



2008 CHINFO Award Winner

Wear Rules For NWU Expanded

From Chief of Naval Personnel Public Affairs

The Chief of Naval Operations (CNO) Adm. Jonathan Greenert announced expanded occasion for wear and updated policies for the Navy Working Uniform (NWU) Type I, II and III in NAVADMIN 366/11, released Dec. 2.

There has been a lot of interest throughout the fleet regarding expanding the locations that Sailors can wear the Navy's working uniform. Several weeks ago the CNO asked Vice Chief of Naval Operations Adm. Mark Ferguson and Master Chief

Petty Officer of the Navy Rick West to take a look at the Navy Working Uniform policy.

"Following their review, I am proud to report that we are extending the wear policy of the working uniform to improve the practicality while ensuring professionalism and maintaining its value," said Greenert. "I want my shipmates to look sharp, be uniform and have the quality they deserve."

The NAVADMIN expands the authorized stops for which NWUs may be worn when commuting to and from home and work, and to allow wear of the

NWU during selected events when authorized by regional commanders or commanding officers.

These policies will take effect Jan. 1 for all continental United States, Hawaii and Guam commands.

NWU wear is authorized for commuting and all normal tasks, such as stops at child care centers, gas stations, off-base shopping, banking, at the DMV, and dining before, during and after the workday. Since NWUs are not a liberty uniform, consumption of alcohol while off-base in the NWUs is not permit-

ted. Area or regional commanders may further restrict this policy within their geographic limits.

Additionally, the NWU Type I, II and III are authorized Jan. 1 for wear at all locations with the exception of several National Capitol Region (NCR) locations. These include inside the Pentagon building and the National Mall area bounded by Capitol Hill and surrounding senate and house staff offices, the White House and executive office building, State Department and all monuments and memorials.

Slides depicting NCR prohibited areas can be found at the Navy Uniform Matters website at <http://www.public.navy.mil/bupers-npc/support/uniforms/Pages/default2.aspx>. The service uniform and service dress uniform will remain the uniform of the day at these NCR locations.

Additionally, the NWU Type I is authorized for wear by all Commander, Navy Recruiting Command (CNRC) recruiters in the continental United States, Hawaii and Guam.

NWUs are not authorized

See NWU, Page 12



-Photo by Lt. Justin Cooper
Incoming Commanding Officer of HSL-48, Cmdr. Tyrel Simpson, shakes hands with the outgoing Commanding Officer, Cmdr. Donald Kennedy, during the squadron's change of command ceremony held at HSL-48's hangar on Nov. 30.

New CO For HSL-48

By Lt.j.g. Ryan Culbertson
HSL-48 PAO

The World Famous Vipers of Helicopter Anti-Submarine Squadron (Light) 48 held a change of command ceremony at Naval Station Mayport on Nov. 30 in the HSL-48 Hangar at 10 a.m. Cmdr. Tyrel Simpson relieved Cmdr. Donald Kennedy as commanding officer of the squadron.

During Kennedy's command tour, he deployed seven fully combat-ready detachments supporting operations Iraqi and Enduring Freedom, anti-piracy, and counter narco-terrorism operations. His aggressive pursuit of operational excellence

with an unwavering commitment to safety resulted in more than 8,500 total mishap-free flight hours and 11,500 shipboard landings. The Vipers led HSMWINGLANT in tactical proficiency, 13 anti-piracy engagements resulted in four pirates terminated and 38 captured suspected pirates, as well as more than 120 civilian mariners rescued. Additionally, HSL-48 scored above "fleet average" during the 2011 Commander Naval Air Forces aviation maintenance inspection, with 19 programs receiving zero discrepancies. Under his leadership, HSL-48 exceeded overall Navy

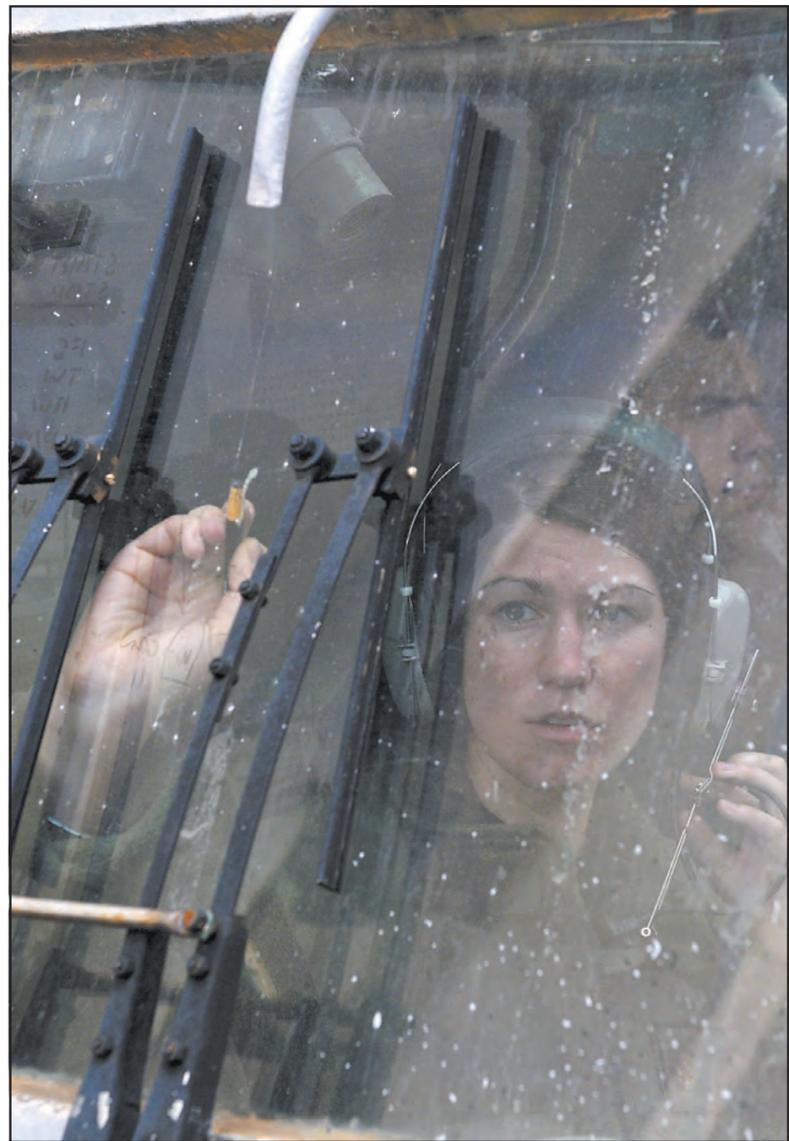
retention averages by more than 25 percent and promoted seven Sailors to Chief Petty Officer, seven to Senior Chief Petty Officer, and 91 Sailors to Petty Officer, meeting or exceeding the fleet advancement rates in every category.

Simpson, a native of Nebraska, is a 1993 graduate of the United States Naval Academy and was designated a naval aviator in February 1996.

Seagoing assignments include service in Helicopter Anti-Submarine Squadron Light 48, Carrier Strike Group 2 staff, and Helicopter Anti-

See HSL-48, Page 12

Wrapping Up



-Photo by MC2 Brian M. Brooks
Lt. Nicole Scherer, assigned to Helicopter Anti-Submarine Squadron Light (HSL) 46, Detachment 4, keeps track of pallets received inside the landing safety officer shack aboard the guided-missile cruiser USS Anzio (CG 68) during a vertical replenishment at sea with The Military Sealift Command dry cargo and ammunition ship USNS Sacagawea (T-AKE 2). Anzio, with embarked air squadron HSL-46, is deployed in the U.S. 6th Fleet area of responsibility conducting maritime security operations and theater security cooperation efforts. HSL-46 Det Four returns to Mayport today along with USS Gettysburg (CG 64). See the full story in next week's edition of The Mirror.



-Photo by Lauren Waltin
FFSC Essay Contest Winner Keana Altis and mom, Katie, proudly show their military family pride by wearing USS Gettysburg jerseys, the ship Keana's father is currently stationed aboard.

Essay Winner Tells Why She's Proud

Editor's Note: Fleet and Family Support Center hosted a Month of the Military Family Essay Contest last month. The subject was "Why are you grateful to be a member of a military family." Prize for the essay included a free Thanksgiving turkey from Whitz Pitt and publication in The Mirror. Congratulations Keana!

I am grateful to be a military family for two reasons. The first reason is because my dad is a hero! He protects me, my friend and this country. I know he has to leave, but when he's gone I know he is doing a great thing. My class is writing letters and

making a package to send to my Dad and all his Navy friends on the USS Gettysburg for Veteran's Day and Thanksgiving. Everybody is thankful for the job they do.

The second reason I am grateful to be a military family is the real reason why my Dad is in the Navy. I have Muscular Dystrophy. That means my muscles don't work as good as other people's muscles do. So I need lots of stuff to help me. I need a wheelchair, a stander, a gait trainer, a lift, surgeries, special medicines, therapy, special doctor appointments and a house with ramp and lots of room to

get around.

The Navy pays a lot of money to help me. If my dad wasn't in the Navy, it would be a lot harder. I have friends at school whose mom or dad is not in the Navy and they can't afford to buy wheelchairs or the stuff they need. But the Navy helps them too, because when I grow out of something I find someone who needs it and give it to them.

Even though it's hard that my Dad's gone a lot, it means a million to me and my friends for us to be a Navy family.

Keana Altis, 8

USS Carney
Celebrates Halfway Mark

Pages 4-5

USS De Wert
Holds COMREL in Dar es Salaam

Page 11

Santa Claus Is Coming
To Magical Christmas

Page 15



Capt. Doug Cochrane

Shipmates,
 Tuesday we welcomed Rear Adm. Jack Scorby Jr., Commander, Navy Region Southeast to Naval Station Mayport. Each stop during the day "look-see" of the base, Admiral Scorby got a firsthand look at the pride and professionalism each of you bring to the table each day. Special thanks to everyone involved in showing the boss around, and a huge thanks to the crew of USS Independence (LCS2) for showing Admiral Scorby your extremely sharp and stealthy littoral combat ship.

CAPTAIN'S CORNER

Yesterday more than 200 veterans and Florida Lt. Governor Jennifer Carroll participated in a remembrance ceremony with the men and women of USS Underwood (FFG 36) for the service members lost during the 1941 attack at Pearl Harbor, Hawaii 70 years ago.

Sponsored by the Mayport Fleet Reserve Association Branch 290, this annual commemorative service has been a Mayport tradition since 1966. Guests from various veterans' organizations throughout the State of Florida and beyond are attending this year's service.

Special thanks to Lt. Gov. Carroll for attending, Cmdr. Pete Mirisola for hosting and each one of the men and women of USS Underwood for your duty and dedication. Spending a day with our veterans will be something you won't forget. Take in their memories they will

no doubt share, they are living proof of Americas greatest generation.

Huge day today as we welcome USS George W. Bush (CVN 77), USS Anzio (CG 68), USS Mitscher (DDG 57), USS Truxton (DDG 103) and more than 1,300 Tigers who will board CVN and make the trek back to Norfolk tomorrow evening. Harbor Operations, Security, Public Works, MWR and a host of others will certainly have their hands full. Please drive safe as you make your way around the base...there will be some extra folks out and about to say the least!

Also happening today is the arrival of USS Gettysburg (CG 64) as they make their way back from the Mediterranean and six months away from family. I wish each and every one of you on board a happy holiday and welcome back.

Last week I had the pleasure of talking with a room full of great kids from the on base Youth Activity Center Torch Club. They were all armed with great questions as they sat at the table in the executive conference room and conducted one

of the best interviews I have ever had! Special thanks to School Age Counselors Yvonne Beisser and Shawanna Anderson for bringing the kids in and making my day. It was awesome.

And last, but certainly not least, please watch over your shipmates. There is no problem big or small that we can't fix together. I realize that holidays are often times when we see a spike in suicide and other problems both financial and domestic, and YOU NEED TO KNOW that we have a host of counselors, financial specialists and your own leadership that can guide you through anything. We are a team. We are a family.

Thanks to each of you for bringing your hard work and professionalism each day through our gates.

Be safe, and keep sending those suggestions to the CO's suggestion box or email them at douglas.cochrane@navy.mil

Project N.A.V.Y. Kicks Off At Forrest H.S.



Judy Cromartie
 School Liaison Officer

On Tuesday, Nov. 29, N.S. Mayport and NAS JAX joined with Duval County Public Schools in a partnership designed to connect students with military personnel. This collaboration will provide positive role models for students and demonstrate commitment, service to others, character, and discipline. While partnerships between commands and individual schools have been facilitated in the past, this is the first time that a whole

HOMEFRONT IN FOCUS

base partnership with the school district has been initiated.

The kick-off featured base commanders Captain Douglas Cochrane, N.S. Mayport, and Captain Jeffrey Maclay. Duval schools were represented by Ed Pratt-Dannals, Superintendent of Schools; Betty Burney, Board Chairman/School Board District 5 Representative; and Paula D. Wright, School board District 4 Representative.

Dr. Alvin Brennan, Principal, Forrest High School, emceed the program. The presentation of colors was performed by the Forrest High School Air Force JROTC and was followed by the National Anthem performed by the U.S. Navy Band. James

M. Stevens, JROTC Cadet, led the audience in the Pledge of Allegiance.

Following greetings by the superintendent, Mrs. Wright, whose district includes Ribault Middle School, remarked on the importance of this new partnership. Mrs. Burney, representing the Board and NS Mayport's other partner school George Washington Carver Elementary School, brought greetings from the Board.

Capt. Douglas Cochrane, commanding officer of NS Mayport, gave an impassioned speech on dreamers and how they have changed the world. He shared with the Kick-Off audience, which included Forrest High students and students from Ribault Middle

and Stilwell Middle, that this partnership with the Navy community, the district, school staffs, and parents will not let them fail! That they must dare to be dreamers like the Wright Brothers, Captain Scott Spiker - a Forrest High graduate, and Dr. Martin Luther King, Jr. He reminded them of Dr. King's statement that "the function of education is to teach one to think critically. Intelligence and character: those are the goals of education."

He gave a special "shout-out" to teachers, another group of dreamers, "who give nothing but 100% from the first day they stepped into this school." He reminded the audience that while teachers "don't get paid well commensurate with the effort they put into your well-being. They don't get the accolades that he and Captain Maclay" routinely receive. But, they too are "world

changers. . . . They dream of a better world just like Dr. King." Capt. Cochrane emphasized that this better world will "come because of you and their efforts on your behalf."

The partnership features a collaboration between NS Mayport and Ribault Middle and George Washington Carver Elementary Schools whose principals were also in attendance. Edward Robinson is the principal of Ribault Middle and Timothy Warren is Carver's principal. SERMC will be working with Ribault Middle and NAVSTA will assist Carver Elementary.

NAS Jax will partner with Forrest High School and Stilwell Middle. Their principals Dr. Alvin Brennan, Forrest, and Catherine Barnes, Stilwell, were also in attendance.

The commands at both bases will focus on providing positive role

models for the students. Additionally they will assist their schools with

- tutoring,
- character and leadership activities,
- school beautification,
- special school events, and
- a career day.

The year of activities will conclude with field trips to their respective bases.

Judy Cromartie is the School Liaison Officer for NS Mayport. If you have questions about this article or concerns about an educational issue impacting your child, she can be reached via email at judith.cromartie@navy.mil or by phone at (904) 270-6289 ext. 1305 [office] or (904) 219-3894 [cell]. Or you can schedule a meeting with her in her office in Building One.

Thanksgiving Is Bridge Between Good, Hard Times



Lt. Tom Bingol
 Surface Force Ministry Center

This year was a special Thanksgiving. It was marked with good food, family football and some special memories.

A year ago, I was deployed.

I enjoyed Thanksgiving with service members

CHAPLAIN'S CORNER

and contractors on the island of Diego Garcia, in the British Indian Ocean Territory. After a year's deployment, it is good to be back home.

Many of our servicemen and women are away from their families and friends. Yet we are still a unique "adopted" family where-ever we may be. As a young Sailor, I was reminded that the most important attitude that we can nurture or exhibit, is the attitude of thanksgiving. Whatever challenges we face, whatever burdens we carry, the

load seems lighter when we put each day into perspective. We often have many more blessings than we are willing to count.

Coming to know the DG-21 contractors, many from the Philippines, whose meager wages helped to support their families back home exemplified a true attitude of being thankful, of being grateful.

This week, we stand between the joy of Thanksgiving Day and the shadow of Pearl Harbor Day. My grandfather served in the U.S.

Navy after World War I; his eldest son, my uncle, served as a Marine in World War II. I am preparing for our celebration of Pearl Harbor Day, marking the 70th anniversary of a day that was filled with sacrifice, loss, and grief. But I offer that same sense of gratitude for those who rose to the challenge of defending our nation in its darkest hour.

Paul, in his letter to the Philippians, says, "Make your petitions known. Pray to God for what con-

cerns you, what troubles you, what you desire; but, in everything, give thanks." I have not always been the first to demonstrate that "attitude of Thanksgiving, but I strive to thankful each and every day."

I have met with sailors who are facing the Enlisted Retention Boards and Perform To Serve announcements. For all who have served our Navy in every generation, I extend a heartfelt "Thank You." For all who are facing the challenges of not

knowing what tomorrow brings, please know that our Chaplains are standing with you. May God cultivate in each of us, an attitude of thanksgiving in what we do and what we say, even as life's challenges gather around us.

In the shadow of December 7th, I hope that you were able to offer a moment of silence and remembrance for the battle of Pearl Harbor. Perhaps you will meet a WWII veteran, and offer a simple word to them. "Thank You."



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Is Your Child 2012 Military Child Of Year?

From Operation Homefront

Operation Homefront announced the opening of the 2012 Military Child of the Year Award nomination period. The award will be given to an outstanding military child from each Service - Army, Navy, Air Force, Marine Corps, and Coast Guard. The winners, who each will receive \$5,000, will be flown with a parent or guardian to Washington, D.C., for special recognition ceremony on April 5, 2012. Nominations are being accepted online until Jan. 15, 2012 at www.OperationHomefront.net/MCOY.

Ideal candidates for the Military Child of the Year Award demonstrate resilience and strength of

character, and thrive in the face of the challenges of military life. They demonstrate leadership within their families and within their communities.

Nominees must:

- Must have valid military ID or currently be enrolled in DEERS
- Must be between the ages of 8-18
- Must be able to travel to Washington, D.C., for the ceremony on April 5, 2012

Finalists must have a background check to confirm the information in the nomination and must provide references.

Recipients of the 2011 awards are profiled in the book "Our Youngest Heroes," available through Amazon.com.



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 Lt. Cmdr.
 Jerome Cayangyang

Roman Catholic Mass
 Sunday 9 a.m.
 Monday-Thursday
 11:30 a.m.
 Confessions:
 before & after mass or upon request
 CCD, RCIA & Adult Ed:
 Sunday 10:30 a.m.
 Baptisms
 3rd Sunday of month 10:30 a.m.
 Catholic Youth Group
 2nd & 4th Sunday 11:30 a.m.-1 p.m.
Protestant Worship
 Sunday 10:30 a.m.
 Sunday school 9:15 a.m.
 Choir: Wednesday 7 p.m.
 Baptism: For
 information contact your chaplain
 Women's Bible Study
 Wednesday 10 a.m.
 Protestant Youth Group
 1st Friday Youth Quak Trip 6:30 p.m.
 3rd Friday at Chapel 7-10:30 p.m.
 PWOC
 2nd Saturday 9:30 a.m.
 PMOC
 3rd Saturday Prayer Breakfast 9 a.m.
 MOPS
 1st & 3rd Thursday, 9:30 a.m.

For more information or other worship opportunities and religious organizations in Jacksonville, call 270-5212.



Naval Station Mayport

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 Cmdr. Patrick Pickard.....Executive Officer
 BMCM Wayne Welch.....Command Master Chief

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Share Your Energy-Conserving Tips Online

By **Andrea Lamartin**

Chief of Naval Operations Energy and Environmental Readiness Division

The director of the Chief of Naval Operations Energy & Environmental Readiness Division released a video podcast for the 2011 holiday season.

In the podcast, Rear Adm. Phil Cullom reminds viewers that while decorative lighting is an enjoyable part of celebrating the holidays, it presents two avoidable factors that can degrade Navy readiness: the

energy intensity of outdated lighting and safety issues that can result from these systems.

Cullom presents challenges in the categories of lighting, recycling, and safety. He recommends upgrading to energy efficient holiday lights by using solar lighting to decorate outdoors, employing lighting timers to reduce holiday lighting energy consumption, and using recycled materials to wrap gifts. Year round, he suggests turning off computers at the end of the

work day to conserve energy. From a safety standpoint, he encourages personnel to exercise caution with space heaters and avoid overloading electrical circuits.

Cullom invites Sailors and civilians to post holiday energy-saving and safety tips from their ships and bases on the Navy's Task Force Energy Facebook page, <http://www.facebook.com/NavalEnergy>.

This presents a great opportunity for Navy personnel to share

their knowledge and hands-on experience to improve readiness, conserve energy, and safely celebrate in the holiday spirit.

The complete video message can be viewed at <http://youtu.be/9rtIXx7p7Js>, and a written transcript is available on the Navy's Energy, Environment, and Climate Change website at <http://greenfleet.dodlive.mil/files/2011/11/NavyEnergyHolidayTranscript1.pdf>.

This and other podcasts, arti-

cles, and stories are available on the Navy's Task Force Energy Facebook page at <http://www.facebook.com/NavalEnergy>.

For additional information about the Navy's energy, environment, and climate change initiatives, please visit <http://www.greenfleet.dodlive.mil/home>.

For more news from Chief of Naval Operations Energy and Environmental Readiness Division, visit www.navy.mil/local/n45/.

Keep Mental Health In Mind During Holidays

By **Lt. Steven Fernandez**

Naval Hospital Jacksonville
Mental Health Department psychologist

While it's a myth that the suicide rate jumps around the holidays, the stress of the holidays can lead to neglecting the basic things that help people feel good: diet, exercise, rest and peace of mind.

During the holidays, it's easy to neglect mental health, along with diet, exercise and sleep. Not taking care of one's self leads to stress, irritability, fatigue, sleep problems, indulgent eating, loss of enthusiasm and feelings of detachment and angst. Stressed-out people have a hard time enjoying things, because they're preoccupied and sometimes just going through the motions. It's hard to feel like this is "the most

wonderful time of the year," when people are worrying about money, finances, family, travel, cooking, shopping and other activities that come with the season.

An American Psychological Association survey shows that the number one stressor during the holidays is financial stress. Coming in at number two is the pressure of gift-giving. Plus, the family get-togethers can resurrect old conflicts. And negotiating family obligations and visits can make travel more stressful.

Here are some simple steps people can take to make this time of year less stressful:

Take time. Spend just 10 minutes without distractions to get refreshed. Go for a walk, look at holiday lights, take a bath or

unplug!

Get organized! It's easy to feel overwhelmed. Make a list, check it twice and be sure things are correctly prioritized. Try to separate the controllable from the non-controllable.

Don't forget diet and exercise. Overeating or neglecting fitness can lead to feelings of guilt or poor body image.

Don't skip meals. Being hungry can make people irritable and prone to overeating. Eat healthy snacks to help stay sharp.

Reach out. If feeling isolated, seek out community, spiritual or other social events—such as volunteering—to lift spirits. If a "to-do" list is too long, delegate and ask for help.

Get some sleep. Skimping on sleep can lead to problems, from

irritability and dangerous driving to an increased susceptibility to illness.

Ward off germs. With the increased travel, colder weather and stress, be sure to wash hands or use hand sanitizer. Get a flu shot. Stay hydrated.

Be sure to keep an eye on shipmates—this common Navy expression reminds people to watch out for friends, colleagues and loved ones. And don't forget people who have loved ones deployed or away from home during the holidays, or who recently experienced a loss like divorce or death. It's important to help those who show warning signs—which include irritability, fatigue, sleep disorders, indulgent eating, loss of enthusiasm and feelings of detachment and angst. But remember that people who are

very stressed can sometimes feel like they have to maintain appearances when they're really falling apart inside. Reaching out to help someone can be their first step to getting back on track, during the holidays or anytime.

For help, military members and their families can make use of services at Naval Hospital Jacksonville's mental health clinic (542-3473), Fleet and Family Support Center (542-5745), base or hospital chaplain, Military OneSource at 800-342-9647 or www.militaryonesource.mil

or Veterans Crisis Line at 800-273-8255 (or text to 838255), or families can contact TRICARE's Value Options at 800-700-8646 for mental health care in the civilian community. The hardest part can be asking for help; there's a tremendous amount of help out there waiting to be found.

The Morale, Welfare and Recreation Department Naval Air Station Jacksonville is currently soliciting commercial / corporate sponsors for a wide range of 2012 special events and advertising opportunities. Revenues generated through sponsorship and advertising are used specifically to enhance quality of life programs for our service members and their families. Through sponsorship and advertising you can develop brand loyalty, consumer affiliation and promote your products and services to more than 25,000 base personnel.

For more information contact the MWR Marketing Department at (904) 542-8205 or e-mail jaxnas_mwrmtg@navy.mil.



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USS Carney Halfway 'Carneyval' Celebration



-Photo by ITC(SW) Willie Wilkerson

The crew enjoys a thanksgiving meal on the mess decks while in port in Bahrain.

Crew Enjoys Activities

By
Ensign Lily K. Powers
USS Carney

During the week of Nov. 14-21, USS Carney executed their Halfway "Carneyval" Celebration.

Among the many events coordinated by MWR during the week of Carneyval was a "Carney's Got Talent" Talent Show, a Treadmill/Elliptical/Bike Triathlon Competition, a Skeet Shoot, an "Ultimate Fire Fighting Challenge," the "Bite My Hook" Fishing Competition, and an extremely competitive "Corn Hole" competition.

Although the seas were too rough for a swim call, Carneyval was a great success and an awesome way to celebrate the halfway mark of a 7-month deployment.



-Photo by Ensign Amalie Shaffer

Carney's Halfway Celebration cake made by Culinary Specialist Third Class (SW) Joshua Tucker. The crew gathered on the mess decks for a cake and ice cream social.



-Photo by Ensign Jessica Curry

Members of the Auxiliaries Division, or "A-Gang" smile for the camera after taking first place in the Triathlon. From left to right, Ensign Amalie Shaffer, Engineman Fireman Apprentice Dustin Leonard and Engineman Second Class (SW) Juan Gomez.



-Photo by Ensign Lily Powers

Boatswain's Mate Second Class (SW) Dustin Foster and Operations Specialist Chief (SW) Bruce Dokey compete in the Cornhole Tournament on the aft VLS deck.



-Photo by ITC(SW) Willie Wilkerson
Gas Turbine Technician (Electical) 3rd Class Can Ngo troubleshoots fuel console.



-Photo by ITC(SW) Willie Wilkerson
Boatswain's Mate 2nd Class (SW) Dustin Foster directing a helo during flight operations.



-Photo by Ensign Lily Powers
Hull Technician 2nd Class (SW) Christopher Colafati competes in the Carney "Ultimate Fire-Fighting Challenge."



-Photo by ITC(SW) Willie Wilkerson
Gunner's Mates 2nd Class (SW) Anthony Collins instructs another Sailor with the M240.



-Photo by ITC(SW) Willie Wilkerson
Members of VBSS team prepare to tow a fishing skiff after a boarding in the Guld of Aden.



-Photo by ITC(SW) Willie Wilkerson
Culinary Specialist 2nd Class (SW) Katherine Ledford works in the galley preparing a delicious meal.



-Photo by Ensign Amalie Shaffer
Lt.j.g. Andrew Ashby, left, and Skeet Shoot Winner, Command Master Chief (SW) Alton Smith, pose with a Mossberg Rifle.

FFSC Holds Workshops To Survive Holidays

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 1701. FFSC is located in Building One on Massey.

Dec. 8, 1:30-3 p.m., **Conflict Resolution For Women**, FSC Room 702

Dec. 8, 9-11 a.m., **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and play-

grounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

Dec. 9, 6-9 p.m., **IA Christmas Party**, Bowling Alley

Dec. 12-15, 8 a.m.-4 p.m., **TAP Separatee Workshop**, Building 1, Room 1616

Dec. 12, 8:30 a.m.-noon, **Career and Employment Readiness Class**, FFSC Room 702

Dec. 12, 1-3 p.m., **Federal Employment Class**, FFSC Room 702

Dec. 13, 9-11 a.m., **Active Parenting Now - Parenting Class**, FFSC Room 607

Dec. 13, 6-7 p.m., **Exceptional Family Member Support Group**, Building 1, Room 104

Dec. 13, 8:30 a.m.-noon, **Anger Management**, Building 1 Room 1615

What does *anger* do for you? Communicate for you? Keep people at a safe distance *from* you? Keep *you* in charge? For many people, anger serves them many uses, but all too often, it is at a high cost...usually of relationships, unhappiness in the workplace, and a general feeling of disdain. If you want to be able to break out of the "get angry/get even" syndrome, come to this class. Participants learn how anger and judgment are related, about irrational beliefs and faulty self-talk, what "E + R = O" means, and the roles of stress and forgiveness in anger.

Dec. 14, 9-11 a.m., **PFM Forum**, FFSC Room 719

Dec. 14, 3-4:30 p.m., **Managing Anger Group**, FFSC Room 702

Dec. 15, 9-11 a.m., **Car Buying Strategies**, FFSC Room 1615

Dec. 15, 1:30-3 p.m., **Conflict Resolution For Women**, FSC Room 702

Dec. 15, 9-11 a.m., **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

Dec. 21, 3-4:30 p.m.,

Managing Anger Group, FFSC Room 702

Dec. 22, 1:30-3 p.m., **Conflict Resolution For Women**, FSC Room 702

Dec. 22, 9-11 a.m., **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

Dec. 27, 2-4 p.m., **Relationship Communication**, FFSC

Room 702 Dec. 28, 3-4:30 p.m., **Managing Anger Group**, FFSC Room 702

Dec. 29, 1:30-3 p.m., **Conflict Resolution For Women**, FSC Room 702

Dec. 29, 9-11 a.m., **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

Out in Town

Saturday, Dec. 10

Join a park ranger at 2 p.m. and discover the importance of estuarine systems that surround the inshore sides of barrier islands like those of the Talbot Islands State Parks complex. This ranger-guided hike along the salt marsh will help point out why these areas are one of the most productive ecosystems on Earth, the many roles the salt marsh plays, the plant and animal life found in this natural community, and the impacts humans have on this system. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and

the program is free.

Sunday, Dec. 11

Celebrate Christmas at our third annual Cookie Cantata. Homemade cookies will be sold to support our various ministries at Christ United Methodist Church Neptune Beach, 400 Penman Road, Neptune Beach, 11:30 a.m. Crafts and fun activities will be available for children and their families. A visit from the jolly old elf himself will highlight the day. Join us in Wilson Fellowship Hall immediately following the choral cantata during the worship service. Call the church office

at 249-5370 for information.

Saturday, Dec. 17

Join a park ranger at 2 p.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Sunday, Dec. 18

Christ United Methodist Church will host a Live Nativity from 5-9 p.m. on the front lawn of the Church on Sunday

Evening at 400 Penman Road, Neptune Beach.

Saturday, Dec. 24

Join a park ranger at 2 p.m. to learn about the difference between a conch and a whelk, or a cockle and a clam? Discover how to identify many of the frequently found shells that wash up on the Talbot Islands State Parks shores. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Please join Christ United Methodist Church Neptune Beach, 400 Penman Road, Neptune Beach at 11:30 a.m. as they celebrate the birth of our Savior. Two services will be available to bring

your family and friends to usher in Christmas morning at 7 p.m. Children's Christmas Eve and Candle Lighting Service 11 p.m. Traditional Candlelight Communion Service. Services will be held in the sanctuary at 400 Penman Road, Neptune Beach.

Saturday, Dec. 31

The Talbot Islands have a rich cultural history that dates back over 5,000 years. Join a Park Ranger at 2 p.m. for a look into these past cultures and the artifacts they left behind. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Saturday, Jan. 7

Join a park ranger at 2

p.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. The program will take place at the multi-use trail pavilion located at the south beach area on Little Talbot Island. No reservations are necessary and the program is free with regular park admission.

Saturday, Jan. 14

Join a park ranger at 2 p.m. for a discussion on the different types of shark teeth that can be found on the area's beaches. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

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CNRMC Holds Maintenance-Related Meetings

By Susan Lawson
Navy Regional Maintenance
Center Public Affairs

Commander, Navy Regional Maintenance Center (CNRMC) held a series of maintenance-related meetings during his trip to Southeast Regional Maintenance Center (SERMC) on Naval Station Mayport in Jacksonville, Fla. Nov 28-29.

During his two-day visit at both locations, Rear Adm. David Gale,

CNRMC, held All Hands sessions with military and civilian employees, met with area port engineers and conducted a roundtable discussion with local ships' commanding officers (COs).

"These face-to-face meetings are invaluable to me. They offer me unique insights into our community's accomplishments and challenges, and ultimately help frame the reality of the day-to-day work that takes place

within the surface ship domain," said Gale.

With Regional Maintenance Center (RMC) staffs, Gale discussed the importance of Integrated Project Team Development (IPTD) efforts, the revitalization of the Navy Afloat Maintenance Training Strategy (NAMTS) within the RMCs, and the standardization of maintenance training and qualification practices for surface ship maintenance personnel through

CNRMC's development of its Workforce Development Program (WFDP), designed for civilians and military alike.

The meetings with the port engineers, and later with the ships' COs, both centered on the ways CNRMC could provide senior-level support to help revise policies and practices that result in counterproductive results and unnecessary increases

in the cost and duration of maintenance availabilities.

"I use these discussions to determine how I can best serve the needs of the fleet and the maintenance community," said Gale. "From the lost operational days that concern fleet commanders, to the support, advocacy and oversight the RMCs need to effectively navigate ships' maintenance availabilities and perform at peak levels, I have found we col-

lectively make the most progress when we work to understand one another's unique requirements and constraints, and develop agreed upon strategies for success."

Gale held similar meetings in San Diego on Nov. 14-15, and will continue to meet with maintenance professionals across the RMCs into the new year.

For more information about CNRMC, visit: www.navsea.navy.mil/CNRMC

Shipmate To Workmate To Transition Military

From NAVSEA

Now that the Navy has begun notifying the more than 3,000 sailors impacted by Enlisted Retention Boards, six major Navy commands have started a program to aid transitioning Sailors in competing for job opportunities as federal civilians.

The Shipmate-to-Workmate program - managed jointly by the Naval Sea Systems Command, Naval Air Systems Command, Naval Facilities Command, Naval Supply Systems Command, Commander, Naval Installations, Space and Naval Warfare Command, and the Office of the Chief of Naval Operations - will provide information about career opportunities available at partnering commands and help Sailors prepare job applications and resumes.

The participating commands will steer separating Sailors, command career counselors and

transition assistance coordinators to a dedicated Shipmates-to-Workmates website to facilitate participation. This website will serve as a "one-stop shop" for Sailors seeking Navy-related employment.

"Finding out that you are being separated from the Navy will be a significant blow," said NAVSEA Deputy Commander Rear Adm. Clarke Orzalli. "The Shipmates-to-Workmates program is an opportunity to do what we can to soften the blow, as well as continue to utilize their significant skills for the benefit of the Navy."

Through the website and other outreach programs, the effort will attempt to demystify the government service hiring process, match job supply to demand, link existing Navy and Defense Department transition support, and assist qualified Sailors with local hiring processes.

"The Shipmates to

Workmates program is simply good leadership - this program demonstrates our commitment, as leaders, to our Sailors by assisting those being involuntarily separated," said Cmdr. Pat Sanders, NAVSEA's lead for the program.

Each of the participating commands will participate in job fairs and other hiring events for transitioning Sailors. The first event is a career forum that will be held Dec. 3 from 1100 to 1400 at NSA Bethesda in the Fleet & Family Support Center, Bldg. 11, room 109. Future forums are scheduled at fleet concentration areas throughout the country, including a Dec. 6 forum in Norfolk.

For more information on the "Shipmates to Workmates" program as well as a full schedule of upcoming career forums, please visit the Shipmates-to-Workmates website at <http://jobs.navair.navy.mil/sm2wm/>.

DoD Warns Of USAA Phishing Scam

From DoD

In early November, USAA members began receiving email claiming to be from USAA with the subject line: USAA Protection Alert. In an elaborate scheme, the email informs members about a failed usaa.com login attempt and to click on a link to update their identity.

Clicking on the link directs the member first to a counterfeit website to log on. Logging on produces the second website, asking for a PIN. Clicking "Next" produces another website asking for the member to set up security questions and after clicking "Next" again, a final website opens, asking for the member's sensitive information

including:

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Expire Date*
Card Verification Code*
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Billing Phone Number*
Email Address*
Email Password*

Although the e-mail includes a USAA logo and appears to be from USAA, it is not.

This is a phishing scam - targeting USAA Members / Military Personnel.

Recently Joint Base Lewis-McChord personnel have reported receiving this phishing scam.

If you get an email or pop-up message that asks for personal or financial information, do not reply. And don't click on the link in the message, either. Legitimate companies

don't ask for this information via email. If you are concerned about your account, contact the organization mentioned in the email using a telephone number you know to be genuine, or open a new Internet browser session and type in the company's correct Web address yourself. In any case, don't cut and paste the link from the message into your Internet browser - phishers can make links look like they go to one place, but that actually send you to a different site.

DES OPSEC Officer is Michael Chesbro @ 253-966-7303.

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DeCA Scholarships For Military Children Open

By Tammy L. Reed
DeCA marketing and mass communications specialist

2011 Scholarships for Military Children recipient Jordan Cherry said receiving extra money for college lightened her financial load.

"This scholarship definitely decreases the financial burden of school, which we all know is a big benefit," she said.

Applications for the 2012 Scholarships for Military Children Program will be available starting Dec. 1 at commissaries worldwide as well as online through a link on <http://www.commissaries.com> and directly at <http://www.militaryscholar.org>.

Awards will be based on funds available, but the program awards at least one \$1,500 scholarship to a student at each commissary. Scholarships are funded by donations from commissary vendors, manufacturers, brokers, suppliers and the general public. Every dollar donated goes directly to funding scholarships. No taxpayer dollars are expended on the scholarship program.

If there are no eligible applicants from a particular commissary, the funds designated for that commissary are used to award an additional scholarship at another store.

The scholarship program was created to recognize military families' contributions to the readiness of U.S. armed forces and the commissary's role in the military community. Since the program began in 2000, it has awarded more than \$9.3 million in scholarships to 6,069 military children from 62,000-plus applicants.

"While these numbers are impressive, what's even more impressive is what past scholarship recipients are doing with their education," said Defense Commissary Agency Director and CEO Joseph H. Jeu. "Many recipients have entered a wide range of career fields such as teaching, business, law and military service - to name just a few. Many others have earned advanced degrees. They are making their way in this world, and they are making a difference."

To be eligible for a scholarship, the student must be a dependent, unmarried child, no older than 21 - or 23, if enrolled as a full-time student at a college or university - of a service member on active duty, reservist, guardsman, retiree or survivor of a military member who died while on active duty or survivor of a retiree. Eligibility is determined using the Defense Enrollment Eligibility Reporting System database.

Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current military ID card. The applicant must also be planning to attend or already attending an accredited college or university, full time, in the fall of 2012 or be enrolled in a program of studies designed to transfer directly into a four-year program.

Applicants must submit an essay on a topic which will be available Dec. 1 on <http://www.militaryscholar.org>. Applications must be turned in to a commissary by close of business Feb. 24, 2012.

The scholarship program is administered by Fisher House Foundation, a nonprofit organization that provides assistance to service members and their families. Scholarship Managers, a national, nonprofit, scholarship-management services organization, evaluates applications and awards these scholarships. If students have questions about the scholarship program application, call Scholarship Managers at 856-616-9311 or email them at militaryscholar@scholarshipmanagers.com.

Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current military ID card. The applicant must also be planning to attend or already attending an accredited college or university, full time, in the fall of 2012 or be enrolled in a program of studies designed to transfer directly into a four-year program.

'Tis The Season To Visit Commissary For Savings

By Sallie Cauthers
DeCA marketing and mass communications specialist

Holiday savings on top of everyday low prices are plentiful in December for commissary customers, said the Defense Commissary Agency's sales director.

"Any time of the year our customers know to make their commissary their first shopping stop if they want to enjoy the savings they've earned," said Chris Burns, sales director. "And, during the holidays, they will see shelves stocked with discounted groceries and other household products to make this time of year even merrier."

Throughout December, DeCA's industry partners will host many in-store promotions and provide extra savings focused on the holiday season. Overseas stores may have substitute events for certain promotional programs. Customers

are asked to check their local commissary for the following super sales events:

Coupon for free Coca-Cola product. Commissary and military exchange customers can download an Internet coupon for a free 20-ounce Coca Cola product redeemable *only* on Dec. 16 and 17 at a commissary or military exchange. This promotion celebrates the 125th and 70th-year anniversaries of the Coca-Cola Company and USO, respectively, as well as these organizations' historic relationship with the U.S. military. To access the coupon go to <http://www.uso.org/coca-cola/>.

Holiday recipe contest. Through midnight Dec. 31, DeCA and the Army and Air Force Exchange Service, also known as the Exchange, are offering shoppers opportunities to win shopping sprees just by entering their favorite holiday recipes. To enter, go to <http://www.shopmyexchange.com/Community/patriotfamily/contests.htm> for contest details and a link to an email address to send recipes. There are three categories: main dish, side dish or dessert. Participants must submit a description of the recipe, 50 words or less, or the origin of the recipe. Recipes must include specific ingredient measurements and preparation directions. Limit two entries per immediate family. There will be four winners for each category - 12 chances to win. First-place winners in each category receive a \$500 Exchange gift card and a \$500 commissary gift card donated by DeCA's industry partners.

Holiday Helping recipe book. ConAgra will offer a Holiday Helping recipe book with \$10 in coupon savings on brands such as Orville-Redenbacher Popping Corn, Poppycocok, Swiss Miss Cocoa,

Wesson Oil and Reddi-Whip, just to name a few. Customers can find additional commissary coupons at <http://www.conagracommissarydeals.com>.

"Dear Santa." J.M. Smucker Company will offer its 2nd annual "Dear Santa" promotion featuring savings on in-store product displays and a contest to win commissary gift cards. Some of the products on sale include Folgers Classic Roast Coffee, Pillsbury Coffee Cakes, Pillsbury Cake Mix & Frosting, and Hungry Jack Pancakes & Syrup. These companies will also donate \$5,000 in coffee to the troops deployed overseas.

"Believe in Heroes." Acosta continues this event in support of the Wounded Warriors Project, offering flyers with high-value coupons. The Wounded Warrior Project raises awareness and enlists public aid to help severely injured service members. For

more information, go to <http://www.woundedwarriorproject.org> and <http://www.believeinheroes.org>.

"Huddle to Fight Hunger." Commissary shoppers will see in-store displays, flyers, recipe books and tear pads, special pricing and coupons on Kraft products related to the company's "Huddle to Fight Hunger" campaign to help provide 25 million meals to families across America. For more details, go to <http://www.Facebook.com/KraftFightHunger>.

"Our commissary staff and industry partners wish all our customers a very happy, safe holiday season!" Burns said. "We hope you enjoy your time with your families, and remember commissaries can also help you save on New Year's Eve party goodies."

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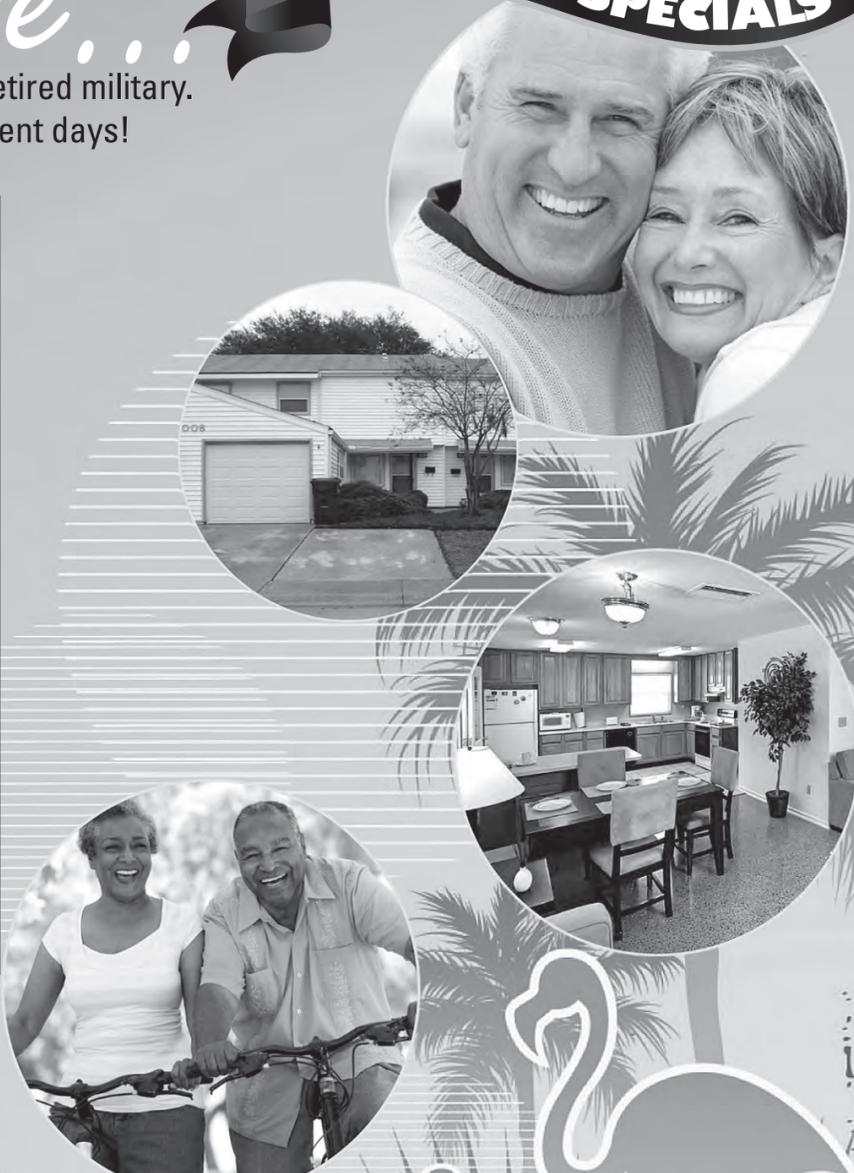
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SBR Celebrates Thanksgiving At Sea



Culinary Specialist Second Class Joseph Scott is one of several culinary specialists on board USS Samuel B. Roberts who cooked Thanksgiving dinner for the ship's crew. The crew has been deployed for almost six months off the coast of Africa and in the Mediterranean Sea.

From USS Samuel B. Roberts

USS Samuel B. Roberts celebrated Thanksgiving at sea on November 22. The ship's culinary specialists cooked up a memorable feast for the crew while they continue their six month deployment in the Africa/Mediterranean region. It was a chance for the crew to relax, enjoy the holiday and celebrate their successful mission to Africa Partnership Station.

Sammy B's Culinary Specialists cooked 14 turkeys, 18 hams and an assortment of side dishes and desserts.

It took nearly 24 hours of cooking and preparations to ready the event. The meal was a huge success and morale booster for the crew.

Culinary Specialist 2nd Class Joseph Scott said, "It turned out very well and I think the crew enjoyed it." He stated further, "We worked many hours preparing and making sure

the crew enjoyed the meal."

"It means a lot for the crew to have a nice meal on Thanksgiving," said Lt. Bert Phillips, the ship's supply officer. He also said, "The crew has worked so hard during this deployment and being away from family during the holiday I think a good meal can strongly increase a Sailor's morale."

Petty Officer 1st Class Jonas Joe praised the meal by saying, "It didn't feel like I was eating a meal on a ship. It felt like a home cooked meal away from home." He said the turkey was his favourite part of the meal.

The Sailors of the Sammy B enjoyed a holiday routine the entire day to observe Thanksgiving. A holiday or Sunday routine is a relaxed day at sea where Sailors are able to enjoy some down time from the day to day stress-



USS Samuel B. Roberts Sailors enjoy a traditional Thanksgiving meal on the mess deck while deployed thanks to a team of culinary specialists aboard the ship. Below, culinary specialists aboard Sammy B stand in front of their Thanksgiving feast, including a cornucopia made of bread.

es of ship life. They are able to write home, watch movies, play video games or just catch up on much needed rest.

Sammy B is wrapping up its six-month deployment in the region. The ship has spent over five months on the east coast of Africa and Mediterranean Sea in support of Africa Partnership Station.

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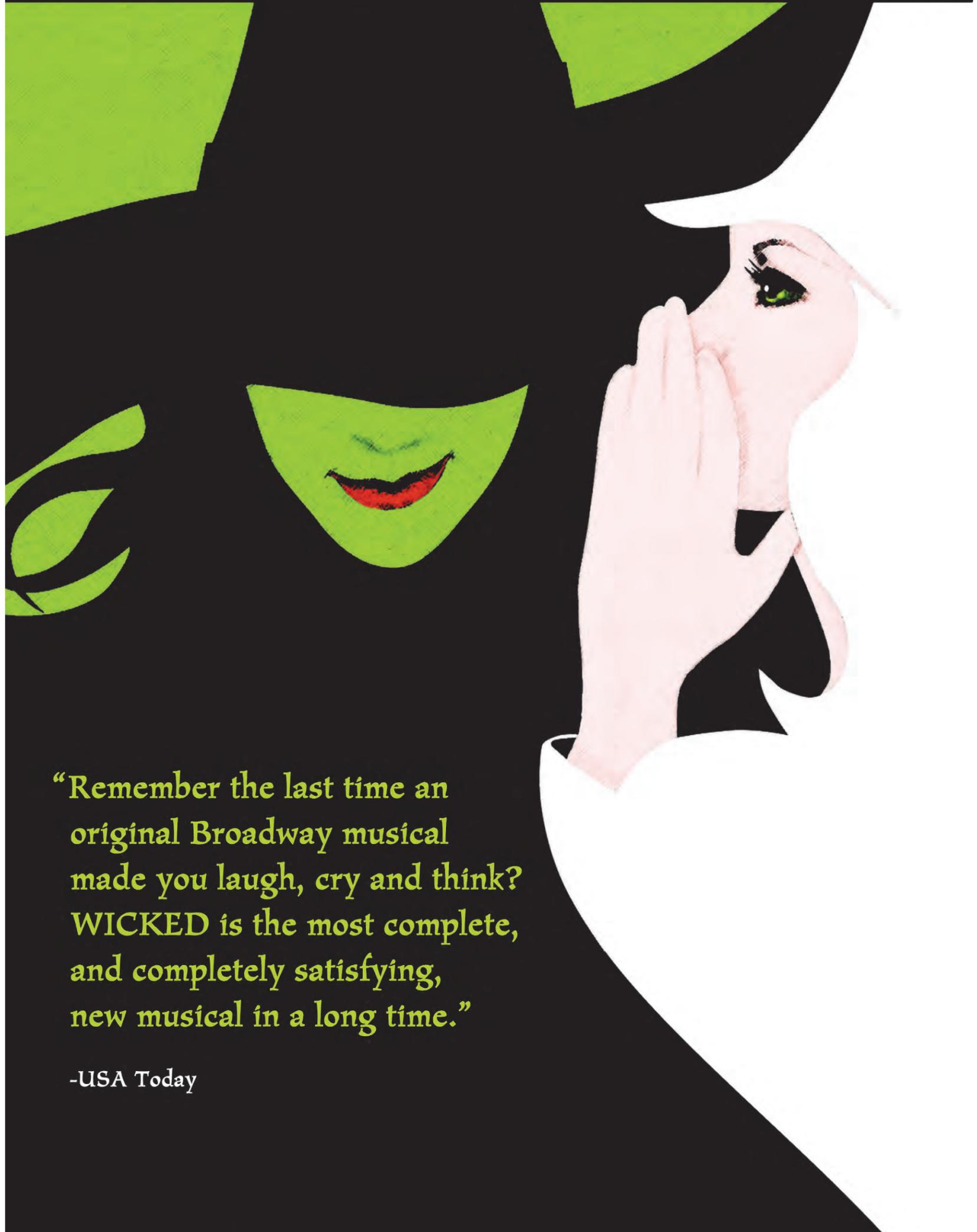


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De Wert Helps Children Of Dar es Salaam

By Lt. Peter Dietz
USS De Wert

Sailors from USS De Wert (FFG 45) participated in a community relations project cleaning and painting classrooms at Makongo Primary School, Nov. 26, during their port visit to Dar es Salaam.

After celebrating their Thanksgiving at sea, many Sailors from USS De Wert chose to express their thanks by using their liberty time in port to help improve a school in the impoverished country of Tanzania.

The Sailors left the ship early in the morning for the hour drive through Dar es Salaam, concluding up a hilly dirt road leading to the school's campus. The Sailors were welcomed by dozens of excited children with big smiles, greeting their guests in Swahili with, "Jambo!"

Thanks to the work of Seabees from the Maritime Civil Affairs Team and the U.S. Embassy in Dar es Salaam, paint and supplies were ready and waiting for the Sailors. After cleaning the classrooms and prepping the walls for paint, the De Wert Sailors got to work.

Within minutes the children were eager to help out. Side by side, the Sailors and students painted, laughed and made improvements to the learning environment of the school. When not



Sailors from USS De Wert stand with students from Makongo Primary School.

-Photos courtesy of USS De Wert

painting, the students taught the Sailors some basic Swahili phrases and the Sailors taught the children basic words in English. They also had a chance to play soccer and other games together.

The Sailors were grateful for the chance to interact with the students and make their school a little nicer. Navy Counselor 1st Class Nathaniel Barnette said, "I wanted to come out here to play with the kids and have fun. I'm

glad we got to play with the kids and make their school house a little better."

Gunner's Mate 1st Class Luigi Baldo added, "It was good to do something for society. These kids don't have a lot of money and it was good to be able to make their school a little nicer."

The ship's Command Master Chief, CMDMC LaDon Washington, wrapped up the sentiments of the crew noting

that, "It has been beneficial for all of us to develop

the friendship between the United States and

Tanzania. It was meaningful to give of our abundance to others who are less fortunate. It has been beneficial not only for our country but also for our Sailors to give of our time, expertise and to share our love with a local community. Hopefully it will open more dialogue and friendships between our cultures and communities."

The Makongo Primary School enrolls between 80 and 160 children per class. The school consists of 7 classrooms and has 28 teachers on staff. With 42 percent of Tanzania's population under the age of 15, improving the school plays a key role in providing space for children to learn and develop the future leaders of the country.

USS De Wert is on a seven-month deployment to deter and disrupt piracy in the Indian Ocean and off the Horn of Africa. USS De Wert is operating as a member of the SNMG-1.



CMDMC LaDon Washington and students from Makongo Primary School work on soccer skills.



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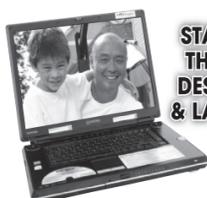
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Dempsey Shares Observations On Defense Budget

By Jim Garamone

American Forces Press Service

The chairman of the Joint Chiefs of Staff said he understands that service members are nervous about looming budget cuts, but will have to be patient as the process moves forward.

Speaking in an interview on his way back from meetings with British officials in London, Army Gen. Martin E. Dempsey said the Defense Department is pledged to \$450 billion in cuts over the next 10 years.

The fiscal 2013 defense budget submitted in February 2012 will answer many of the questions troops have, he said.

That budget, Dempsey said, will take the department out to fiscal 2017.

"It shouldn't be lost on anybody that we were

handed this bill - this reduction - about two months ago," the chairman said.

"What we've been doing is revising our strategy," he said, "because you can't just take cuts and do the same things we've been doing."

Fiscal planners are weighing the impact of cuts on the national security strategy and consulting with the services, combatant commanders, defense secretary and people at the White House and Office of Management and Budget, Dempsey said.

"Concurrently, we are doing the mind-numbing work of weighing program cuts and putting a budget together," he said.

Congress, which under the Constitution

is charged "to raise and support Armies," and "to provide and maintain a Navy," must be consulted, he noted.

"I know there's a lot of anxiety in the force. I'm anxious," Dempsey said. "But we've got to follow the existing process."

"If we weren't having a discussion among ourselves about finding \$450 billion worth of reductions, we'd still be having the conversation about implementing the changes we have made in response to 10 years at war," he added. "We have learned."

Even if Congress were to give the department all it asks for, the military still would have to examine the strategy, consider threats and make changes, Dempsey said. Any

budget discussion would look to reinforce changes that improved capabilities, add funding to bridge gaps, and eliminate funding for capabilities no longer needed. The discussions also would include considerations of how much capability is needed.

"The budget we're preparing ... has to account for those lessons," Dempsey said.

In the analysis about what has happened to the military during 10 years at war and anticipating what type of military will be needed in 2020, he said, clearly, some capabilities must be resourced. Counterterrorism is a big portion of the budget, he said, and cyber must be addressed, as the country is vulnerable to state or

non-state actors operating in this new domain.

"Could that mean conventional forces could be pressured by this budget? Yes," Dempsey said. "But we're going to find that balance between capability and capacity -- what do we need to do and how often do we need to do it."

"One thing I will assure you of is no one is going to write off the possibility of any particular form of conflict," the chairman continued. "You can't say, 'I don't think we'll have a conflict with a near-peer

competitor, so let's just ignore North Korea for the next five years and hope for the best.' That's impossible. So we've got to sustain our high-end conventional capability."

Having the capability to wage conventional-style warfare remains an important deterrent, Dempsey said.

"We've got to have capability along the spectrum," he said, "but some of the capacity is going to be changed, without question."

Keeping 'Torch' Burning



-Photo by Bill Austin

Naval Station Mayport Commanding Officer, Capt. Doug Cochrane, answers questions from members of the Youth Activities Center Torch Club, sponsored through the Boys and Girls Club of America. The Torch Club is a leadership and service club for boys and girls focusing on character development.

HSL-48

Submarine Squadron Light 44. He deployed with USS Thomas S. Gates (CG-51), USS Carr (FFG-52), USS Harry S Truman (CVN-75), and USS Theodore Roosevelt (CVN-71).

Simpson has served ashore at Helicopter Anti-Submarine Squadron Light 40 as an FRS instructor and at U.S. Strategic Command as Branch Chief of Nuclear Command and Control Systems Support. He is a 2007 graduate of the U.S. Naval War College and a Joint Qualified Officer.

Simpson has flown more than 2,000 flight hours in seven different rotary-wing aircraft.

Cmdr. Eric J. Bower assumed the duties as

HSL-48 executive officer. Bower, a native of Berwick, Penn., graduated the United States Naval Academy in 1994 with a Bachelor of Science in Electrical Engineering. He was designated as a Surface Warfare Officer and served onboard USS Stump (DD-978) until lateral transferring to Naval Aviation in 1997.

His first operational flying tour in 1999 was with Helicopter Anti-Submarine Squadron Light 42 in Mayport, Florida, where he completed deployments onboard USS Hawes (FFG-53) and USS Yorktown (CG-48).

In 2003 he was selected to serve ashore at Helicopter Anti-

Submarine Squadron Light 40 as an FRS instructor pilot, the CNAL Search and Rescue Officer and later assumed the duties as the FRS Squadron Maintenance Officer.

Bower began his department head tour as Officer-in-Charge of HSL-48 Detachment 10 in 2005. Embarked USS Elrod (FGG-55), he deployed in support of the Standing NATO Maritime Group One and Operation Active Endeavor. Upon return he served as the Squadron Maintenance Officer and was named HSL-48's Officer of the Year for 2007.

In 2009, after attending the United States Naval War College and receiving

a Master of Arts Degree in National Security and Strategic Studies, he reported to the Joint Staff, Director for Operations (J-3). He served as Assistant Deputy Director for Operations and Strike Advisor on National Joint Operations and Intelligence Center Team Four in the National Military Command Center. He provided worldwide politico-military monitoring, strategic and emergency action functions and crisis response in support of the Chairman Joint Chiefs of Staff, Secretary of Defense, and the President of the United States.

From Page 1

NWU

for wear on commercial travel such as airlines, railways, or buses in the continental United States. However, they may be worn on military and government-contracted flights between military airfield installations, as well as commuter transportation such as city and commuter buses, subways and ferries. The uniforms may also be worn at the Pentagon Metro and Pentagon commuter slug lines.

The NAVADMIN also outlines the manner of wear for the NWU off base. The shirt/blouse is required to be worn at all times. Commanders also must ensure grooming standards are enforced. Trousers must be bloused

and the only head gear authorized is the eight point cover and the parka hood must be stowed unless being used. The fleece with chest rank tab is also authorized as a stand-alone outer garment.

Regional commanders will stipulate the wear of the NWU for official ceremonies and functions, such as Fleet Week, celebrations and parades, and sporting events with media interest.

NAVADMIN 259/11 wear rules for these uniforms outside of the continual United States remain in effect.

Go to www.npc.navy.mil to read the complete wear rules in NAVADMIN 366/11.

From Page 1

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Navy Announces Results Of ERB

From Chief of Naval Personnel Public Affairs

A total of 12,261 Sailors reviewed by the Enlisted Retention Board (ERB) were selected for retention, the Navy announced Dec 2.

Additionally, a total of 125 Sailors not selected for retention by the ERB were able to stay Navy after qualifying for a rating conversion. Conversion waivers were introduced in NAVADMIN 160/11 to increase options for ERB eligible Sailors. Conversion applications were held until the ERB had completed deliberations. Only Sailors not selected for retention in-rate by the ERB were considered for conversion and all applicants had to satisfy eligibility requirements to be con-

sidered for the limited number of vacancies in undermanned career fields.

"The decision to establish the ERB was made after careful consideration," said Vice Adm. Scott R. Van Buskirk, chief of naval personnel. "Our Sailors have served honorably and we are committed to doing all we can to help them transition."

The ERB was announced earlier this year after record high retention and low attrition among active duty Sailors left the Navy overmanned. The purpose was to help the Navy rebalance the force in terms of seniority, experience and skills.

The ERB reviewed the records of nearly 16,000 selected third class petty officers through senior chief petty officers from

31 overmanned ratings, who had greater than seven, but less than fifteen years of cumulative service as of October 2011. The quota-based board was held in two phases. Phase I convened in late August and reviewed the records of 7,625 Sailors in pay grades E4 and E5. Of the Sailors reviewed in Phase I, 5588 were selected for retention.

Of the Sailors reviewed in Phase I, 1,922 Sailors were not selected for retention. The second phase convened in September and reviewed the records of 7,761 Sailors in pay grades E6, E7 and E8. Of the Sailors reviewed in Phase II, 6673 were selected for retention.

Of the Sailors reviewed in Phase II, 1,025 were not select-

ed for retention.

An additional 53 Sailors who were not selected for retention had their ERB results vacated in accordance with NAVADMIN 129/11, after they were advanced in rate from the September 2011 Navy advancement examination cycle. These Sailors will remain in their current rate.

Navy is taking an active role in helping the Sailors not selected for retention through this transition. Specifically, Navy is offering employment outplacement services and enhanced transition benefits for ERB affected Sailors who will not be able to serve out the duration of their contract.

Sailors transitioning from Navy through ERB will also have

access to Navy's transition assistance programs, are eligible for involuntary separation pay, and will retain commissary and Navy Exchange privileges for an additional two years after separation.

Navy Personnel Command (NPC) established a transition assistance information Web Page providing Sailors and leadership a central location to find transition assistance information and resources.

For more information visit the NPC ERB Web Page at www.npc.navy.mil/boards/ERB/, contact the NPC customer service center at 1-866-U-ASK-NPC (1-866-827-5672) or email cscmailbox@navy.mil.

Pearl Harbor Survivor Recounts Experience

By Mass Communication Specialist (SW/AW) Peggy Trujillo

Defense Media Activity-Navy

USS Oklahoma (BB 37) sank in Pearl Harbor during the Japanese attacks Dec. 7, 1941, taking more than 400 crew members with her.

Seaman Apprentice Gene Dick was one of 32 Sailors who survived the sinking. He was performing routine tasks in sick bay that Sunday morning when the battle alarm sounded and the officer of the deck announced that it was not a drill.

Dick was preparing to assist injured personnel at his battle station in triage when the first torpedo hit. "[It] just picked that ship up, and shook it like that, and slammed it down into the water," said Dick.

By the time he had

picked himself up from the ground, the second torpedo hit and shook the ship again. When the water started pouring in, Dick and another Sailor left their station and headed aft in order to reach the open deck and escape the ship. They made it to a supply berthing, where they were about to make it outside the skin of the ship, as it continued to roll.

"When we got about three people from the door, water started pouring in through the hatch and just knocked us over and over and over," said Dick.

Dick said he then began climbing bunks to escape the rising water.

"By that time the ship had turned completely over," said Dick. "I didn't know it, of course. I was absolutely disoriented.

It felt like hours later, but it wasn't that long, I ended up in an air pocket between the deck and the bulkhead."

Temporarily safe, Dick said he then took in his surroundings to figure out what to do next.

"Full of salt water and fuel oil; and I couldn't see a thing," said Dick. "It was black, black, black, dark, dark. There were bodies floating all around me. Then I saw a light back in the back."

Someone had found a battle lantern, and Dick could hear some voices so he swam in that direction. They started talking about how to get out.

"We didn't even know which way was up," said Dick. "We just knew we were in an air pocket. Somebody found a porthole."

Still disoriented, the

Sailors did not know if the porthole went inside or outside the ship.

"I decided by then I didn't care," said Dick. "I was going to go through that porthole, because I was just as dead out there as I was in here."

Some people made it through the small porthole easily, while others needed help. Dick was fifth in line to get out.

"We'd been down there for about four hours then," said Dick. "We didn't know it. We were scared to death, you know."

He attempted to exit the porthole feet first, but his clothing got caught and he came back in to try again.

"I said well I'll try to go out head first," said Dick. "I took off my skivvy shirt and headed down. I got down. I could get

one shoulder through, then the other shoulder through.

"I took a deep breath and got down and started through, and my shorts caught. It was only a 21 inch porthole, but I got my hands on the outside and pushed; the guys pushed on me. And finally my shorts ripped off," said Dick.

Dick said as soon as he hit the open water he began swimming upward.

"We were down about 50 feet deep in the depths of Pearl Harbor," said Dick. "I swam and swam and swam and finally got to the surface. There was burning fuel oil all around me."

Dick was rescued by a motor whaleboat crew who picked him up from the water and took him to get medical care.

Dick's day started

in sick bay, where he was caring for others, but ended in the hospital, where he was one of many receiving treatment.

He finished his Navy career 22 years later as a chief warrant officer in the medical service.

He said he is grateful for every moment he has had since Pearl Harbor.

"So I've been living on borrowed time for about 70 years," said Dick.

In honor of the 70th anniversary of Pearl Harbor, additional stories, photos and videos are available at <http://www.navy.mil/ph70>.

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Midshipman Selects Uniform Patch To Honor Friend In 2011 Army-Navy Game

By MC1(SW)
Dustin Q. Diaz

Defense Media Activity - Navy

Midshipman 1st Class Jon Teague knew ahead of time at least one of the uniform patches he would select Nov. 22 for the 2011 Army-Navy football game.

The Hickory, N.C., native selected an Explosive Ordnance Disposal Mobile Unit 6 patch to honor a shipmate and friend from the same town who's already travelled far in service to his country.

"[Lt.] Brad Penley is a buddy of mine. He's actually in a different unit, but while his patch isn't available, I want to represent the EOD community, because he's a part of it and he's done a lot," Teague said.

Penley's second deployment to Afghanistan destroying and dismantling improvised explosive devices as part of an eight-man platoon aired on television in the 10-part miniseries "Bomb Squad: Afghanistan."

"He graduated from my high school," said Teague, the team's kicker. "He's got two younger brothers, Micah and Craig, who are also in the armed forces. Craig's in the Army and Micah graduated from here last year. They're real good family friends and I



-Photo by MC1 Dustin Q. Diaz

Midshipman 1st Class Jon Teague and his Navy football teammates select unit patches to wear on their uniforms during the 2011 Army-Navy game. Teague will wear the Explosive Ordnance Disposal (EOD) Mobile Unit 6 patch to honor Lt. Brad Penley, a friend and EOD tech from his hometown of Hickory, N.C., who stars in the television show "Bomb Patrol: Afghanistan."

just wanted to represent him in a way."

Teague and his Navy football teammates selected unit patches sent from around the world to wear during the upcoming

game Dec. 10, continuing a tradition that has lasted far longer than the Midshipmen's nine-game winning streak against the Army Black Knights, according to

Scott Strasemeier, Naval Academy associate athletic director for sports information. And Teague said tradition is what brought him to the academy.

"My brother Adam played basketball here; he was the senior captain when I came in as a freshman," Teague said. "When I was getting recruited, ultimately I saw the success my brother was having, I saw the success of the Navy football team, and I came up here because I knew it was a very historic program, I knew that the guys put in their all and they wanted to win games. I came up here to be a part of the program to follow in my brother's footsteps."

"It's something I'll have for life, playing Navy football. It's such a storied program that I'm really happy to be a part of."

As a senior, Teague earned the right to choose a second patch for this year's game. Since he aspires to become a Marine Corps fixed-wing pilot, he decided to represent the Sidewinders of Strike Fighter Squadron 86 as well. He said wearing each patch is a privilege. "The guys out there are working their butts off and it's cool to represent them," Teague said. "I hope they see it on TV

and it brings a smile to their face."

Teague said that along with his family and girlfriend's family, his friend and shipmate, Penley, will be in attendance at the game, and his brother will be watching on television. They'll root on his team in hopes of a tenth straight victory over Army during his final game alongside his fellow future naval officers in the rivalry he calls the "biggest" in college sports.

"Army's the biggest

game. You could be a part of a program that loses every game and if you beat Army, it'd still be worth it," Teague said. "We're going to work our butts off to win this game. That's our Super Bowl."

The Navy Midshipmen take on the Army Black Knights in the 2011 Army-Navy game in Washington, D.C. Dec. 10. For more information on the game, visit www.armynavygame.com.

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Naval Station Mayport has updated its fitness classes effective immediately for Surfside Fitness and the Gymnasium.

The new Surfside Fitness class schedule is as follows:

- Monday**
9:30 a.m., Zumba Basics
11:30 a.m., Kickboxing
4:30 p.m., CORE Fusion
5:30 p.m., Zumba
5:30 p.m., Kids Clinic
- Tuesday**
11:30 a.m., Zumba
1 p.m., Strength Solutions & Flexibility Fix-Ups
- Wednesday**
6:30 a.m., NOFFS Nutrition & Fitness Series
9:30 a.m., 20/20/20
11:30 a.m., Strength Training For Women
3 p.m., NOFFS Nutrition & Fitness For FEP
4:30 p.m., Zumba Basics
5:30 p.m., Yoga
- Thursday**
7 a.m., NOFFS Nutrition & Fitness Series
9:30 a.m., Yoga
11:30 a.m., Zumba
1 p.m., Strength Solutions & Flexibility Fix-Ups
5 p.m., Kickboxing
- Friday**
9:30 a.m., Zumba
11:30 a.m., Yoga
- Mayport Sandbox**
- Monday**
7 a.m., HIT 1
11 a.m., HIT 1
1:30 a.m., TRX
- Tuesday**
7 a.m., Command Bootcamp
9:30 a.m., Bootcamp Basics
11:30 a.m., HIT II
- Wednesday**
7 a.m., HIT II
11:30 a.m., HIT for Women
4:30 p.m., TRX
- Thursday**
11 a.m., HIT I
11:30 a.m., TRX
2:30 p.m., FEP Bootcamp

MWR SPORTS/FITNESS

- 4:30 p.m., HIT II
- Friday**
7 a.m., Command Bootcamp
11:30 a.m., HIT II
- The new Gymnasium class schedule is as follows:
- Monday**
7 a.m., Command Cardio & Pump
- Tuesday**
11:30 a.m., Spinning
5 p.m., Spinning
- Wednesday**
11:30 a.m., Spinning
- Thursday**
11:30 a.m., Rowing 101
- Friday**

6:30 a.m., Spinning

CHILD SUPERVISION is provided at Surfside Fitness Center on Monday, Wednesday and Friday from 2-4 p.m. for ages 3 months (12 weeks) to 5 years old. Reservations are required. Reservations are made the day of and are accepted from 5 a.m. until 10 a.m. Walk-ins will only be available based on adult to child ratios and are not guaranteed. **For reservations, call (904) 270-7718 or 7719.**

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A CFC Participant - provided as a public service.

Dec. 10: Army Navy Football Party. Free tailgating. Flag football behind the gym. 12:30 p.m. Mayport vs. Army. 1:30 p.m. NAS JAX vs. Army. Army vs. Navy College Football Game at 2:30 p.m. at Beachside Community Center. 270-5451.

Dec. 10: UFC 140: Jones vs. Machida. 9 p.m. at Castaways. FREE

Dec. 14: Windy Harbor Balloon Sale & Open House. Stop by Windy Harbor Golf Club and choose a free balloon containing discounts at our pro shop from 5%-50%. Snacks and beverages will be served. 270-5380

Dec. 14: All-Hands Steak Night. 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limit-

Dec. 8: Magical Christmas: 6:30-8:30 p.m. at Sea Otter Pavilion. Children's games and crafts, Kids' Performances and a Special Appearance by Santa. 270-5680

Dec. 9: Teen Center Presents "The Grinch" 4 p.m. at the Teen Center. Tickets cost \$3; includes play, spaghetti dinner, bread and drink. Tickets must be purchased by Dec. 6. 246-0347.

Dec. 16: Teen Holiday Party & Movie Night. 4:30-11 pm at the Teen

MWR HAPPENINGS

ed tickets available at the door. Sponsored by MWR A-Team. For tickets, call (904) 270-5228.

Dec. 14: Just For Fun Wednesdays. Every Wednesday at Mayport Bowling Center. It's not about how good you bowl, it's about how much fun you can have! \$1 Colormania Bowling, drink specials, request your favorite music all day long and more. 270-5733

Dec. 16: Xtreme Bowling. 8 p.m. to Midnight every Friday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377

Dec. 16: Bread and

Butter Band. 9 p.m. Live at Castaways. FREE. 270-7205

Dec. 31: New Year's Eve Bingo Special. 6:30 p.m. at Beachside Bingo. Double Payouts on all hand cards, 3 extra \$1000 games, food provided by MWR and more. 270-7204.

Dec. 31: New Year's Eve Bash featuring Lift. 9 p.m. Live at Castaways. FREE. 270-7205

Dec. 31: New Year's Eve at Mayport Bowling Center. 9:30 p.m.-12:30 a.m. \$15 per adult, \$10 per child ages 9-4, children 3 and under free. Reservations Required. 270-5377

KID ZONE

Center. Enjoy a cookie station, art station, Christmas challenges from 4:30-6:30 p.m. followed by a holiday movie. 246-0347

Dec. 20: Teens on the Go: Avenues Mall Christmas Shopping. 1:30-6 p.m. Permission slip required. Bring money for shopping. 246-0347

Dec. 21: Youth & Teen Cosmic Bowling Trip. 1-3:30 p.m.

Two games for \$4. Bring extra money for snack bar. Permission slip required. 270-5680.

Dec. 28: Youth & Teen Cosmic Bowling Trip. 1-3:30 p.m. Two games for \$4. Bring extra money for snack bar. Permission slip required. 270-5680.

JINGLE BELL DAY CAMP

SESSION 1: DEC. 19-23
SESSION 2: DEC. 27-30

(CAMP WILL BE CLOSED DEC. 26 FOR THE FEDERAL HOLIDAY)

6 AM-6:30 PM
AT THE YOUTH ACTIVITIES CENTER
Open to children Kindergarten through age 12.

Kids can spend their Holiday break participating in great activities and field trips! Breakfast, lunch and snacks are included!

Registration begins Thursday, Dec. 1
(Registration will close when full)

For more info,
call (904) 270-5680 or 5421

Children are assigned to an age-appropriate classroom with counselors that maintain a 1:12 (K) or 1:15 ratio in the building and a 1:10 ratio on field trips. Activity schedules are available no later than Dec. 1. Parents will be required to complete a registration packet and provide new fee paperwork if child is not currently attending the Before and After School Program. Please bring LES/Pay Stub when registering unless child is already enrolled in our Before and After School Care Program. Payment is due at time of registration or, if currently registered, by Dec. 15. Fees are determined by total family income and fee scale. Hourly care is available at \$4.00 per hour with advanced reservation. Space is limited.

Naval Station Mayport's



Magical Christmas

6:30-8:30 p.m. Thursday, Dec. 8, 2011
At Sea Otter Pavilion



Games & Prizes •
Crafts • Sweet
Treats • Children's
Performances • Polar
Express Train Rides •
Navy Band
Southeast's Holiday
Brass Ensemble
**Bring your
camera for
Pictures with
Santa!**



For event info, call (904) 270-5228.

The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by the Mayport Liberty Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

Dec. 8: Avenues Mall Trip. Van departs 4 p.m. Transportation Only. FREE
Dec. 9: Ping Pong Tournament. 5 p.m. at Liberty Center.

Dec. 10: Army Navy Football Party. Free tailgating. Flag football behind the gym. 12:30 p.m. Mayport vs. Army. 1:30 p.m. NAS JAX vs. Army. Army vs. Navy College Football Game at 2:30 p.m. at Beachside Community Center. 270-5451.

Dec. 10: UFC 140: Jones vs. Machida. 9 p.m. at Castaways. FREE
Dec. 11: Jacksonville Jaguars vs. Tampa Bay Buccaneers. Van Departs Liberty Center 11 a.m. Cost \$5.

Dec. 14: All-Hands Steak Night. 4-7 p.m. at Foc'sle CPO Club. Cost is \$10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by MWR A-Team. For tickets, call (904) 270-5228.

Dec. 14: Windy Harbor Balloon Sale & Open House. Stop by Windy Harbor Golf Club and choose a free balloon containing discounts at our pro shop from 5%-50%. 270-5380

Dec. 14: Just For Fun Wednesdays. Every Wednesday at Mayport Bowling Center. It's not about how good you bowl, it's about how much fun you can have! \$1 Colormania Bowling, drink specials, request your favorite music all day long and more. 270-5733
Dec. 15: St. John's Town Center Trip. Van departs 4 p.m. Transportation Only. FREE
Dec. 16: St. Augustine Amphitheater Trip. Enjoy ice skating, sleigh rides, ice slides & more. Please bring cash. Van Departs Liberty Center 4 p.m. FREE

Dec. 16: Xtreme Bowling. 8 p.m. to Midnight every Friday at Mayport Bowling Center. \$10 include 2 hours of black light bowling, shoe rental, prizes and laser show.
Dec. 16: Bread and Butter Band. 9 p.m.

LIBERTY CALL

LIVE SHOP DINE PLAY

LIVE LOCAL

Support the Program

ENJOY A COMPLIMENTARY BLOOMIN ONION OR ANY APPETIZER w/ purchase of an entree one coupon per table at this location only.

13245 Atlantic Blvd. 904-220-5899
Near Queen's harbor OUTBACK.COM

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Neptune Beach

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\$8 BUD LT. BUCKETS THURS - MON
\$6.95 LUNCH SPECIALS
Monday-Friday 11am to 4pm

GIVE A GIFT OF FLAVOR THIS HOLIDAY SEASON!

Happy Holidays from all of us at Hurricane Grill & Wings!

Gift Card

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*Excludes Lunch Specials Follow us on Facebook 904-247-3031
Also visit our Baymeadows and San Marco locations

ARMY FOOTBALL PARTY NAVY

Saturday, Dec 10 at Beachside Community Center

Enjoy Free Tailgating Party, Cash Bar, Trivia, Football Pool, Giveaways & More!

Flag Football Behind the Gym
12:30 pm
Mayport vs. Army
1:30 pm
NAS Jax vs. Army

Army vs. Navy Kick-off
2:30 pm
Watch all the Action on the 20 ft. Screen!

Free T-Shirts to First 100 Attendees!

For more info, call (904) 270-5451

USO NEWS

No Dough Dinner

Looking for a great night with the family? Don't want to cook/clean up? Come to the Mayport USO Center on Dec. 12 from 5-7 p.m. The volunteers will serve Pizza, salad and dessert. This dinner is free to active duty service members and their immediate families. Come on out and enjoy food and friends. THANK YOU to Navy League!

K9S For Warriors

K9sforwarriors is located in Ponte Vedra Beach and they specifically offer service dogs for warriors medically diagnosed with Post Traumatic Stress. If you or someone you know would greatly benefit from having a canine companion, please visit www.k9sforwarriors.org for more information.

Smiles Over Miles

Smiles Over Miles gives all active duty military service members the opportunity to send video messages back home for free, easily from any computer with an internet connection and webcam. The technology also comes with built in security, so messages are kept private and delivered via secure transmission. Sign-up now via the following link: <http://smilesovermiles.com>

Special For Military Hunting And Fishing License

Active-duty and retired military Florida residents can get a low cost (\$20) Military Gold Sportsman's License. The license covers hunting, freshwater and saltwater fishing

and a variety of associated permits at a greatly reduced cost. The Military Gold Sportsman's License is available at tax collectors' offices only. Applicants must present a current military ID card plus a Florida driver's license or orders showing they are stationed in Florida as proof of eligibility. Military Gold Sportsman's License (includes same privileges as Gold Sportsman's License, Listed Below) Available to Florida residents who are active or retired members of the U.S. Armed Forces, Armed Forces Reserve, Florida National Guard, Coast Guard or Coast Guard Reserve; upon submission of a current military identification card and proof of Florida residency. Gold Sportsman's License includes Hunting, Saltwater Fishing and Freshwater Fishing licenses; and Deer, Wildlife Management Area, Archery, Muzzleloading Gun, Crossbow, Turkey and Florida Waterfowl, Snook and Lobster permits.

Recycling

Recycling has come to the Greater Jacksonville Area USO. If you have any office paper, shredded paper, old magazines, and newspapers that you would like to donate, please bring it to either the Mayport or NAS JAX USO Center. This will be

a great fundraiser for the USO so please help us fill the bins. Help support the troops with your unwanted paper!

Red Cross Nurse Assistant Training

With Red Cross training, you will master fundamental academic and social skills necessary to be a successful nurse assistant. You will gain new-found independence. And as a Red Cross nurse assistant, you'll be an important part of a health care team that works together to provide compassionate care for nursing home residents and patients. It's a job where you make a difference. The Northeast Florida Chapter of the American Red Cross is extending full scholarships to Florida residents for participation in Nurse Assistant Training (NAT) for eligible applicants through a grant from the Florida BrAlve Fund established at The Community Foundation in Jacksonville. For more information, please call the SAF Mayport Service Center at 904-246-1395.

Greater Jacksonville USO has partnered with Coastal Cab to get you great rates on rides to and from the Airport, Mayport, Cecil Field and areas in between. Coastal Cab is happy to give a 15 percent discount from the meter to all addresses and locations not listed for

all passengers that show their Military ID cards. To set up a ride or for more information please call 904-779-9999 (NAS Jax & JIA) or 904-246-9999 (Mayport).

Your Greater Jacksonville Area USO is now on Facebook.

Honorably discharged veterans, active-duty service and reserve members will receive a 25 percent discount on the purchase of a Florida State Park annual pass. The discount provides a savings of \$15 on an individual annual pass and \$30 on a family annual pass, which allows up to eight people in a group to access most of Florida's 160 state parks. In addition, honorably discharged veterans who have service connected disabilities, and surviving spouses of military veterans who have fallen in combat, will receive a lifetime family annual entrance pass at no charge. For information on qualifications and necessary forms to receive these discounts, visit www.FloridaStateParks.org

The USO and RocketLife, have partnered to deliver a heartwarming opportunity for the men and women of the armed forces and their families. The Personal Photo Book program enables troops serving abroad and their families to create 20-page personal photo books and ship them to any APO/FPO address for free. These full-color, customized photo books

are small enough to fit in a soldier's cargo pockets yet can hold more than 60 photos of loved ones. RocketLife prints the books for free, and the USO pays for the shipping. To get started, visit <http://uso.myphotoproducts.com>.

The U.S. Department of Veterans Affairs has a new online form, "Application for Health Benefits," which will make it easier and faster for veterans to apply for their health care benefits. This revised online application form (10-10EZ) provides enhanced navigation features that make it easier and faster for veterans to use. The new version also allows veterans to save a copy of the completed form for their personal records. The most significant enhancement allows veterans to save their application to their local desktop and return to the application at any time without having to start over. Previously, veterans had to complete the form in a single session. This updated online form, along with the revised VA Form 10-10EZ, reduces the collection of information from veterans by eliminating some questions. In addition, there are minor changes to simplify the wording of questions and provide clarity in the instructions. Further enhancements to the online application are expected to be delivered in increments throughout 2010. Veterans may also contact the VA at 1 (877) 222-VETS (8387) or visit the VA health eligibility

website at www.va.gov/healtheligibility

United Through Reading program makes it possible to share in the enjoyment of reading to the children in your life, even while thousands of miles apart. The Mayport Center and NAS Center can record you reading a book to your children and send it to them after you have gone on deployment. It is a great way to make them smile on their special day even when you can not be there with them. Please contact your local USO center for more information.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

Watch TV or a movie from the video library. Service members can also enjoy video games or use the sports equipment.

There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs. A TV, VCR and overhead projector are available for use.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road.

REACHING OUT

The following are just a sample of volunteer opportunities available through NS Mayport and Volunteer Jacksonville. For more information, call NS Mayport volunteer coordinator CS1 Terry Jackson at 270-5373 and AC1 Chandra Chaney at 270-6130 or Dianne Parker at 542-5380 or you can immediately sign-up online for opportunities using www.volunteergatewayjacksonville.org.

Guardian ad Litem

Be the voice for children abused, neglected, or abandoned. These children have no ability to participate in decisions affecting their lives. When children are removed from their homes, the courts can appoint a special advocate to make sure that the best interests of the child is given appropriate consideration. This advocate is known as a Guardian ad Litem. In the 4th Judicial Circuit, which includes Clay, Duval and Nassau Counties, there are more than 2,000 children who need an advocate to help them navigate the Dependency system. As we build our volunteer base we are asking members of our community to consider being a Guardian as Litem. These guardians do not provide direct care for the children; the guardians ad litem visit the child at least once per month, interview family members, gather information from medical, mental health, and education professionals, and attend court hearings to ensure the best interests of the children are maintained. The work is compelling. To become a Guardian ad Litem, candidates need a compassionate heart, be at least 19 years old, complete 30 hours of initial training and undergo a background check. The process begins with a screening interview so you can learn more about this opportunity to make

a difference in the life of a child. If this kind of volunteer opportunity sounds like something you would like to participate in, please visit the Guardian ad Litem website, www.guardianadlitem.org, or call 904-630-1200 to schedule a screening interview.

Jacksonville Zoo

The Jacksonville Zoo is asking for volunteers. Volunteers are needed to educate varied audiences about the natural world, teach conservation messages, beautify the grounds, assist guests in various areas of the park, input data, lend a hand in animal care areas, answer questions, drive trains and enhance guests' experiences. You provide the interest and enthusiasm, and the zoo will provide the training. Scheduling is flexible. Volunteers receive special discounts, free admission, newsletters and special programs only available to employees and volunteers. New Adult Volunteer Orientations are held at the Pepsico Foundation Education Campus. All interested personnel please CS1 Hopkins or call 270-5373 for more information.

Limelight Theatre

Limelight Theatre of St. Augustine is looking for energetic and enthusiastic volunteer ushers, who play a huge role in the theatre's success. Ushering is a fun, lively volunteer opportunity in a creative atmosphere surrounded by great people--both audience and behind the scenes! Ushers attend to a variety of tasks including seating guests, answering questions and bartending and enjoy many benefits including complimentary and discounted tick-

ets. For complete details, please contact Limelight Theatre House Manager Joyce Hayes at (904) 825-11-64 or limelightushers@gmail.com.

Children's Home Society of Florida

Children's Home Society of Florida is getting ready to permanently place seven or eight children in loving homes within the next couple weeks. Seeking children's furniture. Contact Nick Geinosky at 904-493-7738.

Big Brothers Big Sisters Mentoring

Big Brothers Big Sisters is providing an in-school mentoring program at Mayport Elementary School. Little Brothers and Sisters are needed just as much as Big Brothers and Sisters! If you are interested in this opportunity, please visit our website for more information: www.usojax.com

Navy-Marine Corp Relief Society Needs You

The Navy Marine Corp Relief Society is in need of Volunteers to give a couple of hours of their time each week to help others in need. The mission of the Navy-Marine Corp Relief Society is to provide emergency financial help and educational assistance to members of the Naval Services - active, retired, and family members - when in need: to assist them achieve financial self-sufficiency and to find solutions to emergent requirements. Navy-Marine Corp Relief Society firmly believes in personal financial responsibility. By helping the service member and family through difficult times and by assisting them to develop their own problem solving capabilities, they will achieve financial stability, increase

self-worth and reduce the need for future financial assistance. If you are interested in volunteering and would like more information, contact Bill Kennedy at 270-5418, 9 a.m.-3:30 p.m., Monday-Friday.

Lea's Place

Lea's Place is a volunteer program, on-call 24 hours a day, 7 days a week to help the Department of Children and Families take care of children who have been removed from abusive or neglectful situations or who have been abandoned. Volunteers assist Child Protective Investigators with feeding, bathing and playing with the children. They may also assist in the clothes closet, providing the children with clean clothing. 360-7091.

NS Mayport Retired Activities Office

Naval Station Mayport is currently searching for committed volunteers to serve the local retiree community in the Retired Activities Office (RAO)

located in the Fleet and Family Support Center (FFSC). RAO volunteers maintain the vital link between the retiree, local military communities and other government and non-government agencies. Anyone interested should contact the FFSC for an application or to get more information about the duties and responsibilities of the RAO volunteers. Call the FFSC at (904) 270-6600 Ext. 110

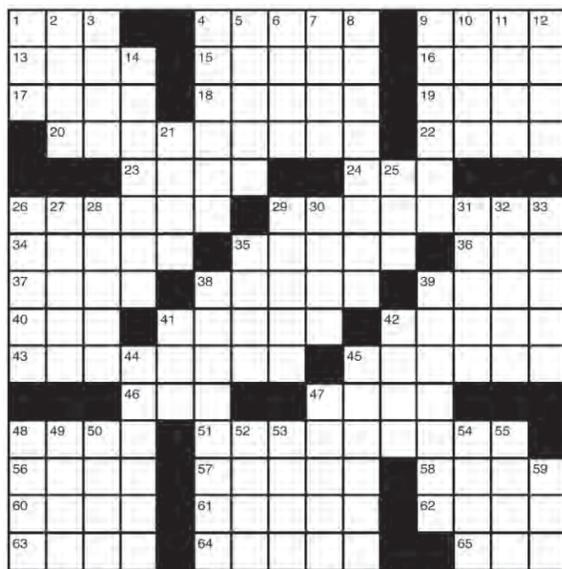
THE Daily Commuter Puzzle by Jacqueline E. Mathews

ACROSS

- 1 Walking on ___; elated
- 4 Pinnacles
- 9 "Get lost!"
- 13 Very dry
- 15 Bird's tweet
- 16 Vagabond
- 17 Conceal
- 18 Cuban dance
- 19 On ___ toes; alert
- 20 Isolation
- 22 Understands
- 23 At ___; relaxed
- 24 African antelope
- 26 Posture; position
- 29 Settler residing in a new land
- 34 Explorer ___ de Leon
- 35 Assumption; thing taken for granted
- 36 Poor grade
- 37 Opie's pa
- 38 Dwelt
- 39 Norton & Berry
- 40 Even score
- 41 Start
- 42 Bread ingredient
- 43 On cloud nine
- 45 Cereal grass
- 46 Word of disgust
- 47 Rotate
- 48 Heroic story
- 51 Lawyers
- 56 Filthy buildup
- 57 Public uprisings
- 58 Go first
- 60 In the past
- 61 Muse with vengeful delight
- 62 Wise man
- 63 Celebrity
- 64 Shouts
- 65 Hee-___; bray

DOWN

- 1 Ooh and ___ over; admire
- 2 Often-purple showy flower
- 3 Go by car, e.g.
- 4 Point the finger at



Created by Jacqueline E. Mathews 12/8/11

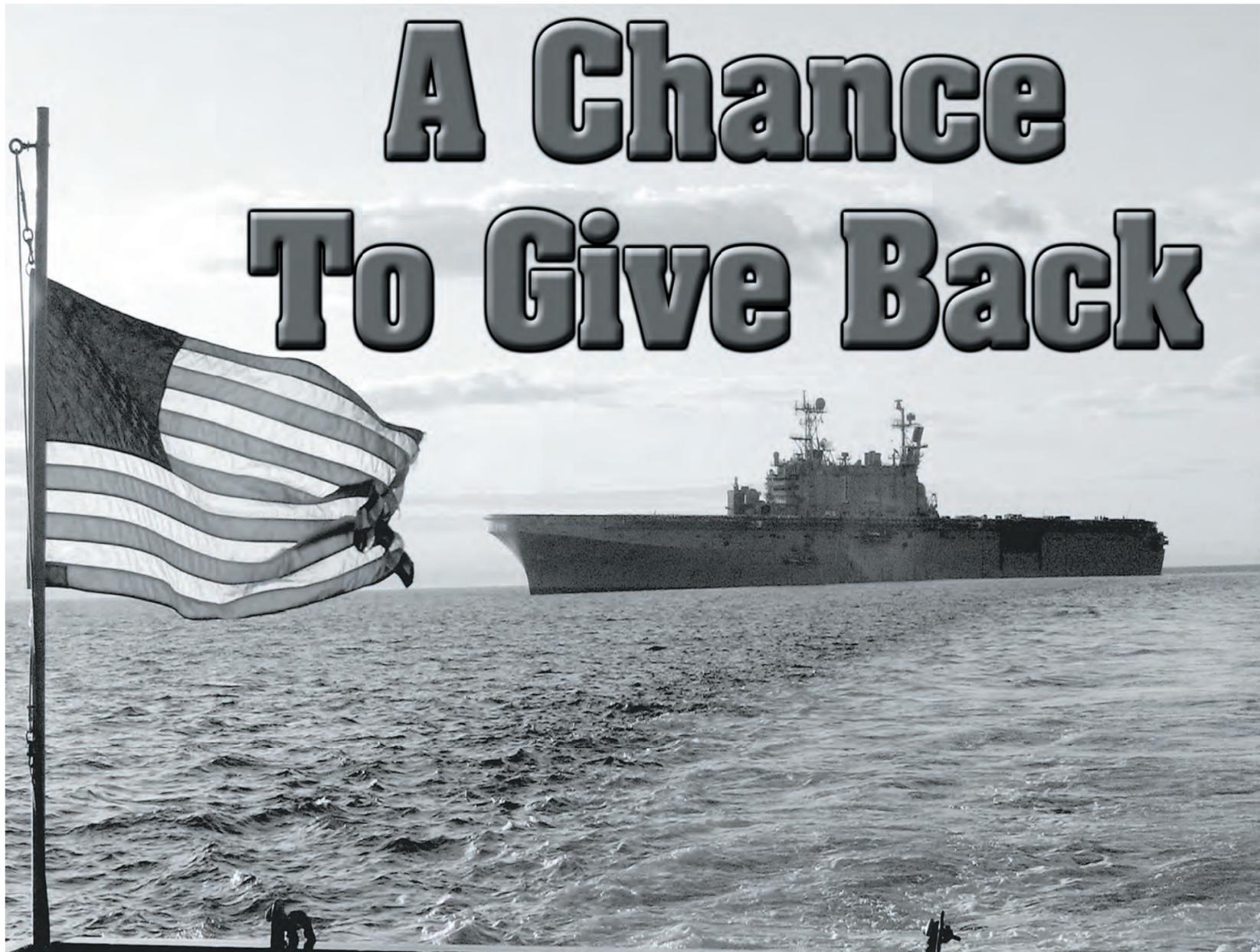
THIS WEEKS ANSWERS



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- | | |
|-------------------------------------|--------------------|
| 35 Oscar-winning Leslie Caron movie | 47 Sum |
| 38 Listlessness | 48 Personalities |
| 39 Pieces of corn | 49 Football kick |
| 41 Sack | 50 Peruvian Indian |
| 42 Tale | 52 Flooring piece |
| 44 ___ out; get tired | 53 Chisel or saw |
| 45 Explodes | 54 Slangy reply |
| | 55 Long story |
| | 59 Morning drops |

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IN PERSON
 Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m.-5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

Deadlines
Run date Call by Fax by
Thursday Tue, Noon Tue, 11 a.m.
 Please note: Fax deadlines are one hour earlier. Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

 The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

Announcements	Instruction
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 43/2, 2099sf, large lot w/ sprinkler system, all new 5-ton heat pump, insulation roof, plumbing, floors, granite counters, s/s appls. \$159,900 Call 904-92-2012 or robertadam1@yahoo.com from Townsend, left on Ft. Caroline left on Hoover, left on Sara, left on Lenczyk. 7051 Lenczyk Drive 32277

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Dreaming of that Waterfront Home? Now is the time, what are you waiting for? 12 years Exp. in NE FL Waterfront. All price ranges. All Real Estate Options visit: www.JacksonvilleRiverfront.com Rod Morris 230-4114 Anytime.

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 Holly Point 3br/2.5ba, LR, den, office/baby room, hrdwd floors, granite & marble countertops, lots of beautiful views, must see to appreciate \$386K 904-610-3922

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CHESTER COUNTY TENN.
 500 + ACRE FARM. Brick Home with large machine shed, good hunting, near Chickasaw State Park and Golf Course. Call for information 731-989-3654

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Westside 500 S Chaffee Rd. lot 174
 Open House Sat & Sun 2pm-5pm Home of Merril on the lake in quiet gated community. Lawn service, pool and community center. Close to churches, library, shopping and restaurants. **MUST SEE!!** For sale by owner. \$53,600. Call for appointment 904-233-8060 Second home available for \$36,400.

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Apartments Unfurnished
Condominiums
Retirement Communities
Homes Furnished
Homes Unfurnished
Manufactured Homes
Mobile Home Lots
Roommates
Rooms to Rent
Beach Home Rentals
Beach/Vacation/Resorts
Storage/Mini-Lockers
Management/Rental Services
Wanted to Rent
St. Johns Apartments Furnished
St. Johns Apartments Unfurnished
St. Johns Condominiums
St. Johns Duplex
Townhomes
St. Johns Retirement Communities
St. Johns Houses Furnished
St. Johns Houses Unfurnished
St. Johns Mobile Home/Lot Rental
St. Johns Lots
St. Johns Roommates
St. Johns Rooms to Rent
St. Johns Oceanfront/Waterfront
St. Johns Vacation Rental
St. Johns Storage/Mini-Lockers
St. Johns Wanted to Rent

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ORANGE PARK 1BR/1BR
 All appliances, w/d hookup, newly painted tile floor t/o, 1 small pet max 20lbs. No smoking \$650mo. + \$60dep. Background check. 904-545-5029. 37 Knight Box Rd,

SAN MARCO Upstairs 1/1 Ch&a, NEW Bathroom, no dogs, 1836 (behind 1834) Arcadia Pl. \$450mo + \$450dep 904-731-7522

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 Pool, Florida Room, Cul-de-sac. \$1,375mo. Call 904-343-8084 230-9482 see pics online at jacksonville.com under classified - houses unfurnished

NORTHSIDE - 3BR/1BA CH&A,
 Utility room w/d hookup HUD ok, near bus route. \$700mo + dep. Call 219-3902

Oakleaf. 4BR/4Ba 3,200sf newer
 home on cul-de-sac. Wheelchair accessible, bonus frn, 2-car garage, F/P, Master w/Jacuzzi, fenced backyard & covered lanai. Elem/Jr & High Schools exclusive to residents. Close to NAS Jax. Rent \$1500. Pets: Negotiable. Call Rose at 1-516-238-6830. PCS'ing.

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 brick house w/ 2 car garage, fireplace, spacious, open floor plan, gated community \$1500mo. 904-307-5834

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 3/2, garage, tiled, new carpet, like new appl, fenced yard. Move in today! 2624 Pinewood Blvd. S. 32068. \$875mo. or rent to own \$85K 904-327-7823, 904-731-1599

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 CT? Rent spacious 2BR, 1 bath apartment on 2nd floor for \$950 in downtown Westerly, RI. 20 mins to Groton Subase, 15 mins to Foxwood Casino, 10 mins to beach, 5 min walk to Wilcox Park. Easy access to I-95 and Amtrak. Leave work at work and make Westerly home to you and your family! 757-201-2742

PCS'd from JAX. Take over
 omis of \$1793.06 w/ NFCU. 4BR 2BA. 2044SF. Garage. New carpet. Fruit Cove area. Roger for details: 904-535-2227

PCS ORDERS- Orange Park
 Oakleaf Plant. 3135 Tower Oaks Dr. 4/3, 2399sf, 2car gar, Call 904-269-8100

Manufactured Homes

Pan Am Mini Storage
 2383 Mayport Rd, Atlantic Beach, FL 32233, 241-2300, Low Rates, Free Month!

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Beach Home Rentals

BEST RATES! 3 day beach
 get-a-way for our Military, their spouses & family! N. Fernandina Beach. 1 - 2 or 3 bedroom Short stroll to beach. Call 877-572-2210 FOR RATES

Medical / Health Care

HOUSEKEEPER MANAGER
 for a rehab/long term care facility apply in person 1125 Fleming Plantation blvd, Orange park, FL

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MAINTENANCE TECHNICIAN
 FOR APARTMENT COMPLEX. MUST BE HVAC CERTIFIED. \$12.00-\$14.00 PER HR, PLEASE FAX RESUME TO 818-808-0721

Management / Professional

FT LAUNDRY SUPERVISOR
 position avail. in Vicar's Landing Ponte Vedra's full service Retirement Commn. Competitive pay w/ excellent benefits package, laundry exp. preferred. Call 273-1717 for an interview

AC and Heating

Five Star Heating and Air, LLC
 Clip this ad and get \$25.00 OFF service call with repair! Retired Navy CPO owned and operated, We'll do it right the 1st time! Get your Winter check up now. Expert Repairs & installations! We service all brands of heatpumps and AC units. 904-755-7760 - CAC1815374

Adult Care

AVONDALE ELDERCARE
 Residence/Davycare - Priv Rm avail. Independent Manor **387-4034**

Child Care

LINDA'S DAY CARE- Orange
 Park Infant-School age, DCF Cert. First Aid, CPR, VPK. 904-278-8780

Houses Unfurnished

PCS-SECOND MONTH FREE
 RENT!!! 2/2 townhome. High ceiling in Living & Dining area. Gar. W/ opener. Fncd bkdy. W/D hkup. Kit. appl's. Ceiling fans in bdrms. Floored office storage. Shady lot. GREAT LOC. GREAT NEIGHBORHOOD! Whispering Pines Sub. betw. Blanding & Roosevelt, off Collins rd. Very close to Orange Park Mall & Naval Air Station. EASY highway access to Roosevelt & Blanding exits. Single small housebroken pet OK with deposit. Dottie 904-401-8588.

WESTSIDE
 Clean/Beautiful 3/2, w/detached 2 car garage on huge secluded lot \$890/mo. + \$900 deposit Call 904-838-8572

Westside
 4 Houses For Rent 3/2 priced between \$850 & \$1,100. Must see call 904-786-3843

WESTSIDE/OP TOWNHOME 2/2
 \$700/mo. + \$700dep. Screened Prch W/D Vaulted Great Shape! Off Collins Rd. Be on 295 in 4 minutes! 5 min to NAS Jax Call James 904-403-6238

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 Argyle Blvd. 2/3 \$800. Indian Lakes 2/2 \$600. Yowdy Star Ln. 3/2 1550sf new house \$1,050. Melissa Ct. 2/2 \$675. Velvet Springs Ct 3/2, 1900sf \$1,050 HUD ok on all properties. Call Andre Robinson 226-4459 www.westsiderentalproperty.com

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 EXTRA CLEAN 2 BDRMS. PRIVATE FENCED LOTS, SCHOOL, NO PETS \$140 week, \$200 dep. 838-4183

Beach Home Rentals

BEST RATES! 3 day beach
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Nurses/Nurses Aides
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Positions Wanted

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Compassionate Childcare Ser-
 vice. Over 20yrs exp. Numerous references avail. on request. Barbara 912-673-6792

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Appliances

Gas Grill, Weber "Genesis"
 model E320, side burner, blk/stainless, assembled, pd \$650, sell \$500. 904-268-2482

TRUE FREEZER 3dr display & 2 dr. d/s. Inlay-Make Offer. 904-652-3262

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Full Auction! Smalls, glass,
china, furniture, box lots, etc.
1671 Atlantic Blvd Preview at 6pm
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Collectables: Charming Tails;
 Harvest Time Honey's \$20, Teamwork Helps \$15, Home Sweet Home \$15, Be Thankful For Friends \$20, I'm All Ears \$20, Pumpkin Harvest \$20, The Bearsley Family (Special Edition); #5300764-\$20. Capodimonte pcs (various). King headboard: Solid Oak, dual-lights, mirrored, end cabinets, exc. cond. Twin-recliner loveseat. Will email pics. Atlantic Beach 904-304-4014. 9am-4pm

WANTED TO BUY:
 War souvenirs, medals, patches, etc., Old USMC uniforms, also Airline Wings & Badges. 477-6412

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 MP240 with market & USB cable. \$20. 904-268-2482

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 Furn. elect's, tools, glass, jewelry, Antiques, collect's, yard art, PLUS + Fri/Sat 9-5 Sun 11-3. 8903 Kersey Dr. S. off Ivey W. of Southside www.blngston.com 642-1003

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 tbl w/6 stools & side tbl \$300. 316-8706

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 Can deliver \$ 250 904-924-6037

BRAND NEW 5 piece Dinette Set
 Can Deliver \$175 904-524-6037

Collectables: Charming Tails;
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DINING SET Formal seats 6
 or 8 solid wood mahogany finish great shape \$450.00. 904-821-1550

Formal Dining Set solid wood

Misc. Merchandise

Comic Books for sale, in plastic. Over 300 to choose from. Trish or Dan for a list 912-510-0489. prices are negotiable.

DIABETIC TEST STRIPS NEEDED \$1 BUY sealed / unexpired boxes \$ Call Bob at (904) 712-9015

EXCEL 2400 PSI Pressure Washer New wand, 2 lengths of hose, 6hp BTS \$150. 904-616-6008

Excel 2400 PSI Pressure Washer, new wand, 2 lengths of hose, 6hp BTS \$150. 904-616-6008

Exercise bike \$15. Antia-vanly w/mirror. Pedestal Dining tbl. Call for pricing 904-264-1171

1 GE 27" Color TV \$35.00 and 1 JVC 27" TV \$35.00 Call 904-583-3424

Keyboard Classics Magazines 1983 thru 1986. 22 issues, fun for piano & keyboard musicians \$20. Kings Bay 912-576-4989

NAS Jacksonville Exchange Book Signing Dec 2-4, 2011 Friday 12-6 pm, Sat & Sunday 10 - 4:00pm. Captain Mike Brittingham will present his books in the NAS Jacksonville Exchange December 2 - 4, 2011. His new release is "Hard Facts" which is like reading the paper in the morning. He has four other books starting with "Sub Chaser", "Operation Poppy", "The Iranian Deception", and "Terrorism in the US". Captain Brittingham will be book signing from 12:00 pm - 6:00 pm on Friday Dec 2 and signing from 10:00 am - 1:00 pm on Saturday and Sunday December 3 and 4, 2011.

TORO Lawn mower self propelled 22" x 4.5hp GTS \$200-14" Coleman Fiberglass canoe \$300 Johnson Ocean Pro Outboard 200hp \$2500. 904-307-9120

WANTED Day bed fram, metal or wood, no mattress, less than \$75. St. Marys area 912-576-4989

WOOD LATHE-Like new \$155. 904-786-9651. 30" Circular fan port, \$30. 476-7544

Sporting Goods

INDOOR BICYCLE TRAINER; \$50.00 904-349-7063

MAN'S SHORTY 2 MM Wet-Suit "Deep Sea" Brand; black & blue color \$25.00. 904-349-7063

ORIGINAL NORDIC TRACK Ski Machine; \$200.00. Sells for \$699.00 on the internet!!! 904-349-7063

SCUBA PRO HOODED Scuba vest; 5/3 MM, BRAND NEW! \$50.00. 904-349-7063

TREK MODEL 820 ALL TERRAIN BIKE; \$100.00 904-349-7063

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6x12 Enclosed Trailer ramp over 32", roof vent, 12v dome light, warranty for \$2400 or best offer. 912-289-0196

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AVIATION, MILITARY, NAVAL memorabilia of all kinds. Especially medals, insignia, patches, etc. Call Dean 904-246-0832

650,620 HOURS

Besides protecting our country, military personnel stationed in our communities donated 650,620 hours of volunteer service in Northeast Florida and Southeast Georgia last year. Their time was given to community organizations, church groups, youth activities, scouting and more.

Thank You!

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LOST FEMALE CHIHUAHUA LAST SEEN CRYSTAL SPRINGS EAST 5/12, 11/25, CALL 770-900-8004 / 770-825-2813 REWARD! REWARD!

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Brittany, Boston Terrier, Shi-Tzu, Toy Aussie Pups 912-422-3982 www.walkerkenel.com

English Bulldog Pups AKC Champion lines all colors avl now. \$1400. 904-217-2579

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Free Puppy - 9mo. old. Male. Neutered. House broken. Energetic, 33-35 lbs. Good w/small children & cats. White w/black markings. Pix's avail. 904-786-4627. We'll deliver.

Free to good home...neutered male boxer, age 10. House trained, ok registered. He is fawn and white. Does not get along with other male dogs. 415-3712

GOLDEN RETRIEVER AKC PUPS 9wks shots H/C \$600. 786-8493 607-8818

Lab Puppies ACA reg. Chocolates, yellows, & black. Taking deposits, \$350.00 call 904-738-3142.

Minpins CKC 8wks M/F, Health certs. \$300 994-9106

Oldie English bulldog puppies 8wks \$1500 registered 904-314-7048

YORKIES PUPS \$1000. Ready Dec. 17. Call 904-728-0108. AKC cert.

YORKIES FEMALE \$750 Call 237-5243 For appt

YORKIES AKC \$600. 904-571-1800 lovableyorkieforyou@gmail.com

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'06 Yamaha LX22FC Pontoon 20hp Yamaha Bimini top Garmin Fish Finder, many extras, asking \$18,500. Low hrs 904-210-6769

2009 Carolina Skiff 21.8' Elite. Custom T-Top w/full Electronics incl. Simrad Chartplotter, Boraband Radar & Sounder, VHF, Stereo, sep. Electronics Battery & Switch, instruments, wired for trolling motor & Mercury Optimax 115 hp, Loadmaster Alum. Trailer. \$21,900. Call 904-806-1522 or email skiff99@earthlink.net for additional information.

'97 Seasport 79.6cc 140hp Suzuki Bimini top outstanding cond., ready to fish \$5000. Jim 904-505-7455

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'08 VR1 VFBATH Lg. Slideout, 4 new tires low eapt cover, leveling, leveling pads, 21v's, slps 6, sway & equalizer bars \$18K. Travel Trailer. 904-642-0881

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'11 H.D. Superlow, windshield crashguard, rear rack, \$9800. New-asking \$2900, only 400mi. Call 864-590-3390

2003 Suzuki TL1000R Motorcycle. 30000 miles. V-Twin Superbike. Some scratches and dents. TRE mod, BMC air filter, up 3 teeth in rear and down 1 tooth in front, gel battery and extra parts. \$2875 firm. Contact Eric @ 904-294-7024 between 1500 and 2100.

2007 YAMAHA Tour Deluxe 19,400mi, Mustang seat, bub exhaust, exc. cond. \$8900. Ron 553-3249 lv msg.

Auto Parts

LINCOLN Towncar New Michelin P225/60R-17 \$145. Michelin X Radial LT P255/70-R16 \$85. King Cobra Golf Bag w/cover \$50. Clubs \$10-\$15. 904-384-7809

Lincoln Town Car New tire P225-60R-17 \$145. Repair wiring manuals \$85. Radiator upper lower hoses, belt \$80. 904-384-7809

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1965 Classic Chevy Impala 69,700mi, all orig., 28cu needs paint, inter. very good cond. \$13,000. Ron 904-553-3249

FORD THUNDERBIRD LX '97 Loaded, 4,600 miles, burgundy w/ grey int, garage kept, like brand new cond. Asking \$7500 508-904-8300

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'97 TOYOTA PREVIA, orig. owner LESC \$2000. 904-652-3262

'00 Chrysler Town Country 144k, exc. cond, 3.8L, v6, \$4500. Jim 904-5057455

'03 Acura RSX Low miles Original Owner New tires \$9000.00 Firm 210-7445

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1992 Camaro RS 5.0 teal green, 139k orig. mi's, exc cond, loaded new AC, lots of new parts, must see \$4900. Ron 904-553-3249

'94 FORD RANGER Super Cab XLT 3.0L, V6, AT, P/S, exc work truck, 190k, \$2500. Call Jim 904-575-7455

'95 Jeep Cherokee 4x4 AT/AT many new parts extras runs great \$2500. 912-573-6617/912-882-4724 or 912-552-5857

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'03 CHEVY SILVERADO-Luxury Sport, Boss sound, low miles, gar kept. Call for more info 904-521-6624

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Acura MDX 2007 - AWD 70K \$25,000. Gray & tint, sun roof, leather seats, wrnty, seats 904-607-4296

CHEVY TRACKER '03 65K Miles. 6-cyl engine, good condition \$6000 OBO. Call Mike at 904-910-7782

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650,620 HOURS

Besides protecting our country, military personnel stationed in our communities donated 650,620 hours of volunteer service in Northeast Florida and Southeast Georgia last year. Their time was given to community organizations, church groups, youth activities, scouting and more.



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