

THE MIRROR NS MAYPORT, FLORIDA

CHINFO Award Winner

Vol. 51 • Issue 38

www.nsmayport.navy.mil

www.mayportmirror.com

THURSDAY, October 2, 2008

OFF THE DECK

BEQ Survey Asks Resident Satisfaction

Bachelor Housing will be conducting the Annual Resident Satisfaction Survey starting mid October. This is the opportunity to let us know how we are doing and what you would like to see. When you are asked to complete this survey please take the time to fill out the survey. The survey will run for approximately six weeks. All surveys are confidential.

Vender Ops At MWR Fall Fest

MWR is currently accepting applications from vendors for this year's Fall Festival on Saturday, Oct. 18 at Naval Station Mayport. This is a great on-base fundraising opportunity for individuals, family support groups, wives' clubs, etc. Examples of acceptable vendor items include baked goods, handmade arts and crafts and other items as presented. Cost is \$25. For a complete list of details contact Lisa Wolfe at 270-6012 ext. 113 or lisa.wolfe@navy.mil.

Navy Ball Tickets On Sale At ITT

Navy Ball tickets are now on sale at ITT. This year's Navy Birthday Ball celebrates 233 years of proud naval history on Oct. 24 at Ocean Breeze Conference and Catering Center aboard Naval Station Mayport. Tickets are \$25 per person for E1-E6, \$35 per person for E7-O3 and GS7 and below, and \$45 per person for O4 and above and GS8 and above. For more information, call ITT at 270-5145.

Is Your Command Up To The Challenge? MWR Fall Sports Challenge Is Oct. 8-9

From Staff

MWR Mayport is gearing up for the bi-annual Sports Challenge and all Mayport commands are encouraged to attend.

The events begin at 8:30 a.m. on Oct. 8 at Lake Wonderwood with the CO Challenge Canoe Race, followed immediately by the Experienced Canoe Race.

There will be a 3 on 3 Basketball event at the Gym at 9:30 a.m., as well as an 8-Ball Pool event at 9:30 a.m. at Fast Lanes Bowling Center. Speedminton and No Tap Bowling will be held at 10 a.m. at the tennis courts and Fast Lanes Bowling, respectively.

Command favorite Dodgeball will start at 11:30 a.m. at the Gym, followed by kick ball at 1:30 p.m. at Field 1 and 2 behind Naval Health Branch Clinic Mayport. One Pitch Softball will end the day starting at 5 p.m. at the softball complex.

On Oct. 9, activities will gear up again at 8 a.m. with a mini biathlon. The mini biathlon is a 3K run and 200-meter swim. The event will start in front of the



gym.

Golf tee off will be at 8:30 a.m. at Windy Harbor Golf Club. Cricket Darts event will be held at Fast Lanes starting at 9 a.m. and all Volleyball participants

should report at 9 a.m. behind Beachside Community Center. Horseshoes will start at 9:30 a.m. also behind Beachside, followed at 10 a.m. with Simon Says at Sea Otter Pavilion.

The Strong Man Competition will start at 10:30 a.m. at Sea Otter, followed by the Auto Racing Event at 11 a.m. at the Fast Lanes parking lot.

The last event of the Challenge will be Tug-o-War at 1 p.m. on the beach behind Sea Otter Pavilion. If there is a tie, the teams involved will have a four-person mystery tie breaker event following the Tug-o-War.

The awards presentation will be held at 2 p.m. at Sea Otter. There will be an MVP award given to the participant who competed in multiple events and placed highest while showing good sportsmanship. Commands will get extra points if their commanding officer, executive officer or command master chief participate in the CO Challenge Canoe Race and the Tug-o-War.

Mayport Celebrates New Playground

By Stephanie Edwards

MWR

The off-base Child Development Center opened a new playground by holding a "Water Play Day" for the children in the pre-toddler classrooms.

Parents were invited to share in the celebration and received an up-close look at the many facets of this developmentally appropriate outdoor play area.

The eco-friendly play area, constructed by Grounds for Play, features three shade structures and four different surfaces for exploring.

Surfaces include artificial turf/grass, a natural area with wood chips, stepping stones and trees, kid-friendly decking and cement. In addition to the variety of surfaces, the play area is also separated into different activity areas to encourage the child's overall development.

One area encourages creative expression with paint easels, chalkboards, sand and water play. A climbing area promotes the gross motor skills with the use of slides, steps and ladders. In the home living area, children can play in the house, boat and train structures.

For exploring the living sciences, pizza wheels are scattered throughout the play area containing flower

See Playground, Page 5



Madeline Barnett and Corsen Edwards play in the shade with puzzles alongside CYP Assistant Mary Jones at the off-base Child Development Center. The center recently opened a new eco-friendly playground that includes developmentally appropriate outdoor play areas. For more pics, go to page 5.

-Photo by Stephanie Edwards

Artist Shares Battered Past In Paint With Mayport



-Photo by Bill Austin

Artist/speaker and domestic violence survivor MeloD stands beside a painting she created to tell her story of domestic abuse. Fleet and Family Support Center hosted MeloD to help kick off October as Domestic Violence Awareness Month. MeloD also donated one of her paintings to hang at NS Mayport.

By Bill Austin

NS Mayport PAO

"These paintings were not meant to be seen by anyone," said MeloD, as she waved her arm in the direction of several oil paintings on display at the base Ocean Breeze Conference Center on Sept. 27.

She painted the works of her traveling exhibit through inspiration that came after years of sexual and domestic abuse from a sadistic husband whose evil eyes pierce many of her painful and haunting paintings that serve as a kind of personal documentation. Still fearful of that past, she said she doesn't use her last name for safety reasons.

MeloD's Domestic series was unveiled in October 2001, and since then, she has shown her work and told her story of her escape across the country at places like domestic violence shelters, state universities and national abuse coalitions.

"I'm a survivor," said MeloD, during an interview before the Mayport showing. "I have always been an artist, but this body of work will hopefully allow victims of domestic violence to look within themselves and reach out for help."

Her work is remarkable and tells her tragic story and even-

tual release from the violence she endured, said Janice Rand, of May ports Fleet and Family Support Center (FFSC).

Inside Rand's office is a particularly dark painting of a sad montage of MeloD, her former husband, and young son. Each set of eyes in the painting reflect several emotions of sadness, fear and rage.

"She donated this to the naval station," said Rand as she looked at the painting. "This portrays a real situation and she (MeloD) calls it the awareness."

The story behind the awareness according to Rand, came at a point where MeloD became aware of what her abusive situation was doing to her young son. That awakening happened after an incident in her kitchen that involved out of control rage and a knife.

One day her husband took a kitchen knife and forced her to push it in his stomach cutting him and drawing blood, said Rand. That was part of his psychological game he held over her. He would tell her he would kill himself if she ever left him.

Rand said that in the struggle to release her grip from the knife, she looked over and saw that her son was watching the entire horrific event. It was

then that she saw in her sons eyes what she was putting him through staying in that violent relationship.

MeloD wears a warm smile when she tells her story of survival, but her eyes tell a different story and seem to still hold memories not yet released to the canvas.

Domestic abuse isn't absent in today's military, and the Navy's Fleet and Family Support Centers across the country offer a wide range of help. The Family Advocacy Program, or FAP, for example, provides clinical assessment, treatment and services for military members and their families involved in incidents of domestic abuse. The intent of FAP is to protect victims of domestic violence from future abuse.

FAP services include assessment of risk, safety planning, and determination of appropriate interventions and treatment.

"We are standing by to help," said Rand as she looked down at the awareness print that depicts so much pain. "The vicious cycle of domestic and sexual abuse can be broken."

CREDO Corner

By Lt. Rickey L Bennett
Spiritual Fitness Division Southeast

Many a distressed parent has picked up the phone and called to express concern for their adult child. He or she is going through a difficult set of circumstances and the parent is trying to find out what is the best way to help them. Normally, it is the mother who calls but not always. Just the other day, a mother called with this very concern. After pouring out her heart she said "I do not know what to do please let me know what I can do to help my son." I told her that "sometimes doing

nothing is the best thing albeit it is not always the easiest thing to do." I also told her that "she could make some recommendations to her son but it was up to him to act upon it or not." This often feels to parents like they are not helping their adult child but rather feeding them to the wolves. We do not like to see our children suffer no matter how old they are at the time. The poor decisions of your adult children can often bring great stress into your life. One of the first questions parents often ask is, "What did we do wrong?" That is not a bad ques-

tion, because if you did wrong, it's time to confess and ask forgiveness of your adult child. Honest confession may open the door to a renewed relationship. On the other hand, you are not responsible for the decisions of your adult child. You may not have been a perfect parent, but now that they are adults, they must accept responsibility for their own actions. You can help them. You can encourage them. But you cannot take responsibility for their decisions. They must suffer the consequences of their behavior if they are to change. Often

parents feel guilty for past failures and allow an adult child to manipulate them and give in to unreasonable demands. But the fact is that you may be hurting more than helping. The more dependent your child becomes, the worse they will feel about themselves. When you withhold funds, they may find the motivation they need to look for work. When they work, they begin to feel better about themselves. If you and your spouse cannot agree on a strategy for helping your child, then perhaps you need to talk to a pastor or

counselor who can help you be objective. It's worth the time and effort to get on a positive track. They need to see that you have their best interests in mind. One of the first steps is seeking to understand the young person's point of view. This requires a willingness to ask questions, and then to listen with a view to understanding what is going on in the mind of the child. This is a bridge that many parents find difficult to cross. Remember that we don't have to agree with our children in order to affirm their ideas. It

is such affirming realism that helps young adults mature. If you are struggling with the behavior of your adult child, it is essential that you and your spouse talk with each other. When the two of you have agreed on a strategy, then stand by each other as you talk with your adult child. It is a united front, shared with love and firmness that convinces the young adult that he or she is at a crossroads in life. Your togetherness helps both of you to handle your frustration, and your marriage has a chance to grow stronger.

Homefront in Focus

By Beth Wilson
Military Spouse Contributor

Red-letter Days, you know, the ones in red on the calendar; weekends, holidays and commemorative days. We all have our personal red-letter days: birthday, anniversary, birth of a child. As Navy spouses we add a few more; homecoming is a big red-letter day as is a birthday or anniversary actually spent with your service member. Then there are those days

that are definitely not red-letter days: the day the car broke down, leaving us stranded on the highway, the day your service member left on [yet another] deployment, the day the kids are sick, hubby is deployed and you have the flu. And the day you 'hit the wall' feeling like you can't take another day of deployment and you want your sailor home...NOW. There is another non-red-letter day that recently took me by surprise. What day is that? The

day you realize you are halfway through your shore-duty rotation. The day you realize you have less days together as a 'normal family' than you have behind you and that sea-duty (i.e., another deployment) is nearing. That day is today for me... and it makes me sad. I love my adopted town. I love my home. I certainly love having my Sailor home for dinner (ok, most nights). I have become comfortable in shore duty and

the sense of normalcy shore duty offers Navy families. Today I realized we are halfway through shore duty. That means we are on our way to negotiating for orders. We are halfway to yet another move; halfway to starting friendships from scratch again as I leave special friends here. We are halfway to workups and deployment... The memory of workups and deployment are but a faded memory and I like them there.

I don't want to remember the challenges of life without my Sailor and the changes it brings in my life and the sadness in my heart. But we are halfway there, to that place where my marriage will once again be long-distance and part-time at best. Today is not a red-letter day. Today is the day I have to decide to be grateful for all that I do have. I still have many uninterrupted months with my husband. I still have him coming home for dinner tonight,

tomorrow night, and the night after that. I can still enjoy my husband, my home and our life together. We still have memories to make, dreams and plans as well. Hmm...maybe it is a red-letter day after all... Email Beth at beth@homefrontinfocus.com. Listen to Navy Homefront Talk!, Beth's internet talk show for spouses, at www.blogtalkradio.com/nht.

Send In Your Interesting Pics



-Photo submitted

NS Mayport Commanding Officer Capt. Aaron Bowman stands behind a large banana spider his family found while visiting Guana State Park. Do you have an interesting photo you would like to submit to The Mirror. Send a high-resolution, unedited photo to mayportmirror@comcast.net.

VTT Courses Available

From Training Support Department Mayport

Training Support Department Mayport, Navy Marine Corps Learning Network Video-TeleTraining (VTT) is offering the following courses.

- Oct. 7-8, Operational Security Planner Course (J-2G-0966), 0800-1600 RM 150
- Oct. 14-17, JTIDS 101, 8 a.m.-4 p.m., RM 151
- Oct. 23-24, Customs Border Clearing Agent Afloat (J-551-0050), 8 a.m.-4 p.m., RM 150
- Oct. 28-29, Safety Programs Afloat (A-493-2099), 8 a.m.-4 p.m., RM 151
- Oct. 28-30, Introduction to NAVOSH (A-493-0050), 8 a.m.-4 p.m., RM 150

- Nov. 3-6, Hazardous Material Control & Management (A-322-2601), 9 a.m.-5 p.m., RM 150
- Nov. 4-5, SK Financial Management, 8 a.m.-4 p.m., RM 151
- Nov. 6-7, Safety Programs Afloat (A-493-2099), 8 a.m.-4 p.m., RM 151
- Nov. 12-13, Logistics Management (Jr. SK), 8 a.m.-4 p.m., RM 150
- Nov. 17-18, Safety Programs Afloat (A-493-2099), 8 a.m.-4 p.m., RM 150
- Nov. 18-19, Inventory Management (Sr. SK), 8 a.m.-4 p.m., RM 151
- Nov. 19-21, DoD PKI/LRA Training, 9 a.m.-5 p.m., RM 150

- Nov. 25-26, Depot Level Repairable (DLR), 8 a.m.-4 p.m., RM 151
- Dec. 2-3, Operational Security Planner Course (J-2G-0966), 8 a.m.-4 p.m., RM 150
- Dec. 4-5, Safety Programs Afloat (A-493-2099), 8 a.m.-4 p.m., RM 151
- Dec. 8-11, Hazardous Material Control & Management (A-322-2601), 9 a.m.-5 p.m., RM 150

To attending any of courses contact Herb Duggins at 270-5061, or e-mail, herb.duggins.ctr@navy.mil. For more information and additional course offerings visit www.npdcc.navy.mil/usn_usmccvt/courses_available.htm.

USO News

The USO will hold a Jaguars ticket lottery for games that have a high demand for tickets. Guidelines for the lottery include participants must go to the USO and fill out a lottery request slip on the day the tickets go on sale. This slip enters your name into the drawing for a chance to buy two tickets only. If your name is drawn, you will be called and required to come to your USO within 24 hours to purchase your tickets. Cost is \$20 for two tickets. As with all Jaguar tickets, these are for active duty only. Mayport and NAS JAX USOs will be selling tickets to the Southern Women's Show at a discounted price to active duty only for \$5 each. Active duty military must present their military ID to purchase a ticket(s). Tickets must be purchased in person. The Southern Women's Show will be held from Oct. 16-Oct. 19 at the Prime Osborn Convention Center, downtown, Jax. The Beaches Veterans Association (BVA) will hold their monthly BBQ Cookout on Oct. 12 from 1-5 p.m. at American Legion Post 129, 1151 S. Fourth St. All proceeds go to the Mayport USO Center's No Dough Dinners for the families of young deployed service members. While the BVA supports these Dinners it also collects donations, or boxes of flavored drink packets for our fighting men in Iraq, so consider bringing a box when you come. Boxes are shipped weekly to USO Balad, Iraq and Camp Buehring, Kuwait to help make drinking the gallons of tepid water needed in these desert

locations more palatable. The 2008 holiday season will be a special one for both the USO and our well-deserving military personnel and their families. The USO is assisting Sears to promote the new Sears Heroes at Homes program. This program allows Sears customers to support non-profit organizations. This year, Sears will make a \$250,000 donation to the USO as a thank you for customers using their Sears Card. Additionally, the Heroes at Home Wish Registry program will feature an online portal in which military families can post their wishes; and consequently the public can go online and contribute towards these individual's holiday wishes. The new Priority Mail Large Flat Rate Box is now 50 percent larger (12 x 12 x 5 1/2) and for the first time in history, the U.S. Postal Service is offering a \$2 discount when sending the new larger box to an APO/FPO address, enabling customers to send more with one flat price of \$10.95. There are two versions of the new box; one branded with 'America Supports You' (a Department of Defense-sponsored organization that supports overseas military forces) and includes an APO/FPO address block. Either version of the new Priority Mail Large Flat-Rate Box is eligible for the \$2 discount. The boxes can be ordered at <http://www.usps.com> free of charge. All University of North Florida athletic events are free to active duty service members and their dependents. Just show your military ID card at the gate. Mayport USO is looking for volunteers to help with visitors, answer phones, copying, filing

and light administrative assistance. A working knowledge of Excel and Word is preferred. Email wendy@usojax.com for more information. Be sure to indicate Mayport Volunteer in the subject line. Tickets to Adventure Landing, on Beach Boulevard, are now available at the USO! USO sells discounted tickets to AMC Movie Theatres, Disney World, Sea World, Busch Gardens, Wet N' Wild, Universal Studios, Islands of Adventure, and Adventure Landing. There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available. Watch TV or a movie from the video library. Service members can also enjoy video games or use the sports equipment. There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs. A TV, VCR and overhead projector are available for use. For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road. USO is open from 9 a.m.-9 p.m., Monday-Friday and 9 a.m.-6 p.m., Saturday.

Women's Health Month In October

From Health Promotion by the Ocean

Naval Branch Health Clinic Mayport's Health Promotion staff recognizes women's health during the month of October. What can you do to stay healthy and prevent disease? You can get certain screening tests, take preventive medicine if you need it, and practice healthy behaviors. Top health experts from the U.S. Preventive Services Task Force suggest that when you go for your next checkup, you should talk to your doctor or nurse about how you can stay healthy no matter what your age. According to the Agency for Healthcare Research (AHRQ), the most important things you can do to stay healthy are:

1. Get recommended screening tests; these tests include pap tests, mammograms, cholesterol testing, blood pressure testing, colorectal cancer screening, diabetes screening, osteoporosis screening, and sexually transmitted disease screening.
2. Be tobacco free.

3. Be physically active.
4. Eat a healthy diet.
5. Stay at a healthy weight.
6. Take preventive medicines if you need them.

Screening tests can find diseases early when they are easier to treat. Health experts from the U.S. Preventive Services Task Force have made recommendations, based on scientific evidence, about testing for various medical conditions and diseases. Talk to your doctor about which ones apply to you and when and how often you should be tested. If you need assistance with weight loss, becoming tobacco free, controlling your cholesterol or blood pressure, call Health Promotion at 270-5251. We are located at 2050 Marshall Couch Drive, next to Surfside Fitness and the Chief's Club.



Chapel Call
Command Chaplain:
Cmdr. Jerome Dillon
SUNDAY
Roman Catholic Mass.....9 a.m.
Sunday School.....9:15 a.m.
Morning Worship.....10:30 a.m.
Protestant Baptism.....As requested

TUESDAY
MOPS (Mothers of Preschoolers).....9:30 a.m.
(First and third Tuesday of the month)
Nursery is provided.

WEDNESDAY
Women's Bible Study.....9:30 a.m.
Choir Rehearsal.....7 p.m.

SATURDAY
Men's Prayer Breakfast.....9 a.m.
Youth Group.....6 p.m.
(Second and Fourth Saturdays of month)

Catholic Services:
Mass.....Monday-Friday, 11:30 a.m.
Confession.....Before and after mass
Religious Education.....10:30 a.m.

BAPTISMS
Please call 270-5212 to arrange a Baptism class.

SERVICES
For shipboard and Waterfront Services, call 270-5403. Personnel of other faiths seeking contact with specific religious groups should call the Chaplain's Office at 270-5212.



Naval Station Mayport

Capt. Aaron Bowman.....Commanding Officer
Cmdr. Mike Watson.....Executive Officer
CMDCM Deborah Davidson.....Command Master Chief

Naval Station Mayport Editorial Staff

Bill Austin.....Public Affairs Officer
MC1 Heather Ewton.....Deputy Public Affairs Officer
IC2 Paul Fenn.....Assistant Public Affairs Officer
Paige Gnan.....Editor

The Mirror is distributed without charge throughout Mayport's Navy community, including the Naval Station, on- and off-base Navy housing areas, and ships, squadrons and staffs homeported at NS Mayport. Copies are also available at the Naval Station's Public Affairs Office, Building 1, and The Florida Times-Union, 1 Riverside Avenue, Jacksonville, FL 32202. The deadline for all submissions is Thursday at 4 p.m., one week prior to publication. News and articles should be submitted to the Public Affairs Office, or mailed to:

The Mirror
P.O. Box 280032
Naval Station
Mayport, FL 32228-0032
Commercial: (904) 270-7817 Ext. 1012 DSN: 960-7817 Ext. 1012
Commercial FAX (904) 270-5329 DSN FAX: 960-5329
Email: mayportmirror@comcast.net
CO Actionline: 270-5589 or 1-800-270-6307

This DoD newspaper is an authorized publication for members of the Department of Defense. Contents of **The Mirror** are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Navy. Published by The Florida Times-Union, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Station Mayport, Fla. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, U.S. Navy or The Florida Times-Union, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. The editorial content of this publication is the responsibility of the Naval Station Mayport, Fla., Public Affairs Office.



Advertisements are solicited by the publisher. Inquiries regarding advertising should be directed to:

Ellen S. Rykert • Military Publications Manager
1 Riverside Avenue • Jacksonville, FL 32202
(904) 359-4168
Russ Martin • Advertising Sales Manager
(904) 359-4336 • FAX: (904) 366-6230



-Photo by Sonar Technician Surface 2nd Class Daniel Garcia
Hospital Corpsman 2nd Class (Surface Warfare) Steven Currier gives medical attention to a young migrant aboard USS Boone (FFG 28). Boone discovered 50 migrants in need of medical attention after searching a vessel Sept. 3 in the Eastern Pacific Ocean. Boone's crew brought the migrants aboard their ship and provided them with medical care, food, a shower, and dry clothing. Boone is deployed in the Eastern Pacific Ocean conducting counter-illicit trafficking operations under the operational control of U.S. Naval Forces Southern Command (NAVSOC)/U.S. 4th Fleet, and tactical control of Joint Interagency Task Force South (JIATF-S).

Boone Rescues Migrants At Sea

By Ensign Emily S. Castro
USS Boone Public Affairs Officer
USS Boone (FFG 28) rescued 50 migrants while investigating a suspicious vessel Sept. 3. Joint Interagency Task Force South directed Boone to deploy its Rigid-Hull Inflatable Boat (RHIB) to search a suspicious vessel. Boone's boarding team pulled alongside and was granted permission to board the vessel. When the team investigated, they discovered 50 migrants crowded together onboard the vessel. Boone's boarding team interviewed the migrants and decided to transport them to the ship for their health and safety. Once

onboard Boone, the crew provided the migrants with a medical examination, food, clothing, and shower facilities. Aviation Electronics Technician Airman Michael Roggio, one of Boone's Search and Rescue swimmers, enjoyed the opportunity to help the migrants. "It was a special experience for me to get to do something humanitarian," said Roggio. Hospital Corpsman 1st Class (Fleet Marine Force) Vincent De La Ossa administered medical exams to all of the migrants. "I am very lucky to help those less fortunate than me," said Ossa. Boone is deployed in the

Eastern Pacific Ocean conducting counter-illicit trafficking operations under the operational control of U.S. Naval Forces Southern Command (NAVSOC)/U.S. 4th Fleet, and tactical control of Joint Interagency Task Force South (JIATF-S). Typically, this involves the detection and interdiction of narcotics smugglers. However, the prevention of human trafficking is also a goal for Sailors deployed to the U.S. Southern Command area of focus. Boone, homeported in Mayport, Fla., is deployed with embarked Helicopter Anti-Submarine Squadron Light (HSL) 42 and U.S. Coast Guard Law Enforcement Detachment 406.

Don't Forget New Dial Plan

From Staff
A new dialing plan for Naval Station Mayport and Naval Air Station Jacksonville and Naval Submarine Base Kings Bay is in effect. The change includes all on base dialing codes, DSN, long distances and toll free calls.
One of the biggest changes for the three bases is need to now dial the full seven-digit phone number rather than five digits.
For example, a caller must dial 270-5555 rather than just 0-5555 for Mayport or 542-5555 rather than 2-5555 to connect to NAS Jacksonville.
To dial off base, a caller must dial 99 followed by the seven digit number. Long distance numbers require 98, followed by 1 and the 10-digit commercial number.
Naval Station Mayport's DSN number will be changed from 960 to 270, the same as the base's local prefix. All base personnel and commands should advertise this change.
To dial using DSN Conus, call 94 and the seven-digit DSN telephone number. To dial DSN OCONUS, dial 90 plus the 10 digit DSN telephone number.
To call a toll free number, dial 99 plus 1 and the 10-digit toll free number.
Fax machines must be reprogrammed with these new dialing codes. Also, systems that use phone lines to transmit data must be reprogrammed, such as timekeeping systems and credit card sales.
For more information on the new phone plan, or to report any problems, call 542-3570.



Help A Child!

Be a Foster Parent
Foster Parents receive:
• Comprehensive, Ongoing Training
• 24/7 Professional Support
• Competitive Stipend
• Flexible Scheduling
If you have a passion to help children, foster parenting at Boys Town can be the career of a lifetime.
Call 1-877-639-6003 today!
Foster Family Services are located in Washington, D.C., N. Florida, Iowa, Nebraska, Texas and Rhode Island.
BOYS TOWN Saving Children. Healing Families. A CFC participant - provided as a public service.

Family Dentistry

Adults and Children

EVELYN L. HERRERA, D.M.D., P.A.

"A Navy family serving Military families since 1988"

WELCOMING NEW PATIENTS!

- Most Insurance accepted
- We accept Dental Insurance for Active Duty Dependents and Retired Military & Their Dependents
- In front of Mayport NEX/Commissary

PARTICIPANT (904) 249-1302

Pan-Am Plaza Suite 17 • 2292 Mayport Rd. Jacksonville, Florida 32233
Office Hours Tues. -Fri. 8:30 a.m. - 5:30 p.m. • Sat 8:30-4:00pm

SERVICE

IS PROTECTING YOUR HOME THE WAY IT PROTECTS YOU.



INSURANCE

BANKING

INVESTMENTS

MEMBER SERVICES

PROTECT YOUR HOME WITH USAA HOMEOWNERS INSURANCE. Trust USAA to protect what's important to you when you PCS. We'll insure your house at full replacement cost.¹ And we'll pay your claims fast via direct deposit. Plus, we'll provide you with the best customer service in the country, as ranked by *BusinessWeek* for the second year in a row. Because that's what our members deserve.

» GO TO USAA.COM/MOVE OR CALL 800.563.0513 TODAY



USAA We know what it means to serve.®

USAA.COM

¹With replacement cost coverage, in the event of a total loss, at our option and subject to policy limits, we will pay you the lesser of our cost to replace, or the necessary amount you actually spend to replace, the property. Use of the term "member" does not convey any legal, eligibility or ownership rights. USAA means United Services Automobile Association and its affiliates. Property and casualty insurance provided by United Services Automobile Association and its affiliate property and casualty insurance companies, and is available only to persons eligible for P&C group membership. © USAA, 2008. All rights reserved. 88202-0808

MWR Happenings

Oct. 2: NEW Thursday Team Trivia. 7-9 p.m. at Bogey's. Now offering team trivia every Thursday evening. Normal Bogey's menu available starting at 6 p.m. 270-5143

Oct. 3: Halloween Horror Nights Day at ITT. Join the Universal Orlando rep between 10:30 a.m. and 2 p.m. at ITT

and get entered to win two free tickets to Halloween Horror Nights. No purchase necessary. 270-5145

Oct. 7: Qualifying for SE Military Invitational Golf Tournament. Qualify to represent NS Mayport in the Southeast Military Invitational Golf Tournament (Oct. 14-

17) at NAS Jacksonville. Tee off begins at 1 p.m. at Windy Harbor. For complete tournament details, call 270-5380.

Oct. 8-9: Sports Challenge. Enter your Command (active duty only) in the Fall Sports Challenge. 270-5451

Oct. 10-13: Columbus Day Weekend Key Largo

Dive Trip. Cost is \$495 and includes seven boat dives, use of all scuba equipment, transportation and lodging. You only pay for your food. 270-5541

Oct. 17-19: Open Water Scuba Certification Course. \$290 complete (\$320 guests); includes gear, study materials, instruction, certification, lodg-

ing and round trip transportation. Pre-registration required. 270-5541

Oct. 18: Fall Fest. 2-6 p.m. at Sea Otter Pavilion. Event features fun for the entire family including carnival games, clowns, face painting, pony rides, train rides, mechanical games, inflatables and more.

Everything is free except food. New for 2008... once the carnival event ends at 6 p.m. stay and enjoy an Oktoberfest-style celebration with live music, specialty beers and food for purchase until 9 p.m. at Sea Otter Pavilion. 270-5228

Striking Viking Visits Mayport



-Photos courtesy of MWR
Eva Mataya Laurance prepares to shoot a trick shot off of the mouth of SA Brian Moffett of USS Hue City during her recent exhibition at Planet Mayport.

Ensign Christian D'Angelo of the USS Doyle gets advice on shot making from Eva Mataya Lawrence.

Liberty Call

The following activities target single or unaccompanied Sailors. For more information, call Planet Mayport Single Sailor Center at 270-7788/89.

Oct. 4: O.A.R. Concert Trip. Cost is \$15 and includes transportation and admission. Trip leaves Planet Mayport at 4:30 p.m.

Oct. 5: Jags vs. Pittsburgh Steelers Trip. Cost is \$5. Trip departs from Planet Mayport at 5:30 p.m.

Oct. 6: Texas Hold 'Em. Every Monday at 7 p.m. at Castaway's Lounge. Free to enter. Everyone welcome.

Oct. 9: Dinner and a Movie Trip. Enjoy pizza at Planet Mayport followed by a movie of your choosing at Regal

Cinemas. Cost is only \$2. Trip departs ½ hour prior to first selected movie.

Oct. 10: Concert Trip (Staind, Seether and Papa Roach). Cost is \$30 and includes transportation and admission. Trip departs for concert at 5 p.m.

Oct. 18: Orlando Magic Trip. Orlando Magic versus Miami Heat at Jacksonville's Veterans Memorial Arena. Cost is \$20. Trip departs at 5 p.m.

Oct. 19: Savannah Day Trip. Free transportation to Savannah for a day of fun. Trip departs from Planet Mayport at 8:30 a.m.

Kid Zone

Oct. 3: "Boys Night Out" Freedom Friday. 7-11 p.m. at the Youth Activities Center for boys in grades K-5th. \$7 in advance; \$9 the day of. 270-5680

Oct. 10: Haunted House Planning Meeting (Torch Club). 5:30-6:30 p.m. at Club Teen. Middle and high school students will help plan and design this year's haunted house. 270-5680

Oct. 17: "Girls Just Wanna Have Fun" Freedom Friday. 7-11 p.m. at the Youth Activities Center for boys in grades K-5th.

\$7 in advance; \$9 the day of. 270-5680

Oct. 18: Fall Fest. 2-6 p.m. at Sea Otter Pavilion. Event features fun for the entire family including carnival games, clowns, face painting, pony rides, train rides, mechanical games, inflatables and more. Everything is free except food. New for 2008... once the carnival event ends at 6 p.m. stay and enjoy an Oktoberfest-style celebration with live music, specialty beers and food for purchase until 9 p.m. at Sea Otter Pavilion. 270-5228.

MWR Sports/Fitness

A new fitness schedule is in effect. The Surfside Fitness schedule is as follows:

Monday
7 a.m., TRX with Ruthie and Emily

9:30 a.m., Power Walking with Ruthie

9:30 a.m., Broken Hearts with LaPlace

1 p.m., Moms in Motion with Traci

4:30 p.m., Zumba with Emily

Tuesday
6:30 a.m., Yoga with Mia

9:30 a.m., LoImpact with Emily

11:30 a.m., Advanced Mind Body with Mia, Ruthie and Emily

1 p.m., Strength Solutions & Flexibility Fix-Ups with LaPlace

Wednesday
6:30 a.m., Functional Flexibility and Stress Management with Mia

9:30 a.m., Intro to Mind Body with Mia

Noon, Lunch Crunch with LaPlace

1 p.m., Moms in Motion with Traci

3 p.m., TRX with Ruthie and Emily

5:30 p.m., Kids Clinic with Ruthie

5:30 p.m., Kickboxing with LaPlace

Thursday
9:30 a.m., Pump and Grind with Emily and Mia

11:30 a.m., Zumba with Emily

1 p.m., Strength Solutions & Flexibility Fix-Ups with LaPlace

Friday
7 a.m., Beach Bootcamp with LaPlace

9:30 a.m., Broken Hearts with LaPlace

9:30 a.m., Fitness Equipment Training with Ruthie

The Gym schedule is as follows:

Monday
6 a.m., Weight Training for Warfighters with Ruthie

11:30 a.m., Circuit Senations with LaPlace

3 p.m., Command Row-bics with LaPlace

Tuesday
6 a.m., Command Cardio Pump with Traci

11:30 a.m., Resistance with Traci

3 p.m., Conditioning for Running with LaPlace

4:30 p.m., Spinning

5:45 p.m., Fitness Equipment Training with LaPlace

Wednesday
7 a.m., Cardio, Combat and CORE with Traci

11:30 a.m., Spinning with Traci

Thursday
7 a.m., Command Jump and Jab with Ruthie

11:30 a.m., Row-bics with Ruthie

3 p.m., Victory PRT with Mia

Friday
6:30 a.m., Command Spinning with Ruthie

9:30 a.m., Intro to Spinning with Mia

11:30 a.m., Strength Training Basics for Women with Traci

Captain's Cup Winners



-Photo by Bill Austin
NS Mayport Commanding Officer, Capt. Aaron Bowman presents the 2007-2008 Naval Station Mayport Captain's Cup Program to HSL-44. Captain's Cup consisted of 10 sports, six tournaments and two special events. Thirty-five Naval Station Commands Competed for the Captain's Cup Award. HSL-44 participated in six sporting events finishing in the top five in Intramural Basketball, Greybeard Basketball, Flag Football, and Softball, and participation in Golf and MWR Runs. HSL-44 had 535 total points, which when divided by their unit total of 2.0, put them in first place with a score of 267.

HAUNTED HAPPENINGS

Halloween Horror Nights Day at ITT: Friday, Oct. 3rd

The reflections of your most terrifying nightmares lurk in every shadowy corner of the country's premier annual Halloween event. Visit Mayport's ITT Office on Friday, Oct. 3rd for a chance to win two (2) free tickets to Halloween Horror Nights at Universal Studios. Universal's Military Sales Rep will be available for information on this year's creepy event from 10:30 a.m. – 2 p.m.



For more info, call ITT at (904) 270-5145.

Universal's HALLOWEEN HORROR NIGHTS

Fall Festival

At Naval Station Mayport

Saturday, Oct. 18
2-6 pm @ Sea Otter Pavilion

FUN FOR ALL AGES!

- Games ■ Face Painting ■ Clowns
- Mechanical Rides ■ Pumpkin Patch
- Pony Rides ■ Train Rides ■ DJ
- Entertainment by Navy Children
- Inflatables ■ Food for Purchase

New for 2008...

We'll be rockin' into the night with live music, food and specialty beers from 6-9 p.m.

For more information, call MWR Mayport at (904) 270-5228.

Youth Activities Supports National Play Day



-Photos by Veronica Mandez

Youth of all ages celebrated World Wide Day of Play on Sept. 27 with outdoor races, relays and more at the Youth Activities Center. World Wide Day of Play is a concept created by the cable TV channel, Nickelodeon, where youth are encouraged to get outside and participate in healthy and active play. MWR Youth Rec Counselor, Brian Wargo, leads his team in game of flag football at World Wide Day of Play.



MWR Fitness Specialist, Traci Helgerson, gives instructions on the obstacle course.



During the Hula Hoop Challenge, participants are required to keep the hula hoop going on any part of their body for one minute.



Kha Sanford, age 11, does push-ups as part of fitness activities at World Wide Day of Play.

YAC Celebrates Hispanic Heritage Month



-Photos courtesy of MWR

Serafin Herrera and mom, Maria Centeno, dance the salsa together in a celebration of National Hispanic Heritage Month at MWR's Youth Activities Center.



Parent Maria Centeno, (in yellow) right, conducts a group merengue dance class at the Youth Activities Center as part of National Hispanic Heritage Month.

Playground

From Page 1

and eating gardens created and maintained by the children. "We are very happy with the renovation of this area for our pre-toddler classrooms," said Pam Schwartz, MWR Child Development Center Director. "The playground is an extension of the classroom. It provides a great outdoor learning environment for the children."

MWR offers child development programs for ages six weeks and older. For more information, call the Child Development Center at 247-7740.



-Photos by Stephanie Edwards

Pre-toddlers, Mason Mills, left, and Gianna Cruz, experience "water play" on the new CDC playground.



CYP assistant Yolander Myles and pre-tod children, Amelia Carter, left, and Sophia Smith color with crayons on the outdoor easels.

Calendar

On Base

Thursday, Oct. 2

USS The Sullivans Family Readiness Group will meet at 6 p.m. at the Mayport USO. The USO is located across from Sonics on Mayport Rd. Childcare will be provided. Remember to bring your decorated picture frame. Come find out what new events are planned for this year. First Kiss tickets will be available.

Wednesday, Oct. 8

USS Robert G. Bradley will be holding a pre-deployment brief. It will take place from 6:30-8:30 p.m. at the USO on Mayport Road. All families and friends are welcome to attend. Useful information will be given out. If you have any questions, please email rbgfbg-49pres@yahoo.com.

Thursday, Oct. 16

USS Philippine Sea family readiness group will meet and hold a potluck on the third Thursday of the month at 6:30 p.m. at the Mayport USO.

Out in Town

Thursday, October 2

Friends of the Beaches Branch Library, 600 Third Street, are holding their Book Sale in the library community room this weekend. Members Only Preview Sale hours are Thursday, Oct. 2 from 5 to 7 p.m. Friday, Oct. 3 and Saturday, Oct. 4 hours are from 10 to 5. Sunday, Oct. 5 is Bag Day from 1-4 p.m. For further information call 992-1171.

Atlantic Beach Women's Connection invites all area women to join us for our So Long Summer Fall Luau from 6:30-8:30 p.m. at Selva Marina Country Club, 1600 Selva Marina Dr., Atlantic Beach. Ann Parish of New Smyrna Beach, Fla., will speak on "Bugs in my Teeth and Other White Knuckle Stories From a Motorcycle Enthusiast." Enjoy a tasty Island Foods cooking demonstration by David and Susan Hurst of Atlantic Beach and special Island Music by Jennifer Hudson, teacher LaVilla School

of the Arts. Cost for non-members is \$20.00 inclusive. Complimentary child care with reservation. For Questions or Reservations email atlantic-beachwc@yahoo.com or call Kate at 534-6784.

Friday, Oct. 3

The Fleet Reserve Association, Branch 290, is hosting a Seafood Dinner from 5-8 p.m. at the Branch Home, 390 Mayport Road, Atlantic Beach. The menu will include Seafood Chowder, Fried Fish, Fried Shrimp or Crab Cakes. Also included are French Fries, Corn Nuggets and Cole Slaw. A donation of \$10 is requested for each dinner. Carry out orders are accepted. As always, the public is invited to attend. Happy Hour precedes the dinner from 4-6 p.m.; all drinks are 50¢ off. After dinner, enjoy the music of Doug Bracy until 1 a.m.

Saturday, Oct. 4

Join a park ranger at 11 a.m. for an introduction to the basics of hiking. Weather, wildlife tracking, trail safety and proper gear will all be discussed. The program will take place at the Bluffs pavilion on Big Talbot Island. No reservations are necessary and the program is free with \$2 vehicle entrance fee.

Thursday, Oct. 9

The Fleet Reserve Association Branch 290 will hold their monthly General Assembly meeting at 8 p.m. at the Branch Home, 390 Mayport Road, Atlantic Beach, FL. All members and prospective members are invited to attend. The Fleet Reserve Association is a world wide veteran's organization that represents nearly 165,000 active duty and retired Navy, Marine Corps and Coast Guard members. The FRA Branch 290 is called the "Active Duty Branch" because of the number of active duty members. If you have served in any of the maritime services, no matter how long, stop by the Branch Home, 390 Mayport Road, Atlantic Beach, FL or call 246-6855. New members are always welcome.

Friday, Oct. 10

The Fleet Reserve Association, Branch 290, is

hosting a Seafood Dinner from 5-8 p.m. at the Branch Home, 390 Mayport Road, Atlantic Beach, FL. The menu will include Seafood Chowder, Fried Fish, Fried Shrimp or Crab Cakes. Also included are French Fries, Corn Nuggets and Cole Slaw. A donation of \$10 is requested for each dinner. Carry out orders are accepted. As always, the public is invited to attend. Happy Hour precedes the dinner from 4-6 p.m.; all drinks are 50¢ off. After dinner, enjoy the music of Doug Bracy until 1 a.m.

Saturday, Oct. 11

As a public service, U.S. Coast Guard Auxiliary 14-04, Jacksonville Beaches, is offering a one day Safe Boating Course. Program runs from 7:30 a.m.-5 p.m. and will be held at the Captain's Club, 13363 Beach Blvd., in Jacksonville. Course fee of \$25 includes materials. The course meets the Florida State requirement for a Boaters Safety Card that could result in a decrease in your boat insurance. For more information, please contact Mike Christnacht at 904-502-9154 or log onto www.uscgajaxbeach.com.

Sunday, Oct. 12

Join a park ranger at 11 a.m. for a discussion on the different types of shark teeth that can be found on the area's beaches. This program will take place at the Ribault Club on Fort George Island Cultural State Park. No reservations are necessary and the program is free.

Tuesday, Oct. 14

Decorative Artists of Jacksonville are holding their regular monthly meeting on at 7 p.m., Riverside Avenue Christian Church, 2841 Riverside Avenue. Beginning artists welcome - no experience necessary. For more information, visit www.decorativeartistsofjacksonville.org and see the wide variety of workshops and seminars planned for the year.

USMMA Alumni Foundation, Jacksonville Chapter, will meet from 5-9 p.m. at Budweiser Brewery Hospitality Room. Guest speaker - is Mr. Bruce Howie '65. For more information, call Susan at 220-2422 or

visit usmmaaa-jax@comcast.net. Cost is \$20 at the door. RSVP with your entree selection: chicken or veal.

Thursday, Oct. 16

Virginia Tech Corp of Cadets will meet at Fionn MacCools, 333 1st Street North, Jacksonville Beach Social hour starts at 6 p.m.; Presentation at 7 p.m. Cost is \$5 donation for VT Scholarship Fund. Please RSVP no later than Tuesday, Oct. 14, 2008 by e-mailing Carolyn Ranieri at A93Hokie@comcast.net. Presentation will include: Colonel Rock Roszak, Director of Corps Alumni Programs will be presenting a slideshow presentation that describes the leader development program including leadership instruction, opportunities for students and cadet achievements in academics and service projects. The presentation ends with a music video showing our alumni serving their country around the world. May also include the Corps involvement in the aftermath of April 16 at VT.

Friday, Oct. 17

The Fleet Reserve Association, Branch 290, is hosting a Seafood Dinner from 5-8 p.m. at the Branch Home, 390 Mayport Road, Atlantic Beach. The menu will include seafood chowder, fried fish, fried shrimp or crab cakes. Also included are french fries, corn nuggets and cole slaw. A donation of \$10 is requested for each dinner. Carry out orders are accepted. As always, the public is invited to attend. Happy Hour precedes the dinner from 4-6 p.m.; all drinks are 50¢ off. After dinner, join us for a Sing-Along with Bill until 1 a.m.

Saturday, Oct. 18

You won't want to miss this annual Beaches tradition at the Fall Festival and Craft Show from 9 a.m.-4 p.m. at Christ United Methodist Church Neptune Beach, 400 Penman Road. Join the fun in front of the Pumpkin Patch from 9:00-4:00. Handmade items, candles, crocheted items, handcrafted jewelry, art, Christmas gifts and other special items are waiting for you to come by and see. Children's games, yummy baked goods,

food and, of course, pumpkins, will be available. Start your Christmas shopping early! For information, please contact the Church office at 249-5370. All local crafters are invited to join us. Those who are interested in participating in this Beaches tradition should contact the Church Office at 249-5370 to reserve your booth today.

Join a park ranger at 11 a.m. for a walk on the beach as they explain the importance of undeveloped beach habitat, including many interesting facts about sea creatures and common shells found in the area. The program will take place at pavilion five on Little Talbot Island. No reservations are necessary and the program is free with regular park admission.

Friday, Oct. 24

The Fleet Reserve Association Branch 290 is hosting a Low-Country Boil Dinner on from 5-8 p.m., at the Branch Home at 390 Mayport Road, Atlantic Beach. A donation of \$8 is requested for each dinner. Carry out orders are accepted. The public is always invited to dinner. Happy hour precedes the dinner from 4-6 p.m., all drinks are 50¢ off. Starting at 9 p.m., the music of DOUG BRACEY will entertain until 1 a.m.

Saturday, Oct. 25

The Mandarin Museum & Historical Society is hosting its fifth annual "Stowe, Steamboats and Stories," from 7 to 9 p.m. at the Walter Jones Historical Park in Mandarin. During this free event, visitors will journey into the park by lamplight and meet figures from the area's past. Previous years have included Harriet Beecher Stowe, Maple Leaf survivor Mrs. Chadwick, and steamboat magnate Captain Brock. "Stowe, Steamboats and Stories is a great opportunity for the people to interact with reenactors and learn about the history of this area," said Andrew Morrow, Executive Director for the Mandarin Museum & Historical Society. "The park has its own mystery at night. Children are encourage to wear costumes to the event and we will provide refreshments." The Walter Jones Historical Park

is located at 11964 Mandarin Road. For information and directions please contact (904) 268-0784. Email: mandarin-museum@bellsouth.net or visit www.mandarinmuseum.net

Sunday, Oct. 26

Join a park ranger at 1 p.m. to learn about the many common species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida. The program will take place at pavilion six on Little Talbot Island. No reservations are necessary and the program is free with regular park admission.

Saturday, Nov. 15

As a public service, U.S. Coast Guard Auxiliary 14-04, Jacksonville Beaches, is offering a one day Safe Boating Course. Program runs from 7:30 a.m.-5 p.m. and will be held at the Captain's Club, 13363 Beach Blvd., in Jacksonville. Course fee of \$25 includes materials. The course meets the Florida State requirement for a Boaters Safety Card that could result in a decrease in your boat insurance. For more information, please contact Mike Christnacht at 904-502-9154 or log onto www.uscgajaxbeach.com.

Saturday, Nov. 29

The city of Jacksonville invites boaters to celebrate the start of their holiday season at the 23rd annual Jacksonville Light Parade at 7 p.m. on the downtown riverfront. The St. Johns River will transform into a dazzling array of lights, sound and holiday spirit as the First Coast boating community decorates their vessels from bow to stern to compete in the largest lighted boat parade. This event is part of the Make A Scene Downtown! series. For information about registering, please contact the Office of Special Events at (904) 630-3690 or visit www.coj.net and click on Light Parade.

NAVSEA Continues Hurricane Ike Relief

By Naval Sea Systems Command Office of Corporate Communications

Supervisor of Salvage and Diving (SUPSALV), a directorate of the Naval Sea Systems Command (NAVSEA) in Washington D.C. cleared the Gulf Intracoastal Waterway (GIWW) near Galveston, Texas, for marine vessel traffic Sept. 25.

The salvage removal operation directly supports Hurricane Ike relief efforts.

"We originally identified five salvage targets, two of which were confirmed to be commercial-size fishing vessels," said Michael Herb, director of salvage operations. "However the work has grown and a total of three deck barges full of debris have been removed." SUPSALV and its east coast salvage contractor, Donjon Marine, commenced salvage removal operations Sept. 17.

NAVSEA's SUPSALV received the request from the Galveston District of the U.S. Army Corps of Engineers (USACOE) Sept. 15 for U.S. Navy assistance in removing a number of small vessels sunk in the GIWW along the Bolivar Peninsula northeast of Galveston. SUPSALV will also remove an obstruction from the north edge of the Galveston channel.

"It's important to remove

these obstructions quickly to get the critical barge and ship commerce back in transit safely," said Herb. SUPSALV is responsible for all aspects of ocean engineering, including salvage, oil pollution response, deep ocean search and recovery,

in-water ship repair, towing, diving safety and equipment maintenance and procurement.

Worldwide maritime security remains a top Navy priority and NAVSEA provides highly capable disaster response to support the Maritime Strategy.

PONTE VEDRA MEDICAL CENTER
Smita Malhotra, DPM
Total Foot Care
Including:

- Trauma of The Foot & Ankle
- Foot & Ankle Sports Injuries
- Bunions
- Discolored Nails
- Heel Pain
- Ingrown Nails
- Warts
- Wound Care

www.PonteVedraMedical.com **285-WELL (9355)**
 Accepts Tricare Standard & Prime 1100 Sawgrass Village Dr PVB285-9355

LAPTOP REPAIR

- ALL MAJOR BRANDS
- VIRUS REMOVAL
- INTERNET PROBLEMS
- PC PROBLEMS

TV REPAIRS
FREE ESTIMATE

MAYPORT HARDWARE • 1221 Mayport Road • 247-1200

It's All About YOU

Are you or someone you love experiencing the following?:

- sleep difficulty
- excessive worry
- marital conflict
- parenting challenges
- irritability
- feeling isolated
- your child having school difficulties
- low energy
- low motivation
- hopelessness

You deserve happiness

Let us Help You

Contact us now for a **FREE Consultation** about our **Counseling & Psychiatric Services**

(904)280-3552 • georgejosephmd.com
 We Accept Tricare & Tricare Prime

Plan Your Future

FHA/HUD Government Insured Loan Reverse Mortgage

- ▶ Receive immediate cash in a lump sum
- ▶ A line of credit when you need it
- ▶ Receive monthly payments for life
- ▶ No monthly payments to make
- ▶ You always retain the title
- ▶ You always retain full equity above your loan balance



What is a Reverse Mortgage?

- Unique loan program enabling senior homeowners (age 62 and older) to use their equity without payments.
- Financial security as long as you occupy your primary home.
- No income or credit requirements.

Unlock the financial potential in your home and let your home work for you!

TRADITION. SERVICE. INNOVATION.

For more information call **(904) 483-2114** to speak with one of our Reverse Mortgage Specialists

American Enterprise Bank of Florida

You must be a homeowner and age 62 or older to qualify.

FELLOWSHIP OF CHRISTIAN ATHLETES
 The heart and soul in sports
 1-800-289-0909 | FCA.org
 Provided as a public service. a CFC participant

CASH for your DIAMONDS

MONAHAN JEWELERS

246-1933 • 619 Atlantic Blvd.

USS Gettysburg Hosts Carrier Strike Group Eight



-Photo courtesy of USS Gettysburg

USS Gettysburg Commanding Officer, Capt. Rich Brown, discusses the functions and the Engineering Department's Central Control Station with Rear Adm. Kurt Tidd and Chief Gas Turbine System Technician Mechanical Chris Giacherio.

By Lt. j.g. Dennis Panos
USS Gettysburg

USS Gettysburg hosted Rear Adm. Kurt W. Tidd for lunch and an orientation tour while underway in the Jacksonville operation area on Sept. 22.

Tidd is the Commander Carrier Strike Group Eight (CSG 8) which is centered on the nuclear aircraft carrier USS Eisenhower (CVN 69). Gettysburg recently joined CSG 8 in preparation for its spring 2009 deployment. The visit was Tidd's first time on board Gettysburg and served as a formal introduction of the crew into Carrier Strike Group Eight.

Tidd was appointed as Commander, Carrier Strike Group Eight last month and is currently embarked on the USS Dwight D. Eisenhower (CVN69). He most recently served on the National Security Council Staff as Director of Strategic Capabilities Policy, responsible for national deterrence policy.

Tidd has had extensive sea duty assignments throughout his career which include Commanding Officer, USS Arthur W. Radford (DD 968); Executive Officer, USS Leftwich (DD 984); Operations Officer, USS Deyo (DD 989)

and Communication Officer and MPA, USS Semmes (DDG 18).

Tidd was flown to Gettysburg from USS Eisenhower by the HS-5 Night Dippers on an SH-60F. After arriving RDML Tidd joined the Gettysburg Wardroom for lunch which provided an ideal forum for a lively roundtable about Gettysburg's role in the Strike Group and the priorities of the Strike Group heading into deployment. After the lunch Tidd had a meeting in the Chief Petty Officer's mess where he again laid out Gettysburg's role in supporting the Strike Group and the importance of strong deck plate leadership in achieving strong results.

In addition to meeting with Gettysburg's leadership Tidd spent more than an hour touring Gettysburg and meeting with the crew in their workspaces. The tour led the admiral through the Mess Decks, Combat Spaces, Engineering Spaces, and Administrative Spaces providing him a view of Gettysburg's teamwork in action and allowed one-on-one interaction with the Sailors.

While Tidd has not served aboard a Ticonderoga Class Cruiser, his experiences aboard the Spruance Class Destroyers,

which share the hull and engineering spaces with the Ticonderoga Class, made his trip down to the propulsion and auxiliary spaces particularly memorable. In his address on the ship's announcement system, Tidd told the crew that now is the time to prepare for deployment since because in less than 180 days Gettysburg, will be entering a combat zone and the Strike Group will be fulfilling the different missions it had trained for.

Throughout the tour, Gettysburg Sailors stood proud in their work centers as they showed off the jewel of the cruiser fleet. Tidd commented several times that the ship is in pristine condition which is a direct reflection upon the hard work of all the Sailors who work hard hours ensuring the material condition of Gettysburg is maintained. Also noticeable throughout the tour was the professionalism of the crew shown in answering questions about the ship and by their personal presentation.

Gettysburg was honored to host Tidd onboard and looks forward to serving in Carrier Strike Group Eight during the works up for and our subsequent spring 2009 deployment.

Jax Participates in CFC Charity

By Kaylee LaRocque

NAS Jacksonville

For the fourth consecutive year, 28 members of Team Navy Jax spent the weekend of Sept. 20-21 pedaling 184 miles in support of the 22nd annual Bike MS PGA Tour Cycle to the Shore benefiting the National Multiple Sclerosis (MS) Society, a Combined Federal Campaign (CFC)-supported charity.

The group gathered early Saturday morning at the St. Augustine Airport on U.S. Highway 1 with about 2,200 other riders to participate in the grueling but scenic ride along the Northeast Florida coast.

"I enjoyed representing Team Navy Jax in the MS ride. The ride was great, a little wet at times, but that added to the fun," said Lt. Scott Myers of NAS Jax Operations Department.

"It's great to see everyone from different organizations come together to support such an event in the spirit of athleticism and in compassion for our brothers and sisters who fight MS on a daily basis.

"Overall, a great ride for a great cause. It's great to be part of Team Navy Jax and to support a CFC-sponsored charity," he added.

According to team captain Miriam S. Gallet, the officers, enlisted Sailors and civilians on the team truly care about the Jacksonville community.

"Team Navy Jax members are awesome. They pedal thousands of miles every year in an effort to give back to the city and its residents," she said. "This year was a very wet and windy ride, but our Sailors and civilians endured it, and everyone crossed the finish line."

The team dedicates its annual MS ride to a NAS Jax family member who was diagnosed with MS in 1991, Ann Bushick, wife of Morale, Welfare and Recreation (MWR) Director John Bushick.

"There are three reasons why I chose to participate in the MS Ride and am a member of Team Navy Jax. The first is that the team is always looking for positive ways to help and improve the quality of life of others through charitable fundraising events. Second, a friend of mine has MS. He made chief petty officer but regrettably was forced to medically retire from the Navy due to MS," said Lt. Juan Gonzalez of Fleet Industrial Supply Center Jax.

"And above all and most importantly, it served as a fun way to keep my Navy physical readiness within standards, helping me with my physical fitness assessment and overall military bearing."

Even though the event is not a race, Gonzalez was the first team member to arrive in Daytona Saturday morning averaging a 22-mph speed.

Team Navy Jax members raised approximately \$10,000 toward this effort through sponsorship and pledges.

CFC is the world's largest and most successful annual workplace charity campaign with more than 300 CFC campaigns throughout the country and internationally to help raise millions of dollars each year, according to the U.S. Office of Personnel Management.

Pledges made by federal civilian, postal and military donors during the campaign season, which runs September through December support eligible non-profit organizations that provide health and human service benefits throughout the world.

Neither the Navy nor any part of the federal government endorses any company sponsor or their products or services.

Receive Maximum Transfer Credit
for your military training & experience

Apply today with no obligation to enroll!

Why CSU?

- Completely Online Programs
- Affordable Tuition
- Personalized Service
- Maximum Transfer Credit
- CSU Book Grant
- Begin Classes at Anytime
- No Scheduled Online Sessions
- No Residency Requirements
- Member of Servicemembers Opportunity Colleges (SOC)
- Tuition Assistance, DANTES and VA Benefits
- GoArmyEd I/OI School
- Air University Associate-to-Baccalaureate Cooperative (AII-ABC) Program

Accredited Online Programs

Associate of Arts Degree:

- General Education

Associate of Applied Science Degree:

- Business - Criminal Justice Administration
- Fire Science

Bachelor of Science Degree Programs:

- Business Administration (Concentrations in Management, Finance, Information Technology, Project Management, Sports Management)
- Fire Science - Human Resource Management
- Marketing - Hospitality & Tourism
- Criminal Justice Administration
- Environmental Management
- Occupational Safety and Health
- Health Care Administration - Psychology

Master Degree Programs:

- MBA (Numerous Concentrations)
- MS Criminal Justice Administration
- MS Occupational Safety and Health

Doctor of Business Administration (DBA)

Other Degree & Certificate Programs Available

Call Today or Visit us Online
877.845.8148
www.columbiasouthern.edu/military
25326 Canal Road, Orange Beach, AL 36561

verizonwireless

Strong. Committed. Dedicated.

★★ All Active, Veteran, Guard and Reserve Military Personnel Receive 15% Off. ★★
Monthly Access on calling plans \$39.99 or higher.

Built to last.
Motorola Adventure™ V750

- > Turn by turn directions with VZ Navigator™
- > Push to Talk capable
- > Meets military standard 810F for dust and shock resistance

\$119.99 \$169.99 2-yr. price - \$50 mail-in rebate debit card. With new 2-yr. activation.

motorola adventure v750

Buy ANY phone \$29.99 or higher
GET 3 FREE
Samsung u340 camera phones
With new 2-yr. activation per phone.

Samsung u340

USB727

High-Speed Wireless Internet
USB727 Modem

Surf, check email and more!
\$29.99

BroadbandAccess and NationalAccess capable. \$79.99 2-yr. price - \$50 mail-in rebate debit card. With new 2-yr. activation on a \$39.99/50 MB BroadbandAccess Plan.

Switch to America's Most Reliable Wireless Network.®

Call 1.888.640.8776
Click verizonwireless.com
Visit any store

VERIZON WIRELESS COMMUNICATIONS STORES Open 7 days a week. Technicians available at select locations.

JACKSONVILLE 13534 Beach Blvd. 904-223-1795
LAKE CITY Inside Lake City Mall 386-719-2173
MANDARIN 10400 San Jose Blvd. 904-880-8282
ORANGE PARK 1911-1 Wells Rd. 904-215-9444
REGENCY 9344 Atlantic Blvd., Ste. 1 904-721-4970
SOUTHSIDE Avenues Mall 904-538-3850
ST. AUGUSTINE Ponce de Leon Mall 904-794-9628

BUSINESS CUSTOMERS
1-800-899-4249

Visit the Verizon Wireless Store inside one of the area's following Circuit City locations

Atlanta • Avenues
Oakleaf • Orange Park

Verizon Wireless not available at all BJ's Membership Clubs.

Acceptamos La Matrícula Consular

Our Surcharges (incl. Fed. Univ. Svc. of 11.4% of interstate and int'l surcharges (varies quarterly), 7c Regulatory & other charges) are not taxes (details: 1-888-684-1888); gov't taxes & our surcharges could add 6% - 27% to your bill. Activation fee/line: \$35 (\$25 for secondary Family SharePlan™ lines w/2-yr. Agmts).
IMPORTANT CONSUMER INFORMATION: Subject to Customer Agmt., Calling Plan, rebate form and credit approval. Up to \$175 early termination fee/line & up to 45c/min after allowance & \$1.99/MB (incl. Mobile Web Ads). Device capabilities: Add'l charges & conditions apply. VZ Navigator: download, subscription & airtime req'd for use; accuracy & completeness of info is not guaranteed; info about location of device will be used to deliver service. Offers and coverage, varying by service, not available everywhere. BroadbandAccess is available to more than 256 million people in 258 major metropolitan areas in the U.S. Speed claim based on stationary tests with 5 MB FTP data files w/ compression. Actual throughput speed varies. Rebate debit card takes up to 6 weeks & expires in 12 months. Limited-time offer. While supplies last. Shipping charges may apply. \$20 upgrade fee may apply. Network details and coverage maps at verizonwireless.com. © 2008 Verizon Wireless.

Maritime Operations Enhance Regional Security

By MC2 J.T. Bolestridge
HSL-42

Guided-missile frigate USS Kauffman (FFG-59), Helicopter Anti-Submarine Squadron Light 42 (HSL-42) Detachment Seven, and the U.S. Coast Guard completed maritime interdiction operations focusing on the interruption of narco-terrorist activities in Caribbean waters Aug. 24 – Sept. 13.

Sailors and Coast Guardsmen onboard Kauffman worked closely with Joint Interagency Task Force South (JAITF-South) to conduct counter illicit trafficking operations. JAITF-South is a multi-service, multi-agency joint task force of the U.S. armed forces and was

established in 1989 to promote security cooperation and coordinate country team and partner nation initiatives to defeat the flow of illicit traffic. Kauffman Operations Officer Lt. James Wright said the tasking onboard Kauffman focused directly on that mission and helped protect partner nations as well as the U.S.

“The tasking here focused on the interdiction and interruption of narco-trafficking,” said Wright. “Many partner nations in the Caribbean suffer from the effects of narco-trafficking.”

HSL-42 Det. 7 played a key role throughout the operations. Lt. Cmdr. Brian Reardon, the HSL-42 Det. 7 Officer in

Charge (OIC), said his Sailors have been working day and night in support of counter narco-terrorism (CNT) operations.

“Our guys have been flying two or three, three-hour flights per day in support of CNT operations,” said Reardon. “We use our sensor suite to provide a complete nautical picture up to 150 nautical miles away from Kauffman. Once targets are detected on radar we are able to visually identify them, even at night, using forward looking infra red (FLIR) camera and night vision devices.”

Reardon added that the greatest challenge and success that HSL-42 Det. 7 faced during the

operations was the maintenance and logistics needed to operate in the U.S. Southern Command (SOUTHCOM) Area of Focus (AOF).

“The 16 enlisted maintainers that we deploy with have done an outstanding job keeping our aircraft, Proud Warrior 426, ready to fly while working in very hot and challenging conditions,” said Reardon.

“CNT operations have been a great opportunity for us to showcase the unique capabilities that a light airborne multi purpose system (LAMPS) helicopter detachment brings to the table,” said Reardon. “This taste of ‘real world’ operations shows that when work-

ing together with its host ship, a LAMPS helicopter is a force multiplier that is vital to CNT operations.”

USS Kauffman and Helicopter Anti-Submarine Squadron Light 42 are assigned to Task Group 40.0, and are currently deployed along with USS Farragut (DDG-99) in support of Partnership of the Americas 2008 (POA 08). Destroyer Squadron (DESRON) 40 Commodore, Capt. Rudy Laco, who commands Task Group 40.0, said that the Sailors onboard Kauffman made the POA vision a reality.

“The interoperability and the success of the interdiction operations were just what we envisioned when we planned for

Partnership of the Americas,” said Laco. “As with any operation at sea, it’s the Sailors onboard who take our vision and turn it into visible and impacting results.”

POA 08 operations are being held from April to October throughout South America, Central America, and the Caribbean. POA 08 emphasizes interoperability and cooperation between U.S. and partner nation’s maritime forces through a variety of exercises and events.

Ding-Ding, Ding-Ding . . . Jive Turkeys Departing

By Lt. Bradley Davenport and Lt. Matthew Capps

HSL-42 Detachment Two

Helicopter Antisubmarine Squadron Light 42 Detachment Two “Jive Turkeys” are ready to head back to Norfolk and depart for long cruise.

In January 2008, started down the long path towards deployment. The training began with two weeks of classroom instruction, reviewing tactics and studying current intelligence with a focus on the Middle East. The next phase of training took Detachment Two to Andros Island, The Commonwealth of The Bahamas for two weeks of practical training in anti-submarine and anti-surface warfare including dropping torpedoes, firing live missiles, and performing evasive maneuvers.

In March, Detachment Two Embarked in USS Nitze (DDG 94) as the ship’s first ever air detachment, and the Jive Turkeys were born. This embarkation period consisted of one week of ship / air integration training followed by a four-week exercise. During this time period the Jive Turkeys worked

at adapting to life aboard a ship while improving their proficiency in this environment. After this five-week underway period, the Jive Turkeys were fully integrated into the USS Nitze LAMPS team.

The Jive Turkeys returned to Mayport for just two weeks before heading back to Norfolk for the next work up period, this time for three weeks underway. This workup period was designed to allow the Nitze LAMPS team to begin working with the rest of the Theodore Roosevelt Carrier Strike Group in tactical scenarios. Through three battle problems of increasing complexity and duration, the Jive Turkeys proved to be a vital asset not to just USS Nitze, but to the strike group as a whole.

After enjoying a month at home in Florida, the Jive Turkeys returned to Norfolk for one final underway workup. During this two-week period, the Battle Group engaged in a realistic exercise against simulated enemy “Red” forces being played by United States frigates. The end of this exercise completed the detachment’s

pre-deployment training and the Jive Turkeys returned to Mayport to make final preparations for their long cruise in early September.

The most important preparations to be made before leaving for seven months were to ensure that family members left behind will be taken care when the Jive Turkeys go to sea. These preparations started with Detachment Family Night during which an assortment of family support and service representatives came to the squadron to speak to the detachment and their families. After finishing the necessary business affairs, many members of the detachment took leave to say their final goodbyes to friends and family.

After transiting the Atlantic Ocean, the detachment will have the opportunity to visit several cities in Europe before continuing their journey to the Middle East and joining allied forces in support of Operation Iraqi Freedom and the Global War on Terrorism.



-Photo courtesy of HSL-42

HSL-42 Detachment Two “Jive Turkeys” embarked on USS Nitze.

Ready to serve

www.VetDogs.org
866-VETDOGS
371 E. Main Street
Smithtown, NY 11787

A CFC participant. Provided as a public service.

Service is
Our Mission

We're there for those who need us most.
1.800.899.0089
VolunteersofAmerica.org

a CFC participant • Provided as a public service.

RAISE YOUR STANDARDS YOU DESERVE A STANDARD PACIFIC HOME

**LIVE CLOSER
SAVE TIME & MONEY**

Whether you work at NAS Jax or Mayport Naval Station ...

Standard Pacific Homes builds in communities less than 23 miles away. Reduce your commute. Not only will you get home quicker, you will save money on fuel.

A. OAKLEAF PLANTATION
From the mid \$100's
Only 17.6 miles to NAS Jacksonville
(904) 282-7877

B. SPRING POINTE
From the low \$100's
Only 9.1 miles to NAS Jacksonville
(904) 786-3711

Special pricing offers Sept. 30, 2008!
Call (800) 648-2558
or visit a model home today.

C. NORTH CREEK
From the high \$100's
Only 22.4 miles to Mayport Naval Station and 23 miles to NAS Jax
(904) 696-1072

StandardPacificHomes.com
(800) 648-2558

Prices and offers are subject to change without notice. See your Sales Counselor for details. Standard Pacific Homes - Jacksonville. CBC1255550.

I got a great head start on my degree at AMU,

when I was able to transfer in 40 credits. That made a tremendous difference for me in trying to complete a bachelor's degree while working full time.

Charles R.
Intelligence Analyst
Bachelor's Degree, Intelligence Studies

73 Degree programs to help you advance your career, including:

- Intelligence Studies
- National Security Studies
- Homeland Security
- Emergency & Disaster Management

Push your mind. Advance your career.

CONTACT YOUR LOCAL REPRESENTATIVE
Dan Roby, CMSgt, USAF (ret)
478.390.7202 or droby@apus.edu

American Military University | www.amuonline.com/military



-Photo by Lt. Chris G. Neeley

Aviation Structural Mechanic 3rd Class Andy King describes the anti-submarine capabilities of an SH-60 Sea Hawk helicopter to visitors at Owens Field in Columbia, S.C., during the 2008 Columbia Navy Week. Helicopter Anti-Submarine Squadron Light (HSL) 42, home stationed in Mayport, Fla., flew the aircraft to Owens Field for a static display.



-Photo courtesy of HSL-42

HSL-42 Detachment Three is deployed with USS Roosevelt.

Det Three Is Underway

From HSL-42

After several months of work-ups, HSL-42 Detachment Three departed on deployment in late August aboard the Mayport-based USS Roosevelt (DDG 80).

The Ship and Detachment are attached to the USS Iwo Jima Expeditionary Strike Group and plan to sail to 5th Fleet making two port visits in the Mediterranean before transiting to the Arabian Gulf to perform maritime security operations.

Starting back in February, Detachment Three stood up with the assignment of aircrew and maintenance personnel to start the workup cycle. The first assignment was to integrate with the

crew of the USS Roosevelt on Week One Workups (WOWU), which allows the detachment and ship to learn how to operate and act as a cohesive unit.

WOWU was followed by a short "vacation" to Andros Island in the Bahamas to demonstrate the detachment's tactical prowess, including submarine tracking, torpedo drops, and Hellfire missile shots.

The ship-air team then executed multiple at sea periods to integrate with the Iwo Jima ESG, storming faux enemy land off the coast of the Carolinas. The work-up cycle culminated with the Joint Task Force Exercise (JTFX 08-4) in which USS

Roosevelt and Detachment Three conducted operations against an opposing force (OPFOR).

The Norfolk based cruise, will be deploying alongside its sister detachment, HSL-42 Detachment One currently attached to USS Vella Gulf (CG 72). Together they will bring the Light Airborne Multipurpose System (LAMPS) capabilities to the Iwo Jima ESG in an effort to increase mission efficiency and completion as tasked by 5th Fleet.

The Detachment Three "Blue Brawlers" are led by Lt. Cmdr. Jeff Ketcham and are comprised of six pilots, three aircrewmembers, and 20 maintenance personnel.

HSL-42 Joins Recruiting District At SC Navy Week

By Lt. Chris G. Neeley
Navy Office of Community Outreach
Public Affairs

Gov. Mark Sanford officially proclaimed Sept. 20-28 as Navy Week during a joint press conference with Rear Adm. Bill Goodwin, commander, Naval Air Force Atlantic Sept 25.

"This is about simply saying 'thank you' to all of our Sailors and veterans for their service and about recognizing the incredibly important role the Navy has played in South Carolina, both historically and today," said Sanford.

Sailors representing Navy Recruiting District Raleigh and Navy Operational Support Center (NOSC) Columbia stood

with Goodwin and at the press conference in the rotunda of the South Carolina State House.

"The men and women who serve our Navy are the finest our nation has to offer," said Goodwin. "Governor Sanford, it is a great honor for me to accept this proclamation on behalf of them and for all those who have served our Navy since its founding."

Navy Week kicked off Sept. 20 with a military appreciation ceremony in front of more than 76,000 fans and a national pay-per-view audience at the University of South Carolina football game against Wofford College. Sailors from across the Midlands have participated

in a variety of community outreach projects including "Caps for Kids," Habitat for Humanity, visits to area high schools and the William Jennings Bryan Dorn Veterans Administration Medical Center in Columbia.

This Navy Week is one of 22 Navy weeks planned across America in 2008. Navy weeks are designed to show Americans the investment they have made in their Navy and increase awareness in cities that do not have a significant Navy presence.

Joint CBP, USCG Team Commissioned

From Coast Guard Seventh District
Public Affairs

The Coast Guard and Customs and Border Protection officially commissioned a joint targeting center for inbound commercial vessel and air traffic on Sept. 26.

The Joint Maritime Advance Scheduling and Targeting Team is a local and nationally unique initiative to increase maritime safety and security in Northeast Florida ports. The program calls for increased coordination between CBP and the Coast Guard by establishing protocols to jointly screen inbound vessels more than 300-gross tons and air traffic arriving in the Northeast and Central Florida.

JMASTT leverages each agency's expertise by fully integrating Coast Guard vessel screening processes with CBP vessel and air vetting practices of crew, cargo and passengers. Subject vessels are targeted for appropriate inspections and control measures are instituted based on screening results.

Previously, the system of controlling vessel arrivals into the Port of Jacksonville was

passive and vessels assumed permission to enter port unless specifically denied access by the Coast Guard or CBP. JMASTT incorporates a process for issuing vessel control numbers in the ports of Jacksonville, Fernandina, Fla., and Port Canaveral, Fla., to indicate concurrent CBP and Coast Guard approval for vessel arrivals or departures. JMASTT has effectively partnered with marine pilots in Fernandina, Jacksonville and Port Canaveral to provide an additional layer of protection against vessels entering port without a JMASTT issued control number.

JMASTT is a prototype initiative within the Department of Homeland Security that will eventually be incorporated at other ports nationwide. Director Richard Quinn, CBP area port director and Capt. Paul Thomas, Coast Guard captain of the port, will be on hand to provide a tour of the new facility and will be available for interviews.

GuideDog Foundation
For The Blind, Inc.
371 East Jericho Turnpike
Smithtown, NY 11787
1-800-548-4337
www.guidedog.org

You See a Puppy...

A Blind Person Sees the World.

a CFC participant

Provided as a public service

COMPLETE AUTOMOTIVE REPAIR CENTER

FAMILY OWNED & OPERATED SINCE 1972

SERVICES AVAILABLE ON ALL DOMESTIC & MOST IMPORTS AUTOMOBILES

MAYPORT CAR CARE CENTER INC.

MVR# 10164

FULL SERVICE AUTO REPAIR

246-4805
2825 MAYPORT ROAD

www.YourFLhome.com

2490 Monument Rd.
Jacksonville FL, 32225

Notary Public

Danny Shaw

REALTOR®
USN, Ret.
...For peace of mind...

(904) 553-0355

E-mail: DannyShaw@WatsonRealtyCorp.com

YOUR HOME BASE

Serve where you want to live.

We have part-time and full-time jobs available right now!

AIR FORCE RESERVE

800-AFR-8279 • 8279 • AFRReserve.com/prior

Heroes Welcome

Armed Forces

Introducing Lennar's Hometown Heroes Program featuring a **3% discount on the purchase price of a new Lennar home.***
It's our way of giving back to those who support The American Dream.

1. COVENTRY AT OAKLEAF PLANTATION

Townhome-style Condos
From \$119,900
1. HAMILTON GLEN AT OAKLEAF PLANTATION

Single-family homes
From \$199,990
2. WYNNFIELD LAKES

Single-family homes
From the mid \$200s

LENNAR.COM

For more information and complete listing of all Lennar Communities call:

877-746-9830

ORAL REPRESENTATIONS CANNOT BE RELIED UPON AS CORRECTLY STATING REPRESENTATIONS OF THE DEVELOPER. FOR CORRECT REPRESENTATIONS, MAKE REFERENCE TO THE BROCHURE AND TO THE DOCUMENTS REQUIRED BY SECTION 718.503 FLORIDA STATUTES. TO BE FURNISHED BY A DEVELOPER TO A BUYER OR LESSEE. *Offers, incentives and seller contributions are subject to certain terms, conditions and restrictions, which may include use of designated lenders and closing agents. Offer good for a limited time only. Lennar reserves the right to change or withdraw any offer at any time. See a Lennar New Home Consultant for further information. Offer is subject to borrower meeting approval guidelines. Prices subject to change without notice. See a Lennar New Home Consultant for further information. Copyright © 2008 Lennar Corporation. Lennar and the Lennar logo, are registered service marks or service marks of Lennar Corporation and/or its subsidiaries. 8/08

HSL-44 Sponsors New Recruits



-Photo courtesy of HSL-44
Master Chief Aviation Electrician's Mate Carlos Gonzalez and Master Chief Aviation Warfare Systems Operator Mark Dubiel of HSL-44 visit Recruit Training Command Great Lakes to lend support to the new recruits. The "Swamp Fox" family was asked to join the Recruit Sponsorship Program and gladly accepted Division 405 as the sponsor. The program, whose goal is to promote good will and comradery amongst new recruits and fleet commands, has had much success in recent years. The Division was commissioned on Aug. 27, and received a guide on embroidered with a Swamp Fox emblem. Division 405 is slated to complete Pass and Review, at which time HSL-44 will revisit RTC to officially welcome the new recruits to the fleet. Pictured is Gonzalez presents the Swamp Fox guide on to Division 405.

JACKSONVILLE OCTOBER 11-13

SALUTES THE U.S. NAVY DOWNTOWN RIVERFRONT

Celebrating the 20th anniversary of the Navy Memorial

Saturday, October 11
Free tours aboard the USS Stephen W. Groves 8-11 a.m. & 1-4 p.m.
Northbank Riverfront behind the Hyatt Regency Hotel
Children under 18 years old must be accompanied by an adult.

Interactive Booths & Displays
9 a.m.- 4 p.m. ■ Northbank Riverwalk

Free Concert
Dennis DeYoung (of Styx), 8 p.m.
The Jacksonville Landing ■ Free admission
Come sail away with Dennis DeYoung in concert!
Interactive displays, children's inflatables and more!

Sunday, October 12
Free tours aboard the USS Stephen W. Groves 8-11 a.m. & 1-4 p.m.
Northbank Riverfront behind the Hyatt Regency Hotel
Children under 18 years old must be accompanied by an adult.

Interactive Booths & Displays
9 a.m.- 4 p.m. ■ Northbank Riverwalk

Live entertainment: Brian and Riptide, 4 p.m.
The Jacksonville Landing ■ Free admission
Interactive displays, children's inflatables and more!

Monday, October 13
Free tours aboard the USS Stephen W. Groves 8-11 a.m. & 1-4 p.m.
Northbank Riverfront behind the Hyatt Regency Hotel
Children under 18 years old must be accompanied by an adult.

Navy Memorial Rededication Ceremony
10:30 a.m.
Southbank Riverfront behind the Riverplace Tower
Keynote speakers, military fly-bys and more!

(904) 630-3690 ■ www.makeascenedowntown.com

BUSINESS SPOTLIGHT

Call us or stop by today!

The Plaza Apartments

3780 University Club Blvd., Jacksonville FL 32277
Ph: 904-744-4111 • Fax: 904-744-4114
plaza@wrlrealealty.com

SPECIAL FEATURES

- Updated Carpet
- Free Water
- Copier and Fax Service Available
- 24-Hour Emergency Maintenance
- Walk-In Closets

- Dishwasher and Garbage Disposal
- Jr. Olympic Size Swimming Pool
- Energy Efficient Air Conditioning System
- Tennis Courts

Free Rent!

We Are Part Of The Rental Partnership Program!

UNDER NEW MANAGEMENT

Island Club

LIPSCALE RENOVATIONS WITH DESIGNER AMENITIES FOR ATLANTIC BEACH'S PREMIER COMMUNITY

- Sparkling Swimming Pool
- Pet Friendly
- Washer & Dryer Hookups
- State-of-the-art Fitness Center
- Refurbished Kitchens with New Dishwasher, Refrigerator & Range

- Newly Renovated
- Lighted Tennis Courts
- Vaulted Ceilings*
- We Participate in the Military Partnership Program

- Oversized Closets
- Fireplace

ONE MONTH FREE!

1-904-241-5737

2160 Mayport Road • Atlantic Beach, FL 32233
Office Hours: Mon-Thurs 9-6, Fri 9-5, Sat 10-5, Sun Closed

LeeCraw Lifestyle - leecraw.com

We're Not Your Mother's Hair Salon

A Championship Just for Guys Haircut Experience Awaits!

SportClips HAIRCUTS

HARBOUR PLACE (904) 221-9090

Atlantic & Hodges in Publix shopping center Between Blockbuster & CVS

- Guy-Smart Stylists
- TV's Playing Sports
- No Smelly Chemicals
- Open Everyday
- No Appointments Needed

Official Haircutter Of The VFW

Obsessions Styling Studio, Inc.

www.obsessionstylingstudio.com

Angelina
Shop Owner & Stylist

Tabitha
Barber & Shop Manager

Seannette
Stylist & Eyelash Tech

Sharrona
Assistant & Eyelash Tech

3225 Southside Boulevard Suite #4 Jacksonville, FL 32216 Phone: (904) 645-1824

We are now hiring for a new stylist and nail tech

1487-1 Mayport Road Atlantic Beach, FL 32233

Tel (904) 247-9991

Business Hours:
Monday - Thursday: 11:00 am - 9:30 pm
Friday: 11:00 am - 10:30 pm
Saturday: 11:00 am - 10:30 pm
Sunday: 12:00 noon - 9:30 pm

GRAND BUFFET

Not The Largest But The Best Buffet In Town!

CHINESE BUFFET RESTAURANT & SUSHI

Bring coupon for \$1.00 OFF per table!

BUFFET TO GO AVAILABLE

10% Military Disc. ALL U CAN EAT LUNCH

Monday - Saturday: 11:00 am - 4:00 pm

Adult \$6.89

Kids 3 - 8 \$3.99 • 9 - 11 \$4.99
Kids Under 2 EAT FREE

DINNER

Mon. - Thurs. 4:00 pm Close

Adult \$8.99

Kids 3 - 8 \$4.99 • 9 - 11 \$5.99
Kids Under 2 EAT FREE

You're Gonna Love This Place!

Everyone Qualifies With Our In-Store Payment Program

SPECIAL OFFER WITH THIS AD

Lori A. Gaglione

GAGLIONE & DUMAS

Jessica C. Dumas

have expanded the practice to include

VETERANS' DISABILITY CLAIMS

All referrals:

408 4th STREET NORTH, JACKSONVILLE BEACH, FL 32250

www.gaglioneanddumas.net
phone 904-249-3046 • fax 904-249-3639

\$500 gas

redemption opportunity

REDEEMABLE AT MOST MAJOR GAS COMPANIES.

Gas Redemption Opportunity:

*Purchase a minimum of \$799 of merchandise now thru October 15 for the opportunity to participate in a Gas Redemption Program. The Gas Redemption Program will enable you to receive a redemption coupon for \$25 of gas for those months where you purchase a minimum of \$100 of gas and timely comply with program details. Total of all redemption coupons can not exceed \$500. Limit one gas redemption voucher (gas redemption opportunity) per household. Other important terms and conditions apply, see store for complete program details.

45,000 SQ FT SHOWROOM @ ST. JOHNS TOWN CENTER 904.642.AFHS(2347)
NORTH JAX SUPERSTORE @ RIVER CITY MARKETPLACE 904.268.AFHS(2347)

*Not to be combined with any other offer(s). See store for details. ©2008 Ashley HomeStores, Ltd.

TO SPOTLIGHT YOUR BUSINESS CALL JULIE DINNEWETH 904-359-4680



-Photo courtesy of USS Underwood
Newly pinned Chiefs from USS Underwood (FFG 36) happily pause for a picture after the ceremony at CDS-14.

Underwood CPOs Pinned

By Lt.j.g. Kristofer Tester
USS Underwood PAO

A ceremony was held on Sept. 16 in the CDS-14 conference room to pin the four newest Chief Petty Officers of USS Underwood (FFG 36). Hospital Corpsmen Chief Jeffrey Coslett, Electronics Technician Chief Carlos Garcia, Fire Control Chief Thomas Murphy, and Culinary Specialist Chief Rolando Pablo were the newest members of the already outstanding Chief's Mess onboard Underwood.

With family, friends, and Shipmates in attendance, Cmdr. Wesley Smith, Commanding

Officer of USS Underwood, charged his newest Chiefs with continuing the fine tradition of leadership already set forth by Underwood's Mess.

During the last six weeks the four Chiefs have spent many hours in preparation for acceptance into the 115 year old tradition of the Chief Petty Officer. Events including community service, uniform inspections, and team building exercises were all completed in order to better prepare the Chiefs for their new roles as the primary deck plate leaders on board Underwood. The additional leadership and insight the four

new Chiefs will bring to the Mess and deck plates around Underwood is sure to make a difference as the ship departs for a six month deployment in support of CNT Operations in the SOUTHCOM area of responsibility.

Klaking Navigates Exercise



-Photo by MC3 Stephen Tate

Information Systems Technician 1st Class Kevin Heitsman signals the guided-missile frigate USS Klaking (FFG 42) during a group navigation exercise aboard the guided-missile destroyer USS Mitscher (DDG 57). Mitscher is in the Atlantic Ocean and will take part in Exercise Joint Warrior, a course designed and led by the Joint Tactical Exercise Planning Staff in the United Kingdom to improve interoperability between allied navies and prepares participants for a role in a joint maritime environment during upcoming deployments.

Don't Let Diabetes Take Your Legs!

Non-Surgical Approach to treating numbness, pain, lack of sensation in your feet from diabetes.

The Diabetic Foot Wound Center is the most advanced facility in North Florida to provide diagnostic and preventative foot care for Diabetic foot disease. We offer unique treatments including the Circulator Boot™ and Microvas® as therapies to heal diabetic foot wounds and to help save patients from the debilitating and demoralizing results of lower extremity amputations.

TriCare Covers this Unique Innovative Care

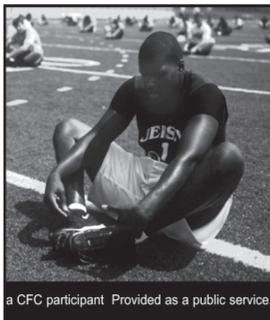
Call today for a complete diabetic foot examination.

Dr. Earl R. Horowitz, D.P.M., Director
Dr. Ted Piano, D.P.M., Asst. Director

Podiatrists • Foot Specialists

2550 Park Street
904-387-0433

"We help save toes, feet, legs, and lives!"
www.diabeticfootwound.com



Close to 500,000
Commitments Made



a CFC participant. Provided as a public service.

NEW HOMES FROM \$129,990!

Take advantage of your VA Benefit! Ask us for details!

EAGLES HAMMOCK

New Homes from \$169,990!

904-751-3614 | Yellow Bluff Rd. North or Alta Dr. & 9-A

- Minutes from 9-A, I-95, JIA, great shopping, dining & entertainment at the brand new River City Marketplace
- Excellent location, convenient to Kings Bay & Mayport

BARRINGTON COVE

New Homes from \$136,990!

904-854-0249 | Dunn Ave. just West of I-295

- Beautifully landscaped community – large, estate sized lots with lake and conservation views available
- Close to schools, shopping, easy access to I-95 & I-295

TIMBER OAKS

New Homes from \$136,990!

904-854-0249 | Ribault Ave. South of Trout River Blvd

Now selling from Barrington Cove

- Peaceful secluded community, quiet country living near the city
- Convenient North Jacksonville location, close to I-95 & I-295

HERONS LANDING

Condominiums from \$129,990!

904-223-7208 | Beach Blvd between Hodges and San Pablo

- Only 4 MILES from the beaches!
- 35 restaurants and 4 shopping centers within 1 mile!



Visit or call us today! Model Homes Open Mon-Sat 10am-6:30pm / Sun 12pm-6pm

D.R. HORTON DHI Listed NYSE
America's Builder

It's the place
you call home

Prices, specifications, incentives and availability subject to change without notice. Please see your New Home Consultant for details. CBC058997 © 2008 DR Horton, Inc. All rights reserved.

DRHORTON.COM



-Photo by Kaylee LaRocque

Members of the Travel Processing Center gather with NAS Jax Commanding Officer Capt. Jack Scorby Jr. (center) and NAS Jax Command Master Chief CMDM(SW/SS) Jeff Hudson (left of Scorby) after a short ceremony recognizing the group for their outstanding work in processing a large quantity of back-logged travel claims for the Southeast Region.

Team Comes Together To Benefit Sailors

By Kaylee LaRocque
NAS Jax Deputy PAO

Travel Processing Center (TPC) Jacksonville was recognized Sept. 24 by NAS Jax Commanding Officer Capt. Jack Scorby Jr. for achieving a major milestone over the past two months.

The center was recently inundated with an inordinate amount of travel claims, was experiencing downtime in computer systems and faced a reduction in manpower support. This resulted in a backlog of nearly 2,600 travel claims that needed to be processed.

Realizing how critical the situation was, the call went out to Navy Pay and Personnel Support Center (NPPSC) asking for assistance for increased manpower support. "We sent out the call for help and NPPSC and TPC Jax pulled together a team comprised of military members and civilians from detachments at NAS Jax, NS Mayport, NSB Kings Bay, Ga., NAS Atlanta, Ga. The team was assembled, plan of action and milestones were implemented and two 10-hour per day workshifts were implemented,

including weekend operations to address the issue. The cohesiveness and enthusiasm by all involved was most impressive and key in turning this trend around," explained TPC Supervisor Joyce Edmonson. "Our team has been working overtime and night shifts to get caught up. As of today, we are down to 550 claims total in house, which means we are not under the Navy's 30-day mandated turnaround time for all travel claim liquidation processes. Our team is committed to delivering the best possible customer service to the warfighter. Of course claims keep rolling in each day, but we are working diligently to streamline processes, communicate inefficiencies and eliminate unnecessary delays in travel processing and liquidation."

"Thank you all for the tremendous work you have done. I know how far behind we were with travel claims and the effort you have put into this. I know you have increased your daily production by 200 percent and that says a lot about the teamwork and energy at TPC Jax," said Scorby, as he presented

29 letters of appreciation to all involved in this operation. "You are all working to complete an important mission and taking care of Sailors because that's what it's all about. Everyone has a right to be paid and we all know what a hardship it can be if that doesn't happen. So, I want to personally thank you for the outstanding job you have done."

"This is definitely a job well done by everyone involved. We will continue to have surge teams trained and ready to respond should we experience an increase in future travel claim flows," added Edmonson. "Our people are fantastic! They are hard workers and came together as a team and got these claims done. And, today is my birthday so getting recognized for our achievement is a great birthday gift."

The TPC processes claims for a wide range of organizations in theater, including customers located in Florida; Georgia; Guantanamo Bay Cuba; Puerto Rico and for individual augmentees serving abroad.

Government Travel Card Transition Begins

By MCSN Richard J. Two Bulls

Naval Media Center Public Affairs

In November the government charge card vendor will change from Bank of America to Citibank.

This transition takes place Nov. 29. Before then, Navy government charge card holders are encouraged to get with their command's agency program coordinator (APC) to ensure all contact information including name, address, telephone number and Department of the Navy e-mail are up to date.

"[Navy personnel] need to ensure that they keep their point of contact information up to date," said Edward Burke, a Navy contract support employee with the financial management operations branch at the

Washington Navy Yard.

"[Because] that's going to be the information we are going to use for Citibank. So if you're missing your card, it may be because your information is not updated."

Navy personnel must also contact Citibank when they receive their cards to verify they have received it.

"[Contacting Citibank] lets us know that you have the card and how well we're doing with the transition itself," said Burke, "and at the same time it prepares your card for activation for use when the transition actually occurs."

Those traveling near or after the transition, will continue to use their Bank of America card until midnight Nov. 30. They will use their new CitiBank

card thereafter. There will also be small changes to the Defense Travel System (DTS).

"There are some changes in place right now that are going through DTS," said Burke. "[These changes] are expected to essentially allow two cards to be in the system so that they can schedule travel on the new card as it gets closer to the date of the transition but still use the old card."

Additional guidance will be released to help facilitate the transition.

In addition to talking with their commands' APCs, Sailors can visit the Consolidated Card Program Management Division Web site at www.navsup.navy.mil/ccpmd.

MOAA Assists Jax USO

From MOAA

The Military Officers Association of America is open to all current and former Officers of the seven uniformed services.

Prospective members may read about the Mayport Chapter, its work in supporting the Jacksonville Area USO, and in its recognition of ROTC Cadet programs, by going to mpmoaa.org. Our award winning newsletter "Highlights" is also available on line, along with a membership form. Initial memberships are Free for 2009 by joining now.

Our next Chapter meeting will be held on Oct. 12 at 12:30 p.m. in the Ocean Breeze Conference Center, NS Mayport featuring "Doc Bear" a highly decorated Naval Corpsmen, who served in the bush as an FMF Combat Corpsmen. Doc wrote a best selling novel, "The Names Not On The Wall," that is being used at VA Hospitals in PTSD Programs. To Make reservations go to mpmoaa.org, or call Ann Froehlich at 646-0944.

BEAT THE PUMP LIVE ON BASE!

Homes Available Now 904.270.8870

Newly Renovated Homes

Bennett Shores at NS Mayport

- Spacious 2, 3 & 4 bedroom homes with carports or garages
- Free 1/2 month's rent for a limited time*
- No security deposit* or pet deposit
- Beach access
- Utilities and lawn care included

For more information call 904.270.8870 or visit nsmayporthomes.com

Balfour Beatty Communities

*Free 1/2 month rent on select 3 bedroom homes. No security deposit when paying by allotment.

DREES SALUTES AMERICA'S BEST-

MOVE-IN \$1 FOR A \$1

Back by Popular Request!

Let Drees show you how easy and affordable it is to qualify for and purchase a brand new home.

- Lock your interest rate up to 180 days
- Low V.A. financing
- Affordable monthly payments
- FREE closing costs and prepaids
- FREE credit repair consultation from Credit FX

Discover Drees Homes priced from \$135,600 in 11 communities throughout Northeast Florida.

Family owned. Nationally recognized.SM
dreeshomes.com

\$1 down offer available through First Equity Mortgage, Equal Housing Lender. Subject to borrower qualification and a broker in the amount of \$1,500, which will be refunded at closing, some limitations and restrictions apply. Offer effective for a limited time and available on firm non-contingent purchase agreements. Offers subject to change and may be withdrawn at any time.

The Weekly Crossword By Alan P. Olschwang Huntington Beach, CA

- ACROSS**
- 1 Festive gathering
 - 5 Uncontrolled fear
 - 10 College grad
 - 14 Close to closed
 - 15 Watchful
 - 16 Sup
 - 17 Brace
 - 18 Personification of evil
 - 19 Leave off the list
 - 20 Start of quip
 - 23 Classify
 - 24 Abu Dhabi loc.
 - 25 In conclusion
 - 28 Singer Vikki
 - 30 Sweat shop?
 - 33 Tiny landmass
 - 34 Impressionist painter
 - 35 Grazing ground
 - 36 Part 2 of quip
 - 40 Cut with an ax
 - 41 Cavalry weapon
 - 42 Relieve
 - 43 Tennis twosome?
 - 44 Bolt holder
 - 45 Is frugal
 - 47 Former California fort
 - 48 Advance
 - 49 End of quip
 - 57 Iron oxide
 - 58 Battery terminal
 - 59 Irish Republic
 - 60 Scottish Gaelic
 - 61 One step
 - 62 Sal's canal
 - 63 "Nana" star Anna
 - 64 Colas
 - 65 Mythical birds of prey

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15						16		
17				18						19		
20				21					22			
23									24			
25	26	27				28	29			30	31	32
33						34					35	
36				37	38					39		
40				41						42		
43				44				45	46			
47								48				
49	50	51				52	53			54	55	56
57						58				59		
60						61				62		
63						64				65		

By Alan P. Olschwang Huntington Beach, CA 10/2/08

Last Week Answers

E	M	M	A	S	A	G	E	S	S	S	H	I	V	
T	E	E	N	P	L	M	P	A	I	D	E			
C	R	O	C	A	T	R	I	A	U	G	L	I		
H	E	W	H	O	C	O	U	R	T	S	T	H	E	N
S	P	A	R	E	S	R	S	O	R	C	A	S		
C	A	N	R	E	L	A	I	D	N	O	S	H		
R	U	N	S	A	W	A	V	L	I	V	E	S	T	O
A	L	O	T	E	V	O	L	V	E	T	I	N		
P	A	Y	E	E	E	N	S	T	H	A	N	E		
C	O	U	R	T	A	N	O	T	H	E	R	D	A	Y
A	U	R	A	V	A	P	O	R	E	A	S	E		
K	I	N	G	O	V	U	L	E	S	T	E	W		
E	S	S	E	R	E	S	E	W	Y	E	A	S		

09/25/08

- DOWN**
- 1 Stare stupidly
 - 2 Comet competition
 - 3 Not of the cloth
 - 4 Police officer, at times
 - 5 Turnover, e.g.
 - 6 Anticipate
 - 7 Western mil. alliance
 - 8 Tehran's location
 - 9 Rebuked officially
 - 10 Revere
 - 11 VIP transport
 - 12 UCLA word
 - 13 Dole (out) terminal
 - 21 Pot of Cambodia
 - 22 2nd section
 - 25 Flexible
 - 26 Pallid
 - 27 A lot
 - 28 Do together
 - 29 Boleyn or Bancroft
 - 30 Gather bit by bit
 - 31 What Matzo's missing
 - 32 Constructs
 - 34 Sushi selection list
 - 37 Radical
 - 38 Pangaea, for example
 - 39 Santa's team
 - 45 Gets serious
 - 46 Greek letter
 - 47 More than occasionally
 - 48 Tattooed lady of song
 - 49 Very at Versailles
 - 50 Offended
 - 51 Latin I lesson word
 - 52 Division word
 - 53 Freight weight
 - 54 d'Italia (bicycle race)
 - 55 Sevaireid or Roberts
 - 56 PGA props

CDS 40, Farragut Lend Helping 'Handclasp'

By MCSN (SW) Shanika L. Futrell

CDS 40
Guided-missile destroyer USS Farragut (DDG 99) along with Commander Destroyer Squadron FOUR ZERO (COMDESRON 40) Sailors participated in a Community Relations (COMREL) project and Project Hand Clasp delivery (PH), Sept. 16-17, during a Theater Security Cooperation visit in Martinique, FDF.

During the PH delivery, 10 volunteers spent the day interacting with children at recess after delivering donations to the Kerly's Seventh Day Adventist Primary School.

CDS 40 staff and Farragut Sailors donated two pallets to the school, including hygiene items and toys for the students. The toy pallet included various amount of toys such as skateboards, whirl twirlers, roller blades, helmets and more. The hygiene pallet included items such as soap, medicine, and baby bath wash. The significant action of this delivery was that the students were going to take the delivery and bring it to various orphanages on the island.

"The Project Handclasp made me cry," said Aerographer's

Mate Airman Apprentice Steven Bell. "The kids sang to us, they showed us a slide of the school's history, and the students were delighted to see us, we played with them at their recess time, we ate some food that was provided by the school and we signed their notebooks."

CDS 40 staff and Farragut Sailors also volunteered for a COMREL at the Full Gospel of the Holy Spirit Church where they painted and upgraded numerous offices and walls of the church.

"I enjoyed helping out the minister and his [congregation]," said Electronics Technician 2nd Class Thane Sheets. "I put a lot of pride in to my painting, knowing that people attend here for Sunday morning service it has to look presentable and non-distracting."

Sonar Technician (Surface) 1st Class David Pettys said that collectively they have changed the lives of thousands of children and may be even a few of themselves.

"It's our selfless hard work that brings a smile to a child's face," said Pettys. "We have participated in 21 different projects over the past 6 months.

Mostly schools a few orphanages, one elderly lady's home, hospitals and churches. Many fond memories have been made; who could forget the wonderful food that some of our gracious hosts prepared for us, the children helping us paint in Rio, the Captain losing at foosball in Montevideo to the children, the ocean view at the school in Taleahuano, the Principal at St. Lucia and the children singing for us in St. Lucia and in Fort de France. This part of the deployment made it all worthwhile."

The COMREL and PH were held in support of Partnership of the Americas 2008 (POA 08), a US Southern Command (SOUTHCOM) sponsored engagement operation held annually throughout South America, Central America, and the Caribbean. Farragut supports U.S. Southern Command objectives for enhanced maritime security, which highlights interoperability and cooperation between U.S. and partner nation's maritime forces through a variety of exercises and events.

De Wert Intercepts 3.6 Metric Tons of Cocaine

From USS De Wert Public Affairs

While on patrol in the Eastern Pacific Ocean, units assigned to the U.S. Navy's 4th Fleet and the U.S. Coast Guard intercepted a fishing vessel carrying over three metric tons of cocaine Sept. 20.

The combined team of USS De Wert (FFG 45), with embarked helicopter Anti-Submarine Squadron Light 46 Detachment 1, and U.S. Coast Guard Law Enforcement Detachment (LEDET) 101 intercepted the fishing vessel in a nighttime interdiction, capturing seven suspected narcotics smugglers and the large cargo of cocaine with an estimated import value of \$96 million.

While De Wert was coming alongside the fishing vessel experienced a mechanical problem and LEDET 101 and De Wert's Rescue and Assistance Team were deployed to render assistance and to ensure the safety of the vessel's crew. Subsequent to the rendering of assistance, a search of the vessel revealed 145 bales of cocaine. The narcotics were seized under the authority of the Coast Guard LEDET.

This seizure comes just a week after Sailors from USS McInerney (FFG 8) and LEDET 404, in conjunction with Patrol Squadron 26, intercepted a self-propelled semi submersible in the Eastern Pacific Ocean carrying over seven metric tons of cocaine.

The coordinated actions of the U.S. Navy, U.S. Coast Guard, and Joint Interagency Task Force-South (JIATF-S) were instrumental to the successful interdiction of narcotics.

De Wert, homeported in Mayport, Fla., is deployed in Latin America under the operational control of U.S. Naval Forces Southern Command/ U.S. 4th Fleet, conducting counter illicit trafficking operations in support of JIATF-South, U.S. law enforcement and participating nations drug control policy.

De Wert is also supporting the U.S. Maritime Strategy by conducting theater security cooperation events, such as community relation projects Project Handclasp distributions, in the Caribbean and Latin America.



Farragut Connects To Martinique Through Sports

By MCSN (SW) Shanika L. Futrell

CDS 40
Guided-missile destroyer USS Farragut (DDG 99) and Fort de France, Martinique's French military personnel participated in a sports day at the French Naval Base Sept. 17.

The soccer and basketball games afforded both military personnel with the ability to have fun with a different country and enjoy time with one another outside of work.

In the soccer match there were six different teams, and the Farragut Sailors came in 3rd and 4th place.

"Our soccer team was split into two, because we had so many players," said Boatswain's Mate 3rd Class Casey Lima.

"Both of our teams showed initiative, to give the French some good competition and we all enjoyed the time we spent together through our games and in the breaks."

During the basketball game, the Farragut crew was also split into two teams.

"We won all of the games against the French," said

Operations Specialist 3rd Class Rayvoyn Wallace. "When it came time to play against each other we split the teams into 'old school' against 'new school.' The old school won, but you know both teams placed in the top two."

The soccer and basketball match was held during Farragut's deployment in support of Partnership of Americas 2008 throughout South America, Central America, and the Caribbean. Farragut supports U.S. Southern Command objectives for enhanced maritime security, which highlights interoperability and cooperation between U.S. and partner nation's maritime forces through a variety of exercises and events.

Farragut has held sports days with many nations during her Theater Security Cooperation (TSC) event in Martinique. TSC is designed to build relationships and enhance the operational readiness of the participating forces.

HOME FOR THE HOLIDAYS

SAVINGS UP TO \$60,000 PLUS \$6,000 IN CLOSING COSTS*!

OUR GIFT TO YOU
\$500
GIFT CARD

PURCHASE NOW & CLOSE BY YEAR
END TO RECEIVE \$500 TOWARD
YOUR HOLIDAY SHOPPING!

SANDY CREEK • 904-810-5912 • great St. Johns County schools			
lot 89	3 bed/2 ba	save \$54,000	was \$270,990 NOW \$216,990
lot 90	3 bed/2 ba	save \$54,000	was \$270,990 NOW \$216,990
lot 112	4 bed/2 ba	save \$54,000	was \$267,990 NOW \$213,990
lot 114	4 bed/2 ba	save \$45,000	was \$264,990 NOW \$219,990

GEORGETOWN • 904-998-3628 • located at St. Johns Town Center			
Unit 3D	4 bed/2+ba	save \$50,000	was \$289,990 NOW \$239,990
Unit 3DR	4 bed/2+ba	save \$50,000	was \$289,990 NOW \$239,990
Unit 7E	3 bed/2+ba	save \$50,000	was \$289,990 NOW \$239,990
Unit 8E	3 bed/2+ba	save \$50,000	was \$289,990 NOW \$239,990
Unit 9D	4 bed/2+ba	save \$47,000	was \$286,990 NOW \$239,990

CRESTWICK SOUTH • 904-696-3483 • great value for your money			
lot 18	4 bed/2 ba	save \$66,000	was \$280,990 NOW \$214,990
lot 38	3 bed/2 ba	save \$46,000	was \$261,990 NOW \$215,990
lot 77	3 bed/2 ba	save \$60,000	was \$258,710 NOW \$198,710
lot 78	4 bed/2 ba	save \$59,000	was \$238,990 NOW \$179,990

WE SUPPORT OUR TROOPS

SEDA Construction Company
www.sedaconstruction.com

CGC020880. Price & availability subject to change without notice. SEDA will pay up to \$6,000 toward total closing costs with SEDA approved lender. Contract must be written by 10-31-08. Contract must be written & closed between 9/24/08 - 12/24/08. Gift card presented at closing.

MISSION: HEALTHY BABY

A special pregnancy information program for military families from the March of Dimes, the VFW and the Ladies Auxiliary VFW.

march of dimes

marchofdimes.com/vfw

a CFC participant. Provided as a public service.

NO DENTAL INSURANCE? NO PROBLEM! DON'T LET YOUR SMILE SUFFER!

DENTRITE (866) 493-4616 www.ADC-dentrite.com

DentRite Discount Dental Plan – substantial savings on complete general and cosmetic dental care for you, and your entire family!

Dentrite is an in-house discount plan available at all participating Advanced Dental Care locations throughout Florida.

YOUR CLOSEST PROVIDER: The Dentist Place (904) 725-4433
Ahmed Soliman, DDS

THE MIRROR NS MAYPORT, FLORIDA

OFF-BASE PICKUP LOCATIONS			LOCATION	ADDRESS	CITY
LOCATION	ADDRESS	CITY	JIFFY LUBE	10430 ATLANTIC BLVD	JAX
ALLSTATE INSURANCE CO.	PAN AM PLAZA - MAYPORT RD.	JAX	JIFFY LUBE	13560 ATLANTIC BLVD	JAX
AMERICAN LEGION POST	316 ATLANTIC BLVD.	JAX	JIFFY LUBE	1067 ATLANTIC BLVD	ATL BCH
COAST GUARD STATION (EXCHANGE STORE)	A1A HWY	JAX	JIFFY LUBE	1672 S 3rd ST	JAXBCH
COMFORT INN	MAYPORT RD.	JAX	JIFFY LUBE	8379 BAYMEADOWS RD	JAX
COMMISSARY (INSIDE RACKS)	MAYPORT RD.	JAX	JIFFY LUBE	5295 SUNBEAM RD	JAX
DAYS INN	1401 ATLANTIC BLVD.	JAX	JIFFY LUBE	11099 OLD ST AUGUSTINE RD	JAX
FCE - SHELL	9115 MERRILL RD./9-A	JAX	JIFFY LUBE	9699 SAN JOSE BLVD	JAX
FCE - SHELL	1539 S 3rd ST	JAX BCH	JIFFY LUBE	2837 TOWNSEND BLVD	JAX
FCE - SHELL	7150 MERRILL RD	JAX	KANGAROO	10100 GRANITE PLACE	JAX
FCE - SHELL(DAILY'S)	13490 ATLANTIC BLVD./SAN PABLO	JAX	KANGAROO	1031 BEACH BLVD.	JAX BCH
FLEET LANDING	MAYPORT RD.	JAX	KANGAROO	1403 N 3rd ST	JAX BCH
FLEET RESERVE ASSOC. BRANCH # 290	390 MAYPORT RD.	JAX	KANGAROO/BP	10910 ATLANTIC BLVD.	JAX
FLETCHER HIGH SCHOOL ROTC	JAX BCH	JAX BCH	KANGAROO/SMOKERS EXPRESS	2615 ST. JOHNS BLUFF/ALDEN	JAX
GATE	1900 MIZELL RD	STAU	LA CRUISE GIFT SHOP	A1A HWY	JAX
GATE	220 A1A N	PVB	LIL CHAMP	9615 HECKSCHER DR. - FT. GEORGE	JAX
GATE	619 A1A N	PVB	LIL CHAMP	8804 LONE STAR/MILL CRK	JAX
GATE	10970 US 1/SR210	ST AUG	LIL CHAMP	12020 FT. CAROLINE RD./FULTON	JAX
GATE	2350 SR 16	STAU	LIL CHAMP	13967 McCORMICK RD/(MT PLEASANT RD)	
GATE	463779 SR 200/A1A	YUL	JAX		
GATE	3230 EMERSON ST	JAX	LIL CHAMP	5001 HECKSCHER DR. - BLOUNT	JAX
GATE	3938 HENDRICKS AVE	JAX	LIL CHAMP	1310 S. 3rd ST.	JAX BCH
GATE	8070 ATLANTIC BLVD	JAX	MALLARD COVE OFFICE	A1A HWY / WONDERWOOD	JAX
GATE	1721 UNIVERSITY BLVD N	JAX	NAVY HOUSING APARTMENTS	ATLANTIC BLVD / CRAIG FIELD	JAX
GATE	5617 BOWDEN RD	JAX	NEX (OUTSIDE RACKS NEAR ATM)	MAYPORT RD.	JAX
GATE	570 BUSCH DR	JAX	OTTER RUN OFFICE	ASSISSI LANE	JAX
GATE	12548 SAN JOSE BLVD	JAX	RAINBOW CENTER CHILD CARE	NAVY HOUSING OFF ASSISSI LANE	JAX
GATE	10946 FT CAROLINE RD	JAX	RIBAUTL BAY COMMUNITY CENTER	ASSISSI LANE	JAX
GATE	1001 MONUMENT RD	JAX	SINGLETON'S SEAFOOD SHOP	A1A HWY	JAX
GATE	10044 ATLANTIC BLVD	JAX	SOUTHTRUST BANK	1301 ATLANTIC BLVD.	JAX
GATE	4100 HECKSCHER DR	JAX	SPRINT	1202 US-17	YUL
GATE	2520 S 3rd ST	JAXBCH	SPRINT	8838 ATLANTIC BLVD	JAX
GATE	319 S 3rd ST	JAX BCH	SPRINT	3051 MONUMENT RD/ COBBLESTON	JAX
GATE	9144 BAYMEADOWS RD	JAX	SPRINT	1209 MONUMENT RD./LEE	JAX
GATE	11461 OLD ST AUGUSTINE RD	JAX	SPRINT	12743 ATLANTIC BLVD./GIRVIN	JAX
GATE	10455 OLD ST AUGUSTINE RD	JAX	SPRINT	301 ATLANTIC BLVD.	ATL BCH
GATE	9540 SAN JOSE BLVD	JAX	SPRINT	2810 SR A1A N	ATL BCH
GATE	1605 RACETRACK/SR13	JAX	SPRINT	14376 BEACH BLVD./SAN PABLO	JAX BCH
HOME FINDER'S REALTY	2550 MAYPORT RD.	JAX	SPRINT	300 BEACH BLVD./3rd ST.	JAX BCH
JAX FEDERAL CREDIT UNION	664 ATLANTIC BLVD.	JAX	SPRINT	1601 PENMAN RD.	JAX BCH
JIFFY LUBE	3212 UNIVERSITY BLVD S	JAX	U.S. COAST GUARD OFFICE	A1A HWY	JAX
JIFFY LUBE	6135 ST AUGUSTINE RD	JAX	USO MAYPORT	BEHIND 2550 MAYPORT RD.	JAX
JIFFY LUBE	11620 SAN JOSE BLVD	JAX	Updated: FEBRUARY 1, 2007		

PICK UP YOUR COPY OF THE MIRROR AT ANY OF THESE LOCATIONS

FFSC Workshops, Class Schedules Set

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 110. FFSC is located in Building One on Massey Avenue.

Oct. 2, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Oct. 2, 9-12p.m., New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age.

Oct. 2, 9-11 a.m., Smooth Move, FFSC

This workshop is designed for inexperienced, as well as experienced military members on permanent change of station (PCS) orders. The Personal Property Shipping Office will provide information on how to deal with movers and personal property entitlements. The travel section of Personnel Support Detachment (PSD) will present a section on travel pay and allowances. FFSC staff will discuss the emotional cycles of relocation, budgeting for a PCS move and provide some strategies for families.

Overseas Living is a class designed to prepare you for living in new and different setting. This class will provide helpful information about living on the

economy to dealing with potential terrorist activities. You will have a chance to understand the emotional cycles of overseas living to making this tour the best part of your Navy career. Specific information about visas and absentee voting will be discussed.

Oct. 3, 9-11 a.m., Car Buying Tips, FFSC

Oct. 6, 8:30 a.m.-3:30 p.m., FERP-Career Preparation, FFSC

Oct. 6-9, 8 a.m.-4 p.m., TAP Retiree Workshop, Building 1 Room 104

Oct. 7, 9-11a.m., Parenting Class, FFSC

The program is based on Dinkmeyer & McKay's Systematic Training for Effective Parenting (STEP). The program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills that are discussed as well as the challenges that are faced by all families.

Oct. 7, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Oct. 7, noon-4 p.m., Leadership Life Skills For E4 & Below, Base Chapel

Oct. 8, 9 a.m.-noon, Tottletyme Playgroup, USO

Oct. 9, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Oct. 9, 9-12p.m., New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to

interact with other children their child's age.

Oct. 10, 9-11 a.m., Considerations for Home Buying, FFSC

Oct. 14, 9-11a.m., Parenting Class, FFSC

The program is based on Dinkmeyer & McKay's Systematic Training for Effective Parenting (STEP). The program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills that are discussed as well as the challenges that are faced by all families.

Oct. 14, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Oct. 15, 9 a.m.-noon, Tottletyme Playgroup, USO

Oct. 15, 8-11:30 a.m., Stress Management, Wellness Center

Oct. 15-17, 8 a.m.-5 p.m., Ombudsman Basic Training, NETC Building 1388

Oct. 16, 9-12p.m., New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age.

Oct. 16, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Oct. 17, 9-11 a.m., Credit Report, FFSC

Oct. 20-23, 8 a.m.-4 p.m., TAP Separatee Workshop, Building 1 Room 104

Oct. 20, 8:30-9:45 a.m., FERP-Operation Re/Max, FFSC

Oct. 20, 11 a.m.-3 p.m., Conversational English for Military Spouses, FFSC

Oct. 21, 8:30 a.m.-4 p.m., Leadership Life Skills for E5 & E6, Base Chapel

Oct. 21, 9-11a.m., Parenting Class, FFSC

The program is based on Dinkmeyer & McKay's Systematic Training for Effective Parenting (STEP). The program is designed to assist you and your family put into practice the skills learned in the class. Specific parenting skills that are discussed as well as the challenges that are faced by all families.

Oct. 21, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Oct. 23, 9-12p.m., New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age.

Oct. 23-9-11 a.m., Resume Walk-in Review Assistance, FFSC

Oct. 22, 9 a.m.-noon, Tottletyme Playgroup, USO

Oct. 23, 8-11 a.m., Anger Management, FFSC

What does anger do for you? Communicate for you? Keep

people at a safe distance from you? Keep you in charge? For many people, anger serves them many uses, but all too often, it is at a high cost...usually of relationships, unhappiness in the workplace, and a general feeling of disdain. If you want to be able to break out of the "get angry/get even" syndrome, come to this class. Participants learn how anger and judgment are related, about irrational beliefs and faulty self-talk, what "E + R = O" means, and the roles of stress and forgiveness in anger.

Oct. 24, 9-11 a.m., Establishing A Sound Budget, FFSC

Oct. 24, 9 a.m.-noon, What About The Kids?, FFSC

Children who witness family violence are often forgotten as the unintended victims. A wide range of child adjustment problems has been found to be associated with exposure to domestic violence. Parent's need to see and understand the effects of domestic violence on children as encompassing behavior, emotion, development and socialization. Parents need to understand that there is an intergenerational cycle of violence and they may be creating a legacy for their child of learned violent behavior. The purpose of this program is not to shame parents for events that have already happen, but to instill hope that things can change. The knowledge that the violence, which many parents incorrectly believe is unseen by their children, is negative-

ly impacting their children's growth and development and may provide an additional motivator for ending the violence and seeking intervention.

Oct. 27, 1-2:30 p.m., FERP- Federal Employment Opportunities, FFSC

Oct. 27, 2:45-4 p.m., FERP- Starting Your Own Business Opportunities, FFSC

Oct. 28, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Oct. 28, 9 a.m.-noon, Tottletyme Playgroup, USO

Oct. 28, 1-4 p.m., Leadership Life Skills for E7 & Above, Building 1, Room 104

Oct. 29, 6-7 p.m., IA Family Discussion Group, USO

Oct. 30, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Oct. 30, 9-12p.m., New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age.

Oct. 30, 9-11 a.m., Overseas Living, FFSC

Reaching Out

The following are just a sample of volunteer opportunities available through NS Mayport and Volunteer Jacksonville. For more information, call NS Mayport volunteer coordinator CSI Hopkins at 237-5808 or 270-5373 or Dianne Parker at 542-5380 or you can immediately sign-up online for opportunities using www.volunteer.gatewayjacksonville.org.

Jacksonville Zoo

The Jacksonville Zoo is asking for volunteers. Volunteers are needed to educate varied audiences about the natural world, teach conservation messages, beautify the grounds, assist guests in various areas of the park, input data, lend a hand in animal care areas, answer questions, drive trains and enhance guests' experiences. You provide the interest and enthusiasm, and the zoo will provide the training. Scheduling is flexible. Volunteers receive special discounts, free admission, newsletters and special programs only available to employees and volunteers. Take this opportunity to meet others who share your interests in the animal kingdom. New Adult Volunteer Orientations are held at the Pepsico Foundation Education Campus. All interested personnel please call CSI Hopkins or call 270-5373 for more information.

YMCA of Jacksonville

YMCA of Jacksonville is looking for volunteers for their outreach programs geared towards males. For more information, contact Terra Herzberger at 265-1820.

Children's Home Society of Florida

Children's Home Society of Florida is getting ready to permanently place seven or eight children in loving homes within the next couple weeks. Seeking children's furniture. Contact Nick Geinosky at 904-493-7738.

Homeless Pet Shelter

Jacksonville Homeless Pet Shelter seeks volunteers. The new Homeless Pet Shelter is seeking help at a Temporary Clinic on surgery days. Days and hours vary. Contact dfields@bellsouth.net.

St Augustine Amphitheatre Seeks Volunteers

St. Augustine Amphitheatre seeks volunteers to be used as ushers, checking tickets, and pointing out seats. As a volunteer, you get to see the entire show. For more information, contact Lisa Tomkins at 209-

3750.

Big Brothers Big Sisters Mentoring

Big Brothers Big Sisters is providing an in-school mentoring program at Mayport Elementary School. Little Brothers and Sisters are needed just as much as Big Brothers and Sisters! If you are interested in this opportunity, please visit our website for more information: www.usojax.com

Navy-Marine Corp Relief Society Needs You

The Navy Marine Corp Relief Society is in need of Volunteers to give a couple of hours of their time each week to help others in need. The mission of the Navy-Marine Corp Relief Society is to provide emergency financial help and educational assistance to members of the Naval Services - active, retired, and family members - when in need: to assist them achieve financial self-sufficiency and to find solutions to emergent requirements. Navy-Marine Corp Relief Society firmly believes in personal financial responsibility. By helping the service member and family through difficult times and by assisting them to develop their own problem solving capabilities, they will achieve financial stability, increase self-worth and reduce the need for future financial assistance. Without their volunteers, the Society could not meet the needs of so many. If you are interested in volunteering and would like more information, contact Bill Kennedy at 270-5418, 9 a.m.-3:30 p.m., Monday-Friday.

St. Johns County Habitat For Humanity Needs Volunteers!

Habitat for Humanity is in need for volunteers every Friday and Saturday to help build homes in St. Augustine. No skill is necessary. Must be 16 or older. They are starting a new home every month and need help on the construction site. Please call 826-3252 ext. 2006 to sign up.

Lea's Place

Lea's Place is a volunteer program, on-call 24 hours a day, 7 days a week to help the Department of Children and Families take care of children who have been removed from abusive or neglectful situations or who have been abandoned. Volunteers assist Child Protective Investigators with feeding, bathing and playing with the children. They may also assist in the clothes closet, providing the children with

clean clothing. 360-7091.

I.M. Sulzbacher Center for the Homeless

Volunteering at the I.M. Sulzbacher Center for the Homeless serves more than 1,000 well-balanced, nutritious and delicious meals per day, every day of the year. These meals are prepared and served with the help of more than 100 civic, religious and business organizations from the Jacksonville community. Annually, these Volunteer Meal Groups provide over one hundred thousand dollars in support and more than 13,000 hours of volunteer time. Serving meals at the Center is a fun and feel-good way to give back to the community. For information about volunteering at the I.M. Sulzbacher Center for the Homeless call 904.394.1356. Also, see www.imshomelesscenter.org/volunteers.html

Dignity U Wear

Volunteers are needed to help process clothing in order to fulfill the needs of our clients. Volunteers are needed Monday thru Friday 8:30 a.m.-4 p.m. and 9 a.m.-2 p.m. on Saturday. They also can help raise awareness of our mission, introducing us and our cause to their friends. Contact a Michelle Charron at (904) 636-9455 for information on volunteering.

Children's Home Society

Children's Home Society (CHS) has been providing services to children and their families since 1902. Started in Jacksonville, CHS is a statewide non-profit agency providing services such as foster care, adoption, child abuse prevention, group shelters, and mentoring. CHS's MODEL (Mentors Opening Doors Enriching Lives) Program matches volunteers with children ages 4-18 who have a parent incarcerated in prison. We are seeking volunteers that will commit to a minimum of one hour per week for one year with a child. Volunteers need to be at least 21 years old and complete an interview and background screening. We provide training and ongoing support for all volunteers. Volunteers build a friendship with a child while engaging in community activities such as going to the library, beach, park, or playing sports. For anyone interested in additional information or becoming a mentor, please contact Christine Small at 904-493-7747.

"WE BRING THE MILITARY MARKET TO YOU!"



**ADVERTISE
IN THE
MILITARY
PUBLICATIONS**

- Reach 74,000 Readers
- Internet Advertising (Included in Rate)
- Military Publications on www.Jacksonville.com which receives 11 million views per month
- Distributed on three Naval Bases and off-site locations
- Published Thursday weekly

Call Advertising Today
904-359-4336

**Regional Economic Impact
\$7.8 billion/year**

**Military Publications reach
81% of the military community**

**Regional Payroll (all 3 bases)
\$2.04 billion/year**

**Military Community
Includes 92,103 Active-Duty, Reserves, Retirees and Contractors**

**The Navy is the largest
employer in Northeast Florida
and Southeast Georgia**

**Working On Base -
50,631
Active-Duty, Reserves, Civilians, Contractors**

The Mirror

JaxAir News

Periscope

Published by
The Florida Times-Union

DON'T MISS YOUR CHANCE TO SEE THE AMAZING BLUE ANGELS AT THE 2008 NAS JAX AIR SHOW



2 0 0 8
NAS JAX AIR SHOW



The Florida Times-Union



THE MIRROR Classified

PLACE YOUR MILITARY CLASSIFIED AD CLASSIFIED INDEX

BY PHONE 366-6300
Mon.-Thurs. 7:30a.m.-6:00p.m.
Fri. 7:30a.m.-5:30p.m.

Toll Free 800-258-4637
BY FAX 904-359-4180
IN PERSON

Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m. - 5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

Deadlines
Run date Call by Fax by
Thursday Tue, Noon Tue, 11 a.m.

Please note: **Fax deadlines are one hour earlier.** Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.
Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.
Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

Announcements		Instruction	
Auctions		Employment	
Real Estate for Sale		Services	
Real Estate for Rent		Merchandise	
Commercial Real Estate		Pets/Animals	
Financial		Transportation	

904-366-6300

ONLINE
Classified line ads are online at jaxairnews.com

FREE online advertising!
Your Classified in-column ad automatically appears online at **no additional charge.**

FOR SALE

Real Estate for Sale

Open Houses
Argyle
Arlington
Avondale/Ortega
Beaches
Downtown
Fernandina/Amelia
Island
Intracoastal West
Keystone Heights/
Melrose
Mandarin
Middleburg
North Jacksonville
Orange Park/Clay
County
Riverside
San Marco
Southside
Springfield
Westside
Waterfront
Condominiums
Manufactured Homes
Lots
Farms/Acreage

Investment Property
Retirement Comm.
Baker County
Georgia Real Estate
Nassau County
Putnam County
St. Johns Open Houses
St. Johns Homes
St. Johns Waterfront
St. Johns Oceanfront
St. Johns Intracoastal
St. Johns Marshfront
St. Johns Condos
St. Johns Duplex/
Townhouses
St. Johns Manufactured
Homes
St. Johns Lots/Acreage
St. Johns Active Adult
Comm.
St. Johns Investment
Income Property
Miscellaneous
Out of Area/Town/State
Real Estate Wanted

North Jacksonville

5/2 1/2, 2902 sq. ft., 1011, 12x17.2, lake front, huge bedrooms, mid-way, Mayport and NAS. Jax, owner relocate \$219k, mis \$450,290 904-861-9837.

Westside

or DOWN - 0 closing VA, all new, fin. oval, priced from 3br - \$150k, 2 br - \$159k, 5br - \$205k, 2 car gar., & more. Sonny Jewell Realty, 463-6489.

Waterfront

Arlington River - 2/1.5 Townhouse w/lot, boat, pool gym, fish or play, Ex. Cond. 118k, 612-5050

Condominiums

THE MOORINGS 14750 Bch Blvd #78, 2/2 + dock, lease/Fur, \$259K V. Browning L&ES 501-591/824-7715. Virtual tour: www.obeo.com/490407

Manufactured Homes

\$0 DOWN!
If you have land or own family land, your land is your CREDIT!!!
LUV HOMES 904-772-8031

Beaches

2 story charmer near Duffon Island Rd, Mayport Naval Station & beaches. 3/2.5, many upgrades on fr. fenced-in lot. Realtor owned \$239,900. 904-236-0519

Intracoastal West

NEW HOMES GREAT LOCATION
• large lots
• NO CDD FEES!
• minutes from the beach
• LESS THAN 8 MILES FROM MAYPORT

MOVE-IN SPECIAL
• free refrigerator
• free washer
• free dryer
• \$6,000 in CLOSING COSTS!
starting from the \$220's land/home package
493-6922 or 571-3865

SEDA OFFSITE DIVISION

Don't pass this one! 14045 Broken Bow Dr S 3/2 over 1800sq, great yard on lake. Call Tammy Ferrizzi. 742-2165 Realty World First Coast

FLORIDA LAND
Over 100 lots starting at \$7900. Counties of Calhoun, Putnam, Levy, Marion, Lee. Realtors & Investors Welcome. 718-797-0807
www.uslandventures.com

Farms/Acreage

HUNTING LAND FOR SALE BY OWNER 32ac. Timber, power, access to Altamaha River, next to 4000 ac WMA. Quick Sale \$1695per ac. 478-278-9345

TEXAS LAND SALE!!
20-acre Ranches. Near BOOMING E1 Pass. Good Road Access. Surveyed, ONLY \$15,900 \$200down \$159 per/acre. Money Back Guarantee. No Credit Checks. • 800-542-7537
www.sunsetranches.com

Buying a Home? Contact your VA Home Loan Expert-Laurie M. Potter YNCM (USN Ret)
Buying, Selling or refinancing? Contact Laurie for any of your financing needs, including VA, FHA, home equity or conventional loans.

Countrywide HOME LOANS

4601 Touchton Rd E #3190 Jacksonville, FL 32246

Georgia Real Estate

Folkston, Ga off of Hwy. 121- *All wooded* 8 acres for Sale. Or 5 acres. Or 3 acres. Or all 8 for \$80,000 904-768-2036.

Out of Area/Town/State

NC Mountains
Owner must sacrifice a 1288sf. lot on 3+ acres, \$89,900. Covered porch overlooking lg. creek private with lots of trees, needs work. 828-286-1666 Broker

Real Estate Wanted

FREE FORECLOSURE HELP - Learn what to do if you are at risk! No Cost and No Obligation. Call 1-888-641-SELL Extension 11

Atlantic Beach Townhome 3 bed/2 ba, 2 cars driveway, screen porch wsh/dr hook, fenced w/ 10 min to base. \$845.00 Call J.D. 904-254-2659.

Bartram Park Near 95, Gated, Large 1br, 580sq ft, Pool, gym, 1st flr W/D & wtr incld 904-643-6003

INTRACOASTAL W. Bch Blvd/Hodges 2/2 appls, pool/cubhouse, unfurnished, \$1050mo \$600dep. 294-6260

Jacksonville Beach-Updated furnished 2/2 on Jax Beach. No smoking or pets. \$1800/mo. 904-220-6422/228-0244

KERNAN -3/2.5, 11k, w/c, gated, pool, bath, lca, gated paths, nr UNF/Mayport. \$1295m. 305-8986.

OAKLEAF/Orange Pk 4/2 Luxury waterfront 1st flr pent, 5 Star amenities \$900 St Johns city schools 1-904-206-3233 423-753-4367

Ponte Vedra Beach 1st flr Resort condo 2/2 W/D/Fri 5 Star amenities \$900 St Johns city schools 1-904-206-3233 423-753-4367

Southside Luxury 2/2 Condo 1st flr/gated w/d/p pet ok \$1100 904-607-4178 details at Homepez.com #420

Houses Unfurnished

ARLINGTON 3br/1ba house, CHA, fenced back yard, \$750 front w/dep. 504-9305.

Atlantic Beach - 2/2.5 w/lot, 2 car gar, f/plc, 1rg scrn back porch, fncd bk yard, \$1350/mo, pet dep req. 904-333-7556

Atlantic Beach - 2200 SF ranch style house, 3/2.5, pets ok w/dep, W/D, 1 yr lease, \$2300/mo 838-6333

Available Beach - Furn rm, priv bath, 2br house, \$450+util. 904-866-6937

ARLINGTON Large 2br/1ba completely furnished apartment (linens, dishes, etc.) \$500, move in. (\$300) utility deposit includes lights & full satellite. \$2000k rent, 9mls from Mayport Call 904-564-4589

Orange Park - 1/1, comfortably furn, quiet area, \$700/mo. 3265-A Doctor's Lake Dr. 716-7766

Atlantic Beach 2/1, ch/va, 2 mi from Mayport Naval Station \$665mo. Tim 904-476-6944

Atlantic Beach - 1 MONTH FREE Newly renovated *Beach living at it's best* 904-241-5737

ATLANTIC BCH 2/1, ch/va kit, eapt, w/d hkup, newly remod., close to ocean \$950m. 904-241-3077

ORANGE PARK - 2BR, 2BA, 1rg living area, fpl w/ bar, W/D hookkup, \$600. 904-272-0176 or 613-6438

Southside/Intracoastal LEASE TODAY!!!! HILLWOOD POINTE APTS 32.5 TOWNHOMES CALL FOR SPECIALS 904-642-8878

Condos for Rent

ARLINGTON Luxury 2/2, 1400sf, gated community pool/club house, unfurnished, \$500dep. Half month free rent. 904-697-9907

Arlington River Condo - 2/1.5 Boatdock, Pool, W/D, 220-6422/228-0244. Upgraded, furn / unfurn @800mo+612-5050

Atlantic Beach Townhome 3 bed/2 ba, 2 cars driveway, screen porch wsh/dr hook, fenced w/ 10 min to base. \$845.00 Call J.D. 904-254-2659.

Roommates

Roommate Wanted
Nice neighborhood, off San Pablo, rent includes own bd/ba, 1/2 of 2 car garage. Basic cable & utilities. 904-223-1843 or 571-5215

ARLINGTON - Only \$110-\$150 wk. Very nice, near shop bch. 400-1232

Atlantic Beach room for rent in pvt pool home, all util, cbl incld, \$950/m. Avail 10/1 904-616-3633

MANDARIN no pets, free cable \$450mo. 1/3 util. NS, Herb 704-5789.

Mandarin - \$375, \$300 dep. Cbl, 1/3 util, net, nice kitchen & fr. 268-6386

Rooms for Rent

Northside Room for rent, central air, washer/dryers, quiet area (Pulaski) off 9A, no drugs, smokers, pets, \$450+util. 904-714-2137

Houses Unfurnished

Ft. Caroline 3 bdrm/2 bth, 2000 sq. ft. 10 min from NAS w/airport near Wonderwood
Bridge, wood/carpet floor, fireplace, large fenced yard, 2 car garage \$1350.00 any term avail 757-773-3017.

Murray Hill - 2 Months Free Rent! 2/1, ch/va kit, hwd flrs, remod, detached gar, \$975m, 3053 Plum St. 716-7766

Neptune Beach - Townhome 2/1.5, tile/berber carpet, \$900/mo+ \$600 dep. 1 yr lease. 232-9375

NORTHSIDE 4br/1ba w/d hookup, new carpet, \$700mo \$500dep 1358 W 15th St. 904-859-2698

Northside Large 2br/1ba Eat-in kit, 1 1/2 rm, new frig, W/D, stove \$750, 2067 Brooklyn Rd874-4721

ORANGE PK REMO 4/2, w/d stove, cov patio, fnc yd 380 Gano Ave. \$995m+1st/last/1sec. 954-263-7311

Orange Park - 4/2, pool, 1rg rooms, priv fncd yrd, \$1200/mo. 544 Lewis Morse. 716-7766

Southside - 7017 Hallock 4/2, remod, new carpet & tile, den w/ fpl, sun room, \$1250/mo. 268-6386

ST. MARY'S, GA Osprey eat-n-Kit, gated, \$1800/m. Avl 10/1. 410-212-9399

Murray Hill - 2 Months Free Rent! NEW 3/2, 1 car gar, 3049 Plum St. Builder's Special! \$1100mo. 716-7766

Commercial/Industrial Real Estate

Commercial/Industrial For Sale
Commercial/Industrial For Rent
Businesses for Sale
Office Space For Sale
Office Space For Rent
Retail For Sale
Retail For Rent
St. Johns Commercial/Industrial For Sale
St. Johns Commercial/Industrial For Rent
St. Johns Businesses for Sale
St. Johns Office Space For Sale
St. Johns Office Space For Rent
St. Johns Retail For Sale
St. Johns Retail For Rent

Commercial/Industrial For Rent

Southside - Office/WHSE 1000 - 3000sf @ \$7 per sf. Close to I95 & JTB Call 904-247-5334.

Southside - Office/WHSE 1000 - 3000sf @ \$7 per sf. Close to I95 & JTB Call 904-247-5334.

WESTSIDE 1200sf office warehouse, CCG-2 zone Bruce 386-467-3320 visit zap1@nowlease.com

Retail For Rent

NORTHSIDE Lem Turner Rd. Daycare/Retail store or Rest. \$10 per sq ft. Avail. now. 904-247-5334

NORTHSIDE Retail Cir Great loc. 3900sf. Avail now @ \$10 per s.f. 1780 W. 45th St. 904-247-5334

NORTHSIDE Retail Cir Great loc 3900sf. Avail now @ \$10 per s.f. 1780 W. 45th St. 904-247-5334

NORTHSIDE Lem Turner Rd. Daycare/Retail store or Rest. \$10 per sq ft. Avail. now. 904-247-5334

Beach/Vacation/Resorts

Jacksonville Beach - Awesome 2bed2bath, 12th fl turn condo any term avail 553-4926

Commercial Real Estate

Commercial/Industrial For Sale
Commercial/Industrial For Rent
Businesses for Sale
Office Space For Sale
Office Space For Rent
Retail For Sale
Retail For Rent
St. Johns Commercial/Industrial For Sale
St. Johns Commercial/Industrial For Rent
St. Johns Businesses for Sale
St. Johns Office Space For Sale
St. Johns Office Space For Rent
St. Johns Retail For Sale
St. Johns Retail For Rent

Commercial/Industrial For Rent

Southside - Office/WHSE 1000 - 3000sf @ \$7 per sf. Close to I95 & JTB Call 904-247-5334.

Southside - Office/WHSE 1000 - 3000sf @ \$7 per sf. Close to I95 & JTB Call 904-247-5334.

WESTSIDE 1200sf office warehouse, CCG-2 zone Bruce 386-467-3320 visit zap1@nowlease.com

Retail For Rent

NORTHSIDE Lem Turner Rd. Daycare/Retail store or Rest. \$10 per sq ft. Avail. now. 904-247-5334

NORTHSIDE Retail Cir Great loc. 3900sf. Avail now @ \$10 per s.f. 1780 W. 45th St. 904-247-5334

NORTHSIDE Retail Cir Great loc 3900sf. Avail now @ \$10 per s.f. 1780 W. 45th St. 904-247-5334

NORTHSIDE Lem Turner Rd. Daycare/Retail store or Rest. \$10 per sq ft. Avail. now. 904-247-5334

Employment Marketplace

Northwest Florida Southeast Georgia

• Job Fairs
• Resume Service
• Accounting/
• Bookkeeping
• Advertising/Media
• Architecture/
• Interior Design/
• Graphics Design
• Automotive Sales/
• Service
• Aviation
• Civil Service/
• Government/
• Public Administration
• Computer Hardware/
• Software
• Programming
• Construction
• Customer Service
• Dental
• Domestic Services/
• Caregiving
• Delivery Driver
• Education/Teaching/
• Nurses/Nurses Aides
• Office/Clerical/
• Administration
• Part-Time
• Personal Services/
• Beauty
• Real Estate/Property
• Management
• Recreation/Sports/
• Fitness
• Restaurant/Bar/Club/
• Food/Beverages
• Retail
• Sales
• Science/Research
• Social Services/
• Counseling
• Technical Support
• Telemarketing
• Transportation
• Warehouse/Inventory
• Work at Home
• Positions Wanted

Training
• Engineering
• Entertainment
• Executive/Management
• Finance/Investment
• General Employment
• Hotel/Hospitality/
• Tourism
• Industrial Trades
• Insurance
• Landscaping/Grounds
• Maintenance
• Law Enforcement/
• Security/Safety
• Legal
• Maintenance/
• Janitorial Services
• Management/
• Professional
• Manufacturing
• Marketing
• Mechanics
• Medical/Health Care
• Marine/Trade

• Positions available in:
• St. Augustine
• Brunswick
• Yulee
• Jacksonville
• Arsdale/OP/Mdbrg

20-35 hours weekly + \$10.00 hourly or up to \$50 per App/Demo + Work Thurs - Sun. Positions start immediately.

Call: Jacksonville 904-224-1085 Brunswick 912-265-5300 St. Aug 904-824-0331 Fernandina Beach 904-277-8229 or email your resume to hrdept@abmrktg.com

Sales

Area Sales
COME ON PEOPLE
This is ridiculous! Week after week I run ads for different departments in my organization & get limited response. There are no gimmicks, no surprises & no hidden factors. We have everything anybody else can offer, in other words, not just a great income, but all the goodies too! Commissions & Incentives, vacations, trips, rewards, health, dental, life & vision insurance and a 401(k). Starting income, up to \$45K - \$75K per year. You can even qualify for a \$2,000.00 signing bonus. Sounds good so far, doesn't it? That's why I can't understand why in the world you wouldn't investigate this opportunity! This week I'm hiring for sales in our Jacksonville office. No Experience necessary, we will train you. Call Harold, 680-0577, or email your resume to hrdept@abmrktg.com

General Employment

APPOINTMENT
Outstanding opportunity to work with an authorized service provider for a Fortune 500 home improvement company. We are looking for energetic, motivated appointment setters to work in retail locations in NE Florida & Coastal GA. Applicant must be drug free & pass a criminal background screening.

Hotel/Hospitality/Tourism

Mirror

MOTEL MANAGER Bilingual (English and Spanish) individual to manage motel in Callahan. Manager apartment available. Call 904-879-2180, to schedule appointment and interview, or Fax resume to 904-879-2283

EDUCATION AND TRAINING

Private Instruction Schools
Specialty Training/Events

Schools

Medical Careers Begin With Us! Start Training with Everest University CALL TODAY!!! 888-461-3609

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus Plan. Must have reliable transportation and be able to start immediately. To get your reward you must call Harold at 268-5163.

REWARD OFFERED \$45,000 TO \$65,000+ ANNUALLY

We are looking for a few good people! Only those who are money motivated need to apply. Great benefits package, medical, dental, 401k, & AFLAC. Also ask about our \$2000 Bonus

650,620 Hours

Besides protecting our country, military personnel stationed in our communities donated 650,620 hours of volunteer service in Northeast Florida and Southeast Georgia last year. Their time was given to community organizations, church groups, youth activities, scouting and more.

Thank you!



THE NS MAYPORT, FLORIDA
Mirror

THE
Periscope
KINGS BAY, GEORGIA

Transportation

DRIVERS/ TRAINEEES NEEDED
Government needs
OTR Truckers NOW!
No exp needed!
\$700+/wk earning potential. No CDL? No problem! Training Available! CALL NOW 800-820-4521

AC & Heating

HEATING & AIR
Retired Mill Owner/Contractor. CACI 1815374. Res/Comm'l Sales & Srvcs. Free Est. 904-755-7760.

Merchandise

AC, Heating, Fuel Antiques Appliances Arts & Crafts Auctions Building Supplies Business/Office Equipment Clothes Collectables Computer Craft/Thrill Stores Electronics Estate Sales Farm/Planting Fruits/Vegetables Furniture/Household Garage Sales Gardens/Lawns Hot Tubs/Spas Jewelry/Watches Kid's Stuff Machinery and Tools Medical Miscellaneous Merchandise Musical Merchandise Photography Portable Buildings Public Goods Sporting Goods Trailers Wanted to Buy or Trade

Appliances

Freezer 7cu ft. Kenmore chest, exc cond. asking \$100. Call 904-254-7253

Estate Sales

Atlantic Beach Sat. Oct 4, 8am-11am 178 Ocean Blvd. Arr. boby grand player piano, furn, china, books 904-502-9647

Furniture/Household

BED A Bargain \$150 Queen Pillow Top Brand New 904-674-0405

BED - King Size Set New in plastic. Must sell 674-0405

Dining Room Suit Nostalgic, oval table 4 chairs with extension leaf. Matching 2 pc hutch \$450.00 220-6484. Great Condition

Kitchen table with 4 chairs, new solid wood 42"x42"x38". 10 black legs counter high \$300.00 904-254-7253

MATTRESS FULL SIZE NEW Must Sell Call Carter 674-0405

MATTRESS A Queen Set. Brand New in plastic \$150 904-674-0405

Microwave, water dispenser, two matching lamps, Italian paintings, antique round marble Italian coffee table and more. Call 904-910-3710

Moving Sale! 3 pc sect'l sofa, heat/cool ac, gas wall htr, freezer, oak hutch + more. 705-9184

Washer and Dryer, new Kenmore 700 series, heavy duty w/rock & mo. old \$450 set. Other furniture also for sale. 904-372-4603

Garage Sale

Arlington 4130 Howell Ct. Multi family. Desks, Clothing, Books, 400+ CDs, Stereo, Electronics & Computer. North of Ft Caroline & Bess & Rogero Fri/Sat 8am-2pm

Arlington Fri & Sat 8-11 Eaton & Miller Rd off Atlantic Blvd. Kitchen ware, gas dryer, freezer, large women clothes, shoes, Craftmatic bed, computer desk, etc. Every thing MUST GO AND MUCH MUCH MORE.

Arlington - Fri & Sat 8-5p. EVERYTHING must go. 5468 Windermere Dr.

ARLINGTON Sat 7am-2 Multi Family Moving & Garage Sale! Corner of Starwan Rd E & Haverhill. Furn, appliances, golf & LOTS MORE!

ARLINGTON The residents of the Atrium retirement comm. will be holding their annual yard sale Fri 10:30-8:30 -3p at 9960 Atrium Way

ATLANTIC BEACH 2614 West End St. Fri, Sat & Sun. 10-5. Everything must go! Furn-some new, household items, china, pictures & more!

East Arlington Hickory Creek Community Sale! Hickory Creek Blvd. Across from Kensington on Atlantic Blvd. 10/4, 8a

Ponte Vedra Neighborhood Sale Sat, 10/4 8-2. Sideside Community located off AIA 1/4 mile north of Mickler Rd.

San Pablo Crk Comm yd sale Sat 8-1 on San Pablo Rd bwn A1 & Bch Blvd.

Garage Sale

ST. MARYS GA. Moving Sale Multi Family furn, collectables, baby supplies & more! Sat & Sun 8-12N. 615A Oak Ct.

The Nearly New Shop, the "only" thrift store located on Mayport Naval Base, open to active, retired & civilians with base access. Sat. Oct 4, 9am-1pm 709A Everglades Ct. Supported by the Navy Wife's Clubs of America, Mayport Chapter #201 a non-profit organization. Donations welcome. 904-424-3667

BARGAIN HUNTERS GALORE

This Sat & Sun Have Your Garage Sale at The Market Place! 7059 Ramona, 786-FLEA

Miscellaneous Merchandise

Harley FXR 1984, 19,500 miles, drag bars, custom pipes, leather boots, sissy bar 904-945-6975

Various exercise equipment, wood futon \$250.00 deacon bench \$30.00 coffee table \$25, rocker \$50.00. Call weekends 374-7335.

Tickets

4 Kid Rock Oct 3rd St Augustine Amphitheatre Sec. 202, seats 107-110. \$71.00 ea. 904-838-7331

Buying Gator tckts, Season/Indiv games. Top dollar paid. 800-399-2190

Pets and Supplies

Cavaliers to Yorkies Puppy Sale
***** \$299 & up *****
www.petworldpets.com 904-262-4646 Open 7 days

Chihuahua Tiny T-cup
pups, S hair, M, S/W, \$200 & up. cash 722-1056

Pets and Supplies

English Springer Spaniel
AKC pups, litters, wh/cert. POP \$400 firm 781-7862

ENGLISH BULL DOG

Pups, AKC, M/F, E, Exc pedigree. 904-887-6030

EXOTIC BIRD FAIR
October 5th, 9am-5pm Elks Lodge 1420 AIA S. St. Augustine. Large selection of exotic birds, toys, foods, cages come to buy, sell or trade 904-955-9200

LAB PUPS, AKC / 8 wks
20 champ lines, s/w, B, Y \$275. Call 912-294-4566

LAB PUP -AKC, 2male,
2 fem, POP, AKC, starter kit. \$350. 545-8808

Weimaraner Pups AKC,
M/F, \$400 vet checked, PH 912-654-4849

Pets and Supplies

Labs Pups-2 Choc&1 Yl/w,
AKC, S/W, HC, champ bidline, \$400 904-619-1959.

PEKINGESE PUPS
White, S/W, POP, \$175 Cash. 722-1056

Pets and Supplies

Pekiniese Pups - AKC,
Thurs-Sat only. 904-786-3103 / 662-401-1079

Pomeranian Pups
AKC -Champ bidlines, thick coats, tiny. 879-3412

POODLES Toy AKC/JCKC
adults/puppies 610-7317 www.gbryant.com

Weimaraner Pups AKC,
M/F, \$400 vet checked, PH 912-654-4849

Transportation

Aviation Boats Sailboats Boat Dockage & Rentals Marine Equipment and Supplies

RV Rentals RV's and Supplies Motorcycles/Mini Bikes

Auto Brokers

Auto Parts Antiques/Classics Automobiles Trucks/Trailers/SUV's Vans/Buses \$2000 or Less Commercial Vehicles Misc. Auto Autos/Trucks Wanted Auto Rent/Lease

Motorcycles/Mini Bikes

Adly motor scooter, 150cc, 2007, 700 miles, 60 mpg, black and white excellent condition. Extra's available. 228-342-2531.

Auto Parts

Corvette C-4 ZR-1, type mags w/tires less than 500 miles \$1000.00 Darryl 616-6008, fits other GM Cars.

Antiques/Classics

Daytona Beach - Dream Cruise, Oct. 24-26. All Special Cars 866-880-3747 www.c.DaytonaBeachDreamCruise.com

Automobiles

BMW 325Ci '04 Bank Must Sell, Black on Black, All The Toys 5 Speed \$14,800 Call 904-520-0285

BMW 325i '04 All The Toys Only \$550 Down \$295/mo. Call 904-520-0285

Automobiles

BMW Convertible 1987, 325i, needs work, lots of new engine parts, make offer. 904-571-9704.

CADILLAC DEVILLE DHS '04 Black on Black Reg Top, Sun Roof 22" Rims \$500 Down \$299/mo. Call 904-520-0285

Automobiles

BMW 325i '04 All The Toys Only \$550 Down \$295/mo. Call 904-520-0285

Automobiles

BMW 325i '04 All The Toys Only \$550 Down \$295/mo. Call 904-520-0285

Automobiles

BMW Convertible 1987, 325i, needs work, lots of new engine parts, make offer. 904-571-9704.

CADILLAC DEVILLE DHS '04 Black on Black Reg Top, Sun Roof 22" Rims \$500 Down \$299/mo. Call 904-520-0285

Automobiles

BMW 325i '04 All The Toys Only \$550 Down \$295/mo. Call 904-520-0285

Automobiles

BMW Convertible 1987, 325i, needs work, lots of new engine parts, make offer. 904-571-9704.

CADILLAC DEVILLE DHS '04 Black on Black Reg Top, Sun Roof 22" Rims \$500 Down \$299/mo. Call 904-520-0285

Automobiles

BMW 325i '04 All The Toys Only \$550 Down \$295/mo. Call 904-520-0285

Automobiles

BMW Convertible 1987, 325i, needs work, lots of new engine parts, make offer. 904-571-9704.

CADILLAC DEVILLE DHS '04 Black on Black Reg Top, Sun Roof 22" Rims \$500 Down \$299/mo. Call 904-520-0285

AUTOMOTIVE DIRECTORY

ACURA
ACURA OF ORANGE PARK
7200 Blanding Blvd. 777-5600

AUDI
AUDI JACKSONVILLE
4660-100 Southside Blvd. 565-4000

BENTLEY
BENTLEY - ORLANDO
895 N. Ronald Reagan Blvd. Longwood/Orlando Fl 407-339-3443

BMW
TOM BUSH BMW
9850 Atlantic Blvd. 725-0911

TOM BUSH ORANGE PARK BMW
6914 Blanding Blvd 777-2500

BUICK
GARBER BUICK
Green Cove Springs 264-4502 www.garberautomall.com

KEY BUICK
4660 Southside Blvd. 642-6060

CADILLAC
CLAUDE NOLAN CADILLAC
4700 Southside Blvd. 642-5111

NIMNIGHT CADILLAC
7999 Blanding Blvd. 778-7700

PARKER CADILLAC
375 Belz Outlet Blvd (904)824-9181

CHEVROLET
NIMNIGHT CHEVY
1550 Cassat Ave. 425-6312 www.nimnichtchevy.com

COGGIN CHEVY AVENUES
10880 Philips Hwy. 877-800-1973

GARBER CHEVY
Green Cove Springs 264-4502 www.garberautomall.com

GORDON CHEV
1166 Blanding Blvd. 272-2200

JACK WILSON CHEVROLET
2255 US1 South 797-4567

JERRY HAMM CHEV
3494 Philips Hwy. 398-3036

PINEVIEW CHEVROLET
Macclennery 259-6117

CHRYSLER
ATLANTIC CHRYSLER
2330 US1 South 354-4421

CARUSO CHRYSLER
1750 Southside Blvd. 725-7300

FRANK GRIFFIN Chrysler of Orange Park
1515 Wells Rd. 269-1033

GARBER CHRYSLER
Green Cove Springs 264-2416 www.garberautomall.com

JACKSONVILLE CHRYSLER JEEP DODGE
9A & BAYMEADOWS. 493-0000

MIKE SHAD CHRYSLER JEEP
1736 Cassat Ave. 389-7792

RICK KEFFER
1-95 Exit 129, Fern Bch. 1-800-228-7454

DODGE
ATLANTIC DODGE
2330 US1 South 354-4421

JACK CARUSO REGENCY DODGE
10979 Atlantic Blvd. 642-5600

JACKSONVILLE CHRYSLER JEEP DODGE
9A & BAYMEADOWS. 493-0000

GARBER DODGE TRUCK
Green Cove Springs 264-2416 www.garberautomall.com

ORANGE PARK DODGE
7233 Blanding Blvd. 777-5500

RICK KEFFER
1-95 Exit 129, Fern Bch. 1-800-228-7454

WESTSIDE DODGE
1672 Cassat Ave. 384-6561

FORD
BOZARD FORD
St. Augustine 353-6797 Florida's Super Duty Headquarters

PAUL CLARK FORD-MERCURY
1-95 N. Exit 129 (Yulee) 225-3673

GARBER FORD-MERCURY
Green Cove Springs 264-4502 www.garberautomall.com

MIKE SHAD FORD At The Avenues
10720 Philips Hwy. 904-292-3325

MIKE DAVIDSON FORD AT REGENCY
9650 Atlantic Blvd. 725-3060

MIKE SHAD FORD OF ORANGE PARK
7700 Blanding Blvd. 777-3673

GMC TRUCKS
NIMNIGHT PONTIAC-GMC
11503 Philips Hwy. 854-4826

COGGIN GMC TRUCKS
9201 Atlantic Blvd. 800-498-3971

GARBER GMC TRUCKS
Green Cove Springs 264-4502 www.garberautomall.com

HONDA
COGGIN HONDA ON ATLANTIC
11003 Atlantic Blvd. 877-205-9128

COGGIN HONDA OF ST. AUGUSTINE
2898 U.S. Hwy. 1 S. 1-888-205-3520

DUVAL HONDA
1325 Cassat Ave. 899-1900

LOU SOBH HONDA OF THE AVENUES
11333 Philips Hwy. 370-1300

LUCAS HONDA OF JAX
7801 Blanding Blvd. 269-2277

HYUNDAI
HYUNDAI of ORANGE PARK
7600 Blanding Blvd. 899-0900

KEY HYUNDAI
4660 Southside Blvd. 642-6060

ATLANTIC INFINITI
10980 Atlantic Blvd. 642-0200

CITY ISUZU
10585 Atlantic Blvd. 998-7111 www.cityautomotive.com

JAGUAR
JAGUAR JACKSONVILLE
11211 Atlantic Blvd. 642-1500

JEEP
ATLANTIC JEEP
2330 US 1 South 354-4421

CARUSO JEEP
1750 Southside Blvd. 725-7300

FRANK GRIFFIN Jeep of Orange Park
1515 Wells Rd. 269-1033

GARBER JEEP
Green Cove Springs 264-2416 www.garberautomall.com

JACKSONVILLE CHRYSLER JEEP DODGE
9A & BAYMEADOWS. 493-0000

MIKE SHAD CHRYS-JEEP ON CASSAT
1736 Cassat Ave. 389-7792

RICK KEFFER LAMBORGHINI
1-95 Exit 129, Fern Bch. 1-800-228-7454

LAMBORGHINI - ORLANDO
895 N. Ronald Reagan Blvd. Longwood/Orlando Fl 407-339-3443

LAND ROVER
LAND ROVER JACKSONVILLE
11211 Atlantic Blvd. 642-1500

LEXUS
LEXUS OF JACKSONVILLE
10259 Atlantic Blvd. 721-5000

LEXUS OF ORANGE PARK
704 Blanding Blvd. 777-5100 www.lexusoforangepark.com

LINCOLN MERCURY
NORTH FLORIDA LINCOLN MERCURY
4620 Southside Blvd. 642-4100

MIKE SHAD FORD LINCOLN MERCURY
7700 Blanding Blvd. 777-3673

LOTUS
LOTUS OF JACKSONVILLE
www.lotusofjacksonville.com 11650 BEACH BLVD. 998-9922

MAZDA
TOM BUSH MAZDA
9850 Atlantic Blvd. 725-0911

MAZDA CITY
6916 Blanding Blvd. 779-0600

MERCEDES BENZ
BRUMOS MOTOR CARS INC.
10231 Atlantic Blvd. 724-1080

MERCEDES BENZ of ORANGE PARK
7018 Blanding Blvd. 777-5900

MINI
TOM BUSH MINI
9875 Atlantic Blvd. 725-0911

MITSUBISHI
CITY MITSUBISHI
10585 Atlantic Blvd. 565-2489 www.cityautomotive.com

CITY MITSUBISHI of ORANGE PARK
7505 Blanding Blvd. 779-8100 www.cityautomotive.com

NISSAN
COGGIN NISSAN-ATLANTIC
10600 Atlantic Blvd. 888-684-4472

COGGIN NISSAN-AVENUES
10859 Philips Hwy. 877-521-8203

MIKE SHAD NISSAN OF JAX
1810 Cassat Ave. 389-3621

PARKER NISSAN
2755 U.S. St. Aug. 904-794-9990

MIKE SHAD NISSAN OF OP
1565 Wells Rd. 269-9400

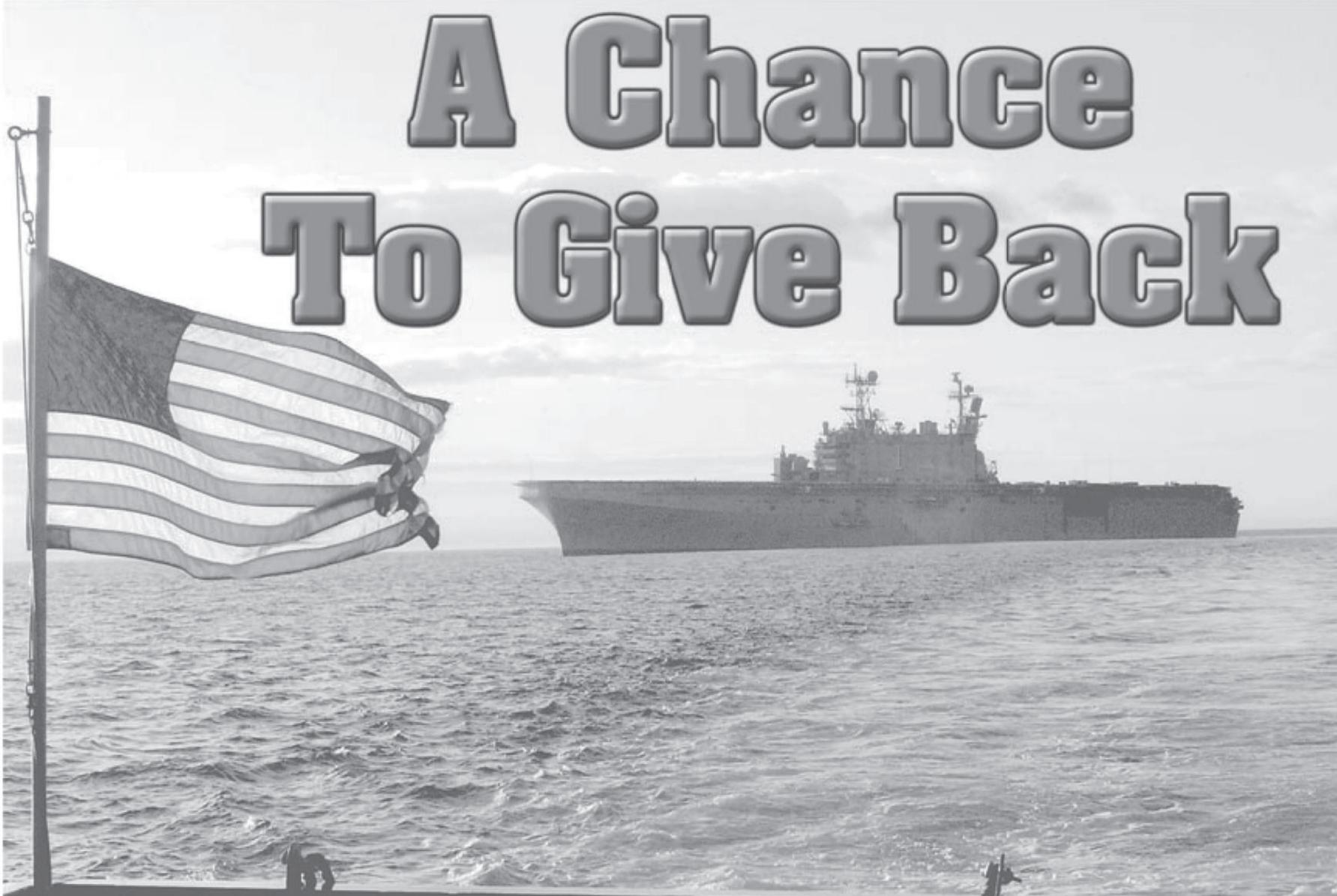
PONTIAC
COGGIN PONTIAC-GMC
9201 Atlantic Blvd. 877-205-9210

GARBER PONTIAC
Green Cove Springs 264-4502 www.garberautomall.com

JACK WILSON PONTIAC BUICK GMC
2250 US1 South 797-4577

NIMNIGHT PONTIAC - GMC
11503 Philips Hwy

A Chance To Give Back



The Military is the largest employer in Northeast Florida and Southeast Georgia!

- **Regional Payroll (all 3 bases)**
\$2.04 Billion per year
- **Retiree Payroll**
\$810 Million per year

- **Goods & Services (all 3 bases)**
\$709 Million per year
- **Tuition Assistance Authorized**
\$5,137,440

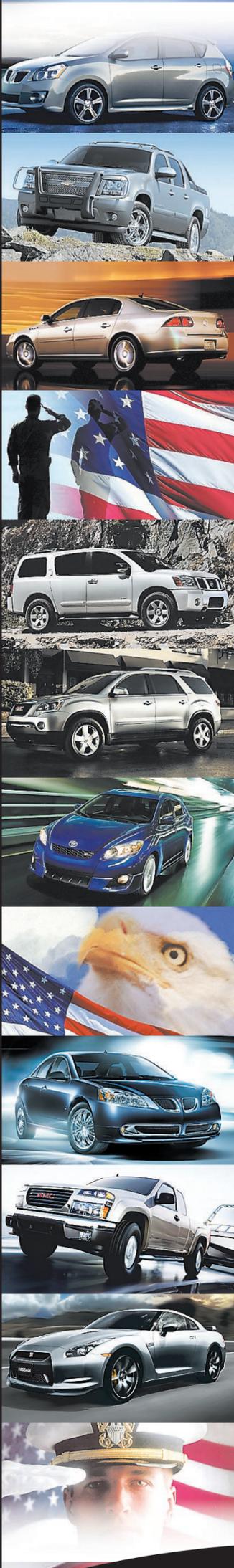


Call Now To Advertise With Us!
904-359-4336

Coggin Automotive Group



A Driving Part of Jacksonville Since 1968.



4500 New and Used Vehicles

GoCoggin.com

All at One Convenient Location

CERTIFIED USED VEHICLES

UNDER \$10,000

YOU CAN TRUST COGGIN TAKE AN ADDITIONAL **\$250 OFF**

Must present coupon at time of purchase at Coggin Automotive Group dealership. Valid 30 days from date of publication. Only one coupon per customer.



#We will honor any competitive advertised price within 48 hours of purchase. Must present signed buyer's order.

LUXURY PRE-OWNED

UNDER \$20,000



PONTIAC-GMC
on Atlantic
9201 Atlantic Blvd.

877-207-1907



HONDA
on Atlantic
11003 Atlantic Blvd.

877-205-9131



TOYOTA
at The Avenues
10564 Phillips Highway

877-839-3416



NISSAN
on Atlantic
10600 Atlantic Blvd.

888-823-1935



PONTIAC-GMC-BUICK
of Orange Park
7245 Blanding Blvd.

888-201-9228



HONDA
of St. Augustine
2925 U.S. 1 South

800-495-2974



CHEVROLET
at The Avenues
10880 Phillips Highway

888-499-2754



NISSAN
at The Avenues
10859 Phillips Highway

800-495-8174

3 Convenient Ways To Purchase • On Site • Online • On The Phone

www.gocoggin.com