

INSIDE

Need to know

New pool hours

The Gifford Aquatic Center will have new back to school hours. The hours are as follows: Mondays-Closed; Tuesday-Sunday noon-5 p.m. They will be closing for the summer Sept. 30, 2013.

For more information, call the Gifford Aquatic Center at (772) 770-5312.

Saltwater License-Free Fishing Day

There will be a saltwater license-free fishing day on Sept. 1. On this day, Florida residents and visitors can experience Florida's unique saltwater fishing opportunities first hand without being required to have a recreational saltwater fishing license.

License-free fishing days, including freshwater days, were held earlier this year on April 13 and June 8 for freshwater and June 1 for saltwater. The Florida Fish and Wildlife Conservation Commission will consider adding four additional license-free fishing days to the calendar at the Sept. 5 meeting in Pensacola. If approved, there will be two more saltwater and two more freshwater license-free fishing days before the end of 2013. All other regulations still apply.

An annual license for residents can be purchased at (888) FISH-Florida or at License.MyFWC.com. All fishing license fees are used to support Florida

See **KNOW, A3**

ENTERTAINMENT B1

WINE AND DINE



Local chefs gather at McKee Botanical Gardens for culinary classes

GOLF B6

PROTECT YOUR EYES



The importance of investing in sunglasses.

WEEKEND WEATHER



Friday: Partly cloudy; high: 91; low: 73; high tide: 4:00 a.m.; low tide: 10:31 a.m.
Saturday: Partly cloudy, chance of storms; high: 90; low: 73; high tide: 5:00 a.m.; low tide: 11:25 a.m.
Sunday: Partly cloudy; high: 90; low: 75; high tide: 5:56 a.m.; low tide: 12:13 p.m.
Weather courtesy of www.weather.com

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Public hearing on rental rules set for Sept. 3

By Jessica Creagan
jtuggle@hometownnewsol.com

VERO BEACH — Renting rules in the Vero Beach city limits are under review and the city council has set a public hearing to hear from the community on Sept. 3.

Short-term residential home rental regulations, as well as regulations for boardinghouses, were discussed during the Aug. 20

city council meeting and during the code enforcement board meeting on Aug. 14.

Tim McGarry, the city planning director, prepared a draft ordinance to define boarding houses, community residential homes, dwelling units, family and multi-family residential structure and rooming houses.

See **RENTAL, A3**

County offers cash for tips leading to arrest

Seeks information about vandalism to county property

By Jessica Creagan
jtuggle@hometownnewsol.com

INDIAN RIVER COUNTY — For the first time, Indian River County officials are offering a monetary reward for information leading to the arrest and conviction for vandalism on county property this spring

and summer.

Earlier this month, county administration released a notice that up to \$10,000 in rewards would be paid by the county to any individual providing original information about one or more of the seven offenses

See **REWARD, A3**



Taking names and saving lives



Cliff Partlow/staff photographer

Lt. Maureen McDevit, a 25-year-veteran paramedic firefighter, helps retrieve a rescue dummy in a stokes-basket from the rocks on north jetty.

Members of the Brevard Fire Rescue and Ocean Rescue gathered at the Sebastian Inlet State Park Friday, Aug. 23 for Ocean Rescue training for the southern-most stations on SR A1A Station 64 and 65. More on A7.



Cliff Partlow/staff photographer

Lt. Maureen McDevit steadies the basket and hangs on as waves crash on the jetty rocks.

Vero Beach officer tapped for Fellsmere police chief

By Jessica Creagan
jtuggle@hometownnewsol.com

INDIAN RIVER COUNTY — When retiring Fellsmere Police Chief Scott Melanson began talking about retirement with City Manager Jason Nunemaker, he suggested Capt. Keith Touchberry of the Vero Beach Police Department as someone to take over the department, and that's exactly what will happen on Sept. 25.

Mr. Nunemaker announced two weeks ago that he hired Capt. Touchberry to serve as police chief after Chief Melanson, who served as chief for seven years and was on the force for 19 years.

When Mr. Nunemaker spoke with Capt. Touchberry, he knew he had a

quality candidate and didn't advertise the position as open. N u n e m a k e r said.

"He had everything I was looking for; experience, shared philosophies on policing and to add to all that, he was local," Mr. Nunemaker said.

Capt. Touchberry, who has 24



Keith Touchberry



Scott Melanson

years of law enforcement experience, has lived just outside of Fellsmere for more than 10 years and already is familiar with some of the businesses in the city, he said.

"He's bringing a vast amount of experience and he's going to hit the ground running," Mr. Nunemaker said.

Vero Beach Police Chief David Curry said to his knowledge Capt. Touchberry is the first Vero Beach Police Officer to leave the department to go straight to a police chief position.

"He's readied himself very well and we're very happy for him and proud of him," Chief Curry said.

During his time at the Vero Beach Police Department, Capt. Touchberry has risen through the

See **CHIEF, A3**

Student requests new conditional land use for urban gardens

By Jessica Creagan
jtuggle@hometownnewsol.com

VERO BEACH — Many students at age 17 have their sights set on graduation and enjoying their senior year to its fullest potential with academic honors, sports activities, trips or parties, but Will Tremml, hopes his senior year will involve a lot of dirt under his fingernails.

Will, a senior at Saint Edwards School in Vero Beach and an Eagle Scout, appeared before the Vero Beach City Council last week in response to an anonymous complaint from someone using an out-of-county phone number about a veg-



Will Tremml

etable garden he and others were cultivating and harvesting in the empty lot belonging to his mother in

See **GARDENS, A3**



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Individualized treatment with a personal healing touch

With more than two decades in the healthcare field in Indian River County, Dr. Giorgio G. Res brings his specialized training in three different areas of personal health together in one convenient location — Active Lifestyles Wellness and Performance Center. The only known chiropractor in the area that is also a physical therapist, Dr. Res has been able to offer his unique treatment of musculoskeletal issues in a professional, one-on-one setting for more than seven years. With his dedicated skills, the center offers physical therapy, chiropractic care and nutritional counseling to clients looking to improve their well-being and physical health.

Dr. Res believes achieving optimum health and maintaining that health is a choice that many want to make, but they're not sure how to begin. At Active Lifestyles Wellness and Performance Center, he has established a different experience, unlike a regular doctor's office, where a person might only have a few minutes of the actual doctor's time before having their information handed off to a different person to finish the visit.

Dr. Res enjoys spending time with his clients, and takes pride in handling everything personally. He does this by maintaining a low-volume practice, which gives the clients the face-to-face time they need to have their questions answered by someone who wants to sit and talk with them, then tailor the treatment to meet their specific needs. His hands-on methods have proven to be the answer to many clients' healthcare needs.

But Dr. Res' practice goes one step further, and also offers nutrition counseling and supplementation. This avenue of wellness helps some clients become less dependent on their medicine, while showing others how to optimize their performance in sports and other activities. With a firm belief that the majority of diseases and some cancers are preventable by just having a good nutritional diet, Active Lifestyles Wellness & Performance Center is the place to learn how you're client can use nutrition to allow the body to heal itself.

According to Dr. Res, "the most important thing I give them in this office is knowledge." He strives to not only help clients with their issues, but teach them how to stay healthy by offering a series of classes and workshops addressing a multitude of issues from weight loss to detoxification of the body. His certification in sports and conditioning, in addition to his personal commitment to exercise, means that Active Lifestyles Wellness & Performance Center has the sports-specific knowledge necessary to get someone in the best shape of their life.

An increased knowledge of nutrition and exercise, combined with a variety of non-surgical treatments for physical ailments, is the wave of the future of healthcare. And it can all be found at Active Lifestyles Wellness & Performance Center.

Active Lifestyles Wellness & Performance Center is located at 1715 37th Place in Vero Beach. They are open from 8 a.m. to 5 p.m. Monday through Friday. For more information, call (772) 978-7379 or go online to www.activelifestylesvb.com or www.activevero.com.

Campus to become smoke free

For Hometown News
NewsFP@hometownnewsol.com

INDIAN RIVER COUNTY — Beginning Sept. 1, The Senior Resource Association will become a tobacco/smoke free campus at their Vero Beach and Sebastian locations in accordance with the Tobacco Free Partnership of Indian River County.

Tobacco related diseases are the leading cause of death in Florida. Both smokers and nonsmokers are affected. Toxins in second-hand smoke can cause heart

disease and lung cancer in nonsmokers. Breathing secondhand smoke has an immediate effect on blood vessels, potentially increasing the risk of a heart attack. Everyone, even smokers benefit when businesses become tobacco/smoke free.

“We decided to make our organization a tobacco and smoke-free campus to provide a healthy environment for our clients and staff,” said Karen Deigl, president and CEO of the Senior Resource Association.

Tobacco-free policies create a safer, cleaner, and more

productive workplace. Healthier workers miss less work, are more productive, and their health care costs are less.

Adopting a tobacco/smoke free policy does not mean that smokers are required to quit or are not welcome employees.

On the contrary, many smokers also embrace a smoke-free environment and find it encourages them to cut back or quit.

Employees interested in stopping smoking will be supported by the SRA and the Florida Quit Line and can

call (877) 822-6669 for assistance or speak to the SRA Human Resource Director at (772) 469-2053 for further information.

The Tobacco Free Partnership is available to assist businesses and organizations who wish to strengthen or implement a tobacco free policy in the workplace.

To learn more about Tobacco Free Partnership of Indian River County, visit www.tfp-indianriver.org or to learn more about

Quit Doc Research and Education Foundation, visit www.qdref.org/index.html.

Rental

From page A1

Enforcing the current boarding house regulations is difficult because of modern household relationships, and the biological relationships between people are how familial relationships are defined, Mr. McGarry said in the backup material to council.

Members of the public came to the podium to speak of their concerns with boarding houses in their neighborhood and how it elevated crime and the presence of many vehicles was detrimental to property values.

Navigating the ins and

outs of the ordinance can be difficult because of the variety of types of families and friends that are living together these days, said Vice Mayor Tracy Carroll.

With the close proximity of Indian River State College, Vice Mayor Carroll said she didn't want to harm the student body that rely on roommates living together to help pay bills and such.

When a homeowner rents any partial room or suite to someone, or more than one room or suite, or if more than one lease involved, that would be considered a boarding house under the clarified ordinance, Mr. McGarry said.

A separate, but related ordinance was also brought

to the attention of the council regarding parking of vehicles in residential areas, specifically addressing the concerns of multiple cars at boardinghouses, but which would affect all residents.

Council directed that the ordinance be sent back to the planning and zoning board for approval before coming back to the city council in a meeting.

Short-term rentals, historically defined by the state as rental agreements of less than 30 days, have been a hot topic as well this summer, with Vice Mayor Carroll and her husband John, being questioned as to the legality of their rental homes.

The code enforcement

board voted 3-2 on Aug. 14 that the Carrolls did not violate city code for renting out a home on city property for lengths of less than 30 days, after they appealed a citation for the property.

Members of the public spoke out against the short term rentals saying it would change the landscape of what Vero Beach is known for, a small, family-oriented seaside town, should they be allowed.

Mr. McGarry said Indian River County was faced with a similar decision last year and allowed short-term rentals.

For more information about Vero Beach City Council meetings or to view agendas, visit www.covb.org.

Reward

From page A1

that occurred from May to July, specifically information that would lead to an arrest and felony conviction.

Mike Zito, assistant county administrator, said the county has never before offered rewards for information about vandalism, but made an exception in this case because of one particular incident that was extremely serious.

“This was done primarily in response to the hydrant incident which was an attempt to cripple the county's water service system which could have very seri-

ous consequences to the public at large,” Mr. Zito said in an email interview.

“If not for the quick response of our utilities department and (County Administrator) Joe Baird's direct supervision, the county would have incurred substantial damage to the system,” he said.

On June 16, 17 hydrants were opened in various places in the county and an estimated 1.2 million gallons of water were spilled out onto the streets.

Minor crimes are committed against county property on occasion, but the amount this year has been unprecedented, Mr. Zito said.

The county is self-insured

and maintains a risk fund, which is where the money for the rewards will come from should anyone come forward, he said.

The following vandalism incidents were listed as potential for reward:

- Broken windshield of a county truck at South County Park on or about May 22
- Missing manhole cover located south of 4221 24th Avenue on or about June 16
- Open fire hydrants at various locations across the county on or about June 16
- Damage to restrooms at South County Park on or about June 16 and July 8
- Stolen batteries and cables from vehicles at the Fleet Maintenance storage

facility on or about June 18

- Damage to benches at Wabasso Causeway Park on or about June 18

- Stolen wheels from a county vehicle parked at the county administration building on or about June 25.

To share information, contact the Treasure Coast Crime Stoppers at (800) 273-8477, text “tip151 plus your tip” to 274637, or online at www.tcwatch.org. Or call the Indian River County Sheriff's Office tip line at (772) 778-0000.

Chief

From page A1

ranks and also pursued academic opportunities, including completing a master's degree program in

criminal justice from the University of Central Florida.

Something that will help Capt. Touchberry during his transition to police chief will be to listen to those on staff and learn how every-

thing works right now, instead of just coming in and making sweeping changes, Chief Curry said.

Capt. Touchberry will be overseeing 10 full time employees at the Fellsmere Police Department.

Gardens

From page A1

his Central Beach neighborhood.

A city code enforcement officer explained to him that gardens in empty residential lots are not specifically permitted in the neighborhood's zone, which puts it outside of what the law allows, essentially making the garden unlawful, Will said.

Having about a month to prepare his remarks before council, Will presented them with a sample ordinance from Ithaca, N. Y., that allows for urban gardening.

Students at Cornell University in Ithaca have been a proponent of urban gardening, which is one of the reasons Ithaca has the ordinance in place, Will said.

He cited a study that demonstrated property values increase nine percent when they are within 1,000-feet of a garden, and showed large photographs contrasting his garden in full bloom to another empty lot in the same neighborhood.

The city council was supportive of Will's presentation and directed City Manager Jim O'Connor to work with the planning and zoning board to develop a conditional land use to allow gardens like Will's to be created.

The neighbors in the community have not given Will or his family any indication that they are upset with the garden being near their homes, or with the activity it generates occasionally. One of the neighbors is Vice Mayor Tracy Carroll, who

“Most kids really haven't been exposed to gardens, and at first, they seem to think its like broccoli.”

Will Tremml St. Edwards student

encouraged Will to bring his information about urban gardening to the council.

While city staff and the planning and zoning board are discussing a possible conditional land use and permitting system for urban gardens, Will is free to continue gardening, and planting season will begin in mid-September, he said.

Gardening is a hobby that Will is passionate about and has turned into a larger project to help the less fortunate in the community.

Together with other students from his school, Will has formed a community service project called Intercoastal Farms, and the fresh food that is grown in the garden is taken to local soup kitchens and homeless shelters for clients and residents to consume.

The “Intercoastal” part of the name is quite apt as the lot is located quite near to the Intercoastal Waterway.

This past harvest season, more than 75 pounds of lettuce and carrots and other fruits and vegetables were distributed to places like the Homeless Family Shelter in Vero Beach, Will said.

Since January, about 35 volunteers have put in more than 450 community service hours to make the garden a success, he said.

“Most kids really haven't been exposed to gardens,

and at first, they seem to think its like broccoli,” Will said.

“They think ‘Oh, that's something old people like to do,’ but then they get into it and they find it's a great way to blow off some steam, it's good for their health and they come back,” he said.

The garden, grown in raised beds, hasn't been all sunshine and roses, but rather a series of challenges that took planning and some elbow grease to get through, Will said.

Being located on the island, there is a lot of sand and salt to deal with and the pH levels have to be monitored for good growth to occur. Finding ways to irrigate everything was another learning experience for Will and the volunteers.

Though many of the volunteers have come from Will's fellow student population at Saint Edwards School, a new branch may soon be popping up at Vero Beach High School, Will said.

“We've had a lot of interest and people are excited about it,” he said.

For more information about Intercoastal Farms, visit the Facebook group page at www.facebook.com/groups/240797866055204.

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From page A1

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For fishing tips, locations and rules, visit MyFWC.com/Fishing.

Correction

INDIAN RIVER COUNTY — In the article titled “Florida to be celebrated in film with symphony” in the Aug. 23 issues, a source's name was incorrectly included. The Brevard filmmaker that created the artistic documentary film, “The Florida Suite” is Jeff Thompson. Hometown News regrets any confusion the error may have caused.

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Annual half-marathon taking place Oct. 3

Reduced half marathon registration fee increases Sept. 1.

For Hometown News
NewsFP@hometownnewsol.com

INDIAN RIVER COUNTY — It's the last chance to register for the Beachside Half Marathon set for Oct. 12 at the \$55 reduced registration fee. The cost will increase to \$65 on Sept. 1 and will increase to \$75 on Oct. 3.

Proceeds benefit Indian River County Healthy Start Coalition.

The 13.1 USATF certified race begins at 7 a.m. at Riverside Park, 3001 Riverside Park Drive, Vero Beach. Registration is at 6 a.m. with an energetic warm up led by CrossFit Vero Beach at 6:30 a.m.

All race participants will receive a long sleeve tech shirt and will enjoy a pancake breakfast following the run. Gold Sponsor is Marine Bank and Trust Co. Bronze Sponsors are Vero Insurance and Vero Insurance.

"If the pre-registrations thus far are any indication, we should have more runners than ever this year," said Georgia Irish, committee chairwoman. "We're way ahead of pace over last year."

Online registration is available at www.beachsidehalfmarathon.org. For more information, call (772) 563-9118 or email events@irchealthystart.org.

Bridal Expo seeks vendors

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — Exhibitor spaces are available for wedding businesses interested in exhibiting their products and/or services to future brides at the 2013 Treasure Coast Bridal Expo and Fashion Show scheduled for Sept. 29.

The Bridal Expo, sponsored by Springhill Suites by Marriott, will begin at 1p.m. at the Vero Beach Community Center located in downtown Vero Beach, 2266 14th Avenue.

The Fashion Show will

start at 3 p.m. at the Heritage Center, 2140 14th Avenue and is sponsored by Bridal Suite South and Cardita Formal Wear.

Cost of booth space starts at \$195.

The Treasure Coast Bridal Expo and Fashion Show is an excellent opportunity for local businesses focused on wedding planning, products or services to gain exposure to future brides. To make their wedding day perfect, brides-to-be look for caterers, bakeries, florists, jewelers, photographers, hair and make-up salons, bridal consultants,

printers, disc jockeys and travel agencies as they plan their special day.

Future brides can pre-register for the event by going to www.veroheritage.org and filling out the requested information. Admission to the event is \$10 per person.

All proceeds from the Treasure Coast Bridal Expo and Fashion Show will benefit Vero Heritage, the non-profit organization that operates and maintains the Vero Heritage Center, a national landmark facility built in 1935, listed on the National Register of His-

toric Places and a popular Treasure Coast wedding venue.

Any wedding business interested in participating in the brides-to-be "gift bag" promotion can call Julie Poteat at (772) 633-7011 or email jpoteat@vbpd.org for more information.

Potential exhibitors can reserve an eight-foot table with chairs by downloading an application form at www.veroheritage.org or by calling the Heritage Center at (772) 770-2263, Tuesday through Friday 10 a.m.- 4 p.m.

Professor receives excellence award

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — Gale Cohen, Professor of Human Services for Indian River State College, was presented with the Anne R. Snyder Department Chair Excellence Award by IRSC president, Dr. Edwin Massey.

Dr. Cohen has served as Chair of the IRSC Human Services Department for 20 years, always striving to create a superior learning environment.

She spearheaded design



Gale Cohen

and implementation of the College's highly successful

Bachelor's Degree program in Human Services, which has doubled in size in the past four years.

Dr. Cohen is consistently supportive of students and faculty members, providing guidance and leadership to over 350 students and 18 full-time and adjunct faculty members.

Dr. Cohen joined the IRSC faculty in 1989. She holds a Bachelor's Degree from Fairleigh Dickinson University, Master's Degree from Florida Atlantic University and Doctorate from Nova Southeastern Univer-

sity.

The Anne R. Snyder Department Chair Excellence Award is presented annually at the College's endowed teaching chair faculty meeting. IRSC faculty members submit nominations for department chairs who have demonstrated outstanding leadership, contributed toward the college mission, demonstrated educational innovation and commitment to student success.

For more information, call (866) 792-4772.

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• The GFWC Treasure Coast Women meet the first Monday of each month at the Community Center, 2266 14th Ave., at 7 p.m. Women over 18 are welcome. This is a community service volunteer organization and that promotes fellowship among women. For more information, visit www.gfwctreasurecoastwomen.org.
• Exchange Club of Indian River meets Wednesdays from noon-1 p.m. at Culinary Capers, 737 22nd Street, Vero Beach. This civic club is a group of men and women working together to make the community a better place to live. For more information, call (772) 532-4398, email bluewateropen@gmail.com, or visit www.exchangeclubofindianriver.org and www.bluewateropen.org.
• The Sebastian Fishin' Chic's meet the last Thursday of the month, at the Sebastian Entertainment Center. For more information, call Michelle Barkley, at (772) 473-9462, Kristen Beck, at (772) 794-9900, or Karen Herndon, at (772) 633-2043.
• The Mental Health Association in Indian River County bipolar support group will meet at the Mental Health Association offices at 777 37th St., Suite D-105, Vero Beach, on the second and fourth Wednesdays of each

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Nonprofit announces award nominee

For Hometown News
NewsFP@hometownnewsol.com

INDIAN RIVER COUNTY — The Gifford Youth Activity Center announced that Jeffrey L. Susi as the 2013 Dan K. Richardson Humanitarian Award honoree.

Mr. Susi, president and CEO of Indian River Medical Center, will receive the award at a celebration Nov. 4 at The Moorings Club in Vero Beach.

The event begins at 5:30 p.m. with a social hour followed by dinner and music from the Gifford Youth Orchestra. Tickets are \$200 per person and can be reserved by sending a check to Gifford Youth Activity Center.

The Dan K. Richardson Humanitarian Award was established seven years ago by the Gifford Youth Activity Center Board of Directors to



Jeffrey L. Susi

honor the leadership role Mr. Richardson played as a founder of GYAC and numerous other charitable endeavors.

The award is presented to citizens who have distinguished themselves through their commitment to improving the welfare and happiness of all people who live and work in Indian River County.

Joining the medical center in 1998, Mr. Susi's vision and leadership has been the driving force behind the transformation of Indian River Medical Center from a good community hospital to an outstanding, top-quality medical center affiliated with Duke Medicine for heart and cancer care services.

Under his direction, since 2005, the medical center has completed a \$105-million master facility plan including a state-of-the-art ER; a heart center consistently rated one of the top cardiac surgery programs in America; a sur-

See AWARD, A5

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Police report

Editor's note: This is a list of arrests, not convictions, and all arrestees are presumed innocent unless or until proven guilty in a court of law.

Arrests listed were made from Aug. 16 to Aug. 20, 2013

Sebastian Police Department

• James Walter Lutz, 33, 1101 Turtle Run Drive, Apt. 203, Sebastian, was charged with battery on a law enforcement officer and misdemeanor charges of driving under the influence and driving while license suspended.

• John Daniel McAlhany, 52, 465 Fleming St., Sebastian, was

charged with domestic violence aggravated assault.

Indian River County Sheriff's Office

• Anthony Gene Cooper, 43, 4465 25th Ave., Vero Beach, was charged with possession of a controlled substance and misdemeanor charges of possession of cannabis and driving while license suspended with knowledge.

• Jamichael M. Harris, 23, 3933 44th Lane, Vero Beach, was charged with driving with a suspended license, habitual offender.

• Tony Samuel Nettles, 19, 2143 Old Dixie Highway S.E., Vero Beach, was charged with violation of probation and aggravated battery. He was on probation for deal-

ing in stolen property.

• Tracey Lerone Norris, 47, 3820 44th Place, Vero Beach, was charged with aggravated battery with great bodily harm.

• Damien Robert Wells, 25, 4243 38th Court, Vero Beach, was charged with introduction of contraband into a detention facility and misdemeanor charges of possession of marijuana and domestic violence battery.

• Jamaia Lanfoun Smith, 22, 244 16th Place Southwest, Vero Beach, was charged with domestic violence aggravated battery.

• William James Boyer, 51, 655 63rd Ave., Vero Beach, was charged with grand theft and a misdemeanor charge of battery.

• David Harold Reed, 30, 5210 94th Place, Sebastian, was charged with battery of an emergency medical care provider.

• Russell Charles Ash, 47, 2711 Williston Drive, Lakeland, was charged with violation of probation. He was on probation for grand theft.

• Jeremy McCrae Carroll, 31, 1365 26th Ave., Southwest, Vero Beach, was charged with grand

theft.

• Kaitlyn Ashley Hunt, 19, 231 Stony Point Drive, Sebastian, was charged with two counts of lewd and lascivious battery on a child, between 12 and 16.

• Mark Edward Karpinski, 62, 13400 80th Ave., Sebastian, was charged with dealing in stolen property and a misdemeanor charge of failure to include required information on a transaction form.

• Michael Daniel Kelly, 32, 196 Delia Ave., Palm Bay, was charged with aggravated assault with a deadly weapon.

• Jesse Tracy Eugene Parker, 25, 4989 Avenianda Ave., Fort Pierce, was charged with domestic violence aggravated assault and misdemeanor charges of violation of an injunction for protec-

tion and possession of marijuana.

• Carla Nancy Salvati, 23, 643 Roseland Road, Sebastian, was charged with violation of probation. She was on probation for communications fraud and dealing in stolen property.

• Tiffany Leigh Setty, 23, 2888 Seventh St. S.W., Apt. 5, Vero Beach, was charged with dealing in stolen property.

• Cody Douglas Hewitt, 26, 7750 97th Ave., Vero Beach, was charged with two counts of violation of probation. He was on probation for three counts of third-degree grand theft, possession of burglary tools and two counts of criminal mischief.

• Angela Denise Meraz, 40, 1441 U.S. 1, Sebastian, was charged with sale or delivery of cocaine.

If you have information about a crime, call Treasure Coast Crimestoppers at (800) 273-TIPS.

Bail revoked for older teen in teen sex case

By Jessica Creagan
juggle@hometownnewsol.com

INDIAN RIVER COUNTY — A judge ordered jail time for an older teen in a teen sex case after a courtroom hearing where evidence pointed to violation of a pre-trial order.

On Aug. 20, Circuit Judge Robert Pegg said Kaitlyn Hunt, 19, was to be held in

jail without bail until her trial in light of evidence indicating she had contact with the victim in her teen sex case after she was instructed not to have contact at all.

Ms. Hunt was originally arrested and charged earlier this year at age 18 with lewd and lascivious battery on a minor, a then 14-year-old girl, but a new charge has

been filed after the court order violation, a felony charge of transmitting material harmful to a minor by electronic equipment. During the



Kaitlyn Hunt

court hearing, an investigator from the Indian River County Sheriff's Office testified that Ms. Hunt had nearly daily contact with the victim since March, mostly through close to 20,000 text messages sent to an iPod Touch Ms. Hunt gave to the victim.

Investigator Jeremy Hunt said Ms. Hunt also had physical contact with the

victim and sent sexually graphic photos and videos of herself to the victim after the no contact order was issued.

In his testimony, Investigator Hunt said while some of the texts were normal conversation, there was also conversation about the case and Ms. Hunt asked the victim to lie for her benefit to investigators.

Ms. Hunt had been out of jail on bail, and her defense attorney, Julia Graves, asked that instead of being held in jail until the trial she be placed under house arrest with prohibitions against electronic communication devices, but Judge Pegg denied her request.

Ms. Hunt's arraignment for the new charge was scheduled for Sept. 23.

Algae growth crippling Indian River Lagoon system

By Estella R. Fullmer
For Hometown News

EDGEWATER — The St. Johns River Water Management District updated area residents Wednesday, Aug. 21, on efforts to combat environmental problems in Indian River Lagoon, Mosquito Lagoon and Banana River Lagoon.

About 45 concerned citizens attended the meeting at Edgewater City Hall.

William J. Tredik led off the seminar with an overview of the condition of the various lagoons in Volusia and Brevard Counties. The Indian River Lagoon, Banana River Lagoon and the Jupiter Inlet Lagoon have all been declared "impaired." The district has found evidence the plant, fish and animal life in those areas is declining and will likely not be able to restore balance to the eco-system on its own.

"Man has created some of the problem and it took a long time to get to this state," Mr. Tredik said. "It is going to take a while to get it back."

He pointed out there were more places in the barrier islands to allow the sea into the lagoon to flush out the toxins, but with the development of the islands and closing up of some of the inlets during the past 80 years, there is less natural flushing.

The problem, explained Troy Rice, director of the Indian River Lagoon National Estuary Program, is the nitrogen and phosphorous levels build up in the water. As those levels build and with drier weather conditions, the water becomes the perfect environment for blue-green algae to bloom. Perfect conditions have caused some algal "superblooms" recently and when the blue-green algae dies off, it leaves a by-product that is perfect for brown-tide algae to bloom and that makes the water murky and interferes with the sea grass growth on the bottom.

The sea grass is vital to the lagoon's eco-system. It provides a habitat for fish, oysters and clams, and manatees feed off the sea grass. When it dies out, the wildlife moves to a new area and the entire balance of the lagoon is thrown off, according to Mr. Rice.

In 2011, an algal "superbloom" spread across much of the northern Indian River Lagoon while at the same time a lesser bloom covered 47,000 acres from Eau Gallie south to Vero Beach. Scientists have been collecting data for several years on the density and rate of growth of sea grass up and down the entire bay and determined about 47,000 acres of sea grass died as a result of those algal blooms. These phenomena far exceeded any previously recorded or remembered bloom in intensity, scale and duration.

They dying sea grass is not the only death occurring in and around the lagoon. Earlier this year more than 100 manatees died near the Banana River Lagoon. There were also 250 to 300 Pelican deaths and more than 50 bottlenose dolphins perished in the central and southern areas of Brevard County in the lagoons. The causes of these wildlife deaths are still under investigation.

The cause of the superblooms is already known and a result of large amounts of nitrogen and phosphorous being dumped into the water system. These elements come from lawn fertilizer, pesticides, detergents, pet waste and human waste. The rain washes the nitrogen and phosphorous off lawns and roadways and into the stormwater system, which then flows right into the waterways that feed the various lagoons.

The water management district is spearheading a plan to combat the damage and develop a plan to

turn around the environmental situation. They are joining the estuary program and several other organizations to investigate the current state of the lagoons along the east central shore of Florida.

Within that plan, they have already developed and implemented some projects geared toward collecting data and improving the sea grass growth. One of those programs is sea grass transplants. Volunteers are collecting sea grass from certain areas where there is healthy growth and transplanting them to areas where the sea grass is dying out or has died out. They also are monitoring levels of sea grass and collecting data on the lagoons. They hope to determine why the sea grass is not returning after the brown-tide algae dies off and the water clears.

The conservation efforts are being funded from a variety of sources including grants from state and federal sources. In the last 20 years the district has spent \$80 million on projects, such as conservation, construction projects, planning and stormwater projects and community environmental educational projects. Mr. Rice and Mr. Tredik know that it is going to take a lot more to meet their goals and prevent the lagoons from dying.

"The stakes are high. The total estimated annual economic value of the Indian River Lagoon is \$3.7 billion, supporting 15,000 full and part-time jobs and providing recreational opportunities for 11 million people per year," states a district document.

Mr. Tredik said they were still conducting studies on what individual septic tank systems were doing to lagoons in response to a question from the audience. "The city sanitation systems are highly regulated and have good filtering systems in place for the most part," he said, "but

we haven't really studied the impact of private septic tank systems. We are just starting to take a look at that, but I am sure there is some impact."

"Most Americans don't like to have this conversation," said Christopher Byrd, an environmental lawyer from the Orlando area, "They don't want to talk about fishing, swimming or boating in their own poo." He feels the conversation is important and people need to realize their actions every day have an affect on the quality of the water around

them.

Another member of the audience felt that taking up to 5 years to collect more data was dangerous. "What if we take so much time to figure out what is happening that it becomes too late to do anything about it?" he asked Mr. Rice. "Why don't we just do something now? You already know what is causing it."

Mr. Rice answered that some things can be implemented right away, like the grass transplant program, but more research needs to be done before jumping to

a solution that could cause more problems for future generations.

"We need to let them do their work," Edgewater Mayor Michael Thomas said. "We don't want to make mistakes because this is our life out here." He agreed with another attendee's suggestion that the local governments need to set up ordinances against the use and practices of pesticides, fertilizers and detergents that are high in nitrogen and phosphorus. "It's up to the people to turn this around."

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Award

From page A4

gical intensive care unit and recovery room; and a patient pavilion. IRMC's current focus is to elevate cancer care for our community with a comprehensive cancer program affiliated with Duke Medicine already underway.

In addition to his professional contributions, Mr. Susi's volunteer involvement over the years has included serving as Healthcare Divi-

sion Chairman for United Way; being a board member for the Florida Hospital Association and Red Cross; and involvement in the Mental Health Association and Mental Health Collaboration. He presently serves on the board of directors for The Moorings Club, the Florida State University College of Medicine Community Board and as an affiliate faculty member of Xavier University.

The inaugural recipient and namesake of the award was Mr. Dan Richardson.

Alma Lee Loy, Ellie and Bob McCabe, Father Richard Murphy, Dr. Hugh & Ann Marie McCrystal, Carter W. Hopkins & Dr. A Ronald Hudson, and Champ and Debbie Sheridan have also received this honor.

GYAC is located at 4875 43rd Avenue in Gifford. It is a 501 organization and a United Way Agency.

For more information, call (772) 794-1005 Ext 224 or email nbruckner@gyac.net.

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VIEWPOINT

FRIDAY, AUG. 30, 2013 • HOMETOWN NEWS • WWW.HOMETOWNNEWSOL.COM

Use caution when using a 'cloud' service

Once upon a time there was this guy who was so enamored with "cloud" computing that he stuck all of his digital eggs in one basket and in the blink of an eye lost it all. The end.

Alright, OK, I'm sure there are enough of you reading this wondering what in the world I'm going on about this week, so, I suppose I ought to take a few words to explain.

You see I recently read an article online (an "open letter" to Google actually) written by a very distraught fellow who wanted Google to know just how badly they messed up when they locked him out of all of his data.

The poor guy goes on to explain that he spent months switching all of his email over to gmail, all of his photos over to Google's photo service (Picasa), all of his docs to Google Docs etc. etc. etcetera.

After painstakingly moving all of his data to Google's servers (wherever the hell they are) he woke up one day to find out his account had been closed due to a "terms of service violation" which he swears up and down he didn't commit.

The bottom line is he spent a considerable amount of time moving his entire digital inventory up to Google's "cloud," didn't make any provisions to back any of it up and then (just as Murphy's law demands) found himself completely locked out.

Now, this column isn't about whether Google had a right to lock him out of his account or not nor is it some type of cry out to the powers that be to change the way our data is safeguarded when we hand it over to "the cloud." It's more of a cautionary tale to remind us of that which we already know - back up everything! Even when entrusting your data to the cloud, back it to a local drive as well! To not do so is just asking for it.

OK, let's look at this a little closer shall we? First the decision to use a



COMPUTE THIS
SEAN MCCARTHY

"cloud" service may be a decision that many are not even aware that they are making. Let me try to clarify a couple things, take email for example. If you are accessing your email through your web browser by going to www.gmail.com, www.yahoo.com, www.aol.com or any of the other email services that offer "web based" mail service then guess what?

Your email is being stored and managed "in the cloud" and if you should find yourself in violation of the "terms of service" you too could find yourself locked out. (Just how well did you read those "terms" when you signed up? You know, the terms you have to click the "Accept" button for in order to set up your account?)

Most email services allow the downloading of email to a local email client which is present on each and every machine out there - Windows, Mac or Linux. You can set up your computer's email program (Windows Live Mail, Outlook, Outlook Express for Windows, "Mail" on Macs) by configuring the "POP" or "IMAP" settings. Look it up in your email service's help settings and if your email service doesn't provide for it then you may want to consider an alternative.

Next let's look at the folly of uploading all of your digital pictures to a service like Google's Picasa Web Albums and then deleting the local copies after you upload all of your pictures. Why on earth would anyone do that? "Well Sean, we don't want all these "duplicates" now do we?" Well, actually, you do.

Sure uploading all of your photos to a web based service is great but for God's

See **COMPUTE, A7**

The thrill in the waves



Wiley Robinson, of Melbourne Beach, shows his stuff as he spins over the top of a wave at Sebastian Inlet State Park Friday, Aug. 23.

Cliff Partlow
staff photographer



Got something to say?

Call the Hometown Rants & Raves line at
(772) 465-5504

or e-mail newsfp@hometownnewsol.com.
Callers are asked to refrain from making slanderous statements. Statements of fact will be checked for accuracy.

Treason?

By now it can be said unequivocally that the push for amnesty by some politicians is solely an effort to get votes in order to gain and retain public office, so they can keep feeding at the public trough and live the high life off taxpayers' backs. Think about it. They are openly willing to give our precious country away to millions of interlopers who have broken into our home, and they are doing it for votes, plain and simple. That, in my opinion, is treason. They are not representing those they were elected to represent. They are not serving the best interests of the country and its citizens. How could such a massive give-away of our sovereignty possibly be good for us? It can't, but some in Washington will tell us anything, and are capable of the most egregious actions, in order to get more votes. This amnesty must be stopped and the Gang of Eight and every politician in government who supports this abomination needs to be de-elected at the next opportunity.

Unhappy with the justice system

In response to the letter written by a person who is not very happy with the jury system in this country... It seems to me that some people are only happy with our justice system if the decision of the jury is to their liking... Sorry, it doesn't work that way. The six people on that jury came to a verdict on the evidence that was presented to them by both the State and defense. As far as the comment saying thank God for Al Sharpton, please don't even put God in the same sentence with Sharpton. Al Sharpton is an agitator. He cares nothing about racism. He is only interested in aggravating the situation for his own financial gain. That's how he can walk around with his fancy 3,000 dollar suit. This week three black boys severely beat a white boy on a school bus in Florida. Where was Al Sharpton? Where was Jessie Jackson? Nowhere to be found. Does this sound like people who are interested in wiping out racism in this country? I think not. Let's wake up and smell the roses....

Make homework part of routine

No television or electronic games until homework is done! Is this the rule in your home?

Completing homework assignments accurately and on time is very important to the learning process. Failure to do homework often results in poor or failing grades.

As a parent, it is almost impossible to know what homework your child is expected to complete. If you ask your child, the most frequent response will be, "Don't have any!" So what is a parent to do?

As a parent, you need to stay informed. Staying in touch with the teachers will provide you with what is expected of your child and how he or she is meeting those expectations. So if the teachers have indicated that homework is a problem, what is a parent to do?

Tell your child that one hour per school night has been set aside to use to study whether he or she has homework. Tell your child that he or she can review previous work or drills, can straighten his or her notebook, or can reread a chapter. In short, the child will use that time to study.

As a parent, you need to take charge. You need to establish a routine at home to help your child be successful in school. You need to provide the environment for homework, one that is free from distractions and with basic resource material at hand. You need to be there or nearby to offer assistance, encouragement and monitoring as needed.

Here's a rave

I have a "rave"! I don't know about anyone else, but most TV programs are not worth watching lately, and I have finally found a TV channel that shows great programming on the cable channel 189. The station is called "Up,"

for uplifting programming. And I especially like "The American Bible Challenge" game on Thursday nights. How refreshing! Everyone should tune in to this channel during the week.

What do Bruce, Jimmy, Ted and a Rockefeller have in common?

Bruce Springsteen, former President Jimmy Carter, media mogul Ted Turner, and a fourth generation Rockefeller all get subsidies from the farm bill, a wasteful, counterproductive welfare program for the rich. When President Roosevelt started farm subsidies in the 1930s he promised it would be a temporary fix. Instead, it has grown every year. Wise old Ronald Reagan once said, "The nearest thing to eternal life we will ever see on this earth is a government program." How true. Sad, but true.

No more mom and dad?

The U.S. Department of Education has announced it will henceforth prohibit the terms "father" and "mother" which it considers too "gender-specific." Bureaucrats now require the pc terms "Parent 1" and "Parent 2."

Led by President Obama and the Washington left, our government is running amok.

Characteristics of Fascism

One hears so many rants and raves from the Right Wing Conservatives comparing Progressives to Socialists that I thought I would, share what Dr. Lawrence Britt, who examined Fascist regimes in Latin America and Europe, had learned about Fascism.

1. Powerful Nationalism: Fascist regimes make use of mottoes, slogans, songs and flags. Flag pins are worn on clothing displayed publicly.
2. Disdain for the recognition of human rights: Because of fear of the enemy and the perceived need for security, people look the other way on human rights violations and at times approve of and even encourage torture.
3. Identification of enemies and scapegoats as unifying cause: People are rallied into unifying patriotic frenzies over the need to eliminate a common threat, racial, ethnic or religious minorities as well as immigrants and Liberals or Socialists.
4. Supremacy of the military: Even when there is wide spread domestic spending needed, Fascist regimes give a disproportionate amount of funding to the military, while short changing domestic the domestic agenda.
5. Rampant Sexism: Fascist governments traditional gender roles are rigid, divorce, abortion and homosexuality are suppressed.
6. Control of the media: Media is either controlled by the government, which is often dominated by corporate power, or engages in censorship.
7. Obsession with National Security: Fear is used to maintain control over the masses.
8. Religion and government become intertwined: Most common religion is often used to manipulate public opinion. Religious terminology used, even when tenets of religion are diametrically opposed to government policy.
9. Corporate power is protected: The business aristocracy dominates the government, creating a beneficial government/business relationship.
10. Labor power is repressed: Because of the organizational power of unions, labor unions are either entirely eliminated or severely repressed.
11. Disdain for Intellectuals and the Arts: Educational funding cut, hostility toward professors and censorship of opinions are common. Free expression in the arts is openly attacked.
12. Obsession with crime and punishment: Under Fascist regimes, the police are given almost limitless powers to enforce the laws. People overlook police brutality and even forego civil liberties in the name of patriotism.
13. Rampant cronyism and corruption: Fascist regimes are usually governed by groups of friends and associates who appoint each other to positions of power.
14. Fraudulent Elections: Elections are often manipulated by smear campaigns, use of legislation to suppress voting, change political district boundaries, and manipulation of the media.

Does this sound familiar? As the GOP in America continues to go further and further to the Right, people need to be aware of where they are headed.

Running amok

The U.S. Department of Education has announced it will henceforth prohibit the terms "father" and "mother" See **RANTS, A7**

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Business

Organization lends millions for home improvement

For Hometown News
newsfp@hometownnewsol.com

TREASURE COAST — The nonprofit Solar and Energy Loan Fund has reached the \$2 million milestone of lending for home energy improvements.

SELF is a community-based lending organization that focuses on residential energy efficiency improvements and renewable energy alternatives. SELF has been operational for nearly three years in St. Lucie County, and recently expanded into Martin, Indian River, Okeechobee

and Brevard counties.

SELF works with local homeowners to identify cost-effective energy solutions and provides low-interest rate financing to qualified applicants to complete these recommended improvements. SELF finances more than two dozen different types of proven energy-saving products, including: weatherization, insulation, high-efficiency air conditioners, solar water heaters, and more.

To date, SELF has performed 838 energy audits and helped 229 families finance \$2 million of energy

retrofit projects. SELF clients have cumulatively reduced their energy consumption by more than a million kilowatt hours, which is an average of 22.6 percent per household, and are using the resulting energy savings, rebates and tax credits to help pay off the loans over time.

SELF clients are also enhancing their quality of life (e.g. comfort and livability), making much-needed home improvements, and increasing the market value of their properties. In the process, the resulting work is also stimulating local

employment and economic development activity in one of the hardest hit job sectors in Florida (i.e., the construction industry).

"We are very pleased to be helping local residents reduce their energy costs and improve their quality of life and value of their homes," said Julian Nazario, SELF's Regional program manager.

For more information about SELF call (772) 468-1818, or visit www.solarenergyloanfund.org and www.Facebook.com/SolarEnergyLoanFund.

College joins initiative to support troops

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — In line with a long-standing commitment to veterans, Indian River State College has signed on to a national initiative to promote veteran-friendly policies for college students.

Endorsed by the U.S. Departments of Education, Veterans Affairs and

Defense, the "Keys to Facilitating Veteran's Success on Campus," encourages colleges to implement policies that help veterans, active-duty service members and their families achieve educational and training goals.

IRSC provides a wide range of services for veterans including assistance obtaining financial aid and certifying enrollment for

the Montgomery GE Bill, VRAP and Vocational and Rehabilitation Employment Program. The College holds orientation sessions to explain veteran's educational benefits and college processes, provides referrals to state and federal agencies and offers free career planning, advisement and tutoring.

IRSC student veterans benefit from joining the

Student Veterans Organization to share experiences transitioning to college and participate in community service projects. The Veteran's Business Institute offers students the opportunity to earn a business certificate in a cohort group with other veterans, and to continue their education with an Associate Degree and Bachelor's Degree in a sup-

portive environment.

IRSC's many programs and services for veterans resulted in the College's designation as a Military Friendly School by Victory Media, which honors the top 15 percent of colleges, universities and trade schools that are doing the most to embrace America's military service members, veterans, and spouses to ensure their success as

students.

IRSC and the 27 other Florida College System colleges have joined more than 250 colleges and universities from across the nation to endorse the "Keys to Facilitating Veterans' Success on Campus."

For more information about IRSC programs for veterans, call (866) 792-4772 or visit www.irsc.edu.

Medical center achieves designation as a bariatric surgery center of excellence

For Hometown News
NewsFP@hometownnewsol.com

SEBASTIAN — Sebastian River Medical Center has achieved Center of Excellence designation awarded by the American Society for Metabolic and Bariatric Surgery and the American College of Surgeons.

This designation allows Sebastian River Medical Center to provide bariatric surgical care for recipients of Medicare and select Medicaid plans. To achieve this designation the hospital must submit to a rigorous program review of the hos-

pital's surgical weight loss program, staff that care for surgical weight loss patients, and facility provisions. Staff members include a clinical program coordinator, registered dietitians, behavioral psychologists, physical therapists, nurses and many other qualified healthcare personnel.

"This designation signifies that our program provides the highest quality of care and compassion for patients," stated Patrick Domkowski, MD, Medical Director. "This is reflected through extensive bariatric

surgery experience, staff members' continuing education, state-of-the-art medical equipment and dedication to each patient and their health."

"The successful review process and prestigious designation highlights the thoroughness of our program," said Cindy Rider, RN, BSN, coordinator of Sebastian River Medical Center's Bariatric program.

"It is a privilege for us to be able to now offer these life-saving procedures to our Medicare patients," said Jason Radecke, MD, attend-

ing bariatric surgeon.

Since 2009, the hospital has offered bariatric surgery for patients who, among other criteria, are morbidly obese. An individual is considered morbidly obese if they have a BMI of 35 or higher. Morbid obesity, now officially recognized as a

disease, often causes type 2 diabetes and high blood pressure.

At Sebastian River Medical Center, Roux-en-Y gastric bypass, sleeve gastrectomy and gastric banding are offered. In addition, obesity-related medical conditions (diabetes, high blood pres-

sure, sleep apnea, and reflux) often improve and are sometimes eliminated with weight loss surgery.

For more information on the surgical weight loss program, contact Cindy Rider at (772) 581-2012 or visit www.sebastianrivermedical.com.

Compute

From page A6

sakes, don't get rid of the originals! Did you know that you can get 8-gigabyte thumb drives from just about any drugstore nowadays for about 10 bucks! Do you know how many "duplicate" photos you can store on 8-gigs? Then if

anything happens to your "web albums" you luckily will have all of those pesky duplicates to fall back on.

The list goes on... Google Docs - Sure save all of your Docs to "cloud" storage but how about synchronizing them with a local folder on your own machine, you know, just in case Google goes belly up it will be nice to have a backup.

As the concept of "cloud computing" becomes all-encompassing, it's important to remember that it's your data. Don't just assume that "they" will protect it for you.

Sean McCarthy fixes computers. He can be reached at (888) 752-9049 or help@ComputeThisOnline.com (No Hyphens!)

Rants

From page A6

which it considers too "gender-specific." Bureaucrats now require the pc terms "parent 1" and "parent 2." Led by President Obama and the Washington left, our government is running amok.

More from the welfare ranter

Well this is the so called welfare ranter. I'm so happy that the person who reads my rants has done much research and they are quite correct in many of the avenues. Yes there's a lot of dead beat men out there, the words I have for them

would not be fit for print. My only train of thought which I think has totally been taken way out of context is that I see young women producing young lives without a decent education. And some of them with their street vocabulary are something to be desired. Thus they will be passing on these values to their children. In today's economy I see single people struggling so why produce more kids? As far as the government is concerned, the whole thing started out with greedy bankers and the real estate. Yes, I checked out documentary's that where broadcast by PBS. And you'll say wow. It's a nasty cycle out there. By the way, have you called your congress man and voiced your opinion to

the disaster that Washington has brought on? They'll be back in session by the time this article hits the news stand again. By the way I am familiar with all the dead beats out there or should I say losers. People just need to look around and see what going on with the global economy, by the way a socialized government doesn't work. You need free enterprise. I see a lot of faces that have become dependent upon government assistance and they don't look to cheerful. And no, I'm not rich, but packed full of skills that I use to create my income. And no one can take that away from me. Guess where I learned my skills... from applying myself to the jobs I have had.

Clubs

From page A4

South Mainland Library, 7921 Ron Beatty Blvd., Micco, at 2 p.m. All compassionate and critical thinkers are invited. For more information, call (772) 664-0170, or email downteast_ggo@bellsouth.net.

• TOPS 641: Take Off

Pounds Sensibly, Chapter No. 641 meets every Thursday at the Roseland Fire Department, located on 129th Court, off Roseland Road in Sebastian. Weigh-in is from 7:45 to 8:30 a.m. and the meeting starts at 8:30 a.m. For information call (772)-589-8445.

• TOPS 470: Take Off Pounds Sensibly, Micco Chapter No. 470 meets every Friday at 10:30 a.m. at the

South Mainland Library, 7921 Ron Beatty Blvd., Micco, next to Barefoot Bay. New members are always welcome. For more information, call (772) 388-3984.

• Rotary Club of Sebastian meets at 12:15 p.m. every Thursday at Sebastian River Medical Center, 13695 U.S. 1, Sebastian. For more information, call (772) 360-5837 or

See CLUBS, A8

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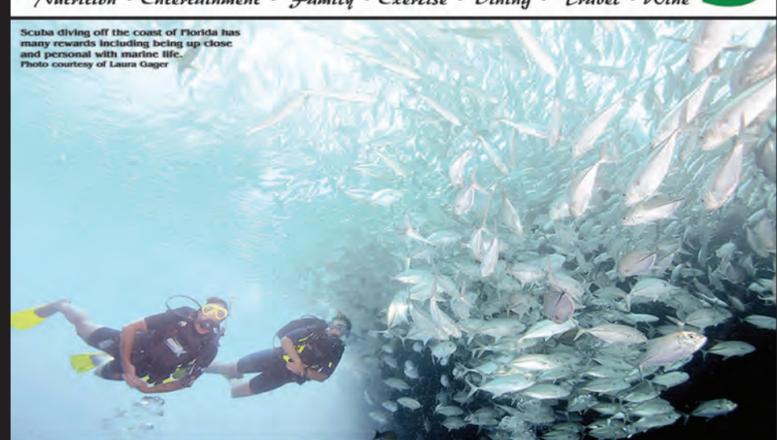
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When you need help, they're there

Firefighter/EMTs Jason Moran, left and Mark Gleason, use ropes to raise the basket containing the rescue dummy.



Cliff Partlow staff photographer

Sebastian Inlet no longer has lifeguards on duty so the South Brevard stations handle rescue calls. Since the closest station is seven-minutes away, Ocean Rescue Chief Jeff Scabarozzi and his crew spent the day teaching the firefighter/paramedics some basics of ocean rescue including standup paddleboard rescue and retrieval from the rocks along the jetties.



Firefighter/EMT Justin McVickers uses a standup paddleboard to simulate a rescue of Ocean Rescue Captain Mike Curphey in the cove on the northwest of the inlet.

Cliff Partlow staff photographer

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Fundraiser marks 'start of season' Nov. 6

For Hometown News NewsFP@hometownnewsol.com

INDIAN RIVER COUNTY — Shopping, wine, and the infamous White Elephant table are just a few of the features at this year's Ladies Night Out; an annual start of season fundraiser that benefits The Hibiscus Children's Center taking place Nov. 6, from 6-9pm at Sun Jet Center hangar.

The Hibiscus Children's Center, a local nonprofit, strives to shelter and strengthen those children along the Treasure Coast who have been removed from their homes due to violence or neglect. The Children's Village designed for

those ages 12 to 18 has been successfully saving children since 1985. In addition to safe shelter and positive influences, Hibiscus Children's is able to assist teens through hands on learning and responsibility with the successful launch of their Career Pathways to Independence Program.

The Ladies Night Out event is a ticketed affair that will feature more than 40 hand-picked vendors ranging from home crafts to jewelry and services that help to make life easier for us all. All guests will receive souvenir bags, be able to purchase raffle tickets for fabulous prizes, and will have access to the "From Our House to Your House" table.

This event highlight will host an assortment of must haves and collectibles. Items for the white elephant table are currently being accepted and properly stored at White Glove Mov-

ing, Storage, & Delivery; a loyal supporter of the event and Hibiscus Children's since 2010.

The goal of this picture is to have as much community involvement as possible to fill this donated vault storage box compliments of White Glove. Advanced ticket sales will start in September for only \$25; early purchases are strongly recommended for this annual sold out event. Tickets will be available at I'll Never Tell on Ocean Drive, A Bead Above on Royal Palm Pointe, Elizabeth's Fine Consignments on 17th Street, and the Hibiscus Children's Center.

Those interested in contributing to the cause or becoming a vendor can call (772) 777-0760.

For more information about the event or Hibiscus Children's Center, visit hibiscuschildrenscenter.org.

2013 FCAT District Results for Indian River County Schools							
Students Scoring at Level 1 and Level 2 on the Reading Portion of the Florida Comprehensive Assessment Test (FCAT)							
FCAT Reading results for all students (all curriculum groups) tested during the 2013 administration of the FCAT 2.0 in the district.							
Grade Level	Total Number Tested	Number Scoring Level 1	Percent Scoring Level 2	Number Scoring Level 2	Percent Scoring Level 2	Number Scoring Level 1&2	Percent Scoring Level 1&2
3	1396	251	18%	335	24%	586	42%
4	1306	180	14%	308	24%	488	38%
5	1290	168	13%	285	22%	453	35%
6	1344	268	20%	296	22%	564	42%
7	1303	261	20%	287	22%	548	42%
8	1362	214	18%	368	27%	368	45%
9	1384	200	17%	374	27%	374	44%
10	1251	189	15%	313	25%	313	40%

Students Retained (not Promoted) in Grades 3 through 10								
The number and percentage of students retained, by grade for all students in grade 3 through 10 within the district.								
Grade	3	4	5	6	7	8	9	10
Number Retained	106	1	1	5	21	89	195	166

Number of Students Promoted for Good Cause, by Category of Exemption						
The number of 3rd grade students exempted from the FCAT reading requirement and promoted for good cause at the end of 2012-2013						
ELL/LEP Students with Less than 2 Years in ESOL	Students with Disabilities (SWD) not Tested on FCAT per IEP	Students Passing Alternative Assessment Approved by SBE	Students Demonstrating Proficiency Through Portfolio	SWD Retained Once with 2+ Years of Remediation	Students Retained Twice with 2 or More Yrs of Remediation	Total Promoted With Cause
(A1)	(A2)	(A3)	(A4)	(A5)	(A6)	Total
8	10	48	6	72	1	145

School District of Indian River County Student Progression			
K, 1 st , 2 nd , 3 rd , 4 th & 5 th	3 rd Grade	6 th , 7 th & 8 th	9 th , 10 th , 11 th & 12 th
Proficiency in grade level curriculum Performance on FCAT as defined in FS 1008.25	STUDENTS SCORING AT LV 1 ON FCAT READING MUST BE RETAINED. Exceptions from mandatory retention for good cause are defined in FS 1008.25 6 (b) (c)	Student must pass 3 years of core courses before entering high school Performance on the FCAT as defined in FS 1008.25	Students are classified by grade level according to number of credits earned. Standard Diploma Requirements 2.0 cumulative GPA Pass reading and math 10 th grade FCAT 24 credit requirements or 18 credit accelerated options

See the Indian River County Student Progression Plan for more information on promotion requirements, progress monitoring plans (PMP) and retention.

Visit our Website: <http://www.indianriverschools.org>

Clubs

From page A7

visit www.sebastianrotaryclub.org.

- **Quilting bee:** Join the ladies of Christ the King Lutheran Church for quilting the second and fourth Wednesday of every month at 9:30 a.m. Christ the King is located at 1301 Sebastian Blvd., Sebastian. For more information, call (772) 589-7117.
- **Personal Computer Users Club** meets at 7 p.m. the second Wednesday of each month at the North County Library, 1001 County Road 512, Sebastian. For more information, call (772) 388-5248.
- **COPE Support Group:** The Indian River County Council on Aging with the Visiting Nurse Association offers a support group to help caregivers cope with the day-to-day care of a loved

- one. The group meets the third Thursday of every month from 10 to 11 a.m. in the Presbyterian Church, 1405 Louisiana Ave., Sebastian. For more information, call (772) 569-0760.
- **Democratic Club of Barefoot Bay:** Meets the fourth Thursday of each month at 7 p.m. in Building D-E at the Golf Course in Barefoot Bay. For more information, call (772) 664-3895.
- **Asthmatics** meets on Mondays at 4:30 p.m., in the South Mainland Community Center, 3700 Allen Ave., Micco. Cost is \$5 per class.
- **Chess Club** meets the first and third Monday each month from 4 to 6 p.m. at the North Indian River County Library, 1001 Sebastian Blvd., Sebastian. Open to all ages.
- **American Cancer Society, North Indian River, board of directors meeting** is held on the third Thursday of the month at noon at Seacoast National Bank, U. S. 1, Sebastian.

Dining & Entertainment

Sebastian

Classified INSIDE

SECTION B • WWW.HOMETOWNNEWSOL.COM • FRIDAY, AUG. 30, 2013

Garden to host culinary classes

By Jessica Creagan
juggle@hometownnewsol.com

VERO BEACH — McKee Botanical Garden won't just be cultivating green and flowering plants this September, chefs are a part of the plan, too.

For the first time, the Vero Beach garden will host culinary classes taught by local chefs at the onsite restaurant, garden administration said.

The Summer Chef Series will be a series of three classes given on Sunday afternoons next month. Classes will be 90 minutes long and will conclude with a sampling of the cuisine featured, a press release said.

Scheduled classes are Sept. 8 at 1 p.m., Sept. 15 at 3 p.m. and Sept. 29 at 3 p.m. Space is limited and pre-registration is required. The cost per class is \$35 for McKee Botanical Garden members and \$40 for non-members.

"Our Summer Chef Series is a great way for residents to become better acquainted with the culinary talent we have right here in our community," said Christine Hobart, executive director of the garden.

"It's a chance to discover new tastes and techniques while also discovering the garden," she said.

On Sept. 8, the featured chef instructor will be David Rodriguez

of Cork and Tapas Restaurant, said Kelly Susino, marketing director for the garden.

The dish of the day will be paela, using fresh seasonal ingredients and it will be served with sangria. Students will receive tips on how to create their own signature drink and will be able to watch the full cooking demonstration and enjoy a tasting at the end of class.

Chef Rodriguez was formerly the executive chef of Oriente at Costa d'Este Beach Resort. He now owns Cork and Tapas on Indian River Boulevard in Vero Beach.

"We wanted to create an opportunity for community to get to know the local chefs, give the chefs an opportunity to engage with the community and strengthen our own partnership with the community during the off-season," Ms. Susino said.

"No matter how beautiful the garden is in the summer, it's hot and hard to get people outdoors, but this series has already been well received," she said.

The garden has hosted culinary classes during the season with Elizabeth Kennedy at the Garden Café, but this is the first time chefs from the community will come in to teach.

For more information, call (772) 794-0601 or visit www.mckee.org.



Cliff Partlow/staff photographer

Chef David Rodriguez of the Cork and Tapas invites you to stop by for the evening and try one of the 125 varieties of wine, 35 craft beers and maybe a slice of the quadruple chocolate cake. Also stop by for Sunday Jazz from 5-8 p.m.

Football game to raise money for scholars

For Hometown News
NewsFP@hometownnewsol.com

INDIAN RIVER COUNTY — The annual Dollars for Scholars Football Game between Sebastian River High School and Vero Beach High School will be played this Friday evening, Aug. 30, at 7 p.m., in the Citrus Bowl, located across

the street from Vero Beach High School.

There are some changes to the handling of this year's Dollars for Scholars football game in terms of the management of ticket sales and seating. This year, SRHS is the home team for this series — a series that is only played in the Citrus Bowl, on the

Vero Beach High School campus.

Vero Beach High School Administration would like for Vero Beach High School fans to be aware of the following:

- The Dollars for Scholars Football Game with SRHS vs. VBHS will be played this Friday, Aug. 30, at 7 p.m. in the Citrus Bowl.

- SRHS is the home team in the game in a series that is only played in the Citrus Bowl in Vero Beach.

- All tickets will be sold this year strictly for \$7. There will not be any tiered ticket prices.

- For VBHS fans, tickets will be sold by VBHS to south side Citrus Bowl capacity, and this game is

expected to sell out early.

- All bleacher seating is general seating, so south side gates will be open at 5 p.m. for VBHS fans.

For VBHS questions, call (772) 564-5544.

Sebastian River High School Administration would like for Sebastian fans to be aware of the fol-

lowing:

- All tickets for the north side bleachers for SRHS fans will be sold for \$7. There will not be any tiered ticket prices.

- All bleacher seating is general seating, so north side gates will be open at 5 p.m. for SRHS fans.

For SRHS questions, call (772) 564-4241.

Out & about

THROUGH AUG. 30

- **Annual teacher show:** Lighthouse Art and Framing Gallery's summer show, featuring the work of two teachers from Indian River Charter High School, Ramayana Baba and Anthony Kopp. August 1-30. Tuesday through Thursday, 10 a.m. to 6 p.m. Monday and Friday, 10 a.m. to 4 p.m. Saturdays, 10 a.m. to 2 p.m. The gallery is located at 1875 14th Ave., Vero Beach. For more information, visit www.lighthouseartsandframing.com.

THROUGH SEPT. 28

- **Art exhibit:** "Sacred Spaces: 12th Century English Cathedral Photographs by

John Simpson" is on display at the Center for Spiritual Care, 1550 24th Street, Vero Beach, through Sept. 28. Artist's reception will be held Friday, Sept. 6, from 5:30-7:30 p.m. Call (772) 567-1233 for information on hours.

FRIDAY, AUG. 30

- **Back to School bash:** 6-9 p.m., Main Street Vero Beach's Downtown Friday celebration of school days, along 14th Avenue. Featured charity is the Education Foundation of Indian River County. Tailgate before the big Vero Beach High School vs. Sebastian River High School game at the Citrus Bowl, wearing your school's

colors, wherever your alma mater was. Collins & Company, a classic rock band that features music from the 60s, 70s, 80s and 90s, will be the featured band. Street merchants, food vendors, interesting performers at the band breaks, drinks, prizes, dancing, more. For more information, visit www.mainstreetverobeach.org.

SATURDAY, AUG. 31

- **Mulligan's Skim Jam:** Sixth annual skimboarding contest at Mulligan's Grill & Raw Bar, 1025 Beachland Blvd., Vero Beach. A benefit for the Vero Beach Lifeguard Association. Entries will be accepted on the morning of the contest through 8:30 a.m.

Check-in is at 8 a.m., mandatory meeting at 8:30 a.m. Contest starts at 9 a.m. Four divisions for all ages - beginner, intermediate, advanced and professional. Entry fee is \$20 for amateurs, \$50 for pro. For more information or to download entry form, visit www.epic-sessions.com.

- **James Broxton and 'The Essence of Sound'** Along with the 'Category Four Band.' 6-8 p.m., Vero Beach High School Performing Arts Center, 1707 16th Street, Vero Beach. Tickets can be purchased through the box office at (772) 564-5497 or email vbhstickets@gmail.com.

- **Sunset Saturday Night:** 6:30-9:30 p.m., free concert

at Humiston Park, sponsored by the OceanSide Business Association. Music by Robert Harris. Theme is celebrating Labor Day, and the charity focused on is Indian River Youth Guidance.

SUNDAY, SEPT. 1

- **Poker Run Bar Crawl:** Registration begins at 4 p.m. at Waldo's on Ocean Drive in Vero Beach. First card will be drawn at 5 p.m. \$10 to play, drinks not included. Live music, raffles and more. Benefits the Vero Beach Lifeguard Association. For more information, visit www.vbla.org.

MONDAY, SEPT. 2

- **SRHS Lady Sharks Labor Day Fundraiser Volleyball Tournament:** Team check-in is at 8:30 a.m., tournament starts at 9 a.m. and runs through 4 p.m. at Sebastian's Riverview Park Sand Courts. Cost is \$25 per team (four-person teams), to be paid at the time of sign-up. Sign up will be held during lunches at SRHS, and at Riverview Park on Sunday, Sept. 1 from 5-6 p.m. A total of 24 teams will be accepted, on a first-come first-served basis. SRHS Lady Sharks Volleyball will be providing scorekeepers and line judges, and selling hotdogs, hamburgers, chips and drinks. All proceeds benefit the Lady Sharks volleyball program.

See OUT, B2

6th Annual Southern Outdoor Jamboree
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DINING & ENTERTAINMENT

Out

From page B1

THURSDAY, SEPT. 5

• **"Enjoy Life, Choose Laughter:"** 10:30-11:30 a.m., North Indian River County Library, 1001 Sebastian Blvd. (CR 512), Sebastian. For more information, call Lynn Walsh at (772) 589-1355 or visit www.sebastianlibrary.com

• **Ronald McDonald's Magic Show:** 6 p.m., Indian River County Main Library, 1600 21st Street, Vero Beach. Celebrate Library Card Sign-up Month with Ronald McDonald and learn why "readers are leaders." For more information, visit www.irclibrary.org.

• **Fabulous Film Finds:** 3 p.m. at the North Indian River County Library, 1001 Sebastian Blvd. (County Road 512). An exotic drama from 1941 starring Gene Tierney and Victor Mature, set in Shanghai. Free viewing and discussion. Call (772) 589-1355 for more information or visit

www.sebastianlibrary.com.

FRIDAY, SEPT. 6

• **First Friday Art Walk:** 5-8 p.m. in the galleries and downtown arts district of Vero Beach, 14th Avenue from 18th Street to 22nd Street.

FRIDAY, SEPT. 6 – SATURDAY, SEPT. 7

• **The Comedy Zone and Summer Music Series:** Riverside Theatre showcases touring comedians on the Waxlax Stage, and music performances under the portico. Scheduled comedians are Julie Scoggins and Carmen Vallone. Scheduled musicians are Live Bait, on Friday, and Crooked Creek, on Saturday. Shows begin at 7:30 p.m. and 9:30 p.m. Tickets are \$15 for the show only, or \$25 for show and food voucher. The theater is located at 3250 Riverside Park Drive, Vero Beach. For more information, call (772) 231-6990 or visit www.riversidetheatre.com.

SATURDAY, SEPT. 7

• **Old-time barbecue:** 4-8 p.m., Vero Beach Heritage Center, 2140 14th Ave., Vero Beach. Picnic buffet with cash wine and beer bar. Invited guests are Congressman Bill Posey, Senator Thad Altman, Senator Joe Negron, Representative Debbie Mayfield. Music, food, live auction, pie baking contest, fun. Adults are \$20; children (12 and under) are \$10. RSVP by Sept. 1. Make checks payable to Republican Executive Committee and mail to PO Box 6569, Vero Beach, FL 32961 (tickets will be mailed to you). Or, for more information and tickets, contact Pat Stelz at patsy1760@aol.com.

SUNDAY, SEPT. 8

• **Social Justice Film Series:** 'A Better Life' will be shown at 7 p.m. at Unitarian Universalist Fellowship, 1590 27th Ave., Vero Beach. This film about living as an undocumented worker will be followed by a comment and discussion period. Begins the eighth year of the

film series. Free and open to the public, no tickets or reservations required. For more information, call (772) 778-5880 or visit www.uufvb.org.

MONDAY, SEPT. 9

• **Quarter Auction in Sebastian:** 6 p.m., American Legion Auxiliary Post 189 located at 807 Louisiana Ave., Sebastian. Featuring Avon, Barbs Trove Jewelry, Cookie Lee, Cruise Planners Gloss Salon & Spa, Herbalife, Lemon Grass Spa, Mary Kay, Miche Bags, Origami Owl, Our Hearts Designs, Pampered Chef, Seacoast National Bank, Sweet Creations, Talk of the Town, Thirty One, Tupperware, Whimsical Designs, and more vendors, auctioning off lots of items for mere quarters. This month supports SOS Cookies sending a taste of home for the Troops. They need cookie mix, trail mix, aluminum sheets, bubble wrap, hot chocolate mix packages, water flavor packages, nutrition bars, M&M individual size packages. Join us for a night of fun, prizes, good friends and refreshments. Multiple raffles, 50/50. Don't forget your quarters. Must be 18 years or older to attend. \$2 for an auction paddle (\$1 of which will be refunded upon return of your paddle at the end of the auction unless you wish to donate it to the charity). For information contact Mori Serpa, (772) 633-9914 or mori44@aol.com, or Daisy Williams, call (772) 882-7352 or email

avondaisy44@aol.com.

WEDNESDAY, SEPT. 11

• **Sebastian Community Patriot Day Observance:** North Indian River County Veterans are sponsoring the events, to be held at the Veterans Memorial in Riverview Park, beginning at 8:43 a.m. Featuring Bill Prince, Colonel, United States Army Retired, as keynote speaker; along with the St. Peter's Academy Choir, Veterans Color Guards, and members of county and local governments. A wreath laying and veterans salute will be included, and an artifact from Ground Zero will be on display.

THURSDAY, SEPT. 12 – SUNDAY, SEPT. 22

• **"Don't Dress for Dinner:"** The Vero Beach Theatre Guild presents this fun production set in a French farmhouse. Shows are Wednesday through Sunday at the Theatre Guild, 2020 San Juan Ave., Vero Beach. For times and ticket information, call the box office at (772) 562-8300 or visit www.verobeachtheatreguild.com.

SATURDAY, SEPT. 14

• **Boating Safety course:** 9 a.m. to 5 p.m., Vero Beach Power Squadron Building, 301 Acacia Road. Learn about navigation rules, boat handling, trailering and life saving equipment. If you were born after Jan. 1, 1988, you can also get your operator's license. Many

insurance companies offer discounts if you have a boating course. The course is \$35. Register by contacting Larry Lott at (772) 532-6893, email lblott@gmx.com or register online at www.verobeachpowersquadron.com.

• **First Responder Recognition Dinner:** Held at the Charles L. Futch American Legion Post 189, located on Louisiana Avenue in Sebastian. Social hour begins at 4 p.m. Requested donation is \$10 per person. Open to the public.

MONDAY, SEPT. 16

• **Spaghetti Dinner benefit:** The Advocacy Committee of SunUp ARC is holding a spaghetti dinner fundraiser on Sept. 16 at SunUp ARC, 5th Street South West, Vero Beach. The funds will go toward the travel of these diligent individuals to Tallahassee to meet with legislators to speak with them about the needs of the developmentally disabled. Support the Advocacy Committee and enjoy a delicious spaghetti dinner, either dine-in or take-out. Tickets are \$10 for adults and \$5 for children 12 and under. For tickets call Nancy at (772) 770-0683 or Julie at (772) 559-9459.

TUESDAY, SEPT. 17

• **Daughters of the American Revolution:** 6:30 p.m., North Indian River County Library, 1001 Sebastian Blvd., Sebastian. Join the ladies of the DAR as they show what life was like during the time of the Founding Fathers and celebrate Constitution Month. For more information, visit www.sebastianlibrary.com

FRIDAY, SEPT. 20

• **Symposium on Hunger & Poverty:** Participation encouraged for organizations in the fields of poverty relief. 8:30 a.m.-noon in IRSC's Mueller Campus Schumann Center, 6155 College Lane, Vero Beach. To register, call (772) 332-8601 or email annabel@harvestfood-outreach.org.

• **Vietnam Veterans of America to hold Town Hall Meeting:** 6:30 p.m., Port St. Lucie Botanical Gardens, 2410 S.E. Westmoreland Blvd., Port St. Lucie. Meeting will focus on the birth defects, diseases and learning disabilities affecting the children and grandchildren of Vietnam veterans, as well as methods for educating the public and elected officials about the issues of Vietnam veterans and their families. Hosted by the Vietnam Veterans of America, Florida State Council, in partnership with Florida Veterans Foundation, and VVA Chapter 1041 and Chapter 566. For more information, contact Frank Tidikis at (561) 310-7597.

SATURDAY, SEPT. 21

• **Half-way to St. Patrick's Day dinner and dance:** The EL-DOEs of the Sebastian Elks Lodge will be hosting a traditional corned beef and cabbage dinner. The Duo Top Hat, from Sebastian, will perform music to dance and listen to and will perform some Irish music, as well. Dinner, which is \$15, will be served at 6 p.m., but come in early and enjoy a cocktail with friends. Tickets are available at the Sebastian Elks lodge, 731 S. Fleming Street, Sebastian. For more information, call (772) 589-1516.

SUNDAY, SEPT. 22

• **Fall Cultural Arts Showcase:** Noon to 6 p.m. at the King Center for the Performing Arts. Free, family-friendly. Performances throughout the day from the Brevard Symphony Orchestra, Brevard Youth Symphony Orchestra and more. Food Truck Bazaar will begin serving at noon under the pines west of the King Center parking lot; visitors are welcome to bring chairs and blankets to enjoy. Area art groups will have displays in the air-conditioned King

See OUT, B3

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Spinach Lasagna
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Shrimp with Pesto Sauce
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August 30 Horoscopes

ARIES - March 21-April 20

Aries, you may not like scheduling too many things in advance, but sometimes it pays to plan and let others know your schedule so their minds are at ease.

TAURUS - April 21-May 21

You may experience a financial windfall this week, Taurus. It may be a good time to ask for a raise or to play the lottery. Luck is on your side in the coming days.

GEMINI - May 22-June 21

Gemini, expand your horizons and your path to success will be illuminated. Creativity will bring new opportunities and people into your life this week.

CANCER - June 22-July 22

Share your optimism and enthusiasm with others, Cancer. You may prove unable to contain your happiness, so don't be surprised if those around you pick up that vibe.

LEO - July 23-Aug. 23

Leo, expect your social life to take off this week. Things pick up with your friends, and romance might be right around the corner. Enjoy the ride.

VIRGO - Aug. 24-Sept. 22

Virgo, you might think you can do no wrong at work, but scale back on risky decisions. Right now you have achieved financial stability, and you don't want to risk that.

LIBRA - Sept. 23-Oct. 23

Libra, your heart is set on a lofty goal, but you recognize all the hard work necessary to make that goal a reality. Give it your best shot, and you will be glad you did.

SCORPIO - Oct. 24-Nov. 22

Scorpio, you may convince yourself that now is not the time to spend money on something that will make you feel good, but there is no reason to let fear get in the way of happiness.

SAGITTARIUS - Nov. 23-Dec. 21

A friend or partner could open up a window of opportunity for you, Sagittarius. Make the most of this opportunity, and success will

soon follow.

CAPRICORN - Dec. 22-Jan. 20

Don't be too hard on yourself if you don't get much done this week, Capricorn. There are many enticing distractions, and you can afford to devote some time to trivial pursuits.

AQUARIUS - Jan. 21-Feb. 18

Aquarius, this week may allow you to have your cake and eat it, too. Friends may be envious of your luck, so be sure to share some of your good fortune with those around you.

PISCES - Feb. 19-March 20

Pisces, devote ample time to your personal life this week. A few things need sorting out, so don't hesitate to put other matters on the back burner.



Setting up an irrigation system

Normally during the summer months, Mother Nature leaves us with enough daily rain to keep our lawns green and lush with only a minimal amount of manual watering.

Most of this beneficial rainfall falls during the months of June, July, August and September.

The remainder of the year can often leave our lawns and yards with a serious deficiency of water. This either requires us to water our lawns by hand or use portable sprinklers. The problem with this is that you have to move the sprinklers around the yard in order to get even coverage.

Another alternative is a home irrigation system. A well-planned in-ground system can be easily controlled with a timer box and can even shut itself off

when it rains to conserve water. The drawbacks of an in-ground system are maintenance and cost. Even a good system will require regular maintenance to maintain efficiency. The good news is that the system will eventually pay for itself over time with what you will save on landscape maintenance.

To design a good system, you should start out with a map, drawn to scale, of the area you wish to irrigate. Be sure to include all the details including plants and buildings. Then, draw in the diagram of the route you are going to use for the PVC pipe. Mark off the spots where you will install your sprinkler heads and consider whether you need a full, half or quarter spray and also the distance needed to cover that segment. Be sure your segments overlap to ensure you have no dead



GARDEN NOOK
JOE ZELENAK

spots. You can draw this out on graph paper or you can buy special kits that guide you through the planning process.

The next thing that must be considered is how many zones you will have on your system. If you try to put too many sprinkler heads on your system, the water pressure may be too low to operate that zone correctly. You may only want to put four or five sprinkler heads in one zone or even less if you have poor water pressure. The various zones will be rotated automatically by the electronic water timer. In fact, more zones give you more versatility

when it comes to managing your system.

The best water source for your system is to have a separate well and pump to feed water to your sprinklers but for some people this is not in the budget. You can use an existing well and pump that you use for your home water supply with good results. If you happen to have an onsite pond or water retention area, you can recycle this water by pumping directly from these sources.

One important part that should be installed on your system is an automatic rainfall override. These inexpensive devices automatically shut off your system when sufficient rain falls and satisfies the adjustable sensor. These devices not only save water and electricity but they also prevent your lawn from getting watered too heavily.

In fact, they are required by code in many counties.

There are three basic pumps that are most frequently used to power irrigation systems: A surface centrifugal pump, a jet pump and a submersible centrifugal pump. The most commonly used pump for home use is a jet pump. These pumps can be used for both shallow and deep well applications. For very deep well applications, a submersible centrifugal pump may be used. The disadvantage is if the pump needs to be serviced it has to be removed from the well.

One last consideration is the quality of the water being pumped from the well. If the water has a lot of sediment or sand, it will be necessary to install a sand filter inline before the water reaches the sprinkler heads. This will help prevent

clogging of the sprinklers and will provide more enjoyable and trouble free operation of your system.

The bottom line: A well designed water system can save you loads of time and take the worry out of getting the proper amounts of water to your lawn. In the long run, it can pay for itself over time by saving you money on lawn maintenance. There is also one added bonus; you can install an inline device that will actually allow you to fertilize your lawn directly through the water system. This can be a real time saver and convenience option.

Joe Zelenak has more than 30 years experience in gardening and landscape. Send e-mails to hometowngarden@gmail.com or visit his website www.hometowngarden.com.

Out

From page B2

Center Rotunda with entertainment performed by artists in the Studio Theatre. For more information, call (321) 242-2024 or visit culturalartsshowcase.com.

FRIDAY, SEPT. 27

• Art of Networking event: 5-7 p.m. at Riverside Theatre, quarterly meeting for Cultural Council members and guests to network and learn about each other's needs in a happy hour setting. This will feature the presentation of the 2013-14 Arts & Cultural information guide. For more information, call (772) 770-3403 or email info@cultural-council.org.

SATURDAY, SEPT. 28

• Hands Across the Lagoon: 9-10 a.m., Environmental Learning Center, 255 Live Oak Drive, Vero Beach, on National Estuaries Day. Hands Across the Lagoon events are occurring in five Indian River Lagoon counties to celebrate National Estuaries Day to call attention to the declining condition of the lagoon and ask leaders to make their health a priority. Participants are asked to join hands at 9:45 a.m. for 15 minutes to show you care about the lagoon and want to see it restored. For more information, call (772) 589-5050 or email info@discoverELC.org.

• Spaghetti Dinner benefit: 5:30-8 p.m., Gifford Youth Activity Center, 4875 43rd Ave., Vero Beach. Spotlight is on domestic violence in this benefit for the Indian River County Citizens Advisory Support Group in their fight against abusive behavior. Food, live entertainment, raffle prizes, testimonials, more. Guest speakers include a State Attorney's office representative, Indian River County Sheriff's Office Victim's Assistance Coordinator, and a Sheriff's Office forensics representative. Public, ages 16 and over, is welcome. Semi-formal attire requested. Tickets are \$10 each. To purchase a ticket or make a donation, call Freddie Woolfork at (772) 794-1005, Ext. 234, or Deidra Ausby at

(772) 563-3045, or email irccasgroup@yahoo.com.

ONGOING EVENTS

• Third Thursday dances: 7-10 p.m. on the third Thursday each month, all year, at Vero's Heritage Center, 2140 14th Ave. Sponsored by USA Dance. General fee is \$10 per person. Singles, couples, all levels of dance ability welcome, with dressy/casual attire. Different popular ballroom dance style and theme each month. Group class with a professional instructor starts at 7 p.m.; social dancing follows. For more information, visit www.verodance.org.

• Barefoot Bay Drifters Grief Support Group: VITAS Innovative Care offers a free grief support group in Barefoot Bay. Public is welcome. The group meets on first and third Wednesdays each month, 11 a.m. to 12:30 p.m., at Joe's Club South, 7951 Ron Beatty Blvd., Micco. For more information, call the VITAS Barefoot Bay office at (772) 664-1557.

• PFLAG of Vero Beach, Inc. meets the second Monday and fourth Tuesday of each month at 7:00 pm. Meetings are held at Unity Church, 950 43rd Ave. Vero Beach. For more information, call (772) 778-9835.

• Sebastian Area Historical Museum is dedicated to preserving and display the history of the Sebastian area with exhibits and artifacts from the Ais Indians, Pelican Island, Clothing, Family Life, Quilts, Fishing, Agriculture, and Early Transportation. The museum is located at 1235 Main Street, City Hall Complex, Sebastian, and is open Tuesday thru Thursday from 11 a.m. to 2 p.m. and Saturdays, during the summer, from 1 p.m. to 4. Admission is free and the reference library is open by appointment. Call (772) 581-1380.

• Friends After Diagnosis breast cancer support group: Two groups meet at Indian River Medical Center, 1000 36th Street, Vero Beach. One meets on the third Saturday of each month, from 10-11 a.m., in the executive dining room off the cafeteria. The other meets on the second and fourth Monday of each month, from

2-3:30 p.m. in the Cancer Center. Anyone who is a survivor, caretaker, friend or family member who has

been touched by breast cancer is welcome to attend. For more information, contact Lin Reading at (772) 978-

9392 or email linreading@bellsouth.net. **• Turtle Walks:** Advance registration required. Turtle

walks are limited to 20 guests each, and are con-

See **OUT, B4**

On the Sea

Edited by Linda and Charles Preston

ACROSS

- 1 Washington hostess Perle
- 6 "___ Three Lives"
- 10 Island native
- 15 Having a fight
- 19 Make changes
- 20 Asta's mistress
- 21 "A Bell for ___"
- 22 Just fair
- 23 Former noted violinist
- 25 Keeps waiting
- 27 Vice off.
- 28 In what way?
- 29 Loc. of Reykjavik
- 31 Lagged behind
- 32 Wise ___ owl
- 34 Singer Kitt
- 36 Annoying
- 37 Decorate for Christmas
- 42 Egypt's Sadat
- 44 Irish actor Milo
- 45 Treaty gp.
- 46 Peruvian
- 47 Golden girl Arthur
- 50 Comedian Erwin
- 51 Indolent one
- 54 FDR Secretary of State
- 58 "Top Gun" star
- 60 Milky gemstone
- 61 Paid to use
- 62 Effective
- 63 Strike down
- 64 Calm
- 65 Shakes a tail
- 68 Cosmetic items
- 72 Cannon of films
- 73 City in the Ukraine
- 76 By oneself
- 77 Pinnacle
- 80 Skin softener
- 81 Wooden shoe
- 82 News chief
- 87 Non-family ties
- 89 "Fiddler on the Roof" star
- 90 Columbus ed. institution
- 91 Poetic night
- 92 Fall mo.: pl.
- 93 Write
- 94 Alan or Adam
- 96 Wilkes-___, PA
- 98 First printings
- 102 Wake up sound
- 105 Respect
- 107 As well
- 108 Individual performer
- 110 Kazan of Hollywood
- 111 ___ mode
- 112 Recipe direction
- 116 Style of sweater

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8/4/13

Answers located in Classified Section

- 118 Accepting applause
- 121 Burden of proof
- 122 Made a selection
- 123 Nobelist Wiesel
- 124 ___ Gay
- 125 London gallery
- 126 Used a keyboard
- 127 Family rooms
- 128 Ferber and Best
- 12 Wharf dweller
- 13 Event
- 14 Oaf
- 15 More pale
- 16 Carpenter's needs
- 17 Small body of land
- 18 Hot drink
- 24 Former leader of Iran
- 26 Spiffy CA valley
- 30 Pres. Coolidge to pals
- 33 Way up
- 35 Animal trainer
- 37 Archaic action verb
- 38 This, in Toledo
- 39 Buddy
- 40 Garden tools
- 41 Swiss river
- 43 Room dividers
- 46 Angry
- 47 Movie rocker Gary
- 48 "Maria ___"
- 49 Pilgrim John ___
- 52 Twosome
- 53 Existence
- 54 ___ and goings
- 55 State a view
- 56 Actor Majors
- 57 More difficult
- 59 Cassandra nickname
- 63 Single-mast boat
- 65 Detective Nero
- 66 Worship
- 67 Be admitted
- 69 Traveled deluxe
- 70 Immigration island
- 71 Grocery bag
- 74 Offspring
- 75 Choice words
- 78 Guevara
- 79 Back teeth
- 82 Cain's victim
- 83 Baseball number
- 84 "Pepe Le ___"
- 85 In the event
- 86 Ladies of the cloth
- 88 Sore throat feeling
- 93 Like some skirts
- 95 ___ board
- 96 Look around
- 97 Former African dictator
- 98 Gold-plated
- 99 "Exodus" hero
- 100 New Haven students
- 101 Make arrangements
- 102 Fancy tie
- 103 "___ Doone"
- 104 Alaskan islander
- 106 Attorney General: '85-'88
- 109 Denomination
- 111 Related
- 113 Dark
- 114 "Whatever ___ wants..."
- 115 "___ the night before..."
- 117 Keystone ___
- 119 Foamy brew
- 120 Golly!

Spending some time at the outdoor expo

The Florida Outdoor Expo went off without a hitch last weekend with blue skies and warm temperatures. Thousands of outdoor enthusiasts filled the Indian River County Fairgrounds to get a glimpse of John Godwin of 'Duck Dynasty', ride in a real 'Monster Truck' and have some fun.



Cliff Partlow/staff photographer

Justin Stricklen of Gatorland, wrestled an eight-foot gator before a huge crowd.



Cliff Partlow/staff photographer

Eight-year-old Emily Blanco gets some bow and arrow lessons from Florida Fish and Wildlife Hunter Safety Coordinator Jo Anne Peagler.



Cliff Partlow/staff photographer

Four-year-old Christopher Ford keeps a safe distance behind his mom April as his sister Ciara Lasponaro holds a five-foot long alligator.

Out

From page B3

ducted in June and July on Fridays through Wednesdays at 9 p.m. at the Sebastian Fishing Museum on the south side of the Sebastian Inlet Bridge. Each program begins with a PowerPoint presentation at 9 p.m.; please arrive a few minutes early. If authorized scouts find turtles, the group will go directly to that location after the presentation. If not, around 10 p.m., the whole group will go to the beach with guides and walk up to 3 miles to look for nesting sea turtles. Participants must be in fair physical

condition. No flash photography is permitted. Flashlights are not to be used on the beach, but may be used while crossing dunes to begin and end the walk. No water or restrooms available during the walk. Wear comfortable walking shoes or sneakers and insect repellent; long sleeves and pants are suggested. Each program may end as late as 1 a.m. Seeing sea turtles is not guaranteed, but it's common. Contact the Sebastian Fishing Museum, (772) 388-2750.

• **Spark of Divine Learning and Healing Center** holds monthly meetings, workshops and classes including

yoga, a drum circle, tarot reading and more. For more information, costs and a schedule, call (772) 257-6499 or visit www.meetup.com/spark-of-divine-spirit-unity-reiki-unconditional-love/events/calendar.

• **Garden walk with country care roses**, weekends from 9 a.m.-4 p.m., 14070 109th St., Fellsmere. For more information, call (772) 559-5036.

• **Vero Beach Elks Lodge sends cookies to soldiers:** Homemade or store-bought cookies may be dropped off at 10 a.m. on the third Thursday of every month. Money donations for shipping costs are also appreciated. Bring cookies to Vero Beach Elks Lodge 1774, 1350 26th St. Vero Beach.

• **Friday farmer's market in downtown Vero Beach.** For more information, call

(772) 581-2746.

• **Men's singles tennis pyramid:** Play runs from 6-8 p.m. every Thursday at the Riverside Racquet Complex, 350 Dahlia Lane, Vero Beach. This is an adult league for ages 18 and older; men's levels of 3.5/4.0. The fees are \$2 per week for members and \$5 per week for non-members (plus \$1 light fee per hour when applicable). Participants must check inside the pro shop with the attendant on duty and pay before going to the courts. Players must register weekly by sending an email to Brian Orzel, singles pyramid coordinator at orzelp@gmail.com by noon on Thursdays. A maximum of 14 players will be accepted for these pyramid or ladder format sets against three different opponents. For more information contact Gaby Dwyer, tennis supervi-

sor, at (772) 231-4787 or contact Brian Orzel at (772) 538-0465.

• **Sunset Saturday night cruises:** Oceanside Business Association of Vero Beach's sunset Saturday cruises on the second Saturday of the month located on the corner of Ocean Drive and Dahlia Lane. For more information, visit www.VeroBeachOBA.com.

• **Sunset at the plaza sponsored by Mulligan's Beach House** will have arts, crafts, live music, kids eat free and more every Thursday from 5-8 p.m. at the Vero Beach Mulligan's, 1025 Beachland Blvd., Vero Beach.

• **Indian River Civic Association and the Florida Irish-American Society are conducting a food drive to benefit a local Veteran's Group Home.** Every Wednesday at noon the Irish Club, located at 1314 20th Street in

Vero Beach, invites the public for a home-made lunch and dessert while listening to the big band sound of a local senior musical group. All ages are invited, and the cost is \$7, no reservation required. Please bring a non-perishable food item. Every month the IRCA distributes this food, along with fresh meat to the veterans. For more information, call (772) 913-1196 or (772) 569-1460.

• **Pelican Island National Wildlife Refuge:** Call the refuge at (772) 562-3909, Ext. 275, or visit fws.gov/pelicanisland/events

• **Italian-American War Veterans, Post No.3 and Women's Auxiliary,** located at 2500 15th Ave., Vero Beach, holds business meetings at 7 p.m., on the second Wednesday of each month. Social meetings are held at 6 p.m., on the fourth Wednesday of the month. New members welcome. For information, call (772) 231-5673 or (772) 770-2558.

• **Vero Beach Railroad Station** in downtown Vero Beach was originally built in 1903. It is on the National Register of Historic Places, and is open Tuesday from 10 a.m. until 1:30 p.m., and Wednesday through Friday from 10 a.m. until 3 p.m. Visitors can tour the exhibit center and get a glimpse of local history from prehistoric times through World War II. There is a model train display that offers panoramic views of historical sites in Indian River County. The railroad station is located at 2336

See OUT, B5

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Sharks guard the net against the Indians



The Sebastian River High School hosted Lady Sharks Preseason Jamboree Saturday. Vero Beach Lady Indians, St. Lucie West Centennial, The Pine School and the Sharks played for bragging rights. The teams are allowed to play once competitively before the season opener Wednesday, Aug. 28. From right, Sebastian's Devan Brann (No. 12) and Tiffany Cobb (No. 9) block a shot from Vero's Palmer Cooksey late in the second game. Vero won 25-14 and 25-22.

Cliff Partlow
staff photographer

Out

From page B4

14th Ave., Vero Beach. For more information, call (772) 778-3435.

• **Indian River County Historical Society** preserves the artifacts, sites and structures related to Indian River County heritage and offers maps and directions to sites of historic interest throughout the county. The society is housed in a 1903 Vero Beach Train Station, located at 2336 14th Ave., Vero Beach, and is open Monday, Wednesday and Friday, 10 a.m.-1 p.m. For more information, call (772) 778-3435.

• **The Heritage Bluegrass Band** performs every Tuesday night, from 7:30-10 p.m. There is no admission charge and donations are appreciated. Light refreshments are available. The Heritage Center is located at 2140 14th Ave., Vero Beach.

• **Guided kayak tours:** Visitors paddle along the Indian River Lagoon and enjoy nature at its tropical best. Experience the thrill of close encounters with dolphins, manatees and exotic birds. The guide is a master naturalist and U.S. Coast Guard captain. Cost is \$47 each for a 2-1/2 hour tour. Reservations are required. Space is limited to

12 participants. For more information call (772) 234-3436.

• **Indian River Citrus Museum** tells the story and preserves the artifacts, photographs and memorabilia of the pioneers who established the most distinguished citrus fruit in the world. Open Tuesday through Friday 10 a.m.-4 p.m., in the Heritage Center, 2140 14th Ave., Vero Beach. For more information call (772) 770-2263.

• **McKee Botanical Garden** is an 18-acre botanical garden listed on the National Register of Historic Places and endorsed by the Garden Conservancy. This Florida hammock offers a diverse botanical collection, as well as several restored architectural treasures, the hall of giants and Spanish kitchen. Self-guided tours are available Tuesday through Saturday from 10 a.m.-5 p.m., and Sunday from noon-5 p.m. It is closed Mondays and major holidays. Admission is \$9 for adults, \$8 for seniors and \$5 for children. It is located at 350 U.S. 1, Vero Beach. It also has a gift shop, library and café. For more information, call (772) 794-0601 or www.mckee-garden.org.

• **McLarty Treasure Museum** features treasures discovered from ancient

Spanish ships wrecked in 1715, off of Indian River County's coast. Open seven days a week from 10 a.m.-4 p.m. Admission is \$1 for ages 6 and older. Located at 13180 A1A, Vero Beach, north of County Road 510. For more information, call (772) 589-2147.

• **Environmental Learning Center:** An elevated boardwalk creates a trail through a mangrove forest, butterfly garden, native plant garden, wet labs and more. Also there are canoe tours, workshops and other activities. It's open daily, with one-hour tours offered throughout the week. There is no admission charge. Visitors can also see the Florida cracker-style home of poet Laura Riding Jackson on Saturdays from 9 a.m. to noon. The center is located at 255 Live Oak Drive, Vero Beach, south of the Wabasso Bridge. For more information call (772) 589-5050 or visit www.elcweb.org.

• **ORCA:** Enjoy the Oslo Riverfront Conservation Area, 350 acres along the Indian River Lagoon in southern Indian River County. The trail system takes you through a variety of distinct natural communities. A canopy of live oaks, orchids, wild coffee bushes, mangrove wetlands and wildlife are part of the experience. There is a bird

watching observation platform and tower and the "awesome pine," the largest slash pine tree in the world. Park is open daily from dawn to dusk, with weekly and monthly guided nature walks. There is no admission charge. For more information, call (772) 778-7200, Ext. 173.

• **St. Sebastian River bluff preserve:** Hiking, jogging, walking and nature study are permitted throughout the preserve, except in areas posted as closed or restricted. Access point is off County Road 512, just west of Sebastian Middle School. The preserve is open for daily use only, except for overnight camping by permit. Horseback riding is allowed on Wednesday. Contact the preserve office to make camping reservations and obtain a permit at (321) 953-5004.

• **Environmental viewing area** gives a close-up view of manatees and other wildlife during the winter months. Limited parking is available; see signage. It is west of the Vero Beach Municipal Power Plant on Indian River Boulevard, near the 17th Street Bridge, in Vero Beach.

ART GALLERIES

• **Artists Guild Gallery,** 1974 14th Ave., Vero Beach.

Call (772) 299-1234 or visit www.artistsguildgalleryverobeach.com.

• **The Gallery at Windsor,** 10680 Belvedere Square, Vero Beach. By appointment only. (772) 388-4071.

• **Gallery 14,** 1911 14th Ave., Vero Beach. (772) 562-5525.

• **The Laughing Dog Gallery,** 2910 Cardinal Drive, Vero Beach. Open 10 a.m.-5 p.m. Monday-Saturday. (772) 234-6711

• **Tiger Lily Art Studios and Gallery,** 1903 14th Ave., Vero Beach. (772) 778-3443.

• **Vero Beach Museum of Art** features exhibitions of international, national and state importance are shown throughout the year in four galleries. The museum also houses a gift shop store and is the largest teaching museum school in Florida. It is located at 3001 Riverside Park Drive, Vero Beach. For more information, call (772) 231-0707

BARS AND CLUBS

• **Capt. Hiram's Resort,** 1580 U.S. 1, Sebastian. For a

look at the full entertainment lineup, visit www.hiram.com. (772) 589-4345

• **J.J. Manning's Irish Pub,** Wednesday night, wine and bingo night at 7 p.m.; Thursday, pub quiz night at 7 p.m. 740 S. Fleming St., Sebastian. (772) 589-1238. www.jjmanningirishpub.com

• **Kelley's Irish Pub,** 484 21st St., B, Vero Beach, Friday night sing-along in the piano bar. (772) 567-3838.

• **Kilted Mermaid,** 1937 Old Dixie Highway Vero Beach. Open Tuesday-Saturday, 5 p.m.-1 a.m. Wednesday, open mic jam session; Thursday, trivia with Jason; Friday, live music; Saturday, live music. Call (772) 569-5533.

• **Marsh Landing,** 44 N. Broadway St., Fellsmere: Bluegrass jam every Thursday night from 6:30-8:30 p.m. Call for other entertainment schedules. (772) 571-8622.

To have your upcoming event listed here, email newsfp@hometownnewsol.com.

College accepting applications to nursing assistant program

For Hometown News
NewsFP@hometownnewsol.com

TREASURE COAST — Anyone who wants to get started in the healthcare field should consider registering for the Nursing Assistant course at Indian River State College.

IRSC is accepting applications for Nursing Assistant classes. Most Nursing

Assistants help with patient care activities such as bathing and feeding. Nursing Assistants work under the supervision of nursing or medical staff to provide basic care in hospitals, nursing homes, physicians' offices, clinics and in-home care. This Nursing Assistant course is the first step to becoming a Licensed Practical Nurse.

The Nursing Assistant course takes about seven weeks to complete. In the program, students attend class approximately 20 hours per week. Day and night classes are available at IRSC campuses and locations in Indian River, Martin, Okeechobee and St. Lucie counties.

In addition to Associate Degrees and Bachelor's

Degrees, IRSC offers many Quick Job Training programs that enable students to gain job skills in less than a year.

For more information on the Nursing Assistant Program, contact the IRSC Nursing Department at (772) 462-7570, email info@irsc.edu or visit www.irsc.edu.

Moving company commits to feed the hungry on the Treasure Coast

For Hometown News
NewsFP@hometownnewsol.com

VERO BEACH — White Glove Moving, Storage and Delivery of Vero Beach has joined the nationwide network of relocation companies dedicated to ending hunger in the communities they serve.

White Glove Moving has joined forces with 'Move For Hunger,' a nonprofit that works with relocation companies to get unwanted food from families who are moving to those who need it.

The crew of White Glove Moving will now be collecting any food items their clients won't be taking with them, and delivering the donations directly to Treas-

ure Coast Food Bank. Treasure Coast Food Bank, together with more than 200 partner agencies, distributes millions of pounds of food annually throughout Indian River, St. Lucie, Martin and Okeechobee counties.

"We've always encouraged those leaving our area to donate their unused non-perishable food, and many individuals do so through our annual Farewell Food Drives," said Judith Cruz, Treasure Coast Food Bank CEO. "We welcome the efforts of White Glove Moving to help secure more food for those in need on the Treasure Coast."

"As a company, we feel blessed to have the work

and referrals of fellow Treasure Coast residents and businesses," said Phil DeLange, president of White Glove Moving. "We are thrilled that by helping people and families move, we can also help end hunger and make a difference in the lives of those who need it during difficult times."

More than 18 percent of Florida's population lives at risk of hunger. Every day more than 3 million people struggle to find their next meal, including 1.1 million children. It has never been more important for the more fortunate members of the community to lend a hand to those in need, said Gavin Christiansen, director of operations at Move For

Hunger.

Treasure Coast Food Bank is the largest hunger relief agency on the Treasure Coast, providing millions of pounds of food to more than 200 charitable organizations in Indian River, St. Lucie, Martin, and Okeechobee counties serving those in need. In addition to food distribution, Treasure Coast Food Bank provides numerous programs that not only solve the immediate problems of hunger, but help individuals and families gain long-term food security.

For more information on Treasure Coast Food Bank, call (772) 489-3034, or visit www.stop hunger.org.

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The importance of sunglasses while golfing

Now that the rains have stopped coming every afternoon, you've probably noticed that the sun is pretty bright. Sunglasses are a tremendous help in battling the brightness when you are out and about. Many of us use them when driving, or walking, or just outside, but have you considered the benefits of wearing them while playing golf?

Today's sunglasses perform two tasks. First they protect our delicate eyes from the sun's damaging rays. Second, if you find a pair with golf-specific lenses, they will accentuate the contours and shapes on the fairways and greens, as well as assist you in following the ball while it's in flight.

One misconception that many people have is that sunglasses are pretty much all the same. Some ask, "Why pay a lot for sunglasses that I may just lose?"



GOLF
JAMES
STAMMER

Don't they all just block out sunlight?"

Unfortunately that isn't really the case. The inexpensive sunglasses actually do more harm than good when it comes to your eyes. Cheap sunglasses are usually nothing more than dark lenses on cheap frames. These dark lenses cause your pupils to open further allowing harmful UV light in to damage your lens, retina and cornea. They also aren't coated to prevent those rays from getting through and may damage your eyes just when you think they are protecting them. Better glasses feature better optics, meaning less distortion so your eyes can focus sharply on what you are seeing.

I have spent the past few months testing out some of

the latest designs in golf sunglasses. I've picked out a few of my favorites to tell you about. Two companies even gave me a discount code to pass along for you to give them a try and save money in the process.

I have long been a fan and wearer of Rudy Project eyewear (www.rudyprojectusa.com). In fact, my prescription glasses come from them and you can get your own RX built right into the sunglass lens.

This company also has one of the best warranties in the business. The Italian-made frames are guaranteed for three years, and the lenses for life. Pro-golfer Edoardo Molinari swears by them, and many of the riders in the Tour de France choose Rudys to protect their eyes as well.

Rudy Project's series of golf eyewear features four frames, each coming in several colors, with interchangeable lenses and fully adjustable non-slip nose

pieces and temples to get the perfect fit.

Each piece is very lightweight and the lenses features a ventilation system that keeps them from fogging, as well as low surface tension, meaning that sweat or other moisture simply bead and roll right off.

In all, there are more than 40 frames and 40 lenses to choose from. Every piece features an adjustable nosepiece, safety hinges, adjustable temples, quick-change lens system and more. If you order direct from them, use the code RP25L7 for a 25 percent discount.

One of the new players and best deals in the business comes from XX2i Optics (www.XX2i.com). Paul Craig started this division of Racing and Cycling Enterprises to combat all the people copying his high end line of glasses. He wanted to give his customers a choice in

affordable eyewear with the technology and quality of his more expensive lines.

With XX2i, you get two different choices in frame, each with three color choices. From there you can pick up to five different sets of interchangeable lenses to have the perfect optics for any outdoor activity.

Prices start at \$54 for a single pair and only go up to \$150 for a "dual kit" that gets you two pair of glasses and five sets of lenses in a hard case. If you order from the website, use the code XX5XG5 for a 50 percent discount and free shipping.

Maui Jim (www.mauijim.com), a company with one of the industry's best warranties, makes what may be the lightest pair of glasses ever known to mankind.

The Olowalu and Honolua Bay models come with a beta-titanium, hinge-less frame that is so light you will forget you're wearing them. I have a friend who

once coated his with spray sunscreen when he forgot to take them off.

The rimless design gives you an unobstructed view, perfect for concentrating on the golf ball before you hit it. The MauiPure lens is the lightest weight available, is scratch and impact resistant, and the injection molded process gives these lenses incredibly crisp optics.

In all, Maui Jim has 27 different golf frames. You should be able to find something that fits your game and style.

Whatever eyewear company you choose, just be sure to choose one with products that truly protect your eyes and backs up its products with a solid warranty.

James Stammer has been an avid golfer and golf enthusiast for nearly 40 years. He hosts the Thursday Night Golf Show on WSTU 1450-AM. Contact him at stammeregolf@yahoo.com.

A fishy story about an old friend

The other day I visited an old friend of mine who I haven't seen in several months: Joe Middleton of Blue Cypress Lake.

Joe has been around this area for many moons and has as many stories as you care to listen to. His tales are not just interesting, but almost unbelievable and recall what Indian River once was.

I met Joe Middleton several years ago in the Florida Bass Trail Tournament. We never fished together- always against



FISHING
TALES
JOE KUBIK

each other. He is a tough competitor, a good fisherman and always helpful and generous.

Whenever you see him out on a lake, you could be sure there were fish in the area so don't lose sight of him. You want to stay in his vicinity for several reasons. You'd never

have to worry about trying to find the boat ramp after a long day and — more importantly — he always knows where the fish are.

I can recall one tournament in which we were competing and I just kept sight of him all day. It seemed like every time I looked over his way, it seemed either he or his partner were netting yet another catch.

My partner and I were having a good time ourselves, but not as well as them. Now, in this type of tournament, there is a rule

that states you may only keep a certain number of fish in your live well to be weighed.

If you are lucky enough to meet that limit, you can release the smallest fish and replace it with a larger one as the day proceeds.

The trick is to remember how many fish you have in your well, which seems easy, but is harder than it seems when you are catching fish as fast as 'all get out.'

If you have one too many, you are out! Disqualified! No questions asked, no excuses

heard.

Well, you guessed it: Joe and his partner came in for the weigh-in and after they counted out their fish into the basket, lo and behold, there was one left in the live well that was not supposed to be there.

An official of the tournament was standing on the bank overseeing things. No questions, no excuses — they were out. Disqualified! They would have won that tournament. So what happened? One partner thought the other one threw

out the extra fish and the other partner thought the first had done it. Consequently, no one did anything. A real shame.

The bass are biting at Blue Cypress! Your best bet is spinner baits and Senkos.

Next time I'll talk about tournament rules and regulations.

Until then, enjoy, be safe and go catch a biggun!

Joe Kubik is a tournament fisherman and former charter captain. He can be reached at j.kubik@comcast.net

OBITUARIES

Madison Jane Smith

Madison Jane Smith, 6, of Fellsmere, died Aug. 17, 2013. She was born in Melbourne, Fla., and was a lifetime resident of Fellsmere.

She is survived by her parents, Timmy and Janie; a sister, Taylor; fraternal grandparents, Tim and Brenda; maternal grandparents, Jim and Betty.

Arrangements by Strunk Funeral Home & Crematory.

Clyde Hamrick Kennedy

Clyde Hamrick Kennedy, 93, of Wabasso, died Aug. 20, 2013.

She was born in Aucilla and lived in Wabasso for 88 years.

She is survived by many nieces and nephews.

Arrangements by Strunk Funeral Home and Crematory.

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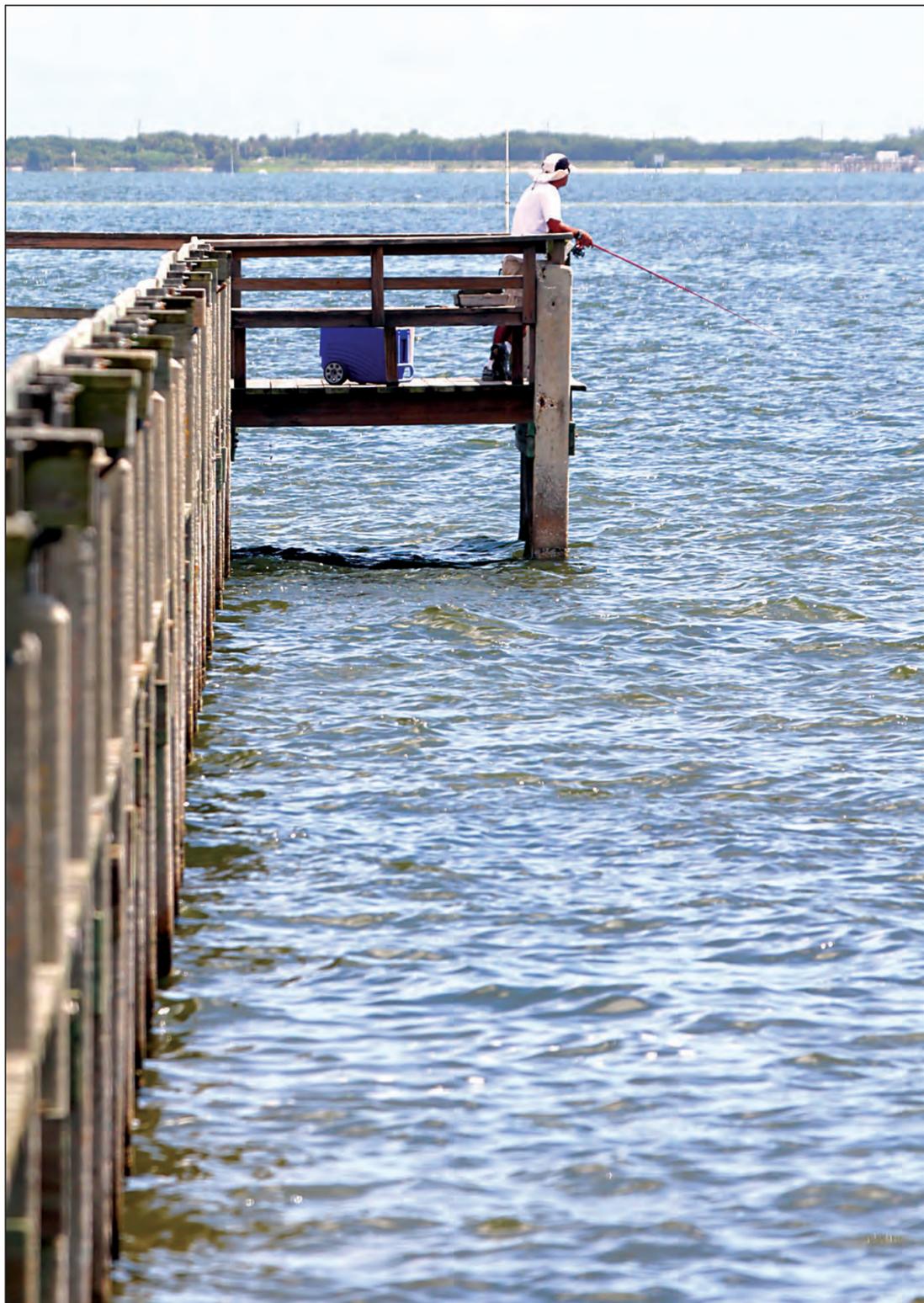
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Gone fishin'



Cliff Partlow/staff photographer

A lone fisherman tries his luck on the T-dock at the Main Street Boat Ramp Friday, Aug. 23.

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