

# Hometown News

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Page A6



Vol. 6, No. 40 Your Local News and Information Source • www.HometownNewsOL.com Friday, July 3, 2009



**HOW WEIRD IS THAT!**  
SEAN MCCARTHY

Spend any time surfing the Web and you are bound to find stories that are just too bizarre to be true.

Here's a sampling, edited for length. And remember, just because it's online doesn't mean it's true!

Remember that teen from last week with the 56 stars tattooed on her face?

From msnbc.com: **Teen reportedly admits she asked for tattoos.** Dad's outrage over 56 stars led her to give false account of falling asleep.

From sfgate.com: **'High' wallabies blamed for Aussie crop circles.** Wallabies snacking in Tasmania's legally-grown opium poppy fields are getting "high as a kite" and hopping around in circles, trampling the crops, a state official said.

From trueslant.com/jef-fkoyen: **Duped newscast airs 'Lost' scene as Flight 447's last moments.** In their rush to air exclusive photos of Flight 447's destruction, no one in this newsroom stopped to ask the logical questions, such as: how did the camera survive and why are the photos in wide-screen format?

From weirdasianews.com: **9,000-year-old Chinese beer hits stores.** American brewing company Dogfish turned to history for their new brand of beer. The ale comes from a recipe last brewed in China more than 9,000 years ago.

From chron.com: **Police say real \$5 bills redone as \$100s.** Some fake \$100 bills being passed in Amarillo started as real money. Police say various merchants recently have been duped with about \$4,000 worth of the fake \$100 bills.

See **WEIRD, A3**

ENTERTAINMENT **B1**

## BLUES MUSICIAN



Ernie Southern of Sebastian has released a new blues CD

FOOD **B6**

## FINGER LICKIN'S



Fun foods for the fourth

## WEEKEND WEATHER

**Friday:** Scattered thunderstorms; high: 90; low: 75; high tide: 5:58 a.m.; low tide: 12:14 p.m.  
**Saturday:** Scattered thunderstorms; high: 90; low: 76; high tide: 6:49 a.m.; low tide: 1:01 p.m.  
**Sunday:** Scattered thunderstorms; high: 91; low: 75; high tide: 7:36 a.m.; low tide: 1:46 p.m.  
Weather courtesy of www.weather.com

## INDEX

Classified	B7	Police Report	A5
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## Most IRC schools receive 'A' grades

By Jessica Tuggle  
jtuggle@hometownnewsol.com

INDIAN RIVER COUNTY — Indian River County School District officials announced that 96 percent of the schools in the county earned "A" or "B" grades in the 2009 school year.

Twenty schools out of a possible 24, or 83 percent of schools in the district,

earned As, according to a report released by the Department of Education.

Last year, only 15 schools were ranked as top tier schools.

Thompson Magnet Elementary School and Sebastian River High School both earned As for the first time, the report showed.

See **GRADES, A3**

## Developer avoids financial doom

By Jessica Tuggle  
jtuggle@hometownnewsol.com

INDIAN RIVER COUNTY — A huge weight was lifted off the shoulders of developer Mark Foster of Foster IRC, during the June 23 Indian River County Com-

mission meeting. Commissioners voted on an action item that will help him stay in business.

One of Mr. Foster's subdivisions, Huntington

Place in Vero Beach, holds 140 lots of undeveloped land, with trees and other vegetation. See **DEVELOPER, A4**

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## Nests on rise

Turtle season well underway

By Jessica Tuggle  
jtuggle@hometownnewsol.com

INDIAN RIVER COUNTY — They're big, they're wet and they're coming to a beach near you.

Nighttime activity on the beach has increased as large female sea turtles emerge from the ocean to lay hundreds of eggs in the sand along the beaches.

Rick Herren, environmental specialist for Indian River County, said the three species of sea turtles that frequent the area have been out in full force this past week.

"I cover about half the beach in the county, about 11.5 miles of beach," said Mr. Herren.

"I keep track of turtles that come up on the beach to nest and the false crawls, which is when the turtles come up but don't nest. There have been 525 loggerhead false crawls this year," he said.

See **NESTS, A2**



Cliff Partlow/staff photographer

After a nest is marked, Rick Herren writes the date and a location code, which gives the exact location of the nest. Nests along Conn Beach and another area south are in a controlled area, as part of a permitting requirement. Goreign sand was used to replenish the beach there.

## Students learn public speaking

By Jessica Tuggle  
jtuggle@hometownnewsol.com

INDIAN RIVER COUNTY — Three students from Indian River County spent last week at the Capitol Building in Tallahassee, sponsoring bills and debating issues during the 37th annual Florida 4-H Legislature program.

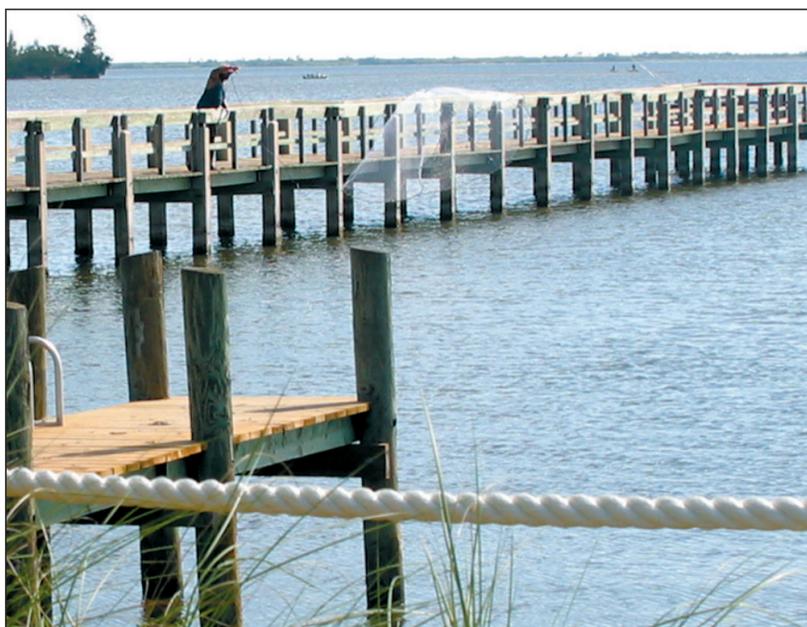
Jenny and Shellie Davis, along with Katherine Kaltenbach, learned about parliamentary procedures followed by state legislators and exercised their public speaking skills on the floor of the House of Representatives.

Two of the 11 4-H clubs in the county were represented by the girls, the Horse Masters and the Swine Masters 4-H Clubs.

Katherine, 16, is president of the 4-H county council, served as the head reporter while in Tallahassee and also worked on writing bills in a planning committee.

"You can write about anything really, usually about the betterment of the state and community," said Katherine, who has been involved in 4-H for the past 10 years and has been to

See **STUDENTS, A2**



Cliff Partlow/staff photographer

James Barteo of Sebastian casts his net in search of bait last Saturday at the Capt. Robert A. Hardee Boat Launch, more commonly known as the Main Street boat ramp. The renovated park has additional parking, a longer ramp, new restrooms and landscaping.

## Main Street completed ahead of schedule

Ribbon cutting set for July 11

By Jessica Tuggle  
jtuggle@hometownnewsol.com

SEBASTIAN — The cones are gone and the lines are painted along the roads involved in the Main Street/Indian River Drive renovation project, which involved adding an aesthetically-pleasing landmark to a popular boat ramp along the river, while making it safer for pedestrians and boaters.

The project, which cost nearly \$2 million, is scheduled for a grand opening on July 11 at 9 a.m. with a ribbon cutting and small presentation from the Florida Inland Navigation District that provided some grant money for the project.

Mark Brassard, field operations supervisor for H&D Construction of Fort Pierce, said the project has earned compliments from many passers-by.

"It's definitely a pretty project and definitely user-friendly now," said Mr. Brassard.

"There are a lot of lush landscaping plants and new park benches to sit on and the view of the river is about 50 percent better," he said.

Mr. Brassard said the project was turned over to the city on June 25 and all of the facilities are open and ready for use, including the boat ramp and two bathrooms.

The project was about three and a half weeks ahead of schedule, Mr. Brassard said.

See **MAIN, A4**

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# Students

From page A1

legislature four times.

One bill proposed was for a superhighway from Jacksonville to Miami with 10 lanes and no speed limit. That bill passed both House and Senate and went before a joint committee.

"It's really a unique experience. You meet people interested in the same things you are interested in from everywhere," said Katherine.

Local 4-H agent Adam Cletzer said the entire week, a small group of students have the run of the capital and led the attendees in preparing bills and bringing them before other 4-H members designated as House and Senate

members.

"It's really that they're learning to take a side, an educated side, on an issue and they find their voice," said Mr. Cletzer.

"There's not a lot of places where kids can learn that level of public speaking except in 4-H," he said.

"Four-H does an awesome job of making it fun for us," said Shellie, 17.

"Before 4-H, I didn't want to do anything like this, like Legislature, but now it's pretty interesting to me," she said.

Both Shellie and her sister, Jenny, 17, were members of the House of Representatives this year. Last year, they were lobbyists.

"Most of the time the floor was pretty quiet, but then some people would really get into the debate and get aggravated if their

bill didn't pass," Jenny said.

"It was a lot of fun to learn so much and be able to sit in the seats and learn about the procedures," she said.

"I've never sat in such comfy chairs before. They're (representatives) really lucky," Shellie said with a laugh.

The 4-H Foundation, a private, nonprofit organization that raises funds and public support for 4-H programs, paid 50 percent of the students' cost to attend the program, Mr. Cletzer said.

*For more information about 4-H clubs in Indian River County, or to become involved in a club, call 4-H Agent Adam Cletzer at (772) 770-5030, or visit <http://indian.ifas.ufl.edu/4h/4h/Welcome.html>.*

# Nests

From page A1

There are several reasons for the false crawls, but there are a lot of crawls this year.

"There's not been much rain recently and the sand has been really dry," Mr. Herren said.

"As you know, when you dig in dry sand it caves in on you, so turtles turn around and go back and nest somewhere else," he said.

Other elements that lead to false crawls include beach furniture left on the beach and too many people around, he added.

Kipp Frohlich, section leader for imperiled species management section for the Florida Fish and Wildlife Conservation Commission, said no official numbers on sea turtle nests are going to be released until the end of the nesting season.

Mr. Herren's preliminary figures show four green turtle nests and 29 leatherback nests so far this season in his section of beach. Both species of turtle are on the endangered list.

"One of the primary trends that we have been seeing is a downward trend in loggerhead turtles nest-

ing, which is our primary turtle," said Mr. Frohlich.

"We don't have a cause or reason for that, but we are very interested and concerned to see if that changes this year, but it's still too early to tell," he said.

Numbers of loggerhead nests, which are the turtles most often seen along Indian River County beaches, have taken a jump in the past week, Mr. Herren said.

"In one week, loggerheads have jumped from 315 nests to 543 nests as of June 25," said Mr. Herren.

Each turtle will lay between 75 and 120 eggs in a nest and some turtles will lay up to eight nests.

"Some people don't realize that the number of nests do not mean the number of turtles because turtles lay more than one nest," said Mr. Herren.

The number of nests recorded are not the amount of nests marked on the beaches, which is one of the largest misconceptions the public has about sea turtle nests, he said.

"We keep track of about 15 percent of the nests marked for research," Mr. Herren said.

"The beach would not be friendly for humans or turtles if we marked the 1,500 nests per year," Mr. Herren

said.

The hatchlings emerging from their nests will peak in August, he said.

Some hatchlings from the earliest nests are emerging already and though some people may want to watch the hatchlings, it can be dangerous for the small turtles, experts say.

They advise nighttime beach visitors to not bother the small turtles as they make their way to the ocean.

"You can guide a hatching sea turtle around with just a flashlight, so I don't recommend any lights on the beach," Mr. Herren said.

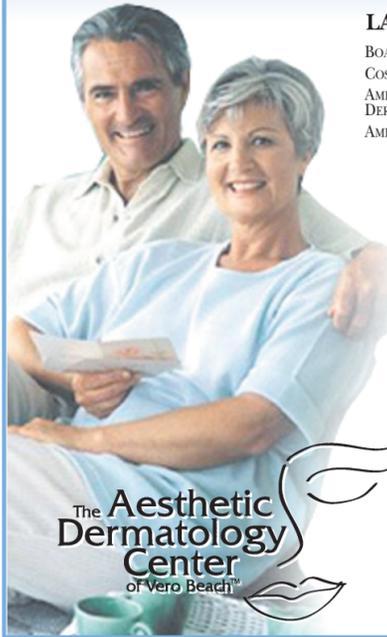
"They are looking for the brightest horizon and approximately 60 to 100 baby sea turtles are found dead and are reported each year in the county, most because they have been misdirected by other light sources.

Campfires on the beach are one other cause of death for sea turtles, a very sad end, Mr. Herren said.

*For more information on sea turtles, visit the Fish and Wildlife Research Institute online at [http://research.myfwc.com/features/category\\_sub.asp?id=2309](http://research.myfwc.com/features/category_sub.asp?id=2309).*

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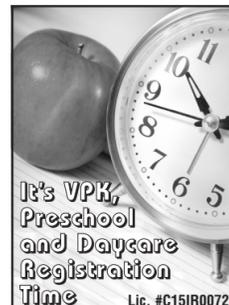
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# Writing brings healing for Sebastian woman

By Jessica Tuggle  
jtuggle@hometownnewsol.com

SEBASTIAN — Raising a child with a mental illness into adulthood is not easy by any stretch of the imagination, but families don't have to feel alone anymore.

Claudia and Dick McClaine of Sebastian have been married for 50 years and have seen each other through many rough seasons, including raising and losing a son diagnosed with schizophrenia.

Mrs. McClaine said her son, who wasn't diagnosed until his late teens, would go through high points and low points in his mental stability, as he turned to drugs and alcohol in rebellion.

Though he often hurt their family in the process, Mrs. McClaine's love for her son never died.

She kept a journal of her experiences and had it published last November.

Though six years ago her son took his own life, Mrs. McClaine said she sees her story as encouraging to other families of the mentally ill, because it means no one is alone in their struggles.

"I wrote the book to share my (and my family's) experience of living with our son's illness and watching the horrors he went through," she said.

"I think the process of

writing relieved a lot of anxiety, tears and heartbreak for me," said Mrs. McClaine.

During the early stages of his illness, doctors did not have to look far beyond his substance abuse issues to see the real problem, Mrs. McClaine said.

According to the National Alliance on Mental Illness Web site, 50 to 60 percent of individuals with severe mental disorders are also affected by substance abuse, compared with 10 percent of the general population.

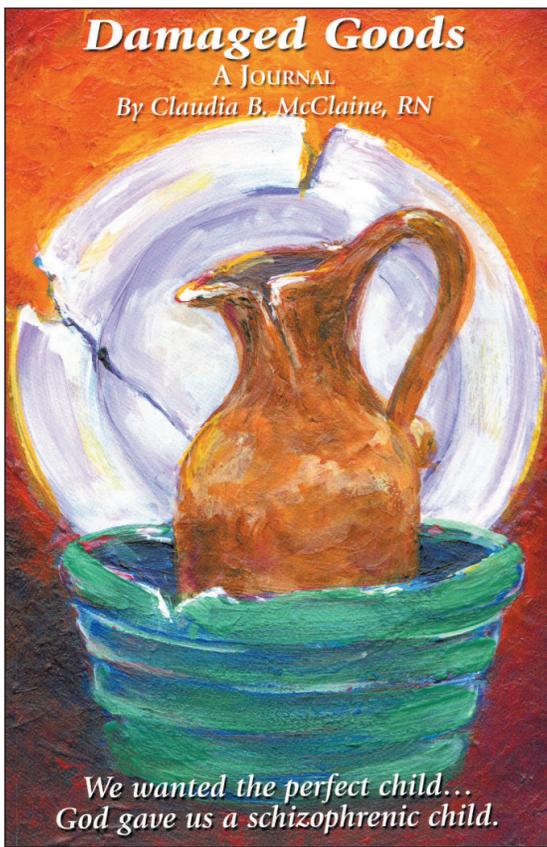
Also, young people between 15 and 24 years old are the age group most likely to experience a major depressive episode.

Mrs. McClaine said an important partner in her family's life while living with her son's condition was the Indian River County Chapter of the NAMI.

NAMI is the largest grassroots organization dedicated to improving the lives of people living with serious mental illness and their families.

"I want to emphatically encourage everyone, family, friends and the ill person to seek out NAMI, where we got the most help in the later stages of his illness," said Mrs. McClaine.

NAMI provided the McClaines with information about housing, treatment, crisis intervention and medication education.



**Damaged Goods**, written by Claudia McClaine of Sebastian, is a compilation of Mrs. McClaine's journal entries while raising her schizophrenic son. 'Damaged Goods' is available for purchase on *Amazon.com*, *B&N.com* and is also available in Indian River County libraries.

"It's OK to get help," said Mrs. McClaine.

NAMI works closely in conjunction with the Mental Health Association in Indian River County, which is located

at 820 37th Place, Vero Beach. For more information about the Mental Health Association in Indian River County, call (772) 569-9788, or visit, *www.mhairc.org*.

## Grades

From page A1

It also marks the first time in the past 10 years that a public high school earned an A.

In a press release, Superintendent Henry La Cava said he was very pleased with the district's scores.

"This is the highest percentage of schools ever to achieve 'A' and 'B' status," he said.

The large percentage of schools with high grades allowed the district to earn an excellent overall score.

"We are very excited to have maintained an 'A' for the second year in a row," Mr. La Cava said.

Two schools, Dodgetown Elementary and Vero Beach High School, earned Bs and Imagine School of South Vero earned a 'C.'

For more information on individual school scores, visit *www.indianriver-schools.org/pages/school-grades.aspx*.

## Weird

From page A1

From news.yahoo.com: Wis. man survives six-story fall from bank building. A window washer survived a six-story fall from a bank building with one thought in mind: when was his safety rope going to catch? It never did.

Sean McCarthy can be reached at (772) 408-0680 or *WeirdStories@ComputeThisOnline.com* (no hypyhens).

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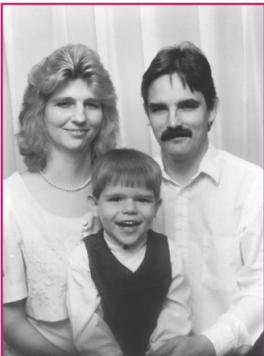
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## Main

From page A1

Two of the major challenges in the project were dealing with the traffic patterns and taking care of the old oak tree in the middle of construction.

"The oak tree was a chal-

lenge, because we had to keep it irrigated the entire time so it didn't die, and it was a big goal set to us and we did it, and it looks great," said Mr. Brassard.

The first to use the boat ramp was Mayor Richard Gillmor.

"It's a really smooth transition going around the

Hardy Oak and you're not blocking the road now," said the mayor.

Mr. Minner said the project did undergo some change orders that affected the budget of the project, but he could not give an exact amount as to increases in financial obligations at press time.

## Developer

From page A1

tation covering the landscape.

When the market was booming, he had preliminary contracts for 110 lots, but after going back and forth, trying to fulfill county regulations, he was only able to keep four buyers.

"There was some last minute stuff that staff decided we needed (because of drainage concerns) and they asked for a \$1.7 million bond or letter of credit or cash," said Mr. Foster.

The letter of credit was requested by county staff as security to ensure that the developer would fill the lots on the property within a 24-month time period.

The letter of credit was going to expire soon without the work being completed, and if that were to happen, Mr. Foster said he would be in financial ruin.

Calling a letter of credit on a developer, as opposed

to letting it expire, means that the bank provides the money put up by the developer to the county so the county can make the changes necessary to the property in a public bid process.

Also stipulated in his contract with the county was that the lots needed to be filled in two years. If not, the county could take the money and pay someone else to bulldoze the trees and fill the lots.

If that were to happen, said Mr. Foster, a commercial builder interested in building models and specs on the property would no longer be interested.

"If the letter of credit is called and we have to remove the trees and fill the lots, it will develop into a sand dust bowl, and make it much more difficult to sell," said Mr. Foster.

Commissioners agreed and voted unanimously last Tuesday to allow Mr. Foster's letter of credit to expire and rescinded the order to fill the lots.

"Mr. Foster's showed that the land percolated well, and was very sandy, so it was not a problem," said Will Collins, county attorney.

Letting the letter of credit expire allowed Mr. Foster to continue working on the property, but did not require him to take down all of the vegetation at one time, Mr. Collins said.

"I think it was reasonable," he said.

Commissioners also asked Mr. Foster to amend his contracts with his buyers so the same rules about filling would apply to them. In other words, buyers would not be able to de-forest the property, either.

"I'd hate to see the property denuded and I see no reason to go in there and fill the lots if they are not going to develop the lots," said Chairman Wesley Davis.

"We want to save the trees as long as possible," he said.

Now, when builders come onto the property, they will only take down as many trees as necessary to build homes, leaving the rest of the area green and flourishing instead of dry and dusty.

"This means I'm gonna live for another day," said Mr. Foster.

"It would have been a death sentence, financial Armageddon, for me if the letter of credit had been called," he said.

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# Police report

*Editor's note: This is a list of arrests, not convictions, and all arrestees are presumed innocent unless or until proven guilty in a court of law.*

## Sebastian Police Department

- Juan Antonio Perez, 39, 260 S. Pine St., Fellsmere, was charged with possession of cocaine and a misdemeanor charge of driving under the influence.

## Indian River Shores Department of Public Safety

- Adam Joel Martinez, 24, 554 N. Wickham Road, Apt. 215, Melbourne, was charged with sale of controlled substances alprazolam and oxycodone.

## Indian River County Sheriff's Office

- April Michelle Riggins, 36, 1215 12th Court Southwest, Vero Beach, was charged with third-degree

grand theft and violation of probation. She was on probation for writing worthless checks.

- Bryan M. Taylor, 27, 8375 97th Ave., Sebastian, was charged with scheme to defraud and grand theft.
- Makeda Yolanda Stamps, 19, 12930 100th Place, Fellsmere, was charged with murder and tampering with evidence.
- Lynn N. Smith, 60, 227 Rio Pinar Drive, Ormond Beach, was charged with racketeering, conspiracy to commit racketeering and six counts of grand theft.
- Tiffany Nicole Smith, 24, 3115 3 St., Vero Beach, was charged with felony petit theft and a misdemeanor charge of violation of probation for possession of drug paraphernalia.
- Justin Lee Mullreed, 25, 2205 15th St., Southwest, Vero Beach, was charged with violation of probation. He was on probation for third-degree grand theft.
- George A. Sanchez, 23, 2533 Second St., S.W., Vero Beach, was charged with aggravated battery, domestic violence.
- Clifford Matthew Spivey, 27, 5 N. Maple St., Fellsmere, was charged with possession of cocaine and a misdemeanor charge of pos-

session of drug paraphernalia.

- Sherrod Thomas Joyce, 21, 916 Poplar Lane, Melbourne, was charged with violation of probation. He was on probation for grand theft.
- Stanley Bowers, aka, Michael Stewart Flanagan, 54, homeless, was charged with being a fugitive from justice.
- Cheryl Kay Dorawa, 28, 361 Del Monte Road, Sebastian, was charged with violation of probation. She was on probation for sale or delivery and possession of methadone.
- Kimberly "Kimmy" Hagel, 18, 655 George Bush Blvd., Delray Beach, was charged with giving false information to a pawnbroker and dealing in stolen property.
- Urbano Contreras, 51, 124 S. Oak St., Fellsmere, was charged with being a fugitive from justice.
- Franklin Reed Jr., 39, 2285 13th Ave. Southwest, Vero Beach, was charged with attempted sexual battery, threat of force.
- Xandi Garcia, 20, 5612 Second St., Northwest, Miami, was charged with uttering a forged bill, check or draft.
- Simmie Lee King, 66, 4655 38th Court, Vero Beach, was charged

with burglary, grand theft and aggravated assault.

- Aaron David Bronson, 24, 2025 Fifth St., Vero Beach, was charged with violation of probation. He was on probation for two counts of petit theft.
- Jeffrey Lajuan Nobles II, 20, 101 Champions Run, West Palm Beach, was charged with retail theft.
- Michael J. Chiarantona, 24, 510 Belfast Terrace, Sebastian, was charged with first-degree petit theft, uttering a forged instrument and forgery.
- Leighwen Nicole McClendon, 24, 2332 Robins Road, West Palm Beach, was charged with retail theft.
- Selena Dawn Sewell, 32, 931 Chelsea Ave., Sebastian, was charged with grand theft.
- Tasha McDouglas Robinson, 29, 601 Ninth St. S.W., Vero Beach, was charged with battery on a person

65 years or older.

- Paul J. Geyer, 52, 2146 30th Ave., Vero Beach, was charged with three counts of uttering forged instruments and third-degree grand theft.
- Glenn Edwin Brown Jr., 17, 3994 Lincoln Road, Vero Beach, was charged with burglary of a dwelling and dealing in stolen property.

## Florida Highway Patrol

- Randall Jovale Gordon, 21, 4811 Northwest 13th Court, Lauderhill, was charged with aggravated battery.

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Photo courtesy of the Treasure Coast Parrot Head Club

Members of the Treasure Coast Parrot Head Club received seven awards in June from Relay for Life of St. Lucie at Tradition Field, where the club participated in the May 1-2 fundraiser for the American Cancer Society. First row, from left: Cathi and Wayne Habermehl. Second row, from left: Pat and Nick Caruso, Bill and Karen Stewart. Third row, from left: Bob Orris, Helen DeLaHunt, Jeannine and Chris Johannes and Ken Randall. Top rows, from left: Kayleigh Clarizio, Shannon Johannes, Gloria Clarizio, Connor Johannes and Bill Clarizio.

# Parrots, 'keets' raise funds

For Hometown News  
News@hometownnewsol.com

TREASURE COAST — The Treasure Coast Parrot Head Club raised \$12,811 for the American Cancer Society and won seven awards for participating in the 2009 Relay for Life event in May at Tradition Field in Port St. Lucie, including first place for best overall team.

The awards were presented in June during the Relay for Life appreciation night at the stadium, which was followed by a St. Lucie Mets baseball game.

This year marked the largest fundraising in the club's history and the club's third year participating in Relay for Life.

The club chose "Peter Pan" as its theme in the event, titled the "St. Lucie Children's Storybook Relay."

All teams participating in this event raised a total of more than \$104,000 for the American Cancer

Society.

The club also won first place for best team costume, best team banner and best overall campsite, second place for funniest campsite, third place for best decorations and best mission statement.

All awards were judged by cancer survivors and members of other teams participating in the event.

One of the ways the club raised money for the charity was to sell parrot-ice, a Parrot Head version of snow cones. Children of club members, who are called "keets," an abbreviated of parakeets, manned the concession stand during the fundraising event.

The club is a Florida nonprofit corporation with 188 members from Melbourne to Jupiter.

For more information, visit [www.treasurecoastparrotheadclub.com](http://www.treasurecoastparrotheadclub.com).

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# VIEWPOINT

FRIDAY, JULY 3, 2009 • HOMETOWN NEWS • WWW.HOMETOWNNEWSOL.COM



## Got something to say?

Call the Hometown Rants & Raves line at  
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or e-mail [news@hometownnewsol.com](mailto:news@hometownnewsol.com).

Callers are asked to refrain from making slanderous statements. Statements of fact will be checked for accuracy.

### A response: Nobody's perfect

I am responding to a rant titled "Keep Criminals in Jail" in the June 19 *Hometown News*.

This rant was obviously written by someone who has absolutely no contact with anyone with a felony record. Also, this person is someone who doesn't believe in second chances.

Not a single person on the face of this earth is perfect. I am sure this person has made mistakes and has been granted a second chance.

I am a convicted felon who spent more than five years in jail for a mistake that I made. When I was released and returned home, I was amazed at how difficult it would be to enter society and move on with my life. I would say that about 95 percent of the companies that I applied for employment with, all had policies that wouldn't allow them to hire a convicted felon.

Would I agree that there are people who are in prison who don't want to change their lifestyles? Yes! However, I know many, many more who want to change, but because they are not permitted a second chance, they return to what they know to survive. It is not the criminals, it is society that holds them back.

I have written countless letters to Congress about this issue. It is difficult not to feel that in our own country, felons are not looked at equally. We have done the time for our crimes, but even once out, we still, in some way, have to serve time for something we want to put in the past.

Fortunately, for myself, I had a good support system and a friend who offered to help. I have been home for two years now and I currently own two businesses. There is a way out, but for most, it is extremely difficult.

I used to feel the same way as the writer of that article until I went into the system myself. Now when I drive by a jail or prison, I automatically think about each person in there and what they are currently going through and what it will be like for them when released.

So please don't be quick to judge. Even other individuals could have committed the crime spoken of in that rant, as there is always a first time.

### Regarding felons

Years ago, lots of people died just to vote. Now they are letting felons vote. Why can't felons work? Give them a chance.

### A laughing matter

It makes us laugh when public school teachers brag about pupil performance and how things are improving in our classrooms.

Compared with other nations around the globe, the U.S. comes in almost last in the number of hours our children spend in the classroom. It shows, because they also score almost last in math, science and reading.

### Keep your promises

When Barack Obama was candidate Obama, he promised tax cuts for all but the very rich, but it turns out that there are not enough "very rich" so the promise cannot be kept.

Quietly, the administration, through the congressional budget office, has let it be known that Social Security recipients will not get a cost-of-living increase in 2010, that the Social Security system is in much worse shape than previously thought, and that as Part B costs spiral upward, the only option will be to significantly increase in premiums.

### Raising rates is a big mistake

I just heard that Florida Power & Light wants another rate increase. I want to say that I very seldom, if ever, write anybody about subjects such as this.

We already keep our electricity at a bare minimum in order to keep our bill down. What's next, shutting off the water heater? People are barely able to stay in their homes as it is.

As more people leave Florida to go elsewhere because they are losing their homes (your rate increase will put many people over the edge) you will have fewer customers and your revenue will ultimately go down.

Greed never gets us anywhere. It's the people who give that  
See **RANTS, A7**

## Hometown News

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CIRCULATION AUDIT BY



SEBASTIAN

## Positively perfect place for kids



Cliff Partlow/staff photographer

Nearly 140 kids filled the Sebastian Boys and Girls Club last week for this year's summer camp. Meghan Jo, left, and Kate Adams, both 7, play air hockey before lunch last Friday. The camp, which runs from June 4 through Aug. 21, consistently fills up early and requires a waiting list.

## The skinny on skin cancer

It's summer in Florida and the UV index is high.

Now is the time to remember the sunscreen and protect yourself against all forms of skin cancer, including melanoma, the most serious.

Here is some information on the most common types of skin cancers and what to look for. The information comes from the American Academy of Dermatology.

Actinic keratoses are precancerous lesions caused by long-term exposure to sunlight. They are most commonly found on the face, lips, ears, neck, scalp, forearms and hands, the areas most exposed to sunlight. Keratoses are often scaly, rough and discolored.

Practice self-examination and have someone else check areas, such as your scalp, that are hard to see.

If untreated, keratoses can progress to more serious types of skin cancer, so any suspicious growth should be looked at by a dermatologist.

Basal cell carcinoma is the most common type of skin cancer and appears frequently on the head, neck and hands, and other body parts as small, fleshy bumps or nodules or red patches. It may take years for one to grow and if



**ALIVE & WELL**  
SHELLEY KOPPEL

untreated, it may begin to bleed, crust over, heal and begin to grow again. They can extend below the skin to nerves and bone and cause local damage. Any growths will be removed and biopsied and treatment will depend on a variety of factors.

Squamous cell carcinoma is the next most common form of skin cancer. It is typically found on the rim of the ear, the face, lips and mouth. It may also appear as a bump or red, scaly patch.

SCC can develop into large masses and become invasive and spread to other parts of the body. It is important to get early treatment, when the cure rate is 95 percent. Most treatment options are in-office procedures with a local anesthesia, which is minor, compared to the disfigurement that can result from ignoring it.

Malignant melanoma is the most deadly form of skin cancer. Every year, an estimated 7,700 people die from it. In the U.S., the incidence of people

developing melanoma has doubled in the past 30 years.

The American Academy of Dermatology reports the death rate is declining, because people are seeking treatment at an earlier stage, although the incidence of the disease continues to rise, especially in young adults and the elderly.

Melanoma may appear suddenly in or near a mole or other dark spot. Any changes in moles should be examined by a dermatologist. See a dermatologist immediately if you have a growth that meets the ABCD scale:

**A**symmetrical: one side doesn't match the other in size, shape, color or thickness.

**B**order irregularity: the edges are ragged, scalloped or poorly defined.

**C**olor: the pigmentation is not uniform and different shades are present.

**D**iameter: most melanomas are usually greater than 6 mm, which is the size of a pencil eraser, but they can be smaller in the early stages. That's why any mole that is different from the others or changes should be examined, even if it is small.

Of course, prevention is the best plan. Use a broad-spectrum sunscreen of at

least SPF 15, one that protects against UVA and UVB rays. Re-apply it often and use it on your lips, ears and other exposed areas, even on cloudy days.

Avoid tanning salons and tanning beds. There is no safe way to tan, except with artificial tanning products.

If you're going to be out in the sun, wear a hat and sunglasses, preferably the wrap-around type that protect the side of your face, as well. Pretend you're a movie star; they wear sunglasses all the time.

For more information about skin cancer, visit the American Academy of Dermatology Web site at [www.aad.org](http://www.aad.org).

Shelley Koppel is unable to endorse specific treatments for disease. Any protocols for treatment or testing she discusses are accepted standards of medical practice as recommended by agencies such as the American Academy of Pediatrics or the American Cancer Society. When she draws from personal experience, those are her experiences and are not medical recommendations.

She is the former editor of "Today's HealthCare" magazine and a member of the National Association of Science Writers. E-mail questions to [skoppel@bell-south.net](mailto:skoppel@bell-south.net).

## Don't panic if your computer crashes

Computers can get overwhelmed from time to time.

I'm not saying that computers can be overwhelming, they can, but that's not what this week's column is about.

What I'm referring to are the times when, for no apparent reason, the computer just stops functioning and you can't seem to do anything.

What most people don't realize is just how much stuff is going on in the background at any given time.

Every part of the computer, from the keyboard to the mouse to the monitor, has a little program running in the background that is in charge of how that particular part functions. And they all have to run together harmoniously.

I'm not talking about just a few little programs or drivers. There are literally thousands of things going on in the background at any given second and sometimes the operating system can get overwhelmed.

Frankly, I'm surprised computers even run at all without crashing after five minutes of up time.

I always have to smile whenever I hear anyone say, "I wasn't even doing



**COMPUTE THIS**  
SEAN MCCARTHY

anything and it just locked up."

Sure, you weren't doing anything, but the computer is still as busy as a one-armed paperhanger.

Consider this: even if you are just sitting there, hands completely off the mouse and keyboard, the computer is constantly (and I do mean constantly) looking at the keyboard and mouse for any change. It's also repainting whatever's on the screen 60 to 70 times a second, checking to see if it's time to start the screen saver, listening to network or modem connections for incoming calls and more.

So even if you are not doing anything, the computer is still very busy just waiting for you to do something. And that's not even considering the hundreds of other things it has to do just to keep the desktop alive and stable. That's why your computer can sometimes become overwhelmed and freeze up.

So what do you do about

it when it happens? Let's go through a common scenario.

Let's say you are surfing the Internet and you click a link, the page loads and you start reading. You get to the bottom of the page and go to click somewhere else, but the pointer is just an hourglass and you can't click anything. Or, maybe the pointer looks fine (no hour glass) but still, nothing happens when you click.

What do you do then?

First, don't panic.

It usually doesn't mean the computer is messed up. It usually means that it got bogged down somewhere and needs a "little nudge" to get it back on track.

I usually try to get the computer's attention by trying a couple of different keyboard commands. I'll hit the escape key (usually at the top left-hand side of the keyboard) to divert the machine's attention from whatever it's stuck on.

Sometimes this all it takes and sometimes not. If the escape key doesn't change anything I'll try the old standard: CTRL+ALT+DEL (aka the "three finger salute") and see if I can access the task manager.

But what if that doesn't work?

Another thing to try

would be to reboot the machine. Just press and hold the power button until the computer shuts down, wait 10 to 20 seconds and turn it back on. After the machine restarts, things should be back to normal and you should have control of your mouse again.

I know powering off the computer is not the "proper" way to shut it down but sometimes it's the only way. If you can't click anything, how are you going to initiate a proper shutdown?

Occasional lock ups and other similar issues have given Windows a bad name, but I take it with a grain of salt. Knowing there are so many other things going on in the background makes it easier to understand why your computer occasionally freezes.

Frankly, the same thing happens from time to time with Macs, too. I've seen it with my own eyes.

The issue is knowing what to do when the occasional lock up happens.

Sean McCarthy fixes computers. He can be reached at (772) 408-0680 or [help@ComputeThisOnline.com](mailto:help@ComputeThisOnline.com) (no hyphens).

# Science more than reading a textbook

By Jay Meisel  
Meisel@hometownnewsol.com

INDIAN RIVER COUNTY—An Indian River County teacher said she's excited about a program that will give students a chance to experience science outside a textbook.

Leah Blythe, a teacher at Indian River Charter School in Vero Beach, is one of several teachers participating in a program at Indian River State College that will help them prepare students to conduct scientific research.

The teachers are studying the scientific process to determine what caused dolphin deaths.

The program is a joint venture between Indian River State College, the Torrey Pines Institute for Molecular Studies, Midwest Research Institute, USDA Horticultural Research Laboratory, Syngenta Ocean Research and Conservation Association, Tropicana Products, the St. Lucie County and area schools.

One especially good point of the program, she said, is that it involves all aspects of science.

Students will find that "all the science they learned over the years can be applied in real life," Ms. Blythe said.

The program will take "students with natural abilities in science and pull them into it," Ms. Blythe said.

It's also good for teachers



Nicole Moreaux of the Indian River Charter High School and Mindy Cotrell of the Clark Advanced Learning Center in Stuart conduct an experiment to identify the toxins of area waterways where dolphins have died. Marc Giulianotti, director of chemistry operations at the Torrey Pines Institute for Molecular Studies in Port St. Lucie, instructed a group of teachers from Martin, St. Lucie and Indian River Counties in a series of experiments they will conduct with their own high school students next semester.

Mitch Kloorfain/chief photographer

who have not worked outside of the classroom in science, she added.

Dawn Chicano, also a teacher at Indian River Charter School, said the research will make science more enjoyable.

"It's much more fun than reading science," she said.

The goal of the program at Fort Pierce-based IRSC is to entice students to become scientists by going to college. And it's in line with efforts to attract biomedical research companies to the Treasure Coast.

Robin Willoughby, an assistant professor of biological science at IRSC, said the scientific research can be used in real-life situations.

Dr. Willoughby said during the past several decades, there have been numerous

instances of large numbers of dolphins dying in the area at the same time.

One part of possible research into dolphin deaths could involve determining if waters contain dangerous compounds.

Marc Giulianotti, director of chemical operations at Torrey Pines, which is based in Port St. Lucie, showed the teachers methods of identifying compounds in samples of waters.

He said he hopes the project will help teachers show students that science is more than reading a book.

"If we can expose them to what we're doing when they are in high school, hopefully, that will inspire them to go to college," he said.

Edwin R. Massey, president of IRSC, said inspiring local students is crucial to further

development of the area for biomedical research.

"Developing interest in biotechnology and understanding of the scientific process plays an important part in the development of a skilled workforce for the nationally recognized biotechnology firms that have located in our region, and will help to attract additional companies and high-paying jobs," he said in a press release.

Other scientists worked with teachers on analyzing DNA and testing for toxicity in live cells. The teachers will incorporate the research methods into their classes, Dr. Willoughby said.

The plan calls for the students to spend time at IRSC and work as teams to analyze water samples.

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## Rants

From page A6

reap the rewards. Give and you will reap the rewards. Take away and you will ultimately fail. I am also a home-based business owner and I give plenty when people are in need. I do many jobs for free if people cannot pay. For every job I donate, I get three times the amount from somewhere else as a reward.

Take this advice; it's good advice. Right now is the time to give and help. If anything, we should have rate decreases right now. You can always raise them later when the economy gets better. I know FPL is not starving right now, but many Floridians are!

### Education system is failing

See RANTS, A8

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# Obituaries

## Nancy M. McCormack

Nancy M. McCormack, 94, of Micco, died June 14, 2009. She was born in Randolph, Vt., and lived in Micco for 17 years.

She was the past president of the Montpelier Women's Club, a member of the Eastern Star 204 in Sebastian, the Ladies of the Moose 1764 in Micco and the First Presbyterian Church.

She is survived by a daughter, Nancy; two granddaughters, Carol Tokach and Suzanne; a nephew, Clark; five great-grandchildren and five great-great-grandchildren.

Memorial contributions may be made to the First Presbyterian Church Building Fund, 1405 Louisiana Ave., Sebastian, FL 32958. Arrangements by Seawinds Funeral Home.

## Donald L. 'Don' Rajaniemi

Donald L. "Don" Rajaniemi, 75, of Sebastian, died on June 15, 2009.

He was born in Dublin, N.H., and lived in Sebastian for 29 years.

He was a part-time police officer for 18 years and worked for Vatland Oldsmobile in Vero Beach.

He served in the U.S. Air Force and was a veteran of the Korean war.

He was a member of the VFW Sebastian, the DAV and the Lion's Club in Sebastian and Peterborough, N.H.

He is survived by five sons, Keith, Michael, Donald, Steven and D. Scott; two daughters, Susan and Tina; two brothers, Theodore and Bernard; a sister, Peggy; 25 grandchildren and 25 great-

grandchildren.

He was preceded in death by his wife, Joanne and a son, Todd.

Arrangements by Strunk Funeral Home & Crematory.

## Aiden Alvarado

Aiden Alvarado, 20 months, of Fellsmere died June 13, 2009.

He was born in Vero Beach.

He is survived by his parents, Jose and Alejandra; maternal grandparents Maria Elena and Felipe; paternal grandparents Gerardo and Ceila and a sister, Areily.

Arrangements by Seawinds Funeral Home & Crematory.

## Marjorie Louise Simpson

Marjorie Louise Simpson, 79, of Barefoot Bay, died June 16, 2009.

She was born in Detroit, Maine, and lived in Barefoot Bay for 22 years.

She was a waitress at the Seaview Restaurant in Bar Harbor, Maine. She was a member of the Women of the Moose and the New England Club.

She is survived by her husband of 61 years, Charles; two sons, Steven and Douglas; a brother, Elmer; two grandchildren and two great-grandchildren.

She was preceded in death

by a sister, Marion.

Arrangements by Strunk Funeral Home & Crematory.

## Nancie Lou Staples

Nancie Lou Staples, 74, of Barefoot Bay, died June 15, 2009.

She was born in Ogdensburg, N.Y., and lived in Barefoot Bay for 20 years.

She was an unemployment claims examiner for 18 years.

She was a member of the Daughters of the American Revolution.

She is survived by her son, William; three grandchildren; several nieces and nephews and her companion, John.

She was preceded in death by a daughter, Christine. Memorial contributions may be made to the American Cancer Society, 3375 20th St., No. 100 Vero Beach, FL 32960. Arrangements by Seawinds Funeral Home & Crematory.

## Michael Vincent Chiarantona

Michael Vincent Chiarantona, 48, of Sebastian, died June 16, 2009.

He was born in New York and moved to Sebastian 12 years ago.

He was a corrections officer for 10 years.

He was a member of St. Sebastian Catholic Church and attended St. John of the

Cross.

He served in the U.S. Army.

He is survived by his wife of 28 years, Karen; two sons Vincent and Michael; a daughter, Kelly (Blake); his mother, Josephine; two brothers, Vincent and Richard; a sister, Jeanne (Frank) and a mother-in-law, Vera.

He was preceded in death by his father, Vincent.

Arrangements by Cox-Gifford-Seawinds Funeral Home and Crematory.

## Betty Lee Wilson

Betty Lee Wilson, 66 of Micco, died June 18, 2009.

She was born in Ellwood City, Pa., and lived in Micco for 14 years.

She was a home health aide.

She attended First Baptist Church of Barefoot Bay and the Community Church of Micco.

She is survived by two daughters, Elizabeth and Anita; a son, Peter; two sisters, Margaret and Sharon; three brothers, Alfred, David and Richard; nine grandchildren and five great-grandchildren.

She was preceded in death by her husband, Pedro.

Contributions may be made to: The Gideon Memorial Bible Chairman, Indian River Camp, P.O. Box 2161, Vero Beach, FL 32961. Arrangements by Seawinds Funeral Home & Crematory.

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## Rants

From page A7

Can anyone claim the U.S. education system is doing its job in an increasingly worldwide competitive economy?

Certainly not if we review the study conducted by the National Endowment for the Humanities, which indicates that more than a third of our college students could not identify the U.S. Constitution as establishing the division of powers in our government, and more than 40 percent place the American Civil War in the correct century.

Editor's note: A visit to the NEH Web site (www.neh.gov) did not turn up any information about the aforementioned study. Perhaps the ranter could provide more detailed information, such as what year the study was published, so readers could read the study in its entirety.

## Check alien status

How many contracted workers are legal

aliens? Seems like most of the contractors hire illegal aliens. Look at those who landscape.

## Intelligence levels

I would like to advise that since the Save the Chimps sanctuary was established in St. Lucie County, the county's intelligence level has gone up.

## Backward FCAT system

This is about the FCAT scores. The schools with the highest average of children living under the poverty level have the lowest scores. The state gives money to schools that get higher scores on the FCATs, instead of the schools that get lower schools.

How can we help these children? There are a lot of children whose parents don't speak English or are from a broken home. They need more help. This is a backwards system.

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## Classified INSIDE

SECTION B • WWW.HOMETOWNNEWSOL.COM • FRIDAY, JULY 3, 2009



**VERO VIBE**  
BARBARA  
YORESH

### Seeing past helps prepare for future

Like many people who live in Florida, I came from someplace else. And like some transplants, I still tend to think of that elsewhere, in my case New England, as "home."

Even though I've lived in this state almost half my life, I think the reason we "naturalized" Floridians retain strong ties to our previous home states is because it is where we grew up.

Novelist Thomas Wolfe once wrote, "You can't go home again," but I think there is an unbreakable bond to one's original home and friendships that are more strongly forged in our youth than in our latter years.

So, seven weeks before my 60th birthday, I decided to go home.

I needed to see the places and people who helped form the early fabric of my life. I needed to revisit my childhood haunts and friends. I needed to go back more than half a century in time.

I wanted one look back at where my conscious life began, in an effort to better understand where I am still headed in act III of my life.

The husband I married 18 months ago accompanied me back to my childhood roots. I wanted him to see and know how I came to be "me."

I was born in New York City and lived there until age 4, at which time my family moved to a tiny Massachusetts town on the New Hampshire border.

Winchendon, Mass., incorporated in 1764, was (and still is) known as "Toy Town" because in the late 1800s and early 1900s, there were more toy manufacturers there than anywhere else in the country.

For a 4-year-old with a 2-year-old sister, the cultural shock of moving from Manhattan to a bucolic town of 6,000 residents was an easy transition. What awareness did we have of the Empire State Building or Macy's and Gimbels?

See **VIBE, B5**

### Local blues musician releases new CD

By Barbara Yoresh  
Entertainment writer

SEBASTIAN — It's a musical genre with roots in West Africa that first emerged here following Abraham Lincoln's Emancipation Proclamation.

"The blues" is a unique musical style featuring specific chord and note progressions, as well as various regional influences.

Though it's a product of African-American culture and experience, whites, too, have fallen under its magical spell, because the blues is about life in all its gore and glory.

Sebastian resident Ernie Southern is a well-known Delta blues specialist who writes his own music and plays a traditional National Resonator guitar.

He released a new CD on June 1 that is already creating a buzz within the blues community.

"Every Day Is a Fight" is an 11-track compilation of originally-composed songs that Mr. Southern describes as "progressive" Delta blues.

"I'm not ignoring what I know and love, but I'm also trying to grow the



blues," he said.

Mr. Southern has a local following of fans who can't get enough of his blues style, which originated in the Mississippi Delta region.

Delta blues music usually includes harmonicas and slide guitar, in which the guitar is fretted using a bottle neck or knife. Doing so produces chords that nearly whine.

With his band, "Deltaholics," Mr. Southern has added percussion and, for the new CD, addressed topical subjects in examination of a worrisome economy.

"It's all personal and it's from things in my life. I guess it's timely now.

"And when I play, people say you've touched me, and that's very rewarding," Mr. Southern said.

The title cut explores the difficulties of just trying to get through the day, while "I Wanna Kill Somebody" figuratively expresses the frustrations we are all subject to during the course of a day.

"The blues is supposed

to be about the truth, but it's also a catharsis to get you over those blues. It's not about crying in your beer, it's about getting past what you are feeling and it's why, when people listen to the blues, they usually get up and dance whether they're 8 or 80," Mr. Southern said.

Finding "the blues" was not Mr. Southern's first musical stop. The former Long Island, N.Y. resident got started musically singing with a doo-wop group called Nick & the Nacks, which became well-known in that area and opened for artists such as Jay and the Americans and Little Anthony and the Imperials.

A recording contract deal was interrupted by the Vietnam War and Mr. Southern entered the Navy, where he served on the USS Enterprise in photo intelligence.

While at sea, he studied classic blues and taught himself to play Delta-style guitar. Later, he enrolled in a California music school.

For years Mr. Southern

This is the cover of the latest CD, released on June 1, from local blues musician Ernie Southern and his band.

Photo courtesy of Ernie Southern

perfected his musical technique and in 1979, he moved to Fort Lauderdale where he worked with bands for almost 20 years before going solo.

By this time, he had exchanged his bass guitar for the steel-string National and returned to his beloved Delta blues.

"I've been in jazz and rock bands and studied all kinds of music. Blues is the feeling and a bunch of different feelings. This CD is a new direction for Delta blues.

"It's song-oriented rather than a lot of (instrumental) solos. I'll probably get some flack from (blues) purists but I'm doing what I wanted to do," he said.

Although the CD has been out less than a month, it is already getting considerable air play as far away as California and Europe.

"We've been busy playing up and down the coast of Florida and we've got a gig coming up on Daufuskie Island, near Hilton Head in South See **BLUES, B3**



**STAR SCOPES**  
James Tucker  
Week of 7-3-2009

**Aries-March 21-April 19**

Remove any limitations you have placed on yourself and move up to new heights of accomplishment and success. It's time to respect and honor yourself as you do others. Call on spirit to awaken and renew the light within you, so your path may be clearly seen. Trust the universe and it will bring you great rewards.

**Taurus-April 20-May 20**

There is important work to be done, starting with yourself. The first step is to forgive and release the past. Free yourself of accumulated baggage. Move ahead and dream new and larger dreams. Life is a continuing learning experience. When things don't work out as planned, new and better things are on the way. Be patient.

**Gemini-May 21-June 21**

Keep life simple. Now is not the time to complicate things. Form choices and opinions on what you now know, not on what you aren't sure of. Act when it feels right. If you aren't sure, wait. Running away is not the answer. Our challenges follow us. Be sure to follow your heart. It will always tell the truth if you are open to it and listening.

**Cancer-June 22-July 22**

You have one of the strongest hearts in the universe. People may not always understand you, but they sure are in awe of your character and determination. Why? Because you never give up. Just stay away from negative people who would drain you of this fine spirit. Your love of family is legendary. You are always there when needed.

**Leo-July 23-Aug. 22**

There are few life challenges you aren't up to handling. Why? Because you let your visions guide you. You listen to your inner guidance. This is your greatest help when making tough decisions. This approach has helped in the past, helps now and will serve you well in the future. You are divinely connected, you know.

**Virgo-Aug. 23-Sept. 22**

Experience life to the fullest See **SCOPES, B2**

## Out & about

FRIDAY, JULY 3

• **Vero Beach invites artists of all ages to submit artwork for the 90th anniversary celebration poster** which will be used for the city's 90th anniversary celebration on Friday, Oct. 16 from 5:30-8:30 p.m. The theme of the artwork must be historical, relating to the 90-year development and culture of the city. Submitted images may be horizontal or vertical and electronic images only will be accepted. Artwork must be 18 inches by 24 inches at 300 dpi and must include the artist's signature within the work, but no headline or copy on the artwork. Images may be submitted by e-mail to [maria@mainstreetverobeach.org](mailto:maria@mainstreetverobeach.org) or on a CD with pertinent contact information mailed to: Main Street Vero

Beach; 2036 14th Ave., Suite 103; Vero Beach, FL 32960. The deadline for submissions is July 3 by 5 p.m. For assistance with digital image preparation or other questions, contact Sharon Morgan at [ircpublicart@yahoo.com](mailto:ircpublicart@yahoo.com).

MONDAY, JULY 6

• **Riverside Children's Theatre is offering its 30th year of summer performing arts camps for area children** with a variety of programs for children, ages 4-18. All camps take place at the Agnes Wahlstrom Youth Playhouse, located at 3280 Riverside Park Drive in Vero Beach. Advanced theatre arts workshop gives youngsters 8 and up an opportunity to learn new theatre skill. During one-week sessions, 10

actors are introduced to mime and improvisation during the first week and scene study in week two. Sessions are held from 9 a.m. to 12:30 p.m. Monday through Friday. Fee is \$95 per session and scholarships are available to qualifying families. For more information, call (772) 234-8052.

FRIDAY, JULY 10-SUNDAY, JULY 18

• **Riverside Children's Theatre production of "Honk, Jr.," an updated ugly duckling story** from the Hans Christian Anderson classic tale, will be presented on the Waxlax Stage of Riverside Theatre, 3280 Riverside Park Drive in Vero Beach. Directed by Kevin

See **OUT, B2**

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**Out**  
From page B1

Quillinan, with music direction by Deborah Quillinan. Performances on July 10, 11 and 17 are at 7:30 p.m. and July 11, 12 and 18 at 1:30 p.m. The show is suitable for family audiences of all ages and the musical is set in the English countryside and features Ugly, a duckling who discovers his inner beauty when he becomes a swan, and other avian and barnyard creatures. Tickets are \$8. For more information or to reserve tickets, call the box office at (772) 231-6990 or visit online at www.riversidetheatre.com.

**SATURDAY, JULY 11**

**The Vero Beach Museum of Art presents a one-day print workshop with artist Mary Segal** from 10 a.m. to 4 p.m. The workshop entitled "Focus on Flowers" is a monotype print process, in which participants will print directly from fresh flowers and other botanical materials to create original prints. Non-toxic, water-based inks will be used and participants will complete several images or a series of related images. This workshop is suitable for all levels, with no prior printing experience required, although a familiarity with drawing would be helpful. Most materials will be included and

students should bring a lunch and beverage. Cost is \$150 per student and \$140 for museum members. To register or for more information, call Ellyn Giordano at (772) 231-0707, Ext. 116.

house located at 2000 16th Ave., downtown Vero Beach. The exhibit is free and open to the public. For more information, call the Cultural Council at (772) 770-4857.

**WEDNESDAY, JULY 15**

**The Vero Beach Museum of Art's summer art trip reservations are now being taken** for a day of art and theater on Wednesday, July 15. Participants will travel from the museum via motor coach to West Palm Beach to see a one-of-a-kind exhibition entitled "Disney: The Music Behind the Magic" at the Norton Museum of Art. The exhibition explores Disney's innovative use of music. A gourmet lunch will be served at Manalapan's Callaro's restaurant followed by a performance of the musical "Some Kind of Wonderful" playing at Florida Stage. The price for the all-inclusive trip is \$189 per person and space is limited. For more information, call Dane Roberts at (772) 231-0707, Ext. 209.

**THROUGH FRIDAY, JULY 24**

**Riverside Children's Theatre summer program for children ages 4-7**, called Beginning Stages, will have an "It's a Small World" theme for the weekday enrichment program held from 9 a.m. to noon. Each week of the five-week program will salute a different part of the world through literature and music. Beginning Stages is an introduction to the performing arts program, which uses age-appropriate literature and music with a showcase performance for parents each Friday. The fee is \$85 per session and the theatre has scholarships available. For more information, call the Riverside Children's Theatre office at (772) 234-8052.

**THROUGH FRIDAY, JULY 31**

**"Art Goes Green!" at the Artists Guild Gallery** throughout July, as gallery artists showcase works created from recycled objects including glue, sticks, paint, feathers, fabric, hardware and more. Newly-installed traditional art will also be on display in a wide array of mediums and styles. The exhibit is free and open to the

public. The Artists Guild Gallery is located at 44 Royal Palm Point in Vero Beach. Summer hours are Wednesday, Thursday and Friday from 11 a.m. to 3 p.m. and on Saturday from 11 a.m. to 2 p.m. For more information, call (772) 299-1234.

**THROUGH JULY 2009**

**Riverside Children's Theatre**, 3280 Riverside Park Drive in Vero Beach. "Big River" will be performed at Anne Morton Theatre at 7:30 p.m., July 24, 25 and 31; also at 1:30 p.m. July 25, 26 and Aug. 1. Appropriate for ages 7 and up. For more information call (772) 231-6990 or (772) 234-8052.

**SATURDAY, AUG. 1**

**The Vero Beach Art Club has issued a call to artists** for the successful "Art Trail Tour" set for Dec. 5 from 10 a.m. to 4 p.m. This tour visits 10 artist's studios and gives artists an opportunity to meet directly with art enthusiasts and sell their artwork. This event kicks off the Vero Beach Art Club season and is widely promoted and advertised. The selection process is open to all talented artists living in Vero Beach who meet certain requirements and who are willing to make their homes accessible to the public. The

See **OUT, B5**



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**Scopes**  
From page B1

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This is the key to your continuing adventures and success.

**Libra-Sept. 23-Oct. 22**  
There is little holding you back these days. You have grown so much spiritually. You have your second wind. You are a powerful, positive force with your friends. You are constantly increasing your knowledge and wisdom to

enlighten your mind and enhance your spirit. This will continue to be one of the best years of your life.

**Scorpio-Oct. 23-Nov. 21**  
Only you can truly know what is right for you. Look within yourself, listen then act accordingly. Opportunity for change and growth is at hand. You have come safely thus far. Don't stop now. Be obedient to yourself. What is it that you truly want? When you know, the challenge is more than half over. It's all downhill from here.

**Sagittarius-Nov. 22-Dec. 21**  
Your understanding of life has taken a quantum leap this year. Your sense of family continues to grow stronger, as well. You are growing professionally and socially. This bright attitude is contagious to others who want to know what you know. You share your blessings so freely. Spirit loves you. Yours is a great life, well lived.

**Capricorn-Dec. 22-Jan. 19**  
Your good nature always prevails. You always do nice things for others. It's your true nature to be of service. The angels surround you with love and protection. You feed them with your gratitude. Your life is very special. A cheerful attitude is your trademark. Are you ready? There is much more universal good coming your way.

**Aquarius-Jan. 20-Feb. 18**  
Life is a grand adventure. Nothing is ordinary with you. It is time to go even further and bring your highest dreams into reality. Give your imagination free reign. Open your heart fully and let the ideas flow in. You are a springboard for change. Dare to be different. Pace yourself and unlimited results are yours for the asking.

**Pisces-Feb. 19-March 20**  
When you feel safe and nurtured, you are happy and at your best. Feed positive things daily into your life that keep you healthy, physically, mentally, emotionally and spiritually. Now you have a universal blessing upon you. This makes a strong statement to the world that you are someone up for the challenge. What an awesome way to live.

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# Hometown News **\$UPER BUY\$** of the week

## Couponing's best-kept secret: buy one, get one free

When I teach coupon classes, one of the audience's favorite lessons are what I call the best-kept secrets of couponing. These are the secrets that help push your savings potential to the maximum.

Today I'll share with you one of the best and most exciting ways to get groceries and other products for free. (And isn't that what we all want? Who doesn't

love free stuff?)

Super-couponing secret: coupons for one free item.

You may be surprised how many coupons for free products exist.

You can regularly find coupons for free items in newspaper inserts, on the Internet or even in the stores you regularly shop. These are some of the easiest and most fun coupons to use.

Recently, our newspaper

**COUPON QUEEN**  
JILL CATALDO



inserts had coupons for one free loaf of a brand-name bread, a free single-serving beverage and a free air freshener. There's nothing better than getting something for free with little or

no effort. Or is there?

You may be surprised to learn that running right to the store with a coupon for a free item isn't necessarily the best way to use these types of coupons.

When I get one of these coupons, I file it away and then I watch the sales. If my store features this item in a buy one, get one free or BOGO sale, that's when I redeem the coupon for the free items, because I will then get two of that item for free instead of one.

Why does this work? I'll give you an example. I have a coupon for a free bag of frozen vegetables. The coupon states that it has a value of up to \$1.99, which is what the store will receive when they redeem the coupon. That's also the normal price of the vegetables. But when the store puts the vegetables on sale

BOGO, they're selling two bags for \$1.99. If I walk in and buy two bags and pay cash, I'll pay \$1.99 and get two, right? The same thing happens when I use my coupon for one free bag of vegetables. The coupon covers the \$1.99 cost of the first bag, and the second bag is free.

This is all part of playing the coupon game. Getting one item for free is good, but getting two items for free is even better. Now, if my coupon gets close to the expiration date, of course I will redeem it and get my free product. But it often pays to play the waiting game, as the BOGO sales will play out in your favor more often than not.

Over the course of the past few months, I kept track of the coupons for free items that I accumulated: 38 in all. I held all of them

and watched closely, matching them to BOGO sales over that time period.

During that time frame, 31 of the items went on sale BOGO. By playing the waiting game, I was able to get 62 free items with those 31 coupons. And with the remaining seven coupons, of course, I still got those seven items for free, too.

This truly is the best way to use coupons for one free item. You're getting two for the price of none. Next week I'll share another best-kept coupon secret with you.

Jill Cataldo, a coupon workshop instructor, writer and mother of three, never passes up a good deal. Learn more about couponing at her Web site, [www.super-couponing.com](http://www.super-couponing.com). E-mail your own couponing victories and questions to [jill@ctwfeatures.com](mailto:jill@ctwfeatures.com).

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## Community notes

### Group offers help with grief

New Beginnings, a group established to assist people in resolving their grief over the death of a loved one, meets every Monday at 7 p.m. at Redeemer Lutheran Church 900 27th Ave., Vero Beach.

New Beginnings is an informal but helpful experience in grief resolution. People are invited to attend any or all meetings.

There is no registration and no cost.

For more information, call (772) 465-1100.

### Recycle old pill bottles

Bay Street Pharmacy and Home Health Care and Keep Indian River Beautiful are providing local nonprofits with opportunities to eliminate operational expenses when possible.

By providing reusable items, from KIRB's ReUse Exchange Center, organizations such as the Humane Society and HALO can reuse clean prescription bottles for animals waiting to be adopted. To ensure that donations are reusable, remove

the label from the prescription bottle and rinse lightly.

To drop off prescription bottles, visit Bay Street Pharmacy & Home Health Care, located at 7746 Bay St., Sebastian.

### Exercise classes offered

- Qi gong at Riverview Park in Sebastian, next to the long dock, Fridays 6:15 p.m. and Sunday 7 a.m.

- Walking qi gong at Wabasso Beach, where State Roast 510 meets the ocean. Tuesday and Thursday at 7 p.m.

- Qi gong for mind, body and spirit at Kashi Studio on Rose-land Road. Saturdays at 8 a.m., and Tuesday at 10 a.m. All classes cost \$7.

For more information, call (772) 581-2629 or e-mail [namaste52bellsouth.net](mailto:namaste52bellsouth.net).

### Tips on disaster planning

The Humane Society of Vero Beach and Indian River County has published a new brochure on disaster planning for pet owners.

The brochure covers topics including pet identification, determining if you and your pets live in a surge zone, pet supplies needed if someone

must evacuate with their animals and how to create a pet first aid kit.

The free brochure can be obtained by visiting the Humane Society at 6230 77th St., Vero Beach, by calling the shelter at (772) 388-3331, Ext. 18.

### Medical center offers outpatient nutrition counseling

Do you have diabetes, hypertension or high cholesterol? Are you interested in losing weight or just interested in improving your overall health?

Outpatient nutrition counseling is a one-on-one service provided by licensed, registered dietitian located in the diagnostic center at Sebastian River Medical Center.

To make an appointment, call (772) 589-5000.

### Try a water class at aquatic center

The North County Aquatics Center is offering Aquanautics, a water fitness class, designed to strengthen and firm muscles, improve cardio and respiratory function and increase flexibility.

Other benefits include better balance and coordination. Participants benefit from the water with less strain on the bones and joints. Exercise movements are choreographed to music. The classes are offered Tuesday and Thursday, from 10-11 a.m.

Fee is \$4 per class or a punch card for eight classes for \$28.

For more information, call (772) 581-7665.

### League meetings scheduled

The La Leche League is a non-profit organization whose mission is to help mothers breast-feed through mother-to-mother support.

The La Leche League of the Treasure Coast meets in different locations from Palm City to Sebastian. Mothers with their nursing babies, and mothers-to-be, are welcome.

For directions to meetings, or more information, call Sophy at (772) 233-1883.

### Group offers presentations online

The Indian River County

See **NOTES, B6**

## Blues

From page B1

Carolina.

"We're working on getting to Europe and trying to get someone to book us there," Mr. Southern said.

His widespread network of music connections is further enhanced by those of his wife, Franni Howe-Southern, who for decades has promoted music festivals and books national acts (including his band) to perform at Earl's Hideaway Lounge in Sebastian.

Though life on the road as a musician is a challenge, according to Mr. Southern, he willingly makes the choice.

"You have to have lived it and most likely, you're not going to be famous or make a lot of money and it's hard work.

"Blues is a feeling and it's very, very honest. Either you can do it or you can't," he said.

Mr. Southern is also a regular performer at Bodega Blue and other area venues. He and the Deltaholics will be featured at famed House of Blues in Orlando Aug. 21 and 22. A party to celebrate the release of his "Every Day Is a Fight" CD will be held at Earl's Hideaway on July 25.

For more information about Ernie Southern and his music, call (772) 801-6099 or visit online at [www.erniesouthern.com](http://www.erniesouthern.com).

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# Staycation



Chuck Beahan and his son, Morgan, 16, of Melbourne try their luck at fishing in the river.



Paul Lepinski staff photographer

With the Melbourne Causeway as a backdrop, Jerome Pilarczyk of Palm Bay casts a fishing net to catch bait on the Melbourne Beach Pier.



Paul Lepinski staff photographer

## Beachside area boasts fun, history

By Tammy Roberts  
Roberts@hometownnewsol.com

With the Indian River to the west and the Atlantic Ocean to the east, Brevard County's beachside communities offer a plethora of enjoyable activities for visitors and residents alike.

So, instead of traveling elsewhere this summer, consider a visit to the Space Coast, while spending less cash and gaining a new appreciation for Brevard's beloved beaches.

While Melbourne Beach is known for its small-town feel and casual atmosphere, it is also the county's oldest beachside community, established in 1883, according to the town of Melbourne Beach's Web site, [www.melbournebeachfl.org](http://www.melbournebeachfl.org).

In 1921, the original Melbourne Causeway was built, connecting Melbourne Beach to the mainland via what is now

known as Indialantic.

Some of the town's earliest buildings (or replicas of the originals), such as the Ryckman House, the Melbourne Beach Post Office and the town's community chapel, still stand today.

For a deeper look into the town's history, stop in the long-standing Old Town Hall History Center at 2373 Oak Street, which is open Saturdays from 11 a.m. to 3 p.m.

If fishing is your forte, Melbourne Beach is home to some of the county's most popular fishing spots, both along the beach and in the Indian River Lagoon.

Rent a kayak, charter a boat or throw out a line from the Melbourne Beach Pier.

Sebastian Inlet State Park, at the south end of A1A, doubles as a popular fishing area, as well as a recognized surfing spot for locals.

If you're looking to get away without technically leaving the county, pack up the kids and the camping gear and spend a few nights under the star-filled sky at Long Point Park near the Indian River County line.

Both tents and RVs are permitted, and many campsites back the Indian River Lagoon.

Heading north from Melbourne Beach, there are a variety of other ways to stay active.

Paradise and Boardwalk beaches in Indialantic are well-known hot spots, while the newly renovated Hightower Beach Park in Satellite Beach is scheduled to be completed by late summer.

Sea turtle nesting season in Brevard began June 1 and guided hatchling tours are a must-see.

For information, visit the Sea Turtle Preservation Society Web site, [www.seaturtlespacecoast.org](http://www.seaturtlespacecoast.org).

From jet skiing and boating to wakeboarding and canoeing, the Space Coast is also known for its water sports. But some residents, who have lived here all their lives, rarely take advantage of their location.

"I really don't get out there and experience all that this area has available as much as I'd like to," said Tanya Lawson, a Satellite Beach resident and mother of two college students.

See **BEACHSIDE, B5**

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# Beachside

From page B4

"My husband bought me a kayak for our anniversary, and our plan is to take it out a lot more this summer. We really are lucky to live in such a beautiful place."

If the cost is keeping you away, owning one of these watercrafts is not a requirement. There are dozens of vendors from Melbourne Beach north to Cape Canaveral that rent by the hour or by the day.

When the sun gets too hot, another option is to bring the family out for a day of shopping along Indialantic's Fifth Avenue,

which is home to a variety of surf shops, beauty salons, restaurants and home décor stores.

To maintain your exercise level, trade walking for bicycling.

Covering nearly 27 acres of property, Gleason Park in Indian Harbour Beach features a bike path, exercise trail, children's playground and public pool.

Nearby, the city of Satellite Beach continues to work toward its goal of creating an entirely walkable community with increased sidewalks and widened streets.

"There is so much that our community offers; we want people to be able to enjoy it on foot, while still

remaining safe," said Satellite Beach Mayor Mark Brimer.

For more information about Brevard's beachside communities, visit the Melbourne-Palm Bay Area Chamber of Commerce, 1005 E. Strawbridge Ave., Melbourne, or call (321) 724-5400.

Sebastian Inlet State Park is at 9700 S. A1A, Melbourne Beach. Call (321) 984-4852 or visit www.floridastateparks.org/sebastianinlet.

Long Point Park is at 700 Long Point Road, Melbourne Beach. Call (321) 952-4532 or visit www.campingspacecoast.com.



Fishing in the river, Chuck Beahan and his son, Morgan, 16, of Melbourne try their luck.

Paul Lepinskie staff photographer

# Vibe

From page B1

A large field across the street with buttercups and wild irises; a brook to catch minnows and salamanders and a hill to sled down in the winter was the best playground any kid could want.

For my parents, the transition must have been nearly cataclysmic; a couple of New York City Jews now living in a town where the most imposing structure was St. Mary's Catholic Church.

We were not in Kansas anymore, to borrow from Dorothy in Oz.

But, despite the somewhat screwy demographic our background presented to those native Yankees, living there became, as my 93-year-old mother still says, "the best and happiest years of our lives."

Growing up in Winchendon during the 1950s and '60s was akin to the old TV show "Mayberry" starring Andy Griffith. I lived in the New England version of Mayberry and we had our own versions of Sheriff Andy Taylor and Deputy Barney Fife.

Winchendon was safe back then. Maybe it still is, located so far from urban areas.

As a very young girl, my best friend, Paula, and I

rode our bikes for miles, sometimes venturing across the state line into New Hampshire.

We set off on adventures and were gone all day. Our parents never worried and it's not because they were lax or unfit, it was just that safe a time and place.

We'd venture into the woods to find old cellar holes, ancient family cemeteries and even abandoned old homes.

We called it "house haunting" and sometimes we spooked ourselves into making a speedy getaway while we laughed hysterically.

Other times, we'd look for elusive lady's slipper flowers or trillium, which we'd pick to bring to our mothers.

After school, we'd often ride up to the dairy farm and help them milk the cows.

On this visit, the two chums reunited; one almost 60, the other almost 63. Once again, we visited that dairy farm. The farmers who welcomed us in our youth were still there and, wonder of wonders, remembered us and our parents.

The cows are gone, sold a few seasons ago when it became too much for three brothers in their 70s to milk them twice a day, 365 days a year.

But there is a dairy bar at the farm that sells unbeliev-

ably delicious homemade ice cream in flavors you've never heard of and we enjoyed a cone as we reminisced.

With each lick of that luscious cone, I wondered when the huge white barn, now so old and decrepit, might one day just collapse.

My house has changed. Subsequent owners made hideous architectural "improvements" which, to my eyes, are an assault on an elegant pre-Civil War structure. I can barely stand to look at it; stately columns removed for incongruous brick stanchions.

The gorgeous formal flower gardens are gone. But my pet parakeet Mickey, who died in May 1962, is still buried there, unbeknownst to the house's present owners.

But I remember it all; the way it was then.

I have not lived in that town since the summer of 1966. But I remember those magical years and all those unforgettable town characters in what was, as I now tell my children and grandchildren, "the tail end of the olden days."

The town and I have changed. Those I once knew there are mostly gone or in their graves. There has been a long passage of time.

But memories are durable and retrievable things. They all return when we go home.

# Out

From page B2

application fee is \$20 and the deadline to enter is Aug. 1. Those interested may pick up an application form at the Vero Beach Art Club offices located at the Vero Beach Museum of Art at 3001 Riverside Park Drive in Vero Beach or by calling (772) 231-0303 for more information.

THROUGH SATURDAY, SEPT. 19

**Vero Beach Opera and the Majestic Theatre present "Met Summer Encores"** in high-definition, showing of some of the best of the Metropolitan Opera's programs. Tickets for each performance are \$12 for adults. The summer series line-up includes "Eugene Onegin" by Tchaikovsky on July 18; "La Boheme" by Puccini on Aug. 8; "La Fille Du Regiment" by Donizetti on Aug. 22; "Barber of Seville" by Rossini on Sept. 12; and "Madame Butterfly" by Puccini on Sept.

19. All encore performances begin at 10 a.m. Tickets are available at the Majestic Theatre box office located at 940 14th Lane off U.S. 1 in Vero Beach. For more information, call (772) 770-0773.

THROUGH OCT. 25

**The Vero Beach Museum of Art presents "Rooted in Tradition: Art Quilts from the Rocky Mountain Quilt Museum"** in its Homes Gallery in an exhibit sponsored by the Patricia M. Patten endowment. There is no admission charge to view this exhibit or any of the museum's other summer/fall exhibitions. The exhibit chronicles the history of art quilts from 1980 to the present in a movement which brought the quilts from the bed to the wall. Sixty-four quilts in the collection reflect the change from traditional repeated block designs to more free-spirited, edgy art forms. The Vero Beach Museum of Art is located at 3001 Riverside Park Drive in Vero Beach. For more informa-

tion, call (772) 231-0707.

NOW THROUGH FALL 2009

**The Vero Beach Museum of Art announces free admission to all art exhibits** now through fall. All visitors are asked to stop at the front visitor's desk to pick up a complimentary admission ticket for admission. Museum hours are Monday through Saturday from 10 a.m. to 4:30 p.m. and Sundays from 1-4:30 p.m. The museum will be closed on Mondays from Memorial Day through Labor Day. The Museum of Art is located at 3001 Riverside Park Drive in Vero Beach. For more information, call (772) 231-0707.

See OUT, B6

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# Great memories of past July Fourth, and some tasty treats

Hello smart shoppers. I have some news I must share with you. I am recuperating from major surgery. Right now I am extremely weak. Please bear with me as past columns will be repeated until I can move on.

This week I remembered a July Fourth we celebrated in the early '70s when we lived in Somers, Conn. Men were wearing flowered shirts and flowered pants, very Hawaiian.

We were invited to my cousin's for a big celebration. I decided we all needed something special to wear. After everyone agreed to flowered pants, I got busy sewing endlessly.

We arrived at the party, the six of us, wearing royal blue pants adorned with large white tropical flowers, white T-shirts and puca shell necklaces. Everyone flipped when they saw us. I

## ROMANCING THE STOVE

with the Grammy Guru ARLENE BORG



remember my dad saying, "This guy's gotta' love you to wear pants like that."

Those outfits were nothing but fun. On the way home from the party, we stopped at a trailer-style diner. Bill dropped me off, along with my daughter Kimberly, 10, Guy, 5-1/2, and Steve, 3-1/2. When we entered the restaurant, I noticed a young man facing the door talking to and trying to impress two young girls sitting opposite him. He glanced up and then did a double take but when my husband and my son Billy, 12-1/2 entered wearing the same outfits. It really blew his pitch.

"I can't stand this, you've gotta turn around and look at this," he yelled. The older kids pretended embarrassment, but when I suggested we wear our outfits to go to the mall, no one objected. We would walk hand-in-hand-in-hand, spanning the walkway, almost skipping and swinging our arms as heads would turn and people would laugh and each kid felt so very special.

Try something just for fun. It will lift your spirits and the spirits of everyone else around you.

## FINGER LICKIN'S

When my husband came home from a business trip with this recipe, a special in a luncheonette he had visited, he made it for dinner. The kids thought this dinner was fun. They could even make it themselves.

Cubed steaks are expensive and usually tough.

Purchase a bottom or top round roast and ask the butcher to trim the fat and make it into cubed steaks.

- Cubed steaks
- Meat tenderizer, unseasoned
- Sliced onions
- Mayonnaise, regular, low-fat or fat-free
- Sliced tomatoes
- Hot sauce
- Steak or hotdog rolls

Sprinkle steaks with tenderizer. Press into meat and allow to sit for 10 minutes. Slice meat into strips 1/2-inch wide and 2-inches long.

Sauté onions in cooking spray or canola oil; set aside. Film skillet with canola oil; sauté steaks over high heat, to desired doneness.

Serve on rolls spread with mayo and topped with fried onions and tomatoes. Shake on some hot sauce.

## SOUTHERN CAVIAR (NIB)

Recipe by Margo Kelly and daughter, Nicole Cheyne

- One 14 to 15-1/2 ounce cans each of shoe peg corn, black eyed peas and black beans (all drained and rinsed)
- 1 can Rotel brand diced tomatoes and green chiles
- 3 Roma tomatoes, chopped
- 1 bell pepper, chopped (orange or yellow)
- 6 green onions (scallions), chopped
- 8 ounces bottled zesty Italian dressing
- 2 sprigs fresh cilantro, chopped\*

Mix together, chill for at least 2 hours or overnight. Serve with tortilla chips.

Note: Shoe peg corn can be found in large supermarkets near the canned vegetables, or you can substitute cooked fresh corn

or regular canned corn. \*I found the addition of cilantro enhanced the flavor.

When a recipe is not in my cookbook, it will have (NIB) next to the title.

For an autographed cookbook, "Romancing The Stove with the Grammy Guru," send \$17.50. For multiple books sent to one address it's \$3.50 S&H for one book, add \$2 postage for each additional book (\$15 plus \$2). Send to: Arlene M. Borg, 265 S.W. Port St. Lucie Blvd, No. 149, Port St. Lucie, FL 34984. Check, money order, Visa, Master Card or Paypal accepted or visit Borders in the Treasure Coast Square Mall in Jensen Beach, Books a Million in Boynton Beach or Vero Book Center in Vero Beach.

Visit my Web site at www.romancingthestove.net or send me an e-mail at arlene@romancingthestove.net.

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## Out

From page B5

### ART GALLERIES

- **Artists Guild Gallery**, 44 Royal Palm Pointe, Vero Beach. Hours: 11 a.m.-5 p.m. Monday-Friday, Saturday 11 a.m.-3 p.m. Call (772) 299-1234 or visit artistsguildgalleryverobeach.com for upcoming events.
- **The Gallery at Windsor**, 10680 Belvedere Square, Vero Beach. By appointment only.

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- (772) 388-4071.
- **Gallery 14**, 1911 14th Ave., Vero Beach. (772) 562-5525
- **The Laughing Dog Gallery**, 2910 Cardinal Drive, Vero Beach. Open 10 a.m.-5 p.m. Monday-Saturday. (772) 234-6711
- **Lin Roller Menard Gallery**, 2919 Cardinal Drive, Vero Beach. (772) 231-5050
- **Tiger Lily Art Studios and Gallery**, 1903 14th Ave., Vero Beach. (772) 778-3443.

### BARS AND CLUBS

- **Bodega Blue**, 2115 14th Ave., Vero Beach.
- **Capt. Hiram's Resort**, 1580 U.S. 1, Sebastian. For a look at the full entertainment lineup, visit www.hirams.com. (772) 589-4345
- **Earl's Hideaway Lounge and Tiki Bar**, 1405 Indian River Drive, Sebastian. Live Delta Blues music Tuesday nights by Ernie Southern. (772) 589-5700, (772) 388-2597 or www.earlshideaway.com.
- **Kelley's Irish Pub**, 484 21st St., B, Vero Beach, Friday night sing-along in the piano bar. (772) 567-3838

- **Long Branch Saloon**, 2199 Seventh Ave., Vero Beach. (772) 569-4075
- **Marsh Landing**, 44 N. Broadway St., Fellsmere: Folk/acoustic duo HairPeace every Saturday, 5:30-8:30 p.m. Call for other entertainment schedules. (772) 571-8622.
- **Riverside Cafe**, 1 Beachland Blvd., Vero Beach, Live entertainment. (772) 234-5550

To have your upcoming event listed here, contact barbf11949@comcast.net.

## Notes

From page B3

Extension Service now offers presentations on the Internet, created and narrated by agents on agriculture, environmental horticulture, pond maintenance, irrigation, 4-H and storm water pollution. The list of available presentations will continue to grow.

Visit the Web site <http://indian.ifas.ufl.edu> for updates.

### Organization recycles items

Keep Indian River Beautiful is asking local businesses and individuals to

donate unwanted, reusable materials to the ReUse Exchange Center.

Items such as styrofoam egg cartons, cigar boxes, neckties, clothespins and wine corks in addition to fabric and paint chip samples are accepted.

To make a donation, drop off items at the ReUse Exchange Center in Sebastian on Tuesdays. Items can also be dropped off at Habitat for Humanity on U.S. 1 or the Senior Resource Association on 6th Avenue and 14th Street in Vero Beach.

To shop for free, re-usable materials, visit KIRB's ReUse Exchange Center, located at 1255 Main St., Sebastian, or call (772) 388-5472.

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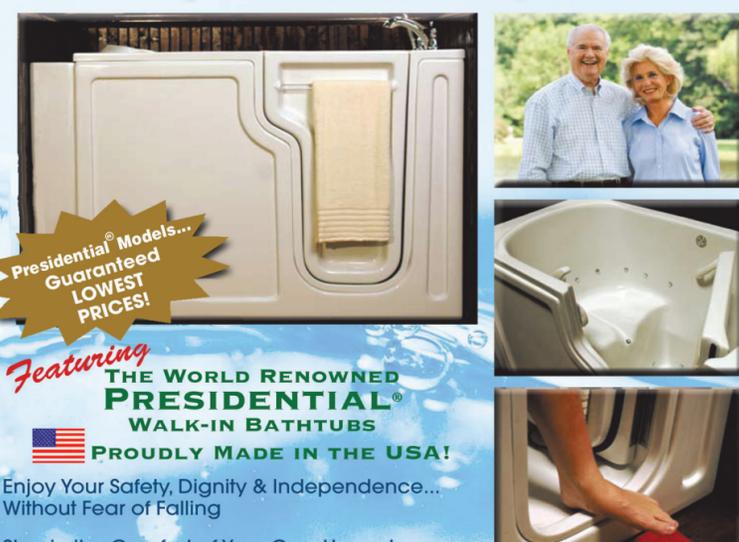
Answers located in Classifieds Section

106 North Korean border river	5 Noted swing state	41 CIA relative	85 Bruins' home
109 Rap's Dr. ___	6 Wren wing	43 Tabloid transport	86 Go after
110 Character in "Ugly Betty"	7 Slow, as on a ship	44 Liniment target	89 MD for women
113 Marsh sights	8 Broken mirrors, to some	45 Chariot-riding god	91 Break bread
115 Alas!	9 "Taxi" character	48 Trespass	94 Bar order
120 Oil, coal, etc.	10 Completely	49 Framed, in a way	96 Construction worker
123 Downpour peril	11 Marx prop	51 Drought hazard	99 Pupil protector
125 Scheduled	12 Lennon's love	52 ___ Island	101 Grievance
126 Morales, of "La Bamba"	13 La ___, Bolivia	53 Play sites	102 Regarding
127 Leg bone	14 Lion's pride	55 Dryer buildup	103 45 player
128 Polliwog's place	15 ___ Romeo	60 Roundup rope	104 Cross
129 Pulitzer-winning journalist Mike	16 Not all there	63 Behemoth	107 Artists' pads
130 Short talk	17 It's a snap	65 Some Belgians	108 Off
131 Bit of daredeviltry	18 Wore	66 Product of a dull lecture, perhaps	111 Writer Dinesen
132 Sanction	24 Bow and scrape	68 Gobble	112 Suction opening
1 Platter player	26 John of England	69 Rapids transit	113 Find out
2 2000 role for Julia	29 Less obvious	71 Henri's heart	114 "The Thief of Baghdad" star
3 Leg below 4 Down	32 Mahalia Jackson's genre	73 Color subtleties	116 Platter player
4 Joint above 3 Down	34 Most forward	74 Lover with a ladder	117 Cheat
Down	35 Loads	77 Impose	118 ___ Lisa
	37 Fly-by-nighters?	78 Renounce	119 Jacuzzi effect
	38 Pump-inserts	79 Unnatural, as a smile	121 Limited number
	39 Excellent condition	81 Scat artist Fitzgerald	122 Mil. morale booster
	40 Buzz in space	82 Frequent whistlers	124 Sermon topic

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810 House for Rent

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