

THE MIRROR NS MAYPORT, FLORIDA

2002 CHINFO Award Winner

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www.mayportmirror.com

THURSDAY, August 16, 2007

OFF THE DECK

The Mirror Has Moved

The Mirror office has moved into the newly renovated Building 1363. Building 1363 is located on Massey Avenue, across from the Post Office. The new office is located on the west side of the building in the first entrance. The Mirror phone number is 270-7817 ext. 1012.

TA Waivers Due Now

Time is running out for Navy Tuition Assistance (TA) users to apply for credit hour waivers for 2007. Eligible members must submit their request packages directly to the Center for Personal and Professional Development no later than Aug. 31. Waivers received after Aug. 31 can not be processed. Guidelines for applying can be found at www.navycollege.navy.mil/ta10.html

Base Firefighters, Police Face Off

The Naval Station Mayport Police will take on the Naval Station Fire Department in a Guns and Hoses softball game at Naval Station Mayport on Aug. 19 at 10 a.m. behind the gym on Field 3. All are welcome to come out and watch this inaugural event. For more information call Rita at the gym 270-5451.

School Physicals Available At Clinic

Naval Health Branch Clinic Mayport has openings available for Mayport children who need their school or sports physical before starting school on Aug. 20. Parents shouldn't wait until the last minute to make an appointment. For appointments, call Central Appointments at 542-4677.

Barrier Install To Close Patrol Road

Patrol Road will have intermittent road closures while a barrier is installed on the road. A flagman will be provided on each side of the barrier construction area during partial road closures at peak traffic periods to ensure safety of drivers and construction crew.

MWR Mayport Holds Beachfront Movies

MWR Mayport is excited to offer outdoor movies for the entire family on Fridays during the summer months. Movies will be shown at Sea Otter Pavilion starting at approximately 8:45 p.m., or at sunset. Bring your lawn chairs, blankets and bug spray.

The movie schedule for August is: Aug. 17 - Spiderman 3, Rated PG-13 (Parents must accompany children due to the PG-13 rating), Aug. 24 - Astronaut Farmer, Rated PG.

Pelican Roost Named Best In Navy

'SMART' Choice For RVers

By Stephanie Edwards

MWR's Pelican Roost RV Park was recently recognized as the best Navy RV Park by the Special Military Active and Retired Travel (S.M.A.R.T.) Club National FamCamp Committee.

Nominees were evaluated based on the cleanliness and quality of the facilities, availability of support services and facilities, and employee and volunteer customer services.

"The Pelican Roost is nationally recognized throughout the RV community for its uncompromising commitment to excellence in customer service," said Bob Baylis, Pelican Roost RV Park Manager.

Pelican Roost RV Park at Naval Station Mayport opened in 1999 and offers 50 fully equipped hard sites providing electrical (30/50 amp), water, sewer and cable television. Dry camping sites and tent camping sites are available.

The "Roost" Lodge features a kitchen, laundromat, guest lounge, cable TV, wireless internet, rest rooms/showers and retail store ... all in air conditioned comfort. Pets are always welcome.

In October 2006, a 50-site facility was opened in a quiet,



-Photo by Stephanie Edwards

Naval Station Mayport CMDCM Deborah Davidson accepts the SMART award for best Navy RV Park. Shown left to right, CMC Deb Davidson, MWR Director, Bruce Grenier, SMART members (Chattahoochee Drifters Chapter), Jackie Weis (VP), Frank Svendsen (Pres), Judi Svendsen and David Weis, and Pelican Roost RV Park Manager, Bob Baylis.

wooded area next to the Youth Activities Center. "Osprey Cove," referred to as "The Cove," is an extended stay park offering patrons, 50-amp electric, water and sewer services.

Plans are underway to build a multi-purpose facility, estimated for completion in 2008.

"The Roost" and "The Cove" are open to all active duty military, reservists, National Guard,

retirees, DoD civilians, 100 percent disabled vets and their guests.

Reservations are accepted 180 days in advance for active duty military, reservists and National

Guard; 120 days in advance for military retirees and 100 percent disabled; and 60 days in advance for DoD civilians. For reservations, call (904) 270-7808.

PPV Lease Signing Under Way



-Photo by MC1 Sonja Chambers

RPI(SW) Alicia Johnson signs the lease for her Marsh Cove home Monday at the Ribault Bay Community Center. Tammy Nunnally, GMH Community Manager, oversees the signing. All housing residents will need to sign a lease by Sept. 30 prior to living in privatized military housing. All current assignments to government quarters will be terminated on that date. Residents can sign leases at the Ribault Bay Community Center tomorrow from 8 a.m. to 4 p.m. Please bring a copy of the member's LES.

HMS Weaps School Atlantic Changes Command

By Lt. Nita Bryan

Helicopter Maritime Strike Weapons School Atlantic

Helicopter Maritime Strike Weapons School Atlantic welcomed new commanding officer, Cmdr. James R. Raimondo, during an airborne change of command ceremony on Aug. 10.

The airborne change of command is a time honored naval aviation tradition in which the incoming commanding officer takes the lead in a formation flight from the outgoing commanding officer, symbolizing the turnover in command duties.

Raimondo hails from Woodbury, N.J. He was commissioned in December 1989 via the Hampton Roads NROTC program and graduated from Old Dominion University in Norfolk, Va., with a Bachelor of



Cmdr. James Raimondo

Arts degree in English.

In 2001, he was awarded a Masters of Science in Administration (Information Resource Management) from Central Michigan University.

Raimondo reported to NAS Pensacola for flight training in February 1990 and was des-



Cmdr. Herbert Race

igned an unrestricted naval aviator and helicopter pilot in October 1991.

Following a short recruiting assignment with NRD Philadelphia and FRS training at HSL-30, Raimondo reported to HSL-34 in October 1992. During his tour with the

"Greencheckers," he flew the SH-2F Sea Sprite and completed deployments in USS Nicholson (DD 982), USS Deyo (DD 989), USS Aubrey Fitch (FFG 34) and USS Estocin (FFG 15).

In November 1993, after the disestablishment of HSL-34, Raimondo reported to the SH-60B FRS, HSL-40, in Mayport, Fla.

After completing Seahawk training, he deployed with the HSL-42 "Proud Warriors" in USS Hue City (CG 66), USS Kauffman (FFG 59), and USS Spruance (DD 963).

In August 1996, Raimondo transferred to the Office of the Secretary of the Navy, White House Liaison Office, Washington, D.C. As a member of SECNAV's immediate staff, his duties included correspondence action officer, protocol

specialist, and VIP escort officer for the 41st and 42nd Secretaries of the Navy.

Raimondo departed the Pentagon in July 1999 and reported as Flag Lieutenant for Rear Adm. William Schmidt, President, Board of Inspection and Survey (INSURV), in Norfolk, Va.

He reported to the Swamp Foxes of HSL-44 in November 2001. He was assigned as Officer-in-Charge, Detachment 10 embarked in USS Simpson (FFG 56), and deployed to the Caribbean, Eastern Pacific, and Western Atlantic for Counter-Narco Terrorist/UNITAS missions in 2002.

He subsequently served as HSL-44 Training officer and Maintenance offi-

See Raimondo, Page 7

Reenlist With Jax Jaguars

From CNRSE

Do you want to reenlist at a Jacksonville Jaguars game?

Applications are being accepted for personnel who want to reenlist during the Jaguars vs. San Diego Chargers game on Nov. 18 at 1 p.m. Only 70 Sailors and Marines will be able to participate.

To participate, Sailors and Marines must be within 12 months of EAOS and must forward the full name and rank to their command career counselors no later than Sept. 28.

Reenlistees will receive two game day tickets. Additional game day tickets may be purchased by reenlistees for family members and guests. The uniform to participate will be service dress white for E6 and below and summer white for E7 and above.

For more information, contact Senior Chief Navy Counselor Green at 542-1541.

Lean Six Sigma: Not 'What' But 'How'

From CNRSE

Editor's note: Rear Adm. Hugh Blackwood, Deputy Commander, Navy Region Southeast, in his civilian life is a Corporate Reliability and Maintenance Manager for Primary Metals for ALCOA, a global metals corporation employing over 140,000 personnel worldwide.

Lean Six Sigma is a powerful tool for reducing variation, identifying and eliminating waste. Many organizations misperceive LSS as a program and not a tool. Consequently, folks fixate on training the various Champions and Belts instead

of applying the training to their day-to-day work. It begins with training and ends with results.

"Lean Six Sigma is a tool, not a program in and of itself," said Rear Adm. Hugh Blackwood, Deputy Commander, Navy Region Southeast. "LSS is not a process of what jobs we are doing, but how we can do them (jobs) better."

Blackwood discussed his experience with LSS and the proper attitude towards training. Certainly, CNRSE personnel require specific training. However, many who are in Green, Black, or even Yellow Belt positions have never

worked before in a LSS team environment. The strength of these teams is rooted in each member having a different paradigm about how change really occurs. So, to make sustainable change, personnel must go beyond the structured LSS process, not only to change the behavior of how people view and do their work, but also alter the culture that created the behavior.

A Long Term Process.

Success at LSS takes years, not weeks, not months. Blackwood, who has worked with LSS for almost a decade, says it takes an organization

between three and seven years to make a sustainable change in its culture. Additionally, teams must stay together long term; for people to be effective team members, they must be a member of the same team for three or more successive years. Otherwise they lose the skill set.

Make no mistake; there is specific training provided to the Champions, Team Leaders and Various belts. There is also awareness training for the team leaders who are really going to do the work. But if personnel expect that by simply creating a structure of trained resource-

es, (e.g. must have x number of Belts at various levels) that improved processes will emerge on their own—they will be sorely disappointed.

Going above and beyond training the skill sets, Navy Region Southeast must explain to everyone why LSS is important --and what's in it for them. It's what Blackwood calls answering the "W.I.I.F.M." What's In It For Me?

Doing this makes it not only easier to get employees to volunteer on the teams, but also to embrace the LSS process at every level.

So, if we are to make LSS

work at every level within Navy Region Southeast, we all need to give the LSS process a chance to succeed within Navy Region Southeast.

Getting involved starts with the "5A's"-- awareness, availability, adaptability, activity, and action. LSS is not a "program of the month" in organizations that succeed.

It breeds winners at every level, enables teams to operate at the genius level, and is a way of life. Winning organizations don't survive LSS, they thrive on it

CREDO Corner

By Lt. Rickey L Bennett

Spiritual Fitness Division SE

A racy billboard hovered over busy Chicago streets. The enticing message read: "Life is short. Get a divorce." Beneath it sprawled the phone number of a firm of divorce lawyers.

How would you feel - driving along with your children or grandchildren and seeing such a disgusting, anti-marriage and anti-family sign? Because the sad fact is, this message is actively being sent. This brazen billboard is a heart-breaking "reflection of our culture" - glaring proof of the descent of the institution of marriage in

this country.

Even more appalling, this sign trivializes divorce and minimizes its impact on children, the culture, and our nation. Marriage is challenging enough but when you add to the mixture a military community at war the demands increase exponentially. For the broken terrain of millions of American marriages the only and easy way out, seemingly, is divorce. Failures at home come in all sorts of sizes, shapes and weights.

There are the small ones called mistakes, errors or goofs: breaking a piece off a knickknack, spilling catsup on a new

shirt, ripping your jeans, stepping on your wife's foot (with golf shoes), failing to carry out the garbage.

There are the heavier, medium-sized packages of failure that hurt a little deeper: shouting at the kids (for the fourth time in one day), habitually promising something to your kids and then going back on your promise.

Then there are the cumbersome and heaviest of failures that leave us feeling crushed under the weight: a divorce, unfaithfulness, an estranged relationship, a rebellious teenager who thinks he

is always right, physical or verbal abuse, neglecting to lead your family spiritually. These failures can and often do hurt the individual and harm the marriage. There are healthy and unhealthy ways of responding to these failures. How one responds is either a catalyst or an obstacle to intimacy. Whereas, faith, humility and gratitude are antidotes for failures; selfishness, self-reliance, and self-condemnation are antithetical for intimacy.

In healthy relationships, we look to God as the source of help, allowing Him to involve others in meeting our needs as

He chooses. Rather than try to control or manipulate their responses to our needs, we "entrust" their maturation to God, leaving Him unhindered to accomplish His work in their lives. Healthy relationships share needs truthfully and vulnerably, rather than deny or angrily display them. A third component of healthiness is a dynamic of mutual giving to meet the needs in contrast to selfish taking that is so prevalent in dysfunctional relationships.

Is there a way to respond to failures that enables families to forsake the painful path and

embark upon the potential path? The good news is a resounding, YES. The bad news is that this way is difficult. As couples learn to respond to these failures in love rather than acting out in fear they are beginning to tap into new intimacy potential for that relationship.

If you would like to learn more contact of office to register for one of our marriage enrichment retreats at 270-6958, option 7, or email at cnrse_credo@navy.mil.

Homefront in Focus

By Beth Wiruth

Military Spouse Support Columnist

During the Vietnam War four percent of the population served in the Armed Forces. In WWII, 12 percent served in the military and during the Civil War 11% served in the conflict. Today, less than 1 percent of the total population serves in the military. And that number includes National Guard and Reservists as well as active duty service personnel.

What does that mean for us as spouses? It means we are a minority. It means that unlike Vietnam and WWI and WWII, where nearly every community was affected by the war and everyone 'knew someone' who served, most of the population has no direct contact with a service member or the family of a service member.

Karen W., wife of an Army specialist, decided to move

back to her Midwest hometown to be near family during her husband's 18 month deployment. After four months she returned to Fort Campbell, KY citing she felt isolated and often ignored by civilians around her. She noted that when she first returned home she was greeted with warmth and compassion but that dried up within weeks.

"No one asked about Jim anymore. No one wanted to know how he was doing. It seemed they were tired of dealing with 'my deployment'. I felt like an inconvenience to my friends."

Monique, a Navy wife, also chose to return to her Arkansas hometown during her husband's deployment. She was pregnant with their first child and wanted to be near family for her delivery. Monique, like Karen, initially received compassionate support from family and friends. But she learned within

weeks that the war was a military effort - not a civilian issue. Then news came that her husband's ship was to be extended. She called a girlfriend to share the sad news.

"My friend said, 'I can't understand why you are so upset. Aren't you used to this by now?'" Monique packed up her newborn and returned to their base where she would be around people who "at least had a clue."

I recently had a conversation with a friend who is working on a pilot study to bring civilian services to the base for military families. She called to talk about this study and asked me a few questions. In the course of our conversation it was revealed that she thought all members of the military were issues weapons (pistols, M-16's, whatever) and that these weapons were carried on their person all the

time, even taken home with them. This is not an uncommon misconception.

I sat in on a Domestic Violence brief from a woman who was addressing a military audience. During the course of her comments it came out that she thought the military was more prone to domestic violence because of the 'ready access' to weapons in the home.

So, how do we connect with the civilian world? Should we? If so, why? The 'why' is perhaps easier to answer. I believe it is important for our society to be informed and exposed to the true cost of freedom. Even if we were not in this current conflict our security as a nation is dependent upon a strong national defense and that means a strong military. That very strength, perceived and appreciated by our enemies, is what contributes to our safety and

security. So, yes, our civilian counterparts are better served when they truly appreciate the professionalism and capabilities of our troops, the sacrifice of our families, standing strong, but left behind.

How do we achieve that? How do we connect with a civilian population? I do not have the answer but I want to pass along the ideas of others. Melissa, a naval reserve spouse, sends out a monthly letter to her family and friends to give an update on her, her family, her service member and a blog on life in the military. Thomas, serving in the Air Force sends out a monthly newsletter to his family and friends to ask them for their prayers for him, his family and those with whom he serves. Nakita, a Navy wife, publishes a two-page newsletter that she sends to churches

across the country to solicit prayers and practical support for her fellow spouses and Sailors. Nicole sends a "hero list" to her friends honoring spouses and service members daily serving as heroes. And many more military families have begun public blogs to try to raise awareness of military families.

We may not always be understood by the population who lives unaware of military service but we can help them to understand the role we play, and the cost involved, in serving our country as military families.

How have your communicated your life with civilians? What have you experiences been? Drop me a note a beth@homefrontinfocus.com.

FFSC Workshop Schedule Set

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 110.

Aug. 16, 9 a.m.-noon, New Parent Support Playgroup, USO

Aug. 16, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Aug. 17, 8 a.m.-3 p.m., Military Spouse 101, FFSC

Aug. 20-23, 8 a.m.-4 p.m., Separatee Workshop, RBCC

Aug. 21, 9-11 a.m., Parenting Class, FFSC

Aug. 21, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Aug. 22, 9 a.m.-noon, Tottletyme Playgroup, USO

Aug. 22, 6-7 p.m., IA Support Group, USO

Aug. 23, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Aug. 23, 9 a.m.-noon, New Parent Support Playgroup, USO

Aug. 24, 8-11 a.m., Anger Management Class, FFSC

Aug. 27, 1-3 p.m., FERP "Your Career Connection," FFSC

Aug. 27, 6-8 p.m., Ombudsman Assembly, CPO Club

Aug. 28, 9-11 a.m., Parenting Class, FFSC

Aug. 28, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Aug. 29, 9 a.m.-noon, Tottletyme Playgroup, USO

Aug. 30, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Aug. 30, 9 a.m.-noon, New Parent Support Playgroup, USO

Expecting Dads Get Tips From FFSC

From FFSC

Fleet and Family Support Center is offering an Expectant Dad's Class (So You're going to be a Dad) on Sept. 10 from 1-4 p.m. at the USO on Mayport Road.

This highly regarded program is designed for new Dads and Moms. Issues fathers face in today's world of competing demands will be reviewed. Participants will examine the dual roles of father and sailor, caring for newborns and toddlers, and how to grow with your child. The program will increase the participant's knowledge about child development and will also address relationship changes that accompany the birth of a child. Call 270-6600 to register.

Sept. 4, 9-11 a.m., Parenting Class, FFSC

Sept. 4, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Sept. 6, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Sept. 11, 9-11 a.m., Parenting Class, FFSC

Sept. 11, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Sept. 13, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

Sept. 18, 9-11 a.m., Parenting Class, FFSC

Sept. 24, 6-8 p.m., Ombudsman Assembly, USO

Sept. 25, 9-11 a.m., Parenting Class, FFSC

Sept. 26, 6-8 p.m., IA Support Group Meeting, USO

By Laura LaBella

Natural Resources Biologist

Please stay off the grass.

Grass and other vegetation provide very important services. One of the main benefits along our roadways is erosion control. A good blanket of grass keeps the soil next to, and even under, the roads from being washed away in heavy rains. The soil that erodes from these areas contributes to clogged storm drains and, in the long run, could even increase the frequency that our channel and turning basin needs to be

dredged due to extra sediment build-up or fill-in the wetlands that are found throughout the installation.

Grasses are also a critical part of stormwater management. Vegetation in and around retention ponds, ditches and swales serves as a filter for the run-off water from parking lots and roadways and prevents excess nutrients from reaching major waterways like the St. John's River. Because this run-off water can carry oil, gas, and other pollutants from vehicles, it is important that we keep

the vegetation in these areas healthy.

Some vehicles parked in the grass become a visual obstruction. They can block a driver's view when trying to turn into traffic from parking lots and side roads, and can prevent a pedestrian from being seen.

While it may be inconvenient to find a parking spot near your office or work space, parking on the grass is prohibited, especially in areas that are designed and permitted for stormwater control such as a swale or the edge of a retention pond. Some

of the permitted stormwater management systems of greatest concern are: both sides of Bon Homme Richard Street, especially near the Gym; in front of Building 1488's new parking lot; Maine Street near Bravo pier as it turns toward Charlie pier; and the grassy area, or what's left of the grass, by the fuel farm north of the runway.

Please do your part to help Naval Station Mayport comply with our stormwater permits, reduce erosion, and protect the safety of base personnel. Please stay off the grass.



Chapel Call
Command Chaplain:
Cmdr. Phil Wyrick

SUNDAY

Sunday School.....9 a.m.
Morning Worship.....10:30 a.m.
Protestant Baptism.....As requested

TUESDAY

MOPS (Mothers of Preschoolers).....9:30 a.m.
(First and third Tuesday of the month)

WEDNESDAY

Women's Bible Study.....9:30 a.m.
Choir Rehearsal.....7 p.m.

SATURDAY

Men's Prayer Breakfast.....9 a.m.
Youth Group 2, 4.....6 p.m.

Catholic Services:
Sunday Masses.....9 a.m.
CCD.....10:15 a.m.-11:15 a.m.

BAPTISMS

Please call 270-5212 to arrange a Baptism class.

SERVICES

For shipboard and Waterfront Services, call 270-5403. Personnel of other faiths seeking contact with specific religious groups should call the Chaplain's Office at 270-5212.



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Capt. Aaron Bowman	Executive Officer
CMDCM Deborah Davidson	Command Master Chief

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The deadline for all submissions is Thursday at 4 p.m., one week prior to publication. News and articles should be submitted to the Public Affairs Office, or mailed to:

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CDS 24, Comfort Supports Operation Smile Mission in Peru

By MC2 Steven King

USNS Comfort Public Affairs

An Operation Smile medical team performed 24 cleft-palate and cleft-lip operations Aug. 8 and 9 on patients ranging from infants to 29 years old aboard hospital ship USNS Comfort (T-AH 20), which is in Peru for a week-long visit.

For many of the 32 medical volunteers, working on a 900-foot military ship, and transporting patients by helicopter was akin to working in a different culture - a completely unique experience.

Operation Smile is a worldwide children's medical charity with a full team of volunteers who repair childhood facial deformities. Nicaragua, Ecuador, Ethiopia, India and Peru are some of the 25 countries where surgeries are performed in sometimes less than desirable conditions.

"The Navy has state-of-the-art equipment, it's clean and the electricity works," said Denise Gangwish, a registered nurse and clinical coordinator for Operational Smile. "Usually we go into local hospitals and the lights don't work, or we have to plan for power outages, or they don't have sterilizers that work. The Navy has a lot of equipment they've been able to supplement us with."

Operation Smile doctors performed patient pre-screening prior to Comfort's arrival. The team also had the opportunity to screen additional patients at Miguel Grau School, a Comfort medical site in Salaverry.

Once patients were confirmed for surgery, they were transported to Comfort by helicopter from Helicopter Sea Combat (HSC) Squadron 28. Patients recovering from cleft-palate repair were aboard Comfort for about two days. Those with cleft-lip repairs recovered in about one day. As patients were



-Photo by MC2 Steven King
Under Secretary of State for Diplomacy and Public Affairs, Karen Hughes, holds a 6-month-old child aboard the Military Sealift Command (MSC) hospital ship USNS Comfort (T-AH 20). Doctors from Operation Smile will perform cleft pallet surgery on the child during his stay aboard the ship. Comfort and CDS 24 are on a four-month humanitarian deployment to Latin America and the Caribbean providing medical treatment to dozens of countries.

released, the helicopter returned the patients to shore.

"The biggest part of this whole experience is the building of relationships," said Ann Campbell, a registered nurse and pediatric nursing instructor at Old Dominion University in Norfolk, Va. "I'm so thrilled that our government sees the value in medical diplomacy. That's the only way I see the world changing."

"This is the best nursing I've ever done in my career; job satisfaction is immense," Gangwish said. "When you bring these kids out to their moms and dads, they're overwhelmed and thankful because now their kids have a chance."

Comfort is on a four-month humanitarian deployment to Latin America and the Caribbean providing medical treatment in a dozen countries.

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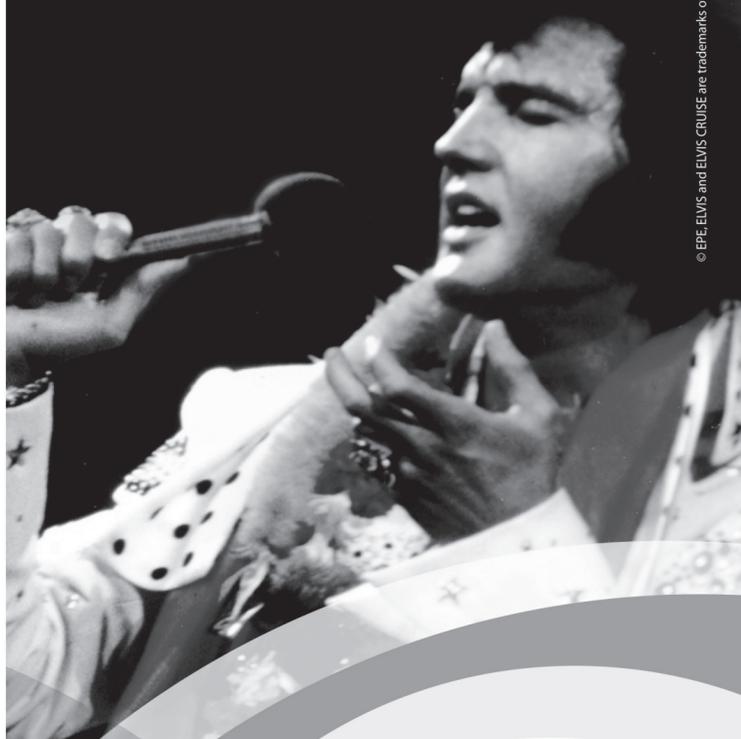
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By Ensign Sandra Davis
USS Farragut PAO

One of the Navy's newest destroyers participated as Surface Opposition Forces Commander during the Joint Task Force Training Exercise (JTTFEX) last week.

The exercise, "Operation Bold Step," was meant to provide a realistic political situation for the Harry S. Truman and Dwight D. Eisenhower Carrier Strike Groups to test their command and control capabilities in a scenario that eventually ended in a mock battle.

More than 25 ships, dozens of aircraft and thousands of Sailors took part in, including the Royal Navy Aircraft Carrier Illustrious and Destroyer Manchester.

Not all contributors to JTTFEX could be good guys; USS Farragut (DDG 99) was one of several Navy ships to play opposition forces in support of the training exercise.

The "orange forces" role was to take the given political situation and attempt to react to "blue forces," U.S. and British fleet, as though they were

intruders in "orange" waters.

USS Farragut added to the realism through communication intrusions, attempted distractions, and promoting an overall feeling of dislike - and ultimately, hostility - toward the U.S. and British ships and aircraft.

In order to make the opposition more believable, USS Farragut worked around the clock, flying the traditional "Jolly Roger" pirate flag to identify the ship as the enemy and disguised the ship at night, using deceptive lighting con-

figurations, as they attempted to get close to the carriers and oilers.

For the midshipmen onboard for their summer cruises, it was also a valuable experience.

"I didn't realize how seriously the Navy trained. I'm trying to imagine being on the receiving end of the harassment we're giving," said one midshipman.

The week-and-a-half long exercise provided the students with an opportunity to see the various warfare areas interact, to understand the importance of

communication, and to realize the stress that strike groups may be put under when on deployment.

Cmdr. Scott Dugan, who assumed command of USS Farragut a month ago, spoke to the crew the day the battle ended.

"You guys did a great job! We went in hard and it showed. It was good training for everyone involved," he said.

As a Surface Action Group Commander, he was responsible for developing harassment plans to give the harassment plans to

create the toughest challenge for the strike groups to overcome.

USS Farragut also participated as opposition forces during Combined Training Unit Exercise earlier in the month. Between the two exercises, the crew was able to enjoy Philadelphia, Penn., for the Fourth of July and take in the sites, such as the Liberty Bell and Battleship New Jersey.

After an eventful month, the crew was anxious for their return home.

Farragut Trains Midshipmen For Their Futures



-Photos courtesy of USS Farragut

Midshipman 3/C Armenteros learns about flashing light signals.



Midshipman 3/C Truong watches the ship comes about from the bridgewing.

By Ensign Sandra Davis
USS Farragut PAO

In preparation for their futures as Naval and Marine officers, midshipmen spend their summer on board Navy vessels.

USS Farragut (DDG 99) hosted nearly 50 midshipmen throughout the various phases of the summer.

"This summer has been a unique opportunity for the midshipmen, and they've had a great experience of shipboard life," says Lt.j.g. Mike Tate, USS Farragut's midshipmen cruise coordinator.

The ship's summer schedule was a busy one and the midshipmen have been occupied with learning all aspects of destroyer life from routine maintenance and watchstanding to tactical maneuvering and Integrated Training Team scenarios.

Midshipman Third Class Meixell from the United States Naval Academy remarked, "It gives us a better idea of what our role as an officer will be."

During the cruise, the Second Class (2/C) and Third Class (3/C) midshipmen are assigned enlisted running mates who take them through their daily routine.

The midshipmen muster and work with their running mate's division, gaining an enlisted perspective they might not otherwise have.

The First Class (1/C) midshipmen have division officer counterparts who show them various aspects of what will be expected of them when they fill such areas of responsibility.

While on board, the midshipmen could be found almost anywhere doing whatever they could with

their running mates, such as refilling SCBA tanks, driving the ship in aft steering for steering checks, cleaning and maintaining small arms, and even assisting Medical with immunizations.

Closely involved with the ship's schedule, the midshipmen were able to contribute in the Composite Training Unit and Joint Task Force Exercises, where USS Farragut played Opposition Forces in support of Fleet readiness. They were constantly thrilled by seeing the ship maneuver in close proximity to Blue Forces when "hostilities" escalated during JTTFEX.

Most notable were all of their reactions to a 5-inch PACFIRE. From the bridgewing, mouths open in awe, they all agreed that seeing the 5-inch was one of the coolest parts of their sum-

mer. Each of them thoroughly enjoyed the man overboard drill shiphandling competition between midshipmen, ensigns, and LDO-selects.

One midshipman commented, "It's way different than driving your car!"

Others learned about the communication requirements and various circuits required to ensure a ship's ability to perform as part of a battlegroup. During some of the communication drills, publication exercises allowed the students and crew to test ship's knowledge against other participating ships through question and answer sessions.

They also participated in multiple UNREPs, whether watching from the bridge or handling lines at rigging and fueling stations. They were able to don

helmets and float coats while out on the flight deck for DLQs, as well as helping wrap the ship with electrical cables during DEPERM at Norfolk.

But it was not all work on board USS Farragut. When the ship pulled in to Philadelphia, Penn., during Fourth of July celebrations, they took in the sights of Independence Hall, and the Liberty Bell, and joined 75 other crewmembers who walked in Philadelphia's Independence Day Parade.

In late July, USS Farragut MWR hosted its first Farragut Idol/Talent Competition, in which the midshipmen gathered with the rest of the crew to cheer for several extremely talented performers.

The midshipmen were not the only ones who gained through

the cruise experience. The crew of USS Farragut used the summer as an opportunity to share their knowledge with those who will likely serve with them one day.

"These are the officers of tomorrow. I think it's great that they can see what will be expected of them when they join the wardroom," says Chief Warrant Officer 3rd Class Joel Encarnacion, USS Farragut's Main Propulsion Assistant.

From engineering spaces to combat systems trainers, from RHIB rides to a day in the galley, the midshipmen and crew were afforded an opportunity to share a positive experience for the future leadership of the Navy.

Artist Creates Giant Purple Heart Rendition

By Samantha L. Quigley

American Forces Press Service

When Gen. George Washington created the Purple Heart Medal in 1782, he probably never envisioned it would be so huge. Literally.

Artist Roger Baker mowed a 1,000-foot long rendition of the medal, covering 850,000 square feet, into a field at Thomas Bull Memorial Park in Hamtonburgh, N.Y., near the town where the first awards were presented to Revolutionary War soldiers. Baker said his creation is a "gift of art" to the American public.

The art work was unveiled Aug. 5, two days before the medal's 75th anniversary. The park is in the same county as The National Purple Heart Hall of Honor, near where the medal was initially established.

"I've never dealt with the emotions involved with loss and tragedy associated with war," Baker said. "This forced me to think about it, and I couldn't stop thinking about it, and it brought up some feelings and I had to pursue those feelings."

Baker said the project happened after a chance meeting with a Military Order of the Purple Heart official. A quick series of local meetings with officials of The National Purple Heart Hall of Honor and the Orange County Commission of Parks, Recreation and Conservation, and it was a done deal.

The gently sloping field - a mixture of grass and purple clover, which lends the design its signature color - will last for another six to 10 days without any touch-ups, Baker said. His hope is he will be allowed to maintain the artwork until Veterans Day.

"Because of the nature of what it is and what it stands for, (we'd like) to allow as many people as possible - the American public, veterans - to be able to come out and experience it," he said. "If

we get the green light to keep this maintained up until Veterans Day, that means by that time ... the first-frost picture of it will be unbelievable.

"Then we wait for the first light snow," he added. "The snow lands on the low-cut areas. It disappears on the high-cut areas ... (making) it look like it was etched into alabaster."

Baker's field art portrait, which ranges from 500,000 to 1 million-square feet, has been featured on CNN and NBC's "Today Show," and in the New York Times. He has mowed likenesses of the Statue of Liberty, Elvis Presley, Albert Einstein and Jimi Hendrix into fields.

Washington established the "Badge of Military Merit," as the Purple Heart Medal was originally known, in a nearby New York town on Aug. 7, 1782. It was awarded to three soldiers during the Revolutionary War before falling into disuse.

Its use wasn't again proposed until World War I, when then-Army Chief of Staff Gen. Charles Pelot Summerall requested Congress revive the medal. That movement died in 1928, but three years later, his successor, Gen. Douglas MacArthur, quietly requested the medal's design be retooled.

On the observance of George Washington's 200th birthday, under general orders of the War Department, the medal was revived with a new design and a new name. However, it still was thought of as an Army decoration; it wasn't until 1942 that President Franklin D. Roosevelt extended the medal to those serving in other services who were wounded in the Dec. 7, 1941, attack on Pearl Harbor.

In 1952, President Harry S. Truman carried that action a step further, retroactively granting the medal to any qualified servicemember back to April 5, 1917.



-Photo by Anthony M. Puopolo

Field artist Roger Baker mowed this representation of a modern Purple Heart Medal into a field in Orange County, N.Y.

USS De Wert Enjoys Hospitality Of Columbia



-Photos courtesy of USS De Wert

Lt.j.g. Jeremiah Hinz, Lt. Brian Wright, Lt. Robyn Knowles, Ensign Cal Todd of USS De Wert enjoy the view during an MWR tour of Cartagena.

By Ensign Ashley Wyckoff
USS De Wert PAO

USS De Wert (FFG 45) had a chance to enjoy the sights and people of Columbia recently.

The ship anchored off the coast of Cartagena, Columbia, and the officers and crew immediately began enjoying the first South American port visit of their CNT deployment on July 31. Two small liberty boats working nearly around the clock transported Sailors to the pier where eager drivers waited to carry De Wert personnel into the heart of their beautiful city.

Sailors spent the three-day port visit touring the historical "old city," the modernized "new city," and partaking in discounted MWR tours.

In the "old city," De Wert officers and crew strolled through the streets lined with handsome, colorful architecture and purchased fresh fruit from street vendors.

Known for its emeralds, many Sailors shopped for jewelry for

loved ones back home, as well as relaxed in Cartagena's open-air courtyards where traveling musicians and vendors were eager to entertain and make a deal.

The "new city" offered Sailors more modern shopping facilities and amazing restaurants, where one could order anything from juicy steak to authentic Greek cuisine.

MWR offered two highly-acclaimed tours for De Wert personnel. A scuba diving tour included a short boat ride to a nearby island where participants thoroughly enjoyed two dives, followed by a free lunch and time to relax in the shade in hammocks after spending nearly all day in the water.

Pilot Lt. Cmdr. Kristen Bowden said, "The scuba diving tour was absolutely amazing; hopefully there are diving tours available at every port visit!"

An all-inclusive beach tour included a two-hour boat ride to a secluded beach. On the

voyage to and from the beach, passengers could either relax in the air-conditioned lower level of the boat, or receive a free dance lesson from native Colombian dancers in the open-air top deck.

Upon arrival at the beach, passengers were offered an unlimited amount of delicious food and beverages for their entire stay, as well as free use of kayak and snorkeling gear. Whether they spent the day lounging in beach chairs and playing beach volleyball or swimming under the ocean with beautiful sea creatures, De Wert Sailors unanimously agreed that the MWR scuba and beach tours were money well spent.

In addition to relaxing and having fun, De Wert practiced Theater Security Cooperation (TSC) in Columbia. The wardroom hosted a lunch for the commanding officer of the naval base in Cartagena and the commanding officer of Colombian ship A.R.C. Almirante Padilla,

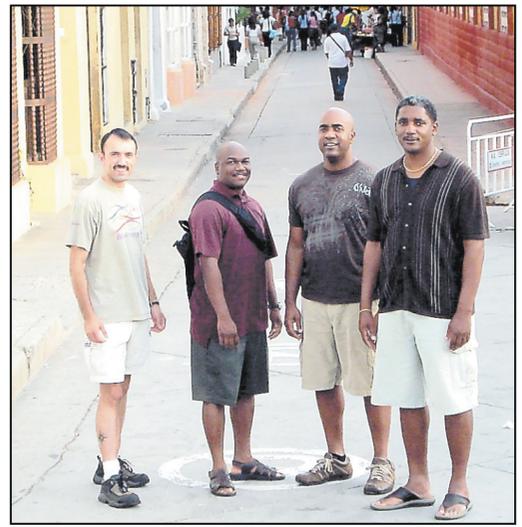
and offered tours of the ship.

De Wert officers and crew also took the time to educate Colombian Sailors on certain practices of the United States Navy.

They received briefs on Replenishments at Sea (RAS) and Damage Control practices, and were even taught how to operate certain pieces of fire-fighting and dewatering equipment.

Columbian Sailors also thoroughly enjoyed a tour of the SH-60B helicopter given by personnel from De Wert's air detachment and the opportunity to operate Night Vision Goggles (NVGs).

Although only a few weeks into their deployment, De Wert Sailors were rejuvenated by beautiful Cartagena and look forward to exploring many more South American countries as De Wert continues to carry out its counter-narco terrorism operations.



From left, Ensign Shawn Green, CSC Deven Conner, GSMC Lawanna Johnson, and AEC Reginald Lambert stand in the old city of Cartagena.



A musician plays to Ensign Ashley Wyckoff at one of the restaurants of the city.

NMSC Changing How Navy Medicine Does Business

By MC1(SW)
Jeff McDowell

Navy Medicine Support Command
Public Affairs

The Defense Medical Human Resource System internet (DMHRSi), which is managed at the Navy Medicine Support Center (NMSC) headquarters, is now fully deployed in more than 25 commands throughout Navy Medicine.

DMHRSi is an internet-based application that integrates education and training, readiness, labor cost assignment, personnel and manpower data. DMHRSi also provides and assists Navy

Medicine commands worldwide in all areas of personnel asset visibility of active-duty, reserve, civilian, contractor and volunteer components.

The system has changed how the personnel management business of military healthcare is conducted from the command level all the way down to the junior hospital corpsman, said NMSC's Mike Stewart, the DMHRSi Deployment/Sustainment director.

Since coming online, DMHRSi has provided many important benefits, includ-

ing standardization of medical department human resource information across all branches of the Armed Services, and has increased personnel visibility throughout all military medical treatment facilities including civilian and military workers, said Stewart, a retired Navy Medicine FORCE master chief petty officer.

DMHRSi provides accurate answers to many questions at a glance, a huge improvement over the accountability in the current human resource management system.

"Who is deployable and already deployed? How much does this provider cost the system? Who has what training? This is the sort of information DMHRSi provides commanding officers and other leaders," Stewart said. "Standardizing this information is a huge benefit of DMHRSi."

DMHRSi continues to assist military leaders throughout the Navy Medical Department to track and monitor all vacant billets, deployable personnel, what training staff has received, manning issues at all levels and

labor costs. In order to accomplish this, personnel generate electronic timecards that measure their hours in the facility and where those hours were allocated.

Another DMHRSi benefit involves training and education. More workers are now able to request and reserve their own local training requirements. By having this ability, paper requests continue to be eliminated and more commands are able to view training records and schedule their own training. Stewart said this greatly reduces

processing in and processing out times.

Stewart added that since DMHRSi is an internet-based application, all training is stored in a database that is easily accessible, thus eliminating the need for paper records to be maintained. Still, personal information is protected.

"Access to sensitive information is granted only to those personnel at a command that has a need to know, such as personnel who work in the Human Resources Department," Stewart said.

Multi-Agency Cooperation Fuels Bridge Recovery

By MC2(SW/AW)
Elizabeth Merriam

Fleet Public Affairs Center Atlantic

As crews move forward in recovery efforts of the Interstate 35 bridge collapse, multiple agencies are working together to make the job move smoothly.

"The overall coordination and support we've received from local, state and federal authorities have been absolutely tremendous," Hennepin County Sheriff, Richard W. Stanek said. "The efforts that folks have been putting forth have been non-stop."

While agencies like the Defense Department and FBI had to be called in from out of state, local agencies have been working on site from the beginning. Each arriving agency has been integrated swiftly into the recovery process.

"When you bring in a military organization, you get quick concise answers to questions," Stanek said. "Whatever issue has come up, whatever the operation for the day or the evening has been, we've been able to communicate directly and strategize on how to get over any obstacles. You couldn't ask for a better cooperation than that."

While the teams are working together, they each bring different skill sets to the job that helps them complete their individual tasks in support of the overall mission.

"There came a point where the divers for the Hennepin County Sheriff's Office in scuba diving maxed out their capabilities, so we had to ask



-Photos by MCSN Joshua Adam Nuzzo

Navy divers from Mobile Diving and Salvage Unit (MDSU) 2 from Naval Amphibious Base Little Creek, Va., prepare to enter the water at the site of the Interstate 35 bridge collapse over the Mississippi River. MDSU-2 is assisting other federal, state, and local authorities managing disaster and recovery efforts at the site.

for additional assistance. (The Defense Department) brought in the best of the best, which I believe are the Navy dive and salvage (teams)," Stanek said. "They have not disappointed us a bit, and in fact went beyond our expectations as far as what they could do both operationally in terms of debris removal, and the equipment they brought on site and the speed in which they

deployed."

While the bridge collapse is a first in terms of collaboration on this scale for many members of the different agencies, they have bonded together in support of the mission.

"I think that the command staff that was brought in from DoD, the divers themselves, and the command staff I have on site from the sheriff's office bonded

from day one," Stanek said.

"I think that's really what has made this work happen. Our job of working with the victims, our job of working with the policy makers and the citizens of this great state is to give them some comfort and confidence that we're taking to the task at hand, which is reuniting the families with their loved ones."



SECNAV Donald C. Winter, center, meets with Department of Defense, federal, state, and local officials at the scene of the I-35 bridge collapse over the Mississippi River.



Navy divers MDSU 2 are working in tandem with the U.S. Army Corps of Engineers to survey and assess the wreckage of the Interstate 35 Bridge wreckage.

Calendar

On Base

Thursday, Aug. 16
USS Taylor family support group will meet at the USO on Mayport Road.

Meetings begin at 6 p.m. and free daycare is provided.

Friday, Aug. 17
The USS McInerney family social group will hold an "End of Summer" Pool Party for the ship's crew and families from 6:30 - 8:30 p.m. at the base pool. This is a free event. Email any questions to: mcinerneyfsg@bellsouth.net

Saturday, Aug. 18
The USS Robert G. Bradley family readiness group will hold a bake sale from 11 a.m.-2 p.m. at the Mayport Commissary. Baked goods can be dropped of the night before at the USO from 7 p.m.-8 p.m. Come out and show your support. For more information, email rbgfig-49pres@yahoo.com.

The John L. Hall Family Readiness Group will hold an "End Of Summer Picnic" at Kavanaugh Park, near McDonald's on base. This event will run from 1-4 p.m. Come out and enjoy food, fun and family! Contact Tina for more information or to volunteer at 372-9308.

Sunday, Aug. 19
The USS De Wert family readiness group will host "Family Beach Day" from 2-4 p.m. We will meet directly behind Castaways/Beachside Community Center on the beach. Signs will be posted directing everyone to the right spot. Bring your shovels and pails and have some fun with us.

Thursday, Aug. 23
The Naval Officers' Spouses' Association of Mayport will hold a "Beachside Open House" to welcome all spouses new to the Mayport area and to welcome back returning members. The open house will be at the home of Debbie Bowman, 2186 Oakhill Street in senior officer housing, from 7-9 p.m. NOSA welcomes all spouses of officers, active duty and retired, from all branches; Navy, Coast Guard, Marine Corps, Army and Air Force and spouses of Foreign Exchange Services. For more information, please check the NOSA website: www.org-sites.com/fl/nosamayport or call Evelyn Flint at 641-2823.

USS Taylor family support group will be having a fundraiser at the Dick's Wings at San Pablo and Beach Boulevard. Mention you're with the FSG and a portion of the sales from 5-8 p.m. will be donated.

Thursday, Aug. 30
The USS Philippine Sea family readiness group will hold its monthly potluck meeting at 6:30 p.m. at the USO on Mayport Road. Free babysitting will be provided.

Wednesday, Sept. 5
The USS DeWert family readiness group will hold its monthly meeting at 7 p.m. at the USO on Mayport Road. Childcare will be available.

Friday, Aug. 17
Fleet Reserve Association Branch 290 is hosting a "Steak or Fish" dinner from 5-8 p.m., at the Branch Home at 390 Mayport Road. A donation of \$10 is requested for each dinner.

Out in Town

Carry out orders are accepted. The public is always invited to dinner.

Saturday, Aug. 18
The Jacksonville Genealogical Society will hold their monthly meeting at 1:30 p.m. at the Webb-Wescott Branch Library, 6887 103rd St. The topic is "Family Researchers Need Disaster Preparedness; Are You Ready?" by Laura Minor from the Jacksonville Public Library. Minor will discuss plans used by the library to protect their important collections from disasters; additionally Grace Moran will tell of her devastating fire and the loss of treasured items and much of her genealogical research. With weather permitting, they will have a television meteorologist discussing valuable suggestions on how to prepare for the hurricane season. For further information, contact Mary Chauncey at 781-9300.

Tuesday, Aug. 21
The Beaches Making Strides Against Breast Cancer Team Leader Kick-Off will be held in the clubhouse at the TPC Sawgrass in Ponte Vedra. The social hour and cash bar will begin at 6 p.m. with the program beginning at 7 p.m. For more information or to RSVP, please call 249-0022 ext. 114 or visit www.cancer.org/stridesonline.

Thursday, Aug. 23
Aimed at building mutual trust, collaboration and under-

standing between residents and the Jacksonville Sheriff's Office (JSO), a "Protecting Communities Workshop," will be held in North Jacksonville as part of Mayor John Peyton's Seeds of Change: Growing Great Neighborhoods initiative at Joint-Heirs Christian Center, 2100 Dunn Ave., fellowship hall at 6:30 p.m. Participants are encouraged to attend all meetings if possible. The workshop is free and open to the public. Registration is required. To register, call 630-CITY or e-mail Bill David bdavid@coj.net.

Friday, Aug. 24

Duval County Extension Service will host "Gear up for Fall Gardening" from 10 a.m.-1 p.m. at Mandarin Garden Club, 2892 Loretto Rd. Learn landscape tips for fall gardening, plant propagation, and bulbs. The cost is \$10.

Fleet Reserve Association Branch 290 is hosting a "Grilled Chicken Dinner" from 5-8 pm, at the Branch Home at 390 Mayport Road. A donation of \$8 is requested for each dinner.

Saturday, Aug. 25
Duval County Extension Service will host "Start Your Fall Vegetable Garden 101" from 10 a.m.-noon at the

Extension office, 1010 N. McDuff Ave. Learn how to grow your own vegetables and compost. Call 387-8850 for registration. Cost is \$5 at the door.

Sunday, Aug. 26
Jacksonville Beaches are invited to leave the dictionaries behind and simply enjoy hammentashen and many other Jewish recipes at Chabad @ the Beaches' Second Annual Yiddish Food Festival, "Kosherfest 2007" at the American Legion Hall, 1151 4th Street South, Jacksonville Beach. The event is open to the public and there is no cost for admission. There is a charge for

food.

Wednesday, Sept. 5
Atlantic Beach Women's Connection presents "An Artful Brunch" featuring Katrina Brocato of the Cummer Museum of Art and Gardens from 9:30-11 a.m. at the Selva Marina Country Club. Afterwards Deanna Hansen Doying of Port St. Joe, Fla., will share how she is "Finding the Balance Between Prudence and Whimsy." Cost is \$12. Complimentary childcare available with reservations/cancellations by Sept. 3 by calling Vivian at 246-2522 or 994-8850 or email atlanticbeachwc@yahoo.com. Sponsored by Stonecroft Ministries (www.Stonecroft.org). All ladies are welcome.

Tuesday, Sept. 11
Fleet Reserve Association Branch 290 will hold a blood drive from 3-7 p.m. at the branch home, 390 Mayport Road. A free steak dinner and drink of choice is available to all donors. The even is open to the public. Steaks will also be on sale to those unable to donate for \$10. For more information, call 246-6855.



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Raimondo

cer. Raimondo was HSL-44's Officer of the Year for 2003, and was awarded the 2003 COMHSLWINGLANT Adm. Paulsen Award for Inspirational Leadership.

In May 2004, he returned to the Pentagon and served on the CNO's staff as Flag Aide to the Vice Chief of Naval Operations under Adm. John Nathman and Adm. Robert Willard. Raimondo served as the Helicopter Strike Maritime Weapons School, Atlantic executive officer from June 2006 through August 2007.

Raimondo's interests include triathlon, baseball, coaching,

community involvement and reunion tours as singer for the Low Slow Flyers.

Race is a native of Winter Haven, Florida. He enlisted in the Navy's Nuclear Program in 1985, and completed Basic Training and Machinist's Mate School in Great Lakes, Ill.

Race received a Secretary of the Navy appointment to the U.S. Naval Academy in 1986, and was commissioned in 1990 with a Bachelor's Degree in General Engineering.

Race reported to NAS Cecil Field as Assistant Operations Officer to Commander Strike Fighter Wing, Atlantic, from

October 1990 through completion of Operation Desert Storm. Race entered flight school training in October 1991, and was designated a Naval Aviator in January 1993.

After completing SH-60B Seahawk Helicopter training in October 1993, Race immediately deployed in support of Haitian Operations with the HSL-44 "Swamp Foxes." He made additional deployments aboard USS Stephen W. Groves (FFG 29) and USS DeWert (FFG 45), and completed his first sea-tour as the Squadron Quality Assurance and Maintenance Safety

Officer. Race then reported to Naval Postgraduate School in Monterey, Calif., where he earned his Master's Degree in Electrical Engineering and Aviation Safety Officer designation.

Race joined the HSL-48 "Vipers" in July and served as their first Squadron Weapons and Tactics Instructor for two years. Race was assigned as Officer-in-Charge of Detachment 10 "Dragon Riders," embarked on USS Hue City (CG 66). His detachment deployed September 11th, 2001 in direct support of Operation Noble Eagle, and to

the Northern Arabian Gulf in February 2002 for Operation Enduring Freedom. Race completed his department head tour as HSL-48 Squadron Maintenance Officer.

Race was assigned to OPNAV (N80) in the Pentagon from July 2003 to July 2005, where he served as the Vertical Aviation Program Budget Analyst. He was responsible for ensuring that Department of Navy budget submissions were balanced and adequately resourced all Navy/Marine Corps helicopter, V-22 Osprey, and vertical unmanned aerial vehicle programs.

Race reported as executive

officer, Helicopter Maritime Strike Weapons School, Atlantic, in December 2005. He assumed responsibilities as the Commander, Helicopter Maritime Strike Weapons School Atlantic in June 2006.

During his 14-month tour as commanding officer, Race brought the HMS Weapons School up to full speed. He made immediate and lasting readiness improvement to combat aircrews preparing for deployment, and postured the Weapons School to continue this training trajectory for seamless integration of the MH-60R and HSM squadron deployments.

Helicopter Maritime Strike Weapons School Atlantic is responsible for ensuring that today's LAMPS Detachments deploy with the most comprehensive and up to date training available. Additionally, the Weapons School is charged with ensuring the future combat success of Helicopter Maritime Strike aircraft.

Race's next assignment is with OPNAV (N6) in Washington, D.C.

From Page 1

Comalapa Vital To Partnership Of Americas

By MC2 (SW) Holly Boynton

U.S. Naval Forces Southern Command Public Affairs

Air mission support to Partnership of the Americas (POA) has assumed increased importance with Officer in Charge at Forward Operating Location (FOL) Comalapa, El Salvador, being upgraded to commanding officer in May.

This upgrade provides the commanding officer more authority to coordinate with host nation agencies in support of air detachments assigned to Comalapa, which play a significant role in Theater Security Cooperation missions linked to POA. The FOL is also pivotal to counter illegal narcotics trafficking operations in the U.S. Southern Command (SOUTHCOM) area of responsibility. Specifically, flying in support of Joint Inter-Agency Task Force South, located in Key West, Fla.

"This change in status of the commander provides a distinct advantage when performing the FOL mission," said Commander, U.S. Naval Forces Southern Command Rear Adm. James W. Stevenson Jr. "This commanding officer represents the U.S. Navy to the government of El Salvador and its military. It is important that the right level of command is in place to fulfill our mission."

Commanding Officer FOL Comalapa supports POA by serving as the country liaison for the Salvadoran Air Force and Civilian Airport Authorities. He is also a member the U.S. Ambassador's Country Team.

"The upgrade to a command position will facilitate in-country coordination of the FOL mission," said Cmdr. James Roick, Comalapa's first Commanding Officer.

The FOL's primary mission is supporting aerial counter-narcotics and promoting Theater Security Cooperation in the El Salvador area. This mission encompasses military-to-military contact with host nation's military forces, information sharing and events that enhance interoperability. These units perform counter drug missions for the Joint Inter-Agency Task Force South (JIATF-S).

The U.S. relationship with El Salvador goes beyond partnerships within Latin America. Cmdr. Groves, current FOL commanding officer, explains, "Along with the counter drug mission that we support, the relationship with the Salvadorans is of utmost importance. We not only co-exist with them in a potentially hostile environment, we can't forget they are the only country in the Americas that have troops in Iraq with us."

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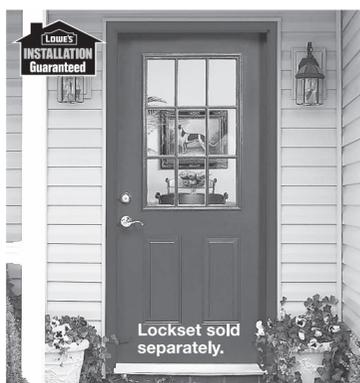
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USO News

Legendary comic Bruce Baum will be performing at NS Mayport, NAS Jacksonville and SUBASE Kings Bay in the first "Tri-Base USO Comedy Tour." Bruce has an extensive resume including "The Simpsons" (as himself), "Whose Line is it Anyway," "America's Funniest People" and is a regular on the "Lex & Terry Morning Show."

The shows are free of charge and the schedule is below:

NSB Kings Bay, Aug. 16, 4 p.m., Finnegan's Irish Pub
NAS Jax, Aug. 17, 6:30 p.m., The Zone

For more information on Bruce Baum, the Tri-Base Comedy Tour or the USO, please visit www.usojax.org.

The Jacksonville Axemen are partnering with two local charities, including the Greater Jacksonville USO and will allow those charities to keep 50 percent of all the ticket

sale revenue that they generate. Visit www.jaxaxe.com for full schedule details. Season Tickets are \$20 and will get you entry into all five home games and the 2007 AMNRL Grand Final (National Championship Game) that will be played at the Hodges Stadium at UNF on Saturday Aug. 25. Single Game Tickets will always be available at the gate on game day for \$5.

Mark your calendars! Sept. 1 is the date of the Stars and Stripes Poker Run benefiting the USO. The Fleet Reserve Association (FRA) branch 91 has coordinated this event as a part of their Septemberfest activities Sept. 1-2. Registration for the Poker Run will begin at 8:30 am the day of the ride at the FRA at 5391 Collins Road.

Registration is \$25/bike, which includes a t-shirt and food coupon, and \$10/rider, which includes a food coupon.

All proceeds from the ride will be donated to the Greater Jacksonville Area USO. Last bike out is at 10am and last bike in is at 5pm. After the ride, please stay and enjoy food, live bands, a beer tasting and so much more!

If you have any questions regarding the ride or early registration, please call the FRA at 904-264-2833.

The Country of Club of Orange Park, with the Greater Jacksonville Area USO, will present the inaugural USO Cadillac Invitational on Oct. 15. This golf tournament, presented by Nimnicht Cadillac, is a regional qualifier for the Cadillac Invitational National tournament to be held in mid-January at TPC Sawgrass. The funds raised from this event will benefit the 117,000 military men and women and their families in the Northeast Florida,

Southeast Georgia area through programs and services offered by the USO.

All funds raised in the inaugural tournament will benefit the local Northeast Florida and Southeast Georgia USO.

There are many opportunities to play, sponsor, volunteer or participate in this spectacular event. Let's show our troops and their families our support for their dedication to protect our families and homeland.

For more information on participating please contact Charles Raulerson at 458-1001 or Rhonda Ferguson at 234-3434. Look for more information at the Country Club of Orange Park website, www.ccofop.com, at your local Nimnicht Cadillac dealership or at the USO website, www.uso.org/jax.

Tickets to Adventure Landing, on Beach Boulevard, are now available at the USO! Tickets

to the Waterpark are \$19 and tickets to the Waterpark PLUS five "dry" attractions are \$31.

Volunteers are needed at the USO Welcome Center - Jacksonville International Airport to welcome service members and their families, coordinate transportation to local bases, and other assistance as required. Volunteers receive free parking during their shift. Contact Lynne, Volunteer Coordinator at 904-305-4467 or lynne@usojax.com for more details.

USO sells discounted tickets to AMC Movie Theatres, Disney World, Sea World, Busch Gardens, Wet N' Wild, Universal Studios, Islands of Adventure, and Adventure Landing.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy

and free notary service is also available.

Watch TV or a movie from the video library. Service members can also enjoy video games or use the sports equipment.

There is a full kitchen, show-ers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, recep-tions, parties and pre-deploy-ment briefs. A TV, VCR and overhead projector are available for use.

For more information about activities or meeting avail-abilities, call 246-3481 or stop by the center at 2560 Mayport Road. USO is open from 9 a.m.-9 p.m., Monday-Friday and 9 a.m.-6 p.m., Saturday.

Register For Fall FCCJ Classes

From FCCJ

Registration is underway for FCCJ's Fall Semester. The following classes will be held at NS Mayport for the fall:

- CGS1060 Introduction to Computer Concepts
- ENC1101 English Composition I
- ESC1000 Earth and Space Science
- ESC1000L Earth and Space Science Lab
- HUM2230 Humanities: Mainstreams of Culture 15th-20th Century
- ECO2013 Economics I
- MAC1105 College Algebra
- MAT0024 Elementary Algebra
- POS2041 American Federal Government
- PSY1012 General Psychology
- AMH2020 U.S. History 1865 to Present

- BSC1005 Life in its Biological Science
- CGS1100 Microcomputer Applications for Business
- DEP2004 Human Growth & Development
- ECO2023 Economics II
- ENC1101 English Composition I
- ENC1102 English Composition II
- HUM2210 Humanities: Foundations
- MAT1033 Intermediate Algebra
- REL2000 Introduction to Religion
- SPC2600 Fundamentals of Public Speaking
- STA2023 Elementary Statistics

If you have any questions, contact Jeff or Shellye at 249-7311 or email Jeff at jschneid@fccj.edu or Shellye at mretegui@fccj.edu.

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From Southern Illinois University

According to the U.S. Department of Education, only about 24 percent of the U.S. population actually has a Bachelor's Degree. Southern Illinois University (SIU) offers a Bachelor's Degree in Workforce Education and Development. It is an accelerated, flexible program specifically designed for working adults.

SIU has been offering this program in Jacksonville since 1975. Many students finish the program in 12-18 months. Even those without prior college coursework, students can finish the degree in about 24 months - half the time it normally takes to complete a bachelor's degree in a traditional format.

The program is flexible enough for deployed Sailors to attend classes as well as shore duty Sailors. Six credit hours of coursework each semester can be done around a ship or squadron's schedule, since there's no classroom attendance required. The classroom courses are taught one at a time. Each classroom course lasts only eight weeks.

Even deployed Sailors can make it to class since the classes repeat every four months. Classroom courses are offered every other weekend, both at Naval Station Mayport and Naval Air Station Jacksonville.

Transfer credit is accepted from other accredited colleges and universities, as well as, CLEP and DANTES test results are applied to the general education requirements. SIU also awards up to 44 semester hours of college credit for work and formal training experience.

The program is open to active and retired military along with their adult family members, civil service employees and their adult family members, and civilians. The program is also available to all prior service military personnel.

Seating is limited to 30 students each semester, at each location. Priority seating is given to active duty military. SIU offers continuing enrollment for each semester. Semesters start each January, May, and August. The next semester starts on Aug. 18,

2007.

SIU accepts military tuition assistance (TA), VA educational benefits, as well as other financial aid programs. SIU is licensed by the State of Florida

and accredited by the North Central Association of Colleges and Schools.

For further information call Sally Haynes at 246-4549.

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CDS 40, Partnership Of The Americas Arrives In Amapala

By MC2(SW)
Alexia M. Riveracorrea
COMDESRON 40
USS Pearl Harbor (LSD 52) arrived Aug. 4, in Amapala, Honduras to participate in theater security cooperation operations ashore in support of Partnership of the Americas (POA) 2007.

While in port, Sailors will take part in subject matter expert exchanges in Cardio Pulmonary Resuscitation (CPR), outboard motor repair, small boat operations, and patrol boat maintenance with the Honduran Navy. "With these types of events we will have the opportunity to operate together as a team, interact with each other and put in practice our skills," said Boatswain's Mate 1st Class Everett Albright.

Other activities scheduled to take place during this port visit are a soccer tournament, a BBQ, a hash run with a local running club, luncheons on board Pearl Harbor with civilian and military dignitaries and guided ship tours.

"I am excited about this port visit," said Culinary Specialist 3rd Class Edith Murillo. "I look forward to interacting with the Honduran Navy, and learning more about their country."

Sailors will be delivering Project Handclasp material to the Coyolito and San Lorenzo communities, including medical kits, toys, hygiene products, sewing machines, and food items.

"It is nice to know that we can help people in this country with some of the necessities," said Yeoman 2nd Class Sze Tsang. "Just to see their faces once they receive the supplies



—Photo MC2 Alexia M. Riveracorrea
Lt. j.g. Matthew Dalton, attached to Destroyer Squadron (DESRON) 40, Fireman Jered Surber and a kid put together a bike during a community relations project held at the Profesor Domingo Flores Mejilla School in Tigulotada, Honduras, in support of Partnership of the Americas (POA) 2007. POA's focus is on enhancing relationships with partner nations through a variety of exercises and events at sea and on shore throughout Latin America and the Caribbean

brings a sense of fulfillment."

Ships of Task Group 40.0 are doing a series of theater security cooperation events in Central America and the Caribbean. During these activities, Sailors work directly with partner nation Navies within a wide variety of exercises and events to improve understanding and interoperability between forces.

At the end of August, Task Group units will participate in PANAMAX 2007, a multinational exercise designed around defense of the Panama Canal.

Partnership of the Americas Task Group 40.0 consists of

dock landing ship USS Pearl Harbor (LSD 52), guided missile frigate USS Samuel B. Roberts (FFG 58), and Guided missile destroyer USS Mitscher (DDG 57) and the staff of Destroyer Squadron 40, under the command of Capt. Randy Snyder.

POA 2007 is a U.S. Naval Forces Southern Command deployment focusing on enhancing relations with partner nations through a variety of exercises and events at sea and on shore throughout Latin America and the Caribbean.

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-Photo courtesy of HSL-42

HSL-42 Detachment 10 are on a six-month deployment attached to USS Carr and the Kearsarge Expeditionary Strike Group.

HSL-42 'Los Diez' Goes Where Fires Are Burning

By Lt. Andrea Alvord
HSL-42 Detachment 10
The members of Detachment Ten's "Los Diez" of HSL-42 departed NS Mayport July 30 to join the Norfolk-based USS Carr (FFG 52) for a six-month deployment.

USS Carr (FFG 52) is deploying in company with Kearsarge Expeditionary Strike Group (KSG ESG) to the CENTCOM AOR.

Detachment 10 completed several work-ups with Carr and other ships in the Kearsarge ESG for the past few months in preparation for this deployment.

The detachment deploys with two SH-60B helicopters, flying primary missions of Anti-Surface and Anti-Submarine warfare and also supporting theatre commanders with maritime interdiction operations, passenger transfers, search and rescue operations, and various other logistic missions.

Lt. Cmdr. William Taff, Detachment Ten's Officer-in-Charge, said he takes pride in the work and sacrifices already given by his detachment and the mettle that will be needed in the coming six months.

"We will be supporting the 5th Fleet and the War on Terrorism and I know this group of folks will do an outstanding job out there," he said.

Members of the detachment said they remain focused on starting the cruise with solid procedures and positive attitudes.

The past few weeks of preparations have heightened feelings of excitement, especially for the many members of "Los Diez" who are beginning their first deployment. Aviation Electronics Technician 2nd Class Kristian Thoreson said, "It will be great to get out there and finally do what we've been training to do for such a long

time."

After spending a total of eight weeks at sea with "Los Diez" during various work-ups, USS Carr Commanding Officer, Cmdr. George Lang, said he is, "looking forward to a safe, successful and rewarding cruise to the Arabian Gulf with Carr and Detachment 10."

He said, "Work-ups can often be challenging as the ship and squadron begin to work together as a team, however, Detachment Ten came prepared to meet that challenge and Carr's flight deck crew was ready and willing to support. We've enjoyed two months of pre-deployment flight operations and the entire team has performed wonderfully. If the relationship we share now with Detachment 10 is indicative of how well things will go on cruise, I think I can speak for the entire crew and say it will be one heck of a deployment."

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for E1 and up**



At The Helm



-Photo by MC3 N.C. Kaylor
Seaman Jeremy Cantrel stands the helm watch on the navigation bridge of the guided-missile cruiser USS Gettysburg (CG 64). Gettysburg is underway with Carrier Strike Group (CCSG) 12 on a six-month deployment in support of the global war on terrorism.

Info Dominance Center Publishes Country Studies

By Darlene Goodwin
Center for Information Dominance
Public Affairs

The Center for Information Dominance (CID) Corry Station has developed a resource to provide cultural information to the fleet and Navy family members preparing for duty abroad, the command announced Aug. 10.

According to CID Commanding Officer Capt. Kevin R. Hooley, the command's Language, Regional Expertise and Culture Directorate is publishing a series of country studies to help facilitate successful interactions with diverse cultures.

"In today's Navy, Sailors participate in a full spectrum of operations across the globe - including combat, peacekeep-

ing, stability and humanitarian assignments," Hooley said. "These studies will better prepare them and their families to operate and interact in the neighborhoods throughout our global community."

The profiled countries are being selected on the basis of geopolitical situations and fleet deployment schedules. Currently, 40 studies are available on Navy Knowledge Online (NKO), with more in development.

Each study outlines the inter-relationships of the country's inhabitants, governmental systems, and institutions, from a historical and cultural perspective. Information sources include the U.S. State Department, Central Intelligence Agency,

U.S. and foreign nation embassies, academia and international news organizations.

The studies have already been used in support of operational missions, including Destroyer Squadron (DESRON) 31/ USS Peleliu (LHA 5) Pacific Partnership and DESRON 24/USNS Comfort (T-AH 20) Partnership of the Americas 2007 deployment.

The country studies can be accessed by logging on to NKO at www.nko.navy.mil and clicking on the following headings, in order: "Organizations & Communities," "Learning Centers," "Information Dominance," and "Center for Language, Regional Expertise and Culture."

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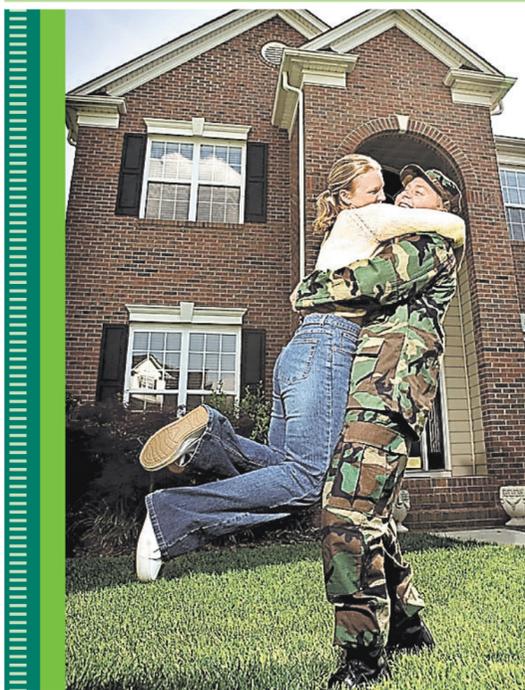
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Health Beat

DoD, VA Pass Information-Sharing Milestone

From TRICARE
The Department of Defense (DoD) and the Department of Veterans Affairs (VA), two recognized leaders in the national effort to share electronic health information, have reached another milestone. DoD announced today, that the departments have successfully tested and deployed an interface that was developed to extend the reach and capabilities of the Bidirectional Health Information Exchange (BHIE) which is the mechanism that allows the two departments to

share electronic health information on patients treated by both departments. Following the completion of the system acceptance test at Madigan Army Medical Center, the military services received the first release of the interface and use began on July 30, 2007. It allows providers at all military treatment facilities to access BHIE directly from AHLTA (the military's electronic health record), eliminating the requirement for login to a separate system to view data from the VA. This new interface also allows

VA providers to access information from all DoD healthcare facilities. Currently, medication and allergy profiles, laboratory results including surgical pathology reports, and radiology reports are shared and viewed. The types of data that will be shared through BHIE and this interface will be expanded in future releases to include patient problem lists, encounter notes, procedures, vital signs, family history, images, questionnaires and other documents. Extending the reach of BHIE represents a major step toward

making healthcare data on shared beneficiaries immediately and easily accessible to both DoD and VA healthcare providers. Dr. S. Ward Casscells, assistant secretary of defense for health affairs called this accomplishment, "a superb example of the commitment our Departments have made to work hand in hand to provide quality and continuity of care for our beneficiaries." DoD and VA have made tremendous progress in their ability to share electronic health information. This initiative

does not replace the longer-term continuing development of the CHDR interface which allows the exchange of computable data between the DoD's Clinical Data Repository (CDR) and the VA's Health Data repository (HDR). Rather, it provides the means to accelerate and enlarge the scope and scale of data sharing capabilities between agencies in the near term. As the standards for information sharing continue to develop and mature, the ability to exchange computable clinical information will attain corresponding levels

of sophistication. Expanded use of BHIE coupled with the progress made in real-time bidirectional exchanges of computable clinical information between DoD's CDR and the VA's HDR brings the DoD and VA closer to the ultimate goal of complete electronic interoperability. The success of their collaboration has placed them firmly at the forefront of the national effort to share electronic health information.

Insurance? TRICARE Reminds Students To Stay Covered

From TRICARE
As college students enter young adulthood, probably the last thing on their minds is health care. They're young, feel great—no worries, right? But to keep feeling great, preventive measures are crucial to stay healthy and that includes making sure health care coverage is there when they need it. TRICARE wants eligible families to know the options available to stay "covered." TRICARE coverage for military children normally ends at age 21. But full-time students enrolled at an accredited institution of higher education with a sponsor providing more than 50 percent of financial support may be eligible for TRICARE coverage until age 23, or when their full-time student status ends, whichever comes first. Only family members of active duty or retired service members are eligible for this benefit. To prevent a lapse in TRICARE coverage, TRICARE officials remind students to call or visit the nearest uniformed services ID card-issuing facility and ask about documentation needed to extend benefits beyond their 21st birthday. It's important to make changes

before turning 21 to avoid automatic termination of TRICARE coverage. The nearest ID card-issuing facility can be located at www.dmdc.osd.mil/rsl/owa/home. If the Defense Enrollment and Eligibility Reporting System has correct contact information, beneficiaries will get a reminder letter approximately 90 days before they turn 21. Officials also emphasize that the children of TRICARE beneficiaries are generally no longer eligible for TRICARE benefits when they turn 23 years old regardless of student status. For example, if a beneficiary turned 23 on January 3, 2007, but didn't graduate until May 2007, he or she lost coverage at midnight on January 2. Individuals who lose eligibility for TRICARE coverage under the military health system may be eligible for temporary health care coverage in the premium-based Continued Health Care Benefit Program (CHCBP). Eligible individuals may purchase comprehensive health coverage for up to 36 months. While CHCBP is not part of TRICARE, it uses existing TRICARE providers and offers benefits comparable to TRICARE Standard. To get CHCBP, eligible individuals must enroll within 60 days after losing eligibility for TRICARE coverage. The premiums for this coverage are currently \$933 per quarter for individuals. Coverage is limited to 36 months. Humana Military Healthcare Services, Inc. administers CHCBP for the Defense Department. Call 1-800-444-5445 or visit their Web site, www.humana-military.com, for eligibility and enrollment information.

making healthcare data on shared beneficiaries immediately and easily accessible to both DoD and VA healthcare providers. Dr. S. Ward Casscells, assistant secretary of defense for health affairs called this accomplishment, "a superb example of the commitment our Departments have made to work hand in hand to provide quality and continuity of care for our beneficiaries." DoD and VA have made tremendous progress in their ability to share electronic health information. This initiative

HealthBeat: Bringing Timely TRICARE Benefit Information

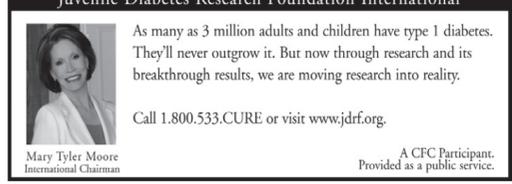
From TRICARE
TRICARE has unveiled HealthBeat, its new electronic beneficiary newsletter, in conjunction with the redesigned TRICARE Web site. Up-to-date benefit information combines sleek graphics to create an e-newsletter—making it easier for beneficiaries to find TRICARE news and information when they need it. This is TRICARE's first online beneficiary newsletter. HealthBeat links beneficiaries directly to TRICARE's most important benefit information. Among its many features, beneficiaries will find the latest TRICARE benefit updates;

links to pertinent news releases and articles about TRICARE and the military health system; and the Doctor Is In column. HealthBeat will reside on the My Benefits portal of the redesigned TRICARE Web site. Beneficiaries do not have to be a subscriber to get HealthBeat, however, they may sign up on the HealthBeat Web page. TRICARE will send a monthly e-mail to subscribers informing them that the latest e-newsletter has been upload-

ed to the My Benefits portal of the TRICARE Web site. The e-mail will include an overview of that issue's content with a link to the full e-newsletter on the Web site. Additionally, TRICARE will periodically send HealthBeat news flashes on benefit issues. To view or subscribe to HealthBeat, beneficiaries may visit www.tricare.mil/HealthBeat/. Beneficiaries may opt-out of receiving the e-newsletter at any time.



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The Weekly Crossword

By Alan P. Olschwang Huntington Beach, CA

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By Alan P. Olschwang 8/16/07

8 Manhandle
9 Fred Flintstone's time
10 Lace end
11 Cheryl or Alan
12 Choice word
13 Enclothed
18 Acerbic
19 Rod attachment
23 Tree branch
24 Watered silk fabric
25 Thingamajig
26 Played a part
27 Rental agreement
28 French pancake
29 "Kama ___"
30 Dark yellow
31 Item of bedding
33 "Sorry Wrong Number" prop
34 Missouri tributary
36 How you doin'?

45 Della Street's boss
46 Author Bellow
47 Albacore or bluefin
48 Miniature whirlpool
49 Evening in Milano

50 Ireland, to a poet
51 Leaf-cutters, e.g.
52 Inarticulate grunts
54 Pool stick
55 Veteran seafarer

Last Week's Answers

C	L	E	F	F	A	W	N	N	O	L	D	E
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R151280 08/09/07

'Live' Customer Support, MLD Integrated Into OTS

From Commander, Fleet and Industrial Supply Centers Public Affairs

Commander, Fleet and Industrial Supply Centers (COMFISCs) will offer two new powerful capabilities beginning Aug. 9 to the Pacific Fleet in the One Touch Support (OTS) system - Customer Relationship Management (CRM) integration, and automated requisition tracking and collaboration via My Logistics Dashboard (MLD).

CRM and MLD will be available to Atlantic Fleet customers Aug. 23.

OTS now provides access to "live" customer support from Global Distance Support Center (GDSC) and Logistics Support Center (LSC) customer service representatives 24 hours a day, 7 days a week.

"The capability allows users to submit support requests from

OTS directly to the GDSC and LSC via a new interface to the Navy's CRM system," said OTS program manager, Mike Zabaroukas of COMFISCs. "Unlike the traditional method of requesting support by phone, fax or e-mail, OTS support requests create permanent Web records that can be viewed and shared."

The original OTS requester as well as other support activities, such as a CLASSRON, port engineers, or Immediate Superiors In Command (ISIC), can check the latest status or follow up with new information or requirements online.

OTS has now taken the next step towards enhancing and personalizing the logistics workplace. As a Web-based system, OTS provides customers with online requisitioning, technical screening, asset visibility, ship-

ment status, and requisition status information.

"With the addition of MLD, logisticians can monitor the status of requisitions using a watch list containing their high visibility asset needs," said Zabaroukas. "MLD also enables complete collaboration between fleet users, ISICs, expeditors, and customer support representatives in providing proactive logistics information."

MLD consists of four tabbed Web pages, which enable users to automatically track selected requisitions in the form of an individual watch list; track high-priority requisitions submitted via OTS and all watched requisitions for entire Unit Identification Codes (UICs); create user collaborative notes attached to individual requisitions; create and track online support requests to the GDSC

for follow-up and other types of assistance; and track support requests to the GDSC by UIC.

Rear Adm. Ray Berube, COMFISCs, is excited about the collaboration possibilities that these new OTS capabilities enable.

"Improving collaboration and customer support to solve fleet user issues is critical to the COMFISCs mission," said Berube.

MLD magnifies the power of OTS, which provides access to more than 25 different systems for supply logistics transactions with a single, secure, PKI-enabled log-on.

"More than six million supply transactions and logistics queries occur in the OTS system each year," said Zabaroukas. "Almost half of the calls the GDSC receives deal with the three major supply logistics

functions of asset availability, requisition input, and requisition status that are provided by OTS. In fact, many of the support requests that the GDSC receives are satisfied by customer service representatives using OTS."

According to Zabaroukas, OTS provides NAVSUP's lowest-cost method of providing logistics customer service to the fleet.

"One goal of CRM integration and MLD is to increase awareness of the OTS system and enable as many customers to resolve issues on their own using OTS and, when they can't, to provide a quick and easy way to elevate the problem to where it can," said Zabaroukas.

COMFISCs' mission is to facilitate best business practices and efficiencies across the seven FISCs located in San

Diego, Norfolk, Jacksonville; Yokosuka, Japan; Pearl Harbor, Bremerton (Puget Sound), Wash. and Sigonella, Italy.

A component of the Naval Supply Systems Command, headquartered in Mechanicsburg, Pa., COMFISCs is part of a worldwide logistics network of more than 24,000 military and civilian personnel providing "One-Touch Supply."

COMFISCs comprises more than 7,000 military and civilian logistics professionals, operating as a single, cohesive team providing logistics services from more than 100 locations worldwide.

To register and use OTS, visit <https://www.onetouch.navy.mil>, or e-mail onetouch@navy.mil with your questions or comments.

Reaching Out

The following are just a sample of volunteer opportunities available through NS Mayport and Volunteer Jacksonville. For more information, call Dianne Parker at 542-5380 or you can immediately sign-up online for opportunities using www.volunteer.gatewayjacksonville.org.

Lea's Place

Lea's Place is a volunteer program, on-call 24 hours a day, seven days a week to help the Department of Children and Families take care of children who have been removed from abusive or neglectful situations or who have been abandoned. Volunteers assist Child Protective Investigators with feeding, bathing and playing with the children. They may also assist in the clothes closet, providing the children with clean clothing. 360-7091.

Dogtoberfest

First Coast No More Homeless Pets (FCNMHP) is asking for volunteers, sponsors, and vendors for Dogtoberfest, its annual fundraising dog walk and dog costume contest. The event is scheduled for Oct. 3 at Dog Wood Park. Nearly 1,000 animal companions participated last year and many more are expected in 2007. Proceeds from the event will further the mission of the 501 (c)(3) charitable organization to help families spay and neuter their pets with free and low-cost spay/neuter programs. Since 2003 FCNMHP has assisted with over 20,000 spay and neuter surgeries. For more information about participation in Dogtoberfest, contact Janet Wesley, 904-338-9039, janetwesley@fcnmp.org.

NS Mayport Retired Activities Office

Naval Station Mayport is currently searching for committed volunteers to serve the local retiree community in the Retired Activities Office (RAO) located in the Fleet and Family Support Center (FFSC). RAO volunteers maintain the vital link between the retiree, local military communities and other government and non-government agencies. Anyone interested should contact the FFSC for an application or to get more information about the duties and responsibilities of the RAO volunteers. Call the FFSC at (904) 270-6600 ext. 110.

I.M. Sulzbacher Center for the Homeless

Volunteering at the I.M. Sulzbacher Center for the Homeless serves more than 1,000 well-balanced, nutritious and delicious meals per day, every day of the year. These meals are prepared and served with the help of more than 100 civic, religious and business organizations from the Jacksonville community. Annually, these Volunteer Meal Groups provide over one hundred thousand dollars in support and more than 13,000 hours of volunteer time. Serving meals at the Center is a fun and feel-good way to give back to the community. For information about volunteering at the I.M. Sulzbacher Center for the Homeless call 904.394.1356. Also, see www.imshomelesscenter.org/volunteers.html

Dignity U Wear

Volunteers are needed to help process clothing in order to fulfill the needs of our clients. Volunteers are needed Monday thru Friday 8:30 a.m.-4 p.m. and 9 a.m.-2 p.m. on Saturday. They also can help raise awareness

of our mission, introducing us and our cause to their friends. Contact a Michelle Charron at (904) 636-9455 for information on volunteering.

Cultural Center At Ponte Vedra Beach

Cultural Center At Ponte Vedra Beach is looking for volunteers to help mentor children in an after school arts program at Mayport Elementary school. If you are interested in this opportunity, please contact Mary Marx, Executive Director of the Cultural Center of Ponte Vedra Beach at 904-280-0117.

Big Brothers Big Sisters Mentoring

Big Brothers Big Sisters will be providing an in-school mentoring program at Mayport Elementary School. If you are interested in this opportunity, please visit our website for more information: www.usojax.com

Navy-Marine Corps Relief Society

The Navy Marine Corps Relief Society is in need of Volunteers to give a couple of

hours of their time each week to help others in need. The mission of the Navy-Marine Corp Relief Society is to provide emergency financial help and educational assistance to members of the Naval Services - active, retired, and family members - when in need; to assist them achieve financial self-sufficiency and to find solutions to emergent requirements. Navy-Marine Corp Relief Society firmly believes in personal financial responsibility. Without their volunteers, the Society could not meet the needs of so many. If you are interested in volunteering and would like more information, contact Bill Kennedy at 270-5418, 9 a.m.-3:30 p.m., Monday-Friday.

NAS Jacksonville Holds Change of Command

From NAS Jacksonville

Naval Air Station (NAS) Jacksonville held a change of command ceremony Aug. 10. Capt. Ernest "Chip" W. Dobson, Jr. relinquished command to Capt. John "Jack" C. Scorby, Jr., during the time-honored military tradition, which transfers total responsibility, authority and accountability of the unit from one individual to another.

The guest speaker was Rear Adm. Hugo G. Blackwood, dep-

uty commander, Navy Region Southeast.

Scorby reports to NAS Jacksonville from the Naval Operations Air Warfare Department at the Pentagon, where he served as the Flag Executive Assistant to the Director.

Dobson assumed command of NAS Jacksonville in May 2004, following a tour as Director of the Navy Operations Center, Operations and Plans

Division (N31), Chief of Naval Operations, Washington, D.C.

During the change of command, City of Jacksonville Director of Military Affairs and Veteran Services Dan McCarthy, on behalf of Mayor John Peyton, presented the Key to the City to Dobson in tribute to his outstanding partnership with the city and service to its people.

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MWR Happenings

Aug. 16: Youth Adventure Landing Trip. Cost is \$19 and includes lunch and water park admission. Open to ages 10-17. 270-5680/5421

Aug. 17: Summer Outdoor Movie Night, "Spiderman 3" Rated PG-13. Since this movie is PG-13, all children must be accompanied by a parent. Free outdoor movie starts at approximately 8:45 p.m. at Sea Otter Pavilion. Bring lawn chairs, blankets and bug spray. 270-6015

Aug. 18: Club Teen. 8-11 p.m. at the Youth Activities Center for ages 13-17. Admission is \$2. 270-5680/5421

Aug. 20: First Day of School. Open Recreation hours at the Youth Activities Center changed to 3-6 p.m. weekdays. 270-5680/5421

Aug. 22: Military Appreciation Day (every Wednesday in August). 18 holes of golf with cart for only \$15.

Valid for Active Duty, Retired and DoD employees. 270-5380

Aug. 24-26: Deerfield Beach Dive Trip. Trip includes four dives, two nights of lodging, round-trip transportation, air fills and gear for only \$279. Sign up at Outdoor Adventures. 270-5541/5221

Aug. 24: Summer Outdoor Movie Night, "Astronaut Farmer" Rated PG. Free outdoor movie starts at approximately 8:45 p.m. at Sea Otter Pavilion. Bring lawn chairs, blankets and bug spray. 270-6015

Aug. 24 & 25: Live Band. The Ron Perry Band performs live at Castaway's Lounge Friday and Saturday 9 p.m. to 1 a.m. No cover. All Hands welcome. 270-7205

Aug. 25: Family Pool Party. 6:30-8:30 p.m. at the base Pool sponsored by MWR's Youth Activities Center. Cost is \$2. Parents must accompany children younger than 10 years old.

270-5680/5421

Aug. 27: National Bowler Week. Xtreme bowling, \$1 per game. Free lunchtime bowling for Active Duty. 270-5377

Aug. 28: National Bowler Week. 1 free game pass. Free lunchtime bowling for Active Duty. 270-5377

Aug. 29: National Bowler Week. \$1 per game and a drawing every hour. Free lunchtime bowling for Active Duty. 270-5377

Aug. 29: Military Appreciation Day (every Wednesday in August). 18 holes of golf with cart for only \$15. Valid for Active Duty, Retired and DoD employees. 270-5380

Aug. 30: National Bowler Week. Free shoe rentals. Free lunchtime bowling for Active Duty. 270-5377

Aug. 31: National Bowler Week. \$1 per game and win a free game if you bowl a strike with a red head pin. 270-5377

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Babe Ruth Champs



-Photo by MC3 N.C. Kaylor
NS Mayport Executive Officer, Captain Aaron Bowman, presents the NS Mayport 15-and-Under team with their trophies for winning the Babe Ruth Small Park State Championship. This is the fourth state title captured by NS Mayport youth baseball teams. If you want your children to become part of a winning tradition, the Youth Activities Center is currently taking registration for baseball ages 7-18 through the end of August. Call the YAC at 270-5680 or the youth sports information line at 270-5018 for more information.

Join us for our Legal Studies Exploration Night

FREE!
August 23, 2007



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Legal Studies Institute

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- Paralegal Certificate
- Legal Secretary Certificate
- Dual Certificate

Legal Studies Exploration Night
August 23, 2007 @ 6:00 p.m.
UNF University Center
Located off JTB/Kernan Blvd.

Courses begin on September 17, 2007

Please reserve your seat for this event by calling 904.620.4200
Or visit us online at: www.ce.unf.edu/legalstud.html

UNF | Division of Continuing Education

Liberty Call

The following activities and events target single or unaccompanied Sailors. For additional information on Liberty events, call Planet Mayport Single Sailor Center at 270-7788 or 7789. Planet Mayport is located in building 46 across from Bravo Pier. Hours of operation are weekdays 11 a.m.-11 p.m. and weekends 10 a.m.-11 p.m.

Aug. 17-19: Tampa Weekend Trip. Cost is only \$50 and includes transportation, two nights lodging and one ticket to the Tampa Bay Devil Rays game. Sailors must use their free voucher to Busch Gardens. E1-E5 Single Sailors only.

Aug. 20: Myth Busters at Planet Mayport. Help the Liberty Program debunk a few classic myths and urban legends just like the famous TV show. Program will start at 6 p.m.

Aug. 21: Dinner and a Movie Trip. Join the Liberty Program on a trip to Regal Cinemas for the newest box office hits. Pizza will be served at Planet Mayport prior to departing to the theater. Cost of this trip is only \$2 and includes food, admission and transportation

Aug. 23: Double Dare's Physical Challenge. We're going to ask you a question and if you

don't know the answer you'll either have to guess or take the PHYSICAL CHALLENGE. Program will start at 6 p.m. sharp. Prizes will be awarded to first and second places.

Aug. 27: Myth Busters at Planet Mayport. Help the Liberty Program debunk a few classic myths and urban legends just like the famous TV show. Program will start at 6 p.m.

Aug. 28: Comedy Zone Trip. When's the last time you've had a good laugh? Join the Liberty Program for a night of comedy and fun at the Comedy Zone in Mandarin. This trip is free and includes admission, transportation and appetizers. There is a one drink minimum purchase. Open to persons 18 years old and older.

Aug. 29: Eight Ball Tournament. Join the Liberty Program in a free, single elimination tournament starting at 6:15 p.m. at Planet Mayport. Prizes will be awarded to first and second places.

Aug. 30: Jags vs. Redskins. Cost of this trip is only \$8. Trip departs from Planet Mayport at 5:30 p.m.

Aug. 31: Liberty's NFL DRAFT pick for our very own Fantasy Football League.

Details on the event for the entire season are provided at Planet Mayport, Bldg. 46 or call 270-7788/7789.

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THE MIRROR NS MAYPORT, FLORIDA

OFF-BASE PICKUP LOCATIONS			LOCATION	ADDRESS	CITY
LOCATION	ADDRESS	CITY	LOCATION	ADDRESS	CITY
ALLSTATE INSURANCE CO.	PAN AM PLAZA - MAYPORT RD.	JAX	JIFFY LUBE	10430 ATLANTIC BLVD	JAX
AMERICAN LEGION POST	316 ATLANTIC BLVD.	JAX	JIFFY LUBE	13560 ATLANTIC BLVD	JAX
COAST GUARD STATION (EXCHANGE STORE)	A1A HWY	JAX	JIFFY LUBE	1067 ATLANTIC BLVD	ATL BCH
COMFORT INN	MAYPORT RD.	JAX	JIFFY LUBE	1672 S 3rd ST	JAXBCH
COMMISSARY (INSIDE RACKS)	MAYPORT RD.	JAX	JIFFY LUBE	8379 BAYMEADOWS RD	JAX
DAYS INN	1401 ATLANTIC BLVD.	JAX	JIFFY LUBE	5295 SUNBEAM RD	JAX
FCE - SHELL	9115 MERRILL RD./9-A	JAX	JIFFY LUBE	11099 OLD ST AUGUSTINE RD	JAX
FCE - SHELL	1539 S 3rd ST	JAX BCH	JIFFY LUBE	9699 SAN JOSE BLVD	JAX
FCE - SHELL	7150 MERRILL RD	JAX	JIFFY LUBE	2837 TOWNSEND BLVD	JAX
FCE - SHELL(DAILY'S)	13490 ATLANTIC BLVD./SAN PABLO	JAX	KANGAROO	10100 GRANITE PLACE	JAX
FLEET LANDING	MAYPORT RD.	JAX	KANGAROO	1031 BEACH BLVD.	JAX BCH
FLEET RESERVE ASSOC. BRANCH # 290	390 MAYPORT RD.	JAX	KANGAROO	1403 N 3rd ST	JAX BCH
FLETCHER HIGH SCHOOL ROTC		JAX BCH	KANGAROO/BP	10910 ATLANTIC BLVD.	JAX
GATE	1900 MIZELL RD	STAU	KANGAROO/SMOKERS EXPRESS	2615 ST. JOHNS BLUFF/ALDEN	JAX
GATE	220 A1A N	PVB	LA CRUISE GIFT SHOP	A1A HWY	JAX
GATE	619 A1A N	PVB	LIL CHAMP	9615 HECKSCHER DR. - FT. GEORGE	JAX
GATE	10970 US 1/SR210	ST AUG	LIL CHAMP	8804 LONE STAR/MILL CRK	JAX
GATE	2350 SR 16	STAU	LIL CHAMP	12020 FT. CAROLINE RD./FULTON	JAX
GATE	463779 SR 200/A1A	YUL	LIL CHAMP	13967 MCCORMICK RD/(MT PLEASANT RD)	JAX
GATE	3230 EMERSON ST	JAX	LIL CHAMP	5001 HECKSCHER DR. - BLOUNT	JAX
GATE	3938 HENDRICKS AVE	JAX	LIL CHAMP	1310 S. 3rd ST.	JAX BCH
GATE	8070 ATLANTIC BLVD	JAX	MALLARD COVE OFFICE	A1A HWY / WONDERWOOD	JAX
GATE	1721 UNIVERSITY BLVD N	JAX	NAVY HOUSING APARTMENTS	ATLANTIC BLVD / CRAIG FIELD	JAX
GATE	5617 BOWDEN RD	JAX	NEX (OUTSIDE RACKS NEAR ATM)	MAYPORT RD.	JAX
GATE	570 BUSCH DR	JAX	OTTER RUN OFFICE	ASSISSI LANE	JAX
GATE	12548 SAN JOSE BLVD	JAX	RAINBOW CENTER CHILD CARE	NAVY HOUSING OFF ASSISSI LANE	JAX
GATE	10946 FT CAROLINE RD	JAX	RIBAUT BAY COMMUNITY CENTER	ASSISSI LANE	JAX
GATE	1001 MONUMENT RD	JAX	SINGLETON'S SEAFOOD SHOP	A1A HWY	JAX
GATE	10044 ATLANTIC BLVD	JAX	SOUTHTRUST BANK	1301 ATLANTIC BLVD.	JAX
GATE	4100 HECKSCHER DR	JAX	SPRINT	1202 US-17	YUL
GATE	2520 S 3rd ST	JAXBCH	SPRINT	8838 ATLANTIC BLVD	JAX
GATE	319 S 3rd ST	JAX BCH	SPRINT	3051 MONUMENT RD/ COBBLESTON	JAX
GATE	9144 BAYMEADOWS RD	JAX	SPRINT	1209 MONUMENT RD./LEE	JAX
GATE	11461 OLD ST AUGUSTINE RD	JAX	SPRINT	12743 ATLANTIC BLVD./GIRVIN	JAX
GATE	10455 OLD ST AUGUSTINE RD	JAX	SPRINT	301 ATLANTIC BLVD.	ATL BCH
GATE	9540 SAN JOSE BLVD	JAX	SPRINT	2810 SR A1A N	ATL BCH
GATE	1605 RACETRACK/SR13	JAX	SPRINT	14376 BEACH BLVD./SAN PABLO	JAX BCH
HOME FINDER'S REALTY	2550 MAYPORT RD.	JAX	SPRINT	300 BEACH BLVD./3rd ST.	JAX BCH
JAX FEDERAL CREDIT UNION	664 ATLANTIC BLVD.	JAX	SPRINT	1601 PENMAN RD.	JAX BCH
JIFFY LUBE	3212 UNIVERSITY BLVD S	JAX	U.S. COAST GUARD OFFICE	A1A HWY	JAX
JIFFY LUBE	6135 ST AUGUSTINE RD	JAX	USO MAYPORT	BEHIND 2550 MAYPORT RD.	JAX
JIFFY LUBE	11620 SAN JOSE BLVD	JAX			

Updated: FEBRUARY 1, 2007

PICK UP YOUR COPY OF THE MIRROR AT ANY OF THESE LOCATIONS

MWR Facilities

Auto Skills Center

Services at Auto Skills include service repair work (weekdays only), monthly specials and self help. Hours of operation are 9 a.m.-7 p.m. Tuesday-Friday, and 9 a.m.-5 p.m. Saturday and Sunday. 270-5392

Beachside Community Center

The Community Center features Computer Cove (free Internet access), a video game room and Castaways Lounge. At Castaway's, enjoy karaoke every Tuesday starting at 9 p.m. and movies and munchies on Wednesdays at 5 p.m. Castaway's welcome live bands every month and DJ entertainment is provided starting at 8 p.m. Wednesday through Monday. Bingo is offered Tuesday, Thursday and Friday from 6:30-10 p.m., Wednesday from 11:30 a.m.-12:30 p.m. and Sunday from 12:30-4:30 p.m. Pizza Hut and Bo Hogs BBQ are located inside the Community Center. The facility is available for private functions at competitive prices. 270-7198 (Community Center), 270-7205 (Castaway's Lounge), 270-7204 (Bingo), 249-9766 (Pizza Hut), 247-8720 (Bo Hogs BBQ)

Child Development Programs

The Child Development Centers offer full-time care and drop-in care (if space is available) for children infant to five years old. 247-7740 (Bldg. 1960, off base), 270-5339 (Bldg. 373, on base)

Voluntary Pre-Kindergarten program hours are 8:30-11:30 a.m. Monday-Friday at the on base and off base centers. Wrap-around care is available from 6 a.m.-6 p.m. at bldg. 1960, off-base. Parents pay for wrap-around care, at a reduced rate from the normal full-time care fees, and the state of Florida pays for the VPK hours. An afternoon session is 12:30-3:30 p.m. at the on base center only. 247-7740

Child Development Homes (CDH) are independent business enterprises operated by Navy certified military family mem-

bers in their own homes. CDH Providers are needed. 270-6961

Fast Lanes Bowling Center & Fast Lanes Grille

Fast Lanes features 24 lanes, weekly specials, pool tables, a video arcade and Fast Action Bingo. This is a terrific place to host your child's birthday party, Command Party, reenlistment or any other gathering. Catering services are available. Fast Lanes Grille serves lunch Monday-Saturday, and dinner all week. Breakfast is served 9 a.m.-10:30 a.m. Saturday. 270-5377

Foc'sle CPO Club/Lounge

The CPO Club is open to all hands for lunch 11 a.m.-1:30 p.m. Monday-Friday. The Club is also open until 8 p.m. daily for active duty, reservists and retired chief petty officers and their guests. The facility is available for special functions such as re-enlistments, retirement ceremonies and receptions, command socials and picnics, luncheons and hail and farewells. 270-5431/5432

Gymnasium

The gym is open 365 days per year and includes full-size basketball and volleyball courts, indoor racquetball courts, locker rooms with saunas, universal and free weights, a Nautilus strength training circuit, and a variety of cardio-vascular equipment including treadmills, step mills, stationary bicycles, and cross-trainers. A staff of certified personnel trainers is available for individual, command, and group appointments. Gym hours are Monday-Thursday 5 a.m.-11 p.m., Friday 5 a.m.-10 p.m., Saturday 10 a.m.-10 p.m. and Sunday 10 a.m.-9 p.m. 270-5451/5452.

Information, Tickets and Travel (ITT)

ITT offers hotel reservations, cruise bookings and discount tickets for most major Florida attractions, as well as a few attractions in Georgia and North Carolina. ITT also has Western Union services. Discount souvenirs from Disney World are

on sale daily. ITT hours are Monday-Friday 9 a.m.-5 p.m. Our mobile Recreation Ticket Vehicle (RTV) also offers terrific ticket prices in convenient locations. 270-5145

Ocean Breeze Conference and Catering Center

Ocean Breeze is one of Northeast Florida's premier catering facilities and the perfect place for your re-enlistment, commissioning, retirement ceremony and reception, wedding, reception, gourmet dinner, party, etc. Ocean Breeze can comfortably host parties of up to 500 people. Office hours are Monday-Friday 8 a.m.-4 p.m. and closed on holidays. 270-5313

Outdoor Adventures & Southeast Dive Adventures

More than 2,000 items are available for rental including Jon boats, boogie boards, canoes and kayaks, yard equipment, canopies and tents, fishing gear, campers, sleeping bags, tables and chairs, BBQ grills, moon-walk, coolers, bait and more. Southeast Dive Adventures is MWR's full service dive shop offering scuba equipment sales, equipment rental, repairs, instruction of all levels of scuba diving, dive trips and more at very low prices. Outdoor Adventures/Southeast Dive Adventures hours are 7 a.m.-4 p.m. Monday, 8 a.m.-5 p.m. Tuesday, Thursday and Friday, and 8 a.m.-12 p.m. Wednesday and Saturday. 270-5221/5541

Pelican Roost & Osprey Cove RV Parks

The "Roost" features 49 sites with electric, sewer, water and cable TV service. Roost lodge amenities include kitchen, laundry, TV's, book/video swap library, high speed and wireless Internet, restrooms and shower facilities. Tent campers are also welcome. Fifty additional full service sites are available at Osprey Cove. 270-7808/7809

Pool

The 50-meter Olympic size swimming pool is open for recreation swimming, swim les-

sons and water aerobics May-September. Lap swim is 6 a.m.-8 a.m. and 11 a.m.-1 p.m. Monday-Friday during summer and 10:30 a.m.-1 p.m. Monday-Thursday during winter. 270-5425

Recycling Complex

MWR can recycle: paper products, aluminum and steel cans, cardboard, metal, wooden pallets and waste cooking oil. Recyclable materials can be dropped off at various drop-off boxes throughout the base and housing. Recyclables are also accepted at building 1624 (the Recycling Center) and building 412 (the Scrap Metal Yard and Vehicle Scale). For DITY moves, a vehicle scale is available at the Scrap Metal Yard office, Bldg. 412. Cost is \$5 (cash or check only) per weight. Facility hours are Monday-Friday 7:30 a.m.-4 p.m. 270-5095

Surfside Fitness Center

The Fitness Center features cardiovascular equipment, complete Nautilus Nitro strength training circuit, a full slate of fitness classes and personal trainers. There is no charge for active duty, retirees, reservists, and their family members and DoD and NAF civilians. Guests are welcome with a sponsor for \$3 per day. Surfside also handles reservations for our Licensed Massage Therapist. Surfside hours are 5 a.m.-8 p.m. Monday-Friday, 8 a.m.-4 p.m.

Saturday, and closed on Sunday and holidays. 270-7718/7719

Vehicle Storage Facility

Vehicle Storage provides a secure area to store vehicles, boats, trailers and recreational vehicles. Parking is free for deployed sailors for their primary automobile. Also included with this service is transportation from the storage location back to the command, free jump-starting and air for flat tires. Recreational vehicles are stored at a separate secure location for \$38 per month or \$456 per year. 270-7022

Veterinary Clinic

The Veterinary Clinic offers affordable quality pet care for all Active Duty, Retiree, Reservists and their families. The facility is a wellness vaccine clinic, offering annual exams including canine and feline vaccines, heartworm and fecal tests, and minor sick calls by appointment only. Vet Clinic hours are 7:30 a.m.-4 p.m. Monday-Friday. 270-7004

Windy Harbor Golf Club & Bogey's Restaurant

Windy Harbor Golf Club is an 18-hole, par 72 golf course located on Main Street with a driving range, practice green, pro-shop and men's and women's locker rooms. Hours of operation are 7 a.m.-7 p.m. (closes at 6 p.m. in the winter) seven days per week. Located inside the clubhouse, Bogey's Restaurant is open to all hands seven days a week. Bo-

geys hours are 6 a.m.-dusk with "Premier Hour" held 4-6 p.m. every Wednesday and Friday. Private functions are welcome. 270-5380 (Golf Pro), 270-5143 (Bogey's)

Youth Activities Center (YAC) & Ribault Bay Community Center (RBCC)

YAC offers fully accredited School Age Care programs including before and after school care, Sand Dollar Day Camp, Spring Fun Camp, and Jingle Bell Day Camp. Partnering with Boys and Girls Club of America, the Youth Activities Center holds many additional programs such as Project Learn, Power Hour, Key Stone Club, Torch Club, Fine Arts and Fitness Authority. Movie days, dances, game room tournaments, field trips and other special events are also offered for children ages Kindergarten through High School at the YAC. Meeting space is available at RBCC for reasonable rates. Open recreation alternates daily between YAC and RBCC. Business hours are 9 a.m.-5 p.m. Monday-Friday, closed Sundays and holidays. 270-5680 for YAC or 270-7276 for RBCC

Youth Sports & Classes

Youth sports offered include tee-ball, baseball, soccer, and basketball. Instructional classes are given in martial arts, gymnastics, cheerleading and dance. 270-5680/5018 (Youth Sports), 270-5680 (instructional classes)

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MWR Fitness

Surfside Fitness Schedule

Mondays: 7 a.m. Victory PRT with Sally; 9:30 a.m. Lo Impact with Sally; 11:15 a.m. 3 B Burn Bosu/Balls/Bar with Ruthie; 11:30 a.m. Fitness Equipment Training (sign up) with Sally; 1 p.m. Moms in Motion with Sally; 4 p.m. Advanced Pilates with Apparatus with Emily

Tuesdays: 7 a.m. Step & Kick with Heather; 9:30 a.m. Resistance with Heather; 11:15 a.m. Kickboxing with LaPlace; 11:30 a.m. Fitness Equipment Training (sign up) with Heather; 2 p.m. Fitness Equipment Training (sign up) with Sally; 3:30 p.m. FEP Training with Sally; 5 p.m. Kids Clinic (sign up) with Sally; 6:30 p.m. Cardio, Combat and CORE with Sally

Wednesdays: 8:30 a.m. Fitness for Mature Audiences Only with Sally; 9:30 a.m. Intro to Resistance with Sally; 11:30 a.m. Intro to Pilates with Sally; 11:30 a.m. Fitness Equipment Training (sign up) with Heather; 4 p.m. Fitness Equipment Training (sign up) with LaPlace; 5 p.m. BOSU & Kick with LaPlace; 6 p.m. Mommy, Daddy & Me with LaPlace

Thursdays: 7 a.m. Step and

Kick with Heather; 9:30 a.m. Pump & Grind with Emily; 11:30 a.m. Sculpt, Step and Stretch with Heather; 4 p.m. Fitness Equipment Training (sign up) with Sally; 5 p.m. Kid's Clinic (sign up) with Sally; 6:30 p.m. Yogalates with Sally

Fridays: 7:30 a.m. Fitness Equipment Training (sign up) with Sally; 9:30 a.m. Yoga with Ruthie

Saturdays: 8 a.m. Intro to Yoga/Kids Yoga with Sally; 9:30 a.m. Aqua with Sally; 11:30 a.m. Extreme Circuit Training for Kids with Sally

Gymnasium Fitness Schedule

Mondays: 6:30 a.m. Conditioning for Running with LaPlace; 8:30 a.m. Strength Solutions & Flexibility Fix-Ups for Injuries with LaPlace; 9 a.m. Stoller Strut with Ruthie (Meets start of PRT course); 11:30 a.m. Indoor Cycling with Heather; 12 p.m. Fitness Equipment Training (sign up) with LaPlace; 3:30 p.m. Fitness Equipment Training (sign up) with Heather; 5 p.m. Hot Yoga with Heather (Raquetball Court 1)

Tuesdays: 7 a.m. Command

Cardio Pump with LaPlace; 11:30 a.m. Lunch Crunch CORE Training with Ruthie (Raquetball Court 3); 3 p.m. Fitness Equipment Training with Ruthie (sign up); 4:30 p.m. Indoor Cycling with Ruthie

Wednesdays: 7 a.m. Beach Bootcamp with Heather (meets Field 6); 11:30 a.m. Fitness Equipment Training (sign-up) with LaPlace; 11:30 a.m. Indoor Cycling with Ruthie; 2 p.m. Strength Solutions & Flexibility Fix-Ups for Injuries with LaPlace; 3 p.m. FEP Training with Ruthie

Thursdays: 6 a.m. Weight Training for Warfighters with LaPlace (meets weightroom); 7 a.m. Command Jump and Jab with Ruthie; 11:30 a.m. Indoor Cycling Interval Training with LaPlace

Fridays: 6:30 a.m. Indoor Cycling with Ruthie; 7 a.m. Beach Bootcamp with LaPlace (meets Field 6); 9 a.m. Strength Training Basics for Women (sign up) with Heather; 9 a.m. Strength Solutions and Flexibility Fix-Ups for Injuries with LaPlace (meets at pool)

Now You Can Renew Your DoD Vehicle Decal Online

From NS Mayport Security

DoD military personnel, family members, civilian employees, contractors, and retirees will be able to renew expiring DoD vehicle decals online.

This new secure online renewal system is simple to use, can be used from any location, and is a real time saver. Not only can you renew an expiring decal, but you can also update personal information-such as address or vehicle license plate number-or request a replacement locator strip.

The steps to renewing online are simple. Go to: <https://www.pid.cni.navy.mil/form2.asp?Region=CNRSE> to access the Vehicle Decal Renewal Request Form. Select "Before You Begin" to get a list of the documents you will need. Once you have the required information, it takes just a couple of minutes to fill out the form. If you have any questions while filling out the form, just select the provided help file. After you

have submitted your form, your application will be processed, and your new decal, date tabs, and/or locator strip will be mailed to you at the address you provide on the form.

To know whether you are eligible to renew online, go to the Web site listed above, and select "Who Can Renew Online?" If the Base where you received your existing decal is listed, why not save yourself a trip to the Pass and ID Office?

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THE MIRROR NS MAYPORT, FLORIDA

Jax Air News

Periscope

Published by The Florida Times-Union

R1135309

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IN PERSON

Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m. - 5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

Deadlines

Run date **Call by** **Fax by**

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Please note: **Fax deadlines are one hour earlier.** Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

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Real Estate for Rent	Merchandise
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Bluejay Sub 2/2 MH 864SF OVER 1 Acre \$90,000 ML\$ 373598 Call Christina Starnier/Keller Williams @ 904-214-6296

Whisper Creek Sub 4/2 2625SF \$262,900 ML\$ 383225 Call Christina Starnier/Keller Williams @ 904-214-6296

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Featured Listing

Beautiful 3/2 house in Cobblestone. Home features stone fireplace, laminate wood floors, eat-in kitchen/dining room, walk-in closets, 2-car garage and more. Large fenced rear is great for entertaining. \$209,000.

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Orange Park/Clay County

3/2, large lot in great shored, 2 car garage, possible RTD. \$165,000. 904-272-7352

By Owner - Fleming Island. 3/2 FP. Screened pool, new roof, corner lot, 1854 sqft. Near Pateron Elementary. \$286,500. 269-1620

Fleming Island-3 acres, 2400 sqft., 2 car attached garage, separate workshop, artesian well, private, nice trees, PCS, \$540 K. call 219-7740

FLEMING ISLAND - EAGLE HARBOR 2900sf, 4 bedrooms, 3-car garage. New Construction, reduced from \$539,999 to \$489,999. Call (904)542-7908

Twelve Oaks Sub 2/1.5 TH 1104SF \$107,500 ML\$ 359675 Call Christina Starnier/Keller Williams @ 904-214-6296

Southside

Arlington, Southside Westside, Northside

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Westside

Arlington, Southside Westside, Northside

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Manufactured Homes

2/2, Excellent Condition, close to beaches. \$12,000 Call 904-223-5651

AUGUST SPECIAL !! on 2-3br, 1500sf, new roof, appliances, on rented lot, \$1500/dn assume loan of \$35,404. Call 912-576-4642

Kingsland - Clayton 16X76, 3/2 GE Appliances, on rented lot, \$1500/dn assume loan of \$35,404. Call 912-576-4642

SOUTHSIDE - Owner will finance \$300dep. \$329mo. for only 4yrs. Attractive 2br/2ba chio, shed. In Beach Blvd Park 904-710-7860

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ST. MARY'S RIVER IN KINGSLAND, GA. 1.02 Acre corner lot in new North Shore, lake-view \$115K, adiac. Lots 128K, gated w/guard house, club house, boat ramp, golf membership, comm. Park, deed res. Pre-construction offer. (904) 625-0526

Condominiums

NORTHSIDE - by owner, 2/2 luxury condo 1271 sf with gar, 9' cell, tile flrs & granite counters in kitchen & bath amenities include: full lake clubhouse fitness center theatre & game room 20min to Mayport Naval Station 904-238-2947

NSB KINGSBAY - New Luxury Town-homes for rent by qualified individuals with pcs orders. 3br/2.5ba, 1,600 sq. ft., one mile from NSB K.B. All appliances, W/D included, LR/DR, screened in porch, too many upgrades to list. \$1,300, sec. dep + apfe fee required. Call 912-322-1975

Farms/Acreage

Central GA Liquidation Sale 1-10ac hm, sites, beautiful weather, low taxes, financing avail. Call Today 706-364-4200

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SOUTHEAST, GA 3br/3ba, 4500SF, 57 acres, 4 acre pond, 16' timber 20 yr old pines, exc hunting & fishing. \$750,000. Call 912-375-2539 or 912-539-0734

St. Johns County Homes for Sale

BEACH-PONTE VEDRA, East of AIA, Lovely 4/2 completely upgrade granite travertine, wet bar and more. **Drugs reduced, for sale or lease owner wants offer.** David Needles, Broker 904-626-0006

Julington Creek 3/2.5 703 Chelwood Ct. Mint Condition. Call 859-533-7884

PALM COAST. Reduced 300,000. Immaculate 2005 block 3/2. Now \$169,900. Call today to St. Aug. Sea Crest Realty. 797-4814

St. Johns County Condominiums For Sale

CONDO 2/2 St. Augustine Beach & Racquet Club newly remod kit, & bathrms, new cpt, priv. bch access, great rental history. Must see! \$285K. 904-338-3275

Out of Area/Town/State

Near Alamogordo Colorado 7605 SF home, 16+ acres, solar powered, own well. 719-379-1945

WATERLEAF Beauty with Custom Upgrades Call 904-219-1171 \$319,900, PCS out area, move in ready. Call 866-4093

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 Retirement Communities
 Houses Unfurnished
 Manufactured Homes
 Mobile Home Lot Rentals
 Roommates
 Rooms to Rent
 Beach/Vacation/Resorts
 Storage/Mini-Lockers
 Management/Rental Services
 Wanted to Rent
 St. Johns Apartments
 St. Johns Apartments Unfurnished
 St. Johns Condominiums
 St. Johns Duplex/Townhome
 St. Johns Retirement Communities
 St. Johns Houses Unfurnished
 St. Johns Houses Unfurnished
 Home/Lot Rental
 St. Johns Lots
 St. Johns Roommates
 St. Johns Rooms to Rent
 St. Johns Oceanfront/Waterfront
 St. Johns Vacation Rentals
 St. Johns Storage/Mini-Lockers
 St. Johns Wanted to Rent

Apartments Unfurnished

FERNANDINA BEACH-Historic District, Walk to Stores, Restaurants, Shops. 2BR/1BA, Newly Renovated. New appls, includes washer/dryer, dishwasher, \$850/mo. Garage avail for \$100/mo. Water, sewer, trash incl. Call Pat (904)556-2586

INTRACOASTAL Lux 2/2, Hodges/JTB, laundry, pool, tennis. Avail 09/01 895+util 904-472-0062

ORANGE PARK 2/2, 6pl, wet bar, WD hkup, new paint, new carpet, no pets \$650mo 386-235-6667

Condos for Rent

9A/MONUMENT, 3/2 with appliances, included, spacious 1303 sf, pool, clubhouse, \$1375/mo. Call 904-721-2029 Robin.

Arlington 2/2 spacious new condo, incl's appliances, w/d, close to shops, gated \$1100/mo. Call Patricia 904-721-2029

Arlington, New 1br/1ba 847sf oil appliances incl's granite counters, gated, fitness center, \$900 mo. Call Suzanne 904-721-2029

Baymeadows/Craven Rd Area, Large 2/2 Condo, Pool, Steam, Sauna, \$900 mo. 904-287-0888, 233-9573

Baymeadows 3/2 on Lake Gated, Remod. 2 Pools, Good schl dist. \$1200 + \$900 dep. 904-226-5307

Condos for Rent

FLEMING ISLAND PLANTATION -condo, 3/2.5, gated, 2story, \$1200/mo, pics and description andymhoyes@yahoo.com. Call Aundrea 860-8261

Intracoastal West New Waterfront 3/3, gated, 2000sf, granite, SS appl, pool, gar \$1895m 273-0125

Ormond Beach Ocean front brand new 2/2 fully furn'd, pool, security immac cond 904-899-3552

Condos for Rent

CONDO 2/2 St. Augustine Beach & Racquet Club newly remod kit, & bathrms, new cpt, priv. bch access, great rental history. Must see! \$285K. 904-338-3275

St. Nicholas 3 BR/1 BA \$239,900

Off GATOR SWAMP Lane 3 BR/2 BA and Separate 1/1 In-law Quarters \$384,900

North Jacksonville 3 BR/1 BA \$125,000

St. Nicholas 3 BR/1 BA \$249,900

Southside 3 BR/1.5 BA \$165,000

Riverside 3 BR/2 BA \$369,900

Argyle 3 BR/2 BA \$220,000

Southside 5 BR/3 BA \$499,900

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Houses Unfurnished

BEACHES - MAYPORT 3br/2ba fen'd yrd, tile, 1 car gar, \$1225/mo Ph. 220-7119 or 704-0486

CLAY COUNTY - MAGNOLIA POINT-4BR Home for Rent on Golf-course, PCS orders. Call 504-3736 or 278-8819, \$1800/month.

EAST ARLINGTON 4/2 newly refinished 2000sf brick ranch, 2 car gar, 1/2 ac fen'd. \$1500mo. + dep. Ph. 864-354-9101

FLEMING ISLAND, Eagle Harbor-ON WATER- 5BR/3BA, 2700sf, FL room w/west & AC, free heated pool, tennis & golf in community. **REDUCED** from \$2,000/mo to \$1,825/m. 542-7908

FLEMING ISLAND - REAL NICE 3/2-5100 Deposit, \$1250 a month. Call 651-0291 for appl. PCS

Fleming Island Plantation-53, 2900sf, 3 car garage, on golf course. Great amenities, schools, shopping. Available August 1st. \$1900/month. 718-8566

Houses Unfurnished

BEACHES - MAYPORT 4br/2ba ICW access, heating dock, Mother in-law suite, fen'd yrd \$1700/mo. 220-7119

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INTRACOASTAL WEST 3/2, 2000sf Kensington - Lake view, lawn service, comm. pool \$1475mo 904-716-3300

Mandarin-Cormorant Creek Estates. For Sale or Rent-avail August 1st. 2800sf dream home w/best schools. 4BR 2BA, Large backyard, totally landscaped, large 30x10 screened-in pool, close to shopping, W/D, Refrig & well, sprinkler sys. 10 min from NAS Jax Air Base, 30 min to Mayport. Military move-in discount avail. \$1750/mo or \$399,999 sale. PIs Call Ben 904-759-4873

MANDARIN - 2/2.5 Townhome w/loft, pool, gym in Bartram Park \$1100+sec. 904.403.7030

Marsh Sound Subdiv. 3/2 house on quiet cul-de-sac, Near Alimacani Elem. Rent to Own - up to \$1500 of \$2000 rent applied to purchase price. 402-7160

MAYPORT Duplex 2/2 19 patio, side porch fen bck yd. 1050m all utilities incl. 708-4022

MAYPORT Duplex 3/2 wrap around porch latry rm fen bck yd. \$1250m all util incl. 708-4022

Neptune Beach- 2300 sqft. 3/2 great condition. \$1800 mo. 221-6392

Northside Panama Park/Trout River Area. Cute 40's cottage 3bed/bath, 1300SF, \$900/mo. David White 904-349-5113

NORTHSIDE-Beautiful 3BR/2BA acre lot, master suite w/garden tub, fireplace, nice view. \$800 deposit. 904-349-2228 or 816-233-2797. PCS

Oakleaf Plantation- 4/2, quiet cul-de-sac. A+ schools, lots of amenities, \$1350 mo. Call 904-625-7395

OAK LEAF PEBBLE CREEK 3/2, 1300sf \$1050. CANNONS PT. - 4/2, 2400SF \$1400. MAYPORT 10 min to base, 3/2 w/garage, 1250SF \$1095 or 2/2.5 condo w/free cable/internet \$995 No Pets. Please call 904-249-7676 press 2. Realty Executives Ponte Vedra

Attention Renters

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QUEEN WATER-BED semi water, light oak finish, shelf, headboard with six drawer pedestal, EXEC condition, \$125.00. 386-8154

Sewing machine singer model 5050 free arm, 50 stitches, buttonhole stretch stich. All accessories excellent condition. \$75. 282-6466

Solid oak dining set, table 112 inches, 8 side, 2 arm chairs. Leaves store inside. \$1600. 912-729-2707

TABLE- Ice cream parlor round table, two chairs. Wood table top, Rod Iron Chairs. Blue Cushion. \$75.00 904-269-2258

Treadmill exc. condition. \$100. Bunk-bed wooden full on bottom twin on top. \$600, exc. condition. 241-2096. Can deliver.

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ARMOIRE Free w/King bed, 2 night stands \$989 new in boxes. 858-9350

Baby Jogger trike stroller, good condition with UV protected cover, color blue. \$300. Firm. Call 912-882-6919. Swingset \$20

BASSET DINING ROOM SET, Cherry Wood, table w/leaf, chairs and bench, with hutch. \$500.00 call 904-476-4242

BED-A Baa Baa Sleep w/No Sheep. Queen set New in Plastic 674-0405

BED A Baby Boomers Memory foam set. New. 10 yr warr \$395. 391-0015

BED A Bechters Deal! Queen, new in plastic 398-5200

BED A beautiful Cherry sleigh w/matt on set, new in box \$329. 391-0015

BED A Full Size set \$119. King pillow top \$259. new in plastic. 391-0015

Bedding - New clean pillow top mattress set. In Plastic. Can deliver. \$110. 904-472-0183

BEDROOM SET Cherry & pc. new in box \$499. CAN DEL. 398-5200

BEDROOM ACCESSORIES- Six drawer dresser, armoire with two drawers and nightstand, in excellent condition. Sacrifice! call 245-6666

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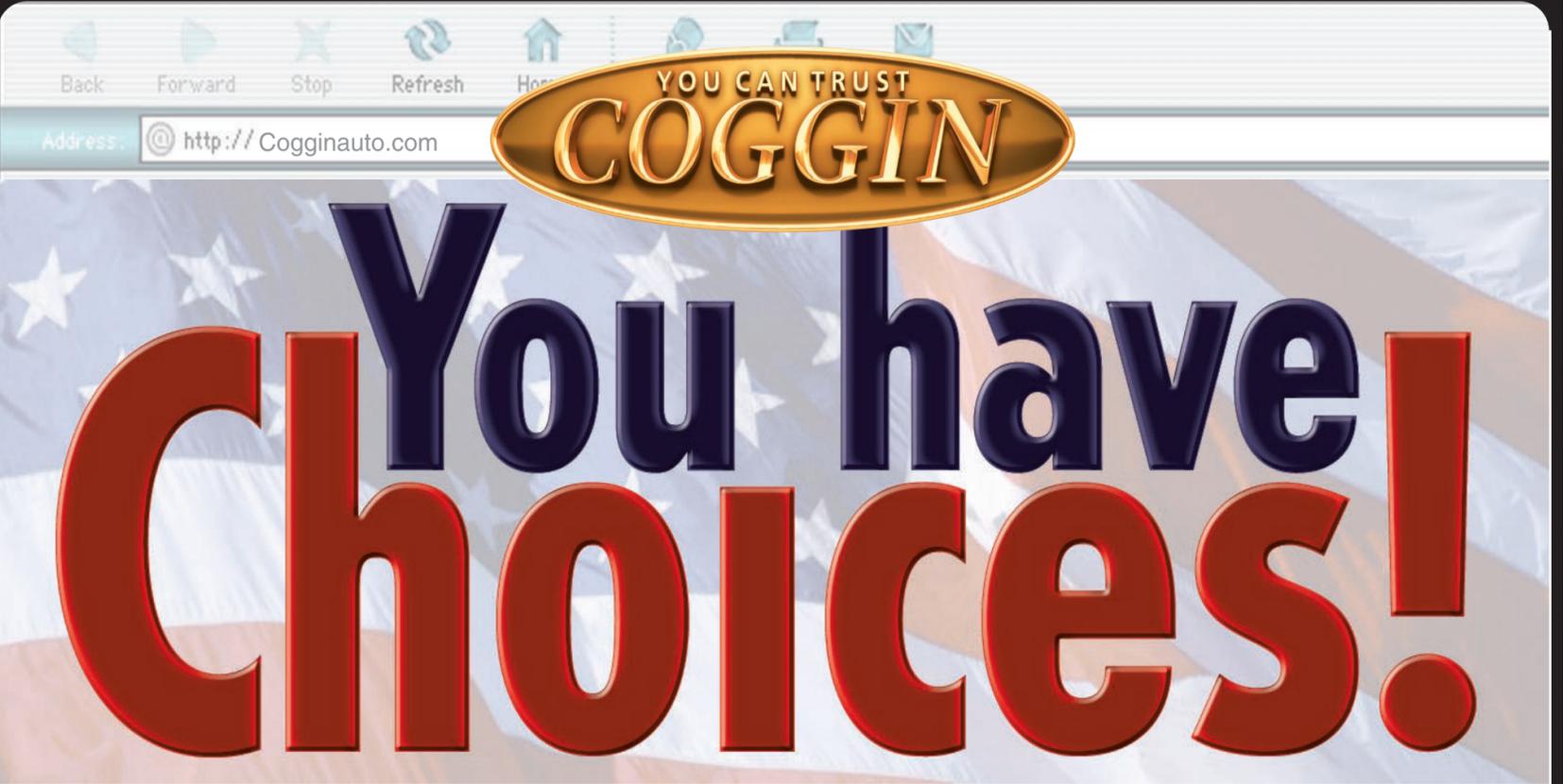
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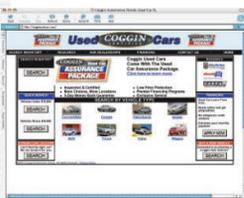
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