



Seminole Voice

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» INSIDE



KNIGHTS HIT THE COURT

ATHLETICS, 6

Fix a burned Thanksgiving

How not to screw up your big dinner, and how to keep anyone from noticing if you do.

HEALTHY LIVING, 3

What to do on your break?

Got a long holiday weekend? Here's what's coming up.

CULTURE, 4

The war in the interview room

How to make your military resume work to get you a job.

ASK SANDI, 7

HEALTHY LIVING	3
INTERESTS	4
CALENDAR	5
ATHLETICS	6
CLASSIFIEDS	8

MARK YOUR CALENDAR

It's a festive night of fun on the run at Light Up UCF's Knight Run, a nighttime run and walk that benefits the Children's Miracle Network and can help kickstart your fitness plans. **MORE IN CALENDAR, PAGE 5**

Oviedo's new ER

City officials cut ribbon on new Oviedo ER

TIM FREED
The Voice

The sky looked dreary last Friday morning, but the future for health care in Oviedo felt bright as officials cut the ribbon on the city's first emergency room – a project that's been in the works for decades.

Central Florida Regional Hospital CEO Wendy Brandon and Oviedo Mayor Dominic Persampiere addressed city and county officials outside the new location about the ER's community role in saving lives, hinting that the emergency room will only be the beginning.

"Back in the late '90s, this was just a vision...a dream and a vision for Eastern Seminole County," Persampiere said. "The property that we're standing on was under a lot of development pressure, but the councils denied a lot of things that wanted to be here, because we knew that one day we would have the start of a



Central Florida Regional Hospital CEO Wendy Brandon and Oviedo Mayor Dominic Persampiere cut the ribbon Nov. 15.

medical village here in the city of Oviedo."

"This is only the beginning. We couldn't be prouder."

Oviedo's new 11,000-square-foot ER, a department of Central

Florida Regional Hospital, features 12 private patient rooms, a trauma room and areas for CT Scans, Ultrasound and X-ray services.

The new emergency room

helps address a long-standing need for Oviedo residents: convenient access to emergency medical care. Previously Oviedo residents who were critically injured

■ Please see **HOSPITAL** on page 2

Landing on space rocks

NASA grant to support asteroid research at UCF

TIM FREED
The Voice

An asteroid measuring nearly a mile in diameter flies toward Earth after wandering through space for thousands of years. An impact seems imminent – or so some think.

Earth launches a nuclear missile toward the massive piece of space rock, slicing through the atmosphere and breaching into outer space. Just as the missile approaches the asteroid and crosses into its line of fire, it detonates. The radiation from the explosion vaporizes the top layer of the asteroid into space dust and exerts a force so strong that it sends the rock flying in the opposite direction.

The mission succeeded. Disaster averted.

Researchers and professors like Dr. Dan Britt of the University of Central Florida understand that deflections of that magnitude come from tireless research of an asteroid's composition – an



PHOTO COURTESY OF NASA

UCF researchers want to know how to land on, and possibly destroy, asteroids.

area of study that UCF plans to explore even further.

NASA awarded UCF a grant for \$6 million earlier this month to kick start its future Center for Lunar and Asteroid Surface Science, a collaboration of researchers from around the globe led by UCF that will focus on asteroid and moon exploration.

The group of researchers will be led by Britt, a physics and planetary science professor and former chairman of the Division for Planetary Sciences of the American Astronomical Society.

"It's going to expand what we're already doing in Central Florida and make it truly an in-

ternational center for research and exploration for asteroids and moons," Britt said. "It will allow us to work more closely with some of the best people in the world."

It's important to understand how a giant moving rock in space works before sending any kind of spacecraft, Britt said.

"The way you reduce risk, explore smarter and reduce costs is you get as much scientific background as you can before you design your hardware and bring in your engineers," Britt said.

"That's what we're going to do is try to explore NASA's exploration goals with smart science."

The 45 researchers are taking on a variety of projects related to asteroids, tackling different facets of the space rocks like composition, temperature, and the frequency that they enter Earth's atmosphere.

Some UCF research focuses on extracting resources from asteroids, which contain carbon. This element could potentially be extracted from the rock and burned down into fuel and water, turning asteroids into gas stations along expeditions to Mars and beyond.

"Something like that has 12 percent water and 5 percent carbon," said Britt, emptying out a pebble-sized meteorite from a plastic bag onto his desk. "You could cook off a lot of useful stuff out of there, because carbon is what you drive your car on."

But sending an astronaut or spacecraft onto an asteroid isn't as simple as it may sound, Britt said. Many asteroids are a collection of rubble held together by a gravitational pull, like a sandbar in space.

Britt's research focuses on asteroid composition and how the weathering of asteroids over time changes the surfaces an astronaut encounters.

■ Please see **ASTEROIDS** on page 2

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THIS WEEK

THIS WEEK IN WORLD HISTORY — Nov. 28, 1925 — The “Grand Ole Opry,” one of the longest-lived and most popular showcases for country music, begins broadcasting live from Nashville, Tenn. The showcase was originally named the “Barn Dance.”

HOSPITAL | First in east Seminole County may save more lives

■ CONTINUED FROM FRONT PAGE
had to travel 10 miles southwest to Winter Park Memorial Hospital in order to receive urgent medical care. But now local residents will have the medical care they need at their fingertips.

The positive impact county-wide will be even greater, Oviedo Fire Chief Lars White said.

“The main significance is it decreases the burden on all of the other hospitals,” White said. “Now that we have additional space and availability, our rescue units will deliver in a quicker time frame and become available back in service quicker for the next 911 call.”

“That’s huge. We’re excited to



PHOTO BY TIM FREED — THE VOICE
A high-tech emergency room will begin seeing patients starting this week.

see what that impact is.”

White noted that the Oviedo ER campus is “designed to grow” and projected that talks of expansion

may begin after an initial six-month to one-year period.

Oviedo ER Administrator Janet Livingston said she couldn’t wait to begin taking in patients.

“Oviedo has a long history of taking care of each other, and I feel that the missing link, the missing piece to really making this a healthy vibrant community has been to have resources for emergency care,” Livingston said.

“My family has had the benefit of living in Oviedo and enjoying many of the resources and services that are available to us. ... Now, it will be my pleasure to serve all of you, and to give back to this community.”

The Oviedo ER should begin accepting patients by the end of this week, Mayor Persampiere said during Monday’s City Council meeting.

ASTEROIDS | Multi-million dollar grant

■ CONTINUED FROM FRONT PAGE

“You’re not so much as standing on something as formation flying with it,” Britt said. “How exactly does that work when you’re dealing with what you think is a solid surface?”

Co-investigator and UCF Physics and Astronomy Professor Humberto Campins’ research focuses on comparing the composition of flying asteroids with other asteroids tucked away in the asteroid belt to better understand where they’re coming from, information that could help Earth prepare for an incoming asteroid.

Campins said he’s pleased to have UCF recognized by NASA with the \$6 million grant.

“It’s an indication that we’re doing well, that we’re competing at a national and international level,” Campins said.

The continued grants from NASA put UCF on a pedestal as having one of the top planetary science departments in the country. Earlier this year, the university received a \$55 million grant to develop and launch a device that photographs the earth’s atmosphere, as well as a \$1.8 million grant to study the mental stress levels of astronauts.

UCF graduate student Tracy Becker saw the NASA grant not only as an opportunity for asteroid and moon research, but for any area within UCF’s planetary science program.

“It means we should hopefully be hiring new faculty in the department, which enables more classes to be taught from new perspectives,” said Becker, who



PHOTO BY TIM FREED — THE VOICE
UCF researcher Dan Britt holds a meteorite.

studies Saturn’s rings. “Depending on who they hire, maybe they will offer a course that was not otherwise available just because of the expertise of different astronomers.”

“It means that the university, specifically the planetary science program, is about to improve and become a big thing in the community... This will really put us on the map and people will recognize UCF as a stronghold in studying planetary science.”

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Oviedo ER is located at 8300 Red Bug Lake Road in Oviedo between S.R. 417 and S.R. 426 with easy access from W. Broadway Street. OviedoER.com

HEALTHY LIVING

Don't let mishaps ruin Thanksgiving dinner



After almost 35 years of cooking, I've had my share of Thanksgiving Day disasters! Here are some secrets to saving your sanity and your Thanksgiving dinner:

HOW TO DEFROST A TURKEY

You'll need at least 24 to 48 hours (about five hours per pound) to thaw a frozen turkey in the refrigerator. If you need to do a quick thaw, place the wrapped, frozen turkey in your kitchen sink or a large container like an ice chest. Cover the turkey with cold water. Drain and refill the water every half-hour. It will thaw two pounds per hour.

PREPARING THE BIRD FOR COOKING

Remove the giblet package (neck, livers, heart and gizzards) from

inside the cavity of the bird and check the neck cavity. Some manufacturers place the giblet package in the neck cavity and others place it inside the cavity closest to the legs. Most turkeys come with the legs already trussed (crossed and secured with a metal or plastic bracket). If you're not going to stuff your bird, there's no need to truss the legs.

Trussing an unstuffed bird hinders the hot oven air from circulating inside and around the legs. This means that the dark meat will take longer to cook and the breast meat will cook faster and probably dry out before the legs ever get completely done.

THE TURKEY ISN'T DONE

Don't rely on the "pop-up" timer in the turkey, as it usually means that the breast is overcooked and the dark meat isn't done. If the dark meat isn't done, remove the wings and breast meat from the rest of the turkey, in one piece, if possible. Cover the breast and wing portion with foil and set it aside. Put the drumsticks and thigh portion of the turkey back

into the oven to continue cooking until done. You can re-assemble the whole turkey and garnish it, or just cut it into serving portions and arrange it on a platter.

STUFFING SAVERS

If the stuffing / dressing is too wet, spread it out in a thin layer on a sheet pan so that it will dry quickly. Place it back into the oven for 5 to 7 minutes.

If it's too dry, add more pan drippings or chicken broth to the mixture.

SOUPY MASHED POTATOES

Add unseasoned dry breadcrumbs to soupy mashed potatoes to absorb any excess liquid.

GRAVY RESCUE TIPS

If the gravy is lumpy, pour it through a strainer into a new pan and bring it to a simmer, stirring gently. If it's too thin, mix a tablespoon of melted butter with a tablespoon of flour. Bring the gravy up to a boil and whisk in the butter mixture to thicken your gravy. If the gravy is too thick, add a little more chicken broth, pan drippings or a little water and butter to thin it out.

BURNT OFFERINGS

If the turkey begins to burn while it's roasting, flip the bird over immediately and continue to cook it. After the turkey is done, you can remove and discard any blackened skin and about half an inch of the meat below any burnt area.

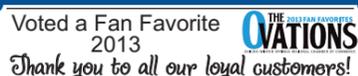
If your vegetables or gravy burn on the bottom, carefully remove

the layer that isn't burned into another pot or serving dish. Don't scrape the bottom of the pan! If the dinner rolls are burned on the bottom, just cut off as much as you can, butter them, and fold them in half to cover the missing ends. Whipped cream is the perfect "make-up" for desserts.

Have a blessed Thanksgiving!

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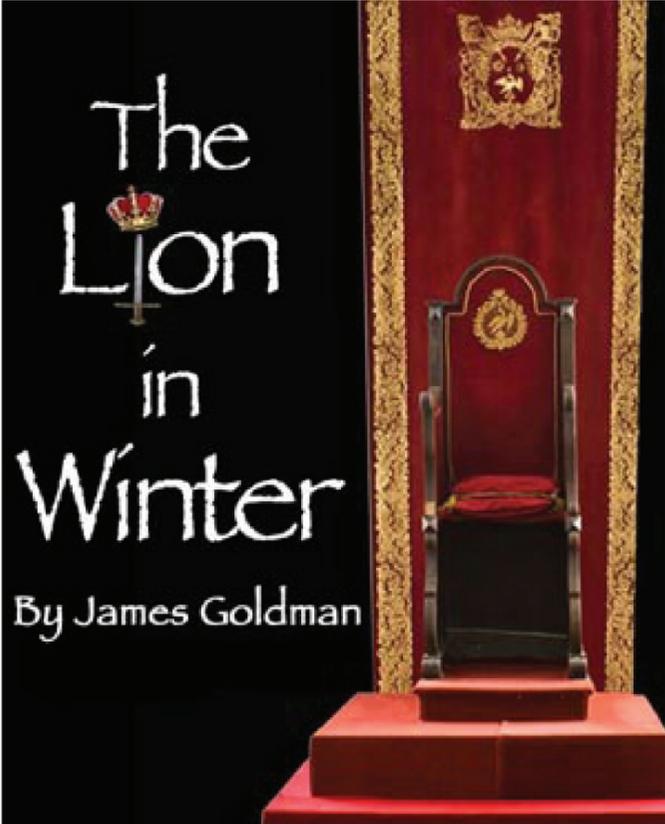
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INTERESTS

THIS WEEK IN HUMAN HISTORY —Nov. 25, 1952 — "The Mousetrap," a murder-mystery written by novelist and playwright Agatha Christie, opens at the Ambassadors Theatre in London. More than 10 million have seen it.



Josh Garrick Culture worthy of your calendar

Current – New Sculptures in Orlando – The 'City Beautiful'

In the past week the visual image of Orlando, already called 'the City Beautiful,' was significantly enhanced as new public sculptures were unveiled throughout the city. Last week Mayor Buddy Dyer dedicated a sculpture honoring the Tuskegee Airmen outside the Orlando Science Center and then illuminated the much-upgraded Tower of Light at City Hall. This week, the festivities included the unveiling of eight new See Art Orlando sculptures around downtown Orlando. Then Nov. 19 saw the unveiling of the first work of the Urban Art Museum on Mills Avenue. Countless community-minded corporations and individuals are to be thanked for this unprecedented unveiling of

as the Council of 101 transforms the Orlando Museum of Art into a holiday wonderland. Generous Florida businesses, clubs, and designers sponsor trees and decorations to be auctioned off, making this one of the Museum's biggest fundraisers of the year. This is sculpture of a different sort and not-to-be-missed. Call 407-896-4231, ext. 254, or email councilof101@aol.com

Now through Dec. 14 – 'Crazy for Gershwin' at the Winter Park Playhouse

The creatives at the Winter Park Playhouse often create a musical based on the work of a great composer or performer. Their newest effort is "Crazy for Gershwin – A Tribute to George & Ira Gershwin." Running through Dec. 14, this tribute to the Gershwins – sung by some

to be performed by Leonidas Lipovetsky

Critically acclaimed since his debut recital at age 12, Leonidas Lipovetsky will perform the third in a series of eight performances of all 32 Beethoven Sonatas on Nov. 22. Presented by the Florida International Piano Competition, Lipovetsky has recorded for the BBC, Radio Moscow, and PBS; he was the first recipient of the Van Cliburn Scholarship; and he taught at Florida State University. Lipovetsky will perform Sonata No. 2; Sonata No. 7; Sonata No. 19; Sonata No. 20; and Sonata No. 23 (the "Appassionata") at the Shakespeare Center in Orlando. Call 407-770-1700 or visit floridapiano.org

Nov. 22 and 23 – 'Seussical the Musical, Jr.'

Children (of all ages) love being transported to the Circus McGurkus, where the Cat in the Hat narrates the story of Horton, the elephant who discovers the tiny people called the 'Whos.' The story tells how the powers of friendship, loyalty, and family are challenged and emerge triumphant! Performed by members of the Children & Youth Arts Program at Central Florida Community Arts (CFCArts), "Seussical the Musical Jr." will be presented on Nov. 22 and 23 at 7 p.m. at the Cornerstone Charter Academy in Belle Isle. Tickets are \$10 (children age 3 and younger are free). Visit cfcarts.com

Nov. 27 - Lake Mary/ Heathrow 4th Wednesday Art Stroll

Add 4th Wednesday to the days of the month given over to an art and wine walk – this one

at Colonial Town Center in Lake Mary. In addition to loads of original art, this family friendly event finds restaurants and businesses offering free wine samples as we Art Stroll. Presented by the Colonial Townpark Merchant Association and Art for All Spaces, you can begin your stroll at 951 Market Promenade Ave. in Lake Mary. Visit facebook.com/events/322832001195022/ or call 407-450-2255.

CRAZY FOR GERSHWIN!
November 15-24 & Dec 5-14, 2013



'CRAZY FOR GERSHWIN'

Nov. 28 – Thanksgiving Day – Golden Corral hosts 25,000

More than 25,000 meals will be served at the Salvation Army Gymnasium at 440 W. Colonial Drive on Thanksgiving Day as Golden Corral offers its 21st annual Helpings from the Heart Thanksgiving Dinner. For 21 years Eric Holm, president of Metro Corral Partners, has given back to the community, returning the favor to The Salvation Army,



'SEUSSICAL'

which provided a Thanksgiving meal to the Holm family when he was a child. "We feel blessed that we can not only share in the experience, but most importantly ensure our Central Florida community is fed," Holm said. All are invited, and more than 1,000 volunteers are needed to help serve the free meals, which begin at 11 a.m. and are served through 5 p.m. Please pass this information along to any who needs it, and should you wish to volunteer, please call 407-423-8581.

Nov. 30 – Home for the Holidays with the Orlando Philharmonic

The Orlando Philharmonic will call out the troops for their annual Home for the Holidays concert featuring The Holiday Singers, Florida Opera Children's Chorus, dancers, bagpipers, aerialist Amanda Cariotto – and the Orchestra! In two performances, on Nov. 30 at 2 p.m. and 8 p.m. at the Bob Carr PAC, Home for the Holidays will include seasonal favorites such as "The Little Drummer Boy," along with classical selections and a special performance of "'Twas the Night Before Christmas." Concert attendees are encouraged to bring a food item to help restock the Second Harvest Food Bank. Call 407-770-0071 or visit OrlandoPhil.org

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FAMILY CALENDAR

NOV. 23

The **Light Up UCF Knight Run** will benefit The Children's Miracle Network and the Second Harvest Food Bank. The Light Up UCF Knight Run is a festive, nighttime 5k through the University of Central Florida campus for everyone from serious runners to casual walkers. It starts at 6 p.m. on Saturday, Nov. 23. Registration is now open. For registration details, please visit signmeup.com/site/online-event-registration/93975

NOV. 28

Each year on Thanksgiving morning, thousands of participants come out for the **Turkey Trot, a 5K** (3.1 miles) run/power walk and Tot Trot to benefit Seniors

First. Last year, the race drew more than 5,600 participants to downtown Orlando's Lake Eola. Runners of all ages and levels are encouraged to attend. Costume judging begins at 7 a.m. so get there early on Thanksgiving! Visit turkeytrotorlando.com for more information.

ONGOING

The **Artistic Hand Gallery and Studio's winter course offerings** for children include "Painting, Drawing, and More," "Throwing on the Potter's Wheel," "Clay Hand building," and "Mixed Media." Adult Classes for the Winter I session continue through January. Visit Facebook.com/ArtisticHandGalleryandStudio or call 407-366-7882.

Calendar

NOV. 22

This month's **Sanford Art Walk** will give early shoppers a jump on gift giving. Many participating artists will offer affordable, one-of-a-kind artwork. Adding to the festivities will be a special cultural showing of "India Smiles" with music, dance, and crafts in the courtyard of the Historic Sanford Welcome Center. On the fourth Friday of each month, multiple venues in Sanford's downtown historic district host the Sanford Art Walk, showcasing local talent along with opportunities to meet visiting artists. The event is free and runs from 6 to 9 p.m. on Nov. 22.

NOV. 22-23

St. Luke's Concert Series continues with its 20th anniversary featuring the UCF Symphony Orchestra's "Melody Rules!" The performance will feature Anton Dvorak's "New World Symphony," with Symphony No. 9, Opus 25 in E minor. Special guest artist Johnny

Pherigo will perform Mozart's Horn Concerto No. 3 in E flat major. "Florida Home," a work for orchestra and choir by UCF's composer in residence Christopher Marshall will commemorate the 50th anniversary of the University of Central Florida. Dress rehearsal will be open to the public at 6 p.m. on Friday, Nov. 22, and the official performance will be at 7 p.m. on Saturday, Nov. 23. Visit stlukes-oviedo.org/concert-series for more information.

NOV. 23-24

The Central Florida Society for Historical Preservation is hosting an **Arts and Crafts Festival** starting at 9 a.m. on Nov. 23-24. It's in historic Longwood off State Road 434 and U.S. 427. More than 125 artisans will be displaying and selling items, and more than 10,000 visitors are expected. For more information, contact Donna Bundy at 407-353-5061 or Bev Winesburgh at 407-257-1396.

Notes

Calling all artists

The Seminole County Convention and Visitors Bureau will be hosting the **Tourism Awards Luncheon** on Dec. 12 at the Hilton Orlando/Altamonte Springs from 11 a.m. to 2 p.m. We would like to have the arts represented at the luncheon. The art must represent some element of Seminole County. Examples include nature, wildlife, landmarks, tourism related pieces, etc. Submissions must be received no later than Dec. 3. They will need to be approved and will be on a first-come, first-served basis. All mediums are acceptable. Artists will need to provide their own easels. Tables can be made available for tabletop displays. Contact Rosangela at 407-665-2908 for more information.

Memorial gains momentum

St. Luke's Lutheran Church **donated \$500 toward Oviedo's Veterans Tribute** memorial on Veterans Day. The money will help build a memorial that will be part of the upcoming Oviedo on the Park downtown development.

Sign up for youth sports
Spring season registration for youth volleyball and youth basketball is currently open for all age divisions. Sign up as soon as possible at cityofoviedo.net to be sure you get a spot.

Zimmerman released

After his fifth run in with law enforcement since being acquitted July 13 of second degree murder charges in the shooting death of unarmed teen Trayvon Martin, Seminole County resident **George Zimmerman was arrested for aggravated assault**, domestic violence battery and criminal mischief and was released on \$9,000 bail Tuesday. Zimmerman was accused of attacking his girlfriend, Samantha Scheibe, rumored to be pregnant, and aiming a shotgun at her. Police had to push their way through a barricaded door to arrest him at the home he shared with his girlfriend. Zimmerman had previously been cited or warned by police multiple times for speeding and for a domestic dispute with his estranged wife.



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WellCare Seminar
Fri, Nov 22nd 9:30am-10:30am
Mon, Nov 25th 3pm-4pm
Tues, Nov 26th 9:30am-10:30am
Wed, Nov 27th 9:30am-10:30am
Presented by Medicare Plan Options
RSVP 407.949.6723

Medicare Educational Workshop
12:30pm - 2pm
By Medicare Plan Options
RSVP 407.949.6723

ADRC Workshop
How to Survive Your Role as Caregiver
2pm - 3:30pm
Presented by Jerry Hamilton, MSEd
RSVP 407.843.1910

MONDAY, NOVEMBER 25
Senior Club
Sponsored by Family Physicians Group
Every Monday, 10am - 12pm
November 25th - Casino Day

The Real Estate Specialists are IN
10am-1pm
Presented by Exit Real Estate Results
By Appointment Only - 407.949.6714

TUESDAY, NOVEMBER 26
AARP Medicare Complete
2pm-3:30pm
Presented by LTC Advisors
RSVP 407.949.6722

Health Care Reform
3:30pm-5pm
Presented by LTC Advisors
RSVP 407.949.6722

WEDNESDAY, NOVEMBER 27
Bingo Bash
3pm-4pm
Hosted by Orlando Family Physicians
Open to the Public.

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3pm-4:30pm
Presented by Harmony Hearing Centers
of America
RSVP 407.949.6737

**TUESDAY, DECEMBER 3RD FROM
9AM - 12NOON**

Dementia: Everything you want to know,
but were afraid to ask. Guest speakers in-
clude: Dr. Goodman, MD, with Compass
Research; Gloria Gluskin, LCSW, with
Arden Courts Memory Care Community
and Jerry Hamilton with the Alzheimer's &
Dementia Resource Center.
RSVP to 407.949.6733



HAPPY THANKSGIVING!
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M-F 8:30am - 5pm

ATHLETICS

THIS WEEK IN SPORTS HISTORY — Nov. 23, 1943 — MLB commissioner Kenesaw Landis banned Philadelphia Phillies owner William D. Cox from baseball for life for betting on games.

Bears bow out of postseason

ISAAC BABCOCK
The Voice

Winter Springs entered its first postseason football game in school history as a strong underdog. At 6-5 on the season, they hosted a Neptune Beach Fletcher squad that had gone 9-2 in the regular season. It ended in a 20-0 loss for Winter Springs.

The momentum was already in Fletcher's favor as the game approached. The Bears were still coming to terms with a 35-28 upset loss to Lyman in the final week of the regular season. Fletcher had just destroyed Wolf-

son 56-13 the week before.

The Bears held their own for one quarter, turning what could have been an offensive slugfest into a defensive stalemate as the teams went scoreless into the second quarter. Then things all fell apart.

Giving up four unanswered scores over the next three quarters, the Bears watched Fletcher slowly creep away with the win, despite plenty of stops from the defense led by Brandon Rod and Mason Johnston.

For the Bears, the loss ends a season that saw an improbable

turnaround from just a season before when they went 1-9 — the worst season in program history.

Lake Mary

Meanwhile the Lake Mary Rams were blowing out Jacksonville's Sandalwood by a 25-6 score, pushing their season record to 11-0 a year after they missed the playoffs entirely. They host First Coast at 7:30 p.m. Nov. 22.

Oviedo bowling

The Oviedo girls bowling team destroyed Martin County High School in the FHSAA finals on Nov. 7, rolling a combined 801 to Martin's 739 in the final round. Bowlers Amy Quick, Stephanie Rios, Katelyn Jones, Monica Butcher and Ember Miksa led the way to the Lions' final round victory.

Knights look toward rivalry games

ISAAC BABCOCK
The Voice

The Knights were battling Rutgers on the football field Thursday night in a late night game at press time. Rutgers (5-4, 2-3) was fresh off a blowout loss to Cincinnati.

The Knights will reignite a rivalry against the University of South Florida when the Bulls

come to town Nov. 29 to play at 8 p.m. the night after Thanksgiving. The Bulls, who ended their rivalry series with the Knights after winning four straight games and declaring that they were looking for tougher competition, are now 2-7 overall and 2-3 in American Athletic Conference play. The Knights before Thursday night were 8-1 overall and 5-0 in conference play.

Mens basketball

The Knights bounced back on the hardwood after falling 80-68 to Florida State on Nov. 13, turning around to beat Bethune-Cookman 83-63 on Nov. 17.

Isaiah Sykes led the team, nearing a triple double with 22 points, eight assists and eight rebounds in the game. Calvin Newell had 18 points and four assists in the game. Tristan Spurlock dropped 16 points and snagged nine boards.

They headed to Miami for their first showdown against the Hurricanes this year on Thursday at 7 p.m. at press time. They'll play two more road games against Valparaiso Nov. 26 and Florida Atlantic Dec. 3 before finally returning to their home court to host nearby rival Stetson at 7 p.m. Dec. 7.

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VOICES

THIS WEEK IN POLITICAL HISTORY — Nov. 27, 1965 — The Pentagon informs President Lyndon Johnson that if Gen. William Westmoreland is to conduct the major sweep operations necessary to destroy enemy forces during the coming year, U.S. troop strength in Vietnam should be increased from 120,000 to 400,000 men.

EMPLOYMENT

Ask
Sandi



Calling all military vets

I met with one of our Central Florida Employment Council board members for lunch and we had a great discussion about the state of employment in Central Florida. Our discussions ended up landing on two things: the number of people working part-time who should be working full-time, and the number of highly qualified veterans who are struggling to find work.

There are many companies who are promoting themselves as veteran friendly and have big plans to hire veterans. The problem is many of these companies are looking for entry level or lower paying jobs to be filled. After giving several years of service in the military, veterans are coming back in need of jobs that can support them and their families.

One of the points of our discussion centered on resume terminology. It is important for veterans who are re-entering the civilian workforce to find the appropriate translation from military terms to standard terms for job descriptions. O-net has a translator that can help to take military terms and turn them into the more resume-friendly definition.

The other point was resources. As veterans, sometimes people coming out of the military are not always aware of all of the programs out there to help them. The Central Florida Disability Chamber, the Veteran's Administration and Workforce Central Florida all have people and resources dedicated to helping veterans return to the workforce.

There are also job fairs that are specific for veterans and those that are veteran friendly. In January, the Central Florida Employment Council will have the Mayor's job fair and it will be focused on general jobs from entry level to mid- and upper-level jobs, but veteran friendly employers will be noted in the catalog.

Syracuse University has a great website for their program, but it also has information that is helpful to veterans in general. It can be found at: vets.syr.edu/education/employment-programs/

There are resources out there for vets, but it does take some research to find them.

TALK TO SANDI

Sandi Vidal is the executive director for Christian HELP and the Central Florida Employment Council, with more than 10 years of recruiting and human resources experience. For questions, please call 407-834-4022 (fax 407-260-2949), sandi@christianhelp.org, or mail Ask Sandi C/O Christian HELP, 450 Seminola Blvd., Casselberry, FL 32707.

Multiplying thankfulness

Grocery store bins are brimming with mounds of sweet potatoes, green beans and frozen turkeys while pumpkin pie, baked apples and cinnamon sweeten our senses. Thanksgiving 2013 is here and our village has much to be thankful for. Our hurricane season was quiet, our Geneva Elementary school continues to beat strong at the heart of Main St. and at least for the moment gas prices are lower. We have family, friends and neighbors to lean on and a generous community fuels local food banks, thrift stores and family programs to help those in need.

Thankful Plus

When someone is asked what they are thankful for, the knee-jerk reaction is usually 'family and friends.' Pressed for more details most would elaborate with spouse, children, parents, pets, God, home and country. Have you noticed how your thankful meter spikes when you fear losing something or someone important?

A young father serves worlds away in the military, an aging mother struggles to breathe in a hospital ward, the family dog wanders away or a new job moves family mem-

STETSON'S CORNER

By Karen McEnany-Phillips

bers to a distant city. Circumstances like this fuel our fears. Has the time come when we might lose a precious family member? This applies to material things as well. Remember during flooding or fire conditions we had to quickly assess what we considered most precious and what to let go?

How ironic that what we say about thankfulness and what we actually do about it are often two different things. As much as we love our children, as a society we do not nurture them. Many are obese. Domestic violence continues to harm and isolate American families, especially women and children. Millions of children are caught in the web of human trafficking.

A few weeks ago we focused on our veterans – honoring them and recognizing their service. Statistics show that at least one U.S. military

veteran commits suicide every day. Post-traumatic stress and traumatic brain injuries – as well as more visible injuries – haunt them minute-by-minute. Can we do more than verbally acknowledge their sacrifice? How can we assist with their employment, donate to organizations like Wounded Warriors and help the military families?

How can we help kids who go missing every day at the hands of a lucrative and addictive child pornography industry? How can we protect our kids from Internet predators? These are enormous global issues and yet they are as personal and nearby as a family member or neighbor with a dark secret.

We say we are thankful for our country, but do we remember our history and our Constitution? Are we familiar with the records of politicians we elected? What do our children

know about their history and government? When we accept half-truths as 'misspeaking,' when we are silent as public officials put moral decay on full display (think Toronto)...it is time to ask ourselves honestly... how thankful are we really?

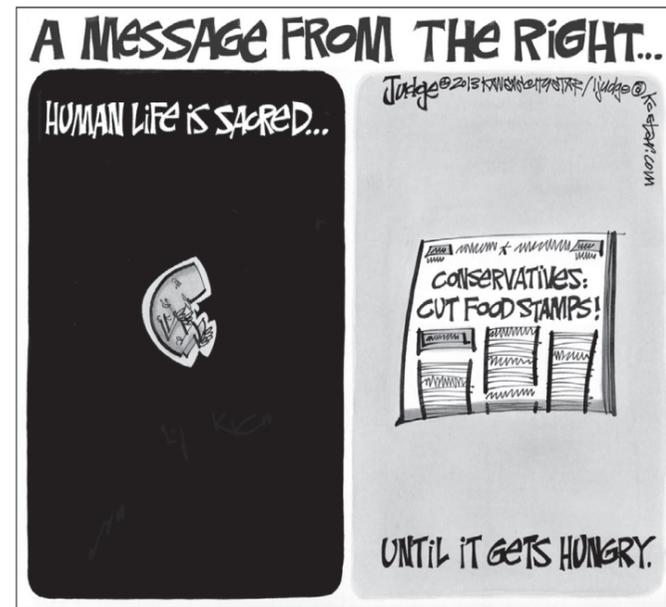
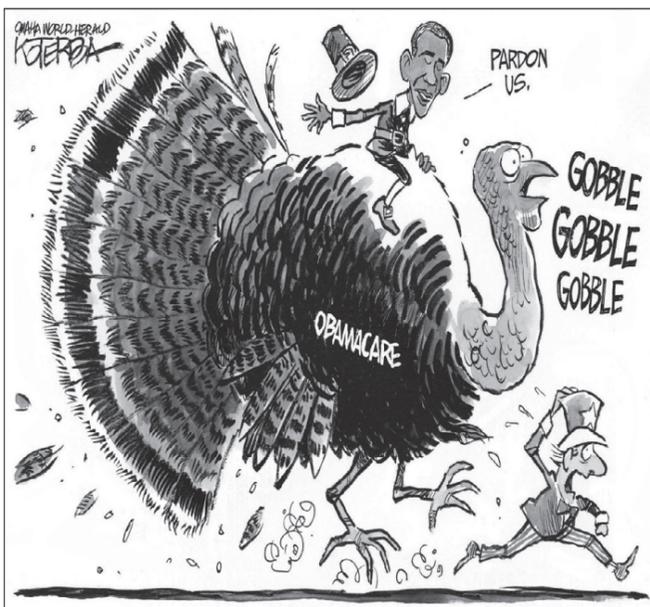
This Thanksgiving let us not only say the words we expect to hear but take a next step to pair those words with action. We can make a real difference in the lives of those we give thanks for and multiply thanksgiving in our sphere of influence with positive action.

Christmas & Holiday Fun

Mrs. Claus comes to town at the Rural Heritage Center from 6 to 8 p.m. on Saturday, Dec. 7 with family fun, including making Christmas tree ornaments, decorating cookies and writing letters to Santa. Call 407-792-0758 or email RuralHeritageCenter@gmail.com for more information.

Mark your calendar for Tuesday, Dec. 10 at 6:30 p.m. as Geneva Elementary's Musical Mustangs perform "Jingle Bell Jukebox...Flip Side!" presented by the fourth and fifth graders who will sing and dance for your entertainment. Arrive early, as this is always a standing room only event.

EDITORIAL CARTOONS



Young Voices Here's what students at Double R Private School said about what they are thankful for and what they like about Thanksgiving.



I am thankful for my loving family and the food that my parents make. My favorite food is the dark meat of the turkey. I like playing with my cousins and we talk about things our family did long ago.
—Alexandrea L.
8 years old



I'm thankful for my loving parents, brothers and family. My mom and grandma make food for us to eat. We also carve pumpkins together. My favorite food is my grandma's Oreo pie. My aunt takes great photographs for good memories.
—Kayla M.
12 years old



The Indians taught the pilgrims how to hunt for food and to plant seeds. The pilgrims had to pray a certain way so they moved here. It was hard to be a Pilgrim. I like to eat dark meat turkey.
—Bailey G.
8 years old



I am thankful for my mom, sister and brother. My mom cooks the best dinners ever. We'll have a Thanksgiving feast at my aunt's house. I like corn and all kinds of turkey. I like riding horses at her house.
—Jasmin H.
7 years old



I am thankful for my family. On Thanksgiving everybody meets in one place and we talk about what we are doing. It is fun and we can play with other kids. My favorite food is my Nana's green bean casserole.
—Blake W.
10 years old

We would love to hear from your **Young Voices!**
Call 407-563-7023 or email ibabcock@turnstilemediagroup.com to have The Voice visit your class or group.

THE MARKETPLACE

ANNOUNCEMENTS

Public Auction:
Multiple Companies Online & Onsite Saturday, Nov 23 at 10am 5553 Anglers Ave, Bldg 4, Dania Beach, Fl 33312 Vehicles, Computers, Office Furniture, Office Equipment, Dymo Drills, Paint Machine, Warehouse Items and more! Visit www.moeckerauctions.com for details Moecker Auctions (800) 840-BIDS. \$100 ref. cash dep. 15% -18%BP Subj to confirm. AB-1098 AU-3219, Eric Rubin

Public Auction: Exclusive Millwork Inc.

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Winter Park Benefit Shop

140 Lyman Ave, Winter Park - needs items to sell: clothing, bedding, jewelry, kitchenware and bric-a-brac. Also needing volunteers. Contact Elizabeth Comer 407-647-8276. Open Tues & Fri at 9:30am; Sat 10am-1pm. All proceeds support children's programs & the Orlando Blind Association.

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Solution time: 25 mins.
Answers
King Crossword

King Crossword

ACROSS

- 1 Greet the villain
- 4 Amusement park attraction
- 8 Sail holder
- 12 Grecian vessel
- 13 Jealousy
- 14 Malaria symptom
- 15 Long. crosser
- 16 Too rare
- 18 Swell
- 20 "CSI" evidence
- 21 Complaint
- 24 2012 TV series about a Broadway show
- 28 Cousteau's bailiwick
- 32 Reverberate
- 33 Witness
- 34 Ganges garments
- 36 Charged bit
- 37 One of the brass
- 39 Likely loser
- 41 Razor sharpener
- 43 Long tale
- 44 Upper limit, for short
- 46 Gift of the Magi
- 50 Sap
- 55 Debtor's letters
- 56 Santa's

1	2	3		4	5	6	7		8	9	10	11	
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				44		45			46		47	48	49
50	51	52					53	54			55		
56					57					58			
59					60					61			

- laundry problem
- 57 Similar (to)
- 58 Playground game
- 59 St. Louis landmark
- 60 Calendar abbr.
- 61 Commotion
- 9 Past
- 10 Early riser?
- 11 Golf gadget
- 17 Hosp. staffers
- 19 Honest politician
- 22 Birthright
- 23 Flowerless plants
- 25 Alkali neutralizer
- 26 "Get lost!"
- 27 - Kong
- 28 Works with
- 29 Barbershop call
- 30 Antelope's playmate
- 31 Verdi opera
- 35 Part
- 38 "The Iceman -"
- 40 Shaft of light
- 42 Standard
- 45 Opening day?
- 47 Hayworth or Moreno
- 48 Thoroughfare
- 49 "Les Miserables" author
- 50 N.A. nation
- 51 Neither mate
- 52 Happy companion?
- 53 White House nickname
- 54 Pinch

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