

A Look Back At Big John, Pages 4-5

Take 'Healthy Tour' Of Commissary, Page 9

THE MIRROR NS MAYPORT, FLORIDA

2002 CHINFO Award Winner

Vol. 50 • Issue 12

www.nsmayport.navy.mil

www.mayportmirror.com

THURSDAY, March 22, 2007

OFF THE DECK

MWR Holds Spring Fling

The annual Spring festival, Mayport-Go-Round, will be held on the ball fields behind the Gymnasium on March 31 from 10 a.m. to 1 p.m.

MWR Mayport and Navy Federal Credit Union are partnering to bring back Mayport-Go-Round, which celebrates the Month of the Military Child with games, prizes and lots of fun activities for children of all ages.

Mayport-Go-Round will begin promptly at 10 a.m. with an Easter Egg hunt for children age 9 and younger. Participants should bring their own basket or bag. All other activities start after the egg hunt. There will be two moon bounces, games for all ages, prizes, pony rides and snacks, all for free. Additional food will also be available for purchase.

Parking is available at the Gym. For information on MWR special events, call the Special Event Hotline at (904) 270-6015.

Alumni Day Aboard JFK

An "Alumni Day" is planned for USS John F. Kennedy (CV 67) plunkowners and former crewmembers today (March 22). The event will be held aboard the ship from 9 a.m.-1 p.m. RSVP is required by email at pao@kennedy.navy.mil or call (904) 270-5825.

The decommissioning ceremony is scheduled for March 23 at 10 a.m. at Charlie Pier. The event is open to ID card holders, but not open to the general public.

Take Charge Of Your Career

Mayport Career Management Symposium Includes Detailers

By Lt. Scott A. Mowery
Navy Personnel Command
Communications Office

Want to learn how to enhance your career, better your chances for advancement, and learn about Big Navy changes? Learn more at Naval Station Mayport March 27-28.

The Career Management Symposium (CMS) team will offer advice on career direction, development, and opportunity. Attendees will have the opportunity to negotiate for orders, discuss community status, and ask questions about career management issues. Detailers from several communities will accompany the Center for Personal and Professional Development Team.

"This is a very good tool for the commands," said CMDCM(SW/AW) Christopher Penton, Command Master Chief Liaison for CPPD. "We give a lot of information to the commands and to the Sailors on what is available in and out of the Navy."

The team will give briefs each day designed to provide information needed to make an informed career decision. Multiple briefs are given to ensure that all have a chance to attend.

The Manpower, Personnel, Training & Education (MPT&E) brief targets leadership, to include the commanding officer, executive officer, command master chief, department heads,

and command career counselors. Discussions will include "Big Navy" concepts, such as enlisted manpower, retention, and the latest policies and programs in place that support the Navy's progress toward its vision of training 21st century leaders.

The Chief Petty Officer Leadership brief is designed to educate these leaders on pay and compensation, retirement issues, and promote effective leadership of junior Sailors. CPOs will learn how to help junior Sailors with career intentions, development, and management.

The First Line Leadership brief will be held for E-5 and E-6 petty officers. This brief

is designed to educate the first line leaders on pay and compensation, retirement issues, and promote effective leadership of junior Sailors. The audience is provided with information that can help junior Sailors with career intentions, development, and management.

The Junior Enlisted/Junior Officer brief is broken into two parts; one for the junior enlisted, E-4 and below, and one for junior officers O-4 and below. During each brief, Sailors will receive guidance on career management, and will have an opportunity to assess the value of their skills and pay as compared to the civilian job market.

"The individual Sailor can see a comparison between what they

make in the Navy, and what's available to them on the outside, so they can compare salaries," said CMDCM Penton. "They will be provided the information to make an informed decision when it comes time to decide whether to stay Navy, or not."

The Selection Board Brief will include detailed information regarding advancement and the selection board process, which provides guidance for individual service record review and follow-up on discrepancies.

For more information, contact CMDCM Christopher Penton at christopher.penton@navy.mil or (901) 874-2398.

See Schedule, Page 3

Chilean Frigate Joins Partnership Of The Americas At NS Mayport

By Lt. Jennifer Moore
Commander, Destroyer Squadron 40

Chilean Navy frigate *Almirante Latorre* (FFG 14) arrived in Mayport on March 14 to prepare for their role Partnership of the Americas (POA) 2007 as a part of the U.S. Navy Task Group participating in this deployment.

POA 2007 will focus on enhancing relationships with regional partner nations through a variety of exercises and events at sea and on shore throughout Latin America and the Caribbean. The Task Group will be led by Commander, Destroyer Squadron Four Zero (CDS-40), and be composed of USS Pearl Harbor (LSD 52), USS Mitscher (DDG 57), USS Samuel B Roberts (FFG 58), along with *Latorre*.

Chief of the Chilean Naval Mission in Washington, D.C., Rear Adm. Felipe Carvajal Carvallo, along with Commander, Destroyer Squadron Four Zero Capt. Randy Snyder, from Fort Wayne, In., and Samuel B. Roberts' Commanding Officer Cmdr. Marc Weeks from Caribou, Maine, greeted *Latorre* and her crew as they arrived in Mayport.

Home ported in Valparaiso, Chile, *Latorre* will deploy this spring with the other ships in



-Photo courtesy of COMDESRON 40

Tugs from Naval Station Mayport help Chilean Navy frigate *Almirante Latorre* (FFG 14) pierce on March 14 as the ship joins the Partnership of the Americas, part of a U.S. Navy task group to enhance relationships with regional partner nations.

The Task Group for POA 2007, which is a U.S. Naval Forces Southern Command deployment designed to support U.S. Southern Command's engagement strategy in its area of responsibility.

During POA 2007, the ships will participate in several exercises as they sail around South America. Phase 1 of the

deployment will consist of the Atlantic and Pacific phases of UNITAS, as well as Teamwork South. Both series of exercises are designed to train participating navies in a variety of maritime scenarios, with each operating as a component of a multinational force to provide the maximum opportunity to improve interoperability. Phase

2 will involve a variety of Theater Security Cooperation (TSC) events in the Caribbean and Central America. TSC encompasses military-to-military cooperation, humanitarian assistance, disaster relief, combined training, exercises and operations, intelligence sharing and maritime security assistance within the region to achieve

common goals. Phase 3 will conclude the deployment with participation in PANAMAX 2007, which is an annual exercise designed to assist the Government of Panama in protecting the sovereignty and security of the Panama Canal.

"Having *Latorre* as part of this upcoming deployment will be a very rewarding experience. I worked with the Chilean Navy in 2006 during exercises in the Pacific and the officers and men are truly professional mariners that bring great experience and a long tradition of multinational cooperation to the Partnership of Americas deployment," stated Snyder.

Rear Adm. Carvajal Carvallo expressed that his visions are becoming a reality. "We are achieving a goal we have been working towards. It began with the initial planning conference and now will culminate with the start of the operations. It has been nice to see the discussion and planning transform into a signed document and to have that plan set in motion. I envy the crew and the ship for being able to participate in these exercises."

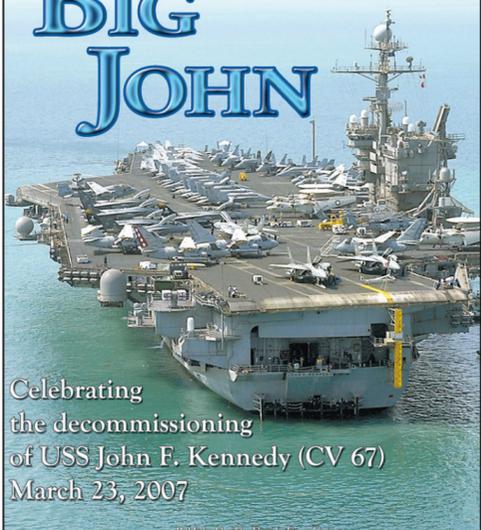
Capt. Rodrigo Alvarez Aguirre, *Latorre's* commanding officer, stated, "It has been a

See Partnership, Page 11

What's Inside

A Tribute To

BIG JOHN



Celebrating the decommissioning of USS John F. Kennedy (CV 67) March 23, 2007

Carney Trains With Jamaican Defense Force Coast Guard

By Cmdr. P.O. Shea
USS Carney Commanding Officer

While conducting patrols in the Caribbean in support of COMUSOUTHCOM theater engagement strategy, USS *Carney* (DDG 64) hosted members of the Kingston, Jamaica-based Coast Guard for a one-day training opportunity in Jamaican coastal waters.

Two Jamaican officers and five enlisted Sailors trained side by side *Carney* Sailors in visit, board, search and seizure (VBSS) operations on board the ship. The *Carney* and Jamaican Sailors simulated the actions needed to board and search a vessel and shared ideas of how best to conduct these operations. The five-hour training event included static displays of the equipment used in maritime security operations as well as the Sailors enjoying lunch with one another.

"We know the Jamaicans

have played a key part in all kinds of security operations in the Caribbean and we thought the training would be mutually beneficial. We weren't disappointed," stated Lt. Rob Pudney, *Carney's* Weapons officer and team leader.

The training was arranged with the assistance of U.S. Embassy personnel and helped prove the agility of the two navies to work together. *Carney* is scheduled to pay a port call visit to Montego Bay later this month and the interaction is already paying off.

"A few of the JDF Sailors said they would come over to Montego Bay to help ensure our *Carney* sailors had a safe and good time," remarked Lt. Cmdr. Joe Ring the ship's executive officer.

Carney is in the Caribbean region supporting COMUSOUTHCOM objectives.



-Photo courtesy of USS Carney

Carney crewmembers and Jamaican Defense Force Coast Guard Sailors practice security patrol during a joint training operation while *Carney* is in the Caribbean supporting COMUSOUTHCOM objectives.

Captain's Column

The decommissioning ceremony of USS John F. Kennedy is tomorrow. Fair winds and following seas to her crew. JFK will remain in port until July before she is towed to Philadelphia. Some of the crew and various ship yards will be working on board the ships until then preparing JFK for the tow. JFK will be missed but we will always remember her history and significant accomplishments during more than 38 years of honorable service to our nation.



Capt. Charles King

As you imagine, there will be very heavy traffic and plenty of people around for the decom, so be careful as you make your way around the base. Allow yourself plenty of time to get to work. Numerous parking lots will be closed to tenants around

the pier areas. All the satellite parking areas will be open for active duty and on-base tenants to support the guests of the ships.

The Navy-Marine Corps Relief Fund Drive is still running and every little donation

helps. Remember, when you donate to NMCRS, your contribution goes to help your shipmates, or even yourself. From baby seabags to financial assistance, NMCRS provides an invaluable service to Sailors, Marines, and even our retirees. Your help is greatly appreciated by the thousands who use NMCRS services each year. For more information, call 270-5270 or see your command's representative.

Start taking those whites to the cleaners. Uniform turnover is April 2. Be prepared for uniform inspections.

Hurricane season is around the corner, so all hands be aware of Hurricane Exercise coming up April 23 through May 4. Check your recall numbers and that emergency information is

up to date. Review your family's hurricane evacuation plan and provide contact information for your chain of command. It is imperative that everyone is well-prepared for hurricane season because you just never know its going to turn out from year to year. This applies to all the tenants and dependents that work and live on the station. Preparedness is always the best bet.

Bravo Zulu to everyone who worked so hard to prepare for the MWR Travel Fair Expo held at Ocean Breeze last week. Everything went off without a hitch, the food was great and the event really put a spotlight on all the services our MWR has to offer.

PRT is coming up in a month. The weather is wonderful; it's

a great time to throw on those running shoes, take a deep breath and condition your lungs and body for an excellent time on the 1.5-mile run. Don't give up if you have a hard time; take a running buddy for encouragement.

I want to remind everyone that in December the following establishments were placed on the off-limits for service members: Crossroads Show Bar and Bikini Beach (formerly known as Beaches Gentleman's Club). Both these businesses have a history of violence, which resulted in permanent and/or seriously injured sailors. Do not tempt fate; take your business elsewhere.

I also need to remind you that using cell phones while driving on base is prohibited on every

installation in the Navy. This is not just a Mayport rule. There is definitive evidence that supports the distractions that using a cell phone while driving is a causal factor in most automobile accidents. Put the phone down or pull over, you will get a ticket and the police would rather not have a reason to stop you.

As always, keep the base looking sharp, and thanks to everyone both military and civilian alike for the hard work and dedication you bring each day to this wonderful base. It does not go unnoticed.

Keep those great suggestions coming to charles.p.king@navy.mil.

Street Talk

If you talked to your detailer, what would you ask?



MC2 Regina Brown PACEN SE

I would ask them about our merger and how has that made detailing for this rate.



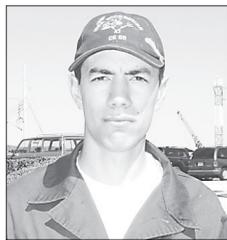
MC2 Leah Stiles PACEN SE

I would say I wish more detailing consideration would be given to military couples.



SN Geoff Bourge USS Vicksburg

I would ask him to get me orders to Beachmasters.



BMSN Matthew Prewett USS Vicksburg

I would ask him for shore duty orders.



MM2 Benjamin Randall Air Ops

I would try to get orders to Norfolk where my family is.



MA3 William Hamman Base Security

I would ask for orders back home in Alaska.

CREDO Corner

By Lt. Cmdr. D.C. Dowling
Spiritual Fitness Division SE

Last week, after seven days of searching, the body of a beautiful six-year-old boy was found in a field outside of Brunswick, Ga. Officials believe he was murdered and are holding suspects of the crime in custody. The story affected many people because of the hope that he would be found alive. It's hard for us to accept the death of someone so young, especially under such terrible circumstances. This boy will never

have the chance to grow up and live a full life. That is a tragedy which is hard to grasp.

This boy's death prompts me to think about who I was when I was six years old and how I grew up. Our family didn't have much money when I was six. I learned to ride an old bike two sizes too big for me by standing it up along side the rented farm house we lived in outside of town. I climbed up on the bike and pushed off the side of the house to get going. There was a 50/50 chance I'd make

it without falling. Despite the falls, I was in a safe and loving place. I have good memories of those days. It seems only right that six year olds should experience good growing up years.

Good experiences in childhood doesn't guarantee a person will be successful, but it should be rule for every child. People will grow up to make decisions and hopefully with a positive upbringing they will make good decisions. However, we know that there is no guarantee that someone will turn out right even

with good childhood memories. Nevertheless, everyone would rather be treated with love and respect from the start.

Many people don't have good memories as children. They had no sense of security at six years old. Perhaps there was fighting in the home and little love shown to them. Though this is a time for children to receive unconditional love and nurture, they didn't receive it.

Some people never get over the tragedies of their lives. Those who have survived find

themselves in despair with no one to whom they can turn; no one to whom they can talk about their experience. They drown in feelings of hopelessness. They flounder in the sea of life.

Some people do get over the tragedies of their lives. They feel hope. They find love and acceptance. They are determined to steer a course in life. These people are not perfect but they have discovered the truth that they matter in life despite what might come their way.

When I was growing up I heard the phrase, "God doesn't make no trash!" That statement has rang true throughout my life. Whenever circumstances or people have put me down, I've been reminded that I have value and that others do as well. God doesn't make no trash. Bad things happen in this world, but that does not take away the fact that people are valuable. We may suffer the consequences of this life, but it does not diminish our intrinsic value endowed to us by our creator.

Homefront in Focus

By Beth Wiruth
Military Spouse Support Contributor

I love organization and order. I thrive when my home is ordered and get a little 'edgy' when it is out of control. However, I struggle keeping my home in order. You know what I mean, things get a bit cluttered. I can organize an event, a meeting, a business process but please don't ask me to organize my desk or closet. I was on a quest many years to find a sustainable way to organize and maintain my home.

Fifteen years ago I met Sue MacMillin, president of 'With Time to Spare, a professional

organizing company. Sue's client list reads like the Wall Street ticker but also includes wives at home. Sue helps everyone from the messiest homemaker to the corporate exec organize "their stuff" and "their space." I am telling you about her because her assistance and approach to organizing is the only one that has worked for me. With spring cleaning fast approaching I want to pass along Sue's insight for organizing your space, your stuff, your life.

First, organizing is not rearranging. If you were to organize the lap drawer in your desk (the middle drawer over your knees)

where would you start? Most people say they take it all out and throw away what they don't need. Some may group items together and then put it all back. This is not organizing, it is simply rearranging, and that is why it soon returns to chaos.

Choose a small manageable place to start, one drawer, one cupboard or closet and then follow these simple principles.

Remove. The very first step would be to remove all the stuff from the area you've chosen.

Sort. As you remove each item, sort according to like items. Sorting like items will clue you to the fact that you

have 87 pens and 830 clips. You might ask yourself, "Do I need so many? Sorting also helps you to..."

Eliminate. After you have sorted and you see that many of your items you can eliminate. You either throw them directly into the trash or you have a box labeled "to go elsewhere." Into that box goes any item that does not belong in your office. After you have finished the drawer, take the "go elsewhere" box and distribute the stuff to where it goes.

Contain. The next step most people leave out. If you just put all these items back into your

space how do you keep those groups sorted and separated at all times? By containing them. Put each group in a container, a drawer divider, or a box before you place them back. They will stay contained.

Assign. This step is the key. Don't just stick the containers in the space. Assign them a place. Anytime you say the phrase "stick-it"—"I'll just stick it here" or "I'll just put it in here for now" or "I'll just lay it here until I need it," you have just created clutter! Don't put things down, put them away. To put them away, you must assign a place. How do you know where

to put things if you have never assigned them a place? You may put them here one day or there the next. The items have a tendency to float from place to place. Assign those containers a defined place in the drawer.

As Sue tells her corporate clients, and I've found true in my own life, maintaining organization makes my life smoother and recovers lost time from my "messy days."

Questions or comments for Beth? Please contact her at beth.wiruth@homefrontinfocus.com.

Chapel Announces Easter Services

From Base Chapel

As the Easter season approaches, Christian churches throughout the area will be holding special worship observances.

Naval Station Mayport Chapel will hold the following Easter services:

For Roman Catholics:
Thursday, March 29, 7 p.m. - Penance Service

Sunday, April 1, 9 a.m. - Palm Sunday

Thursday, April 5, 7 p.m. - Holy Thursday Mass

Friday, April 6, noon - Stations of the Cross

6:30 p.m. - Good Friday Celebration

Saturday, April 7, 8 p.m. - The Easter Vigil

Sunday, April 8, 7 a.m. - Sunrise Service (at the Beach Pavilion)

9 a.m. - Easter Mass

For Protestant Christians:
Sunday, April 1, 10:30 a.m. - Palm Sunday and Communion

Friday, April 6, 8 p.m. - Good Friday Worship

Sunday, April 8, 7 a.m. - Sunrise Service (behind Ocean Breeze)

10:30 a.m. - Easter Worship For Eastern Orthodox Christians, St. John the Divine Greek Orthodox Church, 3850 Atlantic Blvd. (phone: 396-5383) is holding the following services:

Saturday, March 31 - Lazarus Saturday Orthros at 9 a.m. and Divine Liturgy at 10 a.m.

Sunday, April 1 - Palm Sunday Orthros at 8:30 a.m. and Divine Liturgy at 10 a.m.

Thursday, April 5 - Vespers Divine Liturgy at 9 a.m. and Passion of our Lord at 7 p.m.

Friday, April 6 - Burial of our Lord at 3 p.m. and Lamentations at 7 p.m. (Military members are invited to attend the 7 p.m. service in their dress uniform.)

Saturday, April 7 - Vespers Divine Liturgy at 10 a.m. and Resurrection Service at 11 p.m.

Sunday, April 8 - Agape Vespers at noon at the Episcopal High School picnic grounds

For assistance with other faith specific worship information, please contact the Naval Station Religious Ministries staff at 270-5212.



Chapel Call
Command Chaplain:
Cmdr. Phil Wyrick
SUNDAY

Sunday School.....9 a.m.
Morning Worship.....10:30 a.m.
Protestant Baptism.....As requested

TUESDAY

MOPS (Mothers of Preschoolers).....
.....9:30 a.m.
(First and third Tuesday of the month)

WEDNESDAY

Women's Bible Study.....9:30 a.m.
Choir Rehearsal.....7 p.m.

SATURDAY

Men's Prayer Breakfast.....9 a.m.
Youth Group 2, 4.....6 p.m.

Catholic Services:
Sunday Masses.....9 a.m.
CCD.....10:15 a.m.-11:15 a.m.

BAPTISMS
Please call 270-5212 to arrange a Baptism class.

SERVICES
For shipboard and Waterfront Services, call 270-5403. Personnel of other faiths seeking contact with specific religious groups should call the Chaplain's Office at 270-5212.



Naval Station Mayport

Capt. Charles King Commanding Officer
Cmdr. John Lobb Executive Officer
CMDMCM Deborah Davidson Command Master Chief

Naval Station Mayport Editorial Staff

Bill Austin Public Affairs Officer
MC1 Sonja Chambers Deputy Public Affairs Officer
MCSN Bonnie Williams Assistant Public Affairs Officer
Paige Gnann Editor

The Mirror is distributed without charge throughout Mayport's Navy community, including the Naval Station, on- and off-base Navy housing areas, and ships, squadrons and staffs homeported at NS Mayport. Copies are also available at the Naval Station's Public Affairs Office, Building 1, and The Florida Times-Union, 1 Riverside Avenue, Jacksonville, FL 32202.

The deadline for all submissions is Thursday at 4 p.m., one week prior to publication. News and articles should be submitted to the Public Affairs Office, or mailed to:

The Mirror
P.O. Box 280032
Naval Station
Mayport, FL 32228-0032
Commercial: (904) 270-7817 DSN: 960-5226
Commercial FAX (904) 270-5329 DSN FAX: 960-5329
Email: mayportmirror@comcast.net
CO Actionline: 270-5589 or 1-800-270-6307

This DoD newspaper is an authorized publication for members of the Department of Defense. Contents of The Mirror are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the Department of the Navy. Published by The Florida Times-Union, a private firm in no way connected with the U.S. Navy, under exclusive written contract with Naval Station Mayport, Fla. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, U.S. Navy or The Florida Times-Union, of the products or services advertised. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. The editorial content of this publication is the responsibility of the Naval Station Mayport, Fla., Public Affairs Office. Advertisements are solicited by the publisher. Inquiries regarding advertising should be directed to:



Ellen S. Rykert • Military Publications Manager
1 Riverside Avenue • Jacksonville, FL 32202
(904) 359-4168
Linda Edenfield • Advertising Sales Manager
(904) 359-4336 • Beeper: (904) 306-3853 • FAX: (904) 366-6230

Gettysburg Sweeps ULT-E Assessment

By Ensign Andrew Bonderud
USS Gettysburg PAO

Did you notice the brooms hanging from the yardarms on USS Gettysburg (CG 64) on Feb. 28? They were hanging there because Gettysburg did something that no other guided missile cruiser on the Atlantic coast has managed to do—they certified their engineering department during their ULT/E assessment, months in advance of the normal Engineering Operational Control certification.

Gettysburg is in the middle of its training cycle in preparation for an upcoming deployment. This engineering certification was the most arduous and in-depth that the engineers must complete during the training cycle. It consists of a thorough administrative audit of all

engineering logs and records, a critical look at the material condition of the engineering plant, and culminates with an underway assessment of casualty and damage control responses by the various engineering watchstanders and teams.

On the last day of their underway demonstration for the inspectors, upon hearing the word that they had accomplished the unthinkable, some of the Sailors hoisted brooms on Gettysburg's forward mast, signifying that they "swept the inspection away."

The evaluators gave special praise to the watchstanders in Main Engine Room number 2, GSM3 Michael Jones, GSM3 Kyle Loberg, and MR1 Ignacio Lopez, for their flawless execution of a main space fire drill.

To achieve this great success, the members of Gettysburg's

engineering department worked long hours, even into the weekend, for over a month. Although many of the engineers would have liked to take some time off immediately following their inspection, Gettysburg went straight into a two-week underway sustainment exercise with the USS Enterprise Carrier Strike Group. With this achievement, they will now have the coming months to work and train at their own pace.

While some engineers were singled out as having contributed exceptionally to Gettysburg's engineering certification, the determination, drive, and devotion to duty of the entire engineering department reflected unparalleled credit on themselves and the entire Gettysburg crew.



-Photo by Ensign Andrew Bonderud
USS Gettysburg engineers hard work led to a certified engineering department as part of the ULT/E assessment.

Mayport Career Management Symposium Schedule

Tuesday, March 27
Enlisted Detailers available as follows:
Building 460: EN, GSM, ET, CS, OS, FTS and "A" school
Building 1553: AS, ABH, AD and AE
MPT & E Brief
8-9:15 a.m.
For: All CO/XO/CMC/DH/CCC
Location: ATG Auditorium
SEAL TEAM Motivator
8-9:30 a.m.
For: All Interested personnel
Location: Building 460 classroom 206

SWO Officer Career Management Brief
9:30-11:30 a.m.
For: SWOs
Location: ATG Auditorium
Enlisted Selection Board Brief
10-11:30 a.m.
For: E-5 and above
Location: SERMC Auditorium
PERS41 SWO CO/XO Mentoring
12:30-1:45 p.m.
For: All SWO CO/XO
Location: ATG Conf Rm
First Line Leaders Brief

12:30-2 p.m.
For: E-5 and E-6
Location: ATG Auditorium
Junior Enlisted Career Management Brief
2:30-4 p.m.
For: E-4 and below
Location: ATG Auditorium
Wednesday, March 28
Enlisted Detailers available as follows:
Building 460: YN, HM, MA, EN, GSM, ET, CS, OS, FTS and "A" school
Building 1553: AS, ABH, AD and AE

PERS-43 Community Status MPT & E Brief
8:30-10 a.m.
For: All Aviation CO/XO and above
Location: Wing Conference Room
CPO Leadership MPT & E Brief
8:30-10 a.m.
For: E-7 and above
Location: ATG Auditorium
SEAL TEAM Motivator
8:30-10 a.m.
For: All Interested personnel

Location: Building 460 classroom 206
Aviation Officer Career Management Brief/PERS-43
10:30 a.m.-noon
For: Aviation O-4 and below
Location: HSL 46 Ready Room
Junior Enlisted Career Management Brief
10:30 a.m.-noon
For: E-4 and below
Location: ATG Auditorium
SWO Officer Career Management Brief

12:30-1:45 p.m.
For: All SWO JOs 04 and Below
Location: ATG Auditorium
Aviation Officer Career Management Brief/PERS-43
1-2:30 p.m.
For: Aviation O-4 and below
Location: HSL 40 Ready Room
First Line Leaders Brief
3-4:30 p.m.
For: E-5 and E-6
Location: ATG Auditorium

Calendar

On Base

Thursday, March 22
The USS Philippine Sea family readiness group will hold its monthly meeting at 6:45 p.m. at the USO on Mayport Road. Elections will be held for the board positions. Babysitting will be provided.

Friday, March 30
The USS Roosevelt family readiness group will meet at 6 p.m. at the USO on Mayport Road. Childcare will be provided.

Thursday, April 12
The USS Carney family readiness group will meet at 6:45 p.m. at the USO on Mayport Road. Childcare will be provided.

Thursday, April 26
The USS Philippine Sea family readiness group will hold its monthly meeting at 6:45 p.m. at the USO on Mayport Road. Babysitting will be provided.

Out in Town

Saturday, March 24
An interpretive program that explores the snakes that are native to Florida and live at the Talbot Islands State Parks will be held. Join Park Ranger Brian Smith at 1 p.m. and learn how to identify the most common snakes, their habitat, and their lifecycles. Discover why these critters are important to healthy and balanced natural communities. This program will take place at Pavilion 6 at Little Talbot Island State Park. The program is free, but non-campers will need to pay the park entrance fee (\$4 per vehicle) to attend.

Sunday, March 25
Have you ever sat in a Salt Marsh without getting wet? Come experience the wet world from a dry kayak! Join Park Ranger Brian Smith at 1 p.m. we explore the quiet waters near the Talbot Islands by kayak. Spring is a great time to be on the water and to watch nature. No kayak experience necessary. Weather permitting. Reservations are required and must be made through Long Island Outfitters (Kayak Amelia) by calling 251-0016. There is a fee. All funds will be donated to Friends of Talbot Islands State Parks.

Tuesday, March 27
Fletcher High School annual parent night for rising ninth graders will begin at 6:30 p.m. Starting with a general assembly in the auditorium, parents will be provided information on curriculum, graduation requirements, and many other topics that will affect students who

will potentially be ninth graders at Fletcher High School for the 2007-2008 school year. This will be followed by break-out sessions on several specific topics, such as: elective choices, "majors", advanced placement (AP)/honors courses, and scheduling for ninth grade.

Saturday, March 31
The Fleet Reserve Association Branch #290 will hold a prime rib dinner from 5-8 p.m. at the branch home, 390 Mayport Road. The event is open to the public. Cost is \$10. Take out orders are welcome, call 246-6855.

The Nature Conservancy, Westside Regional Park, 7000 Roosevelt Blvd., and the city of Jacksonville Parks and Recreation will hold a native plant fair to educate the community on invasive, non-native plants in northeast Florida from 9 a.m.-noon. The Nature Conservancy will give away more than 500 one-gallon native trees in an effort to encourage homeowners to replace invasive plants with plants that are native to Florida. The Duval County extension office will provide several master gardeners to educate attendees on the "Right Plant for the Right Place" and to answer specific gardening questions. For more information or to volunteer, contact Marci Koll at (904) 598-0004 or mkoll@tnc.org.

Duval County Master Gardeners will be at the following locations from 9 a.m.-noon for a Plant Clinic. Please stop by and bring your soil samples for testing of pH or get your questions answered on any landscape problems. Turner Ace Hardware, 13164 Atlantic Blvd.; Turner Ace Hardware, 784 Marsh Landing Parkway Plant Ranch, 14108 Beach Blvd.; Halls Nursery, 111524 San Jose Blvd.; Lowes of Mandarin, 4040 Oldefield Crossing; Gore's Nursery, 10357 New Kings Road.

Do you know the difference between a conch and a whelk, or a cockle and a clam? Join Park Ranger Michelle Waterman at 1:30 p.m. and discover how to identify many of the frequently found shells that wash up on Little Talbot Island. This 1-hour program will start from Pavilion 6 at Little Talbot Island State Park and will include a leisurely walk along the shoreline. The program is free, but non-campers will need to pay the park entrance fee (\$4 per vehicle) to attend.

Wednesday, April 11
Christ United Methodist Church Neptune Beach, 400

Penman Road, presents 40 Days of Purpose a spiritual exploration to help you answer the question, "why am I here?" The sessions are free and open to the entire community and include dinner at 5:45 p.m., followed by a video presentation and small group discussions. The program runs for six consecutive Wednesdays. To register, please contact the Church office at (904) 249-5370.

Saturday, April 21
The city of Atlantic Beach will hold its second annual "Tour de Parks" bike ride event. The first tour will leave at 9 a.m. and will continue every 30 minutes until the last tour leaves at noon. Participants enjoy an approximate five mile bike ride that visits almost all of the public parks in Atlantic Beach. Anyone wishing to participate can start at any participating park in Atlantic Beach. Participants are urged to follow Florida law, which mandates helmets for anyone riding a bike under the age of eighteen. For more information, contact Margie Reeves 247-5828, email mreeves@coab.us.

Saturday, April 28
Take Americas Boating Course presented by the Coast Guard Auxiliary. Maximize your knowledge and your family's safety. Cost is only \$25, including materials. Program runs from 7:30 a.m.-5:00p.m. at the Captains' Club, 13363 Beach Blvd. The program meets Florida legal requirements for boater education. Most insurance offer discounts to program graduates. For more information, call Mike Christnacht at 502-9154.

Friday, May 18
The First Coast Beaches Unit of the American Cancer Society (ACS), will host the 14th Annual Take a Swing at Cancer Golf Tournament and Dinner Party. The event, which is presented by Fidelity Investments, will be held at the Sawgrass Country Club. The Captain's Choice tournament will begin with a shotgun start at 1 p.m. followed by a dinner party and silent auction at 7 p.m. For more information about the American Cancer Society, please call 1-800-ACS-2345 or visit www.cancer.org.

MAKE-A-WISH. wish.org
Share the Power of a Wish.
A CFC participant. Provided as a public service.

CAR INSURANCE SO GOOD
YOU'D TAKE AN OATH TO GET IT.
You don't lead an ordinary life. The last thing you need is ordinary car insurance.
That's why GEICO offers our military customers simple payment plans, 24-hour service, vehicle storage options and storage protection plans, whether you store it yourself or on base.
For seventy years, GEICO has been serving the special needs of the special people who serve our country. We're ready to do it for you.
GEICO
Call our local office - coverage available by phone.
(904) 264-1223 | 1600 Park Ave., Suite 2 | Orange Park (Across from Moosehaven)
(904) 246-8650 | 997 Atlantic Blvd. | Atlantic Beach (At the Publix Shopping Center)

Military discounts not available in all states or in all GEICO companies. Government Employees Insurance Co. GEICO General Insurance Co. • GEICO Indemnity Co. • GEICO Casualty Co. • These companies are subsidiaries of Berkshire Hathaway Inc. • GEICO auto insurance is not available in Mass. GEICO, Washington, DC 20076. © 2006 GEICO

Family Dentistry
Adults and Children
EVELYN L. HERRERA, D.M.D., P.A.
"A Navy family serving Military families since 1988"
WELCOMING NEW PATIENTS!
TRICARE PARTICIPANT
Most Insurance accepted
We accept Dental Insurance for Active Duty Dependents and Retired Military & Their Dependents
In front of Mayport NEX/Commissary
(904) 249-1302
Pan-Am Plaza Suite 17 • 2292 Mayport Rd. Jacksonville, Florida 32233
Office Hours Tues.-Fri. 8:30 a.m. - 5:30 p.m. • Sat 8:30-4:00pm



-Photos courtesy of USS John F. Kennedy
The 9-year-old daughter of President John F. Kennedy, Caroline, christens her father's namesake ship on May 27, 1967, in the shipyards at the Newport News Shipbuilding and Drydock Company in Virginia.



USS John F. Kennedy sails past the World Trade Center's twin towers in May 2001 for the annual New York City Fleet Week celebration, just four months before the towers would be destroyed by the Sept. 11, 2001 terrorist attacks that killed thousands of people working and visiting the towers that day.



USS John F. Kennedy sails into Boston's harbor and spells out "Jack is Back." It had been several years since the ship had visited the city.

A Look Back At JFK

From USS John F. Kennedy
Public Affairs

John F. Kennedy (CV 67) is named for the 35th President of the United States. The ship's keel was laid Oct. 22, 1964, at the Newport News Shipbuilding and Drydock Company in Virginia. President Kennedy's 9-year-old daughter, Caroline, christened the ship May 27, 1967, in ceremonies held at Newport News. The ship subsequently entered naval service Sept. 7, 1968.

Kennedy was originally designated as CVA 67, attack aircraft carrier. In the early 1970s, the classification was changed to CV 67, indicating the ship was capable of supporting anti-submarine warfare aircraft, making it an all-purpose, multi-mission aircraft carrier.

Kennedy's maiden voyage was to the Mediterranean

in response to a deteriorating situation in the Middle East. Subsequently, she made another seven deployments to this area of the world during the '70s. By the mid-'70s, Kennedy was upgraded to handle the F-14 Tomcat and the S-3 Viking. Kennedy underwent her first, yearlong, major overhaul ending in 1979. The ship's ninth deployment, in 1981, marked her first trip to the Indian Ocean. Kennedy transited the Suez Canal, hosted the first visit aboard a United States ship by a Somali head of state, and achieved its 150,000th arrested landing.

In 1982, Kennedy won an eighth Battle Efficiency award and fourth Golden Anchor retention award. In 1983, as a result of growing crisis in Beirut, Lebanon, Kennedy was called upon to support what would

define the ship's operations into the next year. Awards received during that period included a ninth Battle "E," the Silver Anchor Award for Retention, the Rear Adm. Flatley Award for Safety and the Battenburg Cup for being the overall best ship in the Atlantic Fleet.

Kennedy spent the winter of 1984 in dry dock for a complex overhaul at Norfolk Naval Shipyard. In 1985, the ship received a fifth Golden Anchor Retention Award and several departmental efficiency awards. While in the shipyard, the ship received the inaugural Department of Defense Phoenix Award, signifying a level of maintenance excellence above Department of Defense components worldwide. In July 1986, Kennedy served as the centerpiece for a vast international naval armada during the

International Naval Review in honor of the 100th Anniversary and Rededication of the Statue of Liberty. Kennedy departed for the Mediterranean August 1986 and returned March 1987.

Kennedy departed Norfolk, Va., for her 12th major deployment to the Mediterranean in August 1988. On Jan. 4, 1989, embarked F-14 Tomcats shot down two Libyan MIG-23s that were approaching the battle group in a hostile manner.

Following a variety of exercises in early 1990, Kennedy paid visits to New York for Fleet Week and Boston July 4. In August, with just four days notice, Kennedy deployed in support of Operation Desert Shield.

Kennedy entered the Red Sea in September 1990 and became the flagship of the Commander, Red Sea Battle Force. On Jan.

16, 1991, aircraft from the ship's Carrier Air Wing Three began Operation Desert Storm with attacks on Iraqi forces. The ship launched 114 strikes and 2,895 sorties, with aircrews of CVW-3 flying 11,263 combat hours and delivering more than 3.5 million pounds of ordnance in the conflict.

After the cease fire, Kennedy transited the Suez Canal for the fourth time in seven months and began its journey home. Kennedy arrived in its homeport of Norfolk on March 28, 1991, to the greatest homecoming celebration since World War II. Kennedy then entered a four-month restricted availability period at Norfolk Naval Shipyard. The ship departed the shipyard in September with extensive repairs and maintenance to engineering systems, flight deck systems and equip-

ment. The ship was readied to handle F/A-18 Hornet aircraft to replace A-7E Corsair IIs that had flown on their last deployment from the deck of Kennedy.

The 1992-93 deployment, from Oct. 7, 1992, until April 7, 1993, marked Kennedy's 14th to the Mediterranean area. The tone of the deployment was set by turmoil in the former Republic of Yugoslavia. The ship conducted multiple exercises with the armed forces of Mediterranean littoral nations, hosted a great number of visitors in port and at sea, and spent substantial operating time in the Adriatic Sea. On December 8, 1992, Kennedy passed a milestone by achieving its 250,000th aircraft trap. Upon her return from cruise, JFK celebrated her Silver

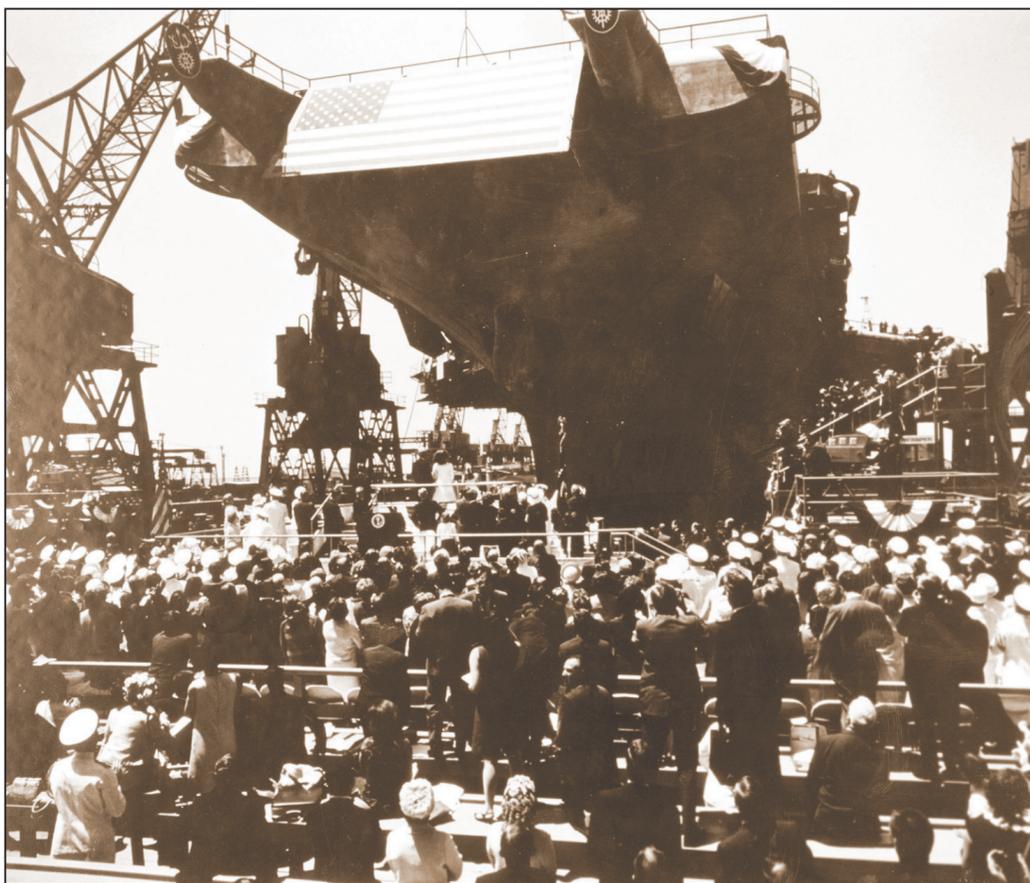
See JFK History, Page 5



In 2005, Aerographer's Mate 3rd Class Manny Avlia records observation details including sky conditions, visibility and wind speed during afternoon flight operations aboard JFK during carrier qualifications in the Atlantic Ocean.



In 2004, Boatswain's Mates aboard the conventionally powered aircraft carrier USS John F. Kennedy (CV 67) prepare to take on fuel from the USNS Big Horn (T-AO 198) during a replenishment at sea. The Kennedy was conducting Carrier Qualifications (CQ) in the Atlantic Ocean.



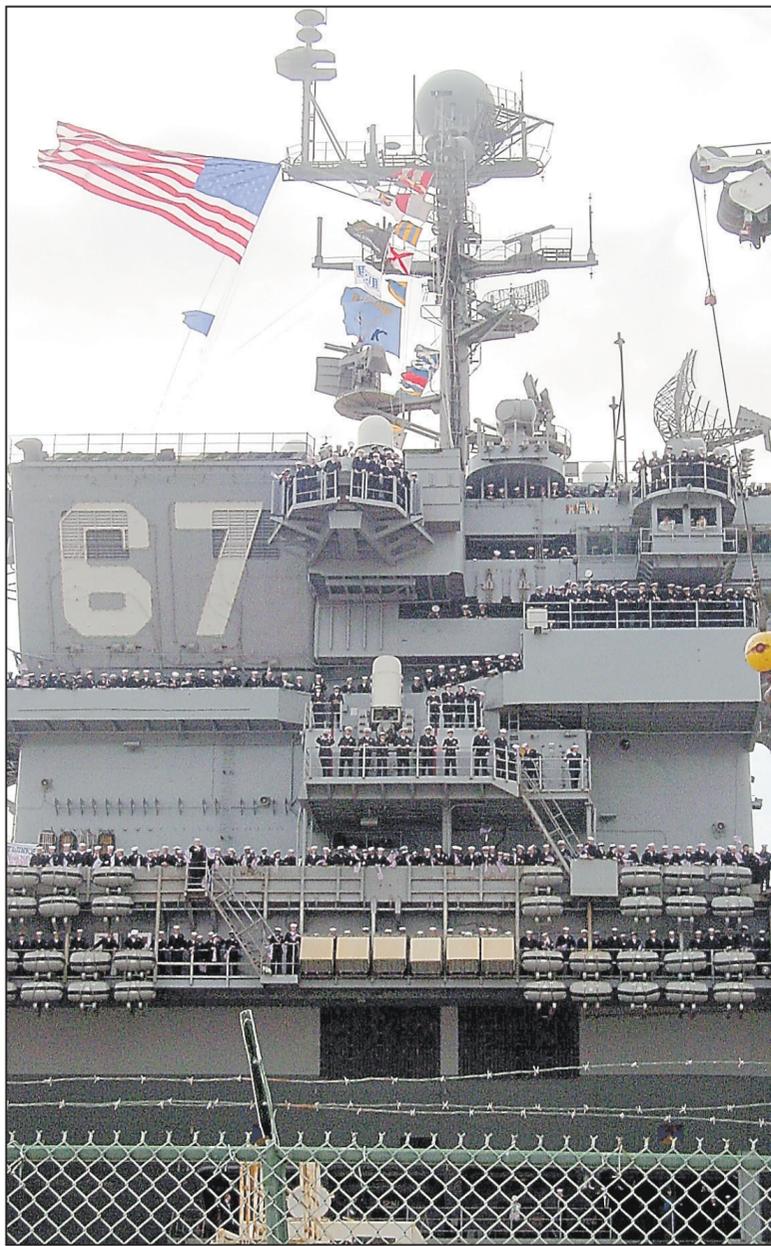
Crowds clap at the christening ceremony of USS John F. Kennedy in 1967. The ship was put to service Sept. 7, 1968.



During the 2004 deployment in support of Operation Iraqi Freedom, Aviation Boatswain Mate Handler Third Class Vednabel Capeles plots the launches and recoveries of aircraft on the status board from Pri-Fly (V-5) aboard JFK.



Plane Captain Airman Nate Wallace of Fighter Squadron 103 "Jolly Rodgers" signals to Lt. Cmdr. Len Haidl to start pre-flight operational checks on his F14B Tomcat aboard JFK in July 2004 during the Summer Pulse 2004 Exercise.



JFK Sailors man the rails after the ship returns from its 2004 deployment in support of Operation Iraqi Freedom. This was the last six-month deployment for the ship and was especially significant since it had just completed an extensive Extended Selected Restricted



A naval aviator assigned to Air Antisubmarine Squadron Three Zero the Diamond Cutters, conducts a flyby over USS John F. Kennedy during flight operation in support of Operation Iraqi Freedom in 2004.



In 2005, Gene Smith (bottom right), director of college scouting for the Jacksonville Jaguars, and Steve Ringholz (top left) present USS John F. Kennedy (CV 67) Commanding Officer Capt. Dennis FitzPatrick (top right) with a banner signed by every member of the Jaguars organization to show their appreciation for the crew.

JFK History

Anniversary, then moved north for a two-year, comprehensive overhaul in the Philadelphia Naval Shipyard. The overhaul was completed September 13, 1995, whereupon Kennedy moved to its new homeport at Mayport Naval Station, Florida. Kennedy departed Mayport April 1997 for its 15th deployment to the Mediterranean Sea and returned to Mayport October 1997. After a brief maintenance period, Kennedy participated in Fleet Week '98 in New York City. During 1999, continuing at-sea periods prepared Kennedy for its 16th deployment to the Mediterranean Sea/Arabian Gulf. After a heroic rescue of the crew from the foundered tug Gulf Majesty during Hurricane Floyd in mid-September, Kennedy carried the banner of freedom to our friends and

allies overseas, making history once again. The ship made the first carrier port call to Jordan, and hosted the King of Jordan, allowing him to experience life at sea. JFK then participated in Operation Southern Watch, flying combat missions while enforcing the no-fly zone over Iraq. The JFK/CVW-1 team set new records in bombing accuracy while employing the most lethal combination of precision weaponry ever put to sea, amassing 10,302 arrested landings along the way. On Jan. 1, 2000, JFK became the "Carrier of the New Millennium" by being the only carrier underway as the year 2000 arrived. Her triumphant return to Mayport on March 19, 2000, marked the completion of yet another successful forward-deployment as one of our nation's most visible guaran-

tors of support for our allies and freedom of the seas. After a few weeks in port, Kennedy returned to the sea and headed for New York where Big John participated in the 2000 International Naval Review over the July 4 holiday. After Independence Day, JFK went to Boston for Sail Boston 2000. Upon returning to Mayport, Kennedy underwent a brief, but extensive availability period, installing components of the most recent technology. As a test bed for the Cooperative Engagement Capability (CEC), Big John is flagship to the most technologically-advanced battle group in history. CEC enables battle group ships and aircraft to share sensor data and provide a single, integrated picture to all. With CEC, Kennedy can see and respond, with fire-control accuracy, to air contacts further

from the ship than was previously possible. Secretary of the Navy Gordon England recognized Kennedy Battle Group members for their participation in the test and evaluation of CEC January 2002 with a Meritorious Unit Citation. Kennedy's 17th deployment was accelerated by three weeks in response to terrorist attacks on America; Kennedy deployed Feb. 7, 2002, to the North Arabian Sea in support of Operation Enduring Freedom. During Kennedy's four months in the North Arabian Sea, their air wing, CVW 7, dropped more than 64,000 pounds of ordnance on Taliban and al Qaeda targets. Kennedy's air wing flew day and night missions over Afghanistan, supporting American and coalition forces on the ground with close air support. In early April, Kennedy

became the only aircraft carrier operating in support of Operation Enduring Freedom. Big John returned in mid-August, after more than six months away from homeport. The ship continued to support the fleet by serving as the East Coast platform for carrier qualifications and began an extensive maintenance period in 2003. From January to October 2003 Kennedy underwent the largest maintenance period ever conducted pierside. The Navy invested more than \$300 million in living spaces, steam plants, computer systems and more, extending the life of Big John to 2018. Kennedy got underway in June 2004, for her 18th deployment, in support of Operations Iraqi Freedom and Enduring Freedom. While deployed the air wing, CVW 17, dropped

more than 54,000 pounds of ordnance and flew more than 8,000 sorties. Aircraft from the air wing were key in providing air support for coalition ground forces during operations in Fallujah that started Nov. 7. The storied aircraft carrier returned to friends and family at Naval Station Mayport Dec. 13, 2004. In 2005, Kennedy continued to serve the nation, as a training platform for new naval aviators to obtain their carrier qualifications. In May 2005 Kennedy conducted a port visit to her namesake's hometown, Boston, Mass. and participated in New York City's Fleet Week. Whether it's conducting training for new aviators or routine training for ship's company, Big John remained ready to answer the call to duty.

From Page 4

USS Halyburton Gets High Marks For INSURV

By Ensign Samantha Lester
USS Halyburton PAO

USS Halyburton set high standards with a solid performance during INSURV (The Board of Inspection and Survey), the most challenging and thorough week-long inspection that ships undergo every five years.

The most taxing aspect of this inspection was the fact that Halyburton returned from their 2006 surge deployment in December, and had just six weeks to prepare for their first of two Pre-INSURV Grooms (PIG-1).

The last week of January, a team of more than 30 "mock" inspectors from SERMC, Afloat Training Group (ATG), and DESRON 14 gathered on board Halyburton for a week and graded them as if it were the real INSURV team.

Led by Lt.j.g. Chris Burnett, the Pre-INSURV Groom coordinator for all DESRON 14 ships, this team returned just two short weeks later to perform PIG-2 and see what improvements were made.

Ideally, PIG-1 should be conducted two months prior to INSURV, and PIG-2 should be one month prior to INSURV. However, due to an upcoming deployment for Halyburton,



-Photos by Ensign Samantha Lester
Cmdr. Everett S. Pratt, commanding officer of USS Halyburton (FFG 40), listens to a status update from one of the lead INSURV team members during their recent week long inspection.

their PIG-1 was just four weeks before INSURV and their PIG-2 was just two weeks prior to the "real event."

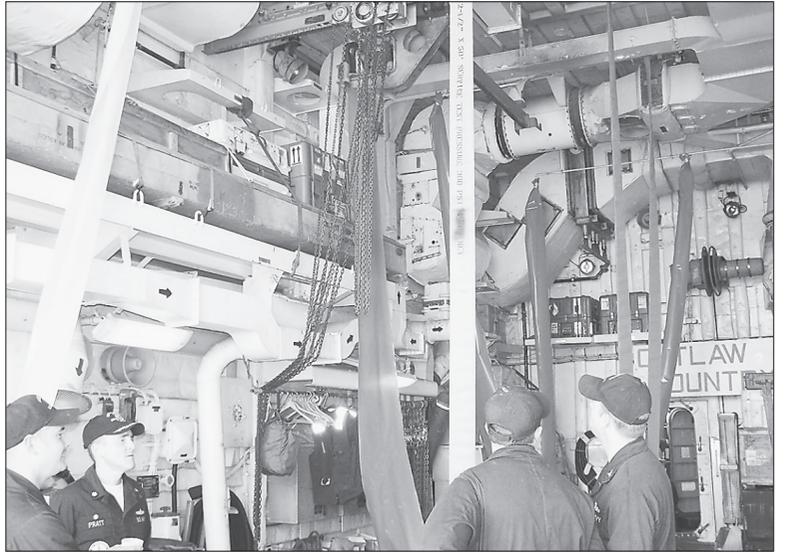
Despite the limited time, the Pre-INSURV Grooms proved invaluable in preparing Halyburton for their outstanding performance when the time came. The senior INSURV inspector, Capt. Kurt Schulze, stated that the assistance DESRON 14 organized prior to the event was extremely

effective.

For INSURV, Halyburton surpassed fleet averages in almost every category, and performed well above fleet averages in Engineering, Aviation, and Overall Average Among Departments groups.

Throughout their INSURV week, inspectors provided direct words of praise to the sailors who were presenting each item.

The Sonar Pressurization system was hailed as "one of the



USS Halyburton crew members prepare the helicopter hanger to be tested for AFFP during their PIG (pre-INSURV Groom) in early February. Cmdr. Everett S. Pratt, commanding officer of USS Halyburton (FFG 40), watches and waits for the substance to fall through the fire hoses and plastic tubes they have rigged.

best [the inspector] had ever seen," while the ultimate praise came from Schulze who asserted that Halyburton "was a very solid inspection and the ship was well prepared."

"We had a lot of assistance from around the basin to help us prepare," states Cmdr. Everett S. Pratt, commanding officer of USS Halyburton. "And I would like to thank all those folks for

their outstanding support." Above all, it was "the tireless effort of the stellar crew," that helped the ship fair so well, despite their unrelenting deployment schedule, he said.

NS Mayport Gets Ready For New Radar System

By MC2 Elizabeth Williams
Fleet PACEN SE

Naval Station Mayport's Air Operations department is getting an upgrade.

Currently, Air Ops relies on the OJ-333 and the OD-58 radar systems to gather information on approaching aircraft. The department is getting another system known as AN/FSQ-204 Standard Terminal Automation Replacement System (STARS).

The model currently used, OJ-333, also known as Precision Approach Radar (PAR), is a radar system located on an airfield for observation of the position of an aircraft with respect to an approach path, and specifically intended to provide guidance to the aircraft during its approach to the field.

The system consists of a ground radar equipment which is alternately connected to two antenna systems; one antenna system sweeps a narrow beam over a 20-degree sector in the horizontal plane. The second sweeps a narrow beam over a 7-degree sector in the vertical plane; course correction is transmitted to the aircraft from the ground.

Also in use is the OD-58, which covers a broader area of up to 250 miles and is used to detect aircraft.

STARS, the system that will

replace these models, is fully digital and capable of displaying present aircraft position status, predicated on single and multi-sensor inputs.

STARS displays non-tracking flight data and other information in logical areas while not interfering with presentation of the aircraft data.

Its functions include improved weather display, improved surveillance through system upgrades, and establishment of new system interfaces.

STARS data display will include aircraft status, flight plan information, and other general information. STARS will safeguard Air Traffic Control (ATC) operations by providing an Emergency Service Level (ESL) feature in the event of a Full Service Level (FSL) system failure.

ESL will provide the controller with surveillance position information, sensor identification, aircraft beacon code, filters, altitude, maps, range marks, and weather information. In addition, multi-sensor tracking will provide expanded and redundant radar coverage.

STARS will be incorporated into the Navy's National Airspace System facilities as part of the National Airspace System Modernization (NASMOD) program.

NASMOD consists of vari-

ous components enabling a massive upgrade of the analog ATC system with modern digital technology to enable the Department of Defense to keep pace with changing Federal Aviation Administration (FAA) guidelines and standards for terminal radar approach controls.

Facilities identified to receive the NASMOD components include: all shore-based Navy and Marine Corps approach control facilities; air traffic control school, maintenance division at Naval Air Technical Training Center (NATTC) Pensacola, Florida; and Space and Naval Warfare Systems Center (SPAWARSSYSCEN), Charleston, South Carolina.

"I'm really looking forward to being trained on the new equipment. It should make our job much more accurate, as well as efficient," said Air Traffic Controller 2nd Class Lamont Johnson of Air Operations department.

STARS will be operated by Navy personnel in the Air Traffic Controller (AC) rating, Marine Corps Air Traffic Controllers, and Department of Defense civilian controllers.

FFSC Sets Workshop, Class Schedules

From FFSC

The following classes and activities are offered by the Fleet and Family Support Center (FFSC) and are free of charge. Pre-registration is required and childcare is not available. For more information about the classes or to register call 270-6600, ext. 110.
March 22, 9-11 a.m., Resume Walk-in Review Assistance, FFSC
March 22, 9 a.m.-noon, New Parent Support Playgroup, FFSC
March 22, 6-8 p.m., Home Buying Seminar, RBCC
March 22, 8-11 a.m., Anger Management Class, FFSC

March 12-15, 8 a.m.-4 p.m., TAP Separatee Workshop, RBCC
March 26, 6-8 p.m., Ombudsman Assembly, CPO Club
March 26, 1-3 p.m., FERP Job Search Workshop, FFSC
March 26-29, 8 a.m.-4 p.m., SAVI Advocate Training, Building 460
March 27, 9-11 a.m., Resume Walk-in Review Assistance, FFSC
March 27, 9 a.m.-noon, Overseas Living Workshop, FFSC
March 28, 9 a.m.-noon, Tottletyme Playgroup, USO
March 29, 9-11 a.m., Resume

Walk-in Review Assistance, FFSC
March 29, 9 a.m.-noon, New Parent Support Playgroup, FFSC
March 30, 9 a.m.-noon, What About The Kids?, FFSC
April 3, 9-11 a.m., Resume Walk-in Review Assistance, FFSC
April 3, 9-11 a.m., Parenting Class, FFSC
April 4, 9 a.m.-noon, Tottletyme

Playgroup, USO
April 5, 9-11 a.m., Resume Walk-in Review Assistance, FFSC
April 5, 9 a.m.-noon, New Parent Support Playgroup, USO
April 6, 9-11 a.m., Car Buying Tips, FFSC
April 10, 9-11 a.m., Resume Walk-in Review Assistance, FFSC

WACKO'S

OPEN DAILY 9AM-2AM

Bring A Friend

DAILY LUNCH & DINNER SPECIALS

Free Parking
Bachelor & Private Parties
All Major Credit Cards/ATM
Next To the Liquor Depot

• CLOSE TO HOTELS & STADIUM •

3701 Emerson
399-1110
EMERSON & I-95

ALLTEL STADIUM
EMERSON ST. Only 4 Miles from Alltel!

"I haven't stopped smiling since I joined the Air Force Reserve. The opportunities are endless."

Reserve. The opportunities are endless."

Ssgt. Henry Ford
Charleston AFB
38th Aerial Port Squadron

AIR FORCE RESERVE

800-237-8279 • AFReserve.com/prior

Haly Celebrates Black History

By Ensign Samantha Lester
USS Halyburton PAO

USS Halyburton paid tribute to national Black History Month recently by inviting Joyce Danford to be the guest speaker during a special ceremony held on board the ship.

Danford is an image consultant who has a diverse resume, which includes working for large corporations, a local television morning anchor, as well as individuals who are seeking to improve their image.

She spoke to the crew of Halyburton in the form of a

letter to her father, who was in the military and admiring the adversities he had to overcome. Danford thanked the various audience members in attendance who were of different ethnicities and genders, stating how significant it is that they continue to serve.

The ceremony continued with Rev. Mike Lane singing, "I want Jesus to walk with me." USS Halyburton Commanding Officer Cmdr. Everett S. Pratt closed the event by acknowledging that diversity is one of America's most important char-

acteristics, and it continues to not only make our ships more cohesive, but our nation better prepared to respond to any crisis around the world.

The entire event, orchestrated by SKC Gerald Powell, was created completely by Halyburton crew members. ET2 Donovan Davis produced a very moving slide-show of African-Americans throughout history, while SK2 Derek Harris articulated the moments where African-American military members helped shape the Navy we know today.



-Photo by Ensign Samantha Lester
Rev. Mike Lane, Joyce Danford and Chief Storekeeper Gerald Powell pose before departing USS Halyburton after taking part in the ship's Black History Month celebration. Lane sang a beautiful gospel verse, while Danford provided a motivational speech about diversity. Powell was the ship's coordinator for the event.

Cancer Treatment Research Foundation
PHONE 888.221.CTRF
www.ctrf.org
A CFC Participant. Provided as a public service.

Sprint Supports the Men and Women of the Armed Forces

FREE PHONE!

*Free Motorola Razor or ic502 Buz

**Requires new activation with 2 year service agreement. Upgrades not eligible.

It's our small way of saying

"thank you."

Sprint gives you the Power to Save 15% off your monthly wireless bill.

PLUS:

- Get your activation fee waived (up to a \$36 value)
- And receive ONE FREE MONTH* on your primary line of service

Requires new activation and a 2-year subscriber agreement.

161 Blanding Blvd.
Orange Park, FL 32073
904-278-5250

1535-B Penman Rd.
Jacksonville Beach, FL 32250
904-242-9201

10095 Beach Blvd.
Suite 425
Jacksonville, FL 32246
904-620-9544

TOTAL COMMUNICATIONS

Sprint

Together with NEXTEL

ACT TODAY!
This offer ends soon.

Not available in all markets or retail locations. Offer not available on add-on phone activations. Offer only available to Active members of the US Military, Reservists, Retired Military and their dependents. Current US Military ID or dependent ID required at time of purchase. Government Employees Discount: Advertised Discount only available for employees of Government agencies subject to employee discount pricing with Sprint. Family/Friends must be invoiced on the same account as eligible employee. Waived activation fee and one month free credit require activation of a new primary plan by June 30, 2007. Offer only for individual liable lines with approved credit and 2-year agreement. Add a phone plan are subject to credit approval. Nationwide Sprint PCS Network covers 250 million people. Nextel nationwide network reaches over 263 million people. Coverage not available everywhere. Offer ends 6/30/07. Discount and service credit only apply to monthly charges; taxes and surcharges still apply. Up to \$200 early termination fee applies to each line. May not be combinable with any other offers. © 2007 Sprint Nextel. All rights reserved. Sprint, the "going forward" logo, the NEXTEL name and logo, and other trademarks are trademarks of Sprint Nextel. All other marks are property of their respective owners.

Learning The Ropes



-Photo by MCSN Patrick J. Cook

Sailors assigned to Naval Station Mayport Harbor Operations conduct oil spill containment and recovery training. The specialized training is part of the Facility Response Trainer (FRT), which is a week-long class held each year by Taegeson Marine and is intended to instruct Sailors on how to conduct oil and hazardous material spills.

Jaguars Run The River

By Lt. Cmdr. Scott Gootee
HSL-60 OIC

Nineteen members of the HSL-60 Jaguars braved the heat and joined 11,346 runners completing the 30th annual Gate River Run 15K on March 10.

Lt. Kristen Bowden earned the distinction as Fastest Jaguar, running the distance in 1:12:56.

The Jaguar Team of Lt. Cmdr. Bill Howey, Lt. Cmdr. Scott Gootee, AW1 Rob Ziegler, AWC Fenn Dillard and Lt. Cmdr. Jen Merrell finished second in the Military Team competition, narrowly beating the team from ATG. Top honors in

the category were taken by the Navy Southeast Region Team.

The Jaguars also fielded teams manned by Lt. Cmdr. Matt Dunlay, AD2 Carlos Franco, CMDCM Fred Prindle, Lt. Aaron Arpi, AZ3 Jeremy Card, AE1 Kevin McQuillen, AD2 Brian Benton, AT2 Hakan Akbay, AZC Melba Watson, AW1 Mike Brewer, Lt. Cmdr. Regina Brown, AWC Mark Richardson and AT1 John Diesburg. For many of these runners it was the first time competing in this event.

"It was a great experience," said AT2 Hakan Akbay. "I

accomplished my goal of finishing the race in less than 2 hours.

It was awesome to come out with my fellow Jaguars for this run."

CMDCM Fred Prindle, who also completed the Disney Half Marathon in January, commented on the Jaguars participation.

"I was impressed with the number of people that we had come out and compete today. This was a great way to prepare for the spring PFA and a good demonstration of the culture of fitness that exists at HSL-60."

Ferdinand Assists The Sullivans With MEDEVAC

By MCI(AW) Brian A. Goyak

Naval Air Station Sigonella Public Affairs

"Medical emergency, medical emergency," doesn't normally cause most of us a lot of worry when we hear it passed over the IMC. We normally think some one is in need of a few stitches, some thing most any hospital corpsman can deal with.

This was not the case on board USS The Sullivans (DDG 68) the morning of Feb. 18 when medical responders arrived on scene to find a The Sullivan's Sailor in extreme pain. Given the severity and location of the pain it was initially thought that the Sailor might have been suffering from an aneurysm.

For the previous week, The Sullivans had been engaged in various maritime exercises with the Romanian Navy. Most notably the ROS Regele Ferdinand (F 221).

"The Romanians are talented and motivated but they lack the experience we have had with blue water at sea operations. They want to gain that experience through training and working with us. We benefit too as it forces us to go by the numbers and make sure we are showing them the proper way of doing business at sea in accordance with NATO standards," said Cmdr. Anthony Parisi, The Sullivans commanding officer.

"Most importantly we gained a large group of friends and brothers in arms." These engagements are meant to strengthen ties with the Romanians and further maritime safety and security in the Black Sea region.

The medical evacuation (MEDEVAC) occurred on the last day of these exercises. Immediately upon notification of the degree of the emergency the crew came together to assist their shipmate in need.

Chief Hospital Corpsman Eric Seagren and Hospital Corpsman 3rd Class Tracy Fitzgerald provided first aid to the Sailor as the ship made preparations to receive Dr. Moise Eduard, the medical officer from the ROS Regele Ferdinand.

"This was the most unusual presentation of symptoms I have ever seen...my biggest concern was for the worst possible case scenario," said Seagren. I knew we did not have a lot of time nor the resources onboard to adequately diagnose and treat the Sailor and the entire crew with the help of the Regele Ferdinand stepped up to assist to get our shipmate ashore safely and quickly."

With the assistance of Eduard, the Sailor was stabilized and transported to shore via rigid hull inflatable boat (RHIB) where she was met by a waiting ambulance. She was then taken to a Romanian medical

facility where she received an emergency CT scan to rule out a possible aneurysm. She was then transported to a second specialty hospital for further evaluation where she is currently recovering and expects to report back to The Sullivans with in the month.

"Our boarding teams and engineers really benefited from the human to human contact and daily personnel exchanges we did when going to anchorage every night," said Parisi. "Those relationships helped us immensely when in our moment of need the Romanians assisted greatly with our MEDEVAC case in Constanta. They provided an ambulance, doctors, a helicopter and their best facilities to help one of our Sailors. You can't buy that kind of help you have to earn it through honest friendship."

What could have turned out very badly on any given day ended on a positive note due to the fact that The Sullivans and Regele Ferdinand followed the motto of the five Sullivan brothers whom DDG 68 is named after: "We stick together."

The Sullivans, an Arleigh Burke-class destroyer home ported in Mayport, Fla., has been deployed to the U.S. Sixth Fleet area of responsibility since late November.

Education

Navy College Holds Education Fair

From Navy College Office

The Navy College Office is sponsoring a Navy College Program Distance Learning Partners (NCPDLP) (formerly Navy College Ratings Partners program) education fair on April 26 from 10 a.m.-2 p.m. in classrooms A & C located in building 460, between the Post Office and the NEX.

As stated in NAVADMIN 203/05, beginning FY 2011 the Navy will require a rate-relevant associate degree for promotion to E-8. In order to fulfill the rate-relevant education requirements the Navy has partnered with several colleges and universities collectively known as NCPDLP. These colleges

and universities have created roadmaps that outline the recommended amount of college credit a Sailor can earn from their Navy rate and training.

The NCPDLP education fair is held only once a year and is open to active duty, reservists, retirees, and their family members. Prospective students are encouraged to meet with representatives from the different institutions associated with your rate. Bring copies of your SMART and college transcripts.

Representatives from the following NCPDLP colleges and universities will be present to meet with Sailors: Central Texas College, City University,

Coastline Community College, Dallas County Community College, Embry-Riddle Aeronautical University, Empire State College, Excelsior College, Florida Community College Jacksonville, Fort Hays State University, George Washington University, Old Dominion University, Saint Joseph's College of Maine, Southern New Hampshire University, Thomas Edison University, Troy State University, University of Maryland University College, and Vincennes University. In addition, local school representatives from Saint Leo University, and Southern Illinois

University will be present.

Information on the NCPDLP roadmaps can be found at <https://www.navycollege.navy.mil/storefront.cfm>. Your SMART transcript can be obtained at <https://smart.cnet.navy.mil>. Please contact the Navy College Office at 270-6341/6342 for additional information.

ERAU Offers Masters In Management

From Embry-Riddle Aeronautical University

Embry-Riddle Aeronautical University - Worldwide's Jacksonville Campus is accepting new students for the Master of Science in Management degree (MSM) program at the Mayport Naval Station Teaching Site. The MSM targets graduate students who are looking for a focused management degree with a more operational approach than the traditional MBA.

The MSM program is built upon a strong management core curriculum and offers the opportunity for several areas of specialization, to include air transportation management,

integrated logistics, aviation/aerospace industrial management, aviation enterprises in the global environment, and general management.

All MSM students will gain quantitative analytical skills, a familiarity with formulating and managing budgets, knowledge of ethical and regulatory requirements, an understanding of organizational structure and a solid grasp of the theory and practice of good communications. "The MSM is an excellent program for preparing students to enter the corporate world as managers. Furthermore, it is a superb academic credential from the premier provider of off-duty educa-

tion for members of the armed forces," said Glen Dutcher, Associate Director of Academic Support for Embry-Riddle's Mayport office.

Military Tuition Assistance covers nearly 80 percent of the per-course cost of the program, while personnel using the Graduate Education Voucher program can expect 100 percent of the tuition to be paid by the Government.

For further information on Embry-Riddle Aeronautical University's programs at Mayport Naval Station, contact Glen Dutcher at (904) 249-6700 or mayport.teaching.site@erau.edu.

Saint Leo Opens Spring II Enrollment

From Saint Leo University

Registration for Saint Leo University's Spring Semester has begun. All courses offered are elements of our Criminal Justice, Business and Computer Science Bachelor programs. Classes begin the week of April 2. The following courses are available for the Spring II Semester, April 2 - May 26, on site at NS Mayport:

- GBA-231 Business Law I
- MGT-325 Finance for Managers
- GBA-321 Essential Business Skills
- GBA-335 Administrative and Personnel Law
- MKT-301 Principles of

- Marketing
- GBA-498/499 Strategic Management and Exam
- CRM-426 Criminal Behavior
- CRM-350 Criminal Justice Ethics
- CRM-499/496 Senior Seminar and Exam
- COM-410 Database Concepts and Programming
- COM-498/499 Information Resource Management and Exam
- REL 401 - The Catholic

Tradition

Additional courses are offered through distance learning and CD Rom.

Claim your future this Spring, enroll in a degree or certificate program at Saint Leo University. For more information or to enroll, contact Jessica or Deva at the NS Mayport Saint Leo University Office by calling 249-0911 or e-mail Deva at deva.tucker-mcneil@saintleo.edu.

Mercy Ships BRINGING THE HOSPITAL TO THE POOR...
(800) 772-SHIP www.mercyships.org
a CFC participant • Provided as a public service

All American PONY PARTY
~Birthdays~Reunions~Parties~Fairs
~Grand Openings~Church functions
~Business Events~Cookouts
~We bring the Ponies to Your Location
~15% MILITARY DISCOUNT~
781-1882
Schedule Your Event Early
www.JacksonvillePonyRides.com

CASH for your DIAMONDS
SINCE 1977 AND GOLD
246-1933 • 619 Atlantic Blvd.
MONAHAN JEWELERS

ADVANCED ACCIDENT CENTER
AUTOMOBILE WORKMAN'S COMP ALL INJURIES
PREFERRED PROVIDER FOR MOST INSURANCE
"See our physicians for all your accident care. We work with most attorneys."
Call (904) 249-5999 for Appointments
ADVANCED CHIROPRACTIC NUTRITION CENTER
440 THIRD ST. SUITE A NEPTUNE BEACH, FL
www.advancedchiropractic.biz

THE HILLS HAVE EYES 2
The Lucky Ones Die Fast
FOX ATOMIC PRESENTS A CRAVEN/MADDALENA FILMS AND PETER LOCKE PRODUCTION
"THE HILLS HAVE EYES 2" MICHAEL McMILLAN JACOB VARGAS FLEX ALEXANDER JESSICA STROUP
WRITTEN BY MARK BENNETT DIRECTED BY TINA ANDERSON JONATHAN CRAVEN CODY ZWIEG SUPERVISOR DAVID FRANCO
MUSIC BY TREVOR MORRIS SPECIAL MAKEUP BY GREGORY NICOTERO & HOWARD BERGER COSTUME DESIGNER JANIE BRYANT EDITOR KIRK MORRI SUE BLANEY
PRODUCTION DESIGNER KEITH WILSON DIRECTOR OF PHOTOGRAPHY SAM McCURDY EXECUTIVE PRODUCERS JONATHAN DEBNI PRODUCED BY WES CRAVEN MARIANNE MADDALENA AND PETER LOCKE
BASED UPON THE NOVEL BY WES CRAVEN WRITTEN BY WES CRAVEN & JONATHAN CRAVEN DIRECTED BY MARTIN WEISZ
MARCH 23, 2007 FOX ATOMIC

MWR Happenings



-Photos by MC2 Lynn Friant

Sailors and family members assigned to Naval Station Mayport run a 5k St. Patrick's Day Fun Run outside the Morale, Recreation and Welfare (MWR) Gymnasium.

Run For Fun With MWR

By MC2 Lynn Friant
FLT PACEN SE

Seventy-five participants lined up outside the Morale, Recreation and Welfare (MWR) Gymnasium in their running shoes to participate in a three-mile "Leprechaun Fun Run" on Tuesday, March 13.

This free monthly fun run was in observance of St. Patrick's Day.

"Fun Run means its fun, not competition," said Rita Hammerstad, event coordinator and coach of Navy Region Southeast Running Team. "You don't have to be a fast runner to be a participant. It's good exercise and you get a free T-shirt."

"I have been to many bases over the years, and this is the best MWR I have ever seen. I really appreciate Rita Hammerstad and the MWR group that volunteers month after month to put on such a great and challenging free event," said Cmdr. Mike Dahlin executive officer of Afloat



Sailors and family members assigned to Naval Station Mayport sign up to run the 5k St. Patrick's Day Fun Run. This is the third MWR Fun Run of the year.

Training Group Mayport. Dahlin was first to finish the run in 19 minutes 38 seconds.	Armed Forces 5k/10k May 8 Summer 5k June 12 Stars and Stripes 5k July 10 MWR Fun Run 5k or 10k Aug. 14 Run Into Fall 5k Sept. 11 Columbus Day 5k Oct. 8 Turkey Trot 5k Nov. 13 Jingle Bell 5k or 10k Dec. 11
--	--

For more information about future fun runs, call Surfside Fitness Center at 270-7718. Upcoming Fun Runs are as follows:
Spring 5K April 10

March 22 and 23: Junior Golf Clinic. 9-11 a.m. at Windy Harbor Golf Club. Open to ages 8 and older. Cost is \$75 with a teacher to student ratio of 1 to 6. Pre-registration is required. Snacks will be provided after each day's clinic. 270-5380

March 24-25: Teen Lock-In. 7 p.m. March 24 until 7 a.m. March 25 at the Youth Activities Center. Ages 13-17 and age 18 if attending high school. Cost is \$12 in advance or \$15 the day of. Space is limited; early registration is strongly recommended. A registration packet for each teen must be on file and up-to-date. 270-5680

March 25: Dive Epcot. \$140 for dive only. \$195 includes dive, admission to Epcot, trans-

portation from Mayport and t-shirt. 270-5541

March 28: Torch Club (ages 11-13) and Keystone Club (ages 14-18) Meetings. 5 p.m. at the Youth Activities Center. These Boys and Girls Club of America clubs promote community service and leadership in teens and pre-teens. 270-5680

March 29: Scuba Nitrox Class. 4-8 p.m. at Southeast Dive Adventures (in the Outdoor Adventures building). Cost is \$124 complete. No dives required. 270-5541

March 30: Freedom Friday Under the Stars, Dance and Movie Combo. Open to ages 6-12 and age 5 if in kindergarten. Cost is \$7 in advance or \$9 the day of. Space is limited; early

sign-up is recommended. Bring a sleeping bag and pillow. 270-5680

March 31: Mayport Go Round. 10 a.m.-1 p.m. on the baseball field behind the gym. The event kicks off promptly at 10 a.m. with an Easter Egg Hunt for children ages infant to 9 years old. Participants should bring baskets or bags for collecting eggs. Following the egg hunt, there will be carnival games, kids' inflatables, performances by CDC and YAC children, food for purchase and much more. 270-6015 or 5228.

Liberty Call

The following activities and events target single or unaccompanied Sailors. For additional information on Liberty events, call Planet Mayport Single Sailor Center at 270-7788 or 7789.

March 27: Bowling Tourney. Free bowling tournament at Fast Lanes Bowling Center. Event starts promptly at 6 p.m. Sign up at Planet Mayport.

March 29: Comedy Zone Trip. Join the Liberty Program for a night of comedy and fun at the Comedy Zone in Mandarin. This trip is free and includes admission, transportation and appetizers. There is a one drink minimum purchase. This trip is open to those 18 years old and older.

April 2: Video Game Challenge. Come test your skills in Planet Mayport's Video Game Challenge. Each Monday, a different game will be selected, prizes will be awarded, and a champion will be crowned. (Game schedule available at Planet Mayport starting late

March.) Event will start promptly at 6 p.m.

April 4: Eight Ball Tournament. This free, single elimination tournament will start at 6:15 p.m. sharp at Planet Mayport.

April 6: Birthday Bash. Happy Birthday to all the April Birthdays. Stop by Planet Mayport for your birthday bonus, starting at 6 p.m.

April 7: Springing the Blues Festival. Transportation is provided. Trip is free. Sign up at Planet Mayport. Van will depart from Planet Mayport promptly at 2:30 p.m. and will return at 6:30 p.m.

April 8: Sundae Sunday. Build your very own ice cream sundae at Planet Mayport. Event starts promptly at 6 p.m.

April 9: Video Game Challenge. Come test your skills in Planet Mayport's Video Game Challenge. Each Monday, a different game will be selected, prizes will be awarded, and a champion will be crowned. (Game schedule available at

Planet Mayport starting late March.) Event will start promptly at 6 p.m.

April 10: Dinner and a Movie Trip. Join the Liberty Program on a trip to Regal Cinemas for the newest box office hits. Pizza will be served at Planet Mayport prior to departing for the movie theater. Cost is only \$2 and includes food, admission and transportation.

April 11: Doubles Pool Tournament. This free, single elimination tournament will start at 6:15 p.m. sharp at Planet Mayport.

April 12: Jacksonville Suns Trip. Join Liberty on a trip downtown to watch the Jacksonville Suns vs. West Tennessee Diamond Jaxx. Sign up early at Planet Mayport. Van departs at 6:15 p.m.

April 13: Friday the 13th. Enjoy the infamous scary day/night at Planet Mayport by catching all the classic horror films. Free popcorn to all movie watchers. Movie schedule will start at 2 p.m.

40 DAYS OF PURPOSE What is YOUR Purpose in Life? Find the Answers at **Christ United Methodist Church**, 400 Penman Road Wednesday nights Beginning **April 11, 2007** at 5:45 p.m. **FREE** Dinner followed by video presentation and small group discussions **Child care provided.** Register now at 904-249-5370 **EASTER SUNRISE SERVICE** On the beach 6:00 a.m. Atlantic Blvd at the Ocean Presented by Christ United Methodist Church Free Breakfast 7:30 a.m. at Church following service, 10:15 Easter Cantata

Lifting The Tiles



-Photos by CMDCM Deborah Davidson

There is a new ceiling tile at the Foc'sle Club thanks to the HSL-40 Chief's Mess. HSL-40 chiefs decorated and placed the tile among dozens of others from NS Mayport and its tenant commands, plus visiting ships and commands. Left, CMDCM Scott Williams places the tile in the ceiling.



Girls and Boys Town
CHANGING the way AMERICA cares for her Children & Families
The Original Father Planner's Best Home
Girls and Boys Town
P. O. Box 8000
Boys Town, NE 68010
1-800-217-3700
www.girlsandboystown.org
A CFC participant - provided as a public service

SMILES ARE FAMILY TREASURES!
Trust those treasured smiles to us. Quality, affordable dentistry for the entire family.
Ask about Dentrite, our discount family dental plan. Most insurance accepted.
The Dentist Place (904) 725-4433
LOCATED AT SEARS Ahmed Soliman, DDS

BISCAYNE BAY TOWNHOMES

\$1,000 MOVES YOU IN!*

When you purchase a new townhome in Biscayne Bay, we'll make your move a lot easier. Not only will \$1,000 move you in to your brand new Ryland home, but once you're in, leave the maintenance to us! Visit our four beautifully furnished models today and discover the easy life at Biscayne Bay.

Homes from the \$140's

- Maintenance-Free Living
- Low Monthly Payment
- 2-3 Bedrooms, 2 1/2 Bathrooms
- 1 Car Garage
- Swimming Pool & Tot Lot
- Convenient to the Airport
- Easy Access to I-295 at Duval Rd.

Buy a New Townhome by March 31st & Receive a FREE Covered Lanai!*

For more information, call 904-757-8283 or visit us online at ryland.com.

RYLAND HOMES
Celebrating 40 years 1967-2007
40th ANNIVERSARY CELEBRATION
Created for your style. ryland.com

*Offer valid through March 31, 2007 and only with the use of Ryland Mortgage and Ryland Title. Offer good for Biscayne Bay in the Jacksonville Division only. Prices, plans and specifications subject to change without notice. © 2007 Ryland CBC1252734

Get the Skinny

America's Kids Are At Increased Health Risk From Lack Of Exercise

By Dr. Caroline Cederquist
Contributor

Younger children, say, up through elementary school, are so much at the mercy of their environment that it's not practical, or even fair, to make them the focus of the weight-loss effort, even in those unusual cases where they're the only one overweight.

Imagine that such a child - call him Joey - goes to dinner with his family and everyone orders their usual favorites. But Joey, overweight and "dieting," has to have some "lite" selection while everyone around him indulges without limitation. How fun is that?

But that's often precisely what happens, to the point of utter frustration for both parent and child. I often see families who want us to "fix" an overweight child after they've failed with various approaches, from cajolery to punishment to outright policing the pantry.

The candid response? That isn't going to work. Joey can't function in isolation from the rest of his familial structure, so if the weight problem is going to change, the structure has to change; and that means it changes for the parents as well.

Little kids, little roles

One of the big breakthroughs families must make is in determining the roles and responsibilities of each family member, relative to the child's weight loss, and that varies with the age of the child. Since we're discussing younger children here, the parents' role is much larger.

As with the research study, parents in our program learn - often for the first time - about important fundamentals of nutrition. They also learn about behavior modification, problem solving and other skills. And they get specific guidance and support about family roles and limits of responsibility.

For instance, most parents worry about ongoing conflicts with their children over what to eat. And sure, when snack time comes, if you have a box of chocolatey-goopy marshmallow cookies and a box of crispy, fat-free rye crackers, most kids are going for the goo.

But this is where parental responsibility looms large, and parents' decisions about the home environment are so significant. Children ought to be given some choice in what they want to eat, but by having only good options at hand, parents set them up for success.

If the available snack choices are fresh fruits, maybe vegetables and dip, even low-fat or low-calorie munchables like pretzels or popcorn, kids will choose from those.

If parents don't buy the gooey gunk and bring it home, then kids don't see it, don't ask for it, and don't feel deprived when they're told no. Of course, sometimes, less choice is better. If there's a box of fat-free ice cream bars in the freezer, that's a treat, and at dessert time, it's an acceptable indulgence that a child will welcome with delight. A seven- or eight-year old isn't going to turn up his nose at a 90-calorie Healthy Choice dessert pop and go on strike until someone produces a Twinkie.

Other recent research on children and body weight shows a direct correlation between kids' weight and the amount of time they spent in recreational physical activity, not with friends or peers, but with their families.

We see much in the media about the loss of physical education programs in schools, but these opportunities for exercise and activity don't appear to have as strong a correlation with kids' weight as what they do with their parents.

That could be because we learn our values from our families, typically, not our schools. Even if kids sit around in school all day, the ones who go home to enjoy a bike ride with the family

or to play a little flag football with Dad are far more likely to consider themselves as active.

Children who engage in physical pursuits with their parents are statistically far more likely to have a positive attitude about physical recreation and exercise, and to participate in it outside the family setting.

Parents basically have all the power in a small child's life. If healthy changes are introduced with some finesse, no issue need even be made of them.

The new standards just become the standards. We only eat dessert twice a week. We don't drive if we can walk. We eat vegetables every day. We

don't drink soda with dinner.

Parents are usually aware that their own dietary habits are relevant to their child's weight, but they say that they are often only worried about their child. They just want to help fix him. But a child needs a solution where he's not considered the problem.

SPECIAL VALUE!
now
\$4.98

7/16" x 4' x 8' OSB
•Use for roof and wall construction
•Recommended for covered use
#12212



TOP CHOICE LUMBER
Discount off listed price taken at register. Offer valid 3/22/07 through 3/26/07. See store for details.

10% off

	4'	6'	8'	10'	12'
1 x 4"	#938	#939	#940	#941	#942
	\$1.96	\$2.25	\$2.98	\$3.75	\$4.50
1 x 6"	#949	#950	#951	#952	#953
	\$3.47	\$4.29	\$5.45	\$6.82	\$8.19
1 x 8"	#960	#961	#962	#963	#964
	\$3.49	\$4.90	\$6.65	\$7.97	\$9.65
1 x 10"	#971	#972	#973	#974	#975
	\$3.97	\$6.85	\$9.15	\$11.35	\$14.35
1 x 12"	#982	#983	#984	#985	#986
	\$5.65	\$9.35	\$12.45	\$15.65	\$18.65

OWENS CORNING

20% off

ALL IN-STOCK R-13 FIBERGLASS INSULATION

Discount taken at register. Offer valid 3/22/07 through 3/26/07. See store for details.

'Healthy Choices Tour' At Mayport Commissary

From Health Promotion by the Ocean
Do you know how to make healthy food choices at your commissary? Join the dietician from Naval Branch Health Clinic Mayport on a "Making Healthy Choices" tour of the commissary. The tour will be available at 9 a.m. on March 29 and April 10 and will take approximately one hour. The dietician will go over

how to read food labels, determining acceptable fat content, calories, and serving size, and incorporating healthy choices into your regular commissary shopping trips. These tours are free and open to all personnel with commissary privileges.

To sign up, please contact Health Promotion by the Ocean at 270-5251.

GuideDog Foundation
For The Blind, Inc.
371 East Jericho Turnpike
Smithtown, NY 11787
1-800-548-4337
www.guidedog.org
a CFC participant Provided as a public service

LOWE'S
Let's Build Something Together™



SPECIAL VALUE!
now
\$98

32" or 36" 6-Panel Steel Entry Door Unit
•Weatherstripping for a tight seal •Ready for lockset and deadbolt
•Primed and ready to paint •Hardware sold separately
•Fits rough opening: 34-1/2"W or 38-1/2"W x 82-1/4"H

Adjustable sill with caulking surface for proper installation

YOUR CHOICE

get the job done with these
great values
5 DAYS ONLY March 22 - March 26, 2007

SPECIAL VALUE!
\$232
2" x 4" x 96" Stud #55279

\$10.98 sheet
1/2" x 4' x 8' Gypsum
•Use to finish walls or ceilings •Non-warping
•Other sizes available
#11730

10% off
60 LB. BAG QUIKRETE
Discount taken at register. Offer applies to item #10387 only. Offer valid 3/22/07 through 3/26/07. See store for details.

10% off
TOP CHOICE® 2" x 4" x 8' TREATED
Discount taken at register. Offer applies to item #46805 only. Offer valid 3/22/07 through 3/26/07. See store for details.

free \$25 GIFT CARD
Via mail-in rebate with purchase of any Werner product \$99 or more. Offer valid 3/22/07 through 3/26/07. See store for details.

20% off
SELECT PIPE
Discount taken at register. Offer applies to item #24137, 24139, 24129 only. Offer valid 3/22/07 through 3/26/07. See store for details.

SPECIAL VALUE!
now
50¢ per linear ft.
2-1/4"W Casing Contractor Pack
•Fingerjoint pine

YOUR CHOICE SPECIAL VALUE!
now
\$64
Any size Any style
All In-Stock Pre-Hung Hollow-Core Molded Interior Door Units
Selection varies by store.

SPECIAL VALUE!
now
\$45 per linear ft.
3-1/4"W Base Moulding Contractor Pack
•Fingerjoint pine
*Moulding sold by bundle. Primed and ready to paint. Profiles may vary. Available in convenient pre-cut lengths

SPECIAL VALUE!
now
\$158
was \$174
1/2-HP DirectLift Garage Door Opener with Intellicode®
•Screw drive system #251768

Honeywell
\$20 MAIL-IN REBATE
\$99 everyday low price - \$20 mail-in rebate
\$79 after mail-in rebate good through 3/26/07
7-Day Universal Programmable Thermostat
#183788

20% OFF listed price
YOUR CHOICE \$36.52
50' 12/3 Yellow Jacket Commercial Grade Cord
#71662, 242027
Discount taken at register. Offer valid 3/22/07 through 3/26/07. See store for details.

SPECIAL VALUE!
now
\$21.97
was \$26.97
30-Amp Power Outlet
#167334
Due to varying electrical codes, item selection may vary by store.

For the Lowe's nearest you, call 1-800-993-4416 or visit us online at Lowe's.com

Prices may vary after March 26, 2007 if there are market variations. "Was" prices in this advertisement were in effect on March 15, 2007, and may vary based on Lowe's Every Day Low Price policy. See store for details regarding product warranties. We reserve the right to limit quantities. ©2007 by Lowe's. All rights reserved. Lowe's and the gable design are registered trademarks of LF, LLC. 070393

Navy News

SecNav Recommends Way Ahead For LCS

Special release from the U.S. Department of Defense

Based on a comprehensive review of the Littoral Combat Ship (LCS) acquisition program, Secretary of the Navy Donald C. Winter announced March 15 that he is prepared to lift a previously issued stop-work order for construction of LCS 3.

The ship is currently under contract to Lockheed Martin Corp. Maritime Systems & Sensors unit, Moorestown, N.J. Lifting the stop work order is contingent upon the Navy and Lockheed Martin reaching agreement on a renegotiated contract.

As a result of a nearly two-month assessment, the Navy has revalidated the warfighting requirement and developed

a restructured program plan for the LCS that will improve management oversight, implement more strict cost control, incorporate selective contract restructuring and ensure that an important warfighting capability is provided to the fleet consistent with a realistic schedule.

This plan will ensure best value to the Navy for the completion of LCS ships 1-4, procurement of existing designs in fiscal 2008 and 2009 to fill the critical warfighting gap and establish a sound framework for transition to a single selected design in fiscal 2010. The Navy will work closely with Congress on reprogramming actions necessary to bring this program forward.

"It is vital that the Navy continue through first of class con-

struction challenges to complete LCS 1 and LCS 2. When these ships are delivered, we will be able to fully evaluate their costs and capabilities," said Winter. "LCS 3 construction may be resumed under revised contract terms that rebalance the risk of cost growth between the government and industry. LCS 4 construction will continue as long as its costs remain defined and manageable."

Under the restructured program plan, the Navy will recommend deferral of procurement of LCS in fiscal 2007 and use those funds to complete the construction of LCS 1-4. The Navy intends to continue with a plan to procure a reduced number of ships in fiscal 2008 and 2009 within existing budget resources and with the approval

of Congress because of the compelling need to address critical warfighting gaps in the littorals and strategic choke points.

The Navy will transition to a single seaframe configuration, incorporating a Navy-specified open architecture combat system, in fiscal 2010 after an operational assessment of all critical factors between LCS 1 and LCS 2. The Navy will hold a full and open competition of the selected design (flight 1) for the fiscal 2010 seaframe procurement to reduce life cycle costs of the program.

"LCS is needed now to fill critical, urgent warfighting requirements gaps that exist today. It is imperative that the Navy deliver this warship class and its important capabilities to the fleet as soon as possible,"

said Chief of Naval Operations Adm. Mike Mullen. "It is just as imperative that we do so in the most cost effective manner possible."

The LCS is an entirely new type of U.S. Navy warship. A fast, agile, and networked surface combatant, LCS's modular, focused-mission design will provide combatant commanders the required warfighting capabilities and operational flexibility to ensure maritime dominance and access for the joint force. LCS will operate with focused-mission packages that deploy manned and unmanned vehicles to execute missions as assigned by combatant commanders.

Operational experience and analyses indicate that potential adversaries will employ asym-

metric capabilities to deny U.S. and allied forces access in critical coastal regions to include strategic choke points and vital economic sea lanes. Asymmetric threats will include small, fast surface craft, ultra-quiet diesel submarines and various types of mines.

LCS will also perform special operations forces support; high-speed transit; maritime interdiction operations; intelligence, surveillance and reconnaissance; and anti-terrorism/force protection. While complementing capabilities of the Navy's larger multi-mission surface combatants, LCS will also be networked to share tactical information with other Navy aircraft, ships, submarines and joint units.

Coalition Servicemembers Reach Out Via YouTube

By Carmen L. Gleason
American Forces Press Service

Coalition military officials in Iraq are hoping to reach out to younger, broader audiences by posting clips of servicemembers in action on a popular video-sharing Web site.

Clips of combat and support operations have been posted to the YouTube Web site in an effort to inform Americans of the successes of U.S. and Iraqi soldiers in Iraq, Army Maj. Gen. William Caldwell, Multinational Force Iraq spokesman, said during a phone interview.

"How do we reach out to those in mid-town America who don't know someone serving here? How do they find out what's going on?" Caldwell asked. "One thing people don't know is what's really going on over here on a daily basis."

The initiative first came about when soldiers began brainstorming about how to reach out and share stories of what's

happening in Iraq with a greater number of people. The group determined that the user-generated Web site would be a perfect venue for the more visually oriented, younger American audience.

"We want the American public, from an unfiltered vantage point, to be able to see what coalition forces and Iraqi security forces are doing here in Iraq," he said.

Mechanisms are in place so video clips can quickly and accurately be posted to the Web site, while still adhering to operational security requirements, Caldwell said.

Since the multi-national force began the initiative on March 7, six videos have been posted, resulting in thousands of view-

ings. The most popular, with more than 2,000 views, is a Jan. 24 clip from Operation Tomahawk Strike 11. The video shows U.S. Army soldiers from the 2nd

Infantry Division alongside soldiers from the 6th Iraqi Army Division engaging insurgents from a high-rise building during a series of targeted raids.

Clips also have been posted showing footage from an unmanned aerial vehicle and a documentary-like essay on the discovery and destruction of a factory making vehicle-borne improvised explosive devices.

In addition to posting videos on the YouTube site, a "Share our Story" tab has been established on the Multinational Force Iraq Web site, www.mnf-iraq.com, filled with videos, still photos and narratives of the men and women in uniform stationed there.

"(The link tells) what they're doing over here to serve our country, support the government of Iraq and support the Iraqi people as we try to bring greater security and stability and self-governance to this nation," the general said.

SNA Honors SOYs



-Photo by Dave Fliesen of Sonalysts, Inc.
Janice Scott was one of 12 lucky winners of the "Dangerous Waters" video game from Sonalysts, Inc. at the Surface Navy Association's Sailor of the Year reception hosted at the Pennsylvania House. Janice's husband, Cryptologic Technician Technical 1st Class (SW/AW) Jake Scott (right), was one of this year's candidates honored at the reception. Jake was selected from his command at SERMC Mayport.

Military Officers Association Honors Military Supporters

By Samantha L. Quigley
American Forces Press Service

The Military Officers Association of America announced it will present its highest award to an actor and a corporation for their strong support of military servicemembers.

Gary Sinise and the DuPont Company, with headquarters in Wilmington, Del., will receive the MOAA Distinguished Service Award for 2007.

MOAA looks for indicators of strong support for military employees when considering organizations for this award, retired Air Force Col. Steve Strobidge, MOAA's director of government relations, said.

"(That includes) making up

the pay between military pay and their old salary, continuation of benefits, support for the families, (and) recognition when they return," he said.

The criteria are a little different for an individual to receive the MOAA Distinguished Service Award. "Selfless service, achievement of results and reflections of credit on the military community" are key elements, Strobidge said.

"DuPont and Sinise clearly demonstrated a great deal of caring and personal involvement involving the military," he said.

Sinise stars in CBS's "CSI: NY." As one of the founders of the "Lt. Dan Band," named after his "Forrest Gump" character,

the actor has toured the world playing concerts for military personnel and their families.

DuPont earned MOAA's recognition for its strong support of military personnel, in general, and specifically for its employees who are military reservists.

The Military Officers Association of America is a member of America Supports You, a Defense Department program highlighting the ways Americans and the corporate sector are supporting the nation's servicemembers.

DuPont also helps "Treat the Troops," an America Supports You organization that sends cookies to deployed servicemembers, with shipping costs.

MOAA also will recognize five members of Congress and two congressional staffers. Sens. Frank Lautenberg of New Jersey and Chuck Hagel of Nebraska, as well as Reps. Chet Edwards of Texas, and Walter Jones of North Carolina, will receive the Col. Arthur T. Marix Congressional Achievement Award for championing legislation to protect retired military families against health fee increases.

Virginia Sen. John Warner is being recognized with a special achievement award for his eight years leading the Senate Armed Service Committee. The two staffers, John Chapla and John Conger, also are being recognized for their broad support of military personnel.

The awards bring awareness

to those offering strong support to the military, Strobidge said. They also let servicemembers know they're not forgotten.

"It is important to show the men and women who are serving and have served that the American

people do care about them and recognize and appreciate them for their service," he said.

The awards will be presented in a ceremony on Capitol Hill on April 17.

Orlando GSA Expo Coming Up In May

From NAS Jacksonville

A free General Services Administration (GSA) Expo will be held May 15-17 in Orlando. This training conference and trade show exposition is designed for procurement and program professionals in government positions.

The expo will provide training in government contract law, performance based acquisition, strategic sourcing and other procurement-related courses, e-tools such as GSA Advantage and e-Buy, GSA Global Supply, information technology, travel and transportation, facilities

management and real property.

More than 200 hours of free training courses will be offered and all classes grant continuous learning points to support educational efforts.

The expo will also feature

exhibits by more than 700 commercial partners and GSA multiple award schedule contract holders.

For more information and to register, visit www.expo.gsa.gov or call 1-888-272-5565.

Jacksonville's #1 Enclosure Source

- Glass Enclosures
- Sunrooms
- Screen Enclosures

LIFETIME Enclosures INC.

ACT NOW 10% OFF UNTIL 5/31/07

DON'T MOVE IMPROVE

VISIT OUR SHOWROOM

731-5580

www.lifetimeenclosures.com 5521 Chronicle Ct. Jax, FL 32256

JDRF Juvenile Diabetes Research Foundation International

You are helping move research into reality. Call 1.800.533.CURE or visit www.jdrf.org.

A CFC Participant. Provided as a public service.

~Food & Drink Served Inside The Comedy Zone~

"THREE BLONDE MOMS"

THUR. MAR 22ND, 8PM
FRI. MAR 23RD, 9PM
SAT. MAR 24TH, 8PM & 10PM

Tours nationally with Quirky Maysyellen Hooper from "The Tonight Show," Sassy Helen Keane from the Style network & Perky Joanie Fagan from "The Drew Carey Show." This unique and hysterical PG13 standup comedy show is selling out Comedy Clubs and Theaters all over the country! If you have family, know a family or want a family, this is the show for you.

"GREG WARREN"

TUE. MAR 27TH, 8PM • WED. MAR 28TH, 8PM
THUR. MAR 29TH, 8PM • FRI. MAR 30TH, 9PM
SAT. MAR 31ST, 8PM & 10PM

was featured in the prestigious "New Faces of Comedy" at the "Just for Laughs Festival" in Montreal. He became known as "The White Dude Who Went 8 Episodes" on BET's "Coming To The Stage." He was also seen on "The Late Late Show with Craig Ferguson." Currently he can be seen on Comedy Central's "Premium Blend" and heard on "The Bob and Tom Show."

Tickets available online at www.comedyzone.com
292-HAHA (4242)
1-295 & San Jose Blvd.

Donate Your Vehicle Today!

Special Olympics Florida

Also donate boats • campers RVs • motorcycles

Vehicle must be driveable.

Open Saturdays!

1-888-470-9988

Special Olympics Florida

Talecris PLASMA RESOURCES

Open Tues - Sat

Wanted Age 18 to 64

Earn up to \$260 or more per month!

As a lifesaving plasma donor!

Come into Talecris Plasma Resources and save lives by donating plasma. Valid ID & Social Security Card Required.

We Offer:

- Clean Facility
- Friendly Atmosphere
- Well trained staff of RNs, Medical Director, and Certified Phlebotomists
- Part-Time Pay Without the Part Time Job

PLASMA URGENTLY NEEDED!

- 1st Donation \$40 • 2nd Donation \$60
- New donors only: Present this ad and receive an additional \$5.00 (1st & 2nd donations)

TALECRIS PLASMA RESOURCES
625 N. Julia St., Jacksonville, FL 32202 (corner of N. Julia and W. Beaver)

Or call us: 904-356-8834
www.talecrisplasma.com

USO News

4th Annual Bob Coonan Memorial USO Golf Tournament will take place April 5 at the Casa Linda Golf Course at NAS JAX. For more information or to download a registration form, please visit www.usojax.org.

Tickets are on sale now for the April 13 performance of Disney on Ice—Disneyland Adventure at the Veterans Memorial Arena at 7:30pm. This is Military Night for Disney on Ice, and tickets are only \$12. For more information regarding the show, please visit <http://disneyonice.disney.go.com/disneyonice/disneyland.jsp>

Get your movie theatre passes at the USO! AMC Theatre passes are \$6, and Regal Theatre passes are \$6.50

Daytona 500 Tickets are on sale at your USO. The prices and options are as follows:

*Great American offer this will be a two-day ticket in rows 1-20 for \$115 (you save over \$47.)

*Two-Day Tower offer which is in the grandstands rows 33-51 for \$180 (you save \$22 with this package)

*Fanzone tickets for entry to the Fanzone prior to the start of the race are \$75 each.

*Bud Shootout tickets are \$30 each.

*We will also offer Rolex 24 tickets to Active Duty only for \$10 each; depends and all others will be \$40 each.

Payment must be made in full to the USO before tickets will be ordered. The tickets will be available for pickup at the USO the week of the race.

Wild Adventures Theme Park tickets are \$31.95 at the USO! (This is a savings of \$10.) Did you know...tickets purchased for use at Busch Gardens or Sea World may be used for seven consecutive days at that park? Visit your USO for more information or to purchase the tickets.

Looking for a fun group activity for your wardroom, department, or division? IMPROV Jacksonville, located downtown at the Jacksonville Landing, is offering 20 free tickets to every Thursday's 8 p.m. performance. Opportunities for these tickets will be on a first come, first serve basis. To obtain these tickets, email giveaways@usojax.com and provide the names of the individuals who will be attending. If your group is selected, you will be advised via email. The list of names will be forwarded to the IMPROVJAX Comedy Club Staff, and individuals on the list will be admitted free of charge. If you are interested in a group larger in size than 20, let the USO know, and we will see if IMPROV Jacksonville can accommodate the request.

Improv Jacksonville Comedy Theater offers a military discount to their performances on Wednesday's at 8 p.m., Friday's at 8 p.m. and 10 p.m., and Saturday's at 8 p.m. and 10 p.m. Ticket prices are normally \$5 weeknights and \$10 weekends, and are discounted for military to \$2.50 and \$5 respectively, and are available at the door the night of the performance. For more information, go to www.improvjacksonville.com.

improvjacksonville.com.

Volunteers are needed at the USO Welcome Center - Jacksonville International Airport to welcome service members and their families, coordinate transportation to local bases, and other assistance as required. Volunteers receive free parking during their shift. Contact Lynne, Volunteer Coordinator at 904-305-4467 or lynne@usojax.com for more details.

USO sells discounted tickets to AMC Movie Theatres, Disney World, Sea World, Busch Gardens, Wet N' Wild, Universal Studios, Islands of Adventure, and Adventure Landing.

There is a computer resource center available to all service members with email, Internet and word processing. Fax, copy and free notary service is also available.

Watch TV or a movie from the video library. Service members can also enjoy video games or use the sports equipment.

There is a full kitchen, showers, a quiet reading room and a meeting room available at the USO. The USO is available for meetings, support groups, receptions, parties and pre-deployment briefs. A TV, VCR and overhead projector are available for use.

For more information about activities or meeting availabilities, call 246-3481 or stop by the center at 2560 Mayport Road. USO is open from 9 a.m.-9 p.m., Monday-Friday and 9 a.m.-6 p.m., Saturday.

USO, Applebees Reward SOYs



-Photo by MC1 Sonja Chambers
Aviation Electronics Technician 1st Class(AW) Tracy Spencer, right, Junior Sailor of the Year for HSL-60, is presented an Applebee's gift certificate by Wendy Layton-Pollack, left, director of the Mayport USO.

Partnership

challenge and will continue to be. Over the next few months we will interchange many experiences. A friendship has been formed and will continue to grow. At the end, both of our Navies will know more about each other and I look forward to the opportunity to learn from one another."

The officers and crew members of the Latorre departed

Chile in late February and arrived in Mayport after completing a 4,000 mile voyage and transiting the Panama Canal to join Task Force Four Zero. Latorre is a Jacob Van Heemskerck class frigate, 130 meters in length and displacing 3750 tons. She is equipped with Standard Missiles, NATO Sea Sparrow missiles, Goalkeeper Close in Weapon

From Page 1
System, Harpoon Missiles and MK 46 Torpedoes. She has a wardroom of 24 officers and 160 crew members.

For more information about Latorre and the Chilean Navy, visit http://www.armada.cl/site/unidades_navales/713.htm.

For more information about Partnership of the Americas and NAVSO, visit <http://www.cusns.navy.mil>.

Reaching Out

The following are just a sample of volunteer opportunities available through NS Mayport and Volunteer Jacksonville. For more information, call Dianne Parker at 542-5380 or you can immediately sign-up online for additional opportunities using www.volunteer.gatewayjacksonville.org.

Special Olympics

Hundreds of volunteers are needed for the Special Olympics Area Five Summer Games at the Fernandina Beach High School Athletic Field from 9:30 a.m.-4 p.m. on March 24. It is an eight county competition with participants from Nassau, Duval, Baker, Clay, Flagler, St. Johns, Volusia and Putnam counties. For more information, contact Bob Hinton at bob32041@yahoo.com or Jessica McKinnon at nassausovolunteer@hotmail.com.

Mini Football Camp

Maurice Jones-Drew and friends along with Armor Bearer Inc will be holding a mini football camp for disadvantaged youth June 6-8. Volunteers are needed in the following areas: Coaches, First Aid, Registration and Assistants. If you are interested in any of these positions and would like more information, please e-mail Sonja at sonja@usojax.com.

NS Mayport Retired Activities Office

Naval Station Mayport is currently searching for committed volunteers to serve the local retiree community in the Retired Activities Office (RAO) located in the Fleet and Family Support Center (FFSC). RAO volunteers maintain the vital link between the retiree, local military communities and other government and non-government agencies. Anyone interested should contact the FFSC for an application or to get more information about the duties and responsibilities of the RAO volunteers. Call the FFSC at (904) 270-6600 Ext. 110

I.M. Sulzbacher Center for the Homeless

Volunteering at the I.M. Sulzbacher Center for the Homeless The I.M. Sulzbacher Center for the Homeless serves more than 1,000 well-balanced, nutritious and delicious meals per day, every day of the year. These meals are prepared and served with the help of more than 100 civic, religious and business organizations from

the Jacksonville community. Annually, these Volunteer Meal Groups provide over one hundred thousand dollars in support and more than 13,000 hours of volunteer time. Serving meals at the Center is a fun and feel-good way to give back to the community. For information about volunteering at the I.M. Sulzbacher Center for the Homeless call 904.394.1356. Also, see www.imshomelesscenter.org/volunteers.html

Dignity U Wear

Volunteers are needed to help process clothing in order to fulfill the needs of our clients. Volunteers are needed Monday thru Friday 8:30 a.m.-4 p.m. and 9 a.m.-2 p.m. on Saturday. They also can help raise awareness of our mission, introducing us and our cause to their friends. Contact a Michelle Charron at (904) 636-9455 for information on volunteering.

Children's Home Society

Children's Home Society (CHS) has been providing services to children and their families since 1902. Started in Jacksonville, CHS is a state-wide non-profit agency providing services such as foster care, adoption, child abuse prevention, group shelters, and mentoring. CHS's MODEL (Mentors Opening Doors Enriching Lives) Program matches volunteers with children ages 4-18 who have a parent incarcerated in prison. We are seeking volunteers that will commit to a minimum of one hour per week for one year with a child. Volunteers need to be at least 21 years old and complete an interview and background screening. We provide training and ongoing support for all volunteers. Volunteers build a friendship with a child while engaging in community activities such as going to the library, beach, park, or playing sports. For anyone interested in additional information or becoming a mentor, please contact Christine Small at 904-493-7747 or by email at

Second Harvest Food Bank

Second Harvest Food Bank is in need of volunteers to help sort and shelve food. If anyone is interested or would like more information, please contact Joe Chimelewski at 730-8234 or jchimelewski@lssjax.org

Cultural Center At Ponte Vedra Beach

Cultural Center At Ponte

Vedra Beach is looking for volunteers to help mentor children in an after school arts program at Mayport Elementary school. If you are interested in this opportunity, please contact Mary Marx, Executive Director of the Cultural Center of Ponte Vedra Beach at 904-280-0117.

Big Brothers Big Sisters Mentoring

Big Brothers Big Sisters will be providing an in-school mentoring program at Mayport Elementary School. If you are interested in this opportunity, please visit our website for more information: www.usojax.com

USO Welcome Center

Volunteers are needed to welcome service members and their families, coordinate transportation to local bases, and other assistance as required at the USO Welcome Center ~ Jacksonville International Airport. Volunteers receive free parking during their shift. Contact Lynne, Volunteer Coordinator at 904-305-4467 or lynne@usojax.com for more details.

Navy-Marine Corp Relief Society Needs You

The Navy Marine Corp Relief Society is in need of Volunteers to give a couple of hours of their time each week to help others in need. The mission of the Navy-Marine Corp Relief Society is to provide emergency financial help and educational assistance to members of the Naval Services - active, retired, and family members - when in need: to assist them achieve financial self-sufficiency and to find solutions to emergent requirements. Navy-Marine Corp Relief Society firmly believes in personal financial responsibility. By helping the service member and family through difficult times and by assisting them to develop their own problem solving capabilities, they will achieve financial stability, increase self-worth and reduce the need for future financial assistance. If you are interested in volunteering and would like more information, contact Bill Kennedy at 270-5418, 9 a.m.-3:30 p.m., Monday-Friday.

AUTOMOTIVE DIRECTORY

ACURA ACURA OF ORANGE PARK 7200 Blanding Blvd. 777-5600 AUDI KEY AUDI 4660-100 Southside Blvd. 565-4000 BENTLEY BENTLEY - ORLANDO 895 N. Ronald Reagan Blvd. Longwood/Orlando FL407-339-3443 BMW TOM BUSH BMW 9850 Atlantic Blvd. 725-0911 6914 Blanding Blvd 777-2500 BUICK GARBER BUICK Green Cove Springs 264-4502 KEY BUICK 4660 Southside Blvd. 642-6060 CADILLAC CLAUDE NOLAN CADILLAC 4700 Southside Blvd. 642-5111 NIMNIGHT CADILLAC 7999 Blanding Blvd. 778-7700 PARKER CADILLAC 283 San Marco, St Aug (904)824-9181 CHEVROLET COGGIN CHEVY AVENUES 10880 Philips Hwy. 260-7777 CREST CHEVROLET 8281 Merrill Rd. 721-1880 GARBER CHEVY Green Cove Springs 264-4502 GORDON CHEV 1166 Blanding Blvd. 272-2200 JERRY HAMM CHEV 2600 Philips Hwy. 398-3036 PINEVIEW CHEVROLET Macclenny 259-6117 GEORGE MOORE CHEV 711 Beach Blvd. 249-8282 NIMNIGHT CHEV 1550 Cassat Ave. 387-4041 CHRYSLER ATLANTIC CHRYSLER 2330 US1 South 354-4421 CARUSO CHRYSLER 1750 Southside Blvd. 725-7300 FRANK GRIFFIN Chrysler of Orange Park 1515 Wells Rd. 269-1033 GARBER CHRYSLER Green Cove Springs 264-2416 MIKE SHAD CHRYSLER JEEP 1736 Cassat Ave. 389-7792 RICK KEFFER I-95 Exit 129, Fern Bch. 1-800-228-7454 DODGE ATLANTIC DODGE 2330 US1 South 354-4421 JACK CARUSO REGENCY DODGE 10979 Atlantic Blvd. 642-6060 GARBER DODGE TRUCK Green Cove Springs 264-2416 ORANGE PARK DODGE 7233 Blanding Blvd. 777-5500 RICK KEFFER I-95 Exit 129, Fern Bch. 1-800-228-7454 WESTSIDE DODGE 1672 Cassat Ave. 384-6561	FORD BOZARD FORD St. Augustine 353-6797 Florida's Super Duty Headquarters PAUL CLARK FORD-MERCURY I-95 N. Exit 129 (Yulee) 225-3673 GARBER FORD-MERCURY Green Cove Springs 264-4502 MIKE SHAD FORD At The Avenues 10720 Philips Hwy. 904-292-3325 MIKE DAVIDSON FORD AT REGENCY 9650 Atlantic Blvd. 725-3060 MIKE SHAD FORD OF ORANGE PARK 7700 Blanding Blvd. 777-3673 GMC TRUCKS NIMNIGHT PONTIAC-GMC 11503 Philips Hwy. 854-4826 COGGIN GMC TRUCKS 9201 Atlantic Blvd. 724-2310 GARBER GMC TRUCKS Green Cove Springs 264-4502 HONDA COGGIN HONDA ON ATLANTIC 11003 Atlantic Blvd. 565-8800 COGGIN HONDA OF ST. AUGUSTINE 2898 U.S. Hwy. 1 S. 1-800-456-1689 HONDA OF THE AVENUES 11333 Philips Hwy. 370-1300 LUCAS HONDA OF JAX 7801 Blanding Blvd. 269-2277 HYUNDAI HYUNDAI OF ORANGE PARK 7800 Blanding Blvd. 899-0900 KEY HYUNDAI 4660 Southside Blvd. 642-6060 INFINITI ATLANTIC INFINITI 10980 Atlantic Blvd. 642-0200 ISUZU CITY ISUZU 10585 Atlantic Blvd. 998-7111 www.cityautomotive.com JAGUAR MATHENY JAGUAR 11211 Atlantic Blvd. 642-1500 JEEP ATLANTIC JEEP 2330 US 1 South 354-4421 CARUSO JEEP 1750 Southside Blvd. 725-7300 FRANK GRIFFIN Jeep of Orange Park 1515 Wells Rd. 269-1033 MIKE SHAD CHRYS-JEEP ON CASSAT 1736 Cassat Ave. 389-7792 RICK KEFFER I-95 Exit 129, Fern Bch. 1-800-228-7454 KIA COGGIN KIA 9401 Atlantic Blvd. 723-3210 RAY CARTER KIA 6373 Blanding Blvd. 771-6078 LAMBORGHINI LAMBORGHINI - ORLANDO	895 N. Ronald Reagan Blvd. Longwood/Orlando FL 407-339-3443 LAND ROVER MATHENY LAND ROVER 11211 Atlantic Blvd. 642-1500 LEXUS LEXUS OF JACKSONVILLE 10259 Atlantic Blvd. 721-5000 LINCOLN MERCURY NORTH FLORIDA LINCOLN MERCURY 4620 Southside Blvd. 642-4100 GRIFFIN LINCOLN MERCURY 7447 Blanding Blvd. 777-3000 LOTUS LOTUS OF JACKSONVILLE www.lotusofjacksonville.com 11650 BEACH BLVD. 998-9992 MAZDA TOM BUSH MAZDA 9850 Atlantic Blvd. 725-0911 MAZDA CITY 6916 Blanding Blvd. 779-0600 MERCEDES BENZ BRUMOS MOTOR CARS INC. 10231 Atlantic Blvd. 724-1080 MINI TOM BUSH MINI 9875 Atlantic Blvd. 725-0911 MITSUBISHI CITY MITSUBISHI 10585 Atlantic Blvd. 565-2489 www.cityautomotive.com CITY MITSUBISHI OF ORANGE PARK 7505 Blanding Blvd. 779-8100 www.cityautomotive.com NISSAN COGGIN NISSAN-ATLANTIC 10600 Atlantic Blvd. 642-7900 COGGIN NISSAN-AVENUES 10859 Philips Hwy. 880-3000 MIKE SHAD NISSAN OF JAX 1810 Cassat Ave. 389-3621 PARKER NISSAN 2755 U.S. 1 South, St Aug. 904-794-9990 MIKE SHAD NISSAN OF OP 1565 Wells Rd. 269-9400 PONTIAC COGGIN PONTIAC-GMC 9201 Atlantic Blvd. 724-2310 GARBER PONTIAC Green Cove Springs 264-4502 NIMNIGHT PONTIAC - GMC 11503 Philips Hwy. 854-4826 PORSCHE BRUMOS MOTOR CARS INC. 10100 Atlantic Blvd. 725-9155 ROLLS ROYCE ROLLS ROYCE - ORLANDO 895 N. Ronald Reagan Blvd. Longwood/Orlando FL 407-339-3443 SAAB NIMNIGHT SAAB 7999 Blanding Blvd, Jax 904-778-7700 www.nirn.com SATURN SATURN OF AVENUES 10863 Philips Hwy. 262-7145	SATURN OF ORANGE PARK 8105 Blanding Blvd. 779-0071 SATURN OF REGENCY 8600 Atlantic Blvd. 725-8200 SUBARU SUBARU OF JACKSONVILLE 10800 Atlantic Blvd. 641-6455 SUZUKI KEN CHANCEY SUZUKI 1285 Cassat Ave. 389-7700 CITY SUZUKI 10585 Atlantic Blvd. 998-7111 www.cityautomotive.com TOYOTA ARLINGTON TOYOTA 10939 Atlantic Blvd. 302-6762 COGGIN TOYOTA - AVENUES 10564 Philips Hwy. 262-0338 KEITH PIERSON TOYOTA 6501 Youngerman Circle. 771-9100 LIGHTHOUSE TOYOTA 2995 U.S. 1 South St. Aug. 800-622-4888 or 904-797-8800 ERNIE PALMER TOYOTA 1310 Cassat Ave. 389-4561 VOLKSWAGEN VW OF ORANGE PARK 1481 Wells Road 269-2603 O'STEEN VW 1140 Philips Hwy. 322-5100 TOM BUSH VW 9850 Atlantic Blvd. 725-0911 VOLVO O'STEEN VOLVO® 2525 Philips Hwy. 396-5486 LEASING PROFESSIONAL AUTO LEASING 10231 Atlantic Blvd. 722-1694 PRE-OWNED VEHICLES BEACH BLVD. AUTOMOTIVE www.beachblvdautomotive.com 6833 Beach Blvd. 724-3511 BRUMOS MOTOR CARS PRE-OWNED AUTO CENTER 10211 Atlantic Blvd. 724-1080 Lexus of Jacksonville Pre-Owned Center 10384 Atlantic Blvd. 998-0012 Tom Bush BMW 9910 Atlantic Blvd. 371-4381 Tom Bush Autoplex 9875 Atlantic Blvd. 371-4877 WARREN MOTORS, INC. 233 East State St. 356-8491 SUPER STORES JACKSONVILLE CHRYSLER JEEP DODGE 9A & BAYMEADOWS. 493-0000 WORLD IMPORTS www.worldimportusa.com 11650 BEACH BLVD. 998-9992
--	---	--	---

There for those who need us.

Volunteers of America
 1.800.899.0089
voa.org
 a CFC participant
 Provided as a public service.

There are no limits to caring.

Mirror Classified

PLACE YOUR MILITARY CLASSIFIED AD CLASSIFIED INDEX

BY PHONE 366-6300
 Mon.-Thurs. 7:30a.m.-6:00p.m.
 Fri. 7:30a.m.-5:30p.m.

Toll Free 800-258-4637
BY FAX 904-359-4180
IN PERSON

Many people prefer to place classifieds in person and some classified categories require prepayment. For your convenience, we welcome you to place your classified ad at The Florida Times-Union from 7:30 a.m. - 5:00 p.m., Monday-Friday at One Riverside Avenue (at the foot of the Acosta Bridge).

Deadlines
Run date Call by Fax by
Thursday Tue, Noon Tue, 11 a.m.

Please note: **Fax deadlines are one hour earlier.** Holiday and Legal deadlines vary and will be supplied upon request. Cancellation and correction deadlines are the same as placement deadlines.

CANCELLATIONS, CHANGES & BILLING

Ad Errors - Please read your ad on the first day of publication. We accept responsibility for only the first incorrect insertion and only the charge for the ad space in error. Please call 366-6300 immediately for prompt correction and billing adjustments.

Ad Cancellation - Normal advertising deadlines apply for cancellation. When cancelling your ad, a cancellation number will be issued. Retain this number for verification. Call 366-6300.

Billing Inquiries - Call the Billing Customer Service Department at 359-4324. To answer questions about payments or credit limits, call the Credit Department at 359-4214.

GENERAL INFORMATION

Advertising copy is subject to approval by the Publisher who reserves the right to edit, reject or classify all advertisements under appropriate headings. Copy should be checked for errors by the advertiser on the first day of publication. Credit for Publisher errors will be allowed for the first insertion for that portion of the advertisement which was incorrect. Further, the Publisher shall not be liable for any omission of advertisements ordered to be published, nor for any general, special or consequential damages. Advertising language must comply with Federal, State or local laws regarding the prohibition of discrimination in employment, housing and public accommodations. Standard abbreviations are acceptable; however, the first word of each ad may not be abbreviated.

The anchor indicates the ad is a FREE Fleet Market Ad placed by military personnel.

Announcements	Instruction
Auctions	Employment
Real Estate for Sale	Services
Real Estate for Rent	Merchandise
Commercial Real Estate	Pets/Animals
Financial	Transportation

904-366-6300

ONLINE
 Classified line ads are online at jaxairnews.com
FREE online advertising!
 Your Classified in-column ad automatically appears online at **no additional charge.**

Announcements Happy Ads Lost and Found Clubs and Organizations Rides/Travel Notices Personal Dating and Entertainment	Notices CASH FOR HOUSES NO HAGGLING, ALL AREAS AND PRICES. REALNET OF NE FL, INC 1-800-AS-IS-NOW	Real Estate For Sale Clay County Homes for Sale Fleming Island - Eagle Harbor 3,000sf, 4 bed room home, 3-car garage, New Construction, REDUCED from \$549,999 to \$499,999 Call (904) 542-7908	Real Estate For Sale Orange Park Oakwood Subdiv., 2952/25th, No Pets \$1200/mo. 757-962-3588	Real Estate For Sale Zoro Closing Costs, Zero Closing Costs, 3/2/2 like new house on 1.14 acres in Middleburg, Call 779-1918 "OR"	Real Estate For Sale Duval County Homes for Sale ***** Arlington, Southside Westside, Northside AFFORDABLE! New Construction 3 Bed 2 Bath Starting in the \$100's No Money Down! For Qualified Buyers Call Dave 904-881-6653	Real Estate For Sale ATLANTIC BCH 1yr old home, 2197sf, 4/2.5, gated community, 780 Paradise Ln., \$365K. 904-614-3688	Real Estate For Sale BEACHES Coastal Water Access Marsh view 3/4br, 3 ba, 2850sf, scrnd pool, dock and many upgrades, \$849K, will coop. 904-545-9293 81 Tallwood Rd. c3henson@comcast.net	Real Estate For Sale BEACH - Neptune, 3/2.5 2500sf REMODELED, Divorce Sale, Bring all offers. 904-294-3897	Real Estate For Sale INTRACOASTAL WEST Villages of P. 4/3, beautiful ingrdnd pool & landscape, SS appl, new cpt, 2456sf, priv. 33 ac lot, m. e. f. c. a. n. d. F S B O , \$ 3 6 7 , 5 0 0 . 904-223-4705 904-874-0520	Real Estate For Sale MAYPORT 3/2, 1218sf, OWNER HELP FIN \$209,900. 904-564-2092	Real Estate For Sale Duval County Homes for Sale ICW - KERNAN CREEK OF KERNAN FOREST CONDO 2bd/2ba w/garage; 1200sq.ft. Excellent Condition! Lowest Priced! Superb Location! Minutes to Mall and Beach Seller offering Assistance w/ Closeout & Assoc. Fees. \$149,900 Susan Eyer, Realtor @ RE/MAX Atlantic 904-866-8228 www.jacksonvillebeaches.net	Real Estate For Sale Duval County Homes for Sale NEPTUNE BEACH TOWNHOUSE 1bd/1ba + loft w/garage Many upgrades! Screened Lanai and Fence-able backyard. Excellent Buy! \$214,900 Susan Eyer, Realtor @ RE/MAX Atlantic 904-866-8228 www.jacksonvillebeaches.net	Real Estate For Sale Duval County Homes for Sale ICW - WINDSOR POINTS CUSTOM DESIGNED CONDO 2bd/2ba w/garage; 1200sq.ft. Excellent Condition! Terrific Location! Minutes to Mayport & Beaches A true "One of a Kind" \$169,500 Susan Eyer, Realtor @ RE/MAX Atlantic 904-866-8228 www.jacksonvillebeaches.net	Real Estate For Sale Duval County Homes for Sale INTRACOASTAL E. ARLINGTON, SOUTHSIDE N. JAX THE BEACHES, TOWN HOMES FOR SALE ALSO NEW HOMES...CALL HOME FINDER REALTY 241-1711 OR 241-5501 or visit si habla espanol www.finderrealty.net	Real Estate For Sale Duval County Homes for Sale JACKSONVILLE BEACH 3/1 1360sf older story fenced wooded dbl lot 102x100. End of deadend St. by ICW. CHA. CITY W&S. Good investment - tenant included. As is \$235K / OBO 704-6987	Real Estate For Sale Duval County Homes for Sale MANDARIN STATION 3 BR, 2 BA, Huge family room with massive brick fireplace, eat-in kitchen, separate DR/Office, computer room, screened porch, new tile in baths, 1974 SF new A/C, roof in '02, large fenced yard, beautiful landscaped, custom built storage shed, many updates, 11060 Reading Rd. 11060 READING RD. \$243K 904-386-4210	Real Estate For Sale Duval County Homes for Sale Southside Gated Comm. 3+ studio, 2 car gar, off cul-de-sac, fenced oversized back yard on take, beautiful h/dw/ ftrs. \$599K or rent \$3500mo. 3.5% realtor comm. Alexandra 904-234-4316	Real Estate For Sale Duval County Homes for Sale Ponte Vedra OPEN HOUSES SUN. March 25 12-3pm 751 SANDY OAKS CT. 758 SANDY OAKS CT. TWO Homes Open For Your Viewing in SANDY OAKS in the low \$300's. Dir: S. A1A to R. SANDY OAKS. L. on Sandy Oaks Ct. to homes. Michele A. Smith, Broker, RE/MAX Coastal Real Estate, 285-5640 or cell 382-6454 Clare Berry, Broker, Berry and Company Real Estate 273-4800 See you There!	Real Estate For Sale Duval County Homes for Sale Westside-3BR/2BA, 1 car garage, Call 434-5215. PCS.	Real Estate For Sale Duval County Homes for Sale Putnam County Homes for Sale PUTNAM CO LAND For Sale 7 Acre block on Carraway Church Rd. in greater Palatka zoned Agr./single family \$119,900 Call Tony (904) 334-0571 or Cindy (904) 386-1009	Real Estate For Sale Duval County Homes for Sale LAURENS CO. 50 acres deep well, mature natural timber, \$3000/ac. Call 229-407-0222	Real Estate For Sale Duval County Homes for Sale Biltmore 14x70 2/2 stove, like new, washer/dryer, berber porch/deck, kingbed, quiet park. \$18000. Call owner 891-5200 or 568-4023	Real Estate For Sale Duval County Homes for Sale WESTSIDE If you have no credit, slow credit or shaky credit and need a home. We can finance you. Call Sandy @ 695-2255	Real Estate For Sale Duval County Homes for Sale SELLING YOUR MOBILE HOME? TOP CASH!! Old or New or Assume Loan. 738-5606	Real Estate For Sale Duval County Homes for Sale JACKSONVILLE RENTAL HOMES *BEACHES * ICW *ARI *SOUTHSIDE *OCEANWAY *N. JAX* FROM CONDO'S TO LARGE HOMES... SOME BRAND NEW CALL FOR INFO HOME FINDER REALTY 221-1711 or 241-5501 or 877-629-4663 Toll Free Or visit si habla espanol www.finderrealty.net	Real Estate For Sale Duval County Homes for Sale ATLANTIC BEACH 2/1.5 brick, culdesac, good schools, \$1150-\$1400 Call 742-7486	Real Estate For Sale Duval County Homes for Sale MIDDLEBURG 4/2 all brick, culdesac, good schools, \$1150-\$1400 Call 742-7486	Real Estate For Sale Duval County Homes for Sale ATLANTIC BEACH 2/1.5 TLH, updated, incl W/D, close to base, no pets, \$975mo + \$95 dep. Call 904-653-5381	Real Estate For Sale Duval County Homes for Sale INTRACOASTAL lux at beaches, pool, navy, 2br/2ba. HAVE IT ALL! 4br/2ba. \$2300mo. 904-268-6929
---	--	--	---	---	--	--	--	--	---	--	---	---	---	--	--	--	---	---	--	--	--	---	---	---	---	--	--	---	---

Warren Mercer Lobs, PA
 CDR, USN (Ret)
 Broker/Owner:
 Surfside Real Estate
 Loan Officer:
 Commonwealth Mortgage
 Phone:
 904-422-SOLD (7653)
 www.SurfsideRealEstate.net

Sellers: I will have a contact on your home in 90 days or less.....Guaranteed!!
Buyers: Allow me to assist you in purchasing your home. You will not pay any real estate commission and I will rebate you a minimum of \$500 to \$3000 at closing.
 Call 904-422-SOLD (7653)
 For information on these programs and/or mortgages.
 Excellence At A Discount

Surfside Real Estate, LLC
 Mortgage Division
 C043925

FOR SALE
 INTRACOASTAL E. ARLINGTON, SOUTHSIDE
 N. JAX THE BEACHES, TOWN HOMES FOR SALE ALSO NEW HOMES...CALL HOME FINDER REALTY 241-1711 OR 241-5501 or visit si habla espanol www.finderrealty.net

Did Banks/ Mortgage Brokers say no?
 Seller finance, easy qualify.
 Call Today 904-563-2683

Buying a Home?
 Contact your VA Home Loan Expert-Laurie M. Potter YNCM (USN Ret)
 Buying, Selling or refinancing? Contact Laurie for any of your financing needs, including VA, FHA, home equity or conventional loans.
 (904) 256-2051
 Cell (904) 463-2065
 Email: laurie_potter@countrywide.com
 Website: home.countrywide.com/lauriepotter
 4601 Touchton Rd E #3190 Jacksonville, FL 32246

Located in Intracoastal West
 3 BR/2.5 BA
\$339,900

Located in Northside
 3 BR/2 BA
\$250,000

Located in San Jose
 4 BR/2 BA
\$220,000

Located in San Marco
 3 BR/2.5 BA
\$364,900

Located on Northside
 4 BR/2 BA
\$249,900

Located in St. Nicholas
 3 BR/2.5 BA
\$695,000

Located in Arlington
 3 BR/2.5 BA
\$169,900

Located in Arlington
 3 BR/2 BA
\$149,900

Located in Jax Beach
 3 BR/1 BA
\$389,000

Beautiful CAMBRIDGE TOWN HOME IN OAK LEAF PLANTATION!
 Premium End Unit... 2BR/2.5BA. Upgrades include 42" cabinets, floor, arched entryways, 2 master suites with sitting areas. 1 with glamour bath. Custom triple slider leads to screened lanai. 1-Car Garage. Club Amenities. Virtual Tour at www.JoyceSmithSells.com MLS#346941. Call Joyce to See!
 Joyce E. Smith, P.A., GRI REALTOR @ Broker-Associate Watson-Realty Corp.
 4719 US 17 S, Fleming Island Email: JoyceSmith@WatsonRealtyCorp.com 904-465-2427

Located in St. Nicholas
 3 BR/2 BA
\$339,900

Located in The Woods
 4 BR/2 BA
\$279,900

Located in Jax Beach
 3 BR/1 BA
\$389,000

Located in Intracoastal West
 3 BR/3 BA
\$849,000

Located in Arlington
 3 BR/2 BA
\$110,000

Located in Atlantic Beach
 3 BR/2 BA
\$399,000

Countrywide HOME LOANS
 C044082

Located in San Marco
 3 BR/2.5 BA
\$364,900

Located on Northside
 4 BR/2 BA
\$249,900

Located in St. Nicholas
 3 BR/2.5 BA
\$695,000

Located in Arlington
 3 BR/2.5 BA
\$169,900

Located in Arlington
 3 BR/2 BA
\$149,900

Located in Jax Beach
 3 BR/1 BA
\$389,000

Located in Intracoastal West
 3 BR/3 BA
\$849,000

Located in Arlington
 3 BR/2 BA
\$110,000

Located in Atlantic Beach
 3 BR/2 BA
\$399,000

Putnam County Lots & Acreage
 PUTNAM CO LAND For Sale 7 Acre block on Carraway Church Rd. in greater Palatka zoned Agr./single family \$119,900 Call Tony (904) 334-0571 or Cindy (904) 386-1009

Georgia Lots & Acreage
 LAURENS CO. 50 acres deep well, mature natural timber, \$3000/ac. Call 229-407-0222

Duval County Manufactured Homes
 Biltmore 14x70 2/2 stove, like new, washer/dryer, berber porch/deck, kingbed, quiet park. \$18000. Call owner 891-5200 or 568-4023

ATTENTION RENTERS
 We have OCEAN FRONT properties as well as properties from Mayport to Ponte Vedra all displayed with photos at:
4beachesRealty.com
 Visit us or Call: 249-3077
 C0216542

The Beaches Most Affordable Location
 One Bedroom Starting At **\$685.00**
 1100 Seagate Ave • Neptune Beach (904) 249-5611
RIVERFRONT
 Spectacular Views At SPECTACULAR RATES
 Historic Avondale RIVIERA PARKWAY APARTMENTS
 Hurry Hurry Hurry Call Now!
 389-3179
 8:30-5:30 M-F
COUNTRYSIDE AFFORDABLE LARGE 1,2,3 BEDROOM HOMES
 EASTWOOD OAKS APARTMENTS
 1000 Eastwood Rd • Hilliard (904) 845-2922
 R169948 C043925

Restaurant/Bar/Club/Food/Beverages
DJ.DOORMAN, BARTENDERS, WAITSTAFF
 Call Passion 641-5033

PARADISE ISLAND DANCERS NEEDED
 Call 998-3111

Waitstaff, Bartenders, Doorstaff
 Call 399-1110

Sales
 INSIDE AD SALES
 Work in our Southside ofc
 9a-4:30p, M-F. Earn
 \$11-\$22 hr. Exp. pref'd,
 but will train. 396-9964

Transportation
 DRIVER WANTED
 NEED MONEY FAST???
 APPLY NOW!!!
 Come drive for us!
 YELLOW CAB. 493-5250.
 dfw.

Massage
 BEST MASSAGE IN JAX
 Go W. on 103rd St. pass
 McManus Rd. #M14752
 446-5504;
 A.C. Bloom Call me.

Antiques
 2-MG Midgets, one
 parts car, one running
 w/ extras.
 Serious Offers Only.
 Call Brad- 616-1352

Antique South
 Carolina Wood Pie
 Safe Tin- Inserts in
 doors, 69 x 35 x 17,
 \$650 firm. 269-5883

Milk Can w/Lid
 Old but in Exce-
 lent Condition, \$40.
 268-2482

Old ornate 7 pc
 Wrought Iron Patio
 Set- Needs derust-
 ing, cleaning, point-
 ing, sandblasting, \$200
 firm for ALL 269-5883

Appliances
 Coffee Maker Black &
 Decker 10 cup with
 Stainless Carafe.
 Digital. Original Box.
 Paperwork. New. \$25
 268-2482

DRYER & WASHER
 Exc cond. Lrg capacity
 \$200 for both 904-396-6021

Merchandise
AC, Heating, Fuel Appliances
Appliances
Arts & Crafts
Auctions
Building Supplies
Business/Office Equipment
Clothes
Collectables
Computer
Craft/Thrift Stores
Electronics
Estate Sales
Farm/Planting
Fruits/Vegetables
Furniture/Household
Garage Sales
Garden/Lawn
Hot Tubs/Spas
Jewelry/Watches
Kid's Stuff
Machinery and Tools
Medical
Miscellaneous
Merchandise
Musical Merchandise
Photography
Portable Buildings
Public Sales
Sporting goods
Tickets
Trailers
Wanted to Buy or Trade

Appliances
 Whirlpool Washer &
 Dryer-Late model,
 exc condition, \$225.
 786-1767

Computers
 Computer, \$75.
 Works Great, Must
 Sell. 386-8154

Electronics
CYBER SHOT
DIGITAL CAM-
ERA DSC-L1
 New in box.
 Call John 904-412-9998

HDTV-LCD PANASONIC
 30", 1 yr old, \$1350.
 777-1386 or 382-1933

NINTENDO
GAMEBOY ADV
SP, X 2 plus carry-
ing case & 10
games. All for \$100.
 John 612-9998

PS2 3 controllers 15'
Extension Multi-top 10
Games all for 175.00
 John 904-612-9998

Estate Sales
 A. B. Laneston Sale in
 St. Nicholas - Contemp
 & antia furn, BR, DR
 sets, collectables galore,
 B & H items, jewelry, B
 Steiff animals, Lladro,
 Disney, decorator items,
 linens, etc. 2241 Lorch-
 mont, S of Beach & W
 of Spring Park Rd. Wed
 5-7. Call 904-728-1217
 www.blanston.com

Furniture/Household
 Bedroom Set-4
 pieces, 2 night-
 stands, dresser &
 mirrored dresser,
 great shape, Call Paul
 620-9387

Cabinets-Store your
DVDs, CDs, or
toppers, wood grain,
lockable doors, on
wheels, 39" high, 60"
in tall, 30 in wide, exc
cond, \$15 ea. 268-2482

COUCH & LOVESEAT
 Brand new in crate, List
 \$1600, sell \$499, Stain
 resist. Can del. 858-9350

Curio Cabinet, Light
Wood with four glass
shelves, Display Light.
 Excellent Condition.
 \$300 OBO. Call 912-576-7717

Dining Room Table,
Beveled Glass top,
5' x 3', w 6 chairs,
will email photo.
 Call-220-5199 or 221-5479

Diningroom table
Beveled Glass top,
will email photo.
 Call-220-5199 or
 pspeevack@comcast.net

Diningroom Table
w/6 chairs solid
walnut wood, round
exc cond, \$400. Call
491-7996

Diningroom Table,
40" W, 2 arm chairs,
lighted ching cabinet,
\$400, 226-3799.

Dinning Table & Chairs,
Rattan w/glass \$550;
inliment cfr, glass
2 end tables & coffee
table \$350; 3pc enter-
tainment cfr, glass
shelves storage fits 42"
TV \$700. Queen size
mattress set solid brass
head board, oak dresser
& mirror, \$350. \$49 area
rug \$150. Various small
pcs. All exc cond.
 Call 904-728-1217

HYANDAI
ELANTRA '05 Like
New! With 18k
\$11,500. (904)235-9295

Italian Leather Six
Piece Living Room
Sofa Sleeper.
 Six piece Italian Dining
 Room Set
 Call 472-2732

King Bed Set, Dresser
Night Stands Armir
\$995; Dining Set Table
Chairs Ching Cabinet,
\$395; Like New.
 Call 472-1417

Lenox Allure
Crylic Steeking,
Champagne Flute or
Iced Beverage,
\$39. Water or Wine, \$29.
 Cash & Carry,
 (912)729-7307

Light Oak Center
table w/2 shelves,
glass doors on left,
wood cabinet on bottom,
\$100, 246-1456

Livingroom Set \$600;
Queen Bedroom \$600;
Diningroom Light
Wood \$600. All Like
New. 771-0470 or 434-1952

Furniture/Household
Livnroom & Bedroom
Furniture-
with two JVC Multi
system TVs, good
for NTSC and PAL for-
mat. Call (912)674-0796

MATTRESS Mem. foam
Omega See Master, all
w/box & papers, \$300
OBO. Call (904)537-3980

MATTRESS Queen Plush
Set. Brand New in plastic
\$125 Must sell 904-674-0405

MATTRESS KING SIZE
New, Still in Plastic, \$185
904-674-0405

OFFICE CHAIRS FOR \$9.99
TENT SALE!
March 20-24
Desks \$19.99
Files \$12.99
Artwork \$19.99
DVD Players \$39.99
Sofa & Chair \$299.99
Bedroom Set \$299.99
(904) 396-9000
CURT CLEARANCE CENTER

One 6' Couch; One
4' Couch; One
Recliner. Call for
details John
904-412-9998

Queen Size
Bedroom Mattress,
Serfo, Boxspring &
foam, topper, & several
linen pieces, \$150.
 Call 904-412-9998

Rooms to Go Sofa &
LoveSeat-Brown,
scatched, 1 yr old,
like new, \$500. Call
783-6011

Solid Natural Oak
oval table w/6
chairs, \$1800
cash & carry, call
912-729-7307

Solid Pine Loft
Bunkbed Set-5 pc,
1 twin mattresses
included, \$500 OBO.
\$50. (904)372-9471
 ussblanch@yahoo.com

Jewelry/Watches
 18k Gold Chain, 1 kt
 Diamond, 1.44k
 Men's bracelet,
 TAG watch, all
 very good condition,
 (904)451-4024

GMT ROLEX-Tag Heuer,
Omega See Master, all
w/box & papers, \$300
OBO. Call (904)537-3980

Machinery and Tools
 5spd Dremel-
 w/accessory kit,
 \$30. Craftsman 5
 amp laser orbital
 scrolling sig-saw, \$40.
 220-2916

Craftsman Laser
circular saw, 18
volt hammer drill &
reciprocating saw
combo kit, \$170. 220-2916
 evenings.

Sears & 18" Jointer
Planer Model
#11320301 w/extra
very good condi-
tion! Hardly Used! \$300.
Call Bob H: 777-5750.
C: 233-1080

Miscellaneous Merchandise
 \$600 Nordic Track,
 Like New, only \$195.
 Yardman Self starter
 Lawn Mower with
 Bagger, \$25. Call 771-0249

29 gal Aquarium +
Stand \$75-Grace
Playpen, \$10. Infant
3-1 crib, \$40. Call
246-1456

BOOKS- Literature
Book For Sale, The
Yardman Self starter
of Western Liter-
ature. Required for
BA degree. 612-9998

BOOKS- St. Leo
Univ. Books for
Catholic Tradition
Required Course
Selling very cheap. Call
for details. 612-9998

Criminal Justice
degree Books Violent
Crime and Killers
Among Us Call for
details. 612-9998

FOR SALE-
G4 Kirby Vacuum w/
shampoo and attach-
ments 100.00; 2 speak-
ers 2 ft. tall 25.00; Sony 4
head VHS w/ remote 25.00.
Knives(New)100.00
Call 491-4885

Items-42" Mag-
netery Anthro
protector screen,
\$40. Pinewood
Table, 6 chairs, with
seats, NEW, \$500.
Floorboard (free-standing
cherrywood mirror, \$35.
Queen Anne Chair, \$25.
Call Jim (904)529-8243

Two-Seater Go Kart
With Roll Bar \$400,
298-2821

Wood Ammo Box,
Just \$4. Please Call
268-2482

Pets and Animals
 Adopt a Pet
 Pets & Supplies
 Livestock & Supplies
 Animals Wanted

Pets and Supplies
 10Wx10Lx6H Chain Link
 dog kennel. Great condi-
 tion \$120 OBO. 477-8660

American Pit Bull Pups
 blue & white UKC reg.
 \$500. 904-509-0002

Beagles to Yorkies
 Big Puppy Sale
 \$399-UP
 Chihuahua, Cockerpoos,
 Poodles, Schnauzers,
 Husky, Yorkiepoos
 www.petworldpets.com
 Pet World 262-4646

BORDER COLLIES B/W
Shot/wormed, no papers
\$150. 904-879-1359

BOXER PUPS ACA reg,
Health cert, parents on
site. \$600. 904-624-4076

"Brady" Needs
Adm. \$1000. 6 month
old pup, like new, 7
month old pup cat,
neutered, all shots cur-
rent. If you have room
in your heart & home,
please call (904)708-4499

CHIHUAHUAS-Are US.
CKC, Toys, HC, \$400.
Rebo 6339839

Chihuahua Pups Teacup
See avail. puppies at:
www.magicianormicros.com
will deliver 912-381-0361

Free to Good Home
5 months,
Rattweiler/Sheep
Mix All Shots; Very
sweet; downsizing due to
divorce. 334-7573 Angela

Great Dane- 3 yrs
old, needs adoption
OR foster home for
8 months due to
short notice deployment/
IA. 270-6122 ext 137, or
242-4272

Havanese Puppies AKC
M/F hith cert, \$850.
Call 407-973-8816 352-750-2130

Jack Russell Pups
Tri Colored / HC
259-1865 or 699-4530

Jack Russells reg shipped
to you. Call 904-624-4076
 www.butterballfarm.com

LAB PUPS, AKC, black,
8wks-ready to go!
386-752-3113 or 386-965-7323

LAB PUPS, AKC, HC,
2M/F, black-black/reds
Avail. 324. 904-662-5769

PIT BULL PUPS-BLUES
UKC/ADBA/CKC, 4M/F
904-563-4959 / 685-5275
 www.firstcoastkennels.com

Red Nose Pit Bull Pups
M/F, wormed, 8wks
904-908-3838 or 521-3580

ROTTWEILER - Beautiful
AKC pups for sale,
exc bio/instruc-
ional videos \$50. 477-8660
 in a only. \$ 650 .
 912-294-5689

YORKIE PUPS AKC,
Tiny \$1500+. 786-2115

Yorkie Pups, 8 months
male, \$800 cash or best
offer. Call 904-477-8976

Livestock and Supplies
HORSES -2yr old Pal,
stud, \$1500. 3yr old Sor-
rell Geld, \$3000. 5yr old
tri colored paint, Mare,
working on barrels &
also jumping \$2000. 10yr
Sor. Geld, 1 D barrels
\$6000. 845-2378, 370-0246,
370-0247

Transportation
Aviation
Boats
Sailboats
Boat Dockage &
Rentals
Marine Equipment
and Supplies
RV's and Supplies
Motorcycles/Mini
Bikes
Auto Brokers
Auto Parts
Antiques/Classics
Automobiles
Trucks/Trailers/SUV's
Vans/Buses
\$2000 or Less
Commercial Vehicles
Misc. Auto
Autos/Trucks Wanted
Auto Rent/Lease

Boats
 SELL YOUR BOAT
 AT NO COST TO YOU?
 WE CAN *
 Satter Inc.
 904-284-0155

Starcraft 14ft
Aluminum Boat
w/trailer, in
excellent condition,
garage kept, w/extras.
Must see, \$900 OBO.
Call 241-1398

16 ft Carolina Skiff
96 W/Trailer and
25HP mercury
motor, excellent
condition, \$2100
(904)491-0292

Canoe-18ft Fiberglass
2-seater
Wenatch w/ \$350+ in
accessories
(paddles, PFDs, straps,
Wenatch w/ \$350+ in
accessories
(paddles, PFDs, straps,
Wenatch w/ \$350+ in
accessories
 Dan Pease (912)729-4001

1994 EZ Loader Galv-
vanized Trailer For 15-17
Foot Boat.
Excellent Condition
Recent Tires Mounted Spare
\$750. Call 904-292-0881

SHEARWATER
22CC 2007
YAMAHA 150
4 stroke,
56 gallons,
only 30 hour on
motor.
GPS 498 float on
trailer,
5 months old,
all electronics
trolling motor
\$42,500
904 282-6548

9' AVON - Inflatable
dinv, row or put motor
on it, folded into duffel
bag. \$450 904-206-2535

BAYLINER '04
205, less than 40hrs,
220hp, removable
carpet, cover,
bimini top, swim plat-
form, \$17,500. Call
514-3155

Mercury 225 '96 Offshore
outboards, counter
rotating, 23" shafts.
Well maintained.
904-635-0729

Outboard Motor
5hp, used very
little, paid \$800, sell
for \$450. 370-0043 or
282-3486

Marine Equipment and Supplies
 1994 EZ Loader Galv-
 zinized Trailer For 15-17
 Foot Boat.
 Excellent Condition
 Recent Tires Mounted Spare
 \$750. Call 904-292-0881

RV's and Supplies
AIRSTREAM & TRAIL
MANOR TRAVEL TRLRs
ALLEGRO MOTOR HOMES
Sales, Service, Parts
J.D. Sanders R.V. Sales
Alachua (386) 462-3039
1-800-541-6439

FLEETWOOD
Wilderness
2005 '25', Loaded,
Like New, 6' Slide
out, 18' awning, Keith
912-673-6303.

Fleetwood
Wilderness '05 25',
Loaded, Like New, 6'
slide out, 18'
awning, must go,
T.O.P., Call Keith
(912)673-6303

Keystone Sprinter
'05 Copper Canyon,
36 ft. Very Clean,
Many Extras, 18k
mi, Reese Hitch
includes all any time.
\$29,000 OBO. Call
Chris: (904)652-4399

Monaco Cayman '02
Excellent Condition,
12k miles, diesel, 2
slides, awning,
AC/Central Heat, 3 TVs.
H: (912)674-0560 or
C: 233-1080

Reese Hitch-
16k fifth wheel
"slide", like new
condition! \$600 OBO.
Call Bob (912)777-5750 or
C: 233-1080

RV BUYER PRICE ALERT
TOWABLE SALE!

Suncoast RV Specializes in all
types of towables -
Luxury to small ultra Lites
EVERY TOWABLE IN
STOCK REDUCED!
Over 250 to Choose from!
All 5th Wheels, Travel Trailers and
Pop-Ups ON SALE!
DON'T BE FOOLED BY
THE COMPETITION
SUNCOAST RV
TOWABLE SUPER CENTER
the #1 Dealer!
 9012 Beach Blvd.
 Jacksonville, FL
904-642-1600
800-695-2302
 suncoastrv.com

NOW OPEN
SUNCOAST RV
OVERSTOCK &
CLOSEOUTS!

RV LIQUIDATION
CENTER'S
LOWEST RV PRICES! DOWN
30% to 50% OFF!

1575 Wells Rd.,
ORANGE PARK, FL
Next to Shad Nissan
and Harley Davidson
904-541-1750
800-695-2302

EASIEST OUTBOUND CALL CENTER IN JACKSONVILLE
Fundraising for Local Police Organizations
 HOURLY
 +COMMISSION
 +BONUS
 NO EXPERIENCE REQUIRED
 PAID TRAINING
CALL 332-9993

Appliances
 Floor Fan 43 Inches
 High, 11 Inch Fan,
 Adjustable Oscillates,
 Looks and works great.
 \$15. 268-2482

Freezers GE Chest 7CF
1225 If new worth \$350
Upright Kenmore \$450
\$50 if new worth \$280
Almost New will transport.
282-4466

Frigidaire Front-Load
Heavy Duty
Excellent condition,
5 yrs old, only \$139.95
Call (904)268-8919

Kenmore Washer &
Dryer heavy duty \$235
Excellent condition,
5 yrs old, only \$139.95
Call (904)268-8919

Whirlpool Stove and
DW, Great Condition.
\$100 each or \$175 both.
 Call 912-576-7717

Furniture/Household
Armoire FREE with King
designer bedroom set,
new in boxes. Beautiful,
must see. \$995. 398-5200

Bessett
Diningroom Set-
Cherry wood table
w/leaf, chairs, &
ching hutch, \$700. Call
(904)476-4242

BED A abatement special.
\$80 On pillow top
new w/warr. 391-0015

BED - A Bargain
Brand New w/warr
Queen \$110 King \$250
Memory Foam from \$340
Call Deliver. 904-674-0405

BED A Brand Name Full
set \$129, new w/warr
plastic. 391-0015 Can del
(904)476-4242

BED A Brand Name \$269
KG pill top SET. New
w/warr. Can del. 858-9350

BED-Queen Size Pillow Top
Mattress Set, New in Plastic.
Must sell \$110 904-674-0405

BedroomSet-Thomsville
(well built), oak dresser,
mirror, chest+Queenfull
headboard.
New, would cost \$3,000.
VGC \$1000. 262-5977

BEDROOM 6pc CHERRY
SET. New, still in boxes
\$499. CAN DEL. 391-0015

TELEVISION COMPUTER CABINET
CHERRY 17" DEEP,
30 1/2" High, \$125
573-9344 or 762-5998

White, light pine
Table with fold-in
insert, 6 chairs, exc
cond, like new, \$500.
Must Sell, \$450 OBO.
(904)491-7996

2 White Wicker
Lounge-4 leav-
ing) Chairs, table,
white entertain-
ment center, new
cushions, \$700 OBO.
(904)491-7996

1 Year New Ashley
Furniture-Kid's
Room Spc Cottage
Retreat Model, \$500
OBO. Also Office Suite,
perfect condition, Glen
Eagle Model, incl Hutch,
Desk Return, Filing
Cabinet, & more
Full set, \$1000 OBO.
(904)708-4499

Garage Sale
ARLINGTON Multi Fam-
ily Sale! Sat 3/24; 8-11
702 Willoughby Ct.
Julington Creek: Multi
family sale! Furn, kit,
bed, baby items, Mary
Kay. 1160 Eastwood
Branch Dr. Sat. 3/24 8-3

Orange Park Garage
Sale For Heart Recip-
ient March 24 8-3; 2468
Cherwood Court

Westside Fri & Sat 8-2:
Furn, ent cfr, elect's, toys
books. 7835 Triumph Ln.

BARGAIN HUNTERS
GALORE
 This Sat & Sun Have
 Your Garage Sale at
 The Market Place!
 7059 Ramona, 786-FLEA

Garden/Lawn
 Gas Grills (LP)- 3
 to Choose From:
 Weber for \$100;
 Sunbeam, \$50;
 Charbroil, \$65; All Work
 Well! Dan Pease
 (912)729-4001

Musical
Drum Set 5 pc Aquarion
w/symbols. Good cond,
\$300 OBO - 2 pc World-
beat Congas w/instruc-
tional videos \$50. 477-8660

PIANOLOWEST PRICE USA
YAMAHA/FREE PRICE LIST
WHOLESALE. 7140141

Sporting Goods
GOLF CLUBS
Men's Full Bag,
Woods, Irons and
More! 783-1347.

POOL TABLE - Slate,
\$400 obo, plus some
accessories, 221-9330

Tickets
TWO TICKETS
ANDRE RIEU
CONCERT
4/20/07.
Excellent Seats
J Strauss Orchestra.
Cost 122.95 Sell both 100.00.
Call- 249-9122

Miscellaneous Merchandise
 \$600 Nordic Track,
 Like New, only \$195.
 Yardman Self starter
 Lawn Mower with
 Bagger, \$25. Call 771-0249

29 gal Aquarium +
Stand \$75-Grace
Playpen, \$10. Infant
3-1 crib, \$40

<p>RV's and Supplies</p> <p>SUNCOAST RV MOTORIZED</p> <p>EXTRA CLEANED - USED - PRICED TO SELL FAST!!</p> <p>*02 -Winnebago -34' Journey - Diesel *99 -Winn. -37' Adventurer *06Winn.- 33V-Voyage *06 Winn.-38J-Adventurer</p> <p>Hurry... These won't last long!</p> <p>904-642-7878 - or 800-642-1603 10360 Beach Blvd. Jacksonville www.suncoastrv.com</p> <hr/> <p>SUNCOAST RV Area's ONLY Authorized</p> <p>WINNEBAGO INDUSTRIES</p> <p>DEALER</p> <p>FLEETWOOD - CLASS A & C</p> <p>OVER 2,000 RVs suncoastrv.com</p> <p>• SALES • SERVICE • PARTS • RENTALS</p> <p>10350 Beach Blvd. Jacksonville, FL</p> <p>904-642-7878 800-642-1603</p> <hr/> <p>Motorcycles/Mini Bikes</p> <p>BUELL XB9R Firebolt! 2005 Mini Condition. Never seen rain. 960 Miles \$8500. 242-8345. Serious Inq. only</p> <p>CRUISER 250, CC 2005 New Only 90 Miles. Loaded Compare Virago 12,000 Mile Warranty. Illness forces sale \$125,000 387-5672</p> <hr/> <p>HD DYNA SuperSlide '99 cust., \$10,500. Must see! 553-4741</p> <p>HD ULTRA CLASSIC '02 Chromed out/ext. warr. 904-545-0558 Larry \$15,500</p> <hr/> <p>Honda 4-cycle 9.9hp, outboard motor, like new, 5 O.H list: \$3250, \$2000, Call 241-1398</p> <p>Kawasaki ZXR1100 '00 Many Upgrades, Garage Kept, Better than New, Many Extras. Must See, \$4900, Call 241-1398</p> <hr/> <p>Motorcycle Gear Jacket, chaps, boots, vest, helmets, tank-bags, goggles, gloves, cover, like new, Priced to Sell, 278-0780</p> <hr/> <p>SUZUKI INTRUDER '04 1500cc, Xcomd, 6kmi, gar kept \$5300. 904-940-0925</p> <hr/> <p>Ultra Classic Electric Glide '97 2 tone blue/grey, 8k miles, \$4500. 542-8606</p>	<p>Motorcycles/Mini Bikes</p> <p>YAMAHA SILVERADO MIDNIGHT ROAD STAR 2006</p> <p>BLACK METALLIC FULLY DRESSED CUSTOM EXHAUST ONLY 470 MILES \$13,900 FIRM MUST SELL HEALTH REASON RON 553-3249</p> <hr/> <p>Yamaha TTR125L Dirt Bike '03 Great for Kids. Also Yamaha YZ450F Dirt Bike Great for Kids. Call \$1800 OBO. Call 553-0056 or 772-7031</p> <hr/> <p>Yamaha TTR90E Dirt Bike '06 Excellent Condition. Great for Kids. \$1950 OBO. Call 553-0056 or 772-7031</p> <hr/> <p>YAMAHA TTR-230 '07 With 3 yr warranty, less than 20 hrs. \$3500 OBO. Call (912)674-0796</p> <hr/> <p>Yamaha V-Star 1100 '01 Under 7,000 miles. saddle bags, windshield, backrest. \$4800 OBO. Garage kept. (912)882-5143</p> <hr/> <p>Auto Parts</p> <p>2005-2007 MUSTANG V6 Magnaflo Dual Exhaust. New. Never Installed. Part #16605. Stainless Steel \$350.00 Call 908-5058 Today!!</p> <hr/> <p>4 Tires & Rims - 2275/65/R18 fits 2004 Ford F150 pickup. 35,000 miles. \$50 each. \$200 Total 608-0388</p> <hr/> <p>Engine Stand-Heavy Duty Engine Build. 360 degree rotation. \$65.</p> <hr/> <p>FORD 289 Heads Reworked in Excellent Condition. \$450 or Make Offer; Matt or Berny 781-7707</p> <hr/> <p>Magna Flow Exhaust System New in Box 2002-2005 Ford Explorer V6/V8 #15718 Stainless Steel \$350.00 Call 908-5058 Today!!</p> <hr/> <p>Mustang Wheels 3 Spoke Aluminum 17" Fair Cond. Great for Soares. \$25 each; Matt or Berny 781-7707</p> <hr/> <p>TIRES FOR SALE Four P315/75-R16 Maxxis Backshot Mud- ders 98% \$425.00 OBO. Contact Jim Hutchison 542-0513 or 292-1029</p> <hr/> <p>Antiques/Classics</p> <p>CHEVY 11 1962 Family Owned. 4dr, 6cyl 3spd. \$3800. 707-6423</p> <p>Ford Model A 1928 convertible pick-up. Show reproduction. \$12,000 obo. 765-7089, 710-0640</p> <hr/> <p>Automobiles</p> <p>ACURA 3.2 TL '03 xtra clean, 29k mi \$18,988 TOM BUSH MINI 371-4877</p> <hr/> <p>ACURA RL '02 Leather, CD, SR, beautiful. \$17,980 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>ACURA RL '04 Nav, CD, sunroof, fully equip. \$22,980 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>ACURA TL '04 Fully equip, leather CD, sunroof. \$23,840 998-0012 LEXUS OF JACKSONVILLE</p>	<p>Automobiles</p> <p>AUDI A4 Conv. '04 Only 28,000 miles. Like new. \$26,890 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>AUDI S4 '04 V8, 6sp, Dk blue, awesome \$28,988 TOM BUSH MINI 371-4877</p> <hr/> <p>BMW 325ci 2001 FULLY LOADED! XM/FM Sat. Radio. Titanium/Black Leather. Custom Wheels. Exc. Cond. 84k miles. 448-3883.</p> <hr/> <p>BMW 325i '04 Blue/tan. \$17,680 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>BMW 325i '05 Coupe 25k miles. \$26,890 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>BMW 330ci '01 Only 40k mi \$23,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>BMW Z4 '03 2.5i Extra low miles. Beautiful \$21,840 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>BUICK LESABRE '01 Brown, Custom, payments \$170's WAC. 899-5853</p> <hr/> <p>BUICK LESABRE '04 Custom. Leather, CD, fully equipped. \$12,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>BUICK REGAL GS '02 V6, white, clean 45k miles \$12,988 TOM BUSH MINI 371-4877</p> <hr/> <p>CADILLAC XLR '05 Red/tan, x low mi, like new \$46,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>Nimnicht Chevrolet Congratulates STYXX JENKINS</p> <p>Styxx would like to invite all friends and customers to stop by or call him...</p> <hr/> <p>Bring in this ad for extra savings! Military and First Time Buyers Welcome!</p> <hr/> <p>Want to be treated like family, come to NIMNICHT CHEVROLET 1550 CASSAT AVE</p> <p>891-3898 387-4041</p> <hr/> <p>CHEV CORVETTE '02 Only 30K miles, fully equip. \$25,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>Chevy Corvette '93 White w/red interior, very clean car, adult owned. call (912)552-1237 \$10,000 OBO.</p> <hr/> <p>CHEVY HHR '06 LT, 16k miles, like new \$17,988 TOM BUSH MINI 371-4877</p> <hr/> <p>Chevy Monte Carlo 1996 '98 Cavalier \$2500 '96 Cosica \$1600 864-4774</p> <hr/> <p>CHRYSLER SRT8 MAGNUM '06 Leather, sunroof, CD, beautiful. \$34,890 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>CHRYSLER SEBRING Convertible Limited '01 Blue. Payments \$270's WAC. Call 899-5853</p>	<p>Automobiles</p> <p>CHRYSLER CROSSFIRE 2004</p> <p>"Blazing Red" MOTIVATED SELLER!!</p> <p>Loaded, 30,000 mi. 770 Warranty, exc. cond. asking payoff - \$23,500 612-8015</p> <hr/> <p>CHRYSLER 300 C '06 Hem, Nav, Sunrft, awesome \$24,988 TOM BUSH MINI 371-4877</p> <hr/> <p>CHRYSLER PT CRUISER '04 5sp, white, low mi \$9988 TOM BUSH MINI 371-4877</p> <hr/> <p>CHRYSLER SEBRING CONV GT C '04 Extra low mi, fully equip. \$14,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>CHRYSLER SEBRING Conv. Ltd '04 \$15,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>CHRYSLER 300 '05 Touring, Extra low miles. \$20,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>DODGE CHARGER '06 Daytona Edition, Navigation, CD, sunroof. 5000 miles. \$26,890 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>DODGE NEON RT '04 Silver, 56k mi, must see \$9588 TOM BUSH MINI 371-4877</p> <hr/> <p>DODGE STRATUS RT '01 Zdr, green, loaded \$7988 TOM BUSH MINI 371-4877</p> <hr/> <p>FORD CROWN VI '03 Low miles, white, xtra clean \$12,388 TOM BUSH MINI 371-4877</p> <hr/> <p>FORD MUSTANG '04 24k miles, auto, sharp \$13,988 TOM BUSH MINI 371-4877</p> <hr/> <p>FORD MUSTANG GT '03 Automatic, 11hr, 39k miles, sharp \$14,988 TOM BUSH MINI 371-4877</p> <hr/> <p>FORD MUSTANG CONVERTIBLE, 2002 Excellent condition, 74k, leather, new tires/brakes, \$8,999 OBO, Must Sell, 904-521-7424 ussbiench@yahoo.com</p> <hr/> <p>FORD MUSTANG '01 4 cyl, 5spd, A/W/F/M, CD, tape, electric green asking \$6,000. Good Condition, Call 912-258-3091</p> <hr/> <p>FORD MUSTANG '00 Automatic, \$10,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>FORD MUSTANG 2002 3.8 L V6 Loaded 74k miles. Exc. Cond. \$7500. 912-882-1052.</p> <hr/> <p>FORD RANGER 1994 5spd, with lift kit, new tires, runs excellent \$3000.00 OBO Call 338-8529</p> <hr/> <p>FORD TAURUS SEL '06 Fully equipped. \$14,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>Ford Taurus SE '04 V6, loaded, sharp \$7988 TOM BUSH MINI 371-4877</p> <hr/> <p>HONDA ACCORD EX '02 4dr, blue, 63k miles \$12,988 TOM BUSH MINI 371-4877</p> <hr/> <p>Honda Accord '04 All options, 43k miles, V6, Exc Condition, \$15,395 below Blue Book. 9041268-8919</p> <hr/> <p>HONDA CIVIC EX '03 4dr, silver, 43k miles \$13,288 TOM BUSH MINI 371-4877</p> <hr/> <p>HYUNDAI TIBURON '06 2k miles, black, xtra sharp \$13,988 TOM BUSH MINI 371-4877</p>	<p>Automobiles</p> <p>Hyundai Elantra '05 Like New! With 18k miles, asking \$11,500, Please Call (904)235-9295</p> <hr/> <p>INFINITI G35 COUPE '03 White/tan, spoiler. \$22,890 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>INFINITI G35 '06 Black. Payments \$230's WAC. Call 899-5853</p> <hr/> <p>INFINITI G35 Coupe '04 Pearl white/tan leather, CD, sunroof. \$25,380 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>JAGUAR S-TYPE Touring Silver, low miles \$21,900 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>JAGUAR XJ6 '04 Maroon/tan, Nav., CD, sunroof. \$37,890 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>JAGUAR XJ6 '04 app 58k miles, PURE LUXURY! Excellent condition! All Power Options. All Lthr, \$16,000 OBO. Call H:777-5750 or C:233-2080</p> <hr/> <p>LEXUS ES-300 '95 Ithr, loaded, 115k mi, Reduced \$5200. 382-9927</p> <hr/> <p>Mercedes C230 '04 Silver, leather, 6-disc CD, 24k miles, \$19,500. Call Derrick: 631-2623 or 771-6014. FREE maintenance, fact. warranty</p> <hr/> <p>MERCURY GR MARQUIS '03 Only 27,000 mi, like new \$12,680 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>MITSUBISHI ECLIPSE '05 Loaded, Red \$6988 TOM BUSH MINI 371-4877</p> <hr/> <p>Mitsubishi Galant '00 ES, Green, 129k miles, c/trl auto, good cond. \$3500 OBO. Call (904)908-1091</p> <hr/> <p>NISSAN ALTIMA GXE '06 Fully equipped. \$17,840 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>NISSAN ALTIMA '04 Loaded, 11hr, sunroof, sharp \$14,788 TOM BUSH MINI 371-4877</p> <hr/> <p>NISSAN MAXIMA '04 Leather, gold, 51k miles, sharp \$17,988 TOM BUSH MINI 371-4877</p> <hr/> <p>Nissan Sentra '05 A/W/F/M, CD, 4 cyl, silver, cloth seats, private owner, exc cond. Aralia Island, Call 491-7996 \$12000</p> <hr/> <p>PONTIAC VIBE '03 26k miles, red, \$10,988 TOM BUSH MINI 371-4877</p> <hr/> <p>PONTIAC GRAND AM SE '05 4 dr sedan, V6, AT, PS, PW, Cruise, Gold color, 42k miles, \$12,500 Call 338-8529</p> <hr/> <p>SATURN C2 '02 Red, 2dr, auto. Payments \$170's WAC. Call 899-5853</p> <hr/> <p>SATURN ION '04 5spd, red, xtra clean \$11,988 TOM BUSH MINI 371-4877</p> <hr/> <p>SATURN L300 '03 Sunroof, CD, gas saver. \$9990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>Scion TC '06 Fully Loaded. Excellent condition, 18.5k miles, asking \$16,900 OBO. Call: Evan: (843)469-4136 or (843)-568-6968</p> <hr/> <p>Scion TC '05 21k miles, gray, clean \$15,988 TOM BUSH MINI 371-4877</p>	<p>Automobiles</p> <p>TOYOTA CAMRY LE '04 39k miles, white, extra clean. \$14,988 TOM BUSH MINI 371-4877</p> <hr/> <p>TOYOTA SCION Ic '06 Coupe. Only 13K miles. SR. \$15,890 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>TOYOTA SOLARA '01 White. Payments \$230's WAC. Call 899-5853</p> <hr/> <p>TOYOTA SOLARA Conv. SLE '05 V6, Navigation, light blue/ta. \$25,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>Trucks/Vans/ SUV's 00-05</p> <p>ALL Military and Civilian</p> <p>\$0 DOWN EVERYBODY RIDES!</p> <p>Chris 662-0726</p> <hr/> <p>Trucks/Trailers/ SUV's</p> <hr/> <p>CADILLAC ESCALADE EXT '06 Pearl white/tan, sunroof, Navigation, fully equip. \$40,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>CHEVROLET AVALANCHE Z71 4x4 '03 Leather, CD, sunroof. \$21,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>CHEVY BLAZER '02 4dr, loaded, Red \$6988 TOM BUSH MINI 371-4877</p> <hr/> <p>CHEVY CAVALIER '05 4dr, auto, sharp \$5988 TOM BUSH MINI 371-4877</p> <hr/> <p>Chevy Silverado '96 Good Condition, \$3500 (904)491-0292</p> <hr/> <p>Chevy Suburban 1500 LS 22k miles all pwr, very clean, garage kept, towing inq. \$22,900. Call Tom Bush (904)779-0503</p> <hr/> <p>CHEVY TAHOE LT '04 White/tan. \$23,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>CHEVY TRAILBLAZER '06 LS, 9k mi, xtra clean \$18,988 TOM BUSH MINI 371-4877</p> <hr/> <p>DODGE DAKOTA '05 Club Cab, STL, V8, Like new \$15,988 TOM BUSH MINI 371-4877</p> <hr/> <p>Dodge Dakota '98 New Fiberglass Topper, Bed liner, New Tires, All Power, Excellent Condition! 73,000 miles, \$9,500 OBO. 777-5750</p> <hr/> <p>DODGE RAM 2005 1500, Off Road Pkg. Loaded. Like New. Extras. 20k miles. T.O.P. Keith 912-673-6303</p> <hr/> <p>FORD ESCAPE XLT '05 sunroof, xtra clean, \$13,588 TOM BUSH MINI 371-4877</p> <hr/> <p>FORD EXCURSION '03 Diesel, loaded, \$29,000 OBO 262-2384</p> <hr/> <p>GMC ENVOY XL '02 Leather, CD, chrome wheels \$13,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>NISSAN FRONTIER '06 4dr. \$17,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>TOYOTA CELICA GT '02 Blue, Payments \$230's WAC. Call 899-5853</p> <hr/> <p>TOYOTA PRIUS '05 9k mi, white, xtra clean \$15,988 TOM BUSH MINI 371-4877</p>	<p>Automobiles</p> <p>TOYOTA CAMRY LE '04 39k miles, white, extra clean. \$14,988 TOM BUSH MINI 371-4877</p> <hr/> <p>TOYOTA SCION Ic '06 Coupe. Only 13K miles. SR. \$15,890 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>TOYOTA SOLARA '01 White. Payments \$230's WAC. Call 899-5853</p> <hr/> <p>TOYOTA SOLARA Conv. SLE '05 V6, Navigation, light blue/ta. \$25,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>Trucks/Vans/ SUV's 00-05</p> <p>ALL Military and Civilian</p> <p>\$0 DOWN EVERYBODY RIDES!</p> <p>Chris 662-0726</p> <hr/> <p>Trucks/Trailers/ SUV's</p> <hr/> <p>CADILLAC ESCALADE EXT '06 Pearl white/tan, sunroof, Navigation, fully equip. \$40,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>CHEVROLET AVALANCHE Z71 4x4 '03 Leather, CD, sunroof. \$21,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>CHEVY BLAZER '02 4dr, loaded, Red \$6988 TOM BUSH MINI 371-4877</p> <hr/> <p>CHEVY CAVALIER '05 4dr, auto, sharp \$5988 TOM BUSH MINI 371-4877</p> <hr/> <p>Chevy Silverado '96 Good Condition, \$3500 (904)491-0292</p> <hr/> <p>Chevy Suburban 1500 LS 22k miles all pwr, very clean, garage kept, towing inq. \$22,900. Call Tom Bush (904)779-0503</p> <hr/> <p>CHEVY TAHOE LT '04 White/tan. \$23,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>CHEVY TRAILBLAZER '06 LS, 9k mi, xtra clean \$18,988 TOM BUSH MINI 371-4877</p> <hr/> <p>DODGE DAKOTA '05 Club Cab, STL, V8, Like new \$15,988 TOM BUSH MINI 371-4877</p> <hr/> <p>Dodge Dakota '98 New Fiberglass Topper, Bed liner, New Tires, All Power, Excellent Condition! 73,000 miles, \$9,500 OBO. 777-5750</p> <hr/> <p>DODGE RAM 2005 1500, Off Road Pkg. Loaded. Like New. Extras. 20k miles. T.O.P. Keith 912-673-6303</p> <hr/> <p>FORD ESCAPE XLT '05 sunroof, xtra clean, \$13,588 TOM BUSH MINI 371-4877</p> <hr/> <p>FORD EXCURSION '03 Diesel, loaded, \$29,000 OBO 262-2384</p> <hr/> <p>GMC ENVOY XL '02 Leather, CD, chrome wheels \$13,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>NISSAN FRONTIER '06 4dr. \$17,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>TOYOTA CELICA GT '02 Blue, Payments \$230's WAC. Call 899-5853</p> <hr/> <p>TOYOTA PRIUS '05 9k mi, white, xtra clean \$15,988 TOM BUSH MINI 371-4877</p>	<p>Trucks/Trailers/ SUV's</p> <p>Ford Ranger '92 Reg Cab w/Topper. V6, 5spd, AC, Bed mats. Looks & Runs Great. \$1825. 268-2482</p> <hr/> <p>FORD F-250 XLT '00 Super duty, diesel, 4dr, full towing pkg, exc cond. \$19,500. 904-386-3010</p> <hr/> <p>GMC Sonoma '02 ZR2, off rd package, \$3,000 in extras. 54k miles, 4 wheel dr, \$15,000. (904)704-8872</p> <hr/> <p>GMC Sonoma '02 ZR2, off rd pack- age, \$3,000 in extras. 54k miles, 4 wheel dr, \$15,000. (904)704-8872</p> <hr/> <p>GMC YUKON '04 SLT, loaded, 31k miles \$22,988 TOM BUSH MINI 371-4877</p> <hr/> <p>GMC Yukon '02 LT, Grey, Loaded, 102k miles, \$15,500 Call (912)552-1237</p> <hr/> <p>Jeep Cherokee '97 84k miles, \$7,800. Runs Great, Gas is great. (904)388-4845</p> <hr/> <p>JEOP CJ7 '85 Hard top, hard doors, all original equip, \$3500. 542-8606</p> <hr/> <p>JEOP GRAND CHEROKEE '05 Fully equipped. \$53,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>JEOP LIBERTY '04 Red, 35k mi, Awesome \$14,988 TOM BUSH MINI 371-4877</p> <hr/> <p>KIA SPECTRA EX '05 V6, Auto, 30k miles \$10,988 TOM BUSH MINI 371-4877</p> <hr/> <p>LAND ROVER RANGE ROVER '05 Silver/gray int fully equipped. \$53,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>NISSAN FRONTIER '06 4dr. \$17,990 998-0012 LEXUS OF JACKSONVILLE</p>	<p>Trucks/Trailers/ SUV's</p> <p>NISSAN MURANO '03 SL, AWD, silver, blk lthr \$16,588 TOM BUSH MINI 371-4877</p> <hr/> <p>NISSAN PATHFINDER '06 Like new. \$22,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>NISSAN TITAN '04 28,500k mi, crew-cab/SE, red, exc condition, new tires. Many xtras. \$22,900 OBO. 904-574-4115 anytime</p> <hr/> <p>NISSAN XTERRA '02 Blue. Payments \$220's WAC. Call 899-5853</p> <hr/> <p>NISSAN XTERRA '02 Black, exterior, roof rack, CD player, 7800 miles, asking \$9700. Call 534-3294, Exc Cond</p> <hr/> <p>SCION XB '06 13k miles, white, must see \$14,288 TOM BUSH MINI 371-4877</p> <hr/> <p>TOYOTA 4 RUNNER '03 LTD, black, sunrft, awesome \$21,588 TOM BUSH MINI 371-4877</p>	<p>Trucks/Trailers/ SUV's</p> <p>TOYOTA TUNDRA Sportside '04 Only 28,000 mi. \$20,990 998-0012 LEXUS OF JACKSONVILLE</p> <hr/> <p>VOLVO XC90 T6 '03 11hr, sunroof, extra sharp \$25,888 TOM BUSH MINI 371-4877</p> <hr/> <p>VW Cabrio '96 Exc Cond, Clean in & Out, \$4700 OBO. Call Dave (904)859-9334</p> <hr/> <p>Vans/Buses</p> <p>CHEVY 2500 CONVERSION VAN '03 Maroon. Payments \$250's WAC. Call 899-5853</p> <hr/> <p>FORD E-350 '06 Pass van, XLT, 20k miles \$16,988 TOM BUSH MINI 371-4877</p> <hr/> <p>FORD WINDSTAR '03 SEL, 37k miles, loaded \$12,688 TOM BUSH MINI 371-4877</p> <hr/> <p>Miscellaneous Auto</p> <p>Thule Cascade XT 1500 Rooftop Cargo. Dual side opening, quick hardware, minimal use. \$250. Call James (912)322-6300</p> <hr/> <p>Autos/Trucks Wanted</p> <p>ALIVE or JUNK CASH for cars/truck. Free tow \$\$\$ 724-0011 / 751-0771</p> <hr/> <p>Ford F150 2000 Pickup 78,000 Miles, Red, Long Bed, \$7,500 OBO. Call 904-548-0079 for more info. Leave Msg.</p> <hr/> <p>Ford F150 2006 8,000K Chrome Edition. 912-510-7656 \$22,900</p>
---	--	--	--	--	--	--	---	--	--

NIMNICHT SAAB

2007 Saab 9-3 2.0T Sedan

MSRP - \$26,995

\$298/mo*

Absolutely No Dealer Fees Ever!

*27 month lease, 10,000 miles per year, \$3,600 due at signing W.A.C., \$298 plus tax, stock #57052.

7999 BLANDING BOULEVARD • JUST NORTH OF I-295
904-778-7707 • WWW.NIMNICHT.COM

I WANT YOU!!

TO RECEIVE YOUR MILITARY DISCOUNT

ON THE PURCHASE OF A NEW OR USED TRUCK, SUV, OR CAR!

Almost 3,000 Used Vehicles From Which To Choose!

HUGE DISCOUNTS ON NEW AND USED!

Good Credit, Bad Credit, No Problem!!

CALL DAREN WARNICK

HOTLINE 866-455-2062

JACKSONVILLE, FLORIDA

MARCH MADNESS SALE

March Madness Sale

On all new Nissan's and Pre-Owned Vehicles in appreciation of all our Military Members and Retirees/Civil Service Employees. We are Offering Great Deals on All of Our inventory. Please call Tommy Taylor ABHCS U.S.N. Retired for Details.

904-728-2487

Present This Coupon to Tommy Taylor to Recieve an additional \$500 to any Rebate or off any Pre-Owned vehicle

Offer Can Not Be Combined

Nissan on Atlantic
10600 Atlantic Blvd.
904-642-7900



A Driving Part of Jacksonville Since 1968.

Coggin Automotive Group

OFFICIAL CAR & TRUCK DEALER OF THE JACKSONVILLE JAGUARS

You have CHOICES!

18 Dealerships, 22 Banks and 4500 New and Used Vehicles All At One Convenient Location...

@ cogginauto.com



At Cogginauto.com, you'll find every tool you want for researching your next vehicle. With over seventeen Florida dealerships representing most major import and domestic lines, you'll never have to leave cogginauto.com to find the information and the vehicle you want.

In addition to an online inventory of over 2500 new cars, trucks, minivans and sport utilities, you'll see our entire inventory of used cars. With each vehicle listing you will find: the features, options, accessories and a 360 degree photo spread.



Cogginauto.com has one of the largest online databases of vehicles, and is also home to some of the web's best finance tools: payment calculators, lease vs. buy comparisons, reverse payment calculators. These finance tools will tell you exactly how much you can afford and how to make the most of your money.

Plus, you can apply for financing on-line and acquire the best current finance rates on the market. Even if you've had troubled credit history, with Coggin's enormous buying power, we can help you get affordable financing on a quality vehicle.



And its doesn't end there.

After you find the vehicle you want and get approved for the financing you need all from the comfort of your home or office - we'll complete your purchase online and deliver your new or used vehicle directly to you.

Buying has never been easier.



cogginauto.com

YOU CAN TRUST COGGIN TAKE AN ADDITIONAL \$250 OFF

Must present coupon at time of purchase at Coggin Automotive Group dealership. Valid 30 days from date of publication. Only one coupon per customer.

**Find The Right Vehicle
Find The Right Financing
And The Guaranteed Lowest Price**



YOU CAN TRUST COGGIN
PONTIAC-GMC
on Atlantic
9201 Atlantic Blvd.
904-724-2310

YOU CAN TRUST COGGIN
HONDA
on Atlantic
11003 Atlantic Blvd.
904-565-8800

YOU CAN TRUST COGGIN
TOYOTA
at The Avenues
10564 Philips Highway
904-262-0338

YOU CAN TRUST COGGIN
NISSAN
on Atlantic
10600 Atlantic Blvd.
904-642-7900

YOU CAN TRUST COGGIN
KIA
on Atlantic
9401 Atlantic Blvd.
904-723-3210

YOU CAN TRUST COGGIN
PONTIAC-GMC
of Orange Park
7245 Blanding Blvd.
904-777-9999

YOU CAN TRUST COGGIN
HONDA
of St. Augustine
2898 U.S. 1 South
904-353-1664

YOU CAN TRUST COGGIN
CHEVROLET
at the Avenues
10880 Philips Highway
904-260-7777

YOU CAN TRUST COGGIN
NISSAN
at the Avenues
10859 Philips Highway
904-880-3000

YOU CAN TRUST COGGIN
KIA
at the Avenues
10845 Philips Highway
904-288-8870