

SEBASTIAN RIVER AREA Hometown News

Vol. 11, No. 49

www.HometownNewsOL.com

Friday, Aug. 29, 2014



Primary election results were not available by press time Tuesday. To see results, please visit us online at www.hometownnewsol.com

SOUP BOWL

Work is underway to throw hand-made bowls for this year's Samaritan Center Soup Bowl



POISONOUS PLANTS

Joe Zelenak describes some plants growing in your yard that you may not know are poisonous



ELECTION RESULTS ONLINE

ENTERTAINMENT 11

GARDENING 16



COMPUTE THIS SEAN MCCARTHY

There are a lot of myths surrounding computers out there, some based on reality, some based on "the way technology used to be" and some based on plain old fear and paranoia. Some computer myths tend to be so prevalent that I often see veteran computer users falling prey to some of them. This week I thought I would try to dispel some of these myths.

The first myth I want to address is that, "if you connect to the Internet you will immediately become a target for some hacker who is out to steal your identity."

This myth is one that is born out of paranoia and misinformation. We have all seen the

See **COMPUTE**, page 10

WEEKEND WEATHER



Friday: Partly cloudy; high: 93; low: 75; high tide: 11:32 a.m.; low tide: 5:19 p.m.

Saturday: Partly cloudy; high: 91; low: 75; high tide: 12:14 p.m.; low tide: 6:00 p.m.

Sunday: Clear; high: 91; low: 73; high tide: 1:00 p.m.; low tide: 6:46 p.m.

Weather courtesy of weather.com

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Chief deputy retires after 34 years

By Jessica Creagan
jcreagan@hometownnewsol.com

INDIAN RIVER COUNTY — The current longest-serving member of the Indian River County Sheriff's Office is leaving his post for a well-deserved retirement.

Undersheriff and Chief Deputy L.E. "Bud" Spencer has logged 34 years with the law enforcement agency and will officially retire on Aug. 31. Chief Deputy Spencer was recognized last week in a proclamation in a meeting with the Board of Indian River County Commissioners.

After the proclamation was read by Commissioner Wesley Davis, Chief

Deputy Spencer thanked them and the people he has served with during his tenure. He said Indian River County is the best place to live and work, but attributed his ability to do his job well to his wife, Loma.

"I wouldn't be where I'm at without her," Chief Deputy Spencer said.

Charles W. Sembler II, former Indian River County Tax Collector, also spoke during the meeting, sharing a funny story, but closing with words of praise for Chief Deputy Spencer counting himself "lucky to have him as a good friend."

Sheriff Deryl Loar, the fifth Indian River County Sheriff Chief Deputy Spencer has served under, said the officer's retirement was bittersweet.

"He is an ethical man and a gentleman and we will miss him," Sheriff Loar said.

Chief Deputy Spencer began his law enforcement career as a patrol deputy with the Lee County Sheriff's Office and came to the Indian River County Sheriff's Office in July 1980.

He was entrusted with various tasks

See **DEPUTY**, page 4



Spencer

Skimming for a cause

Dylan Dean gets some good air during the Shore Lb. Throw Down Skim Boarding Contest to benefit the Vero Beach Lifeguard Association Saturday at Mulligan's Beach House in Sexton Plaza.



Cliff Partlow
staff photographer

Flying discs could be coming to Sebastian

By Jessica Creagan
jcreagan@hometownnewsol.com

SEBASTIAN — With follow-up approval from the St. Johns River Water Management District, Sebastian Stormwater Park could be the site of a new disc golf course.

On Aug. 13, the Sebastian City Council unanimously approved spending \$18,000 to create the disc golf course using recreational impact fees, bringing a new sport to Indian River County.

The funds will be used to clear sections of land and purchase equipment

See **DISCS**, page 9

In Season
A Complete List of Activities and Events Being held in Your Hometown

6th Annual Special Section Coming September 26th

Indian River County residents join ALS challenge and fundraiser

By Jessica Creagan
jcreagan@hometownnewsol.com

INDIAN RIVER COUNTY — Yes, it's summertime and it's hot outside, but that's not why thousands of people, including Indian River County community leaders, are dumping buckets of icy-cold water on their heads.

Amyotrophic lateral sclerosis, more commonly known as ALS or Lou Gehrig's Disease, has received nationwide attention this year due to viral videos of people challenging their friends, families and even celebrities

to raise awareness of the disease and either pour bone-chillingly cold water over themselves or donate to ALS research, or perhaps to do both.

Vero Beach Police Chief David Currey was among the many who stepped up to take the ice bucket challenge this past week.

Prior to the dousing, Chief Currey said his daughters Kennedy and Karley asked him to take the challenge and he accepted to honor the memory of a friend.

"In April of this year one of my best friends for more than 25 years died from ALS. Tom Cetrone of Linwood, N.J. left behind a wife of 16 years and two beautiful young daughters. Tom was 49 years of age," Chief Currey said.

ALS is a progressive neuromuscular disease, wherein motor cells in the brain and spinal cord degenerate, leading to muscle weakness. As the disease progresses, it results in severe impairment of mobility, speech, swallowing and respiratory function. There is currently no cure and the average life expectancy of a person diagnosed with the disease is anywhere between two to five years without invasive mechanical ventilation, according to the ALS website.

Chief Currey also challenged staff members of the Vero Beach Police Department to join in him in taking the challenge and several have

"Because our patients usually don't live very long, our numbers never get very large. In the U.S. there are at any given time around 35,000 people with the disease."

Alissa Gutierrez
ALS marketing director

already accepted. Videos of the officers standing with their chief to honor his friend are available on the Vero Beach Police Department Facebook page.

Alissa Gutierrez, director of marketing and communications of The ALS Association Florida Chapter in Tampa, said statewide, at any given time, the number of patients with ALS is about 1,600.

"Because our patients usually don't live very long, our numbers never get very large. In the U.S. there are at any given time around 35,000 people with the disease," she said.

As of Aug. 20, the Florida ALS chapter received \$50,000 in donations, compared to \$21,000 last year during the July 29 to Aug. 19 timeframe, Ms. Gutierrez said.

"The ALS Association Florida Chapter is the only organization in our state solely dedicated to caring for people with Lou Gehrig's disease," Ms. Gutierrez said.

"We hope people will designate The

Florida Chapter as their ALS charity of choice by going to www.ALSAFL.org."

As of Aug. 25, the national ALS Association received \$79.7 million in donations from July 29 to Aug. 25 of this year. Last year donations reported during the same time period were \$2.5 million. The donations came from existing donors and 1.7 million new donors, a press release said.

The closest support groups for ALS families in Indian River County are in Viera and Stuart. The Brevard County-based group meets the third Wednesday of each month from 2 p.m. to 4 p.m. at 8085 Spyglass Hill Road, Viera. The Martin County-based group meets the first Tuesday of each month from 3 p.m. to 5 p.m. at 501 E. Osceola St., Stuart.

For more information about the ALS Association Florida Chapter or about support groups, visit www.alsafl.org. For more information about the national ALS Association, visit www.alsa.org.

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Business

Organization seeks new members

By Jessica Creagan

jcreagan@hometownnewsol.com

SEBASTIAN — Food, friendship and fundraising can really bring a bond between perfect strangers.

The Fraternal Order of Eagles is an international nonprofit organization with more than 100 years of history of charitable giving and building friendships and the Sebastian chapter is open to new members joining up.

Currently, the Eagles have a special complimentary one-year membership to law enforcement officers, corrections officers, firefighters, emergency medical technicians and honorably discharged or inactive military, or military police and firefighters.

A benefit of membership that the Eagles offer is a memorial foundation that supports children of members who die while serving their country or at work. Among the benefits are optical care, hospitalization, psychiatric care, educations grants and medical, dental and orthodontic benefits.

Another great benefit of belonging to the Eagles is the people, said Bob "Cheesecake Bob" Wirth, the cook for the local chapter in Sebastian.

During open hours the Eagle's meetinghouse is a great place to gather

socially, create new friendships and enjoy recreational activities throughout the week.

Members and guests can play pool, smoke, purchase alcoholic beverages, eat meals, sing karaoke and even play bingo during a normal week.

The meetinghouse, or Aerie, is open for lunch and dinner Wednesday through Saturday.

The kitchen is open from 11 a.m. to 2 p.m. and 5 p.m. to 8 p.m. on Wednesdays, Thursdays and Saturdays, with bingo during lunch on Thursdays and Saturdays as well.

Lunch on Friday from 12 p.m. to 2 p.m., and on Sunday, the kitchen is also open for an all you can eat buffet from 8:30 a.m. to 11:30 a.m.

"Cheesecake Bob," so nicknamed for his talent at creating delicious cheesecakes in all sorts of flavors, tries to make his menu varied and delicious.

"People rave about my liver and onions and I make a killer scampi with angel hair. I have two signature sandwiches, turkey club and prime rib French dip. When I serve fish, we have two main types, haddock and cod," Cheesecake Bob said.

Guests are invited to come and try the meals, but must sign in at the door, he said.

The meal prices are comparative and even a little bit lower than restaurant prices and the quality just as good, Cheesecake Bob said.

During dinner or conversation, members can enjoy watching television together on any one of the six flatscreens around the Aerie, and this year that will include watching any football season game around the country.

The next fundraising event for members is Aug. 31 and it will be held at the Eagle's Aerie.

The first annual Labor Day weekend car show is scheduled to run from 11 a.m. to 4 p.m. There is a \$15 entry fee and the first 25 entries will receive a dashboard plaque.

Proceeds will benefit charitable funds supported by the Eagles, which include cancer research and care, child abuse prevention and disaster relief.

First, second and third place winners will receive wall plaques and varying amounts of bar tab at the Aerie's bar.

The event will happen rain or shine, event organizers said.

The Sebastian Inlet Eagle Aerie 4067 is located at 9606 Trade Center Drive, Sebastian. For more information about the local chapter of the Fraternal Order of Eagles, call (772) 589-6573.



Staff photo by Jessica Creagan
Bob "Cheesecake Bob" Wirth, the cook at the Fraternal Order of Eagles Aerie 4067 in Sebastian, stands with one of his signature dessert dishes, pineapple upside down cheesecake.

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Deputy

From page 1

and responsibilities and rose through the ranks while serving Indian River County, including: a promotion to corporal in road patrol in 1985 with a transfer to the training unit in 1987, a promotion to lieutenant over the personnel services section which includes human resources, accreditation and training, in 1989, a leadership position in the special operations section to include ranch and grove, marine enforcement and aviation in 2001, a promotion to deputy division commander in uniform patrol in 2004, a

promotion to captain and command of the information services division in 2007, a transfer to the judicial and staff services division in 2009 and an appointment to chief deputy in 2010.

After retirement, Chief Deputy Spencer and his wife will remain in Indian River County, but will have a little bit more downtime and traveling opportunities.

In an interview, Chief Deputy Spencer said it would be nearly impossible to choose just one experience out of his long career as the most memorable.

During those 34 years, technology used by the agency has improved by leaps and bounds, he said.

“When I started, we didn’t even have walkie talkies and now there are laptops in the vehicles,” Chief Deputy Spencer said.

There have been incredibly sad events including the death of Indian River County Sheriff’s Deputy Richard Raczkoski, the only Indian River County deputy killed in action.

“I was also here when the (David) Gore murders happened and other kidnappings in the 1980s,” Chief Deputy Spencer said.

He said he felt privileged to have been involved in five different sheriff’s office administrations and humbled to have been a part of many changes and improvements to the office.

“And you never know, after the curtain goes down, there may be an opportunity for an encore,” Chief Deputy Spencer said.



File photo

Indian River County Sheriff’s Office Under Sheriff and Chief Deputy Bud Spencer at a ‘Walk a Mile in Her Shoes’ event for SafeSpace in November 2012.

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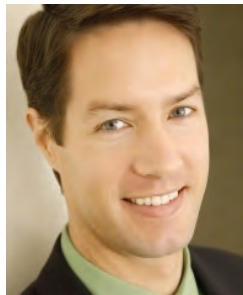
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2014 READERS' CHOICE

Winners Will Be Announced In This Section!

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Police report

Editor's note: This is a list of arrests, not convictions, and all arrestees are presumed innocent unless or until proven guilty in a court of law.

Arrests listed were made from Aug. 13 to Aug. 19, 2014

Sebastian Police Department

- Craig Edward Rudolph Jr., 29, 1507 Spinnaker Lane, Sebastian, was charged with possession of cocaine.
- Matthew Douglas Seiler, 21, 1662 Addie St., Sebastian, was charged with burglary and a misdemeanor charge of resisting arrest without violence.

Indian River County Sheriff's Office

- Tyler Neil Burney, 25, 945 32nd Ave., Vero Beach, was charged with violation of probation. He was on probation for lewd or lascivious battery.
- Sandra Jean Douglas, 64, 2155 17th Ave., Vero Beach, was charged with grand theft and a misdemeanor charge of second-degree grand theft.
- Teresa Beth Ellis, 51, 1744 Fairlight St. N.W., Palm Bay, was charged with third-degree grand theft.
- Richard Michael Folino, 58, 10 Villa Maria St., Fort Pierce, was charged with driving while license suspended, habitual offender.
- Marvin Bradley Jones, 32, 4340 Old Dixie Highway, Vero Beach, was charged with violation of probation.
- Brent James McFaul, 56, 915 Edwards St. N.E., Palm City, was charged with driving while license suspended, habitual offender, and misdemeanor charges of driving under the influence with priors and leaving the scene of an accident with property damage.
- Cassie Lynn Murillo, 35, 444 Plover Road, Barefoot Bay, was charged with violation of probation.
- Jared Trumaine Napier, 23, 4228 36th Court, Vero Beach, was charged with violation of probation.
- Jeremiah Ta harge Pittman, 25, 1135 18th Ave. Southwest, Vero Beach, was charged with fleeing and eluding.
- Jon Curly Bihun, 19, 6707 Donlon Road, Fort Pierce, was charged with

uttering a forged instrument, two counts of fraudulent use of a credit card, two counts of forgery, three counts of burglary and a misdemeanor charge of petit theft.

- George Lee Dawkins Jr., 53, 4696 38th Court, Vero Beach, was charged with driving while license suspended and driving while license suspended, habitual offender.
- Edward James Jones, 56, 555 Fourth St. No. 69, Vero Beach, was charged with domestic violence aggravated assault.
- Jessica Risenhover, 19, 185 14th Ave., Vero Beach, was charged with grand theft of an automobile and a misdemeanor charge of no Florida driver license.
- Steven Ray Shaw Jr., 30, 1166 17th Ave. Southwest, Vero Beach, was charged with robbery with a weapon, aggravated assault with a deadly weapon, grand theft and two counts of the misdemeanor charge of possession of drug paraphernalia.
- Andrew Scott Strong, 21, 1216 43rd Ave., Vero Beach, was charged with violation of probation. He was on probation for child abuse.
- Laurie Rattray Sullivan, 39, 370 25th Ave. Southwest, Vero Beach, was charged with giving false information to a pawn broker, third-degree grand theft and dealing in stolen property.
- Lisa Marie Tucker, 38, 715 14th Ave., Vero Beach, was charged with violation of probation. She was on probation for battery on an elderly person.
- Craig Andrew Walker, 36, 17619 Pearlwood St. Spring Hill, was charged with third-degree grand theft.
- Roy Stinson, 56, 8665 61st Drive, Wabasso, was charged with possession of a controlled substance and a misdemeanor charge of no Florida driver license.
- Antonio Alvarado Jr., 29, 181 Sixth Court S.W., Vero Beach, was charged with driving while license suspended, habitual offender.
- Steven Christopher Choate, 31, 17 Plantation Drive No. 106, Vero Beach, was charged with grand theft of an automobile.
- Joseph Patrick DiMaio, 59, 734 S. Dale Mabry Highway, No. 105, Tampa, was charged with violation of probation. He was on probation for grand theft.

- Stacey Jerome Jones, 22, 4282 36th Court, Vero Beach, was charged with lewd or lascivious battery.
- James Robert Ahlers, 24, 275 22nd Ave., Vero Beach, was charged with violation of probation. He was on probation for giving false information to a pawnbroker.
- Gerald Lee Davis, 54, 801 U.S. 1, Vero Beach, was charged with violation of probation. He was on probation for uttering a forged bill, check or draft.
- Michael Joseph Morgan, 32, 2745 53rd Ave., Vero Beach, was charged with aggravated assault with a deadly weapon and failure to appear in court.
- Amanda Lee Stewart, 29, 1163 Douglas St. S.E., Palm Bay, was charged with third-degree grand theft.
- Bobby James Ward III, 25, 1926 79th Ave., Vero Beach, was charged with possession of cocaine and misdemeanor charges of possession of drug paraphernalia and cannabis. He was also charged with violating a local ordinance, possession of or consuming alcohol in public.
- Dona Kay Westerveld, 59, 126 Prestwick Circle, Vero Beach, was charged with introduction of contraband into a detention facility and misdemeanor charges of shoplifting/retail theft and possession of drug paraphernalia.
- Andrew Williams Jr., 25, 100 Belbrook St. S.E., Palm Bay, was charged with possession of hydrocodone and a controlled substance without a prescription.

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- Shawn Levette Ausby, 42, 4405 34th Court, Vero Beach, was charged with failure to appear in court for charges of trafficking in hydromorphone, possession of a firearm or ammunition by a convicted felon, possession of cocaine, possession of cannabis with intent to sell or deliver, fleeing and eluding, use or possession of drug paraphernalia, possession of cannabis, driving while license suspended and leaving the scene of an accident with property damage.
- Derrick Dewayne Hargraves, 30, 1665 Second Court S.W., Vero Beach, was charged with failure of a sex offender to notify the Department of Highway Safety and Motor Vehicles of an address or name change.
- John Keown McKee III, 29, 2513 Stockbridge Square S.W., Vero Beach, was charged with giving false information to a pawn broker, dealing in stolen property, burglary of a structure, two counts of third-degree grand theft.
- Connor Fitzgerald Roth, 21, 1415 50th Court, Vero Beach, was charged with violation of probation. He was on probation for burglary of a dwelling and third-degree grand theft.



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Rants & Raves

Got something to say?

Email the Hometown Rants & Raves at **newsfp@hometownnewsol.com** or call (772) 465-5504.

Commenters are asked to refrain from making slanderous statements. Statements of fact will be checked for accuracy.

Laws are there for reasons

I am sure you all would agree with me to say to those, who are in such a rush to get somewhere, slow down and be respectful to others.

I always drive what the speed limit is, but there comes a race driver, who gets mad at me, while I am doing what the law says to do.

This is a country of laws. Imagine if there were not any laws. Oh, my God! I don't want to even imagine what people would be doing to each other.

Please, if you go to church on Sundays (only), listen to the words and practice them; it will benefit you.

You are living in this great country, so please be nice to each other, and respect each other. Respect the laws and follow them.

Thank you.

Headlights in the rain

Why am I seeing so many people still not turning their headlights on when it's raining?

It doesn't take a genius to realize that it's more difficult to see a vehicle when you are separated by a curtain of rain. It also happens to be a Florida law.

I'm sure that most every other state has this in effect, as well. I don't know what causes folks to think this way. It could be just plain laziness.

I think it is probably the same group, who think that just because they know where they are going, that they don't need to use turn signals to tell us. I do think that, for some reason, they rationalize that if they are in a turning lane, that eliminates the need.

These are the same people, I guess, who make left turns from the center lane and vice versa.

My driver education class in high school in New York was called defensive driving. The name fits, because it's every man or woman for themselves.

Reporting people who litter

Today, I was sitting at the traffic light at an intersection on Highway A1A, waiting for the light to change.

A pickup truck, with a utility trailer attached, was sitting there, as well. The driver was eating a banana.

When he finished, he threw the banana peel out the window onto the street.

He must not have been a local resident because we try to keep our beach and roadways clean.

I wish I could have seen his license plate number, so I could report him.

Up a lazy river



Rich Barry sets out from Dale Wimbrow Park Saturday on a kayak excursion east on the south fork of the St. Sebastian River.

Cliff Partlow staff photographer

We certainly don't need these "animals" messing up our city.

TV ads vs. entertainment

I had called in about the TV commercials, but I never saw what I had to say printed in the newspaper.

However, there were two recent printed messages, and I guess it was directed at me. I took it personally that they were printed.

Now, comes the comeback. I would like to address the issue of the TV commercials.

To the parties, who recently expounded on this issue in the Raves, now comes my Rant. I shall not elongate – just the bottom line.

If you want to pay for these commercials, you must enjoy spending your money this way.

I do not prefer to do this. I prefer paying cable for entertainment purposes only – nothing else.

Thank you.

How about a compromise?

Compromise: a way to get along by going along. A negotiating tactic that one side insists the other side take. Be willing to compromise, but insist that the other side be the one to do it. That's fine in some cases, but on important matters, never, not even one inch. Why settle for less than what is right. That's why gridlock rocks. It means the system is working the way it was set up to work.

Now, there are times when compromise is good, or at the very least tolerated.

Take the situation with the Washington Red Skins. Sure, it's ridiculous! However, there is a way to please everyone and no one loses his or her rear end in the deal. This should make both sides happy.

Change the name to the "WASHINGTON RED ONIONS" Plaster a decal of a red onion over the Indian

See RANTS, page 10

Advertisement for 'This Week's Prize' featuring a bumper sticker vehicle and license plate number CMQ GO1.

Hometown News

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CIRCULATION AUDIT BY



SEBASTIAN

Gliding over the top

Nearly 100 skim boarders gathered at Sexton Plaza Saturday for the Shore Lb. Throw Down Skim Boarding Contest. Participants ranged in age from 7-years-old up. Proceeds from the event benefit the Vero Beach Lifeguard Association.

Ryker Pratt shows off some pretty good moves of his own.



Cliff Partlow
staff photographer



Kelsey Bloome shows she has the moves.

Cliff Partlow/staff photographer

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102834

102835

'Ultimate' competitor helps team to silver medal

By Jessica Creagan

jcreagan@hometownnewsol.com

INDIAN RIVER COUNTY — The game of Ultimate Frisbee has taken Ryan Hiser of Vero Beach across the Atlantic Ocean to a different continent and renewed his love of the sport.

Mr. Hiser, a freshman student at the University of Florida and recent graduate of Vero Beach High School, was chosen to play for Team USA at the World Flying Disc Federation's World Junior Ultimate Championships in Italy in July. He and his 23 teammates in the 19-year-old and younger division won all of their games through the tournament and advanced to the final game against Canada.

Although they lost in the championship game, Mr. Hiser said the games and experiences during his time on the team were incredible.

"We lost to Canada in a thrilling 17 to 16 game that was close the entire game. It was a memorable experience and one that I will cherish the rest of my life," Mr. Hiser said.

"The atmosphere of the finals game will be something I remember for the rest of my life. There were more than 5,000 people in attendance and much, much more watching through the live computer stream, which is the most I have ever played Frisbee in front of," he said.

The intensity of the game was amplified through the crowd watching and

responding to the plays, Mr. Hiser said.

"The last couple of points the stadium was going crazy. I honestly felt like I was back in the Citrus Bowl playing football on a Friday night in Vero Beach," he said.

The tournament week began with a parade and opening ceremonies in Lecco, Italy.

"The parade was absolutely amazing. There was no better feeling walking through the streets of Lecco singing some of the most famous patriotic songs of our country," Mr. Hiser said.

"My heart swelled with pride for our country and made me truly proud to be an American," he said.

From one continent to another, Ultimate Frisbee competitors are much the same, though the stakes were definitely higher at this tournament, Mr. Hiser said.

"The level of play was just as spirited, if not more spirited, than Ultimate in the U.S.," he said.

The official language during the tournament was English and the friendliness and courtesy between the international players was the same as the players playing pick-up games in Vero Beach, Mr. Hiser said.

"Everyone respected the calls on the field and if there was a disagreement it was done in a mild manner and no one ever argued or got loud with each other. It was amazing," he said.

Playing for Team USA was also a learning experience, Mr. Hiser said.

"I learned a good deal of new things



Photo courtesy of Brandon Wu

Ryan Hiser, playing for Team USA during the World Junior Ultimate Championships, leaps into the air in a play for the disc during tournament games in Italy this past July. Team USA earned a silver medal in the championship game.

from the coaches and team. Most importantly I learned how to become a really good teammate," he said.

"All the guys on the team were just as good as me and better. I didn't have to be the captain or have the pressure of being the one of the better players on the team. I learned how to cheer my teammates on more than myself and how to help my teammates get open even if I was not catching the disc.

"I also learned some new overall offensive strategies and defensive strategies. I became better at man defense and learned how to effectively guard someone," Mr. Hiser said.

He hopes to take all of these experiences and use them with his new teammates.

"I'm looking forward to playing on the University of Florida Ultimate Frisbee team this year!" he said.

Hometown Highlights



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Education: In 1996, Dr. Schaffer graduated from the State University of New York at Buffalo. She continued with her residency in Miami and East Tennessee. Her residency began with internal medicine in pediatrics so she is very familiar with children and teens. She also focused on medical care for the elderly.

Her Practice: in 2000, Dr. Schaffer began practicing in Sebastian. She saw over 3000 patients until 2011. In 2011, she decided to focus her energy on raising her 3 children who are now 4,5, and 6. Dr. Schaffer has returned to Sebastian to practice medicine again.

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Dr. Schaffer is happy to be practicing and living in Florida again. She loves the laid back lifestyle and knows it will be a wonderful place to raise her children.

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105624

Air show donates thousands to charities

For Hometown News
NewsFP@hometownnewsol.com

VERO BEACH — Thanks to sponsors, volunteers, and those who attended, the 2014 Vero Beach Air Show raised \$100,000 to donate to four local charities.

Todd Howder, air show president, and members of the air show team delivered checks for \$25,000 to the Exchange Clubs of Indian River, Treasure Coast, and Vero Beach and to the Veterans Council of Indian River County. These donations will enable these organizations to fund local projects to help abused and neglected children and military veterans of Indian River County and the Treasure Coast. The show also donated a free ticket for admission to the show to every Indian

River County child enrolled in kindergarten through fifth grades.

Other members of the 2014 air show board include Vice President Anthony Samons, Secretary Laurie Collings, Treasurer Patrick Graham, Ellen Ross and Martin Zickert. Another show is already being planned for May 2016.

Vero Beach Air Show is a 501(c)3 charitable organization. Its mission is to promote volunteerism, support the prevention of child abuse, honor men and women who are serving or have served in the armed forces, encourage military recruiting, provide wholesome affordable family entertainment and aviation education, and promote the city of Vero Beach, the Vero Beach Municipal Airport, and area businesses.

For more information, visit www.veroairshow.com.

Discs

From page 1

for the sport, including tee markers and targets, or baskets to catch the discs.

Like golf, a player starts the course from a tee area and plans to get the ball, or in this case, the flying disc, into the hole, or the basket. Scoring is similar to golf in that the fewest amount of strokes, or throws, wins the game, according to the Professional Disc Golf Association.

The sport was formalized in the 1970s, the organization's website said.

The parks and recreation advisory committee recommended the funds be used for the course and the committee will also be reviewing construction plans and course layouts should St. Johns approve the project, said Chris McCarthy, parks and recreation superintendent.

The early plans are to have an 18-hole course in the park offered as an amenity, so no fees would be charged for people to bring their own discs to play, said Councilwoman Andrea Coy.

The site has the potential to become a very attractive spot for guests to visit and it is exciting to have a new recreational opportunity to offer tourists and

locals alike, she said.

"You might see me out throwing a Frisbee out there," Councilwoman Coy said.

"I hope St. Johns gives their blessing," she said.

There are disc golf courses in Brevard County, but no official courses exist in Indian River County.

Members of the public have contacted Mr. McCarthy and spoken positively about the idea of a disc golf course in recent weeks.

During the meeting, one member of the public spoke against the potential course because it could interfere with established pedestrian walkways in the park. Another public speaker asked about potential for expansion should the project be a huge success.

Mayor Bob McPartlan assured the speakers that the project was just in the earliest stages and those questions and concerns would be addressed in future meetings after approval for the course creation is approved. Until then, the council was only approving the funds be appropriated for the potential project.

For more information about city business or to view agenda items, visit www.cityofsebastian.org.

Hospital completes psychiatric team

For Hometown News
NewsFP@hometownnewsol.com

VERO BEACH— After a comprehensive search, Indian River Medical Center's Behavioral Health psychiatrist team is complete.

The most recent addition is Guido Nodal Jr., M.D., who joined the Behavioral Health Center team this summer. He is an experienced, board-certified adult psychiatrist with added certifications in geriatrics and addictions. He has been practicing in Florida for almost 30 years.

"I am excited to join such a great team that is focused on patient outcomes and service excellence," Dr. Nodal said.

"The Psychiatry team needs four full-time doctors to provide excellent care," said former BHC Medical Director Raymond Dean, M.D. After six years as medical director of BHC and various other leadership positions over the past 16 years, Dr. Dean handed the reins over to Paul Hebig, M.D., as medical director. Dr. Dean will continue to offer care for the child/adolescent unit. Dr. Hebig has been with the Behavioral Health Cen-

ter for five years. He is a board-certified adult psychiatrist, with additional certification in forensic psychiatry.

As the new medical director, Dr. Hebig is particularly happy with Dr. Nodal's interest in expanding the Consultation/Liaison service line at IRMC. Dr. Nodal will spend part of his day at IRMC seeing inpatient cases referred for psychiatric consultations.

"We know that 35 percent of post-interventional cardiac patients will have a major depressive episode and 9 percent of women will have postpartum depression. We can help before these develop into full blown crises," Dr. Hebig said.

Dr. Kristin Hicks joined the Team in October 2012. She is board certified in adult psychiatry and specializes in geriatric psychiatry. She is looking forward to having more time to develop more alternative adjunctive therapies, such as meditation and Tai Chi.

The Behavioral Health Center is a 46-bed acute psychiatric crisis stabilization facility. They treat approximately 2,000 patients, of all ages, per year.

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Compute

From page 1

stories in the news, stories about some hacker getting caught accessing some big company database or stories about some poor people getting their identities stolen, but the fact of the matter is most hackers just aren't interested in you. Hackers tend to go after the "big" targets, such as corporate databases, and don't spend too much time hunting individual end users.

But that's not what the Internet security software companies want you to think. There is a big market for computer security programs and firewall software, but if it's not configured or installed correctly (which is most of the time) it can bring your machine to a crawl and still leave you vulnerable.

As long as you have a quality, up-to-date anti-virus program installed and running, and have all the current operating system updates installed, you should be safe plugging your machine into the Internet.

If it is identity theft you are worried about, I would be more concerned about all those big corporate entities out there that already have your personal information on file. Databases such as those that are the real targets. Why

take the time to hack into one user's machine for one identity when there are so many other systems out there that hold thousands (even millions) of identities in their databases?

Another common myth that I run into is, "regularly defragging my hard drive will make it run faster." This myth has its origins from the way technology used to be. Sure, if you are running an old 486 machine with Windows 95 and a 1 gig hard drive, defragging it periodically will clean things up a bit and give you a noticeable increase in performance. If, on the other hand, you are running something a little more modern (any machine built within the last five years) defragging the hard drive all the time to increase performance is often just a waste of time. Furthermore, Windows operating systems from Vista on are set up to perform this chore automatically.

Any increase in performance gained by defragging will typically be un-noticeable. Sure, it's nice to see all those red areas turn blue when you do defrag a modern machine, but don't be fooled. You aren't gaining much. I will concede that running defrag periodically to "tidy up" is good practice, but it's not the cure-all that some people still think it is.

The next myth comes from unclear advertisements that some

computer manufacturers run. Many ads today for new computers tout their systems as being "wireless ready" right out of the box. And, to a degree, this may be true, with things such as WiFi chips being built into the motherboard, but the thing that the ads tend to leave out (or bury in fine print) is that you need to be in an area of wireless service for it to work.

If you don't have wireless Internet access and are contemplating buying a new computer that's wireless ready because you are under the impression that it will connect to the Internet right out of the box, you are about to make a mistake. All this "wireless ready" stuff means is that you won't need any extra hardware to connect to an existing wireless service. It doesn't mean that you can just turn it on and be online as some people have been led to believe. In order for these systems to work, they need to be in a wireless "cloud;" either your own wireless service, DSL or cable plugged into a wireless router, or a public wireless hotspot, such as those found in many hotels, airports and coffee shops.

I hope this helps and until next week, happy computing!

Sean McCarthy fixes computers. He can be reached at (772) 408-0680 or help@ComputeThisOnline.com (no hyphens).

Rants

From page 6

head and still call them the "WASHINGTON RED SKINS".

Problem solved.

Can't we just all get along?

Don't reward mediocrity

Too many parents fail to require their children to do homework. Too many parents fail to praise their children for getting good grades, and too few parents show commitment to their children's education. Another reason for the failings of our public schools, however, is lousy preparation of teachers by education colleges. A study by the National Council on Teacher Quality rates teacher training as inadequate. It calls preparation of teachers "an industry of mediocrity."

Helping the elderly in a storm

To the wonderful mom and her teenage son, who ran around Publix parking lot in a torrential storm, running around with their umbrellas, just to help elderly people bring their groceries to their cars, then left and went to another store. Way-to-go, Mom! You give hope to all of us.

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Smoking is a personal choice, but secondhand smoke can cause serious problems for others. In children, it can cause asthma, respiratory infections, or worse. If you or your children are being affected by secondhand smoke in your home, please contact the Tobacco Free Partnership of Indian River County or visit tobaccofreeflorida.com.



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Dining & Entertainment

FRIDAY, AUG. 29, 2014 • SEBASTIAN • WWW.HOMETOWNNEWSOL.COM • PAGE 11

Potters at the wheel

Art museum plays host to dozens creating bowls for nonprofit fundraiser

By Jessica Creagan
jcreagan@hometownnewsol.com

VERO BEACH — The slap of wet clay onto a potter's wheel followed by the whirring of the wheel spinning 'round and 'round is going to be a familiar sound at the Vero Beach Museum of Art for the next several weeks.

About 30 potters are participating in the annual soup bowl workshop where the bowls are used as a fundraiser for the Samaritan Center, a nonprofit organization providing shelter and support for homeless families in Indian River County.

Shotsi Lajoie, workshop coordinator and potter, said she always loves this event and the spotlight it puts on the



Lisa Lugo, of Vero Beach, put the finishing touches on one of many bowls she made in August 2012 for the annual Samaritan Center Soup Bowl. If you would like to help, call the Samaritan Center at (772) 770-2900 or Shotsi Cain-Lajoie at (772) 453-9049.

File photo

Horoscopes



ARIES - March 21/April 20
Aries, you can have all of the inspiration in the world, but without some practical application, your idea will stall. Spend some time thinking things through.

TAURUS - April 21/May 21
You are torn between two choices, Taurus. Family matters are on one side, and work responsibilities are on the other. It may take a few days to work out a decision.

GEMINI - May 22/June 21
Gemini, it's difficult to contain all of your enthusiasm, so share your excitement and happiness with others.

CANCER - June 22/July 22
Cancer, you will be front and center in the days to come. Don't be nervous, as you're fully capable of handling the extra attention.

LEO - July 23/Aug. 23
Leo, you will be full of energy this week. Use this energy and enthusiasm to your advantage, tackling projects you have let go unfinished but want to get done.

VIRGO - Aug. 24/Sept. 22
Virgo, immerse yourself in activities that put you first over the next few days. Whether it's a date or simply alone time, enjoy it and start tending to your needs.

See SCOPES, page 13

See POTTERS, page 13

Out & about

FRIDAY, AUG. 29

• **Main Street Vero Beach presents "Downtown Friday,"** 14th Avenue Historic Downtown Vero Beach, 6 p.m. Theme: Back to School. Live classic rock and roll music. Featured charity: The Learning Alliance. Free. For more information, visit www.mainstreetverobeach.org.

SATURDAY, AUG. 30

• **Stand Up for Autism Paddle Board event:** Third annual family-friendly event will be held at U.S. Sailing Center of

Martin County, 1955 N.E. Indian River Drive, Jensen Beach, from 9 a.m. to 2 p.m. Features free paddleboard clinics, a paddleboard race, raffle prizes, food, drinks, a children's craft tent, music, games, a water play area, auction and more. Free admission. Sales of raffle tickets, auction items and food help Treasure Coast Autism Project, a nonprofit dedicated to helping Treasure Coast children with autism and their families. For more information, contact Jennifer Brown at (772) 486-5009 or email standupforautism@gmail.com.

SUNDAY, AUG. 31

• **'Race to the Wreck:'** New event, a benefit for the Vero Beach Lifeguard Association. This is a 750-yard ocean swim from the beach off Waldo's Restaurant, 3150 Ocean Drive, Vero Beach, to the steamship Breconshire and back on Sunday, Aug. 31 (Labor Day Weekend). Starts at 7 a.m. \$20 donation to race. Event day registration only due to changing weather/water conditions. Four divisions: Men, Women, Men (with fins), Women (with fins). For more information log onto VBLA.org, email

See OUT, page 13



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DINING & ENTERTAINMENT

Pizzeria and restaurant deliver quality Italian cuisine

Staff Report

SEBASTIAN — For almost 30 years, a family run pizza and Italian restaurant has been a delight for those looking for authentic Italian fare.

The atmosphere is relaxing, with wine bottles, grape vines and Italian scenery painted on the walls. The warm lighting is inviting and comforting.

Their dough and sauces are made daily by family members who have made the restaurant what it is.

The restaurant has grown with the area, from one dining area to four and the original appearance of the small restaurant opening to a grand dining room.

My companion and I visited on a Thursday afternoon. We ordered our entrees and appetizers and were quickly served a salad and garlic knots.

The salad was fresh, with crispy lettuce, green peppers, tomatoes and olives. What made this unique was the house Italian dressing, an artfully crafted blend of seasoning paired with oil and basil.

When the garlic knots were delivered I had to keep reminding myself to pace my meal.

The hot and fluffy bread was topped with Parmesan cheese, basil and brushed with butter. The flavors and warmth in the bread was enough for me to want to eat the whole basket.

Our appetizers arrived as I reached for yet another garlic knot and begrudgingly put it back.

The fresh mozzarella and tomato slices with olive oil, garlic and basil were delicious. The tomatoes were cooked to a nice tenderness, letting the flavor of the fresh mozzarella cheese seep through. The basil and oil topped off on this light and airy dish.

The second appetizer was the cheese and prosciutto, or pepperoni spirals. This appetizer was the perfect cheese and meat combination. We opted for the prosciutto that gave the dish more flavor with its naturally salty flavor.

As our entrees were brought to us, I knew that my companion and I did the right thing in sampling each dish.

I had the Zuppa Di Pesce, a new dish to the restaurant and quickly becoming a favorite among the restaurant goers.

On a bed of linguine, shrimp and calamari were topped with marinara. Decorating the outside of the plate were fresh clams, steamed in their shells.

Easily enough for two, the dish was flavorful and tasty.

My companion had the veal parmigiana with spaghetti with meat sauce.

The portion of veal served with the dish was more than generous, the pasta was made perfectly and the meat sauce not only accompanied the pasta perfect-

ly but also the veal.

When we finally made it to the dessert, I knew I had made the right decision to box some of my meal to make room for the sweet treats.

Tony Oliveri, the co-owner of the restaurant, said that most of the desserts were imported straight from Italy, as well as a lot of the ingredients that they used, to make everything more authentic.

The tiramisu, one of the best tiramisu's I've ever had.

The Italian Savoirdi was laced through with coffee, and then layered with the egg yolks and cheese, powdered with cocoa. It was soft, delicious and a wonderful ending to the meal.

My companion had the house made cannoli, the combination of cream and crunchy shell, topped with chocolate and powdered sugar was gone before I could blink.

The restaurant is also famous for its double decker pizza, made with two crusts with the pizza baked in the middle.

Whether you dine in or take your dinner to go, you will be satisfied with the meal from beginning to end.

Vic's is open Monday through Saturday from 11 a.m. to 10 p.m. and closed on Sundays.

Vic's Pizza and restaurant is located at 1140 U.S. 1, Sebastian.



File photo
Tony Oliveri, co-owner of Vic's Pizza and Italian Restaurant, holds a large hand tossed pizza. The restaurant is going on 30 years of being a staple of quality Italian food in the Sebastian area.

For more information, call (772) 589-8989 or visit www.vicspizzafl.com.

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Potters

From page 11

Samaritan Center and their work in the county.

A potter is allowed the freedom to design and decorate the bowl as much or as little as desired, Ms. Lajoie said.

"The bowl itself is usually simple, but some potters add a little extra design to it, or choose a special glaze to make the bowls their own," she said.

Members of the public are especially invited to watch the potters at work on Aug. 30 and 31, but there will be potters at the museum constantly through September working on either throwing the bowls or glazing them, said Ms. Lajoie.

Visitors might also see the potters working on soup tureens which will be either raffled off during the event or sold at a live auction.

Assisting the potters during the workshop will be a small group of volunteers who do a variety of odd jobs, such as tidying up or preparing the clay for the potter by beating out air bubbles from the blocks of clay, Ms. Lajoie said.

Ms. Lajoie said the goal is always to craft more bowls than the year prior. In recent years the number has fluctuated between 1,200 and 1,300 bowls.

The bowls will be available for purchase at the 22nd annual Samaritan Center Soup Bowl on Nov. 13 and will be \$15 apiece. The bowls will be divided up at the more than 30 different soup-serving locations and sold onsite along with soup, Ms. Lajoie said.

The more bowls the better, Ms. Lajoie said, because the handmade items are in high demand and often sell out one hour into the lunchtime event.

The money donated to the Samari-

tan Center from the bowl and soup sales goes toward a variety of things needed for the care and training of the people that live in the temporary housing shelter.

This year, just a few days prior to the soup bowl, another fundraiser will be held where guests can further participate in donating to the Samaritan Center.

"Give from the Heart, A Small Plate Event," will take place on Nov. 10 and includes cocktails and hors d'oeuvres, as well as a handcrafted and hand-painted plate for each participant.

Unlike the soup bowl event, where there are about 5,000 people participating buying soup or a soup bowl or both during their lunch hour, the small plate event will be formal and ticketed, Ms. Lajoie said.

Tickets are available for \$100 per person and guests 40 or younger are eligible for a junior ticket at \$75 per

person, a press release said.

The event will take place at Quail Valley River Club and replace an annual spring fundraiser usually for Samaritan Center at the venue, Ms. Lajoie said.

Space is limited so reservations are required.

For more information about the soup bowl workshop, contact Ms. Lajoie at shotsi@comcast.net.

For more information about the Samaritan Center Soup Bowl, visit www.samaritancentervero.org.

For more information about the "Give from the Heart, A Small Plate Event," contact the Samaritan Center at (772) 770-3039.

Out

From page 11

VeroBeachLA@yahoo.com or call (908) 797-8725.

MONDAY, SEPT. 1

Labor Day indoor picnic and jam session: Held at the Sebastian Elks Lodge, 731 S. Fleming Street, Sebastian. Picnic starts at 1 p.m. with unlimited hot dogs and hamburgers supplied by the Sebastian Elks. Alcohol and non-alcoholic beverages will be available for purchase

during the festivities. The jam session, led by Fred Cook and The North Star Band, starts at 2 p.m. and will run through 5 p.m. Public is welcome. Singers and musicians welcome to join the jam session. For more information, call (772) 589-1516.

THURSDAY, SEPT. 4 – SUNDAY, SEPT. 21

'Funny Money': Farce by Ray Cooney will be presented by Pineapple Playhouse, 700 W. Weatherbee Road, Fort Pierce. Two men, one dead. Two briefcases, one full of money. Two detectives, hot on the trail of a mild mannered C.P.A. as he tries to cash out on his good fortune. Shows are

Thursday through Saturday at 8 p.m., and Sunday at 2 p.m. Individual tickets are \$18. Student, group prices and season tickets available. For tickets, call (772) 465-0366 or visit pineappleplayhouse.com.

THURSDAY, SEPT. 4

Fabulous Film Finds: 3 p.m., first Thursday each month, at the North Indian River County Library, 1001 Sebastian Blvd., Sebastian. Showing "Quest for Fire" by Jean-Jacques Annaud, with Everett McGill and Ron Perlman. For more information, See **OUT**, page 15

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Scopes

From page 11

LIBRA - Sept. 23/Oct. 23

Libra, getting back into the swing of things after a long vacation can be challenging. But you will have no problem getting back into a groove.

SCORPIO - Oct. 24/Nov. 22

Try turning something you enjoy doing for fun into a career, Scorpio. Loving what you get paid to do is a key to a happy life, so figure out a way to make that happen.

SAGITTARIUS - Nov. 23/Dec. 21

Sagittarius, you may be adept at finding

an easy way around a difficult thing, but sometimes taking the hard road offers good life lessons along the way.

CAPRICORN - Dec. 22/Jan. 20

Family needs take precedence over your obligations at work, Capricorn. Higher-ups will just have to be patient.

AQUARIUS - Jan. 21/Feb. 18

Aquarius, everyone expects you to provide advice, but this week you may be in need of guidance.

PISCES - Feb. 19/March 20

Few things escape your attention, Pisces. However, this week you can expect to be happily surprised by good news.

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DINNER SPECIALS

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Labor Day festival offers free activities for the whole family

Holiday event features free games, giveaways, food samples, seminars and big bargains on outdoor gear

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — Labor Day Hometown Festival, Bass Pro Shops say-goodbye-to-summer party, will be held Saturday and Sunday, Aug. 30 and 31 from noon to 5 p.m. at Bass Pro Shop.

“You can squeeze the last drop out of summer fun this Labor Day without putting any pressure on your budget by bringing the family to Bass Pro Shops free Labor Day Hometown Festival,” said Tammy Sapp, Bass Pro

Shops communications director. “In addition to the free activities, the Labor Day blowout also includes great deals on gear for hunting, fishing, camping, outdoor cooking and more.”

- Free family fun events include:
- Metal Detector Treasure Hunt
 - Casting Buckets for aspiring anglers
 - Duck Pond Game where kids can pick a duck for a chance to win a LED flashing lanyard (while supplies last).
 - Coloring an owl backpack clip

- Face painting
- Free photo downloads

The first 100 kids to complete a punch card each day can win a free Bass Pro Shops kids drawstring bag. Bass Pro Shops Labor Day Hometown Festival offers free activities for the whole family

Other giveaways include:

- Gift card giveaway – Two \$25 gift cards will be given away on Aug. 30 and Aug. 31.
- Honoring Hometown Heroes – On Aug. 30 from 2 p.m. to 4 p.m., Bass Pro Shops will be honoring hometown heroes such as veterans, soldiers, military personnel, police, firefighters, paramedics and teachers with hourly drawings a \$50 Bass Pro Shops gift card, Maui® Jim Sun-glasses, and a YETI® cooler. Winners

must show valid ID.

No party is complete without food so Bass Pro Shops is pulling out all the stops with the following free food samples and foodie seminars on Aug. 30 and 31:

Free Food Sampling (while supplies last)

- 1 p.m. to 4 p.m. – Hot dogs
- Noon to 5 p.m. – Tasty Food Samples
- 4 p.m. to 5 p.m. – Homemade Ice Cream

Foodie Seminars:

- 1:30 p.m. Stoked to Smoke – How to Smoke Meat Right
- 2:30 p.m. Backyard Chef – Picking the Right Grill
- 3:30 p.m. Going Dutch – Dutch Oven Cooking Made Easy

Also, everyone is invited to attend the following muskie fishing seminars on Aug. 30 and 31 at participating stores:

- Noon – The Good, The Bad, and The Muskie
- 1 p.m. – Muskie Tactics

In addition, factory experts and pro staff will be available to answer fishing questions at participating store.

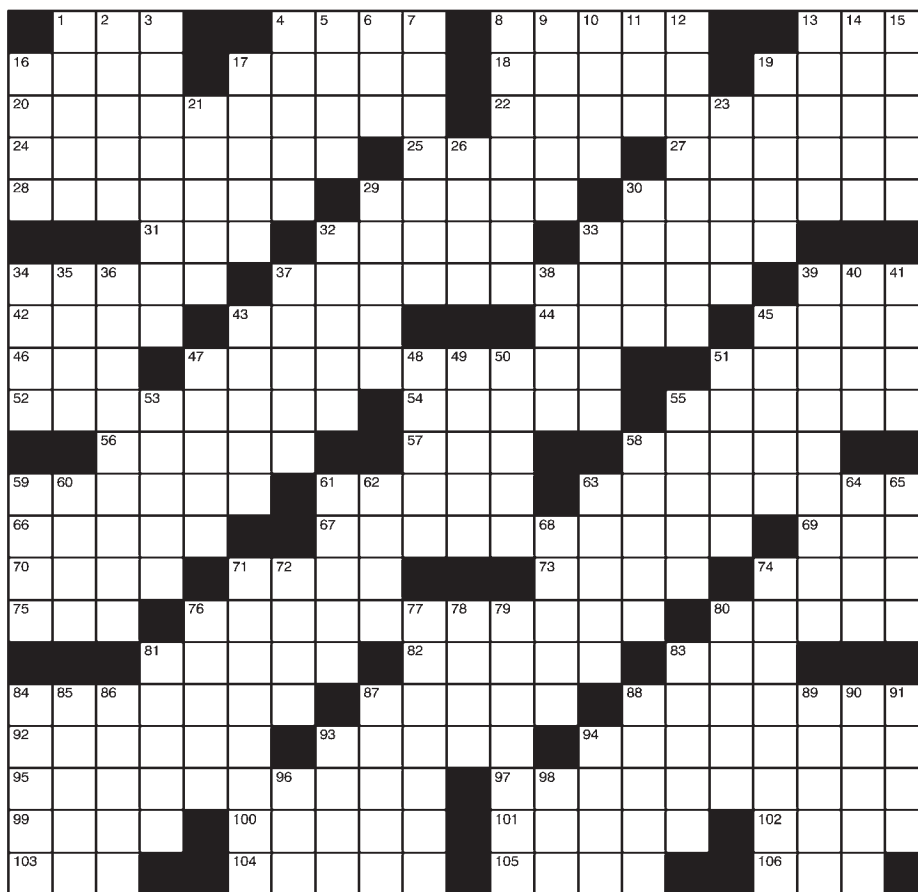
For more information about local store schedules and events during the Labor Day Hometown Festival, visit <http://www.basspro.com/hometown>.

In the Zoo

Edited by Linda and Charles Preston

ACROSS

- On behalf of
- Hemingway or Haydn
- Sword handles
- Velocity initials
- “Rule Britannia” composer
- Fundamental
- “Dedicated to the One ____”
- Whimper
- Crimson Tide coaching idol
- Globetrotters’ star
- Blood carriers
- Lucy’s landlady
- Strike out
- “I Was a ____ Werewolf”
- “Waiting for Lefty” playwright
- Followed a hunch
- Grid. scores
- Keep in stitches
- Got up
- Historic Dublin theater
- Anthony Hopkins movie, with “The”
- Rider Haggard novel
- Ibn ____
- Sell, as stolen goods
- Remove from office
- Product of 61 Down
- Useful comp. key
- “Howdy Doody” host
- One-named rock star
- Stick one’s neck out
- Tennis tournaments
- Acquire flight
- Blue or white waders
- Understand fully
- “Common Sense” author
- Rind remover, e.g.
- See if ____!
- High-flying group
- Fire in the Forum?: L.
- Mickey Mouse’s friend
- Door greeter?
- Comical brothers
- ____ spirit
- Seine feeder
- Famous food’s Lee
- Whichever
- “Back to the Future” star
- Unsteady: sl.
- Hawaiian singer
- Goofs off
- Lout
- Olive stuffer
- Albert and Messy
- Peanut confection
- Middlesex Co., NJ area
- Tent type
- Comes in ahead of
- Yusuf Islam
- “Pal Joey” lyricist
- Proposal joint?
- Toothy grin
- “Of Thee ____”
- Theater or concert halls
- Far from joyful



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7/20/2014

Answers located in Classified Section

- Rural sights
- “. . . ____ creature was stirring . . .”
- Slalom shape

DOWN

- “____ Jacques”
- Explorer Juan de ____
- Leased again
- Name on a check
- Gray and Whitney
- ATM code
- Behaved willfully
- British repast
- Burn soothers
- Surely he jests
- Boob tubes
- Testa or aril
- Toned down
- Cartoon canine
- Macho types
- Like ____ out of hell!
- Ships’ prisons
- Lost color
- “The ____ Bunch”

- Range in the Rockies
- Former “ET” host John
- Alpha opposite
- Bank machines: abbr.
- High up
- Tickets’ remains
- Well offshore
- Popular game fish
- “Get Smart” co-creator
- Pixieish
- Palindromic time
- Comic book hero
- Put up wallpaper
- Nose out
- Enthusiastic outburst
- Shorthand pro
- Tiresome ones
- Burn soothers
- Puccini production, e.g.
- Bloody Mary’s nut
- Cunning
- Justice Frankfurter
- Molière specialty
- Pope canonized in 1954
- Arizona Native American
- Actors Richard or Susan
- Montana’s neighbor
- Deep prolonged sleep

- Goodbye in Granada
- See 87 Down
- Stiffening piece
- Bank machines: abbr.
- Lacking color
- Sound rebound
- Type of tap dance
- “Water Lilies” painter
- Passes by, as time
- Traditions and beliefs
- Light spear
- Marathoner Grete
- Thick-headed
- Borneo primate, for short
- Scouting units
- Mrs. Trump, once
- Apportioned
- Edison’s lab site, with 64 Down
- It’s ____ long time coming
- Pad sitters
- Tacklebox items
- The late Ms. James
- Linden tree
- Manchester man e.g., for short
- Lexington coll.
- Bear, in Barcelona

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Watch out for poisonous plants

Although I have written about this topic two years ago, I am getting a lot of e-mail requests to talk about some of the most common poisonous plants in Florida. I have compiled a list of some of the most common plants that we all have in our yards and gardens. Some of the varieties that are poisonous will shock you.

If you look around your yard and neighborhood, you will find ornamental plants of almost every size, shape and color. What you don't know about some of these common plants can be deadly. Some parts of the ornamental plants or flowers in your yard may contain deadly poison. The most susceptible to being harmed by these plants are children and pets. One of the most toxic and common poisonous plants is the Oleander. The Oleander plant contains a deadly heart stimulant that resembles the prescription drug digitalis. If a child eats a single leaf or two from this plant it could be deadly. There have been several instances where people have died from eating meats that were roasted from a wood fire that contained Oleander twigs or branches.



GARDEN NOOK
JOE ZELENAK

Dieffenbachia, which is a common tropical that many of us have in our homes, is also a highly toxic plant. All parts of this plant are poisonous. If eaten, the plant can cause intense burning and irritation of your mouth. The plant can be deadly if enough swelling occurs to block your airway. You should always wash your hands after handling this or any of the listed poisonous plants.

Another surprising plant is the Azalea. All parts of the Azalea plant can be toxic if ingested. The symptoms include nausea and vomiting along with difficulty in breathing and possibly coma. The end result can be fatal. Even the berries of Jasmine plants can be toxic. They can cause digestive problems along with nervous system disorders.

The foliage from oak trees can be toxic but the effects are gradual. If

foliage is ingested, it can slowly affect your kidneys. You need to ingest a substantial amount for severe poisoning to occur.

Lantana, which is commonly used by many as a colorful ground cover, is another specimen that is toxic if ingested. Acute poisoning can cause hemorrhagic diarrhea and rapid heart rate.

Although this list includes some of the most common plant varieties, there are many more that could be added to this list including Milkweed, Narcissus, Daffodil, poison Oak, Purslane and Snow on the Mountain. Bear in mind that just because some of your favorite plants can be toxic if ingested, common sense and keeping these plants out of the reach of small children and pets can totally avoid tragedy.

We have talked a lot about common and seemingly innocent plants that can be toxic but here is one plant that many people think is deadly poisonous but in reality, it is harmless. The plant I am referring to is the Poinsettia. The Poinsettia plant is one of the most widely produced plants in the country. During the holidays, almost

every household has at least one Poinsettia adorning their décor. Fear not as today's commercially distributed varieties are not poisonous. There are some people, however, that may get a mild allergic reaction to the milky sap if it comes in contact with their skin. The affected areas can be washed with soap and water to remove the sap if irritation develops. Poinsettia plants are not a serious risk for animals although it is always best to keep any plant out of the reach of pets if they like to chew plants.

Finally, there are also several common houseplants that can be toxic to animals and children. Probably the most common is the Philodendron. The toxic part is the leaves. If ingested, it can cause burning of the lips and mouth and can also cause contact dermatitis if the plant juice contacts the skin. Similar symptoms can occur with Pothos, Golden Pothos and Devil's Ivy.

Joe Zelenak has more than 30 years experience in gardening and landscape. Send e-mails to hometowngarden@gmail.com or visit his Web site www.hometowngarden.com.

Out

From page 15

Paul and Rahn Hortman. Cost: \$16. For more information, visit www.riversidetheatre.com.

SATURDAY, SEPT. 6

• **Performance - "Much Ado About Nothing":** 7 p.m., Sebastian River High School Performing Arts Center. Presented by the Cambridge University American Stage Tour. Open to the whole community. Free, donations greatly appreciated. For more information, visit castcambridge.com.

• **Teen writer's workshop:** 10 a.m. to 1 p.m., Sebastian River High School. Hosted by the Cambridge American Stage Tour players, who will share secrets of writing plays and sonnets in a free writing workshop. Open to all high school students. Registration is required. To register, email the student's name, grade, and parental contact information

to TeenWriters@LauraRidingJackson.com.

• **Night Sounds Concert Series:** 7-9 p.m., Sebastian Inlet State Park, 9700 S. State Road A1A, Melbourne Beach. Featuring the Country Classics Band. Park entry fees apply. For more information, visit www.floridastateparks.org/sebastianinlet/events.cfm.

• **Free Community Enjoyment Day:** 8 a.m. to 1 p.m., Leisure Square, 3705 16th Square, Vero Beach. Free open house with use of the gym, a lifeguarded lap pool, volleyball, basketball, and open fields for casual soccer or kickball games, plus grassy shaded seating areas to relax with a picnic. For more information, call (772) 770-6500 or visit www.covb.org.

• **Free admission day,** Environmental Learning Center, Wabasso, 9 a.m. Explore nature and learn about the local eco systems. Free. For more information, visit www.discoverelc.org.

SUNDAY, SEPT. 7

• **Breakfast for Brunch:** Offered by the Sebastian Elks Lodge 2714, 731 S. Fleming Street, Sebastian on first and

third Sunday each month. Doors open at 11 a.m. All items available a la carte for 50 cents to \$3; menu includes eggs to order, pancakes with blueberries, sausage biscuits and gravy, fruit bowl, bacon, sausage links, ham and home fried potatoes. For more information, call (772) 589-1516.

TUESDAY, SEPT. 9

• **Indian River Genealogical Society meeting:** Meeting starts at 9:30 a.m., followed by the program at 10:30 a.m., at the Indian River County Main Library, 1600 21st Street, Vero Beach. Free, public is welcome. For more information, call (772) 532-6288 or visit www.irgs.org.

THURSDAY, SEPT. 11

• **Roseland Jam Session:** 1:30-3:30 p.m., Roseland Community Center, 12973 Bay Street, Sebastian. Held every Thursday, featuring acoustic country and bluegrass music. For more information, call Jackie at (772) 913-2182.

We need your event listings

Attention, Treasure Coast nonprofits, studios, galleries, museums, playhouses, historical sites, symphonies, community clubs and support groups:

The deadline for submission of your organization's events in the *Hometown News In Season* publication this year, which will cover October 2014 through April 2015, will be Friday, Sept. 5.

Please send your calendar items and schedules as soon as possible by email to newsfp@hometownnewsol.com.

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114 Lost & Found

STILL MISSING! Mini Dachshund "JOEY" Joey is a brown mini dachshund with a gray face. He is 8 years old. He was last seen Tuesday, July 15th on Malabar Road in the area of Malabar Fire Station. He was running in traffic & someone picked him up, put him in their car and drove East toward the River/US1. Please call if you have seen him. 321-676-5418 or cell 321-298-4512 **A Generous Reward** is offered for his safe return. (No questions asked) We are devastated.

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131 Personals

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132 Special Notices

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HERO MILES- to find out more about how you can help our service members, veterans and their families in their time of need, visit the Fisher House website at www.fisherhouse.org

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MATTRESS, TWIN \$35, as new cost \$350, 772-770-0294 Vero Bch

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427 Miscellaneous Employment

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5020 Notice to Creditors

IN THE CIRCUIT COURT FOR INDIAN RIVER COUNTY, FLORIDA IN RE: ESTATE OF ANN ROSE PALACE a/k/a ANN PALACE, Deceased. Probate Division File No. 312014CP000816 NOTICE TO CREDITORS

The administration of the estate of Ann Rose Palace, deceased, whose date of death was June 11, 2014, is pending in the Circuit Court for Indian River County, Florida, Probate Division, the address of which is P.O. Box 1028, Vero Beach, FL 32961. The names and addresses of the personal representative and the personal representative's attorney are set forth below.

All creditors of the decedent and other persons having claims or demands against decedent's estate on whom a copy of this notice is required to be served must file their claims with this court WITHIN THE LATER OF 3 MONTHS AFTER THE TIME OF THE FIRST PUBLICATION OF THIS NOTICE OR 30 DAYS AFTER THE DATE OF SERVICE OF A COPY OF THIS NOTICE ON THEM.

All other creditors of the decedent and other persons having claims or demands against decedent's estate must file their claims with this court WITHIN 3 MONTHS AFTER THE DATE OF FIRST PUBLICATION OF THIS NOTICE.

ALL CLAIMS NOT FILED WITHIN THE TIME PERIODS SET FORTH IN SECTION 733.702 OF THE FLORIDA PROBATE CODE WILL BE FOREVER BARRED. NOTWITHSTANDING THE TIME PERIODS SET FORTH ABOVE, ANY CLAIM FILED TWO (2) YEARS OR MORE AFTER THE DECEDENT'S DATE OF DEATH IS BARRED. The date of first publication of this notice is August 29, 2014.

Personal Representative: Sarah Cormier, 24 Grove Place, Danbury, CT 06810 Attorney for Personal Representative: Steven Lulich, Florida Bar No. 472610, Steven Lulich, P.A., 1069 Main St. Sebastian, Florida 32958 Pubs: Aug. 29, & Sept. 5, 2014

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MERCHANDISE MART

230 BARGAINS UNDER \$200

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Crossword Solution "IN THE ZOO" FOR PAPA HAFTS MPH ARNE BASIC I LOVE PULE BEARBRYANT GOOSETATUM ARTERIES ETHEL DELETE TEENAGE ODETS ACTEDON TDS AMUSE STOOD ABBEY ELEPHANTMAN SHE SAUD FLOG OUST SPUD ESCBUFFALOBOB STING ASKFORIT OPENS FLEDGE HERON GET PAINE PEELER ICARE AIRCORPS IGNIS DONALDDUCK MAT MARX TEAM OISE SARA ANY MICHAELJFOX WONKY DONHO LOAFS OAF PIMENTO MARVS BRITTLE AVENEL TEPEE BEATSOUT CATSTEVENSLorenzHART KNEE SMILE ISING ODEA SAD SILOS NOTA ESS