

# THE MIRROR

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CHINFO Award Winner

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THURSDAY, JANUARY 8, 2009

## OFF THE DECK

### Health Promo Meeting Set

The quarterly Health Promotion meeting sponsored by Health Promotion by the Ocean is scheduled for Jan. 27 at 9 a.m. at Bldg. 2050, Marshal Couch Drive next to the Surfside Fitness Center and the Chief Petty Officers Club. All Health Promotion Representatives and Command Fitness Leaders are invited to attend. For more information, call 270-5251.

### New Year Brings New Tools to Quit Tobacco

It's resolution time. The DoD Quit Tobacco - Make Everyone Proud campaign is launching some exciting new features at its official website, <http://www.ucanquit2.org>, to help military smokers and users of smokeless tobacco resolve to get free from tobacco addiction.

This unique site is designed specifically to support junior enlisted personnel who are giving up tobacco - or thinking about it. If they resolve to quit, we resolve to help.

The news release at [www.tricare.mil/pressroom/news.aspx?fid=487](http://www.tricare.mil/pressroom/news.aspx?fid=487) invites service members to take advantage of the array of resources at [www.ucanquit2.org](http://www.ucanquit2.org). They can access real-time live help from trained tobacco Cessation Coaches, read informative articles, play games, send a New Year's e-card, and calculate their savings by giving up tobacco.

The incidence of smoking and chewing tobacco is significantly higher among 18- to 25- year-old enlisted men and women than their civilian counterparts, and than older, higher-ranking military personnel.

We are encouraging military tobacco users to sign the online resolution to quit tobacco at [www.ucanquit2.org/facts/newyears/default.aspx](http://www.ucanquit2.org/facts/newyears/default.aspx).

In addition to signing the resolution, users who register can create a blog—either public or private—where they may document and share their quit experiences. They can also download a new customizable calendar, a practical tool to help them stay on track with their quit plan.

## USS Underwood Conducts Joint Boarding With Panama Sailors

By MC1 (SW) Holly Boynton

U.S. Naval Forces Southern Command Public Affairs

USS Underwood (FFG 36) conducted a joint boarding of a suspected narcotics trafficker with Panamanian sailors Dec. 17.

Underwood departed Vasco Nunez de Balboa after a port visit when the Panamanian navy requested their assistance to board a fishing vessel in their territorial waters. Eight members of their embarked Coast Guard Law Enforcement Detachment 102 and one Drug Enforcement Administration agent conducted the boarding with the Panamanians. No illicit items were found onboard, though tests revealed the vessel had recently carried cocaine in its holds.

Boatswains Mate 3<sup>rd</sup> Class Lucas Penshorn, of LEDET 102, remarked, "It was such a great opportunity to work with a foreign boarding team, to see the different styles of boarding they have. The exchange of training techniques between our country and the Panamanians will definitely help us in our future boardings."

This boarding, the first joint boarding with Panama, was an opportunity to share important military to military training



-Photo by MC2 Jason R. Zalasky

The Oliver Hazard Perry-class guided-missile frigate USS Underwood (FFG 36) steams in the Atlantic Ocean as part of the Iwo Jima Expeditionary Strike Group (ESG) composite unit training exercise (COMPTUEX). COMPTUEX provides a realistic training environment to ensure the strike group is capable and ready for its upcoming deployment. The Iwo Jima ESG is made up of Ramage; the amphibious assault ship USS Iwo Jima (LHD 7); the amphibious transport dock ship USS San Antonio (LPD 17); the guided-missile cruiser USS Vella Gulf (CG 72); the amphibious dock landing ship USS Carter Hall (LSD 50); all homeported at Norfolk, Va.; the guided-missile destroyer USS Roosevelt (DDG 80), homeported at Mayport, Fla.; and the fast-attack submarine USS Hartford (SSN 768), homeported at Groton, Conn.

between the U.S. Navy and Panama in direct support of the Maritime Strategy.

Underwood, homeported in Mayport, Fla., is currently deployed under operational control of U.S. Naval Forces Southern Command (NAVSO) and U.S. Fourth Fleet, conducting counter-illicit trafficking operations for Joint Interagency Task Force-South in the U.S. Southern Command (SOUTHCOM) area of focus.

As the Naval Component Command of SOUTHCOM, NAVSO's mission is to direct U.S. Naval Forces operating in the Caribbean, Central and South American regions and interact with partner nation navies within the maritime environment. Various operations include counter-illicit trafficking, Theater Security Cooperation, Humanitarian Assistance and Disaster Relief, military-to-military interaction and bilateral and multinational training.

Fourth Fleet is the numbered fleet assigned to NAVSO, exercising operational control of assigned forces in the SOUTHCOM area of focus.

## Vicksburg Welcomes New Year Baby

By Loren Barnes

NH Jax Public Affairs

Celebrating the New Year's Day birth of their son Noah Rylan Jacobs, hospital Executive Officer Capt. Jennifer Vedral-Baron presented Melissa and CSCS Greg Jacobs a congratulatory certificate from Naval Hospital Jacksonville on Jan. 2. Noah was the first baby born at the hospital in 2009, arriving at 9:16 a.m., New Years Day.

Chief Jacobs serves aboard the USS Vicksburg, homeported at Naval Station Mayport, Fla. He is from Boytown, Texas and Melissa is from Pensacola, Fla. Handsome and healthy at 8 pounds, 9.5 ounces and 20.5 inches, Noah is the third of three boys for the Jacobs. He has two brothers at home; Christian, 6, and Braedan, 2.

Vedral-Baron also presented the family Noah's "First Seabag." The baby items in the seabag, including a lovely crocheted baby blanket, were donated by the NAS Jacksonville Navy and Marine Corps Relief Society. The base Navy Exchange also gave a \$50 gift card to the family.

The Jacobs said they received great care at the Naval Hospital. Mom was followed throughout her pregnancy by Cmdr. Ruth Duda and the delivery was performed by Lt. Cmdr Jason Bosco assisted by Lt. John Saenz. They received around-the-clock attention from the hospital's OB/Gyn and Maternal Infant Unit team. Naval Hospital Jacksonville delivers, on average, 80-100 babies a month, each one a precious new member of our military family.

Best wishes for a healthy, safe and happy New Year from Naval Hospital Jacksonville.



Photo by HM1 (SW) Michael Morgan

Naval Hospital Jacksonville Executive Officer Capt. Jennifer Vedral Baron presents a certificate to Melissa and CSCS Greg Jacobs, congratulating them on their son, Noah, being the first baby of the New Year born at Naval Hospital Jacksonville, Fla.



-Photo by MC2 Alan Gragg

Argentina's National Director of Military Strategic Intelligence Carlos Anibal Aguilar and Argentine Rear Adm. Jose Luis Perez Varela, Naval Attaché to the Argentine Embassy in Washington, D.C., sit down for lunch aboard the Mayport-based guided-missile destroyer USS Carney (DDG 64).

## Argentine VIPs Visit 4<sup>th</sup> Fleet

By MC2 Alan Gragg

U.S. Naval Forces Southern Command/ U.S. 4<sup>th</sup> Fleet Public Affairs

Two distinguished Argentine military leaders visited U.S. Naval Forces Southern Command (NAVSO) and U.S. 4<sup>th</sup> Fleet Headquarters in Mayport Dec. 15.

Argentina's National Director of Military Strategic Intelligence Carlos Anibal Aguilar and Rear Adm. Jose Luis Perez Varela, Naval Attaché to the Argentine Embassy in Washington, D.C., met with Rear Adm. Joseph D. Kernan, NAVSO and 4<sup>th</sup> Fleet Commander.

The purpose of the meeting was to orientate the two guests with NAVSO and 4<sup>th</sup> Fleet and to strengthen partner nation relationships. Visits such as this one also support the U.S. Global Maritime Strategy by building working relationships at sea and improving

interoperability between partner nation navies through face-to-face meetings.

"Whenever we have an opportunity to meet in person with our partner nation representatives to discuss our mutual goals and opportunities to collaborate, it is extremely beneficial and helps to strengthen our maritime partnerships and interoperability," said Kernan. "Our partners have a chance to ask questions, provide us with their perspective and we can discuss it with them face-to-face. This visit was very productive and I look forward to future engagements."

During their stay in Mayport, Aguilar and Varela visited USS Carney (DDG 64) for lunch and a brief tour of the Mayport-based guided-missile destroyer.

Varela and Kernan met previously in November, during the UNITAS Gold 2009 Initial Planning Conference held

in Mayport. Argentina is one of ten countries set to take part in UNITAS Gold, the 50th iteration of the annual multinational maritime exercise series.

UNITAS Gold is scheduled to begin in late April 2009 off the coast of Mayport with participants from Argentina, Brazil, Canada, Chile, Colombia, Ecuador, Germany, Mexico, Peru and the United States.

NAVSO, the Navy component command of U.S. Southern Command (SOUTHCOM), oversees maritime operations throughout Latin America, including exercises and deployments, counter illicit trafficking support, and Theater Security Cooperation (TSC) events. U.S. 4<sup>th</sup> Fleet is the numbered fleet assigned to NAVSO exercising operational control of U.S. Navy units temporarily operating in the SOUTHCOM area of focus.

# CREDO Corner

**By Lt. Rickey L Bennett**  
*Spiritual Fitness Division Southeast*  
 Archetypes are patterns or structures common to all people cross-culturally. Part of the core human experience, these archetypes can be seen as storylines that define with a particular meaning and context the events of life. Carol Pearson has identified twelve common archetypes and produced a psychological tool (the Pearson-Marr Archetype Indicator® or PMAI®) to assist people in identifying for themselves the archetypes that hold the most sway in their lives. While Pearson's model includes twelve archetypes, my observations on St. Nick are rooted in only

three of them: the Innocent, the Caregiver and the Magician. Innocent Archetype. The story the Innocent archetype sees, understands and lives is one that asserts and needs to believe that the world is a place of hope and a happy tomorrow; a world in which faith and trust are justly bestowed on people and systems worthy of being believed in. The Innocent archetype helps us to trust, to hope and to believe that a better day lies ahead. This has to be Santa, who is clearly driven by faith and trust and the Innocent's assumption that all will be well and all wounds healed if only we believe. Caregiver Archetype. The

story the Caregiver archetype sees, understands and lives is one that asserts that people's needs require and deserve attention and tending to as a primary focus, even at the expense of the needs of the one giving care. This care and giving is done (much like a parent might do) from a position of power. In this archetype, however, it is not the exercise of power that is the motive, but the drive to bestow care on those who need it: the care, concern and nurturing they lack but deserve. Hey, what could Santa be but a Caregiver? He is about giving to others—filling their needs, not taking anything in return save a cookie, some eggnog and maybe a shot

of liquor every now and then. He's a powerful guy—remember he has the positional authority to decide who gets a new Nintendo and who gets only socks, but if we're good and if we believe, Santa will make sure we get everything we want. Santa's a Caregiver. Magician Archetype. The story the Magician archetype sees, understands and lives is one that transforms reality by reframing it, realigning our understanding and shifting the very paradigms on which we have here-to-fore rested. Though Pearson's model is secular, the idea of the holy man or woman who transforms lives and understanding through an

infusion of spirit or a fundamental paradigm shift is included within this archetype. It is the Magician archetype that helps us transform and transcend current reality to find new ways of dealing, being and succeeding. A critical element of Santa's story is the magical transformation—from the rising up a chimney by the touch of his nose and his annual circumnavigation of the globe with his flying reindeer to his century-long efforts to transform a fitful and suffering world into one filled with gratitude, compassion and love, one child's heart at a time. This drive toward emotional and spiritual transformation suggests that Santa is a Magician

as well. While there are other archetypal strands that give Santa's life and efforts meaning, I think his primary archetypes are Innocent, Caregiver and Magician. It does not matter if you believe in Santa Claus or even the reality of Santa Claus is a fact or fiction. What matters most is, "what ways are we like or unlike Santa Claus?" If you would like to know what story you are living contact our office to complete an easy online assessment at 904-270-6958 option 7 or [cnrse\\_credo@navy.mil](mailto:cnrse_credo@navy.mil).

## Homefront in Focus

**By Beth Wilson**  
*Military Spouse Contributor*  
 Happy New Year! I recently heard a news item about Resolutions. The number one New Year's Resolution is to lose weight. But another statistic indicated most of us will forget our resolution by March. The New Year provides an opportunity to reflect on where we've been and where we are going; to shift direction to where we want to go. Where would you like to be in a year; in five years; in ten years? What do you want your life to look like; your marriage; your fam-

ily; your finances, your health? My husband and I recently attended the retirement ceremony of a family friend. Over the past few months our friend faced the end of a career and future uncertainty during an economic downturn. He told me he especially regretted not setting goals and making a plan for life after the Navy. He did not participate in the GI Bill and took his Redux without a plan for the funds. He thought he would 'make more' as a civilian only to learn that his particular military skills did not directly translate into a lucrative civilian career.

Have you ever considered a 'Personal Mission Statement'? Each branch of the military has a mission statement. IBM, Starbucks, Microsoft, and UPS all have mission statements. A mission statement directs not only what they do but who they are. Mission Statements set the framework for goals and objectives. Franklin Covey says, "A 'Personal Mission Statement' doesn't have to change the world, it just has to change 'your world.'" Let's face it, military spousehood can present many challenges. Let's look at how to overcome challenges and build

the life we want. We can easily identify challenges and hurdles, but can you articulate what you want? The exercise of creating a personal mission statement can help us clarify who we are, what is important to us, where we want to go and develop goals and plans to get there. Does this sound weird to you? Yeah, it felt weird to me, too. But I'd like to invite you to join me on a journey for 2009. Would you join me in developing a Personal Mission Statement which can lead to goal setting that can enable us to 'live the life we want'?

I can hear some already... "I'm just a military spouse. What do I need a mission statement for?" Because you are full of promise and potential with a bright future. You can build your most rewarding life when you know where you want to be and how to get there. Where do we start? The internet provides many options and tools for developing a personal mission statement. I personally like Franklin Covey (<http://www.franklincovey.com/tc/resources/view/msb/>) which offers free a personal mission statement builder and other free tools and support for goal setting.

Earl Nightingale says, "People with goals succeed because they know where they are going. It's as simple as that." Join me on this journey? Next week we'll look at goal setting, and a military spouse who actually did took this challenge in 2008. Till then Happy New Year! Questions or comments for Beth? Email her at [beth@homefrontinfocus.com](mailto:beth@homefrontinfocus.com). Check out Navy Homefront Talk, Beth's internet talk show for military spouses at [www.blogtalkradio.com/nht](http://www.blogtalkradio.com/nht).

## Advanced Education Available For Senior Enlisted

**By Ed Barker**  
*Naval Education and Training Command Public Affairs*  
 The Naval Education and Training Command (NETC) is seeking applicants for the fiscal year (FY) 2009 Advanced Education Voucher (AEV) program, designed to provide advanced education opportunities for senior enlisted personnel. Announced by NAVADMIN Dec. 15, AEV provides financial assistance to selected senior enlisted personnel (E7-E8) to complete post-secondary, Navy-relevant degrees through off-duty education. Master Chief Electronics Technician (SW) Tom Smith, enlisted education coordinator at NETC, termed the program one of the most generous in the military, as the Navy invests in the future of enlisted leadership. "The senior enlisted members accepted into this program will gain the knowledge necessary to lead our Navy in the future," said Smith. "The AEV program gives them the opportunity to

get a degree from a university without having to worry about finances, as it pays for 100 percent of tuition, books and fees up to a specified limit." The AEV program will support bachelor's and master's degree completion in designated, Navy-relevant areas of study. Examples include: strategic foreign languages; construction management; emergency and disaster management; human resources; paralegal; leadership and management; engineering; information technology; nursing, business administration; education and training management, and electrical/electronic technology. Degrees not listed above must be approved by the AEV program coordinator at NETC to validate Navy relevance. "It was certainly time well spent. The dividends that an education provides will be realized in the short and long term. I'm grateful for the opportunity and proud to have reached my goal," said Senior Chief Mass Communication Specialist

Daniel Smithyman, who recently completed the AEV program. Eligible applicants include E7s with no more than 16 years of time in service, and E8s with no more than 18 years of time in service. Time in service for all pay grades is computed to Oct. 1, 2008. Proven superior performers with continued upward mobility are encouraged to apply. AEV will support bachelor's degree completion in approved, Navy-relevant areas of study through off-duty education, capped at \$6,700 per year for a maximum of 36 months from the date of enrollment and covers 100 percent of tuition, books, and related fees. Total program cost per student is limited to \$20,000. Qualified candidates must have an associate degree from an accredited institution or the equivalent amount of college credit applicable to the degree being sought. The AEV master's degree program covers 100 percent of tuition, books, and related fees up to a maximum of \$20,000

per year for up to 24 months of enrollment, with the total program cost per individual capped at \$40,000. Qualified candidates must hold a bachelor's degree from an accredited institution recognized by the Department of Education. Applicants should be transferring to (or currently on) shore duty with sufficient time ashore to complete their approved degree program. Applicants on sea duty may apply provided they submit an education plan, with commanding officer endorsement, which demonstrates the ability to complete the degree program. Senior enlisted members who have already invested in their professional development by pursuing college education and those who are currently enrolled in a qualifying post-secondary degree program using tuition assistance (TA) or other financial assistance programs are eligible to apply for the AEV program. Reimbursement for any education expenses incurred prior to participation in AEV

is not authorized. AEV and TA benefits may not be combined. Upon completion of, or withdrawal from education for which any authorized expenses were paid, participants shall agree to remain on active duty for a period equal to three times the number of months of education completed or three years, whichever is less. This obligation is discharged concurrently with any other service obligation program participants may have already incurred. The AEV agreement does not obligate the Navy to retain the member on active duty. If a program participant fails to complete the period of active duty specified in the agreement, the Sailor will reimburse the United States for the cost of the advanced education received, prorated for the obligated time served. The master chief petty officer of the Navy will convene the AEV Program selection board in March 2009 and program selectees will be expected to enroll in studies in the summer

or fall 2009 terms. Deadline for applying for FY09 programs is Feb. 27, 2009. However, NETC is accepting applications now and encourages early submission. Please review NAVADMIN 356/08 for specific requirements and application guidelines. Packages must be endorsed by the Sailor's commanding officer and command master chief. The AEV program is a supporting element of the Enlisted Learning and Development Strategy, which includes post-secondary education as an integral part of the career roadmap for each rating career track. Additional information about the AEV program can be viewed on the Navy Knowledge Online Web site [www.nko.navy.mil](http://www.nko.navy.mil). After logging on, select the Learning tab, then select the quick link on AEV located on the left side of the learning page.

## COOL Approaches 5,000 Funded Certification Exams

*From Navy COOL*  
 The Navy Credentialing Opportunities On-Line (COOL) Web site has made it easier than ever to search for credentials related to a Sailor's rating, job and/or occupation. Headquartered at the Center for Information Dominance (CID) Corry Station, the Navy COOL Web site - <https://www.cool.navy.mil> - contains a significant amount of information. The site has virtually all the links necessary for certification programs for active duty Sailors. Using Navy COOL is easy and many Sailors have already taken advantage of the great program. More than 4,419 certification exams have been funded for active-duty Sailors and 171 certification exams have been funded for Reservists. These Sailors passed their certifications with a 96 percent pass rate. This number far exceeds the national average

pass rate, which is estimated to be between 70-85 percent. In addition to providing updated information for Sailors who are seeking to enhance their careers, Navy COOL has additional links to educational resources like the Navy Advancement Center and the Navy College Program. The Navy COOL Overview page is extremely helpful to navigate through the Web site. "I've been in the Navy for over 24 years and I am really excited about the Navy's proactive move to prepare Sailors personally and professionally through the Navy COOL Program," said Senior Chief Cryptologic Technician Collection (CTR) (SW) Patricia L. Davis CID CTR model manager. "This program allows Sailors to develop themselves while on active duty and prepare themselves for life after the Navy, a civilian job. The

Navy COOL Web site explains how Navy Sailors can get information about civilian equivalent licenses and certifications relevant to their Navy job. It's really all about education, education, education." Navy COOL provides an additional tool that makes life even easier for Sailors with limited Internet connectivity -

download Navy COOL "To Go" on Navy COOL at <https://www.cool.navy.mil>. This enables a Sailor to copy the program to a CD, and peruse the program on any workstation, with or without Internet access. In addition to the Navy COOL Web site and program a great tool for Sailors to enhance their career, Navy recruiters and

Sailors who wish to cross-rate to another rating due to merger or disestablishment can now get a head start on obtaining certifications for their new rating or job. Navy COOL personnel are standing by to assist Sailors on their certification quest and answer any questions they may have about the program.

Representatives for all the ratings are available to answer questions and help get vouchers approved through a relatively simple, streamlined process. "As a senior leader, I encourage all Sailors to take advantage of the opportunities that the Navy COOL program offers," Davis said. "Check out the Navy COOL Web page today."



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Photos by Kaylee LaRocque

U.S. Citizenship and Immigration Services Officer Paul Friel instructs AD2(AW) Ramesh Thapa of HSL-44 at NS Mayport, where to sign his citizenship certificate shortly before a U.S. Citizenship and Immigration Jacksonville Field Office Naturalization Ceremony at NAS Jacksonville Dec. 17.



A group of Soldiers, Sailors and Airmen proudly raise their hands and take the oath to become American citizens during the ceremony at the NAS Jax BOQ Pavilion Dec. 17.

# Mayport, NAS Jax Celebrates New Citizens

**By Kaylee LaRocque**  
*NAS Jax Deputy PAO*  
 NAS Jacksonville and the U.S. Citizenship and Immigration Service hosted a military naturalization ceremony Dec. 17 aboard the station. During the ceremony, 34 service members from the Navy, Air Force and Army raised their right hands as they were officially sworn in as American citizens by U.S. Citizenship and Immigration Services Jacksonville Field Office Director Leonard Susalla. Shortly before the ceremony, the service members carefully checked their documentation with U.S. Citizenship and Immigration Service officials as family members and friends gathered at the Bachelor Officers' Quarters pavilion.

The event began as Immigration Services Officer Paul Friel gave the welcoming remarks and the NAS Jax Honor Support Team paraded the colors. As Navy Band Southeast played the national anthem, the group of service members proudly saluted the flag. Friel then introduced NAS Jax Command Chaplain Cmdr. Gerald Felder who gave a riveting invocation and NAS Jax Commanding Officer Capt. Jack Scorby Jr., who delivered the keynote speech. "To the service members who will be naturalized today and to your families, let me offer my sincerest and heartfelt congratulations. For some of you taking the oath of citizenship today, I know that the journey has been long and difficult,

and I applaud your tenacity in the fulfillment of your dream," said Scorby. "The strength of our nation continues to grow because our soon to be newest citizens, who by their service and by their oath have chosen to become citizens of the United States of America." "There is no better way to recognize the sacrifices that these men and women in uniform make day in and day out, than to grant them the right to call themselves Americans. This group of 34 will join over 37,250 Soldiers, Sailors, Airmen and Marines who, since Sept. 11th have taken the oath of citizenship, knowing that our country is at war. Many of them have gone on to risk their lives to defend this great nation of ours and fight for our freedoms,

and 111 have paid the ultimate sacrifice and have been awarded citizenship posthumously," he continued. "Once the ceremony is over and you go about your daily routines, remember that you are now an American citizen and a member of the U.S. Armed Forces. Your work is incredibly important, for it goes to the very foundation of our nation. We began as a nation of immigrants and our immigrants have evolved to make us the greatest nation on Earth," Scorby added. "I invite you to become active participants in the next chapter of our nation's history. And, just like the immigrants before you, show courage and exercise sound leadership. Help America write a new chapter illuminated by hope, community service

and above all, a chapter free of terror." Next at the podium was Supervisory Immigration Services Officer Katherine Baranowski who offered the presentation of motion to naturalize new citizens. The service members were asked to stand and raise their right hands as Susalla gave them the oath of allegiance and proclaimed them "American citizens." "This is really an exciting day. By becoming an American citizen it will open up more opportunities for me and help me move up in my naval career. I am so very happy to be here today," said SH3(AW) Victor Nicaragua, who was formerly attached to recently disestablished VS-32, which is and is currently awaiting new orders.

"This is truly one of the most important days of my life. I've waited a long time for this day to come. Luckily, the process of becoming a citizen when you are in the Navy is pretty quick and everything is free." "The Immigration Department and the Navy made the process very easy for me. My command was great because they gave me the time off that I needed for my appointments and to study and take the test," added PR3 Alejandro Bernal of Fleet Readiness Center Southeast, who is from Colombia, Central America. For more information on becoming a U.S. citizen, contact your command representative or the Navy Legal Service Office at 542-2565.

## Milestones

*From FRCSE Mayport*  
 FRCSE Detachment Mayport, FL; honored Chief Aviation Electronics Technician (AW/SW) Keith A. Carrico for 24 years of faithful naval service during a retirement ceremony at the Ocean Breeze Conference Center on NS Mayport on Dec. 5. Carrico has served as Quality Support Division Leading Chief Petty Officer and Avionics Division Leading Chief Petty Officer for FRCSE. Carrico completed recruit training at Recruit Training Center, San Diego, California in March 1985, and reported to Millington, Tennessee for

extensive avionics training. After completion of training he reported March 1986 to the "Shamrocks" of VS-41, located in NAS North Island, California for Radar FRAMP school. After completing FRAMP, he reported to his first fleet command at the "Scouts" of VS-24. There, he was sent to AIMD Cecil Field for support of their aircraft radar until the SEAOPDET concept was implemented in September 1987. In January 1990, Carrico reported to Aircraft OPDET at Naval Station Rota, Spain. In March 1993, it was time to go back to sea. Carrico reported to

NAS Cecil Field SEAOPDET to serve again as a S-3B radar technician. He deployed aboard USS America (CV-66) in 1993 for the last work ups and cruise. Interested to go back to Rota, Carrico transferred to VQ-2 in March 1997. In March 2000, he moved across the hangar to AIMD Sigonella Detachment

Rota. He immediately became the Avionics Division LPO. In June 2003, it was time to come back stateside. Carrico chose orders to USS Harry S. Truman (CVN-75). His final tour was at Fleet Readiness Center Southeast detachment Mayport from October 2006 to January 2009.

While there, he served as the Avionics leading Chief. His logistics skill ensured the CASS offload for the SH-60B avionics systems for legacy benches such as TMV, HTS, and RADCOM. He also acquired an additional CASS bench ensuring an increase in repair capabilities for W/C 640. His final personal

project was to spearhead the space renovation of the building main passageway increasing the morale of the command. He plans to reside in Jacksonville with his family. FRCSE Detachment Mayport, FL extends Fair Winds and Following Seas to ATC (AW/SW) Keith A. Carrico.



-Photo courtesy of FRCSE  
 Chief Aviation Electronics Technician (AW/SW) Keith A. Carrico being presented with the Navy Commendation Medal and Fleet Reserve certificate for 24 years of outstanding service by Cmdr. Graham Guiler.



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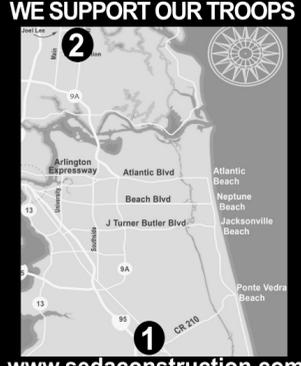
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# USS Robert G. Bradley Visits Sierra Leone

**By Ensign Rajiv Seth**  
*USS Robert G. Bradley PAO*  
 USS Robert G. Bradley (FFG 49) made a two-day Theater Security Cooperation port visit to Sierra Leone beginning on Dec. 17.

The commanding officer, Cmdr. Clint Carroll, visited with several of the Sierra Leonean military officials and American embassy personnel upon arrival.

Additionally, ten members of the Republic of Sierra Leone Armed Forces (RSLAF) Maritime Wing embarked the ship for two days and received familiarization in damage

control, engine maintenance, and Visit, Board, Search, and Seizure (VBSS) from the Sailors of the USS Robert G. Bradley (FFG 49).

Chief Damage Controlman (SW/AW) Stephen Henrick conducted basic firefighting and damage control familiarization for the Sierra Leonean riders. Topics included hose handling, fire fighting tactics, procedures, pipe patching, plugging, and shoring. A pipe patch mock up was set up and the Sierra Leoneans were shown how to apply soft patches to pipes.

"Mending pipes and seal-

ing leaks was very beneficial to my men. This will help us in the future. I really appreciate the familiarization we received on damage control," said Sub-Lieutenant Adonis Koroma of the RSLAF Maritime Wing.

The riders were provided demonstrations on VBSS techniques. The RSLAF Maritime Wing Sailors were already proficient on boarding topics. This allowed the crew to discuss more advanced levels of training that included weapons handling, tactical team movements, space clearing, and search techniques.

Robert G. Bradley's VBSS

team demonstrated how to properly board compliant and non-compliant vessels. A combined exercise will be held tomorrow with an RSLAF Maritime Wing vessel where the crew can properly simulate all the facets of an actual boarding.

"The demonstrations on how the US Navy conducts these procedures is very exciting and interesting. Our morale is high after receiving knowledge and demonstrations from the U.S. Navy. We are very grateful for this opportunity," said Seaman Ahmed Kumara.

An awards ceremony was held on the flight deck and the

Sierra Leonean Sailors were each presented an "honorary crewmember" certificate and photo of the ship along with a USS Robert G. Bradley (FFG 49) ball cap by the commanding officer, Cmdr. Clint Carroll.

Afterwards, a "steel beach picnic" was held to further camaraderie. Hot dogs, hamburgers, salads, and condiments decorated tables set up on the flight deck. The Sierra Leonean riders received a chance to socialize with the crew and learn how life is like in each other's Navy.

"They came eager and ready to experience how we oper-

ate. It was an enjoyable experience for all involved," said Electronics Technician 2<sup>nd</sup> Class Robert Tiner.

The discussions between the American and RSLAF Sailors provided many unique opportunities that will be remembered by all.

"It was professionally and personally rewarding to work with the RSLAF Maritime Wing. It is very clear we have common interest in ensuring safety and security in the maritime domain," said Carroll.



Photo by CTT2 Michael Edwards  
 Fire Controlman 2<sup>nd</sup> Class Christopher Hann teaches Leading-Seaman Umaru Kamara proper perimeter security techniques on Dec. 18.



-Photo by ENC (SW/AW) Manuel V. Esteban  
 Chief Damage Controlman Stephen Henrick teaches the RSLAF riders proper methods of patching pipes.



-Photo by ENC (SW/AW) Manuel V. Esteban  
 USS Robert G. Bradley Commanding Officer, Cmdr. Clint Carroll presents the RSLAF riders certificates and ship photos.



-Photo by ENC (SW/AW) Manuel V. Esteban  
 Members of USS Robert G. Bradley VBSS team pose with the RSLAF riders on Dec 18.

## It Pays To Survey



-Photo by MC1 Holly Boynton  
 Rear Adm. Joseph D. Kernan, NAVSO and 4<sup>th</sup> Fleet Commander draws a name from CEL survey participants with Balfour Beatty Communities Community Manager John Armstrong for the winner of a month of free rent. The CEL survey is an annual resident satisfaction survey.

## 'Scout'ing The Area



-Photo by MC1 Holly Boynton  
 The guided-missile frigate USS McInerney (FFG 8) embarks an MQ-8B Fire Scout unmanned air vehicle. This is the first time a Fire Scout has deployed with the U.S. Navy ship. Fire Scout will assist McInerney during its next counter illicit trafficking deployment to Latin America.

# NAVSO Hosts Synchronization Conference With SOUTHCOM Component Commanders

By MC1 (SW)  
Holly Boynton

U.S. Naval Forces Southern Command Public Affairs

U.S. Naval Forces Southern Command (NAVSO) hosted U.S. Southern Command (SOUTHCOM) component commanders Dec. 17 for the SOUTHCOM Component Commanders Synchronization and Coordination Conference.

Component Commanders, who are in charge of their respective service's forces throughout SOUTHCOM's area of focus, met with NAVSO Commander Rear Adm. Joseph D. Kernan to discuss future joint military engagements in Latin America.

"This synchronization conference was a great forum where we, as SOUTHCOM component commanders and representatives, could sit down face-to-face and discuss ways to synchronize our efforts in our area of focus," said Kernan. "Whether engaged in humanitarian and civic assistance, disaster response, partnering military-to-military operations or counter illicit trafficking, we are all part of SOUTHCOM's Partnership for the Americas and this meeting was an opportunity to talk about ways to better support this overarching mission in more efficient and effective ways."

Kernan welcomed the conference attendees to his headquarters and pro-



-Photo by MC1 Holly Boynton

Rear Adm. Joseph D. Kernan, Commander, U.S. Naval Forces Southern Command and U.S. Fourth Fleet, greets an attendee at the U.S. Southern Command (SOUTHCOM) Component Commander Synchronization and Coordination Conference. Kernan hosted the conference at his headquarters to discuss and plan proposed joint military events and exercises in Latin America with his fellow component commanders.

vided a tour and insight into NAVSO and U.S. Fourth Fleet's capabilities to representatives from Marine Forces South, U.S. Army South, 12<sup>th</sup> Air Force, Special Operations Command South, Coast Guard District 7, Joint Interagency Task Force-South, and SOUTHCOM.

SOUTHCOM's mission is to conduct joint military operations, promote theater security cooperation, and provide humanitarian aid and disaster relief throughout Latin America.

As the Naval Component Command of U.S. Southern Command, NAVSO's mission, in addition to humanitarian and disaster relief, is to direct U.S. Naval Forces operating in the Caribbean, Central and South American regions and interact with partner nation navies within the maritime environment, countering illicit trafficking, building cooperative maritime domain awareness, and conducting a variety of other Theater Security Cooperation operations. These efforts are enabled by recurring military-to-military interaction and bilateral and multinational training.

Fourth Fleet is the numbered fleet assigned to NAVSO, exercising operational control of assigned forces.



-Photo courtesy of HSL-42

Crewmembers of HSL-42 Detachment Two stand in front of an SH-60B Seahawk helicopter. The detachment is currently deployed with USS Nitze and the USS Theodore Roosevelt Carrier Strike Group.

## HSL-42 Jive Turkeys Deploy

By Lt. Brad Davenport and  
Lt. Matt Bayer

HSL-42 Detachment Two

After two weeks at Autec, two and a half months at sea, and eight months of planning and preparation, the Jive Turkeys of HSL-42 Detachment Two are now underway and fighting the good fight.

The first two months of deployment have flown by quickly. Already used to the rigorous underway schedule from workups, the detachment members quickly fell back into the groove of life at sea. Unlike the workup periods, however, the long deployment has taken the Jive Turkeys half way around the world via several new and interesting ports of call.

To this point, the Jive Turkeys have visited Spain, Italy, Greece and Cyprus. Of the four ports,

Detachment Two was able to spend some quality time in both Italy and Cyprus. Both being new ports for most of the detachment, a lot of time was spent getting out seeing the sights.

In Italy, most of the detachment was able to visit the ruins at either Pompeii or Herculaneum, two cities that were devastated more than a thousand years ago when Mount Vesuvius erupted.

Some even had the opportunity to climb to the top of this now quiet volcano and take in a view of the city and the bay. Others made the trip to Rome and visited the Coliseum and Vatican City. In Cyprus, many went to visit the ancient castles which spot the island, or spent the afternoons at the beach swimming and snorkel-

ing. Each port has offered a different flavor of world culture to be experienced.

With the beautiful scenery and rich history of places of like Italy now in the past, the Jive Turkeys have transitioned back to work mode. Now in the Arabian Gulf, the detachment is focusing its energy on important missions in support of Operations Enduring Freedom and Iraqi Freedom.

One of these missions includes providing support for Approach and Assist Visits with USS Nitze (DDG 94). These visits are important as they aid in creating a stabilizing presence in the region.

Additionally, this allows coalition forces to develop a rapport with local mariners who provide information regarding smuggling and other illicit

activities in the area. The Jive Turkeys also had the opportunity to provide training to fellow aviators from the United Arab Emirates.

This was an excellent opportunity for the detachment and the ship as a whole to train with and operate with foreign allies. These and many other missions will keep the Jive Turkeys busy during the next five months.

After an exciting start to the deployment, the detachment is looking forward to further operations in the Gulf. Even though they are missing family, friends and football at home, they are dedicated to accomplishing the mission everyone trained so hard for during workups.

## Old Ironside Comes To Jacksonville

From MOSH

The Museum of Science & History, in collaboration with the USS Constitution Museum and the USS Constitution, will bring the "Old Ironside Across the Nation" community outreach program to Jacksonville Jan. 29-Feb. 1, 2009.

The USS Constitution Museum in Boston, Mass. sits only yards away from the USS Constitution, the oldest commissioned warship in the world. This three-masted, wood-hulled ship was commissioned in 1797, and was nicknamed "Old Ironsides" because of its wooden hull and undefeated status.

The "Old Ironsides Across the Nation" outreach will bring members of USS Constitution's active-duty Navy crew and a full-scale, working replica of the ship's gun deck to the Museum during family-friendly activities and demonstrations the weekend of Jan. 31-Feb. 1. The sailors will demonstrate firing the 1812 era, 5,600-lb. cast iron long gun with simulated gunpowder blasts.

Other activities the sailors will demonstrate include communicating with signal flags, knot-tying and handling replica artifacts. Also, visitors will be able to engrave their names on copper sheets that will be installed on the ship's hull during its next dry dock period. The goals of these activities are to increase local visitors awareness with knowledge of US Naval history, a sailor's life at sea, and the USS Constitution.

The USS Constitution's goals for this outreach are not only to educate and entertain, but to promote renewed national support and increase community awareness of the Navy's impact on history.

Jacksonville has always been strongly identified as naval community, which includes large naval presence at Mayport, NAS Jax, and Camp Blanding in Jacksonville, as well as in Kings Bay, GA.

In an effort to connect with the community, MOSH featured two exhibits in past year representing naval history. The first, Veteran's Remember the War, focused on local Veterans experiences during WWII. The other, Sunken Treasure of the Maple Leaf, displayed artifacts recovered from the Civil War-era Union transport ship excavated from the St. Johns River.

Activities for "Old Ironsides Across the Nation" will be included with Museum admission. Museum hours are 10 a.m. to 5 p.m. Monday-Friday; 10 a.m. to 6 p.m. Saturday; and 1 to 6 p.m. Sunday. Museum admission is \$9 for adults, \$7.50 for military and senior citizens, \$7 for children 3-12, and free for children 2 and under and members. Extreme Science and Planetarium shows are an additional \$1 per person, per show.

## USS Underwood Visits Panamanian Orphanage

From USS Underwood Public Affairs

USS Underwood (FFG 36) arrived in Vasquez Nuñez de Balboa (VNB), Panama Dec. 2 while underway on a counter-illicit trafficking deployment.

While in port, Underwood sailors donated their time and services to the community of Panama, this time focusing on the Hogar Divino Niño Orphanage. Located in Los Rios, the northern area of VNB, the facility is home to children between the ages of one month to 10 years old.

For Electronics Technician 2<sup>nd</sup> Class (Surface Warfare) Thomas Little, the visit to the orphanage hit very close to home.

"I enjoyed the opportunity to see the children," he said. "My wife and I were just talking about adoption so it really was a blessing to see the possible

impact we could have on those in need."

While many of the sailors took the children to play in a nearby park, the house received a deep cleaning from the remaining crew which included window washing and hanging of curtains, ceiling fan maintenance, and top to bottom scrubbing of the tile floors, walls, and children's toys.

In addition to the work at the orphanage, Underwood once again donated vital medical and hygiene supplies to Patronato de Nutricion.

Working in conjunction with the Red Cross, Patronato de Nutricion brings aid to struggling areas throughout Panama. Lately, they have been focusing on victims from a recent flooding in the area.

With the help of Project

Handclasp, a humanitarian program of collected donated items the U. S. military delivers to countries throughout the world, Underwood's crew was able to provide essential provisions to a community in need.

Underwood, homeported in Mayport, Fla., is in Latin America conducting counter-illicit trafficking operations under the operational control of U.S. Naval Forces Southern Command (NAVSO) and U.S. 4th Fleet.

NAVSO, the Navy component command of U.S. Southern Command (SOUTHCOM), oversees maritime operations throughout Latin America, including exercises and deployments, counter illicit trafficking support, and Theater Security Cooperation events.



-Photo courtesy of USS Underwood

Boatswain's Mate Seaman Juan Cano pushes two children from the Hogar Divino Niño Orphanage on the swings during Underwood's community relations project in Panama.

# FFSC Workshops, Classes Available In 2009

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 110. FFSC is located in Building One on Massey Avenue.

Jan. 6, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Jan. 6, noon-4 p.m., Leadership Life Skills for E4 & Below, ATG

Jan. 6, 9-11 a.m., Parenting Class, FFSC

The program is based on Dinkmeyer & McKay's Systematic Training for Effective Parenting (8 STEPS). The program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills are discussed as well as the challenges that are faced by all families. Each week a different topic is thoroughly covered via discussion, video vignettes, and handbook information. Participation in all 8 sessions is required.

Jan. 7, 9 a.m.-noon, Tottletyme Playgroup, USO

Jan. 8, 9 a.m.-noon, New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. Tottle Tyme Children's Playgroup meets every Wednesday. New Parent Support Children's Playgroup meets every Thursday. Both Playgroups meet from 9:00am to 12:00pm at the USO. All children age four and below are invited to attend.

Jan. 8, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Jan. 9, 9-11 a.m., Car Buying Tips, FFSC

Jan. 12, 8:30 a.m.-2:30 p.m.,

Military Spouse 101, FFSC

The Fleet and Family Support Center offers this class to military spouses new to the area, and those new to the military way of life. Guest speakers from the military and civilian communities will present useful information to help you have a pleasant tour here at Naval Station Mayport.

Jan. 12-15, 8 a.m.-4 p.m., TAP Retiree Workshop, Building 1 Room 104

Designed for Military personnel within 180 -90 days of leaving the military. The seminar focuses on benefits for service members and their family members. Participants receive help in translating their military acquired skills into civilian language and are exposed to the civilian job market and how to successfully compete in the civilian employment arena; learning about resumes, employment interviews and marketing themselves. If you are within a minimum of 180 days of leaving the military see your career counselor for a quota for this highly successful program.

Jan. 13, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Jan. 13, 9-11 a.m., Parenting Class, FFSC

The program is based on Dinkmeyer & McKay's Systematic Training for Effective Parenting (8 STEPS). The program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills are discussed as well as the challenges that are faced by all families. Each week a different topic is thoroughly covered via discussion, video vignettes, and handbook information. Participation in all 8 sessions is required.

Jan. 14, 9 a.m.-noon, Tottletyme Playgroup, USO

Jan. 15, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Jan. 15, 9 a.m.-noon, New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field

trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. Tottle Tyme Children's Playgroup meets every Wednesday. New Parent Support Children's Playgroup meets every Thursday. Both Playgroups meet from 9:00am to 12:00pm at the USO. All children age four and below are invited to attend.

Jan. 15, 8-11 a.m., Anger Management, FFSC

What does anger do for you? Communicate for you? Keep people at a safe distance from you? Keep you in charge? For many people, anger serves them many uses, but all too often, it is at a high cost...usually of relationships, unhappiness in the workplace, and a general feeling of disdain. If you want to be able to break out of the "get angry/get even" syndrome, come to this class. Participants learn how anger and judgment are related, about irrational beliefs and faulty self-talk, what "E + R = O" means, and the roles of stress and forgiveness in anger.

Jan. 16, 9-11 a.m., Establishing A Sound Family Budget, FFSC

Jan. 20, 1-4 p.m., Leadership Life Skills for E7 & Above, Bldg. 1 Room 104

Jan. 20, 9-11 a.m., Parenting Class, FFSC

The program is based on Dinkmeyer & McKay's Systematic Training for Effective Parenting (8 STEPS). The program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills are discussed as well as the challenges that are faced by all families. Each week a different topic is thoroughly covered via discussion, video vignettes, and handbook information. Participation in all 8 sessions is required.

Jan. 20, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Jan. 21, 9 a.m.-noon, Tottletyme Playgroup, USO

Jan. 21, 8:30 a.m.-4 p.m., Leadership Life Skills for E5 & E6, Base Chapel

Jan. 21, 8-11:30 a.m., Stress Management, Wellness Center

Stress is a normal part of everyone's life. It can be energizing and a factor in motivating us. But too much stress, without relief, can have debilitating effects. This program is designed to provide participants with an understanding of what stress is and how it affects them. It will also help participants begin to look at their own lives and ways they currently cope with stress. Participants will be challenged to develop behavior and lifestyle changes that will improve their ability to cope with stress.

Jan. 22, 9-11 a.m., Sponsor Training, FFSC

Sponsors play a critical role in retaining newcomers and increasing overall productivity and morale by making a newcomer's arrival at the command easier. The Sponsor Program is designed to help facilitate the relocation of Navy service members and their families creating a link between the service member and their new command. The primary goal is to ease difficulty and reduce the apprehensions normally associated with a Permanent Change of Station (PCS) move.

Jan. 22, 9 a.m.-noon, New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. Tottle Tyme Children's Playgroup meets every Wednesday. New Parent Support Children's Playgroup meets every Thursday. Both Playgroups meet from 9:00am to 12:00pm at the USO. All children age four and below are invited to attend.

Jan. 22, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Jan. 23, 9-11 a.m., Credit Report, FFSC

Jan. 26, 6-7 p.m., Ombudsman Assembly, USO

Jan. 26, 8 a.m.-noon, FERPCareer & Job Readiness Class, FFSC

Learn how to do an effective job search to find the "perfect job!" Topics presented are: Career Exploration, Job Search Strategies, Resume Writing, Interviewing Skills, Self-Employment and the Federal Employment System.

Jan. 26, 1-2:30 p.m., FERP - Ten Steps to a Federal Job, FFSC

Jan. 26-29, 8 a.m.-4 p.m., TAP Separatee Workshop, Building 1 Room 104

Designed for Military personnel within 180 -90 days of leaving the military. The seminar focuses on benefits for service members and their family members. Participants receive help in translating their military acquired skills into civilian language and are exposed to the civilian job market and how to successfully compete in the civilian employment arena; learning about resumes, employment interviews and marketing themselves. If you are within a minimum of 180 days of leaving the military see your career counselor for a quota for this highly successful program.

Jan. 27, 9-11 a.m., Parenting Class, FFSC

The program is based on Dinkmeyer & McKay's Systematic Training for Effective Parenting (8 STEPS). The program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills are discussed as well as the challenges that are faced by all families. Each week a different topic is thoroughly covered via discussion, video vignettes, and handbook information. Participation in all 8 sessions is required.

Jan. 27, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Jan. 28, 9 a.m.-noon, Tottletyme Playgroup, USO

Jan. 28, 6-8 p.m., IA Family Discussion Group, USO

Jan. 29, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Jan. 29, 9 a.m.-noon, New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. Tottle Tyme Children's Playgroup meets every Wednesday. New Parent Support Children's Playgroup meets every Thursday. Both Playgroups meet from 9:00am to 12:00pm at the USO. All children age four and below are invited to attend.

Jan. 30, 9-11 a.m., Considerations for Home Buying, FFSC

Jan. 30, 9 a.m.-noon, What About the Kids?, FFSC

Children who witness family violence are often forgotten as the unintended victims. A wide range of child adjustment problems has been found to be associated with exposure to domestic violence. Parent's need to see and understand the effects of domestic violence on children as encompassing behavior, emotion, development and socialization. Parents need to understand that there is an intergenerational cycle of violence and they may be creating a legacy for their child of learned violent behavior. The purpose of this program is not to shame parents for events that have already happen, but to instill hope that things can change. The knowledge that the violence, which many parents incorrectly believe is unseen by their children, is negatively impacting their children's growth and development and may provide an additional motivator for ending the violence and seeking intervention.

Feb. 3, 9-11 a.m., Parenting Class, FFSC

Feb. 10, 9-11 a.m., Parenting Class, FFSC

Feb. 17, 9-11 a.m., Parenting Class, FFSC

Feb. 24, 9-11 a.m., Parenting Class, FFSC

## Calendar

### On Base

**Sunday, Jan. 11**

Capt. Aaron Bowman, commanding officer of NS Mayport, will speak at the Mayport Chapter, MOAA brunch. The event will be held at the Ocean Breeze Conference Center with a social hour beginning at 12:30 p.m. Bowman will brief members, and guests, on the present and future plans for the Mayport Naval Station. All Officers, and former Officers, and their wives, are invited to attend, and learn about this important part of our military community, by going on line, to [www.mpmoaa.org](http://www.mpmoaa.org), or, by calling Ann Froehlich at 946-0944 for their reservations.

**Friday, Jan. 16**

USS De Wert family readiness group will hold its monthly meeting at the USO on Mayport Road from 6-7:30 p.m. Childcare will be provided.

### Out in Town

**Thursday, Jan. 8**

The Fleet Reserve Association Branch 290 will hold their monthly General Assembly meeting at 8 p.m. at the Branch Home, 360 Mayport Rd. All members and prospective members are invited to attend. The Fleet Reserve Association is a world wide veteran's organization that represents nearly 165,000 active duty and retired Navy, Marine Corps and Coast Guard members. If you have served in any of the maritime services - Navy, Marine Corps or Coast Guard - no matter how long, stop by the Branch Home, 390 Mayport Road, Atlantic Beach, FL or call 246-6855. New members are always welcome.

**Friday, Jan. 9**

The Fleet Reserve Association Branch 290 is hosting a "Fish Fry" from 5-8 p.m., at the Branch Home at 390 Mayport Road, Atlantic Beach, FL. A donation of \$10 is requested for each dinner. Carry out orders are accepted. The public is always invited to dinner. Happy

hour precedes the dinner from 4-6 p.m., all drinks are 50¢ off. Starting at 9 p.m., the music of DOUG BRACEY will entertain until 1 a.m.

The Jacksonville Symphony Orchestra Discovery Concert salutes our military with a Military Appreciation Night, presented by the Navy Leagues of Mayport, Jacksonville and St. Augustine. Navy Band Southeast will play from 7:00 to 7:30 p.m. in the riverfront lobby prior to the concert. Tickets for Navy League members are at the reduced price of \$20. Tickets for Active Duty military and their family are free. Those on Active Duty are asked to wear uniform to this special event. Call Bill Cosnotti at (904) 356-0426 for Military Appreciation tickets.

**Sunday, Jan. 11**

Fleet Reserve Association Branch 290 hosts Breakfast from 8-11 a.m. at the Branch Home, 390 Mayport Road, Atlantic Beach, Fla. Menu includes eggs, bacon or sausage, grits or hash-browns, biscuits & gravy, pancakes or toast. Omelets are also available. Coffee is included with all meals. A donation of \$5 for a full breakfast, or \$3 for a breakfast sandwich, is requested. As always, the public is invited.

Join a park ranger at 1 p.m. and discover the importance of estuarine systems that surround the inshore sides of barrier islands like those of the Talbot Islands State Parks complex. This ranger-guided hike along the salt marsh will help point out why these areas are one of the most productive ecosystems on Earth, the many roles the salt marsh plays, the plant and animal life found in this natural community, and the impacts humans have on this system. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

**Wednesday, Jan. 14**

The Fleet Reserve Association, Branch 290, invites you to participate in its "Wings-

N-Things" at 5-8 p.m., at the Branch Home, 390 Mayport Road, Atlantic Beach. Snacks will be available for a donation of \$1.50 to \$5. Then stay and enjoy the music of Doug Bracey from 9 p.m. to 1 a.m.

**Saturday, Jan. 17**

Join a park ranger at 11 a.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. The program will take place at pavilion one on Little Talbot Island. No reservations are necessary and the program is free with regular park admission.

The 20th Annual Florida Shrine Bowl Football Game will be held at 2 p.m. at Mandarin High School, Jacksonville, Florida. Players in the all-star Shrine Bowl are donating their time and talents to play in their final High School football game while the many college scouts stand ready to propose football scholarships. Last year, 16 players were nominated for scholarships. For information about the Shrine Bowl, Shriners Hospitals, or to have a Shriner come to your Club or Organization to speak, call 904-642-5200.

**Sunday, Jan. 25**

Join a park ranger at 1 p.m. for a walk on the beach as they explain the importance of undeveloped beach habitat, including

many interesting facts about sea creatures and common shells found in the area. The program will take place at the Bluffs pavilion on Big Talbot Island. No reservations are necessary and the program is free with \$2 vehicle entrance fee.

**Thursday, Jan. 29**

The 6th Annual Taste of Chocolate Challenge event is underway to fund programs at The Family Nurturing Center of North Florida that help keep children and families safe during times of crisis. The event will be held at 6 p.m. at the Haskell Building. The Chocolate Challenge is a critical event to The Family Nurturing Center of Florida's ability to continue to provide protection, support and guidance in North Florida for many families who have been separated. This year's Chocolate Challenge is selling sponsorships and individual tickets to the event, which will include a live and silent auction, a diamond giveaway from Miriam's Jewelers, and a raffle drawing for a Carnival Cruise. The event's theme challenges local celebrity chefs to create wonderful chocolate treats for guests to taste and vote for their favorite. For sponsorships, tickets or more information about how you can support Family Nurturing Center of Florida's 6th Annual Taste of Chocolate Challenge, please call Stella Johnson at 904.389.4244 ext.

204 or visit [www.fncflorida.org](http://www.fncflorida.org).

**Sunday, Feb. 1**

Join a Park Ranger at 1 p.m. for a presentation and leisurely guided hike through different Florida ecosystems on a quest to characterize tracks left by an assortment of critters. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

**Saturday, Feb. 7**

Join a Park Ranger at 1 p.m. for a leisurely paced hike to discover the island's natural communities. Participants are encouraged to bring bug spray and bottled water. The program will take place at pavilion one on Little Talbot Island. No reservations are necessary and the

program is free with regular park admission.

**Sunday, Feb. 15**

Join a park ranger at 1 p.m. for an introduction to the basics of hiking. Weather, wildlife tracking, trail safety, and proper gear will all be discussed. The program will take place at the Bluffs pavilion on Big Talbot Island. No reservations are necessary and the program is free with \$2 vehicle entrance fee.

**Saturday, Feb. 21**

Join a park ranger at 1 p.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. The program will take place at pavilion one on Little Talbot Island.



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# USS Vella Gulf, HSL-42 Det. 1 Go Overboard

By MC2 Jason R. Zalasky  
Iwo Jima Expeditionary Strike Group  
Public Affairs

Sailors aboard the guided-missile cruiser USS Vella Gulf (CG 72) enjoyed an equator swim call and steel beach picnic Dec. 16 to commemorate the halfway point of the ship's current deployment.

The celebration followed a port call in Seychelles, where Vella Gulf Sailors enjoyed five days of liberty after nearly 80 continuous days at sea conducting Maritime Security Operations in the U.S. 5th Fleet area of responsibility.

"It was a long underway," said Command Master Chief Susan A. Whitman, of Piety Hill, Ill. "It was 78 days underway before we hit Seychelles, so the port visit, and then Halfway Day celebration, were a win-win situation. The crew needed the rest, and deserved the rest. Now we are back doing what we need to do for the mission."

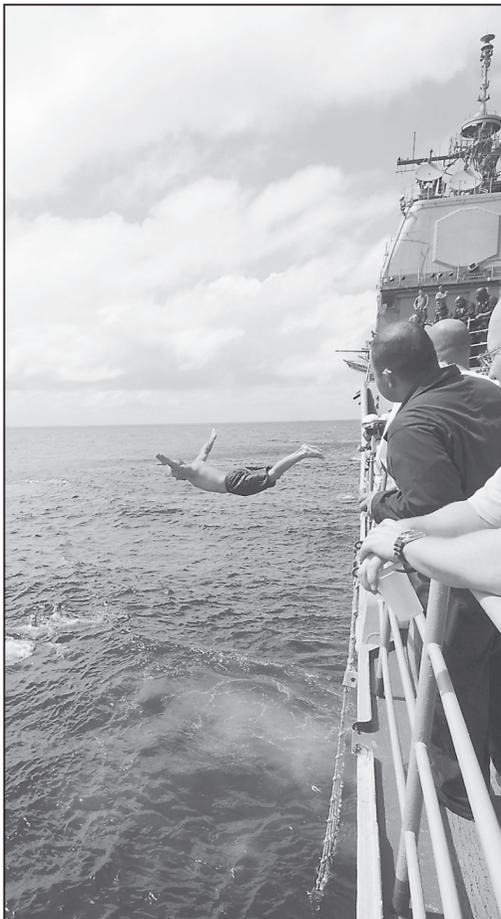
While in Seychelles, Vella Gulf Sailors enjoyed the beaches, food and the culture of the beautiful island country, as well as participated in activities such as, snorkeling, scuba diving and fishing. There were also a variety of inexpensive island tours offered by the ship's Morale, Welfare and Recreation.

After the port visit, the Halfway Day celebration started with a steel beach picnic on the ships' forecandle, then moved on to the swim call portion, where Vella Gulf Sailors dove into the Indian Ocean right at the equator.

"A swim call on the equator is pretty novel," said Lt. j.g. Michael Gieseking, Vella Gulf's navigation officer, from Orlando, Fla. "They are so rare to begin with, and to do one on the equator is something really different. The Command Master Chief was the one that really pushed for it. We had the



Above, An SH-60B from Helicopter Anti-Submarine Squadron Light (HSL) 42 Detachment 1, embarked aboard the guided-missile cruiser USS Vella Gulf (CG 72), conducts a vertical replenishment with Military Sealift Command fleet replenishment oiler USNS Tippecanoe (T-AO 199). Vella Gulf is deployed as part of the Iwo Jima Expeditionary Strike Group supporting maritime security operations in the U.S. 5th Fleet area of responsibility. Right, Cryptologic Technician (Technical) 2nd Class Jason Nicholas, from Gordo, Ala., jumps from the guided-missile cruiser USS Vella Gulf (CG 72) during a swim call.



'Crossing the Line' ceremony on the way down, and she wanted to do something special crossing the line on the way back."

Sailors who took part in the swim call said it was a unique opportunity that they will cherish.

"It was the opportunity of a lifetime," said Operations Specialist 2nd Class Kimberly Beck, of Ft. Lauderdale, Fla. "This was my third deployment and I've never had a swim call before. To have it on the equator makes it even better. I will

remember this forever." One of the first Sailors to jump into the water was the Whitman.

"It was mostly everyone's first chance at a swim call," said Whitman. "We decided to do it just as we crossed the line for the second time on the way back from our Seychelles port visit. We figured if we have the opportunity, we will stop right on zero degrees and do it!"

Weather almost canceled the swim call.

"We almost called it off due to the weather," said Whitman.

"It was really looking bad in the morning. Then everything fit into place right as we did the steel beach picnic when the sun came out."

After the memorable and historical swim call, there was a 5K fun run for those who had the energy left after the swim call. The celebration concluded with a flight deck talent show.

"I liked the talent show a lot because it helped to break up the monotony that we can sometimes experience out to sea," said Beck. "It's great to be able to see the people we

work with everyday in a different light showcasing some of their talents."

The combination of the port call and halfway celebration made for a well-rested crew who were ready to get back to their mission and the rest of their deployment.

Vella Gulf is deployed to the U.S. 5th Fleet area of operations to conduct Maritime Security Operations (MSO). MSO helps

develop security in the maritime environment. From security arises stability that results in global economic prosperity. MSO complements the counterterrorism and security efforts of regional nations and seek to disrupt violent extremists' use of the maritime environment as a venue for attack or to transport personnel, weapons or other material.

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# MWR Happenings

**Jan. 8: BCS National Championship (Florida vs. Oklahoma).** Pre-game begins at 6 p.m. with kick-off at 8 p.m. at Beachside Community Center. Watch the game on the mega, 20 foot screen. Free food, while supplies last. 270-5228

**Jan. 9: Orlando Magic vs. Atlanta Hawks Trip.** Free transportation

and admission to Amway Arena in Orlando. Single Sailors sign up at Planet Mayport; all others (active duty and dependents) sign up at the USO on Mayport Road. Limit two tickets per person. If there is a high demand, a lottery drawing system will be used. For more information, call the USO at 246-3481.

**Jan. 10: Saturday Cinema - The Dark Knight (PG-13).** Free indoor movies on the MEGA 20-foot screen at Beachside Community Center (Main Hall) every Saturday starting at 7 p.m. Refreshments will be available for purchase. 270-7198

**Jan. 13: 5K Run/3K Walk/Stroller Strut.** 8 a.m. start in front of the Gym.

Free; pre-registration is not required. 270-5451

**Jan. 13: Intramural Volleyball Organizational Meeting.** 11 a.m. in the Gym lobby. Season begins Jan. 26. 270-5451

**Jan. 21: Intramural Bowling Begins.** Warm-ups start at 11:15 a.m. every Wednesday at Mayport Bowling

Center. Open to active duty only; teams of four. Captain's Cup event. 270-5377

**Jan. 23: Deadline for Dive Quest Trip (Jan. 31).** Tour and scuba dive the Living Seas at Epcot in Orlando for only \$150 (\$205 includes transportation, gear and park admission). Pre-registration is required. Sign up at Outdoor Adventures. 270-5541

## Liberty Call

The following activities target single or unaccompanied Sailors. For more information, call 270-7788/89 or stop by Planet Mayport Single Sailor Center and pick up the monthly activity calendar with a complete listing of all upcoming Liberty events.

**Jan. 8: BCS National Championship (Florida vs. Oklahoma).** Pre-game begins at 6 p.m. with kick-off at 8 p.m. at Beachside Community Center. Watch the game on the mega, 20 foot screen. Free food, while supplies last.

**Jan. 9: Orlando Magic vs. Atlanta Hawks Trip.** This FREE trip includes transportation in a 50-passenger bus,

admission and refreshments on the way to the arena. Trip leaves Planet Mayport at 2:30 p.m. Pre-registration required.

**Jan. 10: St. Augustine Trip.** This free trip (transportation only included) leaves Planet Mayport at 8 a.m. Pre-registration required.

**Jan. 13: Barracks Break-In.** Free movie night with free food at the barracks (every Tuesday in January) starting at 6 p.m.

**Jan. 15: Dinner and a Movie Trip.** Pizza served at Planet Mayport prior to leaving for Regal Cinemas. Cost is only \$2 for pizza, transportation and admission to a movie.

**Jan. 15: Deadline for Ski/Snowboard Trip to North**

**Carolina (Jan. 30-Feb. 1).** Cost is only \$110 for Single Sailors and includes transportation, lift tickets, lodging and equipment rental for the entire weekend. Cost for snowboarders is subject to change.

**Jan. 17: Savannah, Georgia Trip.** This free trip (transportation only included) leaves Planet Mayport at 7 a.m. Pre-registration required.

**Jan. 23: IMAX Theatre Trip.** Trip cost is \$8 and includes transportation and your choice of three movie selections. Pre-registration required. Trip leaves Planet Mayport at 11 a.m.

## Kid Zone

**Jan. 10: Teen Ice Skating Trip.** 7-11 p.m. for middle and high school ages. Cost is \$10 in advance or \$12 the day of (if space is still available). Bring extra money for food and drinks. 270-5680/5421

**Jan. 10: Saturday Cinema - The Dark Knight (PG-13).** Free indoor movies on the MEGA 20-foot screen at Beachside Community Center (Main Hall) every Saturday starting at 7 p.m. Refreshments will be available for purchase.

270-7198  
**Jan. 17: Elementary Lock-In.** 7 p.m. Saturday until 7 a.m. Sunday for elementary ages at the Youth Center. Cost is \$15 in advance or \$20 the day of (if space is still available). Sign up at the Youth Center. 270-5680/5421

**Jan. 17: Teen Lock-In.** 7 p.m. Saturday until 7 a.m. Sunday for middle and high school ages at Club Teen. Cost is \$12 in advance or \$15 the day of (if space is still available).

Sign up at the Youth Center. 270-5680/5421

**Jan. 23: Teen Winter Dance.** 7-10 p.m. at Club Teen for middle and high school ages. Cost is \$2 at the door.

**Jan. 30: Freedom Friday - Winter Dance.** 7-11 p.m. at the Youth Center for grades kindergarten through fifth. Cost is \$7 in advance or \$9 the day of (if space is still available). 270-5680/5421

## MWR Sports/Fitness

A new fitness schedule is now in effect.

The Surfside Fitness schedule is as follows:

**Monday**  
7 a.m., TRX with Ruthie and Emily  
9:30 a.m., Power Walking with Ruthie  
9:30 a.m., Broken Hearts with LaPlace  
1 p.m., Moms in Motion with Traci  
4:30 p.m., Zumba with Emily  
**Tuesday**  
6:30 a.m., Yoga with Mia  
9:30 a.m., LoImpact with Emily  
11:30 a.m., Advanced Mind Body with Mia, Ruthie and Emily  
1 p.m., Strength Solutions & Flexibility Fix-Ups with LaPlace  
**Wednesday**  
6:30 a.m., Functional Flexibility and Stress Management with Mia  
9:30 a.m., Intro to Mind Body with Mia  
Noon, Lunch Crunch with

LaPlace  
1 p.m., Moms in Motion with Traci  
3 p.m., TRX with Ruthie and Emily  
5:30 p.m., Kids Clinic with Ruthie  
5:30 p.m., Kickboxing with LaPlace  
**Thursday**  
9:30 a.m., Pump and Grind with Emily and Mia  
11:30 a.m., Zumba with Emily  
1 p.m., Strength Solutions & Flexibility Fix-Ups with LaPlace  
**Friday**  
7 a.m., Beach Bootcamp with LaPlace  
9:30 a.m., Broken Hearts with LaPlace  
9:30 a.m., Fitness Equipment Training with Ruthie  
The Gym schedule is as follows:

**Monday**  
6 a.m., Weight Training for Warfighters with Ruthie  
11:30 a.m., Circuit Senations with LaPlace

3 p.m., Command Row-bics with LaPlace  
**Tuesday**  
6 a.m., Command Cardio Pump with Traci  
11:30 a.m., Resistance with Traci  
3 p.m., Conditioning for Running with LaPlace  
4:30 p.m., Spinning  
5:45 p.m., Fitness Equipment Training with LaPlace  
**Wednesday**  
7 a.m., Cardio, Combat and CORE with Traci  
11:30 a.m., Spinning with Traci  
**Thursday**  
7 a.m., Command Jump and Jab with Ruthie  
11:30 a.m., Row-bics with Ruthie  
3 p.m., Victory PRT with Mia  
**Friday**  
6:30 a.m., Command Spinning with Ruthie  
9:30 a.m., Intro to Spinning with Mia  
11:30 a.m., Strength Training Basics for Women with Traci

## Youth Dance Classes

Register NOW at the Youth Activities Center, located in on-base housing.



Classes begin January 2009

**Instructors:**  
Polly Boeneke and Dayna Williams from Polly B Dance Academy

**Mondays:**

3:45-4:45 p.m. Ballet and Tap (Ages 5-7)  
4:45-5:45 p.m. Ballet and Tap (Ages 3-5)

**Wednesdays:**

9:30-10:30 a.m. Ballet and Tap (Ages 2 1/2-3)  
10:30-11:30 a.m. Ballet and Tap (Ages 4-5)  
3:45-4:45 p.m. Ballet and Tap (Ages 7+)  
5:00-5:45 p.m. Jazz and Hip Hop (Ages 7+)

**Class Fees: \$38 per month**

No discounts for holidays or missed classes. \$5 discount for additional child and/or class.

**Class Attire:** Black leotard, pink tights, pink ballet shoes and tan tap shoes. Items can be purchased from Instructor.

**Additional Details:** Minimum of 5 children per class to start; Maximum of 12 children per class. Class schedule is subject to change depending on enrollment and demand.

For more info, call the MWR Youth Activities Center at (904) 270-5680 or 5421.

Instructors can be reached via e-mail at [PBBB@aol.com](mailto:PBBB@aol.com).

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*Photo by Bill Austin*  
 Electronics Technician 3rd Class Jeffrey Porter (right) and Engineman 1st Class John Rainey from Naval Station Mayport lend a hand as science fair judges on Dec. 15. Also pictured is sixth grade student Mark Porter.

## Navy Volunteers Judge Young Scientists

By Bill Austin

NS Mayport PAO

Young "scientists" at Twin Lakes Academy Middle School stood by poster boards on Dec. 15, and patiently waited to share their experiments to judges who roamed the school's library with clipboards in hand.

"This was another great science fair for the students who really put a lot of time and effort into their projects," said Kelly Wirfel, who teaches science at the school.

Wirfel, a former Naval Officer and Naval Academy graduate, invited several Naval Station Mayport volunteers to serve as judges for the fair, and many arrived in uniform to lend a hand.

"It's hard to explain if you have never served in the military, but the camaraderie and connection you experience is life long," said Wirfel. "They didn't hesitate to come and help me out and I can't thank them

enough."

Twin Lakes maintains a military connection that starts with Principal Don Nelson, a retired Navy Lieutenant Commander who served at Naval Station Mayport.

The projects at the science fair offered a wide range of topics such as how various temperatures effect the chirping of crickets, to the process of photosynthesis.

"My project was fun for me because I like how science can surprise you sometimes," said Gabrielle Ducusia, who displayed how cellular light can effect the growth of mung beans.

"The best thing about getting the chance to judge some of these projects was the enthusiasm the kids had as they explained what they did and seeing first hand that they took great care in exploring science while having fun at the same time," said Petty Officer First

Class John Rainey of Naval Station Mayport.

Other volunteers included Sailors from the USS McInerney (FFG 8), DESRON 14, and Naval Station Jacksonville.

"Evaluating these projects wasn't exactly an easy task," said Lieutenant Ian Flint, a pilot based at NAS Jacksonville, and Naval Academy classmate of Miss Wirfel.

"Several of these projects were filled with very impressive detail and obvious hard work."

The winners of the science fair will go on to a district wide regional competition next February.

"The Navy volunteers were extemporary," said science teacher Nancy McWilliams. "They were willing to put in above and beyond their time and effort and were very professional to the children."

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# Navy Tests Waters On Home-Based Work

*From Navy Personnel Command Public Affairs*  
The Navy announced the Virtual Command Pilot Program, allowing a select group of officers to work from home, even if their new assignment would normally require a permanent change of station.

"This program will allow officers to fill career-enhancing billets without necessarily having to transfer to do so," said Capt. James Oakes, in the office of the chief of naval personnel (CNP) where the jobs will be located. "The pilot offers the opportunity to reduce permanent change-of-station costs for the Navy while providing stability for Navy families. It's a win, win."

The test program will initially be

open to eight officer billets. The officers selected for these billets should be self-starters, capable of working independently and maintaining open lines of communication with their supervisors via phone and e-mail. They must be able to travel periodically to their parent commands.

The parent command furnishes the Navy Marine Corps Intranet seat to include: laptop, docking station, monitor, keyboard and mouse and government cell phone for the officer's daily work. The command closest to where the officer is geographically assigned will assist with administrative requirements like fitness reports, physical readiness tests and physical health

assessments.

"My geographic command is Navy Recruiting District (NRD) Pittsburgh. That is what my BAH is based on, but my duty station is Washington D.C.-based. It saves the Navy a lot of money, and I'm not a geographic bachelor," said Oakes. "If you call my Washington D.C. office number, it rings on my government cell phone here in Pittsburgh."

In announcing the virtual command pilot, Vice Adm. Mark Ferguson, the chief of naval personnel, said the pilot will test whether physical assignment away from the parent command is feasible.

"It offers individuals the opportu-

nity to work in high-impact positions while maintaining geo-stability to support personal and family needs," said Ferguson.

The initial eight billets, all within OPNAV N1, are:

- \* Deputy, Manpower Requirement Branch
- \* Center for Career Development Assistant Liaison Officer
- \* Navy Personnel Command Planner/Strategic Roadmaps - Production Management Detachment
- \* N131 Head Professional Development
- \* Staff Ops and Plans
- \* IRR Force Management Head Planner

\* ADP Program/IT/Web Products Support  
\* Director AED/AMD Career Management

Only officers eligible for shore duty as part of their normal sea/shore rotation may apply. Interested officers must request a chain of command recommendation be sent to their detailers via an e-mail nomination by either their commanding officer or executive officer. The nominating e-mail should state that the officer is a volunteer and provide justification on why the officer is suitable for this pilot.

## Navy To Commission Carrier George H.W. Bush

*From the Department of Defense*

The Navy's newest nuclear-powered aircraft carrier George H.W. Bush will be commissioned Jan. 10, 2009, during a ceremony at Naval Station Norfolk, Va.

President George W. Bush will deliver the principal address. Dorothy "Doro" Bush Koch, daughter of the ship's namesake, is the ship's sponsor. In the time-honored Navy tradition, she will give the order to "man our ship and bring her to life!"

The last Nimitz-class aircraft carrier is named to honor World War II naval aviator and America's 41st president George H. W. Bush. Born on June 12, 1924, in Milton, Mass., Bush began a lifetime of service to America when he joined the Navy on his 18th birthday as a seaman. He became the youngest pilot in the Navy at the time, receiving his commission and naval aviator wings before his



*-Photo by MC3 Jeffrey M. Richardson*  
**Operations Specialist Seaman Apprentice Steven J. O'Conner stands lookout while the aircraft carrier George H.W. Bush (CVN 77) transits to Naval Station Norfolk in preparation for the ship's commissioning.**

19th birthday. Bush flew the Avenger torpedo bomber in combat from the carrier USS San Jacinto.

During an attack on enemy installations near Chichi Jima in September 1944, his plane was hit by enemy fire while mak-

ing a bombing run. Although the plane was on fire and heavily damaged, he completed a strafing run on the target before bailing out of the doomed aircraft. Bush parachuted into the sea and was later rescued by the Navy submarine USS Finback. He was later awarded the Distinguished Flying Cross and three Air Medals for his Navy service in the Pacific theater during World War II.

After his time in the Navy ended in September 1945, Bush held a number of public service roles that included two terms as a U.S. congressman from Texas, ambassador to the United Nations, chief of the U.S. Liaison Office to China and director of the Central Intelligence Agency. He then served two terms as vice president under the late President Ronald Reagan before being elected himself as president of the United States in 1988. As

commander-in-chief, Bush led the United States and a coalition of nearly 30 other nations during Operation Desert Storm, which ended Iraq's invasion of Kuwait and liberated the people of the Persian Gulf nation.

Capt. Kevin O'Flaherty, from Los Angeles, and a 1981 Naval Academy graduate, will become the ship's first commanding officer, leading a crew of more than 5,500 men and women, including embarked air wing personnel. George H. W. Bush will be initially homeported in Norfolk, Va., assigned to the U.S. Atlantic Fleet.

Construction of the tenth Nimitz-class ship took place at Northrop Grumman-Newport News, Va., starting with the ship's keel laying Sept. 6, 2003, and christening Oct. 7, 2006. George H. W. Bush towers 20 stories above the waterline, displaces approximately 95,000 tons of water, has a flight deck

width of 252 feet, and at 1,092 feet long, is nearly as long as the Empire State Building is tall. This floating airfield has a flight deck that covers 4.5 acres. Bush's two nuclear reactors are capable of more than 20 years of continuous service without refueling, providing virtually unlimited range and endurance, and a top speed in excess of 30 knots.

The ship will support a wide variety of aircraft, including the F/A-18C Hornet and F/A-18E/F Super Hornet strike fighters, the E-2C/D Hawkeye Airborne Early Warning aircraft, the C-2 Greyhound logistics aircraft, the EA-6B Prowler and the EA-18G Growler electronic warfare aircraft, multi-role SH-60 and MH-60 helicopters, and other future carrier-based aircraft.

## Official Responds To Congressional Findings On Military Linguistics

**By John J. Kruzel**

*American Forces Press Service*

A congressional assessment of how the Pentagon is implementing its language strategy reflects the Defense Department's progress and shortfalls, a Pentagon official said recently.

"I think the House Armed Services Committee report accurately reflects the progress that we've made," said Gail McGinn, deputy undersecretary of defense for plans. "It also talked about some of the things that we haven't quite accomplished yet, which we know."

The report, released last month, acknowledges that the department and the services are taking additional action to complement the 90-percent completed tasks it outlined in a language plan launched four years ago.

Known as the Defense Language Transformation Roadmap, the broad strategy aims to address national shortfalls in foreign language skills in the United States.

But one of the report's findings is that "inconsistencies" exist in the way the department and the services are approaching language transformation.

The report recommends that the department should clarify its policy characterizing foreign language, regional expertise, and cultural awareness as critical or core competencies essential to its missions as a way to establish greater consistency.

McGinn said the services' leaders understand the importance of foreign languages, but that the demands of language training - an Arabic course lasts 63 weeks, for example - places difficulty on a force with finite manning.

"When you talk about wanting to get more language capability in your officer corps, it's hard to conceive of that in an

officer's career," she said in an interview at the Pentagon.

To mitigate this, the department has begun focusing on pre-accession education, meaning academics undertaken before becoming a military servicemember, she said.

The idea is that troops would enter the force having completed previous language training.

As part of this transformation, all three service academies now feature more robust strategic language and cultural program offerings.

As a result, more cadets and midshipmen are studying languages of strategic importance. ROTC programs also reap the benefits, with students enjoying a wider array of destinations for study abroad.

Beyond pure language know-how, McGinn said, the military hopes to instill cultural and regional expertise in servicemembers, which often require less labor-intensive instruction and time than language training.

"There's an issue of striking the right balance: we need cultural understanding, we need regional expertise and we need foreign language," she said. "We need to figure out how to fit all of that into the force, and that is still a work in progress."

To ensure that the language transformation occurs smoothly and successfully, the department has appointed senior language authorities in each of the military services and agencies to conduct oversight, execution and planning. McGinn said she meets regularly with these representatives to best determine how to steer policy.

"We want them to know what is needed, what capability already exists, and they also help me formulate policies and programs," she said of senior language authorities.

Another measure of transfor-

mational progress is the department's establishment of centers of excellence in each military service to oversee and standardize training and impart essential and mission-targeted cultural training.

Pentagon officials also increased the Defense Language Institute Foreign Language Center's funding from a fiscal 2001 budget of \$77 million to \$270 million this fiscal year.

DLIFLC, located in Monterey, Calif., is the department's premiere language and cultural training center.

McGinn said the overall goals are three-fold: more foundational and strategic language expertise in the force, the ability to obtain expertise in a language if needed at short notice, and to develop a cadre of linguists with higher-level language skills.

The upshot of foreign language and cultural expertise is that it helps U.S. servicemembers communicate, negotiate and set goals with foreign partners. It also helps troops avoid pitfalls that often surround language barriers.

In American military lingo, for example, the term "field of fire" refers to area in which a person can be engaged by weaponry.

"Someone in another culture might see that as a burning wheat field," McGinn pointed out. "And that's not what you mean at all when you said those words."

The maxim "know a language and understand what someone says, but know a culture and understand what someone means" rings true in this example. Unfortunately, U.S. education does not greatly emphasize the study of foreign language and culture, the report notes.

## Gates Requests Plan For Guantanamo Close

*By John J. Kruzel*

*American Forces Press Service*

Defense Secretary Robert M. Gates has requested a proposal for shutting down the U.S. detention center at Guantanamo Bay, Cuba, a Pentagon official said Dec. 18.

Gates wants to be prepared to provide a plan for closure if President-elect Barack Obama requests it, Pentagon Press Secretary Geoff Morrell told reporters at the Pentagon.

"The president-elect has made it perfectly clear throughout the course of the campaign that he wishes to address this issue early on in his administration," Morrell said. "So the secretary wants

to be prepared to assist him in trying to figure out a solution to this thorny problem."

Gates has stated that requirements for closing the facility include constructing legislation that provides statutory framework for housing detainees outside the confines of Guantanamo Bay, Morrell said.

"He has asked his team for a proposal on how to shut it down [and] what would be required specifically to close it and move the detainees from that facility, while at the same time ensuring that we protect the American people from some very dangerous characters," he said.

## NAS Jax Part Of P-8A Multi-Mission Maritime Aircraft Homebasing

*From DoD*

The Department of the Navy announced last week its decision to provide facilities and functions to base five fleet squadrons of the P-8A Multi-Mission Maritime Aircraft (MMA) with a fleet replacement squadron (FRS) at Naval Air Station (NAS) Jacksonville, Fla., four fleet squadrons at NAS Whidbey Island, Wash., and three fleet squadrons at Marine Corps Base Hawaii Kaneohe Bay, Hawaii, with periodic squadron detachment operations at NAS North Island.

This decision implements the preferred homebasing alternative five identified in the final environmental impact statement (FEIS) for the Introduction of the P-8A Multi-Mission Aircraft into the U.S. Navy Fleet (published November 2008). Introduction of the P-8A MMA squadrons is projected to begin no later than 2012 and be completed by 2019.

The notice of availability of the Navy's record of decision (ROD) was published in the Federal Register on Dec. 31, 2008 and the ROD is available for public viewing on the project Web site at <http://www.mmaeis.com> along with copies of the FEIS and supporting documents.

This action is needed to transition from existing P-3C aircraft to the P-8A MMA while

maintaining the Navy's overall maritime patrol capability supporting national defense objectives and policies without interruption or impediment to operations or combat readiness. Ultimately, this action will include a total of 84 fleet and FRS aircraft.

For further information related to this release, contact Navy Public Affairs at (703) 697-5342.

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# Navy News

## Mullen Views Life On Sharp End Of Afghan Spear

By Jim Garamone

American Forces Press Service

The chairman of the Joint Chiefs of Staff got a close look at conditions on the ground in western Afghanistan today during visits with a provincial reconstruction team and the 3rd Battalion, 8th Marines.

The visit gave Navy Adm. Mike Mullen insight into the obstacles and opportunities in the region in ways that briefings or conversations with officials never can.

It was Mullen's second visit to the region. He was here earlier this year when Marines first moved in to the region.

The chairman flew aboard an Air Force C-130 from Kabul to a dirt airstrip next to the provincial reconstruction team base in Farah. The province is pri-

marily agricultural, with opium poppies its primary cash crop. Some 70 percent of the population lives below the Afghan poverty line.

The PRT here is a mix of Army and Navy personnel, with the sailors from all over the service and carrying a mélange of specialties. Most of the soldiers are civil affairs specialists or members of an infantry unit that provides force protection. State Department, Department of Agriculture and Agency for International Development personnel round out the team.

Mullen held an all-hands call with the base personnel, assigned in a region that's a hotbed of Taliban insurgents and banditry.

"I'm incredibly proud of the way you are accomplishing

your mission," Mullen told the soldiers and sailors during his all-hands call at the base. "What you are doing is important to our country and ultimately the citizens of this country."

The chairman thanked the servicemembers for their and their families' sacrifices.

Mullen met with provincial leaders at the base and spoke of the needs of the citizens of the region. Roads, schools, agricultural advice, wells and basic services are in short supply, and provincial leaders look to the Americans for help.

The team leaders explained the transportation difficulties inherent in operations around the region. A portion of the country's Ring Road links Farah with Kandahar. Dirt roads — some little more than goat trails

— link the towns.

The chairman got a bird's eye view of transportation challenges as he flew to the next stop of his tour at Forward Operating Base Baqwa aboard a UH-60 Black Hawk helicopter. During the flight, Mullen viewed a landscape not unlike that of Mars. Knife-edge ridges separated valleys with bone-dry wadis at the bottom. Not a single tree or blade of grass marked the route, a testament to the region's 13th year of drought.

The Baqwa base is manned by Kilo Company 3-8 Marines. "It's not the end of the world, but you can see it from here," said one Marine at the base.

Marines patrol the valley and the small villages, Marine 2nd Lt. Kenneth McKenzie, the pla-

toon commander, told Mullen. The young lieutenant was frank and forthright about the job the Marines are doing under tough conditions. Mullen had a tray ration lunch with the Marines at the base and discussed the mission and their contributions to it.

The chairman then choppered to another forward operating base in Delaram. The Marines share that base with an Afghan National Army battalion, called a kandak, and anticipate more kandaks arriving as the base is expanded.

The Marines at the base are training and mentoring the Afghan National Police and the Afghan Uniformed Police.

This base is next to the Ring Road, and supplying it is a bit easier than at Baqwa, the

Marines explained.

After leaving Delaram, Mullen flew to the reinforced battalion headquarters on this British base, where the Marines are tenants. The chairman held an all-hands call with the personnel and received a briefing on the lay down of forces in the region and the threats. He then returned to Kabul via C-130 aircraft.

Mullen said he welcomed the visits to get the sights, sounds and smells of life on the sharp end of the spear. At every stop, he spoke with the troops and asked them what they need and what he can do to help their missions. If he didn't have an answer, the chairman took e-mail addresses so he could write back personally.

## Navy Settles Sonar Lawsuit

From U.S. Navy Office of Information

The Navy and several plaintiffs, including the Natural Resources Defense Council (NRDC), the International Fund for Animal Welfare, the Cetacean Society International, the League for Coastal Protection, the Ocean Futures Society, and Jean-Michel Cousteau, entered into a settlement agreement to resolve a worldwide challenge to the Navy's testing and training with mid-frequency active sonar.

The settlement essentially adopts the long range program for environmental analysis and research that the Navy undertook in August 2005, months before this lawsuit was originally filed. The Navy will continue to implement a variety of protective measures previously developed in cooperation with the National Oceanic and Atmospheric Administration. The agreement does not require any additional mitigation measures.

"The Navy is pleased that after more than three years of

extensive litigation, this matter has been brought to an end on favorable terms," said Frank R. Jimenez, General Counsel of the Navy. "The Navy welcomes an approach that relies more upon scientific research than litigation."

The settlement agreement additionally highlights the Navy's investment program in marine mammal research — \$26 million in fiscal year 2008. As part of the settlement, the Navy has agreed over the next three fiscal years to direct \$14.75 million of its research dollars to marine mammal topics of mutual interest to the Navy and the plaintiffs.

This settlement reaffirms the Navy commitment to balancing its leadership role in environmental stewardship with its responsibility to protect the public interest in national security by preserving the ability to conduct realistic training.

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Updated: FEBRUARY 1, 2007

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# It's Time For The Return Of Tax Season

By Lt.j.g. Kirt Marsh  
RLSO SE

Tax season is still a few months away, but it's not too early to start planning for it. Several areas of tax law and policy uniquely affect military personnel. Understanding those provisions ahead of time can save you and your family time, energy and maybe even some money.

**Combat Pay** – If you are a member of the Armed Forces who serves in a combat zone or a qualified hazardous duty area, you can exclude certain pay from your income, generally referred to as "combat pay." The month for which you receive the pay must be a month in which you actually served in a combat zone or were hos-

pitalized due to injuries or illness sustained while serving in the combat zone. For enlisted members, warrant officers and commissioned warrant officers, you can exclude from taxes all pay earned during that month. For commissioned officers, you can exclude all pay up to the highest rate of enlisted pay (plus imminent danger/hostile fire pay received) for each month you served in a combat zone or qualified hazardous duty area.

**The "Boomer" Deduction** – The IRS and federal tax courts have determined that for Sailors assigned to two-crew fleet ballistic missile submarines, the submarine is the Sailor's tax home for tax deduction purposes. Therefore, when the sub deploys and is being manned

by the other crew, the Sailor is "forced" away from his tax home (the submarine), thereby turning his living expenses during that time (rent, meals and utilities) into deductible expenses. Sailors can use Form 2106 to itemize expenses on their return. Also remember that a naval vessel in dry dock can't be considered a Sailor's home for tax purposes, so any days the boat is in dry dock or refit cannot be used for calculating Form 2106 expenses.

**Filing Extensions** – The deadline for filing tax returns, paying taxes and filing claims for refund is automatically extended if you serve in the Armed Forces in a combat zone or qualified hazardous duty area, are deployed overseas in

support of operations in a qualified hazardous duty area, or are deployed while participating in contingency operations. If any of these situations apply to you, your spouse is entitled to the same extension. Extensions last for 180 days after the last day you are in the combat zone or contingency operation. In addition to the 180 days, your deadline is extended by however many days you had left to meet the deadline before you left. (For example, if you deployed in mid-January, you would have three months plus 180 days to file your taxes after you return.) However, remember that if you qualify for a refund, delaying filing will delay receiving your refund. You may want to see your Navy Legal Assistance

Office to get a tax power of attorney for your spouse to file taxes during your deployment, expediting the process of getting a refund.

**Where and How to File** – Active duty personnel and their dependents are eligible to have free tax return preparation services provided by Volunteer Income Tax Assistance (VITA) centers at all US military installations. At these centers, IRS-trained volunteers can help with your return and help you maximize your tax savings. These centers will be open shortly after e-filing begins on Jan. 19, 2009. Additionally, www.militaryonesource.com will offer free online tax filing, a great option for basic tax returns.

For more information,

visit your local Navy Legal Assistance Office, or go online to <http://www.irs.gov/publications/p3/index.html>. Legal assistance offices can be reached as follows: Jacksonville, Florida at (904) 542-2565 ext. 3006; Mayport, Florida at (904) 270-5445 ext. 3017; Kings Bay, Georgia at (912) 573-3959; Charleston, South Carolina at (843) 764-7642/44; Gulfport, Mississippi at (228) 871-2620; Pensacola, Florida at (850) 452-3734; New Orleans, Louisiana at (504) 678-4692; Corpus Christi, Texas at (361) 961-3765; and Fort Worth, Texas at (817) 782-6009. This article is not intended to substitute for the personal advice of a licensed attorney.

## Need Will or POA? Call In Advance

By Lt.j.g. Cara Addison  
RLSO SE

Estate planning devices, like a will or power of attorney, are good things to have, regardless of your reason for getting them. From deployment purposes to ensuring general peace of mind, your local legal assistance office would be happy to advise you on what is appropriate for your own personal situation, and would most likely be able to prepare those documents for you and your dependents. However, given the large number of clients in need of services, postponing the visit to legal assistance is not a good idea. It is best to call about a month

in advance of your scheduled deployment date in order to get an appointment with an attorney. An appointment is generally not required for a power of attorney, but talking one-on-one with a lawyer is necessary for the preparation of a will. Please realize that appointments get booked early, and that time is needed to draft your documents and for you to review and sign them. Are you deploying on short notice or facing a medical emergency? Still call the legal assistance office. Your will and power of attorney are important things; with some advance planning the process will go smoothly for all involved.

Are you not sure if you need a will? You should consider having one written if you would like to do any of the following: appoint guardians for your children; name a certain person as executor of your estate; create a trust for your children or for another beneficiary; include a stepchild, adopted child or non-family member as a beneficiary; make specific gifts of property to certain people; minimize the tax consequences of a sizable estate with numerous assets; prevent someone from receiving a portion of your estate (disinheriting); or simply make your intentions clear of who should inherit from you. This

is not an exhaustive list and you may have other reasons for having estate planning documents. Talk it over with an attorney.

Legal assistance offices can be reached at the following numbers: Jacksonville, Florida at (904) 542-2565 ext. 3006; Mayport, Florida at (904) 270-5445 ext. 3017; Kings Bay, Georgia at (912) 573-3959; Charleston, South Carolina at (843) 764-7642/44; Gulfport, Mississippi at (228) 871-2620; Pensacola, Florida at (850) 452-3734; New Orleans, Louisiana at (504) 678-4692; Corpus Christi, Texas at (361) 961-3765; and Fort Worth, Texas at (817) 782-6009.

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Mary Tyler Moore  
International Chairman

A CFC Participant.  
Provided as a public service.

BEHIND ON YOUR MORTGAGE PAYMENT?  
CAN'T AFFORD YOUR MORTGAGE PAYMENT?

Mortgage Modification & Restructuring  
Bankruptcy  
Foreclosure Defense

MORTGAGE MODIFICATION CENTER  
A PRIVATE LAW FIRM • 1054 KINGS AVE • JACKSONVILLE  
ATTORNEYS: JIM RINAMAN III & ROBERT PETERS

CALL 421-6906 FOR A FREE QUALIFICATION  
[www.mortgagemodificationcenter.org](http://www.mortgagemodificationcenter.org)



**Feeling Disconnected?  
Sad? Stressed? Angry?  
Drinking too Much?**

Put the pieces together with an anonymous self-assessment.

[www.MilitaryMentalHealth.org](http://www.MilitaryMentalHealth.org)  
Online. 24/7.

For families and service members affected by deployment.

**Wow! Now!** **Wow! 3 Now!**

The Drees Wow Now! New Home Package

1 **FREE** Closing Costs up to \$10,000  
2 Get an incredible low interest rate of: **5.0%** 30-Year Fixed  
3 **Save up to \$40,000** On Ready to Move In Homes

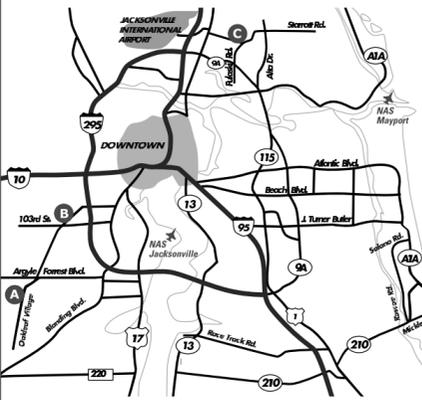
**Drees HOMES**  
Family owned. Nationally recognized.™  
[dreeshomes.com](http://dreeshomes.com)

Offers effective for a limited time and available on firm, non-contingent purchase agreements on select market homes only, when you use First Equity Mortgage, Equal Housing Lender. 5.0% 30-year fixed FHA financing (5.287% APR based on 96.5% LTV). Maximum loan amount \$394,750 with 3.5% down payment. Loan must close by March 31, 2009. Subject to minimum credit score requirements and underwriting approval. Prices, programs, and rates are subject to change or withdrawal without notice. Other restrictions may apply. Savings vary by community.

## RAISE YOUR STANDARDS YOU DESERVE A STANDARD PACIFIC HOME

**LIVE CLOSER  
SAVE TIME & MONEY**

Whether you work at NAS Jax or Mayport Naval Station ... Standard Pacific Homes builds in communities less than 23 miles away. Reduce your commute. Not only will you get home quicker, you will save money on fuel.



**A. OAKLEAF PLANTATION**  
From the mid \$100's  
Only 17.6 miles to NAS Jacksonville  
(904) 282-7877

**B. SPRING POINTE**  
From the low \$100's  
Only 9.1 miles to NAS Jacksonville  
(904) 786-3711

**C. NORTH CREEK**  
From the high \$100's  
Only 22.4 miles to Mayport Naval Station and 23 miles to NAS Jax  
(904) 696-1072

Special pricing ends January 31, 2009!  
Call (800) 648-2558 or visit a model home today.

**STANDARD PACIFIC HOMES**  
Making You Right At Home™

[StandardPacificHomes.com](http://StandardPacificHomes.com)  
(800) 648-2558

Prices and offers are subject to change without notice. See your Sales Counselor for details. Standard Pacific Homes - Jacksonville. CBC1255550.

**THE Daily Crossword** Edited by Wayne Robert Williams

**ACROSS**

- Buddhist monk
- Deadly African snake
- Soft mineral
- Black, in poetry
- Dismay
- Pieces of pelvises
- Coagulate
- Bucket wheel
- Have the lead role
- Start of a quip
- Seething
- Surrounding glows
- Sacred song
- Country way
- Hebrew month
- Conclusion
- Lair
- Part 2 of quip
- Shea player
- Another name for fantan
- Fanciful notion
- Agile
- Scrub, NASA-style
- Lift spirits
- Sew loosely
- End of quip
- Eye part
- In a slow tempo
- Japanese ethnic group
- Letter opener?
- Wizardry
- Awl or auger
- Before, before
- Nimoy's half-Vulcan
- Coastal bird

**DOWN**

- Walesa of Poland
- Up for the job
- Debatable
- Insect colonies
- Kind of ray
- Flying high
- One of the Osmonds
- Jail on the high seas
- Indian housemaid
- Paper hanky
- Wedding location
- Jungle vine
- Hallmark product
- Branch
- Sharp-tasting
- Salon offering, shortly
- Twist sideways
- "Charley's"
- Describe with vividness
- Literary collections
- Beside water pitcher
- Fighting force
- Coloring agent
- Queen of Carthage
- Incessantly
- Straight up
- Vail rival
- Free
- Dollar bill portrait artist
- Had a little lamb
- Musical study piece
- Devotee
- Vicinity
- Small, hand drum
- Storage space
- Kind of absorber
- Beggar's request
- Type of tide
- Christian of fashion
- In a little while, old-style
- Christmas season

**THIS WEEK'S ANSWERS**

E	N	Y	E	K	O	D	S	I	S	H	E			
T	O	O	L	C	I	G	V	W	H	V	E	D		
N	N	I	V	A	V	W	A	V	M	S	N	N		
A	V	D	H	E	H	L	O	N	V	N	H	O	L	
				E	L	S	V	B						
L	H	O	B	V				A	H	D	S			
V	E	D	I	S	N	E	A	E	S	I	E	W		
E	A	I	T	A	V	W	A	V	M	V	S	N	N	
N	E	D	G	N	I	D	N	E	T	N	T	E		
				E	N	V	T							
S	V	H	N	V				E	L	V	H	I		
O	N	V	S	L	H	G	I	E	L	V	H	I	E	H
H	V	L	S		V	I	B	O	N	L	O	T	O	
V	I	T	I	W	H	V	T	V	N	O	B	E		
O	T	V	L	V	H	W	V	W		V	W	V	T	

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You don't have to be perfect to be a perfect parent.  
There are thousands of teens in foster care who would love to put up with you.

1 888 200 4005 · [adoptuskids.org](http://adoptuskids.org)



# THE MIRROR CLASSIFIED

## PLACE YOUR MILITARY CLASSIFIED AD CLASSIFIED INDEX

**BY PHONE** 366-6300  
Mon.-Thurs. 7:30a.m.-6:00p.m.  
Fri. 7:30a.m.-5:30p.m.

**Toll Free** 800-258-4637  
**BY FAX** 904-359-4180  
**IN PERSON**

Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m. - 5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

**Deadlines**  
**Run date** Call by Fax by  
**Thursday** Tue, Noon Tue, 11 a.m.

Please note: **Fax deadlines are one hour earlier.** Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

### CANCELLATIONS, CHANGES & BILLING

**Ad Errors** - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

**Ad Cancellation** - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

**Billing Inquiries** - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

### GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

Announcements	
Auctions	Instruction
Real Estate for Sale	Employment
Real Estate for Rent	Services
Commercial Real Estate	Merchandise
Financial	Pets/Animals
	Transportation

**904-366-6300**  
**ONLINE**  
Classified line ads are online at [jaxairnews.com](http://jaxairnews.com)  
**FREE online advertising!**  
Your Classified in-column ad automatically appears online at **no additional charge.**

### Announcements

Happy Ads  
Lost and Found  
Clubs and Organizations  
Rides/Travel  
Notices  
Personals  
Dating and Entertainment

### Lost and Found

**LOST CALICO CAT** - 4 white paws, Greenland Road area, 904-619-5977

### Notices

**NEED A LAWYER?** Accidents? Arrest? Divorce? AAA Attorney Referral Svc 1-800-733-5342, 24 HRS.

### Real Estate For Sale

Open Houses  
Argyle  
Arlington  
Avondale/Ortega  
Beaches  
Downtown  
Fernandina/Amelia Island  
Intracoastal West  
Keystone Heights/Melrose  
Mandarin  
Middleburg  
North Jacksonville  
Orange Park/Clay County  
Riverside  
San Marco  
Southside  
Springfield  
Westside  
Waterfront  
Condominiums  
Manufactured Homes  
Lots  
Farm Acreage  
Investment Property  
Retirement Community  
Baker County  
Georgia Real Estate  
Nassau County  
Putnam County  
St. Johns Open Houses  
St. Johns Homes  
St. Johns Waterfront  
St. Johns Oceanfront  
St. Johns Intracoastal  
St. Johns Sandfront  
St. Johns Condos  
St. Johns Duplex/  
Townhouses  
St. Johns Manufactured  
Homes  
St. Johns Lots/Acreage  
St. Johns Active Adult  
Com.  
St. Johns Investment  
Income Property  
Miscellaneous  
Out of Area/Town/State  
Real Estate Wanted

### Beaches

**AVAILABLE THRU FHA**  
JARDIN DE MER  
Walk or Bike to Shops,  
Restaurants or Beach  
New 2 & 3 Bdrm Condos  
Beach Blvd. & 15th St.  
F.P.L.C. Off appts, garage  
Open IP.M. - 5P.M.  
OR CALL FOR APPT.  
904-241-2270 or 246-9268

### Manufactured Homes

**\$0 DOWN!**  
If you have land or own family land, your land is your CREDIT!!!  
LUV HOMES  
904-772-8031

### Lots for Sale

**20+ ACRES & NEW BARN**  
Only \$119,900  
New 22x30 post & beam barn built on 20+ country acres. Potential to subdivide. Near FL/GA border - 90 minutes Jacksonville. Excellent financing! Call now 1-800-898-4409, x.2171

### For Rent

**2 BDRM**  
**2 BATH**  
Units  
904-241-3855  
2760 Mayport Road in Atlantic Beach, approximately one-half mile north of Mayport Naval Air Station  
Office Open Daily 10:00am to 6:00pm

### Buying a Home?

Contact your VA Home Loan Expert - Laurie M. Potter YNCM (USN Ret)  
Buying, Selling or refinancing? Contact Laurie for any of your financing needs, including VA, FHA, home equity or conventional loans.  
(904) 256-2051  
Cell (904) 463-2065  
Email: laurie\_potter@countrywide.com  
Website: www.countrywide.com  
4601 Touchton Rd E #3190 Jacksonville, FL 32246

### Countrywide HOME LOANS

### Georgia Real Estate

**Kingland, GA:** Attractive 1633 sq. ft. 3BR/2BA home for sale. Open floor plan w/spacious rooms, cobblestone fireplace, 2 car garage, fenced back yard, 400 sq. ft. screen porch and much, much more. Asking \$165,500 and motivated! Visit <http://www.infohome.net/190940> to get a full description and to see pictures of this amazing home. Call Jill at 912-882-3507 to ask questions or schedule a viewing.

**Kingsland** - Why support a landlord when you can OWN for about \$750/mo. NEW 3/2, in Kingsland for only \$99,900. Built by Dave Adkins 954-328-3511

### Commercial Real Estate

Commercial/Industrial For Sale  
Commercial/Industrial For Rent  
Businesses For Sale  
Office Space For Sale  
Office Space For Rent  
Retail For Sale  
Retail For Rent  
St. Johns Commercial/Industrial For Sale  
St. Johns Commercial/Industrial For Rent  
St. Johns Businesses For Sale  
St. Johns Office Space For Sale  
St. Johns Office Space For Rent  
St. Johns Retail For Sale  
St. Johns Retail For Rent

### Apartments Furnished

**BEACHES - JAX.** Efficiency cottage, 2BR. Walk to beach \$625mo incl's elect. 904-249-0523

### Orange Park - 1/1, comfortably furnished

area, \$700/mo. 904-745-0450  
1110 Cafiete Dr.

### Atlantic Beach 550 Value - In. \$300 GIFT CARD!

\*Beach living at it's best\* 904-241-5737

### WALK TO THE BEACH

Bicycle to AB City Center restaurants!  
Atlantic Beach Townhouse Selva Lakes Area of Atlantic Beach plus 1/2-2/2baths, fireplace, newly renovated granite kitchen with upgraded appliances. Enjoy morning coffee looking at a lagoon and fountain from your screened back porch. Fenced courtyard, \$1,200 per month. Available immediately. Call (904) 233-3881 or (904) 556-9184.

### Houses Unfurnished

**ARLINGTON-2br**, near Merrill and Townsend intersection. Very nice \$650/mo. Call 904-537-6290

### Beaches, large 2/2 home w/2car garage, Seabreeze Woods, no pets

available now, years lease +1295/mo w/d.e.p. no pets 904-460-0975.

### HONDA CIVIC EX 98, 2dr coupe, 78Kmi, 4cyl, AT, well maintained, orig. owner, new tires.

904-771-0699

### MAYPORT - Off Girvin Rd close to McCormick

3/2, \$925/mo. 904-625-8171

### ORANGE PK - 4/2, fenced yd, newly remodeled,

\$950/mo, 1st/last/sec. 380 Gano. 904-653-1117

### Manufactured Homes

**Mayport Rd. 2 BR mobile home on private property, very clean AC/H W/D H \$600 Sec. \$625 mo., no pets 246-4461.**

### Roommates

**SAN PABLO** Nice Neighborhood \$450m Includes bedroom, private bath, 1/2 of 2 car garage, utilities Male preferred. Call 904-223-1843, 571-5215

### St. Johns County Condo Rentals

**PONTE VEDRA BEACH** - In Summer House, beautifully decorated 1 bdrm, ground level, pets ok. Turn key. Furnished: \$850/mo; Unfurn \$800/mo. Available 2/1. 724-662-3036

### SIGNATURE REALTY & Mgmt RENTALS

**AVAILABLE FROM \$700-\$3000/MO.**  
Beach 241- 5221, Mand 268- 0035  
W'side 482-1099  
[www.signaturerealestatejacksonville.com](http://www.signaturerealestatejacksonville.com)

### Realtor in GA and FL

**Veronica Paulk**  
912-674-6781  
[casainfi@yahoo.com](mailto:casainfi@yahoo.com)  
Hablamos Espanol  
Century 21 "Tri City Realty"  
"Free Relocation Package" "Consulta Gratis"

### Medical Careers Begin With Us!

Start Training with Everest University CALL TODAY!!! 888-886-5904

### Want To Be A Pharmacy Tech? Workshop/books/national cert. exam for only \$800

Next class 1/08/09, Call Express toll free 904-322-8048 or [express@trainservices.com](mailto:express@trainservices.com)

### New Homes For VA Specialist

Call 904-477-0767 to work with the expert on new homes for the military and find the Perfect home for you. Choose from over 30 different builders and 90 communities all over Jacksonville and Orange Park.

### Residential Construction

**Certified NEW HOME SPECIALIST**

### Commercial Real Estate

Commercial/Industrial For Sale  
Commercial/Industrial For Rent  
Businesses For Sale  
Office Space For Sale  
Office Space For Rent  
Retail For Sale  
Retail For Rent  
St. Johns Commercial/Industrial For Sale  
St. Johns Commercial/Industrial For Rent  
St. Johns Businesses For Sale  
St. Johns Office Space For Sale  
St. Johns Office Space For Rent  
St. Johns Retail For Sale  
St. Johns Retail For Rent

### BP C-STORES FOR LEASE

Central Florida locations Call 1-800-553-0831

### Electrician & HVAC CAREERS!

Start Training with Everest University CALL TODAY!!! 888-886-5904

### Medical Careers Begin With Us!

Start Training with Everest University CALL TODAY!!! 888-461-3609

### Want To Be A Pharmacy Tech? Workshop/books/national cert. exam for only \$800

Next class 1/08/09, Call Express toll free 904-322-8048 or [express@trainservices.com](mailto:express@trainservices.com)

### Business & Financial

Business Opportunities  
Distributions/Franchises  
Fictitious Names  
Financial Services  
Money to Lend/Borrow  
Mortgages Bought/Sold

### Business Opportunities

**BP C-STORES FOR LEASE**  
Central Florida locations Call 1-800-553-0831

### Education & Training

Private Instruction  
Schools  
Specialty Training/Events

### Schools

**DENTAL ASSISTING**  
Hot New Program!  
Start Training with Everest University CALL TODAY!!! 888-291-1351

### Medical Careers Begin With Us!

Start Training with Everest University CALL TODAY!!! 888-461-3609

### Want To Be A Pharmacy Tech? Workshop/books/national cert. exam for only \$800

Next class 1/08/09, Call Express toll free 904-322-8048 or [express@trainservices.com](mailto:express@trainservices.com)

### Employment

Job Fairs  
Resume Services  
Accounting/Bookkeeping  
Advertising/Media  
Architecture/Interior  
Design/Graphics Design  
Automotive Sales/Service  
Aviation  
Civil Service/Government/  
Public Administration  
Computer Hardware/  
Software/Programming  
Construction  
Customer Service  
Dental  
Domestic Services/  
Caregiving  
Delivery Driver  
Education/Teaching/  
Training  
Engineering  
Entertainment  
Executive/Management  
Finance/Investment  
General Employment  
Hotel/Hospitality/Tourism  
Industrial Trades  
Insurance  
Landscaping/Grounds  
Maintenance  
Law Enforcement/  
Security/Safety  
Legal  
Maintenance/Janitorial  
Services  
Management/Professional  
Marketing  
Mechanics  
Medical/Health Care  
Marine/Trade  
Nurses/Nurses Aides  
Office/Clerical/  
Administration  
Part-Time  
Personal Services/Beauty  
Real Estate/Property  
Management  
Recreation/Sports/Fitness  
Restaurant/Bar/Cub/  
Food/Beverages  
Retail  
Sales  
Science/Research  
Social Services/Counseling  
Technical Support  
Telemarketing  
Transportation  
Warehouse/Inventory  
Work at Home  
Positions Wanted

### Telemarketing

**APPOINTMENT GENERATOR**  
If you are a motivated, self-starter that is enthusiastic, and loves to talk to people, call 224-1085 or email your resume to [hrdept@abmrfla.com](mailto:hrdept@abmrfla.com)

### TELESALES - \$10/hr to start - comm. & bonuses.

M-F 8.5, Fri 8.3. Sales exp. req. 645-0707 ext. 300

### APPOINTMENT GENERATOR

If you are a motivated, self-starter that is enthusiastic, and loves to talk to people, call 224-1085 or email your resume to [hrdept@abmrfla.com](mailto:hrdept@abmrfla.com)

### DRIVERS/ TRAINERS NEEDED

Covenant needs OTR Truckers NOW! No exp needed! \$700+/wk earning potential. No CDL? No problem! Training Available! CALL NOW 800-820-4521

### Need 14 Full Time DRIVERS

Must have good DL record, & be 25 yrs old. Can earn \$700 weekly! Call 493-5246 or Valerie 899-3368 M-F 9am-4pm.

### POSTAL WORKER

Post office now hiring, average pay \$20/ hour, 57K a year, including federal benefits, OT, placed by adSource not affiliated with USPS who hires. 1-866-748-8707

### General Employment

**Thank you!**  
Besides protecting our country, military personnel stationed in our communities donated **650,620** hours of volunteer service in Northeast Florida and Southeast Georgia last year. Their time was given to community organizations, church groups, youth activities, scouting and more.

### CDL TRAINING IN JUST WEEKS!

Invest in your future with a career in the transportation industry!

### 866-467-9826

**ROADMASTER**  
WWW.ROADMASTER.COM  
1409 PICKETTVILLE ROAD

### NEW TO JACKSONVILLE

### CAROLINA DIRECT FURNITURE

10% off for all military personnel & dependents

Don't cheat yourself, treat yourself!

7117 ATLANTIC BLVD. JACKSONVILLE, FL (904) 738-7149

### Retail

**APPOINTMENT GENERATOR**  
If you are a motivated, self-starter that is enthusiastic, and loves to talk to people, call 224-1085 or email your resume to [hrdept@abmrfla.com](mailto:hrdept@abmrfla.com)

### Sales

**COME ON PEOPLE**  
This is ridiculous! I work for different departments in my organization & get limited response. There are no gimmicks, no surprises & no hidden factors. We have everything anybody else can offer, in other words, not just a great income, but all the goodie tool Commissions & Incentives, vacations, trips, rewards, health, dental, life & vision insurance and a 401(K). Starting income, up to \$45K - \$85K per year. You can even qualify for a \$2,000.00 signing bonus. Sounds good so far, doesn't it? That's why I can't understand why in the world you wouldn't investigate this opportunity. This week I'm hiring for sales in our Jacksonville office. No Experience necessary, we will train you. Call Harold, 680-0577, or email your resume to [hrdept@abmrfla.com](mailto:hrdept@abmrfla.com)

### TELESALES - \$10/hr to start - comm. & bonuses.

M-F 8.5, Fri 8.3. Sales exp. req. 645-0707 ext. 300

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### CAROLINA DIRECT FURNITURE

10% off for all military personnel & dependents

Don't cheat yourself, treat yourself!

7117 ATLANTIC BLVD. JACKSONVILLE, FL (904) 738-7149

### Moving/Storage

**Low-cost moving or Delivery From \$19/Hour.**  
Single Item To Full Truck. Call For Quote, Rent 4 Moves 742-9698 or visit [www.Rent4Moves.com](http://www.Rent4Moves.com). FLA Mover Reg. No. IM1628. Insured.

### Merchandise

AC, Heating, Fuel  
Antiques  
Appliances  
Arts & Crafts  
Auctions  
Building Supplies  
Business/Office Equipment  
Clothes  
Collectibles  
Computer  
Craft/Thrift Stores  
Electronics  
Estate Sales  
Farm/Planting  
Fruits/Vegetables  
Furniture/Household  
Garage Sales  
Garden/Lawn  
Hot Tubs/Spas  
Jewelry/Watches  
Kid's Stuff  
Machinery & Tools  
Medical  
Miscellaneous Merchandise  
Musical Merchandise  
Photography  
Portable Buildings  
Public Sales  
Sporting Goods  
Tickets  
Trailers  
Wanted to Buy or Trade

### Appliances

Appliances, dryer \$100, stove \$75.00 will deliver \$25.00 good condition  
716-3772.

### DRYER MAYTAG

Excellent condition, \$130. Call 904-662-1827

### Business/Office Equipment

Party Event Business For Sale Everything From Casino to Wedding. Call 904-728-5182

### Electronics

Shelf stereo, television, DVD and VHS players perfect for the barracks room or dorm \$350 OBO Call 861-4393.

### Furniture/Household

Bassett Dark Walnut Crtb, converts to full bed solid back board with wheels. Asking \$175.00. Call 904-759-8079.

### Child Care

Debbie's Licensed Day-care in Oakleaf Plantation #FOACL010. six weeks and up, two openings. Please Call 472-7692.

### Garage Sale

**BARGAIN HUNTERS GALORE**  
This Sat & Sun Have Your Garage Sale at The Market Place! 7059 Ramona, 786-FLEA

### Pets & Animals

Adopt a Pet  
Pets & Supplies  
Livestock & Supplies  
Animals Wanted

### Pets and Supplies

Boston Terriers, Shih tzu's, Malipoos, Registered, \$300 and up. 912-322-6933 or 322-8466

### Transportation

Aviation  
Boats  
Sailboats  
Boat Dockage & Rentals  
Marine Equipment & Supplies  
RV Rentals  
RV's & Suppliers  
Motorcycles & Mini Bikes  
Auto Brokers  
Auto Parts  
Antiques/Classics  
Automobiles  
Trucks/Trailers/SUVs  
Vans/Buses  
\$2000 or Less  
Commercial Vehicles  
Misc. Auto  
Autos/Trucks Wanted  
Auto Rent/Lease

### Boats

Suntracker 2006, motor, cover, and tube, fire extinguisher, loads of xtra's. Call 472-7692

### Motorcycles/Mini Bikes

BMW 1200GS '07 Very low miles, some extras, \$12,500. 352-283-3888

### Automobiles

Honda Shadow 600 V.L.X deluxe 1003 10K miles, new tires, new title \$3,200 OBO Ralph 294-1916.



# Happy New Year!

We Appreciate Your Service!!  
0% Down for All Military in January!

**2008 Cadillac CTS**

Fully Loaded **\$25,995**

**2002 BMW X5**

Navy Fully Loaded **\$14,995**

**2006 Buick Lacrosse CX**

White **\$11,995**

**2007 BMW 750 LI**

Navy Fully Loaded **\$41,995**

**2007 BMW 525 I**

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