THE NS MAYPORT, FLORIDA
Mirror
2008 CHINFO Award Winner

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Fair Winds USS Doyle

-Photo by MC2 Gary Granger Jr.

Sailors assigned to guided-missile frigate USS Doyle (FFG 39) man the rails during the ship's decommissioning ceremony at Naval Station Mayport. Doyle, named for Vice Adm. James H. Doyle, has been in service with the U.S. Navy since May 1983.

By Ensign Benjamin Carroll
USS Doyle PAO

Friends, families, former crewmembers, plank owners and the ship's sponsor joined the crew of USS Doyle (FFG 39) said fair winds and following seas to the 28-year-old frigate on July 29 during a decommissioning ceremony held on Delta Pier at Naval Station Mayport.

Guest speaker at the ceremony was Rear Adm. Tony Kurta, Director, Military Personnel Plans and Policy.

"USS Doyle has accomplsihed much [in 28 years]," Kurta said. And those accomplishments will live on through the crew and their "sea stories."

Cmdr. Rolando (Curly) Ramirez is the ship's final commanding officer. During the ceremony, he thanked the crew for their hard work and "constantly jumping through hoops to make things happen."

The ship's sponsor, Anne Doyle, was able to attend the decommissioning of her grandfather's namesake.

"I wouldn't have missed this for the world," she said. "[USS Doyle] had a great life. It has been a real honor [to be ship's sponsor."

Built in Bath, Maine by Bath Iron Works Corporation, her keel was laid on 23 October 1981. She was launched May 22,1982 and commissioned 21 May 1983. Over her 28 years of service, she proved a great asset to this nation's Navy.

USS Doyle was named for Vice Admiral James Henry Doyle, USN (1897-1982), a 1919 Naval Academy graduate and native to Jamaica, New York. In World War II, he served as Operations Officer of the South Pacific Amphibious Force during the Solomon Islands campaign and received the Legion of Merit for "exceptional meritorious conduct."

Later, he was awarded the Bronze Star Medal for gallantry in command of the light cruiser Pasadena (CL 65) during the final strikes against Japan.

As Commander Amphibious Group One during the Korean War, Rear Admiral Doyle was personally responsible for the execution of the amphibious phase of the invasion of Inchon in 1950. His naval attack force put 13,000 Marines of the First Marine Division with attached Army and Korean units ashore on a forbidding coastline despite being hampered by extraordinary currents and tides of the Yellow Sea, the lack of suitable landing beaches, and islands that restricted the long approach on Inchon. Rarely had so small a force entered so large a land mass under such difficult conditions.

Later, when the Chinese Communist entered North Korea from across the Yalu River and entrapped U.S. ground forces, Rear Admiral Doyle commanded the Hungnam Withdrawal – an amphibious landing in reverse.

In an operation characterized by ingenuity and superb naval gunfire support, the First Marine Division, Third and Seventh Infantry Divisions, and 100,000 civilians were evacuated under the sweep of heavy enemy gunfire without a single casualty.

For these masterful exploits, Rear Admiral Doyle was awarded the Navy Distinguished Service Medal and the Army's Silver Star.

USS Doyle, home ported in Mayport, Florida, is the 33rd of the Oliver Hazard Perry Guided Missile Fast Frigate Class. Her mission included operating offensively in a high-density mutli-threat environment as an integrated member of a Carrier Strike Group, Surface Action Group, or Expeditionary Strike Group.

She is capable of Undersea Warfare operations, limited Air Defense capabilities, and limited Surface Warfare self-defense.

See Doyle, Page 4

Give Blood, Save Lives

-Photo by EMFN Kristin Miller

NS Mayport Commanding Officer, Capt. Doug Cochrane presents a trophy to PSD Mayport Director Al Iannacone after the command donated the most pints of blood during a recent American Red Cross Blood Drive at NS Mayport.

NBHC Sailor Named Surface IDC Of Year

By HM1 Stephen Ramsdell
Naval Branch Health Clinic Mayport

Naval Branch Health Clinic Mayport is proud to announce that Hospital Corpsman First Class (SW/FMF) Wasim Mohammed has been named as the Navy's Surface Independent Duty Corpsman of the Year for 2011.

This award was presented to Mohammed by Master Chief Petty Officer (FMF) Laura Martinez, U.S. Navy Force Master Chief on May 16 at the Surface IDC Conference held at Colorado Springs, Colorado.

Mohammed recently transferred to NBHC Mayport from duty aboard the USS Farragut (DDG 99) as the Senior Medical Department Representative (SMDR) from March 2006 to March 2011.

He has been deployed in theaters supporting the Global War on Terror and has displayed true professionalism and expertise in his field.

Some of his achievements while serving aboard the USS Farragut were achieving 96 percent medical readiness, the ship's receipt of the CNO's Safety Award Afloat and helping the ship earn its third consecutive "Green H" (Health and Wellness) Award.

He was also selected as Senior Sailor of the Year for USS Farragut, DDG 99, Calendar Year 2010.

Take Cyber Security
Seriously
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USS Carney
Spends Time With Family
Page 9

Capt. Doug Cochrane

CAPTAIN'S CORNER

Shipmates,

Thanks to all who (literally) rolled up their sleeves and donated blood during the American Red Cross Blood Drive last week.

I threw down the gauntlet and virtually guaranteed a NAVSTA victory, in the competition to donate the most blood, but alas the Professionals from PSD Mayport "bested our best" by donating 33 pints of blood! Well Done and BZ to PSD Mayport.

Monday morning I ate some crow (beak first, feathers slide down easier) and presented Mr. Al Iannocone, Director of PSD Mayport with the coveted Championship Trophy.

All kidding aside, 25 percent of the donated 108 pints are delivered directly to Naval Hospital Jacksonville, so thanks to everyone who gave the gift of life! I want that trophy back, and look forward to the formidable challenge the next Blood Drive will present!

Last week we had the great privilege to host the crew of USS Dwight D. Eisenhower (CVN 69) as they took a well-deserved break from an intense underway period. Prior to gracing our Pier Charlie, IKE conducted a two day ammunition transfer at sea, and the "Mother of all Carrier Qualification" detachments, logging more than 2,000 arrested landings during a three week CQ Det!

The crew enjoyed Mayport, the JAX Beaches, St Johns Town Center and even a little "beer on the pier" before heading back out to sea for Student Carrier Qualifications and more ammunition transfers before transiting back to Norfolk.

I can't thank Team Mayport enough, and my hat is off to everyone who had a hand in providing support for a great port stop, to include Lonnie Kenney and Loretta Nicolla from MWR, Bill Hockenberry from NEX, CWO3 Chuck Mogle and his entire Security staff, and Commodore Ten Hoopen and the gang from HSMWINGLANT among others. Well done and a hearty BZ for supporting our Fleet!

Fair winds also go out to the crew of USS Doyle (FFG 39) after her decommissioning last week. The service of this ship to our country has been remarkable.

Since the keel was laid in 1981, the ship has logged countless nautical miles, and made a difference in many ways including Anti Submarine Operations during the height of the Cold War, extensive operations in and around the Persian Gulf and Mid East, and the confiscation of millions of dollars worth of drugs and the arrests of dozens of Narco-Terrorists through counter drug operations.

I wasn't the least bit surprised when at the end of the ceremony, the order was given to haul down her colors... she fought back, hanging on to her Commissioning Pennant for just a couple extra minutes, showing us all that she had some more life left in her! Fear not however, the ship will be transferred to the Foreign Military Sales division, and will most likely sail again!

Our very own Public Affairs staff, headed up by Bill Austin is gearing up for a most impressive visit by CNN's Clark Howard and morning anchor Robin Meade. These two superstars are visiting the superstars of NS Mayport on Aug. 26, and will film a show on USS Farragut. I encourage all of you who can make it to stop by for the show. This is national Mayport attention and we welcome it! The crew will start shooting by 8 a.m.

Back to school is around the corner. Our chapel is collecting school supplies that will be a big help for some families this year, and any donation is a good donation.

Please drop off donations to the Chapel and they will be distributed to military families in need.

Volunteers are needed to assist with the set-up for the school year, which starts on Aug. 15 with teachers returning and students returning on Aug. 22. Some of the work includes painting, re-doing flooring, classroom set-up, etc. If you would like to volunteer for this opportunity, contact Mr. Stacey L. Poole of the North Florida Educational Institute at (904)764-0084 or Ms. Cheryl A. Lawson-Wright at (904)764-0084 or (904) 422-8310.

On another front, our USO-JAX Airport needs toothbrushes and small deodorant. Donations can be dropped off at the chapel or the USO on Mayport Road.

The Navy announced July 27 it is seeking applications from highly qualified Sailors in pay grades E-6 through E-9 for the Fiscal Year 2013 Active Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) programs.

The LDO and CWO communities have designators in the surface, submarine, aviation, general series and staff corps communities and serve in a variety of leadership billets within their technical fields, ranging from division officer to commanding officer ashore.

Eligibility requirements for LDO include US citizenship, serving in pay grade E-7 through E-9 or an E-6 who has passed the exam for E-7. Active-duty applicants for LDO must have at least eight, but not more than 16 years of active-duty service.

Eligibility requirements for CWO include US citizenship, serving in pay grade E-7 through E-9. Active-duty applicants for CWO must have at least 12, but not more than 22 years of active-duty service.

These programs do not require applicants to have a college degree. Applications must be postmarked no later than Oct. 1, 2011.

Eligible Sailors should apply for the designator for which they are most qualified, regardless of their current rating. Upon commissioning, Sailors selected for LDO/CWO will attend the four-week Officer Development School in Newport, R.I.

More information, contact your career counselor.

Last but certainly not least, congratulations goes out to Pam Ottesen of Fleet and Family Support Center for her selection as our Employee of the Quarter, and to our nominees Patricia Sprink (MWR) and Mary Barbour (IT Department). Your hard work and dedication is always appreciated and never overlooked... Well done!

Please keep the suggestions coming into the CO's suggestion box or email them at douglas.cochrane@navy.mil.

We Are Adopted Into God's Family

Chaplain Eddy Logan
Surface Force Ministry Center

CHAPLAIN'S CORNER

Seven years ago my wife and I were sitting in a small muggy office in Western Samoa. We were both extremely nervous and overly anxious and I can remember watching the lopsided twirl of the ceiling fan and occasionally checking to see if any of the geckos clutching to the walls had changed positions. Our purpose for being there was to meet our nine year old son. We had started the adoption process almost a year before and our journey of waiting was about to end.

Adopting a child is a wonderful experience and it continues to be a blessing every day. To say that I wouldn't trade my son for the world is an understatement. I cannot imagine loving him any more if he were my own flesh and blood. This love and our relationship remind me of the relationship we can have with God.

We read in the Bible in Ephesians 1:3-5, "All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ. Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure."

The wonderful message of the passage is that God chose us before we were born, much in the same manner that my wife and I chose to adopt our son even before he was ever born. We are told that God loves us as his children and blesses us with spiritual gifts. This love began before we even existed, before the relationship even began. In love, he predestined us to be adopted.

God's love is everlasting and has no beginning or end. I knew that I would love my son with all my heart even before I saw him for the first time. More importantly, it doesn't matter what my son may do now or in the future, I will always love him. If a man, who is less than perfect is capable of that, then how much more is our perfect father in heaven capable of loving us?

The simple truth that God loves us is something we should remind ourselves of every day. We must remember this in every decision we make, every act we engage in. Being part of the family of God is a wonderful blessing but also a great responsibility. And we have a great example to follow in God's Son, Jesus Christ. We should strive to emulate Christ is all that we do and to follow his teachings which can basically be summed up in his commandment to love our Father with all our heart, soul and mind and to love our fellow human beings as we love ourselves.

Sign Up For College Admissions Testing

Judy Cromartie
School Liaison Officer

KNOWING THE ROPES

If your son or daughter has either not taken the ACT or SAT or does not yet have the score needed for college admission, deadlines for fall registration are looming. In fact the deadline for the Sept. 10 ACT is Aug. 12. The fall test date for the SAT is October 1st with a registration deadline of Sept. 9.

How do you decide which of the two tests your child should register for? Many college admissions officers recommend taking both of the tests initially to determine which one fits your child better. However, now that Florida colleges are requiring the writing section of the tests as well, that can be a pricey decision. With the Writing Option, the ACT is $49.50 and the SAT is $49.00.

Having taught Test Prep for Duval Schools for many years, I always describe the two tests in this manner:

SAT – the math is more theoretical in nature. If your child is a natural math whiz, he will probably love the math section. The reading section's difficulty lies in the construction of the test. Each passage becomes more difficult while the questions for each passage vary in difficulty. So the last passage, which your child may never get to, has easy, medium, and also hard questions. But the difficult part of SAT reading is that all of the questions come at the end of the passage. If your child reads slowly or has some comprehension problems, this will really slow him down paging back to the passage to find the answer. And don't forget: even the last passage has easy questions he should be able to answer if he gets to it.

ACT – all of the sections look exactly like what your child does in school each day. It isn't any easier that the SAT, it just looks more familiar. I always describe this as the "aaah factor." Your child looks at the section, thinks "this looks just like what I did in math yesterday," relaxes, and then goes on the finish the section. The reading section – again not any easier than this section on the SAT – features the passages with the questions to the right of the passage (Except for main idea questions which will be the last ones.) The questions appear right next to where the answer will be in the passage. If your child knows this, it saves him so much time looking for the answer. It is literally "right there."

Now that you have a better idea of how the tests are structured, you can decide which one your child will take. But when? Juniors should take the PSAT in the fall of their junior year. Make sure he listens for school announcements. Duval Schools will administer the test this year on Wednesday, Oct. 12. By taking the PSAT in the fall, he should have a good idea of his strengths and weakness on the SAT – that is what the PSAT does. It prepares students to take the SAT in the spring of their junior year.

Students can go to sat.collegeboard.com/practice for free and unlimited access to more than a dozen official practice tools. Because the PSAT contains retired SAT questions, this site also prepares them for the SAT. ACT.org website also has free and unlimited access to practice tests, including the new optional writing test with real-time scor-

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Lt. Cmdr.
Jerome Cayangyang

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For more information or other worship opportunities and religious organizations in Jacksonville, call 270-5212.

The Mirror NS MAYPORT, FLORIDA

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LDO/CWO Programs Open

By MCC(SW) Maria Yager
Navy Personnel Command Public Affairs

The Navy announced July 27 it is seeking applications from highly qualified Sailors in pay grades E-6 through E-9 for the Fiscal Year 2013 Active Limited Duty Officer (LDO) and Chief Warrant Officer (CWO) programs.

"Limited duty officers and chief warrant officers bring a variety of experience and perspective into the wardroom from their enlisted service," said Chief Warrant Officer 4 Mitch Allen, assistant LDO/CWO community manager, Bureau of Naval Personnel.

"The LDO /CWO career paths provide additional leadership opportunities and enhance a Sailor's ability to contribute to the Navy," Allen added.

The LDO and CWO communities have designators in the surface, submarine, aviation, general series and staff corps communities and serve in a variety of leadership billets within their technical fields, ranging from division officer to commanding officer ashore.

Eligibility requirements for LDO include US citizenship, serving in pay grade E-7 through E-9 or an E-6 who has passed the exam for E-7. Active-duty applicants for LDO must have at least eight, but not more than 16 years of active-duty service.

Eligibility requirements for CWO include US citizenship, serving in pay grade E-7 through E-9. Active-duty applicants for CWO must have at least 12, but not more than 22 years of active-duty service.

These programs do not require applicants to have a college degree. Applications must be postmarked no later than Oct. 1, 2011.

Eligible Sailors should apply for the designator for which they are most qualified, regardless of their current rating. Upon commissioning, Sailors selected for LDO/CWO will attend the four-week Officer Development School in Newport, R.I.

Sailors may learn more about the LDO/CWO communities in the 2011 LDO/CWO Guidebook available at http://www.public.navy.mil/bupers-npc/officer/communitymanagers/ldo_cwo/Pages/GUIDEBOOK.aspx.

Complete application procedures, eligibility requirements and links to other resources can be found in NAVADMIN 224/11, available on the Navy Personnel Command website at www.npc.navy.mil.

Purple Heart Ceremony At Memorial Wall

From city of Jacksonville

The Military Order of the Purple Heart, together with the City of Jacksonville, will conduct the Purple Heart Ceremony at the Memorial Wall on Sunday, Aug. 7 at 7 pm.

The public is invited to the ceremony and to participate in the walk down the Purple Heart Trail to the Veterans Memorial Arena immediately following the ceremony. The Memorial Wall is just west of EverBank Field.

Chartered by Congress in 1958, The Military Order of the Purple Heart is composed of military men and women who received the Purple Heart Medal for wounds suffered in combat.

Keynote speakers this year will be SSG Will Peavely, of C Company 1st Battalion, 75th Ranger Regiment and SFC Caleb Dillon of the 6th Ranger Training Brigade, both Purple Heart recipients.

Jacksonville Mayor Alvin Brown is also slated to make remarks.

College

From Page 2

ing.

To sign up for the ACT, go to www.act.org and for the SAT go to www.collegeboard.com. By signing up online, you can get online results much quicker, and you can make changes to the list of colleges you want to receive your score reports.

If your child will be taking either test this school year, go ahead and sign up! This will make sure that he gets to test at his local high school. If he waits, he may have to take the test at another high school or even a local college. The last thing you want on test day is your child trying to figure out where to park and where to find the testing site. Don't create even more test anxiety by having to choose an unfamiliar site for testing.

Judy Cromartie is the School Liaison Officer for NS Mayport. If you have questions about this article or concerns about an educational issue impacting your child, she can be reached via email at *judith.cromartie@navy.mil* or by phone at (904) 270-6289 ext. 1305 [office] or (904) 219-3894 [cell]. Or you can schedule a meeting with her in her office in Building One.

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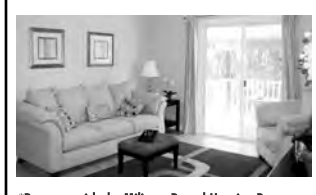
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"Halfway across the world, HQ said we were low on supplies. I had to move fast,
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-Photo by MC2 Gary Granger, Jr.

High School Junior Reserve Officer Training Corps students parade the colors during a decommissioning ceremony for the guided-missile frigate USS Doyle (FFG 39) at Naval Station Mayport. Doyle, named for Vice Adm. James H. Doyle, has been in service with the U.S. Navy since May 1983.

Naval Station Mayport Says Farewell To USS Doyle

Doyle

From Page 1

Commissioned in 1983, USS Doyle has been all over the world's oceans. In her first years as the newest Oliver Hazard Perry Class Guided Missile Fast Frigate, she visited ports all along the east coast of the United States conducting training evolutions to ready her for deployments overseas.

She made numerous deployments to the Mediterranean Sea with the NIMITZ Carrier Battle Group in the late '80's and '90's. She was ready duty ship in the eastern Mediterranean as a show of U.S. presence in the vicinity of Lebanon in 1986. 1987 was the start of her deployments to the USSOUTHCOM Area of Responsibility involving law enforcement with the U.S. Coast Guard.

Throughout the 1990's, she was involved in Standing Naval Maritime Group deployments.

In the 2000's, she began independently deploying to the USSOUTHCOM Area of Responsibility conducting humanitarian missions and expanding relations with Central and South American countries.

USS Doyle's deployments have played key roles in support of U.S. Maritime Strategy to include Forward Presence, Deterrence, Maritime Security, and Humanitarian Assistance. Her service to this Nation's defense shall not be forgotten.

To review specifics in the *Valiant Mariner's* stellar, 28-year Naval career, please visit the Naval Historical website at http://www.history.navy.mil/shiphist/d/ffg39.htm.

-Photo by Paige Gnann

USS Doyle CMDCS Joseph Gardner presents the commissioning pennant to Cmdr. Rolando (Curly) Ramirez during the decommissioning ceremony.

-Photo by Paige Gnann

Former USS Doyle Commanding Officer, retired Capt. Tony Martin, bows his head during the benediction. Several past COs and crewmembers attended the ceremony.

-Photo by MC2 Gary Granger, Jr.

Seaman Cody Monroe, assigned to guided-missile frigate USS Doyle (FFG 39), stands at parade rest during the ship's decommissioning ceremony at Naval Station Mayport.

-Photo by Paige Gnann

Ramirez salutes COMDESRON 14 Commodore Paul Flood as he is relieved as commanding officer of USS Doyle during the decommissiong ceremony.

-Photo by Paige Gnann

Anna Doyle, ship's sponsor and granddaughter of its namesake, is presented USS Doyle's Battle Ensign.

-Photo by MC2 Gary Granger, Jr.

Plank owners of the guided-missile frigate USS Doyle (FFG 39) depart the ship during the decommissioning ceremony for Doyle at Naval Station Mayport.

-Photo by MC2 Gary Granger, Jr.

Sailors assigned to the guided-missile frigate USS Doyle (FFG 39) disembark the ship for the last time during the ship's decommissioning ceremony at Naval Station Mayport.

-Photo by MC2 Gary Granger, Jr.

Sailors assigned to the guided-missile frigate USS Doyle (FFG 39) stand in prayer during the ship's decommissioning ceremony at Naval Station Mayport.

-Photo by MC2 Gary Granger, Jr.

Director, Military Personnel Plans and Policy, Rear Adm. Anthony Kurta, salutes the sideboys during a decommissioning ceremony for USS Doyle (FFG 39).

-Photo by MC2 Gary Granger, Jr.

Ramirez, delivers his speech during the ship's decommissioning ceremony at Naval Station Mayport.

-Photo by Paige Gnann

Yeoman 1st Class (SW/SCW) Stephen Day hands out "Orders of the Ditch" and transfer packages to the former USS Doyle crewmembers immediately following the ship's decommissioning at NS Mayport.

Info, Cyber Security Is Continuous Battle

By Mike Conroy
Navy Region Southeast Public Affairs

By definition, information security is the on-going process of exercising due care and due diligence to protect information and information systems from unauthorized access, use, destruction, modification or disruption.

Since the early days of writing, heads of state and military commanders understood that it was necessary to provide some mechanism to protect the confidentiality of written correspondence and to have some means of detecting tampering.

Julius Caesar is credited with the invention of the "Caesar Cipher" in 50 B.C., which was created to prevent his secret messages from being read by the enemy. Today that battle continues, particularly in cyberspace.

Recently, websites masquerading as Department of Defense (DoD) and other government websites have been created with the intent to harvest login credentials or exploit hosts visiting the site. Army Knowledge Online (AKO) is one example of a legitimate portal that was targeted. Search engines, such as Google, displayed the illicit web site often before the real website, according to the South Carolina State Law Enforcement Division's Information and Intelligence Center.

In 2006, the personal data of over 26 million military veterans and spouses was stolen from the Veterans Administration computers and just last March, 24,000 files containing Pentagon data were stolen from a defense industry computer network.

On July 14, Deputy Defense Secretary William J. Lynn III laid out the new DoD Cyber Strategy to protect the nation from potentially devastating network attacks.

"All the advanced capabilities we have, whether it's targeting or navigation or communication, have a backbone that's run through information technology," Lynn said. "So if you're a smart adversary and you're seeking an asymmetric way to come at the United States, cyber will appear to you very quickly."

Lynn noted that DoD's approach is to harden defenses and reduce incentives for cyberspace attacks, which are hard to trace to the source. The strategy rests on five pillars, he said: treat cyber as a domain; employ more active defenses; support the Department of Homeland security in protecting critical infrastructure networks; practice collective defense with allies and international partners; and reduce the advantages attackers have on the internet.

A little closer to home, at the Navy Marine Corps Intranet (NMCI), security continues to be a key priority for protecting the computers at Navy Region Southeast and over 700,000 active military and civilian users at more than 600 locations in the continental U.S., Hawaii and Japan.

According to the NMCI Homeport, the network prevents more than 9 million network connection attempts per month; detects an average of 60 new viruses per month; blocks 9 million spam messages and investigates 1,200 unclassified intrusion attempts per month.

Adding the human layer of defense in cyber security practices is also a key to victory. According to Lynn Herbert, Navy Region Southeast Information Assurance Manager, training and awareness is our greatest asset. "We have several systems in place to coordinate cyber security efforts, but it starts with the individual at the keyboard," said Herbert.

Something as simple as a "phishing" attack is an example of how one person can protect or compromise an entire network. Phishing is defined as using email to get the recipient to click on a corrupt link or attachment.

Herbert provided 5 tips to help identify phony messages and avoid getting "hooked": be skeptical of all emails, if it doesn't make sense, delete it; be wary of attachments; ignore requests for action on your part; check out the link if it is suspicious; make a phone call to verify or contact the sender.

"Just remember to always be aware, make sure you know the sender and that the email is valid," said Herbert.

The old expression from World War II, "loose lips sink ships" was a cry for information security and it makes even more sense today. Just ask the new Secretary of Defense Leon Panetta. At his Senate confirmation hearing last month Panetta cited "a strong likelihood that the next Pearl Harbor" could well be a cyber attack that cripples the U.S. power grid and financial and government systems. He also stated that cyber security will be one of the main focuses of his tenure.

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From NEXCOM

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Welcome Back HSL-46 Det 7

-Photos by Lt.j.g. Chris Saxton

Above, members of HSL-46 Detachment 7 reunite with family members on the flight line in front of the Grandmaster's hangar. Below, family and fellow Grandmasters eagerly await the return of USS Mason, which disembarked the members of Detachment 7 who were not able to return with the aircraft.

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Back-To-School Physicals, Well-Child Care

From TRICARE

If you are a parent with young children, "back to school" can mean "back to the doctor's office" for annual school required physicals. School physicals are often required to help ensure that children enter the classroom in good health, with up-to-date immunizations and free of any diseases that could pose a risk to classmates. For children age 5-11, TRICARE covers annual physicals and immunizations required in connection with school enrollment. Parents should note that TRICARE does not cover sports or camp physicals.

If your child requires a sports or camp physical, you may be required to submit a Request for Non-covered Services form to your provider. By completing this form, you acknowledge that you will be paying for the non-covered service. The form is available on the Humana Military Healthcare Services, Inc. (Humana Military) Web site at www.humana-military.com.

TRICARE also provides well-child care for eligible children from birth to age 6. The well-child benefit includes routine newborn care, comprehensive health promotion and disease prevention exams, vision and hearing screenings and routine immunizations (according to the Centers for Disease Control and Prevention guidelines), and developmental assessment (according to the American Academy of Pediatrics®).

For well-child care, there are no copayments or cost shares. To learn more about TRICARE's school-physical coverage and well-child benefit, visit www.tricare.mil or Humana Military's Web site.

Finegan Holds Orientation

Joseph Finegan Elementary School will hold orientation for all grade levels on Aug. 18.

Parents are asked to go to the Multi-Purpose Room to meet the new principal, Alan Due and then will proceed to their child's classroom. Kindergarten orientation will begin at 9 a.m.

First thru Fifth grades will begin at noon.

For further information, contact 247-5996. The faculty and staff look forward to meeting you.

Mayport Recognizes COQ

-Photos by EMFN Kristin Miller

Pam Otteson of Fleet and Family Support Center is the Naval Station Civilian of the Quarter for 2nd Quarter. NS Mayport Executive Officer, Cmdr. Pat Pickard presents a plaque to Otteson during the July 28 luncheon at Ocean Breeze Conference Center. Nominees for Civilian of the Quarter included Mary Barbour, Information Technology Dept George Calendar, Security Patti Sprink, MWR Donald Braddock, PWD/ NAVFAC.

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Carney Families Send Off Ship On Deployment

By Ensign Lily Powers
USS Carney Public Affairs

Just five days before USS Carney departed for deployment, families and friends of the crew were welcomed onto the ship for Carney's Family Day Cruise on July 27.

Guests assembled on the mess decks for a safety briefing by Lt.j.g. Andrew Ashby, Carney's Training officer, and the underway commenced at 9 a.m.

This experience was the first of its kind for many family and friends who ventured from all across the nation and in one case, from half way across the world.

Yeoman Seaman Jared Tafoya's parents traveled from Santa Fe, New Mexico and his brother and brother's girlfriend traveled from the Czech Republic to see him off for his second deployment on Carney.

The Tafoya family, Yeoman Seaman Tafoya's brother and his brother's girlfriend traveled all the way from the Czech Republic to attend family day cruise and see him off.

Carney's damage control chief Richard Simpson's 2 children, Hayden and Hailey, and his wife Laura doing Arts and Crafts during pancake breakfast on Friday.

Javier Antonio Santiago, son of Master-at-Arms 1st Class Javier Santiago, uses a pair of binoculars while sitting in the CO's chair on the bridge.

Coincidentally, his birthday was the day before Carney departed this year and was the day of Carney's return last year. Tafoya said he was excited for this deployment and his family was very happy that they were able to experience a day underway.

Tafoya participated in a VBSS static display as he is one of two coxswains on board Carney. In addition to the VBSS demonstration, there was a Coast Guard helo and P-3 fly-over, weapons demonstrations, full power demonstration, and a steel beach picnic.

Because children younger than 12 were not able to attend the family day cruise, Carney held a pancake breakfast two days later for the younger crowd.

Children enjoyed arts and crafts and pancakes on the mess decks. They could also be found on the bridge learning how to drive the ship and stand lookout watch.

It was a great week for Carney Sailors and their families as they were able to spend time together on board and ashore before deployment.

Farragut Wardroom Gathers For Dining Out With The Admiral

By Ensign Ashley Asdal
USS Farragut

On July 22, USS Farragut wardroom and their spouses met at The Players' Club Sawgrass in Ponte Vedra Beach to enjoy a formal dining out. The dining out is a Navy tradition dating back to the earliest days of naval history, when officers dined with foreign officers and guests in foreign ports. Today, it provides an opportunity for officers and their guests to get better acquainted.

At the Farragut's dining out, after a social hour, Lt.j.g. Rick Engel, the Vice-President of the Mess ("Mr. Vice") invited the guests to be seated to hear a distinguished veteran of World War II speak. Retired Air Force Master Sergeant and former POW Andy Ramotnik regaled the crowd with stories about his time as air crew of the B-25 Bomber where he was the turret operator flying missions across North Africa and Italy in 1943. He was shot down over Italy, and spent 19 months as a German prisoner-of-war, escaping twice, and surviving nearly two months with his escape partner in heavily militarized Germany before the war ended.

He was luckily picked up by a major who was a member for General Pattons 3rd Army, shortly after the war ended. Following this adventure he said he was ecstatic to finally set foot back in the United States where he was truly free. His inspirational stories were warmly received by the gathering.

When Master Sergeant Andy Ramotnik finished speaking, Cmdr. William Daly, captain of USS Farragut and the President of the Mess, pronounced the beef "fit for consumption," and the assembly was served a sumptuous dinner of beef tenderloin, vegetables, and rich chocolate mousse.

After dinner, the traditional toasts were offered to the Commander in Chief, Chairman of the Joint Chief of Staff, United States Marine Corps, the Chief of Naval Operations, our ships at sea, and to our missing comrades and individual augmentees.

MWR HAPPENINGS

Aug. 5: Outdoor Movies- ***The Chronicles of Narnia: The Lion, The Witch and The Wardrobe (PG).*** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
Aug. 5: Paul Lundgren Band. 9 p.m. Live at Castaways. FREE. 270-7205
Aug. 6: Showtime Video Rock & Bowl. 10 p.m. to Midnight every Saturday at Mayport Bowling Center. $10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377
Aug. 6: UFC 133: Evans vs. Davis. 9 p.m. at Castaways. FREE
Aug. 7: Bowling Family Fun Night. 4-7 p.m. at Mayport Bowling Center. Cost is $10 per person and includes spaghetti dinner, All-You-Can Bowl with shoes, music videos, light show and colored headpin bowling for prizes. 270-5377
Aug. 8: Summer Swim Lesson Session V Begins. Registration in Aug. 5-6 at the pool from 8-10 a.m. Cost is $40 per child/adult; $35 if child is enrolled in Youth Summer Camp. 270-5101.
Aug. 9: Feel the Heat 5K Walk/ 10K Run. 8 a.m. in front of the gym.
Aug. 9: Men's Summer Softball Organizational Meeting. 11 a.m. at the gym. 270-5452
Aug. 9: All Khaki Wings and Trivia Night. 3-7 p.m. every Tuesday at Foc'sle CPO Club with 40-cent wings, drink specials and all-you-can-drink soft drinks for $1. Trivia begins at 5:30 p.m. All Khakis welcome (Chief Petty Officers, Officers and their guests). 270-5431
Aug. 10: After-Work Social Discount Bowl. 4:30 p.m. every Wednesday at Mayport Bowling Center. No commitments or league rules, just fun and a chance to meet people. Request your favorite music all night long. Only $5 for three games and shoe rental. 270-5733
Aug. 10: All Hands Seafood Boil. 4-7 p.m. at Foc'sle CPO Club. Cost is $10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by USS Vicksburg. For tickets, call CMDCM Robert Bostic at (904) 270-7933.
Aug. 11: Windy Harbor Wargames. Every Thursday at 4:30 p.m. at Windy Harbor Golf Club. Play with the pros and enjoy 9 holes in different formats, prizes, food and more. 270-5380
Aug. 12: Outdoor Movies- ***Rio (G).*** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
Aug. 19: Outdoor Movies- ***Soul Surfer (PG).*** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
Aug. 19: Showtime Video Rock & Bowl. 10 p.m. to Midnight every Friday at Mayport Bowling Center. $10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377
Aug. 19: Tourn. 9 p.m. Live at Castaways. FREE. 270-7205
Aug. 23: 3 v 3 Indoor Soccer Organizational Meeting. 11 a.m. at the gym. 270-5452
Aug. 23: Women's Basketball Organizational Meeting. 11 a.m. at the gym. 270-5452
Aug. 24: All-Hands Steak Night. 4-7 p.m. at Foc'sle CPO Club. Cost is $10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by the NS Mayport CPO Selcetees. For tickets, call CSC Arlene Schuster (904) 270-5373.
Aug. 26: Outdoor Movies- ***Mars Needs Moms (PG).*** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
Aug. 26: Dusk 'til Dawn Softball Tournament. Sign up deadline Aug. 19. 270-5451
Aug. 27: UFC 133: Okami vs. Silva. 9 p.m. at Castaways. FREE
Aug. 29: Men's Summer Softball Begins. Season ends Oct. 25. 270-5452

KID ZONE

Aug. 5: Outdoor Movies- ***The Chronicles of Narnia: The Lion, The Witch and The Wardrobe (PG).*** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
Aug. 7: Bowling Family Fun Night. 4-7 p.m. at Mayport Bowling Center. Cost is $10 per person and includes spaghetti dinner, All-You-Can Bowl with shoes, music videos, light show and colored headpin bowling for prizes. 270-5377
Aug. 8: Summer Swim Lesson Session V Begins. Registration in Aug. 5-6 at the pool from 8-10 a.m. Cost is $40 per child/adult; $35 if child is enrolled in Youth Summer Camp. 270-5101.
Aug. 12: Outdoor Movies- ***Rio (G).*** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
Aug. 13: Youth Sponsorship Luau. 6:30-8:30 pm at the Base Pool. 270-5680.
Aug. 19: Freedom Friday. 7-11 p.m. at the Youth Center. Cost is $7 advanced sign-up and $9 day of, space permitting. 270-5680
Aug. 19: Outdoor Movies- ***Soul Surfer (PG).*** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
Aug. 26: Outdoor Movies- ***Mars Needs Moms (PG).*** Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
Aug. 27: Gym and McDonald's. 5-9 p.m. Cost Meet at Teen Center; open to teens 13-17 or 18 if still in high school. Bring money for McDonald's. Permission slip required. 246-0347

MWR NAVY MAYPORT
2011 YOUTH FALL SPORTS
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Military and DoD parents can register Mon-Fri, 11:30am-6:30pm at the Youth Activities Center, located in on-base housing.

Civilian (non-military/non-DoD) parents should call the MWR Youth Sports Coordinator, Vic Miller, at (904) 270-5018 or email victor.e.miller@navy.mil to arrange for registration.

Register from July 15 –Aug. 15

Soccer Ages 7-12: *Age determined as of August 15, 2012*

Age:	Military	CIV/DOD
5-11	$35	$45
12-15	$45	$55

Baseball Ages 4-18: *Age determined as of April 30, 2011*

Age:	Military	CIV/DOD
Cal Ripkin (6-12)	$55	$65
Babe Ruth (13-18)	$65	$75

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LIBERTY CALL

The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by Planet Mayport Single Sailor Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

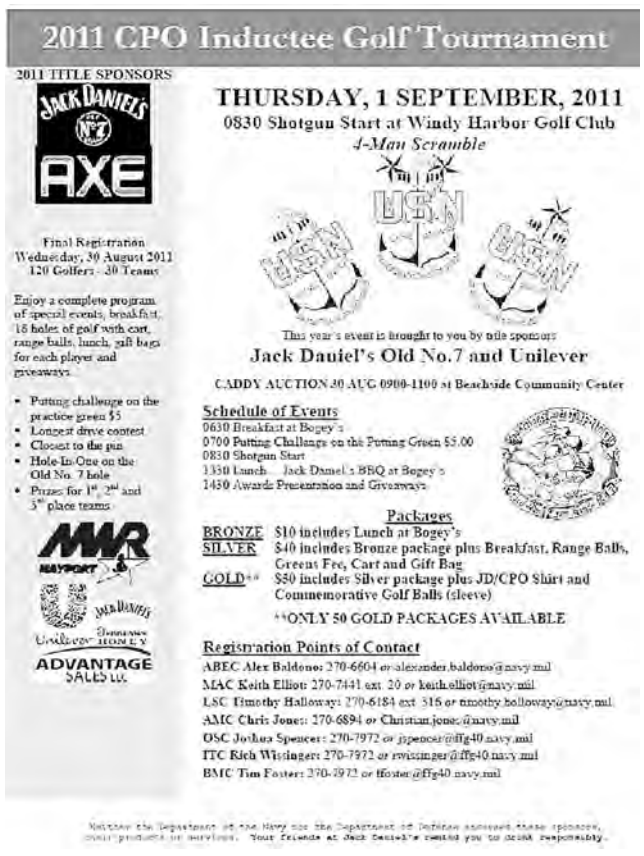
July 28: Joe's Crab Shack Dinner Trip. Van departs Liberty Center at 5 p.m. Transportation only. **July 29: Starlight Movie**. 8 p.m. at the Liberty Center. **July 30: Ichetucknee Springs Tubing Day Trip.** Van departs 7 a.m. Cost $5 **July 31: Jacksonville Axemen Rugby League.** Van departs 4 p.m. Cost $5.

Aug. 1: St. John's Town Center Trip. Van departs 5 p.m. Transportation only. FREE **Aug. 2: Chess Tournament.** 6 pm at Liberty Center.

Aug. 3: Chicken Wednesdays. Every Wednesday, 11 a.m.-2 p.m., at Foc'sle Lounge. Enjoy a two-piece fried or baked chicken plate with two sides for only $8.00. 270-5431

Aug. 3: Military Appreciation Day every Wednesday at Windy Harbor Golf Club.18 Holes and a Cart Only $15. Offer open to DOD, active duty, retired, and military dependents (Must provide proper ID)

Aug. 5: Paul Lundgren Band. 9 p.m. Live at Castaways. FREE. 270-7205 **Aug. 5: Starlight Movie**. 8 p.m. at the Liberty Center. **Aug. 6: Showtime Video Rock & Bowl.** 10 p.m. to Midnight every Saturday at Mayport Bowling Center. $10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377 **Aug. 6: UFC 133: Evans vs. Davis.** 9 p.m. at Castaways. FREE **Aug. 7: Paintball.** Van departs Liberty Center at 7:30 a.m. Cost $5 (includes paintballs, gear and transportation) **Aug. 8: Pepper's Mexican Grill Dinner Trip.** Van departs Liberty Center at 5 p.m. Transportation only. **Aug. 9: Feel the Heat 5K Walk/ 10K Run.** 8 a.m. in front of the gym. **Aug. 9: Men's Summer Softball Organizational Meeting**. 11 a.m. at the gym. 270-5452 **Aug. 10: After-Work Social Discount Bowl.** 4:30 p.m. every Wednesday at Mayport Bowling Center. No commitments or league rules, just fun and a chance to meet people. Request your favorite music all night long. Only $5 for three games and shoe rental. 270-5733 **Aug. 10: All Hands Seafood Boil**. 4-7 p.m. at Foc'sle CPO Club. Cost is $10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by USS Vicksburg. For tickets, call CMDCM Robert Bostic at (904) 270-7933. **Aug. 11: Windy Harbor Wargames**. Every Thursday at 4:30 p.m. at Windy Harbor Golf Club. Play with the pros and enjoy 9 holes in different formats, prizes, food and more. 270-5380 **Aug. 12: Movie Trip.** Van departs Liberty Center at 1 p.m. Cost $5. **Aug. 13: Jacksonville Roller Girls Roller Derby.** Van departs TBA. Cost $8. **Aug. 14: St. Augustine Day Trip.** Van departs 9 a.m. Transportation Only. FREE **Aug. 15: Jacksonville Landing Trip**. Van Departs Liberty Center 5 p.m. Cost $2. Transportation Only. **Aug. 16: Chess Tournament.** 6 pm at Liberty Center. **Aug. 18: Jacksonville Suns Baseball**. Van departs Liberty Center at 5:30 p.m. FREE **Aug. 19: Showtime Video Rock & Bowl.** 10 p.m. to Midnight every Friday at Mayport Bowling Center. $10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377 **Aug. 19: Tourn.** 9 p.m. Live at Castaways. FREE. 270-7205 **Aug. 19: Starlight Movie**. 8 p.m. at the Liberty Center. **Aug. 20: Liberty Lock-In.** Beginning at 11 p.m.Come for movies, snacks, games and more as we stay open all night. **Aug. 21: Wet n' Wild Water Park Trip**. Departs from Liberty Center 7 a.m. Cost is $15. Sign up deadline is Aug. 17. **Aug. 23: 3 v 3 Indoor Soccer Organizational Meeting**. 11 a.m. at the gym. 270-5452 **Aug. 23: Women's Basketball Organizational Meeting**. 11 a.m. at the gym. 270-5452 **Aug. 23: Matisyahu in Concert.** Van departs 6 p.m. Cost $20 **Aug. 24: All-Hands Steak Night.** 4-7 p.m. at Foc'sle CPO Club. Cost is $10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by the NS Mayport CPO Selcetees. For tickets, call CSC Arlene Schuster (904) 270-5373. **Aug. 24: Pool Tournament Finals**. 6 p.m. at the Liberty Center. **Aug. 25: Milano's Italian Restaurant Dinner Trip.** Van departs Liberty Center at 6:30 p.m. Transportation only. **Aug. 26: Water Wars.** 6 p.m. at the Base Pool. Music, fun, games and prizes. FREE **Aug. 26: Dusk 'til Dawn Softball Tournament.** Sign up deadline Aug. 19. 270-5451 **Aug. 27: UFC 133: Okami vs. Silva.** 9 p.m. at Castaways. FREE **Aug. 28: Daytona Beach Day Trip.** Van departs 8:30 a.m. Transportation only. FREE **Aug. 29: Men's Summer Softball Begins.** Season ends Oct. 25. 270-5452 **Aug. 31: Ping Pong Tournament.** 5 p.m. at Liberty Center.



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lot 91 3 bed/2 ba 2111 sq. ft. $180,000
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lot 64
3. The Hideaway 904-225-2734
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lot 2-134 3 bed/2 ba 1940 sq. ft. $167,000
lot 2-93 4 bed/2 ba 1845 sq. ft. $154,000
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Out in Town

COMMUNITY CALENDAR

Thursday, Aug. 4

Fleet Reserve Association, Branch 290, will hold its monthly General Assembly meeting at 8 p.m. at the Branch Home, 390 Mayport Road, Atlantic Beach. All members and prospective members are invited to attend. The Fleet Reserve Association is a worldwide veteran's organization that represents nearly 165,000 active duty and retired Navy, Marine Corps and Coast Guard members. The FRA Branch 290 is called the "active duty branch" because of the number of active duty members. If you have served in any of the maritime service – Navy, Marine Corps or Coast Guard, no matter how long – stop by the Branch Home or call 246-6855 for more information. New members are always welcome.

Saturday, Aug. 6

Join a park ranger at 2 p.m. and learn about the lifecycle of the sea turtle and the importance of these creatures. The program will take place at the multi-use trail pavilion located at the south beach area on Little Talbot Island State Park. No reservations are necessary and the program is free with regular park admission.

Staffers at the Duval County Extension Office will offer a workshop on 10 Money Saving Tips for your landscape and summer chores for your lawn, landscape and edibles from 11 a.m.-1 p.m.at Regency Square Library, 9900 Regency Square Blvd. Call Becky at 904-387-8850 to pre-register for this free workshop.

Sunday, Aug. 7

Fleet Reserve Association, Branch 290, hosts Breakfast from 8 a.m.-noon at the Branch Home, 390 Mayport Rd. Menu items include eggs, steaks, bacon, sausage, grits, hash-browns, biscuits & gravy, pancakes or toast. Omelets are also available. Coffee is included with all meals. A donation of $3 to $6 for a basic four-item breakfast, or $3 for a breakfast sandwich, is requested. Additional side items are available for a donation of $1 to $5. Call the Branch at 246-6855 to have a full menu faxed to you. As always, the public is invited.

Saturday Aug. 13

Join a park ranger at 2 p.m. for a presentation and leisurely guided hike through different Florida ecosystems on a quest to characterize tracks left by an assortment of critters. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Saturday, Aug. 20

Join one of our knowledgeable park rangers at 2 p.m. for an informative talk on the natural history of sea islands and their important role in coastal ecology. The topics addressed will include beach erosion, island migration, island formation and the natural communities present on such barrier islands today. The program will take place at the multi-use trail pavilion located at the south beach area on Little Talbot Island. No reservations are necessary and the program is free with regular park admission.

Saturday, Aug. 27

Join a park ranger at 2 p.m. and discover the importance of estuarine systems that surround the inshore sides of barrier islands like those of the Talbot Islands State Parks complex. This ranger-guided hike along the salt marsh will help point out why these areas are one of the most productive ecosystems on Earth, the many roles the salt marsh plays, the plant and animal life found in this natural community, and the impacts humans have on this system. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

FFSC Schedule Geared To Sailors, Families

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 1701. FFSC is located in Building One on Massey.

Aug. 4, 4:30-6:30 p.m., **Banking and Financial Services,** Building 1, Room 1616

Aug. 4, 9 a.m.-12 p.m., **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age.

Aug. 4, **Tap Executive Workshop,** Building 1, Room 1616

Aug. 4, 1:30-3 p.m., **Conflict Resolution for Women,** FFSC Room 702

Aug. 8, 7:30 a.m.-5 p.m., **SAPR Advocate Training,** Nas Jax Chapel

Aug. 8, 6-7 p.m., **Individual Augmentee (IA) Discussion Group,** USO

Aug. 9, 7:30 a.m.-5 p.m., **SAPR Advocate Training,** Nas Jax Chapel

Aug. 9, 9-11 a.m. **Active Parenting Now,** FFSC Room 607

The program is based on Dr. Michael Popkin, PH.D Active Parenting Now 6 classes. This program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills that are discussed as well as some of the challenges that understanding yourself and your child, the four goals of misbehavior, building courage and character in your child, encouraging and listening to your child, helping children cooperate, discipline that makes sense. Each week a different topic is thoroughly covered via discussion, video vignettes, and handbook information. Participation in all 6 sessions is required.

Aug. 9, 6-7:30p.m., **Exceptional Family Member Support Group,** Building 1, Room 104

Aug. 10, 3-4:30 p.m., **Managing Anger Group,** FFSC Room 702

Aug. 10, 7:30 a.m.-5 p.m., **SAPR Advocate Training,** Nas Jax Chapel

Aug. 11, 4:30-6 p.m., **Money and the Move, Building 1,** Room 1616

Aug. 11, 1:30-3 p.m., **Conflict Resolution For Women**, FFSC Room 702

Aug. 11, 9 a.m.-12 p.m., **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age.

Aug. 11, 7:30 a.m.-5 p.m., **SAPR Advocate Training,** Nas Jax Chapel

Aug. 11, 8-4 p.m., **Tap Retiree Workshop**, Building 1, Room 1616

Aug. 12, 7:30 a.m.-5 p.m., **SAPR Advocate Training,** Nas Jax Chapel

Aug. 12, 8-4 p.m., **Tap Retiree Workshop**, Building 1, Room 1616

Aug. 13, 8-4 p.m., **Tap Retiree Workshop**, Building 1, Room 1616

Aug. 14, 8-4 p.m., **Tap Retiree Workshop**, Building 1, Room 1616

Aug. 16, 8:30 a.m.- noon, **Anger Management,** Building 1 Room 1615

What does *anger* do for you? Communicate for you? Keep people at a safe distance *from* you? Keep *you* in charge? For many people, anger serves them many uses, but all too often, it is at a high cost... usually of relationships, unhappiness in the workplace, and a general feeling of disdain. If you want to be able to break out of the "get angry/get even" syndrome, come to this class. Participants learn how anger and judgment are related, about irrational beliefs and faulty self-talk, what

"E + R = O" means, and the roles of stress and forgiveness in anger.

Aug. 16, 9-11 a.m. **Active Parenting Now,** FFSC Room 607

The program is based on Dr. Michael Popkin, PH.D Active Parenting Now 6 classes. This program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills that are discussed as well as some of the challenges that understanding yourself and your child, the four goals of misbehavior,

building courage and character in your child,

encouraging and listening to your child, helping children cooperate,

discipline that makes sense. Each week a different topic is thoroughly covered via discussion, video vignettes, and handbook information. Participation in all 6 sessions is required.

Aug. 17, 3-4:30 p.m., **Managing Anger Group,** FFSC Room 702

Aug. 18, 1:30-3 p.m., **Conflict Resolution For Women**, FFSC Room 702

Aug. 18, 9 a.m.-12 p.m., **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age.

Aug. 22, 7:30 a.m.-4 p.m., **Command Financial Specialist (CFS) Training,** Building 1, Room 1616

Aug. 23, 4:30 p.m. – 6 p.m., **Home Buying and Selling, Building 1,** Room 1616

Aug. 23, 7:30 a.m.-4 p.m., **Command Financial Specialist (CFS) Training,** Building 1, Room 1616

Aug. 23, 9-11 a.m. **Active Parenting Now,** FFSC Room 607

The program is based on Dr. Michael Popkin, PH.D Active Parenting Now 6 classes. This program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills that are discussed as well as some of the challenges that understanding yourself and your child, the four goals of misbehavior, building courage and character in your child, encouraging and listening to your child, helping children cooperate, discipline that makes sense. Each week a different topic is thoroughly covered via discussion, video vignettes, and handbook information.

Ask Phyllis

Phyllis Staines, REALTOR®

Q I can't sell my home and thinking of walking away. What should I do?

A I'm not a proponent of walking away from your home. Owing more on your home than it's worth is not uncommon in our market. However, you do have options such as a loan modification, short sale or deed-in-lieu that you may qualify for. Please contact me directly for more information. Keep in mind that you are not alone. We have many homeowners who are in your situation.

We have two open houses this weekend: 4234 Tradewinds Dr in Isle of Palms listed for $500,000 is open today, and 153 Rolando Ct in Ponte Vedra listed for $179,900 will be open on Sunday. Times are from 12-2pm for both. Hope to see you there.

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USO NEWS

No Dough Dinner

Looking for a great night with the family? Don't want to cook/clean up?¬†Come to the Mayport USO Center Monday 8 August from 5-7 p.m. The volunteers will serve sloppy joes, macaroni n cheese, green beans, salad bar, and ice cream Sunday bar. This dinner is free to active duty service members and their immediate families. Come on out and enjoy food and friends. THANK YOU to the Diamond Cheer & Dance!

Back To School Drive

Your Greater Jacksonville Area USO is collecting school supplies for our deserving junior families to help get their children ready for school this year. If you can help, please bring your donated school supplies to either Mayport or NAS Jax USO centers between now and Aug. 9. We are asking for any school necessities such as pencils, pens, paper, notebooks, back packs, glue/sticks, two pocket three prong folders, rulers, etc.

Adventure Landing

On Sept. 17-19 Adventure Landing will be hosting a Military appreciation weekend special including FREE water park pass for all active and retired military and $5 off all military family members water park passes (kids ages 3 and under are free). See attached flyer for further details.

Adventure 5K Mudd Run

FL.Roc is sponsoring a running obstacle challenge on Sept. 4 in Jacksonville, Florida. This race is capped at 2,000 participants so register soon. Military Code is "jaxmil25" for 25 percent OFF entry fee, which is good for Individual or Team Race. This is a special offer for military personnel only. Please do not share code with non-military. It will defeat the purpose of your benefit, and the race organizers would have to discontinue the code. For more information or to register please visit www.FL-Roc.com then click on Jacksonville Race.

K9S For Warriors

K9sforwarriors is located in Ponte Vedra Beach and they specifically offer service dogs for warriors medically diagnosed with Post Traumatic Stress. If you or someone you know would greatly benefit from having a canine companion, please visit www.k9sforwarriors.org for more information.

2ND Annual FRA Kids Day

The Fleet Reserve Club of Jacksonville (5391 Collins Road, Jacksonville) is holding their 2nd annual Free Kids Day on Saturday, July 30. There will be bounce houses, food, snow cones, Child ID program and much more. Bring your children young and old out from 11 am to 5 pm and enjoy the festivities! Please call 904-264-2833 with any questions.

U.S. Army's Spirit Of America

This free patriotic live-action musical performance show will be in Jacksonville on Sept. 23 & 24. Free tickets are available now by visiting the Veterans Memorial Arena box office or by picking up an order form at your local USO Office. You may also visit www.soa.mdw.army.mil.com or www.jaxevent.com for more information or to download the order form. Your local USO does not have tickets you must get them from The Veterans Memorial Arena. If you have family/friends coming from out of town for this show or just to visit, please visit our website, www.jaxuso.org for a list of hotels that support your USO.

Special For Military Hunting And Fishing License

Active-duty and retired military Florida residents can get a low cost ($20.00) Military Gold Sportsman's License. The license covers hunting, freshwater and saltwater fishing and a variety of associated permits at a greatly reduced cost. The Military Gold Sportsman's License is available at tax collectors' offices only. Applicants must present a current military ID card plus a Florida driver's license or orders showing they are stationed in Florida as proof of eligibility.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road.

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- Purchase Contracts
- Loan Limits
- Appraisal Requirement
- Inspection Requirement
- VA Approved Homes

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www.militaryassistancenetwork.org

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Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m.-5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

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Please note: **Fax deadlines are one hour earlier.** Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

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Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

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⚓ The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

CLASSIFIED INDEX

Announcements	Instruction
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Clubs & Organizations

FORMER SUNSHINE CLUB MEMBERS Jim & Robbi have been asked for a reunion trip. Lets go to Key West and reminisce. Also set up a Biloxi trip - Open to the public call for more information 904-282-8500

Notices

Adoption Where You Select The Parents . Select & meet adoptive parents including updated info. after the birth. Living expenses, medical care, counseling and transportation provided. For more info. contact Jack Gibney at 904-443-7770 or 904-710-4276. All inquiries are kept strictly confidential. Florida Bar #435211

Southside

⚓ **PCS ORDERS - 3/2 DWMH** Admiral's Walk. 1450sf, split plan, screend porch, walk to Nex! Darlene 904-372-0330. Asking $15,000.

Arlington

VA $100 Move In - All Area Homes Eight Homes To Choose From! **757-3581 www.lowmovein.com**

Baker County

Country Living In Baker County 4/2, 2400SF Mobile Home on one acre in Glen St. Mary. Above ground pool with deck, outside work or storage building with awning on side. Beautifully landscaped, located near I-10. $124,900. Call 904-707-5807

Waterfront

100X600 LOT IN GREEN COVE Located in the Downtown area. Deep navigable water with dock, city water and sewer. $119,900. 904-813-9264

Out of Area/Town/State

Near Asheville NC Owner says sell 3 + acres w/1300 +sf log cabin. Lg deck and porch, ¾ loft, lots of glass, pvt wooded setting w/stream & view. EZ to finish. Now $89,900. Call 828-286-1666

Manufactured Homes

MOBILE HOME FOR SALE ON MAYPORT RD. 3/2 Split floor plan, carport, handicap ramp, 1454sf in Admirals Walk Park. $15,000 Call 904-372-0330

NEW MOBILE HOMES AROUND $800 MONTH Payment includes lot rent Used singles /doubles **Great Locations near Beaches! Quick Easy Credit 904 955 9413**

RENT TO OWN Select Beautiful Manufactured Homes, 3 & 4 Bedrooms As low as $800 deposit Call 877-232-1465

Lots For Sale

LENDER OWNED LOTS FOR SALE Gated community w/access to St. Marys River. Off US-1 in south GA. Just over the state line. Lot sizes from 1 to 16 acres. Priced from $16,000. Will finance. (904)519-9545 or lsilverfield@bellsouth.net

Real Estate Wanted

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BIPLANE WILL TRADE FOR REAL ESTATE Pitts S-1-C RAGWING SPECIAL Beautifully painted Blue & White only 26 hrs total. In brand new cond. $49,900. Call 904-813-9264

Apartments Furnished

- AVONDALE - NICE large 1br garage apartment **ALSO** nice large upper 1br, hardwood floors, balcony. Both $450mo. & both on bus-line. **Call 904-460-0508 or 347-9818**

Westside **Small 1 Br Apts** mostly furn., incls utils, cable $175wk + $500 dep. Call 904-695-1412

Apartments Unfurnished

ARLINGTON ADOBE APTS - 1Br $455. **2BR SPECIAL $650**. Near Town & Country Shopping Center **904-745-0450**

Riverside - 1 Bdrm $425 Westside- 1 Br $450 2 Br $550 $35 App. Fee! 771-1243 $200 OFF 1st Month Rent

WESTSIDE - off 103RD, 2BR/1BA, CH&A, water included $550/mo Call 904-403-7293

Apartments Unfurnished

WESTSIDE I-295 & 103rd Nice & quiet 2br/1ba, ch&a, w/d hkup, downstairs available. HUD OK. Start at $650mo + $400. sec dep. Fresh paint. No pets. Available now. **Call Today 904-553-2599**

WESTSIDE/MURRAY HILL 1BR SPECIAL $395.00 $99.00 Security Deposit 904-329-1985

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Condominiums

****
CONDO-Mayport 2 Large bedrooms 1 ½ baths including refrigerator w/ ice maker, dishwasher, washer & dryer, separate dining area, fireplace in living room, newly carpeted (sorry NO DOGS) fresh and clean. Includes pool, additional outside locked storage facility. $850/Mo. One year lease, deposit and references required. **Call 273-8494 9am-3:00pm days.Call 716-2442 Eves**
****

PONTE VEDRA BEACH 2br/2ba fully furnished luxury town home all appls included, split flr plan, 1200sqft. Resort style amenities. No pets. MUST SEE, E. of A1A, $1395/mo **904-476-0412**

Houses Unfurnished

3br/3ba+ofc; LR/fple, DR, FR, eat-in kit.; indr lndry; 2cgar, 18x20 cov/scrnd patio; fncd byd; EXTRAS. No pets. 14min Mayport base. $1300 mo. ($1250 bank drafted). 904-642-4679 or 708-0534-lv msg

Arlington - Rogero 3BR/1BA (possible use for comm. bus.) Avail now. W/D, appliance. $850/mo + deposit negotiable. Call 904-557-5706 or 540-784-8016

⚓ **Charming 3/1 in historic Avondale, just minutes to the base. Walk to shops and restaurants. Hdwd floors, W/D, great deck on corner lot of quaint street. Pets OK. $1000 mth. (904)891-1059**

⚓ **For Rent: 2,348 Sqft home in** Yulee, Fl. 4 bedrooms, 3 baths, split bedroom floor plan. 2 walk-in closets for MBR. 1/2 acre fenced in lot, water softener, laundry room located inside the home. 30 minutes to Kings Bay, 50 minutes to NAS JAX, and 45 minutes to Mayport. 1 year lease minimum, $1,650 rent. Requires 1,650 Deposit and 1,650 last months rent. If interested call (904) 335-1326. PCS Orders.

Julington Creek Subdivision St. Johns County #1 schools in Florida. Walk to elementary. 3/2 open floor plan, kitchen equipped, fireplace, avail 8/15, $1,800. mo + dep. Call for appt. 904-449-4031

Orange Park Townhouse 3br/2.5ba, washer/dryer, new flooring & paint, comm pool $850mo includes water. + $850 security deposit call 305-282-2103

ORANGE PARK/ARGYLE AREA 3br/2ba, 2 car garage, fireplace, cathedral ceilings, jacuzzi, sprinkler sys, privacy fenced back yrd $1200 mo. Cross Timber sub-div. 8272 Hamden Rd. W. 904-716-7766

Houses Unfurnished

ORANGE PARK/GREEN CV SPRG 2 Gorgeous Houses 4/2, 2200sf + lrg screened porch $1,449. 5/3 3000sf w/amazing kitchen, covered patio. $1,770. avail now. Lake Asbury A rated Schools. Easy commute to NAS Jax. Early rent rebate avail. E-Z credit. 410-526-6111

⚓ **PCS'g FOR RENT MANADARIN 4BR, 2BA,** 2 car garage, fenced yard, w/d, 1 story, 3yr old house $1900 includes yard maintenance. **Call Karen (407)925-5316 or flanagankaren@yahoo.com**

WESTSIDE- 3br/2 bath w/appliances, 2000sf, 2 car garage, $950/mo. Call 904-600-2683

WESTSIDE RENTALS
1st MONTH FREE RENT
Indian Lakes 2/2 $600
Melissa Ct. 2/2 $675
Melissa Ct. 3/2 $775
HUD ok on all properties.
Call Andre Robinson 226-4459
www.westsiderentalproperty.com

WESTSIDE 3BR/2BA LRG LR & DR COMBO new kitchen and baths, great neighborhood 7458 Proxima Rd. $895mo. 904-716-7766

Manufactured Homes

NORTHSIDE - 3br/2ba For rent, 2 acres, fenced, country settings, $900. lease Call 904-757-2346

WESTSIDE rental or rent to own, close to Cecil Field, nice 4/2 DW on 1 1/4 acre lot on hard road $800/mo + dep. Call 904-838-8572

Rooms to Rent

WESTSIDE - Clean, furnished, lights/cable included, fridge, A/C. Call 904-334-2778 or 860-4852

Business Opportunities

HELP WANTED
50 people needed to become independent distributors for a 30 year company. Earn between 500-5000 per month. If interested contact
Keith Elliott at 877-529-2645.
1119272

Schools

40/hr Class D Sec. Course $74.99 LIC DS1100004 Concealed Weapons Course $29.95 LIC K1000125 **Lock & Load 253-7934**

HOME FINDER REALTY
241-5501
RENTALS AVAILABLE

BEACHES
AQUATIC GARDENS- 2/2 $ avail 7/6 **$795month**
ATLANTIC BEACH- Orchid Street 3/2 avail 8/15 **$850month**

JACKSONVILLE
ARLINGWOOD- 4/2 (pool), avail 8/20--**$1200.00/month**
DAY BREAK WOODS- 3/2 available 8/20-- **$1075/month**
DAYBREAK WOODS- 4/2.5 available 8/5--**$1295/month**
LOVEGROVE ACRES- 4/2.5, 2 car gar, lawn service included, avail 8/20 --**$1430.00/month**
LAKEWOOD- 3/1.5, very nice, 1470sf, avail now-**$1025/month**
FORT CAROLINE LAKES- 3/2, 1 car garage, avail now **$925/m**
SAIL COVE AT TOWN CENTER- 2/2 gated avail now **$1050/mo**
INDIAN SPRINGS- 4/3, gated, avail **8/15 $1550/month**
WATERLEAF-5/3, available now-- **$1850/month**

MANY MORE HOMES AVAILABLE
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Navy Classified Ads

THE FLEET MARKET

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Please fill out this form in black or blue ink.

DEADLINES

THE MIRROR

Noon Friday

Rank/Grade:_____ **Work Phone#**_____**Organization:** _____ **Date Submitted:**_____

Name(please print):_____**Signature:**_____

1. Free advertising in the Fleet Market is restricted to active duty and retired military personnel (or their dependents) and civilian employees assigned to the Mayport Naval Station.
2. Advertising in the Fleet Market is a free service provided by the publisher to help qualified personnel dispose of unwanted personal articles. **Service ads such as sharing rides to work or on leave, announcing lost and found items, and garage sales will be accepted. ADS PERTAINING TO GUN SALES WILL NOT BE ACCEPTED. ANIMAL OR PET ADS WILL ONLY BE ACCEPTED IF THE ANIMALS ARE OFFERED FREE. CHILD CARE PROVIDERS CANNOT DISCRIMINATE. REAL ESTATE ADS WILL BE LIMITED TO ANNOUNCEMENT OF HOMES FOR SALE OR RENT BY QUALIFIED INDIVIDUALS WITH PERMANENT CHANGE OF STATION (PCS) OR "OFFICIALLY REASSIGNED" ORDERS. REAL ESTATE ADS MUST CONTAIN ONE OF THOSE STATEMENTS IN THE BODY OF THE AD– OTHERWISE THEY WILL BE BILLED.**
3. All information requested must be included and readable. All ads should be written independent of other information contained on this form.
4. Ads received after the above time will run in the following week's issue.
5. Completed forms should be delivered or mailed to the Fleet Market, Bldg. 3. Box 280032, Mayport Naval Station, Mayport, FL 32228-0032, or to The Mirror, One Riverside Avenue, Jacksonville, FL 32202
6. Ads appearing to be in the promotion of a business or which do not meet the above requirements will be billed. The publisher reserves the right to omit any or all ads.
7. Additional readership in other publications can be arranged for a nominal fee by calling 1-800-258-4637 (toll free), or enclosing your phone number.
8. Faxed ads will be accepted at 904-366-6230, however, they must be completed on an original form.

Select the number of weeks ad is to run: ❑ 1 wk ❑ 2 wks ❑ 3 wks ❑ 4 wks

To renew your ad after the allotted time, you must re-submit your ad to The Mirror. NOTE: (1) This form must be clipped (not torn) along the outside border. (2) No more than one word (or abbreviation for one word) per block. (3) Only two free ads per family, per week. (4) Select the category for the ad by referring to the Classified Index.

Category: _____

THE NS MAYPORT, FLORIDA **Mirror**
One Riverside Avenue, Jacksonville FL 32202

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Advertising/Media
Architecture/Interior Design/Graphics Design
Automotive Sales/Service
Aviation
Civil Service/Government/ Public Administration
Computer Hardware/ Software/Programming
Construction
Customer Service
Dental
Domestic Services/ Caregiving
Delivery Driver
Education/Teaching/ Training
Engineering
Entertainment
Executive/Management
Finance/Investment
General Employment
Hotel/Hospitality/Tourism
Industrial Trades
Insurance
Landscaping/Grounds Maintenance
Law Enforcement/ Security/Safety
Legal
Maintenance/Janitorial Services
Management/Professional
Marketing
Mechanics
Medical/Health Care
Marine/Trade
Nurses/Nurses Aides
Office/Clerical/ Administration
Part-Time
Personal Services/Beauty
Real Estate/Property Management
Recreation/Sports/Fitness
Restaurant/Bar/Club/ Food/Beverages
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Sales
Science/Research
Social Services/Counseling
Technical Support
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Work at Home
Positions Wanted

Medical / Health Care

Customer Service Representatives

2 years medical billing experience required, call center experience preferred

Bilingual Positions Needed

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Benefit package including Health/Dental/Life Insurance

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Please fax resume and salary requirements to

Martin Gottlieb & Associates, 904-596-2751 or email : walkerc@gottlieb.com

Medical Coders
Must have:Knowledge of ICD-9 & CPT-4 Skills. Ability to extract information from handwritten records.Outpatient Emergency Room Facility Coding experience required. Please fax resume and salary requirements to Martin Gottlieb & Associates, 904-596-2751 or email: walkerc@gottlieb.com No phone calls please

AC and Heating

We will beat any written estimate on new systems & repairs by 10%. 904-588-5222 bestacjax.com~CAC1814887

Child Care

HOME DAY CARE Airport area. M-F 7a-5p. First Aide. Meals provided. Dawn 904-751-9149

Linda's Day Care O.P. Infant - school age. DCF cert., First Aid, CPR. VPK. 904-278-8780

Westside-Normandy Now Enrolling SATURDAY CHILD CARE!!! $25 All Ages Included... No contract! Pay As You Go! Breakfast, Lunch & Snack provided for 2yrs. & older! We are here to serve you! New Dimension Christian E.E.P. Lic#C04DU0832 5505 Normandy Blvd., 32205 Mrs. Mosby (904)683-9647

Home Improvement / Remodeling

Paint - Carpentry - Siding - Roofs Tile - Bath - Kitchen & Much More! Call Matt Now! (904) 229-7455

Massage

KINGS SPA 904-217-4544
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Appliances

G Profile. Side-by-side refrig- erator. White. 31 cubic feet. Good cond, very clean. W/ice maker & water filter. 904-994-6450

GE space-maker. Over the Range Microwave, with turn table. White. Works great. $150. Call: 904-994-6450

Appliances, buy, sell, trade & repair W/Ds, Refrigs., stove, $65-up wrnty. Mon- Sun 9-7. Delivery 904-695-1412

Gas Grill. Weber E320 "Gen-esis," with side burner. Assembled, never used. Paid $650. Sell for $525. 268-2482

TV/Monitor H.D. 17" Toshiba tilt screen. Plays DVD/Music CDs $40. Converter box $10. Works great. 904-268-2482

VACUUM CLEANER. Upright. Riccar brand. U.S. made. Powerful, lightweight, HEPA Filteration. Long cord. Serviced. Super cond. $195. 904-268-2482

Arts and Crafts

PUC Qilt frame w/pair of angler legs $50. Call 904-221-2114

Auctions

Auctions by B. Langston's, LLC OVER 200 LOTS, glassware, art, jewelry, furn. Preview Fri. @ 5:00pm. Auction starts at 6:30pm. 1671 Atlantic Blvd. Term: 10% BP. au4237/ab3056 www.blangston.com 904-642-1003

Clothes

Tons of Medical Scrubs I have XS-L in both pants and tops asking $5 each or set for $8 all must go please call 912-322-2979 leave message

Estate Sales

B. Langston's Presents - Orange Park china, dolls, glass, jewelry, crafts, furn. 5400 Collins Lake Dr. Unit 2212 off Collins Rd. & Roosevelt Fri/Sat 9-5 www.blangston.com 904-642-1003

Furniture / Household

All New Mattress Sets Queen $120 ~Full $110 ~Twin $100~ King $200 Can Deliver Call 727-271-7524

ALMOST NEW 6 Piece Cherry Bed Set, Delivery Avail. $295 727-271-7524

COUCH and LOVESEAT NEW CAN Deliver $350 727-271-7524

Crib for life to full size. Bed, twin mattress, dresser, pine color, $400 for all. 693-2574/868-4644

DINETTE + 4CHAIRS NEW CAN DELIVER $275 727-271-7524

Entertainment center. Distressed oak. Excellent condition. $500 obo. 904-304-4014

Great Distinction brown all leather large chair with ottoman. Sold new for $2000. Will sell for $650. Excellent condition. 573-9344 or 762-5998.

Love Seat- Beautiful Fairfield Traditional Love Seat with decorative throw pillows. Needle point floral design on front in coral and beige. Excellent condition. Ideal for professional office or home. $650. 573-9344 or 762-5998.

MOT'S FURNITURE AND ACCESSORIES MOVING SALE. MOT'S FURNITURE IS SIZING DOWN AND MOVING. MUST REDUCE INVENTORY IMMEDIATELY. ALL ITEMS ARE MARKED AT COST OR BELOW. ONE OF A KIND ITEMS. MUST SEE IT TO BELIEVE PRICES. HOURS 10 AM TO 6 PM MONDAY - SAT. LOCATED AT 11035 PHILIPS HWY. RIGHT NEXT TO THOMASVILLE FURNITURE. DON'T MISS OUT ON THE BEST IN JACKSONVILLE!

MOVING: European beauty glass top tbl, rounded, designer features, fabric seats, polished nickel. Pd $650. Asking $350. 904-583-2251/583-2246

MOVING: Ivy League con- temp. sleigh bedrm set. Honey. Pd $1600. Asking $800obo. Exc. cond. 904-583-2307/904-583-2251. CASH.

Pro 220 weight set, weights steel, bench $125. Oak tbl, 5 chrs. Moving must sell 904-583-2251. $350.00obo.

CHEST, wood. Heavy vinyl covering, padded top for sitting. 29"Lx15"Wx17"H. Exc. $16 904-268-2482

Garage Sale

Garage Sale: 109 Bent Tree Ct. August 13, 2011 from 8 to noon. Military & Moving...

Huge Yard sale, August 6-7 8am - 2pm. Depression Glass collectables, Vintage Kitchen, Jewlery, Lamps & much, much more. 2901 Forrest Dr. S. Oakwood subdivision, Orange Park, FL 32073

JACKSONVILLE HOUSING AUTHORITY SURPLUS SALE
1085 Golfair Blvd., Jax, FL 32209
Open to the Public
Friday 8/5/2011 8:00 am to 4:00 pm
Some Items being sold:
Doors - Floor board - heaters - Copiers Desks - Small hand tools - Chairs Printers-Filing Cabinets-Lap Tops Tile Supplies - Refrigerator - gaskets Gym Equipment - Vehicles Plumbing Supplies - Electrical Supplies - Golf Cart - six sets of industrial shelf's & MUCH MORE.

Garden / Lawn

Patio , glass top rectangular table with six collapsible chairs, like new, never used. Original cost $120, will sell for $80. 904-264-9333

Misc. Merchandise

DIABETIC TEST STRIPS needed. Call Mike (904)712-9015

Gemini KM-707 Pre-Amp Mixer & Pro-27 DJ console case with 2 Sony CD players. $450. 912-673-6388

HELP US DISPOSE OF EXCESS LOCAL SQUADRON PATCHES. $1.00 each. Call Global 904-731-8728 or email: globalmil@aol.com

Large Stainless Steel Round Bird Cage - In good condition. $150.00. 573-9344 or 762-5998.

Bed frame. Full size. Large piping with brass globes. White. Cater wheels restored, in great cond. $350. 904-268-2482

SUN-QUEST Pro 165E Wolff sys. tanning bed $800. 912-673-6388 LV MSG

Sporting Goods

Bauer F3 Fitness Rollerblade in-line skates, mens sz 8, womens sz 10, good cond., $50. 904-508-2163

60lb. Compound Bow w/over draw & Bow case w/extra arrows & Quiver $200. Call 904-221-2114

PADI Instructor selling dive eqpt: tanks, BCD's, fins, and more. All good, exc. cond. 904-536-3256

Pets and Supplies

BEAGLE PUPS AKC 2M, 9 weeks, HC, POP. $300.00. 904-616-1873

Cavalier King Charles Spaniel Pups Fl hlth cert $800. 887-0013

German Import Sired Rottweiler Pups $650. AKC 912-384-3341

Golden Retriever puppies for sale Registered Aug 11. $300. Call or text Ken at 912-256-8176. Located in Jesup, Ga.

HAVANESE PUPPIES-Home raised $750 firm. Call 904-221-6652

Free male gray cat to good home. Cat is 2yrs old, neut., good health. 466-5194/466-5198

Free Beagle to good, gentle home: 7 yrs old, 30lb, potty trained, obeys basic commands, gd w/other animals & kids, submissive. Full medical record, loved her whole life, shots up to date. Loves playing fetch, walking, sleeping next to you. No bad behavior problems, only the usual annoying beagle characteristics. Moving overseas on orders & need to place her ASAP. 360-320-7142

YORKIE-BICHON Designer Pups 8wks, 4M/2F, multi-colors, all shots, asking $500. 904-642-2329

Transportation

Aviation
Boats
Sailboats
Boat Dockage & Rentals
Marine Equipment & Supplies
RV Rentals
RV's & Suppliers
Motorcycles & Mini Bikes
Auto Brokers
Auto Parts
Antiques/Classics
Automobiles
Trucks/Trailers/SUVs
Vans/Buses
$2000 or Less
Commercial Vehicles
Misc. Auto
Autos/Trucks Wanted
Auto Rent/Lease

Boats

YACHTS BIG & SMALL New and Used at Lambs Yacht Center. www.marinemaxjacksonville.com 904-384-3113

'95 Johnson Ocean Pro Out- board 200hp new water pump rebuilt carburetors, stainless propeller, no controls $2700. 904-307-9120

Motorcycles/Mini Bikes

2005 V-Star 1100 Custom. 3000mls, garage kept. Asking $4500obo. Have extras also. David 912-322-7189

Honda CBR600 F4i 2005 - Only 14,948 miles, custom FMF Exhaust pipe, garage kept. $3,900.00. Call (904) 278-0978

Auto Parts

LEER Fiberglass truck bed cover Dodge L/B, new $250. Tailgate 3500 Dodge. Like new, blue $200. 904-460-6925

Automobiles

2010 Prius 5, 9,647mi's, Nav. Sys, back-up camera, blizzard white, 50+mpg, like brand new $25,970. 904-264-2973

Chrysler Sebring 2008 for sale! 4 dr sedan. <50,000 miles. Wonderful car with regular maintenance performed. Excellent condition. $11,500. Call 912-576-5287. Pictures available.

FORD TAURUS 2005 only 17K miles garage kept, cream puff, all power, CD player by owner $9,300. 276-1992

FORD THUNDERBIRD `02 only 12,000 miles, perfect condition $21,000. Call 352-473-7476

Lincoln Town Car, new tires Michelin Energy LX4 white stripe P225-60R 1798T $150. Red maple 4' trees $5.00 904-384-7809

'03 CHEVY MALIBU Only 66K mi's, beaut. cond. Silver 4 dr, all pwr $5500 cash. 904-285-9982

'98 HONDA CIVIC runs great, lded, sunroof, complete new A/C sys, great gas mileage. $3000. 904-536-5386

'00 HYUNDAI SONATA 82k, runs & looks great, fully lded, 4cyl, great gas mileage. $3500. 904-536-5386

Trucks / Trailers / SUVs

FORD EXPLORER - '99, $3,000. 904-744-6461

JEEP WRANGLER X '05 Hardtop 1 owner, V6, auto, a/c, sat radio michelin tires, 68k gentle mi, perfect cond. $15,500 **904-277-3350**

'03 Dodge 1500, 4.7Lt, Quad Cab, Auto, Cold AC, PW, PL, AM/FM/CD, BedLiner, Tow Package, New Tires with less than 5,000 miles, 152,000 miles. Kellie Blue book is 6700.00. Asking 6500.00 OBO. Tracey 904-554-6469.

Vans / Buses

PLYMOUTH VOYAGER 1995 V6, automatic transmission 68K miles, garaged, detailed, looks good., $3,500.00 obo 904-537-8428 or 904-537-8338

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650,620
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Besides protecting our country, military personnel stationed in our communities donated 650,620 hours of volunteer service in Northeast Florida and Southeast Georgia last year. Their time was given community groups, youth activities, scouting and more.

Thank You!

Jax Air News
THE Mirror NS MAYPORT, FLORIDA
THE Periscope KINGS BAY, GEORGIA