

# THE MIRROR NS MAYPORT, FLORIDA

CHINFO Award Winner

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THURSDAY, March 6, 2008

## OFF THE DECK

### MWR Springs Into Activities

Join MWR in March for several activities that will keep you laughing or keep you informed. First up on March 7 is Theatre of Laughter Comedy Show. Renowned comedians Patrick Deguire, Dan Swartwout, Ernie Faivre and Mike Speenberg perform live at Castaway's Lounge from 8-10 p.m. This show is free and open to everyone.

**MWR Expo and Travel Show** will be held on March 14 from 10 a.m.-2 p.m. at Ocean Breeze Conference and Catering Center. This free, annual event is open to everyone. The Expo features representatives from theme parks, hotels, vacation hot spots and local tourist attractions along with information on MWR Mayport programs and services and a variety of Naval Station Mayport programs. Participants will be treated to free food samples and many exciting giveaways.

**Mayport-Go-Round Spring Carnival** will be held on March 15 at 10 a.m.-1 p.m. at Sea Otter Pavilion, next door to Beachside Community Center. This annual event kicks off with an Easter egg hunt for ages 9 and younger starting promptly at 10 a.m. Children must bring a bag or basket for hunting eggs. All other activities will begin after the egg hunt including games and prizes, free pictures with the Easter Bunny, inflatables, free popcorn, popicles and lemonade, and food for purchase from Pizza Hut.

**Michael Winslow Comedy Show** will be March 17. You've either seen or heard him in many famous movies including Police Academy, Spaceballs and Gremlins and currently, the GEICO commercial, he's the talented and funny Michael Winslow. All hands are invited for a live performance on St. Patrick's Day at Ocean Breeze Conference and Catering Center. This free show kicks off with a performance by comedian Johnny Mac. Come early and enjoy cocktail hour from 7-8 p.m. with complimentary hors d'oeuvres and a cash bar. Space is limited; reservations are required. Call 270-5380 or email Jon Fine at jfine@mwrmayport.org to make reservations. For more information on Michael Winslow, visit [www.michaelwinslow.net](http://www.michaelwinslow.net).

### Don't Forget To Lock Doors

Naval Station Mayport Security department is sending out a reminder to all personnel working on base and living in on and off base housing to lock their doors when they park. According to Base Security, there have been a rash of recent burglaries to automobiles in the off base housing area. To make sure you are not a victim of theft, lock all vehicle doors and make sure not to leave anything of value in the vehicle or in the bed of trucks. For more information, contact the Crime Prevention Office at 270-7117.

## CARTS Coming To Mayport Commissary

From DeCA

Naval Station Mayport's Commissary customers can soon expect an improved level of service when they pay for their groceries, according to store officials.

Starting March 17, the Mayport store will begin installing the Defense Commissary Agency's new state-of-the-art checkout stations.

This new front-end operation, known as the Commissary Advanced Resale Transaction System, or CARTS, features new cashier stations designed to make purchasing groceries easier

and more efficient, said John Vierling, Mayport store director. It also includes self-checkout modules that will enable customers to scan and pay for their own purchases.

"Our customers will definitely benefit from this new system," said Vierling of the checkout operation that is scheduled to be installed in each of DeCA's 261 stores.

"DeCA wanted a checkout process that was simple to use, accurate and secure in scanning purchases and reliable in that it wouldn't disrupt store operations," he added. "We have that

with CARTS. We are especially excited about the enhanced self-checkout stations. The automated teller machine has become a staple of the banking industry and self-checkouts will do the same for the commissary benefit."

The commissary agency contracted with IBM in December 2005 to replace the commissaries' aging front-end system with a newer, more reliable operating system "that was built specifically for retailers," said Vierling. "We have improved the look and function of check stands thanks to an ergonom-

ic design that reduces a lot of unnecessary 'stuff' between the cashier and the customer."

Other features of the new checkout stands include the following:

- A 15-inch, color-screen display to allow customers a better view of their purchases. The screen can also be used to remind shoppers of store specials and other promotions.

- A touch-screen display for cashiers that will speed up the checkout process.

- A hand-held scanner that allows cashiers to reach bulkier items in the cart.

- Price-check stations that will enable customers to scan the price of products before they reach the checkout station.

- Electronic check conversion which speeds up the check-writing process by eliminating handling of paper checks and bank deposits by store personnel.

"This system represents a new era of service for the customer," said Vierling. "Our customers will be amazed at how this technology will improve their shopping experience."

### Teaching the Ropes



-Photo by MC2 Chris Henry

**Air Warfare Systems Operator 2nd Class Jesse Kennett of HSL-48 Detachment Four explains search and rescue procedures and how to properly secure a survivor to a stretcher to members of the Romanian navy during training held aboard the guided-missile cruiser USS San Jacinto (CG 56). San Jacinto is operating in the Black Sea as part of a larger international team effort to improve maritime safety and security for a region free of trans-national threats built on cooperative security that uses existing political-military constructs.**

## CNO Signs New Diversity Policy

By MC2(SW) Rebekah Blowers  
Chief of Naval Operations Public Affairs

Chief of Naval Operations (CNO) Adm. Gary Roughead recently issued the Navy's diversity policy in which he urges leaders to anticipate and embrace the demographic changes of tomorrow, and build a Navy that always reflects the make up of the country.

"The purpose of this policy is to ensure that everyone in the Navy understands how I feel about diversity. I believe that diversity is the responsibility of every leader, both military and civilian. Each leader must set and live the example, as well as create an environment in our Navy where every individual's contribution is valued and respected," he said. "Most importantly, the Navy must reflect the face of the nation. When the nation looks at its Navy, it should see itself reflected back."

Leadership is the foundation upon which the Navy is built

and has served as the cornerstone of success for the organization since its inception. CNO has entrusted and challenges all members of the Navy team to lead diversity efforts through leadership, mentorship, service and example.

"I want our Navy's leaders to internalize this policy and demonstrate a personal commitment to attract young men and women to the Navy, and compel them to stay Navy. For those who are currently serving in our Navy, we must mentor these young people and provide opportunities for them to reach and maximize their fullest potential," Roughead said.

CNO emphasized that we all bring abundant life experiences and perspectives, and approach challenges and problems in various ways. It is these very talents and perspectives that make the Navy so successful, he said. Diversity is a necessity to remain a competitive, relevant and strong global force for

See Diversity, Page 7

## Roughead Releases Podcast Fleet Future

By MC2 (SW) Rebekah Blowers  
Chief of Naval Operations Public Affairs

Chief of Naval Operations (CNO) Adm. Gary Roughead discussed the future force of the Navy, new technology and how Sailors are a vital role in the Navy's mission in his most recent podcast.

In the podcast he refers to his recent shipyard facility tours across the country.

"My shipyard tours have been really helpful to me and they fully accomplished what I intended," Roughead said. "It was important for me to be able to see what they were doing, see what kind of innovation is being put into the production of our ships."

Roughead emphasized that 313 ships is the 'floor' for the future fleet and the importance of maintaining the appropriate balance of capability and capac-

ity in the Fleet. "We are a global Navy. We have been and we will continue to be a global Navy. And in order to cover the vast oceans of the world numbers matter. And I believe 313 is the minimum we can afford to have," he emphasized.

Roughead also addressed the Maritime Strategy's six core capabilities and how they determine his plans for the fleet of the future. Those capabilities

are forward presence, deterrence, power projection, sea control, maritime security and humanitarian assistance/disaster relief.

"When we look to the future and what we're going to buy we must be able to tie what we are buying to those capabilities," Roughead said. "Everything we buy must tie into that maritime strategy."

But, Roughead stressed that the fleet of the future will not be

possible without Sailors, Navy civilians and their families to support it.

"We can buy very expensive ships and very expensive airplanes, but they have no value until our Sailors get in them and make them do things I don't even think the engineers had on their plate when we started," Roughead said.

To hear more of the CNO's podcast, visit [www.navy.mil/navydata/cnopList.asp](http://www.navy.mil/navydata/cnopList.asp).

## Tin Can Sailors Share Story With Klakring

By Ensign Peter Goodman And Ensign Gray Tompson  
USS Klakring PAO

USS Klakring (FFG 42) hosted 12 members and guests of the Tin Can Association on board as part of the Association's fourth annual Bull Session on Feb. 22.

The Bull Session is an annual event that provides their membership with the opportunity to socialize with other members and reconnect with their past. The organization is comprised of prior destroyer and destroyer Escort veterans who answered the Navy's and nation's call with distinction in days gone by.

The members engaged the ship's Commanding Officer, Cmdr. Ian R. Pollitt, in an animated discussion about Klakring, its rich history, and the ship's recent role as an independent deployer to the EUCOM and SOUTHCOM AOR's.

The group then broke away to tour the ship, escorted by several Klakring crew who continued to field questions about the ship, Navy life today, and the Global

War on Terror.

For many in the group, the time spent onboard conjured up long-forgotten images of life at sea in small ships, and the camaraderie among the crews with whom they proudly served.

The Tin Can Sailor organization is comprised of approximately 23,000 members. In addition to organizing social events, the organization actively sponsors upkeep of several museum ships in an ongoing (and highly successful) effort to preserve the memory of the "tin cans" of old for future generations to appreciate.

Louis Garello, a Tin Can Sailor and former crewmember of USS Perry (DD 844) from 1955 to 1956, commented, "Klakring graciously welcomed us aboard! The tour guides, dressed into blues for us, were a real treat and everyone appreciated that gesture."

The tour served to strengthen the bond between two generations of "tin can" Sailors, and left all involved with an enhanced sense of pride-in-service.



-Photo by Ensign Peter Goodman

Twelve "Tin Can" Sailors and guests pause for a picture following an address from the ship's Commanding Officer, Cmdr. Ian R. Pollitt.

# CO Column

Welcome Cmdr. Jerome Dillon, the new Catholic chaplain at Mayport's Chapel by the Sea. We are happy to have him on the team for the best base in the Navy!

Congratulations to Katie Parnell for winning Mayport's first Nashville Star Casting Call Audition. It was a very enjoyable evening with no losers -- the courage to get up on stage and perform was rewarded with cheers and prizes. The top three will be competing at the first ever All-Military casting call in Norfolk, Va., on 12 April.

Congratulations to Mayport's basketball team, the Hurricanes, who brought back the title of Southeast Military Athletic Conference (SEMAC) champions to the U.S. Navy after 11 years. Great job! Speaking



**Capt. Aaron Bowman**  
of Basketball, the deadline for the March Madness Basketball Tournament is today. This military only, men's basketball tournament is March 14-16 at the Gym. Cost is \$225 per team.

Awards will be given to individuals for first and second place, team awards for first, second and third places, seven all-tournament team, most valuable player and event t-shirts. Pre-registration is required. Call 270-5451/52 for more information.

USS Philippine Sea Sailors deployed Feb. 19 for a regularly scheduled deployment with the Nassau Expeditionary Strike Group in the Navy's 5<sup>th</sup> and 6<sup>th</sup> Fleet areas of operation in support of Maritime Security Operations. Good luck to all the Sailors aboard the ship and we look forward to seeing them home soon. Be safe out there.

The MWR Saves Expo went off without a hitch last week and I want to thank everyone who helped with this event for

all their hard work and dedication to informing and educating our Sailors on the importance of being financially prepared for the future. Tax season is in full swing and the free tax center is open on base and ready for you to make an appointment to get your taxes done. If you have any questions please call 249-3795.

Navy Marine Corps Relief Society fund Drive is about to kickoff. The Mayport office served almost 1200 clients last year requesting financial assistance and helped numerous more in financial counseling. The amount of money going out of our office was almost \$1M. The only way that can continue is by people helping and pledging a donation to NMCRS. Please support a great cause that

takes care of our own when it comes time to donate.

The Mayport-Go-Round Spring Carnival kicks off March 15 from 10 a.m. to 1 p.m. at the Sea Otter Pavilion next to Beachside Community Center with an Easter egg hunt for ages 9 and younger starting promptly at 10 a.m. Children must bring a bag or basket for hunting eggs. All other activities will begin after the egg hunt including games and prizes, free pictures with the Easter Bunny, inflatable, free popcorn, popicles and lemonade, and food for purchase from Pizza Hut. For more information call 270-6015/5228.

On March 25, there will be a base-wide exercise that may effect base traffic. That day be sure to pay attention while

driving on base. More information will be released as soon as possible. While we are talking about traffic, please stay off those cell phones and watch your speed especially around our crosswalks.

As always, I want to thank all of you for what you do. Mayport is still the number one duty station in the Navy, and its you, our Sailors and civilians that make it that way. If you have an idea, or suggestion that can make our base even better than what it is, I want to hear about it. Be safe, and keep those suggestions coming in. Your concerns are my concerns. I am available all the time at aaron.bowman@navy.mil.

# CREDO Corner

**By Lt. Rickey Bennet**  
*Spiritual Fitness Division SE*

It is said that no two people share the same fingerprints. Professionals depend on this fact in order to identify each human being uniquely and unequivocally. Yet, there are patterns within groups of people, even though we know each person's print is distinctive. Those patterns include different kinds of loops, whorls, and arches.

Likewise, each individual's personality is unique and special. Still, patterns exist and can be recognized as personality styles and traits. For many years, the great thinkers have described these patterns and differences. In the early 1920s, the Swiss psychologist and psychiatrist Carl Jung published Psychological Types in which he developed his typology of human personality. Later, Katherine Briggs and Isabel Briggs Myers elaborated on Jung's theories, and subsequently Myers developed a practical psychological instrument to

identify personality preferences. Now used around the world, the adult version is called the Myers-Briggs Type Indicator (MBTI). Elizabeth Murphy and Charles Meisger are the authors of the children version that is called the Murphy-Meisger Type Indicator (MMTIC).

Both the MBTI and the MMTIC provide a four-part framework for understanding our personality preferences. This framework is an extremely useful tool for reaching a both a commonality of understanding about any individual's personality style, as well as fully realizing that they will express themselves uniquely.

Extraversion or Introversion, the first of four personality preferences describe the flow of energy. Extraverts (E) have natural energies, perceptions and or decisions that flow outward, toward the world of people and things; external surroundings stimulate and energize. Introverts (I) have natural energies, perceptions and or deci-

sions that flow inward, toward the world of thoughts and ideas; internal processes stimulate.

Sensing or Intuition, the second of four personality preferences describe information intake. Sensors(S) rely on the five senses to observe the world and gather data; a focus on the present moment and immediate experience. Intuitors (N) utilize a sixth sense (hunches, connections) to see possibilities that cannot be readily perceived with the five senses; perception is beyond the present and includes future events and possibilities.

Thinking and Feeling, the third of four personality preferences describe the decision making basis. Thinkers (T) decision-making process is based on objective logic and external, observable facts. Feelers (F) decision making process is based on subjective and internal values of self and others.

Judging and Perceiving, the fourth of four personality preferences describe the day-to-day style of life. Judgers (J) live a

planful, scheduled-based lifestyle, seeking closure for most tasks, activities and decisions. Perceivers (P) follow a flexible, spontaneous style of living, enjoying the process without pushing for closure.

These scales are bipolar. The theory assumes that although we have the eight preferences available within us, one preference of the four pairs is stronger, better developed, and automatically utilized by each person.

Type can be compared to handedness. Although we use both hands to complete tasks, we access our preferred hand (right or left) for tasks that require strength or detail. Access to the preferred is also true for our personality: our preference is more comfortable and automatically takes over.

Self-esteem is your self evaluation, a personal rating. It is essentially a self-acceptance vote. Genuine self-esteem is achieved when we feel competent and successful in the areas of our life that are important.

Positive achievements, ranging from skilled parenting to successful management of difficult emotions, can elevate our self-worth. Furthermore, if we feel worthy and value ourselves for our unique styles and contributions, we will be attracted to fulfilling or challenging work and healthy relationships. We won't tend to view mistakes and or failures in those areas as equivalent to global failures as a human being.

This relationship between competence and self-worth is often misunderstood. Well-meaning advocates of high self-esteem neglect competence as critical contributor to our self-esteem. It is not enough for individual self-esteem enhancement to look in the mirror and say, "I love me." We also need to feel we have achieved improvement or success in important life areas of our cultures and ourselves. Again, both competence and that sense of self-worth are essential.

The dynamic of competence and worthiness in action can be

observed when successful athletes with few other meaningful interests or relationships are suddenly injured and become depressed; or when the woman who raised children and built a home while her husband was the breadwinner finds herself alone because of divorce or widowhood. She may have no other relationships or areas of competence outside of being a wife or mother.

These sad circumstances are never easy; however those individuals who have core feelings of inherent worthiness can weather the storm of negative changes in their outer lives. Their self-esteem can be restored through gradually achieving competency in new areas. Oftentimes, support groups and counseling are needed to guide their new personal growth process. If your self-image portrait is problematic then please call our office to register for one of our personal growth retreats 904-270-6958, ext 1602, or email enrsc\_credo@navy.mil.

# Homefront in Focus

**By Beth Wilson**  
*Military Spouse Contributor*

"How to be a Millionaire on a Military Salary" This sign, on the FFSC marquis caught my eye and I had to chuckle; become a millionaire on a military salary? Someone is in fantasy...or are they? I called a friend who works at FFSC to talk about this 'millionaire' class. She was so enthusiastic about this class that I enrolled!

Why do I bring this up? Because my inbox is full of spouses struggling to make ends meet or shocked to find that their credit standing has impacted their service member's career and many other finance related challenges. So we are going to embark upon a series to put us on the road to not just financial fitness but to, indeed, become a millionaire on a military budget.

Katie, a navy wife, wrote a heartbreaking email, "Jake is on hold because of his credit. His clearance is held up because of our debt load? How can they deny a clearance just because we're in debt and struggling?" Unfortunately this email is not an isolated one. Jake and Katie have been apart for over a year as Jake was attending school, only to find out that they are on an indefinite hold till decisions are reached on Jake's security clearance; a clearance that is required for his job.

Are you aware that your financial indebtedness can affect your service member's

career? If your service member's rate requires a clearance your finances must be in order to maintain that clearance. If your finances are not, and your service member loses their clearance they can potentially be involuntarily separated from the Navy. Even if your service member does not have a clearance, non-payment of debts can potentially impact your service member's advancement.

But before you think this series is about setting up a budget and giving up gourmet coffee and other creature comforts I assure you it is not. This series is to offer you valuable information about your finances and resources to bring your finances under control and to establish and achieve long term financial goals for you and your family.

The starting point is to know where you stand. Assemble the following information to help you formulate your financial picture:

Income - How much do you make, assemble all income information

Debt - credit cards, mortgage, car loans, college loans, etc.

Expenses: food, gasoline/transportation, rent, utilities, etc

Once you have assembled all this information you will be able to develop a spending plan (I love that word: spending) as well as a plan to eradicate your debt (yes, you can live debt free). This initial step can be overwhelming but it is impor-

tant - don't give up!

There are resources to turn to for assistance with developing that initial financial plan. Each command has an individual called a Command Financial Specialist (CFS) who is trained to help you develop a spending plan/debt-elimination plan. Your local Fleet and Family Support Center as well as Navy-Marine Corps Relief Society offer both classes and personal assistance to develop a financial plan. Armed Services Bank, Navy Federal Credit Union and USAA and other financial institutions also provide free confidential financial planning assistance.

Let me bust a myth - it is NOT a career killer to access the services provided through your local installation or command. Not getting assistance to get your finances in shape can be a real career killer.

Over the next three weeks we'll look at developing a spending plan.



**Chapel Call**  
Command Chaplain:  
Cmdr. Jerome Dillon  
SUNDAY  
Sunday School.....9:15 a.m.  
Morning Worship.....10:30 a.m.  
Protestant Baptism.....As requested  
TUESDAY  
MOPS (Mothers of Preschoolers).....  
.....9:30 a.m.  
(First and third Tuesday of the month)  
Nursery is provided.  
WEDNESDAY  
Women's Bible Study.....9:30 a.m.  
Choir Rehearsal.....7 p.m.  
FRIDAY  
Catholic Mass.....11:30 a.m.  
Confessions.....7 p.m.  
SATURDAY  
Men's Prayer Breakfast.....9 a.m.  
Youth Group .....6 p.m.  
(Second and Fourth Saturdays of month)

Catholic Services:  
Mass.....Monday-Friday, 11:30 a.m.  
Confession.....Before and after mass  
Religious Education.....10:30 a.m.

BAPTISMS  
Please call 270-5212 to arrange a Baptism class.

SERVICES  
For shipboard and Waterfront Services, call 270-5403. Personnel of other faiths seeking contact with specific religious groups should call the Chaplain's Office at 270-5212.

## Celebrating Diversity



-Photo by MC3 Bonnie Williams

Chaplain Rory Calhoun delivers a prayer during the Black History Month ceremony held at the Base Chapel last week.



Naval Station Mayport

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Cmdr. Mike Watson..... Executive Officer  
CMDCM Deborah Davidson..... Command Master Chief

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MC3 Bonnie Williams ..... Deputy Public Affairs Officer  
IC2 Paul Fenn ..... Assistant Public Affairs Officer  
Paige Gnann ..... Editor

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# Letter to the Editor

**Dear Editor,**

Because my husband and I are moving out of state on PCS orders, I am checking my daughter out of the Mayport Child Development Center (CDC) this week. I want to tell everyone what a fantastic experience I have had with the Center.

When I first started bringing Laura to Mayport CDC, she was still a tiny, fragile six-month-old baby, just recently graduated off of a heart monitor. Of course, I was nervous leaving her with relative strangers, but after the very first day, all my anxieties vanished. Every day since then, she has been happy and very well taken care of. Now, she

is a bubbly, well-adjusted 15-month-old toddler. I credit the CDC with a great deal of her learning and development.

In particular, I'd like to mention Kathy Palmer and Tennille Cooper, Laura's regular classroom teachers. They both have a gentle, consistent manner that comforts all the babies in their care.

It is with some regret that I withdraw Laura from the Mayport CDC. But Navy life requires us to move on. I'll take happy memories of the teachers and staff and of Laura's excellent care every day. I give the Mayport CDC staff my highest recommendation and thanks.

Lt. Nita Bryan



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# Mayport Looks For Next Nashville Star



Family member Katie Parnell tops the list of contestants with her performance during the Mayport MWR Nashville Star local casting call.



The top three finalists of Mayport's Nashville Star casting call stand with the judges after the local competition. The winners will now compete in a region casting call with the possibility of competing in the first All-Military casting call in Norfolk, Va. Pictured from left is third-place winner Gunner's Mate 2nd Class Kiley McDowell and his infant son, judge and local radio personality Toni Fox, first place winner Katie Parnell, country music recording artists and judges Austin Cody and Shannon Haley and second place winner Chief Operations Specialist Jeffrey Wallace of ATG Mayport.

-Photo by Paige Gnnann



Samantha Goulet



Sara Belding



Ensign Christy Campbell of DESRON 14



Senior Chief Damage Controlman Paul Drummond of ATG

From Staff

Sixteen Sailors, family members and retirees put their dreams of becoming a county music recording artist on the line last Thursday in a local casting call for USA Network's "Nashville Star."

This is the sixth season of the show, which can be viewed later this year on NBC will Billy Ray Cyrus as host. Casting calls are being held throughout America for contestants for the show. This year, there will be the first All-Military casting call held in Norfolk, Va. on April 12.

Three hopefuls from Mayport will be vying for a spot to Norfolk after winning the local casting call on Feb. 28 at Castaway's Lounge at Beachside Community Center.

Up and coming country music artists Austin Cody and Shannon Haley were joined by local radio personality Toni Fox in selecting the three best singers from the base.

Family member Katie Parnell came out on top with her rendition of the Leann Rimes/Trisha Yearwood song, "How do I live without you?"

Chief Operations Specialist Jeffrey Wallace of ATG Mayport and Gunner's Mate 2nd Class Kiley McDowell came in second and third, respectively.

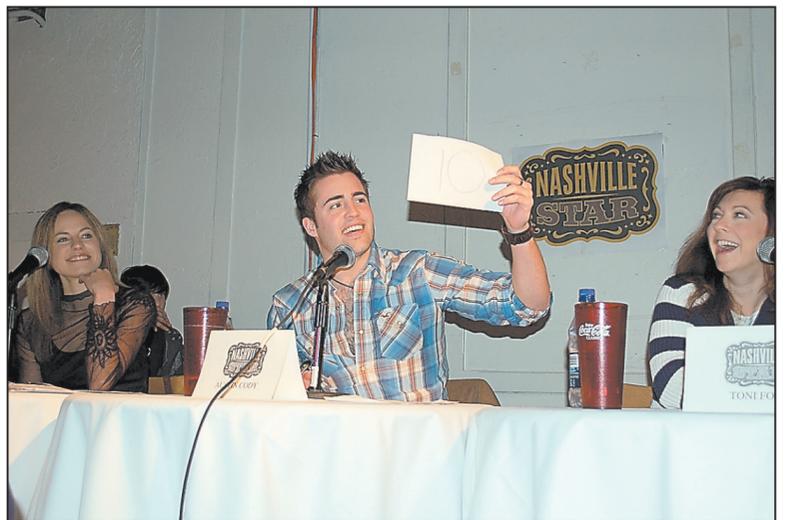
Those three will have to compete regionally for the chance to go to Norfolk. The three judges seem to think they have a chance.

Haley said she was pleasantly surprised at the talent Mayport had to offer. The singer is one of the top Myspace unsigned performers.

"This is great," she said. "I have a new deep-found respect for what the Navy does and the people who work here."

Cody, who has opened for acts such as Gretchen Wilson, Big and Rich and Trace Adkins, said he was honored to act as judge and have the ability to share his knowledge.

"I thought it was a lot of fun," Fox added. "That's hard to get up there."



-Photo by Paige Gnnann

Up-and-coming country music artist Austin Cody awards a 10 from the judges' table to Katie Parnell's performance on Feb. 28 as Shannon Haley and local radio personality Toni Fox agree.



-Photo by Paige Gnnann

Haley performs a song written by Keith Urban during the competition. The 22-year-old singer is one of the top Myspace unsigned performers.



Kristin Livingston

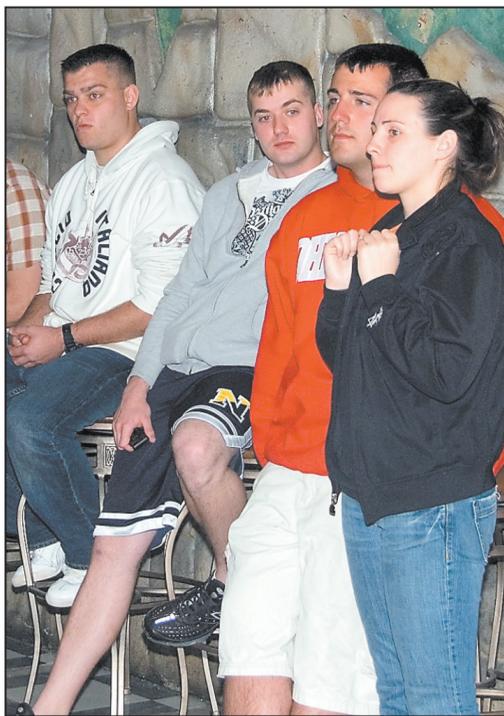


Morgan Stokes

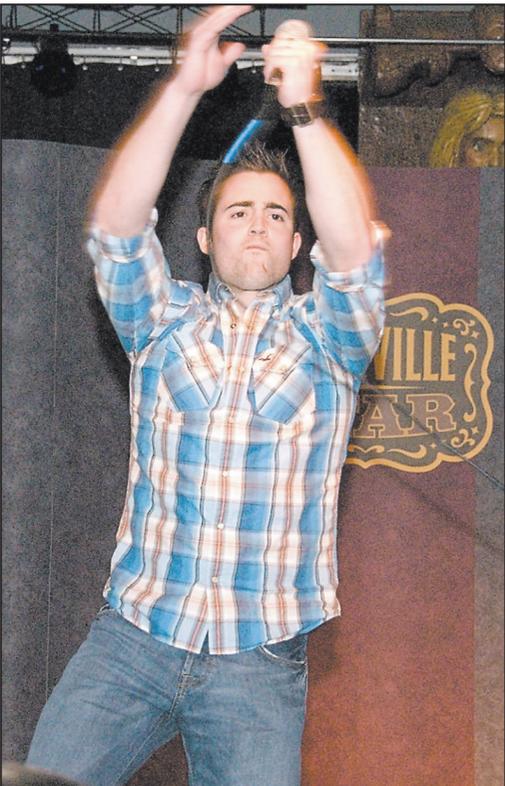


-Photo by Paige Gnann

Sixteen Sailors, dependents and retirees put their dreams on the line to vie for the opportunity to become a country singing star during MWR-sponsored casting call. The three-hour event included performances from judges Shannon Haley and Austin Cody.



Senior Chief Aviation Machinist's Mate Jim Key of HSL-42



-Photo by Paige Gnann

Cody performs his newest single, "Shotgun Wedding," to the crowd at Castaway's. He has opened for country stars like Gretchen Wilson, Trace Adkins and Big & Rich.

-Photo by Stephanie Edwards  
Fans watch anxiously as their singers perform during the Mayport Nashville Star casting call. Dozens of friends and family members packed Beachside Community Center's Castaway's Lounge to cheer for their favorite contestant during the Nashville Star casting call.



Julia Fuller



Seneca Smith



Megan McVay



Michael Wadhams



Domicia Ruffino



Aviation Electronics Technican Airman Matthew Stidham of HSL-48

# Nelson Named 'Sammy B.' Sailor Of The Year

By Ensign Molly Harris  
USS Samuel B. Roberts PAO

Damage Controlman 1<sup>st</sup> Class (SW) Christopher Nelson, of USS Samuel B. Roberts, has made impressive accomplishments and achievements during the past 13 years. It was what his efforts have accomplished for those around him, however, that has made him stand out and his selection as "Sammy B." Sailor of the Year.

While onboard the ship, he has served primarily as the Repair Division leading petty officer, overseeing a division of 11; flawlessly executing the demanding schedules of both the damage control and repair aspects of the division. Additionally, as R-Division LPO, he managed the completion of more than 100 repair projects around the ship, each time ensuring trouble calls were responded to in an expeditious manner so that the crew's comfort was minimally impacted.

It is not just repair issues that bring Nelson's experience and knowledge to the far-reach-



DCI Christopher Nelson

ing corners of the ship. As a senior member of the Damage Control training team, he has spent a plethora of his time teaching, mentoring, and training every Samuel B. Roberts

Sailor - from the newly reported Seaman Recruit to the firefighting experts within his division to his fellow peers on the training team.

For those who work for

Nelson within the division, such as Damage Controlman 2<sup>nd</sup> Class Kenneth Wiseman, these sentiments were reinforced on a daily basis. Petty Officer Wiseman recalled the first week he checked on board as a brand new Damage Controlman. He said Nelson asked what he knew about damage control, to which he answered, "well I could probably fix the shop's computer if it broke."

Three and half years later, Wiseman said that Nelson is responsible for not only all that most of the crew knows about damage control but also "serving with DCI gives me a leader I would follow blindly, but also someone who is in the trenches with me making the day-to-day tasks both challenging and rewarding at the same time."

When not directly training his fellow shipmates, he spent numerous hours preparing 72 DCTT packages, which allowed the MOB-D warfare area to meet 100 percent of its CCRs during two ULTRA-S assessments, an accomplish-

ment Nelson is most proud of. Even more impressive was that these assessments were conducted with him standing in as the R-Division leading chief petty officer; which he did for six months. Chief Damage Controlman (SW) Stephen Gant said, "in my 17 years as a Sailor there have been few people that I've met that have more knowledge, leadership ability and drive than DCI Nelson. He ran Repair Division as the acting LCPO through some very trying times and made it look easy."

Nelson applies his genuine passion for damage control and his desire to improve the technical knowledge across all rates to his own personal growth. As the only R-Division member to not only be EPCC qualified, but also stand this watch during normal underways, he set an example for Sailors within the entire Engineering Department.

His selflessness for the success and betterment of others knows no bounds. As the Command Combined Federal Campaign Coordinator, Nelson

worked to educate his shipmates on the importance of giving back to others, leading to an \$8,000 donation to various charities by Sammy B. Sailors.

On his selection as the "Sammy B. Sailor of the Year, Nelson said that "since the CO arrived here, he has instilled in us the 'quiet confidence' to know that Sammy B. is the number one ship in the basin.... It is truly an honor to be considered the number one Sailor on the number one ship in Mayport!"

On top of the vast knowledge and expertise of Nelson, his desire to involve all Sailors to work towards the common goal of protecting the ship sets him apart as an outstanding role model and leader to those around him. These qualities and his uplifting, motivating attitude make him not only a fitting choice for Sammy B.'s Sailor of the Year, but also as someone Sailors of all ranks and rates can look to as a model of success.



-Photo courtesy of HSL-42

HSL 42 Detachment 10 'Los Diez' pilot, Lt. Andrea "Smash" Alvord, welcomes Lt. Ben "Big Foxy Perm" Permenter and Lt. Dan "Indy" Jones and her detachment home from deployment the morning USS Carr (FFG 52) returned to its home port of Norfolk, Va.

## 'Proud Warriors' Welcome Detachment 10 Home

From HSL-42

With the return of sister detachments Five and 10 from their six month deployment supporting the Kearsarge Expeditionary Strike Group, the HSL-42 Proud Warriors welcomed home the last of their deployed detachments. At least for a short while, the entire Proud Warrior tribe is home. After several months of work-ups, Detachment 10 (callsign "Los Diez") departed on deployment in early August aboard the Norfolk-based USS Carr (FFG 52). The ship sailed East making port visits in Augusta Bay, Sicily; Limassol, Cyprus and Aqaba, Jordan before entering the Arabian Gulf to perform maritime security operations. Detachment 10 aided Carr in oil platform defense south of Iraq by maintaining perimeter security around the Khawr Al Amaya and Al Basrah oil terminals. The oil exports from these two terminals account for approximately 85 percent of Iraq's economic revenues and the tankers and terminals count on the security provided by coalition forces.

The detachment supported these efforts by providing surface surveillance and coordination to warfare commanders in the region and air support to visit, board, search and seizure teams from Carr, coalition, and Iraqi forces.

In addition to these missions, Detachment 10 partici-

pated in anti-piracy operations off the Horn of Africa, carried out various logistics support flights, and enjoyed several opportunities to fly and interact with coalition forces. Although faced with extremely demanding maintenance and flight schedules, many members of Los Diez used their spare time to study for personal qualifications.

Los Diez and the Proud Warriors congratulate AD3(AW) Cliff Browning, AD3(AW) Francisco Acevedoclaudio, AW3(AW) David Hudson, AO3(AW) Marcus Cooksey, AT3(AW) Travis Stewart, ADAN(AW) Samuel Xiong and SKAN(AW) Juvinus Thelusma for earning their Enlisted Aviation Warfare Specialist pins.

The detachment is also very proud that, according to members of Carr's Enlisted Surface Warfare Specialist board, AW2 (AW/SW) Matthew Owens demonstrated the best surface warfare knowledge and board performance of the entire deployment and some agreed it was the best board they had seen in their careers. Los Diez safely executed more than 1,000 flight hours during work-ups and deployment, flying the majority of their 500 operational hours in support of missions in the Arabian Gulf.

In the gulf, the detachment also enjoyed eating tasty shawarmas in Manama, Bahrain

and snow skiing in Dubai, UAE. On the journey home, Carr celebrated New Year's Eve in Haifa, Israel and the crew cherished a rare opportunity to tour the Carmel Mountains on horseback and visit holy sites in Jerusalem.

As the first U.S. Navy ship to visit Israel since Sept. 11, 2001, and just ahead of President Bush's trip to Tel Aviv, Carr's crew reinforced their reputation for excellent behavior on liberty and set the ambassadorial standard for USS Kearsarge (LHD 3), which visited three days later.

Before beginning the rough wintry transit west across the Atlantic, the ship enjoyed two more Mediterranean port visits in La Spezia, Italy and Malaga, Spain.

Now that Los Diez members are back home in Mayport, they are looking forward to taking some much deserved leave and sharing stories from the past six months with their families.

Aviation Electrician's Mate First Class Rey Orola said he plans on surprising his two children, Tuan and Harry, when he picks them up from school.

"They don't know that I'm home yet, but I think they'll be really excited to see me," he said.

## Milestones

**Joint Service Commendation Medal**  
SK3 Darryl A. Hudson, NS Mayport

**Army Commendation Medal**  
NCC(SW) Larita L. Piggee, NS Mayport

**Navy And Marine Corps Commendation Medal**  
BMCS(SW/AW) Marlon Glaud, NS Mayport

**Navy And Marine Corps Achievement Medal**  
MA2 (SW) Jeffrey P. Anello,

NS Mayport  
MA2 Stephen Emerson, NS Mayport

PS2(AW) Joyce A. Assadiq, PSD Mayport

BM2 (S/W) Matthew J. McDonalds, NS Mayport  
BM2(S/W/AW) Milo D. Patterson, NS Mayport  
MC3 Bonnie Williams, NS Mayport

**Sailor Of The Year**  
PS1(SW) Joseph O'Malley, PSD Mayport

**Bluejacket of the Year**

PS3(SW) Paul E. Malone, PSD Mayport

**Frocking**  
IC2 Paul T. Fenn, NS Mayport

**Reenlistment**  
EN2 Josh Schutts, USS Klakring  
PS1 (SW) Scott Shaffer, USS Klakring  
GSE2(SW) Michael Smith, USS Samuel B. Roberts  
OS2(SW) Victor Sellers, USS Samuel B. Roberts

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Parnelli Jones' Trans-Am Mustang photo by Peter Luongo

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# NAVSO CWO Shares Black History With CDC

By MC1(SW)  
Holly Boynton

U.S. Naval Forces Southern Command  
Public Affairs

Chief Warrant Officer Lester Burke, on staff at U.S. Naval Forces Southern Command, visited the Naval Station Mayport Child Development Center to share his experiences in the Navy diving program and celebrate Black History Month.

Burke, a Navy diver for 28 years, volunteered to spend an hour discussing the program with 4- and 5-year-olds from the Voluntary Pre-Kindergarten 2 and 3 classes. The students viewed a slideshow of divers in action, and then enjoyed some hands-on demonstration of various diving helmets.

"The students had a really great time," said Melissa Cavaco, diving instructor for Morale, Welfare, and Recreation and coordinator for the presentation. "They were very excited to see CWO4 Burke and the diving helmets he brought."

Burke enjoys doing presentations to youth groups to encourage them. "If you take a dream and put a deadline on it, it becomes a goal," said Burke.

The U.S. Navy celebrates Black History Month annually during the month of February and commemorates the service of more than 72,000 African American Sailors like Burke.

"Through the shared understanding of our diverse origins, cultures, and perspectives, we will better realize the tenets of our Navy Core Values - Honor, Courage, and Commitment," said Vice Adm. Mel G. Williams Jr., Deputy Commander, U.S. Fleet Forces Command. "Commitment - the day-to-day duty of every man and woman in the Department of the Navy is to join together as a team..."

## Diversity

peace. "As an organization that's diverse at all levels, infused with many perspectives, we become stronger, more talented, more capable, and more effective. At the end of the day this is what our country wants and this is what our country deserves,



-Photo by MC1 (SW) Holly Boynton  
Chief Warrant Officer Lester Burke describes the mixed gas mask used by today's Navy divers to Voluntary Pre-Kindergarten classes 2 and 3 at the Naval Station Child Development Center. Burke, on staff at U.S. Naval Forces Southern Command, spoke to the 4 and 5-year-olds about Navy diving in honor of Black History Month.

showing respect toward all people without regard to race, religion, or gender."

Burke has also used his diving experience to implement a new program for young divers in the community. Junior Scientists in the Sea is Burke's "brainchild", is a "cooperative intervention program designed to bring disadvantaged, at risk children together with academic and social peers. The program, which embraces the Diving Equipment and Marketing

Association's (DEMA) 'Be a Diver' initiative, will be education, while promoting physical activity, reliability, accountability, and just plain fun."

Participants, children age 12

- 17, will learn several different aspects of diving and underwater exploration, including water safety, scuba certification, reef awareness, and will culminate in an open water dive.



-Photo by MC1 (SW) Holly Boynton  
Ben Cavaco inspects the diving helmet used in previous years by Navy divers. Cavaco was part of the Voluntary Pre-Kindergarten classes 2 and 3 at the CDC who learned about Navy diving from Burke.

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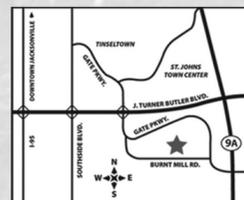


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# NAVSO Sailors Get Involved With Community

By MC3 Alan Gragg

U.S. Naval Forces Southern Command Public Affairs

U.S. Naval Forces Southern Command (NAVSO) White Hats Association (WHA) conducted two community events in February.

The WHA is a voluntary group of Sailors in paygrades E-6 and below who conduct events to support COMUSNAVSO and the local community. Members of the association, as well as some other NAVSO staffers, volunteered during the Duval County Special Olympics Feb. 23 in Jacksonville and cleaned up a highway near Naval Station Mayport Feb. 27.

The 2008 Special Olympics, held at Bolles School, included nearly 300 athletes and over 500 volunteers. Groups, businesses, and individuals came out to support the participants by assisting with events, guiding the athletes, and serving food.

NAVSO participant Chief Information Systems Technician (SW/AW) Steven Thompson brought his sons to the event to introduce them to volunteering. "This was great opportunity and very good experience for all of us," said Thompson. "This was their first time here and I'm very glad we're able to share this."

On Feb. 27, WHA members conducted their first trash clean-up along Mayport Road after adopting the area through the Adopt-A-Highway program. The eight volunteers filled 15 large bags with trash over three hours.

"I had an awesome time; I'm very proud to have participated in the highway clean-up. It really needed to be done," said Yeoman 2<sup>nd</sup> Class Donna Smith, WHA member.

The NAVSO WHA is striving to support the Navy's dedication to supporting community ties. Sailors participate in a variety of projects within their local area as residents of the community, both in the United States and overseas. Sailors also serve as goodwill ambassadors of the Navy, promoting partnerships through volunteering.

NAVSO, the naval component commander for U.S. Southern Command, oversees maritime operations throughout Latin America, including exercises and deployments; counter illicit trafficking support, and theater security cooperation events such as community relations projects.



Members of the Commander, U.S. Naval Forces Southern Command (COMUSNAVSO) White Hat Association, stand by their sign after completing the group's first highway cleanup after adopting a portion of Mayport Road through the Adopt-a-Highway program. The White Hat Association is a voluntary group of Sailors in paygrades E-6 and below who conduct events to support COMUSNAVSO and the local community.



Photo by MC1(SW) Holly Boynton  
Mass Communication Specialist 3<sup>rd</sup> Class Alan Gragg, a member of the Commander, U.S. Naval Forces Southern Command (COMUSNAVSO) White Hat Association, picks up trash during the group's first highway cleanup.

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## Gettysburg Hosts Tigers

By Lt.j.g. Andrew Bonderud

USS Gettysburg PAO

USS Gettysburg embarked 45 friends and families of crewmembers for a two-day "tiger cruise" on Feb. 14.

After the guests boarded the ship at Naval Weapons Station Yorktown, Virginia, Gettysburg got underway and began a transit to Naval Station Mayport, Florida. During the cruise, Gettysburg's crew conducted a variety of drills and demonstrations to help the "tigers" better understand life at sea.

Senior Chief Gas Turbine Systems Technician Roy Hooper, Gettysburg's Tiger Cruise Coordinator, spent weeks planning and preparing for this momentous occasion. He said, "We are so proud to show and share our ship with them. I think the 'tigers' will leave with a little more pride in their Navy."

Ensign Katie McCurdy, Gettysburg's Anti-Submarine Warfare Officer, invited her fourteen year-old sister, Carly Good, to participate in the tiger cruise.

"My family doesn't have a military background, so it was rewarding to be able to share the Gettysburg experience with my sister and help her gain a better understanding of what I do everyday," she said.

During the first day, Gettysburg eased the "tigers" into life at sea with a slide presentation about the history of USS Gettysburg and of the Civil War Battle of Gettysburg. Following the presentation, guests enjoyed ice cream on the Mess Decks while watching Gettysburg's 2007 Deployment video.

On Friday morning, after experiencing a 6 a.m. reveille, the Weapons Department conducted a firing demonstration of the .50 caliber machine gun. After lunch, the engineering department conducted a full power run, bringing all four main propulsion engines online. The "tigers" then had the opportunity to see the ship travel at its maximum speed of more than thirty knots.

That afternoon, "tigers" also watched as Gettysburg's Visit,



Photo courtesy of USS Gettysburg  
A young boy tries on a vest worn by USS Gettysburg's Visit, Board, Search and Seizure team member during a demo for family members embarked on the ship for a two-day tiger cruise.

Board, Search and Seizure (VBSS) team conducted a demonstration of how they search vessels. They then provided a static display of their gear and weapons to all the "tigers."

On Saturday morning, Gettysburg's Damage Controlmen and flight deck personnel dressed out in their fire fighting gear and performed a "crash and smash" drill, responding to a simulated helicopter crash on the flight deck. After the drill, the DC-men showed the tigers all of their fire fighting equipment and talked about the unique responsibility of fighting fires and flooding at sea.

Damage Controlman 3rd Class Miles Stutsman participated in the crash and smash drill. With him for the tiger cruise was Damage Controlman 1st Class Jim Harry. Harry is not only Stutsman's cousin, but he was Stutsman's instructor when he was a student at the Naval Training Center in Great Lakes, IL. Stutsman commented on the rewarding experience of having his former instructor observing Stutsman in the fleet.

"It was exciting to have my cousin aboard during the crash and smash drill," he said. "I was very proud to show him how far I have come since I was a student at the damage control

school."

Supply Keeper 1st Class Derrick Rhodes invited more than just one or two tigers, he brought his three sons, Derrick, Dylan, and Destin. Rhodes reflected on the tiger cruise's special significance to him.

"This tiger cruise was especially important to me because it shows my children what I do and also why Daddy has had to come and go throughout my military career," Rhodes said. "They not only saw what we do as a Naval Warship, but also how we do things to defend our ship and our nation. My children really enjoyed the time spent with me, but they now have a deeper appreciation for our military and understand why I have continued my service for the past eighteen and a half years."

Before pulling into Mayport, Florida on Saturday, Gettysburg's Commanding Officer, Capt. Rich Brown spoke on the IMC public address system and thanked the tigers for making it such a memorable experience for the entire crew. He said that the "tigers" turned what would have been a routine, two-day transit into a very exciting family experience.

"You made the transit from far I have come since I was a student at the damage control

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# Gettysburg Gets Some Needed Maintenance



-Photo courtesy of USS Gettysburg  
Gunner's Mate Arturo Quezada tackles a tough spot with a chisel during the first of USS Gettysburg's Continuous Maintenance Availability scheduled for this year.



-Photo courtesy of USS Gettysburg  
Fire Controlman 1st Class Charles Thomas, Gettysburg's Cruise Missile Division leading petty officer, led a group of 10 other Weapons department petty officers in the painting and preservation of Gettysburg's aft missile deck and fantail.

By Lt.j.g.  
Andrew Bonderud

USS Gettysburg PAO

After a lengthy, operational period, USS Gettysburg (CG 64) is shifting priorities to maintenance and upkeep, in preparation for future operations.

From July through December 2007, Gettysburg deployed with the USS Enterprise Carrier Strike Group as the Air Defense Commander in the Fifth Fleet area of responsibility. Last week, Gettysburg began its first Continuous Maintenance Availability (CMAV) of 2008.

A CMAV is a period of time in which a ship and visiting contractors upgrade or repair various systems and equipment. Gettysburg's current CMAV is the first of three CMAVs scheduled for this fiscal year and will extend through the first week in March.

Gettysburg's crew, with the assistance of a variety of contracted workers, will conduct high-impact maintenance on many of the ship's engineering and combat systems, including the ship's electrical distribution

system, potable water tanks, small boat davit, and fuel systems.

Lt. Brian Silverstein is Gettysburg's Ship's Maintenance and Material Officer (SMMO) and is the lead coordinator for all of the jobs being conducted during this CMAV. He explained that CMAVs are crucial to the longevity of a ship's life.

"CMAVs give us the opportunity to take a few weeks to do maintenance that can not be completed during normal operations," Silverstein said. "Some of the work that is being done is to repair broken or deteriorated equipment, but we are also conducting maintenance to ensure that Gettysburg will still be in top condition years from now."

Last week, Gettysburg engineers began installation of a Full Authority Digital Control (FADAC) on each of the ship's three, electricity-producing, gas turbine generators (GTGs). The FADACs are taking the place of the antiquated Local Control Panel (LOCOP) on each of the GTGs.

According to Gettysburg's Main Propulsion Assistant, Lt.j.g. Joe Candrilli, "The FADAC installation on each of our GTGs is one of the biggest jobs we have going on during this CMAV. It removes all of the analog gauges and information on the control panels, replacing them with digital displays. This upgrade will help the engine room operators monitor the generator while it is running, and it will help with the overall maintenance and operation, as well."

An example of high-impact, periodic maintenance that is being conducted during this CMAV is the work being done on the ship's CHT (sewage) piping. During this maintenance

availability, multiple portions of the CHT drainage system are being replaced, which will prevent extreme corrosion or deterioration at a less convenient time in the future.

Additionally, Gettysburg's electricians are busy, conducting complex maintenance and analysis on all three of the ship's 60-hertz switchboards.

Specifically, with the help of technicians from the Southeast Regional Maintenance Center Mayport, they conducted thermal imaging analysis of each of the switchboards.

According to Gettysburg's Chief Engineer, Lt. Cmdr. Paul Nagy, "Thermal imaging reveals any 'hot spots' within the switchboards. In other words, it

lets us know if there is any insulation breakdown or any loose connections within the wiring."

In addition to the major jobs being conducted on the ship, this CMAV also gives Gettysburg Sailors unequalled opportunities to preserve topside areas.

Fire Controlman 1st Class Charles Thomas, Gettysburg's Cruise Missile Division leading petty officer, led a group of 10 other Weapons department petty officers in the painting and preservation of Gettysburg's aft missile deck and fantail.

"It's good that we have this chance to do some deep preservation of these spaces," Thomas said. "We sand and chip the paint down to bare metal, we prime it, and then, we paint it.

By doing this, we're eradicating rust, we're making sure the ship lasts a long time, and we're making Gettysburg look very sharp, too."

In addition to all of the major CMAV maintenance and preservation, Gettysburg Sailors are staying busy, training, and completing routine work, as well.

Although just three weeks in length, Gettysburg's first Continuous Maintenance Availability is sure to have a significant impact on the material condition of the ship and in her future operations. With a steady-strain approach and the hard work by the entire crew, Gettysburg will be ready to return to sea shortly.

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# GET IT AT NLU

# USS Vicksburg Hosts Local First-Graders



-Photos by MC3 Patrick Cook  
A Sailor from USS Vicksburg (CG 69) along with help from students of Jacksonville Beach Elementary School's first grade classes give classmate Derek Fenton "a lift" aboard the ship. Damage Controlman 1st Class Mark Smith shows Jalyn Jackson how to use the Naval Firefighter's Thermal Imager (NFTI).

**By MC3 Patrick Cook**  
Fleet Public Affairs Center Det. Southeast  
Guided-missile cruiser USS Vicksburg (CG 69) gave 90 students, along with 20 chaperones, from a local elementary school an interactive tour of their ship Feb. 26.  
Vicksburg personally invited the entire first grade class from Jacksonville Beach Elementary School to visit the ship and get a first-hand look at their day to day operations.  
"We're looking to outreach the community," said Lieutenant

Commander Chadwick B. Bryant, Vicksburg's Executive Officer. "We wanted to bring people onboard and really show them their tax dollars at work."  
The tour started on the weather decks of the ship with Captain Chuck Nygaard, Vicksburg's Commanding Officer, explaining to the children how the vessel operates and its critical role in the Navy's fleet.  
"For the children it will be an exciting experience," said Nygaard, whose daughter Callie was one of the students in attendance. "They're going to wit-

ness the strength of our ship and our Sailors and be able to take a piece of that home with them."  
The students were then broken into smaller groups and led around the crew where they received hands on demonstrations in everything from firefighting to controls on the bridge.  
"It was truly inspiring, said Suzanne Devincentis, a chaperone for her daughters class. "It makes you appreciate how hard our Sailors work and although it was fun for the children; I think the parents were the one's

whose eyes were opened and shown just how difficult life on a ship can be."  
After the tour was completed the children were led to the mess decks where they ate their lunch like any other Sailor.  
"It was awesome," said Benjamin Gumbleton, a student who was asked what he thought of the trip while spooning a bowl of vanilla ice cream provided by the crew.  
The tour was the first given since the ship returned from a six-month Persian Gulf deployment in late January.



Lt.j.g. Nicole Chewning shows Jacksonville Beach Elementary School first grader Benjamin Pullen how to properly discharge a fire-hose aboard guided-missile cruiser USS Vicksburg (CG 69). The students of the school were given a tour of the ship and met with Sailors who talked about the Navy and demonstrated various shipboard evolutions.



Damage Controlman 3rd Class Hernandez Bayardo lends his helmet to Jacksonville Beach Elementary School first grader Benjamin Pullen as he teaches students from the school about fire safety.



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# Workshops, Classes Available At FFSC

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 110. FFSC is located in Building One on Massey Avenue.

March 6, 9-11 a.m., Resume Walk-In Review Assistance, FFSC

March 6, 9 a.m.-noon, New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. Tottle Tyme Children's Playgroup meets every Wednesday. New Parent Support Children's Playgroup meets every Thursday. Both Playgroups meet from 9 a.m.-noon at the USO. All children age four and below are invited to attend.

March 6, 8-9 a.m., Sponsor Training, FFSC

March 7, 9-11 a.m., Car Buying Tips, FFSC

March 11, 9 a.m.-noon, Parenting Class, FFSC

March 11, 9-11 a.m., Resume Walk-In Review Assistance, FFSC

March 12, 9 a.m.-2 p.m., Navy Tri-base Job Fair, Morocco Shrine Center

March 13, 9 a.m.-noon, New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. Tottle Tyme Children's Playgroup meets every Wednesday. New Parent Support Children's Playgroup meets every Thursday. Both Playgroups meet from 9 a.m.-noon at the USO. All children age four and below are invited to attend.

March 13, 9-11 a.m., Resume Walk-In Review Assistance, FFSC

March 14, 9-11 a.m., Establishing a Sound Family Budget, FFSC

March 17-20, 8 a.m.-4 p.m., SAVO Advocate Training, Building 460

March 17, 8:30-9:30 a.m., FERP Career Advancement Account Workshop, FFSC

Learn how to do an effective job search to find the "perfect job!" Topics presented are: Career Exploration, Job Search Strategies, Resume Writing, Interviewing Skills, Self-Employment and the Federal Employment System.

March 18, 9-11 a.m., Resume Walk-In Review Assistance, FFSC

March 18, 9 a.m.-noon, Parenting Class, FFSC

March 18, 1-4 p.m., Leadership Life Skills for E7 & Above, Mayport Chapel

March 19, 1-4 p.m., Leadership Life Skills for E4, Bldg. 1

March 19, 8-11:30 a.m., Stress Management, Wellness Center

Stress is a normal part of everyone's life. It can be energizing and a factor in motivating us. But too much stress, without relief, can have debilitating effects. This program is designed to provide participants with an understanding of what stress is and how it affects them. It will also help participants begin to look at their own lives and ways they currently cope with stress. Participants will be challenged to develop behavior and lifestyle changes that will improve their ability to cope with stress.

March 20, 8-11 a.m., Anger Management, FFSC

What does anger do for you? Communicate for you? Keep people at a safe distance from you? Keep you in charge? For many people, anger serves them many uses, but all too often, it is at a high cost...usually of relationships, unhappiness in the workplace, and a general feeling of disdain. If you want to be able to break out of the "get angry/get even" syndrome, come to this class. Participants learn how anger and judgment are related, about irrational beliefs and faulty self-talk, what "E + R = O" means, and the roles of stress and forgiveness in anger.

March 20, 8:30 a.m.-4 p.m., Leadership Life Skills For E5 & E6, Bldg. 1

March 20, 9 a.m.-noon, New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. We even take field trips several times a year to local parks, museums and playgrounds. This group is designed for moms new to the area or moms who want their child to interact with other children their child's age. Tottle Tyme Children's Playgroup meets every Wednesday. New Parent Support Children's Playgroup meets every Thursday. Both Playgroups meet from 9 a.m.-

noon at the USO. All children age four and below are invited to attend.

March 20, 9-11 a.m., Resume Walk-In Review Assistance, FFSC

March 21, 9-11 a.m., Credit Report Review, FFSC

March 24-27, 8 a.m.-4 p.m., TAP Separation Workshop, RBCC

Designed for Military personnel within 180 -90 days of leaving the military. The seminar focuses on benefits for service members and their family members. Participants receive help in translating their military acquired skills into civilian language and are exposed to the civilian job market and how to successfully compete in the civilian employment arena; learning about resumes, employment interviews and marketing themselves. If you are within a minimum of 180 days of leaving the military see your career counselor for a quota for this highly successful program.

March 25, 9 a.m.-noon, Parenting Class, FFSC

March 25, 9-11 a.m., Resume Walk-In Review Assistance, FFSC

March 26, 6-7 p.m., IA Family Discussion Group, ISO

March 27, 9-11 a.m., Resume Walk-In Review Assistance, FFSC

March 27, 8:30-9:30 a.m., FERP- Career Advancement Account Workshop, FFSC

March 27, 9 a.m.-noon, New Parent Support Playgroup, USO

Parents and children together meet to share parenting concerns, ideas, and fun! The group invites professionals to address specific areas of concern such as nutrition, toilet training, etc. Tottle Tyme Children's Playgroup meets every Wednesday. New Parent Support Children's Playgroup meets every Thursday. Both Playgroups meet from 0900 to 1200 at the USO. All children age four and below are invited to attend.

March 27, 8:30-11:30 a.m., Military Spouse 101, FFSC

March 28, 9 a.m.-noon, What About the Kids?, FFSC

March 28, 9-11 a.m., Considerations for Home Buying, FFSC

Children who witness family violence are often forgotten as the unintended victims. A wide range of child adjustment problems has been found to be associated with exposure to domestic violence. Parent's need to see and understand the effects of domestic violence on children as encompassing behavior, emotion, development and socialization. Parents need to understand that there is an intergenerational cycle of violence and they may be creating a legacy for their child of learned violent behavior.

## Learning Some Options



-Photos by Jeff Backfish

Above, Gas Turbine System Technician Mechanical 2nd Class Pressley and wife Amanda talk with a representative from Military OneSource during the Military Saves Week Expo held at Planet Mayport on Feb. 27. Below, Kevin Hansen from Fleet and Family Support Center talks with Sailors about their financial futures during the expo.



Voting for the new Greater Mayport CPOA will be held March 7 at 3 p.m. at the Foc'sle Lounge. Free hors d'oeuvres will be served.

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## Navy Holds Tri-Base Job Fair

From FFSC

Kings Bay SUBASE, NS Mayport, and NAS Jacksonville Fleet and Family Support Centers (FFSC) will sponsor the Navy Tri-Base Job Fair on Wednesday, March 12 from 9 a.m.-2 p.m. at the Morocco Shrine Center.

Active duty, separating, retiring and retired service members, military spouses and family members are eligible to attend. Also, separated service

members up to 90 days after separation date, and all other veterans need a copy of their DD-214. Attendees are encouraged to bring several copies of their resumes and dress for interviewing.

More than 100 local, state and national companies will be collecting resumes, interviewing and testing for numerous jobs. The following types of businesses will be at the job fair: government, law enforcement,

financial, healthcare, engineering logistics, naval ship repair, education, industrial, construction, maritime, and technology, and more.

The job fair and parking are free. The Morocco Shrine Center is located at 3800 St. Johns Bluff Road in the Southside of Jacksonville.

For more information, call NSB Kings Bay at (912) 573-4520 or email at mary.glass.ctr@navy.mil.

## Learning Some Options



-Photo by Bill Austin

Members of Jacksonville's Job Corps visit HSL-42 during a tour of Naval Station Mayport last Friday. The group got a chance to see the military as an option for their future.

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# Calendar

## On Base

### Friday, March 7

USS Simpson family readiness group will meet at 6 p.m. at the USO on Mayport Road. FFSC will do a return/reunion brief. We will make Easter gift bags to send to the ship for the guys. Please bring two packs of gift bags (dollar store is fine) and three bags of any type of candy. We will also be discussing homecoming preparations. If you have any questions, e-mail usssimpsonfsg@yahoo.com. Childcare will be provided.

### Sunday, March 9

An Elegant Luncheon & Fashion Show fundraiser to benefit Mayport USO will be held from 12:30 to 3:30 p.m. at Ocean Breeze Conference Center. The theme will be "America's Woman," with fashions provided by Dress Barn of Jacksonville. Everyone welcome, including gentlemen! There will be table favors, door prizes, and a small "marketplace" for those who would like to do some shopping. Tickets are \$35; with Feb. 29 as the deadline for purchase. Open seating, or reservations for tables of eight. For information and tickets, please call 992-6077 or 242-4929.

### Tuesday, March 18

The USS John L. Hall family readiness group is inviting all

families and friends of the ship to our monthly FRG meeting at the USO on Mayport Road from 6:30-8 p.m. Childcare will be available for \$1 per child. Monthly meetings are scheduled for the third Tuesday of every month. For more information, contact the FRG at ffg32frg@hotmail.com.

### Thursday, March 20

USS Philippine Sea FRG will meet and hold a potluck on the third Thursday of the month at 6:30 p.m. at the Mayport USO.

### Tuesday, April 1

The Naval Officers' Spouses' Association of Mayport will meet at 9:30 am at the USO on Mayport Road. Babysitting is available for a nominal fee. NOSA of Mayport is open to all spouses of officers, active duty and retired, from all branches; Navy, Coast Guard, Marine Corps, Army and Air Force and spouses of Foreign Exchange Services. For more information, please check the NOSA website at www.orgsites.com/fl/nosamayport.

## Out in Town

### Thursday, March 6

RecruitMilitary Career Fair - A free hiring event for veterans, personnel who are transitioning from active duty, Reserves, Guard, and military spouses presented by RecruitMilitary, the President's National Hire

Veterans Committee, the American Legion, and the MSCCN (Military Spouse Corporate Career Network) will be held from 11 a.m.-3 p.m. at Jacksonville Municipal Stadium. For more info or to register as a job-seeker, visit www.recruitmilitary.com.

The Fleet Reserve Association Branch 290 will hold their monthly General Assembly meeting at 8 p.m. at the Branch Home, 360 Mayport Road, Atlantic Beach. All members and prospective members are invited to attend. The Fleet Reserve Association is a world wide veteran's organization that represents nearly 165,000 active duty and retired Navy, Marine Corps and Coast Guard members. If you have served in any of the maritime services, no matter how long and was honorably discharged, stop by the Branch Home, 390 Mayport Road, Atlantic Beach, FL or call 246-6855. New members are always welcome.

### Friday, March 7

One of the nation's most innovative vintage auto events, The Amelia Island Concours d'Elegance features more than 250 rare classics from seldom-seen private collections nationwide from March 7-9. The prestigious event will be held for the 13th consecutive year on Amelia Island, located in the northeastern tip of Florida. The island

was recently named among the Top 10 North American islands by Conde Nast Traveler's Reader's Choice Awards The 2008 Concours d'Elegance will offer attendees an array of opportunities to enjoy classic cars, such as Henry Ford's Model T. The featured marquee in 2008 is the iconic Thomas Flyer, which won the historic New York-to-Paris "Great Race" 100 years ago. A seminar will be dedicated specifically to this grueling race on March 7. The event is located at the Ritz-Carlton, Amelia Island and The Golf Club of Amelia Island at Summer Beach, adjacent to the hotel, 5456 First Coast Highway, Amelia Island, Fla., 32034. For additional information, visit www.ameliaconcours.org.

### Saturday, March 8

Join a park ranger to learn about the species that inhabit the natural communities of the undeveloped barrier islands of northeast Florida at 1 p.m. The program will take place at pavilion six on Little Talbot Island State Park. No reservations are necessary and the program is free with regular park admission.

The Florida Department of Environmental Protection's Fort Clinch State Park will offer guided tours of Fort Clinch and a chance to experience an excavation by professional

archaeologists from 10 a.m.-3 p.m. at Fort Clinch State Park, 2601 Atlantic Ave., Fernandina Beach. The excavation will take place at Fort San Carlos in historic Fernandina Beach with trolley transportation provided between Fort Clinch and the excavation site. For additional information, contact the park at (904) 277-7274 or visit www.FloridaStateParks.org.

### Tuesday, March 11

A new Lions Club is being established to support Naval Station Mayport. The new Mayport Lions Club will be chartered to provide support for service personnel and families by donating fundraising proceeds to the Mayport USO. The Mayport USO will host regular Lions Club meetings on the second and fourth Tuesday of each month at 7 p.m. Anyone over 18 can join and become a member.

The Duval County Extension Service, 1010 N McDuff Ave., will hold a "make and take" rain barrel workshop from 10 a.m.-noon. Pre-payment of \$45 by March 6 is required. Make check payable to DCOHAC. Each participant will make their own rain barrel and be given instructions on how to hook it up and the best ways to use the rain water. For more information, call Becky at 387-8850. Class is limited.

### Saturday, March 15

The city of Atlantic Beach and

the Cultural Arts and Recreation Advisory Committee of Atlantic Beach will hold its third annual "Tour de Parks" family bike ride event with the first tour leaving at 9 a.m. at Russell Park. Tours will continue every 30 minutes until the last tour at noon. Participants enjoy an approximate seven mile bike ride that visits almost all of the public parks in Atlantic Beach. Anyone wishing to participate can start at any participating park in Atlantic Beach. Tour guides will be there to assist with the route and traffic officers will help with street crossing. Participants are urged to follow Florida law, which mandates helmets for anyone riding a bike under the age of 18.

The Jacksonville Genealogical Society will hold their regular monthly meeting at 1:30 p.m., at the Webb-Wesconnett Branch Library, 6887 103rd Street, Jacksonville, Florida. The speaker will be Dr. Carolyn Williams, Professor of History at the University of North Florida. She will discuss African-American History and Genealogy; From Slavery to Freedom; African-American Migration from Fort George Island to Jacksonville, 1870-1910." For additional information please contact Mary Chauncey at 781-9300.

## Oasis Galley

Weekday hours for the Oasis Galley are 6-7:30 a.m. for breakfast, 11 a.m.-12:30 p.m. for lunch, and 4:30-6 p.m. for dinner. Weekend and holiday hours are 8-9:30 a.m. for breakfast, 11:30 a.m.-1 p.m. for brunch, and 4:30-6 p.m. for dinner. The Oasis Galley also offers a speedline and hot bars Monday through Friday. The menu line is 270-6857. For service assistance, call the Oasis Administration Office at 270-5373. Breakfast costs \$2.10, lunch and dinner is \$3.85. The menu is subject to change by FSO due to food availability.

Oasis Galley will be open to all civilians and retirees, along with active duty, on March 11 for Women's History Month and March 23 in recognition of Easter.

### Thursday, March 6

#### Breakfast

Turkey Sausage Links  
Sausage Gravy  
Pancakes  
French Toast  
Hashbrown  
Biscuits

#### Lunch

Clam chowder  
Grilled Steaks  
Snow Crab Legs  
Rice Pilaf  
Mashed Potatoes  
Corn on the Cob  
Broccoli  
Natural Pan Gravy

#### Dinner

Clam Chowder  
Veal Parmesan  
Roast Pork  
Boiled Pasta  
Steamed Rice  
Brown Gravy  
Wax Beans  
Corn

### Friday, March 7

#### Breakfast

Ham Slices  
Turkey Sausage Links  
Pancakes  
French Toast  
Potato Rounds

#### Lunch

Corn Chowder  
Pizza  
Chicken Wings  
French Fries

#### Potato Chips

Grilled Tuna Melts  
Baked Beans  
**Dinner**  
Corn Chowder  
Swedish Meatballs  
Mustard Dill Baked Fish  
Mashed Potatoes  
Sicilian Brown Rice  
Broccoli  
Corn  
Brown Gravy

### Saturday, March 8

#### Breakfast

Corned Beef Hash  
Bacon  
Pancakes  
French Toast  
Hashbrown

#### Lunch

Chicken Rice Soup  
Chicken Tenders  
French Fries  
Peas & Carrots  
Bacon

#### Dinner

Chicken Rice Soup  
Knockwurst With Sauerkraut  
Catfish Nuggets  
Tossed Green Rice  
Paprika Potatoes  
Brussel Sprouts  
Lima Beans

### Sunday, March 9

#### Breakfast

Bacon  
Turkey Sausage Patties  
Pancakes  
French Toast  
Potato Rounds

#### Lunch

Carrot Soup  
Bbq Pork Sandwich  
Onion Rings  
Peas & Carrots  
Turkey Sausage Patties  
Pancakes  
Potato Rounds

#### Dinner

Carrot Soup  
Yankee Pot Roast  
Bbq Chicken Breast  
Rice Pilaf  
Potato Wedges  
Asparagus  
Cauliflower  
Natural Pan Gravy

### Monday, March 10

#### Breakfast

Corned Beef Hash

#### Bacon

Pancakes  
French Toast  
Hashbrown

#### Lunch

Chicken Gumbo Soup  
BBQ Ribs  
Fried Chicken  
Macaroni & Cheese  
Long Grain & Wild Rice  
Collard Greens  
Blackeye Peas  
Burgers

#### Dinner

Chicken Gumbo Soup  
Polish Sausage  
Breaded Catfish  
Scalloped Potatoes  
Buttered Pasta  
Squash  
Corn

### Tuesday, March 11

#### Breakfast

Bacon  
Turkey Sausage Links  
Pancakes

#### French Toast

Potato Rounds

#### Lunch

Turkey Vegetable Soup  
Roast Turkey  
Baked Ham  
Sweet Potatoes  
Cornbread Dressing  
Green Beans  
Corn  
Turkey Gravy  
Chicken Tenders  
French Fries

#### Dinner

Turkey Vegetable Soup  
Beef Steaks  
Kockwurst  
Steam Rice  
Oven Brown Potatoes  
Carrots  
Spinach

### Wednesday, March 12

#### Breakfast

Corned Beef Hash  
Bacon  
Pancakes  
French Toast  
Hashbrown

#### Lunch

Cream Of Broccoli Soup  
Lasagna  
Polish Sausage  
Boiled Pasta  
Italian Roasted Potatoes  
Cauliflower  
Club Spinach  
Steak & Cheese Sandwich  
French Fries  
Baked Beans

#### Dinner

Cream Of Broccoli Soup  
Bombay Chicken Breast  
Roast Pork  
Steam Rice  
Oven Brown Potatoes  
Brussel Sprouts  
Lima Beans

### Thursday, March 13

#### Breakfast

Bacon

#### Sausage Gravy

Pancakes  
French Toast  
Potato Rounds

#### Lunch

Clam Chowder  
Steamship Round  
French Fried Shrimp  
Rice Pilaf  
Baked Potato Halves  
Broccoli  
Corn On Cob  
Natural Pan Gravy

#### Dinner

Clam Chowder  
Chicken Parmesan  
Spagetti With Meatballs  
Boiled Pasta  
Oven Brown Potatoes  
Marinara Sauce  
Peas  
Cream Corn

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# MWR Happenings

**March 7: Deadline for March Madness Basketball Tournament.** This military only, men's basketball tournament is March 14-16 at the Gym. Cost is \$225 per team. Awards will be given to individuals for first and second place, team awards for first, second and third places, seven all-tournament team, most valuable player and event t-shirts. Pre-registration is required. 270-5451/52

**March 7: Theatre of Laughter Comedy Show.** Renowned comedians Patrick Deguire, Dan Swartout, Ernie Faivre and Mike Spenberg perform live at Castaway's Lounge from 8-10 p.m. This show is free and open to everyone. 270-7205

**March 11: 5K Run/3K Walk/Stroller Strut.** 8 a.m. in front of the Gym. Free event open to all hands. 270-5451/52

**March 11: Intramural Soccer Organizational Meeting.** 11 a.m. in the Gym lobby. 270-5451/52

**March 14: MWR Expo and Travel Show.** 10 a.m.-2 p.m. at Ocean Breeze Conference and Catering Center. This free, annual event is open to everyone. The Expo features repre-

sentatives from theme parks, hotels, vacation hot spots and local tourist attractions along with information on MWR Mayport programs and services and a variety of Naval Station Mayport programs such as Fleet and Family Service Center, Navy Federal Credit Union, the Commissary and the American Red Cross. Participants will be treated to free food samples and many exciting giveaways. 270-6015/5228

**March 14: Live Band, American Attitude.** 9 p.m.-12 a.m. at Castaway's Lounge. All hands welcome. 270-7205

**March 14: Low Dough Lunch.** 10:30 a.m.-1 p.m. at Fast Lanes Grille. Lunch options for \$4 or less. 270-5377

**March 14-16: March Madness Basketball Tournament.** This men's basketball tournament at the Gym is open to military only. Cost is \$225 per team. Awards will be given to individuals for first and second place, team awards for first, second and third places, seven all-tournament team, most valuable player and event t-shirts. Pre-registration is required. Deadline to register is March 7. 270-5451/52

**March 15: Mayport-Go-Round Spring Carnival.**

10 a.m.-1 p.m. at Sea Otter Pavilion, next door to Beachside Community Center. This annual event kicks off with an Easter egg hunt for ages 9 and younger starting promptly at 10 a.m. Children must bring a bag or basket for hunting eggs. All other activities will begin after the egg hunt including games and prizes, free pictures with the Easter Bunny, inflatables, free popcorn, popsicles and lemonade, and food for purchase from Pizza Hut. This year's MWR event is sponsored by Navy Federal Credit Union. 270-6015/5228

**March 16: St. Patrick's Day Bingo.** 12:15 p.m. at Beachside Community Center. This bingo event includes a day of fun with a leprechaun pot o' gold game and a \$100 prize for wearing the most green. Don't forget your green knick knacks; a leprechaun will be handing out surprises. 270-7204

**March 17: Michael Winslow Comedy Show.** You've either seen or heard him in many famous movies including Police Academy, Spaceballs and Gremlins and currently, the Geico commercial. He's the talented and funny Michael Winslow. All hands are invited for a live performance on St.

Patrick's Day at Ocean Breeze Conference and Catering Center. This free show kicks off with a performance by comedian Johnny Mac. Come early and enjoy cocktail hour from 7-8 p.m. with complimentary hors d'oeuvres and a cash bar. Reservations are required. Call 270-5380 or email Jon Fine at jfine@mwrmayport.org to make reservations. For more information on Michael Winslow, visit www.michaelwinslow.net.

**March 18: Red Pin Bowling.** 10:30 a.m.-1 p.m. at Fast Lanes Bowling Center. Bowl a strike with a red head pin and win a coupon for a free game of bowling (to be used at a later date). 270-5377

**March 21: Deadline to Register for Lifeguard Training Course.** All interested lifeguard training candidates (ages 15 and older) must attend one of the two pre-qual days at the base swimming pool at 5:30 p.m. The Lifeguard Training course is Apr. 2, 3 and 4 starting at 4:30 p.m. each day and Apr. 5 and 6 from 9 a.m.-5 p.m. both days. All training is at the base swimming pool and swim suits are required on all training days. Total cost is \$150 per person. Register at the Gym. Completion of the course does

not guarantee employment with MWR Mayport. 270-5425/5451

**March 22: Scotch Doubles Bowling Tournament.** 1 p.m. at Fast Lanes Bowling Center. Entry fee is \$7.50 per person and includes bowling and shoes. Grand prize is your choice of four tickets to either Wild Adventures or Sea World. 270-5377

**March 23: Easter.** No Bingo. 270-7204

**March 24: Intramural Soccer Begins.** 270-5451/52

**March 26 & 27: Lifeguard Training Prequalification Days.** All interested lifeguard training candidates (ages 15 and older) must attend one of the two pre-qual days at the base swimming pool at 5:30 p.m. The Lifeguard Training course is Apr. 2, 3 and 4 starting at 4:30 p.m. each day and Apr. 5 and 6 from 9 a.m.-5 p.m. both days. All training is at the base swimming pool and swim suits are required on all training days. Total cost is \$150 per person. Register at the Gym no later than March 21. Class size is limited to 10 participants. Completion of the course does not guarantee employment with MWR Mayport. 270-5425/5451

**March 28: Contemporary Entertainment Ensemble**

**"Pride" and Outdoor Movie.** Navy Band Southeast proudly presents their Spring "Concerts in the Park" concert series. Please join the band at Sea Otter Pavilion, Naval Station Mayport for a Boston Pops style concert series, free and open to all, starting at 7 p.m. Bring a blanket or lawn chairs, along with a picnic dinner or snacks, and sit back and relax. An outdoor movie will follow the concert performance. 270-6015/5228

**March 28: Low Dough Lunch.** 10:30 a.m.-1 p.m. at Fast Lanes Grille. Lunch options for \$4 or less. 270-5377

**March Specials**  
The MWR Auto Skills Center is offering a discount on tire balancing during March. Pay for the balancing of three tires and receive the fourth tire balanced for free. Call 270-5392 to make an appointment.

Visit Outdoor Adventures where the March rental special is for a weekend camping package: one person tent, lantern, two sleeping bags, 48 quart cooler, and stove for only \$30 for the weekend (pick up Friday and return Monday). Call 270-5221 for additional information.

# Kids Corner

## Youth & Teen Events

Boys and Girls Club (BGCA) Money Matters for Teens is 5-5:30 p.m. Tuesdays and Thursdays during March at the Teen Center. This new and exciting program will assist teens in managing their finances while teaching good spending and saving habits. 270-5680/5421

Registration for Youth Spring Break Camp is underway at the Youth Activities Center and continue Monday-Friday from 9 a.m.-6 p.m. until all spaces are filled. Spring Break Camp is March 31-April 4 from 6:10 a.m.-6:20 p.m. for children in grades kindergarten through fifth. Morning and afternoon snacks are provided however lunch is not provided. Children must bring a sack lunch each day. Camp fees are based on total family income. Payment is due at the time of registration. For children currently enrolled in Before and After School Care, payment is due March 21. 270-5680/5421

Freedom Friday, St Patrick's Day Dance, is 7-11 p.m. March 14 at the Youth Activities Center. Freedom Fridays are open to children in grades kindergarten through fifth. Cost is \$7 in advance or \$9 the day

of. Early sign up is recommended; space is limited. 270-5680/5421.

Mayport-Go-Round Spring Carnival is 10 a.m.-1 p.m. March 15 at Sea Otter Pavilion, next door to Beachside Community Center. This annual event kicks off with an Easter egg hunt for ages 9 and younger starting promptly at 10 a.m. Children must bring a bag or basket for hunting eggs. All other activities will begin after the egg hunt including games and prizes, free pictures with the Easter Bunny, inflatables, free popcorn, popsicles and lemonade, and food for purchase from Pizza Hut. This year's MWR event is sponsored by Navy Federal Credit Union. 270-6015/5228

Freedom Friday, Movie Night, is 7-11 p.m. March 28 at the Youth Activities Center. Freedom Fridays are open to children in grades kindergarten through fifth. Cost is \$7 in advance or \$9 the day of. Early sign up is recommended; space is limited. 270-5680/5421.

**Open Recreation and Before and After School Care**

Open Recreation for teens is 2:30-7 p.m. Monday-Friday at the Teen Center, located next door to the Youth Activities

Center. On early release school days (March 19), the Teen Center hours are 1:30-7 p.m. and on non-school days (March 21, 28 and 31) the Teen Center hours are 1-7 p.m. Activities at the Teen Center include pool tables, air hockey, foosball, computers, video games, music, TV and movies, plus monthly special events. The Teen Center is open for middle and high school ages only and is free of charge. Fees may apply for special events. 270-5680/5421.

Open Recreation for elementary school ages is 4-5:30 p.m. Monday, Wednesday and Friday at the Youth Activities Center, located in on-base housing. On early release school days (March 5 and 19), Open Rec is from 3-5:30 p.m. and on non-school days (March 21, 28 and 31), Open Rec is 1-5:30 p.m. Boys and Girls Club programs (Fine Arts, Fitness Authority and Power Hour) are offered in lieu of Open Rec on Tuesdays and Thursdays from 4-5:30 p.m. Open Rec is also held from 1-5 p.m. on Saturday for all ages at the Youth Activities Center. 270-5680/5421.

The Youth Activities Center offers a nationally accredited Before and After School

Program (also known as School Age Care) for children in grades kindergarten through fifth. The program is offered Monday-Friday during regular school weeks as well as early release days and non-school days. Seasonal camps are available during school breaks including winter, spring and summer. Fees are determined by total family income. Transportation is available to and from Finegan Elementary School and Mayport Elementary School. 270-5680/5421.

**Youth Sports, Fitness and Classes**

The Youth Fitness Factory is open Monday-Thursday 3:30-6:30 p.m. for ages 10-15. If under 10 years old, child must be at least four feet tall and accompanied by a parent. The Youth Fitness Factory features two treadmills and a 12-piece Strive Kidz Smart Strength training equipment line specially designed for kids and teens.

A certified fitness trainer is on hand during hours of operation to assist with youth fitness needs. This facility is located next door to the Youth Activities Center, in on-base housing. For Youth Fitness program information, call 270-7134.

Martial Arts classes are offered at the Youth Activities Center on Monday and Wednesday from 6-8 p.m. for ages 6-17. Cost is \$40 per month for the first child, \$25 for the second child, same family, \$20 for the third child and \$15 for the fourth child. Sign up at the Youth Activities Center. 270-5680/5421.

An additional class had been added for Tiny Tigers Karate (ages 3-5) at the Youth Activities Center. Cost is \$30 per child, per month. There is a \$5 discount for additional children of the same family (this class only). The new class meets on Thursdays from 6:15-7 p.m.

Tiny Tigers is also offered on Tuesdays from 6:15-7 p.m. 270-5680/5421.

**David Alan Grier**



**March 6th-8th**

- \* "In Living Color"
- \* "Jumanji"
- \* "Tales from the Hood"
- \* "Blankman"
- \* "Boomerang"

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 or call 292-HAHA  
 I-295 & San Jose Blvd  
 (located inside the Ramada-Inn)

# Liberty Call

The following activities and events target single or unaccompanied Sailors. For additional information on Liberty events, call Planet Mayport Single Sailor Center at 270-7788 or 7789. Planet Mayport is located in building 46 across from Bravo Pier. Hours of operation are 11 a.m.-11 p.m. Monday-Friday and 10 a.m.-11 p.m. Saturday and Sunday.

**March 6: Comedy Zone Trip.** Join the Liberty Program as we head out for a night of comedy and fun at the Comedy Zone in Mandarin. This trip is free, and includes transportation and admission. This trip is open to those 18 years and older. The trip will leave at 6:30 p.m.

**March 7: Birthday Bash.** Happy Birthday to all the March Birthdays. Stop by Planet Mayport for you birthday bonus.

**March 10, 17, 24, 31: WWE On The Big Screen.** Catch your favorite wrestlers battle it out on the big screen in Planet Mayport's movie theater every Monday at 9 p.m.

**March 12: Outdoor Movie.** The Liberty Program will be showing a movie in the Planet Mayport parking lot starting at 8 p.m. There will be food, popcorn, and drinks, and is it's all absolutely free.

**March 13: Dinner & A Movie Trip.** Join the Liberty Program as we head to Regal Cinemas to catch some of the newest box office hits. Pizza will be served at Planet Mayport prior to departing to the the-

ater. Cost of this trip is only \$2 which includes food, admission, and transportation. Pizza served at 5:30 p.m.

**March 17: Michael Winslow Live!** Come check out Michael Winslow, famous actor and comic, who has been featured in such movies as Police Academy, Spaceballs, and Gremlins at the Ocean Breeze Conference Center. The show is free and starts at 8 p.m. Free hors d'oeuvres from 7-8 p.m.

**March 20: March Madness Pick 'Em.** Think you know how the NCAA Men's Basketball tournament will unfold? Come make your picks, and follow your picks throughout the tournament on Planet Mayport's 61" HDTV.

**March 23: Sundae Sunday.** Come celebrate with us with a create-your-own sundae bar starting at 6 p.m., while supplies last.

**March 26: 9-Ball Tournament.** This free, single elimination tournament will start at 6:15 p.m. sharp at Planet Mayport.

**March 28: Dollar Dining Options.** Save your money and satisfy your hunger at Planet Mayport today. Check out all the dining options for only \$1. Event will start promptly at 6:30 p.m.

**March 30: Wrestle Mania XXIV!** Join the Liberty Program as we head down to Orlando to attend the biggest wrestling event of the year at the Citrus Bowl. Tickets are only \$45 and include transportation and admission. You will need to muster at 2 p.m. and the trip will leave promptly at 2:30 p.m., no exceptions.

**THE MIRROR**  
NS MAYPORT, FLORIDA

OFF-BASE PICKUP LOCATIONS			LOCATION	ADDRESS	CITY
LOCATION	ADDRESS	CITY	JIFFY LUBE	10430 ATLANTIC BLVD	JAX
ALLSTATE INSURANCE CO.	PAN AM PLAZA - MAYPORT RD.	JAX	JIFFY LUBE	13560 ATLANTIC BLVD	JAX
AMERICAN LEGION POST	316 ATLANTIC BLVD.	JAX	JIFFY LUBE	1067 ATLANTIC BLVD	ATL BCH
COAST GUARD STATION (EXCHANGE STORE)	A1A HWY	JAX	JIFFY LUBE	1672 S 3rd ST	JAXBCH
COMFORT INN	MAYPORT RD.	JAX	JIFFY LUBE	8379 BAYMEADOWS RD	JAX
COMMISSARY (INSIDE RACKS)	MAYPORT RD.	JAX	JIFFY LUBE	5295 SUNBEAM RD	JAX
DAYS INN	1401 ATLANTIC BLVD.	JAX	JIFFY LUBE	11099 OLD ST AUGUSTINE RD	JAX
FCE - SHELL	9115 MERRILL RD./9-A	JAX	JIFFY LUBE	9699 SAN JOSE BLVD	JAX
FCE - SHELL	1539 S 3rd ST	JAX BCH	JIFFY LUBE	2837 TOWNSEND BLVD	JAX
FCE - SHELL	7150 MERRILL RD	JAX	KANGAROO	10100 GRANITE PLACE	JAX
FCE - SHELL(DAILY'S)	13490 ATLANTIC BLVD./SAN PABLO	JAX	KANGAROO	1031 BEACH BLVD.	JAX BCH
FLEET LANDING	MAYPORT RD.	JAX	KANGAROO	1403 N 3rd ST	JAX BCH
FLEET RESERVE ASSOC. BRANCH # 290	390 MAYPORT RD.	JAX	KANGAROO/BP	10910 ATLANTIC BLVD.	JAX
FLETCHER HIGH SCHOOL ROTC		JAX BCH	KANGAROO/SMOKERS EXPRESS	2615 ST. JOHNS BLUFF/ALDEN	JAX
GATE	1900 MIZELL RD	STAU	LA CRUISE GIFT SHOP	A1A HWY	JAX
GATE	220 A1A N	PVB	LIL CHAMP	9615 HECKSCHER DR. - FT. GEORGE	JAX
GATE	619 A1A N	PVB	LIL CHAMP	8804 LONE STAR/MILL CRK	JAX
GATE	10970 US 1/SR210	ST AUG	LIL CHAMP	12020 FT. CAROLINE RD./FULTON	JAX
GATE	2350 SR 16	STAU	LIL CHAMP	13967 MCCORMICK RD/(MT PLEASANT RD)	JAX
GATE	463779 SR 200/A1A	YUL	LIL CHAMP	5001 HECKSCHER DR. - BLOUNT	JAX
GATE	3230 EMERSON ST	JAX	LIL CHAMP	1310 S. 3rd ST.	JAX BCH
GATE	3938 HENDRICKS AVE	JAX	MALLARD COVE OFFICE	A1A HWY / WONDERWOOD	JAX
GATE	8070 ATLANTIC BLVD	JAX	NAVY HOUSING APARTMENTS	ATLANTIC BLVD / CRAIG FIELD	JAX
GATE	1721 UNIVERSITY BLVD N	JAX	NEX (OUTSIDE RACKS NEAR ATM)	MAYPORT RD.	JAX
GATE	5617 BOWDEN DR	JAX	OTTER RUN OFFICE	ASSISSI LANE	JAX
GATE	570 BUSCH DR	JAX	RAINBOW CENTER CHILD CARE	NAVY HOUSING OFF ASSISSI LANE	JAX
GATE	12548 SAN JOSE BLVD	JAX	RIBAULT BAY COMMUNITY CENTER	ASSISSI LANE	JAX
GATE	10946 FT CAROLINE RD	JAX	SINGLETON'S SEAFOOD SHOP	A1A HWY	JAX
GATE	1001 MONUMENT RD	JAX	SOUTHTRUST BANK	1301 ATLANTIC BLVD.	JAX
GATE	10044 ATLANTIC BLVD	JAX	SPRINT	1202 US-17	YUL
GATE	4100 HECKSCHER DR	JAX	SPRINT	8838 ATLANTIC BLVD	JAX
GATE	2520 S 3rd ST	JAXBCH	SPRINT	3051 MONUMENT RD/ COBBLESTON	JAX
GATE	319 S 3rd ST	JAX BCH	SPRINT	1209 MONUMENT RD./LEE	JAX
GATE	9144 BAYMEADOWS RD	JAX	SPRINT	12743 ATLANTIC BLVD./GIRVIN	JAX
GATE	11461 OLD ST AUGUSTINE RD	JAX	SPRINT	301 ATLANTIC BLVD.	ATL BCH
GATE	10455 OLD ST AUGUSTINE RD	JAX	SPRINT	2810 SR A1A N	ATL BCH
GATE	9540 SAN JOSE BLVD	JAX	SPRINT	14376 BEACH BLVD./SAN PABLO	JAX BCH
GATE	1605 RACETRACK/SR13	JAX	SPRINT	300 BEACH BLVD./3rd ST.	JAX BCH
HOME FINDER'S REALTY	2550 MAYPORT RD.	JAX	SPRINT	1601 PENMAN RD.	JAX BCH
JAX FEDERAL CREDIT UNION	664 ATLANTIC BLVD.	JAX	SPRINT	A1A HWY	JAX
JIFFY LUBE	3212 UNIVERSITY BLVD S	JAX	USO MAYPORT	BEHIND 2550 MAYPORT RD.	JAX
JIFFY LUBE	6135 ST AUGUSTINE RD	JAX			
JIFFY LUBE	11620 SAN JOSE BLVD	JAX			

Updated: FEBRUARY 1, 2007

**PICK UP YOUR COPY OF THE MIRROR AT ANY OF THESE LOCATIONS**

# Navy Band Looking For A Few Good Musicians

By MCI(AW)  
Toiete Jackson

Fleet Public Affairs Center, Detachment Southeast

Navy Band Southeast (NBSE), under the direction of Lt. Kenneth Collins, is one of 13 official U.S. Navy bands proudly representing the Commander, Navy Region Southeast.

They were established in 1995 and consist of 45 highly trained professional musicians dedicated to the highest levels of musical performance. Highly versatile, the band or any of its various sub-groups, Ceremonial Band, Wind Ensemble, Jazz Ensemble, Pride, Brass Quintet, Woodwind Quintet, VIP Combo and TGIF, are perfect for the widest variety of musical settings including military ceremonies, public concerts and parades. The unit performs more than 500 engagements annually throughout the Southeastern U.S.

"I have a highly trained workforce of true professionals," said Collins. "They challenge me on a daily basis to offer something of value to them."

NBSE members are not only masters of their instruments, read music and have a firm knowledge of the theory of music, they excel academically as well. It is the only community in the Navy comprised of enlisted Sailors who are promoted from within.

There is no officer community within the band unless promoted through the limited duty officer program. They are a highly trained workforce with 92 percent of the musicians having college experience. Sixty percent have a bachelor's degree, 18 percent hold master's degrees and there are currently 12 people who have earned their doctorate degrees.

"We are here to support the military first and foremost," said MUCM(SW) James Malmgren, assistant director. "We are also here to support events out in the community, such as patriotic openers, festivals and public concerts. A huge part of our mission is recruiting. We are continuously searching for qual-

ity musicians as well as helping to recruit Sailors for the fleet."

All Navy bands are field activities within the Navy Personnel Command's Career Management Department, Navy Music Program Management Branch out of Millington, Tenn. They set policy for all bands so every band looks and operates the same.

Becoming part of a Navy band is not an easy feat. Those interested in the musician program must first meet with the recruiter to make sure they can qualify to come in the Navy and then set up an official audition. Any military band or musician recruiter can hold auditions. They assess what they hear and forward all the information to NPC where the final decision is made.

After recruit training, applicants approved for enlistment as a Navy musician (MU) attend the Navy School of Music in Little Creek, Va. The 21-week basic course of instruction includes classes in theory, ear training, private instrumental instruction and rehearsal in marching, concert and stage bands. After graduation, MUs are assigned to a naval activity, ashore or afloat, as a member of a Navy band.

"Our job is one of the few rates in the Navy where you have to be able to do the job before you come in," said Malmgren. "The Navy can take other folks and train them in 'A' school to give them the skills necessary to perform in their rating, but you can't with our job because it's an artisan craft that takes years to develop. You have to be able to play to a certain ability before you can be accepted as an MU and go to the 'A' school."

The Navy Music Program is composed of traditional band instrumentation, vocalist/entertainers, and rhythm players (electric bass, guitar, piano, and percussion).

Navy Band Southeast is comprised of six performing units. The band also has solo guitarists, pianists and vocalists

who perform year round. Solo vocalists traditionally sing the national anthem at opening ceremonies.

"The best thing about being at this particular band is that everyone knows what they need to do and does it," said MU2 Gabrielle Herbert. "We don't need to be micromanaged or disciplined because we all do what we are supposed to do which takes away a lot of stress."

Navy Rock Band "Pride" is made up of eight performers. Pride plays a variety of Top-40 rock and roll music, entertaining audiences at local military events and public concerts throughout the Southeast Region.

The Navy Band Southeast's Jazz Ensemble performs the many different popular styles of jazz. They have entertained thousands of audiences throughout the Southeastern United States, Puerto Rico and Guantanamo Bay, Cuba with Latin beats and jazz classics.

With five members, the Woodwind Quintet performs for banquets, dining events, public concerts and school programs. The quintet plays classical and contemporary music from Bach to Mozart and Bernstein to Andrew Lloyd Webber.

The music of the Brass Quintet encompasses styles from traditional brass quintet literature to the popular music of today. The five performers play music suitable for music education clinics, receptions, military ceremonies, public concerts and schools including a unique educational program specifically designed for elementary children.

The Ceremonial Band has approximately 23 performers and offers a more patriotic musical style specializing in military change of commands, retirements and other military ceremonies.

The Marching Band, which utilizes all personnel, specializes in pass and reviews and military parades.

NBSE will conduct a Spring



-Photo by MCI Toiete Jackson

Musician 2nd Class Joaquin Hernandez, member of the bands Jazz Ensemble, belts out a Latin song during rehearsal for an upcoming concert.

Concert Series highlighting some of their groups March, April and May. This is the first time they have ever put on this type of concert series. Concerts will be held at NAS Jacksonville, NS Mayport and NSB Kings Bay. The various sub-groups of the band will be highlighted each month.

"I want people to come out with their family and lawn

chairs to enjoy the music," said Collins. "Music is such a powerful tool and I think it enhances the Navy's mission at large and is a universal language. I have seen it warm the hearts of people that I couldn't speak a word to but once we play, they start smiling and laughing and all of the sudden we create a dialog."

To request musical support from Navy Band Southeast,

email your request to scott.foote@navy.mil or mail it to Navy Band Southeast, P.O. Box 62, NAS Jacksonville, FL 32212-0062.

All requests must include the date, time and location of the event, command and point of contact including telephone number and an email address. For more information, call Navy Band Southeast at 542-5611.

## MWR Mayport Hosts March Concerts At Sea Otter

From MWR Mayport

Navy Band Southeast proudly presents their Spring "Concerts in the Park" concert series. Please join the band at Sea Otter Pavilion, Naval Station Mayport for a free Boston Pops-style concert series. Bring a blanket or lawn chairs, along with a picnic dinner or snacks, and sit back, relax and enjoy the talent of these fine musicians promising music of all kinds and entertainment for folks of all ages. An outdoor movie will follow each performance.

Friday, March 28, 7 p.m. Contemporary Entertainment Ensemble "Pride"

This high-energy unit performs hits spanning 50 years. Their incredible mix of pop, rhythm and blues, classic rock, modern rock, dance, Motown, soul, hip-hop, swing, country, and disco makes them a sure hit for audiences of all ages.

Friday, April 25, 7 p.m. Navy Band Southeast Jazz Ensemble

This exciting eighteen-piece group performs a wide variety of music from traditional Big Band classics to contemporary Jazz, sizzling Latin to Motown. Whether you prefer to sit back and enjoy the big band classics of the Glenn Miller era, or want to get up and dance to

some fast-paced latin jazz, this concert promises something for everyone.saa

Friday, May 16, 7 p.m. Navy Band Southeast Wind Ensemble

Please join the band as they conclude the Spring concert series with a patriotic concert paying tribute to all those who have served and are currently serving in the U. S. military. Featuring classic marches of John Philip Sousa along with traditional concert band selections, this concert is certain to foster a sense of pride and patriotism in all who attend.

2008 Navy-Marine Corps Relief Society fund drive is underway. Contact your command representative to find out how you can help contribute or call 270-5418.

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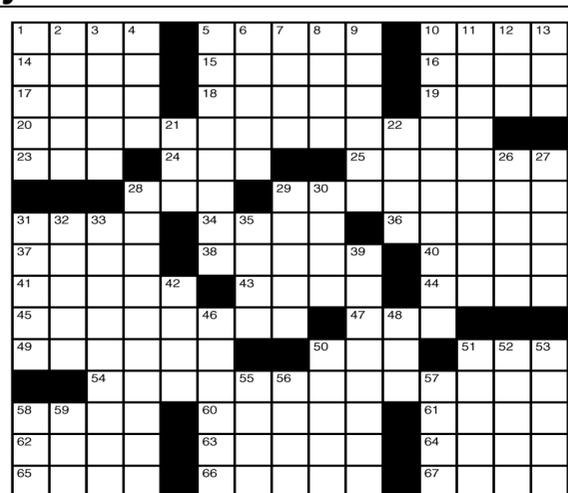
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For information about Drees' 12 communities throughout Northeast Florida, visit dreeshomes.com



## The Weekly Crossword By Alan P. Olschwang Huntington Beach, CA

- ACROSS**
- Choir voice
  - Gripes
  - Some G.I.s
  - Expensive
  - Borden bovine
  - French kings
  - Highway subdivision
  - Bite playfully
  - God of love
  - Start of a quip
  - Youth org.
  - British medical syst.
  - Online loan sources
  - Bando of baseball
  - Part 2 of quip
  - Aid a criminal
  - Morales of "Bad Boys"
  - Steps over a fence
  - Actor O'Shea
  - Part 3 of quip
  - Picture on a PC
  - January in Oaxaca
  - Division word
  - Mountain in Thessaly
  - Part 4 of quip
  - Sister
  - Long looker
  - Artist's rep.
  - Bovine reply
  - End of quip
  - Panache
  - Bakery byproduct
  - Like the Kalahari
  - Molecule maker
  - Actress Dey
  - False god
  - Lairs
  - Correct
  - Diminutive



By Alan P. Olschwang

3/06/08

- DOWN**
- Off-the-cuff remark
  - Toronto team, tersely
  - Singer Tucker
  - Two-tone treat
  - "Jaws" writer
  - Walt Disney's middle name
  - "SportsCenter" stn.
  - Decree
  - Fixed charge
  - Sensible step
  - Argumentation
  - AFL-\_\_
  - Draft org.
  - Actress Merkel
  - Siloed weapons
  - Metric weights, briefly
  - Extended arias
  - Pantries and tool sheds
  - Ridicule
  - Sword part
  - Prayer closers
  - Intelligence test pioneer
  - Height
  - Peau de \_\_ (dull satin fabric)
  - One way to write
  - Pitcher Hershiser
  - Type of monkey?
  - Shoshone
  - Universal soul
  - \_\_ Gras
  - Leek cousin
  - Peculiarly
  - Jack-in-the-pulpit
  - Apothecary measure
  - Trap enticement
  - Wicked
  - Suggestion from AAA

### Last Week's Answers

G	L	A	C	E	S	T	O	P	C	R	E	E
R	I	G	O	R	A	O	N	E	O	H	M	S
A	R	I	N	G	O	N	T	H	E	C	O	B
D	A	N	G	I	D	E	A	L	K	N	E	E
		A	T	L	S	N	E	E	R			
A	M	A	H	E	W	D	R	N	O			
F	I	N	G	E	R	I	S	S	T	A	P	L
A	S	N	E	R	T	O	T	I	C	I	E	R
R	O	A	M	E	R	W	O	R	T	H	T	W
		S	T	A	R	E	E	L	A	D	S	
B	U	T	T	O	N	E	D	L	E	M		
O	L	I	O	S	N	I	P	E	A	G	E	S
O	N	A	N	O	N	T	H	E	P	H	O	N
R	A	R	E	M	E	T	E	G	A	B	O	N
S	R	A	S	S	T	O	W	A	L	I	S	T

348025 2/28/08

# USS Philippine Sea Enters 6th Fleet AOR



-Photo by MCSN Cory Rose  
The guided missile cruiser USS Philippine Sea (CG 58) pulls alongside the Military Sealift Command fleet replenishment oiler USNS Leroy Grumman (T-AO 195) to take on fuel during a replenishment at sea.

From Nassau Expeditionary Strike Group Public Affairs

Six ships from the Nassau Expeditionary Strike Group (NAS ESG) entered the 6th Fleet area of responsibility (AOR) Feb. 25 as the strike group opens the first leg of its scheduled deployment.

Amphibious assault ship USS Nassau (LHA 4); amphibious transport dock USS Nashville (LPD 13); amphibious dock landing ship USS Ashland (LSD 48); guided-missile destroyers USS Ross (DDG 71) and USS Bulkeley (DDG 84) with embarked HSL-46 Detachment Eight; and guided-missile cruiser USS Philippine Sea (CG 58) with embarked HSL-46 Detachment Five entered the AOR. The seventh vessel of the strike group, USS Albany (SSN 753), is expected to deploy from its homeport in Norfolk at a later date.

While in the area, the NAS ESG will assist Commander, U.S. Naval Forces Europe (CNE) conduct the full range of maritime operations and theater security cooperation in concert with coalition, joint, interagency and other partners in order to advance security and stability in Europe and Africa. In doing so, the NAS ESG effectively becomes Commander, Task

Force 62.

The NAS ESG will also support the 2008 CNE operational objectives to improve maritime safety and security in Europe and Africa; be prepared for any contingency; provide exceptional stewardship to the regional workforce and their families; advance the art and science of maritime operations; advance awareness of the harmony of partner and U.S. interests and activities; and support U.S. European Command, U.S. Africa Command and other Navy component commanders.

The strike group will further support the other tenets of the Navy's maritime strategy, which includes forward presence, deterrence, sea control, power projection, and humanitarian assistance and disaster response.

"Our Sailors and Marines are excited and ready to conduct a full range of maritime operations with our coalition and joint partners," said Capt. Robert G. Lineberry, commander, NAS ESG. "We look forward to supporting Commander, U.S. Naval Forces Europe, enhancing maritime security, and furthering our partnerships in Europe and Africa through participation in exercises such as Phoenix



-Photo by MCSN Ryan Steinhour  
Sailors aboard USS Philippine Sea conduct small arms training with 9 mm pistols. Philippine Sea is deployed with the Nassau Strike Group to conduct maritime security operations in the 5th and 6th Fleet areas of responsibility.

Express 2008."

Following its mission in 6th Fleet, the strike group will move on to the 5th Fleet AOR to support Maritime Security Operations (MSO) and Theater Security Cooperation efforts.

MSO helps set the conditions for security and stability in the maritime environment, as well as complement the counterterrorism and security efforts of regional nations. These operations seek to disrupt violent extremists' use of the maritime environment as a venue for attack or to transport personnel, weapons or other material.

## USO News

An Elegant Luncheon & Fashion Show fundraiser to benefit Mayport USO will be held from 12:30 to 3:30 p.m. at Ocean Breeze Conference Center on March 9. The theme will be "America's Woman," with fashions provided by Dress Barn of Jacksonville. Everyone welcome, including gentlemen! There will be table favors, door prizes, and a small "marketplace" for those who would like to do some shopping. Tickets are \$35. Open seating, or reservations for tables of eight. For information and tickets, please call 992-6077 or 242-4929.

The USO is gearing up for its fifth annual Bob Coonan Memorial USO Golf Tournament on April 3. Go to [www.usojax.org](http://www.usojax.org) for more information.

Mayport USO is looking for volunteers to help with visitors, answer phones, copying, filing and light administrative assistance. A working knowledge of Excel and Word is preferred. Email [wendy@usojax.com](mailto:wendy@usojax.com) for more information. Be sure to indicate Mayport Volunteer in the subject line.

Gator National tickets are on sale at the Mayport USO. Cost is \$31 for March 14 general admission, reserved \$39; \$47 general admission for March 15, \$56 reserved; \$48 general admission for March 16, \$56 reserved.

The Greater Jacksonville Area USO is fortunate to continue its affiliation with the "Jacksonville Suns" this year due to the continued receipt of a grant from TPC Charities. USO has purchased 18 seats for each home game on the first base side. These 18 tickets are available for free via "block request" from individual commands to help create "esprit-de-corps" and/or to recognize deserving command personnel. Requests for a Command Block of tickets for a particular game will be accepted only from the unit CO/XO/CMC or service equivalent. Submit email requests directly to Bob Ross, NAS JAX USO Center Director at [bross@usojax.com](mailto:bross@usojax.com) no later than March 24 for April's games. If two or more commands request the same home game, Bob will call and negotiate a fair compromise with the requesting command CMCs/SEA/Senior NCO. April games will be held on April 3-5, 14, 15 at 7:05 p.m., April 6 at 3:05 p.m., April 7 at 11:05 a.m., April 16, 30 at 1:05 p.m.

USO is selling tickets for the Dayton International Speedway "2008 Coke zero 400" on July 5. This is a night time race under the lights. Tickets must be pre-paid for, in person, and then ordered by your Mayport or NAS JAX USO. You will be notified for pick-up when your tickets arrive at the USO.

Ticket packages are as follows:

Military Superstretch Offer - one Superstretch ticket row 1-32, \$46 each; All American Offer - one Superstretch Terrace - Rows 33-61 + an all you can eat Pre-Race Buffet, \$83 each; From the Turns Offer - one Oldfield/Lockhart Seat, \$59 each; From the Turns Tower Offer - one Oldfield/Lockhart Tower before June 1, \$106 each. After June 1, one Oldfield/Lockhart, \$131 each; Sprint Fanzone - \$49 each.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

Watch TV or a movie from the video library. Service members can also enjoy video games or use the sports equipment.

There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs. A TV, VCR and overhead projector are available for use.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road. USO is open from 9 a.m.-9 p.m., Monday-Friday and 9 a.m.-6 p.m., Saturday.

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Published by The Florida Times-Union

## Reaching Out

The following are just a sample of volunteer opportunities available through NS Mayport and Volunteer Jacksonville. For more information, call Dianne Parker at 542-5380 or you can immediately sign-up online for opportunities using [www.volunteer.gatewayjacksonville.org](http://www.volunteer.gatewayjacksonville.org).

St. Johns River Celebration  
Volunteers are needed for the 13th Annual St. Johns River Celebration cleanup event from 8-11:30 a.m. on March 15. Participants will spend the morning collecting litter and debris from more than 20 pre-selected riverfront and inland

sites around the city. There will be a Volunteer appreciation event at noon-2 p.m. Volunteers will be provided with trash bags, gloves and tickets at the locations below. Tickets may be redeemed for refreshments and t-shirts (while supplies last) at an appreciation event following the cleanup. Participants must be over 18 years of age or accompanied by an adult. Pre-registration is appreciated but not required.

Pre-selected sites around the city include Ft. Caroline National Memorial, 12713 Fort Caroline Road (Please note

that this cleanup will be from 9-11:30 a.m.); Kathryn Abbey Hanna Park, 500 Wonderwood Road; Helen Cooper Floyd Park (formerly Little Jetties), 3600 S.R. A1A; All Wet Sports/Beach Boulevard Boat Ramp, 8508 Beach Blvd. Please note that this cleanup will be from 9 a.m.-noon. A personal kayak, canoe or boat is required for this site. Participants use water vessels at their own risk. For more information or to register call (904) 630-CITY or visit [www.coj.net](http://www.coj.net), keywords: St. Johns River Celebration.





**Furniture/ Household**

**BED A Bargain** \$150  
Queen Pillow Top  
Brand New 904-674-0405

Bed - Five piece  
suite with mattress  
and box springs.  
\$600. 904-717-0206

**BED** King Size Set  
New in plastic \$225  
Must sell 674-0405

Bed - Solid wood,  
white twin head-  
board, footboard,  
nightstand, full  
dresser, stand-up  
dresser, rails, mattress,  
excellent condition. ask-  
ing \$500. 904-261-9524

Bed - Toddler Little  
Tikes Race Car w/  
mattress and pad.  
\$79. 904-674-4245

Bed - Natural finish with  
mattress and pad. \$40.  
call 674-4245

**Furniture/ Household**

Victorian Living  
room Suite -  
includes sofa, love  
seat, two chairs,  
sofa table, cream like  
new. \$450 call David  
904-464-7448.

**Garage Sale**

ARLINGTON Set, 8-11?  
13762 Glass Crystal Ct.  
Kids cliffs, toys, bks, hh.

Mayport - March 8  
@ 8am till 7, 13762  
Glass Crystal Ct.  
Childrens clothing,  
toys, books, and other  
misc items.

**NEPTUNE BEACH**  
Christ United Methodist  
Church, 400 Pennington Rd.  
will be having their  
Spring Rummage Sale,  
Fri. 3/14 & Sat. 3/15  
(9-3pm both days). Food  
will be served.

**Northside -Community yd**  
sale @ Highlands Baptist  
Church, 2159 Brow-  
ward Rd. 3:00 to 8:45pm  
Free space-bring own  
table and merch or just  
come to shop.

**BARGAIN HUNTERS**  
This Sat & Sun Have  
Your Garage Sale at  
The Market Place!  
7059 Ramona, 78¢-FLEA

**Garden/Lawn**

Riding Lawn  
mower 38"  
Weeater 12.5 HP  
good condition \$225  
OBO call 861-8508

**Hot Tubs/Spas**

**HOT TUB** - Like new, vita  
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hot tub, 4 1/2 x 6  
1/2ft, 4 1/2 years old,  
orig price \$2,500.  
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**AKITAS TO YORKIES**

**PUPPY SALE!**

**SEE PUPPIES @**  
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Payment Plan 904.298.1105  
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**Boxers** - AKC reg, 4 fem, 9  
wks, fawn, brindle, and  
white. call 386-362-1353

**Cockatiels 2 males**  
friendly tame, 1 yr.  
old yellow & gray  
w/face Must stay  
together \$120  
call 904-728-2826 after 6

**Dachshund Puppies, CKC.**  
Black/Red, red & dapples  
\$300-\$500. 904-982-1211

**FREE Acute "Sox"**  
cat to a good home  
spayed, shots,  
about one year old  
call Susanne  
923-1715

**FREE Bassett Hound**  
to good home! very sweet,  
trained, shots. We have  
new baby & small house!  
Call 655-8996 to meet.

**GERMAN SHEPHERD**  
AKC, black/face, \$350,  
Axon, GA. 912-422-3892

**PIT BULL PUPS** - Blue  
nose, UKC reg, purple  
ribbon papers, bwk/s,  
\$500. Call 904-228-3853

**Wire Fox Terrier Pups**  
\$1100/ea. Swks old. Avail  
at 8 wks. 904-647-8893

**Motorcycles/ Mini Bikes**

Suzuki VL800 C50  
'06 - Garage kept,  
low miles, excel-  
lent condition.  
\$5,500. Call 912-576-4029  
or 912-322-6756 to see.

**Toyota Rav4 '00 L**  
Edition. 92k miles,  
Excellent condition,  
new tires, manual  
transmission, power  
everything. Asking \$7000  
Call 352-514-6161

**Yamaha 650 V-Star**  
Classic '04  
Red/bik, garage  
kept, 1 owner,  
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3,000 miles, windshield,  
saddlebags, backrest, 3  
helmets. \$4,275  
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**Auto Parts**

Rims - 5-20" MB  
Motoring Wheels,  
Mirror machine fin-  
ish, fits 6 lug Tun-  
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**Tires - Goodyear**  
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x4, 265/70/17, 5,500  
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**Tonneau Cover -**  
2000 F-250 short  
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new, make offer.  
912-674-4453.

**Tonneau Cover -**  
Fiberglass, silver,  
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STD Cab, excellent  
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**Automobiles**

**FORD Mustang Conv.** '00,  
V6, 85KM. Great cond,  
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\$16,900 obo 912-322-1155.

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black leather, beau-  
tiful. Surprising  
AFAP. Excellent condi-  
tion. \$24,000 Call for  
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904-563-3537.

**Chevy Suburban '99**  
Excellent running  
condition, located in  
Woodbine, blue  
book \$6,500. Asking  
4,500. Call Chad @  
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**Dodge Dakota '02 -**  
4-door, 4.7L, V-8,  
auto, air, cruise,  
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rear dif, liner, elec,  
81,000 mi. \$ 8,900  
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SLT Crew cab,  
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Mattress not  
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\$175 OBO.  
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\$300 without \$200.  
Dresser - White, 8  
drawer with mirror.  
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Complete Dining  
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Brand New in plastic  
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MATTRESS FULL SIZE  
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Call Carter 484-6177 \$140

Moving Sale - Din-  
ing chairs, sofas,  
bikes, lawn mowers,  
antique dresser,  
singer sewing machines,  
bikes, lawn mowers,  
grills, garden equip-  
ment. Middleburg Call  
904-254-1503

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Antique Brick Pav-  
ing - approx 100  
years old Ideal for  
Sidewalks and  
Patios various mark-  
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Doors - Interior  
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Panel. 36" size. \$25  
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