



Seminole Voice

Interests > 3

Stopping a teenage thief and gun runner before it's too late.



Athletics > 5

Football season is back this Friday on the high school gridiron.



Ask Sandi > 7

If you don't get that job, don't burn your bridge there either.



www.SeminoleVoice.com

Aug. 23 - Aug. 29 2013

Free!

Local schools gear up for energy savings

ALLISON OLCSVAY
The Voice

When a homeowner turns off a few light bulbs and eases off on the air conditioning, it can save a few dollars a month. When a school system does the same, it can save millions. Like home consumers, local schools also have to consider energy conservation in their budget cutting strategies.

Facility teams in Orange and Seminole County are busy putting their conservation strategies in place for the new school year to ensure that every energy dollar is well spent.

"Building more energy efficient buildings is good for us, it's good for the taxpayer and it generates less carbon dioxide, which is better for the environment," said Orange County Public Schools Facilities Manager John Brennan.

Orange County
In Orange County, savings starts in the kitchen. Brennan said school kitchens are working on overhauling procedures to help reduce en-

■ Please see **SAVINGS** on page 2

Fire destroys diner

ISAAC BABCOCK
The Voice

The flames had consumed much of what was The Oviedo Diner by the time firefighters arrived early in the morning of Aug. 16 to try to save what was already gone.

The fire that would destroy Tony and Patty Nikollaj's restaurant raged beyond 1 a.m. By the time hoses started spraying, the steel beams holding the ceiling had already begun to buckle, melted by the extreme heat of flames shooting through the roof.

"It feels really bad that it's gone," said longtime customer Ralph Miller, a friend of the Nikollajs. "It seems like [Tony] is holding up OK."

The family of longtime restaurateurs created the Diner half a decade ago out of the bones of a closed Dairy Queen at the five-armed roundabout in Oviedo that funnels cars northeast into rural Seminole County. It looked so much like the old fast food chain that months after it opened Tony said customers were still showing up in the drive-thru for ice cream. A savvy businessman, he already had it on the menu.

The restaurant was in business for more than half a decade.

This wasn't the first time that an inferno had consumed one of



PHOTO BY ISAAC BABCOCK — THE VOICE

An Oviedo fire truck is visible through the burned Oviedo diner Aug. 16.

the Nikollajs' restaurants. Lawrence and Paul's, named for the Nikollajs' sons, was mostly a sub shop that caught drivers along the busy west end of State Road 434 in Longwood. Twelve years ago a microwave shorted out and burned the business to the ground. The family later moved to Winter Park to try again, taking the name with them.

In 2002 the family opened their first Oviedo restaurant. Tonino's was named for Tony this time, taking the spot now occupied by Café Panuzzo's. It's in Oviedo that the family would live while they hatched another plan to convert the old DQ into a throwback diner.

"(The diner) was my life,"

Tony told WKMG news. "I've been here for eight years. I love the people. For eight years, I never got robbed, nobody stole anything from me. It was like a family-run business, you know," Nikollaj said. The owners did not immediately return calls seeking comment after the fire.

Fire officials in Oviedo can't say what started the blaze, which originated inside the building. The cause right now is listed as undetermined, Oviedo Fire Chief Lars White said, and the investigation is now at the state fire marshal's office.

"We're pretty confident the fire started below the ceiling," White said. "There's always a chance there could have been an

electrical surge because of lightning. We've just found no real external signs."

Lightning had been reported in Central Florida that night, though not much storm activity had occurred near the Diner.

The fire consumed the building very quickly, White said, long after the Nikollajs had gone home for the night.

"He was pretty shaken," White said of Tony Nikollaj, who spoke with him after the fire. "There's no question about it. He was very sincere in his loss."

"Talking to him the day afterward, he indicated that he'd like to open again right there. Time will tell. You just don't know."

In the morning light afterward, little seemed untouched by flame among the Diner's fallen and charred beams. Fire truck No. 44 stood watch in the parking lot, its shiny red body visible from the other side of the blackened hollow shell.

Most of what had been in the building after the family locked up the night before sat ashen inside. Only two tokens were pulled out of the fire, blackened too, but still recognizable. Tony Nikollaj's face stared back from one, behind smoke-stained glass, smiling from a framed newspaper page.

A day in the life of an Oviedo cop

PHIL WHEELER
The Voice

"There's always something new," he paused. "There's always something new."

Oviedo police Ofc. Sean Snyder starts his day like most Oviedo residents. He wakes up, dresses himself, eats breakfast, walks his dog, and leaves the house for work.

Except for him, the nature of the work he'll be doing is largely a mystery.

Snyder, 31, is a four-year member of the Oviedo Police Department, and works four 12-hour shifts per week. He patrols zone 2, the northeast quadrant of



PHOTO BY PHIL WHEELER

Oviedo Ofc. Sean Snyder prepares for takeoff Aug. 10.

the city.

He rides in a 2007 Chevy Impala. A rifle sits in the trunk, which luckily he hasn't had to use yet.

Snyder has lived in Florida

since he was 2, and Oviedo since he was 8. He used to be a store manager at Albertson's, but he was always drawn to the thrill of stopping crimes.

"There was lots of theft there," he said. "I hated that I couldn't chase after anyone."

One day the urge was so strong that he quit. He's been on the force ever since.

Today, his patrol starts on

Mitchell Hammock Road, where the new 60-acre town center Oviedo on the Park is being built.

It's a positive addition to the community, yet it reminds him of one of the tougher aspects of his profession.

"A guy drove back there in his pickup, put a bag over his head, and suffocated himself with carbon dioxide," Snyder said.

He rolled up on the lonely scene.

"His wife called and wanted to meet at the spot with me. She told me his brother killed himself the same way."

■ Please see **POLICE** on page 2

USPS 008-093
Publisher statement on page 2.

What's goin' on?

Want to get outside? It's a Beat the Heat Wilderness Hike at the Lake Proctor Wilderness Area this weekend, getting you up close with Florida's plant and wildlife.

Calendar > 4

INDEX

Interests	3
Calendar	4
Athletics	5
Ask Sandi	7
Stetson's Corner	7
Young Voices	7
Classifieds	8

This week:
LEE DANIELS' THE BUTLER

A remarkable story of a White House butler who served eight U.S. presidents over the course of 30 years.



Seminole Voice

Friday, Aug. 23, 2013
 Volume 23, Issue 34
PHONE: 407-563-7000
FAX: 407-563-7099
 SEMINOLEVOICE.COM
 Orlando, FL 32835-5705

PUBLISHER

Tracy Craft
 407.515.2605
 TCraft@TurnstileMediaGroup.com

MANAGING EDITOR

Isaac Babcock
 407.563.7023
 IBabcock@TurnstileMediaGroup.com

ASSOCIATE EDITOR

Sarah Wilson
 407.563.7026
 SWilson@TurnstileMediaGroup.com

DESIGNER

Tom Miller
 407.563.7032
 TMiller@TurnstileMediaGroup.com

STAFF WRITERS

Brittini Larson
Megan Stokes
Tim Freed
Allison Olcsvay
Kristy Vickery

COLUMNISTS

Janet Foley
 jwfoley75@gmail.com

Sandi Vidal
 Sandi@ChristianHelp.org

Tom Carey
 SundewGardens@gmail.com

Karen Phillips
 KarenMPhillips@bellsouth.net

Josh Garrick
 JoshGarrick9@gmail.com

ADVERTISING SALES
 (Display & Classifieds)

Deborah Sheehy
 407.563.7009
 DSheehy@TurnstileMediaGroup.com

LEGAL NOTICE ADVERTISING
 (Orange & Seminole Counties)

Ashley McBride
 407.286.0807
 Legal@FLALegals.com

SUBSCRIPTIONS/CIRCULATION

Luana Baez
 407.563.7013
 LBaez@TurnstileMediaGroup.com

MEMBER OF:
 Florida Press Association
 Oviedo-Winter Springs Regional
 Chamber of Commerce

TURNSTILE MEDIA GROUP

CHAIRMAN
Rance Crain

PRESIDENT/CEO
Francis X. Farrell

VICE PRESIDENTS
Patti Green & Jeff Babineau

USPS #008-093
 Periodicals postage is paid at Oviedo, Fla.

POSTMASTER: Send address changes to:
 Seminole Voice, 1500 Park Center Drive
 Orlando, FL 32835

Publisher reserves right to edit or refuse all advertisements, announcements, articles and/or letters to the editor. Submission does not guarantee publication. Columnists' opinions are made independently of the newspaper. All rights reserved. Seminole Voice © 2013

THIS WEEK



THIS WEEK in history

Aug. 26, 1959 —

The British Motor Corporation launches its newest car, the small, affordable Mark I Mini. The Mini went on to become one of the best-selling British cars in history. At only 10 feet long, the \$800 Mini could sit four adults and had a trunk big enough for a reasonable amount of luggage.

POLICE | Fraud, theft, a seizure at the mall and a deer hit by a car: all in a day's work

■ CONTINUED FROM FRONT PAGE

"It's not fun," his voice lowered. "You know, people have their demons."

As he drove, it seemed hard for him to go a couple moments without observing things out loud. He's always looking around for something that doesn't seem normal.

He cruised around the sleepy Lake Charm, where homes as old as 125 years stand, and waved to the residents mowing their lawns or walking their dogs. The next turn was onto De Leon Street, a two-lane, 35 mph road, which had a substantial amount of traffic for a Friday morning.

Dispatch spoke on the radio. There's an exchange of words and codes, and within seconds the Impala is speeding down the middle of De Leon Street, sirens screaming.

"Someone's hurt at the mall, so we're gonna go there right now," he said.

Traffic parted for the sirens. The 4-mile trip would be better counted in seconds than minutes.

Upon arriving at the otherwise empty Macy's parking lot, Snyder found an elderly woman shaking so violently that she might fall out

of her wheelchair.

More squad cars came, and fire rescue showed up moments later putting her on a stretcher and en route to the hospital. The woman suffered from Parkinson's and earlier fell out of her chair while shopping.

The police helped put her family members at ease, shook hands, and went on with their day.

Snyder took off for a quick lunch with off-duty officer John Yi at a local Vietnamese restaurant they frequent. The two have worked together for years, and have the habit of eating their meals quickly.

"You know that you could be called in at any moment," Yi said. "We don't like making other people do our job."

Having the opportunity to help people is Snyder's favorite part what he does.

"Seeing that smile on someone's face makes all the bad parts worth it," he said. "When you know you made that person's day better, that's a pretty cool feeling."

And while being a police officer has its rewards, there is no doubt a dark side of it all. Child abuse and death notification calls are the worst and most emotional

affairs, Snyder said.

"It's sad and unfortunate, but the sun will come up the next day," he said, as he lowered his sunglasses from his forehead. "So that's that."

Some typical 911 calls in the area are for bank fraud, theft from cars, homes, or construction sites, noise complaints, and deer that get struck by cars.

Oviedo's crime rate is lower than 82 percent of Florida communities, according to compiled data in the Florida Department of Law Enforcement's 2012 crime report.

But there's an exception to that on Harrison Street, which lies toward the northern city limit. It's a poverty stricken neighborhood where crime is more heavily concentrated.

Snyder cracked his car windows and left to take a stroll down the street. Children sat on their doorsteps racing R/C cars in the summer heat. Men hunched over on the porch of a notorious crack house, cigars behind their ears. The officer waved to all of them.

"We'd like to think our presence keeps people from committing crimes," he said. "We call it prevention through visibility."

A few houses that appear dilapidated with boarded windows, Snyder said, were actually local hangouts.

"They used to have parties down here with almost 400 people," he said. "That's when it really gets crazy, at night."

The only other zone 2 calls for the day were for a storage unit robbery, which turned out to be a false alarm, and a domestic dispute. An arrest was made last time a call came in from this house.

Their fortune was different today, as the family spoke to the officers one-by-one and found a way to stop their heated arguments.

"Leaving a scene like that, where everyone has calmed down is rewarding," Snyder said. "Especially when you don't have to go back."

Several times a day, he passes the Albertson's he started working at as a teenager. After he became a cop, he used to take calls there all the time. It closed a year ago.

His handcuffs dangle on the left side of the dashboard as he drives. Tomorrow they could be clenching the wrists of a violent criminal. Today, they stay put.

SAVINGS | Energy audits alone could save \$1 million per year across the district

■ CONTINUED FROM FRONT PAGE

energy costs.

Kitchen workers are being provided with energy saving training and a spreadsheet tool to enable them to calculate their energy consumption. Based on this data, Brennan said, each school will formulate a new savings plan detailing how they will reduce energy usage in the kitchens, such as unplugging less frequently used equipment, working in batches or switching off lights.

Following the implementation of these new plans, the facilities department will do energy audits to help keep them on track. Over the next fiscal year, Brennan said Orange County Public Schools hopes to save \$1 million using this strategy alone.

Energy costs can also cool off though centrally controlled thermostats. Thermostats in Orange County Schools are centrally controlled through the facilities department, requiring individual classrooms and buildings to operate at a fixed temperature range. In addition, Orange County Public Schools gets rebates from Duke Energy and the Orlando Utilities Commission for using more energy-efficient designs in new

schools such as Walker Middle, Oakridge High, Edgewater High and Aloma Elementary School.

"We are aiming to increase our energy efficiency in Orange County schools by 2 percent this fiscal year," Brennan said.

Seminole County
 Seminole County Energy Manager Hector Barbosa said Seminole County Public Schools are shining light on several new ways for the county to save on electricity.

Starting with the basics, schools are switching from old, high wattage T8 lights to new, lower wattage T5 fluorescent blubs. And, in areas where light replacement is difficult, such as gyms, new LED lights may be installed over the next year.

And at the end of the day, schools will no longer look like cruise ships – all lit up in the night. Non-essential parking lot lights will go out after midnight.

New programmable thermostats are also being installed, which Barbosa said will be set at 77 during peak hours and 85 during off hours.

Like OCPS, Seminole County Public Schools also receive rebates from Duke Energy for things like installing reflective roofing material and programmable thermostats. Four schools currently have the reflective roofs installed, four more are under construction and an additional nine schools are planned. According to the Energy Conservation Task Force, the cumu-

lative rebate dollars earned since 2007 is \$338,123.47.

Also, the four-day work week instituted during summer break will continue during winter and spring breaks, allowing schools to save energy on the extra days when buildings are empty.

Both Brennan and Barbosa said that more than any individual programs, the cost saving measure that will be most effective is simple common sense.

"We're just doing what anyone would do," Barbosa said. "Switching off lights when you leave a room, turning off computers when you leave for the day, it's all just common sense stuff that



PHOTO BY ALLISON OLCVAY
High-efficiency kitchens save money.

when you add it up, saves a lot of money."

Notes

Wounded warrior writer

Eric Wright, director of Business Development at Isis Solutions and Results, LLC and a former U.S. Army Sergeant and Paratrooper, was recently nominated to interview and write Wounded Warrior biographies for the Association for the United States Army's (AUSA) quarterly newsletter. Wright was nominated for this editorial position because, as a Service Disabled Veteran, he understands the importance of having a support structure such as the Wounded Warrior Foundation. Having this insight will equip him to best represent the Warriors he interviews for a "Hero Story," which will be included in every edition of the AUSA Sunshine Chapter's quarterly newsletter.

Re-advocating

Joannie "Sue" Terraglio, 56, of Oviedo, is an advocate for persons with disabilities. She has been reappointed to the Florida Independent Living Council for a term be-

ginning July 1, 2013, and ending June 30, 2016.

Fake Medicare agents

The Winter Springs Police Department has received information about a scam you should know. Residents are being contacted by people claiming to be representatives of Medicare requesting sensitive, personal information from the intended victim. Oftentimes, callers are requesting social security numbers or bank account information, etc. in order to make deposits to your account. The police department wants to remind you that legitimate banking and medical businesses will not request information of this nature from you over the phone, and to please be mindful of this should you receive a call like the one mentioned above. Report scam activity to us at anytime by calling 407-327-1000 so an officer can take a report. You may find additional information about scams by visiting fbi.gov/scams-safety



PHOTO COURTESY OF ORANGE COUNTY SCHOOLS
More energy-efficient roofs cut down on cooling.

INTERESTS



THIS WEEK in human history

Aug. 24, 1873 —

William Henry Jackson becomes the first person to photograph Colorado's elusive Mount of the Holy Cross, providing reliable proof of its existence. Two deep snow-filled ravines at 90-degree angles form a large cross on the steep northeast face of a 14,000-foot mountain peak.

The home that keeps kids from jail

Seminole's Boys Town to expand services to Orange County

TIM FREED
The Voice

Blaine sits on his unmade bed and pores over a notebook — the pages filled with his sketches of black and white roses and graffiti letters. A row of model cars park on a shelf above his headboard. A nearby radio plays top-40 country music hits.

The room looks like any other 16-year-old boy's bedroom, but the twin bed that Blaine sleeps in has not always been his own.

Almost 100 miles away from Blaine, another bed remains empty in the house that he called home.

Blaine lives in a family home at Boys Town Central Florida, a non-profit organization in Oviedo that seeks to protect and foster growth in children with

rebellious attitudes and behavioral problems — teaching them to become productive members of society.

The family homes give children a place to stay long-term, away from their permanent homes while they learn important life skills such as following instructions, accepting consequences and being honest.

Rafael and Margarita Forestier are the "parents" here, preparing kids to avoid the rocky road that may have led them here.

"If we just help one person and get them on the right track, then maybe they can affect somebody else," Margarita said.

"Nobody gave them a second chance, so we did."

The family homes are made up of two assigned parents and about six Boys Town residents.



PHOTO BY TIM FREED

Margarita and Rafael Forestier stand with Blaine, who has turned his life around thanks to Boys Town. The home uses mentors to keep kids and teens from crime.

The children are required to do chores, maintain their living space and treat others with respect. Doing so earns the children privileges like a night out at the movies or bowling.

Blaine came here two years ago from Palm Coast in Flagler County, sent off by his parents to Boys Town to develop his social skills. Blaine rarely spoke,

kept to himself and often stole small items like index cards and pens.

He felt judged inside his own home while dealing with those issues, Rafael said.

"We know that he's going to make mistakes," Rafael said. "There's no grudges held against him. It's dealt with and we move on. I think that's what

helped him grow with trusting us a little more."

The Forestiers have been counseling and reaching out to children like Blaine for years.

In 1995, the couple joined Boys Town Central Florida's original emergency shelter in Sanford as shift supervisors, keeping children with suicidal tendencies and histories of self-harm under constant surveillance.

They worked at the shelter until 2000, when they moved to Connecticut with their children and worked in an all-girls behavioral program under the North American Family Institute (NAFI).

But the methods used in the (NAFI) program were a far cry from the sit-down-and-talk-it-out approach that Boys Town took. Girls struggling with drug addiction or past sexual and physical abuse would often become violent, and would have

■ Please see **BOYSTOWN** on page 4

STOP WORRYING ABOUT HOW MUCH MONEY YOU HAVE FOR RETIREMENT.

- Instead of being concerned with the value of your retirement account, you should be more concerned with the income that account provides.
- Income maintains your quality of life so you may live in retirement as you did when you were working. You need to have the income so you can travel, see your grandkids and live whatever retirement dreams you may have.
- If you would like to see how you can **MAXIMIZE YOUR INCOME FOR LIFE**, call us today. There are options available that most Americans don't know about. Give us one hour to see if we can give you your lifetime.

Let us help you! Call today!

(407)-644-6646

www.aSafeHarbor.com



Member of



Bob Adams
President/CEO
A SafeHarbor, LLC
bob@asafeharbor.com



Enter the Seminole Voice Calendar Photo Contest today!

Now's your chance to showcase just how beautiful your community really is. Submit your best photo of the area, and your shot could be featured in the 2014 Seminole Voice calendar!

Visit SeminoleVoice.com/Photo for more details and to upload your winning submission.

Seminole Voice

CALENDAR PHOTO CONTEST

One Senior Place ...

Calendar of Events August 2013

FRIDAY, AUGUST 23

ADRC Workshop
A Closer Look at
Dementia Research
2pm-3:30pm
Presented by Julie Shatzer, MSW
& the Alzheimer's & Dementia
Resource Center
RSVP 407.843.1910

MONDAY, AUGUST 26

Senior Club Sponsored by Family
Physicians Group
10am - 12noon
August 26th - Casino Day

The Real Estate Specialists are IN
10am-1pm
By Appointment Only,
407.949.6714

Presented by Exit Real Estate
Results

TUESDAY, AUGUST 27

Computer Class: Google Drive &
Docs
2pm-3:30pm
Presented by McBride Insurance
Agency
RSVP 407.230.7835

WEDNESDAY, AUGUST 28

Why do hearing aids cost so
much?
3pm-4:30pm
Presented by Harmony Hearing
Centers of America
RSVP 407.545.4098

THURSDAY, AUGUST 29

Health Care Reform
3pm-4:30pm
Presented by Medicare Plan
Options
RSVP 407.949.6723

** We will be closed on
Friday, August 30th and
Monday, September 2nd.

We will re-open on
Tuesday, September 3rd.



See our full Calendar
of Events at
OneSeniorPlace.com

407.949.6733

715 Douglas Avenue
Altamonte Springs, FL 32714

M-F 8:30am - 5pm

Family Calendar

AUG. 23

Love Your Shorts **Film Festival's** Summer Rewind will be held Friday, Aug. 23, at the Wayne Densch Performing Arts Center in Sanford featuring a variety of movies that were screened at the third annual film festival in February. The films to be shown at 8 p.m. at the historic 1923 performing arts center, located at 201 S. Magnolia Ave., are by filmmakers from Florida, across the United States and four foreign countries. Visit loveyourshorts.com for more information.

AUG. 24

There will be a **Beat the Heat Hike** at 7:30 a.m. Aug. 24 with the Florida Trail Association at the Lake Proctor Wilderness Area, located at 920 E. State Road 46 in Geneva. Bring water and bug spray. No pets, please. For more information, contact Joan Jarvis at bluetrail@aol.com or 407-365-6036

Calendar

AUG. 23

Lucy Hunnicutt will debut her 18-piece art series **"A Brief History of the Blues"** at Jeanine Taylor Folk Art, 211 E. First St. in Sanford on Friday, Aug. 23. The opening reception will be from 6 to 9 p.m. and feature live blues music by Jim Mahoney and The Angels of Mercy. The event coincides with the monthly Sanford Art Walk.

AUG. 24

Macy's will partner with **Project Walk Orlando** to invite customers to participate in Macy's eighth annual national Shop For A Cause charity shopping event on Saturday, Aug. 24. Customers can purchase shopping passes from Project Walk Orlando now. Macy's Shop For A Cause is a unique one-day-only shopping event created to support local charities' fundraising efforts, which has helped raise more than \$46 million for charities across the country since 2006.

Join us at the ninth annual Philips Phile **Texas Hold'em Poker Tournament** on

Saturday, Aug. 24, at the Orlando Science Center, 777 E. Princeton St. This premier evening event raises money for the Mustard Seed of Central Florida. For more information, visit RealRadio.fm

Celebrate the kickoff of Central Florida's art and cultural season with the ninth annual Red Chair Affair on Saturday, Aug. 24. This is your ticket to sample 2013-2014 season highlights! This extraordinary evening is held at the Bob Carr Performing Arts Centre, 401 W. Livingston St., and includes performances from a variety of genres and organizations. Visit redchairproject.com for more info.

AUG. 28

It's the 28th annual National Kidney Foundation Rich Salick **Pro-Am Surf Festival** presented by Ron Jon Surf Shop, coming up this Labor Day weekend at the Cocoa Beach Pier. It's Aug. 26 through Sept. 2. For more information, visit nkfsurf.com or call 1-800-927-9659.

Seminole State College's **Fine Arts Gallery opens Wednesday**, Aug. 28 with a new exhibition by Rick Lang, photographer and longtime teacher at Winter Park's Crealde School of Art who passed away in July. The photos were taken as Lang traveled the Southeast. Visit seminolestate.edu/arts for more information.

AUG. 30

Seminole County's **Talking Business series will bring Jerry Ross**, to the Seminole State College Heathrow Campus from 9 to 10 a.m. on Friday, Aug. 30. Learn what the National Entrepreneur Center can do to help your business. Visit businessinseminole.com for more info.

AUG. 31

Florida Museum of Natural History visitors will soon have the opportunity to discover the state's famous coastal waters and deep surfing culture in the new exhibit **"Surfing Florida,"** opening Saturday, Aug. 31. Visit flmnh.ufl.edu for more information.

BOYS TOWN | Graduate returned to mentor kids to live a less dangerous lifestyle

■ CONTINUED FROM PAGE 3

to be physically restrained by the program staff.

The Forestiers couldn't take more than a year there, and left in 2001.

After creating a painting business that thrived for several years, the couple once again felt the urge to play a healing role in the lives of children. They moved back to Florida in 2010, and rejoined Boys Town Central Florida to be assigned parents in one of the family homes.

And the Forestiers know very well what keeps them coming back. Raised in Meriden, Conn., by his single mother, Rafael grew up wayward himself, falling into a rough crowd that abused and sold drugs. At no more than 16 years old, Rafael was transporting guns to local gangs.

"It's a miracle that I'm not in

jail," Rafael said.

It wasn't until his aunt took him to a church youth group that Rafael was able to turn his life around. Lou Papallo of the First Assembly of God church reached out to Rafael, taught him to be accountable for his actions, and later offered him a job to support himself.

Rafael learned what it meant to be hard-working man who supported a family, and went on to do just that.

Years later, Rafael and his wife were impacting young people's lives at shelters - just as Papallo did with Rafael.

"Because he changed my life, I want to be able to change others," Rafael said. "My wife and I have just been doing it ever since."

Rafael's own past experiences and the dangerous path he once walked have better

equipped him to become a mentor to Blaine in dealing with his problems - in particular his habit of stealing.

"I'm trying to teach a kid that you don't want to steal, because it could end up into something bigger in your life later and have a bigger consequence," Rafael said.

After two years of living with the Forestiers, Blaine hasn't stolen in months, and now leads other Boys Town residents by example - going to bed at curfew without question, greeting people with a smile and encouraging other residents to follow rules around the house.

Blaine no longer feels judged, and has allowed his personality to shine through.

"It's better than my actual home," Blaine said.

Boys Town focuses much of its resources on counseling and housing local children in Seminole County, but about 30 percent of the Boys Town children are like Blaine, coming from other parts of the state.

Last month the organiza-

tion received a year's worth of funding from the Ounce of Prevention Fund of Florida, a non-profit organization that supports prevention programs that benefit children, families and communities.

The money will be used to bring Boys Town Central Florida's Common Sense Parenting classes and In-Home Family Services to Orange County, broadening the organizations reach across Central Florida.

Boys Town Central Florida hopes that this expansion will help better serve struggling families in the area.

In the meantime, the Forestiers plan to continue teaching children the importance of respect and obeying rules, all while giving them a place they can call home.

"So many people need help, and we haven't even scratched the surface," Margarita said.

"Our house will always be filled."

Boys Town Central Florida is currently searching for a new location in Orange County to house the incoming services.

www.C21Oviedo.com

- Residential Sales
- Property Management
- Short Sales
- REO (Bank Owned)
- Vacant Land
- All Your Real Estate Needs

OVIEDO REALTY

235 S. Central Ave.~Hwy 434
Oviedo, FL 32765
(Next To Oviedo Montessori School)

407-365-6403 ~ Agent On Duty 24/7

SMARTER. BOLDER. FASTER.

KIDS BOUNCIN' OFF THE WALLS?

BRING 'EM TO BOING!

Back to School Hours Begin Aug. 19!

We also welcome:

- Birthday Parties
- School Fundraisers
- Corporate Events

Mon - Thurs
3:00 - 9:30
Fri
3:00 - 10:00
Sat
10:00 - 10:00
Sun
10:00 - 6:00

407.542.7844
 532 S. Econ Circle
 Suite 120
 Oviedo, FL 32765
www.boingjump.com

THE DAVEY TREE EXPERT COMPANY

Discover The Davey Difference.

- * Complete Tree, Shrub & Lawn Care
- * Quality Pruning * Landscape
- * Insect & Disease Management
- * Deep-Root Fertilization
- * ISA Certified Arborists

www.davey.com
DAVEY
407-331-8020

FRESH FRUIT & VEGETABLES

VINE RIPE TOMATOES

110 Geneva Drive, Oviedo, Florida
(Across From Ace Hardware)

W Brian Thomas Produce

ATHLETICS



THIS WEEK in sports history

Aug. 23, 1989 —

As punishment for betting on baseball, Cincinnati Reds manager Pete Rose accepts a settlement that includes a lifetime ban from the game. Rose continued to proclaim his innocence, but in 2004, Rose published "My Prison Without Bars," in which he finally confessed to gambling on the Reds.

High school football kicks off Friday

ISAAC BABCOCK
The Voice

Oviedo's offensive juggernaut will take the field for the first time this season Friday night, with one of the most promising squads in the area. It's kickoff classic time, with more than 50 area high schools taking a test run on the gridiron to solidify places in the lineup as players battle for starting spots.

And what that means is a chance for some standout performances for Oviedo, Winter Springs, Hagerty and Lake Howell as they take to the field the same night.

Oviedo

For Oviedo quarterback and

all-around athlete Chris Davis, it's a final chance to shine in his senior year at the helm of a program he led last year. He recently grabbed an offer from UConn's football team, along with a few of his teammates. Returning at running back, compact speedster Jurell Green is set to provide more offensive fireworks after receiving some scholarship offers of his own, along with defensive end Tyree Owens.

Davis combined for nearly 1,700 total yards in the air and on the ground, spreading the ball around last season en route to an 11-2 record and regional championship appearance.

The Lions kick off against Kissimmee Osceola, which went 13-1

last season and lost to Tallahassee Lincoln in the state semifinals, at 7:30 p.m. Friday.

Winter Springs

Last year the Bears only won one game all season – their first against Hagerty. After that it was all downhill as the Bears fell into a nine-game tailspin from which they wouldn't recover.

They'll have a new man at the helm this year in North Carolina expatriate Rodney Brewington. He'll lead a Bears squad looking to bounce back from a lull that's lasted the past two years, during which they won a combined two games. They'll hit the gridiron against Deltona, playing host at 7 p.m. Friday.

Hagerty

The Huskies will have a longtime coaching legend at the helm this year, but he's new to Hagerty. Phil Ziglar led the Boone Braves for more than 20 years. He replaces Nate Gierke, who coached the Huskies to a 2-8 season last year.

Jason Driskel will again have the job of stepping into the biggest shoes to fill at Hagerty, standing in the position of his brother, University of Florida star quarterback Jeff Driskel. The younger Driskel has struggled in the past two seasons at quarterback, though that could at least partially be blamed on many accurate passes that were dropped. Will Hagerty receivers have

the hands this time around? Find out at 7:30 p.m. at East River. The Falcons were 2-8 last season.

Lake Howell

The Silver Hawks had probably the best second half of a season in more than a decade last year, winning four of their final five games. That was a big change from the first half, when they, as has become a biannual tradition, lost all of their games.

Tom Oliver has delivered two of the team's best seasons in a decade as coach. They finished 4-8 last year. Will they be able to carry the momentum?

They kick off against St. Cloud at 7:30 p.m. Friday. The Bulldogs went 4-7 last season.

ORLANDO CITY WINS

PHOTOS BY ISAAC BABCOCK

The Orlando City Lions dominated the Charlotte Eagles on Aug. 17 at the Orlando Citrus Bowl in a 1-0 win to end the United Soccer Leagues Pro season. They host Pittsburgh in the playoffs at 7:30 p.m. on Aug. 24.

Get pumped for UCF football this Friday

ISAAC BABCOCK
The Voice

It's time to meet the players at UCF Football FanFest, which returns to Knight country this Friday. The team will shake hands, sign autographs and take photos to get fans pumped up for the season ahead.

And with third-year starting quarterback Blake Bortles, an Oviedo High School grad, at the forefront of the Knights' offense, the team is looking to build on last season's momentum.

They went 10-4 in 2012, with their biggest loss coming against Big Ten juggernaut Ohio State when they fell 31-16. With the

rest of their losses coming off a deficit of a touchdown or less, the Knights were statistically three touchdowns shy of a nearly undefeated season.

Though he was just a sophomore last year, Bortles threw for 3,059 yards — the first time a UCF quarterback had done that since 2002.

FanFest opens its gates at 5:30 p.m. Friday at Bright House Networks Stadium. It's free and open to the public. Demonstrations and a team introduction are from 6 to 6:45 p.m. followed by an autograph signing, fan skills session, giant hamster ball races, food and more.

875 Clark Street, Suite A
Oviedo, FL 32765

www.OviedoVision.com
407.366.7655

Oviedo VISION Center

Dr. Gary D. McDonald and Dr. Jason R. Wallace Optometric Physicians

Fashion Frames
Custom Contact Fittings
Eye Exams for All Ages
Designer & Rx Sunglasses
Treatment of "Red Eyes"
In-House Optical Lab
Surgery Co-Management

Time for your health eye exam!

Convenient • Caring • Competitive

SUNDEW GARDENS

"Every home should have a garden"

Tom Carey
SundewGardens@gmail.com

Experience homegrown gardening:
Plan your next fieldtrip to Sundew Gardens

The Sign Man

Computerized Laser & Rotary Engraving
Custom Name Badges
Signs & Banners
Rubber Stamps
Large Format Printing
Awards, Trophies, and Novelties

Voted a Fan Favorite 2013
Thank you to all our loyal customers!

160 E. Broadway Street in Oviedo
Down Town Under the Water Tower!
WWW.SIGNMAN.NET
Phone: 407-365-3722 Fax: 407-365-7786

VOICES



Teaching happier kids

TODD PATKIN
Guest columnist

With a new school year looming, parents all over the country are thinking about the achievement-obsessed, ultra-competitive educational environment their children are about to re-enter. From government-mandated standardized test scores to “tiger parents” to college admissions requirements, kids are facing immense pressure to perform. For many students during the school year, every minute of the day is devoted to school, studying, homework and other “necessary” activities ranging from sports to service work—to the exclusion of free time and fun. There’s a great deal of fear from parents that their kids just won’t be able to compete – and kids themselves are at risk of being overwhelmed by what’s expected of them.

According to author Todd Patkin, this high-stakes, high-pressure achievement culture might not be as beneficial to our kids as we think. We may not only be pushing our children to excel—in many cases, we’re pushing them over the edge too.

“Of course we want our children to lead fulfilled, successful lives, but subjecting them to relentless academic and extracurricular pressure is not the way,” says Patkin, author of “Finding Happiness: One Man’s Quest to Beat Depression and Anxiety and—Finally—Let the Sunshine In.”

“A lot of parents must know it’s not right that their kids are so overstressed, but they have gotten just as caught up in today’s achievement culture as their kids have.”

Patkin speaks from experience—as a child and teenager he was obsessed with achievement at school and suffered from regular bouts of anxiety that stemmed from his desire for perfection. As an adult, Patkin’s unhealthy focus on doing and being the best caused him to suffer a breakdown at the age of 36. Since then, he has re-evaluated his priorities as well as what truly makes people happy and unhappy.

“As the parent of a teenage son, I still have a personal stake in the well-being of America’s students, and I have seen firsthand just how oppressive our current system can be when the emphasis is on outcomes instead of on true education,” Patkin points out. “So many teens today are under the immense pressure I once felt—pressure to succeed, pressure to get the best grades, pressure to be accepted to a ‘good’ college, and more. Too many of them are burning out and making self-destructive decisions, and it’s our responsibility as parents and citizens to start to force a cultural change in America.”

It’s true: Across our country, there’s an epidemic of teens and even pre-teens suffering from anxiety and depression, cutting themselves, and using prescription medications just to get through their day-to-day lives. Also, kids are drinking to excess and doing drugs on the weekends in order to escape this incredible pressure, even if only for one night. Most worrying, according to the National Center for Injury Prevention and Control, suicide is the third-leading cause of death in the 15- to 24-year-old age group. Nearly 16 percent of high school students say that they have seriously considered killing themselves in the past year, and 7.8 percent report having actually attempted it during the same time period.

“Those realities are absolutely unacceptable,” Patkin insists. “If we truly have

our children’s well-being at heart, we need to face the fact that forcing them into a mold of perfection isn’t working. If we really want our kids to grow up to be capable, creative, and inspired problem solvers, we need to focus less on their scores and grades and more on their happiness. It’s not going to be the experts who lead the way on this one—it will be ordinary people changing what we are doing in our homes.”

If the reality of disengaged kids heading for burnout sounds worryingly familiar to you, this is the school year to start doing things differently. Read on for 10 tips to help you get started:

Realize you are doing damage. It goes without saying that parents don’t set out to harm their children when they push them to succeed—it’s natural to want your child to realize his or her full potential and take advantage of every opportunity. But the truth is that parents’ high expectations put the most pressure of all on their children. A student who feels a few minutes chagrin at a teacher’s disappointment might beat himself up for days if mom and dad aren’t satisfied with his performance.

“Teens might act like they couldn’t care less about their parents, but the truth is that they do want to please us,” he confirms. “In fact, some kids are experiencing symptoms ranging from stomachaches to severe depression due to the day-to-day stress they encounter at school and at home. The first step in helping your child is realizing how your expectations might be affecting him.”

Accept that not all kids are the same. This fact is pretty obvious, but at times most parents could use the reminder. After all, who hasn’t said something along the lines of: “Your big sister took pre-calculus her junior year; so should you”? Resist the natural tendency to compare your own children to each other, to their classmates, and to your friends’ children.

“The most important thing you can do to help your children is to love them for who they are,” Patkin shares. “Never forget that kids develop at different rates, and that they also have different talents and abilities. No two children are ever going to be alike, and that’s a good thing! Our world needs variety and uniqueness. And trust me—your kids will be happy adults only if they too learn to love and be okay with themselves as they are and for who they are. So, I’m sorry if you wanted your son to follow in his older brother’s footsteps and be a straight-A student as well as a star athlete. If he is not so good at school and prefers the arts, you’d better love him for that just as well.”

Seek balance and happiness. Seeking balance and happiness for your child goes hand-in-hand with letting the little things go. Again, every individual has different strengths and weaknesses, and it’s important for parents to have a good feel for what these are in their children so that expectations and requirements are reasonable.

“Determine what your child’s personal best looks like,” Patkin instructs. “If your child is putting in a reasonable amount of effort at school, accept that B if it’s the best he can do in a particular class. Don’t push for more. It’s funny—if you focus on your teen’s overall happiness rather than on

his report card, he’ll feel that his life is not overbalanced by stress ... and he’ll probably learn and achieve more.”

Get help if it is needed. You had your “bad” subjects in school, and chances are your child will too. If he or she is really giving this subject or class his or her all but is still too far below the mark, search for ways to get academic help. Even with a parent’s support, what a child perceives as a failure can have a big impact on her self-esteem.

“If your child needs academic help, a tutor is certainly a good idea if you can find one who is affordable and qualified,” Patkin suggests. “You might also ask your child’s teacher if she can spend a little extra time with her or recommend someone who could give out-of-school help. Getting your child the help she needs can make a world of difference in her performance and boost her confidence.”

Teach kids to be easier on themselves. In any given middle or high school,

chances are that a majority of students tend to focus much more of their time brooding over the test they bombed than celebrating the one they aced. And as a result of magnifying what they perceive as failures, these young people reinforce in their minds just how “subpar” they think they are. If you suspect that your child has a tendency to beat himself

up, help him to refocus the way he looks at life.

“Try to direct your child’s attention to all of the things he does well instead of allowing him to fixate on his few slip-ups and shortcomings,” instructs Patkin. “The best way to teach this is to model such behavior. I think that everyone—not just young people—can benefit from showing ourselves more compassion and love. The bottom line is, we’re all human—and thus fallible. So instead of demanding perfection from ourselves in every situation, we need to learn to cut ourselves a lot more slack.”

Discourage overscheduling. Between school, soccer practice, dance class, church, friends, family, community service and more, it’s easy for kids to become overextended. In fact, many driven teens have trouble remembering the last weeknight (or weekend!) during which they had a significant amount of free time. It’s not unusual for young people to crack under the pressure of what can be 16 (or more)-hour days, and parents often don’t recognize the strain until their children become physically affected.

“Outside of what’s required of them in school, encourage your kids to focus on activities that bring them the most joy,” says Patkin. “In the long run, developing their skills in a few things they’re good at—and maybe even passionate about—will help them much more than trying to do a little of everything and burning out on all of it. If you see your teen starting to become overwhelmed, don’t be afraid to say no to the next time commitment request he or she makes.”

Discuss perceived stress versus what is real. Stress and anxiety are insidious: Once they take root in your mind, they tend to grow and spread. It’s all too easy for every waking moment to be consumed by fretting about what might happen or go wrong in the future.

“Explain to your child that yes, it can be productive to worry a little bit about his upcoming biology test because that worry will prompt him to study and prepare,”

Patkin suggests. “However, point out that it’s not productive—and actually unhealthy—to worry that he might get too many B’s and C’s, which might prevent him from getting into the college he wants, which might prevent him from pursuing a successful career. It’s helpful to talk about what reasonable expectations look like for each week, grading period, and year. And be sure to share your own experiences to help your child put his situation into perspective.”

Help kids work toward the big things. You don’t want your kids to make themselves sick over things like end-of-year exams or college applications, but at the same time, they can’t ignore these big tasks altogether and live a happy-go-lucky Pollyanna existence. Help them learn to approach major milestones with a plan and a realistic perspective that won’t give them ulcers.

“It’s a good idea to sit down with your child at least a few times a year to talk about major changes and goals that are coming down the pike and how best to approach them,” Patkin asserts. “Until you broach the subject, you might not be aware of how worried your teen is about something. And this is a great opportunity to teach her how to break a big project down into manageable chunks that won’t be overwhelming, but will still give her a sense of accomplishment when she completes them.”

Promote exercise. This is extremely important! If your child is already involved in a sport or athletic activity, great! It will help him feel more relaxed and stronger, it will improve his sleep, and it’s also a great natural anti-depressant. If physical activity isn’t a big part of your teen’s life, encourage him or her to find a way to be active that he enjoys.

“Exercise is the single most important thing your child, you, or anyone else can do to become less stressed and happier right now,” Patkin promises. “Exercise is a fantastic energizer, and it actually opens you up to future change by invigorating your mind and body. You might even consider making physical activity a family event! Go for a hike in the mountains, for a swim at the YMCA, or just go for a walk around the neighborhood. You’ll all benefit from the quality time together as well as from getting your blood pumping.”

Encourage spending time with positive people. While no child wants to hear from her parents that she’s hanging out with the wrong crowd, you can encourage her to spend time with people who approach life with positive attitudes and healthy perspectives.

“You must realize that we all tend to be the average of the five people we spend the most time with when it comes to our attitudes and outlooks,” Patkin shares. “So gently encourage your child to spend time with peers, as well as teachers and other mentors, who are positive influences. This is also something you can model yourself. Stop having gripe-fests at the kitchen table with your own friends if you want your child to spend more time around happy people!”

“Always remember that the ability to cultivate happiness and balance is one of the best possible ways to set your child up for success,” Patkin concludes. “Yes, performance and doing one’s best are important—but not at the price of your child’s well-being.”

Todd Patkin, author of “Finding Happiness: One Man’s Quest to Beat Depression and Anxiety and—Finally—Let the Sunshine In,” “Twelve Weeks to Finding Happiness: Boot Camp for Building Happier People,” and “The Sunny Days Secret: A Guide for Finding Happiness.” Todd lives with his wonderful wife Yadira, their amazing son, Josh, and two great dogs, Tucker and Hunter.

“Developing skills in what kids are good at will help more than burning them out on trying a little of everything.”

VOICES



THIS WEEK in political history

Aug. 25, 1950 —

In anticipation of a crippling strike by railroad workers, President Harry Truman issues an executive order putting America's railroads under the control of the U.S. Army. The railroad strike lasted for 21 months. He used the same justification for seizing control of steel plants when the United Steel Workers union struck later in the year.

EMPLOYMENT

Ask Sandi



Using the right kind of discrimination

This past weekend I was accused of discrimination. I couldn't believe it. I am one of those love-your-neighbor kind of people who pretty much gets along with everyone. This came from a job candidate for one of our positions.

She told me that my refusal to meet with her in person was discriminating against her for being unqualified. Last time I checked, unqualified was not a protected class.

What I actually told her was that I did have several candidates who were a closer match to the skills we were looking for. Since I was responding to her by email, she took the liberty to tell me "You should" several times and proceeded to let me know that it was difficult for people like her to find a job if people like me would not interview them.

Recruiters have to discriminate between the qualified and the unqualified. We get more resumes for candidates than we can possibly interview or hire. I have one position and we have screened it down to five very well qualified people.

I want to use this example as a reminder to target your search, apply for positions you are qualified for (entry level is a little different), and never tell a recruiter how to do their job if you want to work with their company.

It is hard for us to make the choices and take the right risk on candidates, being adversarial is never a good idea. Always be positive. And, while it is OK to ask to be reconsidered, let it go if you are not.

TALK TO SANDI

Sandi Vidal is the executive director for Christian HELP and the Central Florida Employment Council, with more than 10 years of recruiting and human resources experience. For questions, please call 407-834-4022 (fax 407-260-2949), sandi@christianhelp.org, or mail Ask Sandi C/O Christian HELP, 450 Seminola Blvd., Casselberry, FL 32707.

To believe or not to believe

STETSON'S CORNER

By Karen McEnany-Phillips

Recognizing red flags
An out-of-the-box tent pitched on a ridge with no water source. A frightened teenager hiking in rugged terrain wearing pajama bottoms. A 40-something-year-old man on foot headed away from his stated destination. It didn't add up for retired Sheriff Mark John, his wife Christa and long-time friends Mike and Mary Young. Their wise observations made the critical difference in locating hostage Hannah Anderson and her murderous abductor James DiMaggio, two tiny needles in a vast haystack of wilderness. Red flags were obvious to the four seniors who had spent some time in this roadless, mountainous area aptly named Frank Church-River of No Return Wilderness.

Remember when you were little and you did something shocking, but your grandpa looked down at you, nodded and smiled just a touch? He knew what you were up to, but how he handled it didn't spook you. Fortunately for Hannah, the foursome's experience and wisdom delivered a low key, cohesive, even-handed reaction. Rather than confront DiMaggio they deferred to John's law enforcement

instincts and chose to take expedient but careful action.

Rural signposts

Since the beginning of time families have survived and thrived in primitive environments by recognizing specific signs in the woods, mountains, ground and sky. In our own rural environment we notice the details of tracks from tires, hooves, paws and boots. In what direction do they lead? How recent are they? How deep an imprint do they leave?

We notice subtle changes in the weather. The wind shifts direction. The temperature drops. The leaves turn. The clouds gather speed. We watch the animal behavior of our eagles, sandhill cranes and bees. We notice when our turtles bury their eggs a far distance from the river bank. We appreciate the respectful boundaries and proactive self-defense provided by our canine companions,

fences and firearms. We have acquired a sense of knowing who should be riding our roads and who appears out of place.

To believe or not to believe

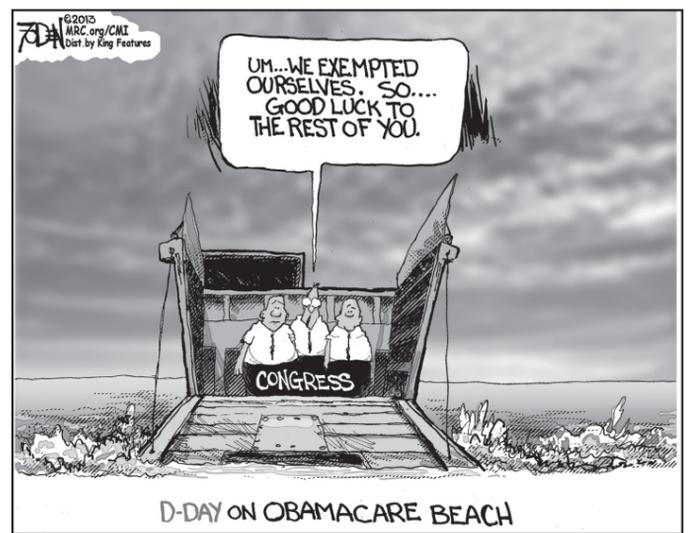
"Believe" is now a popular buzzword that seeks to inspire faith in self, in dreams and in the power to achieve. In a world where we are happily inundated with information, where technology multiplies our connections with friends, families, professionals, crazies, celebs, ad men and hackers, the challenge is how to differentiate between the lies and the truths, and learn as Adam and Eve did in their first days how to recognize good and evil. Both sides exist and both use technology for their unique purpose. We must take the time to teach our children and each other to believe not just what we are told, or what we want to hear, but how to read the signs. We must learn from history,

the successes and mistakes of those who have gone before us, and by staying vigilant along our chosen paths. More information isn't the measure of our success, but drawing wise conclusions from many types of information is. Will we climb in the car with the handsome stranger or the family friend laden with promises? To believe or not to believe. What does our gut tell us?

Geneva Pet Day & Prepare Seminole

Saturday, Sept. 7, from 10 a.m. to 3 p.m. bring your dog or cat to the Geneva Community Center for the first Geneva Pet Day to receive information about caring for your pet. Some will receive rabies vaccines and vouchers for spay and neutering services. Experts and pet food will be available. The event is sponsored by SpayN-Save and Dolly's Foundation. For more information, contact info@dollysfoundation.org.

As we approach peak hurricane season, register your unlisted numbers on the Prepare Seminole website to receive important public service notices especially in case of power outages. Visit prepareseminole.com



Here's what kids at the soccer fields at Central Winds Park in Winter Springs said about how they keep cool in summer.

Young Voices



I like going to the pool and swimming to cool off. Also I like all the mixed flavors of ICEEs and Italian ice. Rainbow sherbet is my favorite ice cream flavor.
—Anthony "A.J." C.
7 years old



I like to drink ice cold water, and I like to swim and go to the pool. I like blue raspberry ICEEs and chocolate ice cream. At night I like the fan on to keep cool.
—Jesse M.
8 years old



To cool off I like to go swimming at a beach like Smyrna Beach — I've always liked to swim. Lemon-lime Gatorade is my favorite drink to keep me cool. Chocolate and cookies 'n cream are my favorite flavors of ice cream.
—Simba M.
13 years old



I cool off doing a wet activity like going to a pool or the beach and going swimming. Today we might go to Wet 'n Wild — they have better water slides there. I like lemonade and all the flavors of popsicles.
—Tapiwa M.
11 years old



I like to go to the beach or the pool. I like all the beaches. I like pink and yellow lemonade and lemonade ICEEs. Cold weather is better than hot! My favorite ice cream is cookies 'n cream.
—Jada B.
8 years old

We would love to hear from your Young Voices!

Call 407-563-7023 or email ibabcock@turnstilemediagroup.com to have The Voice visit your class or group.

The Marketplace

ANNOUNCEMENTS

ADOPT: A childless couple seeks to adopt. Loving home with tenderness, warmth, happiness. Financial security. Expenses paid. Regis & David (888)986-1520 or text (347)406-1924; www.davidandregisadopt.com -Adam B. Sklar FL# 0150789

Public Auction Online & Onsite: August 27 @ 10am Preview: 08/26 10-4pm. 7575 NW 70 Street, Miami, FL 33166. Cigarette & Tobacco Manufacturing / Packaging Equipment, Forklifts, Unprinted Paper & Foil, Tools, Racking, Servers, Electronics & Accessories. 15% -18%BP Bankruptcy Vehicles: 2007 Nissan Altima 2.5 S & 2005 Dodge Grand Caravan SE 10% - 13% BP (Case #13-12543 / Case #13-18780) Visit www.moeckerauctions.com for Details, Photos and Catalog. Moecker Auctions (800) 840-BIDS. \$100 ref. cash dep. Subj to confirm. AB-1098, AU-3219, Eric Rubin

Adoption=Love. Nurturing, single woman will provide stable home/support of large, extended family. Let's help each other. Financial security. Expenses paid. Deborah, toll-free (855)-779-3699. Sklar Law Firm, LLC FL Bar #0150789

CAKE DECORATING & PASTRY CLASSES: Sofelle Confections offers group and customized classes in all areas of pastry, baking and cake decorating! Contact: Lucy.sofelleconfections@bellsouth.net or call (407) 579-1962 www.facebook.com/SofelleConfections Hablamos Español!

Winter Park Benefit Shop 140 Lyman Ave., Winter Park - needs items to sell: clothing, bedding, jewelry, kitchenware and bric-a-brac. Also needing volunteers. Contact Elizabeth Comer 407-647-8276. Open Tues & Fri at 9:30am; Sat 10am-1pm. All proceeds support children's programs & the Orlando Blind Association.

EDUCATION Medical Office Trainees Needed! Become a Medical Office Assistant! NO EXPERIENCE NEEDED! Online training at SC gets you job ready! HS Diploma/GED PC/Internet needed! 1-888-374-7294.

HELP WANTED CAREGIVER for my 104 Year Mother, Winter Park. Lovely home Lake Sue. Hours to be arranged - weekdays 8am-4pm; weekends 8am-10pm. Must lift/transfer (5'130#) through the day. Light whole meals. Supplemental tube feeding. Housekeeping/Cleaning. Sedan - not SUV - take to doctors. Non-smoker. Pet friendly. Quiet house. CNA or comparable. Best Caregiving References. 317-506-4400 after 10am. rosemill@comcast.net

HELP WANTED

Driver Trainees Needed NOW! Become a driver for Werner Enterprises. Earn \$800 per week! Local CDL Training. 877-214-3624

Now hiring: Class A-CDL Drivers \$2500 Sign -On Bonus, Great Pay, Full Benefits, and Achievable Bonuses! Call us now at 1-888-378-9691 or apply at www.heyl.net

MISCELLANEOUS

Airline Careers begin here! Get FAA approved Aviation Maintenance Technician training. Housing and Financial aid for qualified students. Job placement assistance. Call AIM 866-314-3769.

PROFESSIONAL SERVICE

Cleanerella Maid Services WE CLEAN FOR YOU!! Commercial and Residential servicing. Call Catherine Adam 321-356-8160. cadam1959@yahoo.com

REAL ESTATE: COMMERCIAL

Offices for Rent Winter Park Real Estate - Offices for rent (Winter Park/Goldenrod/University). Doctor's office w/5 exam rooms + extra features. Other office units available from 800-3000 SF. New Orleans style bldg; great prices. Call Ann 407-293-1934. annplasek@cfi.rr.com

SANFORD: Free standing retail/office building, 2640 SF, great signage & visibility. Lease for \$2800 per month (also for sale). Call John, owner/broker, 407-492-7111

REAL ESTATE: FOR SALE

Mobile Homes with land. Ready to move in. Owner financing with approved credit. 3Br 2Ba. No renters. 850-308-6473. LandHomesExpress.com

SALES: GARAGE

HUGE RUMMAGE SALE! Episcopal Church of the Good Shepherd, 331 Lake Ave., Maitland Friday, Oct. 4th & Saturday, Oct. 5th, 8 am to 4 pm From Hwy. 17-92, go west one block on Lake Ave; church is on the right immediately after railroad tracks. Phone: (407) 644-

Order your classified ad online!

At Seminolevoice.com you can create, customize and pay for your ad in one convenient place!



King Crossword

ACROSS

- 1 — and aahs
- 5 Stir-frying vessel
- 8 Gets older
- 12 Opening night
- 14 Cat of "Iron Chef"
- 15 Priesthood school
- 16 Barrel
- 17 Actor Chaney
- 18 Slim and trim
- 20 Extraterrestrial
- 23 Put your foot down?
- 24 Infant
- 25 Cabal member
- 28 High card
- 29 Sacha Baron Cohen portrayal
- 30 Haul
- 32 Emulate Ponce de Leon
- 34 Car
- 35 Freeway access
- 36 "The — Is Right"
- 37 Horseradish kin
- 40 That woman
- 41 Partner
- 42 Florida State athlete
- 47 Libertine

1	2	3	4		5	6	7		8	9	10	11	
12				13						14			
15										16			
					17			18	19				
20	21	22				23							
24					25					26	27		
28					29					30		31	
		32			33					34			
					35				36				
37	38	39					40						
41						42	43				44	45	46
47						48							
49						50							

- 48 Makes like
- 49 Act
- 50 Used a shovel
- 51 Halt
- 8 Take
- 9 Soccer score
- 10 Formerly, formerly
- 11 Rice wine
- 13 Part of the loop
- 19 White House turndown
- 20 Lawyers' org.
- 21 "Arsenic and Old —"
- 22 Mountain goat
- 23 Drink noisily
- 25 Made a vow
- 26 Needle case
- 27 Campus mil. grp.
- 29 Spill the beans
- 31 Trouble
- 33 Beseached
- 34 Sports venues
- 36 Collins or Donahue
- 37 Prison division
- 38 Lotion additive
- 39 Pivot
- 40 Too confident
- 43 Ostrich's kin
- 44 Mel of Coopers-town
- 45 Virgo neighbor
- 46 Kreskin's claim

DOWN

- 1 Photo — (PR events)
- 2 Raw rock
- 3 Height of fashion?
- 4 John le Carré hero
- 5 Remove gradually
- 6 Hockey legend Bobby
- 7 Pennsylvania, the — State

© 2013 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

		-		x				7
x			+			-		
	x			÷				24
÷			÷			x		
	+			÷				3
4		2						12
1	2	3	3	4	5	7	8	9

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

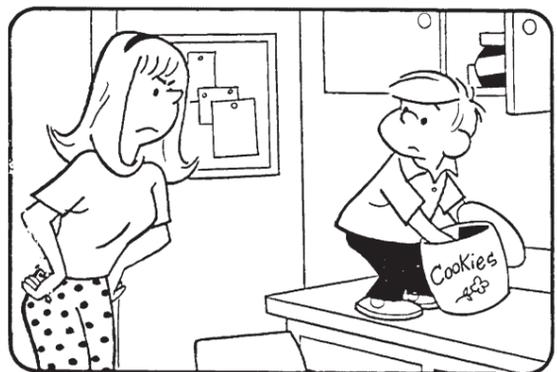
© 2013 King Features Syndicate, Inc.

ORDER YOUR CLASSIFIED AD ONLINE!

At SeminoleVoice.com you can create, customize and pay for your ad in one convenient place!

HOCUS-FOCUS

BY HENRY BOLTINOFF



CAN YOU TRUST YOUR EYES? There are at least six differences in drawing details between top and bottom panels. How quickly can you find them? Check answers with those below.

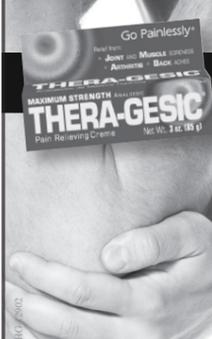
Answers

	12		2		4
3	3	÷	5	+	4
	x		÷		÷
24	3	÷	6	x	8
	-		+		x
7	x	1	-		2

Go Painlessly with THERA-GESIC.

Maximum strength analgesic creme for temporary relief from:

- Joint and Muscle soreness
- Arthritis
- Back aches



King Crossword

Solution time: 21 mins.

Answers

ACROSS: 1. — and aahs; 5. Stir-frying vessel; 8. Gets older; 12. Opening night; 14. Cat of "Iron Chef"; 15. Priesthood school; 16. Barrel; 17. Actor Chaney; 18. Slim and trim; 20. Extraterrestrial; 23. Put your foot down?; 24. Infant; 25. Cabal member; 28. High card; 29. Sacha Baron Cohen portrayal; 30. Haul; 32. Emulate Ponce de Leon; 34. Car; 35. Freeway access; 36. "The — Is Right"; 37. Horseradish kin; 40. That woman; 41. Partner; 42. Florida State athlete; 47. Libertine.

DOWN: 1. Photo — (PR events); 2. Raw rock; 3. Height of fashion?; 4. John le Carré hero; 5. Remove gradually; 6. Hockey legend Bobby; 7. Pennsylvania, the — State; 8. Take; 9. Soccer score; 10. Formerly, formerly; 11. Rice wine; 13. Part of the loop; 19. White House turndown; 20. Lawyers' org.; 21. "Arsenic and Old —"; 22. Mountain goat; 23. Drink noisily; 25. Made a vow; 26. Needle case; 27. Campus mil. grp.; 29. Spill the beans; 31. Trouble; 33. Beseached; 34. Sports venues; 36. Collins or Donahue; 37. Prison division; 38. Lotion additive; 39. Pivot; 40. Too confident; 43. Ostrich's kin; 44. Mel of Coopers-town; 45. Virgo neighbor; 46. Kreskin's claim.

© 2013 King Features Synd., Inc. All rights reserved.