THE NS MAYPORT, FLORIDA Mirror

2008 CHINFO Award Winner

Vol. 53 • Issue 27 www.nsmayport.navy.mil www.mayportmirror.com THURSDAY, July 14, 2011

Advancement Exams Revamped

By Tom Updike
Naval Education and Training Command Public Affairs

The Navy announced the restructuring of advancement exams to give greater focus on technical rating knowledge in NAVADMIN 197/11.

The restructured examinations decrease the number of questions from 200 to 175 and increases the emphasis on rating-specific technical questions. The first advancement examination cycle implementing the new change is Cycle 216 in September 2012. Advancement candidates who will take the September enlisted examinations include active duty, full time support, active guard and reserve, and canvass recruiters.

"The primary reason for the exam structure change is to improve exam validity. We define exam validity as the adequacy with which the test questions successfully represent the content to be measured," said Capt. Katharine Reed, commanding officer of the Naval Education and Training Professional Development and Technology Center (NETPDTC).

More job-specific technical questions improve exam validity and the Navy's ability to rank-order Sailors by rating.

"If you know the technical aspects of your rating better than your shipmates, you'll like the change in exam structure," said Reed.

The restructured exams will consist of 25 Professional Military Knowledge (PMK) and 150 job-specific technical questions for each pay grade.

The biggest change will be seen by E-6 advancement candidates taking the Chief Petty Officer (CPO) exam. Currently, the 200-question CPO exam contains 100 job-specific and 100 PMK questions. E-4 exams will have the same number of job-specific questions, and 25 rather than 50 PMK questions.

The exam changes will have no impact on the current Final Multiple Score (FMS). The FMS is a "Whole Person Concept" approach which considers exam score along with other factors to ensure the right Sailors are advanced. Other factors considered for E4/5/6 are performance mark average (how well one performs in their job and as a Sailor), service in pay

See Exams. Page 7

-Photo by MC2 Gary Granger Jr.

Members from Naval Seas Systems Command, Navy Regional Maintenance Command, and Southeast Regional Maintenance Cmmand cut the ribbon during the Intermediate Maintenance Activity Re-Establishment Ceremony at Naval Station Mayport. The reestablishment of the Intermediate Maintenance Activity aids Sailors in the ability to hone the skills they need to be effective operators and maintainers of equipment on their ships.

Navy Re-Establishes 'IMA' At SERMC

From NAVSEA

The Navy's Southeast Regional Maintenance Center (SERMC) formally re-established its Intermediate Maintenance Activity (IMA) at Naval Station Mayport, June 28, providing the fleet with a renewed capability to train Mayport-based surface ship crews to perform shipboard maintenance and repairs.

In the past, IMAs served as a critical component of the training pipeline for fleet sailors. In recent years, however, funding cuts led to the downsizing of these facilities. Re-establishing the intermediate maintenance activity in Mayport reflects the Navy's commitment to a 'back-to-basics' approach to shipboard material readiness.

"This is not just about a ceremony, but rather we are embarking on an important mission that recognizes the significant revolution that has happened in how the Navy views surface ship maintenance," said Commander, Naval Sea Systems Command, Vice Adm. Kevin McCoy. "In a budget-constrained environment, the fleet has sup-

See SERMC, Page 6

-Photo by Lt. Adam Borsman

Cmdr. Robert Thompson relieved Cmdr. Robb Chadwick as Commanding Officer of USS Roosevelt with an official hand salute.

USS Roosevelt Holds Change Of Command

By Lt.j.g. Michele Rollins
USS Roosevelt Public Affairs

Sailors assembled at sunset on the flight deck aboard the guided-missile destroyer USS Roosevelt (DDG 80) on July 1, to share in the time-honored tradition of a change of command ceremony. This event was all the more poignant as Roosevelt steamed off the east coast of Africa, midway through an independent AFRICOM deployment in support of critical national tasking.

Cmdr. Robert S. Thompson relieved Cmdr. Robert B. Chadwick, II, as the commanding officer of USS Roosevelt.

The ceremony began with an invocation by Chaplain Edsil Logan of Surface Force Ministry Center, Mayport followed by Quartermaster Seaman Apprentice Miranda Firnstahl's singing our national anthem. Lt. R. Brett Litchfield, Roosevelt's Senior Watch Officer, presented Chadwick with the Meritorious Service Medal, and Command Master Chief Paul Corey presented the commissioning pennant on behalf of the crew. A commissioning pennant flies day and night over a ship during a commander's tour, and its weathered appearance serves as a memory of the trials and successes of a commander's tour.

After 19 months of command, Chadwick reflected on the impressive accomplishments of the crew. Roosevelt's Sailors met every challenge with enthusiasm and a can-do attitude, resulting in a successful dry-docking, inter-deployment training cycle, visit by the Board of Inspection and Survey (INSURV), and the first three months of a Fifth and Sixth Fleet deployment. For their efforts, Roosevelt earned the Destroyer Squadron 24 Battle Efficiency Award for 2010. Chadwick spoke eloquently about the many personalities onboard that created a "perfect storm" of just the right Sailors to complete every mission required of them, and praised each Sailor for their contributions to the team's success.

Chadwick's next duty station will be in Washington, D.C., with the Bureau of Naval Personnel's Liaison Detachment.

Thompson has spent the last eight months as Roosevelt's Executive Officer, becoming the first officer to "fleet up" to command USS Roosevelt. A 1993 graduate of the Naval Academy, Cmdr. Thompson has served onboard USS Hewitt (DD 966) as Strike Warfare/Fire Control Officer and Main Propulsion Assistant, on the pre-commissioning crew of USS Mahan (DDG 72) as the Combat Information

See Roosevelt, Page 4

USS Vicksburg Changes Hands

By Ensign Michael Wilkinson
USS Vicksburg Public Affairs Officer

Capt. Logan Jones relieved Capt. Timothy Mahan as commanding officer of USS Vicksburg during a change of command ceremony on July 1 in the port of Freeport, Bahamas.

The tropical island provided an ideal backdrop for the customary change of command and also allowed the crew some well deserved down time after successfully com-

-Photo courtesy of USS Vicksburg

From left, Rear Adm. Clifford Sharpe (Carrier Strike Group Eight), outgoing Commanding Officer, Capt. Timothy Mahan, and incoming Commanding Officer, Capt. Logan Jones, salute the colors during the Change of Command ceremony.

pleting an assessment by the Board of Inspection and Survey.

Under Mahan's leadership, Vicksburg successfully completed Joint Warrior Exercise 10-1 and was one of the first ships to participate in the British Fleet Officer At Sea Training program. Upon returning to the United States, Vicksburg conducted a four month long Selected Restricted Availability allowing repairs to be made in preparation for the ship's

See Vicksburg, Page 5

Mayport Sailor
Is Military Olympic Athlete
Page 5

Clark Howard, Robin Meade
Answer Questions At Mayport
Page 6

Meet Jaguars Cheerleaders
With MWR ITT
Page 9

Word On The Street

What Would You Like To See In The Mirror?

BM3 Steve Dow
Harbor Operations
To find out what is going on here on base.

OS2
Deraimus Walker
USS Vicksburg
Yes, I do read the paper to find out what is going on base and the different functions here.

CSHM John Horan
HSM40 WING
I pick it up occasionally. I would like to see more things on sporting events and music events around town. There isn't too much to do on base.

CSSN Selina Bowling
Oasis Galley
I read the paper to see what is going on, I guess. I would love to see more coupons. I stay on base and don't get the town paper, so I would love to see more coupons.

CS3 Eric Woodruff
USS Doyle
I get the paper to read the stories in it. I wouldn't change much. I think its pretty good how it is now.

Steve Minguzzi
Harbor Operations
I don't really read the paper. I think there should be more about the ships in it, like what they are doing.

Help Your Children Choose Friends Wisely

CHAPLAIN'S CORNER

Chaplain Ray Stewart
Surface Force Ministry Center

"Do not be fooled. Bad companions ruin good character." 1 Corinthians 15:33 (TEV)

School is now out and children have a lot of free time on their hands. We need to encourage our children to make friends with people who will pull them up instead of drag them down.

The moment your kids start going to school, you no longer have the primary influence on their life. They start to become influenced by their peer group. And the older they get, the more they look to their peers.

So, as a parent, you need to have a conversation with your children about who their companions are going to be. You need to help your kids understand the impact friends have on them and the importance of choosing good friends.

We need to encourage our children to make friends with people who will pull them up instead of drag them down. People who will encourage them and be positive influences in their lives. Because the number one factor that will determine whether they succeed or fail in life is the kind of friends they choose – friends who hold them back or friends who spur them on.

We all want to belong, no matter what our age. We are all looking for friends and connections and acceptance. We want to be a part of a fellowship. Why? Because that's the way God wired us. The Bible says, "Since we are all one body in Christ, we belong to each other, and each of us needs all the others" (Romans 12:5 NLT).

It's important that we teach this truth to our children, that God created us to belong to others and to need others, because our society teaches the opposite. Our culture is one of hyper-individuality where everyone is a lone ranger. We should only take care of ourselves and look out for our own interests. But this leaves children with no support and no sense of belonging. Is it any wonder depression and other emotional illnesses are on the rise?

The truth is, to live an emotionally healthy life, we need people in our lives. We need healthy, supportive relationships. We need each other. We need the belonging that comes from fellowship with other believers. That's what the church is for.

Your children need to be in church, and so do you. Perhaps you can all go to the church of your choice this Sunday?

Use Your Summer Months To Organize

KNOWING THE ROPES

Judy Cromartie
School Liaison Officer

Summer is the perfect time for your child or children to explore career and postsecondary options. There is no nightly homework, no pending papers, and best of all, lots of free time. Being undecided is not unusual for some students whether they are in middle or high school. To explore career options, a student can go to www.FACTS.org and log on to begin researching interests and careers.

However, some students shut themselves off from wonderful future possibilities because of "maybes."

•Maybe education is too expensive.

•Maybe college will be too hard.

•Maybe I won't fit in.

•Maybe my family needs my help.

But remember: if the student's choice offers the best route to the future, encourage him to explore the possibilities. Don't let the "maybes" shut him down.

When a goal has been decided upon – university, community college, technical school, or the military, the next step is having your child doing some research to learn about achieving that goal! What high school course work and GPA are needed for admission? Some excellent websites for this type of research include the following: www.militaryonesource.com; www.act.org; www.militarychild.org

If your child is the first in your family to attend a postsecondary institution, you might have quite a few questions on how to finance college. The websites www.FACTS.org and www.SallieMae.com can help you establish a savings plan. It is never too late to start!

Next sit down together to create a year-by-year plan to achieve that goal. Several websites provide a yearly calendar to assist you in creating yours. You can find these at www.militarychild.org; www.collegeboard.com; www.militaryonesource.com; and www.ACT.org.

Look to the future with enthusiasm. It is up to the student to determine the kind and quality of education he will receive. His own curiosity, hard work, and perseverance will make the difference. Test scores and high schools grades are important; however, they measure only part of an individual's potential. The motivation, course selections, interests, commitment, and PLANNING are the true measure of achieving postsecondary success!

Judy Cromartie is the School Liaison Officer for NS Mayport. If you have questions about this article or concerns about an educational issue impacting your child, she can be reached via email at *judith.cromartie@navy.mil* or by phone at (904) 270-6289 X1305 [office] or (904) 219-3894 [cell]. Or you can schedule a meeting with her in her office in Building One.

Command Chaplain
Lt. Cmdr.
Jerome Cayangyang

Roman Catholic Mass
Sunday 9 a.m.
Monday-Thursday
11:30 a.m.
Confessions:
before & after mass or upon request
CCD & RCIA:
Sunday 10:30 a.m.
Baptisms
3rd Sunday of month
Protestant Worship
Sunday 10:30 a.m.
Sunday school 9:15 a.m.
Choir: Wednesday 7 p.m.
Baptism: For information contact your chaplain
Women's Bible Study
Wednesday 10 a.m.
The Church of Jesus Christ of Latter-Day Saints
Family Home Evening Social
Wednesday 7 p.m.
For more information or other worship opportunities and religious organizations in Jacksonville, call 270-5212.

The Mirror — NS MAYPORT, FLORIDA

Naval Station Mayport

Capt. Douglas F. Cochrane ..... Commanding Officer
Cmdr. Patrick Pickard ..... Executive Officer
CMDCM David Anderson ..... Command Master Chief

Naval Station Mayport Editorial Staff

Bill Austin ..... Public Affairs Officer
ET1(SW/AW) Marty Parsons ..... Deputy Public Affairs Officer
OS2 Shantae Salmon ..... Assistant Public Affairs Officer
Paige Gnann ..... Editor

The Mirror is distributed without charge throughout Mayport's Navy community, including the Naval Station, on- and off-base Navy housing areas, and ships, squadrons and staffs homeported at NS Mayport. Copies are also available at the Naval Station's Public Affairs Office, Building 1, and The Florida Times-Union, 1 Riverside Avenue, Jacksonville, FL 32202.

The deadline for all submissions is Thursday at 4 p.m., one week prior to publication. News and articles should be submitted to the Public Affairs Office, or mailed to:

The Mirror
P.O. Box 280032
Naval Station
Mayport, FL 32228-0032
Commercial: (904) 270-7817 Ext. 1012 DSN: 960-7817 Ext. 1012
Commercial FAX (904) 270-5329 DSN FAX: 960-5329
Email: mayportmirror@comcast.net
CO Actionline: 270-5589 or 1-800-270-6307

This DoD newspaper is an authorized publication for members of the Department of Defense. Contents of **The Mirror** are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Navy. Published by The Florida Times-Union, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Station Mayport, Fla. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, U.S. Navy or The Florida Times-Union, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. The editorial content of this publication is the responsibility of the Naval Station Mayport, Fla., Public Affairs Office.

The Mirror — NS MAYPORT, FLORIDA

Advertisements are solicited by the publisher. Inquiries regarding advertising should be directed to:

Ellen S.Rykert • Publisher
1 Riverside Avenue • Jacksonville, FL 32202
(904) 359-4168
Tom Castle • Advertising Sales Manager
(904) 359-4336 • FAX: (904) 366-6230

Caldwell Assumes Command Of FRCSE

From FRCSE

Capt. Robert B. Caldwell, Jr., who served as the executive officer at Fleet Readiness Center Southeast (FRCSE) since July 2009, assumed command of the overhaul, maintenance and repair facility, during a ceremony at Hangar 1000 on Naval Air Station (NAS) Jacksonville, Fla., July 8.

Caldwell took the reins from Capt. Paul A. Sohl who will be heading to Point Mugu, Calif. to take the helm as Commander, Naval Test Wing Pacific (NTWP).

"I truly am the luckiest man in the Navy," said Caldwell to more than 800 Sailors, civilian employees, community leaders, family and friends. "It is you who have put me on this platform today."

Guest speaker Vice Adm. David Architzel, commander, Naval Air Systems Command, said Caldwell and Sohl "are superb examples of service over self."

Architzel said Caldwell "is a person who leads by example" and has the "breadth of insight" to lead FRCSE through any challenge. He said the work done at the maintenance and repair facility "positions our war fighters to win."

"I am confident you will succeed and build a legacy of your own," said Architzel.

Caldwell told the audience he was extremely proud and humbled to be standing before the FRCSE workforce as their commanding officer.

"We must keep our eyes on the future," he said, "What you do directly impacts the Sailors, airmen and Marines on the ground. We work to answer the call of our country when it needs us the most."

-Photo by Vic Pitts

Capt. Robert Caldwell (left) assumes command of Fleet Readiness Center Southeast from Capt. Paul Sohl (right) as Rear Adm. Timothy Matthews, commander Fleet Readiness Centers looks on during a ceremony on Naval Air Station Jacksonville, Fla., July 8.

A native of Gulfport, Miss., Caldwell began his Naval career in 1986 after graduating from Auburn University, Ala., with a Bachelor of Science in Aerospace Engineering and a commission through the Naval Reserve Officer Training Corps (ROTC) Program designated as an aeronautical maintenance duty officer.

He earned a Master of Science in Aeronautical Engineering from the Naval Postgraduate School in Monterey, Calif., in 1998 and worked with the Chief of Naval Operations staff as the Engine Depot Maintenance and Engine Component Improvement Program Requirement officer.

During his 25-year career, he served with numerous fighter and patrol aircraft squadrons including the "Skinny Dragons" of Patrol Squadron Four (VP-4) in Hawaii and the "Grim Reapers" of Fighter Squadron One Hundred One (VF-101) at NAS Oceana, Va., His sea tours include the USS Enterprise (CVN 65) in 1993, where he served as the quality assurance officer during "Big E's" Refueling and Complex Overhaul, a potentially hazardous process for refueling the ship's nuclear reactors. He forward deployed on the USS Essex (LHD 2) to Sasebo Japan in 2002 as head of the Aircraft Intermediate Maintenance Department.

In October 2004, Caldwell reported to Navy Personnel Command, Millington, Tenn., where he served as the Aviation Maintenance Duty Officer detailer until his transfer in September 2006 back to Florida. He served as the FRCSE director of depot operations until April 2008. His next assignment was on the staff of Commander, Fleet Readiness Centers at NAS Patuxent River, Md., as the production officer, until his return to FRCSE in April 2009. During the ceremony, Architzel awarded Sohl the Legion of Merit, the Navy's seventh highest award, for his exceptional meritorious conduct during his tenure as FRCSE commanding officer.

"I will remember with great fondness all you have given me,especially the laughter," said Sohl.

Sohl's last official act as the FRCSE commander was to spot promote Aviation Electronics Technician Third Class Jamal J. Napier to the rank of second class for his outstanding mentorship to his shipmates and service to the Fleet.

FRCSE is one of eight Fleet Readiness Centers commissioned by the Navy to perform in-depth overhaul, repair, and modification of aircraft, engines, and aeronautical components. FRCSE is the largest tenant command on the base and the largest industrial employer in the Northeast Fla., and Southeast Ga., with a workforce of nearly 4,600 military, civil service and contract personnel.

DUCKS UNLIMITED
Join Ducks Unlimited today to ensure that wetlands thrive for wildlife, for you and for generations to come.
ducks.org or 800-45-DUCKS
A CFC participant- provided as a public service
JOIN TODAY!

www.jacksonvillebeachlawyer.com
Heather B. Quick
CRIMINAL DEFENSE, DIVORCE, CHILD SUPPORT
FORMER PROSECUTOR
ADMITTED TO THE FLORIDA BAR FOR 10 YEARS
• Military Discount
• Free Consult
• Former Prosecutor
Attorney Heather B. Quick
Law Offices
428-A Osceola Avenue
Jacksonville Beach, FL 32250
904.241.0012
CALL OUR OFFICE FOR YOUR FREE 30 MINUTE CONSULTATION

Where Beauty, Convenience, Quality and Value Matters…
Atlantica APARTMENTS
Summer Rental Special $770
*Partners with the Military Rental Housing Program
*Located about 1 mile from the entrance of NS Mayport, The NEX and the City of Jacksonville Kathryn Abbey Hanna Park
*2 bedroom 2 bath units *Stainless Steel Appliances
*European Style Kitchen Cabinets *Granite Countertops
*Ceramic Tile Floors in living room and bathrooms
*Carpet in Bedrooms
*Resident Clubhouse and Fitness Center
*Pool with Sundeck *Washer/Dryer Hookups
*Monthly Rent Includes Water, Sewer and Waste Pickup.
*Minutes from Mayport Elementary and Mayport Middle School
1106771
Phone 904.241.3855
Fax 904.241.3843
2760 Mayport Road, Atlantic Beach FL, 32233
info@atlanticaapartments.com atlanticaapartments.com

We serve where you serve®
IN CASE YOU DIDN'T KNOW,
NAVY FEDERAL IS THE WORLD'S LARGEST CREDIT UNION WITH OVER 210 BRANCHES WORLDWIDE.
Wherever duty takes you, you can be sure we'll be there, too. With over 210 branches worldwide on or near military installations, 24/7 phone service, and online banking, we offer you accessibility and convenience like no one else can. So whether you're at home or away, we're there.
NAVY FEDERAL Credit Union
navyfederal.org • 1-888-842-6328
ARMY, MARINE CORPS, NAVY, AIR FORCE, DoD—YOU ARE ELIGIBLE!
Use of released Department of Defense imagery does not constitute product or organizational endorsement of any kind by the Department of Defense. Department of Defense photo. Federally insured by NCUA. © 2011 Navy Federal NFCU 11787 (6-11)

Roosevelt Reaches 100th Day of Deployment

By Lt.j.g. Abigail Dixon
Roosevelt Public Affairs

July 8th, 2011 marked guided missile destroyer USS Roosevelt's (DDG 80's) 100th day of deployment. With more than 100 more days to go, this is certainly a milestone worth recognizing.

Roosevelt left Mayport, Florida on March 30. After her two week long transit across the Atlantic Ocean, the ship made a port stop in Rota, Spain before transiting through the Mediterranean Sea and Suez Canal.

Roosevelt arrived on station in the Indian Ocean on April 26 and has been underway conducting Maritime Security Operations since the ship left Spain.

During her 100 days of deployment, Roosevelt has served more than 4,440 burgers, conducted 9 underway replenishments, burned more than 1.9 million gallons of fuel, traveled 17,183 nautical miles, received over 11,809 pounds of mail and conducted a traditional "Crossing the Line" ceremony after crossing the Equator.

When told Roosevelt had reached its 100th day of deployment, Sonar Technician 3rd Class Victoria Do said, "I can't believe it's been 100 days. It has gone by so fast I have lost count."

This statement is true for many of Roosevelt's Sailors since the ship has made an effort at providing a daily and weekly ship routine to help make the days go by faster.

This routine includes Command Physical Training three times a week, Damage Control and Engineering drills twice a week, nightly Enlisted Surface Warfare Specialist and Officer training, weekly Fresh Water Washdowns, movie nights and holiday routine recognized every Sunday.

"The ship routine really does help make time go by faster," Electronics Technician 1st Class Jeffrey Gardunio said. "We are so focused on our daily tasks that we forget what day it is."

In order to break up the repetition of daily tasks, Roosevelt has held Steel Beach Picnics monthly, a "Roosevelt's Got Talent" Talent show, ice cream socials as well as the occasional breakfast for dinner event where the ship becomes the "International Ship of Pancakes" for one evening.

For many in the crew, 100 days deployed is the longest time they've been away from Mayport. The ninetieth day was special for many because they earned their first Sea Service Deployment ribbon. Awarded to those who are deployed for at least 90 days, the ribbon is the surest way to tell a 'Salty Dog' from a 'Bootcamp' Sailor.

While many in crew have not been counting the days that Roosevelt has been gone, they will soon begin counting the days until Roosevelt returns.

With Facebook, email, and digital photos the crew is able to stay connected in a way that was unthinkable to deployed Sailors a generation ago but there is little that can match the excitement on the pier during homecoming.

In the meantime, the crew remains focused on the mission. The roll of the deck as it cuts through the waves is a constant reminder that the ship is underway.

The routine of training, operations, watch and meals helps pass the time until Mayport again appears on the horizon.

-Photo courtesy of USS Roosevelt

USS Roosevelt (DDG 80) conducting one of her many underway replenishments during her 2011 deployment.

Roosevelt

From Page 1

Center Officer, as the Engineer Officer on board USS Carney (DDG 64) and as the Executive Officer in USS Tortuga (LSD 46). His most recent shore assignment was as Fleet Scheduler and Operational Planner in the Future Operations division for Commander, Pacific Fleet.

Roosevelt's Sailors were proud to honor their outgoing Captain and welcome the new Captain in this special ceremony at sea.

Fire Controlman 2nd Class Jonathan Branch stated, "This was my third Change of Command as a Roosevelt Color Guard member, but having it out to sea, during this deployment, made it the one I will remember most."

QMSA Firnstahl's thoughts were more personal.

"Cmdr. Chadwick truly cared about each individual aboard Roosevelt. I'm happy he was my first Captain," she stated.

Roosevelt is deployed as an independent destroyer supporting maritime security operations (MSO) in the U.S. Navy's 5th and 6th Fleet Areas of Responsibility. Roosevelt is homeported in Mayport, Florida.

Roosevelt Has Breakfast For Dinner

By Ensign Zachary Holliday
USS Roosevelt Public Affairs

The Wardroom onboard guided missile destroyer USS Roosevelt (DDG 80) shifted gears Sunday, July 3rd, in a special effort to show their appreciation for the hard work and dedication Roosevelt's Sailors have put forth during deployment.

For one day, Roosevelt became the ISOP – International Ship of Pancakes, as the wardroom provided "breakfast for dinner" for the crew.

Ensign Kristopher Sousa, a former Culinary Specialist 1st Class, led the Wardroom in preparing breakfast steaks, eggs, potatoes, and biscuits and gravy for the crew.

However, the biggest hit of the afternoon was the warm and fresh chocolate chip pancakes. The scent of homemade pancakes and breakfast steaks, grilled by Chief Warrant Officer Tony Daneault and Ensign David Ingraham, lingered about the main deck and drew the crew in to find their Commanding Officer, Cmdr. Robert Thompson, cracking eggs and serving platters of food.

Fire Controlman 2nd Class Justin Betz claimed, "These are the best pancakes I've ever had."

Boatswain Mate 2nd Class Blake Sattler stated that he, "wished we could have this meal every day."

In addition to the Wardroom, Culinary Specialist 2nd Class Andre Davis was critical to the success of the dinner as he helped guide the efforts of the Wardroom chefs supporting the Roosevelt ISOP meal.

The crew enjoyed a great meal and most of the Culinary Specialists and Food Service Attendants had the night off. The Wardroom felt honored to have the opportunity to serve a meal to such a hard working crew and everybody looks forward to the next ISOP night.

Roosevelt is deployed as an independent deployer supporting maritime security operations (MSO) in the U.S. Navy's 5th and 6th Fleet Areas of Responsibility. Roosevelt is homeported in Mayport, Florida.

Lt. Adam Borsman (left) and Lt.j.g. Carolyn Mai make pancakes and eggs for the crew.

Roosevelt's crew stands in line to receive pancakes during the ship's ISOP night.

From left, Lt.j.g. Chelsea Metheny and Abigail Dixon crack eggs for the ship's breakfast for dinner evening.

Mayport Sailor Competes In World Military Games

Broadfield, on her butterfly swim stroke before heading to Brazil for the International Military Sports Council World Military Games.

-Photos by MC2(SW) Jacob Sippel/Released

Aviation Ordanceman 2nd Class (AW/SW) Lisa Broadfield, assigned to Helicopter Anti-Submarine Squadron Light (HSL) 48, prepares for the 2011 International Military Sports Council (CISM) World Military Games in Rio de Janeiro, Brazil July 16-24. Broadfield will compete in the 200-,400-,800-meter freestyle, and 200-meter butterfly swimming events.

Broadfield will also compete in the 200-,400-,800-meter freestyle.

By MC2(SW) Jacob Sippel

Navy Public Affairs Support Element East Detachment Southeast

For quite a few children, dreams of athletic glory are routine, imagined through outdoor basketball courts, makeshift baseball diamonds and football fields and public swimming pools. The notion of winning - of athletic prowess in a chosen discipline - might be measured by the success others have achieved; an Olympic gold medal, a Super Bowl ring, a World Series title.

For most the dream never materializes; a fantasy lived solely through others whose talents, skill and perseverance provide the moments now seen on television. For one Mayport, Florida-area Sailor though, the opportunity to compete against some of the best military athletes in the world is a dream she'll realize at the International Military Sports Council (CISM) World Military Games in Rio de Janeiro July 16-24.

Aviation Ordnanceman 2nd Class (AW/SW) Lisa Broadfield, a Sailor assigned to the Vipers of Helicopter Anti-Submarine Squadron Light (HSL) 48, is a world class long-distance swimmer, set to represent the Navy and the United States at the multi-sport competition pitting the world's best athletes against one another in numerous sports. Her swimming events include the 200-, 400-, 800-meter freestyle, and 200-meter butterfly.

"As a representative of the U.S. Armed Forces Team, there comes a large amount of pride. It is almost as if I wake up every day and say 'Am I really doing this? Have I really been selected onto a team that not only encompasses talent, but a talent of something that has taken me years and years of practice?' stated Broadfield. "Sometimes even when I'm thinking these thoughts, there is still a level of confidence that comes into play. That is when I say to myself I worked for this and have worked hard my entire life. There is a great feeling of pride and all of it comes as a giant emotion that is unexplainable."

Broadfield believes she was destined to become a swimmer and be one of the best competitive swimmers in the world along with it. She started this athletic passion at a young age, not even knowing what passion was or meant. Now looking back at some of the things she has done and the places she has been, she says it is truly a lifestyle and it's almost like finding your soul mate and knowing that you are in the right place at the right time; doing the right thing.

"I believe I belong in the water," said Broadfield. "This is my sanctuary!"

To be a world class swimmer and serve in the Navy can provide many challenges. Her job as an Aviation Ordnancemen, aircraft armament (weapons) specialist in charge of storing, servicing, inspecting and handling of all types of weapons and ammunition carried on Navy aircraft, can be a challenging task in its self.

"If there is anyone in the Navy that can do something like that it is her (Broadfield)," said HSL 48 Command Master Chief Jim Key. "She is a very strong-minded and strong-willed lady that knows how to balance all of her duties successfully. We here at HSL 48 are very proud of her and we have a feeling she is going to do great in whatever she does, especially in the World Military Games.

"The challenge here with work and military is that they are both full time jobs," said Broadfield. "So honestly I do find myself sleep deprived quite often. I have these dreams of serving my country and training to be one of the top long distance swimmers in the world, but I know that competing at this level will not last forever, so I'm making the most out of my situation. I'm very fortunate to be doing both."

At last year's 2010 CISM World Military Swimming/Lifesaving Championships, Broadfield qualified in the top eight in four events: the 200-, 400- and 800-meter freestyle and the 200-meter butterfly. Her best finish was 4th place in the 800-meter freestyle.

"There are really no words to express that experience of marching alongside multiple branch servicemembers. The servicemembers were not only from my own country, but others as well," said Broadfield. "The experience shows that greater level of pride and discipline that binds many countries together simply as human beings."

Broadfield knows time sneaks up on every athlete and she is not taking this year's military games for granted.

"I will be honest, as I only get older and the competitions get harder, I never know when the competitions will end," explained Broadfield. "The friendships I make and have made will last forever. I always take with me that exact feeling, that paused moment in time, when you look around and see that 'yes I am really here, I am really doing this and I am a talent among many others.' This feeling of pride, emotion and everlasting friendships is what comes home with me!"

"We are very proud to have her apart of HSL 48 representing us, the United States Navy and our country," said Chief Warrant Officer 4 Joseph Campbell, Maintenance Material Control Officer. "We wish her very good luck."

The International Military Sports Council (CISM) is one of the largest multi-disciplinary organizations in the world. They organize various sporting events for the armed forces of 133 member countries. Servicemembers who may previously have met on the battlefield, now meet in friendship on the sports playing field. The ultimate goal is to contribute to world peace by uniting armed forces through sports. CISM's motto is "Friendship through Sport."

Vicksburg Hosts Reception In Bahamas

By Ensign Michael Wilkinson

USS Vicksburg PAO

Just a few weeks after successfully completing a ship-wide assessment by the Board of Inspection and Survey (INSURV), the crew of USS Vicksburg manned the rails as the cruiser pulled into the port of Freeport, Bahamas for a week of ceremony and relaxation.

The officers and crew of Vicksburg hosted a reception in honor of the 235th anniversary of the Independence of the United States of America on the flight deck. The official party consisted of the United States Ambassador to the Bahamas, Her Excellency Mrs. Nicole Avant; Admiral James A. Winnefeld Jr., USN, Commander North American Aerospace Defense Command and United States Northern Command; and the Honorable A. Kenneth Russell, MP.

Guests were escorted to the flight deck for the ceremony, which included an invocation by the Archdeacon Harry Bain, the singing of the Bahamian and American national anthems, remarks from the official party members, and concluded with a cake cutting ceremony. The official reception also featured a brief pause to observe evening colors, and a presentation of an intertwined Bahamian and U.S. flag to the Ambassador from Captain Timothy Mahan. The intertwined flag symbolized the friendship and unity between the nations of the Commonwealth of the Bahamas and the United States of America. Ambassador Avant then presented the flag to the Honorable Kenneth Russell, who represented the ranking members of the Commonwealth of the Bahamas Parliament.

At the conclusion of the official reception ceremony, food and refreshments were served as the guests and official party members mingled with the officers and crew of Vicksburg as a live band played in the helicopter hangar.

-Photo courtesy of USS Vicksburg

From left, the Honorable Kenneth Russell and Mrs. Russell, Ambassador Nicole Avant and Mr. Avant, and Admiral and Mrs. James A. Winnefeld Jr. during the cake cutting ceremony at the reception held aboard USS Vicksburg.

Vicksburg

From Page 1

next deployment. Mahan's exceptional service culminated with a standard-setting performance during the ship's recent assessment by the Board of Inspection and Survey (INSURV). His next assignment is PERS-41 in Millington, Tennessee where he will oversee officer detailing.

Carrier Strike Group Eight Commander, Rear Adm. Clifford Sharpe was the guest speaker and officiating officer. Mahan and Jones addressed the crew, their families, and read their orders completing the ceremony and officially turning over command of USS Vicksburg. The ceremony was followed by a brief cake cutting ceremony and then the officers lined the Quarterdeck to send Mahan ashore.

Jones is the 15th Commanding Officer in USS Vicksburg (CG 69). A native of Garden City, Kansas, Jones graduated from the U.S. Naval Academy in 1987 with a Bachelor of Science degree in Oceanography. Previously, Jones commanded USS Reuben James (FFG 57) and served as Reactor Officer in USS Enterprise (CVN 65).

CNN's Clark Howard Answers Mayport Money Questions

Robin Meade Joins In On Discussion

By: Laura Flood
Staff

Nationally recognized money guru Clark Howard will spread his financial expertise to Naval Station Mayport with a town hall session on USS Farragut (DDG 99) Aug. 26.

With a show on Headline News (HLN), a nationally broadcasted radio show, and eight published books about finance, Howard has made a name for himself as a money expert with a catchy motto of, "Save More, Spend Less, and Avoid Getting Ripped Off."

The upcoming show on Farragut will feature questions from Sailors to Howard, and Robin Meade, the cheery anchor of HLN's morning show will assist Howard in the taped broadcast.

Naval Station Mayport Sailors will have the opportunity for one-on-one time with Howard and Meade, and those interested in being part of the show need to submit the questionnaire below to Clark Howard's producer Michael.Kane@turner.com no later than July 20.

If selected to be a featured on the show, the CNN team will call the selected candidates to get any additional information needed for the show.

Clark Howard
Financial Guru

Robin Meade
CNN Anchor

Clark Howard's TV Program Financial Questionnaire:

Email:

Phone:

Address:

FINANCIAL OVERVIEW

1) Age:

2) Marital Status:

3) Children & Ages:

4) Do you pay for child care? If so, how much per month?

5) Total Household Income:

6) Credit card debt amount:

7) Credit card interest rate(s):

8) Do you have a student loan? If so, what's the remaining balance, monthly payment and interest rate?

9) Do you have a car loan or lease? If so, what's the remaining balance, monthly payment and interest rate?

10) Any other personal loans? If so, what's the remaining balance, monthly payment and interest rate?

11) Credit score:

12) Do you rent or own your home?

13) If you rent, what's your monthly payment?

14) If you own, what's your mortgage balance, years remaining and interest rate?

Interest rate on mortgage?

15) Rainy day savings?

16) Retirement Savings?

17) Other Savings?

SERMC

From Page 1

ported adding a total of 50 additional skilled personnel to this activity. By 2012, we will add another 85 military and civilian. We are expanding and bringing back the needed facilities to properly support the needs of the fleet."

While training at an IMA, sailors will receive on-the-job training within five primary product families, each of which will provide rating-specific training for sailors. This training will be in such areas as corrosion control, engine maintenance, component machining and combat systems repairs.

In addition to the invaluable hands-on training provided to sailors, they will also have the opportunity to participate in the Navy Afloat Maintenance Training Strategy program, which provides the means for sailors in these ratings to achieve journeyman-level certification in these skills during their assignment to IMAs.

"This training will be invaluable to [sailors] during your career and in your later post-Navy careers," McCoy said while addressing sailors assigned to the command.

Over the past decade, substantial fiscal constraints forced a reduction in ship manning and in surface ship support maintenance activities ashore. While the immediate results of restructuring created a cost savings for the Navy that proved favorable, the longer-term, unintended consequence of not training sailors to maintain and repair shipboard equipment created a significant material readiness void.

Navy leaders recognized the void, and have since undertaken several initiatives designed to rebuild resources, and positively impact quality maintenance and modernization practices across the Navy's RMCs. One of these initiatives is the re-establishment of IMAs.

"Our senior Navy leadership, from the CNO, to the fleet commanders and NAVSEA have made the re-establishment of our IMAs possible, and their investment in the surface ship maintenance initiatives and resources the Navy requires to properly sustain our ships and train our fleet sailors has been vital," said the Rear Adm. David Gale, commander, Navy Regional Maintenance Center. "With their support, we are now uniquely positioned to ensure that the material readiness of today's, and tomorrow's, fleet is sustained."

Phil Sea Participates In Northern Exercises

By Ensign Andrew P. Learned
USS Philippine Sea

There isn't a sight more foreign to most Junior Officers than a sunrise only an hour into the 2-7 or "rev watch," but that was what greeted Ensign Patrick Murphy of USS Philippine Sea last week.

The Mayport Cruiser recently completed support of the annual Norwegian PASEX, an exercise with our NATO partner from a very different climate.

"The temperatures were definitely not what I was expecting" said Damage Controlman 3rd Class Garcia. "It was way colder!"

In all, only about two ships a year make port calls in Norway and the PASEX was planned to help boost the military interactions between these important allies.

The exercise which included anti-submarine exercises, surface exercises, and air-defense exercises was symbolically capstoned by a navigation exercise which had the U.S. cruiser and Norwegian Frigate navigate deep into the host country's famous fjords outside of Bergen.

The allied ships exchanged numerous sailors during the exercises and in total, about 50 were able to cross-deck, or swap ships, to see the exercise from a foreign perspective.

"These exercises are an excellent opportunity for both countries" said Capt. Herbert Hadley, USS Philippine Sea commanding officer. "Exercises like these are opportunities to bring us closer together."

But the visit was not all business, Philippine Sea's Sailors were allowed the weekend in port as well. Bergen itself is Norway's second largest city and is situated on the nation's west coast and played host to USS Philippine Sea's first foreign port visit in over two years.

"I loved it," said Culinary Specialist Seaman Ottusch. "I just wish we could have stayed longer.

For some however, Bergen was primarily a first opportunity to call home. Philippine Sea is three weeks into a six-month deployment and many on the crew were anxious to call their families.

"I miss [my family] so much already," said Ship's Serviceman Seaman Ainsworth. "It was good to hear my son's voice."

Exams

From Page 1

grade (experience in the job), awards (accomplishments in the job and as a Sailor), education points (self improvement through education (accredited college degrees)), and pass/not advanced points (credit for doing well on previous exam cycles, but not enough quotas available).

For those who are CPO board eligible, the FMS is computed using performance mark average and rating exam score only.

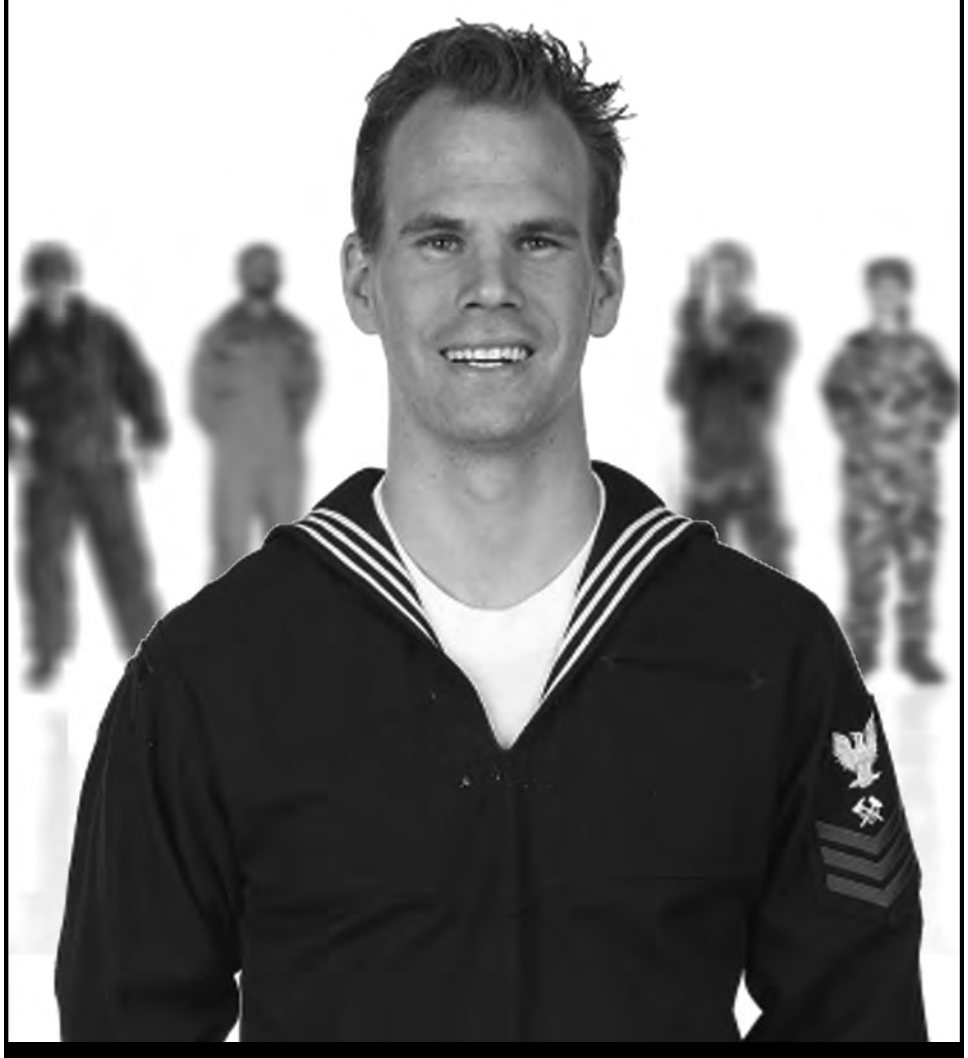
Enlisted exams are produced at NETPDTC's Navy Advancement Center (NAC) in Pensacola, Fla. Fleet Subject Matter Experts (FSME) for each enlisted rating gather at exam development conferences to review the job scope and associated tasks at each pay grade.

The FSMEs also review their rating exam bank to ensure questions are up-to-date, accurate and meet the statistical requirements to accurately rank-order the most qualified advancement candidates. New exam questions are researched, developed and added at each exam development conference.

Study material will remain available to all Sailors preparing for upcoming exams.

Exam bibliographies will reflect the new exam construction, and will be available for exam preparation six months prior to administration dates on the Navy Advancement Center's Web portal on NKO at https://wwwa.nko.navy.mil/portal/careermanagement/navyadvancementcenter/home/navyadvancementcenter?cacLogin=true

What sets *you* apart from the crowd?



Let us help you be *outstanding.*

Whether you hope to climb the ranks or climb the ladder in a civilian career, Jones International University can help you get started on your future now.

- First 100% online regionally accredited university
- Top 10 Military Friendly University
- Undergraduate book costs covered
- NCPDLP & SOCNAV-4 University

CALL TODAY TO TAKE ADVANTAGE OF OUR 4-WEEK NO OBLIGATION TRIAL

JONES INTERNATIONAL UNIVERSITY®
ASSOCIATE'S • BACHELOR'S • MASTER'S • DOCTORATE • CERTIFICATES
866.347.0587 · www.JIUmilitary.com

995962

You may be a veteran or actively serving your country and have questions about your options outside of the military. Florida State College appreciates your service and would like to see you get the credit you deserve. We provide high quality education and services to you and your spouse, and will maximize college credits for military experience. And if you're wondering if we accept the GI bill … the answer is yes. You've answered life's call to serve your country and we're offering you an extraordinary opportunity to discover what else life has in store. Learn more. Call Florida State College at **(904) 359-5433** or visit **fscj.edu/answerlife**.

answer life.

(904) 359-5433 | fscj.edu/answerlife

FLORIDA STATE COLLEGE
A DIVISION OF FLORIDA STATE COLLEGE AT JACKSONVILLE

Florida State College at Jacksonville is a member of the Florida College System. Florida State College at Jacksonville is not affiliated with any other public or private university or college in Florida or elsewhere.

Florida State College is a division of Florida State College at Jacksonville. Florida State College at Jacksonville is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools ("SACS") to award the baccalaureate and associate degree. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, or call (404) 679-4500 for questions about the accreditation of Florida State College at Jacksonville.

MWR HAPPENINGS

July 15: Jaguars Football Cheerleaders Visit. 9 am at ITT. Come and meet the Roar and purchase tickets for the 2011 Jaguars Football Season. Section 149 preseason $50; regular season $58. 270-5145
July 15: Surf Contest. 10 a.m. at Sea Otter Pavilion. Sign up deadline July 8. 270-5451
July 15: Outdoor Movies- *Gnomeo & Juliet (G).* Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
July 15: Showtime Video Rock & Bowl. 10 p.m. to Midnight every Friday at Mayport Bowling Center. $10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377
July 18-21: Pre-Season Flag Football Tournament. Sign up deadline July 12. 270-5451
July 20: Captain's Cup Summer Swing Racquetball Tournament. Sign up deadline July 13. 270-5451
July 22: Outdoor Movies. Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
July 22: 7 Street Band. 9 p.m. Live at Castaways. FREE. 270-7205
July 25: Summer Swim Lesson Session IV Begins. Registration in July 22-23 at the pool from 8-10 a.m. Cost is $40 per child/adult; $35 if child is enrolled in Youth Summer Camp. 270-5101.
July 25: Captain's Cup Intramural Flag Football Begins. Season ends Sept. 27. 270-5452
July 27: All-Hands Seafood Boil. 4-7 p.m. at Foc'sle CPO Club. Cost is $10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by 4th Fleet. For tickets, call MAC Kenneth Ramsey at (904) 270-4087.
July 29: Outdoor Movies. Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
July 31: Christmas in December Family Fun Bowl. 4-7 p.m. at Mayport Bowling Center. Enjoy three hours of bowling and an awesome video laser light show as well as a traditional spaghetti dinner, presents for the kids, free Santa hats and more. 270-5377

Mayport Offers Swim Lessons

Swim Instructor Kendra Cholerton works with the children during their swim lesson. Swim Lesson Registration for Session 4 July 22 & 23 from 8-10 a.m. at base pool. Session 4 runs from July 25 thru Aug. 4.

-Photos courtesy of MWR

Swim Instructor Dorothy Samuels conducts swim instructions for children on their first day of swim lessons. For more information contact Ashley at 904-270-5101.

BOWLING: MORE FUN THAN EVER!
* NATIONAL BOWLING WEEK JULY 30-AUGUST 6 *
* WORLD RECORD DAY - AUGUST 6th * gobowling.com *

All Week... Register for the bowling ball bag and shoe prize drawing! Drawing is at 5 p.m. Saturday, Aug. 6. Limit one registration per person.

CALENDAR OF EVENTS

EVENT	DAY / DATE	TIME
Bowling Bingo Days	Saturday, July 30	9am-11pm
1st Annual Christmas in July Family Fun Night	Sunday, July 31	4 -7 pm
Wheel of Fortune Day	Monday, August 1	10:30am-1pm
Plinko Bowling Day	Tuesday, August 2	10:30am-10pm
Colormania Bowling Day	Wednesday, August 3	10:30am-10pm
CD/DVD Day	Thursday, August 4	10:30am-10pm
Ice Cream Day	Friday, August 5	10:30am-11pm
World Record Day	Saturday, August 6	9am-11pm

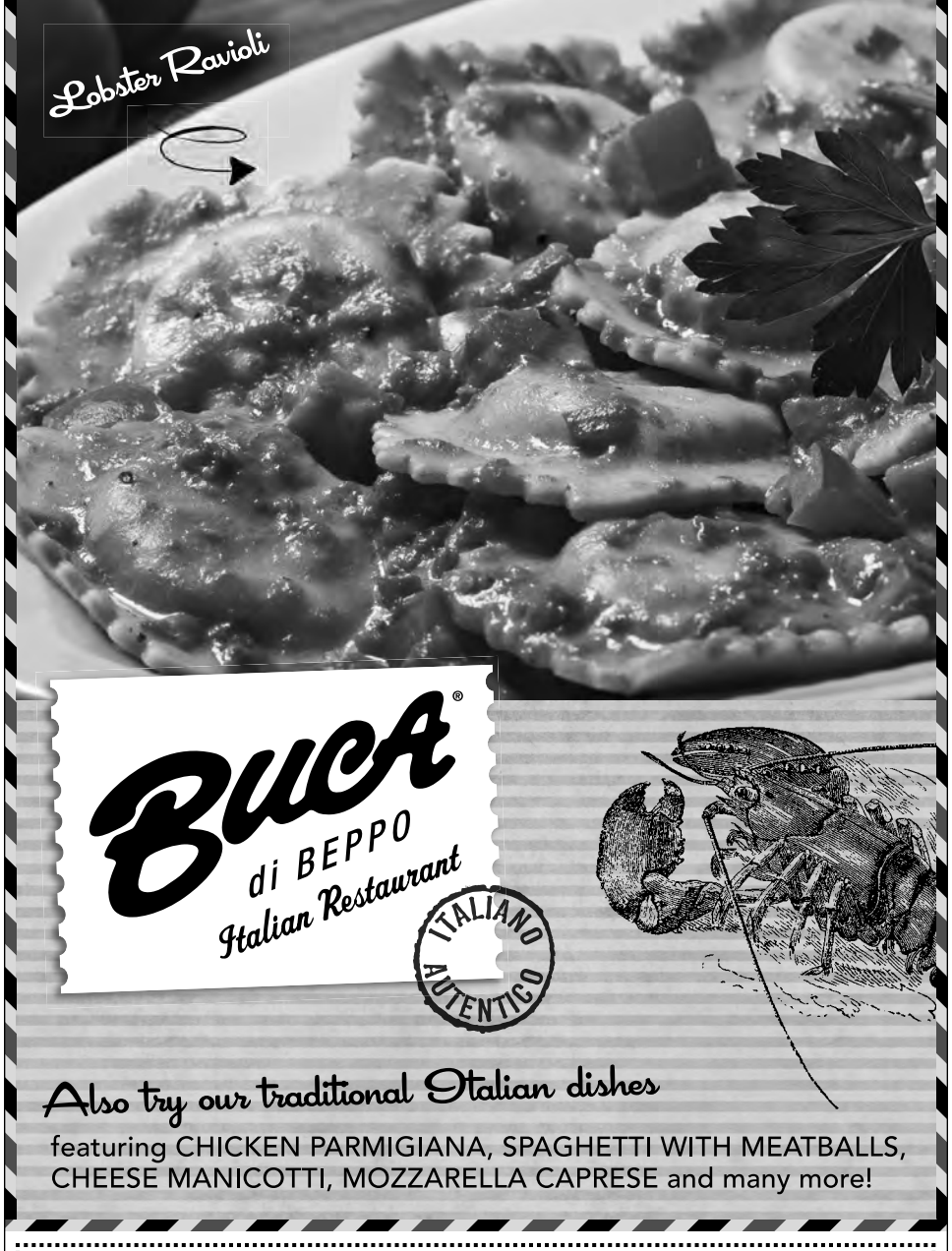
All programs subject to lane availability.

Mayport Bowling Center (904) 270-5377

KID ZONE

July 15: Freedom Friday. 7-11 p.m. at the Youth Center. Cost is $7 advanced sign-up and $9 day of, space permitting. 270-5680
July 15: Outdoor Movies- *Gnomeo & Juliet (G).* Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
July 16: Family Pool Party. 6:30-8:30 pm at the Base Pool. Cost is $2 per person. Child must be accompanied by a parent and/or adult. 270-5680.
July 22: Outdoor Movies. Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
July 25: Summer Swim Lesson Session IV Begins. Registration in July 22-23 at the pool from 8-10 a.m. Cost is $40 per child/adult; $35 if child is enrolled in Youth Summer Camp. 270-5101.
July 29: Outdoor Movies. Film begins at Sunset behind Beachside Community Center. FREE. 270-7205
July 31: Christmas in December Family Fun Bowl. 4-7 p.m. at Mayport Bowling Center. Enjoy three hours of bowling and an awesome video laser light show as well as a traditional spaghetti dinner, presents for the kids, free Santa hats and more. 270-5377

Summer LOBSTER SPECIALS



Buca di BEPPO Italian Restaurant
ITALIANO AUTENTICO

Also try our traditional Italian dishes
featuring CHICKEN PARMIGIANA, SPAGHETTI WITH MEATBALLS, CHEESE MANICOTTI, MOZZARELLA CAPRESE and many more!

$10 off
ANY PURCHASE OF $20 OR MORE
DINE IN ONLY

JACKSONVILLE
10334 Southside Blvd.
904.363.9090
bucadibeppo.com

Buca di BEPPO Italian Restaurant

One coupon per visit per table. Must be presented at time of purchase. Not valid with any other offers or discounts. Unauthorized internet distribution or resale is strictly prohibited. Not refundable or redeemable for cash. Excludes banquet and group menus, tax, alcohol, gratuity and purchase of gift cards. VALID FOR DINE IN ONLY. Expires 8/31/11. LMP$10off
11064000000103

TIRE KINGDOM®
SERVICE • BRAKES • BATTERIES • MORE
For CARS, TRUCKS, VANS & SUV'S! See US first for the LOWEST price and the LARGEST selection!

The All American Tire Sale!

$50 Mail-in Rebate from Cooper with 4 tire buy![1]
$50 Mail-in Rebate with use of your SC Credit Card[2]
$50 Instant Rebate in store when you buy 4 Discoverer LSX or H/T tires![3]

UP TO $150 $AVING$ ON COOPER TIRES FOR YOUR TRUCK OR SUV!*

Plus 10% shop fee based on pre-invoiced retail price, not to exceed $35 • Most vehicles • Not valid with other coupons or discounts • One coupon per customer • Must present coupon • At participating locations. (see store for details)
• EXPIRES: 07-31-11

3 STEPS TO ADD IT UP FOR GREAT $AVINGS ONLY AT MERCHANT'S TIRE!

* 1. Buy a set of four new COOPER® brand Discoverer LSX or Discoverer H/T light truck tires before July 31, 2011 to qualify for the Cooper Tire® $50 Visa® PrePaid Card by mail-in rebate. See store for rebate forms and complete details.
2. Subject to credit approval on new Service Central Credit Card accounts. Make a qualifying Service Central Credit Card purchase of $500 or more before tax to receive a $50 Visa® Prepaid Card via mail-in rebate. See store for rebate forms and complete details. Service Central Credit Card and Visa® Prepaid Card offer ends August 31, 2011.
3. $50 Instant Rebate Coupon is valid on the purchase of a set of four new COOPER® brand Discoverer LSX or Discoverer H/T light truck tires from a participating dealer before July 31, 2011. Must present coupon printed in this ad to redeem $50 Instant Rebate. Not valid with any other in store tire discount or coupon. See store for complete details.

Cooper Discoverer H/T! A 60K mile tire designed for drivers who want ride comfort and all-season traction in a highway touring tire!

Cooper Discoverer LSX! A premier 65K mile tire for trucks, vans and SUV's!

CAR & MINI-VAN

ECONOMY RADIALS — 40,000 mile ltd. warranty — $49.99* — 175/65R14
185/70R14.....47.99
175/70R14.....53.99
CALL 1-800-NEW-TIRE!

MICHELIN HYDROEDGE — 90,000 mile ltd. warranty — $144.99* — 215/60R17
The Most Fuel-Efficient Tire Among Standard Tires in Its Category!

MICHELIN HARMONY — 80,000 mile ltd. warranty — $86.83* — 195/70R14
185/65R14.....83.83
CAN'T FIND YOUR SIZE?
CALL 1-800-NEW-TIRE!

MICHELIN SYMMETRY — 65,000 mile ltd. warranty — $109.99* — 205/65R15
205/70R15.....111.99
215/65R16.....127.99
CALL 1-800-NEW-TIRE!

PERFORMANCE

HP259 — 40,000 mile ltd. warranty — $47.99* — 185/60HR14
185/65HR15.....64.99
195/60HR14.....51.99
CALL 1-800-NEW-TIRE!

MICHELIN PRIMACY MXV4 — 60,000 mile ltd. warranty — $120.99 — 195/60R15
205/65R15.....126.99
195/65R15.....123.99
CALL 1-800-NEW-TIRE!

TRUCK & SUV

GEO-TRAC — 40,000 mile ltd. warranty — $89.99* — 235/75R15
235/70R16.....99.99
245/70R16.....100.99
CALL 1-800-NEW-TIRE!

BFGoodrich Tires LONG TRAIL T/A TOUR — 60,000 mile ltd. warranty — $125.99* — 225/75R16
235/75R15.....120.99
215/70R16.....124.99
CALL 1-800-NEW-TIRE!

YOKOHAMA GEOLANDAR HTS — 60,000 mile ltd. warranty — $152.99* — 215/70R16
235/70R16.....144.99
245/70R16.....155.99
CALL 1-800-NEW-TIRE!

MICHELIN LTX M/S2 — 70,000 mile ltd. warranty — $176.99* — 255/70R16
225/70R16.....177.99
265/70R16.....207.99
CALL 1-800-NEW-TIRE!

$50 VISA® PREPAID CARD
with a qualified purchase on the Service Central Credit Card Account!
Up to $50 Citibank® Visa® Prepaid Card
Via mail-in rebate when you make a qualifying purchase with your Service Central Credit Card. Subject to credit approval. Make a qualifying Service Central credit card purchase (before tax) of: $500 or more to receive a $50 Visa® Prepaid Card or $250-$499 (before tax) to receive a $25 Visa® Prepaid Card. Mail-in offer with rebate form. See store and Visa® Prepaid Card for details. Offer valid through 08/31/2011.

ServiceCentral — Know where to go for auto service
Exclusively at Tire Kingdom, NTB, Merchant's and Big O Tires.

BASIC OIL CHANGE WITH 4 TIRE ROTATION** & 22 POINT INSPECTION!
$17.99 conventional — IT'S THE BEST DEAL IN TOWN!
• Includes up to 6 quarts of conventional motor oil. • Plus $3.00 disposal fee (where permitted) • Most vehicles • Not valid with other offers, promotions, coupons or discounts • One coupon per customer • At participating locations upon presentation of this ad (see store for details) • **TPMS reset additional if needed • EXPIRES: 07-31-11

ASK ABOUT: $20 REWARD CARD
After a purchase of a professionally installed Valvoline Oil Change.
Reward Card offer by mail-in rebate. Good for use on your next visit toward any service.

Jacksonville	10417 Atlantic Blvd.	FL	904 645-3600	Orange Park	238 Blanding Blvd.	FL	904 276-2222
Jacksonville	10211 San Jose Blvd.	FL	904 268-2020	Orange Park	375 Blanding Blvd.	FL	904 272-2977
Jacksonville	5717 W. University Blvd.	FL	904 636-8568	Orange Park	3575 Highway 17	FL	904 541-0210
Jacksonville	5887 Normandy Blvd.	FL	904 786-4650	Ponte Vedra Bch.	880 St. Rd. A1A, Ste 17C	FL	904 543-9161
Jacksonville	11630 San Jose Blvd.	FL	904 268-5004	Fernandina Bch.	1260 S. 8th St.	FL	904 261-3684
Jacksonville	1227 University Blvd N.	FL	904 743-5678	Middleburg	2705 Blanding Blvd.	FL	904 291-6655
Jacksonville	1564 Dunn Ave.	FL	904 751-1111	Neptune Beach	1353 Atlantic Blvd.	FL	904 242 4003
Jacksonville	591 Park St.	FL	904 355-9595	Palatka	813 Reid St.	FL	386 328-9696
Jacksonville	4195 Southside Blvd.	FL	904 645-7007	Yulee	463118 State Rd. 200	FL	904 225-5107
Jacksonville	10755 Phillips Highway	FL	904 262-8848	St. Augustine	2494 U.S. Hwy 1, S.	FL	904 797-2105
Jacksonville	13786 Beach Blvd.	FL	904 223-1412	Waycross	2498 Memorial Dr.	GA	912 338-0148
Jacksonville Bch.	923 S. 3rd St.	FL	904 247-5577	Brunswick	3663 Community Rd.	GA	912 265-7890
Jacksonville Bch.	1300 3rd St.N.	FL	904 246-4843	Brunswick	1504 Gloucester St.	GA	912 267-5100
Orange Park	1003 Blanding Blvd.	FL	904 272-4444	Kingsland	101 Kings Bay Rd.	GA	912 673-7500

tirekingdom.com

* Prices listed are effective at all participating locations upon presentation of this ad. Tire prices do not include local state new tire fee and/or tire disposal fees (see store for details). Tire related products and services are optional if desired. Some tires may be temporarily out of stock. Rain checks available. Please call for availability. No Dealers. No Carry Outs. Plus a 10% shop fee based on pre-invoiced retail price will be added to all service work to cover environmental disposal fees and miscellaneous shop supplies not to exceed $35. Tread design may vary. Sale prices not valid with special orders.
1088116

LIBERTY
CALL

The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by Planet Mayport Single Sailor Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

July 15: Jaguars Football Cheerleaders Visit. 9 am at ITT. Come and meet the Roar and purchase tickets for the 2011 Jaguars Football Season. Section 149 preseason $50; regular season $58. 270-5145
July 15: Surf Contest. 10 a.m. at Sea Otter Pavilion. Sign up deadline July 8. 270-5451
July 15: St. John's Town Center Trip. Van departs 5 p.m. Transportation only. FREE
July 15: Showtime Video Rock & Bowl. 10 p.m. to Midnight every Friday at Mayport Bowling Center. $10 include 2 hours of black light bowling, shoe rental, prizes and dazzling laser light show. 270-5377
July 16: Ice Skating Trip. Van departs 7 p.m. Cost $10
July 17: Wet n' Wild Water Park Trip. Departs from Liberty Center 7 a.m. Cost is $15. Sign up deadline is July 11.
July 18-21: Pre-Season Flag Football Tournament. Sign up deadline July 12. 270-5451
July 20: Pool Tournament Finals. 6 p.m. at the Liberty Center.
July 20: Captain's Cup Summer Swing Racquetball Tournament. Sign up deadline July 13. 270-5451
July 21: Jacksonville Suns Baseball. Van departs Liberty Center at 5:30 p.m. FREE
July 22: 7 Street Band. 9 p.m. Live at Castaways. FREE. 270-7205
July 22: Culhane's Irish Restaurant "Trivia" Dinner Trip. Van departs Liberty Center at 6:30 p.m. Transportation only.
July 23: Daytona Beach Day Trip. Van departs 8:30 a.m. Transportation only. FREE
July 24: Movie Trip. Van Departs Liberty Center 1:30 p.m. Cost $2. Transportation Only.
July 25: Captain's Cup Intramural Flag Football Begins. Season ends Sept. 27. 270-5452
July 27: All-Hands Seafood Boil. 4-7 p.m. at Foc'sle CPO Club. Cost is $10 per person. Purchase tickets in advance; limited tickets available at the door. Sponsored by 4th Fleet. For tickets, call MAC Kenneth Ramsey at (904) 270-4087.
July 28: Joe's Crab Shack Dinner Trip. Van departs Liberty Center at 5 p.m. Transportation only.
July 29: Starlight Movie. 8 p.m. at the Liberty Center.
July 30: Ichetucknee Springs Tubing Day Trip. Van departs 7 a.m. Cost $5
July 31: Jacksonville Axemen Rugby League. Van departs 4 p.m. Cost $5.

Officials Seek Input To Update MWR Services

By Terri Moon Cronk
American Forces Press Service

Defense Department officials intend to use input gained from customer satisfaction surveys to bolster Morale, Welfare and Recreation programs and meet the up-to-date needs of service members and their families, the deputy assistant secretary of defense for military community and family policy said June 20.

Officials are electronically sending 600,000 surveys to military installations worldwide, Robert L. Gordon III said. The survey is the first of its kind to collect input from all components of the U.S. military, including National Guardsmen and reservists, he added.

The survey includes 135 questions that address a range of offerings from fitness centers to libraries, and automotive services to leisure activities.

Officials hope to have survey data returned in about three weeks, Gordon said.

"If [service members] can turn it around quickly, we can soon understand how we're doing and see how we can get better," he said. Sent randomly, the survey takes about 20 minutes to complete, he added, and the answers are kept confidential and anonymous.

"We want to get a sense of exactly what our service members and their families are using [at MWR] so we can tailor it to our multigenerational force," Gordon said.

Recognizing the differences in multigenerational needs is essential to members of the armed forces, he noted.

"The younger service members might use different types of equipment in our fitness centers [than older troops], and library services is another area where our millennial generation - ages 18 to 29 - is more likely to use online service, while others use books," he said.

The MWR survey does not include data from family members since valid contact information was not available for them. Because of this, Gordon emphasized that service members should keep their families in mind when filling out the survey.

"Don't just think about yourself," he said, "Think about your families. It's important because we want to make sure your families have access to the very best services that we can provide them."

Gordon noted the need for survey data. "In our last survey, we were able to pinpoint that our fitness centers were an area of concern for our service members and families, so we focused on that in terms of improvement across the force, and we intend to do the same with this survey.

"If you get it, please fill it out quickly, and know that your opinion counts and will make MWR better for you and your family members," he added. "Quality of life is important to us."

Come out and Meet ROAR Cheerleaders July 15 at 9 am at ITT!

JACKSONVILLE JAGUARS 2011 Ticket Sales

Tickets go on sale Friday, July 15 at ITT

Pre-Season Tickets
Section 149 - $50.00 each
Season Tickets
Section 149- $58.00 each
Section 149 seats are located below the Bud Zone.
First come, first serve.

ITT MWR MAYPORT

For ticket info, call (904) 270-5311.

Mayport Veterinary Clinic
904-270-7004

Open Monday-Thursday 0800-1600
Now Offering Evening Clinic till 1800 on Tuesdays

Providing Wellness and sick call services for pets of Active Duty and Retirees. Our Clinic is now able to offer more services to pets such as weight management, puppy and kitten shots, microchipping, annual blood work, overseas and domestic health certificates, and **managing thyroid, diabetes, allergies, arthritis and skin/ear issues**.

Please come in to fill out registration forms to make an appointment. Registration forms available soon on the Mayport CNIC website.

www.cnic.navy.mil/Mayport/Recration
From the column to the left, click on 'Other'
Then Click on 'Vet Clinic'

A housewarming gift for you:
Bring in this ad for $300 off closing costs.

At Hancock Bank, we're here to help you find the *right* mortgage—and save $300 on closing costs, for a limited time. It's all part of our warm Florida welcome to our new military neighbors. To check rates, get preapproved and apply online, visit hancockbankmortgage.com.

Contact these friendly mortgage professionals to guide you through every step of the lending process:

Baymeadows
Wayne Morgan
904-568-1849

Ponte Vedra
Darlene Rowland
904-543-2514

Hancock Bank®

$300 off closing costs offer available to active duty military personnel with current military ID and is for consumer loans secured by residential family dwellings with a minimum loan amount of $50,000. Closing costs of $300 will be credited to the customer upon the closing of the loan. This offer expires 12/31/11. Subject to loan limits and credit qualification. All loans subject to credit approval. Equal Housing Lender. Member FDIC.

1094186

"No appointment? Yes please!"

Jiffy Lube® is getting a lot of people excited. Because not only will the **Jiffy Lube Signature Service® Oil Change** help keep your vehicle on the road and out of the repair shop, but you never need to make an appointment. Ever! Drive in and we'll change your oil, inspect belts and wiper blades, check and fill multiple vital fluids, vacuum your floors and clean your windshield. It's fast. It's simple.

jiffy lube®
Keep my ride alive!™

We Feature PENNZOIL®

Conveniently Located:

NAS Jax:
1548 Park Ave.
278-8544

NS Mayport:
1067 Atlantic Blvd
249-6927

13560 Atlantic Blvd
221-5778

Jiffy Lube, the Jiffy Lube design mark and Jiffy Lube Signature Service® are registered trademarks of Jiffy Lube International, Inc.
©2011 Jiffy Lube International, Inc. All rights reserved.

$10 OFF
Jiffy Lube Signature Service® Oil Change
With Military ID & this coupon

Visit **jiffylubesoutheast.com** for participating locations. Most vehicles. Up to 5 qts. Not valid with other offers. Coupon must be presented at time of service. Restrictions may apply.
Expires: 07/31/11 Code: JAN10

jiffy lube®
1116160

USS Farragut Conducts Sports Day

By Ensign Stevie Jones II
USS Farragut

USS Farragut conducted its command Sports Day on June 17 as the Chief's Mess, Wardroom, and various ship departments competed in softball, volleyball, and flag football.

The event was held on the base softball fields with a barbeque hosted by the Chief's Mess and Wardroom at a pavilion on the St. Johns River.

Sports Day was filled with high energy and participation within the command.

"It was a good turnout and a great opportunity to get off the ship and build teamwork," said Ensign Kevin Mutai.

The first event of the day was flag football where the Wardroom dominated Engineering Department in a 6-0 win led by the strong arm and swift legs of the Assistant Chief Engineer, Lt. Jeremy McGown.

After a morning of very competitive football games, the teams got a change of pace and venue by competing in a volleyball tournament held in the base gym.

The morning ended with the Wardroom defeating Combat Systems Department in the championship volleyball match.

During lunch, the Chiefs and Officers hosted a barbeque while the crew enjoyed a break from the games to stretch, hydrate, and strategize for the afternoon's contests.

Music and a relaxing breeze from the ocean provided a great atmosphere.

"I am very appreciative of the Chief's Mess and the Wardroom for providing us with lunch, and the food was great," said Operations Specialist 1st Class Shedrick Pritchard.

After lunch, there was one final showdown, a softball game between the Chief's Mess and the Wardroom with bragging rights on the line.

After a hard fought battle and several lead changes, the Chief's Mess defeated the Wardroom 5-4 in the bottom of the 4th inning, with a walk-off blast off the bat of Chief Information Systems Technician Petrowicz.

Yeoman 1st class Andres Reyes, a sly ringer placed on the Chief's team, scored the final run for the Chief's Mess.

"I felt I represented the enlisted community with my performance and I am very satisfied with the victory," Petrowicz noted after his game-winning hit.

Excitement is already building for the next event.

"It's going to keep going and keep growing, so we hope the command continues to support it. You get a day away from work to go out and have some fun, play a little volleyball, football, and softball," said Gas Turbine System Technician Electrical 2nd Class Ronaldo Marquez.

Sports Day was a fun-filled event that successfully brought the crew together for competition and fellowship.

-Photos courtesy of USS Farragut

The Chief's Mess and Wardroom congratulate each other after an exciting softball game.

Chief Cryptologic Technician Buchko and Chief Electronics Technician Garl prepare burgers for the command BBQ during Sports Day.

Information Systems Technician 1st Class Richard and Yeoman 2nd Class Watson compete during a Combat Systems and Executive Department flag football game.

-Photo courtesy of USS Samuel B. Roberts

Sailors from the Sammy B pose in front of Trevi Fountain. From left, Lt. Matt Bayer, Ensign Andy Brown-Hebert, Lt.j.g. Matt Wall, Lt.j.g. Wes Kuehlthau, Lt.j.g. Brian Senko.

USS Samuel B. Roberts Visits Italy

By Lt.j.g. K. Matthew Wall

USS Samuel B. Roberts PAO

On Wednesday USS Samuel B. Roberts departed Naples, Italy after a six day port visit to receive fuel, food stores and some time for the crew to enjoy liberty.

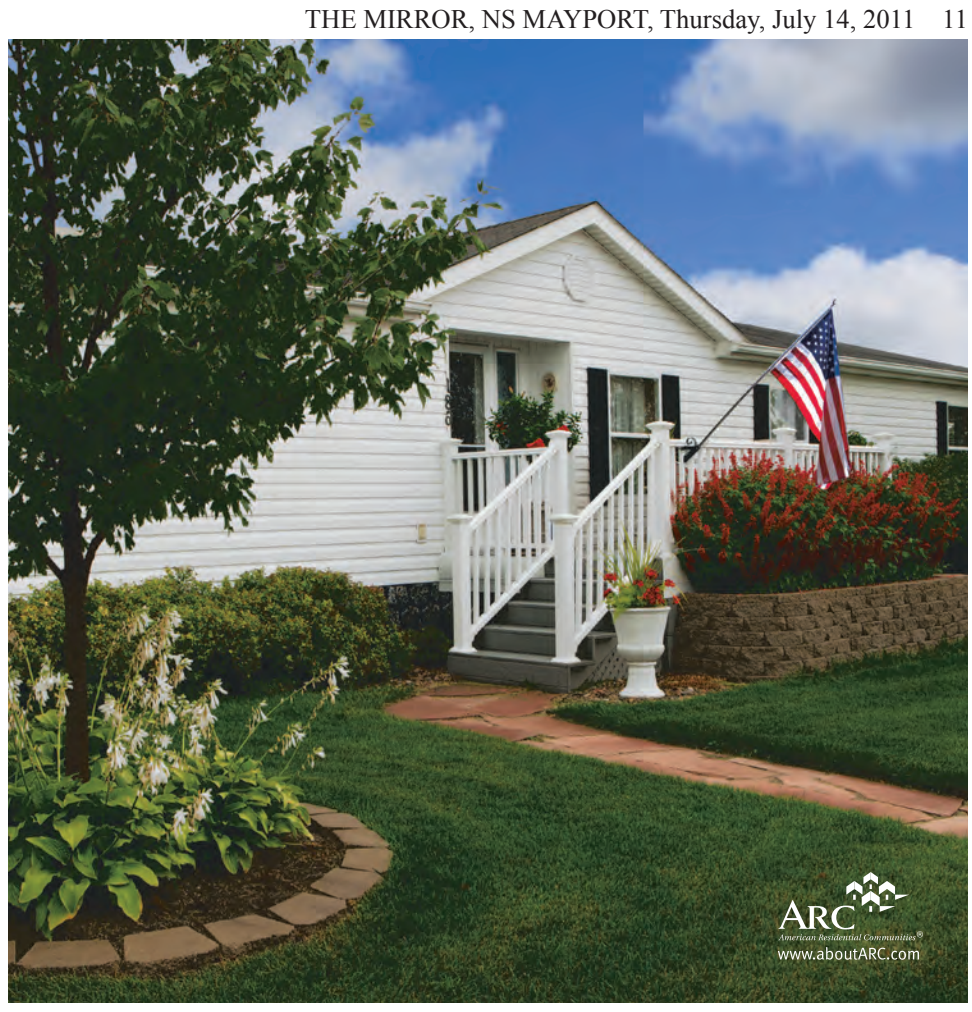
While in port the crew took advantage of many opportunities to see and experience Italy. The ship's MWR offered two affordable guided tours to Rome and Pompeii. The Sailors were able to tour famous locations like Vatican City, the Pantheon, Trevi Fountain, the Colosseum and the ash covered ruins of the ancient city of Pompeii.

Petty Officer Second Class Aldo Ardon said of his trip to Rome, "I enjoyed the Colosseum and eating authentic Italian pizza in the local restaurants."

Lt. Matt Bayer said his favourite moment while in Rome was the Pantheon because of its, "brilliant and genius design to stand the test of 2000 years."

Some Sailors made the hike up the 4,200 foot volcano, Mt. Vesuvius, next to Pompeii. They also toured the ancient city viewing the ruins from the massive volcano eruption of 79 A.D. Chief Petty Officer Robert Turner said, "Mt. Vesuvius was a really nice, enjoyable and steep climb. It had breathtaking views above the clouds." He also stated he enjoyed Pompeii and the most interesting thing was a mosaic sign reading *Beware of Dog* in Latin on an ancient house.

Sammy B is currently deployed on its second cruise to Africa in support of Africa Partnership Station. Africa Partnership Station is a US-led initiative developed by the United States Naval Forces Africa for the purpose of improving and promoting maritime security and stability in the region.



We want to serve you!
Active and retired military will receive
$1,000
off the price of a new home.
Receive an extra $100 for presenting this ad.

Monthly payments from $699 + Pools, playgrounds, lakes, basketball courts, clubhouses and more! = Call Tessie at 888.486.1607

SIX JACKSONVILLE LOCATIONS

PORTSIDE
14001 Beach Blvd.

DEERPOINT
9380 103rd Street

CONNIE JEAN
5570 Connie Jean Rd.

COUNTRYSIDE VILLAGE
10960 Beach Blvd.

MAGNOLIA CIRCLE
7915 103rd Street

ORTEGA VILLAGE
5515 118th Street

Payment and down payment based on sample third-party lending with 240-term and 7.77% APR.

Active and retired military only. Must present military ID to be eligible for discount. Monthly rent payments subject to adjustment. See lease for details. Residency subject to community approval. Prices, promotions, features and incentives subject to change without notice. Home price availability subject to purchaser agreeing to not move the home from the community for a period of time, typically 48 months. Homes sold by ARC Dealership LLC ("ARCD"). Financing may be available from third-party lenders subject to credit approval. APR and other financing terms are examples only. Tax and insurance costs are additional (generally ranging from $40-$100 monthly), and escrows may be required by lender. Actual terms may vary. This is not an offer of financing from ARC, ARCD or any of their affiliates. Offer expires August 31, 2011.

MARINEMAX
Maximizing Your Enjoyment on the Water

The Right Boat, The Right Price, Just In Time.

Join MarineMax at the 2011 Hooters Coastal Angler Magazine Boat Expo July 16 and 17 and get your perfect boat just in time for the event you don't want to miss this year - AquaPalooza, the World's Largest Boating Event. With the largest selection and unbeatable prices, MarineMax has a boat to match your lifestyle. Let us maximize your enjoyment on the water.

Event Location: Hooters at 4521 Southside Boulevard, Jacksonville.

Sea Ray® 330 Sundancer®

Mako 18LTS

Sea Ray® 210 SLX®

Grady-White 255 Freedom

Boston Whaler® 320 Outrage

Boston Whaler® 230 Dauntless

THE WORLD'S LARGEST BOATING EVENT!
AquaPalooza 2011 Sea Ray

Sign up at: www.AquaPalooza.com

Sea Ray · GRADY-WHITE BOATS · MAKO · BOSTON WHALER · MERIDIAN YACHTS

MarineMax Jacksonville
8725 Arlington Expressway • Jacksonville, FL 32211
Phone: (904) 338-9970
www.MarineMax.com • www.Community.MarineMax.com

Commissaries Support Feds Feed Families

To help make donating easier the commissary has placed donation dropoff boxes at the exit.

By Kevin L. Robinson
DeCA public affairs specialist

Commissaries in the United States have joined with other government agencies and organizations to support the 2011 Feds Feed Families food drive campaign, which runs through Aug. 31. Customers who visit their military store will see marked bins near commissary entrances or exits, where they can donate nonperishable food and daily hygiene items.

Defense Commissary Agency facilities are working with their installation commands to be drop-off points for food donations from commissary customers, employees and other government workers that will go to assist charitable organizations such as the base chapel, installation food locker or local food bank. The food drive is coordinated by the U.S. Office of Personnel Management and the Chief Human Capital Council to encourage federal employees to help supplement food banks across the country.

"DeCA is proud to partner with others in our military communities to help support the children and families who are hardest hit by our tough economy," said DeCA Director and CEO Joseph H. Jeu. "Food banks across the nation are struggling to replace the items people depend on to survive, especially during summer months when donations are traditionally lower."

Last year, the food campaign set a goal of raising 1.2 million pounds of food and other essential goods – they eclipsed that by receiving 1.7 million pounds in donations. This year, organizers have raised the bar for a goal of reaching 2 million pounds.

The most-needed items for donation include the following:

Canned vegetables – low sodium, no salt

Canned fruits – in light syrup or its own juices

Canned proteins – tuna, salmon, chicken, peanut butter and beans

Soups – beef stew, chili, chicken noodle, turkey or rice

Condiments – tomato-based sauces, light soy sauce, ketchup, mustard, salad dressing or oils

Snacks – individually packed snacks, crackers, trail mix, dried fruit, granola and cereal bars, pretzels and sandwich crackers

Multigrain cereal

100 percent juice – all sizes, including juice boxes

Grains – brown and white rice, oatmeal, bulgar, quinoa, couscous, pasta and macaroni and cheese

Paper products and household items – paper towels, napkins, cleaning supplies

Hygiene items – diapers, deodorants (men and women), feminine products, toilet paper, tissues, soap, toothpaste and shampoo

The Feds Feed Families campaign grew out of the Serve America Act that created "United We Serve," an initiative that urged Americans to contribute to the nation's economic recovery by helping their communities.

A commissary's participation in this campaign is tied to its local installation's ability to provide the support necessary to pick up and deliver the donated items.

"We hope many installations will be participating in the program and will provide the assistance DeCA needs to facilitate these donations," said Randy Eller, chief of DeCA's grocery/specialty division. "DeCA's workforce and our customers have the potential to make a huge difference in the fight against hunger in the nation through voluntary donations."

Family Dentistry
Adults and Children
EVELYN L. HERRERA, D.M.D., P.A.
"A Navy family serving Military families since 1988"
WELCOMING NEW PATIENTS!
TRICARE PARTICIPANT
• Most Insurance accepted
• We accept Dental Insurance for Active Duty Dependents and Retired Military & Their Dependents
• In front of Mayport NEX Commissary
(904) 249-1302
Pan-Am Plaza Suite 17 • 2292 Mayport Rd. Jacksonville, Florida 32233
Office Hours Tues. - Fri. 8:30 a.m. - 5:30 p.m.
Sat 8:30 - 4:00 p.m.
1036179

CHECK US OUT OUTLINE
WWW.USADISCOUNTERS.NET
HUGE SELECTION OF FURNITURE, ELECTRONICS JEWELRY, TIRES AND RIMS AND MORE!
HD & PLASMA TVS
STATE OF THE ART DESKTOPS & LAPTOPS
THE LATEST IN AFTER-MARKET CUSTOM WHEELS, RIMS AND HI-PERFORMANCE TIRES!
HUGE SELECTION OF JEWELRY AND FURNITURE
RIM SIZE 17" TO 26"
• IMMEDIATE DELIVERY • ALLOTMENTS WELCOME!
YOUR INCREDIBLE CREDIT STORE®
USA DISCOUNTERS
Credit approved in minutes! Apply online or by phone
You are automatically approved for credit if you are military or civil service.
1-866-751-7333
or visit us online at
WWW.USADISCOUNTERS.NET

Lennar's
EVERYTHING UNDER THE SUN
SALES EVENT
This weekend, buy a Lennar home and get an upgraded gourmet kitchen and pedestal frontload washer & dryer. Plus, get special pricing on select homes this weekend only!
Near Naval Station Mayport:
Yellow Bluff Landing
Single-family homes
From the $150s
16315 Hunters Hollow Trail
Jacksonville, FL 32218
Lexington Park
Single-family homes
From the $160s
1398 Azteca Drive
Jacksonville, FL 32218
Wynnfield Lakes
Single-family homes
From the $230s
12333 Hollow Glade Court
Jacksonville, FL 32246
Hillcrest
Townhomes
From the low $100s
3780 Hartsfield Forest Circle
Jacksonville, FL 32277
Benton Lakes
From the mid $200s
Now selling in the Mandarin area
Model coming soon
For more information, call 904.380.0774 or visit LennarJXMP.com.
Lennar. The Home of Everything's Included.® LENNAR
Features vary by community. For details, visit Lennar.com or a Welcome Home Center. Promotional offer valid for a limited time. Lennar reserves the right to make changes or substitutions without notice. Equal Housing Opportunity. Prices, features, and specifications are subject to change without notice. See a Lennar New Home Consultant for details. © 2011 Lennar Corporation. Lennar, the Lennar logo, and Everything's Included are registered service marks of Lennar Corporation and/or its subsidiaries. 7/11
1114526

Rh Negative donors can earn more in our specialty program!
Earn Extra Money & Help Save Lives!
You Could Earn over $200 a Month!
General Requirements for Donating Plasma:
■ 18-65 Years of Age
■ Valid Picture ID
■ Be in Good Health
■ Proof of Social Security Number
■ Proof of Current Residence Postmarked
New donor fees have increased. Earn $100 THIS week!
● 978 Arlington Rd./Suite 11
Jacksonville, FL 32211
(904)805-0381
2141 Loch Rane Blvd.
Orange Park, FL 32073
(904)276-2084
● RH Donor Center
octapharma plasma
1111246

DoD Orders Halt to 'DAT' Enforcement

By Karen Parrish
American Forces Press Service

The Defense Department July 8 issued guidance on the July 6 federal appellate court decision ordering DOD to cease enforcing the so-called "Don't Ask, Don't Tell" law.

In a memorandum for the secretaries of the military departments, Clifford L. Stanley, undersecretary of defense for personnel and readiness, directed the services to comply with the injunction immediately.

"It remains the policy of the Department of Defense not to ask service members or applicants about their sexual orientation, to treat all members with dignity and respect, and to ensure maintenance of good order and discipline. Further, because the injunction is once again in effect, the department will process applications for enlistment or appointment without regard to sexual orientation," the memorandum read, in part.

Further guidance will come as developments warrant, Stanley wrote.

Pentagon spokesman Marine Corps Col. Dave Lapan said lawyers in the Defense and Justice departments are reviewing the court's ruling to determine what actions may follow.

In October, then-Defense Secretary Robert M. Gates directed that any discharges under the law be reviewed and approved by the service secretaries in consultation with the undersecretary of defense for personnel and readiness and the Pentagon's general counsel.

Lapan said four service members have been discharged under the law since October, the most recent of which was effective June 23.

Any possible appeal to the injunction is "still being discussed and looked at," he said.

Meanwhile, Lapan added, work continues on the department's preparation to implement repeal of the law barring openly gay men and women from serving in the nation's armed forces.

DoD Announces Iraq, Afghanistan Campaign Stars

By Donna Miles
American Forces Press Service

Bronze campaign stars are now authorized for service members who have served in Iraq since Sept. 1, 2010, or in Afghanistan since Dec. 1, 2009, Defense Department officials announced today.

The new campaign stars, worn on the Iraq and Afghanistan campaign medals, recognize service during Operation New Dawn in Iraq and the Consolidation III campaign phase in Afghanistan.

Operation New Dawn began Sept. 1, 2010, marking the official end of Operation Iraqi Freedom and U.S. combat operations in Iraq and a new focus on advising, assisting and training Iraqi security forces.

The Consolidation III campaign in Afghanistan began Dec. 1, 2009, the date President Barack Obama committed to sending 30,000 additional troops to Afghanistan with a plan to begin drawing down that force in July.

The services will announce implementing instructions to their members about wear of the new campaign stars.

Service members who have qualified for the ICM and ACM may display a bronze campaign star on their medal for each campaign phase in which they participated. A silver campaign star is issued in lieu of five bronze stars.

Six other campaign phases were previously identified for Iraq, and three in Afghanistan.

In Iraq, they are:

-Liberation of Iraq, March 19 to May 1, 2003;

-Transition of Iraq, May 2, 2003 to June 28, 2004;

-Iraqi Governance, June 29, 2004 to Dec. 15, 2005;

-National Resolution, Dec. 16, 2005 to Jan. 9, 2007;

-Iraqi Surge, Jan. 10, 2007 to Dec. 31, 2008; and

-Iraqi Sovereignty, Jan. 1, 2009 to Aug. 31, 2010.

In Afghanistan, the previously identified campaign phases are:

-Liberation of Afghanistan, Sept. 11 to Nov. 30, 2001;

-Consolidation I, Dec. 1, 2001 to Sept. 30, 2006; and

-Consolidation II, Oct. 1, 2006 to Nov. 30, 2009.

Kings Bay Honda, Kingsland, GA, Exit 3 off I-95.
Toll free: 1-877-885-8686. Mon-Fri. 9-6. Sat. 9-4.
Closed Sunday.
HONDA

*Honda's fuel economy estimates are based on EPA exhaust emission measurement test procedures and are intended for comparison purposes only. Your actual mileage will vary depending on how you ride, how you maintain your vehicle, weather, road conditions, tire pressure, installation of accessories, cargo, rider and passenger weight, and other factors.

OFFER ENDS JUNE 30TH

honda.com MULTI-PURPOSE UTILITY VEHICLES CAN BE HAZARDOUS TO OPERATE. FOR YOUR SAFETY, BE RESPONSIBLE. ALWAYS WEAR A HELMET, EYE PROTECTION AND APPROPRIATE CLOTHING. ALWAYS WEAR YOUR SEAT BELT, AND KEEP THE SIDE NETS AND DOORS CLOSED. AVOID EXCESSIVE SPEEDS, AND BE CAREFUL ON DIFFICULT TERRAIN. ALL MUV DRIVERS SHOULD WATCH THE SAFETY VIDEO "MULTIPURPOSE UTILITY VEHICLES: A GUIDE TO SAFE OPERATION" AND READ THE OWNER'S MANUAL BEFORE OPERATING THE VEHICLE. NEVER DRIVE UNDER THE INFLUENCE OF DRUGS OR ALCOHOL, ON PUBLIC ROADS OR WITH MORE THAN ONE PASSENGER. BIG RED IS ONLY FOR DRIVERS 16 YEARS AND OLDER. DRIVER AND PASSENGER MUST BE TALL ENOUGH FOR SEAT BELT TO FIT PROPERLY AND TO BRACE THEMSELVES WITH BOTH FEET FIRMLY ON THE FLOOR. PASSENGER MUST BE ABLE TO GRASP THE HAND HOLD WITH THE SEAT BELT ON AND BOTH FEET ON THE FLOOR. RESPECT THE ENVIRONMENT WHEN DRIVING. *3.99% Fixed APR financing available for customers who qualify for super preferred credit tier for up to 60 months through Honda Financial Services. Payment example: 60 monthly payments of $18.41 for each $1,000 financed. Finance offer good on new and unregistered Big Red models. Not all buyers may qualify. Higher rates apply for buyers with lower credit ratings. Offer ends 6/30/11. Check with participating Honda Dealers for complete details. Big Red® is a trademark of Honda Motor Co., Ltd. ©2011 American Honda Motor Co., Inc. (04/11) 11-1073

UNITED STATES DEPARTMENT OF COMMERCE
NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION
NOTICE OF SEIZURE AND PROPOSED FORFEITURE

TAKE NOTICE: Case No.:SE1101909FM

On or about April 30, 2011, at or near Mayport, Florida, duly authorized officers seized 1219 pounds of vermilion snapper, 322 pounds of red porgy, 52 pounds of grouper, 27 pounds of amberjack, 6 pounds of scamp, 1 warsaw grouper and 1 black sea bass for violation of the Magnuson-Stevens Fishery Conservation and Management Act, as amended, 16 U.S.C. 1857(1)(A), and implementing regulations at 50 CFR 622.7(s) and/or 50 CFR 622.7(m) from the F/V SEA DOG (U.S. documentation No. 674900). The 1219 pounds of vermillion snapper, 322 pounds of red porgy, 52 pounds of grouper, 27 pounds of amberjack and 6 pounds of scamp, being perishable, were sold for $5,299.05, the proceeds of which are subject to forfeiture to the United States under 16 U.S.C. §1860, and are being held by NOAA.

Notice is hereby given that NOAA is commencing forfeiture proceedings against the above-described property.

Any person claiming any of the above-described property may file a claim to the property up to 35 days after receipt of a personal notice letter from NOAA that all administrative (i.e., civil penalty or permit sanction) and related judicial proceedings (i.e., appeals) are final. All claims must be filed in accordance with 18 U.S.C. ' 983 and 15 C.F.R. 904.504 and shall: 1) identify the specific property being claimed; 2) state the claimant=s interest in such property (and provide customary documentary evidence of such interest if available) and state that the claim is not frivolous; and 3) be made under oath, subject to penalty of perjury. Claims shall be filed with the Office of General Counsel, GCEL/SE, 263 13th Avenue South, Suite 177, St. Petersburg, FL 33701.

If a proper claim is not timely filed, the property will be declared forfeited to the United States and disposed of according to law. If a proper claim is timely filed, the matter will be referred to the U.S. Attorney to institute forfeiture proceedings in a U.S. District Court. The filing of a claim or a forfeiture action in any U.S. District Court will not stay the administrative civil penalty or permit sanction proceedings.

Alternatively, any person claiming any of the above-described property may either file a petition for remission and mitigation of forfeiture with the Office of General Counsel, at the above address, in accordance with 15 C.F.R. ' 904.506, or agree to voluntarily abandon the property by signing and returning A Voluntary Forfeiture by Abandonment of Seized Item form to the Office of General Counsel at the above address.

Karen Antrim Raine
NOAA Office of General Counsel GCEL/SE

1111261

The All New Redesigned 2011 Jeep Grand Cherokee
SAVE Up To $5,000

ALL ACTIVE DUTY AND RETIRED MILITARY BUY THIS YEAR'S HOTTEST VEHICLE ON THE MARKET FOR INVOICE MINUS ALL APPLICABLE INCENTIVES.

MINIVAN MONTH
DODGE

Up To $3,000 OFF MSRP
2011 Jeep Wrangler
Starting At Only $21,988
Every BRAND NEW 2011 Jeep in stock.

Up To $8,000 OFF
Auto, Power Windows, Power Locks, Cruise, Tilt and more
Starting At Only $18,988
Every BRAND NEW 2011 Dodge Ram 1500 in stock.

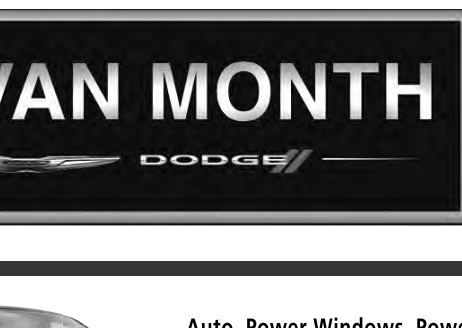
Up To $3,000 OFF
Finally Arrived!
All new inside and out.
Auto pw pl sporty, stylish, and luxurious.
Starting At Only $23,988
Every BRAND NEW 2011 Dodge Charger

Up To $3,000 OFF
30mpg, Plenty of Room, Plenty of get up, we can't wait for you to see the 2011 Caliber
Starting At Only $14,988
Every BRAND NEW 2011 Dodge Caliber in stock.

FREE PIT STOP
Check tire pressure
Top off all Fluids
Check tires for wear
At no cost to you!

OIL CHANGE
$11.25
NOT IN CONJUNCTION WITH ANY OTHER OFFERS OR PREVIOUS PURCHASES. TAX AND SHOP SUPPLIES NOT INCLUDED. EXCLUDES HEMI'S, DIESELS AND SYNTEHTIC OILS.

TIRE ROTATION THURSDAY
$10.00
4 tire rotation only, dual rear wheel extra.



MON-FRI 7AM-7PM SAT 8AM-5PM 904-493-5545

$50.00 Gift Card
Must spend a minimum of $250.00

Have your car repaired at our body shop & receive a $50 Visa Card
9A & BAYMEADOWS

OPEN MON-FRI 7:30 AM - 5:30 PM

All pictures are for illustration purposes only. Dealer retains all rebates and incentives. See dealer for additional details. All offers are valid on in stock units, while supplies last. offers are not in conjunction with any other advertised special, and cannot be combined. All offers are plus tax tag and fees.

1036707

The ultimate

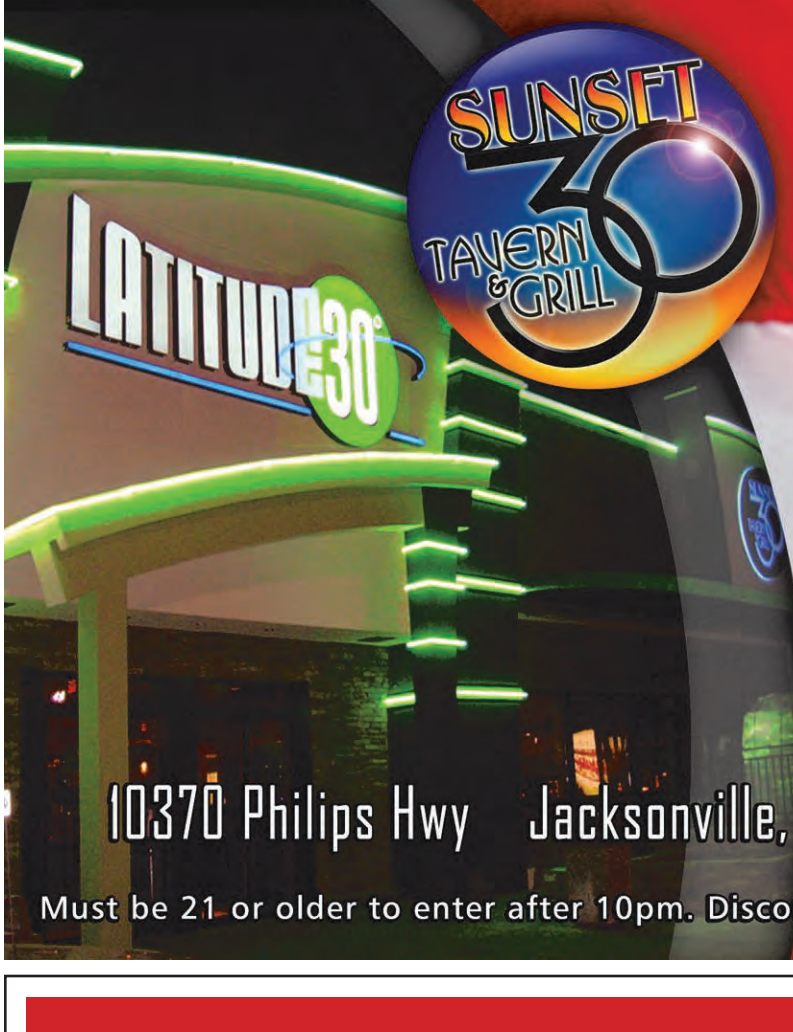
IN PORT DESTINATION!

LATITUDE 30° ONE LOCATION, ENDLESS POSSIBILITIES

Honoring Active Military

with 15% OFF FOOD & BEVERAGE

PLUS FREE $5 Game Card!



- Luxury Bowling
- Sports Theater
- Game Room & Billiards
- Casual Restaurant & Bar
- LIVE Entertainment, Music & Comedy Every Weekend!

Please bring this ad in to redeem your discount.

10370 Philips Hwy Jacksonville, FL 32256 904-365-5555 Latitude-30.com

Must be 21 or older to enter after 10pm. Discounts are for active military with current ID. One game card per person.

MILITARY V.I.P.

Exclusively for qualified veterans and active military personnel

$0 DOWN OPPORTUNITY

Good on Built to Order™ homes at three popular Jacksonville-area communities through the VA loan program.*

Visit one of these KB Home communities for details.

Westland Oaks in West Jacksonville
From the $110s
- 1,224–3,181 sq. ft., 3–6 bedrooms, 2–4 baths
- only 7 miles from the NAS Jax base

From I-95, take I-295 north and exit Blanding Blvd. heading north. Turn left on Collins Rd. and right on Plantation Bay Dr. to community ahead on left. **(904) 778-4149**

OakLeaf Village in Orange Park
From the $90s
- 1,159–1,667 sq. ft., 2–4 bedrooms, 2.5 baths
- only 11 miles from NAS Jax base

From I-295, exit Blanding Blvd. heading south. Turn right on Argyle Forest Blvd. and continue approx. 5 mi. Turn left on Oakleaf Village Pkwy. and continue to community on left. **(904) 406-0349**

Timber Creek in Nassau County
From the $120s
- only 18 miles from Kingsbay base
- 1,224–3,377 sq. ft., 3–6 bedrooms, 2–3.5 baths

From I-95, exit A1A and head west approx. 1 mi. to community on left. **(904) 225-2581**

888-KB-HOMES | kbhome.com

©2011 KB Home (KBH). *Requires buyer to qualify for U.S. Veterans Affairs ("VA") loan program. Requires standard up-front deposits which seller shall credit back to buyer at close of escrow. VA home loan program benefits available only to qualified military personnel and certain spouses through a VA-authorized lender and are subject to individual financial circumstances and credit history, VA funding fee, VA eligibility determination and other charges, restrictions and limitations. Buyers may finance through any lender. Not all homes in these communities will qualify for VA home loans. Buyer must present ad on or before date of signing purchase agreement; sign purchase agreement on a new Built to Order™ KB home at OakLeaf Village, Timber Creek, or Westland Oaks; close escrow in time required under the contract. No substitutions; not transferable, redeemable or exchangeable for cash; cannot be combined with any other offers or a Broker Co-op; and supersedes previous offers. Buyer must sign an owner-occupancy agreement at time of purchase. All public sector employees who are designated employees in their conflict of interest code should consult their agency attorney. Other restrictions and limitations may apply. See Built to Order options and upgrades offered at KB Home Studio. All options/upgrades require additional charges, may require ordering at predetermined stages of construction and are subject to change/discontinuation anytime by KB Home. KB Home is not a custom homebuilder and Built to Order only applies to appliances/options available at KB Home Studio. Exterior photos show upgraded landscaping/options and may not represent communities' lowest-priced homes. Interior photos show upgrades/options that may be purchased at predetermined stages of construction for an additional cost and decorator items/furnishings not available for purchase from KBH. Photo does not depict racial preference. Military images and/or information do not reflect nor imply endorsement by Dept. of Defense or Service Branch. See sales representative for details. CBC1257079 JAX-96123

*Advertised monthly payment and other programs available through MetLife Home Loans, a division of MetLife Bank, N.A., Financing offer may, however, be obtained through any other lender. L0711193239[exp0712][All States][DC]

July 4th On Gettysburg

-Photo by MC3 Betsy Lynn Knapper

Sailors participate in an Independence Day celebration cookout aboard guided-missile cruiser USS Gettysburg (CG 64). Gettysburg is on a regularly scheduled deployment in support of maritime security operations and theater security cooperation efforts in the U.S. 5th Fleet area of responsibility.

Sailors participate in a sit-up competition during an Independence Day celebration aboard guided-missile cruiser USS Gettysburg (CG 64).

RYLAND HOMES

Ryland is honoring all military personnel and their families with special offers. It's our way of saying ...

THANK YOU!

PLUS $1,500 DESIGN CENTER UPGRADES

One Dollar Moves You In

We pay all Closing Costs and Prepaids.

From all of us at Ryland Homes, we'd like to extend this special offer to you with our deepest gratitude. And it's available to active-duty personnel as well as retired military.

Visit one of these communities in the Jacksonville Area:

CLAY COUNTY
Rolling Hills (904) 284-3100
Single-Family Homes from the $170's
Pine Ridge (904) 282-0092
Single-Family Homes from the $130's

DUVAL COUNTY
Villages of Northwoods
(904) 757-7595
Townhomes from the $100's

ST. JOHNS COUNTY
Durbin Crossing
(904) 287-9418
Single-Family Homes from the $160's
Greenleaf Village at Nocatee
(904) 813-2445
Single-Family Homes from the $190's

1109750

RYLAND HOMES®
Live Life. Even Better.®
ryland.com

RJ 1126

In the Jacksonville division, prices, plans and specifications are subject to change without notice. VA promotion of "$1 Moves You In" is available at select communities for a limited time. Promotion may be withdrawn without notice. Promotion available to anyone with VA eligibility (active, reserve or retires). Not all inventory homes may be available for VA promotion. Buyer is required to pay a 1% deposit on purchase price at time of contract. An additional deposit is due on options and upgrades selected at My Style Design Center in an amount set forth in the contract. Buyers receive a $1,500 credit to be used for options and upgrades at My Style Design Center. Interest rate on loan is determined on date of lock based on 0 points and 1% origination. Buyer must make application and meet loan eligibility criteria. Maximum loan amount of $417,000 applies. VA "$1 Moves You In" promotion includes closing cost assistance, which is available only to buyers financing through Ryland Mortgage Company and closing through Ryland Title. Closing cost assistance for this promotion includes 1% origination fee, prepaids and all other customary closing costs. Amount financed will be 100% of total sales price and VA funding fee less. At closing, Ryland Homes will refund to buyer the deposits previously paid less $1. See Ryland Mortgage loan officer for more details. Ryland Mortgage Company is a mortgage lender licensed in Florida and holds Florida MLS license number 0700116, NMLS number 1565 and MLSB number 100000002. VA "$1 Moves You In" plus $1,500 Design Center Upgrades joint promotion may not be combined with any other available offer(s) and promotion(s). Not withstanding the above, all promotions are subject to change or end without notice. Inventory homes are subject to prior sale. Other restrictions and limitations may apply. Photograph is for illustration only. Information believed to be accurate but not warranted. See sales counselor for details. © 2011 The Ryland Group, Inc. Florida (QB11846).

If you want to put your creativity to work, an education at The Art Institute of Jacksonville can help you earn the skills you need to become a creative professional. And if eligible, your military benefits can help make it possible.

CREATIVE PROGRAMS ARE NOW STARTING

Visit our website or call us for details.

ArtInstitutes.edu/Jacksonville • 800.924.1589

The Art Institute of Jacksonville™
A branch of Miami International University of Art & Design

CREATE TOMORROW

8775 Baypine Road
Jacksonville, FL 32256-8528

The Art Institute of Jacksonville is a branch of Miami International University of Art & Design

See AiPrograms.info for program duration, tuition, fees, and other costs, median debt, federal salary data, alumni success, and other important info.

1110020

Out in Town

COMMUNITY CALENDAR

Saturday, July 16

Fleet Reserve Association Branch 290 is hosting dinner from 5 - 8 pm, at the Branch Home at 390 Mayport Rd. The menu will be a Country Buffet. A donation of $8 is requested for each dinner. Carry out orders are accepted. The public is always invited to dinner. Please call 246-6855 for more information.

Sunday, July 17

Fleet Reserve Association, Branch 290, hosts Breakfast from 8 a.m. to noon at the Branch Home, 390 Mayport Rd. Menu items include eggs, steaks, bacon, sausage, grits, hash-browns, biscuits & gravy, pancakes or toast. Omelets are also available. Coffee is included with all meals. A donation of $3 to $6 for a basic four-item breakfast, or $3 for a breakfast sandwich, is requested. Additional side items are available for a donation of $1 to $5. Call the Branch at 246-6855 to have a full menu faxed to you. As always, the public is invited.

Wednesday, July 20

Fleet Reserve Association Branch 290, invites you to participate in its "Wings-N-Things" from 5-8 p.m. at the Branch Home, 390 Mayport Rd. Snacks will be available for donation of $1.50 to $5.

Friday, July 22

Fleet Reserve Association Branch 290 is hosting dinner from 5 - 8 p.m., at the Branch Home at 390 Mayport Rd. The menu will be a Mexican Dinner. A donation of $8 is requested for each dinner. Carry out orders are accepted. Please call 246-6855 for more information.

Saturday, July 23

Fleet Reserve Association Branch 290 is hosting dinner from 5 - 8 pm, at the Branch Home at 390 Mayport Rd. The menu will be Spaghetti with Garlic Bread and salad. A donation of $6 is requested for each dinner. Carry out orders are accepted. The public is always invited to dinner. Please call 246-6855 for more information or to place an order.

Saturday, July 23

Join a park ranger at 2 p.m. for an interpretive program that discusses the various types of bird species that can be found across the natural communities of a barrier island. The program will take place at the multi-use trail pavilion located at the south beach area on Little Talbot Island.

Saturday, July 24

Fleet Reserve Association, Branch 290, hosts Breakfast from 8 a.m. - noon at the Branch Home, 390 Mayport Rd. Menu items include eggs, steaks, bacon, sausage, grits, hash-browns, biscuits & gravy, pancakes or toast. Omelets are also available. Coffee is included with all meals. A donation of $3 to $6 for a basic four-item breakfast, or $3 for a breakfast sandwich, is requested. Additional side items are available for a donation of $1to $5. Call the Branch at 246-6855 to have a full menu faxed to you.

Saturday, July 30

Join a park ranger at 2 p.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. The program will take place at the multi-use trail pavilion located at the south beach area on Little Talbot Island.

Monday Aug. 1-5

Take a plane, hail a cab, or catch the subway to New York City, the setting for Big Apple Adventure! This themed Vacation Bible School will take children on an adventure to "New York City" at New Friendship Missionary Baptist Church, 1996 Mayport Road, Atlantic Beach. Children ages 3 and up are invited to come to Big Apple Adventure Vacation Bible School on Monday-Friday evenings, Aug. 1 -5, 6:30-8:30 p.m. (Dinner at 6PM) at New Friendship. There is no cost for the week. Parents are welcome to stay for adult class. There will be a VBS Sunday Service on Aug. 7 at 10:15 a.m. For more information and to register, visit our website, www.new-friendshipchurch.org or call the church office at 904-246-1426.

FFSC Schedule Geared To Sailors, Families

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 1701. FFSC is located in Building One on Massey.

July 14, 1:30-3 p.m., **Conflict Resolution For Women**, FFSC Room 702

July 14, 9 a.m.-noon, **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds.

July 16, 10a.m.-until **Individual Augmentee (IA) Family Outing,** Adventure Landing

July 16-17, 8:30a.m.-12:30p.m., **FLEET READINESS GROUP TRAINING (FRG) SPOUSES** Building 1 Room 104

July 18-19, 8 a.m.-4:30 p.m., **Ombudsman Basic Training (OBT),** FFSC Room 702

July 18 1-3 p.m., **Starting Your Own Business,** FFSC Room 702

July 19, 9-11 a.m., **Financial Leadership Seminar**, FFSC Room 607

July 19, 9-11 a.m., **Active Parenting Now-Parenting Class,** FFSC Room 719

The program is based on Dr. Michael Popkin, PH.D ACTIVE PARENTING NOW 6 classes. This program is designed to assist you and your family put into practice the skills learned in the class.

July 19, 6-7:30 p.m. **Exceptional Family Member Support Group**, Building 1 Room 104

July 20, 3-4:30 p.m., **Managing Anger Group,** FFSC, Room 702

July 21, 1:30-3 p.m., **Conflict Resolution For Women**, FFSC Room 702

July 21, 9 a.m.-noon, **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds.

July 21, 8 a.m.-noon, **FAP Key Personnel Training**, Building 1 Room 1124

July 21, 10:30 a.m.-12:30p.m., **How To Survive the Holidays Financially**, FFSC Room 719

July 25, 6-8 p.m. **Ombudsman Assembly,** Building 1 Room 104

July 25, 8:30 a.m.-noon **Career and Job Readiness Class**, FFSC Room 702

July 25, 1-3 p.m., **Federal Employment Class**, FFSC Room 702

July 25-28, 8 a.m.-4 p.m., **TAP Separatee Workshop**, Building 1 Room 1616

July 26, 9-11 a.m., **Active Parenting Now-Parenting Class,** FFSC Room 719

The program is based on Dr. Michael Popkin, PH.D ACTIVE PARENTING NOW 6 classes. This program is designed to assist you and your family put into practice the skills learned in the class.

July 27, 3-4:30 p.m., **Managing Anger Group,** FFSC, Room 702

July 28, 9-11 a.m., **Car Buying Strategies,** FFSC Room 719

July 28, 1:30-3 p.m., **Conflict Resolution For Women**, FFSC Room 702

July 28, 9 a.m.-noon, **Tottle Tyme Playgroup**, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds.

FFSC Helps Families With Parenting Issues

By Laura Flood
Staff

Young couples deal with many new stresses and challenges when having their first child. It can be even more stressful for young military couples that maybe stationed away from the support of their family and friends. Naval Station Mayport offers assistance to military families dealing with these complicated issues through the New Parent Support (NPS) program offered through Fleet and Family Support Center (FFSC).

NPS focus is to help military families deal with the commitment of the military and the strains it has on families. NPS wants to protect the children and prevent child abuse in military homes.

"Prevention of child abuse is the main goal of NPS, we are happy to say that there have been no reported case of child abuse in the families that we work with," said Helen Williams, NPS specialists.

The NPS offers different classes specially geared towards military families. They teach a nurturing program designed by Dr. Steven Bavolek and his wife Dr. Juliana Dellincer Bavolek. The doctors designed a program for both civilian and military new parents. The program that NPS uses focuses on issues that a military family might deal with. Military families and children have additional stresses in their lives, this program is designed to help children cope with the deployment of a parent, or being pregnant while your husband is on deployment to just name a few. An NPS specialist will go to the home of that is a "high risk" family to teach the class.

What a "high risk" family is a family that could use a little bit of extra help. Typically the branch medical contacts the the NPS specialists and recommends a family that might be considered a "high risk." An example a "high risk" family could be single parent service member, or a family that has been stationed at NS for 6 months or less, or even a family who is getting ready for a baby and the husband is deployed.

"All of our families that we work with are here voluntarily basis," said Jaye Meyer New Parent Specialist.

Families who have been recommended and have volunteered to have the NPS help them will answer a short thirty question questioner to determine how high risk they are.

The NPS will work with anyone that needs assistance they do not have to be high risk families. The families that are considered high risk are the ones that have the home visits.

"We will not turn any family away, families can always feel free to call and make appointments with us," said Meyer.

A problem that is brought to the attention the NPS specialists often is day care for children. It is common for a family to be stationed to a new place where they know no one and no family is around to help. NPS has created a play group to help mothers expand meet other mothers with young children. TT is every Thursday at the USO on 2560 Mayport Road in Atlantic Beach.

"For a mother that needs help with daycare we tell her to try to expand her network and the play-group is the perfect way to interact with other mothers. It is amazing how they could start talking and realize that they are from the same hometown, or have been stationed in the same base before, and then they could walk away with a new friend," said Williams.

TT is a fun way for children and parents to interact. There will often be guests speakers that come to talk to the parents about issues, from everything from Mary Kay representatives to financial experts. There are also small field trips that parents can take their children on.

"We try to have fun little activities for the moms and their kids to do and we also have little field trips, like we might go to a different park," said Williams.

The NPS also offers classes for new military parents. For first time fathers NPS offers a class that is designed specially for them the fathers. "Expectant Dad's Class" is offered quarterly at the USO on 2560 Mayport Road in Atlantic Beach. This class prepares a man mentally as well as physically for the upcoming challenges of fatherhood. The class looks at the relationship between a man and his father and what attributes of their up bringing they would like to pass on or change.

"It is important that fathers look at their own relationships with their fathers. We feel that if you are raised in an unhealthy upbringing and you don't recognize it, it is typical you will continue that upbringing," said Williams.

For the men who have never changed a diaper in their life this class will also be of assistance to them. The class focuses on the basic of having a new born in house. They cover the differences between changing a boy and a girl newborn, how to swaddle a baby, feed the baby, and many more important everyday tasks that come with a newborn.

Expectant Dad's Class doesn't only focus on the relationship between man and father but also between men and a pregnant woman. Every man is placed in an "empathy belly." An empathy belly is to help men understand what exactly their wife or girlfriend is going through. It is a suite that represents a woman who is nine months pregnant. The soon to be father straps the suite on and does daily tasks that their wife or girlfriend go through.

"Empathy means being put in another persons place, its important for the dads to see how hard it is to roll over or pick something up," said Meyer.

Expectant Dad's is designed to also recognize the dad. It is often in pregnancy that people only focus on the soon to be mother. Fathers are often seen catering to the woman's every desire, and this class is designed to change the attention to the father.

"We don't want the dad to fall to the wayside during the pregnancy," said Meyer.

All the classes that NPS are free and open to all military families. NPS is located in Building 1 on NS. To make an appointment call (904) 270-6600.

Visit us at
GMCOnlineCampus.net
478.387.4950
800.342.0413
JMays@gmc.cc.ga.us
Associate Degrees in
- Homeland Security & Emergency Management
- Criminal Justice
- Computer Information Systems
- Business Administration
- Information Technology
- Paralegal Studies
- General Studies
...and more!
GEORGIA MILITARY COLLEGE ONLINE CAMPUS
EST. 1879

"We Bring The Military Market To You!"

Advertise in the Military Publications
- Reach 74,000 Readers
- Internet Advertising (Included in Rate)
- Military Publications on www.Jacksonville.com which receives 11 million views per month
- Distributed on three Naval Bases and off-site locations
- Published Thursday weekly

Call Advertising Today
904-359-4336

Regional Economic Impact
$7.8 billion/year

Military Publications reach
81% of the military community

Regional Payroll (all 3 bases)
$2.04 billion/year

Military Community
Includes 92,103 Active-Duty, Reserves, Retirees and Contractors

The Navy is the largest employer in Northeast Florida and Southeast Georgia

Working On Base –
50,631
Active-Duty, Reserves, Civilians, Contractors

The Mirror NS Mayport, Florida · Jax Air News · Periscope Kings Bay, Georgia

Published by
The Florida Times-Union

1037045

THE NS MAYPORT, FLORIDA Mirror Classified

PLACE YOUR MILITARY CLASSIFIED AD

BY PHONE 366-6300
Mon. - Thurs. 7:30 a.m. - 6:00 p.m.
Fri. 7:30 a.m. - 5:30 p.m.
TOLL FREE 800-258-4637
BY FAX 904-359-4180

IN PERSON
Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m.-5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

Deadlines

Run date	Call by	Fax by
Thursday	Tue, Noon	Tue, 11 a.m.

Please note: **Fax deadlines are one hour earlier.** Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

CLASSIFIED INDEX

Announcements	Instruction
Auctions	Employment
Real Estate for Sale	Services
Real Estate for Rent	Merchandise
Commercial Real Estate	Pets/Animals
Financial	Transportation

MasterCard VISA AMERICAN EXPRESS DISCOVER NETWORK **904-366-6300**

ONLINE
Classified line ads are online at **jaxairnews.com**
FREE online advertising!
Your Classified in-column ad automatically appears online at **no additional charge.**

Notices

Adoption Where You Select The Parents . Select & meet adoptive parents including updated info. after the birth. Living expenses, medical care, counseling and transportation provided. For more info. contact Jack Gibney at 904-443-7770 or 904-710-4276. All inquiries are kept strictly confidential. Florida Bar #435211

Georgia Real Estate

GLENVILLE GEORGIA
ON HIGHWAY 301S. 41 ACRES OF CULTIVATED LAND & 123 ACRES OF GREAT HUNTING LAND for deer, turkey, hogs, & quail. Call 912-237-0557 for details.

Real Estate Auctions

Bankruptcy Home Auction, Sat, 7/16, noon, at 791 Assisi Pl., Atl. Bch 32233, (Off Mayport Rd.) Unit 1304, Deerfield Lakes, Condo, preview 7/15 11-2 and 1 hr. prior to sale. www.stevemurrayauction.com/auctions. 904-635-0035 or 386-441-5537 Broker

Southside

2959 LANTANA LAKES DR. E.
GREAT LAKE VIEW
NEAR TOWN CENTER
Reduced to $129,900. 3br/2.5br large kitchen, large closets, large garage, spa, tub, screen porch, fenced yd, fireplace, ceiling fans throughout, cathedral ceiling, new roof, community pool. Call 904-237-9270

Arlington

FABULOUS POOL HOME IN MARINER POINT. WOOD & TILE FLOORING. GRANITE KITCHEN C-TOP. LARGE FAMILY ROOM. L/R, D/R, & SUNROOM. BOAT SLIP OPTION IN PRIVATE YACHT CLUB.
4BR/2.5BA 2539 SQ.FT.
$269,000 MLS#570959
CALL 904-565-9225
ANTHONY C. MAROTTA, Realtor®
Magnolia Properties
www.anthonycmarotta.com

Beaches

Bankruptcy Home Auction, Sat, 7/16, noon, at 791 Assisi Pl., Atl. Bch 32233, (Off Mayport Rd.) Unit 1304, Deerfield Lakes, Condo, preview 7/15 11-2 and 1 hr. prior to sale. www.stevemurrayauction.com/auctions. 904-635-0035 or 386-441-5537 Broker

Baker County

Country Living In Baker County 4/2, 2400SF Mobile Home on one acre in Glen St. Mary. Above ground pool with deck, outside work or storage building with awning on side. Beautifully landscaped, located near I-10. $124,900. Call 904-707-5807

Waterfront

MAJESTIC SUNSETS Large riverfront lot, south of Palatka w/ boat ramp access, fixer upper mobile home, screen room, carport, underground utilities, deepwater, $150,000. 386-916-9410

Manufactured Homes

MOBILE HOME FOR SALE ON MAYPORT RD. 3/2 Split floor plan, carport, handicap ramp, 1454sf in Admirals Walk Park. $15,000 Call 904-372-0330

Orange Park 2011 Jacobsen modular. Landscaped Fenced lot. Owner financing $695mo. 904-589-9585

RENT TO OWN
Select Beautiful Manufactured Homes, 3 & 4 Bedrooms
As low as $800 deposit
Call 877-232-1465

Farms/Acreage

10 ACRES
Located in So. GA. near Waycross wooded or cleared some on on dead ends roads very private Owner FinCall 912-285-7516 or 912-288-1939 or www.hbland.com

Apartments Furnished

Westside **Small 1 Br Apts** mostly furn., incls utils, cable $175wk + $500 dep. Call 904-695-1412

Apartments Unfurnished

ARLINGTON ADOBE APTS
Studio $410. 1Br $455. 2Br $655. near Twn &Ctry Shop Ctr 904-745-0450 Clean, convenient & affordable, HURRY

ORANGE PARK - IMMACULATE
2BR/1.5BA, w/d hookups, Sr. discount, no pets, $650/mo. 644-8366

Riverside - 1 Bdrm $425
Westside - 1 Br $450 2 Br $550
$35 App. Fee! 771-1243
$200 OFF 1st Month Rent

WESTSIDE I-295 & 103rd
Nice & quiet 2br/1ba, ch&a, w/d hkup, upstairs & downstairs available. HUD OK. Start at $650mo + $400. sec dep. No pets. Available now. Call Today 904-553-2599

WESTSIDE-
Nice 2BR apt. off 103rd, ch&a, water incld, conv loc. No app fee! Call after 3pm, Specials 262-6021

WESTSIDE/MURRAY HILL
1BR SPECIAL $395.00
$99.00 Security Deposit
904-329-1985

Houses Unfurnished

3br/3ba+ofc; LR/fple, DR, FR, eat-in kit.; indr lndry; 2cgar, 18x20 cov/scrnd patio; fncd byd; EXTRAS. No pets. 14min Mayport base. $1300 mo. ($1250 bank drafted). 904-642-4679 or 708-0534-lv msg

ATLANTIC BEACH conv. to Mayport Lovely 3Br/2Ba townhome fresh paint, new refrig, range, dishwasher, garbage disposal. Two bedrooms downstairs, master up w/large walk in closet. Tile down, new carpet upstairs. Sep. storage shed. Washer dryer hook up. Waterfall in back with small pond & one resident goldfish. Military disount. 904-247-7118

Houses Unfurnished

For rent in Fleming Isd 5 Br/4.5 Ba on private 1 acre lot surrounded by Eagle Harbor. Beautiful 2 stry custom built 3 yr old house.(northside of 220) 3150 sq ft. Designer kit w stnless steal app.$2500. PCS orders. Call Amy-9046543502 or **akelleymt@hotmail.com**

For Rent: 2,348 Sqft home in Yulee, Fl. 4 bedrooms, 3 baths, split bedroom floor plan. 2 walk-in closets for MBR. 1/2 acre fenced in lot, water softener, laundry room located inside the home. 30 minutes to Kings Bay, 50 minutes to NAS JAX, and 45 minutes to Mayport. 1 year lease minimum, $1,650 rent. Requires 1,650 Deposit and 1,650 last months rent. If interested call (904) 335-1326. PCS Orders.

KINGSBAY, GA- 3bd/2ba, tile flrs, jacuzzi MTB, 2cgar, ammenities, pool, tennis, open flpl, S/S appls, 1mi/base, water softner, fncd bckyd Avail 7/15. $1350/m. PCS. 912-674-1281

MAYPORT - 2bd/2ba, W/D, wood flrs, CH/A $700/mo 1139 Mayport Landing Circle. Call 305-668-9516

NORTHSIDE Victoria Lakes 3/2+office, approx 1800sf, $1200/mo + 1st mo/sec deposit. **828-550-2430**

PAXON
2 bedroom unit,
$350 dep, $650/month.
904-716-6609

PCS ORDERS-$975mo. Close to boat ramp, 30min's to NAS Jax. 3/2, 2car, priv. fncd bkyd. Great for small family or single person. 904-616-5055

Nice 3/2 house in Argyle for rent for $900. Freshly painted Great Room with Fireplace,indoor laundry room,ceramic tile flooring with carpet in bedrooms.Close to Mall,Oakleaf, and 10 minutes from Base. Call 757-285-9997. PCS

WESTSIDE- 3br/2 bath w/appliances, 2000sf, 2 car garage, $950/mo. Call 904-600-2683

WESTSIDE RENTALS
1st MONTH FREE RENT
Indian Lakes 2/2 $600
Melissa Ct. 2/2 $675
HUD ok on all properties.
Call Andre Robinson 226-4459
www.westsiderentalproperty.com

Wonderwood/ Mayport area 3/2, 2 car gar, quiet neighborhood, near shopping, 5 mi. from Mayport NS 2000sf, new appl's, eat in kit, tile flrs, priv fenced bk yd. 12367 Gately Oaks Ln. W. 32225. $1,325mo+dep. pet ok w/ dep. Call 352-342-4120

Manufactured Homes

MARIETTA Area 28x80 Fleetwood 2005 4/3, on landscaped 1/2 acre lot, close to schools. Owner fin, low to no down, $495.00/mo. **904-589-9585**

Middleburg 2005 32x80 on 1/2 acre landscaped on paved road Lv room/Den and Fireplace 4/3 a must see at $525.00 a month **904-589-9585**

Rooms to Rent

WESTSIDE - Clean, furnished, lights/cable included, fridge, A/C. Call 904-334-2778 or 860-4852

Commercial/ Industrial For Rent

WAREHOUSE
For Lease 16,500s.f. - 22,800s.f. - 50,000.s.f. up to 114,400.sf for only $2.25/s.f. gross ample truck parking and one (1) acre storage yard. Easton, Sanderson & Co. Realtor 356-2228

Business Opportunities

EARN WHAT YOU ARE WORTH
Earn 500-5000 P/T or F/T. Start your own buinsess with no huge investment.
Become financial free now.
Go to
www.keithelliott.theonlinebuisness.com/goland10.

Education & Training

Private Instruction
Schools
Specialty Training/
Events

Schools

40/hr Class D Sec. Course $89.99 LIC DS1100004 Concealed Weapons Course $29.95 LIC K1000125 **Lock & Load 253-7934**

Medical / Health Care

PHARMACISTS, for our stores in Yulee & other locs in FL. Dispense prescriptions by following standard operating procedures; follow Medication Guidelines for receiving, filling, dispensing, logging, & maintaining loss prevention controls; ensure Wal-Mart policies & Federal & State laws & regulations in all prescription- related issues, incl HIPAA, SOP, & QA, are followed. Bachelor's in Pharmacy or rel. field. State Pharmacist License or ability to obtain. To apply, visit http://www.walmartstores.com/careers, select "Corporate", & apply to Req ID: 23727BR. Wal-Mart is an EOE, AAE.

PHARMACISTS, for our stores in Jacksonville & other locs in FL. Dispense prescriptions by following standard operating procedures; follow Medication Guidelines for receiving, filling, dispensing, logging, & maintaining loss prevention controls; ensure Wal-Mart policies & Federal & State laws & regulations in all prescription- related issues, incl HIPAA, SOP, & QA, are followed. Bachelor's in Pharmacy or rel. field. State Pharmacist License or ability to obtain. To apply, visit http://www.walmartstores.com/careers select "Corporate", & apply to Req ID:21963BR. Wal-Mart is an EOE, AAE.

Visit us at
GMCOnlineCampus.net
478.387.4950
800.342.0413
JMays@gmc.cc.ga.us

Associate Degrees in
- Homeland Security & Emergency Management
- Criminal Justice
- Computer Information Systems
- Business Administration
- Information Technology
- Paralegal Studies
- General Studies

...and more!

EST. 1879 GEORGIA MILITARY COLLEGE ONLINE CAMPUS

Delivery Driver

Route Delivery Driver wanted, class A license, 2 years experience, clean driving record, background and drug screen checked, weekend work possible. Please apply at Reddy Ice, 4761 Edison Ave. Jacksonville, FL 32254.

Sales

EARN $500 A DAY
by selling Final Expense Insurance policies to the ever growing senior market.
- **Same Day Advances**
- **Great Agent Benefits**
- **Proven Lead System**
- **Liberal Underwriting**
- **Exotic Incentive Trips**

LIFE INS. LICENSE REQUIRED.
Call Lincoln Heritage: 1-888-713-6020

AC and Heating

We will beat any written estimate on new systems & repairs by 10%. 904-588-5222 bestjaxac.com~CAC1814887

Child Care

HOME DAY CARE Airport area. M-F 7a-5p. First Aide. Meals provided. Dawn 904-751-9149

Child Care O.P. High School area. M-F 5am-6pm. CPR, First Aide, USDA Food pro. Lic#F04CL0014. Kari 904-955-1965

Antiques

DESK - classic executive walnut desk. 72inx40in. All dove-tail construction. $2500 OBO. **904-718-4347** John

Appliances

G Profile. Side-by-side refrigerator. White. 31 cubic feet. Good cond, very clean. W/ice maker & water filter. 904-994-6450

Appliances

GE space-maker. Over the Range Microwave, with turn table. White. Works great. $150. Call: 904-994-6450

Appliances, buy, sell, trade & repair W/Ds, Refrigs., stove, $65-up wrnty. Mon- Sun 9-7. Delivery 904-695-1412

Gas Grill. Weber E320 "Genesis," with side burner. Assembled, never use. Paid $650. Sell for $525. 268-2482

G.E. Refridge w/ice dispenser $100. Matching dishwasher $50. Electric Range $20. 904-292-9274

Arts and Crafts

PUC Qilt frame w/pair of angler legs $50. Call 904-221-2114

Estate Sales

B Langston's Presents Queens Harbour Area Jewelry, art, tools, furn, craft suppls. 234 Melissa Ray Dr. E. off Joeandy Rd Thur/Fri/Sat 9-4. www.blangston.com

Furniture / Household

All New Mattess Sets Queen $120 ~Full $110 ~Twin $100~ King $200 Can Deliver Call 727-271-7524

ALMOST NEW 6 Piece Cherry Bed Set, Delivery Avail. $295 727-271-7524

COUCH and LOVESEAT NEW CAN Deliver $350 727-271-7524

Crib for life to full size. Bed, twin mattress, dresser, pine color, $400 for all. 693-2574/868-4644

DINETTE + 4CHAIRS NEW CAN DELIVER $275 727-271-7524

I have Free Moving Boxes and Moving Paper, Season 1 of SCI for 10.00 And Children's Toys for .25cents a piece Please call 505-352-4558 if you're interested.

LEATHER CHAIR-Great Distinction brown large with ottoman. Sold new for $2000. Will sell for $650. Excellent condition. 573-9344 or 762-5998.

Love Seat- Beautiful Fairfield Traditional Love Seat with decorative throw pillows. Needle point floral design on front in coral and beige. Excellent condition. Ideal for professional office or home. $600. 573-9344 or 762-5998.

Mocha Queen size Sofa Sleeper with matching chair. Less than 1 year old. Asking $499.00 for both. Kingsland, GA. Contact Dave @ 757-395-7026

MOVING: Ivy League contemp. sleigh bedrm set. Honey. Pd $1600. Asking $800obo. Exc. cond. 904-583-2307/904-583-2251. CASH.

Queen size oak platform bed with headboard $500. 904-215-3608

Pro 220 weight set, weights steel, bench $125. Oak tbl, 5 chrs. Moving must sell 904-583-2251. $350.00obo.

Garage Sale

WESTSIDE - WHISPER GLEN
2nd WGHA Community Yard Sale.
Friday 7/16, 8am-12N.
off Old Middleburg Rd.

Garden / Lawn

FILL DIRT AND SAND CHEAP!!!
Call David at: 416-645 9

Jewelry / Watches

High quality Ladies Engagement Ring 1ct. Marquise center stone +.21 cts. Addt'l diamonds appraised $7200. Sell $2600. 904-220-9276

Machinery and Tools

INSIDE LIFT.
1 Pride Silver Star Backpacker Plus Inside Lift $1,000. Ph. 904-215-4778

Misc. Merchandise

DIABETIC TEST STRIPS needed. Call Mike (904)712-9015

FILL DIRT AND SAND CHEAP !!!
Call DAVID : 416-6459

Large Stainless Steel Round Bird Cage - In good condition. $150.00. 573-9344 or 762-5998.

Trunk. Large, flat top, very old, but in solid cond., wheels added, great for storage. $35. 268-2482

4 low profile rims/tires for 325 series BMW. $100 Call 912-467-8550

Kobalt brand tool box for compact truck not double cabs. No drill mount sys. $100. 282-4244

Bed frame. Metal, queen size with glide legs. Easy to assemble. $20. 904-268-2482

Ladder Jack set $100. Wood Lathe w/stand $175. 5th Wheel hitch $400. Leather cycle jacket 4 for $40. 904-786-9651

Sporting Goods

Bauer F3 Fitness Rollerblade in-line skates, mens sz 8, womens sz 10, good cond., $50. 904-508-2163

(2) GO-KART'S FOR SALE - 2010 150cc - Brand new 2 seater, never used, fully tuned, ready to go, $1100.
2010, 150cc, 2 seater, eng. has less than 24hrs, fully tuned $1300.
Or Best Offer. Must see & drive.
Must sell-Call Now! 904-849-7694

60lb. Compound Bow w/over draw & Bow case w/extra arrows & Quiver $200. Call 904-221-2114

Jacksonville's BIGGEST GUN SHOW
JAX FAIRGROUNDS
July 16th & July 17th
Sat. 9-5pm. Sun. 10-5pm.
FREE PARKING INFO 407-275-7233
floridagunshows.com

SC DEER HUNTING
Best Low Country Deer Hunting available. Edisto Farms Hunt Club Call (803) 793-7300 leave message

Schwinn Suburban 10spd bicycle. 1960's rideable as is. Needs restoration. $225. Bob 904-945-9539

HOME FINDER REALTY
241-5501
RENTALS AVAILABLE

BEACHES
ACQUATIC GARDENS- 2/2 $ avail 7/6 **$795month**
NORTHPOINT- 2/1 apt. avail now- **$550.00/month**

JACKSONVILLE
ARLINGWOOD- 4/2 (pool), avail 8/20--**$1200.00/month**
LOVEGROVE ACRES- 4/2.5, 2 car gar, lawn service included, avail 8/20 **--$1430.00/month**
LAKEWOOD- 3/1.5, very nice, 1470sf, avail 7/1-**$1095/month**
HUNTER'S GREEN- 3/2 avail 8/15 **$1295/month**

MANY MORE HOMES AVAILABLE
JUST CALL US AT 241-5501
www.hfrjax.com
2292 Mayport Rd, Suite 1 (Near NEX)

FREE • FREE • FREE • FREE • FREE • FREE • FREE • FREE • FREE • FREE • FREE

Navy Classified Ads

THE FLEET MARKET

ADVERTISING RULES

Please fill out this form in black or blue ink.

DEADLINES

THE MIRROR

Noon Friday

Rank/Grade:_____ **Work Phone#**_____ **Organization:** _____ **Date Submitted:**_____

Name(please print):_____ **Signature:**_____

1. Free advertising in the Fleet Market is restricted to active duty and retired military personnel (or their dependents) and civilian employees assigned to the Mayport Naval Station.
2. Advertising in the Fleet Market is a free service provided by the publisher to help qualified personnel dispose of unwanted personal articles. **Service ads such as sharing rides to work or on leave, announcing lost and found items, and garage sales will be accepted. ADS PERTAINING TO GUN SALES WILL NOT BE ACCEPTED. ANIMAL OR PET ADS WILL ONLY BE ACCEPTED IF THE ANIMALS ARE OFFERED FREE. CHILD CARE PROVIDERS CANNOT DISCRIMINATE. REAL ESTATE ADS WILL BE LIMITED TO ANNOUNCEMENT OF HOMES FOR SALE OR RENT BY QUALIFIED INDIVIDUALS WITH PERMANENT CHANGE OF STATION (PCS) OR "OFFICIALLY REASSIGNED" ORDERS. REAL ESTATE ADS MUST CONTAIN ONE OF THOSE STATEMENTS IN THE BODY OF THE AD– OTHERWISE THEY WILL BE BILLED.**
3. All information requested must be included and readable. All ads should be written independent of other information contained on this form.
4. Ads received after the above time will run in the following week's issue.
5. Completed forms should be delivered or mailed to the Fleet Market, Bldg. 3. Box 280032, Mayport Naval Station, Mayport, FL 32228-0032, or to The Mirror, One Riverside Avenue, Jacksonville, FL 32202
6. Ads appearing to be in the promotion of a business or which do not meet the above requirements will be billed. The publisher reserves the right to omit any or all ads.
7. Additional readership in other publications can be arranged for a nominal fee by calling 1-800-258-4637 (toll free), or enclosing your phone number.
8. Faxed ads will be accepted at 904-366-6230, however, they must be completed on an original form.

Select the number of weeks ad is to run: ❑ 1 wk ❑ 2 wks ❑ 3 wks ❑ 4 wks

To renew your ad after the allotted time, you must re-submit your ad to The Mirror. NOTE: (1) This form must be clipped (not torn) along the outside border. (2) No more than one word (or abbreviation for one word) per block. (3) Only two free ads per family, per week. (4) Select the category for the ad by referring to the Classified Index.

Category: _____

THE NS MAYPORT, FLORIDA Mirror
One Riverside Avenue, Jacksonville FL 32202

FREE • FREE • FREE • FREE • FREE • FREE • FREE • FREE • FREE • FREE • FREE

Pets & Animals

Adopt a Pet
Pets & Supplies
Livestock & Supplies
Animals Wanted

Pets and Supplies

DACHSHUND (minis) 3 Male, 2 Female Red, black & tan, rare creams 8 wks old $350. 352-283-9503

Dachshunds CKC, Cute, 1F/5M Red S/WH, Shots, $250.00 904-514-6704

Dachshunds CKC, Cute, 1F/5M Red S/WH, Shots, De wormed 904-514-6704

English bulldog 13w CKC robyn.comeau@gmail.com 314-7048

LAB AKC PUPPIES, Blockheads, Black (2M, 1F) 904-201-0731

Lab Pups, AKC, champline, ready 8/7, $600, deposits 904-219-8358

Labrador Pups, chocolate, yellow, calm, champion pedigree, blocky heads. www.quailmeadowlabs.com $1000-$1200. Call 352-362-7171

Olde English Bulldog Pups 8W $1500. registered 904-314-7048

Pure Border Collies Unregistered 6 males & 5 females born 5/22 $250 each. Call 904-716-2700

Rat Terrier Pups adorable, many colors, health cert $300. 352-495-2828

Free Cat has been spayed and declawed, gray in color. Good with dogs, cats and kids. 912-882-3257/757-597-4300

Free Beagle to good, gentle home: 7 yrs old, 30lb, potty trained, obeys basic commands, gd w/other animals & kids, submissive. Full medical record, loved her whole life, shots up to date. Loves playing fetch, walking, sleeping next to you. No bad behavior problems, only the usual annoying beagle characteristics. Moving overseas on orders & need to place her ASAP. 360-320-7142

Wheaten Terrier Pups/ACA $800./ 904-568-7543 / zawood7@gmail.com

Pets and Supplies

YORKIES AKC: POP, HC, shots, wormed. Pictures avail. on request. 3 males $800 ea. /2 females $900 ea. Cash Only. NO SHIPPING 904-860-5516

Transportation

Aviation
Boats
Sailboats
Boat Dockage & Rentals
Marine Equipment & Supplies
RV Rentals
RV's & Suppliers
Motorcycles & Mini Bikes
Auto Brokers
Auto Parts
Antiques/Classics
Automobiles
Trucks/Trailers/SUVs
Vans/Buses
$2000 or Less
Commercial Vehicles
Misc. Auto
Autos/Trucks Wanted
Auto Rent/Lease

Boats

'97 SeaSport 20' Center Console 140hp Suzuki outboard Bimini top, ready to fish, many extras. $9k. 904-215-3608

RVs and Supplies

1988 Class C Escaper with 8-ft boat 3HP motor. Boat carried on back. Take to Key West winters 585-766-5013

RVs and Supplies

2000 King of the Road 5th Wheel, 29ft., 2 slides, generator $8800 obo. Good cond. 407-414-5417

2005 SOUTHWIND 37' - 15K miles 3 slides, gas engine, auto awnings excel cond. $69,500. 904-287-8872

Motorcycles/Mini Bikes

2005 Custom Chrome Nemesis. Less than 6700mi's. Email: hansenkevin@bellsouth.net or call 904-451-7069. Pix avl. $6900

Automobiles

CHRYSLER 300M 1999 120,000 miles. Power Everything! $3,500.00 or b/o 904-849-7073

HONDA CIVIC '06 4dr sedan LX, loaded, exc cond, engine replaced under warr at 60k mi, currently at 180k mi, $10,500 904-401-3401

Jeep Cherokee Sport 95 4x4; 4.0ll; Standard; White; 35,989om; $3k; Email: jax95jeep@gmail.com

Mazda 6 2004 FOR SALE. Standard /4door, 116,000m. Asking $6,000. Contact: Paul, 885-2205.

'05 Nissan Sentra, low mi's, very good cond., 904-571-2990

'97 Nissan 200 SX 106k mi's, cold A/C, CD plyr, sunroof, PW, PL, runs great $2500. 912-673-1719

'03 CHEVY MALIBU Only 66K mi's, beaut. cond. Silver 4 dr, all pwr $5500 cash. 904-285-9982

'98 HONDA CIVIC runs great, lded, sunroof, complete new A/C sys, great gas mileage. $3000. 904-536-5386

'00 HYUNDAI SONATA 82k, runs & looks great, fully lded, 4cyl, great gas mileage. $3500. 904-536-5386

Volvo S60R `06 Exc Cond., 4wd/awd, AT or manual option, 300hp TBC eng., safety options, sunroof, dark blue w/tan leather, 4 new Runflat tires, 58,945mi. $21,500. 305-710-7785

Trucks / Trailers / SUVs

'94 Ford Ranger ext cab. 3.0L V6, AT, PS, PB, $2000obo. 904-509-1530

Ford F-150. 1996 - 237K miles. Air-conditioner. 5 speed. Bed liner, toolbox. $2,500. Call 904-396-7954.

'97 Jeep Grand Cherokee, 4wd, blue lthr inter., good body, motor & trans, needs alternator. $2000. 912-729-6230

'03 Dodge 1500, 4.7Lt, Quad Cab, Auto, Cold AC, PW, PL, AM/FM/CD, BedLiner, Tow Package, New Tires with less than 5,000 miles, 152,000 miles. Kellie Blue book is 6700.00. Asking 6500.00 OBO. Tracey 904-554-6469.

TOYOTA HIGHLANDER 2004 A GEM of a vehicle with only 27,350 miles! $18,500. V-6 3.3 Liter Engine. (904)797-6201.

Toyota Tundra '00 Red, 65k mi, 4WD, TRD pkg, ext cab, bedliner, rebuilt title, $7,000 FSBO. 904-247-7077

Vans / Buses

Chrysler Wheelchair Van Town & Country -
Wheelchair ramp;
Wheelchair tie downs;
10in lowered floor.
Call Shawn 727-492-1630

Start Your New Career Today as a
PHARMACY TECHNICIAN
For Assistance Call Now!
888-415-5833

The University of Florida is now offering a unique Career Training Program:

PHARMACY TECHNICIAN
Online Course: $2,795

Online courses can be accessed from anywhere with internet access

(Uses Same Curriculum as UF Live Class)

Includes an Externship at a local Pharmacy

ENROLLMENT IS LIMITED! SO CALL NOW!

Loan application assistance and placement services available

UF College of Pharmacy UNIVERSITY of FLORIDA

Call today to find out more and enroll
888-415-5833
For additional program details, visit www.UFpharm.org

The Times-Union **drive**

DEALER DIRECTORY

TO LIST YOUR DEALERSHIP, PLEASE CALL 904-359-4193

BUICK
KEY BUICK-GMC
4660 Southside Blvd. 642-6060
NIMNICHT BUICK-GMC
11503 Phillips Hwy 685-8820

CADILLAC
CADILLAC-SAAB OF ORANGE PARK
7999 Blanding Blvd. 778-7700
www.cadillacoforangepark.com
CLAUDE NOLAN CADILLAC
4700 Southside Blvd. 642-5111
www.claudenolan.com

CHEVROLET
NIMNICHT CHEVY
1550 Cassat Ave.
904-647-4220
www.nimnichtchevy.com
JERRY HAMM CHEV
3494 Philips Hwy. 398-3036
www.jerryhamm.com

CHRYSLER
ATLANTIC CHRYSLER
www.atlanticjeep.com
2330 US1 South 354-4421
JACKSONVILLE CHRYSLER JEEP DODGE
9A & BAYMEADOWS. 493-0000
RICK KEFFER
I-95 Exit 373, Fern Bch.
1-800-228-7454
www.rickkeffer.com
ORANGE PARK CHRYSLER JEEP DODGE
7233 Blanding Blvd. 777-5500
www.orangeparkdodge.com

DODGE
ATLANTIC DODGE
www.atlanticjeep.com
2330 US1 South 354-4421
JACKSONVILLE CHRYSLER JEEP DODGE
9A & Baymeadows 493-0000
ORANGE PARK CHRYSLER JEEP DODGE
7233 Blanding Blvd. 777-5500
www.orangeparkdodge.com
RICK KEFFER
I-95 Exit 373, Fern Bch.
1-800-228-7454
www.rickkeffer.com

FORD
PAUL CLARK FORD-MERCURY
I-95 N. Exit 129 (Yulee)
225-3673
MIKE SHAD FORD
At The Avenues
10720 Philips Hwy.
904-292-3325
MIKE DAVIDSON FORD AT REGENCY
9650 Atlantic Blvd. 725-3060
MIKE SHAD FORD OF ORANGE PARK
7700 Blanding Blvd. 777-3673

GMC TRUCKS
NIMNICHT GMC
11503 Phillips Hwy 685-8820

HONDA
DUVAL HONDA
1325 Cassat Ave. 899-1900
LOU SOBH HONDA OF THE AVENUES
11333 Phillips Hwy. 370-1300

HYUNDAI
KEY HYUNDAI
4660 Southside Blvd. 642-6060

INFINITI
ATLANTIC INFINITI
10980 Atlantic Blvd. 642-0200

JEEP
ATLANTIC JEEP
www.atlanticjeep.com
2330 US 1 South 354-4421
JACKSONVILLE CHRYSLER JEEP DODGE
9A & BAYMEADOWS. 493-0000
RICK KEFFER
I-95 Exit 373, Fern Bch.
1-800-228-7454
www.rickkeffer.com
ORANGE PARK CHRYSLER JEEP DODGE
7233 Blanding Blvd. 777-5500
www.orangeparkdodge.com

KIA
KIA OF ORANGE PARK
6373 Blanding Blvd.
771-6078

LINCOLN
NORTH FLORIDA LINCOLN
4620 Southside Blvd.
642-4100
MIKE SHAD FORD LINCOLN
7700 Blanding Blvd. 777-3673

SAAB
SAAB OF ORANGE PARK
7999 Blanding Blvd. 302-5373
www.saaboforangepark.com

TOYOTA
KEITH PIERSON TOYOTA
6501 Youngerman Circle.
771-9100
ERNIE PALMER TOYOTA
1310 Cassat Ave. 389-4561

VOLKSWAGEN
O'STEEN VOLKSWAGEN
VISIT OSTEENVW.COM TODAY!
904-322-5100
TOM BUSH VOLKSWAGEN
VISIT TOMBUSHVW.COM
904-725-0911

VOLVO
O'STEEN VOLVO
www.osteenvolvo.com
396-5486

PRE-OWNED VEHICLES
AUTO LINE
A Family owned Business
autolinepreowned.com
2126 Mayport Rd., Atlantic Beach
904-242-8000

PRE-OWNED VEHICLES
AUTOS BEACH BLVD. AUTOMOTIVE
Family Owned Since 1967
beachblvdautomotive.com
6833 Beach Blvd.
724-3511

DARCARS WESTSIDE PRE-OWNED SUPERSTORE
1672 Cassat Ave.
904-384-6561
www.westsidedodge.net

O'STEEN VW CERTIFIED PRE-OWNED CENTER
VISIT OSTEENVW.COM TODAY!
904-322-5100

WORLD IMPORTS CERTIFIED PRE-OWNED AUTO CENTER
www.worldimportsusa.com
11650 BEACH BLVD.
998-9992

SUPPORT YOUR LOCAL DEALERSHIPS BY SHOPPING LOCALLY. READ DRIVE EVERY SATURDAY IN THE TIMES-UNION OR GO TO DRIVE.JACKSONVILLE.COM FOR GREAT LOCAL DEALS. LET'S SHOP LOCAL!

1109638

The 3 Series doesn't just break the mold, it smashes it into a million pieces.

BMW 2011
328i Sedan
bmwusa.com
1-800-334-4BMW
The Ultimate Driving Machine

No Money Required

Lease It Or Own It

The All New 2011 BMW 328i Sedan

$469 Per Mo.*

Sweeping contours, a revolutionary valvetronic system for greater fuel efficiency and BMW's xDrive intelligent all-wheel-drive system

0.9% APR Available on select BMW Models*

MSRP $38,125

Automatic, Premium Package, Leather, Cruise Control, Bluetooth, and More

$0 Maintenance Costs 4 Years/50,000 Miles

Tom Bush BMW Orange Park

"You Have a Friend in The Business"

777-2500
6914 Blanding Blvd.
www.opbmw.com
Sales: 9am-8pm Mon.-Fri. • Sat. 9am-7pm • Closed Sun.
Service/Parts: 7am-7pm Mon.-Fri. • Closed Sat./Sun.

*Financing provided by BMW of North America, LLC and only applies to specific new 2011 BMW Models leased or financed through BMWFinance Services through July 31, 2011 W.A.C. 2011 BMW 328i Sedan monthly lease payment of $469 for 27 months based on MSRP $38,125. Purchase Option at lease end for $28,212.50. $469 first month payment. $0 Down Payment, $0 Security Deposit. $469 Cash due at signing. Vehicle may need to be ordered. Total lease paymentsare$12,663. Purchase payment $469 at 2.9% for 60 months based on MSRP $38,125. Final Select Payment $13,343.75 due at end of term. 0.9% on Select BMW vehicles. Total amount financed excludes $725 Acquisition Fee, tax, license and registration fee. Program available to qualified customers and not every one will qualify. Subject to credit approval. See participating dealer for details. Dealer contribution may affect terms. Lessee must cover insurance and all items not covered under the BMW Maintenance Program. At Lease end, lessee will beliable for disposition fee (350.00), any excess wear and use asset forth in the lease agreement and excess mileage charges of $.20 per mile for miles driven in excess of 10,000 miles peryear. Lessee acquires no ownership interest unless purchase option is exercised. See participating BMW centers for details and vehicle availability. For more information call 1-800-334-4269. Special lease rates and pricing may not be reflected throughout www.bmwusa.com. All figures presented are estimates only. Actual selling price may vary. Please see your BMW center for details. Ultimate Service covers all factory recommended maintenance on all new vehicles as determined by the Service Level Indicator, for 4 years or 50,000 miles, whichever comes first. Exclusions may apply. See the Service and Warranty information booklet for more details and specific terms, conditions and limitations. ©2011BMW of North America, LLC. The BMW name, model names and logo are registered trademarks. Not Responsible for typographical errors. Art for illustration purposes only.

Get the Best Rest with a Mattress from Beds Beds Beds

What Do We Sell?

At BEDS BEDS BEDS we carry Famous Name Brands up to 75% off retail sales prices. Our stores have featured the highest quality mattress sets at the lowest prices since 1974. We truly put the customer first. Combining low overhead with DEEP DISCOUNTS, you can save $100s, even $1000s on your mattress set purchase. Each store has hundreds of mattress sets in stock, so you can take yours home today. Same day delivery is available, or it will be delivered to you at your convenience.

Glen Murchison and Bill Drury are two of the best in the business when it comes to helping the Military folks find a comfortable bed at an extremely low price in Jacksonville. Murchison, the owner, and Drury, his district manager, operate Beds Beds Beds located at 9843 Beach Blvd. The concept of Beds Beds Beds is simple: To offer all of the best brands at the best prices, everyday.

Beds Beds Beds' Southside location is one of three stores in the area. And closest to Mayport naval Station.Other locations serve residents close to NAS in Orange Park and Lake City.

Outside of Florida, Beds Beds Beds operates throughout the country with a total of 40 different stores, which gives it the opportunity to sell its beds at rock-bottom prices — 50 to 70% off competitors' retail prices.

"What we do here is, basically, factory seconds. That's what sets us apart," Drury said. "They (the beds) may be mismatched, overstocked, discontinued, have a blemish or something like that. That's what makes us different from the regular big box or discount department stores."

Beds Beds Beds' inventory is extensive, with hundreds of beds to choose from with famous Name Brands and off-name brands in its 4,500-square-foot Southside location. Beds Beds Beds carries a variety of brands, including Simmons, Sealy, Carolina and Restonic, posturepedic, comfort pedic just to name a few.

"We carry a little bit of everything — if somebody's looking for something, that we don't have we can get it," Drury said. "Not only do we carry a huge selection of box springs and traditional mattresses, but we also carry memory foam, latex, pillow top and more. If it has to do with a mattress, we can get it. we have special sizes too."

Beds Beds Beds' has been serving the Military Communities in Jacksonville for the past 35 years, with the Southside location in business since 1988. With that experience, Murchison and Drury have been able to help the military folks and their families find what they want at a very reasonable price.

"We are definitely hands-on with the customers. Everything from sales to service after the sale. if they have a problem, we are hands-on," Drury said. "We don't send them to the manufacturer, we literally deal with the problems ourselves — it's our customers problem ..it's our problem."

Beds Beds Beds also has an outside service that delivers its beds, which Drury said can usually accommodate same-day delivery.

"The best concept of being an outlet store, we really do save customers 50 to 70% on every purchase," Murchison said. "That can equate to thousands of dollars." Won't that give you a goods night sleep????

For more information on how to get the best deal on your mattress,
Call, Click or Just Come By
www.bedsbedsbedsinc.com

Here's How We Do It

We purchase inventory from various manufacturers:

- **Close-Out Models**
- **Discontinued Sets**
- **Mis-Matched Colors**
- **Blemished from Warehouse Handling**

MATTRESS OUTLET

TRUCKLOAD SALE

UP TO 70% OFF RETAIL WITH THIS AD

FREE FRAME WITH EVERY QUALIFYING PURCHASE

OTHER GREAT SPECIALS

TWIN SETS
~~was 269.95~~
Now $149.95

FULL SETS
~~was 399.95~~
Now $209.95

QUEEN SETS
~~was 499.95~~
Now $239.95

KING SETS
~~was 659.95~~
Now $329.95

All the Best Brands. All the Best Prices.

VISA MasterCard

Mon-Fri 10-6 • Sat 10-5 • Sun 1-5

★★★ Same Day Delivery Available ★★★

BEDS BEDS BEDS

9843 BEACH BLVD.
(AT SOUTHSIDE)
646-1410

999 BLANDING BLVD.
(ORANGE PARK-3 MI. S. OF KINGSLEY)
272-1444 Closed Sundays