



INSIDE

Need to know

Saluting veterans

On Nov. 2, members of the Sebastian Elks Lodge will honor and salute veterans with a free dinner and music. The Sebastian River High School band will perform patriotic music and the JROTC will serve dinner to our veterans, their families, and friends. Veterans can reminisce by listening, singing and dancing to golden oldies performed by "Remember When." Veterans can bring a photo of themselves in uniform so everyone can see a 'then' and 'now.'

The salute, beginning at 4 p.m., will be held at the Sebastian Elks Lodge located at 731 S Fleming St. The dinner, free to veterans, will be \$10 per person for the veterans' guests. Tickets will be available at the Sebastian Elks lodge which opens at 3 p.m. every day but closed on Sunday. For more information, call (772) 589-1516.

Flu clinic open to residents

There will be a flu clinic held Oct. 19, from 11 a.m.—1 p.m. at Christ the King Lutheran, 1301 Sebastian Blvd. Medicare, Medicaid and Tri-Care recipients receive free flu shots. Please bring your insurance ID cards.

A Day of Health and Wellness

The Center for Wound Care & Hyperbaric Medicine at Sebastian River

See **KNOW, A3**

HEALTH B3

HALF MARATHON



Runners were up before dawn to take part in the Beachside Half Marathon. See photos page B3

GARDENING B3

LEGOLAND



Cypress Gardens still holds charm through Legoland attractions

WEEKEND WEATHER



Friday: Partly cloudy, chance of storms; high: 84; low: 64; high tide: 8:33 a.m.; low tide: 2:29 p.m.
Saturday: Partly cloudy; high: 84; low: 64; high tide: 9:16 a.m.; low tide: 3:12 p.m.
Sunday: Mostly clear; high: 84; low: 68; high tide: 9:58 a.m.; low tide: 3:54 p.m.
Weather courtesy of www.weather.com

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Health clinic a no go with school board stalemate

By Jessica Creagan
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INDIAN RIVER COUNTY — A tie vote by the Indian River County School Board effectively leaves a proposed health care clinic for school district employees off the table.

The \$1.2 million proposal would have granted CareHere, a healthcare organization based in Nashville, the right to be a third-

party administrator for a health and wellness clinic for the employees of the Indian River County school district and their dependents, as well as retirees.

The school board voted on the proposal during the Oct. 8 business meeting, but the 2-2 tie vote means the project will be dead on the table.

The school board is down one member since the resignation of Jeff Pegler, who left to take a job in

another district. Gov. Rick Scott has not yet appointed someone to fill the vacancy, so there is no way to break the tie vote.

The school board instructed staff more than a year ago to investigate CareHere as a potential partner in bringing employees another healthcare option, but not enough

of the sitting members were convinced the company or See **CLINIC, A3**

Seniors share a night to remember



Cliff Partlow/staff photographer

From left, band seniors Aaron Butler, tenor saxophone, (not shown) Caleb Burroughs, trumpet and Zack Fore, trombone, got together for a group hug.

The Sebastian River High School celebrated Senior Night Friday evening. All of the 2013-2014 seniors were recognized along with their parents before the football game against St. Lucie West Centennial. Afterwards, family and friends got together to hand out flowers and hugs.



Above: Sebastian River Sharks quarterback Deion Jones (No. 10) hands off to Nicholas Cooper (No. 32) late in the first half. The Sharks fought hard but were no match for Centennial who won 27-0. Left: Sebastian River High School senior Alina Freeman fires up the crowd with a cheer.

Cliff Partlow staff photographer



New eyes on the street

Waste Management drivers to observe and report suspicious activity

By Jessica Creagan
jcreagan@hometownnewsol.com

INDIAN RIVER COUNTY — At the wheels of the Waste Management trucks in Indian River County are the newest eyes and ears checking on your neighborhood.

Last week, the 26 Waste Management drivers with routes in Indian River County were trained to keep watch over the communi-

ties they drive through, looking out for suspicious activity and reporting anything to law enforcement, said Waste Management administration.

In a press conference at the Indian River County Sheriff's Office, Waste Management officials said the drivers of 15 garbage trucks that service 12,000 single family homes and 600 businesses See **STREET, A3**

Municipalities weigh in on electronic cigarettes

By Jessica Creagan
jcreagan@hometownnewsol.com

INDIAN RIVER COUNTY — Several governing board in Indian River County are raising concerns about e-cigarettes and a rising trend to market them to underage students.

The Sebastian City Council has released notice of a public hearing for an ordinance that would pro-

hibit the sale of e-cigarettes and liquid nicotine to people younger than 18 and prohibit use within city limits. The ordinance is scheduled to come up for public comment during the Nov. 13 meeting, which will begin at 6:30 p.m. in the council chambers at city hall.

Likewise, the Vero Beach City Council gave their attorney direc-

See **CIGARETTES, A5**

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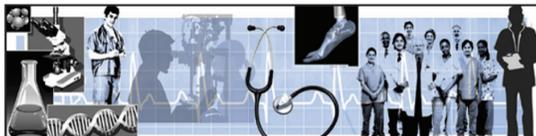
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Hometown News

MEDICAL PAGE

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HEALTHCARE SPOTLIGHT

Center provides help for fragile children



To fill the need of having a prescribed pediatric extended care center, Linda McNeal, Rochelle Scavella and a group of dedicated staff members created Indian River's only PPEC center.

The Kids and Nurses PPEC Center, licensed in January of 2013, became a dream come true for parents who needed to drive and transport their children to another county for care.

The center allows Medicaid eligible children, from birth through age 20, with medically complex conditions to receive continual medical care in a non-residential setting.

In this setting they receive specialized nursing and rehabilitation.

Ms. Scavella, RRT-PPEC Administer, is a trained respiratory therapist with more than 30 years of experience in the healthcare field. She has worked with medically fragile children since 2000 and in 2005, along with five other healthcare professionals founded PATCHES PPEC, in Florida City. After managing an expansion of the PATCHES PPEC in Fort Pierce, she left to start a PPEC center in Vero Beach.

Linda McNeal, R.N., M.S.N., a nurse practitioner in obstetric and women's health nursing, with years of experience working with neonatal and pediatric patients. The two, along with a knowledgeable and highly skilled 13 person staff, including a medical director, PPEC administrator, a director of nursing, nurses, practical nurses and nursing assistants, the center is an easy choice for top of the line care.

The most frequent issues seen are children with seizure disorders, congenital heart defects, chronic asthma, chromosome disorders and more congenital abnormalities. They also provide nursing services and rehabilitation therapies, such as physical, occupational and speech therapies.

Each child is surrounded by healthcare professionals, but should an emergency arise, a nurse will accompany the child to the hospital.

The center reduces homebound isolation and provides a cost-effective alternative to traditional home health care.

Children may be referred by any individual or agency, however, they must have a prescription for PPEC services and therapies from their primary physician to attend.

Their goal is let the residents know that there are services available, free of charge, for their children who may have a chronic illness, and utilizes the emergency room on a frequent basis.

Kids and Nurses PPEC CENTER is located at 3360 20th Street, Vero Beach.
Their hours of operation are Monday through Friday from 6:30 a.m. to 5:30 p.m.
For more information, call (772) 226-5059 or visit www.kidsandnursesppcc.com. For updates and more information, visit their Facebook.



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Emergency feeding program starved for funds

By Jessica Creagan
jcreagan@hometownnewsol.com

INDIAN RIVER COUNTY — A program many seniors returning home from hospitalizations rely on to help them through the first weeks of recovery is in crisis mode.

The Senior Resource Association's emergency meals on wheels program, funded entirely by grants from local philanthropic organizations and private donors, only has enough funds to continue feeding the more than 200 seniors in the program through October, staff members said.

Each meal costs \$7.86 and includes a hot, nutritious meal, a case manager to oversee the senior's dietary needs and a friendly volunteer checking up on them daily, caring about how they are doing, said Laura Roberts, nutrition director for the Senior Resource Association.

"We've got a little bit of funds to get us through October, but we really rely on the community to open their hearts and take care of our elderly," Ms. Roberts said. "The emergency meals on wheels program is for seniors released from the hospital or a rehabilitation center back to their own homes to continue their recovery."

Many times what happens to seniors is they go home with doctor's order to not drive, or they have physical handicaps that prevent them from functioning normally in their own home, therefore prohibiting them from shopping for and making their own nutritious food.

"Maybe they've been in the hospital two or three weeks and when they get home, all the food they had in their fridge is bad and needs to be thrown out. They can't go to the store to get more, so they end up getting poor nutrition," Ms. Roberts said.

"Good nutrition is vital for healing properly, but what happens is the seniors don't get that and they end up



Joe Bartley, a volunteer driver with Meals on Wheels, loads his meals into his trunks for distribution.

back in the hospital."

The national average of hospital readmissions within 30 days of being released is 20 percent. For clients in the emergency meals on wheels program, the percentage drops to 4.5 percent, a Senior Resource Association press release said.

The average cost of readmittance to the hospital is \$2,875 per day, the press release said.

The emergency feeding program began in 2009. The first year, there were 716 meals provided to 23 local seniors. During the 2012-13 fiscal year, there were 213 clients that were served 5,676 meals.

"I find most of the clients are very grateful for us providing the food and for the daily check by the volunteers. Some people live alone and they get nervous, so seeing a friendly face come in is good," Ms. Roberts said.

For more information about the emergency meals on wheels program or the Senior Resource Association, call (772) 569-0760 or visit www.seniorresourceassociation.org.



Cliff Partlow staff photographer Bill Peterson loads his coolers for the Meals on Wheels program Friday morning.

Lifelong Learning Program hosts open houses

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — The Fielden Institute for Lifelong

Learning at Indian River State College will kick off its full season of offerings with Open Houses held the week of Oct. 21-25 at all five IRSC

campuses. Free and open to the public, men and women age 50 and better are invited

See **LEARNING, A5**

Clinic

From page A1

the clinic itself was going to be the best thing for the school district.

Chairwoman Carol Johnson and board member Claudia Jimenez were both

in favor of the clinic, while board members Karen Disney-Brombach and Matt McCain voted against it.

According to backup material provided to the board members, the clinic would have offered primary care, health risk assessments, acute and

urgent care, immunizations, injections, commercial driver license physicals, exams and workplace screenings, drug testing, prescription drugs, pharmaceutical dispensing, disease management and primary care case management.

Street

From page A1

in the area will be joining more than 1,800 other Waste Management drivers in Florida as participants in the Waste Watch program, said Amy Boyson, community affairs manager.

The announcement was well-received by local law enforcement agencies, who said they would be grateful for the vigilance of the drivers.

"We're very happy about this partnership," said Michelle Morris, Sebastian Police Chief.

"It's nice to hear the 'see something, say something' message disseminated out there," said Keith Touchberry, new Fellsmere Police Chief.

"Waste Management didn't have to care," said David Currey, Vero Beach Police Chief.

But because the company

is going the extra mile, that will allow law enforcement to do more to keep the community safer, he said.

Indian River County Sheriff Deryl Loar said community partnerships such as Waste Watch are valued and valuable in the fight against crime.

"It's an awesome feeling and an awesome day in Indian River County," Sheriff Loar said.

The program, copyrighted by Waste Management, is based on the popular Neighborhood Watch program, said Joe Vidovich, Waste Management security director.

"Drivers are in a unique position on the streets of the community in that they drive slowly and cover a lot of territory at various hours of the day, which means they may see things other people might miss," Mr. Vidovich said.

Instead of forgetting about seeing unusual or

suspicious activity or behavior, drivers are trained to call the incident in to their dispatcher or 911.

Mr. Vidovich said most people will call 911 for medical emergencies or a robbery or a car accident, but don't usually call to report strange activity, something that could help police learn of criminal activity before it has a chance to develop.

Drivers also have the capability to activate an onboard camera to record footage of what they are reporting.

Waste Management drivers will not receive additional compensation to become Waste Watch trained, but can be eligible to receive gift cards for reporting activity, a small incentive to get people to do the right thing, Waste Management officials said.

For more information about the Waste Watch program, contact Ms. Boyson at (904) 370-1921.

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Know
From page A1

Medical Center invites members of the community to attend a free health & wellness education event on Saturday, October 26 from 9 a.m. to 4 p.m. at Riverview Park in Sebastian.

There will be free screenings offered, including cholesterol and blood sugar, blood pressure, hearing, vision, ABI testing, HIV testing, and STD testing. Experts will be available to discuss various health topics and three physicians will be presenting health information.

Vendors include Diabetes & Health Education, Tri County Black Nurses Association, Indian River County Health Department, Powell Shoes, Treasure Coast Community Health Center, Senior Resource Association and many others.

For more information, call (772) 581-2070.

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College president receives CEO award

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — Dr. Edwin R. Massey, President of Indian River State College, has been selected from more than 1,200 state and

community college presidents nationwide to receive the Association of Community College Trustees highest CEO award.

The 2013 Marie Y. Martin Chief Executive Officer

Award was presented to Dr. Massey in front of a standing-room-only crowd of more than 2,000 college trustees and presidents on Oct. 4 at the National ACCT Leadership Conference in Seattle.

Honored for his exceptional leadership, talent for translating vision into action and strong record of accomplishments, Dr. Massey was previously named the Southern Regional CEO of the Year, which qualified him as one of five regional finalists for the national award.

Accepting the national award on behalf of "the entire Indian River State College family," Dr. Massey credited "the dedication of the College faculty and staff, great students, sound direction by the Board of Trustees, and tremendous community support for IRSC's achievements."

"We have an outstanding team, and attaining this level of national stature is absolutely due to the combined efforts and contributions of all those committed to the College's success," Dr. Massey said.

IRSC Board of Trustees members Werner Bols, Chairman, of Stuart, and Jose' Conrado, of Vero Beach, were present at the ACCT Leadership Confer-



Dr. Edwin R. Massey

ence when the award was announced. "We couldn't be more proud," Mr. Bols said. "This recognition of Dr. Massey is exceptionally well-deserved."

"One of the hallmarks of Dr. Massey's presidency is his intense commitment to community needs, building numerous collaborative partnerships at the local, state and national levels to foster economic and workforce development," Mr. Bols said. "Under his leadership, IRSC has become a nationally respected, high-performing institution with far-reaching benefits for the Treasure Coast and our students. In recognition of Dr. Massey's dedication to excellence and world-class results, the IRSC Board whole-heartedly commends and congratulates him." Dr. Massey was appointed

IRSC's third president and CEO in 1988, and his tenure in office has been marked by a legacy of exceptional accomplishments. Examples include:

Expanding enrollment by 300 percent in over 130 Degree and Certificate programs.

Significantly expanding the College's five campuses to include over 700 acres and 1.5 million square feet of state-of-the-art educational facilities.

Leading the College's transition from Indian River Community College to Indian River State College, expanding the College mission to become a Baccalaureate degree-granting institution, and establishing 23 new Bachelor's Degree programs linked directly to regional workforce needs.

Achieving national rankings for IRSC as the 10th best college in the Southern Region by U.S. News & World Report and 4th most affordable college by the U.S. Department of Education.

Increasing Foundation assets by more than 900 percent and raising funds to support student scholarship awards of \$3.3 million annually.

Securing more than \$90 million in local, state and national grant awards over

the past ten years for projects ranging from the highly successful Regional Center for Nuclear Education and Training to the new Lasers and Fiber Optics Regional Education Center.

Supporting high-quality instruction as evidenced by the fact that IRSC consistently ranks Number 1 among the 28 Florida College System institutions in the percent of budget dedicated directly to instruction, and lowest among FCS institutions in administrative costs.

Ensuring an exemplary fiscal audit history for over 25 years.

Dr. Massey, an Indian River County resident, was first employed by the College as a biology professor in 1973 and promoted to several administrative positions prior to becoming president in 1988. He serves on many local, state, and national boards and is frequently called upon to present on higher education topics and issues at national conferences and forums, including a meeting of prominent educational and industry leaders at the White House in Washington D.C. last year. He currently serves as Chair-Elect of the National Association for Community College Entrepreneurship.

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Halloween tips for parents, homeowners

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — When planning Halloween festivities its important to remember that safety is essential for both the parents of little ghouls and goblins, but also for homeowners who will pass out the treats.

Here are a few tips that will hopefully prepare parents for make the evening fun for everyone.

1. Encourage the kids to use facial make up instead of a mask.
2. Spend the extra dollar and purchase quality make-up. You don't want your kid to have that same look weeks later.
3. If possible, design the costume to accommodate a sweater or even a jacket underneath depending on the weather.
4. Make sure that all costumes and accessories are

flame resistant.

5. Keep in mind how much walking they'll be doing for their age. You don't want to have to carry your little ghouls home.

6. Carry extra bags to dump candy in so the kids don't get overly tired.

7. If you have more than one kid to supervise, try bringing a wagon or cart to unload the candy in as they go door to door.

8. If you're taking other kids with you, set out the rules before you leave and make sure they understand.

9. Instruct the kids to stay with you and off the lawns and out of the gardens.

10. Remind the kids to say thank you, even if they get crappy candy.

11. Be prepared to carry their props after a while.

12. Inspect all candy when you get home. Throw away homemade, unwrapped or open candy.

13. Let them have one piece of wrapped candy while on the walk as a treat/break.

14. Bring a flashlight and give them glow sticks to

wear.

15. Don't let them walk in the middle of the streets. Cars will still travel on roads October 31st.

16. If the front light is out but they have Halloween decorations, there is a good chance that they have no more candy.

17. If the lights are out and don't have any decorations, the people are most likely hiding in the back and have no candy to give.

18. Carry a small, portable first aid kit for those little cuts and injuries.

19. Many people bring their dogs with them and dress them up in costumes such as a hot dog or a devil. Instruct the kids to ask the owner if they can pet the animal before they do. There is a good chance that the animal is embarrassed to be in a costume and may want to take it out on a kid.

20. When the kids go to the door, stay close by and watch carefully.

21. Set a strict curfew for older kids that go out on their own.

22. Kids are never to go

into the house unless you know them.

23. If you have to drive, slow down more than usual.

24. Give the kids a snack before they go out. They won't complain about being hungry and want to eat the candy.

25. Take half the candy and place it in the freezer for use in the summer.

Here are a few tips for homeowners on Halloween:

1. Keep the path to your door clear of all obstacles and well lit.

2. Don't terrorize the kids. It's all about fun and not making them wet their pants.

3. Be extremely careful with the candle in your pumpkin so that nothing bursts into flames, including a kid's costume. Consider using a battery powered light or glow sticks.

4. Use flashlights, glow sticks or electric lights with the power cord safe and secured.

5. If you have a dog, keep it in another room and away from the door.

6. If you're going to give candy, give only store bought and wrapped items such as chocolate bars, chips, etc. Loose candy will be thrown out by the parents.

7. Alternative giving can include pencils, erasers or stickers with a Halloween theme.

8. If you've spent a lot of time on your Halloween display, you may want to consider putting some sort of safe fencing around it so that everyone can enjoy it without it being trampled.

9. Halloween candy is magically calorie and fat free on October 31st so feel free to use the "one for you, one for me" rule.

10. Check out our website for more tips and special effects.

Discover what to do with your kids at whattodowith-thekids.com.

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Sebastian Riverview Park

The Center for Wound Care & Hyperbaric Medicine welcomes you to a community event featuring free health screenings.

You'll also be able to listen to physician presentations by:

Dr. Brenda Field
Dr. Hadi Shalhoub
Dr. Timothy Adkins
Dr. Amberly Paradoa
Dr. David Jerry Haile

Screenings:

- Cholesterol/Blood sugar screenings
- Blood pressure checks
- Eye and hearing screenings
- ABl testing
- HIV and STD testing

Talk to a community expert:

- Diabetes & Health Education Inc.
- Tri-County Black Nurses Association
- Health Department
- Powell Shoes
- Treasure Coast Community Center
- Senior Resource Association

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Police report

Editor's note: This is a list of arrests, not convictions, and all arrestees are presumed innocent unless or until proven guilty in a court of law.

Arrests listed were made from Oct. 1 to Oct. 8, 2013

Sebastian Police Department

- Jose Santos Cruz, 46, 9732 Honeysuckle Drive, Micco, was charged with lewd and lascivious conduct.
- Robert S. Anello, 51, 326 Midvale Terrace, Sebastian, was charged with third-degree grand theft.
- Ryan James Cooler, 21, 8685 103rd Court, Vero Beach, was charged with possession of cocaine and a misdemeanor charge of driving under the influence.
- Sharry Carboy, 35, 979 Flamingo Ave., Sebastian, was charged with being a fugitive from justice.

Fellsmere Police Department

- Xavier Anthony Maestri, 23, 42 S. Elm St., Fellsmere, was charged with two counts of violation of probation and a misdemeanor charge of resisting arrest without violence. He was on probation for burglary of a conveyance and tampering with a victim, witness or informant.

Vero Beach Police Department

- Elizabeth Angela Rios, 46, 1030 27th St., Vero Beach, was charged with possession of a controlled substance, clonazepam.
- Gary Lavan Snyder, 53, 1030 27th St., Vero Beach, was charged with possession of cocaine and a misdemeanor charge of drug paraphernalia.
- Deandrey Lamont Tyson, 30,

1030 27th St., Vero Beach, was charged with possession of cocaine.

• Pamela Marie Brown, 33, 1030 27th St., Vero Beach, was charged with battery on a law enforcement officer and misdemeanor charges of possession of drug paraphernalia and trespass on property.

• Brittany Dawn Williams, 26, 2861 Emerson Drive, Palm Bay, was charged with possession of cocaine, two counts of violation of probation and misdemeanor charges of possession of marijuana and drug paraphernalia.

Indian River County Sheriff's Office

• Christina Marie Byerly, 33, 6456 Highway A1A, Orchid, was charged with violation of probation. She was on probation for three counts of obtaining or attempting to obtain a controlled substance by fraud.

• Thomas Shane Diggs, 29, 77 Laila Court, West Melbourne, was charged with possession of a firearm, ammunition or electric device by a convicted felon.

• Tyler Jacob Hardy, 18, 632 Carriage Lake Way, Vero Beach, was charged with tampering with or destroying evidence and a misdemeanor charge of criminal mischief.

• Tiffany Gail Iber, 36, 8656 104th Ave., Vero Beach, was charged with organized fraud and five counts of dealing in stolen property.

• Christopher Charles Lein, 27, 5104 Sanibel Ave., Fort Pierce, was charged with robbery and a misdemeanor charge of battery.

• Michael Lecoy McKinney, 24, homeless, Vero Beach, was charged with violation of probation and a misdemeanor charge of battery. He was on probation for first-degree petit theft.

• Kathleen Mary Roman, 51, 914 Clearmont St., Sebastian, was charged with trafficking in morphine, possession of a controlled substance, fentanyl, and grand theft.

• Kylie Starr Whittington, 34, 1785 14th Ave. Southwest, Vero Beach, was charged with organized fraud, two counts of third-degree grand theft, three counts of dealing in stolen property and a misdemeanor charge of first-degree petit theft.

• Jessica Jo Yambor, 32, 10 Lamplighter Lane, Apt. 8, Vero Beach, was charged with retail theft.

• William T. Hempstead, 33, 555 13th Place, Apt. 8, Vero Beach, was charged with retail theft.

• Brandon Dushon Jones, 27, 1300 Northwest 180th Terrace, Miami, was charged with uttering a forged or counterfeit bill.

• Cody Ray Kelleher, 21, homeless, Vero Beach, was charged with child abuse.

• Jose Manuel Magadan, 22, 2476 57th Circle, Vero Beach, was charged with violation of probation. He was on probation for five counts of burglary of a conveyance.

• Karie Waddell Stefanacci, 46, 731 23rd Place Southwest, Vero Beach, was charged with third-degree grand theft and communications fraud.

• Steven William Cocchia, 27, 154 Englar Drive, Apt. B, Sebastian, was charged with driving while license suspended, habitual offender.

• Russ Joshua Galvan, 19, 32 S.E. Second Ave., Fort Pierce, was charged with grand theft.

• Tristan Devon Green, 28, 6320 86th Lane, Sebastian, was charged with felony battery, strong armed robbery, false imprisonment and domestic violence aggravated assault.

• Seth Matthew Heart, 24, 164 Freepoint Cay, Vero Beach, was charged with grand theft and armed robbery with a deadly weapon.

• James Adam Ledlow, 35, 1330 Fourth Court, Vero Beach, was charged with third-degree

grand theft and two counts of dealing in stolen property.

• Denis Lloyd Lovell, 60, 2514 Avenue F, Fort Pierce, was charged with failure of a sex offender to register, failure of a sex offender to notify the Department of Highway Safety and Motor Vehicles of an address or name change and three misdemeanor charges of driving while license suspended.

• Michael Joseph Pesce, 42, 1616 71st Court, Apt. 153, Vero Beach, was driving while license suspended, habitual offender.

• Carl Michael Phillips, 28, 1825 14th Ave., Vero Beach, was charged with robbery with a weapon, attempted murder and arson of a structure.

• Darinique Remona Elizabeth Rolle, 19, 675 42nd Ave., Vero Beach, was charged with aggravated battery on a pregnant woman.

• Sanshea Amelia Danelle Stribbling, 24, 2340 10th Road Southwest, Vero Beach, was charged with aggravated battery on a pregnant woman.

• Johnnie Lee Brown, 42, PO Box 50076, Malabar, was charged with possession of a controlled substance, marijuana.

• Suzanne Leigh Browne, 46, 1325 21st Ave. Southwest, Vero Beach, was charged with introduction of contraband into a detention facility.

• Tyrone Geoffrey Jenkins, 24, 4282 36th Court, Vero Beach, was charged with possession of morphine and a misdemeanor charge of possession of marijuana.

• Edward Michael Johnson, 46, 520 North Valencia Circle, S.W., Vero Beach, was charged with cultivation of marijuana.

• Raymond Montoro, 40, 309 Lake Circle, North Palm Beach, was charged with possession of marijuana, organized scheme to defraud, two counts of failure to appear in court and a misde-

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memeanor charge of first-degree petit theft.

• Courtney Renee Perrine, 21, 646 Ninth St., Vero Beach, was charged with third-degree grand theft.

• Fabian Solis, 21, 333 13th Place Southwest, Vero Beach, was charged with fleeing and eluding, corruption by threat, resisting arrest with violence and a misdemeanor charge of violation of probation.

• Nathaniel Bryant, 45, 3991 47th St., Vero Beach, was charged with driving while license suspended, habitual offender.

• Michelle Rany, 32, 14918 State Road 45, Archer, was charged with grand theft of an automobile, possession of a controlled substance without a prescription and a misdemeanor charge of possession of marijuana.

• Rory Cassidy Spence, 44, 4141 16th St., Apt. 1502, Vero Beach, was charged with possession of hydrocodone and failure to appear.

• Anibal Febus, 40, 8125 U.S. 1, Apt. 22, Wabasso, was charged with violation of probation.

• Kasier Jeremaine Moore, 40, 2362 60 St., Northwest, Miami, was charged with two counts of third-degree grand theft, felony communications fraud and a misdemeanor charge of use of anti-shoplifting device.

• Justin Scott Patera, 30, 4055 41st Ave., Vero Beach, was charged with violation of probation. He was on probation for lewd or lascivious conduct.

• Robert Lamar Smith, 24, 838 Greenleaf Circle, Vero Beach, was charged with false imprison-

ment and misdemeanor charges of criminal mischief and domestic violence battery.

• Jermaine Vermont Benjamin, 40, 713 Fifth Place S.W., Vero Beach, was charged with aggravated assault with a deadly weapon.

• Kenneth Green, 27, 8566 61st Drive, Sebastian, was charged with possession and sale of cocaine and a misdemeanor charge of battery.

• Claudio Jimenez, 32, 201 North 29th St., Fort Pierce, was charged with driving while license suspended, habitual offender.

• Hope Elizabeth Mennicucci, 50, 8344 63rd Ave., Vero Beach, was charged with possession and sale of cocaine.

• Aaron Michael Parmeter, 25, 1036 17th Place S.W., Vero Beach, was charged with fleeing and eluding and a misdemeanor charge of driving under the influence.

• Michael Jerome Sailor, 31, 159 Mayberry St., Sebastian, was charged with sale of cocaine and possession of a controlled substance.

• Leo Bernard Washington, 40, 2021 187 Terrace Northwest, Miami Gardens, was charged with retail theft, two counts of third-degree grand theft, two counts of felony retail theft in concert with others and a misdemeanor charge of use of an anti-shoplifting device.

• Glenn Jerome Woulard, 66, 6125 85th St., Vero Beach, was charged with grand theft, fleeing and eluding and misdemeanor charges of resisting a merchant and resisting arrest without violence.

If you have information about a crime, call Treasure Coast Crimestoppers at (800) 273-TIPS.

Children recovering from stab wounds

By Jessica Creagan
jcreagan@hometownnewsol.com

INDIAN RIVER COUNTY — Two children are recovering from physical injury and their stepfather is behind bars.

Keith James Underwood, 43, of Vero Beach, was arrested in Fort Pierce by an Indian River County Sheriff's Office detective last week and charged with child abuse and domestic violence aggravated battery. He was booked into the St. Lucie County Jail, but could be transferred to the Indian

River County Jail. At press time, Mr. Underwood was being held without bail.

According to reports from the sheriff's office, Mr. Underwood and his wife were involved in several verbal disturbances in the evening of Oct. 17 to the morning of Oct. 18, and Indian River County Sheriff's Office deputies responded to their residence twice in the early hours of Oct. 18.

Deputies responded a third time to the scene when it was reported that Mr.

Underwood attacked his wife while she was on the sofa with her 12-year-old son.

The boy and his sister, a 15-year-old girl, attempted to intervene in a physical fight between their mother and stepfather, resulting in the boy being stabbed in the head and the girl suffering a sprained wrist. The children's mother also received some scratches, but all three have been released from hospital treatment, a press release said.

Investigators said Mr. Underwood left his home in

Vero Beach and went to a Walgreens in Fort Pierce where he contacted the Fort Pierce Police Department. Officers responded and he was taken into custody at the request of the Indian

River County law enforcement.

He initially told investigators that he acted in self-defense, however witness testimony and physical evidence at the scene contra-

dicted that statement, a press release said.

To stay up-to-date on news from the Indian River County Sheriff's Office, visit www.facebook.com/ircsheriff.

Learning

From page A3

to join the group for coffee and conversation and learn about the more than 45 programs being offered in 2013-14.

All of the open houses will be held in the morning from 9:30-11 a.m. On Monday, Oct. 21 in Stuart, the group will meet in the Wolf High Technology Center Auditorium on the Chastain Campus; Tuesday, Oct. 22 in Vero Beach at the Richardson Center, Auditorium, Mueller Campus; Wednesday, Oct.

23, in the McAlpin Fine Arts Center lobby, Main Campus, Fort Pierce, on Thursday, Oct. 24 in Port St. Lucie the open house will take place in the Schreiber Conference Center on the Pruitt Campus; Friday, Oct. 25 in Okeechobee at the Williamson Center on the Dixon Hendry Campus of IRSC.

To RSVP, call (772) 462-7880 or visit www.irscfoundation.org by Oct. 18. The open houses are opportunities to meet members and peer leaders, tour the facilities enjoy refreshments and register.

The purpose of the Fielden Institute for Lifelong

Learning is to deliver peer-driven programs that enhance the knowledge and social experiences of its members, and increase community awareness and appreciation of IRSC. Volunteers lead a wide variety of member requested offerings on topics including computer, history, current events, music, wellness, literature and art.

The offerings are designed for men and women age 50 and better and do not apply to any IRSC degree or credit program. Hosted by IRSC, The Fielden Institute is a program of the IRSC Foundation.

Cigarettes

From page A1

tion to draft an ordinance that would regulate the sale and marketing of e-cigarettes in the city limits.

The proposed ordinance bans the sale of e-cigarettes and liquid nicotine to individuals younger than 18 and prohibits their use in places where traditional forms of smoking are already disallowed. The ordinance also includes language that prohibits self-service merchandising in the retail sale of cigarettes and associated products in order to limit accessibility to minors.

The ordinance came up for discussion at the Oct. 15 council meeting, but comments and results of the discussion were not ready at press time.

According to a post on the website of Tobacco Free Partnership of Indian River County, e-cigarettes are a

"battery-powered nicotine delivery device that contains a cartridge filled with what the manufacturers often call 'liquid.'"

"The 'liquid' often includes candy flavoring, nicotine and chemicals to create a 'vapor,'" the website said.

The U.S. Food and Drug Administration has said it intends to regulate e-cigarettes as a tobacco product.

Indian River County Commissioner Bob Solari brought up the issue of e-cigarettes during the Oct. 1 county commission meeting.

The commissioners agreed to direct their attorney to develop language to add e-cigarettes, under the longer definition of "electronic nicotine delivery device," to their current tobacco ordinances.

In stores, the products are not required to be placed behind the counter with traditional cigarettes, some-

thing Commissioner Solari wants to see happen in Indian River County.

The ordinance with the proposed changes will come before the commission in a future meeting.

The ease of access to the e-cigarette by minors was also of great concern to Vero Beach City Councilman Dick Winger.

Every year, there is data collected from middle school and high school students around the state that includes questions about tobacco use.

The Florida Youth Tobacco survey in 2012 showed that 3.9 percent of middle school students and 8.4 percent of high school students have tried e-cigarettes, which represents a 30 percent increase among middle school students and a 40 percent increase among high school students, according to the Tobacco Free Partnership of Indian River County website.

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VIEWPOINT

FRIDAY, OCT. 18, 2013 • HOMETOWN NEWS • WWW.HOMETOWNNEWSOL.COM

Tips for talking to tech support

Well, it finally happened. Your computer has issues and it's time to call for help.

It happens to every computer user eventually - that dreaded call to tech support. This week, I will share some tips that can make that inevitable call to tech support go smoothly.

The first question that you have to ask yourself is: "Who are you going to call?" That answer depends on the issues you are having.

For instance, if you are having Internet connection issues, you may want to call your Internet provider (AT&T, Comcast, Road Runner, or whoever you are using to connect to the Internet).

If you are having hardware issues, such as problems accessing a printer or other device, you may need to contact support for that device.

For problems with your operating system (Windows won't load, etc.), a call to Microsoft's tech support may be in order.

If you are having problems with the computer itself (getting errors or beep codes as soon as you turn it on), you may want to call the manufacturer of the computer.

That's a lot of decisions to make even before making the call, but you need to be clear about the nature of the problem. Answering these questions beforehand will help clarify your issues before you make the call.

Also, don't forget the warranty.

Some devices may carry warranties that last years. It would be frustrating to fix or replace a device only to find out you could have had it fixed under warranty.

Once you're clear on whom to call and why, sit in front of the computer when you make the call. There is little that any phone support technician can do for you if you are not sitting in front of the machine. You have to be his "eyes and ears" so make sure that when you call for help, you are at your computer.

After spending some time on hold, (nothing I can help with there) you will finally get someone on the line.



COMPUTE THIS
SEAN MCCARTHY

Remember: This person is new to your issue and has no idea what you have or have not tried yet. He's going to ask you questions and perhaps have you click some things.

Even if he is having you click something you have already clicked, comments such as, "I already tried that," don't help. He hasn't tried anything yet and needs to start somewhere.

Also keep in mind that even if your tech support person has a thick accent, he probably does this type of thing 40 hours a week and knows exactly what he's looking for.

When he asks you to click something and you don't immediately see it, don't instantly reply with, "I don't have that." Do a thorough scan of all of the icons in whatever screen you are looking in and make sure. Nine times out of 10, you'll find it.

Follow the directions the support person gives you, and try not to get distracted by all the other stuff that will pop up on the way. Stay focused on his or her instructions and you'll usually get through most issues quickly and without too much frustration.

Hopefully, you won't have to make that call, but when you do, having as much information in front of you will help. Things such as any specific error messages that may be popping up, what you were doing when the problem occurred and so on. This information is invaluable to the tech support person on the other end of the phone.

If you have a "quick question," that's great. Just remember that 99 percent of all tech support calls are just quick questions. It's the answer that can drag on for hours.

So, how did I come up with this week's subject matter?

Well, I've been doing

See **COMPUTE, A7**

Helping others: one can at a time



Cliff Partlow/staff photographer

The Treasure Coast Food Bank will get a much-needed boost thanks to Canstruction Treasure Coast. The Indian River Mall is hosting the food drive from Oct. 13-27. Joe Scopino, left and Jack Ahern, members of the American Institute of Architects, built the 'Treasure Chest' on display in the mall from 1,450 and 51 bags of rice paid for from \$2,000 in donations. For more information go to, stophunger.org, or call (772) 489-3034.

Letter to the editor

Support the common core standards

To the editor:

This is not the time to back away from supporting the Common Core Standards. The Common Core Standards have been adopted by 45 states and the District of Columbia. Governor Scott has been a supporter for three years, but now states he supports the standards but not the test. State Representative Debbie Mayfield has proposed a bill, (HB25), requiring more extensive public hearings and cost analysis for implementing the standards.

The establishment of national standards and a national test is the BEST way to prepare students in the United States. For too long, students have been evaluated by state tests. The performance on a state test does not show how well educated the Florida students are in comparison to students throughout the country. For the Governor to say he supports the Common Core Standards but not the national test is counter-productive.

However, I can understand the Governors wanting to

create a state test using the Common Core Objectives. For years, the Florida legislators have operated the educational system on the cheap. Upon Governor Scott being elected, he reduced the education budget by \$1 billion dollars. To use a state produced test will create the results the legislators want the public to see - curve the results any way you want.

The students in Florida deserve a good education built upon the Common Core Standards and national testing. The states collectively will be creating the national test; it will not be the federal government. Only then will the students of Florida really understand how they are performing when matched with students throughout the United States. Florida is famous for producing some of the best high school football teams and marching bands. Now is the time for Florida to produce the best students in the United States.

Ray Hoffman
Port St. Lucie



Got something to say?

Call the Hometown Rants & Raves line at
(772) 465-5504

or e-mail news@hometownnewsol.com.
Callers are asked to refrain from making slanderous statements. Statements of fact will be checked for accuracy.

Credit card scammers

No, it's not Halloween yet. I had my debit card number stolen at Walmart last Tuesday and somebody cleaned out my bank account!

All is back to normal now, money back in account, new debit card, went to the bank yesterday morning and they had taken care of it.

Fortunately I had checked my bank account Wed. night (within the 48 hour period you're allowed to report unauthorized transactions) so a man at the customer service line which is open 24/7 was able to file a dispute and stop the transaction for me; all the money was replaced by Friday morning, thank goodness.

I was using the new "Self-service" machine, they just put them in a month or so ago and the first time I used it I was delighted, it saves standing in long lines, etc.

The second time I used it, not so good! I'd put money from my debit card on a shopping card to buy gas, so I could save three cents a gallon. Not much of a savings when somebody rips off your debit card number and uses it online to buy hundreds of dollars' worth of stuff.

So be careful. Christmas is around the corner and the scammers are out there looking for little ole ladies who don't look like they know enough to check their bank accounts on line every day.

Can't feel safe

There are so many things to worry about these days. There are so many crimes being committed by young and old alike. It's impossible to feel safe leaving your windows open or going for a walk in the evening time. It's as if we live in a time in which we must carry a stick or worse, a gun, to feel safe.

Enough with commercials

Today we are flooded with cable TV, Direct TV and Dish Network programming. These are old technology and old money-making schemes, and we are bombarded with commercial after commercial, with little entertain-

ment, unlike the good old days, when each and every program had at least one sponsor, we now have as many as 10 or more 30-second annoying commercials.

Why not have these satellite programs on the new digital side channels of the local T.V. stations? That would be as close to ala carte programming as possible.

The religious and Latino channels are already enjoying the riches of local audiences, so why not CNN, MSNBC, Bravo, HBO, etc. Cable TV, Dish network and Direct TV are expensive for the amount of real entertainment.

The massive doses of commercials are negating the entire entertainment process. Using digital channels will also spread the profits around to our local affiliates and, as a result, our local governments will benefit more.

I am aware that these networks especially cable TV pay hefty fees for use of the local utilities, but new taxes are being discovered all the time, so why not from digital TV instead of satellite TV programming?

Food stamp run around

I have a rant about our state's assistance programs. I have had to apply for food stamps since having to stop working due to injuries sustained from a car accident.

Everyone has proclaimed that the "new system" of obtaining assistance from the state will be very user-friendly and easier in the long run for all involved. Well, I don't feel that way at all.

I applied for food stamps and temporary cash assistance due to the fact that I have no income and have a child and the child support that I do get is very sporadic. (I am thankful that I do receive it when I do.) I couldn't apply online and had to phone in. I had them send me the application in the mail and then when I received it, I faxed in my proof of income, mortgage, utilities and medical bills, and I did so the day after I received my letter from DCF. I used a friend's fax machine, because I couldn't afford to use a professional one that charged \$1 a page, much less I don't have use of my car due to no insurance or an up-to-date registration.

I waited 15 days, like the lady had said, for expedited food stamps. I called many times after the 15 days were up, trying to get an answer only to be hung up on several times due to too many lines being used.

After 30 days of not hearing from them again, by mail, I went online, since they had an updated website for applicants and found that I "chose not to apply." I wanted to pull every last hair out of my head. I had to repeat the process all over again.

In between, I've had friends drive me to the Salvation Army and a few other small food banks so as to not starve. After applying for the expedited food stamps online, where they take your information and just believe it for now, kind of thing, I finally got some help, 35 days later, of \$150 for one month, of expedited food stamps. I still had to fax in my proof paperwork again and this would be for the next six months. I could see online how much they already allotted to us and was quite excited that we would be able to eat every day,

See **RANTS, A7**

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Business

Education Foundation receives Innovation Generation Grant

For Hometown News
NewsFP@hometownnewsol.com

INDIAN RIVER COUNTY — The Education Foundation of Indian River County received a \$5,000 grant to support the students at Osceola Magnet. The project will launch a new science program to create “innovation stations” in classrooms.

This will give students the opportunity to learn and apply STEM skills beyond the classroom through an Innovation Generation grant from the Motorola Solutions Foundation, the charitable arm of Motorola Solutions Inc. The Motorola Solutions Foundation provided \$50,000 for a second year to challenge Flori-

da’s district-wide local education foundations to inspire students through projects designed to help them solve real-world problems in science, math, technology and engineering areas this school year through a grant to the Consortium of Florida Education Foundations.

Since 2007, the program has provided \$3.4 million in support of STEM education programs, supporting more than 400 school, museum and nonprofit programs across the United States and Canada. The Innovation Generation program awards funds to organizations such as Organization that foster and support STEM initiatives for teachers and U.S. preschool

through university students — especially girls and under-represented minorities.

Local Education Foundation’s project was one of nine chosen from among 21 applicants to receive \$5,000 through a competitive judging process with each application being reviewed and scored by a panel of STEM industry professionals through the CFEE.

“I have spoken to the students at Osceola Magnet School about this grant and they are very excited, as it will be used for a LEGO project that will enhance their STEM experiences,” said Dr. Fran Adams, Superintendent of Schools, commented. “They cannot wait to get started! We are extremely grateful to

Motorola Solutions Foundation and to the Education Foundation of Indian River County for this opportunity for our students.”

“We are so honored to partner with organizations like the Education Foundation of Indian River County who are helping to create the world’s future innovators and technology professionals,” said Matt Blakely, director, Motorola Solutions Foundation.

Innovation Generation is a part of Motorola Solutions’ larger commitment to engaging youth in STEM education. Beyond funding, Osceola Magnet will receive ongoing support from Motorola Solutions employee volunteers, who will act as mentors, tutors

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and experts in STEM careers. For additional information on the Motorola Solutions Foundation grants programs, visit: <http://responsibility.motorolasolutions.com/index.php/solutions-for-community/>

Students offered chance to study overseas

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — Indian River State College is providing international travel opportunities to help students become fully informed and engaged citizens of the world.

Unforgettable experiences of a lifetime await participants of any of the six study abroad trips offered by IRSC in 2014.

“We’ve found that students who participate in study abroad experiences develop a much broader understanding of current events, history, art, humanities, business and economics, as well as a deeper appreciation of other cultures,” shared Dr. Mary Locke, IRSC Vice President of Instructional Services/Provost and Chairman of the sponsoring Global Initiatives Committee.

IRSC’s 2014 Study Abroad trips to Eastern Caribbean, Spain, Italy, Australia & New Zealand, Prague, and Costa Rica will provide educational, cultural and hands-on learning experiences.

Eastern Caribbean, March 22-29 (spring break) – Students will experience the culture, customs, language, history and natural wonders of the Grand Turk Islands, St. Martin, Bahamas, San Juan, and Puerto Rico.

Spain, May 12-22 – Students will enhance their cultural, historical and lin-



Indian River State College Study Abroad students gain first-hand perspectives of different economies and cultures by visiting countries and cities around the world.

Photo courtesy of Indian River State College

guistic knowledge, as well as learning concepts of celestial navigation.

Florence, Italy, May 6-16 – Students will be immersed in the Italian Medieval and Renaissance periods in architecture and also experience museums, opera, theatre and cultural enrichment for a study in humanities.

Australia and New Zealand, May 15-26 – Students will explore Sydney and Auckland to experience its history, culture, and customs and learn how to apply global economics.

Prague, May 18-June 15 – Students will interact with Czech Life Science University of Prague students and

learn about multinational businesses and commerce with side trips to Germany and Austria.

Service Learning in Costa Rica, June 29-July 12, immerses students in the Spanish language while they assist the residents of Costa Rica.

All trips include the guidance of an experienced IRSC faculty member, and participants earn college credits through completion of assignments related to their study abroad experiences.

For more information, call (866) 792-4772 or visit www.irsc.edu, click *Students / click (Student Life) Study Abroad Program*.

Rants

From page A6

much less three times a day.

This time a friend took me to a professional fax and paid the \$9 for my fax usage. I have been waiting 22 days for this month’s allotment of food stamps. I have called DCF three times and got through: once a lady told me that yes, my food stamp allotment was approved and it would be available in 24 hours.

The second time a lady said that she didn’t know what the holdup was, that it looked like they were just processing it and I would have to wait for the social worker to approve it and they would send a letter.

For some reason, the system isn’t working for my

case even though I have no income and was diligent in getting all my proof of income and bills into the DCF office.

The third time I called, I asked if there was anything they were waiting on and was told no and I had to wait for my social worker to approve it. I was told I can’t ask for my social worker by name for some reason and no one seems to know what’s going on.

The website tells me how much is allotted to us and we can’t get it. I don’t understand. Why are we waiting so long? Especially when we were allotted the amount and all the T’s were crossed and I’s were dotted. We’re hungry.

Stop for buses

Correct me if I’m wrong,

but isn’t it a law to stop when a school bus is flashing its lights and slowing down to stop?

Don’t drivers realize that means a child is near and about to walk to get on that bus? That child could be coming in any direction. Drivers be aware. There have been too many tragedies already because cars/trucks do not stop.

I take my granddaughter to her bus stop at 7 a.m. I have had to jump from my car and stand in the middle of the street waving my arms as my granddaughter crossed the street to board her school bus. Only then do they start slowing down.

Wake up, drivers, before you get behind the wheel in the morning. It’s the law: stop.

people walk through their computer issues. I still fix computers and over the years I found that the calls that go quickest are the ones where the caller is at least a little prepared, in front of the computer when they call and follow my

instructions precisely without getting distracted along the way.

Sean McCarthy fixes computers. He can be reached at (888) 752-9049 or help@ComputeThisOnline.com (No Hyphens!)

Compute

From page A6

remote computer support over the phone for more than 15 years and often spend up to 40 hours a week on the phone helping

Florida

Up to our eyeballs in... newspaper readers?

Florida is home to an estimated 1.3 million alligators. That’s one gator for every 14 people in the state! But that figure pales in comparison to the **5.1 million Floridians** who read a newspaper yesterday. Like alligators, newspapers have been around a long time, and like alligators they aren’t going anywhere.



If you’re a reader, you’re in good company!

And if you’re an advertiser, you can take a big bite of profit pie using Florida newspapers.





Sources: * Scarborough Research 2012, R2 (Multimedia); Florida Fish and Wildlife Conservation Commission

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Dining & Entertainment

Sebastian

Classified INSIDE

SECTION B • WWW.HOMETOWNNEWSOL.COM • FRIDAY, OCT. 18, 2013

Enjoying whimsical favorites

Youth symphony to present enchanting program

For Hometown News NewsFP@hometownnewsol.com

TREASURE COAST — The finest young musicians on the Treasure Coast will usher in the holidays with their renditions of Mozart's Magic Flute, Tchaikovsky's Nutcracker and Swan Lake as they present Fantasies and Fairy Tales, a performance to charm all ages. The evening's conductors are Dr. John Enyart, Thomas Servinsky, and Benjamin Enyart.

The Treasure Coast Youth Symphony will perform at the Waxlax Center for the Performing Arts in Vero Beach on Monday, Nov. 4, in Stuart at the Lyric Theatre on Monday, Nov. 11, and at the Eissey Campus Theatre at Palm Beach State College in Palm Beach Gardens on Tuesday, Nov. 12.

All concerts begin at 7 p.m. Tickets for the Lyric Theatre performance are \$15 adults and \$10 students. Tickets for Eissey Campus Theatre are \$15 adults and \$7 students. Tickets for the Waxlax performance are \$10 at the door with open seating.

Educating to preserve, create and celebrate our musical heritage, the Treasure Coast Youth Symphony has served the Treasure Coast community as one of its finest musical arts organizations for young musicians and orchestra audiences since 1987. The Treasure Coast Youth Symphony is an all-volunteer, nonprofit 501(c)(3) organization composed of the most talented student musicians from Indian River, St. Lucie, Martin, and northern Palm Beach counties.

The mission of the Treasure Coast Youth Symphony is to provide challenging experiences in orchestral and individual performance for student musicians, to broaden their technical skills and artistic expression, to instill professionalism, and to enhance enjoyment of

See WHIMSICAL B4

Unconventional deli sandwiches hit the spot at Sebastian eatery

By Jessica Creagan jcreagan@hometownnewsol.com

SEBASTIAN — For delicious sandwiches made with fresh ingredients and prepared in full view, try 3AM Deli in Sebastian, just south of Bay Street Pharmacy.

While you can't pop in at 3 a.m., during the daytime business owner and chef John Hicks will enthusiastically whip up a hearty sandwich using fresh ingredients and homemade sauces and dressings.

The restaurant's name comes from the initials of his wife, Allyson, son, Aiden, 7, and daughter, Andrea, 8, but the food prepared in the kitchen all comes from Mr. Hicks.

A graduate from the Culinary Institute of America in New York, Mr. Hicks has worked in many kitchens in various positions, but at 3AM Deli, he can focus on the food he wants to make, and help people make smart decisions about what they eat.

One of the more popular dishes at the deli is the SloLo Pork sandwich.

"Making the meat for this incredible lunchtime meal is a three-day process, but the end result is well worth the effort," Mr. Hicks said.

The slow-cooked pulled pork is piled onto a bun

and smothered in a house barbeque sauce. While some barbeque sauces may be thick and heavy, the house sauce is light, and though generally mild, has hints of sugary ingredients with a pop of spicy tang.

To finish off the top layer of the sandwich, Mr. Hicks creates a cabbage and apple slaw with a semi-sweet dressing. The crunchy and cool slaw juxtaposes perfectly against the soft bread and the hot pork.

Making good-tasting, fresh food and being intentional to make the dishes in a healthy way is something very important to Mr. Hicks.

"I'm not organic yet, but I would love to be. I buy fresh produce, meats, everything. I'm as close to organic as I can," Mr. Hicks said.

"You shouldn't need a degree in chemistry to know what you're eating," he said.

Other menu items include the Parma John, a breaded fried chicken parmesan sandwich topped with homemade red sauce, arugula and mozzarella; Skirts Up, a marinated and seared steak sandwich with lettuce red onion and tomato' and Wrapsody, a flour tortilla wrap filled with seasoned ground beef,



Photo courtesy of Allyson Hicks

John Hicks is the dynamic owner and chef at 3AM Deli in Sebastian, a small sandwich shop with a big impact on customer's tastebuds.

black bean paste, orange-cilantro sour cream, cheddar cheese, lettuce and onions.

The L-shaped bar and few bar stools in the deli are a good place to slow down and chow down.

"And if you have time and want to talk, I can talk about food all day," Mr. Hicks said with a laugh.

Breakfast items and sandwiches are also available all day.

For someone who is

used to eating on the go, but wants to be more conscientious about the ingredients they consume, the Nonna Scramble is a filling sandwich that fits the bill.

In addition to eggs, the sandwich has potatoes, garlic, parmesan cheese, and a choice of bacon, sausage, salami or ham.

The passion and love for food and food preparation

See DELI, B2



Week of 10-18-2013

ARIES - March 21/April 20

Aries, shake things up a bit to inspire some much-needed change. Be a tourist in your own city if you cannot afford a trip or immerse yourself in new cultures.

TAURUS - April 21/May 21

It is not a good week to begin new projects, Taurus. In fact, cosmic signs point to finishing up anything you have outstanding. Try to focus on financial matters as well.

GEMINI - May 22/June 21

Cooperate with others this week, Gemini. This works best when you embrace compromise. Listen to what others have to say and always keep an open mind.

CANCER - June 22/July 22

Cancer, a desire to get organized has been on your mind for quite some time. Now is the ideal time to do something about it. Start by clearing out clutter and go from there.

LEO - July 23/Aug. 23

Enjoy a short vacation, Leo. It may be a jaunt to a weekend hideaway or something off the beaten path, but make the most of this well-deserved escape from the daily grind.

VIRGO - Aug. 24/Sept. 22

Virgo, you are feeling domestic this week, so enjoy putting around the house these next several days. You can catch up on decorating or renovating the home.

LIBRA - Sept. 23/Oct. 23

Libra, you feel a strong need to communicate with others this week. Share some truths with your loved ones, but try not to come across as if you have an agenda.

SCORPIO - Oct. 24/Nov. 22

Scorpio, you may have a desire to travel and seek adventure, but right now finances won't allow it. If you can keep expenses down, you may have the opportunity soon.

SAGITTARIUS - Nov. 23/Dec. 21

Expect to have luck on your side this week, Sagittarius. As

See SCOPE, B5

Out & about

FRIDAY, OCT. 18

• **Flu shot clinic:** 10 a.m. to 2 p.m., Holy Cross Catholic Church, 500 Iris Lane, Vero Beach. Medicare, Medicaid and Tri-Care recipients receive free flu shots; bring insurance cards. For more information about VNA services, call (772) 567-5551 or visit www.vnatc.com.

THROUGH OCT. 20

• **Vero Beach Art Club member exhibit:** Invitational exhibit of work in the Patricia M. Patten Community Gallery in the Vero Beach Museum of Art. Free and open to the public. For more information on the Art Club, call (772) 231-0303 or visit www.verobeachartclub.org.

FRIDAY, OCT. 18 - SATURDAY, OCT. 26

• **Riverside Children's Theatre presents "Sleepy Hollow, A Musical Tale," and the "Halloween Spooktacular,"** Agnes Wahlstrom Youth Playhouse and the Annie Morton Theatre, Riverside Children's Theatre, Vero Beach, times vary. Interactive experience, a haunted maze and a modern spin of a fall classic with a musical twist. For ticket information, visit www.riversidetheatre.com.

FRIDAY, OCT. 18 AND MONDAY, OCT. 21

• **AARP Safe driving classes:** 9:30 a.m. to 12:30 p.m., both

days, Brackett Library, 6155 College Lane, Vero Beach. Program was created to help drivers to increase their confidence on the road, obtain a better driving record and stay independent. Safe driving procedures, road signs and markings, Florida vehicle laws, and compensating for age-related changes are reviewed in a classroom setting. Most insurance companies offer a premium discount for those completing the course. Members of AARP and non-members of all ages are invited. Call (772) 562-3184 to register.

FRIDAY, OCT. 18 - FRIDAY, NOV. 1

• **"Terror on Main Street" haunted house:** 1036 Main Street, Sebastian, just east of City Hall. The house will be open 7:30-11 p.m., Friday and Saturday, and 7:30-9:30 p.m. weekdays. The house is open Oct. 18-19, then Oct. 24 through Nov. 1. Not for the faint of heart. Admission is \$5, cash only. Sponsored by GFWC Sebastian River Junior Woman's Club. For more information, visit www.sebastianhauntedhouse.org or www.gfwcsebastianjrs.org.

FRIDAY, OCT. 18 - SATURDAY, OCT. 19

• **RCT Halloween Spooktacular:** Riverside Children's Theatre in Vero Beach presents "Sleepy Hollow, A Musical Tale" plus haunted house and courtyard of games, Friday and Saturday nights. "Sleepy Hollow, A Musical Tale" will be presented at 7 p.m. and 8:30 p.m. Fridays, and at 5:30 p.m., 7 p.m., and 8:30 p.m. Saturdays. The haunted house is open 6-9:30 p.m. Fridays (less scary thrills from 6-7 p.m., scarier thrills from 7-9:30 p.m.), and 5-9:30 p.m. Saturdays (less scary thrills from 5-7 p.m., scarier thrills from 7-9:30 p.m.) Interactive experience, a haunted maze and a modern spin on a fall classic with a musical twist. For ticket information, visit

See OUT, B2

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DINING & ENTERTAINMENT

Festival returns to celebrate clams, lagoon

For Hometown News
NewsFP@hometownnewsol.com

SEBASTIAN — The Sebastian Clambake Lagoon Festival is coming Nov. 8, 9 and 10, and this year's slogan is "Don't Worry, Be Clammy", submitted by Ashley Beck of Sebastian.

Fresh seafood booths, live music, historic reenactments, the Kid's Zone, sand volleyball tournament, a chowder cook-off, demonstrations, vendor booths and more, will again be the focus in Sebastian's

Riverview Park from 2 - 9 p.m. on Friday, Nov. 8, 10a.m. to 9 p.m. on Saturday, Nov. 9, and 10 a.m. to 5 .m. on Sunday, Nov. 10. Admission is free - tickets will be sold for food and T-shirts.

We have scheduled live music throughout the weekend by Wild Life with Jungle Brass, Folk Mountain Reggae, Bobby Coleman and the Coolers, Vintage, The Cheyenne Band, Souled Out, and All About Nothing.

Also performing are the

Sebastian River High School Drumline and the Sebastian UMC Bell Choir. And to celebrate Veteran's Day, the Salute to Veterans on Friday night will feature Diversified, the Charter High School's show choir.

The Sebastian Clambake, billed as a "Lagoon Festival," celebrates a special way of life along the Indian River, which has been the life-blood of our community from the beginning. The lagoon provides residents with recreation, tranquil beauty and has fed locals for generations.

The festival is known throughout the state for the quality of its food: linguine with red or white clam sauce, peel and eat shrimp, clam chowder, fried fish and clam strips, steamed clams, pizza, hot dogs and sausage, pepper and onion sandwiches are featured culinary delights. And we can't forget the cold draft beer, craft beer and sodas. Mike's Hard Pink Lemonade, a Breast Cancer charity drink, will also be served.

The Sebastian Clambake Foundation, a nonprofit corporation, organizes the

festival, and the proceeds are dedicated to local nonprofit capital projects.

Volunteers from local community comprise the entire labor force. The Sebastian Clambake Foundation is comprised of these member organizations: Sebastian Soccer Association, GFWC Sebastian River Junior Woman's Club, Sebastian Elk's Club, Kashi Ashram, Knights of Columbus, Coastal Florida Public Employees Association, Sebastian River High School Athletic Boosters, Sebastian Property Owners'

Assn., and the Sebastian River High School Rowing Club. Each member organization has one vote in choosing the beneficiaries.

This year there are five organizations that will benefit from the event: the primary beneficiaries are the City of Sebastian's Working Waterfront Museum and Ecumenical Council's Food Pantry. Some monies will be granted to HALO Animal Rescue, Sebastian Elks, and Kashi's Welcome Center.

The Foundation has granted more than \$420,000 to local charities thus far.

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New center opens in Vero Beach



Cliff Partlow/staff photographer

The Harvest Food & Outreach Center on U.S. 1 in Vero Beach celebrated the opening of its new Life Enrichment Center Thursday evening. The center offers a variety of educational services, job building skills and résumés, emergency food and discount groceries and Department of Children and Families Access Florida for food stamps and Medicaid. From left, co-founders Ginny and Austin Hunt, CEO watch as Annabelle Robertson, Executive Director, cuts the ribbon.

Deli

From page B1

are evident in a single conversation with Mr. Hicks, but so is his passion and love for his family.

After customers asked him to put out a tip jar, he agreed, but said that all the proceeds in the jar will go to Autism Speaks, a leading autism science and advocacy organization.

"My daughter Andrea has

autism, she's terrific. Anything we get in that jar will go to that organization because they are just great getting the word out there," Mr. Hicks said.

Business hours are 8 a.m. to 7 p.m., Monday through

Friday, and 10 a.m. to 4 p.m. on Saturdays.

3AM Deli is located at 14010 U.S. 1, Sebastian. For more information, call (772) 589-5773 or visit www.3amdeli.com.

Out

From page B1

www.riversidetheatre.com.

• **Riverside Theatre presents "The Comedy Zone Goes Zombie."** Waxlax Stage, Riverside Theatre, Vero Beach, 7:30 p.m., 9:30 p.m. Featuring Kevin Lee and Ben Jones. Cost: \$15 for show only, \$25 for show and food voucher. Website: www.riversidetheatre.com.

• **'Movies Come Alive' Haunted House:** 6-11 p.m. both nights, Historic Florida Theatre, 2036 14th Ave., Vero Beach. Admission is \$6. For more information, call (772) 643-6782 or visit mainstreetverobeach.org.

• **'This One's for You:'** A musical variety show produced by Indian River State College students at McAlpin Fine Arts Center on the main campus in Fort Pierce, Oct. 17-19. Shows are at 7 p.m. on Friday; two shows on Saturday, at 2 p.m. and 7 p.m. For more information or to purchase tickets, call (772) 462-4750 or visit IRSC.edu.

• **Planetarium show - Environments:** Explore multiple environments with a new immersive video projection system at the Hallstrom Planetarium on the IRSC main

campus in Fort Pierce. Visit a coral reef, explore distant nebulas and galaxies, or explore the microscopic world. Planetarium shows on Fridays are at 6 p.m. and 7:30 p.m. and on Saturdays at 1 p.m. and 2:30 p.m. Tickets are \$3 each. For ticket information, contact the IRSC box office at (800) 220-9915.

SATURDAY, OCT. 19

• **'Scream Acres:'** Haunting starts just before dark on Saturdays, Oct. 19 and Oct. 26, and on Halloween. Located at 12716 79th Ave., Roseland. \$5 donation goes to benefit Diabetes Research Center and Robert Hansen Diabetes Charity Fund. idoohair@aol.com.

• **Making Strides Against Breast Cancer Walk,** Riverview Park, Sebastian, 8:30 a.m. A fundraiser for the American Cancer Society. Cost: To be announced. Website: www.sebastianchamber.com.

• **The Vero Beach Theatre Guild presents "Stage Frights,"** 8 p.m. Halloween costume ball benefiting the theater guild and featuring live music, dancing, cash bar, and movie clips. Adults 21 and older only. Cost: \$25 for advance tickets, \$30 at the door, \$5 penalty for no costume. Website: [\[beachtheatreguild.com\]\(http://beachtheatreguild.com\).](http://www.ver-</p>
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• **Auditions for 'Godspell, Jr.:'** 10 a.m., Riverside Children's Theatre, 3280 Riverside Park Drive, Vero Beach. Ages 8 and older. Prepare 16 measures of a musical theatre song and be ready to perform cold readings from the script. Note: this show will travel to the Junior Theatre Festival in Atlanta in January 2014 and cast members are required to attend. No charge to audition. Call (772) 234-8052 or visit www.riversidetheatre.com.

• **Howl-O-Ween Dog Costume Parade and Pet Expo:** 2-5 p.m., DFL Off Leash Dog Park, 1230 16th Ave., Vero Beach. Free to the public. Pawrade starts at 4 p.m. For more information or to exhibit, contact (772) 567-8969 or visit www.dogsforlifevb.org.

• **Austin Erlanger Memorial Scholarship Fund golf tournament:** Held at Indian Hills Golf Course, 1600 S. Third Street, Fort Pierce. 8:30 a.m. shotgun start. \$85 per golfer includes driving range, breakfast, golf, free beer, water, lunch, raffles, more. All proceeds benefit Make The Right Choice. Individuals will be assigned a team. For more information, call Elaine Erlanger at (772) 260-2502.

• **Jack-O-Lantern Monster Run and Walk,** South Beach Park, Vero Beach, 7:30 a.m.

Organized by Christ's Family Fitness Center. Cost: \$15-\$25 based on age and time of registration. Website: www.runnersdepotvb.com.

• **Soccer Shoot:** 9 a.m. to noon, Sebastian soccer field just north of the North County pool. Hosted by the Sebastian Elks Lodge. Open to all children from Sebastian up to age 13, must bring a copy of birth certificate to verify age. For more information, call George at (772) 979-0915.

• **Flu shot clinic:** Two locations. 11 a.m. to 1 p.m., Christ the King Lutheran, 1301 Sebastian Blvd., Sebastian; 11 a.m. to 2 p.m., VNA Hidden Treasures Vero Beach, 656 21st Street, Vero Beach. Medicare, Medicaid and Tri-Care recipients receive free flu shots; bring insurance cards. For more information about VNA services, call (772) 567-5551 or visit www.vnatc.com.

• **Flea market,** The Bensen House, Grant, 8 a.m. The Grant Historical Society will host a flea market at the historic Bensen House. Cost is TBA. Contact phone number: (321) 723-8543.

• **Crown Jewel Marching Band Festival:** 32nd annual event for area high school marching bands, held at Vero Beach High School stadium. Public is welcome to watch as local bands compete. Preliminary rounds run 9 a.m. to 3:30 p.m. Finals begin at 6:45 p.m. Adult tickets are \$12 for combo ticket, \$10 for finals only (youth ticket is \$6 - age 5 and under free). For more information, visit www.crownjewel.verobeach.fl.us.

• **Spoil Island Clean-up:** Join Harbor Branch Friends and guests for a morning of cleanup work on a spoil island in the Indian River Lagoon. Ages 9 and up. Meet at Harbor Branch, 5600 U.S. 1 North, Fort Pierce, for transport at 8:30 a.m.; return by 12:30 p.m. Bring your gloves and water gear, along with a bag lunch for the cooler. Call (772) 242-2559 for information and to

See OUT, B4

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DINING & ENTERTAINMENT

Hundreds gather early to support Healthy Start



More than 300 runners got up before the sunrise Saturday morning for the Beachside Half Marathon to benefit the Indian River County Healthy Start Coalition. The 13.1-mile event started and ended at Riverside Park. Other events followed in the park after the race. For more information go to irhealthystart-coalition.org.

Cliff Partlow/staff photographer

Hundreds of runners make their way across the start/finish line to begin this year's Beachside Half Marathon.



Cliff Partlow/staff photographer

Aileen Trivedi, left, gets her welcome bag and race number from Henrietta Harmon.

From left, Marc McCain, Sherri Hernandez and Matt McCain ran for their church.

Legoland maintains much of the old Cypress Gardens charm

This past weekend my wife, Carol, and I had the immense pleasure of visiting the old Cypress Gardens in Winter Haven.

The park is now called Legoland and it has something to offer for all ages. Upon first entering the park, you are greeted by an array of colorful animal figures made from Lego bricks. In fact, most everything you see is made from colorful Legos throughout the park.

If you have been there when it was Cypress Gardens, you will recognize many of the buildings and landmarks. In the center of the park instead of topiaries and plant gardens, you will find miniature cities all made from Legos. It is highly detailed and amazing to look at. You will need quite a bit of time to explore this part of the park.

As you move deeper into the park, you will see the all-familiar waterfall with all the landscaping just as it was in the old park. The landscaping is amazing with a varied collection of tropical and native plants surrounding the water fall. It is truly an amazing sight.

If you follow the park all the way to the end, you will hit the pot of gold. This is where the original Cypress Gardens botanical garden is located. It is worth the price of admission just to see these gardens. The botanical gardens abound with plant species from both native to varieties from all corners of the globe. The garden paths are clean and the gardens are all well-



GARDEN NOOK
JOE ZELENAK

trimmed and manicured. While on your stroll, be sure to have your picture taken at the historic gazebo. Also, be sure to spend some time at the old Banyan tree that is in the center of the gardens. After leaving the gardens, be sure to see the ski show. Although themed different from the original, it is truly entertaining to see.

Today I want to talk about a couple of the plants that I encountered on the tour that has a very interesting background. The first is a plant called the Traveler's Palm.

The Traveler's Palm (*ravenala madagascariensis*) is actually not a palm at all. This plant is a member of the bird-of-paradise family. In fact, looking at the plant from a distance, it is very difficult to tell them apart. This plant has a very interesting history. Back in the explorer days, this plant actually was a source of water for travelers, hence the name traveler's palm. The stems hold rainwater that can be used as an emergency drinking supply. Each stem can hold as much as a pint of water.

Its huge paddle shaped leaves that indeed have both a tropical and a majestic appearance characterizes the plant. Traveler's Palm is a very easy to grow plant choice and can really offer a

distinct tropical look to any landscape.

The plant requires a fairly sunny location and should be planted so the shape of the plant goes from east to west. I was not able to do that with mine but the plant is still thriving beautifully. They require moderate water but once well-established they are very easy to maintain. The main maintenance issue with this plant would be trimming off the dry and/or broken branches. Although quite hardy, they can be damaged in high winds or hard freeze conditions. My plant has been through both and has recovered every time.

You can fertilize with a high nitrogen fertilizer during the summer growing season if desired. This will help to keep the dark green leaf color and aid in faster plant growth.

These plants are available at many local nurseries.

The next plant I would like to mention is a variety known as the Song of India. The Song of India is a tropical plant that has long narrow leaves that have green centers with a creamy yellow edge. The plant can grow up to four feet high.

This plant is often used as an indoor tropical but can also be planted outdoors in a tropical garden or on a deck or patio in a pot. Song of India requires bright light but will burn if placed in all day direct sun. The plant is easy to grow and only requires small amounts of water. They do not like their feet to be soaking wet. Since the plant loves humidity, it

grows quite well in our area. This plant is widely available at many local nurseries.

Joe Zelenak has more than 30 years experience in gardening and landscape. Send e-mails to hometown-garden@gmail.com or visit his Web site www.hometowngarden.com.

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Touch a Truck a success for Childcare Resources

Nearly 50 trucks, including fire trucks, wreckers, semi-tractor trailers and more, filled the Indian River County Fairgrounds Saturday for the Fifth Annual Touch a Truck Family Festival to benefit Childcare Resources of Indian River County. Children were also treated to a petting zoo from Carousel Party Acres, face painting, bounce houses, arts and crafts and lots of fun children's activities. All of the proceeds goes to help working families get good quality childcare and programs to prevent child abuse. For more information, visit Childcareresourcesir.org, or call (772) 567-3202.



Cliff Partlow/staff photographer
One-year-old Austin Hollander show his dad Sean how easy it is to drive a Publix semi-tractor trailer.



Cliff Partlow/staff photographer
Zoey Hollander, 4, hops in the saddle for a horseback ride.



Cliff Partlow/staff photographer

Nevaeh Bogart, 3, of Vero Beach, gets to pet a baby chick.



Cliff Partlow/staff photographer
Two-year-old Ben Malik takes it slow when petting a donkey.



Two-year-old Carter Peyton found you get a fire hat just for sitting in the seat.
Cliff Partlow
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Whimsical

From page B1

the musical talents individually and for their audiences.

The Treasure Coast Youth Symphony operates on funding through perform-

ance revenue, private contributions, and orchestra member dues. For 26 years, the Treasure Coast Youth Symphony has provided performance opportunities and scholarships to young musicians of the Treasure Coast.

At the end of the 2012-13

season, the Treasure Coast Youth Symphony awarded \$12,000 in scholarships to member musicians.

For more information about the concerts or the orchestra, visit the Treasure Coast Youth Symphony website at www.treasurecoastyouthsymphony.org.

Out

From page B2

reserve a seat on the boat.
• **Art show**, Sebastian River Art Club clubhouse, Sebastian, 10 a.m. Clubhouse by the Sebastian River Art Club. Cost:

Free. Website: www.artcenter-srac.blogspot.com.

• **Family fun day**, Indian River County Fairgrounds, Vero Beach, 8 p.m. A fundraiser for a local All-Star Cheer gym's trip to Georgia for a Cheer competition. Cost: To be announced. Website: www.sebastianchamber.com.

• **Star party**, Sebastian Inlet State Park, Sebastian, 7:30 p.m. The Indian River Astronomy Society will host a stargazing party at the day use area 0.5 miles south of the bridge, weather and clouds permitting. Telescopes will be provided, or

See **OUT, B5**

Night time run taking place Dec. 6

For Hometown News
NewsFP@hometownnewsol.com

VERO BEACH — The Holiday Rec Run...3296-GO!, the first-ever city "night" run, will be held on Friday, Dec. 6 beginning at 6 p.m.

The two-mile timed run will begin at the entrance to Royal Palm Pointe on the corner of Indian River Boulevard in Vero Beach.

Runners will proceed through Vero Isles, through side streets and Young Park before returning to the finish line.

Sponsored by Girard Equipment, the run will be held in conjunction with the Holiday Rec Party, which will be held down the street by the Fountains at Royal Palm Pointe from 5:30-9 p.m. the same evening. Dr. John Michael Sarbak-Plastic Surgery and All Aboard America are the Presenting Sponsors of the party.

The entry fee is \$25 in

advance or \$30 on race day. Event T-shirts will be available to the first 150 who pre-register and all runners will have a choice of wearing a glow necklace, bracelet or stick. Goodie bags are donated by CenterState Bank. T-shirts are underwritten by Embroider Me and glow products underwritten by Donadio & Associates

"We plan on making this event not only a good race through a brand new route we expect it to be a lot of fun for all who participate," said John Sammartano, race director.

Joe Tessier of DJandDanceProductions.com will be on hand to rev the runners up with great music and a colorful light show. Runner's Depot of Vero Beach is managing the event.

Awards will be given for the overall male and female winners and First through Third places (male and female) in the following age

groups: 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79 and 80+ . The awards ceremony will be held following the conclusion of the Run from the Main Stage in the Holiday Rec Party.

Entry fees cannot be refunded and pre-registration is encouraged. For safety reasons, no dogs, headsets, roller-blades or baby strollers will be allowed. Be alert to possible road and traffic hazards along the course. Race packets will be available for pick up Friday, Dec. 6 from 10 a.m. to 3 p.m. at Runner's Depot of Vero Beach (located in the Miracle Mile Plaza), 436 21st Street, Vero Beach or at the registration table at the start of the race beginning at 5 p.m.

Checks should be made to the City of Vero Beach Recreation Department. Please include your name, address, city, state, zip, phone, age, gender, shirt size and email address and



Photo courtesy of Paris Productions

Organizers of the Holiday Rec Run, from left: Rob Slezak, Tim Gerard, Tammy Volk, Shari and Joe Tessier and John Sammartano.

drop off or mail to Runner's Depot.

Participants under age 18 will need a parental signature.

For more information contact John Sammartano at (772) 321-6003 or email John@JASfitness.com or Rob Slezak at (772) 567-

2144 or email Rslezak@covb.org. Race forms may be downloaded by visiting the website at www.covb.org.

Nonprofit, theatre partner for the annual dancing event

For Hometown News
NewsFP@hometownnewsol.com

INDIAN RIVER COUNTY — The Indian River County Healthy Start Coalition and Riverside Theatre are partnering to present the sixth annual Dancing with Vero's Stars. It will be held at the theatre on Saturday, May 10, as one of the final events of the 2014 social season.

"Our partnership with Riverside Theatre was a win-win for both of our non-profit organizations last season, and we are all looking forward to our new cast of dancers and instructors as we move forward with our plans" said Kathie Cain, executive director of IRC Healthy Start Coalition.

"One of our missions is to assist in the personal development of the individual child through performance and education," said Jon Moses, Riverside Theatre's managing director. "Being able to produce this amazing event for the community was

an honor for us. Our production staff has been putting together ideas since the dancing show closed our season in May, so we can all look forward to an even better experience this go around."

The event, chaired by Cheryl Gerstner and Laura Guttridge, both star dancers in previous competitions, will once again offer an evening of tempting tangos, sizzling salsas and jiving jitterbugs, along with some new or unexpected twists and surprises. It will be performed by ten local stars matched with professional dance instructors. The event will also showcase the dancers during a new style Red Carpet arrival, an entertaining cocktail party and silent auction.

Star dancers, paired with their instructors, will train for 20 hours over several months and gather community votes in advance of the evening on the website, www.Dancingwithverostars.com (now under construction) and



Gathered together by the grand piano in Riverside Theatre's lobby are, from left: Brenda Lloyd, Star Dancer Liaison; Laura Guttridge, event co-chairwoman; Jon Moses, Riverside's managing director; Patti Rooney, Riverside's controller; Cheryl Gerstner, event co-chairwoman; and Kathie Cain, director-IRC Healthy Start Coalition.

Photo courtesy of Paris Productions

then later at the dance competition itself. Each dollar raised will equate to a vote for the dancer. All dancers will be judged on 50 percent money raised for Healthy

Start Coalition and 50 percent based on their dancing skills. The official announcement of the 2014 star dancers paired with their professional dance instructors will be

made in mid-November following the official Meet and Greet mixer.

Contact the Indian River County Healthy Start Coalition at (772) 563-9118 for sponsorship availabilities.

For more information, call Beverly S. Paris at (772) 234-4412 or emailparisproductions@bellsouth.net.

Out

From page B5

• Emerson Center Humanities Series: 7 p.m., Emerson

Center, 1590 27th Ave., Vero Beach. Susan Fernandez, Ph.D., will give a presentation on "Sunshine in the Dark: Florida in the Movies." Free admission, first-come, first-served. For more information, call (772)

778-5249 or visit <http://theemersoncenter.org/humanities.asp>.

• Concerts in the Park: 5-7 p.m., Vero Beach Museum of Art, 3001 Riverside Park Drive, Vero Beach. Featuring the Don

Soledad Group in the Sculpture Park. Admission is \$10 for members and \$12 for non-members. For more information, visit www.verobeachmuseum.org.

• Adoption Orientation

Session: 5:15 p.m., hosted by Children's Home Society at the Early Learning Coalition of St. Lucie County, 804 S. Sixth Street, Fort Pierce. Free open-house style orientation will give an overview of foster care

adoption and answer questions related to adoption and CHS' adoption process. To RSVP or for more information, contact the CHS adoption information line at (772) 429-2001.

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730 Manufactured Homes for Sale

735 Out of Area for Sale

CAVENDER CREEK Cabins Dahlonega, GA Gas too high? Spend your vacation week in the North Georgia Mtns! Ask about our weekly Free night special!

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735 Out of Area for Sale

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805 Apartments/Condos for Rent

805 Apartments/Condos for Rent

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915 Automobiles

MERCEDES BENZ '74, 450 SLC, 74K miles, 2-door coupe, electric sunroof, all original. Call 772-569-4937 or 305-298-3422

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