

Klakring Sailors Help Refurbish Orphanage

By MC1(SW) Michael J. Scott
CTG 40.0 Public Affairs

The guided-missile frigate, USS Klakring (FFG 42), and Helicopter Anti-Submarine Squadron Light (HSL) Det. 10 Sailors conducted a community relations (COMREL) project May 8 at Hogar Maruja Stirling Boys Orphanage.

The orphanage houses 24 boys, whose ages range from 2 to 18, and has a staff of eight adults who care for the children. Crew members primed and painted the dining room area of the boys' home in colors the children picked out; terracotta red, pear green, and haze gray.

"I was painting the walls, and this young boy was just standing there watching me," said Electronics Technician 1st Class Kevin Graham. "I turned, handed him the brush and showed him what to do. He did a pretty good job and was very pleased with his work."

All of this work contributed to Klakring's mission of strengthening relations between Uruguay and the United States. Sailors were eager to volunteer for the COMREL project, which enabled them to interact

with members of the community and the boys at the orphanage.

"We gain much more from these experiences than a newly painted wall; we know that a few children's lives are being made better," said Klakring's Commanding Officer, Cmdr. Scott Smith.

COMREL programs are humanitarian efforts that include repairing and repainting schools or hospitals in communities of need, as well as providing basic supplies. School supplies and toys are also common goods given to the local community.

Maruja's Home Manager Miriam Mirabelli was very pleased to have the 15 Sailors come and help the orphanage. This is the fourth consecutive year U.S. Sailors have visited the home.

"The boys really enjoyed having the Sailors come and paint for them. They had a chance to play and interact with everyone who came to help," Mirabelli said. "They really had a great time. This is something they will never forget."

COMREL projects are a great opportunity for the crew to come together off the ship

and exchange their shared values and a desire to help others. They are a vital component of the Southern Seas 2010 deployment, which is focused mainly on theater security cooperation. For Klakring, this project was the continuation of a larger humanitarian effort planned for various ports in South America and the Caribbean.

Klakring, as part Task Group 40.0, is on a six-month deployment to South America and the Caribbean as part of Southern Seas 2010 (SS10). Southern Seas is an annual U.S. Southern Command (USSOUTHCOM)-directed operation implemented by U.S. Naval Forces Southern Command (COMUSNAVSO) and executed by Commander, Destroyer Squadron (DESRON) 40 as Commander, Task Group 40.0. Southern Seas focuses on conducting a variety of exercises and multinational exchanges to enhance interoperability, increase regional stability, and build and maintain regional relationships with partner nations.

SS10 includes the guided-missile frigate, USS Klakring (FFG 42), HSL-42 Det. 10, and DESRON 40 serving as the command element.



-Photo by MC1 Michael J. Scott
Chief Fire Controlman Kevin Miller and Electrician's Mate Fireman Erik Reinis, explain the ship's weaponry to children from the St. Cenadis Orphanage aboard the guided-missile frigate USS Klakring (FFG 42) during a port call in Montevideo, Uruguay. Klakring is participating in Southern Seas 2010, a U.S. Southern Command-directed operation that provides U.S. and international forces the opportunity to operate in a multi-national environment.

Sea Turtle

they are off by 10 p.m.

•Close all Navy Lodge, BOQ and house curtains at sunset that face the beach.

And Remember

•All special functions conducted on Naval Station Mayport beach areas during nesting season must be cleared through the Wildlife officer first.

•Restrict leaving large holes and rutting on the beach area.

•All dogs on the beach must be on a leash at all times.

•Never touch a nesting female or emerging hatchlings. These actions are a violation of federal and state laws. Only

permit holders are allowed to touch or move a sea turtle.

Never try to push a live sea turtle back into the water. If the turtle is out of the water and on the beach, keep the shell wet with a damp towel or sprinkle water over it.

•Notify the Wildlife officer, Beaches Sea Turtle Patrol or the Florida Marine Patrol if you find a live or dead sea turtle unless the turtle has a red "X" on its shell indicating it has already been checked by the appropriate authority and is waiting for burial by beach sanitation units.

The turtles have been here

for more than 150 million years and are on the endangered species list. Let's all do our part to help protect them and ensure that they remain part of life in Florida.

For more information, or if you sight an unmarked nest, hatchling or stranded sea turtles, contact the NS Mayport Wildlife Office immediately at

From Page 1

219-2178 for the base beach and Hanna Park. Call the

Beaches Sea Turtle Patrol at

613-6081 for all Jacksonville

area beaches or the Florida

Marine Patrol at 270-2500.

Don't accept defeat.
Fight childhood cancer.
800-822-6344 • www.stjude.org
A CFC Participant - provided as a public service.

IMMEDIATE MOVE IN AVAILABLE May Military Special

**2 BDRM
2 BATH
Units**



\$800/month
Includes Washer / Dryer Rental

904-241-3855
2760 Mayport Road in Atlantic Beach,
approximately one-half mile north of
Mayport Naval Air Station
M-F 10am-6pm; Sat 9am-5pm; Sun By appt only

THANK YOU
for allowing us to
RIDE FREE!

ADAMEC
CYCLE SALES CO., INC.
THIRD GENERATION
HARLEY-DAVIDSON
MOTORCYCLES

**EXCLUSIVE
ADAMEC H-D
DOG-TAG PROGRAM**

**ATTENTION ACTIVE-DUTY MILITARY PERSONNEL;
PURCHASE ANY MOTORCYCLE AND RECEIVE:**

- **1-YEAR ADDITIONAL EXTENDED SERVICE PLAN**
Qualified purchases only - some used motorcycles will not qualify.
- **REDUCED DEALER FEES**
- **FREE DEPLOYMENT STORAGE**
Oil/filter change and safety check included. First come, first serve.
- **FREE PICK-UP AND DELIVERY** Within 50 miles of the dealer.
- **FREE PRIORITY SERVICE WITH SCHEDULED MAINTENANCE**
In & out within 24 hours, plus a FREE bike wash.
- **24 HOUR ROADSIDE ASSISTANCE**
- **FREE BIKE WASHES** For as long as you own the motorcycle.
- **FREE ADAMEC ADVANTAGE MEMBERSHIP**
Earn in-store points for every dollar you spend.
- **DISCOUNT ON D.O.D. APPROVED SAFETY EQUIPMENT**
- **FREE DYNO RUN WITHIN FIRST YEAR OF PURCHASE**
- **DISCOUNTED RENTAL RATES**
- **FREE PERSONALLY ENGRAVED ADAMEC H-D® DOG TAG**

A \$1,500 VALUE

72 hour advance notice required prior to pick-up for deployment storage. Dog Tag Program excludes courtesy delivery. Not valid with any other offer or reward program. See dealer for details.

CELL PHONES FOR SOLDIERS
Stop Our Youngs Call Home
DROP BOX POINT
Donate any old cell phones for soldiers overseas!

NOW-MAY 30
Stop in to any Adamec Location, take a DEMO RIDE on any H-D® model, and receive a FREE GIFT!
*Motorcycle endorsement required.

3 GENERATIONS • 3 LOCATIONS
BAYMEADOWS 904.493.1931
ORANGE PARK 904.215.1931
REGENCY 904.641.3735

Stein Mart®

MILITARY APPRECIATION DAYS

May 30 & May 31

TAKE 10% OFF
Your entire purchase with a military ID
OR
TAKE 10% OFF
Your entire purchase when you buy and donate any of the following items:
Socks / Undershirts / Lip balm / Baseball caps
which in partnership with Operation Gratitude will be distributed to military personnel deployed overseas

OPERATION GRATITUDE
SENDING CARE PACKAGES TO U.S. MILITARY

Thank you to our sponsors

Visit steinmart.com for store locations or call 1-888-steinmart



2008 CHINFO Award Winner



-Photo by MC2 Jacob Sippel

Sesame Street/USO Experience for Military Families tour performs in front of a packed gym at Naval Station Mayport. Servicemembers, friends and family watched on as the Sesame Street characters sang and danced throughout the show.

Mayport Reaches Milestone With USO, Sesame Street

From USO

The Sesame Street/USO Experience for Military Families, a free traveling USO show based on Sesame Workshop's award winning Talk, Listen, Connect initiative, hit a new milestone during their performance at Naval Station Mayport on June 10, touching more than 150,000 military families since it debuted in June 2008.

With the help of Elmo and his friends, The Sesame Street/USO Experience for Military Families addresses the concerns of today's military families as they deal with the hardships of deployments and separation from loved ones.

Military families in attendance experience a 25-minute character performance and receive giveaways and outreach materials.

The tour is currently half way through its five-month summer leg and will have visited 105 bases around the world when it wraps up in September 2010.

The Sesame Street/USO Experience for Military Families, produced in partnership with VEE Corporation, provides vital resources and emotional support to military families with young children who are coping with challenging transitions in their lives.

So far, The Sesame Street/USO Experience for Military Families has traveled more than 50,000 miles to 90 bases in nine countries and 27 states, performing 237 shows for service members and their families.

"The USO couldn't be more thrilled with the impact that the Sesame Street/USO tour is having on our nation's military community and with our ongoing partnership with Sesame Workshop," said Sloan Gibson, President and CEO, USO.

"Touching more than



-Photo by MC2 Jacob Sippel

Rosita, a character from the Sesame Street/USO Experience for Military Families, interacts with the audience during a performance on Naval Station Mayport. During the show, the Sesame Street character sang, danced and spoke about military family issues.

150,000 troops and their families is more that we could have ever hoped for and it lets us know that tours and

programs like this are important," Gibson added. "They do more than entertain, they lift spirits and provide vital

tools that make it easier for military families to cope with the challenges of deployments."

New CO For USS Boone



-Photo courtesy of USS Boone

Cmdr. Steven Petroff, outgoing commanding officer of USS Boone, receives Boone's commissioning pennant from Command Master Chief (SW/FMF) Charles Slaton.

By Lt. j.g. George Naughton
USS Boone Public Affairs

On a cool spring morning in Quebec, Canada, Cmdr. Steven J. Petroff and Cmdr. Roy Love faced each other, saluted and recited three words each: "I relieve you," and "I stand relieved." With this simple exchange USS Boone had a new commanding officer.

The ceremony, held on June 4th, was attended by the ship's crew and Commodore Christian Rune, Commander of Standing NATO Maritime Group One (SNMG1), the SNMG1 Staff, and the commanding officers and executive officers of the other SNGM1 units. Rune was the keynote speaker, and he praised the leadership of Petroff and the hard work by the crew during their dynamic SNMG1 deployment.

During his remarks, Petroff thanked his family and the crew for their endless support during his tenure as Commanding Officer. He emphasized the crew's commitment to excellence and the outstanding quality of deck plate leadership by the Chief Petty Officers. Finally, he expressed his gratitude for the dedication and hard work of the Officers.

Petroff assumed command of Boone in November 2008. While in command he led Boone through a docking- and inter-ship sports competitions, a NATO reception, and great liberty opportunities for the crew in an historic city. Boone hosted over 5,000 visitors during tour hours. Lt. j.g. James Wightman and Chief Electronics Technician (SW) Choyce LaRue were victorious in the 4.1 km team run, and Boone dominated the 20-man dragon boat rowing race by winning all four heats.

Boone deployed as part of SNMG1 in January. The ship will finish its six month deployment by taking part in NATO Exercise Halcyon RV and the International Fleet Review at the Canadian Naval Centennial Celebration. Boone's 182 Sailors and 25 Officers are homeported at Naval Station Mayport.



Cmdr. Roy Love
USS Boone CO

304th Sustainment Brigade at Joint Base Balad in Iraq. During his afloat tours he has served on the USS Gallery (FFG 26), USS Cape St. George (CG 71), USS Stephen W. Groves (FFG 29), Destroyer Squadron 26, and USS John L. Hall (FFG 32). Love is Boone's seventeenth commanding officer.

In addition to holding a change of command ceremony, the ship participated in Quebec's biannual Rendezvous Naval. Rendezvous Naval is a fleet week type event hosted by the city along the St. Lawrence River. The event included daily ship tours, inter-ship sports competitions, a NATO reception, and great liberty opportunities for the crew in an historic city. Boone hosted over 5,000 visitors during tour hours. Lt. j.g. James Wightman and Chief Electronics Technician (SW) Choyce LaRue were victorious in the 4.1 km team run, and Boone dominated the 20-man dragon boat rowing race by winning all four heats.

Boone deployed as part of SNMG1 in January. The ship will finish its six month deployment by taking part in NATO Exercise Halcyon RV and the International Fleet Review at the Canadian Naval Centennial Celebration. Boone's 182 Sailors and 25 Officers are homeported at Naval Station Mayport.

Polywogs Into Shellbacks
USS Carney Passes Equator

Pages 4-5

Unsung Heroes
Base Services Ready To Do Job

Page 7

Housing Survey
Balfour Beatty 'Strives For 5'

Page 8

SOAR During Summer Months



Judy Cromartie
School Liaison Officer

SOAR in the Summer
School is out! Your child has been home a week or two depending on the school district. He is either sleeping all day if a middle or high schooler or messing up the house with all his toys if an elementary schooler. Now comes the famous, "Mom, I'm bored!" It doesn't take long for your child to quickly tire of hanging around the house or you get tired of him hanging around the house. If you are unable to stay home everyday to plan

KNOW THE ROPES

and provide activities to entertain until school begins again in September, you'll probably hear the plaintiff "I'm bored!" more than once.

To make sure that boredom doesn't set in and those academic skills don't become rusty during the summer, log on to www.soarathome.com and register for an account. SOAR (Student Online Achievement Resources) is an online program for military families and their civilian classmates. This internet-based program allows students in grades 3 - 11 to reinforce and review skills, practice what they have learned, and even learn new skills. And best of all, this resource is free!

Students take an assessment aligned to state standards, and SOAR directs them to individualized tutorials to improve skills

where needed. Parents can monitor their children's progress from anywhere, and are provided with resource materials. There are both video and printable tutorials available to parents to assist them as they navigate through SOAR. You just login and click Educational Resources, Parent Tutorials.

Additionally, SOAR has expanded its list of resources with the release of Making Sense, developed by the University of Northern Iowa. Making Sense consists of engaging videos and resources targeting math and literacy skills and is available to registered users on the SOAR website under the Educational Resources link; click on SOAR Learning Videos.

Thinking Aloud! Making Sense of Literacy helps stu-

dents and parents make sense of challenging literacy concepts. Through engaging videos, the inquisitive Knowledge Seekers demonstrate how to examine the thinking that goes on inside their heads as they process or create text. By using Thinking Aloud! Videos and supplementary resources, students develop the literacy strategies necessary to construct understanding and flexibly apply them to new situations.

Problem Solved: Making Sense of Mathematics helps students and parents make sense of challenging math concepts and procedures. The videos in the series build the viewer's conceptual understanding of mathematics by working through interesting real-life situations. Supplementary resources give students the opportunity to check and extend their reasoning by solving problems similar to those in the videos.

Once vacation is over and your child returns to school next year, SOAR can continue to be used for enrichment

resources, but it can also be used for remediation if your child has to stay home due to an illness. SOAR can provide engaging online activities to supplement the work sent home from school. Students can search the Skill Resources from their home page to find activities on a specific math or reading topic they might be studying at that time.

Even if you don't need this article for summer with camps and trips already planned, save it for Winter or Spring Break! You just don't know when you'll next hear, "Mom, I'm bored!"

Judy Cromartie is the School Liaison Officer for NS Mayport. If you have questions about this article or concerns about an educational issue impacting your child, she can be reached via email at Judith.cromartie@navy.mil or by phone at (904) 270-6289 ext. 1305 [office] or (904) 219-3894 [cell].



Heat Flag Reminders

With summer here and the temperatures rising please be aware of the need for caution when participating in physical activities outdoors.

There is a heat index flag system to help assist you in the decision making process. It is as follows: white flag-80 degrees and under-unrestricted physical activity may be carried out; green flag-80-84.9 degrees-unrestricted physical activity may be carried out; yellow flag-85-87.9 degrees-physical activity is advised only for personnel who have been working out in similar weather for a minimum of 10 days; red flag-88-88.9 degrees-physical activity is advised for personnel who have been working out in similar heat for 12 weeks or more; black flag-90 plus degrees-vigorous outdoor activity is prohibited.

The flags are flown at the flag pole in front of the Gym, Building #1391. You can also call the Gym at 270-5451 to find out the heat flag index.

'Me Time' Challenge...Reminder To Take It

By Beth Wilson
Military Spouse Contributor

In April I invited you to join me in the "Me Time Challenge."

I heard from many of you sharing your 'me time' goal. I partnered with a few friends to accomplish our 'me time' goals together.

Guess what, similar to our New Year's Resolution, our enthusiasm was soon overcome by life's responsibilities; job, children, the FRG, our Service member, PCS'ing, and more. How about you?

We are busy. And that is exactly why I cannot let self-care be pushed aside by the busyness of our lives. Self-care is not a selfish act. Quite the contrary, it is a selfless act. Taking care of ourselves enables us to give more of ourselves to our families, friends, job and other commitments.

HOMEFRONT IN FOCUS

While reviewing and renewing my commitment to self-care I realized there are five areas we can neglect; physical, emotional, social, mental and spiritual.

Physical can be easy to identify but perhaps not so easy to address. Are you eating right? Should you cut out one soda, one cup of coffee? Are you getting enough sleep?

Are you "taking your emotional pulse?" Are you more edgy, impatient than you prefer? Do you feel stressed or stretched? Are you feeling drained? When was the last time you watched your favorite chick-flick with your girlfriends? When was the last time

you went to the zoo - without the kids? How much time have you given to your favorite pastime or hobby?

These things are not necessarily selfish pursuits. They refill our emotional tank, they lift our spirits. I used to play the piano. My father observed I would play the piano to 'play away my problems.' Playing the piano enabled me to think, to 'create beauty,' to refill my emotional tank and then I could go on.

What is your 'piano'? When was the last time you spent an evening at a Tupperware party, scrapbooking with a friend or attending the local theatre production? Pursuing your passion

is part of your self-care plan.

Are you the mother of small children? Do you work from home? Lilly Ann wrote, "My world has been reduced to toddlerhood. I am surrounded by them all day. I am not sure I know how to communicate with adults anymore." Make sure you are getting together with a friend, family member or your neighbor. Don't fall into a routine that leads to becoming a recluse.

When I mentioned mental self-care to a friend she thought I meant 'mental health.' What I am referring to is keeping us mentally alert, growing, and learning. When was the last time you learned a new skill, read a new book, took a class? When was the last time you tackled the crossword puzzle in the New York Times or picked up Sudoku - the hard level? Challenging ourselves

mentally keeps us alert, staves off depression and is even recommended as a preventative to Alzheimer's.

I have often said the three things I hate about moving are finding a new 1) manicurist, 2) hairdresser and, the hardest, a new church. Being spiritually fed is as important as the other areas of our lives. Don't neglect your spiritual life.

Does this feel overwhelming? Don't let it be. Self-care is not another item to add to the 'to do' list. It is your most important responsibility. Don't try to tackle every area at once. Make a small goal in one area and grow from there. Join me and renew your commitment to self-care this summer!

Email Beth at beth@homefrontinfocus.com. Check out Enlisted Spouse Radio at www.blogtalkradio.com/nht.

Don't Let Blood Pressure Rise With Summer Temps

By Capt. Joseph McQuade
NH Jax Public Health Director

As we start the glorious Summer months it may be a good time to sharpen our focus on the big picture of keeping ourselves healthy. Whenever I see a patient in clinic I always look at their blood pressure. Hypertension, or high blood pressure, causes one in six deaths among American adults -- a rate that rose 25 percent over the past decade -- and now represents the largest single risk factor for cardiovascular mortality. Our president Franklin Roosevelt died at the early age of 62 from uncontrolled high blood pressure. That so many Americans are at grave risk from not controlling their blood pressure should cause everyone to pause for a moment and con-

ASK DR. JOE

sider how well their blood pressure is controlled.

Q: Why do providers always check and recheck the blood pressure when we come in to see them?

High blood pressure has become a "neglected" disease, not given the attention it deserves despite the simplicity of diagnosis, treatment, and prevention on a patient-by-patient basis. Simply stated we use too much salt. That is the opinion of a group of scientists working with the Institute of Medicine.

A priority should be population-level reductions in salt

intake, which will call for involvement by government and institutions at the state and local level as well as in Washington, they said.

"Every jurisdiction should immediately begin to consider developing a portfolio of strategies aimed at reducing dietary sodium intake in their population," they wrote.

Their report also called for other changes in the health

environment as keys to population-based success:

- Increased potassium intake (only 2 percent of adults get the recommended 4.7 g per day). Watermelon, cantaloupe and bananas are all good sources of potassium.
- Greater physician adherence to hypertension screening and treatment guidelines. Ask your doctor if your blood pressure is well controlled. Get it down less than 130/80!
- Leveraging community health worker programs to include hypertension prevention and control. People need to understand the benefits of walking every night and get-

ting rid of their salt shakers.

•Reducing the cost of anti-hypertensive medications to increase adherence to treatment by working with the private sector.

•Greater funding for population-based efforts and interventions. The need for everyone to know about salt reduction, weight control and exercise is an important step to take.

One study projected that cutting back on daily salt intake by 3 grams (roughly 30 percent), would prevent tens of thousands of strokes and heart attacks each year, while even a 1 gram reduction would be more cost-

effective than treatment with the least expensive blood pressure medication.

Nearly 90 percent of Americans get more than the recommended 2.4 g of sodium per day (the equivalent of 6 g of salt), the report noted.

Part of the problem is that "the large majority of sodium in the U.S. food supply is added in processing and manufacturing of foods, and a large and increasing amount is used in the fast food industry."

So watch out for the extra salt. It may be the biggest villain driving your blood pressure up!

Mayport Chapel Holds VBS

From Mayport Chapel

The Naval Station Mayport Chapel will hold a Vacation Bible School for children, ages 4yrs old thru 6th grade, from June 21-25.

This summer kids' event will be High Sea Expedition: Exploring the Mighty Love of God.

Kids go on a vast voyage through God's Word as they participate in memorable Bible-learning activities, sing catchy songs, play teamwork-building games, dig into yummy treats, experience electrifying bible adventures, and create Bible Point crafts they'll take home and play with all summer long. Plus, kids will learn to look for evidence of God all around them through something called God Sightings.

There will be a Floating Finale where the kids demonstrate what they have learned during the week at V.B.S. on Friday at 11 a.m. Each day will start at 8:30 a.m. and run until 11:30 a.m.

You may register at the Chapel Monday thru Friday from 8 a.m.-3 p.m. or on Sunday from 8:30 a.m.-12:30 p.m. For further information, call 270-5212.



Roman Catholic Mass
Sunday 9 a.m.
Monday-Friday 11:30 a.m.
Confessions: before & after mass or upon request
CCD: Sunday 10:30 a.m.
Baptisms: class 3rd Sunday of month

Protestant Worship
Sunday 10:30 a.m.
Sunday school 9:15 a.m.
Baptism: For information contact your chaplain

Women's Bible Study
Wednesday 9:30 a.m.

Protestant choir
Wednesday 7 p.m.

Interdenominational MOPS (Mothers of Pre-Schoolers)
1st & 3rd Tuesdays each month 9:15 a.m.
For more information, contact MOPS coordinator at mayportmops@yahoo.com

Marriage
Contact Chaplain 6 months prior. PREP is required

For more information, call 270-5212.



Naval Station Mayport

Capt. Aaron Bowman..... Commanding Officer
Cmndr. Mike Watson..... Executive Officer
CMDMCM David Anderson..... Command Master Chief

Naval Station Mayport Editorial Staff

Bill Austin.....Public Affairs Officer
MC1 Heather Ewton..... Deputy Public Affairs Officer
OS2 Shantae Salmon..... Assistant Public Affairs Officer
Paige Gnann.....Editor

The Mirror is distributed without charge throughout Mayport's Navy community, including the Naval Station, on- and off-base Navy housing areas, and ships, squadrons and staffs homeported at NS Mayport. Copies are also available at the Naval Station's Public Affairs Office, Building 1, and The Florida Times-Union, 1 Riverside Avenue, Jacksonville, FL 32202.

The deadline for all submissions is Thursday at 4 p.m., one week prior to publication. News and articles should be submitted to the Public Affairs Office, or mailed to:

The Mirror
P.O. Box 280032
Naval Station
Mayport, FL 32228-0032
Commercial: (904) 270-7817 Ext. 1012 DSN: 960-7817 Ext. 1012
Commercial FAX (904) 270-5329 DSN FAX: 960-5329
Email: mayportmirror@comcast.net
CO Actionline: 270-5589 or 1-800-270-6307

This DoD newspaper is an authorized publication for members of the Department of Defense. Contents of **The Mirror** are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Navy. Published by The Florida Times-Union, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Station Mayport, Fla. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, U.S. Navy or The Florida Times-Union, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. The editorial content of this publication is the responsibility of the Naval Station Mayport, Fla., Public Affairs Office.

Advertisements are solicited by the publisher. Inquiries regarding advertising should be directed to:

The Mirror

Ellen S. Rykert • Military Publications Manager
1 Riverside Avenue • Jacksonville, FL 32202
(904) 359-4168
Tom Castle • Advertising Sales Manager
(904) 359-4336 • FAX: (904) 366-6230



**One Way 2 Play-
Drug Free!**

Multiple Nations Participate In SEASWITI 10-3

By MC1(SW) Daniel Gay
Naval Public Affairs Support Element
East Detachment Southeast

Ships from various regions of the world gathered off the eastern coast of Florida to participate in the Southeast Anti-Submarine Warfare (ASW) Integration Training Initiative (SEASWITI) exercise 10-3 held June 4-9.

Capt. Aaron Jacobs, Commander, Destroyer Squadron 24 (DESRON 24) and his staff embarked USS Mahan (DDG 72) to coordinate and execute the training exercise.

Ships from different countries including the U.S., the United Kingdom and Peru were involved in the week-long exercise. The overall mission of SEASWITI was to provide a learning forum in the Southeast Region to enhance the effectiveness and quality of anti-submarine warfare training by coordinating assets, knowledge and technology.

"SEASWITI is exactly what it sounds like," said Lt. Matthew Maples, DESRON 24's submarine operations officer. "It is a week-long coordinated multi-platform ASW exercise which also incorporates non-ASW events such as gunnery exercises, counter piracy and more. The main goal of SEASWITI is to increase ASW readiness and proficiency throughout the fleet, helping to ensure that we are ready to counter any threats, should they arise."

During the week, ships from three different nations worked together to perform ASW and other warfare tasks, including having a chance to spot and track real submarines.

"This is a very valuable training opportunity that allows our Sailors to get a chance to work with the real thing," said Cmdr. Kurt Mondlak, Mahan's commanding officer. "This training



-Photo by MC1 Daniel Gay

Line handlers aboard the guided-missile destroyer USS Mahan (DDG 72) heave around a line during an underway replenishment with the Military Sealift Command fleet replenishment oiler USNS Leroy Grumman (T-AO 195). Mahan is underway participating in the Southeast Anti-Submarine Warfare Integration Training Initiative (SEASWITI) exercise 10-3. The multinational exercise is designed to improve their anti-submarine warfare readiness and proficiency.

is better than just looking at pictures because you have different properties involved when you track a real sub."

The lookouts involved in the training were also satisfied with the realism.

"If I was standing a watch and a situation like this came up, I would feel more confident in my ability to know what to do and how to do it thanks to this training," said Logistics Specialist 2nd Class Robert Dannheim.

Although SEASWITI incorporated many areas of warfare, its primary focus was on ASW, and the sonar control room of Mahan was a very busy place during the exercise.

"I think this type of training is very effective," said Sonar Technician 2nd Class (SW/SS) Thomas Smith. "This method

of training is great because of how in-depth it is, we are out here working with other ships, including ships from other countries, we have actual submarines out there and we are getting to work with all of them."

Maples said that the importance of SEASWITI should not be downplayed.

"This particular exercise is of great importance because it benefits the Navy on multiple levels. Not only are the U.S. ships getting several days of

multi-platform ASW training, but they are getting the chance to interact with other NATO forces to include British ships and helos as well as Canadian P-3 aircraft," said Maples.

Jacobs explained the importance of the SEASWITI training.

"SEASWITI provides valuable training in a realistic environment for ships, submarines and aircraft. Conducting focused undersea warfare operations training ensures the U.S. Navy along with our allied and

multi-national partners continue to develop and refine the tactics, techniques and procedures that are necessary to control the maritime domain in light of an ever increasing worldwide submarine threat," stated Jacobs.

During this training, the Navy also worked with marine biologists from different agencies.

"On this SEASWITI we have four Civilian Marine Mammal Observers aboard Mahan who are conducting observations on the impact of our active sonar training on the local marine

life. This observation is important because it helps us better plan our events and procedures to ensure minimum impact to marine life," said Maples.

Jacobs also commented on the Navy's dedication to protecting the marine ecosystem.

"The U.S. Navy and Destroyer Squadron 24 are committed to preserving the environment and protecting Marine Mammals," explained Jacobs. "U.S. Navy policies to mitigate any interference or harm to the environment and Marine Mammals are always fully considered throughout the planning process and utilized in the conduct of each exercise event."

While SEASWITI 10-3 has come to an end, the chances to participate and train are not over.

"SEASWITI is a training event that usually occurs three times a year with a specific reason," said Maples. "Training programs and simulators help us train efficiently and with less overall expense, but there is no replacement for real-world training against a live target."

In addition to Mahan, units that participated in SEASWITI 10-3 were USS Robert G. Bradley (FFG 49), USS Carr (FFG 52), USS Barry (DDG 52), USNS Leroy Gruman (T-AO 195), HMS Ark Royal, HMS Liverpool, HMS Sutherland, RFA Fort George and The Peruvian submarine BAP Angamos. U.S. and Canadian P-3s contributed to ASW Ops as well as SH-60Rs from RGB and HSM 70.



**Family
Dentistry**

EVELYN L. HERRERA, D.M.D., P.A.

"A Navy family serving Military families since 1988"

WELCOMING NEW PATIENTS!

Adults and
Children



TRICARE
PARTICIPANT

- Most Insurance accepted
- We accept Dental Insurance for Active Duty Dependents and Retired Military & Their Dependents
- In front of Mayport NEX/Commissary



Pan-Am Plaza Suite 17 • 2292 Mayport Rd. Jacksonville, Florida 32233
Office Hours Tues. -Fri. 8:30 a.m. - 5:30 p.m. • Sat 8:30-4:00pm

(904) 249-1302

INSURANCE | BANKING | INVESTMENTS | RETIREMENT | ADVICE



When the Navy is your life,
WE ARE YOUR BANK.

USAA Bank is available anytime, anywhere, no matter where you're serving.

- Free ATMs anywhere nationwide¹
- Qualified members can deposit checks using their iPhone® or Android™ with USAA Deposit@Mobile™
- No monthly fees regardless of balance on checking accounts
- Financial products for your banking needs, including mortgages, auto loans and credit cards

Start with a checking account today.

800-531-8722 | usaabanking.com

¹USAA doesn't charge a fee for the first 10 ATM withdrawals and refunds up to \$15 in other banks' ATM fees each month. A 1% foreign transaction fee applies to withdrawals outside the United States. Availability restrictions apply. Credit cards provided by USAA Savings Bank, other bank products by USAA Federal Savings Bank, both Members FDIC. Purchase of a bank product does not establish eligibility for or membership in USAA P&C insurance companies. iPhone is a registered trademark of Apple, Inc. Android is a trademark of Google, Inc. © 2010 USAA. 92793-0210



USS Carney Crosses The Line

Pollywogs Become Shellbacks As Carney Crosses Equator

By Lt.j.g. Sara Everett

USS Carney PAO

USS Carney (DDG 64) crossed the equator on May 29, and held a traditional Crossing the Line Ceremony.

Carney's chapter of the Order of the Trusted Shellbacks—a society of Sailors who have crossed the Equator—formally inducted 103 new Shellbacks into the Realm of King Neptune.

The Pollywogs, Sailors who had not crossed the Equator, went through a unique initiation. Carney's Shellbacks completely transformed the ship into an elaborate obstacle course.

The trials began on the forecandle, where Pollywogs performed pushups, sit-ups, singing, and dancing, until the Shellbacks deemed them worthy of moving on to the next challenge.

In the Haunted Tunnel, the spooky theme from "Pirates of the Caribbean" played as a smoke machine and a strobe light obscured the lurking figures of Shellbacks. The Pollywogs paid a tariff of song and dance before being granted passage to another obstacle.

The Hair Cut Station, where Pollywogs received syrup and cornflake hairdos from the Royal Barber, was the most popular. Donned with a new style, the Pollywogs proceeded to the most challenging station, George Washington's Boat.

Groups of five piled into a water logged row boat, while Shellbacks doused them in water and ordered them to navigate through the storm. The Pollywogs had to sing "Row Your Boat" and answer naval trivia questions.

After completing every obstacle, the Shellbacks brought the Pollywogs before King Neptune's Court.

Each Pollywog received a personal audience with the king, played by Chief Warrant Officer Rob Coney. When he deemed a Pollywog worthy of the title Shellback, he sent him or her to the last rite, a dunk in the bright green waters of the Cleansing Pool.

Boatswains' Mate 2nd Class Franklin Williams Jr., one of the last Pollywogs to be declared a Shellback, sighed with relief and



-Photos courtesy of USS Carney

Lt.j.g. Patrick Amundson captains George Washington's Boat during a storm. This was an obstacle in Carney's Crossing the Line Ceremony.

said, "I have been waiting to the cross the line for eight years—that is since I joined the Navy."

"It was what I expected," he continued. "I got dirty, wet, and was physically challenged. At the same time, it was fun and exciting. I got to be a part of a centuries-old

Navy tradition. I'm ready to do it again, but I'm ready to be on the Shellback side. I hope every Sailor gets the chance to be a part of this."

Its crew cleansed, Carney continued south to the Seychelles Islands for a port visit.



Carney's Pollywogs await the arrival of King Neptune during the Crossing the Line Ceremony.



Lt.j.g. Sara Everett, Lt. Josh Taylor, and Ensign William Cannon sing and "wog walk" to the next obstacle during Carney's Crossing the Line Ceremony.



Carney's slimy Pollywogs began their cleansing process in this pool before becoming Shellbacks.



The roles of Davy Jones and King Neptune, in Carney's Crossing the Line Ceremony, were played by Chief Boatswains Mate Phillip Boyd and Chief Warrant Officer Rob Coney.



In keeping with tradition, for the duration of the Crossing the Line Ceremony, Carney flew the Jolly Roger Flag.

An Historical Account Of A Navy Tradition

George R. Willis, a Sailor on U.S. Frigate Colorado, 11 May 1870.

We were now making nearly a direct course toward the Equator, and must soon pass through waters famed from time immemorial as the cruising grounds of Neptune, Sovereign of the Seas-- the grandest monarch that reigns in fact or fable. In the days of the old Navy no Yankee ships passed the Line unchallenged, and Neptune's visit was looked forward to with pleasure and anticipation; involving, as it did, a general "splicing of the main-brace." But in these hard, matter-of-fact-times, the old King having been, on one or two occasions, denied tribute, rarely visits an American man-of-war, and many were, therefore, agreeably surprised when he boarded the Frigate in all his regal glory.

As we neared the Equator our Captain was heard to remark that he should consider it rather scaly in old Neptune if he allowed the ship to pass without paying us, at least a flying visit. On hearing this hint some of the "old heads" set to work, devising ways and means to promote his advent; and the necessary costumes and fixtures were improvised on a grand scale, and with remarkable secrecy.

On the afternoon of May 13th, while all hands were assembling on the quarter-deck, listening to the periodical reading of the Articles of War, the proceedings were suddenly interrupted by the sounding of a gong under the fore-foot, followed by a loud hail off the weather bow:

"Ship ahoy!"

"Hallo!" answered the officer of the deck.

"What ship is this?" demanded an uncouth marine monster, now appearing on the head rails.

"United States frigate Colorado."

"King Neptune lies ten fathoms under your keel, and demands that you heave to, and receive him with due courtesy; otherwise he will butt out one of your planks with his royal head!"

This imperative demand, backed by such a terrible threat, was reported to Captain Cooper, who, rather than allow the historic career of the Colorado to be brought to a sudden and awful termination, ordered the engines to be stopped, and asked the Admiral for instructions.

The old hero of the South Atlantic squadron, who would have answered any threat coming from a mortal foe with a broadside of our guns, doubtless detected in the mandate,



Gunner's Mate 2nd Class Richard Ciecawicz kneels before King Neptune and the Royal Court while being declared a Shellback.

couched as it was in the tones of arrogance, that dry vein of humor peculiar to a Sovereign, who, however fractious and changeable in his moods toward others, had dealt kindly with him through a long and checkered career; therefore, he ordered that "His Majesty be received with honors due his exalted rank."

On this, a signal from "Prince Porpoise" brought to view as motley a group as ever the sea vomited forth.

Clad in the gaudy and fantastic trappings of a Submarine Court, through the bridle and gun ports, over the head rails and hammock nettings, up the martingale stays and over the cat-heads, they wriggled, rolled or crawled; sometimes singly, sometimes in pairs, finally in a body, until the Frigate's fore-castle was graced by the presence of a group of finny monsters, the like of which, it is safe to say, was never before vouchsafed to mortal eyes. Species of which Agassiz never dreamed, were represented, shorn of their surplus fins and mounted on legs to meet the exigencies of the occasion.

The Shark stood in the foreground, and was observed to cast longing glances on the fattest of the ship's company; no doubt, mentally cursing the restraints of a Court, which withheld him from satisfying his appetite on the spot. Near him was the Devil Fish, who, by a strange rolling of his saucer-like eyes, caused the most hardened old sinners on board to tremble in their boots. Following in his wake came the Sword Fish and "Prince of Whales," the latter brandishing

in his dexter fin a huge razor, to which, in the minds of the younger portion of the crew, was attached a terrible significance.

In the midst of this strange group rolled the Car of Neptune, surmounted by a circular throne, and profusely ornamented with barnacles and sea-weed. It was rich in trappings, and bore many strange devices and mottoes. Near the throne was suspended a Chair of State grazed by the form of Amazonia, a blonde mermaid of surpassing beauty, who--since the divorce of Old Amphitrite--figures as the bride of Neptune. The Royal seat was vacant, but Amazonia calmed our fears by explaining that Old Nep--who was suffering from the effects of a bottle of "Jersey Lightning, lately received as tribute from a Yankee schooner"--would soon be here. She had hardly ceased ere a deep growl was heard near the water's edge, and soon from beneath the fore-chains rose the only monarch to whom an American sailor will bow.

His Oceanic Majesty was evidently in a bad humor; and the effect of his late carousal was painfully visible in his person, the dignity of his bearing being somewhat marred by soiled robes and a bent crown. He had no sooner struck the deck than he commenced swearing in a manner that would put to blush the wickedest old quarter-gunner afloat. Among the old staggers, this was looked upon as a matter of course, for, as Jack Tail-block remarked, "he allers comes aboard roarin' like a typhoon and--if grog's aplenty--goes away smilin' like a sun-fish."

Turning to the Executive Officer, Neptune demanded the nationality of the ship.

"She belongs to the United States."

"What?" he roared, "an American ship with stump

mast-heads, French davits on her quarters, and a Bremen flag for the mizzen? I'll not believe it! Her name?"

"The Colorado--and that, which you mistake for the Bremen ensign, is the Broad Flag of Rear-Admiral John Rodgers, Commander-in-Chief of the Asiatic Fleet."

"John Rodgers?" cried the King, "John Rodgers, the hero of Warsaw Sound? By Jove! I would have gone ten degrees to the north of the Equator to meet him. It has been many years since I set these old eyes on him; and I began to fear that he was swamped in the Sea of Politics. Heave ahead, my fine officer; I would fain exchange greetings with your Commander."

The whole cortege then moved to the quarter-deck, where Neptune ordered a halt and demanded the name of the Captain.

"Captain Cooper."

"Cooper?" queried the King, rubbing his eyes and glancing at the Captain-- "ah, I remember him well; Cooper is a brave name; a Cooper will surely keep the ship 'bung up, and bilge free."

At this point the Royal Car was met by the Commanding Officer, whose reception of the King was courtly and dignified. Bowing to the throne he delivered in an easy and impressive manner the following Address of Welcome:

"Most Generous Sovereign:- It is with feelings of joy and veneration that I tender you the freedom of this magnificent ship. Years, teeming with great events, have elapsed since I last enjoyed the honor of a visit from Your Majesty; but though the lapse of time may have silvered my hair, it has not shaken my allegiance. I mourn with you the loss of those tapering poles which in days of yore imparted to a Yankee man-of-

war such a rakish and jaunty appearance, and grieve to say they have been 'snubbed short' by a late edict of the Navy Department. Regarding the French davits, I am not responsible for their adoption; and I assure your Majesty that, with the general use of Manila ropes and patent davits, it's getting devilish hard to lower a boat at sea. As regards being 'bung up,' I'm only sorry that I cannot treat yourself and suite to a glass of good old-fashioned grog from the bungs of some of our casks; but as Congress though proper, many years ago, to abolish the spirit ration, I will give vent to my feelings by commending to your kindly notice the gallant crew whom I have the honor to command. And now, as I presume you wish to exact tribute from those who are, for the first time, trespassing on your domains, allow me to transfer to Your Majesty the entire command of the Colorado."

To which, rising in the throne, Neptune replied as follows: "Noble Captain, I accept your homage with that respect and confidence which is never withheld from a loyal subject. Tis indeed true that the hand of time has produced a change in your once familiar figure-head, but I, to whom time and space are as nothing, having kept a rough log of your earthly voyage, know that much of the wear and tear of your hull is the result of hard and faithful service in the interests of my lovely daughter Columbia." At this stage one of the Admiral's servants appeared, bearing a tray of glasses, flanked by a couple of decanters of choice wine, the sight of which not only completely upset "Old Nep's" dignity, but created a great commotion among his scaly satellites; even the gentle Amazonia betraying a surprising appetite for stimulants. After pledging the Admiral in an appropriate toast, Neptune resumed: "I come, Captain, as you have rightly conjectured, to claim just tribute from all who are known in my books as fresh fish; but, as Columbia's sons are prone to resist the demands, and dispute the authority of anything that wears a crown, it is fitting that my warrant for so doing should be made public. Slave, produce, and read the document!"

Porpoise drew forth a time-worn parchment, covered with strange and uncouth hieroglyphics, which he proceeded to render in a tongue, of course, unintelligible to mortals; taking care, however, to supplement the reading with the information that it was "dead low tide in the Royal wine cellar," and with this delicate hint as to the kind of tribute expected from the officers of the Colorado, the formality of the visit was declared ended, and the Prince produced the "Book of Fate," and began reading a list of vic-

tims. Printed papers of exemption were given to the senior line officers, the remainder being subjected to a merciless fire of cross questions by the King and Prince Porpoise, and, in the cud, heavily assessed. Nothing could exceed their good nature, and they submitted with such grace and paid tribute so promptly, that Neptune was delighted, and swore by his old boots that he had half a mind to take a few of them below to improve the etiquette of his Court.

Having thus vindicated his majesty on the quarter-deck, the old monarch now gave his attention to the crew, ordering the Prince of Whales to rig the "Royal barber shop" forthwith. With the assistance of the main-topmen, a large canvas awning was inverted and filled with water by the steam pumps, and a rude chair being improvised, the scene from this time began description.

Landsmen, bandmen, and marines joined in an indiscriminate rush to the hatches, only to find all retreat in that direction cut off by armed sentries, posted on every ladder! Then to the shrouds, where they found the upper ratlines occupied by veterans, who on a signal from Neptune captured and delivered them by scores to the scaly embraces of his satellites. The Court Barber performed his duties with a rapidity truly astonishing.

Each victim was lathered, shaved, shampooed, hair, whiskers and face dyed in the twinkling of an eye. Some submitted meekly; some expostulated wildly, and some fought courageously, but all were treated barber-ously! From the chair, each was rolled backward into the "bath," to be grasped by a dozen strong fins, rubbed, scrubbed, and held under water until a wave of the trident proclaimed him an adopted son of Neptune.

The shades of night were fast closing on this strange scene, when the watchful Pilot Fish reported a strange sail in sight "twenty leagues to north'ard!" On hearing this, Neptune ordered the festivities to close; and, mounting his car, bestowed a parting benediction on the officers and crew of the Colorado, promising us fair weather and a smooth sea for days to come.

Then arose a great cheer from the crew, and amid the roar of six hundred voices, the Sovereign of All the Seas vanished into the night as mysteriously as he came. His visit was remembered for many a day, the old sailors agreeing that they had never seen the grand fable so aptly illustrated.

Source: Willis, George R. The Story of Our Cruise in the U.S. Frigate "Colorado," Flagship of the Asiatic Fleet - 1870-'71-'72 (Yokohama, Japan?: 1873?): 24-32.



The Royal Court assembles and waits for the first Pollywogs to arrive for judgement.



The line of Pollywogs stretches the length of Carney's flight deck. These Sailors have completed all the obstacles in the Crossing the Line Ceremony, but await their personal audience with King Neptune before being declared Shellbacks.



Ensign Tyson Biddle does push-ups under a spray of water and encouragement from Shellback, Engineman Third Class Eric Crugnale.

USS Taylor Gets Cooking

By Ensign Lynn Bovard

USS Taylor PAO

Chef Lisa Callison of the Community Food Bank of New Jersey recently joined the crew of USS Taylor (FFG 50) as part of the "Chef at Sea" program for a portion of their Mediterranean deployment.

Chef Lisa was brought onboard to help teach the Culinary Specialists that prepare all of the meals for the crew some techniques in preparation, delivery, and presentation. Though she was only onboard for a short time, Chef Lisa's impact was great amongst both the Culinary Specialists and the crew.

The Culinary Specialists truly enjoyed learning about Lisa's creative additions and plan to continue incorporating these special traits in their creations. Culinary Specialist Seaman Phillip Stidum enjoyed having Chef Lisa's instruction and said he was eager to put the skills he used to work to make greater meal options and make food look more appetizing. The Culinary Specialists also enjoyed having Chef Lisa around the kitchen.

Stidum said that "she was a very down to earth chef" and "a really cool person to be around."

Senior Chief Boatswain's Mate (SW/AW) Reggie Bowens was very complimentary of Chef Lisa, remarking that she "goes the extra mile to make sure she puts out a good product to the crew." And it was quite obvious that her efforts really made a difference in the crew's morale. The crew seemed to look forward to seeing what new items were on the menu, and with the addition of many new and delicious options, they were never disappointed.

Chef Lisa Callison enjoyed her time onboard as well.

She said that all of the Sailors on Taylor "from the top down were extremely welcoming."

She also noticed that "the crew is like a big family. Everyone works together" and tried her best to be part of that family.

Though waking up early and working all day to prepare meals for almost two hundred crew members is not an easy job, Chef Lisa truly imparted to the Culinary Specialists that "the little extra things really make a difference and the crew really appreciates it."



-Photo by MC1 Edward Kessler
 Chef Lisa Callison of the Community Food Bank of New Jersey stands with Culinary Specialists, Food Service Attendants, as well as CMDCM Allen, Commanding Officer, Cmdr. Lyle Hall and SUPPO, Lt. Sepulveda. USS Taylor Fast Frigate Guided 50 visits Port Mahon, Menorca, Spain, to celebrate the historical relationship between the two countries. Taylor is currently participating in Operation Active Endeavor, providing a safe and secure Mediterranean Sea.

Celebrate

Father's Day Bingo

Sunday, June 20, 2010
 12:15 p.m.

- ✓ Double payouts on all hard cards
- ✓ Special game for dads
- ✓ Yummy dessert table

Questions? Ask a Bingo Employee
BINGO 904-270-7204

Father's Day Sale

Thursday June 17th-Saturday June 19th

SALE \$263.99
SAVE \$66
 Craftsman 22" Front Wheel Drive Self-propelled Mower. #37061
 Reg. Price 329.99

3 Days Only
Save 10% OFF
 Even Sales Price with Ad

SALE \$64.99
SAVE \$10
 Weedeater 25cc Gas Trimmer. 2-cycle engine. Lightweight 8 lbs. #79137
 Reg. Price 69.99

Jacksonville
 3555 St. Johns Bluff Rd.
 904-998-6597

Orange Park
 1540 Park Avenue (Hwy 17)
 904-269-2286

BALFOUR BEATTY COMMUNITIES

welcome home

Balfour Beatty Communities welcomes you to family housing at Naval Station Mayport where improvements are being made daily to create a community that you are sure to be proud to call home.

Applications are being taken for all active duty service members. Call today for more information.

- 2, 3, 4 and 5 bedroom floor plans
- BAH is transferred monthly as rent
- Utility payments are included*
- NO application fee
- NO pet deposit
- NO security deposit
- 24 hour service/trouble call response
- Pets are welcome*
- Enjoy FREE community events, activities and programs designed for you
- Your neighbors are military families- just like you

NAVAL STATION MAYPORT
 Building 289 Moale Avenue
 Jacksonville, FL 32228
888.851.6331

* some restrictions may apply

AMENITIES

■ nsmayporthomes.com

“ They're Ready When I'm Ready. ”

Jiffy Lube® hears you. Our Jiffy Lube Signature Service® Oil Change is just what you're looking for: a preventive maintenance system that can help prolong the life of your vehicle. We change your oil, inspect belts and wiper blades, check and fill multiple vital fluids, vacuum your carpets and clean your windshield. It's fast. It's simple.

Keep my ride alive!™

Jiffy Lube Signature Service® Oil Change Includes:

- **Change:**
 - ✓ Oil with up to five (5) quarts of quality motor oil
 - ✓ Replace oil filter
- **Inspect:**
 - ✓ Antifreeze/coolant reservoir levels
 - ✓ Engine air filtration system
 - ✓ Serpentine belts
 - ✓ Brake fluid level in transparent reservoir
 - ✓ Wiper blades
 - ✓ Exterior lights
- **Check/Fill:**
 - ✓ Transmission/transaxle fluids
 - ✓ Differential fluid
 - ✓ Power steering fluid
 - ✓ Windshield washer fluid
 - ✓ Battery water (excluding sealed batteries)
 - ✓ Tire pressure
 - ✓ Lubricate the chassis (when applicable)
- **Clean:**
 - ✓ Exterior of windows
 - ✓ Vacuum interior floors

Conveniently located near:

NAS Jax:
 1548 Park Ave.
278-8544

NS Mayport:
 1067 Atlantic Blvd
249-6927

13560 Atlantic Blvd
221-5778

22 Area Locations
 Visit jiffylubesoutheast.com or call (800) 344-6933 to find the store nearest you.

Jiffy Lube, the Jiffy Lube design mark and Jiffy Lube Signature Service® are registered trademarks of Jiffy Lube International, Inc. ©2010 Jiffy Lube International, Inc. All rights reserved.

\$10 OFF

Jiffy Lube Signature Service® Oil Change With Military ID & this coupon

Visit jiffylubesoutheast.com for participating locations. Most vehicles. Up to 5 qts. Not valid with other oil change offers. Cash value 1/100th of one cent. Coupon must be presented at time of service. Restrictions may apply.
 Expires: 06/30/10 Code: JAN10

Base Services Is 'Unsung Hero' Of Mayport

By Chris Sorensen

Whether it is maintaining and restoring the naval grounds or revamping the nature trails, Base Services at Naval Station Mayport is there to execute major operations that would otherwise be outsourced or forgotten.

Base Services allows for Sailors with service-related injuries, medical restrictions or on limited duty (LIMDU) to maintain an active role in the Navy while recovering from physical conditions that fall below the standards normally acceptable for retention.

The 46 employees of Base Service are divided into four distinct crews that are responsible for painting the buildings and parking lots on base, landscaping and ground maintenance, in addition to collaborating and organizing ceremonies and events for military personnel, all while executing major clean up and restoration projects around the base.

Deemed extremely vital to Mayport Naval Station, Base Services has been able to cut the costs of contractors and tenants.

"Last year alone, we saved the base about \$700,000," said



-Photo by Chris Sorensen

Engineman 3rd Class Jonathan Hendry and Boatswain's Mate 3rd Class Elizabeth Headley of Naval Station Mayport Base Services Paint-Team is currently repainting the NCIS building, located just south of Building One. The Paint-Team has saved Mayport approximately \$80,000 by making the paint project a do-it-yourself project for the command.

Logistics Specialist 1st Class Thornhill Williams. "When Base Services painted the Fire Station and Air Terminal, it only cost a few thousand dollars each time for the price of supplies. Had the base contracted the work, it would have cost around \$80,000."

The Paint-Team has worked on 29 buildings within the last year and is currently working on repainting the NCIS building.

The crew has also been work-

ing diligently on clearing out all of the debris and shrubbery from the base nature trail, located at the main entrance of the base, for the last two months. Until Base Services took up the task of restoring the trails to its natural glory, it had been eight years since the trails had been cleared.

"The crew reclaimed the trail that has been forgotten," said CMDCM Dave Anderson. "They are always willing to step up to any challenge;



-Photo by Chris Sorensen

Gas Turbine System Technician Mechanical 2nd Class Forrest Schwind and Sonar Technician Surface 3rd Class Joshua Brokaw remove shrubbery and debris from the base's nature trail, located just south of the Main Gate on Mayport Road.

they are the unsung heroes of Mayport."

Crewmembers have uncovered old treasures including a small pier overlooking the marsh. Base Services anticipate the completion of the project and reopening of the nature trail in about a month.

These unsung heroes have recently completed restoration work on the Stark Memorial, commemorating 37 fallen Sailors who died in 1987 when USS Stark was struck by two Iraqi missiles. Base Services ensure that weekly maintenance

and upkeep of the memorial is completed; They make certain that the mulch around the monument is maintained and the grounds are kept clean - the bell is always polished.

"It's great to see the progress these guys make, not only

for us, but also for the Sailors themselves," Gunner's Mate 1st Class Peter Gentry stated. "The Stark memorial is now a reminder of all of the brave Sailors who lost their lives, but who will not be forgotten."

Bases Services is committed to providing Naval Station Mayport with the necessary support to maintain status and grow as a community. They are there to help with both the small and large operations that are often forgotten or unknown, they are limited duty Sailors who maintain and active role that helps transform the base from simply great to exceptional.



De Wert Hosts Ukrainian Navy

By Lt.j.g. Andrew T. Ashby
USS De Wert Public Affairs Officer

USS De Wert (FFG 45) recently hosted a Ukrainian naval envoy. The envoy included senior line and staff corps officers of the Ukrainian Navy who were visiting De Wert for logistics familiarization. Commander Sean McLaren, De Wert's Commanding Officer, welcomed the envoy. With the aid of a translator, the Ukrainian officers toured all of De Wert's supply facilities including dry storage, reef-

ers, galley, wardroom, parts storerooms, ship store, berthing, and laundry room. The envoy's senior officer, Captain Mykhailo Pinkevych, who is the Deputy Chief of Staff for the Ukrainian Navy, dined with De Wert's senior leadership and exchanged gifts with Commander McLaren.

This visit aboard De Wert was the second half of a larger event intended to aid the Ukrainian Navy in its revitalization efforts. The first half of the event involved a visit by

Ukrainian shipyard officials to Bath Iron Works in Bath, Maine, where they reviewed shipyard organization and operations. The De Wert visit was specifically intended as an opportunity for the Ukrainian Navy to learn about U.S. Navy logistics procedures and policies necessary to support an Oliver Hazard Perry class frigate.

This Ukrainian visit was not the first positive interaction between USS De Wert and the Ukrainian government.

While deployed to the Horn of Africa during her recent CENTCOM counter-piracy deployment, De Wert was involved in the release of formerly pirated motor vessel *Ariana* and her Ukrainian crew--leading her accompanying security detail and escorting her to safe waters. This event received national attention in Ukraine and further enhanced the positive relationship between the United States and Ukraine.



**KEEP SERVING
STAY PROUD**

- Protect your community
- Live the adventure
- Enjoy the camaraderie
- Be a hometown hero



NATIONALGUARD.com
1-800-GO-GUARD

820787

JACKSONVILLE CHRYSLER JEEP DODGE www.jaxcjd.com **facebook**

JOIN US ON FACEBOOK FOR EXCLUSIVE SAVINGS

Up To **\$9,000 OFF**

Every 2010 Dodge Ram Truck in stock.

Hemi Engine, Quad Cab, Power Windows, Power Lock, Cruise, Tilt, CD Player.

Starting At Only **\$22,988**

Up To **\$6,000 OFF**

Every 2010 Chrysler Town and Country or Dodge Caravan

Auto, V6, Stow & Go Seating, Rear A/C, Power Windows, Power Locks and More

Starting At Only **\$20,988**

Celebrate ARMED FORCES DAY

Early Bird Special

Oil Change **\$15.95**

Monday & Tuesday

PICK YOUR OWN SAVINGS!

PURCHASE FROM \$250.00 TO \$499.99 GET 10%	PURCHASE FROM \$500.00 TO \$749.99 GET 15%	PURCHASE FROM \$750.00 OR MORE! GET 20%
---	---	--

THE WORKS SPECIAL

\$52.90

Oil and Filter Change
Rotate/Balance/Suspension Check
Brake Check
Multi-point Inspection
Check battery and all fluids

Grammy-winning country act **Zac Brown Band** has teamed with Chrysler, Dodge, Jeep and Ram Truck dealerships to launch "Letters For Lyrics," participants write a letter to a member of the U.S. Military, in exchange for a copy of a special compilation CD, *Breaking Southern Ground*, from the **Zac Brown Band**. They'll also earn a free download of an exclusive live version of the band's latest single, "Free," and will have access to footage from the Zac Brown Band's USO tours.

MON-FRI 7AM-7PM SAT 8AM-5PM **904-493-5545**

\$50.00 Visa Card

15% Military Discount off All Parts and Service

Have your car repaired at our body shop & receive a \$50 Visa Card

9A & BAYMEADOWS

OPEN MON-FRI 7:30 AM - 5:30 PM

OFFERS VALID ON IN STOCK UNITS ONLY. ALL PICTURES ARE FOR ILLUSTRATION PURPOSES AND ARE SUBJECT TO PRIOR SALE. ALL REBATES AND INCENTIVES MUST BE ASSIGNED TO DEALER. ALL OFFERS ARE EXCLUSIVE AND CANNOT BE COMBINED WITH ANY OTHER ADVERTISED OFFER OR PROMOTION. *ONE THOUSAND DOLLAR PRICE PROTECTION GUARANTEE GOOD ON IN STOCK UNITS ONLY. MUST BE ON LIKE VEHICLES WITH IDENTICAL EQUIPMENT. DEALER RESERVES THE RIGHT TO PURCHASE SAID VEHICLE FROM COMPETITOR. CUSTOMER MUST HAVE A SIGNED BUYERS ORDER FROM ANOTHER DEALER. SEE DEALER FOR ADDITIONAL DETAILS. CUSTOMER MUST PRESENT AD AT TIME OF PURCHASE TO OBTAIN ALL DISCOUNTS AND ADVERTISED PRICES. ALL PRICES ARE PLUS TAX TAG AND FEES. SEE DEALER FOR DETAILS. ALL CERTIFIED PRE OWNED VEHICLES COME WITH A 5YR 60K MILE POWERTRAIN WARRANTY FROM CHRYSLER. SEE DEALER FOR DETAILS. CUSTOMER MAY HAVE TO OWN A CHRYSLER JEEP OR DODGE PRODUCT TO QUALIFY FOR ALL REBATES AND INCENTIVES. SEE DEALER FOR ADDITIONAL DETAILS. OFFERS ARE VALID ONLY ON DAYS OF PUBLICATION.

Battle Of Midway Veterans Honored At Dinner

By MC2 Jacob Sippel

Navy Public Affairs Support Element
East Detachment Southeast

Hundreds of guests honored World War II veterans at the 13th Annual Commemoration of the United States Victory at Midway Memorial Dinner held June 5 at the World Golf Village Renaissance Resort.

The event, sponsored by United States Navy League, was intended to pay homage to the 14 veterans who fought so valiantly at the Battle of Midway.

After introductions between the Midway veterans, Navy League officials and other distinguished guests, John Vargo, President of the Navy League Mayport Council, handed out commemoration awards to veterans and talked in-depth about what this dinner meant to



Navy veterans and sponsors gather together for a group photo during the 13th annual Battle of Midway commemoration dinner held at World Golf Village Renaissance Resort in St. Augustine, Fla.

everyone in attendance. "We are here to honor the brave individuals who put their lives on the line against insurmountable odds and defeated a vastly superior force and turned

the tide of the war." Rear Adm. Tim Alexander, Commander, Navy Region

Southeast, echoed on Vargo's statement and explained what the evening meant to him.

"We have several veterans who fought at Midway as well as a lot of other distinguished veterans in attendance for this commemoration dinner and it is a wonderful opportunity to get together and celebrate the victory at Midway and more importantly celebrate the contributions and the heritage these older veterans represent," said Alexander. "We can never pay enough respect to what these veterans did in World War II.

Throughout the occasion, stories of heroism and great courage were shared with those in attendance.

The commemoration ended with the Navy Band Region Southeast performing followed by the dinner and closing

remarks made by guest speaker Vice Adm. Michael Vitale, Commander, Navy Installations Command.

"This is a very special evening for all of us," said Vitale. "We are spending time with the true war heroes of Midway who flew and fought against enemies of peace and for American freedom. These war heroes helped 'turn the tide' in the Pacific during World War II."

The Battle of Midway is widely regarded as the most important naval battle of the Pacific in World War II. Approximately one month after the Battle of Coral Sea and six months after the attack on Pearl Harbor, the United States Navy decisively defeated the Imperial Japanese Navy and turned the war in our favor.

FREEDOM FEST 2010

MAYPORT

**INFLATABLES * RIDES
GAMES * CLOWNS
CARICATURE ARTISTS
FACE PAINTING
BALLOON SCULPTING
WATER & DRY SLIDES
PAINTBALL * AND MORE!**

TWO (2) LIVE BANDS...
BLISTUR [WWW.BLISTUR.COM](http://www.blistur.com)
BITE THE BULLET
[BITETHEBULLETBAND.COM](http://bitethebulletband.com)

**FREE ADMISSION TO THE
BASE POOL (11AM-8PM)**

SATURDAY, JULY 3RD

**4PM-11PM AT NS MAYPORT'S
SEA OTTER PAVILION**

**FOOD & BEVERAGES
AVAILABLE FOR PURCHASE**
HAMBURGERS * BRATS * HOTDOGS
PIZZA * SHAVED ICE * ICE CREAM
FUNNEL CAKES * COTTON CANDY
SODA * WATER * BEER * FULL BAR

**EVENT INFO:
(904) 270-5228**
WWW.CNIC.NAVY.MIL/MAYPORT/RECREATION

**FIREWORKS
AT 9:30PM**

SPONSORED BY
NAVY FEDERAL Credit Union | USAA | KIDS BY THE BAY Learning Center

Neither the Dept. of the Navy, nor any component of the Dept. of Defense has endorsed these sponsors, their products or services.

Balfour Beatty 'Strives For 5' In Housing Survey

From Balfour Beatty

The Annual CEL Housing Survey time is upon Naval Station Mayport once again. In a few weeks, family housing residents will be receiving the CEL Resident Satisfaction Survey. Balfour Beatty Communities encourages residents to fill them out and return them.

By completing and handing surveys in, residents will qualify for weekly drawings. The top prizes include 32" TV, BBQ, Wii.

The survey is part of a performance assessment program. Balfour Beatty Communities ranks "extremely" satisfied and "very good" a passing grade on the survey and any score that is less than this is considered unacceptable.

"We truly strive to exceed our resident's expectations

and hope that every resident enjoyed their home and the services that we provided," explained John A. Armstrong, Community Manager for Balfour Beatty Communities.

Once residents complete their surveys and seal them in the postage paid envelopes provided, they can simply bring it to the Balfour Beatty Communities Management Office and drop it in the autho-

rized locked mailbox. Only CEL employees will open the returned envelopes. Survey results are completely confidential and anonymous.

"The survey allows us to see where we are succeeding and where there is room for improvement," said Armstrong, "it's important for residents to fill them out honestly."

The survey deadline date is Aug. 13.

McGowan Firearms

Hours: Tues - Sat 11 am - 7 pm
www.mcgowanfirearms.com

NOW a Glock Blue Label Dealer

Discounts for: Law Enforcement, Active/Retired Military, Fire Fighters, and others.

Why drive further to pay more?

904-372-0770
701 Mayport Crossing Blvd, Atlantic Beach
1 Mile South of NS Mayport in the Food Lion Shopping Center

EXCLUSIVE ADAMEC H-D DOG-TAG PROGRAM

ATTENTION ACTIVE-DUTY MILITARY PERSONNEL; PURCHASE ANY MOTORCYCLE AND RECEIVE:

- 1-YEAR ADDITIONAL EXTENDED SERVICE PLAN
Qualified purchases only - some used motorcycles will not qualify.
- REDUCED DEALER FEES
- FREE DEPLOYMENT STORAGE
Oil/filter change and safety check included. First come, first serve.
- FREE PICK-UP AND DELIVERY Within 50 miles of the dealer.
- FREE PRIORITY SERVICE WITH SCHEDULED MAINTENANCE
In & out within 24 hours, plus a FREE bike wash.
- 24 HOUR ROADSIDE ASSISTANCE
- FREE BIKE WASHES For as long as you own the motorcycle.
- FREE ADAMEC ADVANTAGE MEMBERSHIP
Earn in-store points for every dollar you spend.
- DISCOUNT ON D.O.D. APPROVED SAFETY EQUIPMENT
- FREE DYNO RUN WITHIN FIRST YEAR OF PURCHASE
- DISCOUNTED RENTAL RATES
- FREE PERSONALLY ENGRAVED ADAMEC H-D DOG TAG

A \$1,500 VALUE

72 hour advance notice required prior to pick-up for deployment storage. Dog Tag Program excludes courtesy delivery. Not valid with any other offer or reward program. See dealer for detail.

CELL PHONES FOR SOLDIERS

Help Our Veterans Call Home

DROP BOX POINT

Donate any old cell phones for soldiers overseas!

NOW-JUNE 30

Stop in to any Adamec Location, take a DEMO RIDE on any H-D model, and receive a FREE GIFT!*

*Motorcycle endorsement required.

THANK YOU FOR ALLOWING US TO RIDE FREE!

Text AHD to 58789 to become a member of Adamec Underground, our Mobile VIP Program providing you with exclusive promos, event info, & more! By texting in, you're automatically entered to WIN A \$100 ADAMEC H-D GIFT CARD!

*Standard text message rates may apply from your cell phone provider. Code is not case sensitive. Winners of gift card will be notified monthly via text.

3 GENERATIONS - 3 LOCATIONS

BAYMEADOWS 904.493.1931	ORANGE PARK 904.215.1931	REGENCY 904.641.3735
----------------------------	-----------------------------	-------------------------

Jacksonville Suns vs. Huntsville Stars

Tuesday, June 22nd - 7:05pm Fifty-Cent Family Feast. KRAFT Singles Tuesday Night Tickets & Teachers and Educational Employees Night 50¢ hot dogs, peanuts and ice cream treats! Bring a KRAFT Singles package wrapper to the box office for a steal of a deal! Visit kraftsingles.com for more info. Also teachers and educational employees receive \$5 off any ticket with proper ID.

Presented by COMMUNITY FIRST | Singles | folio weekly | GIGA CATS

Wednesday, June 23rd - 1:05pm Businessperson Special & Camp Day *Kids' summer camps are invited to this afternoon matinee! \$14.50 buys a box seat, large hot dog and large beverage of choice. Kids can show their JTA youth summer card for a free general admission ticket. Baseball in the SUNShine!

Presented by Quench | JTA | THE BLOOD ALLIANCE

Thursday, June 24th - 7:05pm Thursday Night Throwdown & Shriners Night Enjoy Buds for a Buck and other great drink specials at the hottest spot in Jacksonville during the summer! Come early to see the pre-game Shriners parade and a special performance from the Shriners Clown! Plus help the Blood Alliance Blood Drive - the first 25 fans to donate will receive two Homeplate Box seats, a food voucher and a merchandise item!

Presented by Budweiser | JTA | ABSOLUT | BUELL | Jagermeister

Friday, June 25th - 7:05pm Michael Jackson Tribute Night & Friday Family Fireworks Help the Suns celebrate the King of Pop with the best Michael Jackson impersonator around. Plus help the Blood Alliance Blood Drive - the first 25 fans to donate will receive two Homeplate Box seats, a food voucher and a merchandise item!

Presented by UPS | Comcast | WQIX | THE BLOOD ALLIANCE | DAYTONA

For more information or to purchase tickets call 904-358-2846 or visit www.jaxsuns.com

BEWARE! ALL ROOFING CONTRACTORS ARE NOT THE SAME

Call and find out what you should look for.

TRY THE BEST AND GET \$750 OFF ANY RE-ROOFING!*

RON RUSSELL ROOFING

RRROOF!

License #: CCC 1327484 YOUR BEST FRIEND IN THE ROOFING BUSINESS

FREE 24 HOUR RECORDING

888-511-0391 EXT. 18

*Re-roof requires minimum 20 square

Top Sail Schooner Visits Mayport



-Photo by MC2 John Skrzyzniarz
Spanish Midshipman Miguel Matia provides a tour to Machinery Repairman 1st Class James Herd, Machinery Repairman 2nd class Matthew Travis, and Aviation Maintenance Airman Kleber De Gracia aboard the Spanish Navy Sailing Training Ship Juan Sebastian de Elcano while in-port at Naval Station Mayport.



-Photo by Paige Gnann
Midshipmen from the Spanish navy's four-mast top sail schooner, Juan Sebastian de Elcano, buy souvenir patches at the command commissary after a tour of HSM-40 last week.

At home and abroad, insuring Military Members and their families for 130 years.

Life insurance without military service limitations, without aviation clauses, and without decreasing benefits for those who deploy.

Standing strong and securing your financial future in all kinds of economic conditions.

Providing you competitive prices and rates of return.

Get the coverage you deserve—Call 800-628-6011 or visit navymutual.org.

Our Focus is You.



Photo Courtesy of Dept. of Defense

Navy Mutual

Henderson Hall | 29 Carpenter Road | Arlington, VA 22212
800-628-6011 | www.navymutual.org

We Salute YOU!

D•R•Horton wants to show our support and gratitude for the hard work and sacrifice of our country's military personnel!

Payments from
\$839
TOTAL Per Month!*

\$1 MILITARY MOVE-IN**
Move into a new D•R•Horton home today for only one dollar down!

\$8000 TAX CREDIT+
EXTENDED for qualified service members!

SUMMER KEY/WINDSOR FALLS New Condos from the \$90's!++

904-996-2625 | 2 Convenient Southside Communities!

- Resort-style amenities – pool, picnic, clubhouse featuring indoor basketball, fitness center & billiards, jogging trails
- Excellent Southside locations, minutes from I-95, J Turner Butler Blvd, shopping, dining, entertainment



BARRINGTON COVE New Homes from the \$110's!++

904-854-0249 | Dunn Ave. just West of I-295 in Northjax

- Beautifully landscaped community . Large, estate sized lots with lake and conservation views available
- Close to schools, shopping, easy access To I-95 & I-295
- Community Playground



YELLOW BLUFF LANDING New Homes from the \$120's!++

904-683-4772 | US-17 just North of Pecan Park Road

- Minutes from I-95 and 9-A, Jacksonville International Airport, Brand New River City Marketplace
- Fabulous amenities including sports fields, basketball, pool & clubhouse
- Excellent location, convenient to Kings Bay & Mayport Naval Station



HERON ISLES Homes from the \$120's!++

904-335-5032 | Chester Road North of A1A in Nassau County

- Convenient to I-95, Jacksonville International Airport, great shopping, dining & entertainment
- Highly rated Nassau County Schools
- Close to Amelia Island and the Beach
- Tranquil, quiet natural setting
- Great location, convenient to Kings Bay & Mayport Naval Stations



MODELS OPEN
Mon-Sat
10 am – 6:30 pm
Sun 12 pm – 6 pm



100% VA Financing!# Historically Low Interest Rates!
D•R•Horton Pays ALL Closing Costs AND Prepaid items!##

D•R•HORTON DHI Listed NYSE
America's Builder

The American Dream Lives *Here*

*\$839/month estimated payment is based on a Sales Price of \$124,990 for the Boca in Barrington Cove with Zero Downpayment, VA 30 year fixed rate of 5% (5.375% APR) with loan amount of \$127,678 which includes a \$2688 VA Funding fee. Must have VA eligibility and meet other qualifications to qualify for VA loan. This payment includes P&I of \$667, \$136 estimated monthly property taxes with Florida Homestead Exemption, monthly insurance of \$36, and does not include HOA fees. Interest rates are subject to change without notice and may vary based on credit score. Not all buyers will qualify. **\$500 deposit requirement at contract signing, \$499 refunded at closing. Program is subject to VA loan eligibility and qualification. Not all buyers will qualify. Offer expires 6/30/10, not valid with other offers. Offer valid only in DR Horton North Florida communities. Offer valid on new contracts only, fully executed after 11/20/2009. *Federal tax credit of up to \$8,000 available to first-time, qualified service member homebuyers (or up to \$6,500 for repeat buyers) who enter into a binding contract to purchase a home on or before April 30, 2011, and close escrow on or before June 30, 2011. A "qualified service member" is a member of the uniformed services of the United States, a member of the U.S. Foreign Service or an employee of the U.S. intelligence community, who served overseas for at least 90 days between January 1, 2009 and April 30, 2010. Income limitations apply. Amount of tax credit, if any, is not paid to buyer upon close of escrow. Buyer must claim the tax credit on buyer's federal income tax return. Not all buyers will qualify. This information is provided for general guidance only and does not constitute tax advice. Please consult an accountant or attorney for your particular situation. Visit www.federalhousingtaxcredit.com for complete details. **Prices, specifications, incentives and availability subject to change without notice. *Subject to VA loan eligibility and qualification, not all buyers will qualify. ##Closing costs and lender required prepaid items are paid with the use of a D.R. Horton preferred lender, limitations apply depending on financing program. Closing costs are limited to customary lender closing costs and do not include points, origination fee, or certain extraordinary closing costs. All items paid are at seller's discretion. Pre-paid items include pre-paid interest, hazard insurance premium & escrow, and tax escrow. Please see your New Home Consultant for details. CBC058997 © 2010 DR Horton, Inc. All rights reserved.



June 17: Thursday CPO Social Hour. 3-7 p.m. at Foc'sle CPO Club with thirty-five cent wings, drink specials and all-you-can-drink soft drinks for only \$1. Thursday night is reserved for active and retired Chief Petty Officers and their guests. 270-5431

June 18-20: Beach Lifeguards on Duty. MWR Mayport's Beach Lifeguards are currently on duty 10 a.m.-6 p.m. Fridays, Saturdays, Sundays and Federal Holidays. 270-5425

June 18: Free Summer Outdoor Movie – The Princess and the Frog (G). Start time is at sunset (approximately 8:30 p.m.) at Sea Otter Pavilion. Bring your lawn chairs and/or blankets and bug spray, just in case. Snacks and

June 18-20: Beach Lifeguards on Duty. MWR Mayport's Beach Lifeguards are currently on duty 10 a.m.-6 p.m. Fridays, Saturdays, Sundays and Federal Holidays. 270-5425

June 18: Freedom Friday – Camp Out. 7-11 p.m. at the Youth Activities Center for ages 6-12 (age 5, if completed Kindergarten). Cost is \$7 if advance sign-up; \$9 the day of (if space). Early registration is encouraged; Space is limited. 270-5680 or 5421

June 18: Teen Center Extended Hours. 7-9 p.m. at Club Teen. This free "tropical fun" party is open to age 12 through grade 12. 246-0347 or 270-5680

June 18: Free Summer Outdoor Movie – The Princess and the Frog (G). Start time is at sunset (approximately 8:30 p.m.) at Sea Otter Pavilion. Bring your lawn chairs and/or blankets and bug spray, just in case. Snacks and beverages available for purchase. 270-7205

June 20: Father's Day Bowling Special. 1-8 p.m. at Mayport Bowling Center.

The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by Planet Mayport Single Sailor Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

June 17: Boardz Skate Park. Van departs Planet Mayport at 4 p.m. for this indoor skate park. (Free)

June 18: Dave and Busters Trip. Van departs Planet Mayport at 7 p.m. (Free)

June 19-20: Billie Swamp Safari. Van departs Planet Mayport at 9 a.m. Trip includes swamp buggies, air boat rides and more. (Free)

June 21: Golf Outing. Van departs Planet Mayport at 3:45 p.m. or meet us at Windy Harbor Golf Club. Deadline to sign up is June 18. (Free)

June 22: Jacksonville Suns Baseball Game. Van departs Planet Mayport at 5:30 p.m. (Free)

June 23: Starlight Cinemas. Showing Shutter Island outside starting at 9 p.m. (Free)

June 24: Texas Hold 'Em. 6 p.m. at Planet Mayport. (Free)

June 25: Pool Tournament. 6 p.m. at Planet Mayport. (Free)

June 26: Treasure Hunt and Pool Party. Treasure Hunt your way over to the Base Pool starting at Planet Mayport at 6 p.m. Pool party and outdoor movie begin at 8 p.m. (Free)

June 30: Movie Theatre Trip. Van departs from Planet Mayport at 6 p.m. (Free)

KAYAKS & CANOES 25% OFF
HARDWARE-SUPPLIES-CHARTS
PIER 17 MARINE
4619 Roosevelt Boulevard
Jacksonville, FL 32210
(904) 337-4669 • www.pier17jaxfl.com

CASH
for your
DIAMONDS
SINCE 1977 AND GOLD
246-1933 • 619 Atlantic Blvd.
MONAHAN JEWELERS

MWR HAPPENINGS

beverages available for purchase. 270-7205

June 20: Father's Day Bowling Special. 1-8 p.m. at Mayport Bowling Center. Games are \$2 and shoe rental \$1. Colored pin bowling - bowl a strike with a colored headpin and win a free game pass. Food special is hot dog and fries for only \$2. 270-5377

June 20: Bowling Family Fun Night. 4-7 p.m. every Sunday at Mayport Bowling Center. Cost is \$9 per person and includes spaghetti dinner, All-You-Can Bowl with shoes, music videos, light show and colored headpin bowling for

prizes. 270-5377

June 22: All Khaki Wings and Trivia Night. 3-7 p.m. at Foc'sle CPO Club with 35-cent wings, drink specials and all-you-can-drink soft drinks for \$1. Trivia begins at 5:30 p.m. All Khakis welcome (Chief Petty Officers, Officers and their guests). 270-5431.

June 23: 4 vs. 4 Beach Volleyball Begins. 11:30 a.m. behind Beachside Community Center. Captain's Cup league; sign up your Command team at the Gym. 270-5451

June 23: All Hands Family Steak Night. 4-7 p.m. at Foc'sle CPO Club. Steak din-

KID ZONE

Games are \$2 and shoe rental \$1. Colored pin bowling - bowl a strike with a colored headpin and win a free game pass. Food special is hot dog and fries for \$2. 270-5377

June 20: Bowling Family Fun Night. 4-7 p.m. every Sunday at Mayport Bowling Center. Cost is \$9 per person and includes spaghetti dinner, All-You-Can Bowl with shoes, dinner, music videos, light show and colored headpin bowling for prizes. 270-5377

June 25 & 26: Session 2 Swim Lesson Registration. 8-10 a.m. at the Base Pool. Session 2 meets Monday through Thursday during week one and Tuesday through Friday June 28-July 9. Cost is \$40 per child, per session. For a complete 2010 swim lesson schedule, download the 2010 Aquatics Programs brochure at www.cnic.navy.mil/Mayport/ Recreation or pick up a copy at the Base Pool. 270-5425

June 25: Teen Center Extended Hours. 7-9 p.m. at Club Teen. This free talent show event is open to age 12 through grade 12. 246-0347 or 270-5680

June 25: Free Summer Outdoor Movie – Where the Wild Things Are (PG). Start time is at sunset (approximately 8:30 p.m.) at Sea Otter Pavilion. Bring your lawn chairs and/or blankets and bug spray, just in case. Snacks and beverages available for purchase. 270-7205

July 3: Freedom Fest 2010. 4-11 p.m. at Sea Otter Pavilion. Come out and enjoy free fun for the entire family: games, rides, face painting, caricature artists, live bands, water slides, inflatables and much more! Food and beverages will be available for purchase at reasonable prices. No outside coolers, food or beverages allowed at the event site. Fireworks will be at 9:30 p.m. 270-5228

LIBERTY CALL

DISCOUNT TIRE.COM
NOW OPEN! MIDDLEBURG
1567 BRANAN FIELD RD. • 904-589-9874

\$29
13" TIRES FROM
EA P175/70R-13

14" TIRES from \$47 P185/60R-14 P195/60R-14
15" TIRES from \$57 P185/65R-15 P195/65R-15 P205/65R-15 P195/60R-15 P205/60R-15
16" TIRES from \$67 P205/60R-16 P215/60R-16 P225/60R-16 P205/55R-16

MICHELIN

\$70 REBATE
ON ANY SET OF 4 MICHELIN TIRES!
ONLINE OR MAIL-IN REBATE VALID 6/13/10 TO 7/31/10. SEE STORE FOR DETAILS.

BFGoodrich GOODYEAR BRIDGESTONE
Continental FALKEN PIRELLI YOKOHAMA

NORTHSIDE – 560 SKYMARKS DR. MV-68963 (River City Mktplace)... **757-6760**
WESTSIDE – 5175 LENOX AVE. MV-58679 (Next to Loves) **378-9282**
151 BLANDING BLVD. MV-08262 (1/2 mile S. of Orange Park Mall) .. **276-2013**
9440 ATLANTIC BLVD. MV-26275 (Across from Regency Square Mall) ... **724-0945**
1509 COUNTY RD. 220 MV-52467 (Eagle Harbor, next to Wal-Mart) .. **682-0017**
13840 BEACH BLVD. MV-63147 (1/2 mile East of Hodges) **821-0982**
SOUTHSIDE – 8080 PHILIPS HWY MV-63057 (At Baymeadows, next to Loves) ... **636-7576**

M-F: 8:00-6, SAT.: 8:00-5 • OVER 750 STORES NATIONWIDE!

DISCOUNT TIRE
AMERICA'S LARGEST INDEPENDENT TIRE DEALER
discounttire.com
STATE OR LOCAL TAXES AND, WHERE REQUIRED OR CHARGED, STATE ENVIRONMENTAL OR DISPOSAL FEES ARE EXTRA.

ners are \$10 each. Purchase your tickets from AGCS Michael Smith at 270-7360 or michael.p.smith13@navy.mil. Steak Night is sponsored by Fourth Fleet. 270-5431 or 270-7360

June 24: Thursday CPO Social Hour – Boss's Night. 3-7 p.m. at Foc'sle CPO Club with thirty-five cent wings, drink specials and all-you-can-drink soft drinks for only \$1. Thursday night is reserved for active and retired Chief Petty Officers and their guests. 270-5431

June 25: CFL Course Deadline. Command Fitness Leader (CFL) certification course is July 12-16. Registration information packets are available at the Base Gym or Surfside Fitness Center.

270-7134
June 25 & 26: Session 2 Swim Lesson Registration. 8-10 a.m. at the Base Pool. Session 2 meets Monday through Thursday during week one and Tuesday-Friday during week two, June 28-July 9. Cost is \$40 per person, per session. Children's lessons available in the morning; adult classes available in the evenings. For a complete swim lesson schedule, download the 2010 Aquatics Programs brochure at www.cnic.navy.mil/Mayport/ Recreation or pick up a copy at the Base Pool. 270-5425

June 25: Free Summer Outdoor Movie – Where the Wild Things Are (PG). Start time is at sunset (approximately 8:30 p.m.) at Sea Otter Pavilion. Bring your lawn chairs and/

or blankets and bug spray, just in case. Snacks and beverages available for purchase. 270-7205

July 3: Freedom Fest 2010. 4-11 p.m. at Sea Otter Pavilion. Come out and enjoy free fun for the entire family: games, rides, face painting, caricature artists, live bands, water slides, inflatables and much more! Food and beverages will be available for purchase at reasonable prices including hamburgers, hotdogs, brats, sausages, pizza, Hawaiian shaved ice, funnel cakes, cotton candy, ice cream, chips, soda, water, beer, and a full bar. No outside coolers, food or beverages allowed at the event site. Fireworks will be at 9:30 p.m. 270-5228

NAVSTA Mayport Phillies



-Photo submitted
NAVSTA Mayport Phillies pose for a team picture with their coaches. The 8-10-year-olds (and one 6-year-old) celebrated the end of the season with their last game on May 27 and the end of the year ceremony with the Jacksonville Suns on May 29, where they were able to stand on the field with the players during the National Anthem. Does your child belong to a Mayport team? Submit photos and caption information to mayportmirror@comcast.net.

Bikini Beach Cuts
FOR MEN AND WOMEN

SHAMPOO • CUTS
COLOR • STYLE

\$5 off
Every day
for all military/spouses/
dod/fire rescue

We Make Every Hour... HAPPY HOUR!!

GROUP DISCOUNTS AVAILABLE
CALL FOR DETAILS
372-4153

677 3RD STREET SOUTH JAX BEACH
(NEXT TO JAX BEACH PAWN SHOP)

Outdoor Fitness Training At NS Mayport

From MWR

Even though the temperatures are climbing into the 90's, the Navy Fitness Team is still providing outdoor fitness training opportunities on our beautiful oceanfront Naval Station. Classes are provided at times and locations that beat the heat. The types of programs offered are diverse and there is something for every fitness level. Take advantage of our station's location and experience how motivating and energizing a workout in the outdoors can be.

The class description, the days, times and location they are offered are as follows:

Spartan Training, 7 a.m. Monday, behind Surfside Fitness Center. This H.I.T. (high intensity training) involves use of TRX, kettlebells, obstacle courses, sled drags, tire flips, tire sledge hammering, calisthenics and plyometrics. A strong base fitness level is recommended before attending this class.

TRX, 7 a.m. Tuesday, 4:30 p.m. Tuesday and 6:30 p.m.

Wednesday, behind Surfside Fitness Center. The TRX is a suspension training system developed by a Navy Seal. TRX training builds functional strength and endurance and is an innovative tool used to attain peak fitness levels for operational readiness. All fitness levels and personnel are welcome.

Aqua at the base pool 9:30 a.m. Monday, Wednesday and Thursday. Aqua uses the water as resistance to build cardiovascular endurance, muscular strength and flexibility. Classes incorporate noodles, dumbbells, barbells and other resistance equipment designed specifically for exercise in the water.

Aqua Therapy at the base pool Friday at 8:30 a.m. is reserved for those rehabilitating injuries, overcoming arthritis or who are unable to exercise on land. Special equipment is also used and many gains are made with the hydrotherapy techniques applied.

Beach Bootcamp at 7 a.m. Friday behind Surfside Fitness Center. Multiple training techniques are used. Calisthenics, kickboxing, running, circuits, obstacle course, sport drills are



Participants work out with kettlebells during Spartan Training.

-Photo submitted

a few included in the class curriculum.

Yoga 5:30 p.m. Tuesday at

Surfside Fitness Center is also periodically held outside oceanfront or under the TRX suspen-

sion frame. All the benefits of Yoga are intensified in the elements of nature.



Command Fitness participants workout on the TRX 2 system just outside of Surfside Fitness.



Swimmers use water to build muscles during Aqua aerobics at the base pool.

OPPORTUNITY • GREAT OPPORTUNITY • GREAT OPPORTUNITY • GREAT OPPORTUNITY • GREAT OPPORTUNITY • GREAT

Active-Duty Military Federal Tax Credit EXTENSION!



First-Time Homebuyers

Get up to \$8,000!

Don't delay! Your opportunity to buy a new KB home and possibly receive a federal tax credit of up to \$8,000 has been extended.

Current Homeowners

Get up to \$6,500!

If you've lived in your home for at least five of the last eight years, you may qualify for a tax credit of up to \$6,500 when you buy a new KB home.



Call KB Home today to learn more about the exciting homeownership opportunity you may be able to receive.

For more on the federal tax credit, visit federalhousingtaxcredit.com.

Visit kbhome.com to find the KB Home community nearest you or call the KB Home Finding Center for information on any Northeast Florida community or call 888-KB-HOMES.



Pescara at Murabella



Victoria Preserve



Waterleaf



Summer Point

888-KB-HOMES

Building quality new homes since 1957.

kbhome.com

Broker Cooperation Welcome. ©2010 KB Home (KBH). This is not a representation or guarantee of loan qualification, affordability of homeownership, eligibility for or receipt of a federal tax credit, state tax credit or any other tax benefits of homeownership. Eligibility requirements are different for each program. Income limitations, ownership conditions, repayment requirements, and other restrictions and requirements apply. Tax laws are subject to change. To qualify for the federal tax credit, homebuyers must purchase their home before May 1, 2010, and close escrow before July 1, 2010. Up to \$8,000 federal tax credit is for first-time homebuyers or anyone who has not owned a home in the last 3 years. Up to \$6,500 federal tax credit is for current homeowners who have owned and lived in the same home for 5 consecutive years out of the past 8 years. Military 1-year extension to May 1, 2011, requires active-duty overseas deployment for 90 days between December 31, 2008, and May 1, 2010. To qualify for the tax credit, the purchase price must be less than \$800,000. Federal tax credit applies over a one-year period against your tax obligation. Since individual tax and financial circumstances will vary, see your financial and tax advisors for details and information on the tax credit, and learn more at www.federalhousingtaxcredit.com. Payment of Broker Co-op requires Broker to accompany and register buyer on first visit and comply with Broker Co-op Agreement. Photos show upgraded landscaping/options and may not represent community's lowest-priced homes. Photo does not depict racial preference. See sales counselor for details. CRC057509 JAX-86010



Classes, Workshops Available At FFSC

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 1701. FFSC is located in Building One on Massey Avenue.

June 10, 9-11 a.m., **Resume Walk-in Review Assistance**, FFSC

June 10, 9 a.m.-noon, **Tottletyme Playgroup, USO**

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

June 14-17, 8 a.m.-4:30 p.m., **SAPR Victim Advocate Training**, NAS Jax Chapel

June 14, 6-7 p.m., **IA Family Discussion Group, USO**

June 14, 8:30 a.m.-noon, **FERP- Career & Job Readiness Class**, FFSC

June 14, 9-11 a.m., **What About The Kids Workshop**, FFSC

Children who witness family violence are often forgotten as the unintended victims. A wide range of child adjustment problems has been found to be associated with exposure to domestic violence. Parent's need to see, understand the effects of domestic violence on children as encompassing behavior, emotion, development and socialization. Parents need to understand that there is an intergenerational cycle of vio-

lence and they may be creating a legacy for their child of learned violent behavior. The purpose of this program is not to shame parents for events that have already happen, but to instill hope that things can change. The knowledge that the violence, which many parents incorrectly believe is unseen by their children, is negatively impacting their children's growth and development and may provide an additional motivator for ending the violence and seeking intervention. June 14, 1-3 p.m., **FERP- Federal Employment Class**, FFSC

June 15, 9 a.m.-noon, **Tottletyme Playgroup, USO**

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

June 15, 9-11 a.m., **Resume Walk-in Review Assistance**, FFSC

June 16, 9 a.m.-noon, **Tottletyme Playgroup, USO**

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

June 17, 9 a.m.-noon,

Tottletyme Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

June 17, 9-11 a.m., **Resume Walk-in Review Assistance**, FFSC

June 17, 9 a.m.-noon, **Tottletyme Playgroup, USO**

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and

playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

June 21, 8 a.m.-4:30 p.m., **Ombudsman Basic Training**, Building 1 Room 719

June 21-24, 8 a.m.-4 p.m., **TAP Separate Workshop**, Building One Room 1616

Designed for Military personnel within 180 days of leaving the military. The seminar focuses on benefits for service members and their family members. Participants receive help in translating their military acquired skills into civilian language and are exposed to the civilian job market and how to successfully compete in the civilian employment arena; learning about resumes, employment interviews and marketing themselves. If you are within a minimum of 180 days of leaving the military see your career counselor for a

quota for this highly successful program.

June 22, 8 a.m.-4:30 p.m., **Ombudsman Basic Training**, Building 1 Room 719

June 22, 9-11 a.m., **Resume Walk-in Review Assistance**, FFSC

June 23, 9 a.m.-noon, **Tottletyme Playgroup, USO**

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. All children age four and below are invited to attend.

June 24, 9 a.m.-noon, **Tottletyme Playgroup, USO**

Parents and children together meet to share parenting concerns, ideas, and fun! The

group invites professionals to address specific areas of concern such as toilet training, etc.

June 24, 9-11 a.m., **Resume Walk-in Review Assistance**, FFSC

June 24, 8-11 a.m. **Anger Management**, FFSC

June 28, 6-8 p.m., **Ombudsman Assembly**, Building 1 Room 104

June 28, 1-3 p.m., **Starting Your Own Business Class**, FFSC

June 29, 9 a.m.-noon, **Couples Communication Workshop**, FFSC

Whether you've been dating for 6 months or married for 20 years, effective communication is critical to keeping your relationship happy, healthy and strong. Come learn new techniques which will help you build on the strengths of your relationship and learn to identify barriers to effective communication. Class is a one-time 3 hour class. Couples are encouraged but not required to attend class together.

ST. AUGUSTINE FLORIDA

STAY AT EASE

at the Renaissance Resort at World Golf Village

ATTENTION HEROES!



Let us reward your service with some of our own. Stay centered – and at ease – at our newly renovated resort. Play one of two legendary golf courses. And visit the one-and-only World Golf Hall of Fame.

Ask about our \$89 American Hero Rate. Includes breakfast for two.**



THE RENAISSANCE RESORT AT WORLD GOLF VILLAGE
Another Exceptional Resort by John O. Hammans Hotels

U.S. Military, Firefighters & Law Enforcement Officers



AMERICAN HERO Stay & Play Package*

FROM \$179	PER ROOM PER NIGHT ONE GOLFER	FROM \$279	PER ROOM PER NIGHT TWO GOLFERS
-------------------	-------------------------------	-------------------	--------------------------------

- Deluxe Accommodations
- One Round on King & Bear or Slammer & Squire
- Breakfast • Free Range Balls

Call 888-740-7020 or 904-940-8000 or visit WorldGolfRenaissance.com

*Offers are only valid through 8/31/10 for active and retired members of the U.S. Military, Fire and Police Departments. **\$89 rate valid through 12/31/10 and based on availability.

A law firm of "Vets" fighting for YOU!

YOUR ACCIDENT AND INJURY ATTORNEYS

You Hurt? We FIGHT!

DUI & CRIMINAL DEFENSE

FAMILY LAW

ALL YOUR LEGAL NEEDS

Call us for a free consult. **721-7575**

www.ronsholespa.com

The Law Offices of

RON SHOLES P.A.

MAIN OFFICE: 4981 ATLANTIC BLVD., JACKSONVILLE, FL - 8/10 MILE WEST OF UNIVERSITY BLVD. INTERSECTION

A LAW FIRM OF MILITARY VETERANS

ATTORNEYS: Ronald Sholes, USN - 10 Yrs.
Mike Quimby, USN - 8 Yrs.
Garry Crews, USMC Ret.



Ron is a Gulf War vet who will fight to protect your rights!

- JACKSONVILLE
- ORANGE PARK
- STARKE



On Base

Monday, June 21

USS Simpson family readiness group will meet from 6-8 p.m. at the Mayport USO. Childcare will be provided. For more information about the event, email Ombudsman Whitney Watson at simpsonombd@gmail.com or Simpson FRG President Marla Hynes at usssimpsonfsg@yahoo.com

Out in Town

Thursday, June 17

MilSpouse Job Club, sponsored by Military Spouse Corporate Career Network, will hold their first meeting at the Mayport USO from 9:30 a.m.-noon. Future topics could include resumes, interviewing, volunteering. For more information about the club or to RSVP, go to <http://milspouse-jax.eventbrite.com> or email lblevins@msccn.org

Saturday, June 19

The City of Atlantic Beach continues the Wild Wonders adventure with Prehistoric

COMMUNITY CALENDAR

Pals, including the endangered Alligator Snapping Turtle, along with reptiles and other creatures from around the world. The programs will be offered at 11 a.m. at the Dutton Island Preserve Pavilion. Learn about reptile behavior, survival, feeding habits, and adaptations. Adults and children will enjoy this one-hour program of information and up-close encounters with our planet's wild wonders. This event is free and open to the public. Dutton Island Preserve is located at the west end of Dutton Island Dr. W. off Mayport Rd. in Atlantic Beach. Visit the AB website at www.coab.us/events for upcoming programs and events. The City of Atlantic Beach Recreation and Special Event office is located at 716 Ocean Blvd., Atlantic Beach.

Monday, June 21

VBS is the "Best week of the year. Come join the fun for

the Galactic Blast: A Cosmic Adventure Praising God which will be from 6-8:30 p.m. at Isle of Faith United Methodist Church, 1812 San Pablo Rd., Jacksonville, Fla., 32224. There will be a performance by the children on Sunday, June 27 at 9-10:30 a.m. The camp is free. Children need to be in the age group entering kindergarten through 5th grade. To see this year's theme go to www.cokesburyvbs.com/galactic-blast/. Register online at www.iofumc.org/. Click on the Grow button to find the registration form. For more information, please contact Anne Knapp at 221-1700 ext. 204.

Saturday, June 26

Join a park ranger at 3 p.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. The program will take place at pavilion one on Little

Talbot Island. No reservations are necessary and the program is free with regular park admission.

Saturday, June 26

Learn the University of Florida nine principles for Florida Yards and Neighborhoods and how they can save you time, energy, and money from 2-3 p.m. at South Mandarin Regional Library, 12125 San Jose Boulevard.

Take home a handout of Florida-Friendly tips that explain ways to calibrate sprinklers, calculate fertilizers, as well as fertilizer schedules, and how to measure mulches for your landscape. You will also hear about attracting wildlife and more. This is a free program. Registration is requested. Call Becky at the Duval County Extension Office 387-8850.

Wednesday, June 30

The Mandarin Garden Club, 2892 Loretto Rd., will host a workshop by the Duval County Extension Office about Earth Friendly Roses, Money Saving Landscape Tips, and Summer

Landscape/Garden Chores from 9:30 a.m. until noon. Cost to attend is \$5. To register, call Becky @ 387-8850

Saturday, July 3

Join a park ranger at 2 p.m. and learn about the life-cycle of the sea turtle and the importance of these creatures. The program will take place at pavilion ten on Little Talbot Island. No reservations are necessary and the program is free with regular park admission.

Saturday, July 10

Join a park ranger at 2 p.m. for a discussion on the different types of shark teeth that can be found on the area's beaches. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Saturday, July 17

Join a park ranger at 2 p.m. for a walk on the beach as they explain the importance of undeveloped beach habitat, including many interesting facts about sea creatures and common shells found in the area. The

program will begin by pavilion one on Little Talbot Island. No reservations are necessary and the program is free with regular park admission.

Saturday, July 24

Join a park ranger at 2 p.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. The program will take place at pavilion three on Little Talbot Island. No reservations are necessary and the program is free with regular park admission.

Saturday, July 31

Join a Park Ranger at 2 p.m. for a program that will introduce you to bird watching. Topics include the basic tools available to birdwatchers, and the basics of bird habitat, behavior, and identification. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Happy Father's Day!

Colored Pin Bowling Special

Get a strike with a colored headpin and win a free game pass.

Sunday, June 20th

Games \$2.00
Shoe Rental \$1.00

Food Special: Hotdog and fries... \$2.00

Mayport Bowling Center (904) 270-5377

BRANNAN BUILDERS INC.

\$600⁰⁰ off

A 24' x 24' Garage

Smokin' hot deals on metal roofs

- 40 years Experience
- High Quality - Low Prices
- Garages, Room Additions, Kitchen Remodels, Roofing & Custom Homes
- Licensed & Insured
- Lots of References Available

CBC 1251023
CCC 1328006

FREE 24 HOUR recorded message

with info & special pricing, call: 888-525-8306 ext. 38
Listen & Connect Live!

Give Dad A Little Time

GALILEO THERMOMETERS

CUCKOO CLOCKS

MILITARY MINI DESK CLOCK

POCKET WATCHES

TIDE CLOCKS BAROMETERS

SORRENTO MUSICAL JEWELRY BOXES

EXPERT CLOCK & WATCH REPAIR
40 YEARS EXPERIENCE
SELLING QUALITY & SERVICE.
BRING THIS AD FOR A FREE REPAIR ESTIMATE.

WE ARE THE DIRECT AUTHORIZED COLLISION REPAIR SHOP FOR THE #1 AUTO INSURER OF THE MILITARY!

AutoCrafters COLLISION REPAIR

MAP OF JACKSONVILLE FL

- Autocrafters Collision - N. Main: 13349 N. Main St. Jacksonville, FL 32218. 904-757-6500
- Autocrafters Collision - Lee Rd.: 48 Lee Rd. Jacksonville, FL 32246. 904-722-1556
- Autocrafters Collision - Macclenny: 180 S. Lowder St. Macclenny, FL 904-259-3001
- Autocrafters Collision - O. Park: 629 Park Ave. Orange Park, FL 32073. 904-269-8101
- Autocrafters Collision - Blanding: 1011 Blanding Blvd. Orange Park, FL 32095. 904-298-2982
- Autocrafters Collision - St. Augustine: 2120 State Road 16 St. Augustine, FL 32095. 904-829-3769
- Autocrafters Collision - Phillips: 9417 Phillips Hwy. Jacksonville, FL 32256. 904-464-0044

MAKE THE RIGHT CHOICE... CHOOSE AUTOCRAFTERS COLLISION REPAIR!
www.AutoCraftersCollision.com

Sandmark House

10913 BEACH BLVD. (904) 641-5005
www.sandmarkhouse.com

S & L Auto Glass

MOBILE SERVICE
We will come to you!
We except all Insurance Work or Customer Pay.
Lifetime Warranty
Remember its your choice who takes care of your Glass work needs!

1-888-452-7720

Navy Christens Destroyer USS Spruance

From the Department of Defense

The Navy christened the newest guided-missile destroyer, Spruance, June 5 during a ceremony at Bath Iron Works in Bath, Maine.

The new destroyer honors Adm. Raymond Spruance, whose calm and decisive leadership at the Battle of Midway contributed to a pivotal American victory during World War II.

Sean Stackley, assistant secretary of the Navy for research, development and acquisition, will deliver the ceremony's principal address. Ellen Spruance Holscher, granddaughter of the ship's namesake, will serve as sponsor, and in accordance with Navy tradition, will break a bottle of champagne across the bow to formally christen the ship.

Born in Baltimore, July 3, 1886, Spruance graduated from the Naval Academy in 1906. His Navy career was extensive, including command of five destroyers and the battleship Mississippi.

Spruance led Task Force 16, with two aircraft carriers, during the 1942 Battle of Midway, where his disposition of forces and management of aircraft was crucial to a victory that is



—Photo courtesy of General Dynamics Bath Iron Works by D. Griggs
Ellen Spruance Holscher breaks a bottle of Champaign to christen the guided-missile destroyer Pre-Commissioning Unit (PCU) Spruance (DDG 111), during a ceremony at General Dynamics Bath Iron Works in Bath, Maine. Holscher is the ship's sponsor. Spruance is named after Holscher's grandfather, Adm. Raymond A. Spruance, the U.S. Navy commander at the Battle of Midway, fought June 4-7, 1942.

regarded as the turning point in the Pacific war with Japan. He later directed campaigns

that captured the Gilberts, Marshalls, Marianas, Iwo Jima and Okinawa and defeated

the Japanese fleet in the 1944 Battle of Philippine Sea.

After commanding the

Pacific Fleet in 1945-46, Spruance served as president of the Naval War College

until retiring in 1948. In 1952-55, he was ambassador to the Philippines.

Spruance died at Pebble Beach, Calif., Dec. 13, 1969. Designated DDG 111, Spruance is the 61st ship of the Arleigh Burke class, a multi-mission guided-missile destroyer designed to operate in multi-threat air, surface and subsurface threat environments. The class provides outstanding combat capability and survivability characteristics while minimizing procurement and lifetime support costs.

The ship will be the second ship named for Spruance. The first USS Spruance (DD 963) was the lead ship of Spruance class destroyers serving from 1973 to 2005 and was homeported at Naval Station Mayport.

Cmdr. Tate Westbrook, a native of Murfreesboro, Tenn., is the prospective commanding officer and will lead a crew of 276 officers and enlisted personnel. The 9,200-ton Spruance is 509 feet in length, has a waterline beam of 59 feet, and a navigational draft of 31 feet. Four gas turbine engines will power the ship to speeds in excess of 30 knots.

NAS Jax Opens 1st Playground For Kids With Disabilities

By CS2 Sylvia Morris
NAS Jacksonville Public Affairs

Naval Air Station Jacksonville (NAS Jax) held a ribbon-cutting ceremony for the new Patriots Grove Playground specifically designed for children with disabilities May 28. This is the first of its kind to open on a Navy installation.

NAS Jax is one of seven bases worldwide to receive the accessible playground equipment.

The equipment was purchased by Commander, Navy Installations Command with the overall project including equipment and installation costing \$187,000.

Base in-kind funds were also used to upgrade sidewalks, restrooms, lighting and the parking lot.

The project began March 8 with contractors removing the previous playground equipment, preparing the area and building the new play area.

"This is a really unique playground because it has two separate areas for different aged children. We've had a lot of military families stopping by asking when the playground

is opening so I know they will definitely be using it quite a bit," said Jacob McKanna, site superintendent for Can't Be Beat Fence and Construction Company.

"Our new Patriots Grove Playground serves as an example of NAS Jacksonville's and the Navy's commitment to support our families," said NAS Jax Commanding Officer Capt. Jeffrey Maclay. "It's been a great effort by the entire team. Vice Chief of Naval Operations Adm. [Jonathan] Greenert recently said our Sailors and families require a family support network that provides relevant services and links the unit, family and the Navy. Today's ribbon-cutting exemplifies his vision."

"This really was an all-hands effort from the initial concept of the project, getting the funding, and the support from MWR (Morale, Welfare and Recreation) and the contractor," said NAS Jax Public Works Officer Cmdr. Bill Siemer. "We actually came in a little bit ahead of schedule and even acquired some extra funds and to make some extra improve-

ments."

The playground features one continuous surface from the parking lot to the structures.

"The old playground really wasn't friendly for... children [with disabilities]. This one will accommodate them. There are specially designed ramps and the features are low enough so that a parent in a wheelchair can also come out and play with their children," said NAS

Jax Public Works Construction Manager Ensign Matthew Ward.

One of the first to try out the new equipment with her children was Stephanie Melson, who also advocated for the project.

"NAS Jax and the Navy do a wonderful job of taking care of their families and those with special needs. I think this park is a testament to that and we're

so excited to be a part of it and let our children play here. It's really beautiful," said Melson.

"My children aren't special-needs but there are a lot of them living on base and in the community. There aren't many parks around that are really accessible so to have this here

on base is huge. It's also great for those with very young kids who are just learning to walk.

I hope that parents with special needs kids will come out and play with the rest of us," he added.

Buy 1 Drink Get 1 FREE
with this coupon
Equal or lesser value - 1 per person

Your Place Bar & Grill
13245 Atlantic Blvd. (Atlantic and Hodges next to McDonalds) • 221-9994

FIRST MONTH RENTAL FREE!!!
Go GREEN and Save GREEN
with the alternative to Bottled water
Call to Find Out 5 Reasons Why We are the Best Option!!!

FREE 24 HOUR recorded message with info & special pricing, call: 1.800.507.4874 ext. 38 Listen & Connect Live!

The COMEDY ZONE Presents *Upcoming Celebrity Performances*

Tommy Davidson Jul 15th - Jul 17th
Davidson's impressions of Sammy Davis, Jr. and Michael Jackson, among others, have become infamous. Even with the huge popularity of "In Living Color", the show was just a stepping stone in Davidson's entertainment career. He went on to co-star in "Booby Call" with Jamie Foxx and "Ace Ventura: When Nature Calls" with Jim Carrey, as well as starring in three HBO Specials and appearing as a regular guest host on NBC's "Later".

Jon Reep Aug 5th - Aug 7th
You've seen him on CBS's "Star Search" or NBC's "Late Friday", during the super bowl in a Sierra Mist commercial. Jon is known to millions as the lovable redheaded neek in the Dodge Ram commercials who leans out of a beat-up car and utters the now famous line: "That thing gotta Hemi?" His show is superlative energy filled with non-stop characters, dead-on impressions, super clever writing, and, of course, the one talent that separates Jon from all other comedians in the world: He's the best redneck dancer since Elvis. Come out and see one of the country's really great comedians, the Hip Hick, the Southern Dance Machine, The Hemi Guy."

For a complete listing of performance times & tickets visit:
www.comedyzone.com
or call 292-HAHA
1-295 & San Jose Blvd
(located inside the Ramada)

THE SAINT AUGUSTINE AMPHITHEATRE
1340C AIA South St. Augustine, FL 32080
Ph: 904.471.1965
FOR THE LATEST SCHEDULE OF EVENTS, PLEASE VISIT:
www.StAUGAMPHITHEATRE.COM

REO SPEEDWAGON AND PAT BENATAR JULY 2ND

RINGO STARR & HIS ALL-STARR BAND JULY 17TH

BAD COMPANY JULY 23RD

SUBLIME WITH ROME WITH THE DIRTY HEADS JULY 24TH

HONDA CIVIC TOUR
PARAMORE
TEGAN & SARA
NEW FOUND GLORY
KADAWATHA SEPTEMBER 2ND

THE FLAMING LIPS RESCHEDULED TO OCTOBER 15TH

\$1 MILITARY MOVE-IN*
ACTIVE, NON-ACTIVE, RETIRED, RESERVES...

Qualified Military has a 1 YEAR Extension of the Government Tax Credit. See Agent for Details.

1 GEORGETOWN • 904-998-3628
located off of Brighton Blvd. at the St. Johns Town Center

unit 29ER	2 bed/3.5 ba	\$209,990
unit 30D	3 bed/3.5 ba	\$220,000
unit 29DR	3 bed/3.5 ba	\$230,000

2 CRESTWICK SOUTH • 904-696-3201
located on Duval Station Rd. on the Northside

lot 72	3 bed/2 ba	\$185,990
lot 64	4 bed/2 ba	\$179,990
lot 91	3 bed/2 ba	\$205,950
lot 94	4 bed/2 ba	\$189,990

www.SEDA new homes.com

SEDA Construction Company—CGC020890 Price & availability subject to change without notice. \$1 Military Move-In can not be combined with any other offer or promotion—SEE AGENT FOR DETAILS. House photos are representative of the elevation and may not be the actual house for sale.

NSPS Transition Well Under Way, Official Says

By Donna Miles
American Forces Press Service

The transition of Defense Department civilian employees from the National Security Personnel System is proceeding, with 75 percent of the workforce expected to be transferred into the General Schedule classification and pay system by late September, the defense official overseeing the effort told Congress June 9.

More than 53,000 defense civilian employees who had been enrolled in the NSPS system have been shifted to the GS system, John H. James, Jr., director of the Pentagon's NSPS Transition Office, told a subcommittee of the Senate Homeland Security

and Governmental Affairs Committee.

About 170,000 remaining NSPS employees will transition to the GS or other pay and personnel systems by Jan. 1, 2012, the congressionally mandated deadline, James reported.

Congress directed a repeal of the NSPS system in the 2010 Defense Appropriations Act and set the timeline for its completion.

Congress also mandated that no employee lose pay due to the transition.

Of transitions completed so far, 71 percent of the employees actually received pay increases - an average of almost \$1,400, James told the committee. That's because their NSPS pay

levels put them between steps on the GS pay scale, which qualified them for the higher step, he explained.

Eight percent of the employees maintained the same pay level because their NSPS salary matched a step within their new GS grade, James said.

The other 21 percent of the employees earned salaries under NSPS that exceeded the Step 10 pay level for their GS grade.

They, too, retained their full pay level as they converted to the GS system, James explained. However, they will receive only one-half of any future pay raises until their pay reaches parity with the high end of their GS pay level.

The military services and Defense Department components have launched information and education campaigns to ensure their workers understand how the NSPS transition will affect them, James told the committee.

In addition, the NSPS Web site is updated regularly to provide employees the most up-to-date reference materials and training modules on the GS system and performance management basics.

James noted the challenges associated with transferring employees between two fundamentally different classification and pay systems.

NSPS is based on broad pay bands that encompass a broad

range of duties and responsibilities and allows employees to advance within a single pay band based on performance.

In contrast, the GS system tightly defines duties and responsibilities in discrete pay grades based on a position's difficulty, responsibility and qualification requirements.

While overseeing the NSPS transition, James' office also is charged with coming up with a plan for an enterprise-wide performance management system that provides hiring flexibilities and a workforce incentive fund.

He assured the committee the Defense Department will make the process as open, transparent and inclusive as possible. "We have a strong desire to build an

effective relationship and fully participative process with labor organizations in developing these new authorities," he said.

"Transitioning approximately 226,000 employees from NSPS to the appropriate statutory non-NSPS pay and personnel system is a very high priority for the department," James said.

The Defense Department, he said, is "committed to open, ongoing communication about NSPS transition and development of the DoD-unique performance management and hiring authorities" provided in the 2010 National Defense Appropriations Act.

Cemetery Officials Punished For Poor Management

By Army Sgt. 1st Class Michael J. Carden
American Forces Press Service

The top two officials in charge of Arlington National Cemetery in Washington, D.C., were disciplined after an Army investigation found the cemetery's management to be "dysfunctional," Army Secretary John M. McHugh announced at the Pentagon.

The Army inspector general completed a months-long report on June 8 that identified 76 separate deficiencies as well as 101 recommendations to improve operations at Arlington National Cemetery. Most significantly, the report found poor recordkeeping allowed occupied gravesites to be improperly marked or often not marked at all.

The Army stripped Superintendent John Metzler of all authority, but he will remain on staff until his retirement July 2. His deputy, Thurman Higgenbotham, was placed on administrative leave pending additional personnel actions.

Both are career federal civil servants.

"A majority of these findings are deeply troubling and unacceptable," McHugh told reporters at a Pentagon news conference. "The [inspector general] found Arlington's mission hampered by dysfunctional management, by a lack of established policies and procedures and an overall unhealthy organizational environment.

The report determined the improper internment of remains, including the loss of accountability for remains, names and graves listed as empty, he said. McHugh also cited improper maintenance and cleaning of graves.

"That all ends today," he said firmly, later adding that "there's simply no excuse" for the negative findings in the report.

McHugh established a new position to oversee the Army National Cemeteries Program. Katherine Condon was appointed executive director of the cemeteries program and she

"has total supervisory powers pertaining to all business and operational activities associated with Army cemeteries," the secretary said.

Condon served as the senior civilian for the Army Material Command before accepting the position.

Veterans Affairs Secretary Eric K. Shinseki also agreed to lend his department's expertise in cemetery operations. Patrick K. Hallinan, director of the Office of Field Programs for the VA, will be temporarily reassigned as Arlington's superintendent. Hallinan currently oversees 130 national cemeteries.

Also, McHugh established an Army National Cemetery Advisory Commission. Former Sens. Bob Dole and Max Cleland are charged with leading the group. Both former legislators have the experience for the job. Dole co-chaired a commission that investigated deficiencies at Walter Reed Army Medical Center in 2007, and

Cleland is a former VA secretary.

McHugh said he's "deeply grateful" for the help he's enlisted. But more noticeably, the former New York congressman said he was battered with guilt and expressed his apologies to the families of the fallen buried in Arlington.

"On behalf of the United States Army and on behalf of myself, I deeply apologize to the families of the honored fallen resting in that hallowed ground who may now question the care afforded to their loved ones," he said.

The Army and Arlington National Cemetery will bounce back, McHugh said.

"The Army owes better," he said. "I'm unable to explain the past, but I can promise this about the future. The United States Army will take every step necessary to fully ensure that every challenge, every need at Arlington is clearly understood and effectively addressed.

"We owe no less to our

departed heroes, no less to the loved ones of this nation who, when the call was sounded, stepped forward to serve,"

McHugh continued. "The better tomorrows for Arlington National Cemetery begin today."

IMMEDIATE MOVE IN AVAILABLE
Summer Special

**2 BDRM
2 BATH
Units**

Atlantica
APARTMENTS

\$730/month
Includes Water/Sewer & Waste Pickup

904-241-3855
2760 Mayport Road in Atlantic Beach,
approximately one-half mile South of
Naval Station Mayport
M-F 10am-6pm; Sat 9am-5pm; Sun By appt only

Valuable resources for **parents, kids & teens**

BOYSTOWN
Saving Children. Healing Families.
A CFC participant - provided as a public service

Visit www.boystown.org | www.babyhearing.org | www.parenting.org | www.boystownhospital.org

LEARN HOW TO SAVE UP TO 30% ON YOUR ELECTRIC BILL AND TAKE ADVANTAGE OF A \$1500 ENERGY TAX CREDIT

888.220.9269 Ext. 18

American Window Products carries ENERGY STAR APPROVED PRODUCTS that are eligible to receive up to the 30% - \$1500.00 as a tax credit.

- Windows • Storm Windows • Exterior Doors

AMERICAN WINDOW
Products, Inc.

FIND OUT TWO THINGS YOU NEED TO KNOW WHEN INJURED IN AN Auto Accident call Now!

24 Hr. Free Recorded Message

TREATMENT COVERED BY AUTO INSURANCE

SERVICES: Same Day Doctor Visits, Exercise Therapy, Massage Therapy, Pain Management

TREATING: Whiplash, Back Pain, Neck Pain, Headaches

FirstCoast M.D.
Auto Accident Clinic

888-590-5922 Ext. 38

10939 Atlantic Blvd. Jacksonville, FL 32225

Jacksonville's Favorite Dealership!
- according to DealerRater.com

ARLINGTON TOYOTA **DRIVE ONE TODAY**

YOU SEE SO MANY BECAUSE THEY PAID SO LITTLE.
Pre-Owned vehicles

STK# 14023A 1999 Chevy Suburban \$8,881	STK# 07216A 2006 Ford Fusion \$11,881	STK# 03249A 2008 Honda Accord \$13,081
STK# P3311A 1999 Toyota Tacoma \$8,887	STK# 09095B 2003 Ford Expedition \$10,881	STK# 09195A 2006 Volkswagen Jetta \$10,481
STK# P3244A 2003 Chevy S-10 \$9,889		

NO INTEREST FOR 5 YEARS ON ALL CREWMAX TUNDRAS

2010 Toyota Corolla 139 Corolla's available 1831 \$13,988 4 CYL. MANUAL 10 AT THIS PRICE 35 MPG STK# 02149	2010 Toyota Camry 134 Camry's available 2513 \$16,988 4 CYL. MANUAL 3 AT THIS PRICE 33 MPG STK# 03378	2010 Toyota Tundra Regular Cab 8203 \$19,888 5 AT THIS PRICE STK# 06157 AUTOMATIC, A/C INSURANCE INSTITUTE FOR HIGHWAY SAFETY TOP SAFETY PICK MOTOR TREND TRUCK OF THE YEAR 2008 EDMUNDS.COM MOST SIGNIFICANT VEHICLE OF THE YEAR (2007)
--	---	--

MAKE NO INTEREST FOR 5 YEARS ON ALL 2010 CAMRYS, COROLLAS, YARIS, MATRIX, AVALON, AND TUNDRA CREWMAX

Arlington Toyota is pleased to offer a special rebate program for our active duty U.S. military and inactive Reserve personnel. It's our way of saying "THANK YOU" for the extraordinary job you do.

MILITARY REBATE PROGRAM

- \$500 rebate when you lease or finance a new Toyota.
- \$1,000 rebate when you lease or finance a new Scion.

• Available on all new & untitle Toyota & Scion vehicles.
• Open to active duty status U.S. military & inactive Reserve personnel. Proof of active military or inactive Reserve status is required.

CERTIFIED VEHICLES

ALL TOYOTA MAKES AND MODELS VEHICLES UNDER \$5,000

SHOP ON LINE AT ARLINGTONTOYOTA.COM

Call Today: 904.721.3000

10939 Atlantic Blvd. Jacksonville, FL 32225
Excludes tax, tag and dealer fee.

SERVING JACKSONVILLE FOR OVER 32 YEARS 0% annual percentage rate financing on all new 2010 Yaris with terms of 60 months with no payments for 90 days based on approved credit through Southeast Toyota Finance.

Commissary Ingredients + Kids In The Kitchen = Summer Vacation Fun!

By Kay Blakley

DeCA home economist

School may be out, but math and science lessons can be part of the summer curriculum at your house just by inviting your kids into the kitchen. The best part is, they won't even realize they're learning math and science, unless you tell them.

Just think of all the fractions involved in a recipe — how refrigeration is required to make jello into jello, or how adding salt to ice and applying some friction is the trick to turning milk, cream and sugar into ice cream. Use the Coffee Can Ice Cream recipe to demonstrate this phenomenon deliciously.

Once mom has had all the kitchen fun she can stand, take the action outside by mixing up a batch of big bubbles. All it takes is 2 cups of dishwashing liquid, 6 cups of cold water and 1 cup of corn syrup. Now, how much bubble solution does that make? And how much do the ingredients cost? And how does that compare to buying a bottle of ready-made bubbles? Let's see, there are 2 cups per pint, 2 pints per quart — that makes 4 cups. The total recipe is 8 1/4 cups so we've got a little more than 2 quarts. You get the idea. Help the your kids do the math, then head to the commissary to price the ingredients and you've got a whole day's worth of lessons that will be useful for life.

Tomorrow, turn a bar of soap and a roll of toilet paper into Clean Mud, or make some Silly Putty, or some Homemade Peanut Butter. Kay's Kitchen has the recipes at <http://www.commissaries.com> and your commissary has the ingredients needed, so come and get 'em and let the fun begin!

Bananasicles (Serves 8)
Simple enough for a kid to make, but good enough to be an adult favorite, too. 4 medium ripe bananas, peeled and halved horizontally 2 1/2 cups crisped rice cereal 1/2 cup coarsely chopped dried fruit or flaked coconut

1 (16-ounce) package vanilla-flavored candy coating or vanilla almond bark 8 popsicle sticks

- Place banana pieces on a foil-lined baking sheet; cover with plastic wrap and freeze until needed.
- In a shallow dish, combine crisped rice cereal and chopped fruit or flaked coconut.
- With adult help: Melt candy coating in a small pan according to package directions. Remove from heat and pour into another shallow dish.
- Remove bananas from freezer; insert a popsicle stick into cut end of each banana piece.
- Dip banana halves into melted candy coating, letting excess drip off. Roll in cereal mixture until evenly coated; place back on foil-lined baking sheet and return to freezer for 15 minutes or until frozen hard enough to be set.
- Carefully transfer bananasicles to an airtight container, cover and freeze for 2 hours or up to 1 week.
- Let stand at room temperature for 10 minutes before serving.

Carrot and Raisin Sunshine Salad (Serves 4 to 6)

This salad has plenty of kid-pleasing taste and is easy enough for youngsters to make themselves. Use pre-shredded carrots for the youngest cooks, but older ones may enjoy the challenge of using a box shredder.

1 pound carrots (5 to 6) peeled and shredded 1/2 cups raisins 1 (8-ounce) carton low-fat vanilla yogurt 4 to 6 iceberg lettuce leaves

- Mix carrots, raisins and yogurt together in a mixing bowl.
- Cover with plastic wrap and refrigerate for 15 minutes.
- Toss again before serving.
- Serve on lettuce leaves.

Apple Tuna Salad (Makes 3 sandwiches)

1 (6.5-ounce) can tuna in water, drained

1 small apple, halved (remove seeds) and chopped, about 1 cup 1/4 cup low-fat vanilla yogurt 1 teaspoon prepared mustard 1 teaspoon honey 6 slices whole-wheat bread 3 iceberg lettuce leaves

- Combine tuna, apple, yogurt, mustard and honey until well mixed.
- Spread 1/2 cup mixture on 3 slices of bread; top each with lettuce leaf and remaining slice of bread.
- Place sandwiches on cutting board and slice in half. Serve immediately.

Jello Poke Cake (Makes one 9x13-inch cake)

Kids love helping with this recipe, but baking the cake may require an adult's assistance, or at least supervision. But, poking the holes, filling them with the gelatin mixture and icing the cake with whipped topping are all very kid-friendly jobs that make the cake just that much tastier.

1 (18.25-ounce) white or yellow cake mix 1 (3-ounce) package jello, any flavor you like 1 (12-ounce) container non-dairy whipped topping Berries or sprinkle for decoration, if desired

- Mix and bake cake according to package directions; cool completely.
- Poke holes in top of the cake with a regular table fork. Cover the entire surface of the cake with holes, but make them as close together or far apart as you want.
- Dissolve gelatin according to package directions and pour mixture very slowly over top of cake. Spoon the gelatin by tablespoons, if needed, to make sure all holes are completely filled.
- Cover cake with aluminum foil or plastic wrap and refrigerate up to 6 hours, or until gelatin is completely set.
- Spread top of cake with whipped topping; garnish with berries or sprinkles, if desired.

FIND OUT 3 THINGS YOU NEED TO KNOW WHEN HIRING A CONTRACTOR. Call Now!

24 Hr. Free Recorded Message 800.569.8051 Ext. 38



- Custom Built Homes on Your Lot
- Our Floor Plans or Yours
- We Also Do Garages & Remodeling
- Financing Available
- We Do Insurance Inspections

Liddell CONSTRUCTION CO. INC.

Quality Homes Since 1949

Licensed & Insured, Member BBB

Lic # CRC035415

NEVER CLEAN YOUR GUTTERS AGAIN



Never Clean Your Gutters Again!

- Awarded 7 Design Patents
- Factory Trained Installers
- Triple Lifetime Transferable Warranty
- 25 years - The Original Gutter Protection System
- Backed by a Billion Dollar, Publicly-Traded Company
- Installs Over New or Existing Gutters

Finally, a solution for your Pool Cage & Sunroom Gutters! Now you can have the #1 gutter protection system in the world for less than our competitors!



904-638-2508

FAMILY OWNED

Welcome to Key Hyundai! The Only KEY You'll Ever Need!
Family owned and operated since 1960
At Key our slogan has always been "The Dealership That's Different"
This slogan is a constant reminder to us that we must always be mindful of Our Promise to you

<p>2009 HYUNDAI Santa Fe</p> <p>MSRP \$26,310 Hyundai Savings \$2,000 Military Appreciation Savings \$500 Key Savings \$2,000</p> <p>only \$21,810</p>	<p>2010 HYUNDAI Sonata</p> <p>MSRP \$20,770 Hyundai Savings \$2,500 Military Appreciation Savings \$500 Key Savings \$1,400</p> <p>only \$16,370</p>	<p>2010 HYUNDAI Elantra</p> <p>MSRP \$16,660 Hyundai Savings \$2,000 plus 3.9% APR Military Appreciation Savings \$500 Key Savings \$668</p> <p>only \$13,492</p>
--	--	--

10-YEAR / 100,000-MILE POWERTRAIN PROTECTION
5-YEAR / 60,000-MILE NEW VEHICLE LIMITED WARRANTY
7-YEAR / UNLIMITED MILES ANTI-PERFORATION WARRANTY
5-YEAR / UNLIMITED MILES 24-HOUR ROADSIDE ASSISTANCE

Pre Owned/Used Cars

'01 Lincoln LS\$7,995	'03 Chevrolet Tahoe LT\$14,995
'01 Mercury Cougar\$7,995	'08 Hyundai Tiburon GS.....\$14,995
'02 Buick Park Avenue\$8,995	'09 Hyundai Elantra SE.....\$14,995
'03 Ford Taurus SES\$8,995	'03 Ford F-150 XLT\$15,995
'05 Mazda Mazda3 i\$8,995	'08 Kia Sportage LX.....\$15,995
'03 Buick Lesabre Limited.....\$10,995	'09 Hyundai Sonata GLS\$15,995
'04 Buick Regal LS\$10,995	'10 Hyundai Sonata GLS\$15,995
'05 Hyundai Sonata LX\$10,995	'10 Hyundai Sonata GLS\$15,995
'07 Hyundai Accent GS\$10,995	'10 Hyundai Sonata GLS\$15,995
'08 Kia Spectra Spectra5 SX.....\$10,995	'10 Hyundai Sonata GLS\$15,995
'05 Buick Lesabre Limited.....\$11,995	'06 Mini Cooper S.....\$16,995
'05 Hyundai Tucson LX\$11,995	'06 Subaru Outback 2.5i.....\$16,995
'06 Hyundai Sonata GL\$11,995	'07 Hyundai Santa Fe Limited.....\$16,995
'07 Honda Civic LX\$12,995	'10 Hyundai Sonata GLS\$16,995
'08 Hyundai Sonata GLS\$12,995	'07 Toyota Avalon Touring\$18,995
'08 Kia Optima EX.....\$12,995	'10 Volkswagen Jetta TDI\$22,995
'09 Hyundai Accent GLS\$12,995	'05 Acura RL 3.5.....\$23,995
'09 Hyundai Accent GLS\$12,995	'08 Honda Ridgeline RT\$23,995
'05 Chrysler 300 C.....\$13,995	'08 Hyundai Veracruz SE\$23,995
'06 Chevrolet Trailblazer LS.....\$13,995	'08 Hyundai Veracruz SE\$25,995
'07 Hyundai Azera SE\$13,995	'08 Cadillac SRX V6\$27,995
'07 Hyundai Sonata GLS\$13,995	'10 Hyundai Azera Limited\$28,995
'08 Hyundai Accent GLS\$13,995	'07 Chevrolet Suburban LT 1500\$30,995

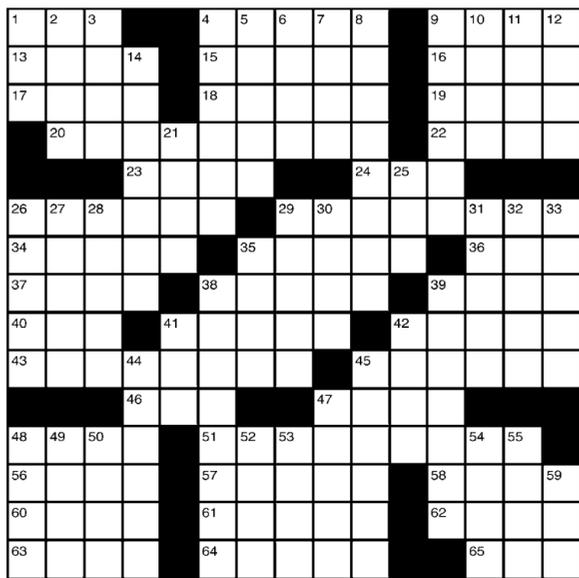
Visit us online @ www.keyhyundai.com

Key HYUNDAI 4660 Southside Blvd., Jacksonville, FL 32216 **904-642-6060**

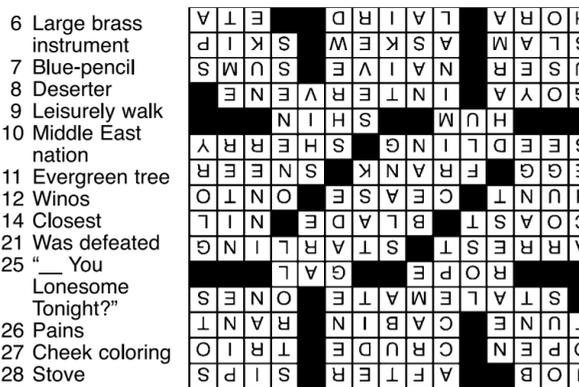
THE Daily Commuter Puzzle by Jacqueline E. Mathews

ACROSS

- Occupation
- Run ___; chase
- Drinks slowly
- Not closed
- Boorish
- Threesome
- Song
- Rustic home
- Sound off
- Deadlock
- Individuals
- Lariat
- "My ___ Sal"
- Take into custody
- Songbird
- Shoreline
- Cutting part of a knife
- Zilch
- Search
- Discontinue
- Climb ___; mount
- Hen's product
- ___ Sinatra
- Scornful smile
- Young plant
- Big hit for "The Four Seasons"
- Ho___; boring
- Part of the leg
- Spanish artist
- Come between
- Druggie
- Not worldly or sophisticated
- Totals
- Grand ___; homer with the bases loaded
- Lopsided
- Pass over
- Circle dance
- Melvin ___; Nixon's Secretary of Defense
- Greek letter



THIS WEEKS ANSWERS



- DOWN**
- ___ down; make a note of
 - Musical work
 - Crooked
 - Take willingly
 - Picture border

- Large brass instrument
- Blue-pencil
- Deserter
- Leisurely walk
- Middle East nation
- Evergreen tree
- Winos
- Closest
- Was defeated
- "___ You Lonesome Tonight?"
- Pains
- Cheek coloring
- Stove
- Street talk
- Chore
- Central
- Fertilizer ingredient
- Worshipful praise
- Lima, for one
- Felon
- Unity
- Respiratory ailment
- Prison knife
- TV's "___ & Greg"
- Wise
- Cut apart
- ___ forth; spurt
- Capital of Norway
- 52 weeks
- Space flight agcy.
- Polynesian carved image
- Cook in the microwave
- Give off, as a light beam
- Mineral spring

Live the American Dream at Yellow Bluff Landing

affordable elegance



OWN YOUR DREAM HOME FOR
UNDER \$925* A MONTH

AFFORDABLE LUXURY LIVING
FROM THE LOW \$100s

Don't put off buying your new home any longer. Yellow Bluff Landing offers first-class living on a new home buyer's budget, just minutes from the heart of Jacksonville.

Our \$3.5 million amenities complex offers five-star comforts including:

- State-of-the-Art Fitness Room
- Lighted Tennis Courts
- Regulation-Size Basketball Courts
- Resort-Style Pool
- Sand Volleyball Court
- And More

COME TOUR OUR MODEL HOMES BY
DR HORTON, LENNAR AND RICHMOND AMERICAN.

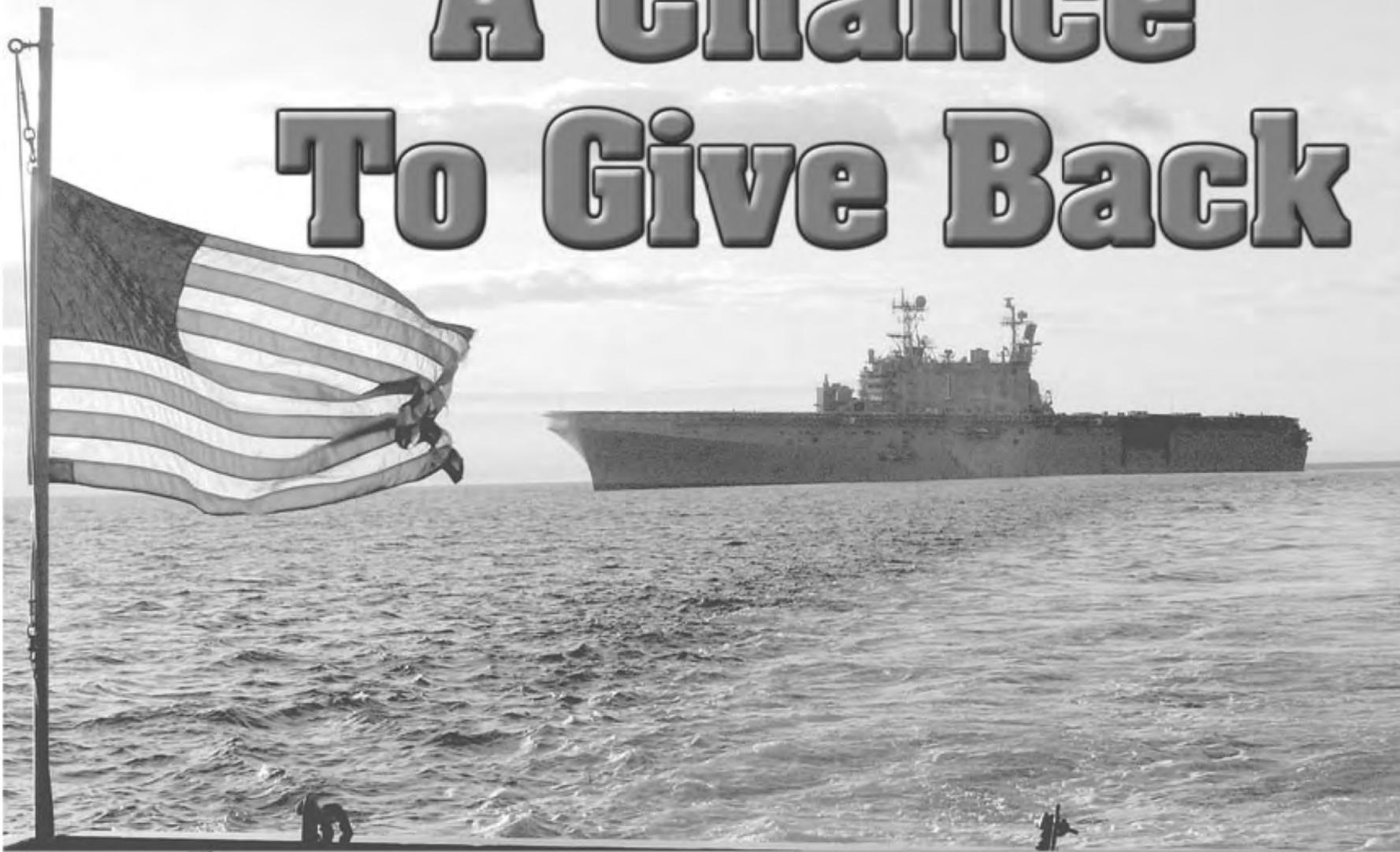
Phase I is available now, featuring 150 new single-family homes and premium builder incentives that will help make owning your first home a reality.



* Monthly payment based on principle, interest, taxes and homeowners insurance. Does not include CDD Bond Fee or HOA dues. Prices and interest rates are subject to change without notice. Not all buyers will qualify. See a Sales Consultant for details.



A Chance To Give Back



The Military is the largest employer in Northeast Florida and Southeast Georgia!

- **Regional Payroll (all 3 bases)**
\$2.04 Billion per year
- **Retiree Payroll**
\$810 Million per year

- **Goods & Services (all 3 bases)**
\$709 Million per year
- **Tuition Assistance Authorized**
\$5,137,440

THE MIRROR
N.W. MAYPORT, FLORIDA

Jax Air News

THE PERISCOPE
N.E. MAYPORT, GEORGIA

Call Now To Advertise With Us!
904-359-4336

PLACE YOUR MILITARY CLASSIFIED AD CLASSIFIED INDEX

BY PHONE 366-6300
Mon.-Thurs. 7:30a.m.-6:00p.m.
Fri. 7:30a.m.-5:30p.m.

Toll Free 800-258-4637
BY FAX 904-359-4180

IN PERSON
Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m. - 5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

Deadlines
Run date Call by Fax by
Thursday Tue, Noon Tue, 11 a.m.

Please note: Fax deadlines are one hour earlier. Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

Announcements	Instruction
Auctions	Employment
Real Estate for Sale	Services
Real Estate for Rent	Merchandise
Commercial Real Estate	Pets/Animals
Financial	Transportation

MasterCard VISA DISCOVER **904-366-6300**

ONLINE
Classified line ads are online at jaxairnews.com

FREE online advertising!

Your Classified in-column ad automatically appears online at **no additional charge.**

Real Estate For Sale

Open Houses
Argyle
Arlington
Avondale/Ortega
Beaches
Downtown
Fernandina/Amelia Island
Intracoastal West
Keystone Heights/Melrose
Mandarin
Middleburg
North Jacksonville
Orange Park/Clay County
Riverside
San Marco
Southside
Springfield
Westside
Waterfront
Condominiums
Manufactured Homes
Lots
Farm Acreage
Investment Property
Retirement Community
Baker County
Georgia Real Estate
Nassau County
Putnam County
St. Johns Open Houses
St. Johns Homes
St. Johns Waterfront
St. Johns Oceanfront
St. Johns Intracoastal
St. Johns Marshfront
St. Johns Duplex/
Townhouses
St. Johns Manufactured
Homes
St. Johns Lots/Acreage
St. Johns Active Adult
Com.
St. Johns Investment
Income Property
Miscellaneous
Out of Area/Town/State
Real Estate Wanted

Mandarin
CONDO 2/2 Like new, pond view, 1118sq. ft. granite, stainless steel, down stairs unit, furn. included w/accept. able offer. \$74,900. 904-509-0534

Arlington
CONDO 2/2 Like new, pond view, 1118sq. ft. granite, stainless steel, down stairs unit, furn. included w/accept. able offer. \$74,900. 904-509-0534

FOR SALE
A 4BR concrete block, huge lot, ceramic tile floors, \$75K 904-612-0830

Classic Brick in Spanish
Pt. 3rd, new roof, new cp, updat kit. & bath. Min's from base. \$167,500. Colleen Bording-Watson Realty Corp. 904-607-4401

Handyman Special
8326 Galveston Ave, 32211 2/1 w office Great Rental Pot. Selling for \$19,500 904-654-1801

Hidden Hills Country Club
Gorgeous 2 bed, 2 1/2 bath, 53.5, 3370sq on golf crse, wd flrs, 3cg, scrn porch, \$499K. Colleen Bording-Watson Realty Corp. 904-607-4401

HIDDEN HILLS Charming 3/2 home in gated comm. Min's from base. 1600sf. Wooded crnr lot. \$185K. Call Colleen Bording at Watson Realty Corp. 904-607-4401

Westside
HISTORIC MURRAY HILL 3BR, formal LR & DR, gleaming hrdwd flrs, new ch&g & windows only \$119,500 904-699-7825

North Jacksonville
From \$66k to \$109k Military discounts LikeNewHomes.org (904) 614-1717

Investor Special
9050 9th Ave, 32208 3/2 w/den newer windows large master bedroom sitting on dbl lot 904-993-1727

Orange Park/Clay County
FOR SALE
Fleming Island-3br/2ba Townhome on FSO \$245,000 obo 904-215-2357 / 904-207-8602

We Support Our Troops!
Modular & Mfg. Land/Home Packages
ClaytonHomesJacksonville.com
772-8031

FREE Benefit Package
JaxNavyHomes.com
Beach & Luxury Realty-Steve Pate
787536

We Appreciate You!
\$8000 tax credit - no down payment - VA approved
Foreclosure and Short Sale Specialty
Vanguard Realty, Inc
Call Dennis Kinkopf 904-868-3252

Nassau County

YOUNG AMERICAN HOMES of Heron Isles
in Yulee. 1 house ready for move in. 4 lots ready to build on. 0 down closing cost 904-994-6100, 641-6754

RENT NOW
STNICKRENTALS.COM
2BR from \$495 355-9700

WESTSIDE - 2 bedroom, nice, quiet area, water and sewer incl. AC, 375. 777-5528

Condos for Rent
Arlington-3br/2ba, 5yrs new, gated comm, ground flr, \$875mo + 1mo dep. 904-224-9225

Ortega/Timucua Village
Condo 1/1, pool, quiet area, off st prknng \$975mo. 904-384-7962

WESTSIDE
For Sale By Owner beautiful 3/2 Double only \$140,000 and low monthly payments call Sandy 904-781-0441

Farms/Acreage
Land For Sale
57 AC, 1500ft on St Mary's River, 3/2 1800sq ft. home, owner financing Call Mike 904-759-0121

Clay County Florida
50 to 100 acre parcels Approximately 15 miles from Green Cove Springs. Approximately 20 minutes from Fleming Island. Shield Properties Inc. Licensed Real Estate Broker/Owner 904-277-4204

Investment Property
Handyman Special* 8326 Galveston Ave, 32211 2/1 w office Great Rental Pot. Selling for \$19,500 904-654-1801

Investor Special
9050 9th Ave, 32208 3/2 w/den newer windows large master bedroom sitting on dbl lot 904-993-1727

Real Estate For Rent
Apartments Furnished
Apartments Unfurnished
Condominiums
Retirement Communities
Homes Furnished
Homes Unfurnished
Manufactured Homes
Mobile Home Lots
Roommates
Rooms to Rent
Beach Home Rentals
Beach/Vacation/Resorts
Storage/Mini-Lockers
Management/Rental Services
Wanted to Rent
St. Johns Apartments Furnished
St. Johns Apartments Unfurnished
St. Johns Condominiums
St. Johns Duplex
Townhomes
St. Johns Retirement Communities
St. Johns Houses
St. Johns Houses
St. Johns Mobile Home/Lot
Rental
St. Johns Lots
St. Johns Roommates
St. Johns Rooms to Rent
St. Johns Oceanfront/Waterfront
St. Johns Storage/
Mini-Lockers
St. Johns Wanted to Rent

ARLINGTON
3/2.5, newly remodeled, \$860mo washer/dryer included HUD approved Call 904-612-0830

ACROSS FROM OCEAN
103 16th Ave. S., JB 2/1 Apt. \$975mo

BIKE TO BEACH
37 Sandra Dr., J.B. 3/1.5 home, gar, fncd, 1250sq. 1/2 month security deposit Military & SR. Discount. Call any day. Broker/Owner 612-4296

JAX BEACH 3/2 \$1100mo, \$800 deposit. 904-708-9984

MAYPORT LANDING - 2 bed, 2 1/2 bath, fenced, central Heat/Air, fenced. \$675 plus sec. 904-536-4774

Neptune Beach 3br/2ba, 1 car garage, approx 1350sf, large fenced yard, very safe & private, immaculate, close to shopping, restaurants & amenities. \$1100mo You'll Love!!! 480-553-0234/ 904-465-2328

NORTHSIDE
House for rent, no credit check, 3/1/1, 904-224-9225

Oakleaf Plantation
3br/2ba 2 car garage \$1200mo + sec. dep. For more info 904-237-7392

Southside cottage 1br/1ba for 1 person \$465mo, 3848 Adirof St. 868-2465

SOUTHSIDE
Remodeled 3BR/1BA, over 1300sf, carpet, fireplace, large screened yard & shed, huge fenced yard, all appliances, \$850mo + dep. 407-474-2878

PCS - \$975mo. Close to 30mins to NAS Jax 3/2 2cb, priv. fncd bkcyd, great for sm. family or single person. 904-616-5055

San Marco Super Studio
Quint, tile, private, walk to buses \$650mo c/1017 737-8194 616-3367 ELECTRIC/WTR INCLD

ARLINGTON Adobe Apts Affordable & Cozy. Studio \$399mo, 1br/1ba \$450mo. 745-0450 1110 Caliente Dr. 1-95 & UNIV BLVD 1 & 2br residential area across from schools. \$495 & \$595mo 904-249-8706

Apartments Unfurnished

Southside - ***Special*** 2BR/1.5BA apt. \$600mo. 1118sq. ft. granite, stainless steel, down stairs unit, furn. included w/accept. able offer. \$74,900. 904-509-0534

RENT NOW
STNICKRENTALS.COM
2BR from \$495 355-9700

WESTSIDE - 2 bedroom, nice, quiet area, water and sewer incl. AC, 375. 777-5528

Condos for Rent
Arlington-3br/2ba, 5yrs new, gated comm, ground flr, \$875mo + 1mo dep. 904-224-9225

Ortega/Timucua Village
Condo 1/1, pool, quiet area, off st prknng \$975mo. 904-384-7962

WESTSIDE
For Sale By Owner beautiful 3/2 Double only \$140,000 and low monthly payments call Sandy 904-781-0441

Farms/Acreage
Land For Sale
57 AC, 1500ft on St Mary's River, 3/2 1800sq ft. home, owner financing Call Mike 904-759-0121

Clay County Florida
50 to 100 acre parcels Approximately 15 miles from Green Cove Springs. Approximately 20 minutes from Fleming Island. Shield Properties Inc. Licensed Real Estate Broker/Owner 904-277-4204

Investment Property
Handyman Special* 8326 Galveston Ave, 32211 2/1 w office Great Rental Pot. Selling for \$19,500 904-654-1801

Investor Special
9050 9th Ave, 32208 3/2 w/den newer windows large master bedroom sitting on dbl lot 904-993-1727

Real Estate For Rent
Apartments Furnished
Apartments Unfurnished
Condominiums
Retirement Communities
Homes Furnished
Homes Unfurnished
Manufactured Homes
Mobile Home Lots
Roommates
Rooms to Rent
Beach Home Rentals
Beach/Vacation/Resorts
Storage/Mini-Lockers
Management/Rental Services
Wanted to Rent
St. Johns Apartments Furnished
St. Johns Apartments Unfurnished
St. Johns Condominiums
St. Johns Duplex
Townhomes
St. Johns Retirement Communities
St. Johns Houses
St. Johns Houses
St. Johns Mobile Home/Lot
Rental
St. Johns Lots
St. Johns Roommates
St. Johns Rooms to Rent
St. Johns Oceanfront/Waterfront
St. Johns Storage/
Mini-Lockers
St. Johns Wanted to Rent

ARLINGTON
3/2.5, newly remodeled, \$860mo washer/dryer included HUD approved Call 904-612-0830

ACROSS FROM OCEAN
103 16th Ave. S., JB 2/1 Apt. \$975mo

BIKE TO BEACH
37 Sandra Dr., J.B. 3/1.5 home, gar, fncd, 1250sq. 1/2 month security deposit Military & SR. Discount. Call any day. Broker/Owner 612-4296

JAX BEACH 3/2 \$1100mo, \$800 deposit. 904-708-9984

MAYPORT LANDING - 2 bed, 2 1/2 bath, fenced, central Heat/Air, fenced. \$675 plus sec. 904-536-4774

Neptune Beach 3br/2ba, 1 car garage, approx 1350sf, large fenced yard, very safe & private, immaculate, close to shopping, restaurants & amenities. \$1100mo You'll Love!!! 480-553-0234/ 904-465-2328

NORTHSIDE
House for rent, no credit check, 3/1/1, 904-224-9225

Oakleaf Plantation
3br/2ba 2 car garage \$1200mo + sec. dep. For more info 904-237-7392

Southside cottage 1br/1ba for 1 person \$465mo, 3848 Adirof St. 868-2465

SOUTHSIDE
Remodeled 3BR/1BA, over 1300sf, carpet, fireplace, large screened yard & shed, huge fenced yard, all appliances, \$850mo + dep. 407-474-2878

PCS - \$975mo. Close to 30mins to NAS Jax 3/2 2cb, priv. fncd bkcyd, great for sm. family or single person. 904-616-5055

San Marco Super Studio
Quint, tile, private, walk to buses \$650mo c/1017 737-8194 616-3367 ELECTRIC/WTR INCLD

ARLINGTON Adobe Apts Affordable & Cozy. Studio \$399mo, 1br/1ba \$450mo. 745-0450 1110 Caliente Dr. 1-95 & UNIV BLVD 1 & 2br residential area across from schools. \$495 & \$595mo 904-249-8706

Houses Unfurnished

NORTHSIDE PCS
3/2 \$1250. Victoria Lakes. Large fenced yard, water view, community pool, playground, 20mins to Mayport. Call Shelley 904-254-2773

TIMBER CREEK Subd. Yulee, FL. 42.5, 2cg, 1rg LR, DR, Kit, & Den, fenced yd on lake, scrnd prch. \$1300mo. Club house & pool incl. 904-583-1997

WESTSIDE
2br/1ba & 2br/2ba Own in 7 years \$950mo \$2500 down 904-783-2460

Manufactured Homes
NORTHSIDE 0 DEPOSIT FROM \$395 1 & 2 BR monthly 904-766-6986

WESTSIDE
2br/1ba & 2br/2ba Own in 7 years \$950mo \$2500 down 904-783-2460

MANAGER'S SPECIAL
For Rent Two & Three bedroom mobile homes Move-in now and pay NO DEPOSIT! Hurry, only a few left. Call 904-695-2255

WESTSIDE
JUNE MOVE-IN SPECIAL! Large 2/2 only \$525.00 and \$300.00 deposit. Call 904-695-0080

Roommates
Jacksonville Beach \$495 Ocean view, priv bath, 2 bedrooms, was/d, incl fitness rm, int, cbl, pool & ping-pong table, and walk to shopping. Call 246-5474

Rooms for Rent
ARLINGTON W/Side N'side - Furn, ph, TV, wd, ch&g \$100-\$130/wk 838-4587

ATLANTIC BEACH
3 miles from the front gate of Mayport Naval Station. All utilities & cable included, private bed & room. b.l.h. \$450mo. 321-508-9004

Jacksonville Beach from \$195-395 wk across from beach incl. fitness rm, int, cbl, wash/d. 249-9981

Commercial Real Estate
RN
Pulmonary or Critical Care exp. required. Responsible for non-physician clinical functions and clinical staff in busy, dynamic, growing pulmonary - sleep medicine group practice. Must have completed clinical management, teaching, organizational and interpersonal skills. EMR experience preferred. Active FL RN license required. Competitive pay and benefits package. Available immediately. Send resume to (904) 739-7499

Education/Teaching/Training
Tax/Accounting Instructor needed for A/V CLASSES full term. Must have a Master's Degree in Field or a Master's in Field or a Master's in accounting field. Email resumes to Deon Thornton at dthornton@ionex.edu or fax to 904-743-4446.

Commercial/Industrial For Rent
BLOUNT ISLAND/9A For rent/lease Comm. 1L 3 acres fenced w/office bldg. 904-591-9941

WESTSIDE - office bldg 2100sq + 1rg detachd garage, approx. 2000sf, \$1850mo. 904-272-1304

Employment

Job Fairs
Resume Services
Accounting/Bookkeeping
Advertising/Media
Architecture/Interior
Design/Graphics Design
Automotive Sales/Service
Aviation
Civil Service/Government/
Public Administration
Computer Hardware/
Software/Programming
Construction
Customer Service
Dental
Domestic Services/
Caregiving
Delivery Driver
Education/Teaching/
Training
Engineering
Entertainment
Executive/Management
Finance/Investment
General Employment
Hotel/Hospitality/Tourism
Industrial Trades
Insurance
Landscaping/Grounds
Maintenance
Law Enforcement/
Security/Safety
Legal
Maintenance/Janitorial
Services
Management/Professional
Marketing
Mechanics
Medical/Health Care
Marine/Trade
Nurses/Nurses Aides
Office/Clerical/
Administration
Part-Time
Personal Services/Beauty
Real Estate/Property
Management
Recreation/Sports/Fitness
Restaurant/Bar/Club/
Food/Beverages
Retail
Sales
Science/Research
Social Services/Counseling
Technical Support
Telemarketing
Transportation
Warehouse/Inventory
Work at Home
Positions Wanted

Healthcare
RN
Pulmonary or Critical Care exp. required. Responsible for non-physician clinical functions and clinical staff in busy, dynamic, growing pulmonary - sleep medicine group practice. Must have completed clinical management, teaching, organizational and interpersonal skills. EMR experience preferred. Active FL RN license required. Competitive pay and benefits package. Available immediately. Send resume to (904) 739-7499

Education/Teaching/Training
Tax/Accounting Instructor needed for A/V CLASSES full term. Must have a Master's Degree in Field or a Master's in Field or a Master's in accounting field. Email resumes to Deon Thornton at dthornton@ionex.edu or fax to 904-743-4446.

Commercial/Industrial For Rent
BLOUNT ISLAND/9A For rent/lease Comm. 1L 3 acres fenced w/office bldg. 904-591-9941

WESTSIDE - office bldg 2100sq + 1rg detachd garage, approx. 2000sf, \$1850mo. 904-272-1304

Industrial Trades

A/C Branch Mgr
Successful multi-location co desires an experienced individual to manage Jax branch. Knowledge of RNC retail market & service operation Min 5 years mgt exp. Salary & performance bonus benefits. Fax resume to: 407-831-2893 or email 13398993@TJJobs.com

EXPERIENCED COMMERCIAL ELECTRICAL HELPERS
Drivers Lic. req. Drug test mandatory. Call for appt. Applications taken in St. Aug 904-810-0900

Transportation
Cowan Systems LLC
Now Hiring - Operations - Dispatch
Cowan Systems LLC, an established, regional truck load carrier is now seeking an experienced dispatch/operations supervisor to join our growing Jacksonville, FL operations center. Successful candidate must possess the skills and experience necessary to multi-task, and make decisions in a fast-paced truck load environment. Computer experience is a requirement for this position. We offer full benefits including Health and 401K. If you feel you possess the skills to join a successful team, please E-mail your resume to: swells@cowansystems.com or Fax to 443-575-4377. No phone calls please.

AC & Heating
3.0 Ton 15 FEER AC installed \$2595 w/Tax Cr Free service calls Call for Instant AC Quote All Prices Listed Online www.FLCooling.com 904-302-9507 CAC1813316

Concrete/Asphalt/Masonry
J & L Concrete Services, a licensed concrete finisher 7 days a week, will beat any written est. (904) 383-8656.

Home Improvement/Remodeling
1st Action Response Team Repairs, Maint, & Improv. Hauling, Trees & Landscaping. All services 314-8328 www.oncallconstruction.com

Antiques
CASH PAID 4 WW2 German, Jap swords, helmets, medals 316-8513

Appliances
28' JENAIR Side by side Refrigerator Stainless, ice wr in dr, great cond., \$4000bo. 912-882-5902

Computers
ACER NINCOMPUTER Windows XP, Office 2003. All kinds of extras, wireless mouse, burner D/C/D burner incl. \$250. Call 349-7063

Success Starts at Florida Technical College!
Call today to start training for a new career! 1-877-290-0882

Furniture/Household

QUEEN SIZE Mattress Set Still In The Factory Sealed Plastic \$90.00 (904) 644-0498

Bdrm SET 5-PC CHERRY MUST SELL \$250 (904) 644-0498

BED A BARGAIN New Queen Pillowtop Sets \$85 365-0957

CHINA Cab. lighted American of Mar. Frost set of 12 gorgeous Filigree over glass drs. \$225. 904-224-7886

COUCH 67"x36" deep, white like new 264-6814

DINING SET: nat. bamboo, 48" glass top, 4 arm chrs, 4-24" bar stools matching. Awesome. \$475. 264-6814

Beautiful 2 cushion sofa, solid oak, cot. tbl, 2 end tbls, 2 lamps. All in exc. cond. 912-272-2132

Tan/leather leather sectional in great cond., matching access. tbls, lamps, rug, all for sale. Asking \$500. 904-757-2837

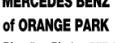
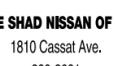
Entertainment Ctr dark wd, \$1200. 912-673-6965 offer 5p

Leather Loveseat's glass tbl, foot rest, punching bag, gloves, bookshelf, side tbl. Good cond. 904-891-5189

Garage Sale
ARGYLE FOREST - Saturday, June 19th, 9am-3pm, 8389 Swanton Lane. Furniture, household, clothes,

drive directory

MAKE THESE FIRST COAST DEALERSHIPS YOUR FIRST STOP!

 <p>BUICK</p> <p>KEY BUICK 4660 Southside Blvd. 642-6060</p>	 <p>CHRYSLER</p> <p>ATLANTIC CHRYSLER www.atlanticjeep.com 2330 US1 South 354-4421</p>	 <p>FORD</p> <p>PAUL CLARK FORD-MERCURY I-95 N. Exit 129 (Yulee) 225-3673</p>	 <p>HYUNDAI</p> <p>KEY HYUNDAI 4660 Southside Blvd. 642-6060</p>	 <p>KIA</p> <p>KIA OF ORANGE PARK 6373 Blanding Blvd. 771-6078</p>	 <p>MERCEDES BENZ of ORANGE PARK 7018 Blanding Blvd. 777-5900</p>	 <p>TOYOTA</p> <p>KEITH PIERSON TOYOTA 6501 Youngerman Circle. 771-9100</p>	 <p>PRE-OWNED VEHICLES</p> <p>AUTO LINE A Family owned Business autolinepreowned.com 2126 Mayport Rd., Atlantic Beach 904-242-8000</p>	<p>READ DRIVE EVERY SATURDAY IN THE TIMES-UNION OR PICK UP DRIVE THE MAGAZINE OR GO TO DRIVE. JACKSONVILLE.COM FOR GREAT VEHICLE VALUES!</p>
 <p>CADILLAC</p> <p>CADILLAC-SAAB OF ORANGE PARK 7999 Blanding Blvd. 778-7700 www.cadillacoforangepark.com</p>	<p>JACKSONVILLE CHRYSLER JEEP DODGE 9A & BAYMEADOWS. 493-0000</p>	<p>MIKE SHAD FORD At The Avenues 10720 Philips Hwy. 904-292-3325</p>	 <p>INFINITI</p> <p>ATLANTIC INFINITI 10980 Atlantic Blvd. 642-0200</p>	 <p>LEXUS</p> <p>LEXUS OF JACKSONVILLE 10259 Atlantic Blvd. 721-5000</p>	 <p>NISSAN</p> <p>MIKE SHAD NISSAN OF JAX 1810 Cassat Ave. 389-3621</p>	<p>ERNIE PALMER TOYOTA 1310 Cassat Ave. 389-4561</p>	<p>AUTOS BEACH BLVD. AUTOMOTIVE Family Owned Since 1967 beachblvdautomotive.com 6833 Beach Blvd. 724-3511</p>	
<p>CLAUDE NOLAN CADILLAC 4700 Southside Blvd. 642-5111 www.claudenolan.com</p>	<p>RICK KEFFER I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p>	<p>MIKE DAVIDSON FORD AT REGENCY 9650 Atlantic Blvd. 725-3060</p>	 <p>JEEP</p> <p>ATLANTIC JEEP www.atlanticjeep.com 2330 US 1 South 354-4421</p>	 <p>LINCOLN MERCURY</p> <p>NORTH FLORIDA LINCOLN MERCURY 4620 Southside Blvd. 642-4100</p>	 <p>SUZUKI</p> <p>BENNETT SUZUKI 230 Kenneth Gay Dr. Kingsland GA 912-882-7818 www.bennettsuzuki.com</p>	<p>VOLKSWAGEN</p> <p>O'STEEN VOLKSWAGEN 11401 Philips Hwy. 322-5100</p>	<p>BRUMOS MOTOR CARS PRE-OWNED AUTO CENTER 10211 Atlantic Blvd. 724-1080</p>	
 <p>CHEVROLET</p> <p>NIMNIGHT CHEVY 1550 Cassat Ave. 425-6312 www.nimnichtchevy.com</p>	<p>DODGE</p> <p>ATLANTIC DODGE www.atlanticjeep.com 2330 US1 South 354-4421</p>	 <p>GMC TRUCKS</p> <p>NIMNIGHT PONTIAC-GMC 11503 Philips Hwy 854-4826</p>	<p>JACKSONVILLE CHRYSLER JEEP DODGE 9A & BAYMEADOWS. 493-0000</p>	<p>MIKE SHAD FORD LINCOLN MERCURY 7700 Blanding Blvd. 777-3673</p>	 <p>SUBARU</p> <p>SUBARU OF ORANGE PARK 6999 Blanding Blvd. 777-1800</p>	<p>VOLVO</p> <p>O'STEEN VOLVO 2525 Philips Hwy. 396-5486</p>	<p>LEXUS OF JACKSONVILLE PRE-OWNED CENTER 10384 Atlantic Blvd. 998-0012</p>	
<p>JERRY HAMM CHEV 3494 Philips Hwy. 398-3036 www.jerryhamm.com</p>	<p>ORANGE PARK DODGE 7233 Blanding Blvd. 777-5500</p>	<p>DUVAL HONDA 1325 Cassat Ave. 899-1900</p>	<p>RICK KEFFER I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p>	 <p>MERCEDES BENZ</p> <p>BRUMOS MOTOR CARS INC. 10231 Atlantic Blvd. 724-1080</p>		<p>LEASING</p> <p>GT LEASING Commercial Leasing Since 1955 2810 St. Augustine Rd. 398-5000 www.gtleasing.com</p>	<p>O'STEEN VW CERTIFIED PRE-OWNED CENTER 11401 Philips Hwy. 322-5100</p>	
	<p>RICK KEFFER I-95 Exit 373, Fern Bch. 1-800-228-7454 www.rickkeffer.com</p>	<p>LOU SOBH HONDA OF THE AVENUES 11333 Philips Hwy. 370-1300</p>				<p>PROFESSIONAL AUTO LEASING 10231 Atlantic Blvd. 722-1694</p>	<p>WORLD IMPORTS CERTIFIED PRE-OWNED AUTO CENTER www.worldimportsusa.com 11650 BEACH BLVD. 998-9992</p>	

TO LIST YOUR DEALERSHIP, PLEASE CALL 904-359-4193

650,620 Hours

Besides protecting our country, military personnel stationed in our communities donated 650,620 hours of volunteer service in Northeast Florida and Southeast Georgia last year. Their time was given to community organizations, church groups, youth activities, scouting and more.

Thank you!

For advertising information, please call 904-359-4336, Fax 904-366-6230.

Jax Air News NS MAYPORT, FLORIDA THE **Mirror Periscope** KINGS BAY, GEORGIA