

SEBASTIAN RIVER AREA Hometown News

USE
MOM'S
RECIPES

Go back to the basics of cooking for some special meals Page B6



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HOW WEIRD IS THAT?
SEAN MCCARTHY

Spend any time surfing the Web and you are bound to find stories that are just too bizarre to be true. Here's a sampling, edited for length. And remember, just because it's online doesn't mean it's true!

Woman fined for letting 12-year-old drive

From news.yahoo.com: A Montana woman accused of letting her 12-year-old daughter drive three siblings to day care has been fined nearly \$1,000.

Angela Parenteau entered a no contest plea to one count of criminal endangerment.

Prosecutors say in March, Parenteau allowed her daughter to drive three younger siblings from their house in Vaughn to a day care about 15 miles away in Great Falls. Police say Parenteau claimed she was too sick to drive and on medication.

The state said it agreed to the plea agreement because the 12-year-old girl did not want to testify against her mother.

School tells all parents their children are absent

From www.wcmt.com: A student absence phone call that went to every family of students at a West Tennessee middle school caused an uproar.

The automated call is set to go out at 9 a.m. each day from Martin Middle School, but only to families whose children have been marked absent that day. But instead, the call went to parents of all 475 students at the school.

Principal Nate Holmes

See **WEIRD, A8**

ENTERTAINMENT B1

KNOW-IT-ALLS



'The 25th Annual Putnam County Spelling Bee,' opens Riverside's season

HEALTH A6

EAT HEALTHY



Part 2 of the ABCs of nutrition begins with M for mackerel

WEEKEND WEATHER

Friday: Partly cloudy; high: 92; low: 73; high tide: 12:57 p.m.; low tide: 6:46 p.m.
Saturday: Partly cloudy; high: 91; low: 73; high tide: 1:57 p.m.; low tide: 7:52 p.m.
Sunday: Isolated thunderstorms; high: 90; low: 71; high tide: 3:02 p.m.; low tide: 9:04 p.m.
Weather courtesy of www.weather.com

INDEX

Classified	B7	Police Report	A5
Crossword	B6	Rants & Raves	A6
Health	A6	Star Scopes	B1
Obituaries	A8	Travel	B5
Out & About	B1	Viewpoint	A6

Mud bogging is back

By Jessica Tuggle
jtuggle@hometownnewsol.com

FELLSMERE — It's about to get a little muddier in Fellsmere.

The Fellsmere City Council voted unanimously to allow Treasure Coast Motorsports Park to open a section of the old Mesa Park for mud bog racing after approving special event permits in an ordinance vote.

The first races will take place on Nov. 7, and the permit will

not expire until February 2010.

All of the races will be held on Saturdays with set-up on Fridays, the permit stated.

Racing will take place on the northeast section of the property, as far away from the residential area as possible, said city manager Jason Nunemaker.

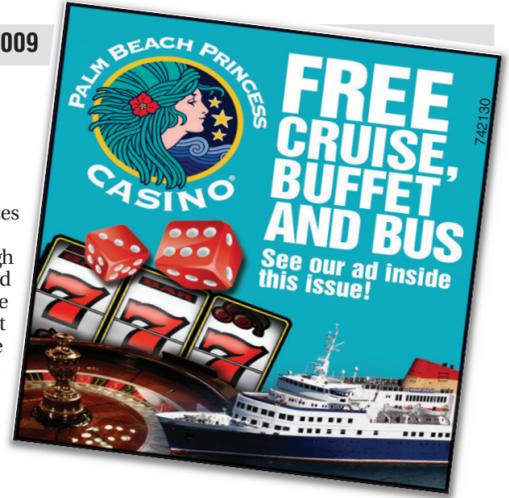
To address concerns about noise, Ike Heckler Jr., managing partner of the motorsports park, agreed to have all the racing

vehicles muffled and the races concluded by 6 p.m.

A 400-foot long, six-foot high berm is to be constructed along the west side of the property before the first event takes place. Hedges are to be planted on top of the berm as well, the permit said.

Traffic concerns were also addressed in the permit conditions, including a maxi-

See **MUD, A5**



Abuse cases up nearly 30 percent

October is National Domestic Violence Awareness month

By Jessica Tuggle
jtuggle@hometownnewsol.com

INDIAN RIVER COUNTY — It can be verbal, physical, emotional or even sexual abuse. And some women just sit there and take it.

Tasha, whose name has been changed for safety reasons, said she experienced all the above abuses in her past relationships and didn't think there was any way out.

"I saw it, but didn't want to accept it," said Tasha.

"I turned a blind eye to it because I was in love and I wanted to have the perfect marriage. I always thought, 'It's not so bad, he'll get over it,' but that's not what happened," she said.

Women, children and even a small percentage of men are just like Tasha. They live with relationships that are negative and damaging without recognizing the signs of domestic violence abuse.

While October is official-

ly domestic violence awareness month, every month, it is important to remember that people are hurting everywhere as a result of domestic violence, mental health officials said.

Domestic violence cases reported to the Indian River County Sheriff's Office alone increased 5 percent from 2007 to 2008, and this year's projections show a similar increase.

According to the Uniform Crime Reports for 2008, law enforcement from all over the county reported 655 domestic violence offenses and a total of 507 domestic violence arrests.

SafeSpace, an emergency shelter for survivors of domestic violence, reported they served 237 people in Indian River County, whether through outreach programs or with emergency sheltering, from June 2007 to July 2008.

For the 2008-09 year, they have recorded 308



Silence does not help the ones we love find hope or safety. If someone you care about is being abused, Make the Call that could save their life.

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people served, an increase of nearly 30 percent.

SafeSpace is the only state certified domestic violence center in the county and has been operational for 30 years.

Women try to stay in

abusive relationships many times because of financial reasons or they want it to work for the good of the family, but no one should tolerate abuse

See **VIOLENCE, A2**

Vendors wanted for green living expo

By Jessica Tuggle
jtuggle@hometownnewsol.com

INDIAN RIVER COUNTY — Environmentally friendly living will be the theme at the Indian River Mall in Vero Beach on Oct. 24, during the third annual Green Expo.

To help make the event

a success, more vendors with eco-friendly or sustainable living products are welcome to sign up, said Ursula Gunter, director of mall marketing and business development.

"Any business that has

See **VENDORS, A7**

Sponsors needed for budding scientists

By Jessica Tuggle
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INDIAN RIVER COUNTY — Adriana Olaya, is only a freshman at Vero Beach High School, but she has already fostered a love for science.

She started off tinkering with seed germination in the third grade and has moved up to studying the relationships between bac-

teria and fungus, all with the encouragement of her family and the help of the annual Indian River Regional Science and Engineering Fair.

Earlier this year, Adriana took top honors in her age division by receiving best in show at the state level of competition for her science project that involved studying biological controls.

See **SCIENTIST, A3**

Goat raising hobby turns into profitable venture

By Jessica Tuggle
jtuggle@hometownnewsol.com

VERO BEACH — Tiny little hooves tip-tapping and the high-pitched bleating of small goats fill the air at Darlene Dollins' Doll Babies Farm in Vero Beach.

The petite size of the miniature goats is in no way an indicator of their love of treats, as all four goats eagerly nibbled at the stem, leaves and petals of a bright yellow sunflower.

As a child, Ms. Dollins drank goat's milk because she was allergic to cow's milk. A couple of years ago, she began researching raising her own dairy goats on her land in Vero Beach.

"Each goat has their own unique little personality and it can really affect you if you let it and I just fell in love with them," Ms. Dollins said while the goats nibbled on the flower.

After she acquired two females, and was enjoying



Cliff Partlow/staff photographer Darlene Dollins, owner of Doll Babies Farm, feeds her Nigerian dwarf goats sunflowers she grew in her garden.

the daily milk, she decided to try to make goat-milk soap. Since then, she has received so much positive feedback she decided to create a small business to sell the soaps.

"I don't want this to get really big, but I do look at it like a profitable hobby," Ms. Dollins said with a smile.

Combining the goat's milk

with various oils, lard, lye and fragrances makes a soap that is soothing to the skin and full of healthy vitamins.

"The soap I make is full of vitamins and minerals from the milk that you can absorb into your skin. It's not at all like the commercial soaps

See **HOBBY, A3**

William Sloan

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Violence

From page A1

of any kind in a relationship, said Charlotte Brown, shelter manager at SafeSpace.

The shelter in Vero Beach has enough sleeping and small living spaces for about 24 people and is generally at capacity, Ms. Brown said.

With the downturn in the economy, she has seen a need for survivors to stay a little longer than normal because of the difficulty of finding employment in the county.

Tasha is one of the hundreds of women helped by SafeSpace this past year.

"I've had to rewrite my life story," Tasha said.

"He (her partner) had me closed in and isolated, but now I feel I can go out there and be on my own because of the blessings and encouragement that people gave me at SafeSpace," she said.

"My kids can go to school and I can look for a job. They helped us with clothes, food, everything," Tasha said.

Since coming to SafeSpace and using their services, Tasha said she is able to identify alarming behaviors that can point to an abuser.

"It's all about power and control and they want to isolate you from your family, and it's all kinds of abuse. I let it slide so many times. I was even raped by him, but I didn't want to think about it because I was ashamed,"

Tasha said.

Beth Griffin, a therapist at the Mental Health Association that works with battered women, said many times, women who come out of abusive relationships have to find themselves again.

"They need to establish their own values and build their own self-esteem back up," she said.

Joseph Guarine, another therapist with the Mental Health Association, administers a 29-week course for male batterers, or abusers.

During the class, which is often court-ordered, but a few voluntarily take the course, the men are confronted with their behaviors, learn to analyze them and

strive to overcome the tendencies to abuse their partners, whether with threats, intimidation, physical violence or sexual abuse.

"We work with them to make them see that what they are doing is not OK, and it's never OK," Mr. Guarine said.

Statistics and recidivism rates were not available.

Ms. Griffin added, statistics have shown a boy, by age 8, can already be programmed for abusive behavior, but, with positive male role models investing in his life, that can be completely changed around.

"It's a learned behavior and intervention and education is the key," Ms. Griffin said.

Be on alert for signs of domestic violence

Here are some warning signs that you may be dealing with an abuser from the Mental Health Association of Indian River County:

- Constant put-downs.
- Attempting to humiliate a partner.
- Blaming own bad behavior on partner.
- Limiting social circle.
- Pushing, kicking, choking partner.
- Treating partner like a sex object.
- Limiting financial income, not allowing partner to get a job.

The telephone number for the 24-hour domestic violence crisis hotline is (800) 500-1119.

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Managing our mangroves

Lisa Cohen, shoreline restoration coordinator with the Florida DEP, left and Victor Franzese, gather mangrove propagules at Fisherman's Landing in Micco, Sept. 24. A dozen or so volunteers helped gather the seeds which will be potted in the mangrove nursery in the St. Sebastian River Buffer Preserve State Park. The seedlings will be planted at a later date. The event was part of National Estuary Day.

Cliff Partlow staff photographer



Lisa Cohen, shoreline restoration coordinator with the Florida DEP, shows the difference between a red mangrove propagule left, and a black mangrove seed, right. The red mangrove propagules are larger and heartier and tend to grow much easier than other species.

Cliff Partlow staff photographer

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Hobby

From page A1

that are full of chemicals and leave your skin feeling so dry. All of those chemicals going into your body, and who knows what happens to them after that, not me," Ms. Dollins said.

Currently, Ms. Dollins has two adult female goats, one that delivered male-female twin kids in the spring, and one that is due in November.

The goats are all Nigerian dwarf goats, and look just like standard dairy goats in miniature. Their coloring is varied with shades of brown, black and white, making for unique coat patterns.

Nigerian dwarf goats are popular dairy goats because of their small size. A female will probably weigh between 55 and 60 pounds, and a male between 70 and 75 pounds, said Ms. Dollins.

The amount of milk they produce per day is also perfect for a smaller group of dairy consumers.

Ms. Dollins plans to keep a

good size herd of goats, and is excited about the birth of the new kids.

"This is her fourth breeding, though her first with me, and we're hoping she's only carrying twins, but she's already huge," said Ms. Dollins.

Nigerian dwarf goats can deliver up to four kids at one time, she said.

Ms. Dollins describes herself as a person who constantly needs new challenges in her life.

"That's one of the reasons I got into the goats, because I had done drag racing in the past, and I've been doing accounting for so long, and it was a new challenge," she said.

Doll Babies Farm also has a small vegetable garden and flocks of chickens, ducks and geese whose eggs Ms. Dollins sells.

The goats both give and take from the garden, Ms. Dollins said.

"They love to eat the Kentucky wonder pole beans, and collard greens and sunflowers, and then I use their



Cliff Partlow/staff photographer

Doll Babies Farm owner Darlene Dollins pours her homemade goat's milk soap into molds so they can set.

manure to fertilize the garden," she said.

Ms. Dollins sells the soap she makes that the Beachside Farmer's Market on Saturdays.

For more information about products from Doll Babies Farm, visit the Web site at <http://dollbabiesfarm.com> or contact Darlene Dollins at Darlene@expressreel.com.

Scientist

From page A1

"Some organisms, like bacteria, can control other organisms, like fungus," said Adriana.

She also won first place in the microbiology category and overall first in biological projects for her division.

This was her second time showing at the state fair, but her preparation through the regional fair, which is sponsored by the Education Foundation of Indian River County, is one of the highlights of her year.

"It's really great of the Education Foundation to be giving us this great learning opportunity," Adriana said.

The Education Foundation is a nonprofit organization with a mission to meet the needs of public, private and charter school students and teachers through creating programs and acquiring grants and donations. Though the next regional fair isn't until January, the Education Foundation is already looking for volunteers and sponsors for the event, which is in its 18th year of existence.

The science and engineer-

ing fair gives students the opportunity to share their scientific research and win college scholarships, said Cynthia Falardeau, executive director of the Education Foundation.

About 550 students competed for academic prizes and scholarships totaling more than \$650,000, she said in an e-mail.

The next fair will be held at Gifford Middle School on January 30, 2010.

The science and engineering fair is the only regional fair to be administered by an education foundation and is funded entirely by grants

and private donations.

Volunteers and sponsors are greatly needed to make the fair another success, Ms. Falardeau said.

"It's really cool to see all the projects. It's math, computer science, biology, and you see all the levels of projects that people do, it's just very diverse," said Adriana.

"I think science fairs are one of the best things that a student can do," she said.

For more information about sponsorship and volunteer opportunities, visit www.edfoundationirc.org, or call (772) 564-0034.

H1N1

From page A1

a local business offering public safety, emergency management and corporate training development services, will give the presentation.

As with any type of emergency situation, having a plan

in place to prevent panicking is always the best situation for everyone.

Cross-training employees is one way to have all of your bases covered, Ms. Chandler said.

"We give our members an emergency preparedness manual, so they can prepare for the worst-case scenario.

It's annual for anything from natural disasters like a hurricane, to pandemic flus," she said.

Space is limited, so registration is required. Participants can register online at <http://ntb-group.com/events/rsvp.php>, or by calling the chamber.

This presentation is just one

of the ways the chamber looks to help local businesses flourish.

"Wherever we see a need in the business community, we do our best to meet that need," said Ms. Chandler.

For more information, call the Indian River County Chamber of Commerce at (772) 567-3491.

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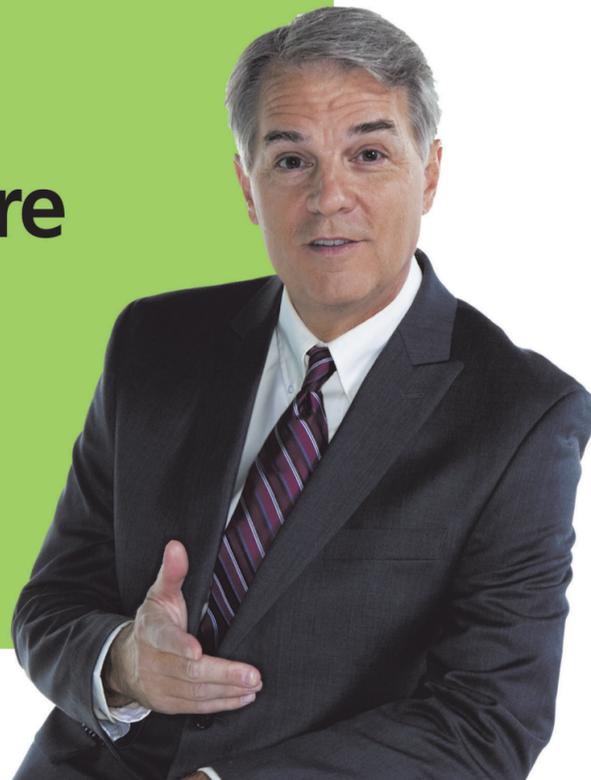
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Hydrant dispute going before special master

By Jessica Tuggle

jtuggle@hometownnewsol.com

FELLSMERE — An ongoing battle between Fellsmere and Indian River County officials about paying fire protection fees on hydrants is taking the first steps toward resolution.

Last week, Fellsmere officials sent county officials a civil violation notice for failing to pay fire protection fees on 112 fire hydrants, said Larry Napier, interim director of finance for Fellsmere.

If county officials refuse to pay the fee, Fellsmere officials, according to their code enforcement ordinances, have the option of going

before a special master, an attorney hired by the city assigned to settle the violations.

According to the city's code enforcement violation letter, the county has until Oct. 12 to pay the city \$12,871 in fees or go to the special master. The total is the amount remaining from the 2008-09 budget year, when the county made a payment late and lower than the city charged.

The appointment with special master John Banks is set for Oct. 28 at 5 p.m. in Fellsmere City Hall.

Mr. Napier said fees being charged to the county are the same fees charged to the 35 private users in

Fellsmere.

"We're treating them the same as any customer," Mr. Napier said.

The only difference is that if the private owners don't pay their fees, he will shut off their water. While the county has been delinquent in its fees, he has not shut off the water because of public safety reasons, Mr. Napier added.

County budget director Jason Brown said the fees charged to the county were not reasonable or properly justified.

The county has refused to pay the 2008-09 remaining amount and sent notices this year to both Fellsmere and Vero Beach, the only

cities with their own water service, that the county would not pay any fees on the hydrants this fiscal year.

According to the city's hydrant rate study, completed by GAI Consultants in December 2008, the breakdown of charges for fire protection service per hydrant is \$53 for general annual maintenance, \$121.50 for flushing and \$51.50 for capital related expenses. The grand total was rounded to \$225 per hydrant.

The consultants reviewed their proposed charges with the Florida Administrative Code fire protection service sections and noted the basis for charging the fee is based on the size of the lines connecting the water.

The codes dictated that

the rate be one-12th the base facility charge of the utility's meter charges, which the consultants found to be \$23.77 per hydrant per month, or \$285.30 per hydrant, per year. Mr. Napier said the justification by the third-party consultant was more than enough proof that the charges of \$225 per hydrant, per month are reasonable.

Mr. Brown and other county officials disagree on this point, as well.

"Their numbers come from a rate study that is preposterous," said Mr. Brown.

The budget director said that 75 percent of the capital related expenses were for administrative costs, a rate that unheard of in his experience. He said the rate

study county administrative costs are 10.5 percent.

He also said that the road trip charge between hydrants was listed as 10 miles, though most of the hydrants are within 1,000 feet of each other.

"We made a good faith payment for the (just ended) fiscal year of about \$12,000. Since then, our attorneys have found a new law that says that the owners of the hydrants are responsible for their maintenance and that includes flushing. It's not the county's legal responsibility to pay for it, it's the city's responsibility to pay for it," Mr. Brown said.

No matter the special master's ruling, the parties are allowed to appeal at the circuit court level.

Local Business Update

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The authors of this 2009 Fall Edition Local Business Update suggest that you call today at Tiny Treasures/Learning Nest, to schedule a tour of the facility or visit the Tiny Treasures at 326 South Wimbrow in Sebastian, phone (772) 589-3288 or the Learning Nest at 1088 Barber Street in Sebastian, phone (772) 388-9200. See for yourself why parents put their trust in Tiny Treasures/Learning Nest.

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Web site tracks kids' information

For Hometown News
News@hometownnewsol.com

A new Web site helps parents keep track of information about their children.

Kidashboard.com was created by parents and for parents who are endlessly collecting information vital to their kids' lives but leaving it in different places, such as the refrigerator door, a bulletin board or somewhere in their computers.

Kidashboard.com lets parents keep the information in one place where it can be shared with other adults who need access to the information.

Kids never log onto the site. It costs \$20 for the first child and \$10 per additional child or when renewing.

Parents or caregivers create a child's account and each folder can contain an infinite number of topics.

When a child is first subscribed, default topics, such as after school activities, medical history, homework, emergency contacts and school friends, among others, are automatically included.

But parents can delete what they want and create their own custom topics. If parents can think of a topic, they can add it.

And unlike social net-

working sites, Kidashboard.com allows parents to control the information, deciding who they want viewing specific information about their child or children.

For example, parents might choose to share emergency contact information with a soccer coach or babysitter.

Viewers see only what parents want them to see and get e-mail alerts when a parent has updated information.

For more information on Kidashboard.com, go to kidashboard.com. You may also contact Renee Page at renee@kidashboard.com.

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Cliff Partlow/staff photographer
Alex Magana of Vero Lake Estates clears brush on the old Mesa Park property in preparation for Mud Bog Mania Nov. 7. The Fellsmere city council approved the permits for the Treasure Coast Motor Sports Park Thursday, Sept. 30.

Mud

From page A1

mum of 30 RVs camping on the southeast and northeast sections of the old Mesa property.

Treasure Coast Motorsports is expecting to have 10 races during the time-frame their permit allows, Mr. Nunemaker said.

"They have said that they want to price it family-friendly and that they want to be good neighbors, so this is there chance," he said.

The council will review the permit in the Dec. 3, meeting to see if there are any issues that could lead to the permit being revoked.

As the residents get excited about the coming races, city council members are also excited about the old Fellsmere school's reconstruction.

"The progress has been

very smooth so far and we're expecting that the project will be done in January," Mr. Nunemaker said.

"We're most excited about getting the Boys and Girls Club in there, because it will be the first time that Fellsmere has a Boys and Girls Club," he said.

With the possibility of getting more tourists in the area due to a scenic highway designation, the city council is also looking to upgrade their signs and spruce up the downtown area to match the schoolhouse.

Some of the amenities include new stylized light fixtures, park benches and 'Welcome to Fellsmere' signage done in the yellow brick like the schoolhouse.

For more information about the upcoming racing events, visit www.treascoast-motorsportspark.com.

Editor's note: This is a list of arrests, not convictions, and all arrestees are presumed innocent unless or until proven guilty in a court of law.

Sebastian Police Department

- John Nicholas Storts, 45, 997 Riviera Ave., Sebastian, was charged with grand theft.

Fellsmere Police Department

- Max David Nowotne, 64, 12930 100th Lane, Fellsmere, was charged with aggravated assault.
- Robert Swantee, 22, 51 N. Hickory St., Fellsmere, was charged with aggravated assault and a misdemeanor charge of improper exhibition of a weapon.

Indian River County Sheriff's Office

- Eugenia Bryant, 21, 4250 25th Ave., Vero Beach, was charged with aggravated battery, domestic violence.
- George Stansbury, 43, 4571 49th St., Vero Beach, was charged with being a fugitive of justice and a misdemeanor charge of battery, domestic violence.
- Henry Carseres, 27, no address given, was charged with burglary of a dwelling.
- Akeem King, 23, 1360 17th Court Southwest, Vero Beach, was charged with carjacking, two counts of kidnapping, grand theft of an automobile, grand theft, aggravated assault with a deadly weapon, driving while license suspended, habitual traffic offender and false imprisonment.
- Julie Melton, 50, 1870 37 Ave., Vero Beach, was charged with violation of probation and driving while license suspended with knowledge.

Police report

- Colette S. Capobianco, 55, 211 10th Court, Vero Beach, was charged with possession of a controlled substance and a misdemeanor charge of driving under the influence.

- Vonkease "Kease" Thomas, 26, 4265 31st Ave., Vero Beach, was charged with possession of cocaine.

- Billie J. Jumpineagle, 33, 4495 25th Ave., Vero Beach, was charged with aggravated battery, domestic violence.

- Michael Standish Payne, 18, 8970 104th Ave., Vero Beach, was charged with grand theft of a motor vehicle.

- Jaime Artavain Brown, 23, 746 Fourth Place Southwest, Vero Beach, was charged with aggravated battery on a pregnant female, domestic violence.

- Kevan W. Anglin, 21, 3 Plantation Drive, No. 104, Vero Beach, was charged with possession of a controlled substance, roxy-codone and a misdemeanor charge of possession of drug paraphernalia.

- Larry D. Richardson, 31, 4601 Mantanzads Ave., Fort Pierce, was charged with burglary of an occupied dwelling and misdemeanor charges of battery and criminal mischief.

- Horace Lanette Dean, 67, 8716 100th Court, Vero Beach, was charged with capital sexual battery.

- Labara Vanaisa Patterson, 29, 4290 N. Cypress Green Lane, Vero Beach, was charged with felony battery.

- Brandi Nicole Cooper, 29, 613 N. Kentucky St., Tenn., was charged with violation of probation and misdemeanor charges of issuing worthless checks. She was on probation for third-degree grand theft.

- Eric Sotero Martinez, 26, 784 Middleton Drive, Southwest, 32968, was charged with cultivation of

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marijuana, possession of marijuana with intent to distribute and possession of psilocybin mushrooms.

- Jason L. Moss, 35, 2403 Gresham Driver, Orlando, was charged with submit to testing, driving under the influence with priors and driving while license permanently revoked. He was also charged with failure to appear on charges of theft of gasoline, driving while license permanently revoked, driving under the influence, refusal to submit to testing and driving under the influence.

- Kristina L. Carter, 27, 364 16th St. Southwest, Vero Beach, was charged with violation of probation. She was on probation for obtaining or attempting to obtain a controlled substance by fraud.

- Denzil Stewart, 15, 2302 11th Court Southwest, Vero Beach, was charged with burglary of a conveyance, burglary of a conveyance while armed, burglary of a dwelling while armed, two counts of grand theft of a firearm and third-degree grand theft.

- Bill Elden Harden, Jr., 60, 6375 Seventh St., Vero Beach, was charged with driving while license permanently revoked.

- Brenda Shuh Mosley, 33, 1395 24th Place Southwest, Vero Beach, was charged with child abuse.

- Eric Quinn, 35, 1395 24th Place Southwest, Vero Beach, was charged with child abuse.

- Paul Thomas Robillard, 74, 9995 138th St., Fellsmere, was charged with driving while license permanently revoked.

- Donald Ross Hockenbury, 40, 32429 Foxfire Lane, Deland, was charged with giving a false name while detained and dealing in stolen property.

- Trinity Daniel Clendenning, 24, 9150 101st Court, Vero Beach, was charged with violation of probation. He was on probation for trafficking in oxycodone.

- Marcelo Padilla, 26, 801 S. Federal Highway, Pompano Beach, was charged with violation of probation. He was on probation for possession of cocaine.

Florida Highway Patrol

- Stacey Michelle Chalker aka Stacey Michelle Cummins, 25, 12945 129th Lane, Sebastian, was charged with forgery, uttering a forged instrument, possession of oxycodone and misdemeanor charges of driving under the influence and possession of marijuana. She was also charged with failure to appear on charges of second-degree petit theft.

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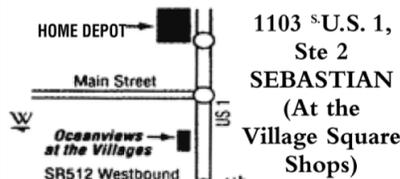
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VIEWPOINT

FRIDAY, OCTOBER 9, 2009 • HOMETOWN NEWS • WWW.HOMETOWNNEWSOL.COM



Got something to say?

Call the Hometown Rants & Raves line at
(772) 465-5504

or e-mail news@hometownnewsol.com.

Callers are asked to refrain from making slanderous statements. Statements of fact will be checked for accuracy.

Check statements of fact

Your Rants & Raves column states that statements of fact will be checked for accuracy. If this is so, how do you explain the rant "From a concerned senior citizen" in your Sept. 11 column?

It begins by stating, "I wish to address the part of Obama's universal health care plan that states anyone 75 and over, in order to maintain membership in the plan, must be counseled on suicide."

This is a statement of fact, and it is not accurate, yet it was included without comment. None of the plans currently under consideration in Congress, including "Obama's plan" require counseling on suicide to maintain membership, at 75 or any age. Some of the plans do allow Medicare to reimburse seniors once every five years for the cost of voluntary end-of-life counseling. Such counseling is not mandatory and does not involve suicide, but rather decisions regarding living wills, DNRs, hospice care and the extent to which a person wants extraordinary methods used or not used to prolong life.

As a newspaper, you have a responsibility to point out factual inaccuracies, and not let them go unchallenged, particularly in a column that professes to check statements of fact for accuracy. Failure to do so allows such falsehoods to be disseminated and accepted by others as fact, and contributes to a lack of understanding regarding the serious issues currently being debated.

Editor's note: This reader is correct in his assessment. We let this one slip by, unintentionally, and we apologize for not catching it. We do take our policy of checking statements of fact for accuracy seriously and promise to be more vigilant about it in future.

Is this fair?

Why have our tags and taxes been doubled when there are people out of work and in foreclosure? Look at all the money that was given to the Everglades. I guess the Everglades will have fresh water and we will be living in a tent.

Nighttime safety

Sometimes, I come home late from work, and there are some people walking their dogs, or a kid riding a bike. On my road, there are only lights on one side, so it's dark. I've come close to hitting someone.

It should be a law that they should have a flashlights or reflectors on so the drivers can see them. Something should be done about this for their safety, if nothing else.

Citizens need work

How can people with temporary Social Security cards get jobs before citizens? It's not fair. Someone should investigate.

Stand up to our enemies

When Iran, North Korea and other enemies are developing nuclear weapons and associated delivery systems, this is a terrible time to show weakness on defense. However, President Obama in his first attempt to venture into foreign affairs has made a serious blunder by canceling our proposed missile shield.

Not only has this appeasement made our allies, Poland and the Czechs, nervous, apprehensive and angry, it has demonstrated to the entire world that the United States is not a trustworthy friend.

Enough from Big Brother

If the Democrats are able to get enough votes in Congress to pass their cap-and-trade bill, every business in the nation will be forced to obtain emission allocations from the government for whatever reason, not only for releasing CO2 from smokestacks and using energy for production purposes, but also gasoline for vehicles, propane for space heaters and any other source of energy.

Do the American people really want the kind of intrusive, nanny government where virtually every decision is made for us by Washington?

See RANTS, A7

Hometown News

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Honoring those special athletes



Cliff Partlow/staff photographer

More than 300 gifted athletes from across Florida gathered at the North County Aquatics Center for the 2009 Special Olympics Florida State Aquatics Championships. These Special Olympics games began in 1963 in Okaloosa County and came to Indian River County in 2005. Indian River County Commissioner Joe Flescher, right, one of more than 400 volunteers, awards Cristian Arzuaga, of Okaloosa County, his fifth-place medal last Saturday.

Collect all your ideas with free service

We live in an era where it is not uncommon for one person to depend on two or more computers. And it's not just computers.

Where once only geeks carried PDAs, now we have smart phones that rival some desktop systems, in the hands of just about anyone who wants one.

Wouldn't it be nice if there was a way to access all of the "stuff" that you were currently working on, no matter what device you were on? Imagine being able to access the notes you jotted down on your laptop from in front of your desktop system, from your phone, or even from that computer in hotels next to the front desk?

I've been playing around with a free Web service this past week called Evernote and Evernote does just that: it provides a secure place out there, in the Internet somewhere, where you can gather together all of the thoughts and ideas that go through your head on any given day with very little effort.

Go to www.evernote.com and click the get started button. The next page displays the following text along with a brief sign up form and a "captcha" thingy: "You're moments away from having perfect memo-



COMPUTE THIS
SEAN MCCARTHY

ry! Evernote is ready to collect all of your ideas, experiences, thoughts and memories into an always-accessible place.

"Take down your inspirations and ideas as they happen, capture interesting Web pages you see, images and all, snap photos of everything from whiteboards to wine labels, and then find it all any time from your computer, phone, or the Web!"

Once you fill out the form and figure out the captcha thing, click the register button and you will be brought to a confirmation code page. There you are instructed to check the e-mail inbox for the e-mail address you just entered and look for an e-mail from Evernote containing a confirmation code.

Check your e-mail and you should find an e-mail from Evernote with a small, five to seven character code. Double click the code to highlight it, right click the highlighted code and then click "copy."

Go back to the Evernote

registration Web page that we left open and right click the confirmation code field and then click "paste." The confirmation code should appear in the confirmation code box.

Make a note of the username and then click the complete registration button to bring you to the sign in sheet. Verify the username is correct and then enter the password and click sign in.

This brings you to the Evernote Web interface. It's kind of a central access point where all of our synchronized items can be accessed without any special software, which is great for checking something from that computer in the hotel lobby.

But how do these notes get in here in the first place? Well, we're not done yet!

The next thing we want to do is something that we want to do from all of the computers we have daily access to. At the bottom left of the Evernote home page, (the page you get to after you sign in) you should see a download link. Click it and open the downloads page. This will ask you where you will be using Evernote and gives you options ranging from Mac OSX to Windows to Palm Pre, iPhone, BlackBerry and more. Click the

icon representing what kind of machine you are installing on and then click the "get Evernote...." button.

Download and install the program just as you would any other software (and yes, it's safe. It checks out just fine) and do the same for each machine you use regularly. This way, no matter what machine you are using, if something strikes your fancy and you want to remember it, you can just "clip it" right to Evernote and then all of your machines will have access.

Things such as e-mails or Web pages you want to remember? Just highlight the text and send it to Evernote. You can do screen captures or even snag pictures from your camera and have them accessible no matter how you access the Web.

Want to learn more? Log back into the account you just created at www.evernote.com and click the about link and then learn more. This explains what Evernote is built for and is bound to trigger some ideas.

Check it out and I hope you find it useful. I know I do.

Sean McCarthy fixes computers. He can be reached at (772) 408-0680 or help@ComputeThisOnline.com (no hyphens).

Nutrition suggestions from L-S

Last week, I presented super foods from A-K, adapted from lists put out by "Environmental Nutrition" magazine and the Tufts University "Health and Nutrition" newsletter. This week, it's good foods that are good for you from L-S.

• Mackerel is not my favorite fish, but if you like mackerel, it packs a nutritional punch with heart-healthy omegs-3 fatty acids. The Tufts University letter reminds me to remind you that small children and pregnant women should eat it sparingly because of the risk of high levels of mercury. Check with your obstetrician or pediatrician about the safest fish for these groups.

• Milk, skim or low fat, helps meet nutritional guidelines for three cups of dairy products a day. Milk provides calcium and vitamin D, essential for helping to prevent osteoporosis.

• Oatmeal. We've all seen the commercials for it, but the fact is that oatmeal is a whole grain and has been



ALIVE & WELL
SHELLEY KOPPEL

shown to lower cholesterol. It's best to avoid the instant kind that has a lot of sugar.

• Onions and garlic contain sulfur compounds that can thin the blood and lower blood pressure. Red are best, followed by yellow and then white.

• Okra is another one of those foods I'm not crazy about, but it's a good source of folate and vitamin C. Fried okra defeats the possible cholesterol-lowering benefits.

• Oranges are a great source of vitamin C and potassium. It's better to eat a piece of fruit than to drink the juice, which adds a lot of calories without the good fiber.

• Peanut butter is a protein substitute for meats high in saturated fats. Most of the fat in peanut butter is monosaturated, which is better for your heart. Just

remember, it has a lot of calories, so go easy on the portions, and no dipping the finger in the jar!

• Prunes may get a laugh, but in addition to fiber, they contain potassium, vitamins A and B6 and antioxidants.

• Quinoa, which is pronounced keen-wah, made both lists. It's a seed, not a grain, although it is a whole-grain option. It has high-quality protein, lots of fiber and plenty of magnesium, potassium, zinc, vitamin E and iron.

• Romaine lettuce is a much better choice than iceberg because it has vitamins A and C and some taste. Go easy on the dressings.

• Salmon is a favorite these days and it has a lot going for it. It's a good protein source packed with omega-3 fatty acids that your heart loves. Keep the portions to 3 or 4-ounce servings. Canned salmon adds calcium, but often has a lot of sodium.

• Sardines have the same benefits as salmon and also contain vitamin D.

• Shredded wheat gives

you a good start to your day and has a lot of magnesium, which may lower the risk of diabetes.

• Spinach had to be on the list. How could Popeye be wrong? The dark leafy vegetable has vitamins A and K and lutein, linked to a lower risk of macular degeneration.

There's a lot of nutrition at the end of the alphabet and I'll finish it off next week.

Shelley Koppel is unable to endorse specific treatments for disease. Any protocols for treatment or testing she discusses are accepted standards of medical practice as recommended by agencies such as the American Academy of Pediatrics or the American Cancer Society. When she draws from personal experience, those are her experiences and are not medical recommendations.

She is the former editor of "Today's HealthCare" magazine and a member of the National Association of Science Writers. E-mail questions to skoppel@bell-south.net.

Association holds annual walk

For Hometown News
News@hometownnewsol.com

INDIAN RIVER COUNTY — The Alzheimer & Parkinson Association of Indian River County will host the sixth annual Walk to Remember charity fundraiser on Nov. 14.

The 5K walk takes place along the water in Riverside Park. Registration begins at 7:30 a.m. followed by the walk, which will start at 8:30 a.m. All proceeds and donations help the Alzheimer & Parkinson Association of Indian River County to

assist families struggling with Alzheimer's, Parkinson's and other related neurodegenerative diseases. Participants are encouraged to form teams, but individuals are also invited to walk, or make a donation in support of the

organization and the families it helps. Participants will also enjoy food, beverages and warm-up exercises provided by sponsors.

For more information visit www.alzpark.org or call (772) 563-0505.

College to host business summit

For Hometown News
News@hometownnewsol.com

TREASURE COAST — Indian River State College will host the 2009 businesswomen's summit, "Unlock The Mystery Of Success," on Oct. 30, from 9 a.m.-3 p.m. at the Kight Center For Emerging Technologies on the college's main campus at 3209 Virginia Ave., Fort Pierce. This event will be one of the best investments of the year to gain valuable information on business ownership and leadership from experts and to get the motivation to move ahead with business goals. The event will include seminars, breakout sessions

and networking. Breakfast, lunch and afternoon dessert are included. Emcee for this event will be Kelly Dunn from WPTV News Channel 5. The summit will feature Kathy Petersen as the keynote speaker. Ms. Petersen is a designer and co-host of Lifetime television's "The Balancing Act." Topics will include tips on moving forward post recession with future business opportunities, social media, workplace legal issues, entrepreneurship and marketing a business.

Registration cost is \$149. To register, call the CCTI at (888) 283-1177 or visit www.cctiirc.com.

Vendors

From page A1

an interest in the environment or has products or services that are designed to be environmentally friendly, we still have booth space available," Ms. Gunter said. The expo is designed to create a forum to share ideas, information and even resources with the local community about energy efficiency, sustainable living, anything that can help make day-to-day living better for the environment, she said. "We want to show our residents that there are a lot of options right here in our backyard for a more sustainable lifestyle, and we can do it here at the mall in a safe, well-lit, air conditioned location. There will be local vendors to talk to and experts that can give advice," Ms.

Gunter said. A special fun section just for kids will have hands-on green arts and crafts projects using recyclable materials. Representative from the Indian River Solid Waste Disposal District will be on hand to give away free recycling bins and master gardeners from the University of Florida extension office will be on hand to give tips on backyard vegetable gardening, she said. Hybrid vehicles will also be on display at the event, she added. "The community has really embraced this event before and we hope to create that market type atmosphere again this year and let everybody that comes in have a fun day," said Ms. Gunter.

For more information about vendor booths, call (772) 770-9404.

Rants

From page A6

Are we atheists?

The Pope's successful visit to the Czech Republic was wonderful. However, it has revealed that half of the people there consider themselves atheists. This is the sad result of the armies of the Soviet Union, which crushed and conquered this small nation and the atheistic communists brainwashed them. President Obama mistakenly wants the United States to be more like the socialist countries of Europe, but the governments there have lost their energy and the people there have lost their souls.

School woes

Increasingly, people are coming to realize the ills of the public schools will not be solved by throwing more money at them. The failings of the educational establishment are far deeper than lack of resources.

Cap and tax

The Democrats are lobbying for a cap-and-trade bill, which is 1,428 pages long and which almost nobody has read. Tucked into the fine print are numerous increases in our taxes. It is no wonder that the Republicans are calling it the "cap-and-tax" bill.

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Cliff Partlow/staff photographer

From left, Luc Frankabandera and his wife, Lillian, hold Selena and Di Di, the chihuahuas, as the Rev. Patrick O'Carroll blesses them during a blessing of the animals at St. Luke Catholic Church last Saturday.



Cliff Partlow/staff photographer

Kathy Kemp of Grant holds Ebony, a chihuahua mix, as she waits for the Rev. Patrick O'Carroll, pastor of St. Luke's Catholic Church in Barefoot Bay, to bless the 100 or so dogs and cats on hand last Saturday.

THE BRIDE OF CHRIST WEARS COMBAT BOOTS



Aglow International Southeast North Area Team will be holding a Women's Conference Friday, October 9th and Saturday, October 10th, at The Vero Beach Inn.

Come and explore with us the topic of "The Bride of Christ", as Rev. Yvonne Williamson, from Detroit Michigan, expounds on God's Word and the power of His Holy Spirit in her exciting and humorous way. Listen intently as she lays out the ground work to get out your spiritual combat boots, dust them off, and then lace them up in preparation for the battles that rage ahead.

A registration fee of \$50.00 for this event, will include the two-day conference, a special sit-down dinner on Friday evening and a delightful luncheon buffet on Saturday. Come prepared to be ushered into the presence of The Lord with heartfelt worship led by Kathleen Burghuis, three exciting teachings by Pastor Bunneyee, (Rev. Williamson), and individual prayer time with devoted prayer partners.

Come and be a part as the Spirit of God resurrects The Vero Beach Lighthouse which will continue to meet thereafter on the second Monday of each month beginning November 10th, 2009.

Must RSVP by Thursday, October 8th by 9pm
Call Del Bates 772-713-8914
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598682

Obituaries

Frances L. Atkins

Frances L. Atkins, 86, of Barefoot Bay, died Sept. 28, 2009.

She was born in Lynn, Mass., and lived in Barefoot Bay for four years.

She was a secretary for the Marblehead school system for 20 years.

She was a member of the Eastern Star in Swampscott, Mass.

She is survived by a son, Bruce; a daughter, Janice; a sister, Edith; six grandchil-

dren and two great-grandchildren.

She was preceded in death by her husband, Richard.

Arrangements by Strunk Funeral Home and Crematory.

Weird

From page A1

said about 20 people showed up at the school, but dozens of anxious parents called after receiving the message. The school quickly sent another call, saying there had been an error.

Police: Woman finds U.S. Capitol officer in her bed

Another from news.yahoo.com: Arlington police say a U.S. Capitol Police officer was arrested when a woman came home to find the stranger passed out drunk in her bed.

Police said the 34-year-old man was still sleeping when officers arrived at 1 a.m.

Spokeswoman Crystal Nosal said the officer was charged with unlawful entry. Police don't know why the officer, who lives in Reston, picked the woman's apartment to sleep, but investigators believe he came in through the front door.

What the? Tourism group changes name

From news.aol.com: A Wisconsin tourism lobbying group changed its name after realizing its initials formed a crude acronym.

The Wisconsin Tourism Federation did a quiet rebranding in July, changing its name to the Tourism Federation of Wisconsin and updating its logo from WTF to TFW after it was lampooned on some Web sites and blogs.

It had no way of knowing 30 years ago that the letters would take on a crude association. Chet Gerlach, lead lobbyist for the group, said the federation made the change after the meaning of the common text message lingo was brought to their attention.

Cops: Woman fried, ate goldfish amid fight with ex

From sfgate.com: Authorities say a Houston-area woman who was mad at her former common-law husband fried their pet goldfish and ate some of them. Pasadena Police say it's a civil matter and no charges will be filed.

The seven goldfish were purchased together by the couple during happier times. Officers who arrived at the woman's home found four fried goldfish on a plate. The woman said she already ate the other three.

Sean McCarthy can be reached at (772) 408-0680 or help@ComputeThisOnline.com (no hyphens).

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Classified INSIDE

SECTION B • WWW.HOMETOWNNEWSOL.COM • FRIDAY, OCTOBER 9, 2009

Out & about

THROUGH OCTOBER

• **Gallery 19 presents an exhibit paying tribute to Ferrari cars and drivers** by artist Robert O'Rourke entitled "Voitures le Rouge" Ferrari "The Red Cars" at the gallery located at 840 19th St. in Vero Beach. The exhibit is free and open to the public. Gallery hours are Tuesday through Saturday from noon to 8 p.m. For more information, call (772) 794-5471.

SATURDAY, OCT. 17

• **Vero Beach High School Band hosts the 28th annual Crown Jewel Marching Band Festival** at Citrus Bowl Stadium at the school, located at 1707 16th St. in Vero Beach. High school musicians from Florida's top high school bands will perform halftime and competition shows in a preliminary and finals format. Tickets are \$12 for both preliminary and final events. The finals competition begins at 6:30 p.m. with gates opening at 5:30 p.m. Tickets for the finals only competition are \$10 per person and available at the stadium gate. For more information, visit www.crownjewel.vero-beach.fl.us.

• **A church yard sale for buyers and sellers at the Unitarian Universalist Fellowship of Vero Beach** will be conducted from 9 a.m. to 3 p.m. A wide assortment of trash and treasures will be available and there is ample free parking. Vendors who bring their own tables and goods can have two parking spaces to set up their wares for a \$15 contribution. For more information about becoming a vendor, call Spike Vrusho at (772) 567-8185. For general information about the event, call (772) 778-5800.

SATURDAY, OCT. 17- SATURDAY, NOV. 21

• **Learn to belly dance, a six-week course taught by professional dancer Aisha (Judy Cornell)** will be held on Saturdays from 12:30-2 p.m. in a Riverside Theatre dance studio. This fun-filled dance instruction will help participants strengthen their core muscles, tighten their abdominals, increase stamina and learn an ancient dance method to music. No prior dance or athletic ability is necessary and these low-impact classes are suitable for all ages. For more information or to register, call Aisha at (772) 971-0408 or visit www.shimmygirl.com. See **OUT, B2**

Series kicks off with Lincoln, Douglass

By Barbara Yoresh
Entertainment writer

VERO BEACH — They were two of this nation's most acclaimed self-made men who changed the course of history during the Civil War era.

And now, during the inaugural presentation of the Emerson Center Humanities Series for 2009-10, audiences will "meet" President Abraham Lincoln and abolitionist/orator Frederick Douglass.

"A Meeting of the Minds" will be presented Sunday, Oct. 18 at 7 p.m. at the center, located at 1590 27th Ave. in Vero Beach.

The humanities series enters its third season in partnership with the Florida Humanities Council, presenting speakers and performances relating to Florida, national history, culture and other issues.

All seven programs are free and open to the public.

In recognition of the 200th anniversary of Lincoln's birth and the 150th anniversary of his election to the presidency, George Frein of South Carolina and Charles Everett Pace of Texas will portray Lincoln and Douglass, who met three times in the White House to forge a mutually respectful association in the fight for human equality.

Though separated by race, both Lincoln and Douglass shared humble beginnings and were possessed of great intellect and eloquence.

Born a slave, Mr. Douglass was taught to read and became one of the nation's leading abolitionists, orators, reformers, statesman and champion of equal rights.

Mr. Pace has been portraying Mr. Douglass for more than 30 years and has won national recognition for that role.

"It has literally and figuratively been life altering for me to portray Frederick Douglass. He has taken me all over the country and world," Mr. Pace said.

He noted that his portrayal of Mr. Douglass began about 1976 in a one-man drama and led him to a meeting with Mr. Frein in 1991, when the two appeared in a Chautauqua assembly presentation.

Mr. Pace and Mr. Frein's combined portrayals of Douglass and Lincoln were premiered the night before the final presidential debate at Hofstra University last year.

While Mr. Lincoln was, according to Mr. Frein, "a fine wordsmith," he was primarily self-educated and read his own self-written speeches rather than speak extemporaneously. His abilities at anecdotal



Photo courtesy of Paris Productions

A humanity series production will explore the relationship between President Abraham Lincoln, portrayed by Geroe Frein, and abolitionist Frederick Douglass.

story-telling were legendary and learned at his father's knee. Yet, once he held elective office, he became highly cognizant of a critical press, Mr. Frein noted with a laugh.

Both Mr. Lincoln and Mr. Douglass knew American history, Mr. Frein said. "Both of these men were

well-read in the founding fathers and they knew the country had gotten off track," he said.

Although Mr. Lincoln authored and delivered his Emancipation Proclamation as a war message, he was a somewhat reluctant

See **SERIES, B2**

'Bee' to kickstart season at Riverside

By Barbara Yoresh
Entertainment writer

VERO BEACH — It's an oxymoronic question posed by students to English teachers nearly every day: "Does spelling count?"

Well, yes it does, not only in the classroom, but also on stage during "The 25th Annual Putnam County Spelling Bee," which opens Riverside Theatre's 2009-10 season with a Tony award-winning musical comedy on the Stark Mainstage.

The show premieres Thursday, Oct. 15 at 7:30 p.m. and performs through Nov. 1.

The music and mirth, plus a surprise or two, celebrate spelling bees and the sometimes over-achieving competitors who vie to become the winner.

"The 25th Annual Putnam County Spelling Bee" was a Broadway hit written by Rachel Sheinkin with music and lyrics by William Finn.

Riverside Theatre's production is directed by New York City-based Bill Castellino, who directed last

year's Riverside Theatre smash hit "La Cage aux Folles" and the Waxlax Stage drama "The Last Five Years."

Starring in this production are J. Cameron Barnett (who appeared in last year's "La Cage") and Janna Cardia and Jeff Talbott as the adults who barely got out of their own childhoods intact.

The show's "spellers" are played by Emily Booromeo, J.R. Bruno, Verinoca Kuehn, Mattie Price, Alyssa Malgeri and Daniel Shevlin, who ultimately learn that winning isn't everything and even losers win by being in the game.

"It's a wonderful cast," Mr. Castellino said of the professionals he auditioned in New York City.

Musical director for the show is David Nehls; Cliff Simon is scenic designer; Craig Beyrooti is sound designer; Karl Kern is lighting designer and costume designer is Randi Dell'Acqua.

Rounding out the cast for each show will be four audience volunteers, who will be invited on stage to participate in the spelling bee.

The week show rehearsals commenced, Mr. Castellino took a brief break to talk about the show.

"Spelling Bee" studies the idea of competition among very young people and also studies the parenting they've had.

"The characters respond to that competition in much the same way their parents have nurtured them, favorable or not. There are six different, eccentric spellers," Mr. Castellino said.

Though there is lots of what Mr. Castellino termed "good, smart laughter" in the show, there are also poignant aspects.

"This is a beautiful, touching and very, very funny show. I love the psychology of these plays.

"It's wonderful to see a child find something he or she is good at. Competition can be healthy and offer exciting options for children," Mr. Castellino said.

It's when competition becomes obsession that problems arise, he noted.

See **BEE, B3**



STAR SCOPES
James Tucker
Week of 10-9-2009

Aries-March 21-April 19
Co-workers and associates need to know how much you appreciate them. Loyalty and support depend on it. You have the drive and ambition to get the ball rolling. The greatest success comes when you delegate parts of the plan to trusted associates to carry out. This team effort insures short and long term success.

Taurus-April 20-May 20
Refuse to let self-doubt slow you down or sidetrack you. Your priorities are in line. You know what you want. Stay strong in these beliefs. You have a great heart. You work hard. Live in the moment and you will see success everywhere you turn. Refuse to let the world or negativity rob you of your rightful rewards.

Gemini-May 21-June 21
Maintain your present routine. It will continue to move you forward toward your goals and dreams. You have an inexhaustible supply of goodwill and encouragement to others. You always know when family and associates need a helping hand. Be sure to let others know what you need, as well great communicator.

Cancer-June 22-July 22
You are what heart is all about. Your love is legendary. You have great empathy. When others hurt, you hurt. You are always there to give comfort. Yours could be called a celebration of life. This wonderful sense of humanity will always guide you in the right direction. You are a true spirit guide. Keep up the great work.

Leo-July 23-Aug. 22
You live your full life like there is no tomorrow. It's called Leo passion. You are a fire sign, you know. This is your true nature. You plan for the future, but you live it now. This makes you a wonderful inspiration for those around you who feel and see this light. It uplifts everyone. Life is going your way. Keep it moving.

Virgo-Aug. 23-Sept. 22
Seek balance and health for all. Be sure to give these things to yourself, as well. You are important, too. Let See **SCOPES, B3**

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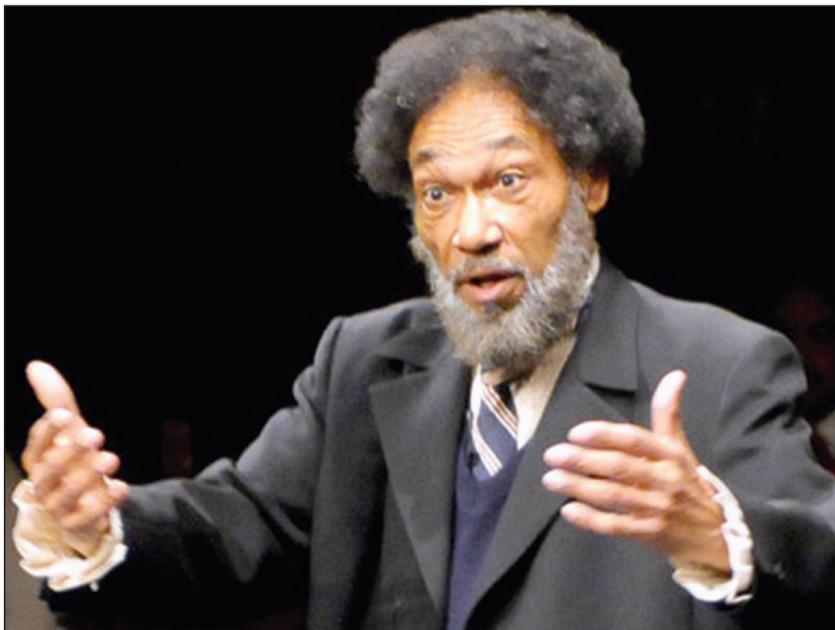


Photo courtesy of Paris Productions

Frederick Douglass, portrayed by Charles Pace, presents his views to President Abraham Lincoln during a production that's part of the Emerson Center Humanities Series.

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Series

From page B1

abolitionist, whose initial intention was to leave alone the issue of slavery in those states where it had been established, Mr. Frein explained.

Mr. Douglass came to visit Mr. Lincoln to complain about the disparity in pay between black and white soldiers fighting the Civil War.

"Douglass had a great deal of influence. Lincoln knew Douglass by his reputation. Douglass impressed Lincoln and Lincoln impressed Douglass," Mr. Frein said.

"Lincoln wanted to save the union. That was his goal. Douglass told him that without freeing the slaves there could be no union. It was a military necessity. "Jefferson Davis had even

considered freeing the slaves to work for the Confederate cause. Slaves were being used to advance the war effort in the south," Mr. Pace said.

Both Mr. Frein and Mr. Pace are former academics who now enjoy acting the roles of historical figures.

"I live through them vicariously," Mr. Pace said.

"Charles (Everett Pace) is a much better actor than I am," Mr. Frein said modestly.

"But audiences are very generous and easily suspend disbelief to go along with the illusion of Lincoln and Douglass. They get caught up in the exercise and leave saying, "we heard Lincoln and Douglass tonight," he said.

For more information about the Emerson Center Humanities Series, call (772) 778-5249.

Out

From page B1

SUNDAY, OCT. 18- THURSDAY, APRIL 8

The Emerson Center's third annual Humanities Series in partnership with the Florida Humanities Council begins Sunday, Oct. 18, with a presentation by Charles Everett Pace and George Frein entitled "Abraham Lincoln and Frederick Douglass – A Meeting of Mind," in recognition of the 200th anniversary of Lincoln's birth and the 150th anniversary of his election. Seven acclaimed speakers and

performers will be showcased during the series and each presentation will relate to Florida and national history and issues. Admission to each is free and all performances begin at 7 p.m. The Emerson Center is located at 1590 27th Ave. in Vero Beach at the intersection of 27th Avenue and 16th Street. Free admission to the 800-seat Emerson Center is on a first-come basis. For more information about the Humanities Series, call (772) 778-5249.

TUESDAY, OCT. 20

The Vero Beach High See **OUT, B3**

at the Lyric **CATCH A Rising Star**

Saturday, Oct. 17th 7:00 pm

The "Catch A Rising Star" Comedy Club show at the Lyric will feature veteran stand-up Kevin Meaney, who has been one of the country's most popular comedians for over 25 years. Meaney's extensive credits include appearances on "The Late Show with David Letterman," "Oprah," "Saturday Night Live" and "Late Night with Conan O'Brien."

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DINING & ENTERTAINMENT

Bee

From page B1

“Obsession is no good. In a spelling bee, there is only one winner and the others have to find ways of accepting not winning,” Mr. Castellino said.

“‘Spelling Bee’ delves into the question of what constitutes healthy competition.

“Part of growing up is learning now not to be first all the time. The play is about the journey children take and how they handle things,” Mr. Castellino said.

He promised a “very unique experience” for theater goers, because in addition to music and comedy, the show has a high level of originality.

“The construct is one-of-a-kind and the music is clever and smart. It’s a quirky show, hardly business as usual; a real off-beat and smart musical comedy,” Mr. Castellino said.

Riverside Theatre is located at 3250 Riverside Park Drive in Vero Beach.

Performances are Wednesdays and Thursdays at 7:30 p.m.; Fridays and Saturdays at 8 p.m. with matinees on Wednesdays, Saturdays and Sundays at 2 p.m. Tickets for “The 25th Annual Putnam County Spelling Bee” are \$22-\$25.

For more information, call the box office at (772) 231-6990 or visit online at www.riversidetheatre.com.



Photo courtesy of Stephanie LaBella

The cast of ‘The 25th Annual Putnam County Spelling Bee’ rehearses for the show, which opens Riverside Theatre’s 2009-10 season on Oct. 15.

Out

From page B2

School Performing Arts 2009-10 season tickets are available to the public.

The entire season package is \$50 per person and includes seven events featuring jazz and classical symphony concerts under the direction of Matthew Stott; “No More Homework,” a comedy featuring the school’s drama department directed by Dee Rose; choral presentations led by Gregory Harris and more. There will also be special performances (sold separately) of “the Wizard of Oz” and the 17th annual Red, White & Blue Concert. For more information, call the box office at (772) 564-5537.

FRIDAY, OCT. 23

• **Downtown Friday’s 15th anniversary** celebration will be held from 5:30-8:30 p.m. in downtown Vero Beach on 14th Avenue between 20th and 21st streets. Vero Beach’s favorite street party for the entire family will feature music, booths, food and drink. Children will enjoy a bounce house, cotton candy and sand art while adults will enjoy a special beer and wine garden and live entertainment. Admission is free and there is

adequate downtown parking. For more information, call (772) 473-6909 or (772) 234-4412 or visit www.main-streetverobeach.org.

SATURDAY, OCT. 24

• **A Dogs for Life “Bark Mart”** at the Off-Leash Dog park, located at the intersection of 12th Street and 16th Avenue in Vero Beach will be held from 3-6 p.m. during the “Howl-O-Ween” event. Thrift-store-type, gently-used items for humans or dogs are needed. No clothes, however, unless they are gently used doggie outfits and no books unless they are dog subject matter. Those wishing to make donations of household items, artwork, knick-knacks, dog stuff, kitchen wares, small furniture items, etc. may contact Joyce Smith at (772) 563-0091 or deliver items to the park between 9-11 a.m. The Howl-O-Ween festivities begin at 3 p.m. with a parade at 4 p.m.

THROUGH OCT. 25

• **The Vero Beach Museum of Art presents “Rooted in Tradition: Art Quilts from the Rocky Mountain Quilt Museum”** in its Homes Gallery in an exhibit sponsored by the Patricia M. Patten endowment. There is no

admission charge to view this exhibit or any of the museum’s other summer/fall exhibitions. The exhibit chronicles the history of art quilts from 1980 to the present in a movement which brought the quilts from the bed to the wall. Sixty-four quilts in the collection reflect the change from traditional repeated block designs to more free-spirited, edgy art forms. The Vero Beach Museum of Art is located at 3001 Riverside Park Drive in Vero Beach. For more information, call (772) 231-0707.

FRIDAY, NOV. 6

• **An inaugural Teen Social Scene for area girls ages 16 to 21** will be held from 6-8 p.m. at The Heritage Center in downtown Vero Beach. Those attending will be able to register as entrants in the upcoming 2010 Miss Hibiscus Pageant and the first 20 who register to attend will have a chance to select their pageant gowns from Dillard’s at a substantial discount. Dillard’s will present a teen fashion show and beauty stylists will demonstrate techniques for hairstyles and makeup. Live music by local bands Urban Warfare and Mercury. For more information, call (772) 453-5727; (772) 778-8800 or

(772) 569-0974.

FRIDAY, NOV. 20- SUNDAY, NOV. 22

• **The 12th annual Festival of Trees to benefit educational programs of Riverside Children’s Theatre** will feature an international theme “Hands Around the World.” Forty-five decorated trees and wreaths, as well as a gingerbread village and more will fill the Agnes Wahlstrom Youth Playhouse and the Anne Morton Theatre located at 3280 Riverside Park Drive in Vero Beach. The festival will kick off with the gala preview on Friday at 6:30 p.m. and feature food stations which will represent the four corners of the globe. Tickets for the party are \$150 per person. Junior tickets for those under 35 are available in advance for \$75. A family night is also planned from 6 to 8:30 p.m. on Saturday, Nov. 21. The cost is \$35 and includes admission for four; a reindeer seek and find; cookie decorating and kid-friendly refreshments. Youngsters are invited to wear their

See OUT, B6

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Scopes

From page B1

your instincts continue to guide you on when to act and when to wait. Trust in your higher power. When you feel the blessing of spirit, take bold action. No power on earth will stop you. True happiness follows.

Libra-Sept. 23-Oct. 22

You always have kind words for everyone. It’s because of your human kindness. Your feelings run deep. When you love, you love deeply. When you hurt, you hurt just as much. Listen to your inner wisdom. Continue to trust your first impressions. They speak when you are listening. There is no greater truth.

Scorpio-Oct. 23-Nov. 21

Aren’t you glad you held firm to your beliefs when others tried to sway you with theirs? Your heart power is unmatched. Others may not

always understand you, but they are awed by your results. This glorious inner strength will always be there to light and guide your path when you ask for it. Yours is a blessed life.

Sagittarius-Nov. 22-Dec. 21

When you begin to get sidetracked, step back, catch a second wind, regroup and move forward again. Look at your options. Prioritize them. Work on the most important ones first. Your greatest dreams are on the way. Now is no time to get stuck or give up. Have a little fun every day. Now take it to the next level.

Capricorn-Dec. 22-Jan. 19

Your strong belief in doing things right is a major factor in your wonderful personal and spiritual growth. When you get that “tight” feeling, nothing can slow you down in your quest for victory over life. Your heart is huge. You are a superstar in life and spiritual royalty. It’s because

of forgiveness, compassion and loyalty.

Aquarius-Jan. 20-Feb. 18

You handle responsibility very well. You know and do what is expected of a leader; such a strong conscience. Don’t forget that you need nurturing, too. Take a break. Slow down. If your heart isn’t in it, don’t do it. Your best ideas surface when you are relaxed and feeling happy. Now we all share your renewed joy.

Pisces-Feb. 19-March 20

Say this out loud each morning upon arising: “My life is filled with joy, peace, love, health and abundance. I gladly share my abundance with others. I take time each day to be alone with my source to heal, renew and be inspired. This is my day. I see God in everyone. I am richly blessed and so grateful.”

— James Tucker

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Hometown News **\$UPER BUY\$** of the week

Coupon policies can be confusing for cashiers, too

Has this ever happened to you? You finish filling your cart with the week's groceries, head to the checkout lane and place your items on the conveyor belt. The cashier announces the total and you hand over a nice stack of coupons. Then, the cashier pauses. You hear the words, "I don't think we take coupons from the Internet." The cashier hands them back to you and you ponder what to do next.

While most of my shopping trips run very smoothly, occasionally even your Coupon Queen encounters a cashier issue or two. So

what do we shoppers do? One of our biggest tools to deal with checkout problems is the store's coupon policy. Most stores have a written policy that states exactly how they handle coupons presented in the checkout lane. Many stores post the policies on their Web sites and others have a copy at the customer service counter in the store itself.

What's in a coupon policy? Information that shoppers can use to better plan our shopping trips. Coupon policies state specifics such as, we accept Internet coupons, we accept expired coupons or we accept



COUPON QUEEN
JILL CATALDO

competitors' coupons. Everything we need to know about what kinds of coupons our stores should accept is spelled out for us right in the store's policy.

Armed with this knowledge, well-informed shoppers know exactly what coupons our stores should accept. The most commonly heard issue with cashiers does involve the store's

acceptance of printable Internet coupons.

If you're told the store does not accept them, ask to see a copy of the store's coupon policy. Most grocery stores and supermarkets do accept Internet coupons that are legitimately printed and are not photocopies.

Unfortunately, due to the rise in coupon fraud, stores are getting more stringent about the kinds of Internet coupons that they will accept. Most legitimate Internet coupons contain a unique ID or barcode identifiers and several other key features that stores use to ascertain a coupon's validity.

And any time the Coupon Information Corporation, a nonprofit organization that monitors coupon fraud, identifies a new, counterfeit coupon, it sends stores an alert to watch for coupons known to be fraudulent or counterfeit.

However, when a fraud alert goes out, sometimes it has a ripple effect.

Our stores learn that a new counterfeit coupon has been spotted in circulation. Instead of homing in on the specific coupon mentioned in the alert, some cashiers may find it easier not to accept any Internet coupons. This not only hurts shoppers, it hurts stores, too, since the large number of Internet coupons are legitimate and perfectly fine for the store to accept.

Marketers reimburse stores for the full value of every coupon shoppers redeem, whether the coupon ran in the newspaper, appeared in newspaper inserts, was found on a product package or was printed legitimately from the Internet.

Would you like another piece of the cashier/coupon policy puzzle? I've heard from many cashiers that they get very little training on their store's coupon policy. This puts coupon-savvy shoppers in an unusual situation. It's possible that you may be

more familiar with a store's coupon policy than the cashier is. If you find yourself in this situation, never force the issue. Simply ask the cashier to check the store's policy with the manager. You can politely let the cashier know that you've read it to make sure that all of the coupons you're presenting are acceptable.

A cashier issue most likely stems from a little confusion that isn't the cashier's fault at all. A cashier who questions your coupons may simply be trying to protect the store and do what they believe is right. We'll continue to discuss commonly heard cashier coupon issues in the weeks ahead.

Jill Cataldo, a coupon-workshop instructor, writer and mother of three, never passes up a good deal. Learn more about couponing at her Web site, www.super-couponing.com. E-mail your couponing coups and questions to jill@ctwfeatures.com.

Advertise Your Business Here

Join Jill each week as she educates Hometown News Readers how to save with coupons

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Community calendar

SATURDAY, OCT. 10

- **Beach concert series:** Oceanside Business Association, 5:30 p.m. to 8:30 p.m. Ocean Drive in front of the Holiday Inn. Web site: www.verobeachoba.com
- **The Humanists at Barefoot Bay** will meet at the South Mainland Library, 7921 Ron Beatty Blvd., Micco, to enjoy Juanita N. Baker's PowerPoint presentation on "Thoughts on Humanism while adventuring in Ecuador," starts at noon. For more information, call (772) 664-0170.
- **About Boating Safely,** 8:30 a.m.-5 p.m. at the City Complex Annex, 1245 Main St., Sebastian. Cost of mate-

gram is taught by Coast Guard Auxiliary certified instructors. For more information, call (772) 589 8523.

FRIDAY, OCT. 16

- **Vero Beach 90th anniversary celebration.** The event is planned to be held from 5:30 p.m. to 8:30 p.m. on the grounds of Pochontas Park (21st Street and 14th Avenue) and in front of the Heritage Center in historic downtown Vero Beach. Plans include a variety of live entertainment, food and beverage vendors, historic booths, the introduction of city officials, pioneer families and other special guests. For more details, call (772) 978-4700.
- **Making Great Strides Against Breast Cancer,** 2-3:30 p.m. Indian River Medical Center. For reservations, call (772) 563-4627.

www.cancer.org/stridesonline

- **Beachside half marathon:** IRC Healthy Start Coalition. 6:30 a.m. at Riverside Park, Vero Beach. Web site: www.irchealthystart.org
- **Screen on the Green.** Indian River County Recreation Department and Pointe West present free family movie night series outdoors on the lawn at sunset at Pointe West in Vero Beach This month: "Coraline." Web site: www.irrec.com.
- **U.S. Navy Armed Guard & Merchant Marine Veterans** who served in World War II will host a meeting at 9 a.m. at the Marsh Landing Restaurant at 44 North Broadway, Fellsmere. For information call (772) 571-0230.
- **Celebrate the 117th anniversary of Roseland's settlement** in 1892 with an old fashioned barbecue party at Roseland's Old Firehall at 8029 129th Court just off Roseland Road. Doors open at 10:30 a.m. Food will be served from 11 a.m.-2 p.m. The \$10 per person entrance fee covers a full plate of homemade barbecue, baked beans, slaw,

the door. Music, white elephant sale from 8 a.m. -noon and bake sale. Vendors may sell products for a table fee of \$10. All of the proceeds will be used by the Friends of Historic Roseland in providing college scholarships to Roseland students. Roseland is located on the shores of the St. Sebastian River and Indian River Lagoon. For more information, call (772) 646-5900.

SUNDAY, OCT. 18

- **Abraham Lincoln and Frederick Douglass: A Meeting of Minds.** Charles Everett Pace and George Frein portray these giants in recognition of the 200th anniversary of Lincoln's birth and the 150th anniversary of his election to the presidency.

FRIDAY, OCT. 23

- **15th anniversary celebration of Downtown Friday,** presented by Main Street Vero Beach on 14th Avenue in historic downtown.

FRIDAY, OCT. 30

- **Community Harvest Festival,** sponsored by the Salvation Army. This event will be fun for the whole family with free food, games, hay rides, bounce house, costume contest, cake walk and door prizes. 6-9 p.m., Salvation Army location, across the street from the Skate Factory.

SATURDAY, OCT. 31

- **Halloween parade,** sponsored by the Vero Beach Recreation Department. Applications to participate in the 51st annual Halloween parade are still available for participants, ages 0-17. Parade participants assemble at 9:30 a.m. At 10 a.m. parade begins. Line up begins at the east side of the Freshman Learning Center and parade ends at the Vero Beach Community Center. Web site: www.covb.org
- **Trick or treat with T-Rex at McKee Botanical Gardens.** Adults and children of all ages are invited to wear costumes and trick or treat in the garden. For more information, go to www.mckeeegarden.org.
- **Happy Howl-o-ween event,** sponsored by the Humane Society of Vero Beach and Indian River County. Fun for the whole family, both two- and four-legged, from 11 a.m. to 4 p.m. at the Humane Society of Vero Beach and Indian River County

and is open Monday through Friday from 10 a.m.-4 p.m. Visitors can tour the exhibit center and get a glimpse of the local history from prehistoric times through World War II. There is a model train display that offers panoramic views of historical sites in Indian River County. The Railroad Station is located at 2336 14th Ave., Vero Beach. For details, call (772) 778-3435.

- **Indian River County Historical Society** preserves the artifacts, sites and structures related to Indian River County heritage and offers maps and directions to sites of historic interest throughout the county. The society is housed in a 1903 Vero Beach Train Station, located at 2336 14th Ave., Vero Beach, and is open Monday, Wednesday and Friday, 10 a.m.-1 p.m. For more information, call (772) 778-3435.

- **The Heritage Bluegrass Band** performs every Tuesday night, from 7:30-10 p.m. There is no admission charge and donations are appreciated. Light refreshments are available. The Heritage Center is located at 2140 14th Ave., Vero Beach.

- **Vero Beach Museum of Art** features exhibitions of international, national and state importance are shown throughout the year in four galleries. The museum also houses a gift shop store and is the largest teaching museum school in Florida. It is located at 3001 Riverside Park Drive, Vero Beach. For

See **CALENDAR, B6**
details, call (772) 231-0707.
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SATURDAY, OCT. 17

- **Making Strides Against Breast Cancer,** sponsored by the American Cancer Society. Registration begins at 7:15 a.m., event begins at

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Staycation



Shores, Ponce Inlet offer unique attractions

By **Andreas Butler**
For Hometown News

VOLUSIA COUNTY — Daytona Beach Shores is a small community with 4,500 residents, but it is capable of hosting up to 30,000 visitors during special events such as Bike Week.

The city is also home to the Shores Spa Resort and Hotel and the Living Legends of Auto Racing Hall of Fame Brick Walk.

Living Legends of Racing is a nonprofit organization that oversees the Walk of Fame located at 3050 South Atlantic Ave.

The bricks are dedicated to former great racing pioneers and highlights the area's racing legacy.

"The history of the whole racing thing started here," said Olin Hopes, a member or Living Legends of Auto Racing. "It started up in Ormond and reached Daytona by the (19)30s then came down in this area in the (19)40s. The sport went inland in the 50s when the Speedway was built."

Many great racing legends are commemorated in the bricks, including William "Bill" France, Mad Marion MacDonald, Rapid Roy Hall,

Ethel Flock Mobley, Vicki Wood, James Jerome "Red" Voigt and more.

"If you are a racing fan it's nice to see," Mr. Hopes said. "People don't realize that where City Hall sits at in the Shores is part of the old race track and grand stand. AIA was also part of the old track. It all had to be moved, basically, because people could not make it to their homes."

The group also runs the Living Legends of Auto Racing Museum located in the Sunshine Park Mall in South Daytona.

The Shores Spa & Resort is the Daytona area's premier resort and spa. It offers luxurious rooms with spectacular views of Daytona Beach, the Atlantic Ocean and Intercoastal waterway.

"We have a 10-story luxury resort and spa that is Daytona's only four diamond hotel. It is really an unexpected luxury," said Susan Keavbney, the resort's marketing director. "Actually, we have a lot of locals who live in Port Orange, Daytona and Ormond who come to take advantage of our Indulge Spa and Azure fine dining restaurant."

The resort contains warm

hues, Italian marble restrooms, pillow top beds and chic furnishings. Rates start at \$109 per night.

"It's really a cool and fun undiscovered hang out space," Ms. Keavbney said. "It is refreshing and quiet and at this time of year we are not as busy, so locals can really take advantage."

Just south of the Shores, in Ponce Inlet, is one of the state's most recognizable attraction: the Ponce de Leon Inlet Light Station, located at 4391 Peninsula Drive. It stands 175 feet tall and is the tallest lighthouse in Florida. It is also the second tallest masonry lighthouse in the nation.

The 203-step structure attracts 175,000 visitors a year. Admission is \$5 per adult and \$1.50 per child under 11. It opens every day at 10 a.m. Closing times vary per time of year.

Today the structure consists of the tower and a museum with memorabilia and historic facts on the lighthouse and the surrounding community.

The lighthouse was constructed in 1883 and opened in 1887 as the Mosquito Inlet Lighthouse, which was the name for the surround-



Randy Barber/staff photographer

The Living Legends of Auto Racing Memorial brick walk of fame in Daytona Beach Shores features inscribed bricks honoring the pioneers of auto racing.

ing area. The lighthouse name changed in 1927 when Mosquito Inlet was renamed Ponce Inlet.

Kerosene lit the structure until 1920 when a generator was installed, making the transition to electricity.

In 1998, the structure became a National Historic Landmark. The Ponce Inlet Lighthouse Preservation

Association maintains and runs the structure.

"Those who visit will see on of the largest collections of lighthouse optics in the world," director of operations Mike Bennett said.

"The Lighthouse also gives visitors a sense and

feel of what life was like at the turn of the century for Florida's coastal residents."

For more information, visit www.livinglegendsofautoracing.com, www.shoresresort.com, www.ponceinlet.org.

Religion notes

First Presbyterian Church of Sebastian

•Newcomers and visitors are invited to the 10 a.m. Sunday worship service. Communion is served on the first Sunday of every month.

•Bible study is held Monday evenings at 7 p.m. Call John Blaga at (772) 589-4290 for more information on this study.

•Adult Sunday school and youth classes at 9 a.m. Children's Sunday school starts at 10 a.m. following the children's message.

•Friendship Crossroads Thrift Shop is open for business on Tuesday, Thursday, Friday, and Saturday, from 9 a.m. to 2 p.m. For more information, call the shop at (772) 581-8155.

The church is located one block north of Main Street, at 1405 Louisiana Ave., Sebastian.

For more information, call the church office at (772) 589-5656.

Riverside Church

•Open prayer meeting is held every Tuesday from noon to 2 p.m. You are welcome to come to the church and pray as long as you want. On Tuesday evenings at 7 p.m., the Men's Group meets for discussion of the word and fellowship.

•Oneighty Youth Group, an evening of music, fun, games and a Bible service at the church, for students in grades 6-12 begins at 5 p.m. every Wednesday. Admission is free and free transportation is available in the Sebastian area.

•Mpaact Girls' Club, a Christian club for girls in kindergarten through 12th grade, meets at the church 6:30 p.m., Thursday evening meetings. The girls learn about cooking, camping, crafts, community, missions, friendship, overcoming peer pressure, careers and purity.

•A chapter of Royal Rangers, one of America's largest and foremost adventure, camping and mentoring programs for boys and young men in

grades one through 12, meets 6 p.m. every Friday.

•Sunday worship service is held at 8:15 a.m. and 10:45 a.m. Kingdom Kids for children in grades K-5 is held at the same time. This program includes Bible lessons kids can understand and apply to their lives, plus games and prizes.

Newcomers are welcome at Riverside Church, located at 11205 Roseland Road, 2 miles west of U.S. 1, Sebastian. For additional information, call (772) 589-7825.

New Life Baptist Church

•Edge Student Ministries, the church's youth ministry meets every Wednesday evening from 6 to 8 p.m. There are lots of new activities; admission is free and the evening is packed with games, snacks and fellowship. All students, regardless of church affiliation, in grades 6-12 are welcome to attend this interactive, fun-filled weekly get together.

•Edge JR is a children's ministry for K-6th grade every Wednesday night at 7 p.m. and on Sunday at 9:30 a.m. All children are welcome to this fun-filled, highly interactive program; admission is free.

•Children, women and adult Sunday school classes are held every Sunday morning at 9:30 a.m. and a worship service begins at 10:45 a.m.

•Gentlemen are invited

to the Men's Group meeting on alternate Sunday evenings at 5 p.m.

•Fred Diven is the featured speaker every Sunday evening. "A Christian and Their Reward" is the current teaching series at the 6 p.m. Bible study. All

are welcome to attend.

Newcomers are welcome at New Life Baptist Church, located at 725 Commerce Center Drive, Suites C, D & E, Sebastian. For additional information, call Pastor Bill Brothers at (772) 473-3614.

Religion notes



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Chicken with artichokes, steak pizzaiola, tortoni and cookies

Hello smart shoppers. This week it's back to mom's old cookbook. Chicken breasts, when on sale, can feed an army for practically nothing. And, by adding a gourmet touch, every entree is different and delicious. Mom was constantly entertaining and knew that well.

ROMANCING THE STOVE
with the Grammy Guru ARLENE BORG



2 large boneless, skinless whole chicken breasts (a whole breast has two lobes), split
3/4-teaspoon salt
1/4-teaspoon each of pepper and paprika
1-2 tablespoons Canola oil
4 tablespoons butter or 1/4-cup butter substitute
1/4-pound fresh mushrooms, thinly sliced
4-1/2 teaspoons flour
1/3-cup chicken broth
2 tablespoons sherry

Drain artichokes well, halve and set aside. Sprinkle chicken with spices. In a large skillet brown chicken in oil for about 5 minutes, turning once. Place side by side in baking dish.

In small saucepan, sauté mushrooms in butter or substitute; cook for 2 minutes. Sprinkle with flour, stirring constantly. Add

broth and sherry; stir until thickened. Mix in artichokes and pour over chicken.

Cover and bake at 350, 35-45 minutes.

STEAK PIZZAIOLA (NIB) Serves 4

Italian beef steak pizzaiola is a delicious, easy, oven pot roast. Fresh or canned tomatoes may be used. I prefer fresh tomatoes when the price is right. I will give you both versions.

2 pounds round steak or chuck steak
2 large ripe tomatoes sliced 1/2-inch thick, and 1/2 cup water, OR
One 28-ounce can Italian whole tomatoes with liquid (crushed)
3 large cloves garlic, sliced
1/2-teaspoon oregano
Several sprigs fresh Italian parsley, chopped, or 1 teaspoon, dried
1 teaspoon salt
1/2-teaspoon black pepper

Trim meat of all visible fat. Place in metal baking pan, broil on each side in oven until browned.* (This step will add color and flavor). Remove from oven, set controls to 350 degrees, bake.

If fresh tomatoes are used, place all over top of browned steak. Top with remaining ingredients, cover with foil and bake for 1-1/2 to 2 hours until meat is fork tender. Add more water if necessary.

If canned tomatoes are used, pour them over steak. Top with remaining ingredients and proceed as above. Do not add the 1/2-cup water.

*Steak pizzaiola may be cooked on the stove top or in the oven. To cut the fat, I prefer the broiling method. This is delicious served with rice.

BISCUIT TORTONI (NIB) Serves 12

Muffin pans (2-1/2 inches), enough for 12 Cupcake liners

2 cups whipping cream
6 soft coconut macaroons, finely crumbled (1 cup)
1/2-cup sifted confectioner's sugar
Dash of salt
1 tablespoon rum, light or dark
1-1/2 teaspoons vanilla
1/4-cup slivered almonds, toasted
6 candied or maraschino cherries, halved

Double liners; place into 12 muffin cups. Combine 1 cup cream with macaroons, sugar and salt; chill 30 minutes. Whip remaining cream to soft peaks. Fold in chilled macaroon mixture, rum and vanilla.

Spoon into muffin cups, sprinkle almonds evenly over each, top with a cherry half. Cover and freeze until firm, 3 hours or overnight.

AUNT JUNE'S FORGOTTEN COOKIES (DIVINITIES)

These cookies are light, low fat and delicious, not to

mention easy to make.
2 egg whites
2/3-cup sugar
Dash salt (optional)
1 cup chopped dates or chocolate chips, optional
1 cup chopped nuts, optional

Beat whites until creamy. Add sugar and salt, beat until stiff. Fold in remaining ingredients. Line cookie sheets with aluminum foil. Drop batter by 1/2 teaspoons for small cookies (preferable), or whole teaspoons onto cookie sheet, spacing 2 inches apart. Preheat oven to 400 degrees for one to two cookie sheets, 500 degrees for three or four. Place sheets in oven, close door, turn oven off and forget about them until tomorrow morning or until oven is cold. Do not open door before oven is cold.

I am available for talks from Fort Pierce to Stuart. Call (772) 465-5656 and leave a message for me. Visit my Web site at www.romancingthestove.net.

CHICKEN WITH ARTICHOKES (NIB) Serves 4

One 15-ounce can artichokes

Calendar

From page B4

ket is held every Friday from 9 a.m.-1 p.m. Find plants, fruits and vegetables, seafood, herbs, coffee, freshly-made, donuts, hand-milled soaps, lotions, teas and on occasion, artisan sausages and cured meats, fresh local eggs, homemade doggie treats and much more. The market is located at the corner of 14th Avenue and 21st Street in front of the Heritage Centre.

• Guided kayak tours: Visitors paddle along the Indian River Lagoon and enjoy nature at its tropical best. Experience the thrill

of close encounters with dolphins, manatees and exotic birds. The guide is a master naturalist and U.S. Coast Guard captain. Cost is \$47 each for a 2-1/2 hour tour. Reservations are required. Space is limited to 12 participants. For more information call (772) 234-3436.

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Out

From page B3

favorite pajamas to take part in a pajama fashion show, storytelling with Miss Julie and a sing-a-long with Miss Shannon. A visit by Santa will highlight the evening. Regular festival hours are 10 a.m. to 5 p.m. Nov. 21-22 and admission is \$7 for adults and \$3 for children. Call (772) 234-8052.

SUNDAY, NOV. 22

• The Emerson Center presents ABC's "Wide World of Sports" producer/director Doug Wilson for a special evening that recalls "the thrill of victory and the agony of defeat" of the long-running show. Mr. Wilson will appear for two shows and discussions

at the VIP cocktail reception and will share interesting and informative stories and video clips with audiences at 4 and 7 p.m. shows. Tickets are \$30 in advance and \$40 at the door. Students attending with a parent or possessing a student ID will be admitted for \$15. Partial proceeds of the event will benefit the Indian River County Salvation Army's season of giving to the needy. The Emerson Center at the Unitarian Universalist Fellowship of Vero Beach is located at intersection of 27th Avenue and 16th Street in Vero Beach. Call (772) 778-5249.

THROUGH NOV. 28

• The Southeast Gallery of Art presents the photography exhibit "World Views." An artists' wine and cheese reception open to the public is set for Wednesday, Oct. 7, from 7 to 9 p.m. at the gallery located at 1446 19th Place, Suite 100 in downtown Vero Beach just west of 14th Avenue on the north side of the eastbound artery of State Road 60. The exhibit will feature pictures of travels in the United States and around the world. Thirty-two images were selected for the exhibit from more than 100 entries which came from photograph-

ic artists in several countries. Call (772) 643-6994.

THROUGH DEC. 27

• The Vero Beach Museum of Art presents "SANCTUARY: Anna Tomczak Photography" in an exhibit featuring 30 large-format photographs on display in the museum's Schumann Gallery. The photographs are still-life assemblages created from personal mementos, symbolic objects, flowers and antique materials which are then photographed to produce watercolor-like prints. Her art images have won many awards, been featured on eight book covers and have been showcased in a variety of publications. For more details, call (772) 231-0707.

NOW THROUGH FALL 2009

• The Vero Beach Museum of Art announces free admission to all art exhibits now through fall. All visitors are asked to stop at the front visitor's desk to pick up a complimentary admission ticket for admission. Museum hours are Monday through Saturday from 10 a.m. to 4:30 p.m. and Sundays from 1-4:30 p.m. The museum will be closed on Mondays from

Memorial Day through Labor Day. The Museum of Art is located at 3001 Riverside Park Drive in Vero Beach. For more details, call (772) 231-0707.

ART GALLERIES

- Artists Guild Gallery, 44 Royal Palm Pointe, Vero Beach. Call (772) 299-1234 or visit www.artistsguildgalleryverobeach.com for upcoming events.
- The Gallery at Windsor, 10680 Belvedere Square, Vero Beach. By appointment only. (772) 388-4071.
- Gallery 14, 1911 14th Ave., Vero Beach. (772) 562-5525
- The Laughing Dog Gallery, 2910 Cardinal Drive, Vero Beach. Open 10 a.m.-5 p.m. Monday-Saturday. (772) 234-6711
- Tiger Lily Art Studios and Gallery, 1903 14th Ave., Vero Beach. (772) 778-3443.

BARS AND CLUBS

- Capt. Hiram's Resort, 1580 U.S. 1, Sebastian. For a look at the full entertainment lineup, visit www.hirams.com. (772) 589-4345
- Earl's Hideaway Lounge and Tiki Bar, 1405 Indian River Drive, Sebastian. Live Delta Blues music Tuesday nights by Ernie Southern. (772) 589-5700, (772) 388-2597 or www.earlshideaway.com.

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Pun City Edited by Linda and Charles Preston

ACROSS

- Dangerous snakes
- Craft
- Calming words
- "Gypsy Love" operettist
- Hobnob
- Film composer Schifrin
- Pola of the silents
- Do away with
- Military equine association?
- Metz morning
- Winery process
- Previously, old-style
- 8 1/2-pound award
- Redolence
- Mauna
- Salad ingredient
- Kitchenware item purchased as-is?
- Far East drama form
- Corpulent
- Online info sources
- Faith in one's lingerie?
- Portrait subject?
- Hint
- Tot's transport
- Urban eyesore
- Mack Sennett's "The Shriek of _____"
- "Nobody's Business": 1949 hit
- Crumb-dropper hero
- Up in the air
- Driver's aid
- Computer component
- Orenburg's river
- Skater Thomas
- Fort near Monterey
- Greg Louganis' muse?
- Med. country
- Can't do without
- Ballet skirt
- "M*A*S*H" soft drinks
- Clinton Attorney General nominee Baird
- Twilight, in poesy
- Sentence segment
- 1958 Chevalier film
- Beneficial
- Mull
- Sycophant
- Novelist du Maurier
- Lyrical

DOWN

- Summits
- Distinct
- Kitchen gadget
- Pool party
- Metalworking tool
- Crewman
- Rival rival
- Lush
- Joint tenants?
- Scented blooms
- Mil. rank
- Beltegeuse's constellation
- Rather
- Formula for a Shakespeare tragedy?
- Bit of work
- Kyoshi's poetry
- Grant portrayer
- Cordelia's sister
- Kind of clerk or court
- Male swan
- Yves Saint Laurent's birthplace
- Two-time Super Bowl-winning coach
- "Most Happy _____"
- Ruler in old St. Petersburg
- Vigor
- Orange cover
- Behaved
- DC bigwig
- Eder River outlet
- Defense pact
- Good buddy
- Viewed
- Scottish top
- Champagne name
- Early riser?
- Once, once
- Really enjoy
- "The X-Files" gp.
- Designer of valuable vases?
- Balt. Sea country
- 70 MPH
- Discrimination watchdog: abbr.
- Spud state
- Play that coined "robot"
- Israeli desert
- Shirt label name
- Parlor piece
- Start another hitch
- Put on
- "Frankenstein" role
- Violation
- French wine region
- I knew it!
- Israeli
- Gangland disciplinarians
- Former Afghan ruler
- Message for Santa
- Trinket
- Cube maker Rubik
- Alternatives
- Defamation
- Hercule's creator
- Quite a while
- Fake
- Carl, of takeovers
- Attacked
- Chases
- Grammarian's concern
- Koran faith
- 115 Capone associate
- Star follower?
- "Star Trek" helmsman
- Dominion until 1806: abbr.
- Xis' preceders
- "War": sci-fi series

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114 Lost & Found

PIEGON Found in the area of Schumann and Thunderbird in Sebastian Tagged. 772-532-5493

128 Cemetery Lots & Crypts

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131 Personals

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275 Misc. Items

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STOP PAYING Too Much for TV! Get Dish w/Free install plans, Free HBO & Showtime & Free DVR Upgrade Call Free for full details! 877-479-3573

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277 Musical Instruments

MARION MUSIC Band instrument rentals Pianos, Pianos, ETC. Gibson, Martin Guitars & more! Stack Plaza. We buy. Call 321-727-3000

OLD GUITARS Wanted! Gibson, Martin, Fender, Gretsch. 1930 - 1980. Top Dollar Paid. Call toll free 1-866-433-8277

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305 Pets - Domestic

RHODESIAN RIDGE-BACK MIX, 10 mos old Lovable, playful, good w/ kids, house trained, Mother on premises. Hate to see him go, but have too many dogs! \$150, 772-332-3334 after 6:00 pm

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REAL ESTATE FOR SALE

EQUAL HOUSING OPPORTUNITY PUBLISHERS NOTICE

All rental and real estate advertising in the Hometown News is subject to the Federal Fair Housing Law which makes it illegal to advertise any preference, limitation or discrimination based on race, sex, handicap, familial status or national origin or any intention to make such preference, limitation or discrimination. In addition, the Fair Housing Ordinance prohibits discrimination based on age, marital status, sexual orientation, gender identity, or expression. We will not knowingly accept any advertising which is in violation of the law. All persons are hereby informed that all dwellings are available on an equal basis.

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701 Open Houses

VALUE

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0705 Condos for Sale

STUART, FLORIDA Waterfront Condo 2/2 ground floor end unit. Deep water dock, North Fork, St. Lucie River, heated pool, covered parking, quiet neighborhood, close to downtown. Estate sale, price just reduced \$239,000 772-692-9017

710 Houses for Sale

ASHEVILLE, NC area Reduced to \$79,900 Log cabin on 1.52 acre paved road front yet secluded 1288 sf with access to large creek. Easy to finish and financing available. 828-286-1666 Own/ bkr

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710 Houses for Sale

FORT PIERCE 3-br/2-ba completely renovated. If you can find a better deal I'll buy it! 2211 N 44th St \$49,900 561-312-9100 Owner/agent

FORT PIERCE- 2748 Iroquois Ave. 3/2 1 Mile to inlet, huge detached 3 car garage. Totally renovated '08. Only \$149,900. Owner /Agent 561-312-9100

INDIANTOWN- 4/3/2 Upscale home on half acre w/3000sf under air. Crown moldings. Huge master suite. Screened lanai, fenced yard, pool Many other amenities \$349,000 772-597-2955 ***see ad # 62092 for photos at www.hometownnewsol.com***

720 Duplexes for Sale

VERO BEACH JUST make offer! HUGE REDUCTION IMMEDIATE SALE DESIRED! Reduced from \$239K to \$179K income property in one of Vero's best neighborhoods. Duplex with 2 bedrooms, two bath apartments, carports, all new appliances, new flooring and paint. Call today for private showing Richards Real Estate. 772-538-1932

725 Residential Lots & Acreage for Sale

BAREFOOT BAY- 1173 Barefoot Circle, canal lot 50 x 115. Golf course across the street. \$53,500 772-770-9475

BEST BUY IN THE NORTH CAROLINA MOUNTAINS! 2.5acre parcel. Gated development. Spectacular view. High altitude. Bryson City \$39,500. Owner financing. 1-800-810-1590 www.wildcatknob.com

JENSEN BEACH Sugar Hill private comm with Tennis court 1+ acre. on cul-de-sac Very desirable great Karma \$239,000 631-842-8934 772-873-6816

STUART, ROCKY POINT residential lot .86 ac, \$155,000. Very negotiable. Great for boaters. David Sery, Keller Williams RE, 786-877-2412

730 Manufactured Homes for Sale

FORT PIERCE- 2/2 w/scren enclosure, shed & storage area. All appliances, carpet & inoleum floors. Asking \$5,000. OBO. 772-634-1507

MELBOURNE- Only \$4995 3/2 12'x60' All New: Central Air & Heat, Vinyl Siding, Skirting & concrete driveway in Village Glen an Adult Park. Enjoy our Solar heated pool and fitness room! Call 321-806-1240

MICCO SEBASTIAN 55+ 2/1.5 carport & shed. New paint & carpet. Park has pool & clubhouse. Small pet OK. Owner local \$9,800 609-432-4274

MOBILE HOMES: No denials! Everyone is approved! 500-\$1000 down. Guaranteed move in. Se Habla Espanol. 954-605-0814 / 800-733-1718

PALM HARBOR: Huge 3br/2ba loaded 14 houses to choose from. Starting at \$399/mo. On your property. 800-622-2832

PORT ST LUCIE- Owner financing. Spanish Lakes 55 + comm. Low down payment. Clean 2/2 double wide. Furnished & ready to live in. \$12,500. 305-849-1425

STUART- St. Lucie Falls, 55+ community. Doublewide 2/2 with screened porch & carport \$69,000 772-597-2955

735 Out of Area for Sale

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ST REGIS 12 Acres \$2275/ac. 5.44 Acres \$3000/ac. Looking for a place to park your camper while hunting? Own your campsite! 478-987-9700 St. Regis Paper Co.

FORECLOSURES- OWN 20ACRES OF LAND NOW! Near Booming El Paso, Texas. NEVER BEEN EASIER! \$0down, Take over \$159/mo payment. Now \$12,856. Was \$16,900. No credit checks/owner financing. 1-800-755-8953 www.TexasLandForeclosures.net

GEORGIA Remodeled 2BR-4BR Homes. Macon & Atlanta. Starting \$250,000. Homesites, 1.25acres starting @ \$390/acre. Owner financing w/no credit check. Call Larry 706-364-4200 or Habla Espanol, Alfredo 786-217-8152

735 Out of Area for Sale

NC MTNS: 2.85 ac, deed restricted. 1800' elev. near Asheville. Beautiful view of Blue Ridge mtns. \$47,900 772-757-9621

NORTH CAROLINA MOUNTAINS Mild 4 Seasons! E-Z to finish log cabin shell, w/ loft & basement, includes acreage \$99,900. Mountain & waterfront homesites \$39,000-\$99,000. E-Z Bank Financing! 828-247-9966 (Code41)

North Carolina, Western Mtns 1-4ac Best value in Blue Ridge. Spec views, Lake & Pool access. From \$25k Lc contractor. Owner Finance Owr/Bkr 828-286-1304 BallCommunities.com

OWNER MUST Sell. 4+ acres- \$57,300 Nice oak trees, private access to lake. All utilities in. Ready to build when you are! Financing avail. Call now 8 6 6 - 3 5 2 2 4 9 . www.flilandbargains.com

S.E. TENN MTNS Land discounted 5+ acre Tracts from \$24,900 w/ utilities. Must Sell! Occoee/Hiwassee River Area. Large Mtn Tracts from \$250,000. 800-531-1665 or 931-260-9435

SEBRING: 22 ACRES ON THE WATER! ONLY \$61,300. Originally over \$170,000, now priced way below mkt to sell fast. Nice waterfront parcel w/ big lake views. All amenities completed, ready to build or hold. Owner financing. Call now www.flilandbargains.com

TENNESSEE LAND 5 acre tracts for \$24,995. Great schools. Owner financing as little as \$250 down and \$99/month. JDL Realty, 800-330-3390 or 931-946-2484, ask for Tami or Darin.

Tennessee, Crawford: Mountainview Properties 5ac tracts only \$59,000 16ac w/Cabin & River \$139,000 180ac w/Creek \$299,000 255ac River, Creek & Natural Gas Well \$2,700/ac 888-836-8439

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SELL/ RENT your Timeshare Now!! Maintenance fees too high? Need Cash? Sell your unused timeshare today. No Commissions or Broker Fees. Free Consultation www.sellatimeshare.com 1-877-494-8246

750 Commercial Land for Sale

FORT PIERCE, 1/2 acre commercial fenced land. Half block from US1, next to Toyota. Must sell \$179,000 772-521-5111

755 Groves/Farms & Ranches for Sale

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775 Warehouse/ Industrial for Sale

Fort Pierce WAREHOUSE Great location, 1000sqft, 2 overhead doors, large parking area. Half block to US1, conv to I-95. \$875/mo 772-521-5111

795 Miscellaneous Real Estate Services

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2 bedrooms, 2 baths

This? or This?

A picture is worth a thousand words! Add a photo of your home to your advertisements, only \$1 per photo!

That's Right! Only \$1.00 per photo!

WE HAVE SPECIAL PROMOS TO HELP YOU SELL YOUR HOME! REASONABLE RATES AND YOU BUY 1 WEEK AND RECEIVE 3 FREE!

All it takes is a buck and a little luck to find that buyer! Call 1-800-823-0466 to place your ad today

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715 Town Houses/ Villas for Sale

TOWNHOMES FOR SALE

White City Ft. Pierce St. Lucie

\$8,000 Cash Back! New 2 bdrm. Villas \$79,900 \$0 down \$750/month or rent to own. Call Now! 772-359-0360 1221 E. Weatherbee Rd.

730 Manufactured Homes for Sale

"In House Financing" MELBOURNE: New Horton Homes, Singles and Doubles in Village Glen an Adult Park From \$31,995 Call Carolyn for move in specials like \$99 Lot Rental at 321-806-1240

CASH FOR CLUNKERS \$5,000 for any mobile home older than 1990. Palm Harbor is distributing this LIMITED time stimulus to all Florida Mobile Home owners 800-622-2832 Ext 210

MARTIN COUNTY RENT TO OWN 55+ GOLF community. 2/2 over 2000 useable sqft. Reduced to \$45,000 814-677-6787 until Nov 1

Melbourne Mobile Homes For Sale

TAN TARA MOBILE HOME PARK Many to choose from. Starting at \$2900. Lot rents from \$374/mo. Free cable, park financing (Adult Park) Lot rent \$325/mo. Includes Water, Sewer, Garbage. Call Park Manager, Tom for more info: 407-283-5277

DISCOUNT TIME-SHARES 60%-80% off retail!! Worldwide Locations!! Call for Free Info-Pack 800-639-5319 www.holidaygroup.com/flor

HUNTING LAND 539+ Acres Prime Hunting Deer, Turkey, Doodie! Laurens Counties, GA on Alligator Creek. Ponds/ Electric/ Bldgs. Possibly split into 100ac. \$1,300/acre. 813-478-4606

LAND SALE NOTICE: VIRGINIA MTNS Closeout Sale! 2.5 acres with pond near stocked trout stream, near state park. \$29,500, must sell. Bank financing. 1-866-789-8535

RENT NOW

VERO BEACH: Call for specials! 1br from \$475, 2br from \$600 incl water/sewer, Tile, New appl. Near Beach, Park & Restaurant 772-563-0013

VERO/FORT PIERCE Holiday Pines 2/2 comp furn. Walk to golf course. \$600/mo 1st & sec. Seasonal rates available 352-507-1932 see photos at joejoetech@aol.com

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820 Duplexes for Rent

SEBASTIAN Tri-plex Completely remodeled 1/1 Screened Lanai. A/C. So Indian River Dr. \$650/mo. 863-983-8064

SEBASTIAN: Remodeled-2/2/1, scrn patio, good location. \$700/mo \$700/sec 772-663-6085 between 7am-7 pm

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880 Warehouse/ Industrial For Rent

VERO BEACH 9,700 sq ft w/3,300 sq ft office/showroom & 6,400 sq ft w/warehouse dock, 25 foot ceilings, 6 bay doors, mezzanine storage. Exc location, competitive rent 772-770-0665

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835 Vacation/ Timeshare for Rent

ST. AUGUSTINE BCH Oceanview Condo for \$99/ nite \$79/wk, Ocean front house for \$199 nite \$1399/wk, Ocean front wedding \$359 or Historic Dist fr \$129 Discount cruises \$289pp. 904-825-1911 www.sunstatevacation.com

REAL ESTATE FOR RENT

Crossword Solution

"PUN CITY"

ASPS BOAT ITSOK LEHAR
CHAT LALO NEGRI ERASE
MARECORPS MATIN AGING
ERENOW OSCAR ODOR KEA
SPROUTS POTOFNORETURN
NOH OBESE FAQS
BRATRUST SELF NUANCE
TRICYCLE SLUM ARABY
AINT HANSEL ALOFT TEE
MODEM URAL DEBI ORD
DIVEINSPIRATION
ISR NEED TUTU NEHIS
ZOE GLOAM PHRASE GIGI
OFUSE CHEW HANGERON
DAPHNE ODIC CABFEVER
AGRA OSHEA ROW
FISHINGSCHOOL ARGUING
ACE NOAH LINUS CASSIA
LATHE TONIC MUTEWALTZ
SHARE HOUSE NLER GATE
ENTER ASSTS YUKS EMIR

802 Rooms & Roommates

BAREFOOT BAY share Home 2-br/2-ba. Male/ Female. All utilities. House privileges. \$400/mo. 772-663-9533

805 Apartments/ Condos for Rent

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SUNTREE - Spacious 3brdm/2bath 1st floor, unfurn., incl washer/dryer, fridge, stove, dishwasher. Avail. Now! 6 or 12 month lease, \$895/mo sec. dep. req. Pet Nego. Call Jeannie for pictures & info: 321-474-1810 photos & floor plan: www.HometownNewsClassifieds.com Ad# 44588

VERO BEACH - \$550 moves you into a clean 2brdm. close to City Hall. Central Air. Call 772-713-4363

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880 Warehouse/ Industrial For Rent

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TRANSPORTATION

910 Antique/Classic

1958 CHEVY DELRAY Rebuilt from ground up, 2 tone, original radio straight 6. Manual trans \$17,000 386-671-9907 see photos online at www.HometownNewsOL.com ad # 37539

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MAZDA MIATA 1999 convertible. Manual very fuel efficient, 70K miles mechanically great, good rubber. Low mileage for a 99. \$5850. 772-299-3342

Call Classified 800-823-0466

915 Automobiles

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SATURN VUE Hybrid, 2007, 45K miles, moon roof, all power, new tires, cold AC, rebuilt title.. Must sell \$12,900 772-521-5111

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915 Automobiles

WANTED

VEHICLES 1995-2010 Immediate Cash. \$\$\$\$ Call Alton Auto Brokers 772-321-5455

0917 Automobile Parts

BLOWN HEAD Gasket? State of the art 2-part carbon metallic chemical process. Repair yourself. 100% guaranteed. 866-780-9038 or 1-866-750-8780; www.RXHP.com

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DONATE VEHICLE Receive \$1000 Grocery Coupon Noah's Arc Support No Kill Shelters, Research to Advance Veterinary Treatments Free Towing, Tax Deductible, Non-Runners Accepted 1-866-912-GIVE Classified 800-823-0466

0920 Automobiles Wanted

DONATE YOUR Car, Truck or Boat to Heritage For The Blind Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 866-905-3801

DONATE YOUR Car. Free Towing "Cars for Kids". Any Condition. Tax Deductible. Outreach Center. 800-597-9411

DONATE YOUR CAR... To The Cancer Fund of America. Help those suffering with Cancer Today. Free Towing & Tax deductible. 1-800-935-9372 www.cfoa.org

FREE 3-DAY Vacation! Donate Your Car, Boat, RV to Heritage for The Blind. Call 866-666-0879

CALL CLASSIFIED and sell that boat! 800-823-0466

935 Motorcycles

SCOOTER HONDA 1993 Elite 90cc 650 actual miles. \$895. Custom carrier available for \$395 772-532-7327

WANTED JAPANESE Motorcycles Kawasaki, 1970-1980 Z1-900, KZ900, KZ1000, S1-250, S2-250, S2-350, S3- 400, H1-500, H2-750, Cash Paid, Free Nationwide Pick Up 800-772-1142 or 310-721-0726.

WANTED JAPANESE Motorcycles Kawasaki, Z1-900, (KZ1000) 1972-1976, KZ1000 (1976-1980), Z1R, S1-250, S2-350, S3-400, H1-500, H2-750, Honda CB750 (1969- 1975), Suzuki GS400, GT380, Cash Paid, Free Nationwide Pick Up 800-772-1142 or 310-721-0726.

940 RV/Travel Trailers/Campers

SPECIAL

37' PILGRIM 2006 Park Model Trailer 2-br/1-ba set up in a 55+ retirement park. \$0 down \$0 interest \$575 per month, includes payment on trailer lot and insurance. \$18,000 772-359-5231 305-247-4021

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Affordable & reliable Hometown News CLASSIFIEDS! 800-823-0466

940 RV/Travel Trailers/Campers

RV'S NEEDED! Buy, Consign or Trade. Giant Recreation World. 888-863-8503 Don x150

Boats & Watercraft

0962 Boats/ Watercraft

17' KEY WEST 1720CC, 2004, 4 stroke Yamaha 90, depth/fish finder, trolling motor,