

THE MIRROR NS MAYPORT, FLORIDA

2002 CHINFO Award Winner

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OFF THE DECK

Movie Night With Mayport

MWR Mayport is excited to offer outdoor movies for the entire family on Fridays during the summer months. Movies will be shown at Sea Otter Pavilion starting at approximately 8:45 p.m., or at sunset. Bring your lawn chairs, blankets and bug spray. The movie schedule is June 22 - March of the Penguins (Rated G) and June 29 - National Treasure (Rated PG).

Last Call For June PHA

With the end of the month drawing near, active duty shore based command members with a June birthday are reminded to call 270-5251 to schedule your birth month PHA. The birth month PHA is a mandatory requirement for all active duty and reserve Sailors. The PHA is addressed in DoD Directive 6025.19, Force Health Protection and focuses on readiness, fitness, long term wellness and cost containment for the active duty members.

NEX Holds Book Signing

Brian Kilmeade, co-host of Fox News Channel's "Fox & Friends" and the network's sports anchor, will be at main Navy Exchange on Mayport Road on June 22 as part of the "Thank America's Heroes Tour." Kilmeade is the author of *It's How You Play The Game* and *The Games Do Count*. He will be at the Mayport Exchange from 2-4 p.m. to autograph his books.

It's All Natural At NS Mayport



-Photo by Paige Gnann

Naval Station Mayport Wildlife Officer Art Burt stands beside the base's first sea turtle nest of the season. The nest, which is on the beach in front of the Navy Lodge, is protected by federal law. Burt estimates the hatch date within the first two weeks of August.

By Staff

Naval Station Mayport has its first endangered sea turtle nest of the season and it could just be the last, according to base Wildlife Officer Art Burt.

Mayport is usually home to a large number of sea turtle nests each year. By this time last year, Burt said, there were already 11 nests laid throughout the one-mile long beach and the base had a total of 21 nests during the season. But extreme erosion along the coastline and a naturally occurring slow season has already put a damper on this year's nesting.

Burt said sea turtles do not like to lay their eggs in overly wet sand because they will rot. With the high erosion, there is little chance for a sea turtle finding a dry area along Mayport's beach.

The base's only nest was laid June 9 in front of the Navy

Lodge and has an estimated hatching window between Aug. 1-10.

Turtle nesting takes place from now through Oct. 31. To make this season as successful as possible, there are several things residents can do to help.

Hatchlings find their way to the sea by light clues, such as brightness. They instinctively crawl towards the brightest light and become disoriented if artificial lights are shining from behind.

Artificial light from beachfront homes, streetlights or even flashlights can attract the hatchlings away from the safety of the water and lead them to their deaths.

Lights and people disorientate female turtles coming ashore to nest. If one is sighted coming ashore, contact the base wildlife officer and remain clear, stay quiet, do not use a light source

and don't allow anyone near her to disturb her nesting.

Turn off all unnecessary lights and do not use flashlights without a red lens.

Reposition the source of any light fixture so it is not visible from the beach.

Use motion detectors on outside lights for security purposes. Place timers on lights so they are off by 10 p.m.

Close all Navy Lodge, BOQ and house curtains that face the beach at sunset.

All special functions conducted on Naval Station Mayport beach areas during nesting season must be cleared through the wildlife officer first.

All dogs on the beach must be on a leash at all times.

Never touch a nesting female or emerging hatchlings. These actions are a violation of federal and state laws. Only permit holders are allowed to touch or



-Photo by SK2 Jason Cook

A small turtle joins a large alligator basking in the sun on the bank of Wonderwood Lake in on-base housing. There are two alligators located in Wonderwood between six- and nine-foot long. Residents are reminded to use caution around the lake and not enter the fenced ditch area.

move a sea turtle.

Never try to push a live sea turtle back into the water. If the turtle is out of the water and on the beach, keep the shell wet with a damp towel or sprinkle water over it.

Notify the wildlife officer, Beaches Sea Turtle Patrol or the Florida Marine Patrol if you find a live or dead sea turtle unless the turtle has a red "X" on its shell indicating it has already been checked by the appropriate authority and is waiting for burial by beach sanitation units.

For more information, or if you sight an unmarked nest, hatchling or stranded sea turtles, contact the NS Mayport Wildlife Office immediately at 219-2178 for the base beach and Hanna Park. Call the Beaches Sea Turtle Patrol at 613-6081 for all Jacksonville area beaches or the Florida Marine Patrol at

270-2500.

Alligators

There are other residents living in base housing beside the human kind. Naval Station Mayport's Lake Wonderwood is the home to two alligators.

According to Burt, the alligators are between six- and nine-foot long and are protected under the Florida state law while they live in their habitat - Lake Wonderwood.

Some children have been seen playing in a fenced ditch area leading off of Lake Wonderwood - also part of the alligators' habitat and a dangerous place to play. Burt said residents are not authorized to be in the fenced ditch area and parents should make sure their children are not in there.

For more information about the Wonderwood alligators, contact Burt at 219-2178.

SCAT Attack For Vicksburg



-Photo by MCSN Patrick J. Cook

Sailors from guided-missile destroyer USS Vicksburg (CG 69) man the small craft action team (SCAT) during a small boat attack drill on Naval Station Mayport. The drill was filmed by the Center for Security Forces for an anti-terrorism force protection training video to be shown to commanding officers.

Help Conserve Mayport's Water

By Laura LaBella

Natural Resources Biologist

We are on restriction. Despite several days of heavy rains, Florida is still 10 to 20 inches below our normal rainfall for this time of year. Our use of water for irrigation is of great concern. Up to 50 percent of Florida's drinkable water is used on our lawns. It is for this reason that water conservation guidelines have been developed, including irrigation restrictions. These restrictions apply both on and off base.

There is more to the St. John's River Water Management District's watering guidelines than "Think 2." In addition to limiting watering to only two days per week, the following also applies:

- Irrigation is only allowed before 10 a.m. and after 4 p.m. If you water during the day, up to 65 percent is lost to evaporation.
- Limitations apply to water from private wells and surface water bodies, not just water supply utilities.
- Automatic irrigation systems installed after May 1991 must have a rain sensor or switch that will override the system when adequate rainfall has occurred. This sensor must be maintained and operational at all times.

- Water only the amount of time needed to fill an empty tuna fish size can to ¾ inch of water. This is enough water to stimulate deep root growth but prevents over watering and waste.

- With any irrigation system, check direction and spread of watering to ensure water is not falling on roads, sidewalks, or driveways. Adjust the direction of pop up sprinkler heads, or turn down the water pressure on above ground sprinklers for this.

There are exceptions:

- Golf courses can water more than two days a week but still must refrain between the restricted hours.

- Allowances can be made for new landscaping and sod.
- Drip or soaker hoses can also be used without restriction.
- Watering in of fertilizer, insecticides, and other lawn chemicals is allowed within 24 hours of application.
- Irrigation systems can be run during the day for maintenance or repair purposes, but for no more than 10 minutes.

For more details, please go to www.sjrwmd.com. Please do your part to conserve Florida's water.

Determining What Matters With Lean Six Sigma

Editor's Note: As part of our continuing internal information campaign to inform the Region of Lean Six Sigma, we have provided a three-part series offering our readers leadership's vision of Lean Six Sigma. Rear Adm. Mark S. Boensel shares his personal thoughts and opinions on how we as a Region can work together to enable Lean Six Sigma. Next Week: Part Three - A Real Opportunity to Make a Real Difference



Adm. Mark Boensel

the process here in CNRSE, but I have seen briefs of some projects from other individual plac-

es that worked out well! These were mostly small projects - what we call 'just do it' projects. A lot of them you think - 'well, this is just good housekeeping.' For instance, one of the work centers had over time accumulated lots of junk in the spaces. They had difficulties accounting for their tools so when they were called out to do a task, it took a lot of extra time to gather up the right materials, move stuff out of the way, get to the right equipment, locate equipment, etc.

"They pretty much did a big field day, identified the extra useless stuff, got rid of that - and organized the remaining equipment that they needed in

a way that it could be readily accessed and used. This made their daily tasks easier. Time was utilized more effectively because they weren't spending half their effort moving stuff to get to the equipment they needed.

"They took a Lean approach to their work center and got rid of extra steps and stuff. It's a matter of seeing what do we really need to be doing and what's the best way to do it. Lean lets you get rid of the extra steps in order so you can focus on the stuff that's really important.

"There's a lot of explanation [of these concepts] in the course work at the Green Belt

level, and at the Yellow Belt level - the level just below Green. Yellow Belts are vital to the success of the program. The Yellow Belts will be the vast majority of people working in the organization, and they should have received the skills and training to understand conceptually what the program is how to use it.

"Most of all Lean Six Sigma is about thinking, about being open to new ideas and being willing to say I know a better way of doing this, and then going through the process to see if that's an improvement."

What message do you have for every CNRSE employee? How can we help ALL per-

sonnel understand that LSS depends upon everyone's participation, not just Green Belts and supervisors?

Rear Adm. Boensel: "Keep an open mind and embrace it. This is an initiative from SECNAV all the way down.

"Green Belt, Yellow Belt, Program Director, worker - all of us, from the top, ALL the way through the organization have a responsibility to the American people to use their resources wisely and to the best effect."

Fleet Talk

From Commander, U.S. Pacific Fleet Public Affairs

U.S. Pacific Fleet Master Chief (SS/SW) Rick West passed the senior-enlisted torch to 7th Fleet Command Master Chief (SW/AW) Tom Howard on June 5 in a brief, informal ceremony held at Fleet headquarters in Pearl Harbor.

West, who has followed on orders to Norfolk, Va., to assume duties as fleet master chief for U.S. Fleet Forces Command, became Pacific Fleet master chief in February 2005. For him, serving as the senior-enlisted Sailor for the world's

largest fleet command has been "nothing short of an amazing" experience.

"I cannot have been more blessed to be the master chief of the Pacific Fleet, and I think it really is because of the people here," he said. "It's the people who make our Navy great. Being the fleet master chief has really opened my eyes to all the great things Sailors do everyday. I am humbled."

West also spoke of the diverse roles Sailors are now playing in today's global environment, both in the War on Terrorism and in a world of humanitarian

assistance.

"We aren't just a blue-water Navy any more. We are serving around the globe in whatever capacity our great nation needs us - on the ground in Iraq and Afghanistan, the Horn of Africa, Guantanamo Bay, the Philippines - pockets around the world and around the nation," West said. "But, we are more than just warfighters; we provide humanitarian assistance whenever need - after earthquakes, mudslides and tsunamis. Bottom line, our Sailors serve in the greatest Navy in the world and we represent our

great nation to the fullest. We are an 'any mission, anytime, anywhere' Navy. Hooyah warriors!"

During his tenure in Norfolk, West plans to carry with him the same expectations and challenges to the Sailors serving in the Fleet Forces Command area of responsibility.

"No matter what Fleet we serve in, a Sailor is a Sailor," West said. "We are one Navy, and I am looking forward to working again in the Atlantic AOR and visiting those great Sailors.

Prior to his new assignment

as Pacific Fleet master chief, Howard served as commander, U.S. 7th Fleet command master chief, embarked aboard USS Blue Ridge (LCC 19), forward deployed to Yokosuka, Japan.

A previous battleship Missouri Sailor, Howard is being assigned in Hawaii for the first time in his career.

"I'm humbled and honored to represent the Sailors throughout the Pacific Fleet and plan to maintain the course Fleet West has charted," Howard said. "We serve in arguably the most potentially volatile AOR in the world, and we must ensure our

Sailors and servicemembers assigned are not only prepared to fight but also maintain the situational awareness of their surroundings. Of primary concern, which affects virtually everything, is off-duty conduct. We have to make certain that all Sailors understand their individual responsibility and that their personal conduct affects everything from maintaining manning levels to host nation relations through the Pacific."

In 'Cinc'

By Jacey Eckhart

CINCHhouse.com

I sealed the back of the envelope with a piece of tape. I was furtively sending out photos of this new college pin-up girl. Her skin was not exactly what you might call flawless.

Her hair might have benefited from professionally administered color. I'd give good odds that the woman had a bad varicose vein problem. But she brought out the lust in me.

Because 95-year old Nola Ochs just hit the Guinness Book of World Records in May as the world's oldest college graduate. She has been working on her bachelor's degree since 1972 and now she is now eyeing her master's degree.

I just had to distribute her photo to a few of the military spouses I know who also covet their bachelor's or master's degree. "We can do it, too!!!" I scrawled above the picture.

Secretly I was just hoping we could all get it done before we turn 95.

The rest of the week I kept thinking how Nola probably would have liked to walk across that stage a little sooner, too. What was stopping her?

Nola Ochs told one reporter that she had to work in classes around the demands of the family. Every spouse I know has a little of that standing between her and her degree. But other than that one thing, Nola didn't say anything else about her timeline. Maybe no one asked her. Maybe no one else was

interested.

I, for one, am interested: What were the real obstacles in front of her?

Clearly she was smart enough to graduate. She must have turned her work in on time. Did she have the same worries stopping her from going back to school that the rest of us have?

We military spouses all worry that we are too old to start. I had a 28-year old tell me last week that she was too old to go back to school. We also worry whether it is worth it to spend our savings or go into debt for a degree in case we might not be able to use it at the next duty station.

We worry about getting into the school we want to attend. We worry that the next place we move won't have a school or that we will go to school for a couple of years and then get transferred and all our credits won't go with us. We worry about who will watch the kids while we are in class. We worry that we will never, ever graduate.

And then we have our own individual personal worries. When I sat down to start studying for the math section of the Graduate Record Exam (GRE), I realized that the only time I've seen the word "quotient" was in a killer Scrabble game. I do not know how to find the area of a triangle unless it is in a public park. When I think pi, I think cherry a la mode. That night I dreamt that a two-headed math

shark was swimming under the floorboards of my house eyeing me.

Ye gods and little fishes. I got up out of that bed and dug out my clipping of frail little Nola on her graduation day tucked under the arm of someone who loves her. Surely there must be some kind of advantage to going back to school when you are older.

Nola Ochs didn't go back to school just because she was older and thus had the money and time to go back to school. She didn't make it to graduation because her arthritis prevented her from skipping class and hanging out drinking beers with all the cute boys she could find.

The more I look at Nola Ochs, the more I look at all military spouses who manage to go back and get their degrees, the more I am convinced that being old is all the advantage I need. Being older means I can start getting rid of the fear that has always stopped me. Being older helps me make some small movement in the right direction. I just hope being old makes me far too tough to be dinner for math sharks.

A 19-year military spouse, Jacey Eckhart is a nationally syndicated columnist with CinCHouse.com and the host of "The Jacey Eckhart Show for Military Families" at www.cinchouse.com/jacey.

By Cmdr. Jon C. Fredrickson

Spiritual Fitness SE

God is a verb.

We can not contain what functions for us as a Higher Power within a fixed point or in a closed system. However we may understand God, our understanding is always limited. The Power that rescues us from the things that are detrimental in our lives is an active force which constantly beckons us to move on. What we were to do yesterday is past; a new day brings new challenges and opportunities.

It has been said that one of the definitions of insanity is to do the same things over and over expecting a different result. Some of us find ourselves trapped in a pattern of self-destructive repetition. We tend to do the same dumb things over and over again, whether that dumb thing is picking a poisonous relationship, allowing ourselves to fall into a

compulsive behavior or always expecting the worst of ourselves or someone else.

I've said it in this column before, we do not preach or promote a particular religion within CREDO, but we do seek to bring people into an understanding of their lives as a spiritual being. As such, growth as a person or a married couple comes when we accept the fact that we don't have to do the work of becoming whole by ourselves. As we understand God in our lives, we are linked up with a source of newness and creativity. God moves, and if we are linked with God, we also move. God's spirit changes us and what we thought and did yesterday is not adequate to the demands of today.

Trusting God means acting according to God's promptings. We follow after God and God leads us into new tasks and activities and ideas. We learn from experience that God always moves more than adequate for our needs.

Not everyone is a hurting person. Not everyone sees a need to be more than they are. Some people are content with their lives as they are and that's more than OK. But for those of us who know that we can be better persons; be more loving and giving to those who are suppose to mean the most to us; those of us who want to see ourselves untangled from things that we would rather not have a hold on us, then we invite you to a CREDO retreat. These week end get-ways are an opportunity for active duty, family members, retired and government service employees to gain tools and insights into a greater wholeness. If you want to go on either a Marriage or Personal Growth Retreat, give us a call at 270-6958. Or visit our Web site at <http://www.cnrse.navy.mil/credo/SFDSE.htm>.

Prepare With Red Cross

From American Red Cross

American Red Cross is offering first aid, CPR and AED programs June 23 from 9:30 a.m.-5:30 p.m. at the USO on Mayport Road.

The programs are designed to give participants the confidence to respond in an emergency situation with skills that can save a life. Red Cross courses prepare participants to prevent

and respond to life-threatening emergencies.

Adult, Infant and Child CPR and First Aid with AED-Teaches emergency procedures that prepare individuals to deal with breathing and cardiac emergencies for infants and children (birth to age 8) and adults (age 9 and up), and administering first aid to all ages. Participants

learn techniques such as rescue breathing, chest compressions, CPR and Automated External Defibrillation; as well as bandaging, splinting and treatment for burns.

Anyone with a Military ID card gets a \$5 discount.

For more information or to register, please call the Mayport Service center at 246-1395.

Disaster Muster Tool Helps During Hurricane Season

By MC2 Trevor Andersen

Navy Personnel Command Communications Office

Hurricane season officially began June 1 and the Navy has some tools to make sure Sailors, Navy civilians, and families are accounted for in a disaster.

The Disaster Muster Tool (DMT) pulls muster information from multiple sources and is designed to conduct a central accounting of the affected area, said Capt. Hank Vitali, the Director of the Navy Personnel Command (NPC) crisis-action team.

"We're not trying to change the way the Navy conducts business. The Navy has always had to conduct a muster," said Vitali. "The thing that's interesting is the fact that we are now going after our GS (civilian employee) population and our dependant population as well."

The DMT was developed after Hurricane Katrina and has been used in muster exercises since then, including HURREX (hurricane exercise) and domes-

tic-incident muster exercises in fleet concentration areas. The goal of the exercise is to quickly account for all Navy personnel and their families, including civilian employees, to ensure their well-being and, if need be, plan for their safe evacuation.

This is not a Navy-only requirement. This is actually a Department of Defense requirement, according to Vitali. The other branches of service are looking to the Navy for advice to develop their own systems, he said.

After a disaster, commands will take muster, however some Sailors and civilians may become separated from their commands during the incident.

"If they get separated from their command, they always have the option of calling the Customer Service Center here at NPC and reporting their status," said Vitali. The number for the Customer Service Center is 1-800-U-ASK-NPC.

For more information, visit www.npc.navy.mil.



Chapel Call
Command Chaplain:
Cmdr. Phil Wyrick

SUNDAY
Sunday School.....9 a.m.
Morning Worship.....10:30 a.m.
Protestant Baptism.....As requested

TUESDAY
MOPS (Mothers of Preschoolers).....9:30 a.m.
(First and third Tuesday of the month)

WEDNESDAY
Women's Bible Study.....9:30 a.m.
Choir Rehearsal.....7 p.m.

SATURDAY
Men's Prayer Breakfast.....9 a.m.
Youth Group 2, 4.....6 p.m.

Catholic Services:
Sunday Masses.....9 a.m.
CCD.....10:15 a.m.-11:15 a.m.

BAPTISMS
Please call 270-5212 to arrange a Baptism class.

SERVICES
For shipboard and Waterfront Services, call 270-5403. Personnel of other faiths seeking contact with specific religious groups should call the Chaplain's Office at 270-5212.



Naval Station Mayport

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Capt. Aaron Bowman.....Executive Officer
CMDMCM Deborah Davidson.....Command Master Chief

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Paige Gnann.....Editor

The Mirror is distributed without charge throughout Mayport's Navy community, including the Naval Station, on- and off-base Navy housing areas, and ships, squadrons and staffs homeported at NS Mayport. Copies are also available at the Naval Station's Public Affairs Office, Building 1, and The Florida Times-Union, 1 Riverside Avenue, Jacksonville, FL 32202.

The deadline for all submissions is Thursday at 4 p.m., one week prior to publication. News and articles should be submitted to the Public Affairs Office, or mailed to:

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Calendar

On Base

Thursday, June 21

The USS Taylor family readiness group will meet at the USO on Mayport Road for a potluck dinner at 5 p.m. and the meeting at 6 p.m. Daycare will be provided. RSVP your dish to fsg.taylor@gmail.com.

Tuesday, June 26

The USS Taylor family readiness group will hold a beach day at 11 a.m. at the Sea Otter Pavilion. Bring a picnic lunch and enjoy a day on the beach.

Thursday, June 28

The USS Philippine Sea family readiness group will hold its monthly potluck meeting at 6:30 p.m. at the USO on Mayport Road. Free babysitting will be provided.

Wednesday, July 11

The USS DeWert family readiness group monthly meeting will be at 7 p.m. at the Mayport USO. Childcare is available during meeting.

Thursday, July 12

The USS Carney family readiness group will meet at 6:45 p.m. at the USO on Mayport Road. Childcare will be provided.

Monday, July 16

The USS Taylor family readiness group will hold a Moe's fundraiser night from 5-8 p.m. at the Moe's on Atlantic Boulevard in front of Lowe's. Remember to say you are with the USS Taylor group at the register or we won't get credit. If you'd like to volunteer a shift please contact Dawn at fsg.taylor@gmail.com.

Saturday, July 21

The USS Carney family readiness group will meet at 6:45 p.m. at the USO on Mayport Road. Childcare will be provided.

Thursday, July 26

The USS Philippine Sea family readiness group will hold its monthly potluck meeting at 6:30 p.m. at the USO on Mayport Road. Free babysitting will be provided.

Out in Town

Friday, June 22

The Fleet Reserve Association Branch 290 will hold a mystery dinner from 5-8 p.m. at the branch home, 390 Mayport Road. A \$5 donation per dinner is requested and take out orders are welcome. The public is invited.

Saturday, June 23

The Jacksonville Public Library is offering free programs at the Main Library branch. Art-Rageous will be held at 4 p.m. for kids 6-12 years old. Kids are invited to explore their creative talents. Hot Issues for Teens will be held at 4 p.m. for kids 6-12 years old. There will be discussion groups sharing ideas, websites and booklists. Reading List Book Club will start at 3 p.m. Have fun discussing books while working on your summer reading. For more information, go to www.jaxpubliclibrary.org.

The Jacksonville Public Library is offering free programs at the Beaches Branch Library, 600 Third Street in Neptune Beach. Classic Movie Night at 5:30 p.m. Classic Western movies and popcorn will be provided. For more information, go to www.jaxpubliclibrary.org.

The Jacksonville Public Library is offering free programs at the Pablo Creek

Regional Branch Library, 13295 Beach Blvd. Cinema featuring Harry Potter at 3 p.m. Enjoy the first three films of the Harry Potter series. All ages welcome. For more information, go to www.jaxpubliclibrary.org.

The U.S. Coast Guard Auxiliary 14-04 as a public service is offering an Americas Boating Course program at the Captains Club. The Captains Club is at 13363 Beach Blvd. located between Hodges and Kernan Blvd. The program meets the Florida State Requirement for a Boaters Safety Card and the cost is only \$25. Contact Mike at (904) 502-9154 for more information.

Tuesday, June 26

The Jacksonville Public Library is offering free programs at the Pablo Creek Regional Branch Library, 13295 Beach Blvd. Playstation Game Day from 6-8 p.m. Enjoy games including Harry Potter on Playstation. For more information, go to www.jaxpubliclibrary.org.

Wednesday, June 27

The Jacksonville Public Library is offering free programs at the Main Library branch. Bilingual Spanish Storytime at 11 a.m. Interactive storytime for Spanish or English speakers or both. Kids ages 0-5 and caregivers are welcome. For more information, go to www.jaxpubliclibrary.org.

Friday, June 29

The Ladies Auxillary Fleet Reserve Association Branch 290 will sponsor a shrimp dinner from 5-8 o.p., at the branch home, 390 Mayport Road. An \$8 donation per dinner is requested and take out is welcome. The public is invited.

Saturday, June 30

The Jacksonville Public Library is offering free programs at the Main Library branch. Art-Rageous will be held at 4 p.m. for kids 6-12 years old. Kids are invited to explore their creative talents. For more information, go to www.jaxpubliclibrary.org.

The Jacksonville Public Library is offering free programs at the Main Library branch. Hot Issues for Teens will be held at 4 p.m. for kids 6-12 years old. There will be discussion groups sharing ideas, websites and booklists. For more information, go to www.jaxpubliclibrary.org.

The Jacksonville Public Library is offering free programs at the Pablo Creek Regional Branch Library, 13295 Beach Blvd. Cinema featuring Harry Potter at 3 p.m. Enjoy the first three films of the Harry Potter series. All ages welcome. For more information, go to www.jaxpubliclibrary.org.

Terry Parker High School, Class of 1977, 30 year reunion will be held at FOP Lodge, 171 Sawgrass Road, Marsh Landing Park, Jacksonville Beach. Check-in begins at 6 p.m. - Bar-B-Q Buffet begins at 7 p.m. - live band and DJ for entertainment. Cost is \$30 per person. Deadline May 30 to mail checks (payable to "Terry Parker Class of '77") to: Anita Kelly; 195 South Roscoe Blvd.; Ponte Vedra Beach, Fla. 32082 For details contact Anita DuPont Kelly at (904) 273-2933 or Cindy Poland Pittman at (904) 821-0887 or email pittmanjc@comcast.net.

The Fleet Reserve Association and Ladies Auxillary will hold a

fundraiser starting at 1 p.m. at the branch home, 390 Mayport Road. Dinner will be served between 2-6 p.m. with a \$6 donation. There will be a live band, door prizes and silent auction. For more information, call 246-6855.

Wednesday, July 3

NE Florida/SE Georgia Songwriters Group meets the second Wednesday of each month at 6:30 p.m. sharp at the Florida House Inn - Conference Room, 22 S. 3rd Street, Fernandina Beach. Songwriters of all genres are welcome to this future chapter of NSAI (Nashville Songwriters Association International) This is your opportunity to grow in the art and craft of songwriting, and to learn about the business side too. Song critiques are done in every meeting, so bring a song and lyric sheets if you'd like an evaluation. Beginning songwriters, or those just curious about songwriting are very welcome. Contact Chris Platel at cplatel@bellsouth.net for more information.

Saturday, July 21

The U.S. Coast Guard Auxiliary 14-04 as a public service is offering an Americas Boating Course program at the Captains Club. The Captains Club is at 13363 Beach Blvd. located between Hodges and Kernan Blvd. The program meets the Florida State Requirement for a Boaters Safety Card and the cost is only \$25. Contact Mike at (904) 502-9154 for more information.

Milestones



Naval Station Mayport Commanding Officer, Capt. Charles King, stands with new frockees during a May 30 ceremony at Beachside Community Center.

Frocked

ABF3 Gerardo Cernas, NS Mayport
 ABH2 Zachary Cheatham, NS Mayport
 PC2 Jesse Dickerson, NS Mayport
 BM2 Michael Gosey, NS Mayport
 ABF2 Melissa Gruenler, NS Mayport
 AC2 Henry Hernandez, NS Mayport
 DC1 Charles Hickey, NS Mayport
 AC2 Aaron Hughes, NS Mayport
 BM2 Markus Johnson, NS Mayport
 AC2 Sean Lee, NS Mayport
 AC2 Terri Pash, NS Mayport
 ABH2 Milo Patterson, NS Mayport
 ABF2 Arnel Sarzaba, NS Mayport
 CS2 Katherine Seno, NS

Mayport

CS3 Maurianne White, NS Mayport
 MC3 Bonnie Williams, NS Mayport
 BU1 Carlos Farina, NS Mayport
 MA2 Adelfa Anderson, NS Mayport
 MA3 Chad Grogan, NS Mayport
 MA2 Quoc Lam, NS Mayport
 MA3 Ashton Lugar, NS Mayport
 MA2 Shean McDade, NS Mayport
 MA2 Robert Pennington, NS Mayport
 MA2 Damian Robinson, NS Mayport
 MA3 Gilbert Ruiz, NS Mayport
 MA2 Brian Sibbald, NS Mayport
 MA2 John Wozniak, NS Mayport

Retirement

Navy Counselor Senior Chief (SW/AW) Lee Moody of USS Halyburton retired June 15 after 21 years of naval service. He was born in Lumberton, N.C., and entered the U.S. Navy in 1986. He attended Basic Recruit Training and Signalman "A" school in Orlando, Fla. He served aboard USS Shreveport (LPD 12), USS Oliver H. Perry (FFG 7), USS Aubrey Fitch (FFG 34), USS Carney (DDG 64), USS Portland (LSD 37) and Halyburton. On shore he served in NRD Columbia, S.C., and Patrol and Reconnaissance Squadron 30 (VP 30) in NAS Jacksonville. Moody has been married to the former Alicia D. Harper of Columbia, S.C., for 15 years. They have two children, Brittany, 12, and Elijah, 4.

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4 THE MIRROR, NS MAYPORT, Thursday, June 21, 2007

USS The Sullivans Celebrates 10th Anniversary On Commissioning Pier

By Lt. Lesley Lykins
Navy Office of Information, East

The crew of USS The Sullivans (DDG 68) with USS The Sullivans Foundation and the people of Staten Island, N.Y., celebrated the 10th anniversary of the ship's commissioning June 16 at the pier where the ship was commissioned in Staten Island, N.Y.

The public ceremony held by USS The Sullivans Foundation, a non-profit organization established to support the crew and ship, hosted the ceremony and following reception as a way to strengthen the tie between the people of Staten Island and the crew and ship.

"Ten years ago there were 7,000 people here on this pier to celebrate this great ship," Nancy Pouch, a member of USS The Sullivans Foundation, told the crowd in her speech. "It was the beginning of a beautiful relationship between the ship and the people of Staten Island."

Pouch described the support the Foundation has given the ship since its commissioning including donations to the Morale, Welfare and Recreation Fund and a scholarship fund for family members. Many of the Foundation's members were part of the commissioning committee and have followed the ship's progress for the past 10

years. "I developed a great bond with the ship as part of the original commissioning committee," said H. Peter Schorr, USS The Sullivans Foundation treasurer and coordinator for the ceremony. Schorr was particularly impressed by the retirement ceremony held prior to the anniversary celebration for Capt. Gerard D. Roncolato, The Sullivans Commanding Officer for the ship's commissioning.

During the Anniversary Ceremony Roncolato described April 19, 1997, the day the ship was commissioned as blustery and cold in Staten Island.

"The crew believed that they were entrusted with a sacred honor," said Roncolato. "A large part of what makes this ship special is the people of Staten Island that opened their hearts and doors to USS The Sullivans."

Named for the five Sullivan brothers that perished aboard USS Juneau (CL 52) in Nov. 1942, the ship is the second to carry the name. USS The Sullivans (DD 537) was commissioned in 1943 as a reminder of the commitment and self-sacrifice of an average American family.

The ship's sponsor, Kelly Sullivan Loughren, the granddaughter of one of the brothers for which the ship is named, also attended the ceremony.

See The Sullivans, Page 5



Crewmembers from USS The Sullivans (DDG 68) stand ready to participate in the ship's 10th anniversary ceremony June 16 at the pier in Staten Island, N.Y. -Photos by Lt. Lesley Lykins



Crewmembers from USS The Sullivans stand ready to participate in the ship's 10th anniversary ceremony June 16 at the pier. The pier, named for the ship, was the site of The Sullivan's commissioning ceremony April 19, 1997. USS The Sullivans Foundation, a non-profit organization established to support the ship, hosted the public ceremony to continue the strong bond of support between the people of Staten Island and the crew and ship.



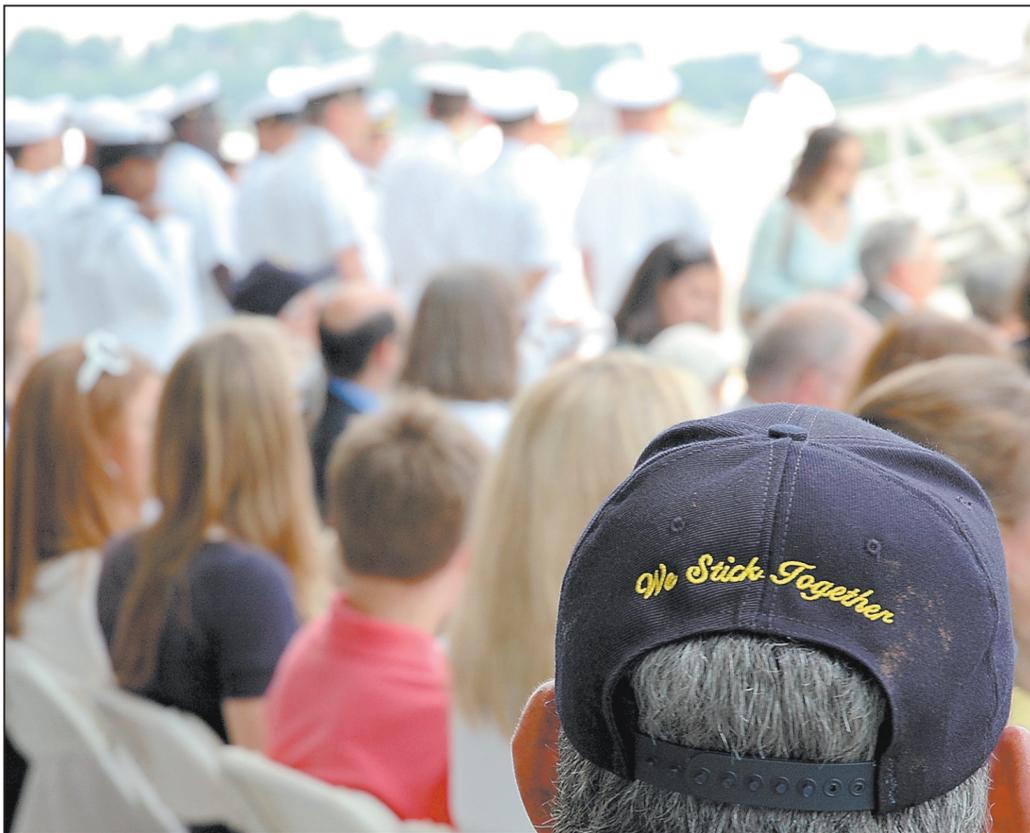
Crewmembers from USS The Sullivans walk down the brow June 16 to participate in the ship's 10th anniversary ceremony from the pier in Staten Island, N.Y.



USS The Sullivans arrives in New York June 14. An anniversary ceremony organized by the non-profit USS The Sullivans Foundation commemorated the commissioning that took place April 19, 1997. The ship's sponsor, Kelly Sullivan Loughren, granddaughter of one of the brothers for which the ship is named, also attended the ceremony.



Members of the Staten Island Pipe and Drum Corps perform at USS The Sullivans' 10th Anniversary Ceremony at Staten Island, N.Y. June 16. The Sullivans berthed at the pier in which it was commissioned April 19, 1997, returned May 30 from a six-month deployment in support of Operation Enduring Freedom in the Mediterranean Sea.



The crew of USS The Sullivans (DDG 68) celebrate the ship's 10th anniversary June 16. The ship's motto "We stick together," was a saying used by the Sullivan brothers for which the ship is named. The five brothers were stationed together aboard USS Juneau (CL 52). When the ship sank as a result of Japanese torpedoes, all five brothers perished.



Kelly Cox sings "America the Beautiful" June 16 aboard USS The Sullivans (DDG 68) during a public ceremony in Staten Island celebrating the 10th Anniversary of the ship's commissioning at the same pier. (From the Left) Nancy Pouch, member of USS The Sullivans Foundation; Kelly Sullivan Loughren, Ship's Sponsor; Cmdr. Anthony Parisi, USS The Sullivans Commanding Officer; Capt. (Ret.) Gerald Roncolato, Commissioning Commanding Officer; and Rep. Vito Fossella, N.Y. Each spoke to the attendants, recalling the cold and windy day in April when the ship was commissioned.



Members of USS The Sullivans Foundation, a non-profit organization that supports USS The Sullivans (DDG 68), wait on USS The Sullivans Pier at Staten Island as the ship moors June 14.

The Sullivans

daughter of Albert Sullivan one of the five brothers for which the ship is named attended the ceremony and spoke to the crowd.

"The stories I've heard as I grew up a Sullivan made me understand how patriotic my family is," said Loughren. "As I walk around the ship I can tell how much the crew loves it and believes in what they are doing."

"I was a senior in high school when the Navy asked me if I wanted to sponsor a ship. I had no idea what an honor it was. When people ask me where in the world I would wish to be at the moment, it is always aboard this ship. It is my favorite place to be and the smell inside is my favorite smell in the world."

The public attending the ceremony sat in chairs on the pier facing The Sullivans. Behind them Intrepid, the former United States Carrier now a museum normally berthed in Manhattan, was moored to the pier while undergoing renovations. Rep. Vito Fossella (N.Y. District 13) commented on the story of USS The Sullivans (DDG 68) escorting the stricken USS Intrepid to Majuro for repairs and described the irony of sitting between the second USS The Sullivans and Intrepid now years later.

"This is a day we honor what this country is all about, the young people that have fallen in the current war as well as all of those who have gone before them," said Fossella. "Thank God we have young men and women that are willing to stand up and volunteer because they believe in what this country stands for."

Cmdr. Anthony Parisi, USS The Sullivans' Commanding Officer, described for the attendees the ship's history over the past ten years and focused on their motto, "We stick together."

"The motto was handed down by crewmembers from the previous USS The Sullivans which they took from the five brothers," said Parisi. "We wear it on our ball caps and in our hearts. It is a saying that rings true in any language and during our recent deployment to the Mediterranean Sea it became a constant theme with the coalition nations to emphasize the unity that we need to fight this newest threat to our nation and the world."

From Page 5

When USS The Sullivans (DDG 68) was commissioned it was blessed by Loughren and Roncolato with the words, "May the luck of the Irish be with you and the crew." The Irish heritage and the memory of the Sullivan brothers are as present in the everyday life of the crew as it was the day the ship was commissioned.

"The heritage of the ship and the fact that Kelly (Loughren) comes back and keeps the Sullivan brothers' legacy alive is wonderful," said Chief Quartermaster (SW) James Ortiz, a plank owner and now stationed aboard The Sullivans for a second tour. "Seeing that Staten Island keeps supporting us and wanting us to come back is a good feeling."

USS The Sullivans (DDG 68) based in Mayport, returned May 30 from a six-month deployment in the Mediterranean Sea supporting Operation Enduring Freedom.

IA Assignments Part Of Navy Detailing Process

From Navy Personnel Command Public Affairs

With the implementation of NAVADMIN 147/07 released June 7 removing Sailors from their current duty assignment to fill individual augmentee (IA) orders will gradually become the exception as the Navy moves to make most global war on terrorism (GWOT) support tours part of the normal detailing process.

"Bringing our support of the GWOT into the mainstream of our detailing processes is the right thing to do for our Sailors and their families," said Adm. John C. Harvey, Chief of Naval Personnel.

Phase One began in June for officers and will begin in August for enlisted Sailors. During this timeframe, Navy Personnel Command will start to bring about 1,200 Joint Manning Document (JMD) driven GWOT billets into the normal detailing process as they become open between September and December 2008. These billets account for about one-third of all the active duty IA requirements that exist today.

Phase Two will continue this process, adding additional bil-

GWOT Billets Move Into Normal Detailing Process

lets to make a total of about 80 percent of the IA requirements. Phase Three will add the emergent fill billets into the process, which currently consist of about 20 percent of the IA requirements.

Under these plans, Sailors would volunteer for an IA assignment at their Projected Rotation Date (PRD) and PCS to either San Diego or Norfolk where they will be attached to the Expeditionary Combat Readiness Center while they carry out their temporary duty GWOT Support Assignment (GSA).

"The desired end state is a Sailor assignment and distribution system which retains predictability for our Sailors and stability for our commands, yet is agile enough to respond to

the requirements of our combatant commanders in the GWOT," said Harvey.

According to Harvey, the current process of selecting Sailors to fill IA billets will continue in the short term, but as we transition into the new process, there will be less and less requirements for commands to pull Sailors mid-tour.

"Our existing IA process meets mission and has matured to the point that we average nearly 60 days notice (to our Sailors)," said Harvey. "However, it also limits Sailor input into the process, masks unit level manning impacts, and its unpredictability breeds uncertainty and concern from the fleet."

The new process is expected to improve the predictability of GWOT assignments, enable volunteerism, improve manning stability at the unit level, and add detailer involvement for oversight of professional development and career progression.

For more information on IA assignments or processes, go to <http://www.npc.navy.mil/CareerInfo/Augmentation/>.

Exemplary Volunteer



-Photo courtesy of Naval Sea Logistics

Rosemary Travis, of the Naval Sea Logistics Command at NS Mayport was recently presented the first James E. Patrick Sustained Exemplary Performance Award, along with a 25-year Service Award, at a Volunteer Appreciation luncheon hosted by the State Attorney's Office, Fourth Judicial Circuit. This special award honors Jimmy Patrick, who overcame a great physical disability to become Director of Restitution Enforcement Programs for the State Attorney's Office. Patrick passed away in March 2007. The award is given to a volunteer who has made outstanding contributions to the community and the State of Florida. Travis works for the Office of Special Prosecutions and its established pre-trial intervention programs as a Hearing Officer. She hears criminal and civil cases assigned by State Attorneys in the areas of Domestic Violence, Youth Mediation, Citizen Dispute and has recently started working with Teen Court. Pictured with Travis is Debbie Garrett, Cindy Patrick, Jay Plotkin and Bill Hodges of the State Attorney's Office.

Florida License Plate Supports Troops

From Staff

Florida Governor Charlie Crist signed the bill approving the sale of Support Our Troops! license plates in the state on June 12. The new plate should be manufactured and ready for sale by Oct. 1.

Each plate will generate \$25 to Support Our Troops® (SOT®), a Florida-based nationwide 501(c)(3) nonprofit committed to financially bolstering the families of active duty U.S. troops.

The Support Our Troops! license plate enables people to raise patriotic private money to help their neighbors and the families of troops who are deployed.

"If a neighbor leaves to go off to protect your family, morally what do you think you should do for his family, for her



family?" said SOT Chairman Martin Boire. "Buying this plate lets us civilians honor our moral obligation to those who are looking out for us."

The Support Our Troops! plate is expected to raise \$400,000 annually to assist the families of Florida troops with education, car repairs, medical and home expenses, fam-

ily emergencies and immediate finances - needs that dad or mom could meet if they were home.

"When you're half way around the world, you shouldn't have to worry about your family back home," Boire said.

Support Our Troops! license plates are currently available in 23 U.S. states with nine more

expected to issue them this year. An additional 12 states will make the plates available in 2008.

Florida residents can register for Support Our Troops! plate news updates and information on how they can buy the plates at www.SupportOurTroops.org.

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New Navy Program To Put Recruits Through Junior College

By MC2(SW/AW) Gabriel Owens

Commander, Navy Recruiting Command Public Affairs

Commander, Navy Recruiting Command (CNRC) and Commander, Naval Education and Training Command (NETC) are starting to see interest grow in a pilot program, launched May 1, that allows enlistees to obtain an associate's degree through a community or junior college as part of their initial rate training.

Called "Accelerate to Excellence," the program is expected to sign up 100 people in the first year. The program allows enlistees to enroll in community college while in the Delayed Entry Program (DEP) and get paid a monthly stipend by the Navy. The enlistees are expected to eventually earn an associate's degree prior to reporting to their first permanent duty station. The initial pilot program will be focused on recruiting from Texas and Florida.

"This continues the Navy's emphasis on post-secondary education for Sailors," said Rear Adm. Joe Kilkenny, CNRC. "Adapting to the challenges of the 21st century and the Navy's changing capabilities and missions will require Sailors to have a strong educational foundation - both professionally and personally. Degree programs develop the depth of knowledge and analytical skills to think critically. This program opens another avenue for Sailors to explore higher education opportunities."

After eligibility is determined for the program (qualifying Armed Services Vocational Aptitude Battery, or ASVAB score, a 2.8 high school GPA (grade point average) or a 2.5 college GPA, along with other standard Navy eligibility requirements), the future Sailors are enlisted into DEP and select their rate or job specialty, which during the pilot program is limited to five technical aviation

fields, and degree program.

The program DEP participants will attend an accredited community college of their choice for two semesters while receiving a college stipend of \$475 a month. An added element of the program is the potential for top performers to be considered for application into officer commissioning programs. The DEP personnel will enter basic training at Recruit Training Command in Great Lakes, Ill., at the pay grade of airman apprentice, with an automatic advancement to airman upon graduation.

The Sailors will then be stationed at Naval Air Technical Training Center, located at Naval Air Station Pensacola, Fla., where they will attend classes offered by Florida Community College at Jacksonville (FCCJ) or another semester to complete their associate's degree in either industrial management or avionics technology.

The Sailors will be on active duty and receive full benefits during their semester at FCCJ. In addition, they will receive general Navy instruction and

training and participate in a physical training regimen. During this final semester, the Sailors will be expected to complete all degree requirements that can't be met through American Council on Education credits earned from their Navy technical training ("A") school.

Next, the Sailors will attend "A" school to receive basic technical training in their career fields. Upon completion, the service members will be advanced to petty officer third class and receive their associate's degree diplomas. A year from graduation, the Sailors will be eligible to advance to petty officer second class following an advancement exam, provided they meet all other eligibility requirements.

Within the first three weeks of the pilot program start, one recruit in Houston has signed up with significant interest being reported from the other participating Navy Recruiting Districts as well. The pilot program is planned to run for three years.

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Task Group Departs Iquique After Teamwork South

By MC2(SW)
Alexia M. Riveracorrea
USS Pearl Harbor Public Affairs

Team Work South concluded in Iquique on June 12 with a port visit by ships from Task Group 40.0, deployed for Partnership of the Americas (POA) 2007.

Teamwork South, a Chilean biannual exercise designed to enhance interoperability between participating nations, was held from May 30 through June 12, with navies from Argentina, Chile, France, the United Kingdom and the United States.

"I am absolutely satisfied with the execution and professionalism of this ship's crew and impressed by the navies we trained with," said USS Pearl Harbor (LSD 52) Commanding Officer Cmdr. Victor Cooper. "The opportunity to operate

along with ships from partner nations helped us to get a better understanding of how other navies operate, and we are better Sailors after this experience."

The ships that composed the multinational task group for Team Work South participated in various exercises while underway such as live weapons firing training, seamanship maneuvers, and flight operations. A Chilean SH-32 Cougar helicopter, a key asset in this multinational force, landed on Pearl Harbor's flight deck, which gave the crew more experience in safe aircraft operations.

One of the training exercises highlighted during Team Work South 2007 was when a Chilean Navy Special Forces detachment and a visit, board, search and seizure (VBSS) team

boarded Pearl Harbor.

Chilean special forces fast-rope to Pearl Harbor's flight deck, and conducted a search that led to the ship's bridge while a Chilean SH-32 helicopter provided sniper cover. Once the bridge was secured, Chilean VBSS team members boarded Pearl Harbor and proceeded to join the special forces on the bridge.

"The Chilean Navy was impressive. They secured the bridge efficiently and were focused on safety and proper procedures," said Pearl Harbor's Boarding Officer, Ensign Dustin Walker.

U.S. Sailors also boarded Chilean Frigate Almirante Condell (PFG 06) to conduct VBSS training that included a search of the ship's spaces.

"The Almirante Condell did an excellent job providing role

players simulating a threat and cooperating with our boarding team. The boarding events were a great success," said Walker. "Many countries were able to come together and share each other's training techniques and styles. We all improved our techniques."

During the exercise, Mitscher fired her 5-inch gun in support of sea-to-shore firing exercises using a Chilean spotter who directed fire. She also fired Standard and Harpoon missiles at a retired Chilean fishing vessel which was provided as a target. The launches gave Mitscher's crew an opportunity to use their training during live missile shoots, and demonstrate U.S. Naval capabilities to partner nations.

"It was a great experience. I am a veteran of six missile shoots, and this was the most missiles

I have fired at one time," said Fire Controlman 1st Class (SW) Kevin Jones, from Mitscher. "I have been in the Navy for 17 years, and this was easily the best experience I have had."

While in port, Sailors were able to participate in a wreath-laying ceremony in honor of Chilean hero, Captain Arturo Prat, whom at the battle of Iquique in 1879 immortalized the commitment of Chilean Sailors to their country through his and his crew's heroism and dedication.

Also ashore, Task Group 40.0 Sailors delivered Project Handclasp materials and volunteered their time at a community relations project at a home for abused and abandoned girls, Fundacion de Maria Ayuda. During the project Sailors repaired plumbing and electrical outages, and painted the

building.

"I am really happy with this port visit. I think we accomplished a lot, especially after all the work put out by the Sailors during the community relations project," said Religious Program Specialist 2nd Class Glenda Techur. "This was an uplifting experience."

Task Group 40.0 is preparing to conduct UNITAS Pacific 2007 along the western coast of South America, with navies from Chile, Colombia, Peru and the United States. It consists of dock-landing ship Pearl Harbor, guided-missile destroyer Mitscher, guided-missile frigate USS Samuel B. Roberts (FFG 58) and Chilean frigate CS Almirante Latorre (FFG 14), under the leadership of Capt. Randy Snyder, Commander Destroyer Squadron 40.



-Photo by MCSN Vincent J. Street

Oliver Hazard Perry-class frigate USS Samuel B. Roberts (FFG 58) navigates in the Caribbean Sea during an exercise. Midway through her Partnership of the Americas deployment, USS Samuel B. Roberts (FFG 58) made a port visit to Rio de Janeiro, Brazil May 28-31.

SBR Enjoys Rio Port Visit

By Ensign
Christy Campbell
USS Samuel B. Roberts Public Affairs

Midway through her Partnership of the Americas deployment, USS Samuel B. Roberts (FFG 58) made a port visit to Rio de Janeiro, Brazil, May 28-31.

During the three-day port visit, Sailors made maximum use of every moment by giving tours, participating in community service projects, visiting with Brazilian sailors, and seeing the beautiful city of Rio de Janeiro.

Cmdr. Marc Weeks, Commanding Officer of USS Samuel B. Roberts, had the opportunity to visit with several high ranking Brazilian Naval officers including Fleet CINC Vice Admiral Vinicius, 1st District Naval Commander Vice Admiral Mendoca, and Rio De Janeiro Naval Base Commander Captain Eduardo Assad Fontenelle. Gifts and friendly conversation were exchanged to mark the occasion.

In addition to these visits, Brazilian sailors also had the opportunity to visit the "Sammy

B" for ship tours, and junior officers from the Sammy B were hosted aboard Brazilian frigate BNS Rademaker (F 86) for lunch and a tour.

Sammy B's soccer team took on the Brazilian Navy's team for a competitive and enjoyable match. Although Sammy B didn't win, the team had a great time and enjoyed getting to know the Brazilian sailors.

The highlight of the port visit for many on the "Sammy B" was the chance to participate in community service projects. On the second and third day in port, 40 sailors volunteered their time to help disadvantaged children at the Instituto Metodista de Acao Social.

"It was a great opportunity to help less fortunate kids live better lives and to help them get off the street," said Storekeeper 3rd Class Fredrico Rodriguez from Miami, Fla.

Sailors from the Roberts spent the day cleaning, reading, tutoring, playing games, and spending time with the children. Ten sailors also helped Task Brazil Mission which includes

Casa Jimmy and Casa Roger, homes for disadvantaged and troubled boys and girls. Some of the work done at these two places were painting and performing general labor projects as well as presenting them with musical instruments and Project Handclasp material.

Boatswain's Mate 3rd Class Ervin Stewart from Atlantic City, N.J., said, "I had a great time playing soccer with the kids. It was my third time to the city, and it felt good to contribute to the people of Rio."

Rio de Janeiro proved to be an enjoyable port visit. With all of the activities, volunteer projects, military to military tours, and standard deployment duties, USS Samuel B. Roberts still managed time to see the sights and beautiful geography of Rio de Janeiro. The Roberts departed Rio de Janeiro May 31 to continue on with the Partnership for the Americas deployment.

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8 THE MIRROR, NS MAYPORT, Thursday, June 21, 2007

USS Gettysburg Upgrades Its Arsenal

By Lt.j.g. Andrew Bonderud
USS Gettysburg PAO

At first glance, Sailors might not notice anything special about the 25 millimeter machine guns that were installed last week on board USS Gettysburg (CG 64). Upon closer examination though, everyone realizes that they are much more than the conventional, high-powered weapon system. These Mark 38 Mod 2, single-barrel machine guns pack overwhelming fire power, computer-guided accuracy, and other, new, high-tech capabilities.

Twenty-five millimeter machine guns are not new to the Navy - or to USS Gettysburg. In fact, during her last deployment in 2005-2006, Gettysburg already had two earlier model 25 millimeter machine guns. One of the primary advantages of the Mod 2 system is its remote control capability. Unlike older versions, this system does not require a Gunner to have both of his or her hands on the actual machine gun, manually controlling the aim of the gun in the heat of battle. Rather, these guns can be controlled by a simple joystick, utilizing the system's new, infrared, electro-optical, video sight. This upgrade

eliminates the inherent danger of a gunner exposing himself to return fire while trying to engage a hostile, surface vessel.

Designed for offensive or defensive use against enemy surface or air contacts, this upgrade will undoubtedly make USS Gettysburg more prepared for her upcoming deployment this summer.

Gunner's Mate Seaman Robert Gjerde, one of the crewmembers who helped with the installation of the new Mk 38 upgrade said, "I'm looking forward to enhancing our ship's defense systems, using our new Mk 38 Mod 2s. These guns will dramatically increase our ship's capability to defend the ship, during day or night, against terrorist attacks."

According to U.S. Navy press releases, the Mk 38 machine gun system has been in service since 1986 and has been employed on various combatant and auxiliary ships since then. The Mk 38 Mod 2 system was originally delivered to the U.S. Navy in the Spring of 2007 by BAE Systems and is being installed on various U.S. Navy platforms, including guided missile cruisers.



-Photo courtesy of USS Gettysburg
Gunner's Mate 2nd Class Brandon Gross of USS Gettysburg (CG 64) stands on the ship's new Mark 38 Mod 2 single-barrel machine guns recently installed on the ship.

Vietnam Vets' Recognition Ceremony Planned

From Staff

The contributions of Vietnam War veterans living in the 4th Congressional District of Florida will be recognized by Congressman Ander Crenshaw during an upcoming recognition ceremony. Members of the armed forces who were awarded the Vietnam Service Medal are eligible for this year's ceremony.

He will present them with certificates of Special Congressional Recognition in honor of their service to our country. All eligible veterans

must register before Sept. 7 for the event, a time and place to be announced later.

The Vietnam Service Medal was awarded to those who served in Vietnam and its contiguous waters and airspace between July 3, 1965 and March 28, 1973.

In addition, personnel serving in Thailand, Laos or Cambodia in direct support of operations in Vietnam during the same time period were also eligible for the medal. Armed Forces members who qualified for the

Armed Forces Expeditionary Medal by service in Vietnam between July 1, 1958 and July 3, 1965 will also be recognized.

If you are a Vietnam veteran and were eligible to receive either the Vietnam Service Medal or the Armed Forces Expeditionary Medal and live in the 4th Congressional District, please contact Congressman Crenshaw's office or go to his website, www.andercrenshaw.com or Crenshaw.house.gov to obtain an application.

"Vietnam veterans served our

country with honor during one of our most tumultuous times as a nation," said Crenshaw. "They answered the call of duty, but when they returned home many did not receive the recognition they properly deserved. These brave individuals helped fight for freedom and democracy at a time when their country needed them - this ceremony will help show our appreciation."

To determine eligibility for the certificate, veterans must complete an application and submit a copy of their service

discharge document. Veterans must be a current resident of the 4th Congressional District of Florida to participate in this program.

Applications can be obtained on Congressman Crenshaw's website or by contacting his

local offices at (904) 98-0481 or (386) 365-3316 or for those in the 850 area code, (888) 755-5607. Completed applications and documentation should be mailed to the following address: 1061 Riverside Avenue, Suite 100, Jacksonville, Fla., 32204.

Household Terms: Muster, NFAAS

By Zona Lewis
CNIC Public Affairs

Immediately following a declared disaster there are two things Navy families should do - muster with their command and complete a needs assessment with the Navy Family Accountability and Assessment System (NFAAS).

"Mustering and NFAAS should be household terms," said Fleet and Family Readiness Community Alliance Program Manager Meg Falk. "Service members must ensure their family knows the command's muster procedures in case they are not together during a disaster."

All commands are responsible for implementing and administering muster procedures for determining the status and whereabouts of Navy personnel following a catastrophic event.

After a catastrophic event, all Navy personnel deployed to or working within the affected geographic area of interest (GAOI) are required to personally check-in either in person or phone with their command at the first available opportunity.

If the service member is deployed, on temporary additional duty (TAD), or on individual augmentee assignment outside of the GAOI, and has left a family within the affected area, the family should muster with the service member's command.

It is equally important for the service member or family member to do a needs assessment in NFAAS following a disaster. "If they have needs, the Navy has resources that can come to bear to support families who have suffered a loss during an emergency," said Falk.

NFAAS is a survey tool to assess disaster-related needs of the Navy family. The systems allows families to assess nineteen categories, including: medical, missing family locator, transportation, housing and personal property, financial, employment, child care, education, legal services, counseling, and mortuary and funeral assistance.

"Navy leadership is sincerely concerned for our Navy personnel and their family members

in an area affected by disasters and catastrophic events," said Commander, Navy Installations Command Vice Adm. Bob Conway.

"NFAAS allows us to provide the Navy family with continued support through the recovery phase."

NFAAS was developed by Task Force Navy Family following the major hurricane season of 2005. The task force identified the need for a single reporting system for Navy family members to inform the Navy regarding their status and needs after a declared emergency or catastrophic event.

NFAAS is a web-based application used in conjunction with, or independently of, the BUPERS online (BOL) disaster muster tool (DMT). BOL DMT is an online mustering tool for command to account for Active Duty, Selected Reserve, and Department of Defense (DoD) civilian (appropriated and non-appropriated fund) employees and their family members.

Personnel mustered through BOL DMT may go directly to the NFAAS Web site to assess their needs.

Family members will need their sponsor's social security number and date of birth to access the site. NFAAS can also be utilized by retirees and contractors and their family members (excluding foreign nationals OCONUS). These members of the Navy family should visit their local Fleet and Family Support Center for their initial NFAAS assessment. Once in the system, they may update their status online as it changes until they are assigned a case manager. Once a case manager is assigned, they become the Navy family member's single point of contact to update the status of their needs.

Connectivity may be a challenge following a disaster.

If Internet and transportation are not available, personnel and families in the affected area may contact the Emergency Call Center at 877-414-5358 (the TDD number is 866-297-1971) to assess their needs.

"I encourage everyone to visit the NFAAS Web site at www.NavyFamily.navy.mil within

72 hours of mustering with their command for additional information and support," said Conway. "We have the ability to respond rapidly to a family that indicates in NFAAS they have an emergent need after a disaster."

If disaster-related needs are identified, a case manager from a Fleet and Family Support Center will be assigned to their case. The case manager will contact the Navy family member to assist them with all of their needs, from the urgent to the informational.

All information provided during the assessment is confidential. Details of the assessment will not be provided to the service member's chain of command or anyone outside the case management team without the provider's approval. Commands will only receive general needs data (e.g., 325 command personnel need temporary housing) to ensure resources and policies are in place to support Navy families.

"Family readiness is critical to Sailor readiness," said Falk. "If you have Navy personnel whose family has suffered a loss, they are going to be preoccupied with getting their family back to a stable state. They will not be focused on the mission. Family readiness means that families know what to do in the aftermath of a disaster, whether the service member is there or not."

Following the 2005 hurricane season, over 7,400 cases were reported in the NFAAS. The biggest two issues were housing and finances, said Falk. Case managers were able to work on behalf of those affected families by connecting them to internal Navy resources, and external resources such as those provided by FEMA and the Red Cross. Falk said that the NFAAS has taken what the Navy has learned over the years about responding to other kinds of disasters and emergencies and raised its response to a new level. A case manager works with an individual or family from the

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Navy News

Sponsor Tool Connects Sailors, New Commands

By MCSA Ken Ingram
Navy Personnel Command Public Affairs

As Sailors prepare for summer rotations, Navy Personnel Command is encouraging them to use the Web-based Sponsor Assignment Aid (SAA) tool in seeking a sponsor from their gaining command.

The online application, located at <https://staynavytools.bol.navy.mil/SAA/>, helps active-duty members with Permanent-Change-of-Station orders to get the answers they need before arriving at a new assignment.

"For young Sailors and their

families who are relocating, and don't know anyone or anything about the area they're headed to - a move can be very intimidating," said StayNAVY project manager, Randy Wyatt, who oversees the Sponsor Assignment Aid tool. "The SAA helps ease their anxiety by quickly connecting a transferring Sailor to their prospective command."

After a service member submits a sponsor request, a notification e-mail is sent to the gaining command using the address on file with StayNAVY. For privacy's sake, the member's

personal information is not provided in the e-mailed notification. The coordinator must click on a link inside the e-mail and log onto the secure, password-protected BUPERS Online. The coordinator will then use the information provided to assign a sponsor and contact the Sailor.

The inbound Sailor can check the status of the request by using the Sponsor Request Inquiry (<https://staynavytools.bol.navy.mil/SAA/default1.aspx>).

To ensure Sailors receive a response within seven days of their request, the inquiry tool lists the contact information on

file for the command. Sailors can then follow up directly with the coordinator.

To access the SAA from the Navy Personnel Command Web site (www.npc.navy.mil), click on 'Career Info,' then choose 'StayNAVY,' then 'Career Tools.' Once in 'Career Tools,' scroll down to the SAA and Sponsor Request Inquiry links.

The Sponsor Coordinator Update is also accessible from this page. This is the tool commands should use to provide StayNAVY with their contact information. Commands are

urged to participate in the program by maintaining a sponsor coordinator point of contact.

According to Wyatt, the SAA tool is valuable to gaining commands too. It promotes two-way communication. Once a sponsor is assigned, a command can better track its incoming personnel through the information provided.

Coordinators can review and update the information on file with StayNAVY by accessing the Sponsor Coordinator Update. The coordinator's name, telephone number, and

e-mail address are needed for every command. Since the tool uses e-mail to route a Sailor's sponsor request to the new command, it's essential that StayNAVY have a current e-mail address on file, Wyatt said.

"The full benefit of the SAA can only be realized if there is 100-percent participation from the sponsor coordinators at each command," Wyatt said. For added networking, the Sponsor Coordinator Update offers commands contact information for other coordinators as well.

Incentives For IAs Improve

By MCSN Ken Ingram
Navy Personnel Command Communications Office

The Task Force Individual Augmentation update announced in NAVADMIN 136/07, released May 29, contains the Navy's latest improvements to incentives for Sailors who serve as IAs.

NAVADMIN 136/07 modifies incentives previously listed in NAVADMIN 273/06 and NAVADMIN 280/06.

"These initiatives will help to better recognize our Sailors serving in assignments that support GWOT (global war on terrorism)," said Lt. Cmdr. Juliet Cook, head enlisted advancement planner, OPN132C in Washington. "It gives them credit for their willingness to take the hard road and complete a job that not everyone is able to do."

The Navy currently has more than 10,000 Sailors in IA duty assignments all over the world. As the need for additional Sailors to serve in the GWOT increases, the Navy will continue to improve IA incentives.

The modifications include:

- Tours over 270 (vice 365) days will be considered equivalent to forward-deployed naval forces tours. These Sailors will be given the same benefits, including coast selection preference and

priority choice of follow-on duty assignments and locations.

- Sailors who have completed an IA tour greater than 90 consecutive days of service in Iraq, Afghanistan, the Horn Of Africa, Kuwait, Cuba, Joint Task Force 515 or the Joint Force-Philippines and have parent command endorsement, are now authorized two award points towards advancement. Additional flexibility will also be given to operational commanders to administer advancement exams in those locations.

- IA detailing: Within the next several months, the Navy will begin assigning Sailors to Joint Manning Document (JMD)-validated missions through normal detailing channels (using PCS orders). This was designed to allow people an opportunity to normalize a GWOT tour with other career assignments, provide increased stability, and deliver more notification time before a GWOT deployment.

- Streamline the awards process for GWOT Sailors to make sure they are properly recognized for their service.

For more information, go to <http://www.npc.navy.mil>.

Spouses List Sailors' Safety, Children As Top IA Challenges

By MCC Teresa J. Frith
Navy Personnel Command Communications

Concern for the deployed Sailors' safety, children's coping issues and acting as a "single" parent were the top three challenges listed by participants in the Spouses of Navy Individual Augmentees (IA) Survey results released this month.

"The 2006 Navy Individual Augmentee Spouse Survey is the first assessment of its kind directed specifically at IA spouses. We wanted to obtain relevant information that we could use to develop a baseline for measuring progress in meeting the special needs of IA family members," said John W. McCausland, director, Personal Readiness and Community Support and sponsor of the survey. The survey was administered by the Navy Personnel Research, Studies, and Technology department.

More than 1,800 spouses of both active-duty and Reserve service members who were on or had recently completed an IA assignment responded to the survey. The response rate was 37 percent, which was higher than that obtained in previous Navy spouse surveys.

The survey asked respondents about the most and the least satisfying aspects of the IA experience, where they received information on military life, support methods, financial issues, command support, retention, ombudsman use, communication methods, and other IA-related questions.

Spouses gave high marks to information received on the location of the service member, time given to readjust after the assignment, and the time given before leaving for the assignment. They were least satisfied with the pre-mobilization briefings, information about the IA command family readiness and support groups, and information on where to go for help or information. They identified a need for better communication between the Sailor's parent command, IA command and families and special IA family support groups.

"Living far from a base, I am not aware of any services to help families," said one spouse when answering open-ended questions on support issues. "I could probably use help for stress, but I have no idea who to call or where to go. If you don't live on base, you are an

outcast."

The top ways spouses suggested to improve the IA process were more command involvement, better information on services such as support groups and/or ombudsman for IA families, and more notice for finalized orders and updates.

"We just need a name and a number - not a hotline or Web site," said one spouse. "A real, live person who knows what's going on with my husband's command in case of emergency and he isn't able to contact us himself. When that happened, I would get worried and had no way to contact anyone else."

The results will be used to evaluate family quality of life and readiness needs during future IA assignments.

"The survey results provide us with a much clearer understanding of the issues faced by IA families and will be used to target the right services and programs to assist them with the added difficulties and stress that accompany IA duty," said McCausland.

For more information on family support topics go to <http://www.npc.navy.mil/CommandSupport/SpouseSupport/>.

A Signal 'Go'



-Photo by MC1 Michael D. Kennedy

Boatswain's Mate 2nd Class Arvin A. Ilaccabrera signals a Marine Armored Assault Vehicle (AAV) to the ready position in the well deck of amphibious transport dock USS Juneau (LPD 10) during AAV launching operations. Juneau is participating in exercise Talisman Saber 07 (TS07), a U.S. and Australian-led Joint Task Force operation preparing our militaries for crisis action planning and execution of contingency operations. TS07 is designed to maintain a high level of interoperability between U.S. and Australian forces, demonstrating the U.S. and Australian commitment to our military alliance and regional security.

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Roosevelt in Mauritania

From USS Roosevelt

One of the many port visits for USS Roosevelt during its deployment as Standing NATO Maritime Group 2 (SNMG2) flagship was to the African city of Nouakchott, Mauritania.

Mauritania and its newly formed democracy lie on the Northwestern coast of Africa with Nouakchott being its largest city and capital.

This stop marks the first time a U.S. Navy ship has visited the country of Mauritania. The visit to Mauritania coincided with the theme of Roosevelt's previous port calls where the main focus was the partnership and dialogue. This visit went a long way toward both.

During the five-day stay anchored off the coast, Roosevelt's schedule included many events aimed at showing the presence and spreading the good will of NATO and the United States. Some of these events included community relation projects within the local community.

Prior to deployment Roosevelt's Commanding Officer, Cmdr. John Carter, wanted to get a hold of some old wheelchairs he could have fixed up and distributed to those less fortunate.

Ensign Bill Schute was able to find some wheelchairs from

a local organization, The Center For Assisted Living, for donation. The donation of these wheelchairs was in keeping with the theme of Roosevelt's namesake, since President Roosevelt was confined to a wheelchair for the latter half of his life.

After they were given a facelift by some of the crew of Roosevelt, the wheelchairs were distributed to a local Mauritanian orphanage where they were given another chance to help improve the lives of young, disabled children.

With the help of the U.S. embassy in Nouakchott, some Roosevelt Sailors were given the chance to visit a local school for blind and deaf children.

During the visit the Sailors helped deliver backpacks and school supplies donated by the embassy as well as sports equipment donated by Roosevelt.

The Roosevelt volunteers then participated in a sports day where they taught the kids how to play American football and baseball. It was great to see that while these kids are surrounded by poverty and depression everyday, they are still full of life, which was clearly indicated by the enthusiasm they produced throughout the day. Everybody had a great time during the school visit, and it was an absolute pleasure for

Roosevelt and its Sailors to be a part of such an awarding event.

Additionally, Roosevelt's Visit, Board, Search and Seizure (VBSS) team led by Ensign Paul Krakau put on a boarding demonstration for the Mauritania Navy on board their warship Limam El Hadrami.

The team demonstrated the proper techniques for a boarding training for the Mauritanian personnel.

The demonstration was followed by a question and answer period with the rest of the boarding team, which included Information Systems Technologist 1st Class Patrick Miller, Gunner's Mate 3rd Class Ryan Ruch, Gunner's Mate 3rd Class Christopher Stoltz and Interior Communications Electrician 2nd Class William Belding.

VBSS remains a vital part of Roosevelt's mission while deployed in the Mediterranean in support of Operation Active Endeavor.

The visit to Mauritania concluded with some tactical maneuvering with the Mauritanian warship Limam El Hadrami. Roosevelt's stop in Mauritania was an important show of support for their newly formed democracy by both the US and NATO, and was at the heart of NATO's mission.



-Photos courtesy of USS Roosevelt

Ensign Bill Schute of USS Roosevelt stands with school children at a local blind and deaf school.



Mauritanian ship Limam performs tactical maneuvers with USS Roosevelt during a visit to the country.



Roosevelt Sailors stand with school children during one of their visits in the African city Nouakchott, Mauritania.

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Health Beat

NH Jax Improves Mammogram Screening

By Marsha Childs

NHJ Marketing

All women are at risk for getting breast cancer and that risk increases with age. Finding breast cancer in its early stages saves lives, but many older women tend to skip their annual screening. Naval Hospital Jacksonville (NHJ) has made it even easier and more painless to get a mammogram for patients enrolled at the facility.

Some patients say a mammogram is painful and some say it is difficult to obtain. NHJ has improved on both counts by streamlining the scheduling process and improving the mammography equipment used.

A screening mammogram, which is a low-dose x-ray, is the most effective tool for detecting localized breast cancer. The hospital's Radiology Department has adopted a foam

breast pad that makes the exam much more comfortable and less painful.

One satisfied patient using the hospital's customer feedback system said, "I am so pleased with the service provided today. The equipment used to perform the mammogram is outstanding. My experience today with this equipment definitely erased that cold, hard memory of my past mammogram experiences. This is a plus to women's health. Thank you!"

NHJ has also streamlined the patient's scheduling process for added convenience. For patients enrolled at NHJ or Branch Health Clinic Mayport, it is as easy as calling the Radiology Department at (904) 542-7461 to schedule this simple test. On the day of your exam, do not wear deodorant or antiperspi-

rant as these sometimes contain substances that might interfere with the exam. Wear a skirt or pants, so that you will only need to remove your blouse.

NHJ Director for Surgical Services Cmdr. Craig Shepps said, "Breast Cancer has an outstanding cure rate when detected early. Monthly breast self-exams, an annual exam by a health care provider and regular mammography allow for the detection of the vast majority of breast cancers at an early stage."

Most women do not know they have breast cancer until it is in the advanced stages.

But when found early, these tumors, which are slow growing, tend to be smaller when regularly screened. Women have more treatment options and a five year survival rate of

98 percent. Only about three mammograms in every 1,000 lead to a diagnosis of breast cancer.

According to the National Cancer Institute, breast cancer affects one out of every eight women over a lifetime. More than 212,000 women in the United States are diagnosed with breast cancer each year resulting in 40,000 deaths annually. It is one of the most common forms of cancer affecting American women.

As women age, their chances of developing the disease increase. Most breast cancers occur in women over the age of 50. According to the National Institute of Health, a woman's chance of being diagnosed with breast cancer is from age 40 through 49, 1 in 69; from age 50 through 59, 1 in 38; and from age 60 through 69, 1 in 27.

The American Cancer Society recommends women age 40 and older should have a screening mammogram every year, and should continue to do so for as long as they are in good health. Women who are at higher than average risk of breast cancer should talk with their health care providers about whether to have mammograms before age 40 and how often to have them.

The National Cancer Institute and the American Cancer Society report that at least 80 percent of the women who get breast cancer have no family history of the disease. African-American women suffer a 30 percent greater mortality rate from breast cancer than White women. Furthermore, the risk of breast cancer increases with age. Women age 70 are twice as likely of developing the disease as a woman age 50.

National Breast Cancer Awareness Month every October has been celebrated for more than two decades, building breast cancer awareness and providing information and hope for future innovations in cancer research. As a result, breast cancer survivors make up the largest group of cancer survivors.

Mammography is an excellent method for early detection of breast cancer. Don't let forgetfulness or fear stop you from having an annual mammogram. Do it for yourself and your loved ones. Remember, the best protection is early detection. For more information about breast cancer awareness and early detection, visit www.cancer.org.

Cold Medicine Unsafe For Youngsters Under 2YO

By Lt.

Melissa J. Darlington

NH Jacksonville Family Resident Program

Children younger than 2 years of age have an average of 8-10 colds per year, and are more likely to suffer from colds if they are enrolled in child care or live with school-aged brothers or sisters. Treatment of the common cold in children this young can be confusing and frustrating. There are many over-the-counter and prescription cough and cold medications available for young children. Cough suppressants, nasal decongestants, expectorants and antihistamines are commonly used alone or in combination to relieve symptoms of colds in children. Currently the Food and Drug Administration (FDA) does not have approved dosing recommendations for most of these medications in this age group. Studies have also shown that children under 2 years of

age do not benefit from cold medication.

Recently the Centers for Disease Control (CDC) reported an estimated 1,519 children aged 2 and under were treated in emergency rooms across the US in 2004-2005 due to the use of cough and cold medications. Many harmful events, including infant deaths, have been the result of using these medications in young children. The active ingredients in the medicine can increase heart rate and blood pressure. Many of these medications have multiple active ingredients and when given together can be very dangerous and result in overdose. Without Food and Drug Administration (FDA) dosage approval in this age group, cold medications should not be used in children less than 2 years of age.

The common cold is caused by viruses, which are very easy to transfer from one person to another by coughing, sneezing,

touching hands or toys where the virus can multiply and grow. The best prevention of colds in little ones is to keep them away from those who are sick, especially during the winter months when the number of viruses that cause colds are large. Unfortunately, there's no cure for the common cold. Cough and cold medications are used to treat symptoms alone in older children and adults. Antibiotics which treat bacterial infections have no effect on viruses. For the little ones under 2 years of age, the best you can do is to administer comfort measures by doing the following:

- Give your child plenty of fluids so they will stay hydrated.
- For fevers or relief of discomfort, give Tylenol (approved for use in children over 3 months of age) or Ibuprofen (approved for use over 6 months of age). Make sure the Ibuprofen or Tylenol does not

have other ingredients as part of the medication. Follow the recommended dosage for your child's age. Low grade temperatures (100.4°F-102°F) do not need to be treated unless your child is uncomfortable.

If your baby is having trouble nursing, feeding, and/or sleeping because of nasal congestion, try a rubber suction bulb to gently clear the nasal secretions. You may try to liquefy thick secretions with saline nasal drops. Place 2 drops in each nostril for 15-20 minutes and then bulb suction immediately before feeding. Only use normal saline nose drops, no drops that contain any medication.

Placing a cool-mist humidifier in your child's room keep nasal secretions more liquid and make for a more comfortable surrounding. Set the humidifier close to the infant during the night and be sure to clean and dry after each use. Do not use

hot-water vaporizers because they can cause serious burns.

Coughing removes mucus from the lower respiratory tract and can help prevent pneumonia and should not be too much of a worry during the common cold. Washing your hands and surfaces often will help reduce the risk of catching or spreading the cold when there is a lot of coughing and sneezing.

Parents or caregivers should be aware of the risk for serious illness or fatal overdose from giving cough and cold medications to children less than 2 years of age. In older children, caregivers should give these medications only as directed, taking care to make sure the over-the-counter medications used in combination do not contain active ingredients in the same drug class. It is safest to inform your health-care provider of all medications your child is taking, prescription as well as over-the-counter. Some

indications to have your child seen by a medical professional for possible bacterial infection or serious illness from viral infection would be high fevers, >102°F, decrease in wet diapers, increase in vomiting and diarrhea, decrease in feeding, or cold symptoms including cough and thick, yellow-green nasal secretions for greater than 14 days.

For more medical information on children go to: <http://www.aap.org/parents.html>. For medical information on all age groups go to: <http://patients.uptodate.com/>.

This article is part of a continuing series of health care related articles presented by the Naval Hospital Jacksonville Family Medicine Residency Program.

Naval Hospital Call Center 'Saluted' For Access

By Marsha Childs

NHJ Marketing

TRICARE Regional Office South (TRO-S) recognized Naval Hospital Jacksonville's Call Center Division with the SALUTE TO...Award in May for using best business practices to improve patient access to care. The division, made up of the Nurse Call Center (NCC) and Central Appointments (CA), has adopted a variety of initiatives to improve patient services, safety and satisfaction.

Director for Health Care Business Cmdr. Kathryn Summers, who has oversight for this work center, was very pleased with the recognition. "Access to quality health care for our patients is a top priority for the command. The ATC Strategic Goal Team and the Call Center staffs worked closely with our patients to improve access, not just to meet access standards but to exceed them. Our Call Center is the only one in the Navy that is open 365 day

per year with extended evening and weekend hours of operation. I am very proud of this stellar team. They truly deserve this award."

The CA team, acting on recommendations from the hospital's Access to Care (ATC) Committee, implemented a patient-centered "open access" approach. This allows patients to select appointments that are convenient for them and allows the appointment clerks to use any available time slot for a

variety of needs such as acute or routine appointment. This method has greatly improved appointment access and patient satisfaction. Since its establishment in 1996, CA has been benchmarked by other military treatment facilities and its guidelines and criteria replicated across the region.

The NCC is staffed with registered nurses who provide expert medical advice, discuss health-related concerns or direct patients who need urgent medi-

cal care to a health care provider. All encounters are now placed in the patient's electronic medical record for review "in real time" by their primary care provider (PCM). This allows the PCM to track the patient's progress and follow up as needed.

Other initiatives the Call Center Division has adopted include publishing provider schedules 6 weeks in advance, minimizing clinic-book only appointments, and promoting

TRICAREOnline.com, a Web site where patients assigned to the hospital or Naval Branch Health Clinic can schedule appointments with their PCM.

These initiatives are just a few that set Naval Hospital Jacksonville apart from other medical facilities. The Call Center Division has been pivotal in leading the way to improving patient access and overall satisfaction.

Redesigned TRICARE Web Site Easier

From TRICARE

The Web will get easier for the 9.1 million TRICARE beneficiaries. Soon they can access TRICARE information tailored for them through the new My Benefits portal on www.tricare.mil. In addition to simplified navigation, beneficiaries will be able to compare plans, get detailed information on services covered by TRICARE, and much more. The improved portal also allows beneficiaries to easily print content, as well as save multiple sections of con-

tent into a single document – a personalized TRICARE handbook (or E-book). With just a few clicks, beneficiaries can quickly find all the information they need about their health care benefit.

"It is important for us to meet the needs of our beneficiaries and making sure we communicate with them clearly is a top priority," said Army Maj. Gen. Elder Granger, deputy director, TRICARE Management Activity. "The site redesign saves time and gives beneficia-

ries up-to-date information."

Results of an online survey revealed that visitors to the original www.tricare.mil site were overwhelmed by the amount of content and complexity of the TRICARE benefit. Users expressed frustration with surfing through the numerous benefit options and content redundancies. "Because of the feedback," said Granger.

Upon entering the My Benefits portal, beneficiaries will answer a few questions about themselves including

their military status, where they live and their TRICARE health plan. By answering these three questions, content is tailored to meet their needs.

Beneficiaries will no longer have to wade through pages of content to find the information that pertains to them. If beneficiaries aren't sure about their TRICARE plan, the Plan Wizard shows them the plans for which they may be eligible.

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USO News

The Mayport Center's next No Dough Dinner will be held on June 25. The meal will be served from 5-7 p.m.

On July 15, the Mayport USO is hosting another Yard Sale. Inside tables are \$10 and outside tables are \$5. Please call or come by now to reserve your space.

USO World Headquarters has launched "Your USO Story." The USO is asking the public to send them USO stories, photos and videos to usostory@uso.org. The submissions will be added to a new page on their Web site. For more information, go to www.uso.org/story.

Tickets to Adventure Landing, on Beach Boulevard, are now available at the USO! Tickets to the Waterpark are \$19 and tickets to the Waterpark PLUS five "dry" attractions are \$31.

The Jacksonville Axemen are partnering with two local charities, including the Greater Jacksonville USO and will allow those charities

to keep 50 percent of all the ticket sale revenue that they generate. Visit www.jaxaxe.com for full schedule details. Season

Tickets are \$20 and will get you entry into all five home games and the 2007 AMNRL Grand Final (National Championship Game) that will be played at the Hodges Stadium at UNF on Saturday Aug. 25. Single Game Tickets will always be available at the gate on game day for \$5.

The USO is selling Pepsi 400 tickets for the race on July 7 at the Daytona International Speedway. Tickets range in price from \$45 to \$126.

For more information regarding ticket pricing and seats available, please visit www.usojax.org.

Looking for a fun group activity for your wardrobe, department, or division?

Volunteers are needed at the USO Welcome Center - Jacksonville International Airport to welcome service members and their families, coordinate transportation to local bases, and other assistance as required. Volunteers receive free parking during their shift. Contact Lynne, Volunteer Coordinator at 904-305-4467 or lynne@usojax.com for more details.

USO sells discounted tickets to AMC Movie Theatres, Disney World, Sea World, Busch Gardens, Wet N' Wild, Universal Studios, Islands of Adventure, and Adventure Landing.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

Watch TV or a movie from the video library. Service members can also enjoy video games or use the sports equipment.

There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs. A TV, VCR and overhead projector are available for use.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road. USO is open from 9 a.m.-9 p.m., Monday-Friday and 9 a.m.-6 p.m., Saturday.



-Photo by Paige Gnann
Jousue Ruiz, 2, talks with the Dunkin' Donut mascot during the grand opening of the Mayport Road store and USO fundraiser last week. Ruiz is the son of a USS Gettysburg Sailor.

Reaching Out

The following are just a sample of volunteer opportunities available through NS Mayport and Volunteer Jacksonville. For more information, call Dianne Parker at 542-5380 or you can immediately sign-up online for opportunities using www.volunteer.gatewayjacksonville.org.

No More Homeless Pets

On June 23-24, First Coast No More Homeless Pets is embarking on a major campaign to collect the stray and feral cats in Mayport to be spayed and neutered. Many volunteers will be needed to help capture and transport the cats to the surgery clinic where more volunteers will be needed to assist with prepping the cats, instrument cleaning, record keeping, etc. Also on Saturday, June 23, they also need volunteers at the Soul Food Festival providing food & beverage staffing. To volunteer, call 285-4570.

July 5 Beaches Cleanup

The City of Jacksonville's Clean It Up, Green It Up Division and the Beaches Sea Turtle Patrol will coordinate the annual Beaches Cleanup on July 5. Volunteers will remove litter and debris along the shoreline, enhancing the beauty and safety of Jacksonville's beaches. Advance registration is NOT required for the event. Litter bags and gloves will be distributed to volunteers from 7-9 a.m. at the following locations: Atlantic Boulevard at the ocean; Beach Boulevard at the ocean; 16th Avenue South in

Jacksonville Beach at the ocean. Participants must be at least 18 or accompanied by an adult and should bring water and wear sturdy footwear and sun protection. For more information, contact Clean It Up, Green It Up at 630-3420 or visit www.coj.net, keyword search "beaches cleanup." The cleanup will only be cancelled in the event of severe weather warnings.

Lea's Place

Lea's Place is a volunteer program, on-call 24 hours a day, 7 days a week to help the Department of Children and Families take care of children who have been removed from abusive or neglectful situations or who have been abandoned. Volunteers assist Child Protective Investigators with feeding, bathing and playing with the children. They may also assist in the clothes closet, providing the children with clean clothing. 360-7091.

Dogtoberfest

First Coast No More Homeless Pets (FCNMHP) is asking for volunteers, sponsors, and vendors for Dogtoberfest, its annual fundraising dog walk and dog costume contest. The event is scheduled for Oct. 3 at Dog Wood Park. Nearly 1,000 animal companions participated last year and many more are expected in 2007. Proceeds from the event will further the mission of the 501 (c)(3) charitable organization to help families spay and neuter their pets with free and low-cost spay/

neuter programs. Since 2003 FCNMHP has assisted with over 20,000 spay and neuter surgeries. For more information about participation in Dogtoberfest, contact Janet Wesley, 904-338-9039, janetwesley@fcnmp.org.

NS Mayport Retired Activities Office

Naval Station Mayport is currently searching for committed volunteers to serve the local retiree community in the Retired Activities Office (RAO) located in the Fleet and Family Support Center (FFSC). RAO volunteers maintain the vital link between the retiree, local military communities and other government and non-government agencies. Anyone interested should contact the FFSC for an application or to get more information about the duties and responsibilities of the RAO volunteers. Call the FFSC at (904) 270-6600 Ext. 110

I.M. Sulzbacher Center for the Homeless

Volunteering at the I.M. Sulzbacher Center for the Homeless The I.M. Sulzbacher Center for the Homeless serves more than 1,000 well-balanced, nutritious and delicious meals per day, every day of the year. For information about volunteering at the I.M. Sulzbacher Center for the Homeless call 904.394.1356. Also, see www.imshomelesscenter.org/volunteers.html

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Camp Fee: \$100. per session
Camp Hours: 9-2 (Monday - Friday)

Session 1	June 11-15	"Summer Splash"
Session 2	June 25 -29	"Under the Sea"
Session 3	July 9-13	"Red, White & Blue"
Session 4	July 23-27	"Dog days of Summer"



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MWR Happenings

June 21: Bubblemaker. 5:30-7 p.m. Bubblemaker is one 90-minute pool session introducing youth ages 8-12 to scuba in a pool setting. Cost is \$20 and includes all scuba gear and a certificate of completion. Just bring a swimsuit. Class is at the base pool. 270-5541

June 22-24: Open Water Scuba Certification Course. Cost is \$290 or \$310 for guests. Course includes certification, dive book, dive log book, dive tables, professional instruction, and admission to the springs, two nights lodging, round-trip transportation and use of all necessary scuba equipment. Don't be confused by outside advertisements. We provide all the scuba gear you need for this class. No equipment purchase required! 270-5541

June 22 & 23: Live Band at Castaway's Lounge. Live entertainment from 9 p.m. to 1 a.m. Friday and Saturday at Castaway's Lounge, inside Beachside Community Center.

No cover charge! Drink specials all night. 270-7205

June 23: Club Teen, Stunner Shades. 8-11 p.m. at the Youth Activities Center. Open to ages 13-17 and age 18 if still in high school. Admission is \$2. 270-5680/5421

June 25-28: Seal Team. Seal Team is a 4-day mini scuba camp for ages 8-12. This mini camp meets daily from 9:30-11 a.m. at the base pool. Cost is \$129 and includes all scuba equipment, activity book, log book, certificate and Seal Team card. Pre-registration is required. 270-5541

June 26: Bubblemaker. 5:30-7 p.m. Bubblemaker is one 90-minute pool session introducing youth ages 8-12 to scuba in a pool setting. Cost is \$20 and includes all scuba gear and a certificate of completion. Just bring a swimsuit. Class is at the base pool. 270-5541

June 27: Barracks Bash. 5-8 p.m. Free food and fun for single sailors and geo-bach-

elors living in the barracks or on board Mayport ships. Watch the Liberty Call section in The Mirror for more details. 270-7788/7789

June 28: Bubblemaker. 5:30-7 p.m. Bubblemaker is one 90-minute pool session introducing youth ages 8-12 to scuba in a pool setting. Cost is \$20 and includes all scuba gear and a certificate of completion. Just bring a swimsuit. Class is at the base pool. 270-5541

June 30: Family Pool Party Hosted by MWR Youth Activities. 7-9 p.m. at the base pool. Cost is \$3 per child; family cost TBD. Ages 10 and older must be signed in by a parent. Ages 9 and under must be accompanied at all times by their parent or legal guardian. 270-5680/5421

Liberty Call

The Liberty Program, also known as the Single Sailor program, is geared towards enlisted bachelor and geo-bachelor personnel, E-1 through E-6. The Liberty Program is based out of Planet Mayport, located in Bldg. 46 near Bravo Pier. Planet Mayport is an alcohol and smoke-free environment and is open seven days a week, 365 days a year, weekdays from 11 a.m.-11 p.m. and weekends from 10 a.m.-11 p.m. Call 270-7788 for information.

June 21: Jacksonville Suns Trip. Join us on a trip to the baseball grounds to watch the Jacksonville Suns take on the

Birmingham Barons. Sign up at Planet Mayport; trip fills up quickly. Van departs at 6:15 p.m.

June 23-25: White Water Rafting. Head up to Tennessee and white water raft down the Ocoee River, site of the 1996 Summer Olympics. We will stay at the Holiday Inn, Cartersville, GA. Call Planet Mayport for details at 270-7788/7789.

June 26: Tone deaf Tuesday. It's time to stop singing in the car, the shower, or where ever else your "true" rock star qualities come out and put them to the test at Planet Mayport. Event starts at 6 p.m.

June 27: Barracks Bash. Join us for the parties of all parties on base tonight as the Liberty Program heads to your front door. Enjoy a free barbecue, entertainment, games, competitions, inflatable games and much, much more. Event will take place outside the new barracks and will start at 5 p.m.

June 29: Freebie Friday. Today we celebrate the freedom of speech. Stop by Planet Mayport and voice your opinions and suggestions on what you want to see happen at Planet Mayport and the Liberty Program. Free giveaways to all the vocal patrons.

Fitness Schedule

Surfside Fitness Schedule

Mondays: 7 a.m. Victory PRT with Sally; 9:30 a.m. Lo Impact with Sally; 11:15 a.m. 3 B Burn Bosu/Balls/Bar with Ruthie; 11:30 a.m. Fitness Equipment Training (sign up) with Sally; 1 p.m. Moms in Motion with Sally; 4 p.m. Advanced Pilates with Apparatus with Emily

Tuesdays: 7 a.m. Step & Kick with Heather; 9:30 a.m. Resistance with Heather; 11:15 a.m. Kickboxing with LaPlace; 11:30 a.m. Fitness Equipment Training (sign up) with Heather; 2 p.m. Fitness Equipment Training (sign up) with Sally; 3:30 p.m. FEP Training with Sally; 5 p.m. Kids Clinic (sign up) with Sally; 6:30 p.m. Cardio, Combat and CORE with Sally

Wednesdays: 8:30 a.m. Fitness for Mature Audiences Only with Sally; 9:30 a.m. Intro to Resistance with Sally; 11:30 a.m. Intro to Pilates with Sally; 11:30 a.m. Fitness Equipment Training (sign up) with Heather; 4 p.m. Fitness Equipment

Training (sign up) with LaPlace; 5 p.m. BOSU & Kick with LaPlace; 6 p.m. Mommy, Daddy & Me with LaPlace

Thursdays: 7 a.m. Step and Kick with Heather; 9:30 a.m. Pump & Grind with Emily; 11:30 a.m. Sculpt, Step and Stretch with Heather; 4 p.m. Fitness Equipment Training (sign up) with Sally; 5 p.m. Kid's Clinic (sign up) with Sally; 6:30 p.m. Yogalates with Sally

Fridays: 7:30 a.m. Fitness Equipment Training (sign up) with Sally; 9:30 a.m. Yoga with Ruthie

Saturdays: 8 a.m. Intro to Yoga/Kids Yoga with Sally; 9:30 a.m. Aqua with Sally; 11:30 a.m. Extreme Circuit Training for Kids with Sally

Gymnasium Fitness Schedule

Mondays: 6:30 a.m. Conditioning for Running with LaPlace; 8:30 a.m. Strength Solutions & Flexibility Fix-Ups for Injuries with LaPlace; 9 a.m. Stoller Strut with Ruthie (Meets

start of PRT course); 11:30 a.m. Indoor Cycling with Heather; 12 p.m. Fitness Equipment Training (sign up) with LaPlace; 3:30 p.m. Fitness Equipment Training (sign up) with Heather; 5 p.m. Hot Yoga with Heather (Raquetball Court 1)

Tuesdays: 7 a.m. Command Cardio Pump with LaPlace; 11:30 a.m. Lunch Crunch CORE Training with Ruthie (Raquetball Court 3); 3 p.m. Fitness Equipment Training with Ruthie (sign up); 4:30 p.m. Indoor Cycling with Ruthie

Wednesdays: 7 a.m. Beach Bootcamp with Heather (meets Field 6); 11:30 a.m. Fitness Equipment Training (sign-up) with LaPlace; 11:30 a.m. Indoor

Cycling with Ruthie; 2 p.m. Strength Solutions & Flexibility Fix-Ups for Injuries with LaPlace; 3 p.m. FEP Training with Ruthie

Thursdays: 6 a.m. Weight Training for Warfighters with LaPlace (meets weightroom); 7 a.m. Command Jump and Jab with Ruthie; 11:30 a.m. Indoor Cycling Interval Training with LaPlace

Fridays: 6:30 a.m. Indoor Cycling with Ruthie; 7 a.m. Beach Bootcamp with LaPlace (meets Field 6); 9 a.m. Strength Training Basics for Women (sign up) with Heather; 9 a.m. Strength Solutions and Flexibility Fix-Ups for Injuries with LaPlace (meets at pool)

Mayport Soccer Champs



On a set and wind swept field HSL-42, above, captured their second trophy of the intramural soccer 7-a-side season by winning the season ending tournament. They defeated USS Gettysburg, 2-0, with Lt. John Russo scoring both goals. The 'Proud Warriors' were also the regular season champions with Gettysburg, right, finishing second. Registration is currently in progress for Fall youth soccer for ages 4-12. Cost is \$60 per child and includes the child's uniform. Register for soccer at the Youth Activities Center no later than June 29. Registration for Fall youth baseball will start in July for ages 7-18. For youth sports information call 270-5680 or 5018.



-Photos courtesy of MWR



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FFSC Schedule Set

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 110.

June 21, 9 a.m.-noon, New Parent Support Playgroup, USO
June 21, 9-11 a.m., Resume Walk-in Review Assistance, FFSC
June 21, 8-11 a.m., Anger Management Class, FFSC
June 25, 6-8 p.m., Ombudsman Assembly, CPO Club
June 25-29 7:30 a.m.-4 p.m., Command Financial Specialist Training, RBCC

June 26, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

June 26, 9-11 a.m., Parenting Class, FFSC

June 27, 9 a.m.-noon, Tottletyme Playgroup, USO

June 28, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

June 28, 9 a.m.-noon, New Parent Support Playgroup, USO
June 29, 9 a.m.-noon, What About The Kids?, FFSC

July 3, 9-11 a.m., Parenting Class, FFSC

July 10, 9-11 a.m., Parenting Class, FFSC

July 17, 9-11 a.m., Parenting Class, FFSC

July 24, 9-11 a.m., Parenting Class, FFSC

Heat Index Flags Out

From MWR

With summer approaching and the temperatures rising please be aware of the need for caution when participating in physical activities outdoors.

There is a heat index flag system to help assist you in the decision making process. It is as follows: white flag-80 degrees and under-unrestricted physical activity may be carried out; green flag-80-84.9 degrees-unrestricted physical activity may be carried out; yellow flag-85-87.9 degrees-physical activity is advised only for personnel who have been working out

in similar weather for a minimum of 10 days; red flag-88-88.9 degrees-physical activity is advised for personnel who have been working out in similar heat for 12 weeks or more; black flag-90 plus degrees-vigorous outdoor activity is prohibited.

The flags are flown at the flag pole in front of the Gym, Building #1391, with updates provided three to four times a day. You can also call the Gym at 270-5451 to find out the heat flag index.

THE NS MAYPORT, FLORIDA

Mirror

OFF-BASE PICKUP LOCATIONS

LOCATION	ADDRESS	CITY
ALLSTATE INSURANCE CO.	PAN AM PLAZA - MAYPORT RD.	JAX
AMERICAN LEGION POST	316 ATLANTIC BLVD.	JAX
COAST GUARD STATION (EXCHANGE STORE)	A1A HWY	JAX
COMFORT INN	MAYPORT RD.	JAX
COMMISSARY (INSIDE RACKS)	MAYPORT RD.	JAX
DAYS INN	1401 ATLANTIC BLVD.	JAX
FCE - SHELL	9115 MERRILL RD./9-A	JAX
FCE - SHELL	1539 S 3rd ST	JAX BCH
FCE - SHELL	7150 MERRILL RD	JAX
FCE - SHELL(DAILY'S)	13490 ATLANTIC BLVD./SAN PABLO	JAX
FLEET LANDING	MAYPORT RD.	JAX
FLEET RESERVE ASSOC. BRANCH # 290	390 MAYPORT RD.	JAX
FLETCHER HIGH SCHOOL ROTC		JAX BCH
GATE	1900 MIZELL RD	STAU
GATE	220 A1A N	PVB
GATE	619 A1A N	PVB
GATE	10970 US 1/SR210	ST AUG
GATE	2350 SR 16	STAU
GATE	463779 SR 200/A1A	YUL
GATE	3230 EMERSON ST	JAX
GATE	3938 HENDRICKS AVE	JAX
GATE	8070 ATLANTIC BLVD	JAX
GATE	1721 UNIVERSITY BLVD N	JAX
GATE	5617 BOWDEN RD	JAX
GATE	570 BUSCH DR	JAX
GATE	12548 SAN JOSE BLVD	JAX
GATE	10946 FT CAROLINE RD	JAX
GATE	1001 MONUMENT RD	JAX
GATE	10044 ATLANTIC BLVD	JAX
GATE	4100 HECKSCHER DR	JAX
GATE	2520 S 3rd ST	JAXBCH
GATE	319 S 3rd ST	JAX BCH
GATE	9144 BAYMEADOWS RD	JAX
GATE	11461 OLD ST AUGUSTINE RD	JAX
GATE	10455 OLD ST AUGUSTINE RD	JAX
GATE	9540 SAN JOSE BLVD	JAX
GATE	1605 RACETRACK/SR13	JAX
HOME FINDER'S REALTY	2550 MAYPORT RD.	JAX
JAX FEDERAL CREDIT UNION	664 ATLANTIC BLVD.	JAX
JIFFY LUBE	3212 UNIVERSITY BLVD S	JAX
JIFFY LUBE	6135 ST AUGUSTINE RD	JAX
JIFFY LUBE	11620 SAN JOSE BLVD	JAX

LOCATION	ADDRESS	CITY
JIFFY LUBE	10430 ATLANTIC BLVD	JAX
JIFFY LUBE	13560 ATLANTIC BLVD	JAX
JIFFY LUBE	1067 ATLANTIC BLVD	ATL BCH
JIFFY LUBE	1672 S 3rd ST	JAXBCH
JIFFY LUBE	8379 BAYMEADOWS RD	JAX
JIFFY LUBE	5295 SUNBEAM RD	JAX
JIFFY LUBE	11099 OLD ST AUGUSTINE RD	JAX
JIFFY LUBE	9699 SAN JOSE BLVD	JAX
JIFFY LUBE	2837 TOWNSEND BLVD	JAX
KANGAROO	10100 GRANITE PLACE	JAX
KANGAROO	1031 BEACH BLVD.	JAX BCH
KANGAROO	1403 N 3rd ST	JAX BCH
KANGAROO/BP	10910 ATLANTIC BLVD.	JAX
KANGAROO/SMOKERS EXPRESS	2615 ST. JOHNS BLUFF/ALDEN	JAX
LA CRUISE GIFT SHOP	A1A HWY	JAX
LIL CHAMP	9615 HECKSCHER DR. - FT. GEORGE	JAX
LIL CHAMP	8804 LONE STAR/MILL CRK	JAX
LIL CHAMP	12020 FT. CAROLINE RD./FULTON	JAX
LIL CHAMP	13967 MCCORMICK RD(MT PLEASANT RD)	JAX
LIL CHAMP	5001 HECKSCHER DR. - BLOUNT	JAX
LIL CHAMP	1310 S. 3rd ST.	JAX BCH
MALLARD COVE OFFICE	A1A HWY / WONDERWOOD	JAX
NAVY HOUSING APARTMENTS	ATLANTIC BLVD / CRAIG FIELD	JAX
NEX (OUTSIDE RACKS NEAR ATM)	MAYPORT RD.	JAX
OTTER RUN OFFICE	ASSISSI LANE	JAX
RAINBOW CENTER CHILD CARE	NAVY HOUSING OFF ASSISSI LANE	JAX
RIBAUTL BAY COMMUNITY CENTER	ASSISSI LANE	JAX
SINGLETON'S SEAFOOD SHOP	A1A HWY	JAX
SOUTHTRUST BANK	1301 ATLANTIC BLVD.	JAX
SPRINT	1202 US-17	YUL
SPRINT	8838 ATLANTIC BLVD	JAX
SPRINT	3051 MONUMENT RD/ COBBLESTON	JAX
SPRINT	1209 MONUMENT RD./LEE	JAX
SPRINT	12743 ATLANTIC BLVD./GIRVIN	JAX
SPRINT	301 ATLANTIC BLVD.	ATL BCH
SPRINT	2810 SR A1A N	ATL BCH
SPRINT	14376 BEACH BLVD./SAN PABLO	JAX BCH
SPRINT	300 BEACH BLVD./3rd ST.	JAX BCH
SPRINT	1601 PENMAN RD.	JAX BCH
U.S. COAST GUARD OFFICE	A1A HWY	JAX
USO MAYPORT	BEHIND 2550 MAYPORT RD.	JAX

Updated: FEBRUARY 1, 2007

PICK UP YOUR COPY OF THE MIRROR AT ANY OF THESE LOCATIONS

THE MIRROR Classified

PLACE YOUR MILITARY CLASSIFIED AD CLASSIFIED INDEX

BY PHONE 366-6300
 Mon.-Thurs. 7:30a.m.-6:00p.m.
 Fri. 7:30a.m.-5:30p.m.

Toll Free 800-258-4637
BY FAX 904-359-4180
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Deadlines

Run date Call by Fax by

Thursday Tue, Noon Tue, 11 a.m.

Please note: **Fax deadlines are one hour earlier.** Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

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DIVORCE AMERICAN STYLE!
 UNTESTED DIVORCE PAPERS Without kids (While you wait) With kids (a little longer) \$95 - \$180 Since 1988 by Appt. only (904) 641-2187

NEED A LAWYER?
 Accident? Arrest? Divorce? AAA Attorney Referral Svc 1-800-733-5342, 24 HRS.

PURSUANT TO CHAPTER 83, PART IV

Notice is given pursuant to the self-storage facility act, Florida Statutes, chapter 83 part iv, that the following will be sold by auction to the highest bidder the following described property stored by the following:
KELLY ALLEN
 THE SAULTON BE HELD AT 10416 NEW BERLIN ROAD, JACKSONVILLE, FL 32226-2216
 (THE ADDRESS OF THE SELF-STORAGE FACILITY) AT 10:00AM ON 06/27/07

FOR SALE

Real Estate for Sale

Open Houses
 Argyle
 Arlington
 Arundale/Ortega
 Beaches
 Downtown
 Fernandina/Amelia Island
 Intracoastal West
 Keystone Heights/Melrose
 Mandarin
 Middleburg
 North Jacksonville
 Orange Park/Clay County
 Riverside
 San Marco
 Southside
 Springfield
 Westside
 Waterfront
 Condominiums
 Manufactured Homes
 Lots
 Farms/Acreage
 Investment Property
 Retirement Comm.
 Baker County
 Georgia Real Estate
 Nassau County
 Putnam County
 St. John's Open Houses
 St. John's Homes
 St. John's Waterfront
 St. John's Oceanfront
 St. John's Intracoastal
 St. John's Marshfront
 St. John's Condos
 St. John's Duplex/Townhouses
 St. Johns Manufactured Homes
 St. Johns Lots/Acreage
 St. Johns Active Adult Comm.
 St. Johns Investment
 Income Property

Argyle
 Beautiful 3/4BR 2 Baths, built May 04, fireplace, lakeview, clubhouse w/pools, tennis court, near NAS, \$266,900. For Rent: 1,100. Rent to Buy Reduced. 803-5617 or 7795

Middleburg
 FSBO, 3/2, Screened porch, 1.07 acres, zoned horses, 12x12 workshop. Call 406-9157

North Jacksonville
 Arlington, Southside Westside, Northside
Stop Paying Rent!
 New Homes in the \$100's
 No Money? No Credit? No Problem!
 Possible Rent To Own Call Dave 904-881-6653

Arlington
 Arlington, Southside Westside, Northside
Stop Paying Rent!
 New Homes in the \$100's
 No Money? No Credit? No Problem!
 Possible Rent To Own Call Dave 904-881-6653

Orange Park/Clay County
 4/2 2300 Sqft. Flemming Island Home; great location!
 JAX, split floor plan, lake view, near schools. Call 904-278-5468

Beaches
 AVAILABLE NOW New 2 & 3 bdrm, 2ba Condos. Just blocks to beach, great view, free shaded lot coffee terrace enclosed garage all appliances. Developer help with financing. For more info Stop by our sales office at Jax Beach
BEACH BLVD. AT 15TH ST
 OPEN 1:00 TO 5:00
 Call 241-2270 OR 246-9268

BEACHES
 Brand new beauty! 3BR/2BA, 1868sf Priced to sell at \$239,900. Fam. room, living room, study, dining room, laundry room, large master, walk in closets, vaulted ceilings, fenced back yard with covered porch, stainless steel appliances, ceramic tile, ceiling fans throughout, 2 car garage. "gourmet" fridge included. Will co-op with realtors. Call 307-0077 for an appointment or for pictures.

For Sale
 3 bedroom 2 bath condo Great Location Several Amenities Close to base \$165,000
 Please call 482-4705, Team Generations Keller Williams Realty Jacksonville

For Sale
 3 bedroom 2 bath 1800 sq feet Convenient to base \$207,900
 Please call 482-4705, Team Generations Keller Williams Realty Jacksonville

REDUCED TO SELL!
The Palms
 Immaculate 2BR/2BA Furnished Ground Floor Condo. Move in Ready. Great comm. Amenities. Must See! Well maintained. Move in ready. Convenient to Butler Blvd and Beaches! \$178,000.

Pat G. Monypenny
 Realtor
 514-7774
 pmonyc@comcast.net

Intracoastal West
 Bentwater 4/2 pool home w/ water falls, lake lot, culdesac, tiled, tray ceiling, french doors, wood blinds. Asking 305,900 will pay 5000 towards closing cost. 742-6230

FOR SALE
INTRACOASTAL E. ARLINGTON, SOUTHSIDE
THE BEACHES HOMES, CONDOS, TOWN HOMES FOR SALE
ALSO NEW HOMES...CALL HOME FINDER REALTY
 241-1711 OR 241-5501 or visit si habla espanol
 www.homefinderrealty.net

Kensington 4/2 1925 sqft, split bedroom with inground pool on a lakefront lot. \$265,000
 Call 220-2801 or 612-7537

Mandarin
BAYMEADOWS PATIO HOME 2BD/2BA
 2 CAR GARAGE, NEW ROOF, PAINT, FRONT WALK AND PATIO. ALL WOOD AND TILE FLOORS. END UNIT WITH FENCED BACKYARD.
 \$165,900
 904-488-9157
 LV MESSAGE

Brick 5/3.5, 2 STORY, HARDWOOD FL., BIG BCK YRD, 2790SF \$455K call 535-7176 OR 535-8187

Water Front New Listing
 FSBO w/boat lift, 42.5 .95acre heated pool & spa \$644K 904-288-8613

Middleburg
 FSBO, 3/2, Screened porch, 1.07 acres, zoned horses, 12x12 workshop. Call 406-9157

North Jacksonville
 Arlington, Southside Westside, Northside
Stop Paying Rent!
 New Homes in the \$100's
 No Money? No Credit? No Problem!
 Possible Rent To Own Call Dave 904-881-6653

Orange Park/Clay County
 4/2 2300 Sqft. Flemming Island Home; great location!
 JAX, split floor plan, lake view, near schools. Call 904-278-5468

Orange Park/Clay County
 CONCRETE BLOCK CONSTRUCTION New homes from \$145K (Minutes from NAS) You can own NOW!
 Call 904-458-6035

FLEMING ISLAND - EAGLE HARBOR
 2900sf, 4 bedrooms, 3-car garage, New Construction, reduced from \$59,999 to \$49,999
NOW FURTHER REDUCED TO JUST \$48,999
 Call (904)542-7908

OAK LEAF with CC amenities, 4/2 on lake 1860sf, on water & preserve, walk to school, \$219K Call 904-291-3173

COOL POOL - 3/2, priv frnd, beautiful home, 1800sf, fin. avail. 4/6 Aleye Dr. Call 716-7766

Southside

 Arlington, Southside Westside, Northside
Stop Paying Rent!
New Homes in the \$100's
 No Money? No Credit? No Problem!
 Possible Rent To Own Call Dave 904-881-6653

SONOMA
 New 3/2, gated, pool view, granite. Lease \$1150mo or sale \$149K. 651-3663

Westside
 ARGYLE, A STEAL!
 Beautiful 3/2, tp, 2 car garage, new roof, just sell Open Sat & Sun 9am-6pm 8477 Colfax Ct. 237-3669

Westside

 Arlington, Southside Westside, Northside
Stop Paying Rent!
New Homes in the \$100's
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 why rent when you can own? FREE list of homes with affordable homes from \$125K & UP
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Jacksonville - McGirts Creek Sub. Darling 3/2 Over 1300SF in Quiet Cul-de-Sac. HUGE Lot. Newly Painted, All Kit. Appliances stay! FP, Sec Svc, Fans thru-out. Visit my Web Page @ www.TheTeamThatBringsYouHome.com to view the Virtual Tour. Priced to Sell @ \$170,000. Please call Christina Starner at 904-214-6296 for your Showing. MLS# 371387.

Westside
 WESTSIDE DOWN 3/2's 31's low mo. payments. Govt funds avail. Call 779-0096 or 304-6252 cel

Waterfront
 A PRIVATE OASIS Premium waterfront homesites in a new community near coast. River, Marsh, Lake & Wooded Varieties. Golden Isles area. A must see! Pre-developed pricing! 866-432-9346

Spacious NEW 1500sf 3bed/2bath end unit w/garage nestled under majestic oaks. Located in Jax Beach within walking distance to shops and ocean.
\$249,900

Realty Executives of Ponte Vedra
 1492 S. 3rd. St. Jacksonville Beach, FL 32250
868-0262
 Ellen Simons, REALTOR®/SRES

Are you looking for a home? You can STOP after seeing this one!

Just completed high end remodel!!! Maple cabinets, granite counters, tile floors, stainless steel appliances, new carpet, paint, lights and plumbing fixtures, garage door & opener, landscape, sod & sprinkler system, privacy fenced back yard. 1224 Ocean Landing Dr. Call sign in front yard for the lockbox code, \$192.9K. For more pictures go to www.HomeBuyingMadeEasy.net or call 888-815-3567

Westside
 Nice Townhouse Near NAS 2/2, 1408sf, w/added bonus room. 5447 Great-pine Ln. N. Off of Collins Rd. (904)318-9501

ALL BRICK - 3/2, 2 car gar, tpic & fam rm, open kit, new ac, frnd, move in ready. \$169K. 100% fin. avail. 4240 O'Reilly Dr. 962-2797

*** MUST SELL ***
 Fixer Uppers Bank Forclosures Distress Sales Free List w/Pics www.jaxdistresshomes.com or Free Recorded Msg 1-866-833-4607 ID# 1042 ERA Heavener Rity Co

Westside - WHAT A PRIZE!! 4BD/2BA family room, living room, large master bedroom suite, walk-in closets, large volume ceilings, inside utility area, fenced back yard with screened porch. Master bedroom 21'x16'5". 2528 Sq. Ft. Convenient to Orange Park. Built in 2003. \$227,900 Priced to sell. Call for appointment. Contact me to e-mail pictures. 904 613-0097

Westside 3-4/2 Home
 LR, DR, Oak, Ceramic Tile, Shed, remodeled kitchen, kitchen windows, nearby FP acre \$225k Firm. PCS 777-5760

Westside
 WHAT A PRIZE!! 4BD/2BA family room, living room, large master bedroom suite, walk-in closets, garden tub, volume ceilings, inside utility area, fenced back yard with screened porch. Master bedroom 21'x16'5". 2528 Sq. Ft. Convenient to Orange Park. Built in 2003. \$227,900 Priced to sell. Call for appointment. Contact me to e-mail pictures. 904 613-0097

Westside
 WESTSIDE DOWN 3/2's 31's low mo. payments. Govt funds avail. Call 779-0096 or 304-6252 cel

Waterfront
 BUILDER FOR HIRE! 2 story homes starting at \$80 sq. ft. Displays on site. Professional Housing Consultant waiting to assist you. 800-790-8442

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Waterfront
 COASTAL LIVING! Rare opportunity to enjoy the Golden Isles River, Marsh, Lake & Wooded homesites w/ access to Atlantic in private community. Priced to sell today! 866-432-9342

Condominiums
 1BR/1BA Condo, at 9A/JTB, 970sf, \$139,900, minutes from everything in Jax, Perfect Location (904)349-4072

6 miles to NAS- 3BR/2BA, 1st floor, 1600sf, glass Frig Room, Located in Quiet Area. Owner Pays Closing Costs and 6 months fees. \$120,000. 771-2678. PCS

CONVENIENCE OF CONDO LIVING IN FOREST CREEK
 With the best of a house. Open, airy, on lake. 3 BR/2.5 baths, 2-Car garage, oak floors, upgraded appliance package. 1600sf, glass Frig Room, Located in Quiet Area. Owner Pays Closing Costs and 6 months fees. \$120,000. 771-2678. PCS

Down by the Riverside
 Southside 2br/2ba over looks pool and courtyard. Breath taking river & preserve view. Bring your fishing pole & kayak \$19K Call now PCS 904-726-8942

INTRACOASTAL WEST SHOW HOME CONDITION!
 Gated Resort Style Living with all amenities. 3bd/2ba, 1428 Sq Ft 1st floor corner unit with garage. Custom window treatments, new berber carpet, all appls, move in condition. IMMACULATE! Hodges/JTB area. PRICED REDUCED! \$194,900 Call 502-4225 or 710-8840 mis #364887

INVESTORS - 4 condos with tenants for sale. Exc shape 545-0019

Mandarin/San Jose 3br/2ba, 9rd level, parquet floors, w/d, car port, \$149,900. 904-207-3723

The Preserve - Oakleaf Plantation
 New 3BR/2BA 3bd/2ba, 1428 Sq Ft Top Floor, appls, concs. Screened balcony. \$182,000. 334-3832

WOLF CREEK CONDO
 Southside 2/2, \$164,500 Call Grace Ellis 904-455-7923 AllPro Realty Specialist, Inc.

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Manufactured Homes
 Westside hurry \$1000down on A NEW MH and more in E-Z, E-Z Qualifying Call Sandy 695-2255

SELLING YOUR MOBILE HOME?
 TOP CASH! Old or New or Assume Loan. 730-8606

Lots for Sale
 BAKER COUNTY 1-3 acres HIGH & DRY! Fish pond, ready for homes or MH's. Owner Finance call 904-259-8256

FERNANDINA BEACH
 .5 acre, lake front lot. \$298,000. Lita Keim Jaskinsky associates. 904-753-3944

MAYPORT VILLAGE LOT
 (Last One) \$179K 249-0346

Farms/Acreage
 LUXURIOUS Homesites Homesites for sale near Atlantic & Golden Isles. Lake, River, Marsh & Wooded acreage homesites. Save BIG with pre-developed pricing. Must act now! 866-432-9341

STARKE private 10 ac, 4/2 DW, horse lovers paradise. Owner fin 25% down, comp. Remodeled, \$149K 904-248-9666

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Nassau County
AMELIA ISL HOME
 3/2, 1700SF open house Sun 10-4, 1571 Inverness Road \$277,000 430-2606

YULEE \$14K reduction.
 42' 2 car gar, NEW never lived in, 1 mi W of I-95 off A1A. \$264,900 this month only or rent. Call 904-845-1163 www.infotube.net/158370

St. Johns County Oceanfront
ST. AUG BEACH - 3/2, steps to beach, dbl corner lot, pool, more. \$320K 471-6323 by appt.

St. Johns County Condominiums For Sale
 Condo two bedrooms, one bath room, spacious loft for bedroom or office. One car garage, amenities, pool/spa. \$169,900 904-645-0630

Ponte Vedra Beach Condo - 2/1, spacious loft for bedroom or office, 1-car garage, pool, amenities. \$169,900. 904-645-0630

Miscellaneous
 4 MODEL HOMES Immediate delivery. Starting at \$69,900. Call now! 800-790-8442.

Miscellaneous
GOT A TRADE IN?
 Trade that old home for new! Don't wait! Call our specialists at 800-790-8442.

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 FRANKLIN, NC - Estate size mountain lot, 40 mi views, new on market, starting 59k www.hickorycovepreserve.com Call Owner 877-504-0005

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Thank you!
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 Leave message at
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 Can Deliver. 904-674-0405

BED A Full Set \$129 Twin
 matt \$59 new w/warr in
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 pc, new, still in boxes
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 & Dryer, \$75 each.
 good condition. 398-5200
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Diningroom Furniture
 Set includes: table, 6 chairs,
 and china cabinet. Excel-
 lent condition. Rarely used.
 Cherry wood. \$1200/OBO
 SOLID OAK TABLE
 w/chairs, \$450/OBO. Other
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 ing. MUST SELL! Please
 call (904)-465-4156

Dining set for 6;
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 solid cherry,
 rectangle with
 extra leaf. \$500.
 Call 912-510-0261

Dining Table w/4
 Chairs: \$150. LR
 Sofa or Sell Sepa-
 rately. Call 771-0470 or
 434-1952

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 264-6364. Color
 Mauve by Century

Sofa, queen size
 sleeper and
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 \$95 OBO. Both in
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 Call 904-276-8243

SOFA, very nice
 pillow, eight foot
 sofa, paid \$700,
 selling \$250. Call
 292-9130

TV STAND, two door,
 white, solid wood, new
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 \$40, like new.
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 ing, & more. 1537
 Charmant Dr. South
 Raymur Villas Complex.
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 1001 Lake Apopka Ct.
 Southlake on CR210. Bed
 computer desk, dresser.

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 1001 Lake Apopka Ct.
 Southlake on CR210. Bed
 computer desk, dresser.

St. Augustine Sat. 6/23 8-11
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 computer desk, dresser.

Moving Washer and
 dryer. Full bed;
 bunkbed plus
 trundle,
 dining-room set, chair,
 ottoman, mics. items.
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 Piece Queen Sofa
 Sleeper, love seat,
 contemporary.
 Excellent condition.
 \$600.00. Call Jim 505-7455

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The Mirror Jax Air News The Periscope

THE Weekly Crossword

By Alan P. Olschwang Huntington Beach, CA

<p>ACROSS</p> <p>1 Spanish hero</p> <p>6 God with a hammer</p> <p>10 Hunk of dirt</p> <p>14 Rhone feeder</p> <p>15 Be down with</p> <p>16 Burden</p> <p>17 Birthplace of Robespierre</p> <p>18 Pachyderms</p> <p>20 Start of Helen Keller quote</p> <p>22 LAX info.</p> <p>23 Morse unit</p> <p>24 Turkish honcho</p> <p>27 ___ jacot</p> <p>30 Part 2 quote</p> <p>34 Minute quantity</p> <p>36 Pull behind</p> <p>37 Auctioneer</p> <p>38 Rugby formation</p> <p>40 Part 3 of quote</p> <p>42 Hangman's knot</p> <p>43 Frantic cry</p> <p>45 Catch red-handed</p> <p>47 New Mexico art colony</p> <p>48 Part 4 of quote</p> <p>51 Letters that bang</p> <p>52 Class for U.S. immigrants</p> <p>53 Half an African fly?</p> <p>54 Mined mineral</p> <p>56 End of quote</p> <p>62 Tenor Luciano</p> <p>65 Chopin piece</p> <p>66 OPEC member</p> <p>67 Song or slug ending</p> <p>68 "Night Moves" singer Bob</p> <p>69 Spam containers</p> <p>70 Soleil Moon ___ of "Punkie Brewster"</p> <p>71 Actor Williams</p> <p>DOWN</p> <p>1 Morales of "N.Y.P.D. Blue"</p> <p>2 Zhivago's love</p> <p>3 Gladiolus bulb</p> <p>4 Goofy</p> <p>5 1539 Florida visitor</p> <p>6 Actress Gill</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td></td><td></td><td></td><td></td><td>15</td><td></td><td></td><td></td><td>16</td><td></td><td></td><td></td></tr> <tr><td>17</td><td></td><td></td><td></td><td></td><td>18</td><td></td><td></td><td></td><td>19</td><td></td><td></td><td></td></tr> <tr><td>20</td><td></td><td></td><td></td><td></td><td>21</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>22</td><td></td><td></td><td></td><td>22</td><td></td><td></td><td></td><td></td><td>23</td><td></td><td></td><td></td></tr> <tr><td>27</td><td>28</td><td>29</td><td></td><td>30</td><td></td><td>31</td><td>32</td><td></td><td>33</td><td></td><td></td><td></td></tr> <tr><td>34</td><td></td><td></td><td>35</td><td></td><td>36</td><td></td><td></td><td>37</td><td></td><td></td><td></td><td></td></tr> <tr><td>38</td><td></td><td></td><td></td><td>39</td><td></td><td>40</td><td></td><td>41</td><td></td><td>42</td><td></td><td></td></tr> <tr><td>43</td><td></td><td></td><td></td><td>44</td><td></td><td>45</td><td></td><td>46</td><td></td><td>47</td><td></td><td></td></tr> <tr><td>48</td><td></td><td></td><td></td><td>49</td><td></td><td></td><td></td><td>50</td><td></td><td>51</td><td></td><td></td></tr> <tr><td>52</td><td></td><td></td><td></td><td>53</td><td></td><td></td><td></td><td>54</td><td></td><td>55</td><td></td><td></td></tr> <tr><td>62</td><td>63</td><td>64</td><td></td><td>65</td><td></td><td></td><td></td><td>66</td><td></td><td>67</td><td></td><td></td></tr> <tr><td>69</td><td></td><td></td><td></td><td>70</td><td></td><td></td><td></td><td>71</td><td></td><td></td><td></td><td></td></tr> </table>	1	2	3	4	5	6	7	8	9	10	11	12	13	14					15				16				17					18				19				20					21								22				22					23				27	28	29		30		31	32		33				34			35		36			37					38				39		40		41		42			43				44		45		46		47			48				49				50		51			52				53				54		55			62	63	64		65				66		67			69				70				71				
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By Alan P. Olschwang 6/21/07

<p>50 Superlatively perverse</p> <p>55 Aromatic compound</p> <p>56 Soaks up rays</p> <p>57 Minuscule</p> <p>58 Lo-cal</p> <p>59 Elephantine</p> <p>60 R&D product</p> <p>61 Jaunty</p> <p>62 Abyss</p> <p>63 Jackie's second</p> <p>64 Delivery vehicle</p>	<p>C I L I A N A D I A A K A</p> <p>D R I L L I C O N S S O B</p> <p>T A L K I S C H E A P P R Y</p> <p> E E E E E I V I E S</p> <p>D E B O N E S S U R I N A M</p> <p>E N A T E T A P S I N</p> <p>L E N T E S B U T N O T I F</p> <p>A R T E S T H A N E A N A</p> <p>Y O U S A Y I T D R A K E S</p> <p> A L L S E T E V E R T</p> <p>C A C K L E S R E S E N T S</p> <p>R I O D E O T I L T</p> <p>E R R W I T H F L O W E R S</p> <p>E T O E T A U L R A P E R</p> <p>D A M D O N N E E G A D S</p>	<p>50 Superlatively perverse</p> <p>59 Elephantine</p> <p>60 R&D product</p> <p>61 Jaunty</p> <p>62 Abyss</p> <p>63 Jackie's second</p> <p>64 Delivery vehicle</p>
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Last Week's Answers

C037340 06/14/07

AUTOMOTIVE DIRECTORY

<p>ACURA</p> <p>ACURA OF ORANGE PARK 7200 Blanding Blvd. 777-5600</p> <p>AUDI</p> <p>AUDI JACKSONVILLE 4660-100 Southside Blvd. 565-4000</p> <p>BENTLEY</p> <p>BENTLEY - ORLANDO 895 N. Ronald Reagan Blvd. Longwood/Orlando Fl. 407-339-3443</p> <p>BMW</p> <p>TOM BUSH BMW 9850 Atlantic Blvd. 725-0911 6914 Blanding Blvd 777-2500</p> <p>BUICK</p> <p>GARBER BUICK Green Cove Springs 264-4502</p> <p>KEY BUICK 4660 Southside Blvd. 642-6060</p> <p>CADILLAC</p> <p>CLAUDE NOLAN CADILLAC 4700 Southside Blvd. 642-5111</p> <p>NIMNIGHT CADILLAC 7999 Blanding Blvd. 778-7700</p> <p>PARKER CADILLAC 283 San Marco, St Aug (904)824-9181</p> <p>CHEVROLET</p> <p>COGGIN CHEVY AVENUES 10880 Phillips Hwy. 260-7777</p> <p>CREST CHEVROLET 8281 Merrill Rd. 721-1880</p> <p>GARBER CHEVY Green Cove Springs 264-4502</p> <p>GORDON CHEV 1166 Blanding Blvd. 272-2200</p> <p>JERRY HAMM CHEV 2600 Phillips Hwy. 398-3036</p> <p>PINEVIEW CHEVROLET Macclenny 259-6117</p> <p>GEORGE MOORE CHEV 711 Beach Blvd. 249-8282</p> <p>NIMNIGHT CHEV 1550 Cassat Ave. 387-4041</p> <p>CHRYSLER</p> <p>ATLANTIC CHRYSLER 2330 US 1 South 354-4421</p> <p>CARUSO CHRYSLER 1750 Southside Blvd. 725-7300</p> <p>FRANK GRIFFIN Chrysler of Orange Park 1515 Wells Rd. 269-1033</p> <p>GARBER CHRYSLER Green Cove Springs 264-2416</p> <p>MIKE SHAD CHRYSLER JEEP 1736 Cassat Ave. 389-7792</p> <p>RICK KEFFER 1-95 Exit 129, Fern Bch. 1-800-228-7454</p> <p>DODGE</p> <p>ATLANTIC DODGE 2330 US 1 South 354-4421</p> <p>JACK CARUSO REGENCY DODGE 10979 Atlantic Blvd. 642-5600</p> <p>GARBER DODGE TRUCK Green Cove Springs 264-2416</p> <p>ORANGE PARK DODGE 7233 Blanding Blvd. 777-5500</p> <p>RICK KEFFER 1-95 Exit 129, Fern Bch. 1-800-228-7454</p> <p>WESTSIDE DODGE 1672 Cassat Ave. 384-6561</p>	<p>FORD</p> <p>BOZARD FORD St. Augustine 353-6797 Florida's Super Duty Headquarters</p> <p>PAUL CLARK FORD-MERCURY I-95 N. Exit 129 (Yulee) 225-3673</p> <p>GARBER FORD-MERCURY Green Cove Springs 264-4502</p> <p>MIKE SHAD FORD At The Avenues 10720 Philips Hwy. 904-292-3325</p> <p>MIKE DAVIDSON FORD AT REGENCY 9650 Atlantic Blvd. 725-3060</p> <p>MIKE SHAD FORD OF ORANGE PARK 7700 Blanding Blvd. 777-3673</p> <p>GMC TRUCKS</p> <p>NIMNIGHT PONTIAC-GMC 11503 Phillips Hwy. 854-4826</p> <p>COGGIN GMC TRUCKS 9201 Atlantic Blvd. 724-2310</p> <p>GARBER GMC TRUCKS Green Cove Springs 264-4502</p> <p>HONDA</p> <p>COGGIN HONDA ON ATLANTIC 11003 Atlantic Blvd. 565-8800</p> <p>COGGIN HONDA OF ST. AUGUSTINE 2898 U.S. Hwy. 1 S. 1-800-456-1689</p> <p>DUVAL HONDA 1325 Cassat Ave. 899-1900</p> <p>LOU SOBH HONDA OF THE AVENUES 11333 Phillips Hwy. 370-1300</p> <p>LUCAS HONDA OF JAX 7801 Blanding Blvd. 269-2277</p> <p>HYUNDAI</p> <p>HYUNDAI of ORANGE PARK 7600 Blanding Blvd. 899-0900</p> <p>KEY HYUNDAI 4660 Southside Blvd. 642-6060</p> <p>INFINITI</p> <p>ATLANTIC INFINITI 10980 Atlantic Blvd. 642-0200</p> <p>ISUZU</p> <p>CITY ISUZU 10585 Atlantic Blvd. 998-7111 www.cityautomotive.com</p> <p>JAGUAR</p> <p>MATHENY JAGUAR 11211 Atlantic Blvd. 642-1500</p> <p>JEEP</p> <p>ATLANTIC JEEP 2330 US 1 South 354-4421</p> <p>CARUSO JEEP 1750 Southside Blvd. 725-7300</p> <p>FRANK GRIFFIN Jeep of Orange Park 1515 Wells Rd. 269-1033</p> <p>MIKE SHAD CHRY-JEEP ON CASSAT 1736 Cassat Ave. 389-7792</p> <p>RICK KEFFER I-95 Exit 129, Fern Bch. 1-800-228-7454</p> <p>KIA</p> <p>RAY CARTER KIA 6373 Blanding Blvd. 771-6078</p>	<p>LAMBORGHINI</p> <p>LAMBORGHINI - ORLANDO 895 N. Ronald Reagan Blvd. Longwood/Orlando Fl. 407-339-3443</p> <p>LAND ROVER</p> <p>MATHENY LAND ROVER 11211 Atlantic Blvd. 642-1500</p> <p>LEXUS</p> <p>LEXUS OF JACKSONVILLE 10259 Atlantic Blvd. 721-5000</p> <p>LINCOLN MERCURY</p> <p>NORTH FLORIDA LINCOLN MERCURY 4620 Southside Blvd. 642-4100</p> <p>GRIFFIN LINCOLN MERCURY 7447 Blanding Blvd. 777-3000</p> <p>LOTUS</p> <p>LOTUS OF JACKSONVILLE www.lotusofjacksonville.com 11650 BEACH BLVD. 998-9992</p> <p>MAZDA</p> <p>TOM BUSH MAZDA 9850 Atlantic Blvd. 725-0911</p> <p>MAZDA CITY 6916 Blanding Blvd. 779-0600</p> <p>MERCEDES BENZ</p> <p>BRUMOS MOTOR CARS INC. 10231 Atlantic Blvd. 724-1080</p> <p>MINI</p> <p>TOM BUSH MINI 9875 Atlantic Blvd. 725-0911</p> <p>MITSUBISHI</p> <p>CITY MITSUBISHI 10585 Atlantic Blvd. 565-2489 www.cityautomotive.com</p> <p>CITY MITSUBISHI OF ORANGE PARK 7505 Blanding Blvd. 779-8100 www.cityautomotive.com</p> <p>NISSAN</p> <p>COGGIN NISSAN-ATLANTIC 10600 Atlantic Blvd. 642-7900</p> <p>COGGIN NISSAN-AVENUES 10859 Phillips Hwy. 880-3000</p> <p>MIKE SHAD NISSAN OF JAX 1810 Cassat Ave. 389-3621</p> <p>PARKER NISSAN 2755 U.S. 1 South, St. Aug. 904-794-9990</p> <p>MIKE SHAD NISSAN OF OP 1565 Wells Rd. 269-9400</p> <p>PONTIAC</p> <p>COGGIN PONTIAC-GMC 9201 Atlantic Blvd. 724-2310</p> <p>GARBER PONTIAC Green Cove Springs 264-4502</p> <p>NIMNIGHT PONTIAC - GMC 11503 Phillips Hwy. 854-4826</p> <p>PORSCHE</p> <p>BRUMOS MOTOR CARS INC. 10100 Atlantic Blvd. 725-9155</p> <p>ROLLS ROYCE</p> <p>ROLLS ROYCE - ORLANDO 895 N. Ronald Reagan Blvd. Longwood/Orlando Fl. 407-339-3443</p> <p>SAAB</p> <p>NIMNIGHT SAAB 7999 Blanding Blvd., Jax 904-778-7700 www.nimnicht.com</p>	<p>SATURN</p> <p>SATURN OF AVENUES 10863 Phillips Hwy. 262-7145</p> <p>SATURN OF ORANGE PARK 8105 Blanding Blvd. 779-0071</p> <p>SATURN OF REGENCY 8600 Atlantic Blvd. 725-8200</p> <p>SUBARU</p> <p>SUBARU OF JACKSONVILLE 10800 Atlantic Blvd. 641-6455</p> <p>SUZUKI</p> <p>KEN CHANCEY SUZUKI 1285 Cassat Ave. 389-7700</p> <p>CITY SUZUKI 10585 Atlantic Blvd. 998-7111 www.cityautomotive.com</p> <p>TOYOTA</p> <p>ARLINGTON TOYOTA 10939 Atlantic Blvd. 302-6762</p> <p>COGGIN TOYOTA - AVENUES 10564 Phillips Hwy. 262-0338</p> <p>KEITH PIERSON TOYOTA 6501 Youngerman Circle. 771-9100</p> <p>LIGHTHOUSE TOYOTA 2995 U.S. 1 South St. Aug. 800-622-4888 or 904-797-8800</p> <p>ERNE PALMER TOYOTA 1310 Cassat Ave. 389-4561</p> <p>VOLKSWAGEN</p> <p>VW OF ORANGE PARK 1481 Wells Road 269-2603</p> <p>O'STEEN VW 11401 Phillips Hwy. 322-5100</p> <p>TOM BUSH VW 9850 Atlantic Blvd. 725-0911</p> <p>VOLVO</p> <p>O'STEEN VOLVO® 2525 Phillips Hwy. 396-5486</p> <p>LEASING</p> <p>PROFESSIONAL AUTO LEASING 10231 Atlantic Blvd. 722-1694</p> <p>PRE-OWNED VEHICLES</p> <p>BEACH BLVD. AUTOMOTIVE www.beachblvdautomotive.com 6833 Beach Blvd. 724-3511</p> <p>BRUMOS MOTOR CARS PRE-OWNED AUTO CENTER 10211 Atlantic Blvd. 724-1080</p> <p>Lexus of Jacksonville Pre-Owned Center 10384 Atlantic Blvd. 998-0012</p> <p>Tom Bush BMW 9910 Atlantic Blvd. 371-4381</p> <p>Tom Bush Autoplex 9875 Atlantic Blvd. 371-4877</p> <p>WARREN MOTORS, INC. 233 East State St. 356-8491</p> <p>SUPER STORES</p> <p>JACKSONVILLE CHRYSLER JEEP DODGE 9A & BAYMEADOWS. 493-0000</p> <p>WORLD IMPORTS www.worldimportsusa.com 11650 BEACH BLVD. 998-9992</p>
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