
**Auto Rent/Lease**

**Boats**

28' 5th WHEEL, 3 slides, exc.  
cond., cov'd storage, slps 6,  
orig owner, upgraded ameni-  
ties, storage. \$2300. 904-771-7292

**RVs and Supplies**

'76 MCI Custom Coach 94k  
orig. miles, kitch., bath,  
liv. rm, bdrm, basement, stor-  
age. A W E S O M E ! Call  
904-282-2485. \$60,000.

**Motorcycles/Mini Bikes**

'07 YAMAHA TOUR DELUXE  
19,400mi. Mustang seat, bub  
exhaust, exc. cond, \$9K. Ron  
553-3249 lv msg.

'07 Suzuki M109R Pearl white  
Motor Cycle. Only 16K  
miles/new clutch+tires  
\$12.3K. ASKING \$6.5K  
text/call (912) 674-5846

2007 Suzuki G5X R-1000-Full  
Yoshimura exhaust sys., 3  
stage Dynafit power com-  
mander, & lowered 1". Pro-  
fessionally installed &  
maintained by AMR motorsports.  
Only 5k mi's w/clean title in hand.  
Asking \$8000. Contact - 215.3594

Harley Davidson Roadslide 2006

\$14,500, plus lots of extras. Robert  
850-591-9712 bedford.robert@gmail.com

**Auto Parts**

**BRAND NEW-205.55-R16 Tire**  
& Steel Rims for Dodge  
Elantra & Sonata, also Kia.  
772-7447/635-6673

Michelin P225/60R-17 \$130.  
2 P275/55-R18 109T \$200. Each  
used P255/70R16 exc cond \$85.  
Lincoln Manuals Radiator  
Hoses Serpentine Wheel Emblem  
name 904-384-7809

**Support your military newspaper.**  
**The best bargain in town.**  
For Classified Advertising,  
call 904-366-6300,  
or 1-800-258-4637.

**Antiques / Classics**

**CHRYSLER 300 2dr '65 2nd owner**  
77K orig miles unrestored beauty  
\$13,900. Call Don 904-635-5682

**Classic '65 Chevy Impala**  
69,700mi, all orig., 283cu. needs  
point inter., very good cond.  
\$10K. Ron 553-3249

**Automobiles**

'03 Honda Civic EX \$6800. Cold  
A/C. 111K mi's, 35mpg, blk.  
4dr, AT, runs great, Miguel  
939-579-0825

'08 CHEVY Z71, 4x4, AT, PW,  
PL, 9800mi, \$23,500. Call after  
4p. 691-2659. Tom. Orange Pk.

'90 CORVETTE ROADSTER,  
Both Tops. Steel Blue/Black  
Leather. Only 813 made this  
color. Loaded, Bose Audio,  
350cid, Auto, Cold Air, American  
Racing Wheels, Garage Kept,  
Excellent Condition, All Maintenance  
Records & Documentation  
since new! \$12,000.00 Firm, Ron @  
904-268-2080

**Trucks / Trailers / SUVs**

Ford Taurus SES '01 -  
green w/grey int, exc cond, 108k  
miles - \$4500.00 - call 904.868.3257

'06 TOYOTA TUNDRA-4.7 V8,  
fully loaded, exc cond, \$12,400.  
Call 536-0715 to set appt. to  
view vehicle.

**TOYOTA TACOMA '01 Ex Cond.** 81k  
Miles, new tires, new bedliners with  
rails, great buy, \$7000 cash. 777-9940

**Commercial Vehicles**

**DUMP TRAILERS.** 1997 Globe  
Trailer 35x8x5 \$ 8,000.00 1989 Alu-  
minum Firehuf Trailer 35x8x5  
\$12,000.00 1995 Hardee Walking  
floor Aluminum Trailer \$ 15,000.00  
Peggy 904-482-2443 for more info

**650,620 HOURS**  
Besides protecting our country,  
military personnel stationed in our  
communities donated 650,620 hours  
of volunteer service in Northeast  
Florida and Southeast Georgia last  
year. Their time was given to community  
organizations, church groups, youth  
activities, scouting and more.

*Thank You!*

**Jax Air News**  
THE NS MAYPORT, FLORIDA  
**Mirror**  
THE PERISCOPE  
KINGS BAY, GEORGIA

**\$7.8 Billion**

**The economic impact of the military in Northeast Florida and Southeast Georgia is \$7.8 billion.**

Local businesses benefit from the military and civilian personnel who buy and rent homes and who purchase goods and services. Let them know what your business has to offer by advertising in one or all of the military publications distributed at the local bases in the area.

**For advertising information, please call 904-359-4336, Fax 904-366-6230.**

**Jax Air News** THE NS MAYPORT, FLORIDA  
**Mirror**  
THE PERISCOPE  
KINGS BAY, GEORGIA

**The Times-Union**

**drive**

**DEALER DIRECTORY**

**TO LIST YOUR DEALERSHIP, PLEASE CALL 904-359-4193**

<p><b>BUICK</b></p> <p><b>KEY BUICK-GMC</b> 4660 Southside Blvd. 642-6060</p> <p><b>NIMNIGHT BUICK-GMC</b> 11503 Phillips Hwy 685-8820</p> <p><b>CADILLAC</b></p> <p><b>CLAUDE NOLAN CADILLAC</b> 4700 Southside Blvd. 642-5111 www.claudenolan.com</p> <p><b>CHEVROLET</b></p> <p><b>NIMNIGHT CHEVY</b> 1550 Cassat Ave. 904-647-4220 www.nimnichtchevy.com</p> <p><b>JERRY HAMM CHEV</b> 3494 Phillips Hwy. 398-3036 www.jerryhamm.com</p> <p><b>RON ANDERSON</b> <b>CHEVROLET BUICK GMC</b> 464054 State Rd. 200 Yulee, FL 32097 904-261-5821</p> <p><b>CHRYSLER</b></p> <p><b>ATLANTIC CHRYSLER</b> www.atlanticjeep.com 2330 US1 South 354-4421</p> <p><b>JACKSONVILLE CHRYSLER</b> <b>JEEP DODGE</b> 9A &amp; BAYMEADOWS. 493-0000</p> <p><b>RICK KEFFER</b> 1495 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p> <p><b>HONDA</b></p> <p><b>DUVAL HONDA</b> 1325 Cassat Ave. 899-1900</p> <p><b>LOU SOBH HONDA</b> <b>OF THE AVENUES</b> 11333 Phillips Hwy. 370-1300</p>	<p><b>DODGE</b></p> <p><b>ATLANTIC DODGE</b> www.atlanticjeep.com 2330 US1 South 354-4421</p> <p><b>Jacksonville Chrysler Jeep</b> <b>Dodge</b> 9A &amp; Baymeadows 493-0000</p> <p><b>ORANGE PARK CHRYSLER</b> <b>JEEP DODGE</b> 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com</p> <p><b>RICK KEFFER</b> 1495 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p> <p><b>PAUL CLARK FORD-MERCURY</b> 1495 N. Exit 129 (Yulee) 225-3673</p> <p><b>MIKE SHAD FORD</b> At The Avenues 10720 Phillips Hwy. 904-292-3325</p> <p><b>MIKE DAVIDSON FORD</b> <b>AT REGENCY</b> 9650 Atlantic Blvd. 725-3060</p> <p><b>MIKE SHAD FORD</b> <b>OF ORANGE PARK</b> 7700 Blanding Blvd. 777-3673</p> <p><b>GMC</b> <b>GMC TRUCKS</b></p> <p><b>NIMNIGHT GMC</b> 11503 Phillips Hwy 685-8820</p>	<p><b>HYUNDAI</b></p> <p><b>KEY HYUNDAI</b> 4660 Southside Blvd. 642-6060</p> <p><b>JEEP</b></p> <p><b>ATLANTIC JEEP</b> www.atlanticjeep.com 2330 US 1 South 354-4421</p> <p><b>JACKSONVILLE CHRYSLER</b> <b>JEEP DODGE</b> 9A &amp; BAYMEADOWS. 493-0000</p> <p><b>RICK KEFFER</b> 1495 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p> <p><b>ORANGE PARK</b> <b>CHRYSLER JEEP DODGE</b> 7233 Blanding Blvd. 777-5500 www.orangeparkdodge.com</p> <p><b>KIA</b></p> <p><b>KIA OF ORANGE PARK</b> 6573 Blanding Blvd. 771-6078</p> <p><b>LINCOLN</b></p> <p><b>NORTH FLORIDA</b> <b>LINCOLN</b> 4620 Southside Blvd. 642-4100</p> <p><b>MIKE SHAD FORD</b> <b>LINCOLN</b> 7700 Blanding Blvd. 777-3673</p>	<p><b>TOYOTA</b></p> <p><b>KEITH PIERSON TOYOTA</b> 6501 Youngerman Circle. 771-9100</p> <p><b>ERNE PALMER TOYOTA</b> 1310 Cassat Ave. 389-4561</p> <p><b>VOLKSWAGEN</b></p> <p><b>O'STEEN VOLKSWAGEN</b> <b>VISIT OSTEENVW.COM</b> <b>TODAY!</b> 904-322-5100</p> <p><b>TOM BUSH VOLKSWAGEN</b> <b>VISIT TOMBUSHVW.COM</b> 904-725-0911</p> <p><b>VOLVO</b></p> <p><b>O'STEEN VOLVO</b> www.osteenvolvo.com 396-5486</p> <p><b>PRE-OWNED VEHICLES</b></p> <p><b>AUTO LINE</b> A Family owned Business autolinepreowned.com 2126 Mayport Rd., Atlantic Beach 904-242-8000</p> <p><b>AUTOS</b> <b>BEACH BLVD.</b> <b>AUTOMOTIVE</b> Family Owned Since 1967 beachblvdautomotive.com 6833 Beach Blvd. 724-3511</p> <p><b>DARCARS</b> <b>WESTSIDE</b> <b>PRE-OWNED</b> <b>SUPERSTORE</b> 1672 Cassat Ave. 904-384-6561 www.westsidedodge.net</p>	<p><b>PRE-OWNED VEHICLES</b></p> <p><b>DARCARS</b> <b>WESTSIDE</b> <b>PRE-OWNED</b> <b>SUPERSTORE</b> 1672 Cassat Ave. 904-384-6561 www.westsidedodge.net</p> <p><b>O'STEEN VW</b> <b>CERTIFIED</b> <b>PRE-OWNED</b> <b>CENTER</b> <b>VISIT OSTEENVW.COM</b> <b>TODAY!</b> 904-322-5100</p> <p><b>WORLD IMPORTS</b> <b>CERTIFIED</b> <b>PRE-OWNED</b> <b>AUTO CENTER</b> www.worldimportsusa.com 11650 BEACH BLVD. 998-9992</p> <p><b>SUPPORT</b> <b>YOUR LOCAL</b> <b>DEALERSHIPS</b> <b>BY SHOPPING</b> <b>LOCALLY.</b> <b>READ DRIVE</b> <b>EVERY</b> <b>SATURDAY IN</b> <b>THE</b> <b>TIMES-UNION</b> <b>OR GO TO</b> <b>DRIVE.JACKSONVILLE.COM</b> <b>FOR GREAT</b> <b>LOCAL DEALS.</b> <b>LET'S SHOP</b> <b>LOCAL!</b></p>
---	---	---	---	--