



MIRROR



2008 CHINFO Award Winner



-Photo by MC1 Darius Jackson

Boatswain's Mate 1st Class Chuyi Chang directs an SH-60B Sea Hawk helicopter from HSL-46 onto the flight deck of the guided-missile destroyer USS Laboon (DDG 58) during exercise Joint Warrior 10-1. Joint Warrior is a semi-annual event off the coast of Scotland to improve interoperability between allied navies.

It's A Wrap Joint Warrior 10-1 Ends

From Destroyer Squadron 24 Public Affairs

Exercise Joint Warrior 10-1 concluded April 23, culminating with a visit by Commander, Destroyer Squadron (DESRON) 24 to the Brazilian Navy frigate Independencia (F44).

The exercise, a United Kingdom-led, semi-annual event that encompasses multiwarfare exercises, presents a unique opportunity for the U.S. Navy to train alongside naval personnel from various countries, with this year's participants including Belgium, Brazil, France, Germany, Italy, Netherlands, New Zealand and the United Kingdom.

"One of the biggest challenges today is our complete integration in a multinational force," said Cmdr. Eduardo A. Wieland, Independencia's commanding officer.

Wieland hosted Capt. Aaron C. Jacobs, DESRON 24 commodore, and Capt. Stephen C. Evans, DESRON 24 deputy commodore,

for lunch aboard the ship the final day of the exercise.

The Brazilian Navy participates so it is prepared to work with other navies, as well as to achieve specific training objectives for the crew, such as air defense, anti-submarine warfare and maritime interception operations, said Wieland.

Jacobs and the DESRON 24 staff embarked the guided-missile destroyer USS Laboon (DDG 58) to lead a task group of ships in the exercise, which included the Brazilian frigate, two British frigates, HMS Cornwall (F99) and HMS Iron Duke (F234), the guided-missile cruiser USS Vella Gulf (CG 72) and the guided-missile frigate USS Kauffman (FFG 59). During the two-week exercise, DESRON 24 hosted British and Brazilian service members aboard Laboon to improve interoperability and prepare for operations in a joint maritime environment.

"It was our honor to have you with us in our task group and to

have your officers on board with us," said Jacobs, of the Brazilian Navy's participation. "Our relationship is a strong one, and we look forward to working with your Navy again."

Laboon and other participating ships are scheduled to arrive in Faslane, Scotland, April 23, before conducting theater security operations and port visits to countries in the Baltic Sea region.

DESRON 24 leads the exercise as the independent deployment certification executive agent for Commander, Strike Force Training Atlantic. The exercise promotes Commander, U.S. 2nd Fleet's three focus areas, which are conducting safe and effective fleet operations to achieve mission, providing ready maritime forces for global assignment and teaming with allies and partners in execution of the maritime strategy.

See more about Joint Warrior 10-1 on page 8.

Nickerson Takes Helm Of CDS 40



-Photo by Paige Gnann

Capt. Brian Nickerson relieves Capt. Rodelio Laco, Jr., as commodore of Destroyer Squadron 40 during a April 23 change of command ceremony held in front of COMUSNAVSO/U.S. 4th Fleet. Rear Adm. Victor Guillory was guest speaker at the event.

From Destroyer Squadron 40 Public Affairs

Destroyer Squadron (DESRON) 40 held a change of command ceremony at Naval Station Mayport, April 23. Capt. Brian C. Nickerson relieved Capt. Rodelio Laco of command of DESRON 40.

Commander, U.S. Naval Forces Southern Command (NAVSO) / Commander, U.S. Fourth Fleet Rear Adm. Victor Guillory, was the guest speaker for the ceremony, which was held outside his headquarters at Naval Station Mayport.

"For the past two years, a very talented officer, Capt. Rudy Laco, has led the dedicated men and women of DESRON 40 in the superb execution of four successful deployments," said Guillory. "Starting today another very talented officer, Capt. Brian Nickerson, will begin to lead the staff to continued success."

Laco will become the Chief of Staff for Navy Expeditionary Combat Command in Virginia Beach, VA.

Laco thanked DESRON 40 staff members.

"In the past two years I have had the opportunity to execute four outstanding deployments; Partnership of the Americas 2008, Southern Seas 2009 which included UNITAS Gold and PANAMAX 2009, Amphibious Southern Partnership Station 2009 with USS Wasp, and most recent, leading the Comfort Task Group during Operation Unified Response-Haiti," said Laco. "Our time in Haiti was the highlight of my career, and something that I will always be proud of. To me, collectively these deployments exemplify the Navy's

Maritime Strategy."

Nickerson is coming from the Office of the Chief of Naval Operations, where he served as the Section Head for the Campaign Analysis Section/Assessment Division.

The new DESRON 40 commander addressed his staff, "Your accomplishments over the past two years have been impressive," said Nickerson. "We will remain ready to execute all tasking while continuing to build bridges with neighbors and allies in U.S. Southern Command's area of responsibility."

DESRON 40 is tasked with the planning and execution of multi-national and bilateral Naval exercises associated with the annual Southern Seas deployment as part of U.S. Southern Command's (SOUTHCOM) Partnership of the Americas strategy. Conducted annually, Southern Seas emphasizes interoperability and cooperation among Caribbean, Central American and South American partner nations.

Leading Task Group 40.0, DESRON 40 is currently executing Southern Seas 2010. This year's deployment includes the guided-missile frigate USS Klakring (FFG 42) with embarked Helicopter Anti-Submarine Squadron Light (HSL) 42, Detachment 10.

NAVSO is the naval component command for SOUTHCOM and is responsible for all Naval personnel and assets in the area of responsibility. NAVSO conducts a variety of missions in support of the Maritime Strategy, including Theater Security Cooperation, relationship building, humanitarian assistance and disaster response, community relations, and counter-illicit trafficking operations.

Farragut Conducts Change Of Command

From USS Farragut

Cmdr. William R. Daly relieved Cmdr. Philip E. Sobeck to become the fourth commanding officer of the guided missile destroyer USS Farragut (DDG 99), during a ceremony on board while in port April 20.

Farragut is currently in the midst of a demanding overseas deployment, while concurrently making preparations for INSURV and ULTRA-S upon return to home port Mayport, Florida.

Under Cmdr. Sobeck's command, Farragut completed the first half of a seven month deployment in support of Maritime Interdiction Operations and as the flag ship for CTF-151.

This rigorous mission focused on anti-piracy operations, community relations projects, and a U.S. forward presence around the coast of Africa.

Sobeck's next assignment will be as Staff for the Office of the Secretary of Defense. He previously commanded MCM Crew Impervious embarked in USS Avenger (MCM 1) and USS Ardent (MCM 12).

Daly has been the Executive Officer of USS Gettysburg (CG 64) and USS Farragut (DDG 99). He will assume command of USS Farragut in a ground breaking fleet up pipeline.

Farragut will stay deployed until this fall and will participate in COMPTUEX for the remainder of the year.

USS Farragut (DDG 99) was commissioned in 2006 and is one of 56 Arleigh Burke class destroyers in active service.



-Photo courtesy of USS Farragut

Incoming Commanding Officer, Cmdr. William R. Daly, and outgoing Commanding Officer, Cmdr. Philip E. Sobeck, stand with Rear Adm. Bernard Miranda from Royal Singapore Navy, CTF 151, during Farragut's change of command ceremony on April 20.

Find The Perfect Summer Camp
With School Liaison Officer Tips

Page 2

USS Farragut Pirate Hunt
Plus Wogs Become Shellbacks

Pages 4-5

Going to The Players?
Make Plans Now For Parking

Page 11

When Heavens, Earth Are Gone, Faith Remains



Chaplain Jerome Dillon
NS Mayport
Command Chaplain

American astronomer Edwin Powell Hubble gave this piece of knowledge concerning his observation of the heavens: the universe is expanding.

It expands seemingly infinitely, going into the vast reaches of space. It is scarcely fathomable. This is a universe that seems to keep going farther and farther away. But we do not have to necessarily look

CHAPLAIN'S CORNER

through the telescope named to honor scientist Hubble to realize just how expansive the universe is. Anyone who connects to the World Wide Webb knows how expansive it the technology in this world.

Humanity is always attempting to reconstruct this world, to complete creation, to master the universe. But in the end, we are just a fragile, insignificant particle in it.

Several years ago I came to Florida to visit friends. It was my first time in Florida. I was taken to a number of the usual tourist sites, one of them being the Kennedy Space Center.

A stop on the tour was at a large building housing artifacts from the U.S. space program

including a Saturn V rocket, actually on of those built for a moon launch. The machine, the size of a 37-story building, was displayed on its side. From the five huge nozzles of the initial launch stage engines to the tiny capsule to hold three astronauts, it was awesome to behold.

This technology is probably 50 years old. It is, to today's standards, obsolete. This is "bear skins and flint" technology compared to what has developed since for the space program. Still, it strikes me with wonder.

It boggles my mind to know how much this world moves and changes. But Sacred Scripture reminds us that no matter how expansive or awe-

inspiring is our universe, it is impotent in the presence of God.

"The sun will be darkened, the moon will not shed its light, stars will fall out of the skies, and heavenly host will be shaken."

All, which seems so immutable to human beings, will be changed; will come to an end.

At first these words can seem so remote, to see them in reference to some distant time and place. Naively, I tend to say, these are image not to be interpreted as immediate for me. Yet I must remind myself that this is not just some type of fantastic literature to be simply interpreted as symbolic. If I rest content with that explanation the danger is for me to reduce my faith expression to harmless word play. There is much more to it than that.

Many prophets and sages

used imagery of this sort to describe God's manifestations in history of His people. Who among us has not suffered some experience or distress that seemed to tear us apart? Our "world" no longer existed. Our "universe" ceased. There were no stars in our heavens, the sun and moon no longer shined. The event may have been death, illness or personal failure. It shatters our whole inner equilibrium. The "heavens and earth" seem to "pass away."

That which seems as though it should last forever must pass away. And so with the universe, which to us can only expand, will, and must, in time, come to an end. For only One is Eternal. Only One is beyond comprehension. And it is to this One that we are called at the end of our time. Deo Optimo Maximo (To God, the best and greatest!) Amen.



Remembering USS Stark

The Naval Order of the United States and Naval Station Mayport will host the 23rd annual memorial service to commemorate our shipmates who were lost in 1987. The service will be held on Monday, May 17 at 10 a.m. at Memorial Park at Naval Station Mayport.

Get Into 'ShipShape'

The Wellness Center will be conducting an 8-week Ship Shape class starting Tuesday, May 8 at 9 a.m. There will be a Registered Dietitian here for your needs. Classes are every Tuesday from 9-11 a.m. All active duty/retirees and dependants over the age of 18 are welcome. No sign up required. Please call 270-5251 for more information.

GSA Expo In Orlando

The General Services Administration (GSA) will hold its 16th annual GSA Training Conference and Expo in Orlando, Florida, May 4 - 6, 2010, in the Orange County Convention Center, West Concourse.

Admission is free for Federal, State, and Local government employees. The conference is the largest government sponsored training and exposition event of its kind.

The conference will feature more than 600 commercial partners who have GSA contracts. Commercial partners will not only display their products and services, but will discuss technical issues.

Additionally, more than 200 hours of free training courses will be offered to attendees on GSA Schedules; GSA Advantage (our on-line ordering system); e-Buy; use of the government purchase and travel cards and mandatory sources (UNICOR and NIB/NISH).

All courses offer Continuous Learning Points (CLPs), which can be credited towards mandatory training completion for procurement officials. Complete conference details are accessible from the conference website at www.expo.gsa.gov.

If you would like additional information please contact Shia Jessie at (404) 331-1875, or email marcheria.jessie@gsa.gov.

Choosing A Summer Camp For Your Student



Judy Cromartie
School Liaison Officer

It is almost summer and time to seriously begin researching summer camp programs for your child. Because this experience can have a major impact on your child's life, it is important to choose wisely. Is the choice based on where the parents went to camp as children, on the child's interests, on overnight camps available in the area, or just what are the parameters for choosing?

This article contains some key factors to consider when making this choice. While there's no easy way to find the best camp for your child, this information will help you make this very important decision. The final camp choice must accommodate all or some of the needs, goals, interests, and expectations of both the child and the parent. To understand what kind of camp your child wants to attend and why, try asking your child the following questions:

1. What do you want to gain from the camp experience? Enlarge a skill set? Learn new skills? Develop more independence? Meet new friends?
2. Do you have any special interests you want to explore?
3. Would you prefer a sleep-away camp or a day camp?

As you ask the above ques-

KNOW THE ROPES

tions of your child, you may want to silently answer them yourself, and then ask yourself these additional questions:

1. Are there any physical, intellectual, or social limitations which should be considered when finding a camp for your child?
2. What kind of emphasis will your child profit from the most? For example: Is a lot of structure desirable, is social interaction with members of the opposite sex important, or does your child need a place where he is encouraged to develop at his own pace?
3. Is your child ready for a sleepaway camp?
4. How much money are you willing to budget for this camp experience?
5. Do you have other concerns about your child attending a camp?

With the answers to the above questions in mind, next you should consider these factors:

- TYPE of camp
- COST
- SIZE
- LOCATION
- P R O G R A M S & ACTIVITIES
- SPECIAL NEEDS

TYPE OF CAMP: Generally, overnight camps are coed, all boys, or all girls. In a coed camp, there may be extensive interaction between boys and girls through activities or through the use of common facilities such as waterfront and dining hall. They may be located adjacent to each other or may be miles apart.

Sleepaway camps provide a summer residential program where campers enjoy daily and evening activities. Depending

on the type of program chosen, a camp experience can range anywhere from one week to an entire summer.

COST: Nonprofit camps, such as "Y" camps and Operation Military Kids, are less expensive than private sleepaway. As a parent you have to make a careful assessment of your family's financial limitations regarding camp costs. Be sure to estimate for any extras such as a camp uniform, transportation, camper day trips, and the extra spending money for your child.

Sleepaway camps generally run from two to eight weeks. Camp costs will range from \$1000-\$4000 for two weeks, and from \$1700-\$7000 for four weeks. Full season camps, lasting 7-9 weeks, will range from \$3500 to \$11000. These cost ranges include both general and specialty camps. Costs will vary based on the camp's location and the activities offered.

SIZE: When it comes to size, choosing a camp is very similar to choosing a college. Camps may vary in size from fewer than 100 campers to more than 400. Smaller camps tend to foster special relationships, and allow for individual needs to be quickly met. However, very large camps are usually organized into small units, making it possible to receive the same kind of attention offered by a smaller camp.

LOCATION: Don't limit your search by looking at one state or by choosing a set distance from home. Consider instead the related questions involving camp environment, security, medical facilities, and accessibility. Which is more

important - choosing the right camp based on your child's interests/needs or the comfort of knowing your child's camp is close to home?

P R O G R A M S & ACTIVITIES: As you might imagine, camps offer all kinds of programs. Some camps may emphasize a special activity - horseback riding - while others will offer a wide array of programs. Camps in which a camper would devote a majority of his or her time to one activity are often referred to as Specialty Camps. A more traditional camp program tends to be broader in terms of what it offers.

Most general camps will provide programs in some team sports, some individual sports, water activities, as well as some outdoor life options like hiking or canoeing. Many of these camps will offer extra instruction in the program areas. Be sure to look at the total camp program when making your decision about camp. The quality of the staff and facilities are as important as the program itself.

Now it is time to try to pin down some of the program preferences you and your child have. A list of the common camp activities follows:

- * Team Sports
- * Individual Sports
- * Watersports
- * Adventure
- * Creative Arts
- * Performing Arts
- * Science
- * Education
- * Travel
- * Special Needs

Choosing a summer camp program for your child involves some important research. Be careful not to focus on one of these areas and therefore omit others. For example: a camp's cost might seem like a great

bargain, but it won't mean a great deal if the staff and program are inadequate. Be sure to involve your child in the selection process. You and your child should both be asking questions. Finally, ask for references of families who have had their child attend the camp.

Judy Cromartie is the School Liaison Officer for NS Mayport. If you have questions about this article or other educational issues, she can be reached at Judith.cromartie@navy.mil or (904) 270-6289 X 1305 [office] or (904) 219-3894 [cell].

For Further Information:

•2010 Summer Camp Directory sponsored by the Florida Times-Union

<http://jacksonville.com/lifestyles/summercamps>

•Operation Military Kids, a nationwide program to provide support to children and youth of families impacted by global war on terrorism

www.operationmilitarykids.org

•Florida 4-H Military Program, part of OMK, supports the "civilian turned military" families in Florida before, during, and after parents are deployed

www.florida4h.org

•National Camp Association, Inc. (NCA) provides a free summer camp referral service online to increase awareness of the benefits that summer camp offers children

www.summercamps.org/guidance/pamphlet.html

AB City Commission Approves Vet Park

By Jack Berry

Veteran Advocate

At their April 12 meeting, the Atlantic Beach City Commission approved the Veterans Park Master Plan, the final Master Plan as well as a change of name to the "Beaches Veterans Memorial Park" which is adjacent to the Mayport Road and Atlantic Boulevard connector.

Seven leading members of the Beaches Veterans Association, who represent more than 4,000 organized Beaches Veterans, gave the Commission their commitment to support the Park both financially and with "sweat equity."

The park's land was originally obtained at no cost to the city in a land exchange with the JTA in 2003 and until December 2009 lain dormant when funds were provided to develop a conceptual plan for the park. This coincided with the AB City Commission signing Resolution 09-13 "In Support of Beaches Veteran Service Organization's Armed Forces Community Covenant Program" between American Legion Posts 129, 233 and 316; the Veterans of Foreign Wars Post 3270; Fleet Reserve Unit 290; and the Mayport Chapter of the Military Officers Association of America.

The park will contain a Chaplains Memorial Garden, honoring the many heroic chaplains that have given their lives bringing comfort to our fighting members while in combat. The park's center piece will be "Old Glory" flying from a 50-foot flag staff; a stage structure with a surrounding Plaza; seating for families attending Veteran functions; and a children's playground, among other features.

Area Veterans, Fraternal, Civic Organizations' and the public may participate in developing this Park by sending tax deductible, under CAB 501 3C, donations to AB City Hall, 800 Seminole Rd, attn: Jim Hanson, marked "Veterans Park."



Roman Catholic Mass
Sunday 9 a.m.
Monday-Friday 11:30 a.m.
Confessions: before & after mass or upon request
CCD: Sunday 10:30 a.m.
Baptisms: class 3rd Sunday of month

Protestant Worship
Sunday 10:30 a.m.
Sunday school 9:15 a.m.
Baptism: For information contact your chaplain

Women's Bible Study
Wednesday 9:30 a.m.
Protestant choir
Wednesday 7 p.m.

Interdenominational MOPS (Mothers of Pre-Schoolers)
1st & 3rd Tuesdays each month 9:15 a.m.
For more information, contact MOPS coordinator at mayportmops@yahoo.com

Marriage
Contact Chaplain 6 months prior. PREP is required

For more information, call 270-5212.



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USS Taylor Heads To Med

By Ensign Lynn Bovard
USS Taylor PAO

USS Taylor (FFG 50) departed Naval Station Mayport on April 23 on a Mediterranean Deployment to the Sixth Fleet AOR.

The sun shone brightly on Taylor and her crew as they made their way out of St. John's River and began their deployment.

Cmdr. Lyle D. Hall, Taylor's commanding officer, said that he is extremely excited about this deployment and his role as commanding officer. He praised his crew and their work leading up to deployment.

"The crew has worked very hard on successfully completing a number of certifications and preparations for deployment," Hall said. "I am honored to lead such a remarkable crew of America's finest sons and daughters."

Acknowledging the support of the Taylor families as a key factor to the success of his crew, Hall said "I appreciate the sacrifices that the family and loved ones of USS Taylor have made to support their Sailors during preparation and deployment. The crew could not

perform at such a high level without their support."

On deployment, Taylor will be tasked with developing working relationships with Allies overseas. Taylor will be utilizing many resources to fulfill its mission.

"One of our goals is to share American prosperity through Community Relations efforts. We will be bringing many items for donation, including some provided by the crew," said Hall.

Taylor serves under Commander, Destroyer Squadron 14, headquartered at Mayport, Florida.

NEX Holds Wedding Fair

Mayport Navy Exchange will host the Spring Formal Wedding Fair Saturday, May 1, at the Main Exchange Services Mall from 11 a.m.-3 p.m.

Come see how your NEX and our vendor partners can assist you with all of your wedding plans. Representatives from DECA and the Navy Exchange Flower Shop, Beauty Shop, fine jewelry, cosmetics, and beverage departments will be on hand to answer your questions. In addition, several local businesses in wedding-related industries will be in attendance for consultations, including bakeries, a limousine service, formal wear company, photographer, videographer, Casa Marina Hotel and Restaurant, a new home consultant, a dance studio and more.

Come by and sample delicious wedding cake, wines and beverages, and other refreshments, and enter for a chance to win door prizes. Prospective brides or grooms, stop by the Flower Shop prior to May 1st to pre-register and receive a 10 percent off coupon good for all of your purchases on May 1.

Call the Navy Exchange Flower Shop at 242-3257 for more information.

HOMEFRONT IN FOCUS

By Beth Wilson
Military Spouse Contributor

We continue our look at PCS moves. Your service member should be assigned a *sponsor* from his 'receiving command' or their new command. The sponsor is a current member of that command who is trained to help your service member transition to his new command and base. If you are PCS'ing overseas you, the spouse, will also have a sponsor.

With orders in hand your next step is to learn the procedures and determine which move is best for you. Your Fleet and Family Support Center holds a class called "Smooth Move." This class covers the types of moves, best practices, benefits, allowances (yes, you have weight restrictions), financial reimbursements, and much more. The value of this class cannot be overstated. You'll add to your miltspk vocabulary the necessary acronyms associated with moving (see below). If you are making an OCONUS (outside continental US) there is a special class for your move. You'll be glad you took that class.

www.militaryhomefront.dod.mil is my next recommended stop. Click on the Military HOMEFRONT Toolbox, then on 'Plan My Move'. Here you will find a wealth of information on the process of organizing and executing your move, including a 'move budget calculator' and calendar. Please take time to read all the information provided on moving.

If your service member is deployed and you are coordinating your move you will need a copy of your service member's *orders* and a *Power of Attorney*. The following terms are important to know:

CONUS – 48 Contiguous states
HHG – Household Goods
DLA – Dislocation Allowance: allowance to assist in defraying out-of-pocket, miscellaneous costs associated with moving, amount is based on rank and dependency status.

PPM or DItY Move – Personally Procured Move or 'Do It Yourself'
PPO or PPSO – Personal Property Office or Personal Property Shipping Office
Per Diem Allowance- Allowance paid daily for

lodging, meals and related expenses associated with orders.

There are two myths regarding moving. First, you may hear that you can 'make money' on a DItY move. This can be true. However before you start counting on that money let's consider a few things. Have you ever driven a truck, towed a vehicle or trailer before? Will you be traveling across mountains, in the winter, etc? Who will help you pack and load your truck? More important – who will help you UNLOAD the truck at your new duty station? If you sustain damages in the move, that is your loss. If damaged by the military contracted movers you will receive replacement value of damages. Also, consider the time needed to pack an entire household, finding boxes and packing materials and the amazing stress added to an already stressful move. The reality is you can still 'make money' with a military procured move. With a bit of planning your per diem and DLA more than cover any costs associated with moving without the hassle of packing, loading, transporting and unloading your belongings. My husband and I have done both moves...a Dity move is NOT in my future again.

The second myth is about the quality of a military move. There are always horror stories about damages. Honestly, the military contracts with the best. If the movers do not perform they do not get add-on business, period. And any losses or damage you may sustain are covered at *replacement value*.

Moving is considered one of the top five stressors, whether military or civilian. 'Getting your knowledge on' is the best way to execute a smooth move. Take advantage of the resources available.

We'll continue our "PCS" focus next week with coordinating your move and best practices.



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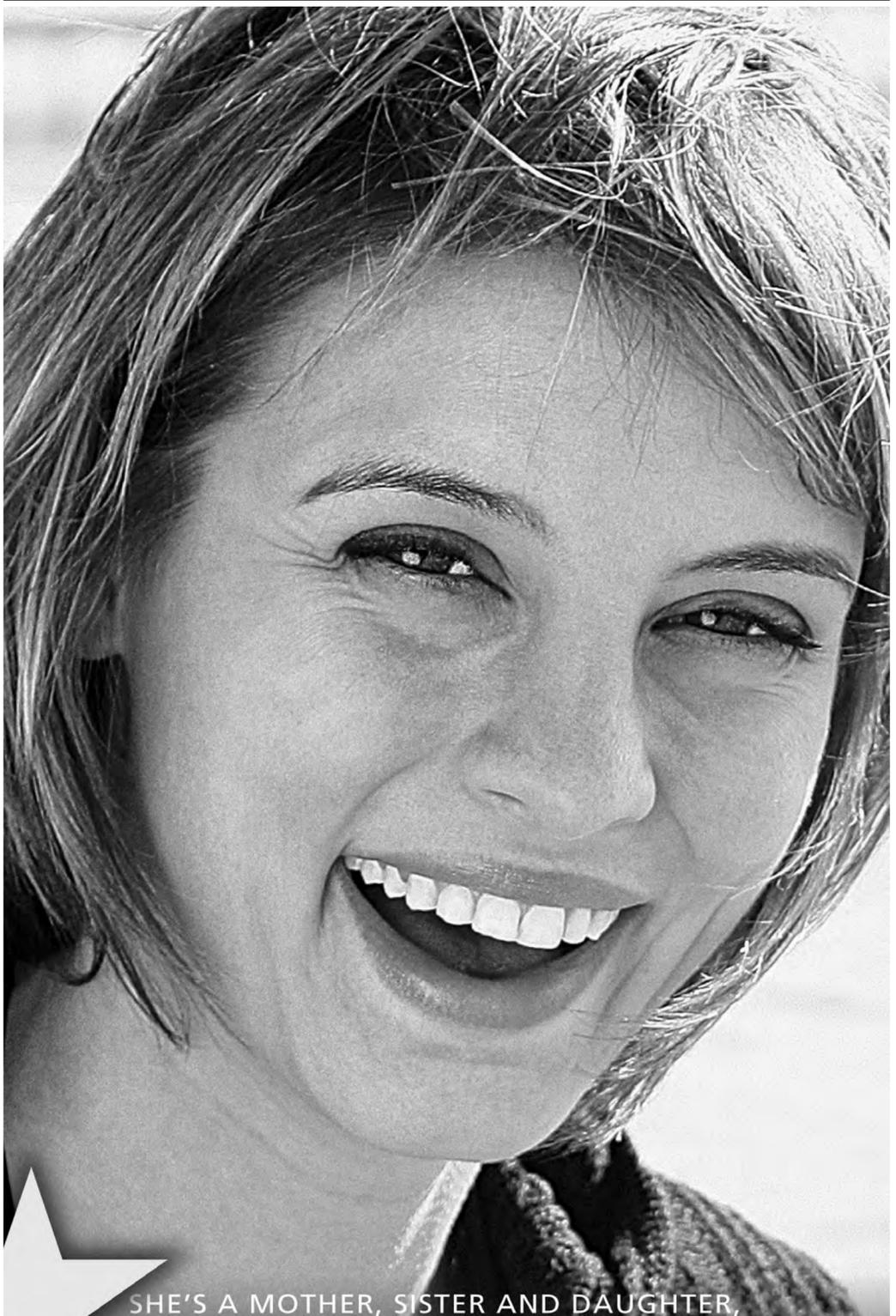
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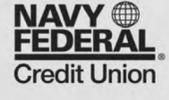
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Farragut Intercepts Pirates In Gulf Of Aden

From Commander, Combined Maritime Forces Public Affairs

USS Farragut (DDG 99), flagship of Combined Task Force (CTF) 151, intercepted suspected pirates in the Gulf of Aden April 15, while undertaking as part of Combined Maritime Forces (CMF).

The Thailand-flagged bulk carrier MV Thor Traveller came under attack in the early morning of April 15, 240 km east of Aden by a skiff with seven suspected pirates on board. During the attack, the suspected pirates fired rifles and rocket-propelled grenades at the vessel for 10 minutes in an attempt to force her to stop. The master of the vessel immediately radioed for assistance.

Farragut was in the area and immediately closed to the merchant vessel at maximum speed. In the darkness, USS Farragut and its embarked helicopter located the suspected pirate skiff as it was attempting to escape. The helicopter used spotlights and smoke floats to warn the skiff to stop and observed the suspected pirates throw items overboard.

A boarding team then confiscated further items of pirate paraphernalia. To prevent the suspected pirates from conducting any more attacks, the skiff was instructed to head back to the Somali Coast.

"This attack took place at 3:00 a.m. on a moonless night. It simply shows that the pirates do not take a day off and they are always looking out for opportunities to attack. The quick response from USS Farragut is testament to the operational readiness of the CMF. The alert lookouts and prompt reporting from MV Thor Traveller also contributed greatly to the success-



Boatswains Mate Seaman Kelly P. Chism, assigned to the Arleigh Burke-class guided-missile destroyer USS Farragut (DDG 99), drives a visit, board, search and seizure team towards a suspected pirate vessel. Farragut is part of Combined Task Force 151, a multinational task force established to conduct anti-piracy operations in the Gulf of Aden.

-Photo by MC1 Cassandra Thompson

ful disruption," said Republic of Singapore Navy Rear Adm. Bernard Miranda, commander of CTF 151.

The master of MV Thor Traveller, Capt. Nakrob Ngoenmuen, praised the actions by the CMF.

"I am impressed by the quick response, and I really appreciate USS Farragut's kind assistance

to help my ship in the piracy attack," said Ngoenmuen.

The Republic of Korea Navy will take over command of CTF 151 from Singapore April 21.

"The coalition has so far made good progress in the counter-piracy operations in the Gulf of Aden and Somali Basin. The attacks have increased recently, but the overall rate

of success has dropped. This is due to intervention by coalition warships and the shipping industry following recommended guidelines to help prevent successful pirate attacks. I am sure that after I hand over command to the Republic of Korea Navy, they will continue to achieve even greater success in their fight against piracy," said

Miranda.

CTF 151 is a multinational task force established by CMF in January 2009 to conduct counter-piracy operations under a mission based mandate to actively deter, disrupt and suppress piracy in order to protect global maritime security and secure freedom of navigation for the benefit of all nations.

It operates in the Gulf of Aden and the east coast of Somalia.

CMF patrols more than 2.5 million square miles of international waters to conduct both integrated and coordinated operations with a common purpose to increase the security and prosperity of the region by working together for a better future.

Farragut Holds 'SWO University' To Pass Quals

By YNSA Brian Filippin
USS Farragut

When going into harms way, it is essential that a ship is led by a seasoned and confident wardroom. USS Farragut (DDG 99) is using a program called SWO (Surface Warfare Officer) University, developed by Farragut's Chief Engineer Lt. Nathan Rowan, to provide the foundation of all areas of surface warfare.

The junior officers that are working diligently on their qualifications attend training in all aspects of a naval surface warfare, from damage control to celestial navigation to strike warfare operations and engi-

neering fundamentals. SWO University integrates junior officers into the day-to-day operations outside their divisions getting a "hands-on" idea of how different systems work together to make Farragut a formidable warship.

Farragut recently qualified five officers and six more are soon to follow. The process of qualifying as a Surface Warfare Officer is rigorous and tedious; requiring officers to learn about different watch stations and relating how combat systems are affected by engineering casualties.

Some of the prerequisites required to become a SWO

include qualifying as Officer of the Deck (OOD), Combat Information Center Watch Officer (CICWO), Engineering Fundamentals, Damage Control, 3M (Maintenance and Material Management) and supply fundamentals.

The training is held by senior officers and senior enlisted. Learning deck plate level systems provides an in depth knowledge of the systems, whereas the follow-on training at the senior officer level gives the junior officer the perspective on how that knowledge relates to them while standing the watch and leading people.

The incentive for achiev-

ing the SWO qualification is increased responsibility, being intertwined with the ship's mission by contributing and being proficient in a watch station, and becoming a warfare expert in order to teach other aspiring junior officers.

Earning the SWO qualification is mandatory in the progression of an unrestricted line Surface Warfare Officer to obtain Command at Sea. The ultimate goal is to command a naval surface warship.

When some of the recently qualified SWO's were asked which part of the SWO University was the most difficult, it was a unanimous answer

- 3M.

When asked why maintenance was such a hard topic to grasp, Ensign Mark Beale remarked, "There were so many acronyms and steps to the system that it took [him] a while to get a hold of them all!"

He ultimately got through this stepping stone to reach his goal.

Ensign Melanie Stolzenberg says the best part of the whole process for her was "going into the engine room to learn about the engines and then watching how they actually work."

SWO University is not an all-inclusive program for which junior officers will earn their

Surface Warfare Officer qualification upon completion.

It does, however, provide the tools and foundation for every facet of SWO qualification junior officers can build and develop, as well as, the opportunity for those aspiring Surface Warfare Officers that are more advanced in their qualification to refine their knowledge in preparation for their SWO boards.

Farragut's junior officers are "preparing for battle," becoming the next generation as qualified Surface Warfare Officers.



Ensigns Allison Martin (left), Aaron Bates and David Cooper (above) train in the importance of keeping the ship afloat in the form of Damage Control.

-Photos by Lt.j.g. Michelle Martinez

Farragut Experiences 60 Days At Sea, Seychelles & Shellbacks

From USS Farragut

After a brief stop in Djibouti, Africa in January, USS Farragut wasted no time executing her counter-piracy mission.

The ship quickly executed multiple piracy disruptions and even captured suspected pirates. From the time Farragut left Djibouti, she remained at sea for 60 days executing this mission.

The Farragut crew got a chance to take a brief break from counter-piracy operations by participating in Morale Day – an opportunity for crewmembers to unwind and relax. The crew was allowed to put on their favorite pair of shorts and t-shirts, pull out their beach chairs and enjoy a steel beach picnic with music and two Fleet-Commander authorized beers per Sailor.

A few weeks after Morale Day, Farragut finally got a port visit. Farragut pulled into Port Victoria, Seychelles; a set of islands off the African coast, just north of Madagascar. The crew enjoyed a variety of tours, shopping, resorts and beautiful beaches that lie within the rich culture and hospitality of



USS Farragut's newly initiated "Shellbacks" pose for a picture after the ship held a traditional "Crossing the Line" ceremony, making the crossing of the equator and the ship's "Wogs" to "Shellbacks." A "Wog" is a crew member that has never crossed the equator during a deployment. Once they cross the line, they are considered "Shellbacks."

Seychelles.

Within 24 hours of being back on the high seas, Farragut encountered another pirate vessel. Farragut was able to intercept the pirate vessel and two skiffs in tow. After a boarding by Farragut's Vessel Boarding Search and Seizure (VBSS) Team and the United States Coast Guard Law Enforcement Detachment (LEDET), the suspected pirates were put into the two skiffs and released. The larger vessel was seized and later destroyed by Farragut.

On April 1, Farragut had its "Crossing the Line" ceremony, marking the crossing of the equator. It was a day of fun and tradition, as 127 members of Farragut's crew completed the time-honored transition from "Wog" to "Shellback."

Even though Farragut spent numerous days at sea in counter-piracy efforts, her crew remains positive and focused on the task at hand. They also understand that there is a lot more deployment left and a lot more work ahead of them.



"Wogs" are wet down during the "Crossing the Line Ceremony."



USS Farragut crew members participate in the transition from "Wog" to "Shellback" during a cross of the equator on April 1.



Left top, Crewmembers go SCUBA diving off the African coast while enjoying a port visit to Port Victoria, Seychelles. Left, below, crewmembers enjoy a Morale Day after spending 60 days at sea. The day included a steel beach picnic, wearing their favorite shorts and shirts, and enjoying music on the flight deck.

April 29: Thursday CPO Social Hour – Retiree Night. 3-7 p.m. at Foc'sle CPO Club with thirty-five cent wings, drink specials and all-you-can-drink soft drinks for only \$1. Thursday night is reserved for active and retired Chief Petty Officers and their guests. 270-5431

April 30: Deadline for Surf Contest. Contest is 10 a.m. May 7 at Sea Otter Pavilion. Sign-up at the Base Gym. Men's and women's divisions; shortboard and longboard categories. (Free) 270-5451

May 1: Mayport Music Fest Sponsored by X102.9. Admission begins at 5 p.m. at Sea Otter Pavilion. Concert begins at 6:30 p.m. featur-

MWR HAPPENINGS

ing Red Jumpsuit Apparatus, Augustana and Blessid Union of Souls. First come, first serve; grass viewing area with limited seating. Chairs and blankets welcome. Food, beverages and event t-shirts available for purchase. No coolers or outside food/beverages allowed. "Preferred Viewing" has been announced to Facebook fans of MWR Naval Station Mayport. (Free) 270-5228

May 2: Bowling Family Fun Night. 4-7 p.m. every Sunday at Mayport Bowling Center. Cost is \$9 per person and includes

All-You-Can Bowl with shoes, spaghetti dinner, music videos, light show and colored headpin bowling for prizes. 270-5377

May 3: Swimming Pool Season Passes on Sale at ITT. Individual passes are \$60; family passes are \$120. ITT is open Monday-Friday 9 a.m.-5 p.m. The Base Swimming Pool opens for weekends only on May 15. Full summer hours begin on June 14 when local schools dismiss for summer break. 270-5245 or 5145

May 4: All Khaki Wings and Trivia Night. 3-7 p.m. at

Foc'sle CPO Club with 35-cent wings, drink specials and all-you-can-drink soft drinks for \$1. Trivia begins at 5:30 p.m. All Khakis welcome (Chief Petty Officers, Officers and their guests). 270-5431.

May 7: Deadline for Mountain Bike Trail Race. This timed trial is at 11 a.m. May 14 at Sea Otter Pavilion. Sign up at the Gym. (Free) 270-5451

May 7: Polynesian Experience – Dinner and Luau. Doors open at 6 p.m. at Ocean Breeze Conference Center. Pre-dinner entertainment starts at 6:30 p.m. with Witch Doctor, Dr. Cardoo followed by dinner from 7-8 p.m. A Polynesian Review (show)

will begin at 8 p.m. Tickets available at ITT for \$10 per person. Event is limited to ages 15 and older only. 270-5228

May 11: Armed Forces 5K/10K Run. 8 a.m. start in front of the Gym. (Free) 270-5451

May 13: Kings and Queens Adult Bowling League Begins. League meets every Thursday at 7:15 p.m. at Mayport Bowling Center. An organizational meeting will be held at 6:45 p.m. Cost is \$15 per week. 270-5377

May 15: Swimming Pool Opens for Weekends Only. The base pool will open on Saturdays (11 a.m.-6 p.m.) and Sundays/Holidays (1-6 p.m.) beginning May 15. Full summer hours begin on June 14 when local schools dismiss for summer break. Admission fees apply. Season passes go on sale May 3 at ITT. 270-5425 or 5451

mer hours begin on June 14 when local schools dismiss for summer break. Admission fees apply. Season passes go on sale May 3 at ITT. 270-5425 or 5451

May 17: Deadline for Base Golf Championship. Tournament is May 22-23 at Windy Harbor for all active and retired military, reservists, DOD employees and their dependents with established handicaps at Mayport. Cost is \$45 and includes a breakfast buffet Saturday, awards banquet Sunday and prizes (cart and green fees not included). Format is 36 hold stroke play; two flights, two championship trophies (gross/net). 270-5380

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- Upload a basic sketch of the car you would like to build (no fancy design tools needed) and some basic info about your team, your auto hobby/skills center and the car

You have until June 11, 2010 to get your proposals. Semi-Finalist proposals will then be displayed on www.battleofthebuilds.com for your friends, family, and the world to vote on.

Three Finalists will receive a Scion xB and \$15K to make their vision a reality. One ultimate winning team will be flown to Las Vegas to show off their Scion xB at the 2010 Specialty Equipment Manufacturers Association Show. All three Finalists receive healthy cash prizes for the team and their base Auto Hobby/Skills Center.

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The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by Planet Mayport Single Sailor Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

April 29: Jacksonville Suns Baseball Game. Van departs Planet Mayport at 5:30 p.m. (Free)

April 30: Deadline for Surf Contest. Contest is 10 a.m. May 7 at Sea Otter Pavilion. Sign-up at the Base Gym. Men's and women's divisions; shortboard and longboard categories. For event info, call the Gym at 270-5451. (Free)

April 30: Dave and Busters Trip. Van departs Planet Mayport at 7 p.m. Game card included. Deadline to sign-up is April 28. (Free)

May 1: Comic Book and Miniature Gaming Event. Van departs Planet Mayport at 10 a.m. (Free)

May 1: Mayport Music Fest Sponsored by X102.9. Admission begins at 5 p.m. at Sea Otter Pavilion. Concert begins at 6:30 p.m. featuring Red Jumpsuit Apparatus, Augustana and Blessid Union of Souls. First come, first serve; grass viewing area with limited seating. Chairs and blankets welcome. Food, beverages and event t-shirts available for purchase. No coolers or outside food/beverages allowed. "Preferred Viewing" has been announced to Facebook fans of MWR Naval Station Mayport. (Free)

May 2: Paintball Trip. Van departs Planet Mayport at 9 a.m. Cost is only \$5 and includes 500 paintballs, field rental, gear and transportation.

May 4: Liberty Committee Meeting. 4-6 p.m. at Planet Mayport. This is your chance to tell us what programs and events you want to see offered by MWR Liberty. Pizza served. (Free)

May 8: UFC 113 – Machida vs. Shogun 2. 10 p.m. at Castaway's Lounge. www.ufc.com

LIBERTY CALL

(Free)

May 11: Golf Outing and Free Clinic. Van departs Planet Mayport at 3:45 p.m. or meet us there at 4 p.m. Free clinic with nine holes of golf including cart. Deadline to sign-up is May 10. (Free)

May 13: Jacksonville Suns Baseball Trip. Van departs Planet Mayport at 5:30 p.m.

(Free)

May 14: Movie Trip. Van departs Planet Mayport at 6 p.m. for the theatre. You choose which movie you want to see and we pay for it! (Free)

May 15: MMA (Mixed Martial Arts) vs. Cage Fighting. Van departs Planet Mayport at 6:30 p.m. Cost is \$10.



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April 30: Youth Freedom Friday, Movie Night. 7-11 p.m. at the Youth Activities Center for grade K through age 12. Cost is \$7 if advance sign-up or \$9 the day of, if space. 270-5680 or 5421

April 30: Teen Extended Hours, Movie Night. 7-11 p.m. at Club Teen for age 12 through grade 12. (Free) 270-5680 or 246-0347

May 1: Mayport Music Fest Sponsored by X102.9. Admission begins at 5 p.m. at Sea Otter Pavilion. Concert begins at 6:30 p.m. featuring Red Jumpsuit Apparatus, Augustana and Blessid Union of Souls. First come, first serve; grass viewing area with limited seating. Chairs and blankets welcome. Food, beverages and event t-shirts available for purchase. No coolers or outside food/beverages allowed. "Preferred Viewing" has been announced to Facebook fans of MWR Naval Station Mayport. (Free) 270-5228

May 3: Swimming Pool Season Passes on Sale at ITT. Individual passes are \$60; family passes are \$120. ITT is open Monday-Friday 9 a.m.-5 p.m. The Base Swimming Pool opens for weekends only on May 15. Full summer hours begin on June 14 when local schools dismiss for summer

KID ZONE

break. 270-5245 or 5145

May 7: Youth Luau. 5:30-9:30 p.m. at the Youth Activities Center for grade K through age 12. Cost is \$7 if advance sign-up or \$9 the day of, if space. 270-5680 or 5421

May 8: Summer Youth Bowling League Registration. 12 p.m. at Mayport Bowling Center. Summer Youth Bowling begins May 22 at 10 a.m. Cost is \$9 per week for ages 8-21 and \$4 for ages 3-7. 270-5377

May 14: Freedom Friday – Outdoor Movie Night. 7-11 p.m. at the Youth Activities Center for grade K through age 12. Cost is \$7 if advance sign-up or \$9 the day of, if space.

270-5680 or 5421

May 15: Swimming Pool Opens for Weekends Only. The base pool will open on Saturdays (11 a.m.-6 p.m.) and Sundays/Holidays (1-6 p.m.) beginning May 15. Full summer hours begin on June 14 when local schools dismiss for summer break. Admission fees apply. Season passes go on sale May 3 at ITT. 270-5425 or 5451

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Fitness
Surfside Fitness schedule is as follows:

Monday
7 a.m., **Spartan Training**

Unconventional training for the unconventional warrior which centers on the art of developing the body through refined functional tactics. Spartan Training employs a combination of kettle bells, calisthenics, sprint and distance running, tire flips, sledge hammers, sled drags, and many other advanced training techniques. Meets behind Surfside Fitness Center.

9:30 a.m., **Resistance**

10:30 a.m., **Broken Hearts**
A fitness program for those who require cardiac rehabilitation. Program incorporates a wide variety of fitness tools. Blood pressure and heart rate are monitored while progress is charted.

11:30 a.m., **Step n Kick**
Step up the fat burn and kick down those kcals with this combo class.

1 p.m., **Moms in Motion**
A monitored exercise program designed for pregnant women and new moms. This class helps improve muscle tone, ease stress, relieve back pain, and increase energy. All participants are required to submit a doctor's release to participate. Moms can bring babies in carriers to this class. Held at Surfside Fitness Center.

4:30 p.m., **Zumba**

A fusion of hot, sexy and explosive Latin American and International dance music. Caloric output, fat burning and total body toning are maximized through fun and easy to follow dance steps. Come experience the ultimate dance party in this high energy, motivating class that is great for both the body and the mind.

Tuesday
9:30 a.m., **LoImpact**

Designed for beginners. Easy to follow, low impact aerobic and strength-training moves provide something different than just walking on the treadmill.

11:30 a.m., **Intro TRX**

MWR
SPORTS/FITNESS

(weather permitting) Build functional strength and muscular endurance with this suspension training system developed by the Navy Seals. Now used on military installations all over the world, the TRX is a space saving, portable tool used to attain peak operational fitness. Mayport's TRX training area can be found behind the Surfside Fitness Center.

1 p.m., **Strength Solutions & Flexibility Fix-Ups**

This class assists in preventing and overcoming injuries. Ride the road to recovery! Meets at Surfside Fitness Center lobby.

5:30 p.m., **Yoga**

Wednesday
9:30 a.m., **Intro Mind Body**

Mind Body programs focus on improving flexibility, strength and balance while enhancing posture, mental focus and coordination. Deter injury and the effects of stress, burn calories and improve overall health. Mind Body is a fusion of *Yoga, Pilates and Tai Chi*.

10:30 a.m., **Broken Hearts**

11:30 a.m., **Zumba**

1 p.m., **Moms in Motion**

2:30 p.m., **Command/FEP TRX & Conditioning for Running**

5 p.m., **Zumba Basics**

5:30 p.m., **Kids' Clinic**

5:30pm **Kickboxing**

Thursday
9:30 a.m., **Power Walking**

11:30 a.m., **Adv. Mind Body**

1 p.m., **Strength Solutions & Flexibility Fix-Ups**

This class assists in preventing and overcoming injuries. Ride the road to recovery! Meets at Surfside Fitness Center lobby.

Friday
7 a.m., **Beach Bootcamp**

(weather permitting) This Commando PT utilizes various training techniques to achieve the highest fitness levels possible. Meets behind Surfside Fitness Center. Can accommodate 200+ personnel.

10:30 a.m., **Zumba Basics**
11:30 a.m., **Spartan Training**

The Gym Schedule is as follows:

Monday
11:30 a.m., **Adv. Weight Training for Warriors**

An adrenaline producing 1-hour class devoted to building strength and stamina in active duty personnel. Emphasis is placed on sound, proven weight training techniques. Topics include squatology, supplements and muscle growth.

2:30 p.m., **Command Rowbics**

3 p.m. **Victory PRT**

Tuesday
6:30 a.m., **Command Jump and Jab**

11:30 a.m., **Steel Anchor Training**

Show your commitment and motivation by becoming a Steel Anchor. Successful completion of a percentage based combination of the bench press, squat, and dead lift will win you this prestigious award.

Wednesday
6:30 a.m., **Functional Flexibility**

7 a.m., **Command Cardio Pump**

4:30 p.m., **Spinning**

Thursday
7 a.m., **Cardio, Combat and CORE**

11:30 a.m., **Spinning**

2:30 p.m., **Intro to Weight Training for Warriors**

An adrenaline producing 1-hour class devoted to building strength and stamina in active duty personnel. Emphasis is placed on sound, proven weight training techniques. Topics include squatology, supplements and muscle growth.

Friday
6:30 a.m., **Command Spinning**

9:30 a.m., **Intro to Spin**

11:30 a.m., **Strength Training Basics for Women**

11:30 a.m., **Steel Anchor Testing**

Polynesian Experience



Friday, May 7, 2010 at Ocean Breeze

Ages 15 & older welcome

Doors open at 6 p.m.
Dinner served at 7 p.m.

Cost: \$10 per person
(dinner & entertainment)

Menu: Savory Pork Loin
Hawaiian Chicken
Fried Rice
Stir-fried Vegetables
Hawaiian Bread
Ambrosia
Tea, Lemonade & Water

Cash Bar Available

Purchase tickets at ITT
Mon-Fri 9am-5pm

Deadline: Wed. May 5th

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Jacksonville Suns vs. Mississippi Braves

Thursday, April 29th - 7:05pm - First Thursday Night Throwdown
Enjoy Buds for a Buck and buy one, get one cocktails at the hottest spot in Jacksonville during the summer! Don't miss an appearance from Planet Radio's Klinger!
Presented by **Planet Radio**

Friday, April 30th - 7:05pm - Strike Out Stroke Night, Atlanta Braves Night & Scout Night #1
The Suns honor Stroke Survivors and help promote stroke symptom and prevention awareness! Plus, Boy and Girl Scouts are invited for a special Scout night featuring a post-game campout and midnight movie. Also, catch a special appearance by legendary Atlanta Brave Dale Murphy. After the game, Friday Family Fireworks, courtesy of NAPA Auto Parts and your local NAPA Autocare Center Dealers. **WVIZ**
Presented by **WVIZ Jacksonville**

Saturday, May 1st - 7:05pm - Beaches Night, Beach Bag Giveaway and Hometown Hero Shorty Long Night
The first 2,000 fans receive a San Pablo Island beach bag.
Presented by **Suns**

Sunday, May 2nd - 3:05pm - ZOoperstars Appearance and Credit Union Day
See the first 2010 appearance by Roger Clamens, Cow Ripken, Harry Canary and their crazy friends! Plus, it's Credit Union Day! Stop by your participating Credit Unions for a special ticket discount. Kids can show their JTA youth summer card for a free general admission ticket. After the game, Kids Run the Bases presented by Captain D's.
Presented by **Credit Unions of North Florida**

Monday, May 3rd - 11:05am - Celebration of Reading Day #3
School kids from all over the Jacksonville area are invited to enjoy this special late morning game! Prizes will be rewarded for the best banner with a Suns and reading theme. No beer will be sold this day.
Presented by **Suns**

For more information or to purchase tickets call 904-358-2846 or visit www.jaxsuns.com

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Task Group 40.0 Receives MUC

From Destroyer Squadron 40 Public Affairs

Task Group 40.0 received the Meritorious Unit Commendation Award April 21, 2010 in a ceremony at Destroyer Squadron (DESRON) 40 Headquarters.

The award highlighted TG 40.0's outstanding service and leadership in maritime security and humanitarian assistance to U.S. Southern Command (SOUTHCOM), during its Southern Seas 2009 deployment.

During the deployment, Task Group 40.0 consisted of DESRON 40, guided-missile frigate USS Doyle (FFG 39), guided-missile frigate USS Kauffman (FFG 59), USS Ford (FFG 54), and Helicopter Anti-Submarine Squadron Light (HSL) 43, detachment 3.

Rear Adm. Victor G. Guillory Commander, U.S. Naval Forces Southern Command (NAVSO), U.S. 4th Fleet presented the award to Commander, DESRON 40, Capt. Rudy Laco and staff.

"Task Group 40.0 was a key part of U.S. 4th Fleet's accomplishments in 2009. This award isn't for the Commodore or the Senior Enlisted Advisor, it is given to every Officer and Sailor in the Task Group. It is result of all the hard work of the entire team," said Guillory.

During Southern Seas 2009, Task Group 40.0 participated in three major multinational joint exercises including UNITAS GOLD, TEAMWORK SOUTH, and PANAMAX; two multi-national group sails and five bilateral passing exercises. They improved coordination of



Rear Adm. Victor G. Guillory Commander, U.S. Naval Forces Southern Command (NAVSO), U.S. 4th Fleet presents the Meritorious Unit Commendation to Commander, DESRON 40, Capt. Rudy Laco and staff.

-Photo courtesy of DESRON 40

all maritime missions with 23 Partner

Nation Navies conducting events in all warfare areas including 50 live fire anti-surface and anti-air exercises, a multi-national sinking exercise of the Ex-USS CONOLLY (DD 979), 930 mishap-free flight hours with both helicopters and fixed wing aircraft, 143 hours of anti-submarine events

with diesel submarines and one multi-national amphibious demonstration.

Additionally, Task Group 40.0 evolved international relations and improved regional security through 15 Theater security cooperation visits in the SOUTHCOM region. During these visits, the Task Group was able to foster common interests across the mari-

time domain. They completed 96 military-to-military engagements, conducted cross decks with 302

Partner Nation Sailors, completed 17 Community Relations Projects and delivered 46 pallets of Project Handclasp material.

"Southern Seas 2009 was a chance to operate with our counterparts in the region. We

continue to learn from each other, building the interoperability, and sharing best practices. Opportunities like this help foster trust and confidence to address regional challenges," said Laco. "Furthering U.S. relations with our

Caribbean, South and Central American Partner Nations for when we need them to successfully execute real world missions such as Operation Unified Response in Haiti." This was the second Meritorious Unit Commendation award for DESRON 40, which was established in March 2006. Task Group 40.0 was also awarded the MUC in 2008 deployment. Each year the DESRON conducts an annual deployment to the Caribbean, South America and Central America. "The talented people of the task group made this happen," said Senior Chief Information Technology Specialist Robert Florentino, DESRON 40 Senior Enlisted Advisor. "It was a true team achievement. There was support from Navy Public Support Element (NPASE), Navy meteorological and oceanographic support, Navy Information Operations Command (NIOC), and reserve support, which was vital to our success. This work accomplished during Southern Seas 09 truly embodied the Navy as a Global Force for Good." DESRON 40 is currently deployed as part of Task Group 40.0 executing the Southern Seas 2010 deployment with guided-missile frigate USS Klakring (FFG 42) with embarked Helicopter Anti-Submarine Squadron Light (HSL) 42, Detachment 10.

1st ANGLICO Conducts Night Ops

By MC1 Darius Jackson

Destroyer Squadron 24 Public Affairs

Marines of the 1st Air Naval Gun Fire Liaison Company (1st ANGLICO), stationed at Camp Pendleton, Calif., perform checks on their equipment—weapons, radio, tactical gear.

Their orders: disembark the guided missile destroyer USS Laboon (DDG 58) on a rigid hull inflatable boat (RHIB), make landfall under the cover of darkness, and link up with a local national where they will trek to designated coordinates and set up a reconnaissance and observation post in search of five high value targets (HVT) or high value individuals.

When they locate the targets, the Marines call in an air strike from British Tornado fighter jets, U.S. Navy SH-60 Seahawk helicopters equipped with hellfire missiles, or naval gunfire.

The catch: the mission is a training exercise in support of Joint Warrior 10-1, a United Kingdom-led, semi-annual event that encompasses multinational and multi-warfare exercises.

The Marines of 1st ANGLICO appreciate the experience they receive during Joint Warrior's live exercises.

"Realistic missions are always better than simulated,

because you can make corrections to stay proficient," said Sgt. Ryan Culverson, a three-time veteran of Joint Warrior.

Culverson serves as one of the platoon's Joint Terminal Attack Controllers (JTAC), where he directs the action of combat aircraft engaged in offensive air operations, calling air or naval bombardments on HVTs from a forward position.

Beyond the battlefield experience, Joint Warrior allows the Marines to work alongside North American Treaty Organization (NATO) counterparts, learning their procedures, battlefield lingo and weapons.

In this particular mission, the Marines train with the British-made SA80 machine gun, or "bullpup," instead of the issued M4 carbine, allowing access to another tactical weapon used by small infantry units.

The exercise prepares Marines of 1st ANGLICO for deployments as part of 15th Marine Expeditionary Unit (15 MEU), which is scheduled to deploy later this year.

"The same guys we are training with now are the same guys we go to Afghanistan with," Culverson said. "It's good to put a face with a name."

The exercise also gives the Marines a chance to work with ships of different platforms, led by Destroyer Squadron 24 (DESRON 24). DESRON 24 leads Joint Warrior as the independent deployment certification executive agent for Commander, Strike Force Training Atlantic.

The exercise promotes Commander, U.S. Second Fleet's three focus areas: conducting safe and effective fleet operations to achieve mission, providing ready maritime forces for global assignment and teaming with allies and partners in execution of the maritime strategy.

Joint Warrior 10-1 began April 12 off the coast of Scotland, where the participating navies are practicing joint maritime operations in a controlled environment. Nations participating in the exercise

are Belgium, Brazil, France, Germany, Italy, Netherlands, New Zealand, United Kingdom and the United States.

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Klakring Delivers Project Handclasp Materials

By MC1(SW)
Michael J. Scott

CTG 40.0 Public Affairs

Victoria General Hospital patients and Micoud Community Preschool students received a special gift April 13 from USS Klakring (FFG 42) and Helicopter Anti-Submarine Squadron Light 42 (HSL 42) Detachment (Det) 10 Sailors on behalf of Project Handclasp.

During a special presentation pier side at Port Castries, Cmdr. Scott M. Smith, Klakring commanding officer, stood in front of pallets of materials and detailed the value of interagency and joint ventures with civilian organizations.

"This donation continues the great work from last year's visit by USS Oak Hill (LSD 51) and allows us to interact with other U.S. government agencies like USAID and local organizations like Sandals," said Smith.

Project Handclasp accepts and transports educational, humanitarian and goodwill material overseas on a space-available basis aboard U.S. Navy ships. Materials are distributed directly to needy



-Photo by MC1 Darryl Wood

Sailors aboard the guided-missile frigate USS Klakring (FFG 42) take in mooring lines while departing St. Lucia. Klakring is on a port visit to St. Lucia during a scheduled six-month deployment to Latin America and the Caribbean as part of Southern Seas 2010. Southern Seas is a U.S. Southern Command-directed operation that provides U.S. and international forces the opportunity to operate in a multi-national environment.

recipients by U.S. service seas areas or embarked aboard to U.S. Southern Command's personnel stationed at over- U.S. Navy ships that deploy (USSOUTHCOM) area of

responsibility. Klakring was in St. Lucia as part of the six-month Southern Seas 2010 deployment to Latin America and the Caribbean in support of USSOUTHCOM's Partnership of the Americas Maritime Strategy.

Hygiene items, textbooks and stuffed animals were a few of the materials donated to the hospital and school. Through the cooperation of numerous donors, Project Handclasp has been able to ship approximately 1.5 million pounds of charitable materials overseas annually for the past several years.

In addition to the Project Handclasp pallets, 150 school text books were presented to the St. Lucian Royal Police on behalf of the state of California. The books are to be given to the St. Lucian Learning Resource Center. Approximately 120 stuffed animals were presented to the Micoud Preschool on behalf of Loving Hugs Inc.

Clotilda Jenny Fevrier, Executive Director of Victoria General Hospital, said she was very pleased with the materials and support given by the

U.S. Navy, Sandals and Project Handclasp.

"This is very good," said Fevrier. "The hospital is always in need, and I believe what has been given to us will be put to very good use. We welcome continuous support of this nature."

Mary Clercent, assistant teacher at the Micoud Community School, echoed Fevrier sentiments.

"We at the Micoud School are very appreciative of this kind gesture from the Sandals Organization and the USS Klakring," said Clercent.

Southern Seas is a USSOUTHCOM-directed operation implemented by U.S. Naval Forces Southern Command (COMUSNAVSO) and carried out by Commander, Destroyer Squadron 40 (CDS 40). This year's deployment includes CDS 40, Klakring and HSL 42 Det 10.

For more information please contact Lt. Chris Brown CTG 40.0 Public Affairs Officer, or become a fan at www.facebook.com/comdesron40.

Klakring Sailors Help Rebuild School in St. Lucia

By MC1(SW)
Michael J. Scott

USS Klakring (FFG 42) Public Affairs

Micoud Community Preschool children will return to a restored building thanks to the April 13 efforts of Sailors, Peace Corps volunteers, and the Sandals Organization.

Sailors from USS Klakring (FFG 42) and Helicopter Anti-Submarine Squadron Light 42 (HSL 42) Detachment (Det) 10 joined with local Peace Corps volunteers and conducted the community relations (COMREL) project at the small three-room school with an enrollment of about 65 students. The ship was in St. Lucia as part of the six-month Southern Seas 2010 deployment to the region.

Reinforced subflooring, replacement of a rotting support beam on the patio area, and installing vinyl lattice-work where rusted wire lined the front of the building were some of the changes made to the building with supplies and tools provided by the Sandals Organization. Klakring Sailors were eager to volunteer for the COMREL project, which enabled them to interact with members of the community, as well as other organizations, such as the Peace Corps and the Sandals Organization.

"It's always exciting to see the ship come out as a team,"



-Photo by MC1 Darryl Wood

Cmdr. Robin Smith, left, executive officer of the guided-missile frigate USS Klakring (FFG 42), reinforces a floor support with the help of a fellow Sailor during a community service project. Klakring is on a port visit to St. Lucia during a scheduled six-month deployment to Latin America and the Caribbean as part of Southern Seas 2010.

said Culinary Specialist 2nd Class Gary Snear.

COMREL programs enable U.S. Sailors to be involved with the local community through humanitarian efforts. Many of the programs include repairing and repainting schools or hospitals in communities of need, as well as providing supplies such as medical goods and hygiene

products. School supplies and toys are also common goods given to the local community.

"Each one of us that participated is exhausted, scraped and bruised, and are better off for having contributed to making the lives of the children just a little bit better," said Commanding Officer Scott M. Smith.

Mary Clercent, Assistant Teacher Micoud Community School, said she was very grateful to have the volunteer team come and do this work for the children.

"I'm honored that so many would come and give their time to help us," Clercent said. "I know the children will be happy when they return to school."

Though Klakring provided the labor and muscle, it was the Sandals Organization that really put this project together.

"We have over 30 volunteers here helping with this project," said Kasia Foster, Sandals Regional Public Relations Manager. "We've been working with this school for more than five years. This is one of many projects to help make this school better and safer for the children."

COMREL projects are a great opportunity for the crew to come together off the ship and exchange their shared values

and desire to help others.

"It helps foster unity because we're all working together here. It's a great experience to work together as a team," said Yeoman 3rd Class Emmanuel Rivera. "It's a really good experience. We're able to help people that need our help and that's great."

COMREL projects are an important theme of the Southern Seas 2010 deployment which focuses mainly on Theater Security Cooperation events. For Klakring, this project was the beginning of a number of humanitarian efforts that will take place in the months to come.

Southern Seas is a U.S. Southern Command (USSOUTHCOM)-directed operation implemented by U.S. Naval Forces Southern Command (COMUSNAVSO) and carried out by Commander, Destroyer Squadron 40 (CDS 40).



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Carney Wins 'Battle E'

By Ensign Emily Rhatican
USS Carney PAO

While deployed in Fifth Fleet, USS Carney (DDG 64) was recently announced as the 2009 Battle "E" Award winner for Destroyer Squadron 24. The Battle "E" Award recognizes Carney as the best of four Destroyers in the Mayport-based squadron.

"The crew is very fired up," Command Master Chief Ross Cramer observed. "It always feels great to be a winner."

The 2009 Battle "E" is Carney's fifth award since she commissioned in April 1996; Carney also earned the Battle "E" in 1997, 1998, 2001, and 2007.

It was stiff competition again this year for the Navy's surface fleet vying to earn the coveted Battle "E" award – and bragging rights along the waterfront – for their performance in 2009. According to Naval Surface Forces, only 36 of 168 ships met all of the requirements in 2009. Of these 36 ships, Carney was one of 27 ships that

demonstrated sustained superior performance, operational effectiveness, and readiness. Ultimately Carney was one of only 22 ships to earn the Battle "E."

In addition to the Battle "E," Carney also won her third consecutive Maritime Excellence Award; third Engineering/Survivability Excellence Award; fifth Command, Control, Communications, and Information Warfare Excellence Award; sixth Logistics Management Excellence Award; and third consecutive TYCOM Ship Safety Excellence Award.

Carney won several other prestigious awards in 2009, including the Golden Anchor, Unit Tactics Award, CNO Safety Award, and Phalanx CIWS Excellence Award (Runner-Up LANT).

USS Carney (DDG 64) is currently conducting Maritime Security Operations for Combined Task Force 151 in the Gulf of Aden.



From USS Carney

USS Carney (DDG 64) is 2009 Battle "E" Winner for Mayport-based Destroyer Squadron 24.

Make Plans For Parking At TPC

From TPC

Planning on taking advantage of the free admission to THE PLAYERS Championship (TPC) during the competition rounds on May 6-9? Then make sure to buy a parking pass if you want to park up close.

The free shuttle service available from University of North Florida (UNF) last year will not be available this year, according to the TPC. All public parking is located near TPC Sawgrass. Parking will be free at TPC during the practice rounds, Monday through Wednesday, May 3-5.

A parking pass is available for purchase for \$20 per day for May 6-9. The parking pass is a daily pass. If attending multiple days, you will require multiple parking passes.

All parking passes for THE PLAYERS Championship must be purchased in advance. Cars arriving at the public parking lots without a parking pass are going to be re-routed and sent back to buy a parking pass at Will Call on A1A in the Fresh Market shopping center. TPC would like to avoid sending people to Will Call to buy parking at the last minute, causing delays for fans anxious to see golf. You can also purchase tickets online at www.pgatour.com.

All active duty, Reserves, retired military members and their dependents are invited to be guests of THE PLAYERS Championship (TPC) and see the best professional golfers in the world compete at TPC Sawgrass May 3-9. Military members and their families can receive complimentary tickets by going online to www.ticketmaster.com/promo/tp06r and downloading their free tickets. The passcode is GOLF.

A valid CAC card or military identification card must be shown when entering the golf course at the appropriate gate.

Happy 14th Birthday, Carney

From USS Carney

USS Carney (DDG 64), the 14th Destroyer in the Arleigh Burke class, recently celebrated her 14th birthday during the 15th week of her Fifth Fleet deployment. The Carney crew celebrated with a birthday bash of cake and ice cream, and CMDCM Ross Cramer led the crew in singing "Happy Birthday" to mark the occasion.

Carney was commissioned on 13 April 1996, and her first 14 years of proud service reflect the fighting spirit of her crew. She first deployed in 1997 to the Mediterranean Sea as a member of the USS George Washington Battle Group. Initially assigned to Destroyer Squadron Fourteen, she transferred to Destroyer Squadron Twenty Four in September 1998.

On her second deployment in 1999, she set a milestone as the first United States Navy ship to operate in a bilateral United States-Japan Naval Exercise conducted in the Mediterranean Sea. In support of Operation Enduring Freedom, she deployed to the Mediterranean Sea and the Persian Gulf in 2002. Carney spent

2005 patrolling the Mediterranean Sea during a Surface Strike Group deployment. She was again called to support Operation Enduring Freedom in 2007 with a two-month surge deployment to the Caribbean Sea.

Carney was selected as the 2007 Marjorie Sterrett Battleship Fund Award winner, given once every four years to the best of 54 combatant ships in the Atlantic Fleet. In June 2008 she returned to Mayport after conducting a seven month Fifth Fleet deployment in support of Operation Enduring Freedom with the Harry S. Truman Carrier Strike Group.

After completing a robust year of Unit Level Training and Strike Group deployment work ups in 2009, Carney earned the 2009 Battle "E" Award, Golden Anchor, Unit Tactics Award, CNO Safety Award, and Phalanx CIWS Excellence Award (Runner-Up LANT).



Photo courtesy of USS Carney

Culinary Specialist 3rd Class Marc Theodorou cuts the cake that he baked and decorated for Carney's 14th birthday cake. CMDCM Ross Cramer led the crew in singing "happy birthday."

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Changes To DoD 'Don't Ask, Tell'

By Navy Personnel Command Public Affairs

Navy officials announced adherence to Department of Defense (DoD) "Don't Ask, Don't Tell" law April 20.

The Secretary of Defense revised the rules regarding separations under the law March 25. NAVADMIN 137/10 summarizes the changes and provides guidance for processing open and future cases under the new regulations. The DoD implements the law in two



instructions – DoD Instruction (DODI) 1332.14 for enlisted separations and DODI 1332.30 for officer separations.

Changes to both instructions raise the level of the commander authorized to initiate inquiries and separation proceedings regarding homosexual conduct,

revise what constitutes "credible information," and specify certain categories of information that cannot be used for purposes of homosexual conduct.

"An O-7 must now make the determination to initiate an inquiry or separation proceedings regarding homosexu-

al conduct," said Cmdr. Mark Holley, legal counsel for Navy Personnel Command. "Before the regulations changed, any commanding officer could initiate separation processing, but now the commander must be an admiral or above in the Sailor's chain of command."

According to Holley, the majority of homosexual conduct cases involve Sailors coming forward and requesting separation; however, in some

cases, credible information is provided by a third party. In such cases an inquiry may be necessary. If the determination to conduct an inquiry is made, the officer appointed to conduct the inquiry must be at least an O-5. A member may still be separated if:

- He or she engages in, attempts to engage in, or solicits another to engage in a homosexual act,
- Makes a statement that he

or she is homosexual,

- He or she marries or attempts to marry a person known to be of the same biological sex.

For more information, read the NAVADMIN by visiting the Navy Personnel Command Web site at www.npc.navy.mil and click on the messages link

SECNAV Announces Name of LPD 26, USS Murtha

By Chinara Lucas

Secretary of the Navy Public Affairs

The secretary of the Navy (SECNAV) honored the legacy of the late U.S. Representative John Murtha by declaring April 23 that the Navy's 10th San Antonio-class amphibious transport dock ship, LPD 26, will bear his name.

The announcement was made at John P. Murtha Johnstown-Cambria County airport in Johnstown, Pa., a town Murtha held close to his heart.

SECNAV Ray Mabus was accompanied by Joyce and Donna Murtha, Speaker of the House Nancy Pelosi, U.S. Representative Norm Dicks of Washington and U.S. Representative David Obey of Wisconsin.

"John Patrick Murtha served our country his entire adult life," said Mabus. "Both in uniform as a Marine and in the halls of Congress, he dedicated himself to the United States of America."

Murtha's service began when he joined the Marine Corps in 1952 and served in the Korean War. He also saw service in Vietnam in 1966, a tour that earned him the Bronze Star with Valor device, two Purple Hearts and the Vietnamese



-Photo by MC2 Kevin S. O'Brien

Secretary of the Navy (SECNAV) the Honorable Ray Mabus announces that the name of the next amphibious transport dock ship will be USS John P. Murtha (LPD 26) as Speaker of the House Nancy Pelosi and Murtha's widow, Joyce Murtha, look on. The future USS John Murtha will be the tenth San Antonio-class amphibious transport dock ship.

Cross of Gallantry. Murtha retired from military service as a colonel in 1990. He had 37 years of active and Reserve service.

Murtha represent-

ed Pennsylvania's 12th Congressional District from 1974 until his death in 2010. In his position as the chairman of the House Appropriations Subcommittee on Defense, he

oversaw appropriations for the Department of Defense, which included the Air Force, Army, Marine Corps, Navy and the intelligence community. He was a driving force for the Navy's

shipbuilding program, providing necessary funds to grow and maintain the fleet and preserve the industrial base.

"Throughout his time in Congress, Jack Murtha remained a Marine. He always did what he thought best for our country and he championed the interests of service men and women," said Mabus.

The future USS John P. Murtha will transport and land Marines, their equipment

and supplies and will support amphibious assault, special operations or expeditionary warfare missions for a projected 30 years.

"She will serve as a visible symbol of the freedoms Chairman Murtha held dear, and his example will live on in the steel of that ship and in all those who will serve aboard her," said Mabus.

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Navy Launches Official Blog With SECNAV Post

From Defense Media Activity - Anacostia

The Navy launched its official blog April 22 at <http://navylive.dodlive.mil> with an inaugural post penned by the Secretary of the Navy, the Honorable Ray Mabus.

"In the ten months I have served as Secretary, I've had the opportunity to travel to many of our ships, stations and Marine units around the world and I've met tens of thousands of Sailors

Check Out Naval Station Mayport's Facebook Fan Page at www.facebook.com

and Marines," said Mabus in his blog post. "At every command, I am constantly inspired by the courage, professionalism, dedication to duty, and commitment to our country demonstrated by every Sailor and Marine."

The Navy Live blog, hosted on the DoD Live blog hosting service, was launched to be a platform for talking about issues and important matters confronting the Department of the

Navy.

"It will provide an opportunity for the senior leadership of the Secretariat and the Navy to communicate directly with both the Navy and the public at large, without having to resort to the formality of a naval message or press release," said Mabus in his post. "Through the blog, we have the opportunity to begin a conversation in plain language about issues of the day

and what the Navy and Marine Corps are doing about them, as well as solicit constructive feedback on our thoughts and policies."

The blog is intended to tell the Navy story through the voices of both leadership and deck plate Sailors.

For a complete listing of all Navy social media sites or to register your command site, go to www.navy.mil/socialmedia.

Naval Officer Running From Sea to Shining Sea

From Naval Education and Training Command

A Navy intelligence officer and ultra marathoner is on his way to attaining a personal goal and run across the entire United States. The transcontinental trek is estimated to take 45 days.

Lt. Geoff Weber will begin his cross-country run at Santa Monica Pier in California on April 23, attempting to break the record for fastest time from Los Angeles to New York on foot. The current record, 46 days, 8 hours and 36 minutes, was set by Frank Giannino back in 1980. A total of 220 runners are on record as completing the event.

While the shortest distance between the two coasts, 2340 miles, is from San Diego to Jacksonville, Fla., Weber has chosen to go the "granddaddy of transcontinental runs," the slightly longer 2800-mile Los Angeles to New York trail.

"I'll admit that it's a daunting run when you look at it as a whole," said Weber. "But if you break it down and think about it as individual segments, it's a little more manageable."

Weber, 42, is currently stationed at the Navy and Marine Corps Intelligence Training Center (NMITC) in Virginia Beach, Va. As an accomplished ultra marathoner - runs of more than 100 miles - he is no stranger to high-endurance competitions. In addition to his other accomplishments, Weber twice held the Guinness

CNP Podcast Explains Upcoming FITREP/Eval Changes

From Chief of Naval Personnel Public Affairs

In his April 14 podcast, the chief of Naval Personnel discusses changes to the performance evaluation system and advancement policy expected to take affect Aug. 1.

Under the new policy, a new billet subcategory code will be added to performance evaluation and fitness reports to provide a mechanism for reporting seniors to identify Sailors performing an Individual Augmentee/Global Support Assignment.

"We recognize the tremendous value of combat leadership and combat experience," said Vice Adm. Mark Ferguson chief of Naval Personnel. "We want to make sure our Sailors are recognized for it and we reward performance in arduous duty."

The new policy also requires reporting seniors to document all Physical Fitness Assessments (PFA) conducted during the regular reporting period using new PFA codes on performance evaluation and fitness reports.

To listen to the complete podcast, visit <http://www.navy.mil/media/audio/cnp/CNP%20on%20FITREPS%20and%20EVALS%2030MAR.mp3>.

For more information on these changes see NAVADMIN 083/10.

World's Record for the fastest 50 kilometers on a treadmill, the first one completed onboard the USS Abraham Lincoln (CVN 72), and a 24-hour treadmill run at a sports convention in Las Vegas.

Weber calculates he's participated in more than one thousand runs and other athletic events in his career, and this

shapes up to be the most challenging.

"I made the final decision to tackle what many consider the ultimate run after completing the Marine Corps Marathon in Washington D.C. in October 2006," said Weber. "Right after the marathon, I ran back home to Virginia Beach, across the state of Virginia, a distance of

209 miles, logging approximately 55 miles per day for three days. I felt pretty good after four days of running, and that planted the seed that I might actually be able to complete a run across the United States."

It took almost four years for Weber to work out the logistics for the transcontinental run, including negotiating with his boss for 50 days of continuous leave.

"My commanding officer at NMITC, Capt. Donald Darnell, allowed me to take such a large chunk of leave as part of my transition to a new duty station," said Weber. "Without my command's support, this would not have been possible."

"I'd never granted more than 30 days of continuous leave before, so Weber's request was a little unusual," said Darnell, "But his plan was well laid-out and he's got an impressive history of endurance events, so we are glad to support his efforts. The staff and students at the Center for Naval Intelligence and NMITC will be closely following his GPS track and progress during the run."

Most transcontinental runners have used some form of chase

vehicle or personal strollers to carry their support equipment during their trek. Weber will be running without either of those. Aside from the clothes on his back, he plans to complete his run sustained by a 9,000 calorie per day diet, wearing just nine pounds of gear: an 80-ounce Camelback for water, a cell phone, a handheld GPS, a credit card, and the harness that supports the Camelback.

"I intend to live off the American roadside terrain," said Weber. "This includes fast-food restaurants, public restrooms, post offices and sleeping at motels along the route. I'll have a few packages with consumables sent in advance to scheduled stops, including toiletries, detergent, and new shoes."

Weber has previewed much of his route using the street-view feature of Google Earth, noting the locations of motels and fast-food restaurants along the way. He'll need to average 62 miles per day, with some days only 40 miles and others 80 miles because of lodging restrictions and running without a chase crew.

While there will be no crew physically following him close-

ly behind, Weber will have a distant support group sustaining him with logistics.

Choosing to complete the bulk of the run in the early morning hours, he will be getting a 3 a.m. wake-up call each day from a member of his church group, hit the road and run approximately eight to 16 hours each day, pausing only for breaks as needed.

Weber trained for this run on his daily commute to and from work, driving into work on Mondays, running to and from work during the week, and driving back home on Fridays, logging 28 miles per day during the week. On weekends, he tries to squeeze in two 20-milers on Saturday and two more on Sunday.

Weber began his run after dipping a foot in the Pacific Ocean. If all goes as planned, four million steps and 45 days, 16 hours later on Monday, June 7, he will set that same, slightly tired foot in the Atlantic Ocean, setting a new world's record and more importantly, achieving his dream of being the 221st runner to cross the U.S.

Follow Geoff's progress on Facebook (RUNXUS) or his Web site, www.runxus.com.



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Confront Financial Issues Early, Expert Advises

By Elaine Wilson

American Forces Press Service

Tough economic times have taken their toll on Americans in recent years, leaving many buried under debt or saddled with a now-unaffordable dream house that's plummeted too far in value to sell.

While it may be tempting to ignore debt-related issues and toss unopened mortgage statements and bills into a neglected pile, confronting the issue head-on offers a much better option, a defense financial expert noted.

"Financial problems aren't like a fine wine; they don't get better with age," said Dave Julian, the Pentagon's personal finance director. "People should act sooner rather than later to get their finances under control."

Servicemembers and their families have a plethora of free resources at their fingertips to help, he noted, whether it's Military OneSource consultants or on-base personal financial managers. Both resources can help people devise a budget, identify spending pitfalls, manage debt and set up short- and long-term financial plans, he added.

"It's important to be on a plan, to live within your means

and save for emergencies and long-term goals," Julian said. "Financial counseling can help you do that."

People also can turn to private-sector resources, such as nonprofit credit counseling agencies, but should do so cautiously, Julian warned.

"It definitely pays, because of the potential of increasing your financial hardship rather than helping it, to do the research," he said.

People who are swimming in debt may be tempted to turn to a debt consolidation or settlement service, but this path also can lead them deeper into debt, Julian noted.

Debt consolidation or settlement companies look at debt, in some cases negotiate lower interest rates, and then work out a payment plan, or they can bargain with creditors for a lower payback amount. While attractive to people mired in debt, these companies are a largely unregulated industry, Julian noted, and some prey on debtors fueled by desperation.

"People should be very concerned and very careful," he said. "With the economic conditions that have arisen in the last year and a half, two years, a lot of these organizations have

sprouted up and not all of these have been the best actors."

He noted that while it's common to require up-front fees, some companies may just take the money and run.

"There have been cases in the news where members have paid their up-front fees and expected the debt settlement company to negotiate on their behalf with their creditors," he said. "But then a month, two months go by, and they've been paying their fees and find out the un reputable companies are gone."

Julian recommends people first consult with their installation personal financial manager or a Military OneSource consultant, who can do the research legwork and help to steer them toward reputable companies. The Better Business Bureau also can be a helpful resource to see which companies have favorable ratings, he added.

Even if they use a reputable company, people who pay back a lesser amount than they originally owed may find their credit rating affected, Julian said.

"Any time you can pay back the full amount you owe, it is much better by credit reporting agencies, and is just a lot easier to do," he said.

But ideally, he added, people will avoid the problem in the first place or seek help at the first sign of trouble.

"It's best to try to manage your finances as best you can or ask for help early on," he said.

Another potential pitfall is mortgage restructuring companies that offer to make mortgage payments more affordable. Julian recalled meeting a sailor who was about to pay a hefty fee the next day to have his loan restructured, something the sailor could have researched himself and done for free. The Navy intervened and the sailor kept his cash, but many others have lost money along the way.

As with debt consolidation companies, people should do their research first before handing money over to any company that is claiming to save them a lot of cash. In many cases, people can work with lenders to adjust payment plans or interest rates to make mortgage payments more affordable, all free of charge.

Above all, when behind in payments, it's important to speak up, Julian said.

"Nearly 58 percent of folks that lost homes due to foreclosure in 2007 never contacted their lender," he said. "Banks

really don't want your house. They want your payments. If you can work out a payment plan with your lender, that's the best scenario."

The Servicemembers Civil Relief Act provides a wide range of protections for servicemembers facing mortgage issues. The act is intended to postpone or suspend certain civil obligations so servicemembers can devote full attention to duty and relieve stress on themselves and their families, according to a Military OneSource fact sheet. For instance, servicemembers who anticipate they may fall behind in their mortgage payments may be able to go into court to ask for anticipatory relief under the act.

Servicemembers can find out more about the act from their local legal assistance attorney.

The government also has several housing programs, some for first-time buyers and others for mortgage and foreclosure assistance. People can research these programs online through sites such as the Department of Housing and Urban Development, Julian suggested.

The first line of defense in dealing with financial issues is education, Julian said, not-

ing that all the military services offer some type of basic financial classes. This can be especially helpful for young servicemembers, he added, who may have entered the military with up to \$12,000 of unsecured debt.

Julian urged servicemembers to take advantage of the military's Thrift Savings Plan or Savings Deposit Program. The Savings Deposit Program offers deployed servicemembers the opportunity to invest up to \$10,000 and receive 10 percent on their return annually.

"About half of our force is 25 and under," he said. "They are young, and time is their friend for savings and investment plans. Small contributions now can yield big returns in the future."

No matter how great the debt, Julian said, people shouldn't give up hope, and he urged those with financial problems to take advantage of the help that's available to them.

"It won't be easy, but you can get there," he said. "Folks do it every day."

The following are just a sample of volunteer opportunities available through NS Mayport and Volunteer Jacksonville. For more information, call NS Mayport volunteer coordinator CS1 Terry Jackson at 270-5373 and AC1 Chandra Chaney at 270-6130 or Dianne Parker at 542-5380 or you can immediately sign-up online for opportunities using www.volunteer.gatewayjacksonville.org.

Guardian ad Litem

Be the voice for children abused, neglected, or abandoned. These children have no ability to participate in decisions affecting their lives. When children are removed from their homes, the courts can appoint a special advocate to make sure that the best interests of the child is given appropriate consideration. This advocate is known as a Guardian ad Litem. In the 4th Judicial Circuit, which includes Clay, Duval and Nassau Counties, there are more than 2,000 children who need an advocate to help them navigate the Dependency system. As we build our volunteer base we are asking members of our community to consider being a Guardian ad Litem. These guardians do not provide direct care for the children; the guardians ad litem visit the child at least once per month, interview family members, gather information from medical, mental health, and education professionals, and attend court hearings to ensure the best interests of the children are maintained. The work is compelling. To become a Guardian ad Litem, candidates need a compassionate heart, be at least 19 years old, complete 30 hours of initial training and undergo a background check. The process begins with a screening interview so you can learn more about this opportunity to make a difference in the life of a child. If this kind of volunteer opportunity sounds like something you would like to participate in, please visit the Guardian ad Litem website, www.guardianadlitem.org, or call 904-630-1200 to schedule a screening interview.

First Coast "No More Homeless Pets"

First Coast No More Homeless Pets brand new high capacity Spay/Neuter Clinic opens this month. The new facility will be able to help thousands of pets and owners as well as stray and feral cats - each year, with free or low cost spay/neuter and low cost vaccinations. We still need lots of volunteers for the clinic at the new location on Norwood Avenue. No medical experience needed. For more information, email Debbie Fields at dfields@bellsouth.net

Mayport Lions Club Volunteers

The Mayport Lions Club is looking for Volunteers to help with various projects. If you are interested (military & civilian), please contact either Bob Krepps, Senior Chief Petty Officer, USN(Ret) 509-4945 or Chuck Carroll, Commander, USN(Ret) 463-2884.

Jacksonville International Airport Volunteer Ambassador Program

We are looking for volunteer to assist travelers with locating arrival and departure gates, telephones, baggage claim and ticketing areas. The Ambassadors provide vital customer assistance and a lot of smiles to ensure a pleasant and memorable experience while traveling through our airport. Benefits of being in the Ambassador program include gratitude of the passengers served each day, invitations, to volunteer appreciation events, free parking at the airport, meal voucher for every four-hour period worked, service recognition and the opportunity to meet people from all over the world. Contact Yvonne Pooler at 904-741-2006 or email yvonne@jaa.aero.

Jacksonville Zoo

The Jacksonville Zoo is asking for volunteers. Volunteers are needed to educate varied audiences about the natural world, teach conservation messages, beautify the grounds, assist guests in various areas of the park, input data, lend a hand in animal care areas, answer questions, drive trains and enhance guests' experiences. You provide the interest and enthusiasm, and the zoo will provide the training. Scheduling is flexible. Volunteers receive special discounts, free admission, newsletters and special programs only available to employees and volunteers. Take this opportunity to meet others who share your interests in the animal kingdom. New Adult Volunteer Orientations are held at the Pepsico Foundation Education Campus. All interested personnel please CS1 Hopkins or call 270-5373 for more information.

YMCA of Jacksonville

YMCA of Jacksonville is looking for volunteers for their out-



reach programs geared towards males. For more information, contact Terra Herzberger at 265-1820.

Children's Home Society of Florida

Children's Home Society of Florida is getting ready to permanently place seven or eight children in loving homes within the next couple weeks. Seeking children's furniture. Contact Nick Geinosky at 904-493-7738.

Homeless Pet Shelter

Jacksonville Homeless Pet Shelter seeks volunteers. The new Homeless Pet Shelter is seeking help at a Temporary Clinic on surgery days. Days and hours vary. Contact dfields@bellsouth.net.

St Augustine Amphitheatre Seeks Volunteers

St. Augustine Amphitheatre seeks volunteers to be used as ushers, checking tickets, and pointing out seats. As a volunteer, you get to see the entire show. For more information, contact Lisa Tomkins at 209-3750.

Big Brothers Big Sisters Mentoring

Big Brothers Big Sisters is providing an in-school mentoring program at Mayport Elementary School. Little Brothers and Sisters are needed just as much as Big Brothers and Sisters! If you are interested in this opportunity, please visit our website for more information: www.usojax.com

Navy-Marine Corp Relief Society Needs You

The Navy Marine Corp Relief Society is in need of Volunteers to give a couple of hours of their time each week to help others in need. The mission of the Navy-Marine Corp Relief Society is to provide emergency financial help and educational assistance to members of the Naval Services - active, retired, and family members - when in need: to assist them achieve financial self-sufficiency and to find solutions to emergent requirements. Navy-Marine Corp Relief Society firmly believes in personal financial responsibility. By helping the service member and family through difficult times and by assisting them to develop their own problem solving capabilities, they will achieve financial stability, increase self-worth and reduce the need for future financial assistance. Without their volunteers, the Society could not meet the needs of so many. If you are interested in volunteering and would like more information, contact Bill Kennedy at 270-5418, 9 a.m.-3:30 p.m., Monday-Friday.

St. Johns County Habitat For Humanity Needs Volunteers!

Habitat for Humanity is in need for volunteers every Friday and Saturday to help build homes in St. Augustine. No skill is neces-

sary. Must be 16 or older. They are starting a new home every month and need help on the construction site. Please call 826-3252 ext. 2006 to sign up.

NS Mayport Retired Activities Office

Naval Station Mayport is currently searching for committed volunteers to serve the local retiree community in the Retired Activities Office (RAO) located in the Fleet and Family Support Center (FFSC). RAO volunteers maintain the vital link between the retiree, local military communities and other government and non-government agencies. Anyone interested should contact the FFSC for an application or to get more information about the duties and responsibilities of the RAO volunteers. Call the FFSC at (904) 270-6600 Ext. 110

I.M. Sulzbacher Center for the Homeless

Volunteering at the I.M. Sulzbacher Center for the Homeless The I.M. Sulzbacher Center for the Homeless serves more than 1,000 well-balanced, nutritious and delicious meals per day, every day of the year. These meals are prepared and served with the help of more than 100 civic, religious and business organizations from the Jacksonville community. Annually, these Volunteer Meal Groups provide over one hundred thousand dollars in support and more than 13,000 hours of volunteer time. Serving meals at the Center is a fun and feel-good way to give back to the community. For information about volunteering at the I.M. Sulzbacher Center for the Homeless call 904.394.1356. Also, see www.imshomelesscenter.org/volunteers.html

Dignity U Wear

Volunteers are needed to help process clothing in order to fulfill the needs of our clients. Volunteers are needed Monday thru Friday 8:30 a.m.-4 p.m. and 9 a.m.-2 p.m. on Saturday. They also can help raise awareness of our mission, introducing us and our cause to their friends. Contact a Michelle Charron at (904) 636-9455 for information on volunteering.

Children's Home Society

Children's Home Society (CHS) has been providing services to children and their families since 1902. Started in Jacksonville, CHS is a statewide non-profit agency providing services such as foster care, adoption, child abuse prevention, group shelters, and mentoring. CHS's MODEL (Mentors Opening Doors Enriching Lives) Program matches volunteers with children ages 4-18 who have a parent incarcerated in prison. We are seeking volunteers that will commit to a minimum of one hour per week for one year with a child. Volunteers need to be at least 21 years old and complete an interview and background screening. We provide training and ongoing support for all volunteers. Volunteers build a friendship with a child while engaging in community activities such as going to the library, beach, park, or playing sports. For additional information or becoming a mentor, call 904-493-7747.

\$1 MILITARY MOVE-IN*

ACTIVE, NON-ACTIVE, RETIRED, RESERVES...

Qualified Military has a 1 YEAR Extension of the Government Tax Credit. See Agent for Details.

<p>1</p> <p>GEORGETOWN UNIT 29E</p>	<p>GEORGETOWN • 904-998-3628 located off of Brighton Blvd. at the St. Johns Town Center</p> <table border="0"> <tr> <td>unit 29D</td> <td>4 bed/3.5 ba</td> <td>\$199,990</td> </tr> <tr> <td>unit 29A</td> <td>4 bed/3.5 ba</td> <td>\$219,990</td> </tr> <tr> <td>unit 30B</td> <td>3 bed/3.5 ba</td> <td>\$230,990</td> </tr> </table>	unit 29D	4 bed/3.5 ba	\$199,990	unit 29A	4 bed/3.5 ba	\$219,990	unit 30B	3 bed/3.5 ba	\$230,990	<p>2</p> <p>CRESTWICK SOUTH LOT 101</p>	<p>CRESTWICK SOUTH • 904-696-3201 located on Duval Station Rd. on the Northside</p> <table border="0"> <tr> <td>lot 72</td> <td>3 bed/2 ba</td> <td>\$192,210</td> </tr> <tr> <td>lot 64</td> <td>4 bed/2 ba</td> <td>\$190,200</td> </tr> <tr> <td>lot 91</td> <td>3 bed/2 ba</td> <td>\$205,950</td> </tr> <tr> <td>lot 101</td> <td>4 bed/3 ba</td> <td>\$230,450</td> </tr> </table>	lot 72	3 bed/2 ba	\$192,210	lot 64	4 bed/2 ba	\$190,200	lot 91	3 bed/2 ba	\$205,950	lot 101	4 bed/3 ba	\$230,450
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lot 91	3 bed/2 ba	\$205,950																						
lot 101	4 bed/3 ba	\$230,450																						

SEDA NEW HOMES

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-Thurman

www.SEDAnewhomes.com

SEDA Construction Company-CGC020880 Price & availability subject to change without notice. \$1 Military Move-In can not be combined with any other offer or promotion-SEE AGENT FOR DETAILS. House photos are representative of the elevation and may not be the actual house for sale.

RESURRECTION ANGLICAN CHURCH

Worship Service - Eucharist
5pm Sunday - **The Rev. David Ball**
Services held at The Old Chapel
610 Florida Blvd at 5th Street
Neptune Beach
All are welcome
RACBEACHES.ORG

The cyber café and the kid's room at the Mayport USO Center will be closed from until May 3, 2010 for renovations.

ZZ Top will be at the Times Union Center Tuesday, May 4. We have a great BUY-ONE-GET-ONE-FREE offer at <http://www.ticketmaster.com/event/2200446200CE5061> enter password TEXAS in the "special offers" box. This offer is valid now through May 3rd at Noon or while supplies last.

On May 15, USO will host a Military Appreciation Day at the Mayport Naval Station from 11 a.m.-5 p.m. This is our way of saying thank you to the military for all you do. There will be lots of free food, fun, door prizes and live music! Best of all it is free for you and your family. The event will be held at the Sea Otter Pavillion next to the pool (opening that day) and the beach.

USO has rented the Adventure Landing Park at 1944 Beach Blvd. for June 16 for exciting night of fun. The park will be closing early and will be reopened from 6-11 p.m. exclusively for the military. There will be more information announced at a later date.

Your Greater Jacksonville Area USO will again be participating in the Players Championship "Birdies For



Charity" Campaign. Unlike in the past, for those who wish to continue supporting your Greater Jax Area USO, we will be located within the drop down menu. Please visit PGATOUR.COM/THEPLAYERS, select the Greater Jax Area USO, and input the following information asked: Greater Jacksonville Area USO, Inc., Bldg. 1050, P.O. Box 108, NAS Jacksonville, FL 32212-0108; phone: (904) 778-2821 or 7928. This is a fun way of helping us continue the many wonderful programs we offer, and we're most appreciative of your support.

The St. Augustine Sons of Italy Lodge #2780 Bocce Tournament will be held May 1, 2010. The Tournament will be held on the Bocce Courts at the St. Augustine Beach pier. Proceeds from this event will benefit the Greater Jacksonville Area USO. Registration starts at 9 am and the tournament starts at 10 am. Format is double elimination, first round only. Pre-registration is \$25.00; \$30.00 the day of the event. There is a 30-team limit,

so register early. Continental Breakfast and lunch included with registration. Spectators may purchase food. Cash prizes will be awarded to the top 3 teams. For more information, please contact Angelo Caiozzo at 904-461-5419. Please bring your own lawn chair and sun shade.

Disney's "Armed Forces Salute," is being held through July 31, 2010. Active Duty and retired military (including Coast Guard, National Guard and Reserves). Military I.D. Card-carrying Spouses may also purchase Disney's 4-Day Military Promotional Tickets for \$99 plus tax for themselves and up to five family members for use at Walt Disney World Resort. The Park Hopper and Water Park Fun & more options may be added for an additional \$26, plus tax. No more than six Disney's 4-Day Military Promotional Tickets (with or without options) may be purchased by any eligible member. You may also save up to 40 percent on rooms at select Disney Resorts! This offer is good for stays most nights, with

the exception of 7/1 - 7/5, and may be booked through July 31, 2010. (The number of rooms allocated for this offer is limited. Minimum length of stay requirements may apply for Friday or Saturday arrivals. Valid Military ID required upon check-in. No group rates or other discounts apply. Advance reservations required. For information regarding Disney's 4-Day Military Promotional Tickets, or to make room reservations, call (407) 939-7830 or participating U.S. military base ticket offices (ITT). Also, visit www.disneyworld.com/military for more information.

A tribute program that has provided free admission to SeaWorld and Busch Gardens for more than 4 million members of U.S. and coalition armed forces and their families has been extended through 2010. "Here's to the Heroes," a program sponsored by Anheuser-Busch, was launched in February 2005 to celebrate the service of military men and women and the sacrifices made by their families.

Any active duty, active reserve, ready reserve service member or National Guardsman representing any of the five service branches is entitled to free admission under the program. He or she need

only register, either online at www.herosalute.com or in the entrance plaza of a participating park, and show a Department of Defense photo ID. Also included in the offer are members of foreign military forces serving in the coalitions in Iraq or Afghanistan or attached to American units in the U.S. for training.

Inactive, standby and retired reserve members, military retirees, U.S. Merchant Marine and civilian Department of Defense workers are ineligible for the program. The program does not include Discovery Cove or SeaWorld's waterpark, Aquatica.

The Veterans History Project First Coast is dedicated to honoring the many veterans of Northeast Florida and those who supported war efforts. We record the memories of those who have served our country by conducting interviews. These stories are placed on our website for others to listen and learn: www.vhpfirstcoast.org. We are a partner with the Library of Congress in Washington, D.C. where the memories of those we interview are archived for future generations: <http://www.loc.gov/vets/>.

Our goal at VHPFC is to reach the more than 200,000 veterans in our area. If you are

interested in volunteering to help us achieve this goal, please visit our website for more information on how you can enrich your life and honor a veteran.

United Through Reading program makes it possible to share in the enjoyment of reading to the children in your life, even while thousands of miles apart. The Mayport Center and NAS Center can record you reading a book to your children and send it to them after you have gone on deployment. It is a great way to make them smile on their special day even when you can not be there with them. Please contact your local USO center for more information.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs. A TV, VCR and overhead projector are available for use.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road.

Board Reassesses Service Disability Ratings

By Air Force Master Sgt. Russell P. Petcoff
Special to American Forces Press Service

Recommendations from a congressionally directed Defense Department disability review board have resulted in 61 percent of applicants having their status changed from a medical separation to retirement on the permanent disability list, the board president said.

Michael LoGrande said the board reassessed the accuracy and fairness of the combined disability rating assigned to ser-

vicemembers who were separated due to unfitness for duty because of a medical condition with a disability rating of 20 percent or less and weren't retirement-eligible. The review considered only servicemembers separated from the armed forces between Sept. 11, 2001, and Dec. 31, 2009.

The Department of Defense Physical Disability Board of Review came about as part of the 2008 National Defense Authorization Act, which standardized the disability evaluation system among the services

by mandating the use of the Veterans Affairs Department's schedule of rating disabilities, LoGrande said.

The Defense Department has identified about 77,000 veterans eligible to apply for a board review, LoGrande said. The request for review may come from the veteran, surviving spouse, next of kin or legal guardian.

Once the board reviews a case and makes a recommendation, the appropriate service secretary or a designee will decide whether to accept

the board's recommendation. Veterans cannot appeal a decision made as a result of the review board process, LoGrande said.

Eligible veterans can request a board review by submitting a Department of Defense Form 294, Application for Review of Physical Disability Separation from the Armed Forces of the United States. It's available at <http://www.defense.gov> by searching for "DD Form 294."

Veterans requesting a review must mail their completed and signed DD Form 294 to SAF/

MRBR, 550 C St. W., Suite 41, Randolph Air Force Base, TX 78150-4743. Applicants may submit statements, briefs, medical records or affidavits supporting their application, LoGrande said.

In addressing their involuntary separation, LoGrande emphasized, veterans should consider whether to go with the Physical Disability Board of Review process or apply to their service's Board of Correction for Military Records.

"This is a very important point, and PDBR-eligible vet-

erans should understand there are several differences between the scope and the consequences of the two reviews," he said. The DD Form 294 contains a table outlining the differences and outcomes of the two review processes.

"The choice is important, and highly dependent upon the facts and circumstances of a veteran's case," LoGrande said. "The applicant should weigh all of the factors and make a choice only after careful consideration."

Balfour Beatty Communities

Balfour Beatty Communities Foundation ANNOUNCEMENT

bbcommunitiesfoundation.org

Deadline for Academic Scholarships Applications has been extended to May 15th!

BALFOUR BEATTY COMMUNITIES FOUNDATION SCHOLARSHIP PROGRAM

Balfour Beatty Communities Foundation is accepting scholarship applications from high school and undergraduate students of our family housing residents for the 2010-2011 academic year. To apply for these scholarships go to the Foundation's website, bbcommunitiesfoundation.org, print out, complete, and submit the application and all required materials to Balfour Beatty Communities Foundation at 10 Campus Boulevard, Newtown Square, PA 19073. *Applications must be received by May 15, 2010.*

OUR MISSION:

- To assist returning service members who have become disabled and now require specially-adapted homes
- To provide educational scholarships to children of its active duty service members that live in Balfour Beatty Communities family housing
- Build remembrance areas

bbcommunitiesfoundation.org

Providing Additional Support for Military Families

BALFOUR BEATTY COMMUNITIES






AMENITIES

welcome home

Balfour Beatty Communities welcomes you to family housing at Naval Station Mayport where improvements are being made daily to create a community that you are sure to be proud to call home.

Applications are being taken for all active duty service members. Call today for more information.

- 2, 3, 4 and 5 bedroom floor plans
- BAH is transferred monthly as rent
- Utility payments are included*
- NO application fee
- NO pet deposit
- NO security deposit
- 24 hour service/trouble call response
- Pets are welcome*
- Enjoy FREE community events, activities and programs designed for you
- Your neighbors are military families – just like you

904.270.8870

NAVAL STATION MAYPORT Building 289 Moale Avenue Jacksonville, FL 32228

nsmayporthomes.com

* some restrictions may apply




10939 Atlantic Blvd., Jacksonville FL 32225
904.302.6763

arlingtontoyota.com

USED CARS



2009 Hyundai Sonata GLS
\$12,881



2010 Toyota Camry LE
\$18,881



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\$10,881



2002 Cadillac Escalade
\$11,681



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\$12,881



Arlington Toyota is pleased to offer a special rebate program for our active duty U.S. military and inactive Reserve personnel. It's our way of saying "THANK YOU" for the extraordinary job you do.

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\$500 rebate when you lease or finance a new Toyota.
\$1,000 rebate when you lease or finance a new Scion.

- Available on all new and untitled Toyota and Scion vehicles.
- Open to active duty status U.S. military and inactive Reserve personnel.

Proof of active military or inactive Reserve status is required.

Out in Town

COMMUNITY CALENDAR

Friday, April 30

Fleet Reserve Association Branch 290 is hosting "Pizza/Calzone" dinners, from 5-8 p.m., at the Branch Home at 390 Mayport Road, Atlantic Beach. We'll do the cooking for you. A donation of \$5 to \$8 is requested for each dinner, and depends on what is ordered. Carry out orders are accepted. The public is always invited to dinner. Happy hour precedes the dinner from 4 to 6 p.m., all drinks are 50¢ off. After dinner, enjoy the music of Mike Miller Band from 9 p.m. to 1 a.m.

Saturday, May 1

Dolphin Cove Park in Ponte Vedra Beach, is holding its annual Military Appreciation Day from 2-5 p.m., including a special tribute to Jack Snipes - a WWII Army Air Corps staff sergeant veteran. The event will also include presentation of colors by Nease NJROTC and Drill Team exhibition. The Navy Band Southeast "Sound of Freedom" will perform a 45-minute concert. The St. Johns County Fire Department will bring fire trucks for the children to explore and the Sheriff's Department will bring a Crime Scene Unit truck as well as perform a drug detecting dog demonstration. For more information, call 285-2756.

Fleet Reserve Association Branch 290 is hosting a Steak Dinner from 5 - 8 p.m., at the Branch Home at 390 Mayport Road, Atlantic Beach, FL. A donation of \$10 is requested for each dinner. Carry out orders are accepted. The public is always invited to dinner. Starting at 9 p.m. the music of POPPINJAM will entertain until 1 a.m. Happy hour precedes the dinner from 4 - 6 p.m., all drinks are 50¢ off.

Skaters Wanted for Atlantic Beach Bowl Bash! Registration is open for the City of Atlantic Beach's fifth annual Bowl Bash at the Oceanside Rotary Skate Park in Russell Park, 800 Seminole Rd. Registration for age groups 8 & under, 9-12, and sponsored is \$20 by April 30, or \$25 day of the event. Registration for pros is \$40, or \$45 day of the event. Register at the Atlantic Beach Recreation office, 716 Ocean Blvd. or by

mail. Registration opens at 11 a.m. on the day of the event. Awards, give-aways, and cash prizes (pro) are being offered. There is no charge for spectators and all are welcome to attend this family-friendly event. Skaters 17 and under must have a skate waiver on file with the city. Call 247-5828 for more information or visit www.coab.us/recreation.

Join a Park Ranger at 10 a.m. for a presentation and leisurely guided hike through different Florida ecosystems on a quest to characterize tracks left by an assortment of critters. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Monday, May 3

Fleet Reserve Association, Branch 290, invites you to play Bingo at the Branch Home, 390 Mayport Road, Atlantic Beach. Games start at 6 p.m. and are usually finished by 8 p.m. Snacks will be available for a small donation.

Wednesday, May 5

Fleet Reserve Association, Branch 290, invites you to participate in its "Wings-N-Things" from 5 to 8 p.m. at the Branch Home, 390 Mayport Road, Atlantic Beach. Snacks will be available for a donation of \$1.50 to \$5. Then stay and enjoy the music of Doug Bracey from 9 p.m. to 1 a.m.

Thursday, May 6

Fleet Reserve Association, Branch 290, will hold its monthly General Assembly meeting at 8 p.m. at the Branch Home, 390 Mayport Road, Atlantic Beach. All members and prospective members are invited to attend. The Fleet Reserve Association is a worldwide veteran's organization that represents nearly 1,650,000 active duty and retired Navy, Marine Corps and Coast Guard members. The FRA Branch 290 is called the "active duty branch" because of the number of active duty members. If you have served in any of the maritime service - Navy, Marine Corps or Coast Guard, no matter how long - stop by the

Branch Home or call 246-6855 for more information. New members are always welcome.

The Duval County Extension Agency will host "Spring Into Summer" from 6:30-8:30 p.m. at West Branch Library, 1425 Chaffee Road South. This free program will teach you how to select the proper turf, and how to maintain it. You will also learn how to use containers for planting summer herbs and vegetables. Pre-registration is required to Becky Davidson at (904) 387-8850 or email beckyd@coj.net.

Friday, May 7

Come join the Fleet Reserve Association for a night of Karaoke at the Branch Home, 390 Mayport Road, Atlantic Beach, FL. Featured will be host Cindy, from 9 p.m.-1 a.m. The bar will be open for drinks and snacks.

Saturday, May 8

Come join the Fleet Reserve Association for a night of Music and Dancing at the Branch Home, 390 Mayport Rd. Featured will be The Moody Brothers, from 9 p.m. to 1 a.m.

Join a park ranger at 1 p.m. and learn about the life-cycle of the sea turtle and the importance of these creatures. The program will take place at pavilion one on Little Talbot Island. No reservations are necessary and the program is free with regular park admission.

Saturday, May 8

The Cummer Museum of Art & Gardens, 829 Riverside Ave., is hosting a morning of fun for children ages 3 to 5 and their favorite adult from 10:30 a.m.-noon. Participants of Art for Two: ABZ Books will spend an hour together exploring the galleries, art making and time in Art Connections. Participating individuals can gain inspiration for their ABZ alphabet collage book by touring Jazz ABZ: An A to Z Collection of Jazz Portraits by Paul Rogers with poems by Wynton Marsalis. The exhibition, on view through August 8, 2010, features 27 paintings of famous jazz musicians by Rogers. This exhibition includes selected poems by Marsalis and high-

lights jazz legends from A (Louis Armstrong) to Z (Dizzy Gillespie) through art and poetry. This marks the first time these works have been presented in a museum exhibition. Cost for members is \$10 per pair, per class. Non-members is \$15 per pair, per class. Pre-registration is required. For more information or to register, please call Art Connections at (904) 355-0630.

Monday, May 10

Fleet Reserve Association, Branch 290, invites you to play Bingo at the Branch Home, 390 Mayport Road, Atlantic Beach. Games start at 6 p.m. and are usually finished by 8 p.m. Snacks will be available for a small donation.

Tuesday, May 11

The Duval County Extension Agency will host "Butterflies For Your Garden" from 6:30-

8:30 p.m. at Webb Wesconnett Regional Library, 6887 103rd St. This free program will teach you about the basic needs of the Lepidoptera butterfly family, plants that attract butterflies and butterfly pest management. Pre-registration is required to Becky Davidson at (904) 387-8850 or email beckyd@coj.net.

Saturday, May 15

The 11th Annual Riding Into History will be held at the World Golf Village near St. Augustine, Florida. The event is one of America's premier vintage motorcycle shows and it features a Concours d'Elegance, Charity Rides and the Biker's Ball. All proceeds go to the Wounded Warrior Project. Craig Vetter will host free seminars at the Concours, and Clement Savadori noted writer and world motorcycle traveler serves as Grand Marshal. For more

information go to: RidingIntoHistory.org.

Join a park ranger at 10 a.m. for a discussion on the different types of shark teeth that can be found on the area's beaches. The program will take place at pavilion one on Little Talbot Island.

Join the Jacksonville Humane Society for the 11th annual "Fur Ball Gala: A Night at the Oscars" from 7-11 p.m. at the Omni Jacksonville Hotel. This year's black-tie fundraiser will feature dinner, live and silent auctions and the crowning of the four-legged best actor and best actress. Tickets are \$150 per person, \$1,000 for a half table, \$1,500 for a personal table and \$1,700 for a corporate table. Pets are admitted for free with their owners. Tickets can be purchased at www.jax-humane.org or 904-725-8766

BATTLE OF MIDWAY

COMMEMORATIVE DINNER

JUNE 5, 2010

WORLD GOLF VILLAGE

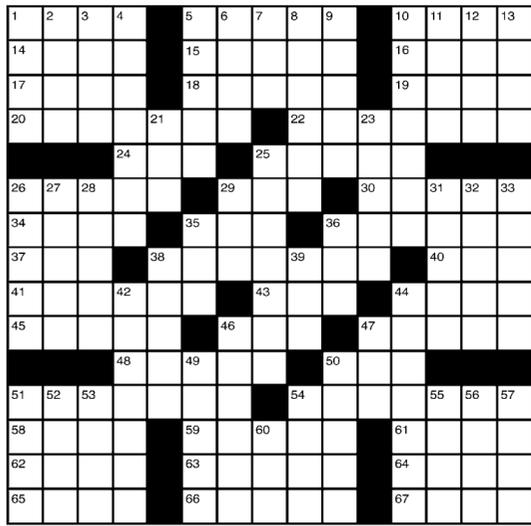
SPONSORED BY NAVY LEAGUE

<p>COCKTAILS - 6:30 P.M.</p> <p>ACTIVE DUTY E6 AND BELOW \$25 E7 TO O3 \$35 O4 TO O5 \$45 O6 & ABOVE, CIVILIANS & RETIREES \$55</p>	<p>DINNER - 7:30 P.M.</p> <p>MAKE CHECKS PAYABLE TO NAVY LEAGUE MIDWAY DINNER AND MAIL TO: BILL MCLOUGHLIN NAVY LEAGUE MAYPORT 7019 CYPRESS BRIDGE DR. PONTE VEDRA BEACH, FL 32082</p>	<p>UNIFORM FOR O4 AND ABOVE IS DINNER DRESS WHITE JACKET. FOR O3 AND BELOW, DINNER DRESS WHITE JACKET. OPTIONAL, CIVILIAN IS BLACK TIE OR BUSINESS ATTIRE</p>
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FOR MORE INFORMATION, CONTACT BILL MCLOUGHLIN AT 904-285-8731 OR EMAIL: BUFGY1074@AOL.COM OR ANUDAY99@AOL.COM

THE Daily Commuter Puzzle by Jacqueline E. Mathews

- ACROSS**
- 1 Elephant tooth
 - 5 Soiled spot
 - 10 Alpha's follower
 - 14 Steel, mainly
 - 15 Around
 - 16 High point
 - 17 Roy Roger's lady
 - 18 Made an opening bet
 - 19 ___ Clinton
 - 20 Aged
 - 22 Two-wheeler
 - 24 Cut off
 - 25 Deep pink
 - 26 ___ potato; yam
 - 29 Tariff
 - 30 Toot one's own horn
 - 34 Head covering
 - 35 Tavern
 - 36 Place for a pane
 - 37 Put in
 - 38 Carefulness
 - 40 Geisha's sash
 - 41 Made a chicken's noise
 - 43 Sort; variety
 - 44 Mountain goat
 - 45 Miscalculated
 - 46 Actor Gibson
 - 47 On the ball
 - 48 Fast car
 - 50 Nothing
 - 51 Lethal disease that can strike farm animals
 - 54 Instrument like a tambourine
 - 58 When doubled, a Polynesian island
 - 59 "He is ___"; Easter phrase
 - 61 Was a passenger
 - 62 Closed curve
 - 63 Body of water
 - 64 Like 2, 4 or 6
 - 65 Closes
 - 66 Humble
 - 67 Fender blemish
- DOWN**
- 1 Surfing concern



THIS WEEK'S ANSWERS

<ol style="list-style-type: none"> 2 ___ Mountains; Russian range 3 Peddled 4 Prie-dieu 5 Dandruff site 6 Small 7 ___ Garfunkel 8 Refrigerator's ancestor 9 Low point 10 Hanging Gardens of ___; ancient wonder 11 Heroic novel 12 Spill the beans 13 Wheel support 21 Deteriorate 23 Forest home 25 Pricy watch 26 Oval or square 27 One who walks along the shore 28 Sea duck 29 Greek letter 31 Brick made of mud and straw 32 Not smashed 33 Between 35 Naughty 36 Stir-fry pan 	<ol style="list-style-type: none"> 38 Fragrant wood 39 Sick 42 Maybe 44 Raised without manners 46 Our neighbor to the south 47 Goal 49 Christmas song 50 Airhead 51 Up to the task 52 Lunchtime 53 Trampled 54 Greenish blue 55 Meander 56 Biblical garden 57 Pre-Easter time 60 Suture
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- Yellow Bluff Landing • Abigail Estates in Mandarin • Silver Creek

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Jax Bases Participate In Green Dot Campaign

By MC1(SW/AW)
Leah Stiles

Navy Public Affairs Support Element
East Detachment Southeast

Naval Air Station (NAS) Jacksonville and Naval Station Mayport celebrated Sexual Assault Awareness Month by inviting the director of the Violence Intervention and Prevention Center (VIPIC) at the University of Kentucky to

speak about the "Green Dot Campaign" on April 20-21, respectively.

The "Green Dot Campaign" is an innovative campaign created by Dr. Dorothy Edwards, the director of VIPIC, to reduce sexual violence. Green dots are positive actions that fight negative behavior. The negative behaviors are represented by red dots. Red dot behavior

includes sexual assault and interpersonal violence or any behavior that ignores, justifies or perpetuates sexual assault.

"All Sailors have a part to play in violence reduction and must have a sense of possibility that it could actually happen," said Edwards.

The prevention strategy is built on the premise that engaging the bystander can alter the

outcome of power-based personal violence. It capitalizes on the power of peer and cultural influence.

"We can't just be bystanders, if you see something that's wrong you have got to intervene, you have got to stop it," said Capt. Jack Scorby Jr., NAS Jacksonville's commanding officer.

According to the VIPIC Web

site, a Green Dot is built on the premise that in order to measurably reduce the perpetration of power-based personal violence, a cultural shift is necessary. In order to create a cultural shift, a critical mass of people will need to engage in a new behavior or set of behaviors that will make violence less sustainable within any given community.

"One person can make a

change, one person can make a difference and therefore by one person making a change we can change society," said Cmdr. Gerald Felder, NAS Jacksonville's command chaplain.

As the VIPIC's Web site states, "the power of the Green Dot Campaign is simple: Red dots bad, green dots good, you decide."

Congratulations To Mayport's Top Employees



Terri Johnson-Salter of Fleet and Family Support Center was named the Naval Station Employee of the Quarter for 1st Quarter during the Luncheon/Presentation held on April 22 at Ocean Breeze Conference Center. Pictured from left is Kenneth Austin of Public Works, Tommy Alford of Safety, Thomas Wheeler of Air Ops, Johnson-Salter, Darryl Jiles of Security, Robert Smith of Fire & Safety, Tara Herrell of MWR and NS Mayport Commanding Officer, Capt. Aaron Bowman.

-Photo by Paige Gnann

New Command Ombudsman



-Photo by OS2 Shantae Salmon

Fleet and Family Support Center present recent graduates from the Ombudsman Basic Training course. Pictured from left are John MacEachern of FFSC, SERMC Ombudsman LaJuan Fellin, FFSC Ombudsman Coordinator Beth Wright, USS Simpson Ombudsman Whitney Watson, USS Robert G. Bradley Ombudsman Charlene Welch and certified Ombudsman Trainer Debbie Pound.

PATIO FURNITURE

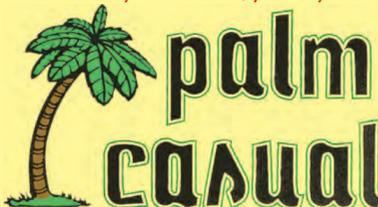
Buy at the **FACTORY** and **SAVE!**



• Immediate Delivery • Wholesale Prices • Family Owned & Operated

Palm Casual's Money Back Guarantee

If you can find a better value in patio furniture or for any other reason wish to return your furniture, you may do so within 30 days for a full refund.



11323 Beach Blvd.

NW corner of Beach and St Johns Bluff Rd
Mon-Sat 8-5 Closed Sunday

904-641-8308

The #1 Manufacturer of Patio Furniture in Florida Since 1979



Feeling Disconnected?

Sad? Stressed? Angry?
Drinking too Much?

Put the pieces together with an
anonymous self-assessment.

www.MilitaryMentalHealth.org

Online. 24/7.

For families and service members affected by deployment.

THE MIRROR, NS MAYPORT, FLORIDA

Mirror Classified

PLACE YOUR MILITARY CLASSIFIED AD

CLASSIFIED INDEX

BY PHONE 366-6300
Mon.-Thurs. 7:30a.m.-6:00p.m.
Fri. 7:30a.m.-5:30p.m.

Toll Free 800-258-4637
BY FAX 904-359-4180
IN PERSON

Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m. - 5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

Deadlines

Run date **Call by** **Fax by**
Thursday Tue, Noon Tue, 11 a.m.

Please note: **Fax deadlines are one hour earlier.** Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

Announcements	Instruction
Auctions	Employment
Real Estate for Sale	Services
Real Estate for Rent	Merchandise
Commercial Real Estate	Pets/Animals
Financial	Transportation

MasterCard VISA Discover NOWUS **904-366-6300**

ONLINE

Classified line ads are online at jaxairnews.com

FREE online advertising!

Your Classified in-column ad automatically appears online at **no additional charge.**

Announcements

Happy Ads
Lost and Found
Clubs and Organizations
Rides/Travel
Notices
Personals
Dating and Entertainment

Lost and Found

LOST - Chihuahua, white w/ brown spots, wearing collar. Southside on 4/10. 521-4527

Notices

A Bankruptcy - \$150
Divorce \$75 - \$125
424-6666 Eric
18 years EXPERIENCE

Anyone that witnessed an accident on Bowden & Phillips Hwy on Sunday, 4/25/10 around 1:30pm Please call 904-742-7796

To advertise

in the military publications distributed at the local bases in the area.
Please call 904-359-4336, Fax 366-6230.

Real Estate For Sale

Open Houses
Arlingte
Avalon/Ortega
Beaches
Downtown
Fernandina/Amelia Island
Intracoastal West
Keystone Heights/Melrose
Mandarin
Middleburg
North Jacksonville
Orange Park/Clay County
Riverside
San Marco
Southside
Springfield
Westside
Waterfront
Condominiums
Manufactured Homes
Lots
Farm Acreage
Investment Property
Retirement Community
Baker County
Georgia Real Estate
Nassau County
Putnam County
St. Johns Open Houses
St. Johns Homes
St. Johns Waterfront
St. Johns Oceanfront
St. Johns Intracoastal
St. Johns Marshfront
St. Johns Condos
St. Johns Duplex/
Townhouses
St. Johns Manufactured
Homes
St. Johns Lots/Acreage
St. Johns Active Adult
Com.
St. Johns Investment
Income Property
Miscellaneous
Out of Area/Town/State
Real Estate Wanted

Georgia Real Estate

PCS - FSBO Property Kingsland. Built 06. 4/2 home \$199,900. Like new must see! 912-510-0282. Open House May 22nd, 1-4

Orange Park/Clay County

PCS-FSBO Orange Park 06/00. 3117 Point Road. 4BR/3.5BA; 2,440sq. ft. lovely brick ranch, waterfront view. 904-318-8384

FREE Benefit Package

JaxNavyHomes.com
Beach & Luxury Realty-Steve Pate
787536

We Support Our Troops!

Modular & Mfg. Land/Home Packages
VA/FHA Financing
ClaytonHomesJacksonville.com
772-8031 788347

We Appreciate You!

\$800 tax credit - no down payment - VA approved
Foreclosure and Short Sale Specialty
Vanguard Realty, Inc
Call Dennis Kinkopf 904-868-3252

Home loan solutions from Bank of America

Competitive rates
A wide range of home financing solutions
Easy application process
Contact me today:
Laurie Potter (YNCM Ret.)
Mortgage Loan Officer
904.463.2065
laurie.potter@bankofamerica.com
<http://mortgage.bankofamerica.com/lauriepotter>

Bank of America Home Loans

707854

San Marco

LAKELWOOD SAN JOSE AREA
6115 Duke Rd.



Brick home. Move in condition! Convenient to everything! Minutes from downtown. 3077 1/2 Sq. Ft. New Windows, New Roof, Remodeled Kitchen with custom cabinets, Remodeled bathroom, Beautiful Hardwood floors, New driveway, Brick exterior with maintenance-free vinyl overhang, Huge fenced backyard, Tiled Sunroom overlooking backyard and patio. Attached one-car garage, Fireplace, plus more... Will Co-op.
Reduced to \$143,900.
Call 904-254-8797

Arlington

Handyman Special
Fruitwood Ln, 32277
1704 3/2 w/den
New Paint and Carpet
ARV: 135k
Selling for \$16,900
Will Co-op
(904) 465-3140

Investor Special
Mayer Rd, 32211
1660 3/2 w/den
Newer Kitchen
Needs Investor Rehab
ARV: 109k
Selling for \$47,500
904-654-1801

Westside

4/2, 2000SF New kitchen, roof, A/C, 2200sf, 1100 sq ft w/den, 1 car gar \$109,900
Lic. Agent 904-673-4660

House for Sale by owner. 3BR/1-1/2 bath in West Jax area (zip 32210). 1100 sq ft, 3 bdrms, backyard workshop. Concrete block construction with attached garage. Out of state owner. Presently used as a rental property, renter in. SPECIAL PRICE to New Person.
Call (916) 791-1237 or cpwright@att.com for details.

Argyle

Get It Sold!
List your property with our Get It Sold program and get results. For as low as \$99, your ad will appear in print every Thursday through Sunday for 30 days as well as online. To sign up, or for more info:
Call Mike Jewett at 904-359-4327 Today!

North Jacksonville

PCS - NORTHSIDE
4/2, 2200sf, 1107, w/den, 2car, 1107, den, liv/din, fam., kit, w/brkfst nook. \$249,900. 904-881-2767

Westside/Northside
LAST CHANCE TO BUY BEFORE TAX CREDIT DEADLINE
New Construction Homes
Purchase w/ no money down
\$500 deposit on home 786-3021

Nassau County

HILLIARD, FL 30 Acres on St. Marys River \$700k per acre with some owner financing. Call 904-227-1819



YOUNG AMERICAN HOMES at Heron Isles in Yulee. 1 house ready for move in, 6 lots ready to build on. All contracts written prior to May 1st will receive an \$8,000 tax credit. 0 down 0 closing cost. 904-994-6100, 641-6754

Waterfront

Camden Co.
2.5ac 123' deepwater frontage on Satilla River, 50 mi to Jax. High bluff, well & septic dock permit.
\$110,000 912-281-1544

Condominiums

FOR SALE
Middleburg-The Ravines Golf, gated 430sf, newly remodeled efficiency, \$25k. Call 904-282-6244.

Manufactured Homes

Fairways Forest - 3225 Sara Dr. 42.5 all brick, updated eat-in kit, w/new lg tile flr, granite cnts, S/S appls. New carpet in the BRs, FP, LR/DR Family rm, inside entry. Reduced \$11K to \$189K for 2006A. A 20min. drive from the base.
University Park - 3940 Moss Oak Dr. 3/2.5. Contemp. stony w/own upstairs MBR suite, inside entry, open flr plan w/2 story vaulted ceiling in the Family room. Just reduced to \$192K for 2450sf.
Call Kathy Jaeger at 904-616-2319.

Manufactured Homes

CHARLESTON, SC DEEP WATER
3358 Bohicket Rd, Johns Island, SC 29455
Magnificent French Colonial, Gated, Keypad Entry, Wraparound Porches, Great Views of Water and Wadmalaw Island, 5 Bed, 4/5 Bath, 3 Car Garage, Fireplace, Storage, Covered Dock with Power Boat Lift and Attached Floating Dock with Drive-On JetDock, Oaks from the 1700's, so much more!
\$2,950,000
Gethys Glaze
(843) 452-6998
Coldwell Banker United
www.OrangeHillPlantation.com

Manufactured Homes

ATLANTIC BEACH LAKES OF MAYPORT
2br Starting @ \$729mo. \$99. pays move-in fees 904-249-1833

Manufactured Homes

ARLINGTON - REDUCED!
6541 Greenfern Lane 4/2 newly remodeled Single Family Home, 1200SF, Den, Fireplace, screened Porch. \$95 + 1 month dep. Credit history and ref. req'd. PETS + \$3.0 non-refundable. Avail Now Go to Zillow.com for info. Call View Call 904-707-0664.

Manufactured Homes

ARLINGTON E - 3/2, 1500sf, vaulted grt rm lake front, new paint, 1100 sq ft, 1.5 non-refundable. Avail Now Go to Zillow.com for info. Call View Call 904-707-0664.

Manufactured Homes

Refurbished 3BR/2BA
5brms from Mayport Naval Base \$700mo
Call 904-242-9404

*** WESTSIDE ***
Need a home we have in repo homes like new call Sandy @ 904-695-2255

Farms/Acreage

54 ACRES in SW Brantley Co near Hoboken 70 mi to Jax, mostly high land w/ scattered pines, oak hunting! Will divide in half \$2200/ac. Fin avail. Call 912-281-1544

Investment Property

Handyman Special
Fruitwood Ln, 32277
1704 3/2 w/den
New Paint and Carpet
ARV: 135k
Selling for \$16,900
Will Co-op
(904) 465-3140

Investment Property

Investor Special
Mayer Rd, 32211
1660 3/2 w/den
Newer Kitchen
Needs Investor Rehab
ARV: 109k
Selling for \$47,500
904-654-1801

Real Estate For Rent

Apartment Furnished
Manufactured Homes
Condominiums
Retirement Communities
Homes Furnished
Homes Unfurnished
Manufactured Homes
Mobile Home Lots
Rooms to Rent
Beach Home Rentals
Storage/Mini-Lockers
Management/Rental Services
Wanted to Rent
St. Johns Apartments Furnished
St. Johns Apartments Unfurnished
St. Johns Condominiums
St. Johns Duplex
Townhomes
St. Johns Retirement Communities
St. Johns Houses Furnished
St. Johns Houses Unfurnished
St. Johns Mobile Home/Lot Rental
St. Johns Rooms to Rent
St. Johns Rooms to Rent
St. Johns Vacation Rental
St. Johns Storage/
Mini-Lockers
St. Johns Wanted to Rent

Real Estate For Rent

ATLANTIC BEACH LAKES OF MAYPORT
2br Starting @ \$729mo. \$99. pays move-in fees 904-249-1833

Real Estate For Rent

ARLINGTON E - 3/2, 1500sf, vaulted grt rm lake front, new paint, 1100 sq ft, 1.5 non-refundable. Avail Now Go to Zillow.com for info. Call View Call 904-707-0664.

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Real Estate For Rent

ARLINGTON E - 3/2, 1500sf, vaulted grt rm lake front, new paint, 1100 sq ft, 1.5 non-refundable. Avail Now Go to Zillow.com for info. Call View Call 904-707-0664.

Apartments Unfurnished

ATLANTIC BEACH
4.0 Orchid St. 2/2 patio home, fenced \$850/mo
ACROSS FROM OCEAN
103 1/2 Ave. S. J.B
2/1 opt. \$975mo
JACKSONVILLE BEACH
1/1 opt. 211 N. 8th St.
\$650/mo. 1/2 mo on h security deposit
Military & SR. Discount.
Call gary d & y Broker/Owner 612-4296

JAX BEACH 1 & 2 BR unfurnished opts. near ocean. \$795m. Lease/Ref's no dep., no pets, 3337 Post St. \$495/mo. 403-9668

Riverside - Ready to rent 2/1 duplex, 1000 sq ft, hardwood flrs, fresh paint, W/D, water incl. \$650 mo 904-612-6822

RENT NOW

STICKRENTALS.COM
2BR from \$495
355-9700

RENT NOW

WESTSIDE 1 & 2 BR Starting at \$525. Call today about our NEW IN SPECIALS! 781-6616

RENT NOW

*3 Months Free Rent! Newly Renovated Apartments
1 & 2 Bedrooms Available Starting at \$525/Month
Call for Details 904-781-6616

RENT NOW

Westside 295/103rd 2000+sf home, 3br/2ba, LR, DR, den, frpic, off, fncd bkrd, \$1150mo+dp 7469 Wheel Rd. For appt call 904-282-2838

RENT NOW

Westside - 295 & Argyle new cap/pt 3BR, 2BA newer home, \$950/mo 904-466-5500

RENT NOW

Westside - Lovely block 42 w/den, 1999, fncd yrd, 5741 Tempest \$1195mo Call Angelo 626-4200

RENT NOW

Westside - Paxon, 3/1, chkd, fncd yrd, w/d hk up, \$650mo, \$500 dep. 904-591-7335

RENT NOW

Westside - 2/2 clean w/den, 1999, fncd yrd, + \$300 deposit. 904-495-3443 or 214-5526

RENT NOW

ATLANTIC BEACH Mobile Homes Avail For Rent 2 & 3BR's Call 904-242-9404

RENT NOW

0 DEPOSIT FROM \$395 1 & 2 BR weekly/monthly 904-766-6986

RENT NOW

Westside 8643 Susie St. Clear, 1999, no pets, \$425 mo, + \$425 dep. Call 386-755-5852 after 5pm.

RENT NOW

You can Rent to Own your own home in only Seven years with payments starting at \$695.00 mo. Call 904-781-0441

RENT NOW

For Rent Large Beautiful 3/2 mobile home only \$495. monthly call now 904-695-2255

RENT NOW

Near 9A & Pulaski \$250 mo, \$250 damage dep, water, sewer, garbage incl'd. Barbara 233-3206

RENT NOW

ARLINGTON Atlantic & Kernan: new exec w/catv, swim/exercise rm \$149w. 904-221-6581

Houses Unfurnished

San Marco 2BR, 2porches, wood flrs, gar, ch&o, \$925mo w/opt to buy no pet/fmrk 725-3923



San Marco 2BR + offc, ch&o brkfst rm, and rear arch w/ w/d hkup, carpet, no pet/fmrk \$785mo 725-3933

SOUTHSIDE

Remodeled 3BR/1BA, over 1300sf, carpet, fireplace, large screened room & shed, huge fenced yard, all appl's, appliances. \$900mo +dep. 407-474-2878

To advertise

in the military publications distributed at the local bases in the area.
Please call 904-359-4336, Fax 366-6230.

PCS - NORTHSIDE

4/2.5, 2800sf, lg bkwd w/den, 2 car, appl's incl. semi furn'd \$1500m. 904-881-2767

Like new

Like new Sealy Pos-tel twin mattress set, frame, & hdbath. \$175. 215-1874.

WESTSIDE 295/103rd

2000+sf home, 3br/2ba, LR, DR, den, frpic, off, fncd bkrd, \$1150mo+dp 7469 Wheel Rd. For appt call 904-282-2838

Westside - 295 & Argyle

new cap/pt 3BR, 2BA newer home, \$950/mo 904-466-5500

Westside - Lovely block 42

w/den, 1999, fncd yrd, 5741 Tempest \$1195mo Call Angelo 626-4200

Westside - Paxon, 3/1,

chkd, fncd yrd, w/d hk up, \$650mo, \$500 dep. 904-591-7335

Westside - 2/2 clean

w/den, 1999, fncd yrd, + \$300 deposit. 904-495-3443 or 214-5526

ATLANTIC BEACH

Mobile Homes Avail For Rent 2 & 3BR's Call 904-242-9404

0 DEPOSIT FROM \$395

1 & 2 BR weekly/monthly 904-766-6986

Westside 8643 Susie St.

Clear, 1999, no pets, \$425 mo, + \$425 dep. Call 386-755-5852 after 5pm.

You can Rent to Own

your own home in only Seven years with payments starting at \$695.00 mo. Call 904-781-0441

For Rent Large Beautiful

3/2 mobile home only \$495. monthly call now 904-695-2255

Near 9A & Pulaski

\$250 mo, \$250 damage dep, water, sewer, garbage incl'd. Barbara 233-3206

Commercial Real Estate

Commercial/Industrial For Sale
Commercial/Industrial For Rent
Businesses For Sale
Office Space For Sale
Office Space For Rent
Retail For Sale
Retail For Rent

St. Johns Commercial/Industrial For Sale
St. Johns Commercial/Industrial For Rent
St. Johns Businesses For Sale
St. Johns Office Space For Sale
St. Johns Office Space For Rent
St. Johns Retail For Sale

For advertising information, please call 904-359-4336, Fax 904-366-6230.

Employment

Job Fairs
Resume Services
Accounting/Bookkeeping
Advertising/Media
Architecture/Interior Design/Graphics Design
Automotive Sales/Service
Aviation
Civil Service/Government/
Public Administration
Computer Hardware/
Software/Programming
Construction
Customer Service
Dental
Domestic Services/
Caregiving
Delivery Driver
Education/Teaching/
Training
Engineering
Entertainment
Executive/Management
Finance/Investment
General Employment
Hotel/Hospitality/Tourism
Industrial Trades
Insurance
Landscape/grounds
Maintenance
Law Enforcement/
Security/S

Merchandise

AC, Heating, Fuel
Antiques
Appliances
Arts & Crafts
Auctions
Building Supplies
Business/Office Equipment
Clothes
Collectibles
Computer
Craft/Thrifty Stores
Electronics
Estate Sales
Farm/Planting
Fruits/Vegetables
Furniture/Household
Garage Sales
Garden/Lawn
Hot Tubs/Spas
Jewelry/Watches
Kid's Stuff
Machinery & Tools
Medical
Miscellaneous Merchandise
Musical Merchandise
Photography
Portable Buildings
Public Sales
Sporting Goods
Tickets
Trailers
Wanted to Buy or Trade

Furniture/ Household

Leather Sectional great cond. w/2 glass-top encl. 1tbls & cks. Call 757-2837
MATTRESS QUEEN Pillowtop Set \$130 (904) 644-0498
On size bdrm set w/2 nitestands, long dresser, mirror & shelving, armoire, dork oak. \$800. 269-2413
Entertainment Ctr maple 65.5W x 19.5D x 35.5H. \$250.00. Ent. Ctr 50" x 59" x 19" storage for CDs/DVDs on sides. \$100.00. 904-725-8653
Cargo Bunk Bed set w/storage units, ladder & newer mattresses. \$200. Call 223-5935

Garage Sale

Fleming Island Comm Sale Habersham Harbour Sat., May 1, 8am-12pm near White's Fish Camp
Lakeshore Sat 8-12 corner of Lakeshore & Birkenhead 5249 Birkenhead Rd
MANDARIN-Natures Woods Comm Yard Sale Sat. May 1, 8a-2p. GPS address 4827 Maxwood Rd
NORTHSIDE - North Creek Community Yard Sale off Duval Station Rd. Sat. 5/1, 8am-2pm.
Ortega KIDS CLOTHING SALE 4403 Princess Anne Fri-Sat, 8am-4pm.
Ponte Vedra Beach Oceans Edge Comm. Garage Sale. May 1 Family. Sat. 5/1, 8a-1p
San Pablo YARD & Bake SALE Sat. May 1, 8a-2pm Calvary Anglican Church 3044 San Pablo Rd Household-Tovs-Medical www.calvaryjax.org 904-701-1727
TRUNK SALE: Calvary Anglican Church, San Pablo Rd. Buy or Sell. May 1st. Call 707-1737

Antiques

Bronze Antiques Bird Cages(3) Candle sticks(8) & Rolling. 437-2183

Auctions

ABSOLUTE NO RESERVE AUCTION 100 TRAVEL TRAILERS, 2005'S-2006'S SELLING TO THE HIGHEST BIDDER !! Sat May 8, at 10 am 7725 78th St N Pinellas Park, FL 727-388-7900 If you cannot attend bid live @ www.jmarauktion.com AB2740 DO NOT MISS THIS OPPORTUNITY!!

Clothes

Oakley Elite Special Forces Standard issue size 9 boots. \$100.00 New in box. 843-693-2901

Computers

Laptop \$180 MS Office, dvd 1.1 GPM, 256 MB RAM, 30GB HD, XP 904-338-1042

Estate Sales

April 29, 30 & May 1, 8a-4p 6705 Fincannon Rd. 904-610-2888 Visit www.estatesales.net

Furniture/ Household

QUEEN SIZE Mattress Set Still In The Factory Sealed Plastic \$100.00 (904) 644-0498

Bdrm SET 5-PC CHERRY MUST SELL \$250 (904) 644-0498

BED A BARGAIN New Queen Pillowtop Sets \$95 365-0957

BED- Girls twin captain bed, white \$250 obo 904-853-6054

BED- QUEEN PILLOW-TOP SET, \$111 in plastic...call 554-9018 5100

ED THE BEDMAN Clean quality bedding store returns. All sizes 80% off original price. 904-246-1832 RMC USN(ret)

FILL DIRT CHEAP!!! Call David at: 382-2658

Flowers- Louisiana Iris \$5 per plant 904-635-5879 or 491-4899

Riding Mower, Toro Timecutter 2005, Model 16hp Briggs Stratton, 42" cut, moving sale, exc. cond. \$1500 Firm. 904-772-6293

Miscellaneous Merchandise 15" ThinEdge Monitor New never used \$150.00 cost. Sewing mtr \$50. Floor Mirr for walnut. Ruth 221-6794

FILL DIRT CHEAP!!! Call David at: 382-2658

Gray Hi-Definition box style T.V. Glass-top com. desk w/matching chr w/arms. Assembly needed. 757-2837

70D15 4-Lug spare tire, good cond., \$80; Zillion 20 swing cymbal stand, twin Ludwig mallets, \$100. 904-264-6054

TANNING BED 24 built in 20VAC, Sun Quest R524 \$1500. 904-277-8989

PAVERS \$34, multi-color: grey, reds, blues, 8" x 8" 1/2". \$125 Firm. 268-2482

Miscellaneous Merchandise

Exec. very hi-back office swivel chr w/arms. Like new, cream color stain fabric \$175. 904-803-9942
SHED. "Rubbermaid" 2dtrs, lockable, 6' 5/4", 48"W, 2' 8"D. Recently assembled. Pd \$260. Sacrifice \$150. 268-2482
STEP LADDER 10' aluminum. Heavy duty. Exc. cond. \$60.00. 268-2482

Sporting Goods

Jacksonville's BIGGEST GUN SHOW JAX FAIRGROUNDS May 1st & 2nd. Sat 9-3pm, Sun 10-5pm FREE PARKING INFO: 407-275-7233 floridasunshows.com

Wanted to Buy or Trade

GE RANGE matching large microwave, white \$125 each. (904) 472-3789

Going to Europe Vacation need Euro will pay \$1.25 per Euro paper currency. 904-564-1945

Pets & Animals

Adopt a Pet
Pets & Supplies
Livestock & Supplies
Animals Wanted

2003 YAMAHA Waverunner XLT w/wtr. 40hrs. Great cond. 43500obo. 904-451-8615

27ft 9in '99 BAYLINER 2655 Ciera sunbridge, cabin cruiser, 350 merc motor, loaded, clean, low hrs, \$21,500. 904-783-0858

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Antiques/ Classics

1934 American Austin, 5 window business coupe, great foundation for a restoration. Car was running a year ago, needs carb. \$3500.00. 904-241-7559
1970 FORD MAVERICK 2dr yellow. 904-405-7702
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JEEP '06-Cheerokee classic, 6cyl, 4dr, white, blk-int., good cond., 100k miles, 130, 712, new tires, bargain \$3550. Call 772-0489

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C-6 CORVETTE '05 13K miles, 100k, 6spd, HT, E/C. Auto owned. \$32,500. 904-563-3537

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Toyota Tundra 2005 Crew Cab, Silver/Gray Cloth int. V8, Auto, Low Pkg. Bed Liner. 75k miles. \$15,000. 904-735-7254.

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2007 HD 883 Sporter 2800mi's, exc. cond. \$4900. Call 904-214-9766

2001 883 Harley Davidson Sportster with extras, lowering kit, cust. paint, low mileage, garage kept. Call 912-674-3236

1996 Harley Davidson DYNA low rider custom paint job garage kept leather saddle bags \$4500. Call 912-674-3236

2002 Kawasaki Nomad, Vance & Hines dual pipes. Hard bags, Red & blk. Loaded. Exc. cond. \$5800. 904-259-8767

2007 Tour Deluxe 1294cc 12,000mi's, exc. cond., Mustang Seat, Bob exhaust many extras, Ron 553-3249. \$11,899

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What Do We Sell?

At **BEDS BEDS BEDS** we carry Famous Name Brands up to 75% off retail sales prices. Our stores have featured the highest quality mattress sets at the lowest prices since 1974. We truly put the customer first. Combining low overhead with DEEP DISCOUNTS, you can save \$100s, even \$1000s on your mattress set purchase. Each store has hundreds of mattress sets in stock, so you can take yours home today. Same day delivery is available, or it will be delivered to you at your convenience.

Glen Murchison and Bill Drury are two of the best in the business when it comes to helping the Military folks find a comfortable bed at an extremely low price in Jacksonville. Murchison, the owner, and Drury, his district manager, operate **Beds Beds Beds** located at 9843 Beach Blvd. The concept of Beds Beds Beds is simple: To offer all of the best brands at the best prices, everyday.

Beds Beds Beds' Southside location is one of three stores in the area. And closest to Mayport naval Station. Other locations serve residents close to NAS in Orange Park and Lake City.

Outside of Florida, **Beds Beds Beds** operates throughout the country with a total of 40 different stores, which gives it the opportunity to sell its beds at rock-bottom prices — 50 to 70% off competitors' retail prices.

"What we do here is, basically, factory seconds. That's what sets us apart," Drury said. "They (the beds) may be mismatched, overstocked, discontinued, have a blemish or something like that. That's what makes us different from the regular big box or discount department stores."

Beds Beds Beds' inventory is extensive, with hundreds of beds to choose from with famous Name Brands and off-name brands in its 4,500-square-foot Southside location. **Beds Beds Beds** carries a variety of brands, including Simmons, Serta, Sealy, Carolina and Restonic, posturepedic, comfort pedic just to name a few.

"We carry a little bit of everything — if somebody's looking for something, that we don't have we can get it," Drury said. "Not only do we carry a huge selection of box springs and traditional mattresses, but we also carry memory foam, latex, pillow top and more. If it has to do with a mattress, we can get it. We have special sizes too."

Beds Beds Beds' has been serving the Military Communities in Jacksonville for the past 35 years, with the Southside location in business since 1988. With that experience, Murchison and Drury have been able to help the military folks and their families find what they want at a very reasonable price.

"We are definitely hands-on with the customers. Everything from sales to service after the sale. If they have a problem, we are hands-on," Drury said. "We don't send them to the manufacturer, we literally deal with the problems ourselves — it's our customers problem...it's our problem."

Beds Beds Beds also has an outside service that delivers its beds, which Drury said can usually accommodate same-day delivery.

"The best concept of being an outlet store, we really do save customers 50 to 70% on every purchase," Murchison said. "That can equate to thousands of dollars." Won't that give you a goods night sleep???

For more information on how to get the best deal on your mattress,
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